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February 2, 2018

Vol. 42, Issue 4



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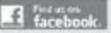
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Weather

Friday Partly Cloudy High 45°F Low 33°F	Saturday Rain High 50°F Low 30°F
Sunday Rain High 54°F Low 42°F	Monday Partly Cloudy High 52°F Low 35°F

Forecast provided by the 14th O55 Weather Flight

News Briefs

Wing Newcomers Orientation
A Wing Newcomers Orientation is scheduled for 8 a.m.-1 p.m. Feb. 6 at the Columbus Club for newly arrived active-duty and civilian personnel.

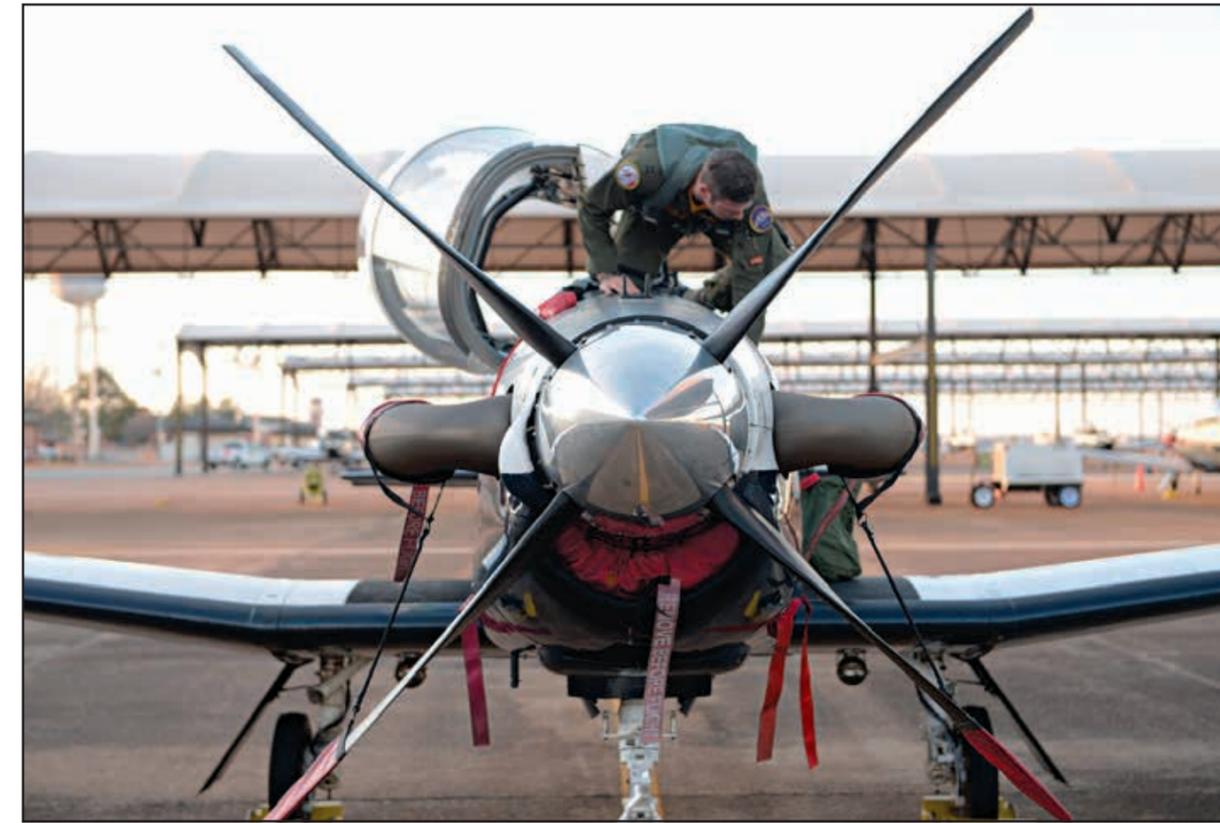
Annual Awards Banquet ticket sales end Feb. 2
The 2017 Annual Awards Banquet is scheduled for 6 p.m. Feb. 9 at the Columbus Club. Please see info-box on page 2 for more information.

SUPT Class 18-05 Graduation
Specialized Undergraduate Pilot Training Class 18-05 graduates 10 a.m. Feb. 16 at the Kaye Auditorium. The highlighted squadron for the graduation will be the 14th Communications Squadron.

Inside

Feature 8

The Annual Awards Nominees are highlighted in this week's feature.



U.S. Air Force photo by Airman 1st Class Keith Holcomb
Capt. Hunter Barnhill, a 37th Flying Training Squadron instructor pilot, pulls himself out of a T-6A Texan II Jan. 26, 2018, on Columbus Air Force Base, Mississippi. He was diagnosed with brain cancer in 2017, but has remained optimistic by staying strong spiritually.

Pilot battles brain cancer, recovery with faith

Airman 1st Class Keith Holcomb
14th Flying Training Wing Public Affairs

Walking into his backyard after an Easter egg hunt Capt. Hunter Barnhill's hand formed a fist, holding itself with incredible and uncontrollable strength, he attempted to spread his fingers, but instead consciously fell to the ground before his friends and his own 2-year-old son, Nolan, looked onto him confused. Unable to control his own body he knew what was occurring, his friends came to his aid and helped him sit down calmly speaking to him; and as quickly as it had started the seizure ended.

See BARNHILL, Page 3

COLUMBUS AFB TRAINING TIMELINE

PHASE II				PHASE III			IFF			WING SORTIE BOARD					
Squadron	Senior Class	Squadron Overall	Track Select	Squadron	Senior Class	Squadron Overall	Graduation	Squadron	Senior Class	Squadron Overall	Graduation	Aircraft	Required	Flown	Annual
37th (18-13)	0.78 days	0.52 days	Feb. 9	48th (18-05)	0.40 days	2.80 days	Feb. 16	49th (18-DBC)	-2.30 days	-2.39 days	Feb. 1	T-6	2,753	2,330	10,235
41st (18-14)	2.19 days	3.82 days	Mar. 7	50th (18-05)	-0.93 days	-1.16 days	Feb. 16					T-1	946	691	2,677
												T-38	1,054	918	3,865
												IFF	357	339	1,435

* Mission numbers provided by 14 FTW Wing Scheduling.

Maj. Gen. James Scanlan, Mobilization Assistant to the Commander, Air Force Special Operations Command, Hurlburt Field, Florida, is the guest speaker for Specialized Undergraduate Pilot Training Class 18-05's graduation at 10 a.m. Feb. 16 in the Kaye Auditorium.



14TH FLYING TRAINING WING DEPLOYED

As of press time, 38 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

Deployment numbers provided by the Installation Personnel Readiness Office.

CAFB to host annual awards banquet Feb. 9

The 2017 Annual Awards Banquet is Feb. 9 at the Columbus Club. Social hour begins at 6 p.m. and the banquet starts at 6:30 p.m. Tickets for the event are being sold until Feb. 2 and can be purchased online by going to <https://invitations.afit.edu/inv/anim.cfm?i=376910&k=016644007A57>.

Each unit is also encouraged to design a "centerpiece" to be displayed on the table leading into the banquet area. The theme for the banquet is "Columbus Through the Ages" so units should feel free to be creative and showcase your squadron's history.

Please ensure your design does not exceed 18X18 inches at the base and it should be no more than 3 feet high. The best centerpiece will be judged by an unnamed person and the winner will be announced after the award winners.

Please have centerpieces completed and delivered to the club no later than noon on Feb. 8.

Volunteers needed for tax season

The 14th Flying Training Wing Legal Office is seeking volunteers for 2017 tax season, starting in February 2018. We expect to be open three mornings 8 a.m.-noon, Monday through Friday, per week. Accounting experience is a plus, but is not a requirement. Childcare fees may be eligible for reimbursement. Please contact Capt. Casey Keppler or Senior Airman Anna Miller at 742-7030 for more information or with any questions.

Mon	Tue	Wed	Thur	Fri	Sat/Sun	Long Range Events
5	6 Club Member breakfast, 6:30-9 a.m. @ Club Wing Newcomers, 8 a.m. @ Club	7	8	9 Annual Awards Banquet, 6 p.m. @ Club	10/11	Feb. 19: President's Day Feb. 22: Hearts Apart Feb. 23: SUPT Class 18-06 Assignment Night Feb. 28: Enlisted Promotions Mar. 2: Dorm Dinner Mar. 6: Wing Newcomers
12	13 SUPT Class 19-05 Pilot Partner Welcome	14 Valentine's Day	15 Daedalian's Meeting Lafayette JROTC Tour, 11 a.m.	16 SUPT Class 18-05 Graduation, 10 a.m. @ Kaye	17/18	Mar. 8: Daedalian's Meeting Mar. 9: SUPT Class 18-06 Graduation Mar. 9: Sen. Cochran Staffer Visit Mar. 17: CGOC Beer Garden Mar. 22: Hearts Apart

Silver Wings

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

Published by the Commercial Dispatch Publishing Company, Inc., a or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication does not constitute endorsement by the DOD, the Department of the Air Force or Service Publications, Inc., of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the 14th Flying Training Wing Public Affairs Office of Columbus AFB, Miss.

The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.

BARGAIN LINE

The deadline for submitting ads is noon Monday before the desired publication date. Ads turned in after the deadline will run the following week. Ads can be mailed to or dropped off at the public affairs office in the 14th Flying Training Wing Headquarters building, e-mailed to silverwings@us.af.mil or faxed to 434-7009. Calling Ext. 7068 by noon Monday can extend the run date of ads already submitted. Silver Wings reserves the right to limit ads based on content, space and frequency of requests. Advertisements for private businesses or services providing a continuous source of income may not appear in the Bargain Line. They may, however, be purchased through The Commercial Dispatch, 328-2424.

Miscellaneous

For sale: HP 11.6 inch touch screen 360 Convertible Notebook with high-speed Wi-Fi running Windows 10, Intel Pentium N2840 Dual Core Processor with a 32-gigabyte hard drive, webcam with integrated microphone plus numerous other features and programs. This is a blue colored notebook with all updates and Norton Security Deluxe installed. Excellent condition, asking \$195.00, call (662) 327-1205.

For sale: Lightly used Belkin N300 Wi-Fi router. Makes a great router for computer, tablet and smart phone connections. Router is in excellent condition, asking \$39, for more information, call (662) 327-1205.

Bargain Line advertisement

The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees.

Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue.

Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not re-submit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads.

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NEWS AROUND TOWN

Feb. 3
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Feb. 10
Brantley Gilbert, an American country singer, songwriter and record producer, will be performing at the BancorpSouth Arena in Tupelo, Mississippi. Tickets are for sale online.

Feb. 11
The Mississippi State Bulldogs Women's Basketball team will face the Kentucky Wildcats at the Humphrey Coliseum on campus in Starkville, Mississippi. Tickets are for sale online.

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STATUS QUO

(Continued from page 13)

ing,” Marshall said. “Experiential learning involves applying the concepts learned in a classroom — often outdoors — experimenting with them and sometimes failing.”

Controlled environments can limit learning and it's easy to develop tunnel vision as an Academy cadet, Marshall said.

“There's not a single cadet here who isn't highly intelligent, but how far have they been tested?” he said. “Learning with unpredictability is essential and that's what Mother Nature provides.”

There's no one way to do anything

Marshall vibrates with innovation and ideas. He's a mixture of a mad scientist and athlete, and the walls of his office are covered with floor to ceiling whiteboards dotted with his adventure-based notes.

He's an educational pioneer who admits to sometimes needing to taper his vision into something achievable, but recognizes the need to push cadets to break through their personal limits.

Although in the nascent stage, Marshall plans to add 10 days onto the Academy's Expeditionary Survival Training. The program would include a 12-hour hike, a 24-hour hike and a 36-hour adventure race in the wilderness west of the Academy. It's slated to be implemented this summer and involve the Cadet Wing's 1,200 sophomore-year cadets with support from approximately 250 junior and senior cadets.

“At the end of each experience, cadets will debrief and reflect upon what they learned,” Marshall said. “This way the experience is personalized and they can then try it again and again, each time learning something new and hopefully improving their results.”

The CCLD department head, Col. Mark Anarumo, said faculty have been completely evolving the way they deliver character education to cadets.

CCLD officials, including Marshall, plan to develop an adventure-based experiential learning foundation at the Academy and start collecting data to empower the Air Force to implement this style of learning across the enterprise.

“We will push them to their personal limits through these programs and test them in ways they would otherwise never experience short of leading in a combat environment,” Anarumo said. “This generation clearly learns differently than any past cohort of young adults.”

“Adventure-based experiential learning and similar programs we will be rolling out will close the gap between how we teach and what these future leaders need as they enter a rapidly changing, hyper dynamic world.”

Melding his background as a special operations pilot and mountaineer, Marshall wants to incorporate lessons at the Academy that deal with uncertainty and quick flexibility.

“There is usually only one way to solve things here at the Academy, you need to get an ‘A,’” he said. “The further you get to an ‘A’ the better. But what I always foot stomp to cadets is that there is never one way to accomplish anything. This summer program is an opportunity for cadets to create their own unique strategy to succeed.”



ABOVE: Lt. Col. Robert Marshall, left, Center for Character and Leadership Development director for experiential education programs and honor education, poses for a photo with the Air Force flag May 20, 2013, at the summit of Mt. Everest. Marshall was one of the primary leads for the Air Force Seven Summits team that traveled the world and climbed the highest peaks on each continent.

RIGHT: Lt. Col. Robert Marshall, Center for Character and Leadership Develop director for experiential education programs and honor education, poses for a photo during one of his many mountaineering expeditions. Marshall is a world-class mountaineer, having led climbs of the highest peak on each continent, including Mt. Everest.

Having witnessed the innovations made by enemy combatants during his time in the special operations community, Marshall stressed the need for Air Force leaders to think outside the box and step out from their comfort zones.

“I believe the number one skill that we have to fight our enemies is innovation and the outdoors requires innovation in abundance as the rules and environment are always changing,” Marshall said. “I want our cadets to realize that when you walk off the beaten path you're no longer following the status quo and that's okay, because often the status quo is our enemy.”



Courtesy photos

BARNHILL

(Continued from page 1)

“It was more frustrating than painful,” said Hunter, a 37th Flying Training Squadron instructor.

Hunter, regaining control of his body, found himself surrounded by the same friends who had just helped him. Meanwhile his wife, Crystal, stepped out and was startled at the strange sight, she knew something was off.

After Easter Sunday in 2017 the Barnhill's lives would change forever and Hunter would face a world full of unknowns, recalled the husband and wife at their dinner table.

He went to the flight doctor who sent him to Baptist Memorial Hospital for a MRI where the doctors found a brain tumor.

“It was kind of surreal,” Crystal said. “It was more like a bad dream, I felt like I was there and I knew it was going on but it didn't seem real. He had come home and we ran over to the truck and I saw a pamphlet about stress in the workplace and thought that must have been it. We were standing right at the bar in our kitchen when he told me it was a brain tumor.”

In order to get surgery he had to go to University of Alabama Birmingham (UAB) Hospital where he was wheeled around in a wheelchair, and as he told it, felt some of the weight of the situation coming into fruition.

At the same time he was receiving photo messages from fellow instructor pilots wearing bandanas made for him, which helped take his mind off of the looming surgical procedure.

“It hit my family close to home,” said Maj. Jesse Rosal, 14th Flying Training Wing T-6 Texan II Flight Safety Officer. “Through him he made our faith stronger, it encouraged us and all the folks we knew to stay motivated and it was a reminder at how fragile life can be. We tried to take his mind off things as much as we could by wearing the bandanas and taking silly photos before he went into surgery.”

Because of his young age and good health the doctors were able to be aggressive throughout Hunter's surgery. The intense nature of the surgery caused him to suffer from post-operative Supplementary Motor Area Syndrome.

SMA hit hard, rendering him unable to speak and paralyzed his right side. He participated in physical and speech therapy for three months and worked to gain his abilities to sit up, walk, run and speak as he had done only weeks ago.

“It was very shocking to go from healthy with consistently excellent scores on my



Capt. Hunter Barnhill, a 37th Flying Training Squadron instructor pilot, sits on the wing of his T-6A Texan II Jan. 26, 2018, on Columbus Air Force Base, Mississippi. Galatians 2:20 is one of the first verses, after his brain surgery, he had memorized and is a passage he attributes to his recovery going well. The spiritual pillar is a key component to an Airman's resiliency and strength.

U.S. Air Force photo by Airman 1st Class Keith Holcomb

[physical fitness assessments] to no longer flying, to having cancer, to having no idea what my future was,” Hunter said. “It was from one end of the spectrum to the other in an instant.”

Traumatic experiences can affect people in many ways. Recovering from an event such as SMA, after surgery which removed over 90 percent of a brain tumor, can be difficult. Hunter chose to lean into his spirituality throughout the months following the surgery.

“I'm a man of faith. I stand on the fact that God made a promise with me and we can stand on that promise,” Hunter said.

During his healing process he said he read scriptures and worked on memorizing passages to help his mind physically and mentally recover.

Crystal said friends and family also sent their own favorite passages of the Bible to show their support.

“Since the surgery I have more scriptures memorized and my prayer life has improved,” Hunter said. “Galatians 2:20 says, ‘I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God,’ and faith is the keyword there for me and my ability to move through this.”

Crystal agreed scripture and faith played a large part in the ability to keep a positive attitude, and also said Hunter had been calm and optimistic from the start, which helps Nolan

see a healthy way to approach an event such as this.

“Hunter really set the tone for the family, and our slogan from the start was ‘Fights On’ because it was a fight but we would get through it,” Crystal said. “It was a struggle to be a wife and a mom at the same time because my husband needed me and so did my son.”

Loud noises and the constant energy of their 2 year old was hard on Hunter's head, and he had almost no ability to move or play with his son either. He said he remembered how his wife had to nurture him because his needs were basic and just as consistent.

For a few weeks after the surgery it was the hardest time, he recalled having no motivation to even walk roughly 80 feet from his couch to his backyard he watched TV and read all day and the blinds were closed.

“There was a fine line of respecting his recovery but also making sure he wasn't falling into a slump,” Crystal said. “Luckily, a week or two after we left the hospital he got up and even though he wasn't back to normal he was better.”

After delving into their faith, Hunter and his wife said they have grown and learned from this experience as a family.

Hunter is hopeful to make a full recovery and continue to serve as a pilot in the Air Force that has given them so much. During his recovery, fellow Airmen from his squadron and Columbus Air Force Base have

“I'm a man of faith. I stand on the fact that God made a promise with me and we can stand on that promise,” Hunter said.

helped the family tremendously.

Rosal was one of the many Team BLAZE members who visited the Barnhill family and spent a lot of time helping them cook, stay active and practice their faith. He said it was a team effort and people from all over the 14th FTW provided great support to their family friends by any means they could.

“I think I have more opportunities with brain cancer than before my cancer diagnosis. If you asked me last year how I would feel not being able to fly, I would have told you that I'd be devastated,” Hunter said. “Sure it gets tough hearing the aircraft, but I do believe God instilled in me a passion for aviation and I don't think He has given up on me or my passion.”

As a former B-52H pilot and third generation bomber pilot aviation has been in his blood. Hunter flew his first aircraft by himself before he had earned his driver's license, and that passion is still there. He said he is looking forward to the day he sits back inside of another cockpit.

Lately Hunter said he has been thankful for everything he has been given through his family, friends and most importantly his faith.

He is currently preparing to attend the Air Force Wounded Warrior Program (AFW2) Trials at Nellis AFB, Nevada, where he will compete in multiple events to earn a spot in the Department of Defense's Warrior Games and possibly the Invictus Games. The athletes are some of the best disabled athletes the DOD has to offer, and show the strength, determination and resiliency of the veterans across the military.

Every three months he receives an MRI from the University of Alabama Birmingham Hospital, and his flying status and ability to serve as an IP will be determined in the future by the Medical-Evaluation Board.

“Your disability does not have to be limiting. I want you to know you are stronger than you think you are,” he said. “Feel the breath in your lungs, you're still here for a good reason and don't lose sight of whatever faith is giving you that good reason.”



Columbus AFB Top 3 spotlight




U.S. Air Force photo by Elizabeth Owens

Staff Sgt. Richard Lee, 14th Operations Support Squadron Quality Assurance Non-Commissioned Officer In Charge for Aircrew Flight Equipment, receives the Columbus Air Force Base Top 3 Spotlight from Master Sgt. Demetri Harper, Top Three Vice President, and Master Sgt. Carmina Beedle, 14th OSS AFE Superintendent, Jan. 24, 2018, on Columbus Air Force Base, Mississippi. He is also the lead Aircrew Continuation Training instructor for roughly 684 instructor, student, and international pilots. Staff Sgt. Lee was hand-selected by the current operations flight commander to conduct training for the Vice Chief of Staff Headquarters of the United States Air Force, for his T-6 flight.

Name: Staff Sgt. Richard Lee
Hometown: Los Angeles
Unit: 14th Operations Support Squadron
Duty Title: Non-Commissioned Officer In Charge of Aircrew Flight Equipment Quality Assurance

Additionally, he filled an E-7 Superintendent billet, where he coordinated with Headquarters of Air Education and Training Command AFE

regarding a parachute component shortage, which had it not been addressed, would have resulted in grounding two T-6A Texan II aircraft.

Furthermore, Staff Sgt. Lee established an in-progress inspection checklist, which utilizes a two-person concept to alleviate any occurrence of missed steps in the survival kit packing process.

Finally, he led a manning assist for a one-time inspection for a major survival kit deficiency.

Air Force Aid Society offers scholarships, programs for higher education

General Arnold Education Grant

- Awards range from \$500 to \$4,000 based on need
- Must have a minimum 2.0 GPA
- Will be enrolled as a full time undergraduate student
- Apply online to Air Force Aid Society's website at <https://www.afas.org/general-henry-h-arnold-education-grant/> by deadline of April 30, 2018, for the 2018-2019 academic year

Merit Scholarship

- Minimum of ten scholarships of \$5,000 each

- Apply for Arnold Education Grant as a first-time Freshman with verifiable GPA of 4.0
- Eligible applicants will be contacted directly by AFAS in June for additional application requirements (essay, transcript, etc.)

Supplemental Education Loan Program

- Interest free loans up to \$1,000 per student
- Apply for Arnold Education Grant; document out-of-pocket education expenses; repay allotment over 10 months
- Eligible applicants will be contacted directly by AFAS in August with application forms

Justice Times January 2018

**Transparent Discipline
for Tomorrows Leaders**
Status of discipline by the numbers
 Oct. 1-Dec. 31, 2017

Columbus Air Force Base Article 15s

An airman first class received reduction to airman and a reprimand for two counts of willful dereliction of duty, wrongful appropriation, and being drunk and disorderly.

An airman first class received reduction to airman and a reprimand for failure to go, willful dereliction of duty, and four counts of making a false official statement.

An airman first class received 14 days restriction to base, a suspended reduction to airman, suspended forfeitures of one-half one month's pay, and a reprimand for unlawful entry.

An airman first class received a reduction to airman and a reprimand for willful dereliction of duty and suffering damage to military property.

19th Air Force Courts-Martial and Article 15s

Luke AFB	Altus AFB	Laughlin AFB
4 Courts-Martial	0 Courts-Martial	1 Courts-Martial
15 Article 15s	12 Article 15s	3 Article 15s
Vance AFB	Columbus AFB	19 AF Totals
0 Court-Martial	0 Courts-Martial	5 Courts-Martial
2 Article 15s	4 Article 15s	36 Article 15s

Breaking the status quo: USAFA educator develops program based on mountaineering, special ops background

Staff Sgt. Charles Rivezzo
 U.S. Air Force Academy
 Public Affairs

U.S. AIR FORCE ACADEMY, Colo. — If you told Lt. Col. Rob Marshall leadership starts at the top, he'd take you literally. Part mountaineer, part special operations pilot, he's spent a lot of time living his life at high altitudes.

Marshall is by no means the casual adventurer, he's a world-class mountaineer, having led climbs of the highest peak on each continent, including Mount Everest, and ferried special operators in and out of war zones as a CV-22 Osprey pilot.

These days, the 2001 Academy graduate is on the forefront of adventure-based experiential learning at the Air Force Academy. He's in the early stages of developing a summer program that encourages cadets to learn and overcome challenges, risk and failure that can't be replicated in a classroom via outdoor experiences.

"The greatest threat to America is following the status quo," said Marshall, U.S. Air Force Academy Center for Character and Leadership Development director for experiential education programs and honor education. "It inhibits innovation."

His vision for the program stems from a career he calls "unconventional."

"In a classroom, we mainly learn through reading, discussion, watching and listen-

See STATUS QUO, Page 14



Courtesy photo

Lt. Col. Robert Marshall, right, Center for Character and Leadership Development director for experiential education programs and honor education, speaks with cadets Aug. 7, 2017, at the U.S. Air Force Academy, Colo. Marshall is currently developing a summer program that encourages cadets to learn and overcome challenges, risk and failure that can't be replicated in a classroom via outdoor experiences.

19th Air Force commander directs T-6 operational pause

**Air Education and Training Command
Public Affairs**

JOINT BASE SAN ANTONIO-RANDOLPH, Texas — The 19th Air Force commander has issued an operational pause for all T-6 Texan II operations to ensure aircrew safety after a cluster of unexplained physiological events occurred at Columbus Air Force Base, Mississippi, Vance AFB, Oklahoma, and Sheppard AFB, Texas within the last week.

Maj. Gen. Patrick Doherty directed the operational pause, beginning Feb. 1, to enable the Air Force to examine the root causes of the incidents, educate and listen to aircrew, develop and deliver mitigation solutions.

"The safety of our instructors and student pilots is paramount and has been our priority and focus," said Maj. Gen. Patrick Doherty, 19th Air Force commander.

"The safety of our instructors and student pilots is paramount and has been our priority and focus," said Maj. Gen. Patrick Doherty, 19th Air Force commander. "We're acting

swiftly, making temporary, but necessary, changes to everyone's training, general awareness, checklist procedures, and possibly modify aircrew flying equipment to mitigate risk to the aircrew while we tackle this issue head-on to safeguard everyone flying T-6s."

The Air Force established a general officer-led team to integrate and coordinate efforts across the Air Force to address aircrew unexplained physiological events in early 2018. Brig. Gen. Bobbi Jo Doorenbos is leading the team and will work closely with 19th Air Force, Air Education and Training Command, and other major commands to examine the causes of these incidents and ensure industry and enterprise-wide solutions are given high priority to find root causes and deliver solutions across all weapon systems.

Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, Instagram at columbus_afb_living, or visit our website at www.columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Super Bowl Party

The Columbus Club is offering a Super Bowl Party at 4 p.m. Feb. 4. Tickets cost \$15 for members and \$20 for non-members; ages 8 years and under are free. Each ticket holder gets a chance to win over \$2,000 in prizes and all-you-can-eat buffet. For more information, contact 434-2489.

Free Movie Matinee

The Base Library is offering a free movie “Moana” at 10 a.m. Feb. 3. For more information, contact 434-2934.

Youth Super Bowl Party

The Youth Center is offering a youth Super Bowl Party at 4 p.m. Feb. 4. Enjoy tailgating food, games and fun for ages 9 years old and up. For more information, contact 434-2504.

Lunch Buffets at the Overrun

Lunch buffets are back beginning Feb. 6. Enjoy daily lunch buffets Tuesday thru Friday at the Columbus Club. Daily buffets include: Tuesday–taco and nacho \$9, Wednesday–chicken wings and pasta \$11, Thursday–southern style \$11 and Friday–fried catfish \$11. Club members receive a \$2 discount. For more information, contact 434-2489.

Free Breakfast for Club Members

Start your morning at the Overrun. The Columbus Club is offering free breakfast from 6:30 a.m.–9 a.m. Feb. 6 for Club members; \$8 for non-members. For more information, contact 434-2489.

Tasty Thursday

Stop by and grab lunch from 11 a.m.–1 p.m. on Thursdays at the 14th Operations Group area between buildings 268 and 230! Enjoy beer and honey chicken wings with BBQ beans Feb. 8; super cheeseburger and kettle chips Feb. 15; buffalo-infused grilled chicken wings with Jack Daniels Barbeque Beans Feb. 22. Cost is \$6 for members and \$8 for non-members. In the event of inclement weather, this event will be moved to the Columbus Club. For more information, contact 434-2489.

Monster Jam Tickets

Monstrous savings for Columbus Air Force Base families and personnel! Purchase your tickets at Information, Ticket and Travel for the March 3 event at 1 p.m. or 7 p.m. Pit Party tickets available for \$10 each and require the purchase of a 1 p.m. event ticket. Event held at the BancorpSouth Arena in Tupelo, Mississippi, and tickets must be purchased no later than Feb. 9. For more information, contact 434-7861.

Sweetheart 5K Run/Walk

The Fitness Center is offering a Sweetheart 5K Run/Walk at 7 a.m. Feb. 9. Participants will receive candy while supplies last. For more information, contact 434-2772.

Youth Valentine’s Dance

The Youth Center is offering a Youth Valentine’s Dance from



6 p.m.–10 p.m. Feb. 10. Cost is \$10 per person. You must register no later than Feb. 6. For ages 9–18 years old. For more information, contact 434-2504.

Sweetheart’s Dinner

The Columbus Club is offering a Sweetheart’s Dinner Feb. 14. Doors open at 6 p.m.; dinner served at 6:45 p.m. Dinner options include choice of grilled Portobello mushroom, grilled chicken breast or grilled center cut sirloin. Each option includes two jumbo shrimp skewers, mashed potatoes, roasted asparagus, salad, dessert table and one bottle of wine. RSVP no later than Feb. 9. Cost is \$60 per couple. For more information, contact 434-2489.

BLAZE Book Club

Stop by the Base Library and check out “Winter Garden” by Kristin Hannah. The BLAZE Book Club meeting is at 6 p.m. Feb. 15 at the BLAZE Commons to discuss this book. For more information, contact 434-2934.

Storytime with Mother Goose

Special guest, Mother Goose, will attend Storytime at the Base Library at 11 a.m. Feb. 16. For more information, contact 434-2934.

Winter Reading Program

Register at the Base Library and enjoy a winter of stories, activities and tons of fun! For more information, contact 434-2934.

Game Night at the Library

The Base Library is offering a free game night at 5 p.m. the

second Thursday of each month. For more information, contact 434-2934.

Free Mango Languages

Learn a new language today! Free Mango Languages available at the Base Library; real-life conversations in over 70 languages. For more information, contact 434-2934.

Play Paintball

Outdoor Recreation offers paintball for groups or individuals. You must book twenty-four hours in advance; 17 years old and under must be accompanied by an adult. The cost is \$15 per person for party of 10 or more; \$20 per person for party of nine or less. You must purchase paint balls at Outdoor Recreation for \$50 per case of 2,000. For more information, contact 434-2505.

The Overrun Open Friday Nights

The Overrun is open Fridays 4:30 p.m. until midnight. For more information, contact 434-2419.

Library Hours of Operation

The Base Library hours of operation are Monday, Tuesday, Wednesday and Friday 10 a.m.-5 p.m.; Thursday 10 a.m.-7 p.m.; Saturday 8 a.m.-noon. For more information, contact 434-2934.

Lawn Mower and Bicycle Repair

Outdoor Recreation is now offering lawn mower repair and self-help bicycle repair. For more information, contact 434-2507.

Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? Arts & Crafts is looking for craft instructors. For more information, contact 434-7836.

Referees Needed

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

RV Storage Lot

Don’t clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructors Needed

The Youth Center is seeking instructors for tumbling classes, dance classes, piano and guitar lessons. For more information, contact the Youth Center.

Fitness on Request

The Fitness Center offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with 119 different classes on the Fitness on Request system. For more information, call 434-2772.

Space A Lodging

The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

Ride in Style

Information Tickets and Travel offers a shuttle service to the airport of your choice. For more information, contact 434-7861.

Question everything

Mike Jago
14th Civil Engineer
Squadron

The wrong way to impress your boss is to question what they believe in a direct challenge to their authority and knowledge. However, any organization that has been around long enough to do something twice, starts to repeat itself. This is how traditions are built. It is how tried and true skills are developed. It is also how inefficiencies or outright mistakes get codified into normal behavior. We get comfortable with what we know. It happens all the time.

Complex organizations and businesses not only repeat behavior, they write it down and develop a manual on how the new guy will conduct the process in the exact the same manner as the guys who came before. This becomes required training, since anyone with any experience or sense would never do it that way. Ouch! An outsider or newcomer--this is significant as a third of the population here at Columbus Air Force Base is new every year--brings their codified behavior with them. It may be better or it may be worse, but it is different. Such a mixing is constantly ongoing. If we keep the best practices and discard those that aren’t, we should have the absolute best and most efficient process for everything. But we don’t, so what is missing?

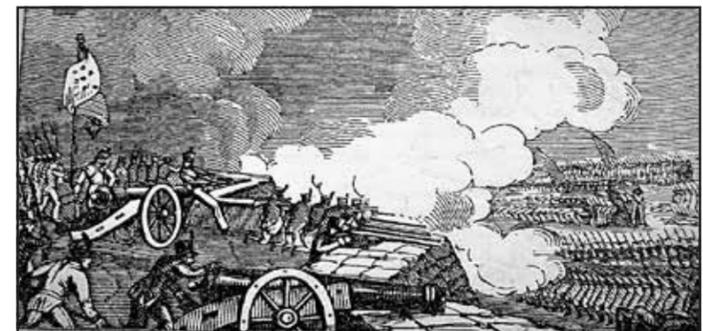
Question everything. Really. No detail is too small, no task is too large. Question it all. That doesn’t mean you stop work or quit a task. It does mean you have permission to question the process. Each of us have an obligation to research and consider if our standard practices can be done more efficiently, whether steps can be eliminated, or if chemicals or materiel can be substituted, reduced or just eliminated. Would it even matter? Consider you have a routine task. You think it is stupid and even your supervisor agrees it should be improved. You have an idea to take out several steps that are redundant with other programs, but you don’t know where to take it next. There are lots of options if it is Air Force Instruction or Tech Order driven. Both have regular updates and contact information for formal change request systems. You are probably not the only person to have the idea, so be the bold one that engages the appropriate point of contact and makes long term change. If that isn’t appropriate, there is always your chain of command. Improvements in efficiency always look great on officer or enlisted performance reports. If the task is self-defined, or locally defined, just change it. We are results oriented, and much of the time the process chosen is irrelevant as long as it is safe and legal.

Steal ideas whenever possible. Truly there are very few “new ideas,” just different applications of other ideas. Coworkers will grumble for years about a better way, outline the whole approach, discuss the plus and minus of the plan and then do nothing. Take the next bold step and make it happen. Even if you can get absolutely no personal credit or recognition, put the idea in the mind of the person that can change it, or maybe the person next to you. Your coworker already started that chain when they told you. If all else fails, contact your Unit Environmental Coordinator and have them bring the idea to me. There is a UEC assigned to every unit on Columbus AFB. If you don’t know who your unit’s UEC is, call or email me, I’ll be glad to put you in touch with your UEC. Their job on the Energy, Environmental, Safety and Occupational Health team is to come up with suggestions to save money, energy, effort, materials, and in so doing reduce our environmental impact. We want your ideas. Please, question everything and do some checking around. Things do change.

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Andrew Jackson and the Free Men of Color

Rufus Ward
Local Historian



An 1849 engraving of the Battle of New Orleans Jan. 8, 1815. Among the American troops who under Andrew Jackson defeated a British army were two battalions of free Black soldiers called the “the Brave Men of Color.”

We all know about Andrew Jackson’s historic victory over the English at the Battle of New Orleans on Jan. 8, 1815. From TV and movies we have learned that Jackson’s army was composed not only of U.S. regular Army regiments but also backwoods militia and Jean Lafitte’s Baratarian pirates. Actually, Jackson’s army was even more diverse and represented a true cross section of the American South.

Official records show that Jackson’s army was composed of the following troops; U.S. regular Army regiments, Louisiana, Tennessee, Kentucky, Mississippi and Orleans militia, Lafitte’s Baratarians, Free Men of Color and Choctaw Indians. The Choctaws were from what is now east central Mississippi and were under the command of Pierre Jugeant who was said to be Choctaw Chief Pushmataha’s nephew. Some accounts even say that Jackson was not worried about his rear as General (Chief) Pushmataha was said to have been hurrying toward New Orleans with over 700 Choctaw warriors in support of Jackson.

Prior to the climactic battle the Choctaws terrorized the English camps at night and the Baratarian’s under the command of their Capt. Dominique You manned artillery battery No. 3. There were two battalions of Free Men of Color (free Blacks), Maj. Lacoste’s Louisiana Free Men of Color and Capt. Daquin’s Santa Domingo Free Men of Color.

What we generally refer to as the Battle of New Orleans was the final fighting that occurred on Jan. 8, 1815, but skirmishing had begun Dec. 23, 1814. Prior to the opening of the fighting, Gen. Jackson had on December 18th, reviewed his troops. He prepared

addresses which were to be read to each unit by his aids-de-camp Livingston and Butler. Niles’ Weekly Register, a Baltimore newspaper, published Jackson’s address to the “Men of Color” in its Jan. 28, 1815, edition.

“To the Men of Color”
“Soldiers — From the shores of Mobile I collected you to arms — I invited you to share in the perils and to divide the glory of your white countrymen. I expected much from you, for I was not uninformed of those qualities which must render you so formidable to an invading foe —. I knew that you could endure hunger and thirst and all the hardships of war. I knew that you loved the land of your nativity, and that, like ourselves, you had to defend all that is most dear to man — But you surpass my hopes. I have found in you, united to these qualities, that noble enthusiasm which impels to great deeds.

Soldiers — The President of the United States shall be informed of your conduct on the present occasion, and the voice of the Representatives of the American nation shall applaud your valor, as your General now praises your ardor. The enemy is near; his sails cover the lakes, but the brave are united; and if he finds us contending among ourselves, it will be for the prize of valor, and fame its

noblest reward.”
By command
Thomas A. Butler
Aid-de-Camp

The address appeared in an article titled “Events of the War.” The article opened by reporting “We are yet without definite intelligence from New Orleans. The news will probably arrive this day, that will at least relieve our suspense.” Other news that had not been received was that on Dec. 24, 1814, in Ghent, Belgium, a treaty of peace ending the War between England and the U.S. had been signed.

And the prize of valor the Free Men of Color did earn. On Jan. 8, 1815, the day of the final battle Major Lacoste’s battalion of 280 men helped hold the American line between batteries 2 and 3 while Major Daquin’s battalion of 150 men helped defend the interval between batteries 3 and 4. Battery 3 was that of Lafitte’s Baratarian pirates and their very accurate artillery fire was said to have wreaked havoc among the advancing British troops. New Orleans was an American victory fought by a truly American army.

(Editor’s Note: Contributed by Rufus Ward, retired lawyer and local historian. This is one of four stories to come in future issues in commemoration of Black History Month.)

Medical Corner

Getting it right: Optimizing food choice for a healthy heart, better weight management

Health Promotion, Air Force Medical Service

WASHINGTON — What you eat affects your chances of getting high blood pressure as well as contribute to any unwanted weight gain.

Chronically high blood pressure — hypertension — can cause damage to your blood vessels and internal organs including your heart. Currently affecting 1 in 3 adults in the United States, hypertension has been called a silent threat because the condition itself has no symptoms. However, the effect on your body can be life-threatening over time. Engaging in healthy lifestyle behaviors at all stages of life, regardless of race or ethnicity, can help keep your risk for hypertension in check and decrease or limit unwanted weight gain.

Being overweight or obese increases your risk of developing high blood pressure. In fact, your blood pressure rises as your body weight increases. Losing even 10 pounds can lower your blood pressure—and losing weight has the biggest effect on those who are overweight and already have hypertension. Overweight and obesity are also risk factors for heart disease. And being overweight or obese increases your chances of developing high blood cholesterol and diabetes—two more risk factors for heart disease.

The most commonly used tools for determining if someone is overweight are the body mass index, or BMI, and waist circumference. But BMI does not alone determine any risks that might be associated with weight gain. To have the most affect on changing your weight from overweight and obese to a healthy weight, implementing healthy eating habits must be the focus. Keep these three tips at the forefront of

The DASH eating plan shown below is based on 2,000 calories a day. The number of daily servings in a food group may vary from those listed, depending upon your caloric needs.

Food Group	Daily Servings (Except As Noted)	Serving Size
Grains and grain products	7-8	1 slice bread 1 cup ready-to-eat cereal* 1/2 cup cooked rice, pasta, or cereal
Vegetables	4-5	1 cup raw leafy vegetable 1/2 cup cooked vegetable 6 ounces vegetable juice
Fruits	4-5	1 medium fruit 1/4 cup dried fruit 1/2 cup fresh, frozen, or canned fruit 6 ounces fruit juice
Lowfat or fat free dairy foods	2-3	8 ounces milk 1 cup yogurt 1 1/2 ounces cheese
Lean meats, poultry, and fish	2 or fewer	3 ounces cooked lean meat, skinless poultry, or fish
Nuts, seed, and dry beans	4-5 per week	1/3 cup or 1 1/2 ounces nuts 1 tablespoon or 1/2 ounce seeds 1/2 cup cooked dry beans
Fats and oils†	2-3	1 teaspoon soft margarine 1 tablespoon Lowfat mayonnaise 2 tablespoons light salad dressing 1 teaspoon vegetable oil
Sweets	5 per week	1 tablespoon sugar 1 tablespoon jelly or jam 1/2 ounce jelly beans 8 ounces lemonade

* Serving sizes vary between 1/2 cup and 1 1/4 cups. Check the product's nutrition label.
† Fat content changes serving counts for fats and oils: For example, 1 tablespoon of regular salad dressing equals 1 serving, 1 tablespoon of Lowfat salad dressing equals 1/2 serving, and 1 tablespoon of fat free salad dressing equals 0 servings.

your mind:

Reflect on all of your specific eating habits, both bad and good and your common triggers for unhealthy eating

Replace your unhealthy eating habits with healthier ones

Reinforce your new, healthier eating habits

For a more optimized eating plan, consider DASH, which stands for "Dietary Approaches to Stop Hypertension." You can reduce

your blood pressure and lower your weight by eating foods that are low in saturated fat, total fat, and cholesterol, and high in fruits, vegetables, and low-fat dairy foods. The DASH eating plan includes whole grains, poultry, fish, and nuts, and has low amounts of fats, red meats, sweets, and sugared beverages. It is also high in potassium, calcium, and magnesium, as well as protein and fiber. Eating foods lower in salt and sodium also can reduce blood pressure.



A personal message from your health promotion Health Myth Busting Team

Dear Health Myth Busters,

I took some leave to see family over the holidays and now my uniform seems a little tight. Alright, I admit, it is uncomfortably tight. I need to get this weight off quickly. My buddy followed a diet that sounds perfect. He could eat all the bacon, meat and fried foods he wants and still lose weight. I do have a strong family history of heart disease so I would like to reach a healthy weight and keep it that way. Can someone eat that much fat and meat and still lose weight?

Sincerely,
Uncomfortable in Uniform

Dear Uncomfortable,
I congratulate you for establishing a healthy weight goal. Although it is easy to go for the fastest results, (and eat all the bacon you want!) it is important to accept that your weight did not suddenly appear overnight. Changes in eating patterns and activity level and even environmental factors such as stress and sleep can affect your weight. In addition to reviewing your current activity level and ensuring you are active daily, take a look at your current eating pattern that delivered you into a tight uniform.

You mentioned a strong family history of heart disease and may want to re-evaluate your goals. Because you have a family history of heart disease....keeping a healthy heart should be a primary goal. You can do this by adopting an eating pattern that directly decreases the risk of heart disease. A diet like you mention is not recommended—as it is high in saturated fats, trans fats, and cholesterol— that increases the "bad" cholesterol and therefore increases your risk of heart disease.

Choosing the right eating pattern is the first step towards getting that healthy weight. Quick weight loss is not difficult. The challenge is sustaining an eating pattern that eliminates the very energy your body craves....carbohydrates. A well-chosen diet such as the DASH diet eating plan can lower your risk of heart disease and includes; more vegetables, fruits and whole grains; eating fat-free or low-fat dairy products, fish, poultry, beans, peas, lentils, nuts, and vegetable oils; limiting foods that are high in saturated fat, such as fatty meats (sorry, no bacon), full-fat dairy products, and tropical oils such as coconut, palm kernel, and palm oils; and limiting sugar-sweetened beverages and sweets. It should go without saying that any time your goal includes weight loss, alcohol should be limited if not eliminated otherwise added calories can undermine your best efforts.

Avoid fad diets and focus on changing to eating patterns that are sustainable and easily integrated into your daily routine and lifestyle. A healthy lifestyle includes being physically active, maintaining a healthy weight, limiting alcohol intake, and managing stress. If you smoke, make a plan to quit and make sure to get plenty of sleep. Make the change and your uniform will thank you!

Sincerely, Health Myth Busters

Air Force Readiness Programs

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Pre-separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation or retirement. The counseling is held daily at 8:30 a.m. It takes approximately 60 minutes. Please contact A&FRC, 434-2790 for more information.

Pre- and Post-Deployment Tour Briefing

These briefings are mandatory for active-duty personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deployment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC, 434-2839/434-2790 for more information.

Wing Newcomers Orientation

This brief is from 8 a.m.-12:15 p.m. Feb. 6 at the Columbus Club. The orientation is mandatory for newly arrived active-duty and civilian personnel. Spouses are encouraged to attend. For more information, call 434-2790.

Military Life Cycle

The Military Life Cycle workshop is from 1-2 p.m. Feb. 6 at the Airman and Family Readiness Center. The workshop allows Veterans Affairs contractors to explain to service members — whether first term, separating, retiring or a veteran — what services the VA offers and what they are able to provide throughout the member's military career and how to apply for benefits. To register and for more information, please call 434-2839/2790.

Bundles of Joy

The next Bundles of Joy workshop is from 1-3:30 p.m. Feb. 7 in the A&FRC. This program is designed for active duty Air Force members and/or their spouses who are pregnant or have a child 4 months old or less. Attendees will learn about finances, labor and delivery, and infant care. A \$50 gift card sponsored by the Air Force Aid Society will be provided for each qualifying child. To register or for more information, please call A&FRC at (662) 434-2790.

Exceptional Family Member Program Information Fair

An Exceptional Family Member Program information fair is from 9 a.m.-3 p.m. Feb. 8 at the A&FRC. EFMP information and resources will be provided and A&FRC staff will be answering questions and issuing "Give Parents A Break" vouchers.

Airmen promoted, awarded



U.S. Air Force photo by Melissa Doublin
Airmen were promoted and recognized at the January Enlisted Promotions and the 2017 Fourth Quarter Awards ceremonies Jan. 31, 2018, on Columbus Air Force Base, Mississippi. Eight enlisted Airmen were promoted to their next rank and various members of Team BLAZE were awarded for their work in the Fourth quarter of Calendar Year 2017.

Smooth Move

The next Smooth Move workshop is from 10-11 a.m. Feb. 13, in the A&FRC. This monthly venue provides information for relocating members and families. Here you'll learn what to expect before you move from agencies such as Traffic Management Office, Housing, Military Pay, Lodging, Tri-Care, School Liaison Officer and A&FRC. To register or for more information, please call the A&FRC Relocation Manager at (662) 434-2701/2790.

Heart Link

The next Heart Link is from 8 a.m.-12 p.m. Feb. 21 in the A&FRC. This half-day program is open to all spouses of active duty military members assigned to Columbus AFB. Attendees will receive information about life in the Air Force, in the local area, and at Columbus AFB from local subject matter experts including spouse leaders. To register or for more information, please call A&FRC at (662) 434-2790.

Hearts Apart

The next Hearts Apart is from 5-7 p.m. Feb. 22, in the A&FRC. This monthly social event is for family members whose sponsor is deployed, on a remote tour, or TDY for more than 30 days. To register or for more information, please call A&FRC at (662) 434-2790.

Transition Assistance Program GPS (Goals, Plans, Success) Workshop

This workshop is from 7:30 a.m.-4 p.m. Feb. 26-March 2, at the A&FRC. The Transi-

tion Assistance Program workshop has seminars on: transition, military occupational code cross-walk, financial planning, health benefits, Mississippi Department of Employment Security, Veterans Affairs, Disabled TAP, Department of Labor (TAP portion). Preseparation counseling is required before attending. Recommend attendance eight to 12 months prior to separation/retirement. Spouses are encouraged to attend with their sponsor. To register, call 434-2631.

Career Technical Training Track Workshop

The next Career Technical Training Track Workshop is from 8 a.m.-3 p.m. March 5-6 in the A&FRC. This workshop covers the importance and how to go about obtaining skills required to make better decisions about your technical goals. To register or for more information, please call A&FRC at (662) 434-2790.

Federal USAJobs Workshop

This workshop is from 9-10:30 a.m. March 7. This is a workshop on writing resumes, applications and job search, using USAJobs. Call 434-2790 to register.

Entrepreneurship Track Transition Workshop

This workshop is from 8 a.m.-3 p.m. May 10-11. The entrepreneurship workshop is conducted by the Small Business Administration for veterans and all base personnel interested starting up and operating their own business. To register and more information call 434-2790.

Linked-In Workshop

The Linked-In workshop is from 2-5 p.m. May. 14-15. This workshop will teach you how to establish and use a Linked-In account. To register and more information, please call 434-2790.

Employment Workshop

An employment workshop on local and base employment opportunities is held every Wednesday, 1:00 p.m. - 2:00 p.m. This program provides military families and DoD civilian members individual assessment and career counseling to assist with local employment, preparation for future endeavors via education, job search, or self-owned business objectives in the local area. For more information, please call A&FRC at (662) 434-2790.

Sponsorship Training

An electronic version of sponsorship training called eSponsorship Application & Training (eSAT) is now available. It can be found on the Military Installations homepage militaryinstallations.dod.mil, under "Are You A Sponsor?" For additional information, please contact the A&FRC Relocation Manager at (662) 434-2701/2790.

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community

Sundays:
3:45 p.m. – Religious Education, grades K-9 (Chapel Annex) Start date TBA
4 p.m. – Choir Practice (Chapel Sanctuary)
4 p.m. – Confession (or by appointment)
5 p.m. – Mass Fellowship Dinner after Mass on 1st and 3rd Sundays of every month
Tuesdays:
11:30 a.m. – Daily Mass
Wednesdays:
11:30-12:30 p.m. – Adoration

Protestant Community

Sundays:
9 a.m. – Adult Sunday School (Chapel Library)
10:45 a.m. – Traditional Worship Service
Wednesdays:
4 p.m. - Music Rehearsal
Thursdays:
5:30 p.m. – Student Pilot Bible Study (Chapel Library)

Ecumenical services

Wednesdays:
6 p.m. – AWANA, a religious education program for children ages three years old to 6th grade
6 p.m. – Adult Bible study on the Gospel of John
6 p.m. – Youth Group

Everyone is a winner!

Chief Master Sgt. Johnathan Hover
14th Flying Training Wing Command Chief

As we near our Annual Awards ceremony to recognize those that have excelled during the 2017 year there is nothing we enjoy more than an opportunity to recognize the outstanding team of men and women who passionately come to work, ready to execute Team BLAZE's mission. Each of our nominees that will announced during our Annual Awards ceremony has contributed with outstanding dedication to the mission, and has clearly demonstrated their talent. They represent the best and the brightest of our All Volunteer Force, which includes our civilians and NAF Airmen, who work tirelessly to ensure our mission of Produce Pilots, Advance Airman and Feed the Fight is rock solid. But as extraordinary as our nominees are, I am confident their success is a result of the support they receive from their front line supervisors, their senior leadership, their peers, those they lead and the support they receive at home. So to the wonderful 14 Flying Training Wing spouses, friends, and significant others that will be in attendance during the ceremony,

thank you for your sacrifice and your support. Given the number of flying hours we accomplished during the year, it is no surprise that everyone nominated for their respective awards are among the top in their duty sections. As you might expect, no one works alone and it's critically important that we build enduring relationships across the wing. We are particularly proud of all your achievements and impressed with your solutions that many of you have generated in dealing with problems that extend into other avenues of creating the world's greatest pilots. What you do is important, and it matters! No matter whether you are working personnel issues, scheduling dental appointments or screening flying records for appropriate documents, you have all contributed, and it's a team effort! While we are only presenting one team award that night, know that you are all part of a great team, and there is still much more work to do, so there will be more opportunities in 2018! Thank you for your individual and collective achievements. Thanks again to all the nominees, their supervisors, the leadership team at large and of course the families.

Specialized Undergraduate Pilot Training
and
Flying
Demystified

Class for Spouses

Saturday
3 February 2018
9AM - 1PM

New pilot spouse or student pilot spouse?
Have questions about pilot training, Air Force, or flying?
Join us!

To Learn More Visit: mommypilots.wixsite.com/cafb

MyMC2 app



Welcome to the My Military Community information page. MyMC2 is the mobile application that centralizes all of your installation's community events, organizations and services right in your pocket.



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Blaze Hangar Tails: HH-60 Pave Hawk

Mission

The primary mission of the HH-60G Pave Hawk helicopter is to conduct day or night personnel recovery operations into hostile environments to recover isolated personnel during war. The HH-60G is also tasked to perform military operations other than war, including civil search and rescue, medical evacuation, disaster response, humanitarian assistance, security cooperation/aviation advisory, NASA space flight support, and rescue command and control.

Features

The Pave Hawk is a highly modified version of the Army Black Hawk helicopter which features an upgraded communications and navigation suite that includes integrated inertial navigation/global positioning/Doppler navigation systems, satellite communications, secure voice, and Have Quick communications.

All HH-60Gs have an automatic flight control system, night vision goggles with lighting and forward looking infrared system that greatly enhances night low-level operations. Additionally, Pave Hawks have color weather radar and an engine/rotor blade anti-ice system that gives the HH-60G an adverse weather capability.

Pave Hawk mission equipment includes a retractable

in-flight refueling probe, internal auxiliary fuel tanks, two crew-served 7.62mm or .50 caliber machineguns, and an 8,000-pound (3,600 kilograms) capacity cargo hook. To improve air transportability and shipboard operations, all HH-60Gs have folding rotor blades.

Pave Hawk combat enhancements include a radar warning receiver, infrared jammer and a flare/chaff countermeasure dispensing system.

Background

The Pave Hawk is a twin-engine medium-lift helicopter operated by Air Combat Command, Pacific Air Forces, Air Education and Training Command, U.S. Air Forces in Europe, Air National Guard and Air Force Reserve Command.

Pave Hawks have a long history of use in contingencies, starting in Operation Just Cause. During Operation Desert Storm they provided combat search and rescue coverage for coalition forces in western Iraq, coastal Kuwait, the Persian Gulf and Saudi Arabia. They also provided emergency evacuation coverage for U.S. Navy SEAL teams penetrating the Kuwaiti coast before the invasion.

General Characteristics

Primary Function: Personnel recovery in hostile condi-

tions and military operations other than war in day, night or marginal weather

Contractor: United Technologies/Sikorsky Aircraft Company

Power Plant: Two General Electric T700-GE-700 or T700-GE-701C engines

Thrust: 1,560-1,940 shaft horsepower, each engine

Rotor Diameter: 53 feet, 7 inches (14.1 meters)

Length: 64 feet, 8 inches (17.1 meters)

Height: 16 feet, 8 inches (4.4 meters)

Weight: 22,000 pounds (9,900 kilograms)

Maximum Takeoff Weight: 22,000 pounds (9,900 kilograms)

Fuel Capacity: 4,500 pounds (2,041 kilograms)

Payload: depends upon mission

Speed: 184 mph (159 knots)

Range: 504 nautical miles

Ceiling: 14,000 feet (4,267 meters)

Armament: Two 7.62mm or .50 caliber machineguns

Crew: Two pilots, one flight engineer and one gunner

Unit Cost: \$40.1 million (FY11 Dollars)

Initial operating capability: 1982

Inventory: Active force, 67; ANG, 17; Reserve, 15



U.S. Air Force photo by Staff Sgt. J.D. Strong II

An HH-60 Pave Hawk refuels during a training mission Nov. 28, 2017, at Kirtland Air Force Base, New Mexico. The HH-60 Pave Hawk is a twin-turboshaft engine helicopter that is equipped with a retractable in-flight refueling probe, internal auxiliary fuel tanks, two crew-served 7.62mm or .50 caliber machineguns, and an 8,000-pound (3,600 kilograms) capacity cargo hook.



U.S. Air Force photo by Senior Airman Kevin Tanenbaum

An HH-60 HH-60G Pave Hawk, assigned to the 66th Rescue Squadron at Nellis Air Force Base, Nevada, turns off its rotors after returning from Hurricane Irma relief efforts Sept. 15, 2017. The HH-60G is tasked with military operations other than war, including civil search and rescue, medical evacuation, disaster response and humanitarian assistance.



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Annual Award Nominees



Airman of the Year



Staff Sgt. Carl Ledford
14th Operations Group



Senior Airman Eliot Tremblay
14th Mission Support Group



Airman 1st Class Gabrielle Achuff
14th Medical Group



Staff Sgt. Jean Amani
14th Wing Staff Agencies

Non-Commissioned Officer of the Year



Tech. Sgt. Bryan Albrecht
14th Operations Group



Tech. Sgt. Andrew McAnally
14th Mission Support Group



Tech. Sgt. George MacEachern
14th Medical Group



Tech. Sgt. Christopher Gross
14th Wing Staff Agencies

Senior Non-Commissioned Officer of the Year



Master Sgt. Joshua Matias
14th Operations Group



Master Sgt. Cory Little
14th Mission Support Group



Master Sgt. Tisha Everett
14th Medical Group



Master Sgt. Angelique McCreary
14th Wing Staff Agencies

Company-Grade Officer of the Year



Capt. Karen Miller
14th Operations Group



1st Lt. Scott Guerin
14th Mission Support Group



Capt. Elizabeth Tillman
14th Medical Group



Capt. Afton Brown
14th Wing Staff Agencies

Field-Grade Officer of the Year



Maj. Barak Amundson
14th Operations Group



Maj. Eric Chase
14th Medical Group

Flight Commander of the Year



Maj. Aaron Jones
14th Operations Group



Capt. Stephen Caple
14th Mission Support Group



1st Lt. Daniel Wilson
14th Medical Group



Capt. Alisha Foster
14th Wing Staff Agencies

Instructor Pilot of the Year



Capt. Daniel Hill
37th Flying Training Squadron



1st Lt. Matthew Frasse
41st Flying Training Squadron



Capt. Jeffrey Asper
48th Flying Training Squadron



Capt. Kyle Sellner
49th Flying Training Squadron



Capt. William Rice
50th Flying Training Squadron

Instructor Pilot of the Year



Maj. Joseph Butters
81st Fighter Squadron



Capt. Sean Heatherman
14th Operations Support Squadron



Capt. Ryan Claussen
14th Student Squadron

Honor Guardsman of the Year



Airman 1st Class Robert Carrico
14th Operations Group



Staff Sgt. Tremaine Jones
14th Medical Group

First Sergeant of the Year



Master Sgt. Noe Torres
14th Operations Group



Master Sgt. David Pennington
14th Medical Group

Category I (NS) Civilian of the Year



Ms. Emily Pennington
14th Operations Group



Mr. Jason Ebbert
14th Mission Support Group



Mr. David Ross
14th Medical Group

Category II (SUP) Civilian of the Year



Mr. Linc Weinrich
14th Mission Support Group



Mr. Michael Nelson
14th Medical Group

Category II (NS) Civilian of the Year



Ms. Margaret Guenther
14th Operations Group



Mr. Raymond Schultz
14th Mission Support Group



Ms. Maria Rodriguez
14th Medical Group

Category II (NS) Civilian of the Year



Ms. LaKenzia Ham
14th Wing Staff Agencies



Ms. Edna Crosman
14th Wing Staff Agencies

Category III (SUP) Civilian of the Year



Mr. Danny Adams
14th Mission Support Group

Category III (NS) Civilian of the Year



Mr. Michael Counihan
14th Operations Group



Mr. John Trumm
14th Mission Support Group



Mr. William Cunningham
14th Wing Staff Agencies

Volunteer of the Year



Mrs. Liz Poeppelman
14th Operations Group



Senior Airman Katelyn Jaime
14th Mission Support Group



Staff Sgt. Kathleen Staples
14th Medical Group

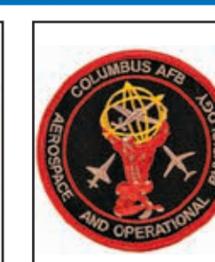


Staff Sgt. Whitney Felder
14th Wing Staff Agencies

Innovation Team of the Year



14 STUS Transition Office
14th Operations Group



Aerospace & Operational Physiology
14th Medical Group

NAF Category I Employee of the Year



Ms. Zenikia Curtis
14th Force Support Squadron

NAF Category II Employee of the Year



Mr. Caleb White
14th Force Support Squadron