



August 8, 2014

SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



Link directly to the NSASP Facebook page on your smart phone

INSIDE:



**Rocket
of the Week
Page 7**

UK First Sea Lord tours NSWCDD, Aegis BMD



U.S. Navy photo by Andrew Revelos

Admiral Sir George Zambellas, First Sea Lord and Chief of Naval Staff of the Royal Navy, Rear Admiral Matthew Klunder, Chief of Naval Research and Director, Innovation, Technology Requirements and Test and Evaluation, and members of the Naval Surface Warfare Center Dahlgren Division at the Electromagnetic Railgun facility at Naval Support Facility Dahlgren on July 29. Zambellas and members of his staff also visited the Main Range, the Laser Weapon System Lethality Lab and Aegis Ballistic Missile Defense during their tour.

Sea Cadet learns the ropes aboard USCGC Eagle

By Andrew Revelos

The U.S. Navy Sea Cadets are known for giving young people opportunities to experience the sea services, but relatively few get a chance to harness the wind and experience sailing on a large craft. Gunnar Keenan, a 15 year old member of the Pentagon Division Sea Cadets, recently embarked on a 19-day sailing adventure aboard USCGC Eagle, the Coast Guard's celebrated 295-foot barque and training cutter, that took him from St. John's, Canada, to New York City, to Bourne, Mass.

The only steel-hulled sailing vessel in U.S. military service, the Eagle has trained generations of Coast Guardsmen since it was taken from Germa-

ny as war reparations in 1946. Constructed a decade earlier in Hamburg and commissioned the Segalschulschiff (SSS) Horst Wessel, the sailing school ship served as the flagship of the Kriegsmarine's sail training fleet. She was repurposed as a docked training ship and later as an anti-aircraft vessel, serving in that role until the end of the war.

Since the Coast Guard received and renamed the tall ship, it has served as a training vessel for U.S. Coast Guard Academy and Officer Candidate School cadets. The Eagle has also participated in several goodwill cruises during its long service. A limited number of Sea Cadets are accepted aboard every summer and Keenan count-

ed himself lucky for the opportunity.

Along with a handful of other Sea Cadets from around the country, Keenan learned sailing skills and nomenclature, basic damage control and watch standing. Keenan found the middle watch to be the most enjoyable, perhaps due to the advantages it offered in the way of eating. And little wonder, since hoisting sails, pulling lines and practicing damage control are enough to arouse an appetite in anyone.

"It's pretty nice," he said. "You get late [rations] and mid rats. The food was great. The officers and enlisted crew on the Eagle were elite Coast Guards-

See **Cadet**, Page 2

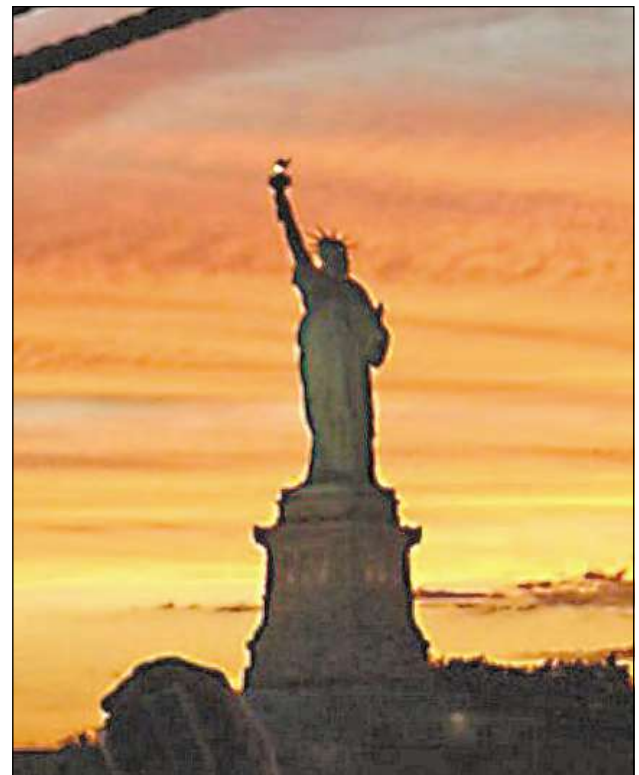


Photo courtesy of Gunnar Keenan

Gunner Keenan, a Pentagon Division Sea Cadet, captured this amazing sunset as the USCGC Eagle sailed into New York Harbor on July 16. His 19-day voyage aboard the USCGC Eagle took him from St. John's, Canada, to New York, to Bourne, Mass.

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Cadet: Thriving on physically and mentally challenging tasks

Continued from page 1

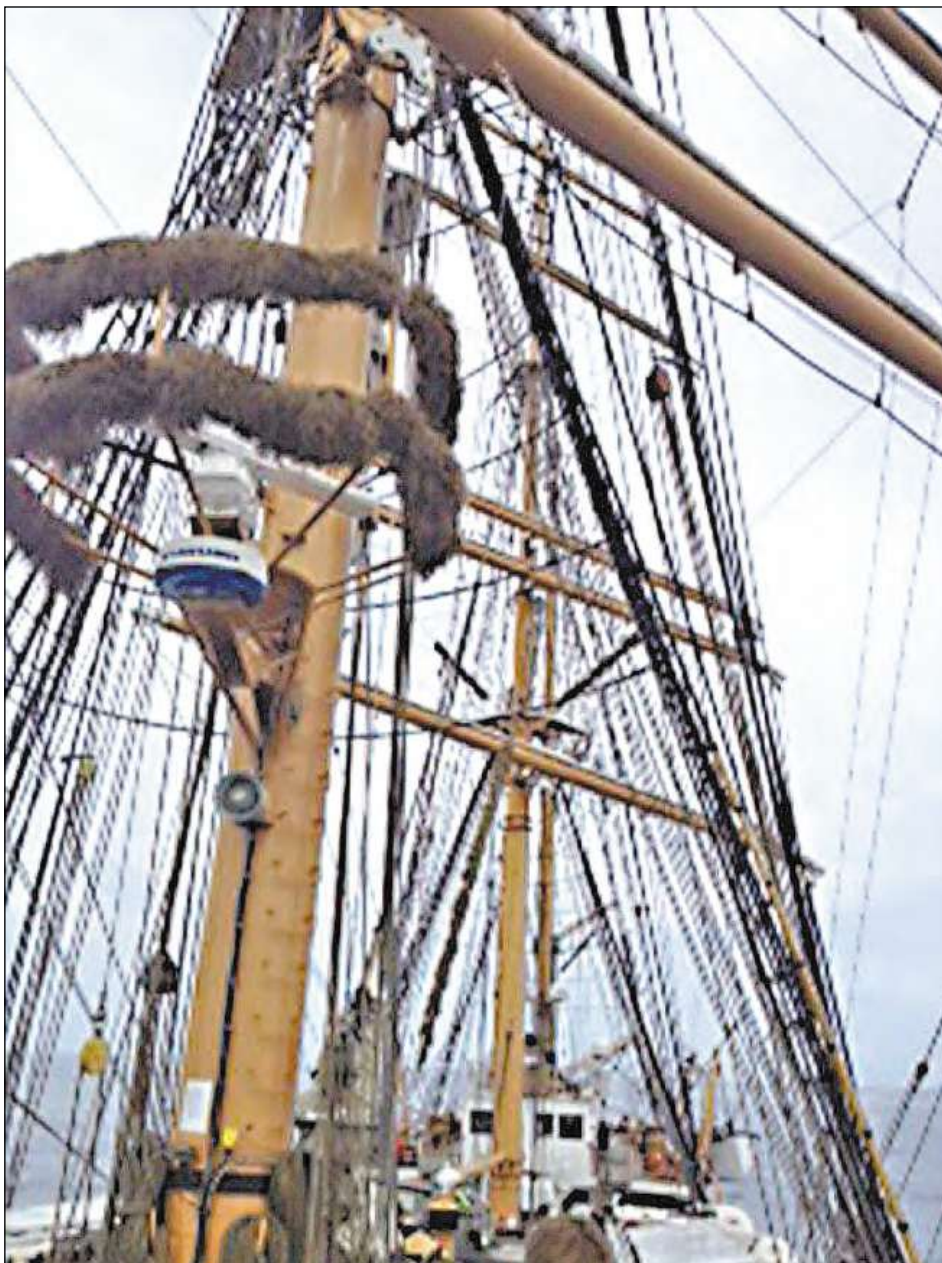
men and they gave us great experience. The cooks have to apply to serve on the Eagle."

Keenan's favorite activity aboard the Eagle was one that most people only see in movies or read about in books. "Climbing up to the royals, the top of the sails, was the best," he said. "I only went up once, but we had to stand on the ropes and throw over the sails. There were three masts with three sets of top sails and two sets of square sails."

Of course, just because sailing designs have been around for millennia, doesn't mean they are simple to operate. The crew of the Eagle must manage more than six miles of standing and running rigging, and 22,300 square feet of sail. "If you need to turn the ship, you have them helm, but if the wind shifts, you need to turn the sails," said Keenan. "You're hauling the yardarms and turning the yardarms and the sail—it was pretty difficult."

The work was not only a physical challenge, but a mental one as well. "It was hard work, but you also had to know something like 200 lines going down the ship," said Keenan. "If you looked down the pin rail, you'll see a line of metal spokes to hold the lines."

All of that learning occurred alongside cadets from the Coast Guard Academy and a few midshipmen from the U.S. Naval Academy. The environment was fast-paced and the learning curve steep, but Keenan said he thrived



Know your ropes: this photo shows just some of the lines that control the sails aboard USCGC Eagle, the only steel-hulled sailing vessel in U.S. military service. The Eagle's crew uses more than six miles of standing and running rigging, and 22,300 square feet of sail to maneuver the 295-foot barque training cutter.

on the challenge. "You eat fast in the small galley, the quarters are small,

you stand watch—but it is a shock to you when you [first] get aboard," he said.

"We get a minor dose of that in the Sea Cadets."

The cadets and crew



Photo courtesy of Gunnar Keenan

Gunnar Keenan, a Pentagon Division Sea Cadet, shows off his quarters during his voyage aboard USCGC Eagle.

aboard the Eagle enjoyed fine weather during most of the voyage, though they encountered some heavy downpours and thick fog off the Canadian coast. "You have to blast the fog-horn every five seconds, for two minutes," said Keenan. "The crew had fog for a couple of days straight coming to St. John's, so I felt like we had it kind of good."

When the Eagle sailed in to New York Harbor, Keenan took some rather outstanding photos of the Statue of Liberty at sunset and continued his adventure ashore. "We walked around the city," he said. "I went to Grand Central

Station, Times Squares, the Empire State Building—though I didn't go up to the top because it cost \$20 and I already spent my money—and Central Park."

When the Eagle finally ended its voyage in Bourne, Keenan had a new perspective to consider as he decides on his next chapter in life. "I've been really gung ho for the Naval Academy and I want to be a diver, but recently I've widened my search," he said. "I've been looking at the Coast Guard Academy and they're making diving a rate. I really want to go to one of the academies. It's the lifestyle I want to live."

Congratulations Chief Petty Officer selectees!

Chief Petty Officer selectees assigned to commands at Naval Support Activity South Potomac gathered for their first day of CPO 365 training Aug. 8 at the Dahlgren CPO Mess.

The Sailors were welcomed by Capt. Mary Feinberg, right, commanding officer of NSASP, and Capt. Peter Galluch, left, commanding officer of the Aegis Training and Readiness Center; the selectees now begin several weeks of specialized training.



U.S. Navy photo by Andrew Revelos



Are your halls too bright?

One path to energy savings runs just outside your door-the hallway. Halls usually need only 5 to 10 foot candles of light. The average ambient light level in offices is usually around 30 foot candles. If your hallways look bright compared to your office areas, tell your building energy monitor or facility manager. They may be able to take out some lamps or fixtures to save energy. Visit <https://energy.navy.mil>.

What's happening at the Dahlgren Museum?



Aug 16: Dahlgren Museum will hold Navy Chief Petty Officers Day from noon - 4 p.m. All active duty and retired Navy CPOs are invited to

attend and meet this year's NSF Dahlgren CPO Selectees. The Selectees will also have lunch for sale for all attendees. Please come and share your experiences as a Chief, and enjoy touring the museum. The public is invited to attend as well.

Sept 6: Dahlgren Museum Fine Arts Auction Fundraiser at UMW-Dahlgren Campus. Art preview is at 5 p.m., auction begins at 6 p.m. Event will include heavy hors d'oeuvres, beverages and wine from Oak Crest Winery, door prizes and some amazing art and memorabilia. Tickets are \$15 until Aug. 15. Visit www.dahlgrenmuseum.org to purchase your tickets today!

Nov 15: Dahlgren Museum German Christmas Market Fundraiser, 4 - 8 p.m. at the museum. Evening will include live music, crafts, German food for sale, activities for children, a Christkindl Queen pageant and lots of holiday fun. Crafters are still needed for this event. If you have homemade crafts you'd like to sell (only 15 crafters will be on site), email jeron.hayes@gmail.com.

Dahlgren Museum is open the first and third Saturdays of the month. For more information, visit www.dahlgrenmuseum.org.

Univ of Mary Washington offers Professional Development Programs

Did you know...

- Project Management Professional (PMP) credential holders in the U.S. earn an average of 16 percent more (approximately US\$14,500) than their non-credentialed peers in 2011.

- HR professionals with a Senior Professional in Human Resources (SPHRR) from the HR Certification Institute (HRCI) make 93 percent

more overall than those without any certification (overall median annual pay without any certification is \$45,600 versus \$87,900 with SPHR).

- The Society for Human Resource Management (SHRM) is launching new certifications in 2015 - the SHRM Certified Professional (SHRM-CPT) and the SHRM Senior Certified Professional (SHRM-SCPT).

Registration is still

open for UMWs upcoming PMP and HR certification prep courses! The PMP course will be offered at 3 locations - UMW Dahlgren and Stafford Campuses and at the Stafford Technology and Research Center (in the Quantico Corporate Center). The HR certification prep course will be offered at the UMW Stafford Campus. All courses start in September - the complete schedule and

registration information can be found at UMW Professional Development Programs <http://umw.us7.list-manage1.com/track/click?u=3ab426b87328cf221f45920d6&id=030cd1ad6b&e=23ab7eeae1>.

For more information, contact Kristine Stoneley at kstonele@umw.edu, or the UMW Professional Development Programs Manager at 540-286-8011.

This Week in Naval History

August 7

1782 - Badge of Military Merit (Purple Heart) established.

1942 - Navy Amphibious Task Force lands Marines on Guadalcanal, Solomon Islands in first U.S. land offensive of World War II.

1964 - Gulf of Tonkin Resolution passed by Congress.

August 8

1813 - U.S. Schooners Hamilton and Scourge founder in storm on Lake Ontario.

1959 - Announcement of Project Teepee, electronic system to monitor 95 percent of earth's atmosphere for missile launchings or nuclear explosions. System developed by William Thaler, Office of Naval Research physicist.

1972 - Women authorized for sea duty as regular ship's company.

August 9

1815 - Capt. Stephen Decatur concludes treaty for U.S. with Tripoli.

1842 - Signing of Webster-Ashburton Treaty under which U.S. and Great Britain agreed to cooperate in suppressing the slave trade.

1865 - Return of Naval Academy to Annapolis after 4 years at Newport, Rhode Island.

1919 - Construction of rigid airship ZR-1 (Shenandoah) authorized.

1941 - Atlantic Charter Conference is first meeting between President Roosevelt and Winston Churchill.

1942 - Battle of Savo Island begins; First of many sea battles near Guadalcanal.

1945 - Atomic bomb dropped on Nagasaki, Japan. Navy weaponer arms the atomic bomb.

1949 - First use of pilot-ejection seat for emergency escape in U.S. made by Lt. Jack I. Fruin of VF-171 near Walterboro, South Carolina.

August 10

1916 - First Naval aircraft production contract, for N-9s.

1921 - General Order establishes the Bureau of Aeronautics under Rear



U.S. Navy photo

1942 - Navy Amphibious Task Force lands Marines on Guadalcanal, Solomon Islands in first U.S. land offensive of World War II.

Adm. William Moffett.

1944 - Guam secured by U.S. forces.

1964 - Signing of Gulf of Tonkin Resolution which is used as the starting point of the Vietnam Conflict.

August 11

1812 - USS Constitution captures and destroys brig Lady Warren.

1877 - Professor Asaph Hall of Naval Observatory discovers first of two satellites of Mars. He found the second one within a week.

1921 - Carrier arresting gear first tested at Hampton Roads.

1960 - USNS Longview, using Navy helicopters and frogmen, recovers a Discover satellite capsule after 17 orbits. This is first recovery of U.S. satellite from orbit.

August 12

1812 - USS Constitution captures and destroys brig Adeona.

1918 - SECNAV approves acceptance of women as yeoman (F) in U.S. Navy.

1942 - USS Cleveland (CL-55) demonstrates effectiveness of radio-proximity fuze (VT-fuze) against aircraft by successfully destroying 3 drones with proximity bursts fired by her five inch guns.

1944 - Lt. Joseph P. Kennedy, Jr., USNR, the older brother of John F. Kennedy, was killed with his co-pilot in a mid-air explosion after taking off from England in a PB4Y from Special Attack Unit One (SAU-1). Following manual takeoff, they were supposed to parachute out over the English Channel while the radio-controlled explosive filled drone proceeded to attack a German V-2 missile-launching site. Possible causes include faulty wiring or FM signals from a nearby transmitter.

1957 - In first test of Automatic Carrier Landing System, Lt. Cmdr. Don Walker is landed on USS Antietam.

1958 - USS Nautilus (SSN-571) arrives in Portland, England completing first submerged under ice cruise from Pacific to Atlantic Oceans.

August 13

1777 - American explosive device made by David Bushnell explodes near British vessel off New London, Connecticut.

1846 - Joint expedition led by Cmdr. Robert Stockton seizes Los Angeles, California.

1870 - Armed tug Palos becomes first U.S. Navy ship to transit Suez Canal.

Base Happenings

Dahlgren

Second Tour Thrift Store

Bag sale on Thursday, Aug. 7 and Thursday, Aug. 14. Come fill a bag with lots of goodies for a low price! The store will be closed from Aug. 21 through Sept. 11 and will re-open for regular hours on Sept. 18. Free uniforms (gently used) for active duty military members are available every day on the front porch. The store is located at 722 Sampson Rd. and is open on Thursdays from 12:30 - 3 p.m.

First Friday Range Tours

Naval Surface Warfare Center Dahlgren Division (NSWCDD) Range Operations Center (ROC) is pleased to announce a revamped First Friday Range Tour open to all civilian employees, military and contractors at NSF Dahlgren (no guests, please). The tour will run on the first Friday of each month from 8 a.m. to 1 p.m. The tour begins at B.997 (Range Control) 2nd floor conference room with a brief introduction and video. Please contact Beverly Reed at 653-7993 or Beverly.a.reed.ctr@navy.mil to sign up.

Birthday Ball Benefit Golf Tournament

August 27 at the Swan Point Yacht and Country Club. Shotgun start at 9 a.m.; range opens at 8 a.m. Cost: \$75.00/ per person (includes green fees, prizes, snacks, and lunch). Format: 4 member team, Captain's Choice. All proceeds benefit the 2014 NSASP Navy Ball. To register, email meminiuk@jwac.mil or bminiuk@jwac.mil.

Navy Birthday Ball Tickets now on sale

Tickets are now available for the 2014 NSASP Navy Ball! Childcare provided at the Dahlgren CDC 653-4994. Discounted rooms available at the Hospitality House: \$85/ room (includes two free breakfast vouchers). The Navy Ball Committee is also seeking volunteers to help support the ball. For more information, visit www.navyball.org.

Home-style favorites at Ashton's Catering

Near Bld. 1705, open weekdays 6:30 a.m. to 2 p.m. Full breakfasts, sandwiches, wraps and wings with a special every day. For carryout, call 540-940-9242.

Indian Head

'Treasures' Thrift Store Needs Donations!

"Treasures" is open on Tuesdays from 10 a.m. to 1 p.m. The store is located at 12 Strauss Ave. next door to the USO. Gently used items are currently being accepted.

T&J Barbeque truck at IH and Stump Neck

Enjoy delicious T&J Barbeque at NSF Indian Head on Wednesdays and Thursdays, from approximately 11 a.m. to 1 p.m., next to the library, and at the NSF Indian Head Stump Neck Annex on Tuesday, from approximately 11 a.m. to 1 p.m., next to Building 2195.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email andrew.revelos1@navy.mil

Dahlgren

Meet the Generals

August 9-10 at Stratford Hall. Lee's Lieutenants, one of the pre-eminent War Between the States living history groups in America, will be encamped at Stratford Hall. The public can meet, speak with, and ask questions of many of the heroic, and tragic, figures who forged the time when American fought American, and brother met brother on the fields of strife. Those present will include Gen. Robert E. Lee, many of his senior officers, and staff. You may also meet ladies of the South, who will share their experiences at home and their services as nurses, spies, and the backbone of the Confederacy.

King George Relay for Life Needs Volunteers

Relay For Life of King George is seeking volunteers for our all-new Event Leadership Team! With our new team structure, we have many smaller volunteer roles to fill. This is a great way to give back to your community, add to your resume, and gain experience. If you are interested in making a HUGE impact on your community by volunteering as a member of our team, or if you would like to learn more about the opportunity, please contact Ashley Wilson at 804-527-3785 or by email at ashley.wilson@cancer.org.

Full Moon Kayak Trips

August 8 and 9 from 7:30 p.m. to 9:30 p.m. at Caledon State Park. Enjoy a moonlight paddle on the lower Potomac River with the chance to view wildlife as they search for food along our shore. *Space is limited to 14 paddlers/trip. Ages 6 and up, solo paddlers must be at least 18 if unaccompanied or 16 if accompanied by an adult in another kayak. Cost: \$19/solo \$25/ tandem kayak Reservations required. Make your reservation by calling 540-663- 3861.

Bricks and Boards in the 'Burg

The Fredericksburg Area Museum & Cultural Center and Hallowed Ground Tours present walking tours of historic downtown Fredericksburg. Bricks and Boards in the 'Burg will highlight four centuries of history and architecture, the historic influence of the Rappahannock River, the Spire and Steeples of Princess Anne Street, Fredericksburg's Town Hall/Market House and the his-

tory of Market Square. Tours begin and end in Market Square, located behind Town Hall, and run every Saturday until October 11, beginning at 10:00 a.m. The cost for all tours is \$5/adult, \$2/ child and \$2/student. Participants will receive a discounted entry fee into the Museum. Tours are FREE for Museum members. For additional information please contact Hallowed Ground Tours at 540-809-3918, the Museum at 540-371-3037 or visit us at www.famcc.org.

Indian Head

CSM Offers First Year Seminar for Veterans

The College of Southern Maryland is offering a pre-semester course specifically for veterans and taught by a veteran. The course, Making Connections: A First Year Seminar for Veterans (IDS-1010), led by CSM Business and Technology Professor William Morton, will meet Aug. 11 to 15 from 9 a.m. to 4:30 p.m. Designed to help newly separated or transitioning veterans prepare for the fall semester and adjust to the college experience, the course actively engages students through group discussions and presentations each class period. Students will learn skills such as time management, research planning and critical thinking that will benefit them in future college classes. In addition, student-veterans will develop education plans and an e-portfolio to archive their work. With successful completion of the class, students will earn three general education credits in interdisciplinary studies/emerging issues. Veterans who are interested in registering for fall classes and the First Year Seminar must meet with an advisor and register by Aug. 8. Normal tuition and fees will apply and qualifying veterans can use their VA Education Benefits if they choose to, according to CSM Veterans Affairs Coordinator Robert Henry. For information, contact CSM Integrative Learning Center Director Michelle Simpson at MSimpson@csmd.edu, or Advising at advisors@csmd.edu or 301-934-7574.

Team "Handsome Dad" Walk to End Alzheimer's Fundraiser

Team "Handsome Dad" is holding a fundraiser at The Rivah Restaurant, in Cobb Island, MD on Saturday, August 30, from 6 p.m. to 10 p.m. Tickets are \$30, which includes a buffet. There will be a live auction, 50/50 and music

by OMB. Team "Handsome Dad" is dedicated to the fight against Alzheimer's. As the number of people with Alzheimer's continues to grow, so does the need for services the Alzheimer's Association helps make possible. The Walk to End Alzheimer's is the largest fundraising effort and helps to fund programs including caregiver support, education and research. For tickets, contact Linda at 301-643-8747 or Sheila at 301-752-0633. Tickets must be purchased in advance!

Grandparents / 55 & Older Night at Indian Head

The Town of Indian Head will host Grandparents / 55 & Older Night on Thursday, Aug. 14 from 7 - 9 p.m. at the Village Green Pavilion. Doors open at 6:30 p.m. Enjoy dinner on the town and entertainment from the Port Tobacco Pickers Bluegrass Band. Family members are also invited to attend.

Town of Indian Head Back to School Night

Town of Indian Head Kids Back to School Night and Back Pack Giveaways will be held Thursday, August 21 at the Indian Head Village Green Pavilion from 7 - 9 p.m. Doors open at 6:45 p.m. Free admission includes dinner and snacks. Door prizes include load-back packs for Pre-K thru 8th Grade. Free and open to everyone.

Port Tobacco River Conservancy's Night on the River fundraiser

2014 Kids' Summer Shows

The Town of La Plata will host five summer shows for kids at Town Hall. The shows are geared towards preschool and elementary age children and are approximately 45 minutes long. The shows are free and open to the public. Shows will be held outdoors on the West lawn where the Friday night concerts take place (weather permitting - shows will not be moved indoors). Attendees are encouraged to bring blankets and lawn chairs for sitting. No concessions will be available, but you are welcome to bring drinks and snacks along. The next Kids' Summer Show event is "Funny Magic Dude Brian Garner" on Aug. 19 at 10 a.m. Magic that is out of this world! Comedy that will make everyone - children and adults - laugh out loud! An incredible mix of dancing, laughter and hands-on magic. For more information and a complete list of this year's shows, visit www.townoflaplata.org.



SOUTH POTOMAC PILOT

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Everything advertised in this publication shall be

made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

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vided by the Public Affairs Office, NSA South Potomac. News copy should be submitted by noon on Friday to be considered for the following week's edition. All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-645-9480.

NSA South Potomac • Office: 540-653-8153 • 540-284-0129

www.dcmilitary.com/dahlgren

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MWR Highlights



Special Event
540-653-7777

MWR Community Yard Sale

August 9 from 8 a.m. to 1 p.m. Whether you're looking to sell some of the items you no longer need if you're searching for some barely used treasures, look no further! MWR will host a yard sale. Stop by and check out the selection of items for sales or reserve a table to sell your no longer used items. Reserve a table today for only \$5! Spaces will be limited. Please call the MWR Admin Office at 540-653-7777 or stop in the office, bldg. 205 between 8 a.m. to 4 p.m. to reserve a table.

Cannonball Lanes
540-653-7327

9-Pin Tournament

August 16 at 6 p.m. This is a singles tournament. Bowl a series (3 games), a pin-fall of 9 counts as a strike. Trophies will be awarded to the top three bowlers. Cost: \$10.00 per person.

Craftech
540-653-1730

Framing and Matting Class at Craftech

August 13 - 20 from 4:30 p.m. to 7 p.m. In this two-day, evening workshop, learn how to mat and frame a piece of artwork. No larger than 16x20, no oils or cross-stitch. Maximum class size is four. Cost \$35.00 plus materials. For more information, please contact Craftech at 540-653-1730.

Fitness Center
540-653-8580

Fall Intramural Sports

August 11-13 at 11:30 a.m. League and tournament play begins in September! Join us now for an organizational meeting. Flag football meeting will be on August 11th. Softball meeting will be on August 12th. Soccer meeting will be on August 13th.

Pump-n-Run 1.5M

August 20 at 11 a.m. Join the Fitness Center for their annual Summer Pump-N-Run 1.5M event! The lowest time wins! Time is calculated by subtracting 30 seconds for each time a competitor lifts a percentage of his or her body weight. Awards will be given for overall male and female finishers, most reps male and female and overall male and female active duty. Please register between now and August 20th at the Fitness Center.

General Library
540-653-7474

Paws for Reading

August 12 from 3:45 a.m. to 5 p.m. Sign up for your 15 minute appointment to read to and pet a furry friend. Please register at the library in advance.

End of Summer Reading Party

August 14 from 6 p.m. to 7:30 p.m. at the Dahlgren Aquatics Center. The end of summer is near. Reward yourself for all of the great books you've read! Enjoy a private pool party and an evening of food and good fun! Please register at the library.

Mommy & Me Tea Party

August 16 from 11 a.m. to 12:30 p.m. Enjoy a morning of mother-child bonding time, over tea and crafts! Joining in the fun is a special princess who will be teaching tea party manners!

Liberty Center
540-653-7277

Water Fun Day

August 15. Liberty Center Patrons Only: E1- E6 Single/ Unaccompanied Active Duty Military. Have a water filled, fun day at Liberty! Cool off inside with a movie or game or enjoy the water activities outside.

3 Doors Down Concert Trip

August 16. Liberty Center Patrons Only: E1- E6 Single/ Unaccompanied Active Duty Military. Freedom Live presents 3 Doors Down and Blues Traveler at Pax River! We will provide transportation to and from the concert.



Aquatics Center
301-744-4616

Summer Pool Hours

Now through Labor Day
Lap Swim (Monday - Friday) 11 a.m. to 1 p.m.
Open Swim (all week) 1 p.m. to 7 p.m.

Child & Youth Programs

Hourly Care

Care is available on a day to day basis and requires advance reservations. Open spaces for hourly care depend on the number of full-time enrolled children. All children 6 weeks to 12 years of age can use this program. Hourly care reservations as well as payments for care can be made online at <https://myffr.navyaims.com/ndwcyms.html>. For more information, please contact the Child Development Center at 301-744-4458 or the Youth Center at 301-743-5456.

SAC Registration

August 2014. The school age care program (SAC) is a before and/or after care program, including bus transportation, for children entering Kindergarten through 6th grade. Registration packets can be picked up at the Youth Center. Cost is based on total family income. Registration dates are: August 11, In-program patrons, August 12, Military, August 13, Civilians, August 14, Contractors.

Fitness Center
301-744-4661

Beat the Heat 5k

August 5 at 7 a.m. Prizes will be awarded to 1st and 2nd place, male and female finishers. Walkers will start on the original route in reverse. Please register in advance or before 7 a.m. the morning of the 5k. Participants must be at least 10 years of age with parental signature if under 18 years of age. Cost: Free for Military, all others, \$5.

Sprint Triathlon

August 8 at 7 a.m. Pre-race activities start at 7 a.m., age groups range from 18 to 60+ with prizes awarded after race completion. Please register by August 1st at the Weight House Fitness Center. Cost: Military, \$15, all others, \$25.

General Library
301-744-4747

One-on-One Computer Help

1st Monday of Every Month, by appointment only. Need help with a certain computer program? Don't know where to start? Sign up for a 30 minute, one-on-one session at the library, to work on whatever you'd like. Please call on the previous Friday to make an appointment for training on the upcoming Monday.



540-653-7336
Friday and Saturday: 7 p.m. Showings

Price of Shows
Civilians - \$5; AD, Retired, Reserve, Family Members (E7 - above) \$4; AD, Reserve, Family Members (E6 - below) - \$2.50; Child (6-11) - \$2; Child (5 and under) - Free; Tickets for a movie shown in 3-D are an additional \$1

Friday, August 8th, 7 p.m.
How to Train Your Dragon 2 (3D)*, PG
Saturday, August 9th, 2 p.m.
Earth to Echo, PG
Saturday, August 9th, 7 p.m.
Transformers: Age of Extinction (3D)*, PG-13

Friday, August 15th, 1 p.m.
Diary of a Wimpy Kid Dog Days - FREE!!, PG
Friday, August 15th, 2:50 p.m.
The Three Stooges - FREE!!, PG
Friday, August 15th, 4:30 p.m.
Fantastic Four: Rise of the Silver Surfer - FREE
Friday, August 15th, 7 p.m.
Transformers: Age of Extinction, PG-13
Saturday, August 16th, 7 p.m.
Planes: Fire and Rescue, PG

Summer Reading End Party

August 11 at 1 p.m. at the Mix House. You've been reading all summer, now it's time to celebrate! Come check out the safari animals that will be in attendance and learn interesting facts about each animal!


Mommy & Me Tea Party

August 18 from 3:30 p.m. to 5 p.m. at the Mix House. Moms and children, enjoy an afternoon of tea and crafts! A special princess will be joining us to teach tea party manners!

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1.74% APR



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Rate may vary depending on individual credit history and underwriting terms. Rate of 1.74% applies to applications submitted online at www.nswcfcu.org for New Automobile Loans; minimum rate is 1.99% otherwise. New autos are defined as purchases or rollovers for select model years with less than 20,000 miles. Refinance of existing loans with NSWCFCU Federal Credit Union will not qualify for this rate. All Credit Union loan programs, rates and terms are subject to change at any time without notice. Contact the Credit Union for complete details.

 **NSWCFCU**
NSWC Federal Credit Union

Visit nswcfcu.org.

THE SOUTH POTOMAC

AUGUST 8, 2014

PilotClassifieds

Serving Our Military and Civilian Personnel



Southern Maryland/Dahlgren 1-888-406-7663 • 1-800-843-3357 • website: <http://www.somdnews.com>

Publication Day: Friday

BUSINESS HOURS: MON. thru FRI. 8:15AM - 5:15PM

Advertising Deadline
Tuesday 4pm - Friday Paper.

Placing An Ad

LINER Ads - All copy ads containing no special type or artwork. Ads are billed by the line with a 4-line minimum.
SEMI-DISPLAY Ads - Ads that are typeset in a 1 or 2 column format. These ads may contain limited special type, logos or limited special borders. They are billed by the inch with a 2-inch minimum.
DISPLAY Ads - Ads contain logos, artwork and special borders. Ads are billed by the inch with a 2-inch minimum.
Classified and Recruitment rates apply. All Private Parties Ads must be pre-paid
Base personnel can run Free classified ads

Important Information

The Publisher reserves the right to censor, reclassify, revise, edit or reject any classified advertisement not meeting the standards of acceptance of Southern Maryland Newspapers. All ads accepted are subject to credit approval.
Check your ad the first day it appears and, if you find a mistake, call our office so we may correct the error, immediately. We will only be responsible for the 1st day of publication. Please be sure to read your ad carefully.
The South Potomac Pilot shall not be held responsible for any omitted ads for any reason.

Wanted to Buy

Small collector pays CASH for Coins / Collections / Gold. Will come to you. Al 301-807-3266

Apartment



\$529/355

Beautiful Condo for Sale/Rent in downtown La Plata
101 CAROL'S PLACE, #122
- 2 large bedrooms, 2 full baths
- 1200 sq. ft. w/ assigned parking
- Spacious, open-concept living
- plus washer and dryer!
Secure building. Elevator. Perfect for roommates.
Walk to restaurants, shopping ~ Easy commute to D.C., Pax, Indian Head. Available 7/1.
\$1600/mo. rent (includes most utilities) or \$220,000 to own
MLS#CH8379353 **Call 301-843-2211 today!**

Apartment

LUSBY: Lwr lvl 2 bdrm, priv ent, cable, approx 1500 sq ft., \$950/mo + 1/2 electr, 410-326-4238.

Houses for Sale Virginia

EASY COMMUTING - Private location traditional Colonial on 5 private, wooded acres. No HOA (road maint agreement - \$525 yearly). Commute to Belvoir, Pen-tagon, DC, Dahlgren. Great local elementary/secondary school. Close to GMU. \$799,900. 703-250-2271.

When Someone Is Choking

CHECK CALL CARE

ADULTS/CHILDREN

IF YOU'RE WORRIED ABOUT REMEMBERING IT ALL REMEMBER THIS.

911

In an emergency, help isn't on the way unless someone calls. So don't hesitate, call 9-1-1 or your local emergency number before you do anything else. It's one life-saving technique that's always easy to remember.



The onset of eye disease may not be as visible as the appearance of new wrinkles. An eye doctor can spot the early warning signs of vision problems like glaucoma and macular degeneration, as well as other serious health conditions such as diabetes and hypertension. Early detection is key.

For men and women over 40, it might be wise to look into your eyes. For more information, visit checkyearly.com. A public service message from Vision Council of America and AARP.

Big Gun and Rocket of the Week

The Naval Support Activity South Potomac Big Gun of the Week and Rocket of the Week awards recognize outstanding employees at Naval Support Facilities Dahlgren and Indian Head, respectively, for the hard work and dedication they display on a daily basis. Congratulations to this week's recipients!



Big Gun of the Week: Chevi Telfare



Rocket of the Week: Maria Carver



You are
Invited to
Honor Flight
Saturday
Celebration

Area military families are invited to join the DCMilitary Family Life staff in honoring our World War II veterans on **Saturday, September 13.**

There are 2 separate groups arriving into Reagan National Airport on September 13, and there are several ways you can participate throughout the day:

Group 1:

- Welcome 90 veterans at the US Airways, Terminal A at 10:02am to salute and cheer their arrival.
- Salute these veterans as they visit the World War II Memorial on the National Mall from 2:30pm – 3:45pm.
- At the end of the day, you can help bid farewell after their full day of touring as they return to Reagan National Airport at 6:30pm.

Group 2:

- Welcome 25 veterans at the AirTran Airways, Terminal C at 11:05am to salute and cheer their arrival.
- Salute these veterans as they visit the World War II Memorial on the National Mall from 12:30pm – 1:30pm.
- At the end of the day, you can help bid farewell after their full day of touring as they return to Reagan National Airport at 6:30pm.

Look for a special pullout banner in the August 15th issue of DCMilitary Family Life, or visit DCMilitary.com/honorflight to download a special welcome banner to customize and hold as you greet our veterans. Our photographers will be on hand to snap a photo of your family with your personal banner for future publication.

Help DC Military Family Life and Comprint honor our veterans and meet other military families while you are volunteering. It will be the perfect way to spend a Saturday in D.C.

For more information on volunteering for the local Honor Flight program, visit facebook.com/honorflightdca or honorflightcr.org



Move-In NOW at Hopyard Farm



Thousands in
Closing Assistance*



NEW Homes in A Master-Planned Riverfront Community

NEW SINGLE-FAMILY HOMES

HOPYARD FARM from \$270,900

Featuring the DC area's lowest tax rate

15 minutes to Fredericksburg

VRE station with easy access to Southern Maryland!

Live with the best amenities in the Fredericksburg area right outside your door step in a beautiful master-planned riverfront community. Enjoy the convenience of state-of-the-art fitness center, billiard room, and more in a 10,000 square foot clubhouse.

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HOMES**

HazelHomesVA.com (540)775-8411

*To receive at least \$5,000 and up to \$9,000 in Closing Costs Assistance, Buyer must obtain a mortgage loan from a Hazel Homes preferred lender, make application and meet loan program qualifications. Certain credit restrictions apply. Buyer may finance via any other qualified lender, but will receive only \$3,500 in Closing Costs Assistance from Hazel Homes. See Sales Manager for a list of preferred lenders, which vary by community.

Prices and terms subject to change without notice. Hopyard Farm is being developed in a manner to protect and enhance the Rappahannock River. See Sales Manager for details.



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STAY CLASSY, WASHINGTON ... FOR FREE.



Free Admission for Kids! NOW THROUGH SEPT. 1

Up to four kids 18 and younger can visit the Newseum for free with each paid adult or senior admission.

Not valid in conjunction with other discounts.



Anchorman: The Exhibit CLOSES AUG. 31

See props, costumes and footage from the classic film featuring legendary broadcaster Ron Burgundy, along with a fun look at the real news teams of the 1970s. It's kind of a big deal.



Cameron Spencer, Getty Images

Pictures of the Year CLOSES SEPT. 1

Explore dramatic, award-winning images of the people, events and issues that shaped the world in 2013 from Pictures of the Year International, one of the oldest photojournalism contests in the world.



PRESENT THIS AD TO RECEIVE A FREE NEWSEUM SQUEEZY MICROPHONE!

One microphone per adult, senior or youth admission. Available while supplies last at the Newseum admissions desk. Estimated retail value \$4.99. Expires Sept. 1, 2014.

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