



THE 1ST INFANTRY DIVISION POST



Airmen with the 139th Airlift Wing, Missouri Air National Guard, stand by to assist the 130th Field Artillery, Kansas National Guard, in unloading their High Mobility Artillery Rocket System from a C-130 Hercules June 7 at the Fort Riley Field Landing Strip. The C-130 was loaded at Rosecrans Memorial Airport in St. Joseph, Missouri, as part of a table three Emergency Deployment Readiness Exercise during a joint operation exercise with 1st Infantry Division Artillery, 130th FA and the 139th AW.

Division, Guard Soldiers train together at Fort Riley

Story and photos by Spc. Jarel Chugg
19TH PUBLIC AFFAIRS DETACHMENT

When the 1st Infantry Division Artillery stood up in late 2015, Col. Thomas R. Bolen, DIVARTY commander, emphasized the importance of partnership and the Army total force policy between the active, National Guard and Reserve components of the Military.

In the spirit of that policy, Soldiers from DIVARTY, the 139th Airlift Wing from the Missouri Air National Guard

and the 130th Field Artillery Brigade from the Kansas National Guard conducted a training event from June 3 to 17 at Fort Riley.

“The most important thing that we can do when we go to a fight is to bring all of our assets,” said Col. Thomas Burke, 130th FA commander. “But, to be able to synchronize those assets is the most challenging piece right there, and everyone has worked together to make this happen.”

Partnership is critical, being able to bring all the different organizations together has a big-

ger effect by building the forces capabilities as a whole, according to Burke.

With partnership being the center of this training, a table three emergency deployment readiness exercise was conducted June 7 when a C-130 Hercules aircraft loaded a High Mobility Artillery Rocket System – nearly 32,000 pounds – at Rosecrans Memorial Airport in St. Joseph, Missouri, and transported the HIMARS to Fort Riley, Kansas.

“This exercise was a matter of being able to translate

the training objectives that the Army has into Air Force training objectives,” said Capt. Matthew Zahler, the 1st Inf. Div. air mobility liaison officer. “We got the 139th Airlift Wing and the 130th Field Artillery together with DIVARTY to participate in a joint exercise.”

Collaboration between these two branches not only helps service members become more tactically proficient, but also expands their professional network.

See TOTAL ARMY, page 6

‘HAZWOPER’: Don’t expect fries with that Hazardous material training provides certifications

By Patti Geistfeld
FORT RILEY PUBLIC AFFAIRS

The field behind Barton Community College’s Grandview Plaza campus June 23 contained barrels both empty and full, propane cylinders and other types of containers. This was a simulated brownfield or uncontrolled waste site. The training scenario contained eight different hazardous wastes as well as five hazardous materials that had been sitting abandoned for two years. The training mission for the students was to mitigate the location so the waste could be shipped for disposal and the city would be able to use the land again after it was no longer a hazard.

As the students start to put on the Level A chemical ensembles to complete the task, there was one difference: the students in this class are all women and so are the instructors. This class was tailored for female Soldiers, dependents, retirees and veterans; however, the training wasn’t any different.

“The training is the same,” said Lindsey Holmes, Barton Community College instructor. “It doesn’t matter which class, the training is the same. We train to the standard. From what these gals have said ... they just feel less intimidated like they can learn their way.”

Students who successfully complete the 80-hour class will receive a HAZWOPER certificate which is Hazardous Waste Operation and Emergency Response, an Occupational Safety and Health

See HAZARD, page 8

‘Thunderbirds’ prepare for deployment

By Season Osterfeld
1ST INF. DIV. POST

About 1,200 Soldiers from the 45th Infantry Brigade Combat Team, Oklahoma National Guard, came to Fort Riley for two weeks of unit-level exercises ending June 30.

This year was the second year the 45th IBCT came to Fort Riley for their annual training. This year, four battalions, including the 1st Battalion, 179th Infantry Regiment; 1st Battalion, 279th Infantry Regiment; 1st Squadron, 180th Cavalry Regiment and 1st Battalion, 160th Field Artillery, participated in squad live fires, gunnery tasks, pre-mobilization training, Tube-launched, Optically tracked, Wire-guided missile live-fire exercise and more.

“The ‘Thunderbirds’ are conducting annual training for the brigade, minus those personnel not in Kosovo, Ukraine, or Camp Grayling,

“Our brigade has deployed more than any other National Guard brigade since 9/11. As you can tell, there is no slowing down for us now.”

COL. CHRIS CHOMOSH
COMMANDER OF THE 45TH INFANTRY BRIGADE COMBAT TEAM, OKLAHOMA NATIONAL GUARD

Michigan, and who did not already participate in an annual training, like our 700th Brigade Support Battalion who conducted PATRIOT BANDOLEER in February and our brigade staff who participated in ALLIED SPIRIT VI at JMRC Hohenfels, Germany,” said Col. Chris Chomosh, commander of the 45th IBCT, OKNG.

“Our brigade has deployed more than any other National Guard brigade since 9/11. As you can tell, there is no slowing down for us now.”

For the 180th Cav. Regt., the pre-mobilization is critical

as they prepare for an upcoming Afghanistan deployment and, for a majority of their Soldiers, they have not deployed before, he said.

“Leaders from the 180th CAV just completed their pre-deployment site survey in Afghanistan,” Chomosh said. “The 180th has built their manning documents and 70 percent of the unit has not deployed before so they have new Soldiers to train. They are building their team, doing a lot of familiarization fires and

See OKLAHOMA, page 6

BIDDING FAREWELL TO BRIG. GEN. FRANK



Chad L. Simon | 1ST INF. DIV.

Brig. Gen. Patrick Frank, 1st Infantry Division and Fort Riley acting senior commander, speaks to guests during his farewell Victory with Honors ceremony June 27 in front of the “Big Red One” headquarters building at Fort Riley. Frank received the Legion of Merit Medal for his actions while serving as the 1st Inf. Div. deputy commanding general (rear) and Fort Riley acting senior commander since Oct. 30, 2016, during the deployment of the 1st Inf. Div. Headquarters to Operation Inherent Resolve. For full coverage of the event, see the July 7 issue of the 1st Inf. Div. Post.

FORT RILEY VOLUNTEER SPOTLIGHT



Catherine Johnson volunteers with Club Beyond preteen and high school girls Bible study at the Fort Riley Chapel Services. She maintains post chapel children’s church and Parish Council.

To learn more about volunteer opportunities, call Becky Willis, Army Volunteer Corps Program manager, at 785-239-4593.

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POST LIBRARY HOSTS WET AND WILD FUN DAY, SEE PAGE 9.

ALSO IN THIS ISSUE



CELEBRATE THE FOURTH OF JULY WITH FESTIVALS AND FIREWORKS, SEE PAGE 14.

Junction City mayor recognized for ‘Big Red One’ story compilation

Story and photo by Spc. Elizabeth Payne
19TH PUBLIC AFFAIRS
DETACHMENT

JUNCTION CITY, Kan. — The Junction City Area Chamber of Commerce and Junction City Military Affairs Council honored 100 local 1st Infantry Division veterans during a breakfast June 22 at the Geary County Convention Center.

Beginning 2016, Junction City Mayor Phyllis Fitzgerald sought out 100 stories from veterans who have served in the “Big Red One” over the last century in celebration of the 100th anniversary, which occurred June 8.

“What better way to honor the 1st Infantry Division’s birthday than to honor veterans that chose Junction City and Geary County as their home after their military service,” Fitzgerald said.

Fitzgerald, herself a 1st Inf. Div. veteran and retired chief warrant officer 3, returned to Junction City following her retirement from the Army in 1999.

The all source intelligence analyst officer was a recently promoted warrant officer on a training exercise when the Big Red One was put on alert in the fall of 1990 for an eventual invasion of Iraq during Operation Desert Storm in February 1991.

Of the 100 veterans interviewed, 66 were able to attend the MAC breakfast. Tim Echevarria, Steve Milton and John Abel each shared their stories with the audience.

Echevarria started his Army career at Fort Riley in 1955. He served 24 years and 10 months with artillery units throughout the Army, was the command sergeant major of the 1st Battalion, 5th Field Artillery Regiment, and finally the 1st Inf. Div. Artillery command sergeant major from September 1977 to November 1979. Echevarria and his family stayed in Junction City because they had two children in school, his wife was a registered nurse at Irwin Army Community Hospital and they built a home in Milford.

“I started my career here and ended my career here at Fort Riley,” Echevarria said. “I was, I am and will always be a Big Red One Soldier.”

All of the stories have been compiled into a book, titled, “What is your Big Red One Story?” which is on file with the historical records of First Division Museum at Cantigny in Wheaton, Illinois.

For her hard work and dedication to the project, Col. John Cyrulik, commander of the 1st Combat Aviation Brigade, 1st Inf. Div., inducted Fitzgerald as an honorary, lifetime member of the Big Red One.

“I couldn’t be more humble and proud to induct Mayor Fitzgerald as a lifetime member into the Big Red One,” Cyrulik said. “We reserve that honor for those teammates who are the most distinguished veterans of our division.”

The breakfast concluded with the presentation of the book, “What is Your Big Red One Story?”



Phyllis Fitzgerald, Junction City mayor, and Brig. Gen. William A. Turner, deputy commanding general, 1st Infantry Division, present the “What is Your ‘Big Red One’ Story?” book to veterans during a breakfast June 22. The Junction City Area Chamber of Commerce and Junction City County Military Affairs Council honored the local veterans during the breakfast at the Geary County Convention Center in Junction City, Kansas.

‘Big Red One’ Express racking up food choices with barbecue

By Season Osterfeld
1ST INF. DIV. POST

In the mood for barbecue? Austin Blues BBQ opened June 30 at the “Big Red One” Express on Custer Hill.

The Texas-style barbecue grab-and-go food stand has brisket sandwiches, pulled pork sandwiches, full and half racks of ribs, three-piece snack rib packs and more, said Robin Ayling, general manager of the Fort Riley Army and Air Force Exchange Service.

“There is grab-and-go food available in the warmers made fresh every hour or you can place orders for larger quantities 24 hours in advance,” she said. “Ribs will

be available cold or hot in full slabs, cold slab of ribs are available at all times.”

Fort Riley is the first installation to receive an Austin Blues BBQ. If the restaurant is successful, other installations around the world will start adding it to their food offerings, Ayling said. Additionally, a collection of breakfast sandwiches were custom designed for the AAFES locations. These include a brisket chorizo with sausage, egg and cheese and a pulled pork sandwich with bacon, egg and cheese.

Prior to the arrival of Austin Blues BBQ, food offerings on Fort Riley did not include barbecue. Hyon Lemons, store manager of the Big Red One

Express, said the restaurant was filling a loved and needed food option.

“I was so glad to hear when our GM said we were getting it. I said ‘yeah, that’s exactly what we need,’” she said.

After a taste test of the food in store June 22, Lemons said the barbecue was tender and juicy.

“It’s so good,” she said. “It was so delicious.”

Ayling said she is always looking for more options to meet the needs of AAFES patrons.

“This is an extremely popular food choice amongst our patrons and just another way to say ‘thank you’ to those who serve as we know an Army runs on its stomach,” she said.

COMMEMORATIVE PRINT



Sgt. Michael C. Roach | 19TH PAD

ABOVE AND BELOW: Brig. Gen. Patrick D. Frank, left, 1st Infantry Division and Fort Riley acting senior commander, receives a print commemorating the recent 1st Inf. Div. Sustainment Brigade deployment from Lt. Col. Terry Newman, right, deputy commanding officer, 1st Inf. Div. Sust. Bde., on June 26 at the 1st Inf. Div. headquarters building on Fort Riley, Kansas. The “Durable” brigade deployed to Kuwait from June 2015 to March 2016 to provide sustainment support to U.S. Central Command across its area of responsibility. The print will be hung at the 1st Inf. Div. Headquarters building alongside prints that commemorate other deployments in the division’s history.



Have the Courage to Help a Buddy

One Suicide is one too many.

For assistance:

- Talk to your Battle Buddy and chain of command
- Call the Military Crisis Line at 1-800-273-TALK (8255) and press “1” for Military Crisis Line

AUSAPHC US Army Public Health Command
gates.army.mil/19thpad



THE FIGHTING FIRST!

Norman C. Jones: A 'Big Red One' Soldier



By Phyllis Fitzgerald
SPECIAL TO THE POST

Editor's note: The following biography of the late Norman C. Jones, former division command sergeant major of the 1st Infantry Division, was provided by his widow, Evelyn Jones.

A native of Dodge City, Kansas, Norman C. Jones graduated high school in 1952 and enlisted in the Army immediately thereafter. He received his basic training at Fort Riley and was assigned to the 2nd Infantry Division in Korea where he served as an 81mm mortar gunner.

Jones was in Korea from 1953 to 1954, after which he was assigned to the 25th Inf. Div. in Hawaii where he served as an 81mm mortar gunnery sergeant.

He served in the 25th Inf. Div. until December 1955 when he was re-assigned to the 8th Inf. Div. at Fort Carson, Colorado, to serve as Fire Direction Center Chief and the 81mm mortar platoon sergeant.

In December 1956, Jones was re-assigned to the 1st Battalion Combat Team in Iceland where he served as the 81mm mortar platoon sergeant.

In December 1957, he returned to Fort Carson to

serve as a squad leader and section sergeant in a battle group.

Two years later, in March 1959, he was re-assigned to Fort Leonard Wood, Missouri, where he served as an assistant platoon sergeant and light weapons instructor for a basic training regiment.

A little over a year later in August 1960, Jones was assigned to a rifle company of the 3rd Inf. Div. in Germany where he served as a squad leader and platoon sergeant for three years.

In August 1963, he began a three-year tour of duty as a Reserve Officer Training Corps instructor at a high school in Casper, Wyoming.

Jones returned to Fort Riley in September 1966 as a 1st Sgt. in the 9th Inf. Div., and went to Vietnam with the division. After returning from Vietnam in 1968 he was assigned as a National Guard Advisor in Rock Falls, Illinois, and in November 1969 he went back to Vietnam as the Sgt. Maj. of the United States Army Republic of Vietnam Advisor School. One year later he was assigned as a 1st Sgt. for the 101st Airborne Div. at Fort Campbell, Kentucky.

In June 1973, he attended the Sergeant Majors Academy at Fort Bliss, Texas, and six months later he was

assigned to 3rd Squadron, 7th Cavalry Regiment in Germany as command sergeant major.

In March 1977, he was re-assigned back to 101st Aviation Bn., 101st Abn. Div. at Fort Campbell, Kentucky, as command sergeant major. In August 1977, he was selected to be the 3rd Brigade, 101 Abn. Div. command sergeant major.

In March 1978, he was re-assigned to Fort Riley, this time to serve with the Big Red One as Division Command Sgt. Maj. Jones served as DCSM for three years before assuming the position of Command Sgt. Maj. of Fort Devens, Massachusetts.

"After serving 30 years in the Army in October 1982, my husband retired and we returned back to Junction City because we are both from Dodge City, Kansas, and because of his service to the Army and our time at Fort Riley. My husband loved the Army and Soldiers," Evelyn Jones, his widow, said.

After retirement, Jones worked at the Fort Riley National Bank for sixteen years, then worked at Foot Locker as a Security Officer.

"My husband and I were married for 52 years and we have three children — Debra, Mike and Randy — six grandchildren and four great grandchildren," Evelyn said.

THEN & NOW



BEST PLACE TO LIVE BEST PLACE TO TRAIN BEST PLACE TO DEPLOY FROM BEST PLACE TO COME HOME TO

100TH ANNIVERSARY PROCLAMATION



Michael J. Sellman | POST

Junction City Mayor Phyllis Fitzgerald presents a proclamation to Maj. Courtney Dean honoring the 1st Infantry Division's 100th anniversary. The proclamation was read during the June 20 city commission meeting. Dean is a plans officer with the 1st Inf. Div. at Fort Riley.

HAVE A STORY IDEA?

Send it to usarmy.riley.imcom.mbx.post-newspaper@mail.mil or call 785-239-8854/8135.

Lunch BUFFET

AT RILEY'S CONFERENCE CENTER
Tuesday + Wednesday
11am-2pm

TACO Tuesday

Chicken or Beef
Hard or Soft Shell
Salsa Bar
Rice & Beans

all for \$9.95

includes drink

Salad Bar only for just \$5.95

PASTA Wednesday

Pasta Main Dish
Green Beans
Focaccia
Greek Salad

Information: 785.784.1000

Riley's

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MWR

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Don't Monkey Around!

Make a three day emergency kit.

- Your emergency kits must include water, food, first aid supplies, medicines and important documents.
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- Your emergency kit will enable you and your Family to respond to an emergency more quickly.

READY

ARMY

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For more information, visit www.ready.army.mil

YOU'LL NEED SUPPORT WHEN YOU QUIT TOBACCO

WE CAN HELP

TRAFFIC REPORT

ACCESS CONTROL POINT HOURS

Those wanting access to Fort Riley on Saturday or Sunday should use Estes, Ogden, Henry or Trooper gates.

For more information about Fort Riley access procedures, visit www.riley.army.mil.

The access control point hours are now as follows:

Henry/Trooper/Ogden/Estes:

Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access.

12th Street:

Open from 5 a.m. to 7 p.m., Monday to Friday and 8 a.m. to 5 p.m. on Saturdays; Closed Sundays and federal holidays. This gate will have inbound commercial vehicle lanes only. Although personally owned vehicles will be allowed access, there will no longer be a designated POV lane.

Outbound traffic will not be authorized. Badges and passes may be issued to commercial drivers prior to access at the gate.

Grant:

Open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

Four Corners:

Closed indefinitely to all vehicle traffic.

ELLIS HEIGHTS HOUSING ENTRY POINT CLOSURE

The Washington Street entry from 1st Division Road into the Ellis Heights

Housing area is closed. Residents and commuters should find alternative routes to travel through the neighborhood.

ACCESS CONTROL POINT HOURS CHANGING

Hours of operation at two of Fort Riley's access control points will change in July. Starting July 10 at 2 p.m., hours of the Grant Street gate will be 6 a.m. to 2 p.m. Monday through Friday, closed weekends and federal holidays. Following July 8 operation, hours of 12th Street gate will be 5 a.m. to 7 p.m. Monday through Friday only, closed weekends and federal holidays. The final Saturday of operation for the 12th Street gate is July 8.

The changes are necessary to maintain Soldiers' readiness for future training and deployment requirements.

Four additional access control points – Estes, Henry, Ogden and Trooper – remain open 24 hours a day, seven days a week.

For more information about visiting Fort Riley, go to www.riley.army.mil/ and click on the yellow "Accessing Fort Riley" tab on the right-hand side of the page. Questions about visiting Fort Riley can be answered by the Directorate of Emergency Services security branch; call 785-239-3138 or 785-239-2982.

Housing Services Office can assist in finding next home

By Tim Morgan
HOUSING MANAGEMENT SPECIALIST, HSO

With the permanent change of station season in full swing, it is often difficult to find a house that meets all needs at a price that fits within the amount provided in the Basic Allowance for Housing. Although the on-post housing partner, Corvias Military Living, has a selection of quality housing for service members and their families, it is a popular choice and not immediately available at all times.

When this is the case, the Fort Riley Housing Services Office has the tools and inventory available to provide house hunters with an off-post option that can fit their needs.

The Fort Riley Housing Division has recently been recognized as "elite" by the Department of the Army and Installation Management Command Housing Leadership, along with the garrison commander. The HSO is a key component of the team that garners that elite recognition. Throughout the years the HSO has assisted thousands of service members and their families in obtaining safe, affordable and adequate housing. It maintains a website, homes.mil, where there are over 350 properties listed, all of which have been inspected and vetted by the referral agents.

The HSO has a mission of building relationships with local communities, real estate agencies and agents, property management companies, apartment complexes, housing developments and individual land lords, many of which are fellow service members. Through these relationships and open lines of communication, the HSO is up to date on rental rates, security

deposits, special offers and other associated fees with over 100 partners throughout the Fort Riley area.

A visit to the HSO can assist a service member in obtaining better quality quarters at a significantly lower cost because of the HSO's knowledge of all available options. According to the HSO Chief, Edwin Ramos, "there are some useful tools on the Internet to assist Soldiers in their search for housing, but utilizing the homes.mil site with the direct help of a HSO referral agent is without a doubt the best option when looking for a place to live."

Referral agents have assigned areas and property management companies they work with on a daily basis. They are experts on the off-post communities and the available housing in their areas. According to Manhattan Referral Agent, Rafael Rivera, "in addition to housing options, the agents can provide information on anything from schools, churches, community events, to the best route to get to post and your unit."

Additionally, agents can provide rides to service members and their families as needed for any housing related appointment. Often, service members enjoy a housing search with the HSO that starts with a counseling session at the HSO Office, visits to housing options on and off post and usually closing with lease support to ensure that everything is understood.

It is imperative service member's visit the HSO office prior to entering into any lease, contract or rental agreement to ensure that their best interests are protected. The HSO is located in building 215, room 139 and can be contacted at 785-239-3525.

New Beginnings for appraisal program

1ST INF. DIV. POST STAFF REPORT

New Beginnings, according to the Department of Defense Personnel Advisory Service, is designed to implement improvements to DOD Human Resource practices and policies, including implementation of a new Defense-wide Performance Management and Appraisal Program. New Beginnings encompasses reforms impacting Performance Management, Hiring Flexibilities, Training and Development and Workforce Incentives.

The new performance management and appraisal system will begin implementation at Fort Riley in April with those in GS-13 and above positions attending training before entering the new system June 1. The rollout will be in stages with the last segment of civilian employees entering the new system July 1, 2018.

To find out more information, the staff of the 1st Infantry Division Post will publish it as it rolls out and from the frequently asked questions addressed

Question and answer for this week:

Q: How does the Defense Performance Management and Appraisal Program change the way the department recognizes and rewards employees?

A: Traditionally, employees receive recognition and rewards at the end of the rating cycle. The Defense Performance Management and Appraisal Program will emphasize and promote timely recognition and reward of employee contributions throughout the rating cycle. Continuous feedback is key, and no longer just about the "365th day."

by the team at the DOD Civilian Personnel Advisory Service.


TO FIND OUT MORE ABOUT THE NEW BEGINNINGS SYSTEM, VISIT WWW.CPMS.OSD.MIL/SUBPAGE/NEWBEGINNINGS/NBHOME



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National Human Trafficking Hotline
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NEVER ACCEPT DEFEAT



USACHPPM

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Suicide Can be Prevented. Get Help.

Talk to your Chaplain or a Behavioral Health Professional or Call Military OneSource **1-800-342-9647**
www.militaryonesource.com

TA-061-0107

DON'T FORGET ABOUT FIDO

Heading to the grocery store this week? Update your pet's emergency kit by adding extra pet food and water to your grocery list.

#NatlPrep



Don't Wait. Communicate.

RILEY ROUNDTABLE

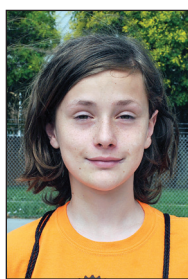
What do you want to be when you grow up?



"A vet because I like working with animals."

RICHARD CANSLER

Son of Staff Sgt. Richard Cansler, 2nd Armored Brigade Combat Team, 1st Infantry Division



"An engineer. I really like designing and building things."

ETHAN MARTINSON

Visitor from Manhattan, Kansas



"A vet because I love animals."

KRISTIN CRADDOCK

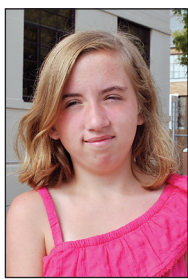
Visitor from Manhattan, Kansas



"An astrophysicist. Physics really fascinates me and it's something I'm interested in and I think I could succeed at it."

RONIN TANONA

Visitor from Manhattan, Kansas



"A fashion designer or engineer. I like designing things."

KATHRYN HYBE

Visitor from Manhattan, Kansas

THE 1ST INFANTRY DIVISION POST

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For news offerings, call the Fort Riley Public Affairs Office at 785-239-3328 or DSN 856-3328, or email usarmy.riley.imcom.mbx.post-newspaper@mail.mil

LETTERS TO THE EDITOR

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil.

FATALITY-FREE DAYS

355

As of Wednesday, June 28, 355 days have passed since the last vehicular fatality at Fort Riley. Safe driving doesn't happen by accident. For more information about safety, call the Garrison Safety Office at 785-239-0514.

COMMAND TEAM CORNER

Happy 241st birthday, United States of America

Soldiers, families and friends of the 1st Infantry Division,

On July 4, the United States will celebrate 241 years of independence. July 4, 1776, was the date the Continental Congress ultimately approved the Declaration of Independence and we've enjoyed our liberty ever since.

But that independence came at a price. The Revolutionary War ensued and the U.S. has been in and out of combat for over two centuries, fighting to uphold that independence and spread freedom around the world.

For the last 100 of those 241 years, the "Big Red One" Soldier has been defending and protecting that independence — starting with World War I. On July 4, 1918, President Wilson said, "It is our inestimable privilege to concert with men out of every nation



Brig. Gen.
Patrick D. Frank

what shall make not only the liberties of America secure but the liberties of other people as well."

With his address from Mount Vernon, Virginia, Wilson sought to tie the legacy of George Washington and the other Founding Fathers of the U.S. to the efforts of the men fighting on the battlefields of Europe. This could very well

be applied to World War II, the Vietnam War, Operation Desert Storm and the war on terror, in which Big Red One Soldiers distinguished themselves. Looking back, it's apparent the 1st Inf. Div. delivered on Wilson's words.

Today we see the early days of the 1st Inf. Div. Our left shoulders are emblazoned with the big Red One patch, scarred and toughened by a century of combat-tested service. On our right shoulders is our nation's colors, heavy and saturated by 241 years of sacrifice. What's not worn is the "Fighting First" spirit found in the hearts of our Soldiers; it is felt and illustrated through our deeds.

At 241 years old, the U.S. may not be the oldest country in the world, but our experiences, tenacity and national pride more than make up for our age. The same can be said about the Fighting First. We are all proud

to be Americans and Big Red One Soldiers; you can see our pride in the extraordinary mark the Big Red One has left on our national history.

With that history in mind, if you're able, celebrate this great holiday with your family and friends — it's well-deserved. However, as in everything you do, do it safely. Have a plan if you're consuming alcohol or out on the water. Be vigilant and aware of your surroundings. Finally, if you choose to shoot off fireworks, remember that they are not allowed in any capacity on Fort Riley, and make sure you're aware of local ordinances. Make this holiday a safe one for you and your family.

Happy Fourth of July!
Duty First!
Brig. Gen. Patrick D. Frank
1st Inf. Div. and Fort Riley
acting senior commander

SAFETY CORNER

Firework safety: understand how they work, injure

Dawn J. Douglas
GARRISON SAFETY OFFICE

Fireworks are the most iconic and festive way to plan for the Fourth of July. But, while fireworks are an exciting and dramatic way to celebrate our country's independence, they can be dangerous even deadly if used improperly.

THE UNFORTUNATE STATISTICS

In 2015, the Consumer Product Safety Commission staff received reports of 11 non-occupational fireworks-related deaths. Nine of the 11 fatalities in 2015 were related to reloadable aerial devices, and two were associated with manufacturing homemade devices. One victim died in a house fire caused by making homemade fireworks. Ten victims died from direct impacts of fireworks.

In 2015, U.S. hospital emergency rooms treated an estimated 11,900 people for fireworks related injuries; 51 percent of those injuries were to the extremities and 41 percent were to the head. Children younger than 15 years of age accounted for 26 percent of the estimated 2015 injuries. These injury estimates were obtained or derived from the Consumer Product Safety Commission's 2015 Fireworks Annual Report.

Despite the dangers of fireworks, few people understand the associated risks - devastating burns, other injuries, fires and even death.

Unfortunately, a quick YouTube search will feature "funny" videos of people of various ages using fireworks unsafely to impress friends or to get a laugh. But fireworks are not toys. In fact, most fireworks contain explosive chemicals and are classified as pyrotechnics, which involve the science of using materials capable of undergoing self-contained and self-sustained exothermic chemical reactions.

THE CHEMISTRY OF FIREWORKS

The source of most fireworks is a small tube called an aerial shell that contains explosive chemicals that produce lights, colors and sounds. The aerial shell is made of gunpowder and small globs of explosive materials called stars, which contain black gunpowder.

The explosion of a firework happens in two steps: the aerial shell is shot into the air, then explodes in the air many feet above the ground. The shells are shot through a mortar and a lifting charge of gunpowder is ignited by an attached fuse. When the fuse is ignited with a flame or a spark, the gunpowder explodes creating lots of heat and gas that builds pressure beneath the shield, forcing the shell to shoot upward.

After a few seconds, when the aerial shell is high above the ground, another fuse inside the aerial shell, called a time delay fuse ignites, causing the bursting to explode. This explosion ignites the black powder and the stars which rapidly produce gas and heat, causing the shell to burst open, propelling the stars in every direction.

During the explosion, not only are the gases produced quickly, but also they are hot, and they expand rapidly. Those who remember chemistry know that Charles' Law states that as the temperature of enclosed gas increases, the volume increases if the pressure is constant. The booming sound of fireworks is actually a sonic boom produced by the rapid rate of gas expansion, which is traveling faster than the speed of sound.

THE COLORS AND THE COMPOUNDS

The beautiful colors of fireworks displays are the result of chemicals such as strontium salts, lithium salts, strontium carbonate, calcium salts, sodium chloride, barium compounds and copper compounds.

PYROTECHNICS NOT TOYS

Gunpowder, gas, heat, flame, spark, explosion, chemicals, energy, detonation and mortar are words associated with pyrotechnics and should be handled with extreme care. Even though consumer fireworks have no more than 50 milligrams — about 1/500th of an ounce — of gunpowder, even that small amount or less can cause serious or fatal injuries. Even more dangerous are illegal fireworks, which can exceed the 50 milligrams limit, to include "cherry bombs" or "M-80s."

Firework safety is best achieved by allowing professionals to handle displays. However, every summer large tents appear along highways and byways to sell consumer fireworks for use, and many will want to host their own private show. If you are purchasing or participating in a private fireworks display, remember these safety tips:

- Obey local laws. If fireworks are not legal where you live, do not use them. Fort Riley Regulation 420-4, para 13-16 states, "Fireworks are prohibited without exception. Unauthorized fireworks on the reservation will be seized by the Fire Marshall or Military Police and retained in whole or in part for evidence."
- Purchase your fireworks from a reliable source. Legal fireworks have a label with the manufacturer's name and directions; illegal ones are unlabeled.
- Always use fireworks outside and have a bucket of water and a hose nearby in case of accidents.
- Never experiment or make your own fireworks.
- Light only one firework at a time.
- Never re-light a "dud." Wait 15 to 20 minutes then soak it in a bucket of water.
- Never give fireworks to

small children. Don't allow kids to pick up pieces of fireworks after an event. Some may still be ignited and can explode at any time.

- Dispose of fireworks properly by soaking them in water and then disposing of them in your trashcan.
- Never throw or point fireworks at someone, even in jest.
- Point fireworks away from homes, property, brush and flammable substances. The National Fire Protection Association estimates that local fire departments respond to more 50,000 fires caused by fireworks each year.
- Never carry fireworks in your pocket.
- Always wear eye protection and never have any part of body over the firework.
- Fireworks should be used in a clear, open area and on a hard flat surface.
- Be cautious of windy and dry conditions.
- Don't bring your pets to a firework display, even small ones.
- Never shoot fireworks of any kind near pets.

As the Big Red One celebrates 100 years, Victory Fest will include a professional firework display Aug. 19. Pyrotechnic professionals will ignite fireworks in celebration, which will include not only our Fort Riley family, but local communities. Prior to Victory Fest, the nation will celebrate Independence Day and a number of surrounding communities to include Junction City, Manhattan, Salina, Abilene, Wamego and Topeka will have public fireworks displays managed by trained professionals. Check local community calendars for dates and times. If you have any additional questions, contact the Safety Office, 785-240-0647.

www.mybaseguide.com

Everything you need to know about Fort Riley and the surrounding area is at your fingertips!

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www.mybaseguide.com/army/23/fort_riley

FORT RILEY

GUIDE AND DIRECTORY

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ELI YOUNG BAND

THE ALL-AMERICAN REJECTS

THE CHARLIE DANIELS BAND

LIT

TICKETS Starting at \$25

Music Festival
Fireworks
Auto Show
Family Activities
USO Show Troupe

August 19, 2017
Marshall Army Airfield - Fort Riley
MORE INFORMATION AVAILABLE ONLINE
VictoryFest2017.com
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The next USAG Resilience Day Off is

JULY

3

TOTAL ARMY Continued from page 1

“Anytime we do this joint training, everyone’s network gets larger; people meet each other and might actually work together in theater,” said Air Force Chief Master Sgt. Rhys Wilson, an aerial port superintendent with the 139th Aerial Port Squadron, 139th Airlift Wing, Missouri Air National Guard. “There is a great opportunity that when one of our planes deploy in the future they can be tasked with this mission, and the Army can be tasked to do it in theater with another Air Force unit, and now they have the experience necessary to do it quickly and efficiently.”

Deployments are an inevitable part of the military. With this training, the ability to practice in a non-combat zone gave Soldiers the ability to become proficient at their jobs before deployment. “The partnerships have been great; we have done a few things in the last year with DIVARTY and now this with the C-130,” said Army Staff Sgt. Aaron Cairo, section chief, 130th FA. “It’s very important. We have trained for this before but never actually gotten to do it, and having to do that down range for a deployment scenario would be tougher without having had this practice.”



Spc. Jarel Chugg | 19TH PAD
Soldiers with the 130th Field Artillery Brigade from the Kansas National Guard use a High Mobility Artillery Rocket System to conduct a rapid infiltration simulated fire exercise at Fort Riley June 7. Airmen with the 139th Airlift Wing, Missouri Air National Guard, partnered with 130th FA and transported the HIMARS from Rosecrans Memorial Airport, St. Joseph, Missouri to Fort Riley Field Landing Strip for a joint exercise.

CHOOSE FROM THREE COURSES: 10 MILES, 5 MILES OR 2 MILES

10-5-2 PRAIRIE RUN
JULY 22, 6AM • KING FIELD HOUSE

Advance registration: \$15 Through July 5 • Online only Includes race t-shirt	Late registration: \$20 July 6-21 • Online only Includes water bottle	On-site registration: \$20 July 22, 5-5:45am Includes water bottle
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COMPETITIVE RUN • STROLLERS AND PETS PROHIBITED

10 mile run is a qualifier for the Fort Riley Army Ten-Miler team

Register online through riley.armymwr.com
Info: 785-239-2915

OKLAHOMA Continued from page 1

conducting drivers training on the Mine Resistant Ambush Protected Vehicle they’ll use in country. This unit has great team in place and will definitely live up to the Oklahoma standard in country. The 180th CAV will conduct another two-week annual training prior to going to the mobilization station later this year.”

The 180th Cav. Regt. received assistance from Soldiers in other 45th IBCT battalions, like the 45th Brigade Special Troops Battalion, in operating their ranges. This support helped bridge the gaps between units which don’t often work together, he said.

“Brigade Special Troops Battalion Soldiers have been supporting the 180th CAV by helping run some of their ranges,” Chomosh said. “Having units work together is nothing new. It helps us see how other units work, builds familiarization between units and reinforces the one team, one Army concept. Since 9/11, we have had a lot of experience working shoulder to shoulder with other units and forces from other nations.”

For all of the Soldiers involved, the training got them acquainted and familiar with one another, something they do not often get as the Soldiers are spread out throughout the state of Oklahoma, said Maj. Michael Scanlon, S3 for 45th IBTC, OKNG.

“This is their first opportunity to function as a unit in the configuration in which they will deploy, so the little things like team building and unit cohesion, this two weeks is going to be huge for that in setting the conditions for future events,” he said.

With several Soldiers units deployed and others preparing to deploy from the 45th IBCT, the two weeks at Fort Riley was a chance for many junior noncommissioned officers to step up and take on leadership roles, as well as gain experience in a variety of different positions, Chomosh said.



Spc. Brianna Rhodes | OKNG
Spc. Jeremy Furr, a native of Kiowa, Oklahoma, and a Soldier with Headquarters and Headquarters Troop, 180th Cavalry Regiment, 45th Infantry Brigade Combat Team, fires an M2 .50 caliber machine gun during an annual training exercise at Fort Riley, near Junction City, Kansas, June 21. As his assistant gunner, Spc. Stephen Gauthier, a native of Duncan, Oklahoma, and a Soldier with Headquarters and Headquarters Troop, 180th Cavalry Regiment, gives his gunner direction in order to more effectively hit the target.

“We have Soldiers stepping up working one or two levels up in some case,” he said. “Command Sgt. Maj. Robby Brite (rear brigade command sergeant major For 45th IBCT) and I just got back from Camp Grayling, Michigan. We visited the 1st Battalion, 160th Field Artillery and our two Infantry battalion mortar platoons. Most of the officers and senior NCOs from the two Infantry battalions are forward in Ukraine advising and assisting the Ukrainian Army. The two Infantry battalion mortar platoons are no exception. We saw hungry E-4s stepping up one and two levels getting it done — very impressive.”

Coming to Fort Riley to train was an easy decision, Scanlon said, especially after the brigade’s experience last year. Fort Riley has the space, facilities, equipment and personnel 45th IBCT needs to complete their training and qualifications. Additionally, he found personnel from the installation went above and beyond to assist the brigade as a whole and the individual battalions with all their training requirements.

“Fort Riley, simply put, the layout, the capabilities of this post are exactly what we need and I would also add the level of customer service, the effort to support us and make our training a success really left a great impression on the brigade,” he said. “When we were looking for some place to go — ‘where can we go, these are the things we need to do, where can be go’ — Fort Riley was a very easy answer and, once again, it’s been the same thing. Everything we have attempted to do at Fort Riley, the range control and the post, they’ve done everything they can to meet our needs.”

Training at an active-duty installation on the same ranges, facilities and personnel as the Soldiers there also helps build cohesion and understanding between National Guard, active-duty and reserve Soldiers, said Sgt. Cory Greenwood, Headquarters and Headquarters Company, 45th Brigade Special Troops Battalion, 45th IBCT.

“We’re all one force,” he said. “There’s times where you’re going to be in a situation where an active Army unit is in a TIC – Troops in Contact – and we’re perhaps the nearest QRF (quick reaction force) and we have to respond to it. They have to be on the same page, fight the same way, train the same way that the guard side does, that the reserve side does. If we all do it the same way and we’re all trained, we’re cohesive and everything flows smoothly. It’s safer for everyone.”

Chomosh added the 45th IBCT plans to make Fort Riley a regular destination for their training needs.

“You should continue to see more of the Thunderbirds here in the years to come,” he said.

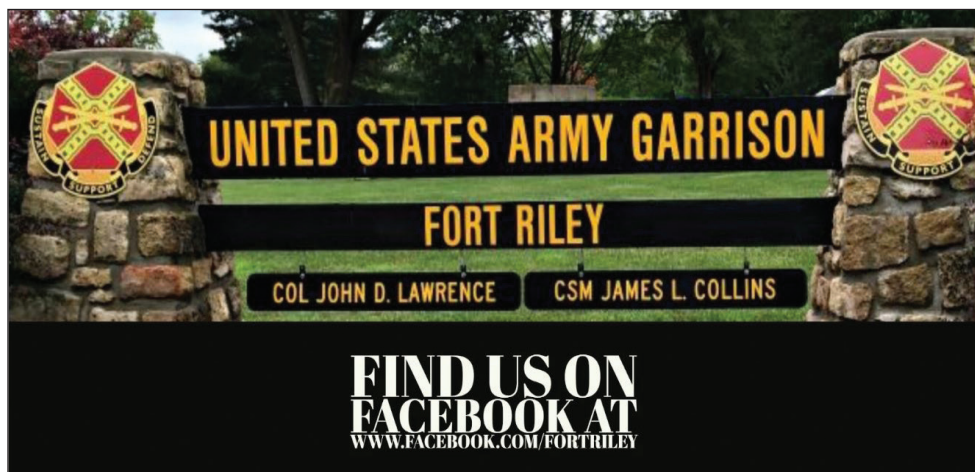
Irwin Army Community Hospital

Missed appointments are missed opportunities for others.

PROVIDER	NO-SHOW PATIENT	WOULD BE PATIENT	WOULD BE PATIENT	WOULD BE PATIENT

READY AND RESILIENT
Achieving Personal Readiness. Optimizing Performance.

An additional two houses were prepared for transportation to the Kickapoo Tribe in Kansas, north of Topeka June 21. The structures were taken to the Rifle Range gate and left to wait until after the Country Stampede event in Manhattan, Kansas. The houses were delivered to the reservation June 26. Both structures came from the Warner-Peterson housing area and were donated through the combined efforts of the Operation Walking Shield organization in California, 1st Infantry Division, Corvias Military Living, Fort Riley and the Kickapoo Housing Authority. According to Steve Milton, Fort Riley garrison housing manager, this most recent delivery brings the total number of houses taken to the reservation so far to four with an additional six to be delivered this fall.



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are available.

JOES

Joint
Outpatient
Experience
Survey

19 Overall experience with Pharmacy

20 Overall experience with Radiology

21 Overall experience with Laboratory

22 Overall experience with the following statements:

23 Overall, I am satisfied with the healthcare I received on this visit.

24 I would recommend this facility to a TRICARE-eligible family member or friend.

25 I am unable to see my provider when needed.

Strongly
Disagree

Somewhat
Disagree

Neither
Agree nor
Disagree

Somewhat
Agree

Strongly
Agree



HAZARD

Continued from page 1

Administration General Industry Ten Hour Card and a Hazardous Material Course OSHA certificate. The certifications qualify graduates for a variety of jobs nationwide.

“People that are trained with the HAZWOPER certificate are able to clean up hazardous waste sites,” Holmes said. “They have the experience to assist in an emergency response type situation where say a big truck turned over on the interstate and is spilling fuel or during Hurricane Katrina or something where there’s a lot of HAZMAT of some kind. These guys could come in and help maybe with the decontamination process”

But there are options to use the skills besides waste cleanup. For instance, Holmes said, within the Kansas Department of Health and Environment some employees are required to have the HAZWOPER certificate. Some of them may go out to spills, but some of them are inspectors or oversee contractors performing the cleanup process.

One student, Sgt. Shayla Bellamy, Company A, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division, says her goal was to be a dentist and she wanted to get this training to help with jobs once she transitions out of the Army and continues her college goals.

“My goal is to make myself more marketable considering I will be transitioning within about 12 months,” Bellamy said.

She was surprised she liked the class as much as she did. She said she still wanted to keep her options open for becoming a dentist, but this class led her to reconsider what direction she might want to take with her career goals and she is looking forward to working



Patti Geistfeld | FORT RILEY PUBLIC AFFAIRS
Spc. Zaire Garnett, left, 1st Infantry Division Artillery and Lucretia Reaves, spouse of a retired Soldier perform a hands-on part of training during the 80-hour Hazardous Waste Worker Training Program at Barton Community College Grandview Plaza, Kansas June 23. The training scenario was to go into a simulated brownfield or uncontrolled waste site for assessment and clean up of the hazardous material. This was the first class tailored to female participants who are transitioning service members, retirees, veterans and family members.

in a field where she can use the training.

“If I am that passionate about this job that I am hoping to receive then I am definitely going to consider staying in that type of position,” Bellamy said.

She attributes much of her redirection for her career goals to the quality of the Barton Community College program and the instructors that are teaching the class.

“The instructors have made it (the material) very, very clear,” Bellamy said. “I never would have imagined that I would be interested in something like this or even a job like this until I came into the course.”

Bellamy plans to continue on with Barton Community College to work on an associate degree in occupational safety and health. She also plans to work with Soldier for Life on a program they have available where she can apply for a 12-week internship at a civilian company in safety.

Holmes says she believes having this type of class composed of women is

important and they hope to find enough applicants to have more of them. The ideal class size would be sixteen students. This class would cost a civilian \$1,500 but is free due to grants for transitioning Soldiers, dependents, veterans and retirees.

The schedule of classes is set for the next year and there are openings. In addition to wanting to provide more classes where all the students and instructors are women anyone with an Identification Card or DD Form 214 should contact the college for more information on the free classes.

“This is only going to cost you your time,” Holmes said. You are never going to know if you will use it if you don’t have it.”

For more information on the 80-Hour Hazardous Waste Worker Training Program, contact James Henderson, Barton Community College, 785-238-8550 or hendersonj@bartonccc.edu.

TOURING THE WEATHER STATION



Season Osterfeld | POST
ABOVE: Staff Sgt. Daniel Webb, Detachment 2, 3rd Weather Squadron, explains how the radar system works and gathers readings on a computer from a weather sensor during a tour for their science, technology, engineering and mathematics summer program June 23 at Marshall Army Airfield. Students enrolled in the Summer STEM Institute program from Unified School District 383, which encompasses the Kansas cities of Manhattan and Ogden, toured the Detachment 2, 3rd Weather Squadron facility on Fort Riley and learned about the equipment and skills used by the Airmen there to complete their mission. About 120 students from grades five to eight along with 100 adults from USD 383 and Kansas State University were divided into five groups and guided through multiple stations by Airmen to learn about weather, weather sensors, how the Airmen work during deployments and field exercises and more.
BELOW: Children try on gear worn by Airmen of the Detachment 2, 3rd Weather Squadron, during a tour for their science, technology, engineering and mathematics summer program June 23 at Marshall Army Airfield.



Fort Riley kids enjoy biblical weekend

Vacation Bible School shares Old Testament lessons with children

Story and photo by Maria Childs
1ST INF. DIV. POST

About 60 children from Fort Riley gathered at Victory Chapel as part of Vacation Bible School June 21 through June

23. The first two days focused on learning the books and stories of the Bible from the Old Testament, and the third day was a family day, where children and families could enjoy a variety of activities together.

Tami Thurber, Walk Thru the Bible instructor, came from Omaha, Nebraska, to teach the two-day Old Testament session. The group takes 77 major people, places and events of the

first half of the Bible and puts them to hand signs for children to remember the order in which they occurred.

“The goal is for them to understand the Bible more, and how God has worked through history,” she said. “So that they would understand more of who God is and my main emphasis is that God loves them.”

Logan Kerbs, 11-year-old son of Sgt. Thomas Kerbs, 1st

Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, said he was having the most fun playing the games at VBS. His favorite being Red Light, Green Light with a twist, six different directions instead of just running forward. He admitted though despite the fun he was having, he was still learning a lot.

See BIBLE, page 11



About 60 children from Fort Riley played volleyball while at Victory Chapel as part of Vacation Bible School June 22.



Kids compete for a mystery prize during the potato sack race June 23 at the Wet and Wild Fun Day at the Post Library.

Playing by the BOOK

Kids soak up the fun at Wet and Wild Fun Day at Fort Riley's Post Library

Story and photos by Kalene Lozick
1ST INF. DIV. POST

Hundreds gathered to soak up the summer sun June 24 at the Post Library Wet and Wild Fun Day where laughter and prizes were given.

“This year's theme is going to be a wet and wild party to give kids a chance to get out and enjoy the sunshine and warm weather,” said Terri Seaman, contract manager for the library.

She said they expected a couple hundred during the two-hour event.

“We usually get a pretty good turnout,” Seaman said.

The party is popular with the children of Fort Riley. Seaman said the staff always tries to incorporate something that is fun with something educational. The party had pools, hydro-blaster, ice pops, lemonade and firefighters from Fire Station 1.

“We always try to incorporate one of our partners on Fort Riley and we appreciate their interactions with us,” Seaman said. “Like today is Wet and Wild, we immediately thought of the fire department because there's a lot of water there. They said they'll be happy to come over and hose the area down for us.”

Capt. Jason Demars from Fire Station 1 said he and the other firefighters liked being about to help out with the party despite their busy days.

See BOOK, page 12



Fire Station 1 stops by the Wet and Wild party at the post library June 23 to cool off the kids. This is the first time Fire Station 1 attended the event.

A Men's Health Month reminder

Making smart choices every day, all year long a smart routine

By the Military Health System and the Defense Health Agency

June is Men's Health Month, a time to remind the almost 4.8 million male beneficiaries in the Military Health System to get age-appropriate screenings for high blood pressure, testicular cancer, cholesterol, diabetes and glaucoma; and to schedule annual exams starting between ages 45 and 50, based on race and risk, for prostate and colorectal cancers.

These are important issues, of course, but being healthy means more than clinicians checking off boxes. It means men making smart choices every day about the amount and intensity of physical activity, the quantity and quality of food and beverages consumed, and the number of hours of sleep. It means avoiding tobacco products and limiting alcohol. Men must take responsibility for their own health and make it a priority.

Focusing on fitness is routine in the military, where good health is a job requirement. A man's body is his most important piece of equipment, and he's expected to maintain it. Getting regular medical exams, exercising and lifting weights to meet physical fitness and weight standards, and promptly addressing health and wellness issues are all part of the routine while in uniform.

Gaining weight has become a significant problem for men as they age. In 2015, about 1 in 13 servicemen received at least one diagnosis indicating they were overweight. Excess weight can negatively impact operational effectiveness and increase the risk of acute and chronic health effects, including musculoskeletal injury and cardiovascular disease.

See MEN, page 11

Kids take over Eyster Pool for World's Largest Swim Lesson



First- and fourth-grade students from School Age Services grip the sides of the pool and practice their swimming kicks during the World's Largest Swim Lesson June 22 at Eyster Pool. The World's Largest Swim Lesson is an annual event designed to teach kids how to swim and water safety, according to information put out by the WLSL organization.

Annual event teaches children water safety and how to swim

Story and photo by Season Osterfeld
1ST INF. DIV. POST

Around the world, thousands of people united to take part in a swim lesson June 22. Among those people were 43 children of the Custer Hill School Age Services program who took part in the lesson at Eyster Pool.

The World's Largest Swim Lesson is an annual event designed to teach kids how to swim and water safety, according to information put out by the WLSL organization. Every facil-

SETTING A STANDARD

- Every facility around the world participating in a **World's Largest Swim Lesson** receives the same curriculum for the 30-minute long lesson that must be taught anytime on WLSL day from the organization.

ity around the world participating in WLSL receives the same curriculum for the 30-minute long lesson that must be taught anytime on WLSL day from the organization.

“Some communities, they do 10 to 12 kids,” said Hedy Noveroske, Aquatics Program manager with the Directorate of Family and Morale, Welfare and Recreation. “We were lucky today and had 43 kiddos from School Age Services participate.”

This year marked the fourth year Fort Riley kids have participated in the lesson led by Noveroske. While this year's group consisted of first and fourth grade students, the lesson is open to kids of all ages and skills levels — from beginner to advanced — to keep the fundamentals of swimming fresh in their minds, Noveroske said.

“Parents put their kids in swim lessons, they're so eager to teach them to swim and when they see them be able to

get from point A to point B, then they stop at that's where they lose the technical skills and what not,” she said. “It's not like when you learn how to ride a bike you know how to ride a bike forever. Kids can make it from point A to point B during this summer, but next summer they go in and they try it and they've lost that skill and then we have an accident.”

Cynthia Kaiser-Flores, director of Custer Hill SAS, said the World's Largest Swim Lesson is a summer time staple for the kids enrolled in SAS and she enjoys talking with aquatics staff like Jami Cochran, water safety instructor, about their experiences with the kids prior to the lesson day.

See SWIM, page 11

FORT RILEY POST-ITS

AQUA ZUMBA CLASS

Looking for a new workout? Check out Aqua Zumba at Eyster Pool. Aqua Zumba blends the Zumba philosophy with water resistance for a high-energy, low-impact workout.

Classes are held Mondays, Wednesdays and Fridays. View the schedule on the aquatics page at riley.armymwr.com/us/riley/programs/aquatics.

The cost is \$3 per class or \$25 for a 10-class pass. For more information call 785-239-4854.

CUSTER HILL AQUATIC PARK OPEN

The outdoor pool at Custer Hill is open for the season after undergoing renovations to include a lazy river, zero entry, slides and more.

Custer Hill Aquatic Park is open seven days a week from 1 to 7 p.m. Admission is \$5 for those with a Department of Defense ID, \$3 for ages 3 to 5, \$8 for guests with a DOD ID and free for ages 2 and under with a paid adult admission.

For more information, call 785-239-4854 or visit riley.armymwr.com.

Aquatic Park Grand Opening Party

To celebrate, staff will hold a grand opening Splish Splash Beach Bash June 30 from 11:30 a.m. to 7 p.m. The grand opening is free.

COMMUNITY LIFE SOFTBALL LEAGUE

A co-ed softball league is open to all Department of Defense identification card holders 18 years and older beginning Aug. 2. Fourteen players are allowed per team and games are played Wednesday evenings. Cost is \$200 per team. Registration ends July 27. Coaches meetings will be held prior to the league July 6 and July 13 at the Sacco Sports Complex.

For more information, call 785-239-2813.

Firecracker One-Pitch Softball Tournament

Want to get some practice in before the season starts or just looking for some fun with friends? The annual Firecracker One-Pitch Softball tournament starts 8 a.m. July 8 at Sacco Softball Complex. Registration is \$100 per team and closes July 6.

Teams may have a max of 14 players. All players must be 18 or older.

For more information, call 785-239-2813.

ICE CREAM AND BOWLING

For National Ice Cream Day July 15, Custer Hill Bowling Center has buy one, get one free on scoops of ice cream all day. An ice cream eating contest will be at 3 p.m.

For more information, call 785-239-4366.

WOODSHOP SAFETY CLASS

A Woodshop Safety Class is July 10 from 6:30 p.m. at the Fort Riley Arts & Crafts

Attendees will learn power tool safety and general woodshop procedures as well as the basic operation of each piece of machinery within the shop. Patrons are required to take this class before using the shop.

Advance registration is required. Cost of attendance is \$10. For more information, call 785-239-9205.

RILEY'S CONFERENCE CENTER SERVES LUNCH

Staff of Riley's Conference Center is now serving a lunch buffet every Tuesday and Wednesday. Each Tuesday, they serve tacos from 11 a.m. to 2 p.m. for \$9.95. Each Wednesday, they serve pasta from 11 a.m. to 2 p.m. for \$9.95. Both days has a salad bar option for \$5.95.

For more information, call 785-284-1000.

10-5-2 PRAIRIE RUN

Staff of the Directorate of the Family and Morale, Welfare and Recreation are hosting the 10-5-2 Prairie run July 22 from 6 a.m. to 9 a.m. with three different courses to choose from: 2 miles, 5 miles and 10 miles. The 10-mile race is a qualifier for the Fort Riley Army Ten-Miler team. Only active-duty Soldiers can qualify for the team. Strollers, pets and headphones are prohibited during this event.

Advance registration is available. Cost is \$15 through July 5 and includes a T-Shirt. On-site registration will be available the day of the event at 5 a.m. Cost will be \$20 and includes a water bottle.

For more information call 785-239-2915 or visit www.riley.armymwr.mil.



FORT RILEY REEL TIME THEATER SCHEDULE

Friday, June 30
Wonder Woman (PG-13) 7 p.m.
Saturday, July 1
Captain Underpants: The First Epic Movie 3D (PG) 2 p.m.
Baywatch (R) 7 p.m.
Sunday, July 2
No Showing
Theater opens 30 minutes before first showing
For more information call 785-239-9574.
Regular Showing: \$6
3D Showing: \$8
First Run: \$8.25
3D First Run: \$10.25
For more information call 785-239-9574.

WATER SHUT OFF AT THE DOG PARK

The water at the Fort Riley dog park has been shut off indefinitely due to erosion and flooding issues. Visitors will need to come prepared with their own water when enjoying the park.

VICTORY FEST 2017 TICKETS ON SALE

Victory Fest is Aug. 19 at Marshall Army Airfield and tickets are now available. Individual General Admission starts at \$25 for Department of Defense ID holders, students and veterans. Non-affiliated civilian tickets start at \$35. Children 4 and under are free. Four ticket general admission packs start at \$85 for Department of Defense ID holders, students and veterans. Non-affiliated civilian tickets start at \$125. Platinum access individual tickets, which include all day access, covered seating, meals and more, are \$100 for ages 5 and up. General admission group tickets are \$20 a ticket. A minimum purchase of 25 tickets is required. For more information or to purchase a ticket, visit victoryfest2017.com.



POST LIBRARY WATERMELON SOCIAL

Enjoy fresh watermelon during the Watermelon Social July 22 at the Fort Riley Post Library. The free event will also have lemonade, a bounce house, outdoor games and more. For more information, call 785-239-5305.

COMMUNITY CORNER

Independence Day a time to honor sacrifices made for freedom

Holiday weekend offers variety of events around area

By Col. John D. Lawrence
FORT RILEY GARRISON COMMANDER

“Freedom has a taste to those who have fought and almost died for it that the protected shall never know.” Those words, scratched on a wall at Hoa Lò Prison, also known as the “Hanoi Hilton,” are at the heart of the meaning

of independence — something America holds dear and, along with our love of freedom, will celebrate on July 4. As members of a unique community — military, civilians, retirees and family members — we know firsthand the price of freedom and the cost of maintaining independence. While we celebrate this Fourth of



Colonel Lawrence

July, let's take time to reflect on the sacrifices of so many in our country's 241 years of independence, including the many Fort Riley and 1st Infantry Division Soldiers currently serving around the globe and the families that keep continuity here at home. During the long weekend, we'll have a number of opportunities to celebrate with our amazing neighbors and supporters throughout the Flint Hills Region. Here are a few things going on in the area: • **Junction City** — Sun-down Salute, today through

- MORE ONLINE**
- www.facebook.com/pg/SundownSaluteJC
 - cityofmhk.com
 - www.visitwamego.com/july4th

July 4 is the largest free Independence Day celebration in Kansas. Visit www.facebook.com/pg/SundownSaluteJC • **Manhattan** — Special performance by the Manhattan Municipal Band at 6:30 p.m. July 4 in City Park. Visit cityofmhk.com

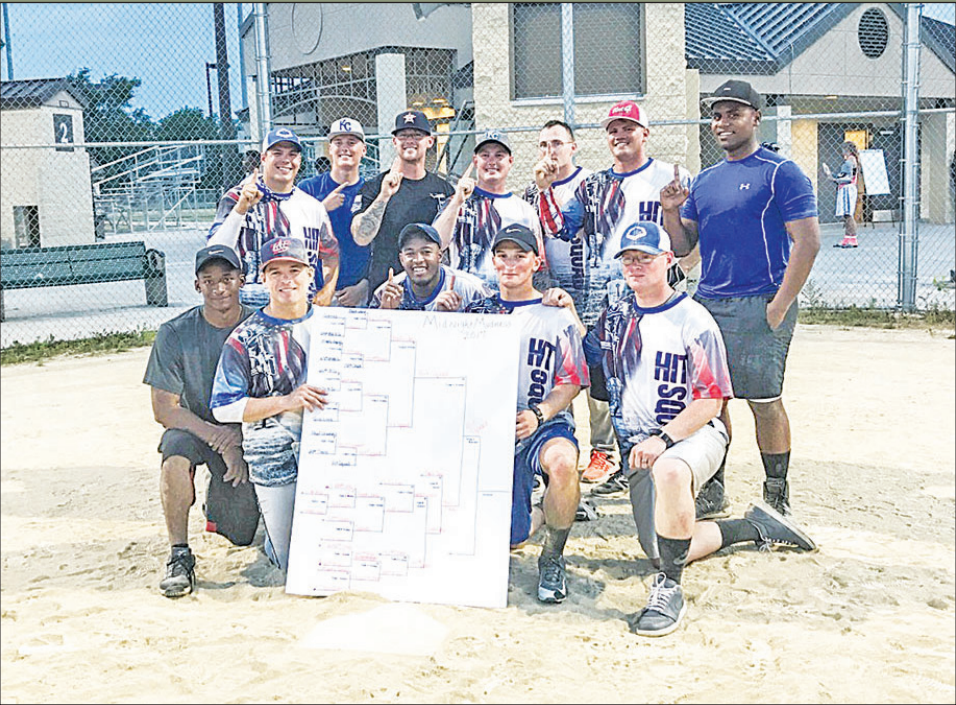
• **Wamego** — Annual “Celebrate Freedom” event with a car show, tractor display, carnival, ice cream social, parade and pork dinner. It is the number one ranked fireworks display in Kansas. Visit www.visitwamego.com/july4th And don't forget to check the “Travel and Fun in Kansas” section on the back page of this newspaper for more information about local events with Midwestern flair and patriotism. This is a special time for military and our family members and the rest of the Fort

Riley, 1st Infantry Division and Flint Hills Region team. Let's celebrate together, reflect on our accomplishments and sacrifices and enjoy the long weekend — as part of the military, you've earned it. Thank you for all you do to maintain our country's freedom and independence. — *To comment on this article or to suggest a topic for Community Corner, email usarmy.riley.imcom.mbx.post-newspaper@mail.mil or visit my Facebook page at www.facebook.com/fortrileygc.*

MIDNIGHT MADNESS

Soldiers from the 82nd Brigade Engineer Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division, took first place in the Midnight Madness Softball Tournament, which was originally scheduled June 16, but due to weather was postponed. The team finished on top June 20 with a final score of 16-9.

COURTESY PHOTO



WORSHIP

Protestant Services

Victory Chapel	239-0834
Contemporary Protestant Service	
Sunday Worship.....	1100
Children's Church.....	1115-1215
Morris Hill Chapel	239-2799
Gospel Protestant Service	
Sunday School.....	0900
Sunday Worship.....	1100
Main Post Chapel	239-0834
Traditional Protestant Service	
Sunday Worship.....	1030

Catholic Services

Victory Chapel	239-0834
Sunday Mass.....	0845
Sunday Catechism.....	1000
Saint Mary's Chapel	239-0834
Saturday's Vigil Mass.....	1630
Sunday Mass.....	1200
Mid-day Mass- Mon., Wed. & Fri.....	1200
Tuesday & Thursday Mass.....	1800
IACH Chapel	239-7872
Mid-day Mass- Tue. & Thur.....	1200

Buddhist Service

Normandy Chapel	239-2665
Sunday.....	1430
Meditation Practice- Mon.- Fri.....	1230

Open Circle Service

Kapaun Chapel	239-4818
Fort Riley Open Circle- SWC	
1st & 3rd Friday monthly.....	1800

Wednesday Night Family Night

Weekly light dinner and fellowship at 1800, followed by 1845 classes at Victory Chapel 785-239-3359

Club Beyond- Faith Based Youth Program

Grades 6th - 12th, Meets Sundays
MS Youth-1530-1700 at Morris Hill Chapel
HS Youth-1830-2000 at Morris Hill Chapel 785-370-5542

Club Beyond is a Non-Federal Entity and is not part of the DoD or any of its components and it has no government status.



AWANA

Meets Sundays, 1500-1700 Victory Chapel 785-239-0875



Protestant Women of the Chapel (PWOC)

Weekly Tuesday Meeting 0900-1130 & Evenings at 1830-2000 at Victory Chapel
Childcare Provided.

For more information email rlcypwoc@gmail.com or Facebook- "Fort Riley PWOC"

Catholic Women of the Chapel (CWOC)

Weekly Wednesday Meeting at St. Mary's Chapel 0900-1130
Childcare provided.

For more information email fortrileycwoc@gmail.com or Facebook "Fort Riley CWOC"

Check for schedule over Training Holiday weekends

Tips for preventing brain injuries

Summer activities demand attention in avoiding accidents

By the Human Performance Resource Center

During Men’s Health Month, the Human Performance Resource Center is taking a closer look at men’s risk of traumatic brain injury. The good news is there are ways to “protect your head” and prevent TBI while you enjoy your favorite summertime activities. Each year, more than 1 million people visit the emergency room because of TBIs, and contrary to common belief, most TBIs experienced by service members result from motor vehicle accidents, not exposures to blasts. A TBI can damage brain tissue, impair speech and language skills, balance and motor coordination and memory. Depending

on the severity of the injury, symptoms might last for days, weeks or even longer. It’s especially important to prevent head injuries because over 50,000 people die from TBI-related symptoms each year.

TBI RISK AND MEN

In general, men take more risks with their health and safety and that can increase the chance of sustaining TBIs. Your risk for TBI might increase during the summer months, especially if you engage in activities where a bump, blow, or jolt to the head is possible. Men also tend to experience more TBIs than women, and they’re more likely to visit the emergency room, be hospitalized, and die from brain and head injuries.

TBI RISK & ALCOHOL USE

Summertime can see an increase in social events where heavy drinking might occur. Alcohol use can increase your

risk for TBI, and it can impact your recovery and treatment. It impairs your decision-making skills, which could lead to you taking more risks with your health and safety. Combining energy drinks with alcohol also can lead to more binge drinking. Driving while impaired increases your risk for motor vehicle accidents too. In addition, alcohol abuse increases your risk of falls and other accidents that can cause head injuries.

After a TBI, consuming alcohol — especially in large amounts — interferes with brain healing and recovery and it can lead to longer hospital stays and poorer outcomes at discharge. Excessive alcohol consumption after a TBI can reduce your seizure threshold and interfere with seizure medications. Long-term effects from alcohol abuse include multiple organ damage (including your liver, pancreas, heart, and brain) and possible brain shrinkage. The good

news is that substance-abuse treatment and abstinence from alcohol allow time for your brain to heal.

TBI RISK & SUMMER

- During sports:**
- Make sure you wear a bike helmet when biking, skateboarding, and rollerblading.
 - Watch out for fly balls at baseball and softball games. If you’re playing, wear a batting helmet while hitting and be attentive while fielding.
- At the pool:**
- Be aware of how deep any pool is before you dive in.
 - Encourage safety and discourage running around wet pool areas to help prevent falls.

- While driving:**
- Wear your seatbelt. Insist your passengers wear seat belts too.
 - Always wear a motorcycle helmet when operating a motorcycle or other motorized vehicles.

TUESDAY TRIVIA CONTEST



The question for the week of June 27 was: Where can I learn about the religious support offered on post?

Answers: www.riley.army.mil/Services/Fort-Riley-Services/Chaplain

This week’s winner is Dayna Rivera, whose husband Spc. Jeffery Rivera Roman, is in Company I, 1st Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team.

Pictured above are Dayna and her husband.

CONGRATULATIONS DAYNA!

MEN Continued from page 9

Also, many men discard good habits when they separate or retire from the military. They exercise less and eat more, setting themselves up for weight gain and injuries that reduce both the ability and motivation to exercise. Many men also become lax about seeking medical treatment, routine or otherwise. The Centers for Disease Control and Prevention’s most recent National Health Interview Survey found men were more than twice as likely as women to report they hadn’t seen a health care professional in two years, and three times as likely to say they hadn’t seen one in more than five years. Even the most health-conscious men can get sidetracked this time of year,

when warmer temperatures and more hours before sunset lead to what Defense Secretary Jim Mattis has called “unique summertime hazards” that risk readiness. Engaging in outdoor activities without proper conditioning or training can lead to accident or injury. Too much exposure to the sun can result in non-melanoma skin cancer down the road, which is more common than several other types of cancer combined. Drinking too much alcohol makes it easier to engage in risky behaviors such as unprotected sex, greatly increasing the likelihood of contracting and transmitting infections such as chlamydia, gonorrhea, hepatitis, syphilis, HPV, and HIV.

Men’s Health Month is an opportunity to recommit to wellness. Wear sunscreen and limit alcohol consumption. Schedule your workouts so you’ll stay on track. For aerobic conditioning, follow the FITT principles — Frequency, Intensity, Type, Time:

- **Frequency:** three to five days per week.
- **Intensity:** a combination of moderate to high intensity to increase breathing and heart rate. Generally, you should be able to talk, but not sing, while exercising.
- **Type:** anything continuous and rhythmic that uses large muscle groups. Examples include running, dancing, swimming, bicycling, and rowing.

- **Time:** at least 30 minutes daily, or 150 minutes weekly, will maintain cardiovascular fitness and prevent chronic disease.

Also, don’t forget about emotional health. Talk to your health care provider about any sadness, anxiety or anger you may be experiencing. Spend time with family and friends who have a positive impact on your life. Finally, a recent study supports the theory that natural environments with open views and a lack of distracting noises can bring psychological benefits. So whatever your plans are for this summer, spend some time outside in a peaceful natural environment you enjoy. Think of it as finding moments of ah and awe.

CHAPLAIN'S CORNER

Precious gift: Protecting one’s freedom

By Chaplain (Capt.) Christopher Campbell
BATTALION CHAPLAIN OF THE
97TH MILITARY POLICE BATTALION

I am a Southern Baptist. I always have been one. I don’t see that changing anytime soon. However, I serve many people who are not Southern Baptist. The tenants of my faith enable me to serve and care for folks whether they believe as I do or not, but I do not practice or perform or give the appearance of practicing or performing a faith that I don’t personally hold to. I am also the sponsoring chaplain for the Fort Riley Open Circle gathering here on post, which is pagan in nature. I do not hold to their faith, but I indeed hold a position that guarantees their right and ability to meet and function here.

Why do I do this? Because the Chaplain Corps exists to enable the free exercise of religion as guaranteed by the First Amendment of the United States Constitution. Because when a Soldier gives his life on the battlefield, he gives it to protect the rights of others, even the rights of those he might not agree with. That Soldier gave his life to protect my freedom to worship God in the way that I see fit to choose. In this world, that is a precious gift. As chaplains, we honor that sacrifice by ensuring everyone in our ranks has the opportunity to enjoy the same freedom to exercise their faith as we do. We do that in a few ways. Number one, we support our local chapels by personally serving in the religious service that is most closely associated with our faith. Second, we inform our Soldiers of the opportunities to participate with local congregations of their faith group that are already established in the community. Third, if a local congregation does not exist for that Soldier’s faith group and a chaplain of that faith group is not in the area, then at the request of the Soldier, the Chaplain Corps will work to appoint a Distinctive Religious Group Leader. A DRGL is appointed by identifying someone in that faith group who can be endorsed by a sponsoring congregation of that same faith



Christopher Campbell

group signifying they have the permission to serve as a local leader and representative of that group. A local sponsoring chaplain will be designated and act on behalf of the DRGL to communicate any needs the group may have and ensure they have a place to meet, a time to meet and procure any items they may need to exercise the religious practices of their faith. We work hard to make sure every Soldier and family member has the opportunity to practice their faith whatever they may be. One thing God has taught me over the years — it doesn’t matter who you are or where you are, God is right there with you. If you want to find a congregation in our area, then stop by Victory Chapel on Trooper Drive or give us a call at 785-239-3359.

SWIM Continued from page 9

“It’s one of those things that’s built into summer,” she said. “It’s also nice to hear people like Jami say, ‘hey, I taught these guys and I taught those guys.’” Eight aquatics staff members, including two lifeguards, and 12 SAS staff made the lesson possible for the kids as they assisted them in the water. They focused on aid in the children through the initial maneuvers and acting as support in the end once the kids were able to move themselves through the water. “It teaches them safety around water — the dos and the don’ts,” said Kaiser-Flores of the lesson. “Don’t horseplay. It teaches them how to swim ... It’s just another community resource.” With this year’s World’s Largest Swim Lesson complete, Noveroske said it’s time to start preparing for 2018, an event Kaiser-Flores said she and the SAS kids are already looking forward to. “I’m just glad that Fort Riley School Age Services



Season Osterfeld | POST
Tatiana Ferracioli da Silva, lifeguard and wife of Sgt. 1st Class Michael Mayo, 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, assists Claire Shattuck, daughter of Warrant Officer 1 Yancy Shattuck, Headquarter and Headquarters Battalion, 1st Infantry Division, as she swims underwater during the World’s Largest Swim Lesson June 22 at Eyster Pool.

can take part in something like this worldwide,” Kaiser-Flores said. “It’s good that they do this worldwide because kids do need to know how to swim.”

WWW.RILEY.ARMY.MIL

Remember pets in disaster preparedness

By K-State News

MANHATTAN — If disaster strikes, does your emergency preparedness plan include what to do with your pets? A Kansas State University veterinarian says it should.

“You should never leave your pet at home if you need to evacuate,” said Susan Nelson, clinical professor at the university’s Veterinary Health Center, a part of the College of Veterinary Medicine. “Whether you have traditional pets such as cats and dogs, or exotic pets, pocket pets, horses and livestock, creating a disaster plan for animals in your care entails similar steps taken to make your family plan.”

These steps start with knowing what disasters could happen in your area.

“The type of disaster will dictate if you can shelter at home or if you will need to leave your home and find shelter elsewhere,” Nelson said. In

Kansas, disasters can include, but are not limited to, blizzards, ice storms, fires, floods, nuclear disaster, tornadoes, earthquakes and chemical spills.

If you do need to leave your home, Nelson said be aware that not all public shelters or hotels — or even relatives or friends — will allow pets, including cats and dogs. She suggests having several lodging alternatives.

Next, Nelson said create your disaster plan, develop a checklist and make your pet evacuation kit. Considerations should include how you will actually transport pets — on a leash, in a carrier, etc. — and where you will go, as well as alternative routes to get there as some roads may be impassible or closed.

Nelson recommends the following be in your pet evacuation kit:

- Contact numbers for hotels and boarding facilities, relatives and your veterinarian in a waterproof bag.

- Food sources such as pop-top cans or small bags of dry food, which should be rotated every few months. Rotation should also be done for bottles of water used for drinking and any medications — a minimum of one week’s worth should be in the kit.
 - Copies of medical records should be placed in waterproof bags as well as pictures of you with your pet to provide proof of ownership should you become separated.
 - Some type of identification — collar and tags, with or without a microchip. Remember to keep this information up to date.
- Additional items include cleanup supplies, collapsible bowls, spoon, leash, litter and litter box, and small

familiar items, such as toys or a blanket, which may help to reduce the stress on your pet.

“Consider using a buddy system with neighbors in case you are not home to evacuate your pet, and place a rescue sticker on your front window, which indicates how many pets you have inside in case an in-home rescue is necessary,” Nelson said.

Finally, practice your plan. Nelson recommends teaching both cats and dogs to come when called. Leave a carrier sitting out so the sight of it does not scare off a pet, especially cats. You may even want to feed pets in their carrier to teach them it is a safe place.

Know where your emergency kit is for quick access and see how long it takes to get everyone together and out of the house, she said.

“Nobody wants to encounter a disaster, but being prepared will help mitigate some of the stress that can be experienced by you and your pets,” Nelson said.

BOOK Continued from page 9

“This is our first time out here at ‘Wet and Wild,’” he said. “Our station is really busy running all the calls. So when we were given the opportunity to mingle with the kids, we take full advantage of that. You can see we are having a good time.”

Demars added the time with the kids was enjoyed by children and firefighters alike and they will remember it for years to come.

“This is the stuff the kids will remember growing up,” he said. “Just something this simple, seeing the smiles on their face, the good time they’re having and even the parents. That is what makes it all worthwhile.”

Inviting the firefighters, as well as other partners, shows kids a different side of the emergency responders in their community, Seaman said.

“Just something this simple, seeing the smiles on their face, the good time they’re having and even the parents. That is what makes it all worthwhile.”

CAPT. JASON DEMARS
FIRE STATION 1

“When we work with our partners like the military police and their working dogs, it just gives the kids a chance to interact on a basis that is not a crisis event,” she said. “It lets the kids know when they see a MP (military police), a working dog or a fireman it’s always not bad. You can see them and good things can happen too.”

JUNE 2017

NATIONAL SAFETY MONTH

The Fort Riley Garrison Safety Office and the National Safety Council help to save lives by preventing injuries and deaths at work, in homes and communities and on the roads.

Safety success is achieved through a person's and a family's commitment to:

- leadership
- research
- education
- advocacy

Summer is the period in which unique safety hazards present themselves to Soldiers, their families and defense workers. The Garrison Safety Office has tips when dealing with:

- family readiness / natural disasters
- household safety
- recreation safety
- holiday safety
- travel safety
- tactical safety
- occupational safety

For more information about what you can do to secure yourself and your loved ones first, visit www.riley.army.mil/Units/Garrison_Command/Safety/ or call 785.240.0647 or 785.239.8469.

PTSD

The 1st Infantry Division & Fort Riley recognize Post Traumatic Stress Disorder Awareness Month

June | 2017

LEARN: PTSD Treatment Works

- Discover all of the facts.
- Explore the options.

CONNECT: Reach out

- Help someone. Help yourself.
- Give support. Get support.

SHARE: Spread the word!

- Pass along what you learn.
- Work together.

RESOURCES: Get the help you or your family needs

- The 24/7 Veteran Combat Call Center: 1-877-WAR-VETS (1-877-927-8387) to talk to another combat Veteran.
- DoD's Defense Center's of Excellence 24/7 Outreach Center for Psychological Health & Traumatic Brain Injury: Provides information and helps locate resources. Call 1-866-966-1020 or email resources@dcceoutreach.org.
- Military OneSource: Call 24/7 for counseling and many resources at 1-800-342-9647.
- Veterans Crisis Line: 1-800-273-8255 and press 1; or text message to 838255 or Confidential Veterans Chat with a counselor.
- Suicide Prevention Lifeline: 1-800-273-8255.
- 24-hour Chaplain Hotline: 785-239-4357 (HELP).
- Military & Family Life Counselor: 785-221-9483.
- Call 911 and/or go to the nearest emergency room.





Spc. Shell wants you to check out next week's Travel & Fun in Kansas – St. Mary's

Independence Day Celebrations



Story and photos by Maria Childs
1ST INF. DIV. POST

Nearly every town does some celebration in honor of the Fourth of July. Although fireworks are prohibited at Fort Riley, there are options in the local community that allow Soldiers and their families to enjoy the holiday with friends and family.

Wamego claims they have the “Number 1 rated firework show in Kansas.”

The celebration began June 30 and ends July 4. Enjoy carnival rides for all ages and thrill levels at the carnival taking place along Ash Street, one block east of Downtown Wamego.

According to their website, the Pyro Crew brings more than 158 years of combined experience to Wamego's show and most of the members of the crew have been working together for more than a decade. In the course of the evening, spectators will witness thousands of shells being fired. The fireworks show will begin at 10 p.m. and attendees are encouraged to bring a radio to listen to the soundtrack for the fireworks during the show. For more information, go to www.wamegofireworks.com.

In Manhattan the Municipal Band will have a special performance at 6:30 p.m. July 4 at the Larry Norvell Band Shell City Park, located near 11th and Fremont. For more information about July 4 events, go to www.cityofmnhk.com.

In Junction City the annual Sundown Salute will be taking place over the holiday weekend starting June 30 and ending July 4. Sixth Street will become home to carnivals, music and games. For more information of the weekends' events, go to www.facebook.com/sundownsalute.

Abilene will also be celebrating the Fourth of July with a day of fun at Eisenhower Park. A 3-on-3 basketball and 4-on-4 sand volleyball tournament is scheduled. There is a \$20 fee to participate in those events. Several free activities are available including a hotdog feed, inflatables, water balloon toss and much more. Grab a seat at the end of the day for the grand fireworks show starting at 9:45 p.m. For more information go to www.abilenecityhall.com.



COURTESY PHOTO

ABOVE: Children play mud volleyball during a Fourth of July celebration at Eisenhower Park in Abilene. Mud volleyball is one of several activities residents and visitors participate in as they celebrate Independence Day in Abilene. **RIGHT:** The fireworks show at Wamego is hosted by a pyro crew brings more than 158 years of combined experience to Wamego's show and most of the members of the crew have been working together for more than a decade. In the course of the evening spectators will witness thousands of shells being fired. The fireworks show will bring at 10 p.m. and attendees are encouraged to bring a radio to listen to the soundtrack for the fireworks during the show.

RIGHT: Fireworks are on display every year at the Wamego celebration of Fourth of July. The celebration began June 30 and ends July 4. Enjoy carnival rides for all ages and thrill levels at the carnival taking place along Ash Street in Wamego, one block east of Downtown Wamego. **BELOW:** Wamego claims they have the “Number 1 rated firework show in Kansas.” The celebration began June 30 and ends July 4 with carnival rides for all ages and thrill levels at the carnival taking place along Ash Street, one block east of Downtown Wamego. Other cities like Manhattan celebrate the Fourth of July with a special performance by the Municipal Band at 6:30 p.m. in the Larry Norvell Band Shell in City Park, located near 11th Street and Fremont. For more information, go to www.cityofmnhk.com



Firework Regulations

Fort Riley: No fireworks allowed on the installation.

Riley County: Discharge of fireworks allowed from July 1 through 4 from 8 a.m. to midnight. Sale of fireworks allowed July 1 at noon through July 4 at midnight.

Geary County: Fireworks may be sold from June 27 through July 4 from 8 a.m. to midnight. Fireworks may be discharged until July 4 at midnight.

Dickinson County: Fireworks may be discharged June 27 through July 4, from 8 a.m. to 10 p.m. daily.

Have a Happy July 4,
but remember
Fireworks
are prohibited
on Fort Riley

All Fireworks and explosives are prohibited without exception

Unauthorized fireworks found on the reservation will be seized by the Fire Marshal or the Fort Riley Police. Guidance is found in FR Reg 420-4

