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WASHINGTON STATE TRANSITION SUMMIT

Service members work on transition skills

JBLM service members participate in annual three-day transition event

BY RUTH KINGSLAND

Northwest Guardian

More than 100 service members and veterans piled into the auditorium at Hawk Transition Center on Lewis North Tuesday for the Afterburner Military Transition Seminar, part of a three-day Washington State Transition Summit.

This is the fourth time the

state summit has been hosted at Joint Base Lewis-McChord and the 53rd such event at military installations across the nation since the first summit in February of 2013.

The free event was coordinated by Hiring our Heroes, the U.S. Chamber of Commerce Foundation, USAA and the Military Officers Association of

America Military Family Initiative.

Todd "Burt" Lancaster, who led the Afterburner event, is an executive consultant with Afterburner, a training and team-building strategic leadership group formed by a former F-15 fighter jet pilot, Jim Murphy, in 1996. More than 1.7 million people have gone through Afterburner sessions since the organization's inception, according to its afterburner.com website.

SEE SUMMIT, 10A



RUTH KINGSLAND Northwest Guardian

Sgt. Scott Brown, left, and Spc. Sue Lao, right, conduct a mock interview at the Afterburner Military Transition Seminar on Lewis North Tuesday.

NISQUALLY CLEAR CREEK HATCHERY SALMON GIVEAWAY

SHARING THEIR BOUNTY



SCOTT HANSEN Northwest Guardian

Chuck Sand, left, assists Mark Cole, middle, and his sister, Tina, both of Tacoma, at a salmon giveaway at the Clear Creek Hatchery Tuesday.

Hundreds line up early for free chum salmon

BY DEAN SIEMON

Northwest Guardian

It didn't take long for a line of cars to take up half the narrow road in front of the Nisqually Indian Tribe's Clear Creek Hatchery on Joint Base Lewis-McChord Tuesday during the salmon giveaway.

Approximately 10 cars arrived early for the 8 a.m. to noon giveaway. Hundreds of service members, retirees and civilians lined up to receive free salmon that were excess from the hatchery's expected return.

SEE SALMON, 10A



Volunteers herd newly-returned chum salmon for processing during the annual salmon giveaway at the Nisqually Clear Creek Hatchery on Lewis Main Tuesday.

DEPARTMENT OF DEFENSE

Military works to aid storm victims

Fuel distribution remains priority

Department of Defense

WASHINGTON, D.C. — In Puerto Rico, enhanced communications and completed assessments are providing a clearer picture of the extent of the storm damage and the magnitude of the response challenge Army Lt. Col. Jamie Davis, Department of Defense spokesman, said Wednesday.

"Given the changing scope and conditions, DOD will adjust its concept of operations in Puerto Rico and transition from a short-term, sea-based response to a predominantly land-based effort designed to provide robust, longer term support to (the Federal Emergency Management Agency) and (to Puerto Rico)," Davis said.

The situation in the U.S. Virgin Islands continues to improve, he said, noting that the governor is shifting from response to recovery.

In Puerto Rico, response operations continue as synchronization of efforts between the Title 10 forces, Puerto Rico National Guard and FEMA improve. Fuel distribution remains the top FEMA priority.

Multiple DOD elements delivered fuel and continue route clearance operations. Fifty nine of 69 hospitals are operational with unknown status. Roughly 44 percent of the population

SEE RELIEF, 10A

TACTICAL COMBAT CASUALTY CARE

Red Lions embrace new, first-line medical strategy

BY SGT. JACOB KOHRS
*17th Field Artillery Brigade
Public Affairs*

The Red Lion Battalion is going above and beyond, to set new standards in the 17th Field Artillery Brigade by implementing Tactical Combat Casualty Care into their overall training Sept. 11 to 15.

The brigade's 308th Brigade Support Battalion embraces a new strategy of integrated medical training known as TC3.

"We used the week to focus

on tactical combat medical training," said Capt. Jesmarie Vives-Vega, 308th BSB operations officer. "It progressively started with a Combat Lifesaving course taught by our medics and proceeded into Tactical Combat Casualty Care, which was introduction to the battalion by the Madigan Medical Simulation Training Center."

TC3 became a standard in the special operations units when

SEE TC3, 10A



SGT. JACOB KOHRS 17th Field Artillery Brigade

Soldiers with 308th Brigade Support Battalion, 17th Field Artillery Brigade participate in tactical medical training on Lewis Main Sept. 15.

IN THE NEWS



SUZANNE OVEL Madigan Public Affairs

Madigan doctors and nurses shadow one another.

JOB SHADOWING

Madigan began a job shadowing program to build camaraderie and improve communication with surgical residents and nurses; family medicine residents joined in, too. See story, 8A.

'STAR WARS' DAY



SCOTT HANSEN Northwest Guardian

Monica Galindo, of JBLM, left, introduces her son, Cristian, 3, middle, and Bella Dimase, 4, of JBLM, right, to R2-D2 during "Star Wars" Day at the McChord Field Library Saturday.

Young readers meet R2-D2

BY RUTH KINGSLAND
Northwest Guardian

Dozens of children and adults dressed as Princess Leia, Luke Skywalker, Rey, Kylo Ren, Darth Vader, Yoda and other "Star Wars" characters swarmed into the McChord Field Library Saturday for the library's "Star Wars" Day, aka "Star Wars" Reads — an event aimed at encouraging children to enjoy the fantasy and wonderment found in books.

Dressed in a flowing white dress, with her hair in the signature over-the-ear rolls, Jessica Muschek, McChord Field Library technician, read to the children from "The Adventures of C-3PO" and "Are Ewoks Scared of Storm Troopers," at the start of the event.

"I'm just so happy to see a lot of new faces, and now they know we do really fun things at the library," Muschek said at the end of the event, as happy children and parents stood in line to check out books or sifted through a stack of "Star Wars"-related books on a library cart.

This isn't the first time the library has encouraged families to read through a "Star Wars" Reads event. A similar event in 2015 also drew crowds of "Star Wars" fans and young readers.

"Anytime we can have something fun like this and get kids reading, it's an accomplishment; I'm thrilled," Muschek said.

Sarah DeJarnette, a military spouse, also said she was thrilled to be part of the event. DeJarnette dressed as "Dagobah Luke," a young Luke Skywalker, from the period when he went to Dagobah to train with Yoda, the Jedi master.

DeJarnette, 24, is a longtime "Star Wars" fan and dressed her 2-and-a-half-year-old son, Noel, as Yoda and carried him on her back, as Luke did with Yoda in the film. Noel seemed comfort-



Jessica Muschek, of JBLM, left, reads from the children's book "Star Wars The Adventures of C-3PO" during "Star Wars" Day at the McChord Field Library Saturday.

able in the costume, in part because his mom has dressed him as the character numerous times, beginning when he was a preemie infant, in San Antonio.

"Star Wars" means a lot to my family," DeJarnette said.

Seven-year-old Mia Galindo was a young Princess Leia at the event. Her 3-year-old brother, Christian, dressed as Darth Vader.

Baby brother, Cruz, who was dressed as Yoda, stayed on the sidelines at the event with dad, Staff Sgt. Cris Galindo, 5th Air Support Squadron, 1st Air Support Group, and mom, Monica.

Mia walked away with a prize for her costume, a 696-piece "Star Wars" puzzle. Her fellow Carter Lake Elementary School students, 10-year-old Natalie and 7-year-old Daniella DiMase, promised to help her put it together. Mia said the event was a lot of fun.

"We got stickers, too," Mia said, as she showed off a Chewbacca sticker.

Children at the event also enjoyed spending time and getting photographed with the two guest characters: the robotic droid R2-D2 and a member of the 501st Legion — a worldwide volunteer organization of cos-

tume enthusiasts who promote interest in "Star Wars" and related events — dressed as Rey, a newer character, from "Star Wars the Force Awakens."

Specialist Greg Martin, 504th Military Police Battalion, 42nd Military Police Brigade, attended the event to hang out with R2-D2 and his dad, Mike Martin, of Yelm, who helped create the droid for the 501st Legion's use. The younger Martin said he grew up participating in 501st Legion activities.

"I was born into it," Greg said. "I (portrayed) Anakin Skywalker as a child, and now I have this," showing off his arm, which is covered in dark side "Star Wars" tattoos.

Greg said he enjoys coming to "Star Wars" Reads events in order to "see my dad's toys," which are "kind of cool."

Mike Martin also is a member of a smaller, local "Star Wars" droid building group, the Pacific Northwest R2 Builders Club, which promotes science, technology, engineering and mathematics activities for kids in the South Sound.

"It's great when we can generate interest in electronics and technology, as well as reading," he said.

17TH FIELD ARTILLERY BRIGADE

Author delivers message of hope

BY SGT. JACOB KOHRS
*17th Field Artillery Brigade
Public Affairs*

At the age of 21, Bob Mortimer lost three of his limbs in a drunk driving accident. His road to recovery, physically, mentally, emotionally and spiritually was a long one, but he was able to find hope and courage in his life to make him whole again.

Now, Mortimer, an author and international speaker, brought his message to the Thunderbolt Brigade as the guest speaker at the 17th Field Artillery Brigade's ministry team's prayer breakfast Sept. 20.

Mortimer's recovery helped him find his wife, who became the rock in which he leaned on. They had a good life together and had three children that they adore.

At age 50, he decides with his wife to lead his family in a bike ride from Gig Harbor to New York City. Along their trip, Mortimer spread the story of the hope and courage that he found in his travels and life experiences that helped him to face the mountains in his life.

"The prayer breakfast was all about resiliency," said Chaplain (Maj.) Sean Moore, 17th FA Bde. chaplain. "The commander's priority for resiliency is Soldier



SGT. JACOB KOHRS 17th Field Artillery Brigade

and family readiness, and the prayer breakfast was to help ensure Soldier readiness from an internal perspective."

Moore continued to explain that the many Soldiers face not only the physical challenges of injuries associated with training, but they also face relational challenges. Relational challenges are not only about marital relationships but any relationship — family, roommates and spiritual guidance.

"The average Soldier is an individual, but they are also part of a team," Moore said. "To build a team, you must have mutual trust and this trust needs to be given to the person on the right and left, and know that you can rely on those per-

sons to help overcome and walk through life's challenges with you."

Every September, the Army recognizes suicide prevention month, Mortimer's message helps to give hope and courage, and stand as a reminder to remain present during the challenges life gives, but to also reach out for support and to embrace and build the relationships around you.

"Before I leave," Mortimer said, "I'd like to encourage you to be aware of the handicaps that you put on yourselves and to find somebody that you can sit down and talk to, with the confidence that it will not leave that space. Yet also be that person for someone else."

NEWS IN BRIEF

Army Surgeon General to hold town hall at Madigan Wednesday

Lieutenant General Nadja West, the Army Surgeon General and U.S. Army Medical Command commanding general, will visit Joint Base Lewis-McChord Wednesday.

During the visit, West will conduct a town hall for beneficiaries of the military health care system Wednesday from 5:30 to 6:30 p.m. at Madigan Army Medical Center's Letterman Auditorium.

Service members, retirees and their families from the Joint Base Lewis-McChord community are encouraged to take advantage of this opportunity to hear the surgeon general speak about the future of Army Medicine and answer questions from the audience about military medicine.

For more information, call Madigan Public Affairs at 253-968-1901.

— REGIONAL HEALTH COMMAND-PACIFIC PUBLIC AFFAIRS

Senate confirms the chairman of Joint Chiefs for two more years

The Senate agreed to Marine Corps Gen. Joe Dunford's reappointment for another two-year term as chairman of the Joint Chiefs of Staff Wednesday.

Dunford will continue to serve as the principal military adviser to the president, the secretary of defense and the rest of the National Security Council through Sept. 30, 2019.

The general's reconfirmation as chairman came via voice vote.

Dunford was nominated as the highest-ranking U.S. military official in 2015. President Donald Trump announced his intent to renominate the general in June.

Dunford has been on active duty for more than 40 years. A native of Boston, Dunford received his commission after graduating from St. Michael's College in Winooski, Vt.

He commanded at every level from platoon to Marine expeditionary force. He served as the commander of the International Security Assistance Force in Kabul before being named commandant of the Marine Corps — the job he held prior to his present position.

Legislation allows for the chairman to serve up to six years in the position, but tradition is generally to serve four years.

Dunford succeeded Army Gen. Martin Dempsey as chairman of the Joint Chiefs of Staff. In his time as chairman, he has promulgated a new National Military Strategy, worked with the strategy to defeat the Islamic State of Iraq and Syria, helped formulate the South Asian strategy and established ways to lessen the chance of miscalculations between Russian and U.S. forces.

He has also worked to better military-to-military relations with nations across the globe to include China, Jordan, Saudi Arabia and Colombia.

The chairman continues to deal with the growing threat from North Korea.

— DEPARTMENT OF DEFENSE NEWS SERVICE

Gold Star Mother's and Family's Day set for Saturday on JBLM

Because losing a child is one of the hardest things a parent can endure, Gold Star Mothers — moms whose sons or daughters died while serving in the military — are being honored this month with Gold Star Mother's and Family's Day. The annual national recognition is held last the Sunday in September.

At Joint Base Lewis-McChord, Gold Star Mother's and Family's Day is set for Saturday and will include an activity at the Lewis Army Museum, 4320 Main Street at Constitution Drive, Lewis Main, from 10:45 to 11:30 a.m. followed by lunch at Farrelli's Pizza, 1590 Wilmington Drive in DuPont.

Both activities are coordinated by JBLM's Survivor Outreach Services and are free for Gold Star family members. No preregistration is required.

— RUTH KINGSLAND, NORTHWEST GUARDIAN

Joint Base Lewis-McChord to have late-night firing next week

Joint Base Lewis-McChord will conduct late-night firing on the following dates, times and locations:

- The 1st Battalion, 37th Field Artillery Regiment, 2nd Infantry Division Artillery, will conduct 155 mm Howitzer training starting Tuesday at 6:30 a.m. to Thursday at 11:59 p.m.

- The 2nd Battalion, 3rd Infantry Regiment, 1st Brigade, 2nd Infantry Division; and the 2nd Battalion, 1st Special Forces Group will conduct 60 mm, 81 mm and 120 mm mortar training starting Oct. 10 from 6:30 a.m. to Oct. 12 at 7 p.m.

- The 2nd Battalion, 75th Ranger Regiment will conduct training with demolitions starting Oct. 17 at 6:30 a.m. to Oct. 19 at 11:59 p.m.

Training will occur throughout daytime and nighttime hours. Increased levels of activity will be noticed throughout the training.

This is required training, which allows military members to practice and improve skills necessary during combat. As often as possible, JBLM conducts larger scale artillery firing and demolition training at the Yakima Training Center in an effort to minimize inconvenience for the surrounding communities. However, some training must take place on base.

— JOINT BASE LEWIS-MCCHORD PUBLIC AFFAIRS

Family and MWR has recruiting fair at Eagles Pride GC Oct. 6

Joint Base Lewis-McChord will have a Business Operations Division Recruiting Fair Oct. 6 at the Eagles Pride Golf Course off Exit 116 from Interstate 5 on JBLM.

Applications and resumes will be accepted from 8 to 10 a.m. JBLM Family and Morale Welfare and Recreation facility managers will conduct initial interviews between 9:45 a.m. to 3 p.m. Nonappropriated Funds human resources staff may extend tentative job offers as well.

Current positions open for Family and MWR facilities are:

- All flex, food service workers (\$11.82 to \$13.79);
- Food and beverage attendant (\$12.38 to \$14.45);
- Cook (\$12.95 to \$15.11);
- Custodial worker (\$11.82 to \$13.79);
- Bartender (\$13.52 to \$15.77).

Applicants must be at least 18 years old, be able to lift 40 pounds, possess a high school diploma, be able to communicate in English and have favorable pre-employment and background checks.

Applicants should bring their Social Security cards, birth certificates or passports and must provide two paper applications per job.

For more information and to download applications, visit the Community Update page on JBLMmwr.com.

— JBLM FAMILY AND MORALE, WELFARE AND RECREATION

Page Three

QUOTE OF THE WEEK

"In a world where so many have reasons to feel cynical and apathetic, I wanted to find a way for veterans to be a beacon of light and show us all that we have a role to play, that we all win when we respect our friends, neighbors and communities. That's why we created (the Invictus Games) — not only to help veterans recover from their physical and mental wounds, but also to inspire people to follow their example of resilience, optimism and service in their own lives."

Prince Henry of Wales
Knight Commander of the Royal Victorian Order

ALSO INSIDE



SCOTT HANSEN Northwest Guardian

VICTORY: Members of the JBLM softball team receive their trophy after winning the Anchor Invitational softball game. **See story, 1B**

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● **Transfer of power:** The first two Afghan Air Force UH-60 Black Hawk helicopters arrived at Kandahar Airfield Sept. 18. The UH-60s are the first to be delivered to the Afghan Air Force under the Aviation Transition and Modernization program. The plan to modernize and increase the Afghan Air Force fleet will provide firepower and mobility enabling the Afghan National Defense and Security Forces to bring a decisive advantage to the fight against anti-government forces. The first UH-60s will remain at Kandahar Airfield, where flight training for Afghan pilots is slated to begin in October.

● **A competitive advantage:** The United States faces a volatile, unpredictable world and must keep up its guard, Marine Corps



Gen. Joe Dunford, chairman of the Joint Chiefs of Staff, said Tuesday during a hearing before the Senate Armed Services Committee. Dunford said the U.S. military has a competitive advantage over any adversary, but that the advantage is eroding. Losing the advantage will erode the American military's ability to deter conflict or win if deterrence fails, he said.

ARMY, AIR FORCE TRAINING

'Deep Steel' takes to the sky

BY SGT. JACOB KOHRS
17th Field Artillery Brigade
Public Affairs

"Deep Steel" took to the sky with rocket launchers in a joint exercise Sept. 19 with the Air Force to ensure quick response readiness in the Pacific.

A High Mobility Artillery Rocket Systems Rapid Aerial Infiltration was a joint exercise between 1st Battalion, 94th Field Artillery Regiment, 17th Field Artillery Brigade and the 62nd Airlift Wing, where Soldiers and Airmen loaded two M142 HIMARS and a communications truck onto a C-17 Globemaster III aircraft. They flew to a target area, quickly unloaded, and unleashed a fury of rockets.

The unit reloaded the aircraft and exited the area before the enemy knew what hit them.

"We have done four of these in the past six months," said Capt. Jamie Holm, battery commander of Alpha Battery, 1-94 FA. "The brigade has recognized this as a vital asset to be available to the I Corps commander and wants us to excel at this type of mission."

In this type of dynamic mission, the field artillery, communication and mobility Soldiers



SGT. JACOB KOHRS 17th Field Artillery Brigade Public Affairs

are working to gaining proficiency with system in a different manor then they are used to.

"This is really good training," said Sgt. Jacob Richie, Alpha Battery's platoon operations chief. "We are getting ahead of emerging doctrine and we are figuring out what our short-

comings are and how to fix them. With this training being on a regular basis, we are also being able to execute these missions faster and more accurately."

An exercise like this does a few things — first it evaluates the battery's ability to deploy. Secondly, it helps gives hands-

on experience with the mobility operations.

"We treat this like an emergency deployment response," Holm said. "The Soldiers are notified very early, we confirm their deployment readiness, issue weapons and check out the needed equipment. It gives us the ability to check our read-

iness at the battery level. The other part of this is air movement operations. This kind of training requires air movement teams, load planning and multiple other things that we have to work with other units and the Air Force to accomplish,"

Finally, it ensures that the battery can conduct an artillery raid effectively.

"A traditional artillery raid is performed on the ground," Holm said. "But the idea here is that forces leave the higher headquarters and do a specific fire mission somewhere and return to headquarters."

As an end state to this type of training, 1-94 FA and 17th FA Bde. as a whole proves that they are ready to deploy, fight and win anywhere in the Pacific or in Middle East regions in a very short amount of time.

"We are ensuring that we are ready to attack or defend anywhere in the PACOM or CENTCOM areas with just a few hours' notice," Holm said. "And with us now being aligned under I Corps, we are giving the joint task force commander a powerful capability to shape the battlefield and disrupt enemy networks."

SERGEANT AUDIE MURPHY CLUB

Club gains new members for JBLM chapter

BY SPC. MEGAN LOBOS
5th Mobile Public Affairs
Detachment

Two Soldiers have joined the Joint Base Lewis-McChord chapter of the Sergeant Audie Murphy Club, a prestigious organization meant to honor the best non-commissioned officers in the Army, at the Stone Education Center on Lewis Main Sept. 22.

Inducted into the Sergeant Audie Murphy Club were 1st Sgt. Richard Laughlin, 864th Engineer Battalion, 555th Engineer Brigade, and Sgt. Norman Frasier Jr., 51st Expeditionary Signal Battalion, 35th Theater Tactical Signal Brigade.

Like other inductees into the club, Laughlin and Frasier underwent a rigorous selection process that included a difficult board, an

Army physical fitness test, an essay and a written test. Would-be Sergeant Audie Murphy Club members had to score at least 90 percent in each event.

"The main reason why I wanted to become an Audie Murphy member was I wanted to set the example for junior Soldiers," Laughlin said. "It is a big deal. It's more than just going to a board. It's a community and you're expected to perform beyond the average."

Frasier added that earning membership in the Sgt. Audie Murphy Club said a lot about the inductee.

"It means you're the elite of the elite and you're ready to serve your community in every way shape and form possible," Frasier said about the club.



SPC. MEGAN LOBOS 5th Mobile Public Affairs Detachment

Founded in 1986 at Fort Hood, Texas, the Sergeant Audie Murphy Club is a private organization primarily for noncommissioned officers that, according to the Audie Murphy Memorial Web site, was created to "develop, inspire, and motivate the best

leaders possible in the U.S. Army."

The Sergeant Audie Murphy Club was named after America's most decorated World War II Soldier. Murphy is a revered figure in military lore. He is often referred to as the greatest com-

bat Soldier in the more than 200-year history of the United States.

While serving in World War II, Murphy earned nearly every decoration of valor the country offered, including the Medal of Honor.

He also collected five decorations from France and Belgium. After his military service, he went on to have a successful movie career, starring in 44 feature films, including the autobiographical "To Hell and Back."

Murphy was also known as an advocate for veterans who worked to raise awareness of what is now known as post-traumatic stress disorder.

Murphy died at 45 years old in a plane crash in Virginia in 1971.

593RD EXPEDITIONARY SUSTAINMENT COMMAND

593rd ESC sustains winning edge in Korea exercise

BY CAPT. CAIN CLAXTON
593rd Expeditionary
Sustainment Command

Dozens of Soldiers from the 593rd Expeditionary Sustainment Command deployed to South Korea in August to participate in Ulchi Freedom Guardian, an annual 10-day defensive exercise designed to enhance readiness, protect the region, and maintain stability on the Korean peninsula.

In the exercise, the 593rd ESC established an early entry command post in order to direct sustainment operations in support of I Corps.

"We went to Korea to exercise our capability to expeditiously deploy, establish an EECP, and provide mission command in an austere environment," said Maj. Kyle Smith, the officer-in-charge of

the 593rd ESC's current operations section.

Staff Sergeant Richard Pacheco, a wheeled-vehicle mechanic and power-grid manager for the ESC, did his part to make sure the EECP stayed operational with electricity.

"We started prepping the power grid a few months out," Pacheco said.

Preparations included conducting a full site setup with all the pieces of equipment that use electric power, then running through checks to make sure everything works properly when operating under full and reduced power.

"The biggest learning curve is you cannot predict for everything to go right, so you have to have contingencies," Pacheco said. "Plan for the worst, but be prepared for even more severe things to happen."

While Pacheco kept power flowing, it was Spc. Vincent Dupont's job to keep relevant the endless flow of data coming into the EECP. Dupont, an ammunition stock, control and accounting specialist in the 593rd ESC support operations section, aggregated the information into a common operating picture for the commander to make decisions.

"There were a lot of moving parts, but I always had a sense that people knew what they were supposed to do," Dupont said.

The support operation section is staffed with subject matter experts on all matters logistics and sustainment, but coordinating their knowledge and experience into an exercise like UFG can be demanding.

"Our job was to set the conditions that enable freedom of

action and endurance," said Maj. Paul Reyes, support operation section plans officer.

Put another way, the 593rd ESC ensured I Corps could keep fighting on its terms.

Beyond the benefit of rehearsing drills and responding to computer-simulated scenarios, the exercise allowed Soldiers to work with senior commands and international partners, fostering relationships and understanding, Reyes said.

About 17,500 U.S. service members participated in the exercise, with 3,000 troops coming from off the Korean peninsula. U.S. forces joined Republic of Korea military forces from major ROK units representing all services, as well as ROK government participants.

In addition to the ROK and U.S. forces, U.N. Command

forces from seven sending states, including Australia, Canada, Columbia, Denmark, New Zealand, the Netherlands and the United Kingdom participated in the exercise.

Neutral Nations Supervisory Commission observers monitored the exercise to ensure it was in compliance with the Armistice Agreement for the Restoration of the South Korean State (1953). Training exercises like UFG are carried out in the spirit of the Oct. 1, 1953, ROK-U.S. Mutual Defense Treaty and in accordance with the Armistice.

These exercises highlight the longstanding military partnership, commitment and enduring friendship between the two nations, help to ensure peace and security on the peninsula, and reaffirm U.S. commitment to the Alliance.

Viewpoint



Commander, I Corps and Army Senior Commander, JBLM
Lt. Gen. Gary Volesky

Commander, 62nd Airlift Wing and Air Force Senior Commander, JBLM
Col. Rebecca Sonkiss

Joint Base Garrison Commander, JBLM
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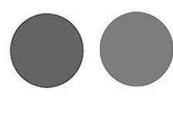
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STRAIGHT TALK

To join the "Straight Talk" conversation, visit facebook.com/JBLewisMcChord



Cooler weather means pumpkin spice lattes and comfort food. What are your favorite fall treats?

"Pumpkin spice lattes, yes please! I look forward to them."

— ERICA LEE FOWLER

"Apple scented candles."

— CHEYENNE DIAL

"Pumpkin bread and pumpkin bagels."

— CINDY WOOLBRIGHT COLEMAN

"Sweet potatoes."

— H.C. ISER

"Lots of roasted winter veggies."

— TAMMY ORNELAS

"I had a maple apple muffin top this morning; that was a good fall treat!"

— FLAVIA GARCIA HULSEY

"Pumpkin squash soup, chili, loaded potato soup, tater tot hotdish."

— KRISTA MAY LINDHOLM

"My treat is any day above 70 degrees and not raining!"

— CHUCK COURTRIGHT

Next week's question

It's pumpkin time! What are you carving into your jack-o-lantern this year?

VIEW FROM THE TOP

Training helps prepare troops for volatile world

BY MAJ. GEN. WILLARD BURLESON

7th Infantry Division Commander
I am very excited to be back at Joint Base Lewis-McChord, a member of the I Corps team, and even more humbled to be the 61st commanding general of the 7th Infantry Division.



Burleson

This is my third time serving in this historic division, and with this being the division's centennial year, the third time has turned out to really be the charm for me and my family.

My initial assignment was in the 7th Infantry Division when it was based in Fort Ord, Calif., which included service in the Multinational Force and Observers, Sinai, Egypt, and Operation Just Cause, the invasion of Panama. My most recent assignment was as the senior adviser to the ministry of defense in Afghanistan.

After spending the past year in Afghanistan, I realize our world is more uncertain and volatile than I have ever seen it in my career. As commander of the 7th Infantry Division, I have the incredible responsibility, as do my other teammates on JBLM, to ensure our leaders and their units are trained and ready to deploy, fight and win decisively in any environment.

This means putting an increased focus on individual, crew and collective training to ensure we meet and exceed standards. We must maintain a continuous state of readiness in key areas such as maintenance, weapons proficiency, medical expertise and physical fitness, to name a few.

In addition, our Soldiers must be both mentally and physically tough to handle the rigors of ground combat, and any other mission our nation calls on us to perform, such as providing hurricane relief or wildland firefighting support. Needless to say, we have an extremely talented team and strong leaders who are ready and energized to take readiness to the next level.

September has been an extremely busy time for our team. It began with 2nd Brigade, 2nd Infantry Division deploying to the National Training Center, Fort Irwin, Calif. The brigade was originally scheduled to transport its equipment by rail, however, during a no-notice exercise, they deployed their equipment by sea through the Port of Tacoma.

This exercise provided a tremendous opportunity to develop the



SPC. COURTNEY WHITE Fort Irwin Operations Group

A Soldier assigned to 2nd Brigade, 2nd Infantry Division uses hand signals as he commands his team while in a live-fire exercise during Decisive Action Rotation 17-09 at the National Training Center, Fort Irwin, Calif., Sept. 21.

leaders of the brigade and hone their collective readiness, in the tough, unforgiving terrain of the Mojave Desert and against a ruthless and free-thinking opposing force.

In early September, elements of the 23rd Brigade Engineer Battalion and the 1st Battalion, 23rd Infantry Regiment, 1st Brigade, 2nd Infantry Division mobilized Task Force Spearhead. The task force served as firefighters to assist the National Interagency Fire Center as they reacted to wildfires currently plaguing the Pacific Northwest.

This was the first time active-duty military service members from JBLM have been mobilized to serve as firefighters and assist with wildfire suppression efforts since 2015.

In addition to the firefighting mission, 1st Bde., 2nd Inf. Div. Soldiers have been busy supporting two bilateral exercises — Rising Thunder 17 and Yudh Abyhas 17 with our Japanese and Indian military counterparts, respectively. Both exercises allow us the opportunity to improve our collective skills and relationships with our allies in the Pacific and promote interoperability.

The 16th Combat Aviation Brigade also welcomed home their 4th Squadron, 6th Attack Heavy Reconnaissance Squadron after a successful 9-month deployment in Iraq in support of combined joint task force Operation Inherent Resolve. We

should all be proud of their efforts.

Additionally, we look forward to the return of the remainder of 16th CAB over the next couple of months from Afghanistan.

The 2nd Infantry Division Artillery participated in Exercise Ulchi Freedom Guardian along with I Corps and many other JBLM teammates. This exercise continues to strengthen our ties with the Republic of Korea and its military.

The 555th Engineer Brigade continues its yearlong support of support of U.S. Northern Command participating in several exercises in the state of Washington, at Joint Base Lewis McChord and at Fort Hood, Texas.

Finally, I am pleased that we are partnered with the Washington Army National Guard, in particular the 81st Brigade. It is important for us to build relationships and combined readiness with our Reserve and National Guard teammates as we continue to depend on each other more and more in this complex world in which we live. I look forward to working with them in their transformation to a Stryker brigade.

In closing, I look forward to getting to know the rest of my teammates, the Soldiers, families and surrounding communities that support this great installation. Trust in Me!

CHAPEL SERVICES

CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel

Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.)

Sunday, 9 a.m. — Lewis Main Chapel

Sunday, 9 a.m. — Madigan Chapel

Sunday, 10 a.m. — McChord Chapel No. 2

Sunday, noon — Lewis Main Chapel

Sunday, 5 p.m. — Lewis Main Chapel

Weekdays, noon — Lewis North Chapel

Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125

1st Friday, noon — McChord Chapel No. 2

PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers' Chapel

8:30 a.m. — Traditional — McChord Chapel No. 1

10 a.m. — Contemporary — Four Chaplains Memorial Chapel

10:30 a.m. — Collective — Lewis Main Chapel

10:30 a.m. — Collective — Madigan Chapel

10:30 a.m. — Contemporary — Evergreen Chapel

11 a.m. — Contemporary — McChord Chapel Support Center

11 a.m. — Gospel — Lewis North Chapel

DIVERSE WORSHIP

Jewish
Friday, 7 p.m. — Lewis Main Chapel

Islamic
Friday, 12:30 p.m. — Evergreen Chapel, 253-968-1125

Buddhist
Friday, 6 p.m. — Soldiers' Chapel, 253-966-5959

Pagan/Wiccan
Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

JBLM SNAPSHOT



1st Brigade, 2nd Infantry Division

Indian Army soldiers participating in Yudh Abyhas 17 on Joint Base Lewis-McChord were given the opportunity to familiarize themselves in the Boeing CH-47 Chinook Sunday. The orientation flight around the local area allowed the soldiers to better understand the capabilities of the helicopter.

THIS WEEK IN HISTORY

Sept. 29, 1965: Hanoi announces that downed pilots will be war criminals.

Sept. 30, 1927: Babe Ruth hits 60th homer of 1927 season.

Oct. 1, 1890: Yosemite National Park established

Oct. 2, 1919: U.S. President Woodrow Wilson suffers massive stroke.

Oct. 3, 1863: Lincoln proclaims official Thanksgiving holiday.

Oct. 4, 1944: Ike warns of the risk of "shell shock."

Oct. 5, 1974: American circumnavigates the globe on foot.

PROFESSIONAL MILITARY EDUCATION

National Defense University gains its new president

BY JIM GARAMONE
Department of Defense
News Service

WASHINGTON, D.C. — Presiding at the change of presidency ceremony Monday at the National Defense University on Fort McNair, Washington, D.C., Marine Corps Gen. Joe Dunford, the chairman of the Joint Chiefs of Staff, said professional military education is a priority for the American military and its

allies. Dunford watched as Marine Corps Maj. Gen. Frederick Padilla handed the NDU flag to Navy Vice Adm. Frederick Roegge.

The chairman thanked Padilla for his persistence and example, saying he epitomized “the servant leader” to the NDU faculty, staff and students Padilla arrived at a time of staff turbulence and financial uncertainty at the university, he noted, put-

ting new curricula in place and fighting to ensure the university received the proper funding to accomplish its important mission. Dunford said the United States military will “double down” on professional military education.

As he looked across the audience, he noted a number of officers from allied militaries and said the source of the U.S. military’s strength is the net-

work of allies and partners. Padilla has paid particular attention to increase the international flavor of the school, he added.

Dunford said he chose Roegge to take the university to the next level because he combines a hard science education with a liberal arts degree.

The university is the pinnacle of officer professional military education. It consists of the National War College, the Ei-

senhower School for National Security and Resource Strategy, the College of International Security Affairs and the Joint Forces Staff College and hosts the Pinnacle course for senior government leaders. The institution is designed to foster development of joint security leaders and has students from all the military services, many civilian agencies and international allies and partners.



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Off I-5 at Exit 116**

8-10 a.m.
Applicants submit applications and resumes
9:45 a.m.-3 p.m.
MWR facility managers conduct interviews & HR may extend tentative job offers

CURRENT POSITIONS: ALL FLEX Food Service Worker - NA-7408-02, \$11.82-13.79,
Food and Beverage Attendant - NA-7401-03, \$12.38-14.45,
Cook - NA-7404-04, \$12.95-15.11, Custodial Worker - NA-3566-02, \$11.82-13.79,
Bartender - NA-7405-05, \$13.52-15.77 INFO: JBLMmwr.com

CAN YOU SURVIVE THE OUTBREAK?

JBLM ZOMBIE APOCALYPSE 5K RUN

Saturday, Oct. 14

5K Run/Walk & 1K Kids' Monster Dash

Wilson Sports & Fitness Center
11596 D St. & 41st Division at Lewis North

Registration details:
JBLMmwr.com/races

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TWT Discount.....\$1,161	
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TFS Rebate.....\$2,500	\$17,033
TWT Discount.....\$1,012	
OTHER REBATES MAY APPLY: Military Appreciation.....\$500	

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TWT Discount.....\$1,055	
OTHER REBATES MAY APPLY: Military Appreciation.....\$500	

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TWT Discount.....\$940	
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TFS Rebate.....\$3,000	\$28,778
TWT Discount.....\$1,722	
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3.5L V6, AUTO, AR, 8 PASS, CRUISE, PWR W/L, AUX AUDIO JACKS W/POD CONNECT & BLUETOOTH

THIS ONE, STK #77277, VIN #JSTK1Z0C0830955

2017 TOYOTA AVALON HYBRID XLE PLUS

MSRP.....\$38,434	TITUS-WILL PRICE
TFS Rebate.....\$3,500	\$31,999
TWT Discount.....\$2,935	
OTHER REBATES MAY APPLY: Military Appreciation.....\$500	

HYBRID SYNERGY DRIVE SYSTEM 2.5L 4-CYL DOHC, SCOUT GPS LINK APP & BACKUP CAMERA DISPLAY

THIS ONE, STK #77579, VIN #F11B1E1EJ053648

2017 TOYOTA TUNDRA 4X4 SR DBL CAB 4.6L

MSRP.....\$36,394	TITUS-WILL PRICE
TFS Rebate.....\$1,500	\$32,949
TWT Discount.....\$1,945	
OTHER REBATES MAY APPLY: Military Appreciation.....\$500	

4.6L V8 DOHC, AUTO, PWR WINDOWS W/DR AUTO DRAIN AND PWR DOOR LOCKS, ENTUNE AUDIO PLUS W/CONNECTED NAV APP

THIS ONE, STK #77266, VIN #JTF1B1E1EJ053632

2017 TOYOTA 4RUNNER 4X4 SR5

MSRP.....\$37,139	TITUS-WILL PRICE
TFS Rebate.....\$2,140	\$34,999
TWT Discount.....\$2,140	
OTHER REBATES MAY APPLY: Military Appreciation.....\$500	

4.0L DOHC 24-VALVE V6, PWR WINDOWS W/DR AUTO DRAIN AND PWR DOOR LOCKS, VEHICLE STABILITY CONTROL

THIS ONE, STK #77263, VIN #JTEBU1E1EJ0536410

2017 TOYOTA TACOMA TRD SPORT 4X4 DBL CAB

MSRP.....\$36,962	TITUS-WILL PRICE
TFS Rebate.....\$1,884	\$35,078
TWT Discount.....\$1,884	
OTHER REBATES MAY APPLY: Military Appreciation.....\$500	

3.5L V6, AUTO, ENTUNE AUDIO PLUS W/CONNECTED NAV APP, SCOUT GPS LINK, TOW PACKAGE, BACKUP CAMERA

THIS ONE, STK #77252, VIN #JTF1B1E1EJ0531963

2017 TOYOTA HIGHLANDER AWD XLE V6

MSRP.....\$41,293	TITUS-WILL PRICE
TFS Rebate.....\$2,570	\$38,723
TWT Discount.....\$2,570	
OTHER REBATES MAY APPLY: Military Appreciation.....\$500	

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Health Beat

MADIGAN SHOUT OUT

Creating and supporting a realistic patient care training exercise for graduating interns and residents led to the recognition of nine Madigan Army Medical Center staff members and the Andersen Simulation Center team.

The team and staff members supported the fiscal 2017 Capstone Field Training Exercise, which provided deployment readiness training in an austere field environment for 118 Soldiers in scenarios ranging from point of injury to combat support hospital care.

Pictured is Maj. (Dr.) Charles



Kitley, one of the exercise support staff, receiving an Army Achievement Medal from Col. Michael Place, Madigan commander.

MADIGAN ARMY MEDICAL CENTER

GENERAL SERVICES

Emergency: 911
Nurse Advice Line: 1-800-874-2273, option 1
Madigan directory: 253-968-1110
Tricare Regional Appointment Center (TRAC): 800-404-4506
Tricare On-Line: tricareonline.com
United Health Care: uhc-militarywest.com, 877-988-9378
Pharmacy Refill: 253-968-2999
Tricare Express-Script pharmacy service: 877-363-1433 or www.express-scripts.com
Referral Coordination Center

Hotline: 253-968-2903
Patient Admissions: 253-968-3827/3829
Patient Advocacy: 253-968-1145
Beneficiary Counseling Assistance Coordinator: 253-968-3348/3491

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Child and Family Behavioral Health: 253-968-4843
Military One Source: 800-342-9647
National Suicide Prevention

Life Line: 800-273-8255 (Option 1)
Exceptional Family Member Program: 253-968-0254/1370
Armed Forces Blood Bank Center: 253-968-1850
Fisher House: 253-64-9283
Public Affairs Office: 253-968-1901
Veterinary Treatment Facility: 253-982-3951
Madigan Directory Assistance: 253-68-1110
Madigan Army Medical Center website: mamc.amedd.army.mil
Email: usarmy.jblm.medcom-mamc.mbx.pao@mail.mil
Fisher House: 253-964-9283

MADIGAN ARMY MEDICAL CENTER

Nurses, doctors trade places

BY SUZANNE OVEL
Madigan Public Affairs

Nurses and residents are now figuratively trading lab coats and scrubs as a part of a new job shadow program at Madigan Army Medical Center.

The program helps doctors and nurses to better communicate while opening their eyes to the day-to-day duties of their medical counterparts. On most inpatient floors, nurses run the day-to-day (or even hour-to-hour) patient care while doctors oversee patients' care plans as they treat other patients in the hospital as well.

"The plan is for residents to live the life of a nurse," said Dr. Michael Braun, the medical director for Madigan's 6th floor medical/surgical unit. Nurses, in turn, "spend the day running around in the shoes of a resident."

The job shadowing started six months ago to build camaraderie and improve communication between surgical residents and nurses; just recently, family medicine residents joined in, too.



SUZANNE OVEL Madigan Public Affairs

Captain (Dr.) Emily Craig, a first year family medicine resident, learned more about how a hospital floor flows as she followed an inpatient nurse. As she shadowed care from feeding patients to walking with them to responding to their social and emotional needs, Craig said she gained a greater appreciation for

the amount of time that nursing care takes.

"These are things that we don't see as physicians," she said.

When 2nd Lt. Sean Coolidge, a registered nurse, shadowed residents, he witnessed firsthand the fast pace of their work, from care handoffs to meetings, and rounds to discussions of care plans. He

also realized the high number of pages that residents receive and took the opportunity to ask how the paging process could improve.

"It gives a bigger perspective," said Capt. Laura Gaffken, an inpatient surgical liaison nurse who works one-on-one with residents and nurses and helps sup-

port the job shadow program.

While the program promotes greater understanding and relationships at the individual level, it also allows participants to address more systemic issues as well. Since shadowing residents, nursing staff developed a board to track all outgoing pages to different services to eliminate duplicate pages; the shadowing also reinforced the need to have critical information on hand when doctors return pages to save time during their phone calls.

The program also encourages residents to share success stories and initiatives they observe in their job shadowing across the various units they work in. In fact, the level of communication across the board has improved since the job shadowing program began.

"We have also noticed in our (TRICARE Inpatient Satisfaction Surveys) data that our patient satisfaction has gone up," Gaffken said. "Ultimately we feel it's helped communication with patients, nurses and physicians."

DEEAN MARSH GREAT FRIEND TO CHILDREN AWARD

Children's Museum recognizes Madigan

BY KIRSTIN GRACE-SIMONS
Madigan Public Affairs

Children's museums believe in the power of play. Madigan Army Medical Center believes in children and the power to make their lives exceptional.

That tie led the Children's Museum of Tacoma to recognize Madigan's stalwart support of children and families by awarding it the 2017 Deean Marsh Great Friend to Children Award at this year's Power of Play Lunch Tuesday at the Hotel Murano in downtown Tacoma.

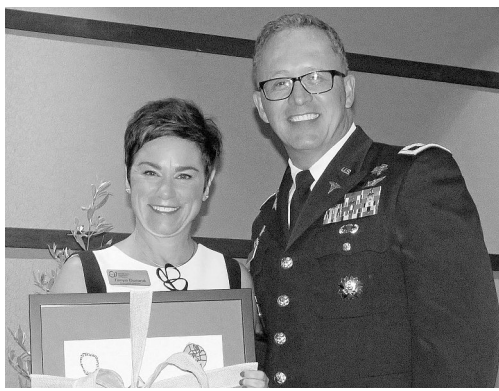
Named to posthumously honor beloved museum employee Deean Marsh, the museum started presenting the award to individuals and organizations making notable contributions to enriching and supporting the lives of children in 2008. The award recognizes Madigan as a whole with a specific note of appreciation for the Pediatric Specialty Department, the new Joint Base Lewis-McChord Center for Autism Resources, Education and Services and its work

with the Exceptional Family Member Program.

Tanya Durand, executive director of the Children's Museum of Tacoma, told Col. Michael Place, Madigan commander, that she is thrilled that Madigan was permanently acknowledged and recognized for its work providing extraordinary care for children in the community and beyond.

"JBLM has an extremely large number of young families and nearly one in four children has some documented special need," Durand said. "In the general population, that is one in 10, so one in four is pretty extraordinary. This calls upon Madigan to provide stellar pediatric services. They do."

As he accepted the award, Place focused on Madigan's programs that help kids make a strong start for a confident and compassionate life. Opened in August, JBLM CARES is the Department of Defense's first autism service center. Madigan also has an impressive Developmental-Behavioral Pediatrics



KIRSTIN GRACE-SIMONS Madigan Public Affairs

Fellowship program, he said.

"Remarkably, 20 percent of the developmental pediatricians across the country were trained at Madigan," Place said. "So, if you're looking at a developmental pediatrician somewhere, odds are strongly in their favor that they were trained in our program. That is the commitment we have not only to military families but to the greater community at large."

Joining Place were Madigan leaders instrumental in providing

care to kids. Col. (Dr.) Jay Erickson, deputy commander for medical services; Lt. Col. (Dr.) Eric Flake, program director of Developmental Behavioral Pediatrics; Maj. (Dr.) Daniel Tolson, a physician in pediatrics, developmental fellow and manager of the EFMP at Madigan; and Maj. (Dr.) Elizabeth Woods, Pediatric Patient-Centered Medical Home director.

Other faces familiar to the JBLM community were present as well. Retired Maj. Gen. James

"Jimmy" Collins, former deputy commander for I Corps, who is currently Washington's civilian aide to the secretary of the Army and is serving this year as an honorary chair along with his wife, Linda. Both are involved with the museum for very personal reasons.

"Our grandchildren are entertained and learn at the Children's Museum and we find it just a perfect match between the military community and the terrific programs that the Children's Museum offers," Collins said.

Emphasizing that military and civilian are really one community, Place ended his remarks with appreciation and an invitation. "We are thrilled and honored to be recognized with this award," Place said. "Please come on out. Madigan is your hospital, whether you are a military beneficiary or not. We invite you to come see one of the greatest institutions that our military has to offer; a leading facility for medicine in our country."

EDITORIAL

Suicide prevention: problems understanding problems

BY MAJ. (DR.) ROHUL AMIN
7th Infantry Division Psychiatrist

Each September, 7th Infantry Division concentrates its efforts of strengthening its suicide prevention programs and enhancing a culture that values life. While the end state is reduction of suicidal deaths, these actions also promote healthy living, social connectedness, leadership engagement and increased functioning.

The weakness in the program however is not knowing which of the known risks are elevated in a unit. We also lack adequate measurements of effectiveness.

Suicide prevention is a complex challenge. A long series of decisions and interventions are required where each decision and intervention influence the subsequent decisions. The suicide related casualties, however, do not care about the decisional



Amin

challenges leaders and commanders face.

According to the most recent report on suicides from 2015, the Army lost 277 Soldiers to suicides. Adjusted for demographics, the rates of suicides are similar to those of general U.S. population.

While this is reassuring, it is still not clear why the rates of suicides in the Army went from being lower than general U.S. population, prior to 2006, to a sharp rise that remains to-date.

We have significant knowledge gaps to help translate data into decisions. In the complex world of human behaviors, the commanders still rely on very crude metrics.

In most units, these include trending suicidal ideations, failed

suicide attempts and suicidal deaths. Given the low base rate of these events, the trend typifies small deviations.

With these metrics, it is hard to differentiate normal fluctuations from significant changes. It serves to provide situational awareness but does not lead to meaningful knowledge. Ideal metrics instead would serve to provide a shared mental model — a state of shared understanding.

Additionally, metrics must provide causal knowledge — not just the "what" but the "why's" of a given problem.

Without metrics that provide shared understanding, it makes this complex problem even more challenging. Currently, several assessments indirectly look at some of these risks.

These include Command Climate Surveys or the Unit Risk Inventories. However, they are

not explicitly nested under known suicide risk factors.

Often interventions are done either based on Army requirements or on leadership's intuition. However, there are not good ways to know their efficacy.

This problem of understanding the problem must be resolved.

The Army is an ideal institution to tackle this problem. Our solution in 7th Infantry Division to these problems is still in its infancy. However, the initial pilot has been encouraging.

We took an historical Unit Behavioral Health Needs Assessment developed by Walter Reed Institute of Research and modified it. We have made it more feasible and unobtrusive by making it available online.

Our Soldiers take the 10-minute survey anonymously via their smartphones during lunch break. Specific company-level units are

sampled throughout the year.

The resulting data is permitting us to see true differences among our subordinate units.

Given its longitudinal nature, we hope to develop a database of causal knowledge that will enable commanders to actively modify suicide related risk factors.

As an Army of the future, more focus should be invested on machine learning and targeted surveillance of risk and resiliency factors. Facebook has recently shown that it can know you better than your friends can by simply analyzing your "likes" on your profile.

Relying on technological solutions while grooming our tribal subculture may be the answer to marrying the new with the old. This odd couple may help us better understand and respond to the problem of suicides among our ranks.

Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



PF. SEARA MARCSIS U.S. Army photo

SNAPSHOT

Invictus Games

U.S. Army Col. Daniel Dudek, an artillery officer in the G3 training shop for Headquarters Support Company, 1 Corps, places bronze for the Men's IT4 1,500 meter cycling event at the Invictus Games at York Lions Stadium in Toronto Monday.

LET'S HEAR IT

What do you want to know in 2017? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477-0182.

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days and federal holidays on Joint Base Lewis-McChord.

Oct. 9 - Columbus Day/ Army DONSA

Nov. 10 - Veterans Day observed

Nov. 13 - Army DONSA

Nov. 23 - Thanksgiving Day

Nov. 24 - Army DONSA and Air Force Family Day

VISIT NAC STORE SALE THIS WEEKEND

The Northwest Adventure Center store's back-in-business sale continues Friday-Saturday. Save at least 20 percent on most in-stock items; some exclusions apply. Check out new merchandise in the new and improved store for hunting, fishing, mountain climbing, backpacking, diving, the backcountry and more. New brands include: Osprey, Scarpa, MSR, Smartwool and TheraRest. If the store doesn't carry it, it can be special-ordered. The NAC is located at 8050 NCO Beach Road on Lewis North. For more information, call 253-967-8282.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop Mondays from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcscheckappointments.com.

HEADS OR TAILS AT THE BREWHOUSE

Get in on Heads or Tails Tuesdays at Samuel Adams Brewhouse at JBLM. Every Tuesday from 4 to 10 p.m., we flip a coin for your first drink. If you call it correctly, you receive \$1 off your first drink. Sam Adams is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

JBLM FAMILY HOUSING FIRE SAFETY CLASS

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in to Lewis-McChord Communities. Service member must attend; spouse is welcome and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main. Doors open at 12:30 p.m.; class starts at 1 p.m. Parking is limited, so arrive early.

BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a Building Managers Fire Safety Class. Classes take place on are the first and third Wednesday of the month at 9 a.m. Bldg. 2014, Fire Station 107 Pendleton, on Lewis Main. Next class is Wednesday. Class limited to first 25 people; doors open at 8:30 a.m. For more information, call 253-966-7164.

WARRIOR ZONE'S OPEN MIC AND KARAOKE

Celebrate the return of Open Mic Night at the Warrior Zone the first and second Thursday of the month at 6 p.m. Entertain your friends on stage and come back for more. Karaoke Night debuts the first and third Saturdays of the month at 6 p.m. Have fun belting out your favorite tunes with your buddies with host DJ Rae. WZ is open to ages 18 and older only. For more information, call 253-477-5756. The Warrior Zone is on the corner of 17th and D streets at Lewis North.

24/7 DAD SUPPORT GROUP FOR FATHERS

Join a Dads' support group, "24/7 Dad," where fathers support fathers. Learn how to become a better father and have a place to do activities with your children. Receive support from other dads who understand the day-to-day struggle of raising children. Classes take place on the second and third Tuesdays, every other month starting in October 2017 from 10 a.m. to noon at the 16th Combat Aviation Brigade's Raptor Resilience Center, 3204 Second Division Drive on Lewis Main. Next classes are Oct. 10 and 17. Online registration is available by visiting jblmafcscheckappointments.com, or call 253-967-5901 to register via phone.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

Enjoy discussing books? Join the McChord Library's Novel Navigators. This adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Oct. 11 to discuss "Big

Stone Gap" by Adriana Trigiani. Registration is required in person. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For more information, call 253-982-3454.

SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the third Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is Oct. 19.

JOIN BIGGER THAN EVER HARVEST FEST

This year's Harvest Fest is set to be an exciting extravaganza for JBLM families. Come on over for games and prizes, get creative with crafts, pose for snapshots, get temporary tattoos and enjoy bounce house fun, treats and more. Families are invited to the free event Oct. 21 from noon to 4 p.m. at Hillside Youth Center, located at 6397 Garcia Blvd. on Lewis Main. For more information, call 253-967-4441.

JBLM NEWCOMERS' ORIENTATION BRIEF

Joint Base Lewis-McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around the base, all service members, civilians and adult family members are invited to attend the Newcomers' Orientation Oct. 24 at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m.

Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcscheckappointments.com.

HAUNTED HOUSES NEED FIRE PERMITS

Joint Base Lewis-McChord is counting on you to have a safe Halloween. If you're planning to have a unit Halloween haunted house, a JBLM Fire Prevention Office permit is required no later than 15 days before the start of the event. Save time and energy by getting all the details, to include specific life safety requirements, before you start your project. For more information about the permit process, call 253-966-7164.

JOIN THE CLUB FOR DFMWR SAVINGS

Membership in the Club at McChord Field includes money-saving discounts at Family and Morale, Welfare and Recreation facilities; save on meals, activities, equipment and more. Join before Oct. 31 and you could win \$10,000, a free membership, free lunches and more. Go to myairforcelifeline.com and click on the big blue "for Club members" button to become a member and start saving today. Anyone can become a Club member, even if you're not Air-Force-affiliated. The Club is located at 700 Barnes Blvd. at McChord Field. For more information, call 253-982-5581.

REMEMBERING WWI THROUGH BOOK CLUB

Remember the 100th anniversary of World War I with Joint Base Lewis-

McChord libraries' new book club, part of an Army Library initiative commemorating the United States' entry into World War I. Book discussions take place quarterly at either the Grandstaff or McChord Field libraries. The next book discussion, "The Daughters of Mars" by Thomas Keneally, author of "Schindler's List" is set to take place at McChord Field Library Nov. 7 at noon. No registration required. A limited number of print copies are available at the libraries, or copies can be downloaded as E-books. For more information, call Grandstaff Library at 253-967-5889 or McChord Field Library at 253-982-3454.

STRENGTHS/NEEDS 2017 ASSESSMENT

Joint Base Lewis-McChord wants to hear from you. Tell us how we can improve community health, wellness, readiness and resiliency by taking the Community Strengths and Themes Assessment online. What is important to our installation? What is the quality of life at JBLM, and how we can improve health, wellness, readiness and resiliency? Service members, family members, Department of Defense employees and retirees alike, please take some time to complete this 36-question survey: tinyurl.com/y928d27m.

NEW FALL HOURS AT SAMUEL ADAMS

Samuel Adams Brewhouse's new fall hours deliver the best sports viewing combined with bar games and specials.

- Sunday from 1 to 10 p.m.
- Monday from 4 to 10 p.m.
- Tuesday-Wednesday closed

● Thursday from 4 to 10 p.m.

● Friday from 4 p.m. to midnight

● Saturday from 4 to 11 p.m.

Sam Adams is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

FIRE EXTINGUISHER ANNUAL SERVICING

All facility fire extinguishers on base must be recertified and retagged annually. Accomplish this either by contractor via GPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg. 2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call the fire extinguisher shop at 253-966-2600.

MOVING RESOURCES AVAILABLE ONLINE

Automated Housing Referral Network is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military families. Visit ahrn.com. Defense Travel Management Office consolidates, streamlines and centrally manages commercial travel. This single point of contact ensures consistency in the department's focus, policy and execution, marking a new era in government travel. For more information, visit defensetravel.dod.mil. Defense Personal Property System is a centralized, integrated one-stop source for managing personal property moves. For more information, visit move.mil.

THE USE OF SPACE HEATERS ON JBLM

The Joint Base Lewis-McChord Fire Department is not the authority for the use of space heaters on the installation in your work area; the Directorate of Public Works' Energy Conservation is the OPR for the use of all space heaters on JBLM. Contact Eric Waehling at 253-966-1772, eric.r.waehling.civ@mail.mil or Amin Sakhawat at 253-966-9011, sakhawat.amin.ctr@mail.mil. If DPW authorizes the use, JBLM Fire Prevention will ensure space heaters are used in a fire safe manner.

LEARN THE BASICS OF SOCIAL MEDIA

Do you or someone you know struggle to understand setting up an email or social media account? Do your kids, grandkids or friends wish you could join them online? Would you like to receive photos and messages more often? The Arts and Crafts Center offers a new social media class for beginners, on-demand to teach you how to establish, use and maintain an email account and introduces you to Facebook. You'll also be given an overview of other social media sites to see where your newfound skills can be applied. Grab a friend or two and check out what you can do online. The cost for the class is \$5. The Arts and Crafts Center is located at 1121 Barnes Blvd. on McChord Field. For more information about how to register, call 253-982-6726/6718.

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at jblmunlimited.com or on Facebook at [facebook.com/jblmunlimited](https://www.facebook.com/jblmunlimited).

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs! Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

Hawk Job Fair take place Mondays (except DONSA's and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/technology/business/brief.

WorkSource Veterans Service Orientation Briefings take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton, Wash. Next meeting is Wednesday. For more information, call 206-205-3500.

Brown Bag Mini Job Fair Wednesdays from 11 a.m. to 1 p.m. in the Hawk Transition Center Lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2.civ@mail.mil and mitchel.s.watson.civ@mail.mil.

Worksource Pierce Weekly Meetings Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma.

For more information, call 253-593-7300 or email work@workforce-central.org.

Camo2Commerce has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to mid-grade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes or email rob@pacmtn.org.

What's My Next Move? Second Monday of the month from 1:45 to 3:15 p.m. at Work Source Pierce. Next meeting is set for Oct. 9. Email kmyers@esd.wa.gov, or call 253-552-2547.

Work of Honor Veteran and Military Spouse Networking Event Oct. 4 from 6 to 7:30 p.m. at the Dystopian State Brewing Company located at 611 S. Baker St. in Tacoma. You are invited to a business networking opportunity for veterans, military spouses and business professionals to network with company representatives seeking to hire veteran and military spouse talent.

Operation Good Jobs Networking and Hiring Event Oct. 18 from 11 a.m. to 2 p.m. at the American Lake Conference Center, sponsored by Goodwill's Military and Veteran Services and its Operation GoodJobs program.

The event allows transitioning military, veterans and spouses the opportunity to meet with human resources and recruiters. Attendees are introduced to multi-state employers, ability to network with government and private sector employees and on-the-spot resume and LinkedIn reviews. For more information, visit tinyurl.com/ya0a7cuz.

Recruit Military Job Fair Oct. 25 from 11 a.m. to 3 p.m. at American Lake Conference Center. This event targets transitioning service members, spouses, family members and veterans. This is an opportunity for job seekers to meet face to face with companies looking to hire for different markets including: law enforcement, healthcare, finance, educational institutions, federal/contract positions, transportation, logistics and more. This event is free. To preregister, visit: recruitmilitary.com/jblm or tinyurl.com/yctjnzoz.

Boots to Business This is a three-day workshop covering how to start a business. Gain tools and knowledge needed to identify a business opportunity, draft a plan and launch an enterprise. Day three will consist of a field trip. To register or for more information, call 253-967-5599 or 253-967-3258.

Spotlight Events and Employer Hiring Check for employer spotlight events on social media at [facebook.com/jblmunlimited](https://www.facebook.com/jblmunlimited) for more information. Sign up at sfltap-army.mil or with your SFL-TAP Center at 253-967-3258/5599.

STAFF HYDROGEOLOGIST POSITION IN LACEY

Washington State Department of Ecology — Salary: \$45,540 to \$59,724 annually. The Environmental Assessment Program within the Department of Ecology is looking to fill a staff hydrogeologist position at the headquarters building in Lacey. This position provides field assistance and supporting hydrogeologic analysis for groundwater studies and other technical evaluations carried out or managed by senior level hydrogeologists within the Groundwater Forest and Fish unit of Ecology's Environmental Assessment Program. In addition, this position coordinates and manages the Environmental Information Management data submittals. For more information, visit careers.wa.gov to access the online recruitment system.

ASSISTANT STATE DESIGN ENGINEER IN OLYMPIA

WSDOT — Salary: \$91,056 to \$116,736 annually. WSDOT's headquarters design office is actively seeking an assistant state design engineer. This is a great opportunity to be a part of a high performing team that provides strategic design office leadership for developing and implementing statewide policy on project development related initiatives as well as facilitating successful region project delivery. This position reports to the deputy state design engineer and supervises a design liaison. For more information, visit tinyurl.com/yaxcvab5.

FROM PAGE 1A

SUMMIT

During Tuesday's eight-hour seminar, Lancaster, who is a former Air Force colonel and special operations helicopter and jet pilot, talked with the crowd about deciding: what kind of transitional career individuals would want, the people they'd want to work with, what their priorities are in terms of salary, location, advancement, challenge, interest and security and how to get the job they want.

"It's a constant process, so months from now these priorities might change, and you will want to look at the importance you place on these again

and see if your life is out of balance," Lancaster said.

Senior Master Sergeant Gary Guzman, 62nd Medical Squadron, attended the seminar because he's looking at transitioning out of the military when he retires at the end of April. His wife is a cancer survivor, so he wants to stay in an administrative position in the health care field.

"I want to see what possibilities are out there, but I still want a position where I have a sense of purpose," Guzman said. "I'm learning a lot today though, it's been very interesting."

Lancaster spoke about how people in the military undervalue themselves and have a difficult time showing a potential employer their true worth.

"They may have been a truck driver hauling dangerous materials, and they just write on their resume that they drove a truck, not that people trusted them and relied on them to haul what they were hauling," he said.

At the end of the day, Afterburner attendees exchanged information with a partner in a 30-second mock interview.

Specialist Sue Lao, 864th Engineer Battalion, 555th Engineer Brigade, said he was a bit nervous talking about himself in the rapid interview with his activity partner, Sgt. Scott Brown, 1st Battalion, 37th Field Artillery Regiment, 1st Brigade, 2nd Infantry Division. Brown also wasn't content with what he said in that short time span.

"I wish I'd been able to write

it all down ahead of time," he said. "It's been a long time since I've been in an interview."

Specialist Krystal Robles, 13th Combat Sustainment Support Battalion, 42nd Military Police Brigade, said she was glad she attended the summit. She is a mechanic and plans to transition out of the military in coming months to become a nurse.

"There's a lot of good (information) today, and I'm looking forward to the opportunity to go to the job fair later for more information on the medical field," she said.

Lucy Roper, medical recruiter for Madigan Army Medical Center, had an information table in the lobby. She said Robles likely won't have a hard time transitioning into her chosen profes-

sion even though she'll need some education in nursing first.

"She's going to need to sign up at one of the local colleges, and while she's doing that she can check into doing her internship here at Madigan," Roper said.

In addition to the Afterburner session, there was an all day Keeping A Career on the Move Military Spouse Symposium in another portion of the Hawk Transition Center, as well as job fair information tables in the lobby Tuesday, event kickoff and industry briefings and an evening networking reception at the American Lake Conference Center on Wednesday and kickoff and interactive panel discussion at McChord Field Hangars 9 and 10 Thursday.

FROM PAGE 1A

SALMON

"The fish giveaway is purely a way for the Nisqually Tribe to share their bounty," said Bill St. Jean, enhancement program manager for the Nisqually Tribe.

Earlier this year, the hatchery released 3.5 million salmon in an effort to create the next generation according to St. Jean. When they return, eggs are removed from females and the milt from the males.

The hatchery reserved 5,500 salmon for scientific research and spawning efforts. Anything left over was expected to be given away by the tribe. St. Jean said there was an abundance of salmon — more than expected.

"The crystal ball (in the spring time) was that we were going to have 8,000; it was wrong," St. Jean said.

As of Tuesday morning, the salmon count was 14,374, meaning there were 6,374 available for free distribution. More salmon are also waiting outside the hatchery's fish ladder.

The tradition of giving away the extra salmon started in the early 1990s. The Nisqually Tribe first opened the hatchery on JBLM land in 1991 and saw the first return in 1993.

St. Jean said employees for the installation's Directorate of Public Works happened to drive by and inquired what would be done with all of the excess salmon. The tribe let them have it.

The tradition has grown over the last 20-plus years, but the



SCOTT HANSEN Northwest Guardian

Hundreds stand in line for free chum salmon at the Nisqually Clear Creek Hatchery on Lewis Main during the annual salmon giveaway Tuesday.

number of salmon distributed depends on the returning numbers. This year, the hatchery has already scheduled giveaways Tuesday and again Oct. 10 from 8 a.m. to noon.

"The numbers are indicating that we have a pretty big run," St. Jean said.

The Nisqually Tribe also gives away salmon at its Kalama Creek Hatchery, located down the road from the Red Wind Casino in Olympia.

Folks who turned out Tuesday

at Clear Creek were able to receive one large adult salmon, about 10 pounds, and one jack salmon, about two pounds. After going through the line once, they were allowed to take their fish to their vehicle and stand in line again.

Ricky Nunn, a retired Army staff sergeant, went through the line twice. Nunn has come to the annual salmon distribution each year since 2002. He said he's appreciative for the chance to stock his freezer with enough

salmon to last through the upcoming winter.

"Salmon is not cheap, so to be able to come get it for nothing, it's definitely worth the drive (from Olympia)," Nunn said.

Sergeant Philip Brewer, stationed with 4th Attack Reconnaissance Squadron, 6th Cavalry Regiment, 16th Combat Aviation Brigade, received permission from his platoon leader to leave work to go to the hatchery. Brewer's main objective was

to collect as much salmon as he could. He said he plans to prepare salmon fillets in vacuum-sealed bags to give to fellow service members living in the barracks. It's a chance for Brewer's fellow service members to have a taste of the Pacific Northwest and eat healthy.

"It's a lot healthier than going to some of the places in the food courts," Brewer said.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1A

RELIEF

remains without drinking water.

The San Juan Airport and nine other airports are open. Three seaports are open and five are open with restrictions.

In the U.S. Virgin Islands, the J.F. Luis Hospital, in St. Croix, has been found to be structurally sound. Power has been restored to the Schneider Hospital on St. Thomas. Airports are closed except for military and relief operations. Eight seaports are open with restrictions.

RELIEF EFFORT

● U.S. Northern Command is developing an enhanced logistical capability designed around a sustainment brigade and able to provide logistical command and control, transportation,



STAFF SGT. ROBERT HICKS 621st Contingency Response Wing

821st Contingency Response Group equipment is offloaded from a C-5M Super Galaxy from Travis Air Force Base Calif., at Roosevelt Roads, Puerto Rico, in support of hurricane relief efforts Monday.

supply distribution, movement control and engineering capabilities.

● Brigadier General Rich Kim, the U.S. Army North deputy commanding general, deployed

to Puerto Rico Wednesday and establish a joint forces land component command forward headquarters to manage the Title 10 support to the response.

● Northcom will deploy medical capability and ambulances and has requested the hospital ship USNS Comfort prepare to get underway. The ship has a 72- to 96-hour prep time.

● U.S. Transportation Command coordinated 14 flights to the U.S. Virgin Islands and Puerto Rico Tuesday, delivering food, water, FEMA communications, FEMA logistics, security teams and critical DOD enablers -- communications, logistics, and command and control -- and had 16 flights scheduled Wednesday to deliver food, water, communications and DOD rotary-wing aviation.

● A joint Army National Guard and Marine expeditionary unit

team is providing first responder movement, commodities and fuel distribution and route clearance in Puerto Rico. The team established Roosevelt Roads Airfield as an Installation Staging Base; available for 24-7 hurricane relief and commercial operations.

The unit is also moving Department of Health and Human Services assessment teams, via helicopter, to hospitals across Puerto Rico to determine medical requirements.

● The Defense Logistics Agency is transporting 15,000 gallons of propane to Puerto Rico and 10,000 to the U.S. Virgin Islands and has coordinated the shipment of trucks and support vehicles, including 175,000 gallons of diesel and 75,000 gallons of gasoline, by barge to Puerto Rico by Friday. DLA is also shipping 90 fuel trucks to Puerto Rico.

FROM PAGE 1A

TC3

these units realized that the medical instructions they were learning didn't come second nature because it was practiced separate from primary training.

"TC3 is an important evolution in battlefield medicine that ensures every Soldier has the knowledge and ability to help prevent the loss of lives," said Sgt. 1st Class Morgen Bickler, the noncommissioned officer-in-charge at the Madigan Medical Simulation Training Center. "Special Operations units have been incorporating it at every level for years and now it is starting to be implemented into the conventional force. The key will be to integrate point of injury medicine into unit missions essential tasks and battle drill training instead of keeping them separated."

The beginning of the week began with about 30 Red Lion Soldiers going through a Combat Lifesaving course. This gave the Soldiers a basic understanding of front-line or first-line response medical care.

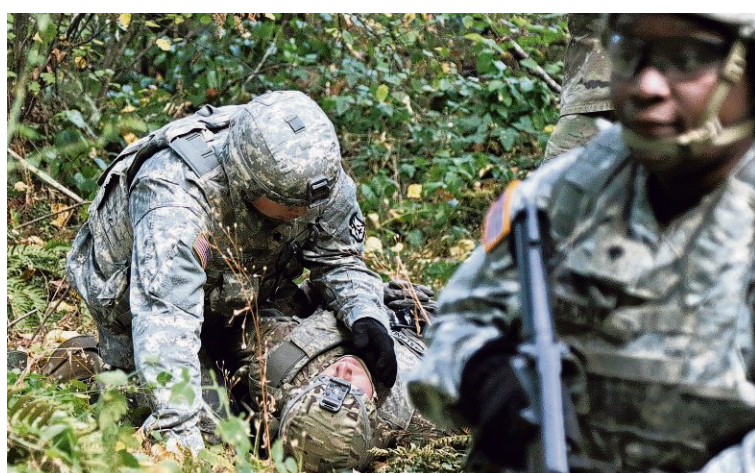
"(Combat lifesaving) is a roll of TC3," said Sgt. Bryan Barger, a medical noncommissioned officer with 17th FA Bde. medical team. "So, I was teaching them the basics ... the skills to provide immediate lifesaving intervention and evaluating them to ensure that they understood and could perform those skills. This is the first phase of their training."

After the basic knowledge was provided to the Soldiers, it was time to see how much they retained with realistic training.

"We took our Soldiers out to one of the training areas and put them into scenarios that they might actually see if we were deployed," Vives-Vega said.

The second phase of the training consisted of the Soldiers working in small teams and moving through seven different scenarios. The different members of the team had to explain to an evaluator how to conduct each skill, while performing the skill on a mannequin. While one team member was being evaluated, the others held 360-degree security.

"I think this was different for most people," said Spc. Jonathan Carter, a maintenance Soldier



SGT. JACOB KOHRS 17th Field Artillery Brigade

Spc. Antonio Otapa, left, 308th Brigade Support Battalion, 17th Field artillery Brigade, performs the steps to open up a block airway on another Soldier on Joint Base Lewis-McChord Sept. 14.

from 308th BSB, 17th FA Bde. "It was the actual application of those skill for a real-life event like a gunshot wound or an improvised explosive device blast. In the classroom, we preformed these things on each other and in doing that you are not going to tighten a tourniquet to cut of the circulation for safety reasons more than anything else. Whereas when you're working with the mannequins and they have that

fake blood running through them, you can see there is still blood leaking and this tourniquet needs to be tighter."

The final piece of the training was to evaluate the Soldiers while they executed their new skills under duress. They were placed into a situation that they would actually encounter as a support battalion executing sustainment missions.

"This type of realistic scenario

training does two things," Barger said. "First, it will put the Soldiers under simulated battle stress and makes them have to quickly recall the knowledge that they learned earlier in the week.

Second, it helps give them a sense of where they fit in into the bigger picture. And when people know where they fit in, they can understand the importance of their situation."

The Soldiers faced multiple challenges and distractions that tried to pull their attention from the task at hand, but in the end, the Soldiers learned valuable lifesaving skills that could help them in not only deployments but in everyday training.

"Just because there is a casualty doesn't mean that the mission stops," Vives-Vega said. "They have to learn to keep moving forward, to finish the mission and at the same time help that casualty. As sustainers, we are a high-priority target for the enemy and if they can get us to stop in our tracks, then they have done their damage. We can't allow that to happen. This is why it is important to integrate TC3 into our tactics, techniques and procedures."

Sports

JBLM YOUTH PHEASANT HUNT

Young hunters learn tricks of the trade

Annual event gives JBLM kids fun introduction to pheasant hunting

BY DEAN SIEMON
Northwest Guardian

Waves of loud, bright orange and subtle camouflage attire descended upon Training Area 12 along East Gate Road on Joint Base Lewis-McChord for the annual JBLM Youth Pheasant Hunt Saturday.

The first day of the two-day weekend event saw children come out with their parents to go out into the field with experienced hunters — dressed in hunting attire and safety vests.

Some kids were going out for the first time, and some were returning participants.

Wade Morloch, of Bellevue, brought his son, Aidan, 11, to the hunt as a special way to celebrate his birthday. Although Aidan has already had success hunting for deer, duck and other game, Morloch said the JBLM hunt was a perfect introduction to pheasant hunting.

“Getting the tips and tricks from (experienced hunters) is cool, and to do it in an envi-

ronment like this is really cool,” Morloch said. “The exciting part is that this is the first environment where he will be (simultaneously) walking and making sure he has a good, safe shooting zone.”

In a lot of ways, the annual hunting event is considered a passing of the torch from one generation of shooters to the next.

While it was the last year of running the event for Bill Ostrander, president of the JBLM Pheasants Forever Releasers program, the excitement of waking up early was the same as



Aidan Morloch, 11, takes aim at the direction of Joel VanDerpuy, right, during the JBLM Youth Pheasant Hunt at Training Area 12 Saturday.

SEE HUNT, 2B

ANCHOR INVITATIONAL SOFTBALL GAME



JBLM's Kevin White drives in the winning run with a three-run triple at the Anchor Invitational softball game at Cheney Stadium Saturday.

LATE-INNING HEROICS LIFT JBLM OVER RIVALS

Kevin White drives in winning run with triple

BY DEAN SIEMON
Northwest Guardian

Kevin White helped his fellow service members from Joint Base Lewis-McChord get a big win Saturday at the Tacoma Navy League's Anchor Invitational softball game at Cheney Stadium in Tacoma over local Navy, Marine Corps and Coast Guard service members.

White had two hits with five runs batted in to give the JBLM team — representing the 22nd Special Tactics Squadron and 1st Special Forces Group (Airborne) — a 12-8

SEE SOFTBALL, 2B



JBLM co-captain Robert Straughn, middle, is all smiles after winning the Anchor Invitational softball game at Cheney Stadium Saturday. JBLM defeated the Sea Services team 12-8.

ON THE SCHEDULE

SPORTING CLAYS MONTHLY CONTEST SET FOR OCT. 7

Recreational: The Joint Base Lewis-McChord Skeet and Trap Range on Lewis Main will host the monthly Sporting Clays shooting competition Oct. 7 at 10:30 a.m. Registration starts at 9 a.m., and cost is \$35 per person. Competition includes 10 stations with 100 clay targets that simulate unpredictability of live-quarry shooting. For more information about the competition, call the Skeet and Trap Range at 253-967-7056.

NEXT CG GOLF SCRAMBLE WILL TAKE PLACE OCT. 13

Golf: The next Commanding General Golf Scramble at Joint Base Lewis-McChord's Eagles Pride Golf Course is scheduled for Oct. 13 with a 1 p.m. shotgun start. This event is open to valid ID cardholders, who can also bring friends to form a four-person scramble team. Cost is \$35 per person and includes green fee, cart rental and a chance to win prizes. Entry deadline is Oct. 11. For more information about the event, call 253-967-6522.

ANNUAL JBLM ZOMBIE RUN WILL TAKE PLACE OCT. 14

Races: Sign up now for the fourth annual Joint Base Lewis-McChord Zombie Apocalypse 5K Run set for Oct. 14 at the Lewis North Athletic Complex. The kids' 1K Monster Dash will start at 8 p.m., followed by 5K heats of 8:30 and 9:30 p.m. Pick-up starts at 5 p.m. Register by Monday at 11:59 p.m. to pay \$10 for the 1K and \$25 for the 5K with valid military ID. Cost will be \$15 for the 1K and \$30 for the 5K for those without a military ID. Paid registration comes with custom finisher medals and free tickets to the annual Walk in the Dark at Shoreline Park theatrical nightmare for Oct. 19 or Oct. 26 only. For more information about the Zombie Run, visit jblmmwr.com/races or call 253-967-4768.

JBLM COMMANDER'S CUP 5K RACE SET FOR OCT. 20

Intramural: The Joint Base Lewis-McChord Commander's Cup 5K Championship is scheduled to take place Oct. 20 at Family and Morale, Welfare and Recreation's Fest Tent on Lewis Main. Registration is open the day of the event at 5:30 a.m. Race begins at 6 a.m. Open to JBLM active-duty service members only. For more information, visit jblmmwr.com/intramural or call the JBLM Intramural Sports Office at 253-967-4768.

ARMED FORCES GOLF CHAMPIONSHIP

JBLM golfer finds his swing at Armed Forces tournament

BY DEAN SIEMON
Northwest Guardian

Captain Wesley Carver hasn't had the opportunity to play much competitive golf since graduating in 2011 from the U.S. Military Academy at West Point, N.Y., but he had a decent performance at the 2017 Armed Forces Golf Championships Sept. 11 to 14 at Glen Eagle Golf Course at Naval Support Activity Mid-South in Millington, Tenn.

Carver, a member of Headquarters and Headquarters Bat-

talion, 17th Field Artillery Brigade, was part of the All-Army men's golf team that competed in a four-day tournament against the Air Force, Navy and Coast Guard.

The Army team finished third overall with a total stroke score of 1,579. The Air Force was first overall with 1,507, followed by the Navy with 1,518.

Carver, along with Capt. Pete Holmes, another Joint Base Lewis-McChord golfer with the Human Resources Operational

Center, I Corps, tied for the Army lead with 312 total strokes. His round-by-round scores were 79, 78, 76 and 79.

“I'm just kind of getting back into the swing of things,” Carver said.

Carver began playing the game at the age of 8, but he said he became a more serious player during his preteen years. Carver continued playing golf for the Army Black Knights while at the



Capt. Wesley Carver tees off at the 2017 Armed Forces Golf Championship at Glen Eagle Golf Course at Naval Support Activity Mid-South in Millington, Tenn.

SEE GOLF, 2B

Armed Forces Sports

FROM PAGE 1B

HUNT

it has been in each of nearly 40 years he's hosted.

"I love to see the young kids out here," Ostrander said. "That makes me feel good."

There were two boys specifically he was excited to see. Lucas Kenyon, 13, and James Olson, 11, from Eatonville, Wash., not only helped with releasing the pheasants at last year's event, but through the entire hunting season — spanning from September through November.

Ostrander pulled them to the side before the event to take the releasers' oath. The ritual made them official releasers — signaled with the donning of two official JBLM Pheasant Releasers hats.

Their father, Matthew Olson, grew up living behind Ostrander's home in Spanaway. After being a part of the annual JBLM event for the past 20 years, Olson said he had flashbacks during his sons' impromptu ceremony.

"It brought back memories of when I was a kid and how much fun I had," Olson said.

Some children and their parents came with their own hunting dogs. Those who didn't were able to borrow one who came with the volunteer guides.

Steve Fryer brought his golden retriever Sonny, 9, to help act as a dog for some of the youth hunters. Sonny has developed good rapport with Fryer, and the dog had no problem working with another hunter for the two-day event.

"I've taken my son and grand-

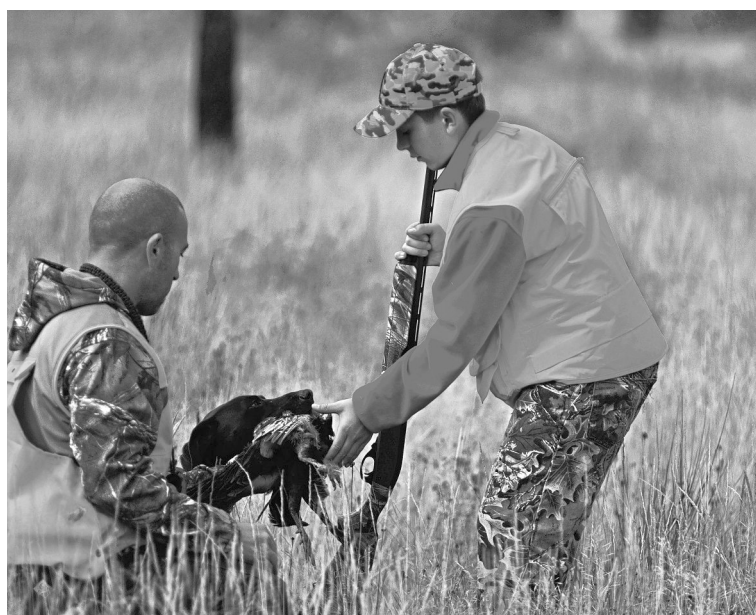
son (hunting), and (Sonny) doesn't care who he's with," Fryer said.

The combination of military and civilian families who came out all had the same goal, regardless of how many times they've come to the JBLM event. For the third consecutive year, Peter Wohrle of Puyallup brought his son, Riley, 12, and their German shorthaired pointer, Gunner, 3, out to the field.

The biggest takeaway for Wohrle wasn't being able to catch the two-bird maximum for the morning, he said; it was the fact that they were doing something together.

"What makes any hunt special is spending the father-son time doing this," Wohrle said.

Dean Siemon: 253-477-0235, @deansiemon



DEAN SIEMON Northwest Guardian

With his father Peter Wohrle, left, Riley Wohrle, 12, right, receives a recently-shot pheasant from his dog Gunner while at the JBLM Youth Pheasant Hunt at Training Area 12 on Lewis Main Saturday.

Final results

JBLM 040 000 530 – 12

Sea Services 000 402 200 – 8

JBLM (H-AB-RBI) – James Pierce, 1-4-0; Keaton Thiem, 1-4-0; Austin May, 3-4-0; Arik Diediker, 2-4-0; Mark Barber, 3-4-1; Jacob Sinovic, 1-3-0; Robert Straughn, 2-4-2; Chad Rosendale, 3-4-0; Kevin White, 2-3-5; Jacob Flanagan, 3-4-1; James Brawley, 1-4-0; Marc Yanez, 3-4-1; Erin Bowser, 1-4-1; Anacleto Zamora, 0-4-0; Antonio Abney, 1-2-1.

Sea Services (H-AB-RBI) – Fernando Monserratti Rivera, 2-4-2; Timothy Ayers, 0-3-0; Victor Sanchez, 3-3-3; Clay O'Neal, 2-3-0; Matthew Harrington, 0-3-1; Kyle Culbertson, 1-3-1; Tatum Kaneta, 0-3-0; Timothy Garofola, 1-3-0; Josh Holder, 0-3-0; John Woodford, 0-3-0; Bradley Turner, 3-3-0; James Wells, 2-3-0; Scott Major, 0-3-0; Jason Castillo, 2-3-0; Chad Denny, 3-3-1.

FROM PAGE 1B

SOFTBALL

victory. Three of those RBI came when he cleared the bases on a triple in the seventh inning. It was a well-hit ball that got past a defending outfielder and rolled all the way to the center field wall 425 feet from home plate.

While his teammates cheered him as he rushed to third base to put the JBLM team up 7-6, the thoughts going through White's mind may have provided newfound respect for those who regularly run on the same professional-level diamond.

"I didn't realize how far 90 feet is," White said. "From now on, I will be silent when watching professional baseball players run bases."

Both teams combined for 46 hits in the game, which looked like JBLM could run away with it early on. In the top of the second inning, the JBLM team had a four-run inning that started with six consecutive singles — including a two-run hit by White.

After leaving the bases loaded in its half of the fourth, the Sea Services team was able to tie the game up with four in the fourth — highlighted by Victor Sanchez's three-run home run that made a lot of noise.

The JBLM team was unable to take advantage of putting runners on bases in both the fifth and sixth inning, and the Sea Service team added another two runs in the sixth with RBI singles from Chad Denny and Fer-



SCOTT HANSEN Northwest Guardian

JBLM's Mark Barber (55) breaks up a double play attempt by Sea Services second baseman Victor Sanchez during the Anchor Invitational softball game at Cheney Stadium Saturday. JBLM defeated a team of local Navy, Marines Corps and Coast Guard service members 12-8.



JBLM pitcher Robert Straughn, middle, delivers a pitch to Sea Services' Victor Sanchez during the Anchor Invitational softball game at Cheney Stadium Saturday.

nando Monserratti Rivera. Robert Straughn, JBLM team captain, said he kept telling his

teammates to keep their heads up and their bats swinging. They did with seven hits for five runs

in the seventh, including White's memorable three-run triple.

"It was just a matter of who wanted it more," Straughn said.

The Sea Services team was able to add two more runs in its half of the seventh inning. But JBLM's Mark Barber, Antonio Abney and Straughn were able to drive three consecutive runs — in order of single, sacrifice fly and single respectively — to add to their eventual win.

Despite the expected competitive nature of an intraservice exhibition, especially one that came with a trophy the team will bring to JBLM, it was still filled with a lot of laughs and laid-back moments. For example, only in a low-key game would there not be a huge problem when the Sea Services' John Woodford snuck into the JBLM dugout; although, the team did kick him out.

After the teams had their pictures taken in front of the pitcher's mound, they posed together.

"Playing with brothers of arms is the best way to spend a day," Straughn said. "In the end, we all support one another."

Dean Siemon: 253-477-0235, @deansiemon



Armed Forces Sports

Capt. Wesley Carver, Headquarters and Headquarters Battalion, 17th Field Artillery Brigade, putts during the 2017 Armed Forces Golf Championship, which was played at Glen Eagle Golf Course at Naval Support Activity Mid-South in Millington, Tenn.

FROM PAGE 1B

GOLF

academy and played against other teams in the Patriot League. After graduating in 2011, Carver's first duty station was at the Schofield Barracks in Hawaii.

"(I played) maybe once every other month," Carver said. "I only played about 15 to 20 times while I was out there."

Even when he came to JBLM in March 2016, Carver played mostly during the last three months to prepare for the Army team's trial camp prior to the championship. He was hoping to have his total four-round score closer to 300, but he said considering the amount of time he's

golfed in competitive settings in recent years, he thought his performance was pretty decent.

Although he was consistent throughout the tournament, Carver said he struggled to put together a full round. The most notable challenge was the unpredictability of the greens.

"I haven't played anything like them in a really long time," Carver said. "(The landscape was) extremely fast, and there were no flat spots on any of the greens. It's just hills all over the place."

He expected tough competition, especially when he saw a familiar name for the All-Navy team in Benjamin Hayes. The Navy's top golfer was the top overall male individual with a four-day total of 285, which was three-under the total par.

Hayes played college golf for the U.S. Naval Academy in Annapolis, Md., from 2007 to 2011. He and Carver crossed paths a few times each season.

"(Hayes) was really good in college as well," Carver said. "He seemed like he hasn't played a ton, but he's kept up his game really well."

Although the 2017 golf season has wrapped up, Carver said he is already looking forward to getting more rounds next year to improve his game — including local tournaments on JBLM and the local community.

"I'd like to give them a shot, and I'll definitely try out (for All-Army) next year," he said.

Dean Siemon: 253-477-0235, @deansiemon

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WINGMAN DAY

Team McChord

FRIDAY OCT 6

0730-0830: (62 MXG) Base Theater: Commander's Comment Presentation: "Solo Hiker" Group Resource Walk (3 miles) Finish: Heritage Hill: Chief's Comments, Raffle Prizes

0830-1000: 1000-1030:

0845-0945: (627 ABG) Base Theater: Commander's Comments Presentation: "Solo Hiker" Group Resource Walk (3 miles) Finish: Heritage Hill: Chief's Comments, Raffle Prizes

0945-1115: 1115-1145:

1000-1100: (62 OG, Wing Staff, MDS, WADS, STS, APS, ASOG) Base Theater: Commander's Comments Presentation: "Solo Hiker" Group Resource Walk (3 miles) Finish: Heritage Hill: Chief's Comments, Raffle Prizes

1100-1215: 1200-1245:

(Lunch and Afternoon Agenda will be arranged by the Squadrons)

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MONDAY, OCTOBER 30 4 P.M. • AGES 5 - 10

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 From Washington Coast

JBLM BUSINESS OPERATIONS DIVISION

RECRUITING FAIR



FRIDAY, OCTOBER 6

EAGLES PRIDE GOLF COURSE

Off I-5 at Exit 116

8-10 a.m.
Applicants submit applications
and resumes

9:45 a.m.-3 p.m.
MWR facility managers conduct
initial interviews & NAF HR may extend
tentative job offers



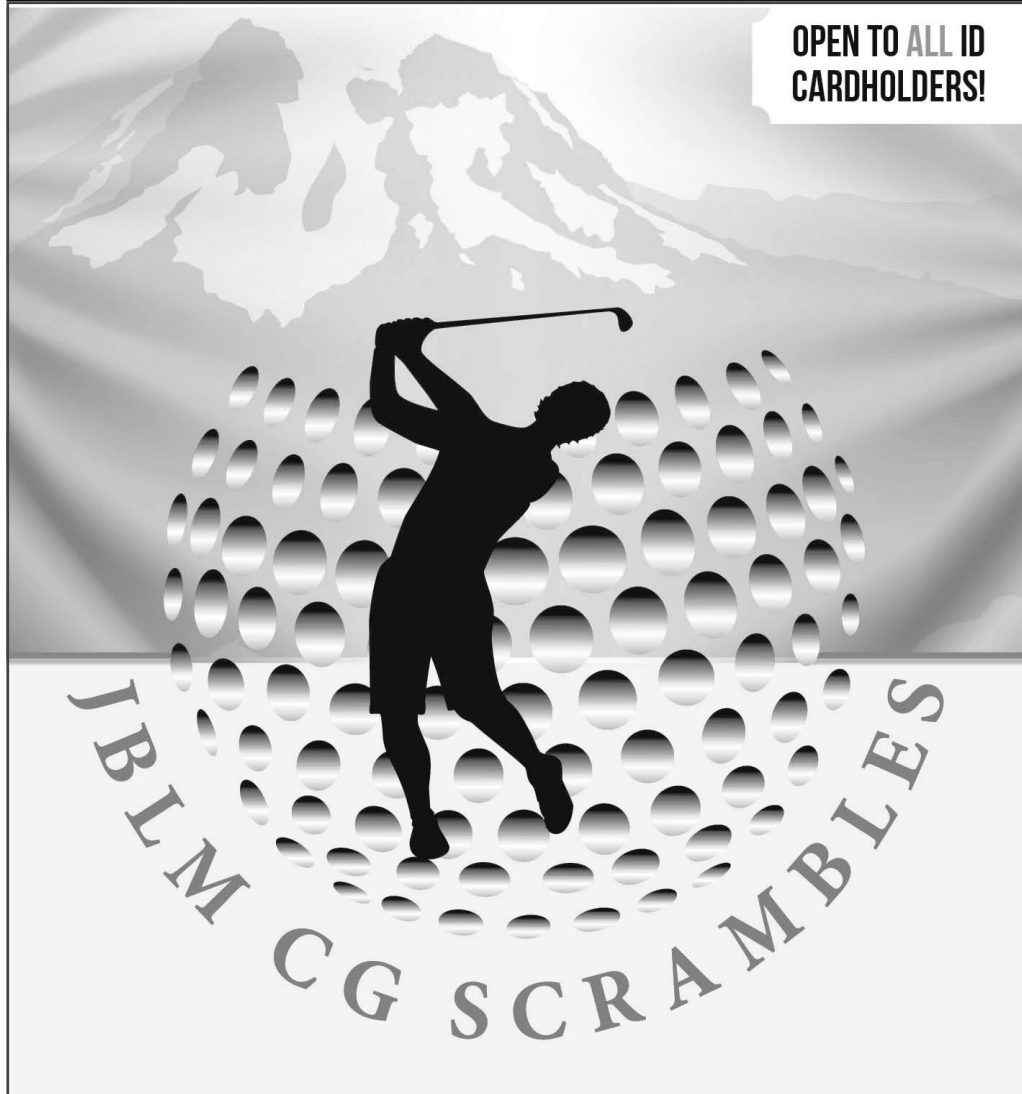
JBLMmwr.com

CURRENT POSITIONS: ALL FLEX Food Service Worker - NA-7408-02, \$ 11.82-13.79, Food and Beverage Attendant - NA-7401-03, \$12.38-14.45, Cook - NA-7404-04, \$12.95-15.11, Custodial Worker - NA-3566-02, \$11.82-13.79, Bartender - NA-7405-05, \$13.52-15.77

QUALIFICATION REQUIREMENTS Must be at least 18 years old, able to lift 40 pounds, possess a high school diploma, able to communicate (verbal and written) in English and favorable completion of pre-employment and background checks.

Applicants should bring their Social Security card and birth certificate and/or passport. Applicants need to submit TWO paper applications at the Recruitment Fair! Tentative job offers may be extended and preliminary background checks will be initiated. Download DA Form 3433 from JBLMmwr.com (Community Update page).

**OPEN TO ALL ID
CARDHOLDERS!**



FRIDAY, OCT. 13

1300



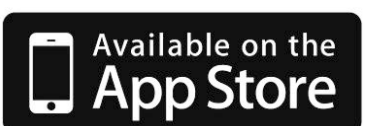
EAGLES PRIDE
Joint Base Lewis-McChord Golf Course

4-person scramble • \$35 per person
(includes green fee, cart rental and
chance to win prizes)

Register as a team or single by the
Tuesday prior to each date



JBLMmwr.com



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Merchandise

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APPLIANCES- Largest Selection Of Washers - Dryers - Ranges- Refrigerators- Freezers. Terms & Delivery Available* Recycling Appliances in Pierce Co. Since 1982* TV Time - 581-3406. 8814 Bridgeport Way- Home of the 1-yr Warranty

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Misc. Merchandise

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JBLM
NORTHWEST

guardian weekend

SECTION C

ALSO INSIDE:

For more fun things to do,
see the JBLM calendar. 2C



COVER STORY

FALL ADVENTURE AWAITS

The Northwest Adventure Center is offering a special
Sunset Photography Clinic at Discovery Park in Seattle, 3C

FOR THE WEEK OF SEPT. 29 TO OCT. 5

29

McCHORD PUB 4 to 9 p.m. Drop in to relax after work. Enjoy programs on four overhead televisions and challenge your friends to a game of darts or poker. Order appetizers from the pub menu to go along with your favorite drinks.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 11 p.m. Shrimp basket for \$8.25.

AMERICAN LAKE CONFERENCE CENTER

Book your unit, office or group holiday party. Call the catering office weekdays at 253-966-4998.

30

THE CLUB AT MCCHORD FIELD 2 to 8 p.m. Wine and Jazz Festival with live jazz, wine tasting, football action in the McChord Pub, a special appetizer platter and panini from the McChord Grill. General admission is \$12. Ages 21 and older only.

JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY

Battle Bean at AFC Arena	253-964-8837
Bowl Arena Strike Zone	253-967-4661
Caddy Shack Bar & Grill	253-964-2792
Cascade Community Center/Heroes Lounge	253-964-0331
Globemaster Grill at McChord Club	253-982-5581
McChord Catering	253-982-8175
The Bistro at Russell Landing	253-964-2813
The Warrior Zone (Lewis North)	253-477-5833
Whispering Firs Habanero Mexican Grill	253-982-3271
To see menus, visit JBLMmwr.com.	

1

SAMUEL ADAMS BREWHOUSE JBLM 1 to 10 p.m. Football on big screens. 12th Fan special: burger with fries and a Sam Adams draft pint for \$12.

WARRIOR ZONE 10 a.m. to 11 p.m. Chicken and waffles combo for \$5.50 or grits and bacon or sausage for \$3.50 from 9:30 a.m. to noon.

2

SAMUEL ADAMS BREWHOUSE JBLM 4 to 10 p.m. Happy hour 4 to 5:30 p.m. \$5 for six wings, half-off flatbread, \$2 off Sam Adams pitchers and \$1 off Sam Adams pints during the game.

STRIKE ZONE AT SOUNDERS LANES 9 a.m. to 8 p.m. Chicken club combo for \$8.25.

McCHORD GRILL 11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, pasta made to order, grilled burgers and sandwiches with fries.

3

BATTLE BEAN AT STONE EDUCATION CENTER 7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries.

WARRIOR ZONE DINING 10 a.m. to 11 p.m. Try chicken tenders and fries for \$6.50 and a large pretzel with cheese for \$3 to go with your happy hour bottles, pints and pitchers. Ages 18 and older only.

BATTLE BEAN AT McCHORD FIELD 7 to 11 a.m. Order breakfast with your made-to-order coffee. Breakfast burritos, muffins, pastries and more.

4

McCHORD GRILL 11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, pasta made to order, fresh, never frozen, grilled burgers and sandwiches with fries.

STRIKE ZONE AT BOWL ARENA LANES 4:30 to 7 p.m. All-you-can-eat pizza and bowling. Reserve your lane by calling 253-967-4661.

WARRIOR ZONE 10 a.m. to 1 a.m. Catch college and pro games, plus UFC action. Ages 18 and older only.

5

SAMUEL ADAMS BREWHOUSE JBLM 4 to 10 p.m. Each quarter during football, dice are rolled for a discounted drink special.

McCHORD PUB Order appetizers, chili and hearty sandwiches from the pub menu to go along with your favorite drinks. Club members can play Football Frenzy to win weekly prizes and a chance at going to the Super Bowl.

WARRIOR ZONE 10 a.m. to 11 p.m. Warm up with beef stew and a roll for \$5 per cup and teriyaki steak or chicken bowls for \$5.50 each. Ages 18 and older only.

AT THE MOVIES

Carey Theater on Lewis Main

Unlocked (R)

Friday at 7 p.m.

The Nut Job 2: Nutty By Nature (PG)

Saturday at 1 p.m.

Unlocked (R)

Saturday at 7 p.m.

The Nut Job 2: Nutty By Nature (PG)

Sunday at 1 p.m.

Leap (PG)

Sunday at 7 p.m.

MOVIE TIMES

For movie times, contact your local theater.

TACOMA AREA

BLUE MOUSE THEATRE: 253-752-9500

GRAND CINEMA: 253-593-4474

LAKEWOOD TOWNE CENTER

CINEMAS: Not available by phone,

online fandango.com

REGAL LAKEWOOD STADIUM 15:

844-462-7342 411#

CENTURY POINT RUSTON AND XD:

Not available by phone, online cinemark.com

PUYALLUP

LONGSTON PLACE: 253-770-9901

SOUTH HILL MALL SIX: 253-445-8801

BONNEY LAKE

REGAL TALL FIRS 10: 253-891-5445

GIG HARBOR

GALAXY UPTOWN THEATRE: 253-857-7469

PORT ORCHARD

REGAL SOUTH SOUND 10: 360-871-2294

SOUTH KING COUNTY

CENTURY FEDERAL WAY 16: 253-946-0942

FEDERAL WAY GATEWAY 8: Not available by phone, online fandango.com

YELM

YELM CINEMAS: 360-400-3456

OLYMPIA/LACEY

MARTIN VILLAGE STADIUM 16:

360-455-5003

CENTURY OLYMPIA: 360-943-0769



Lionsgate

Noomi Rapace, Orlando Bloom, Michael Douglas and Toni Collette star in the new Lionsgate release, "Unlocked."



KAWEKA STONEY Northwest Adventure Center

Nighttime tours of the City of Seattle are one of the most popular photography trips offered by the JBLM Northwest Adventure Center. A trip to Discovery Park is set for Saturday.

JBLM NORTHWEST ADVENTURE CENTER

The art of photography

BY DEAN SIEMON
Northwest Guardian

Retired Army sergeant first class Kaweka Stoney, an adventure programmer for the

Northwest Adventure Center, has always done photography, but he's become more involved with the art in the last five years.

Now as part of the team that provides outdoor adventure trips

for the JBLM community, Stoney shares his passion and knowledge of photography with various outdoor trips, including

SEE ART, 11C



This image of the setting sun was made during a recent photography workshop at Discovery Park in Seattle.



JBLM Outdoor Recreation

The next JBLM Alpine Club meeting is scheduled for Wednesday at 6 p.m. Visit jblmalpineclub.blogspot.com.

SEPTEMBER 30 SUNSET PHOTOGRAPH CLINIC IN SEATTLE

Head to Discovery Park in Seattle to catch the sunset over the Olympics. The class will be outside the entire evening with little cover, walking up to 3 miles with up to 600 feet of total elevation gain and loss. Please wear sturdy footwear to walk on muddy trails and some pavement. Bring a pack for personal items, food, water and extra layers of clothing for warmth. Also bring a camera, lenses and other camera-related equipment. Minimum age: 12. Younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at 4 p.m. or McChord's Adventures Unlimited at 4:15 p.m. **\$60.**

OCTOBER 1 PACIFIC NORTHWEST WATERFALL TOUR

Explore one of the greatest concentration of waterfalls in the continental United States. The trip will go along the historic Columbia River Highway. There will be stops for at least five major waterfalls, including the world famous Multnomah Falls, which plunges more than 620 feet from its origins. There will be a lunch stop in Hood River, Ore. Trip includes round-trip transportation. Depart from the Northwest Adventure Center at 8:30 a.m. Preregistration required. **\$65** for ages 13 and older. **\$40** for ages 5 to 12 and **\$15** for ages 4 and younger.

OCTOBER 4 ATTEND THE NEXT ALPINE CLUB MEETING

Climbers are invited to the Alpine Club meeting Oct. 4 at 6 p.m. The activity and meeting location differ every month. For details, members and potential members may check out JBLMalpineclub.blogspot.com. **Free.**

OCTOBER 7 SEA KAYAK TRIP AT LAKE UNION WITH LUNCH

Paddle in the Seattle area in Lake Union past houseboat communities, yacht yards and the NOAA research-ship facility, as well as many trendy urban neighborhoods. The group will stop for lunch at the Aqua Verde Paddle Club where kayakers may eat their packed lunches or purchase a meal for \$4 to \$8. Difficulty: beginner to intermediate; distance: 5.5 miles; paddle time: three-and-a-half hours. Minimum age: 16. Depart from McChord Field's Adventures Unlimited at 8 a.m. or the Northwest Adventure Center at Lewis North at 8:30 a.m. Trip with NAC expert guides. **\$60.**

OCTOBER 7-8 LEAVENWORTH TWO-DAY CLIMBING TRIP

Join us for a trip to Leavenworth's Icicle Canyon. The rock is dark granite with lots of slabs and cracks, and most routes along Icicle Road are within walking

SEE OUT, 8C

artistic

SEPT 8 THROUGH OCT 8, 2017 • FRI & SAT 8PM • SUN AT 2PM

Lakewood Playhouse

WAIT UNTIL DARK

Lakewood Playhouse 5729 Lakewood Towne Center Blvd SW, Lakewood, WA 98496
A blind woman targeted by con men must wait until dark to play out the chilling conclusion to this thriller. LAKEWOOD: Shop, Eat, Play, Stay!
Ticket Info: Adults: \$26
Seniors/Military: \$23 Students/Educators: \$20
Groups of 10 or more: \$18 (253) 588-0042 or online www.lakewoodplayhouse.org

SEP 22-OCT 15 • FRI & SAT 7:30PM • SUN 2PM; SAT OCT 7 & 14 2PM

Tacoma Musical Playhouse

FOOTLOOSE THE MUSICAL

7116 6th Ave, Tacoma WA 98406
Kick off your Sunday shoes and cut loose as the explosive rock'n'roll musical Footloose bursts onto the Tacoma Musical Playhouse stage.
Ticket Info: Adult: \$31: Senior/Military/Students: \$29, Children: \$22, Groups of 10 or more: \$27 • All seating is reserved

OCTOBER 1, SUNDAY • 7:30PM

University of Puget Sound

THAILAND'S "FIRST FAMILY OF MUSIC" IN CONCERT



Schneebeck Concert Hall

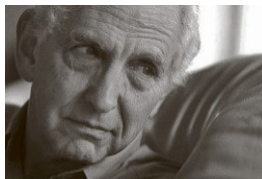
The Yontarak Family, hailed as Thailand's "First Family of Music," will present a concert in honor of the late King Rama IX. The five family members, led by father Nat Yontarak, will present their classically-styled compositions of homage to the late king, regarded as the father of Thailand, who reigned for seventy years until his passing in 2016. Their current multistate itinerary follows an acclaimed tour through Europe's great concert halls and is intended to promote the unity of Thai citizens living in the United States, and to explain the rich Thai heritage to American society.

Ticket Info: \$5 General Admission tickets at the door, online at tickets.pugetsound.edu, by phone at (253)879-3100, or at the UPS Information Center.

THURSDAY, OCTOBER 5 • 7:30PM

University of Puget Sound

DANIEL ELLSBERG



Kilworth Chapel

?Whistleblower...Hero or Traitor? Before Snowden and Chelsea Manning, there was journalist and activist DANIEL ELLSBERG, the first person in America to be arrested for leaking top secret documents which became known as "The Pentagon Papers". Dr. Ellsberg shares how and why he revealed the Pentagon Papers, how his actions helped alter the course of U.S. history while also discussing the future, necessity, ethics, perils of whistle-blowing.

Ticket Info: \$7 Gen adm, available at tickets.pugetsound.edu, or at the UPS InfoCenter or (253)879-3100

OCTOBER 7

Embla #2 Daughters of Norway

NORDIC FESTIVAL

SATURDAY

10AM-4PM
Mt. View Lutheran Church
3505 - 122nd Ave E, Edgewood
Only Nordic Festival in South Sound this fall. 30 vendors of crafts, arts, baked goods, music. Scandinavian Café to sell traditional foods.
Ticket Info: \$2 admission, children under 12 free. Free Parking. For questions call 253-370-0730.

OCTOBER 14, 2017 • 7:30PM

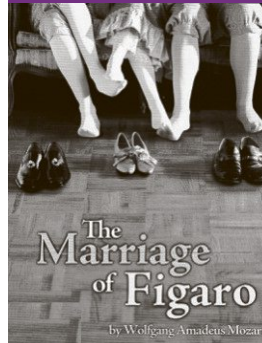
Tacoma Concert Band

TACOMA CONCERT BAND PRESENTS "STARS, STRIPES, AND SOUSA"



Pantage Theater downtown Tacoma
TCB is proud to present on October 14, 2017 its salute to John Philip Sousa in the style of the authentic Sousa band. Maestro Musser will, for the last time, play the part of Mr. Sousa. Trombonist Bill Dyer, euphonium soloist Jason Gilliam and mezzo-soprano Heidi Vanderford will be featured.
Ticket Info: Broadway Center Box Office, 901 Broadway, 253-591-5894
HYPERLINK "<http://www.broadwaycenter.org>"
www.broadwaycenter.org
\$18 - \$36 with discounts for students, seniors, Military personnel free with ID

OCTOBER 28, & NOVEMBER 3 AT 7:30P.M. • NOVEMBER 5 AT 2:00P.M.



TACOMA
OPERA

Tacoma Opera presents

THE MARRIAGE OF FIGARO

By W.A. Mozart
Rialto Theater

Figaro, the Barber of Seville, is about to marry the Countess' maid, Susanna. But the Count wants to revive the seigniorial right on a servant's wedding night. Figaro vows to outwit him and the fun begins! Sung in Italian with supertitles.

Ticket Info: \$35 - \$90.
Box Office: 253.591.5894.

For information go to: tacomaopera.com

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EVENTS

COMMUNITY

Nisqually Watershed Festival
10 a.m. to 4 p.m. Saturday. Billy Frank Jr. Nisqually National Wildlife Refuge, 100 Brown Farm Road NE, Olympia. All refuge and festival parking that day at River Ridge High School, 350 River Ridge Drive, Lacey. Free. 360-753-9467, nisquallyriver.org/nisqually-watershedfestival.

Thurston County Through the Decades: 1850-1875 10 a.m. to 4 p.m. Sunday. Tumwater Falls Park, 110 Deschutes Parkway, SW, Tumwater. A living history event highlighting the years 1850-1875. Hands-on activities, period music and clothing. River walk tours, annual Deschutes salmon run and food. Free and family friendly. 360-539-8839, tumwaterhistoricalassociation.org.

Parents' Night Out 5:30 to 9 p.m. Oct. 6. The Strong Center, 2256 Mottman Road SW, Olympia. Age-appropriate activities, games, crafts, our amazing bounce house and dinner. Open to ages 4 to 12. Children must be able to use the restroom independently. \$30-\$35. 360-705-1658.

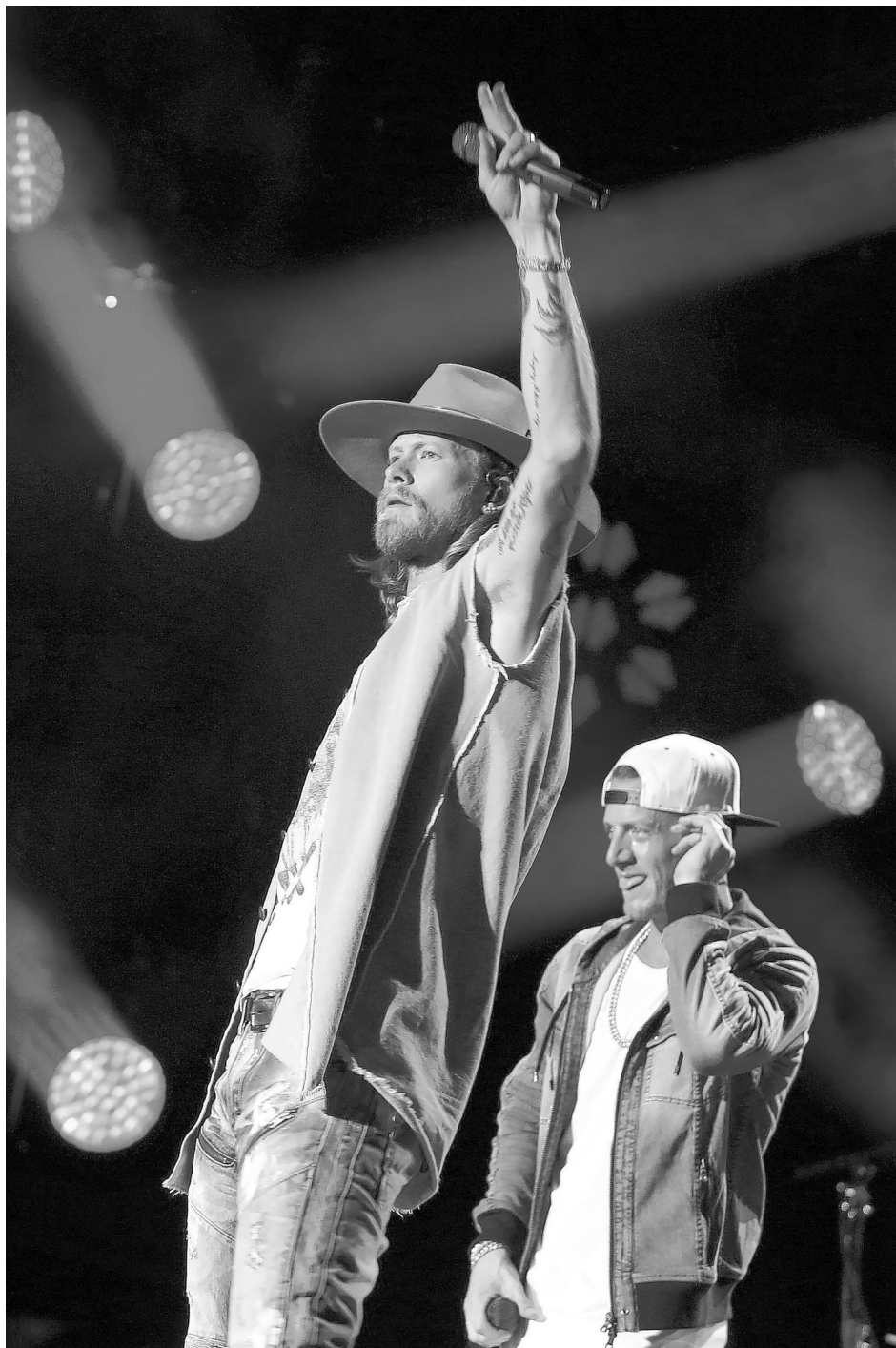
A Starry, Starry Night Quilt Show 9:30 a.m. to 5 p.m. Oct. 13. Washington Land Yacht Harbor, 9101 Steilacoom Road SE, Olympia. Featuring a special exhibit of vintage star quilts, quilt sales, vendors and a boutique. \$5 donation. washingtonstarsquiltguild.com.

ONGOING

Guided Tours of Historic Schmidt House 11 a.m. to 12:15 p.m. Tuesdays. Schmidt House, 330 Schmidt Place, Tumwater. The Olympia Tumwater Foundation and the City of Tumwater led by long time brewery employee Bob Crim. Free. olytumfoundation.org.

Black Hills Audubon Society Bird Walk 8 a.m. to noon Wednesdays. Nisqually National Wildlife Refuge, 100 Brown Farm Road, Olympia. Phil Kelley leads a bird walk. \$3 parking fee.

GRuB Farm Market Stand 3 to 6 p.m. Wednesdays. Garden-Raised Bounty (GRuB), 2016 Elliot Ave. NW, Olympia. Visit the GRuB Farm and shop seasonal veggies, fruits, herbs and flowers. 360-753-5522 goodgrub.org.



LAURA ROBERTS Invision/AP

Florida Georgia Line is scheduled to perform at the White River Amphitheatre in Auburn Oct. 6. Tickets are \$34-\$77.75.

TALKS

Author Maria Rudd 7 to 9 p.m. Friday. Eagle's Grand Ballroom, 805 Fourth Ave. E., Olympia.

Celebrate the publication of Maria Rudd's new book, "A Side-ways Look at Clouds." Event includes author presentation, book sales and signing and

BLUE MOUSE THEATRE
SPIDERMAN: HOMECOMING
2011 N. Procter
Nightly at 7:00 pm • Rated PG-13
Sat & Sun Matinee at 3:30 pm
253-752-9500 www.bluemousetheatre.com

refreshments clouds. Free. maria-ruthbooks.net.

Orca Books Presents: An Evening with Leslie Korn 5 to 7:45 p.m. Wednesday. Orca Books, 509 Fourth Ave. E., Olympia. Join us for a discussion and food tasting with Leslie Korn on her new book, "The Good Mood Kitchen: Simple Recipes and Nutrition Tips for Emotional Balance." Free. 360-352-0123, orcabooks.com.

WNPS South Sound Speaker Series: The Chehalis Land Trust 7 p.m. Oct. 9. Washington State Capital Museum and Coach House, 211 21st Ave. SW, Olympia. Jan Robinson and Kylea Johnson will discuss the Trust's land conservation activities including trail development, prairie restoration and river protection in the five-county, 4,000-square-acre Chehalis River Basin. Free. southsoundchapterwnps.org.

Alzheimer's Association Town Hall 1:30 to 3 p.m. Oct. 13. Olympia Senior Center, 222 Columbia St., Olympia. Learn about the progress made in implementing the Washington State Plan to Address Alzheimer's and Dementia and the Idaho Alzheimer's State Plan, followed by a question

and answer session. Free. 206-363-5500, alz.org.

VOLUNTEER

National Public Lands Day Event 10 a.m. to 1 p.m. Saturday. Priest Point Park, 2600 East Bay Drive NE, Olympia. Stewardship work party for National Public Lands Day for the whole family. Tools, gloves and light refreshments will be provided. Free. Preregistration required. 360-753-8380, olympiawa.gov.

MUSIC

ACOUSTIC

City and Colour 8 p.m. Saturday. The Paramount Theatre, 911 Pine St., Seattle. \$30-\$55. stgprepresents.org.

CHORAL

Northwest Honor Choir Concert 4 p.m. Oct. 7. University of Puget Sound's Schneebeck Concert Hall, 1500 N. Warner St., Tacoma. Featuring Amanda Quist, guest conductor, with high school singers from Western Washington. Free.

CLASSICAL

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SEE EVENTS, 7C

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ON SALE THIS WEEK

GARTH BROOKS WORLD TOUR WITH TRISHA YEARWOOD comes Nov. 4 to the Tacoma Dome. \$74.98. Tickets go on sale 10 a.m. Friday.

ALREADY ON SALE

EAGLES AND THE DOOBIE BROTHERS Saturday. Safeco Field. Seattle. Ticketmaster.

GORILLAZ 8 p.m. Saturday. KeyArena, Seattle.

PAUL RODGERS 8:30 p.m. Saturday. Emerald Queen Casino, Tacoma.

SCORPIONS AND MEGADETH 8 p.m. Saturday. Tacoma Dome. Tacoma.

THE PIANO GUYS

7:30 p.m. Tuesday. McCaw Hall, Seattle.

FLORIDA GEORGIA LINE 7 p.m. Oct. 6. White River Amphitheatre, Auburn.

IMAGINE DRAGONS 7:30 p.m. Oct. 6. KeyArena, Seattle.

MOON TAXI 9 p.m. Oct. 6. Neptune Theatre, Seattle.

LINKIN PARK AND SNOOP DOGG 7:30 p.m. Oct. 14. KeyArena, Seattle.

TOMMY JAMES AND THE SHONDELLS Oct. 14. Tulalip Casino. Tulalip.

WWE SMACKDOWN LIVE Oct. 17. KeyArena in Seattle.

JACK DEJOHNETTE Oct. 19. The Moore Theatre. Seattle.

WHOSE LIVE ANYWAY Oct.

20. The Moore Theatre. Seattle. stgpresents.org.

DEPECHE MODE 7:30 p.m. Oct. 21. KeyArena, Seattle.

ANDRE RIEU 8 p.m. Oct. 28. Tacoma Dome, Tacoma.

GREGORY PORTER Nov. 1. The Moore Theatre, 1932 Second Ave., Seattle.

QUEEN LATIFAH Nov. 4. Emerald Queen Casino, Tacoma.

BOB SEGER AND THE SILVER BULLET BAND Nov. 11. KeyArena, Seattle.

"THE BODYGUARD" TOUR Nov. 14-19. Paramount Theatre, Seattle. stgpresents.org.



CHARLES SYKES Invision/AP

Garth Brooks, left, and Trisha Yearwood are scheduled to perform at the Tacoma Dome Nov. 4. Tickets are \$74.98.

SEE TICKETS, 9C

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FROM PAGE 5C

EVENTS

University of Puget Sound
Schneebeck's Concert Hall, 1500
N. Warner St., Tacoma. Perform-
ances by faculty and students.
253-756-3700.

**Federal Way Symphony —
Premier** 7:30 p.m. Oct. 7 and 2
p.m. Oct. 8. Federal Way Perform-
ing Arts and Event Center, 31510
Peter von Reichbauer Way South,
Federal Way. \$38-\$49. 253-835-
7010, fwpaec.org.

The American Brass Quintet 7
p.m. Oct. 7. University of Puget
Sound's Schneebeck Concert
Hall, 1500 N. Warner St., Tacoma.
Free.

**Seattle Baroque Orchestra:
Forces of Nature** 7:30 p.m. Oct.
8. Benaroya Hall, 200 University
St., Seattle. \$20-\$40. 206-325-
7066, earlymusicseattle.org.

**Symphony Orchestra and
Wind Ensemble** 7:30 p.m. Oct. 12.
University of Puget Sound's
Schneebeck Concert Hall, 1500 N.
Warner St., Tacoma. Free.

**Organ at Noon with Joseph
Adam** 12:05 p.m. Oct. 13.

University of Puget Sound's
Kilworth Memorial Chapel, 1500
N. Warner St., Tacoma. Joseph
Adam plays an all-Bach program
in honor of Bach's birthday. Free.

COUNTRY

Florida Georgia Line 7 p.m.
Oct. 6. White River Amphitheatre,
40601 Auburn Enumclaw Road
SE, Auburn. \$34-\$77.75. Ticket-
master.

Billy Ray Cyrus 8 p.m. Oct. 13.
Snoqualmie Casino, 37500 SE
North Bend Way, Snoqualmie.
snocasino.com.

JAZZ

Marine Corps Jazz Orchestra
7 p.m. Wednesday. Pacific Luth-
eran University's Karen Hille
Phillips Center for the Performing
Arts, 12180 Park Ave. S., Tacoma.
Free. facebook.com/
events/115934715748314/.

R&B

Lauryn Hill 6:30 p.m. Oct. 10.
WaMu Theater, 800 Occidental
Ave. S., Seattle. \$78.50-\$124.
Ticketmaster.

ROCK

Eagles 5 p.m. Saturday. Safeco

Field, 1250 First Ave.
S., Seattle. \$41-\$321. Ticketmaster.

Gorillaz 8 p.m. Saturday.
KeyArena, 305 Harrison St.,
Seattle. \$49.75-\$75.25. Ticketmas-
ter.

Paul Rodgers 8:30 p.m. Sat-
urday. Emerald Queen Casino,
2024 E. 29th St.,
Tacoma. \$50-\$115. Ticketmaster.

Scorpions and Megadeth 8
p.m. Saturday. Tacoma Dome,
2727 E. D St., Tacoma. \$25.95-
\$85.95. Ticketmaster.

Imagine Dragons 7:30 p.m.
Oct. 6. KeyArena, 305 Harrison
St., Seattle. \$25.50-\$95.50. Ticket-
master.

Art Garfunkel 7:30 p.m. Oct. 9.
Neptune Theatre, 1303 NE 45th
St., Seattle. \$34. Ticketmaster.

A Night With Janis Joplin 7:30
p.m. Oct. 13. Pantages Theater,
901 Broadway, Tacoma. \$55, \$75,
\$99, \$129. 253-591-5894, broad-
waycenter.org.

NIGHTLIFE

FRIDAY

Karaoke with DJ No Pants 9
p.m. Acme Tavern. 1310 Tacoma

SEE EVENTS, 10C



ROBERT E. KLEIN AP

Vocalist Art Garfunkel, middle, is scheduled to perform at the Neptune Theatre in Seattle Oct. 9. Tickets are \$34.

THE GARTH BROOKS WORLD TOUR WITH TRISHA YEARWOOD PRESENTED BY AMAZON MUSIC UNLIMITED

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\$61.65 + \$3.08 tax + \$4.00 facility fee
+ \$6.25 service charge = \$74.98.

FROM PAGE 6C

TICKETS

FALL OUT BOY 7 p.m. Nov. 12. KeyArena, Seattle.

TRANS-SIBERIAN ORCHESTRA 2017 Nov. 25. KeyArena, Seattle.

BILL MURRAY, JAN VOGLER AND FRIENDS Nov. 29. McCaw Hall, Seattle. Ticketmaster.

JAY Z - 4:44 TOUR Dec. 13. Key Arena, Seattle. Ticketmaster.

GARY ALLEN Dec. 15. Emerald Queen Casino, Tacoma.

CIRQUE DREAMS HOLIDAZE Dec. 22. Paramount Theatre, Seattle. stgpresents.org.

HARLEM GLOBETROTTERS Dec. 29. KeyArena, Seattle. Ticketmaster.

"BOOK OF MORMON" Jan. 2-14 at The Paramount Theatre, Seattle. stgpresents.org.

MONSTER JAM TRIPLE THREAT SERIES Jan. 12-14, Tacoma Dome, Tacoma.

KATY PERRY 7:30 p.m. Feb. 3. Tacoma Dome, Tacoma.

BILL MAHER April 14 The Paramount Theatre, Seattle. stgpresents.org.

NIALL HORAN: FLICKER WORLD TOUR Aug. 2. White River Amphitheater, Auburn.



AMY HARRIS Invision/AP

Gorillaz is scheduled to perform at KeyArena in Seattle Saturday. Tickets are \$49 and up.

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FROM PAGE 8C

OUT

when to use different shutter-speeds to convey the proper mood. The group will travel to some hidden gems in the Mount Adams area where they will see some spectacular scenery and marvel at the power and beauty of nature.

Participants should bring: camera and tripod, good, sturdy footwear, rain gear, food/snacks and water. Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 7:30 a.m. Trip with NAC expert guides. **\$85.**

OCTOBER 28-29
HANDS-ON WILDERNESS
FIRST AID COURSE

The Wilderness First Aid course will help prepare students for the unexpected. This fast-paced, hands-on training is designed to meet the needs of trip leaders, camp staff, outdoor enthusiasts and individuals working in remote locations. It will introduce students to caring for people who become ill or injured far from definitive medical care.

Classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge to integrate what was taught.

At the end of the course, participants will have the knowledge, skills and ability to make sound decisions in emergency situations. All students are required to have current First Aid, CPR and AED training before the WFA course date.

This is available to every

student the Friday night from 6 to 8 p.m. before the course for an extra \$25. Minimum age: 16.

What participants must provide: bag or backpack packed with everything you would bring on a normal hiking trip, grungy clothing one doesn't mind getting ruined (stained, cut, torn) and appropriate food for the day. What the class provides: learning materials, instruction and certification card in the mail.

Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Trip with NAC expert guides. **\$225.**

OCTOBER 29
LEARNING THE BASICS OF
PHOTOGRAPHY

This is the perfect training session for anyone looking to learn the fundamentals of photography. Whether someone is a new photographer needing to learn the basics or a seasoned shooter wanting to brush up on the world of digital, this class puts all students on firm ground for advancing their photography. Learn the basic principles of photography:

- Camera Settings, learn the settings and get your camera set up right.
- Depth of Field, what it is and how to use it to make better photos.
- Exposure, get it right in the field without any fuss.
- Focus, learn how focus is effected and how to take control of it.
- Composition, explore the rules and learn when to break them.

Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Trip with NAC expert guides. **\$45.**

FROM PAGE 7C
EVENTS

Ave. S., Tacoma. 253-503-6712.

Sway 9 p.m. Emerald Queen I-5 Nightclub. 2024 E. 29th St., Tacoma. 253-594-7777.

Live music 6:30 p.m. Forza Coffee Company. 1520 Wilmington Drive, DuPont. 253-964-1407.

Open mic 7 p.m. Forza Coffee Company. 2209 N. Pearl St., Tacoma. 253-759-9320.

Nite Crew 9 p.m. Great American Casino. 10117 South Tacoma Way, Lakewood. 253-396-0500.

Kunika and Moto pony 8 p.m. Jazzbones. 2803 Sixth Ave., Tacoma. 253-396-9169.

Arison from Nothing Release with Pagen Country Rebels, The 69 Lines and Out the Hate 8 p.m. Louie G's. 5219 Pacific Highway E., Fife. 253-926-9700.

Led Zeppmen 9 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way. 253-473-2255.

Coldnote 9 p.m. The Swiss. 1904 S. Jefferson, Tacoma. 253-572-2821.

Open mic night 6 to 10 p.m., Urban Timber Coffee. 6621 166th Ave. E., Sumner. All ages, family friendly. 253-826-3936.

SATURDAY

Off the Dome: Tacompilation Album Release 9 p.m. Jazzbones. 2803 Sixth Ave., Tacoma. 253-396-9169.

Alki Jones 9 p.m. The Spar. 2121 N. 30th St., Tacoma. 253-627-8215.

Red Classic Rock Trio 9 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way. 253-473-2255.

Promidate Mixtape 9 p.m. The Swiss. 1904 S. Jefferson, Tacoma. 253-572-2821.

Live music featuring blues, brews and barbecue 8 p.m., Uncle Thurm's Finger Lickin' Ribs and Chicken. 3709 S. G St., Tacoma. 253-475-1881.

Swedish Finnish with Trees and Timber 8 p.m. The Valley Pub. 1206 Puyallup Ave., Tacoma. 253-248-4265.

SUNDAY

Tim Hall Band 8 p.m. Dawson's Bar and Grill. 5443 South Tacoma Way, Tacoma. 253-476-1421.

Chris Stevens with Joe Mayban 7 p.m. The Spar. 2121 N. 30th St., Tacoma. 253-627-8215.

Grovin' Higher Jazz Orchestra 5 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way. 253-473-2255.

MONDAY

Rockaroake with live band 10 p.m. Jazzbones. 2803 Sixth Ave., Tacoma. 253-396-9169.

Open Mic with Chuck Gay 7 p.m. The Swiss. 1904 S. Jefferson, Tacoma. 253-572-2821.

TUESDAY

Open Mic 7 p.m., Antique Sandwich Company. 5102 N. Pearl St., Tacoma. 253-752-4069.

Jerry Miller and CD Woodbury (alternate Tuesdays) 7 p.m. Daves of Milton. 1502 11th Ave., Milton. 253-926-8707.

Leanne Trevalyan and Billy Stoops 8 p.m. Dawson's Bar and Grill. 5443 South Tacoma Way, Tacoma. 253-476-1421.

Karaoke with Virginia 9 p.m. Great American Casino 10117 South Tacoma Way, Lakewood. 253-396-0500.

Blues Jam with Roger Williamson 8 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way. 253-473-2255.

WEDNESDAY

Linda Myers 8 p.m. Dawson's Bar and Grill. 5443 South Tacoma Way, Tacoma. 253-476-1421.

Robin Miller 6 p.m. Joeseppi's Ristorante. 2207 N. Pearl St., Tacoma. 253-761-5555.

Acoustic Jam with Leify Green 8 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way, Tacoma. 253-473-2255.

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What: Sunset Photography Clinic

When: Saturday. Meet at the Northwest Adventure Center at 4 p.m. or McChord Field's Adventures Unlimited at 4:15 p.m. Minimum age: 12. Children younger than 18 must be accompanied by adult.

Where: Discovery Park, Seattle

Cost: \$60

To learn more:

jblmadventuretrips@gmail.com

FROM PAGE 3C

ART

a Sunset Photography trip to Discovery Park in Seattle Saturday afternoon.

Stoney said he likes to provide a variety of outdoor photography tours to capture as much of the Pacific Northwest as possible. That includes mountains, ocean, rivers, beaches, cities, rural areas and more.

"There's just so much here in the Northwest that makes it pretty amazing," Stoney said. "There's always something new to discover."

Stoney teaches the three essential elements of photography exposure — the International Standards Organization's scale for measuring light, better known as ISO, shutter speed and aperture.

Stoney recommends people bring their own camera to shoot and learn; however, he does bring a few extra camera bodies for those who are very new to the art.

"There are people who really want to get into photography, but they don't have a camera or they only have a point and shoot," he said.

Whether his groups are the



KAWEKA STONEY Northwest Adventure Center

Kaweka Stoney was able to capture a view of the skyline in Seattle during the golden hour from Kerry Park during a previous photography trip with the Northwest Adventure Center.

average three to five people, or up to 10 people, the majority of participants are seeking to learn how to work with their cameras.

"I find out a lot of them spend \$200, \$300 or up to \$1,000 (on a camera), and they leave it on automatic," Stoney said. "But they want to learn how to advance beyond that."

Stoney spends a good portion of time during the tours providing tips on how to adjust ISO, shutter speed and aperture settings for different kinds of

photography. Still, he said he wants participants to figure it out on their own.

The benefit to having trial-and-error moments in photography is that cameras on the market are majority digital, unlike yesteryear's tedious and labor-intensive film format.

"You can keep filling up that memory card and just experiment," Stoney said. "See what your camera can do."

Stoney said there are a lot of repeat photography tour

sign-ups because people want to learn more. That's why Stoney recommends they sign up for his Photography 101 courses.

The next class is scheduled for Oct. 29, but he's hoping to have it become a monthly class starting in 2018.

Stoney will host photography adventures tours this fall, including a Waterfall Photography Tour Oct. 28. Stoney said he's planning on taking people to various waterfalls along the Lewis River, a tributary of the

Columbia River in southwestern Washington.

"(We're going to try) different ways (to photograph), like the silky effect or freezing the motions of the waterfall," Stoney said.

Stoney will also host a Seattle Night Photography tour Nov. 4, which is one of the most popular tours he's offered outside of astrophotography, he said.

Dean Siemon: 253-477-0235, @deansiemon



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