



THE FIGHTING FIRST!

THE 1ST INFANTRY DIVISION POST



www.riley.army.mil

FRIDAY, SEPTEMBER 22, 2017

Vol. 9, No. 38



Fort Riley, Kansas

Taking the Challenge



Staff Sgt. Christopher Coughlin | 1st ABCT

A Soldier with the 1st Armored Brigade Combat Team, 1st Infantry Division, conducts M9 marksmanship training tailored to the 2017 Worthington Challenge.

'Devil' Soldiers head to Canada for Worthington Challenge

By Capt. Jonathan T. Camire
1ST ABCT PUBLIC AFFAIRS

Soldiers from 1st Armored Brigade Combat Team, 1st Infantry Division, departed for Canadian Forces Base Gagetown, Canada, Sept. 14 to compete for the 2017 Worthington Challenge Sept. 24 to 28.

The Worthington Challenge is an international competition where armored crews from Canada, Chile, Denmark, Poland and the U.S. test their skills on tanks and armored fighting vehicles through four events — mounted live fire, march and shoot, technical skills and mounted land navigation.

Competing in this year's competition is one Bradley Fighting Vehicle crew from 1st Squadron, 4th

Cavalry Regiment, 1st ABCT; one Abrams tank crew from 3rd Battalion, 66th Armor Regiment, 1st ABCT; and one Bradley Fighting Vehicle crew and one Abrams tank crew from 1st Battalion, 16th Infantry Regiment, 1st ABCT.

The "Devil" brigade selected the top crews by evaluating gunnery scores, Army physical fitness test scores, M9 and M4 qualification scores and conducting an armor crewman physical proficiency test. The crews with the highest overall scores were selected to represent the 1st ABCT, 1st Inf. Div.

"The selection for the best tank and Bradley crews was a six-month process that began during the brigade's South Korea rotation," said Staff Sgt. Christopher Coughlin, 1st ABCT

master gunner. "Once the crews were identified, the selected crews conducted a six-week training program tailored to prepare the crews for the events they will encounter during the competition."

During the train-up, the crews conducted M4 and M9 qualification ranges, reflexive fire ranges for M4 and M9, tank and Bradley section gunnery, vehicle maintenance, 13 kilometer ruck march and numerous first-aid tasks.

"The training we have been conducting mirror the events we can expect to see during the competition," said 1st Lt. Thomas Jaeger, platoon leader with, Troop B, 1st Sqdn., 4th Cav. Regt. "We have taken every

See CHALLENGE, page 10

New chaplain for Morris Hill Chapel



Chap. (Capt.) Tammy Briggs, left, waits for the stole from Chap. (Capt.) Daniel Korie to be transferred on her at the Morris Hill Chapel change of stole ceremony Sept. 17. Briggs will serve as the new chaplain at the Morris Hill Chapel.

Story and photo by Suet Lee-Growney
1ST INF. DIV. POST

A transference of spiritual leadership from Chap. (Capt.) Daniel Korie to Chap. (Capt.) Tammy Briggs was held during a change of stole ceremony at Fort Riley's Morris Hill Chapel Sept. 17.

The event was held during the weekly Sunday gospel worship and was conducted by Chap. (Col.) Timothy Walls, Fort Riley garrison chaplain.

"It is a sad day in one aspect, but joyous day in another because we are changing leadership here for a flock here at Morris Hill," Walls said during his speech from the pulpit. "This responsibility should not be taken lightly, but with reverence and fear of the Lord."

Walls took time to honor Korie for his service at Morris Hill Chapel.

"We are grateful for the ministry leadership that Chap. Daniel Korie has provided us as senior pastor for this congregation," he said. "Thank you for your willingness to shepherd this flock at a time when they needed you."

After which, both the incoming and outgoing chaplains stood in front of the assembly and the stole was placed from the Korie to Briggs, the new chaplain of Morris Hill Chapel. Walls asked everyone who supported Briggs in her new leadership endeavor to stand, and the whole congregation got on their feet.

Briggs, who will be serving in Fort Riley for another two years before she has to move to a new duty station, said she intends to bring change to the community in Fort Riley through her new leadership position. Her motivation to do so is through the inspiration she received from her chaplain when she was deployed to Kuwait in 2008.

"I want people to be able to come to Morris Hill Chapel when they come to Fort Riley and leave Fort Riley forever changed," Briggs said. "When I was deployed to Kuwait in 2008 ... the chaplain there changed lives. And people left more spiritually resilient, or mentally resilient ... and they went out and did great things. How do I know that? Because I was one of those people, I was an E-5, a sergeant, a chaplain's assistant. And I left there so impacted by the chaplain's ministry, that I myself became a chaplain."

Briggs wants to bring the same impact she experience almost 10 years ago to the community in Fort Riley through her ministry work.

"We create an atmosphere where Soldiers can come," she said. "And also a place where they can remain resilient, and (be) given hope and be inspired to be the best they can be."



Pfc. Benjamin Lankford, left, holds a light under while 1st Lt. Zachary Newman illuminates the Muzzle Reference System, helps illuminate instructions to him during gunnery training at Fort Riley Aug. 9. The M1 armor crewmen are with 1st Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division. Gunnery training is part of the pre-deployment training for the tanker crew.

Tank team trains on gunnery for deployment

Story and photo by Sgt. Casey Hustin
19TH PUBLIC AFFAIRS DETACHMENT

During World War II, infantrymen often wore out their bootlaces. Tankers gave their laces to the infantrymen and used belts to hold their boots on.

Today, the new version of tanker boots has adopted a similar style with belted boots.

Wearing those famous belted boots, tankers with the 2nd Armored Brigade Combat Team, 1st Infantry Division, conducted gunnery training Aug. 9, at the Douthitt Gunnery Complex at

Fort Riley to prepare for their nine-month deployment to eastern Europe.

"We like to have the same loader and driver so that we are all used to working together," said 1st Lt. Zachary Newman, an armor platoon leader with the 2nd ABCT, preparing for his first deployment.

Every six months, the tank commanders and gunners perform a gunnery range to maintain their readiness for live-fire engagements and exercises, Newman said.

As the tanker crews hone their skills and strive for a passing readiness rating, the tanker crew must complete a series of 12 rigorous gunnery tables.

Tables I and II are completed in country to certify Soldiers in crew tasks, tank weapons systems and the tank simulator. Tables III-VI are crew qualifications that certify the gunner and tank commander's ability to fire together. Tables VII-XII are platoon and section qualifications

See GUNNERY, page 10

FORT RILEY VOLUNTEER SPOTLIGHT



Erin Dvnoch was recognized by 1st Infantry Division Artillery for volunteering with the Family Readiness Group and fundraising events. She also volunteers with Child and Youth Services as an indoor/outdoor soccer coach and is a Daisy Troop leader.

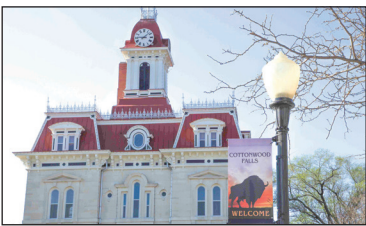
To learn more about volunteer opportunities, call Becky Willis, Army Volunteer Corps Program manager, at 785-239-4593.

IN THIS ISSUE



FALL APPLE DAY IS SEPT. 23, GET YOUR MAP AND INFORMATION ON PAGE 11

ALSO IN THIS ISSUE



SPEND A DAY IN THE HISTORY OF COTTONWOOD FALLS, SEE PAGE 18

‘Durable’ brigade Soldiers use teamwork to prevent suicides

By Sgt. 1st Class Victor Gardner
1ST INF. DIV. SUST. BDE. PUBLIC AFFAIRS

The 1st Infantry Division Sustainment Brigade’s Behavioral Health team hosts weekly physical fitness sessions for platoon level and up every Tuesday to combat the ideologies of suicide and to prevent attempts within the brigade. Capt. Kristy Koontz, 1st Inf. Div. Sust. Bde. health officer, developed a way for Soldiers to know her team after she received a call from a Soldier at 2 a.m.

“A couple of months ago my phone rings and it was a private calling me to say one of his battle buddy’s was texting him saying he was wanting to harm himself and thinking of killing himself,” Koontz said. “The Soldier told me he got my number from a phone roster and knew that I would answer and be able to help him out because he personally knew me from our time within the brigade.”

Koontz said she provided assistance by making sure the at-risk Soldier made it to the emergency room, informed the chain of command and ensured the Solider received the care that was needed. After the event, Koontz spoke with her team and developed a way for Soldiers to know who they are and what help they can offer.

“I didn’t want to have another PowerPoint class,” Koontz said. “As we know, the morning hour of PT (physical fitness) is sacred because everyone has to be there. So I took the idea of integrating my team and PT together so people would be able to put a face to a name and not just ‘who is Capt. Koontz?’ We wanted to make an object lesson focused on teamwork.”

Koontz said sometimes people put their all into something, or someone, but the result isn’t always what they are looking for.

“We would break down a company- or platoon-size group into teams of five Soldiers,” Koontz said. “The groups would then complete as many reps of that station’s exercise as possible and be rewarded with whatever was in the bag at that station. They could choose from a minimum of 12 exercises (of 18) to complete the project needing 12 different pieces. Sometimes it was an item needed to complete the task, a duplicate item already earned or nothing at all.”

Koontz’s team would bring the separate groups back together once the time limit was reached to see which group was able to complete the most task.

“My NCO (noncommissioned officer) would bring it full circle and ask the question, ‘how did it feel to have completed so many exercises and received the ‘sorry you earned nothing at this station?’” Koontz said. “Or after you did 50 squads and got another brown T-shirt you already had. He brought it back together by asking ‘do we just quit in life if things didn’t go your way or if you failed?’ We are all teammates and are here to help one another in those situation.”

There is a lot of banter and competitiveness going on between the different teams during the competition, Koontz said, and the activities allowed the Soldiers to stop and think about their actions.

“It got their minds thinking, ‘hey, this isn’t where I want to go so how can I get to my end goal?’” Koontz said. “This also allows Soldiers to now know who we are and if they can stop me and say ‘hey Capt. Koontz, this happened to me last weekend.’ I just want to make sure they know they have a safe person to bounce some ideas off of.”

For more information on this program, contact Koontz or her team at the Behavioral Health section of Farrelly Health Clinic by calling 785-240-5585.



Capt. Kristy Koontz | 1st Infantry Division Sustainment Brigade
ABOVE: Members of the 526th Quartermaster Composite Supply Company, 1st Infantry Division Sustainment Brigade, complete “Iron Mikes” lunges at one station during unit physical training designed by Capt. Kristy Koontz, Behavioral Health Officer, 1st Inf. Div. Sust. Bde., July 13 at Whitside Gym’s track and field on Fort Riley.
BELOW: Members of the 526th Quartermaster Composite Supply Company, 1st Infantry Division Sustainment Brigade, complete the team sit-up challenge at one station during unit physical training designed by Capt. Kristy Koontz, Behavioral Health Officer, 1st Sust. Bde., July 13 at Whitside Gym’s track and field on Fort Riley



Who provides care to caregivers of Fort Riley?

By Season Osterfeld
1ST INF. DIV. POST

In their times of need, people of Fort Riley turn to chaplains, behavioral health specialists, psychiatrists, counselors and more to help them through. But if these caregivers are in need, who do they rely upon to aid them?

“In the case where the chaplain seeks care for the caregiver, there are several avenues,” said Chap. (Lt. Col.) Shmuel Felzenberg, 1st Infantry Division chaplain.

For Chap. (Maj.) Christian Goza, 1st Inf. Div. deputy chaplain, he said the first avenue he takes is one that follows with his faith — prayer. His second step, one more common among the married chaplains and other caregivers, is to lean upon his spouse.

“My care initially comes from prayers,” Goza said. “Secondly, my spouse. But that’s only if you’re married.”

Felzenberg said he also relies on his spouse for support, but stressed any chaplain or other caregiver who does so, does not reveal any confidential or privileged information to their spouse. All counseling they provided to others remains anonymous and secure.

“In no way during that unburdening or sharing does that compromise confidentiality,” he said.

For some challenges and for those who are unmarried, a spouse is not available to help the caregiver through. That is when caregivers turn to their peers and colleagues.

Goza said he believes opening up to a fellow caregiver is easier when a strong relationship between the two exists. This is easily found for individuals who work in smaller sections for long periods of time. With time and close working relationships, they learn to rely on one another.

“A lot of times, the division chaplain and the deputy division chaplain, because of the relationship we share, I have to counsel him (Felzenberg) all the time,” he said.

Felzenberg said other alternatives for him and other caregivers include friends they know they can confide in.

“Someone you can vent to who may not have all those answers, but does have a kinship or friendship and a love of platonic nature you can talk to openly,” he said.

Within his own faith, Felzenberg said, a teacher-mentor, someone who he can trust to provide him honest, accurate information and lessons, is recommended.

“As part of the care for the caregiver for me ... Jewish faith for me in my case requires or strongly suggests that every person, not just myself, have a teacher-mentor and/or friend confident,” he said. “I don’t mean teacher like your third grade English teacher, I mean teacher-mentor like someone you look up to, take their guidance at face value and as gospel. A person who if you do have an impactful life experience, trial or tribulation or just have an ideological or philosophical (situation), you can go to with all your cards on the table openly, candidly and honestly because anyone you don’t have that relationship with, while they can still be of benefit to you, definitely they do not meet the caregiver type teacher-mentor.”

However, not everyone has someone nearby they can rely upon, such as chaplains who have recently arrived without their family, are unmarried or are deployed. For them, they may not have close enough relationships to feel comfortable reaching out to a peer or colleague, Goza said.

“All of the care for the caregivers to me depends on the relationship you have with the other person,” he said. “If they’re brand new, it’s going to be very difficult if they’re struggling with something.”

In those instances, caregivers may use outside sources like counseling through Military OneSource at www.militaryonesource.mil, which is available to active-duty service members of the Army, Navy, Air Force and Marines, as well as their dependents and a few additional other individuals who meet specific requirements. Goza said Military OneSource offers 12 free counseling sessions per topic or issue.

“I know plenty of chaplains who have utilized that with success, no shame,” Felzenberg said.

One of the greatest benefits of Military OneSource, Goza said, is that the counseling one receives there does not find its way into their file.

“And that’s not brought back into the military purview either,” he said. “I think a lot of Soldiers don’t know that.”

Caregivers are trained and practiced in aiding others using resiliency techniques and more, so they can help others through the challenges they face, Felzenberg said. These skills lend to making them more resilient and resistant to impactful situations they may encounter. However, those same skills can also make them unaware of when they need to reach for help.

“But that almost makes them more dangerous in the sense that the average person at least knows when they’re approaching or reached their breaking point and hopefully someone is smart enough to consciously or subconsciously give off those signs or raise their hand and say, ‘I need help,’” he said. “Unfortunately, it is probably likely there may be an over reliance or expectation at times that they’re impervious, but on the other hand, in the case of many of them, they maybe do have a slight advanced threshold, so it might be longer for them to hit it.”

In those instances, it falls upon their fellow caregivers and assistants to notice the subtle clues and signs something may be amiss, Felzenberg said.

“No chaplain is a standalone, fly alone, one person team,” he said.

During times a chaplain may require additional support, like during a memorial ceremony, other chaplains come to offer their support, Goza said.

“All the memorial ceremonies we do, we try to have as many chaplains and chaplain and assistants there not so much for the memorial ceremony, but for the support of the chaplain that’s up there doing the ceremony itself,” he said.

Should a chaplain be involved in a high risk incident, Goza said, the chaplain reports it and the division and garrison chaplains get involved to check in on them.

Additionally, the Family Life Chaplain provides services and assistance to the one in need, Felzenberg said.

“No one is impervious to being impacted,” he said.

Caregivers across the installation provide support to all members of the Fort Riley community, including one another in their times of need. But sometimes, it takes the intuition of someone near to them to catch when a caregiver is the one who needs care.

NEVER LET YOUR BUDDY FIGHT alone

Be Willing to Listen

Not all Wounds are Visible

Be willing to listen.

It is your responsibility to get help for a fellow Soldier

Talk to your Chaplain or a Behavioral Health Professional or Call Military OneSource 1-800-342-9647

www.militaryonesource.com

How Is Your Water Supply?

During an emergency, your water supply could be interrupted or contaminated.

- Safely store enough water for at least three days.
- Estimate one gallon of water per person per day for your family and include water for pets.
- Evaluate stored water and refresh regularly.

It's up to you. Prepare Strong!

READY ARMY
GET AHEAD HAVE A PLAN • BE INFORMED

NATIONAL HUNTING AND FISHING DAY

23 Sept, 2017
9:00 am – 3 pm

Sportsmen's Acres, K-244 Spur, Milford Lake

FREE ACTIVITIES

- Kids Casting/Fishing with Prizes
- Beginner Shotgun Shooting
- Muzzleloader Shooting
- Pistol and Rifle Shooting
- Archery

- Bring own equipment or use ours.
- Trap Range open at reduced cost.

Outdoor Sports Swap Meet – All Day
Brats or Burger Meal Available 11 – 2

More info at: <https://www.facebook.com/GearyCountyFishAndGameAssociation>

Do not miss out on advertising IN THE FIRST EVER JUNCTION CITY LIVING Sallie MAGAZINE

Ad deadline is just around the corner, contact a marketing rep today!

Meredith Storm
785-762-5000 | 760-267-7777
advertising@thedailyunion.net

Damon Griffiths
785-762-5000 x103

Shannon Fritz
785-458-9470
manhattanads@thedailyunion.net

JUNCTION CITY LIVING Sallie EDITION

Tayler Lyons
tayler@publishmagazines.com



THE FIGHTING FIRST!

Fred ‘LaMonte’ Dupree: A ‘Big Red One’ Soldier

By Phyllis Fitzgerald
SPECIAL TO THE POST

A native of Los Angeles, Fred “LaMonte” Dupree joined the Army January 1975. He did his basic training at Fort Polk, Louisiana, then went to Fort Benjamin Harrison, Indiana, for his Advanced Individual Training, earning the military occupational specialty 71D, legal clerk.

After training, his first assignment was to Fort Riley, where he was assigned to Headquarters and Headquarters Company, United States Army Garrison, 1st Infantry Division, working for the Office of the Staff Judge Advocate. He was there from August 1975 to November 1978.

Dupree’s next assignment took him to Hawaii where he was assigned as a legal clerk to Division Artillery, 25th Inf. Div.

In November 1981 he returned to Fort Riley and would remain with the post for 11 years, working as legal clerk for several units, including the SJA; HHC, 1-28 Infantry Battalion, 1st Armored Brigade Combat Team, 1st Inf. Div., later re-designated as HHC, 5-16 Inf. Bn., 1st ABCT, 1st Inf. Div.; HHC, 1st ABCT, 1st Inf. Div., and 4th Aviation Brigade, 1st Inf. Div.

In December 1990 while assigned to the 4th Avn. Bde., Dupree and his unit deployed in support of Desert Storm, where he again served as a legal clerk, for the Personnel Action Center supervisor. He also served as a door gunner.

While assigned to Fort Riley he graduated from, the Advanced Non-Commissioned Officer course.

In January 1992 Dupree was assigned to HHC, 21st Theater Area Army Command in Kaiserslautern, Germany, where he served as noncommissioned

officer in charge of the Kaiserslautern Law Center. He was there until December 1994, after which he came back to Fort Riley for his final tour of duty, serving with HHC, 1st Inf. Div., as the chief legal NCO in the SJA. He was in this position until November 1997 when he retired from the Army as a sergeant first class.

Upon retirement, Dupree went to work in civil service and worked in the personnel actions section of the G-1, personnel shop. Later, he went to work in the SJA office in the trial defense service section. There he was a paralegal specialist and attorney assistant. In February he retired from Civil Service after 20 years.

“Today I am retired and doing what I want to do and when I want to do it,” Dupree said. “In my spare time I help my wife Ruth with the Society of the 1st Infantry Division in which I am a lifetime member.”

The Duprees remained in the area, he said, “because we had purchased a home and Ruth had a good job that she enjoyed. Ruth had followed me everywhere that I was assigned and I wanted to give her the opportunity to continue doing her job that she absolutely enjoys.”

They raised three children, one of whom graduated high school in Germany and returned to attend Kansas State University in Manhattan, Kansas. The other two graduated from Junction City High School.

“My favorite memory from my time in the Big Red One is running across a subordinate in Kaiserslautern that had worked for me at a previous assignment,” Dupree said. “He had given me a shout-out on the JAGCNet (a communication site for the Judge Advocate General’s Corps) stating that the reason why he stayed in the Army was because he worked for me and I was a good mentor.”



THEN & NOW



Vendors show appreciation of Soldiers with food show



Warren Scipio, left, with the Fort Riley Mission Training Complex, waits for retired Chief Warrant Officer 4 Julius Thomas, regional sales manager for strategic culinary innovations, to provide him a serving of food during an Appreciation Food Show at Cantigny Dining Facility Sept. 12.

Story and photos by Season Osterfeld
1ST INF. DIV. POST

From prime rib to cereal and everything in between, more than 30 vendors gathered with the assistance of Sysco Foods for an Appreciation Food Show at Cantigny Dining Facility Sept. 12.

The vendors provided free food and drink samples to Soldiers, their family members and other Fort Riley community members as a way to show their appreciation to service members.

“It’s just to say thank you for all you do,” said Kathy McLain, Sysco Foods account executive. “I’ve got a little over 32 vendors here who are displaying their products and I’ve got all kinds of door prizes.”

Each visitor received a raffle ticket to be included in a drawing with prizes provided by the vendors. Prizes included gift cards, a 100-pound watermelon and more.

Several vendors also gave out gift bags containing their products or encouraged visitors to take prepackaged food items home.

McLain greeted each visitor with a reusable cooler bag to carry the items they received from the vendors.

This year was the second year McLain arranged the food show at Fort Riley. She said she holds similar events at other installations, but nothing as large as what she does at Fort Riley.

“My husband was in the service,” she said. “He was in Vietnam and it’s just something that’s near and dear to my heart and I wanted to say thank you. You know, sometimes we forget to say thank you. That’s why I do it. That’s why I put it together.”

Sysco Foods is a distributor for all of the attending vendors. In turn, these products find their way to dining facilities at Fort

Riley and other installations. This food show was also a chance for the Soldiers to offer their feedback to McLain and the vendors about foods they would like to see in their dining facilities, she said.

“These food shows are designed so all these vendors can come out and show products and let the Soldiers come out and taste these products,” said retired Chief Warrant Officer 4 Julius Thomas, regional sales manager for strategic culinary innovations and former installation food program manager at Fort Riley.

Getting feedback from the Soldiers and providing them with a varied and healthy diet is instrumental to morale, he said.

“You don’t want to eat the same food over and over,” Thomas said. “You want a variety. You want to try to keep the Soldiers happy ... Food is a big part of their morale.”

Sgt. 1st Class Joshua Canady, senior culinary management noncommissioned officer, 1st Armored Brigade Combat Team, 1st Infantry Division, said he loved seeing all the food options presented at the show and appreciated families being invited to attend.

“I think it’s just a big thank you from all of the vendors and everything for everything that we do,” he said. “Plus, it gives us a chance to put in real input about the types of foods we’d like to see at the dining facilities.”

McLain said she plans to bring the Appreciation Food Show back to Fort Riley again next year. No date has been set.



Vendors serve food to Soldiers, family members and other Fort Riley community members during an Appreciation Food Show at Cantigny Dining Facility Sept. 12. More than 30 vendors provided free food and drink sampling to Soldiers, their family members and other Fort Riley community members as a way to show their appreciation to service members. This year was the second year the food show was held at Fort Riley. Another show is in the works for 2018.

Garrison Org Day

October 5
Starting at 11 a.m.
Family members welcome
Garrison Award Ceremony 1 p.m.

Outdoor Adventure Park

Activities include high ropes and family ropes course, team challenge, zip line, yard games and Minute to Win it games. Driving Range and Archery available (must bring your own equipment)

Food catered by Riley's Conference Center
BBQ chicken, pulled pork, side dishes

Food tickets \$10 available from your office rep. or RCC
MWR beer sales available

WWW.FACEBOOK.COM/FORTRILEY

Psychic & Adviser

Love Marriage Business Past Present Future

Love and Relationships
Psychic Palm
& Tarot card readings

Located in Manhattan KS
MILITARY DISCOUNTS!

Call Ava
785-317-3888

Tired of pain medication?

Non-narcotic pain relief

Types of Pain	Treatment Options
Knee Pain	Epidural Steroid Injection
Lower Back & Nerve Pain	Non-steroidal & Traditional Facet Injections
Sciatic Leg Pain	Median Branch Blocks
Painful Disc Syndrome	Occipital Nerve Blocks
Migraine, Tension & Cluster Headache	Peri-articular & Sacroiliac Joint Injections
Fibromyalgia	Trigger Point Injections
Osteoarthritis/ Degenerative Arthritis	Bursa Joint Injections
Leg, Hip or Pelvic Pain	Intercostal Nerve Injections
Radiating Arm & Shoulder Pain	Selective Nerve Root Injections
Neuralgia	Radio-frequency Nerve Ablations
	Ultrasound Procedures

Make your appointment today!
Appointments within 7 days

Flint Hills
PAIN MANAGEMENT^{PA}

1213 Hylton Heights, Suite 109
Manhattan, KS 66502
Monday - Thursday 8:00 am - 5:00 pm
P: 785.320.7576 | F: 785.320.5428

TRAFFIC REPORT

ACCESS CONTROL POINT HOURS

Those wanting access to Fort Riley on weekends should use Estes, Ogden, Henry or Trooper gates.

For more information about Fort Riley access procedures, visit www.riley.army.mil.

The access control point hours are:

Henry/Trooper/Ogden/Estes:

Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access.

12th Street:

Open from 5 a.m. to 7 p.m., Monday to Friday, closed weekends and federal holidays. This gate will have inbound commercial vehicle lanes only. Although personally owned vehicles will be allowed access, there is no designated POV lane.

Outbound traffic is not authorized. Badges and passes may be issued to commercial drivers prior to access at the gate.

Grant:

Open from 5 a.m. to 2 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

ACCESS CONTROL POINT HOURS CHANGING

Hours of operation at two of Fort Riley's access control points have

changed. Until further notice, the Grant Street gate will be open from 6 a.m. to 2 p.m. Monday through Friday, closed weekends and federal holidays. Hours of 12th Street gate will be 5 a.m. to 7 p.m. Monday through Friday only, closed weekends and federal holidays.

The changes are necessary to maintain Soldiers' readiness for future training and deployment requirements. Four additional access control points – Estes, Henry, Ogden and Trooper – remain open 24 hours a day, seven days a week.

For more information about visiting Fort Riley, go to www.riley.army.mil and click on the yellow "Accessing Fort Riley" tab on the right-hand side of the page. Questions about visiting Fort Riley can be answered by the Directorate of Emergency Services security branch; call 785-239-3138 or 785-239-2982.

TROOPER DRIVE ROAD WORK

Nightly road work will be performed on Trooper Drive starting at Rifle Range Road to Apennines Drive from 6 p.m. to 5:30 a.m. The work began Aug. 7 and is expected to continue until Sept. 29.

New Beginnings for appraisal program

1ST INF. DIV. POST STAFF REPORT

New Beginnings, according to the Department of Defense Personnel Advisory Service, is designed to implement improvements to DOD Human Resource practices and policies, including implementation of a new Defense-wide Performance Management and Appraisal Program. New Beginnings encompasses reforms impacting Performance Management, Hiring Flexibilities, Training and Development and Workforce Incentives.

The new performance management and appraisal system will begin implementation at Fort Riley in April with those in GS-13 and above positions attending training before entering the new system June 1. The rollout will be in stages with the last segment of civilian employees entering the new system July 1, 2018.

To find out more information, the staff of the 1st Infantry Division Post will publish it as it rolls out and from the frequently asked questions addressed by the team at the DOD Civilian Personnel Advisory Service.

Question and answer for this week:


Q: What does the Hiring Manager's Toolkit consist of?

A: The Hiring Manager's Toolkit addresses the four key phases of the hiring process: Planning to Hire, Attracting the Candidate, Making Hiring Decisions and Shaping Early Experiences, and promotes collaboration between the hiring manager and human resources professionals. The toolkit provides an all-encompassing resource for hiring managers, and compiles an online collection of guides, checklists, quick references, pamphlets and tip sheets for the hiring manager and human resources staff. Here are a few examples of the guides included in the toolkit: Guide to Workforce Planning, Job Analysis Guide, Hiring Options Guide, Guide to Veterans Hiring, Interview Guidelines and the Onboarding Guide.

TO FIND OUT MORE ABOUT THE NEW BEGINNINGS SYSTEM, VISIT

WWW.CPMS.OSD.MIL/SUBPAGE/NEWBEGINNINGS/NBHOME

'IRON RANGERS' PART OF HISTORY IN NEW YORK



COURTESY PHOTO

Soldiers with the 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, pose on Governors Island, New York Harbor, Sept. 16 during WWI History Weekend on the island. The event, which took place Sept. 16 to 17, honored the centennial of the U.S. entry into World War I. The "Iron Rangers," who were stationed on the island from 1922 to 1942, presented the colors and paid homage to their heritage over the weekend.

Service Members Civil Relief Act available to aid Soldiers

By Tim Morgan
FORT RILEY HOUSING SERVICES OFFICE

Soldiers assigned to Fort Riley have protections afforded to them by the Service Members Civil Relief Act. The Fort Riley Housing Services Office offers many services to Soldiers and their dependents. One of those services is the application of the SCRA to a Soldier's particular housing situation. The SCRA was enacted by Congress to protect Soldiers and other service members, along with their families, from particular financial stresses during extended absences, including deployments.

Due to the nature of military service, Soldiers often have situations where they need to end a contract or lease. This is where the application of the SCRA can assist Soldiers from unnecessary financial burden because of their required duties. According to the Department of Justice, "the law's purpose is to postpone or suspend certain civil obligations so that members of the Armed Forces can focus their full attention on their military responsibilities without adverse consequences for them or their families." The main focus of the HSO is assisting in the application of the SCRA with are rental agreements, security deposits, prepaid rent and eviction situations.

According to the 1st Infantry Division Legal Assistance Office's webpage, "a service member (or their dependents) may terminate a lease for premises (residential or business) as of the date of entry onto active duty if the lease was entered into prior to military service; or as of the date of military orders for a PCS move or deployment of

90 days or more. The effective date of the lease termination for leases requiring a monthly rent payment is 30 days after the next rental payment following the day notice is delivered. For leases that do not require a monthly rent payment, the effective date of termination is the last day of the month following the month in which notice was given."

The SCRA also covers situations that involve installment contracts, credit card interest rates, mortgage interest rates, mortgage foreclosure, civil judicial proceedings, automobile leases, life insurance, health insurance and income tax payments. The best advice, as with any legal situation, is to contact the 1st Infantry Division Legal Assistance Office at 216 Custer Ave. to receive advice and counseling on the SCRA. The Legal Assistance office can be reached at 785-239-3117.

It is imperative service member's visit the HSO office prior to entering into any lease, contract or rental agreement to ensure their best interests are protected. The HSO can also help with their housing search through their listing website of www.homes.mil. The Department of Defense homes.mil website is a resource to find housing that has had the lease contracts vetted by the housing referral agents during the inspection process to identify any situations where the Soldier may be surrendering some of their legal protections. Additionally, properties advertised on the site have been inspected for compliance with safety and health standards. The HSO is located in building 215, room 139 and can be contacted at 785-239-3525.



MyBaseGuide

www.mybaseguide.com

Everything you need to know about **Fort Riley** and the surrounding area is at your fingertips!



Whether you are on your computer, tablet or phone, get info in seconds at:

www.mybaseguide.com/army/23/fort_riley

FORT RILEY

GUIDE AND DIRECTORY

All online content is approved by the Fort Riley Public Affairs Officer.



MyBaseGuide

Mobile App





Find out more about **Fort Riley**, even while on the go!

Scan the QR code to download the app.



The MyBaseGuide mobile app is available on Android, iOS and Windows devices.

SUICIDE PREVENTION

THE POWER OF 1

GREAT WESTERN INN

NEW MANAGEMENT AND RENOVATION!



ROOM RATE:

\$54 per night \$260 per week

10% OFF for Military

AMENITIES

Free Breakfast • Free WiFi • Pet Friendly • Truck Parking

201 CONTINENTAL DRIVE, JUNCTION CITY, KS, 66441

785-238-5147 | GREATWESTERNINN1.WIZSITE.COM/MYSITE

Gary's PUMPKIN PATCH & Corn Maze

MILITARY APPRECIATION DAY!

SEPTEMBER 23RD, 2017

10AM - 10PM

SERVICE MEMBERS, VETERANS, NATIONAL GUARD, RESERVES AND THEIR FAMILIES GET IN FREE!

WWW.GARYSBERRIES.COM

FIND US ON FACEBOOK AT [FACEBOOK.COM/GARYSBERRIESFALLFESTIVAL](https://www.facebook.com/garysberriesfallfestival)

NO OFFICIAL U.S. ARMY ENDORSEMENT IS IMPLIED

RILEY ROUNDTABLE

What is the kindest thing that someone has ever done for you?



"Be a friend."

SOPHIA MITCHELL
EL PASO, TEXAS

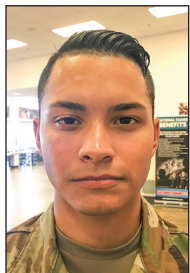
Daughter of Sgt. 1st Class Jeffrey Mitchell, Headquarters and Headquarters Battalion, 1st Infantry Division



"Help me stand up when I sprained my ankle."

HAILEY WILLIAMS
MILFORD, KANSAS

Daughter of Stacy Williams, human resource specialist, Civilian Human Resources Agency, and Bruce Williams, engineer technician, Directorate of Public Works



"Someone bought me a sandwich. It was nice."

SPC. CHRISTIAN HERNANDEZ
SAN ANTONIO, TEXAS

Troop A, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division



"Someone took me out to lunch surprisingly."

PFC. ANTHONY SAAVEDRA
MIAMI, FLORIDA

Company I, 1st Combined Arms Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division



"Came back from first deployment a gentleman named ET upgraded me to first class for the final leg of my trip from Atlanta to Jacksonville (Florida). Today, complete strangers going out of their way to be kind does happen."

CHIEF WARRANT OFFICER 2
CHRISTOPHER DOWLING
JACKSONVILLE, FLORIDA

1001st Military Police Battalion, Criminal Investigation Department.

THE 1ST INFANTRY DIVISION POST

This civilian enterprise newspaper is an authorized publication for members of the Department of Defense. Contents of The 1st Infantry Division Post are not necessarily the official views of, or endorsed by, the U.S. Government, or the Department of the Army. The editorial content of this publication is the responsibility of the 1st Infantry Division and Fort Riley PA Officer and printed by Willgratten Publications, LLC, a private firm in no way connected with the U.S. Government under exclusive written contract with Fort Riley.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army or Willgratten Publications, LLC. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher will refuse to print advertising from that source until the violation is corrected.

Circulation 8,800 copies each week.

A licensed newspaper member of the Junction City and Manhattan chambers of commerce.

COMMANDING GENERAL
Maj. Gen. Joseph M. Martin
PUBLIC AFFAIRS OFFICER
Lt. Col. Joey Sullinger

PUBLISHER
Chris Walker

FORT RILEY EDITORIAL STAFF
Collen McGee, Andy Massanet, Maria Childs, Season Osterfeld, Suet Lee-Growney and Kalene Lozick

MEDIA SALES MANAGER
Meredith Storm

MEDIA SALES REPRESENTATIVES
Kim Maguire and Shannon Fritz

CONTACT US
For business or advertising matters, call The Daily Union in Junction City at 785-762-5000.
For news offerings, call the Fort Riley Public Affairs Office at 785-239-3328 or DSN 856-3328, or email usarmy.riley.imcom.mbx.post-newspaper@mail.mil

LETTERS TO THE EDITOR
The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil.

FATALITY-FREE DAYS

439

As of Wednesday, Sept. 20, 439 days have passed since the last vehicular fatality at Fort Riley. Safe driving doesn't happen by accident. For more information about safety, call the Garrison Safety Office at 785-239-0514.

SAFETY CORNER

Celebrating 444 fatality free days: looking outside statistics

By Dawn J. Douglas
GARRISON SAFETY OFFICE

Sept. 25 will mark our 444th day without a privately owned vehicle fatality that Fort Riley has achieved. To put this number in perspective, according to the National Highway Traffic Safety Administration, a driver is four times as likely to die in a traffic accident over the Memorial Day weekend as over a regular weekend. Memorial Day led with an average of 312 fatal accidents for the years from 2011 to 2015.

However, Labor Day averaged 308 fatalities and on the Fourth of July the average is 307. The clear take away is driving on any of the big summer weekend holidays is much more dangerous than on a normal week. This is most significant as Soldiers are constantly deploying and redeploying, and traveling by privately owned vehicles for block leave, extended holidays, long passes and training holidays. In other words, Team Riley has beaten the odds in not having a fatal car accident during the entire summer and as a division, preserved the lives of the nation's protectors. Every day without a fatality means we directly impact the readiness and resilience of our Soldiers who defend our nation from enemies foreign and domestic.

Every 111 days, Fort Riley and the 1st Infantry Division strive to achieve this milestone. The use of increments of "1" correlates with the starting of the 111 days of Summer Safety Campaign, which starts every year before Memorial Day weekend and ends after Labor Day weekend. As we continue the count throughout the year, increments of 111 are counted and marked as milestone achievements. The highest number of fatality free days ever reached for Fort Riley and the 1st Infantry Division was 500 days, from Dec. 10, 2008 to April 24, 2010. Then, April 25, 2010, a Soldier was lost in a POV accident. The Fatality Free Day count is more than just a number to count off. It gives us an opportunity to reflect on not only the days of grace without a fatality, but to remember Soldiers, friends and families who were lost over the years. It is sobering to see the count reset and often draws a reaction from those who pass by the electronic marquees at the Henry, Trooper and Ogden access gates.

When we lost a Soldier July 8, 2016, in a fatal motorcycle crash and had to reset the count back to zero, there was always hope we would accumulate days, months and maybe even years without a Soldier POV fatality. However, we could not have made it to 444 days without leader focus, Soldier diligence, family support, law enforcement, traffic safety programs and a whole lot of luck. With these six components working together, we have achieved success.

LEADER FOCUS

When leaders recognize their role and responsibility in making sure Soldiers practice safe and defensive driving principles, there is mission success. Unit Remedial Driver's Training Programs, oak tree counseling's, managing the Soldiers rigorous duty schedule with an effective work-rest plan, trip planning and an emphasis on safety, mentoring and modeling safe driving, encourages Soldiers from the top down to avoid unnecessary risks and is the bedrock of a safety culture that preserves lives. Leader engagement cannot be under-emphasized in the achievement of 444 POV Fatality Free Days because they are the first line of communication between Soldiers and the values to be Brave, Responsible and On Point.

SOLDIER DILIGENCE

Soldiers supporting Soldiers is critical in preventing and avoiding accidents and injuries. These 444 POV Fatalities Free Days could not have been accomplished unless countless battle buddies engaged friends not to drink and drive, not to speed, to wear their seatbelts, to party at home or to take advantage of a taxi service or a designated driver. In the short or long conversations that persuaded a fellow Soldier not to make a bad risk decision that might not only jeopardize the Soldier's life, family and career, but might cause injury or death to an innocent person sharing the road, Soldiers have positively impacted the safe driving culture of Fort Riley.

FAMILY SUPPORT

Although the POV Fatality Free Day count is for Soldier fatalities, family members who are both drivers and passengers have contributed greatly to achieving the milestone as well. When family members insist on

practicing driving safety such as wearing seatbelts, getting sufficient rest before long trips, planning scheduled stops and making good risk decisions, Soldiers have the support they need to arrive alive. The safety education children receive at school, the safety briefings and information provided to Family Readiness Groups, and the continuous emphasis on safety and readiness by leaders work in concert to create a culture of sustained readiness and success.

LAW ENFORCEMENT

The men and women who enforce the rules of safe driving are also responsible for preventing accidents and injuries that lead to fatalities. Although the last thing many of us want to see is the flashing lights of a police car behind us, officers who faithfully perform their duties to uphold the law, keep the roads safe by providing deterrents to driver indiscipline. Seatbelt checks, sobriety checkpoints, drunk driving laws, administrative license revocation and suspension laws are all part of an overall strategy to combat drunk driving, drowsy driving, driver indiscipline and prevent accidents before they become fatal incidents.

TRAFFIC SAFETY PROGRAMS

The 1st Infantry Division and Fort Riley provide great programs to teach defensive driving and educate Soldiers and civilians on making good personal risk decisions. The Army Traffic Safety Training Program seek to educate Soldiers by providing motorcycle training, intermediate drivers training and education programs such as Road Rageous to curtail the number of vehicle incidents caused by such factors as indiscipline, distracted driving and speeding. Remedial driver's training programs and the National Safety Council's Defensive Driving Course provide additional training to Soldiers who may have had a traffic incident or accident and require additional training to improve their driving skills. Other programs like the Drunk Driving Prevention Program, encourage Soldiers to call 785-693-0303 for a safe ride home from the local community to Fort Riley to prevent driving while intoxicated. The Progressive Motorcycle Program is the result of the Army learning from accidents

and injuries and applying an educational philosophy is designed to consistently keep motorcycle operators training current and sustain or enrich skills. The program consists of BRC, BRC-II, Military Sportbike, Motorcycle Refresher Training and sustainment training. The program requires all riders prior to operating a motorcycle complete BRC or state-approved curriculum for motorcycle operator's safety training. Based on the type of motorcycle, Soldiers must complete BRC-II or MSRC within 12 months of completing BRC. The MRT is required for any motorcycle licensed and endorsed Soldier owning a motorcycle, returning from a deployment greater than 180 days and must be completed prior to operating the motorcycle on a public or private street or highway with exception of riding to or from training. Finally, within five years of completing BRC-II or the MSRC, or 5 years of inactivity or acquisition of a new or change of motorcycle, Soldiers are required to complete sustainment training.

LUCK

Not having an accident that resulted in a Soldier fatality, does not mean there were no accidents during the 444 day period. Every speeding ticket, drunk driving infraction, seat belt violation, driver indiscipline in the 444 day period could have resulted in a Soldier's untimely death. There is always the potential for a fatality when Soldiers take unnecessary risks. Even more sobering is a Soldier could be doing everything correctly and due to circumstances beyond their control an unfortunate event could occur. In other words, even with all the programs in place and leaders, Soldiers, law enforcement and family members doing the right thing, success or failure can be by chance rather than through one's own actions.

Although we can't do anything to increase our luck, we can sustain and improve the other areas we have control over. Safety is everyone's responsibility and 1st Infantry Division and Fort Riley prove daily it is a team effort to achieve 444 DAYS without a POV fatality. For more information, contact the United States Army Garrison Fort Riley Safety Office at 785-240-0647.

Society keeps 'Big Red One' Soldiers together

Fort Riley community,

My name is retired Lt. Gen. Ron Watts. I am a former commanding general of the "Big Red One" and currently the president of the Society of the 1st Infantry Division.

I take this opportunity to communicate with all our military assigned to the 1st Infantry Division and inform you of what your society does for our division.

I find many stationed at Fort Riley are not aware of the Society of the 1st Infantry Division. The society was established in 1919 in Koblenz, Germany, at the end of World War I. The purpose of the society is to honor and perpetuate the memory of those Soldiers who distinguished themselves by their service and sacrifices while serving with the 1st Infantry Division and to perpetuate the brilliant record and achievements of the Big Red One. The society also supports Soldiers and families with services they may not be able to otherwise obtain.

Membership in the society is open to all individuals who at any time honorably served or are serving in the Big Red One. Also any business interested in perpetuating the proud history of the 1st Infantry Division and its units may become associate members.

The society relies on dues and donations to generate the funds needed

to support our active duty members and our veterans. For example, the Big Red One Support Fund provides assistance to serving 1st Infantry Division Soldiers and their families who are not covered by other agencies. This support includes wreath or flowers at memorial services for Big Red One Soldiers; transportation, lodging and meals for family members to visit their wounded; Commissary gift cards for Soldier families at Thanksgiving and Christmas; support to Gold Star Families, including refreshments for meetings

Applications for BRO Fund assistance are available through the Fort Riley office and must be completed by the Soldier requesting assistance. A battalion command sergeant major or commander must review and sign the form and submit to the Kansas office.

The First Infantry Division Monument was erected after World War I in Washington, D.C., west of the White House. The monument contains the name and unit of each Soldier killed in World War I, WWII, Vietnam and Operation Desert Storm. Upon that monument are 12,947 names. The society has to redesign the base of the monument to accommodate the names and units of Soldiers lost in Iraq and Afghanistan. Fund raising efforts are now underway to modify

the monument and add those names. Those who would like to contribute to this worthy effort may go to www.1stid.org and use the contribution form or contact the society PA office at 215-654-1969

First Infantry Division Scholarship Fund awards five merit scholarships to children, grandchildren or great grandchildren of Big Red One Soldiers of \$10,000 to each recipient. The application and directions are posted on the website under "foundation."

Reunions: The society holds an annual reunion that is open to all veterans and Big Red One Soldiers who are members of the society. Each year, we meet at a location in the United States. In 2017, we were in Kansas City; 2018 will be in the Chicago, Illinois, area; and in 2019 at Baltimore, Maryland, Inner Harbor. It is a great opportunity to reunite with buddies that you may not see often after you leave the division.

Finally, I would encourage you to visit the society webpage www.1stid.org to learn more about the Society of the 1st Infantry Division.

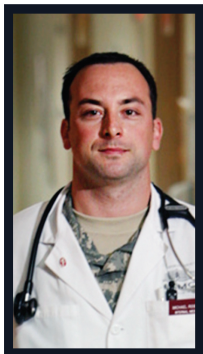
Duty First!
Ron Watts
President
Society of the 1st Infantry Division

The next USAG Resilience Day Off is

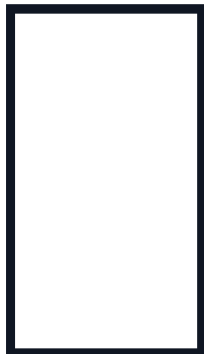
SEPT.
29

Irwin Army Community Hospital

Missed appointments are missed opportunities for others.



PROVIDER



NO-SHOW PATIENT



WOULD BE PATIENT



WOULD BE PATIENT



WOULD BE PATIENT

With six events, new Army Combat Readiness Test aims to replace current Army Physical Fitness Test, cut injuries



Spc. Efren Gandara performs leg tucks during a pilot for the Army Combat Readiness Test, a six-event assessment designed to reduce injuries and replace the current Army Physical Fitness Test. Gandara and 120 other Soldiers based at Fort Lee, Virginia, had the opportunity to take the test Sept. 13 to 14. Developers plan to test at Fort Leonard Wood, Missouri, next month. If approved, the new test could be implemented across the Army in fiscal year 2020.

Story and photo by Sean Kimmons
ARMY NEWS SERVICE

FORT LEE, Va. — After finishing the Army Combat Readiness Test, a six-event assessment designed to reduce injuries and replace today’s physical fitness test, Spc. Efren Gandara and others in the pilot program were physically drained by the full-body workout.

About 120 Fort Lee Soldiers, including Gandara, had one of the first looks Sept. 13 and 14 at the test, which gauges Soldiers on five components of physical fitness — muscular and aerobic endurance, muscular strength, speed/agility and explosive power. Since 1980, the current Army Physical Fitness Test has only measured the first two components.

Developed by the Army Center for Initial Military Training, the new test aims to better prepare Soldiers for their warrior tasks and battle drills, as well as other physically demanding tasks.

“In combat you’re going to be lifting things, moving stuff around and all your gear is going to be on,” Gandara said afterward. “I don’t think the regular (test) actually gauges that. I know people who can run, but as soon as you put weight on their shoulders, they can’t. What will happen when they get into combat?”

SIX EVENTS

While the ACRT still keeps the 2-mile run as its final event, it introduces five others to provide a broad measurement of a Soldier’s physical fitness.

“The Army has always used a physical fitness test as a tool for commanders to determine whether their Soldiers are prepared to do their mission,” said Whitfield East, a research physiologist with CIMT. “(This is) a better assessment. It’s better because it’s more comprehensive.”

- **Deadlift:** With a proposed weight range of 120 to 420 pounds, the deadlift event is similar to the one found in the Occupational Physical Assessment Test, which is now given to new recruits to assess lower-body strength before they are placed into a best-fit career field. The ACRT will require Soldiers to perform three deadlifts (only one in OPAT) and the weights will be increased. The event can simulate picking up ammunition boxes, a wounded battle buddy, duffel bags or other heavy equipment.
- **Standing power throw:** Soldiers toss a 10-pound ball backward as far as possible to test muscular explosive power that may be needed to lift themselves or a fellow Soldier up over an obstacle

- or to move rapidly across uneven terrain.
- **T-pushup:** In this event, Soldiers start in the prone position and do a traditional pushup, but when at the down position they move their arms outward and then back in to do another pushup. This allows for additional upper body muscles to be exercised.
 - **Sprint-drag-carry:** As they dash 25 meters five times up and down a lane, Soldiers will perform sprints, drag a sled weighing 90 pounds, and then hand-carry two 40-pound kettlebell weights. This can simulate pulling a battle buddy out of harm’s way, moving quickly to take cover, or carrying ammunition to a fighting position or vehicle.
 - **Leg tuck:** Similar to a pullup, Soldiers lift their legs up and down to touch their knees/thighs to their elbows as many times as they can. This exercise strengthens the core muscles since it doubles the amount of force required compared to a traditional sit-up.
 - **2-mile run:** Same event as on the current test. In the ACRT, run scores are expected to be a bit slower due to all of the other strenuous activity.

Test scoring hasn’t been decided yet, but it could be up to 100 points for each event like the APFT, officials say. There will be a minimum score required in each event to meet Army standards.

Using empirical data gained from earlier testing with Soldiers on more than 20 physical fitness exercises from heel hooks to bench press repetitions, researchers were able to cut the number of exercises based on how well they improved Soldier readiness.

While there have been several attempts to change the current test over the last 10 to 15 years, East said, this attempt has more scientific firepower.

“The thing that’s different about this attempt is that we went back to the baseline and we set up a scientific process very similar to the process of the Physical Demands Study for the OPAT,” he said.

HOLISTIC HEALTH

Together, the OPAT and ACRT physical fitness tests will be integral to the Army’s Holistic Health and

Fitness concept, which is currently being developed and will encompass all aspects of human performance to optimize individual readiness.

There are also plans to have both the OPAT and ACRT in the latest rewrite of Field Manual 7-22, which sets the standards for physical fitness. The newest version is set to be done by the end of this year. It is a ground up revision, not just a rehash of old programs.

Lt. Col. David Feltwell, who works at the Center of Initial Military Training as the primary developer of FM 7-22, stressed that the ACRT remains a proposed test at this time. If approved, the test could go to initial operational capability as early as next summer before being fully implemented in fiscal year 2020.

“It will be up to senior leaders in the Army to decide exactly when and how it’s executed,” Feltwell said. “There will be a transition phase from current efforts to when it becomes fully executed for record testing. In between now and then, the Army and Soldiers will have the time and resources to prepare for it.”

Next month, the ACRT pilot is slated to head to Fort Leonard Wood, Missouri, which like Fort Lee is another hub for initial entry training. In August, the pilot was held at Joint Base Lewis-McChord, Washington, to test the Army Rangers and elements of the National Guard.

Up to 2,000 Soldiers could get the opportunity to participate in the pilot and give feedback in surveys after they complete the test.

At Fort Lee, Sgt. Bruna Galarza found the test to be tough, but appreciated the emphasis on muscular strength during the events.

“This is actually what you’re going to be doing,” she said. “I know when I went to Afghanistan I had to carry the (M249 squad automatic weapon) as well as ammunition and my vest.”

Staff Sgt. Joel Demillo, who was one of the graders, called the ACRT a better “yardstick” at measuring one’s fitness over the current test.

When he deployed to Iraq as a wheeled vehicle mechanic, Demillo said he faced many physically demanding tasks when he had to recover vehicles.

“You never get to the battlefield and you’re 100 percent fresh,” he said. “So how much more can you push your body? Doing that 2-mile run after those five events is taxing

your body from head to toe. I think it correlates to something you might have to deal with in combat.”

PREVENTING INJURY

While the events are difficult now, future training guidelines aim to better groom Soldiers to tackle them. In turn, injury rates -- particularly lower back problems -- may decrease and more Soldiers could be able to deploy.

“We literally spend billions of dollars every year on musculoskeletal injuries,” East said. “So whatever we can do to strengthen the lower body and strengthen the core, we’re going to prepare Soldiers not only to do their job, but we’re going to help them to do it safely and effectively.”

As a professional bodybuilder and an Army master fitness trainer, Sgt. 1st Class Floston Arthur knows firsthand how proper training can prevent injury. He graded Soldiers taking the test Thursday, and kept a close eye on how it exerted the body.

A well-rounded approach to physical training, along with ensuring Soldiers use the correct form when lifting heavy objects, he said, would be a game-changer in lowering injury rates.

“There are certain muscles in your body that if you’re not using or strengthening, you’re just going to be weak,” said Arthur, who works at the Combined Arms Support Command’s headquarters. “If you work on your shoulders and back and you don’t work on your legs, you’re just going to have this heavy upper body.”

Now is the time to make a shift toward that holistic approach, according to East. He said the Army can head to either a buy, build or break model when it comes to Soldier fitness, the latter of which the service is currently in.

“We’ve been more or less in a break model for a long time. It’s the way our health system works,” he said.

“The bottom line is that we want to move the narrative back over to the build stage, and having an assessment like this would be really important in terms of driving training, but we’ll also see, we believe if done properly, a significant reduction in musculoskeletal injuries, which ultimately lead to all kinds of downstream costs and attrition,” he said.

Are **YOU** and
your **FAMILY**
READY for an
EMERGENCY?



**READY
ARMY**

BE INFORMED • MAKE A PLAN • BUILD A KIT • GET INVOLVED

www.acsim.army.mil/readyarmy/



**DON'T WAIT.
COMMUNICATE.**



**MAKE YOUR
EMERGENCY
PLAN TODAY.**

SEPTEMBER IS NATIONAL PREPAREDNESS MONTH!

Pets of the Week

THESE LOVABLE PETS ARE WAITING TO BE ADOPTED....



KAMI



MORGAN

STOP BY AND SEE THESE PETS OF THE WEEK AND MORE AT:

JUNCTION CITY ANIMAL SHELTER
2424 N. Jackson St. | Junction City, Kansas 66441 | (785) 238-1359



TACO



ATHENA



KARA

FORT RILEY ANIMAL SHELTER
224 Custer | Fort Riley, Kansas 66442 | (785) 239-6183

ATTN:
**ANYONE Can Donate Money
Towards a Pets' Adoption.**
Inquire at JC Animal Shelter and
make it *EASIER* for these pets
to find a home!!

SPONSORED BY:



**Animal
Care
Clinic**



State of the art care,
state of the heart caring.
Mark L. Stenstrom, DVM
106 N. Eisenhower • Junction City, Ks. 66441
785-762-5631

Combat Aviation Brigade Soldiers master skills during Demon Focus

Story and photo by Sgt. Jarrett E. Allen
1ST CAB PUBLIC AFFAIRS

Soldiers of the “Demon” brigade transitioned from Victory Week, where lots of friendly competition took place in various sporting events, to a full-on combat training exercise known as Demon Focus that started Sept. 5 and ends Sept. 27.

Maj. Chad A. Monroe, operations officer in charge, Headquarters and Headquarters Company, 1st Combat Aviation Brigade, 1st Infantry Division, said Demon Focus is a combination of two exercise evaluations with units at Fort Hood, Texas, and Fort Carson, Colorado. The brigade headquarters is conducting command and control of units in different locations and a command post exercise as they monitor and battle track the exercise evaluations and field training exercises of the brigade’s subordinate units.

Monroe said the purpose of the event is to establish the brigade’s main command post and help Soldiers master their mission-essential tasks. The exercise is also to prepare for the warfighter command post exercise this winter.

Monroe said he feels the training event is going well.

“The exercise is going very well,” Monroe said. “I am always impressed with Soldiers’ and leaders’ abilities to take the guidance that we provide, mission orders and commander’s intent, and run with it to create and execute a great training event.”

Monroe said they are trying to mimic here what they will do in future operations anywhere around the globe. He said their goal is to be ready now and their division is prepared to do just that.

“Readiness is our priority, so we are getting after it so we can execute distributed mission command across time and space and the brigade headquarters can provide command and control regardless of where our subordinate units are geographically,” Monroe said.

Staff Sgt. Oscar S. Lopez, operations platoon sergeant with HHC, 1st CAB, said he also feels things are going well. He said a lot of their Soldiers are brand new and have never been involved in this sort of training before. They have never put up a tactical operations command post or had to move one, but they are learning quickly and performing well, Lopez said.

“The Soldiers are performing great, in my opinion,” Lopez said. “There’s a lot of collaboration between the different shops and everybody’s morale is up and everybody’s learning new things.”

Lopez said they are rotating roles so Soldiers can understand what everyone’s functions are within the tactical operations command post. That way they get an understanding of taking control of the battle tracking portion.

Pvt. Steven E. Joanis, also with HHC, 1st CAB, is an air traffic controller, but said he is rotating between flight tracking and radio-telephone operator. He said he feels it’s a great help in preparing him for future missions.

Joanis said keeping track of what is going on with the aircraft allows for greater flexibility when leaders need to make adjustments.

He said Lopez has been the biggest help.

“He told me not to stress it; I’m only going to grow from it,” Joanis said. “You’re going to make mistakes and you’re only going to get better, which has been great advice.”



Staff Sgt. Oscar S. Lopez, right, operations platoon sergeant, Headquarters and Headquarters Company, 1st Combat Aviation Brigade, 1st Infantry Division, teaches Spc. Johnnie G. Brown, left, also with HHC, how to prepare a range card as part of Demon Focus at the Mission Training Complex at Fort Riley Sept. 11. Demon Focus is a brigade wide training event with units here at Fort Riley, one at Fort Hood, Texas, and another at Fort Carson, Colorado.

DON'T FORGET ABOUT FIDO

Heading to the grocery store this week? Update your pet's emergency kit by adding extra pet food and water to your grocery list.

#NatlPrep

FEMA

Ready

Don't Wait. Communicate.

Fort Riley - Central Kansas Chapter

AUSA

THE ASSOCIATION OF THE UNITED STATES ARMY URGES YOU TO PATRONIZE THESE MERCHANTS AND PROFESSIONALS WHO SUPPORT AUSA, AND WHO CONTRIBUTE TO STRENGTHENING THE SERVICE MEN AND WOMEN - ACTIVE AND RETIRED - WHO RESIDE IN THIS AREA.

CORPORATE MEMBERSHIP

Armed Forces Bank

Azura Credit Union

Bayer Construction Co., Inc.

Ben Kitchens Painting Co., Inc.

BHS Construction, Inc.

Black & Company Realtors

Briggs Auto Group, Inc.

Builders Inc.

Cardinal Insurance Co.,

Central National Bank

Charlson & Wilson Bonded Absracters

Chiropractic Family Health Center

City of Junction City

City of Manhattan

Coldwell Banker Realty Group One

Community First National Bank

Coryell Insurors, Inc.

Courtyard By Marriott

Crest Quarry Properties, Inc.

Exchange Bank

Faith Furniture Store

Flint Hills Beverage, LLC

Geary Community Hospital

Geary County Board of Commissioners

Hayden Orthodontics

Hoover Law Firm

Intrust Bank

Jim Clark Auto Center

Junction City Area Chamber of Commerce

Junction City Housing & Development

KSU Military and Veterans Affairs

KJCK AM-FM & KQLA RADIO

KS State Bank

Landmark National Bank

Little Apple Toyota/Honda

Manhattan Area Chamber of Commerce

Manhattan Broadcasting Company

Mathis Lueker Real Estate

McCullough Development, Inc.

Navy Federal Credit Union

Pottberg-Gassman-Hoffman, CHTD

Re/Max Destiny Real Estate

Reed and Elliott Jewelers, Inc

Shilling Construction Company, Inc.

Shop Quik Stores, LLC

Sink, Gordon & Associates, LLP

The Manhattan Mercury

Ultra Electronics ICE, Inc

Upper Iowa University

Willgratten Publications, LLC

This corporate membership listing is provided as a service to AUSA by Willgratten Publications, LLC

LETTERS FROM KOSOVO



Chad L. Simon | 1st Inf. Div. Public Affairs

ABOVE: School children from Kosovo wrote letters to U.S. Soldiers thanking them for their service as the Soldiers helped to liberate the Kosovar citizens from Yugoslavia. “Big Red One” Soldiers deployed to Kosovo several times from 1996 to 2003 as they supported Implementation Force, Stabilization Force and Kosovo Force throughout its deployments. Vlora Citaku, ambassador to the United States from the Republic of Kosovo, also sent a letter expressing her gratitude and saying her generation lived through genocide, massacres, exclusion and discrimination before Kosovo was freed.

BELOW: Col. Charles J. Masaracchia, 1st Infantry Division and Fort Riley chief of staff, reads a letter Sept. 15 in the division's headquarters written by a Kosovar student to U.S. Soldiers thanking them for their service. “Big Red One” Soldiers assisted in the liberation of Kosovar citizens from Yugoslavia two decades ago.



The discipline to give up your keys ...

Have a designated driver before you can't see the signs .

KNOW WHAT'S RIGHT

know the signs

DO WHAT'S RIGHT

The signs are all around - it's up to YOU to recognize and act on them.

ARMY STRONG: <https://safety.army.mil>

U.S. ARMY COMBAT READINESS SAFETY CENTER

NEVER ACCEPT DEFEAT

USACHPPM

Getting Help is a Sign of Strength

Suicide Can be Prevented. Get Help.

Talk to your Chaplain or a Behavioral Health Professional or Call Military OneSource 1-800-342-9647

www.militaryonesource.com

TA-061-0107

A GREAT JOB. A SAFE COMMUNITY.
A FOREVER HOME.



It's no wonder Iowa is recognized as a Top Military Friendly State*. We're 1st in job opportunities for veterans, with our companies pledging to hire over 10,000. Communities are safe, making us the 3rd best state for raising kids. Iowa has the nation's 4th lowest housing costs relative to income—on top of that we offer veterans up to \$7,500 toward a home down payment. Check out the resources on our website that help you ease into your transition. So you can begin your “happily ever after” sooner.

Learn more at homebaseiowa.gov.

*By the Military Officers Association of America.



HOMEBASEIOWA.GOV

BLACK KNIGHTS REPRESENT 1ST INFANTRY DIVISION AGAINST OHIO STATE UNIVERSITY



Brig. Gen. William Turner, 1st Infantry Division deputy commanding general for support, and other leaders from the “Big Red One” met with ROTC cadets at Ohio State University Sept. 15 during a visit to Columbus, Ohio, a day before OSU took on the U.S. Military Academy football team. Members of the Black Knights wore the Big Red One patch on their helmets during the Saturday game.

Master Sgt. Nathan Hoskins | 1st Inf. Div. Public Affairs

ROYALS HONOR SERVICE MEMBERS AT GAME



Soldiers with the “Big Red One” joined service members from the U.S. Army’s fellow branches for the Kansas City Royals’ Armed Forces Night at Kauffman Stadium in Kansas City, Missouri, Sept. 11. The 1st Infantry Division Soldiers presented the colors before the game and joined fellow service members on the field.

“As a baseball fan... I’m 34 years old, and when I was out there I felt like I was 14 again,” said Sgt. 1st Class Daniel Coelho, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div., one of the Soldiers participating.

Staff Sgt. Sean Frazier | 1st Infantry Division Artillery Public Affairs



UNITED STATES ARMY GARRISON

FORT RILEY

COL JOHN D. LAWRENCE CSM JAMES L. COLLINS

FIND US ON
FACEBOOK AT
WWW.FACEBOOK.COM/FORTRILEY

HONOR YOUR VETERAN BANNER PROJECT

Honor your military family member by purchasing a banner in their honor. Starting Aug. 26th, you may purchase a banner that features your chosen military member for only \$175.00. The banners will hang in downtown Junction City from Oct. 16 - Nov. 16. Walking tour bios available at jcdailyunion.com.

Did you participate last year? Bring in your existing banner and we will hang it again this year for free!



Military Member's Name _____

Military Member's Branch _____ Rank (if known) _____

Years of Service _____

Each banner \$175.00 Paid by Cash _____ Check _____ Credit Card _____

Name of Applicant _____

Applicant Address _____


Applicant Phone _____

Applicant Email _____

Pictures are preferred in a high quality digital form. If you do not have a digital copy, please bring the picture by the Daily Union and we will digitize the photo and return it to you.

Please return form and payment to the Daily Union 222 W. 6th St, JC.
Please email photos to du.adv@thedailyunion.net
Email bio to savage@thedailyunion.net by September 22nd
Banners will be available for pick up the week of November 20th

Brought to you by The City of Junction City and The Daily Union



THE SMOKE SIGNAL SPONSORS

Wamego's

City Wide

& Beyond Sales

Saturday, Sept. 23

60 Individual Listings

Just 15 miles east of Manhattan on HWY 24!

Maps online in Sept. 20 e-Edition at:

www.wamegotimes.com

The Smoke Signal e-Edition

AND limited maps Saturday in Wamego:

Friendship House

507 Ash (across from City Park)

Imperial Palace

1701 Commercial Cir. (Hwy 24)

Pizza Hut

West Hwy 24

Vanderbilt's

510 Lincoln Ave.

GUNNERY

Continued from page 1



Sgt. Casey Hustin | 19th Public Affairs Detachment
First Lt. Zachary Newman, left, and Pfc. Benjamin Lankford with the 1st Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, perform simulated weapons malfunction training at Fort Riley Aug. 9. The tanker crew performed 12 tables to certify their crew for operations.

that certify the loader, simulation operations and entire tanker crew to operate.

While training within those tables, tanker crews face certain challenges.

“It’s very hot inside the tank due to all of the trapped body heat and electrical components,” Newman said.

The M1A2 Abrams can reach temperatures between 85 and 130 degrees Fahrenheit and is capable of firing 10 rounds per minute, Newman said.

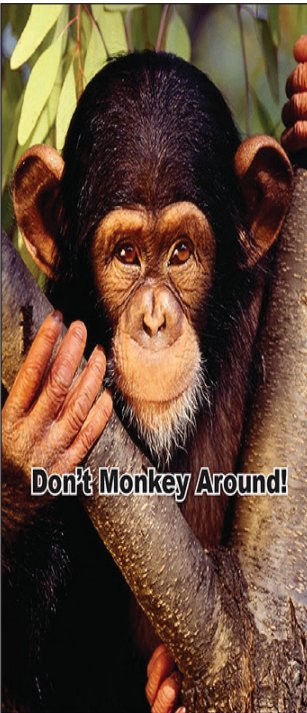
During gunnery training, the tank qualifying team fired live rounds on most tables and the number of rounds fired depends on how quickly a crew can identify targets and load the main gun.

“Speed is the most difficult part of training,” Newman said.

“The faster a crew can engage and destroy targets in gunnery, the better a score they earn. The top tanks rehearse together in order to perform fluidly and quickly.”

The “Dagger” brigade has conducted a wide range of pre-deployment training, including a National Training Center rotation at Fort Irwin, California, Operation Danger Focus, gunnery, Call for Fire, Combat Life Saver and driver’s training.

“All training is good training,” said Sgt. 1st Class Christopher Harrison, a platoon sergeant with the 2nd ABCT, training for his seventh deployment. “Getting these guys that are brand-new to the unit accustomed to what we’re going to be doing over there, and training them how we fight is good.”



CHALLENGE

Continued from page 1

advantage during the train-up to get in peak physical condition and master our tasks.”

For the competition, the armored crews will be competing using their own equipment, weapon systems and armored vehicles. Prior to their departure, the Soldiers loaded up their equipment and combat platforms for transport to CFB Gagetown.

The four armored crews from 1st ABCT, 1st Inf. Div., will be representing the U.S. Army during the competition and are the only U.S. team competing.

“This is a great honor and accomplishment for my crew,” said Sgt. 1st Class Tad Carson, platoon sergeant with 3rd Bn., 66th Armor Regt. “At this point in my career, I never thought of myself being in such position representing 1st brigade and 1st Infantry Division.”

Prior to the start of the competition Sept. 24, the U.S. Army crews will train alongside the other participants to familiarize the crews with the Worthington Challenge and learn from the other teams.

“This competition gives the U.S. Army an opportunity to work side by side with our allies, Chile, Denmark, Poland and Canada, learning each other’s tactics, techniques and procedures said,” Coughlin.



Staff Sgt. Christopher Coughlin | 1st ABCT
An M1A2 Abrams tank crew with 1st Armored Brigade Combat Team, 1st Infantry Division, conducts section gunnery Aug. 15 during training in preparation for the 2017 Worthington Challenge at the Digital Multi-Purpose Training Range.

Make preparedness a priority.

- Get an emergency kit with enough supplies for at least three days.
- Make and practice your Family emergency plan.
- Be informed about local hazards.
- As life changes, update your emergency kits and plans.

It's up to you. Prepare Strong!

YOU'LL NEED SUPPORT
WHEN YOU QUIT TOBACCO

WE CAN HELP

Fort Riley
Department of Public Health
Tobacco Cessation
785-239-7323

Visit ucanquit2.org

UCanQuit2.org

Get up early?

GET PAID EARLY.

USAA BANK CHECKING

In the military you already get up early, why not get paid early? Get your military paycheck one business day before payday. With over 40 unique benefits designed for military members, we do more for those who serve.

Visit USAA.COM/BANKING or call 800-531-8521

Membership eligibility and product restrictions apply and are subject to change. Bank products provided by USAA Federal Savings Bank. Member FDIC. Paid ad. No federal endorsement of advertiser is intended. USAA means United Services Automobile Association and its affiliates. © 2017 USAA. 243565-0717



FILE PHOTO

Children gather to paint and decorate apples at the USO Fort Riley apple painting booth Sept. 10, 2016 at Fall Apple Day. In place of pumpkin carving, USO staff and volunteers said they thought apple painting would fit the theme of Fall Apple Day better this year.

FALLING INTO PLACE

Preparations for this year's Fall Apple Day fest near completion

By Season Osterfeld
1ST INF. DIV. POST

From apple pies to military rides and strengthening family ties, the free annual Fall Apple Day festival is Sept. 23 at Artillery Parade Field from 9 a.m. to 4 p.m.

Fall Apple Day is open to the public and includes a variety of activities, demonstrations and displays for visitors to enjoy.

INSIDE

- Annual Fall Apple Day Festival chance for Fort Riley to share Army's story with the public, **PAGE 12.**
- Get familiar with this year's Fall Apple Day Festival map, **PAGE 16.**
- Fort Riley continues Fall Apple Day Festival tradition of the Pie Queens, **PAGE 16.**

"This year is extraordinary as the 1st Infantry Division is celebrating their 100th anniversary."

See **APPLE DAY**, page 16



FILE PHOTO

ABOVE: A reenactor dressed as Lt. Col. George Armstrong Custer, left, stands with the 2016 Pie Queens Jane MacDougall, second from the left, wife of Col. Mark MacDougall, chief of nursing officer at Irwin Army Community Hospital, and Lauren Bolen, second from the right, wife of Col. Thomas Bolen, commander of 1st Infantry Division Artillery, and a reenactor acting as Custer's aide, right, Sept. 10, 2016, at Fall Apple Day.

RIGHT: Col. John Lawrence, garrison commander, places the topping on apple pies during his volunteer shift at the Culinary Lab Sept. 7, 2016.



Soldiers find ways to help with suicide prevention

Happiness Matters, an interactive venue, increases prevention awareness

Story and photo by Kalene Lozick
1ST INF. DIV. POST

Staff and volunteers of USO Fort Riley hosted Army Community Services and Suicide Prevention for a suicide prevention awareness month event, Happiness Matters Sept. 12 from 11:30 a.m. to 1:30 p.m.

September is Suicide Prevention Awareness Month. Therefore, Carolyn Tolliver-Lee, Family Advocacy Program lead with ACS paired up with David Easterling, Suicide Prevention Program Manager, to create an inviting, stress-free event to educate Soldiers on suicidal tendency.

Based on the audience at USO Fort Riley during lunch, Tolliver-Lee and Easterling planned the event, Happiness Matters, to be interactive.



Sgt. Lassana Traore, from 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division spins the color wheel for a question about suicide awareness during Happiness Matters Sept. 12 between 11:30 a.m. and 1 p.m. hosted by USO Fort Riley. The event is a partnership between Army Community Services and Suicide Prevention.

"We decided to do something different than a PowerPoint," Tolliver-Lee said. "As you can see the Soldiers enjoyed it."

Each contestant spun a color wheel for a chance to win a prize. To win a

prize, one must correctly answer a question. Each color had predetermined questions assigned to it. The event went through more than a dozen questions over the course of lunch.

Some questions identified early signs of depression and offered information on how to help Soldiers deal with stress, while other questions put to rest some myths with the support of statistics.

The goal of the event is to be ahead of the problem, Easterling said.

As another layer of prevention, Fort Riley requires all Soldiers and civilians to complete Ask, Care Escort training.

The ACE training is "Care for your body, talk to them, allow them tell their story and escort them to secondary care," Easterling said. "This event pairs nicely with the ACE training."

It is defined by the Army as an Army-approved suicide prevention and awareness training model.

The key training objective is awareness training — risk factors and warning signs.

Join USO Fort Riley as they host ACS Sept. 26 from 11:30 a.m. to 1:30 p.m. for suicide prevention bingo.

"All the work-from-home opportunities that we have here today have been vetted through the Military Spouse (Employment) partners, so that way (job seekers) know they'll be getting something legitimate."

BENITA EDWARDS
MANAGER, EMPLOYMENT
READINESS PROGRAM

Military spouses target of job fair

Telenetwork career opportunities allow working from home

By Suet Lee-Growney
1ST INF. DIV. POST

The first telenetwork job fair, which brought employment opportunities from all over, was held at Army Community Services Sept. 14. It was organized by the Employment Readiness Program staff at ACS.

Benita Edwards, ERP manager, said "in addition to the new work-from-home aspect, 13 Kansas employers from Manhattan, Junction City and Mission Police Department from Mission participated."

The event was open to veterans, transitioning Soldiers, military spouses and members of the Fort Riley community. There were 87 people in attendance during the half-day event.

According to Edwards, her department did a lot of research on online jobs and partnered with the Military Spouse Employment Partnership program to come up with the remote job opportunities.

"All the work-from-home opportunities that we have here today have been vetted through the Military Spouse (Employment) partners, so that way (job seekers) know they'll be getting something legitimate," Edwards said. "They partner with 500 plus organizations to help support our spouses throughout the world."

Edwards added the timing of the career fair was right after school reopened and the deployment of 2nd Armored Brigade Combat Team, 1st Infantry Division.

"We wanted to have something in place for our military spouses," she said. "That brought in the focus of work from home for some of the spouses that wanted to be at home, and still have some income coming in while their Soldier was deployed, but I think the main focus was getting something in place once the children went back to school."

Edwards conducts an orientation each week to help anyone interested get back into the workforce or get a head start in seeking employment in the area if they are new. Through listening to the needs of her clients, she was able to bring several potential employers together for a small-scale career fair.

"This being a mini event, I think it's a little bit more intimate for our spouses that they can come in," Edwards said. "And a lot of them have been pep talked with me, so I sort of know them and know their needs. And I sort of focused on some of the things

See **JOB FAIR**, page 14

FORT RILEY POST-ITS

FALL APPLE DAY PIE SALES

Fall Apple Day Festival is scheduled for Sept. 23 and apple pies are for sale. Pies are \$13 at event or \$3 for a slice. Pre-orders are closed.



FALL APPLE DAY

Fall Apple Day is Sept. 23 at Artillery Parade Field, Tuttle Park and Sturgis Field. This is a free event open to the public. **Activities include:** Obstacle course, Military working dog demo, Period reenactors, ATV rides, And more. For more information, visit www.fortrileyhistorical-society.org/apple-day.html.

PROJECT AUTO-TUNED COMPETITION

Fort Riley MWR will host Project Auto-tuned Car and Audio Competition Sept. 24 from 2 to 6 p.m. at the Warrior Zone. Registration ends at 4 p.m. with judging from 4 to 5:30 p.m. and awards to follow until 6 p.m. Cash prizes are available. Admission is \$25 per entry and includes all categories and one meat barbecue plate. For each entry with crews of five or more will receive \$5 off an entry. For more information, visit riley.armymwr.com or call 785-240-6618.

VOLKSFEST

In celebration of Oktoberfest, Volksfest is scheduled for Sept. 29 from 5 to 9 p.m. at Riley's Conference Center. Enjoy German food, beer, fun and games. Admission is \$15 for adults, \$7 for ages 12 and under. Admission includes dinner and one beverage. For more information, call 785-784-1000.

CO-ED SOFTBALL TOURNAMENT

A softball tournament open to all Department of Defense ID holders is Sept. 30 at Sacco Softball Complex. The tournament starts at 8 a.m. Players must be 18 and older to participate. Registration is \$150 per team and ends Sept. 28. A maximum of 14 players is allowed per team. For more information, call 785-239-2813.

YOGA AT USO FORT RILEY

USO Fort Riley is hosting Yoga Sept. 23 from 10:40 to 11:40 a.m. The event is a free beginner yoga (Vinyasa-Flow Yoga) class for service members and their families. The class will be offered most Saturdays at USO Fort Riley, 6918 Trooper Drive. For more information visit USO Fort Riley on Facebook or call 785-240-5326.



LEAGUE OF LEGENDS AT THE WARRIOR ZONE

Fort Riley MWR will host League of Legends Sept. 24 from 4 to 7 p.m. at the Warrior Zone. League of Legends takes place the last Sunday of every month and it is free to play. The Warrior Zone is open to guests 18 and older and is located at 7867 Normandy Drive. For more information, visit riley.armymwr.com or call 785-240-6618, or follow BOSS & The Warrior Zone on Facebook. **ADVENTURE PARK NOW OPEN** The Outdoor Adventure and Travel Center opened the new Outdoor Adventure Park to the public Aug. 26. **Adventure Park Elements include:** Ropes Course, Zip Line, Paintball Courses, Archery Range, Rock Wall, And more! The Outdoor Adventure and Travel Center is at 5202 Normandy Drive. For more information, call 785-239-2363.

FORT RILEY POST WIDE YARD SALE

Fort Riley Post Wide Yard Sale is Oct. 7 from 8 a.m. to noon. The event will be in neighborhoods across the installation. The Fort Riley Post Thrift Shop, 267 Stuart Ave. Fort Riley, Kansas 66442, will also be open between 10 a.m. to noon.

CARS & COFFEE

Cars & Coffee is held the third Sunday of the month at 11 a.m. at the Warrior Zone. Participants can enjoy \$2 grande size coffees, 50-cent waffles and pancakes, yard games and get the chance to be named the Car of the Month. The event is free and open to the public. For more information, call 785-240-6618.

FORT RILEY REEL TIME THEATER SCHEDULE

Friday, Sept. 22
The Hitman's Bodyguard (R) 7 p.m.
Saturday, Sept. 23
The Emoji Movie (PG) 2 p.m.
All Saints (PG) 7 p.m.
Sunday, Sept. 24
Leap (PG) 5 p.m.
Theater opens 30 minutes before first showing
For more information, call 785-239-9574.
Regular Showing: \$6
3D Showing: \$8
First Run: \$8.25
3D First Run: \$10.25

FORT RILEY LEISURE TRAVEL

Discount tickets are available for events in the surrounding area as well as major theme park destinations. Upcoming events with discount tickets include: **Great Wolf Lodge - Kansas City Hotel:** Blackout dates apply. Waterpark tickets included for all guests. **B&B Junction City Gem Theater:** \$30 value gift card for \$25 good for movie tickets and concessions. **Kansas City Sprint Center:** Disney on Ice - Dream Big tickets for the Sept. 14 to 17 performances for \$20 to \$33 depending upon show and seats selected. **And much more!** For more information on tickets and travel packages available through the Leisure Travel Center, call 785-239-5614/4415.

MILITARY SPOUSE NETWORKING EVENT

USO Fort Riley will host a Military Spouse Networking Event Sept. 21 from 9 a.m. to 1 p.m. This program is for spouses to connect with each other and to engage with local employers and organizations. Advance registration is required. To register, visit www.facebook.com/events/344094686024755. For more information, call 785-240-5328.

BLUE STAR PROGRAM

The Directorate of Family and Morale, Welfare and Recreation offers the Blue Star Program to family members who are geographically separated from their service member. The benefits are also open to Gold Star families and Soldiers in the Warrior Transition Battalion. Discounts and events are available to those enrolled in the program. For information about eligibility, call 785-239-2172 or email bluestar@rileymwr.com.



COMMUNITY CORNER

Fort Riley site of annual Fall Apple Day festival

Event offers Army opportunity to share story with public

By Col. John D. Lawrence
FORT RILEY GARRISON COMMANDER

It's time for the largest annual family-friendly festival on historic Main Post at Fort Riley — Fall Apple Day festival, which will run from 9 a.m. to 4 p.m. Sept. 23. In addition to having fun, this is an opportunity for Fort Riley to share the Army's story with the public.



Colonel Lawrence

Some of this year's attractions include demonstrations by the Commanding General's Mounted Color Guard, helicopter and tank displays, military working dog demonstrations, an ATV

IF YOU GO ...

- **WHAT:** 2017 Fall Apple Day Festival
- **WHEN:** 9 a.m. to 4 p.m. Sept. 23
- **WHERE:** Historic Main Post at Fort Riley

MORE ONLINE

- For more information about visiting Fort Riley, go to www.riley.army.mil and click on the yellow "Accessing Fort Riley"

rodeo, kid-friendly activities, an entertainment stage and, of course, apple pie sales by the Historical and Archeological Society of Fort Riley. Legend has it that today's pies are made using a secret recipe that traces its roots back to Maj. Gen. George Custer's wife, Libby. And if you love history, don't miss the antique military vehicles and period reenactors at this year's event. Also on hand this year is the Kansas Department of Wildlife,

Parks and Tourism's 40-foot long, 3,200-gallon aquarium. Everything at the festival is free and open to the public — the only charge is for food from the vendor booths. Parking is free and a shuttle bus will run from Riley's Conference Center to the festival grounds throughout the day. Pets and alcohol are not permitted at Fall Apple Day festival.

Visitors who don't have a Department of Defense ID card will need to stop by the Henry Gate visitor's center, right off Interstate 70. For more information about visiting Fort Riley, go to www.riley.army.mil and click on the yellow "Accessing Fort Riley" button on the right-hand side of the page. Gather up your friends and family and join us for a full day of fun activities and spend some time with your Army!

— *To comment on this article or to suggest a topic for Community Corner, email usarmy.riley.imcom.mbx.post-newspaper@mail.mil or visit my Facebook page at www.facebook.com/fortrileygc.*



WWW.FACEBOOK.COM/FORTRILEY

WORSHIP

Protestant Services

Victory Chapel Contemporary Protestant Service	239-0834
Sunday Worship.....	1100
Children's Church.....	1115-1215
Morris Hill Chapel Gospel Protestant Service	239-2799
Sunday School.....	0900
Sunday Worship.....	1100
Main Post Chapel Traditional Protestant Service	239-0834
Sunday Worship.....	1030

Catholic Services

Victory Chapel	239-0834
Sunday Mass.....	0845
Sunday Catechism.....	1000
Saint Mary's Chapel	239-0834
Saturday's Vigil Mass.....	1630
Sunday Mass.....	1200
Mid-day Mass— Mon., Wed., & Fri.....	1200
Tuesday & Thursday Mass.....	1800
IACH Chapel	239-7872
Mid-day Mass— Tue. & Thur.	1200

Buddhist Service

Normandy Chapel	239-2665
Sunday	1430
Meditation Practice— Mon.- Fri.....	1230

Open Circle Service

Kapaun Chapel	239-4818
Fort Riley Open Circle— SWC	
1st & 3rd Friday monthly.....	1800

Wednesday Night Family Night

Weekly light dinner and fellowship at 1800, followed by 1845 classes at Victory Chapel 785-239-3359

Club Beyond - Faith Based Youth Program

Grades 6th - 12th, Meets Sundays
MS Youth-1530-1700 at Morris Hill Chapel
HS Youth-1830-2000 at Morris Hill Chapel 785-370-5542
Club Beyond is a Non-Federal Entity and is not part of the DoD or any of it's components and it has no government status.



AWANA

Meets Sundays, 1500-1700 Victory Chapel 785-239-0875



Protestant Women of the Chapel (PWOC)

Weekly Tuesday Meeting 0900-1130 & Evenings at 1830-2000 at Victory Chapel
Childcare Provided.

For more information email rileypwoc@gmail.com or Facebook "Fort Riley PWOC"

Catholic Women of the Chapel (CWOC)

Weekly Wednesday Meeting at St. Mary's Chapel 0900-1130
Childcare provided.

For more information email fortrileycwoc@gmail.com or Facebook "Fort Riley CWOC"

Check for schedule over Training Holiday weekends

safety begins with teamwork

One traffic fatality is too many. Remind your friends and Family to wear their seat belts.

CLICK IT OR TICKET

ARMY STRONG

ARMY SAFE IS ARMY STRONG

101 DAYS OF SUMMER

26 May - 1 Sept 2009

Mark your calendars for our upcoming Fundraiser Oct. 7th, for David Zey

ALL pumpkin sales this Fall are being donated to the Zey family!

We have plenty in stock!

Be the 1st to pick from new trees and shrubs!

We've got all you need to decorate your porch this fall!

OUR HOURS ARE:
Monday-Friday 9 am - 5:30 pm
Saturday 9 am - 4 pm

Proscape
Greenhouse, Nursery & Landscaping

We have the secret to a Beautiful Lawn & Garden
1/2 mile north of I-70 on K-15, East side of road
955 2440 LANE | ABILENE, KS | 785.263.7104

GREENHOUSE - NURSERY - LANDSCAPE - LAWN CARE

LISTEN HERE: 105.7

KJIL
You're With Family

VERSE OF THE DAY
Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.
Jas 5:16

WWW.KJIL.COM

K-State's Global Campus tops state list

School also enjoys high national ranking for online education

BY K-STATE NEWS

MANHATTAN, Kan. — Kansas State University Global Campus global.k-state.edu has been ranked as the No. 1 online college in Kansas, and the program is in the top 25 percent of online colleges nationwide, according to TheBestSchools.org.

Sue Maes, dean of the K-State Global Campus, said three components make K-State Global Campus stand out: offering a wide variety of online programs, using on-campus faculty and offering scholarships for part-time nontraditional learners.

“These recognitions validate the effort K-State puts into offering quality education to Kansas residents and people across the world who want to further their education by utilizing online learning,” Maes said.

TheBestSchools.org evaluated colleges based on the

“These recognitions validate the effort K-State puts into offering quality education to Kansas residents and people across the world who want to further their education by utilizing online learning.”

SUE MAES | DEAN, KANSAS STATE UNIVERSITY GLOBAL CAMPUS

quality of their programs, the types of courses they offer, their faculty, awards they received, other rankings and their overall reputation, including the reputation for effectively providing online degree programs.

K-State Global Campus has students in all 50 states and 44 countries. Also, K-State Global Campus has current online students or alumni in all 105 Kansas counties. More than 500 students graduate with a degree each year through the Kansas State University's online learning.

“That's quite impressive to see the number of graduates increase every year because it shows that in addition to providing quality education, we

are also providing the support services needed for students from start to finish,” said Long Huynh, associate dean for enrollment management and marketing for Global Campus.

TheBestSchools.org also ranked Kansas State University's online degree programs in curriculum and instruction, early childhood education and social science in the nation's Top 10 for 2017.

K-State Global Campus is the only online college in Kansas to offer a doctoral degree online; it is the only Kansas college to offer online master's degrees in dietetics, agribusiness and personal financial planning; and it is the only college in the U.S. to offer an online master's degree

in food science, according to Maes.

“These unique degrees make K-State Global Campus an online college of choice for people who are seeking master's degrees in those niche fields,” Maes said.

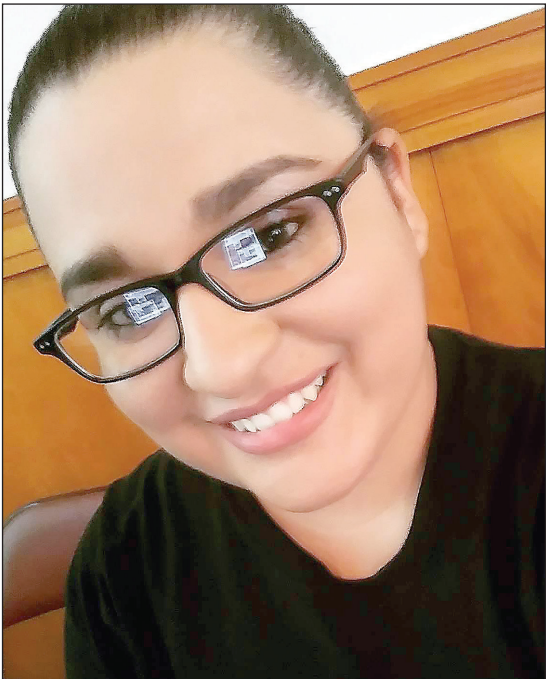
Kansas State University has an outstanding reputation of excellent faculty who teach both on campus and online, Maes said.

“Having the same faculty teach on campus and online maintains academic excellence and ensures that online students receive the same quality instruction as students who attend classes at all four K-State campuses,” Huynh said.

K-State Global Campus also supports online learners by offering several scholarships, as well as scholarships specifically for military members, women and a variety of different majors.

“Not many colleges offer scholarships for online students and nontraditional students, so that's another reason why K-State Global Campus attracts students not only in Kansas but around the world,” Huynh said.

TUESDAY TRIVIA CONTEST



The question for the week of Sept. 19 was: Soldiers of the 2nd Armored Brigade Combat Team, 1st Infantry Division, the “Dagger” brigade, completed what training on Fort Riley July 24 to 28 in preparation for their ongoing deployment to Europe for Operation Atlantic resolve?

Answer: www.riley.army.mil/News/Article-Display/Article/1314351/dagger-brigade-trains-on-fort-riley-prior-to-deployment/

This week's winner is Denise Velasquez, spouse of Pvt. Juan Velasquez, G-Co., 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team.

Pictured above is Denise Velasquez.


CONGRATULATIONS DENISE!



THEY WISH THEY WERE AN OSCAR MAYER WIENER





ABOVE: Three-year-old Ezra Marsh, son of Staff Sgt. Josh Marsh, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, poses in a hot dog frame in front of the Oscar Mayer WienerMobile Sept. 13 next to the Commissary. The mobile paid a visit to Fort Riley and served free hot dogs. RIGHT: Estell Rodriguez, wife of Spc. Andy Rodriguez, a Fort Riley Solider, helps prepare a hot dog for her son Jeramiah at the Oscar Mayer WienerMobile Sept. 13 next to the Commissary.

Photos by Season Osterfeld | POST




When operating Personal Watercraft:

- ✓ Always attach engine shut-off lanyard.
- ✓ Never allow passengers to ride in front of the operator.
- ✓ Always stay clear of intake grate and water jet.
- ✓ Ensure your child understands a PWC is not a toy.
- ✓ Scan constantly for people, objects and other watercraft.



ARMY STRONG: <https://cra.army.mil>



Irwin Army Community Hospital is **Your** Hospital

You demand a Completely Satisfactory experience.

You expect to receive the Best Healthcare available.

You are right.

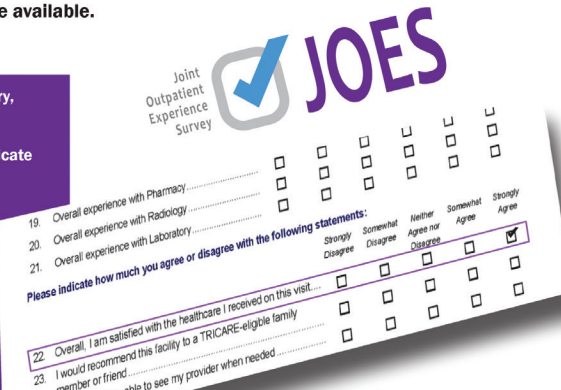
If your experience is anything less than satisfactory, inform a member of the team immediately.

This is your hospital. You are empowered to communicate your concerns with the team before leaving.

You are also empowered to contribute to the financial support of programs that benefit your family here at Fort Riley.

A Completely Satisfied JOES survey earns your hospital up to \$1,000.

Participate in making a positive impact on the future of your hospital.



JOES

Joint Outpatient Experience Survey

19. Overall experience with Pharmacy: ☐ Strongly Disagree ☐ Somewhat Disagree ☐ Agree ☐ Somewhat Agree ☐ Strongly Agree

20. Overall experience with Radiology: ☐ Strongly Disagree ☐ Somewhat Disagree ☐ Agree ☐ Somewhat Agree ☐ Strongly Agree

21. Overall experience with Laboratory: ☐ Strongly Disagree ☐ Somewhat Disagree ☐ Agree ☐ Somewhat Agree ☐ Strongly Agree

Please indicate how much you agree or disagree with the following statements:

22. Overall, I am satisfied with the healthcare I received on this visit... ☐ Strongly Disagree ☐ Somewhat Disagree ☐ Agree ☐ Somewhat Agree ☒ Strongly Agree


23. I would recommend this facility to a TRICARE-eligible family member or friend... ☐ Strongly Disagree ☐ Somewhat Disagree ☐ Agree ☐ Somewhat Agree ☐ Strongly Agree




24. I am able to see my provider when needed... ☐ Strongly Disagree ☐ Somewhat Disagree ☐ Agree ☐ Somewhat Agree ☐ Strongly Agree

BE THERE

Everyone has the ability to change the trajectory of someone's life


Suicide Prevention Awareness Month
September 2017





Military / Veterans Crisis Line | 800 273 8255 • 24-hour Chaplain Hotline: 785 239 4357 (HELP)
MFLC Counselor: 785 221 9483 • Confidential chat at MilitaryCrisisline.net or text 838255

23rd Annual Wichita Model Train Show



Sat, Sept. 23, 9am-5pm
Sun, Sept. 24, 10am-3pm

Cessna Activity Center
2744 George Washington Blvd, Wichita, Kansas
Admission: Adult \$8
Family \$15 Price good for both days. Children under 18 FREE with paid adult.

Exhibits, Buy, Sell, Parts & Repairs • All Gauges, Z, N, HO, S, O & G, Kids Depot, Concessions & Door Prizes

www.WichitaToyTrainMuseum.org

Earn a Kansas teaching license

Change your life and the lives of Kansas children

Our online and on-campus bachelor's and master's programs in Early Childhood Education Unified (B-K) bring qualified teachers to classrooms across Kansas.

- Above-average starting salary in this high-demand field
- Utilize loan deferments and this scholarship programs
- Pass rate on licensure exams is 99 percent
- No relocation required
- Enjoy summer breaks



VISIT global.k-state.edu/early-childhood

KANSAS STATE UNIVERSITY Global Campus

JOB FAIR

Continued from page 11



Suet Lee-Growney | POST
Verena Mastronardi, wife of John Mastronardi, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, asks Amanda Randolph, Accessible Home Health community liaison, about available jobs at career fair held at Army Community Service Sept. 14. There were 12 booths with employers from the Fort Riley area, as well as representatives from Mission Police Department, Mission, Kansas and a booth with multiple telenetwork opportunities.



Suet Lee-Growney | POST
Police officer Travis Morris from Mission Police Department, Mission, Kansas, listens to queries from Spc. Sudip Guimine, 24th Composite Truck Company, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade, during the Army Community Service job fair Sept. 14.

that they told me during my intake with them, I reached out to some of the local employers that they were interested in and just brought them all together.”

In the hustle and bustle of the event, Adrianne Burchette, ERP volunteer, stood behind one of the busiest tables at the job fair. But instead of a company’s logo emblazoned on the front, it read, “Work From Home.”

“I’m finding that a lot of people are very interested in working from home,” Burchette said. “I think (the work-from-home option) is really going to benefit because you do find a lot of spouses, male or female, that want to work from home just because they have small children at home. They want to be there to give their child the care as well going to be home to make a living.”

There were at least 10 different telenetwork job opportunities available during the fair and Burchette said most of the remote jobs do require employees to train elsewhere first.

“We have a lot of customer care, you’d have to go to those facilities and train,” she said. “But when you come back you’re actually in the comfort of your own home working every day. There’s a lot of option and varieties out there for men and women who want to stay home and if they have

small children, or they just don’t want to be in a work office environment.”

Burchette, who is also a spouse of a retired Soldier, said work-from-home employment does not only benefit stay-at-home spouses, but is also advantageous for transitioning Soldiers.

“A lot of Soldiers are transitioning, so it’s helping them if they’re either staying in Kansas or relocating anywhere else in the world,” she said. “A lot of companies are offering jobs in 50 states, so that’s a variety for people that are transitioning from the military back into the civilian world.”

Holly Rivera, wife of Staff Sgt. Brian Rivera, Company A, 1st Combined Arms Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, moved to Fort Riley in August. She’s also a mother of three children, all under the age of 10 years old.

“It’s a good event to have when you’d just move here and you don’t know where to start looking for a job,” Rivera said.

She hopes to find a job that would allow her to work from home or during hours her children are at school.

“I do have a degree in medical assistance, but I also do like customer service as well,” Rivera said. “So I just kept an open mind about everything.”

Be a big boy.

No matter what your buddies driving, take the keys and be the designated driver.

DON'T HESITATE DESIGNATE!

'BIG RED ONE' BAND LEADS OGDEN PARADE



Spc. Elizabeth Payne | 19TH PUBLIC AFFAIRS DETACHMENT
The 1st Infantry Division Band led the annual “Ogfest” parade down Main Street in Ogden, Kansas, Sept. 16. The community gathered to cheer on participants while the band played.

AGRICULTURE | EQUESTRIAN | GARAGE | COMMERCIAL

The Difference is in the Details

All steel is not created equally. Morton's exclusive Hi-Rib Steel is the industry's toughest and outlasts all others.

- .019" thick/26-gauge commercial quality steel
- Hi-Rib™ steel is 25% thicker than panels used by most builders
- Up to 57% more load pressure versus other builders' panels
- 1" tall major rib spaced on 12" centers
- Roll-formed at Morton plants & not purchased from outside suppliers

©2014 Morton Buildings, Inc. A listing of GC licenses available at mortonbuildings.com/licenses. Patented product used with permission of Perma Column, Inc. Ref Code 043.

MORTON BUILDINGS

Eight offices serving Kansas
800-447-7436
mortonbuildings.com

RAKE IN THE SAVINGS

Annual September FALL SALE

YOU CHOOSE the Size & Options

We'll help you SAVE BIG!

Specializing in Complete Post Frame Buildings

Garages • Hobby Shops • Agricultural • Equestrian

30x40x10 Garage with 8x16x10 Lean-To Porch

800-374-6988

www.qualitystructures.com

QSI

Quality Structures, Inc.

Lunch BUFFET

AT RILEY'S CONFERENCE CENTER

Tuesday + Wednesday

11am-2pm

TACO Tuesday

Chicken or Beef

Hard or Soft Shell

Salsa Bar

Rice & Beans

all for \$9.95

includes drink

Salad Bar only for just \$5.95

PASTA Wednesday

Pasta Main Dish

Green Beans

Focaccia

Greek Salad

Information: 785.784.1000

Riley's

Conference Center & Catering

U.S. ARMY MWR

MISSION. SUPPORT. RESULTS.

riley.armymwr.com



Manager writing new chapter

Seaman transforms library from place of study to land of joy

Story and photo by Season Osterfeld
1ST INF. DIV. POST

There isn't a month that goes by something family-friendly and fun isn't going on at the Fort Riley Post Library. From parties to story time and movie night, as well as many things in between, staff there work to keep the library a place of comfort and care. Those events and the environment would not be possible without the hard work and dedication of Terri Seaman, contract manager at the Fort Riley Post Library.

Seaman began working at the library in 1999 as a clerk. At the time, she said, the number of patrons they had was low. Upon seeing how ambitious Seaman was, the head librarian at the time tasked her with the challenge of increasing the number of patrons who visit the library.

"When I first got here, I was a clerk and the library patronage was like 200 a month and my boss at the time, the head librarian, said 'how can we get patronage up?'" Seaman said. "So she kind of tasked me with that. And I thought let's start getting people know were here for one ... We need to get people in here to know that there's a library, to know where we are and to bring patronage up."

STORY TIME BORN

That's when Seaman came up with the idea of story time.

"We started doing a small event — we started doing story time," she said. "That got people in, and then I got the contract for the library and was actually in charge of library as a whole and I'm like 'we need to step up our game. We need to get everybody on Fort Riley onboard and seeing what we have.'"

Story time turned into a hit, drawing families with young children in for a time of imagination and play. From there, Seaman developed a movie night where families could come in and enjoy a family-friendly movie and snacks.

"Then we involved movie night and that was a once a month event showing a movie, letting the kids and families come in, watch the movie and get popcorn and something to drink and then watch a kid friendly movie," she said. "And it was free. Everything at the library is free."

Seaman continued to push herself and her team to come up with more ideas for patrons of the library. One month they were short on movie night options, so the first what would be a regular tradition came to fruit — the library party. In 2003, Seaman and her staff put together the first library party to include a visit from Santa Claus.

"We decided, 'well, it's Christmas, let's go ahead and have Santa Claus come,'" she said. "So we did that and then it was such a hit that we just started going with that. Going with story time every week, a movie every month and then a party every month."



Terri Seaman, right, contract manager at the Fort Riley Post Library, plays with 7-month-old Isabella Creek, daughter of Spc. Caleb Creek a Trooper for the Commanding General's Mounted Color Guard, during a Fort Riley Post Library party Sept. 9. Seaman, who has been working at the library since 1999, helped increase patronage there with story time, movie night and parties because she said she wants everyone to feel comfortable at the library.

"Somebody who has never set foot in a library can come in here and they won't be judged and they won't be looked at any differently than somebody coming in here with several Ph.Ds."

TERRI SEAMAN | CONTRACT MANAGER,
FORT RILEY POST LIBRARY

Today, story time, movie night and library parties are regular events. Seaman said she and her team brainstorm ideas for themes and activities and bring them to life. Without her staff, she wouldn't be able to do it, she said.

During some events at the library, patrons can find notes tucked away in books and hidden about the facility. These notes lead to free prizes such as an extra movie to check out or a candy bar, Seaman said. It's just one more way she and the staff try to add a little more joy to the library.

"We had little golden tickets for a while when it was Willy Wonka's birthday," she said. "Every now again we'll just hide something in there (inside a book) and you just bring it up and get something special — an extra movie for that month, a candy or something ... We're always looking for something new and interesting to do here to involved the patrons."

Seaman focused on creating family-friendly events and activities geared toward younger children because she said she didn't see enough on the installation for them to do.

"For the adults, you have all the bowling and that kind of stuff," she said. "For the single Soldiers you have the Warrior Zone. Teens you have (Child and Youth Services), but for the smaller kids and the young families, there really wasn't anything out there

tary email and he was like, 'oh, this is really good. When I come back, I want to read this and this,'" Seaman said. "He ended up sending me an email toward the end that had a list of like 15 books on it that he wanted to read when he got back."

But that day never came. With a shaky breath, Seaman said he was killed in action. It's patrons like that Soldier who make her job worth it. The emotional connection and closeness she develops with those he visit the library is part of what drives her.

"Then one (of the members) of his unit came back and said that he had been killed in the war," she said. "You get so attached to some of our patrons. I mourned that young man because I knew him."

It's those close connections, regardless of if they're joyful or painful, that drive Seaman to do what she does. She said she wants to turn libraries into safe, comfortable environments for everyone to enjoy. Even during her vacations, she visits other libraries to see what they're doing to make the area more inviting, so she can get ideas for the Fort Riley Post Library.

A FAMILY ENVIRONMENT

"Somebody who has never set foot in a library can come in here and they won't be judged and they won't be looked at any differently than somebody coming in here with several Ph.Ds," Seaman said. "I want them to come in here and say, 'hey, I found what I needed to find. The staff was helpful.'"

"You get so involved with them that they stop being patrons and they just become an extension of your family and to me, that's what the library is. It's just an extension of my family. Most of my clerks and librarians have been with me since I got the contract."

Seaman views her staff as part of her family too, she said.

And for Courtney Winton, library clerk, that feeling is mutual. She said Seaman supports the entire staff and pushes them to aspire to be more, but doing it by example rather than force or requirement.

"She makes you want to do better," she said. "She makes you feel like you can do anything."

Winton said seeing how hard Seaman works and how willing she is to tackle any challenge has helped to inspire her to better herself. She added the environment of comfort Seaman creates for patrons of the library extends to the staff too.

"She's always making sure we feel safe," Winton said.

That's exactly what Seaman wants too, she said.

"Let the kids see the library as a fun place to be — it's not intimidating, it's not scary," she said. "You're not going to be shushed like the school libraries a lot of the times ... Here the kids can (be) kids. They can make noise. They can go in the children's room — sit down, read to each other and have fun."

"And that's what the library should be. It should be a fun place to learn and find the things they want to do and find the information that they need ... We want the library to be a fun place and everybody to be comfortable. It's not an intimidating place."

WARRIOR CON 2017



Suet Lee-Grownney | POST

Pvt. Sol Sim, Company A, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, competes in the Warrior Con 2017 costume contest as half-demon dog character Inuyasha from the Japanese manga series of the same name. The second annual Warrior Con was Sept. 17 at Warrior Zone, Fort Riley.



Suet Lee-Grownney | POST

Contestants for the Warrior Con 2017 costume contest pose together for a group shot at second annual Fort Riley Warrior Zone Sept. 17. The all-day nerd convention was filled with activities such as anime theater, free gaming tournaments, Pathfinder game, Dungeons and Dragons game, boffer sword battle, photo booth, NERD-ACADEMICS, spelling bee, trivia and riddles and cosplay contest.

WWW.RILEY.ARMY.MIL

safety

always in season

The bottom line—keep hot foods hot, keep cold foods cold.

When in doubt throw it out.

ARMY STRONG

https://crc.army.mil

ARMY SAFE IS ARMY STRONG

101
OFFICIAL DAYS OF SUMMER
26 May - 1 Sept 2008

OPENING SEPTEMBER 23RD

Little Munchkin's Pumpkin Patch & Farm Activities, L.L.C

Pack a picnic lunch and make it a family day!

NEW HOURS: Sat. 10a-6p; Sun. 11a-6p through Oct. 29

Admission: age 2-14 yrs. old \$8 / adults are free

Weekdays are reserved for Schools, Daycares, etc.

Call & schedule your appointment now!

Located on K-99 Hwy, just 2 miles N of Alma or 1 mile S of I-70, exit 328

www.littlemunchkinspumpkinpatch.com • Also see us on Facebook

Call Cori at 785-765-3451 or 785-458-2868

Launchers, Petting Zoo, Zip Lines, Giant Slide, Paintball Shooting Gallery & Lots of Fun Stuff!

UNITED STATES ARMY

SOLDIER FOR LIFE

"The willingness with which our young people are likely to serve in any war, no matter how justified, shall be directly proportional to how they perceive the Veterans of earlier wars were treated and appreciated by their nation."

—General George Washington
November 10th, 1781

Military Outlet

THE SOLDIER'S STORE

WE BUY & SELL

Military Gear & Clothing

We BUY on Mon, Tues, Thurs, Fri between the hours of 11 am and 3 pm

1805 N. MONROE ST. • 785-238-2050

STORE HOURS: MON-FRI 9-6 SAT 9-5

Fort Riley continues Fall Apple Day fest tradition

Pie Queens a bridge between public and military community

By MaKenzie Allison
PUBLIC RELATIONS STUDENT,
KANSAS STATE UNIVERSITY

MANHATTAN, Kan. — Some girls dream of donning a jeweled crown and a sash. For Pamela Quichocho and Maggy Gray, that dream came true this year. Crowned Pie Queens, the role is ceremonial and the duties include being the apple pie coordinators for Fort Riley's annual Fall Apple Day festival.

Available to the public, Fort Riley opens the gates of the installation to celebrate the Fall Apple Day festival Sept. 23 from 9 a.m. to 4 p.m. at Artillery Parade Field. The event shows the communities surrounding the post the workings of the installation.

“The important thing — the apple pies — need to be made. They are a part of Apple pie day. It’s a tradition — a legacy. It’s part of something bigger now. Those pies will be representing, no matter what.”

MAGGY GRAY | PIE QUEEN, ANNUAL FORT RILEY FALL APPLE DAY FESTIVAL

There will be games, food, activities, historical reenactments, music, as well as apple-themed displays and activities.

Quichocho said she hopes to see several Kansas State University students there. She added the relationship between Fort Riley and Manhattan is unique from the many places she and her husband have been stationed.

An integral part of the event is the creation, selling and indulgence of apple pies. The Fall Apple Day festival is the autumn open house on

post and the pies have a tie in the history of the installation.

These pies are from a recipe passed down by Libby Custer, wife of then Gen. George Custer. History suggests Libby would harvest apples from trees on the post and bake pies to celebrate the return of her husband from his military duties. While the recipe remains a secret, this historic tradition is preserved through the work of the “Pie Queens,” or women selected to organize and ensure the pie-making process is carried out.

Each year nearly 1,500 pies are made and sold. An

DID YOU KNOW?

- Supplies for apple pies made for the annual **Fall Apple Day festival** include 105 boxes of apples with 88 apples in a box, 880 pounds of sugar, 125 pounds of unsalted butter, 1,560 pie crusts, 355 pounds of flour, 25 pounds of cinnamon, as well as necessary foil, butcher paper, gloves and paper towels.

assembly line style event takes place so the recipe remains a secret. Each element of the pie is added by another station in an assembly line formed by volunteers within the community. The pies are made by community members.

Quichocho said the supplies include 105 boxes of apples with 88 apples in a box, 880 pounds of sugar, 125

pounds of unsalted butter, 1,560 pie crusts, 355 pounds of flour, 25 pounds of cinnamon, as well as necessary foil, butcher paper, gloves and paper towels.

Gray added there is one 10-hour day of baking time. Four days prior will be allotted to create the pies. Several hundred volunteers ensure the baking of pies is a success.

While this year has included unforeseen circumstances, including a doubling of the cost of apples, the tradition is still being carried out.

“The important thing — the apple pies — need to be made,” Gray said. “They are a part of Apple Pie Day. It’s a tradition — a legacy. It’s part of something bigger now. Those pies will be there representing, no matter what.”

The event provides a social opportunity, as well as a unique learning experience for the community. For the pie queens, it provides a unique

opportunity to bridge the military community and the public.

“This event brings the community together,” Quichocho said. “It allows people to get to know each other.”

The community can get involved with the event in several ways. After obtaining a food handler’s license, participants can sign up for shifts to assist in the baking process. Attending and interacting with post visitors on the day of the event is another way to get involved.

Lastly, participants can purchase food, memorabilia and more at the event. Pies were sold via presale and also can be purchased for \$13 at the event. Additionally, festival goers can purchase pie by the slice for \$3 or à la mode for \$4. Participants accessing the post will need state-issued identification to come onto the fort. Drivers also must have a copy of their vehicle registration and proof of insurance.

APPLE DAY Continued from page 11

MORE ONLINE

- For more information about Fall Apple Day, including a list of all the activities available there, visit www.riley.armymwr.com.

ROYAL OBLIGATION

- The two Pie Queens, along with other members of HASFR, will be selling pies for \$13 made from Libby Custer’s recipe.

The two Pie Queens, along with other members of HASFR, will be selling pies for \$13 made from Libby Custer’s recipe.

“The Pie Queens, and the Pie Queens only, have this secret recipe for Libby Custer’s apple pies, and now bake them and present them to everyone who comes to Fort Riley for (Fall) Apple Day,” said Maggy Gray, a Pie Queen for HASFR. “This recipe has been passed on from Pie Queen to Pie Queen since the 1980s.”

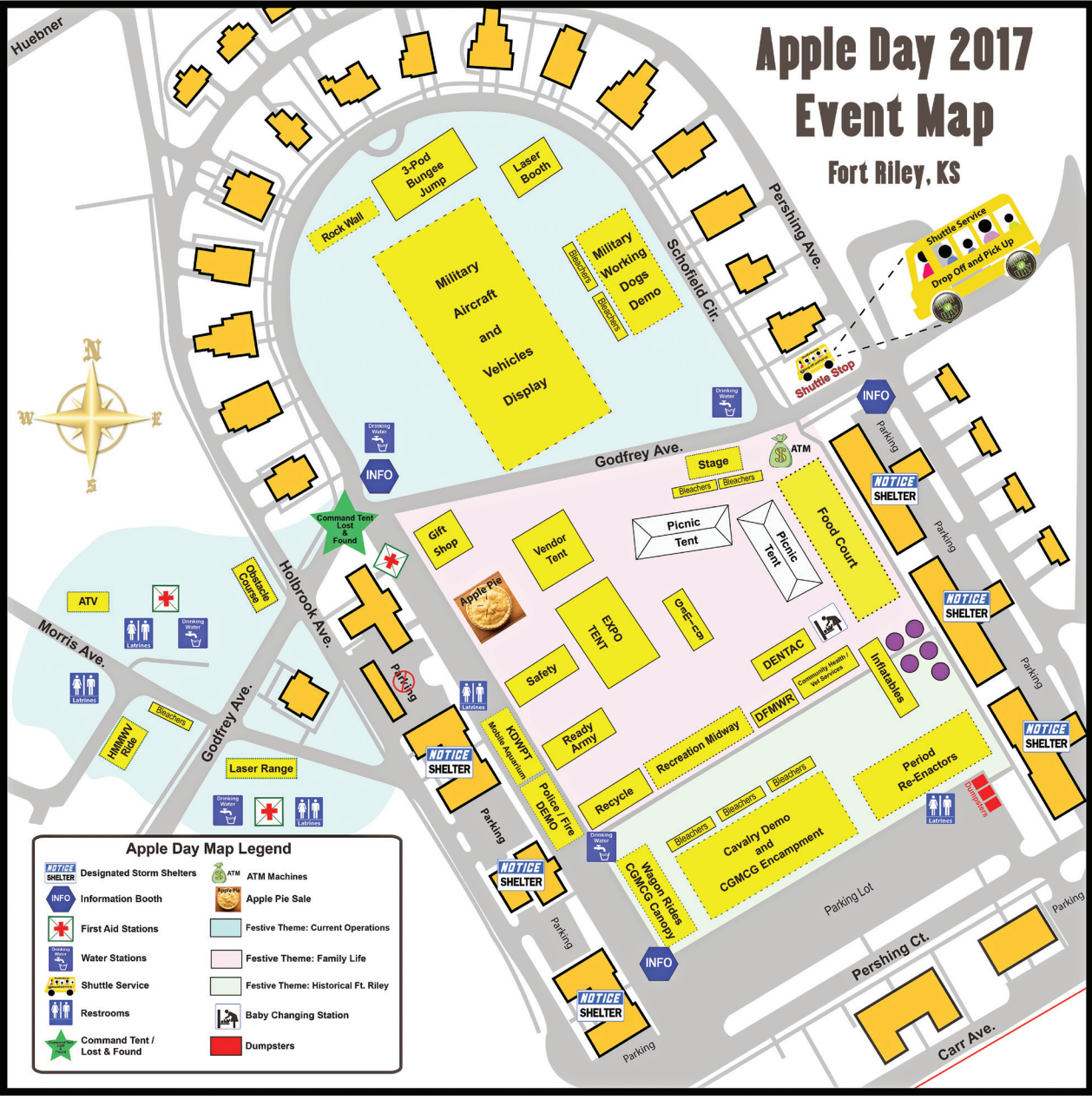
Other highlights of the festival include a military working dog performance, a performance by the Commanding General’s Mounted Color Guard, period re-enactors, live entertainment on the stage, displays of military equipment and more.

“Besides the legendary Libby Custer Apple Pies, there are so many fun things to do on (Fall) Apple Day,” Gray said. “The gun range, where kids

and adults can fire real weapons is an especially unique and fun experience. The kids all love the obstacle course and ATV course and everybody loves seeing the static displays, where you can experience the helicopters and other vehicles up close. The museum is arranging for more historic military vehicles than ever before and the re-enactors to go with them, truly bringing history to life to everyone that comes out to (Fall) Apple Day.”

Visitors 16 years and older without a Department of Defense ID will need to bring photo identification to access the installation. Additionally, drivers will need to provide proof of insurance and vehicle registration. For more information about accessing Fort Riley, visit www.riley.army.mil/Units/Garrison-Command/Emergency-Services/Access-Information.

For more information about Fall Apple Day, including a list of activities, visit www.riley.armymwr.com.



SERVICE
DIRECTORY

Your go-to guide for products and services around the area!

Call 785-762-5000 to add your business or service to this space!

AUTO SALES

Briggs
AUTO.COM
Michael Sanchez
Sales Consultant
785-776-7799
2600 Auto Lane • Manhattan, KS 66502
michael.sanchez@briggsauto.com
BriggsAuto.com

AUTO UPHOLSTERY
GOODSON AUTO TRIM
Complete Auto, Boat, & Truck Upholstery
201 Sarber (between K-Mart & Wal-Mart)
Manhattan 1-785-776-7679

AWNINGS

ASH ENTERPRISES, INC.
Salina, KS • (888) 825-5280
ashenterprisesonline.com
Residential & Commercial
Awnings, Tarps, Carports, Sun Shades, Patio Covers, Livestock Curtains, Sunsetter Dealer

EARLY CHILDHOOD EDUCATION

Loving Arms LEARNING CENTER HEAD START
Loving Arms Learning Center Head Start is enrolling 3 to 5 year olds.
(Your child's 3rd birthday must be by August 31, 2017.)
Call (785) 222-4000 or stop by 540 Grant Ave.

GUNS • AMMO • ARMY • SURPLUS
Buy-Sell-Trade
OREGON TRAIL TRADING POST
4211 Lincoln Ave. • Wamego
(785) 456-9796
M-W-Th-F: 4-7pm | Sat 9a-6p
Closed Tues & Sun

HEALTH

KONZA PRAIRIE
Community Health & Dental Center
361 Grant Avenue • Junction City, KS 66441
Phone: 785-238-4711 Fax: 785-238-4260

HEALTH

Geary Community Hospital
1102 St. Mary's Rd. J.C. • 238-4131

INSURANCE
CORYELL INSURORS, INC.
All forms of insurance
120 W. Seventh
Office 238-5117

OFFICE SUPPLIES
KeyOffice
Junction City / Manhattan
785-762-2000 - 785-537-0300
Xerox Authorized Dealer
866-762-2005
Canon Authorized Dealer
902 N. Washington, Junction City, KS

STORAGE
PROPANE CENTRAL STORAGE
800-362-6028
2618 Central Drive
Junction City
Safe Secure Various Sizes 24/7 Access
NEW LOWER RATES!
Military Programs
Auto-Debit Discount
Prepay Discount

STORAGE
Residential Units
Commercial Units
Climate Controlled Units
1838 Old Highway 40
Junction City, KS 66441
Fax: 785-238-0774
www.aaselfstorageonline.com
785-238-3477

STORAGE
Taylor Made Storage
2 miles N. of Manhattan on Hwy 24
with Big Discounts for Long Term.
785-587-8777, 785-410-8969

THE 1ST INFANTRY DIVISION POST



CLASSIFIED MARKETPLACE

1st Infantry Division Post Fort Riley

The Daily Union Junction City

The Reflector-Chronicle Abilene



Debbie



Betsy



Damon

Let our classified specialists
help you write an ad that will bring you
THE BEST RESULTS

Place an ad online 24 hours a day • Walk-ins: Mon-Fri 9 a.m. - 4 p.m. • Call 785.762.5000

Miscellaneous 270

Diagnosed with Mesothelioma or Asbestos Lung Cancer? If so, you and your family may be entitled to a substantial financial award. We can help you get cash quick! Call 24/7: 855-510-4274

DISH Network Satellite Television Service. Now Over 190 channels for ONLY \$49.99/mo! FREE Installation, FREE Streaming, FREE HD. Add Internet for \$14.95/mo! 1-800-610-4640

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 844-268-9386

FAST Internet! HughesNet Satellite Internet. High-Speed. Available Anywhere! Speeds to 25 mbps. Starting at \$49.99/mo. Call for Limited Time Price! 877-578-8005 (Mon-Fri 8am-8pm CT)

Miscellaneous 270

OXYGEN - Anytime. Anywhere. No tanks to refill. No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit: 844-359-3973

SAVE ON YOUR MEDICARE SUPPLEMENT! FREE QUOTES from top providers. Excellent coverage. Call for a no obligation quote to see how much you can save! 855-587-1299

SAWMILLS from only \$4397.00- MAKE & SAVE MONEY with your own bandmill- Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.NorwoodSawmills.com 1-800-578-1363 Ext.300N

Updating your bathroom does not have to be expensive or take weeks to complete. BathWraps makes it easy. Call 855-324-2317 today for a free in home consultation

Miscellaneous 270

VIAGRA and CIALIS USERS! There's a cheaper alternative than high drugstore prices! 50 Pills SPECIAL \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 855-850-3904

Personals 320

ADOPT. Young, professional NYC couple will provide unconditional love and secure future for your baby. Expenses paid. Call or text CJ and Patrick 917-494-3043

Help Wanted 370

B&B BUSING Hiring Bus Drivers for daily routes and activity trips. Experienced preferred. Alcohol and drug testing. Paid holidays, 25 years old and older. \$13.25/hour or more depending on experience. Raise after 90 days. 2722 Gateway Court, Junction City 238-8555 EOE

Drivers: \$3,000.00 Orientation Completion Bonus! Dedicated Fleet! Excellent Home-Time!! Full Comprehensive Benefits. (New hires guaranteed minimum \$\$\$ week!) 1yr CDL-A: 1-877-353-1340

Electric Department Lineman - The City of Anthony is accepting applications for a full-time Electric Department Lineman. High school diploma or equivalent and valid driver's license required. Excellent benefits. Call 620-842-5434 or go to www.anthonyskansas.org for job description and more information. Open until filled. Anthony is an EOE.

NOW HIRING
UNDER NEW MANAGEMENT
KINGS MOVING & STORAGE
906 N. PERRY ST,
JUNCTION CITY, KS.
APPLY IN PERSON MUST
BE ABLE TO PASS BACKGROUND
CHECK AND DRUG TEST
D R I V E R S
LABORERS,PACKERS
PAY BASED ON EXPERIENCE

Misc For Sale 530

40' Grade A Steel Cargo Containers \$1650.00 in KC. \$1950.00 in Solomon Ks. 20s' 45s' 48s & 53s' also available Call 785 655 9430 or go online to Chuckhenry.com for pricing, availability & Freight estimates

Rooms, Apts. For Rent 740

Homestead Motel

WEEKLY RATE **\$129⁵⁹**

Refrig/Microwave, Cable TV, Free Internet, 1, 2 or 3 beds

785-238-2886

1736 N. Washington, J.C.

Office Hours: M-F: 8am-6pm

Houses For Rent 770

Duplex 4bd/2.5ba Spacious Home \$1400/month rent plus deposit 785-223-8178

You can find it in the CLASSIFIEDS!

Auctions 530

LAND AUCTION

SATURDAY, OCTOBER 14, 2017 — 10:00 AM

American Legion, 222 Marshall St. — CHAPMAN, KS

142.2 ACRES± DICKINSON COUNTY, KS LAND

TRACT 1: Approx. 130 acres of great Smokey Hill River farmland.

TRACT 2: Approx. 12 acresw/older 2-story 3BR 1BA home. Provide access to the river and great deer and other hunting.

TRACT 3: Combination of tracts 1 & 2.

For more info contact Mark Uhlik, Broker (785) 325 2740.

VERA MAE CREGAN LIVING TRUST, SELLER

Watch upcoming issues of Grass & Grain for more details!

For a VIRTUAL TOUR of this property visit www.MidwestLandandHome.com

To stay up to date on auctions and listings LIKE our Facebook page Midwest Land and Home.

Midwest Land and Home

Mark Uhlik – Broker/Auctioneer - 785-325-2740

Jeff Dankenbring – Broker - 785-562-8386

www.MidwestLandandHome.com

When you want the Best, Call Midwest!

THE DAILY UNION.
Classifieds
in print & online
785-762-5000 • jcdailyunion.com

We have the job for you.



su | do | ku

		2		9				
9	1				8			2
		3	6		1			
	9	7						8
	4							
			1					3
	7			3		1		
	8	6						
			2			5		9

Level: Advanced

What Is
su | do | ku?

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order
- Every column of 9 numbers must include all digits 1 through 9 in any order
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Last Sudoku's Answers

4	8	7	2	3	6	9	1	5
9	3	5	4	1	8	6	2	7
1	6	2	9	7	5	8	4	3
7	5	4	8	2	9	3	6	1
8	1	3	6	5	7	4	9	2
6	2	9	1	4	3	7	5	8
2	7	8	5	6	4	1	3	9
5	9	6	3	8	1	2	7	4
3	4	1	7	9	2	5	8	6

THE 1ST INFANTRY DIVISION POST

GREAT OPPORTUNITY TO MAKE
EXTRA MONEY DELIVERING
NEWSPAPERS ON POST

Carriers Needed
Thursday afternoon
& Friday Morning Route

To apply, stop by the Daily Union
at 222 West Sixth, Junction City
or contact the Circulation Dept.
at 785-762-5000.

WE'VE GOT **YOU** COVERED!



THE 1ST INFANTRY DIVISION POST

Travel & Fun in Kansas



Spc. Shell wants you to check out next week's Travel & Fun in Kansas – Pumpkin Patches

COTTONWOOD FALLS

By Maria Childs
1ST INF. DIV. POST

About 70 miles south of Fort Riley, the Flint Hills National Scenic Byway will lead you to Cottonwood Falls. The city has been the county seat since 1859 when the Chase town and county were established.

According to the Chase County Chamber of Commerce website, the courthouse is the oldest in the Midwest still in daily use. It was built from native limestone that was quarried and hand cut in the Flint Hills in 1873. Highlights include a three-story spiral staircase, a working courtroom with embossed tin ceiling and the jail with steel doors. Guided tours are weekdays by appointment, 1 to 4 p.m. For more information call the chamber at 620-273-8469.

According to kansastravel.org, another highlight of Cottonwood Falls is the Cottonwood River Dam. The dam that is visible today was built from cut limestone and later coated with concrete. The first dam was constructed

of cottonwood logs in 1860 and provided water power for a saw and grist mill. The grist mill was the only mill serving Cottonwood Falls within a 100 miles radius until about 1864 when another flour mill was added.

Two museums can be found in the city offering a variety of historic perspectives.

The Chase County Historical Museum and Library was originally the Chase County National Bank when built in 1882. It is on the National Register of Historic Places and is open from 10 a.m. to 3 p.m. Tuesday through Saturday.

Visitors can browse two stories of exhibits. Admission is \$3 for ages 12 and older. The museum has a permanent Knute Rockne exhibit with artifacts and original photos from the car accident that killed Rockne and seven other people. Rockne is regarded as one of the greatest college football coaches in American history. Tours to the Rockne crash site can be

arranged with advance notice. For more information call 620-273-8500.

The Roniger Memorial Museum is on the south side of the courthouse in Cottonwood Falls. It houses a collection of Native American artifacts as well as other Chase County historical items. It is open from 1 to 5 p.m. every Tuesday, Wednesday, Friday, Saturday and Sunday. Admission is free, but donations are accepted. For more information call 620-273-6310.

Every Friday night in Cottonwood Falls, an Emma Chase Friday Night Music event is hosted at 7:30 p.m. at Prairie PastTimes, a craft store on Broadway Avenue. Weather permitting the event is outdoors in front of the Symphony of the Flint Hills Gallery and Gift Shop. Musicians can share and develop their talents while building community.

For more information about events and attractions in Cottonwood Falls, visit cwfk.org or chasecountychamber.org.



ABOVE: Broadway Street in Cottonwood Falls is three blocks long and is home to a variety of tourist attractions including a museum and the Chase County Courthouse.



ABOVE: Outdoor recreation opportunities can be found at Chase State Fishing Lake and Wildlife Area. It is a short drive west of Cottonwood Falls.



ABOVE: The Chase County Historical Museum is at 301 Broadway St. in Cottonwood Falls. The museum is open Tuesday through Saturday from 10 a.m. to 3 p.m. and provides a variety of exhibits featuring the history of the Flint Hills region. For more information visit chasecountymuseum.com.
RIGHT: The Chase County Courthouse is nestled in the city of Cottonwood Falls, at the end of Broadway Street. This 1872 French Renaissance inspired building was designated one of the 8 Wonders of Kansas Architecture and is located one block south of the museum.

