



SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



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PHOTO BY J. STEVEN MOORE/JWAC PUBLIC AFFAIRS.

Robert Tolhurst, left, receives the Joint Meritorious Civilian Service Award from Adm. Cecil Haney, commander of U.S. Strategic Command on March 31.

JWAC Executive Director Retires

By Steven Moore
Joint Warfare Analysis
Center Public Affairs

Mr. Robert A. Tolhurst, Executive Director for the Joint Warfare Analysis Center (JWAC) since August 2004, retired during a ceremony in Dahlgren, Virginia, March 31, 2016.

During his tenure, Tolhurst oversaw the command's research, science, and engineering programs, managed its 400 employees, and worked closely with other senior executives in defense intelligence agencies to provide support to combatant commands.

"It's great to salute Bob Tolhurst with 38 years of faithful service to our nation," U.S. Navy Adm. Cecil D. Haney,

U.S. Strategic Command commander, said while speaking to family, friends, and employees during the ceremony. "Behind the successes (of JWAC) has been the stalwart leadership of Bob Tolhurst. Bob has grown and forged the organization into what it is today. I could not have been more thankful for his wisdom and sage advice."

Tolhurst was JWAC's third executive director since the command was formed in 1994. Previously, he had also been the command's first commanding officer from 1994 to 1995, which culminated his 26-year career with the U.S. Navy.

"I am getting out of the fight today and that's hard to do," Tolhurst said. "We have

saved so many lives that will never even know what we did. You guys always come through every single time. As I leave today, JWAC is in great hands."

Between his two stints at JWAC, Tolhurst worked as a senior manager for Raytheon Systems, Inc. in Crystal City, Virginia, from 1995 to 2004. He attended the U.S. Naval Academy, graduating in 1969 as an ensign, and went on to fly 188 combat missions during the Vietnam War. He retired as a captain and now lives in King George, Virginia.

Tolhurst said his only immediate future plans involve travel with his wife, Pixie, and possibly moving back to Virginia Beach, Virginia, where he spent so much of his naval career.

South Potomac Does Its Part to Prevent Sexual Assault

By BARBARA WAGNER
South Potomac Pilot

April is designated as Sexual Abuse and Assault Prevention Month (SAAPM), and while many activities are designed to raise awareness during the month, Sexual Assault Prevention and Response (SAPR) is a year-round mission throughout the Department of Defense. Naval Support Activity South Potomac (NSASP) stands firm in their SAPR support efforts.

This year's theme, "Eliminate Sexual Assault: Know Your Part. Do Your Part", reminds us that sexual assault is not someone else's issue. We can all play a role in prevention.

In 2014, the Department of Defense (DoD) reported a 16 percent increase in the number of reported sexual assaults on DoD service members. There were a total of 6,131 assaults reported across the DoD and 1,295 reported in the Navy. These numbers are not necessarily indicative of an increase in assault, but also an increase in awareness and in victims feeling safe enough to report the incidents.

The Navy's SAPR program is designed to provide a comprehensive and compassionate response to ensure victims feel that they will find respect, professionalism and action in regards to their situation.

Eliminating these incidents at all levels of service is the paramount goal of the program and it is the duty of every Sailor to demonstrate respect and professionalism to their brothers- and sisters-in-arms, both on and off duty.

"Just as it is all our responsibilities to be proficient in our jobs, it is also our responsibility to protect ourselves and our shipmates from those few personnel whose actions are inconsistent with our Navy Ethos," NSASP Command Master Chief Jacob Bristow said.

By recognizing sexual assault and raising awareness through the designated month of April, the DoD provides a forum for victims to realize that they are not alone. It also allows everyone the opportunity to learn steps they can take to prevent incidents from occurring.

see SAAPM, page 8

NSASP Public Works Takes DIY to a Whole New Level

By Barbara Wagner
South Potomac Pilot

When the Navy Surface and Mine Warfighting Development Center Detachment Dahlgren (NSMWEC-DD) needed a facility renovated to ensure that the student-officers who train there and at the nearby AEGIS Training and Readiness Center (ATRC) have the tools they need to be successful, Naval Support Activity South Potomac (NSASP) Public Works (PW) put on their safety gear and went to work.

The in-house project involved a "make-over" of the Integrated Air and Missile Defense (IAMD) Warfare Tactics Instructor (WTI) training facility. Facilities Management Division (FMD), Planning & Estimating (PE), Facilities Maintenance & Sustainment (FMS), Utilities & Energy Management (UEM) and Base Support & Vehicle Equipment (BSVE) combined their talents to provide aesthetic, functional and safety improvements to the facility.

To recognize the outstanding support that NSASP Public Works provided, NSMWDC-DD Director Capt. J.T. Jones recently took time to personally thank the PW staff involved in the renovations.

"By transforming that facility you have created an environment where we can bring junior officers to learn tactics and better address the challenges that are out there," Jones said.

Jones thanked the PW staff for the timeliness of the turnaround on the reconstruction.

"We were able to get that first class in and on pace very quickly," Jones said. "It's a big deal to have this new facility and it is very important to us."

Renovations made to improve the functionality of the space included service to upgrade the electric systems by installing new 100 and 225 amp services, along with the installation of more than 30 dedicated electrical circuits to facilitate the power simulators and work stations. Restrooms were also upgraded and expanded to accommodate the growing number of students that the facility serves every year.

Other improvements made to the facility included the construction of a new conference room and new concrete pads and sidewalks poured at the front and rear entrances.

Several safety features were updated including new security doors at both front and rear entrances and an upgraded fire alarm system was installed to provide the facility with the most up-to-date technology to protect the students and the facility.

One of the new electrical improvements involved the installation of



PHOTOS BY BARBARA WAGNER/SOUTH POTOMAC PILOT

NSF Dahlgren Public Works Facilities Maintenance & Sustainment Department employees: Thomas Bill, Shannon Burkett, Chris Carolus, Ariel Carreon, Douglas Goodspeed, Kenneth Hall, John Hamlet, Ryan Hines, James "Danny" Hughes, Mark Lawrence, Wendell Lee, Ellsworth "Skip" Mills, Stirges Phillips, Richard Pickens, Levi Reynolds, James Sawdy, Timothy Stumpf, John Vick, Gerald Wilkins, David "Scott" Willett along with Brian Morgan (not pictured) receive recognition from NSMWDC-DD Director Capt. J.T. Jones.



NSF Dahlgren Public Works Base Support and Vehicle Equipment employees Tommy Albrittain, Bryan Blue, Edward Frank, Gary Harrison, John Lucas, Lynn Nash, Jerry Watkins along with Gary Jenkins and James Shelton (not pictured) receive recognition from NSMWDC-DD Director Capt. T.J. Jones.



NSF Dahlgren Public Works Planning and Estimating Department employees Michael Mahon, Milton "Ed" Nelson, James Smith along with Wayne Morris (not pictured) receive recognition from NSMWDC-DD Director Capt. J.T. Jones.

70 energy saving LED light fixtures which will not only be more environmentally friendly but will provide energy savings as well.

Once all of the structural changes had been completed, final touches including the installation of 5,000 square feet of new carpeting and a fresh coat of paint for the entire interi-

or created a more aesthetically pleasing environment for instruction.

"The whole group did a great job getting this facility on line," Jones said. "I would like to express appreciation on behalf of Rear Admiral [James] Kilby and the many students this facility will serve."

"The Public Works Department



NSF Public Works Utilities and Energy Management Department employees Kevin Burgess, Darren Grigsby, Clayton Hancock, Dana Hepner, Steven Kobilis and Curtis Marshall receive recognition from NSMWDC-DD Director Capt. J.T. Jones.



NSF Dahlgren Public Works Facilities Management Division employees Brenda Bottorf, Lynne Keenan, Roy "Doug" Price, Jeff Sowell along with (not pictured) Michael Chilton, George David and Zenobia Spears receive recognition from NSMWDC-DD Director Capt. J.T. Jones.

doesn't normally take on projects of this size in-house. In fact, being able to coordinate the numerous trades, deliver a quality product to a pleased customer, and receive recognition for

their everyday hard work was definitely a big morale booster for our staff," said Lt. Robert Delgado-Navarro, assistant public works officer at NSF Dahlgren.

A Brief History of the Chief Petty Officer

By Senior Chief
Firecontrolman William Wert

[Editor's Note: The following content was provided by guest writer Chief Wert, who provided his views on being a chief petty officer.]

The honorable but daunting task of presenting the history of the Chief Petty Officer in less than one kilo-words is only surpassed in its requirement that it be entertaining enough to actually read. With that burden in mind, I gladly accepted the assignment due to my love for all things historical and a slight penchant for wordsmithing. This is a weakness my brothers in the mess know all too well and the reason for my being goaded into such an assignment. So, here goes.

After decades of informal titles to distinguish the most senior petty officer on any given ship, or even the top petty officer in a particular rating on a ship, the Navy finally created the pay grade and rank title of Chief Petty Officer on April 1, 1893.

Who was the first Chief Petty Officer?

The answer is—drum roll—no one.

On that date, most First Class Petty Officers became Chief Petty Officers and everyone else subsequently moved up a pay grade and rank. There were a couple of rates that were not allowed to advance, because just as it is doing today, the Navy was considering doing away with those rates. Some things never change.

The first official rates that carried the grade of Chief Petty Officer from the Seaman Branch were Chief Master-At-Arms, Chief Boatswain's Mate, Chief Quartermaster and Chief Gunner's Mate; from the Artificer Branch there were Chief Machinist and Chief Carpenter's Mate; from the Special Branch there were Chief Yeoman, Apothecary



U.S. NAVY PHOTO BY ANDREW REVELOS

Chiefs at Naval Support Facility (NSF) Dahlgren joined chief petty officers (CPOs) across the Navy in celebrating 123 years of CPO leadership April 1. In the background is a 16-inch gun that saw service aboard USS New Jersey (BB-62). Happy birthday to chief petty officers past, present and future!

and Band Master.

The Navy had allowed skippers to assign people to "acting appointments" as Chief Petty Officers decades before and for "many years after" the official implementation of the grade to fill vacancies in the ships' compliment. The chiefs' titles then were designated with follow-on letters AA (Acting Assignment) or PA (Permanent Assignment). The Acting Chief would hold the position for six months to a year (again, some things never change) and if he did a good job, the skipper would recommend to the Bureau of Navigation (Changed to Bureau of Personnel BUPERS in 1942) that the advancement be made permanent. The practice of using the follow-on letters continued until Oct. 1, 1949.

There also used to be a pay difference between the Acting and Permanently Assigned Chiefs. Pay was about \$50-\$70 a month depending on spe-

cialty. In 1903, General Order 134 stated: "Chief Petty Officer Officers (sic) whose pay is not fixed by law and who shall receive permanent appointments after qualifying therefore by passing such examination as the Secretary of the Navy may prescribe shall be paid at the rate of \$70.00 per month."

After the passage of the 1958 Amendment to the Career Compensation Act of 1949, the ranks of Senior Chief Petty Officer and Master Chief Petty Officer were established effective June 1 of that year. Chiefs who were Permanently Assigned with four years in rank and 10 years in service were advanced to the grade of E-8 and rank of Senior Chief. Six-year Chiefs with more than 13 years in service were advanced to the grade of E-9 and rank of Master Chief.

Throughout that long period of bureaucratic maneuvering, however, Chiefs were making a difference at sea and at war. Chiefs have been the recip-

ients of more than three dozen Medals of Honor. Chief Aviation Ordnanceman (AOC) John W. Finn was awarded for his actions while manning a .50-caliber machine gun at Kaneohe Bay during the attack on Pearl Harbor; he recently died at the ripe old age of 100 years and one of the newest Arleigh Burke-Class Destroyer (DDG-113) is named USS John Finn in his honor. The most recent Medal of Honor recipient was Senior Chief Special Warfare Operator (SEAL) Edward C. Byers Jr., awarded on March 12, 2016.

In 1966, the upper echelons of the Navy decided to poll in the fleet concentration areas about the largest issue concerning the enlisted ranks. When the poll results suggested that Navy leadership was out of touch with the concerns of enlisted sailors, they formed Senior Enlisted Advisor of the Navy on Jan. 28, 1967.

Master Chief Gunner's Mate Delbert

Black was selected by Navy leaders for a four-year term. They changed his title to Master Chief Petty Officer of the Navy (MCPON) on April 28 of that same year, finally catching up to the Marine Corps and the Army, who formed their senior enlisted positions in 1957 and 1966, respectively. There have been 13 MCPONs in total. On Feb. 15, 2016, we lost the third MCPON, Robert J. Walker, who among other things, pushed to begin the Enlisted Surface Warrior (ESWS) Qualification. Rest in peace, brother...

Chiefs have been respected as the backbone and anchor of the Navy for more than a century. It is widely and fondly known among retirees and other civilians whom I have encountered, that "Chiefs run the Navy." I accept the praise with humility and generally reply that it "is all in a day's work." Because I know the history and the mission of THE CHIEF: turning young scared kids into fighting seafarers, to being the voice of reason when the wardroom is unanimously praising the executive officer's "great idea." The position and mission of the Chief Petty Officer and the need for that differentiation and separation on afloat commands is unique in the armed services. Recent trends in training to square with those differences have largely been productive.

It is my firm conviction, however, that there is still a place for training new Chief Petty Officers to handle stressful situations, often on little sleep, while completing the mission. We understand there are consequences for failure that impact the Sailors we have sworn to NEVER FORGET. I hope the Navy never loses sight of that reality. It would be a travesty not only to the Navy, but also to the memory of those who have earned the title:

CHIEF PETTY OFFICER.

Dahlgren Museum to Celebrate Expansion of Hours

The Dahlgren Heritage Museum will celebrate its grand opening on Wednesday, April 13, from 4:30 p.m. to 6 p.m. on the museum grounds at 3540 James Madison Hwy. in King George, Va.

The event marks the start of an expanded operating schedule for the museum, which will be open Wednesday through Sunday from 10 a.m. to 5 p.m. beginning April 13.

The museum will be open for visitors for the grand opening commemoration, which will include refreshments and feature a short program of guest speakers to include Virginia Senator Richard Stuart and Virginia House of Delegates Speaker Bill Howell.

The Dahlgren Museum originally opened its doors in October 2013, but limited staff and resources restricted the hours that the facility could be open to the public on Saturdays.

Ed Jones, president of the Dahlgren Heritage Foundation, said that an expanded five-day-a-week schedule is the most important development to date in the museum's five-year existence.

"This major upgrade will produce significant, tangible benefits to the surrounding counties throughout the Northern Neck," Jones emphasizes. "We will now be in a better position to support tourism in the region in a way that respects our history and fuels local economic development. The mission of our museum is to tell the story, not only of the Naval Support Facility at Dahlgren, but also of the community that surrounds it."

The Dahlgren Museum's expanded operation is being made possible through expanded financial support that has come in the form of both private and corporate grants and through partnerships with local governments.

"Our intent is to turn the Dahlgren Museum — which was the previously long-closed former Gateway Welcome Center — into a better-than-ever support facility for the Northern Neck region, combining the advantages of a tourism center and a history/science museum," says Jones.

"And we are squarely focused on the year 2018 as the Naval Support Facility at Dahlgren counts down to its centennial that year," he adds. "We want to be a key contributor to that commemoration to continue to tell the story of this critically important military base and the community that surrounds it."

The grand opening also serves to kick off additional special events at the museum over the coming months to include guest speaker programs and educational activities for students. Currently on the schedule will be a "First Thursday" speaker

series featuring Dr. James Colvard, former technical director for the Naval Surface Warfare Center at Dahlgren and deputy director of the Office of Personnel Management.

Scheduled for May 5, June 2 and July 7, each "First Thursday" session will begin at 4:30 p.m. with light refreshments. The hour-long sessions — which will address Dahlgren's evolution and its expected contributions to the Navy of the future — will be free and open to the public.

The Dahlgren Heritage Foundation is chartered to establish and operate the Dahlgren Heritage Museum and to provide the long-term preservation efforts and educational activities associated with sharing the stories and interpreting the U.S. Navy's physical, technical, intellectual and social contributions to King George County, the Commonwealth of Virginia, and the nation.

BASE HAPPENINGS

Dahlgren

DOSC Now Accepting Scholarship Applications

The Dahlgren Officers' Spouses' Club is now accepting applications for its annual Rosemarie Blades Honorary Scholarship. The scholarship is divided into three categories: high school senior, undergraduate student, spouse undergraduate student. To download an application, visit dahlgrenosc.webs.com, click the "Scholarships and Charities" tab, then the DOSC Scholarship Application link. Completed applications must be postmarked by April 15, 2016. For more information please call 540-663-3115.

Blood Drive

Armed Services Blood Program will be holding a blood drive at the Chapel Annex on April 18 from 9 a.m. to 1 p.m. Visit Militarydonor.com to schedule an appointment. Walk-ins welcomed

Second Tour Thrift Store

The Second Tour Thrift Store is open and offers a variety of items for military personnel and their families! The store is open Thursdays from 11:30 a.m. to 2 p.m.

Indian Head

Shoreline Cleanup

Join NSF Indian Head and other volunteers at Dashiell Marina, Indian Head Naval Base for the annual Potomac River Watershed shoreline cleanup on April 16 from 9 a.m. to noon. RAIN OR SHINE! Be sure to bring appropriate clothing including sturdy boots or shoes and dress in layers. Gloves will be provided. For more information contact Billy Fabey at 301-744-2275 or Travis Wray at 301-744-2262

Frug's Grub Food Truck

Frug's Grub has started a new food truck operation at NSF Indian Head. The truck will be on base every week-day from 11 a.m. until 3 p.m. in the parking lot next to Building 620. Community Recreation Center. Stop by and choose from a wide variety of Panini combos, fresh salads and homemade soups.

Treasures Thrift Store Donations

"Treasures" is open on Tuesdays from 10 a.m. to 1 p.m. The store is located at 12 Strauss Ave. next to the USO. Donations of gently-used items are currently being accepted.

Bread Bonanza at the USO

The USO offers a free bread and baked goods giveaway, with donations from Food Lion on Thursdays from 9 a.m. to 1 p.m. Pick from a wide selection of breads, cakes, cookies, muffins, pies and more.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Community Notes

Dahlgren

Promised Land Quartet at Hulls Memorial in Stafford

The Promised Land Quartet (PLQ) will appear in concert at Hulls Memorial Baptist Church April 17 at 6:00 p.m. Hulls is located at 420 Enon Road in South Stafford; phone (540) 371-4124. PLQ has appeared on Christian TV via the Daystar Network, the NRB Network, World Harvest, and Gospel Music Television, making multiple appearances on "Great American Gospel" and "American Gospel Onstage." There is no admission charge for the concert at Hulls; a freewill offering will be collected for the group. Refreshments and fellowship will follow the concert.

King George Toastmasters Club

Have you ever been asked to speak to a group but just didn't have the confidence you needed? Or you did speak to a group but your presentation was a little unorganized? King George Toastmasters is the group for you! Join the Toastmasters at their bi-weekly meetings the second and fourth Thursdays of the month at 6:30 p.m. at University of Mary Washington-Dahlgren Campus, Room 248. You will learn speech organization, eye contact, use of humor and more to make your public speaking more effective. For more info, email toastmastersofkingeorge@gmail.com, or visit www.kinggeorge.toastmastersclubs.org or www.meetup.com/King-George-Toastmasters.

STEM 16 Summit

The 5th Annual STEM 16 Summit will be held Sat., Apr. 23 at James Monroe High School, 2300 Washington Ave., Fredericksburg, VA 22401. Event will include 75+ STEM-related booths, demonstrations, concessions, keynote presentation, hands-on activities, a regional science fair showcase, competitions, experiments, robotics, networking, prizes and more! This event is free and open to the public. If you would like to be part of the event, contact Sheri Wikert at Fredericksburg Chamber of Commerce, sheri@fredericksburgchamber.org.

Mother-Daughter Tea in Colonial Beach

The Colonial Beach Foundation in partnership with the Colonial Beach Downtown Organization will hold the 1st Annual Mother — Daughter Ladies tea on April 16 at the Community Center in Colonial Beach. All funds raised benefit the Foundation and Downtown Organization. Event will include live music by Dave Tucker, food, a silent auction, and fun and games for all. Souvenir photos will be available. Tickets are available at www.colonialbeachfoundation.org or by calling 804-224-6007 before March 8th. Ticket prices: Ages 3 to 12: \$ 10/person — 13 and up: \$20/person. For more info, call (804) 224-6007.

KGARL Seeking Volunteers

King George Animal Rescue League is looking for volunteers to assist with events as well as to fill spots feeding the kitties at Petco in King George. If you love animals but perhaps can't have your own, the Petco cats project is the cat's meow! For more information on how to become a volunteer visit <http://www.kgarl.org/info/display?PageID=15759> or email info@kgarl.org

Indian Head

CSM Presents 13th Annual Jazz Festival

The College of Southern Maryland's 13th Annual Jazz Festival on April 8-9, gives area public school jazz bands a chance to sharpen

their skills-and area music lovers a chance to tap their toes. Jazz band students will attend clinics all day beginning at 9 a.m., April 8, at the La Plata Campus, Fine Arts (FA) Building. World-renowned jazz artist and Grammy-winning percussionist Gregg Bissonette will rehearse with each band and critique their performances as part of Friday's clinic. The festival continues with a jazz/funk/rock concert at 8 p.m. with the Randy Runyon Trio from New York City. At 8 p.m., April 9, the festival concludes with performances by the North Point High School Jazz Band and CSM's Solid Brass Big Band Jazz Ensemble with special guest artists the Randy Runyon Trio and Bissonette. For information on this year's Jazz Fest, visit https://youtu.be/-pVi_M8jomY or www.csmd.edu/Arts. For tickets, contact bxoffc@csmd.edu or 301-934-7828.

United States Navy Band Performs at Lackey High School

The U.S. Navy Band will perform a free concert at the Henry E. Lackey High School on April 14 at 7 p.m. and honoring veterans at the performance. The concert will be featuring a wide variety of wind ensemble pieces including classics, marches, and patriotic favorites. The concert is FREE, open to the public and no tickets are required. Any questions can be directed to the Navy Band Public Affairs Office at NavyBand.Public.Affairs@navy.mil or by calling (202) 433-4777. Please visit the Navy Band website at <http://www.navyband.navy.mil/> for more information.

Arc of Southern Maryland's Night of Bingo

The Arc of Southern Maryland's Night of Bingo will be held April 15 at 6 p.m. at 355 West Dares Beach Road, Prince Frederick. Fun prizes to win. Snacks and drinks available for purchase. Proceeds support individuals and families of people with intellectual and developmental disabilities. The Bingo games will run from 6-8 p.m. Cost is \$20 per pack of sheets. Opportunities to donate prizes still available. This year The Arc celebrates its 40th Anniversary, proudly serving Southern Maryland. For information 410-535-2413 or visit www.arcsomd.org.

Bethel Baptist Church Annual Free Clothing Swap

Visit Bethel Baptist on Friday, April 22 from 11:00 a.m.-5:00 p.m. or Saturday, April 23 9:00 a.m.-2:00 p.m. for their annual Community Clothing Swap. For more information contact the church at 301-743-2363 or Dana Weaver at 301-743-7225 or visit the website at www.bbcmd.org

Free Rabies Clinic

Protect the ones you love at the free rabies clinic Sunday, April 24, from 1 to 3 p.m. at the Bryans Road Volunteer Fire Department (3099 Livingston Road, Bryans Road). Dog and cat licenses will be available for purchase. The fee for a pet license is \$5 if your animal is altered and \$25 if your animal is not altered. All dogs must be leashed and all cats and ferrets must be contained in a carrier. For more information about the free rabies clinic, contact the Charles County Department of Emergency Services at 301-609-3425 or e-mail Debbie.Yost@CharlesCountyMD.gov.

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SOUTH POTOMAC PILOT

NSA South Potomac • Office: 540-653-8153 • 540-284-0129

www.dcmilitary.com/dahlgren

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Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user, or patron. If a violation or rejection of

this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

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All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-645-9480.

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Dahlgren Aquatics Center

540-653-8088

Family Float Night

April 8, 2016 from 5 to 7 p.m.

It's been a long week, come relax at the pool! Inflatables will be allowed so bring your favorite inflatable and float. If no one is present by 6 p.m. the pool will continue to close for the evening. Cost: Regular Admission

American Red Cross Lifeguard Training

April 12 & 14, 2016 4 to 8 p.m.

April 16, 2016 9 a.m. to 3 p.m.

April 18, 20 & 22, 2016 4 to 8 p.m.

All are invited to take Lifeguard, First Aid & CPR/AED training. Participants must pass a pretest April 12 before continuing this class. Pretest includes swimming 300 (without stopping), showing proper strokes, freestyle and breaststroke, swimming 50 yards (20 of those yards with a 10lb weight), keeping face above water, in 1 minute 40 seconds or less, and tread water for 2 minutes without using hands. Open to all with base access, 15 years of age and older. Register at the Aquatics Center by April 5. Cost: \$235.00, note there is an additional \$15.00 fee associated with the pretest making the total cost for the week for those who qualify \$250.00

Dahlgren Cannonball Lanes

540-653-7327

Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00 Shoe Rental: Military \$1.50, Civilian \$2.50.

Looking to have a birthday party or after work gathering at Cannonball Lanes? Stop in or call to inquire about plans and rates for renting out the Multi-purpose room.

Scotch Doubles

April 16, 2016 from 6 to 8 p.m.

Partners finish each other's frames. Prizes awarded to the first place team. Open to all with base access. Cost: \$10.00/person

Dahlgren Child & Youth

CDC 540-653-4994

YAC 540-653-8009

Navy Teen Summer Camp Scholarship Program

The Navy Teen Summer Camp Scholarship Program provides Navy teens with specialty camps to promote healthy, lifelong hobbies and opportunities to relieve stress and stay active over the summer. Whether you are selected to backpack through Europe or learn how to scuba dive, we are sure that you will have the summer of a lifetime! Visit www.navymwr-dahlgren.com/child-youth for eligibility information and application packet.

Youth Sponsorship Hail & Farewell

April 29, 2016 from 6 to 8 p.m.

Location: Youth Activities Center

Enjoy ice cream as we say farewell to those leaving us and welcoming the new comers! Cost: FREE

Dahlgren Craftech

540-653-1730

Sip & Paint

April 20, 2016 at 6 p.m.

Location: Gray's Landing

Join us at Gray's Landing for a night of sipping wine and painting! Wine will be available for purchase. Must be 21 years old to purchase and drink alcohol. Register at Craftech by April 15. Cost: \$25.00, includes all materials and hors d'oeuvres

Dahlgren Fitness Center

540-653-8580

SAPR 5K

April 20, 2016 at 11 a.m.

Join the Dahlgren Fitness Center for the SAPR 5K. Open to all with base access. Register the day of the event. Cost: FREE

Family Fun Day

April 23, 2016 from 10 a.m. to 1:30 p.m.

Calling all families! Spring is here, let's have some fun! Wear purple in support of Month of the Military Child. Join us for a fun run/walk around the Parade Field and receive a special event t-shirt and goodie bag. Those participating in the run are asked to complete the registration form at www.survey-monkey.com/r/DLGFamilFun. After the run all are welcome to enjoy games, face painting, a balloon artist, inflatables, food and more! Cost: FREE

Dahlgren General Library

540-653-7474

Storytime at the Library

Every Monday at noon and every Friday at 10 a.m.

Your votes are in, the Dahlgren General Library will be adding a 2nd storytime every Monday starting April 4 at noon. Can't make it on Mondays? Stop in every Friday morning at 10 a.m. for storytime and crafts!

Paws for Reading

April 12, 2016 from 3:45 to 5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four legged companion. Reading to a pet can help build confidence in young readers. Register online at <http://engagedpatrons.org/Events.cfm?SiteID=6188> and click on a selected time or call the General Library.

Half Day Craft Day

April 21 & 28, 2016 at 12:30 p.m.

Stop by the Library after your early release for some activities and snacks! April's craft will be duct tape wallets. Cost: FREE

Dahlgren Tickets & Travel

540-653-8785

Washington Nationals 2016 Tickets

Washington National 2016 tickets available by special order only! All orders must be placed in advance. A free food and beverage voucher is included with most orders. Cost: Left/Right Baseline Reserved Sections \$51.00, Left/Right Field Corner Sections \$34.75, Left/Right Field Mezzanine Sections \$31.50, Upper Infield Gallery Sections \$13.00

Kings Dominion Gold Pass

Forget spring time, its season pass time with all your favorite perks! Purchase your King's Dominion Gold pass for \$78.00 at Community Rec Tickets & Travel today!

Universal Orlando Resort Ticket Special

Community Rec has Buy 1 - Day Park to Park and get 2 additional Park to Park Days free! This promotion is on sale through May 2016 and tickets can be purchased and activated with a Military ID or DoD CAC card.

Go City Cards

One person, one card, multiple opportunities! Go City Cards and Explorer Passes include admission to multiple attractions for one low price! Save up to 55% on theme parks, tours, museums and more versus paying at the gate. You choose attractions as you go from cities such as Boston, Chi-

Dahlgren Movie Theater

540-653-7336

Price of Shows
 Civilian: \$5. Active Duty, Retired & Reserve Mil E-7 & above & their family members with ID: \$4, E-1-E-6 & below & their family members with ID: \$2.50. Children (6-11): \$2 Children (5 and under): FREE.
 *Movies shown in 3D will cost an additional \$1 to ticket price.

| | |
|--|------------------|
| Friday, April 8 | 7 p.m. |
| Whiskey Tango Foxtrot R | |
| Saturday, April 9 | 4 p.m. |
| Tangled (FREE ADMISSION) PG | |
| Saturday, April 9 | 7 p.m. |
| Barbershop: The Next Cut (SNEAK PEEK) PG-13 | |
| Sunday, April 10 | 2 p.m. |
| Zootopia PG 108 min | |
| Sunday, April 10 | 4:30 p.m. |
| 10 Cloverfield Lane PG-13 | |
| Friday, April 15 | 7 p.m. |
| The Perfect Match R 96 min | |
| Saturday, April 16 | 4 p.m. |
| Aladdin (FREE ADMISSION) G | |
| Saturday, April 16 | 7 p.m. |
| Miracles From Heaven PG | |
| Sunday, April 17 | 2 p.m. |
| The Divergent Series: Insurgent (FREE ADMISSION) PG-13 | |
| Sunday, April 17 | 4:30 p.m. |
| The Divergent Series: Allegiant PG-13 | |

For movie listings online, visit www.navymwr.org/movies and select the Dahlgren Theater.

cago, D.C., Las Vegas, Los Angeles, San Diego, Orlando, Oahu, Miami and more!

Liberty Center

540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 Single/Unaccompanied Active Duty Military.

Birthday Drawing

If you have a birthday in April, place your name with us at Liberty for a drawing to win a special gift! Drawings take place at the end of each month.

Marvel Movie Marathon

April 8, 2016

The Avengers, Thor, Captain America, Iron Man just to name a few! Join Liberty for a Marvel's Movie All Day Marathon!

Dice 'N' Monsters

Every Other Saturday beginning April 9, 2016 from noon to 5 p.m.

Join us for Dice N Monsters game day! Games will include Pathfinder, Munchkin, Rampage and more! Cost: FREE

Late Night Movie

April 9, 2016 at 11 p.m.

Sign up at Liberty for a movie showing at the Movie Theater after dark. Enjoy free popcorn, drink and candy!

Ice Cream Sundae

April 10, 2016

Liberty will be serving up ice cream sundaes all day!

Lunch with Liberty

April 12, 2016 from 11:30 a.m. to 1 p.m.

Bon Appetite! Enjoy spaghetti with meatball and garlic bread at Liberty for lunch.

Liberty Local Shuttle

April 15, 2016 from 2 to 5:30 p.m.

Save gas and money! Let Liberty take you shopping or dining at local King George and Dahlgren stores and restaurants.

Fire Pit

April 16 & 30, 2016 at 7 p.m.

Join us for a camp fire and snack on s'mores and hotdogs!

Brown Bag Bingo

April 18, 2016 from 3 to 5 p.m.

Play BINGO for a surprise prize! Light refreshments will be served.

Wing Wednesday

April 20, 2016 at 3:30 p.m.

Join Liberty for hot wings the first and third Wednesday of each month. Wings available while they last!

**Indian Head Child & Youth**

CDC 301-744-4458

Navy Teen Summer Camp Scholarship Program

The Navy Teen Summer Camp Scholarship Program provides Navy teens with specialty camps to promote healthy, lifelong hobbies and opportunities to relieve stress and stay active over the summer. Whether you are selected to backpack through Europe or learn how to scuba dive, we are sure that you will have the summer of a lifetime! Visit www.navy.mwrindianhead.com/child-youth for eligibility information and application packet.

Teen Open Recreation

Open to ages 13 – 18 from 6:30 – 10:30 p.m. Contact the Youth Center for more information.

April 15, 2016 Soccer Teens can come out and participate in an exciting game of soccer.

April 16, 2016 Paint Ball Join us for paintball fun at Southern Maryland Paint Ball.

April 29, 2016 Architectural Letters Teens have the chance to get creative by designing a letter of their choice with photos and other materials.

Youth Open Recreation

Open to ages 5 – 12. Contact the Youth Center for more information.

April 8, 2016 Youth Lock In from 7:00 p.m. to midnight Relay races, pizza making, music, sports, and more!

April 22, 2016 Flower Capsules 6:30 to 10 p.m. Youth participants will make flower capsules using flower seeds, water, and soil. When finished they are encouraged to take them home and throw them around their yards and watch the beautiful flowers bloom!

Community

Continued from page 1

Arc of Southern Maryland's 14th Annual Pat Collins Golf Classic

Golf Tournament will be held on May 26 at Chesapeake Hills Golf Course. Proceeds support individuals and families of people with intellectual and developmental disabilities. Registration begins at 7:30 a.m., with a shotgun start at 8:30 a.m. Sponsorship opportunities available ranging from tee sponsor to admiral level sponsor. Registration is \$150 per individual player and \$600 for team. For sponsorship opportunities or to register for the event, visit www.arcsomd.org, 410-535-2413 or jparran@arcsomd.org.

Seventh Annual Port Tobacco Market Day

The Charles County Commissioners and the Society for the Restoration of Port Tobacco invite residents to attend the sev-

Indian Head Community Recreation Center

301-744-4850 or 301-744-4648

Customer Loyalty Month

April is Customer Loyalty Month, please stop by the MWR Facilities to let us show you how much you are appreciated! Swing by Community Recreation and the Library for details on how to be entered into a special giveaway!

Storytime and Crafts

Every Tuesday from 10:30 to 11 a.m.

Join us at the Library every Tuesday for a story and a craft!

Voter Registration Assistance

April 1 – 30, 2016

Rock the vote! Stop by Community Rec during open hours and get help with registering to vote!

Echoes of Nature presents What's Bugging You?

April 13, 2016 at 6 p.m.

Bugs, bugs everywhere! What are they good for? Compare, contrast and diagram insects and arachnids. Open to all with base access. Cost: FREE

Adult Coloring Night

April 15, 2016 from 6:30 to 8 p.m.

Remember the relaxing feeling as a child with a crayon and coloring book? Relive your youth at the Mix House's Adult Coloring Night with your friends and reduce stress with coloring books. The bar will be open for purchasing drinks. You must be 21 years of age with a valid ID to purchase/consume alcohol. Cost: FREE

Celebrate Month of the Military Child

April 26, 2016 from 10 a.m. to 1 p.m.

Get ready to play! Celebrate with MWR and CYP and spend the day enjoying fun activities for kids of all ages including moon bounces, petting zoo, kiddie and mega obstacle courses, family aerobics demo classes, free food and much more!

Indian Head Liberty Center

301-744-4524

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 Single/Unaccompanied Active Duty Military.

Washington Wizards

April 13, 2016 at 6 p.m.

Watch the Washington Wizards play the Atlanta Hawks! Game starts at 8 p.m. Cost: \$14.00

Waffle Wednesday

April 20, 2016 at 11 a.m.

Start your day off right and come hang out! Stop by for free, freshly made waffles and toppings.

Movie Night with DIY Popcorn Bar

April 22, 2016 at 7 p.m.

Movie night at Liberty is fun with personalized cups and a popcorn bar!

Knocker Ball Tournament

April 27, 2016 at 5 p.m.

Location: Football Field

Soccer couldn't be more of a contact sport... until now! Join in

on all the smashing fun! Register in teams of five at the Liberty Center.

enth annual Port Tobacco Market Day event on Saturday, May 14 from 9 a.m. to 2 p.m. at the historic Port Tobacco Courthouse. This event will showcase some of Southern Maryland's local artists and vendors. Admission is free. Rain date is Saturday, May 21. For more information, call Mary Fenton at 301-375-7892, or visit www.CharlesCountyMD.gov

La Plata Bed Races

Are you up for the challenge? Grab some teammates and sign up for the La Plata Bed Races on April 30 at 3 p.m.! It's easy to participate — no registration fee and the Town has beds that can be used for the races. Get your creative juices flowing and make your own team bed! Each team must have four participants that are 16 years or older. Prizes will be awarded to the top teams and best team attire. Registration deadline is April 15. Registration form is available at www.townoflaplata.org under events. For more information contact Colleen Wilson at 301-934-8421 or cwilson@townoflaplata.org.

on all the smashing fun! Register in teams of five at the Liberty Center.

Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2.00/game; Civilian \$3.00/game; Shoe Rental \$1.00

Party Rental

Rent Stars & Strikes for your next celebration and let us help you throw a bowling bash that your guests will rave about! Cost: 2 hour rental prices are \$60 for military and \$70 for civilians. Price includes 4 private lanes, shoes, cosmic lights and whole lot of fun!

Open Bowling

Fridays and Saturdays from 5 to 10 p.m.

Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

Lunchtime Bowling

Every Wednesday from 11 a.m. to 1 p.m.

Take a break from the office and unwind with a game or two of bowling on your lunch break!

Cosmic Bowling

Every 2nd and 4th Saturday of the month from 5 to 10 p.m.

What glows in the dark and is too much fun to miss? Cosmic bowling at Stars & Strikes Bowling Center!

Indian Head Weight House Fitness Center

301-744-4661

Walk Across America

April 1 – 28, 2016

Walk across America! The challenge is to walk from Alcatraz to the White House with 10,000 steps a day! Gain knowledge with passes and learning history facts of fun attractions along the way such as Vegas, Mt. Rushmore, Graceland, etc. You can only miss 10,000 steps a day for three days in the whole month or we'll catch you and take you back to Alcatraz. When your trek is complete you'll receive a t-shirt, bragging rights and a chance at a thinner waistline. Open to those with base access. Register by April 1. Cost: Active Duty \$5.00, All Others \$10.00

Command Fitness Leader Course

April 11 – 15, 2016

Available to Navy Command Fitness Leaders only. Application information is on the NKO website. CFLs and ACFLs play an integral part in overall fitness and readiness of Sailors. Upon completion, CFLs and ACFLs will have the skills, education and motivation to lead the way in establishing and maintaining a culture of fitness for their Command and US Navy. Must register two weeks in advance and provide all documentation. Must be able to pass PFA with Excellence or higher within BCA standards. Cost: FREE

SAPR 5K

April 12, 2016 at 11:30 a.m.

Help the Navy support Sexual Assault Prevention and Response. There will be free resources on how to get help if you or someone you know are a victim of sexual assault. Register by the day of the event. Rain Date: April 14, 2016 Cost: FREE

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NSASP Purples Up for Military Children This Month

By Barbara Wagner
South Potomac Pilot

[Editor's Note: The South Potomac Pilot will be spotlighting several programs, events and extraordinary military children in honor of Month of the Military Child in upcoming issues]

We often tend to think of our Armed Forces community as our Sailors, Soldiers, Airmen, Marines and Coastguardsmen; however, there are 2 million reasons under the age of 18 that should change that perception.

Those 2 million reasons are the military children who live, play and are educated aboard military installations around the globe, with just more than 140,000 of them in Virginia alone.

In addition to the sacrifices that mom or dad make throughout

their service to the country, the military child must learn to adapt and overcome during the absence of a parent on deployment in addition to the day-to-day stress they face.

Every April, we honor and celebrate those young troopers who maintain and persevere with Month of the Military Child. According to the Department of Defense Education Activity (DO-DEA), the average child in a military family will move six to nine times over the course of their educational careers. For some military children these are overseas moves, so they must also learn new customs and cultures—a daunting task for any adult, much less a child, but the resiliency of military children sets them apart from their civilian peers.

Established by then-Secretary of Defense Casper Weinberger in 1986, Month of the Military Child was established as a way of giving recognition to military children worldwide, but also to spotlight the resources available to military families with children. These programs provide the support needed to assist military children in overcoming the challenges that they face that their non-military peers perhaps might not understand.

The Child Development Program is one such program that provides stimulating and professional daycare for military infants through the age of 12. Knowing that the youngest members of the Department of Defense (DoD) family are professionally cared for in a safe environment allows parents to focus more wholly on their

mission at hand.

Overseas as well as some state-side DoD installations, including Naval Support Facility (NSF) Dahlgren have the distinction of providing a top-notch education to military children worldwide. Knowing that the majority of their classmates are experiencing the same difficult issues that they are is a boon to assisting military children in adjusting to the unique circumstances that they face. Dahlgren School's excellence in this regard has defined the institution since its establishment in the 1920s.

The Youth Activity Center (YAC) provides older children with recreational opportunities along with programs to help develop the social and emotional skills they will need to successfully navigate new and sometimes disconcerting situa-

tions. The YAC also provides a support system to help the "tween" and "teen" military child continue to make good decisions as they grow.

Naval Support Activity South Potomac (NSASP) joins in the celebration this month to honor the youngest members of the NSASP family. One way you can show your support is by wearing purple on Wednesday, April 15. The color purple is significant in that it symbolizes all branches of the military as one, Navy, Air Force and Coast Guard blue, Army green and Marine red. By wearing purple on April 15, you can demonstrate your solidarity and serve as a visible reminder of gratitude for these extraordinary young military family members and honor the sacrifices that they make on behalf of a grateful nation.

SAAPM

Continued from page 1

According to the DoD website, Safe Helpline — a website of sexual assault support for the DoD community

— one of the most effective ways to prevent assault is through Active Bystander Intervention.

The Active Bystander approach encourages people to identify situations that might lead to an assault and then safely intervene to prevent

the assault.

"Through awareness and training, we are more apt to recognize inappropriate behavior and intervene to disrupt the continuum of harm. Bystander intervention employs everyone in prevention measures as an alternative to

just SARC or SAPR involvement," Bristow continued.

There are other aspects of the approach as well that work to change the culture of the discussion by discouraging "victim-blaming", empowering everyone to say or do something if they see inappropriate or harmful behavior as well as placing the responsibility on prevention on both men and women.

"Today the Navy, and in general the Department of Defense has placed more emphasis on prevention as a program priority rather than response alone. Prevention starts with leadership's ability to promote a command climate focused on reducing the probability of sexual violence before someone becomes a victim or perpetrator of sexual violence. Promoting a climate based on mutual respect and safety is critical in reinforcing the military's prevention and response effort in support of readiness, the Navy Core Values, and well-being of all," Bristow said.

Bristow also shared that there are many resources available to raise awareness,

educate, support and offer venues for input from the command such as Sexual Assault Case Management Groups, Equal Opportunity

culture of reporting sexual assault, Bristow encourages every Sailor, civilian, resident and visitor to educate themselves on the prevention and intervention of assault and abuse. To do this, we all need to "Know our part. Do our part."

"It comes down to our ability to treat each other with the same respect we expect others to treat us with," Bristow said. "Our ability to empower ourselves and those around us to take action against immoral behavior and ensuring that the DOD prevention and response policy is an integral part of our day to day lives is the considering factor to eliminating sexual assault from our ranks."

For additional information on the Active Bystander Approach and how you can be more proactive in the prevention of sexual assault visit www.safehelpline.org. To understand the Navy's SAPR program better, visit www.sapr.navy.mil

Locally, join with NSF Indian Head on April 12 and NSF Dahlgren on April 20 for their respective 5k runs to help raise awareness and provide you the opportunity to sign the pledge to eliminate sexual assault

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