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## Passport office provides guidance

**VICENZA** — Changes at the installation passport office here will affect Vicenza Military Community residents.

The USAG Italy Passport Office transitioned to a partial appointment system effective Jan. 16, with plans to implement a full online system in the near future.

According to Tamara Elston, chief of Military Personnel Division, garrison Directorate of Human Resources, the changes are necessary to allow the staff to better manage workflow and reduce customer wait times that were steadily increasing under previous operating procedures.

“The new schedule is a mix of walk-ins and appointments that enables us to set aside blocks of time for services that take longer,” Elston said, “like passport applications for families with three or more applicants or Consular Reports of Births Abroad (CRBAs) and Social Security card (SSC) applications which we



call ‘newborn packets.’”

The organization is expecting relief in the form of new employees in the coming months, but onboarding them will take time and services to the community must still be rendered.

“Though we are awaiting the arrival of three new hires who will all receive passport training, we are currently down to two employees in the section, only one of whom is an authorized passport agent. Until our new hires are onboard and fully trained, we have to make some changes

to handle the sheer volume of customers we see on a daily basis,” the division chief added.

The current schedule allows for walk-ins on Mondays and Tuesdays for all services except for those previously mentioned. Wednesday and Friday mornings are reserved for outprocessing Soldiers and civilians, passport pickup, and quick Q&A on a walk-in basis.

Appointments are scheduled for newborn packets, and no-fee and tourist passport applications and renewals for larger families during the afternoons. Families should plan for approximately 30 minutes per member for passport applications, though renewals only take 10-15 minutes per person.

Thursdays are full appointment days for official passport applications/renewals and both no-fee and tourist passport

See **PASSPORT**, page 5

## Congratulations to Fire & Emergency Services



**VICENZA** — Congratulations to the USAG Italy Fire & Emergency Services for winning the award for Best Fire Department in IMCOM-Europe (categorized). The dedication, desire and ability to serve our great communities in Tuscany and Veneto regions is nothing less than inspiring.

Pictured here: Fire & Emergency Services is proud to introduce the new mobile fire training tower. The trainer is the ultimate in multipurpose use. Firefighters will perform a multitude of training here, to include fire attack, incident command, forcible entry, and smoke-filled search and rescue training. The tower will serve Caserma Ederle, Del Din, Camp Darby and community partners at the *Vigili Del Fuoco* for real-world scenarios for the city of Vicenza.

(Courtesy photo)

## Albania flood victims receive help from Darby



Camp Darby warehouse worker Denise Pazzaglia uses the forklift to upload pallets of goods that support a humanitarian relief shipment to Albania. More than 2,200 pieces of equipment were shipped Jan. 17, from the Defense Security Cooperation Agency Humanitarian Assistance Program-Excess Property at Camp Darby.

**Story and photo**  
by Chiara Mattirollo  
DMC Public Affairs Office

**LIVORNO** — The Defense Security Cooperation Agency Humanitarian Assistance Program-Excess Property located at Camp Darby did its part Jan. 16 to support Albania after devastating flooding in the country.

The organization shipped 2,200 pieces of equipment packed on 37 pallets to Albania after torrential rainfalls hit the country several times in November and December. Almost 5,000 households were damaged and approximately 600 families are still homeless after being forced to evacuate.

In early December Albania officially requested international support. The response to the request came from the HAP-EP, a Department of Defense

See **ALBANIA**, page 3

## Italy Fun Facts

- Around €3,000 of change is thrown in the Trevi Fountain daily. It is collected and donated to charity.
- Vatican City is the smallest country in the world.
- Italy has 50 UNESCO World Heritage Sites, more than any other country.
- Eating pasta can be traced to the 4th century B.C.
- Lilies are the national flower of Italy.
- Italy is the fourth most visited country in the world.

(From www.roughguides.com)



# Voters from AZ, PA may cast ballots in special elections

**ALEXANDRIA, Va.** — The states of Arizona and Pennsylvania will conduct special elections soon. Overseas voters who wish to participate should adhere to the following guidance.

Arizona will hold a special primary election for the office of U.S. Representative for the 8th Congressional District to replace Trent Franks. The 8th Congressional District is in Maricopa County.

The special primary election will take place Feb. 27. The special general election will take place April 24.

Pennsylvania will conduct a special election March 13 to fill a vacancy for the 18th Congressional district, which includes parts of Green, Washington, Allegheny and Westmoreland counties.

### Postcard application

Service members, eligible family members and overseas citizens may use the Federal Post Card Application (FPCA) to register and request an absentee ballot. The form is accepted by all states and territories. Complete, sign and send the FPCA to your election office. Residents of these states should register and request an absentee ballot now starting at FVAP.gov.

### Arizona deadlines

For those not currently registered, the FPCA needs to be received by Jan. 29 to vote in the special primary; those who are currently registered, your FPCA ballot request must be received by Feb. 16.

### Pennsylvania deadlines

If you are not currently registered, your FPCA needs to be postmarked by Feb. 12. If you are currently registered, your FPCA ballot request must be received by March 12.

### Access

To access the FPCA, you can:

- Use the FPCA online assistant;
- Complete the fillable PDF version; or
- Pick up a hardcopy version from your Voting Assistance Officer or nearest U.S. Embassy or Consular Office.

Be sure to double-check that contact information is accurate in case your election office needs to reach you.

Detailed instructions and county contact information is available at [www.fvap.gov/arizona](http://www.fvap.gov/arizona).

### Absentee ballots

Voters who do not receive requested state ballots 30 days before the election may use a backup ballot called the Federal Write-In Absentee Ballot (FWAB) with an online assistant that



provides the candidate list. It's available using the "Get My Ballot" link at [www.fvap.gov/arizona](http://www.fvap.gov/arizona).

You may also fill out the PDF at [www.fvap.gov/uploads/FVAP/Forms/fwab2013.pdf](http://www.fvap.gov/uploads/FVAP/Forms/fwab2013.pdf) or pick up a hardcopy version from your Voting Assistance Officer or nearest U.S. Embassy or Consulate.

Voters who receive your state ballot after submitting the FWAB should still complete and return it, as well. Only one ballot per person will be counted.

## Federal program assists overseas constituents

**VICENZA** — The Federal Voting Assistance Program is a Department of Defense organization that works to ensure service members, eligible family members, and overseas citizens are aware of their right to vote and have the tools and resources to successfully do so from anywhere in the world.

FVAP assists voters through partnerships with the military services, Department of State, Department of Justice, and election officials from 50 States, U.S. territories and the District of Columbia.

State and local governments administer U.S. elections, including those for federal offices. FVAP supports state and local election officials by providing absentee voting information, materials, training and guidance.

Voters may contact FVAP's call center at 703-588-1584 (toll free 1-800-438-VOTE or DSN 425-1584) or email [vote@fvap.gov](mailto:vote@fvap.gov). Toll-free phone numbers from 67 countries are listed at FVAP.gov.

Find FVAP on Facebook at [facebook.com/DoDFVAP](https://www.facebook.com/DoDFVAP) and follow @FVAP on Twitter. The Installation Voting Assistance Officer is Cristita Bufford, DSN 637-7491.



### Patrons of the U.S. Army Health Center-Vicenza:

Sign up to message your provider/nurse directly with questions and for advice @ <https://mil.relayhealth.com>.

This is a benefit you'll want to use! Get your questions answered.

U.S. Army Europe Commander  
**Lt. Gen. Christopher G. Cavoli**

Acting U.S. Army Africa Commander  
**Brig. Gen. Eugene J. LeBoeuf**

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## Speak Out

By Laura Kreider and Chiara Mattiolo

### What are you most excited about for 2018?



**Asma Sidi**  
Family member  
*"Having a baby and my husband coming back home from deployment."*



**Michelle Willis**  
Child & Youth Services  
*"Doing more family trips together and being able to volunteer more in the community."*



**Pfc. Preston Israel**  
307th Military Intelligence Bn.  
*"All the challenges that await and everything that I will learn that I didn't know before."*



**Maurizio Lambardi**  
405th AFSBn Africa  
*"I hope it is a good year for health, family and work."*



**Marco Sciandra**  
1st Maresciallo, IBC (DMC)  
*"I am excited about being satisfied and thankful for what I have."*



**Massimiliano Manganelli**  
DES, Fire Department  
*"Excited about the upcoming political elections in Italy, hoping that they will finally bring stability and welfare for our country."*

The *Outlook* accepts submissions and wants to hear what readers want in your community newspaper!

Email content for consideration:  
[karin.j.martinez.civ@mail.mil](mailto:karin.j.martinez.civ@mail.mil); call editor for deadline.

Anyone with questions about submissions or comments/concerns should contact the *Outlook* Editor at the USAG Italy Public Affairs Office, DSN 637-8031, comm. 0444-61-8031.

### EMERGENCY NUMBERS

#### VICENZA

**FIRE AND MEDICAL EMERGENCY**  
DSN 117; Comm. 0444-71-7117 24 hours

**POLICE EMERGENCY**  
DSN 112 / 114 / 115; Comm. 0444-71-7115 24 hours

#### DARBY

**FIRE AND MEDICAL EMERGENCY**  
DSN 117; Comm. 051-54-7117 24 hours

**POLICE EMERGENCY**  
DSN 115; Comm. 051-54-7115 24 hours

*Anywhere in Italy — Off Post*  
**Fire 115; Ambulance 118**  
**Carabinieri 112; Police (local) 113**



# United States Army Europe welcomes new commander

Story and photo by Staff Sgt. Tamika Dillard  
U.S. Army Europe

**WIESBADEN, Germany** — Lieutenant Gen. Christopher G. Cavoli accepted the U.S. Army Europe colors and command during a Jan. 18 assumption of command ceremony here.

Cavoli has served in a variety of positions throughout his career, from commander of 1st Battalion, 32nd Infantry Regiment to director of Russia on the Joint Staff and deputy executive assistant for the Chairman of the Joint Chiefs of Staff. This is his second tour of duty in Germany after previously serving for two years as commander for U.S. Army Europe's 7th Army Joint Multinational Training Command in Grafenwoehr.

Commander for U.S. European Command and NATO Supreme Allied Commander Europe Gen. Curtis M. Scaparrotti presided over the ceremony. He said that during this time Cavoli is the right person to lead U.S. Army Europe.

"Chris is a strategic thinker and proven leader who has served in many positions throughout the U.S., Asia and Europe, with a deep expertise in European theater," Scaparrotti said. This, coupled with his fluency in four languages as a foreign area officer, specifically equips him to excel here. He is the right Soldier for the job."

Cavoli says he is glad to be back in the heart of Europe where he and his family have spent so much time.

"My family and my career are both intertwined with the past, the present and the future of this continent," Cavoli said. "It is with personal warmth as well as professional enthusiasm that we've returned and come to this post. It is the realization of my fondest dream."

Cavoli added that his father was an Italian American officer stationed in Europe during the Cold War. He was born in Germany and spent the majority of his childhood growing up in Rome, Verona, Vicenza and Gissa.

During his military career, he's served in Germany and Italy.

In closing remarks, Cavoli assured Scaparrotti, U.S. Army Europe and its Allies and partners of his commitment to the relationship and interoperability between the U.S. and partner countries.



Commander for U.S. European Command and NATO Supreme Allied Commander Europe, Gen. Curtis M. Scaparrotti, passes the command colors to Lt. Gen. Christopher Cavoli during an assumption of command ceremony Jan. 18 in Wiesbaden, Germany. Cavoli is the 39th commander for U.S. Army Europe.

"I understand the importance of this position and the gravity of these times," he said. "We are, together, the most successful and the strongest military alliance in the history of mankind. I will do our part in keeping things so ... in the traditions that have made this alliance great. We are in this together and I will not let you down."

Cavoli is the 39th commanding general for U.S. Army Europe.

## Veterinary clinic increases access to care by testing Saturday, extra hours

by Capt. Jennifer Silvers  
Vicenza Veterinary Services

In an effort to increase access to care, the Vicenza Veterinary Treatment Facility in Longare held its first weekend clinic hours on a Saturday.

The clinic was open Jan. 6 from 8 a.m. to 1 p.m. for wellness and sick call appointments, thus providing services to 22 patients outside of the regular workweek.

The Vicenza Military Community has been extremely supportive of these trial hours, according to those who led the effort.

Because the VTF is located in Longare, it is sometimes difficult for some residents to reach the clinic during normal operating hours. Offering appointments on Saturdays allows members of the community to attend to the health of their pets during a more convenient time.

The veterinary facility is planning on holding Saturday clinic hours in the future with dates to be announced.



Specialist Jose Armendariz, animal care specialist, holds Kalil while Capt. Jennifer Silvers, Army veterinarian and branch chief for Vicenza Veterinary Services, auscultates the dog's heart and lungs. (Photo by Raphael Pedrozo)

To continue to increase access to care for clients, the clinic also offered a trial period of later hours this week, Jan. 22-26. The clinic was open 9 a.m.-1 p.m. and 2-5 p.m. This allowed for appointments during the lunch hour and later in the afternoon to accommodate clients' schedules.

The VTF will be moving to its new location on Caserma Ederle in the U.S. Army Health Center-Vicenza this summer; the new location is currently under construction. The vet will be located within the same building as the health center but will have a separate entrance, dedicated pet relief area, and client parking area.

The clinic is currently taking appointments.

Please remember to contact the clinic early in your plan for

PCS/ETS and learn how to obtain your pet's European Union pet passport.

Regular hours are Monday through Friday, 8 a.m. to noon and 1-4 p.m. Call DSN 637-8272 for more information, comm. 0444-61-8272.

## ALBANIA

(Continued from page 1)

operation managed by DSCA, which is located in Washington. DSCA requested support Dec. 20 to the HAP-EP at Camp Darby and to its sister warehouse in Albany, Ga.

The purpose of the EP program is to acquire non-lethal excess Defense Logistics Agency property and donate that equipment to foreign countries in support of State Department-sponsored humanitarian steady-state projects and contingency disaster relief missions.

### Support on pallets

"DSCA's Livorno Humanitarian Assistance Program warehouse is supporting this effort by sending one commercial 44-foot truck loaded with equipment grouped on 37 pallets to Albania including vests, blankets, sleeping bags, sand bags and a water pump," said HAP Supply Technician Becky Lauersdorf.

"One of the biggest challenges is the short response time. It normally takes three to six months of planning. This time, disaster called on Dec. 20 and, being a holiday period, the workforce was reduced," said Janine Wick, HAP manager.

### Customs' rules, regulations

According to Wick, another challenge is to set up a transportation contract and deal with Customs.

"We couldn't have completed our mission without the precious support of the 14th Transportation Movement Control Team in Livorno betting up contracts and making sure all the transportation and customs documents were in compliance, she added.

"The project is to support the Directorate for Civil Emergencies in Albania in order to mitigate the effects of the flooding (that) impacted the central and southern part of Albania, as well as improve DP/DR capabilities for future floods," said Wick.

### How it will help

According to Wick, the requested items will assist the Albanian institutions in controlling flooding in vulnerable areas, some of which are still under water. These items will assist the Albanian government in disaster relief, as they will be able to provide equipment to some emergency service centers.

"This will serve to generate a long-term, positive public relations atmosphere in the area, as citizens understand that the Albanian and U.S. governments are concerned about their welfare and are taking steps toward improvement of essential disaster respond services," said Wick.

Through the HAP-EP Livorno activity, DSCA provides civilian-military cooperation, capacity building of partner nations, and strengthens regional stability and security while promoting U.S. national security interests.

### Other projects

In the past year, HAP Livorno was assigned humanitarian projects to support various emergencies in Georgia, Lithuania, Croatia, Albania, Senegal, Moldova, Ukraine, Armenia, Estonia, Macedonia and Kosovo.

"Speed of sending out projects depends on available items through DLA, transportation support and contracts, customs issues, etc. My goal is to send out at least one project every month," said Wick.

The team working at HAP Livorno considers itself fortunate to be able to perform such a rewarding job.

"The best part about this project is (gaining) excess property through DLA and using it for our mission," said Mike Fiyalco, HAP warehouse supervisor. "At the end of day, you know you have worked to help people in need and this rewarding feeling pays off."

### For more information

More information on the DSCA Humanitarian Assistance Program can be found online at <http://www.dsca.mil/programs/humanitarian-assistance-disaster-relief-mine-action>.

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AFN Vicenza  
Radio online  
at [afneurope.net](http://afneurope.net)  
or download the AFN Europe app





Celebrating Martin Luther King Jr.

**CASERMA EDERLE** — Vicenza Military Community celebrated the legacy of Dr. Martin Luther King Jr. with an observance Jan. 17 at the Golden Lion. Vicenza Middle School Principal Stephanie M. El Sayed was guest speaker for the event organized by the Vicenza Military Equal Opportunity Office. She delivered remarks after the Vicenza Gospel Choir performance. At right: U.S. Army Africa Commander Brig. Gen. Eugene J. LeBoeuf and El Sayed cut the cake at the event. Above: LeBoeuf and Command Sgt. Maj. Jeremiah Inman, USARAF command sergeant major, congratulate fifth-graders (from left to right) Angelina Ramirez, Lorenzo Souza and Jackson Brock, respectively placed second, first and third in the MLK Essay Contest.

(Photos by Laura Kreider, VMC Public Affairs Office)



At the movies



Coco  
(Rated PG)

Aspiring musician Miguel, confronted with his family's ancestral ban on music, enters the Land of the Dead to find his great-great-grandfather, a legendary singer.

Jan. 26	7 p.m.	Pitch Perfect 3	(PG-13)
	10 p.m.	The Shape of Water	(R)
Jan. 27	3 p.m.	Ferdinand	(PG)
	6 p.m.	The Commuter	(PG-13)
Jan. 28	3 p.m.	Coco	(PG)
	6 p.m.	Molly's Game	(R)
Jan. 31	7 p.m.	Jumanji	(PG-13)
Feb. 1	7 p.m.	Insidious: The Last Key	(PG-13)
Feb. 2	7 p.m.	Maze Runner: The Death Cure	(PG-13)
	10 p.m.	Three Billboards Outside Ebbing, Mo.	(R)
Feb. 3	3 p.m.	The Greatest Showman	(PG)
	6 p.m.	Winchester	(PG-13)
Feb. 4	3 p.m.	The Greatest Showman	(PG)
	6 p.m.	Maze Runner: The Death Cure	(PG-13)
Feb. 7	7 p.m.	Three Billboards Outside Ebbing, Mo.	(R)
Feb. 8	7 p.m.	Winchester	(PG-13)
Feb. 9	7 p.m.	The 14:17 to Paris	(PG-13)
	10 p.m.	Fifty Shades Freed	(R)
Feb. 10	3 p.m.	Coco	(PG)

Admission

3D first run: Adult \$8.50/Under 12 \$5.75  
3D second run: Adult \$8/Under 12 \$5.50  
First run: Adult \$6.50/Under 12, \$3.75; Second run: Adult \$6/Under 12 \$3.50  
Schedule is subject to change without notice.

US taxpayers with ITIN should check expiration date

by Capt. Tara J. Arndt  
Tax Center Officer in Charge

**VICENZA** — All individuals listed on a federal United States tax return must have an identification number. While United States citizens and permanent residents (also called “green card holders”) may use a Social Security number, non-United States persons must apply for and be issued an Individual Taxpayer Identification Number (ITIN). If this is the first year you will require an ITIN, you may apply for one when the tax return is filed this tax season. However, those who have been issued an ITIN in the past must be sure to check the expiration date.

ITINs that contain middle digits of 70, 71, 72, or 80 (e.g. 9NN-70-NNNN), or that have not been used on a tax return in one of the past three tax years, expired on Dec. 31, 2017, and must be renewed. Taxpayers may renew the ITIN immediately and do not have to wait for a notice from the IRS to do so. Failing to renew the ITIN as soon as possible could delay processing of any entitled refund. To renew the ITIN, submit a completed Form W-7 with all required supporting documentation. Just like when the ITIN was first issued, supporting documentation must be certified by the issuing agency. Stop by the Vicenza Tax Center in Building 166 on Caserma Ederle, with any questions about the process

### Voting Residence

Uniformed Service Members and Their Eligible Family Members  
FACT SHEET

Wherever U.S. citizens go, FVAP ensures their voice is heard.

The Federal Voting Assistance Program (FVAP) works to ensure Service members, their eligible family members and overseas citizens are aware of their right to vote and have the tools and resources to successfully do so - from anywhere in the world.

**What is a voting residence and why is it important?**

Your voting residence is within your State of legal residence or domicile. It is the true, fixed address that you consider your permanent home and where you had a physical presence. Your State of legal residence is used for State income tax purposes, and determines eligibility to vote for Federal and State elections and qualification for in-state tuition rates.

State of legal residence and voting residence is sometimes mistaken for home of record. While your voting residence may be the same as your home of record at the beginning of your military career, if you change your legal residence or domicile at any point you also need to update your voting residence.

To claim a new legal residence or domicile, consult your legal counsel or military legal assistance office, as there may be other factors to consider, such as tax implications.



# Creating pure drinking water for thirsty Soldiers

**Story and photo**  
**by Lt. Col. John Hall**  
173rd Airborne Brigade Public Affairs Officer

**VICENZA** — At the height of Ancient Rome, those who maintained the water supply to the Empire were regarded to be among the most important citizens. Water is no less important today to our civilization and armies.

Supplying continuous, clean water to the 4,600 paratroopers who are the U.S. Army's Contingency Response Force for Europe, Africa and the Middle East, with sustained operations throughout the region, is a tall order.

To ensure the Light Water Purifier (LWP) team is prepared to execute their support mission, the water purification platoon of the 173rd Airborne Brigade Support Battalion, conducted a day and night tactical movement to emplace their equipment, and once on site, to have it operational within the Army standard of 45 minutes.

The operation began at a tactical assembly area where 1st Lt. Natalie Bader, a Quartermaster officer with a degree in biochemistry from Lehigh University in Bethlehem, Pa., collected her platoon. She then led the fuel-and-water platoon through a dismounted patrol through an urban area. Once they selected a suitable water source, they went to work to put their air droppable LWP into operation.

"This purification system is capable of producing 2,500 gallons of clean water per day," said Bader, proudly.

This team and system dropped into Bul-



The water purification team offloads equipment to ready it for operation in support of 173rd Airborne Brigade.

garia last summer to support the 173rd Airborne Brigade in the Saber Guardian Exercise.

"In the past year we have not only fueled the wheeled vehicles of the 173rd Airborne Brigade, we have also supported flight operations for Apache and Blackhawk helicopters as well as FARPs [Forward Area Refueling Points] for operations throughout Europe supporting

our paratroopers and NATO allies," she added.

The airborne water purification team quickly unloaded the meticulously packed humvee. Platoon Sergeant Sgt. 1st Class Anthone Nice, a Ranger-qualified water purification (noncommissioned officer), described the action as "organized chaos." In careful choreography, the paratroopers worked to offload the heavy

pumps and reverse osmosis systems, while other Soldiers set up the generator and laid out electrical wiring. Still others laid out the water hose and connected the system. From the time they began assembly until they primed the pump and purified water was flowing, only 40 minutes had passed.

"I am so proud of my paratroopers," said Bader. "In this platoon we have both 92F fuelers, and 92W 'water dogs.' To ensure we can always meet the needs of the 173rd Airborne Brigade 'Sky Soldiers,' we have cross-trained every Soldier. Every fueler is trained to filter water, and every water treatment specialist can assist with fueling operations."

"My paratroopers are like a team of chemists, testing and adding chemicals," said Bader. "My platoon will make sure the 173rd Airborne Brigade and our allies have the water to win the fight."

"In all of the armies, in all of the world, this team right here, (includes) the only Soldiers who jump out of airplanes and create clean water at the brigade level.

"For a forward-deployed fighting force like the 173rd Airborne Brigade, sustained, clean water for our paratroopers makes us even more lethal," said Brigade Support Battalion Commander Lt. Col. Christopher Baker.

The "Sky Soldier" water purification team is trained, tested and ready to support the 173rd Airborne Brigade mission to provide rapidly deployable forces to face any adversary. The team is an essential element in this airborne force that is always fast, "light and ready to fight," and win.

## PASSPORTS

(Continued from page 1)

applications/renewals for families with only one to two applicants. Outprocessing Soldiers and civilians can stop by for walk-in service.

"It's important that customers sign in on the appropriate clipboard upon arrival as we are constantly conducting triage in order to identify those who are outprocessing or picking up passports so we can get them in and out as quickly as possible," explained Elston.

**Priorities**

Community members should understand that the priority mission is as follows: (1) official travel documents, (2) outprocessing and (3) birth registrations. Though Elston said they are "happy to process tourist passport applications," customers may anticipate longer wait times to be seen.

"We recommend that customers provide their contact information on the appointment clipboard," she said. "This allows us to follow up with them via email to schedule an appointment."

### Hours

Office hours are 9-11:30 a.m. and 1-3 p.m. Documentation checklists for each type of action are available in the Passport Office lobby during operating hours, though the staff recommends that newborn packet applicants stop by before making an appointment to review requirements with a staff member.

This may be done during regular walk-in hours or after they register the birth at the Comune di Vicenza. Applicants without all required documentation upon arrival will be asked to reschedule.

### Future plans

Online scheduling options are currently being explored for an eventual transition to a full appointment system. Additionally, the MPD plans to implement weekly group briefings to go over the various ac-

tions and procedures.

### Recommendations

In the interim, Elston asks for help from community members to inform incoming Soldiers and family members that the best course of action is to apply for tourist passports and renewals before leaving the United States. The cost is the same, but renewals can be submitted online and passport applications are accepted at most U. S. post offices.

The Department of State website provides full details to include when, where, and how to apply at <https://travel.state.gov/content/travel/en/passports/apply-renew-passport.html>.

Installation passport offices in the U.S. are not authorized to process tourist passports.

"Every family member must have a tourist passport for personal travel," Elston explained. "Use of official travel documents is not only not allowed, but is also a security risk. The only other option once in country is to travel to Rome or Milan for expedited service, though those offices will typically help only in emergency situations.

"Bottom line: It is much quicker and easier for folks to get their tourist passports stateside. Though we've enlisted the assistance of the CONUS MPDs to make the recommendation during the official passport application process, we've found that word of mouth and social media are much more effective in getting the message out."

### Contact information

The Passport Office email address for scheduling appointments is [usarmy.usag-italy.imcom-europe.mbx.passport-office@mail.mil](mailto:usarmy.usag-italy.imcom-europe.mbx.passport-office@mail.mil). The full schedule of services can be found on the USAG Italy website, [www.italy.army.mil](http://www.italy.army.mil), and Facebook page, [www.facebook.com/vmcitaly](https://www.facebook.com/vmcitaly).



## Watching over Parma

**PARMA** — Giuseppe Garibaldi (1807-1882) watches over the main square, Piazza Garibaldi, in Parma. Garibaldi was an Italian general, politician and nationalist who played a large role in the history of Italy. He is considered one of the greatest generals of modern times, and was instrumental in the unification of Italy. Parma, considered to be the "City of Gastronomy," boasts several food museums and has food tours. For more information about the city, visit [www.turismo.comune.parma.it](http://www.turismo.comune.parma.it), or stop by the Outdoor Recreation Office on Caserma Ederle for suggestions or to set up a group tour.

(Photo by Karin J. Martinez, Outlook Editor)





**PORDENONE** — A U.S. Army paratrooper assigned to 1st Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade, waits in cover for his target to get into position. The unit participated in a simulated ambush scenario at Dandolo Range, Jan. 18. The 173rd Airborne Brigade is the U.S. Army Contingency Response Force in Europe, capable of projecting ready forces anywhere in the U.S. European, Africa or Central Commands' areas of responsibility. (Photos by Davide Dalla Massara, 7th ATC-RTSD South)

# 'Sky Soldiers' hone ground skills



A 1st Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade Soldier (right) lifts the body of an enemy combatant role player while his teammate prepares to check underneath during training at Dandolo Range.



(Top) Paratroopers provide security around a wounded enemy combatant role player.

(Above) A Soldier from 1st Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade, checks the enemy role player during the exercise.



Maternal health, delivery in Vicenza  
Care team offers support for expectant mothers

by Tamara Passut  
Contributor

**VICENZA** — While bringing a child into the world is a different experience for every woman and baby, the methods and technology available in the Vicenza area are at the same standard of care as hospitals in the United States.

The local Obstetrics and Gynecology Clinic, a host nation facility in the Vicenza community, offers expectant mothers personalized prenatal care with an English speaking all-female care team. There, mothers receive ultrasounds and prenatal education just like in the United States, with the added benefit of being able to call and speak to the physician with any concerns.

To begin prenatal care, patients should visit their Primary Care Manager to get a referral to the host nation OBGYN Clinic to receive prenatal care for the duration of their pregnancy. When the big day comes, patients go to the host nation healthcare facility, San Bortolo Hospital, located in Vicenza.

“San Bortolo Hospital delivers approximately 3,000 babies a year with full time, in-house neonatal and obstetrical teams, and their team is very well equipped for any emergency situation, should the need arise.

"They also offer epidurals and other pain control options much like in the United States, with English-speaking liaisons available 24/7 to assist with communication – though many of the doctors also speak English,” said Dr. Steven Novek, San Bortolo Liaison Supervisor,



U.S. Army Health Center-Vicenza.

Having a baby in Italy is not something every American can claim, but that opportunity is experienced by about 20 women a month from the U.S. Army Garrison Italy community at the San Bortolo Hospital.

While the USAHC-Vicenza does not offer obstetrical care or labor and delivery, they do offer a Childbirth Bootcamp on a monthly basis on Caserma Ederle.

“This introduction program offers a glimpse of what to expect, the do’s and don’ts while pregnant, stages and phases of labor, and pain management techniques,” said Marianna Dobbins, mater-

nal health educator, USAHC-Vicenza.

Dobbins said she is confident that women who take the Childbirth Bootcamp are well equipped to have the best experience possible at San Bortolo Hospital.

“I like to remind patients that the main language at San Bortolo is Italian, so there may be times when the care team talks among themselves in Italian,” said Dobbins. “That is why we have the English-speaking liaisons at the hospital 24/7, to help with any concerns or communication needs during the mother-and-baby’s stay.”

Once mother and child are discharged from San Bortolo, they are able to receive continuing care at the health center on Caserma Ederle.

Like most experiences with a new culture, understanding and being prepared for possible language and cultural differences up front empowers patients to make their experience the best possible. Learning the basics of labor and delivery and a few key words in Italian will go a long way in providing a less stressful and more relaxed delivery.

Childbirth Bootcamp is offered the third Wednesday of the month from 2 to 4 p.m. in the second floor training classroom at health center. Spouses and support people are encouraged to attend this class together with the pregnant mother during the third trimester of the pregnancy. Registration for the Childbirth Bootcamp is recommended by calling and leaving a voicemail at 0444-61-9645.

*Passut is the Patient Advocate and Public Affairs Representative for U.S. Army Health Center-Vicenza.*

Casting 101 at high school biology lab

by Tamara Passut  
Contributor

**VICENZA** — Three Soldiers from U.S. Army Africa and the Vicenza Health Center teamed up to provide hands-on education about orthopedic injuries and fracture care for a Vicenza High School biology class Jan. 9.

The instruction and demonstration involved a brief introduction by Maj. Jason Auchincloss, USARAF senior physician assistant, and a quick discussion on the importance of orthopedics.

X-ray examples of fractured limbs were circulated and a brief

*“... (I hope one day) one of these bright young kids will be there to take care of me.”  
—Maj. Jason Auchincloss,  
USARAF senior physician assistant*

verbal quiz was given to review the names and locations of some of the more well-known bones in the skeletal system.

Auchincloss then handed off the class to health center orthopedic casting expert Staff Sgt.

Steven Fike, who led the class in a safety briefing, followed by a

demonstration on how to apply a short arm cast.

A USARAF medic, Pfc. Brenden Brown, volunteered to be an assistant. Under his, Fike’s, Auchincloss’s and VHS teacher Kelly York’s watchful eyes, the VHS students had the opportunity to apply casts on each others’ arms.

At the end of the lesson, casts were removed and the students were able to take them home as mementos.

While the class was intended to be enjoyable for the students, the purpose was to provide them an opportunity for experiential learning by applying real-world applications for the information they were seeing. The teachers also hoped to possibly expose them to career fields about which they might not have been aware, Auchincloss said.

”I hope the class we provided will enhance their knowledge and recollection of the material when it comes time to write exams, and I hope to ignite a passion for medicine in the future techs and doctors in the classroom,” he said. “After all, there is a good chance that one day I will need ready access to health care and hopefully one of these bright young kids will be there to take care of me.”

*Passut is the Patient Advocate and Public Affairs Representative for U.S. Army Health Center-Vicenza.*

Time to apply  
for \$2,000 in  
scholarships

**VICENZA** — The defense commissaries at Caserma Ederle and Camp Darby are again making available a \$2,000 Scholarship for Military Children.

The scholarship program is open to sons and daughters of active duty, reserve/Guard, or retired military commissary customers. Recipients must be enrolled or planning to enroll full-time in a four-year undergraduate college or university, accredited in the United States, or a two-year community college. They must have a minimum cumulative grade point average of 3.0 on a 4.0 scale.

To apply for the scholarship, applicants must download a two-page application from at [www.militaryscholar.org](http://www.militaryscholar.org).

There is also a short essay question where applicants have the opportunity to share their thoughts about the following question: *With the development of high speed Internet, you are now living in a world that is completely different than 20 years ago. What are the pluses and minuses for society and the family? How would you address the minuses?*

Deadline for scholarship applications is Feb. 16. The scholarship application can be turned in at the commissary administration office, Monday through Friday, 9 a.m. – 5 p.m., or at the cash office for all other hours.

According to the Vicenza commissary manager, 12 applications were received last year and Arianna Ortiz was awarded the scholarship.

The Scholarships for Military Children Program is primarily funded through the generosity of manufacturers and suppliers whose products are sold at military commissaries worldwide.

Chapel activities

**Chapel Services, Vicenza**  
VMC Chapel, Building 29  
Phone: 637-7575

**Sunday schedule**  
9-10 a.m. Roman Catholic  
11 a.m.-noon Protestant  
1:30-3 p.m. Gospel  
5-6 p.m. Contemporary Protestant

**Protestant Women’s Bible Studies**  
9:15 a.m.-noon Tuesdays  
5:30-7 p.m. Tuesdays

**Protestant Men of the Chapel**  
Bible Study 5:30-7 p.m. Tuesdays

**Saint Mark’s Catholic Women of the Chapel**  
9 a.m.-noon Mondays

**Youth of the Chapel**  
Grades 6-12 5:30-8 p.m. Wednesdays

**Bible/book studies**  
Chapel Activity Room, Building 29  
6:30-7:30 p.m. Thursdays  
Gospel Service/Bible Study

**The Church of Jesus Christ of Latter-Day Saints**  
Building 395 6:30-7:30 a.m. Mon through Fri

**Jewish:** Call chapel for more information.  
**Del Din Soldier Ministry**  
Call DSN 637-4690 for information.

**Chapel Services, Camp Darby**  
DSN 633-7267, comm. 050-54-7267

**Sunday schedule**  
9-10 a.m. Roman Catholic  
10:30 a.m. Protestant

**Protestant Women of the Chapel**  
Bible Study  
9:30 a.m. Tuesdays



**WHERE TO GET HELP IN CRISIS**

**Military Police 24/7 — (on post/local) 112/114/115, comm. 0444-71-7115 (VICENZA)**  
**Military Police 24/7 — (on post/local) 115 comm. 051-54-7115 (DARBY)**  
**Chaplain 24/7: 0444-66-2273 (CARE)**  
**Behavioral Health: 0444-61-9140**  
**MFLC: 333-489-8967/345-077-0476**

**Military Crisis Line: (in Europe) 00-800-1273-8255/DSN 118**  
**Domestic violence hotline: 0444-71-5878 (JUST)**  
**Sexual assault hotline: 0444-71-7272 (SARC)**  
**American Red Cross: 0444-71-7089**



In parenting, sometimes being 'good enough' is absolutely perfect

By Mieke VanderBorgh  
Contributor

**VICENZA** — Welcome to the new year. Right about now is when many people take stock of where they are in their lives and compare that to where they'd like to be. Resolutions for a better you abound as we think about what we can improve upon. Parents are no different. Anyone out there thinking about how they can be better parents? Good for you! This is a great time to examine your parenting habits and think about whether there's anything you'd like to change. Don't forget to talk about it with your children — in an age appropriate way of course — so they're in on the game and are aware of any changing rules or family dynamics. As you keep goals to be better parents in mind however, consider another kind of parenting resolution: to be as forgiving with yourselves as you'd like to be with your children. We all know you're the perfect parent: Every meal is nutritionally balanced and home cooked (even baby never eats food from a jar), you custom sew Halloween costumes, you've never lost patience or

raised your voice, and your children are always lovely little angels that get top-notch grades, always listen, and have never failed or been disappointed, right? No? Well join the club! Now that we're in touch with reality, let's consider the distinction between the perfect parent and the “good enough” parent, first introduced by psychoanalyst and pediatrician, Donald Winnicott. The perfect parent never falters and is the shining ideal we'd all like to be. But life gets in the way. We're sleep deprived, children whine, stressors get us down, children will inevitably make mistakes, and dinner needs to somehow magically appear on the table. That's when the good enough parent

steps in. Don't reach your ideals all the time? That's okay; in fact in may even be better for your children. By recognizing that we aren't perfect ourselves, it's easier to understand that our children aren't perfect either. They are flawed human beings, just like we are. We love and accept them both despite of, and because of, their flaws. When we're not hovering over our children, doing everything perfectly and at the ready to fix every problem, we give them the space they need to learn for themselves. Children need to step up, develop a sense of personal responsibility, take risks, make mistakes and learn from them. Let's be clear: This is not an argument for mediocre parenting. Rather, it's a re-

minder that, though we should always aim for being the best parents we can be, sometimes that best isn't perfect. Sometimes we're tired or stressed out or distracted, or we just don't know how to handle a situation and muddle our way through it. Don't beat yourselves up about those moments; We're parents, not superheroes. If you're keeping your children safe, and the majority of the time they are surrounded with love, compassion, good guidance, loving discipline, and a good dose of age-appropriate stimulation for learning and growth, rest assured you're doing good enough. So by all means, think about how your parenting can better match your children's needs, and make changes if necessary. But also give yourselves a pat on the back for surviving through the toughest job there is. Strive for perfection, but be ready and willing to accept good enough.

*(VanderBorgh has a Ph.D. in developmental psychology. She is an expert in early cognitive development in children. She is also the Child Development Specialist/Media Educator and Family Advocacy Program Parent-Child Educator and Emergency Placement Coordinator for U.S. Army Garrison Italy.)*



Sports

Vicenza High school Grapplers take to the mats in first meet of season



**VICENZA** — Vicenza High School Cougar Ethan Johnston, right, competes against Lance Smith of Naples in the 182-lb. weight class during the first home wrestling meet Jan. 13. The event took place at the VHS gymnasium on Caserma Ederle. Visiting teams included Aviano, Hohenfels, Naples, Sigonella and Vilseck. Johnston placed second in his category. This weekend, the Cougars travel to Vilseck, Germany, to compete against Hohenfels, Stuttgart and Munich, and before Feb. 10 sectionals, they will also wrestle in Naples. *(Photos by Laura Kreider, VMC Public Affairs Office)*



Vicenza High School wrestlers Dario Balke (left) and Lucie Compton check in before their match in the 145-lb. weight class during the first home wrestling meet Jan. 13. Balke beat Smith, 6-3. Bottom left: The two wrestlers during their match.



Vicenza High School's Joshua Whitman (top) and Derriane Sims of Naples wrestle in the 285-lb. weight class during the wrestling meet. Whitman won the match and placed third in his class. At left: Cougars' Nicholas Verduga (top) and Israel Ruelas wrestle in the 113-lbs weight class. Verduga placed second and Ruelas placed fourth in their class.



# News briefs

## Apply now for VCC scholarships

The Vicenza Community Club scholarships have a long history of helping students in the community to achieve their goals. The VCC offers three education scholarships this spring: the High School Senior Scholarship for 2018-19 academic year; Emi Fondi Scholarship for adult VCC members; and Pia Manetti Scholarship for dependents of VCC members. Spring 2018 applications are open through April 15. For eligibility criteria and more information, visit the VCC webpage at <http://vccitaly.org/scholarships>. Or contact Rose Roorda, scholarships chairperson at [scholar-vcc@vccitaly.org](mailto:scholar-vcc@vccitaly.org); phone: 329-815-7024.

## Register for EMT training

Central Texas College is registering personnel now for an Emergency Medical Technician refresher course set to run Feb. 13-24, and an Emergency Medical Basic course, which will take place Feb. 26-May 17. The basic course leads to EMT National Registry Certification. For more information, please contact the Vicenza office of Central Texas College at DSN 637 8145, or by email: [vicenza@europe.ctcd.edu](mailto:vicenza@europe.ctcd.edu).

## Changes at Military Police desk

Through April 20, the Military Police Desk will be at the back of the building to allow for construction. All patrons having business with the MP Desk will have to proceed to the rear of Building 4B, to the double doors, and use the intercom there to contact the desk for

entry. All MP-related functions will be conducted through this access point. The Pass and Badge office will remain in its current location throughout this construction project. For more information, contact the MP Desk at DSN 634-7626, comm. 0444-71-7626.

## Make VA benefits appointments

Anyone with questions about veterans benefits should make an appointment with the Department of Veteran Affairs Overseas Military Service Coordinator (OMSC). The OMSC is available on the following dates: Jan. 29-Feb. 2; Feb. 21-23; March 5-9; and March 22-23. Receive assistance with eBenefits enrollment, disability compensation, claims development, education benefits, housing, survivor benefits and more. Active-duty service members, veterans, survivors, spouses and dependents may make individual appointments. Call DSN 637-8155/8156, comm. 0444-61-8155/8156. Or email [julie.machak@serco-na.com](mailto:julie.machak@serco-na.com) or [kathryn.dunbar@serco-na.com](mailto:kathryn.dunbar@serco-na.com).

## Resiliency through art

For those feeling stress, depression or anxiety, check out the Resiliency through Art program. The Art Center offers **Adult Resiliency through Art** Tuesdays 11:30 a.m. to 1 p.m. at the center on Caserma Ederle; Wednesdays 5-6:30 p.m. at the Del Din Fitness Center (2nd floor); and Thursdays 5-6:30 p.m. at the Art Center.

Time is also set aside for **Youth/Teen Creative Expression**: Tuesdays 3-6

p.m. at the Youth Center on Villaggio; and Thursdays 1:30-3:30 p.m. at the Caserma Ederle library. Call the Ederle Art Center at DSN 634-7846, comm. 0444-61-7846 for more information.

## ASIST workshop available

Registration begins now through Feb. 23 for a two-day workshop: Applied Suicide Intervention Skill Training. The workshop will take place March 8-9, 9 a.m. to 4 p.m., at Building 305 on Caserma Ederle. \*This is the building across from the Art Center, up the ramp. ASIST is viewed in the same way people view CPR or basic first aid. Just as those skills make physical first aid possible, training in suicide intervention develops skills used in suicide first aid. ASIST teaches skill to anyone who may come into contact with a person at risk, and is the most widely used suicide intervention model in the world. To register, email name, organization/unit and phone number to [usarmy.usag-italy](mailto:usarmy.usag-italy).

[id-europe.mbx.usag-italy-asap@mail.mil](mailto:usarmy.usag-italy). Call the Army Substance Abuse Program for more information, DSN 637-7245, comm. 0444-61-7245.

## BOSS discount

Members of Better Opportunities for Single Soldiers can enjoy savings on all adventures with the Outdoor Recreation discount. Geographical bachelors and bachelorettes save 10 percent on day trips through ODR. Register for trips at the ODR facility, on WebTrac, or by calling DSN 634-7453, comm. 0444-71-7453.

## Medical 'benvenuti'

The U.S. Army Health Center-Vicenza welcomes newcomers with their 'benvenuti' healthcare briefing. The briefing takes place every Wednesday, 1:15-2 p.m. in the training classroom at the health center. Tour the clinic and ask questions. Children are welcome if childcare cannot be arranged.



## In the zone

**PORDENONE** — Paratroopers assigned to 173rd Brigade Support Battalion, 173rd Airborne Brigade, conducted airborne operations in Aviano Jan. 18. Above: Soldiers descend onto Juliet Drop Zone after exiting a United States Air Force 86th Air Wing C-130 Hercules aircraft. At left: A Soldier lands on the drop zone. (Photos by Davide Dalla Massara, 7th ATC-RTSD South)



*Carnevale* is celebrated in Italy and many places around the world 40 days (not counting Sundays) before Easter. It is a huge winter festival celebrated with parades, masquerade balls, entertainment, music, and parties. Children throw *coriandoli* (confetti) at each other. Mischief and pranks are also common, hence the saying, "*A Carnevale ogni scherzo vale*," (anything goes at Carnival). *Carnevale* has roots in pagan festivals and traditions and, as it is often the case with traditional festivals, it was adapted to fit into Catholic rituals.

Masks, *maschere*, are an important part of the festivals, and Venice is the best city for traditional masks. These masks are sold year-round and can be found in many shops in Venice, ranging from cheap to elaborate and expensive ones.

People also wear elaborate costumes for the festival and there are masquerade balls, both private and public. Each region has its own typical *Carnevale* pastries: *crostoli*, *chiacchiere*, *frittelle*, *struffoli*, and *galani*. All of them have one thing in common: They are fried seasonal treats and they come from the Roman *frittilia*, deep-fried pastries prepared during ancient spring festivals. In Vicenza and all over Veneto the treats are served in pastry shops, bakeries and cafés.

*Carnevale* is February, but celebrations in many parts of Italy start in January.

VENETO & NEARBY

Fiocchi di luce  
Flakes of Light - Musical Fireworks

**Feb. 2-3** at 9 p.m., and **Feb. 4** at 5 p.m., Asiago, Romeo Sartori Airport, Via Cinque, about 37 miles north of Vicenza. An international fireworks competition in which music enhances the thrill of fireworks. Free entrance.

Free Museums in Vicenza

**Feb. 4**, free entrance for Vicenza province residents to:

- Palazzo Chiericati, Piazza Giacomo Matteotti 37-39; 9 a.m.-5 p.m. Collections of paintings, sculptures, and applied arts from the 13th to 20th centuries
- Natural History and Archaeological Museum, Contrà Santa Corona 4; 9 a.m.-5 p.m.
- Risorgimento and Resistance Museum, Viale X Giugno; 9 a.m.-1 p.m. and 2:15-5 p.m.

Van Gogh Alive Exhibit

**Through Jan. 28**, Verona, Palazzo della Gran Guardia, Piazza Brà; Mondays-Thursdays, 10 a.m.-10 p.m., Fridays-Saturdays, 10 a.m.-11 p.m.; Sundays, 10 a.m.-9 p.m. Explore Van Gogh's work and life experiences during the period 1880 to 1890. See his works in hyper-fine detail, with special attention paid to key features. Entrance fee: €14; reduced €12; get family discounts by buying tickets online at <http://www.ticketone.it/van-gogh-alive-verona-biglietti>.

Keiko Tanabe – Veneto: A Watercolor Journey

**Through Jan. 28**, Saturdays, 10 a.m.-1 p.m. and 4:40-7:30 p.m.; Sundays 4:40-7:30 p.m., Vicenza, at the ArtsBox, Contrà San Paolo 23. On display are watercolor paintings by the Japanese artist Keiko Tanabe of the places she visited in Veneto in 2016. Free entrance.

Botero Exhibit

**Through Feb. 25**, Verona, Palazzo Forti, Via Achille Forti 1; Mondays, 2:30-7:30 p.m.; Tuesdays-Sundays, 9:30 a.m.-7:30 p.m. The exhibition is divided into sections devoted to the different themes. The first section focuses on sculptures, passing on to versions by ancient masters, works in which Botero combines Latin American and western culture; other sections are dedicated to religion, politics, and Latin American life. Entrance fee: €14 (includes an audio guide).

Van Gogh – Tra il Grano e il Cielo

Van Gogh Exhibit – Between Wheat and Sky

**Through April 8**, Vicenza, Palladian Basilica, Piazza dei Signori, Mondays-Thursdays, 9 a.m.-6 p.m.; Fridays-Sundays, 9 a.m.-8 p.m. The main works by Van Gogh are on display for a major monographic exhibition dedicated to the great artist featuring over 120 works among paintings and drawings. Curated by Marco Goldin, this is the biggest exhibition ever dedicated to Van Gogh in Italy and retraces Van Gogh's



life and artistic evolution throughout an insightful art itinerary. Entrance fee: €14; reduced €11 (for students younger than 26 and senior citizens older than 65); €8 (children ages 6-17); free for children younger than 6.

Andy Warhol Exhibit

**Through May 1**, Treviso, Casa dei Carraresi, Via Palestro 33/38. Mondays-Thursdays, 10 a.m.-6 p.m.; Fridays-Sundays, 10 a.m.-8 p.m. This exhibit focuses on the concept of Superstars. Also, with the help of video contributions, visitors are able to experiment the New York climate of the 1960s and 1970s and understand the pursuit of pop icons. Entrance fee: €12; reduced €10 (students younger than 26); €8 (children ages 6-18); free for children younger than 6.

Frida Kahlo – Oltre il mito

Frida Kahlo – Beyond the myth

**Feb. 1- June 3**, Milan, Mudc, Museo delle Culture, Via Tortona 56. A full exhibition dedicated to Frida Kahlo, from the beginning of her career until the latest steps of her artistic production. The works on display do not follow a chronological order, as they are divided into five sections, including politics, women, violence, nature and death. Tuesday, Wednesday, Friday and Sunday, 9:30 a.m.-7:30 p.m.; Thursday and Saturday 9:30 a.m.-10:30 p.m.; closed Monday mornings. Entrance fee; €13; reduced €11.



BASSANO DEL GRAPPA

**Feb. 10**, night float parade departs at 9 p.m. from Largo Parolini; **Feb. 11** float parade begins at 2:30 p.m.; live music and entertainment; **Feb. 13** best children's mask contest, live music and dancing.

CASALE DI SCODOSIA (Padova)

**Jan. 28, Feb. 4, Feb. 11, and Feb. 13**, 2:30-10 p.m., float parades, live music, carnival rides, street artists, food booths feature local specialties; music and dancing. Free entrance.

CENTO (Ferrara)

**Jan. 28, Feb. 4, Feb. 11, Feb. 18, and Feb. 25**. This *Carnevale* has historical origins, as evidenced by a fresco painted by native of Cento, Gian Francesco Barbieri (also known as Guercino) in the year 1615. In 1993 was twinned with the Carnival of Rio de Janeiro. The float parades begin in the early afternoon and go through the historic center several times, accompanied by music and dancing.

CITTADELLA (Padova)

**Feb. 8**, Children's carnival in Piazza Pierobon starts at 3:30 p.m.; Feb. 13 float parade departs from Viale della Stazione at 2:30 p.m.; carnival rides; fireworks at 9 p.m.

CORTELLAZZO (Jesolo)

**Jan. 27**, from 2 p.m., Piazza del Granatiere. Float parade, music, dancing, sweets and hot tea for everyone; Feb. 11, Children's carnival in Piazza I Maggio; Feb. 13, Piazza Milano, Feb. 18, float parade from Piazza Nember to Piazza Manzoni.

GRANTORTO (Padova)

**Feb. 3**, night parade starts at 8:30 p.m.

LONIGO (Vicenza)

**Feb. 4**, 1:30 p.m., Piazza Garibaldi. Float parade accompanied by local folk band and majorettes; games and entertainment with the High Promotion Group. From 11 a.m., food booths featuring *Carnevale* traditional sweets and mulled wine.



MALO (Vicenza)

**Jan. 28**, 2 p.m., children's carnival with entertainment and sweets for all children; Feb. 4, Feb. 11, Feb. 13, float parades from 2:30 p.m.

SCHIO (Vicenza)

**Feb. 10**, 8 p.m. nightly float parade departs from Piazzale Summano; music and dancing; **Feb. 11**, 2:30 p.m. float parade, music and dancing; 5:30 p.m. prizes for the best masks. Food booths feature typical sweets, hot chocolate and mulled wine; free entrance.

VENICE

**Jan. 27-Feb. 13**. This is one of Italy's most beloved carnivals. One of the most spectacular moments during the Venetian Carnival is the Flight of the Angel (or Flight of Colombina), Feb. 4 at noon in Piazza San Marco. This is a tradition that began with a Turkish acrobat in mid-1500s: an artist in flesh and bone hangs from a metal cable, and, suspended in air, makes his descent from the top of St. Mark's Bell Tower to the Doge's Palace.

VERONA

Verona *Carnevale* dates back to 1531, when grain prices rose due to a food shortage. Poor people, especially in the Saint Zeno's area, were facing starvation. A wealthy nobleman, Tommaso Da Vico, donated a large sum for poor people to buy flour and make gnocchi. Da Vico ordered in his will for gnocchi and wine to be given to the people of Saint Zeno's every year on the last Friday before Lent, now called *Venerdì gnocolar* (gnocchi's Friday).

●**Feb. 9**, Venerdì gnocolar, parade departs at 2 p.m. from Corso Porta Nuova and arrives in Piazza San Zeno.

●**Feb. 10**, Historical regatta on the Adige river followed by a parade from Rione Filippini to Piazza Brà.

ANTIQUE MARKETS

**Cerea (Verona):** Jan. 28, 9 a.m.-6 p.m., Via Farfusola 6, about 45 miles southwest of Vicenza (about 150 vendors)

**Dolo (Venice):** Jan. 28, 8 a.m.-7 p.m., Piazza Cantiere, about 37 miles east of Vicenza (about 80 vendors)

**Piazzola sul Brenta (Padova):** Jan. 28, 8 a.m.-6 p.m., in Via Camerini, about 16 miles east of Vicenza (700 vendors)

**Spresiano (Treviso):** Jan. 28, 8 a.m.-6 p.m., in Piazza Luciano Rigo, about 43 miles northeast of Vicenza (about 120 vendors)

**Treviso:** Jan. 28, 7:30 a.m.-7:30 p.m., Via San Liberale, about 56 miles east of Vicenza (about 120 vendors)

**Valeggio sul Mincio (Verona):** Jan. 28, 8 a.m. - 7 p.m., Piazza Carlo Alberto and downtown streets.

**Thiene:** Feb. 3, 7:30 a.m.-7:30 p.m., downtown streets and squares (70 vendors)

**Marostica:** Feb. 4, 8 a.m.-7 p.m.; in Piazza Castello, about 18 miles north of Vicenza (135 vendors)

**Noventa Vicentina:** Feb. 4, 8 a.m.-6 p.m., in Piazza IV Novembre, 20 miles south of Vicenza (120 vendors)

**Vittorio Veneto (Treviso):** Feb. 4, 8 a.m.-7 p.m., in Serravalle, Piazza Minucci and surrounding streets (75 vendors)



●**Feb. 11**, from 9 a.m. entertainment in Piazza Brà, which will continue in the afternoon in other downtown locations.

- **Feb. 12**, entertainment and free traditional soup in Santo Stefano district
- **Feb. 13**, entertainment and games start at 2:30 p.m. in Porto San Pancrazio district.

**VITTORIO VENETO (Treviso)**  
**Feb. 11**, from 2 p.m.; float parade from Via Cavour; music and entertainment.

TUSCANY

**Mostra del Disco e del Fumetto**  
**Records and Comic Books exhibit and sale**  
**Jan. 27-28**, 10 a.m. to 7 p.m., Arezzo, Via Spallanzani 25. Entrance fee: €5; €4 for senior citizens older than 60 and children younger than 14. More than 100 exhibitors.

**Wine & Siena**  
**Jan. 27-28**, 9:30 a.m.-1:30 p.m. and 3-7 p.m., Siena, Piazza Salimbeni. Tuscan and Italian wine exhibit and sale; wine and local product tasting; cooking shows. Entrance fee: €30; € 45 for a two-day entry.

**We Love Bio**  
**Jan. 27-28**, 10 a.m.-8 p.m., Florence, ObiHall Center, Lungarno Aldo Moro. Biological products; wellness and fitness information; massages; workshop for children; energy-saving tips; sustainable tourism ideas. Entrance fee: €5.

**Food Art Italy**  
**Feb. 10-11**, 10 a.m.-10 p.m., Pisa, Arsenali Repubblicani, Via Bonanno Pisano 2. Local specialties tasting; workshops; street food. Free entry.

**Winter Park**  
Open daily **through February 25**, Florence, Obihall Center, Lungarno Aldo Moro; ice skating rink, a snow tubing track and a downhill ski slope. All necessary equipment can be rented on site. For opening and prices, visit <http://firenzewinterpark.it/>.

**Made in New York:**  
**Keith Haring. The origins of street art.**  
**Through Feb. 2**, 9 a.m.-6:30 p.m., Florence, Palazzo Medici Riccardi, Via Camillo Cavour 3. American street artist and social activist, Keith Haring, is one of few contemporary artists who have pervaded the subconscious of the general public. He was a prolific artist both on the street and in the studio, making him a true street art legends. His classic colorful figures have become an iconic symbol in popular culture, instantly recognizable to many even if they don't know his name. While many of his colorful figures have instant commercial appeal, much of the work of Haring revolved around themes of politics, sexuality, war, religion and AIDS, largely in response to the street culture Haring experienced in New York City. Ticket: €10; reduced €6.

CARNEVALE

**AREZZO**  
**Jan. 28, Feb. 4, and Feb. 11**, float parades start at 3 p.m.; live music; folk dances; circus workshops.

**BIENTINA (Pisa)**  
**Jan. 28, Feb. 4, Feb. 11, and Feb. 13**, float parades start at 3 p.m. accompanied by local band and folk group.

**CASTIGLION FIBOCCHI (Arezzo)**  
**Carnevale dei Figli di Bocco**  
**Bocco's children Carnevale**  
**Jan. 28 and Feb. 4**, from 12:30 p.m., Castiglion Fibocchi (Arezzo). A traditional celebration with participants dressed in costumes and papier-mâché masks; street performers, magic shows, live music, dances, and food booths; parade and fireworks.

**FOIANO DELLA CHIANA (Arezzo)**  
**Jan. 28, Feb. 4, Feb. 11, Feb. 18 and Feb. 25**, noon-7 p.m. This is the 479th edition of the oldest *Carnevale* in Italy; the four districts of the town compete for the best



papier-mâché float. For the first time, there is an area, *Carnevalandia*, dedicated to children with bounce house, carnival rides, puppets, and Disney parades. Entrance fee: €9; free for children shorter than 59 inches; discounts for families and groups.

**FOLLONICA (Grosseto)**  
**Feb. 4, Feb. 11, Feb. 18, and Feb. 25**, from 2:30 p.m. float parades accompanied by the city musical band. Entrance fee: €5.

**ORBETELLO (Grosseto)**  
**Jan. 28, Feb. 4, Feb. 11, Feb. 13, and Feb. 18**; from 2:30 p.m.; float parades. Free entrance.

**ORENTANO – CASTELFRANCO DI SOTTO (Pisa)**  
**Jan. 28, Feb. 4, Feb. 11, Feb. 13, and Feb. 18**; from 3 p.m.; float parade and entertainment for children; live music, dance shows and face-painting; on Feb. 24, best float award. Free entrance.

**PIETRASANTA (Lucca)**  
**Feb. 11 and Feb. 18**, float parades at 3 p.m.; **Feb. 25** at 5 p.m.; live music and entertainment; Feb. 13 children's carnival, 3 p.m.

**PIOMBINO (Livorno)**  
**Feb. 4, Feb. 11, Feb. 13, and Feb. 18**, 2:30-7 p.m. floats parade accompanied by live music, shows and entertainment for children.

**PONTEDERA (Pisa)**  
**Jan. 28, Feb. 4, Feb. 11, and Feb. 13**; from 2:30-5 p.m.; float parades, live music and food booths. Entrance fee: €3; free for children younger than 14; free entrance Feb. 13.

**PRATO**  
**Carnevale Di Paperino**  
**Donald Duck's Carnevale**  
**Jan. 28, Feb. 4, Feb. 11, and Feb. 13**, from 3 p.m.; more than 250 masked entertainers, live music and a cascade of confetti will create a magic atmosphere and fun for everyone.

**SAN GIMIGNANO (Siena)**  
**Feb. 4, Feb. 11, Feb. 18, and Feb. 25**, 2:30–7 p.m., float parade, with live music, dancing, confetti and entertainment for children.

**SANTA CROCE SULL'ARNO (Pisa)**  
**Jan. 28, Feb. 4, Feb. 11**, from 3 p.m., Piazza Matteotti. Float parades and entertainment. In case of inclement weather conditions, the parade will be postponed to Feb. 18.

**VIAREGGIO (Lucca)**  
**Jan. 27, 4 p.m., Feb. 4, 3 p.m., Feb. 11, 3 p.m., Feb. 13, 5 p.m., Feb. 17, 5 p.m.** Considered among the most renowned carnival celebration in Europe. It is famous for its parade of floats and masks, usually made of papier-mâché, depicting caricatures of popular people, such as politicians, showmen, and sportsmen. Fireworks conclude Jan. 27 and Feb. 17.

**VENERI (Pescia, Pistoia)**  
**Jan. 28, Feb. 4, and Feb. 11**; from 2:30 p.m.; float parades; juggles, elves and street artists; live music, face-

painting and clowns; food booths feature traditional pastries. Free entrance.

**VITOLINI (Vinci, Florence)**  
**Jan. 21, Jan. 28, and Feb. 4**, at 2:30 p.m. Children's carnival with float parades, live music, dancing, and games. Free entrance.

CONCERTS/SPORTS

**Rod Stewart** – Jan. 31 Assago (Milan)  
**Omar Sosa** – Feb. 3 Florence  
**Jake Bugg** – Feb. 6 Milan  
**Steven Wilson** – Feb. 9 Milan; Feb. 10 Rome  
**Metallica** – Feb. 10 Torino; Feb. 12 and Feb. 14 Casalecchio di Reno (Bologna)  
**Dropkick Murphys, Flogging Molly, Glen Matlock** – Feb. 14 Padova  
**Russ** – Feb. 15 Milan  
**Popa Chubby** – Feb. 18 Lugagnano di Sona (Verona)  
**Liam Gallagher** – Feb. 27 Padova  
**Toto** – March 10 Assago (Milan); March 23 Casalecchio di Reno (Bologna)  
**G3 – Joe Satriani, John Petrucci, Uli Jon Roth** – April 2 Rome, April 3 Florence, April 4 Milan  
**Bob Dylan and his band** – April 3-5 Rome; April 7 Florence; April 8 Mantova; April 9 Milan  
**Norah Jones** – April 8 Milan; April 9 Torino  
**Afterhours** – April 10 Assago (Milan)

**Roger Waters** – April 17-18 Assago (Milan); April 21-22 and April 24-25 Casalecchio di Reno (Bologna)  
**Phill Rudd** – May 5 Bologna; May 13 Rome  
**Anastacia** – May 6 Brescia; May 7 Rome; May 9 Bologna; May 10 Milan  
**Martin Barre (Jethro Tull guitarist)** – May 9 Lugagnano di Sona (Verona)  
**The Vamp** – May 22 Milan

**ITALIAN ARTISTS**  
**Biagio Antonacci** - Jan. 26-27 Padova  
**Ornella Vanoni** - Jan. 26 Brescia; Feb. 1 Rome; Feb. 16 Padova; March 21 Bologna  
**Caparezza** – Feb. 9 -10 Conegliano  
**Nomadi** – Feb. 17 Padova  
**Zucchero** – Feb. 26 Padova; March 2 Assago (Milan); March 3 Florence  
**Gianni Morandi** – Feb. 28 Conegliano (Treviso); March 5 Florence; March 22 Padova; March 28 Assago (Milan)  
**Ennio Morricone** – March 2 Florence; March 6 Assago (Milan); June 16-17 Rome  
**Antonello Venditti** – March 8 Padova  
**Gianna Nannini** – March 29 Casalecchio di Reno (Bologna); April 6 Conegliano (Treviso); April 7 Padova; April 11 Livorno; April 13 Assago (Milan)

**Harlem Globetrotters** – March 3 Assago (Milan); March 4 Rome; March 5 Livorno; March 6 Torino  
**FIM Superbike World Championship** – May 5, July 6-8 Misano Addriatico (Rimini)

Tickets are available in Vicenza at Media World, Palladio Shopping Center, or online at [www.ticketone.it](http://www.ticketone.it) and [www.getticket.it](http://www.getticket.it).



# Family & MWR Events

## ENTERTAINMENT & TRIPS

**Art Center Open House**  
*Jan. 26, 4:30-6:30 p.m.*  
**Art Center, Caserma Ederle**  
Join the center for an exciting event to see who they are and what they do. The Ederle Art Center has been in transition since January 2016, but has worked out a new vision and is ready to show it off. See the new, improved center, enjoy light snacks, a local musician and special promotions. For information, call 0444-61-7846.

**Roberto Dalla Vecchia in Concert**  
*Jan. 26 & 27, 7:30 p.m., \$12*  
**Soldiers' Theatre, Caserma Ederle**  
Veteran guitarist and recording artist Roberto Dalla Vecchia returns for a popular acoustic jam concert with the best in all new folk and bluegrass music in his unique flat-picking style. Stop by Soldiers' Theatre to enjoy this talent. Limited seating available.

**Family Movie Night**  
*Thursdays & Sundays, 6-8 p.m.*  
**The Arena, Caserma Ederle**  
Every Thursday and Sunday, the Arena plays the latest family-friendly movies. For \$29.95, your family may enjoy two hours of bowling for up to six people, one large cheese pizza, six bottled beverages of your choice and free shoe rental.

**Library Lego® Club**  
*Jan. 30, Feb. 6, 13, 20 & 27 3:30-5 p.m.*  
**Library, Caserma Ederle**  
Drop in to the library on Tuesdays and let your children explore their creativity with the library's Lego® collection. Children can set their minds to create anything from a spaceship, castle, car or something else entirely. All Lego®s are provided. Open to ages 4-12 years.

**Chamonix, France and Glacier Ice Cave Tour**  
*Feb. 3, 3 a.m.*  
*\$115 adults (14 and older)/\$70 ages 8-13/\$50 ages 4-7*  
**ODR, Caserma Ederle**  
Walk into the belly of a glacier with Outdoor Rec. On this tour, travelers will travel to Chamonix, France, to take a trip by train to the Mer de Glace Ice Cave where you will get to tour the inside of a glacier. The tour of the glacier shows the life of mountain people in the early 19th century. After the tour, spend free time in Chamonix, a resort town near the borders of France, Switzerland and Italy.

**Ski/Snowboard Trip: Passo Tonale**  
*Feb. 3, 5 a.m.-8 p.m.*  
*\$50 (does not include lift tickets)*  
**ODR, Caserma Ederle**  
Enjoy the slopes of the Adamello ski area, a combination of multiple resorts linking 100 kilometers of ski runs. Passo Tonale has terrain ranging from steep glacial skiing to the wooded routes of Pontedilegno. Travel time is approximately three hours, and rental equipment must be reserved in advance. BOSS Soldiers receive a 10 percent discount on any day trips.

**Armed Forces Entertainment: Miami Dolphins Fan Experience**  
*Feb. 4, 2 p.m.*  
**PX, Caserma Ederle**  
**Warrior Zone, Caserma Del Din,**



## Bowl a game or two at the Arena on Caserma Ederle!

*11:30 p.m. (ages 18 and older)*  
Armed Forces Entertainment presents the Miami Dolphins this Super Bowl Sunday. Featuring alumni Vernon Carey and Twan Russell, as well as Miami Dolphins cheerleaders, this event is the perfect addition to Vicenza Military Community's Super Bowl Sunday.

**Super Bowl 52 Party**  
*Feb. 4, 10 p.m.-5 a.m.*  
**The Arena, Caserma Ederle**  
Don't miss out on America's biggest game of the year. Head upstairs to the Lion's Den and root for your favorite team. You'll enjoy the big game playing live on the big screen; drink/food specials all night; prizes and giveaways.

**Lake Bled, Slovenia**  
*Feb. 10, 5 a.m.-10 p.m., \$95*  
**ODR, Caserma Ederle**  
Travel to the Lake Bled area via bus, and begin the day exploring Vintgar Gorge. The group will travel along the boardwalk through the gorge to view the waterfalls and pools along the way. After the gorge, travel approximately 4 km to the town of Bled on the shores of the lake. Spend the rest of the day enjoying free time to dine, shop or people watch.

**Venice Carnival at Night**  
*Feb. 10, 3-11:55 p.m., \$85*  
**ODR, Caserma Ederle**  
Come and celebrate this centuries-old festival. *Carnevale* dates back to 1094 and is celebrated all over Italy. It is a celebration of the passage from winter into spring, a time when seemingly anything is possible. Visit the beautiful city of Venice at night by bus and private water taxi. If you have never been to Venice at night, this trip is a must-do. Ages 18 and older only.

## CLASSES & WORKSHOPS

**Messy Art**  
*Jan. 30, 10-10:45 a.m., \$5 per child*  
**Art Center, Caserma Ederle**  
Learn the benefits of introducing art to your child early on. As early as 9 months old, children enjoy exploring paint, water, clay and more. The possibilities are endless, as are the benefits to their gross and fine motor skills. Register by Jan. 26 at the center, on WebTrac, or by phone, DSN 637-7846, comm. 0444-61-7846.

**Darby Parent Advisory Council Meeting**  
*Jan. 31, noon-1 p.m.*

**Youth Center, Camp Darby**  
All parents are invited and encouraged to attend the Child & Youth Services Parent Advisory Council Meeting. This is a great opportunity to meet and discuss questions and concerns about CYS with the advisory board and program managers. A light lunch will be served. Topics of discussion will include renovation and staff update and satisfaction survey.

**Volunteer Orientation and Registration**  
*Jan. 31, 1:30-3:30 p.m.*  
**ACS, Bldg. 108, Caserma Ederle**  
Learn how to register on and navigate the Volunteer Management Information System (VMIS). Bring a notebook and pen to take notes, and a laptop (if you have one) to follow along.

**Preschool Story Time**  
*Feb. 1, 8, 15 & 22, 10:30-11:15 a.m.*  
**Library, Caserma Ederle**  
Join the library staff for weekly storytime. There is a different theme each week. This event is geared toward children ages 3 to 5 years old. Activities include making a craft, listening to stories and meeting new friends.

**Vicenza Book Club**  
*Feb. 1, 6-7:30 p.m.*  
**Library, Caserma Ederle**  
Head into the library the first Thursday of each month and enjoy some time discussing the latest book selection with others. Please note that there are a limited number of copies available for checkout, so get in before it's too late. The February selection is "Lab Girl" by Hope Jahren.

**Italian as a Second Language Registration**  
*Feb. 2, 8 a.m.*  
**ACS, Bldg. 108, Caserma Ederle**  
Step into this introductory course in the Italian language. Participants will be exposed to the foundations of Italian. Most days are spent in a classroom setting; however, the instructor may take field trips to intensify learning the language and culture. Classes will meet Mondays and Wednesdays. Register at the front desk.

**EFMP Parents Connect**  
*Feb. 7, 1-2 p.m.*  
**ACS, Bldg. 108, Caserma Ederle**  
This group is open to all parents of children enrolled in the Exceptional Family Member Program, regardless of diagnosis. Attendees will have a chance to meet other parents and network, share resources and get encouragement. Young children may accompany parents. No registration required.

**Teen Workforce Preparation Workshops**  
**Youth Centers, Caserma Ederle**  
The Teen Center staff and partners will help teens get ready for that after school or summer job. Join in on the monthly workshops to build your resume and prepare for success. Workshops schedule is as follows:  
•**Certified CPR**  
Feb. 8, 2-4 p.m.  
•**Certified First Aid**  
Feb. 15, 2-4 p.m.  
•**Introduction to Babysitting Course**

March 8, 11:40 a.m.-12:10 p.m.  
•**Ethics in the Workplace**  
April 12, 11:40 a.m.-12:10 p.m.  
•**Interviewing Skills & Resume Writing**  
May 24, 2-4 p.m.  
Lunch will be provided during lunchtime classes. Open to students in grades 9-12. Call DSN 634-7659, comm. 0444-71-7659, for more information.

**Infant Massage Class**  
*Feb. 9, 10:30-11:30 a.m.*  
**ACS, Bldg. 108, Caserma Ederle**  
Join the New Parent Support Program at ACS for this exciting chance to bond with your infant. Instruction is available to parents of children 5 weeks old to crawling. Learn basic techniques to help baby sleep longer, enhance bonding, improve circulation, boost infant's immune system, soothe colics, normalize muscle tone and the digestive system and reduce stress hormones in the infant and parent.

## FITNESS & SPORTS

\*Purchase tickets for all fitness classes at the front desk and present to instructor.

**Zumba®**  
*Jan. 27 & 29-31; time varies*  
*\$5 per class/\$35 for 10 classes*  
**Fitness Center, Caserma Ederle**  
Zumba® exercise classes are "fitness parties" that blend upbeat rhythms with easy-to-follow choreography for a cardio and total-body workout that feels like a celebration.

**Taekwondo**  
*Jan. 29 & 30*  
*\$12 per class/\$70 for 8 classes*  
**Fitness Center, Caserma Ederle**  
Self defense class based upon the Taekwondo techniques that will provide students the tools for self defense.

**Cycling**  
*Call for February dates/times.*  
*\$5 per class/\$35 for 10 classes*  
**Fitness Center, Caserma Ederle**  
Maximize calorie burn by doing a variety of different drills that include endurance, sprints, hills, climbs and seated drills.

**Power Pump (with Cym)**  
*Jan. 27, 9-10 a.m.; Jan. 29, 5-6 p.m.; and Jan. 30, noon-1 p.m.*  
*\$5 per class/\$35 for 10 classes*  
**Fitness Center, Caserma Ederle**  
Classes are 60 minutes long and contain eight separate muscle-group specific songs or "tracks" along with an opening warm up track and closing cool-down track. Classes work with free weights, barbells and aerobic step.

**Pilates**  
*Wednesdays and Thursdays 10-11 a.m.*  
*\$5 per class/\$35 for 10 classes*  
**Fitness Center, Caserma Ederle**  
Along with core strength, Pilates aims to improve structural alignment of the body to help prevent future injuries. This class is for anyone who wants to try something new, feel healthy and strong.  
*For more events and information, see the FMWR calendar on the USAG Italy website: www.italy.army.mil.*