

# DV The Desert Voice

United States Army Central  
"Transforming to Full-Spectrum Operations"



May 21, 2008



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**Soldiers from the United Kingdom's 9th/12th Royal Lancers conduct first aid on a training mannequin at the Medical Skills Training Center at Camp Buehring, Kuwait, May 17. For the full story, see page 6.**

*Photo by Spc. Giancarlo Casem*

### Contact us

Comments, questions, suggestions story ideas? Call the Desert Voice editor at 430-6334 or e-mail at [desertvoice@arifjan.arcent.army.mil](mailto:desertvoice@arifjan.arcent.army.mil).



## On Leadership: Leaders and Safety

**Lt. Gen. Jim Lovelace**  
USARCENT commanding general

*Editor's note: This is the ninth in a series of articles on leadership.*

**CG:** In USARCENT, we do the mission and protect the force. Everyone in this organization is a leader, and every leader is a safety officer. As the Commanding General, I am the Command's senior safety officer.

**CSM:** Too often a Soldier is injured or killed because safety standards were not practiced or enforced. We see the reports: Nearly every accident is caused by some combination of indiscipline, overconfidence, lack of training or complacency.

**CG:** And accidents that are caused by these factors are preventable. Leaders have an inherent responsibility to know the standard, to make sure their people know the standard, and to enforce the standard. In no area is this more important than in the area of safety. Choosing to violate or ignore a standard sets the conditions for disaster.

**CSM:** To enforce the standard, leaders supervise. Proper supervision significantly reduces the possibility someone will violate an established standard. First line supervisors have the power to prevent most safety violations by encouraging good judgment and enforcing standards. They know their Soldiers and have the greatest access to them.

**CG:** With longer days, warmer weather, and well-earned vacations, the opportunity for vehicle accidents increases. I expect leaders at all levels to engage Soldiers and conduct effective travel safety briefs. Use the Travel Risk Planning System, available at the Combat Readiness Center web site. This is especially important for motorcycle riders.

**CSM:** A word about motorcycle safety: The CRC reports that across the Army, privately owned motorcycle fatalities have doubled over the same time period last year. Last summer, 18 Soldiers across the Army lost their lives while riding motorcycles. Tragically, USARCENT recently suffered the loss of a Soldier to this inherently hazardous activity. Emphasize motorcycle safety and proper certification and riding procedures, particularly among your newer and less-experienced riders.

**CG:** We will start a motorcycle mentorship program and a motorcycle board of directors program immediately! This is an opportunity for leaders to take care of Soldiers and pass on their motorcycle safety tips and experience to more inexperienced riders.

Leaders need to identify high-risk Soldiers and provide them the appropriate counseling and assessment to become a more safety-conscious motorcycle rider.

**CG:** Soldiers are the most valuable resource for motorcycle safety but there are other proactive measures to help prevent motorcycle accidents. The "Motorcycle Agreement" in the POV Toolbox is a great resource to help prevent accidents and death. There is also no excuse for Soldiers not completing the Travel Risk Planning System



**Command Sgt. Maj. John Fourhman**  
USARCENT command sergeant major



before they go on leave. TRIPS is a mandatory requirement and Soldiers will not go on leave without completing it.

**CSM:** I agree; Soldiers and their leaders need to ensure TRIPS is utilized. Make sure your Soldiers show up for scheduled mandatory "Motorcycle Safety Sessions."

This is an individual responsibility for your protection, but is also for your Family's benefit. I challenge all leaders to emphasize the importance of motorcycle safety. Know who has a motorcycle or who is thinking of purchasing one; we need to have accountability. This will help save lives!

**CSM:** As I have said before, safety is the number one thing leaders can affect, positively or negatively. Use the Army Risk Management process. This process ensures leaders and Soldiers, together, are thinking about the hazards they might encounter, and what they need to do to mitigate those hazards. Conducted properly, Risk Management helps set conditions for safe and effective operations – both in non-hostile and combat operations – allowing us to do the mission and protect the force. It is up to each of us, as leaders and Soldiers, to pay attention to what is going on around us. Keep your head up and your eyes open for unsafe acts. It's part of increasing your area of interest and increasing your area of influence. When your area of interest is wide, your area of influence will be, as well. You'll take the time out of your day to prevent an accident. Being a leader means having the moral courage to step in and fix something that's wrong.

**CSM:** And leaders don't simply wait until something is going wrong. Leaders promote a culture in which Soldiers understand the importance of good personal risk management. Our continued success in reducing preventable mishaps depends on strong leadership, a culture in which sound personal composite risk management is inherent in everything we do, including in our personal lives. We can't exclude Families from this process. Protecting the force includes factoring Families and those we care about most in our decision making.

**CG:** The objective is to create a culture of safety in ARCENT that is second nature. Leaders at every level should make safety an integral part of every operation and include safety in evaluation report support forms, counseling sessions, and overall goals. Second and third-level supervisors should be checking to ensure their subordinate leaders know the standards, enforce the standards, and use the Army Risk Management process. Leaders train their people to pay attention to safety by making safety training personal, visual, and focused on activities that affect them. This is just good leadership – and it's what will keep our people alive.

**CSM:** Do the mission and protect the force. It's what we do on this winning team.

Patton's Own!

**DV**  
The  
Desert  
Voice

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USARCENT Commanding General  
Lt. Gen. James J. Lovelace  
USARCENT Command Sgt. Maj.  
Command Sgt. Maj. John D. Fourhman  
USARCENT Public Affairs Officer  
Col. Thomas Nickerson  
USARCENT Deputy PAO (FWD)  
Lt. Col. Paula Jones

50th Public Affairs Detachment Commander  
Maj. Jeff Pray  
50th Public Affairs Detachment NCOIC  
Staff Sgt. Jacob McDonald  
Desert Voice Editor  
Spc. Giancarlo Casem  
Desert Voice Staff Writers  
Spc. Wes Landrum  
Pfc. Christopher T. Grammer



## Safety Corner: Motorcycle safety

Story and photo by  
Sgt. Beth Lake

USARCENT Public Affairs

According to the U.S. Army Combat Readiness Safety Center, the Army lost 43 Soldiers to motorcycle accidents in 2007. Four months into 2008, the Army has already lost seven.

These numbers may rise as the weather gets warmer and the urge to hit the open road heightens.

U.S. Army Central sponsored its second annual Motorcycle Safety Day April 25 to raise awareness of the dangers that exist for riders.

"We held this class to get our motorcycle personnel more educated and safety conscious," said Master Sgt. Darryl Tutt, USARCENT Special Troops Battalion Safety Office Noncommissioned officer-in-charge.

The class was designed to go above and beyond the normal motorcycle safety course and ranged from new riders who have been on a bike under six months to those who have been riding for 20 years, said Lt. Col. Greg McAfee, USARCENT STB commander.

"When a motorcycle goes down you don't have much room for error," McAfee said. "We are doing as much as possible to ensure Soldiers are properly educated and armed with the proper resources to ride safely."

Throughout the day, participants were given instructions on road safety, how to wear riding gear properly, and conducting preventive maintenance checks and services.

**Senior Trooper Stacy Forrest, Georgia State Patrol, talks to Soldiers about Motorcycle Safety at Ft. McPherson, Ga., April 25. The presentation was part of U.S. Army Central's Annual Motorcycle Safety Day.**

They also heard from the Motorcycle Safety Foundation on specific maneuvers and the warning signs to look for when something is wrong with their bike.

"Safety is a top priority at USARCENT. The number of motorcycle riders has increased over the past year. We must enforce safety on a daily basis. The more we educate our riders the more safety conscious they become. This day will keep safety on Soldiers' minds," Tutt said. "They are Soldiers both in and out of uniform ... safety is one of the biggest factors in surviving both on and off the battlefield."

Staff Sgt. Aaron Crawford, USARCENT Headquarters and Headquarters Company operations NCOIC, has been riding for less than a year. He learned from Georgia State Police Senior Trooper Stacy Forrest's stories about riders who have done things that are in direct violation of the law and the results of bad decisions.

Forrest spoke about speed being a factor in most accidents and the importance of being aware on the road.

For more experienced riders such as Sgt. 1st Class Christopher Amos, STB logistics NCOIC, who has been riding for 20 years, the class was an opportunity to share ideas and ask questions but also a reminder not to become complacent.

"We are all Soldiers," Amos said. "You need to be able to enforce safety as much as possible if you are a motorcycle rider just as you would if you were getting ready to go to combat."

Command Sgt. Major Charles Holliday, STB command sergeant major, emphasized the importance of Soldiers having the same

discipline while riding on a motorcycle as they are taught to have on a daily basis in the Army.

"You can't put a time or a date on when you want to be a professional," Holliday said. "You have to be a professional at all times. Remember that you are too important to the Army Family and your Family. Take extra precautions to ensure that you ride safe."


Tutt added that it will become second nature to perform checks before riding, ensuring riders have on the proper protective equipment and ensuring that they obey all rules and regulations of the road. "We don't want another statistic."

In addition to the Motorcycle Safety Day, the USARCENT safety office is instilling many things to ensure it is on the cutting edge of safety awareness and education:

**Certified Trainers:** Soldiers will be able to be certified through the Motorcycle Safety Foundation's course so they can then certify new riders.

**Motorcycle simulator:** USARCENT is looking into bringing in a motorcycle simulator that will introduce riders to dangerous situations and allow them to learn how they need to react.

**Motorcycle mentorship program:** A motorcycle mentorship program is being formed to forge relationships between new riders and more experienced riders

**Group Rides:** USARCENT is looking into bringing the military community together for group rides. These rides will teach the steps involved in preparing for and conducting a group ride while emphasizing the importance of safety. 







*Students observe a physical exam given to a dog at the veterinary clinic here. The students participated in a day of activities speaking only English and learning how the American military personnel work and live while serving in the Middle East.*

# Kuwaiti students visit troops

*Story and photos by  
Maj. Michael R. Berry  
ASG-Kuwait Public Affairs*

**K**uwaiti high school students visited Camp Arifjan, Kuwait, May 10, to see how U.S. military personnel live and work.

The students participate in an afternoon English language program, called ACCESS, which is funded by the U.S. Department of State and managed by AMIDEAST, an American non-profit organization based in Kuwait. ACCESS has expanded its classroom program to include English language day-camp experiences held on weekends.

This past weekend brought the Kuwaiti students to Camp Arifjan to learn first-hand some of what U.S. servicemembers are experiencing in their country.

"The visit is important because it gives the students an opportunity to meet Americans and forge their own opinions of what Americans are like," said U.S. Embassy Counselor for Public Affairs John F. Berry.

The students were interested in learning about American military culture and how servicemembers live while serving in the Middle East. The servicemembers they saw and spoke with serve as U.S. ambassadors to them and form a lasting

first impression.


They spent several hours at Camp Arifjan, speaking only English. They ate lunch in the main dining facility, visited the veterinary clinic, learned about military training, and finished the day at a Morale, Welfare and Recreation Center.

It was a tossup between whether the military training or the chocolate ice cream at lunch was the biggest hit of the day.

The students come from many dif-

ferent schools and backgrounds, but for most of them this is a rare chance to interact with Americans.

The Area Support Group – Kuwait is committed to participating in more events such as this. They play an important role in developing cultural understanding between both the students and the servicemembers who meet them.

"Opportunities like this visit will definitely happen again," said 1st Lt. Erika Couturier, ASG-KU officer in charge of coordinating the event. 



*Local Kuwaiti students enjoy ice cream at the main dining facility here. The students participated in a day of activities speaking only English and learning how the American military personnel work and live while serving in the Middle East.*

# 335th hosts first Signal Regimental run at Camp Arifjan

Story and photo by  
Maj. Greg Majewski  
335th Signal Command Public Affairs

**T**he 335th Signal Command and the 160th Signal Brigade hosted the first ever Signal Regimental 5K Run on Camp Arifjan, Kuwait, May 13, to draw attention to the important role the Signal Corps plays in the Global War on Terrorism.

Nearly a thousand participants turned out on a warm May morning with representatives from all the services in attendance to have a little fun, learn a little about Signal Soldiers and celebrate the Signal Regiment.

"About half the runners were from other services, and I'm sure many of the Army runners were non-Signaleers," said Brig. Gen. Geoffrey Freeman, 335th Signal Command commanding general. "They now realize that it takes lots of Signal support to keep this camp running."

The event was sponsored by ITT Corporation, a strategic partner for many of the Signal services throughout

the entire theater.

James Duffy, a project manager for ITT Corporation, and a former commander of the 54th Signal Battalion, said seeing the run brought back a flood of memories.

"I wish I could do it all over again," Duffy said. "The enthusiasm, esprit [de corps], and camaraderie are still there and I am extremely proud of our Soldiers, Sailors, Airmen, and Marines."

ITT sponsored the run and provided t-shirts for runners and walkers who completed the race.

Duffy said ITT's role in the regimental run is the least they could do.

"Any time that industry partners can make a small difference for the team, it makes us feel good," he said.

More than 1,300 ITT employees support the 160th Signal Brigade throughout Iraq, Kuwait, Afghanistan and Qatar.

According to Freeman, ITT's importance in the Signal community can not be underestimated.

"It is a fact that we could not accomplish all we do throughout the AOR without the continuous support of

contractors like those with ITT," Freeman said.

The 160th Signal Brigade deputy brigade commander Lt. Col. Keith June, helped organize the run and hopes to make it an annual event.

"Absolutely," June exclaimed. "We are already working on next year's run."


June said the run was great fun for all Signal Soldiers.

"It helps build cohesion and esprit de corps among the Signal regiment in Kuwait," June said.

Freeman added that this is not the only event the Signal community in Kuwait has planned.

Later this month, the 335th, the 160th and the Armed Forces Communications and Electronics Association will host a Technology Fair on Camp Arifjan.

"Our purpose will again be to raise awareness, specifically of technology's ever increasing role in our communications support efforts to the warfighter," Freeman said.

The technology fair will be held on Camp Arifjan June 1-3. 





**Mind the claret**

# Medical sk

Story and photos by  
Spc. Giancarlo Casem  
Desert Voice editor

**A**midst the gunshots, the screams, explosions and blood, Soldiers must concentrate on their task at hand, to save their buddy's life.

This is the situation presented at the Medical Skills Training Center at Camp Buehring, Kuwait. Soldiers from the United

Kingdom had a dose of reality during a First Aid training session, May 17.

"This is really good training here," said Cpl. Jon Hobson, Cavalry Troop Reconnaissance, 9th/12th Royal Lancers. "It's a way to get the guys ready for operations in Iraq and these are the best facilities."

The troops from the United Kingdom are training in Kuwait in preparation for their mission in Iraq. Coalition Forces utilize U.S. Army Central facilities at Camp Buehring and the nearby ranges to fine-tune their Soldiers' war-fighting and life-saving skills.

The MSTC team's mission is to aid Soldiers in learning how to properly apply first aid skills.

"The MSTC's primary mission is to give these Soldiers the skills they

(Above and inset) Soldiers from the United Kingdom conduct first aid on a training mannequin at the Medical Skills Training Center at Camp Buehring, Kuwait, May 17. The Soldiers are in Kuwait conducting training operations prior to their deployment in the summer.

(Background) The training mannequins are controlled from a computer console which can affect the casualties' vital signs.



# ills trainer provides troops dose of reality

need for that first five to 10 minutes of care that they are going to see in the battlefield,” said Ed Gunter, an MSTC technician from Hattiesburg, Miss.

“We give them some realistic medical simulation training to really open their eyes to what they are going to see.”

Gunter said it is paramount for Soldiers to be able to respond to a casualty and render the proper first aid within the first 10 minutes.

“The first five to 10 minutes is the ‘Golden Hour’ when it comes to medical aid,” Gunter said. “It is when people live or die. You’re either going to stop bleeding, fix airways and save a Soldier’s life or you’re not.”

As the British Soldiers run inside the MSTC to assess the casualties, they are welcomed by a barrage of gunshots and explosions blasting through loud speakers and pools of

bright-red liquid on the floor. The lights are dimmed to add to the confusion of the situation. In front of each team lay a training mannequin. The mannequins’ injuries range from burns and gunshot wounds to traumatic dismemberment – which squirts the bright-red liquid. Gunter can control each manne-

quin’s vitals from a computer console at the back of the MSTC.

As the Soldiers render aid, the training mannequins respond accordingly, the casualty’s pulse will drop or rise consequently. More importantly, they are able to see the bleeding of the mannequins stop.

“It’s important for them to see that what they are doing really works,” Hobson said.

The bright-red liquid is used to simulate blood. It is a simple combination of water and red food dye that goes a long way. The liquid is used liberally to add to the intensity and add to the theatrics of the MSTC and make it more realistic. It also helps Soldiers deal with the shock and trauma of the situation, Gunter said.

For some of the British Soldiers doing the training, the MSTC provides excellent refresher training, said Lance Cpl. Shawn Easter, a combat medical technician.

“It is as realistic as you can get,” Easter said. “It’s really important to be able to do this and treat guys as they find them.”

After each iteration, Hobson and Easter coach their Soldiers on the training. They offer advice to the trainees as well as provide feedback to the MSTC team.

Gunter said he appreciates the positive feedback from the Soldiers which only adds to the MSTC experience.

“The Soldiers are very receptive we hear comments, we try to make it as realistic as you can get, you can see breathing, bleeding and feel pulses,” Gunter said. “They’ll say ‘we wish we had this training last time, why couldn’t we have this training five years ago? We would have loved it!’”<sup>A</sup>



Lance Cpl. Shawn Easter, a combat medical technician with 9th/12th Royal Lancers, provides additional advice for British Soldiers at the Medical Skills Trainer at Camp Buehring, Kuwait, May 17.

# Seabees break ground on water well

Story and photos by  
Petty Officer 3rd Class John Hulle  
NMCB 74 Public Affairs

**S**eabees assigned to Naval Mobile Construction Battalion 74, based at Gulfport, Miss., broke ground on a water well in the Garissa district of Kenya, April 22.

This well is one of three planned in the district of Garissa by the Seabees as part of a Combined Joint Task Force – Horn of Africa project to improve the quality of life for the villagers. The Seabees' action in Kenya complements U.S. Army Central's theater security cooperation mission as it transforms into a Full Spectrum Operations-capable command.

Petty Officer 2nd Class Peter Welch, NMCB 74 water well lead mechanic and derrick operator, said the well, once complete, will be a better alternative for the villagers than going to the nearby Tana River for water.

"The river is primarily only good for livestock – it's not good drinking water," Welch said. "In addition, for

the individuals who do decide to go to the river to get drinking water, there are crocodiles and hippos, which can be very dangerous. We have heard reports of people, especially small children, being killed by crocodiles." Welch went on to add "to give clean drinking water is definitely extremely helpful for them. We are going to [dig] the wells in the villages so they won't have to walk several kilometers."

In addition, the diggers are also working with a Kenyan Department of Defense water well team to forge a cooperative relationship and exchange technical knowledge.

According to Garissa District Officer Jack Mbiso, the wells will dramatically improve the quality of life in his district.

"It is a good thing because lives are going to be changed," he said. "With water close by, I know women won't have to take time to go to the river, which can be used for better things, like taking better care of their children. Let's change lives, positively."

The crew of Seabees have trained extensively for this mission, completing two field exercises

together.

"I have worked with the guys for over two years now, so we have a good relationship which helps us work together," said Welch, a 22 year-old Tolland, Conn., native. Once started, the drilling continues around the clock until they hit water.

"The first day is pretty hectic, but once you get into the groove of things and begin drilling everything gets pretty routine, and everyone knows their job and knows what needs to get done, so it goes relatively smooth," Welch said.

For the residents of Garissa, the Seabees and this well may represent more than just clean water to drink. Alfred Kiragu, a native of Nairobi, has been a driver, translator, and informal consultant for Seabees deployed to



(Left and inset) Petty Officer 1st Class Steve Barczak, an equipment operator assigned to Naval Mobile Construction Battalion 74, based out of Gulfport, Miss., checks the consistency of the drilling mud, a mixture used as a lubricant and a coolant, while removing cuttings during drilling in Shaba, Kenya, April 22.



*(Background) Seabees from Naval Mobile Construction Battalion 74 drill a water well for the villagers of Shaba, Kenya, as part of a Combined Joint Task Force – Horn of Africa project, April 22.*

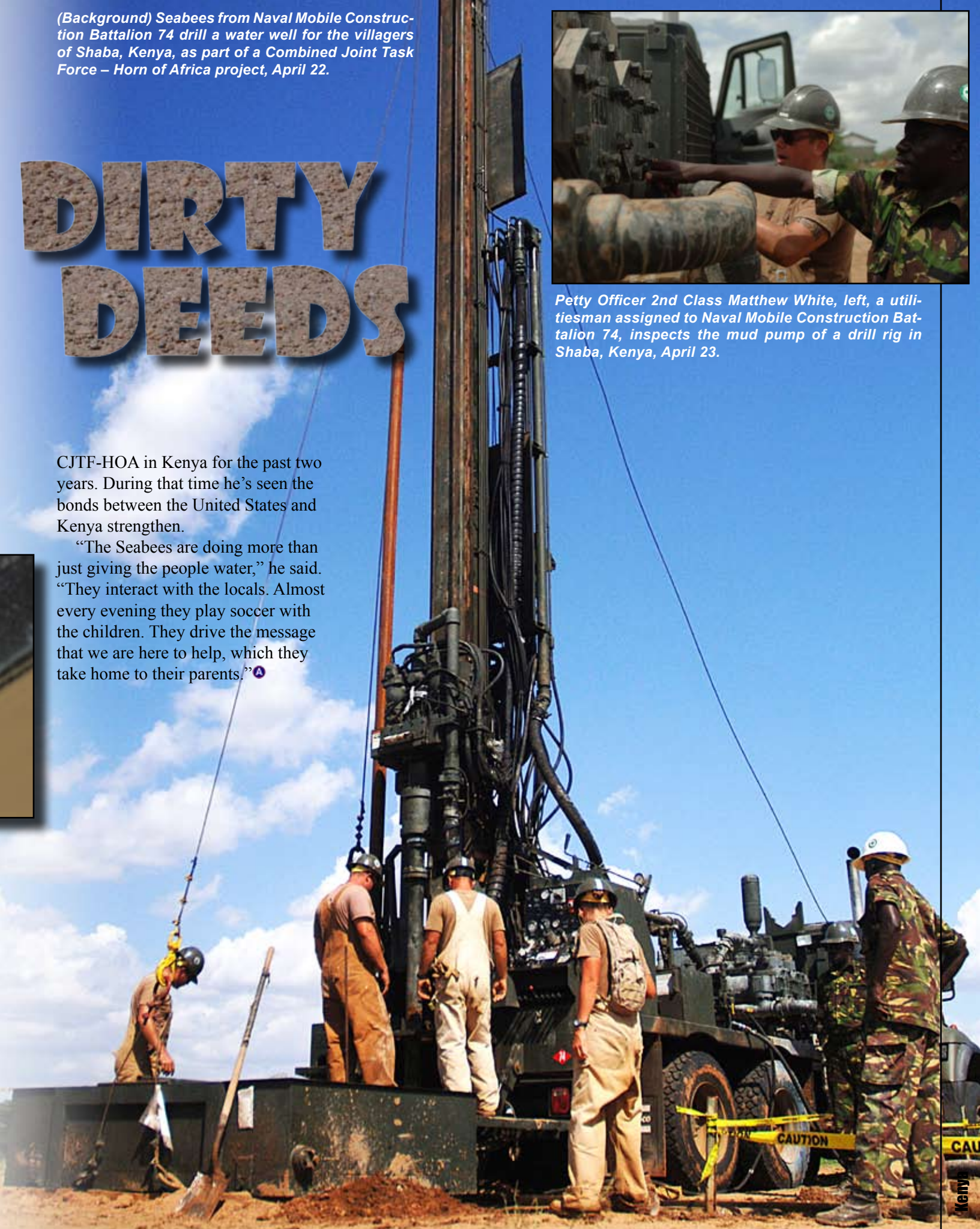
# DIRTY DEEDS

CJTF-HOA in Kenya for the past two years. During that time he's seen the bonds between the United States and Kenya strengthen.

"The Seabees are doing more than just giving the people water," he said. "They interact with the locals. Almost every evening they play soccer with the children. They drive the message that we are here to help, which they take home to their parents." <sup>A</sup>



*Petty Officer 2nd Class Matthew White, left, a utilitiesman assigned to Naval Mobile Construction Battalion 74, inspects the mud pump of a drill rig in Shaba, Kenya, April 23.*





# Navy Seabees construct monument for own fallen

Story and photos by  
Spc. Wes Landrum  
Desert Voice staff writer

Members of the U.S. Navy's Seabees held a memorial service gathered at Camp Moreell, Kuwait May 5 to honor the memories of 14 Seabees who lost their lives during Operation Iraqi Freedom. The ceremony included the unveiling of a monument, erected in the fallen's memories.

More than 150 Seabees from the different bases in Kuwait attended the ceremony.

Also in attendance was Capt. Ricky Richards, Camp Moreell's commanding officer and Rear Admiral Rich Cellon, 1st Construction Division commander. Cellon said the statue is a reminder that freedom is not free.

"It's no surprise to anybody here that since the beginning of Operation Iraqi Freedom, the Seabees have made significant contributions in the war-fight," Cellon said. "Camp Moreell is an appropriate place to unveil this memorial as every Seabee unit that comes into and out of this theater of operations passes through Camp Moreell and will get an opportunity to see the memorial and reflect upon it."

Petty Officer 2nd Class Aisha Hullett, Naval Mobile Construction Battalion 74, said the ceremony was a great way to honor the fallen. She said the fallen sacrificed themselves for something they believed in, however, their deaths hit close to



**Rear Admiral Rich Cellon, 1st Construction Division commander, addresses Seabees during a memorial ceremony at Camp Moreell, Kuwait, May 5.**

home too.

"When you know people or know people who know people, you realize how much you're affected by their passing," the personnel specialist from Montgomery, Ala., said.

The statue was the idea of Senior Chief Petty Officer James Cochran, Naval Mobile Construction Battalion 14. Seven of the 14 fallen heroes were from his battalion. He said the earlier memorial did not do the fallen Seabees justice.

"There was a small wall of pictures that did not say anything – it just had their names and pictures on it,"


Cochran said. "We thought it needed something to remember them. It was deserving of more, I thought."

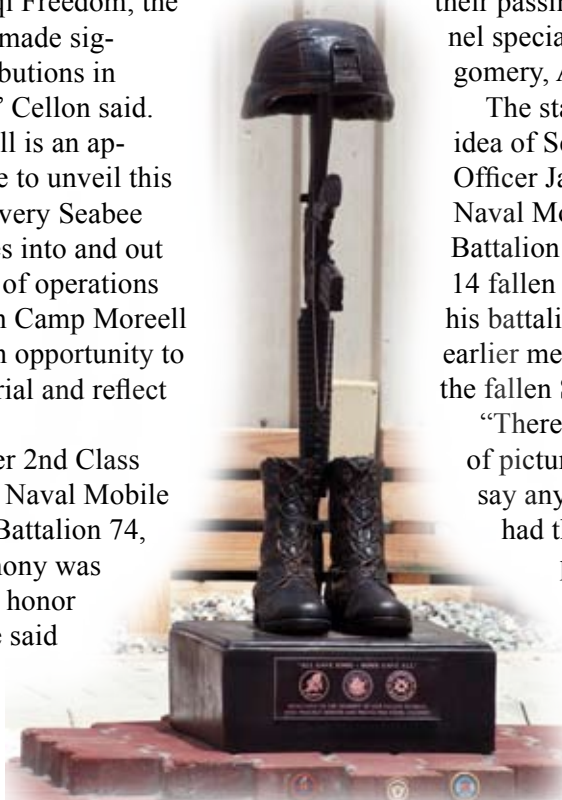
As each name of the fallen was

called out, a bell rang twice for each Seabee. Even though the Seabees fell in Iraq, the memorial was held in Kuwait. The reason was because the small camp located next to the Army's Life Support Area – Kuwait camp is the starting and ending point for all Seabees in the theater. Hullett said this way all who come through Camp Moreell will know and remember the memories of the fallen.

"Every battalion that passes through won't forget the sacrifices made by these Seabees," she said.

Hullett said a ceremony like the one held for the fallen Seabees is important because it keeps the fallen's memories alive. More importantly, she added, it is a reminder that their friends lived.

"We're celebrating their lives. It's important, even after people have passed on, that we don't forget who they are, what they meant to us and the sacrifice they made," Hullett said. "When we wake up, we don't know what's going to happen or take place and moments like that should not be taken lightly. We must go on and celebrate their lives, celebrate their Families and remind ourselves of the reason we're here." 



**The memorial in honor of fallen Seabees was the idea of Senior Chief Petty Officer James Cochran, Naval Mobile Construction Battalion 14. It was unveiled during a ceremony at Camp Moreell, Kuwait, May 5.**



# United States Army Central

## "Patton's Own ... Always First!"



**Leading the way to Full Spectrum Operations**

# Just One Question ...

**"Why are you proud to be in the Armed Forces?"**



**"The good we do in the world. If I'm doing good, it helps."**

Staff Sgt. Theodore Kwafo  
345th Combat Support Hospital  
Generator mechanic  
New York



**"Because in my opinion there is no better way to demonstrate patriotism and provide service to the greatest country in the world."**

Sgt. Rachel E. Betsch  
Area Support Group-Kuwait  
Force Protection  
Los Angeles



**"Because I know there are a lot of guys that are home and overtasked. This is my second deployment and hopefully I've kept a few home."**

Chief Warrant Officer Joseph Parsons Jr.  
211th General Support Aviation Battalion  
UH-60 instructor pilot  
Trenton, N.J.



**"The Navy is by far the best institution I've ever worked for. I never got such a sense of belonging and fulfillment, as when I joined."**

Lt. Adnan Ahsan  
Navy Mobile Construction Battalion 74  
Headquarters company commander  
Detroit

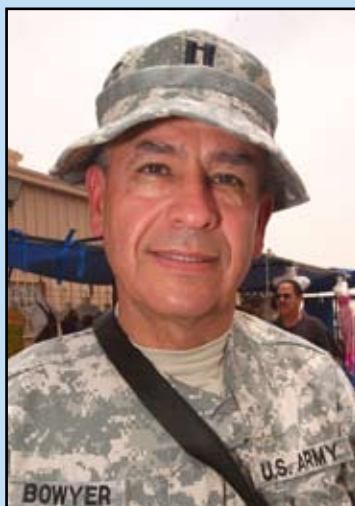


**"Because I serve my country. The U.S. has been good to me since I came here from Vietnam and I wanted to give back."**

Petty Officer 3rd Class Dien Tang  
EMF-Kuwait  
Hospital corpsman  
Boston

## Why I serve:

**Capt. Toby Bowyer**  
345th Combat Support Hospital  
ER trauma flight nurse



The Dallas native explains why he chose to join the military.

**"I'm a Vietnam Veteran. I can serve those who serve. I felt I could help out, give my expertise here and make a difference."**



# What's happening around USARCENT ...

## A grand welcome



U.S. Army Central and USO officials cut the ribbon officially opening the new USO center at Life Support Area – Kuwait, May 10.

Photo by Sgt. Douglas Demalo

## Ready, set, GO!!!



Photo by Staff Sgt. W. Watson Martin

Hundreds of Soldiers, Sailors, Marines, Airmen and civilians join in on a 5K at Camp Arifjan, Kuwait, on Armed Forces Day, May 17. Michael Armstrong ran across the finish line at 18:57 for the 40 and under males and 21:28 marked Terry Brown's time for the females. The 50 and over runners fared nearly as well with Dennis Thompson and Elwood Hopkins recording times of 21:58 and 23:12; the female category brought in Lynn Bergen at 25:44 and Marlene Summers at 33:59.



Photo by Master Sgt. Shama Crumes

## A toast

Master Sgt. Jessie Tyson, U.S. Army Central G6 Operations noncommissioned officer, highlights the Fallen Comrade table while a silent toast is proposed during the USARCENT Ball in Atlanta, May 10.