



SOUTH POTOMAC PILOT

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**Dahlgren
Training Center's
Civilian of the
Quarter**

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Change of Charge: Duba relieves Smith at Expeditionary Exploitation Unit 1

By NSWC IHEODTD
Public Affairs

Lt. Cmdr. Steve Duba relieved Cmdr. Patrick Smith as officer in charge (OIC) of Expeditionary Exploitation Unit One (EXU1) during the unit's first change-of-charge ceremony under the "Big Top" at the Stump Neck Annex of Naval Support Facility (NSF) Indian Head, July 28. Naval Surface Warfare Center Indian Head Explosive Ordnance Disposal Technology Division (NSWC IHEODTD) Commanding Officer, Capt. Vince Martinez, presided over the ceremony.

Naval Surface Warfare Center Indian Head Explosive Ordnance Disposal Technology Division Commanding Officer, Capt. Vince Martinez, presided over the ceremony.

EXU1 has the distinction of being the only contiguous U.S. sea duty unit within the entire Naval Sea Systems (NAVSEA) enterprise. It has consistently been singled out for its operational excellence and war-fighting contributions, providing real-time information to all national intelligence agencies, the Joint Service, and many other federal agencies.

"When you look at EXU-1's accomplishments over the last few years, it's apparent that Commander Smith's leadership was the key denominator," said Martinez. "His actions have contributed significantly to the Indian Head and Navy EOD communities as a whole."

Martinez presented Smith with the



U.S. NAVY PHOTO BY MATTHEW POYNOR

Katherine Smith, 4, pins the Meritorious Service Medal on the uniform of her father, Cmdr. Patrick Smith, as Capt. Vince Martinez looks on, during the EXU1 change of charge ceremony conducted under the "Big Top" at the Stump Neck Annex of Naval Support Facility Indian Head, July 28.

Meritorious Service Medal during the ceremony. "Over the last 18 months, Pat's leadership, energy, sense of purpose, passion and calm demeanor were tested and he never faltered," said Martinez. "He's a man of principle, a leader never taken aback, or apprehensive, neither rash nor hesitant." Smith's 4-year-old daughter, Katherine, was on hand to pin the medal on her father's uniform.

Smith's next assignment will be as a

student at the Dwight D. Eisenhower School for National Security and Resource Strategy at Fort Lesley J. McNair on the National Defense University campus in Washington, D.C.

Martinez told the members of EXU1 that their new OIC comes to the command with a great reputation. "You can feel confident that you're getting an outstanding new OIC."

see Unit 1, page 7



Daughtry and Magic! at NSF Indian Head

On Saturday, Aug. 20, rock super group Daughtry and opening band Magic! will play live at Ben Rand Field at Naval Support Facility (NSF) Indian Head. Gates for the show will open at 5:30 p.m.

All levels of tickets, including VIP tickets that offer a meet and greet with Magic!, are still available. Tickets can be obtained by visiting [www.](http://www.freedomlivendw.com)

[freedomlivendw.com](http://www.freedomlivendw.com).

Here are tips for those attending the concert:

- This concert will be held rain or shine.

- Each vehicle entering the base must have at least one DOD ID card holder and all others, age 16 and older, must have a valid form of ID.

- Parking attendants will direct all concertgoers to proper

parking areas. Those holding VIP tickets will be directed to VIP parking areas. Handicapped parking will be near the event site. Please have placard visible. Follow parking attendant instructions upon arrival. Parking is at a premium, so attendees are urged to carpool.

- All concertgoers must present a ticket at the venue

for entry. All attendees will be provided with a seat, so please don't bring chairs to the event.

- No outside alcohol, pets, outside food and beverage, firearms, coolers or backpacks will be permitted at the show.

- Food vendors will have a variety of food available for sale. Beer and wine selections will be available for sale. Cash and Credit only and there are

no ATMs available within the venue.

Several volunteer opportunities exist. If you would like to volunteer for the event, contact the MWR Admin Office for more information, 301-744-4775. For more information about the concert, contact the NSA South Potomac Public Affairs Office, 866-359-5540.



U.S. NAVY PHOTO BY BRITTANY NOAH

Middle and high school students from Camp Dogwood Summer Academy take a break during their visit to the National Museum of the United States Navy, July 12. Retired Navy officers joined scientists and engineers from Naval Surface Warfare Center Dahlgren Division and a museum official to brief the 29 students on submarines and exhibits ranging from a diving capsule and torpedo room to a periscope and arctic undersea operations, including ice breakthroughs.

U.S. Navy Submarine History Makes ‘Deep’ STEM Impact on Students

By John Joyce
NSWC Dahlgren
Division Corporate
Communications

The deep-diving research vessel that took two hydronauts to the deepest point of the world's oceans 56 years ago is still diving — in many ways, deeper than ever.

The Trieste — a Swiss-designed, Italian-built bathyscaphe acquired by the U.S. Navy in 1958 — first made history by reaching the bottom of the Challenger Deep in the Pacific Ocean's Marianas Trench on Jan. 23, 1960.

U.S. Navy Lt. Don Walsh and scientist Jacques Piccard traveled nearly seven miles — precisely 35,797 feet — aboard the Trieste to prove that humans could safely explore the deepest ocean depths.

Now, the Trieste is making history with deep dives into the dreams and imaginations of students visiting the Undersea Exploration exhibit at the National Museum of the United States Navy.

“I really loved getting into the submarine that went into the deepest part of the ocean,” said Tre, 11, who was briefed on the Trieste and its achievement — the equivalent of putting a man on the moon.

Tre was among 29 middle and high school students from Camp Dog-



U.S. NAVY PHOTO BY BRITTANY NOAH

Middle and high school students from Camp Dogwood Summer Academy get a Navy gunner's perspective on 40mm anti-air guns at the National Museum of the United States Navy, July 12.

wood Summer Academy visiting the museum with their scientist and engineer mentors from Naval Surface Warfare Center Dahlgren Division (NSWCDD), July 12.

“This camp is a great opportunity

for students to learn more about all of STEM (science, technology, engineering and mathematics) opportunities within the Navy,” said Brittany Noah, an NSWCDD human factors engineer. “It's also a great way for the

Navy to pique the interest of bright minds for active duty and civilian service in the future.”

Retired Navy officers Richard Bryant and Rodney Luck piqued students' minds with presentations that

included the science behind how a submarine submerges, dives, and rises to surface.

“I learned about buoyancy and

see STEM, page 3

STEM

Continued from page 2

how a submarine operates,” said Jasmine, 12.

“Being able to interact with all the exhibits really caught my imagination and showed us what things were like a long time ago, and how they are now,” added Amir, 12. “I really want to design a future sub. My favorite activity was being on the guns.”

Amir, Jasmine, Tre and their peers also learned about navigation, fire control, torpedoes, propulsion plant, and sonar.

“The highlight of the tour was when we were able to move the big guns around,” said Brianna, 12. “I would love to join the Navy after I do sports. I learned about how many people fit in different types of submarines and how they have improved over the years.”

What’s more, Bryant and Luck shared sea stories about operational aspects of submarine life, explaining how the crew ate, sleep, trained, and enjoyed morale activities like pizza night, movie night, and Xbox challenges.

“My favorite part was when we learned about the submarines and how many people can fit in them,” said Delonte, 11.

The students were briefed at exhibits ranging from a diving capsule, torpedo room, and periscope to 40mm anti-air guns and arctic undersea operations, including ice breakthroughs.

“I loved when we saw the submarine jump out of the water,” said Tre. “I thought it was really cool.”

The museum’s Undersea Exploration Exhibit highlights the U.S. Navy’s involvement with undersea exploration for navigation, scientific research, strategic, and educational purposes. By 1958, the Navy — often a catalyst for innovative research — funded nearly 90 percent of all U.S. oceanographic ventures. It enabled scientists to explore the deepest regions of the oceans and to design increasingly sophisticated remotely operated vehicles that could observe the depths without risk to human life.

“The students saw how submarines have been with the U.S. since the start of our nation and that we are still innovating submarines today,” said David Barker, the museum’s deputy director of education and public programs. “They loved the story about the Trieste and how deep it went.”

Improvement of naval operations and equipment continues to be largely dependent on the discoveries made through oceanographic research. The Navy’s undersea operations have ranged from diving to the collection of scientific data, to the investigation of shipwrecks such as the Titanic.

Camp Dogwood Summer Academy is one of many programs sponsored by the AnBryce Foundation philanthropic organization to promote social change by building a community of global citizens through education, career, cultural, and leadership opportunities to under-resourced young people.

opportunities to under-resourced young people.

The academy offers distinct summer experiences for young people ages 7-18: Camp Dogwood for rising 2nd through 9th graders; Rites of Passage for rising 10th through 12th graders, and the Staff Training Enrichment Program for rising 11th and 12th graders. For over a decade, the ratio of one counselor for two campers ensures individualized mentoring and instruction. At the end of every session, each camper is evaluated on academic performance and overall character development.

The Naval Sea Systems Command and its warfare centers, including NSWCDD, offers STEM internships for high school students via the Science and Engineering Apprenticeship Program. Civilian employment opportunities are also available for college students via the Navy Pathways Internship Program which provides degree-seeking students with exposure to public service while enhancing their educational experience, and possibly providing financial aid to support their educational goals.

NSWCDD is a premier research and development center that serves as a specialty site for weapon system integration. The command’s unique ability to rapidly introduce new technology into complex warfighting systems is based on its long-standing competencies in science and technology, research and development, and test and evaluation.

Captain’s Corner

CPO 365 Phase 2 Season Arrives

By Capt. Mary Feinberg,
commanding officer
NSASP

Chief Petty Officer (CPO) 365, Phase II season is upon on us and it is worthwhile for all members of the Navy family to reflect on just how great the impact Chiefs make in our day-to-day uniformed lives. To outsiders it may sound like a stretch, but when we say that Chiefs run the Navy, it is the unvarnished truth.

Before I go any further, I want to congratulate this year’s Chief Petty Officer selectees for the incredible honor they’ve earned and wish them luck as they take on the challenge of joining the time-honored brotherhood and sisterhood of the Chiefs Mess. Understand that your selection is both a capstone accomplishment AND the beginning of new chapter in your Navy journey. I know this chapter and especially the next few weeks of your life are going to be challenging but always remember where you came from and where you are going.

To those not selected, you are still a valued member of the Navy team and family. Our Navy lifestyle, whether we are on the officer or enlisted side of the house, is one that is striving and doing our absolute best to accomplish the mission. Setbacks are an inescapable part of that lifestyle and I want to encourage anyone who has felt that sinking feeling of being left off the list. We have all been there in some way or another; the important thing, however, is that we never stop striving and always keep growing. A Master Chief Petty Officer who is near and dear to me taught me that, by the way.

Chiefs have certainly played a critical role in my own personal and career growth, though I’d wager I encountered that famous Chief Petty Officer wisdom at an earlier age than most. My father, retired Master Chief Petty Officer Rimmel, spent three decades in the Navy acquiring it, including a tour in Vietnam.

The short list of things that he taught me—honesty, always trying my best, being responsible for my actions—well, as a kid I’m not sure I really paid as much attention to him as I should have. I never, ever would have guessed that I’d end up serving just like him. But the good thing about wisdom is that it is timeless.



When I did finally decide to enlist in the Navy, it was Chiefs who taught me how to proudly wear the uniform, how to do my job and of course, a whole lot of everything in between. Some of those lessons, just like the one’s my father taught me, weren’t particularly fun to learn at the time but they were vital and remain so through today.

If you thought the importance of Chiefs in my life and career lessened once I became an officer, you’d be wrong. Chiefs aren’t only in the business of guiding junior Sailors, after all, they are there for Officer and Enlisted alike. One of the first lessons I learned at Aviation Officer Candidate School (OCS) is that when in doubt, ask the Chief. That insight is just as valuable in my day-to-day job today as it was then. I rely on all my Chiefs to not only set the example for Sailors, but also for their counsel and their perspective.

Chiefs are the critical link between Sailors and officers and I can’t imagine my Navy or my life without them. As commands across Naval Support Facility (NSF) Dahlgren and NSF Indian Head celebrate those who are set to join the Chiefs Mess, let us remember the chiefs who got us where we are today. Being a Chief Petty Officer is no mere job; it is a calling.

Upcoming Tax Free Holidays and Weekends

By Carol Allison, Fleet and Family Support Center

With the new school year approaching, many states will observe “Tax Free Weekends” and “Tax Free Holidays”.

For Virginia:

There will be a “Tax Free Weekend” observed from Friday, Aug. 5 through Sunday, Aug. 7 on clothing and school

supplies.

Virginia will also observe a “Tax Holiday” for Energy Star Products during the same time frame.

For Maryland:

There will be a “Tax Free Week” for clothing and footwear under \$100.00 per item during the period of Sunday, Aug. 14 through Saturday, 20 August.

For information regarding other State Tax Free Weekends and Holidays or for more specifics, please visit: <https://www.freetaxweekend.com/>

For additional financial information, please contact your Command Financial Specialist or the Personal Finance Program Manager at the Fleet and Family Support Center at 540-653-1839.

Vietnam War Commemoration Observance

A Vietnam War Commemoration Observance will be held from 11 a.m. — 12:30 p.m. at the University of Mary Washington-Dahlgren Campus. Brig. Gen. Wilma L. Vaught, USAF, Retired, will be the guest speaker. General Vaught served as chairperson of the NATO Women in the Allied Forces Committee from 1983 to 1985 and was the senior woman military representative to the Defense Advisory Committee on Women in the Ser-

vices from 1982 to 1985. Prior to retirement, she served as Commander of the US Military Entrance Processing Command, North Chicago, IL. She is recognized as the first Air Force woman graduate of the Industrial College of the Armed Forces and is one of the most-decorated military women in US history. She will speak about women in service during the Vietnam era and the challenges they faced.

BASE HAPPENINGS

Dahlgren

Diversity Day Celebration

A Diversity Day Celebration will be held on Aug. 18 from 10 a.m. — 1 p.m. on the NSF Dahlgren Parade Field. Attendees will enjoy entertainment, ethnic foods, games, displays and more. The Dahlgren Chief Selects will have lunch for sale.

ASBP Blood Drive at Chapel Annex

Armed Services Blood Program will be at the Chapel Annex on Monday, Aug. 22 between the hours of 9 a.m. to 1 p.m. Collections have been challenging this summer and there is an ongoing and increased need for O-, O+ and B- donors. All civilians and active duty are welcome to donate. Visit www.militarydonor.com and use sponsor code: NSF. If you have any questions, you are welcome to email donna-lee.onwona.civ@mail.mil.

Dahlgren School Registration

NSF Dahlgren base housing residents can now register their children for attendance during the 2016-17 school year. Dahlgren School accommodates kids eligible for Pre-K through 8th grade. School starts August 22/pre-K starts September 6. Children who live on base and have one parent employed by DoD are eligible to attend the school. Summer office hours at the school are Mon — Fri, 0900 — 1500. For more info, call 540-653-8822

Second Tour Thrift Store

The Second Tour Thrift Store is open and offers a variety of items for military personnel and their families! The store is open Thursdays from 9 a.m. to 2 p.m.

Indian Head

Branch Health Clinic relocating in August

The Branch Health Clinic at NSF Indian Head will be relocating to temporary facilities across Wilson Road on September 9. Clinic operations will resume the following week and all services except x-ray will be offered during the temporary relocation. Patients are urged to call and schedule school physicals as soon as possible. Appointments can be made by calling (301) 744-4686. If you have any questions about the clinic move, please call (301) 744-4601.

Treasures Thrift Store Donations

"Treasures" is open on Tuesdays from 10 a.m. to 1 p.m. The store is located at 12 Strauss Ave. next to the USO. Donations of gently-used items are currently being accepted.

Bread Bonanza at the USO

The USO offers a free bread and baked goods giveaway, with donations from Food Lion on Thursdays from 9 a.m. to 1 p.m. Pick from a wide selection of breads, cakes, cookies, muffins, pies and more.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Dahlgren

Caledon State Park Events

Outdoor family fun including geocaching, kayaking, paddleboarding, owl prowling, eagle spotting and more! Discover the fun in your own backyard at: <http://www.dcr.virginia.gov/state-parks/caledon#events>

Combat Veterans Motorcycle Association Bike Night

Southern area (King George/Dahlgren/Colonial Beach) Combat Veterans Motorcycle Association (CVMA) bike night meet at Roma's Pizza in Dahlgren on Wednesdays at 5:30 p.m. Combat veterans, support members and auxiliary families meet and communion in a social environment. If interested in CVMA and the support they provide to Vets please visit <https://www.combatvet.org/index.asp>. For more information about how to be a part of this group visit <http://cvmavirginia27-2.org/potential-members.html>

UMW Scholarship Program

UMW is excited to announce a Military Scholarship that will provide qualified active duty servicemembers, their spouses, or honorably discharged veterans the opportunity to receive a 25% military tuition scholarship for graduate degree programs: Master of Business Administration, Master of Education and Master of Science in Geospatial Analysis. Please contact the Office of Graduate Admissions to receive full scholarship information at 540/286-8000 or email graduate@umw.edu.

King George Toastmasters Club

Improve your public speaking with King George Toastmasters. Join the Toastmasters at their bi-weekly meetings the second and fourth Thursdays of the month at 6:30 p.m. at UMW-Dahlgren Campus, Room 248 For more info, email toastmastersofking-george@gmail.com, or visit www.kinggeorge.toastmastersclubs.org or www.meetup.com/King-George-Toastmasters.

KG Alert Sign up

Sign up for KG alert offered by the King George County Emergency Services to notify you of important information due to an emergency, disaster, road closure or inclement weather. To sign up for free, go to <https://www.kgalert.com/Portal.htm>

Indian Head

Twilight Performance Series at CSM

College of Southern Maryland is hosting a free, outdoor performance series at all three campuses during August. The CSM Twilight Performance Series consists of four weeks of performances, concerts, and more at all three CSM campus locations. Bring the whole family and enjoy a variety of entertainment for free. Bring along a lawn chair and a picnic — and if you are in the mood — maybe your dancing shoes! For more information visit <http://www.csmd.edu/community/the-arts/special-events/twilight-performance-series>.

Sixth Annual Kickball Tournament

The Community Foundation of Southern Maryland invites you to enjoy a family friendly day of kickball, music, face painting and other fun activities on August 28 starting at 2 p.m. at Hallowing

Point Park, Prince Frederick. Sign up before August 12 by contacting Lisa McKinnon at the Community Foundation of Southern Maryland donorservices@cfsomd.org, call 240-670-4483 (GIVE), or Go online to www.somdgiving.org.

Discover Quest Festival

The Charles County Office of Tourism will host the top Bassmaster Elite anglers along with Native American dancers and storytellers, local businesses, artisans, crafters and food vendors at Discover Quest. Discover Quest will be held Aug. 13-14 from noon to 5 p.m. at Indian Head Village Green (100 Walter Thomas Road, Indian Head). For more information visit <https://www.charlescountymd.gov/DiscoverQuest>

Wine and Sunset — a Night on the River

Join the Port Tobacco River Conservancy a nonprofit 501(c)(3) for their Night on the River fundraiser Aug. 18 from 7-10 p.m. at the Port Tobacco Marine. Beautiful views of the Port Tobacco River, drinks, delicious dinner, and amazing entertainment by Land-ing Mary, and more! Tickets can be purchased using the PayPal link below. All proceeds from this event will go directly to restoration efforts for the Port Tobacco River. Tickets \$50.00 Groups of 10 \$475.00

Summer Swim Lessons and Programs Available for All Ages

The Charles County Recreation Division is offering swim lessons and programs for you and your family this summer.

New Mini Swim Lessons

These condensed swim lessons are available Aug. 1-18 at North Point High School (2500 Davis Road, Waldorf) and Donald M. Wade Aquatic Center (5305 Piney Church Road, Waldorf) for beginner, intermediate, and advanced swimmers.

Summer Swim Lessons

Learn how to swim or advance your swimming skills, and sign up for a swim lesson session.

Adult Learn to Swim Hour

Beginner and intermediate swimmers over 17 years old can gain confidence in the water with this hour-long class. Each class focuses on basic swimming skills, stroke development, and water safety.

Adult Intro to Fitness Swimming

Adults who are confident in the water, and have the knowledge and skills necessary to cross the pool safely, but still need work on conditioning and swimming technique are encouraged to sign up.

Adult Aquatic Athletes

This is a great class for immediate and advanced swimmers who are comfortable with water and able to swim 50 yards—both freestyle and backstroke.

To register or for more information about the swim lessons, or programs and activities offered by the Department of Community Services, visit www.CharlesCountyParks.com, or call 301-934-9305 or 301-870-3388. Citizens with special needs may contact the Maryland Relay Service at 711, or Relay Service TDD: 866-269-9006



SOUTH POTOMAC PILOT

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All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-645-9480.

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Aquatics Center

540-653-8088

Learn to Swim at the Dahlgren Aquatics Center

Session Four: Aug. 8 — 18
Class days are Monday through Thursday. Class times are divided by age level and are based on instructor availability and enrollment. Eligible patrons include active duty, reservists and retired military, DoD and all others with base access. Cost: E1-E5 Active Duty/Retirees \$45.00 per person per session; All Others \$50.00 per person per session.

Also includes adult private swim lessons with 4 hours of one-on-one instruction designed to fit your schedule and swim goals. Cost: E1-E5 Active Duty/Retirees, \$85.00; All Others \$105.00

Junior Lifeguard Program

Aug. 8 — 12, 9 a.m. — 3:30 p.m.
Find out if you have what it takes to be a lifeguard. Learn the basic lifeguard skills and shadow guards while they work. Be prepared to swim every day! Class size is a minimum of three and maximum of 10 participants. Eligible patrons include all children, ages 10 to 14, with base access. Register at the Aquatics Center by Aug. 2. Cost: \$150.00

6th Annual Cardboard Boat Regatta

Aug. 20, 5 — 7 p.m.
Is your boat seaworthy? Come out and race it against other boats in your category! Prizes will be awarded to first, second and third place winners in each division including Family (at least one adult), All Military, Chief Selectees, and Kids (no adults). Prizes will also be awarded for overall most artistic, most likely to be marooned and most durable. Boats are to be constructed with cardboard, plastic sheeting and duct tape ONLY! Racers will compete two laps (down and back) in 25-yardpool and kid's division will complete one lap. Children must wear life vest (the Aquatics Center has a limited supply). Participants must provide their own paddles. Register at the Aquatics Center by Aug. 16. Pre-registration is required. Open to all with base access. Cost: FREE

Auto Skills Center

540-653-4900

Safety Inspection Class

Aug. 9, 11 a.m. to 1 p.m.
Don't fail your next safety inspection! We'll tell you what to be prepared for during the inspection and how to maintain or fix a problem when it comes to brakes, lights, etc. Open to all with base access. Cost: FREE

Cannonball Lanes

540-653-7327

Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00 Shoe Rental: Military \$1.50, Civilian \$2.50.

Sunday Special

Every Sunday 11 a.m. — 5 p.m.
Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays

Every Tuesday 11 a.m. — 9 p.m.
Every Tuesday, get a lane for one hour of bowling for only TEN dollars!

Buy a Game, Get a Game Wednesdays

Every Wednesday 11 a.m. — 9 p.m.
Every Wednesday, buy one game; get a second game for FREE!

All-U-Can Bowl Fridays

Every Friday 7 p.m. — 11 p.m.
Enjoy two hours of all you can bowl! Cost: Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Cosmic Bowling

Every Saturday 7 p.m. — 11 p.m.
Enjoy music and lights while bowling!

MacGyver Rocket Competition & Duct Tape Dare

Register July 15 – September 7
The challenge is on! Join us at the NSASP Air Field Thursday, September 8, 3 to 6 p.m. Land TWO eggs safely using only a kit of office supplies and household materials. Too easy for you? Dare to duct tape yourself to greatness by making a rocket solely from duct tape. Register and purchase your kits at Cannonball Lanes Bowling Center. For contest details visit <https://sites.google.com/site/dahlgrenlaunch/> Cost: \$10.00

Youth Learn to Bowl

Aug. 6, 2 — 4 p.m.
Children between the ages of 5 to 12 will receive individual sessions on basic bowling as well as the opportunity to bowl two games. Cost: \$7.50 per child, which includes two games and shoes

Scotch Doubles

Aug. 20, 6 — 8 p.m.
Partner's finish each other's frames. Prizes will be awarded to the first place team. Cost: \$10.00 per person

Child & Youth

CDC 540-653-4994
YAC 540-653-8009

Military Child Care Open Enrollment

There's a new way to request care for School Age Care (SAC) and Summer Camps! Families can now use MCC to request care for SAC programs and Summer Camps all year long. The online system allows you to search for and submit unlimited SAC and Summer Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit MilitaryChildCare.com

Hourly Care

Location: Child Development Center and Youth Activities Center
Eligible patrons include all children 6 weeks to 12 years of age. Care is available on a day to day basis and requires advance reservations. Hourly care reservations as well as payments for care can be made online at <https://myffr.navyaims.com/ndwcym.html> Cost: \$4.00/hour

Give Parents a Break

Location: Child Development Center
Eligible patrons include all children 6 weeks to 5 years of age, not yet in kindergarten. The Dahlgren CDC will offer hourly child care on the 1st and 3rd Friday of each month from 7 to 11 p.m. and the 2nd Saturday of each month from 8 a.m. to 5 p.m. This program is free for respite care referrals and \$4.00 per hour for all other patrons. Please make your reservation no later than 6 p.m. on the Monday prior to your desired care

date. Reservations can be made in the center or over the phone.

Friday Night Teen Night & Open Rec

Fridays at the YAC from 6 — 8 p.m.
Teen Night and Open Rec Night will be held on alternating Fridays throughout the summer. All will have access to the computers, video games, stereo system, Playstation, board games and crafts. Open Rec is a FREE program open to Military, DoD Civilians and Contractor Dependents, school ages K – 12. Teen Night is a FREE program open to Military, DoD Civilians and Contractor Dependents ages 13-18.

Aug. 5 & 19 – Open Rec Night
Aug. 12 & 26 – Teen Night

Community Recreation Tickets & Travel

540-653-8785

Back to School Event

Aug. 5, 2:30 — 5:30 p.m.
Location: Parade Field
All are welcome to this back to school event featuring information from the Dahlgren School, 4-H, USO, Navy Child & Youth Programs and more! Enjoy inflatables, games and snacks. This event is free to enter and open to all with base access.

17th Annual Navy Night at the Baysox

Aug. 5
Location: Prince George's Stadium, Bowie, MD
Pick up your FREE tickets at Community Rec Tickets & Travel office. Watch the Bowie Baysox take on the Richmond Flying Squirrels. Gates open at 6:05 p.m. Fireworks following the game. Come early to see Navy personnel participate in the opening ceremony.

Summer Concert Series

Aug. 10, 7 p.m.
Location: Parade Field
Join us on the Parade Field with local band Southern Bred for free! Open to all with base access.

Six Flags Military/DoD Appreciation Days

Aug. 13
Get your tickets today with Six Flags for a Private Water Park Party at 10 a.m. and All-You-Can-Eat-Picnic at 12 p.m. Includes admission, free parking, all you can eat meal and party with a DJ. Go to sixflags.com/america and enter promo code MILITARY0198.

Glow Astronomy Event

Aug. 13, 6 — 8 p.m.
Location: Parade Field
Be amazed under the stars! Bring out the whole family to explore a Space and Solar System Exhibit and Astronomy Station. Enjoy painting constellations, viewing stars and planets through a telescope, crafts, tie dying, science booths and more! Open to all those with base access. Cost: FREE

Freedom Live presents Daughtry

Aug. 20, Gates open 5:30 p.m. Show starts at 7:30 p.m.
Location: NSF Indian Head
Freedom Live presents Daughtry with special guest Magic! Limited VIP and Freedom Live Zone tickets are available now at [www.freedomlivendw.com](http://freedomlivendw.com). All VIP tickets include a Meet & Greet as well as preferred parking, preferred seating, private restrooms, access to all-inclusive food tent, drink tickets and a piece of official Freedom Live merchandise. Purchase your



540-653-7336

Price of Shows

Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00.

E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): FREE.

*Movies shown in 3D will cost an additional \$1 to ticket price.

Friday, Aug. 5 7 p.m.

The Purge: Election Year R

Saturday, Aug. 6 4 p.m.

Big Hero 6 (FREE ADMISSION) PG

Saturday, Aug. 6 7 p.m.

The BFG PG

Sunday, Aug. 7 2 p.m.

Zootopia (FREE ADMISSION) PG

Sunday, Aug. 7 4:30 p.m.

The Secret Life of Pets PG

Friday, Aug. 12 7 p.m.

Mike and Dave Need Wedding Dates R

Saturday, Aug. 13 4 p.m.

The BFG PG

Sunday, Aug. 14 2 p.m.

The Legend of Tarzan PG-13

Sunday, Aug. 14 4:30 p.m.

The Secret Life of Pets (*3D) PG

For movie listings online, visit www.navy.mwr.dahlgren.com and select the Dahlgren Theater.

Free Movie Mondays

Stay cool at the Dahlgren Theater and enjoy free movies at 4 p.m. before school starts!

August 8

Ice Age: Dawn of the Dinosaurs

August 15

Ice Age: Continental Drift

tickets today! Stay connected and like the NSA South Potomac and Indian Head FFR Facebook pages! Each vehicle must have at least one DoD ID card holder and all others 16 and older must present a valid form of identification. Each person must present a ticket to enter. No alcohol, pets, coolers, glass, outside food or beverage, firearms, weapons or backpacks will be allowed.

Craftech

540-653-1730

Back to School Embroidery Special

Aug. 1-31

It's that time of year again! Be prepared and be organized this year. Bring your school items to Craftech for personalization. Names can be embroidered or engraved on items such as backpacks, pencil cases, lunch boxes/totes, jackets, baskets and more! Custom personalization starts at just \$7.00! Open to all with base access.

Coffee Cake & Paint

Aug. 10, 10 a.m.

Spend your morning chatting over coffee cake and painting! Leave with a beautiful painting to display in your home! Space is limited. Reserve your spot at Craftech by Aug. 5. Cost: \$25.00, includes materials and refreshments

Fitness Center

540-653-8580

Men's Softball League

*Reported Aug. 1

Old Timers 14-2, MSSC 7-9, Brightscape Investments 9-5, Chiefs 8-8, Enforcers 1-14

Basketball League

*Reported Aug. 1

Team 301 1-0, Get Buckets 1-0, Team Forman 1-1, Ghostmen 1-1, Old Broke and Lazy 0-2

Co-ed Softball

*Reported Aug. 1

Spring League Champions: Team TBD

Spring League Runner-Up: Pitch Slap

Indoor Rowing Competition

Every Wednesday in August

Athletes will row a 2,000 meter sprint damper setting 4-7. Prizes awarded to top overall best time for male/female and active-duty member. Open to all with base access. Cost: FREE

Intramural League Sports

League play begins in September. Cost: Active Duty, Free; Contractor with fitness membership, Free; Military Dependent/Retirees, \$15; DoD Civilians, \$30; Contractor without fitness membership, \$40; Off-Base Civilians, \$40

Aug. 10 Intramural Soccer League Organization Meeting at 11:30 a.m.

Aug. 17 Intramural Softball League Organization Meeting at 11:30 a.m.

Aug. 24 Intramural Flag Football League Organization Meeting at 11:30 a.m.

Pump-N-Run

Aug. 17, 11 a.m.

Join the Dahlgren Fitness Center for the annual Pump-N-Run 1.5M event. Bench press will be held Monday, Tuesday and Wednesday before the race. Total time will be calculated by subtracting 15 seconds from the 1.5 mile run time for each time a competitor lifts a percentage of his/her body weight.

Percentage of body weight to chest press:

(Ages 15-29) Men 100% — Women 70%

(Ages 30-39) Men 90% — Women 60%

(Ages 40-49) Men 80% — Women 50%

(Ages 50 and over) Men 70% — Women 40%

Awards will be given for overall male/female finishers, overall male/female active-duty military, most reps by male/female participants. Eligible to all with base access. Register by Aug. 16. Open to all with base access. Cost: Active Duty, Free. All Others, \$5.00

Dance Classes

Aug. 29 – October 6

Dance recital will be held at the Dahlgren School Oct. 6 at 6:30 p.m. Register at the Dahlgren Fitness Center by Aug. 22. Cost: Military, \$50.00; Civilians, \$60.00

Ballet and Tap Classes Ages 6 to 9, Mondays and Thursdays from 6:30 to 7:30 p.m. This is a combination class where children will learn ballet technique and beginning tap technique.

Jazz and Tap Classes Ages 10 to 18, Mon-

days and Thursdays 7:45 to 8:45 p.m. This is a combination class that will focus on building technique, using the foundation of jazz dance. You can expect some hip hop, funk and break dancing, as well as jazz and beginning tap technique.

General Library

540-653-7474

Storytime at the Library

Every Monday at noon and every Friday at 10 a.m.

Short or tall, big or small, enjoy storytime and crafts for all! Join the General Library Mondays and Fridays to read a story and make a craft. Cost: FREE

Paws for Reading

Aug. 9, 3:45 — 5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four legged companion. Reading to a pet can help build confidence in young readers. Register online at <http://engagedpatrons.org/Events.cfm?SiteID=6188> and click on a selected time or call the General Library.

Mommy & Me Tea Party

Aug. 20, 11 a.m.

Enjoy some mother-child bonding time with our yearly tea party! Lola the clown will join us for face painting, balloon animals and more! Open to all with base access. Cost: FREE

Liberty

540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 Single/Unaccompanied Active Duty Military.

KG/Dahlgren Local Shuttle

Aug. 5, 2 — 5:30 p.m.

Save gas and money! Let Liberty take you shopping or dining at local King George and Dahlgren stores and restaurants.

Tubing at the Virginia Outdoor Center

Aug. 7, Van departs at 9 a.m.

Float along the river, relax in the sun and hang out with friends! Register by Aug. 3. Cost: \$10.00

Board Games

Aug. 8

Play all the board games you want any time of the day!

Wing Wednesday

Aug. 10, 3:30 p.m.

Free wings while they last!

Comedy Movie Marathon

Aug. 12

Laugh the stress away with a marathon of comedies!

Fire Pit

Aug. 13, 7 p.m.

Campfire setting with all the fixings! Bring your guitar and have a fun night around the fire.

Frozen T-Shirt Race

Aug. 14, 11:30 a.m. — 12:30 p.m. and 5 p.m. — 6 p.m.

First one to unravel the frozen t-shirt and put it on wins!

Lunch with Liberty

Aug. 16, 11 a.m. — 1 p.m.

Enjoy lunch on us!

Hot Dog Eating Contest

Aug. 18, 3:30 — 4 p.m.

Do you have what it takes? Stop by and join in a hot dog eating contest!

Late Night Movie at the Theater

Aug. 19, 11 p.m.

Sign up at Liberty for a movie showing at the Movie Theater after dark. Enjoy free popcorn, drink and candy!

Maryland International Raceway

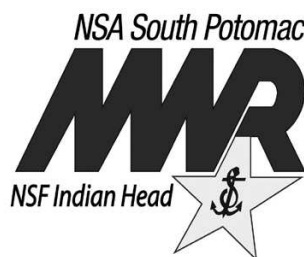
Aug. 20, Van departs Liberty at 2 p.m.

Let us take you to the Super Chevy Show at Maryland International Raceway! Register by July 16. Cost: \$7.50

Trampoline Park

Aug. 21, Van departs Liberty at 11 a.m.

Enjoy a day trip to the Trampoline Park in Springfield, VA. Cost: \$12.50

**Indian Head Child & Youth**

CDC 301-744-4458

Teen Open Recreation

Open to ages 13 — 18 from 6:30 — 10:30 p.m. Contact the Youth Center for more information.

Youth Open Recreation

Open to ages 5 – 12 from 6:30 – 10 p.m. Contact the Youth Center for more information.

Indian Head Community Recreation Center

301-744-4850 or 301-744-4648

Storytime and Crafts

Every Tuesday from 10:30 — 11 a.m.

Join us at the Library every Tuesday for a story and a craft!

Fossils are Fun

August 10, 3 p.m.

Travel back in time to explore the prehistoric dinosaurs of Maryland! Learn what fossils are, how they are made, and clues to our ancient past. You'll even have a chance to make a model imprint to keep! Parents are strongly encouraged to participate with children under the age of 6 years old. Cost: Free.

Tanger Outlets Day Trip (Delaware)

August 6, All Day

Join us for a fun day of shopping! Tax free. Contact Community Rec for more info.

Couples Trivia Night

August 12, 6:30 p.m.

Connect with other couples and have a great time answering a broad variety of questions about your lucky someone! This event is for 18+. Cash bar will be available to those 21 years of age and older, with a valid form of ID. Cost: Free

Indian Head Globe & Anchor/Tiki Bar

301-744-6487

Make sure to LIKE us on Facebook to see the exciting drop-in events throughout the month.

Indian Head Liberty Center

301-744-4524

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 Single/Un-

accompanied Active Duty Military.

Slip n' Slide Kickball

August 6, 12 – 4 p.m.

What better way to cool off than a great game of kickball, slip n' slide style? Teams will slide their way to the bases! Make sure you wear your swimwear because things are sure to get messy! Cost: FREE.

Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2/game; Civilian \$3/game; Shoe Rental \$1

End of Summer Reading Party

August 5, 7:30 p.m.

Congratulations bookworms! We're so proud of you! Join us as we enjoy a few games of bowling to celebrate your summer reading journey! Cost: Free.

Party Rental

Rent Stars & Strikes for your next celebration and let us help you throw a bowling bash that your guests will rave about! Cost: 2-hour rental prices are \$60 for military and \$70 for civilians. Price includes 4 private lanes, shoes, cosmic lights and whole lot of fun!

Open Bowling

Fridays and Saturdays from 5 — 10 p.m.

Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

Lunch is Now Served!

Lunchtime Bowling

Every Wednesday from 11 a.m. — 1 p.m.

It's time to enjoy your lunch! Take a break from the office and unwind with a game or two of bowling! Want a quick bite while you play? Stars and Strikes is now serving food! Visit us online for the menu and to contact Stars and Strikes for more information.

Cosmic Bowling

Every 2nd and 4th Saturday of the month from 5 — 10 p.m.

What glows in the dark and is too much fun to miss? Cosmic bowling at Stars & Strikes Bowling Center!

Indian Head Weight House Fitness Center

301-744-4661

Sprint Triathlon

August 12, 7 a.m. – 1 p.m.

Drop into the WHFC to register for the Sprint Triathlon, which will be held on August 12. Test your strength and endurance in a 400-meter swim, 12-mile bike ride and 2.8-mile run. Cost: \$15 for military and \$25 for all others.

Indian Head Aquatics Center

301-744-4616

Dive In Movie Nights at 7:30p.m.

August 17

Catch a flick while floating in the pool! All movies are family friendly! Cost: Military-FREE. All others- \$4.

Go to DCmilitary.com for more news and info!

Marines sharpen skills at Home

By Sgt. Jonathan Herrera,
CBIRF Public Affairs

Maintaining a high state of readiness is a top priority for the Chemical Biological Incident Response Force, CBIRF, whose mission could send them across the globe within a moment's notice to support chemical, biological, radiological, nuclear or high-yield explosive crisis management.

Preparing Marines and sailors for "no fail" missions starts with taking care of the unit's personnel at their home station.

On July 22 Marines with (CBIRF) set up mobile cooling stations for the local chow hall aboard Naval Support Facility Indian Head, Md.

"This provided additional, real-world training. They had to think outside of the box," said Capt. Craig Shurgot, a Montgomery, Texas, native and the logistics officer for CBIRF. The more junior Marines learn from their superiors with hands-on training and working out the kinks of setting up the equipment he added.

In a real-world crisis, these Marines can provide heat or air conditioning to the reconstitution tent where Marines coming back from a contaminated site or "hot zone" can rest and rehydrate. They also provide utilities for the medical personnel sent to a contaminated area and provide their services



U.S. MARINE CORPS PHOTO BY SGT. JONATHAN S. HERRERA

Marines with engineer platoon, Chemical Biological Incident Response Force (CBIRF), set up a mobile air-conditioning unit at the local chow hall aboard Naval Support Facility Indian Head, Md., July 22, 2016. Providing air-conditioning to the chow hall gave the Marines hands-on training that further sharpens their skills needed to conduct expeditionary operations.

to the center operations center for a more austere, expeditionary situation.

Shurgot commended the engineer platoon, commenting on their high work ethic and motivation even while

setting up the equipment.

"Whatever [we] task them with, they complete to their full ability," said Shurgot. "Whenever they were out there, they worked together as a team.

And it gives them the opportunity to make a difference."

"The number one priority is the Marines."

For the engineer platoon and the

logistics component of CBIRF, the number one priority is taking care of Marines, said Shurgot

"We will keep doing our best to provide some comfort for the Marines," said Prince George, Va., native-Sgt. Kenneth Hunt. "It benefits the Marines by improving the overall morale. The engineer section is trying to help the Marines feel a sense of being at home."

Hunt who serves as the maintenance chief for the Engineer platoon with CBIRF led the effort by supervising the Marines under his charge and working alongside them. The individuals setting up the equipment were electrical systems technicians, water support technicians or engineer equipment mechanics with the unit.

When directed, CBIRF forward-deploys and/or responds with minimal warning to a chemical, biological, radiological, nuclear or high-yield explosive (CBRNE) threat or event in order to assist local, state, or federal agencies and the geographic combatant commanders in the conduct of CBRNE response or consequence management operations, providing capabilities for command and control; agent detection and identification; search, rescue, and decontamination; and emergency medical care for contaminated personnel.

Unit 1

Continued from page 1

Lt. Cmdr. Duba acknowledged that it was an honor to take charge of the one-of-a-kind unit, but that his role in the ceremony was really simple. "Be there, don't say too much, and don't mess up everyone's good time."

Duba, whose father was a naval officer, was born in Jacksonville, Fla., but grew up in various locations including Southern California and Northern Virginia. He graduated from the U.S. Merchant Marine Academy in 2001, with a Bachelor's of Science in Marine Engineering and Shipyard Management and a U.S. Coast Guard Third Assistant Engineer's license for vessels of unlimited tonnage. He was commissioned in May 2001, and reported to Naval Diving and Salvage Training Center (NDSTC) in Panama City, Fla., for training as a Special Operations Officer. Upon completion of diver training, he attended the Surface Warfare Officer School's Division Officer Course in Newport, RI.

From 2003-2005, Duba was assigned to USS Sentry (MCM-3) and USS Dextrous (MCM-13), serving as First Lieutenant and Weapons Officer, deploying in support of both Fifth and Sixth Fleets. Following this tour of duty, he attended Explosive Ordnance



U.S. NAVY PHOTO BY MATTHEW POYNOR

Lt. Cmdr. Steve Duba, officer in charge (OIC) of Expeditionary Exploitation Unit One (EXU1) speaks during the unit's first change-of-charge ceremony under the "Big Top" at the Stump Neck Annex of the Naval Support Facility Indian Head, July 28.

Disposal (EOD) training at Eglin Air Force Base, Fla. Upon graduation, he was assigned as Officer in Charge (OIC) of EOD Mobile Unit (EODMU) SIX Detachment TWO in Ingleside, Texas, deploying twice in support of CTF 56 Mine Countermeasures and Theater

Security Cooperation operation throughout the Navy's Fifth Fleet.

From 2008 to 2010, he served as OIC of EODMU SIX, Detachment Kings Bay, Ga., supporting Strategic Weapons Facility Atlantic, national-level nuclear safety and security

operations, U.S. Secret Service, and regional EOD support missions. From 2011-2013, LCDR Duba served in a staff role as EOD Liaison and Antiterrorism Officer for Commander, Carrier Strike Group ELEVEN, and a brief tour as NDSTC Training Officer.

Most recently, he served as Executive Officer of Navy Experimental Diving Unit in Panama City, Fla., where his team provided critical support to Naval Sea Systems Command and the joint military diving community through cutting-edge human subject research and underwater equipment testing and evaluation in the most advanced hyperbaric facilities on the globe.

The Chief of Naval Operations approved the renaming and mission modification of NSWC IHEODTD's Technical Support Detachment (TSD) to EXU1, May 25. The action changed the detachment name to align it with standard U.S. Navy explosive ordnance disposal naming conventions.

NSWC IHEODTD — a field activity of the Naval Sea Systems Command and part of the Navy's Science and Engineering Enterprise — is the leader in ordnance, energetics, and EOD solutions. The Division focuses on energetics research, development, testing, evaluation, in-service support, and disposal; and provides warfighters solutions to detect, locate, access, identify, render safe, recover, exploit, and dispose of explosive ordnance threats.



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Electromagnetic Maneuver Warfare Systems Engineering and Acquisition

September 20-22, 2016 | Dahlgren, VA

Electromagnetic Maneuver Warfare (EMW) Systems Engineering and Acquisition Conference

SEPTEMBER 20-22 / DAHLGREN, VA

CONFERENCE OBJECTIVE

Our adversaries are using ubiquitous and cheap technology to further develop cyber warfare as well as advance and proliferate electromagnetic spectrum capabilities. EMW is an operational approach to seizing the initiative across the electromagnetic spectrum (EMS). The goal is to combine EMW capabilities in the sea, air and land domains to generate enhanced combat effects. EMW, in essence, means leveraging the cyberspace domain and the full electromagnetic spectrum for both offensive and defensive effects.

EMW is not a program, or system, or even a refined concept of operations. It is an emerging operational art, one we must master to fully understand the battlespace. We must then use that awareness to better employ our own forces while altering the enemy's perception of the battlespace and minimizing his freedom to maneuver within it.

Well-developed program strategies optimize the time and cost required to satisfy approved capability needs. The Planning, Programming, Budgeting and Execution (PPBE) Process allocates resources within the DoD to perform this optimization. It is important for program managers, engineers, and business planners to be aware of the process, the tools used, and the complexities in performing defense acquisition and systems development in the emerging EMS environment in order to provide value to managing and performing program funding and mission success.

We encourage you to participate in this conference and receive several perspectives on EMW, it's convergence with Cyber Warfare, as well as obtaining insight into defense acquisition and DoD systems engineering. We need these perspectives to not only survive in a challenging fiscal environment, but also to help EW missions contribute more to our critical overall national defense mission.

KEYNOTE SPEAKERS



The Honorable Rob Wittman
US House of Representatives
(VA-1)



Dr. John D Burrow
Deputy Assistant Secretary
of the Navy for Research,
Development, Test
and Evaluation



RDML Lorin Selby, USN
Commander, USN Naval
Surface Warfare Center



Mr. Jay R. Kistler, Jr
Assistant Secretary of
Defense (Research &
Engineering), Dir EW
& CM Office



Mr. Bryan Clark
Senior Fellow, Center for
Strategic and Budgetary
Assessments (CSBA)

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Training Specialist Selected as Dahlgren Training Center's Civilian of the Quarter

By Kimberly M. Lansdale, Center for Surface Combat Systems

Center for Surface Combat Systems (CSCS) recognized its Civilian of the Quarter (COQ) for the second quarter of 2016 at an awards ceremony at the Arleigh Burke auditorium onboard Naval Support Facility Dahlgren Jul. 20.

"I am extremely honored to be recognized as the Civilian of the Quarter on behalf of such a professional and highly talented organization," said Training Specialist Eddie Taylor. "I know the caliber personnel who work at CSCS Headquarters and truly understand the quality of the competition."

Taylor, who was selected as COQ for the third quarter of 2013, has been part of the CSCS training department for over three years working as a lead analyst in the Learning Standards Office (LSO) division.

"I receive, analyze and process Training Project Plans (TPP) routing to appropriate stakeholders for review and concurrence, validate content for accuracy, justification, instruction, manning, resource requirements and overall adherence to TPP guidelines," Taylor explained. "I also provide timely guidance and support to the Integrated Learning Environment (ILE) Training Agent (TA) and CSCS learning sites / detachments in matters related to ILE Curriculum of Instructions (COIs) under development, validate and approve internal and external requests for training materials, maintain the Master Course Record / Audit Trail spreadsheet for the CSCS domain, and conduct on-site analysis and observation of assigned courses."

As a retired Senior Chief Petty Officer, Taylor enjoys working in a military, training environment.

"On a daily basis, I work with military and civilian personnel who strive to make a difference with their strong work ethic and listening skills,

and who are not shy at sharing life, learned experiences," he said. The quality of staff makes my job not only rewarding, but also fun."

Taylor's supervisor, Jessie Harris, the Learning Standards Officer, nominated him for the award.

"Eddie was instrumental in the development of curriculum for the Network Security Officer and Communication Officer training courses of instruction. CSCS was directed by the CNO to develop courses for junior officers who need to enhance their knowledge and skills to manage information systems technology, communication and information security aboard various class ships," said Harris. "His ability to keep everyone on target, maintain a positive work environment and communicate the organization's goal and objectives demonstrated his management skills. Eddie's hands-on involvement from start to finish resulted in the successful course promulgation and his direct feedback allowed the stakeholders to take pride and ownership in a project that went beyond the call of duty."

Taylor thanked his co-workers and the domain as a whole for their continuous support.

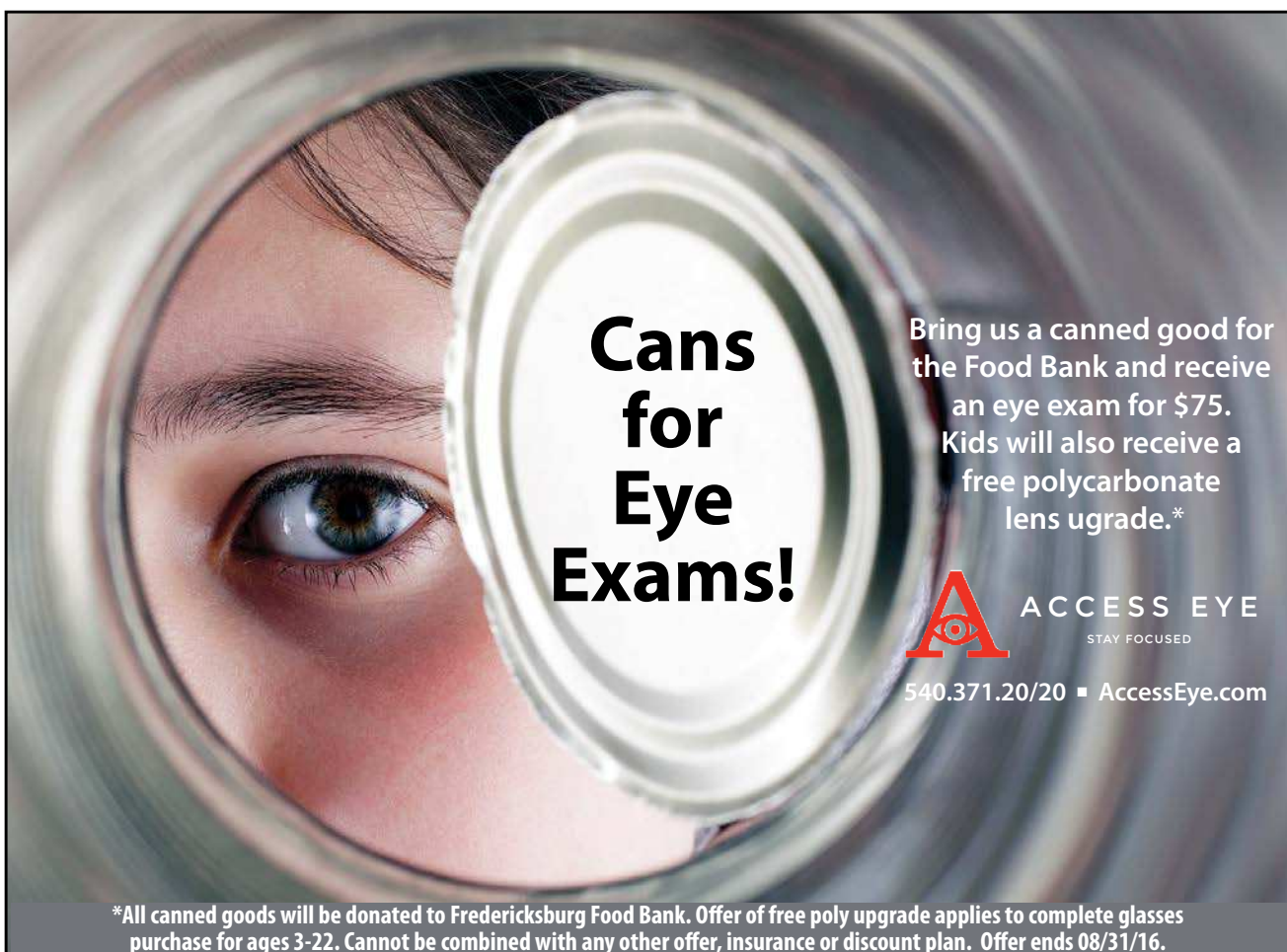
"Thanks so much to everyone throughout the CSCS organization for your professionalism," he said. "This selection is rewarding on numerous levels and highlights my core values for doing a job well done through faith, family and friends."

CSCS' mission is to develop and deliver surface ship combat systems training to achieve surface warfare superiority. CSCS headquarters' staff oversees 14 Learning Sites and provides nearly 70,000 hours of curriculum for 700 courses a year to more than 40,000 Sailors. CSCS delivers specialized training for Officer and Enlisted Sailors required to tactically operate, maintain, and employ shipboard and shore-based weapons, sensors, and command and control systems utilized in today's Navy.




U.S. NAVY PHOTO BY DARYL ROY, AEGIS TRAINING AND READINESS CENTER

Center for Surface Combat Systems (CSCS) Commanding Officer, Capt. Bill McKinley, recognizes CSCS Training Specialist Eddie Taylor as CSCS Civilian of the Quarter (COQ) for the second quarter of 2016 at an awards ceremony Jul. 20.



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*All canned goods will be donated to Fredericksburg Food Bank. Offer of free poly upgrade applies to complete glasses purchase for ages 3-22. Cannot be combined with any other offer, insurance or discount plan. Offer ends 08/31/16.

Taking a Glance at the Military Blended Retirement System

By Brian Pampuro, AFC
Personal Financial
Manager
Fleet and Family Support
Center Bethesda

As the Department of Defense (DoD) transitions to a new pay system for retirees, as many as 1.8 million active duty and reserve component members will be given an option to switch to the new "Military Blended Retirement System" (MBRS) that Congress enacted under the FY-2016 National Defense Authorization Act. The new system is scheduled to go into effect on Jan. 1, 2018. Personnel who join the military on or after Jan. 1, 2018 will be automatically enrolled in the MBRS. Personnel who joined the military after Jan. 1, 2006 but before Jan. 1, 2018 will be provided the option to switch to the new plan and personnel who joined the military prior to Jan. 1, 2006 will be "grandfathered" in their current retiree pay plan.

The new system is called "blended" because it combines the current annuity (Defined Benefit Plan) that retirees with twenty years of service

or more earn with the Thrift Savings Plan (Defined Contribution Plan). Additionally, a third key feature labeled "Continuation Pay" will also be added for personnel who are willing to obligate to at least four additional years of service at the twelve year mark in their career. The new MBRS model closely resembles the Federal Employee Retirement System.

Some of the highlights and goals of the new MBRS include:

Automatically creating TSP accounts for all service members and beginning government contributions equal to 1 percent of basic pay after 60 days on active duty.

Automatically setting service member's voluntary personal contributions to the TSP at 3 percent of basic pay.

Allowing service members to opt out of that 3 percent voluntary contribution of basic pay only after completing financial literacy training at their first duty station.

Allowing the TSP to "vest" and be legally transferred to individual service members after two years.

Beginning a government dol-

lar-for-dollar match of individual service member's out-of-pocket TSP contributions, up to 4 % of base pay at the start of the third year of service through twenty six years of service. Coupled with the previously mentioned 1% automatic contribution, the total government contribution to the service member's TSP account would equal 5%.

Allowing the individual military services to offer "continuation pay" to boost retention.

Shrinking the size of the current pension by 20 percent. Retirees currently earn 2.5% of the "High 36" average of base pay times the number of years served. Under the MBRS, that rate will drop to 2.0% of the "High 36" average of base pay X number of years served. With this reduction, DoD estimates an overall savings of \$1.9 billion by the year 2021.

Should You Choose the Military's Blended Retirement System? Perhaps that's not even a fair question until you've had a chance to learn as much as you can about it.

The goal of DoD is to make sure that

personnel who are eligible to switch to the new MBRS will be armed significantly enough to make a well informed decision. Training and education programs will become widely available as the military prepares for this major transition.

Whether transitioning to the MBRS or not, it is certainly prudent for all military (and civilian) personnel to learn as much as they can about the Thrift Savings Plan and to utilize the funds within TSP to enhance their retirement savings.

As we move closer to the MBRS, service members will see dozens of articles and some planning calculators offered between now and Jan. 1, 2018. However, an article that I recently read offered these quick and simple thoughts regarding the MBRS for most of today's service members:

1. If you think you're staying on active duty for at least 20 years, then stick with the current High Three retirement.

2. If you're pretty sure that you're leaving active duty before 20 years then take the new Blended Retirement System if you are eligible.

ment System if you are eligible.

Training on the new MBRS is currently being offered in Joint Knowledge On-Line (JKO). The course title is J3OP-US1330 Leader Training to Introduce the Blended Retirement System (BRS) For the Uniformed Services. Although this course is designed to give Leaders insight to the new MBRS, I recommend that everyone complete the training and become more familiar with the elements and verbiage of the MBRS.

In a nutshell, while we are waiting for more training and information, think about how these changes to the retirement system can affect you and your family as you prepare and consider your long range retirement planning goals.

Naval Support Activity South Potomac (NSASP) Fleet and Family Support Center Personal Financial Management staff able to provide any assistance needed. Contact 540-653-1839 for further information or class schedules or if you would like to meet with a Financial Counselor to discuss any of your financial concerns.

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Three Sailors are Certified as NMCRS Caseworkers at NSF Dahlgren



NSF Dahlgren has three newly certified caseworkers for FC1 Bryant, FC1 Detrollo, FC1 Weaver and FC1 Derden for the Navy Marine Corps Relief Society (NMCRS). NMCRS Dahlgren provides a wide range of services to Active Duty and retired Sailors and their families. Quick Assist loans are available to Active Duty Sailors Tuesdays and Thursdays 8-11 a.m. and Wednesday noon to 3 p.m. For more information visit the Fleet and Family Service Center located at 6027 School House Lane behind the NSWC Credit Union or call them at 540-653-1839 or 1-800-500-4947.



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