



GUARDIAN WEEKEND  
A return to renaissance, 3c

ALSO INSIDE  
A night out on JBLM, 3A

JBLM NORTHWEST

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# guardian

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JBLM GARRISON CHANGE OF COMMAND CEREMONY

## A CHANGE OF COMMAND



SCOTT HANSEN Northwest Guardian

Col. Nicole Lucas, second from left, incoming Joint Base Lewis-McChord garrison commander, passes the colors to Command Sgt. Maj. Richard Mulryan, JBLM garrison command sergeant major, during the garrison change of command ceremony July 28.

### Military and civilians support the ceremony

BY RUTH KINGSLAND  
Northwest Guardian

Hundreds of service members, dignitaries and community members turned out to Watkins Field on Lewis Main Friday for the change of command ceremony to welcome Col. Nicole Lucas, incoming Joint Base Lewis-McChord garrison commander, and bid farewell to Col. Daniel Morgan, outgoing commander.

At the ceremony, Lucas said she was excited for what lies ahead.

"My family and I could not be more pleased, proud and excited to be here in the Pacific Northwest," Lucas said. "I am humbled and honored to be standing here today and I know I am joining a phenomenal team, both here on JBLM and in the surrounding communities."

Brenda Lee McCullough, the Installation Management Command director of readiness, officiated the ceremony. She spoke of Morgan's exemplary leadership and transformations that occurred at the installation under his command.

"It is indeed a privilege to be here with you as we salute an outstanding garrison commander for a job well done and celebrate the arrival of an equally outstanding Soldier to assume leadership of U.S. Army Garrison Joint Base Lewis-McChord," McCullough said. "Dan's leadership was a driving force for much of (JBLM's) success," she said. "His two years of command were marked by transformation, innovation and challenges."

McCullough thanked Morgan and his wife, Patty, for their exceptional commitment to the civilians and families of Joint

SEE JBLM, 10A



Col. Nicole Lucas, right, incoming JBLM garrison commander, Brenda Lee McCullough, middle, IMCOM director of readiness, and Col. Daniel Morgan, outgoing garrison commander, salute the flag.



JBLM civilians stand in formation alongside service members in preparation for the Joint Base Lewis-McChord Garrison Change of Command ceremony July 28.

EXERCISE MOBILITY GUARDIAN

## JBLM hosts international air mobility exercise

BY STAFF SGT DIVINE COX  
62nd Airlift Wing Public Affairs  
Exercise Mobility Guardian, Air Mobility Command's premier readiness exercise, kicked off at Joint Base Lewis-McChord Sunday and will continue through Aug. 11.

Mobility Guardian is an international combat flying operations exercise designed to develop and improve tactics, techniques and procedures that enhance air mobility operations and improve interoperability.

"Mobility Guardian provides us an opportunity to 'train like we fight' alongside our joint and international partners," said Lt. Col. Daniel DeYoung, JBLM Mobility Guardian director. "It is a completely new exercise meant to enhance mobility partnerships and test the full spectrum of capabilities Air Mobility Command provides the nation."

Mobility Guardian replaced the annual Air Mobility Rodeo

SEE AIR, 10A



Capt. Mark Bishop, right, greets airmen from the Republic of Korea during Exercise Mobility Guardian on McChord Field Saturday.

SENIOR AIRMAN LAUREN RUSSELL U.S. Air Force Photo

MEDAL OF HONOR

## Vietnam veteran's heroism honored

### Former medic rescued troops

BY DAVID VERGUN  
Army News Service

WASHINGTON, D.C. — President Donald Trump awarded the Medal of Honor to former Army Spc. 5 James McCloughan during a White House ceremony Monday for heroism during the Vietnam War almost a half century ago. He was then inducted into the Medal of Honor Hall of Heroes during a ceremony at the Pentagon in Washington, D.C., Tuesday.



McCloughan

McCloughan, a medic and a Vietnam veteran, was one of 89 Soldiers in Charlie Company, 3rd Battalion, 21st Infantry Regiment, 196th Infantry Brigade, Americal Division, who fought on Nui Yon Hill, near the city of Tam Kỳ from May 13 to 15, 1969.

Within minutes of landing there May 13, about 2,000 enemy soldiers had them surrounded, and two of their helicopters

SEE MEDAL, 10A

TRAVELING MEMORIAL WALL

## A memorial to 58,310 fallen Vietnam troops

BY RUTH KINGSLAND  
Northwest Guardian

The sun beat down on Dupont's Powderworks Park Friday, but sweat wasn't the only liquid being wiped off faces of many who spent time to contemplate or peruse the 58,310 names inscribed on the 360-foot-long American Veterans Traveling Tribute Vietnam Memorial.

The wall is one of a handful of traveling Vietnam walls that have the same number of names inscribed as you'll find on the Vietnam Memorial Wall in

SEE WALL, 10A

CENTENNIAL CORNER



Courtesy Photo

Smokey the Bear poses with Fort Lewis children during National Fire Prevention Week in 1962.

FIRE PREVENTION

With western Washington under a current blanket of smoke from more than 100 wildfires in Canada, it's interesting to note National Fire Prevention week has been a tradition since 1922. Every year in October, Joint Base Lewis-McChord participates in this event. This year National Fire Prevention Week this year will run from Oct. 8 to 14.

## NATIONAL NIGHT OUT

## Annual picnic a big hit

BY RUTH KINGSLAND  
*Northwest Guardian*

Crowds began arriving at least an hour early for Joint Base Lewis-McChord's annual National Night Out, Lewis-McChord Communities Resident Picnic and Back to School event at the Greenwood Community Center on Lewis Main Tuesday. Many more guests flowed in as the more than three-hour event progressed.

"We were supposed to start at 5 p.m., but people started lining up at 3:30 and 4 p.m., which was fine because we wanted to accommodate all the families," said Marcia McDowell, marketing manager for Lewis-McChord Communities.

More than 2,500 people pre-registered for the event, which offered free school supplies, a bouncy house and other inflatable games, food, community and installation groups' information and freebie tables, numerous emergency vehicles from local law enforcement and a school bus, provided by Clover Park School District.

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie designed to make neighborhoods safer places to live. This year, the event combined with JBLM's annual Back to School event and Lewis-McChord Communities Resident Picnic — events which previously took place next to the event or at other locations.

The event was coordinated by the Directorate of Emergency Services, Lewis-McChord Communities and Clover Park School District and involves several community groups, including the USO Northwest Shali Center, which provided free hot dogs, chips and water.

"It's a real success to (host) the events together," McDowell said, adding that some of the previous separate events only attracted about 200 people.

The community appeared to like the combined event, she said. That was the consensus of many who attended, including Heidi Robeson, a military spouse, and her four school-age children.

"This is a great way for the kids to get that community feeling," Robeson said as her 8-year-old daughter, Shayla, gleefully held onto a Scooby-Doo activity book she'd received at



SCOTT HANSEN Northwest Guardian

Roxanne Kaiva, left, passes out school supplies to (from left) sisters, Bailey, 6, and Allyson Foringer, 6, and their brother, A.J. 5, at Greenwood Community Center on Lewis Main Tuesday.

one of the booths.

Shayla said she was having fun, especially because of all the cool school supplies she received.

"I like Scooby-Doo and I love dogs," she said.

Her 12-year-old brother, Keegan, also was excited to receive school supplies.

"I'm looking forward to school starting again," the seventh grader at Lakewood's Woodbrook Middle School said. "I like school and seeing all my friends."

Climbing into a JBLM Police patrol vehicle with red and blue lights flashing was a highlight for many of the kids at the event.

Private First Class Chamen Kamai, 504th Military Police Battalion, 42nd Military Police Brigade, watched with his wife, Shayna, as the couple's 6-year-old son, Rayson, and 3-year-old daughter, Gabrielle, sat in the police vehicle.

Gabrielle showed off the stickers she received from an MP attending the vehicle. Rayson said he doesn't want to be a policeman when he grows up.

"I'm an MP, so he's seen enough of that," Kamai said. "But he does want to be a Soldier someday."

There were several booths at the event, including a table with a variety of free items — from pencils made from recycled currency to decks of recycled playing cards — manned by

Cathy Hamilton-Wissmer, sustainability outreach coordinator with the Directorate of Public Works' Sustainable JBLM. The booth also had a game that taught kids about recycling and offered recycled prize items.

"This is an awesome way to get the kids excited about recycling," Hamilton-Wissmer said.

Sergeant Dan Helgeson, Bravo Company, Madigan Army Medical Center, and his wife, Jesika brought their children, James, 7; Arayla, 4; Elayna, 3; and Elijah, 2, to the event. James and Arayla had fun tossing items into recycling bins in order to win prizes.

James wore a plastic fireman's hat he'd received while checking out a fire engine at the event. He said he'd like to be a basketball player or a fireman when he grows up.

Twelve-year-old Brianna Cardenas said her favorite part of Tuesday's event was eating cotton candy. The youth stood in a long line with her mom, Tracie Cardenas, for USO hot-dogs, despite the near-90-degree afternoon temperatures.

Cardenas is the wife of Senior Master Sgt. Jose Cardenas, military deputy fire chief, 627th Air Base Group. She said she was glad to get a bag of school supplies for her daughter at the event.

"We got paper, notebooks, pencils, pens, crayons and glue," she said. "It's not all we need, but everything helps; it's a head start."

## NEWS IN BRIEF

## Stage 1 burn bans are in effect throughout Puget Sound region

With unusually high temperatures this week and possibly into next week, as well as excessive amounts of smoke permeating local air from more than 150 British Columbia wildfires, Puget Sound-area burn bans are in effect now and for an indefinite amount of time.

Pierce and Thurston counties, along with all other south Puget Sound counties, issued Stage 1 burn bans Wednesday that prohibit all outdoor burning, including all recreational fires in fire pits, campgrounds and charcoal barbecues.

Although both those bans are issued by county fire marshals and are related to fire safety concerns, the Puget Sound Clean Air Agency's burn ban is an air-quality burn ban.

For more information on the all Puget Sound air quality burn bans, call 800-595-4341 or visit [pscleanair.org](http://pscleanair.org).

On Joint Base Lewis-McChord, the last prescribed burn was done Monday morning in training area 14. The fire was relatively short duration and it was out that day, JBLM Public Affairs Office said. JBLM officials have cancelled all prescribed burns since Monday due to the current air quality and burn bans.

JBLM firefighters have responded to a handful of small brush fires on base in the last week, including one in a residential area, according to Ed Chavez, JBLM's Directorate of Emergency Services fire inspector.

"Those were likely caused by discarded cigarette butts," he said, "As dry as it is, and with a little wind, a fire can start pretty quickly."

For more information about fire safety on the installation, call Chavez at 253-961-7164.

— RUTH KINGSLAND, NORTHWEST GUARDIAN

## No rain in more than 45 days forces JBLM water conservation

With more than 45 days without measurable rain at Joint Base Lewis-McChord, the Directorate of Public Works is under water conservation measures.

## JBLM RESIDENTIAL AREAS

- Irrigation of housing areas — two times a week in accordance with the individual community area schedules;
- Washing privately-owned vehicles in base housing areas — not permitted, privately-owned vehicles can only be washed on base at commercial car washes with recycled water.

## APPROVED WATERING

- Irrigation of landscape trees, shrubs, groundcover — limited to 10 minutes, two times a week;
- Irrigation of pride areas — limited to 10 minutes, two times a week;
- Irrigation of parade fields — limited to 15 minutes, two times a week;
- All other irrigation — limited to 10 minutes, two times a week.
- Tactical vehicle washing at facilities with recycled water — as required;
- Aircraft washracks — as required;
- Golf courses — operate per automated systems schedule and duration;
- Family and Morale, Welfare and Recreation facilities, parks, community centers — various times and frequencies;
- Splash parks and pools — operate per published hours.

— JOINT BASE LEWIS-MCCHORD DIRECTORATE OF PUBLIC WORKS

## Senate confirms former Army Ranger as Army under secretary

WASHINGTON, D.C. — The U.S. Senate voted unanimously Tuesday to confirm former Army Ranger Ryan McCarthy as the next under secretary of the Army.

President Donald Trump nominated McCarthy in June for the position and his confirmation hearing was July 12. He will succeed Karl Schneider, senior official performing the duties of the under secretary of the Army.

McCarthy graduated from the Virginia Military Institute. He also earned a Master's in Business Administration from the University of Maryland. He served in the 75th Ranger Regiment during the early days of Operation Enduring Freedom in Afghanistan.

Early in McCarthy's career, he worked at the Hong Kong and Shanghai Banking Corporation. He later became a staff member at the United States House Committee on Foreign Affairs and served as an assistant to Defense Secretary Robert Gates.

In his confirmation hearing, July 12, before the Senate Armed Services Committee, McCarthy described the Army as "the lynch pin of the U.S. military since 9-11," despite increasing danger and uncertainty in the world and a smaller Army.

McCarthy described the Army as a people organization.

McCarthy said modernizing the Army and maintaining the near-term readiness of the Army under the Budget Control Act will not be an easy task.

— ARMY NEWS SERVICE

## USO TOUR

## 'Breaking Bad' star makes surprise visit

BY STEPHEN BAACK  
*U.S. Army Installation Management Command*

ANSBACH, Germany — Award-winning actor, director and screenwriter Bryan Cranston made a surprise visit to U.S. Army Garrison Ansbach July 24 as part of his USO tour of military installations in Europe.

Cranston, who's been in more than 50 movies and even more TV shows, is most famous for his role as Walter White in AMC's "Breaking Bad" TV series — for which he has won four Primetime Emmys for Lead Actor in a Drama Series. The actor is also well known for his role as Hal in the Fox comedy series "Malcolm in the Middle."

Unlike some of his appearances at other military installations in Europe, he chose not to publicize his visit to Ansbach in advance so that he could meet with community members in a more spontaneous way and in more natural environments. His visit included stops to catch Soldiers and Army civilians by surprise in their everyday working environments such as in health clinic hallways and waiting rooms, airfield hangars and even during lunch breaks in the dining facility.

"I really wanted to do this, and I've wanted to do it for a long time," Cranston said.

Cranston, who was accompanied by his wife, Robin Dearden, started his tour in Ansbach visiting with Soldiers, family members and civilian health care professionals at Ansbach Army Health Clinic, after which he stopped at Katterbach Army Airfield to shake hands, chat and take photos with Soldiers of the 12th Combat Aviation Brigade. Later in the day, he did the same with Soldiers of the 10th Combat Aviation Brigade



STEPHEN BAACK U.S. Army Photo

1st Lt. Brandon Clayton, left, an AH-64 Apache pilot with the 12th Combat Aviation Brigade, talks to actor Bryan Cranston during a visit to Ansbach, Germany, July 24.

at Illesheim Army Airfield.

After lunch, Cranston made a special stop at USAG Ansbach's Terrace Playhouse, where he sat down for an almost hourlong question-and-answer segment with theater volunteers and members of the garrison's book club. Cranston discussed his favorite and most challenging roles, the preparation that goes into performing, and the auditioning process.

"His approachability and candor during the Q-and-A really impressed me," said James Dill, who serves as USAG Ansbach's Emergency Management program manager and who frequently performs and volunteers with the Terrace Playhouse. "I'm so grateful he took the time to meet with us and open up to us about his craft. I think this will greatly benefit those of us in the theater."

One of Cranston's last stops was to the Flight Simulator Facility at Storck Barracks, where he took the controls of a UH-60 Black Hawk simulator. Flight

Instructor Wendall "Spike" Condon had Cranston fly through heavy fog and handle a double-engine failure.

Condon also asked Cranston to try landing the aircraft on a Navy frigate.

"A frigate?" Cranston asked. "You gotta be frigate kidding me!"

Cranston ended his Ansbach visit by meeting with Soldiers until after duty hours.

"I think if you're fortunate enough to have a busy career, you can sometimes find yourself being insulated from the outside world -- from people who live in different parts of the world and have different occupations," Cranston said. "From time to time, I realize I get a little antsy, and I want to get out, I want to shake hands with people, I want to meet people I would not ordinarily meet in my everyday life. And then the factor of meeting military personnel who are doing heroic things, and I'm truly grateful for their service."

# Page Three

## QUOTE OF THE WEEK

"ISIS is losing on every front — on the battlefield, in recruiting, in social media and generating money. And they will continue to lose with the pressure put on by our partners in Iraq and Syria."

**Col. Ryan Dillon**

Combined Joint Task Force-Operation Inherent Resolve Spokesman

## ALSO INSIDE



U.S.A. Bobsled Skeleton Federation

**U.S. BOBSLED TEAM:** Air Force Capt. David Simon competes at the U.S. National Push Championships in Park City, Utah. **See story, 1B**

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● **Making better choices:** The Army has more obese Soldiers than ever before, and to address the problem, senior Army leaders discussed a holistic approach that includes vegan options at dining facilities and box breakfasts at fitness centers. Currently, one in 20 Soldiers fails Army PT annually and 13 percent of Soldiers are clinically obese, according to the Army Surgeon General's Office. The Army's new campaign plan, called "Holistic Health and Fitness" focuses on improving the Soldier selection process, physical performance and performance education, as well as transforming and improving Soldier fitness and training centers.

● **Training for ice:** With 10 of the world's only ski-equipped LC-130 Hercules aircraft, com-



monly referred to as a Skibird, the New York Air National Guard's 109th Airlift Wing is able to provide the airlift needed to get to remote locations in Antarctica and Greenland in support of the National Science Foundation. With 50 training missions already completed since the Greenland season began in April, the aircrews are well on their way to being ready to fly in Antarctica.

## TALISMAN SABRE 2017

# Partnership fights simulated war

## U.S., Australian forces team up for joint exercise

BY MAJ. CHRIS THIELENHAUS  
1st Special Forces Group (Airborne)

BRISBANE, Australia — U.S. Special Operators from Hawaii and Joint Base Lewis-McChord integrated with the I Corps staff and the Australian Defense Forces to fight a simulated Pacific conflict as part of exercise Talisman Sabre 2017. The exercise concluded in Brisbane, Australia, July 25 after 30 days of high-end, mid-intensity war-fighting scenarios.

The Talisman Sabre exercise is a biennial training activity designed to improve combat readiness and interoperability between the United States and Australian militaries in order to prepare both for a wide variety of security challenges in the Pacific region.

Talisman Sabre involved more than 30,000 U.S. and Australian service members working together in a variety of field and simulation exercises across multiple locations in Australia, the United States and throughout the Pacific.

The Australian military, I Corps and Special Operators from both the U.S. and Australia trained together for the one of these command post simulations in Brisbane where the I Corps staff set up a fully-functioning command headquarters to fight an entirely computer simulated conflict.

Despite the massive size of the exercise, small numbers of Special Operators played important roles both in the field and during command post simulations.

"It's important to reinforce conventional and special operations integration at the operational level," said Lt. Col. David Low, who leads a Special Operations Forces Liaison Element. "By having a team embedded with the I Corps staff,



STAFF SGT. DANIEL LOVE U.S. Army Photo

U.S. and Canadian paratroopers exit a C-17 Globemaster over Queensland, Australia, July 13. The airborne operation was conducted as part of Exercise Talisman Sabre 2017.

we were able to directly highlight the many contributions that special operations can deliver

in a complex joint and multi-domain fight."

Two groups of Special Oper-

ators in both Brisbane and Singleton, Australia, acted as a Special Operations Component

Command headquarters to help I Corps fight this digitally simulated enemy utilizing a broad spectrum of special operations capabilities in support of the ground, sea and air battles.

Low's Special Operations Forces Liaison Element worked directly with the I Corps staff in Brisbane to bring special operations missions, considerations and injects into the battle simulation.

In addition to the U.S. service members supporting the exercise, both I Corps and the Special Operators are joined by their Australian counterparts from the Australian Defense Forces.

"This fight is different to what our respective special operations commands have become used to over recent campaigns," said Major Marty, Australian special operations company commander. "Our role in this conflict is as an enabling force for the I Corps staff. It's forced a degree of integration with the staff and across components to ensure that all effects applied across the battlespace are complimentary. This has provided us with an outstanding opportunity to plan and integrate the very unique capabilities special operations forces bring to the fight."

Given the myriad of security issues in the Pacific and the importance of the U.S. and Australian bond, Talisman Sabre provides the platform for both militaries to build relationships and work out common practices.

"Working with our American counterparts in this context has been the most rewarding aspect of this journey," Marty said. "What it's reinforced to me is our shared values and the mutual respect we hold for each other as people and professionals. It's a rare thing to be part of such a committed team, so despite the inevitable challenges of exercising in a command post exercise of this scale, it's been a real privilege."

● **Editor's note:** Due to the mission of Special Operators, some members prefer not to use their full names.

## 555TH ENGINEER BRIGADE

# Triple Nickel welcomes its new brigade commander

BY 1ST LT. ERIC GINGUE  
555th Engineer Brigade Public Affairs

Hundreds of people were on hand to witness Col. John Becking assume command of the 555th Engineer Brigade from Col. Larry Dillard Jr. July 27 on Watkins Field at Joint Base Lewis-McChord.

Major General Thomas James Jr., 7th Infantry Division commanding general, hosted the change of command ceremony. James spoke highly of Dillard and the performance of the 555th Engineer Brigade under his leadership and expressed confidence that the organization will continue to thrive under its new commander.

"Under Larry's leadership, the Triple Nickel aggressively built mission command and decisive action proficiency," James said. "Colonel Dillard and his family have served Task Force Bayonet with passion, distinction and honor."

During his remarks, Dillard thanked many of those in at-



1ST LT. ERIC GINGUE 555th Engineer Brigade Public Affairs

tendance who played an integral part to his success throughout his career and during his command. Dillard addressed the formation for the final time, extremely proud of what the

organization was able to accomplish.

"I feel incredibly blessed to have the honor to serve with these Soldiers," Dillard said. "When we drive around JBLM,

we can see the mark of the Triple Nickel. Every battalion here has left an indelible mark on this installation. I'd ask you to continue to develop your technical expertise, and continue to im-

prove this organization and this installation with all that you do."

Dillard will move to his next assignment at the Pentagon, where he will serve on the Joint Staff for Strategic Plans and Policy.

Becking joins the JBLM community from the U.S. Army Colonel's Management Office in Arlington, Va. He assumes command of the only engineer brigade on JBLM and assumes responsibility of Task Force Ops, a deployable command node attached to Joint Task Force Civil Support, responsible for overseeing operations in response to a Chemical, Biological, Radiological, or Nuclear incident on U.S. soil. He addressed his formation for the first time, grateful for the opportunity to command and looking forward to what the future holds for the 555th Engineer Brigade.

"I'm very proud to join your ranks, and I pledge to provide you with the very best possible leadership that I can, every day," Becking said.

# Viewpoint



**Commander, I Corps and Army Senior Commander, JBLM**  
Lt. Gen. Gary J. Volesky

**Commander, 62nd Airlift Wing and Air Force Senior Commander, JBLM**  
Col. Rebecca Sonkiss

**Joint Base Garrison Commander, JBLM**  
Col. Nicole Lucas

**Public Affairs Officer**  
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**Command Information Officer**  
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**Editor**  
Bud McKay

**Journalists**  
Dean Siemon  
Ruth Kingsland

**Assistant Editor**  
Pamela Kulokas

**Photojournalist, Page Designer**  
Scott Hansen

To contact the **Northwest Guardian**, call 253-477-0182. The newspaper office is in Building 1010, Joint Base Lewis-McChord, WA 98433-9500; email NWGEditor@nwguardian.com. Provide feedback online at <https://ice.disa.mil>.

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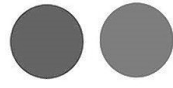
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## STRAIGHT TALK

To join the "Straight Talk" conversation, visit [facebook.com/JBLewisMcChord](https://www.facebook.com/JBLewisMcChord)



## What's the best compliment you've ever received?

"You inspired me to ..."

— WENDY TROKEY HERRING

"I'm sure glad you're working for me."

— STEVE JASPER

"Your kids are so good; I see how well they play with each other and take care of each other."

— EM T. WASHINGTON

"When my dad told me that I was a wonderful grandma."

— MICHELE WILLOUGHBY

"Your dinner rolls are to die for" — from granddaughter."

— SANDRA VANORMAN

"Thank you for your service."

— JIMMIE HARRIS

"On the plane, while disembarking: 'Your kids are such good travelers! And so well-mannered!'"

— CRISTINA LANUZO-SCHOOLCRAFT

"A job offer after the military."

— SHAWN PRESCHER

## Next week's question

What is your home state and what it is known for?

## VIEW FROM THE TOP

# It's time to bid farewell to 7th ID Ranger Buddy

BY COMMAND  
SGT. MAJ. JACK LOVE  
7th Infantry Division Command Sergeant Major

As we come to the end of the summer transition season across the 7th Infantry Division, we have one last change of command to conduct Aug. 11. For me, personally, this is the toughest one because it's for my Ranger Buddy, Maj. Gen. Thomas James Jr., and his phenomenal wife, Chelle.

Although this is a part of our customs and traditions, and is part of what makes our Army the best in the world, it's still tough to say goodbye to those we serve with who have had a lasting impact on our lives, both personally and professionally. I would like to talk about just a few of his many initiatives, specifically the vision and training that General James has established across Task Force Bayonet during his tenure as the commanding general of the 7th Infantry Division.

First, was the consistent vision: "A team of Army professionals that are combat ready to fight and win in a complex world." Every Soldier in the division understood it, and this one sentence is internalized throughout.

He further defined what each specific topic meant to our profession. His priorities under the readiness umbrella were:

- Strengthen Soldier, civilian and family fitness.
- Build combat-ready battalions and squadrons.
- Develop and certify leaders of the profession.

The commanding general's number one priority was to strengthen Soldier, civilian, and family fitness. He developed this by creating the Bayonet Warrior Athlete Program.

General James wanted our Soldiers to be physically, mentally, emotionally and spiritually fit to ensure we were fully ready to deploy, fight and win decisively, anywhere.

He wanted a program that built and sustained personnel readiness through a holistic approach to individual health and fitness and a comprehensive fitness and wellness program that included properly integrating new Soldiers, rehabilitating our injured reserve Soldiers, educating them on lifestyle choices, and ensuring progression of fitness and readiness.

We fielded 78 Gyms In a Box to



RUTH KINGSLAND Northwest Guardian

Major General Thomas James Jr., left, 7th Infantry Division commanding general, poses with Dave and Steve Moore, sons of the late Lt. Gen. Hal Moore, during a dedication ceremony in April.

each company-size units. He wanted to ensure we resourced and equipped, educated, competed and incentivized, assessed and then sustained our momentum. I have never seen a culture of fitness change in an organization in such a short amount of time.

Bayonet Focus was a vision General James had shortly after taking command since the brigades we have training and readiness authority over did not have a culminating training exercise leading up to a combat training center rotation. This changed under his leadership.

We conducted three Bayonet Focus exercises with Bayonet Focus 17-03 being the largest operation planned and conducted by 7th ID since Panama.

The exercise met all expectations and allowed General James to certify 2nd Brigade, 2nd Infantry Division as ready for the National Training Center.

We were able to execute infantry battalion-level live fires with the integration of cavalry, AH-64s, artillery, organic mortars and engineers. It was a tremendous team effort by more than 6,200 Soldiers from 17 units.

Furthermore, it was our first opportunity to exercise the multi-component augmentation from Georgia and Oregon in our division headquarters Training and Readiness Authority-Command Post.

The Joint Pacific Multinational Readiness Capability team from Hawaii provided a world-class Exercise Control Center, Observer Controller/Trainer coverage and instrumentation package.

General James continuously built combat ready units including three

Stryker brigade combat team-level rotations to the National Training Center and multiple different battalion sized elements supporting I Corps' focus on the Pacific through participation in numerous Pacific Pathway rotations.

General James produced a generation of competent, confident and committed leaders who internalize the Army profession.

I could easily go on about the tremendous things the commanding general put in place; the leadership and focus on things such as maintenance, manning strategy, Gold Star families, our Sexual Harassment/Assault Response and Prevention Tiger Teams, integrated combined arms strategy, man, equip, train and lead throughout, but the most important thing he did was build a team through mission command.

The climate that he established across the formation is the best I've ever been a part of in more than 28 years in the military. He is authentic, humble, physically fit and genuinely cares for people. I have seen this in spades over the past two years.

Lastly, General James has many personal Army heroes who have tremendously impacted his life. At the very top of his list is the late Lt. Gen. Hal Moore, former company commander in the 7th ID and later the division commander. General James, to me personally, and many others across Task Force Bayonet, is our Hal Moore.

He is clearly at the top of my list, and I would follow him into combat anytime, anywhere. Task Force Bayonet will miss General James and Chelle, tremendously.

Trust in Me, Bayonet!

## CHAPEL SERVICES

### CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel

Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.)

Sunday, 9 a.m. — Lewis Main Chapel

Sunday, 9 a.m. — Madigan Chapel

Sunday, 10 a.m. — McChord Chapel No. 2

Sunday, noon — Lewis Main Chapel

Sunday, 5 p.m. — Lewis Main Chapel

Weekdays, noon — Lewis North Chapel

Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125

1st Friday, noon — McChord Chapel No. 2

### PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers' Chapel

8:30 a.m. — Traditional — McChord Chapel No. 1

10 a.m. — Contemporary — Four Chaplains Memorial Chapel

10:30 a.m. — Collective — Lewis Main Chapel

10:30 a.m. — Collective — Madigan Chapel

10:30 a.m. — Contemporary — Evergreen Chapel

11 a.m. — Contemporary — McChord Chapel Support Center

11 a.m. — Gospel — Lewis North Chapel

### DIVERSE WORSHIP

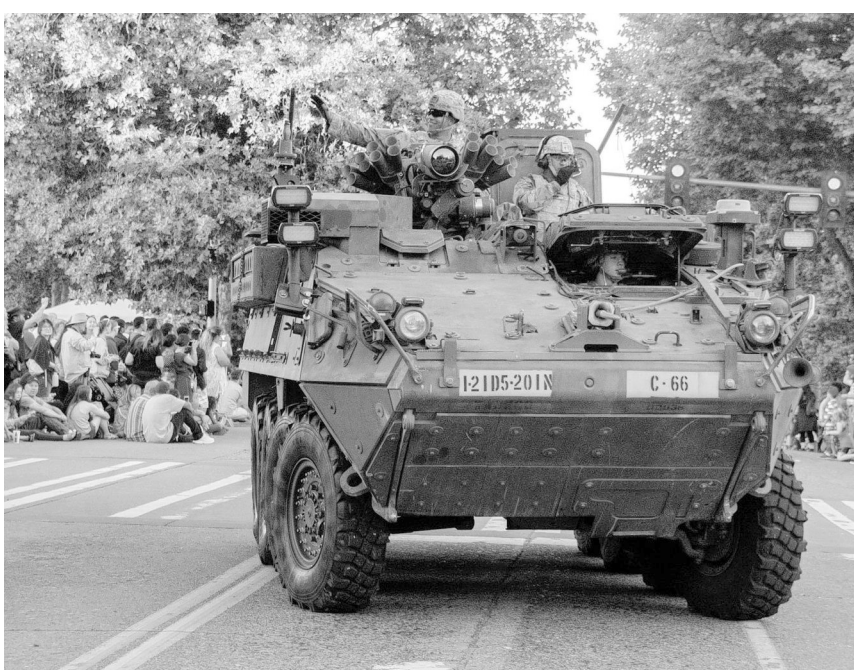
**Jewish**  
Friday, 7 p.m. — Lewis Main Chapel

**Islamic**  
Friday, 12:30 p.m. — Evergreen Chapel, 253-968-1125

**Buddhist**  
Friday, 6 p.m. — Soldiers' Chapel, 253-966-5959

**Pagan/Wiccan**  
Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

## JBLM SNAPSHOT



STAFF SGT. SAMUEL NORTHRUP 1st Brigade, 2nd Infantry Division

U.S. Army Soldiers of 5th Battalion, 20th Infantry Regiment, 1st Brigade, 2nd Infantry Division, from Joint Base Lewis-McChord, carried state flags and showcased a Stryker Combat Vehicle during the Seafair Torchlight Parade in Seattle Saturday.

## THIS WEEK IN HISTORY

**Aug. 4, 1944:** Anne Frank and her family arrested by Gestapo.

**Aug. 5, 1963:** Nuclear Test Ban Treaty signed.

**Aug. 6, 1996:** George R.R. Martin's "Game of Thrones" debuts.

**Aug. 7, 1782:** George Washington creates the Purple Heart.

**Aug. 8, 1775:** Morgan and Virginians arrive in Cambridge.

**Aug. 9, 2010:** JetBlue flight attendant quits job via escape slide.

**Aug. 10, 1981:** Pete Rose sets National League hits record.

## HELOCAST TRAINING ON AMERICAN LAKE



SGT. CODIE MENDENHALL U.S. Army Photos

ABOVE: Green Berets assigned to 1st Special Forces Group (Airborne) jump from the back of a CH-47 Chinook into American Lake on Lewis North on July 25. This is called helocast training and prepares Soldiers to rapidly access a shoreline via helicopter insertion offshore.



ABOVE: Soldiers and pilots with 1st Special Forces Group (Airborne) rehearse their roles in rapid water recovery operations during helocast training on American Lake July 25.

AT RIGHT: Green Berets ascend a rope ladder suspended from a CH-47 Chinook on American Lake on Lewis North July 25. The training allows Soldiers and pilots to rehearse their roles in rapid water recovery operations.



### AIR FORCE

# Air Force leaders list new priorities

By Secretary of the Air Force Public Affairs

WASHINGTON, D.C. — In a recent letter, Secretary of the Air Force Heather Wilson, Air Force Chief of Staff Gen. David Goldfein and Chief Master Sgt. of the Air Force Kaleth Wright released their new priorities and addressed issues Airmen face day to day.

“For more than 70 years, our fellow Americans have asked you to be the sentinels of air and space for the nation, and you continue to deliver unmatched air and space power every day,” the leaders said. “Looking forward, our obligations to the country will never change. We will always lead and support the joint force in defending our homeland, owning the high ground and projecting power with our allies.”

As the demands for Air Force capabilities continue to increase, the senior leaders established the following priorities to ensure the Air Force is always able to answer the nation’s call and win:

- Restore readiness — to win any fight, any time.
  - Cost-effectively modernize — to increase the lethality of the force.
  - Drive innovation — to secure our future.
  - Develop exceptional leaders — to lead the world’s most powerful teams.
  - Strengthen our alliances — we are stronger together.
- “Everything we do as a team should advance or augment these priorities,” leaders said. “Each and every one of our total force Airmen has a role to play in making us successful in this endeavor. We will prevail through the power of our people. You and your families represent the absolute best of our nation. We are humbled to lead our great Air Force and honored to serve with you every day.”



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- Provide college readiness and scholarship resources.



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Club membership gives you discounts on food, access to member-only club programs and savings on Club events.

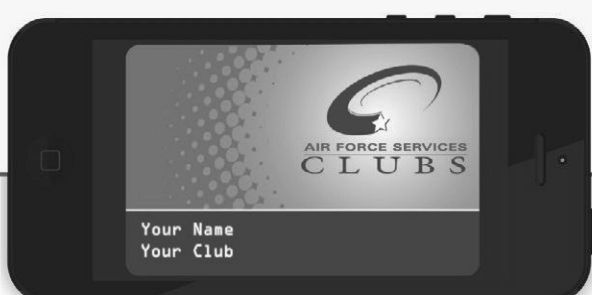
You'll be able to pay your dues with a credit union or bank credit, debit or ATM card, or by direct withdrawal from your account while you manage your membership online at [memberplanet.com/account/usaf](http://memberplanet.com/account/usaf).

Activate your new account by Thursday, Aug. 31 and automatically be entered to win \$10,000, \$1,000 or a free Club membership for life. If you prepay for the year, you automatically receive your first two months' dues free!

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Sign up at [memberplanet.com/account/usaf](http://memberplanet.com/account/usaf). You'll receive monthly updates, and can choose to receive notices about the Club at McChord Field specials and events.

Download the MemberPlanet app and show your digital member card for discounts, including bowling and golf at JBLM!

We'll treat you to a **free lunch** and help you activate your account 11 a.m.–1 p.m. on one of the following dates:

Wednesday, Aug. 16

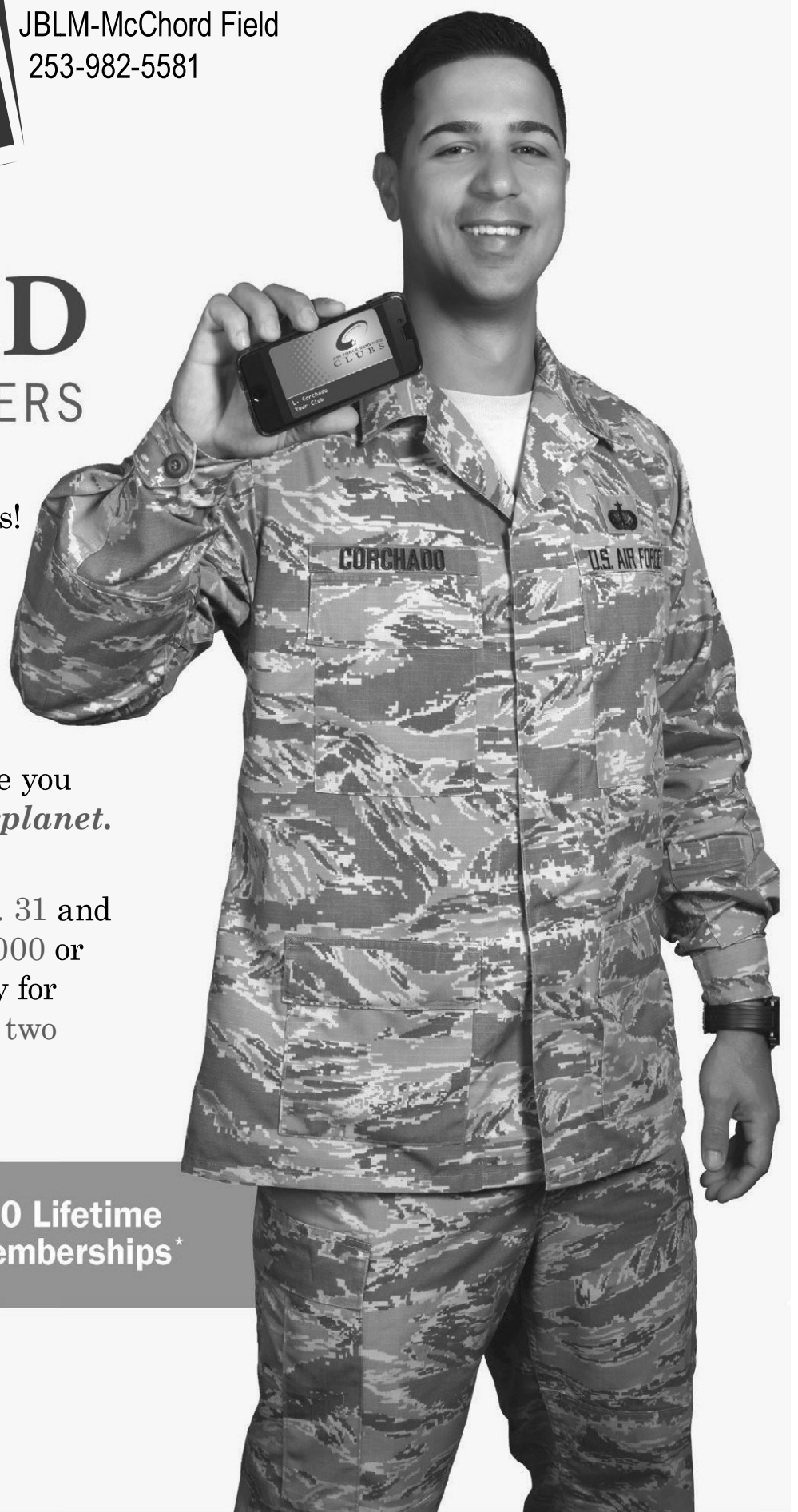
Tuesday, Aug. 29

Thursday, Aug. 17

Wednesday, Aug. 30

We'll personally assist you, plus give you more details on all the extra benefits you'll get when you become a Club member.

**The Club at McChord Field**  
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## COMMENTARY

# Internship program aids 555th Engr. Bde.

BY CAPT. DANIELLE PETERSON  
U.S. Army Engineer

SEATTLE — Often referred to as the “jack of all trades,” this equivocal nickname does not do the engineer branch justice. The engineer branch boasts an extensive history of expertise and is frequently sought after for solutions to the challenges no one else can solve.

By definition, an engineer is “a person who carries through an enterprise by skillful or artful contrivance.” This definition suits engineer leaders perfectly.

Another definition of an engineer is, “a person who has scientific training and who designs and builds complicated products, machines, systems or structures.”

The U.S. Army Corps of Engineers has people who do just that.

The corps was founded in 1802, a mere seven years after the engineer branch was established. The initial purpose of U.S. Army Corps of Engineers was to augment the Army through the foundation and operation of the U.S. Military Academy at West Point.

The corps’ mission has grown and evolved with the nation’s continuously changing needs. Today, U.S. Army Corps of Engineers provide many services to the nation, including: outdoor



U.S. Army Corps of Engineers

From left to right, Lt. Col. Andy Olson, deputy commander, U.S. Army Corps of Engineers Seattle District; Capt. T.J.C. Vantland, intern; Capt. Travis Emery, intern; Stephen Holcroft, ship master; Maj. Ross Browning, project manager, Capt. Danielle Peterson, intern; Capt. Grant Wanamaker, project engineer; and 1st Lt. Sam Briscoe, intern, pose for a photograph on the Essayons dredge vessel during a professional development session recently.

recreation, environmental engineering, operation and maintenance of dams and waterways, preservation of wetlands, hydro-power, technical and construction support nationally and internationally, emergency response support and research and development of natural resource preservation technologies.

The U.S. Army Corps of Engineers was established to augment the engineer branch by providing focused, technical expertise for all things related to the nation’s infrastructure and waterways. While this is true, Army leaders are still expected to execute technical operations.

They are also expected to design and build complicated systems, and for an Army leader, these requirements will likely be carried out in a more stressful environment, and in a more expeditious manner than is required of the experienced USACE professionals who do this every single day.

The missions, training requirements and every day demands on the typical engineer unit vary greatly depending on current Army needs. Depending on one’s career path, exposure to the execution of complex technical construction could be very limited. However, as engi-

neers, it is likely that a maneuver unit will ask us to provide these services at some point in our career.

Joint Base Lewis-McChord’s 555th Engineer Brigade’s partnership with USACE’s Seattle District has opened up a window of opportunity for engineer leaders to gain confidence in their skills in the technical engineering field from those who are experts in the analysis and execution of large-scale, complex projects. Interns can fill and supplement the roles of project managers, project engineers, quality assurance representatives, technical construction engineers, and design engineers.

While these are the roles that most interns fill, this list is not all inclusive.

I’ve been serving as an intern for six months and have had the opportunity to work as a technical engineer in the Seattle district’s construction division, as an assistant project engineer on a four-building project site on JBLM, and in the design branch’s civil engineering section. Although I acquired some understanding of how construction activities are executed while I was a horizontal platoon leader, the amount of technical expertise I’ve gained while working with USACE is incomparable.

I have learned about federal,

state-, military- and USACE-specific safety regulations and construction codes. I have learned how to properly provide quality assurance and conduct technical inspections on a construction site. I have picked up various bits of knowledge on which products and designs really work and result in a quality end product.

I have witnessed the result of great attention to detail in both design analysis and the construction phases. I have learned from the best what a good partnership with a contractor looks like.

This experience has not only developed my technical skills, but has opened my eyes to the vast capabilities of USACE and how it operates. This is valuable for all Army leaders to understand on some level.

For example, knowing how to utilize USACE as a resource, understanding how projects get authorized and appropriated, or even just being aware of future career opportunities for Soldiers getting out of the military — these are all useful things to be aware of.

In a time when our nation is trying to build a tactically and technically competent engineer force, all engineer units should take advantage of the USACE internship program because it is an invaluable resource.

## COMMENTARY

## Dedicated teams continue searching for missing service members

BY STAFF SGT. DAVID OWSIANKA  
374th Airlift Wing  
Public Affairs

Drenched in sweat from the hot, humid Vietnam weather, our shovels breached the earth’s surface excavating the ground and placing it into buckets to be screened as we searched for one of our own.

Service members with

the Defense POW/MIA Accounting Agency travel to various conflict regions throughout the world to locate and identify missing service members in order to bring them home and provide them a proper burial.

My job, as a photographer, afforded me the opportunity to travel with DPAA to document the work being done to help

find a missing Soldier.

Our work began with the setup of screening stations to separate dirt from possible aircraft parts, bones and other clues that would lead us to the Soldier. Once completed, our anthropologist set up areas for us to excavate the dirt.

Multiple people were digging at any given moment with a line of people

transporting buckets of dirt to the screening stations to sift through. Upon finding anything that could be aircraft parts or bones, we placed them in buckets to be looked at to ensure we were searching in the right area.

We were able to excavate 9,728 cubic meters of earth, unearthing a multitude of aircraft wreckage and possible material

evidence that could lead us closer to finding our long-lost Soldier.

Killed in 1968 during the Vietnam War, the missing Soldier was shot down in the helicopter he was piloting. Unfortunately, three other service members on board died that same day, however, they were recovered and identified after the crash.

The experience provid-

ed me with some insight of what he and those who served alongside him endured during the war 50 years ago.

Searching for a fallen service member was a very humbling experience, and I hope that our work will make it easier for the next team to bring him home to his family and his final resting place, wherever that may be.

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# Health Beat

## MADIGAN SHOUT OUT

Her proposed research to reduce anxiety led to 1st Lt. Taryn Hagerman being hand-selected to present her poster presentation at the 6th Annual Graduate School Research Symposium to faculty, researchers and students across the Department of Defense, the Department of Veterans Affairs and the civilian community recently.

The proposed research seeks to replicate a civilian study which showed that participants who played Tetris after viewing a film of traumatic events tracked less intrusive thoughts during the following week. Ha-



german hopes to identify a pragmatic and simple early intervention that could be used to minimize the potential harmful cognitive effects from trauma exposure for first responders and service members down-range.

## MADIGAN ARMY MEDICAL CENTER

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**Madigan directory:** 253-968-1110  
**Tricare Regional Appointment Center (TRAC):** 800-404-4506  
**Tricare On-Line:** tricareonline.com  
**United Health Care:** uhc-militarywest.com, 877-988-9378  
**Pharmacy Refill:** 253-968-2999  
**Tricare Express-Script pharmacy service:** 877-363-1433 or www.express-scripts.com  
**Referral Coordination Center**

**Hotline:** 253-968-2903  
**Patient Admissions:** 253-968-3827/3829  
**Patient Advocacy:** 253-968-1145  
**Beneficiary Counseling Assistance Coordinator:** 253-968-3348/3491

**BEHAVIORAL HEALTH SERVICES**  
**Soldier Readiness Service:** 253-968-5140  
**Child and Family Behavioral Health:** 253-968-4843  
**Military One Source:** 800-342-9647  
**National Suicide Prevention**

**Life Line:** 800-273-8255 (Option 1)  
**Exceptional Family Member Program:** 253-968-0254/1370  
**Armed Forces Blood Bank Center:** 253-968-1850  
**Fisher House:** 253-64-9283  
**Public Affairs Office:** 253-968-1901  
**Veterinary Treatment Facility:** 253-982-3951  
**Madigan Directory Assistance:** 253-68-1110  
**Madigan Army Medical Center website:** mamc.amedd.army.mil  
**Email:** usarmy.jblm.medcom-mamc.mbx.pao@mail.mil  
**Fisher House:** 253-964-9283

## MADIGAN ARMY MEDICAL CENTER

# Madigan's Puyallup medical home grows

BY KELLY BURELL  
*Madigan Public Affairs*

Puyallup Community Medical Home, a Madigan Army Medical Center community based medical home, held a ribbon-cutting ceremony for its newly expanded facility July 24.

"What a beautiful day — a great day for Army Medicine, a great day for Joint Base Lewis-McChord, Madigan Army Medical Center and, most importantly, it's a great day for families of active-duty military and retirees, like myself, who call this facility our medical home," said Marc Bernson, a physician assistant at the Puyallup Community Medical Home.

Aside from providing primary care, the Puyallup Community Medical Home offers a variety of services to active-duty family members, retirees and their families. Services include nutrition, clinical psychology, pharmacy, laboratory and immunizations.

To better serve its increasing number of patients, the Puyallup Community Medical Home developed a plan to not only increase square footage but also renovate current space so it could be used more efficiently.

Since its inception six years ago, the clinic's floor plan was tight for services like pharmacy, laboratory and immunizations. The Puyallup Community Medical Home leadership decided to move forward with a renovation. "Two years ago, knowing that



JOHN WAYNE LISTON Madigan Public Affairs

we had some unbuilt space, we began the discussion to fix the immunization and lab area ... which then led to a bigger lobby and so on," said Eric Uhl, the clinic's administrative officer.

Currently, enrollment has peaked to almost 9,000 patients which is the highest number since the clinic opened. Before the expansion project, the maximum enrollment capacity was 9,100 and now it is 12,000.

The Puyallup Community Medical Home has added 5,000 square feet to its facility which includes a physical therapy room, two additional windows at the pharmacy, more staff and extended hours of operation. The

clinic is now open weekdays at 8:30 a.m., except for the third Wednesday of the month, when they have a late start (12:45 p.m.), until 6:30 p.m. — it closes Fridays at 5 p.m.

"Being able to accommodate our patients and expand our services is pretty amazing," Uhl said. "We evolved rather than changed; we evolved for our patients."

During the six-and-a-half-month renovation and expansion period, the Puyallup Community Medical Home was able to sustain high patient satisfaction rates and no rescheduled appointments or abbreviated schedules. Throughout construc-

The Bowman family, center, joins Madigan Army Medical Center leaders to cut the ribbon for the expansion to the Puyallup Community Medical Home July 24.

"This is the place that exemplifies what we wanted to happen when we created community based medical homes."

**Col. Michael Place**  
 Commander, Madigan Army Community Medical Center

Medical Command recognized Madigan's Primary Care Service Line, to include the Puyallup Community Medical Home, for five "Best Practice" awards.

"This facility has been recognized repeatedly for the access, quality and services provided," said Col. Michael Place, Madigan commander. "This is the place that exemplifies what we wanted to happen when we created community based medical homes."

The Puyallup Community Medical Home expansion is only the beginning for Army community based medical homes and the ability to provide patients will excellent and convenient care.

"The idea was to provide a community medical home where our patients were and this is a vibrant community that does a lot to support the military community at Joint Base Lewis-McChord," Place said. "We came out here to take another step in our journey for health care delivery for military and their families."

## PUGET SOUND MILITARY HEALTH SYSTEM

# JBLM team wins Army Medicine 3Q Wolf Pack award

BY CARRIE PETERSHAGEN  
*Puget Sound Military Health System*

Army Medicine recently announced one of the 3rd quarter winners of the Wolf Pack award as a 14-member team from Joint Base Lewis-McChord.

The team was recognized for its efforts in launching a program to treat some active-duty sleep apnea patients using an obstructive sleep apnea dental device fitted by military dentists. The program is projected to save more than \$600,000 annually within the Puget Sound Military Health System.

In a message to the field, Lt. Gen. Nadja West, U.S. Army Surgeon General and Army Medical Command commanding general, said this team of active-duty military and civilians "had an immediate positive impact on Soldier readiness."

Obstructive sleep apnea dental devices are effective in treating mild to moderate sleep apnea and snoring, especially in those who cannot tolerate con-

tinuous positive airway pressure therapy. Active-duty patients diagnosed with sleep apnea and undergoing treatment are non-deployable until they demonstrate clinical compliance with a course of treatment.

Colonel John Marley, commander, JBLM Dental Health Activity, said he is honored this group was selected.

"This is extremely important for readiness and keeping our Soldiers deployment ready," Marley said. "There is an added bonus to be able to save significant amounts of money, as well as saving significant additional amounts in the way ahead."

The idea for this program came from Navy Lt. Cmdr. Kirt Nilsson, former director, Clinical Operations, Puget Sound Military Health System. His doctor referred him to a civilian dentist for a dental device to treat sleep apnea. Curiosity led Nilsson to ask if it was possible to offer obstructive sleep apnea devices within the Puget Sound Military Health System. Through research, it was



JOSE RODRIGUEZ Army Medicine

Col. Michael Place, middle, and Col. John Marley, second from right, accept the Army Medicine 3rd Quarter Wolf Pack Award July 28.

discovered the average cost for an obstructive sleep apnea dental device through civilian partners is \$5,000, and often involves a lengthy process to authorize, treat and receive results.

Nilsson presented an internal treatment option to the Puget Sound Military Health System Medicine Consortium — comprised of medical specialists from Madigan and Naval Hospital Bremerton, including sleep medicine specialists.

A work group was formed, comprised of members from medical, pulmonology, dental, managed care and Puget Sound Military Health System, to develop a work flow and identify solutions to various barriers.

"Without the cooperation of the JBLM and Bremerton dental teams, this project would not have been successful," Nilsson said. "This initiative is a perfect example of service lines working together to achieve those objectives."

A finalized work flow to route patient referrals from pulmonary/medical providers to JBLM and Naval Hospital Bremerton dental clinic providers was implemented in September 2016.

"Their efforts and dedication demonstrate how collaboration between the services and across the Puget Sound Military Health System drive excellence in outcomes that better serve our patient population," said Navy Capt. Denise Holdridge, chief operating officer, Puget Sound Military Health System.

The Wolf Pack award recognizes an integrated team of military and civilian members whose accomplishments demonstrate excellence and effective teamwork resulting in significant products or services with the potential for broad impact in support of Army Medicine. Members of JBLM team represent the JBLM Dental Health Activity, Madigan Army Medical Center, Naval Hospital Bremerton and Puget Sound Military Health System.

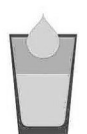


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# Community Ledger

## ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to [nwgeditor@nwguardian.com](mailto:nwgeditor@nwguardian.com). Announcements can be viewed online at [nwguardian.com](http://nwguardian.com). The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



## SNAPSHOT

### Surgical supervision

Instructors evaluate students of a Navy course during a combat surgery exercise in Norfolk, Va., Monday. The course aims to build a mobile unit equipped to set up a functioning medical area with advanced trauma life support capabilities.

PETTY OFFICER 2ND CLASS  
MICHAEL J. LIEBERKNECHT U.S. Navy photo

## LET'S HEAR IT

What do you want to know in 2017? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477-0182.

## SCHEDULED FAMILY DAYS FOR 2017

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days on Joint Base Lewis-McChord.

Friday - Army DONSA  
Monday - Army DONSA  
Sept. 1 - Army DONSA  
Sept. 5 - Air Force Family Day  
Oct. 9 - Army DONSA  
Nov. 13 - Army DONSA

## BACK TO SCHOOL BASH SATURDAY

The Back to School Bash hosted by the Joint Base Lewis-McChord Chaplain Corps and Grace Gospel Service is set to take place Saturday from noon to 3 p.m. at Family and Morale, Welfare and Recreation's Festival Tent on Lewis Main, 2200 Liggett Ave. Join the fun and enjoy food, fellowship, games, free school supplies and free backpacks. For more information and to sign up, call 253-254-2885.

## ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop every Monday from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit [jblmafcscheckappointments.com](http://jblmafcscheckappointments.com).

## HEADS OR TAILS AT BREWHOUSE

Get in on Heads or Tails Tuesdays at Samuel Adams Brewhouse at JBLM. Every Tuesday from 4 to 10 p.m., we flip a coin for your first drink. If you call it correctly, you receive \$1 off your first drink. Sam Adams is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

## JBLM FAMILY HOUSING FIRE SAFETY CLASS

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in. Service member must attend; spouse is welcome and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main.

## JOIN MCCORD FIELD LIBRARY BOOK CLUB

Enjoy discussing books? Join the McChord Library's Novel Navigators. This adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Wednesday to discuss "Wild: From Lost to Found on the Pacific Crest Trail" by Cheryl Strayed. Registration is required; register in person for the group. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For more information, call 253-982-3454.

## BRING BEST FRIEND TO YAPPY HOUR

Celebrate the dog days of summer on Samuel Adams Brewhouse JBLM's patio at "Yappy Hour"

Thursday and Sept. 7 from 6 to 8 p.m. Yes, this really is for the dogs. Bring your dog on a leash for treats, dog-oriented games and prizes. Purchase food and beverages to enjoy along with your best friend. Sam Adams is at 2400 Bitar Ave. and Division at Lewis Main. For more details, call 253-964-2012.

## FREE MOVIES AT THE LIBRARY THIS SUMMER

In need of some family-friendly entertainment this summer? McChord Field Library will be hosting a movie every Thursday afternoon now-Aug. 24 at 4 p.m. Free fresh popcorn will be provided. Movies will change every week, so be sure to stop by McChord Field Library and see what movie will be featured. The library is located at 851 Lincoln Blvd., ground floor on McChord Field. For more information, call 253-982-3454.

## WARRIOR ZONE'S OPEN MIC AND KARAOKE

Celebrate the return of Open Mic Night at the Warrior Zone the first and second Thursday of the month at 6 p.m. Entertain your friends on stage and come back for more. Karaoke Night debuts the first and third Saturdays of the month at 6 p.m. Have fun belting out your favorite tunes with your buddies with host DJ Rae. WZ is open to ages 18 and older only. For more information, call 253-477-5756. The Warrior Zone is on the corner of 17th and D streets at Lewis North.

## FREE OUTDOOR CINEMA FAMILY EVENT

If you like free entertainment, come on out to watch "Moana" on the lawn at the Club at McChord

Field Aug. 11. Set up lawn chairs, blankets and pillows and have fun with Family activities and prizes starting at 6 p.m.; the movie begins at 9 p.m. Popcorn, chips, candy, hot dogs, soda and beer are available for purchase. The movie is at 700 Barnes Blvd.

## WIN PRIZES FOR TRIVIA AT SAM ADAMS

Are you good at trivia? Test your knowledge at Samuel Adams Brewhouse's free Trivia Night Aug. 11 and 25 from 7 to 9 p.m. for fun and prizes. Enjoy happy hour specials from 6 to 8 p.m. while you're here. Sam Adams is located at 2400 Bitar Ave. and Division on Lewis Main. For more information, call 253-964-2012.

## FIND SAVINGS, FUN AT NAC SUMMER SALE

Come on out to the Northwest Adventure Center's End-of-Summer Sale and Block Party Aug. 12 from 9 a.m. to 5:30 p.m. Find savings on all gear, clothing and equipment in the new retail store. From 3 to 10 p.m., enjoy fun, food and friends with DJ music, karaoke, games and inflatables. Also play bingo for ODR prizes at 4 and 7 p.m., and blackout bingo at 9 p.m. with a chance to win a grand prize. The block party is family- and pet-friendly. For more information, call 253-967-6263. The NAC is located at 8050 NCO Beach Road at Lewis North.

## REMEMBERING WWI THROUGH BOOK CLUB

Remember the 100th anniversary of World War I with Joint Base Lewis-McChord libraries' new book club, part of an Army Library initiative commemorating the United States' entry into World War I.

Book discussions take place quarterly at either the Grandstaff or McChord Field libraries. The next book discussion, "Regeneration" by Pat Barker is set to take place at McChord Field Library Aug. 15 at noon. No registration required. A limited number of print copies are available at the libraries, or copies can be downloaded as E-books. For more information, call Grandstaff Library at 253-967-5889 or McChord Field Library at 253-982-3454.

## PLAY BIG SUMMER BINGO AT BREWHOUSE

Samuel Adams Brewhouse is giving away hot prizes to winners for the Big Summer Bingo event Aug. 16 from 7 to 9 p.m. The free event is for ages 21 and older. Sam Adams is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

## BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a Building Managers Fire Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. Bldg. 2014, Fire Station 107 Pendleton, on Lewis Main. The next class is Aug. 16. For more information, call 253-966-7164.

## CUPCAKES AND CANVAS WITH KIDS

The Arts and Crafts Center's wine and canvas events have been so popular that it's time for a special painting event for parents and kiddos. Sign up for the brand-new Cupcakes and Canvas event at Grandstaff Library Aug. 17 from 2 to 4:30 p.m. Adults and kids ages 8 and older can enjoy cupcakes, fruit

punch and chocolate milk while each of you paint a canvas. You'll be shown how to paint step-by-step, so even beginners can have fun and success. The cost is \$18 per person; register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com) under Wine and Canvas. For more information, call 253-982-6726/6718.

## SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the third Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is Aug. 17.

## GET IN ON USED LIBRARY BOOK SALE

Join McChord Library for the first used book sale Aug. 19 from 10 a.m. to 3 p.m. Select from books for adults, kids and teens, as well as DVDs, music CDs and more. Most items will be priced at \$2 or less. Find great titles to add to your home library. McChord Library is on the ground floor at 851 Lincoln Blvd. at McChord Field. For more information, call 253-982-3454.

## JBLM NEWCOMERS' ORIENTATION BRIEF

Joint Base Lewis-McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around the base, all service members, civilians and adult family members are invited to attend the Newcomers' Orientation Aug. 22 at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and

## TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at [jblmunlimited.com](http://jblmunlimited.com) or on Facebook at [facebook.com/jblmunlimited](http://facebook.com/jblmunlimited).

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

**Operation GoodJobs!** Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email [vet-servicesinfo@goodwillwa.org](mailto:vet-servicesinfo@goodwillwa.org) or call 253-573-6789.

**Hawk Job Fair** take place Mondays (except DONSA and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome.

**Career Skills Program Briefings** take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/technology/business brief.

**Brown Bag Mini Job Fair** Wednesdays from 11 a.m. to 1 p.m. in the Hawk Transition Center Lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2.civ@mail.mil and [mitchel.s.watson.civ@mail.mil](mailto:mitchel.s.watson.civ@mail.mil).

**WorkSource Pierce Weekly Meetings** Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. For more information, call 253-593-7300 or email [backtowork@workforce-central.org](mailto:backtowork@workforce-central.org).

**Camo2Commerce** has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level

management roles, ideally staff and senior noncommissioned officers and junior to mid-grade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: [camo2commerce.com/heroes](http://camo2commerce.com/heroes) or email [rob@pacmtn.org](mailto:rob@pacmtn.org).

**What's My Next Move?** Second Monday of the month from 1:45 to 3:15 p.m. at Work Source Pierce. Next meeting is set for Aug. 14. Email [kmyers@esd.wa.gov](mailto:kmyers@esd.wa.gov) or call 253-552-2547.

**Hire GI Sailors to the Workforce Hiring Event** Aug. 15 from 11 a.m. to 1 p.m. at American Lake Conference Center. Hire G.I. is a national career service company specializing in Veteran Career Fairs, with many years of experience in connecting veteran job seekers with industry leading companies that are currently hiring. This is your opportunity to interview face to face with 20+ Industry Leading companies seeking talented, experienced and enthusiastic candidates. Upload your resume to [hiregi.com](http://hiregi.com).

**WorkSource Veterans Service Orientation Briefings** take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton, Wash. Next meeting is Aug. 16. For more information, call 206-205-3500.

**Hire GI Soldiers to the Workforce Hiring Event** Aug. 17 from 11 a.m. to 1 p.m. at American Lake Conference Center. Hire G.I. is a national

career service company specializing in veteran career fairs, with many years of experience in connecting veteran job seekers with industry leading companies that are currently hiring. This is an opportunity to interview face to face with more than 20 industry-leading companies seeking talented, experienced and enthusiastic candidates. Upload resume to [hiregi.com](http://hiregi.com).

**Hiring Our Heroes Corporate Fellowship Program** Aug. 23-Nov. 10. This program is open to eligible active duty service members transitioning out of the military within six months from the start of this program. Also open to all military spouses of active duty service members. Military leaders and spouses need a transition program that can significantly build their civilian network and add civilian work experience to their resume. For more information, contact: Rob Comer at [rcomer@uschamber.com](mailto:rcomer@uschamber.com).

**Spotlight Events and Employer Hiring** Check for employer spotlight events on social media at [facebook.com/jblmunlimited](http://facebook.com/jblmunlimited) for more information. Sign up at [sftap.army.mil](mailto:sftap.army.mil) or with your SFL-TAP Center at 253-967-3258/5599.

## DUWAMISH WATER QUALITY MODELER

Washington State Department of Ecology — Salary: \$65,916 to \$86,508 annually. The Water Quality Program at the Department of Ecology is currently looking to fill a Duwamish water quality modeler environmental engineer 3

position. This position will be located in the Northwest Regional Office in Bellevue. The Duwamish Water Quality Modeler position serves as a registered professional engineer who models pollutant sources, transport, and control in the Duwamish/Green River watershed. This modeling provides the program with the ability to set priorities and predict impacts of pollutant control and cleanup efforts in the Lower Duwamish Waterway. For more information or to apply, visit [tinyurl.com/ya6dlzxr](http://tinyurl.com/ya6dlzxr).

## OCCUPATIONAL NURSE CONSULTANT

WA State Dept of Labor and Industries — Salary: \$6,198 to \$10,157 monthly. The Washington State Department of Labor and Industries has a unique opportunity for an occupational nurse consultant. L&I is a national leader in evidence-based health policy, clinical practice guidelines and research. In line with the department's goal, the occupational nurse consultant will work to ensure safe and effective healthcare is delivered to Washington's injured and ill workers. Within the Office of the Medical Director, the ONC will be responsible for developing quality of surgical care review process, perform case reviews and take a lead role in research projects related to this new initiative. This is a new position with opportunity for you to make significant contribution at the organizational and state level. For more information or to apply, visit [tinyurl.com/yagh5672](http://tinyurl.com/yagh5672).

Airmen is 7:30 a.m. Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit [jblmafcscheckappointments.com](http://jblmafcscheckappointments.com).

## STRENGTHS/NEEDS 2017 ASSESSMENT

Joint Base Lewis-McChord wants to hear from you. Tell us how we can improve community health, wellness, readiness and resiliency by taking the Community Strengths and Themes Assessment online. What is important to our installation? What is the quality of life at JBLM, and how we can improve health, wellness, readiness and resiliency? Service members, family members, Department of Defense employees and retirees alike, please take some time to complete this 36-question survey to address these concerns by visiting: [tinyurl.com/y928d27m](http://tinyurl.com/y928d27m).

## REGISTER YOUTH FOR SKIESUNLIMITED

SKIESUnlimited offers classes in art, theater, boxing, karate and gymnastics during the summer. Pick and choose what days you want to enroll your children. Visit [tinyurl.com/ycbd4pzc](http://tinyurl.com/ycbd4pzc) for costs and dates. Children must be registered with Child and Youth Services. For more information, call 253-966-CYSS, option 4.

## REGISTER YOUTH FOR SUMMER PROGRAMS

Register your Child and Youth Services-enrolled children for summer programming at Cascade School Age Center for grades first through fifth, Lewis North School Age Center for grades kindergarten through fifth and McChord Field School Age Center for grades kindergarten through fifth. Enroll at Parent Central Services. Fees are based on total family income. For more information, call 253-966-2977 or visit [fb.com/jblmcys](http://fb.com/jblmcys).

## REGISTER FOR SUMMER PROGRAMMING

Register your Child and Youth Services-enrolled middle-school children for summer programming at Hillside Teen Center for grades six to eight. Weekly themed programs are offered now-Aug. 21. New outdoor recreation opportunities take your youth's summer fun to the next level and are open to all middle school/teen youth. Program fees are based on total family income. Enroll at Parent Central Services. For more information, call 253-966-2977.

## FREE RIDE TO DUPONT WITH GO TRANSIT

Enjoy a free ride out to the City of DuPont with GO Transit Route 1 weekdays from 7 a.m. to 5:40 p.m. with 20 minute frequencies. Route goes from the City of DuPont to Madigan Army Medical Center. Visit popular DuPont restaurants, run errands, make a connection to Seattle or Tacoma, or access JBLM without driving a car. Common Access Card required to board at the DuPont stop. For more information, call 253-966-3939 or visit [GOLewisMcChord.com](http://GOLewisMcChord.com).

FROM PAGE 1A

## JBLM

Base Lewis-McChord. She also heaped accolades on Lucas.

"Like Colonel Morgan, Colonel Nicole Lucas is a proven leader," McCullough said. "She is ideally suited to lead the JBLM team in supporting the priorities and requirements set by the senior commander and IMCOM. I am fully confident you will lead this garrison with the same professionalism, pride and expertise that you have demonstrated throughout your

career. I know you will continue the work started by Colonel Morgan while bringing new ideas and new vision to ensure the garrison continues to enable the readiness of (service members) working and training at (JBLM) — all while also taking care of families."

Families of both commanders were at the ceremony, including spouses, children, siblings and parents. Lucas' husband is Col. Lang Lucas, who will be assigned to the I Corps staff. The couple has three children: Gabriel, 11; Nathaniel, 10; and Joshua, 7.

Lucas comes to JBLM from

the Pentagon where she served as strategy and readiness division chief at the Joint Staff J4. She has served in a variety of positions since she was commissioned from the United States Military Academy in 1993 as a second lieutenant in the Ordnance Corps. She has deployed to Kosovo twice and to Ramadi, Iraq and Kuwait. Lucas is a graduate of the Ordnance Officer Basic Course, the Combined Logistics Officer Advanced Course, the Combined Arms and Service Staff School, the U.S. Army Command and General Staff College, and she graduated from the Eisenhower

School, National Defense University.

Morgan's ability to bring together the many communities surrounding JBLM and the Yakima Training Center, as well as his work to enhance joint-basing during his two years at JBLM was evident through speeches at the event and also through the wide variety of people attending the ceremony. Many community leaders and regional law enforcement members attended, including mayors of DuPont, Steilacoom, Lacey and Yelm, and representatives of the local Nisqually and Mason County's Squaxin

Island American Indian tribes.

Morgan's next assignment is as the Army Chief of Staff's senior military fellow to the Council on Foreign Relations in New York. Morgan expressed gratitude, to his wife and family, as well as Lt. Gen. Gary Volesky, I Corps commanding general, and retired Lt. Gen. Stephen Lanza, former I Corps commanding general, for their leadership and teamwork while he was at JBLM.

"I am very, very lucky to have served here," Morgan said. And, to Lucas, he said, "This will be the most rewarding leadership position you will ever have."

FROM PAGE 1A

## MEDAL

were shot down, Trump related during the ceremony. One Soldier was badly wounded in the middle of an open field.

"Jim did not hesitate," the president said. "He blazed through 100 meters of enemy fire to carry the Soldier to safety."

After tending to that Soldier, McCloughan joined a mission to advance toward the enemy, Trump said. But before long, they were ambushed. Again, he ran into danger to rescue his wounded men.

As he cared for two Soldiers, shrapnel from an enemy rocket-propelled grenade hit McCloughan.

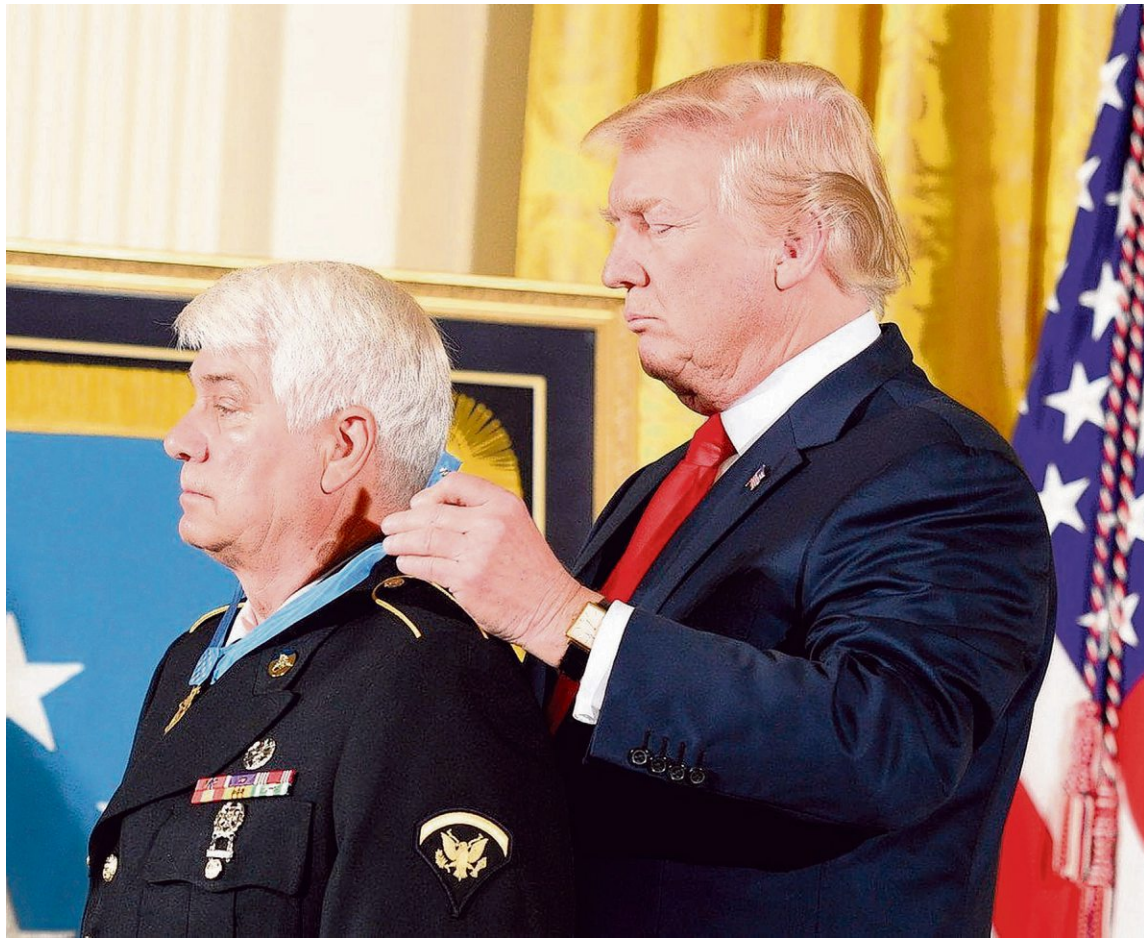
"(The shrapnel) slashed open the back of Jim's body from head to foot," the president said. "Yet, that terrible wound didn't stop Jim from pulling those two men to safety, nor did it stop him from answering the plea of another wounded comrade and carrying him to safety atop his own badly injured body. And so it went, shot after shot, blast upon blast."

### PLEAS FOR HELP

That evening, Soldiers went into their defensive position, but one didn't make it back, and McCloughan could not ignore his pleas for help, the president said.

Again, "Doc," as his fellow Soldiers called him, did not hesitate, Trump said.

"He crawled through a rice paddy thick with ... bullets all over the place," Trump said. "And as Soldiers watched him, they were sure that was the last



EBONI EVERSON-MYART U.S. Army Photo

President Donald Trump, right, presents the Medal of Honor to former Army Spc. 5 James McCloughan at the White House in Washington, D.C., Monday.

time they would see Doc."

But after several minutes, McCloughan emerged from the smoke and fire, carrying yet another Soldier, the president said.

As McCloughan was carrying the wounded to be medevac'd, his lieutenant ordered him to get in, too. But McCloughan refused, saying "You're going to need me here. I'd rather die on the battlefield than know that men died because they did not

have a medic."

Over the next 48 hours without food, water or rest, McCloughan fired at enemy soldiers, suffered a bullet wound to his arm and continued to race into gunfire to save more and more lives, the president said.

In those 48 hours, McCloughan rescued 10 American Soldiers and tended to countless others, Trump said, adding that out of 89 Soldiers in the company, only 32 were left.

### PROMISE TO GOD

On the second day of that bloody fight, McCloughan found a Soldier who had been badly shot in the stomach, Trump said. He knew the Soldier wouldn't make it if he flung him on his back in a fireman's carry, so he lifted him up and carried him in his arms. As McCloughan was carrying the Soldier, a thought flashed through his mind, the president said:

"Although Jim had always

**"I'd rather die on the battlefield than know that men died because they did not have a medic."**

**Army Spc. 5 James McCloughan,** to his lieutenant when he refused an order to leave the battlefield

been close to his father, he realized that it was not since he'd been a young boy that he had told his dad those three simple, yet beautiful words: 'I love you.'"

In that moment Jim offered up a prayer.

"If you get me out of this hell on earth so I can tell my dad I love him, then I'll be the best coach and father you ever asked for," the president said.

He made it out, wounded, but alive. And, the first thing he did when he arrived back on American soil, was to say "I love you dad. I love you." And he continued to tell his dad that for the next 22 years until his father passed away.

"Today, I venture to say, his dad is the proudest father in heaven," Trump said. "Jim fought with all the love and courage in his soul. He was prepared to lay down his life so that his brothers in arms could live theirs."

McCloughan was joined at the White House ceremony by members of his family, eight other Medal of Honor recipients, and 10 Soldiers who served with him during that epic battle, five of whom McCloughan personally saved.

FROM PAGE 1A

## WALL

Washington, D.C.

The American Veterans Traveling Tribute Vietnam Memorial made a four-day visit to DuPont, with an opening ceremony July 27 and a closing event Sunday. More than 1,800 people visited the park on the first two days, according to Gunner Sgt. Thomas Stewart, Marine Corps Headquarters, the Pentagon.

The traveling wall visit to DuPont was hosted by the Marine Corps. The same wall has visited several cities in the state of Washington in the past, including Seattle two years ago as part of Marine Week. This was its first visit to DuPont.

The DuPont location was selected because of the high density of veterans and military in the area, Stewart said.

"Bringing the wall here is a way to say thanks and honor those who served, as well as the families of those who are named on the wall," he said. "Being part of this is a humbling and great experience; the turnout has been great."

The traveling wall is an 80-percent replica of the Washing-



SCOTT HANSEN Northwest Guardian

Former marine Art Leinenweaver, of Puyallup, left, pays tribute to fallen comrades at The American Veterans Traveling Tribute Vietnam Memorial in DuPont July 28.

ton, D.C., Vietnam Memorial Wall and is created in anodized aluminum. The Washington, D.C., wall is made of granite and said to be the most visited memorial in the Washington, D.C., area. The actual wall is set into the ground at varying heights and takes up a 2-acre site.

The traveling wall also has a range of heights, and, according to many who visited, was as impacting as the national site.

Art Leinenweaver, 68, of Puyallup served as a Marine in

Vietnam for 13 months. Leinenweaver had tears in his eyes as he gazed at names of his fellow service members who didn't make it home all those years ago.

"I've been to D.C. and saw (the names of) many of my friends that I was with on the wall," he said as he wiped away an errant tear. "I've seen more of them today; it's still hard. But, bringing them here, when you see one (name) on the wall, you're bringing

them back home."

Leinenweaver's wife, Patricia walked with him at the wall. The couple has been together since she was 16 and he was 18, about a year before he went to Vietnam.

"It worried me every day, I prayed for him, but it was terrifying," she said of the time her husband was in Vietnam. "All I wanted was for him to be safe."

When he did return, Patricia said it was heartbreaking when he didn't receive a hero's welcome.

"Nobody was there to welcome him, in fact some of the people spit on him," she said. Leinenweaver said there was "not a lot of thanks, but it's getting better."

Leinenweaver made a new friend Friday. He and fellow Vietnam Marine veteran Bob Barto, 72, of DuPont, hugged as they stood beside the wall.

"We've not met before, but we know each other — we're brothers," Barto said.

Barto said having the wall in his hometown was important for himself as well as for many families of Vietnam veterans.

"When you see a name on that wall, it's not just about them, it's about their wife, husband, mother, father, brother,

sister and kids," he said.

Barto said he recognizes many of the names on the wall, including a childhood friend, Gary Holz.

"He was a friend from first grade," Barto said as his somber face momentarily lightened with a smile as he remembered. "I graduated with him. He dated my wife before I stole her."

Although Staff Sgt. Marshall Thompkins, 1st Battalion, 94th Field Artillery Regiment, 17th Field Artillery Brigade, doesn't know of any family members who served in Vietnam, Thompkins spent some time kneeling on the grass and using a pencil and paper to rub a few names from the wall.

"I'm going to take these Thompkins names to ask my family if we're related," he said.

Thompkins grew up in the San Francisco Bay area and has been at Joint Base Lewis-McChord for about one year. He and several others from his battalion visited the site as part of a weekly team-building activity.

"I went to D.C. (previously) but didn't get a chance to visit the Vietnam Memorial there; it's something I've always wanted to see," he said. "The wall means a lot to me and I'm really glad I came."

FROM PAGE 1A

## AIR

competition that last took place in 2011.

"Whereas Rodeo incentivized units to take their best performers from across the Air Force Specialty Code spectrum — operators, maintainers, medical and support Airmen — and give them extra "top-off" training to prepare for the competition, Mobility Guardian participants will, by design, be the 'average' Airman, who will be tested to employ his or her skills to accomplish the mission laid out in the exercise scenario," DeYoung said.

The exercise training scenario features joint, forcible entry and

airfield seizure and a joint mission between Air Force airdrop crews and Army Airborne units which will take place at locations across Washington state. It will also incorporate contingency response and humanitarian relief operations to include aeromedical evacuation efforts.

"Exercise (Mobility Guardian) gives AMC an excellent venue to evaluate how well our training has prepared members to date, while simultaneously providing a training opportunity to improve our ability to plan, command and control, communicate and execute the mission," DeYoung said. "Mobility Guardian will more than quadruple the number of missions flown in typical past Rodeos, increasing both the quantity and quality of training."



STAFF SGT. JAEL LABORN U.S. Air Force Photo

The 86th Aerial Port Squadron assists the Belgium's 15th Air Transport Wing 20th Squadron during their arrival for Mobility Guardian July 28.

More than 3,000 participants from U.S. Air Force, Air Force Reserve, Air National Guard,

joint and international partners will participate in the most realistic mobility training in a dy-

namic environment focusing on all four AMC core competencies:

- airlift,
- air refueling,
- aeromedical evacuation,
- air mobility support.

"Exercises like these offer an opportunity to learn and evolve as a force," DeYoung said. "With mission readiness as the ultimate training objective, (Mobility Guardian) was designed to sharpen Airmen's skills in support of combatant commander requirements."

Unmatched rapid global mobility exists because of the ready and resilient Airmen who execute the mission day in and day out. Training exercises such as Mobility Guardian are critically important to ensuring the readiness of Airmen today and tomorrow."

# Sports

2017 DEFENSE DEPARTMENT WARRIOR GAMES

## Teammates bonded through service, fate

### Airmen's career paths crossed 'when we needed them to most'

BY STAFF SGT. CHIP PONS  
*Air Education and Training  
Command Public Affairs*

CHICAGO — Two master sergeants competing in 2017 Defense Department Warrior Games in Chicago seemed to have been guided by fate, leading them toward a chance to serve as teammates and represent the Air Force at this year's games.

Both grew up in Texas, roughly 1-mile separated Master Sergeants Linn Knight and Kenneth

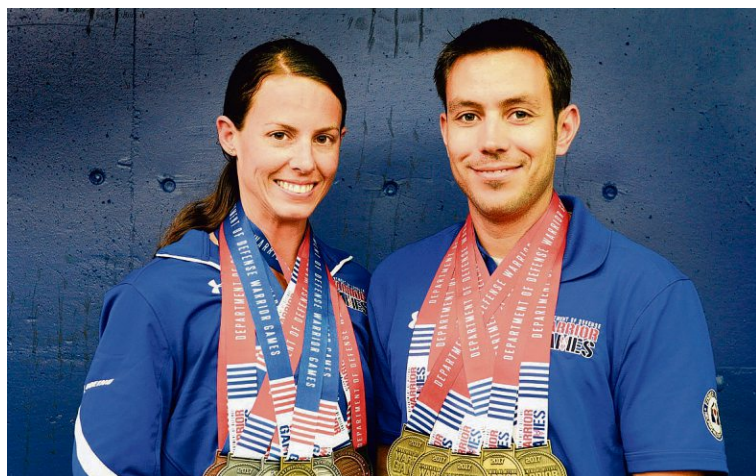
Guinn, both explosive ordnance disposal troops currently stationed at Tyndall Air Force Base, Fla.

The pair, who would not officially meet until 2010, joined the Air Force in 2004 — a month apart. After attending separate technical training courses, Knight, a former lab technician who later cross-trained into the EOD career field in 2009, and Guinn both received orders to Joint Base San Antonio-Lackland, Texas, as

their first duty station.

Today, their friendship and wingmanship is obvious, but their story of these chance coincidences collided in 2010 when the two deployed as part of a team supporting the Marine Corps in Afghanistan. Still strangers to one another at that time, Knight and Guinn experienced a moment most Americans can only understand by watching a Hollywood production.

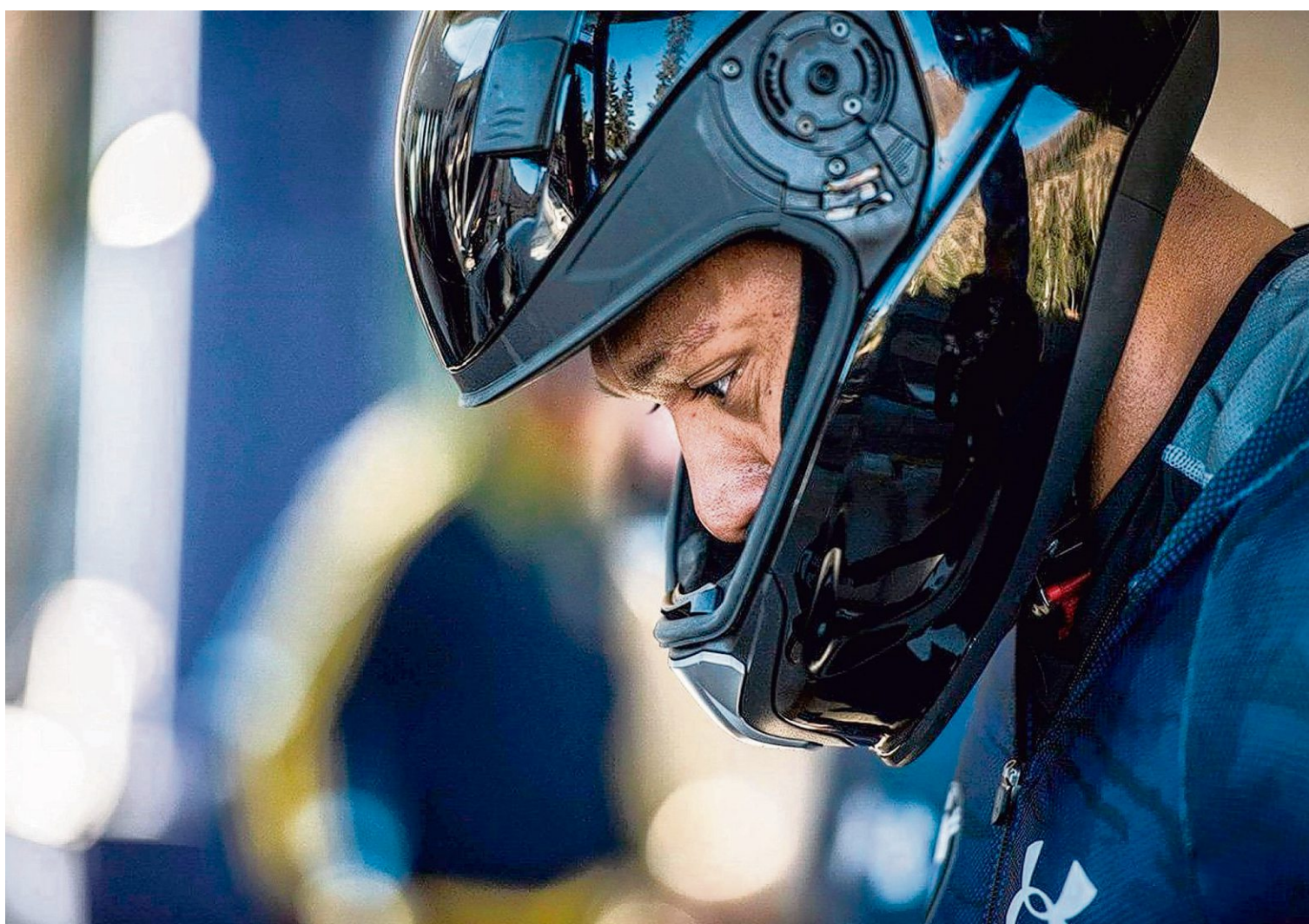
Knight and Guinn found themselves targets of a command detonated improvised explosive device while traveling



Master Sergeants Linn Knight, left, and Kenneth Guinn pose with their official Warrior Games medals in Chicago July 8.

SEE AIRMEN, 2B

## COMPREHENSIVE AIRMAN FITNESS



U.S.A. Bobsled Skeleton Federation / 2016

U.S. Air Force Capt. David Simon, a former track and field athlete, takes a moment to focus during tryouts for the U.S. National Bobsled Team in Park City, Utah, in 2016. His bid for that team ended with an injury.

## AIRMAN ON NEW PATH TO U.S. OLYMPIC TEAM

### Former sprinter seeks spot on bobsled team

BY CAROLE CHILES FULLER  
*21st Space Wing/Air Force  
Civil Engineer Center*

JOINT BASE SAN ANTONIO-LACKLAND, Texas — Air Force Capt. David Simon, an elite bobsled athlete, is a stellar example of resiliency and upholding the four pillars of Comprehensive Airman Fitness: mental, physical, social and spiritual.

Simon's path to sliding down an icy track, which he describes as being stuffed in a trash can and being kicked down a hill, was the result of failing to qualify for a U.S. Air Forces in Europe and Air Forces Africa track and field event in 2015. He turned that experience into an opportunity to try a new sport.

"I was trying to become a better sprinter at my size," said Simon, a crew commander with the 16th Space Control Squadron at



U.S. Air Force Capt. David Simon is second behind the driver as the sled speeds down the icy track during the U.S. National Push Championships in Park City, Utah, in November 2016.

SEE BOBSLED, 2B

## ON THE SCHEDULE

### SPORTING CLAYS SHOOTING COMPETITION SCHEDULED

**Outdoor:** The next monthly Sporting Clays shooting competition is Saturday at 10:30 a.m. at the Joint Base Lewis-McChord Skeet and Trap Range on Lewis Main. Competition includes 100 targets across 10 different stations. Commonly nicknamed "golf with shotguns." Registration opens at 9 a.m. and is \$35 per participant. For more information, call 253-967-7056.

### FAMILY GOLF SPECIALS OFFERED AT JBLM COURSES

**Golf:** Eagles Pride and Whispering Firs golf courses have a family golf special for weekends after 2 p.m. A family of four can play nine holes for \$30. Deal includes carts, rental clubs, range balls and a hot dog and soda. Offer valid for families with children ages 15 and younger. Offer valid until Jan. 31, 2018. For more information, call the Eagles Pride pro shop at 253-967-6522 or the Whispering Firs pro shop at 253-982-2124.

### REGISTRATION OPEN FOR YOUTH, BUMBLEBEE SOCCER

**Youth:** Joint Base Lewis-McChord Child and Youth Services' sports program is offering youth recreational soccer leagues to teach fundamentals in a fun atmosphere. Youth soccer for ages 5 to 15 is \$55. Bumblebee soccer classes for ages 3 and 4 is \$25. Monday is the final day to register. Youth must be registered in CYV to enroll in sports. For more information, visit [jblmmwr.com/cys](http://jblmmwr.com/cys) or call 253-967-2405.

### MEETING FOR PAINTBALL TOURNAMENT AUG. 12

**Intramural:** The Joint Base Lewis-McChord Intramural Sports Office will host a representative meeting prior to the Aug. 12 JBLM Commander's Cup Paintball Tournament at the Nelson Recreation Center Wednesday at 6 p.m. Cost is \$75 per team; open to all active-duty service members stationed at JBLM. For more information, visit [jblmmwr.com/intramural](http://jblmmwr.com/intramural) or call 253-967-4768.

### OPEN LEAGUE SOFTBALL PLAY WILL BEGIN AUG. 26

**Intramural:** Registration is open for the Open League Softball season starting Aug. 26. Sign-up meeting is Aug. 16 at 6 p.m. at Nelson Recreation Center. Fee for each team is \$250. Players without teams are encouraged to attend meeting for team placement. Open to all JBLM community ID cardholders, ages 18 and older. For more information, visit [jblmmwr.com/intramural](http://jblmmwr.com/intramural) or call 253-967-4768.

## MILITARY DAY

## Tampa Bay Buccaneers honor Citizen Airmen at training camp

BY TECH. SGT. PETER DEAN  
*927th Air Refueling Wing*

MACDILL AIR FORCE BASE, Fla. — The season's first pads-on day at the Tampa Bay Buccaneers Training Camp was no ordinary day at One Buc Place in Tampa, Fla., Monday.

Instead of the bleachers filled with traditional fans, Airmen from the 927th Air Refueling Wing along with other military members from MacDill Air Force Base, Fla., showed up in force to cheer on their home-

town team, the Tampa Bay Buccaneers.

"Military day is special; it's awesome to have service men and women out here. Players love it," said Dirk Koetter, Tampa Bay Buccaneers head coach. "It's an important day — one we look forward to. We appreciate what you do. Our level of respect for our troops is through the roof."

The event, which was open to all service members, veterans and their families, is part of

Military Day, an annual event the Buccaneers host to highlight and honor Tampa's military community. Visitors had the opportunity to watch practice plays, meet players and interact with various exhibits.

One of those players trying to make the team is Sefo Liufau, an undrafted free agent quarterback from the University of Colorado, who grew up on Joint Base Lewis-McChord.



TECH. SGT. PETER DEAN U.S. Air Force Photo

Airmen from the 927th Air Refueling Wing at MacDill Air Force Base, Fla., were invited to attend the Tampa Bay Buccaneers Training Camp Monday.

SEE HONOR, 2B

FROM PAGE 1B

## AIRMEN

in two separate convoys, each within an hour of each other, separated by approximately 1 kilometer.

“Most of what I remember is sitting there as the team leader and feeling the pain in my ears from the blast pressure,” Guinn said. “As the dust settled, the taste was more memorable than the smell. A metallic, charred taste filled my mouth, and all I kept thinking was ‘this is only my first week here.’”

As the driver of a different vehicle several streets over, Knight recalls the blast best by the memory of her hands being forced off the steering wheel in slow motion.

“I remember looking out at empty streets, which is never a good sign. Then, I remember time slowing following the explosion and my helmet getting slammed into the ceiling of the vehicle overhead light,” she said.

Both members were placed on a casualty report due to traumatic brain injuries, officially enrolling them in the Air Force Wounded Warrior program — on the same day.

“The TBI greatly altered my memory,” Knight explained. “My short-term recall is nearly nonexistent. I can tell you what I wore for my birthday when I turned four, but I couldn’t even begin to tell you what I had for dinner last night.”

Despite the program making multiple attempts, Guinn and Knight initially dismissed AFW2’s invitations.

“I felt that there were so many other people out there who genuinely needed the programs help — people who were physically or seriously wounded,” Guinn said. “Why should I take up a slot and take away someone else’s help?”

“That fear-based perception is only amplified as a woman ... I didn’t want to be perceived as a weak woman,” she said. “We are (in) a very male-dominant career field. As a woman, whether you like it or not, people will notice you in both good and bad scenarios. In our career field, once a weakness is perceived, it’s usually over, and I didn’t want to be that person. I was willing to suffer in silence in order to put (the) mission first.”

“Instead, I developed unhealthy ways of coping,” she said. “I drank too much, overworked myself and instead of dealing with my issues, I ignored them. That just seemed easier.”

Each of them was suffering in silence, afraid to seek the help they needed in fear of losing their clearances and future deployments. Unfortunately, both Guinn and Knight were provided with what they claimed were sub-standard experiences with medical staff that only set them further back on their road to recovery.

After several negative experiences, Guinn lucked into a slightly different medical approach while deployed to Dhafra Air Base in the United Arab Emirates in 2013.

“I was introduced to a more holistic-based therapy: guided imagery, diaphragmatic breathing and yoga,” Guinn said. “The captain I was working with at the time told me she thought she could help me, despite my

previous medical care perceptions, and I gave it a chance. While I was initially skeptical, the therapy worked almost instantly, and I felt peace for the first time in years.”

While Guinn was finally taking small, positive steps toward his own journey toward recovery, Knight was experiencing a defining chapter in her life while stationed overseas in South Korea.

“My avoidance of my original post-traumatic stress disorder and TBI turned to distraction,” Knight said. “During an unintentional self-exam, I felt a mass underneath my right breast; anything else was completely overshadowed.”

It took persistence to get Knight’s initial concerns addressed seriously by local providers.

“I had to beg my medical team to be sent in for a biopsy,” Knight said. “I knew I wasn’t fine, but the providers just kept telling me that I was too young to have cancer. As it turned out, I did.”

After chemotherapy, radiation and several operations to overcome her battle with cancer, Knight felt it was time to give AFW2 a chance.

“When I went to my first camps, I told myself (and others) I was there because I had struggled with breast cancer,” Knight said. “But because I had cancer, I was afforded the chance to revisit the program and finally take care of some of those old demons buried within myself. All of the care I received from the program was helping me deal more productively, and in a more healthy way with some of the issues I faced earlier

.....

**“Most of what I remember is sitting there as the team leader and feeling the pain in my ears from the blast pressure. As the dust settled, the taste was more memorable than the smell. A metallic, charred taste filled my mouth, and all I kept thinking was ‘this is only my first week here.’”**

.....

**Master Sgt. Kenneth Guinn** on surviving an IED blast in Afghanistan

.....

in my career.”

Knight was approached by a local public affairs team and asked to share her story in a video that was eventually shared across Air Force social media channels. Having lost touch with her since their deployment, that video made its way to Guinn who was alarmed to find yet another similarity between them — several small masses under the right side of his chest.

“I reached out to her for the first time in years, and we talked at length about her struggles, and I shared what I had discovered in myself,” Guinn said. “At her urging, I had an ultrasound and was told that the chances it was cancer were slim, but when I got the call to come in the next day for immediate surgery, I was still nervous.”

Guinn found out that the lump he felt was benign, leading him

to the point in his life where he too felt he was ready to give the AFW2 program another shot.

More parallels for Guinn and Knight came after both received orders to Tyndall.

Knight, who had been previously selected as a part of the Warrior Games team in 2015, recommended Guinn for a spot.

“After a severe knee injury followed by two reconstructive surgeries in 2012, I was told by my orthopedic surgeon that there was a significant possibility I would never run again,” Guinn said. “Walking away from the (Air Force) trials after earning gold in each of my events was a huge accomplishment for me. While I was still in pain and not fully back to my old self, I had finally found an outlet to use as a starting point — adaptive sports.”

Having a profound belief that being a part of AFW2 significantly changed their lives, the pair learned that their invisible wounds wouldn’t hinder their careers, but instead, allow them to become part of a family that understands what they are going through, and has provided them with tools to get back to their normal.

“In theory, Kenny and I should have met years ago,” Knight said. “But it seems that our paths crossed when we needed them to most. We shared the belief that we could handle what we had faced on our own, and when we couldn’t, our AFW2 family showed us that it was OK. Sometimes, meeting the right person or finding the right program can completely change your circumstances — and AFW2 changed everything for us.”



TECH SGT. PETER DEAN U.S. Air Force Photo

Members of the 927th Air Refueling Wing participate in the annual Military Day observance at Tampa Bay Buccaneers Training Camp at One Buc Place in Tampa, Fla., Monday.

FROM PAGE 1B

## HONOR

Even though Tropical Storm Emily made landfall in the Tampa area just prior to the start of the training camp, it didn’t dampen the spirits of attendees.

First time attendee, Airman 1st Class John Quinn, 927th Aircraft Maintenance Squadron, crew chief was not only impressed with the talent of the

Buccaneers but also the dedication of the local military fan base.

“This is incredible,” Quinn said. “I see this on TV all the time. I’m a huge Bucs fan, and it’s nice to come out here and experience this firsthand. These are professional players giving back to the military, and I appreciate it a lot more than they realize.”

After practice, the players and coaches visited with the military members and their families in the stands, signing autographs

and extending their appreciation.

“I have such a deep and rich history in the military through my family, so when I talk to the men and women I understand what they go through, their mind and thought process, and we can just have a down to earth conversation about life,” said Clinton McDonald, Tampa Bay Buccaneers’ defensive tackle. “It’s great to have the men and women here on our practice fields competing.”



Airmen watched the first pads-on day at the Tampa Bay Buccaneers Training Camp Monday.

FROM PAGE 1B

## BOBSLED

Peterson Air Force Base, Colo. “Typically, you’re not going to see a lot of guys (who weigh) 200-plus pounds sprinting.

“I was trying to find better and smarter ways to train. Bobsled came up, and I looked at the details. They had a combine (a test that includes sprints, broad jumps and tosses with a 16-pound shot), and pretty much everything took off from there.”

Last fall, as an Air Force World Class Athlete Program

member, Simon tried for a spot on the USA Bobsled team. Unfortunately, an injury led to his release from the program.

However, he bounced back and, with faith and resiliency, is fired up to try again, aiming for the 2018 Winter Olympic Games in Pyeongchang, South Korea. Simon appreciates the honor of representing Air Force Sports, as part of the Air Force Services Activity.

“Just to know that you are representing the Air Force in ... a program that still today provides me with a tremendous amount of support fuels me,” he said. “To represent all Airmen, past, present and future, deployed

and in garrison, and to those who paid the ultimate sacrifice, motivates me to continue to train hard and compete at such a high level.”

The U.S. Bobsled and Skeleton National Teams are reset before every season, and athletes compete for spots every fall. Simon aims to be among them during the summer combine events.

“To make the Olympics and represent God, country and the Air Force would be such an honor and privilege,” Simon said. “To make the games next year (in South Korea) would also have another special meaning to me as I am half-Korean and

half-African-American — a product of the U.S. military.

Competition for the team is tough.

“A lot of these guys I compete with are great athletes,” he said.

But most of them don’t have the Air Force advantage. Army Sgt. Shauna Rohbock, a USA Bobsled Skeleton coach and member of the Army’s World Class Athlete Program for 17 years, said Simon is an exceptional team member.

“Captain Simon, being in the military, holds himself to a higher standard,” she said. “He’s more mature than most of the other athletes. He’s always going to be doing the right thing

and making the right choices.”

Being an Airman helps Simon overcome adversity, and being an athlete helps him be a better Airman.

“On duty or off duty, you’re going to have bumps in the road, and it’s how you respond to those bumps that make you a champion,” Simon said. “With sports, you’re going to get hurt or maybe things don’t go your way or you don’t win this competition. It’s not so much the results; it’s how you react. Are you going to train harder? Are you going to work harder to get to your goals? That’s how athleticism can lead to being a better Airman.”

NORTHWEST ADVENTURE CENTER



# END-OF-SUMMER SALE

## Block Party

**SATURDAY, AUG. 12**

EOS Sale: 9 a.m. – 5:30 p.m.

Block Party: 3 – 10 p.m.

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Ages 8 & older  
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Sign up through WebTrac or call 253-982-6726/6718.

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**Saturday, Aug. 19**  
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--	--

League Tournament: October 7

Players without teams encouraged to attend coaches meeting for team placement.  
Open to JBLM Community ID cardholder ages 18 +

For more information, visit [JBLMmwr.com/intramural](http://JBLMmwr.com/intramural) or contact the Intramural Sports Office at 253-967-4768.

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Months	McChord Field	Lewis Main
July	15 <sup>th</sup>	22 <sup>nd</sup>
August	19 <sup>th</sup>	26 <sup>th</sup>
September	9 <sup>th</sup>	23 <sup>rd</sup>
October	14 <sup>th</sup>	21 <sup>st</sup>
November	11 <sup>th</sup>	18 <sup>th</sup>

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- Lewis North School Age Center 8584 American Lake Ave., grades K-5 (253-966-7166)
- McChord School Age Center 3032 Dogwood St., grades K-5 (253-982-2203)

Parent Central is located at 2295 S. 12th St. at Lewis Main and 560 Lincoln Blvd. at McChord Field. Fees based on total Family income.

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JBLM Child & Youth Services | 253-966-2977

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THURSDAYS**

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APPLIANCES- Largest Selection Of Washers - Dryers - Ranges- Refrigerators- Freezers. Terms & Delivery Available. Recycling Appliances in Pierce Co. Since 1982\* TV Time - 581-3406. 8814 Bridgeport Way- Home of the 1-yr Warranty

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**Announcements**

**Misc. Announcements**  
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**Financial**  
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JBLM  
NORTHWEST

# guardian weekend

SECTION C

**ALSO INSIDE:**

For more fun things to do,  
see the JBLM calendar. 2C



COVER STORY

## CELEBRATING ART, CULTURE

The magic of the Washington  
Midsummer Renaissance Faire, 3C

## FOR THE WEEK OF AUG. 4-10

4

**STRIKE ZONE AT SOUNDERS LANES**

11 a.m. to 8 p.m.  
Chicken-fried steak for \$8.25.

**McCHORD PUB** 4 to 9 p.m. Drop in to relax after work. Enjoy programs on four overhead TVs, and challenge your friends to a game of darts or poker.

5

**SOUNDERS LANES**

Noon to 9 p.m. Cosmic Blacklight Bowling from 7 to 9 p.m. Two hours plus shoe rental for \$12 per person.

**SOUNDERS LANES AND BOWL ARENA LANES** Kids bowl free. Register to get your bowling passes at KidsBowlFree.com/JBLM.

6

**WHISPERING FIRS HABAÑERO MEXICAN GRILL**

7 to 10:30 a.m. breakfast and 11 a.m. to 2 p.m. lunch. Order a hearty breakfast burrito or traditional breakfast.

**WARRIOR ZONE DINING** 10 a.m. to 11 p.m. Taste our flatbread pizzas, grilled sandwiches and more. Ages 18 and older only.

7

**McCHORD GRILL**

11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, pasta, grilled burgers and sandwiches with fries.

**STRIKE ZONE CAFÉ AT BOWL ARENA LANES** 11 a.m. to 10:30 p.m. Soup and sandwich daily specials.

**BATTLE BEAN AT McCHORD FIELD** 7 to 11 a.m. Located inside Building 100 in the customer service mall. Order breakfast: made-to-order coffee, breakfast burritos, muffins, pastries and more.

8

**SAMUEL ADAMS BREWHOUSE** 4 to 10 p.m. Guess correctly on a coin toss and get \$1 off your first drink.

**STRIKE ZONE AT SOUNDERS LANES** 11 a.m. to 6 p.m. Chicken club sandwich for \$8.25.

**WHISPERING FIRS HABAÑERO MEXICAN GRILL** Watching your weight? Order lunch wraps with chicken Caesar, ham or turkey jalapeño club fillings, light-size burritos and quesadillas.

9

**STRIKE ZONE AT BOWL ARENA LANES** 4:30 to 7 p.m. All-you-can-eat pizza and bowling. Reserve your lane beforehand by calling 253-967-4661.

**STRIKE ZONE AT SOUNDERS LANES** 11 a.m. to 6 p.m. Mushroom cheeseburger for \$8.25.

**BATTLE BEAN AT STONE EDUCATION CENTER** 7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries.

10

**WARRIOR ZONE**

10 a.m. to 11 p.m. Take the stage at Open Mic and Karaoke Night at 6 p.m. and purchase patio meal specials.

**SAMUEL ADAMS BREWHOUSE** 6 to 8 p.m. "Yappy Hour" Dogs and their people can enjoy dog-oriented games and treats on the patio.

**STRIKE ZONE AT SOUNDERS LANES** 11 a.m. to 6 p.m. Patty melt for \$8.25.

**JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY**

Battle Bean at AFC Arena	253-964-8837
Bowl Arena Strike Zone	253-967-4661
Caddy Shack Bar & Grill	253-964-2792
Cascade Community Center/ Heroes Lounge	253-964-0331
Globemaster Grill at McChord Club	253-982-5581
McChord Catering	253-982-8175
The Bistro at Russell Landing	253-964-2813
The Warrior Zone (Lewis North)	253-477-5833
Whispering Firs Habanero Mexican Grill	253-982-3271
To see menus, visit JBLMmwr.com.	

## AT THE MOVIES

Carey Theater  
on Lewis Main**Baby Driver (R)**

Friday at 7 p.m.

**Despicable Me 3 (PG)**

Saturday at 1 p.m.

**Despicable Me 3 (PG)**

Saturday at 7 p.m.

**Despicable Me 3 (PG)**

Sunday at 1 p.m.

**Baby Driver (R)**

Sunday at 7 p.m.

## MOVIE TIMES

For movie times, contact your local theater:

**Tacoma Area****Blue Mouse Theatre:** 253-752-9500**Grand Cinema:** 253-593-4474**Lakewood Towne Center Cinemas:**

Not available by phone, online fandango.com

**Regal Lakewood Stadium 15:** 844-462-7342, 411#

**Century Point Ruston and XD:** Not available by phone, online cinemark.com

**Puyallup****Longston Place:** 253-770-9901**South Hill Mall Six:** 253-445-8801**Bonney Lake****Regal Tall Firs 10:** 253-891-5445**Gig Harbor****Galaxy Uptown Theatre:** 253-857-7469**Port Orchard****Regal South Sound 10:** 360-871-2294**Eatonville****Roxy Theatre:** 360-832-7699**South King County****Century Federal Way 16:** 253-946-0942

**Federal Way Gateway 8:** Not available by phone, online fandango.com

**Auburn Stadium 17:** 253-735-6721**Yelm****Yelm Cinemas:** 360-400-3456**Olympia/Lacey****Martin Village Stadium 16:** 360-455-5003**Century Olympia:** 360-943-0769

TriStar Pictures

Ansel Elgort, left, portrays a talented getaway driver with co-star Jamie Foxx in the new TriStar Pictures release, "Baby Driver."



Courtesy photo

Traditional jousting is always a popular event during the annual Washington Midsummer Renaissance Faire in Bonney Lake, set for Aug. 5-6, Aug. 12-13 and Aug. 19-20.

## WASHINGTON MIDSUMMER RENAISSANCE FAIRE

# A feast for the senses

BY RUTH KINGSLAND  
*Northwest Guardian*

**T**ime to drag out your Elizabethan, fairy or pirate costume and get ready to feast on juicy turkey legs, tart pickles and filling meat pies.

The Washington Midsummer Renaissance Faire opens this weekend and stays the next three weekends at the Kelley Farm's Village of Merriwick in Bonney Lake, Wash. The event offers fun, fantasy and faire fare for fairgoers of all ages.

Each weekend has a different theme: Saturday and Sunday is A Midsummer Night's Fantasy, celebrating all things magical and fantastical; Aug. 12 to 13, Festival of Fairies, entering the

SEE FAIRE, 8C



Pirates and Plunder is the theme for the Washington Midsummer Renaissance Faire during the weekend of Aug. 19-20 in Bonney Lake.

## AUGUST 5

CHOOSE BETWEEN  
BUNGEE AND ZIP LINE

For those who crave adrenaline, this trip will not disappoint. Head to the base of Mount St. Helens to bungee jump off the highest bungee bridge in the United States. Zip line over the canyon for an adventure in the tree on seven different zip lines. Bungee jumpers get two jumps and a T-shirt.

Minimum weight: 90 pounds. Ages 17 and younger must be accompanied by an adult. Meet at the Northwest Adventure Center at 9 a.m. Preregistration required. **\$135.**

CLIMBING IN THE  
CENTRAL CASCADES

Join us for a day of climbing right in JBLM's backyard. Exit 38 is one of the most popular destinations in Washington state, right off of Highway 90 in the Central Cascades. Enjoy a variety of sport climbing routes from a view on top of the valley. All gear is provided. Preregistration required. Minimum age: 16. Ages 17 and younger must be accompanied by an adult. Meet at the Northwest Adventure Center at 8 a.m. **\$75.**



JBLM Outdoor Recreation

## AUGUST 6

HORSEBACK RIDING AT  
CLE ELUM RANCH

Come and explore the beautiful Cascade Mountains by horseback with Cle Elum's Flying Horseshoe Ranch. This dude ranch has been around since 1955. The staff will walk participants through the steps it takes to groom, prepare and safely ride a horse. Then we will cruise around the hillsides enjoying everything the area has to offer. Escape the hustle of the summer and get away and make a new furry friend.

Minimum age: 10. Ages 17 and younger must be accompanied by an adult. Meet at the Northwest Adventure center at 9 a.m. Preregistration required. **\$70.**

SCENIC PHOTOGRAPHY  
AT COLUMBIA GORGE

A photographer can spend a lifetime capturing images of the spectacular Columbia River Gorge. Spanning 80 miles

The JBLM Northwest Adventure Center provides several trips for outdoor enthusiasts to try new adventures, including rock climbing, yoga and kayaking.

through the heart of the Washington and Oregon Cascade Range, The Gorge is one of the Pacific Northwest's most dramatic and scenic landscapes.

In this photography workshop, the group will tour the Washington side of the Gorge where two unique ecosystems collide. High-desert scrub lands with sagebrush and tall Ponderosa Pines mingle with white oak and Douglas fir trees.

The landscape is open, colorful and dramatic with rocky outcroppings and streams and rivers around every corner. If the skies are clear, views up and down the Gorge are sure to inspire the most creative photographs with the possibility of photos with Mount Hood in the background.

Minimum Age: 16. Ages 17 and younger must be accompanied by an adult. Meet at the

Northwest Adventure Center at 7:30 a.m. Preregistration required. **\$90.**

AUGUST 12-13  
TAKE A WILDERNESS  
FIRST AID COURSE

The Wilderness First Aid course will help you prepare for the unexpected. This fast paced, hands-on training is designed to meet the needs of trip leaders, camp staff, outdoor enthusiasts and individuals working in remote locations.

The course is an introduction to caring for people who become ill or injured far from definitive medical care. Classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge to integrate learning.

All students are required to

have current first aid, CPR, and AED training before the course date. This is available to every student the Friday night from 6 to 8 p.m. before your course for an extra \$25.

Students provide the following: bag or backpack packed with everything one would bring on a normal hiking trip, grungy clothing one doesn't mind getting ruined and appropriate food for the day.

Instructors provide learning materials, instruction and certification card in the mail. Meet at the Northwest Adventure Center at 8 a.m. Minimum age: 16. Preregistration required. **\$225.**

AUGUST 12-14  
DISAPPOINTMENT  
CLEAVER CLIMB

A climb up the iconic Disappointment Cleaver Route of

Mount Rainier is a stunning hike up through the high sub-alpine meadows of Paradise and onto the famous Muir snowfield.

Two nights of camping at historic Camp Muir allow for acclimatization.

A summit attempt on the second night will lead you across the Cowlitz and Ingraham glaciers and up onto the majestic summit cone at 12,000 feet.

Weather dependent grand views from the summit await after a short walk across the crater. **\$750.**

AUGUST 12  
SEA KAYAK TRIP TO  
CUTTS ISLAND

Don't miss this South Sound classic. The trip begins in Carr Inlet to Cutts Island and then

around raft island before returning to the van.

This small island has a steep rock face on the south end, and there are many birds that make this island their home.

The water in this area is known to be a little warmer than other places in the sound, so take a dip while enjoying lunch and exploring the island.

Minimum Age: 12. Children younger than 18 must be accompanied by an adult. Difficulty: Beginner-intermediate; Distance: 6 miles; Paddle time: 3.5 Hours.

Meet at the Northwest Adventure Center at 11 a.m. Preregistration required. **\$60.**

## AUGUST 13

CLIMBING IN THE  
CENTRAL CASCADES

Join us for a day of climbing right in JBLM's backyard.

Exit 38 is one of the most popular destinations in Washington state, right off of Highway 90 in the Central Cascades.

Enjoy a variety of sport climbing routes from a view on top of the valley. All gear will be provided. Preregistration required. Minimum age: 16.

Children younger than 18 must be accompanied by an adult. Meet at the Northwest Adventure Center at 8 a.m. **\$75.**

## AUGUST 15

FIVE LEVELS OF KAYAK  
SKILLS CLASSES

The Northwest Adventure Center offers five levels of two-hour kayak skills classes. Level one teaches proper paddling techniques and how to buddy rescue.

The second level covers edging maneuvers and self-rescue.

The third level covers master recovery techniques and muscle memory exercises for the roll.

The fourth class will cover multi-day kayak trip prep and T-rescue.

The fifth class will focus on learning kayak roll. Start at any time and master as many of the five levels as possible.

After the fifth level, teachers help perfect your roll. Minimum Age: 12. Meet at the Kimbro Pool at 7:30 p.m. Preregistration required. **\$35.**

## EVENTS

## ONGOING

**Black Hills Audubon Society Bird Walk** 8 a.m. to noon Wednesdays. Nisqually National Wildlife Refuge, 100 Brown Farm Road, Olympia. Phil Kelley leads a bird walk. \$3 parking fee.

**Bi-Monthly Native Plant Walk** 6 p.m. first and third Thursdays. McLane Creek Nature Trail, 5045 Delphi Road SW, Olympia. Educational stroll along Olympia's McLane Creek Nature Trail, guided by plant experts from the Native Plant Salvage Foundation. Sliding-scale donation of \$5-\$20 is suggested.

**Sunrise Village's 2017 Cruz Ins** 5 to 9 p.m. Saturdays through August. Meridian Sunrise Village, 10507 156th St. E., Puyallup. It's free to participate, but every week we will be accepting donations for the Food Bank. Interested in bringing your car? Call 253-904-8923 or email: info@mysunrisevillage.com. Free. 253-904-8923, mysunrisevillage.com/cruz-ins.

## COMMUNITY

**Kite Festival** 10 a.m. to 3 p.m. Saturday. Chambers Creek Regional Park, 9850 64th St. W., University Place. Free, fun-filled day of kites, including demonstrations, food and other activities. The first 250 children will also have the chance to make their own kites. 253-798-4141, co.pierce.wa.us/1268/Kite-Festival.

**Grit City Think and Drink** 6:30 to 8 p.m. Tuesday. The Swiss Pub, 1904 S. Jefferson Ave., Tacoma. Booster Songs for the City of Destiny. Learn the stories behind these songs, see the cover art and with the help of special guest Ryan Bede, hear a few of the songs performed live for the first time in a century. Free. 253-572-2821, facebook.com/events/244721636042011.

**Meeker Mansion Yard and Antique Sale** 9 a.m. to 4 p.m. Aug. 12. Meeker Mansion, 312 Spring St., Puyallup. 253-848-1770, meekermansion.org.

**Lions Club International Centennial Celebration** 11 a.m. to 8:30 p.m. Aug. 12. Clocktower Park, 1400 Palisade Blvd., DuPont. Celebrating 100 years of service in communities at home and abroad, will include an Opening Ceremony with the JBLM Color Guard, live music and entertainment, a beer garden, a variety of food and vendors, children's

activities, games, bingo booth, hourly drawings or raffle prizes, free hearing, sight and diabetes screenings, free parking and more. Free. dupontwa.gov/DocumentCenter/View/2015.

**Classy Chassis Car Show** 10 a.m. to 3 p.m. Aug. 13. Downtown Sumner, 1100 Main Street, Sumner. Enjoy classic cars, trucks, hot rods and more. Free. 253-299-5781, rhuarbpiecapital.com/classy-chassis-car-show.

**Hope 253** 6 to 9 p.m. Aug. 13. Tacoma Dome, 2727 E. D St., Tacoma. Features musicians, artists and speakers including Isaiah Thomas, Newsboys, Andy Mineo, Crowder, and David. Free. 253-761-2141, hope253.com.

**Morse Wildlife Preserve Open Trails** 10 a.m. to 4 p.m. Aug. 13. Morse Wildlife Preserve, 25415 70th Ave. E., Graham. Explore this natural treasure located in Graham by walking the trails and discovering the beauty of the five habitat zones during the following special open days. Call for directions. Free. 253-565-9278, morsewildlifepreserve.org.

## FARMERS MARKETS

**South Tacoma Farmers Market** 11 a.m. to 3 p.m. Sundays. STAR Center, 3873 S. 66th St., Tacoma. 253-272-7077, tacomafarmersmarket.com.

**Eastside Farmers Market** 3 to 6 p.m. Wednesdays through Aug. 30. Salishan Family Investment Center, 1724 E. 44th St., Tacoma. 253-272-7077, tacomafarmersmarket.com.

**Lakewood's Farmers Market** 10 a.m. to 3 p.m. Tuesdays through Sept. 12. Lakewood City Hall, 6000 Main St. SW, Lakewood. 253-589-2489.

**Broadway Farmers Market** 10 a.m. to 3 p.m. Thursdays. Broadway Farmers Market, 921 Broadway, Tacoma. 253-272-7077, tacomafarmersmarket.com.

## FILM

**Summer Bash and Movies in the Park** Friday: "Moana" at Stewart Heights Park, 402 E. 56th St., Tacoma; Aug. 11: "Kubo and the Two Strings" at Center at Norponto, 4818 Nassau Ave. NE, Tacoma; Aug. 19: "Sing" at STAR Center, 3973 S. 66th St., Tacoma. Free. metroparkstacoma.org.

**Movies Off Main** Friday at dusk. Heritage Park, 914 Kincaid Ave., Sumner. "RV." Series continues Aug. 11 with "American Graffiti," Aug. 18 with "The Secret Life of Pets" and Aug. 25 with "Up" Free. 253-299-5781, sumner-



SCOTT HANSEN Northwest Guardian / 2015

The Broadway Farmers Market, which is located at 921 Broadway St. in Tacoma, is open Thursdays from 10 a.m. to 3 p.m.

wa.gov/living/arts/movies-off-main.

**Drive-In Movies at ACM** 4:30 p.m. open. Aug. 11. LeMay — America's Car Museum, 2702 E. D St., Tacoma. Movie at dusk. "Moana." Watch in your car or from a blanket or chair, either option will give you a great view of the 40-foot outdoor screen. Series continues Aug. 26 with "Rogue One." Free. 253-779-8490, americascarmuseum.org.

**Lakewood Asian Film Festival** Aug. 11-13. Free at Pierce College, Fort Steilacoom Campus, fourth floor of the Cascade Building. Aug. 11 at 7 p.m., "The Bridge on the River Kwai," winner of seven Academy Awards. Aug. 12 at 2 p.m. "Rabbit Proof Fence," powerful true story of 1930s Australian female aboriginal relocation policy. Aug. 12 at 7 p.m. "Airlift," high-voltage true story on world's largest wartime human evacuation. Aug. 13 at 2 p.m. "Like Father, Like Son," what if your young son is not yours, but a hospital mistake. Winner Cannes Film Fest. Aug. 13 at 7 p.m. "Neerja," a female flight attendant risks her life to confront terrorists hijackers, gripping true story. Some subtitles, prizes, special art and Bonsai exhibits. Free admission and parking. For more information, call 253-861-1366.

## TALKS

**Summer Lecture Series at**

**Nisqually National Wildlife Refuge** 7 to 8:30 p.m. Wednesdays through Aug. 23. Billy Frank Jr. Community Services Center, 4820 She-Nah-Num Drive SE, Olympia. Join the Nisqually National Wildlife Refuge for engaging talks about nature and the wildlife around us. Free. 360-753-9467, fws.gov/refuge/billy\_frank\_jr\_nisqually.

**Garrison Keillor** 6 p.m. Aug. 17. Woodland Park Zoo, 5500 Phinney Ave. N., Seattle.

**1945: Jumping Into Fire — The 555th Airborne Infantry Battalion** 7 p.m. Aug. 17. Patriot's Landing, 1600 Marshall Circle, DuPont. Dr. Robert L. "Bob" Bartlett, a senior lecturer at Eastern Washington University, will present the true story of the all African-American 555th Airborne Infantry Battalion in the Northwest. Free.

## VOLKSSPORT/WALK

**Daffodil Valley Volkssport** Wednesday. Tacoma Narrows Bridge Walk: Meet at 9:15 a.m. at the Tacoma YMCA, Morgan Branch 1002 S. Pearl St. There is a 6K, 10K, and 12K route available. Everyone must register before the walk. Next event is Aug. 16. Yelm Town and Trail Walk: Meet at 9:15 a.m. at Yelm Safeway, 1109 Yelm Ave. E. (Hwy 507). Everyone must register before the walk. You can walk for free or for IVV Credit \$3. Free. 253-845-6592,

daffodilvalleyvolkssport.com.

**Capitol Volkssport Club** Thursday. Montesano Town and Lake Trail Walk: Meet at 9 a.m. at Haggens Food parking lot, near Pier 1 to carpool or at 9:45 a.m. at the Bee Hive Restaurant, 300 Main St., Montesano. Walk is rated 2C —somewhat difficult — and has 5K and 10K options. Next event is Aug. 15. Tumwater Historic Parks Walk: Meet at 5:45 p.m. at the Tumwater Safeway, 500 Cleveland Ave., 11K with shorter options, rated moderately easy. Free. capitolvolkssportclub.org.

MUSIC  
CLASSICAL

**German Vocal Arts Institute Seattle** 3 p.m. Aug. 13. Central Lutheran Church, 409 N. Tacoma Ave., Tacoma. Wolfgang Amadeus Mozart "The Magic Flute" with piano accompaniment. General \$25; senior \$20; student \$15; children free. 415-967-2347, gvai.org/the-magic-flute.html.

**Sarah Duffy** 12:10 to 1 p.m. Aug. 18. Christ Episcopal Church Tacoma, 310 N. K St., Tacoma. Organist Sarah Duffy plays music by Nadia Boulanger, Correa d'Arauxo, Hermann Schroeder, Charles Tournemire, Marcel Dupre and Maurice Duruflé on the renowned John Brombaugh pipe organ. Donation. 253-383-1569, ccptacoma.org.

## CONCERT SERIES

**2017 Performers on the Plaza Summer Concert Series** 5 p.m. Saturday. Point Ruston, 5005 Ruston Way, Tacoma. Ted Brown Showcase. Bring chairs, blankets and refreshments for an evening of music. Series continues Aug. 19 with Sotaria Gibson, Aug. 26 with Lady A Band and Sept. 2 with Ethan Tucker Band. tinyurl.com/ya37bt8r.

**Summer Sounds at Skansie** Tuesday. Skansie Brothers Park, 3211 Harborview Drive, Gig Harbor. The David Correar Group performs. Series continues Aug. 15 with Ranger and the Rearrangers. Free.

**Sunrise Village's 2017 Summer Concerts** 6 p.m. Tuesday. Meridian Sunrise Village, 10507 156th St. E., Puyallup. Kids' night with Tim Noah and Cyndi Soup. Series continues Aug. 15 with country rock by Colt and the Peacemakers. Free. 253-904-8923, mysunrisevillage.com/summer-concerts.

**Listen Live at Lunch Noon.** Wednesday. First Lutheran Church, 524 S. I St., Tacoma. Free weekly one-hour concert series with organist Curt Sather. Series continues Aug. 16 with violinist Maria Sampen and violinist/violist Tim Christie and Aug. 23 with soprano Allison Pohl and cellist Allistair MacRae. Free. 253-272-1538, listenliveatlunch@flctacoma.

**Jazz Under the Stars** 7 p.m. Thursday. Pacific Lutheran University's Mary Baker Russell Music Center, 12180 Park Ave. S., Tacoma. Jazz Sound Trio. tinyurl.com/h4sxtsj.

**Concerts on the Lawn** 6:30 p.m. Thursday. Franke Tobey Jones Retirement Community, 5340 N. Bristol St., Tacoma. 8 Second Ride, country. Bring lawn chairs and blankets. Series continues Aug. 17 with the Tacoma Concert Band, Aug. 24 with Hank Cramer, folk, and Aug. 31 with Maia Santelle and House Blend. Free. 253-752-6621, franketobey-jones.com/upcoming-events.

**Tacoma Concert Band** 6:30 to 8:30 p.m. Aug. 16. DuPont Clock Tower Park, 1401 Palisade Blvd., DuPont. Free summer concerts. Pack your picnic basket and bring a blanket or a lawn chair. Series continues Aug. 17 with Frank Tobey Jones, 5340 Bristol St., Tacoma. tacomaconcertband.org/

SEE EVENTS, 6C

## FROM PAGE 5C

## EVENTS

home/4585896172.

**Concerts in the Park at Curran Apple Orchard** 6:30 to 8 p.m. Aug. 17. Curran Apple Orchard Park, 3920 Grandview Drive W., University Place. U253 performs. Free.

## COUNTRY

**Kenny Rogers** 7 p.m. Saturday. Tulalip Resort Casino, 10200 Quil Ceda Blvd., Tulalip.

**Terri Clark** 7:30 p.m. Aug. 11. Pantages Theater, 901 Broadway, Tacoma. \$29-\$69. [broadwaycenter.org](http://broadwaycenter.org).

## FOLK/POP

**Lady Gaga** 7:30 p.m. Friday. Tacoma Dome, 2727 E. D St., Tacoma. \$46-\$251. Ticketmaster.

**Belle and Sebastian** 8 p.m. Tuesday. The Paramount Theatre, 911 Pine St., Seattle. \$43.50. 206-467-5510, [stgtpresents.org/paramount](http://stgtpresents.org/paramount).

## HIP-HOP/RAP

**Against All Odds Tour** 8 p.m. Tuesday. WaMu Theater, 800 Occidental Ave. S., Seattle. Featuring Meek Mill, Yo Gotti, Yfn Kcci and Moneybagg Yo. \$52. Ticketmaster.

## ROCK

**The Steve Miller Band** 7:30 p.m. Friday. White River Amphitheatre, 40601 Auburn Enumclaw Road SE, Auburn. \$20.25-\$101. 360-825-6200, [livenation.com](http://livenation.com).

**The B-52s** 7 p.m. Friday. Snoqualmie Casino, 37500 SE North Bend Way, Snoqualmie. \$55-\$100. [snocasino.com/entertainment](http://snocasino.com/entertainment).

**AFI** 7:30 p.m. Friday. The Paramount Theatre, 911 Pine St., Seattle. \$35.50 advance; \$41 day of show. [stgtpresents.org/paramount](http://stgtpresents.org/paramount).

**Metallica** 6 p.m. Wednesday. CenturyLink Field, 800 Occiden-

tal Ave. S., Seattle. \$55.50-\$155.50. Ticketmaster.

**Cake** 6 p.m. Thursday. Woodland Park Zoo, 5500 Phinney Ave. N., Seattle. Ticketmaster.

**Michael McDonald and Boz Scaggs** 7 p.m. Thursday. Chateau Ste. Michelle Winery, 14111 NE 145th St., Woodinville. \$45-\$75. Ticketmaster.

**Young the Giant** 7 p.m. Aug. 11. WaMu Theater, 800 Occidental Ave. South, Seattle. Starting at \$36.50. Ticketmaster.

**Slayer** 7 p.m. Aug. 12. WaMu Theater, 800 Occidental Ave. South, Seattle. Starting at \$46. 206-381-7555, Ticketmaster.

**Pat Benatar** 6 p.m. Aug. 15. Woodland Park Zoo, 5500 Phinney Ave. N., Seattle.

**Rancid and Dropkick Murphys** 6:30 p.m. Aug. 16. WaMu Theater, 800 Occidental Ave. S. Seattle. \$32. Ticketmaster.

**George Thorogood** 7 p.m. Aug. 13. Emerald Queen Casino, 2024 E. 29th St., Tacoma. \$35-\$85. Ticketmaster.

## NIGHTLIFE

## FRIDAY

**Open Mic Night** 6 to 10 p.m. Urban Timber Coffee, 6621 166th Ave. E., Sumner. All ages, family friendly. 253-826-3936.

**Live Music** 6:30 p.m. Forza Coffee Company, 1520 Wilmington Drive, DuPont. 253-964-1407.

**Open Mic Night** 7 p.m. Forza Coffee Company, 2209 N. Pearl St., Tacoma. 253-759-9320.

**Little Bill Engelhart and Rod Cook** 7:30 p.m. G. Donnalsen's, 3814 N. 26th St., Tacoma, 253-761-8015. Additional show Saturday.

**Leroy Bell** 8 p.m. Jazzbones, 2803 Sixth Ave., Tacoma, \$15-\$20. 253-396-9169.

**Dire Fire** 8 p.m. Louie G's, 5219 Pacific Highway E., Fife, \$5. 253-926-9700.

**Armed for Apocalypse** 8 p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265.

**Sin City** 9 p.m. Great American Casino, 10117 South Tacoma Way,

Lakewood. 253-396-0500. Additional show Saturday.

**Karaoke with DJ No Pants** 9 p.m. Acme Tavern, 1310 Tacoma Ave. S., Tacoma. 253-503-6712.

**Live from the Jive & Stand Up Comedy Showcase** 9 p.m. Bob's Java Jive, 2102 South Tacoma Way, Tacoma. \$7. 253-212-1513.

**Back Porch Band** 9 p.m. Buffino's Golden West Saloon, 5228 South Tacoma Way, Tacoma. 253-471-9892. Additional show Saturday.

**Groove City** 9 p.m. Emerald Queen I-5 Nightclub, 2024 E. 29th St., Tacoma. 253-594-7777. Additional show Saturday.

**Black Pussy** 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

## SATURDAY

**Andrew Landers and the Mainstreet Struggleville with The Groove Colony** 8 p.m. Louie G's, 5219 Pacific Highway E., Fife. \$10. 253-926-9700.

**Live Music Featuring Blues, Brews and Barbecue** 8 p.m. Uncle Thurm's Finger Lickin' Ribs and Chicken, 3709 S. G St., Tacoma. 253-475-1881.

**Ten Pole Drunk and Generation Decline** 8 p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265.

**Red, Classic Rock Trio** 9 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way. 253-473-2255.

**Kry Boys** 9 p.m. The Swiss,

1904 S. Jefferson, Tacoma. 253-572-2821.

## SUNDAY

**Open Mic Night** 5 p.m. G. Donnalsen's, 3814 N. 26th St.,

Tacoma. 253-761-8015.

**Grovin Higher Jazz Orchestra; Country Roadhouse Jame with Dave Nicols** 5 and 8:30 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way,

253-473-2255.

**Drip Fed, Division, Battlestations and Prying Free** 6 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$10. [realarttacoma.com](http://realarttacoma.com).

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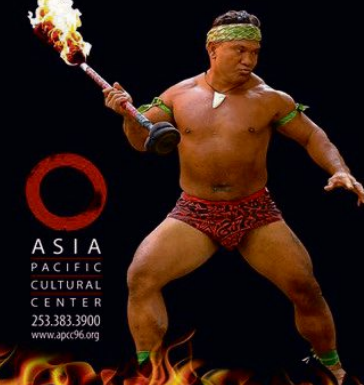
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Photo by Gil Villagracia



**PURCHASE TICKETS NOW!**

## ON SALE THIS WEEK

**WHOSE LIVE ANYWAY** comes Oct. 20 to The Moore Theatre, 1932 Second St., Seattle. Tickets go on sale Friday.

**HARLEM GLOBETROTTERS** takes the floor Dec. 29 at KeyArena, Seattle. Tickets go on sale Wednesday.

## ALREADY ON SALE

**LADY GAGA** 7:30 p.m. Saturday. Tacoma Dome, Tacoma. \$45-\$250.

**KENNY ROGERS: THE GAMBLER'S LAST DEAL** 7 p.m. Saturday. Tulalip Amphitheatre, 10400 Quil Ceda Blvd. \$40-\$185.

**STEVE MILLER BAND** 7:30 p.m. Friday. White River Amphitheatre, Auburn. \$20.25-\$101.

**METALLICA** 6 p.m. Wednesday. CenturyLink Field, Seattle. \$55-\$155.

**GEORGE THOROGOOD AND THE DESTROYERS**, 7 p.m. Aug. 13. Emerald Queen Casino, Tacoma. \$35-\$80.

**TOM PETTY AND THE HEARTBREAKERS** 7:30 p.m. Aug. 19. Safeco Field, Seattle. \$49-\$149.

**MOS DEF/YASINI BEY** Performing Black on Both Sides, Aug. 31. Neptune Theatre, Seattle. stgpresents.org.

**NICKELBACK** 7:30 p.m. Sept. 1. Washington State Fair, Puyallup.

\$80-\$100.

**GUNS N' ROSES** 7:30 p.m. Sept. 3. Gorge Amphitheatre, George. \$90-\$275.

**"THE SOUND OF MUSIC"** Sept. 6-11. Paramount Theatre, Seattle. stgpresents.org.

**FOREIGNER AND CHEAP TRICK** 7 p.m. Sept. 9. White River Amphitheatre, Auburn. \$29.95-\$99.95.

**BILL ENGVALL** Sept. 9. Tulalip Casino Ticketmaster.

**MELISSA ETHERIDGE** 7:30 p.m. Sept. 11. Washington State Fair, Puyallup. \$28-\$48.

**MASTERS OF ILLUSION** 7:30 p.m. Sept. 13. Washington State Fair, Puyallup. \$25-\$35 for reserved infield seating, grandstand seating is free.

**BEACH BOYS** 7:30 p.m. Sept. 14. Washington State Fair, Puyallup. \$30-\$55.

**I LOVE THE '90S** 7:30 p.m. Sept. 15. Washington State Fair, Puyallup. \$40-\$75.

**AARON NEVILLE** 8 p.m. Sept. 15-16. Skagit Valley Casino \$55-\$65.

**HANK WILLIAMS JR.** 7:30 p.m. Sept. 16. Washington State Fair, Puyallup. \$45-\$70.

**ABOVE AND BEYOND** 4 p.m. Sept. 16. Gorge Amphitheatre, George.

**JIM GAFFIGAN** 8 p.m. Sept. 16. KeyArena, Seattle. \$31.75-\$65.75.

**THOMAS RHETT** 7:30 p.m.

Sept. 20. Washington State Fair, Puyallup. \$70-\$90.

**MODEST MOUSE** 7:30 p.m. Sept. 21. Washington State Fair, Puyallup. \$58-\$85.

**EARTH, WIND AND FIRE** 7:30 p.m. Sept. 22. Washington State Fair, Puyallup. \$45-\$80.

**MARLON WAYANS** 7:30 p.m. Sept. 23. Washington State Fair, Puyallup. \$30-\$45.

**COLDPLAY** 7 p.m. Sept. 23. CenturyLink Field, Seattle. \$25.50-\$185.50.

**JASON ALDEAN** 7:30 p.m. Sept. 24. Washington State Fair, Puyallup. \$100-\$150.

**GORILLAZ** 8 p.m. Sept. 30. KeyArena, Seattle. \$49 and up.

**PAUL RODGERS** 8:30 p.m. Sept. 30. Emerald Queen Casino, Tacoma. \$50-\$110.

**THE PIANO GUYS** 7:30 p.m. Oct. 3. McCaw Hall, Seattle. \$47-\$167.

**FLORIDA GEORGIA LINE** 7 p.m. Oct. 6. White River Amphitheatre, Auburn. \$34-\$239.

**IMAGINE DRAGONS** 7:30 p.m. Oct. 6 at KeyArena, Seattle. \$25.50-\$95.50.

**MOON TAXI** 9 p.m. Oct. 6. Neptune Theatre, Seattle. \$23.50.

**LINKIN PARK AND SNOOP DOGG** 7:30 p.m. Oct. 14. KeyArena, Seattle. \$26.50-\$66.50.

**DEPECHE MODE** 7:30 p.m. Oct. 21. KeyArena, Seattle. \$45.50-\$124.50.

**ANDRE RIEU** 8 p.m. Oct. 28. Tacoma Dome, Tacoma. \$39-\$99.

KeyArena, Seattle. \$26.50-\$66.50.

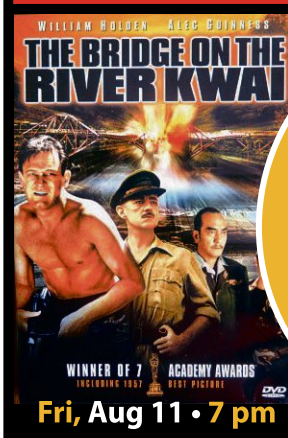
**JAY Z - 4:44 TOUR** Dec. 13.

Key Arena, Seattle. Ticketmaster.

**KATY PERRY** 7:30 p.m. Feb. 3. Tacoma Dome, Tacoma. \$50.50-\$200.50.

The Lakewood Arts Commission proudly presents the fifth annual

# ASIAN FILM FEST



Fri, Aug 11 • 7 pm



Sat, Aug 12 • 2 pm

Pierce College at Fort Steilacoom  
Cascade Building, 4th Floor

## Bridge on the River Kwai

Fri, Aug 11, 7 pm • UK • Winner Best Picture & 6 other Academy Awards

## Rabbit Proof Fence

Sat, Aug 12, 2 pm • Australia • True story of aboriginal removal program

## Airlift

Sat, Aug 12, 7 pm • India • Thriller based on true story of Kuwait evacuation

## Like Father, Like Son

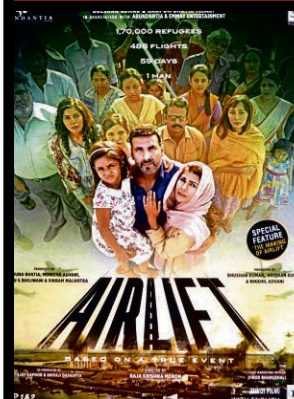
Sun, Aug 13, 2 pm • Japan • Winner Cannes, New York Film Festivals

## Neerja

Sun, Aug 13, 7 pm • India • Flight attendant risks life to save passengers

Bonsai Display • Juried Art & Photo Exhibit • Music by Jeannie Hill

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Sat, Aug 12 • 7 pm



Sun, Aug 13 • 2 pm



Sun, Aug 13 • 7 pm

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FROM PAGE 3C

## FAIRE

world of fairies, trolls, dragons and more; and Aug. 19 to 20 is themed Pirates, Plunder and Arrhhh!

The event also offers an opportunity to bring the kids, learn some history and enjoy making crafts. Guests ages 21 and older can sit in the site's outdoor pubs and alehouses and enjoy music from a variety of olden day genres.

It's a time to celebrate the elegance of the royal courts and the rambunctious shenanigans of villagers in a time gone by.

The Washington Midsummer Renaissance Faire opened in 2010. The event is hosted by the Washington Renaissance Arts and Education Society and is staffed mainly by volunteers.

The fair represents Elizabethan England in the year 1577, and there are more than 1,000 costumed participants, according to Tracy Nietupski, operations manager for the Washington Midsummer Renaissance Faire and president of the Washington Renaissance Arts and Education Society.

Performers, merchants, cast and crew come from several states, she said.

"Our patrons come from all over the nation as well," Nietupski said. "Last summer we had 40,000 people (pass) through our gates to enjoy



Courtesy photo

The Washington Midsummer Renaissance Faire will feature a Festival of Fairies theme Aug. 12-13.

the Village of Merriwick."

Guests are encouraged to wear costuming and bring their families, but they are also welcome in

modern clothing. The event is in an open field with little shade, so be

## If you go

**What:** 2017 Washington Midsummer Renaissance Faire

**Where:** Kelley Farm, 20021 Sumner Buckley Highway, Bonney Lake, Wash.

**When:** Saturdays and Sundays from 10 a.m. to 7 p.m., now through Aug. 20

**Cost:** Military and spouses with ID, \$17; ages 6 to 17, \$13; ages 5 and younger get in free. Discounted multiple day tickets and camping also is available.

**More online:** washingtonfaire.com

sure bring or purchase water and wear sunblock and a hat or parasol to guard against excessive heat, Nietupski said.

In addition to traveling minstrels and other performers throughout the weekend, the second and third weekends — Aug. 12

to 13 and Aug. 19 and 20 — also will offer the talents of vaudevillian actor Patrick Hercamp, performing "Half-Hour Hamlet," a fast, furious and ridiculous version of one of William Shakespeare's most famous plays, according to event's website.

In the show, Hercamp plays multiple roles and is sure to make one see the bard's tragedy in a new and comedic way.

Every weekend, one can enjoy the antics of the comedic women of the Washing Well Witches, the Celtic music of musician Bowi, soothing string sounds of harpist Sarah Lavendar, the fire-eating, magic, juggling and wit of performer Broom, martial arts fighting techniques of the Hawkwood's Troupe and the jousting finesse of the Seattle Knights.


The Washington Midsummer Renaissance Faire is located at the Kelley Farm, 20021 Sumner Buckley Highway, Bonney Lake, and is open Saturdays and Sundays from 10 a.m. to 7 p.m.

Military discounts are available for service members and military spouses with ID. The cost for adults is \$17 per day. Children ages 6 to 17 get in for \$13 per day; ages 5 and younger will be admitted at no charge.

Pricing is available at the event's website: washingtonfaire.com.

Tickets can be purchased online or at the entrance/Towne Gate with cash or credit card on the day of the event. Parking is free, but lines are long, so have patience.

Well-behaved, leashed pets are welcome to accompany guests at the event. Plan to provide water and bring supplies to clean up after your pet.

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**An Inconvenient Sequel (PG)**  
Fri: 2:00, 4:20, 6:40, 9:05  
Sat-Sun: 11:40 AM, 2:00, 4:20, 6:40, 9:05  
Mon-Thu: 2:00, 4:20, 6:40, 9:05

**Lady Macbeth (R)**  
Fri: 1:40, 6:15, 8:30  
Sat-Sun: 11:30 AM, 1:40, 6:15, 8:30  
Mon-Tue: 1:40, 6:15, 8:30  
Wed-Thu: 6:15, 8:30

**Dunkirk (PG-13)**  
Fri: 4:35, 7:00, 9:20  
Sat-Sun: 11:50 AM, 2:15, 4:35, 7:00, 9:20  
Mon: 2:15, 4:35, 7:00, 9:20  
Tue: 4:35, 9:20; Wed: 2:15, 4:35, 7:00, 9:20  
Thu: 2:15, 4:35, 9:20

**Maudie (PG-13)**  
Fri-Thu: 3:45

**The Big Sick (R)**  
Fri-Tue: 1:00, 3:40, 6:25, 9:00  
Wed: 1:00, 3:40, 9:00  
Thu: 1:00, 3:40, 6:25, 9:00

**Night of the Living Dead (R)**  
WEIRD ELEPHANT SERIES: Sat: 11:00

**Food Evolution (NR)**  
TUESDAY FILM SERIES: Tue: 2:15, 7:00

**Deconstructing the Beatles' Revolver (NR)**  
Wed: 1:15, 6:45

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3 EXCITING DAYS, 5 OUTSTANDING FILMS

# International film to open Lakewood Asian Film Fest



PHIL RASCHKE Lakewood Arts Commission / 2016

The Lakewood Asian Film Festival is set to take place Aug. 11-13, kicking off with "Bridge on the River Kwai." The railroad through the jungle is still operational.

BY PHIL RASCHKE  
*Lakewood Arts  
Commission*

The Lakewood Arts Commission has announced the opening film for this year's Lakewood Asian Film Festival, Aug. 11 to 13, is the beautifully restored, international box office blockbuster, "Bridge on the River Kwai."

This sweeping epic was the winner of seven Academy Awards to include "Best Picture," "Best Director," "Best Actor" and "Best Musical Score."

The film is based on a World War II action to destroy a Japanese railroad bridge being built by captured British soldiers along the Thai-Burma border.

The British Film

Institute ranks "Bridge on the River Kwai" as the 10th greatest British film of the 20th Century.

In 1997, the film was deemed culturally, historically and aesthetically significant and selected for preservation in the American Library of Congress. The film stars Oscar winner Alex Guinness in the role of a lifetime plus Oscar nominated

Japanese star Sessue Hayakawa, American star William Holden and British actor Jack Hawkins.

This award-winning international hit is a must see and is rated PG-13 for action scenes.

The film shows Aug. 11 at 7 p.m. at Pierce College

SEE FILM, 10C



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## FROM PAGE 9C

## FILM

on the Fort Steilacoom campus in the Cascade Building on the fourth floor. Admission and parking are free. Prior to the film showing, there will be live, preshow entertainment by Jeannie Hill, a juried art and photo exhibit and a special Bonsai display by Bonsai Kaihara.

The Film Fest continues Aug. 12 with the gripping Australian film, "Rabbit

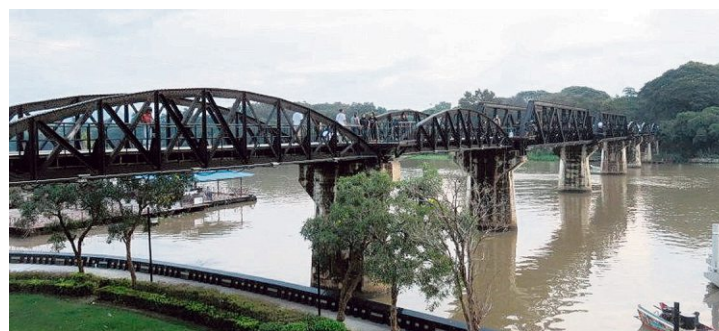
Proof Fence" — the true story of three aboriginal girls taken from their family by the Australian government. The film shows at 2 p.m.

The Indian high voltage thriller "Airlift" shows at 7 p.m. and tells the untold true story of the world's largest wartime civilian airlift. On Aug. 13, the 2 p.m. film is the award-winning Japanese film, "Like Father, Like Son," the emotional story of a family who learns their 6 year old son is not their child.

The final film event is

at 7 p.m. and features "Neerja," the breathtaking, true story of a young Indian flight attendant who risks her life to save passengers from terrorists on a hijacked airliner.

All seating is on a first-come, first-served basis. Films may have subtitles. For more information, call 253-861-1366.



PHIL RASCHKE Lakewood Arts Commission / 2016

The wooden bridge represented in the "Bridge on the River Kwai" was located on the opposite side of the steel bridge pictured.

## upcoming events »



312 Spring St. Puyallup  
For information and reservations:  
**253.848.1770**  
www.meekermansion.org  
ezra@meekermansion.org

**Meeker Mansion Great American Yard and Antique Sale, August 12th, 9am to 4pm.**

Rent a 10' X 10' space, \$30, or just stop and shop 'til you drop! From 10 am to 3 pm, verbal appraisals will be given by Dave Price for \$5.00 with proceeds going to Meeker Mansion restoration.

**Friday, August 18th, 4:00 to 7:00 pm - Founder's Day Woodbine Cemetery Tours**

Woodbine Cemetery, 2323 - 9th Street SW, Puyallup, 98373. History of Early Puyallup residents.

**Saturday, August 19th, 1:00pm - Founder's Day Picnic & Lawn Games, Tea**

Meeker Mansion, 312 Spring Street, Puyallup, 98372. \$12.00, Tea Reservations Needed.



Promoting the West:  
Abby Williams Hill and the Railroads  
On view through October 15

Abby Williams Hill, Mount Rainier from Eunice Lake (detail), 1904. Oil on canvas.  
Collection of University of Puget Sound ©University of Puget Sound.

253-272-4258  
TacomaArtMuseum.org

**TACOMA  
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## FREE CONCERT!

**U.S. Air Force Band of the Golden West**

*The Commanders*  
**JAZZ ENSEMBLE**

Friday August 18th - 7:30 PM

Rialto Theater  
310 S. 9th St  
Tacoma, WA 98402  
Info: 253-591-5894



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Tacoma Little Theatre 210 N I Street  
Tacoma, WA 98403  
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**Ticket Info:** \$7.00 all ages  
www.tacomalittletheatre.com 253-272-2281

AUGUST 11, 12, 13

**LAKWOOD  
ASIAN FILM  
FEST**

Pierce College, Fort Steilacoom campus, 4th Fl. Cascade Bldg  
Aug 11, 7:00 p.m., *The Bridge on the River Kwai*, Winner of 7 Academy Awards, Terrific.  
Aug 12, 2:00 p.m. "Rabbit Proof Fence", Powerful true story of 1930 Australian female aboriginal relocation policy.  
Aug 12, 7:00 p.m. "Airlift", High voltage true story on world's largest wartime human evacuation.  
Aug 13, 2:00 p.m. "Like Father, Like Son", What if your young son is not yours, but a hospital mistake, Winner Cannes Film Fest.  
Aug 13, 7:00 p.m. "Neerja", Female flight attendant risks her live to confront terrorists hijackers, gripping true story, must watch!  
**Ticket Info:** Free admission, parking. Some subtitles, prizes.  
Military Welcome! Info: 253-861-1366.

Sponsored by The News Tribune and participating Art Groups

For advertising information, contact  
Laurie Herbert 253.597.8539 or Melissa Meissner 253.552.7061 • Fax 253.552.7057

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August 5-6:  
A Midsummer Night's Fantasy

August 12-13:  
Festival of Fairies

August 19-20:  
Pirates, Plunder & Arrhhh!

*- All events are from 10am-7pm -*

Ticket sales  
also available at  
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available as well  
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