



Hawaii admiral leads
Fitzgerald investigation
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HO'OKELE

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

June 30, 2017

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Volume 8 Issue 25

Joint Base honors USS Fitzgerald



Ensign flies half-mast at Joint Base Pearl Harbor-Hickam June 27 in remembrance of seven Sailors, assigned to the USS Fitzgerald (DDG 62), who died tragically June 17 when their ship collided with a merchant vessel southwest of Yokosuka, Japan.

Photo Illustration / Photo by MC2 Katarzyna Kobiljak

THE DECEASED ARE:



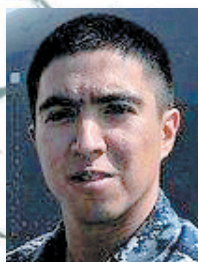
Gunner's Mate
Seaman Dakota Kyle
Rigsby, 19, from
Palmyra, Virginia



Yeoman 3rd Class
Shingo Alexander
Douglass, 25, from
San Diego, California



Sonar Technician 3rd
Class Ngoc T. Truong
Huynh, 25, from
Oakville, Connecticut



Gunner's Mate
2nd Class Noe
Hernandez, 26, from
Weslaco, Texas



Fire Controlman 2nd
Class Carlos Victor
Ganzon Sibayan, 23,
from Chula Vista,
California



Personnel Specialist
1st Class Xavier Alec
Martin, 24, from
Halethorpe, Maryland



Fire Controlman 1st
Class Gary Leo Rehm
Jr., 37, from Elyria,
Ohio

15th Operations Group welcomes new commander

Story and photo by
Tech. Sgt. Heather Redman

15th Wing Public Affairs

The 15th Operations Group (15 OG) welcomed a new commander during a change of command ceremony at Joint Base Pearl Harbor-Hickam, June 22.

Col. Jason King assumed command of the 15 OG from Col. Charles Velino, as Col. Kevin Gordon, 15th Wing commander,

presided over the ceremony.

"Col. Velino always had the men and women of the 15th Operations Group in mind," Gordon said. "He worked tirelessly to make sure all of his warfighters' needs were met. Thank you for your incredible leadership and all you have done."

"To the 15th Operations Group, thank you," Velino said. "You are amazing individuals that came together to make this an amazing group. This was a

dream assignment and one I will never forget."

Velino is a command pilot with over 3,500 flying hours and will take command of the 47th Flying Training Wing in Laughlin AFB, Texas.

"Col. King, I am pumped for you to take charge of the 15th Operations Group," Gordon said. "I am fully confident in your abilities to lead and am excited to see the great things you will accomplish in the fu-

ture. Aloha and welcome to Hawaii, the 15th Wing, and the 15th Operations Group."

Prior to taking command of 15 OG, King was the Senior Executive Officer to the Director of Studies, Analyses & Assessments, Headquarters Air Force A9 Directorate, Pentagon, Washington, D.C.

"Col. Velino, your legacy and influence will continue to live on through this group," King said. "To the men and women

of the 15th Operations Group, it is an honor and a privilege to serve you."

The 15 OG directs all activities to ensure combat readiness of over 300 personnel and five operational squadrons. The commander oversees operations of the largest joint-use airfield in the United States, executes total force combat and peacetime operations, and provides executive airlift for senior military leaders.



"Col. Velino, your legacy and influence will continue to live on through this group. To the men and women of the 15th Operations Group, it is an honor and a privilege to serve you."

— Col. Jason King

Left, Col. Jason King, 15th OG commander speaks during the change of command. Right, Col. Charles Velino, 15th OG outgoing commander thanks the men and women.

Navy water consumers to receive 2017 water quality report

Denise Emsley

NAVFAC Hawaii
Public Affairs

Throughout the month of June, Naval Facilities Engineering Command (NAVFAC) Hawaii has been distributing the Navy's 2017 Water Quality Reports, one for each of its five drinking water systems, to water customers on Oahu and Kauai.

"This annual report on the quality of Navy drinking water, also known as consumer confident report, provides detailed information about your water sources, any substances that may be found during water sampling events, as well as the explanations of Environmental Protection Agency (EPA) and Navy

drinking water standards," said Environmental Business Line Director Aaron Poentis. "We want our customers to know we are delivering clean, safe drinking water that meets all federal and state drinking water standards."

NAVFAC Hawaii is the owner and operator of six water systems in the state. They are located at Joint Base Pearl Harbor-Hickam (JBPHH), Camp Stover, Naval Magazine (NAVMAG) Lualualei, Naval Computer and Telecommunications Area Master Station Pacific (NCTAMS PAC) Wahiawa, Barbers Point (Kalaeloa), and Pacific Missile Range Facility (PMRF) Barking Sands. Annual reports are developed for each sys-

tem, with the exception of NAVMAG Lualualei, which does not require a report since it does not service any residents.

Customers include military personnel and their families from the Navy, Air Force, Department of Defense (DoD) and some non-DoD users.

"Distribution of the Navy's 2017 Water Quality Reports is made to water consumers, as required by the EPA and the Hawaii Department of Health," Poentis said.

"We ask that the reports be read and shared so that there is a clear understanding that the Navy is delivering safe drinking water to all customers."

For military housing residents, the water quality reports are delivered

to the various housing management offices for distribution. In addition, all reports are electronically available on two public websites NAVFAC Hawaii (www.navfac.navy.mil/navfac_worldwide/pacific/fecs/hawaii/about_us/hawaii_documents/Reports.html) and Navy Region Hawaii (www.cnrc.navy.mil/regions/cnrh/om/environmental/water_quality_information.html). The 2017 reports were posted June 14.

If you are unable to obtain a hard or electronic copy of the 2017 Water Quality Report you need, please contact NAVFAC Hawaii's Public Affairs Office at 471-7300 or the command's Environmental Compliance Office at 471-1171 Ext. 260.



Photo by Kyle Teraoka

On May 30, a Naval Facilities Engineering Command Hawaii employee demonstrates how a microbiological contaminant sample is drawn from the JBPHH water system. The results from this type of sampling assist the Navy in managing its water quality program.

New high tenure policy for E-4 through E-6 announced



Photo by MC3 Ramon G. Go

Newly-promoted petty officers stand in formation during a frocking ceremony.

Chief of Naval Personnel
Public Affairs

In an effort to improve sea duty manning, the Navy is increasing its High Year Tenure (HYT) policy for active component and Full Time Support (FTS) E-4 through E-6 Sailors by two years. The service was announced June 21 in a NAVADMIN 143/17 message.

The updated policy, which sets the maximum number of years a Sailor may serve based on rank, will go into effect Aug. 1, 2017.

The updated HYT changes for active and FTS Sailors are:

- E-4: increases from 8 years to 10 years
- E-5: increases from 14 years to 16 years
- E-6: increases from 20 years to 22 years

Extending the time an individual may serve provides Sailors opportunities to advance, and the fleet with critical manning. We anticipate this change could potentially allow more than 2,800 experienced Sailors to remain in the Navy, filling key sea duty and other high priority billets by the end of 2018.

HYT for all other active duty and FTS enlisted pay grades, as well as enlisted Selected Reserve Sailors, remains unchanged.

The Navy will continue to offer HYT waivers for enlisted Sailors who volunteer for sea duty on a case-by-case basis.

Sailors who have reached HYT with an approved date for separation or fleet reserve (retirement) on or after Aug. 1, 2017, but before Jan. 1, 2018, have until July 31, to request cancellation of their orders or execute their orders as originally planned.

Sailors affected by this change to HYT who decide to continue their service in the Navy can take the September, cycle 236, Navy wide petty officer advancement exam or the January 2018 cycle 238 E-7 exam if they maintain advancement eligibility.

Detailed information on HYT policy can be found at <https://go.usa.gov/xNGtC>

More information on order processing, assignments and reenlistment/exertion process can be found in NAVADMIN 143/17 on www.npc.navy.mil.

Navy provides new policy for women's earrings, ball caps

Chief of Naval Personnel
Public Affairs

On June 21, the Navy released NAVADMIN 146/17, which announces several uniform changes that are effective immediately.

Officially authorized in the message is the decision by Chief of Naval Operations Adm. John Richardson to permit women to wear a hair bun through the rear opening of a command or Navy ball cap. The change was prompted by a question from a San Diego Sailor June 6.

"Effective immediately you can now wear your cap with the bun through the back above the strap," Richardson said in a Facebook video to the fleet announcing the change June 8. "I think this will be more comfortable and will look a lot better. Thanks to the lieutenant junior grade out there for making that known to me. We promised to fix it and now it's fixed."

The other grooming standard change for women announced in this NAVADMIN authorizes the wear of white pearl or white synthetic pearl earrings with dress uniforms and round cut white diamonds or white synthetic diamonds with dinner dress blue and white jacket uniforms.

Earrings must be four to six millimeters (approximately one-eighth inch to one-fourth inch) in size.

Additionally, pregnant Sailors now can purchase the Navy Working Uniform (NWU) Type III maternity uniform if the Type I version is not available. This change is in response to the reduction in the production of the Type I uniform.

NAVADMIN 146/17 also authorizes approval for wear of two joint command badges.

Sailors assigned to the Defense Health Agency (DHA) and Defense POW/MIA Accounting Agency (DPAA) are now authorized to wear command identification badges for the duration of their assignments at those units. Full description of the badges and manner of wear can be found in the NAVADMIN.

Finally, Navy will transition to a standard prisoner uniform to enhance correctional security. Prisoners in a pre-trial status will wear a brown uniform while post-trial prisoners will wear a khaki-color variant of the pre-trial uniform. The NAVADMIN contains complete descriptions of the uniforms.

For complete information on the updates to uniform policy, see NAVADMIN 146/17 at www.npc.navy.mil.



Chief Master-at-Arms Eric Seal attends the free hiring event at Joint Base Pearl Harbor-Hickam, June 22.

MFSC holds job fair for transitioning service members, their families

Story and photo by
MC3 Justin Pacheco

Navy Public Affairs Support
Element Detachment
Hawaii

Military and Family Support Center (MFSC) Pearl Harbor held a hiring event for service members, veterans and military spouses, June 22. The event featured more than 50 employers from the public and private sector, as well as workshops designed to help attendees make the transition to the civilian workforce.

The event also gave those in attendance the opportunity to interview with hiring managers from various industries.

Michael Szustak, transition and employment specialist at MFSC, said

there are several qualities inherent in service members that help them stand out in the job market, such as discipline, mission focus, leadership, and drive.

"These Sailors, Soldiers and Airmen are bringing years of expertise in their respective fields out into the workforce," Szustak said. "These men and women and their families have done so much for the country, the least we can do is return the favor and help them make a seamless transition into the civilian world."

Master Chief Culinary Specialist Adeline Lopes, who attended the event, said events such as these are important to service members because, whether or not you're intending to separate from

the military, you should always keep your options open.

"These events really do make that transition from military to civilian life that much easier," Lopes said. "It's a one-stop shop where we can meet with employers, talk to them, put faces with names and make ourselves more than just a resume on a website. I always push my Sailors to attend, especially in transition and even much prior to that."

Military job seekers could also network and hear personally from service members and other veterans who have made a successful transition into a civilian career. Attendees learned how to create and amend their resumes specifically for federal jobs and

use strategies for finding employment after leaving the military.

Szustak said this event goes beyond being just another job fair, in that it's an actual hiring event, and they will be happening more frequently in the future.

"Service members, veterans, and their spouses can actually register and submit their resumes and get matched with hiring employers," Szustak said. "It's important to us to give these people every opportunity that we can provide, and we intend to make these events a more regular occurrence to do just that."

For information about job fairs near Navy homeports, contact the nearest Fleet and Family Support Center.

Diverse VIEWS



Staff Sgt. Sasha Gavilla
65th Airlift Squadron

"Attached. I don't know how many Ts are supposed to be where."



Lt. Col. Vinh Trinh
HQ PACAF

"Tomorrow. Is it with two Ms and two Rs?"



Tech. Sgt. Ardella Lawary
15th Aerospace Medicine Squadron

"Connoisseur. It doesn't sound the way it's written, or does it?"



Hospital Corpsman Tanner Beamer
Naval Health Clinic Hawaii

"I always spell commissary wrong because I double the m, the s, and the r."



Lt. j.g. Kiara King
USS Hopper (DDG 70)

"I always spell lieutenant wrong because I've never had to use it until recently, and even now I use the abbreviation and not actually spell the word."



Sonar Technician Submarine 2nd Class Scott Socks
Joint Base Pearl Harbor-Hickam

"I always spell plan wrong. I always add a silent e at the end and then I realize I spelled plane."

Want to see your command featured in Diverse Views? Got opinions to share? Drop us a line at editor@hookelenews.com

COMMENTARY

Start plans with safety in mind



**VIGILANCE
ENGAGEMENT
SPEED
TOGETHER**



Maj. Gen. Andrew M. Mueller
Air Force Chief of Safety



Chief Master Sgt. Joshua Franklin
Air Force Safety Career Field Manager

Summer weather brings with it the opportunity to get out and enjoy outdoor activities with fellow Airmen, family and friends. There is nothing quite like a warm afternoon on the beach, around the neighborhood pool, or even in the back yard showcasing your favorite barbecue technique, to make some lasting memories. There is no question about it — summer is a lot of fun!

However, each year Airmen or members of their family are needlessly injured, or worse, while participating in outdoor activities. Over the past 10 years, an average of 50 Airmen and an

equal number of family members died in off-duty activities such as boating, kayaking, swimming, biking, riding an ATV, and general aviation. Today, it's much more common to be injured or killed off duty than on duty.

How are most Airmen injured off duty?

Sports and recreation: I'm surprised by the number of injuries incurred in common sports like basketball and softball. In 2016, the Air Force experienced 2,031 injuries in sports and recreation activities. Each year you get a little older and the speed and agility you had in high school don't magically reappear each summer. Take time to prepare for sports activity with a good routine of stretching and warm up. If you don't have the skills in a particular sport, practice or take a lesson or two — stay in shape throughout the year so you are ready to win when you engage in your favorite sport.

Water: Each summer a few Airmen die while boating, water skiing, scuba diving and, in more cases than one would expect, from simply watching waves during hurricanes. In most all cases, using a sound buddy system could have prevented these mishaps. Sometimes the calmness of the open

ocean seems to challenge us to go beyond our limits, all in the spirit of fun. Unfortunately, the open ocean is terribly unforgiving. So stick with a partner, know your limits and most importantly, use the safety gear that can save your life.

Fire and fireworks: Every year, Airmen are severely burned starting their barbecue or from open flames. Throwing flammable items, like fireworks, into fires has the same result every time ... it will burn, it will explode and someone will get hurt. Barbecues and fire pits are great for camping or enjoying the back yard, but both involve open flames. There's nothing better than a fresh-toasted marshmallow, for sure — but respect open flames. And, prelight that gas barbecue.

On the Road: This one you do every day. It's driving. Our hazard exposure goes up during summer because we spend more time on the road. From road trips to theme parks, to visiting relatives in the next state or on a far coast, or the call of Route 66, the open road calls to many military families. No lecture here, just encouragement. If you're a passenger, maintain your situational awareness of the road. Help the driver. All of our minds wander and

that's deadly at 65 mph. And make a family rule of turning off the cell phone when you're the driver.

On Sept. 18, 2017, all Airmen will celebrate the 70th anniversary of our Air Force. Over the past seven decades, we've seen dramatic reductions in on- and off-duty fatalities. In the 1950s our Air Force experienced more than 1,000 fatalities per year. Today we're on a "Quest for Zero" when it comes to on- and off-duty fatalities. Zero fatalities from activities meant to be fun is easily achievable.

But, it means that you must take personal responsibility for your safety, that of your family and your fellow Airmen. Use the same sound risk management techniques you use every day in on-duty activities to keep you, your family and fellow Airmen safe this summer.

Chief Franklin and I want to thank all our Air Force families for the support you give our nation's Airmen. Our families represent the core of who we are, our strength as a service and a touchstone for those deployed in harm's way.

Be certain, each of you is a valuable part of our Air Force and our nation. Make this summer a fun one — full of enjoyable memories to last a lifetime.

Stavridis sees the big picture: 'Sea power,' service

Retired Adm. James Stavridis told NPR's Steve Inskeep last month, "You know what you see when you look out the bridge of a ship? You see eternity."

He spoke about being a young ship handler coming into Pearl Harbor for the first time, and seeing the experience as a lesson in not being "overly impulsive," not acting unilaterally, and instead relying on the power of teamwork.

In a talk to the Carnegie Council for Ethics in International Policy on June 5, Stavridis says, "Sea Power is at the heart of American Power." We are a maritime nation in an ocean-reliant world.

Stavridis, a surface warfare officer and former Supreme Allied Commander of NATO, takes readers on a personal

journey at sea and on the world stage, reflecting how the seas shaped who we are today.

The author of "Sea Power" (Penguin Press, 2017) has a wide and long vision. His book is subtitled, "The History and Geopolitics of the World's Oceans."

He calls the oceans the "lungs" of the earth, critical to climate and the environment. He notes that 95 percent of the world's trade is by sea. And, he shows that today's potential conflict flashpoints are tied to the waters: western Pacific (North Korea), Arctic (as climate change creates new sea routes), Indian Ocean ("a space of geopolitical criticality), South China Sea (with key sea lanes), eastern Mediterranean Sea (which "has seen

more war than any other sea space on earth").

He looks at the Caribbean as a region shared by many people "of the Americas" and a zone of partnership. He is an advocate of humanitarian missions as good investments for a more peaceful world.

Earlier this year Stavridis served as a keynote speaker at West 2017, where he spoke about what we need for interconnected global and national security.

In April 2017, he presented the commencement address at Dickinson College and spoke about education, political diplomacy, humanitarian medical care, freedom of the press, and volunteerism. His address is available on YouTube.

In "Sea Power," Adm. Stavridis brings



the legacy and insights of Mahan into the 21st century, expanding Mahan's critical thinking to include not only history, but also literature, environment and future-focused thinking - including the role and threat of cyber warfare. We look forward to reading and learning more.

(A version of this article appeared on Doughty's Navy Reads, a blog devoted to books, critical thinking and the Navy Professional Reading Program: <http://navyreads.blogspot.com/>)



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Aviation unit begins in Hawaii

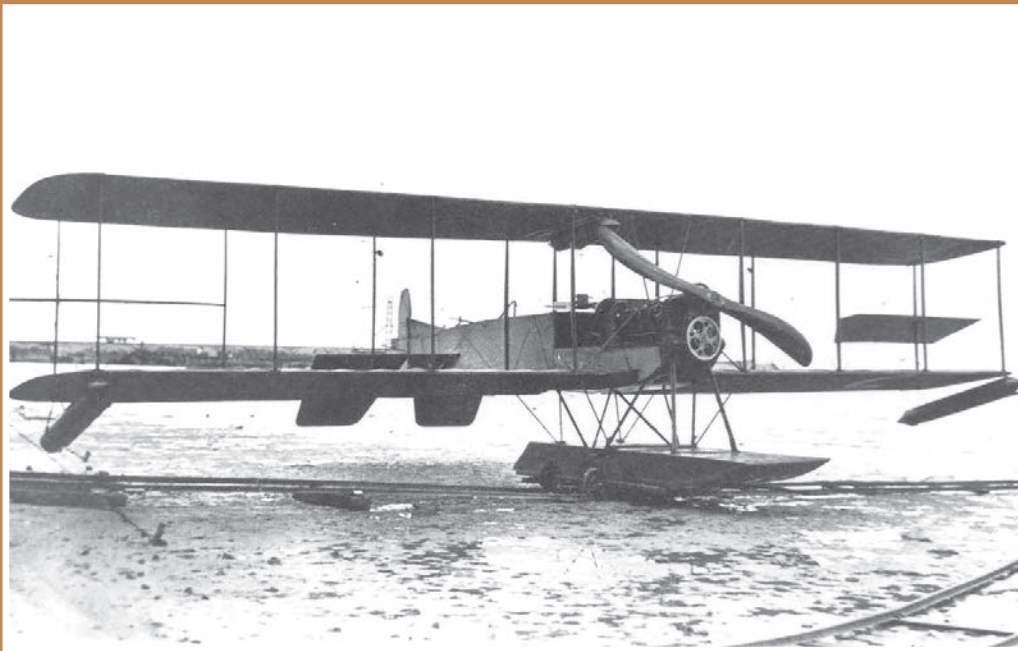


Photo courtesy of the Hawaii State Department of Transportation

A Curtiss Model G Tractor Scout (Signal Corps aircraft No. 21), brought by Army Lt. Harold Geiger, sits at Fort Kamehameha on Oahu on July 11, 1913. Geiger commanded the first aviation unit to be stationed in Hawaii. The aircraft arrived in the state 104 years ago this month.



U.S. Navy and Declaration of Independence

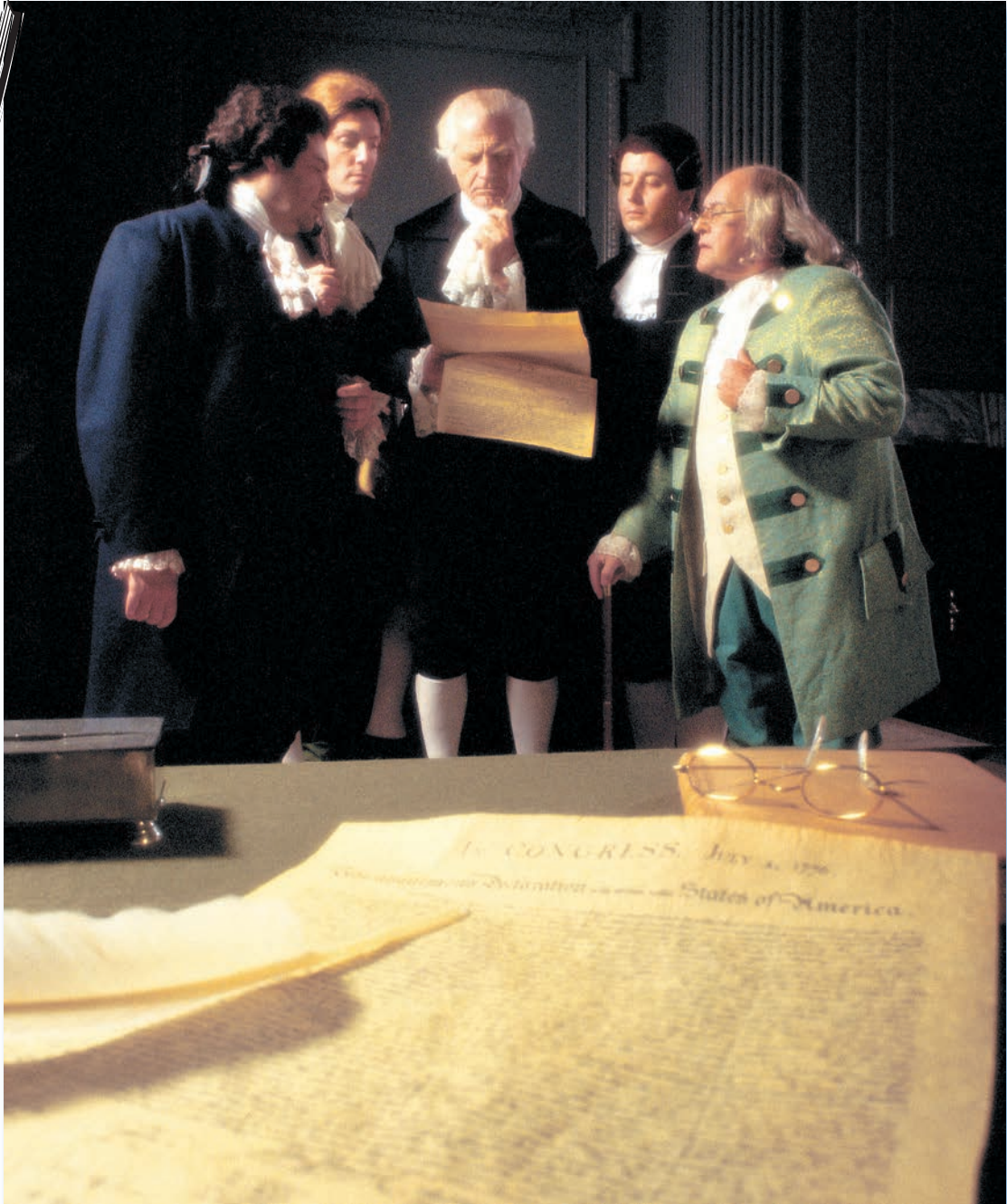
Did the colonial navy provide the decisive power for America’s independence? Did the Navy bring the idea of freedom to the world in 1776? Was George Washington the first Chief of Naval Operations?

Author Sam Willis brings an objective international perspective to these questions in “The Struggle for Sea Power: A Naval History of the American Revolution” (W.W. Norton & Company, 2016).

The book opens with revelations about how American rebels burned British ships and launched whaleboat attacks against the mighty Royal Navy, including against the schooner, HMS Diana, in Boston Harbor in 1775.

It was “a hostile act in the lion’s den itself that displayed both American courage and resourcefulness and convinced many of the direction that the revolution was taking,” Willis writes. The act planted the idea to create an American navy. And the idea came from Gen. George Washington, according to Willis. Washington knew how important waterways were to commerce and logistics.

“Washington may have lacked experience in sea power; but it is too easy to overlook his knowledge of waterways and skill in boatmanship. He may well have been a ‘farmer’ — a traditional seaman’s insult — but he was a farmer in Virginia, and in the 1770s all farmers in Virginia had a keen nose for matters maritime. Virginia was a colony that constantly looked to the sea. The most significant aspect of the Virginian economy was the exportation of tobacco, and vast fleets, well over 100 ships strong, made an annual migration to Virginia to move the tobacco crop from its magnificent natural harbour at Hampton Roads back to Europe.”



Reenactment of the signing of the Declaration of Independence.

We’re reminded of Washington’s crossings of the Delaware (three crossings and returns) and of his profound faith in the Navy. He told Count Rochambeau: “In any operation, and under all circumstances, a decisive naval superiority is to be considered as a fundamental principle, and the basis upon which every hope of success must ultimately depend.”

The Navy contributed directly to the spread of liberty and broadcasting of the Declaration of Independence worldwide. In the week after July 4, 1776 American ships carried printed copies of the Declaration to the rebels’ potential allies including to France and to the Dutch island of St. Eustatius. From there, news of the document and copies of its text quickly traveled

to Scotland, Ireland, Holland, Germany and Scandinavia.

The rise and fall of empires is a theme in “The Struggle for Sea Power.” So is the nature of naval warfare, which included littoral combat. Rivers and lakes presented deadly challenges to mariners. Contemporaries did not see distinction between the importance of command of the seas and control of inland

navies, considering both “command of the water.”

“If you are struggling to see a lake in the same terms as an ocean, I urge you to stand on the shores of Lake Michigan in a storm. You will not want to go out in a boat. Shallow it may be, but that shallowness and the relatively short fetch of the shores make for particularly brutal conditions on the water. And what about rivers? Rivers were to an eighteenth-century army as railways were to armies of the nineteenth century, but these were no passive, gently bubbling streams but evil and treacherous tongues of brown water whose currents could create whirlpools big enough to suck down a fully manned cutter. Figures do not survive, but it is safe to assume that during this war hundreds, perhaps thousands of sailors drowned in rivers or otherwise died fighting on, in or near them. Most of the riverine warfare I describe in this book, moreover, happened on the lower reaches, where powerful ocean-bound currents met relentless land-bound tides. Operating vessels in such conditions was the ultimate test of seamanship.”

“Struggle” offers more than a dozen pages of cool contour maps and charts, beautiful photos, and strange political cartoons of the time. Willis provides extensive notes, bibliography and even a glossary of nautical terms. The author credits the Naval History and Heritage Command’s ‘Naval Documents of the American Revolution’ series with forewords from “several generations of American presidents: from Kennedy through Johnson, Nixon, Ford, Carter, Reagan, Clinton and Bush to Obama”: <https://go.usa.gov/xNAR9>.

Declaration of Independence: https://go.usa.gov/xNARy

(An expanded version of this review was published on Navy Reads, a blog devoted to supporting reading, critical thinking and the Navy Professional Reading Program: <http://navyreads.blogspot.com/>)

Pearl Harbor-Hickam Highlights



Photo by Ensign Britney Duesler
Rear Adm. John Fuller, outgoing commander of Navy Region Hawaii shakes hands with Joint Base commander, Capt. Jeff Bernard, as Fuller's team bids farewell. Fuller's next assignment is as commander, Carrier Strike Group One.



Photo by Ensign Britney Duesler
Information Systems Technician 3rd Class Kris Cortez, a Houston native, assigned to USS Michael Murphy (DDG 112) holds a sign at the JBPHH Nimitz Gate remembering the ship's namesake Lt. Michael Murphy, who was posthumously awarded the Medal of Honor for his actions during Operation Red Wings in Afghanistan, June 28, 2005.



Photo by MC2 Robin W. Peak
Adm. Harry Harris, commander of U.S. Pacific Command, and Kang Young-Hoon, Consul General to the Republic of Korea in Honolulu, place a wreath to honor fallen veterans of the Korean War during the 67th annual Korean War Memorial Ceremony at the National Memorial Cemetery of the Pacific, June 25.



Photo by Tech. Sgt. Heather Redman
Members of the Honor Guard post the colors for the national anthem and Hawaii Pono'i during the 15th Operations Group change of command ceremony at Joint Base Pearl Harbor-Hickam, June 22.



EVENTS, PARKING, STREET CLOSURES ANNOUNCED

Joint Base Pearl Harbor-Hickam Public Affairs

Joint Base Pearl Harbor-Hickam Morale, Welfare & Recreation (MWR) will hold their annual Fourth of July celebration on Tuesday, July 4 from 3:30 to 9:30 p.m. at Ward Field.

The event’s entertainment includes The Eagles Experience (Eagles Tribute Band) at 5 p.m., the U2 by UV (U2 Concert Experience) at 7:30 p.m., followed by fireworks at 9 p.m.

Free activities include a petting zoo, train rides, airbrush tattoos, and a variety of field games and activities. Other free attractions include a Car Show & Shine, roaming magician, unicyclist, stilt walker and juggler. Inflatables and rides will also be available. Multiple food

vendors will be on site. Hospitality tents will be offering beverages for purchase. Security restrictions will be in effect in the event area, including no outside food and beverages (except water), backpacks, purses (other than small clutches), barbecues, personal tents, pets, glass containers, and coolers.

This event is free and open to all Department of Defense (DoD) ID card holders, military members, and their sponsored guests. No tickets will be necessary. The show is open to all military-affiliated personnel and their sponsored guests. (Not open to the general public.) Security restrictions, including limitations on items authorized for entry, will be in effect for the show.

For security and safety information, visit www.greatlifehawaii.com.

Independence Day parking and street closures

The following parking areas, fields, streets and piers will be secured during the following dates and times. All vehicles remaining in these areas during the scheduled secure times will be towed at the owner’s expense.

Parking lot closures:

- *Now to July 6, 4 p.m.* - Bloch Arena parking lot.
- *July 3, 6 a.m. to July 5, noon* - Bloch Arena parking lot adjacent to Ward Field and across Building 150.
- *July 3, 9 a.m. to July 4, 11 p.m.* - Battleship Road next to the Laundromat.
- *July 3, 5 a.m. to July 4, 11 p.m.* - Behind Bloch Arena.
- *July 3, 4 p.m. to July 5, 5 p.m.* - Ward Field.
- *July 4, 8:30 to 9:40 p.m.* – JBPHH Sierra Piers 8/9

There will be only one exit located at each end of Bravo and Mike Pier parking lot. During the day of the event, a modified traffic pattern will be utilized on Pearl Harbor Boulevard and North Road. All traffic southbound on North Road will be forced to merge onto Pearl Harbor Boulevard. All traffic southbound on Pearl Harbor Boulevard will be forced to merge north on North Road at Pearl Harbor Road.

Road closures during the event (July 4):

- *Noon to 10 p.m.* - North Road from Nimitz Gate to Pearl Harbor Boulevard.
- *Noon to 10 p.m.* - Battleship Road in both directions from North Road to the end of Ward Field.
- *Noon to 10 p.m.* - Ticonderoga Street from South Avenue to Pearl Harbor Boulevard.

- *Noon to 10 p.m.* - Avenue-B between Ticonderoga Street and Frederick Street
- *3 to 10 p.m.* - Frederick Street
- *3 to 10 p.m.* - Willamette Street at Pearl Harbor Boulevard
- *8 to 10 p.m.* - Pearl Harbor Boulevard from Club Road to North Road at the entrance to the JBPHH Gym. Traffic flow from one side of the base to the other will not be authorized due to this closure.
- All parking lots along Pearl Harbor Boulevard between North Road and Club Drive will be closed to vehicle traffic from 8 to 10 p.m.
- Merry Point landing will be secured to foot traffic.

Military-affiliated personnel (including family members and DoD employees) with appropriate DoD ID cards may enter through Nimitz Gate and park at Paul Hamilton Avenue parking lot “D” or enter through Makalapa Gate and park at Mike or Bravo Piers prior to 8 p.m.

All vendors and contractors will utilize Halawa Gate from 5 a.m. to 5 p.m. After 5 p.m., all vendors and contractors will transition to Center Drive Gate to be inspected and enter through Nimitz Gate. Kuntz Gate and inspection area will be closed during these times.

Other events:

- A 21-Gun Salute will be performed in honor of Independence Day starting at noon on July 4. One round will be fired every minute for 21 minutes from Ford Island 400 mm battery position.
- All ships and commands will observe silent colors on the evening of July 4. For more event information, visit www.greatlifehawaii.com.



Pacific Angel begins in the Philippines

Headquarters Pacific Air Forces Public Affairs

The Armed Forces of the Philippines (AFP) and United States forces will work together to conduct humanitarian assistance engagements June 23-July 3, as part of Pacific Angel (PACANGEL) 2017.

During this exchange, U.S. and Filipino service members will partner with local non-governmental organizations and other multilateral international participants to train together by providing medical, dental, optometric, and engineering assistance, and conducting subject matter expert exchanges in Bogo City and San Remigio, Northern Cebu Province, Philippines.

Throughout the 10-day engagement, AFP and U.S. forces will also partner with local schools and health clinics to repair and update infrastructure. U.S. and Philippine service members will increase interoperability by learning best medical practices from one another, while giving back to the community as friends, partners, and allies.

This is the first of four humanitarian assistance engagements that make up PACANGEL 17. The remaining engagements



Photo by Tech. Sgt. Jeff Andrejczik

U.S. Air Force Senior Master Sgt. Jerome Capalad, deputy fire chief with the 647th Civil Engineering Squadron, Joint Base Pearl Harbor-Hickam, teaches a search and rescue and structural collapse class to local Filipino first responders during Pacific Angel 2017 in Bogo City, Philippines, June 23.

will take place in the following locations: Tam Ky, Quang Nam Province, Vietnam; Northern and Western Divisions, Fiji; and Gorkha, Nepal.

Now entering its 10th year, PACANGEL ensures that the region’s militaries are prepared to work together to address humanitarian crises. Since 2007,

PACANGEL engagements have impacted the lives of tens of thousands of people through providing health services ranging from dentistry, optometry,

pediatrics and physical therapy to civil engineering programs, humanitarian aid and disaster relief and subject matter exchanges.

For more information, photos and stories about PACANGEL 17 visit the DVIDS website at www.dvidshub.net/feature/PacificAngel17.



NCIS program focuses on child abuse prevention

NCIS Pearl Harbor

The Naval Criminal Investigative Service (NCIS) Crime Reduction Program (CRP) has focused this quarter’s efforts on the awareness and prevention of child abuse and exploitation.

The CRP is an awareness and education program, which unites law enforcement and community service organizations with a shared goal of educating Sailors, Marines and Department of the Navy civilians about common threats to their safety.

By educating yourself and others, you can help your community prevent child abuse and neglect from happening in the first place.

Here are eight ways to help prevent child abuse:

- 1 Be a nurturing parent**
Children need to know that they are special, loved and capable of following their dreams.
- 2 Help a friend, neighbor or relative**
Being a parent isn’t easy. Offer a helping hand to take care of the children, so the parents can rest or spend time together.
- 3 Help yourself**
When the big and little problems of your everyday life pile up to the point you feel overwhelmed and out of control, take time out. Don’t take it out on your kid.
- 4 If your baby cries**
It can be frustrating to hear your baby cry. Learn what to do if your baby won’t stop crying.
- 5 Get involved**
Ask your community leaders, clergy, library and schools to develop services to meet the needs of healthy children and families.
- 6 Report suspected abuse or neglect**
If you have reason to believe a child has been or may be harmed, call your installation Family Advocacy Office and child protective services or your local **police**.
- 7 Promote programs in school**
Teaching children, parents and teachers prevention strategies can help to keep children safe.
- 8 Volunteer** at a local child abuse prevention program.

For information about volunteer opportunities, call 1 (800) CHILDREN.

For more information on the NCIS CRP, contact your local NCIS office at 474-1218. To report a crime and submit an anonymous tip to NCIS, text “NCIS” plus your tip information to CRIMES (274637) or visit www.ncis.navy.mil.



FINAL COUNTDOWN TO DEPARTMENT OF DEFENSE WARRIOR GAMES

Editor's note: Two Sailors and one Airman stationed in Hawaii will participate in the Wounded Warrior Games: Information Technology Specialist 1st Class Pou Pou, assigned to U.S. Pacific Fleet; Senior Chief Personnel Specialist Raina Hockenberry, assigned to U.S. Pacific Fleet; and Master Sgt. Jarod L. Jones, aircraft metals technician, assigned to U.S. Pacific Air Forces.

Commander, Navy Installations Command Public Affairs

After two years of planning and preparation, the 2017 Department of Defense (DoD) Warrior Games will kick off in Chicago today and run through July 8.

Nearly 265 seriously wounded, ill and injured service members and veterans representing the U.S. Army, Marine Corps, Navy, Coast Guard, Air Force and Special Operations Command, and international teams from the United Kingdom and Australia will compete.

The Navy is hosting the Warrior Games for the first time off of a military installation or U.S. Olympic training center. The 2017 Warrior Games will

be held in world-class venues in downtown Chicago, including McCormick Place, Soldier Field and the United Center.

Team Navy has 36 Sailors and four Coast Guardsmen and will be pitted against other military teams to compete for gold, silver and bronze medals in archery, cycling, field, shooting, sitting volleyball, swimming, track and wheelchair basketball.

Opening Ceremonies will be held July 1 at Soldier Field with Jon Stewart as emcee and entertainment by Grammy award-winning artists Blake Shelton and Kelly Clarkson.

For more information about this year's games, visit www.dodwarriorgames.com.

"It means a lot to me, being in the Navy and carrying on that legacy of a Sailor and sea warrior."

— Information Technology Specialist 1st Class Pou Pou

POWER OF POU

A feature article about Information Technology Specialist 1st Class Pou Pou, titled "The Wounded Samoan Warrior: One Sailor's journey to recovery" by MC2 Robert R. Sanchez of Defense Media Activity has been posted on Navy.mil and All Hands magazine.

According to an excerpt from the article, "It made me proud to be in the Navy and be a Samoan warrior," said Pou, who stands 6 feet 4 inches. "It means a lot to me, being in the Navy and carrying on that legacy of a Sailor and sea warrior."

"His warrior spirit has helped him fight through countless hours of physical therapy including aqua-therapy, medical massage therapy, cupping therapy and acupuncture. In addition to his back problems, years of weight lifting and basketball have taken a toll on his knees. So much, that he's gone through four knee surgeries," Sanchez wrote in the article.

For the complete article on Pou, visit http://www.navy.mil/ah_online/ftStory.asp?issue=3&id=101176



The 2017 Department of Defense (DoD) Warrior Games will begin today in Chicago and run through July 8.
Photos courtesy of DoD Warrior Games

Cyber Koa wins and keeps bid alive for playoffs

Story and photo by
Randy Dela Cruz

Sports Editor, Ho’okele

The 690th Cyberspace Operations Squadron (690 COS) Cyber Koa took a huge step forward to qualify for the playoffs by overcoming a five-run deficit to beat the 613th Air and Space Operation Center (613 AOC), 8-5, on June 28. The action took place in a White Division intramural softball game at Millican Field, Joint Base Pearl Harbor-Hickam.

Cyber Koa broke the .500 mark for the first time this season with a record of 5-4, while the hard luck 613 AOC fell to 2-7.

Cyber Koa pitcher Master Sgt. Matt Cramer spotted the 613 AOC five runs in the first two innings, but settled down to throw shutout ball for the next five innings to give his team a chance for the comeback.

“I always tell the guys don’t worry about the score until the end of the game,” Cramer said. “Just keep going at it. Give 100 percent and then win at the end. It was just one of those things where we just keep going and don’t stop.”

As stated, it was the 613 AOC that got on the scoreboard first, when Senior Master Sgt. Mark Burwen singled in a run in the top of the first inning.

The run left the 613 hungry for more and the team delivered four more times in the next inning to grab a 5-0 advantage.

Among the team’s big hits in the inning was an RBI double



Master Sgt. Matt Cramer throws a pitch. Cramer pitched five shutout innings to help Cyber Koa to victory.

by 1st Lt. Jeremy McCarthy and a run-scoring opposite field hit by 1st Lt. Kevin Goehrig.

Instead of rolling over after falling behind, the Cyber Koa attack awoke in the bottom of the second inning with five runs of their own to tie the score.

Cyber Koa got things started

by placing two runners in scoring position at second and third, before Tech. Sgt. Michael Williams tapped a dribbler towards the pitcher for a single that scored the team’s first run.

Airman 1st Class Jordan Anthony rapped a single that drove in the next run, before

a walk with the bases loaded added the team’s third run of the inning.

Cyber Koa picked up run number four on a single by Ceasar Casalda and a fielder’s choice out produced the game-tying score.

In the bottom of very next in-

ning, Cyber Koa took their first lead of the game on an RBI single off the bat of Senior Airman Spencer Davies to make it 6-5.

With Cramer making the adjustments on the mound to keep the 613 AOC batters off-balance, Cyber Koa took advantage of the goose eggs by adding two more runs in the bottom of the fifth inning.

Tech. Sgt. Ryan Martin came to the plate with runners on first and second, before hitting a single.

Aggressive running by both runners allowed them both to score to take an 8-5 lead that would stand to the end of the game.

“Martin has been big for us,” Cramer said. “He struggled at the beginning of the year, but he’s put it together these past three or four games.”

As far as the head’s up running by the two men on base, Cramer said that it’s all to the credit of the third base coach.

“I always tell my base coaches to be aggressive on the bag,” Cramer said. “Make sure they know who’s out there and if it’s even close, send them.”

While the road is now paved for Cyber Koa to secure a spot in the playoffs, Cramer said that it won’t be easy.

The team will resume play on July 12 and when they do, they’ll square off against two of the top teams in the division.

“Yeah, it’s going to be hard,” he said. “We’ve got to hope for some luck on our side and keep playing and hopefully we’ll get these two wins.”

NHCH sends PACOM/JIOC to first loss of season

Story and photo by
Randy Dela Cruz

Sports Editor, Ho’okele

Naval Health Clinic Hawaii (NHCH) played David against the Red Division’s Goliath Pacific Command/Joint Intelligence Operation Center (PACOM/JIOC), as the team slingshotted a deadly blow in securing a 7-6 victory on June 27 at Millican Field, Joint Base Pearl Harbor-Hickam.

The loss was the first of the season for defending champs PACOM/JIOC and eliminated the division’s final team from the ranks of the undefeated.

NHCH, who was sitting in fifth place before the start of the game, improved to 6-3 and is now in a three-way tie for third, while PACOM/JIOC holds a record of 6-1.

The big hit of the game came off the bat of Hospital Corpsman 3rd Class Cody Adkins, whose single with two men on and one out drove in the final two runs of the game for the walk-off win.

“We’ve been on a really big winning streak lately, where we have just been pounding people,” said Adkins about the huge upset. “I’ve been telling everybody, as long as we come out, stay focused at the plate, we just hit the ball, try not to be the hero, we have the defense to beat anybody.”

Defense, pitching and clutch hitting all played big roles in the



Hospital Corpsman 3rd Class Cody Adkins keeps his eyes on the ball before slashing a game-winning hit.

win for NHCH.

First off, pitcher Master Chief Chris Aldis did a fantastic job of keeping PACOM/JIOC’s murderer’s row of hitters off balance.

Aldis was masterful off the mound, as he changed speeds on his pitches and even altered the motion of his delivery from fast to slow.

For three of the seven innings, Aldis set down PACOM/JIOC hitters in order, which has been a rare feat during this season.

“It does start with the man throwing the ball, but we’re a big team and everybody in back of him collectively backs him up,” Adkins said. “He (Aldis) gets out there and throws his heart out every game. I’m proud of him.”

Defense also played a big role in the win, as NHCH not only took care of the routine plays, but also came up with some stops worthy of a highlight reel.

The biggest defensive play came in the top of the fifth inning. With the game tied at 4-4,

PACOM/JIOC loaded the bases with only one out and All-Navy candidate Intelligence Specialist 2nd Class Christian Hetzel entering the batter’s box.

Batting from the left side, Hetzel sent a rocket down the first-base line. First baseman Hospital Corpsman 1st Class Michael Aperto-Apodaca made a spectacular grab and then touched the bag for an unassisted double play to end the threat and inning.

“I’ve got a lot of trust in him,” Adkins said. “He’s just an all-

around athlete. He hits bombs, he plays solid defense and he’s got reach like nobody else on our team. If the game’s on the line, if there’s one guy I want them to hit the ball to, it’s that guy.”

Then there’s clutch hitting, with the biggest one coming from Adkins.

“I’ve been anxious at the plate a little earlier in the night,” Adkins said. “My philosophy has been to take the first pitch, settle down and then as soon as I see the next one to hit, I go for it. This game could have gone either way. Fortunately, it came out in our favor.”

Adkins said that while certain plays and individual players may have come up big in the team’s upset win, it all comes down to playing as team.

“We don’t have anybody who’s playing out there for their own glory,” he said. “We are really big about the team and nobody wants to let their teammate down. We just keep going forward and everybody stays upbeat.”

While the win over PACOM/JIOC is a huge boost to NHCH, Adkins said that the team would just file it away and come back ready for the next game.

“We won’t be overconfident,” he said. “We always respect our opponents, but we’re hot right now and we like to think that we can win every game that we play. We won’t let it get to our heads, but we just like to think that we’re competitive with every team that we play.”



Information Systems Technician 2nd Class Lance Hutchins keeps his toe near the bag after hitting a double.

FREQS & GCCS rough up CSP in slugfest

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

Entering the game sitting in fourth place, FREQS & GCCS took a step back into the Red Division pennant race by climbing over the third place Commander Submarine Force U.S. Pacific Fleet (COMSUB-PAC) CSP by a score of 17-10 on June 27 at Millican Field, Joint Base Pearl Harbor-Hickam.

FREQS & GCCS matched CSP's record in the Red Division at 6-3, but now takes over third place by virtue of the victory.

Holding on to some of the top hitters on base, including All-Navy player Information Systems Technician 2nd Class Lance Hutchins, FREQS & GCCS could be a dark horse in the race to the Joint Base title.

Hutchins said that the key to keeping the wins coming is to make sure that all of the players are available for each of the remaining games.

"That's the way our team is put together," Hutchins said. "If one of our pieces is missing, it's kind of hard for us to rebound. Everyone

should be here for the rest of the season."

FREQS & GCCS got out in good fashion as the team picked up three runs in the top of the first inning.

Then, in the top of the fourth, they added another run on a sacrifice fly to hold a 4-0 advantage.

However, the game got much closer in the bottom of the frame. Electronics Technician 1st Class Kyle Longnecker launched a bomb over the left-field fence that drove in three runs.

Separated by only a run, FREQS & GCCS extended the lead again with five runs in the top of the fifth.

The big hit in the inning came off the bat of 55-year-old Lloyd Shoemaker, who slugged a two-run triple.

Shoemaker, a retired Navy veteran, also went the distance on the mound to pick up the win.

"He surprises us every once in awhile," Hutchins said. "He's a crafty veteran. Maybe five years ago, he would have made an inside the park."

Now trailing by a score of 9-3, back came CSP with a rally of their own in the bottom of the frame by tallying five times to draw to within a single run once again.

In the inning, Yeoman 1st Shane Walsh got things going by hitting a single that drove in two runs.

Force Master Chief Paul Davenport also drove in two runs on a double with men on second and third.

The hot bats of FREQS & GCCS continued in the top of the sixth inning. Aided by a couple of fielding errors by CSP, the team pulled out in front for good.

Two runs scored on errors and a single by Information System Technician 2nd Class Zach Haisan added another in a three-run sixth that put FREQS & GCCS ahead by four at 12-8.

The team put the finishing touch on the game with five runs in the top of the seventh inning.

Hutchins, Jim Maddox, a Department of Defense civilian, and Information Systems Technician 1st Class Cameron Evans were among the players that drove in runs in the team's final at-bat.

"It just depends how hot the bats are," Hutchins said about the team's ability to distance itself from CSP each time they made the game close. "Sometimes the bats are hot and sometimes the bats are cold. We just got it on a good night."

MY FAVORITE PHOTO



Agnes Tauyan, director of Navy Region Hawaii Public Affairs, took this recent photo of a full moon over Pearl Harbor. How to submit: Email information and photos to editor@hookelenews.com.

Volunteer opportunities available for Special Olympics

There are five volunteer opportunities designed to help boost the morale and development for special needs children at the upcoming Special Olympics Oahu-wide Soccer and Bocce Tournament.

The Special Olympics is looking for volunteers for the following categories.

- There are five to 10 load-up crew members needed from noon to 3:30 p.m. July 14 at the Special Olympics warehouse, 1603 Democrat St. in Honolulu. Load equipment into a truck in preparation for following day.
- There are 20 volunteers needed for the set-up crew from 6 to 9 a.m. July 15 at Waiau District Park, 98-1650 Kaahumanu St. in Pearl City. Volunteers will set up tents, tables and chairs and distribute sports equipment and gear.
- There are six volunteers needed as all-day crew from 8 a.m. to 3 p.m. July 15 at Waiau District Park. Volunteers will help with water, ice, drinks, cups, trash, and recycling at tents, and deliver gear as needed from the Special Olympics Hawaii headquarters.
- There are 20 volunteers needed as breakdown crew from 1 to 3 p.m. July 18 at Waiau District Park. Volunteers will take down tents and pack them away into bins, stack tables and chairs, and deliver equipment over to the truck for load up.
- There are five to 10 volunteers needed for the unloading crew from 3:30 to 5 p.m. July 18 at the Special Olympics warehouse. At conclusion of the event, volunteers will follow the truck from the park to the warehouse or meet directly at the warehouse. Volunteers will unload all equipment from the truck and organizing it back into correct location in warehouse.

Snacks, hamburgers and hot dog lunches will be provided from the Elks Lodge 616 on July 15. Letters of appreciation and a free Special Olympics T-shirt will be given to those who lend a hand.

For more information, contact Blythe Yamamoto at oahuahd1@so-hawaii.org by July 5.



UPCOMING EVENTS

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation



Free music clinic set for tonight

- **Free music clinic with the Air Force Band's Guy James** will be held from 5 to 7 p.m. June 30 at the Makai Recreation Center. Participants can learn about music theory and what it takes to play in a band. This event is open to all ages. For more information, call 449-3354.
- **Free social media day plus chill and grill/nine-ball challenge** begins at 5:30 p.m. June 30 at Club Pearl Brews & Cues. Participants can have free pupus and participate in the nine-ball pool challenge for prizes. In addition, participants can see which photo wins the social media day contest. This event is open to ages 18 years and older. For more information, call 473-1743.
- **Free movie night** will be held from 6 to 9 p.m. June 30 at the Hickam Family Pool (Pool 2). This event is open to all ages. For more information, call 260-9736.
- **Eat the Street** with Information, Tickets and Travel (ITT) shuttle will be from 6:30 to 9:30 p.m. June 30, departing from the Hickam ITT office. Patrons can avoid traffic and parking for a small fee, and be returned to the base at the end. For more information, call 448-2295.
- **Golf and taco special** runs from July 1 to 31 at the Ke'alohe Golf Course. Patrons can get 25 percent off their round of golf, plus get up to three tacos for \$2 each next door at La Familia. For more information, call 448-2318.
- **Free online registration for youth sports home school P.E.** begins July 1. The season begins Aug. 10 at Bloch Arena and will be held every Thursday from 11 a.m. to noon. Participants need to be registered with youth sports. For more information, call 473-0789.
- **Free movie on the Beach** begins at 7:45 p.m. July 3 at Hickam Beach. Patrons are invited to bring chairs and blankets and watch a movie under the stars next to the waters. For more information, call 449-5215.
- **Camping in the park** will be held from 4 p.m. to 8 a.m. July 3 to 4 at the Hickam Harbor Waterfront. Registration reserves camp space only. Gear and equipment are not provided. If camping gear is needed, patrons can visit the Outdoor Adventure Center to rent. The cost is \$30-\$35, and the registration is accepted at the Hickam Harbor Marina office. For more information, call 449-5215.
- **Free Fourth of July Celebration** will be held from 3:30 to 9 p.m. July 4 at Ward Field. The event will include live entertainment, carnival-style games, attractions and activities, plus a fireworks show. For more information, visit www.greatlifehawaii.com.
- **Free Read to Dog** program will begin at 9 a.m. July 5 at the Joint Base Pearl Harbor-Hickam Library. Kids are encouraged to read aloud to Bear, a therapy dog, to help make them comfortable with reading. For more information, call 449-8299.
- **Online registration for the NFL Football ProCamp** hosted by Steve Smith Sr. begins July 5. The two-day camp runs July 19 and 20 on Ward Field. This event is free and open to youth ages 6 to 13 years. Walk-ins will not be accepted. For more information, visit www.greatlifehawaii.com.
- **Free Stars and Stripes 5K Run** will be held from 7 to 9 a.m. July 6 at Wahiawa Annex Fitness Center. This event is open to all base-eligible patrons. For more information, call 653-5542.
- **Moonlight paddle** will be held from 8 to 10 p.m. July 7 at Hickam Harbor. The cost is \$25 and the sign up deadline is July 6. For more information, call 449-5215.
- **Stand up paddleboard yoga** will be from 8:30 to 9:30 a.m. July 7 at Hickam Harbor Marina. The cost is \$10 and the deadline to register is July 6. For more information, call 449-5215.
- **Learn standup paddleboard** class will be held from 9:15 to 10:15 a.m. and 10:30 to 11:30 a.m. July 8 at Hickam Harbor. The cost is \$25 and deadline to register is July 6. For more information, call 449-5215.
- **Learn to spearfish** will be held from 9 a.m. to noon, July 8 and 9 at Hickam Harbor. The first day is class instruction in a pool and the second day takes place in the harbor waters. The cost is \$60 and the deadline to register is July 5. For more information, call 449-5215.
- **A hike of Ehukai Pillbox** will be held from 8 a.m. to 1 p.m. July 8, departing from the MWR Outdoor Adventure Center. The cost is \$20 and the deadline to register is July 6. For more information, call 473-1198.



Be ‘food safe’ when grilling outdoors

Defense Commissary Agency

Before any cookout, grill masters should consider the following basic food safety tips, courtesy of Chris Wicker, Defense Commissary Agency (DeCA) public health advisor.

- **Be clean.** Before cooking or eating — and definitely after using the bathroom — wash your hands with soap and water for at least 20 seconds. Don’t forget the grill. It should also be cleaned before preparation begins.

- **Separate the food.** Keep raw food apart from cooked food. The juices from raw meats can contain bacteria that could transfer to other foods. That means use separate plates or containers for raw meat, poultry or seafood when moving food to the grill and different containers entirely for the cooked products unless the carriers have been washed thoroughly in soap and water. Also, keep cooking utensils and cooking surfaces clean from potential cross contamination.

- **Marinate in refrigerator.** Any food that is marinating should be covered and kept in a refrigerator until ready to cook. Also, don’t reuse marinade containing raw meat.
- **Cook it completely.** This means you cannot take shortcuts on the amount of time it takes to thoroughly cook meat. Use a food thermometer to ensure meat is ready to eat. For example, ground beef and pork should be cooked at 160 F, chicken at 165 F and steaks and roast at 145 F. For shrimp, lobster and crab, cook

until pearly and opaque. You can use your microwave, oven or stove to precook the food immediately before placing it on the grill.

- **Chill and freeze — immediately.** Food should never be off the grill or out of the cooler for more than two hours. And, when the outside temperature is hotter than 90 F, food can only be left out for an hour.
- **Hot, hot, hot.** Keep hot food wrapped, insulated in a container and at or above 140 F. Eat hot take-out food within

two hours of purchase. When reheating food on the grill, make sure it reaches 165 F.

- **Keep it cold.** If it’s meant to be cold, it needs to stay that way at or below 40 F. Chicken salad, potato salads, bagged and green salads, and certain desserts must be protected from warm temperatures by placing them on ice in coolers. Remember to drain the water from melted ice in those coolers and replace ice as necessary. *For more information, visit www.commissaries.com/food_safety.cfm.*

All-Military Surf Classic brings personnel together on the water

**Petty Officer 2nd Class
Tara A. Molle**

*Public Affairs Specialist
14th Coast Guard District*

The sun was shining and surf was up for the 11th annual All-Military Surf Classic held at White Plains Beach at Kalaeloa on Oahu, June 10.

Presented by Morale, Welfare and Recreation Hawaii, the event was open to active duty and retired military and Department of Defense (DoD) personnel, retirees, and their families.

For the second year in a row, crewmembers from the Coast Guard 14th District showed a strong presence by winning the top branch award and placing well in numerous categories including first place in three others.

The surf classic included four different divisions for personnel to enter such as DoD shortboard, DoD longboard, active duty military/shortboard and active duty military/longboard.

“We’re incredibly thankful to MWR and the contest sponsors who gave us the opportunity to bring personnel from Coast Guard units all over Hawaii together to compete as a team” said Lt. Cmdr. Kevin Cooper, command duty officer at the Coast Guard 14th District. “We hope even more active duty participants can join us next year to make the competition more challenging!”

While surfing is a fun activity for both young and old, it also has deep roots in Hawaiian culture. Duke Kahanamoku, known as the father of modern surf-



The annual All-Military Surf Classic took place at White Plains Beach, June 10.
Photos courtesy of the U.S. Coast Guard



ing, popularized the sport in the early 1900s.

Kahanamoku was a true waterman as he was a surfer, Olympic swimmer, and lifeguard. He even helped rescue the lives of 12 people from a 40-foot fishing boat off the California coast in 1925.

“Being out on the water is a big part of many of our lives whether it’s serving in the Coast Guard or surfing,” Cooper said. “If it wasn’t for Duke, we might not have been here today to enjoy this incredible pastime. It’s also special knowing that although we don’t have a direct connection with him, we are still connected in our passion and respect for the sea.”

FINAL RESULTS:			
Women’s longboard:		Men’s shortboard 30 and over:	
FIRST	MST3 Julie Imagane <i>(MSU Portland)</i>	SECOND	ME2 Kuilee Murphy <i>(Sector Honolulu Enforcement)</i>
THIRD	Lt. Melissa Cooper <i>(Sector Honolulu Prevention)</i>	THIRD	MST1 Chris Goody <i>(Sector Honolulu Prevention)</i>
Men’s longboard 30 and over:		FIFTH	AET1 Brooks Koegel <i>(Air Station Barbers Point)</i>
FIRST	YN1 Johnnie Dodge <i>(MSST Honolulu)</i>	SIXTH	AST2 Scott Mochkate <i>(Air Station Barbers Point)</i>
THIRD	AST2 John Knight <i>(Air Station Barbers Point)</i>	Men’s shortboard 29 and under:	
Men’s longboard 29 and under:		FIRST	EM2 Joseph Hudgins <i>(Sector Honolulu Engineering)</i>
SECOND	AST2 Robin Pietschmann <i>(Air Station Barbers Point)</i>	THIRD	MK2 Jerome Curran <i>(MSST Honolulu)</i>
		FIFTH	BM2 Dane Tokumoto <i>(MSST Honolulu)</i>
DoD families: Winning fourth in women’s longboard was Kristina Anderson <i>(wife of CWO2 Brian Anderson)</i>			

HO'OKELE PEARL HARBOR - HICKAM

COMMUNITY
CALENDAR

JUNE

JULY

JBPBH RECYCLING PROGRAM

NOW — Joint Base Pearl Harbor-Hickam (JBPHH) has two recycling program operating locations at Hickam and Pearl Harbor, for customer convenience and support. The Pearl Harbor recycling center is located on Russell Avenue, building 159. The Hickam Recycling Center is at Kuntz Avenue, building 1715. Another service available through the Hickam Recycling Center is the use of a large commercial shredder by appointment. FMI: JBPHH Recycling Program at 474-9207.

FEDS FEED FAMILIES

NOW TO AUG. 31 — The annual Feds Feeds Families Campaign has officially begun. Please contact your command representative to make non-perishable food donations. Donations will go to the Hawaii Foodbank. Boxes are placed around the command or items can be dropped off next to room 315 in building 150, third floor). The point of contact is ITCS (IW/AW) Carrie Allen. FMI: 473-0054 or email carrie.allen@navy.mil.

JBPBH CHAPEL UPDATES

JULY — Beginning July 2, the Catholic Mass time will permanently change to 8 a.m. on Sundays at the Pearl Harbor Memorial Chapel. In addition, Vacation Bible School will be held July 11-14, from 5:45 to 7:45 p.m. at the Pearl Harbor Memorial Chapel. For a list of the chapel services and programs at JBPHH, visit the link www.cnrc.navy.mil/regions/cnrh/installations/jb_pearl_harbor_hickam/om/religious_programs/chapels.html

FREEDOM FEST AT PMRF

JULY 3 — America's Most West Freedom Fest will begin at 6 p.m. at Shenanigans at Pacific Missile Range Facility on Kauai. Gates open at 5 p.m. and the free event is open to the public. The event will include live entertainment, crafts, food vendors, games bounce houses and an art mural. The event will feature fireworks at 9 p.m. FMI: 335-4446 or 335-4708 or www.pmr.f.greatlifehawaii.com

CAMPING IN THE PARK

JULY 3-4 — Camping in the park will be held at Hickam Harbor. Campsite prices range from \$30 to \$35. Camping begins at 4 p.m. July 3 and ends 8 a.m. July 4. FMI: 449-5215.



JULY 4 — Joint Base Morale, Welfare and Recreation (MWR) will hold a Fourth of July celebration at Ward Field. The Eagles Experience takes the stage at 5 p.m. performing songs from the legendary California band, The Eagles. At 7:30 p.m., U2 by UV will give patrons the "U2 Concert Experience" up until the fireworks start. For the first year, MWR is also giving away a car or other vehicle as the grand prize. The event will also include free activities for all ages, such as games and contests. Other attractions will include a train ride, petting zoo, car show and inflatables. FMI: www.greatlifehawaii.com.

VETERANS ROUNDUP

JULY 4 — A Kauai Veterans Council Fourth of July Veterans Roundup will be held for veterans and their families from 9 a.m. to 3 p.m. at the Kauai Veterans Center in Lihue. FMI: 246-1135.

PICNIC ON THE PIER

JULY 4 — The Battleship Missouri Memorial will hold a Picnic on the Pier event beginning at 6 p.m. The celebration will end with a fireworks display. The event will include live music by Kalei Gamiao and special guests Jon Yamasato and Lopaka Colon. The event will also feature children's activities and raffle prizes. The fireworks show will begin shortly after 9 p.m. For ticket information, visit www.ussmissouri.org/picnic

RESUME WRITING CLASSES

JULY 5 — A class for writing resumes for the private sector will be held from 1:30 to 3:30 p.m. at Military and Family Support Center Hickam. In addition, a separate class about federal employment will be held from 4:30 to 6:30 p.m. at Military and Family Support Center Pearl Harbor. It will cover topics such as hiring preferences and programs for veterans and military spouses. FMI:

www.greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

MANAGING MONEY, CREDIT

JULY 6 — A class on managing money and credit will be held from 2 to 3:30 p.m. at Military and Family Support Center Pearl Harbor. The class will cover the basics of debt reduction, budgeting, saving, and investing basics to advanced strategies and guidance for improving your credit score. It will also focus on planning savings goals and gaining awareness about loans. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

SUICIDE INTERVENTION TRAINING

JULY 6-7 — Applied Suicide Intervention Skills Training (ASIST) will be held from 8 a.m. to 4 p.m. at Pearl Harbor Memorial Chapel. This is a two-day, 15-hour workshop that teaches suicide first aid intervention skills. Similar to the medical first aid concept, suicide first aid caregivers learn verbal intervention skills that apply potentially lifesaving techniques to reduce suicide risk. Attendees can learn to be a more willing, capable and confident caregiver

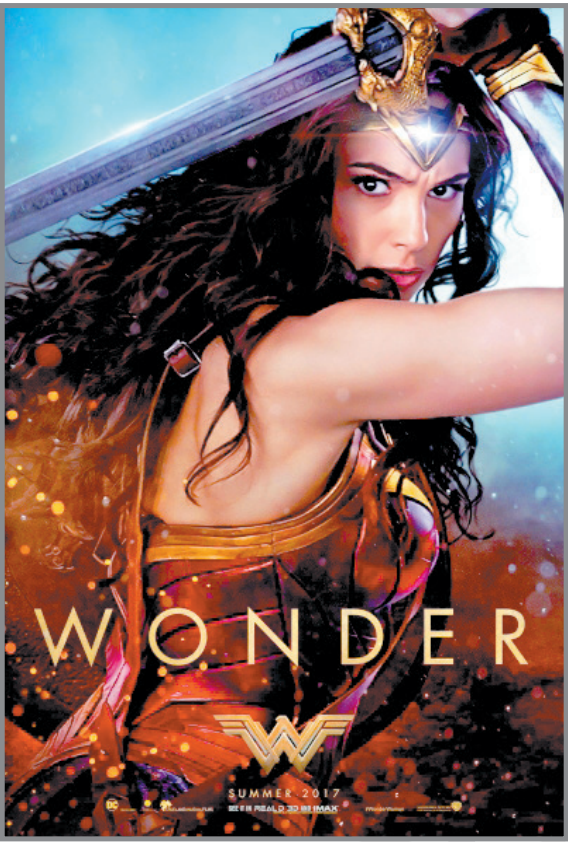
to those having thoughts of suicide. This is an interactive workshop. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

BLOOD DRIVES

JULY 11, 18 — Armed Services Blood Program drives will be held July 11 at the Pearl Harbor Navy Exchange main entrance and July 18 at the Hickam Exchange next to the registers. Both blood drives will be held from 11 a.m. to 3 p.m. FMI: 433-6148 or email Michele.Lele.civ@mail.mil.

FOOTBALL PROCAMP

JULY 19-20 — A Football ProCamp will be held on the Hickam side of Joint Base Pearl Harbor-Hickam from 4 to 7 p.m. both days. The camp will include appearances by Steve Smith Sr., NFL Network analyst and former wide receiver for the Carolina Panthers and Baltimore Ravens. In addition, a commissary meet-and-greet is scheduled for 2:30 p.m. July 19. It is open to first through eighth-grade youth of active duty military, reservists, retirees and Department of Defense civilian employees. Visit your commissary or youth sports office for more details. FMI: www.greatlifehawaii.com.



MOVIE SHOWTIMES

SHARKEY THEATER

TODAY — JUNE 30
7:00 PM • Wonder Woman (3-D) PG-13

SATURDAY — JULY 1
2:30 PM • Captain Underpants: The First Epic Movie (PG)
4:40 PM • Pirates of the Caribbean: Dead Men Tell No Tales (3-D) (PG-13)
7:20 PM • Baywatch (R)

SUNDAY — JULY 2
2:30 PM • Captain Underpants: The First Epic Movie (3-D) (PG)
4:40 PM • Wonder Woman (PG-13)
7:20 PM • Pirates of the Caribbean: Dead Men Tell No Tales (PG-13)

THURSDAY — JULY 6
7:00 PM • Pirates of the Caribbean: Dead Men Tell No Tales (3-D) (PG-13)

HICKAM MEMORIAL THEATER

TODAY — JUNE 30
7:00 PM • Wonder Woman (PG-13)

SATURDAY — JULY 1
3:00 PM • Captain Underpants: The First Epic Movie (PG)
6:00 PM • Baywatch (R)

SUNDAY — JULY 2
3:00 PM • Captain Underpants: The First Epic Movie (PG)

THURSDAY — JULY 6
7:00 PM • Baywatch (R)

Wonder Woman

Before she was Wonder Woman (Gal Gadot), she was Diana, princess of the Amazons, trained to be an unconquerable warrior. Raised on a sheltered island paradise, Diana meets an American pilot (Chris Pine) who tells her about the massive conflict that's raging in the outside world. Convinced that she can stop the threat, Diana leaves her home for the first time. Fighting alongside men in a war to end all wars, she finally discovers her full powers and true destiny.