



SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



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page on your
smart phone

INSIDE:

Einstein, Denzel
Washington and
da Vinci
Connections
Cited at a Navy
2017 Academ-
ic Recognition
Ceremony

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Bells Across America Ceremony Honors Fallen, Gold Star Families

By **BARBARA WAGNER**
South Potomac Pilot

The solemn intonation of the ship's bell rang out across Naval Support Facility (NSF) Dahlgren on Sept. 21 for 53 local fallen service members whose names were read at the Bells Across America ceremony, held at the Naval Support Activity South Potomac (NSASP) Headquarters flagpole.

This was the second year the program was held aboard the facility and coincides with the Gold Star Mother's and Family's Day.

"This is an opportunity for us to remember our fallen comrades and support their families," NSASP Executive Officer Cmdr. Robert Lusk said as he opened the ceremony.

Lt. Joshua Okwori, command chaplain for NSASP, gave a brief invocation and was followed by NSASP Commanding Officer Capt. Michael O'Leary who offered condolences on behalf of the command to the Gold Star families that were present for the ceremony.

"While I have not personally experi-



U.S. NAVY PHOTO BY ANDREW REVELO/RELEASED

ABH2 Zachary Morgan, assigned to Naval Support Activity South Potomac (NSASP), consoles a Gold Star mother at the Bells Across America ceremony Sept. 21 at Naval Support Facility (NSF) Dahlgren, Va.

enced the loss of a family member in service to our country, we often speak of our service in the military as a brotherhood and sisterhood," O'Leary said. "I

would like to share a brief personal recollection of a terrible day when some of my Navy brothers and sisters were lost."

O'Leary shared the heartache of loss that he and his fellow shipmates experienced at the loss of four of their comrades in an accident on the flight deck of the USS Enterprise (CVN-65) and explained that while his loss could never mirror the depths of the loss of a loved one, he shared in their anguish.

"While these perceptions remain vivid in my mind, they absolutely pale in comparison to the heaviness you must feel in your souls, the weight you must feel in your hearts and the insufferable passage of time you endure while you long for your loved ones," O'Leary said.

In closing, O'Leary shared the comfort of scripture with those Gold Star Families in attendance by reading a passage from the Bible — Luke 9:24, "For whoever wishes to save his life, shall lose it: but whoever will lose his life for my sake, the same shall save it."

"Today, please know that the sacrifice of you and your loved ones are for-

See **Bells**, Page 7

Power of Integration Tested at 2017 USS Dahlgren Naval Technology Exercise

By **JOHN JOYCE**,
NSWC Dahlgren Division Corporate
Communications

The power of a Navy strike group's interoperability with unmanned vehicles, surface and air assets, guns, missiles, and combat systems was proven at the 2017 USS Dahlgren demonstration, Sept. 13-14.

Hundreds of visitors — including 40 distinguished visitors from military, government, and academia — observed this power at the Annual Navy Technology Exercise (ANTX) as the USS Dahlgren's capabilities were demonstrated.

The cybernetic ship simulated the USS Dwight D. Eisenhower (CVN 69) strike group, hitting targets virtually and with live fire via Littoral Combat Ship (LCS) 30-millimeter guns and Aegis MK 46 gun system 5-inch guns on the Potomac River Test Range.

ANTX featured virtual and hardware representations of combat systems on the Eisenhower strike

group that comprised USS Gridley (DDG 101), USS Fort Worth (LCS 3), USS Milwaukee (LCS 5), USS Freedom (LCS 1), and USS Mason (DDG 87) during live fire destruction of surface threats. Throughout the event, an MH60R helicopter, an MQ-8B Fire Scout unmanned autonomous helicopter, a Scan Eagle unmanned aerial vehicle (UAV) and an unmanned surface vessel (USV) identified and tracked threats over-the-horizon. At one point, an autonomous USV — equipped with an inert front-end portion of a Longbow Hellfire missile — staged simulated Longbow Hellfire salvos.

The air assets — upgraded with enhanced radar technologies — and the USV provided real-time targeting throughout the exercise. Track and engagement information was shared across the strike group proving an ability to conduct experimentation in a



U.S. NAVY PHOTO BY JOHN JOYCE/RELEASED

A visitor wearing augmented reality glasses at the 2017 Annual Navy Technology Exercise (ANTX) engages in mixed reality training as he fires on fast attack craft and fast inshore attack craft (FAC-FIAC) with an M-2HB .50 caliber machine gun simulator.

See **Exercise**, Page 8

Einstein, Denzel Washington and da Vinci Connections Cited at a Navy 2017 Academic Recognition Ceremony

By **JOHN JOYCE**,
NSWC Dahlgren Division
Corporate Communications

How did theoretical physicist Albert Einstein and two-time Oscar winner Denzel Washington make a difference in the lives and careers of Navy civilians?

What is the Leonardo da Vinci connection? How did the Naval Postgraduate School (NPS) get involved?

The riddle was solved at the 2017 Naval Surface Warfare Center Dahlgren Division (NSWCDD) Academic Awards Ceremony held at the University of Mary Washington Dahlgren campus, Sept. 19.

Wilfredo Padilla-Vargas and Jose Martinez-Casiano did not say a word but nevertheless answered the Einstein, Washington, and NPS questions before a packed audience.

As Padilla-Vargas walked up to the stage to receive his academic award from NSWCDD Commanding Officer Capt. Godfrey "Gus" Weekes, NSWCDD Technical Director John Fiore, and Cmdr. Andrew Hoffman, commanding officer of NSWCDD Combat Direction Systems Activity Dam Neck – words appeared on the big screen.

"Intellectual growth should commence at birth and cease only at death."

This Albert Einstein quote inspired Padilla-Vargas as he pursued and completed his master's degree in systems engineering from NPS.

When Jose Martinez-Casiano was honored for his NPS master's degree in systems engineering, the audience read a Denzel Washington quote that encouraged the NSWCDD engineer as he worked on his graduate degree program.

"Nothing in life is worthwhile unless you take risks. Fall forward. Every failed experiment is one step closer to success."

"We gave all of our employees that earned degrees the option of sending in quotes," said Kim Thornton, NSWCDD's academic programs manager. "The quotes could reflect their time working on the degrees, they could be quotes that were particularly inspiring to them, or they could be advice for those that may be following in their footsteps and considering pursuing degrees. The quotes do not necessarily reflect the views of the government or the Navy or NSWCDD Dahlgren, but they do reflect the individuals and the diversity of our organization, which is fantastic."

In all, NSWCDD leadership honored 111 employees for their academic and professional achievements at the command's 21st annual celebration of academic success.

They recognized scientists and engineers as well as business and technical leaders who completed professional certifications or academic milestones covering the spectrum of bachelor's, master's, and doctoral degrees.

NSWCDD employees were recognized for earning three doctoral degrees, 52 master's degrees, and 36 baccalaureate degrees between August 2016 and August 2017.

The majority of the bachelor's degrees earned were by employees participating in student programs such as the Pathways Internship Pro-



U.S. NAVY PHOTO BY PATRICK DUNN/RELEASED

Naval Surface Warfare Center Dahlgren Division (NSWCDD) employees honored at the command's 2017 academic awards ceremony are pictured after the event where they were commended for successfully taking on the challenges of balancing work and family responsibilities with academics to obtain certifications or degrees.



U.S. NAVY PHOTO BY PATRICK DUNN/RELEASED

Ajoy Muralidhar, Kathleen Jones, William Catoe, David Fredrickson, David Shuttleworth, Joseph Carter, and Jessica Hildebrand, (l to r), are pictured with their certificates of achievement at the 2017 Naval Surface Warfare Center Dahlgren Division (NSWCDD) academic awards ceremony. The government civilians were among 13 employees selected for the fiscal year 2018 Academic Fellowship Program.

gram – established to provide degree-seeking students with exposure to public service while enhancing their educational experience, and possibly providing financial aid to support their educational goals.

In addition to core engineering disciplines – mechanical, electrical, and systems engineering – this year's graduates earned degrees in diverse fields such as aerospace engineering, cybersecurity, chemistry and biology, national security and strategic studies, human factors and applied cognition, accounting, geology, and computer forensics.

The awardees included 13 academic fellows and eight professional or academic certifications ranging from a cyber security – chief in-

formation security officer certification to two defense financial manager certifications.

"Our academic program is a robust developmental investment," said Thornton after the ceremony. "It offers the opportunity for our employees to take academic courses or pursue a degree to enhance or further our mission of technical and business excellence."

Weekes and Fiore, in their welcoming and closing remarks respectively, praised the awardees for their dedication, time, and sacrifice necessary to complete their degrees and enhance their capabilities to support the Fleet and the warfighter. They also commended the families, friends, and colleagues who supported NSWCDD employees in their pursuit and

achievement of the milestones for which they have been recognized.

"We all realize that when one of our employees is pursuing a degree or certification, they are only able to do so with the patience and support of those around them, so thank you all for your contribution to these successes," said Weekes.

Finally, on the back of the program – below a list of the honored NSWCDD civilian employees with their degrees or certifications and corresponding academic institutions – the Leonardo da Vinci connection was made through words borrowed across five centuries.

"It had long since come to my attention that

Commander, Naval Surface Warfare Center, Rear Admiral Tom Druggan visits NSWC IHEODTD



U.S. NAVY PHOTO BY TODD FRANTOM

NSWC IHEODTD's Bryan Kilikewich discusses Cartridge Actuated Device / Propellant Actuated Device (CAD/PAD) manufacturing with Commander, Naval Surface Warfare Center, Rear Admiral Tom Druggan, as Operator Sadie Cobey demonstrates the production process during the admiral's visit Sept. 13. The JAU-8 Initiator is one of many CAD/PAD products produced exclusively here at NSWC IHEODTD.



U.S. NAVY PHOTO BY MATTHEW POYNOR

Naval Surface Warfare Center (NSWC) Commander Rear Adm. Tom Druggan awards NSWC Indian Head Explosive Ordnance Disposal Technology Division (IHEODTD) Special Assistant for the Executive Manager, DoD EOD Technology and Training, Terry Briggs the Department of the Navy Superior Civilian Service Award, Sept. 12.

Gray's Landing on the Potomac — Made From Scratch Alternatives to Drive Thru

By **BARBARA WAGNER**
South Potomac Pilot

From its humble exterior, Gray's Landing on the Potomac Restaurant on Naval Support Facility Dahlgren may look like any other "chow hall" on a military installation, however, once inside, it becomes quickly evident that there is more than meets the eye.

Nearly everything on the menu is cooked from scratch, right down to the hand-cut french fries and the hand-formed burgers on the quick menu. The daily fare offered varies from your standard 'cafeteria' menu. Recently the facility served up traditional German fare to celebrate Oktoberfest including freshly made schnitzel, braised red cabbage, bratwurst and beef rouladen. Offerings can vary from Pad Thai, Caribbean Jerk chicken, fried clam strips and other diverse tastes, but by far the clear menu favorites are classic comfort foods.

"We try to tailor our menus to the student's tastes," Gray's Landing Chef Steve Forsyth said. "For some, this is their first time away from home so we like to make sure there are 'just like mom used to make' menu items like the meatloaf and mashed potatoes or the fried chicken and macaroni and cheese, those comfort home classics."

Forsyth explained that they serve three meals a day during the week and have hot and cold offerings for all of them. For breakfast, the kitchen serves fresh custom-made three-egg omelet or you can choose over easy to over hard eggs or scrambled, bacon, sausage and other breakfast meats, alongside fresh fruit, hot and cold cereals, waffles or pancakes, assorted pastries and breads, and sides like grits.

From 11 a.m. to 1 p.m. the facility is a whirlwind of activity for lunch. In addition to two different entree offerings and sides,



U.S. NAVY PHOTO BY BARBARA WAGNER

Your Way, Right Away: Chef Steve Forsyth takes a custom order for the grill. Gray's Landing Restaurant on the Potomac offers made-to-order items from the grill alongside their regular meal offerings.

BASE HAPPENINGS

What's Going on Inside the Fenceline?
Dahlgren

Commissary Early Closing

The Commissary will close early at 4 p.m. on Saturday, September 30, for a complete store reset. The store will re-open on Tuesday, October 2 at 9 a.m.

Price Change at Gray's Landing

Effective Oct. 1, meal prices at Gray's Landing on the Potomac Restaurant will be increasing by a dollar per meal. Anyone with base access is welcome to dine. New prices as of Oct. 1 will be:

Breakfast: \$6.50
Soup & Salad: \$7.50
Lunch: \$9.00
Dinner: \$9.00

Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.-2 p.m. for all shoppers with base access. 'Like' on Facebook @Dahlgren-SecondTour

Our Daily Bread Giveaway

The Chapel provides a bread and baked goods giveaway, with donations from Walmart at the Chapel Annex on Tuesdays beginning at 11 a.m. For any questions contact the Chapel at 540-653-8297.

Indian Head

FFSC Relocated at NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1.

Beat the Rush! Don't Wait!

Appointments are available now for school and camp physicals for next school year. Call 301-744-4686 to schedule at Branch Health Clinic Indian Head.

Market Fresh Bistro Now Serving Lunch

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is proudly serving Starbucks beverages and breakfast staples as well as freshly made lunch items. The facility is open Monday — Friday, 6 a.m. — 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Visit Us Online www.dcmilitary.com

Community Notes

Local Events on Both Sides of the Potomac
Dahlgren

Teen Enrichment Network Fundraiser at Harry's Alehouse

Teen Enrichment Network provided two scholarships at their Spring Summit, one for \$1000 and one for \$500. Join them on Monday, Oct. 9, 4:00 to 9:00 pm. when Harry's will be giving 10% of all sales during that time to our scholarship fund. Spread the word and come enjoy a great meal while you help send members of the class of 2018 to college. If you can't join in the fun there, make a donation to Teen Enrichment Network, 7124 Salem Fields Blvd., PMB #121, Fredericksburg, VA 22407.

King George Fall Festival

The 59th Annual King George Fall Festival parade will be held on Oct. 14, RAIN or SHINE. The parade begins at the King George Smoot Library and concludes at the

King George High School. Parade starts at 11 a.m. For more information about the parade, the festival and craft show that follows visit <http://www.kgfall-festival.com/schedule/>

King George County "Great Pumpkin Race" and Trunk or Treat

Oct. 20 at Barnesfield Park. Flashlight Scramble with more than \$1000 in prizes to be found, four age bracket events. Must pre-register for the rance and/or the Trunkor Treat Event by Thursday Oct. 20 at the King George Citizen's Center or call 540-775-4686.

Combat Veterans Motorcycle Association Meetings

Southern area (King George/Dahlgren/Colonial Beach) Combat Veterans Motorcycle Association (CVMA) bike night are meeting the 4th Thursday in Fredericksburg at Brock's. If interested in CVMA, the support they provide or want to donate contact Jere-

my.Cannedy@gmail.com. For more information visit <http://cvmavirginia27-2.org>

Scholarship Available For Active Duty, Spouses and Vets at UMW

UMW is offering a scholarship providing qualified active duty service members, spouses, or honorably discharged veterans the opportunity to receive a 25% military tuition scholarship for graduate degree programs: Master of Business Administration or Education and Master of Science in Geospatial Analysis. Please contact the Office of Graduate Admissions for more info at 540-286-8000 or email graduate@umw.edu.

Indian Head Last Concert of the Summer — La Plata Summer Concert Series

Friday, Sept. 29 on the lawn at La Plata Town Hall from 7-9 p.m. Concert-goers are encouraged to bring blankets and lawn chairs. Coolers allowed,

but no alcohol. Concessions available from the Town's food trailer located near the back of the parking lot. Play area for children. This week's concert features the U.S. Navy Jazz Band, "The Commodores". Jazz is America's music and the U.S. Navy Band Commodores, the Navy's premier jazz ensemble, have been performing the very best of big band jazz for the Navy and the nation for over 40 years.

Free Spay/Neuter Clinics

You may qualify for free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County at 301-645-8181 for more details.

Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.



Aquatics Center

540-653-8088

Columbus Swim

October 1-31

Log your laps with an Aquatics staff member and watch the ship travel around as you accumulate miles to match Christopher Columbus' voyage across the

Atlantic Ocean. Open to all with base access 16 years and older. Cost: Regular Admission

Fall Swim Lessons

October 10 – November 7

Parent and Child, Level I, II, III and IV age groups are available for swim lessons Tuesdays and Thursdays. Minimum enrollment of 3 participants per class. Cost: Military, \$45.00. All Others, \$50.00. Private swim lessons are available at an additional cost.

Family Float Night

October 13, 5 – 7 p.m.

Bring your inflatable and

float your way into the weekend! The featured movie will be Monster House (Rated PG). The pool will close at 6 p.m. if no one is present. Open to all with base access. Cost: Regular Admission

Auto Skills/Outdoor Recreation

540-653-4900

Auto Skills features four bays and three lifts with tools and equipment for do-it-yourself automotive repair, engine diagnostics, suspensions components replacement, tire mounting and balancing and general maintenance. Cost:

Active duty, dependents, retirees \$6.00 per hour. All others, \$7.00 per hour. Includes one bay, tools, equipment and fluid disposal.

Outdoor Recreation offers a selection of recreation equipment for fishing, camping, picnics, sporting equipment and special events. Download the Outdoor Recreation Gear Issue & Equipment Rental price list, Moon Bounce and Travel Trailer rentals from www.NavyMWRDahlgren.com/recreation and select Outdoor Recreation Rentals.

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SOUTH POTOMAC PILOT

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www.dcmilitary.com/dahlgren

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non-merit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

Editorial content is edited, prepared, and provided by the Public Affairs Office, NSA South Potomac. News copy should

be submitted by noon on Friday to be considered for the following week's edition. All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-848-0175.

Capt. Michael O'Leary

Commanding Officer,
NSA South Potomac

Jeron Hayes

Public Affairs Officer,
NSA South Potomac

Andrew Revelos

Editor

Barbara Wagner

Staff Writer

MWR

Continued from page 4

Cannonball Lanes
Bowling Center

540-653-7327
Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00
Shoe Rental: Military \$1.50, Civilian \$2.50.

Sunday Special
Sundays, 11 a.m. – 9 p.m.
Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays
Tuesdays, 11 a.m. – 9 p.m.
Every Tuesday, get a lane for one hour of bowling for only TEN dollars!

Buy a Game, Get a Game Wednesdays
Wednesdays, 11 a.m. – 9 p.m.
Every Wednesday, buy one game; get the second game for FREE!

All-U-Can Bowl Fridays
Fridays, 7 p.m. – 11 p.m.
Join us every Friday for a two-hour, all you can bowl special! Cost: Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Cosmic Bowling
Saturdays, 7 p.m. – 11 p.m.
Enjoy music and lights while bowling!

Bowling Bingo
October 18, 5 – 7 p.m.
Join us for a Bowling Bingo! First one to Bingo in the game wins a \$50 gift card. For more information on rules and regulations, call Cannonball Lanes. Cost: \$10.00 per person; includes shoes, two cards and two games

Halloween Bash
October 27, 6 p.m.
Cannonball Lanes will host a costume contest for adult, youth and baby contestants. Winners receive a \$50 gift card! Snacks and refreshments will be available. Cost: Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Child & Youth
CDC I 540-653-4994 /
CDC II 540-653-4342
YAC 540-653-8009

Start Smart
October 31 – November 16
Registration opens Sept. 18 for Start Smart Fall 2017 held Tuesdays and Thursdays 4:30

See **MWR**, Page 6

HELP GIVE OUR MILITARY FAMILIES A HELPING HAND.

Wounded Warriors Family Support (WWFS) is an independent nonprofit organization whose mission is to improve the quality of life for our combat wounded.

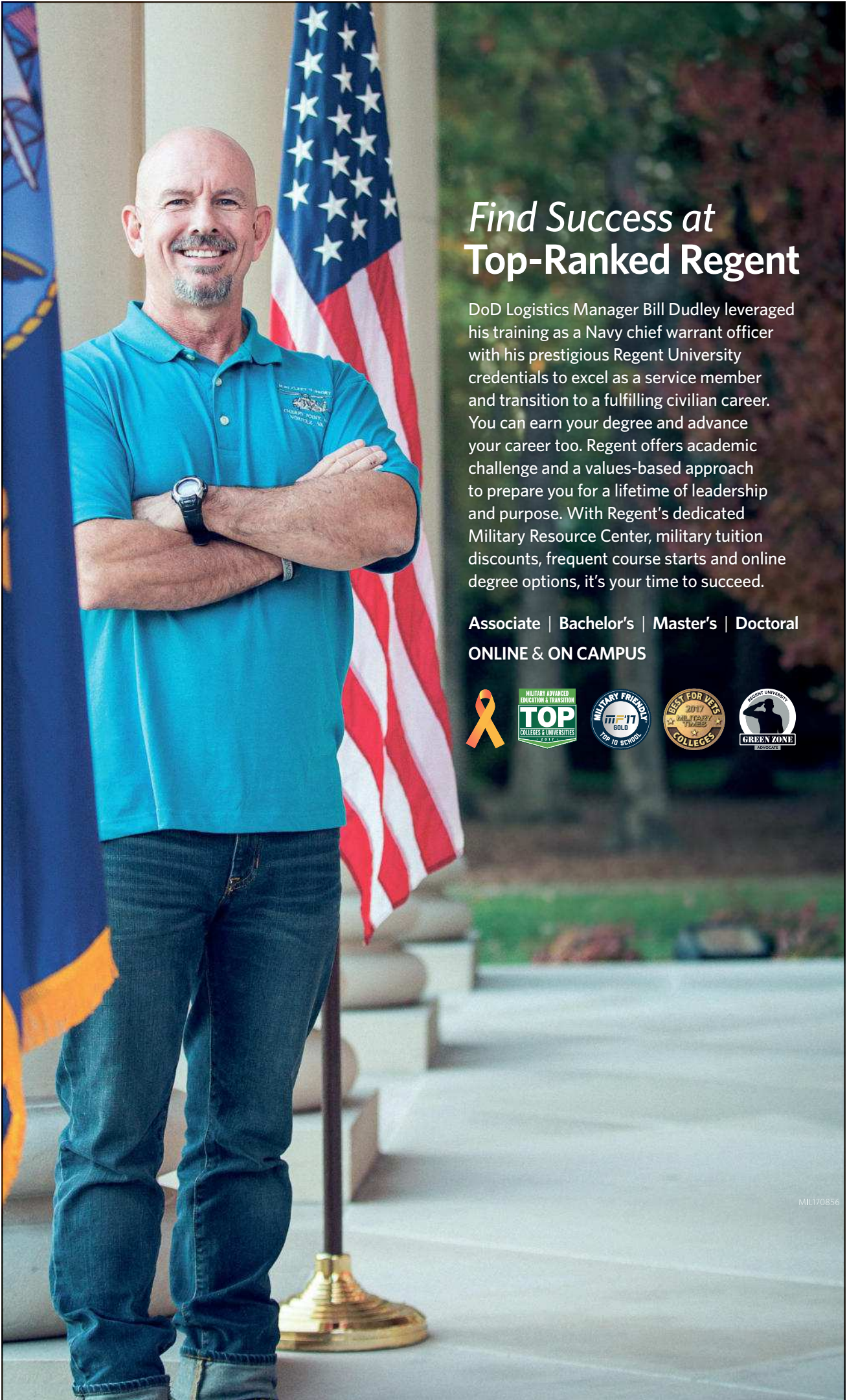
Earning Charity Navigator’s highest four-star rating, WWFS serves veterans and their families across the country in a variety of ways: Respite, Family Retreats, Mobility-equipped Vehicles and Veterans Welding Training.

CFC# 81534
wwfs.org



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MWR

Continued from page 6

sic. Maracas sometimes called rumba shakers, shac-shacs, and various other names, are rattles which appear in many genres of Caribbean and Latin music.

Closed

All MWR Locations
Monday, Oct. 9, Columbus Day.

The Book Character Pumpkin Project

Oct. 16, 9:00 am
Indian Head family and friends help make our library a very festive place this October! We are kicking off our first annual book character pumpkin contest.
Pick up and decorate a pumpkin (or gourd) as a book character or with a literary theme and drop it off at the

Indian Head General Library (Bldg 620) desk for display from Oct.16, — Oct. 24, at 5 p.m. Library staff will vote for the best literary pumpkin on October 25. Please Note: The library cannot accept carved pumpkin submissions. Only painted and/or decorated whole pumpkin submissions may be entered into the contest. Book or printed cover page of the book should accompany the pumpkin submissions. Submissions will not be accepted after Oct. 24, at 5 p.m.

Storybook Yoga

Thursdays from 10:30 –11 a.m.

Let's have fun with books and get energized. Open to children and their parents, grandparents and caregivers! Cost: Free

Storytime Play Dates

Tuesdays at 10:30 – 11:30

a.m.
Parents grab a cup of coffee and mingle with other moms for play dates at the library. First 10 minutes will be a story, song, and a rhyme followed by free play time. For Toddlers and Preschoolers.

Renaissance Festival in Crownsville, Md.

Saturday, Sept. 23, 9 a.m.
Call 301-744-4850 for details and pricing.

Indian Head Globe & Anchor/ Tiki Bar

301-744-6487
Make sure to LIKE us on Facebook to see the exciting drop-in events throughout the month.

Indian Head Liberty Center

301-744-4524

Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2.00/ game; Civilian \$3.00/game; Shoe Rental \$1.00

Party Rental

Rent Stars & Strikes for your next celebration! Cost: 2-hour rental prices are \$60 for military and \$70 for civilians. Price includes 4 private lanes, shoes, cosmic lights and a whole lot of fun!

Open Bowling

Fridays and Saturdays, 5 – 10 p.m.
Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

Lunchtime Bowling

Wednesdays, 11 a.m. –1 p.m.
Take a break from the office and unwind with a game or

two of bowling! Want a quick bite while you play? Visit online for the menu. Contact Stars & Strikes for more information.

Cosmic Bowling

2nd and 4th Saturday, 5 –10 p.m.

What glows in the dark and is too much fun to miss? Cosmic bowling at Stars & Strikes Bowling Center!

Bowling Leagues Now Forming

Leagues will be made up of mixed teams of four and substitute bowlers for the upcoming season.

Indian Head Weight House Fitness Center

301-744-4661

Navy Birthday Nautical Mile

Oct 12, 11 a.m.-12 p.m.
Celebrate the upcoming Navy Birthday with us by running a Nautical Mile! Register

at the Weight House Fitness Center now through 10:30 a.m. on race day. Eligible patrons include all with base access ages 10 and older. For more information, call the WHFC at (301) 744-4661.

EODemon 5K

Oct. 24, 11 a.m.

Get your spook on as you race the haunted course through Stump Neck's creepy woods. Each runner will be given 2 flags prior to the run. Watch out for the EODemons on the course! Return in one piece and we will subtract 5 seconds from your time for each remaining flag. Prizes will be awarded to the fastest two male and female runners. Race day registration will be held at the Stump Neck Fitness Center. Any participant younger than 18 must have a consent form signed by his/ her parent.

Bells

Continued from page 1

ever appreciated by a grateful nation," O'Leary said.

To commemorate the 53 service member's names honored that day, Boatswain's Mate 2nd Class Jordan Lee read aloud their names, and each name was followed by the ringing of the boat's bell by Culinary Specialist 3rd Class Kyle Rote. At the conclusion of the reading, Rote sounded four bells in remembrance of all service members that have fallen.

Okwori offered a benediction and a rendition of taps completed the ceremony

Several members of the Combat Veterans Motorcycle Association attended the ceremony, and Road Captain Bruce Houston summed up for all why they attended the event that day.

"I come to remember my brothers and sisters," Houston said.

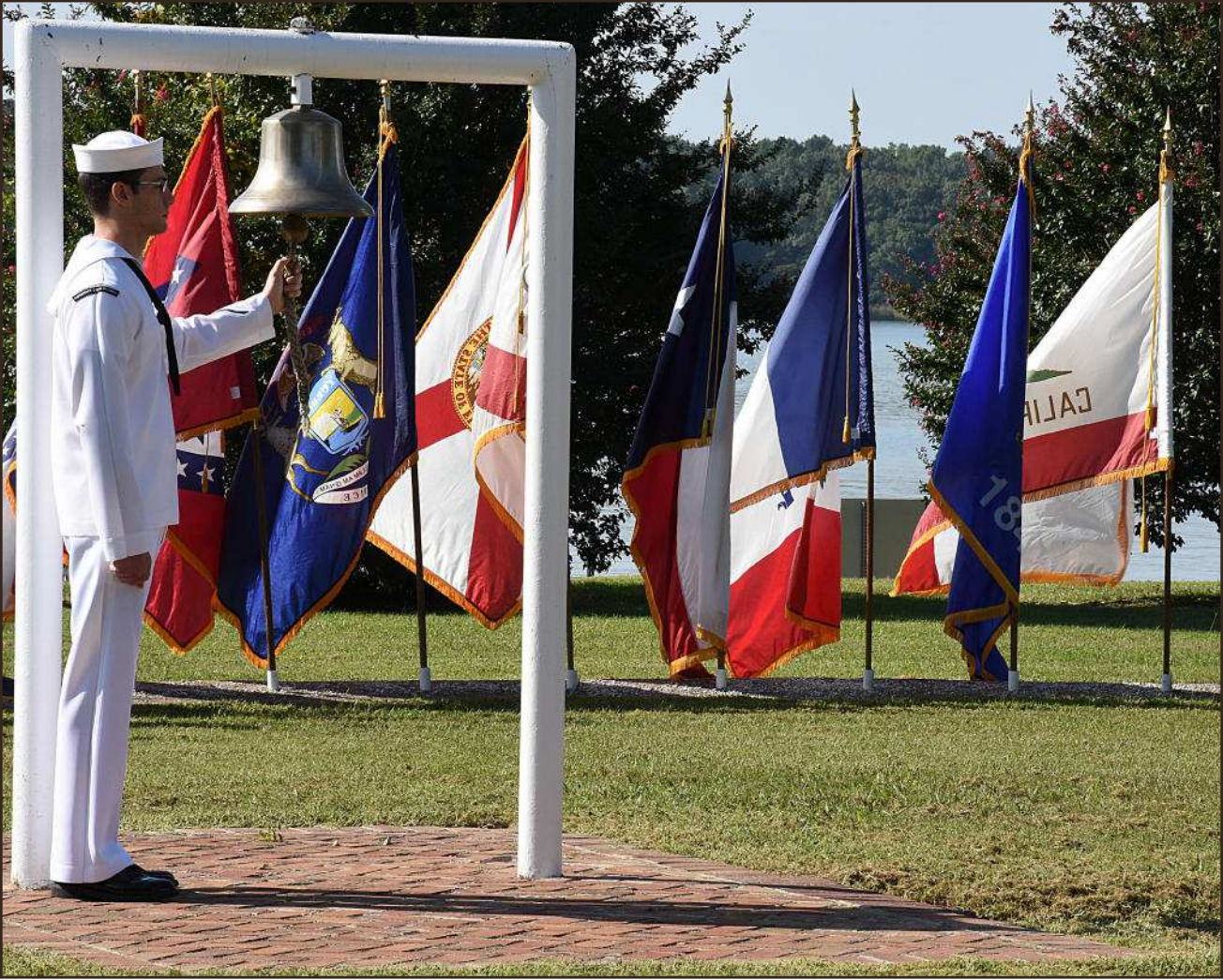
The family of fallen servicemember Staff Sgt. Thomas Florich III expressed their gratitude for the recognition of their son in the ceremony.

"I've heard it said that you die twice, once when you take your last breath and once when the last person says your name," Stephen Florich, father of the deceased said. "It was good to hear his name."

Patricia Jackson, Naval District Washington (NDW) Navy Gold Star Program regional coordinator, attended the event at NSF Dahlgren.

"The Gold Star Program's mission is to make sure that family members and loved ones are supported," Jackson said. "We want them to know that we are there for them and that the sacrifice of their loved one is never forgotten; the Bells Across America program is one way we can do that."

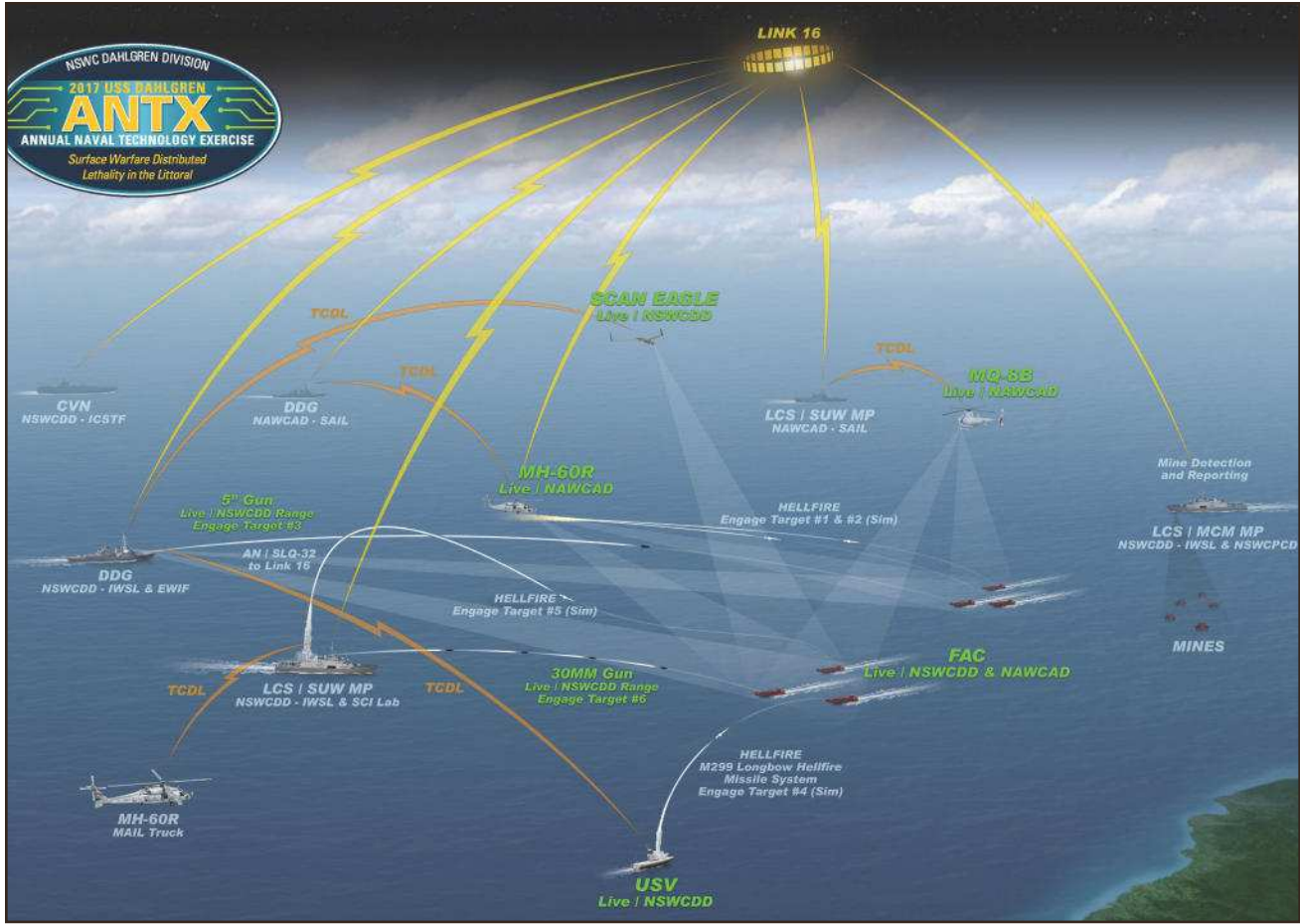
The Bells Across America program pays tribute to fallen service members regardless of cause of death or branch of service.



U.S. NAVY PHOTO BY ANDREW REVELO/RELEASED

CS3 Kyle Rote, assigned to Naval Support Activity South Potomac (NSASP), rings a bell for each of the 53 fallen service members from the local region whose names were read at the Bells Across America ceremony Sept. 21 at Naval Support Facility (NSF) Dahlgren, Va.

Call Us for Your Advertising Needs 301-921-2800



Artist's rendering of the live fire event at the 2017 USS Dahlgren Annual Naval Technology Exercise (ANTX). The event demonstrated netted manned and unmanned system integration for surface warfare in the littorals.

Exercise

Continued from page 1

high-fidelity, distributed architecture.

“We are showcasing all of the good work that we and the NR&DE (Naval Research and Development Establishment) have done, and the seriousness of our role to close the gap for the warfighter,” Naval Surface Warfare Center Dahlgren Division (NSWCDD) Technical Director John Fiore told the visitors before the exercise commenced. “Our partnership with industry, academia, and our brothers and sisters in the NR&DE is critical because the only thing we’re here to do is to take care of the Sailors and Marines who are out there and have to be effective and want to come home to their families safe.”

To keep warfighters safer, the U.S. Navy plans to integrate remote sensors that feed target location data to ship combat systems. This will enable Sailors to immediately engage fast attack craft and fast inshore attack craft as well as other threats with existing gun and missile systems and emerging electric weapon systems. Currently, the integration of unmanned systems into the Fleet has been limited by a lack of direct communications with shipboard combat systems.

“Our sole purpose here is to identify where the warfighter gaps are and understand how we close those gaps,” Fiore emphasized to all regarding the event, hosted by NSWCDD in collaboration with Naval Air Warfare Center Aircraft Division and NSWC Panama City Division.

The visitors, including NSWCDD employees, saw Dahlgren’s ANTX address these integration challenges via a layered defense demonstration focused on distributed lethality in the littorals and rapid prototyping of new Fleet capabilities. What’s more, they witnessed emerging and innovative technologies align with future naval capabilities and had the chance to share new technologies, exchange ideas, and collaborate with the surface naval technology community.

“The ANTX demonstrations have been a valuable way for Marines to see targeted capabilities the Naval Warfare Centers are working on, opening the door to further discussions of future capabilities and the art-of-the-possible,” said Meggan Schoenberg, Combat Direction Systems Activity Dam Neck’s science advisor

to the Marine Corps Forces Command.

In effect, the USS Dahlgren exercise gave Schoenberg and many others an opportunity to evaluate the art-of-the-possible at the research and development level in a low-risk environment before these technological innovations become militarized and integrated at the operational level.

ANTX partnered with NR&DE, universities, and industry to demonstrate emerging capabilities and innovations in surface warfare. More than 60 emerging and innovative technologies were highlighted that provide an advantage to distributed forces, including naval surface combatants, to exercise sea control across a wide area extending into the littorals. Some of these relevant technologies include integration and control of unmanned vehicles, advanced sensors and sensor integration, track management, data fusion, and tactical displays.

“The ANTX events provide the Fleet a first-hand opportunity to see what the Warfare Centers are working on in an efficient and relevant way,” said Dr. Marcus Tepaske, U.S. Fleet Forces Command science advisor. “I was impressed with many of the 219 NISE (Navy Innovative Science and Engineering) projects and their alignment to naval systems and naval needs. It’s great to see what can be accomplished by leveraging the Warfare Centers’ internal development funding and engineering creativity. On the other end of the spectrum, the live fire scenarios showed how Dahlgren is pulling all of the pieces together to conduct end-to-end surface engagements jointly with Pax River (Naval Air Warfare Center Aircraft Division). I’m looking forward to future ANTX events across the Navy as they continue to mature and evolve in order to demonstrate even more capability for the warfighter.”

The USS Dahlgren ANTX accomplished several firsts, including:

- First demonstration of the newly integrated MQ-8B Fire Scout unmanned autonomous helicopter radar with LCS Combat System and Link 16.
- First prototype demonstration of a USV with the Battle Management System and Longbow Hellfire missile-launcher.
- First USV receipt of Unmanned Aerial System (UAS) cursor on-target data.
- First LCS Surface-to-Surface Missile Module simulated engagement from UAS targeting data.
- First employment of the NSWCDD-produced LCS Combat Management System (CMS) Portable Virtual Test Environment.
- First demonstration of the NSWCDD-CMS Integration Labo-



U.S. NAVY PHOTO BY MASS COMMUNICATION SPECIALIST 1ST CLASS RAFAEL MARTIE/RELEASED

The aircraft carrier USS Dwight D. Eisenhower (CVN 69) and its Carrier Battle Group (Ike CSG) participate in a strait transit exercise. The power of a Navy strike group’s interoperability with unmanned vehicles, surface and air assets, guns, missiles, and combat systems was proven at the 2017 Annual Navy Technology Exercise (ANTX) at the Naval Surface Warfare Center Dahlgren Division, Sept. 13-14.



U.S. NAVY PHOTO BY JOHN JOYCE/RELEASED

Navy engineers Gary Shearer and Ian Shafer, right, brief Marine Corps Warfighting Laboratory Commanding Officer Brig. Gen. (sel) Christian Wortman on the Multi-Purpose Unmanned Aerial Vehicle (UAV) Payload Dispenser at the 2017 Annual Navy Technology Exercise.

ratory (first Navy-owned LCS CMS laboratory).

- First demonstration of the LCS CMS Integration Lab connectivity to remote Mine Countermeasures Mission Package laboratories.
- First demonstration of a MH-60R Seahawk helicopter with a newly upgraded system configuration in the USS Dahlgren Link 16 environment.

Gray's Landing

Continued from page 3

patrons can choose to purchase items from their grill such as a fresh handmade hamburger or cheeseburger, BLT, Club sandwich, Philly cheesesteak sandwich and if you lean towards a paleo diet, Forsyth says that they also will prepare a chicken breast on the grill to serve as is or to top a salad from the expansive salad bar. A soup of the day is also offered along with a daily pot of chili.

Joselito Lonzanida, the food and beverage director is quick to point out that the soups are made from scratch daily.

"These are not prepackaged soups from a can; they are freshly prepared daily."

Each week, the facility offers two different special — hot grill items such as Rubens, Rachels or other panini sandwiches made fresh to order and a deli item such as a chipotle chicken wrap or other deli sandwiches

Dinner is served from 3:45 to 6 p.m. all week long and includes the same variety of dishes as the lunch menu provides.

If You Leave Here Hungry — You've Done Something Wrong!

Every meal includes the salad bar, a beverage — unlimited if you are dining in, as well as fresh warm yeast rolls and from-scratch dessert offerings including pecan pie, pumpkin pie, apple pie, chocolate cake and fudgy brownies along with fresh-baked daily variety of cookies.

"For nine dollars you can leave here stuffed," Forsyth laughed. "We have everything from soup to nuts."

Forsyth also stressed the fact that they are happy to accommodate diners who may have dietary restrictions.

"If you have any food allergies we let you know where there is gluten or if you have other special concerns we can work with you," Forsyth said.

Good Food to Go

Don't have time to stick around? You can always purchase a

Did You Know?

Gray's Landing on the Potomac Restaurant was formerly known as the Douglas T Gray Mess Hall. The facility's name honors U.S. Army Capt. Douglas T. Gray III, a resident of King George County.

Gray was killed in Viet Nam on December 9, 1969 while trying to save the lives of two wounded Vietnamese soldiers. Gray was also the first individual from King George County to receive an appointment to the United States Military Academy, West Point.



PHOTO COURTESY OF UNITED STATES ARMY

**U.S. Army Capt.
Douglas T. Gray III**

meal to go, and included with your takeaway meal are all of the extras included in the dining in meal. In fact, because the facility feeds between 200 and 250 patrons on any given two-hour lunchtime opening, grabbing a meal to go is just the ticket for many who stop in.

Charlotte Gaither and co-workers from Naval Surface Weapons Center Dahlgren Division are frequent to-go diners at Gray's Landing.

"What's not to love," Gaither said. "The food is delicious and fresh and it's a great value."

Coworker Amy Williams agrees readily. When asked what the best meal is, the ladies had a hard time coming up with just one!

"The lasagna is to die for," Williams said as she named off a list of favorites that included rotisserie chicken and pot roast "Everything is really fresh and so good."

FCC Kenny Fehrle stops in for lunch regularly and shared that the fare at Gray's is some of the best he has had aboard an installation.

Gray's Caters on Base

We are not just a cafeteria," Preston Sigmon, the catering director at Gray's explained. "We are a full-fledged restaurant, anything you can get outside the fence line we can offer, including catering for events on base, both here and at Indian Head."

Lonzanida explained that because they are not a traditional "chow hall" they don't have a set rotating menu schedule and are able to create menus in season.

"We are not bound to a cyclical menu, so the sky's the limit as to what we are able to put out as far as our menu."

Forsyth also provided that with that flexibility in menu planning, they are able to cater somewhat to requests.

"We'll have customers come in and say for example, 'When are you making jambalaya again?' and we say, 'how about next Thursday for lunch?'"

Why Fight the Traffic?

In addition to the varied and expansive menu of freshly prepared menu items, the convenience of not having to leave the base and wait in traffic to return adds to the appeal of dining in at Gray's Landing on the Potomac. Once you've had your meal, you can always swing by the Gray's Cafe Coffee Shop on your way out to pick up any one of the Starbucks branded sweet treats and grab and go menu items as well as Starbucks coffee — including seasonal favorites like Pumpkin Spice and Salted Caramel Mochas.

Gray's Landing is also opened for brunch on Saturday's and Sunday's from 10 a.m. to 1 p.m. and dinner from 4-6 p.m. Diners are welcome to bring family members aboard to dine.

"If you can get on base, you can eat here at Gray's," Lonzanida said.

Menu prices for the restaurant will increase on Oct. 1, but are still a fantastic bargain no matter which meal you stop in for. Breakfast prices will be \$6.50, lunch and dinner \$9.00 or if you're stopping in for some hot scratch-made soup and fresh salad, the price is \$7.50.

Upcoming NDW CREDO Workshops and Programing

The Chaplains Religious Enrichment Development Operation (CREDO) of Naval District Washington will be hosting several retreats and workshops throughout the month of June. Please contact CREDO NDW for more information or to register for these beneficial programs. All CREDO retreats are offered at no cost (to include lodging and meals) to the participants. To register, e-mail: credo.ndw.fcm@navy.mil, or call 202-404-8831/8830.

Marriage Enrichment Retreat

The next Marriage Enrichment Retreats (MERs) will be held Nov. 17-19 and Feb. 9-11 at the Westin Annapolis in Annapolis, Md. The MER is intended to help married couples build their relationship skills. The MER employs a combination of instruction, group and private discussions, exercises, and free time designed to help each couple grown their relationship in a relaxed and inviting environment free from everyday pressures and distractions. MERs are open to all active duty and immediate family and members of the reserve component in an active duty status and their immediate family. It is absolutely free, including meals and lodging. Childcare is NOT provided.

Personal Resiliency Retreat

The next Personal Resiliency Retreat (PRR) for active duty individuals and/or their family members will be held Jan. 19-21 at the Westin Annapolis in Annapolis, Md. A Personal Resiliency Retreat (PRR) is designed to assist participants in fostering positive personal growth and self-awareness. On this retreat participants will find a wealth of practical ideas and tips for personal growth that lead to increased resiliency. Through various activities participants learn to explore who they are, how the past has shaped who they are today, and the type of person they wish to become. Participants are prepared and encouraged to develop skills that enhance physical, psychological, social and spiritual dimensions of their lives. PRRs are open to all active duty and dependents over 18 and older, and members of the reserve component in an active status and their dependents. It is absolutely free, including meals and lodging.

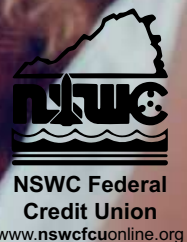
For more information or to register, contact Angee Mitchell at (202) 404-8831 or e-mail: angee.l.mitchell.ctr@navy.mil. For more information about any upcoming CREDO programs visit: www.facebook.com/NDW-CREDO



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Naval Surface Warfare Center Dahlgren Division (NSWCDD) employees are honored at the command's 2017 academic awards ceremony.

Ceremony

Continued from page 2

people of accomplishment rarely sat back and let things happen to them," began the da Vin-

ci quote. The Italian Renaissance polymath known for his discoveries in science, mathematics, and engineering as well as his works in painting, sculpting, architecture, literature, anatomy, geology, astronomy, botany, history and cartography finished his thought: "They went out and happened to things."



Cheryl Subacius, Ajoy Muralidhar, and Kathy Clark, (l to r), are pictured with their certificates of achievement at the 2017 Naval Surface Warfare Center Dahlgren Division (NSWCDD) academic awards ceremony.

U.S. NAVY PHOTO BY PATRICK DUNN/RELEASED

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