

## INSIDE JVEF partners improve keiki education



### Duck, cover

3rd BCT learns "Bronco Basics" at PTA.

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### Icy faceoff

Local military members hit the ice to support a good cause.

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### Remembering 9/11

A commemoration ceremony is Sept. 10, 4:30 p.m., at Fort Shafter's Palm Circle.

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### Gold, silver

Hawaii Soldiers help All-Army basketball teams place on the podium.

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Story and Photo by  
**VANESSA LYNCH**  
News Editor

WAIPAHU – Educators and distinguished volunteers gathered with high-ranking military personnel at the Hawaii Okinawa Center, here, Aug. 26, for the ninth annual Joint Venture Education Forum, or JVEF.

The JVEF is a celebration of the ongoing partnership between Hawaii's military community, the state's Department of Education, public schools, businesses and the state legislature, who all met with the goal of facilitating communication and improving results for schooling in Hawaii.

"Hawaii-based forces have been a large contributor to the warfighting missions of the last decade ... (and) absentee parents, often deployed in harm's way create circumstances that affect the children they leave behind in a variety of ways," said Col. Michael Davino, U.S. Pacific Command and JVEF executive co-chair. "Schools provide the anchor, the stable force, in these unsettling times when our families are experiencing deployment after deployment, and challenge after challenge."

This year's theme was "Partnerships Committed to Excellence," and the past 12 years have demonstrated that this cooperative venture has already had a positive impact on the Hawaii community at large.

"I funded this effort out of concern that our community was being divided – the military commands and military parents on one side, and state educators and policymakers on the other," said Sen. Daniel Inouye, during his keynote speech. "Once divided, the healing would be long and difficult. JVEF's goal is to focus on



Attendees at the ninth annual Joint Venture Education Forum, held at the Hawaii Okinawa Center, Aug. 26, recognized more than 140 Soldiers, Airmen, Coast Guardsmen, Marines and Sailors, who were honored for their volunteer efforts at school partnerships statewide.

the commonality, which is the successful education of Hawaii's children, whether military or civilian."

Event co-emcee, Chris Blanchard, chief of staff, Marine Corps Base Hawaii, said Hawaii's public school system is the 11th largest school district in the nation with more than 177,000 students enrolled in grades K-12, at

258 public schools and 31 public charter schools.

Since its inception in 1998, the goal of JVEF has been to assist military students and their families through outreach programs and partnerships in Hawaii.

SEE JVEF, A-5

## USARPAC hosts Consular Corps of Hawaii for environmental briefing

Story and Photo by  
**STAFF SGT. CRISTA YAZZIE**  
U.S. Army-Pacific Contingency Command Post Public Affairs

FORT SHAFTER – Members of the Consular Corps of Hawaii met with Lt. Gen. Benjamin Mixon, commanding general, U.S. Army-Pacific, for the first time during a luncheon and briefing about the USARPAC mission and its environmental programs, Aug. 27.

"Gen. Mixon was kind enough to offer an invitation for us to come to Fort Shafter, and his briefing was excellent and very detailed," said Patricia Lee, honorary consul of France and dean of the Consular Corps of Hawaii. "We certainly came away with a tremendous respect and greater understanding of (USARPAC's) mission. Certainly, many of us were not aware of the conservation and environmental stewardship effort. (USARPAC) is very supportive of preserving the land and that's information that should go out to the public."

The Consular Corps of Hawaii consists of six career consulates general and 32 consulates general, or consulates ad honorem, all representing different countries. According to the group's official website, activities for the Consular Corps include furthering trade, maintaining close relations with state and county governments and the military, advising and helping nationals in Hawaii, and supporting culture and the arts.



Patricia Lee, honorary consul of France and dean of the Consular Corps of Hawaii, observes a bird nest during a USARPAC environmental briefing, Aug. 27.

Consular Corps members annually brief U.S. Pacific Command, but this time was the first they had met with USARPAC.

Mixon detailed various USARPAC endeavors throughout the Asia-Pacific region, noting everything from command post exercises, to humanitarian aid and disaster relief. Other topics of discussion included USARPAC's interaction with other nations' partners and

### On The WEB

To learn more about the Consular Corps of Hawaii, visit [www.consularcorpshawaii.org](http://www.consularcorpshawaii.org).

what the command is doing to enhance these relations and future plans for the region.

After Mixon's speech, Michelle Mansker, natural resources manager for U.S. Army Garrison-Hawaii's Environmental Management Program, provided information about Army environmental and cultural programs.

Approximately 20 consulars general and associates attended the briefing and lunch with approximately 15 officers from the USARPAC staff, who represented the command group and Security Cooperation and Policy division. Of the consulars in attendance, three were consuls general while the remainder were appointed as honorary consuls.

Representatives attending from as far as Finland, Peru, Australia and Japan were only a sampling of the many countries, and their interests, which are present in the Consular Corps. The corps has a diverse background; some of the representatives are career foreign service officers while others are distinguished local citizens

SEE USARPAC, A-7

## PTA fire crews control flames

LACEY JUSTINGER  
Managing Editor

WHEELER ARMY AIRFIELD – The wildfire at the U.S. Army Garrison-Hawaii's Pohakuloa Training Area, which began at approximately 9:30 a.m., Aug. 22, about a quarter mile east of PTA's main gate by Mauna Kea State Park, is 80-percent extinguished and has burned an estimated 1,386 acres, as of Wednesday.

Winds continue to affect visibility for those in the area, due to blowing dust and ash circling through the dry air.

Army fire crews, the Hawaii County Fire Department and personnel from National Park Service and Hawaii's Division of Forestry and Wildlife battled the blaze with tankers, brush tanks, fire engines, bulldozers and helicopters for 11 days.

Ground crews are currently conducting mop-up and patrol operations. Although the fire appears to be quenched, the recovery operations will continue for two weeks to ensure the fire is completely smothered. This accounts for the remaining 20-percent of fire-control in the environment.

No structures have been burned and no injuries to firefighters, Soldiers or civilians have been reported at this time.

As of Aug. 24, the fire was 55-percent contained with firebreaks dug on the fire's east and west flanks. Saddle Road also provided a firebreak to the south.

Firefighters from Oahu, Maui and the Big

SEE PTA, A-6

## 18th MDSC completes CERTEX for wartime operational capabilities

Story and Photos by  
**SGT. 1ST CLASS RODNEY JACKSON**  
18th Medical Deployment Support Command Public Affairs

FORT SHAFTER – The 18th Medical Deployment Support Command completed a certification exercise on Schofield Barracks from Aug. 16-26, which officially makes the unit initial operation capable, or IOC, to perform its wartime mission, as a command and control for all medical units assigned and attached to the U.S. Army-Pacific theater of operations.

The certification exercise was part of Ulchi Freedom Guardian 2010, a regularly scheduled summer exercise that provides valuable training for forces from the Republic of Korea and the U.S.

As part of the certification, the unit

simulated a deployment and convoyed to Schofield Barrack's Leader Field; it set up an operations command post

and conducted operations with other units participating in the exercise while its main command post was back at



Brig. Gen. Keith Gallagher (center), commander, Pacific Region Medical Command and Tripler Army Medical Center, congratulates Spc. Matthew Gunther (left), generator mechanic, 18th MDSC, for his outstanding performance during the UFG exercise, Aug. 16-26. Col. Erin Edgar (second from right), commander, 18th MDSC, and Sgt. Maj. Carl Dwyer, 18th MDSC command sergeant major, look on.

Fort Shafter.

Lt. Gen. Benjamin Mixon, commander, USARPAC, signed the official document that made the unit IOC at the completion of the exercise.

"You've achieved a lot over the past year, and I'm very proud of you," Mixon said, during the concluding briefing. "This was a really good effort by everybody. We appreciate the off-island personnel support. You are a great asset."

Many off-island Army medical officers from the Professional Officer Filler Information System, along with other Army military specialists, were attached to the unit to fill unique sections. For example, a team was attached to observe and control each section of the certification, to validate if the unit could perform at a level that would allow it to pass the IOC process.

"I think this was a good experience

SEE 18th MDSC, A-6

**We want to hear from you...**

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3488, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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**141 days since last fatal accident**

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 9/2/10.

# Community invited to assess garrison services

**CUSTOMER MANAGEMENT SERVICES**  
News Release

SCHOFIELD BARRACKS – You can often hear Col. Douglas Mulbury, commander, U.S. Army Garrison-Hawaii, remark that the mission of the garrison is to serve and support the Soldiers and families of our military community – “It’s just that simple.”

To be able to serve our community, our customers, and to do it well requires constant feedback as to whether or not our services are meeting their needs. We do this in a variety of ways, one of which is to conduct the annual Customer Service Assessment.

The CSA is an online survey that will be available to more than 70 Army garrisons worldwide. The survey asks par-

ticipants to rate how important a particular garrison service is and how well it is being provided. Based on initial demographic questions, participants will be directed to evaluate services that they might routinely use so that their responses can be more meaningful. This method also helps streamline the questions so that completing the survey should take no more than 15 minutes.

Once the survey window closes, data analysis will be conducted, and the results will be reported back to each garrison. Garrison commanders can use the results, along with other measures, to determine what services are most important to his or her community. Additionally, results can indicate what service or program is underused and which ones

are underperforming.

This occasion is the third time the CSA that has been conducted. The results of the first assessment, conducted in October 2008, are considered baseline indicators. Garrison commanders will be able to compare this year’s data results with the previous assessments, to see if services and programs have changed over time, in either importance or performance. Ultimately, the objective of the CSA is to help garrison commanders provide the best quality services to support Soldiers, families and the community.

The CSA is only one of many tools available to the community to provide feedback about garrison services. Another tool that is always available is the Interactive Customer Evaluation system.

For more information, contact Ophelia Isreal at Customer Management Services, 655-9033, or usaghi.cms@us.army.mil.

Individuals can submit comments directly to service providers to help address any concerns or to acknowledge excellent service at <https://ice.disa.mil>.

Additionally, here at USAG-HI, community members can ask questions through the Ask the Garrison Commander program that can be accessed on the garrison website, [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil).

The CSA can be accessed at [www.mymilitaryvoice.org](http://www.mymilitaryvoice.org). It is open to all community members and will be available through Sept. 24.



Story and Photo by Brandy Gray | Army Community Service

## Preventing, investigating child abuse

SCHOFIELD BARRACKS — Instructors from the Family Advocacy Law Enforcement Training Division, located at Fort Leonard Wood, Mo., taught child abuse prevention investigative techniques to 32 members from the Army Community Service Family Advocacy Program, Department of the Army police, Army Military Police investigators and Marine Corps Criminal Investigations divisions.

The eight-day course focused on conducting interviews, gathering evidence, ensuring sensitivity to the needs of victims and non-offending parents, and understanding special legal considerations as they pertain to the investigation of child abuse.

A key part of the training also included child interviews, child abuse crime scenes and psychological aspects of victims and offenders. The role of the investigator, as it relates to the multidisciplinary Family Advocacy Program, was emphasized, too.

Mock crime scenes included environments where a teenager was a rape victim or an infant fatality. Training participants observed and recorded information and evidence in these scenarios.

“The live crime scene investigation ... was so real,” said Sharon Anderson, ACS Family Advocacy Program, when asked what her favorite aspect of the training was. “We got to see a different perspective of the different disciplines, in terms of what each (has) to offer to the investigative process and how it all (tied) together.”

## FEETSTEPS in FAITH

# Spouses need to appreciate each other’s labors of love

**CHAPLAIN (CAPT.) RANDY CURRY**

728th Military Police Battalion Chaplain, 8th MP Brigade, 8th Theater Sustainment Command

This weekend brings one of those special events that military members love: a four-day weekend.

It is time to celebrate Labor Day, the day set aside to honor the hardworking men and women of our country.

The day was established so we can pause and recognize the social and economic achievements of American workers. However, as you enjoy the unofficial end of summer, I encourage you to also take time to recognize the importance of the work your spouse does.

In the book “Love and Respect,” Dr. Emerson Eggerichs discusses ways couples can strengthen their marriage. One important thing is to recognize and respect the work our spouses do.

Ladies, recognition is big with your man. Your guy has a built-in desire to take care of you and provide for the family. He provides through his hard work. When was the last time you told him you are proud of his work and that you are proud of the job he does?

This communication can be tricky, especially when that same job separates you for a year, makes him miss birthdays and anniversaries, or interrupts your quiet evening at home. He knows his job comes with difficulties and hardships, but he is also very proud of what he does.

Don’t tear your Soldier down by tearing down his job. Build up your relationship by telling your man just how proud you are of his labor.

Guys, you can’t skip on this either. Your wife needs to hear that you respect and appreciate her work as well. I know this is tough, but you have to actually say the words. Thinking it or grunting in her direction doesn’t cut it.

Whether she is a Soldier managing a platoon or brigade, a hair stylist or a stay-at-home mom, you need to grab her in your arms and tell her you appreciate the work she does. The hours she puts in are not equal – because moms are never off the clock. And the paychecks may not be equal, but the respect must be.

The Bible talks a lot about our labor and work. Psalms 128:2 says, “You will eat the fruit of your labor; blessings and prosperity will be yours.”

In Matthew 28:11, Jesus says, “Come to me, all you who are weary and burdened, and I will give you rest.”

This weekend, the weary and overworked should take time to rest and enjoy the fruits of their labor.

So, as you sit on the beach this weekend or when you are in the backyard grilling bratwurst and burgers, take a moment to tell your spouse how much you appreciate him or her, and the job he or she does.

Take time to celebrate the hard work your partner puts in for you. Take time to celebrate the labors of love.



Curry

# President proclaims National Preparedness Month

Americans urged to be prepared for emergencies, disasters

**U.S. ARMY GARRISON-HAWAII EMERGENCY MANAGEMENT**  
News Release

SCHOFIELD BARRACKS – For Americans, emergency preparedness must now account for man-made disasters, as well as natural ones.

Knowing what to do during an emergency is an important part of being prepared and may make all the difference when seconds count.

Emergencies can range from inconvenient to devastating. However, individuals can take

some simple preparedness steps in advance of an emergency to minimize its impact on themselves and their families.

Family and community preparedness planning can enhance community readiness and reduce the impact of disaster by expediting recovery in the aftermath of unpreventable catastrophes.

The U.S. Department of Homeland Security’s “Ready” campaign focuses on the following important preparedness steps that can assist families

with creating emergency plans and preparing for a wide range of natural and man-made disasters, which could impact them and their communities:

- Get an emergency supply kit. When preparing for a possible emergency situation, it’s best to think first about the basics of survival: fresh water, food, clean air and warmth. The website [www.ready.gov](http://www.ready.gov) provides a list of recommended items to include in a basic emergency supply kit.
- Make a family emergency

plan. Your family may not be together when disaster strikes, so it is important to plan in advance for how you will contact one another, how you will get back together and what you will do in different situations.

- Be informed. There are important differences among potential emergencies that will impact the decisions you make and the actions you take. Learn more about potential emergencies that could happen where you live and the appropriate way to respond to them.

In addition, learn about emergency plans that have been established in your area by state and local governments.

- Get involved. Organizations, families and individuals should take time to explore the many ways they can all contribute to creating more prepared and resilient communities.

- Ready Kids. Teach children how to be informed, prepared, plan for and react in emergency situations with tips and tools provided on the Ready website.

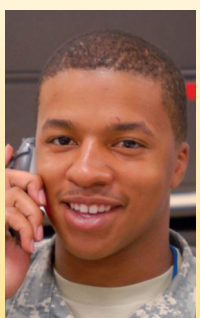


Visit [www.ready.gov](http://www.ready.gov) for more information on emergency preparations.

# Voices of Ohana

How do you build resiliency?

Photos by 8th Theater Sustainment Command



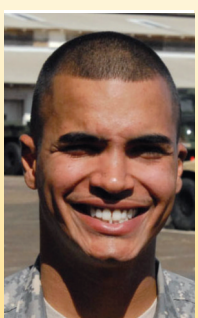
“Just think failures are of the past, and success is (in) the promising future.”

Spc. Quanten Booker  
8th HHC



“It’s the wisdom gained from tolerance and perseverance through human experiences.”

Staff Sgt. Jason Kennedy  
8th HHC



“I build resiliency through motivation and mental agility.”

Spc. Samir Kenney  
8th HHC



“Dust yourself off and try again, try again.”

Spc. Takeshia Terreforte  
8th HHC



“Work hard to recover from your profile and do pushups.”

Pfc. David Wilcox  
8th HHC

## Deployed Forces



1 September 2010

To the Men and Women of the United States Army,


Today, Operation Iraqi Freedom ends and Operation New Dawn begins. This transition represents a significant milestone and a huge accomplishment for the men and women of the United States Army. Our congratulations to General Ray Odierno, to the USF-I Team, and to the nearly 800,000 Soldiers who served in Iraq and contributed to this success.

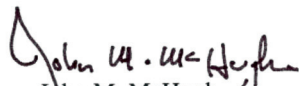
While we reflect on our accomplishments, it is important to remember that our mission there is not yet complete. In cooperation with the Government of Iraq, we will continue to advise and assist the Iraqi Security Forces, support Iraqi troops in targeted counterterrorism missions, and protect our civilians who are moving into the lead to support Iraq. We will complete these missions with the same focus, determination, and professionalism that have seen us through the last seven years.

Our Soldiers have been the key to our successes in Iraq. They have adapted to a new form of war—accomplishing the near-impossible every day; and led the way in providing the 28 million people of Iraq with the opportunity for a better future.

This success has come at a cost—more than 3,200 American Soldiers have given their lives, and over 22,000 have been wounded. We should use today as an opportunity to pause and remember them, and to renew our commitment to never forget them or their families.

We could not be prouder of our Army on this historic day. You remain the Strength of this Nation. Army Strong!

  
George W. Casey, Jr.  
General, United States Army  
Chief of Staff

  
John M. McHugh  
Secretary of the Army

## 2nd BCT clarifies deployment timeline

Dear Warrior Family Team,  
A recent article featured in last week's Hawaii Army Weekly, "U.S. mission in Iraq officially changes Sept. 1," stated, "Six U.S. Army brigades, plus support personnel, will work with Iraqi security forces through the end of 2011." The statement included our 2nd Brigade Combat Team as one of those brigades.

Understandably, this has caused a certain amount of confusion and concern among our Warrior Family Team.

I want to make sure that I clarify any misunderstandings. The tour length that 2nd BCT is

currently on remains unchanged. The Warrior Brigade is on a 12-month tour, and there are no plans to extend beyond that timeframe.

As the Division Commander, I am extremely sensitive to the accuracy of the information that reaches you. I know you would expect nothing less. When information is released that affects the members of the Tropic Lightning Family Team, the chain of command will ensure that it reaches you as soon as we can release it.

Thank you,  
Maj. Gen. Bernie Champoux  
Commanding General, 25th Infantry Division



Champoux



Spc. Brandon D. Bolick | 982nd Signal Company, Combat Camera

### 2nd BCT gets OIF combat action patch

FORWARD OPERATING BASE WARHORSE, Iraq — Col. Malcolm Frost (at podium), commander, 225th Brigade Support Battalion, 2nd Brigade Combat Team, 25th Infantry Division, gives a speech, here, in the Diyala province, Iraq, Aug. 13. Soldiers with 225th BSB, 2nd BCT received combat action patches for their service in support of Operation Iraqi Freedom. The OIF mission officially ended Sept. 1.

## 'Golden Dragons' commander meets with Iraqi general to build relationships

Story and Photo by  
PFC. JESSICA LUHRS

1st Heavy Brigade Combat Team, 1st Armored Division

KIRKUK, Iraq — Two commanders met for the first time at the 15th Brigade Headquarters, here, recently, to develop a concept for sharing information, which is vital to build and maintain security, as U.S. forces continue to strategically withdraw from Iraq.

Lt. Col. Andrew Ulrich, commander, 1st Battal-

ion, 14th Infantry Regiment, "Golden Dragons," 2nd Brigade Combat Team, 25th Infantry Division, and Brig. Gen. Abdul Amir, commander, 15th Brigade, 12th Division, Iraqi army, are arranging to hold a meeting, once a month, for key leaders to share information on insurgents and to open the lines of communication for the 15th IA Bde.

Amir, who has been in command for three months, stated that since becoming a commander, he has made it his priority to bring all Iraqi se-

curity forces together.

"The only way the ISF will be able to capture all of the insurgents and their weapons is if we all work together, no matter the ethnic or religious group," Amir said.

The Golden Dragons are also arranging for computers and Internet access for the command staff at the 15th IA Bde. Headquarters.

"Having computers and Internet at the 15th IA Bde. Headquarters will make communication

between the ISF and (U.S. forces) easier," Ulrich said.

Amir agreed with his partner, saying this method will ensure that everyone can work together.

"The U.S. forces have always been great partners with the Iraqi army, (and) with their help, we will now be able to build a better relationship with the Iraqi police and other Iraqi army brigades," he said.



Capt. Kevin Vazquez (left) and Sgt. 1st Class Gregory Mathis, both of 311th Signal Command, discuss possible solutions for CENTRIX-K, a classified network shared by the U.S. military and the ROK, during UFG 2010, in the Forward Command Post, at the Schofield Barracks Battle Command Training Center, Aug. 19.

## Real-world Signal mission supports UFG success

Story and Photo by  
**LIANA MAYO**

311th Signal Command Public Affairs

SCHOFIELD BARRACKS – While most of the nearly 90,000 participants of the annual Ulchi Freedom Guardian 2010 exercise experienced challenges and accomplishments, a team of about 40 Soldiers and civilians in the 311th Signal Command experienced stress that cannot be simulated.

Working around the clock in the Forward Command Post at the Battle Command Training Center, here, the 311th fulfilled the real-world mission of providing secure and dependable lines of communication between all participants throughout the Pacific region during the exercise held Aug. 16-26.

The signal team maintained three networks: the NIPR, an unclassified network; SIPR, a U.S.-only classified network; and CENTRIX-K, a classified network shared by the U.S. military and the Republic of Korea.

The constant presence of a secure signal was vital to the success of this computer-assisted exercise that tests and builds the ability of the ROK and U.S. alliance to translate in-

formation superiority into actionable decision-making, in order to prevent and prevail against the full range of current and future threats to the ROK and the region.

“Although this Combined Forces Command exercise is notional for other participants, it is real-world for us, and a good opportunity to validate our support requirements to our fellow commands in Hawaii, the 8th Theater Sustainment Command and the 18th Medical Command,” said Lt. Col. Scott Baer, deputy chief of staff for operations and training, 311th Signal Command. “We took this opportunity to not only validate, but also to activate our Troop Program Unit Soldiers to take over functions of the command, which they would have to do if deployed.”

For the first time, Staff Sgt. Wesley Leiter, a TPU Soldier in 311th’s Headquarters and Headquarters Detachment out of Costa Mesa, Calif., operated above the platoon level.

“(It was) an incredible experience,” Leiter said, about serving as the operations and training battle non-commissioned officer at the FCP. “It was fascinating to learn about all the units we support for U.S. Army-

Pacific, as the Signal Command for the Pacific.”

Three 311th Soldiers traveled to Seoul, South Korea, to serve as liaison officers for the ROK and CFC, and to facilitate coordinated signal operations throughout the Pacific. Soldiers and civilians at the 311th’s FCP maintained control of the exercise network while continuing to fulfill the 311th’s core mission of maintaining and defending the Pacific LandWar Net.

“What makes an exercise like UFG unique for us as Signaleers is that while most of the exercise is simulated, the communication aspect of the mission is real,” said Capt. Amanda Bielski, a TPU Soldier from Fort Meade, Md., who is assigned to the 311th Signal Command and served as the operations and training battle captain in the FCP. “While other units can simulate their success, we must be successful in order for those units to participate.

This makes for a very challenging and rewarding experience, because you do see the results of your hard work every day.”

# 8th TSC takes active role in UFG exercise

Computer-simulated exercise demos real-life threat

**SGT. PHILLIS WHITE**

8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS – Ulchi Freedom Guardian is an annual exercise with the purpose of providing valuable training and evaluating and improving combined coordination, procedures, plans and systems necessary for contingency operations of Republic of Korea and U.S. forces, in defense of the ROK.

The 8th Theater Sustainment Command took part in the 10-day annual exercise, here, Aug. 16-26, under the lead of Gen. Walter Sharp, commander, Combined Forces Command and U.S. Forces Korea.

The warfighter exercise started in July 1976, and it will continue to be an important part in the annual technical training of U.S. and ROK forces.

Ulchi Focus Lens, the original name of the exercise, was institutionalized to enhance interoperability of ROK and U.S. forces by training commanders and staffs from both nations in wartime planning, command and control operations, intelligence, logistics and personnel procedures required for the successful defense of the ROK.

The name of the exercise was changed to Ulchi Freedom Guardian in 2008.

The exercise highlights the longstanding and enduring partnership and friendship between the two nations, their combined commitment to the defense of the ROK and in ensuring peace and security in the region.

“We will continue to ensure the ROK-U.S. alliance is fully prepared to respond to any contingencies both today, and in the future,” said Maj. Sean O’Brien, deputy chief of operations and battle captain, 8th TSC.

The exercise demonstrates the U.S. commitment to the ROK-U.S. alliance and enhances the combat readiness of ROK and U.S. forces, while exercising

senior leaders’ decision-making.

The training was designed around the Strategic Alliance 2015 plan, which focuses on threats that may include provocations, use of weapons of mass destruction, asymmetric threats or the conventional force-on-force fight.

“It is a realistic training (that is) continually adapting to preparing, enhancing readiness, preventing and prevailing against the full range of current and future North Korean threats to the (ROK) and the region,” said Chief Warrant Officer Pennie Temmerman, senior ammunition technician, Support Operations Ammunition Division, 8th TSC.

UFG tests and builds the alliance commanders’ and staffs’ ability to translate information into actionable decisions that are implemented faster than the enemy.

“We had many new people who had never been part of this type of exercise, (and) they were able to become very knowledgeable of their job and their responsibilities by asking questions,” Temmerman said. “They actually made the group more cohesive, because the more experienced Soldiers had to step out of their area of expertise and help these Soldiers along the way.”

Approximately 3,000 U.S. personnel, 500,000 ROK participants and 27,000 U.S. Joint Forces and multinationals participated in the exercise.

“I enjoyed being actively engaged and involved in this exercise,” Temmerman said.

UFG training helps all military forces retain unit and individual skills. It is essential in a multinational defense organization, such as CFC, to ensure interoperability and readiness of the forces.

The training helps prepare the alliance to respond to potential contingencies and to defend the ROK, under the Mutual Defense Treaty.

“This has been a valuable exercise for this command,” O’Brien said.

# Spouses compete in Jane Sapper competition

Story and Photos by  
**SGT. PHILLIS WHITE**

8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS – When Soldiers answer the call to serve in the Army, a sacred trust is forged between the American public and the military family, as Soldiers take on the duty of protecting us all.

Their spouses help with this important responsibility by keeping the family on track and by balancing family life, military life and their careers, all while supporting and understanding the obligations of their Soldiers.

But most spouses can never say that they have walked a mile in their Soldiers' boots – until now.

The 65th Engineer Battalion, 130th Engineer Brigade, 8th Theater Sustainment Command,

sponsored its first Jane Sapper competition in Hawaii, recently, at various training sites located on Schofield Barracks.

Spouses from local engineer companies experienced the life of a Soldier for a day. The spouses participated in Leader Reaction Course problems, squad battle drills in a Military Operations on Urban Terrain environment, and weapons familiarization with an M-9 pistol and M-16 rifle.

"We were trying to accomplish two things: general team building and, for the wives, to have (a) greater appreciation and understanding of the kind of training that their husbands go through on a day-to-day basis," said Lt. Col. Dan Koprowski, commander, 65th Eng. Bn., 130th Eng. Bde.

The Jane Sappers volunteered to wear gear through the obstacles and endure the normal

stressors and mental and physical challenges of their 65th Eng. Bn. Soldier.

"This type of training enhances teamwork across our companies, units and rank structure," Koprowski said. "They are gelling as a team, and that's one of our primary focuses for doing this. The spouses and their Soldier now have a better appreciation of what each other does."

Jane Sappers trained while being accompanied by their personal Soldiers for support and additional instruction. Spouses bonded with each other and their Soldiers, thus increasing overall unit morale and esprit de corps throughout the battalion.

"The best part for me was watching my wife move around and complain about how hot it was wearing all the equipment, and wanting to take it off, but (she) couldn't," said Spc. Jeremy Harris, heavy equipment operator, 82nd Eng. Support Company, 65th Eng. Bn., 130th Eng. Bde. "It was good to see her get out and interact

with different spouses, and do some physical training."

Throughout the day, the Jane Sappers were introduced to combined task force training, military operations, qualified training, modified record fire and the proper way to use all of a meal, ready to eat.

"I truly have a better understanding and respect of what the Soldiers go through now," said Debbie Milhorn, wife of Col. Jeffrey Milhorn, commander, 130th Eng. Bde. "I have enjoyed this training, and I recommend that all spouses (who) get a chance to do a Jane Sapper Day get involved."

Despite not being used to the strenuous physical training and the demand that it makes on the body, all the spouses were able to finish the competition.

"My wife told me that she was tired and that she didn't want to do (anything) else for the rest of the day," Harris said.



A participant puts forth maximum effort while competing in the physical fitness test during the Jane Sapper Competition at Schofield Barracks, Aug. 14.



Jane Sapper participant Debbie Milhorn, wife of Col. Jeffrey Milhorn, commander, 130th Eng. Bde., 8th TSC, crosses the man-made bridge that her team made during the Leader Reaction Course.

## JVEF: Program continues to meet needs, transitions of military

CONTINUED FROM A-1

Today, the program continues to meet the needs and transition issues of approximately 15,000 military children, by funding school repair and maintenance projects, and providing textbooks and technology upgrades.

"Since 2000, through the generosity of Sen. Inouye, the JVEF has received an annual appropriation from the Department of Defense to support its initiatives," said Fay Toyama, principal, Lehua Elementary School and

event co-emcee. "Through these funds, totaling nearly \$45 million, the JVEF has made a positive impact on schools and students.

"The partnership has provided new playgrounds, textbooks and curricular supports in the areas of math, science, fine arts and robotics," Toyama continued.

"These funds are but a small means to accomplish a much larger goal," Inouye said. "There is a Hawaiian word called 'laulima,' which means 'many hands working together.' That is JVEF. That

must be our collective mission."

During the forum, guests received updates on several initiatives, including transition, technology and a project update of a Tripler Army Medical Center program that receives funds to help special needs students enrolled in public schools: Special Needs Services and Information for Students and Teachers, or ASSIST.

Attendees also recognized more than 140 Soldiers, Airmen, Coast Guardsmen, Marines and Sailors who were honored for their volunteer efforts at

school partnerships statewide.

Mokulele Elementary, Solomon Elementary and Wheeler Elementary School received the JVEF Norbert Commendation Award from State Sen. Norman Sakamoto; State Rep. Mark Takai; Rear Adm. Robin Watters, chief of staff, U.S. Pacific Command; Davino; and Kathryn Matayoshi, interim superintendent.

This year's outstanding JVEF military contributor was Blanchard, and Curtis Chang, cochair of the textbook and technology strategy group, was award-

ed the JVEF civilian contributor award.

Matayoshi announced that Hawaii came in third place in the "Race to the Top," a competitive federal education grant. Hawaii will receive \$75 million in funding for education reforms.

"Education is so very important for the future of our state," said Matayoshi. "We are all in this canoe together. Even though the current may try and take us in a different direction, we must paddle together to get to the same destination – and that is to have all of our students graduate."



## POHAKULOA TRAINING AREA

# 3rd BCT trains for high-altitude operations at PTA

Story and Photo by  
**SPC. JAZZ BURNEY**

3rd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — On an open plateau that faced what seemed to be a never-ending desert, mortar rounds interrupted the silence as Soldiers of the 3rd Brigade Combat Team, 25th Infantry Division, launched the mortars shells one after another.

During the month of August, 3rd BCT conducted training operations at Pohakuloa Training Area to hone its squad and platoon-level skills in the areas of basic marksmanship, maneuver live fire and gunnery artillery training, all in preparation for its deployment to Afghanistan, next year.

PTA, located on the Big Island of Hawaii, is the largest U.S. Department of Defense installation in the state. It gives the military a 51,000-acre impact area that provides several ranges and designated firing points for Soldiers to become familiar with their weapons systems.

The brigade deployed to PTA to train its Soldiers on "Bronco Basics," which consists of being mentally and physical fit, excelling in shooting, moving, communicating and treating

the wounded.

With a training area that is 6,800 feet in elevation, and relatively similar to the terrain of Afghanistan, Soldiers were exposed to what high-altitude training and operations does to the mind and body.

"We are getting elevation training just by being up here, and Soldiers are now understanding the natural effects that being at this height has on the body," said Maj. Charles Kean, brigade fire support officer, Headquarters and Headquarters Company, 3rd BCT. "The ruggedness of the terrain, due to the lava flows and numerous hills, is a good replication of what they will see in Afghanistan."

For some of the mortar men, who had not put a live round down the tube in two years, this training served as an excellent opportunity to refresh their skills.

"We are on an island, in the middle of the Pacific, which most people in the world associate with beautiful beaches," said Capt. Drew Mumford, mortar platoon leader, HHC, 2nd Battalion, 27th Infantry Regiment, 3rd BCT, "but we are also in the most rugged part of the islands, which is giving us an advantage in training for our next mission."



Soldiers from 2nd Bn., 27th Inf. Regt., 3rd BCT, 25th ID, fire an 81mm mortar round into the desert terrain of PTA, during mortar training, Aug. 21.

## PTA: Crews come together to battle blaze

CONTINUED FROM A-1

Island had joined forces to douse the flames. Six helicopter crews (three contracted, one from Marine Corps Base Hawaii and two from the Hilo Hawaii Army National Guard) worked together to combat the spread of the fire.

By Friday, the wildfire had provided additional challenges for the 150 firefighters working that day, as it centered on the south slope of Mauna Kea, where the terrain is steep with lava substrate and soil composed of volcanic ash.

Power and communication lines were damaged, thus impacting local communities, as the area is a critical communication conduit between Kona and Hilo. Bradshaw Army Airfield was closed for general aviation.

Crews from all over the islands joined together and proved the true spirit of Hawaiian ohana, forming families from the diverse agencies who all worked toward a common goal of protecting and preserving the aina, or land.

All personnel are still working diligently to ensure the safety of all Soldiers, civilians and community members in the area.

## 18th MDSC: Unit builds 'all-star' team

CONTINUED FROM A-1

and a valuable exercise for the 18th," said Col. Tracy Smith, senior observer controller, 3rd MDSC observer controller team, adding that the Ulchi Freedom Guardian exercise was a good platform for the unit to use for a certification.

"Our mission here was to determine, in our professional opinion, if the 18th demonstrated initial operation capability," Smith said. "We think that they did quite well and feel that they demonstrated IOC for the operational command post."

Throughout the exercise, all sections worked together to demonstrate their ability to coordinate with each other and subordinate units within the national exercise theater, just like they would in a real-world deployment.

In the theater patient-movement section, 18th MDSC tracked two subordinate units' hospital's patient numbers of admissions and the number of Sol-

diers returned to duty, on the medical situation report. Along with many other vital functions, this task is a very important one for the medical unit.

"When we get numbers from our subordinate units, we have to make sure they are correct," said Spc. Frank Fabian, air evacuation clerk, 18th MDSC. "We sat down, contacted the units, brainstormed and verified that the units' total numbers matched up, before presenting them to the commander."

Brig. Gen. Keith Gallagher, commander, Pacific Region Medical Command and Tripler Army Medical Center, said that bringing all the different parts to 18th MDSC builds an all-star team "that works together, builds together and stays together."

"We've learned a lot, we're going to get better, and have paved the way for U.S. Army Medical Command to teach other medical deployment support command teams," Gallagher said.

The 18th MDSC will participate in the UFG 2011 exercise, in hopes of becoming fully mission capable.



Lt. Gen. Benjamin Mixon (left), commander, USARPAC, signs the official document certifying the 18th MDSC as IOC, while Brig. Gen. Keith Gallagher (center), commander, Pacific Region Medical Command and TAMC; Col. Michael McDonald (standing), chief of staff, 18th MDSC; and Col. Erin Edgar, commander, 18th MDSC; look on, after the unit's operations command post certification exercise on Schofield Barrack's Leaders Field, during Ulchi Freedom Guardian, Aug. 16-26.

# Couples bond at 9th MSC's Married Skills Workshop retreat

Story and Photo by  
**CHRISTINA DOUGLAS**  
9th Mission Support Command Public Affairs

KAPOLEI – Fifty couples attended the U.S. Army Reserve 9th Mission Support Command's Married Skills Workshop, here, Aug. 27-29, making it the command's largest couples-event held in Hawaii to date.

Diverse couples ranging from newlyweds to those with 35-plus years of marriage gathered at the J.W. Marriott Resort with one common objective for the weekend retreat: to strengthen their marriages.

The workshop is part of Strong Bonds for Couples, which is a unit-based, chaplain-led program designed to strengthen the marital bond by giving couples the tools and information they need for better communication and relationship building.

During the event, Soldiers and their spouses participated in activities such as team-building exercises and group discussions. They also had the opportunity to renew their vows.

The command's couples retreats have usually boasted anywhere from 15 to 33 couples, but this event significantly surpassed previous attendance numbers.

Former 9th MSC command chaplain Mark Larson, who is now retired, was thrilled to see how much the program has grown since its inception. Larson, who has been married for 41 years, facilitated the program at the 9th MSC in 2004 and continues to provide support today.

"I think, initially, there was some skepticism as to what (the program) was all about, but as couples experienced it and found out it was just to help them grow together ... the program has grown exponentially over the years," Larson said.

Chaplain (Capt.) Roland Geyrozaga, 9th MSC Strong Bonds program coordinator, said that "word of mouth" has served as a powerful tool in fueling the program's popularity.

"Couples are experiencing the program and seeing its effects," said Geyrozaga. "Maintaining a healthy marriage is important because the greatest asset the Army has is its people, and if they aren't healthy in their relationship ... it's going to affect their ability to

accomplish their mission."

Among this weekend's attendees were Brig. Gen. Michele Compton, commanding general, 9th MSC, and her husband, Col. Mike Compton, Hawaii Air National Guard.



Albert and Susan Puletasi (left) work with Eleanor and Colbert Low (right) to complete their couples' bingo cards. Bingo was one of the many activities the couples participated in during the Married Skills Workshop, Aug. 27-29. Albert Puletasi is a noncommissioned officer in the 548th Transportation Battalion, and Colbert Low is the commander of the 4960th Multi-Functional Training Brigade, both part of the 9th MSC.

"This was a fabulous opportunity," said Compton, who recently returned from a deployment in Iraq. "My husband and I had a wonderful weekend, and we were able to focus on our marriage."

Compton, who has been married for 25 years, said she appreciates the resources the senior Army leaders are dedicating to the program.

"I saw firsthand the value of this program in strengthening marital relationships of my Soldiers," she said. "It provided them with a wealth of information, along with effective communication tools. My thanks to the skilled team of chaplains who made it such a successful weekend."

Strong Bonds is a commander's program aimed at contributing to operational readiness by increasing a Soldier's resiliency to the stresses of military service, which is especially important for Soldiers who deploy. Many of the couples at this weekend's workshop have recently returned from Iraq, Kosovo and Afghanistan.

The 9th MSC's chaplains host Strong Bonds programs throughout the Pacific, including in the Hawaiian Islands, American Samoa, Alaska, Saipan and Guam. Programs include Strong Bonds for singles and couples; before, during and after deployment.

Next year, 9th MSC chaplains are planning to initiate a Strong Bonds Family program in which children 8 years of age and older can participate in a family getaway.



To learn about the next Strong Bonds program scheduled near you, see your unit chaplain or visit [www.strongbonds.org](http://www.strongbonds.org).

## USARPAC: Meeting builds understanding

CONTINUED FROM A-1

with a connection to the country they represent. As a result, the group has strong networks within the local business, cultural and academic communities.

"The Consular Corps in Hawaii has a long and distinguished history dating back to King Kamehameha II in 1820, and you continue to play a very important role to this day in maintaining a broad and beneficial understanding of the (U.S.) and its activities in the Asia-Pacific Region," Mixon said, to the audience. "Today is so important, and I hope it will be only the first of many other interactions between the Hawaii Consular Corps and (USARPAC)."

## News Briefs

Send announcements for Soldiers and civilian employees to community [hawaiiarmyweekly.com](mailto:hawaiiarmyweekly.com).

### Today

**Vet Clinic** – Due to technical difficulties, the Fort Shafter Veterinary Clinic has a temporary phone number: 433-1988.

Contact [kirsten.frock@LN.amedd.army.mil](mailto:kirsten.frock@LN.amedd.army.mil) or [hydi.james@us.army.mil](mailto:hydi.james@us.army.mil).

### 6 / Monday

**Council Meeting** – The Oahu North community director's PX/Commissary/Nehelani Advisory Council will be held Sept. 6, 10:15-11:15 a.m., at the Nehelani, Schofield Barracks. Town hall meetings provide information about community events, security, housing updates, deployment and much more. Call 655-0497.

### 8 / Wednesday

**Federal Survey Cards** – Parents of school-aged children can make a difference in their child's educational experience by returning the completed Federal Survey Cards to their school no later than Sept. 8.

Completing the card gives students the chance to receive much-needed supplies, equipment and services. Call 655-9818.

### 10 / Friday

**9/11 Salute** – Plan to attend the 9/11 commemoration ceremony at Fort Shafter's historic Palm Circle parade field, Sept. 10, 4:30 p.m.

### 14 / Tuesday

**Signal Corps Regimental Week** – Celebrate the 150th Birthday of the Signal Corps: 311th Signal Command events include, •"Ragged Old Flag," a regimen-

tal address at the Nehelani, Schofield Barracks, Sept. 14, 3 p.m., followed by a social at 4 p.m., at the Kolekole Bar & Grill.

•The U.S. Army-Pacific Run on Fort Shafter, Sept. 15, 6:30 a.m.

•Four-person team Golf Scramble held at Coral Creek Golf Course, Sept. 15, 12 p.m. Call 438-3946 or 438-3894.

•A prayer breakfast at the Hale Ikena Golf Course Clubhouse, Sept. 16, 7 a.m.

•The Enterprise Service Management Framework grand opening ceremony in the 516th Conference Room, Building T-112, Fort Shafter, Sept. 16, 1 p.m.

•A senior leadership conference held at Fort Shafter's Richardson Theatre, Sept. 16, 2:20 p.m.

•The Signal Corps Regimental Ball at the J.W. Marriott, Ko Olina, Sept. 17, 5 p.m.

For additional event information contact 438.4095 or [liana.mayo@us.army.mil](mailto:liana.mayo@us.army.mil).

### 16 / Thursday

**Military Scholarship Night** – Military Scholarship Night will be held at James B. Castle High School, Kaneohe, Sept. 16, 6-9 p.m. Call 655-8326.

**First-Termers** – Financial Management Training is a mandatory eight-hour financial management course for first-term Soldiers, to provide them with a strong financial foundation and alternatives and strategies that will enhance their readiness throughout their career.

The next class is Sept. 16, 8 a.m.-4 p.m., Building 1599, Room 115, Fort Shafter Flats. Call 438-4499 to register.

### 17 / Friday

**Regimental Ball** – Contact Destiny McHale at 656-0358 or [SigBall@us.army.mil](mailto:SigBall@us.army.mil), or visit <https://www.us.army.mil/suite/page/636030> for information about the 311th Theater Signal Command regimental ball. The event will be held at the J.W. Marriott Ihilani Resort and Spa in Ko Olina, Sept. 17, 5-11 p.m.

Cost is \$65; dress is formal attire. Day care will be available.



## Hockey charity game for wounded warriors

Casey Santos, 3rd Sqdn., 4th Cav. Regt., 3rd BCT, 25th ID, stretches before playing in the first annual hockey game benefiting wounded warriors, Sunday, at the Ice Palace.

### *BREAKS THE ICE*

Story and Photos by  
**VANESSA LYNCH**  
News Editor

HONOLULU – It may have been cold inside the Ice Palace, here, but hockey players from the Navy, Marines, Air Force, Army and Coast Guard heated up the ice during an intense hockey contest benefiting wounded warriors, Sunday.

The charity hockey game was the brainchild of Navy Petty Officer 1st Class David Taylor, principal organizer of the event, who works at Joint Base Pearl Harbor-Hickam.

"Ice hockey has been a passion of mine since I was kid, and if I was ever going to do some kind of charity event, it had to be something I enjoyed doing," said Taylor, Blue Team captain. "Hockey and the Wounded Warrior Project just naturally went together."

The Wounded Warrior Project is a nonprofit organization

that honors and empowers wounded warriors by raising awareness and enlisting the public's aid for the needs of severely injured service men and women. The project also helps these service members aid and assist each other.

"I believe the Wounded Warrior Project will impact lives of Soldiers, Sailors, Airmen, Marines and their families," Taylor said. "They have given so much to this country, and this is our way of thanking them."

Taylor, who has deployed to Iraq, is familiar with the sacrifices of military personnel, especially those in combat zones.

Volunteers came from the Joint Base Pearl Harbor-Hickam First Class Petty Officers Association, USO Hawaii, the Honolulu Police Department and units throughout the island.

The USO paid for the ice time, the banners and the players' USA jerseys.

Between ticket sales, concession sales, commemorative T-shirt sales and the silent auction, the event raised more than \$10,000, which will all go to the Wounded Warrior Project.

A silent auction featured collectible items, such as a Team USA jersey shirt autographed by the 2010 Silver Medal Hockey Team, a jersey signed by Anaheim Ducks player Ryan Getzlaf, a puck signed by San Jose Sharks player Patrick Marleau, a puck signed by St. Louis Blues player Jack Johnson and a hockey stick signed by the 2009-2010 Buffalo Sabres, as well as youth-sized All-Star jerseys.

The game pitted the Army/Air Force team, who wore white

USA jerseys, against the Marines/Coast Guard/Navy team, who donned blue USA jerseys.

Army/Air Force broke the ice by scoring the first goal during the first period. Josh James, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, scored the goal, with an assist coming from Tom Bell, White Team captain, U.S. Pacific Command.

Peter Matonis, 3rd Squadron, 4th Cavalry Regiment, 3rd BCT, scored the second goal, with help from Bill Schwab, U.S. Army-Pacific, during the second period.

The Blue Team fought back and scored two back-to-back goals in the second period. Rafi Steinger, Helicopter Anti-Submarine Squadron Light 37, scored the first, with an assist from Craig Cercone of Headquarters Bn., Marine Corps Base Hawaii.

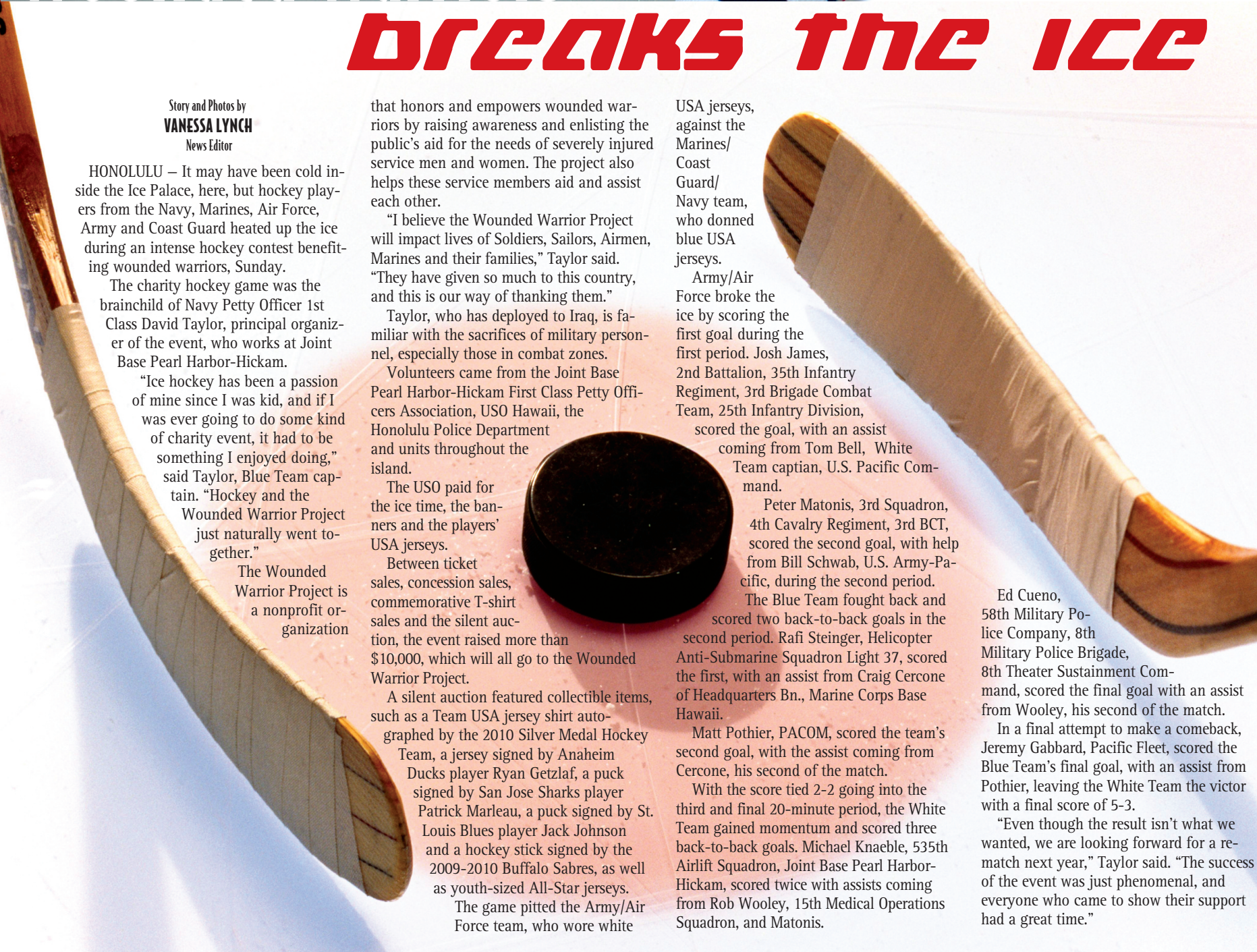
Matt Pothier, PACOM, scored the team's second goal, with the assist coming from Cercone, his second of the match.

With the score tied 2-2 going into the third and final 20-minute period, the White Team gained momentum and scored three back-to-back goals. Michael Knaeble, 535th Airlift Squadron, Joint Base Pearl Harbor-Hickam, scored twice with assists coming from Rob Wooley, 15th Medical Operations Squadron, and Matonis.

Ed Cueno, 58th Military Police Company, 8th Military Police Brigade, 8th Theater Sustainment Command, scored the final goal with an assist from Wooley, his second of the match.

In a final attempt to make a comeback, Jeremy Gabbard, Pacific Fleet, scored the Blue Team's final goal, with an assist from Pothier, leaving the White Team the victor with a final score of 5-3.

"Even though the result isn't what we wanted, we are looking forward for a rematch next year," Taylor said. "The success of the event was just phenomenal, and everyone who came to show their support had a great time."



Casey Santos (foreground), 4th Cav. Regt., 3rd BCT, 25th ID; and Spencer Wellman, 13th MP Det., 8th MP Bde., 8th TSC, take a breather after coming off the ice during the charity hockey game.



(Left to right) Dave Taylor, Joint Base Pearl Harbor-Hickam and team captain for Navy/Marine Corps/Coast Guard; Lt. Gen. Daniel Darnell, deputy commander, U.S. Pacific Command, Camp Smith; Maj. Gen. Jan-Marc Jouas, director, Operations, Plans, Requirements and Programs, Headquarters Pacific Air Forces, Joint Base Pearl Harbor-Hickam; Capt. Dell Epperson, chief of staff, Navy Region Hawaii; Debra Zedalis, director, Installation Management Command-Pacific Region; and Tom Bell, U.S. Pacific Command and team captain for Army/Air Force, pose for pictures during a puck-drop ceremony.



**Today**

**"Leaving Iowa"** – The performance "Leaving Iowa" at the Tropics Recreation Center is cancelled until further notice. Call 655-5697 or 438-4480.

**Operation Rising Star** – Win the ultimate recording music experience and compete for cash prizes locally with Operation Rising Star. Installation-level prizes range from \$100-\$500 and advancement to the 2010 Army-wide finals. Entry deadline and the preliminary round is Sept. 3. Semifinals are Sept. 10, and finals are Sept. 17, all at the Tropics Recreation Center, at 6 p.m.

Prizes will be awarded to first, second and third place winners, as well as to the unit or family readiness group that has the loudest participation. Contestants must compete as a vocalist; musicians, comedians or dancers do not qualify for this competition.

Singers must be Soldiers or their family members who are 18 years or older with a valid ID card. Visit [www.OpRisingStar.com](http://www.OpRisingStar.com) or call 655-5697.

**CG Scramble** – Put on a favorite golf shirt and head to Leilehua Golf course for the U.S. Army-Pacific Commanding General "Payday" Scramble, held the first Friday of every month. The scramble is open to all U.S. Army-Hawaii personnel and begins with a shotgun start at noon. Call 655-0114.

**Adventure Kayak III** – Are you an adrenaline junkie or just love the outdoors? If so, spend half a day, Sept. 3, from 6:30 a.m. to noon, at various beaches around this beautiful island, kayaking. Classes are available in three skill levels as well as kayak fishing.

Cost is only \$49 per person. Call 655-0143 to reserve your spot or for more information.

**4 / Saturday**

**Read to the Dogs** – Children who can read on their own can sign up for a 15-minute session to read to a dog, Sept. 4, at the Aliamanu Library from 9-10:15 a.m. This program improves children's reading and communication through the powerful method of reading to a trained service dog.

Call 833-4851 to reserve a session or for more information. Sessions are available on a first-come basis.

**Adventure Surfing Lessons** – Surf like the pros, or at least look the part with Outdoor Recreation, Sept. 4. Lessons are from 6:30-11:30 a.m., and cost only \$48, which includes equipment and round-trip transportation from Schofield Barracks. For more details or to register, call 655-0143.

**7 / Tuesday**

**Survivor Support Group** – A survivor support group meeting is scheduled for Sept. 7, 5:30-7:30 p.m., at the Aloha Center, Building 330, Room 104, Fort Shafter. During these meetings, survivors (of families of the fallen) come together to discuss issues or situations they are working through and/or

# 'Under a Jarvis Moon' tells story of U.S. colonies on deserted islands

**VICKEY MOUZÉ**  
Pau Hana Editor

SCHOFIELD BARRACKS – "Under a Jarvis Moon," a 45-minute documentary developed by the Bishop Museum, was presented at the U.S. Army Garrison-Hawaii's Distinguished Lecture Series, at the Nehelani, here, Friday.

The lecture series, sponsored by Col. Douglas Mulbury, commander, USAG-HI, and the Native Hawaiian Liaison Office, encourages military and Hawaiian communities to learn more about each other in an informal setting.

Noelle Kahanu, project manager, Bishop Museum, presented the film to the 170 attendees. "Under a Jarvis Moon" tells the story of U.S. efforts from 1935-1942 to colonize a trio of uninhabited atolls in the middle of the Pacific, about halfway between the Hawaiian islands and Australia.

Starting in 1935, the U.S. government sent young, mostly Hawaiian men to live on Howland, Baker and Jarvis islands, to assert territorial jurisdiction and air supremacy. U.S. Soldiers were among the colonists. The men lived on the islands for three-month shifts of four men per island.

The film combines historical interviews, still photographs, logbooks, government documents and newsreel footage. The film opens with the moon crossing the sky as an elderly man sings: "Each lonely night as I sit in my shack, it brings memories of you. I am waiting for my ship to come in, to take me back to you ... Jarvis moon makes me long for you."

The voice belongs to Kahanu's grandfather, George, who was one of the colonists. Her grandfather and another colonist composed the song, entitled "Under a Jarvis Moon."

"Jarvis Island is more than 1,000 miles from Hawaii," Kahanu said. "Jarvis, Howland and Baker (islands) served as a home for more than 130 young men from Hawaii. Of those, 52 were Hawaiian, many of them from the Kame-

hameha Schools. Some were graduates, and some were students, like my grandfather," Kahanu explained. "He was a junior when he was recruited by the principal to live on a desert island with three other boys for three or four months."

"So this incredible journey is what the film is about," she added.

In the film, Kahanu explained that she first learned about her grandfather's exploits when a Bishop Museum archivist asked her if she was related to George Kahanu. Replying that he was her grandfather, the archivist showed her the logbooks George kept at Jarvis Island.

"So, I went up into the library, into our archives, and she brought out this old logbook, and I opened it up and it was the handwriting of my grandfather when he was a 17- or 18-year-old," Kahanu said. "He writes much that way now. These were things that he recorded as a young man, when he was sent to live as a colonist on this deserted island, thousands of miles away from home."

Colonists kept logbooks about the weather and gathered natural specimens; they lived in tents or simple wooden structures, took showers in the rain, fished for food and surfed.

In the film, one of the colonists joked that his logbook entry basically was the same each day: "Today, I hunted for seashells."

However, the colonists' idyllic and primitive lifestyles did include incidents that would later become touchstones in history.

In 1937, the Howland colonists constructed a primitive landing field and beacon light to guide in Amelia's Earhart's plane during her around-the-world flight. Sadly, Earhart never landed there and was never discovered.

Four years later, as the hint of war in the South Pacific intensified, Japanese bombers attacked Howland. Two colonists, Richard "Dickey" Kanani Whaley and Joseph Kealoha Keli-ihanani lost their lives, Dec. 8, 1941, during the attack.

Two days later, after the first attack, a Japanese submarine was sighted offshore, and a U.S. Coast Guard ship rescued all inhabitants from the three islands the following month.

Out of approximately 130 men who lived on the islands, just three survive today, according to Kahanu. Her grandfather is one of the survivors.

"Under a Jarvis Moon" has been entered in the Hawaii International Film Festival and will be shown during the festival in October.



Kahanu



Photo courtesy of Noelle Kahanu

William Stewart Markham, Kini Pea, Killarney Opiopio, James Kamakaiwi and two unidentified military personnel pose on Howland Island in June 1936. Opiopio and Kamakaiwi were among the first six Kamehameha School for Boys alumni to colonize Howland, Baker and Jarvis islands in 1935.

may need assistance with.

Children are welcome, and pizza and other refreshments are provided. Call 438-4499.

**Driver Education Class** – Hawaii State Law requires anyone under the age of 18 years to complete a certified driver education program in order to obtain a driver's license. Schools of Knowledge, Inspiration, Exploration and Skills, or SKIES, is offering a driver education course, Sept. 7-Oct. 14.

A mandatory parent orientation is Sept. 7, 6 p.m. Call 655-9818.

person. Participants aren't required to find their own partner before registering for a class.

Classes for children ages 6-18 are every second and fourth Tuesday of the month, from 3:30-4:30 p.m. Classes for adults are every second and fourth Saturday, 10-11 a.m. E-mail [wheeler@asymcahi.org](mailto:wheeler@asymcahi.org) or call 624-5645.

**Keiki Tuesday** – Kid-friendly entertainers will delight the whole family at free celebrations each Tuesday, 10:30 a.m.-noon, at the Pearlridge Center Downtown Center Court. Bring keiki for crafts, balloons, storytelling, face painting, silly songs and more.

- Sept. 7, Chris da Clown.
- Sept. 14, Paradise Jugglers.
- Sept. 21, Oogles-N-Goggles.
- Sept. 28, Mad Science of Hawaii.

**8 / Wednesday**

**Arrival Ceremony** – RSVP by Sept. 8 for the Joint POW/MIA Accounting Command's arrival ceremony, held Sept. 10, at 9 a.m., in Hangar 35, Joint Base Pearl Harbor-Hickam, to honor fallen U.S. personnel whose identities remain unknown.

Following the ceremony, a tour will be offered from 10-11 a.m., for the first 25 requests received. Walk-ins will not be accepted. RSVP at 448-1934 or [pao\\_mail@jpac.pacom.mil](mailto:pao_mail@jpac.pacom.mil).

**10 / Friday**

**Signal Corps Golf Scramble** – Register until Sept. 10 for the annual Signal Corps four-person team Golf

## Ongoing

**Blue Star Card** – Just a friendly reminder - once your Soldier returns from deployment (not including rest and recuperation) your Blue Star Card is no longer valid for Blue Star Card special events and discounts.

The only benefits that do extend for 90 days after your Soldier redeploy are the 16 free hours of child care and the 20-percent-off for full/part time care.

If you have any questions or would

like more information, call 655-0002 or e-mail [sarah.chadwick@us.army.mil](mailto:sarah.chadwick@us.army.mil).

**Study Strong (Tutor.com)**

The Department of the Army-contracted tutor.com offers free, online tutoring to kindergarten through college prep students, 24/7. Tutoring services are available in all grade levels of math, science, English and social studies at no cost to Army families.

A live tutor can aid students with specific assistance on the subject matter. Call 655-9818 or visit [www.myarmyonesource.com/cyss\\_tutor](http://www.myarmyonesource.com/cyss_tutor).

Scramble, Sept. 15. This year's event will be held at the Coral Creek Golf Course in Ewa Beach with a shotgun start at noon. Cost is \$50 per player and includes greens fees, cart and a raffle ticket. This event is open to all players. Call 438-3946/3894.

**5K Grueler** – Register for the 14th Annual Camp Smith 5K Grueler, Sept. 10, and show the mountain what you're made of. The 5K foot race starts and ends at Bordelon Field, Camp Smith; start time is 11:30 a.m. Online registration closes Sept. 7, at 4:30 p.m. Register and pay at [www.mccshawaii.com/cgfit.htm](http://www.mccshawaii.com/cgfit.htm). Call 254-7590.

**11 / Saturday**

**Duathlon** – Early registration continues through Sept. 11 for the Joint Base Pearl Harbor-Hickam Duathlon, held Oct. 2. The 5K run, 25K bike course, and second 5K run begins and ends at Hickam Harbor.

Cost is \$25 with a T-shirt and \$15 without a T-shirt; late registration is \$20 with no T-shirt. Late registration runs through Sept. 12, the morning of the race.

A race brief is Oct. 1, 3 p.m., at the Hickam Fitness and Sports Center. This event is open to all authorized base users and their guests. Call 448-2214.

**Hawaii Noseriding Championship**

The 13th Annual "Walk on Water" Hawaii Noseriding Championship will be held Sept. 11 and 12, 8 a.m.-5 p.m., at Queen's Beach, Waikiki.



Additional religious services, children's programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- FS: Fort Shafter Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

**Buddhist Services**

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

**Catholic Mass**

- Tuesday & Thursday, 8 a.m. at AMR
- Saturday, 5 p.m. at TAMC and WAAF chapels
- Saturday, 6 p.m. a Hawaiian-style Mass (May-Aug. only) near the Army Museum (FD)
- Sunday services:
  - 8 a.m. at AMR
  - 10:30 a.m. at MPC Annex
  - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and 12 p.m. TAMC

**Gospel Worship**

- Sunday, 12 p.m. at MPC
- Sunday, 12:30 p.m. at AMR

**Islamic Prayers and Study**

- Friday, 1 p.m. at MPC Annex
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

**Jewish Shabbat (Sabbath)**

- Monday, 6 p.m. at PH (Bible Study)
- Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

**Pagan (Wicca)**

- Friday, 7 p.m. at MPC Annex

**Protestant Worship**

- Sunday Services
  - 9 a.m. at FD, FS, MPC and TAMC chapels
  - 9 a.m. at WAAF chapel, Lutheran/Episcopalian
  - 10 a.m. at AMR and HMR



Call 624-2585 for movie listings or go to [aaefes.com](http://aaefes.com) under realtime movie listing.

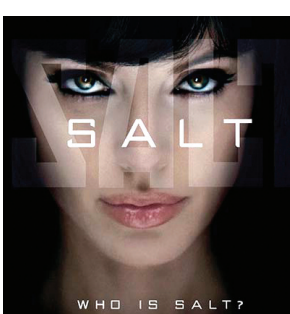
**Inception**

(PG-13)  
Fri., Sept. 3, 7 p.m.



**Ramona and Beezus**

(G)  
Sat., Sept. 4, 4 p.m.  
Sun., Sept. 5, 2 p.m.



**Salt**

(PG-13)  
Sat., Sept. 4, 7 p.m.  
Thurs., Sept. 9, 7 p.m.

**Cyrus**

(R)  
Wed., Sept. 8, 7 p.m.

No shows on Mondays or Tuesdays.



Send announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**Today**

**New Thrift Shop Hours** – The Fort Shafter Thrift Shop has new hours of operation, Thursdays, beginning Sept. 2. Thursday store hours will be 12-4 p.m. Tuesday and Friday hours, 9 a.m.-1 p.m., will not change. The Thrift Shop is located at Building 342, Pierce Street.

**5 / Sunday**

**Humvee Jump** – See freestyle motor-X riders catch the air and jump over an Army Recruiting High Mobility Multi-Wheeled Vehicle at the Rock Star Energy Metal Mulisha Freestyle Moto-X Show, Sept. 5, 3 p.m., at the Blaisdell Arena in Honolulu. For ticket prices and information, visit [www.locomoto-x.com](http://www.locomoto-x.com).

**7 / Tuesday**

**Simply Ballroom** – The Armed Services YMCA is offering ballroom classes that cover the basic techniques and patterns of the American style of ballroom dance for \$10 per class, per

# Pacific Region ‘Adopts-a-Highway’

Story and Photo by  
**HOWARD SUGAI**

Installation Management Command-Pacific Region Public Affairs  
FORT SHAFTER – Installation Management Command-Pacific Region volunteers have adopted the main road that approaches, here, as a community service project to help rid Hawaii highways of unsightly trash and debris.

Pacific Region teamed with the Hawaii State Department of Transportation and signed up for the Highways Division’s “Adopt-a-Highway” program, which provides opportunities for community organizations to help keep Hawaii roadways clean and pristine.

Lathered in sunscreen and clad in protective headgear, sunglasses, work gloves and bright orange safety vests, Pacific Region road warriors set out to patrol their designated roads outside the post, Aug. 20, on their first pick-up.

As part of their safety briefing, volunteers were instructed to focus on easily recognizable and recoverable ground-surface trash. Digging below ground level was strongly discouraged due to the danger of uncovering broken glass or needles. The location of items such as car batteries, dead animals and tree branches were to be noted and reported to the Highways Division for pick-up later.



Installation Management Command-Pacific Region volunteers collect debris on the main road at Fort Shafter, Aug. 20, as a community service project to rid Hawaii highways of debris.

Pacific Region’s Mark McClure laid claim to the find-of-the-day: brass knuckles and a gold ring, missing the stone.

As a thank you, the DoT’s Highways Division erected a road sign prominently displaying the name “U.S. Army IMCOM Pacific” along the route.

Helen Gibson Ahn, region project coordinator, was a strong advocate to adopt this project.

“The Adopt-A-Highway program is a perfect fit for the region,” Gibson Ahn said. “It

offers the opportunity to support our community and neighborhood, while providing physical activity and exercise.

“It also fosters camaraderie among coworkers, and is a project that we can do in an afternoon and gives us great visibility and publicity,” she said.

Under terms of the adoption agreement, volunteers are required to patrol their adopted roadways at least once each quarter. The next pick-up date is tentatively scheduled for Nov. 12.



Photo Courtesy of Allen Hoe

Allen Hoe (left) stands with Army ROTC Cadet Haley Rintaro Kanda Okamura, (right), recipient of the 2010 Nainoa Hoe Scholarship of Honor.

## ROTC cadet receives scholarship of honor

**LORAN DOANE**

U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS – The 1st Lt. Nainoa Hoe Scholarship of Honor was presented to University of Hawaii-Manoa freshman and Army ROTC Cadet, Haley Rintaro Kanda Okamura, at the Battle Command Training Center, here, Aug. 26.

U.S. Army Garrison-Hawaii hosted the fourth annual event. The award, worth \$1,000, recognizes outstanding students enrolled in the Army Cadet Command’s ROTC Scholarship Program at Manoa.

Manoa’s ROTC “Warrior Battalion” is known for the quality of officers it produces. The unit is singularly unique in that it has a campaign or battle ribbon, received for the heroic actions of Manoa cadets in December 1941.

“Okamura’s selection recognizes his exceptional scholastic and leadership qualities,” said Col. Douglas Mulbury, commander, USAG-HI. “At his young age, he’s demonstrated repeatedly the values and personal fortitude that one would expect of an officer in today’s Army.”

Okamura received a second scholarship of \$1,000 through an endowment by Waimanalo businessman Ohelo Kaopio and the Brian LaViolette Scholarship Foundation. The foundation started the scholarship in 2003, as a way of honoring America’s fallen war heroes and as a way of recognizing extraordinary students from across the nation who are interested in pursuing military or public service.

Okamura is the son of Dexter and Glyins Okamura. Both of his grandfathers served in the Army.

The Nainoa Hoe Scholarship is awarded annually to memorialize the life of 1st Lt. Nainoa Hoe, a former ROTC cadet and graduate of the University of Hawaii, who was killed in action Jan. 22, 2005, while leading a platoon of Soldiers from the 25th Infantry Division’s 1st Stryker Brigade Combat Team, on a routine foot patrol in Mosul, Iraq.

## ‘Right Arm Night’ to be held at Nehelani

**TARA SCULLY**

Directorate of Family and Morale, Welfare and Recreation

SCHOFIELD BARRACKS – Mark your social calendars for Right Arm Night, Sept. 10, where Soldiers of all ranks and garrison civilian employees are invited to socialize with one another, starting at 4:30 p.m.

Right Arm Night is an old Army tradition promoting camaraderie and esprit de corps. Leaders to come together with those standing to their right – the ones helping them get through daily missions – to build relationships while mixing and mingling with other leaders who have brought their battle buddies with them.

1st Lt. Frank Brown, Company B, 2nd Battalion, 27th Infantry Regiment, “Wolfhounds,” 3rd Brigade Combat Team, 25th Infantry Division, said that Right Arm

Night has been a tradition in the 25th Infantry Division for years, and that it is important for leaders to take time to show appreciation for their staff.

“My company encourages all of our leaders to attend Right Arm Night,” Brown said. “I’m sure we will have big numbers there. Plus, we (Wolfhounds) have to defend our title as tug of war champions and hopefully win another \$250 in company morale, welfare and recreation unit funds.”

Maj. Chris Hanna, rear detachment commander, 2nd BCT, 25th ID, has a different perspective on Right Arm Night.

“As you move along in your career, you have a lot more in common with your (non-commissioned officers) in terms of experiences, so Right Arm Nights are an opportunity to sit back and genuinely appreciate the

company of your battle buddy,” Hanna said.

“When you are a lieutenant, there’s this generation and experience gap between you and your NCOs; you have more in common with the other lieutenants,” Hanna continued. “That’s why it’s so great when units go to Right Arm Nights together en masse. Your senior commanders can really model what a functional Right Arm Night relationship should be. It’s mentoring, with a little bit of customs, courtesy, camaraderie and tradition all thrown in.”

Right Arm night will include Texas Hold ‘em, horseshoes, ping-pong and tug of war, and free pupus will be available. Flux Capacitor will provide music.

Tickets are \$5 in advance from the Nehelani business office or \$8 at the door. Call 655-4466.

# Island Palm Communities launches new website, Facebook page

## ISLAND PALM COMMUNITIES

News Release

SCHOFIELD BARRACKS – With the recent launch of a new name, logo and graphic brand elements, Island Palm Communities also went live with a new website.

“The new website was developed with a lot of input from both newly arrived residents and current residents,” said Tom Adams, director, Property Management.

“They are two distinct audiences requiring very different information, so

we divided our site into two sections – one for inbound Soldiers and families and one for current residents.”

Inbound Soldiers can access valuable information and resources that will help make a family’s move easier, including information about each installation and its amenities and services, schools, and the cost of living in Hawaii. All can be found in this section dedicated to families moving to the islands.

“A home search engine is one of the new features on our site,” Adams

said. “A Soldier can select his or her duty station, then input his or her rank and number of dependents.

“Search results will show which communities on each installation have homes that meet his or her profile, and the Soldier can get floor plans, photos and get in touch with a personal leasing consultant,” Adams continued.

The website for current residents makes it easier for families to find information about news, activities and services.

Individual community pages dis-



Visit [www.islandpalmcommunities.com](http://www.islandpalmcommunities.com). To learn about special events and other information, search Facebook for “Island Palm Communities.”

play communitywide news, as well as information specific to a community.

Another feature is an online form submission tool that will make it easier for residents to do things such as register pets or vehicles, request the installation of a satellite dish or notify their community of a change.

While signatures and approvals are still required for several requests, the feature can save residents a trip to their community center.

“We want our services and staff to be accessible and convenient, and the information and tools on our website will help,” Adams said.



**Island Palm**  
COMMUNITIES  
A Lend Lease Community

Army Hawaii Family housing’s new brand, Island Palm Communities, is displayed with a new logo.

## AHFH gets brand makeover to reflect communities, services

### ISLAND PALM COMMUNITIES

News Release

SCHOFIELD BARRACKS – Army Hawaii Family Housing reinvented itself, Aug. 30.

It was re-named “Island Palm Communities” and debuted a new logo and brand elements.

The rebranding is part of a nationwide initiative taking place at military residential communities in the Actus Lend Lease portfolio, which is intended to create a family of Actus brands.

“Changing our name to Island Palm Communities and adopting a new logo and graphic brand elements will better reflect the quality homes, communities and services our partnership with the Army is providing to military families,” said Claire Ridding-Johnston, AHFH project director.

A new advertising tag line, “The lifestyle you deserve, the place you belong,” is associated with the rebranding.

With family-oriented neighborhoods, outstanding recreational amenities and activities, and services that most off-post communities cannot provide, the new branding will better

articulate AHFH’s commitment to a stable and secure environment. This environment offers families communities where they can build friendships with neighbors who have similar experiences and truly feel comfortable in their home.

“Repositioning AHFH also gives us an opportunity to look at how we communicate with our current and prospective residents, specifically through our website communication,” Ridding-Johnston said.

“We conducted extensive research about a year ago, which included interviewing new and current residents, with the purpose of gaining a better understanding of their information needs and what processes and experiences they have, whether it was planning their move to Hawaii or as a current resident,” Ridding-Johnston said.

The result is a new website, [www.islandpalmcommunities.com](http://www.islandpalmcommunities.com), developed and organized to make information more accessible. New web tools have been added that will make it easier for prospective and current residents to receive information and services.

## Federal survey cards are worth millions for Hawaii Schools

### SCHOOL LIAISON OFFICE

News Release

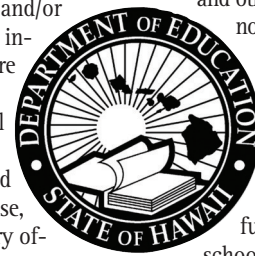
SCHOFIELD BARRACKS – Students attending public schools in Hawaii will bring home a federal survey card, Tuesday, for parents to complete and return to schools the following day.

Schools will receive federal impact aid based on the number of survey cards that are returned.

Cards determine the number of federally connected students in the public school system. Federally connected students are those children whose parent(s) or legal guardian(s) reside and/or work on federal property. Eligibility includes children whose parent(s) are in the following categories:

- Both live and work on federal property;
- Are members of the uniformed services and reside on a military base, including children of foreign military officers;
- Are members of the uniformed services, but who reside off the military base, including children of foreign military officers;
- Are civilian employees of the federal government, or who work on federal property;
- Reside on federal property, but who work on taxable land;
- Live on Indian trust or treaty land; or
- Reside in federal low-rent housing, not including Section 8 housing.

Based on these criteria, data is collected from the survey cards and is delivered to the federal Department of Education, which reimburses the Hawaii DoE with impact aid for educating federally connected students.



Impact aid is intended to partially compensate the Hawaii DoE for families of federally connected students who pay less in school district taxes than local residents. The aid partially makes up for local tax losses resulting from tax-free federal installations.

For example, people living on federal property do not pay local property tax, and people who work on federal property work for companies that do not pay local property tax. Also, people who work for the military have the ability to shop for food and other items at a post exchange, which does not charge sales tax. Therefore, Hawaii and its school districts lose out on not only property tax revenue, but also sales tax and licensing fees.

Impact aid is used in areas that the DoE needs it most, as determined by the locally elected school board. These funds can be used for teacher salaries, school programs, materials, equipment and supplies.

“Hawaii’s public schools rely on federal impact aid as a significant part of the education budget,” said Patricia Hamamoto, former superintendent, Hawaii DoE. “By filling out and returning the survey cards, parents are helping our schools claim and benefit from their authorized share of federal support.”

Parents are encouraged to fill out and return surveys to schools promptly. Non-response could result in the loss of millions of dollars in federal funds that benefit both military and local communities. Every card that is not returned will result in lost revenue for Hawaii classrooms statewide.

# Hawaii basketball players take home gold, silver medals



Dionne Brown, a medic at Tripler Army Medical Center, launches the game-winning shot in All-Army's 56-53 victory over All-Navy, in the women's finale of the 2010 Armed Forces Basketball Championships, Aug. 22, at Joint Base Fort Myer-Henderson Hall, Va.

Story and Photos by  
**TIM HIPPS**  
Army News Service

WASHINGTON — Two Army Hawaii Soldiers competed in the 2010 Armed Forces Basketball Championships, on the mainland, Aug. 22.

Roy Binion of Schofield Barracks, and Dionne Brown, a medic from Tripler Army Medical Center, played on their respective All-Army basketball teams.

#### All-Army Women's

Brown played on the women's All-Army basketball team that took a 56-53 victory over Navy at Joint Base Fort Myer-Henderson Hall, Va. The All-Army women withstood the best shots from their sister services during a weeklong tournament in which they played six games in seven days.

In the final game, Brown made a 15-foot jump shot for a 54-53 lead, with 17.9 seconds remaining, and she added two free throws with 3.2 seconds left to secure the gold medal. Brown was 0-for-9 from the field before hitting the game-winner.

"I couldn't hit a shot," Brown said. "But you know what my dad always said, 'It's not how many you make, it's when you make it.'"

Having played four seasons at Texas Tech and Baylor University and another with the Seattle Storm in the Women's National Basketball Association, Brown knows a thing or two about clutch shots.

"That shot right there is worth every 20-point game I've ever had in my life," she said. "I just came off and did the best I could and put it in. Just give it your best shot."

#### All-Army Men's

Binion's All-Army men's basketball team nearly came to blows before they came together to win the silver medal at the 2010 Armed Forces Basketball Championships.

After losing four consecutive games — by scores of 96-73 to All-Navy, 84-82 to All-Marine Corps in overtime, 68-66 to All-Air Force, and 80-49 to the Marines — the Soldiers were one game away from elimination and implosion.

Facing elimination Aug. 21, the All-Army team leapt to a 79-66 victory over All-Marine Corps. Binion had 14 points and 16 rebounds.

In the championship game the next day, All-Air Force soared to a 44-24 halftime lead, with its strength of suffocating defense and a barrage of uncontested dunks. The Airmen clung to a 60-40 lead with 12:46 remaining, but the Soldiers refused to back down.

Binion's 3-pointer, from the corner, tied the score at 66, with 5:11 remaining. Another teammate's 3-pointer pulled All-Army to 70-69, with 3:42 left.

The Soldiers were proud to salvage silver from their frustrating week.

*(Editor's Note: Tim Hipps works for Family and Morale, Welfare and Recreation Command Public Affairs.)*



All-Army forward Roy Binion, Schofield Barracks, stops an All-Navy drive during the 2010 Armed Forces Basketball Championships, Aug. 16, at Joint Base Fort Myer-Henderson Hall, Va.

## Club Beyond-Hawaii makes big splash at AMR pool party

Story and Photo by  
**NATE COX**

Club Beyond-Hawaii, Aliamanu Military Reservation

ALIAMANU MILITARY RESERVATION — Club Beyond-Hawaii completed its second wave of school year kickoffs, as middle school and high school students attended a pool party, here, Aug. 23.

The party featured refreshments, creative competitions and an engaging forum for meeting new people.

Middle school students met from 3-5 p.m., and high school students met from 6-8 p.m. Smiles and laughter were the sights and sounds of the day, accompanied by beach music in the background, as students were invited to dive into a program designed to unite students.

"Club Beyond is a great place to come and find friends that go through some of the same stuff you encounter, all the while having an awesome time in a

Christian environment," said Mary Benefield, a high school sophomore.

Club Beyond's goal is to provide weekly club meetings, held every Tuesday night, that capture the same welcoming atmosphere and fun-filled activities that were present at the pool party.

"We had loads of fun, food and fellowship, and we had an awesome turnout with kids from all different walks of life," said Matt Jung, a volunteer leader. "I had an opportunity to get to know more about the amazing kids we have in our community, and I feel so blessed to be a part of their lives."



Visit [www.clubbeyondhawaii.com](http://www.clubbeyondhawaii.com) for information about upcoming events.



Students enjoy refreshments at the Club Beyond-Hawaii pool party, Aliamanu Military Reservation, Aug. 23. Students could also participate in creative competitions and meet new friends.

# 25th ID Band will perform in China, Russia

Story and Photos by  
**SPC. MAHLET TESFAYE**  
25th Infantry Division Public Affairs

SCHOFIELD BARRACKS – Three groups from the 25th Infantry Division Band will perform in Russia and China Sept. 3-13.

The marching band, the brass ensemble, and a pop-rock group will perform in Sakhalin Island, Russia, to help celebrate the island's independence, and at the 2010 World Expo in Shanghai.

These groups will also perform at the Shanghai Community International School, as part of the band's outreach program.

"From a military stand point, the uniform can be an intimidating thing," said Chief Warrant Officer 2 Joseph Parenteau, commander and conductor, 25th ID Band. "The band is out there to humanize the military. The band gives us an opportunity to put a face behind the uniform. Music is a language that does not need translation. So we can bring our music to China and Russia, and share who we are as Americans."

Parenteau said that the band's musical selections will reflect the U.S. military history and American popular tunes.

"It is a huge opportunity for the Soldiers in the band," Parenteau added. "They have worked very hard to make sure that we put forth the best performance possible."

"I am looking forward to meeting people from Russia and China," said Staff Sgt. Ronald Strayhorn, percussion player, 25th ID Band. "We get to interact with people one-on-one, make friends, exchange American culture, build relationships and build bridges."

In the past, this band was used primarily as a public relations or strategic diplomacy tool, Parenteau said. The band handled the Army's needs in different areas like troop morale, support, educational outreach, humanitarian efforts and national disasters. The band has performed in Indonesia, Australia, Papua New Guinea and India.

"This tour is the first time in quite a few years that we are trying to get back to that core mission of being the face of the U.S. Army, to the public, off the island," Parenteau said. "This trip to China and Russia puts the 25th ID on the world stage again."



Soldiers of the 25th ID Band rehearse, Monday, at Schofield Barracks for their upcoming performances in China and Russia.



Chief Warrant Officer 2 Joseph Parenteau(right), commander and conductor, 25th ID Band, leads the band during a rehearsal for its performances in China and Russia. The band is traveling for 10 days, to perform at different events and to represent the U.S. military.



Members of the 25th ID band practice their upcoming performance for the Shanghai Community International School, as part of the band's outreach program.

## 'Don't Ask, Don't Tell' seeks feedback from spouses

**SGT. 1ST CLASS MICHAEL CARDEN**  
American Forces Press Service

WASHINGTON – Pentagon officials mailed out 150,000 new "Don't Ask, Don't Tell" surveys, Aug. 23, this time seeking input from military spouses about the potential repeal of the law that bars gay men and lesbians from serving openly, officials said.

"We understand the inextricable link between the families, service members and readiness, and this survey is a way to try to better understand that," Gen. Carter Ham, commander, U.S. Army-Europe, said in a recent Pentagon Channel interview.

Ham and Jeh Johnson, the Pentagon's top lawyer, were appointed by Defense Secretary Robert Gates to head a special review panel that's studying the possible implications on the military should Congress decide to repeal the current "Don't Ask, Don't Tell" law and allow gays and lesbians to serve openly in the military.

"What we're trying to gauge is an assessment that if this law is repealed, and this Don't Ask, Don't Tell policy is changed, what will that mean to our families?" Ham said. "By better understanding the impacts of possible repeal, we'll be able to craft policies, procedures, education and training to address those issues."

The group has been meeting with troops and family members since February. The surveys are important to the panel's research, Ham added, because time and financial constraints preclude meeting with every service member and spouse.

The surveys give the panel a baseline of information that best represents the military's 2.2 million service members and their families, the general said. In June, 400,000 surveys were e-mailed to active duty and reserve component troops throughout the force. The deadline for their response was Aug. 15.

The spouse survey is somewhat different from the one taken by the service members, Ham said, noting the spouse survey is not as lengthy or comprehensive, and it zeroes in on family readiness.

Also, the spouse survey is a hard-copy form, rather than the digital e-mail form troops received. It should take spouses about 15 to 20 minutes to complete, he said.

"We know there's a very real connection between family readiness and military readiness," Ham said. "We want to make sure we understand what that dynamic might be if the Don't Ask, Don't Tell policy were to change."

The spouse survey responses are confidential, like those of the service members' survey. Ham emphasized that the surveys and responses for both groups can't be traced.

The company managing the survey distribution and gathering the results is not a Defense Department organization and does not have access to personally identifiable information of military members.

The spouse surveys were mailed to 80,000 reserve-component and 70,000 active duty spouses. The spouses will have a little more than 30 days to complete and return their surveys, Ham said.

# Retired military leaders fear recruit population is ‘too fat to fight’

**ALEXANDRA HEMMERLY-BROWN**  
Army News Service

WASHINGTON — A study initiated by more than 100 retired generals and admirals claims that being overweight or obese is the leading medical reason why potential recruits fail to qualify for military service.

The group, who call themselves “Mission: Readiness,” released their study in April. The report, called “Too Fat to Fight,” outlines how America’s obesity statistics are seen by some as a security threat. The study calls on Congress to pass nutrition legislation to remove junk food from schools and clean up the quality of lunchroom meals.

“Child obesity has become so serious in this country that military leaders are viewing this epidemic as a potential threat to our national security,” wrote retired Gen. Johnnie Wilson, in the report.

According to the study, the number of states with 40 percent or more of their young adults who were overweight or obese, went from one percent to 39 percent in 10 years. Also, 75 percent of Americans, 17-24 years of age, are ineligible for military service because of their weight, educational status or criminal history.

“Over the past 30 years, while adult rates of obesity have doubled, childhood obesity rates have tripled,” the report states.

While current recruiting quotas are being met, some military leaders worry that the shrinking pool of eligible potential service members will cause problems for future generations.

“If you stood up 10, 17-24 year-olds in a room, less than three would be eligible to come (into the military),” said Maj. Gen. Don Campbell, commanding general, U.S. Army Recruiting Command.

However, recruiters don’t seem to be feeling the effects of overweight applicants — yet.

Staff Sgt. Patrick Derr, a recruiter in Springfield, Va., said he turns away one or two potential Soldiers per week for being overweight, but that number seems commonplace throughout his occupation. In his nearly three years as a recruiter, he hasn’t noticed an increase in overweight applicants, and he’s not worried that future recruit-



**Spc. Mike MacLeod** | U.S. Army Photo

Sgt. 1st Class Christopher Bower (right), a truck driver assigned to Headquarters Company, 1st Brigade, 82nd Airborne Division, grades push-ups for Spc. Andrew Duncan, a satellite communication operator, during an Army Physical Fitness Test at Camp Ramadi, Iraq.

ing quotas will be hard to meet.

“The biggest thing is their willingness to continue and to work out on their own,” Derr said, of applicants losing weight. “Even if they exercise with us a few times per week, they still need to work out on their own.”

Sgt. 1st Class Donald Gallagher, a recruiter in Altoona, Pa., said the national obesity percentages don’t concern him very much either.

“It’s hard to say whether it will become a problem or not,” Gallagher said. “The statistics are there ... but through the hard work of recruiters, we’ll always be able to keep our Army supplied with qualified people.”

Lyndsey Clark, from Charlotte, Tenn., recently did just that; the 18-year-old dropped 80 pounds to meet the Army’s height and weight requirements.

Clark will be shipping out to basic training Oct. 19, and started losing weight about 10 months ago to meet her goal.

“It’s not impossible,” Clark said. “If you’re motivated and really want it, it’s not impossible. You just need to believe in yourself.”

But will recruiters be hard-pressed to keep numbers up when the job market improves as some critics have suggested?

“A failing economy is no formula for filling the ranks of a strong military,” said retired Air Force Lt. Gen. Norman Seip, in the report. “These longer-term eligibility problems are not going away.”

## Lifestyle adjustments can help overcome exercise plateaus

**KRISTY OSBORN**

Health and Fitness Center

SCHOFIELD BARRACKS — Have you ever felt like you were working out harder than ever before and still not seeing any results?

Many who are new to exercise will see immediate results at the start of their workout regime because of the drastic change in their lifestyle. Once they hit a plateau, usually a month or so into their new workout routine, they abandon or cut back on fitness because of a loss in motivation or the results aren’t as obvious as before.

However, plateaus don’t only affect first-time exercisers.

Experienced athletes can also encounter this frustrating problem. The main factors for breaking through a plateau are determination and perseverance. Simply varying a workout routine could solve the problem. If the plateau prolongs, people have to take a more serious look at their overall lifestyles. Diet and adequate rest both play a huge role in muscle development.



Osborn

Here are some tips that I offer to help in conquering a plateau:

- Expend more calories than are consumed. People must create a caloric deficit in order to lose weight.

- Drink more water. Try to drink at least eight glasses of water per day.

- Always plan and prepare meals ahead of time to avoid bad choices like choosing a meal from the vending machines or fast food.

- Eat complex and natural carbohydrates.

Ample carbs will ensure that the body doesn’t burn muscle, instead of fat, for fuel.

- Include protein in the daily diet. Eating protein will help to keep blood sugar levels even, and help people avoid in-between meal cravings.

If people in the military community are still having trouble breaking through plateaus, even after following these lifestyle changes; Soldiers, civilians and family members can consult with a personal trainer at the Schofield Barracks Health and Fitness Center. Call 381-5944 to meet with a personal trainer who can give advice and show new and better workouts.

Just always remember that losing weight is not an easy process, so make smart choices and find ways to keep motivated.