

REAGAN NATIONAL DEFENSE FORUM

The case for budget stability

Deputy defense secretary cautions about operating without a budget

BY JIM GARAMONE Department of Defense News Service

WASHINGTON, D.C. - The Defense Department has clear orders from President Donald Trump "to build a stronger military, take care of our men and women and excel in our business operations," said Patrick Shanahan, deputy

defense secretary, Sunday. Shanahan was the closing speaker at the Reagan National Defense Forum in Simi Valley, Calif., and he spoke how the department is putting the president's orders into effect. The deputy secretary has been

on the job for less than five

SEE BUDGET, 12A



TECH. SGT. BRIGITTE BRANTLEY Department of Defense Photo

Patrick Shanahan, right, deputy defense secretary, speaks with Barbara Starr, **CNN** Pentagon correspondent, at the Reagan National Defense Forum Sunday.

Survivor families remember

FALLEN HEROES MEMORIAL

the fallen Families gather to decorate tree

BY RUTH KINGSLAND Northwest Guardian

It's been little more than a month since the tragic shooting death of 22-year-old Joint Base Lewis-McChord Soldier Pfc. Daquan Foster, 1st Squadron, 14th Cavalry Regiment, 1st Bri-

gade, 2nd Infantry Division, outside a Tacoma nightclub on the early morning of Oct. 29.



Foster

Foster's wife, Olivia Brown was with him at the time, and she

received a gunshot wound to the hand as the couple ran from the two alleged gunmen who have since been arrested. Foster died at a hospital shortly after the shooting.

Finding healing and shared empathy was the goal of Brown and several of Foster's family members, who are visiting from the family's hometown of Yonkers, N.Y., as they participated in Survivor Outreach Services' fourth annual Fallen Heroes Memorial Tree Decorating Potluck at Waller Hall Saturday. T came because I wanted to see other families going through

JBLM TREE LIGHTING CEREMONIES

MAKING SPIRITS BRIGHT



Chief Warrant Officer 2 Todd Husson and his son, Logan, 1, say hello to Santa at the annual JBLM Holiday Tree Lighting ceremony Nov. 30.

JBLM starts holiday season at annual tree lighting ceremonies

BY RUTH KINGSLAND Northwest Guardian

t's beginning to look a lot like Christmas on Joint Base Lewis-McChord, as holiday trees are lit and wool scarves, caps and winter coats have become fashionable necessities.

Two tree lighting events on Joint Base Lewis-McChord last week gave a luster of

MORE INSIDE

Christmas, as well as an illumination from Young patient helps jects below. light Madigan tree, **10A**

holiday lights, to ob-The traditional

Christmas and Menorah Lighting Ceremony at Madigan Army Medical Center Medical Mall Dec. 1 blended both Hanukkah and Christmas with carol singing for both holidays and words of wisdom on the Jewish holiday from Chaplain (Maj.) Henry Soussan, 201st Expeditionary Military Intelligence Brigade chaplain.

We celebrate Christmas and Hanukkah together because the military likes to be inclusive and also because both celebrations begin on Dec. 24," Soussan said. "Both holidays are similar because they are about bringing light into a dark world.

On Lewis Main, the jazzy sounds of Christmas classics performed by a sextet of brass players from America's I Corps Band lent a festive atmosphere to the annual Holiday Tree Lighting in front of Jensen Fitness Center Nov. 30.



AT LEFT: Sgt. 1st Class Russell Hall, of the 4th Attack Reconnaissance Squadron, 6th Cavalry Regiment, 16th Combat Aviation Brigade, and his daughter, Victoria, 3, wait for Santa's arrival during the annual JBLM Holiday Tree Lighting ceremony on Lewis Main Nov. 30.

BELOW: Service members and civilian staff members gather for the annual tree lighting ceremony at Madigan Army Medical Center Dec. 1.



SEE FALLEN, 12A

SEXTORTION WARNING

Online dating scams target legitimate sites

United States Army

Criminal Investigation Command QUANTICO, VA. - The U.S.

Army Criminal Investigation Command's Computer Crime Investigative Unit continues to caution people to be on the lookout for sextortion scams where criminals use legitimate online dating sites to make contact with potential victims and then attempt to blackmail them.

When using a legitimate online dating site, victims are more apt to provide personal information and or participate in online

SEE SCAMS, 12A

IN THE NEWS



62nd Aerial Port Squadron members load cargo on the island of Martinique Oct. 9.

HUMANITARIAN EFFORT

62nd Aerial Port Airmen worked alongside servicemen and women from the Army, the Navy and the Marine Corps to bring relief to the people of Dominica. See story, 3A

SEE TREE, 12A

TREES FOR TROOPS



RUTH KINGSLAND Northwest Guardi

Service members unload donated Christmas trees outside the American Lake Conference Center Tuesday.

Donated Christmas trees arrive in time for holiday

BY RUTH KINGSLAND Northwest Guardian

A double trailer FedEx truck arrived at American Lake Conference Center early Tuesday morning carrying 800 Christmas trees donated by farmers across the country as part of the annual Trees For Troops — a mission by the Christmas SPI-RIT Foundation to help provide a joyous holiday celebration for the nation's service members.

Trees began arriving Nov. 29 at Niagara Falls Air Reserve Station, New York, and will continue to truck across the country throughout the week with deliveries Friday in Seattle, Florida, Mississippi, Georgia, Louisiana, Texas, Oklahoma and New Mexico.

The Joint Base Lewis-Mc-Chord delivery was unloaded Tuesday morning by volunteer service members from across the installation, including Sgt. Miguel Mejia, 8th Squadron, 1st Cavalry Regiment, 2nd Brigade, 2nd Infantry Division.

Mejia said it was important for him to help with the event even though he doesn't plan to receive a tree from Trees For

If you go

What: Trees For Troops

Where: American Lake Conference Center, 8085 NCO Beach Road, Lewis North

When: Saturday from 7 to 11 a.m.

their shoulders, then passing them down a line to be set up within a fenced off area in the conference center parking lot.

The trees will remain there until Saturday, from 7 to 11 a.m., when they will be given to service members E-5 and below. Two special trees went home with families Tuesday.

Specialist Eduardo Pena, 46th Aviation Support Battalion, 16th Combat Aviation Brigade, and his wife, Sgt. Waldy Pena, 8th Squadron, 1st Cavalry Regiment, 2nd Brigade, 2nd Infantry Division, received the Army tree. Although his wife has been at JBLM for two years, Eduardo said he arrived seven months ago.

"We're really looking forward to our first real Christmas together," Waldy said. The Air Force tree recipient is Airman 1st Class Ben Sanchez-Flores, 627th Force Support Squadron, who said he is looking forward to the holiday with his wife, Ashley, and their 5-yearold daughter, Anuhea. Sanchez Flores is a local, having grown up in South Hill, an area of Puyallup. He's been in the Air Force for five months.

"Christmas is my favorite holiday," he said. "It brings family together."

Sanchez-Flores' parents, who now live in Toronto, will be visiting for the holidays. He said he likely would have bought a tree for their family celebration, but he wasn't sure when finances and time would have connected to make that happen.

"It would have been a while," he said. "So, this is great."

Tree growers across America have been providing free trees for service members for many years. In 2005, FedEx contacted the Christmas SPIRIT Foundation, and a partnership was created that became Trees For Troops.

Since 2005, more than 191,000 free Christmas trees have been provided to military families through Trees for Troops. Thousands of trees are donated by farm families and the public. FedEx delivers these trees to more than 63 military bases in the U.S. and overseas, according to the ChristmasSpiritFoundation.org website.

NEWS IN BRIEF

I Corps forces help kick off Yama Sakura 73 held in Sendai, Japan

Yama Sakura 73 kicked off with a ceremony to mark the 35th anniversary of the annual bilateral training exercise in Sendai, Japan, between service members from the U.S. military and the Japan Ground Self Defense Force Tuesday.

Approximately 1,600 U.S. service members, led by I Corps from Joint Base Lewis-McChord, as well as 4,600 Japanese soldiers, led by the Northeastern Army, will participate in this year's exercise.

"The critical objective for this exercise is to continue to strengthen the solid United States/Japan alliance," said Lt. Gen. Gary Volesky, I Corps commanding general. "As a combined joint task force, we have an opportunity to improve our interoperability through shared understanding. Our commitment to each other is enduring, and I believe this will clearly show through the exercise."

The two-week training event is the premier joint, bilateral command post exercise for the two nations. The purpose of the exercise is to exchange ideas, techniques, military experience and exercise capabilities in the defense of Japan.

Done mostly through computer-based simulations, Japan and U.S. forces practice bilateral staff activities to respond to an armed attack on Japan.

This exercise is being carried out under a training scenario where a hypothetical opposing force will launch an offensive aggression to invade Japan.

Although this is Volesky's first time at Camp Sendai and as the commander for this exercise, he said he considers this bilateral exercise one of the cornerstones of continued security in the region.

"Our participation in Yama Sakura, as well as other exercises including Rising Thunder, Orient Shield and Keen Edge, enables our Army and Japan Ground Self Defense Force to build upon our great partnership to enhance combat readiness and interoperability while strengthening our relationships." Volesky said.

- JOINT PLANNING SUPPORT ELEMENT PUBLIC AFFAIRS

High-speed train testing ongoing, regular routes could start Dec. 18

LAKEWOOD — Final testing of the Point Defiance Bypass railroad tracks that run through Joint Base Lewis-McChord continues through Dec. 17.

Trains will travel in both directions and most will pass through between 6:30 a.m. and 10:30 p.m. However, delays in schedules make it important to stay alert and expect trains at any time, day or night.

Drivers and pedestrians should use extreme caution whenever near the railroad tracks, obeying all signals, pavement markings, and gates to ensure they are not in the path of an oncoming train.

• Do not walk on or near the tracks.

• Do not stop your vehicle on the railroad tracks while waiting for traffic.

• Obey all signals at all times — both pedestrians and drivers.

• Wait for crossing arms to go up and lights to stop flashing before entering a crossing.

If the tests prove successful, this train route will be permanently used by 14 daily passenger trains traveling nearly 80 mph beginning Dec. 18.

- WASHINGTON STATE DEPARTMENT OF TRANSPORTATION

JBLM civilian hall of fame, service award nominations accepted now

Troops this year.

"I love Christmas — it's all about family, and I get to go home (Sacramento, Calif.) for Christmas," Mejia said.

About 10 members of 8-1 Cav., 2nd Bde. 2nd Inf. Div. helped out with the event, slinging trees off the truck and over The couple visited his family in Los Angeles last year but will stay home this year and Eduardo's 10-year-old daughter, Melanie will visit for the holidays. "It's going to be a wonderful

"It's going to be a wonderful Christmas," Eduardo said.

Visitors enjoy 'A Great War Christmas'

Lewis Army Museum

The lobby of the Lewis Army Museum presented a cozy scene Saturday as the public arrived for "A Great War Christmas." The air was heavy with Christmas smells, part of a smell scavenger hunt, and the tree was waiting to be decorated by visitors to the museum.

There were Camp Lewis coloring pages and paper crafts that appealed to young and old.

"I like the coloring, decorating and ornaments ... and the dune buggy," said Andrew Thiel, 4, when asked about his favorite part of the event.

Older visitors enjoyed Lewis Army Museum Director's Erik Flint's talks about the Christmas Truce of 1914. He spoke of the truce while standing in front of the massive fireplace at the museum.

When you add retired Soldiers talking with the visitors, it was a different way to combine education with entertainment.

"Getting to talk with retired Soldiers was the best, and a great learning experience," said Tyson Vessey, 12, of Graham Boy Scout Troop 621. "I also enjoyed hearing the old war stories from World War I."

Many of the younger visitors were interested to learn the significance of the plain cake donuts served at the event that they were served to the troops by Salvation Army volunteers near the front lines of the war.

One of the museum visitors recalled that her father, a World War I veteran, was a huge fan of



HEIDI PIERSON Lewis Army Museum

Erik Flint, Lewis Army Museum director, gave three talks about the Christmas Truce of 1914 during the "A Great War Christmas" event at the museum Saturday.

the donuts and mentioned them fondly and often.

"Young people these days are often not aware that the treats we have easily available to us, were rare in the past," said Heidi Pierson, museum curator. "One of the points of the event was to show that reality. The odors in the scent scavenger hunt were chosen to highlight how special things like peppermint candy, cookies and cinnamon were in the past, even just 100 years ago."

This is the inaugural military family event; a similar family activity is expected to occur monthly at the museum, Flint said. It's a way to get visitors to see and experience some of the museum's 15,000 square feet of indoor exhibits — recently renovated and reopened after a year-long rehab.

"We hope to continue having family friendly events at least every quarter," Flint said, "Each (event) will incorporate an educational aspect and a little something for everyone. Our next planned event will deal with military 'grossology'— for example, we'll ask the question 'What happens when all those people need to use the bathroom out in field?"

The Lewis Army Museum is located at 4320 Main Street. Regular hours are Wednesday to Saturday from 11 a.m. to 4 p.m. The museum is closed on holidays.

For more information on the upcoming events at the Lewis Army Museum, visit lewisarmymuseum.com. Every year or two, units and agencies across base nominate a civilian member of the Puget Sound community to be considered for the Joint Base Lewis-McChord Hall of Fame Lt. Gen. Bill Harrison Service Award.

Units across JBLM are invited to submit nominations by March 30 to be considered for the 2016 hall of fame award.

Established in 2003, the hall of fame program recognizes one community member annually who has contributed to the community as a civilian for three or more years, and who through their efforts, made an exceptional impact on our service members, military families or the JBLM community.

The impact can be based on long-term support or short-term actions that have made a difference. The hall of fame is named for retired Lt. Gen. William Harrison. Harrison served as the commander of I Corps from 1987 to 1989 and he became the first mayor of the city of Lakewood in 1995. He is known throughout the JBLM communities for his high standards, dedication and commitment to making his community a better place for all.

Hall of fame nominations can be submitted to the JBLM Garrison Public Affairs Office. Nominations will be reviewed and rank-ordered independently by three senior representatives from the Joint Base Garrison HQs, I Corps and 62nd Airlift Wing, respectively.

The hall of fame point of contact for nominations is John Norgren. For more information, contact Norgren at 253-967-0168 or john.r.norgren.civ@mail.mil.

- JOINT BASE LEWIS-MCCHORD PUBLIC AFFAIRS

I CORPS COURTS-MARTIAL

U.S. V. PVT. CARDENAS, 555TH ENG. BDE.

On Nov. 9, Pvt. Pedro Cardenas, 555th Engineer Brigade, was convicted of wrongful distribution of oxycodone, wrongful distribution of cocaine, wrongful distribution of ecstasy, wrongful use of cocaine, desertion and flight from apprehension. Cardenas was sentenced to be confined for 390 days and to be discharged from the service with a bad-conduct discharge.

U.S. V. SPECIALIST

On Nov. 9, a specialist was acquitted of wrongful sexual contact and providing a false official statement. All rights and privileges have been restored.

U.S. V. PFC. SIFRE, 2-75 RNGR.

On Nov. 29, Pfc. Michael Sifre, 2nd Battalion, 75th Ranger Regiment, was convicted of solicitation to rape a child and indecent language. Sifre was sentenced to be reduced to private (E-1), to forfeit all pay and allowances, to be confined for 14 months and to be discharged from the service with a badconduct discharge.

All articles are violations of the Uniform Code of Military Justice. I Corps and 7th Infantry Division are committed to preventing sexual harassment and sexual assault. Leaders at every level of the chain of command have an obligation to safeguard service members through prevention, education, investigation, victim advocacy, and, when appropriate, prosecution. One hundred percent of unrestricted reports of sexual assault and all reports of sexual harassment will be properly investigated and appropriately acted upon by the command.

QUOTE OF THE WEEK

"To be very clear, continuing resolutions are wasteful and inefficient. Continuing resolutions immediately disrupt training, impede readiness recovery, delay maintenance, impose uncertainty on the workforce and induce inefficient and constrained contracting practices. The longer (continuing resolutions) last, the more damage they do. A stable and robust defense spending bill received on time is critical to the Department of Defense both now, and in the years to come."

Army Col. Robert Manning Pentagon spokesman



BOWLING: Members of the JBLM Tigers bowling are preparing for the upcoming Special Olympics Washington Fall Games. **See story, 1B**

NWGUARDIAN.COM

• Operation Toy Drop: The U.S. Army Civil Affairs and Psychological Operations Command (Airborne) is hosting the 20th Annual Randy Oler Memorial Operation Toy Drop at Fort Bragg, N.C., from Nov. 30 through Friday. It's the largest international airborne operation conducted worldwide. Operation Toy Drop is an annual joint service and multinational training event where 4,200 Airborne Soldiers exercise their jump skills and maintain their focused readiness under the direction of jumpmasters from partner nations and potentially earn their foreign jump wings.

• Future of Iraq: The High Level Committee of the Iraqi Ministry of Defense and Combined Joint Task Force Operation Inherent Resolve met Tuesday in



Baghdad to discuss the way forward for the coalition's continued support of the Iraqi security forces. The committee's chairman, Staff Lt. Gen. Waad Zainl Saleh, senior secretary to the Iraqi chief of defense, and Maj. Gen. Felix Gedney of the British army, the coalition's deputy commander for strategy and support, led the discussions to defeat the Islamic State of Iraq and Syria.

62ND AERIAL PORT SQUADRON

Unit lifts cargo, spirits on Dominica

Airmen flew 15 airlift missions in hurricane relief

BY STAFF SGT. WHITNEY TAYLOR

62nd Airlift Wing Public Affairs During what will likely be

remembered as one of the fiercest hurricane seasons in a century, the Caribbean island of the Commonwealth of Dominica was devastated by Hurricane Maria, which made landfall in mid-September as a Category 5 hurricane.

In response, the 62nd Airlift Wing deployed members of the 62nd Aerial Port Squadron to support air mobility operations for hurricane relief in neighboring Martinique, managing aerial port operations to and from hurricane stricken areas.

We traveled to Martinique in support of the island of Dominica," said Tech. Sgt. Henry Achilles, 62nd APS air transportation standardization evaluation program. "Martinique had not been hit badly by Hurricane Maria, while Dominica had been all but destroyed. Nine of every 10 buildings had been leveled there; trees had no leaves or branches, but looked like sticks shooting from the ground. It was unreal." While in the Caribbean, Achilles and a team of 62nd **APS** members including Senior Airman Leonel Cardenas-Lopez, Senior Airman Bridger Stampe-Gerstenslager, Airman 1st Class Connor Adams and Airman 1st Class Kyle Knight, were tasked with the responsibility of redeploying the joint task force that had been dispatched to the islands in the immediate aftermath of Hurricane Maria. "Our primary mission was to assist with the redeployment of Joint Task Force Leeward Islands' cargo and personnel, as well as transporting any lastminute supplies to this island of



Airmen from 62nd Aerial Port Squadron load cargo alongside sister service members on the island of Martinique in response to Hurricane Mariato support air mobility operations for hurricane relief Oct. 9.



U.S. service members survey damage on the Caribbean island of the Commonwealth of Dominica Oct. 9. The island was devastated by Hurricane Maria, a Category 5 storm that made landfall Sept. 19 spurring support from the JBLM community.

"In spite of the hardships the people of Dominica were facing, they were friendly and welcoming, grateful for whatever supplies we could provide. It's nice to do the hard work and see the "It is always interesting to see how other services interact amongst themselves, with sister services and between officer and enlisted ranks," Achilles said. "I have worked joint missions many times before, but in this particular environment you couldn't tell that everyone was from different services. We came together to work hard and get the mission done. That's what being part of a joint task force is all about."

When the 62nd APS headed for home, they were the last crew of United States service members to depart the island. Though their 10-day role in the mission was relatively brief, the temporary duty left a lasting impression on Achilles.

^aIn spite of the hardships the people of Dominica were facing, they were friendly and welcoming, grateful for whatever supplies we could provide," the technical sergeant said. "It's nice to do the hard work and see the immediate, tangible reward."

In addition to aid rendered to the island of Dominica, McChord Airmen flew 15 airlift missions in support of hurricane relief efforts in the Caribbean and Gulf of Mexico, including more than 920,000 pounds of cargo and 270 passengers and aeromedical patients airlifted by means of C-17 Globemaster III, according to a report from the 62nd Airlift Wing. The 62nd AW also flew the first C-17 into St. Thomas, in the Virgin Islands, following Hurricane Irma, airlifting 50 Federal Emergency Management Agency Urban Search and Rescue personnel, ground equipment and supplies to the badly damaged island. "I had never been part of a humanitarian aid mission before," Achilles said. "I would love to be part of one again. Seeing conditions on the island headed in the right direction after such devastation was extremely rewarding.'

Courtesy Photo

French military side of the

to share. From there, we

airport which we were allowed

Dominica," Achilles said. "Each day, we met with our Army counterparts in the immediate, tangible reward."

Tech. Sgt. Henry Achilles 62nd APS air transportation standardization evaluation program

planned the logistical redeployment of all cargo that needed airlift to the United States ensuring it was air worthy and conducting joint inspections."

Proving "one team, one fight" is more a mentality than a slogan, Airmen worked alongside servicemen and women from the Army, the Navy and the Marine Corps to bring relief to the people of Dominica.

JBLM CLERGY SYMPOSIUM

Local clergy gain insight and connection

Event discussed issues among military, families

BY RUTH KINGSLAND Northwest Guardian

The ability to deal with critical situations is vital for clergy, especially when counseling America's service members.

That's why about once a year, Joint Base Lewis-McChord's pastors and faith community staff members gather together for a daylong conference to learn more about dealing with military families, service members and the issues they are dealing with.

This year, that came in the form of the Clergy Symposium at the Lewis Main Chapel on Lewis Main Nov. 29.

Colonel William Percival, commander 627th Air Base Group and deputy joint base commander, provided the opening remarks at the event, which was attended by more than 60



Courtesy photo

Chaplain (Col.) Marc Gauthier, JBLM garrison chaplain, gives a briefing during the JBLM Clergy Symposium at the Lewis Main Chapel Nov. 29.

local pastors and leaders of the JBLM faith community.

"The event was very beneficial and a great outreach opportunity to local clergy to understand the demands placed on the service members (who) are part of their congregations in the local area," Percival said. "The gathering of faith leaders not only provided them context of the challenges facing our joint team but provided them tools as well, specifically in the identification of (post-traumatic stress disorder) and the support they can provide to those affected and their families."

Percival applauded Chaplain (Col.) Marc Gauthier, JBLM garrison chaplain, and other coordinators for putting together the event and "also in having the foresight to meet the greater spiritual care of Soldiers, Sailors, Airmen, Marines and our civilian teammates on this diverse and busy joint base."

Training topics at the event included: dynamics of military families; ministering to families before, during and after deployments; what to do when you suspect someone in your congregation has a stress disorder; and an overview of Reboot — a combat recovery program that can be implemented in churches for service members, veterans and their families.

Attendees at the symposium also had a chance to learn from the Engagement Skills Trainer, a way to better understand service members. Chaplain (Lt. Col.) Young Kim, garrison operations and planning chaplain, said several church leaders at the event have congregations who are 90 percent military families.

"That's why it is so important they understand their congregation," he said.

One of the most fun parts of the day, Kim said, was after lunch when the group went to a shooting range on base.

"We had fun; many of the clergy had never held a gun," he said, adding the experience was another way for clergy to better understand their flock.

Chaplain (Col.) Yvonne Hudson, I Corps command chaplain, said she was impressed with how well attended were the Nov. 29 event and a similar such event Oct. 27 at the Yakima Training Center.

"(The Clergy Symposium and its after effects) is a great outreach to the community and a great way to connect our service members with local churches," she said. NORTHWEST GUARDIAN

Viewpoint

4A



Commander, I Corps and Army Senior Commander, JBLM Lt. Gen. Gary Volesky

Commander, 62nd Airlift Wing and Air Force Senior Commander, JBLM Col. Rebecca Sonkiss

Joint Base Garrison Commander, JBLM Col. Nicole Lucas

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VIEW FROM THE TOP



SCOTT HANSEN Northwest Guardian / 2016 Hobbies and recreation, like participating in fun runs and marathons, are good for your physical and mental health.

Finding a good work-life balance key to resiliency

BY CHIEF MASTER SGT. DERRICK HARRISON

621st Air Mobility Advisory Group TRAVIS AIR FORCE BASE, Calif. - As we progress through the enlisted and officer ranks, we start to gain additional tasks, duties and person-



nel concerns. Your career is no longer just about you, but includes the Airmen you lead on a daily basis.

Sometimes we get so consumed with making sure the mis-

sion and the people are taken care of, we forget to take care of ourselves.

I have been to numerous conferences and leadership off-sites that are designed to help establish a sustainable work-life balance, but all that seems to happen is I get behind on work.

As a superintendent, we tell the Airmen we lead to go home and spend time with their families or take a knee. The funny thing about that is we as leaders do not follow our own advice.

morning, shut them off at night and, occasionally, worked a few hours on weekends. When I say occasionally, I mean every weekend.

My fellow Airmen and I imitated those actions because we wanted to be just like those leaders. We did not have any children at the time and my wife worked, too, so we were good, right?

The grind continued through various deployments, 9-11 and several bumps in rank.

Fast forward to 2012. I am now a senior master sergeant and my wife is pregnant with our first child. This was going to be a piece of cake.

My wife was going to have the baby, I would do my 10 days of paternity leave, complete with a few "baby talk sessions," and I was back to the grind.

It is funny how fast life comes at you, because the pregnancy did not go as planned, and my daughter had to spend 70 days in the neonatal intensive care unit. The whole time, I struggled with establishing my work-life balance. I never learned, never desired to learn how to deal

My wife took some time off from work to be home with our daughter, which took a little stress off of the family. I guess life saw me reverting back to my old self and threw me another curve ball.

Our 6-month old was diagnosed with a perforated appendix and had to have surgery. Yes, a 6-month old had an appendectomy and she still marvels at the scar on her tummy.

You would think I would have learned my lesson after that, but a few other events had to happen, which caused me to wonder if it was time to hang up the uniform.

I was encouraged by several peers and mentors in my circle of trust to continue serving in this great Air Force of ours. In order for me to do that, I had to make some changes to my work-life balance.

I have started to make events that I may have been too busy for in the past. My new hobbies are deejaying with actual vinyl records, playing the "Lego Batman video" game with my daughter and running at least two half marathons a year.

I communicate with my family so we have a game plan for official Air Force functions, temporary duty and short tours which allows us to spend more time together. I share my story in hopes that it helps our Airmen realize how important it is to have balance and take the time to enjoy time away from work. It took the better part of a 24-year career for me to even acknowledge the need for work-life balance – and I'm still learning.

Harrison

STRAIGHT TALK

To join the "Straight Talk" conversation, visit facebook.com/JBLewisMcChord



Holiday ornaments are full of memories. What's your favorite ornament and why?

"The crystal snowflakes my sister sent from Germany. She passed away almost seven years ago. They are the last ornaments that go on the tree, then I have a shot of tequila in her memory."

- JERI SETZER

"My favorite is a small doll named Shiny Brite who my parents gave me for my ninth birthday. I love this little doll, and she has had a special place on my Christmas tree every year since. I love Christmas and putting up my tree and other decorations and, especially now that both my parents are gone, I truly do enjoy gazing at the tree, seeing Shiny Brite and remembering Christmases past."

> - RUTH LONGORIA KINGSLAND Chapel

"The ornaments my grandchildren made for me."

– JERI RANDOLPH

"Bridge hospice ornament they gave me when my mom passed away."

– RYAN BRIGHTMAN

Next week's question

What's your favorite holiday movie?

We sometimes show up early in the morning and leave after most have gone home.

We often eat lunch in our office or forget to eat at all. Let's not talk about breaking away during a duty day for physical training because that would be a monumental feat.

Throughout my career, I sat, watched and learned from leaders who turned the lights on in the

CHAPEL SERVICES

Saturday, 4:30 p.m. — Madigan

No. 2 (reconciliation at 4 p.m.) Sunday, 9 a.m. — Lewis Main Chapel

Saturday, 5 p.m. — McChord Chapel

Sunday, 9 a.m. — Madigan Chapel

Sunday, 10 a.m. — McChord Chapel

Sunday, noon — Lewis Main Chapel

Sunday, 5 p.m. — Lewis Main Chapel Weekdays, noon — Lewis North

Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125

PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers'

1st Friday, noon — McChord Chapel

8:30 a.m. — Traditional — McChord

10 a.m. — Contemporary — Four

10:30 a.m. — Collective — Lewis

10:30 a.m. — Collective — Madigan

10:30 a.m. — Contemporary — Ever-

McChord Chapel Support Center

Friday, 7 p.m. — Lewis Main Chapel

Friday, 12:30 p.m. — Evergreen

Friday, 6 p.m. — Soldiers' Chapel,

Wednesday, 7 p.m. — Building 6230,

11 a.m. —Gospel — Lewis North

Chaplains Memorial Chapel

11 a.m. — Contemporary –

DIVERSE WORSHIP

Chapel, 253-968-1125

Lewis Main, 907-952-4156

CATHOLIC MASSES

Chapel

No. 2

Chapel

No. 2

Chapel

Chapel No. 1

Main Chapel

green Chapel

Chapel

Jewish

Islamic

Buddhist

253-966-5959

Pagan/Wiccan

with any of this.

I still had things to accomplish and mentors to make proud. This life-changing event forced me to start to dial it back, a little.

We left for Langley Air Force Base, Va., shortly after my daughter was born and things were going to be great. I started a new job with the 45th Intelligence Squadron and things were about to get back to normal.

IBIM SNAPSHOT



BRIAN LIESSE Courtesy Photo

Joint Base Lewis-McChord's Cub Scout Pack 462 presented the colors before the Seattle Thunderbirds vs. Kamloops Blazers at the ShoWare Center in Kent Saturday. This was the third year in a row in which Pack 462 was invited to present the colors for the Thunderbirds. Kamloops defeated Seattle 2-1.

THIS WEEK IN HISTORY

Dec. 8, 1980: John Lennon is assassinated in New York City.

Dec. 9, 1992: U.S. Marines storm Mogadishu, Somalia.

Dec. 10, 1917: Red Cross is awarded Nobel Peace Prize.

Dec. 11, 1936: Edward VIII abdicates the British throne.

Dec. 12, 2000: GM announces phase-out of Oldsmobile.

Dec. 13, 1862: Battle of Fredericksburg.

Dec. 14, 1900: The birth of quantum theory.

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Lowest 5-Year Cost to Own.

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Plus Get

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Starting At

26323

2.9% Up To

63 months OAC ***



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NORTHWEST GUARDIAN



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University of Maryland University College

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TREES FOR TROOPS SATURDAY, DEC 9

0700-1100 at the American Lake Conference Center, 8085 NCO Beach Rd. at Lewis North

RANKS E-5 & BELOW WHILE SUPPLIES LAST



SKIESUNLIMITED

Bedazzling begins for performers

The performers deliver tickets, Christmas joy

BY RUTH KINGSLAND Northwest Guardian

The holiday spirit was unmistakable at the Family and Morale, Welfare and Recreation and Child, Youth and School Services' Building 2013 Nov. 30 as young costumed performers from SKIESUnlimited's upcoming full-length production of "The Nutcracker" bedazzled offices and employees with glitter, candy canes and invitations to the show.

This is the second year SKIESUnlimited has produced "The Nutcracker" and hosted the preproduction bedazzling event.

"Let the bedazzling begin," said Cindy Arnold SKIES-*Unlimited* co-director, as she, in traditional 18th Century English garb, led a group of about a dozen costumed children and parents throughout the threestory structure.

Melissa "Mel" Massey-Maroni, director of "The Nutcracker," held the hand of 4-year-old Marley-Rain Loketi, who was dressed as a mouse, as the group walked down a staircase into the basement.

Marley-Rain's mom, Deloria Loketi, is a dancer in the production — as are a few of the child's cousins, including 10year-old Johnathan Keyes, who portrays the show's lead character: the Nutcracker. Loketi said she has enjoyed the three months of practice and is ready for the production to open.

"This is my daughter's first time in ballet, and she gets really excited — we all do," the Army wife said.

She and Bethany Pagliuci, also a military spouse, accompanied the bedazzling cast event. Pagliuci's daughter, Lilliana, 6, and Tristan, 8, had a blast entertaining office workers with their antics.

Lilliana is cast as one of a group of bakers — an addition to this year's show — and wore



SCOTT HANSEN Northwest Guardian

Jamie Midstokke, chief of financial

management for

Recreation, left,

from SKIESUnlim-

ited's "The Nut-

cracker" as they

office Nov. 30.

deliver candy canes

and an invitation to

see the show to her

JBLM's Family and

Morale Welfare and

greets cast members

Cast members from SKIES*Unlimited's* "The Nutcracker" pass out candy canes and an invitation to see the show to Ian Cook, an information technology specialist, outside his office in the Joint Base Lewis-McChord's Family and Morale Welfare and Recreation building Nov. 30.



her chef's cap and costume for the event.

"I don't bake," she said, "but I do love cookies and cupcakes."

Tristan portrays a soldier in "The Nutcracker" and marched stoically through the Family and MWR hallways in his bright red costume, only smiling briefponded to great way t

ly when workers responded to the cast members.

"Thank you," said Ian Cook, an information technology specialist for Family and MWR, as a few dancing fairies "bedazzled" him by tossing glitter and handing him a candy cane and an invitation to purchase a \$5 ticket to the show. "This was a great way to start off the season."

Eleven-year-old Dori Emmons portrays the Dewdrop Fairy in "The Nutcracker." Dori said her favorite parts of being in the show are: "Dancing and the joy it brings to families, and the story (the show) tells."

This is the second time Emi-

with Santa

0

Saturday, Dec. 16

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000

"I just love this music; you can never get tired of the magic of Tchaikovsky's 'Nutcracker."

Melissa Massey-Maroni Director of "The Nutcracker"

lee Bruderer, 13, a seventhgrader at Woodbrook Middle School in Lakewood, has been in a "Nutcracker" production. She was in a similar show on base in Hawaii four years ago.

Emilee and her family moved to Joint Base Lewis-McChord in September after living in Fort Carson, Colo., and Idaho, while her dad was deployed.

"I had fun in the Hawaii show, but this one is smaller and I like it better because it is more organized," Emilee said.

Her mom, Amanda Bruderer, said she was pleasantly surprised to find out auditions for the production were scheduled four days after the family arrived at JBLM.

"Emilee has been in ballet since she was 3 years old, so we jumped at the chance to be in a show here," she said.

Emilee said she's looking forward to the performance because her grandparents are driving from Idaho to see her and her sister in the show. her 6-year-old sister, Anna, portrays a mouse in the show.

"Happy Nutcracker! Happy Nutcracker!" Arnold crooned as she directed the troupe of performers on to the next set of offices.

The overture from the ballet played over a small CD player Arnold carried, filling the hallways.

"I just love this music; you can never get tired of the magic of Tchaikovsky's 'Nutcracker'" Massey-Maroni said.

The production opens Friday at Evergreen Theater on Lewis Main and continues through Sunday. Tickets are available during business hours at Leisure Travel Services inside Bowl Arena Lanes on Liggett Avenue, Lewis Main. For more information, call 253-967-3085.



8A

The Club at McChord Field 10 a.m. - Noon

\$13 Adults & Children 10 & over
\$10 Children 3-9 years of age
\$2 Children 2 & under

Advance purchase is required, reservations can be made on JBLMmwrRegistration.com or by calling 253.982.5581

After breakfast join us at the American Lake Conference Center for Winterfest

700 Barnes Blvd. JBLM McChord Field

FRIDAY DECEMBER 8 2017

DIRECTORATE OF PLANS, TRAINING, MOBILIZATION AND SECURITY

Winter is coming; JBLM is ready

BY DEAN SIEMON Northwest Guardian

Just like characters say on the hit television show "Game of Thrones," winter is coming. Although winter officially arrives Dec. 21, there is no need to fear an army of white walkers and an undead dragon, forecasts are expecting a La Nina winter that could create havoc on those Joint Base Lewis-McChord drivers.

The JBLM Directorate of Plans, Training, Mobilization and Security, along with senior leaders on the installation, have developed a system of managing risks posed by severe winter weather. Todd Eckstein, the chief of Plans, Operations, Emergency Management and Mobilization under DPTMS, said the JBLM Severe Weather Decision Matrix is used yearround, but becomes a big focus starting in October.

In years past, Eckstein recalled snowfall that melted and froze, with additional freezing rain falling on top of that.

"You look out your window, and it looks like something out of a postcard, but it's extremely dangerous," Eckstein said. "Basically, (the weather) winds up taking a whole bunch of power lines down and the roads become extremely slick."

Decisions about delayed arrival, early release or closure depends on the matrix. It not only considers JBLM, but the regions surrounding the base, including cities like Tacoma and Olympia.

Eckstein said his team usually relies heavily on weather reports from the National Oceanic and Atmospheric Administration and local news agencies.

Points are calculated based on



SCOTT HANSEN Northwest Guardian / 2012

Soldiers clean up debris left behind after a winter storm in 2012. Joint Base Lewis-McChord received a heavy snowfall and freezing conditions during the week of Jan. 17-22, 2012. Most of the base's personnel stayed home and keep updated on information through the severe weather curtailment program.

the severity of temperature, type of precipitation, snow accumulation, wind speeds and road conditions. Additional points are added if there are closures for Clover Park School District, Tacoma Public Schools and the Olympia School District.

Once a minimum threshold is reached, an assigned watch officer will contact the members of the Severe Weather Board via a telephone conference. Depending on the severity of current and expected weather patterns, decisions are then made between the senior commanders from I Corps, 62nd Airlift Wing, Madigan Army Medical Center and members of the Joint Base Garrison Command.

This conference usually takes place the afternoon prior to expected weather or in the evening if the storm system is expected in the early morning. Eckstein said the team tries to keep an eye on how a weather system is progressing while allowing enough time to get a proper notice of schedule changes to employees who are not mission critical.

"We don't want to make a decision at 3 a.m.," Eckstein said. "We try to be proactive enough that the commanders can actually make those decisions on whether it's an early release, a curtailed operation or a late start in the morning."

When snow, ice or a combination of both are on the installation, priorities have been set by the JBLM Snow and Ice Control Plan for areas that will be cleared immediately. Gray Army Airfield on Lewis Main and McChord Field's airfield are at the top of the list, followed by routes for emergency vehicles, Eckstein said.

Next are priority roads where most of the traffic funnels through the installation, such as Pendleton Avenue on Lewis Main and 41st Division Drive on

NEED TO KNOW

• To stay up do date on severe weather, visit the JBLM Alert System and sign up for notifications, tinyurl.com/gl5g3sq.

• Updated road conditions can be found at tinyurl.com/ycgvwrop.

Lewis North. Eckstein said the folks with JBLM Directorate of Public Works have quite the knowledge of roads most prone to icy conditions, which is part of their trickle down plan to make driving surfaces safe.

"If we get a bunch of snow and then it clears up, they'll go through those roads that are used the most, the secondary roads and then the parking lots as they have time available," Eckstein said.

In regards to buildings on the installation, barracks and unitassigned offices generally fall under staff duty assignments. Building managers for places like fitness centers and shopping areas are responsible for clearing snow and ice from their facility's doorsteps, landings, porches, sidewalks, driveways, stairs, building ramps and fire hydrants.

Occupants of base housing are responsible for clearing the snow and ice from their own doorsteps, landings, porches, sidewalks and driveways.

"There are a couple of areas, like daycares, where DPW will give them a hand, and the emergency room parking lot at Madigan," Eckstein said.

Dean Siemon: 253-477-0235, @deansiemon

TRAVEL SAFETY

Protect yourself from winter travel dangers

BY PATTI JEFFREY Family and Morale, Welfare and Recreation

Don't be caught in the cold when it comes to vehicle safety this winter. The seasoned experts at your auto centers on Lewis Main and McChord Field are ready to help you get your vehicle in good shape for cold



When traveling during the winter season, drivers are encouraged to include safety items such as a first-aid kit, blanket and flashlight in their vehicles in case of emergencies. should bring extra warm clothing, medication for one or two days, extra water and nourishing snacks. Also carry a first-aid kit, pocket knife, duct tape, flashlight and emergency blankets.

DO IT YOURSELF

Rent a stall at one of the JBLM Morale Welfare Recreation's auto centers For a small fee, you can rent bays and lifts that vary according to function at each location. For instance, you can use a drive-on lift for changing oil easily, arm lifts for changing and rotating tires and rotary lifts for better access. Most stalls are equipped with their own tool box. Changing your own oil and fluids and lubing your vehicle saves you a lot of money – learn how at the JBLM Morale Welfare Recreation's auto centers. The McChord Field Auto Center even has a lube and oil Change class and a car check-up class; just call to make an appointment.

weather.

Here are quick tips on how to winterize your vehicle and be prepared for winter travel.

It's critical to check your fluids no matter what season it is. Ensure your vehicle has adequate antifreeze, even if it's not being used. Your engine block is in danger of freezing and cracking (an expensive repair) without antifreeze to protect it.

Use all-season oil, which won't get thick in colder temperatures. Most new cars use 5W/20 or 5W/30.

Check to see if your windshield washer is formulated for winter temperatures. Even window-washing solutions have some antifreeze to prevent your windshield from icing up.

Remember to check your transmission and brake fluid levels before you go on any trip.

SENIOR AIRMAN ARECA BELL U.S. Air Force Photo

Check your wiper blades to see if they are proper for winter use. Some blades can freeze and Speaking of tires, buy good

all-season tires that wear well in both summer and winter. Get your battery and battery

cables serviced. You wouldn't want to get stuck somewhere in freezing weather for any length of time.

Carry an organizer in your vehicle with these essentials: de-icing fluid, quart of oil, quart of transmission fluid, jug of 50/50 mix of antifreeze, bottle of brake fluid, emergency flares, paper towels, portable air pump, windshield scraper, booster cables and a distress flag.

Also carry snow chains or cables, portable shovel and tow chain or rope if traveling in cold conditions or over passes.

If you ever need help, you'll have the supplies on hand to quickly get your vehicle back on the road.

Each person in your vehicle

For more information, call the Lewis Main Auto Center at 253-967-3728 or the McChord Field Auto Center at 253-982-7226.

7TH INFANTRY DIVISION

Bayonet Division hits centennial milestone on JBLM

BY RUTH KINGSLAND

Northwest Guardian Happy 100th birthday 7th

Infantry Division.

World War I saw the birth of many of the nation's military units and installations, including Camp Lewis, now Joint Base Lewis-McChord. Five Army divisions across the country also are celebrating centennial anniversaries, according to Lt. Col. Fredrick Williams, public affairs officer for the 7th Inf. Div.

Williams, who has been with the division since 2016, realized the importance of 2017 to the 7th Inf. Div. and suggested a celebration for the Bayonets.

A prouder history is hard to find, he said, and the 7th Inf. Div. is celebrating that century of service with several events from Sunday to Dec. 15.

"I'm very proud to be part of the 7th Infantry Division," Williams said. "We've been part of almost every (conflict) from World War I on, and we've had a lot of heroic people in our division."

flexible.

One such Soldier, 1st Lt. Benjamin Wilson, of Vashon Island, Wash., is one of the division's 17 Medal of Honor recipients, for his heroism during the Korean War.

become rigid rather than remain

Make certain your tire pres-

sure is adjusted for cold weath-

er. Tire pressures are naturally

and lower in cold temperatures.

higher in warm temperatures

Underinflated tires wear out

more quickly. Also check your

spare tire for proper air pressure

and ensure that you have a jack

Reportedly, Wilson was injured and being carried on a stretcher from the battlefield when the men carrying his stretcher set him down to rest. Although he was in pain, Wilson got off the stretcher and walked back up the hill to fight with his fellow Soldiers.

According to his Medal of Honor citation: "Wilson led a bayonet attack that reduced the objective and killed 27 hostile soldiers. While friendly forces were consolidating the newly won gain, the enemy launched a counterattack and Wilson, realizing the imminent threat of being overrun, made a determined lone-man charge, killing seven and wounding two of the enemy, and routing the remainder in disorder."

Wilson Sports and Fitness

Center, on Lewis North, is named for this heroic 7th Inf. Div. Soldier, according to Williams, who said he spent a lot of time in historical research for the division's centennial.

"We're a unique division, and the research was fun and kept me very busy," he said.

The 7th Infantry Division also known as the Bayonet Division — was created and first activated Dec. 6, 1917. It was organized at Camp Wheeler, Ga., Jan. 1, 1918.

In addition to its recent five years of active service at JBLM and previous service at the installation from 1993 to 1996, the 7th Inf. Div. spent several of the past 100 years based at Fort Ord, Calif.

The division has participated in many of the nation's battles in the last 100 years, including in the Pacific Ocean theater in World War II, the Korean War, Panama, various locations during the Cold War and Operation Freedom's Sentinel.

The division's motto is "Trust

IF YOU GO:

What: 7th Infantry Division Centennial

Where: Harrison Hall on Lewis Main

When: Dec. 15 from 10:00 a.m. to 1 p.m.

in Me," which "reiterates the nation's confidence and trust in the 7th Infantry Division's ability to provide units that are trained and ready to deploy, fight, and win decisively, given any mission, in any environment," according to the division's Facebook page.

The Bayonet Division is currently led by Maj. Gen. Willard Burleson III, commanding general, and consists of a support staff of 250 Soldiers and also oversees about 15,000 Soldiers in multiple brigades across the installation.

The 7th Infantry Division

Centennial Week kicked off Sunday with a Commander's Holiday Reception at the home of Burleson. A birthday celebration was hosted by retired Maj. Gen. John Hemphill at McNamara's Pub in DuPont. Upcoming events include:

• Commander's Symposium, Wednesday, 1 to 5 p.m. and Thursday, 6:30 a.m. to 4:15 p.m. at American Lake Conference Center

• Living History Social at the Lewis Army Museum, Wednesday, 5 to 7 p.m.

•7th Inf. Div. Open House at Harrison Hall, after a cake cutting ceremony, time capsule burial and a dedication of the Light Fighter Soldier statue, in front of the 7th ID headquarters, Dec. 15 from 10 a.m. to 1 p.m.

• Formal dinner Dec. 15 from 5:30 to 9 p.m. at American Lake Conference Center

The only events open to the public are those connected to the Open House and statue dedication Dec. 15.

Health Beat

MADIGAN SHOUT OUT

Master Sqt. Shaun Elton, pictured with his wife, Elizabeth, is a Joint Base Lewis-McChord Warrior Transition Battalion Soldier who medaled in swimming at the Regional Pacific Warrior Trials at the Schofield Barracks, Hawaii, Nov. 5 to 11.

Altogether, 22 WTB Soldiers brought home 62 medals. Every WTB participant earned a medal in events including archery, hand cycling, swimming, shooting, and track and field events.

Soldiers also joined in the wheelchair basketball





and seated volleyball exhibitions.

Top competitors will be invited to the Army Trials 2018, and from there have the opportunity to compete in the Department of Defense Warrior Games.

MADIGAN ARMY MEDICAL CENTER

GENERAL SERVICES Emergency: 911

Nurse Advice Line: 1-800-874-2273, option 1

Madigan directory: 253-968-

Tricare Regional Appointment Center (TRAC): 800-404-4506 Tricare On-Line: tricareonline.

com United Health Care: uhc-

militarywest.com, 877-988-9378 Pharmacy Refill: 253-968-2999

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macy service: 877-363-1433 or

www.express-scripts.com **Referral Coordination Center**

Hotline: 253-968-2903 Patient Admissions: 253-968-3827/3829

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BEHAVIORAL HEALTH SERVICES

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- Military One Source: 800-342-9647
- National Suicide Prevention

Life Line: 800-273-8255 (Option 1) **Exceptional Family Member**

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Center: 253-968-1850 Fisher House: 253-64-9283 Public Affairs Office: 253-

968-1901 **Veterinary Treatment Facil-**

ity: 253-982-3951

Madigan Directory Assistance: 253-68-1110

Madigan Army Medical Center website: mamc.amedd.army.mil Email: usarmy.jblm.medcommamc.mbx.pao@mail.mil

Lighting the season at Madigan

Madigan hosts holiday lighting festival Dec. 1

BY KIRSTIN GRACE-SIMONS Madigan Public Affairs

The shortened days of winter beg populations the world over to celebrate symbols of light and life.

From the solstice to Christmas to the Hanukkah festival of lights, the warmth, growth and survival that light bestows have rich meaning.

The Christmas tree, for example, is "A symbol of life, new hope that exists during the very dark winter times of our lives," said Chaplain (Maj.) Scott Nichols at Madigan's Christmas tree and menorah lighting ceremony Dec. 1.

Hosted by Madigan Army Medical Center's Department of Ministry and Pastoral Care, this year's event featured songs of both the Christian and Jewish faiths, details on the meaning of the Christmas tree and menorah, treats and a visit from Santa.

Chaplain (Maj.) Henry Soussan, a rabbi with the 201st Expeditionary Military Intelligence Brigade on Joint Base Lewis-McChord, offered thoughts from the Hanukkah tradition.

"Some situations may be



Col. Michael Place, left, Madigan Army Medical Center commander, lights a Christmas tree and menorah with the help of Lourdes Esther "LE" Torres, 5, at a ceremony at Madigan Dec. 1.

der, light the tree and menorah. LE was excited to be a part of the festivities.

During an office visit with the Torres family before the ceremony, Place and his wife, Jackie, asked LE if she was ready to give the commander a hand. She shyly nodded and, hand-inbe a more normal holiday."

LE was diagnosed with acute lymphoblastic leukemia in December of 2016. She has undergone multiple procedures with the help of her care team Harper, Lt. Col. (Dr.) Melissa Forouhar, who are both pediatric hematology/oncology specialists, and her nursing team, notably the nurse who nominated her for lighting duty, Kirstin Vanhoute, R.N. – and her family.

"She's just a tough little cookie.'

And like cookies, Vanhoute will tell you, Torres is sweet. She is also very savvy about her own care.

"LE's always good at telling us exactly what she needs, to include when her mother forgot that she needed her flu shot, Forouhar said. "So, she made sure we knew that she needed a shot today as well as that her mother was wrong and forgot it."

lighting ceremony provided a joyous break from a longer road to full recovery.

'Now that she's in maintenance phase, it's still difficult, but it's more normal," said Sgt. 1st Class Victor Torres, LE's dad, and an instructor at the Noncommissioned Officer's Academy where he teaches the instructor course. "This one has some longevity to it. So that's a plus and now we can get back to doing more things.'

There is still more to come. "She'll have another at least year and half of therapy before she's all done," Harper said. "But, she is doing great with it. LE's mom has been really good about focusing on LE and her needs. Both mom and dad are really supportive of her.'

In addition to mom and dad, Torres has two older sisters and a brother.

Dreana is a high schooler who is looking forward to the family's pajama Christmas party, in part because of the gingerbread house competition planned for the older kids in attendance.

"We're all about competition," Dreana said.

Lana is a seventh-grader who is involved with multiple chores at her performing arts school. Victor Jr., known as Son by those close to him, is a young artist who is taken with painting.

While the future holds more challenge, it also looks bright for the Torres family. The fam ily is going to Walt Disney World with the Make-A-Wish program.

10A

difficult during the year, especially here," Soussan said. "But Hanukkah teaches us never to give up hope no matter how dire our situation may be.'

One of the highlights of the ceremony was watching Lourdes Esther Torres, 5, known as "LE," help Col. Michael Place, Madigan comman-

hand, she and Place went to the Medical Mall Bridge for the afternoon ceremony.

"Last Christmastime, she ended up being in the hospital while she was first undergoing treatment," said Lt. Col. (Dr.) David Harper, one of LE's team of doctors and caregivers. "So I think she's excited to have this

"She's had a lot of meds that have made her really sick, but she keeps smiling; and forgives us when we have to poke her with needles," Vanhoute said.

"Yes, she reminded everybody," said Lurita Torres, LE's mom.

A year into this challenge, the

"I think they're all looking forward to May," Victor said. Until the sun returns, little LE and her whole family helped Madigan light the way through the dark days of winter.

WARRIOR TRANSITION BATTALION

WTB staff show they are best in the field

BY SUZANNE OVEL Madigan Public Affairs

When Soldiers enter their battalion — wondering if their injuries, wounds or illnesses will let them stay in the Army or if they foretell roads back to civilian life – the Joint Base Lewis-McChord Warrior Transition Battalion staff work alongside them to support their new directions.

For their work supporting and leading these Soldiers through their recoveries and transitions, three WTB staff members earned the 2017 Cadre Excellence Awards from the Warrior Care and Transition Program. Mary Ball and Bob Malm received their awards at a ceremony Nov. 22 at the WTB; Sgt. 1st Class Maria Guerra, a former WTB platoon sergeant and award winner, was unable to attend.

To be selected out of all the other transition coordinators, when there's 48 in the enterprise, is a great honor, because I know there's a lot of really great transition coordinators across all of the WTBs," Ball said, the JBLM WTB transition coordinator who oversees career and education readiness.

She and Malm, a comprehensive transition plan management analyst, understand that the Soldiers they work with undergo many life changes at once, to include physical, emotional, career and social changes. They get the stress and worry that accompanies

career changes forced by medical conditions.

"Once you get a little bit older, it's kind of hard to change your career," Malm said. "If you have a 31-year-old (the average age of a WTB Soldier) who's been in the military since the age of 18, that's a long time to be doing a job and now all of a sudden finding out that they're no longer capable of doing that, it's a hard pill to swallow.³

That's where transition coordinators come in, Ball said. They oversee Soldiers' internships, apprenticeships or education plans; gather information from job and education fairs; and serve as a one-stop hub to get career information.

More importantly, she said, the transition coordinators cut through red tape so that Soldiers can focus more on their medical care.

"Mary was recognized due to her outstanding performance with coordinating with the various agencies, but I think a lot of it is just her energy that resonated with the Soldiers,' said Lt. Col. Julie Craig, WTB commander. "She really knows the Soldiers, knows their wants and likes, what they're seeing for the future, and really ensures that we maximize their success stories.'

Her work directly supports Soldiers' comprehensive transition plans, which are roadmaps for their transitions back to the regular Army or to civilian life



SUZANNE OVEL Madigan Public Affairs

Bob Malm, left, a comprehensive transition plan management analyst, explains reports from the Army Warrior Care and Transition System to Sgt. 1st Class Michael Reeves Tuesday.

- designed by the Soldiers but supported and resourced by the battalion.

Malm works more behind the scenes to manage the comprehensive transition plans electronically via the Army Warrior Care and Transition System program, in which Soldiers evaluate the six domains aligned with their plans and conduct self-assessments; cadre also enter risk assessments into the system. At the award ceremony, Malm was lauded for his speed and accuracy in understanding data, for streamlining self-assessment

processes to reduce unnecessary workloads and for training cadre and staff on their roles and responsibilities in using the Army Warrior Care and Transition System program.

"Bob is just a go-getter," Craig said. "He knows our (Army Warrior Care and Transition System) and is able to provide accurate data for the staff and the command teams to be able to analyze ... and then just basically take on anything you ask for. He's truly a team player and looks to assist anyone in the battalion.'

In fact, Malm's work helps

Ball pinpoint what areas to emphasize in helping Soldiers with their transitions. As a retired Soldier, Malm said he loves his job because he's still supporting Soldiers.

"I was voluntarily retired, so I'm not in their shoes, but I was a peacetime Soldier — although nobody really wants to go (to war), I feel like I could've possibly done more," Malm said, who's worked at the WTB and its predecessor the medical hold unit since 2005. "I'm fortunate that I have a job working in the military. When these young Soldiers come through here, it warms my heart to be able to do something. My entire military career has been about supporting the Soldier who's out there fighting — here, I'm still supporting the Soldiers who are fighting so I'm continuing with my initial mission."

Ball, a military spouse herself who's worked at the battalion for two years, finds meaning in supporting Soldiers and their spouses as well. She said that when Soldiers initially meet with her, they often feel overwhelmed by their sometimes tumultuous career futures, wondering how they'll support their families if they leave the Army. She walks them through how she and her team can help them with what may be their new careers.

"The greatest compliment I've been given is that I give them hope," Ball said.

Fisher House: 253-964-9283

Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@ nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT Bronze Star

A 1st Special Forces Group (Airborne) Soldier receives a Bronze Star from group commander Col. Will Beaupere at the McChord Theater Tuesday. Soldiers from Bravo Company, 2nd Battalion received one Bronze Star with Valor, 96 Bronze Star Medals and 20 Army Commendation Medals during a deployment to southern Afghanistan from May-October.

MAJ. ALLIE WEISKOPF 1st Special Forces Group Public Affairs

LET'S HEAR IT

What do you want to know in 2017? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477- 0182.

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days and federal holidays on Joint Base Lewis-McChord.

Dec. 25 - Christmas Day Dec. 26 - Army DONSA and Air Force Family Day Jan. 1 - New Year's Day Jan. 2 - Army DONSA Jan. 12 - Army DONSA Jan. 15 - Martin Luther King, Jr.'s birthday

YOUTH EVENTS AT HILLSIDE CENTER

Hillside Youth Center and Teen Zone has tons of fun events planned for middle school and teen youth in the coming weeks:

• Friday: Enjoy late-night activities for enrolled kids, including basketball and movies throughout the center. Bring a friend.

• Dec. 16: Free community Holiday Fest from noon to 4 p.m. Enjoy crafts, games, cookies, a bounce house and more.

Hillside is open to middle school and teen youth who are registered with Child and Youth Services; registration is free. The center is located at 6397 Garcia Blvd. at Lewis Main. For more information, call 253-967-4441.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop Santa and take home a holiday craft with help from the Arts and Crafts Center. The cost is \$13 for ages 10 and older, \$10 for ages 3 to 9 and \$2 for ages 2 and younger. Advanced purchase is required; register online at JBLMmwrRegistration.com. The Club is at 700 Barnes Blvd.

EVERYONE'S INVITED TO WINTERFEST

Kick off the new season with Winterfest — a celebration, party and festival wrapped into one. The entire community is welcome to come out to American Lake Conference Center Dec. 16 from 11 a.m. to 5 p.m. for games, make-andtake crafts and cookie decorating, face painting, door prizes, giveaways, refreshments, entertainment and much more merry winter fun. Trees for Troops will be in the parking lot giving away free trees to all valid ID cardholders and families with ranks E-5 and below on a first-come, first-served basis. Just find a parking spot, and go choose your tree. ALCC is located at 8085 NCO Beach Road on Lewis North.

JBLM NEWCOMERS' ORIENTATION BRIEF

Joint Base Lewis-McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around the base, all service members. civilians and adult family members are invited to attend the Newcomers' Orientation Dec. 19 at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m. Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site

child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcscheckappointments.com.

ATTEND MONTHLY KIDS' BOOK CLUB

Kids in grades three to five are invited to join McChord Library's monthly Kids' Book Club meeting the third Wednesday of the month at 4 p.m. Read fun books, meet fun people. Parents, bring your children by the McChord Library now to register and get a copy of this month's book. Check out "A Wrinkle in Time" by Madeline L'Engle for the Dec. 20 book club meeting. McChord Library is located at 851 Lincoln Blvd. at McChord Field. For more information, call 253-982-3454.

BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a **Building Managers Fire** Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. in Bldg. 2014 at Fire Station 107 Pendleton on Lewis Main. Next class is scheduled for Dec. 20. Fire Safety Class is limited to the first 25 people. Doors will open at 8:30 a.m. For more information, call 253-966-7164.

CLUB MEMBERS GET

savings throughout Family and MWR. The Club is located at 700 Barnes Blvd. For more information, call 253-982-5581.

MCCHORD LIBRARY SCHOOL BREAK FUN

Come out to McChord Library Dec. 20 for board games from 10 a.m. to 1 p.m and Playstation VR from 1 to 3:30. On Dec. 21, watch a family-friendly holiday movie double feature starting at 1 p.m. McChord Library is located at 851 Lincoln Blvd. on the ground floor at McChord Field. For more information, call 253-982-3454.

SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the third Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is Dec. 21.

KIDS' CUPCAKES AND CANVAS EVENT

The Arts and Crafts Center's Wine and Canvas events have been so popular that the staff has planned a special painting event for parents and children. Sign up online for the Cupcakes and Canvas event at Grandstaff Library at Lewis Main Dec. 22 from 5:30 to 8 p.m. Adults and kids ages 8 and older can enjoy cupcakes and snacks while each of you paint a canvas. You'll be shown how to paint step-by-step, so even beginners can have fun. The cost is \$20 per person; register at JBLMmwrRegistration.com. For more information, call 253-982-6726/6718.

FREE BIKE RENTALS NOW AVAILABLE

The GO Bike program has expanded availability to include Department of Defense family members ages 18 and older. Now all DOD employees, their family members ages 18 and older and JBLM contract employees can check out a free GO Bike for up to two weeks. Use the bikes to run errands, get to appointments or spend some exercise time outside. Find the GO Bike check-out locations on GOLewisMCChord.com.

FIRE EXTINGUISHER ANNUAL SERVICING

All facility fire extinguishers on base must be recertified and retagged annually. Accomplish this either by contractor via GPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg. 2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call the fire extinguisher shop at 253-966-2600.

FREE RIDE TO DUPONT WITH GO TRANSIT

Enjoy a free ride out to the City of DuPont with GO Transit Route 1 weekdays from 7 a.m. to 5:40 p.m. with 20 minute frequencies. Route goes from the City of DuPont to Madigan Army Medical Center. Visit popular DuPont restaurants and coffee shops, take a stroll, run errands, make a connection to Seattle or Tacoma, or access JBLM without driving a car. Common Access Card is required to board at the DuPont stop. For more information, call 253-966-3939 or visit GOLewisMc-Chord.com.

SCORE THE BEST DEALS ON TEXTBOOKS

The next college quarter starts soon. You don't have to break the bank on books; let Family and Morale, Welfare and Recreation's Bookstore inside Stone Education Center help you get your books for less. For more information, call the bookstore at 253-964-8185.

MOVING RESOURCES AVAILABLE ONLINE

Automated Housing Referral Network is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military families. Visit ahrn.com. Defense Travel Management Office consolidates, streamlines and centrally manages commercial travel. This single point of contact ensures consistency in the department's focus, policy and execution, marking a new era in government travel. For more information, visit defensetravel-.dod.mil. Defense Personal Property System is a centralized, integrated onestop source for managing personal property moves. For more information, visit move.mil.

GET CREATIVE AT ARTS AND CRAFTS CENTER

Relax, de-stress and learn a new skill at the Arts and Crafts Center on McChord Field. Classes include sculpture, painting, drawing, book binding, knitting, sewing, quilting, Zentangle, matting/framing and more. For current class descriptions and schedules, visit jblmmwr.com/arts_crafts. For more information, call 253-982-6723.

Mondays from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcscheckappointments.com.

JBLM FAMILY HOUSING FIRE SAFETY CLASS

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in to Lewis-McChord Communities. Service member must attend; spouse is welcome and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main. Doors open at 12:30 p.m.; class starts at 1 p.m. Parking is limited, so arrive early.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

Enjoy discussing books? Join the McChord Library's Novel Navigators. This adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Wednesday to discuss "The Help" by Kathryn Stockett. Registration is required in person. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For more information, call 253-982-3454.

ENJOY BREAKFAST WITH SANTA CLAUS

Santa's looking forward to having company for breakfast Dec. 16. He invites you and your family to join him for Breakfast with Santa at the Club at McChord Field from 10 a.m. to noon. Also bring your camera for a photo with

FREE LUNCHEON

Club members, you're being appreciated at a free luncheon at the Club at McChord Field Dec. 20 from 11 a.m. to 1 p.m. Family members and guests can also attend for \$5 each. Also get in on bingo and happy hour snacks starting Fridays at 5 p.m. Not a member? Call and ask how to join for discounts and

SIGN UP FOR JBLM ALERT NOTIFICATIONS

Joint Base Lewis-McChord Alert Notifications is a free service that allows you to sign up and receive emergency notifications about road closures, severe weather, utility service interruptions and public safety messages from Pierce County and the base. For more information, call 253-966-7526 or visit tinyurl.com/gl5g3sq.

CALL THE ENERGY WASTE HOTLINE

To stop energy waste and save valuable resources, the Joint Base Lewis-McChord base Energy Program has launched the Energy Waste Hotline. The primary objective of this hotline is to collect information about dayburners, incandescent bulbs, damaged fixtures, steam leaks and nonfunctional thermostats, etc. If you notice any opportunity, call or text 253-219-2394. The goal of the hotline is to improve energy efficiency, eliminate energy waste and save money.

THE USE OF SPACE HEATERS ON JBLM

The Joint Base Lewis-McChord Fire Department is not the authority for the use of space heaters on the base in your work area; the Directorate of Public Works' Energy Conservation is the OPR for the use of all space heaters on the installation. Contact Eric Waehling at 253-966-1772, eric.r.waehling.civ@mail.mil or Amin Sakhawat at 253-966-9011, sakhawat .amin.ctr@mail.mil.

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs! Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

What's My Next Move? Second Monday of the month from 1:45 to 3:15 p.m. at Work Source Pierce. Next meeting is set for Monday. Email kmyers@esd.wa.gov, or call 253-552-2547.

Hawk Job Fair take place Mondays (except DONSAs and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/ technology/business brief.

Brown Bag Mini Job Fair Wednesdays from 11:30 a.m. to 1:30 p.m. in the Hawk Transition Center Lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2.civ@mail.mil and mitchel.s.watson.civ@mail.mil.

Worksource Pierce Weekly Meetings Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. Fore more information, call 253-593-7300 or email backtowork@workforce-central.org. Camo2Commerce has

orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to midgrade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes or email rob@pacmtn.org.

WorkSource Veterans Service Orientation Briefings take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton. Next meeting is Dec. 20. For more information, call 206-205-3500.

Worksource Skills and Abilities Workshop Dec. 21 from 9 to 11:30 a.m. at the Hawk Transition Center. Learn to identify, demonstrate and package your skills and personal qualities to be meaningful to employers. Also learn oral communication skills and practice delivering a 60-second commercial — a brief, high impact presentation. For more information, email Jason Matheney at jason .b.matheney.civ@mail.mil.

Worksource Interview Techniques Dec. 21 from 1:30 to 3:30 p.m. at the Hawk Transition Center. Being able to handle a job interview is a necessity for any job seeker. In this workshop, learn valuable interviewing tips to answer difficult questions in a supportive and realistic environment. For more information, email Jason Matheney at jason b.matheney.civ@mail.mil. Spotlight Events and Em-

spotlight events and Employer Hiring Check for employer spotlight events on social media at facebook.com/ jblmunlimited for more information. Sign up at sfltap.army.mil or with your SFL-TAP Center at 253-967-3258/5599.

Boots to Business This is a three-day workshop covering topics related to how to start a business. Gain tools and knowledge needed to identify a business opportunity, draft a plan and launch an enterprise. Day three will consist of a field trip. Classes are located at Hawk Transition Center. For more information, call 253-967-3258.

Onward to Opportunity The NW Edge is a six-week program facilitated by different partnering agencies providing specialized transition workshops covering: speaking civilian, social media-LinkedIn, WA state economic demographics, resume tailoring, interviews, WA state opportunities, and a NW Edge social with employers. For more information, email Ben Dufay at bjdufay@syr.edu.

AGENCY RECORDS OFFICER IN LACEY

Washington State Department of Ecology — Salary: \$56,844 to \$74,604 annually. The Administrative Services Division within the Department of Ecology is looking to fill an

located in the headquarters office in Lacey. Employee manages the Records and Library Unit; this position indirectly manages records and information management staff across the agency and in all four regional offices, works with executive managers to continually research, analyze and improve processes, systems and policies related to records and information management, sets goals and objectives and establishes and oversees training needs for Ecology staff in all aspects of records and information management and is responsible for leading the agency in developing standards and protocols for implementing an enterprise content management system. For more information about the job, visit careers.wa.gov.

agency records officer position

OPERATING ENGINEER AT PORT OF VANCOUVER

Port of Vancouver USA Salary: DOQ. Seeking a professional, knowledgeable, operating engineer for a full-time position. The Port of Vancouver USA is a multi-purpose port authority located in Vancouver, Wash. along the banks of the Columbia River, handling a variety of bulk and break bulk cargos since 1912. The Port of Vancouver USA is a hub for more than 5 million tons of cargo moving from as far away as the Midwest to the Middle East, making its way on barges, rail, ships, or trucks — all converging on port docks. For more information about the position, email jobs@ portvanusa.com.

NORTHWEST GUARDIAN

FROM PAGE 1A BUDGET

months, and said he is most concerned with managing business practices to find money to make the military more lethal.

The deputy came to the department after 30 years at Boeing, where he shepherded the 787 Dreamliner to production. And while he said the transition from the aircraft manufacturer to DOD has been seamless, there have been some surprises.

"I will say a couple of the department's behaviors strike me as abnormal," he said. "First, operating without a budget is not normal. Doing so every year for nine years, is really not normal."

While this tongue-in-cheek statement was met with know-

ing laughs from the high-powered audience at the forum, it served to underscore the problems facing DOD.

"Airplanes are meant to fly," he said. "A service with significant number of its airplanes grounded and awaiting maintenance is not normal. Part of my job as a leader is guarding against normalization of abnormal behaviors within the department.

^{*}A high level of performance is not only expected of our military, it is essential for America's security, no matter the restraints.'

He said the U.S. military also faced obstacles to readiness and modernization in the years immediately preceding World War II.

"While military leaders sought stable funding, political tensions and budgetary pressures stymied readiness efforts until

(World War II) arrived on our doorstep," he said.

Today, artificial constraints once again hold the national defense hostage, Shanahan said.

"From budget stresses like continuing resolutions and Budget Control Act caps to disagreements in Congress that affect timely decision-making, right now we have time -- one of our most precious resources," he said. "But we lack the stable budget needed to prepare for future fights."

If a crisis appears, Congress will fund the military, the deputy secretary said, but there will be no time to prepare.

"We cannot rely on a crisis to be the catalyst for solutions," he said. "The cost of global conflict is simply too high and we value our men and women in uniform far too much. The rapidly changing security environment and budgetary instability have

forced our department into a risk management posture, the consequences of which are hard to calculate."

LIMITED ELASTICITY

The career engineer used an analogy from physics to illustrate his point. A material may be stretched in many ways and will return to form when the stresses upon it are released unless it is stretched too far.

Then it will remain deformed. "The Department of Defense has its limits to elasticity," he said. "Excessive pressure in the form of budgetary instability has the potential to permanently distort the department's char-

The department must get away from risk management and seize opportunities to remain competitive.

acter and lessen the lethality."

"A risk-balanced, opportunity driven approach with spark

innovation and help protect our hard-earned culture of excellence from the unintended distortion of instability," he said.

Long-term readiness and modernization will be embedded into the national defense strategy, the deputy secretary said.

"We are building alignment across the department, the interagency, with industry and other partners and allies," he said. "We view all these efforts through the critical lenses of lethality and affordability. After all, we must remember the department's primary purpose is to be as lethal as possible, ensuring our diplomats speak from a position of strength.

"This is only possible when our enemies know with certainty that we are ready to fight and win our wars, and our allies know we stand steady alongside them."

> Sophia Owen, 4, right, of Silverdale, and her new baby sister, Harper, 7 weeks, visit with

Santa Claus during

Madigan Christmas Tree lighting

the annual

ceremony at

Dec. 1.

Madigan Army Medical Center

FROM PAGE 1A

"One – two – three," said Lt. Gen. Gary Volesky, I Corps commanding general, as he counted off for three small children who proceeded to flip the switch to light the massive evergreen.

Cheers and applause took over as the few hundred event attendees faced the majestic evergreen tree with its bright lights of red, green, blue and yellow.

During a short speech, Volesky reminded the crowd to remember during the holiday season the thousands of JBLM service members fighting for freedom on behalf of our nation, as well as the many Gold Star families. After the children assisted him in lighting the tree, he introduced the historic figure most at the event were waiting to see.

"What's that sound? Who's that look like to you?" Volesky said, as a motorized, faux sleigh rounded the corner carrying Santa Claus.

'Santa!" 4-year-old Joey Livingston shouted as his eyes lit up almost as much as the lights on the sleigh.

Joev and his identical twin, Jac, attended the event with their mom, Heather, and dad, Maj. Michael Livingston, Madigan Army Medical Center. Heather held onto Joey as Jac perched high on his dad's shoulders.

Livingston said he brought his



said his list was much shorter. "I don't want anything for myself, just for the family and to

stay safe," he said. Military spouse, Catherine DeBock, of DuPont, sipped hot

chocolate with her children, Taya,

wants to be an artist.

Matthew is hoping to find "The LEGO Ninjago Movie" under the Christmas tree.

"That's like all I want," the boy said.

DeBock said her family loves

SCOTT HANSEN Northwest Guardian

moved from Walla Walla, Wash., and were enjoying the JBLM community event.

"This kind of thing doesn't happen in Walla Walla," Emily said. "Everyone is joyful and it's really special."

"I love the Christmas season," Abby said. "I like the cold weather; you get to drink hot chocolate and wear hats, gloves, scarves and warm fuzzy socks.'

12A



RUTH KINGSLAND Northwest Guardiar

Olivia Brown, left, wife of the late Pfc. Daquan Foster, looks at a photo ornament of Foster with the couple's 1-year-old son, Daquan Jr.

FROM PAGE 1A

the same thing and meet other people," Brown said. "It's nice (SOS) does this and all they do for families."

Brown was surrounded by her late husband's family, including Cynthia Whitley, Foster's grandmother; his mom, Dawn Whitley; and his sister, Dejane Foster, all of New York.

Foster's battle buddy, Spc. Tyshaun Hubbard, also of 1-14 Cav., 1st Bde. 2nd Inf. Div., also attended the event, "to support Daquan's family," he said.

Foster left behind a 1-year-old son, Daquan Jr., and two stepdaughters, Cherish Charley, 10, and Sani'i, 8, who also attended the SOS event.

Brown held up the couple's

"I came because I wanted to see other families going through the same thing and meet other people. It's nice (SOS) does this and all they do for families."

"We started decorating on

As the band played "Winter

Wonderland," Army wife Laura

Duncan and her daughters,

Emily, 16, and Abby, 14, both

tory School in Tacoma, posed

for selfies in front of the giant

holiday tree. The family recently

students at Bellarmine Prepara-

Olivia Brown,

on the Fallen Heroes Memorial Tree

toddler to help him place a winged photo ornament of his father on one of two memorial trees. The small child reached forward and kissed his dad's picture, which brought tears to many eyes in the room.

Although many attendees about 50 – were friends and family of fallen heroes, most of those honored died years before Foster.

Linda Eldred and Jim Hamre's son, Army Spc. Marcus Eldred died Oct. 11, 2015 -four days before he would have turned 25. The couple attends many SOS events and both said it's helpful to talk about their son and share stories and emotions.

Eldred carefully placed her son's photo ornament high on the tree, smiling sadly as she looked up at it.

In addition to decorating the two trees with ornaments with photos and names, attendees shared a potluck meal together, coordinated by SOS staff.

Tina Mann, SOS financial counselor, said a brief prayer prior to the meal asking for God's blessing and comfort during the event.

"Help (survivors) to share their stories and be part of the healing process," she said. And attendees said: "Amen."

FROM PAGE 1A SCAMS

compromising acts; however, CID officials said to be very cautious of their online communications and activity and not share intimate, personal information with strangers or people you have never met in person.

Officials describe sextortion scams as cyber sexual extortion where perpetrators conduct schemes that leverage online sexual acts for financial gain or other forms of blackmail.

"These criminals will try to get unsuspecting service members to engage in online sexual activities and then demand money or favors in exchange for not publicizing potentially embarrassing information or turning them over to law enforcement," said Marc Martin, special agent-in-charge at the computer crime investigative unit's office.

Once the service member sends a compromising photo or participates in a video chat, the perpetrator threatens to send

those images to the service member's command, family and friends unless ransom money is paid, according to Martin.

One scam is when the criminal will claim that the service member sent sexual images to a minor, who has now become the alleged victim, and threatens to report the service member to law enforcement unless a monetary fee is paid.

"If you meet a person on a legitimate online dating site, there is very little chance that you are actually communicating with an underage person," Martin said. "It is therefore very unlikely that you sent or received child pornography or provided your images or videos to a minor. It is important to also keep in mind that law enforcement, to include Army CID, will never agree not take legal action if you agree to pay (ransom) money to the alleged victim or to the alleged victim's family."

Army CID agents said they can help if you find yourself in this type of predicament.

"If you met someone online who later claims to be underage, you should immediately cease



U.S. Army Photo

An agent with the Army Criminal Investigation Command's Computer Crime Investigative Unit prepares gear for a recent investigation.

all communications with that person and notify Army CID," Martin said. "If law enforcement gets involved early on, there are investigative steps that may help identify the perpetrators responsible for victimizing Army personnel."

Another way that the criminals attempt to extort money is to claim that they are a lawyer

working on behalf of the alleged victim. The scammer will request payments are made for things such as counseling for the alleged victim and to replace electronic devices that now contain child pornography. If these demands are not met, the person alleging to be the lawyer threatens to report the incident to law enforcement.

Martin said legitimate law firms will not contact you and ask for money in lieu of reporting you to law enforcement and typically law enforcement will not attempt to make contact with you over the phone.

"If you are contacted via telephone, always request validating information such as an agency email address and offer to meet in person at a law enforcement facility before proceeding with giving out your personal in-formation," Martin said. "Stop communication immediately with these individuals and do not send money because it will not stop the criminal from demanding more money from you. The (computer crime investigative unit) is aware of instances where scammers threatened to release videos unless a second or even a third payment is made."

For more information about computer security, other computer-related scams and to review previous cybercrime alert notices and cybercrime prevention flyers, visit the computer crime investigative unit's website at cid.army.mil/cciu-advisories.html.

Sports

UNIVERSITY OF WASHINGTON FOOTBALL

Army father helps Huskies LB stay focused

The former Lakes High School star will play in the Fiesta Bowl Dec. 30

BY DEAN SIEMON Northwest Guardian

Benning Potoa'e, a redshirt sophomore for the University of Washington football team, had his first career sack during the Huskies' 38-7 win against the California Golden Bears Oct. 7.

There is no feeling like having a first sack, he said — especially at the collegiate level.

"It gave me a drive to get more and more," he said. "I couldn't really stop thinking about getting another one." His third sack of the year against the Washington State Cougars during the annual Apple Cup game Nov. 25 was even sweeter. His father, Aleki Potoa'e, an Army master sergeant, was in attendance in Seattle to see his son's team win its rivalry game.

"It definitely felt better to play with him being there," Benning Potoa'e said.

His father has been able to attend two other games at the University of Colorado Sept. 23 and at Arizona State University Oct. 14. Recently, the senior Potoa'e's Army career took him from Joint Base Lewis-McChord to the U.S. Army Sergeants Major Academy at Fort Bliss, Texas.

Benning Potoa'e said his father will make the trip to the University of Phoenix Stadium in Glendale, Ariz., Dec. 30 when Washington faces Penn State at the Fiesta Bowl. Although it's a step down compared to playing in last season's College Football Playoff for the National Championship, it's still a high profile game.

"When we got the news

SEE HUSKIES, 2B



Huskies linebacker Benning Potoa'e, 8, sacks Washington State quarterback Luke Falk, 4, during the Apple Cup in Seattle Nov. 25.

SPECIAL OLYMPICS WASHINGTON 2017 FALL GAMES



SCOTT HANSEN Northwest Guardian

ON THE SCHEDULE

SUPPORT JBLM AT ANNUAL ARMY-NAVY RIVALRY GAME

Sports: Joint Base Lewis-McChord service members will take on Navy Region Northwest in the 18th annual Puget Sound Army vs. Navy Flag Football Classic at Naval Air Station Whidbey Island Friday at 2 p.m. Free. Fans with valid military ID can enter the station; others must visit the pass and ID office. For more information, call 360-257-4320.

JBLM JINGLE BELL JOG SCHEDULED FOR SATURDAY

Races: The annual Joint Base Lewis-McChord 5K Jingle Bell Jog and 1K Reindeer Romp is Saturday at the Wilson Sports and Fitness Center. Race bib pickup is from 7 to 9:30 a.m.; 1K starts at 9:30 a.m. and the 5K starts at 10 a.m. Race includes ugly sweater contest, finisher medals and prizes. On site registration available. Military with ID pay \$30 for the 5K and \$20 for the 1K. Others pay \$35 for the 5K and \$25 for the 1K. For more information, visit jblmmwr.com/races or call 253-967-7471.

SPECIAL OLYMPICS HOOPS, CHEERLEADING NOW OPEN

Youth: Enroll now in Child and Youth Services' Special Olympics basketball and cheerleading. Participation fee is \$50 for ages 8 to 18. Parents' meeting is Thursday. Register at jblmcysregistration.com. For more information, call 253-967-2977.

JBLM BOWLERS READY FOR FUN, COMPETITION

Gold medalists enter drawing for nationals

BY DEAN SIEMON

Northwest Guardian

ive bowlers for Joint Base Lewis-McChord's Special Olympics team are entering uncharted territory as the first JBLM rollers to compete at a state-level competition for Special Olympics Washington.

They aren⁷t alone; SOWA's 2017 Fall Games will feature bowling for the first time. Alongside flag football, gymnastics and volleyball, the bowling tournament takes place during a weekend of competitions within King County. Bowling will be hosted by Kenmore Lanes in Kenmore Sunday.

In previous years, the JBLM Tigers competed in the SOWA Capital Bowling Tournament as the team's one and only

SEE TIGERS, 2B



JBLM Tigers coach Genia Stewart, middle, works with team members Kamryn Dunblazier, 10, left, and Thomas Allen, 9, right, during practice at Bowl Arena Lanes on Lewis Main Nov. 30.

CYS WINTER BREAK CAMPS SCHEDULED FOR DEC. 20-22

Youth: Sign up for Joint Base Lewis-McChord's Child and Youth Services' winter break sports camps. Start Smart Camp for ages 3 and 4 is Dec. 20-22 for \$25. Volleyball camp for ages 9 to 18 is Dec. 20-22 for \$35. Flag football camp is Dec. 27-29 for ages 9 to 18 for \$35. Youth must be registered with CYS and have a current sports physical on file to enroll. For more information, visit jblmcysregistration .com or call 253-967-2405.

JBLM VOLLEYBALL PLAY BEGINS NEXT MONTH

Intramural: The Joint Base Lewis-McChord Commander's Cup volleyball season starts in January. Informational meetings for unit representatives are Jan. 3 at noon at Nelson Recreation Center on Lewis Main and Jan. 4 at noon at McChord Fitness Center. Active-duty service members at JBLM can apply; unit entry deadline is Jan. 10. Championship tournament is Feb. 12-15. For more information, visit jblmmwr.com/ intramural or call 253-967-9210.

20TH CIVIL ENGINEER SQUADRON

Airman begins professional boxing career with knockout win

BY SENIOR AIRMAN CHRISTOPHER MALDONADO 20th Fighter Wing Public Affairs

SHAW AIR FORCE BASE, S.C. — Drenched in sweat from delivering continuous blows to a punching bag, the athlete shrugs off the physical strain of a threehour training session, feeling both exhausted and accomplished.

A Florida native, Tech. Sgt. Andre Penn, 20th Civil Engineer Squadron unaccompanied housing manager at Shaw Air Force Base, S.C., has been preparing for more than a decade to achieve his dream of becoming a professional boxer.

"I started boxing when I was 16 years old," Penn said. "I played basketball, football and track. I did it all, but I loved the individuality of boxing, because in basketball you have a teammate that can miss the ball and it's their fault. In boxing, it's all on you."

Excited by the thought of controlling his own destiny,

Penn carried his passion for the sport to his first amateur boxing match at the age of 17.

With newly-found confidence acquired after winning his first match, Penn went on to join the Air Force. Penn said the Air Force opened up a lot of opportunities for him.

In 2006, just two years after enlisting in the Air Force, he went on to join the Air Force boxing team.



Air Force Tech. Sgt. Andre Penn, right, Shaw Air Force Base, S.C., trains in Sumter, S.C., Nov. 7. Penn had his first pro boxing match Nov. 18.

SEE BOXING, 2B

SENIOR AIRMAN CHRISTOPHER MALDON U.S. Air Force Photo

(Sunday about the Fiesta Bowl), it was exciting for me," Benning Potoa'e said. "The playoffs last year set a high standard, but I'm still grateful. I'm ready and excited to experience the Fiesta Bowl."

The Husky linebacker's mother and sisters have attended the rest of the season. Potoa'e said it's been different not having his dad at all of the games, since Aleki Potoa'e has been as much a coach for Benning as anyone at Lakes High School, in Lakewood, or Washington.

Aleki Potoa'e was first stationed at JBLM in 1997. During Benning's childhood, his father prepared both of his sons to play high school football.

Benning Potoa'e joined his father during physical training



Courtesy of the University of Washington

Benning Potoa'e, right, pressures the quarterback during Washington's game against UCLA at Husky Stadium in Seattle Oct. 28.

workouts on JBLM during his middle school years. Similar to his brother Sione, who played for the Huskies from 2010 to 2013, the workout regimen with his father increased when Benning Potoa'e started receiving letters of interest from some of the biggest programs in college football.

Scholarship offers came from 11 of the Pacific 12 Conference schools and teams like the University of Alabama.

"The deeper I got into football, with my dad seeing the potential to go to the next level, he definitely went harder and pushed harder," Benning Potoa'e said. "It set me up right for what we do here with all of the workouts that we do at (Washington)."

Just like in the armed forces, morning workouts are part of the schedule for Washington footballers. The typical day starts with practice and workout at 8:30 a.m. Potoa'e starts his class schedule around 11:30 a.m. and returns to the team for meetings and film study at 5 p.m.

Although Aleki Potoa'e has not been at most of the games this season, he's constantly watching the games and providing feedback to his son before and after. Benning Potoa'e said the first call he gets after a game comes from his father.

"Every little thing that helps my pass rush, he will see and call it out," Potoa'e said. "He sees things that I don't notice. It helps me when watching film and recognize what I'm doing wrong — honing on those things that I need to fix and what I need to do more."

But the advice doesn't stop at what Potoa'e can do on the football field; it continues to working hard in the classroom. Having papers to write at the Sergeants Major Academy gives Aleki Potoa'e another perspective on coaching.

"It makes him hone in on my academics," Benning Potoa'e said. "He sees the struggle it is to keep up with school and football on my end."

Dean Siemon: 253-477-0235, @deansiemon



JBLM Tigers team member Thomas Allen, 9, prepares for the upcoming Special Olympics Washington Fall Games during a practice at Bowl Arena Lanes on Lewis Main Nov. 30.

FROM PAGE 1B TIGERS

competition, but with Seattle hosting the 2018 Special Olympics USA Games, JBLM coach Genia Stewart said it would be awkward if Washington wasn't represented on the lanes.

Stewart said although the five kids who were selected for the state competition are extremely excited, they aren't putting a pressure on them to win.

"We want them to have fun and learn the sport, but a little friendly competition never hurt anybody," Stewart said.

Kamryn Dunblazier, 10, one of JBLM's juniors unified division team bowlers, received an early Christmas present in time for the SOWA Fall Games: a brand new bowling ball. It's a navy blue and neon orange 11pound EBS Bowling ball nicknamed "The Horseshoe."

The holes were drilled fresh at Bowl Arena Lanes' pro shop moments before the team practiced Nov. 30. Kamryn's parents, Crystal and Ryan, said they wanted her to get used to the ball before using it in a competition.

Kamryn is still learning the sport; she joined the team last year.

"Both (sets) of our parents and our cousins bowled all the time, so it's fun to see her do it as well," Crystal Dunblazier said.

Kamryn will be on a team with Thomas Allen, 9, Ryan Carr, 9, and Alex Johnson, 13 that earned its gold medal in the Capital Bowling Tournament's Division 109 for unified fourperson teams.

Kamryn said she knows she's in a special position as one of five bowlers to go to state from a team that had 36 compete at the regional level. The group collected a total of 22 medals with gold in eight divisions.

"To me, it means all the other players who weren't selected, I'm representing them and my family," Kamryn said.

In addition to the unified team, Stewart's son Kyle, 19, was selected to compete in the



Kamryn Dunblazier, 10, gets some help with her shoes from her father, Ryan, during a practice at Bowl Arena Lanes on Lewis Main Nov. 30.

senior singles division. During the regional tournament's Division 307, he had scores of 203 and 206.

Excited for the new experience, Kyle said he's just hoping to have fun and that if he wins, he wins. He wouldn't mind going for some personal-best results. "I always try to get a better score than my last round; I'm still trying to get a 300," said Kyle, whose personal best is 218.

Similar to the selection process for the state games, all gold medalists from the state level will be entered into a drawing to be selected for Washington's team at the 2018 Special

If you go

What: 2017 Special Olympics Washington's Fall Games — Bowling

When: Sunday from 9 a.m. to 3 p.m.

Where: Kenmore Lanes, 7638 Bothell Way NE, Kenmore

Olympics USA Games. Only five bowlers and one coach will be chosen from the Fall Games.

Stewart said having athletes represent Washington at the national stage would be special not only for bowling, but for the entire JBLM Tigers program.

"It will be the first time anyone from here has gone to nationals, as long as I've been here," said Stewart, who joined the program in 2010. "It would be cool to represent our state."

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1B BOXING

"Joining the team was a goal that I had coming in to the Air Force," Penn said. "There were a couple of guys at my gym that were on the team, so I knew about the Air Force boxing team prior to joining the military."

Penn quickly established himself as a formidable force, becoming a three-time Air Force Boxing Team middleweight class champion from 2006 to 2008. Penn, however, had his sights even higher and decided to apply his victories to a professional boxing career.

In order to perform his job as an unaccompanied housing manager and find time to train, Penn knew he had to make sacrifices and push his body to the limit and prepare for the first fight of his professional boxing career.

"If you have a passion for something, you will find a way to make it happen," Penn said. "Sometimes I stay up late at the gym until about 11 p.m., sometimes I get up early or, if it's necessary, I'll sometimes even have to train during my lunch break. The training leading up to the fight is the hardest part. The running, the sparring — it takes a toll after working eight or nine hours a day, but once it's fight night, it's time to show everyone what all this training was for."

On top of all the training, Penn needed to lose more than 10 pounds in order to reach the middleweight class of 168 pounds for his first match Nov. 18.

"We have worked on a lot of cardio, strength training, boxing drills and pad work," said Jerome Robinson, Team Robinson Mixed Martial Arts owner. "He is truly dedicated to training hard and ensuring that he is in tip-top shape."

As the fight approached, the feeling of accomplishment was nearly in his grasp. Penn cleared his mind before walking down the ramp.

Four rounds and many hits later, Penn began his professional boxing career with a victory and professional 1-0 record. Through excellence in his craft, Penn plans to continue to overcome and battle through any challenges that come his way in and out of the ring.



SENIOR AIRMAN CHRISTOPHER MALDONADO U.S. Air Force Photo

Air Force Tech. Sgt. Andre Penn, Shaw Air Force Base, S.C., made is first pro boxing debut Nov. 18.

FRIDAY DECEMBER 8 2017

3B







5B

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Joint Base Lewis-McChord MWR's fun, food, travel & well-being guide

Available at MWR facilities and select JBLM locations. Prefer a digital copy? Visit JBLMmwr.com/focus





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JBLM USE BUILDING SECTION CONTRIBUTION

COVER STORY OLIDAY FUN RUN

A preview of the annual JBLM Jingle Bell Jog, 3C

FOR THE WEEK OF DEC. 8-14

SAMUEL ADAMS **BREWHOUSE JBLM**

4 pm. to midnight. Ugly Sweater Christmas Party from 6 to 10 p.m. Enter to win a door prize if you wear one. DJ music. Ages 21 and older only.

SAMUEL ADAMS **BREWHOUSE AT**

EAGLES PRIDE Now open. Come in for great meals, good brew and your favorite sports.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 10 p.m. Shrimp basket for \$8.25.

McCHORD PUB

Consider the McChord Pub for Right Arm events, Commander's Calls. Hails. Farewells and more. Call 253-982-5582, and make your reservation today.

SAMUEL ADAMS **BREWHOUSE JBLM**

4 to 11 p.m. Watch your favorite college sports right here with appetizers and brew.

SOUNDERS LANES

11 a.m. to midnight. Cosmic Blacklight Bowling from 7 to 9 p.m. Two hours for \$12 per person. Plus the Laser Maze, a PAC-Man standup and play area.

JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY

Battle Bean at AFC Arena Bowl Arena Strike Zone Caddy Shack Bar & Grill Cascade Community Center/ Heroes Lounae Globemaster Grill at McChord Club McChord Catering The Bistro at Russell Landing The Warrior Zone (Lewis North) Whispering Firs Habanero Mexican Grill To see menus, visit JBLMmwr.com.

SAMUEL ADAMS **REWHOUSE JBLM** 1 to 10 p.m. Football bingo. 12th Fan special: burger with fries and a

for \$12. WARRIOR ZONE 10 a.m. to 11 p.m. Chicken and waffles combo for \$5.50 or grits and bacon or sausage for \$3.50 from

9:30 a.m. to 1 p.m.

Sam Adams draft pint

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McCHORD GRILL 11 a.m. to 1 p.m. Dine at

the grill with a huge salad bar, pasta made to order, fresh, never frozen, grilled burgers and sandwiches with fries.

SAMUEL ADAMS **BREWHOUSE JBLM**

4 to 10 p.m. Happy hour from 4 to 5:30 p.m. Get six wings for \$5, half-off flatbread, \$2 off Sam Adams pitchers and \$1 off pints during the game.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Chicken club sandwich for \$8.25.

WARRIOR ZONE

DINING 10 a.m. to 11 p.m. Warm up with peppermint mocha, sugar-cookie frap, eggnog latte and white chocolate hot cocoa.

WARRIOR ZONE

DINING 10 a.m. to 11 p.m. Fill up on the Tailgate Sampler Platter with four wings, nachos, cheese quesadilla and large pretzel with cheese for \$12.50. Ages 18 and older only.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Swedish meatballs over rice for \$8.25.

BATTLE BEAN AT STONE EDUCATION **CENTER** 7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries. December specials:

Gingerbread latte, candy-cane frap, eggnog latte and peppermint mocha coffee drinks.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. BBQ

pulled-pork sandwich for \$8.25.

WARRIOR ZONE

10 a.m. to 11 p.m. Every time you spend \$12, you can enter to win a team-of-your-choice jersey or a team swag gift basket at the end of the season. Ages 18 and older only.

STRIKE ZONE AT **BOWL ARENA LANES** 4:30 to 7 p.m. All-youcan-eat pizza and bowling. Reserve your lane by calling 253-967-4661.

BATTLE BEAN AT McCHORD FIELD 7 to 11 a.m. Order breakfast with your made-toorder coffee.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. Chicken bulgogi for \$8.25.

SAMUEL ADAMS **BREWHOUSE JBLM**

4 to 10 p.m. Each guarter during football, dice are rolled for a discounted drink special.

WARRIOR ZONE

10 a.m. to 11 p.m. Check out the Caribbean Jerk and Blue Moon BBQ sauce wing flavors, plus pizza, wrap and sub specials. Ages 18 and older only.

SAMUEL ADAMS **BREWHOUSE AT**

EAGLES PRIDE Now open. Come in for great meals, good brew and your favorite sports viewing.

AT THE MOVIES

Carey Theater on Lewis Main

Thor: Ragnarok (PG-13)

Friday at 7 p.m. Murder on the Orient Express (PG-13) Saturday at 1 p.m. Thor: Ragnarok (PG-13) Saturday at 7 p.m. Thor: Ragnarok (PG-13) Sunday at 1 p.m. Murder on the Orient Express (PG-13) Sunday at 7 p.m.

MOVIE TIMES

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LONGSTON PLACE: 253-770-9901 SOUTH HILL MALL SIX: 253-445-

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REGAL SOUTH SOUND 10: 360-871-2294

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CENTURY FEDERAL WAY 16: 253-946-0942

FEDERAL WAY GATEWAY 8: Not available by phone, online fandango-.com

YELM

YELM CINEMAS: 360-400-3456

OLYMPIA/LACEY

MARTIN VILLAGE STADIUM 16: 360-455-5003 **CENTURY OLYMPIA: 360-943-0769**



Kenneth Branagh, Johnny Depp, Judi Dench and Willem Dafoe star in the new 20th Century Fox release, "Murder on the Orient Express."



SCOTT HANSEN Northwest Guardian / 2016

Cover Story

3C

This year, the annual JBLM Jingle Bell Jog and Reindeer Romp will include a visit from Santa and Mrs. Claus and prizes for winners of the "Ugly Christmas Sweater Contest."

Participants are encouraged to dress holidayappropriate during the annual JBLM Jingle Bell Jog 5K on Lewis North Saturday.



JBLM JINGLE BELL JOG AND REINDEER ROMP



BY DEAN SIEMON Northwest Guardian ith the holiday season comes a time to enjoy traditional meals with families and loved ones, which may affect health and fitness goals especially for those who had a second slice of pumpkin pie this Thanksgiving.

Wilson Sports and Fitness Center on Joint Base Lewis-McChord will host an opportunity to work off some of that jiggle with the annual 5K Jingle Bell Jog and 1K Reindeer Romp Saturday. Online registration closed

SEE RUN, 11C

^{4C} **Out & About**

WEEKEND

DECEMBER 9 FREE WINTER TRAVELING SEMINAR Join the Northwest Ad-

venture Center for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use different gear in a few hours with their instructors. Those new to Washington weather may complain about the amount of rain we get through the winter months. This is normal, but here's some perspective; fans of water sports and/or snow sports should embrace the rain. Rain in the valley is usually snow in the mountains.

A heavy snowpack in the mountains will bring us large river flows in the spring and summer months. That stockpile of precipitation gives us our water in the summer to keep us green and satisfied until next winter. Don't hate the rain; learn how to thrive and survive in any condition. With that perspective and a few winter tips, students will be ready to make the most of a Washington winter. Join the instructors for this free seminar at McChord Field's Adventures Unlimited at 11 a.m. to find out how to prep your car for winter travel, have the appropriate clothing for winter adventure and where to go to experience the best of the Pacific Northwest. Register at jblmmwrregistration.com. Free.

LEARN THE BASICS OF PHOTOGRAPHY

This is the perfect training session for anyone looking to learn the fundamentals of photography. Whether someone a new photographer needing to learn the basics or a seasoned shooter wanting to brush up on the world of digital, this class puts all students on firm ground for advancing their photography. Learn the basic principles of photography including:

• Camera settings: Learn the settings and get your camera set up right.

• Depth of field: What it is and how to use it to make better photos.

• Exposure: Get it right in the field without any fuss.

• Focus: Learn how focus is



KAWEKA STONEY JBLM Outdoor Recreation

The JBLM Northwest Adventure Center will offer a trip to Seattle for a night photography workshop Sunday, with stops at various landmarks like Century Link Field.

affected and how to take control of it.

• Composition: Explore the rules and learn when to break them.

Minimum age: 12. Children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Register at jblmmwrregistration.com. **\$45.**

DECEMBER 10 NIGHT PHOTOGRAPHY TRIP TO SEATTLE

Just because the sun's gone down, it doesn't mean the day of photography has to end. Night photography is fast becoming one of the most popular forms of digital photography. Take a journey of Seattle after dark. Minimum age: 12. Children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 3:30 p.m. or McChord Field's Adventures Unlimited at 3:45 p.m. Register at jblmmwr registration.com. **\$65.**

HIKING/SNOWSHOE TRIP ON RATTLESNAKE RIDGE Hike through the views of

this amazing state. The Pacific Northwest is such a unique location, with the mountains offering visitors tranquility in vast forests, high alpine lakes and breathtaking scenery. Join instructors for a 9-mile hike to the top of the 3,000-foot lookout of Rattlesnake Ridge. Follow the moderate trail through the lush forest and massive rock faces to a spectacular view of the Upper Snoqualmie Valley. Difficulty: moderate; distance: 9 miles; time: three to four hours. Minimum age: 12. Meet at Northwest Adventure Center at Lewis North at 8:30 a.m. Register at jblmmwrregistration.com. \$65.

DECEMBER 15 YOGA TRIP DESIGNED JUST FOR CYCLISTS The attention to breath and

the mind-body connection in yoga can be an incredible contribution while riding to maintain mental clarity and calmness. After logging some serious miles on the bike, come treat the body to a yoga class specifically designed to strengthen the muscles that push you and relax the ones that get you there. Join other outdoor recreators in a 60minute class away from the studio, designed specifically for preparing the muscles to endure those long rides through the Pacific Northwest. Class is scheduled to take place at 6 p.m. at McChord Field's Adventures Unlimited surrounded by inspiring outdoor gear. Minimum age: 12. Register at jblmmwrregistration.com. \$17.

DECEMBER 16 SNOWSHOE TRIP AT HURRICANE RIDGE Hurricane Ridge in Olympic

National Park is one of the most spectacular places to snowshoe in Washington. Enjoy stunning alpine views while trekking across ridge lines decorated with snow sculptures, constantly being reshaped by the legendary winds for which the area has earned its name. Distance: 6 miles, roundtrip; elevation gain: 800 feet. Minimum age: 12. Children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. or McChord Field's Adventures Unlimited at 8:30 a.m. Due to winter conditions, location is subject to change for safety reasons. Register at jblmmwrregistration.com. \$90.

FREE BEGINNERS YOGA TECHNIQUES SEMINAR

Join the Northwest Adventure Center for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use gear in a few hours with our instructors.

This introduction class covers the basics of getting into yoga.

Do a 30-minute session of poses that can be done at home and discuss the basics of poses, breathing, studio culture, intimidation, fears and interests when it comes to the desire to learn about this amazing practice.

No equipment necessary. This class is held at 11 a.m. at McChord Field's Adventures Unlimited.

Register at jblmmwrregistration.com. **Free.**

DECEMBER 17 SNOWSHOE ADVENTURE AT SNOW LAKE

The Pacific Northwest is a unique location, its mountains offering visitors tranquility in vast forests, high alpine lakes and breathtaking scenery. Snow Lake is no exception. Nestled in the central Cascades, this lake is accessed up 2,000 feet of elevation gain to an overlook of the snow covered valley.

Due to winter conditions, location is subject to change for safety reasons. Difficulty: moderate; distance: 8 miles; time: three to four hours. Minimum age: 12. Children younger than 18 must be accompanied by an adult.

Meet at the Northwest Adventure Center at Lewis North at 8:30 a.m. Register at jblmmwrregistration.com. **\$65.**

SNOWMOBILING AND BACKCOUNTRY SKI TRIP

Take a snowmobile tour around Sasse Mountain in Cle Elum for fun, action, beauty and excitement. Those who are looking for the most fun-filled winter experience should check out this snowmobiling trip through the Cascade Mountains. Transportation, snowmobile, helmet, boots, gloves and snowsuit are provided. Dress in layers. Minimum age to drive: 16.

Backcountry skiing/snowboarding refers to areas not covered by a resort or lifts including terrain reached by hiking, split-boarding, touring or sledding (snowmobile). The backcountry usually has the best snow because it's not easily accessible to others.

Almost all of the best snowboard videos are filmed in the backcountry. Join instructors

FRIDAY DECEMBER 8 2017 NWGUARDIAN.COM

WEEKEND

Guardian Events

EVENTS COMMUNITY

Gingerbread Showcase Now-Jan. 1. Courtyard Tacoma Downtown, 1515 Commerce St., Tacoma. Gingerbread landmarks created by local bakers and culinary students from Tacoma Public Schools, showcase the history and flavor of Tacoma. Free. 253-238-0977, rebuildingtogetherss.org/gingerbread.

Light Up the Night: Annual St. Lucia Festival 5 to 6:30 p.m. Friday. Harbor History Museum, 4121 Harborview Drive, Gig Harbor. Celebrate Gig Harbor's Scandinavian heritage with crafts, games and traditional activities. \$2 Admission. 253-858-6722, harborhistorymuseum.org.

Live Argentine Tango Orchestra Milonga/Dance 6 to 9:30 p.m. Saturday. Studio 6 Ballroom, 2608 Sixth Ave., Tacoma. This dance is for social Argentine Tango dancers to come enjoy and dance to a live orchestra. \$15 at the door. 253-304-8296, backstreettango@gmail.com.

CageSport MMA 7 p.m. Dec. 16. Emerald Queen Casino, 2024 E. 29th St., Tacoma. \$35-\$100. Ticketmaster.

Christopher Titus: Arerigeddon 8 p.m. Dec. 16. Comedy. Neptune Theatre, 1303 NE 45th St., Seattle. \$25-\$35. Ticketmaster.

Lily Tomlin 7:30 p.m. Dec. 16. Pantages Theater, 901 Broadway, Tacoma. \$39, \$59, \$89, \$110. 253-591-5894, broadwaycenter.org.

Harlem Globetrotters in Kent 2 and 7 p.m. Dec. 26. ShoWare Center at Kent, 625 W. James St., Kent. showarecenter.com.

Harlem Globetrotters in Seattle 1 and 6 p.m. Dec. 29. KeyArena, 305 Harrison St., Seattle. Ticketmaster.

Jane Lynch 6:30 and 9:30 p.m. Dec. 29. Triple Door's Mainstage, 216 Union St., Seattle. \$55 advance; \$65 day of show. 206-838-4305.

FILM

Weird Elephant at the Grand Cinema: "Blade of the Immortal" 11 p.m. Saturday. The Grand Cinema, 606 S. Fawcett Ave., Tacoma. \$10.50. 253-572-6062, grandcinema.com.

White Christmas Sing-Along Various times. The Grand Cinema, 606 S. Fawcett Ave., Tacoma. There are nine screenings



throughout December, and advance purchase is suggested. \$8 matinee, \$10.50 general admission. 253-593-4474, grandcinema.com/films/white-christmas.

"Home Along" Free Family Flick Screening 10 a.m. Dec. 16. The Grand Cinema, 606 S. Fawcett Ave., Tacoma. Seating is first-come, first-served. Free. 253-593-4474, grandcinema.com/ films/home-alone.

Film Focus: "The Muppet Christmas Carol" 3 p.m. Dec. 17. Pantages Theater, 901 Broadway, Tacoma. \$10. 253-591-5894, broadwaycenter.org.

HOLIDAY

Meeker Mansion Candlelight Christmas 5 to 8 p.m. Friday. Meeker Mansion, 312 Spring St., Puyallup. View the mansion in all of its evening glory, listen to entertainment, plus enjoy hot cider and cookies. \$6. 253-848-1770. meekermansion.org.

Sunrise Village's Festive Events 3 to 6 p.m. Saturday. Meridian Sunrise Village, 10507 156th St. E., Puyallup. Pictures with Santa, horse-drawn wagon rides, an indoor living nativity and more. Free. 253-904-8923, mysunrisevillage.com/freefestive-fun-events.

Historic Fort Steilacoom presents "Christmas at Fort Steilacoom" 4 to 7:30 p.m. Saturday. Historic Fort Steilacoom, 9601 Steilacoom Blvd. SW, Lakewood. Living historians will present a period candle-light Christmas in the remaining officers' quarters. Adults \$5, children \$3, family \$10. 253-582-5838, historicfortsteilacoom.org.

Holiday Concert with Susan W. Haas, harpist 1 to 3 p.m. Monday. South Hill Library, 15420 Meridian E., Puyallup. Free. 253-548-3303.

Tapestry Singers 6:30 p.m. Wednesday. University Place Library, 3609 Market Place W., University Place. Holiday concert in the atrium. Free. 253-548-3307, piercecountylibrary.org/ calendar.

Santa at the Station 6 to 8 p.m. Thursday. West Pierce Fire and Rescue - Station 31, 3631 Drexler Drive W., University Place. Children can get their photo taken with Santa and everyone can enjoy light refreshments. A canned food drive will also be held. Free. 253-564-1623, westpierce.org/santa.

Meeker Mansion's Santa Breakfast 10 a.m. to noon. Dec. 16. Meeker Mansion, 312 Spring St., Puyallup. \$15 per guest. 253-848-1770, meekermansion.org.

MUSIC

Dickens Carolers 11:30 a.m. Saturday. Bonney Lake Library, 18501 90th St. E., Bonney Lake. CHRIS PIZZELLO Invision/AP

Carolers will stroll through the library, singing traditional and contemporary holiday favorites. Free. 253-548-3308.

Holiday Concert with Susan W. Haas, harpist 2 p.m. Saturday. Key Center Library, 8905 Key Peninsula Highway N., Lakebay. Welcome the holidays with music of the season from professional solo harpist Susan Haas. Free. 253-548-3309.

A Celebration of Carols Concert 6 to 7:15 p.m. Sunday. First Presbyterian Church, 20 Tacoma Ave. S., Tacoma. Sing your favorite Christmas carols accompanied by an 18-piece orchestra, handbell choir, vocal choir, plus an organ with 3,000 pipes. Free. 253-272-3286, fpctacoma.org.

Solo Harp with Susan Haas 2 to 4 p.m. Sunday. Lakewood Library, 6300 Wildaire Road SW, Lakewood. Free. 253-548-3302. Rainier Ringers present

Christmas Postcards in Lacey 7:30 p.m. Dec. 15. Lacey Presbyterian Church, 3045 Carpenter Rd. SE, Lacey. Freewill offering. 360-491-7722, rainierringers.org.

Rainier Ringers present Christmas Postcards in Lakewood 4 p.m. Dec. 17. Little Church on the Prairie, 6310 Motor Ave SW, Lakewood. Suggested donation: adults \$10; youth and seniors \$8; family \$25. 253-588-6631, rainierringers.org. Lily Tomlin is scheduled to perform at the Pantages Theater in Tacoma Dec. 16. Tickets are \$39-\$110.

Loose Canon Community

Christmas Carol Sing-Along 3

byterian Church, 4420 N. 41st

St., Tacoma. Accompanied by

mountain gospel band Loose

253-752-1123, bethanytaco-

Dec. 17. Fox Island United

Fox Island. Director Wayne

Lackman will lead the sing-a-

long and Meredith Shanley will

provide accompaniment on the

Allen Memorial organ. A free will

offering will benefit Backpacks

for Kids. Ample parking is avail-

able: a reception with cookies.

iuice and coffee will follow the

Magician Cary Durgin 6 p.m.

Stonegate Restaurant Bar and

Grill. 5421 South Tacoma Way,

Live Music 6:30 p.m. Forza

Coffee Company, 1520 Wilming-

ton Drive, DuPont. 253-964-1407.

Coffee Company, 2209 N. Pearl

St., Tacoma. 253-759-9320.

oma. 253-248-4265.

Pub. 1206 Puyallup Ave., Tac-

Open Mic Night 7 p.m. Forza

The Pearls 8 p.m. The Valley

Da Roots Reggae Party: Two

Tacoma. 253-473-2255.

event. 253-549-2420.

NIGHTLIFE

FRIDAY

ma.org.

Canon. Children welcome. Free.

Messiah Sing-Along 4 p.m.

Church of Christ, 726 Sixth Ave.,

p.m. Dec. 17. Bethany Pres-

Story Zori 8 p.m. Jazzbones. 2803 Sixth Ave., Tacoma. \$10.-\$15. 253-396-9169.

5C

Seattle Steel and Past Curfew 8 p.m. Louie G's. 5219 Pacific Highway E., Fife. 253-926-9700. Pete Lee 8 and 10.30 p.m. Descare Comedia Cub. 023

Tacoma Comedy Club. 933 Market St., Tacoma. \$15-\$20. 253-282-7203, tacomacomedyclub.com.

Karaoke with DJ No Pants 9 p.m. Acme Tavern. 1310 Tacoma Ave. S., Tacoma, 253-503-6712. Nite Crew 9 p.m. Emerald

Queen I-5 Nightclub. 2024 E. 29th St., Tacoma. 253-594-7777. Notorious 253 9 p.m. Great

American Casino. 10117 South Tacoma Way, Lakewood. 253-396-0500.

Kryboys 9 p.m. The Swiss. 1904 S. Jefferson, Tacoma. 253-572-2821.

SATURDAY

Mr. Blackwatch 8 p.m. The Spar. 2121 N. 30th St., Tacoma. 253-627-8215.

Pete Lee 8 and 10:30 p.m. Tacoma Comedy Club. 933 Market St., Tacoma. \$15-\$20. 253-282-7203, tacomacomedyclub.com.

Live Musice featuring Blues, Brews and Barbecue 8 p.m. Uncle Thurm's Finger Lickin' Ribs and Chicken. 3709 S. G St., Tacoma, 253-475-1881.

Nite Crew 9 p.m. Emerald Queen I-5 Nightclub. 2024 E. 29th St., Tacoma. 253-594-7777.

Notorious 253 9 p.m. Great American Casino. 10117 South Tacoma Way, Lakewood. 253-396-0500.

The Hipsters 9 p.m. The Swiss 1904 S. Jefferson, Tacoma. 253-572-2821.

Doctor Funk 9 p.m. Jazzbones 2803 Sixth Ave., Tacoma. \$15-\$20. 253-396-9169.

SUNDAY

Classical Sundays 3 p.m. Antique Sandwich Company. 5102 N. Pearl St., Tacoma. The Puget Sound Recorders performing. Donation. 253-752-4069.

Blues Redemption 7 p.m. The Spar. 2121 N. 30th St., Tacoma. 253-627-8215.

Tim Hall Band 8 p.m. Dawson's Bar and Grill. 5443 South Tacoma Way, Tacoma, 253-476-1421.

Gabriel Rutledge 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$15-\$20. 6C **Out & About**

WEEKEND

FROM PAGE 4C TTT

for a mega-fueled snowmobiling adventure where participants can be dropped off at the top of a hill, shred it on skis or snowboard, then hop back on and do it all over again. Ground transportation,

snowmobile, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Depart from the Northwest Adventure Center at Lewis North at 7 a.m. Register at iblmmwrregistration.com. \$185 for snowmobiling; **\$75** for children ages 14 and younger. **\$165** for backcountry skiing.

DECEMBER 19 SEA KAYAK SKILLS CLASS

Five levels of the two-hour kayak skills class are offered. Start at any time and master as many of the five levels as you would like.

Level 1: Proper paddling techniques and how to buddy rescue

Level 2: Edging maneuvers and self-rescue.

Level 3: Recovery techniques and muscle memory exercises for the roll. Level 4: Multi-day kayak trip

prep and T-rescue. Level 5: Learning the kayak roll.

After the fifth level, continue to perfect your roll. Minimum age: 12; children ages 17 and younger must be accompanied by an adult. Meet at Kimbro Pool at 7:30 p.m. Register at jblmmwrregistration.com. \$35.

DECEMBER 22 SHOPPING TRIP TO PORTLAND. ORE.

Head across state lines to shop Portland, Ore., where we'll make stops at IKEA, Columbia Gorge Premium Outlets and downtown Portland. We'll eat dinner downtown before heading home. Don't worry about driving, parking or storage; we'll take care of all of it. We know you love to shop, so we will have a trailer to bring it all home. This shopping adventure includes transportation. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Register at jblmmwr registration.com. \$60.

DECEMBER 23 BACKCOUNTRY SKIING AT CASCADE MOUNTAINS

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. This trip provides all the gear needed to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16 years; children younger than 18 must be accompanied by an adult. Participants must be an intermediate skiers. Due to weather.

location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at jblmmwrregistration.com. \$110.

SNOWSHOE ADVENTURE AT JUNE LAKE

Strap on the snowshoes and explore the Marble Mountain trails with a gentle hike to June Lake in the shadow of Mount St. Helens. June Lake's wide basin sits on the lower southern slope of the nearby volcano. Find the bench near the shoreline and marvel at the 40-foot waterfall on the opposite side of the lake. Distance: 5 miles, roundtrip: elevation gain: 500 feet. Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the

Northwest Adventure Center at Lewis North at 8 a.m. Register at jblmmwrregistration.com. \$75.

DECEMBER 29 HOLIDAY YOGA EXERCISE ON MCCHORD

Don't let the stress of holiday preparations be a bother. Enjoy the holiday spirit by giving the gift of yoga.

Join instructors in a 60minute class away from the studio to relax and enjoy the season. Class is at 6 p.m. at McChord Field's Adventures Unlimited surrounded by inspiring outdoor gear.

Minimum age: 12: children younger than 18 must be ac-

companied by an adult. Register at jblmmwrregistration.com. \$17.

DECEMBER 30 NEW YEAR'S **BACKCOUNTRY SKI TRIP**

For those who want to take the plunge into the backcountry with their ski skills, this class is the perfect class. An educational day will teach everything from how to set up the ski kit, how to engage the avalanche float bags and perfecting turns in deep powder.

Get away from the lift lines and learn how to earn turns anywhere the snow falls. Let the

SANTA

BREAKFAST

December 16

10:00am

\$15 per quest - call for reservations

SEE OUT, 8C







ROB GRABOWSKI Invision/AP

Chris Young will bring his Losing Sleep World Tour 2018 to the Tacoma Dome May 19. Tickets are on sale now.

ON SALE THIS WEEK THE COMEDY GET

DOWN Jan. 20. KeyArena, Seattle Tickets go on sale Friday

CHRIS YOUNG: LOSING SLEEP WORLD TOUR 2018 May 19. Tacoma Dome. Tickets go on sale Friday.

STARS ON ICE May 19. KeyArena, Seattle. Tickets go on sale Friday

FOREIGNER - JUKE BOX HEROES TOUR July 27. White River Amphitheatre, Auburn. Tickets go on sale Friday.

ANDREA BOCELLI IN CON-**CERT WITH THE SEATTLE SYMPHONY** June 24. KevArena. Seattle. Tickets go on sale Monday.

ALREADY ON SALE **"ELF THE MUSICAL" TOUR**

Various times. Friday through Sunday. Paramount Theatre, Seattle.

JAY Z - 4:44 TOUR 8 p.m. Dec. 13. Key Arena, Seattle. Ticketmaster. GARY ALLEN 8:30 p.m. Dec.

15. Emerald Queen Casino, Tacoma **CIRQUE DREAMS HOLI-**

DAZE Various times. Dec. 22-24. Paramount Theatre, Seattle. stapresents.ora.

HARLEM GLOBETROTTERS 7 p.m. Dec. 29. KeyArena, Seattle. Ticketmaster.

"BOOK OF MORMON" Jan. 2-14, 2018. Paramount Theatre, Seattle. stgpresents.org.

MONSTER JAM TRIPLE **THREAT SERIES** Various times. Jan. 12-14, 2018. Tacoma Dome. Tacoma.

SMOKEY ROBINSON 8 p.m. Jan. 20, 2018. Emerald Queen Casino, Tacoma. QUEENS OF THE STONE

AGE: VILLIANS TOUR 2018



WEEKEND

Seattle

Dome, Tacoma.

Arena, Seattle.

oma.

MIRANDA LAMBERT

7 p.m. Feb. 1, 2018. Tacoma

KATY PERRY 7:30 p.m. Feb.

TOBYMAC Feb. 16, 2018. Key

MARK MORRIS DANCE

AIR SUPPLY Feb. 14, 2018.

Emerald Queen Casino, Tac-

LORDE'S MELODRAMA

AGRESSIVE March 10, 2018.

March 23, 2018. Paramount

VREMENI March 28, 2018.

THE RESCUE April 3, 2018.

Moore Theatre, Seattle.

TREVOR NOAH 7:30 p.m.

TIME MACHINE/MASHINA

PAW PATROL LIVE: RAVE TO

2018. KeyArena, Seattle.

Tacoma Dome.

Theatre, Seattle.

WORLD TOUR 7 p.m. March 9,

JEFF DUNHAM: PASSIVELY

GROUP Feb. 17, 2018. The

Moore Theater, Seattle.

SUPERCROSS April 7, 2018. CenturyLink Field. Seattle. BILL MAHER 8 p.m. April 14,

2018. Paramount Theatre, 3, 2018. Tacoma Dome, Tacoma. Seattle. stgpresents.org. PBR TOUR April 14-15, 2018.

Tacoma Dome, Tacoma. JUDAS PRIEST: FIREPOWER

2018 NORTH AMERICAN TOUR April 15, 2018. ShoWare Center, Kent

KHALID: THE ROXY TOUR May 3, 2018. WaMu Theater, Seattle.

PINK: BEAUTIFUL TRAUMA WORLD TOUR 7:30 p.m. May 13. 2018. KevArena. Seattle.

WEIRD AL YANKOVIC: ILL ADVISED TOUR 8 p.m. May 20, 2018. The Moore Theater, Seattle.

MAROON 5 7:30 p.m. May 30, 2018. Tacoma Dome.

CELTIC WOMAN: HOME-COMING TOUR 7:30 p.m. June 2, 2018. Paramount Theatre, Seattle.

KENNY CHESNEY: TRIP

Tickets

7C

AROUND THE SUN TOUR 4 p.m. July 7, 2018. CenturyLink Field. Seattle.

TIM MCGRAW AND FAITH HILL SOUL2SOUL WORLD TOUR 2018 July 13, 2018. KeyArena, Seattle.

NIALL HORAN: FLICKER WORLD TOUR 7 p.m. Aug. 2, 2018. White River Amphitheater, Auburn.

WEEZER AND PIXIES 7:30 p.m. Aug. 4, 2018. White River Amphitheatre, Auburn,

ED SHEERAN: 2018 NORTH AMERICAN TOUR 7 p.m. Aug. 25, 2018. CenturyLink Field, Seattle.

GAME OF THRONES LIVE CONCERT EXPERIENCE

Sept. 6, 2018, Key Arena, Seattle. **FOO FIGHTERS: CONCRETE**

AND GOLD TOUR Sept. 1, 2018. Safeco Field, Seattle. SAM SMITH: THE THRILL OF IT ALL TOUR 8 p.m. Sept. 8,

2018. KeyArena, Seattle.

Join Us This Holiday Season STELLAD PUBLIC WELCOME **Shop the Boutique!** Alpaca Yarn, Rugs, Socks, & More! ALPACAS Lots of gift ideas to explore!

December 9 & 10, 16 & 17, 23 & 24 10 a.m. - 4 p.m

27810 16th Ave. E. Spanaway, WA 98387 www.stellaralpacas.com stellaralpacas@q.com 253-208-2107







November 23 - January 1 5:30 - 9:00 PM

> Admission: \$14 per vehicle

\$7 Half Price Nights: Dec. 4, 5, 6

www.piercecountywa.org/parks (253) 798-4177

WEEKEND

FROM PAGE 6C

guides lead you on an adventure. Ground transportation, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Come get fitted for gear the week before the trip. Due to weather, location is subject to change for safety.

Minimum age: 16; children younger than 18 must be accompanied by an adult. Participants must be intermediate skiers. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at jblmmwrregistration.com. **\$110.**

MOONLIGHT SNOWSHOE AT SNOQUALMIE

Head to the Snoqualmie Pass area to snowshoe in the moonlight. Participants should dress warm because the sun won't be seen on this trip. Difficulty: beginner; distance: 1.5 miles; elevation gain: 50 feet; time: two hours.

Depart from the Northwest Adventure Center at Lewis North at 5:30 p.m. or McChord Field's Adventures Unlimited at 6 p.m. Register at JBLMmwrRegistration.com. **\$50.**

JANUARY 6

LADIES DAY FOR SKI/SNOWBOARD

Ladies, if you want to take the plunge into the backcountry with your skills, this class is perfect. Designed for all levels, this educational day will teach everything from how to set up a ski kit, how to engage the avalanche float bags and perfecting turns in deep powder. Get away from the lift lines and learn how to earn those turns anywhere the snow falls. Let our guides lead you on an adventure. Ground transportation, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Come get fitted for gear the week before your trip. Due to weather, location is subject to change for safety. Minimum age: 16; children younger than 18 must be accompanied by an adult. You must be an intermediate skier. Depart from McChord Field's Adventures



JBLM Outdoor Recreation / 2013

The JBLM Northwest Adventure Center will host multiple snowshoe excursions throughout the winter, including Carbon River Jan. 6 and Salmon La Luc Jan. 7.

Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$110.**

LEARN THE BASICS IN PHOTOGRAPHY 101

This is the perfect training session for anyone looking to learn the fundamentals of photography. Whether someone is a new photographer needing to learn the basics or a seasoned shooter wanting to brush up on the world of digital, this class puts all students on firm ground for advancing their photography. Learn the basic principles of photography including:

• Camera settings: Learn the settings and get your camera set up right.

• Depth of field: What it is and how to use it to make better photos.

• Exposure: Get it right in the field without any fuss.

• Focus: Learn how focus is affected and how to take control of it.

• Composition: Explore the rules and learn when to break them.

Minimum age: 12; children younger than 18 must be ac-

companied by an adult. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. **\$45.**

SNOWSHOE TRIP ALONG THE CARBON RIVER

Due to the historic floods in 2006, the road to the Ipsut Creek Campground is permanently closed. This provides a beautiful snowshoeing trek along the old service road, through old-growth forests and along the incredible Carbon River. This winter there should be plenty of snow, solitude and great scenery.

Difficulty: moderate; distance: about 9 miles roundtrip; elevation gain: 800 feet. Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. Register at JBLMmwrRegistration-.com. **\$65.**

JANUARY 7 SNOWSHOE ADVENTURE TO SALMON LA SAC Salmon La Sac is nestled in the wilderness outside of Roslyn. The group will weave their way through the snow-covered woods to Cooper Lake and end the day with a jaunt through the historic downtown. Due to winter conditions, location is subject to change for safety reasons.

Difficulty: moderate; distance: 8 miles; time: three to four hours. Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 7:30 a.m. Register at JBLMmwrRegistration.com. **\$90.**

A SNOW TUBING ADVENTURE WITH NAC

Travel to one of Washington's best tubing hills for a day in the snow. Dress warmly and get ready to go for a wild ride. Tubing is a blast for all ages. Snow tubes and transportation provided. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. or McChord Field's Adventures Unlimited at 9 a.m. Register at JBLMmwrRegistration.com. **\$45**; **\$25** for ages 6 to 12; **\$5** for ages

5 and younger.

JANUARY 11 YOGA CLASS FOR SKIERS/SNOWBOARDERS

Skiing/snowboarding and yoga go together like peas and carrots. Like yoga, skiing is an activity where focus and strength is essential. Both require complete concentration of mind and attention to the body and what will make it perform with every swerve, bump and steepening of the slope. Join other outdoor recreators in a 60-minute class away from the studio designed specifically for preparing the muscles to endure long runs down a powdery hill this winter. Class is at 6 p.m. at McChord Field's Adventures Unlimited building, surrounded by inspiring outdoor gear. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. \$17.

JANUARY 12 BALD EAGLE FLOAT TRIP/PHOTO TOUR

In winter, large numbers of bald eagles migrate from as far away as Alaska to the Skagit River and its tributaries. There are many opportunities to observe and photograph bald eagles perching in the bare limbs of cottonwood trees or feeding on spawned-out chum salmon on gravel bars. Depart from the Northwest Adventure Center at Lewis North at 7:30 a.m. Register at JBLMwr Registration.com. **\$65.**

JANUARY 12-15

FOUR-DAY SKI AT STEVEN'S PASS

Spend four days immersed in Washington's Snoqualmie-Baker Wilderness. Ski tour or splitboard a different route every day through the Washington Cascade Mountains around Steven's Pass through old growth Hemlock forests and



hidden meadows that offer sweeping views of the Cascades. Enjoy a beautiful home in the snow-covered wilderness, complete with a home-cooked meal and hot shower to end the day. All equipment, transportation, meals and instructor are included. Minimum age: 16; children younger than 18 must be accompanied by an adult. Preregistration required by Jan. 1. Register at JBLMmwr Registration.com. **\$900**.

JANUARY 13 SNOWSHOE TRIP AT THE COMMONWEALTH BASIN

The Cascades in the winter is a snowshoeing paradise and none more so than Commonwealth Basin. The proliferation of snow keeps the trail ever changing. Soft blankets smooth the landscape forming snow bridges over creeks, making stumps look like soft bumps in

SEE OUT, 9C



The Man Who Invented Christmas (PG)

Fri-Sat: 1:30, 4:00, 6:30, 8:50 Sun: 4:00, 6:30, 8:50 Mon-Tue: 1:30, 4:00, 6:30, 8:50 Wed: 1:30, 4:00, 8:50; Thu: 1:30, 9:15

Faces Places (PG)

Fri: 2:20, 7:15, 9:20 Sat-Sun: 12:00, 2:20, 7:15, 9:20 Mon: 2:20, 7:15, 9:20; Tue: 9:20 Wed: 2:20, 9:20; Thu: 2:20, 7:15, 9:20

Three Billboards Outside Ebbing, Missouri (R)

Fri: 1:45, 4:15, 6:45, 9:15 Sat-Sun: 11:15 AM, 1:45, 4:15, 6:45, 9:15 Mon-Thu: 1:45, 4:15, 6:45, 9:15

Lady Bird (R)

Fri: 2:00, 4:30, 7:00, 9:10 Sat-Sun: 11:30 AM, 2:00, 4:30, 7:00, 9:10 Mon-Thu: 2:00, 4:30, 7:00, 9:10

> Loving Vincent (PG-13) Fri-Thu: 4:20

Blade of the Immortal (R) WEIRD ELEPHANT SERIES Sat: 11:00

The King's Choice (NR) TUESDAY FILM SERIES Tue: 1:20, 6:45

White Christmas Sing-Along (G) Sun: 1:45: Wed: 6:30: Thu: 4:00. 6:30

Now serving local beer & wine Friday-Sunday evenings! Tacoma's only nonprofit movie theater.

the landscape.

Distance: 8 miles, roundtrip; elevation gain: 2,300 feet. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$65.**

CROSS-COUNTRY SKIING AT LAKE EASTON

Combine short trails, rolling hills, groomed trails and beautiful views and you have a great day of cross-country skiing at Lake Easton. Gear, transportation and instruction are provided. Meet at McChord Field's Adventures Unlimited at 8 a.m.

Difficulty: moderate: distance: 5 miles; elevation gain: 50 feet; time: three hours. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. \$65.

JANUARY 14 SNOWMOBILING TOUR TRIP TO CLE ELUM Take a snowmobile tour

around Sasse Mountain in Cle

Elum. Fun, action, beauty and excitement. For those seeking the most fun-filled winter experience, check out this snowmobiling trip through the Cascade Mountains. Transportation, snowmobile, helmet, boots, gloves and snowsuit are provided. Dress in layers. Minimum age to drive: 16. Depart from Northwest Adventure Center at Lewis North at 7 a.m. Register at JBLMmwrRegistration.com. \$185; \$75 for ages 14 and younger.

INTRODUCTION TO **BACKCOUNTRY SKIING**

This class if for anyone who wants to take the plunge into the backcountry with their skills. An educational day will teach participants everything from how to set up a ski kit, how to engage the avalanche float bags and perfecting turns in deep powder. Get away from the lift lines and learn how to earn those turns anywhere the snow falls. Our expert guides will lead the outdoor adventure. Ground transportation, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Come get fitted for gear the week before the trip. Due to weather, location is subject to

change for safety. Minimum age: 16 (those younger than 18 must be accompanied by an adult). All participants must be intermediate skiers. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. \$110.

SEATTLE NIGHT PHOTO WORKSHOP

Just because the sun's gone down, it doesn't mean the day of photography has to end. Night photography is fast becoming one of the most popular forms of digital photography. Take a journey of Seattle after dark. Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 3:30 p.m. or McChord Field's Adventures Unlimited at 3:45 p.m. Register at JBLMmwrRegistration.com. \$65.

JANUARY 16 SEA KAYAK SKILLS CLASS

The Northwest Adventure Center offers five levels of the two-hour kayak skills class. Start at any time and master as many of the five

mexican?

levels as you would like.

Level 1: Proper paddling techniques and how to buddy rescue. Level 2: Edging maneuvers

and self-rescue. Level 3: Recovery techniques

and muscle memory exercises for the roll.

Level 4: Multi-day kayak trip prep and T-rescue.

Level 5: Learning the kayak roll.

After the fifth level, continue to perfect your roll. Minimum age: 12; children anyone younger than 18 must be accompanied by an adult. Meet at Kimbro Pool at 7:30 p.m. Register at JBLMmwrRegistration.com. \$35.

JANUARY 20 BACKCOUNTRY SKI TRIP IN THE CASCADES

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. The Northwest Adventure Center's trip provides all the gear you need to go safely into the backcountry. Trip includes transportation, skis or split

5502 Orchard St. W

board, boots, float pack, avalanche safety kit and guide. Minimum age: 16 years; children younger than 18 must be accompanied by an adult. All participants must be intermediate skiers. Due to weather. location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwr Registration.com. \$110.

LEARN THE BASICS IN PHOTOSHOP 101

It's often difficult for beginners to know where to start, but this Photoshop 101 seminar covers nearly every tool and menu available in detail. This is the starting point for getting introduced to the editing possibilities in Photoshop. Learn how to edit quickly, build confidence in skills and ensure images come out looking great. Topics include layers, masking, groups, typography, quick masks, introduction to filters and more. Meet at the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. \$45.

JANUARY 21 CROSS-COUNTRY SKI TRIP TO LAKE EASTON

Combine short trails, rolling

hills, groomed trails and beautiful views and you have a great day of cross-country skiing at Lake Easton.

9C

Gear, transportation and instruction are provided. Participants must go to the Northwest Adventure Center to be fitted for gear no later than the day before trip.

Meet at McChord Field's Adventures Unlimited at 8 a.m.

Difficulty: moderate; distance: 5 miles: elevation gain: 50 feet; time: three hours. Minimum age: 12; children vounger than 18 must be accompanied by an adult. Register at JBLMmwr Registration.com. \$65.

IMPROVE SKILLS IN ADVANCED PHOTOSHOP

Build onto basic experience working with Photoshop and learn some of the program's most powerful tools.

Learn Adobe Camera RAW, learn actions, adjustment layers, create custom brushes, advanced brush options, dodge and burn, blending modes and more.

Meet at the Northwest Adventure Center at Lewis North at 9 a.m.

Register at JBLMmwr Registration.com. \$45.







WEEKEND

WEEKEND

FROM PAGE 5C **EVENTS**

253-282-7203, tacomacomedyclub.com.

Country Roadhouse Jam with Dave Nichols 8:30 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way, Tacoma. 253-473-2255.

MONDAY

Open Mic Night with Chuck Gay 7 p.m. The Swiss 1904 S. Jefferson, Tacoma, Free, 253-572-2821.

Rockaroake with a Live Band 10 p.m. Jazzbones. 2803 Sixth Ave., Tacoma, 253-396-9169.

TUESDAY

Open Mic Night 7 p.m. Antique Sandwich Company 5102 N. Pearl St., Tacoma, 253-752-4069

Blues Jam with Roger Williamson 8 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way, Tacoma. 253-473-2255.

Leanne Trevalyan and Billy Stoops 8 p.m. Dawson's Bar and Grill. 5443 South Tacoma Way. Tacoma. 253-476-1421.

New Talent Tuesdays 8 p.m. Tacoma Comedy Club. 933 Market St., Tacoma. Free. 253-282-7203, tacomacomedyclub-.com.

Karaoke with Virginia 9 p.m. Great American Casino. 10117 South Tacoma Way, Lakewood, 253-396-0500.

WEDNESDAY

Linda Myers 8 p.m. Dawson's Bar and Grill. 5443 South Tacoma Way, Tacoma, 253-476-1421.

The Blue Tonez 8 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way, Tacoma. 253-473-2255.

Open Mic Night 8 p.m. Tacoma Comedy Club. 933 Market St., Tacoma. Free. 253-282-7203, tacomacomedyclub.com.

Caliente Salsa Dancing 7 p.m. La Fondita Mexican Restaurant. 2620 N. Proctor St., Tacoma. Salsa dance lessons from 7 to 8 p.m. with DJ Arturo Rodriguez. Music and dancing from 8 p.m. to close. \$15 for salsa lessons and cover, \$10 for cover only.

253-752-2878, facebook.com/pg/ LaFonditaProctorDistrict/events. **Open Mic with Verginia** 8

p.m. Rock The Dock. 535 Dock St., Tacoma, 253-272-5004. Mike's Movie Riff Off 8 p.m.

to midnight. Acme Tavern, 1310 Tacoma Ave. S., Tacoma. A movie night where you berate, mock and interject on the classiest trash cinema has to offer. No cover. 253-503-6712.

THURSDAY

Crooked Christ, Liars Tongue, Sacred Fire, Noose and Empire Justice 8 p.m. Real Art Tacoma. 5412 South Tacoma Way, Tacoma. \$10. realarttacoma.com.

Billy Shew Band 8 p.m. Dawson's Bar and Grill. 5443 South Tacoma Way, Tacoma, 253-476-1421.

Open Mic Night with Dustin 8 p.m. Rock The Dock. 535 Dock St., Tacoma, 253-272-5004.

Power Rock Jam 8 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way, Tacoma. 253-473-2255.

LMAO Comedy Show Hosted By Jonathan Payne 9 p.m. The Swiss. 1904 S. Jefferson, Tacoma. 253-572-2821.

HE NEWS

TRIBUNE



THE NEWSSARIBUNE

Orchestra

Catch the Holiday Magic!

December 15th Through December 23rd Sugar Plum Teas Follow Matinee Performances Call or go online for times and tickets!

> TACOMA CIT NEW ERA BEGINS



Dec. 16, 2 & 7:30pm Dec. 17, 1 & 5:30pm (ASL interpreted) Dec. 19, 7:30pm Dec. 20, 7:30pm Rialto Theater, Tacoma | Presented by PUGET SOUND REVELS

TICKETS: broadwaycenter.org 253-591-5894 Tickets make wonderful gifts! Performing Arts Event Center

Federal Way Performing Arts And Events Center Tickets \$18 - \$104 Box Office (253) 835-7010 | www.fwpaec.org

11C

If you go

What: JBLM 5K Jingle Bell Jog and 1K Reindeer Romp

When: Saturday. 1K at 9:30 a.m. 5K at 10 a.m.

Where: Wilson Sports and Fitness Center, 11596 D St. and 41st Division Drive, Lewis North

To learn more: 253-967-7471

FROM PAGE 3C

earlier this week, but runners can still sign up the day of the event. Race bib pickup inside the fitness center is scheduled from 7 to 9:30 a.m., which allows for runners to sign up right before the youth 1K at 9:30 a.m. and the 5K run at 10 a.m.

With some recent changes within JBLM's Sports, Fitness and Aquatics, fitness centers are taking turns with taking the reins to coordinate fun runs. It's a chance for Dwayne Brown, assistant facility manager at Wilson, to see the inner workings of a fun run — from marketing to vendor coordination.

Brown is no stranger to events like the Jingle Bell Jog and Reindeer Romp.

"I've been on this installation since 2000, and you can't help but look at it as being fun," Brown said. "We have a great day on all of these runs. You get to see familiar faces and have a good time."

Finisher medals will be handed out to children who complete the 1K Reindeer Romp and runners who complete the 5K Jingle Bell Jog. Brown said there will also be T-shirts and beanie hats given away.

Prizes — including a Sony PlayStation 4, gift baskets and holiday hams provided by Costco — will be given away to randomly-selected runners.



Eric Sanchez, right, leads a group of runners en route to winning the 2016 JBLM 5K Jingle Bell Jog. This year's race will take place outside Wilson Sports and Fitness Center on Lewis North.

November's JBLM Turkey Trot had a similar giveaway with turkeys in time for Thanksgiving.

"When we do give away prizes, we want them to be (considerate of) the time frame," Brown said. "Since this is the holiday season, you can't go wrong with a holiday ham." And like many fun runs on the JBLM calendar, the Jingle Bell Jog and Reindeer Romp will reward runners with the most creative attire. In festive fashion, prizes will be given away during the event's "Ugly Christmas Sweater Contest."

In years past, runners have broken out sweaters usually kept in storage and created their own with ornaments, lights and even garland. Brown said some volunteers will dress up for the occasion.

"We're going to have some personnel dressed up as reindeer who will be out there on the (kids) run," Brown said. "If any (more) staff wants to, we'll let them do it, too."

The event will also include a visit from Santa and Mrs. Claus, who will be available for pictures with families.

For more information, call 253-967-7471.

Dean Siemon: 253-477-0235, @deansiemon

NOV 24-DEC 17 • FRI & SAT 7:30PM • SAT & SUN 2PM

SUNDAY

TUESDAY

SATURDAY DECEMBER 16 7:30 PM • PRE-CONCERT LECTURE 6:30-7:00 PM SUNDAY DECEMBER 17 3:00 PM • PRE-CONCERT LECTURE 2:00-2:30 PM



DECEMBER 10

International Artists Carillon

CHRISTMAS

BELLS ARE

RINGING

DECEMBER 12

BENEFIT:

SOPRELLO

Northwest Repertory

REJOICE!

CELEBRATE!

in Old Town

DUO

Singers

SING!

ТНЕ

Classical Tuesdays

WINE & SONG

Hans Christian Andersen's classic fairy tale The Princess and the Pea gets the full musical treatment in this production of Once Upon a Mattreess - with a few surprises! Ticket Info: Adult: \$31; Senior|Military|Students: \$29; Children: \$22; Groups of 10 or more: \$27

St. Luke's Memorial Episcopal Church.

Concert features oboist Cooper Sumrall,

a handbell solo, a double ensemble piece,

and a delightful program of Holiday music.

Adults, \$10; Youth & Seniors, \$8; Family, \$25;

3615 N. Gove St., Tacoma 98407

Bring family and friends, and enjoy.

253.759.3534; www.seattlecarillon.org

Ticket Info: Suggested Donation:

4:00 P.M.

7:00PM

NOVEMBER 24-DECEMBER 17, 2017 • FRIDAYS & SATURDAYS 8PM • SUNDAYS 2PM

SUNDAY

253-383-1569

SATURDAY

310 North K St. Tacoma

The Christ Church Choir and Organ

congregational hymns and scriptures.

Brombaugh, organist; Janet Campbell,

Kathryn Nichols, director; Mark

Ticket Info: Voluntary donation.

priest. [www.ccptacoma.org]

perform stirring music for Advent, with

Lakewood Playhouse CHARLES **DICKENS'** A **CHRISTMAS** CAROL

Christ Episcopal Church

ADVENT

LESSONS

& CAROLS

Rich Wetzel's Groovin'

DINNER SHOW

Choral Arts Northwest

CHRISTMAS

NORTHWEST

Higher Orchestra

DECEMBER 9

WITH

ARTS

CHORAL

WED DEC 13. 7:30 • 9:30PM

DECEMBER 10

Lakewood Playhouse 5729 Lakewood Towne Center Blvd SW, Lakewood, WA 98496 One Christmas Eve, three spirits show

Ebenezer Scrooge what life really means in this original adaptation of the classic tale. LAKEWOOD: Shop, Eat, Play, Stay! Ticket Info: Full Price \$26 Seniors/Military \$23 Students/Educators \$20 (253) 588-0042 or online www.lakewoodplayhouse.org

SATURDAY DEC 9 • 10:00AM - 3:00PM

TMP'S HOLIDAY BAZAAR

Tacoma Musical Playhouse 7116 6th Avenue, Tacoma, WA 98406 Get a jump on your holiday shopping and support your local crafters and businesses at the same time in TMP's first annual Holiday Bazaar. Ticket Info: Event is free and open to the public Phone: 253-565-6867 Online: tmp.org

Ι.	DECEMBER 10	SUNDAY	3-5PM
l	Vivace Choral Program VIVACE CHORAL PROGRAM CHRISTMAS CONCERT	Kilworth Memorial Chapel (on UPS campus) Come and enjoy all your Christr favorites! From holiday classics sacred choral performed by choi ages 8 to adult. Celebrate the ho with us! Ticket Info: \$10 per person, all	to risters lidays

FRIDAY DEC. 15 7:30PM • SUNDAY DEC. 17 4:00PM

Rainier Ringers CHRISTMAS POSTCARDS

DEC 1-24 FRI/SAT 7:30PM • SUN 2:00PM

12/15 - Lacey Presbyterian Church, 3045 Carpenter Rd SE. Lacev WA 12/17 - Little Church on the Prairie. 6310 Motor Ave SW Lakewood WA Ring in the holiday season with Rainier Ringers! Our Christmas Postcards concert features Christmas carols and songs from around the world. Ticket Info: \$10 - adults, \$8 - students/ seniors or \$25 per family.

Connelly Law Offices, 2301 N 30th St., Tacoma A festive evening with the fabulous soprano Allison Pohl and cellist Alistair MacRae. Following the music we'll enjoy some lovely wines and finger foods. All ages welcome. Ticket Info: \$25 tickets available at Bayview Optical in Old Town. 253-752-2135 or http://classicaltuesdays.blogspot.com

Mason United Methodist Church 2710 N

We celebrate the gift of music with holiday favorites NWRS

has performed over the past 16 seasons. Highlights include

music with brass ensemble, harp, oboe, percussion and a

Ticket Info: \$20 general, \$17 senior/student/

www.nwrs.org or at the door. Questions? Call 253-265-3042 (877-460-5880)

military, under 12 free. Available online

Madison St, Tacoma, WA 98407

finale for choir, instruments and audience.

A BIG BAND **CHRISTMAS**

Temple Theater, Tacoma WA Big Band Christmas Dinner Show with Rich Wetzel's Groovin' Higher Orchestra, 21 and over. Ticket includes dinner and the show in the lovely Temple Theater, great Christmas holiday event, show and party. Great band, singer and includes dinner. No host bar.

Ticket Info: \$50 each, 1-253-383-3245

8:00PM

5:00 P.M

Christ Episcopal Church, 310 North K Street, Tacoma Join CANW and guitarist Bob McCaffrey-Lent for a peaceful contemplation of the season -- a musical respite from the frantic pace of the holidays.

Ticket Info: TICKETS are available for purchase online up to 24 hours in advance at www.choralartsnw.org Box Office opens 1 hour before the start of each performance. \$28 Regular Admission ' \$24 Senior/Military ' Student

Tacoma Little Theatre SEUSSICAL THE MUSICAL

210 N I Street, Tacoma, WA 98403 Join TLT and The Cat in the Hat as they take you on a musical journey through your favotire Dr. Seuss stories. Horton, Jojo, Mayzie, Gertrude, The Who's and eve The Grinch show up in this fun filled spectacular show filled with great songs and dances! Special performances Wednesday Dec 20, Thursday Dec 21 at 7:30pm and Saturday Dec 23 at 2:00pm. Ticket Info: \$26 Adult; \$24 Senior, Student, or Military; \$22 Children (12 and under). Pay what you can December 14th at 7:30pm.

DEC 16-20, SAT • 2 & 7:30 • SUN • 1 & 5:30 • TUE & WED • 7:30 **Puget Sound Revels** Rialto Theater, 310 South 9th St, Tacoma **CHRISTMAS**

A lively, lovely, funny, joyous celebration for all ages. This year we're singing, dancing, and storytelling in Galicia (Northern Spain) on the Camino de Santiago.

Ticket Info: Tickets from \$12 to \$35.50 253-591-5894 or pugetsoundrevels.org

DECEMBER 16-24



REVELS

7116 6th Avenue, Tacoma, WA 98406 Presented by the best students from our educational program CampTMP "The Best Chirstmas Pageant Ever!" is a hilarious comedy adapted from the best-selling Young Adult book. Features favorite Christmas Carols, and a lot of laughs. Sat Dec 16, 11am; Sun Dec 17, 6pm; Fri Dec 22, 7pm; Sat Dec 23, 11am & 2pm; Sun Dec 24, 2pm.

Ticket Info: All Tickets: \$10|Reserved Seating Phone: 253-565-6867 Online: tmp.org

and Youth tickets FREE at the door CANW

> Sponsored by The News Tribune and participating Art Groups For advertising information, contact Melissa Meissner

253.552.7061 • Fax 253.552.7057

