Surry Mountain Lake hosts local 'Give Peace a Tri' Triathlon

By Ann Marie R. Harvie, USACE New England District

The team at Surry Mountain Lake in New Hampshire collaborated with local nonprofit organizations Mother's Unity and the Sustainability Project to host the annual "Give Peace a Tri" Triathlon, July 13 at the Corps project. Hundreds of people turned out for the event. "The purpose of the triathlon is to support the Sustainability Project mission and to support the MoCo Arts Yoga for Peace Project," said Park Ranger Alicia Lacrosse. "The Corps issued a Special Use Permit for this event. Park Rangers assisted event organizers as needed and maintained park facilities and restrooms."

According to Lacrosse, the triathlon consisted of swimming a quarter mile, biking eight miles and running 3.1 miles. "The first racer finished just under an hour, but the whole event from start to finish went from 7-11 a.m.," she said.

Mothers Uniting has been hosting this triathlon at Surry Mountain for the past 12 years. "Some sort of triathlon has been held annually at Surry Mountain for over 20 years," said Lacrosse.

The event was open to the public if they previously registered for the event. Park Rangers Lacrosse and Laura Hays worked during the triathlon.

Surry Mountain provides recreational opportunities such as fishing, swimming and boating to 58,000 visitors annually. The project was completed in 1941 at the cost of \$2.8 million. Since its construction the dam has prevented damages estimated at \$149.5 million.