



THE 1ST INFANTRY DIVISION POST



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FORT RILEY, KANSAS

Former 'Big Red One' commander commissions K-State cadets

By Chad L. Simon
1ST INF. DIV. PUBLIC AFFAIRS

Lt. Gen. Paul E. Funk II, III Corps and Fort Hood commanding general, was the guest speaker May 12 as 19 Kansas State University Reserve Officer Training Corps cadets from the Wildcat Battalion received their commissioning as officers during a ceremony held in a ballroom inside the K-State Student Union.

Each cadet was commissioned as a second lieutenant in either the active U.S. Army or as the Army National Guard. Each lieutenant took the Oath of Office, was pinned by individual or individuals of their choice and then received and rendered their first salute as a commissioned officer.

"They will all be vital members of our total Army team, and they will be successful because of the support of all that have helped them here today," Funk said. "The foundation of their leadership development began right here."

Funk is no stranger to the area, having served as the 1st Infantry Division and Fort Riley commanding general from May 2013 to August 2015.

"It's like being back home," Funk said. "I just love the Central Flint Hills and I love the community at Kansas State. I love the environment they create for our Soldiers, families and friends. They are, in fact, what's right about America."

III Corps is the higher headquarters for the 1st Inf. Div., as well as the 1st Cavalry Division, 1st Armored Division and 4th Infantry Division.

"It brings back a flood of memories," Funk said. "I can remember when my dad commissioned me at Montana State University. One of the greatest attributes of our country is serving in an all-volunteer force and putting yourself in harm's way for the greater good of all of us."

Hearing from commanders like Funk is valuable for commissioning officer, said Lt. Col. Peter Gray, military science professor at K-State.

"We were glad to be able to bring him back to talk to these brand-new second lieutenants,"

See K-STATE, page 8

Land component commander conducts key visits across Iraq



Maj. Gen. Joseph Martin, commander, Combined Joint Forces Land Component Command - Operation Inherent Resolve, visits with residents of Eastern Mosul March 1. This visit highlighted both the needs of Mosul residents, and their resiliency in returning to normal life after ISIS.

By Sgt. Anna Pongo
CJFLCC - OIR PUBLIC AFFAIRS

BAGHDAD – Maj. Gen. Joseph Martin, commander, 1st Infantry Division and Fort Riley, and commanding general, Combined Joint Forces Land Component Command-Operation Inherent Resolve, conducts weekly battlefield circulations to sites across Iraq to visit with Coalition service members and Iraqi partners.

These battlefield circulations, or BFCs, provide Martin a unique and important view of what is going on across Iraq as the Coalition works to support the Iraqi Security Forces in their fight against ISIS.

"I get briefings all the time back here," Martin said. "I talk to people all the time on the phone. I get emails; I get reports. But one hour of BFCs is worth 10 hours of those reports, those briefings, those emails. You see things with your own eyes. You get to interact with people. You get to influence people."

Each BFC is arranged to meet a specific commander's intent, Capt. Aaron Griffith,

See VISITS, page 8

Scientists learn history of Spanish Flu at Fort Riley

By Season Osterfeld
1ST INF. DIV. POST

More than 25 scientists from around the globe visited Fort Riley May 10 to hear the history of the 1918 Spanish Flu outbreak at the installation and tour the museums.

The scientists were in Manhattan, Kansas, May 7 to 10 for the 8th International Conference on Emerging Zoonosis hosted by staff of Kansas State University. The conference is held every three years and consists of an interdisciplinary forum of physicians, veterinarians, epidemiologists, immunologists, virologists, microbiologists, public health experts and others. During the event, the transmission of infectious diseases from animals to humans and the economic impact of transboundary diseases were discussion topics.

With the assistance of retired Lt. Col. Arthur DeGroat, director of mili-

tary affairs at Kansas State University, and Capt. Jamie Pecha, 1st Infantry Division preventive medicine officer, the international scientists received the history of the H1N1 Influenza, or Spanish Flu, that struck Fort Riley and spread across the world in 1918.

Fort Riley is believed to be the origin of the world-wide epidemic that killed millions, said Robert Smith, director of the museum division at Fort Riley.

"It was probably the greatest pandemic the world has ever seen," he said. "They (researchers) think it killed between 2 and 4 percent of the world's population. It was even greater than the bubonic plague back in the 14th century."

Over lunch at Demon Dining Facility, Smith presented the history of the Spanish Flu at Fort Riley, as well as background on the installation and living conditions of Soldiers at that time. With a smirk, Smith told the scientists

that patient zero was an Army cook named Albert Gitchell.

"They thought it mutated from pigs and then infected some Soldiers, some draftees, from Pascal County, Kansas, and they came here to train at Fort Riley and then the first recorded flu case here was a cook of all people," he said.

Stephanie Hober, grant specialist, Kansas State University Center of Excellence for Emerging and Zoonotic Animal Diseases, said the tour and history were enjoyable and gave the group local background information on an epidemic several have studied.

"They're getting to see the historical significance of Fort Riley in the outbreak of the Spanish Flu and the impact it had on the surrounding area here in the time it happened and the advances they've made since that time," she said.

Understanding the history of the 1918 Spanish Flu and how it spread

through a military installation, across the nation and internationally helps scientists develop a larger picture on how viruses and diseases transform into pandemics and on to epidemics, said conference co-host Dr. Jürgen Richt, from Kansas State University's Center of Excellence for Emerging and Zoonotic Animal Diseases.

"It's history and it's very good that Fort Riley is a historic place and has a historian who is very able to describe well the history of how from Fort Riley these disease evolved and causes millions and millions of deaths," Richt said. "It's very important to have this historical perspective."

Richt said the conference gets the scientists and experts communicating across disciplines when they normally would not. They can exchange information and work together to

See SCIENTISTS, page 10

Nurses' week celebrated with cake cutting, award presentation

Story and photo by Maria Childs
1ST INF. DIV. POST

The Fort Riley community celebrated National Nurses Week with a cake cutting ceremony and the presentation of the first DAISY Award winner May 8 in the healing garden at Irwin Army Community Hospital.

According to the DAISY Foundation website, DAISY is an acronym that stands for Disease Attacking the Immune System. The award was established in honor of Patrick Barnes, a patient who died from an auto-immune disease in 1999. His family wanted to find a way to honor the nurses

who assisted when he was sick and created the foundation to honor nurses across the country.

This year, IACH staff decided to participate in the international DAISY award for Extraordinary Nurses Program to recognize accomplishments of nurses at Fort Riley. The award will be given quarterly.

LaShon Turner, a registered nurse at IACH, was nominated by Scot Bird, installation transportation officer and a patient at IACH, to receive the DAISY award during the ceremony.

"I would like to thank LaShon Turner for her dedication and commitment to performance, customer service

and professionalism that (she) has continued to demonstrate throughout the years that she has been assigned as my primary care nurse at IACH," Bird's nomination read. "The long story short is that I am a retired first sergeant that was diagnosed with stage III throat cancer in July 2015. She has been a godsend, to say the least, from the start of my treatments, not only to me, but my family as well."

From the beginning of Bird's treatments, Turner provided support, which included ensuring the necessary outpatient services were requested and submitted, referrals processed, prescriptions were sub-

mitted and refilled. She also worked to correct billings that were submitted erroneously or denied by TRICARE in a timely manner.

"I not only witnessed it firsthand, but learned a long time ago that her work ethics and overall responsibilities did not stop at the front desk ... during the entire time I have been assigned to her clinic at the IACH hospital," Bird said.

Turner received a certificate of appreciation, a goody bag and a sculpture titled "The Healer's Touch" from Col. Mark MacDougall, chief of nursing at IACH. She also cut

See NURSES, page 10



Col. Mark MacDougall, left, chief of nursing at Irwin Army Community Hospital, presents LaShon Turner, right, registered nurse at IACH, with the DAISY award for Extraordinary Nurses May 8 in the healing garden outside IACH.

FORT RILEY VOLUNTEER SPOTLIGHT



Retired Chief Warrant Officer 3 Gordon Allen volunteers at Fort Riley Arts and Crafts. He is instrumental in helping run the workshop, assisting customers with their projects. He also gives guidance in the matting and framing area.

To learn more about volunteer opportunities, call Becky Willis, Army Volunteer Corps Program manager, at 785-239-4593.

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FORT RILEY COMMUNITY CELEBRATES MOTHER'S DAY WITH DIVA DASH, SEE PAGE 11.

ALSO IN THIS ISSUE



INTRAMURAL SOFTBALL SEASON BEGINS AT FORT RILEY, SEE PAGE 15.



Team of 8 years continues providing childcare at Fort Riley center

Story and photos by Suet Lee-Growney
1ST INF. DIV. POST

Paul Curry, lead child and youth program assistant at Forsyth Child Development Center at Fort Riley, tore open a small tub of pureed baby food and put it onto a tiny plate as a little one babbled to him.

“I know, I know!” Curry said to offer words of comfort to the child chattering at his feet. “I’m hurrying!”

While Curry was plating food for that baby, Tamara

Roth, primary CYPA, sat cross legged on the floor cooing and holding a bottle for 10-month-old Lyla Hughes, daughter of Sgt. Nathan Hughes of Headquarters and Headquarters Company, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, cradled in her arms. Just seconds ago, Lyla, too, was fussing to be fed.

Roth and Curry care for 6- to 18-month-old children, they maintain a very calm and lighthearted atmosphere in their room.

“Our room is very calm,” Roth said. “We both know kids feel your stress.”

They will have worked together for eight years in July. They first met at the job fair that led them to this job. The two went through training together and both have their own strengths.

“I like to think it’s a yin and yang system going down,” Curry said. “(Roth) likes to do other stuff like the designings of the room and keeping it clean.”

Roth gets pulled out to take over various responsibilities at the Forsyth CDC, so she relies heavily on Curry to take care of the classroom in her absence.

“(Curry) does a lot of the lesson plans,” Roth said. “Basically, we just do a lot of communicating so that we can keep it smooth.”

Curry and Roth joke around with each other a lot and have fun working together.

“Actually, I’m old enough to be his mother, so I do keep him in line,” Roth teased. It took about two months of working together for Roth to realize Curry had gone to college with her son. “So then we just clicked.”

Roth loves singing to the infants in their room.



Paul Curry, lead child and youth program assistant at Forsyth Child Development Center Fort Riley, plays with 10-month-old Lyla Hughes, daughter of Sgt. Nathan Hughes of Headquarters and Headquarters Company, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division. Curry creates the class lesson plans and brings a lot of fun to children under his care with his jokes and comical antics.

“She usually makes up all the words to the songs, so it comes up pretty interesting,” Curry said. “She tries to use everybody’s name and make stuff rhyme.”

Roth responded saying the rhyming doesn’t always happen.

“She gives it the ol’ college try, but I like it,” Curry said.

“(Roth) likes to have fun with the kids, pretty much just like me.”

Lyla’s mother, Amanda Hughes, is thankful to have Curry and Roth care for her child.

“I think they’re a fantastic team,” Hughes said. “(Lyla) is happy to see them every morning when she comes in

and doesn’t get sad when I leave.”

Curry and Roth have gotten to know Lyla well and formed a strong relationship with her. This is the same relationship the pair said they foster with every child under their care.

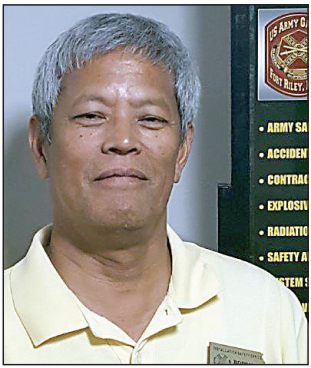
“Makes me feel good as a parent that (Lyla) is happy to be with them,” Hughes said.

Fort Riley safety specialist receives Army Defensive Driving Instructor Award

By Season Osterfeld
1ST INF. DIV. POST

Every day, personnel at Fort Riley put their heart and soul into their jobs to assist Soldiers and their families at the installation. Some of those personnel stand out above the rest, like Rod Cruz, safety specialist for the Fort Riley Garrison Safety Office. Cruz was recognized by the National Safety Council and received the Army Defensive Driver Instructor of the Year for fiscal year 2016.

Cruz was nominated for the award by Rick Hearron, Fort Riley installation safety manager, and Dawn Douglas, safety occupational health specialist, garrison safety office, because of the outstanding work he does, Hearron said.



Rod Cruz

“Every office has one of those go-to individuals,” Hearron said. “He is my go-to individual. I have to tell him to take leave otherwise he’ll always be here.”

He added he was very proud of Cruz and glad to have him as part of the Fort Riley team.

Cruz said the nomination and award meant a lot to him. He became a defensive driving course instructor after becoming a child safety seat technician. Part of his motivation to do so came from his desire to assist Soldiers and their families, especially teenagers. The other part came after his sister was fatally injured in a car accident.

In the defensive driving course, Cruz said he and other instructors teach their students how to identify or recognize hazards and the appropriate actions to take in response to them. They also share methods of avoiding collisions and common factors or behaviors that increase the likelihood of an accident.

“When they hear of the defensive driving course, a

lot of people think we teach driving,” he said. “We don’t teach driving. We teach them how to identify and recognize hazards when you’re driving, how to act with that hazard and what’s your reaction to that hazard ... We also teach how to avoid collisions — what you’re going to do to avoid collisions. Like following too closely, speeding.”

Through his classes, Cruz said he wants his students to think “what if” each time they step into a vehicle and to understand what is most important.

“Cars are materials,” he said. “You can replace cars, but not lives.”

He said he enjoys teaching the classes because he appreciates the dialogue between him and his students through the

videos and stories he shares and the experiences they relay back to him.

“I like teaching this defensive driving course because I get reactions,” he said. “They share their experience and that’s when I learn from them.”

Cruz said he believes he was selected for the award because of his approach to teaching. He does not wait for someone to contact him for the class, he brings the class to them.

“I think for us, the main (thing) is that it’s about the Soldiers, the teenagers, the dependents,” he said. “The way I look at, it’s for everybody, and bringing the class to the group or individuals instead of just waiting for the organization or individuals to call.”

While he said he is honored to win, he is also humbled and

stated he was certain there was a more deserving instructor out there.

“Winning this, it’s a big thing, but I just don’t know how I feel,” Cruz said. “I think there’s an instructor out there who is better than I.”

The defensive driving class is taught the fourth Thursday of the month. Arrangements can also be made with garrison safety office staff to have the four-hour class brought to a unit or organization like a Family Readiness Group.

Cruz said some insurance carriers also offer a 10- to 15-percent discount on insurance premiums for graduates.

For more information about the defensive driving course, call Garrison Safety Office at 785-239-2514.



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FORT RILEY

GUIDE AND DIRECTORY

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MICC Fort RILEY Acquisition Forecast Open House
Supporting America's Small Business



Mission Installation Contracting Command (MICC) Fort Riley invites you to an Acquisition Open House Forum

June 7, 2017
9:00 a.m. to 12 Noon
Registration begins at 8:00 a.m.

MICC Riley’s Contracting Office
1792 12th Street (Bldg. # 1792*) Fort Riley, KS 66442

Meet representatives from Fort Riley’s Leadership, Small Business Administration (SBA) Business Development Specialist, the Kansas Procurement Technical Assistance Center (PTAC), FedBid Inc. Individuals will be accessible during the Open House. Anticipate shared briefings and a discussion of Riley’s expected contracting opportunities for 2017.

There is no fee to attend but registration is required! PLEASE Register On-Line Only at: <http://bit.ly/2gtELvT> Pre-registration closes at noon on 2 June 17.

*NOTE: Attendees without a DOD ID card who wish to enter Fort Riley are reminded that a temporary Fort Riley Access Pass or Badge is required at the Main access point (Henry Gate). For questions regarding access requirements contact the Visitor Control Center at (785) 239-2982 or email usarmy.riley.incom-central.mbx.des-vcg@mail.mil. POC for directional guidance is SFC Brown, Dontrell (785) 239-7903.

To Speak with the Event Coordinator (SFC Brown, Dontrell) Please Call 785-239-9703

MICC Fort Riley’s Forecast Forum Begins at 9:00 a.m.

The Procurement Technical Assistance Center (PTAC) is funded in part through a cooperative agreement from the Department of Defense (DoD) through a program that is Administered by the Defense Logistics Agency (DLA)



Kansas PTAC
Procurement Technical Assistance Center



THE FIGHTING FIRST!

Tom Loper: A ‘Big Red One’ Soldier



THEN

By Phyllis Fitzgerald
SPECIAL TO THE POST

A native of Austin, Texas, Tom Loper enlisted in the Army in September 1972. He went to basic training at Fort Polk, Louisiana, then took on-the-job training at Fort Hood, Texas, and earned the military occupational specialties of 19E, M-60 Patton Tank, and MOS 19K, M1 Abrams Tank Armor Crewman. Loper’s first duty assignment was to an armored battalion of the 2nd Armored Division at

Fort Hood. He served there from 1973 to 1974. Loper’s next assignment was to Panzer Kaserne in Stuttgart, Germany, where he served from 1974 to 1977. After Germany he was re-assigned to Fort Hood, where he served with the 8th Engineer Bn., 1st Cavalry Division, as a tank commander on a combat engineer vehicle from 1977 to 1979. In 1979, he returned to Germany where he served with the 37th Armor Bn., 1st Armored Division, as a platoon sergeant. Loper returned to Fort Hood in 1982 and was

assigned to the 1st Cavalry Div. as a platoon sergeant. He was also noncommissioned officer in charge of the Correctional Custody Facility. After this, Loper came to Fort Riley, Kansas, where he was assigned to the NCO Academy and instructed the 19K Basic Non-Commission Officer Course. Later, he was assigned to 1st Bn., 34th Armored Regiment, 1st Infantry Div., as a platoon sergeant acting first sergeant. In 1990, Loper returned to Germany and was assigned to 3rd Bn., 77th Armor Regt. 8th Inf. Div., in Mannheim. He deployed to Operation Desert Storm with this unit. In 1993, he returned to Fort Riley and was assigned to 3rd Bn., 37th Armored Regt., 1st Inf. Div., where he served until his retirement as a sergeant first class after 21 years of service. “Since retirement from the Army, I have attended Manhattan Technical College for one year,” Loper said. “I also worked for seven years as a security guard at the Eisenhower Center in Abilene, Kansas, and I worked on Fort Riley for 12 years in various jobs and positions.” Today, Loper is fully retired and enjoying his time in the area, he said. He is also

a member of the American Legion. “We stayed in Junction City because my wife (Julia) was working as a Civil Servant on Fort Riley and recently retired after 38 years,” he said. “I enjoy

living in Kansas because of the hunting and fishing and I am taking life one day at a time.”
Editor’s Note: To submit your Big Red One story, email fitzmiss@yahoo.com.

& NOW



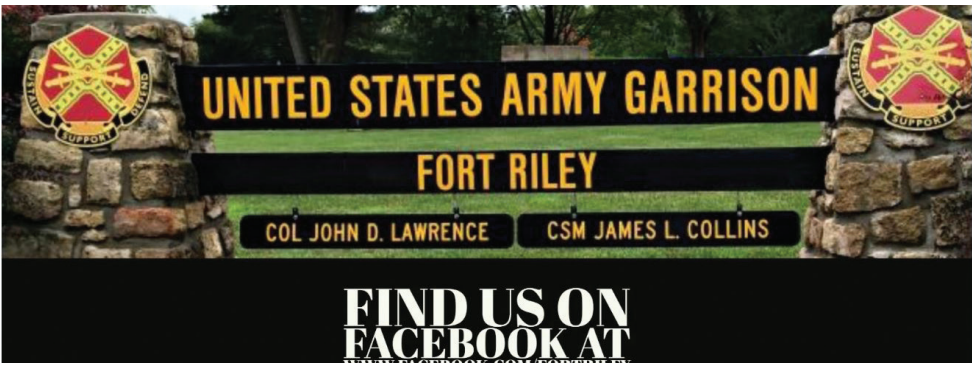
BEST PLACE TO LIVE BEST PLACE TO TRAIN BEST PLACE TO DEPLOY FROM BEST PLACE TO COME HOME TO

WINNERS OF THE ARMY SUBSTANCE ABUSE PROGRAM SCAVENGER HUNT RECOGNIZED



LEFT: Brandon French, prevention coordinator, Army Substance Abuse Program, presents Somer Martin, the second-prize winner of the ASAP Scavenger Hunt, with one driver after she completed hunt, which occurred during the month of April. RIGHT: Brandon French, prevention coordinator, Army Substance Abuse Prevention Program, presents Scott Stuart Chaparro with three drivers, one wedge, one putter and a golf bag as the grand-prize recipient after completing the ASAP Scavenger Hunt, which occurred during the month of April.

Nicole Sizemore | ASAP



RILEY ROUNDTABLE

What do you appreciate about your spouse?



"Her patience with me and her patience with the Army."

**CAPT. TRAVIS FIELDER
SHELL KNOB, MISSOURI**

Company C, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division.



"I appreciate his support and I appreciate his sacrifice."

**SGT. 1ST CLASS LATOYA SOYKE
ROCK HILL, SOUTH CAROLINA**

Company E, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Aviation Brigade, 1st Infantry Division



"I've been married to her for 15 years. She puts everyone else before her."

**SGT. RONDELL HARTLEY
VIRGINIA BEACH, VIRGINIA**

Headquarters and Headquarters Company, Headquarters and Headquarters Battalion, 1st Infantry Division



"Everything. There's nothing that I don't appreciate about her."

**CHAPLAIN (MAJ.) CHRISTIAN GOZA
CHATTANOOGA, TENNESSEE**

Headquarters and Headquarters Battalion, 1st Infantry Division



"He's thoughtful. If I say that I like something, he'll get it or ask me if I want it. If there's something I'd like to get done, he reminds me."

**SGT. JESSICA MCCLINTON
BASKIN, LOUISIANA**

Headquarters and Headquarters Battalion, 1st Infantry Division

THE 1ST INFANTRY DIVISION POST

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FATALITY-FREE DAYS



As of Wednesday, May 17, 313 days have passed since the last vehicular fatality at Fort Riley. Safe driving doesn't happen by accident. For more information about safety, call the Garrison Safety Office at 785-239-0514.

COMMAND TEAM CORNER

Soldiers, families at Fort Riley must commit to safety

Soldiers, families and friends of the 1st Infantry Division,

While it can be hard to tell, given Kansas' rapidly shifting weather, it's been spring here in the Flint Hills for almost a month. And though summer doesn't officially begin until June 20, it's safe to say that warm weather is here at last.

For outdoor enthusiasts, motorcyclists, parents, athletes and many others, this is a great time of year. But in that rush to get out and enjoy the weather, I urge you to keep summer safety in mind.

May 26 will mark the beginning of the Installation Management Command's Summer Safety Campaign, "111 Days of Summer." This campaign, which runs through September, aims to promote resiliency within the Fort Riley community by making sure Soldiers, family members and Department of

the Army civilians can avoid accidents and injuries, both on and off duty.

Those new to Fort Riley may be interested to know that the average temperature in Kansas is 80 degrees, while July and August can see averages well above 90 degrees. And with humidity, summer days can feel much hotter. Common heat injuries include sunburns, heat rashes and heat cramps, while more severe injuries include heat exhaustion and heat stroke.

To combat these heat injuries, make sure to wear sunscreen, SPF of 45 or higher is recommended, and reapply often. Avoid extended exposure to the sun during peak hours, between 10 a.m. and 4 p.m. Cover up with a hat or beach umbrella when outside, and seek medical care if you experience a severe burn.

Also, make sure to stay hydrated at all times. The Na-

tional Safety Council recommends drinking one quart per hour of active work or exercise for the average adult, or 128 ounces every four hours, and that intake should be distributed over a period of time.

Alcohol can also be a factor in summer safety. Alcohol consumption leads to impaired judgement, poor vision and a delayed or slowed reaction time. At no time should you or someone you know drink and drive. Be it through a friend, a taxi or your chain of command, there is always a way to get home safely.

Warmer weather means more time on the lake. Similar to an automobile, do not drink and operate a boat. Maintain your boat and keep legally mandated equipment on board and in good condition.

Most boating accidents involve capsizing, falls overboard and collisions. The vast

majority of fatalities are subsequently caused by drowning, and in nearly all cases, personal flotation devices were not worn. It is the law of this state that all boats have PFDs in appropriate sizes readily accessible for each person on board or being towed. Following this law can save a life.

These are just some of the concerns you must keep in mind this summer. The Fort Riley Safety Office will provide more information as the 111 Days of Summer continue. You can reach the safety office at 785-240-0647 or at www.riley.army.mil/Units/Garrison-Command/Safety for more information.

Have fun, stay safe — Duty First!

Command Sgt. Maj. Jonathan D. Stephens

1st Inf. Div. and Fort Riley acting senior noncommissioned officer

Memorial Day safety: Avoiding dangerous waters

BY GARRISON SAFETY OFFICE

Memorial Day, which is observed on the last Monday in the month of May, is a time to remember the great sacrifices the men and women of the armed services make to defend our way of life. Soldiers understand the risks and still say, "yes, I will go." We call that "courageous." But when a Soldier loses his or her life in a recreational incident during the Memorial Day weekend celebration, we will call that "tragic."

Over the last 10 years, an average of nine Soldiers each year lost their lives while participating in water-related activities — 85 percent occurred off duty. Between fiscal year 2014 to 2016, there were 20 water-related fatalities and nine specifically related to drowning. Most of the fatalities occurred in natural waters and more than a third involved some sort of watercraft. While less than half of the reports received identified errors, those identified are insufficient planning, lack of situational awareness and failure to use the required safety equipment.

In a number of the cases alcohol was a factor.

Memorial Day holiday weekend, May 26 through 29, officially starts the 111-Days of Summer Safety Campaign and many Soldiers, family members, Department of the Army civilians and retirees will spend part of the weekend relaxing in the summer sun in a pool, lake or at a beach. Following a few safety tips can keep Team Riley safe and prevent avoidable accidents and injuries.

POOL SAFETY

Ideally, we should know how to swim before enjoying the water, but even if you consider yourself a strong swimmer and in good physical condition, water temperature, inattention, alcohol, insufficient planning, horseplay, fatigue and

over confidence can turn recreational fun into a tragedy quickly. While at the pool:

- Swim in designated areas supervised by lifeguards. Always swim with a buddy. Do not allow anyone to swim alone.
- Have young children or inexperienced swimmers wear U.S. Coast Guard-approved life jackets around water, but do not rely on life jackets alone.
- Have appropriate equipment, such as reaching or throwing equipment, a cell phone, life jackets and a first aid kit.

With children, constant supervision is key:

- If you have a pool, secure it with appropriate barriers. Many children who drown in home pools were out of sight for less than five minutes and in the care of one or both parents at the time.
- Never leave a young child unattended near water and do not trust a child's life to another child — teach children to always ask permission to go near water.
- Avoid distractions when supervising children around water.
- If a child is missing, check the water first. Seconds count in preventing death or disability.

Swimming in natural swimming areas such as lakes, beaches and ponds.

Swimming in a lake, pond or ocean requires a different set of skills.

Strong undercurrents, water temperatures, riptides, natural barriers and aquatic life make swimming a more challenging endeavor. While you're enjoying the water, keep alert and check the local weather conditions. Make sure you swim sober and you never swim alone. Even if you're confident in your swimming skills, make sure you have enough

energy to swim back to shore.

Following basic beach safety rules can prevent injuries or death from accidental drownings:

- Check water temperatures. Typical pool temperature ranges from 77 to 82 degrees Fahrenheit. Any water temperature below 70 F can be dangerous.
- Below 77 F breathing can be affected and holding your breath becomes increasingly more difficult as water temperatures drop below 70 F
- Water temperature between 50 to 60 F can create "cold shock." Unprotected, like wearing no thermal gear such as a wetsuit, immersion can cause people to completely lose control of their breathing causing gasping and hyperventilation
- Water below 40 F is so painfully cold it feels like it's burning your skin and unprotected immersion can cause mental confusion, loss of breathing control, panic and mental stress — conditions that can cause even an experienced swimmer to drown.
- Slowly acclimate to the water temperature. Acclimation reduces the intensity of cold shock, but it does not protect against incapacitation, swimming failure and hypothermia
- Body fat does not reduce the intensity of cold shock, but it does provide isolation, slows heat loss and delays incapacitation and hypothermia.
- Even if you are swimming in a natural swimming area, avoid areas that do not have a lifeguard on duty. Lifeguards are trained to aid victims who may be in danger because of riptides, strong currents, hypothermia or other emergencies.

- No one should use a flotation device unless they are able to swim. The only exception is a person wearing a Coast Guard-approved life jacket.
- Don't dive headfirst — protect your neck. Check for depth and obstructions before diving and go in feet first the first time.
- Pay close attention to children and elderly persons when at the beach. Even in shallow water, wave action can cause a loss of footing.

Be aware of rip currents, which are responsible for any number of deaths on our nation's beaches every year, and for most of the rescues performed by lifeguards. For your safety, be aware of the danger of rip currents and remember the following:

If you are caught in a rip current, swim parallel to the shore until you are out of the current. Once you are free, turn and swim toward shore. If you can't swim to the shore, float or tread water until you are free of the rip current and then head toward shore.

- Stay at least 100 feet away from piers and jetties. Permanent rip currents often exist near these structures.
- Lifeguards refer to rip currents as "drowning machines." The National Weather Service has created online training to help swimmers identify rip currents. You access the online training for free at the www.ripcurrents.noaa.gov

Whether you are spending your Memorial Day Weekend in the beautiful Flinthills or traveling to destinations beyond, remember to celebrate safely. Making good personal decisions concerning risks will payoff dividends in the long run. For more information, contact the Garrison Safety Office at 785-240-0647.



Public Service Recognition Week "Army Civilians—Making an Impact for Our Army" May 7-13, 2017

Public service is a noble and worthy calling. For over 30 years, during the first week of May, our Nation has honored and thanked the men and women of our Government's workforce for their tireless service. Our Army—since the Revolutionary War—has relied on its Civilian workforce to provide expertise, stability, and continuity of operations.

The men and women of our Army Civilian Corps are integral to the Army Team that truly makes us "One Army." For more than 240 years, Army Civilians have served alongside Soldiers. And today, Army Civilians in 497 occupations serve around the world. From engineering to cyber defense, research and development to acquisition, Army Civilians provide critical support daily.

Given the role that Civilians play in Army Readiness, it is essential that we continue to invest in and develop our Civilian technical experts, functional managers, and enterprise leaders throughout the force. We need an engaged Civilian workforce with a vibrant esprit de corps that provides the capabilities necessary to accomplish the Army's mission and ensure that we remain a ready and modern Army.

To everyone that we honor during Public Service Recognition Week, thank you for a job well done. Army Strong!

Daniel A. Dailey
Sergeant Major of the Army

Mark A. Milley
General, United States Army
Chief of Staff

Robert M. Speer
Acting Secretary of the Army

The next USAG Resilience Day Off is

MAY

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Spirit of first Bandido commander lives on in ‘Big Red One’ company

By Staff Sgt. Warren W. Wright Jr.
1ST ABCT PUBLIC AFFAIRS

CAMP HOVEY, South Korea – For the Soldiers of Company C, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, maintaining the legacy of the company’s first Bandido commander is serious business; one that each Bandido Soldier lives each and every day.

Co. C, or as it’s officially named, Bandido Charlie, first got its designation in 1967 during the Vietnam War when 1st Lt. Larry A. Garner assumed command of the unit. While in command and leading his troops in battle, Garner would routinely wear a red bandana around his neck, and it didn’t take long for his men to follow suit.

After seeing the Soldiers in their red bandanas and in clear violation of uniform regulations, the battalion commander told Garner that he and his men “looked like a bunch of bandidos.” Liking the name, Garner immediately began referring to the company as Bandido Charlie.

“His mentality was a somewhat renegade mentality, but they were the best at what they did so they got away with it,” said Capt. Robert C. Churchill, the current commander of Bandido Charlie and a

native of Flushing, Michigan. “He found a way to rally his men and it was to do something that was against all regulations, but they rallied behind a logo, they rallied behind a red bandana and ultimately behind Larry Garner, who found a way to build a cohesive team.”

After renaming the company, Garner acquired more bandanas for his men and worked with the company to design a unit patch and company specific flag, or guidon, the same pattern used on the company’s guidon today.

“These men and women were put in horrible positions, and for a man like Larry Garner to come along, he was just a dude that wanted to do the best he could for his men,” Churchill said. “He truly had a mission first, but Soldiers always mentality.”

Garner would make the ultimate sacrifice during his service in Vietnam. After relinquishing command of the company, Garner volunteered to lead a small group of Bandidos to rescue a downed helicopter crew July 30, 1967. Once at the crash site, Garner established a defensive perimeter in preparation of an enemy counter attack, during which he and two other Soldiers were killed defending the downed aircrew.

“To me, that’s pretty powerful,” Churchill said.

“In a draft Army, and in a war that was gaining less support from the people back home, he still raised his hand and said, ‘yes, I’ll lead some of the Bandidos to help these guys out,’ and he paid the ultimate sacrifice for it.”

Garner’s fighting spirit and dedication to duty lives on in the unit today.

“What that does to today’s Soldiers is it puts them in a mindset that they are part of something special that goes back 50 years,” Churchill said. “It breaks us apart from every other unit in the sense that we are different, and with that there’s responsibility.”

While the spirit of the Bandidos has lived on in the company, it wasn’t until 2005 when former Bandido commander Capt. Sherwood Goldberg, along with some senior Army leadership, petitioned the Department of the Army to reinstate the company’s name and signature guidon. After a unanimous vote from the Soldiers of the company, the Department of the Army approved the unit’s official name, making it the only company-level unit in the Army to carry a distinctive unit designation.

For Churchill, it’s a point of pride to be the commander of Bandido Charlie, and he uses the lessons learned from the past to ensure he provides the best leadership possible to his Soldiers.

“I have to be where the friction is for the company,”



COURTESY PHOTO

Soldiers from Bandido Charlie, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, receive their distinctive red bandanas while participating in a month-long training event at the Rodriguez Live-Fire Complex in Pocheon, South Korea, March 10. Bandido Charlie is the only company level organization in the U.S. Army that has an official unit designation which follows the tradition of the first Bandidos led by 1st Lt. Larry Garner during the Vietnam War.

he said. “I have to put myself in the worst position first to show that the men and women of the company are going to be okay, because that’s the responsibility of Bandido 6.”

Even for the Soldiers of Bandido Charlie, Garner’s reputation and commitment to the Bandido name lives on in the unit. All Bandido Soldiers carry a red bandana

with them, and during training, the Soldiers can be seen riding top of their signature M1 Abrams tanks still wearing the iconic red bandanas and flying their unique company guidon.

“It means everything,” said Spc. Maxwell Chandler, an M1 Abrams tank loader with Bandido Charlie and a native of Coleman, Alabama.

“We get trained for it and we live it every day – once a Bandido, always a Bandido.”

The Soldiers of Bandido Charlie are currently on a nine-month rotation along with the rest of the 1st ABCT to South Korea to support the South Korea-U.S. alliance and provide security to the Korean peninsula.

Baseball field to be named for fallen ‘Big Red One’ Soldier

By Chad L. Simon
1ST INF. DIV. PUBLIC AFFAIRS

Before Pvt. Randol S. Shelton joined the U.S. Army, he and his older brother, Bryan, grew up playing baseball at Kennedy Field less than two blocks from their home. That baseball field will be named Randy Shelton Field in honor of him during a May 20 ceremony.

Growing up in the Chicago suburb of Schiller Park, Shelton spent many hours and days playing baseball at Kennedy Field.

“When he was younger, baseball was his favorite sport,” said Bryan Shelton, Randol’s father. “He played little league baseball there. I remember when the kids were young we would walk over to watch the games.”

After Shelton outgrew the little league field, less than two blocks from his house, he and his friends would still visit the park to play basketball and hang out.

As the Global War on Terrorism continued in Iraq, Shelton enlisted in the Army in 2005.

“Like any parents, we were scared of him joining, especially during wartime,” his father said. “I went to the recruiting office with him. He pretty much already had his mind set that he wanted to join.

“I told him to take a little time and think about it. A couple months later I went back to the recruiting



Pvt.
Randol S. Shelton

offices with him and he joined.”

After Shelton completed basic combat training and infantry training to become an infantry Soldier, he was assigned to the 2nd Battalion, 16th Infantry Regiment, 4th Infantry Brigade Combat Team, 1st Infantry Division, at Fort Riley.

Upon his arrival, Shelton soon deployed with his fellow “Big Red One” brethren to Baghdad in support of the Global War on Terrorism in February 2007. The young Soldier stood out to retired Sgt. Maj. Greg Dailey, Company C, 2nd Bn., 16th Inf. Regt., as the unit trained for its deployment.

“He was a good, young kid,” Dailey said. “He was confident, but squared away. I was always out watching the training. He was a joker. He liked to laugh. He would get other people to laugh when training got to the point where you were tired and exhausted.”

While deployed to Iraq in September 2007, Shelton succumbed to injuries suffered from an improvised explosive device when the Humvee on which he was the mounted gunner was hit. Shelton died from his injuries on Sept. 4.

As the 10-year anniversary of Shelton’s death nears, his childhood field will be named in his honor. Friends, family, local politicians and even former Illinois Gov. Pat Quinn plan to be in attendance.

Months ago, Mike Caffero, a childhood friend of Randol’s father, searched for a way for people to remember the fallen Soldier. Mike and Bryan became even closer following Randol’s death, according to Caffero.

“My goal was to remember Randy forever, and anybody who would ever go there would read the sign and recognize that he is a local hero,” Caffero said. “We have had so many (killed in action) since we went into Afghanistan and they all need to be remembered, but Randy is from my hometown.”

After contacting a member of the parks board about naming the field after Randol, Caffero contacted his childhood friend to see how he felt about the idea. Bryan gave his approval so he and Caffero set out on the process that took several months to accomplish. After receiving support from the village recreation board, the

idea was then presented to the Parks, Recreation and Facilities Board and its director, John Bealer.

“Our board approved and supported the idea,” Bealer said. “The board forwarded the idea on to the board of trustees and the mayor (of Schiller Park) who also agreed to the idea of doing this, and an ordinance was passed by the village dedicating the field to Randy Shelton.”

The private’s father said the Shelton family was honored to have been approached about the field being renamed and for several boards to approve the renaming.

“We are excited to see the baseball field named after our son,” Shelton’s father said. “They don’t change parks and recreation areas very often in someone’s honor. I think Randy would have got a kick out of it.

“It was a big decision on their part to change the name of the field. It had been Kennedy forever. It is something that will last forever so it is a huge honor.”

Daily feels the field being named after one of his fallen Soldiers is an honor as well.

“I think it is awesome and phenomenal that his hometown wants to honor him and his service by naming a field after him,” Dailey said. “He was big into baseball, softball and sports here. I think it is a great testament to who he was prior to the military,



COURTESY PHOTO

The Chicago suburb of Schiller Park, Illinois, will rename a baseball field in honor of Pvt. Randol S. Shelton, 2nd Battalion, 16th Infantry Regiment, 4th Infantry Brigade Combat Team, 1st Infantry Division, who died in 2007 while serving in Iraq. “We are excited to see the baseball field named after our son,” Shelton’s father said. “They don’t change parks and recreation areas very often in someone’s honor. I think Randy would have got a kick out of it.”

and then what he did in the military and his sacrifice. It is a phenomenal testament to his character and who he was as a person.”

Though Randol can no longer visit the field he once spent so many hours

playing in, his father still visits the area often.

“I am usually at the park almost every day,” Bryan said. “Actually, now I walk the dog there a lot. I have a lot of good memories when the boys played baseball there.”

K-STATE Continued from page 1

Gray said. “It’s important that the lieutenants hear what’s going on at the top of the Army and how our senior leaders are thinking.”

Second Lt. John Cobb chose to first salute his grandfather, Bill Peters, a World War II U.S. Army veteran of Iwo Jima during the Pacific campaign.

“I thought it was appropriate because he was one of the reasons I chose to go into the military,” Cobb said. “That is the happiest I have probably seen him in a while. I think it meant a lot to him.”

Another second lieutenant has a long family tradition in the U.S. Army. Second Lt. Zachary Clonts’ father is Col. David R. Clonts, U.S. Army Cyber Command, Strategic Initi-

ates Group chief. His uncle is Funk and his grandfather is retired Lt. Gen. Paul E. “Butch” Funk. Clonts’ paternal grandfather also fought in the Korean War.

“It means a lot to the people who have families that have already been in the military,” said 2nd Lt. Clonts. “It also means a lot to people like Lt. (Travis) Reed who is a first generation Soldier in his family.”

Col. Clonts said his son joined the Army not because of his service, but for his own reasons.

“I was coming back from Afghanistan and Zach wanted to join the Army and I wasn’t very excited about that,” Col. Clonts said. “I wanted him to do it because he really wanted to do it.

“There is quite a tradition in the family and having gone to West Point (myself) a lot of my friends whose fathers that were in the military were in that position and their hearts really weren’t in it. I think in our profession you really have to want to do this for all the right reasons, and he really has done that.”

Funk said it was an honor to speak to the new second lieutenants.

“To just be remembered as somebody who cared about this region, who got to be a part of this great community and just had a little bit of ‘Wildcat fever’ for four years is just a tremendous honor,” he said.

Additional reporting by Jake Faber, 1st Inf. Div. Public Affairs



Chad L. Simon | 1ST INF. DIV. PUBLIC AFFAIRS

Lt. Gen. Paul E. Funk II, III Corps and Fort Hood commanding general and former 1st Infantry Division commanding general, speaks at the Kansas State University Reserve Officer Training Corps Commissioning Ceremony May 12 in the K-State Student Union. The newly commissioned second lieutenants were administered The Oath of Office, were pinned by a person or persons of their choosing and rendered their first salutes as officers during the ceremony. Since 1919 the K-State Army ROTC has commissioned more than 3,800 second lieutenants.

WWW.FACEBOOK.COM/FORTRILEY

VISITS Continued from page 1

aide de camp for Martin, said. “It gives the commander a ground-troop reality ... so he can understand all variables that go into this operation and make the best decision based on what he learns.”

A multitude of people work together to plan an event, from the commanding general’s personal staff to the aviation community with what assets are available, to the unit they’re going to visit.

“Based on the commander’s intent, they create a plan,” Griffith said. “That can include dozens of people and different agencies throughout CJFLCC.”

Through meeting key leaders, visiting the troops and viewing training progress for Iraqi Security Forces at Building Partner Capacity sites, the BFCs give each unit an opportunity to bring up points to the commanding general that they think he needs to know.

“I just like talking to Soldiers,” Martin said. “That’s how I get my energy. I like talking about their backgrounds, I like asking about why they serve and I like finding out about the problems they’re having.”

When he meets troops on his trips, Martin said he tries to get one message to them: “They’re all special no matter what they’re doing. And if they’re not doing their jobs, we can’t do our job. I try to show them how their job relates to us defeating Da’esh so that they see that they’re having an impact on the operation here.”

Through the BFCs, Martin says he has learned human interaction is priceless. This is especially true when he meets with key Iraqi leaders.

“They don’t communicate any other way, other than person to person,” Martin said. “Having the ability to read someone’s body language allows you to understand how they feel about a topic. The face-to-face contact helps build the relationship and trust.”



Sgt. Anna Pongo | CJFLCC - OIR Public Affairs

Maj. Gen. Joseph Martin, commander, Combined Joint Forces Land Component Command - Operation Inherent Resolve, talks with Iraqi soldiers about the importance of the their training during a visit at Besmaya Range Complex, Iraq, April 5. The Spanish army provides specialist training at Camp Besmaya, one of four Combined Joint Task Force - Operation Inherent Resolve building partner capacity locations dedicated to training Iraqi security forces. CJTF-OIR is the global Coalition to defeat ISIS in Iraq and Syria.

Martin has made many trips across all of Iraq but he says the most memorable experience he has had on a BFC was his trip to East Mosul after its liberation from ISIS control. It will also stay as one of the most meaningful memories of his life, he said.

“We got (to Iraq) and the Iraqi Security Forces and the East Moslawis were fighting for their lives under the tyranny and oppression of Da’esh,” Martin said. “And when the Iraqis liberated East Mosul, I looked forward to going in so I could talk to people.”

On the visit he saw markets being reopened, houses being rebuilt and children returning to school.

“I met an old man in the market,” Martin remembered. “He’s one of those people who sits in his chair all day and watches people walk past. The market life bustling by is his TV. If you think about it, he has lived through so much.”

“He said something to me I’ll never forget. He said he has hope in Iraq for the first time in 40 years. If you think about it, he’s at least 80 years old ... So him saying that is powerful. Think about it, hope for the first time in decades.”

“It was because the ISF liberated East Mosul, but it was also because of our advisors and our joint coalition fires delivering capability to the Iraqis. And they will, through our support, see that liberation happen. That was a day I’ll never forget.”

Fort Riley community celebrates Law Day

Moot Court brings students up close to Constitution

Story and photo by Andy Massanet
1ST INF. DIV. POST

It was time to make their case.

A moot court session May 3, an event organized by Office of the Staff Judge Advocate and Junction City High School in observance of the National Law Day, featured students from Junction City High School and attorneys from the OSJA.

According to the website of the American Bar Association, this year's theme is the Sixth and 14th Amendments.

The Sixth Amendment sets forth rights related to criminal prosecutions. The provisions include the right to a public trial without unnecessary delay, the right to an impartial jury, the right to face one's accusers and to have the assistance of defense counsel.

The 14th Amendment ensures citizens cannot be deprived of life, liberty or property without due process of law or deny to any person the equal protection of the law and that Congress can enforce the provisions of this amendment by appropriate legislation.

Using the provisions of those amendments the students were asked to consider a case in which a man was accused of armed robbery. Although the man asked for legal counsel, the state in which he was tried declined to provide that counsel because, the state claimed, he was not indigent by its established definition.



Kilee Shuck, left, and Anne Johnson, both sophomores at Junction City High School, present their case at a moot court session May 3. The event was organized by members of the Office of the Staff Judge Advocate at Fort Riley and Junction City High School in observance of the National Law Day. The event featured students from grades 9 through 12 in the classroom of Aaron Cox.

The man was convicted and sentenced to five years in prison.

Comprising three freshmen, 15 sophomores and juniors, and two seniors, the class required the students to address the case.

Aaron Cox, teacher at JCHS, teaches Introduction to Public Law and Safety and it is designed to provide information to students interested in law and law enforcement so they can make educated decisions about those career fields.

When asked what he hopes his students take away from this class, Cox said, "I always aim high, but at a minimum, I hope they know a direction to take after high school. Now, some of my students are 14 or 15 years of age and a

lot of things change for them. But at least this gives them the kind of engagement they need."

Cox said engagement means, "wanting to be involved in, and taking ownership of, their learning."

For Capt. Melissa A. Eisenberg, legal assistance attorney for the OSJA, much of what the students were judged on involved the presentation of their argument.

During preparation on May 1, Eisenberg and Capt. Clyde Kilgore, also of the OSJA, instructed the students to provide their name, who they are representing and their position and reasoning for that position.

"Your appearance is important," Eisenberg told the students. "Don't wear anything that distracts from the focus on your argument."

Eisenberg said students should wear clothes that are clean, but unremarkable. Also, they should not chew gum. She added it's okay to have a sheet of paper with you points on them, "but don't read directly from the paper."

Kilgore added presenters should speak slowly and clearly. "You might be tempted to speak quickly to say more things," Kilgore said. "But try to avoid that. Speak slowly and clearly."

On May, students had to overcome butterflies to make their cases.

For sophomore Kilee Shuck, the most difficult thing was using the case law

— that is, applying decisions or "precedents" to their reasoning — was difficult.

"I thought the hardest part was trying to figure out how each aspect of your evidence would fit into (case law)," Shuck said. "We had to form our argument based on that case and other cases."

But the exercise helped Shuck understand the U. S. Constitution's importance.

"It's made me much more aware of how the constitution affects the legal system and how, in any situation, if you are deprived of something then there is a way to make it right through the constitution," she said.

For sophomore Keith Womack, "the hardest thing was not knowing things were going to go. I don't like to be put on the spot in front of a lot of people, so I guess that was the hardest thing."

Like Shuck, Womack gained a better understanding of the rights the U. S. Constitution affords.

"Before I took this class I knew some of them (the parts of the constitution) but not all of them," he said. "But taking this class has made me understand them more, why there are set in place and why say what they say."

For Serene Podish, a paralegal from the OSJA and one of the judges, the speaking portion of moot court emphasized the need for "practice, practice, practice."

"As far as the Constitution, they (the students) all have that sense of what is right and what is wrong, but it's still important that they read and reference it," she said.



Staff professionals from the Staff Judge Advocate at Fort Riley hear a case in moot court May 3 at Junction City High School in observance of the National Law Day. Listening are Serene Podish, left, a paralegal from the OSJA, and Capt. Melissa Eisenberg, center, and 1st Lt. Jose Defrank, both attorneys with the OSJA. Students presenting their case are sophomores Anne Johnson, second from right, and Kilee Shuck far right.

School in session at Staff Judge Advocate

Story and photo by Andy Massanet
1ST INF. DIV. POST

For a few hours May 4, the Office of the Staff Judge Advocate transformed into a school house for fifth grade students from Seitz and Fort Riley Elementary schools.

Highlighted by lessons from the U. S. District Court Judge Gwynne Birzer, students received a crash course in the importance of the U.S. Constitution in their lives. The main subject area was the Bill of Rights.

"Does anyone here know how many words are in the Bill of Rights?" Birzer asked the class from Seitz and Fort Riley Elementary school.

After 10 unsuccessful attempts, she gave them the answer.

"Four hundred and sixty two," she said.

The Bill of Rights, she added, is defined in the first 10 amendments of the Constitution.

Birzer also touched on how the Constitution involves and affects the activity of the federal government, the three branches of government and the meaning of the checks and balances in place.

Later in the sessions, students divided into smaller groups for more discussion and case scenarios.

"It's important for the youth to get an understanding of our legal system as they, along with everyone else, live in a society that is governed by laws" said Capt. Erik Smith, an attorney for the OSJA and one of the leaders of the small group sessions.

"From a fundamental standpoint, laws help stabilize our society in order to protect the common good and enhance our standard of living — an understanding of this principle can help our children appreciate the importance of behaving in a manner consistent with our laws. Additionally, almost all of our decisions on a day-to-day basis



Lt. Col. Joseph Mackey, acting staff judge advocate for the 1st Infantry Division and Fort Riley, welcomes fifth graders from Seitz Elementary School to the Office of the Staff Judge Advocate May 4. The event helped young students learn about and appreciate the role the U. S. Constitution plays in their lives.

can have some kind of legal implication, whether you are purchasing a house, applying for school or interacting with law enforcement. Knowing more about the law and the judicial system should help people make more informed decisions."

Bethany Boutte, a special victim witness liaison for the OSJA, was there with her 9-year-old son Shayne, a student from Ogden Elementary School. Shayne was busy taking notes so he could go back to his class and present the material to his classmates.

"It's important for my son to learn the rights of the people and the rights

(of people) as they go through the court process and also just the simple rights and freedoms and where they came from," Bethany said. "It's important for him so that he knows what's special about America and how the system works so that when he hears when people are accused of something or convicted of something he knows the difference."

For Shayne, he said he was impressed how different things are between America and other nations.

"Some rules are different than others in other countries," he said.

Fort Riley citizens sharpen focus on amendments

Story and photo by Andy Massanet
1ST INF. DIV. POST

"In celebration of Law Day, May 1, 2017, I encourage federal judges throughout the country to recognize the day and this year's theme, "The Fourteenth Amendment: Transforming American Democracy," as we work together to advance public education about the constitutional values that define and shape our great nation." - John G. Roberts Jr., Chief Justice of the United States

The reasons for observing Law Day each year came into sharp focus as attorneys and staff of the Office of the Staff Judge Advocate engaged in continuing law education May 1.

To both support Continuing Legal Education for the post's legal team and to observe Law Day, Jeffery Jackson, legal analysis, Research and Writing Program for the Washburn University School of Law in Topeka, Kansas, was invited to discuss the importance of the Sixth and 14th Amendments of the U.S. Constitution to the lives of all Americans. The event has held at Fort Riley's Patton Hall.

The 14th amendment, Jackson reminded his audience, ensures citizens cannot be deprived of life, liberty or property without due process of law or deny to any person the equal protection of the law and that Congress can enforce the provisions of this amendment by appropriate legislation.

In addition, Jackson discussed the Sixth Amendment to the Constitution that sets forth rights related to criminal prosecutions. The provisions of that amendment include the right to a public trial without unnecessary delay, the right to an impartial jury, the right to face one's accusers and to have the assistance of defense counsel.

The evolution of both amendments, along with the rest of the Constitution, resulted in a Bill of Rights that "knit us together as a nation," Jackson said. Today, he added, Americans are protected by the Bill of Rights "no matter where they go." No state can pass laws that abridge those rights.

After the seminar, Jackson reaffirmed the value of Law Day.

"I think it's most important to realize how much the law affects everybody," he said. "We kind of take for granted the idea that there is this strong rule of law and that allows us to do pretty much everything we need to do in society. Without it we would not be able to have the society we live in."

For the legal team at Fort Riley's OSJA, Law Day was the culmination of nearly a full week of activities that included Jackson's presentation, a Moot Court session at Junction City High School and a visit to the OSJA by students from Fort Riley and Seitz Elementary Schools.

Capt. Lauren Fasano, an attorney for the OSJA and one of the organizers of the Law Day events, said it's important to take time and recognize the importance of the U.S. Constitution.

"The Constitution is the cornerstone of American life and liberty today, just as it has been throughout our history," she said. "Law Day provides an important forum to facilitate open dialogue, so we can reflect on our history as well as our current state of affairs within the context of the rule of law." Moreover, she said Law Day "enables us to both reach out to the community and engage in professional development (for attorneys and paralegals)."

Lt. Col. Joseph Mackey, acting Staff Judge Advocate for the 1st infantry Division and Fort Riley, agreed: "like all important things, we need to pause and reflect on the Constitution's significance to all of us as citizens so we do not take our rights for granted."



In observance of Law Day, Jeffery Jackson, Legal Analysis, Research and Writing Program for the Washburn University School of Law in Topeka, Kansas, discussed the importance of the Sixth and 14th Amendments of the U.S. Constitution to the lives of all Americans. The event has held at Fort Riley's Patton Hall May 1.

Fort Riley Middle School athletic director nationally recognized

By Maria Childs
1ST INF. DIV. POST

Brad Bascue, athletic director at Fort Riley Middle School, was recognized by the National Interscholastic Athletic Administrators Association as a certified athletic administrator. According to a press release from Unified School District 475, Bascue is one of an elite group of individuals nationwide to attain this level of professionalism. The voluntary certification process included a thorough evaluation of the candidate's educational background, experience and professional contributions, as well as a rigorous, comprehensive written examination. "It's a great honor because there was a lot of hard work going into it," he said. "Not every-

one in the state of Kansas has their certification ... it adds credibility to you and what you do ... it's tailored to your everyday job." Bascue has completed at least seven leadership course directly tailored to athletic directors. "This is perfect for it; all it talks about is how to run a good athletic program," he said. During this three years at FRMS, he said one of his proudest accomplishments is condensing the athletes schedules from being split between two leagues to joining one league completely so the students have the chance to compete for a league title. "We're finally at a point where our kids have something to reach for," he said. "I think it's been the best move we've made."

While this is the first year the change took place, four league titles have already been won. This school year, the 8th grade football team, 7th grade boys cross country, 8th grade girls cross country and 7th grade boys track have been named champions. According to the district press release, the NIAAA is a national professional organization consisting of all 50 state athletic administrator associations and more than 10,000 individual members. It is dedicated to promoting the professional growth of high school athletic administrators and preserving the educational nature of interscholastic athletics and the place of these programs in the secondary school curriculum.



SCIENTISTS Continued from page 1

understand, treat and prevent diseases that travel between humans and animals. "We have to bring these people together, they often don't speak," he said. "The medical doctors don't speak with the veterinarians and vice versa and we can solve these problems so far. These zoonosis can become epidemics ... We have to understand, not only from the human side, but also

what's going on in the animal reservoirs, and only then can we have a clear picture of what the risks are for these diseases to spread and come to our shores and what we need to stockpile now, like (Middle East Respiratory Syndrome) vaccines ... These are the kinds of questions we have to address and that's why we bring together epidemiologists, virologists, bacteriologists and so on."



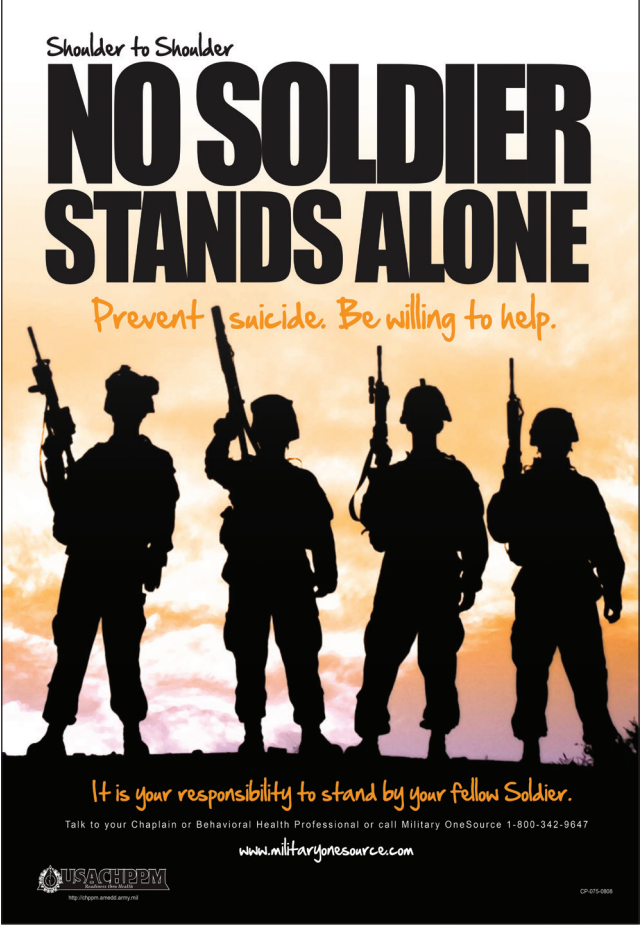
Season Osterfeld | POST

Robert Smith, director of the museum division at Fort Riley, walks scientists in different disciplines from around the world through the history of the cavalry May 9 at the U.S. Cavalry Museum. The scientists were in Manhattan, Kansas, for the 8th International Conference on Emerging Zoonosis from May 7 to 10 hosted by staff of Kansas State University and visited Fort Riley as it is believed to be ground zero of the 1918 Spanish Flu outbreak.

NURSES Continued from page 1

the cake in celebration of National Nurses Week at the end of the ceremony. Retired Col. Reyn Mosier, chief of quality management and deputy commander for quality and safety at IACH, was the event guest speaker. He talked about the national theme, which was Nursing: The Balance of Mind, Body and Spirit and shared with the nurses a reminder of who they serve.

"We know that nurses do not get enough credit for all the daily challenges you face and overcome," he said. "You face the challenges of an ever-changing workforce. Many times there is a lot of changes related to electronic medical records, telehealth and quality of healthcare—all while keeping our patients health care wants and needs at the forefront of what we do."





Diva Dash 2K Participants spray color powder into the air after the fun run to create a rainbow cloud May 13 at Riley's Conference Center. The event was organized by staff of the Directorate of Family and Morale, Welfare and Recreation.

Nearly 250 participate in second annual Diva Dash 2K color run

Story and photos by Suet Lee-Growney
1ST INF. DIV. POST

Divas, take your mark. Ready, steady, go! About 250 people participated in the second annual Diva Dash 2K color run May 13 on the trail behind Riley's Conference Center. The Morale, Welfare and Recreation event had male and female runners of all age groups clad in diva garb.

Throughout the run, participants would pass through five color zones beginning with the darkest color and progressing to the lightest. The colored powders used are made from cornstarch and food-grade dyes. Runners were encouraged to make as many passes through the color zone of their choice if they liked the color. Alternatively, they could skip zones by running around the people spraying the color.

Nena Foster, Leonard Fitness Center facility director, was surprised at the amount of people who showed up.

"This was a really great turn out," Foster said. "This is the second year in a row that we've done it, so I think a lot of people were familiar with it last year, but the color element was something (we) wanted to do."

Since Mother's Day is in May, Foster said the spirit of the Diva Dash is to honor mothers.

See DIVA DASH, page 14



From left, Amber Misamore, 10, daughter of Staff Sgt. Chris Misamore from Company F, 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, and Elizabeth Kelm, 10, daughter of Sgt. Sean Bourgasser, who is also stationed at Fort Riley, run together at the Diva Dash 2K May 13 on the trail behind Riley's Conference Center. It was Amber's idea that the pair wear matching rainbow tutus.



Gabriela Martinez, wife of Sgt. 1st Class Ivan Martinez, Headquarters and Headquarters Battery, 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, gets pampered with a free fake eyelash application by a student from Bellus Academy of Manhattan, Kansas, May 12. Her daughter, Leia Martinez, 3, is intrigued by the process and watches her mother during the makeover.

Military spouses get day to shine

Spouses enjoy free event to honor the sacrifices they make

Story and photo
by Suet Lee-Growney
1ST INF. DIV. POST

The staff and volunteers at USO Fort Riley and Army Community Service organized a morning filled with a vendor expo, games and giveaways on National Military Spouse Appreciation Day at Riley's Conference Center May 13.

"So it's kind of like (spouses) don't get their special Mother's Day. I hope today they kind of feel a little bit special."

CONNIE MEDRANO | ARMY COMMUNITY SERVICE

The free event started at 10 a.m. and ended at noon. During the two hours, the event ballroom was buzzing at full capacity with 324 attendees, excluding donors and sponsors. Spouses who came were pampered and given freebies.

Among the free activities and services were fake eyelash

applications, hairstyling, a do-it-yourself body scrub station, a craft table equipped with a silhouette machine, henna tattoos, spin-the-wheel prizes and more.

The brains behind the event were Connie Medrano, information and referral and follow-up coordinator

at ACS, and Crystal Ann Tinkey, center operations and programs manager at USO Fort Riley.

"While we had the event posted for a while, we kept it a little mystery," Tinkey said. "I think the mystery and intrigue of not releasing full event details until closer to the event helped draw some more people in."

According to Medrano, the success this year stemmed from how well last year's event and was passed through word of mouth.

See SPOUSES, page 14

Moms, sons dance, play night away

Mom Rocks! event allows families to show off best moves

Story and photo
by Suet Lee-Growney
1ST INF. DIV. POST

Mothers and their sons wore band T-shirts and rock outfits to celebrate Mother's Day at the Mom Rocks! mother and son dance May 14 at Riley's Conference Center. The

event was organized by staff of Fort Riley's Directorate of Family and Morale, Welfare and Recreation.

Families strutted their stuff to famous tunes and disco lights. Mothers were treated to a welcome mimosa, and children's activities included a craft table for kids to make Mother's Day cards, a temporary tattoo parlor, Guitar Hero video game, a Rock'n'Roll-themed photo booth and two piñatas.

According to Christian Bishop, business manager of

Riley's Conference Center, 45 people attended the dance party.

"It's kind of a different thing for kids to get the wiggles out," Bishop said. "Let the moms cut loose today and kind of not really have to run and chase kids for a couple of hours and just dance with them and enjoy."

Dressed in matching neon green shutter shades and jumpsuits were Phyllis Paris, wife of Spc. Russell Paris Jr. from Company H, 2nd Battalion, 34th Armor Regiment, 1st Ar-

mored Brigade Combat Team, 1st Infantry Division, and her son.

Only son, Russell Paris III, 9, was a good sport and donned shutter shades like his mother — but in hot pink — and danced hand-in-hand with his mom to almost every song.

"This is the first time in eight years I've allowed myself to celebrate Mother's Day since the passing of my mother," Paris said.

See MOMS, page 14



Phyllis Paris, wife of Spc. Russell Paris Jr., Company H, 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, dances with her only son Russell Paris III, May 14. The pair were good sports and danced together to almost every song.

FORT RILEY POST-ITS

AQUA ZUMBA CLASS
Looking for a new workout? Check out Aqua Zumba at Eyster Pool. Aqua Zumba blends the Zumba philosophy with water resistance for a high-energy, low-impact workout.
Classes are held Mondays, Wednesdays and Fridays. View the schedule on the aquatics page at riley.armymwr.com/us/riley/programs/aquatics.
The cost is \$3 per class or \$25 for a 10-class pass. For more information call 785-239-4854.

HEART SAVER CLASSES
Three CPR classes will be held at the Fire Station Headquarters, 1020 Huebner Road, June 2 and June 28 from 8 a.m. to 12:30 p.m. Students will practice on mannequins. Classes have 12 spots available and are open to service members, dependents, contractors and Department of the Army civilians. To register, contact Assistant Fire Chief Richard Watson at 785-240-6241 or email him at Richard.e.watson1.civ@mail.mil.

VICTORY FEST 2017 TICKETS ON SALE
Victory Fest is Aug. 19 at Marshall Army Airfield and tickets are now available.
Individual General Admission starts at \$25 for Department of Defense ID holders, students and veterans. Non-affiliated civilian tickets start at \$35. Children 4 and under are free.
Four ticket general admission packs start at \$85 for Department of Defense ID holders, students and veterans. Non-affiliated civilian tickets start at \$125.
Platinum access individual tickets, which include all day access, covered seating, meals and more, are \$100 for ages 5 and up.
General admission group tickets are \$20 a ticket. A minimum purchase of 25 tickets is required.
For more information or to purchase a ticket, visit victoryfest2017.com.



EDUCATION SERVICES SEEKING OPINIONS
Staff of Fort Riley Education Services are conducting a needs assessment survey for information about what programs and services people would like to see. The survey is open to service members, dependents, retirees and civilians.
To take the survey, go to www.surveymonkey.com/r/RileyEduc2017.

DEMON DINER DRIVE THRU AND GRAB AND GO
Demon Diner B694, Drive Thru and Grab and Go area will be operational starting May 1st. Breakfast hours are 7:30 to 9 a.m. and lunch is 11:30 a.m. to 1 p.m. Limited menu options will be available, including sandwich of the day and mainline meal of the day. Standard Meal Rates apply, \$3.45 for breakfast and lunch \$5.55 or Meal Card Holders can present their entitlements card.

SCHLITTERBAHN WATERPARKS HONORING AMERICAN HEROES
Military and first responders get free admission May 29 to June 4 at all Schlitterbahn Waterparks. Staff are offering free admission as a tribute to first responders and members of the armed forces who dedicate their lives to the safety and freedoms of everyone in their community.
Spouses and dependents with a service member or first responder receive 50 percent off the gate admission.
First responders and members of the military need to show their military ID or proof of employment at the waterpark ticket booths. Discounted tickets for spouses and dependents are available at the ticket booth.
For more information, visit www.schlitterbahn.com/kansas-city.

REAL ESTATE WORKSHOP
A Real Estate Workshop will be hosted by staff of the Fort Riley Housing Services Office June 1 at Riley's Conference Center from 9 a.m. to 1 p.m.
Learn about topics such as Financial Planning; Mortgage Information/VA Loans; Buying and Selling Properties; Income Producing Properties; Manage your property after PCS; Home Inspections and more.
Staff hope to teach attendees how to create and maintain wealth with their home.
The workshop is free and lunch is included.
Space is limited and registration is required at fortrileyhso.eventsmart.com
For more information, call 785-239-3525.



ARMY EMERGENCY RELIEF CAMPAIGN EXTENDED
Due to this spring's heavy deployment, training and rotation schedule, the garrison commander has approved a 15 day extension to the AER campaign. You now have until May 30 to make a contribution..

FORT RILEY REEL TIME THEATER MOVIE SCHEDULE
Friday, May 19
The Fate of the Furious (PG-13) 7 p.m.
Saturday, May 20
Smurfs: The Lost Village (PG) 2 p.m.
Unforgettable (R) 7 p.m.
Sunday, May 21
Born in China (G) 5 p.m.
Theater opens 30 minutes before first showing
For more information call 785-239-9574.
Regular Showing: \$6
3D Showing: \$8
First Run: \$8.25
3D First Run: \$10.25
For more information call 785-239-9574.

FORT RILEY LEISURE TRAVEL
Discount tickets are available for events in the surrounding area as well as major theme park destinations.
Upcoming events with discount tickets include:
Great Wolf Lodge - Kansas City Hotel: Blackout dates apply. Waterpark tickets included for all guests.
B&B Junction City Gem Theater: \$30 value gift card for \$25 good for movie tickets and concessions.
Salina - Rolling Hills Zoo and Museum: adults \$10, children \$5 and seniors \$9.

OPEN REGISTRATION FOR SUMMER CAMP FOR K-12 IS IN PROGRESS AT PARENT CENTRAL
Custer Hill School Age Center and Custer Hill Youth Center will host 11 summer camp sessions that start May 30 and run through Aug. 11. Sessions run week to week, allowing parents to sign up for only the weeks when child care is needed. Part-day specialty summer camps may be available through Forsyth East School Age Center. Operation dependent on number enrolled.

'BIG RED ONE' YOUTH TRACK MEET AND PETER RABBIT FUN RUN
The 'Big Red One' Youth Track Meet and Peter Rabbit Fun Run is scheduled to take place at 9 a.m. June 10 at Fort Riley Middle School. Youth can enjoy a friendly competition on the track and everyone can join the fun run that follows.
Advance registration is \$7 per individual and \$10 per family of four. Advance registration is available at riley.armymwr.com. On-site registration will be available, but will cost more.
For more information, call 785-239-4480.

COMMUNITY CORNER

Can't overstate importance of Army Emergency Relief campaign

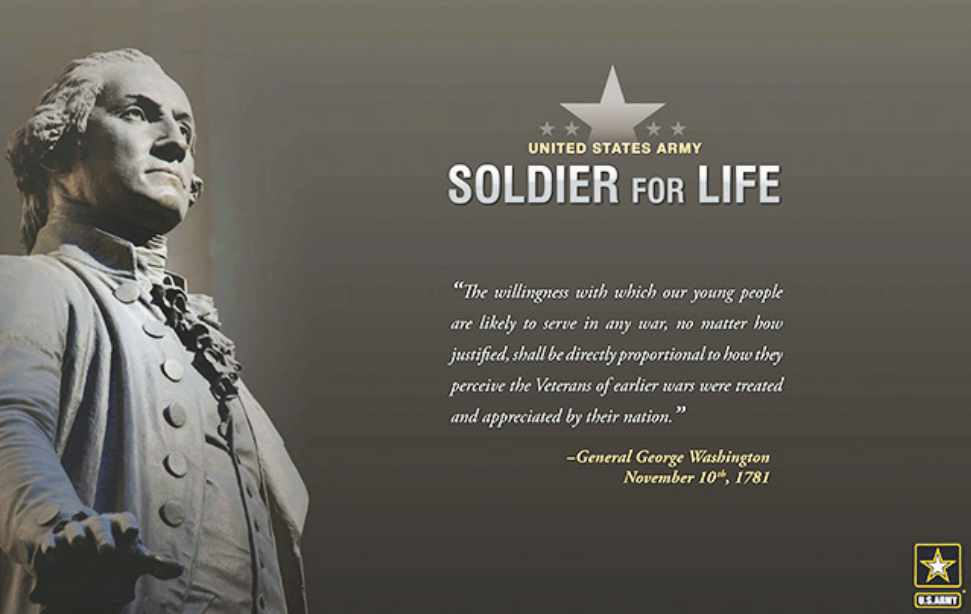
By Col. John D. Lawrence
FORT RILEY GARRISON COMMANDER

As this year's Army Emergency Relief campaign winds down, I'd like to make one last push about its importance to our men and women in uniform. You have until May 30 to donate to provide a personal helping hand to fellow Soldiers, family members and retirees.
The AER has been helping Soldiers since its inception in 1942, providing confidential assistance with no interest or fees for emergency travel, health care expenses, funeral



GETTING CLOSE
• As of May 16, we were at 93 percent of our goal of \$75,000 to honor AER's 75 years of service.
costs, minor home repairs and more. This is the program that "Helps the Army Take Care of its Own." You can see a few examples at <https://youtu.be/PgYtLWMP010> and <https://www.youtube.com/watch?v=iZPFj88lk5E>.
For 75 years, AER donations have helped families in times of need. We take care of our battle buddies downrange — and we do no less on the home front. If you haven't had a chance to be part of the solution

for someone — maybe even yourself someday, please consider donating this year. All contributions made locally stay here to help fellow Fort Riley Soldiers and families.
As of May 16, we were at 93 percent of our goal of \$75,000 (to honor AER's 75 years of service). If you'd like to donate, contact your unit representative, visit www.aerhq.org/Donate/Donate-Now or call 785-239-5779. Let's pull together and "pay it forward" for our Fort Riley and 1st Infantry Division family.
— To comment on this article or to suggest a topic for Community Corner, email usarmy.riley.imcom.mbx.post-newspaper@mail.mil or visit my Facebook page at www.facebook.com/fortrileycg.



WWW.RILEY.ARMY.MIL

GOAL: \$75,000

1

\$69,289.35 as of May 16

2017 ARMY EMERGENCY RELIEF FUNDRAISING CAMPAIGN
(12-week campaign, beginning March 1, 2017, is extended two weeks until May 30, 2017.)

Soldiers Helping Soldiers

In 2015, AER worldwide provided \$62.3 million in zero-interest loans, grants and scholarships to 42,743 Soldiers and family members, retirees, widows and orphans. During that same time period, Fort Riley provided more than \$1.125 million in assistance and processed nearly 1,000 separate cases.

WORSHIP

Protestant Services

Victory Chapel	239-0834
Contemporary Protestant Service	
Sunday Worship.....	1100
Children's Church.....	1115-1215
Morris Hill Chapel	239-2799
Gospel Protestant Service	
Sunday School.....	0900
Sunday Worship.....	1100
Main Post Chapel	239-0834
Traditional Protestant Service	
Sunday Worship.....	1030

Catholic Services

Victory Chapel	239-0834
Sunday Mass.....	0845
Sunday Catechism.....	1000
Saint Mary's Chapel	239-0834
Saturday's Vigil Mass.....	1630
Sunday Mass.....	1200
Mid-day Mass— Mon., Wed., & Fri.....	1200
Tuesday & Thursday Mass.....	1800
IACH Chapel	239-7872
Mid-day Mass— Tue. & Thur.	1200

Buddhist Service

Normandy Chapel	239-2665
Sunday	1430
Meditation Practice— Mon.- Fri.....	1230

Open Circle Service

Kapaun Chapel	239-4818
Fort Riley Open Circle— SWC	
1st & 3rd Friday monthly.....	1800

Wednesday Night Family Night

Weekly light dinner and fellowship at 1800, followed by 1845 classes at Victory Chapel 785-239-3359

Club Beyond - Faith Based Youth Program

Grades 6th - 12th, Meets Sundays
MS Youth-1530-1700 at Morris Hill Chapel
HS Youth-1830-2000 at Morris Hill Chapel 785-370-5542
Club Beyond is a Non-Federal Entity and is not part of the DoD or any of it's components and it has no government status.

AWANA

Meets Sundays, 1500-1700 Victory Chapel 785-239-0875

Protestant Women of the Chapel (PWOC)

Weekly Tuesday Meeting 0900-1130 & Evenings at 1830-2000 at Victory Chapel
Childcare Provided.
For more information email rileypwoc@gmail.com or Facebook "Fort Riley PWOC"

Catholic Women of the Chapel (CWOC)

Weekly Wednesday Meeting at St. Mary's Chapel 0900-1130
Childcare provided.
For more information email fortrileycwoc@gmail.com or Facebook "Fort Riley CWOC"

Check for schedule over Training Holiday weekends

TOURING CAVALRY MUSEUM



Spouses and parent-in-laws of Soldiers receive a tour of the Cavalry Museum led by Capt. Rob Cogan, command operations staff officer with Headquarters and Headquarters Battalion, 1st Infantry Division, May 8 at Fort Riley. The tour was the first event of Spouses Appreciation Week. Cogan took the group through time as he taught them about the history of the cavalry and the 1st Infantry Division. Cogan, whose spouse also attended the tour, said Spouses Appreciation Week was just one small way to recognize the hard work, sacrifice and love that goes into being a military spouse.

Season Osterfeld | POST

CHAPLAINS CORNER

Spring into summertime, my favorite time of year

By Chaplain (Maj.) Christian Goza
1ST INFANTRY DIVISION
DEPUTY DIVISION CHAPLAIN

I have pondered how trees know when it's time to drop leaves and then to grow them again. Although my allergies don't like it very well, I love to see the Bradford pear trees bloom. The pure white blooms tell me that spring is in the air. After a long, cold, dreary winter things begin to come to life. Grass starts to turn green,

flowers bloom, people are working in the gardens and the birds are filling the air. I was enjoying a cup of coffee on the front porch the other morning and it was almost deafening to hear all the birds singing.



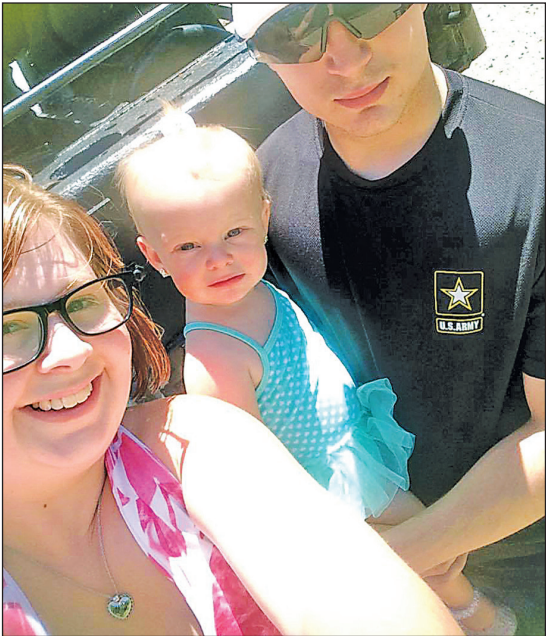
Christian Goza

Spring and summer brings a new day and my spirit is renewed once again. God tells us in Ecclesiastes 3:1, "To everything there is a season, a time for every purpose under heaven." Since God is the one that created the seasons, He understands that change will happen. When deployments come, it's difficult to see the redeployment, but that time will come. The season of deployment is here again for

some and as difficult as it is to think of the end state, try to focus on the renewal that redeployment brings. The Scripture also tells us in Ecclesiastes 3:10-11, "I have seen the burden God has laid on men. He has made everything beautiful in its time." The burdens of deployment are very difficult to carry at times, but try to remember that when this cycle ends God will make everything beautiful in its time. When redeploy-

ment comes, life springs with newness. The families back home are an important part to any deployment and you guys have done, and will continue to do, a fantastic job with all the extra duties you will acquire. Remember that God brings different seasons into every-one's life, but with the dreary season there always comes a time of renewal. God's love is everlasting and He will make the redeployment a beautiful time of renewal. God Bless.

TUESDAY TRIVIA CONTEST



The question for the week of May 16 was: Where can I find information about Army Community Service's relocation briefings and welcome briefings?

Answers: www.riley.army.mil/Services/Family-Services/Army-Community-Service/

This week's winner is Shelby Crawford, whose husband, Pfc. Tyler Crawford, is assigned to 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division.

Pictured above are Shelby, with daughter Coraline and husband Tyler.

CONGRATULATIONS SHELBY!



Long Journey Ahead?

Head-on collisions are more likely on two-lane roads.

Stay Vigilant!

Ensure your safety and the safety of others while driving on a long distance trip.

ARTWORK FOR MOM



Photos by Suet Lee-Growney | POST
Oliver Caliboso, 1, son of Spc. Aaron Caliboso from Company F, 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, slathers blue paint on his palms May 13. With the help of Marilyn Paras, lead art specialist and manager at the Arts and Crafts Center, Oliver made Mother's Day artwork for his mom, Janette Caliboso. Caliboso said though these programs are time consuming, it helps her get out of the house and keep from missing her deployed husband.



Mother's Day art projects laid out to dry before being finished with a protective layer. The Mother's Day crafts was May 6 to 13. Marilyn Paras, lead art specialist and manager at the Arts and Crafts Center, taught the handprint project on May 13. Paras said the event is a great way to expose kids who think they don't like crafts, because once they have a good time experimenting with paint, they end up enjoying it.

USO'S SIP AND CHAT



Maria Childs | POST
Staff and volunteers from USO Fort Riley partnered with staff at Army Community Service to host the monthly sip and chat event at the ACS building on Normandy Drive May 10 in honor of Military Spouse Appreciation Week, which was celebrated May 6 through 13. The event was one of many happening across the installation as a way to celebrate the sacrifices of military spouses.

SPOUSES Continued from page 11

"That's kind of the best way people share the news," she said. "They had a good time one year before, they're going to go ahead and come back again." Among the biggest prizes were a designer golf bag and luxury self-care and fragrance baskets. Medrano said she hoped an event of this magnitude, and what spouses get out of it, would make their day given Mother's Day was only two days away. Also, Soldiers of 1st Armored Brigade Combat Team, 1st Infantry Division, are deployed and 2nd Armored Brigade Combat Team, 1st Inf. Div., are at National Training Center. "So it's kind of like (spouses) don't get their special Mother's Day," Medrano said. "I hope today they kind of feel a little bit special." This year, the organizers made an effort to include

activities for male spouses, such as deals from the Automotive Skills Center. "We have prizes that would be geared to our male spouses and try to do as many gender neutral events and activities," Tinkey said. "Because we do want our male spouses also to know how much we appreciate them and that they are not forgotten." Darnisha Morris, wife of Spc. Roy Morris from 5th Squadron, 4th Cavalry Regiment, 2nd ABCT, attended the National Military Spouse appreciation event with her 2-year-old son, Brinden Morris. She won a \$50 gift card at the spin-the-wheel give away. "It's something to do to get out of the house on this beautiful day," she said. Morris appreciates events that celebrate spouses. "It really means a lot to me that they appreciate us," she said.



Suet Lee-Growney | POST
Sierra John, daughter of 1st Sgt. David John from 24th Transportation Company, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade, passes through the pink color zone during the Diva Dash 2K May 13 at Riley's Conference Center. Pink was the last color zone of the run.

DIVA DASH Continued from page 11

Monique Millanez's, wife of Staff. Sgt. David A. Millanez from Headquarters and Headquarters Company, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, heart was full because she was able to get her children together to do the run with her that morning. Her eldest son, Carlos Millanez, travelled home from his first year of college at Pittsburg State University in southeast Kansas the night before the race. "He made it just in time for the color run," Monique Millanez said. "This is my Mother's Day gift: to do the Diva Dash with everybody." The family got gussied up early that morning in matching navy tutus, Wonder Woman crowns, bubblegum pink tiaras and glitter wands. "It's a lot of fun to be able to get out here with all the kids and do this," Monique Millanez said. "When else can I get my 18-year-old son to dress up in a tutu and a crown and run with his three little sisters?" Monique Millanez is glad MWR puts on events like the Diva Dash for the Fort Riley community. "It's a great distraction and something else to do for the family while my husband is away," she said. After the run, diva-themed refreshments such as pink cupcakes and pink lemonade were provided. At the very end of the event, the participants huddled together to do a coordinated blast where colored powder was sprayed into the sky creating a rainbow dust cloud.

Community invited to ceremony for on-post graduates

By Maria Childs
1ST INF. DIV. POST

More than 200 graduates of on-post higher learning institutions will be recognized in a ceremony scheduled at 1 p.m. May 25 at the Hilton Garden in Manhattan, Kansas. The combined graduation ceremony recognizes Fort Riley graduates and inspires Soldiers, family members and Army civilians to continue pursuing higher education, according to Monica Smith, education services specialist with Fort Riley Education Services.

"First and foremost, it's to acknowledge the accomplishments of our total military family, Smith said. "Unlike our traditional college students, military families have to face deployments, PCS moves while taking care of their families so it makes it more of an obstacle for them to complete their degree." Students will be from any of the following partnered universities: Barton Community College, Central Michigan University, Central Texas College, Hutchinson Community College, Kansas State University, Southwestern College,

University of Mary, Upper Iowa University, University of Kansas and various distance learning colleges. Smith said the graduation emphasizes the importance of continuing education and allows the graduates to take time to celebrate their accomplishments among their many sacrifices. "It allows them to celebrate their moment with their loved ones and their shared sacrifices," she said. In past years, the ceremony has been held at Riley's Conference Center on post and the Geary County Convention Center in Junction City, Kansas, but it has outgrown those venues with more than 1,200 people attending. "We used to do two ceremonies a year and we condensed it down to one so we have twice the people participating," Smith said. "Riley's got to be too small so we had to look for larger venues." Historically, the Fort Riley and 1st Infantry Division commanding general delivers the commencement address and assists in handing out diplomas. This year, it will be Fort Riley and 1st Infantry Division Acting Senior Commander Brig. Gen. Patrick D. Frank.

MOMS Continued from page 11

Despite the emotional pain Paris endured in the past associated with Mother's Day, she said she was determined to not hide in her house this year and feel sorry for herself any longer. "My son, he deserves it," she said. "(Mother's Day) is really about him; it's more about making him happy." When Paris initially read about the event, she was hesitant about attending. "I don't want to dress like a rock-star mom, my son is not into that," she said. "But I'm glad we came."

Earlier that morning, Russell surprised his mother with a card he made at school. "It brought tears to my eyes," she said. She said the card her son made her was moving. "She was stunned by what I wrote on the card," Russell said. "She sometimes thinks I don't appreciate what she does." The card held words of affirmation and gratitude. "I'm thankful to have a mom like her," he said. "My mom is funny and she's cool and she's great." "When I see him happy, makes me happy," Paris said.



Staff Sgt. Matt Reardon, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, catches the ball as Spc. Naithan Elkins, 1st Inf. Div. Artillery, slides into third base during the first game of the season May 9 at Sacco Softball Complex. The intramural softball season started May 9 with 16 company-level teams.

Players take first swings of intramural softball season



Sgt. Stephen Underwood, 1st Infantry Division Artillery, throws a pitch to a 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Inf. Div., player during the first intramural softball game of the season May 9 at Sacco Softball Complex.

Story and photos by Season Osterfeld
1ST INF. DIV. POST

The bases were loaded on two fields as the intramural softball season began May 9 at Sacco Softball Complex.

Sixteen company-level teams consisting of men and women took to the fields and gave it their best in the first games despite a brief weather delay in the season's start.

"This is my third year coaching," said 1st Lt. Anthony Friday, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division. "I've been doing this for a little while. ... We just look for it when it comes around. This probably is the one team sport that we play as a company."

Friday and his team took the victory over the 1st Inf. Div. Artillery Team, 5-3, in the first game of the season. He said he has been participating on the company softball team because of the fun it provides and comradery it builds between the Soldiers. He added three of the players were new

to the unit, making this an opportunity for them to establish relationships.

"It's a good camaraderie-building sport," he said. "It gets the Soldiers out and doing something different. It builds some teamwork, athletics."

Sgt. Leonardo Cabrera, 1st Support Maintenance Company, 541st Combat Sustainment Support Battalion, began playing in the intramural softball league last season. He said he enjoyed the competition of the sport while still having a good time.

"Since last season I was playing and I really enjoyed the sport and competitive aspect of it," he said. "It really brings a lot of fun things out of everybody that's playing. It builds camaraderie as well."

While Cabrera said he hopes to see his team go further in the season this year and everyone to give 100 percent each game, he also believes the sport is good for morale and developing better working relationships.

"It's a good thing," he said. "It really does build a team mentality. It's all about competing and getting a long at the same time — building relationships."

Instructor gets soaked at Aqua Zumba



Maria Childs | POST

Limary Ortiz, wife of Chief Warrant Officer 3 Edwin Reyes, 1st Infantry Division Air Traffic and Airspace management, instructs Aqua Zumba weekly at Eyster Pool April 29. She teaches Monday, Wednesday and Friday at 4:30 p.m. at Eyster Pool. Classes are \$3 each. For more information about classes, call 785-239-4854.

By Season Osterfeld
1ST INF. DIV. POST

"I'm about inspiring people," said Limary Ortiz, Aqua Zumba instructor at Fort Riley. "I don't care if I'm doing the best or not, I know that with my smile and brining the happiness to that 45 minute workout, I am sure I inspire somebody just like I was inspired back in Korea."

Ortiz, the spouse of Chief Warrant Officer 3 Edwin Reyes, 1st Infantry Division Air Traffic and Airspace management, started the first Aqua Zumba class at Fort Riley after she said she saw a need for a low-impact fitness class on the installation. After talking with Hedy Noveroske, aquatics program manager with the Directorate

of Family and Morale, Welfare and Recreation, Ortiz was able to start the program.

"I decided there wasn't really anything in the area for low impact and I thought it was needed," she said. "I talked to Hedy at Eyster Pool and she was all for it."

Prior to moving to Fort Riley, Ortiz said she and her husband lived in South Korea where she began attending Zumba with a friend. After moving to Fort Riley, her friend convinced her to get her certification as a Zumba instructor. She traveled to Denver, Colorado, for the training a little over a year ago. However, Zumba alone didn't seem like

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BOWLING WITH MOM



Suet Lee-Growney | POST

Katherine Hardine, wife of Sgt. 1st Class Kiwanis Hardine, 1st Infantry Division Sustainment Brigade, helps her youngest daughter Keilani, 1, knock down as many pins possible at the Custer Hill Bowling Center on Mother's Day May 14. The bowling alley held a Mother's Day special where moms receive a free game of bowling with paid kid's game, a \$2.50 dessert or appetizer and a red rose.

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Maria Childs | POST

Limary Ortiz, wife of Chief Warrant Officer 3 Edwin Reyes, 1st Infantry Division Air Traffic and Airspace management, teaches an Aqua Zumba class at Eyster Pool April 29. “Whether I have one person in the class ... whether I have 30, I still give it my all,” she said. “I feel like if I don’t give my 100 percent, I may as well just go and they don’t know, but they make me happy. When I see their smiling faces, they motivate me.”

the right fit for her. In November 2016, she returned to Denver and got her certification in Aqua Zumba, which she said was a perfect match for her.

Ortiz said she preferred Aqua Zumba because it was unlike other fitness classes in the area and it felt more inclusive to her. For people who may feel intimidated or self-conscious at the gym or those who have physical limitation, she said she believes her class can be more comfortable for them because the water obscures their bodies, there are no mirrors and the water assists with movements.

“I try to stay on top of things and that’s when I realized that someone who was maybe a little intimidated ... maybe this will help,” she said. “It’s in the water. No one can see you. You get to dance. You get to have fun and have all the benefits of a workout.”

Participants are also welcome to wear whatever they are comfortable getting wet in the pool during the class.

Kelly Sutton, human resources assistant, Civilian Human Resources Agency-Southwest Region, said she started taking the Aqua Zumba class in March and attends three times a week.

“I’ve been trying to get healthy for awhile and I wanted to add another exercise program besides walking and I knew this was low impact on the joints and knees,” she said. “I’ve never exercised in my life in a regular exercise program until now and I miss it when I can’t be here. It’s wonderful.”

She said the water and Ortiz’s instruction made the class a comfortable and fun environment to improve her fitness.

“She is a ball of energy and she just exudes,” Sutton said. “You just want to imitate her as much as you can in the water.”

During the classes, Ortiz remains on the deck and performs the movements while participants are in the pool so they can all see her clearly. Lifeguards are present,


but the class is held in the shallow end of the pool where everyone is able to stand, so no swimming is required.

No matter how many participants attend, Ortiz said she gives the class with the same amount of enthusiasm and energy.


“Whether I have one person in the class ... whether I have 30, I still give it my all,” she said. “I feel like if I don’t give my 100 percent, I may as well just go and they don’t know, but they make me happy. When I see their smiling faces, they motivate me.”

The 45-minute class is every Monday, Wednesday and Friday from 4:30 to 5:15 p.m. at Eyster Pool. Each class or \$3 per person at Eyster Pool or pass bundles be purchased in a 10 class set for \$25 or a 30-day unlimited pass for \$40 at Whitside Fitness Center.

For more information about Aqua Zumba or group fitness classes at Fort Riley, visit riley.armymwr.com.




phc.amedd.army.mil/



Suicide Prevention Resources

NEVER LEAVE A FALLEN COMRADE



Buddies can Prevent Suicide

Not all Wounds are Visible

Be willing to listen.

It is your responsibility to get help for a fellow Soldier

For assistance:

- Talk to your Chaplain or a Behavioral Health Professional
- Call the Military Crisis Line at 1-800-273-TALK (8255) press 1 for the Military Crisis Line
- Call Military OneSource at 1-800-342-9647 or www.militaryonesource.com

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★ MAY 19, 2017

Alma

Story and photos by Suet Lee-Growney
1ST INF. DIV. POST

Over the Kansas River and through the Flint Hills, to Alma we go.

Tucked away from the restless Interstate Highway 70 and four miles south of Highway 99 is the town of Alma. Located in the heart of the Flint Hills, Alma is a small town bursting with culture and history — and cheese.

Alma is nicknamed “City of Native Stone” for a reason. The town was built on limestone bedrock, which is the foundation of the Flint Hills. These prevalent rocks were sources to many natural landmarks and building blocks for historical buildings and houses in Alma dating back to the 1800s.

Similarly, the limestone found in the stonework of Camp Funston at Fort Riley was quarried in Wabaunsee County.

The quiet town is also the entry point of one of America’s most scenic drives, the Native Stone Scenic Byway. The road takes drivers through some rolling terrain of the Flint Hills. Some of the most stunning historical landmarks made of native stone are the Historic Stone Fences that can be found along the byway.

In 1867, the open range law was abolished by the federal government. Hence, farmers had to build and maintain their own 4.5 feet tall stone fence. However, the farmers were paid 40 cents for every 16.5 feet of wall they built.

To view the stonework, follow signs for K-99 South. This road boasts Flint Hills’ natural wonder of prehistoric bedrock and showcases miles and miles of the dying art of native stone masonry.

One of the ways to learn more about the rich history is by visiting the Wabaunsee County Historical Society Museum. The museum has been in Alma since 1968 and contains a diverse collection of pivotal artifacts to Alma’s history, including some from the Underground Railroad.

An exhibit at the museum appealing to children is the 1923 REO Fire Truck where kids can climb in the front of the vehicle and ring the steel bell. The truck was built by REO Motor Car Company from Michigan on a REO Speedwagon chassis. The truck, in its period glory, would have had wooden spoke wheels, but the truck in the museum has been outfitted with steel ones.

Another vehicle on display at the museum is an original mail wagon from the 1880s. It is the museum’s most popular exhibit. Long before automobiles made their way along the Flint Hills roads, mail wagons were used to deliver mail and consumer goods in rain, sleet, sunny weather and snow.

The museum at 227 Missouri St., is open from 10 a.m. to 4 p.m. Tuesdays and Wednesdays and 10 a.m. to 5 p.m. Thursdays through Saturdays.

Driving down Missouri Street, there are bright colored signs of blue and yellow that depict cheese and directions to Alma Creamery. Located on 509 E. Third St., the cheese haven is perhaps one of the hottest places in Alma.

Dubbed “Home of the famous Alma Cheese,” Alma Creamery’s humble beginnings started in 1946. Today, it is one of the last creameries in Kansas. Their famous cheese is produced from milk delivered by a local dairy. They make a variety of cheese curds and all-natural hand-made products.

Toward Interstate 70 on 29300 SW 99 Frontage is Plumlee Buffalo Ranch. The 40-acre agrotourism and family-owned business offers ranch tours and bison meat for purchase. The ranch won multiple awards over the years for their breeding stock.

The best time to visit the ranch for a tour is in the spring when the calves are still small. The bison are quite used to seeing people and are sometimes friendly enough to come up to the fence and greet visitors.

To visit the ranch, call 785-539-2255 for a reservation. Visitors are encouraged to bring their cameras and will be driven around the ranch on a four-wheel vehicle. During this tour, tourists can also learn more about the Flint Hills and its native flowers.



The 1923 REO Fire Truck is one of the popular exhibits at the Wabaunsee County Historical Society Museum. Visitors can climb into the truck and ring the steel bell. The fire truck in the 20s would have had wooden spoke wheels, but the one in the museum has been outfitted with steel for durability.



ABOVE: Alma Creamery is one of the biggest attractions in town. The creamery started in 1946 and is one of the last creameries in Kansas. The cheese is made entirely of local milk. **RIGHT:** This Historic Log Cabin from the 1800s is part of the Railroad Park exhibits. The building was a gift from C. L. Gnadt Family to the Alma Area Foundation. **BELOW:** The Historic Millinery shop is set up just like it would have looked in the 1800s. The millinery is maintained by Alma Area Foundation and moved to Railroad Park in March 2000.

