The WILDCAT



81ST REGIONAL SUPPORT COMMAND, FORT JACKSON, SC

Volume 16, Issue 9 JULY 2010



Staff Sgt. Janet Hoffman stands in formation after her graduation ceremony at Fort Jackson's drill sergeant school. In her civilian job, Hoffman is the unit administrator for the Headquarters and Headquarters Company of the 81st RSC.

From pushing paper to pushing troops

by Gail E. Anderson

The "Wildcats" now have a new drill sergeant. But throughout the work week you'd never suspect that our easy-going, fun-loving and hard working unit administrator, Janet Hoffman, is actually a tough-asnails drill sergeant on battle assembly weekends -- or at least she soon hopes to be pushing troops instead of paper.

Hoffman just graduated from Fort Jackson's Drill Sergeant school on July 10 and is eager to get started in her new military career. It's been a long time in the making and Hoffman says she can now look back and be proud of her personal accomplishment, in spite of those around her who never thought she'd make it.

"I knew I wanted to be a drill sergeant so I volunteered for drill sergeant school right after I graduated from basic training in 2005. Back then, I was told by several people that I was never going to make it in the military unless I toughened up, even by my drill sergeant in basic training, and my squad leader when I was on active duty," said Hoffman.

Obviously, Hoffman proved them wrong when she graduated from the 56 day long school on July 10. She said she has now completed her self-imposed goal to become a drill sergeant: "It's something I have always wanted to do and I think I have a lot to offer young female Soldiers."

see TROOPS on page 3

The Wildcat



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Deadline for submission of articles is
the second Friday of each month.

Wildcats attend AFAP event

By Christy Burns

This year's annual Army Family Action Plan conference was hosted by OCAR Family Programs and held at the Sheraton Baltimore City Center Hotel, in Baltimore MD, June 11-18.

For 26 years, AFAP has been providing Army communities worldwide with a "voice" in improving quality-of-life by initiating changes. During the past 26 years, 667 issues have been identified Army-wide. AFAP has driven 117 legislative changes, 162 Army policy and regulatory changes and has improved 178 programs and services.

Sgt. 1st Class Aujour Washington, Mrs. Wanda Washington (a Family member volunteer) and Staff Sgt. Jeremy Glasco represented the 81st RSC as delegates. Mrs. Christy Burns, Family Programs Director, Mrs. Donna Rhaney, AFTB/AFAP Program Specialist and Mrs. Megan McCullough, Survivor Outreach Services Support Coordinator, attended the conference as support staff in the designated workgroups.

Approximately eight to 10 delegates were assigned to each of the nine workgroups with a facilitator, recorder, transcriber, issue support person and room monitor (FRTI team) to guide and provide assistance to the delegates as they processed through each issue.

Each workgroup was given 17-20 issues to review and discuss.

Each workgroup prioritized their two most important issues and began preparing issue papers for review by Ms. Christina Vine, Department of the Army AFAP Director. Issues reviewed were submitted by Army Reserve Soldiers, Family members, Civilian employees and retirees. The delegates voted for their Top Five issues on the last day of the conference. The issues were briefed to Lt. Gen. Stultz, Mrs. Laura Stultz, Mrs. Rita Broadway and other distinguished guest.

Of the Top Five issues voted by the delegates (out of 146 issues submitted) the number one issue reviewed was: child custody protections for deployed service members. Next year, let your voice be heard. The issue you submit may make a difference!

FORCE PROTECTION THOUGHT OF THE WEEK

PRICE OF FREEDOM



Did you know?

That DEERS has made an identification policy change?

The new policy is in reference to Puerto Rico Birth Certificate Law 191 of 2009. The primary purpose of the law is to prevent identity theft and passport fraud perpetrated by criminals who illegally obtain certified birth certificates from institutions in Puerto Rico.

The Puerto Rico Birth Certificate Law will invalidate all Puerto Rican Birth Certificates issued before July 1, 2010. Those individuals currently enrolled in DEERS will not be affected. Individuals will not be required to submit new birth certificates except in cases where the birth certificate is presented as one of the two federal or state issued identity documents required for ID card issuance.

Effective July 1st, the new certified Puerto Rico birth certificate will be required for initial DEERS enrollment. If the new birth certificate has not been received at the time of initial DEERS enrollment or ID card issuance, DEERS program officers may authorize a temporary ID card for 90 days.

Those wishing to receive a new Puerto Rico birth certificate can find the application form at: http://www.salud.gov.pr/ProgramasregistroDemografico/Pages/RequisitosparasolicituddeNacimiento.aspx

Darlington Raceway offers discount to military and Family members?

Darlington Raceway sponsors Military Day when the tough trucks of the NASCAR Camping World Truck Series return to the track "Too Tough to Tame" on Saturday, August 14.

The day will be jam-packed with action starting with practice and qualifying and finishing with the "Too Tough to Tame" 200 under the lights!

Ticket prices for the public are available for \$25 and children 12 and under are admitted free. Prerace pit passes are also available for only \$15 for adults and \$5 for minors 17 and under.

All Military ID Card Holders (Active, Guard, Reserve, Retiree and Family Members with military ID cards) will only pay \$10 for both admission and a free pre-race pit pass.

Each admission includes practice, qualifying and the "Too Tough To Tame" 200 race. To order tickets call 843-395-8802 or stop by Darlington Raceway. Additional information available at: http://www.darlingtonraceway.com/Tickets-Events/Events/Too-Tough-To-Tame-200.aspx

Chaplain's Corner





During the month of July we think of the 4th of July holiday, barbeques, fireworks and time with Family. As we have already celebrated the holiday we need to reflect on it for what else it stands for - and that is our freedom as a country. We get caught up in the activities so often that we forget about the reason the holiday exists - our becoming a nation.

Today we can see the names of the ones that signed the Declaration of Independence but when it was originally published for the public, the names were left off to protect them from being arrested and charged with treason. Many of the ones who signed wound up losing everything they had and died with nothing. As a nation we easily forget the price of freedom and what it costs. It's different if you or a Family member is in the military because we realize the costs and it does mean sacrifice.

One of the freedoms that we have as a nation is the freedom to worship as we want. This is something that doesn't exist in all countries and is truly a blessing. As we take time and reflect during the month ahead, take the time to reflect on your faith and where you are in your faith. Take time to have a plan to grow closer to God and to develop that relationship. If we do that we will not only have freedom in our country but also for all eternity.

Upcoming Strong Bonds events:

August 27th to 29th Orlando, FL for Couples and Singles September 10th to 12th Atlanta, GA for Couples and Singles

If you need a registration form, contact myself or Master Sgt. Ruthie Cain at (803) 751 - 9634 or (803) 751 - 9638

Lt. Col. Richard Savage, Deputy Command Chaplain

pushing TROOPS...

(continued from page 1)

As a 27-year old, single mother, Hoffman has more than enough life experience to mentor her future young troops. Hoffman said that caring for her three-year old daughter whenever she's on duty is not going to be as difficult as one might think because she has a plan in place.

"My mom is my rock! I wouldn't be able to do my military career if it wasn't for my mom. I asked her if she would be willing to move down here (from Cincinnati) and take care of my child full-time so I could go 'on- the-trail' and she said 'Yeah."

(continued on next page)

pushing TROOPS...

"They (Child Services) also have extended hours for drill sergeants here on post, so that's another option," added Hoffman.

Describing her experience at drill sergeant school, Hoffman said:"The first week was tough... it was like we were privates all over again."

She said the first three weeks were all classroom instruction, followed by a fourth, fifth and sixth week of basic rifle marksmanship training ranges, where she got to handle heavier weapons than what she's normally accustomed to, such as the M209, the M249 and the MK19. Hoffman said that she was also taught something called CART C.

"The Combat Assault Rifle marksmanship Training Course is the Army's new way of teaching Soldiers how to zero and qualify their weapons by using the 'minute-of-angle' technique," said Hoffman.

At the end of the week of ranges, Hoffman and her classmates did a battle march for about three miles and she said she was glad to see that the backpacks were "not as heavy as they used to be."

During her interview, Hoffman made it a point to dispel a common stereotype. "Everyone thinks of a drill sergeant as 'mean and grumpy' but that's just not the way it is anymore. It's a derogatory image that we're trying to overcome."

The school has re-thought its methods of teaching. According to Hoffman, "Now, they (the cadre) want it to be so that drill sergeants use their 'strong voice'

(continued from page 3)

only when it's important to emphasize something, as opposed to just yelling all the time, so that there's a difference and so the students understand that importance, rather than just demeaning the Soldier. The old way is what's known as the 'kicked dog' syndrome and the school doesn't teach that anymore."

When asked what she enjoyed the most about her drill sergeant school attendance, Hoffman said she liked meeting new people and the camaraderie among students. She also indicated that one of her favorite parts was going to the ranges and firing the heavier weapons. What she liked least? "Having to adjust to the total control of the school and all their rules. For example, even though I live here in Columbia, I wasn't allowed to go home at night. Whenever we had a little time off we were given a five mile radius limit," said Hoffman.

When questioned what advice she might give to anyone considering attendance at the drill sergeant school, Hoffman said: "Don't let your fears stop you. If it's a goal you want, go get it! Had I not listened to my heart, and my mentor, I would have never made it through.' I want to thank Master Sgt. Fatima Pittman. She's the best Civilian colleague and military mentor a Soldier could ever ask for."



Above: Drill Sergeant Janet Hoffman (center) with her classmates July 10. *Below:* Ms. Hoffman at her desk on her civilian job with the 81st RSC.







dentify the target before you fire.

ever point the muzzle at anything you don't intend to shoot.

the weapon on safe, and your finger off the trigger, until you intend to fire.









Are permanent profiles permanent?

By Col. Stephen Palte, 81st RSC Soldier Readiness Preparedness Team

In this second article on profiles, I will address how profiles are generated and address some common questions and concerns about profiles.

As I mentioned in the last article, profiles can be temporary (for a temporary condition that is expected to resolve either on its own or with treatment) or permanent for a condition that is likely to remain present for a period greater than a year. A temporary profile can be written by any health care provider (doctor, physician's assistant or nurse practitioner) for a period of up to 90 days. The profile can be extended three times to a maximum period of a year for the same condition, after which a permanent profile must be written for the condition. Temporary profiles only require one signature. Renewal of a temporary profile requires a physician's signature. The same rules apply as outlined in the previous article that if any response in question 5 on the DA 3349 is a no, the PULHES must contain a 3. Temporary profiles can be requested from any profiling officer and if the unit has no medical assets, a request can be sent up to the respective RSC Surgeons Office.

Permanent profiles with the highest designator of 2 in the PULHES also only require one signature and must be signed by a physician. A nurse practitioner or PA can write a permanent 2 profile but it must be countersigned by a physician. A permanent profile with a designator of 3 or higher in the PULHES requires two physician signatures, one of which must be either an RSC Surgeon or the Deputy Commander of Clinical Services (DCCS) at a military treatment facility (approval authority). A permanent 3 profile will initiate a board action hence the need for review and signature of the approval authority. If a Soldier has been found fit for duty or retained by a board, a "W" or "Y" code will appear in block 2 and a statement in block 10 will indicate that a board is not currently required. All profiles in the Army Reserves are now being written in an application called eProfile, which is accessible through the MODS home page

http://www.mods.army.mil. All commanders and unit administrators are encouraged to request an eProfile account as profiles can be viewed and printed from this module.

AR Soldiers were required to complete their first Periodic Health Assessment (PHA) by July 1st. At this first PHA, all prior profiles were rewritten in eProfile and updated to include the most recent medical information. On subsequent PHA's, the profile will be reviewed and only rewritten if changes are made. These profiles are written in eProfile by LHI who is contracted to conduct the PHA's. Any permanent profile with the highest designator of 2 in the PULHES is complete and accessible through eProfile. Any profile with a 3 or higher designator in the PULHES, is routed to the RSC Surgeon for review and placement of the second signature. Any permanent profile with a 3 in the PULHES viewed in eProfile with only one signature is not complete and is awaiting the RSC Surgeon's signature.

Now to answer some of the more common questions about profiles...

What documents do I need to get a profile? The RSC's have developed a "profile packet" which outlines what documents are required and who they should be submitted to. This packet is for temporary and permanent profiles.

"I got a 3 in my PUHLES from my PHA and I don't know why": All profiles generated from a PHA can be viewed in eProfile, hence the importance of all unit administrators getting access to the system. If the Soldier feels that the profile was an error, a "profile packet" can be submitted to the RSC Surgeons office for review of the PULHES and profile.

Can I deploy with a profile? With a permanent 2 profile, a Soldier can deploy or go to a school. In the case of a permanent 3 profile, the Soldier cannot deploy or go to a school unless a board action is complete and a "W" or "Y" designator is present on the profile.



"Warrior Medics, Trained and Ready"

However, in this instance it is the commander's decision as to whether the Soldier can deploy as the limitations on the profile may not be compatible with mission requirements. Furthermore, deployment to CENTCOM is dependent on another set of criteria which exclude certain conditions. For specific issues. please contact the RSC Surgeons office. If you have a temporary profile with a 3 designator, you may not deploy or got to school. If you have a temporary profile with a 2 designator, deployment is dependent upon the specific condition and each school will need to be contacted about its specific requirements although many schools will allow attendance with a temporary 2 profile.

Can I take an APFT with a profile?

A permanent profile allows a record APFT within the limitations of the profile. A temporary profile will only allow the Soldier to take a diagnostic APFT within the limitations of the profile unless the profile has been in effect for greater than 90 days and the commander directs the Soldiers to take a record APFT, again within the limitations of the profile.

"I have a permanent 3 profile and have completed board action and I still cannot deploy or go to school":

Once a board action has been completed and the "W" or "Y" designator has been applied to the profile, a Soldier may

deploy or attend school as stated above. The reason for this issue in most cases is a simple coding error in MEDPROS. If this occurs, please contact the RSC Surgeons Office for correction.

Will my permanent profile always remain in effect or can I get it changed? Even permanent conditions change – some will improve and some will worsen. The profile will be reviewed at every PHA and will be rewritten if there are changes in either direction. If the Soldier would like a review of a permanent profile between annual PHA's, a "profile packet" can be submitted to the RSC Surgeon's office.

If I have completed a board action, will I need another board? If a Soldier has been retained or found fit for duty by a board, no further board action is necessary unless the condition deteriorates and the physical limitations are more restrictive, in which case a repeat board will be required for the same condition. Likewise, if a Soldier develops a new condition that results in a 3 in the PUL-HES, a new board will be required for the new condition (the old condition will not be considered by the board if it is stable). Clarification of these issues will be found in block 10 of the DA 3349.

I have been found fit for duty by the board - can my 3 be changed to a 2? Completion of the board process will result in the 3 still being present in the PULHES but the "W" or "Y" designator will indicate that the board action is complete. For downgrading of the 3 to a 2, a "profile packet" will need to be submitted to the RSC Surgeons office and consideration of the documentation and AR 40-501, will decide whether the 3 can be changed to the 2. Regardless of whether this assignment is changed, the "W" or "Y" designator will remain on the profile in block 2.

(*Editor's Note:* The sample at right is shown as an <u>EXAMPLE ONLY!</u> It is not intended for use as an actual DA Form 3349 and should not be used as such. To get actual copies of forms mentioned in this article please call (803) 751-9953)

For use of this form, se	e AR 4	0-5		SICAL PROFILE proponent agency is the	Office of the Surge	on General.						
MEDICAL CONDITION: (Description in lay terminology) INJURY? Or ILLNESS/DISEASE? 2. CODES (Table 3.)						ТР	Tu	L	Н	Е	s	
7-2 AR 40-501) Temporary				H	Ť	-	-	_	_			
						Permanent	H	t				
4. PROFILE TYPE									YES		N	0
a. TEMPORARY PROFILE (Expiration date YYYYMMDD) (Limited to 3 months duration)									Г		Т	7
b. PERMANENT PROFILE (Reviewed and validated as a minimum with every periodic physical exam or after 5 years from the date of issue)									T	1	Ì	T
c. IF A PERMANENT PROFILE WITH A 3 OR 4 PULHES, DOES THE SOLDIER MEET RETENTION STANDARDS IAW CHAPTER 3 AR 40							10-50	01?	Ne	ds	Ne	eds
(IF USAR/ARNG/ARNGUS SOLDIER NOT ON ACTIVE DUT	Y SEE PA	ARA	. 9-10 &	10-26, AR 40-501 IF SOLDIER D	OOES NOT MEET RETE	NTION STANDARDS	5.)		MN	IRB	MEE	BPEB
5. FUNCTIONAL ACTIVITIES FOR PERMANENT AND T	EMPOR	RAF	Y PRO	FILES (If any answer (a-f) is N	O then the profile shou	d be at least a 3)						
a. ABLE TO CARRY AND FIRE INDIVIDUAL ASSIGN	ED WE	AP	NC									
b. ABLE TO MOVE WITH A FIGHTING LOAD AT LEAST 2 MILES (48 LBS. Includes helmet, boots, uniform, LBE, weapon, protective mask, pack, etc.))					
c. ABLE TO WEAR PROTECTIVE MASK AND ALL CHEMICAL DEFENSE EQUIPMENT												
d. ABLE TO CONSTRUCT AN INDIVIDUAL FIGHTING POSITION (Dig, fill, & lift sand bags, etc.)												
e. ABLE TO DO 3-5 SECOND RUSHES UNDER DIR												
f. IS SOLDIER HEALTHY WITHOUT ANY MEDICAL (-	_					200					
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19. ACTION BY UNIT COMMANDER (See para 7-12, AR 4	0-501)	Τ		1			T	YES			NO	
THIS PROFILE REQUIRES A CHANGE IN THIS SOLDIER'S MOS or DUTY ASSIGNMENT												
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					26. ISSUING CLINIC, PROVIDER E-MAIL & PHONE NUMBER PROFILING OFFICER (Or Approving Authority if applicable) IS RESPONSIBLE FOR ENSURING THE PULHES & DATE OF PROFILE IS							
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A FORM 3349, FEB 2004

PREVIOUS EDITIONS ARE OBSOLETE

Page 1 of 2 APD PE v1.04ES



SEPTEMBER 30 - OCTOBER 3, 2010 CHARLESTON, SC

This year's annual meeting will be a truly unique and educational event. The reunion will be held at the same time the Congressional Medal of Honor Society will be holding their annual events. Can you imagine having an opportunity to meet 50+ winners of the Medal of Honor on the USS Yorktown?

Mark your calendars and plan to attend!!! For more info, call Dr. John Boyd, (803) 751-4172.

III Cats ...at work and play!

At right, 81st RSC representatives Sgt. 1st Class Aujour Washington (left), his wife, Wanda, Staff Sgt. Jeremy Glasco, Donna Rhaney.

These four Wildcats attended this year's Army Family Action Plan annual conference, in Baltimore, Md. June 11-18. Also attending from the 81st RSC wwere Family Programs director, Mrs. Christy Burns and Megan McCullough, the 81st's Survivor Outreach Services Support Coordinator.

They served on workgroups which focused on issues like child custody protections for deployed service members, Reserve Soldier's Retirement pay collection age, social security number usage, Active and Reserve Component Soldier dwell time and PHA.

For the full story, see Page 2.





Posing for a quick picture in front of the post office at FOB Kalsu, Iraq is (left-to-right): Sgt. 1st Class Karen Woods, Spc. Armando Garcia, Spc. Maris Perkins, Spc. Deissy Honea and Staff Sgt. Jimmy Strickland. As a Civilian, Sqt. 1st Class Woods is a member of the 81st RSC DHR's Officer Branch. She is currently mobilized with this group from the 678th Adjutant General Company.



Above, Master Sgt. Dartalian Harris and Staff Sqt. Virginia Daniel review Soldiers' SRP packets during the "Red Dragon" exercise at Fort McCoy, Wis. on June 25.



Are you or your spouse deploying or deployed overseas?

Do you have children who play sports?

Or do they take dance, music or art classes?

Maybe they would like to try something new... like Karate or camp?

Could your child benefit from a tutor to stay at grade level?

If the answer is YES to any of these questions, **Our Military Kids** grant program may be able to help.

Our Military Kids pays the fees for children aged 3 years through 12th grade of deployed Reserve and National Guard to participate in youth sports, fine arts, and tutor programs. This is a way of recognizing the sacrifices the entire family is making while the service member is deployed overseas.

It is simple to apply to the program...

Just fill out the attached Our Military Kids application or download a copy from the website, **www.ourmilitarykids.org**. Send it in with the required documentation listed on the application including deployment orders, proof of child's dependent eligibility and a flyer or other information that lists the activity and the fee for the activity. The grant will cover up to six months instructions, lessons or tutoring for one activity/program, with a maximum grant award of \$500.00 per child. Child may be eligible for a second grant award if the parent's deployment is longer than 365 days. If everything is in order and if funding is available, within two weeks a check will be sent to the organization and the child will be notified of the award.

For more information about the Our Military Kids program, contact: Christy Burns, (803) 751 - 9914.









New Faces in New Places...



Name: William ("Drew") Grizzell **Title:** Human Resource Specialist **Section:** DHR (Health Services) **Background Info:** A resident of Columbia, but originally from Atlanta, Ga., he enjoys spending time with his family and friends. A military technician since 2009, he worked as the unit administrator for the 565th Transportation Company Detachment for one year prior to accepting employment with the 81st RSC DHR. In his TPU assignment he is the Transportation Movement Specialist for the 565th TC, in Fort Bragg, N.C. **Hobbies:** Golfing, hunting, traveling and shooting weapons. Dedicated to both the Auburn Tigers and the Georgia Bulldogs football teams, he likes to shout "War Eagle!" and "Go Dawgs!"

Name: Chris Rhett Title: Recovery Care Coordinator Section: DHR

Background Info: A native of Jacksonville, Fla. who now resides in Elgin, S.C. He and his wife April have been married for two years and they have a 9-year old daughter, Imani. He is a 1996 graduate of St. Leo College with a bachelor's degree in Administrative Management. He retired from the U.S. Army after serving 21 years and he comes to the 81st RSC from his most recent assignment with the office of the Assistant Secretary to the Army, Manpower & Reserve Affairs where he served as an action officer for medical and health affairs.

Hobbies: Watching movies, spending time with his family, watching sports and cheering for his favorite football teams, the *Jacksonville Jaguars* and the *Miami Hurricanes*.





Name: Luis Ramirez *Title:* Assistant Inspector General *Section:* IG *Background Info:* A resident of Blythewood, S.C., he enjoys spending time with his two sons Alex (24) and Chris (20).

He retired from the U.S. Army as a Sergeant First Class after serving for 26 years. He comes to the 81st RSC from his most recent assignment, where he worked for the last five years, as the Assistant Inspector General at Fort Irwin, California. He also has a military background in supply.

Hobbies: Watching sports, cooking and cheering for his favorite pro basketball teams, the *Denver Nuggets* and the *Miami Heat*.

Name: Bill Trakas Title: Document Specialist Section: DPW

Background Info: A native of Columbia, he enjoys spending time with his son Justin (34) and his two dogs. Formerly a retired federal government contractor, he could not sit still and enjoy his retirement. Most of his spare time is consumed by watching and/or attending USC sporting events with his son, taking the two dogs for a walk at one of the local parks or playing racquetball on post.

Hobbies: Racquetball, basketball, hiking, traveling and cheering for his favorite college team. Go Gamecocks!





Name: Samantha Kabi *Title:* Human Resource Specialist *Section:* DHR *Background Info:* A resident of North Augusta and a graduate of both the University of Delaware, with a bachelor of arts degree in Political Science, she also attended the Widener University School of Law. She has worked in Human Resources for 18 years. She comes to the 81st RSC from the 261st Theater Tactical Signal Brigade (Delaware Army National Guard) where she worked as the brigade's human resource manager. *Hobbies:* Reading, cooking, working out/running, traveling and gardening.



