



Members of the 39th MP Det. SRT prepare to face the unknown as they enter the U.S. Army Corps of Engineers-Honolulu District building at Fort Shafter during an active shooter training exercise, June 4. See related stories on pp. A-4 and A-5.

SRT MPs react to active shooter during 2015 HUREX

Story and photos by
STAFF SGT. TARESHA HILL
 8th Military Police Brigade Public Affairs
 8th Theater Sustainment Command

FORT SHAFTER — Members of the Special Reaction Team (SRT), 39th Military Police Detachment, 728th MP Battalion, 8th MP Brigade, 8th Theater Sustainment Command, participated in an active shooter training exercise, held June 4, at the U.S. Army Corps of Engineers-Honolulu District, here.

In the scenario, a disgruntled person was pushed past his breaking point, so he decided to take the lives of others. The shooter took hostages while barricading himself and the hostages in an unknown room inside a building.

A call was made and first responders arrived on scene, secured the location and became the eyes and ears for other emergency responders.

In order for emergency responders to collaborate with each other, a temporary base of operations called an “incident command” was set up nearby.

Capt. Noel Whitten, officer in charge of incident command, had a multitude of tasks he was required to track and said they were a great learning experience for him.

“You have to rely on your different subordinates because you have a lot of outside agencies and subject matter experts coming in,” said Whitten. “It definitely takes teamwork.”

As Whitten worked with the other emergency

responders, he said the ultimate goal was to negotiate a peaceful solution with the shooter, though sometimes things just don’t work out that way.

“When we are called in, you know the situation has become nonnegotiable,” said 1st Lt. Daniel Johnson, SRT leader. “We are the last resort.”

While exercise scenarios may be similar, despite locations, Johnson said that it was the experience working with the emergency responders that his team needed in order to gain that real-world experience.

“We train like this all the time,” said Johnson. “It’s working with the other moving pieces that helps makes this real.”

After arriving on scene and gathering all-important information from incident command, the SRT members made a plan to neutralize the threat. Once the plan was in place, the team moved out to its objective.

The team took up position and stacked outside a door of the building where the known shooter was waiting inside. Moving swiftly through the small building, the team cleared cubicle after cubicle until they spotted the shooter. The team moved into place and entered the room, and without hesitating, quickly neutralized the threat.

The training exercise was over and considered a success.

“It went well,” said Sgt. Jeffrey Sadker, SRT member. “We went in and did our job.”

USAG-HI to conduct virtual town hall, 6/16

LACEY JUSTINGER
 U.S. Army Garrison-Hawaii
 Public Affairs

WHEELER ARMY AIRFIELD — Soldiers and families are invited to present community-wide concerns during U.S. Army Garrison-Hawaii’s quarterly Facebook Town Hall, 6-7:30 p.m., June 16.

“The digital town hall offers a real-time communication pathway for



the U.S. Army Hawaii population to connect with the subject matter experts who can address questions about garrison services and programs,” said Col. Richard Fromm, commander, U.S. Army Garrison-Hawaii.

The most convenient part of holding a town hall virtually is that participants don’t have to dis-

See FBTH A-4

Posting Tips

Follow these tips for best interactions:

- Be proactive.** Post your installation-wide concern in the days and hours prior to the live event - before the page gets extremely active.
- Be specific.** Include as much detail as possible, in-

cluding items like the neighborhood, street and intersection, if applicable.

- Be patient.** Reposting your question doesn’t get it answered faster. All original comments posted before or during the town hall will be answered in a couple days.

DOD cybersecurity potentially compromised

DOD NEWS, DEFENSE MEDIA ACTIVITY
 News Release

WASHINGTON — The U.S. Office of Personnel Management announced, June 4, a recent cybersecurity incident affecting its systems and data that may have exposed the personal information of current and former federal employees.

According to a Defense Department news release, OPM subsequently notified federal government departments and agencies, including the DOD.

OPM is notifying approximately 4 million individuals whose personally identifiable information may have been compromised, the release said. The notifications will be sent beginning June 8 and will continue through June 19 by email and U.S. mail.

OPM will offer affected individuals credit monitoring services and identity theft insurance through CSID, a company that specializes in identity

theft protection and fraud resolution, the release said.

This comprehensive, 18-month membership includes credit report access, credit monitoring, identity theft insurance and recovery services

and is available immediately at no cost to affected individuals identified by OPM.

Employees whose information was

See OPM A-4

Guidance for Impacted Personnel

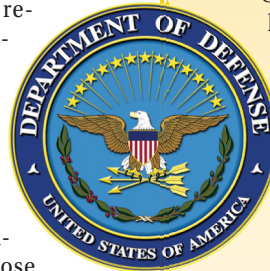
OPM has issued the following guidance to affected individuals:

- Monitor financial account statements and immediately report any suspicious or unusual activity to financial institutions.
- Request a free credit report at www.AnnualCreditReport.com or call 1-877-322-8228. Consumers are entitled by law to one free credit report, per year, from each of the three major credit bureaus - EquifaxR, ExperianR and TransUnionR - for a total of three reports every year. Contact infor-

mation for the credit bureaus can be found on the Federal Trade Commission (FTC) website, www.ftc.gov.

•Review resources provided on the FTC identity theft website, www.identitytheft.gov. The FTC maintains a variety of consumer publications providing comprehensive information on computer intrusions and identity theft.

•You may place a fraud alert on your credit file to let creditors know to contact you before opening a new account in your name. Simply call TransUnionR at 1-800-680-7289 to place this alert. TransUnionR will then notify the other two credit bureaus on your behalf.



‘Vigilant Pacific Bn.’ airlifts to KTA, takes on realistic challenges

Story and photos by
STAFF SGT. THOMAS G. COLLINS
 500th Military Intelligence
 Brigade Public Affairs

KAHUKU TRAINING AREA — As part of the 205th Military Intelligence Battalion’s field training exercise, Soldiers from the “Vigilant Pacific” battalion demonstrated their warfighting ability to conduct continuous, multidisciplined, intelligence, surveillance and reconnaissance operations, May 29-June 1, here.

Adding to the realism of a true deployment, the exercise began with the 3rd Bn., 25th Aviation Regiment, 25th Combat Avn. Brigade, providing airlift operations transporting Soldiers to the training area.

“I was excited for the airlift. I absolutely loved flying in the Chinook,” said Spc. Brian O. Solecki, human intelligence collector, Company C. The Ojai, California, native and Battalion Soldier of the Year added, “It’s an experience that every Soldier looks forward to and was an awesome way to start our FTX (field training exercise).”

Prior to the air movement, Headquarters and Headquarters Detachment led the way by conducting ground convoy operations in support of the brigade’s phase 0/1 operations. HHD established both the tactical

operations center (TOC) and administrative and logistics operations center (ALOC).

“The TOC/ALOC facilitates battalion-level mission command, sustainment and administrative operations in support of contingency operations. The support is critical to the entire exercise execution,” said Capt. George Gurrola, HHD.

Once on the ground, the Soldiers broke up into teams and started with priorities of work.

“After landing, we were transported in LMTVs (light medium tactical vehicles) to our respective company area to begin setting up our sleeping area,” said Solecki. “After setting up tents and situating our equipment, we ate chow and received a brief from our commanding officer.”

Following situation briefings, the Soldiers prepared for the uncertain challenges ahead. The lanes had been intentionally undisclosed until the Soldiers were on them, enhancing the difficulty and realism of the exercise.

“They challenged us physically and mentally with (simulated) ambushes, hidden IEDs (improvised explosive devices), role players who were indistinguishable as friend or foe, key leader engagements, CBRN (chemical, biological, radiological, nuclear) attacks, convoy operations, sniper fire, tactical site exploitation, room clearing, vehicle searches and more,” said Solecki.

See 205th A-4



Sgt. Shan'Draya Rutheford, human intelligence collector, Co. C, 205th MI Bn., directs her team while reacting to contact during a simulated training lane.



After arriving by airlift at KTA, Soldiers with the 205th MI Bn. break for chow prior to beginning the battalion's annual field training exercise, May 29-June 1.



HAWAII ARMY WEEKLY

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Police Call

Safety, security in USARHAW is outlined

COL. DUANE MILLER

Director, Emergency Services, U.S. Army Garrison-Hawaii, and Commander, 8th Military Police Brigade, 8th Theater Sustainment Command

Last month, Northern Command raised its Force Protection Condition (FPCON) from Alpha to Bravo due to "general concerns about ISIS-related threats."

In the Pacific, U.S. Pacific Command did not follow suit; we remained at FPCON Alpha, potentially generating some confusion as to what it all means and why we remained at a lower force protection level.

I wanted to take a brief moment to discuss what drives these conditions and what it all really means.

•Alpha is an increased general threat of possible terrorist activity. Alpha is the

standard FPCON that we're used to. It's associated with the world we now know and live in on any given day.

•Bravo applies when an increased or more predictable threat of terrorist activity exists. This is the condition that NORTHCOM went to in May. The determination to do so is oftentimes dictated by geography. As we are outside of the continental U.S., somewhat isolated from the area of concern, there was no direct tie to the concerns on the mainland present here. This is why we remained at Alpha.

•Charlie is instituted when a terrorist



Miller

action/targeting is likely.

•Delta is called for when a threat is imminent or immediately after an event has occurred.

Regardless of what force protection condition exists, we take a concerted approach to ensuring the safety and security of Soldiers, civilians, family members and installations. We never do just the minimum.

Our antiterrorism/force protection personnel continually evaluate the random antiterrorism measures that we employ at our installation access points and throughout the community.

Our physical security office conducts security surveys to ensure that we are maintaining a strong security posture.

Our Department of the Army security guards check all visitors through the National Crime Information Center to

ensure that we know who enters our installations.

Our crime intelligence analyst looks for crime trends in order to adjust our areas of focus to address criminal activities.

We are embedded with local, state and federal intelligence sources to ensure that we have the most recent and applicable information as it relates to our area of operations.

The Directorate of Emergency Services is invested in our community, and our focus is to ensure that each of you are as safe as possible during your time in Hawaii. Rest assured that, even though we may not be doing the same as on the mainland installations, we are utilizing every available source to determine potential threats here, terrorist and criminal alike, and are taking the appropriate actions to keep you safe.

POLICE BEAT ROLL-UP

The following occurred on U.S. Army Hawaii installations and off-post.

•Aliamanu Military Reservation

- 1 - Assault
- 1 - Domestic Disturbance
- 5 - Wrongful Property Damage
- 1 - Traffic Accidents

•Hawaii Armed Services Police (HASP)

- 4 - Under the Influence
- 1 - Assault
- 1 - Wrongful Property Damage
- Helemano Military Reservation
- 1 - Domestic Disturbance
- 1 - Wrongful Property Damage

- 1 - Traffic Accidents
- Schofield Barracks
- 4 - Domestic Disturbance
- 3 - Traffic Accidents
- 6 - Wrongful Property Damage
- 3 - Under the Influence
- Tripler Army Medical Center
- 1 - Traffic Accidents

More Online

For more information on the services and the personnel who support this community, visit www.garrison.hawaii.army.mil/des/default.htm



FOOTSTEPS in FAITH

We can't look behind to focus on the goal

CHAPLAIN (MAJ.) LEO MORAS
500th Military Intelligence Brigade

Roger Bannister, a track star at Oxford University, became the first man in history to break the 4-minute mile record in 3 minutes, 59.4 seconds, on May 6, 1954.

Soon, others began to challenge Bannister.

Within two months, Australian John Landy eclipsed his record by 1.4 seconds. This set the stage for a showdown between Bannister and Landy.

On Aug. 7, 1954, the two men met together in Canada for the historic race called "The Mile of the Century." Landy held the lead until the last lap. It appeared as if he would win, but as he neared the finish, he did something he should never have done.

He glanced over his shoulder to see how far behind him Bannister was. That was all Bannister needed.

Bannister shot past Landy to win the race. Landy later is said to have told a reporter, "If I hadn't looked back, I would have won!"

What was the fatal mistake? John Landy became anxious about Bannister. For a brief moment, he took his eyes off his goal, and he lost the race.

Isn't it true that we often fall into bad situations in our daily lives because of fear, worry and anxiety, and when we do this, we take our eyes off our noble goals, begin to falter and lose success?

We must always focus on the goal, avoid distractions and work hard, with determination, in order to achieve the desired success. While racing through

life, we can make an impact, but when we turn around to see what is behind us and what we have already passed, we lose focus and lose success.

Each of us has choices and chances to bring positive changes within our families, our communities and ourselves. There are spiritual values for those who believe in the almighty who keeps us in the hollow of his hand and gives opportunities to choose right living.

Master resilience training teaches 14 skills focusing on optimism, problem solving and faith, sense of meaning, self-efficacy, flexibility, impulse control, empathy, close relationships and spirituality. Also, there are universal and Army values to aim high, to learn from the past, to never look back, to do the right thing, to focus on the positive and march on.

Do we ever look back and march ahead in formation? No, because it helps us to focus on what is ahead of us.

First Corinthians 9:24-27 tells us that discipline is the key to winning, and that discipline may mean that we let go of what is past and press ahead towards our goal.

In Philippians 3:12-13, the apostle Paul said, "I press on ... forgetting what is behind and straining toward what is ahead." So, let's keep in mind that God wants us to keep looking ahead, not dwelling on the past.

Albert Einstein said, "If you want to live a happy life, tie it to a goal, not people or things."



Moras



Courtesy photo

Vacation Bible School students help prepare snacks during "The Trail Mix" session, which teaches them that God will provide for all their basic needs.

VBS begins at HMR, June 15

CHAPLAIN (MAJ.) JOHN GRAUER

Plans and Operations Chaplain U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Vacation Bible School is currently underway and has been taking place this week from 9 a.m. to noon at the Main Post Chapel, here.

Three hundred children and volunteers from all over Schofield Barracks and Wheeler Army Airfield have made this event a great success.

This year's theme is Everest. The curriculum is inspired by the idea of overcoming challenges and that everything is possible when we have the support of a team around us.

At this week's VBS, elementary-aged children visited multiple stations each day, starting with Base Camp, just like a real base camp on Mount Everest.

The term "base camp" usually applies to a mountain expedition. It is the place from which you begin your climb, and where you gather everything you need for your expedition, because reaching the summit requires teamwork.

At Everest, no activity stands alone, so VBS helps children learn about God and the value of working together.

With the theme that God has the power to heal, provide comfort and forgive, and to love, children learn valuable lessons for a lifetime.

During this week, VBS sessions helped children discover that teamwork means helping others make it to the summit.

This year's leaders identified Nepal as a place of need. Debbie McSwain, director of religious education at U.S. Army Garrison-Hawaii, said the events of Nepal helped parents and children alike talk about how to help those in need.

"What better way to put faith in action than to help the people of Nepal who have been devastated by earthquakes and have experienced so much suffering," she said.

"This is so exciting" said one parent. "We are teaching our children to connect and to help."

"This helps kids connect," said another parent.

Not stopping there, VBS also took donations to raise money for school supplies for children in Hawaii who might otherwise go without.

All military families are welcome to attend VBS, whether they are involved in a chapel or not.

Vacation Bible School will continue on June 15 to 19 at Helemano Military Reservation and at Aliamanu Military Reservation June 22 to 26. Both events take place at 9 a.m. to noon.

For more information or to preregister, call (808) 679-2092 for Helemano and (808) 839-4319 for Aliamanu.



Getting it Straight

In the June 5 issue, p. A-1 article, K-9 "Sgt." Dunco, 520th Military Working Dog Detachment, 728th Military Police Battalion, 8th MP Brigade, 8th Theater Sustainment Command, was misidentified. Sgt. (K-9) Dunco's partner handler is Spc. Arianna Dotson. Staff Sgt. (K-9) Jerry's partner is Sgt. Veronica Pruhs.

Voices of Ohana

In support of the Army's Birthday, **If you could have anything, what would you want for your birthday?**

By Tripler Army Medical Center Public Affairs



"Unlimited free first-class flights."

1st Lt. Manuela Belser, Operations, TAMC



"A magic wand, so I could turn back time."

Segrid Hatten, Civilian employee, TAMC



"A million dollars to travel."

Sgt. 1st Class Susana Kitchen, Clinical Ops NCO, TAMC



"This year, I'd like to meet Dwayne 'The Rock' Johnson."

Rhonda Light, Civilian employee, TAMC



"Free ticket to 'the center of the universe.'"

Master Sgt. Robert Stevens, Senior clinical NCO, TAMC



From 1775 to 2015,
once a Soldier, always
a Soldier ... for life

DEPARTMENT OF THE ARMY
News Release

On June 14, the U.S. Army celebrates its rich history and lineage of 240 years of selfless service to the nation at home and around the globe.

Selfless service defines the Soldier. A Soldier puts the welfare of others ahead of oneself.

The willingness of Soldiers to place themselves in danger to protect the nation's freedoms makes the Army the premier all-volunteer force.

Today's Soldiers serve with honor and distinction, and have done so for more than 13 years of combat operations. At any time, Army forces are prepared to prevent conflict, shape the security environment and win wars.

Currently, the Army has 140,000 regionally aligned and mission-tailored Soldiers supporting combatant commanders in over 140 locations. The all-

volunteer force serves with distinction to meet the nation's needs in peace and war.

The Army commemorates its 240th birthday with celebrations in the National Capital Region, around the U.S., and on installations and posts worldwide. The Army birthday is a historic occasion to be shared with the American people through informational, educational and community engagements.

The Army, on its 240th birthday celebration, salutes every Soldier, Department of the Army civilian and family member of the Army team – those who serve, and all those who have served – for their dedication to duty, selfless service and the sacrifices they have made.

Once a Soldier, always a Soldier for Life.

The continued selfless service by Soldiers keeps the nation ready today and prepared for tomorrow.

(Note: From Dept. of the Army's Stand-To.)



Images courtesy of Army News Service

Photos depicted above show the history of the U.S. Army, such as (above) in Salem, Massachusetts, 1637. The history of the National Guard began, Dec. 13, 1636, when the General Court of the Massachusetts Bay Colony ordered the organization of the colony's militia companies into three regiments. The growing threat of the Pequot Indians to the Massachusetts Bay Colony required that the militia be in a high state of readiness. Today, the National Guard continues its historic mission of providing units for the first-line defense of the nation.

At top, the 240th Army birthday logo appears with Revolutionary War Soldiers and the World War II Army poster, "You Are Needed Now," encourages women to join the Army Nurses Corps at a Red Cross recruiting office.

A host of celebrations continue today through June 14. U.S. Army-Pacific celebrates the birthday at the Hilton Hawaiian Village, tonight.

Brooks says to retirees, 'The final word is thanks'

U.S. ARMY-PACIFIC
Public Affairs

FORT SHAFTER — One by one, 13 retiring service members stood before a gathering of their family, friends and coworkers for their last official act during the fifth quarterly celebration of service, here, Friday.

"The retirees we honor today hail from all across our country," said Gen. Vincent K. Brooks, commander, U.S. Army-Pacific. "They've served in assignments spanning the globe, from Korea to Kuwait, Afghanistan to Aberdeen Proving Grounds, Bragg to Bagram, Hungary to Hawaii, Iraq to Indonesia, Jackson to Japan, Seoul to Saudi Arabia, Fort Sam to Fort Shafter and other scenic spots."

Collectively, the Soldiers had earned Combat Action Badges, Bronze Stars and Meritorious Service, commendation and achievement medals. They led across a spectrum of specialties, serving at a wide variety of Army commands, corps

and divisions.

According to Brooks, they had experiences like teaching leadership to future Army officers at West Point, recruiting Soldiers for an all-volunteer Army, controlling ports in a foreign country, doing the Army's and the nation's work in space.

Some drove heavy transport trucks over great distances, served in the National Guard and or the active Army, represented the Army and developing policies on women in the services or conducting counter-drug operations.

"What a set of experiences!" said Brooks.

Brooks told honorees that even after they take off the uniform, they'd always have a home here in USARPAC.

"So no matter where your final station ends up being, your home will always be with us because you'll always be here in our hearts, and you'll always have a place in our presence," he said.



Sgt. 1st Class Mark Boyer, U.S. Army-Pacific Public Affairs

Gen. Vincent K. Brooks (right) commander, USARPAC, salutes the American flag presented to Chief Warrant Officer 4 James Jefferson Jr., of Camden, South Carolina, at the fifth quarterly Celebration of Service ceremony held at historic Palm Circle on Fort Shafter.

Guard, civil authorities tackle 2015 disaster exercise

PFC. PAUL BERZINAS

117th Mobile Public Affairs Detachment

HONOLULU — More than 2,200 National Guardsmen, active duty service members and civilian personnel participated in Vigilant Guard/Makani Pahili 2015, a disaster preparedness exercise held in Hawaii.

The exercise, sponsored by U.S. Northern Command and the National Guard Bureau, combined the Vigilant Guard exercise with Hawaii's Makani Pahili hurricane readiness exercise. The exercise was to ensure that National Guard units know what resources they have at their disposal in the event of a catastrophic natural disaster, and that they have plans that involve active duty military units and civilians in order to more effectively respond to a disaster.

Nearly 700 of the service members who participated in the exercise came from outside of Hawaii. The Makani Pahili portion of the exercise focused on preparation for and response to a hurricane disaster scenario in Hawaii.

The National Guard's portion of the exercise was run from Joint Task Force 5-0, an Army tactical operations command center responsible



Tech Sgt. Charles E. Brodie, information operations, JTF 5-0, works to generate damage assessments during the annual hurricane/disaster preparedness exercise.

for assigning tasks to the military units in the exercise.

"The plans that we're developing now will be applicable to the Hawaiian Islands. Critical infrastructure has already been laid out. There could be a tsunami, a hurricane, an earthquake or fires; it doesn't matter," said Tech. Sgt. Charles E. Brodie, information operations JTF 5-0. "

Involving civilian disaster response teams allowed military and civilian personnel to optimize joint disaster response strategy.

"The civilian team that we've had working with us has been enormously helpful," said Brodie. "They have real-world experience in how assets need to be deployed and how they're used."

The National Guard's role was to support civil authorities in the recovery effort, said Spc. Ruth R. Wagner, intelligence operations. Civilian involvement in this exercise was absolutely necessary for creating a realistic disaster scenario.

Creating a joint authority environment is critical for effective, disaster preparedness training.

"If we don't have that, then there's really no exercise or us," said Wagner.

FBTH: Community attendance, participation encouraged

CONTINUED FROM A-1

rupt their schedules to attend in person. They can log in from the comfort of home and post questions anytime prior to or during the 90-minute event. Then, sit back and wait for a response.

Garrison subject matter experts will spend an hour-and-a-half addressing as many community concerns as possible. Participants are asked to remain patient while waiting for a response from representatives, such as the Directorate of Emergency Services; the Directorate of Public Works; the Directorate of Family and Morale, Welfare and Recreation; and Island Palm Communities. Tenant organizations like

the Commissary and the Schofield Barracks Health Clinic will also be in attendance.

All original comments posted before or during the town hall will be answered, if not during the event, in the days following.

Individuals taking part in the digital discussions also should review the posting policy located under the "About" tab before participating. Comments that include swearing or comments that are personal attacks, obscene or abusive will be removed, and the user may be banned from interacting on the page.

Attendees visiting the online town hall are reminded to provide as much detail as possible, so questions can be understood and addressed without requiring follow-up ques-

tions. For example, if asking about road conditions, provide the street name, installation and the closest cross streets, buildings or landmarks. This method will help DPW pinpoint the location in question exactly, which will facilitate a faster response – both online and in real-world repairs.

Virtual Participation

Anyone wishing to participate should visit www.facebook.com/usaghawaii and click on the "Events" tab to get to the June event.



205th: MI builds readiness at KTA

CONTINUED FROM A-1

exhausted from the day's events.

Speaking to the importance of the training, Sgt. James Legier, imagery analyst, Co. A, said, "The lanes were well thought out and effective. Each scenario was based on a skill set required to conduct our battalion mission."

With the drawdown of forces and deployments, leaders at all levels must find ways to maintain readiness and mission effectiveness.

"Some of our Soldiers have not deployed before," said Legier. "Utilizing the Kahuku Training Area like this, we are able to train our Soldiers on Soldier tasks and mission essential tasks."

It is important for intelligence Soldiers to be able to operate in today's complex environment.

"This type of training gives you skills and experiences to operate on a battlefield," said Col. Patrick J. Wempe, commander, 500th MI Bde., speaking with troops. "Having this tactical skill set allows you to work with maneuver forces and meet the high expectations of combatant commanders."

OPM: Steps taken

CONTINUED FROM A-1

affected will receive a notification directly from CSID, the release said.

According to the release, DOD employees are encouraged to review the OPM news release for additional information regarding steps to mitigate fraud and identify theft.

How to Avoid Being a Victim

Follow these guidelines:

- Be suspicious of unsolicited phone calls, visits or email messages from individuals asking about employees or other internal information. If someone claims to be from a legitimate organization, verify his identity directly with the company.
- Do not provide personal information or information about your organization,

including its structure or networks, unless you are certain of a person's authority to have the information.

- Do not reveal personal or financial information in email, and do not respond to email solicitations for this information. This includes following links sent in email.

(Editor's note: Read more tips at www.HawaiiArmyWeekly.com.)



Spc. Prakhyat Koirala (above, right), patient administration specialist, records patient demographics of a simulated casualty during the MASCAL, June 3, at TAMC. At right, a firefighter (left) and DOD civilians participate in an exercise at Fort Shafter. Soldiers from TAMC, Schofield Barracks and Fort Shafter trained alongside local agencies to practice emergency procedures and fulfill a requirement to earn accreditation from the Joint Commission, the nation's oldest and largest standards-setting and accrediting body in health care.

TAMC tests emergency procedures during MASCAL

Story and photos by
AIR FORCE STAFF SGT. CHRIS HUBENTHAL
Defense Media Activity
Hawaii News Bureau

HONOLULU — Units across Oahu practiced emergency operations procedures during a mass casualty and chemical, biological, radiological, nuclear and explosive exercise as part of a statewide initiative, June 3.

The exercise provided Tripler Army Medical Center personnel an opportunity to test their emergency operations plan and practice for potential real-world events.

"The emergency operations plan, which is our system we have in place, is something we don't use every day," said Lt. Col. Daniel Thompson, director of nursing, TAMC Emergency Department. "So, what this does is it refreshes our entire

team on what the expectation is, where the equipment is and how patients are handled. It keeps us in the mindset of how to care for severely traumatized patients, which we don't usually receive on a regular basis."

Soldiers trained alongside members of the Federal Fire Department-Hawaii at Fort Shafter during a hurricane scenario where they responded to the site of a simulated collapsed building with 40 to 70 casualties trapped under the debris.

"We want to make sure that they make the scene as safe as possible and that they move in a fast manner," said Sgt. Jamael Turner, TAMC practical nursing specialist and exercise evaluator. "They need to get there in a timely

fashion, triage correctly and get the right patients to the right area, so they can get the proper care that they need."

Once first responders were able to make the scene safe and triage ca-

sualties, certain patients were then transported to receive further evaluation and medical aid.

"They triage on the spot and then they either provide care on scene or transport them to Tripler," Turner said.

The exercise provided a platform for Soldiers to prepare to respond to real-world events, but was also a requirement for TAMC.

"We're doing this in a very serious fashion because we're not only exercising the general MASCAL system, but we're demonstrating to the Joint Commission that we are practicing and maintaining our emergency operations plan," Thompson said. "That is a requirement for accreditation of our facility."

The event also provided an opportunity for TAMC Soldiers and personnel to work alongside civilian responders.

"The reality of it is that we're a team," Thompson said. "Even though we work for different agencies, that doesn't mean that patients' care doesn't need to be contiguous. The care they provide and the assessments they make di-

rectly influence how we move forward when moving a patient into our system.

"The ability to communicate is huge in ensuring that we move the patient from where they are to where we're trying to get them, which is stabilized and either admitted or discharged to the operating room," he added.

TAMC conducts two mass casualty exercises annually and during the Rim of the Pacific maritime exercise.



A Federal Fire Department firefighter tends to simulated hurricane injuries during TAMC's mass casualty exercise. First responders had to secure the scene for safety before triaging and transporting patients.



Lacey Justinger,
U.S. Army Garrison-Hawaii Public Affairs

Soldiers ready to transport a simulated victim to the Schofield Barracks Health Clinic as part of the hurricane preparation exercise Vigilant Guard/Makani Palihi, June 2.



A 100th Bn., 442nd Inf. Regt. Soldier provides security during the battalion's JRTC rotation with the 3rd BCT, 25th ID, at Fort Polk, Louisiana.

100th Bn. joins 3rd BCT for JRTC

Story and photo by
COL. ARNOLD V. STRONG
9th Mission Support Command

FORT POLK, Louisiana — Soldiers from Hawaii and American Samoa of the 9th Mission Support Command, Pacific Army Reserve, joined the 3rd Brigade Combat Team, 25th Infantry Division, for its monthlong rotation at the Joint Readiness Training Center, here.

Serving as the brigade's rear operations security battalion, the unit was seamlessly integrated into the fight from the start.

Led by Lt. Col. Ken Tafao, a native of American Samoa who spent most of his military service within the battalion, the unit trained on Oahu with the brigade for months in advance of this rotation and is an example of Total Army Force Integration.

Over the course of several drill weeks in preparation for the rotation,

the battalion had five active component lieutenants serving as platoon leaders within its ranks, exposing the Army Reserve's only infantry battalion.

"It doesn't get any more demanding or more complex than this," said Col. Scott Kelly, commander, 3rd BCT. "I think it's been a great opportunity for the active duty officers to get out and have new leadership challenges because of the dynamics of a unit and an organization that they've never worked with. I think it is also great for the Reserve guys to get some full time training for this period at what is really the Super Bowl of Army training," he continued.

"The teamwork we have is great. The partnership couldn't be any better, and we are going to continue to work together into the future," Kelly concluded.

To be given one of the most challenging missions in the training sce-

nario - defense of the "Marwandi" pumping station - was a calculated risk by the brigade commander. A division priority asset, the station was an enemy target from the start and a fight that initially caused the battalion to react to what Brig. Gen. Bryan Fenton, deputy commander, 25th ID-Operations, called "a thinking enemy."

"This is truly what we talk about in terms of the multi-component Army," said Fenton. "There is no 'we've got to.' We are making this work. Scott (Kelly) gave Ken (Tafao) some of the most difficult terrain, and I think that is a testament to our belief in the multi-component force."

After conducting a "green book" after action review with leaders who were surprised to see a general in the area right after a particularly challenging night, Fenton met with Brig. Gen. John Cardwell, commander, 9th MSC, and Kelly to discuss his observations.

NEWS Briefs

Send announcements for Soldiers and civilian employees to news@hawaiiarmyweekly.com.

Today

PTAW — Pacific Theater Army Week, June 8-12, ends tonight with the 240th Army birthday commemoration at the Hilton Hawaiian Village, beginning at 5 p.m. Visit www.himwr.com/special-events/latest-news-and-special-events/community-news/1375-pacific-army-week to see events planned.

16 / Tuesday

FBTH — Virtually attend the garrison's Facebook Town Hall, 6-7:30 p.m. Participants can ask subject matter experts questions about installation services and programs. Log onto the "Events" tab at www.facebook.com/usaghawaii and input your question before the town hall to avoid the rush hour-and-a-half.

Rejuvenating Souls — Soldiers, retirees, veterans and civilians are invited to the fol-

lowing:

•**ASIST**: Learn suicide first aid skills with Applied Suicide Intervention Skills Training. Attend this two-day workshop at Bldg. 55, Ford Island, 8 a.m.-4 p.m., June 16-17. Call Brent Oto, 655-9105.

•**safeTalk**: Attend suicide intervention training at the Fellowship Hall, Pearl Harbor Memorial Chapel, 8-11 a.m., July 10. Call 474-0045 or visit www.livingworks.net.

•**Out of the Darkness**: Walk to prevent suicide. Check-in is 8 a.m.; walk starts at 9 a.m., Sept. 12, at Ala Moana Beach Park/Magic Island. Call 271-8582 or visit oahuootdwalk@gmail.com or www.afsp.org/walk.

Signal Change — All are invited to the change of command ceremony for the 30th Signal Battalion, 10 a.m., on Curtis Loop Field, Wheeler Army Airfield. Lt. Col. Kevin M. MacNeil will assume command from Lt. Col. Melissa C. Miles.

17 / Wednesday

Retirement Planning — From today through June 24, USACE, USPACAF, VA, Navy Federal Fire Department, HUD and NOAA host several CSRS, FERS and LEO retirement planning sessions. Registration is open. Register at honolulu-pacific.feb.gov/index.php?content=56&page=vents.



Traffic Report lists roadwork, construction and noise advisories from the Army and the Hawaii Department of Transportation (HDOT). Visit www.garrison.hawaii.army.mil/info/trafficalendar.htm.

Unless specified, all area codes are 808.

Today

Modified Dates — There will be periodic partial road closures and contraflow lanes on Schofield's Kolekole Pass and Humphreys Road until June 26. This is a continuing project.

STIP — HDOT seeks comments about the proposed Statewide Transportation Improvements Program (STIP) Revision #2 to the federal fiscal year 2015 to 2018 (+2). The STIP document identifies projects that are to be programmed for federal highway or transit funding.

The primary purpose of this revision is to address needed changes to Federal Highway Administration-funded projects due to shifts in project schedules, priorities and cost estimate increases or decreases that occurred through the project development process.

Proposed STIP Revision #2, new project information and a list of explanations of the changes reflected in this revision can be found at <http://hidot.hawaii.gov/highways/revisions-for-2015-2018-2-stip/>. Hard copies of the proposed STIP may be obtained by calling 587-6355, faxing 587-1787 or emailing hwy.stip.projects@hawaii.gov.

Send mail to Highway Planning Branch; 869 Punchbowl St., Rm. 301; Honolulu, HI 96813.

15 / Monday

Construction Closure — There will be a one-lane closure at Schofield's Hendrickson Loop from today until June 19. During this time, work will include asphalt paving cutting; demolition and installation of concrete curb; electrical, water and sewer utilities; and tree trimming.

22 / Monday

Menoher Road — There will be a road closure at Menoher Road, Schofield Barracks, weekdays, 8:30 a.m.-5 p.m., between Parrish and Carpenter streets, until June 26. This additional workweek was added due to paving on Menoher.

During this time, work will include asphalt paving cutting; demolition and installation of concrete curb; installation of electrical, water, and sewer utilities; and tree trimming.

PAUHAN

THE BUSINESS OF baby-sitting



Instructor Kara Greene, left, has 12-year-old Aaliyah Willis demonstrate the proper way to hold a baby's ankles while changing a diaper during a CYS baby-sitting workshop, May 13.

CYS workshop teaches child care skills, marketing

Story and Photos by
KAREN A. IWAMOTO
Staff Writer

SCHOFIELD BARRACKS — What sets a super sitter apart from an ordinary baby-sitter? Many teens step up to help their families by keeping an eye on younger siblings or watching the children of family friends, but super sitters are certified by Child, Youth and School Ser-

vice's (CYS) baby-sitting and CPR/first aid workshops. (You must be at least 12 to participate in the babysitting workshop and at least 13 to participate in the CPR/first aid workshop.)

They learn how to properly change a diaper (all 13 steps), how to be alert to and respond to potentially dangerous situations, how to present themselves professionally to potential clients and how to correctly respond to medical emergencies. Upon completing the workshops, sitters receive certificates and are added to the Parent Central Services Super Sitter Referral List. U.S. Army Hawaii parents who are registered with CYS may turn to the referral list if they need a sitter for a few hours when other child care options are not readily available.

"The workshops teach good life skills to teenagers, and also (teach) lifesaving skills, such as CPR and first aid," said Kristine Tabbal, CYS instructional programs specialist. "And I'm sure everyone could use a teenager to baby-sit for them here and there."

Added baby-sitting instructor Kara Greene, "The baby-sitting workshop is two Wednesdays out of the month and the CPR/first aid workshop is another two Wednesdays, so it's actually quite a commitment of time (for them) to take the workshops and get the certification."

Six potential super sitters filed into Greene's classroom at the Bennett Youth Center on a recent Wednesday afternoon to complete the second half of their baby-sitting workshop. Although most of them were not yet 13, all were ready to take on

the responsibility of baby-sitting in their community. But first, Greene had them participate in role-playing and group discussions that got them thinking about how they could respond to potential challenges.

During the first baby-sitting workshop the previous Wednesday, Greene had asked them what activities they could engage various age groups in. They came up with suggestions, such as playing peek-a-boo and shake the rattle with infants to playing board games and hide-and-go-seek with older children.

On this day, when Greene reminded them not to divulge personal information to a stranger on the phone and not to answer the door if they didn't recognize the person on the other side, 14-year-old Briana Rables asked, "What happens if the kid runs to the door and opens it before you get there?"

"Good question," Greene replied. "This is why you should always try to be with the child. When you get to the door, don't tell them that the parents aren't home. It's a good idea to keep your cell phone close by, so you can call your parents or a trusted adult if you need help."

When the students discussed how much they should charge clients, Greene offered some helpful suggestions then asked, "Why might it be good to baby-sit for free in some circumstances?"

"You can get experience," said 12-year-old Aaliyah Willis. "They might recommend you to other clients in the future,"

said 12-year-old Hunter Larosa. "So you don't pressure the family into paying," said Larosa's twin sister, Haley.

All six of the students received their baby-sitting certification at the conclusion of the class, which clears them for the CYS CPR/first aid workshop, but not before 12-year-old Miguel Sosa got in one more important question: "What happens if they ask you to baby-sit while you're in school?"

That one was easy. "You say no," Greene replied.



From left, Briana Rables 14; Haley Larosa, 12; Miguel Sosa, 12; and Hunter Larosa, 12, collaborate on a poster to market their baby-sitting services during a CYS baby-sitting workshop, May 13.

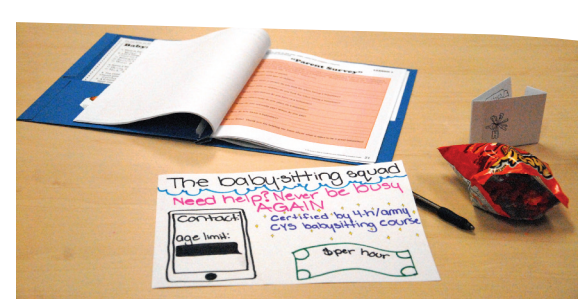
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Upcoming Workshops

Youth who complete the Army CYS baby-sitting & CPR/first aid courses earn a trained baby-sitter certificate. Youth must be 13 years old and must have completed the baby-sitting workshop to enroll in the CPR/first aid workshop. All workshops are held Wednesdays, 4-7 p.m., at Schofield Barracks and at Aliamanu Military Reservation. Dates and times are subject to change.

**At Schofield Barracks
Bennett Youth Center, Bldg. 9090
2251 McMahan Road**

- Baby-sitting workshops are scheduled July 1 & 8, Aug. 5 & 12, Oct. 7 & 14, and Nov. 4 & 18.
- CPR/first aid workshops are scheduled July 15 & 22, Aug. 19 & 26, Oct. 21 & 28, and Nov. 25 & Dec. 2.

**At Aliamanu Military Reservation
School Age Center, Flag Room, Bldg. 1782
154 Kauhini Loop**

- Baby-sitting workshops are Sept. 2 & 9 and Dec. 9 & 16.
- CPR/first aid workshops are scheduled Sept. 16 & 23.

Participants should arrive on time or their spot in the courses will be given to someone else on the wait list. For cancellations, call the SKIES office at 655-9818.



Haley Larosa, 12, learns about how to market a business during a CYS baby-sitting workshop at the Bennett Youth Center.

12 Army dependents soar, graduate as prep valedictorians

SCHOOL LIAISON OFFICE
Child, Youth and School Services

High school commencement exercises were held across Hawaii, recently.

On average, Army-connected students can expect to attend seven different schools within their school career.

According to the U.S. Department of Defense Education Activity, "The common stresses involved in relocating to a new school are the differences in achievement standards, school protocol, course offerings, extracurricular activities and academic requirements."

Yet, 12 Army-connected students excelled through their unique challenges and graduated as co-valedictorians at their schools by

achieving a 4.0 or higher grade point average for all four years of high school.

James Campbell High School
Three Army-connected valedictorians graduated: Brittney Ann Regina

Copp, daughter of Lt. Col. Cynthia and Maj. Daniel Copp; Shanell Folger, daughter of retired Sgt. 1st Class

Foster and Naomi Folger; and Angelica Wong, daughter of Staff Sgt. Nelson and Grace Wong.

Brittney said, "I am attending the University of Texas at Austin, and I see myself as a trauma surgeon in my future. My parents are extremely proud and excited about my accomplishments at Campbell High School."

George Washington University will receive Shanell, who aspires to be a pulmonologist in the near future, what she describes as "a physician who possesses specialized knowledge and skill in the diagnosis and treatment of lung conditions and diseases."

Angelica shared, "I see myself working in the forensic field as a medical examiner. To my parents, I believe it means the world to them. ... I took it upon myself to prove to them that all their teachings have



At left (above), Mililani valedictorian Kalyn Wadsworth is adorned with lei after graduation. At right, Moanalua High School valedictorians Madeline Snow, Bryson Chan and Jennifer Mead pose in their caps and gowns.

Photos courtesy of U.S. Army Garrison-Hawaii School Liaison Office



Briefs

Today

Ladies Night 8 Ball Pool Tournament — Ladies come show off your skills and enter our pool tournament at 8:30 p.m. for registration. Sign-up is every Friday night during the month of June.

Win gift cards for the top three finishers for the 9 p.m.-midnight event. Finale scheduled for June 26.

You must be 18 years of age or older to participate. Call 655-5698.

13 / Saturday

Movie on the Lawn — Free family movie on the big screen features "Hook" at SB Weyand Field. Participate in the themed pirates and princesses costume contest at 6:30 p.m. Prizes will be awarded for each division: 0-4 yrs, 5-10 yrs, 11-17 years and best family costume.

Come early to set up your blankets and chairs and get some popcorn. Ahoy matey!

Surfing — Learn to surf like a local with Outdoor Recreation, 8:30 a.m.-12:30 p.m., with this beginner training class for all ages on the south shores of Oahu at White Planes. All you need to bring is water, snacks and sunscreen.

Personal flotation devices are required for those who cannot tread water for 6 minutes or swim 200 yards. Fee is \$59/per person. Call 655-0143.

Country & Western Party — SB Kolekole Bar & Grill hosts the 8 p.m.-midnight evening of fun. Appetizers and drinks available. Call 655-4466.

15 / Monday

Grill Your Own Steak Night — Hale Ikena hosts, 3-8 p.m., every 1st and 3rd Monday of the month. Grill your own steak or we'll be glad to do it for you for an additional cost.

Served with a baked potato and chef's choice of vegetable. Call 438-1974.

16 / Tuesday

Preschool Story Time — Special guest Mermaid Harmony tells entertaining tales at the FS Library, 10-10:45 a.m., and at the same time Wednesday, June 17, at SB Sgt. Yano Library.

Magic with Kelvin Chun — The Summer Reading Program kicks off at FS Library on Tuesday, followed by SB Sgt. Yano Library on Wednesday, both from 3-3:45 p.m. Recommended for ages 6 and up.

Pau Hana Social — SB Kolekole



Courtesy photos

David Sohl earns first-place honors in the 2013 Army Arts & Crafts Contest's accomplished artists' mixed media category with "Goodbye U.S. Army Heidelberg."

Arts and crafts contest open to all

TIM HIPPS

Army News Service

SAN ANTONIO — The 2015 Army Arts and Crafts Contest is open through July 31 for Morale, Welfare and Recreation (MWR) artisans and craftspeople to submit their handiwork.

The Army Arts and Crafts Contest is an annual, juried competition of artwork for novice and accomplished artists, but MWR arts and crafts workshops are open year-round on most installations.

Chief Warrant Officer 3 Lisa Stansbury, a former contest winner, used arts and crafts to help overcome the anxiety of returning home from deployment.

"Soldiers are predominantly impatient people, especially when it comes to procrastination," Stansbury said. "When we come home from war, it's even more pronounced, and we need help transitioning back into society. Sometimes we need to find things to soothe and calm our spirits. Some Soldiers take up fishing, some write, others go to therapy - all of which demand our patience - or it won't work."

Stansbury took up painting, with glass, at Camp Red Cloud, South Korea, and her "Old Glory" earned first-place honors in the 2013 contest.

"Initially, I thought that the deployment changed me forever, and not in a good way," she said. "Looking

back, the fact that the deployment led me to working with glass, it did change me forever. Everything happens for a reason, and I'm so grateful for that change and new passion in my life."

This year, Army arts and crafts managers will host local contests, assist patrons in preparing their contest submission photos, and forward the photos for regional and final competition.

See Contest B-6

Local Points of Contact

Arts & Crafts facilities offer a wide variety of programs to enhance the creativity and technical skills of the military community. A variety of ready-made gifts for farewell presentations or other occasions are available to create.

Visit the Schofield Barracks Arts & Crafts Center at 919 Humphreys Road, Bldg. 572.

Arts & Crafts hours of operation follow:

- Wednesday-Thursday, 10 a.m.-4 p.m.
- Friday-Saturday, 9 a.m.-4 p.m.
- Sunday-Tuesday and Holidays, closed.
- Sales store closes at 3 p.m.

Call the Arts & Crafts Center at (808) 655-4202.

Bar & Grill offers end of workday food and drink specials, 5-7 p.m., Mondays, Tuesdays, Wednesdays and Fridays; plus 4-6 p.m., Thursdays.

17 / Wednesday

Climbing 101 — Outdoor Recreation leads this unique full-body workout as you learn the basics of climbing a stationary wall with a pro, 5-7 p.m., June 17-18. ODR has most size shoes and instructions that are included in the price of \$15/per person. Call 655-0143.

19 / Friday

ACS Closure — All Army Community Service (ACS) offices will be

closed on June 19 for ACS in-service training and strategic planning. ACS will reopen at 7:30 a.m. on Monday, June 22.

The emergency contact number for the Family Advocacy Program is 226-3231; Army Emergency Relief is 1-877-272-7337 (American Red Cross).

Point of contact is Brandi Stauber, chief, ACS, at 655-1710.

20 / Saturday

Adventure Mountain Bike Level II — Come tour with ODR, as it takes you mountain biking, 8:30 a.m.-12:30 p.m., on the North Shore of Oahu. This is a Level II bike trip. All transportation (up to 12 people), in-

struction and equipment are provided at \$30/per person. Sign up at ODR no later than noon the day before the program. Call 655-0143.

21 / Sunday

Father's Day Sunday Brunch — SB Nehelani celebrates dad with a hearty feast, 10 a.m.-2 p.m., for \$19.95 for ages 11 years and up, \$12.95 for ages 6-10, \$8.95 for ages 3-5, free for children ages 2 and under. Gratuity and service charge not included. Call 655-4466.

Hale Ikena Sunday Brunch — Every Sunday, 10 a.m.-1 p.m., at FS Hale Ikena dining room. Call 438-1974.

community calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

Pan Pacific Waikiki Ho'olaulea

— This giant Waikiki block party is expected to draw more than 30,000. Traffic diversion begins at 4:30 p.m. for set-up. Entertainment stages, displays and food vendors will line the streets of Kalakaua Avenue. Visit www.pan-pacific-festival.com/.

Diana Ross Concert — Pop legend Diana Ross makes her first-ever concert appearance at Blaisdell Arena, June 12 & 13. Tickets begin at \$45 at the box office, 777 Ward Ave., Honolulu. Call (800) 745-3000 or visit www.ticketmaster.com.

13 / Saturday

King Kamehemeha Floral

Parade — An expected 6,000 marchers, 50 vehicles, 10 floats and 8 bands will weave from Fort DeRussy, down Ala Moana Boulevard, to Iolani Palace, beginning at 9 a.m. Call 586-0333.

Kuhio Beach Hula Show

Free show, 6-7 p.m., Tuesdays, Thursdays and Saturdays at the Kuhio Beach Hula Mound, near the Duke Kahanamoku statue, weather permitting. Call 843-8002. Seating on the grass, beach chairs, mats and cameras are welcome.

Capone's Comedy Smash 4

— Includes Luenell and Aida Rodriguez for the Neal Blaisdell Concert Hall show that begins at 8 p.m. Call 306-2926 or visit www.caponesproductions.com.

Rejuvenating Souls — Soldiers, retirees, veterans and families are invited to the following events:

- Hele Mai-Meet the Valey: 10 a.m.-2 p.m., Saturday, June 13. A day of hiking and aloha in Kamanui Valley, 1857 Ala Aolani St., Honolulu. Email mikepeacock@hawaiiivet

2vet.com.

•ASACS: Adolescent Support and Counseling Services offers an eight-week group for incoming, military teenagers. Boys group is Wednesday, 9-10 a.m.; girls are 11 a.m.-noon, beginning June 17. Location is 156 Lewis St., Bldg. 647, SB.

Topics include social media and cell phone responsibility, fears and misconceptions about high school and more. Call 655-9944.

•Out of the Darkness: Walk to prevent suicide. Check-in is 8 a.m.; walk starts at 9 a.m., Sept. 12, at Ala Moana Beach Park/Magic Island. Call 271-8582 or visit oahuoodwalk@gmail.com or www.afsp.org/walk.

15 / Monday

Vacation Bible School — VBS takes place in June. All times are 9 a.m.-noon.

- June 15-19, at HMR Chapel, for K-5th grade. Call 679-2092.
- June 22-26, at AMR Chapel, for 4-5 years old, and kids who have finished K-5th grade. Call 839-4319.

19 / Friday

Great Outdoors Expo — Three-day show

at the NBC Exhibition Hall, Friday, at 5 p.m., will showcase Hawaii outdoors activities and related products for hiking, biking, camping, surfing, snorkeling, fishing and hunting. Expo ends Sunday at 5 p.m.

20 / Saturday

Ocean Fun Run — Run along the shoreline of the Pacific Ocean, up mountainous terrain, and even through swampy waters, 7 a.m., at the Surf & Turf 5K, June 20, at Marine Corps Base Hawaii. Registration information at <http://mccshawaii.com/races/>. (See story on page B-6.)

Ongoing

Federal Survey Cards — On Sept. 2, a Federal Survey Card will be distributed to every Hawaii public school student as part of the Federal Impact Aid Program, which partially reimburses school districts that lose revenue due to the presence of tax-free federal properties. The card needs to be completed and returned to your child's school the very next day. Call the School Liaison Office at 655-8326.

worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers' Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
 - 8:30 a.m. at AMR
 - 10:30 a.m. at MPC Annex
 - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at Soldiers' Chapel and 12 p.m., TAMC

Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Friday, 7:30 p.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at Wheeler Annex

Protestant Worship

- Sunday Services
 - 9 a.m. at MPC
 - 9 a.m., at FD, TAMC chapel
 - 10 a.m. at HMR
 - 10:30 a.m. at AMR
 - 11:30 a.m. at WAAF (Spanish language)
 - 11 a.m. at SC (Contemporary)

Liturgical (Lutheran/Anglican)

- Sunday, 10 a.m. at WAAF

This Week at the MOVIES

Sgt. Smith Theater
Call 624-2585 for movie listings or go to aafes.com under realtime movie listing.



The Avengers: Age of Ultron

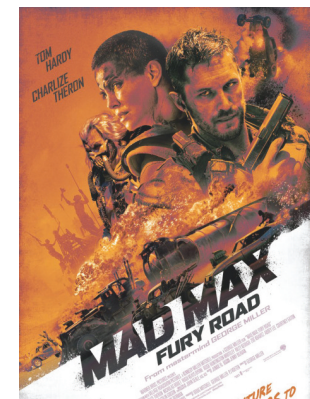
(PG-13)
Fri., June 12, 7 p.m.

Monkey Kingdom

(PG)
Sat., June 13, 4 p.m.

The Age of Adeline

(PG-13)
Sat., June 13, 7 p.m.



Mad Max: Fury Road

(R)
Thurs., June 18, 7 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

Calendar abbreviations

- 8th TSC: 8th Theater Sustainment Command
- 25th ID: 25th Infantry Division
- ACS: Army Community Service
- AFAP: Army Family Action Plan
- AFTB: Army Family Team Building
- AMR: Aliamanu Military Reservation

- ASYMCA: Armed Services YMCA
- BCT: Brigade Combat Team
- BSB: Brigade Support Battalion
- Co.: Company
- CYSS: Child, Youth and School Services
- EFMP: Exceptional Family Member Program
- FMWR: Family and Morale, Welfare and

- Recreation
- FRG: Family Readiness Group
- FS: Fort Shafter
- HMR: Helemano Military Reservation
- IPC: Island Palm Communities
- PFC: Physical Fitness Center
- SB: Schofield Barracks

- SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
- TAMC: Tripler Army Medical Center
- USAG-HI: U.S. Army Garrison-Hawaii
- USARPAC: U.S. Army-Pacific
- WAAF: Wheeler Army Airfield

GRADS: Corps of talented young academics prepare for future

CONTINUED FROM B-1

paid off in the end and that I am where I am today because of their influence on me.”

Leilehua High School

Maxwell Mulbury was named valedictorian. He’s the son of retired Col. Douglas and Renee Mulbury.

He will be attending Savannah College of Art and Design. His goal is to work in the animation field.

Mililani High School

The class of 2015 commencement ceremonies soared with three Army-connected valedictorians: Kelsea and Kiana Jones and Kalyn Wadsworth.

Kiana is headed to the University of Washington, and Kelsea decided on the University of Hawaii, West Oahu. The identical twins are planning to attend the pre-med program.

“It’s been pretty tough, but I feel like we push each other to do better in school, and we’re both competitive, but in a good way,” said Kiana.

Kelsea said, “I can imagine us having a practice together. We both want to help people, and we love working with children, so we’ll be pediatricians working together one day and having our own practice.”

The College of Agricultural and Environmental Sciences at the University of California, Davis, will be receiving Kalyn.

She said, “Maybe I’ll be the president or maybe I’ll be an astronaut,

but for now, I’ll just be a student.”

Moanalua High School

Three distinguished valedictorians are Jennifer Mead, daughter of Col. Phillip and HwaSon Mead; Madeline Snow, daughter of Col. Michael and Kelly Snow; and Bryson Chan, son of George and Lisa Chan.

Jennifer, who was class president, said, “In Hawaii, we learn that it takes rain to make a rainbow. If that’s the case, then bring on the storm!”

Madeline will be attending Texas Christian University, where she will pursue a degree in nursing. She has gone to seven different schools since kindergarten.

Bryson selected California State Polytechnic University, San Luis Obispo, where he will be studying biomedical engineering.

Radford High School

Patricia Ongcangco, daughter of Staff Sgt. Ricky and Roselle Ongcangco, and Chantel Oh, daughter of Staff Sgt. Young and Jaime Oh, were the two shining valedictorians.

Patricia replied, “I hope to see myself in the culinary industry. Maybe open up my own restaurant and be able to cook and do what I love.”

She went on to say, “Family is the most important thing to me, and I wanted to earn it for them. I want to make everyone proud.”

Chantel has decided to attend the University of Washington and major

in biology.

She said, “My plan is to become a surgical oncologist. It’s a surgeon

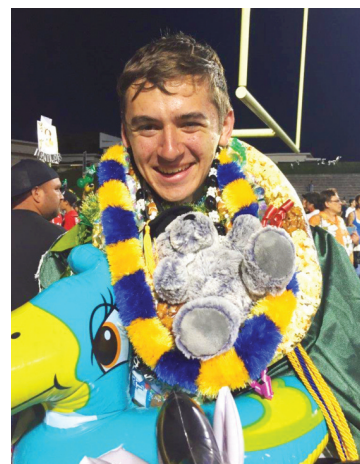
who removes and treats cancer or a cancer doctor who uses surgical methods to treat cancer.”

“Now is your chance to turn potential into reality, move forward, find yourself and be exemplary in all that you do.”

— Jon Henry Lee, principal,
Campbell High School



(Above, left to right) Campbell High School valedictorians Angelica Anne Wong, Shanell Folger and Brittney Ann Copp pose in caps and gowns. (At top right,) Leilehua High School valedictorian Maxwell Mulbury celebrates after graduation. (At bottom right,) Radford High School valedictorians Patricia Ongcangco and Chantel Oh also earn top honors.



More Online

Kelsea and Kiana Jones were featured on the KITV News at www.kitv.com/news/mililani-graduating-class-includes-twin-valedictorians/33184298.

For more on the graduation ceremonies, call the School Liaison Office at 655-8326 or visit www.hawaiipublicschools.org/.



IPC on its way to exceeding DOD energy mandates

ISLAND PALM COMMUNITIES

News Release

SCHOFIELD BARRACKS — Since Island Palm Communities (IPC) development got underway in 2004, it has gained a lot of momentum in the area of energy efficiency.

Committed to helping the Army achieve DOD requirements to have 20 percent of its energy needs met by renewable resources, the IPC partnership is looking forward to exceeding these requirements upon completing its initial development in 2020.

“Since we started our development in 2004, there’s been tremendous growth in methods,

technologies and business models surrounding energy efficiency,” said Pete Sims, regional project director for IPC. “Through a power purchase agreement with Solar City, we’re able to maximize rooftop photovoltaic (PV) systems on our homes, and along with our solar hot water program, we project nearly 30 percent of IPC’s energy needs will be met through renewable resources.”

Currently, 12 percent of IPC’s energy needs are being met by the 9.85 megawatts of PV installed on homes. When IPC’s development is complete, PVs will generate up to 18 megawatts of power, making IPC one of the

largest solar-powered communities in the world.

New strategies

A new initiative at IPC is the Building Energy Management System (BEMS). Through the innovative application of smart technology, demand management software and sizing right, IPC is modeling a 20 percent reduction in household energy.

“We installed BEMS in 24 homes last year in a pilot project, and early data shows a 10 percent reduction in home energy,” said Sims.

BEMS provides residents with real-time en-

ergy data, and it can perform an automated analysis that finds energy-wasting equipment in a home. Armed with this information, residents can make informed decisions on how they manage their household consumption and even make changes remotely.

“Our families have welcomed the tools and resources, and they’ve taken the initiative to manage their energy consumption and demonstrate through the pilot program how easily it can be accomplished,” said Sims.

Upon completing the pilot, IPC will put together a schedule to install BEMS throughout its neighborhoods over the next five years.

Assessment offers community a voice

LINDA BASS

U.S. Army Public Health Command

SCHOFIELD BARRACKS —How do you feel about your community?

Does your community meet your needs?

Are there things you would change about it?

Your opinion matters, and your local Community Health Promotion Council (CHPC) wants to hear from you.

“*This survey is designed to capture the pulse of our community members’ feelings on quality of life, health, safety and satisfaction within the USARHAW environment.*”



Jack Wiers, U.S. Army Garrison-Hawaii Public Affairs

A community assessment of USARHAW quality of life, including research on health care and facilities, and including the Schofield Barracks Health Clinic (above), is underway. An online survey and focus groups will continue through July 31.

important ‘health problems’ in your community?”

Participants will also be asked questions that will test their knowledge of certain local and Army-wide programs and initiatives, as well as identify preferred methods for receiving information about programs and services.

Focus groups will convene toward the end of the survey period to gather additional information from community members that, when combined with survey results, will produce a well-rounded set of data and community input that will

potentially shape future program and service delivery.

Focus groups will be demographic specific and include the following: retirees, active duty Soldiers, Army civilians, contractors and non-appropriated fund (NAF) employees, spouses and youth (ages 13-18).

Findings reported

Results of the assessment will be briefed to senior community leaders at the quarterly USARHAW CHPC and are expected to play a role in the identification of council priorities. Additionally, top identified issues will be assigned to functional working groups for the development of action plans and processes to address those needs.

Take the survey, be a part of a focus group and make your voice count.

(Note: Bass is the Health Promotion officer for USARHAW. General information about the CSTA is referenced from U.S. Army Public Health Command information papers.)

How to Take the Survey

All USARHAW community members are encouraged to participate. The survey should take 15-20 minutes and is available online at the following link:

<https://usaphcapps.amedd.army.mil/Survey/se.ashx?s=251137454A49E7B5>.



Assessment survey

The first-ever Community Strengths and Themes Assessment (CSTA) is underway at U.S. Army-Hawaii (USARHAW) and will run through July 31st.

Developed as a “holistic approach to assess the community for needs, this survey is designed to capture the pulse of our community members’ feelings on quality of life, health, safety and satisfaction” within the USARHAW environment.

The assessment is one part of a collaborative effort between local Health Promotion Operations and Army Public Health Nursing (APHN) to complete a comprehensive Community Health Needs Assessment and will be executed in two parts – an online survey followed by focus groups.

Targeted topics

Survey questions cover a wide variety of topics related to health, wellness and resiliency, and how well community programs and services address community members’ needs.

Participants will be asked such questions as “What do you think are the three most important factors for a ‘healthy community?’” and “What do you think are the top five most

Join a Focus Group

Community members who wish to participate in a focus group should email the Health Promotion officer, Linda Bass, in global email. Please provide your full name, contact information and which focus group you would like to participate in. Each focus group will be limited to 15 participants.

Parents of youth who wish to participate in a focus group should also contact the Health Promotion officer for a permission form.

Focus group dates, times and locations will be disseminated to selected participants via email.



TAMC TIP

TAMC EXTENDS INVITATION

Tripler’s Family Medicine Clinic will offer school and sports physicals and the Immunizations Clinic for its patients



on select Saturdays through the end of July.

The clinics will be open from 8 a.m.-12 noon on June 27, July 11 and July 25.

Tripler Family Medicine Clinic enrollees, ages 4-18 years old, are invited to complete their physicals.

Please remember to bring the physical (actual) forms, immunization records and military ID.

Call 433-2778 to schedule an appointment, and walk-ins accepted until noon on each day.





Photos courtesy of Marine Corps Base Hawaii

Marine Corps Base Hawaii's Surf & Turf 5K race takes runners across a portion of Kaneohe Klipper Golf Course and along Pyramid and North Beach.

K-Bay offers runners scenery

MARINE CORPS COMMUNITY SERVICES

News Release

MARINE CORPS BASE HAWAII, Kaneohe Bay — Splash into summer with the Marines at the Surf & Turf 5K run happening at 6:30 a.m., Saturday, June 20, here.

Open to the public, the 5K race, starts and finishes across from the Officers Club and features a beautiful morning run across a portion of the Kaneohe Klipper Golf Course and along Pyramid and North Beach.

Runners taking part in the race will enjoy great views of the Ko'olau Mountains and Kaneohe Bay as a backdrop.

Online registration is available until 11:59 p.m., Tuesday, June 16. Entry is \$25, per runner, with a late fee of \$10 per person for all registrations received after Friday, June 12.

Runners registering after June 16 must do so at the MCBH Semper Fit Center, and will not be guaranteed a race T-shirt. On-site registration on the morning of the race will be \$35.

Winners will be awarded in 10 age divisions. The top three male and female finishers from each age division will be recognized. The categories range from 14 years and under to 55 years and above. Awards will also be given to the top three male and female finishers of the overall race.

Race packets for civilians will contain special event passes for race day and will be available for pick-up Thursday, June 18, at the MCBH main gate pass house parking lot between 12 p.m. - 5 p.m.

Military members can pick up their race packets Thursday, June 18, at the front gate or Friday, June 19, at the Semper Fit Center, from 10 a.m.-4 p.m. Packets will also be available for pick-up the day of the race at the Officers Club.

This family-friendly event is part of the Commanding Officer's Semper Fit Race Series and provides runners across the island an opportunity to mingle and compete with Hawaii's Marines and Sailors.



The June 20 Surf & Turf 5K run offers a Kaneohe Bay coastline experience.

Point of Contact

For more information, contact the Semper Fit Varsity Sports coordinator at (808) 254-7590.

Contest: All levels are judged

CONTINUED FROM B-2

The contest is open to MWR patrons from all branches of the U.S. military.

Where feasible, the Army will host regional competitions, and forward winning entries for judging at the Army-wide level.

Submissions, to the region and Department of Army levels, will be digital .jpg images of the work submitted via the Web through the MWR website.

The contest entries will be judged in two classes. Group I, or novice, is for individuals, whose art skills have not been gained in formal education leading to college credit or a college degree. Group II, or accomplished, is for individuals, who have gained skills and knowledge through formal courses leading to credit in college or art schools, and those who have received awards in professional competitions or Army art contests.

Categories

The artworks must be entered in one of the following categories:

•**Ceramic art:** Inorganic and nonmetallic materials, which include items like tiles, plates, vases, sculptures, etc., and often covered in decorative stains, glazes, etc.

•**Digital art:** Artistic work or practice, which uses digital technology as an essential part of the creative/presentation process (digitally-altered photographs should be entered in the 2015 Army digital photography contest in October).

•**Drawings:** Instruments may include graphite pencils, pen and ink, markers, wax color pencils, crayons, charcoal, chalk and pastels, etc.

•**Fiber art:** Refers to art with materials consisting of fiber and other components, such as fabric or yarn, focusing on the materials and on the manual labor.

•**Glass art:** Non-crystalline solid

material used to create glass art, which may include vases, sculpture, glass tile mosaics, ornaments, stained glass, fused glass, jewelry, etc.

•**Metal art:** The process of working predominantly with metal to create a wide range of work from sculptures, figurines, kinetic works, metal jewelry, etc.

•**Mixed media 2D:** More than one medium employed and combines various distinct types of art media, i.e., a work on canvas, which combines paint, ink and collage.

•**Mixed media 3D:** More than one medium, anything that can be handled, touched or perceived to be three dimensional. (Think about using recycled/repurposed objects.)

•**Paintings:** Applying paint, pigment, color or other medium (acrylic, oil, ink, gouache, fresco) to a surface using airbrush, brushes, sponges, etc.

•**Wood art:** Wood used in forms of sculpture, craft, construction and decoration, for example, furniture, carvings, musical instruments, toys, etc.

Each contestant can enter, as many as three pieces per category, at the garrison level. All submissions must be an MWR authorized patron's original work completed since July 1, 2014. Previous contest entries are not eligible.

Works done on official duty, illustrations, training aids or similar assignments are ineligible, but contestants should feel free to allow their military experiences to influence their work.

Entries will be accepted until July 31. Department of the Army-level judging will be in August.

Online Site

Visit the Arts & Crafts Center at www.himwr.com/recreation-and-leisure/arts-a-crafts.



An MWR employee at Fort Hood, Texas, had urged Myrna Hawkins to enter her jewelry in the contest. She's now a regular in the event.