



# SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



Link directly to the  
NSASP Facebook  
page on your  
smart phone

## INSIDE:

Ombudsmen  
Honored at  
Luncheon

Page 7

## Few Dry Eyes as Sacred Heart Holds Final Mass

By **ANDREW REVELOS**,  
NSASP Public Affairs

The Catholic Community of the Sacred Heart at the Naval Support Facility (NSF) Dahlgren Chapel held its final Mass for the foreseeable future Sept. 30. The service-attended by Capt. Michael O'Leary, Naval Support Activity South Potomac (NSASP) commanding officer, Capt. Richard Bonnette, Commander, Navy Installations Command (CNIC) chaplain, Capt. Max Steiner, Naval District Washington (NDW) chaplain and the Reverend Monsignor John J.M. Foster, Vicar General and Moderator of the Curia of the Archdiocese for the Military Services-marked the end of an exhaustive search that looked far and wide to find a new priest for the community after Father Kevin Treston announced his plan to retire about six months ago.

That effort appeared like it might bear fruit when it identified a potential candidate only a week before the final service; later in the week, however, it was clear the candidate would not pan out and the realization that the community was without further options arrived sadly and somewhat unexpectedly.

"We were unable to get there from here," said O'Leary, addressing the congregation. "However, I want to say thank you to Father Kevin, who has been here for the last nine years serving Mass and supporting the Sacred Heart community here."



U.S. NAVY PHOTO BY ANDREW REVELOS

**Erin Baker, member of the Catholic Community of the Sacred Heart at Naval Support Facility (NSF) Dahlgren, wipes a tear during the congregation's last Mass on Sept. 30. Baker was hardly alone; the memories of a community that served the base so faithfully and for so many decades weighed heavily on hearts during the Mass.**

See **Church**, Page 9

## British Royal Navy's First Sea Lord Visits NSWC Dahlgren Division

By **JOHN JOYCE**,  
NSWC Dahlgren Division  
Corporate Communications

U.S. Navy officials briefed the top British naval officer and his delegation on current and emerging U.S. Navy technological programs during a tour here Oct. 2.

U.K. Royal Navy First Sea Lord Adm. Sir Philip Jones toured Naval Surface Warfare Center Dahlgren Division (NSWCDD) laboratories and test sites for overviews on programs ranging from human systems integration and ballistic missile fire control to directed energy weapons, including the electromagnetic railgun and high energy lasers.

Jones – as 1SL and chief of naval staff – is the Royal Navy's professional head

and chairman of the Navy board. He is responsible to the British secretary of state for the fighting effectiveness, efficiency, and morale of the British naval service, and supports the secretary of state in the management and direction of the armed forces.

One briefing – among about a dozen presented to 1SL and his staff – involved the Advanced Naval Technology Exercise (ANTX) held at Dahlgren in September to address integration challenges via a layered defense demonstration. ANTX focused on distributed lethality in the littorals and rapid prototyping of new Fleet capabilities. It featured USS Dahlgren, a cybernetic ship that simulated the USS Dwight D. Eisenhower (CVN 69) strike group, hitting targets virtually and with live fire via Littoral Combat Ship 30-millimeter guns and

Aegis MK 46 gun system 5-inch guns on the Potomac River Test Range.

More than 18 NSWCDD subject matter experts briefed Jones and his delegation.

Throughout the visit, NSWC Commander Rear Adm. Tom Druggan and NSWCDD Commanding Officer Godfrey "Gus" Weekes gave 1SL and his delegation additional information, insight, and background on various technical programs, technologies, and initiatives.

"Establishing armaments cooperation early in a technical program can provide many benefits such as cost sharing and enhancements in coalition interoperability," said Jed Ryan, NSWCDD International Partnering Office lead.

Dahlgren's HSI engineers cooperat-

ed by briefing the U.K. delegation on U.S. Navy shipboard space analysis as well as automated functional movement screening, data visualization, and augmented reality. The efforts to align, accelerate, apply, and transition scientific discoveries and technological advancements to naval capabilities will augment the warfighter with artificial intelligence, machine learning, manned-unmanned teaming, supervisory autonomy, and wearable sensors.

Moreover, NSWCDD directed energy experts demonstrated scientific discoveries and technological advancements in directed energy to the British military officials as they toured the Naval Directed Energy Center (NDEC). The facility – dedicated to directed en-

See **Sea Lord**, Page 8

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# Navy Cybersecurity Awareness Month



## CYBERSEC

## cyber superhero

VOLUME 1 | ISSUE 1 | OCTOBER 2017

NDW PUBLIC AFFAIRS



AS CYBER SECURITY MONTH BEGINS  
OUR HERO IS ENJOYING SOME DOWN  
TIME

THEY TOLD ME  
THIS THING WOULD  
PRACTICALLY TAKE  
CARE OF ITSELF



WHEN...



HUH?

THE NDW CYBER  
SECURITY HOTLINE



NDW HAS A  
CYBER  
HOTLINE?  
WHO KNEW!

FUNNY,  
SINCE YOU'RE  
THE ONE WHO'S  
SUPPOSED TO  
ANSWER IT...

OF  
COURSE WE  
DO!

CHECK IT  
OUT

BUT WHO'S ON THE LINE?  
FIND OUT NEXT TIME

## NDW CYBER SECURITY HOTLINE

NDW\_CYBERSECURITY  
@NAVY-MIL  
(202) 433-WIRE (9473)



OCTOBER IS CYBER SECURITY AWARENESS MONTH | SEE MORE ON NDW CYBER SECURITY



Released **BY VICE ADMIRAL JAN E. TIGHE**,  
Deputy Chief of Naval Operations  
for Information Warfare

October is National Cybersecurity Awareness Month and, given all the recent news on data breaches and hacking, this is a good time to focus on the persistent cyber threats and challenges facing the Navy. It's important to focus on what each of us can do to keep our shipmates and operations secure.

The cyber threat reaches beyond traditional information technology networks to systems that affect nearly every aspect of our Navy's missions, including operational technology (machinery controls, weapons, and navigation systems). A successful cyber-intrusion — anywhere in the Navy — increases the risk that

adversaries can move to other targets and pose risks to our missions and people. Therefore, a mistake by one individual puts everyone and the mission at risk. Adhering to cybersecurity policies, directives, and best practices is Commanders' business and requires an all-hands approach to protect the Navy.

During October, the Navy will be releasing social media content with five key themes: The Cyber Threat is Real; The Anatomy of a Cyber-Attack; What the Navy is Doing to Protect Itself in Cyberspace; Cybersecurity is an All Hands Effort; and How You Can Operate Securely Online at Home and at Work. The intent is to sustain a culture where cybersecurity discipline is a high priority and a daily habit so the Navy is vigilant about the persistent cyber threats it faces.

The Department of Homeland Security also announced their

themes for the National Cybersecurity Awareness Month effort: "Cybersecurity in the Workplace is Everyone's Business; Today's Predictions for Tomorrow's Internet; The Internet Wants You: Consider a Career in Cybersecurity, and Protecting Critical Infrastructure from Cyber Threats." Additional information and resources on these topics can be found at <https://www.dhs.gov/national-cyber-security-awareness-month>. Commands are encouraged to incorporate the outstanding Department of Homeland Security products in their internal cybersecurity training.

Just like damage control, we depend on you to make cybersecurity a priority. Whenever you log onto a Navy network or system, you are in the cyber battlespace. Your commitment to cybersecurity will protect the Navy, contribute to our cyber fight, and assure our important operations.

Visit Us Online [www.dcmilitary.com](http://www.dcmilitary.com)



# 2017 Domestic Violence Awareness Month Encourages Everyone to Be the Change

By **BARBARA WAGNER**  
South Potomac Pilot

The month of October means many things to many people and is a month set aside to recognize a number of important issues. Domestic violence is one issue that affects one in four women statistically; on average three women and one man will be murdered in violent domestic incidents each day in our country. October is recognized nationwide as Domestic Violence Awareness Month (DVAM).

Domestic violence is an equalizer along any socio-economic strata, including military service, race, ethnicity, education level, religion, gender or age. It can happen at any time and at any place.

Every year, the Navy and its Fleet and Family Support Centers (FFSC) remind service members, employees and dependents that domestic violence is a community health issue that needs to be addressed. This year, the theme is "Be the Change. Prevent Domestic Violence."

The 2017 DVAM theme is a call to support the domestic violence awareness purple ribbon campaign by wearing purple (ribbons, clothing, nail polish) on each Thursday throughout October and posting a picture to social media using the hashtag #PURPLETHURSDAY to help raise awareness of the issue.

"NSASP recognizes DVAM by displaying a banner at the front gate and hanging purple bows throughout base to continue to raise awareness of the issue of domestic violence," Clinical Advocacy Supervisor and Family Advocacy Representative Judy Bernacki said. "We have also established 'An Empty Place at the Table' display at both Dahlgren and Indian Head as a somber reminder of those, both adult and child, who have lost their lives as a result of domestic violence. This year we decided to organize a human domestic violence campaign ribbon to continue to raise awareness for domestic violence. We will also be providing several commands their annual required domestic violence training as the Navy takes domestic violence seriously and continues to promote a domestic violence free environment."

According to the Department of Defense (DoD) Central Family Advocacy Registry of 2016, Navy spouses currently experience abuse at a rate of nearly 10 out of 1,000.

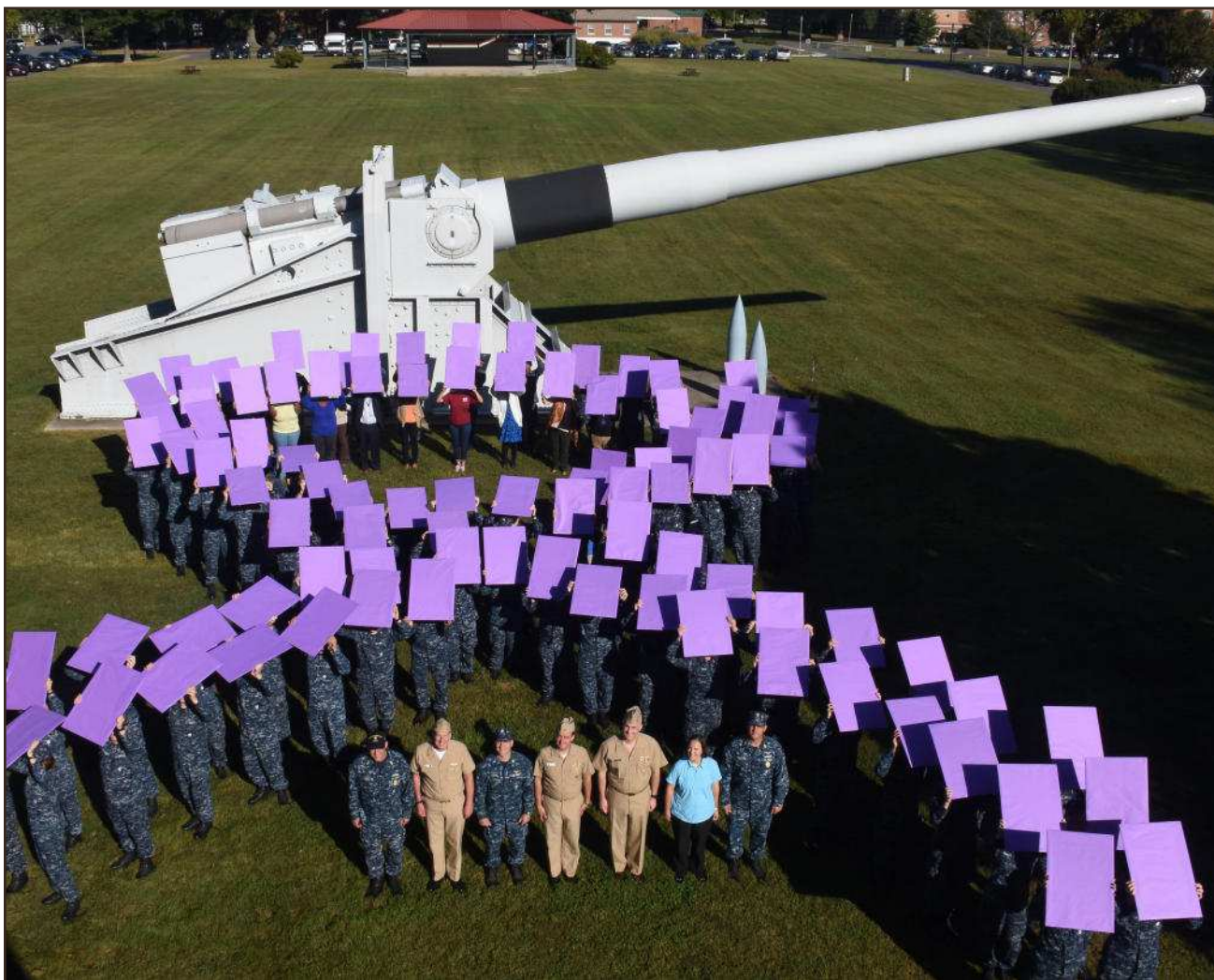
Bernacki heads up the domestic violence prevention campaign aboard Naval Support Activity South Potomac (NSASP). As a Naval Reservist and licensed clinical social worker, Bernacki is experienced in providing support for family members and Sailors alike.

"The Fleet and Family Service Center has assisted [many individuals] over the years," Bernacki said. "All support services provided have touched numerous clients in several ways from providing general knowledge and education on what domestic violence looks like because some people do not realize they are in a domestic violence relationship, to assisting client's with leaving a domestic violence situation and offering those resources to do so."

NSASP aligns itself with the Department of the Navy's policy of no tolerance for domestic violence and offers many avenues for help and support to reduce those statistics. To prevent and eradicate domestic violence, we must all be able to recognize where and how it exists.

While physical violence is the first point of reference many envision, domestic violence manifests in many forms including sexual violence or threats of sexual violence — whether attempted or actual contact — without consent, including words, looks or gestures meant to control or frighten, and emotional or psychological abuse — humiliation, insults or isolation, ignoring — or exhibiting financial control.

Domestic violence doesn't necessarily leave physical marks:



U.S. NAVY PHOTO BY ANDREW REVELOS

**Sailors, officers and civilian employees at Naval Support Facility (NSF) Dahlgren form a purple ribbon by the 16-inch/50-caliber Mark 7 gun at the Parade Field to raise awareness about domestic violence prevention; leaders from Naval Support Activity South Potomac (NSASP), the AEGIS Training and Readiness Center (ATRC), the Center for Surface Combat Systems (CSCS) and the Fleet and Family Support Center (FFSC) are front. October is domestic violence awareness month; for more information about how the Navy prevents domestic violence and support victims, call the FFSC at (540) 653-1839.**

emotional and psychological scars exist and are just as painful and real to the bearer as a black eye or broken bone. Those emotional wounds can carry through a lifetime, especially when witnessed by young children exposed during a parental argument or issue.

If you or someone you know is experiencing any form of domestic violence, whether Sailor or civilian, Bernacki and the staff at the Fleet and Family Readiness Center have avenues to assist and that assistance is as close as a phone call.

For help, please stop by the Fleet and Family Readiness

Center located on Schoolhouse Drive aboard Naval Support Facility Dahlgren or simply call 540-653-1839 or 1-800-500-4947 for confidential support. To reach the Sexual Assault Prevention and Response (SAPR) Victim Advocate (VA) call 540-424-0660. Nationally, you can call the National Domestic Violence Hotline: 1-800-799-7233, <http://www.thehotline.org> or 1-800-787-3224. No matter where you choose to get help, the sooner you reach out the better. Your Navy family is here to support you; the only requirement is to take that first step to seek assistance.



## BASE HAPPENINGS

*What's Going on Inside the Fenceline?*  
Dahlgren

### Price Change at Gray's Landing

Effective Oct. 1, meal prices at Gray's Landing on the Potomac Restaurant will be increasing by a dollar per meal. Anyone with base access is welcome to dine. New prices as of Oct. 1 will be:

Breakfast: \$6.50  
Soup & Salad: \$7.50  
Lunch: \$9.00  
Dinner: \$9.00

### Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.–2 p.m. for all shoppers with base access. 'Like' on Facebook @Dahlgren-SecondTour

### Our Daily Bread Giveaway

The Chapel provides a bread and baked goods giveaway, with donations from Walmart at the Chapel Annex on Tuesdays beginning at 11 a.m. For any questions contact the Chapel at 540-653-8297.

### Indian Head

#### FFSC Relocated at NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1.

#### Beat the Rush! Don't Wait!

Appointments are available now for school and camp physicals for next school year. Call 301-744-4686 to schedule at Branch Health Clinic Indian Head.

#### Market Fresh Bistro Now Serving Lunch

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is proudly serving Starbucks beverages and breakfast staples as well as freshly made lunch items. The facility is open Monday — Friday, 6 a.m. — 2:30 p.m.

To publish information on your event or program under "Base Happenings" contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Connect with the Military Community in Your Local Area

Go to  
**www.DCMilitary.com**

*Local Events on Both Sides  
of the Potomac*  
Dahlgren

### Teen Enrichment Network Fundraiser at Harry's Alehouse

Teen Enrichment Network provided two scholarships at their Spring Summit, one for \$1000 and one for \$500. Join them on Monday, Oct. 9, 4:00 to 9:00 p.m. when Harry's will be giving 10% of all sales during that time to our scholarship fund. Spread the word and come enjoy a great meal while you help send members of the class of 2018 to college. If you can't join in the fun there, make a donation to Teen Enrichment Network, 7124 Salem Fields Blvd., PMB #121, Fredericksburg, VA 22407.

### King George Fall Festival

The 59th Annual King George Fall Festival parade will be held on Oct. 14, RAIN or SHINE. The parade begins at the King George Smoot Library and concludes at the King George High School. Parade starts at 11 a.m. For more information about the parade, the festival and craft show that follows visit <http://www.kgfall-festival.com/schedule/>

### King George County "Great Pumpkin Race" and Trunk or Treat

Oct. 20 at Barnesfield Park.

Flashlight Scramble with more than \$1000 in prizes to be found, four age bracket events. Must pre-register for the raffle and/or the Trunk or Treat Event by Thursday Oct. 20 at the King George Citizen's Center or call 540-775-4686.

### Caledon Art and Wine Festival

Two Days of Art and Fun! Nov. 4 -5, 10 a.m. -5 p.m. on Saturday and 11 a.m. to 5 p.m. on Sunday. Enjoy a fall day at the park and see area artisans' finest offerings. Get a jump on holiday shopping. Taste wine from local wineries. A commemorative wine glass is included with the price of tasting. Great food will also be for sale. The picnic shelter, gift shop and visitor center will be open, and hay wagon rides will be available for the kids. Admission for wine-tasting is \$15 per person (21 and older — everyone must have ID to taste). The festival is free for non-tasting guests, but a \$5/vehicle parking fee applies to all. Coolers and outside food are not permitted within festival grounds.

### Combat Veterans Motorcycle Association Meetings

Southern area (King George/Dahlgren/Colonial

Beach) Combat Veterans Motorcycle Association (CVMA) bike night are meeting the 4th Thursday in Fredericksburg at Brock's. If interested in CVMA, the support they provide or want to donate contact Jeremy.Cannedy@gmail.com. For more information visit <http://cvmavirginia27-2.org>

### Scholarship Available For Active Duty, Spouses and Vets at UMW

UMW is offering a scholarship providing qualified active duty service members, spouses, or honorably discharged veterans the opportunity to receive a 25% military tuition scholarship for graduate degree programs: Master of Business Administration or Education and Master of Science in Geospatial Analysis. Please contact the Office of Graduate Admissions for more info at 540-286-8000 or email graduate@umw.edu.

### Indian Head

#### La Plata Fall Festival

Sunday, October 15 from 12 — 3 p.m. Family Fun For All! Petting Zoo, Trackless Train, Moon bounce, Craft and Food Vendors! Live Music by Pork Donut

12th Annual Scarecrow Festival. For more information

contact the Charles County Chamber of Commerce at 301-932-6500.

### Monarch Mania Festival

Please join in the celebration on Oct. 7 from 10 a.m. to 2 p.m. at Old Fisherman's Field on Cobb Island, Md., of the migration of the Monarch Butterfly over the Potomac River to Mexico. Admission is free, with food and crafts available for sale. We will tag and release the butterflies. There will be face painting and craft stations, storybook reading, and children's games. For more information, contact Linda Riggs at 240-315-4139 or email lindariggs@comcast.net. Bring the whole family for a fun-filled day!

### Free Spay/Neuter Clinics

You may qualify for free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County at 301-645-8181 for more details.

### Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.



Aquatics Center  
540-653-8088

### Columbus Swim

October 1---31  
Log your laps with an Aquatics staff member and watch the ship travel around as you accumulate miles to match Christopher Columbus' voyage across the Atlantic Ocean. Open to all with base access 16 years and older. Cost: Regular Admission

### Fall Swim Lessons

October 10 -- November 7,  
Parent and Child, Level I, II, III and IV age groups are available for swim lessons Tuesdays and Thursdays. Minimum enrollment of 3 participants per class. Cost: Military, \$45.00. All Others, \$50.00. Private swim lessons are available at an additional cost.

### Family Float Night

October 13, 5 --7 p.m.  
Bring your inflatable and float your way into the weekend! Get in the Halloween spirit with a showing of Monster House, rated PG. The pool will close at 6 p.m. if no one is present. Open to all with base

See **MWR**, Page 5



**SOUTH POTOMAC PILOT**

**NSA South Potomac • Office: 540-653-8153 • 540-284-0129**  
**[www.dcmilitary.com/dahlgren](http://www.dcmilitary.com/dahlgren)**

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non-merit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

Editorial content is edited, prepared, and provided by the Public Affairs Office, NSA South Potomac. News copy should

be submitted by noon on Friday to be considered for the following week's edition. All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-848-0175.

### Capt. Michael O'Leary

Commanding Officer,  
NSA South Potomac

### Jeron Hayes

Public Affairs Officer,  
NSA South Potomac

### Andrew Revelos

Editor

### Barbara Wagner

Staff Writer



MWR

Continued from page 4

access. Cost: Regular Admission

Auto Skills/Outdoor Recreation

540-653-4900

Auto Skills features four bays and three lifts with tools and equipment for do-it-yourself automotive repair, engine diagnostics, suspensions components replacement, tire mounting and balancing and general maintenance. Cost: Active duty, dependents, retirees \$6.00 per hour. All others, \$7.00 per hour, includes one bay, tools, equipment and fluid disposal.

Outdoor Recreation offers a selection of recreation equipment for fishing, camping, picnics, sporting equipment and special events. Download the Outdoor Recreation Gear Issue & Equipment Rental price list, Moon Bounce and Travel Trailer rentals from www.NavyMWRDahlgren.com/recreation and select Outdoor Recreation Rentals.

Cannonball Lanes Bowling Center

540-653-7327

Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00 Shoe Rental: Military \$1.50, Civilian \$2.50.

Sunday Special

Sundays, 11 a.m. t-- 9 p.m.

Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays

Tuesdays, 11 a.m. -- 9 p.m.

Every Tuesday, get a lane for one hour of bowling for only TEN dollars!

Buy a Game, Get a Game Wednesdays

Wednesdays, 11 a.m. -- 9 p.m.

Every Wednesday, buy one game; get the second game for FREE!

All-U-Can Bowl Fridays

Fridays, 7 -- 11 p.m.

Join us every Friday for a two-hour, all you can bowl special! Cost: Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Cosmic Bowling

Saturdays, 7 -- 11 p.m.

Enjoy music and lights while bowling!

Bowling Bingo

October 18, 5 -- 7 p.m.

Join us for a Bowling Bingo! First one to Bingo in the game wins a \$50 gift card. For more information on rules and regulations, call Cannonball Lanes. Cost: \$10.00 per person; includes shoes, two cards and two games

Halloween Bash

October 27, 6 p.m.

Cannonball Lanes will host a costume contest for adult, youth and baby contestants. Winners receive a \$50 gift card! Snacks and refreshments will be available. Cost: Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Child & Youth

CDC I 540-653-4994 /

CDC II 540-653-4342

YAC 540-653-8009

Start Smart

October 31 -- November 16

Registration opens Sept. 18 for Start Smart Fall held Tuesdays and Thursdays 4:30 to 5:30 p.m. at the Fitness Center gymnasium. A parent meeting will be held Oct. 18 at 4:30 p.m. at the Fitness Center conference room. For more information, call the YAC at 540-653-8009.

Military Child Care Open Enrollment

There's a new way to request care for School Age Care (SAC) and Summer Camps! Families can now use MCC to request care for SAC programs and Summer Camps all year long. The online system allows you to search for and submit unlimited SAC and Summer Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit MilitaryChildCare.com

Community Recreation

540-653-8785

Fall Festival

October 19, from 6 to 8 p.m.

Location: Dahlgren Parade Field

It's that time of year! Join us for the annual Fall Festival featuring pony rides, petting zoo, pumpkin patch, games, crafts, food and bounce houses! This event is free and open to all with base access.

Glow Run 5K

October 27, starting at 6:30 p.m. Race begins at 7 p.m.

Light up the night with us at The Glow Run 5K! Runners and walkers are welcome to

# Dahlgren Movie Theater

540-653-7336

Price of Shows  
Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00.  
E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): FREE.  
\*Movies shown in 3D will cost an additional \$1 to ticket price.

**Friday, Oct. 6 7 p.m. .... Megan Leavey (FREE ADMISSION) PG-13**  
**Saturday, Oct. 7 4 p.m. .... The Foreigner (ADVANCED SCREENING) R**  
**Saturday, Oct. 7 7 p.m. .... It R**  
**Sunday, Oct. 8 2 p.m. .... Addams Family Values (FREE ADMISSION) PG-13**  
**Sunday, Oct. 8 4:30 p.m. .... Home Again PG-13**  
**Friday, Oct. 13 7 p.m. .... It R**  
**Saturday, Oct. 14 4 p.m. .... Goosebumps (FREE ADMISSION) PG**  
**Saturday, Oct. 14 7 p.m. .... Mother! R**  
**Sunday, Oct. 15 2 p.m. .... Leap! PG**  
**Sunday, Oct. 15 4:30 p.m. .... American Assassin R**

For movie listings online, visit [www.NavyMWRDahlgren.com/recreation](http://www.NavyMWRDahlgren.com/recreation) and select the Dahlgren Theater.

join in for an evening filled with glow sticks, paint, great music, and an after-party sure to keep you dancing through the night. First 100 registrants will receive a glow kit! Register at [www.bit.ly/DahlgrenGlow](http://www.bit.ly/DahlgrenGlow) or visit [www.NavyMWRDahlgren.com/events](http://www.NavyMWRDahlgren.com/events) and click on the Glow Run 5K for registration information. Open to all with base access. Must be 21 years old with valid ID to purchase alcohol. Please drink responsibly. Cost: Active Duty, \$20.00. All Others, \$30.00

FFR Trick-or-Treat

October 31, 3 -- 5 p.m.

Put on your costumes and trick-or-treat with us! We will be passing out treats at NSWC Federal Credit Union, CDC 1 & 2, Fitness Center, General Library, Craftech, Aquatics, Youth Activity Center, Lincoln Military Housing, Auto Skills, Cannonball Lanes, Tickets & Travel, Parade Field, Gray's Landing, NGIS and Unaccompanied Housing.

Craftech

540-653-1730

Craftech offers a variety of services including framing and matting, engraving on plaques, metals, glassware, leather, stone and more, embroidery, flag and shadow boxes, Tiffany style stained glass, fusing, bottle slumping and firing.

For more details, visit [www.NavyMWRDahlgren.com/recreation](http://www.NavyMWRDahlgren.com/recreation) and select Craftech.

Deco Mesh Christmas

Tree & Snowman Orders

Order your Christmas tree and snowman deco mesh decorations in time for the holidays! Orders will be available for pickup in November. Cost: \$60.00

Fairies in a Jar

October 11, 4 -- 6 p.m.

Children can make their own fairy or dragon lanterns! These magical light up lanterns will make the perfect adornment to any child's room. Open to all with base access five years and older. Register at Craftech by Oct. 4. Cost: \$10.00

Pumpkin Carving Contest

Win a basket filled with Halloween and pumpkin goodies! Be as creative as you can carving your pumpkin and send a photo of you and your pumpkin to the DahlgrenFFR

See MWR, Page 6

Introducing...

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# MWR

Continued from page 5

Facebook page between Oct. 20-24. Photos will be placed in an album for fans to vote Oct. 25-26. The top three pumpkins with the most likes will be notified via Messenger Oct. 27 and gifts baskets will be available for pickup at Craftech.

## Fitness Center

540-653-8580

Visit us online at [www.NavyMWRDahlgren.com/fitness-sports](http://www.NavyMWRDahlgren.com/fitness-sports) to view the Group Exercise schedule, 2018 Race Series schedule, upcoming classes, and leagues!

## Navy Birthday Nautical Mile Run

October 13, 11 a.m.

Location: NSASP Airstrip

Celebrate the Navy's birthday on October 13, 1775 and run one nautical mile (1.15 miles)! Open to all with base access. Cost: Active Duty, Free. All Others, \$5.00

## Halloween Dodgeball Tournament

October 26, 4:30 p.m.

Location: Basketball Court

Dodge, duck, dip, dive and dodge! Get your team together to compete in the Halloween Dodgeball Tournament. Open to all with base access. Cost: Active Duty, Free. All Others, \$2.00

## Glow Run 5K

October 27, 6 -- 9:30 p.m.

Light up the night with us at The Glow Run 5K! Runners and walkers are welcome to join in for an evening filled with glow sticks, paint, great music, and an after-party sure to keep you dancing through the night. First 100 registrants will receive a glow kit! Open to all with base access. Must be 21 years old with valid ID to purchase alcohol. Please drink responsibly. Register at [www.bit.ly/DahlgrenGlow](http://www.bit.ly/DahlgrenGlow) or visit [www.NavyMWRDahlgren.com/events](http://www.NavyMWRDahlgren.com/events). Cost: Active Duty, \$20.00. All Others, \$30.00

## General Library

540-653-7474

## S.T.E.A.M. Pre-School Literacy Classes

Wednesdays 5 p.m.

Our S.T.E.A.M. classes are

geared toward pre-school and kindergarten-aged children. They will develop their literacy skills as well as engage in the arts. Siblings are always welcome! Cost: FREE

## Early Literacy at your Library

Every Friday at 10 a.m.

The Dahlgren General Library offers early literacy sessions for your baby and child, with songs, books, and activities that encourage early literacy development. Activities and crafts will be geared toward babies and children under age 5. Siblings are always welcome to attend. Our Friday storytimes are a great way to meet other caregivers in the area. Cost: FREE

## Harry Potter Party

October 28, from 1-3 p.m.

The Hogwarts' Library of Witchcraft and Wizardry requests your presence for its Harry Potter celebration! Catch the movie Harry Potter & the Half-Blood Prince at 3:30 p.m. for FREE at the Theater. The Adult Wizard Party at the Library starts at 6 p.m. with dinner, quidditch, light up wands and trivia. Adult beverages will be available for purchase. Must be 21 years or older with valid ID. Please drink responsibly. Cost: FREE

## STEM Club

October 30, at 5 p.m.

Explore science, technology, engineering and math! October's activity will be wounds! Ever wonder how your wounds heal? Make your own special effect wound. Cost: FREE

## Liberty

540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

## Football Tailgating

Sundays beginning at 1 p.m. Watch your favorite teams compete!

## Wing Wednesday & Trivia

First and third Wednesday at 3:30 p.m. enjoy wings and a game or two of trivia.

## Free Movie Friday

Second Friday of the month at 10 p.m. watch a movie on us at the Theater.

## Midnight Bowling

Fourth Friday of the month at midnight enjoy a game of bowling!

## Mad Hatter Day

Oct. 6

Bring your craziest hat for a tea party to celebrate Mad Hatter Day!

## Kings Dominion Haunt Fest

Oct. 7, Departs noon

Experience haunted houses, rides, mazes and frightening attractions at Kings Dominion Halloween Haunt! Cost: \$18

## Renaissance Festival

Oct. 8, Departs 10 a.m.

Let Liberty take you out for the day to the Renaissance Festival! Cost: \$12.50

## Scary Movie Marathon

Oct. 10

We're featuring an all-day movie marathon to gear up for Halloween!

## Fire Pit

Oct. 14, 7 p.m.

Campfire setting with all the fixings! Bring your guitar and have a fun night around the fire.

## Video Game Tournament

Oct. 17, 6 p.m.

Challenge your fellow sailors to a video game tournament.

## Brown Bag Bingo

Oct. 19, 6 p.m.

Play a game of Bingo with us and win a prize!

## Board Game Night

Oct. 20, 6 -- 10 p.m.

Bring a friend and play a game or two!

## Busch Garden's Howl-O-Scream

Oct. 22, Departs at noon

Fill your night with fright at Busch Garden's Howl-O-Scream! Cost: \$22, or FREE with military salute



Stay Connected with your Indian Head MWR! Child & Youth

CDC 301-744-4458

CYP 301-743-5456

## Teen Open Recreation

Open to ages 13 -- 18 from

6:30 -- 10:30 p.m. Contact the Youth Center for more information.

## Youth Open Recreation

Open to ages 5 -- 12 from 6:30 -- 10 p.m. Contact the Youth Center for more information.

## Indian Head Community Recreation Center

301-744-4850 or

301-744-4648

## Closed

All MWR Locations

Monday, Oct. 9, Columbus Day.

## The Book Character Pumpkin Project

Oct. 16, 9:00 a.m.

Indian Head family and friends help make our library a very festive place this October! We are kicking off our first annual book character pumpkin contest.

Pick up and decorate a pumpkin (or gourd) as a book character or with a literary theme and drop it off at the Indian Head General Library (Bldg 620) desk for display from Oct. 16, -- Oct. 24, at 5 p.m. Library staff will vote for the best literary pumpkin on October 25. Please Note: The library cannot accept carved pumpkin submissions. Only painted and/or decorated whole pumpkin submissions may be entered into the contest. Book or printed cover page of the book should accompany the pumpkin submissions. Submissions will not be accepted after Oct. 24, at 5 p.m.

## S.T.E.A.M: Light up UFOs

Oct 18, starts at 5:30 p.m.

Like Sci-Fi? Come make a light-up flying saucer or UFO using LED lights!

## Trunk-OR-Treat

Oct 25, 4:30 -- 7:30 p.m

Join us for frightfully fun trunk-or-treating! Enjoy games, light food, tasty treats and more!

## Storybook Yoga

Thursdays from 10:30 -- 11 a.m.

Let's have fun with books and get energized. Open to children and their parents, grandparents and caregivers! Cost: Free

## Storytime Play Dates

Tuesdays at 10:30 -- 11:30 a.m.

Parents grab a cup of coffee and mingle with other moms for play dates at the library. First 10 minutes will be a story, song, and a rhyme followed by free play time. For Toddlers and Preschoolers.

## Indian Head Globe & Anchor/ Tiki Bar

301-744-6487

Make sure to LIKE us on Facebook to see the exciting drop-in events throughout the month.

## Indian Head Liberty Center

301-744-4524

## Kings Dominion Halloween Haunt

Oct. 7

We are going to Kings Dominion Halloween Haunt. If you are interested in going sign up at the Liberty Center by Oct. 4. Cost:\$20.Depart 1400.

## Tekken 7 Tournament

Oct. 10, 6 p.m.

Tekken 7 Tournament at 6 p.m., Snacks provided. Prize to the winner.

## Pumpkin Carving Contest

Oct. 11, 6 p.m.

We are having a Pumpkin Carving Contest at 6 p.m., the best design wins a prize.

## All-Day Scary Movie Marathon

Oct. 13, All Day

It's Friday the 13th! Join us while we watch scary movies All Day. Popcorn & Drinks provided!

## Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2.00/game; Civilian \$3.00/game; Shoe Rental \$1.00

## Party Rental

Rent Stars & Strikes for your next celebration! Cost: 2-hour rental prices are \$60 for military and \$70 for civilians. Price includes 4 private lanes, shoes, cosmic lights and a whole lot of fun!

## Open Bowling

Fridays and Saturdays, 5 -- 10 p.m.

Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

## Lunchtime Bowling

Wednesdays, 11 a.m. -- 1 p.m.

Take a break from the office and unwind with a game or two of bowling! Want a quick bite while you play? Visit online for the menu. Contact Stars & Strikes for more information.

## Cosmic Bowling

2nd and 4th Saturday, 5 -- 10 p.m.

What glows in the dark and is too much fun to miss? Cosmic bowling at Stars & Strikes Bowling Center!

## Bowling Leagues Now Forming

Leagues will be made up of mixed teams of four and substitute bowlers for the upcoming season.

## Indian Head Weight House Fitness Center

301-744-4661

## Navy Birthday Nautical Mile

Oct 12, 11 a.m.-12 p.m.

Celebrate the upcoming Navy Birthday with us by running a Nautical Mile! Register at the Weight House Fitness Center now through 10:30 a.m. on race day. Eligible patrons include all with base access ages 10 and older. For more information, call the WHFC at (301) 744-4661.

## EODemon 5K

Oct. 24, 11 a.m.

Get your spook on as you race the haunted course through Stump Neck's creepy woods. Each runner will be given 2 flags prior to the run. Watch out for the EODemons on the course! Return in one piece and we will subtract 5 seconds from your time for each remaining flag. Prizes will be awarded to the fastest two male and female runners. Race day registration will be held at the Stump Neck Fitness Center. Any participant younger than 18 must have a consent form signed by his/her parent.

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# Ombudsmen Honored at Luncheon

By **BARBARA WAGNER**  
South Potomac Pilot

Naval District Washington (NDW) Commandant Rear Adm. Charles W. Rock hosted the fourth regional Ombudsman and Key Spouses Appreciation Luncheon on Joint Base Anacostia-Bolling, Sept. 26. Naval Support Activity South Potomac (NSASP) Commanding Officer Capt. Michael O'Leary and NSASP Command Master Chief Jacob Bristow along with five Ombudsmen from the Naval Support Facility (NSF) Dahlgren and NSF Indian Head, attended the event.

In addition to the luncheon, this year Chief of Naval Operations (CNO) Adm. John Richardson and his wife Dana Richardson handed out the Mrs. Sybil Stockdale Ombudsman of the Year Awards. Stockdale, was the wife of a Naval avia-

tor shot down and held prisoner for seven years during the Vietnam war. Stockdale organized the wives of American prisoners during the Vietnam War and brought international attention to the torture of POWs by the North Vietnamese.

The guest speaker for the luncheon this year was retired U.S. Marine Corps Lt. Col. James Zumwalt, whose father CNO Adm. Elmo Zumwalt first introduced the Navy Family Command Ombudsman Program in 1970.

The CNO spoke briefly during the ceremony before presenting the awards, and expressed appreciation for the services of the recipients. All five of NSASP Ombudsmen received certificates of appreciation for their diligent sacrifice and service to their command and the fellow family members of their respective units.



From left to right, Cari Weber, EOD Expeditionary Exploitation Unit ONE (EXU-1) Ombudsman, Angel Bolly, Center for Surface Combat Systems (CSCS) Ombudsman, NSASP Commanding Officer Capt. O'Leary, Guest Speaker Lt. Col. (Retired) James Zumwalt, Laura Ludwig NSASP Ombudsman, Genesis Larson, AEGIS Training and Readiness Center (ATRC) Ombudsman



Ombudsman from Naval Support Facility (NSF) Dahlgren and NSF Indian Head along with their spouses and NSASP Commanding Officer Capt. Michael O'Leary (right) and Command Master Chief Jacob Bristow (back) pose for a playful picture at the fourth annual Ombudsman Appreciation Luncheon



U.S. NAVY PHOTO BY  
Naval District Washington (NDW) Commandant Rear Adm. Charles W. Rock hosted the fourth regional Ombudsman and Key Spouses Appreciation Luncheon on Joint Base Anacostia-Bolling, Sept. 26. Five of Naval Support Activity South Potomac (NSASP) Ombudsman attended the event.



Rear Adm. Charles Rock Rock, Carrie Mast, CNIC Ombudsman Program Coordinator, Jennifer Diaz and her husband HM1 Jonmac Diaz attend the Ombudsman Appreciation Luncheon on Sept. 26 at Joint Base Anacostia-Bolling



# NSASP Celebrates Energy Awareness Month in Action

By **BARBARA WAGNER**  
South Potomac Pilot

With the arrival of Fall and Winter drawing near, now is an excellent time to assess your energy awareness and make good choices to better conserve energy both on and off base. Kathryn Simpson, Naval Support Activity South Potomac Energy Manager offers suggestions for everyone to be energy conscious. In doing so on base, Simpson said, it helps South Potomac move ahead in the Naval District Washington Biggest Loser Contest and it helps to establish good energy habits.

"The Energy Biggest Loser contest gives us an opportunity to be intentionally energy conscious for 31 days. Good habits are formed by 21 days of consistent behavior," Simpson said. "So, the contest helps us all build good habits that can carry through the rest of the year."

The Biggest Loser contest pits installations in the region against each other to see who can show the biggest decline in energy consumption across the NDW region. The contest recognizes installations that have made strides in reducing their energy consumption and rewards them with funding to help make further energy conscious improvements at the installation. In the last two years, NSASP has garnered second place wins allowing the funding provided to improve energy among other things, on the base.

"The first year, Captain Feinberg used the funds to open a temporary A gate egress while they were installing the new A gate canopy. That helped all of us with our commute," Simpson said. "Last year, she authorized the funds to expand an HVAC project that improved the energy efficiency of the system, we were using our energy win to save more energy."



The Department of the Navy has deemed this Energy Month slogan to be "Energy Action = Mission Success" and shares that "A culture of energy efficiency is foundational to the Navy and Marine Corps' mission of ensuring stability, deterring potential adversaries and presenting options in times of crisis, and the Department of the Navy depends on access to secure sources of energy. We are leveraging technologies and platforms, along with pragmatic fuel and energy practices, in order to boost combat effectiveness, maximize strategic options, and better protect our Sailors and Marines."

Locally, Simpson has provided tips on how best to reduce your own energy consumption to do your part in strengthening mission success.

## 2017 Energy Action Month Activities:

### Nominate SP's Best Building Energy Manager

Do you have the best Building Energy Manager (BEM) at South Potomac and possibly the entire Region? Nominate them for NAVFAC's Best BEM competition. Just have their supervisor send the IEM an email (address at bottom of flyer) nominating them and telling us why they are the best BEM and we will recognize them! Deadline is October 20th!

### Help South Potomac Win the Energy Biggest Loser Contest

For the month of October, we are competing with other bases in the Region to see who saves the most electricity. Be extra energy conscious and save all the watts you can!

- Turn off your monitors and lights at the end of a shift.
- Use natural lighting as much as possible.
- Report exterior lights that are unnecessarily on during the day.

The winning Installation gets a shocking prize!

### Energy Action Month Poster Contest

Do you (or someone you know) have a talent for drawing and a passion for saving energy? Put those talents to work on an Energy Action Month Poster Contest! You can also stop by the Dahlgren Harvest Festival to create a poster!

### Rules for Submission

Use an 8 ½ x 11" sheet of paper.

Create a poster with an Energy & Resource Conservation theme (energy, petroleum, water, sustainability, security).

Use electronic and/or freehand technique to create the poster.

Include the Navy Energy & Security logo (downloadable from the web and shown in this article).

Submit it with the artist's name and contact information to Simpson via email at [kathryn.simpson@navy.mil](mailto:kathryn.simpson@navy.mil) by October 27th.

## Sea Lord

Continued from page 1

ergy systems and applications that use electromagnetic energy to project military force and augment conventional capabilities – is considered the Navy's center of excellence for directed energy where complex systems engineering and integration problems can be solved.

Cutting edge directed energy solutions under development at NDEC include the high power microwave for non-lethal, non-kinetic missions. The microwave systems are capable of engaging multiple targets, re-attacking, and dramatically reducing collateral damage and reconstruction costs. Potential mission sets for high power microwave include disruption of communications networks, infrastructure, sensors, and vehicle stopping.

Meanwhile, the development, testing, and transition of the Dahlgren-developed Laser Weapon System and other directed energy technologies transitioning to naval capabilities is offering more options to warfighters. In addition to kinetic weapons such as guns and bombs, directed energy and electric weapons enable warfighters to engage a myriad of targets with more precision and variable effects.

At the Electromagnetic Railgun facility, Jones and his delegation saw prototype launchers that engineers are testing. The railgun is a long-range naval weapon that fires projectiles using electricity instead of traditional gun propellants such as explosive chemicals. Magnetic fields created by high electrical currents accelerate a

sliding metal conductor, or armature, between two rails to launch projectiles at 4,500-5,600 mph.

During their tour of the Potomac River Test Range, the delegation also saw the MK 45 Mod 4 naval gun system, designed to engage surface and air targets and to provide naval surface fire support for expeditionary operations.

The 1SL's visit to NSWC Dahlgren Division – a premier research and development center that serves as a specialty site for weapon system integration – came on the heels of his speech to the British Defence and Security Equipment International (DSEI) Naval Technology Conference on Sept. 12.

"Today, we stand on the cusp of another great technological revolution," Jones told his DSEI audience. "It's not because of a single ship, like the Queen Elizabeth-class carriers or even the new Dreadnought-class submarines, revolutionary as they will be. The real revolution comes from a combination of different technologies and trends that are moving forward at an astonishing pace. They are shaping the future of warfare before our eyes."

While at NSWCDD, 1SL and his delegation interacted with scientists and engineers who are engaged in shaping the future of surface warfare by expanding the U.S. Navy's ability to rapidly introduce new technology into complex warfighting systems. This capability evolved from the interplay of the command's longstanding competencies in science and technology, research and development, and test and evaluation.

"NSWCDD has a rich history of collaboration



U.S. NAVY PHOTO BY JOHN JOYCE,  
NSWC DAHLGREN DIVISION CORPORATE COMMUNICATIONS

**British Royal Navy First Sea Lord Adm. Sir Philip Jones and his delegation are pictured with leaders from Naval Surface Warfare Center (NSWC) during their tour of NSWC Dahlgren Division laboratories and test sites, including the Naval Directed Energy Center, the Electromagnetic Railgun Facility, and the Potomac River Test Range.**

with the U.K. that includes many topics from short term tasks to a 54-year-old missile agreement that we continue to support here today," said Ryan.

In fact, A U.K submarine-launched ballistic missile (SLBM) civilian liaison is stationed at the command. SLBM collaboration between the U.K. and U.S. at Dahlgren has been ongoing since April 1963 when U.S. President John F. Kennedy and British Prime Minister Harold

Macmillan signed the Polaris Sales Agreement.

Dahlgren has been hosting a U.K. Personnel Exchange Program (PEP) officer for more than 30 years. PEP – formalized in the 1970s to develop closer ties between the U.S. Navy and foreign services – enhances inter-service relationships, encouraging mutual confidence and understanding, and prepares officer and enlisted personnel for future assignments involving multinational operations.



# This Week in Navy History

**Oct. 6, 1958** — USS Seawolf (SSN 575) completes a record submerged run of 60 days, logging more than 13,700 nautical miles.

**Oct. 7, 1975** — President Gerald Ford signs Public Law 94-106, allowing admission of women into service academies.

**Oct. 8, 1915** — Light cruiser Chester (CL 1) transports British, French, and Russian refugees to Alexandria in Egypt from Jaffa, Israel.

**Oct. 9, 1873** — Lt. Charles Belknap calls a meeting of 15 officers at the U.S. Naval Academy to establish the U.S. Naval Institute for the purpose of disseminating scientific and professional knowledge throughout the Navy.

**Oct. 10, 1845** — The Naval School, now known as the Naval Academy, opens in Annapolis, Md. with 50 midshipmen and seven professors. The first superintendent, Cmdr. Frank-

lin Buchanan, later becomes an admiral in the Confederate Navy and commands the Confederate forces at Mobile Bay, Ala.

**Oct. 11, 1968** — Apollo 7 is launched. The first U.S. three-man space mission is commanded by Navy Cmdr. Walter Schirra, Jr. Donn F. Eisele is the command module pilot and Marine Corps Maj. Ronnie Cunningham serves as lunar module pilot. The mission lasts 10 days and 20 hours with 163 orbits. Recovery is facilitated by HS-5 helicopters from USS Essex (CVS 9).

**Oct. 12, 2000** — USS Cole (DDG 67) is attacked by terrorists in a small boat laden with explosives during a brief refueling stop in the harbor of Aden, Yemen. The suicide terrorist attack kills 17 members of the ship's crew, wounds 39 others, and seriously damages the ship.



**The U.S. Navy hired the semi-submersible ship M/V Blue Marlin from Offshore Heavy Transport to move the destroyer USS Cole back to the United States after the warship was damaged by a terrorist attack of suicide bombers while anchored in the port of Aden, Yemen.**

## Church

Continued from page 1

O'Leary, a practicing Catholic and member of a congregation in northern Virginia, shared some statistics that highlighted the challenge. In 1998, he said, 220 priests served the Navy; today, there are only 45. "This [closure] is not a reflection on the value of Sacred Heart. This is unfortunately a problem for all of the Catholic Church and the Department of Defense."

O'Leary went on to praise members of the church for everything they have done in the community over the years. "It's important for you to know how much the Sacred Heart congregation has meant to the base," he said. "For so many years, your kindness and generosity have reached far beyond the walls of the chapel. You've provided outreach and support for those less fortunate and for that, we are so grateful."

Foster, who attended on behalf of the Most Rev. Timothy Broglio, Archbishop for the Military Services, highlighted the importance of communion and giving thanks in the face of disappointment. "The Eucharist is about giving thanks," he said. "And although we gather on a very sad evening when we mark the close of the Catholic program here at Dahlgren, we nevertheless give thanks to God for bringing us together all these years around the table of the Lord. As we give thanks... let us call to mind those memories, those events of our own past here as a community, that we give God thanks for."

Catholic services were first held aboard NSF Dahlgren in 1943, according to Lt. Cmdr. Joshua Okwori, NSASP command chaplain. Generations of Dahlgren-ites have worshipped, baptized little ones, wed, celebrated and mourned together as part of the base's Catholic congregation; there were few dry eyes as members reflected on those memories and the warm fellowship Sacred Heart emanated in the chapel and throughout the community.

Treston's final sermon at Sacred Heart



**Father Kevin Treston delivers the sermon at the last Mass of the Catholic Community of the Sacred Heart aboard Naval Support Facility (NSF) Dahlgren on Sept. 30.**

touched on a related point: what it really means to be part of a church. He told the story of a nun, who, after 50 years of service to her convent, was asked by a young person about what it means to live a religious life. "She said, 'well, I can tell you this. After living for 50 years with these saints, I know why Christ chose to dwell with sinners,'" he recounted, eliciting smiles and chuckles from the congregation. And indeed, Treston quoted a passage from scripture about Christ's own preference for the company of sinners and "the least" of this world.

While some may think they have salvation "sewn up," Treston said, Catholic Christians are called upon to fulfill the often difficult task of loving and giving to "the least."

"For all the young people here... I'm 63 now, and I can tell you it doesn't get easy," Treston said. "If you reach out and love people, don't always expect that you will get that back. That's not the idea."

Those kind-hearted notions are not just for us to read, said Treston, but for us to live. "To live a life for Christ... that's our

call," he said. "We all have a place to play in the life of a church."

Most importantly of all, that role Catholic Christians have in the church is so much more than the physical facility. "The church is not a building," said Treston. "You are the church. Wherever you go, you will be part of a church, and your life and your love will endure for a long time to come, even unto eternal life."

Several members, including former commanding officers, reflected on that message as well as the many memories of the Sacred Heart community after Mass.

"I came to this chapel for the first time in 1964," said Robert Fuscald, member of Sacred Heart and a former commanding officer of the Naval Surface Warfare Center Dahlgren. "The first thing that struck me was the 5-inch gun turret [rotating altar]. On my second tour here I was a reader every week. I just remember all of the wonderful people, the humble and gracious people. And the giving priests that we had here. You can see the tears in people's eyes."



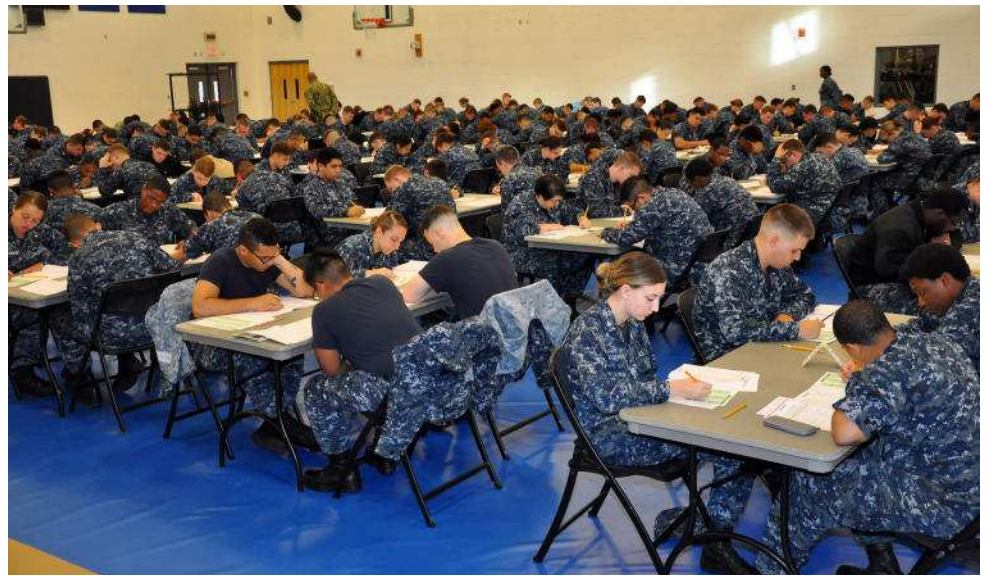
**Josh, 12, lights a candle before starting the last Mass of Naval Support Facility (NSF) Dahlgren's Catholic Community of the Sacred Heart on Sept. 30.**



**Father Kevin Treston gets a goodbye hug from a young member of the congregation after the conclusion of Naval Support Facility (NSF) Dahlgren's Catholic Community of the Sacred Heart.**



## Petty Officers 3rd Class Take Rating Exams



U.S. NAVY PHOTOS BY BARBARA WAGNER

Two hundred and thirty-two Sailors aboard Naval Support Facility (NSF) Dahlgren tested for the petty officer 2nd class advancement exam in the gymnasium at the Fitness Center on Sept. 14. These advancement tests are administered twice a year by the Navy to allow petty officers 3rd class to promote within their rate. The Sailors were from a number of commands across the installation.

"Sailors from AEGIS Training and Readiness Center, Naval Health Clinic Patuxent River Dahlgren Detachment, and Naval Support Activity South Potomac participated in the Cycle 236 exam," Yeoman 1st Class Tyrone Powell, the education services officer for NSASP said.

"The Navy-Wide Advancement Exam is one tool the Navy has

to determine whether those Sailors are capable of handling increased responsibility and authority," Powell explained. "For the Sailors meeting the required multiple score, they will be selected for advancement to the next pay grade and frocked at the discretion of their commanding officer."

Command Master Chief Jacob Bristow said that Sailors who pass the advancement exam, but do not advance due to quotas limitations, are eligible to receive Pass Not Advanced (PNA) points; however, PNA points are limited to the top 25 percent of Sailors.

For future test takers, Bristow offers advice on how best to prepare for an upcoming exam.

"Advancement Examination Readiness Reviews are con-

ducted by E7-E9 fleet subject matter experts in each enlisted rating to ensure all examination questions can be linked to references and publications. As these experts select questions for the examination, a bibliography is developed for that specific cycle's exam," Bristow said. "If I can provide one recommendation for all test takers it is this: The Navy Advancement Center updates bibliography information as fleet instructions change, and it is instrumental for each Sailor to check their bibliography a few times each year, prior to the exam date."

Examination results will be released to command triads in November, before being posted on the Navy Enlisted Advancement System (NEAS) website.

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# NSWC Dahlgren Division Researchers Present Findings

The End of Year In-House Laboratory Independent Research and Independent Applied Research review was held at the University of Mary Washington Dahlgren campus, Sept. 29.

Naval Surface Warfare Center Dahlgren Division (NSWCDD) scientists, engineers and private sector subject matter experts

presented findings of their work to merge technological needs with current and emerging capabilities, enabling the Navy to maintain maritime superiority.

The event maximized interactions between principal investigators, managers, engineers, academia, industry, transition partners and other key stakeholders.



NSWC Dahlgren Division lead scientist **Avory Bryant** and mechanical engineer **Brian Johnson** shared the “Density-based Data Stream Clustering” capability at the In-House Laboratory Independent Research and Independent Applied Research review.



NSWC Dahlgren Division computer scientist **Teeya Roche** and software lead **Megan Kozub** explain “Data Visualization Support for Creation of a Numerical Table: Effects on Training and Performance.”



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# Pianist Brian Ganz Performance to Kick Off CSM's 2017-18 Ward Virts Concert Series, Oct. 8

## Series to Feature Six Free Concerts at Prince Frederick Campus

Classical pianist Brian Ganz will be the featured performer in the first concert of the 2017-18 College of Southern Maryland (CSM) Ward Virts Concert Series on Oct. 8. The free concert series is presented at CSM's Prince Frederick Campus.

Ganz is on the piano faculty at St. Mary's College of Maryland, where he is an artist-in-residence, and is a member of the piano faculty of the Peabody Conservatory. He is the artist-editor of the Schirmer Performance Edition of Chopin's Preludes (2005).

"Ganz is a wonderful example of the high caliber musicians that participate in the Ward Virts Concert Series," said CSM Chair of the Division of Communication, Arts, and Humanities Dr. Stephen Johnson.

Additional artists that will participate in this year's series include Megan Jolley on viola Nov. 1; Tanya Langlois, mezzo-soprano, performing Feb. 11; Michael Kannen on the cello March 11; pianist Holly Roadfeldt on April 8; and Anthony Zwerdling, baritone, performing May 13.

The Ward Virts Concert Series celebrates the



**Pianist Brian Ganz Performance to Kick Off College of Southern Maryland's (CSM) 2017-18 Ward Virts Concert Series, Oct. 8.**

life and talent of Ward Virts, a talented Southern Maryland pianist who died suddenly in 1993. A group of Ward's friends and classmates conceived the Ward Virts Piano Project to bring the love of life, beauty and music that Ward embodied to a new generation of Southern Maryland students, performers and appreciative audiences.

The concerts are performed on a world-class handcrafted Bosendorfer Grand Piano, a gift to CSM's Prince Frederick Campus from the Ward Virts Piano Project.

"The music series continues the musical spirit of Ward Virts," Johnson said. "He was an active musician whose love of his art continues

to serve as an example to CSM's students and Southern Maryland. The concerts of the Ward Virts Series provide a unique cultural offering to the region."

The Ward Virts Concert Series is presented by sponsors Dr. and Mrs. Henry Virts, Edward and Patricia Mehosky, Eric and René Franklin, Nancy Powell Hempstead in memory of Roger Powell, Stovy and Anne Brown and the CSM Foundation. Grants provided by the Arts Council of Calvert County and Maryland State Arts Council also make the performances possible.

The series takes place in the Multipurpose Room 104 in Building B on the Prince Frederick Campus. All performances begin at 3 p.m. Doors open at 2:30 p.m. No tickets or reservations are needed.

For information on the Ward Virts Concert Series, visit [www.csmd.edu/community/the-arts/music/ward-virts-series/index](http://www.csmd.edu/community/the-arts/music/ward-virts-series/index) &lt;<http://www.csmd.edu/community/the-arts/music/ward-virts-series/index>>.

CSM's campuses are accessible to patrons with disabilities. Audio description for the visually impaired and sign language interpretation for the hearing impaired are available with a minimum two week advanced notice. If you are interested in these services, please contact the academic support/ADA coordinator at 301-934-7614.

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