

PUGET SOUND HONOR FLIGHT

Service members honor WWII veterans

Veterans tour monuments as part of annual trip to Washington D.C.

BY SENIOR AIRMAN JACOB JIMENEZ

62nd Airlift Wing Public Affairs SEATTLE — More than 60 service members from Joint Base Lewis-McChord and the local area honored veterans participating in the Puget Sound Honor Flight April 24 at Seattle-Tacoma International Airport.

The veterans were welcomed

CHILD AND YOUTH SERVICES

home after returning from their trip to Washington, D.C., to see monuments built in their honor, such as the World War II Memorial.

The event is one of four done annually by the Puget Sound Honor Flight, a nonprofit organization founded to serve World War II veterans. They pay all costs for the veterans to travel to Washington D.C., and visit monuments while celebrating their service along the way.

"From previous flights I've done, what I hear from veterans is that in past wars they were not received very well, and this is them getting the recognition now they didn't get then," said Navy Petty Officer 1st Class Jennifer Aguilar, the event's active-duty liaison. "When some of these men and woman come off the jetway, they stand up

SEE FLIGHT, 12A



SENIOR AIRMAN JACOB JIMENEZ 62nd Airlift Wing Public Affairs

Veterans participating in the Puget Sound Honor Flight are escorted through Seattle-Tacoma International Airport by local service members April 24.

PITCH, HIT, RUN, REPEAT



Air Force employee reflects on 50 years

AMMO civilian calls it a career

BY MASTER SGT. TODD WIVELL

62nd Airlift Wing Public Affairs For more than 50 years, Carl Barnes has been a member of the Air Force, serving 30 years and 28 days on active duty and then another 20 years and 3 months as a civil service employee.

SCOTT HANSEN Northwest Guardian

Xavier Golden, 13, of JBLM, delivers a pitch at the JBLM Pitch, Hit and Run competition at the CYS Athletic Fields on Lewis Main Tuesday.

Youth baseball players compete against peers

BY DEAN SIEMON Northwest Guardian

hether for personal measurement or for the competition against their peers, youths ages 7 to 15 took part Tuesday in the first day of the Joint Base Lewis-McChord Pitch, Hit and Run competition at the Child and Youth Services Athletic Fields on Lewis Main.

The competition takes place early in the JBLM CYS baseball season over multiple

SEE PITCH, 12A



Ava Fobian, 11, of JBLM, middle, runs the bases during the annual JBLM Pitch, Hit and Run competition at the CYS Athletic Fields Tuesday. Winners advance to sectional in Puyallup May 13.

On Sunday, he retired as a civilian employee of the Air Force.

Barnes, from Lufkin, Texas, joined the Air Force in 1965. Thirty years later, he retired as a chief master sergeant. Within nine months of that, he joined the Air Force as a civil service employee.

Working in munitions his entire career, with his last position as the 62nd Maintenance Squadron munitions flight chief, Barnes has dedicated his time in service to his country and his fellow Airmen.

"Since his enlistment during the Vietnam War, he ascended to the top of the enlisted ranks and achieved the rank of chief master sergeant,"said Chief Master Sgt. Rodney Neiss, 62nd MXS maintenance superintendent. "After his retirement from active duty, he elected to continue his service with the munitions community as a civil servant. After 50 years of service,

SEE RETIRE, 12A

CENTENNIAL CORNER



Courtesy Photo

4th Infantry Division Soldiers from Fort Lewis practice amphibious operations on Puget Sound circa 1960.

4TH INFANTRY DIVISION

On their return to the United States in 1956 from their Cold War post in Germany, the 4th Infantry Division was stationed at Fort Lewis. There they trained for their next deployment to Vietnam in the late summer of 1966, 22 years and two months after they landed on Utah Beach.

ARMY DIRECTIVE 2016-35

Resources available related to transgender Soldiers

BY DUSTIN PERRY U.S. Army Inspector General Agency

WASHINGTON — The Department of Defense lifted the ban on transgender service members last year, and as the military adjusts to accommodate this decision, service members and leaders may have questions about the implementation of this policy change.

Army Directive 2016-35, "Army Policy on Military Service of Transgender Soldiers," contains



the answers to most questions, but the office of the inspector general for a respective installation can provide basic information to service members and leaders, who can also reach out to Army subject-matter experts for more detailed information. Then-Secretary of Defense Ash Carter announced the lift on the transgender ban in June 2016.

"We don't want barriers unrelated to a person's qualification to serve preventing us from recruiting or retaining the Soldier ... who can best accomplish the mission," he said. "We have to have access to 100 percent of America's population."

The Department of Defense defines "sex" as being "assigned

at birth based on one's physical characteristics," while "gender" is defined as "one's internal sense of being male or female." Therefore, the DOD recognizes a transgender male as someone who was designated to be of the female sex at birth but identifies his gender as male, or male at birth who identifies as a female — regardless of whether sexual reassignment surgery has been conducted or not.

JBLM CENTENNIAL

4th ID troops demonstrate U.S. resolve in Berlin crisis

BY ERIK FLINT

Lewis Army Museum Director During the latter half of 1961, tensions between the Sovietbacked Warsaw Pact nations and the United States and its allies grew over the divided city of Berlin. At that time Soldiers from the Fort Lewis-based 4th Infantry Division continued to train as one of the nation's only three Strategic Army Corps, or STRAC divisions.

The 4th ID, along with the 82nd and 101st Airborne Divisions, comprised this unique strategic rapid response force. As STRAC Soldiers, the men of the 4th ID trained in every conceivable environment to maintain operational currency and readiness. From Alaska to the Philippines and from Greenland to Florida, the 4th ID deployed on exercises testing the capabilities of America's training, doctrine, logistics and individual soldier toughness.

When the crisis in Berlin culminated with the construction of the now infamous Berlin Wall, the U.S. decided to show their commitment to its West German allies and the now isolated island of West Berlin.

Beginning in January 1962, the Pentagon ordered Operation Long Thrust II. Originally meant to test the joint capabilities of the Army and Air Force to rapidly deploy forces to Germany, the exercise quickly morphed into a real-world operational deployment for the units involved.

The first units called upon to deploy to Germany as part of Long Thrust were three battlegroups of the Fort Lewisbased 4th ID. Tasked with the Long Thrust mission were the 1st Battlegroup, 22nd Infantry, the 2nd Battlegroup, 39th Infantry, and the 2nd Battlegroup, 47th Infantry.

The Battlegroup concept was originated in response to the possibility of combat on nuclear battlefields. Instead of large regimental or division-sized units, which would present a large target for enemy nuclear weapons, the Army created small, battalion-centric battlegroups as the basic unit of maneuver.

Each regular Army infantry division had five battlegroups, commanded by a colonel, and consisting of five rifle companies each commanded by a captain.



Soldiers from 2nd Battlegroup, 47th Infantry, 4th Infantry Division, from Fort Lewis, observe the communist side of the Berlin Wall during Operation Long Thrust II in 1962.

with their individual weapons and equipment on the first operational deployment of U.S. Soldiers on jet-powered Air Force transports.

Over the course of one week, 6,000 4th ID Soldiers flew out of McChord Air Force Base destined for West Germany. Once on the ground, the three battlegroups fell in on prepositioned equipment including vehicles, communications equipment, and ammunition stocks. The Fort Lewis Soldiers conducted a series of large exercises in the Hohenfels area that included the early large-scale use of vertical assault via transport helicopters.

Over the next year, units of the 4th ID rotated in and out of West Germany as part of operations Long Thrust II and Long battlegroups comprising the U.S. Berlin Brigade in the divided city of West Berlin.

At the end of 1962, the Long Thrust operations concluded. The Army then implemented a plan to rotate three stateside Army battlegroups continually in and out of West Germany as a signal to the Soviets of American resolve in Europe.

The Long Thrust exercises not only proved that U.S. forces could rapidly be deployed to Europe in times of crisis, they also highlighted the necessity to maintain stockpiles of prepositioned equipment upon which rapid-response forces, such as the STRAC battlegroups, could fall in upon and immediately move into action.

From half a world away, the

NEWS IN BRIEF

National Day of Remembrance celebrated Friday on JBLM

The Joint Base Lewis-McChord community is invited to attend the National Day of Remembrance Friday at 11:30 a.m. at the Carey Theater, themed "The Strength of the Human Spirit."

Henry Friedman, Holocaust survivor and Army veteran, is the guest speaker. This event will be hosted by 2nd Battalion, 3rd Infantry Regiment, 1st Brigade, 2nd Infantry Division.

Carey Theater is located in Bldg. 2163 on Liggett Avenue at Lewis Main.

For more information, call 253-967-0541. – 1ST BRIGADE, 2ND INFANTRY DIVISION

62nd Airlift Wing honors 6 of its victim advocates in ceremony

Leadership of the 62nd Airlift Wing honored six volunteer sexual assault victim advocates during the annual recognition event at the McChord Field Chapel Support Center April 27.

The event was used to recognize McChord Field's victim advocates who have gone above and beyond to help Airmen in need volunteering more than 4,000 hours at Joint Base Lewis-McChord.

"We just like to take time to really thank people who've stepped up to do something that is not very easy to do," said Heather Vanmill, McChord Field Sexual Assault Prevention and Response coordinator. "I think that the volunteer advocates are motivated to help people and they don't sign up to get recognition."

Victim advocates are volunteers who assist with the SAPR program, providing essential support, liaison services and care to victims. Responsibilities of an advocate include providing crisis intervention, referral and ongoing support, as well as providing information on available options and resources to assist the victim in making informed decisions.

The six volunteer victim advocates were thanked by leadership for their hard work and presented plaques of appreciation.

The victim advocates who were recognized were:

• Tech. Sgt. Michelle Rainey, 4th Airlift Squadron;

• Tech. Sgt. Dalynda Baker, 62nd Maintenance Squadron;

- Tech. Sgt. Deidre Barry, 446th Maintenance Squadron;
- Staff Sgt. Audry Akelkok, 62nd AW;

• Staff Sgt. Steven Swei, 62nd Aircraft Maintenance Squadron;

• Sara Beldin, 62nd AW.

To find out more information about the volunteer victim advocate program, call 253-982-0457.

– SENIOR AIRMAN JACOB JIMENEZ, 62ND AIRLIFT WING

AF Reserve announces 2016 Aeromedical Evacuation Awards

ROBINS AIR FORCE BASE, Ga. — The Air Force Reserve Command announced the winners of the 2016 Aeromedical Evacuation Awards April 28 at Robins Air Force Base, Ga.

Of the 16 award winners announced, Maj Beverly Davidson, 446th Aeromedical Evacuation Squadron, Joint Base Lewis-McChord, was named Outstanding Field Grade Officer assigned to a Reserve Aeromedical Evacuation squadron.

The aeromedical evacuation mission is to provide time sensitive, mission critical en route care to patients to and between medical treatment facilities. Care is provided by Air Force medics specially trained to operate within the global aeromedical evacuation system.

The only aeromedical evacuation unit on JBLM is the Air Force Reserve's 446th Airlift Wing on McChord Field.

The three Fort Lewis battlegroups deployed to Germany Thrust III. During this time, two of the Division's battlegroups, 2nd Battlegroup, 47th Infantry, and the 1st Battlegroup, 8th Infantry reinforced the three Soldiers of Fort Lewis's own 4th Infantry Division responded to a crisis in Europe with speed, discipline and professionalism.

SPECIAL OLYMPICS WASHINGTON

Volunteers needed for spring games

BY DEAN SIEMON Northwest Guardian

Special Olympics Washington is looking for volunteers from Joint Base Lewis-McChord to assist with events on the installation as part of the 2017 Spring Games June 2 to 4.

The organization is looking for volunteers for the cycling events and Olympic Town near Integrity Gate on Lewis North and the powerlifting event at Evergreen Theater on Lewis Main. Special Olympics Washington has hosted its Summer Games on JBLM in past years.

This year, the opening ceremony, soccer, track and field and other athletic events will be located at Pacific Lutheran University in Parkland. There's still a need for volunteers from JBLM, especially for cycling, powerlifting and the Olympic Town festivities.

"We're really hoping to get all of those volunteer spots filled with people who are already on base," said Elise Tinseth, volunteer outreach manager for Special Olympics Washington.

Cycling events would need the most volunteers on JBLM - 200 people for June 3 and 4. Because races will be done on the streets on Lewis North, volunteers are needed in groups to help direct cyclists and monitor traffic.

Additional volunteers will be needed for Olympic Town, which is generally where vendor booths with games and activities are set up.

"We'll need people to help set up, tear down, man the booths and help athletes go from the cycling venue to Olympic



SGT. SINTHIA ROSARIO 5th Mobile Public Affairs Detachment / 2015

Corvin McGarey, from the Tumwater Power Dragons, performs a squat of 205 pounds during the powerlift event for the Special Olympics Washington Summer Games at Joint Base Lewis-McChord Saturday. Volunteers are needed for the 2017 event on JBLM in June.

Town," Tinseth said.

Powerlifting is only expected to have about 60 athletes, with about 10 to 15 volunteers needed to assist with athletes checking in, being staged, warming up and setting up the weights for each lift.

Anyone interested in volunteering can go online to specialolympicswashington.org/volunteer. The site provides details and opportunities for the Spring Games, along with an online application.

Volunteers can be service members, spouses and even family members. Anyone younger than 18 must have a parent or guardian sign off on their application. Younger volunteers need a chaperone with them at all times.

Tinseth said there are addi-

tional opportunities for volunteers at the opening ceremony and the events at PLU, as well as the swimming events at King County Aquatic Center in Federal Way.

For the athletic events, such as track and field, the organization is hoping to find 200 to 300 volunteers per day. An additional 150 to 200 are sought for soccer. Overall, there will be 2,000 athletes participating in this year's Spring Games.

"We have four large events a year and this is our biggest one," Tinseth said. "In total, we're looking to have about 1,000 volunteers."

For more information, email volunteers@sowa.org.

Dean Siemon: 253-477-0235, @deansiemon

Four JBLM athletes named to Team Army for Warrior Games

ARLINGTON, Va. — The U.S. Army Warrior Care and Transition has selected 40 wounded, ill and injured Soldiers and veterans to represent Team Army at the 2017 Department of Defense Warrior Games June 30-July 8 in Chicago.

From Joint Base Lewis-McChord and the surrounding community, four athletes were selected to represent Team Army at the 2017 DOD Warrior Games :

- Spc. Maria Garcia, Warrior Transition Battalion;
- Sgt. 1st Class Heather Moran, WTB;
- Col. Danny Dudek, I Corps;
- David Iuli, veteran.

These athletes will compete against teams from the Marines, Navy, Air Force and Special Operations Command in eight sports: archery, cycling, sitting volleyball, shooting, swimming, wheelchair basketball and track and field.

Established in 2010, the Warrior Games were developed to aid in the recovery and rehabilitation of our nation's wounded, ill and injured service men and women as they return to duty or transition to the civilian world.

For more information, visit wct.army.mil and follow at facebook.com/armywct and twitter.com/armywct.

- ARMY WARRIOR CARE AND TRANSITION

Lincoln Military Housing first in military, multifamily housing

HERNDON, Va, — Lincoln Military Housing has been recognized by SatisFacts Research for providing premier customer service April 27. Lincoln Military Housing, that manages the base housing on Joint Base Lewis-McChord, received both the Exceptional Resident Satisfaction Company Award (average score of 4.5 or higher) and National Company Resident Satisfaction Award.

This award marks the third year in a row that Lincoln Military Housing has ranked nationally in the SatisFacts Resident Satisfaction Awards.

"We are so fortunate to have team members that truly believe in demonstrating our mission to our military families every day, 24 hours a day, seven days a week," said Cindy Sheridan, Lincoln Military Housing's national service director. "It's inspiring to see their commitment in action and then to be recognized for it."

Of nearly 350 property management companies that participate in the SatisFacts survey program, Lincoln Military Housing had the highest score of both military and conventional multifamily housing property management companies.

"We are proud and thankful that the efforts made by our team at Lincoln Military Housing to serve the men, women, and families of our military services are recognized by our exceptional residents," said Philip Rizzo, vice president of operations.

The awards are based on SatisFacts program surveys submitted by Lincoln Military Housing residents throughout 2016. – LINCOLN MILITARY HOUSING

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QUOTE OF THE WEEK

"I am pleased ... Congress has secured a \$21 billion increase in funding for our defense. This is an important step toward rebuilding military readiness at a time when we are confronting serious security challenges throughout the globe. These additional funds will accelerate the campaign to defeat ISIS, support ongoing operations in Afghanistan and address critical budget shortfalls. Everything from new missiles and ammunition, to facility upgrades, to new aircraft are being funded by this bill. By focusing on military spending, this budget agreement reaffirms the president's commitment to responsibly fund defense."

Jim Mattis Secretary of Defense



COLOR RUN: Thousands "wear" the colors while running in the JBLM 5K Awareness Run on Lewis Main Saturday. See story, 1B

NWGUARDIAN.COM

• Fish on: More than 100 people came out to participate in this year's annual McChord Field Top III Fishing Derby Saturday at Carter Lake on Joint Base Lewis-McChord. Children from ages 1 to 15, were split into four age groups and fished from 8 a.m. to 2 p.m. for an opportunity to win prizes and trophies. For this year's event, trophies were given out for the heaviest, longest and smallest fish for each age group.

• I3MP delivers: The Product Manager for the Installation Information Infrastructure Modernization Program completed the delivery of a state-of-the-art information technology capability modernization effort at Joint Base Lewis-McChord recently. The modernizations enable JBLM to provide a secure suite of collab-



oration, real-time communications and supporting services to the users on any device, anywhere in the world. This modernization effort directly affected the Army network for the project's core customers at the headquarters for JBLM, the I Corps and the 62nd Airlift Wing, in addition to the Madigan Army Medical Center and the JBLM Network Enterprise Center.

201ST EXPEDITIONARY MILITARY INTELLIGENCE BRIGADE

Team building serves community

BY SFC

CLAUDINE HENRY-YOUNG 201st Expeditionary Military Intelligence Brigade Public Affairs

The 201st Expeditionary Military Intelligence Brigade Sexual Harassment/Assault Reporting and Prevention Office facilitated a volunteer event, building homes with Habitat for Humanity of Tacoma April 5 to 7 and April 19 to 21.

The brigade's SHARP office hosted the event as a part of the brigade's Sexual Assault Awareness and Prevention Month activities.

"We wanted a departure from conventional SHARP training and focus on the bigger picture - the team," said Michael Audas, victim advocate with the 201st EMI Bde. "If you are willing to work on behalf of another human being, it's the same vein as intervention for someone else."

For the Soldiers from the 201st EMI Bde., it was a good teambuilding opportunity, they made new community partnerships and learned new skills.



Soldiers assigned to 201st Expeditionary Military Intelligence Brigade volunteer for Habitat for Humanity of Tacoma in April.

"I look forward to volunteering again," said 1st Sgt. Isaac Cummings III, Headquarters and Headquarters Company, 201st EMI Bde. Private First Class Michaela

English, Headquarters and Headquarters Detachment, 109th Military Intelligence Battalion, said Habitat for Humanity is all about helping the community in

need – something the brigade's SHARP program does as well. "SHARP helps those who need it and provides the resources," English said.

The Joint Base Lewis-McChord Soldiers saw many similarities between the SHARP program and Habitat for Humanity.

"I enjoyed doing this because it was for a good cause, like SHARP it is about community outreach," said Spc. Kristian Lintner, from the 109th MI Bn.

Soldiers across the brigade worked with Habitat for Humanity staff and other volunteers to make progress on several homes at various stages of construction. Soldiers from the brigade painted, laid tile, dug trenches for plumbing and many other tasks.

These Soldiers dedicated their time in both the rain and shine. At the end of six days on site, the 201st EMI Bde. Soldiers saw the dedication of two homes to local families within the Tacoma area.

"I thoroughly enjoyed being given the opportunity to get out of the office environment and provide assistance to those in need," said Spc. Nicholas Seaman-Boyce, HHC, 201st EMI Bde. "It was both refreshing and rewarding.'

446TH AIRLIFT WING

New in-house process means fast cash

BY DAVID YOST

friendly. An update was com-

446th AW to the 62nd Airlift

446th Airlift Wing Public Affairs

The 446th Airlift Wing's Financial Management Office successfully tested managing vouchers at the wing level, and now members can receive their travel voucher faster when using eFinance.

A now permanent program used by the Financial Management Office, eFinance local voucher processing was tested throughout 2016 before the wing received permanent authorization to process vouchers in house.

Previously, the vouchers were processed at Ellsworth Air Force Base, S.D., and the 446th Airlift Wing Financial Management Office was one of five organizations chosen to test it in the Air Force Reserve.

While the workload for financial management specialists decreases, eFinance users may not consider the website user

pleted April 28, but it remains to be seen if this will change the overall user experience.

"It walks the member through step by step," said Tech. Sgt. Jesse Hughes, a 446th AW travel pay technician. "It just takes a long time."

The extra time spent using the program allows travel voucher payments to be received more quickly in a process that is secure and paperless.

About 250 vouchers are processed through eFinance a month, with another large number also processed through DTS. Eventually the two systems in use now could be merged into one. According to the Rainier Wing's Financial Management Office, they don't receive lots of positive feedback. The thinking is that Citizen Airmen like options as much as they like receiving payments quickly.

"Instead of having three par-



DAVID YOST 446th Airlift Wing Public Affairs

Patricia Gaura answers questions in the 446th Airlift Wing Financial Management Office on Joint Base Lewis-McChord April 24.

ties involved, we just kind of do it in house," said Patricia Gaura, a 446th AW financial management specialist. "Instead of 12 people doing it, only about a graveyard of four is doing it, and we were able to pay them out within a week."

Currently, a dual system is employed for processing travel vouchers. The Defense Travel System for temporary duty lasting more than 44 days, and eFinance is for shorter periods. Travel vouchers previously were sent through DTS from the

Wing and then to Ellsworth. Any necessary changes or adjustments would send the voucher back to the member.

Gaura gives an example of why the voucher process would take longer due to needed adjustments.

"Let's say the member (is) one penny off on DTS," Gaura said. "We have to spit it back. That's the regulations, there's no supplemental. You can amend it later, but still we won't pay you, we'll say you need to change that one penny. And then that costs more time for routing.'

Those vouchers are now processed by the 446th AW, and can be partially paid without resubmitting the entire voucher. The remaining balance owed can be paid after submitting a supplemental voucher. This helps decrease payment wait time and delinquent government travel card accounts.

627TH SECURITY FORCES SQUADRON

McChord security forces protect the flightline 24/7

Hailey, 627th

stands guard

McChord Field

Squadron

on the

flightline

March 28.

Security Forces

BY SENIOR AIRMAN DIVINE COX

62nd Airlift Wing Public Affairs The Airmen of the 627th Security Forces Squadron have a very important job at McChord Field, which is to ensure the safety and well-being of all personnel, their families and base assets 24/7.

Armed and trained Airmen from the 627th SFS answer the call of duty every day to ensure the McChord Field flightline is secure at all times by patrolling it with vigilance.

"Our primary role here is protection of personnel and assets on the airfield," said Airman 1st Class Jonathan Hailey, 627th SFS patrolman. "If we were not here, then all our personnel and assets would be at risk."

Hailey said there are always multiple patrols in motion on the flightline.

"We usually set up in different



SENIOR AIRMAN DIVINE COX 62nd Airlift Wing Public Affairs

spots as a deterrent and to maintain visibility near the fence line," Hailey said. "That way the offbase population can see there is a police presence here and we are able to be in contact with people on the flightline and respond to anything that happens.'

Staff Sergeant Lucas Pellett, 627th SFS Bravo Flight flight sergeant, said the flightline is

always patrolled by their security reaction team.

"We have an (special reaction team) that is always mobile within the flightline," Pellett said. "We are always doing restricted area badge checks, random antiterrorism measures, ramp plots and a lot of other things to make sure our aircraft and personnel are always secure."

When patrolling the flightline, the patrols are looking for any and everything that looks suspicious or out of the ordinary.

"We are looking for everything when we are out there," Hailey said. "From vehicles that shouldn't be on the flightline, to people jumping the fence or acting suspiciously around the fence line. We look for any kind of problems that could affect the safety of our maintenance personnel."

Based on the violation that occurs when stopped by a patrol, determines the type of administrative action the violator will receive, Pellett said.

"If it's something minor, we would just contact our McChord Law Enforcement desk, and we would go and sort it out," Pellett said. "For something bigger, like breaking red, we would detain them, remove them from the

area, have them searched and make sure they have the proper credentials to be in that area. If not they would be transported to Joint Base Emergency Center."

Breaking red refers to an incident where an individual crosses a red line, which runs along the flightline to show base personnel and contractors where not to cross.

Pellett added that the 627th SFS take their job here extremely serious.

"Our mission is to provide installation security," Pellett said. "Without us out here, there would be a lack of security and anybody could just walk onto the plane. I've had maintenance Airmen come up to me and tell me that they feel a lot safer knowing we are out patrolling and keeping the flightline safe so they can do their jobs."





Commander, I Corps and Army Senior Commander, JBLM Lt. Gen. Gary J. Volesky

Commander, 62nd Airlift Wing and Air Force Senior Commander, JBLM Col. Leonard J. Kosinski

Joint Base Garrison Commander, JBLM Col. Daniel S. Morgan

> **Public Affairs Officer** Joseph Piek

Command Information Officer Kelsy Hustead

Editor Bud McKay

Pamela Kulokas

Assistant Editor

Ruth Kingsland Photojournalist,

Journalists

Dean Siemon

Page Designer Scott Hansen

To contact the Northwest Guardian, call 253-477-0182. The newspaper office is in Building 1010, Joint Base Lewis-McChord, WA 98433-9500; email NWGEditor@nwguardian.com. Provide feedback online at https://ice.disa.mil.

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VIEW FROM THE TOP



SENIOR AIRMAN DIVINE COX 62nd Airlift Wing Public Affairs / 2016

Joint Base Lewis McChord parents celebrate the homecoming of their children during a Kids Understanding Deployment Operations event on McChord Field in 2016. This year's KUDO event takes place May 13 to help kids understand what their parents do when they serve in the military.

Military brats are heroes when mom, dad serve

BY STAFF SGT. RACHEL WALLER Force eight years ago and had my 22nd Air Refueling Wing Public Affairs

McConnell Air Force Base, Kan.

am a brat. Well, more like an Army brat, but I am brat just the same. This means I am a proud child of an Army veteran – my dad.

Some of my earliest memories involve hearing Soldiers call cadence as they ran behind our house on post. I also remember my dad getting ready to leave for training, dressed in his field uniform, making the peace sign and walking out the door as I was having breakfast.

When I was younger, I never thought of how much it sucked to give up time with my dad because he had a military commitment or that he missed out on birthdays, holidays and memories. It was normal to me. I was used to By the time I was five, my dad left the service so my brothers and I could have a more stable childhood while growing up near family. I never understood what that decision meant until I joined the Air

three children.

Two of my children were born while we were was stationed overseas. They only knew their family through short video calls on Sundays, and they didn't meet them until after we got stateside orders.

Before my eldest son was one, I deployed. It pained me to know that I was going to miss his birthday and a lot of his "firsts" but he was so young, he didn't know the difference. At least, that's what I told myself to make it easier.

When I was pregnant with my third child, my husband was deployed, and I was slotted for advance training back at the school house. Therefore, my children were uprooted from their lives for two months and moved to another state to live with their grandparents so my

Operation KUDO

Family and Morale, Welfare and Recreation is hosting a Kids Understanding Deployment Operations event May 13. The event is open to 250 children (ages 5-12 years old) to increase their understanding of the deployment processand decrease negative stressors . For more information, call 253-982-7721.

.....

cause he knew dad was fixing airplanes and he would see him soon.

Every day, my children unknowingly make sacrifices to support my military career. Whether it's the amount of time they spend with me or their personal time, I am grateful to them. I want to say thank you to not only my children but, all military children for their never ending love and support for their service member, because I know without it. I wouldn't be able to do what I do daily. Our military children are the true unsung heroes.

STRAIGHT TALK

To join the "Straight Talk" conversation, visit facebook.com/JBLewisMcChord



What's the strangest thing you've ever eaten?

"Kangaroo."

- KELLY DOWDLE COUNTRYMAN

"Blood sausage."

- DARCIE TURNER

"Just crickets."

- ELIZABETH TANG

"Cow brains, only I didn't know it was cow brains. When I was a kid, I thought my grandma was making a normal hamburger. She told me it was cow brains when I was finished eating." – JOSEPH PIEK

"Emu. It's actually really good."

- TODRIANNA ETHERIDGE

"Puffer fish."

- DONNA RAE MCINTOSH

"Sauteed silkworms in Korea."

- ROXY COBLE

"Gum off the sidewalk! Does that count? Lol."

Next week's question

What is your idea of the perfect Mother's Day?

CHAPEL SERVICES

CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.) Sunday, 9 a.m. — Lewis Main Chapel Sunday, 9 a.m. — Madigan Chapel Sunday, 10 a.m. — McChord Chapel No. 2 Sunday, noon — Lewis Main Chapel

Sunday, 5 p.m. — Lewis Main Chapel Weekdays, noon — Lewis North Chapel Weekdays, 11:45 a.m. — Madigan

Chapel; call 253-968-1125 1st Friday, noon — McChord Chapel No. 2

PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers' Chapel 8:30 a.m. — Traditional — McChord Chapel No. 1 10 a.m. — Contemporary — Four Chaplains Memorial Chapel 10:30 a.m. — Collective — Lewis Main Chapel 10:30 a.m. — Collective — Madigan Chapel 10:30 a.m. — Contemporary — Evergreen Chapel 11 a.m. — Contemporary – McChord Chapel Support Center 11 a.m. —Gospel — Lewis North Chapel

DIVERSE WORSHIP - RJ LEE Jewish

Friday, 7 p.m. — Lewis Main Chapel Islamic Friday, 12:30 p.m. — Evergreen Chapel, 253-968-1125 Buddhist Friday, 6 p.m. — Soldiers' Chapel, 253-966-5959 Pagan/Wiccan Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

husband and I could meet our military commitments.

They didn't complain; in fact, they were jealous that we flew on aircraft without them.

This year, my oldest turned five and this time around, his dad was deployed. He didn't make a big deal that dad missed his birthday be-

JBLM SNAPSHOT



SENIOR AIRMAN JACOB JIMENEZ 62nd Airlift Wing Public Affairs

Col. Leonard Kosinski, left, 62nd Airlift Wing commander, passes a guidon to Col. Mark Fuhrmann, right, 62nd Operations Group commander, as Chief Master Sgt. Scott Mills, 62nd OG chief, stands at attention during a change of command ceremony at Joint Base Lewis-McChord Monday.

THIS WEEK IN HISTORY

May 5, 1961: The first American in space.

May 6, 2004: Final episode of Friends airs on NBC.

May 7, 1945: Germany surrenders unconditionally to the Allies at Reims.

May 8, 1984: Soviets announce boycott of 1984 Olympics.

May 9, 1914: Woodrow Wilson proclaims the first Mother's Day holiday.

May 10, 1869: Transcontinental railroad completed.

May 11, 1934: Dust storm sweeps from Great Plains across eastern states.

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ARMY MARINE CORPS NAVY AIR FORCE COAST GUARD VETERANS Allenmore Marketplace 3407 S. 23rd St., Tacoma, WA

Lakewood Towne Center 6030 Main St. SW, Suite F, Lakewood, WA

The Landing at Hawks Prairie 1140 Galaxy Dr. NE, Suite A, Lacey, WA 15815 Meridian E, Puyallup, WA

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NORTHWEST GUARDIAN **Transitions**

CORPORATE FELLOWSHIP PROGRAM

Program offers summer training

BY RUTH KINGSLAND Northwest Guardian

For transitioning service members looking for a way to move smoothly into the civilian workforce, Hiring Our Heroes' Corporate Fellowship Program aims to give the networking opportunities and employable skills job seekers want.

For the past three years, Camo2Commerce and Hiring Our Heroes has worked with several local corporate businesses to create a program that has placed more than 1,000 transitioning service members into jobs.

One recent success story is Capt. Robert White, Headquarters and Headquarters Battery, 2nd Infantry Division Artillery, who graduated from the program this year and plans to transition out of the Army this summer after 20 years of service.

"This program is one of a kind," White said. "It provides you with networking and lets you look behind the curtain of a company without being an employee. You get to solve real-life problems and learn about different companies in the Seattle/ Tacoma area."

White lives in DuPont and is originally from Virginia. He plans to move to Austin, Texas, after he transitions out of the military. He will work for the nonprofit Vetted Foundation, an organization aimed at helping



Capt. Adam Fugent, left, Headquarters and Headquarters Company, 2nd Brigade, 2nd Infantry Division, meets Microsoft's Joe Wallis for a Corporate Fellowship Program interview in DuPont April 20.

service members enter the civilian workforce.

White credits the Corporate Fellowship Program with giving him confidence and relationships that will help him succeed in the Vetted Foundation. He also plans to accept an internship offered with the Tacoma Chamber of Commerce this summer.

White said it's important that

service members getting ready to transition consider signing up for the Corporate Fellowship Program.

"Don't discount or disqualify vourself – come learn about the program and the companies involved," he said. " You don't have to go work at a big company like Amazon. There are a lot of smaller companies in the area that have a lot to offer and may

be looking for someone like you."

The program is open to active-duty service members transitioning out of the military within six months of the start of the program, as well as military spouses of active-duty service members. The next training begins Wednesday and runs through July 28.

Rob Comer, lead national

"Don't discount or disqualify yourself come learn about the program and the companies involved."

Capt. Robert White

Headquarters and Headquarters Battery, 2nd Infantry Division Artillery

trainer and program manager with Hiring our Heroes' Corporate Fellowship Program at Joint Base Lewis-McChord, said the program is aimed at helping military leaders and spouses build their resumes with civilian networking and work experience.

"One of the most effective ways to assist in meeting these goals is through a fellowship in an actual business," Comer said.

The program is in its seventh cohort, three each year, and has maintained more than 90 percent client job placement rate, with annual salaries in the high \$70,000 range, he said.

Comer previously worked with Camo2Commerce and helped develop the current fellowship program, which now is part of the national Hiring our Heroes, U.S. Chamber of Commerce Foundation.

For more information, visit: tinyurl.com/l9gxwuj.

VETERAN AND WOUNDED WARRIOR HIRING SUMMIT

NAVSEA connects military to jobs in PNW

BY DEAN SIEMON Northwest Guardian

Naval Sea Systems Command will bring the seventh annual Veteran and Wounded Warrior Hiring and Support Summit May 23 and 24 to the Double Tree Hilton Hotel – Seattle-Tacoma Airport.

Employers and hiring managers will host a one-day summit May 23, and the hiring fair May 24 is free to attend. Walk-in interviews are available for wounded warriors, veterans, transitioning service members, family members and caregivers. This is the first time the event is taking place in Sea-Tac. Considering the military connections with pipelines at installations like Joint Base Lewis-McChord, the Seattle area could be a perfect site. "You have major tech industries and defense contractors and then it also helps that NAV-SEA has a presence out there with the Naval Undersea Warfare Center at Keyport," said Caitlin Williams, deputy program manager for NAVSEA's Veteran and Wounded Warrior Program Office.



Hiring managers representing a variety of companies, big and small, attend the 2014 Employer Summit part of the Department of the Navy's Veteran and Wounded Warrior Hiring Summit.

ties attending, such as Alaska Airlines, Boeing and Microsoft. Additionally, smaller regional companies, like Wilcox Family Farms based in Roy, will be present.

While prospective employees from the military community get to learn about job opportunities, organizations attending also have a chance to learn about the talent pool. The first day's Employer Summit is considered a platform for employer awareness.

Some organizations have

The first two events took

Courtesy Naval Sea Systems Command / 2014

ment positions with groups like NAVSEA, Space and Naval Warfare Systems Command and Transportation Security Featured employers include a Administration.

James Slater, deputy director for NAVSEA's office of corporate communications, said NAVSEA is looking to fill more than 800 positions for the shipvard and Naval Undersea Warfare Center in Keyport.

Then there are large corporations with Pacific Northwest

already hired veterans and want to provide feedback on how those who served can benefit all companies.

"It's a platform to share resources and best practices," Williams said.

Job seekers are able to bring their resumes and speak with employers during the hiring fair, which starts May 24 at 9 a.m. Parking at the hotel will be validated at no cost. Lunch will also be provided.

For more information or to register before the event, visit hireavet.navy.mil.

Dean Siemon: 253-477-0235, @deansiemon

JBLM COLLEGE GRADUATION CEREMONY

Nearly 200 graduates to walk at JBLM ceremony at CPTC

Lourdes

Ortiz, left,

Cpl. Mark

Ortiz and

their son.

smiles with

her husband,

BY RUTH KINGSLAND Northwest Guardian

More than 180 of this year's 600 Joint Base Lewis-McChord graduates have signed up to walk in JBLM's college graduation ceremony at Clover Park Technical College May 12. The students – military and family members - will receive degrees and certificates from one of the 40 colleges and universities participating in the higher learning programs at the David L. Stone Education Center on base.

Students will graduate from JBLM's eight resident schools: St. Martins University, Brandman University, Pierce College, Central Texas College, City University of Seattle, University of Maryland University College, Central Washington University and Embry-Riddle Aeronautical University, as well as 32 off-base universities and colleges.

Graduates participating in the event include service members and family members.

The keynote speaker at the event will be retired Marine Corps Maj. Gen. Chris Cortez, vice president of Microsoft's



Military Affairs. Colonel Daniel Morgan, JBLM garrison commander, will provide the welcome remarks at the ceremony.

place in Washington, D.C.,

before fairs in San Diego, Ra-

leigh, N.C., San Antonio and

wide range of corporations and

businesses. There are govern-

Tampa, Fla.

The highest ranking service member in this year's graduation is Chief Warrant Officer 5 James Israel, who will serve as the student speaker at the graduation.

Israel recently retired as the

command chief warrant officer of I Corps and previously served as senior tactical operations officer for I Corps. He's currently earning a bachelor of science in management studies from the University of Maryland University College.

Courtesy photo

Another JBLM graduate is Lourdes Ortiz. She is originally from the San Francisco Bay area

If You Go:

What: The JBLM College **Graduation Ceremony**

Where: Clover Park Technical College, 4500 Steilacoom Blvd. S.W., Lakewood

When: May 12 at 1 p.m. Doors open at 12:30 p.m.

and is the wife of Cpl. Mark Ortiz, 1st Battalion, 23rd Infantry Regiment, 1st Brigade, 2nd Infantry Division. The couple has one son, 2-year-old Marcus, and a baby due in November.

"At first I did not think returning to school was possible, affordable or in my plan," she said. "I graduated with my bachelor's degree in 2009 and had not returned to school because I did not know what I wanted to do."

As a military family, they could have to move on short notice, Ortiz said, which also could be a complication in completing her studies.

"I did not want to start a pro-

gram and later have to move and not finish," she said.

Ortiz said that being a stay-athome mom also was a consideration, since she wasn't sure she'd be able to complete a traditional program while taking care of her son full time.

"Luckily, I found a program that was 100 percent online and (I) was able to work around my schedule," she said. "It took many long hours and sleepless nights to complete, but finally, I'm here. I feel proud, happy, overwhelmed with many emotions because I finally completed this goal."

Ortiz will graduate from Liberty University with a master's degree in human services with a focus on counseling, addiction and recovery. She said she hopes to someday work with military families and veterans.

"It has been a long road, but I am finally glad to have accomplished this goal and be a positive role model for my son and family," she said. "I believe anything is truly possible. You just have to remove that selfdoubt and take the first step."

Marcus. Lourdes is one of 180 graduates who will walk in the JBLM Graduation Ceremony at **Clover Park** Technical College May 12.

FRIDAY MAY 5 2017 I Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@ nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT Engineers train

A Soldier from 22nd Engineer Clearance Company, 14th Brigade Engineer Battalion, 2nd Brigade, 2nd Infantry Division marks information on a concrete slab as another Soldier crawls through a hole recently created during training April 27 at Muscatatuck Urban Training Center, Ind., as part of Guardian Response.

STAFF SGT. TODD POULIOT 40th Public Affairs Detachment

LET'S HEAR IT

What do you want to know in 2017? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information. wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477- 0182.

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days on Joint Base Lewis-McChord.

May 26 - Army DONSA May 30 - Air Force Family Day

June 9 - Army DONSA July 3 - Army DONSA and Air Force Family Day Sept. 1 - Army DONSA

Nov. 24 - Air Force Family Day

RESERVE SPOTS FOR MOTHER-SON DANCE

Enjoy a fun-filled evening at the Club at McChord Field's Mother-Son Dance Friday from 6 to 9 p.m. with appetizers, punch, fun, door prizes and dancing. Reservations are required; the cost is \$20 per couple and \$8 per additional son. Dress is semi-formal. No walk-ins allowed at the door. For reservations, call 253-982-5581/0718. Prepayment is required prior to the event.

CELEBRATE CINCO DE MAYO WITH MWR

Get your Cinco on Friday and pick your spot for fun:

• The McChord Pub has fabulous food and beverage specials, plus entertainment from 4 to 10 p.m.

• The Warrior Zone offers Salsa/Bachata dance lessons from 7 to 8 p.m., and dancing, food and drink specials from 8 p.m. to 1 a.m.

• Samuel Adams Brewhouse has Margarita specials, chips, salsa and fun from 4 p.m. to midnight. must attend; spouse is welcome and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main.

EXTRAORDINARY DADS CLASSES ON JBLM

Join a dads support group "extraordinary dads" where fathers support fathers. Learn how to become a better father and have a place to do activities with your children. Receive support from other dads who understand the dayto-day struggle of raising children. Classes take place on the second Wednesday of the month from 11:30 a.m. to 12:30 p.m. at Bldg. 2013 N. 3rd Ave., Lewis Main. Next class is Wednesday. For more information, call 253-967-5901 or email extraordinarydads@gmail.com.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

Do you like to discuss books? Join the McChord Library's Novel Navigators. This adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Wednesday to discuss "The Fifth Avenue Artists Society" by Joy Callaway. Registration is required; register in person for the group. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For questions or more information, call 253-982-3454.

dinner and wine sampling. For ages 21 and older. Advance Registration is required; call 253-982-2124. Whispering Firs is located at 895 Lincoln Blvd. at McChord Field.

WARRIOR ZONE'S OPEN MIC AND KARAOKE

Celebrate the return of Open Mic Night at the Warrior Zone the first and second Thursday of the month at 6 p.m. Entertain your friends on stage and come back for more. Karaoke Night debuts the first and third Saturdays of the month at 6 p.m. Have fun belting out your favorite tunes with your buddies with host DJ Rae. WZ is open to ages 18 and older only. For more information, call 253-477- 5756. The WZ is on the corner of 17th and D streets at Lewis North.

AIR FORCE CLUB MEMBER SCHOLARSHIP

Need money for college? Are you, your folks or spouse a member of the Club at McChord Field? Enter to win up to a \$7,000 scholarship from Air Force Clubs with an essay or video. Submit your video or essay by May 12; get complete information at visit myairforcelife.com/clubs or stop by the Club at McChord Field, 700 Barnes Blvd. For more information, call 253-982- 5581.

JBLM COLLEGE GRAD CEREMONY MAY 12

Joint Base Lewis-McChord's annual College Graduation Ceremony is set various degrees. For more information, call 253-967-2126.

WIN PRIZES AT SAM ADAMS TRIVIA NIGHT Are you good at trivia?

Test your knowledge at Samuel Adams Brewhouse's free Friday trivia nights: May 12 and June 9 and 30 from 7 to 9 p.m. for fun and prizes. Sam Adams is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

OPERATION KUDO FOR ALL BRANCHES

The Operation Kids Understanding Deployment Operations event is set to take place May 13 from 9 a.m. to 2 p.m. at Bldg. 576 on McChord Field. Registration deadline is May 8 and caps at 250 kids. Open to ages 5 to 12 and all branches of the military. Bring your own snacks and drinks. To register, visit tinyurl.com/m8nnjb5 or call 253-982-2695.

VISIT OUTDOOR REC OPEN HOUSE

Bring the entire family to the Open House and Sidewalk Sale at the Northwest Adventure Center May 13 at 9 a.m. for free rock wall climbing, a bounce castle, popcorn and cotton candy, kids' activities, a sidewalk sale and a sneak peek at the store remodel. Kids' activities include a giant inflatable dart board, a bird watch by the water and making paw prints with plaster. As the NAC transitions new equipment rentals into the program, some used rental equipment will be for sale. Some new store items will be available for sale, including spring apparel from The North Face and KUHL and Osprey backpacks. Check out the yard sale for great deals. If

you have items to sell in the sidewalk sale, secure your spot early for \$12 per table by calling 253-967- 8282. The NAC is located at 8085 NCO Beach Road at Lewis North.

CELEBRATE MOTHER'S DAY AT THE CLUB

Does Mom have a lot on her plate? Let us dish up something she'll really like at the annual Mother's Day Brunch May 14 at the Club at McChord Field. Seating is at 10 a.m., noon and 2 p.m. The cost is \$28.95 for ages 13 and older, \$14.95 for ages 4 to 12, and free for ages 3 and younger. Club members receive a \$2 discount. Reservations are required; save your seats now by calling 253-982-5581. The Club is located at 700 Barnes Blvd.

REMEMBERING WWI THROUGH BOOK CLUB

Remember the 100th anniversary of World War I with JBLM libraries' new book club, part of an Army Library initiative commemorating the United States' entry into World War I. Book discussions take place quarterly at either the Grandstaff or McChord libraries. The second book discussion, "A Sailor of Austria" by John Biggins is set to take place at McChord Library May 16 at noon. No registration is needed. A limited number of print copies are available at the libraries, or copies can be downloaded as E-books. For more information, call Grandstaff Library

Services recruitment fairs May 16 and 30 at Eagles Pride Golf Course to recruit for the position of CYS program assistant with flexible hours for afternoon and evening for child development centers, schoolage care and before-andafter-school care and camps. From 8 to 10 a.m., **CPAC** receives applications and resumes. From 9:45 a.m. to 3 p.m., CYS facility managers conduct initial interviews. NAF HR may extend tentative job offers. Interested applicants need to bring their Social Security card and birth certificate and/or passport, and submit two copies of paper applications at the event. Download DA Form 3433 from jblmmwr.com on the community update page. Qualification requirements are that you must be at least 18 years old, able to lift 40 pounds, possess a high school diploma, are able to communicate verbal and written — in English and favorable completion of pre-employment and background checks. Hourly rates of pay based on qualifications: entry \$12.40, skilled \$13.53, target \$15.19.

SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the third Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is May 18.

For more information on each event, visit jblmmwr.com.

PLAY BINGO AT SAM ADAMS BREWHOUSE

Samuel Adams Brewhouse is giving away prizes to winners for the Bingo at the Brewhouse event Friday and May 17 from 7 to 9 p.m. The event is free. Samuel Adams Brewhouse is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

PLAY BUNCO AT SAM ADAMS BREWHOUSE

Do you like to play Bunco? Grab some friends or make some new ones Saturdays at Bunco at the Brewhouse Saturday and June 10 from 6 to 10 p.m. The buy-in per person is \$10. Samuel Adams Brewhouse is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop every Monday from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcscheckappointments.com.

JBLM FAMILY HOUSING FIRE SAFETY CLASS

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in. Service member

ENJOY NINE WINE AND DINE AT GOLF COURSE

Sign up for an fun golf evening of wine sampling, nine-hole golf and dinner at Whispering Firs Golf Course Thursday from 5 to 10 p.m. Pay \$90 per couple for your green fees, cart, to take place May 12 at 1 p.m. in the Sharon McGavick Student and Conference Center at Clover Park Technical College in Lakewood. Service members, family members, veterans and civilians will be awarded certificate, associate, bachelor and master-level

at 253-967-5889 or McChord Library at 253-982-3454.

APPLY TO WORK FOR CYS AT JBLM

Joint Base Lewis-McChord NAF Human Resources Office is sponsoring Child and Youth

TEEN BABYSITTING COURSE AVAILABLE

Child and Youth Services is hosting a free 14-hour certified babysitting course for teens May 18-20 at Hillside Teen Zone. Course includes basic care, developmental ages and stages, safety, first aid, CPR and more. Students must be registered with CYS, at least age 12 to take the class and age 13 to babysit on base. Advance class registration is required; call 253-967-4441 for more information. The Hillside Teen Zone is at 6397 Garcia Blvd. on Lewis Main.

ENJOY ARMED FORCES DAY AT JBLM

Experience the 2017 Armed Forces Day activities at Lewis Main May 20 from 10 a.m. to 6 p.m. at Cowan and Memorial Stadiums. See military equipment, encampments and displays and enjoy carnival rides, bounce houses, a petting zoo, roving entertainers, a volksmarch, plus your favorite fair foods and vendor giveaways. The day's events are open to the general public; use Interstate 5's Exit 119 for entrance to the installation. DOD ID cardholders can use any open gate. Visit jblmarmedforcesday.com for the complete schedule.

CLAIMS AGAINST THE ESTATE OF AIRMAN:

Claims against Tech. Sgt. Charles M. Shands, Maintenance Flight, 62nd Maintenance Squadron, Joint Base Lewis-McChord, deceased April 14, or his estate, need to contact 2nd Lt. Joshua Diaz, 446th Maintenance Squadron, summary court officer at 446 MXS, 253-982-2284.

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs!

Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

What's My Next Move? Second Monday of the month from 1:45 to 3:15 p.m. at Work Source Pierce. Next meeting is Monday. Email kmyers@esd.wa.gov or call 253-552-2547.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/ technology/business brief.

Mini Career Technical, Apprenticeship and Education Fair takes place Mondays (except DONSAs and federal holidays) at Hawk Transition Center Auditorium at 10:30 a.m. Walk-ins are always welcome.

Hiring Our Heroes Corpo-

rate Fellowship Program Training starts Wednesday and continues through July 28. This program is open to eligible active duty service members transitioning out of the military within six months from the start of this program. Additionally, this program is also open to all military spouses of active duty service members. Military leaders and spouses need a transition program that can significantly build their civilian network and add civilian work experience to their resume. Becoming a fellow in this program notably increases the

chances of landing a career that correlates with your education, experience and current level of pay. In addition, weekly fellow huddles and guest speaker/mentor programs will also be taught during the program. For more information, contact Rob Comer at rcomer@uschamber.com.

Worksource Pierce Weekly Meetings Every Thursday from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. Fore more information, call 253-593-7300 or email backtowork@workforce-central.org.

Camo2Commerce has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to midgrade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes or email rob@pacmtn.org.

WorkSource Veterans Service Orientation Briefings take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW 7th St., Renton, Wash. Next meeting is May 17. For more information, call 206-205-3500.

Veteran and Wounded Warrior Hiring & Support Summit May 23-24 at the Double Tree Hilton Hotel-Seattle Airport, 18740 International Blvd., Seattle. This is a free event; walk-ins are welcome. Join employers. human resources professionals, hiring managers and prospective leaders to discuss the challenges and solutions associated with Veteran hires and their transition to the civilian sector. Meet employers from the Department of Defense, federal agencies and the private sector. For additional information and registration, please visit: hireavet.navy.mil.

SFL-TAP Summer Job Fair June 27 from 10 a.m. to 1 p.m. at Safeco Field, Sponsored by Hiring Our Heroes and SFL-TAP. This one-of-a-kind event will feature a hiring fair, networking opportunities and workshops tailored to veteran job seekers, service member and military spouses. All registered veterans and military spouses are eligible to receive up to two free tickets for their families to attend that evening's game between the Mariners and the Philadelphia Phillies. For more information, visit tinyurl.com/msf7j3y.

Boots to Business This is a three-day workshop covering topics related to how to start a business. Gain tools and knowledge needed to identify a business opportunity, draft a plan and launch an enterprise. Day three will consist of a field trip. To register or for more information, call 253-967-5599 or 253-967-3258.

Spotlight Events and Employer Hiring Check for employer spotlight events on social media at facebook.com/ jblmunlimited for more information. Sign up at sfltap.army.mil or with your SFL-TAP Center at 253-967-3258/5599.

ACCOUNT SERVICES PAYMENT COORDINATOR

WSECU — Salary: DOQ with benefits package. The account services payment coordinator is: responsible for operational development, implementation, and administration of member and business payment products and services including cash management; maintains knowledge to provide support in resolving all system and technical inquiries, operational policies and procedures relating to payment products and other duties. Interested applicants should submit a resume and apply online at jobs. wsecu.org.

NWP SAFETY OFFICER IN RICHLAND

Washington State Department of Ecology — Salary: \$36,744 to \$48,060 annually. The Nuclear Waste Program program within the Department of Ecology is looking to fill a Nuclear Waste Program safety officer position. This position is located in the Richland Field Office in Richland, Wash. The NWP safety officer position has various other safety related tasks associated with it, such as, employee job task analysis coordinator, Hanford general employee training and Hanford site access badge coordinator. For more information about the job, visit tinyurl.com/nxvbvzd.

FROM PAGE 1A FLIGHT

from their wheelchairs and you can see the pride in their faces."

Arriving at SeaTac Airport from Washington, D.C., the veterans were greeted by service members with a salute and individually escorted through the airport.

"I think this is one of those events that junior military members get to connect what they are doing to a bigger picture of history," Aguilar said. "This is great for them to volunteer and get that connection to history. It's very significant."

The volunteer service members for the event spent more than an hour with veterans sharing their experiences serving.

"I'm very thankful to be here to honor them and show respect for what they did for our country," said Airman 1st Class Sara Vande Wetering, 62nd Aerial Port Squadron passenger service specialist. "I talk to a lot of veterans on a daily basis and a lot of them say they don't feel recognized. I think this means a lot to them."

From the terminal, veterans were escorted to the airport atrium. As they went through the airport, applause could be heard from airport patrons and passengers. Many people stood in respect or shook their hands to thank them for their service.

"The veteran I escorted was very appreciative that we were able to welcome him home one last time," said Staff Sgt. Zachary Ely, 62nd Maintenance Squadron aerospace propulsion specialist. "He was blown away by the welcome he received throughout the airport."

Arriving at the airport atrium, veterans were greeted again by hundreds of people applauding them, waving flags and the sounds of bagpipes being played.

"I think the fact that the veterans could see current military members here honoring them meant a lot to them," Ely said. "It was great to show our tradition of remembering and honoring those who have served and come before us."

The next Puget Sound Honor Flight will take place May 22. To request to volunteer or find out more information, visit pugetsoundhonorflight.org.



SENIOR AIRMAN JACOB JIMENEZ 62nd Airlift Wing Public Affairs

Veterans participating in the Puget Sound Honor Flight are welcomed home by local community members at Seattle-Tacoma International Airport April 24. More than 60 Joint Base Lewis-McChord service members volunteered to provide escort to the veterans.

FROM PAGE 1A PITCH

days of practices, allowing coaches to send players in small groups each day. Only four weeks into their season, the coaches view it as part of the development process.

"It makes them improve," said Sgt. 1st Class Anel Roe, of Group Support Battalion, 1st Special Forces Group. "They see where their level is, or they see if they can progress to the next level."

The competition featured three parts where participants accumulated points based on pitching accuracy, hitting accuracy and speed. While pitching, youths threw at a 17-inch by 30-inch banner — boys with a baseball from 45 feet away and girls with a softball from 35 feet away.

Hailey Fobian, 14, whose father is Sgt. 1st Class Frank Hernandez, of Headquarters and Headquarters Battalion, 2nd Infantry Division Artillery, struggled. She hit the target only two out of six throws.

"I play baseball, not softball," Fobian said. "But there's always next year if you don't win."

For hitting, a ball was placed on a tee for all ages. The goal was to hit it as far as possible down a line to dead center. Distance was subtracted based on how far left or right the ball landed from dead center.

Although that might seem like



pitch as Isaiah Bryant, 13, looks on. from JBLM has advanced to the state level. Still, there's hope among all of the coaches that

Isaiah Johnson, 13, right, throws a

Brady Woodward, 12, of JBLM, takes a swing during the JBLM Pitch, Hit and Run competition Tuesday.

the more popular category, Steve Wartella, CYS sports specialist, said his favorite event is the run. Youths must run a total of 120 feet from second base to home plate. Points are awarded based on time under 9.5 seconds; anything slower will receive just 50 points.

"You get to see who's the fastest," Wartella said. "It pushes the kids to go faster than the kid in front of them."

The competition can also continue long-standing sibling

rivalries. Brady Woodward, 12, had set the top overall time of 7.02 seconds, but his celebration was short-lived. His brother, Brock, 15, finished in 6.5 seconds.

It's a competition their dad, Spc. Scott Woodward of 13th Combat Sustainment Support Battalion, 42nd Military Police Brigade, has seen often through years of backyard baseball. The rivalry continues to drive both of them.

"It just makes me want to

keep trying," Brady said.

The top eight in each age group will advance to the sectional competition May 13 at 12:30 p.m. at the Puyallup Recreation Center in Puyallup. The state competition date, time and location have yet to be announced.

Boys and girls competing at state will qualify for spots in the national competition at Major League Baseball's All-Star Week at Marlins Park in Miami in July. According to Wartella, no one someone can represent the installation. "It would be impressive to see someone from my teams or from JBLM who (are) able to make it there," Roe said. "It

make it there," Roe said. "It would make us all proud as volunteer coaches." The competition continued Wednesday night Youths from

Wednesday night. Youths from McChord Field will have their chance to qualify for the sectional round Saturday while JBLM CYS hosts games from 9 a.m. to 3 p.m. at the fields on Lewis Main.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1A POLICY

prove the timing of the medical treatment. The service member must also notify his or her brigade-level commander of any change to the medical treatment

gender role consistent with his or her preferred gender. One key difference between RLE for civilian patients and RLE for transitioning Soldiers is that the Army generally requires that RLE occur in an off-duty status, and not at a service member's place of duty. Army policy requires that during all transition phases, including RLE, a transitioning Soldier must meet all Army standards for uniforms and grooming, body composition assessment, physical readiness testing, drug testing, and other military standards as they apply to his or her gender marker in DEERS, unless the transitioning Soldier has an approved exception to policy. Once a Soldier has completed all phases of his or her approved gender transition plan, the Soldier's brigade-level commander will submit written approval to the commander of U.S. Army Human Resources Command

within 30 days of receiving all required information.

HRC will make the appropriate gender change in the Army personnel information system, modation of transgender Soldiers in their formations.

Recognizing this need, the assistant secretary of the Army for Manpower and Reserve Af-

Army Directive 2016-35, released Oct. 7, 2016, established Army policies and procedures governing how service members who would like to begin transition or are in various stages of transition must proceed in order to change their gender designation in the Defense Enrollment Eligibility Reporting System and continue Army service in their preferred gender.

The gender transition process for an active-duty service member, who is eligible for military medical care, begins when the service member receives a diagnosis from a military medical provider indicating that gender transition is medically necessary.

The transitioning service member must request that the brigade-level commander applan, the projected schedule for treatment, or the estimated date for the change in the service member's gender marker.

The actual transition process will vary from person to person, based on the treatment plan developed by the treating medical professionals working with the transitioning service member. Some service members may ultimately undergo sex reassignment surgery, while others may be treated through less invasive options including hormone therapy or other minor medical interventions.

One common phase of the gender transition process in most treatment plans is known as "real-life experience," which refers to a period where a transgender service member commences living socially in the which will update the Soldier's gender marker in DEERS. Once the gender marker has been updated in DEERS, the Soldier is subject to all applicable standards required by his or her updated gender, to include using preferred gender-appropriate berthing, bathroom and shower facilities, with certain accommodations.

Army leadership acknowledges that implementation of this policy will present challenges associated with addressing transgender Soldiers' needs while maintaining mission focus and the readiness of the Army.

Commanders and leaders may have questions concerning the Army's implementation of this policy or may simply need assistance with understanding the issues surrounding the accomfairs has established a Service Central Coordination Cell composed of medical, legal and military personnel experts to provide advice and assistance to commanders, address their inquiries, and process requests for exceptions to policy in connection with Soldiers undergoing gender transition. The SCCC can be reached via email at usarmy.pentagon.hqda-dcsg-1.mbx.sccc@mail.mil.

It is important to note that IG offices cannot investigate issues of discrimination against transgender Soldiers. Transgender Soldiers who believe they have experienced discrimination based on their gender are encouraged to contact their chain of command or their local Army equal opportunity adviser.

FROM PAGE 1A RETIRE

Mr. Barnes has chosen to handoff the baton and finish his race."

As Barnes reflected on his 50 years, he mentioned how so much has changed since he first entered the military.

"The utilization of the computer has been the biggest change I have seen since entering the Air Force," Barnes said. "When I first came in, we used pencil and paper to document everything to include the (Enlisted Performance Report) form. We would hand write our EPRs, turn them over to an administrative clerk who would type them up, hand them back to us and then we would proceed with getting the signatures.

"Even as I was leaving my active-duty career, we were just starting with word processors, and it took me a while to get use to this new technology."

As much as technology has changed since he first entered the Air Force, the mantra of taking care of his people and



SENIOR AIRMAN JACOB JIMENEZ 62nd Airlift Wing Public Affairs

Carl Barnes, middle, 62nd Maintenance Squadron munitions flight chief, conducts an inspection on a carton of ammunition while Tech. Sgt. Christopher Groessler, left, and Senior Airman Forrest Fender look on at the munitions facility located on McChord Field April 24.

those he works with has never changed.

"People are the most important asset you have," Barnes said. "I have always lived by the fact that you need to take care of your people and to let them know you care about them. This is not always giving them a pat on the back — sometimes (it) requires a kick in the pants to motivate them — but at the end of the day, it is about having their backs."

Some feel Barnes leaves behind an old-school legacy.

"For more than 50 years, Mr. Barnes continued to serve from his love for the munitions mission and the men and women that followed that career path," said Tech. Sgt. Christopher Groessler, noncommissioned officer in charge of stockpile management with the 62nd MXS. "This is not a dedication and drive found very often in many, especially with the knowledge and expertise he possesses. The leadership style he has dedicated himself to cannot be measured and will undoubtedly leave behind an immense void to be filled."

Speaking to taking care of his people, Barnes commented on one his most proudest moments in the Air Force.

"Back during Operations Desert Storm and Desert Shield, while assigned to Shaw Air Force Base, South Carolina, I led 240 Airmen into a deployed location, and we supported 72 F-16 aircraft as our primary mission," Barnes said. "I led 240 Airmen into that conflict, we were successful in completing the mission and we returned home with all 240 Airmen, and this was one of my proudest moments."

Major Dave Thompson, 62nd MXS squadron commander, said Barnes leaves big shoes to fill and will be deeply missed. "We will be 'henging up' his

"We will be 'hanging up' his

Air Force number permanently," Thompson said. "This number was an index used to track personnel that stopped sometime around the Vietnam War and very few government employees can claim they still have one. His placard will be memorialized very close to his seat in the maintenance conference room where he represented the men and women of AMMO for two decades here at McChord in his second Air Force career."

The AMMO Airmen said when Barnes spoke, people would stop what they were doing to hear his stories.

"As a true trailblazer, Mr. Barnes has watched our Air Force transform, and he was very much a part of the process," Neiss said. "Not only is the AMMO community privileged with talking to Mr. Barnes, but all Airmen are fortunate to share in hearing his Air Force story.

"The message is simple. The Air Force will be 70 years old this September and Mr. Barnes proudly served his country and fellow Airmen for over 50 years of its existence. What greater message could be shared?"

New AAU team aims for Vegas Showcase

Former service member starts new AAU team for youth hoops players

BY DEAN SIEMON Northwest Guardian

Joint Base Lewis-McChord has a new Amateur Athletic Union boys' basketball team on base, the JBLM Sonics.

So far, the JBLM Sonics have competed in two AAU boys' basketball tournaments, including last weekend's Oregon Open Run Spring Showcase in Beaverton, Ore. It took a lot of effort to make an AAU team on JBLM a reality.

Last November, Sierra Cotes

was speaking with players and parents as a new basketball coach for Joint Base Lewis-McChord Child and Youth Services. She talked about her experience playing and coaching for youth teams in the Amateur Athletic Union.

After the meeting, Cotes said a player told her about his AAU coach leaving the state and said he would be interested if she coached a team on JBLM. Cotes credits that exchange for when the ball got rolling to form an

official AAU basketball team on the installation.

"This team was three months in the making," she said. "There are a lot of hoops you have to jump through."

In addition to the paperwork the AAU requires, Cotes also has to make the team a certified nonprofit organization through the Internal Revenue Service. That allowed the team to utilize the JBLM CYS gymnasium on Lewis Main for practices.

Although it was a lot of work, the effort shows how passionate Cotes is for basketball. She played the sport through her

SEE AAU, 2B



Hunter Wendland, 14, left, drives past Quinton Wagner, 12, during JBLM Sonics AAU practice on Lewis Main April 25.

JBLM 5K AWARENESS RUN



Capt. Travis Emery, of Headquarters and Headquarters Company, 555th Engineer Brigade, is doused with handfuls of colored powder in the

ON THE SCHEDULE

REGISTRATION OPEN FOR YOUTH, BUMBLEBEE SOCCER

Youth: Joint Base Lewis-McChord Child and Youth Services' sports program is offering youth recreational soccer leagues to teach fundamentals in a fun atmosphere. Youth soccer for ages 5 to 15 is \$55. Bumblebee soccer classes for ages 3 and 4 is \$25. Youth must be registered in CYS to enroll in sports. For more information, visit jblmmwr.com/cys or call 253-967-2405.

SPORTING CLAYS SHOOTING COMPETITION SCHEDULED

Outdoor: The monthly Sporting Clays shooting competition is Saturday at 10:30 a.m. at the Joint Base Lewis-McChord Skeet and Trap Range on Lewis Main. Competition includes 100 targets across 10 different stations, commonly nicknamed "golf with shotguns." Registration opens at 9 a.m. and is \$35 per participant. For more information, call 253-967-7056.

MEETING SET FOR JBLM OPEN LEAGUE VOLLEYBALL

Intramurals: A sign-up meeting for the Joint Base Lewis-McChord open league volleyball is set for Wednesday at 6 p.m. at Nelson Recreation Center on Lewis Main. Teams can include all JBLM ID cardholders ages 18 and older. Registration is \$300 per team. League starts June 17 with league tournament July 29. For more information, call 253-967-4768 or visit jblmmwr.com/ intramural.

THOUSANDS RACE FOR COLORS, CAUSE

final stretch of the JBLM 5K Awareness Run outside Family and MWR's Fest Tent on Lewis Main Saturday.

Awareness Run targets sexual violence, abuse

BY DEAN SIEMON Northwest Guardian

aptain Travis Emery, of Headquarters and Headquarters Company, 555th Engineer Brigade, thought he could go an entire color run without getting hit with flying powder. He thought wrong as he approached the final stretch during Saturday's Joint Base Lewis-McChord 5K Awareness Run at Family and Morale, Welfare and Recreation's Fest Tent on Lewis Main. The last color station with several volunteers would not simply allow him to cross without being pelted by blue, orange, purple and other colors.

Emery said he tried to talk them out of it, which didn't work; he resembled a 1960s

SEE RUN, 2B



J.J. Conway, 12, soaked in as much color as he could as volunteers delivered during the JBLM 5K Awareness Run outside Family and MWR's Fest Tent on Lewis Main Saturday.

GET DOWN AND DIRTY DURING JBLM MUD RUN

Races: The annual Joint Base Lewis-McChord Down and Dirty Mud Run will take place May 13 outside of Soldiers Field House on Lewis Main. Three heats of runners start at 9 a.m., 10 a.m. and 11 a.m. Race bib pick-up starts at 8 a.m. Ages 7 and older. Children younger than 15 must run with an adult. Late registration deadline is Wednesday; \$25 for ID cardholders and \$35 without military affiliation. For more information, visit jblmmwr.com/races/mudrun.

MEETING SET FOR JBLM OPEN LEAGUE BASKETBALL

Intramurals: A sign-up meeting for the Joint Base Lewis-McChord open league basketball is set for May 17 at 6 p.m. at Nelson Recreation Center. Anyone on JBLM with a valid ID (service members, families and civilians) can join. Each team is \$300. Players without teams can be placed on a team. Season starts June 17. For more information, visit jblmmwr.com/ intramural or call 253-967-4768.

JBLM CENTENNIAL

Old Fort Lewis Warriors team battled Harlem Globetrotters

BY DEAN SIEMON Northwest Guardian

Former Major League Baseball pitcher Danny Litwhiler's time on Fort Lewis in the mid-1940s included being part of the undefeated Fort Lewis Warriors baseball team that went 45-0 that year. Litwhiler was also part of a championship basketball team on the installation.

In his autobiography "Danny Litwhiler: Living the Baseball Dream," Litwhiler wrote about

the Fort Lewis Warriors basketball team he put together to win the Ninth Service Command Championship in 1945.

"In my job as director of recreation and entertainment, I assumed the position as head basketball coach," Litwhiler wrote. "I put together one fine basketball team. We won the Ninth Service Command championship in basketball."

Litwhiler wrote his assistant coach and on-the-floor captain was Matt Guokas, who played

one season for the 1946-47 Philadelphia Warriors of the Basketball Association of America.

The team included Walt Kirk, a former star at the University of Illinois, who played two seasons in the National Basketball Association. The Warriors also had an All-American in Lou Posner, DePaul University, and several talented high school basketball players.





Gale Bishop came to Fort Lewis after playing college basketball at Washington State University. Bishop was a big part of the 1945 Fort Lewis Warriors.

Courtesy of Washington State University

FROM PAGE 1B AAU

childhood until she blew out her right knee at age 16. It was her second severe knee injury; the first came when she dislocated the same knee and sprained her MCL in the sixth grade.

"Either I would walk with a cane for the rest of my life or stop playing basketball," Cotes said.

Her passion led to coaching when she was 20. During her military service as an Army private first class, Cotes coached for various school and youth teams between Germany and Washington state.

She's already made an impact on the 12 JBLM Sonics players ranging in age from 12 to 15. Jack Zimmer, 15, played center



Isaiah Johnson, 13, inbounds the ball during JBLM Sonics basketball practice at the Child and Youth Services' gymnasium April 25.

for the boys' team at Mann Middle School in Lakewood. In the brief time with the JBLM Sonics,

he said he's become more aggressive thanks to Cotes. "Our coach, she really pushes us to the limits, but it's good for us," Zimmer said.

While Cotes is pushing the players, she's also providing structure for them during the basketball offseason. The structure AAU basketball provided her as a youth was like a second family, she said.

It's already making a difference for some of the players on the JBLM Sonics, including Hunter Wendland, 14. The Sonics are the first organized basketball team he has played for, and he's one of the two team captains with Zimmer.

"I used to go outside and shoot, but this team really taught me all of the rules (and schemes)," Wendland said.

The JBLM Sonics had a good start in its first tournament at Mount Rainier High School in Des Moines, Wash., on Easter weekend – finishing fifth of eight teams with a 1-2 record.

Cotes also wants to get the team ready to qualify for the Las Vegas Showcase in July, where the top 92 teams in the nation are invited. Tournaments like last weekend in Oregon provide a chance for the team to see what skills it needs to work on next.

In terms of bigger picture, Cotes said she wants to potentially branch out and offer more teams at different grade levels for boys and girls. She also wants to get players involved in more than just basketball.

"We plan on doing community outreach and getting involved in the community as well," Cotes said.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1B **RUN**

tie-dyed shirt crossing the finish line.

"It gets all in your face," Emery said. "It's a bad idea to smile, too."

More than 2,000 members of the JBLM community attended the free event, both as spectators and participants. Entries ranged from service members to family members, retirees and civilians who made up the largest turnout for a JBLM fun run in recent memory.

But it wasn't just a color run – the colors represented awareness for sexual violence, child abuse, domestic violence, drugs and alcohol and suicide prevention.

"The partnership with Sexual Harassment/Assault Response and Prevention and Family and MWR to make this a free event is big for the community and for the cause," said Aaron Jones, director of JBLM Sports, Fitness and Aquatics.

Plenty of people looked forward to running through a rainbow. Elizabeth Herbold and her daughter, Rachel Ogen, 14, wore all white attire for the run, even their shoes.

"We wanted to make sure we soaked up all of the color," Herbold said.

In addition to the 5K run, there were activities inside Family and MWR's Fest Tent with sponsors and JBLM organizations, including Armed Forces Community Services and the I Corps and 7th Infantry Division SHARP staffs.

Members from both SHARP



Even puppies got into the color run fun as Staff Sgt. Maria Achille, of 1st Battalion, 37th Field Artillery Regiment, 1st Brigade, 2nd Infantry Division, carries her dog Rocky after completing the JBLM 5K Awareness Run Saturday.



groups considered the JBLM 5K Awareness Run as great place to deliver their message. This included the "What Would You Do?" wheel, which landed on a situation and the spinner was asked how they would handle it. One example was witnessing someone who placed something unknown in another person's drink.

"When you put a game in the equation, you're getting max participation and you're reaching service members and their families," said Master Sgt. Betrece Conley, the noncommissioned officer in charge for I Corps' SHARP office.

The JBLM Arts and Crafts Center had a table set up where people could make awareness bracelets and collages that can acts as inspiration boards.

"It's about using art materials for the purpose of stress relief, anger management and coping," said center manager Lesley Hill.

The main attraction remained



Sgt. 1st Class Jose Santamaria wears the colors proudly during the JBLM 5K Awareness Run on Lewis Main Saturday.

the color run and the different ways people left more colorful than before. No one was left out, not event toddlers in strollers and puppies on leashes.

Some runners took the opportunity to dress up as various fictional characters. Specialist Connor Albertson, of Headquarters and Headquarters

Company, Madigan Army Medical Center, dressed up as Pikachu from Pokemon. The video game character ended up with more hues than yellow.

"Everyone wants to throw color at Pikachu; you just gotta catch him," Albertson said. Staff Sergeant Mario Miranda,

of Headquarters and Head-

Patrick Marriam, 18 months, is all smiles after the JBLM 5K Awareness Run on Lewis Main Saturday.

quarters Company, 13th Combat Sustainment Support Battalion, 42nd Military Police Brigade, said it was a great time to enjoy with his wife, Lydia, and his two sons, Salgerus, 9, and Ronaldo, 5. Miranda said the event was a good way to start talking with his sons about the right thing to do when topics like harassment

and abuse come up.

"We don't just do it for the paint and fun," Miranda said. "We do it to show our kids the right way to grow. Teach them to respect one another, and intervene when help is needed."

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1B WARRIORS

"A number of college players (participated), but no one exceptional who went on too far," said Duane Denfeld, Joint Base Lewis-McChord historian.

Gail Bishop was easily the top player for the Warriors. Born in Bellingham, Wash., Bishop played at Washington State University before coming to Fort Lewis. He had actually come to Fort Lewis in 1943 during World War II, but he was part of the Warriors' team for three consecutive trips to the annual Amateur Athletic Union Basketball Tournament.

"(There were) a lot of corporate teams," Denfeld said. "They give (basketball players) a job title and then they go play basketball all day."

In the second round of the 1945 AAU Tournament in 1945,

Bishop set the record for the most points scored by an individual with 62 points. The record was set during a second round game against a Chamber of Commerce team from Hoxie, Ark. — a game where Fort Lewis won 87-21.

"That was a little overdone," Denfeld said. "It was like running up the scoreboard and padding stats."

Bishop scored 32 points against the Peoria Caterpillars the very next night. He was reportedly a big focus by opposing teams, according to Adolph Grundman in "The Golden Age of Amateur Basketball: The AAU Tournament, 1921-1968," until Fort Lewis was eliminated by the Cessna Bobcats. The tournament was won by the Phillips 66ers over the Ambrose Jellymakers of Denver, 47-46.

Although the team didn't win the AAU Tournament, it did have a special highlight when



By ED HONEYWELL Despite the herculean efforts of Gale Bishop, who tossed in 20 points to run his season's total to 860 in 37 games, the Harlem Globe-trotters scored a 46-45 victory over a crowd in excess of 3,500 persons Wednesday night at the Tacoma armory. The Globetrotters went out in front shortly after the game got under way and remained ahead for approximately 36 minutes, holding 11-6, 23-18 and 38-31 guarter leads. With four minutes of play re-maining, however, the Warriors knotted the count at 38-all. Bernle Price sank a free throw to put

A story in a 1945 issue of the Tacoma News Tribune highlights a close contest between the Fort Lewis Warriors and the Harlem Globetrotters at the Tacoma Armory.

playing the Harlem Globetrotters Feb. 21 at the Tacoma Armory. The two teams also

played each other in 1943 as the first game presented by the Tacoma Athletic Commission,

which was won by Fort Lewis, 36-28.

The Harlem Globetrotters earned revenge with three wins that year, including Feb. 21, 1945, 46-45. Bishop led the team with 20 points, according to a Tacoma News Tribune article by Ed Honeywell that ran days later.

Outside of Guokas' professional career, Bishop was the only Warrior to play professionally after leaving Fort Lewis. Bishop spent one season with the Philadelphia Warriors for the 1948-49 season after signing a \$10,000 signing bonus.

"At that time, it was a big signing bonus," Denfeld said. "Today, who would play for that?"

Bishop averaged eight points per game with the Warriors before a knee injury ended his basketball career.

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Business and Services	ACE CONSTRUCTION "ROOF PROS" Complete Roofing Service BEST PRICES and IMPECCABLE REFS. Leak Repair Special. BBB "A" rated Free Est. Senior Disc. #acecco932de CALL BRUCE 253-389-4758	The Great Northwest Building Company Inc FREE On Site Consultation & Estimate, Design / Build Room Additions & Homes, Garages, All types of Remodeling, Kitchens, Bathrooms, Structural Repairs, Decks / Foundation to Finish greatnorthwestbuilding.com	Alpha y la Omega Get Ready for SUMMER! Trimming Avail., All Landscape Construction And Maintenance. Resid & Comm. Clean ups, Patios, Decks, Fences, Hauling, Removal Tree Pruning. 10% disc for new customers & Seniors Lic# ALPHAYL944LI 360-880-3347 360-880-3347	KD Tree Service & Stump Grinding LLC Lic, Bonded, Insured. kdstusg903kk Call Doug today for free estimates 253-888-3185. Sr discounts. BBB Latinos Landscaping & Trees Clean up's, barking, fences, new	SALVADOR'S LANDSCAPING Commercial & Residential Lic # SALVAL*849LA • Painting • New Lawn • Beauty Bark • Pres. wash • Blackberry Removal • Pruning
Cleaning Janitorial \$99 WHOLE HOUSE CLEANING BY: FAST MAGGIE 24/7 call or text 253-766-9669	B & C CONSTRUCTION Concrete, fences, 30 year exp! Highest quality, lowest prices! FREE EST! Lic/bond/ins 253-961-9942 CHECK LIST PAINTING Exterior= \$1.999 - \$3.499 Includes	Lic#greatnb022n4 253-847-4710 THE WINDOW GUYS Energy Efficient Windows & Doors Lic/Bond/Ins lic# windog*933ba	alphaylaomega.com Antonio's Reliable Landscaping And General Contractor Roof Cleaning & Gutters, Pressure Wash, Patios, Decks, Shrub Removal	lawns, excavation, lawn maint., commercial/residential Reasonable Rates! Lic# LATINL*874K9 253-330-7094	Brush & Tree Trimming Sprinklers Gutter & Roof Cleaning Edging Lawn Aerating Tree Removal Leaf Blowing
JACKIE'S CLEANING SERVICE Spring Clean Special 253-472-7010 MJ's HOUSEKEEPING Making Customers Happy for over 25 yrs!	labor & materials, Call/Text 24/7 253-287-2982 #checkp*833cc DAVE OWENS PAINTING Interior/Exterior FREE ESTI 20 yrs expl Military and Sr	FREE EST! SR. DISC. 253-380-4496 Tony Marques Landscaping & General Contractor	& Tree Service, Brush Removal & Clean Up, Cement Work, Fences, Rock Wall. We Design Gardens From Small Too Big Jobs! Residential and Commercial. Lic/Bond/Ins. #ANTONRL852L2 360-801-6346	LAWN & TREES Clean, ups, new lawn renovations, thatch, seed, tagro. Weeding, hauling, sprinkler start up, repair &	CALL 360-277-6414 TORRES FAMILY LANDSCAPING LLC Lawn Care, Year Round Maintenance,
Making Cultures Happy to over 25 yrs: Specials for New Customers 4 HR service - \$84 8 HR service - \$158 (253)-926-1012 www.mjshousekeeping.com	Disc. #dave00p895qb 253-202-8196 JT ROOFING Specialist, tear off & reroof, framing, Press. washing, 15 years exp. FREE EST! LOW	Fencing Free service Painting Pressure washing Concrete	CHAU LANDSCAPING Complete Clean up, Mowing, Edging, Pruning, Trimming, Bark, Hedging, sod & overseeding, Comm/Res. Lic/Bond/Ins Free Est! 253-230-5913	install. Retain, walls. Fences. Pressure wash, roof moss control. All work and lawns guaranteed. Call Danny 253-391-3919 MILLER'S TREE SERVICE	Bark, Sod, Irigation. Comm/Res. FREE ESTIMATE! lic#torrefl859pb Lic/Bond/Ins 253-590-7537
Equip / Appl Repair HEATING and COOLING Heating, Heat Pumps, A/C, New Installation, Service & Repair, Commercial Refrigeration, Oualified	PRICES! 253-222-1136 www.jtroofinglandscaping.com ROOF & GUTTER CLEAN/REPAIR Pressure Washing. Ashes To Beauty Lic/Bond/Ins 253-381-3057	Sprinkler system Cement Trash hauling Comm/resd. Sidewalks Mini Excavator Full service yard care maintenance Professional work PLUS 10 years exp!	I'M IN! Tree Services NO JOB TOO BIG or TOO SMALL 24HR Emergency Removal Clearing, Pruning, Falling, Topping. FREE EST! Lic/Bond/Insured 253-888-2670	30 Years Experience, serving Pierce & S. King Co. Lic/bond/ins lic# millets872bw Call for FREE estimate! 253-223-0189 NGUYEN YARD WORK & Lawn Maint., yard clean-up, tree trim/prune, remove stumps, thatch, aerate, overseed, moss killer, fertilize, beauty bark, power wash	Misc JT FENCE New Fences & Repair, wood/chainlink, decks, comm/residential Free est.
Techs At Affordable Rates! 24 Hour Emergency Service. Call Air Solutions 360-400-1492 (A Division Of ACI) Lic#AVALOCI893QM Home/Business Improvement	Senior Citizen Plumbing \$20 OFF ANY ONE SERVICE! "We Do All Ages!"	Lic/Ins/Bond. FREE ESTI 360-801-7337 Junk Removal	JT LAWN SERVICE Lawn Maint., Sod, Full Clean Up's, Sprinkler System, Retain Walls, Concrete Work, Fence. Comm & Resid. LOWER PRICES! FREE ESTMATES! www.jtroofinglandscaping.com *253-222-1136 *	gutters & driveways, repair spmklr sys, new lawns. Call Nguyen 253-279-4324. Ramos Lawn Service Mow, Clean-Up, Flower Bed, Beauty Bark, Sod, All Yard Work. Fencing,	itianif889 ⁵ me Lower Prices! www.jtroofinglandscaping.com ★ 253-222-1136 ★ Looking for something? Look no further! The News Tribune Classifieds.
ALL YOUR CONCRETE NEEDS Driveways, foundations, patios, walls, etc. Free estimate. TEAGAC*887NH, 253-224-7466.	www.seniorcitizenplumbing.com 253/858-7599, 848-5221, 475-6115 Lic/Bond/Ins. Lic# seniop882d3	EZ HAULERS We Haul Anything Home - Garage - Yard Clean Up LOW RATES! 253-310-3265	Juan's Lawn Services - Garden & Lawn Maint. Yard Clean-up, Thatch, Seed/Sod Bark, Roof Clean. 360-402-9802	Tree Service, Lowest Price! Good Quality FREE EST! Lic#603289683 Call Felipe Anytime 253-882-8729	In print or online 253 428-8000 www.southsoundclassifieds.com



COVER STORY NARKET' FRESH

Local farmer's markets add own unique flavor, 3C

MAY 5, 2017 » WEEKEND

NWGUARDIAN.COM

Leisure Calendar 2C

WEEKEND

FRIDAY MAY 5 2017 NWGUARDIAN.COM

FOR THE WEEK OF MAY 5-11



McCHORD PUB 4 to 10 p.m. Cinco de Mayo food and beverage specials, plus entertainment.

WARRIOR ZONE 7 p.m. to 1 a.m. Cinco de Mayo salsa/bachata dance lessons from 7 to 8 p.m. Dancing, food and drink specials from 8 p.m. to 1 a.m.

SAMUEL ADAMS BREWHOUSE 4 p.m. to midnight. Cinco de Mayo margarita specials, chips and salsa.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. Chicken-fried steak for \$8.25.

SAMUEL ADAMS BREWHOUSE 4 p.m. to midnight. Bunco Night from 6 to 10 p.m. Buyin is \$10.

SOUNDERS LANES Noon to 9 p.m. Cosmic black light bowling 7 to 9 p.m. Two hours plus shoe rental for \$12. There is also the Laser Maze, a PAC-Man standup console, photo booth and play area. to.

JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY

Battle Bean at AFC Arena Bowl Arena Strike Zone Caddy Shack Bar & Grill Cascade Community Center/ Heroes Lounge Globemaster Grill at McChord Club McChord Catering The Bistro at Russell Landing The Warrior Zone (Lewis North) Whispering Firs Habanero Mexican Grill To see menus, visit JBLMmwr.com.

253-964-2813 253-477-5833 253-982-3271

WARRIOR ZONE 10 a.m. to 11 p.m. Tasty flatbread pizza, gourmet sandwiches, wraps, quesadillas and more Ages 18 and older only.

WHISPERING FIRS HABAÑERO MEXICAN **GRILL** 7 to 10:30 a.m. breakfast and 11 a.m. to 2 p.m. lunch. Order a hearty breakfast burri-

253-964-8837

253-967-4661

253-964-2792

253-964-0331

253-982-5581

253-982-8175

WHISPERING FIRS **STRIKE ZONE AT** HABAÑERO MEXICAN

GRILL 7 to 10:30 a.m.

1 p.m. lunch. Buy one

torta beef, chicken or

second half-off.

\$8.50.

McCHORD GRILL

BATTLE BEAN AT

11 a.m. to 1 p.m. Reu-

ben, fries and drink for

McCHORD FIELD 7 to

11 a.m. Located inside

Bldg. 100 in the cus-

Order breakfast with

your made-to-order

tos, muffins, pastries

and more.

coffee. Breakfast burri-

tomer service mall.

pork sandwich. get the

breakfast and 11 a.m. to

11 a.m. to 6 p.m. Chicken bacon ranch wrap for \$8.25.

BREWHOUSE 4 to 10 p.m. Flip a coin for vour first drink. Call it correctly and you get

ben. fries and drink for \$8.50.



STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 6 p.m. Spaghetti with meat-

balls for \$8.25. **STRIKE ZONE AT**

BOWL ARENA LANES 4:30 to 7 p.m. All-youcan-eat pizza and bowling. Reserve your lane beforehand by calling 253-967-4661.

WARRIOR ZONE Poker Night, Macho nachos for \$6, jalapeño poppers for \$6.50 and loaded fries for \$4.50.

BATTLE BEAN AT STONE EDUCATION CENTER 7:30 a.m. to 5 p.m. Take-a-way breakfast and lunch with a variety of pastries.

STRIKE ZONE AT

dles for \$8.25.

SOUNDERS LANES

11 a.m. to 6 p.m. Beef

stroganoff over noo-

WHISPERING FIRS

GOLF COURSE 5 p.m.

cludes green fees, cart,

ment required. Stop by

tails. Call 253-982-2124.

dinner and wine sam-

pling. Advance pay-

the pro shop for de-

Nine, Wine and Dine

\$90 per couple in-

AT THE MOVIES

Carey Theater

on Lewis Main

Guardians Of The Galaxy Vol. 2 (PG-13) Friday at 7 p.m.

Guardians Of The Galaxy Vol. 2 (PG-13)

Saturday at 3 p.m. Guardians Of The Galaxy Vol. 2 (PG-13)

Saturday at 7 p.m. Guardians Of The Galaxy Vol. 2 (PG-13)

Sunday at 3 p.m. Guardians Of The Galaxy Vol. 2 (PG-13)

Sunday at 7 p.m.

MOVIE TIMES

FRIDAY **TACOMA AREA**

BLUE MOUSE THEATRE: 253-752-9500

Going in Style (PG-13) 7 GRAND CINEMA: 253-593-4474 A Quiet Passion (PG-13) 2:20, 5:15, 8 The Lost City of Z (PG-13) 2:30, 5:45, 8:45 Their Finest (R) 1, 3:35, 6:15, 8:55 The Zookeeper's Wife (PG-13) 2:45, 5:30, 8.15

LAKEWOOD TOWNE CENTER CINE-MAS: 888-262-4386

Guardians of the Galaxy Vol. 2 3-D (PG-13) 10:45, 2, 2:40, 5:10, 6, 8:20, 9:10, 11:30 Guardians of the Galaxy Vol. 2 (PG-13) 9:20, 9:45, 10, 11:25, 12:25, 1:15, 3:30, 4:20, 6:40, 7:30, 7:45, 9:50, 10:40, 11:30 How to be a Latin Lover (PG-13) 11:40, 2:25, 5:15, 8, 10:45 Sleight (R) 1, 3:15, 5:40, 8, 10:30 The Circle (PG-13) 11, 1:45, 4:45, 7:20, 10 Born in China (G) 11, 1:25, 3:40, 6 The Fate of the Furious

(PG-13) 10:25, 1:30, 4:35, 7:45, 10:10 Going in Style (PG-13) 11:45, 2:15 The Boss Baby (PG) 11:10, 1:35, 4, 6:25, 9 Power Rangers (PG-13) 4:50, 10:45 Beauty and the Beast (PG) 10:15, 1:10, 4:10, 7:10, 10:45 Get Out (R) 8:10, 10:45 **REGAL LAKEWOOD STADIUM 15:** 844-462-7342

Guardians of the Galaxy Vol. 2 3-D (PG-13) 10:30, 11:30, 1, 1:30, 2:30, 3:30, 4:30, 6, 7:15, 8, 9, 10:30, 10:45 Guardians of the Galaxy Vol. 2 (PG-13) 11. noon. 12:30, 2, 3, 4, 5, 5:30, 6:30, 7, 7:30, 8:30, 9:30, 10, 11 The Dinner (R) 1:15, 4:20, 7:45, 10:45 The Circle (PG-13) 11:15, 2:30, 5:45, 8:30, 9:45 Born in China (G) 10:45, 1:15, 3:45, 6:15 The Fate of the Furious (PG-13) 11:45, 3:15, 6:45, 10:15 Gifted (PG-13) 10:30, 2:15 Smurfs: The Lost Village (PG) 4:45 The Boss Baby (PG) 12:15, 2:45, 5:45, 8:45 Beauty and the Beast (PG) 11:45, 3, 6:15, 9:15 Logan (R) 12:45. 4:15. 8:15 Get Out (R) 10:45 a..m.

CENTURY POINT RUSTON AND XD: 800-246-6215 33238

Guardians of the Galaxy Vol. 2 3-D (PG-13) 11:10, noon, 3:20, 4:10, 5:50, 10:50 Guardians of the Galaxy Vol. 2 (PG-13) 9:30, 10:20, 12:50, 1:40, 2:30, 5, 7:30, 8:25, 9:10 The Circle (PG-13) 10:10, 1:10, 4, 10:05 Born in China (G) 10:40, 1:15, 3:40, 6 The Fate of the Furious (PG-13) 9:40. 1, 4:20, 7:40, 11 Gifted (PG-13) 8:20, 11:05 The Boss Baby (PG) 10:30, 1:20, 4:05, 9:30 Beauty and the Beast (PG) 9:50, 1:05, 4:25, 7:40, 10:55

PUYALLUP LONGSTON PLACE: 253-770-9901

Guardians of the Galaxy Vol. 2 3-D (PG-13) 10:30, 11:30, 12:30, 1, 2, 2:30, 3:30, 4:30, 5:30, 6:30, 7:30, 9:15, 10 Guardians of the Galaxy Vol. 2 (PG-13) 11, noon, 1:30, 3, 4, 5, 5:15, 6, 7, 8, 8:30, 9, 9:30 The Circle (PG-13) 1, 4, 7, 9:45 Born in China (G) 10:30, 11:45, 2, 3:45, 6:45, 9:45 Phoenix Forgotten (PG-13) 10:45 a.m. The Fate of the Furious (PG-13) 11:30, 2:45, 6, 9:15 Beauty and the Beast (PG) 11:15, 2:15, 5:15, 8:15 Kong: Skull Island (PG-13) noon, 3, 6:15, 9:30 Logan (R) 11:45, 3:15,

6:30. 10 Get Out (R) 11 a.m. SOUTH HILL MALL SIX: 253-445-8801

Gifted (PG-13) 1. 3:45. 6:15. 8:45 Goina in Style (PG-13) 12:45, 4:15, 6:45, 9:15 Smurfs: The Lost Village (PG) 12:45, 3:30, 5:45, 8 The Case for Christ (PG) 1:30, 3:15 Ghost in the Shell (PG-13) 6:30, 9:15 The Boss Baby (PG) 1:15. 4. 6. 8:30 Power Rangers (PG-13) 3, 6, 9 The Shack (PG-13) 1

BONNEY LAKE

REGAL TALL FIRS 10: 253-891-5445 Guardians of the Galaxy Vol. 2 3-D

(PG-13) 11:40, 1, 2:30, 4:20, 4:40, 6, 9:20, 9:45 Guardians of the Galaxy Vol. 2 (PG-13) noon, 3:30, 5:15, 5:40, 6:50, 8:40, 9 10:10 The Circle (PG-13) 12:10 3:15 6:40, 10 Born in China (G) 1:30, 3:20, 7:30 The Fate of the Furious (PG-13) 12:10, 3:20, 6:30, 9:50 Going in Style (PG-13) 12:45, 3:45, 8, 10:30 Smurfs: The Lost Village (PG) 12:20 The Boss Baby

SOUNDERS LANES

SAMUEL ADAMS \$1 off.

McCHORD GRILL 11 a.m. to 1 p.m. Reu-

WHISPERING FIRS HABAÑERO MEXICAN **GRILL** 11 a.m. to 2 p.m. Order vegetarian dishes at Habañero for burritos or salads.

FRIDAY MAY 5 2017 NWGUARDIAN.COM

Cover Story

3C



A customer looks over a selection of handmade specialty pastas at the Broadway Farmers Market in Tacoma. The Broadway market is open Thursdays from 10 a.m. to 3 p.m.

Customers look through the organic produce at Rain Song Farms, one of dozens of vendors of fresh fruit and vegetables at the 41-year-old Olympia Farmers Market.



RUTH KINGSLAND Northwest Guardian / 2016

LOCAL FARMERS MARKETS

Farm fresh and delicious

BY RUTH KINGSLAND Northwest Guardian t's that time again — flowers are blooming, trees starting to bud out and folks are seeing more and more of that brilliant orb in the sky. Springtime not only means more time for outdoor gardening and recreational activities in the Pacific Northwest, it's also the time many begin shopping outdoors. Several local farmers markets are opening. Each of the markets — from Olympia to Orting and Tacoma to Tenino — offers its own distinct flavor, from farm fresh produce, flowers, food,

Out & About 4C

WFFKFND

MAY 5-7 SOUTH SPUR ROUTE CLIMB AT MT. ADAMS

Mount Adams, situated in the eastern Cascade Range east of Mount Saint Helens and north of Mount Hood, is the second most massive and the third-tallest volcano in the Cascade Range. The South Spur route is a nontechnical glacier climb often done in three days. \$750.

MAY 6 COASTAL NIGHT SKY PHOTOGRAPHY TRIP Learn to photograph the stars

and night sky, while traveling to one of the darkest and most photogenic locations on planet

Earth. You'll receive photography instruction in the best camera settings and shooting techniques. We'll also use this opportunity to capture an amazing sunset. We'll return to the NAC around 2 a.m. Minimum age: 16. Ages vounger than 18 must be accompanied by an adult. Meet at the Northwest Adventure Center at 3:30 p.m. Trip with NAC expert guides. \$85.

BICYCLE TRIP THROUGH SNOQUALMIE VALLEY

Ride through the Snogualmie Tunnel, which is nearly 2 miles long. From there, we'll snake our way around the hills and over old train trestles on the way to Rattlesnake Lake. The best part is, it's all downhill. Difficulty: easy; distance: 22.5 miles: ride time: three-and-a-half hours. Minimum

age: 14. Trip fee includes guide, transportation, bike, helmet. gloves and headlamp. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. Popular family trip with NAC expert auides. \$55.

MAY 7

BELLA DONNA STAND-UP PADDLEBOARD TRIP

This is a ladies-only standup paddleboard trip down the beautiful Skykomish River. Travel from Big Eddy through the many exciting class I and II rapids to the riverside town of Sultan. When the river level is low, this is the best way to enjoy it. Gear, transportation and instruction are included. This is an intermediate

SUP trip; prior SUP experience or Intro to SUP class is required. Minimum age: 16. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. \$65.

PHOTO COMPOSITION WORKSHOP CLINIC

In this clinic, you'll learn techniques to enable you to turn everyday snapshots into beautiful compositions. You'll learn to see beyond your primary subject so that everything in the frame improves the image. Instructors will discuss composition techniques, including eliminating distractions and elements of composition to include leading lines and Rules of Thirds to create more dynamic images. Begin to shoot with an eve that draws the viewer's attention into vibrant

and stimulating photography. Travel to Point Defiance Park to put into practice what we learned in the classroom. Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Trip with NAC expert guides. **\$50.**

MAY 14

MOTHER'S DAY RAFTING TRIP IN WENATCHEE

Join us for a trip down the beautiful Wenatchee River. Instructors will start the course near the unique Bavarian town of Leavenworth and paddle through the many exciting class-III rapids. Travel to the east side of the mountain for a hot day in the sun. Gear. instruction and transportation included. Minimum age: 12. No rafting experience necessary. \$65; add \$20 for a steak dinner. Ask about our private trips for groups and units. Groups of 24 or more are just \$60 per person.

PEDALS AND PINTS ALONG SAMMAMISH

FRIDAY MAY 5 2017

NWGUARDIAN.COM

Head to Woodinville to bike along the Sammamish River Trail to Marymoor Park and back. The excursion will end with a tour of the famous Redhook Brewery and dinner at the Forecaster Pub Difficulty: beginner-intermediate; distance: 12.5 miles. Minimum age: 21. Depart from the Northwest Adventure Center at Lewis North at 10 a.m. Clinic with NAC expert guides. \$55.



MEEKER MANSION

May 6



Mother's Day Teas May 13 & 14

12:30, 2:00 Seatings \$12.00 per quest. Enjoy an English tea on either Saturday or Sunday. Reservations are needed.



Saturday May 6 and Sunday May 7, 9am-4pm Gift Certificates

Classes & Group Events

Tacoma Glassblowing Studio 114 S. 23rd Street, Tacoma Wa 98402 / 253-383-3499 tacomaglassblowing.com

FRIDAY MAY 5 2017 NWGUARDIAN.COM

EVENTS

COMMUNITY

Lakewold Gardens' MavFest 10 a.m. to 4 p.m. Friday-May 12. Lakewold Gardens, 12317 Gravelly Lake Drive SW, Lakewood. Displays, exhibits and activities in the Wagner House. A week of Ikebana displays, pottery demos, art and history exhibits. \$7-\$9. 253-584-4106, lakewoldgardens.org.

Cinco De Mayo Movie Night 6 p.m. Friday. Grace Baptist Church. 2507 N. Vassault St., Tacoma. Food, fun and a movie Free. Donations accepted. 601-594-2017

Puyallup Valley Fuchsia Society Annual Fuchsia Sale 9 a.m. to 3 p.m. Saturday. Masonic Lodge, 1005 W. Pioneer Ave., Puyallup. 253-208-8551.

Historic Homes Tour of Tacoma 10 a.m. to 5 p.m. Saturday and 1 to 5 p.m. Sunday. Bethany Presbyterian Church, 4420 N. 41st St., Tacoma, Featuring Bethany Presbyterian Church as reception center and many homes in North Tacoma. Not recommended for ages younger than 16 and all persons will need a ticket to enter the home. \$20 for members/ \$25 for non members. 253-472-3738, brownpapertickets.com/event/2910478.

Spring Fling Vendor Fair 10 a.m. to 4 p.m. Saturday. Fawcett Elementary School, 126 E. 60th St., Tacoma. Support Fawcett PTA. tinvurl.com/ktd7hre.

Meeker Mansion Psychic Fair 10 a.m. to 4 p.m. Saturday. Meeker Mansion, 312 Spring St., Puyallup. \$5 entry. 253-848-1770, meekermansion.org.

PuliCon 10 a.m. to 5 p.m. Saturday. Puyallup Public Library, 324 S. Meridian, Puvallup, Meet local writers and artists minicomic convention. Pick up free comics in honor of Free Comic Book Day and enjoy a variety of panels. Free. 253-841-5454, puyalluplibrary.org,

Spring Fairy Festival 11 a.m. to 7 p.m. Saturday. Crescent Moon Gifts, 2502 Sixth Ave., Tacoma. A fantasy themed festival of art, music, dance, vendors, workshops and entertainment. Free. 253-572-8339, springfairyfestival.com.

Film Screening "Being Mortal" 1 p.m. Saturday. Summit Library, 5107 112th St. E., Tacoma. Examining the relationship between patients nearing end of live and the doctors who serve them. Additional screenings 7 p.m.

Wednesday, University Place Library, 3609 Market Place W.: 2 p.m. May 13, South Hill Library, 15420 Meridian E.: 4:30 p.m. May 15. Lakewood Library, 6300 Wildair Road SW; 10 a.m. May 18. Kev Center Library. 8905 KPN. Lakebay; 7 p.m. May 22, Gig Harbor Library, 4424 Point Fosdick Drive NW. piercecountylibrarvora

MUSIC CHORAL

South Sound Classical Choir 7:30 to 9 p.m. Friday. Puyallup United Methodist Church, 1919 W. Pioneer Ave, Puyallup. 3 p.m. Sunday, St. Patrick Catholic Church, 1001 North J St., Tacoma.

Spring concerts featuring composers Gretchaninoff. Whitacre. Brahms, Gjeilo, Sibelius and others. Free. 253-507-4183, southsoundclassicalchoir.org.

CLASSICAL

All-Mozart: Music for Organ and Strings 3 to 4 p.m. Sunday. St. Andrew's Episcopal Church, 7410 S. 12th St., Tacoma. With Svend Ranning (violin), Gwendolyn Taylor (violin), and Meg Brennan (cello), and Naomi Shiga and Jonathan Wohlers (organ). Freewill donation. 253-248-4384, saintandrewstacoma.org.

Bells of the Sound's Spring

Baked Ham

Concert 4 p.m. Sunday. First Christian Church of Tacoma. 602 N. Orchard St., Tacoma. Suggested donation is \$10 for adults and \$8 for youth and seniors, 206-574-8417, bellsofthesound.org.

COUNTRY

Kiefer Sutherland 7:30 p.m. Sunday. Tractor Tavern, 5213 Ballard Ave. NW. Seattle. 206-789-3599. ticketweb.com.

JAZZ

Jazz LIVE at Marine View 5 to 7 p.m. Sunday. Marine View Presbyterian Church, 8469 Eastside Drive NE. Tacoma. Featuring the Dmitri Matheny Group with guest vocalist Holly Pyle. Admission free to all ages. 253-229-9206, marineviewpc.org.

POP

PJ Harvey 8:30 p.m. Friday. WaMu Theater, 1000 Occidental Ave. S., Seattle. \$59.50. Ticketmaster

Lea Michele 7:30 p.m. Monday. Moore Theatre, 1932 Second Ave., Seattle. \$50.25-\$70.25. stgpresents.org.

R&B/HIP-HOP

urday. Emerald Queen Casino, 2024 E. 29th St., Tacoma, \$30-\$70 Ticketmaster

Melissa Etheridge 8 p.m.

911 Pine St., Seattle, \$41-\$125.

stgpresents.org/paramount.

NIGHTLIFE

Sunday. The Paramount Theatre,

Buffino's Golden West Saloon

Emerald Queen I-5 Nightclub

5228 South Tacoma Way. Tacoma.

Back Porch Band 9 p.m. 253-471-

2024 E. 29th St., Tacoma, Groove

Forza Coffee Company 1520

Forza Coffee Company 2209

N. Pearl St., Tacoma, open mic 7

G. Donnalson's 3814 N. 26th

St., Tacoma,"Little Bill" Englehart

and Rod Cook 7:30 p.m. 253-761-

South Tacoma Way, Lakewood,

Jazzbones 2803 Sixth Ave..

Tacoma, Afroman, Ese, Bvmmer,

4-More 9 p.m. 253-396-0500.

Haiku 9 p.m. 253-396-9169.

Great American Casino 10117

Wilmington Drive, DuPont, live

music 6:30 p.m. 253-964-1407.

City 9 p.m. 253-594-7777.

p.m. 253-759-9320.

ROCK

FRIDAY

9892.

8015.

WEEKEND

253-926-9700.

Markee Coffee 5275 Olympic Drive NW #101, Gig Harbor, Free the Beagles from South Korea. The Flock of Beagles, and Jim Valley from Paul Revere and the Raiders 7 p.m. 253-649-4122.

Muckleshoot Casino 2402 Auburn Way S., Auburn, Los Chicos Del 412, 8 p.m.; Gold Digger 10:30 p.m. 253-333-1848.

Real Art Tacoma 5412 South Tacoma Way, Tacoma, Tomorrow's Bad Seeds 8 p.m. realarttacoma.com.

Royal Bear 35731 West Valley Highway S., Algona, Soul Stripper 9 p.m. 206-628-0888.

The Swiss 1904 S. Jefferson, Tacoma, The Royal We 9 p.m. 253-572-2821.

Urban Timber Coffee 6621 166th Ave. E, Sumner, open mic 6 p.m. 253-826-3936.

SATURDAY

Buffino's Golden West Saloon 5228 South Tacoma Way, Tacoma. Back Porch Band 9 p.m. 253-471-9892

Emerald Queen I-5 Nightclub 2024 E. 29th St., Tacoma, Groove City 9 p.m. 253-594-7777. **Emerald Queen I-5**

Showroom 2024 E. 29th St.,

253-594-7777.

Guardian Events

G. Donnalson's 3814 N. 26th St., Tacoma, "Little Bill" Englehart and Rod Cook 7:30 p.m. 253-761-8015

Gordy's and Purdy's 17136 WA-410. Sumner. Jason Plute. 8:30 p.m. 253-750-4756.

Great American Casino 10117 South Tacoma Way, Lakewood,4-More 9 p.m. 253-396-0500. Jazzbones 2803 Sixth Ave.,

Tacoma, Nite Wave 9 p.m. 253-396-9169

Louie G's 5219 Pacific Highway E, Fife, Jars of Flies, Outshined. Washed in Black 8 p.m. 253-926-9700

Muckleshoot Casino 2402 Auburn Way S., Auburn, DJ Spam I Am 10:30 p.m. 253-333-1848.

Real Art Tacoma 5412 South Tacoma Way, Tacoma, The Lightweight Champs, Diced Candy, Lenu 7:30 p.m. realarttacomacom

Rock The Dock 535 Dock St.. Tacoma, Linda Myers Band 8 p.m. 253-272-5004.

Royal Bear 35731 West Valley Highway S., Algona, The Royal We 9 p.m. 206-628-0888.

The Spar 2121 N. 30th St., Tacoma, Oly Mountain Boys Bluegrass Band 8 p.m. 253-627-

Keith Sweat 8:30 p.m. Sat-



Louie G's 5219 Pacific Highway E, Fife, Crossing Crusades 8 p.m. Tacoma, Keith Sweat 8:30 p.m. 8215 TACOMA La Périchole

"It's like seeing Gilbert & Sullivan with a French twist!"

TONIGHT! Fri., May 5 at 7:30 p.m. Sun., May 7 at 2:00 p.m. **Rialto Theater**

Tickets: \$25 - \$85

A charming operetta takes you to an exotic and romantic Peru, where two impoverished lovers find each other. Set to the intoxicating music of Offenbach, you'll enjoy vibrant tunes, colorful characters, and beautiful dancing.

Sung in English with **English Supertitles**

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THE NEWS

TRIBUNE

5C

Movie Times/Tickets 6C

FROM PAGE 2C MOVIES

(PG) 11:50, 2:45, 7, 9:30 Beauty and the Beast (PG) 11:50, 3, 6:15, 9:40

GIG HARBOR

GALAXY UPTOWN THEATRE: 253-857-7469

Guardians of the Galaxy Vol. 2 (PG-13) 9. 9:45. 10. 11. 12:15. 1. 1:15, 2:30, 3:45, 4:15, 4:30, 6, 7, 7:30, 7:45, 8:05, 9:30, 10:15, 10:45, 11 Guardians of the Galaxy Volume 2 3-D (PG-13) noon, 3:15, 6:30, 9:45 The Circle (PG-13) 9:55, 12:45. 4. 6:45. 9:35 Born in China (G) 10:45, 1:10, 3:30, 6 The Fate of the Furious (PG-13) 12:30, 3:45, 7, 10:15 Going in Style (PG-13) 11:10

p.m. The Boss Baby (PG) 9:50, 12:45, 3:30, 6:15, 9 Beauty and the Beast (PG) 10:25, 1:25, 4:25, 7:25. 10:25 PORT ORCHARD

REGAL SOUTH SOUND 10: 360-871-2294

Guardians of the Galaxy Vol. 2 3-D (PG-13) 11, 2:30, 6, 7, 9:30, 10:30 Guardians of the Galaxy Vol. 2 (PG-13) 11:45, 12:30, 4, 5:30, 6:30, 7:30, 9, 10, 11 The Circle (PG-13) 1. 4:15. 7:15. 10:15 The Fate of the Furious (PG-13) 11:15, 2:45, 6:15, 9:45 Gifted (PG-13) 12:45, 3:45 Going in Style (PG-13) 11:30, 2:45 Smurfs: The Lost Village (PG) 12:45, 3:30 The Boss Baby (PG) noon, 3, 5:45, 8:45 Beauty and the Beast (PG) 12:15, 3:30, 6:45, 9:45 Kong: Skull Island (PG-13) 6:15, 9:15 Logan (R) 3 EATONVILLE

Fabulous *Mother's*

Day Buffet Brunch

Sunday, May 14th • 9am-2pm

ROXY THEATRE: 360-832-

WFFKFND

7699 Guardians of the Galaxy Vol.

2 (PG-13) 7 OLYMPIA/LACEY MARTIN VILLAGE STADIUM 16: 360-455-5003

Guardians of the Galaxy Vol. 2 IMAX 3-D (PG-13) noon, 3:20, 6:40. 10 Guardians of the Galaxy Vol. 2 3-D (PG-13) 10:40, 11:40, 1. 1:20, 2, 3, 4:20, 4:40, 5:20, 6:20, 7:40. 8. 8:40. 9:40. 11 Guardians of the Galaxy Vol. 2 (PG-13) 10:20, 11:20, 12:40, 2:40, 3:40, 4, 5, 6, 7, 7:20, 8:20, 9, 9:20, 10:20, 10:40 The Circle (PG-13) 11, 1:50, 4:45, 7:30, 10:15 Born in China (G) 10:25, 1:35, 3:50, 6:05 The Fate of the Furious (PG-13) 11:30, 2:50, 6:15. 9:30 The Lost City of Z (PG-13) 12:10, 3:30, 6:50, 10:10 Colossal (R) 10:15 a.m. Gifted

LOT A 18220 Int'l Blvd • LOT B 2907 South 170th St • LOT C 16025 Int'l Blv

(PG-13) 10:30, 1:05 Going in Style (PG-13) 10:35, 1:10, 3:45, 6:25 The Boss Baby (PG) 11:45, 2:20, 8:25, 11 Beauty and the Beast (PG) 12:20, 3:25, 6:35, 9:45 Kong: Skull Island (PG-13) 10:15 a.m. **CENTURY OLYMPIA: 360-**

943-0769 Beauty and the Beast (PG)

9:50, 12:50, 3:50, 7, 10 Born in China (G) 9:40, 11:50, 3:25, 5:35, 7:50 The Boss Baby (PG) 9:05, 12:30, 2:40, 5:15, 7:55, 10:25 The Circle (PG-13) 9:20, 12:05, 4:55, 8, 10:55 The Fate of the Furious (PG-13) 9:10, 12:20, 3:45, 7:10, 8:05, 10:30, 11:15 Gifted (PG-13) 9:30. noon. 2:30. 5. 7:30. 10:10 Going in Style (PG-13) 10:30, 1, 5:10, 7:15, 10:35 Guardians of the Galaxy Vol. 2 3-D (PG-13) 9:25. 10:25, 11;35, 12:40, 1;35, 4:50, 7:20, 8:10, 11:20 Guardians of the

Galaxy Volume 2 (PG-13) 9, 10, 12:15, 1:10, 2, 3:10, 3:35, 4, 4:25, 6:55, 7:45, 10:15, 10:40, 11 Logan (R) 10:50 p.m. The Lost City of Z (PG-13) 9:35, 12:45, 4:05, 7:35, 10:05 Smurfs: The Lost Village (PG) 10:10. 3:05. 5:25 Baahubali 2 (Not Rated) 9:15, 1:05, 6:40, 9:40 YELM

YELM CINEMAS: 360-400-3456

Guardians of the Galaxy Vol. 2 (PG-13) 11. noon. 2. 3. 5. 6. 8. 9. 10, 11 Born in China (G) 11:30, 1:30, 3:30, 5:30, 7:30 The Circle (PG-13) 11:30, 2, 4:30, 6:55, 9:30 Gifted (PG-13) 8, 10:30 The Fate of the Furious (PG-13) 11:35, 2:40. 5:30, 8:30 Going in Style (PG-13) 11:30 The Boss Baby (PG) noon. 2:15. 4:309 Beauty and the Beast (PG) 11:45, 2:30, 5:15, 8, 10:45 Unacknowledged (PG-13) 2

ON SALE THIS WEEK

FRIDAY MAY 5 2017

NWGUARDIAN.COM

Rock band FALL OUT BOY will bring its "The Mania Tour" to KeyArena, Seattle, with a 7 p.m. \$26.50-\$66.50 and will go on

MARLON WAYANS will perform Washington State Fair, Puyallup. Tickets are \$30-\$45 and will go on sale at 10 a.m. Saturday.

ALREADY ON SALE

KEITH SWEAT 8:30 p.m. Saturday, Emerald Queen Casino, Tacoma. \$30-\$70.

U2 6:30 p.m. May 14, Century-Link Field, Seattle. \$35-\$280. STARS ON ICE 7:30 p.m.

May 20, KeyArena, Seattle. \$25-\$155.

TUESDAY - SATURDAY 8AM-5PM







3802 South Cedar St • Tacoma • crystalvoyage.com • 253-272-4367

FRIDAY MAY 5 2017 NWGUARDIAN.COM

WEEKEND

Cover Story

Local Farmers Markets

Fife Farmers Market, 2820 54th Ave. E., Fife, Fridays, 3 p.m. to 7 p.m., June 3-Sept. 30.

Gig Harbor Farmers Market at Uptown Shopping Center, 4701 Point Fosdick Drive NW, Gig Harbor, Sundays, 11 a.m. to 4 p.m., now-Sept. 25.

Gig Harbor Farmers Market at Peninsula Gardens, 5503 Wollochet Drive NW, Saturdays, 9 a.m. to 3 p.m., now-Dec. 17.

Gig Harbor Waterfront Farmers Market, 3211 Harborview Drive, Thursdays, 3 p.m. to 7 p.m., June 2-Aug. 25.

Lakewood Farmers Market, 6000 Main St. SW, Tuesdays, 10 a.m. to 3 p.m., June 6-Sept. 12.

Olympia Farmers Market, 700 Capitol Way N., Thursdays through Sundays, 10 a.m. to 3 p.m., now-Oct. 29.

Orting Valley Farmers Market, Corner of Highway 162 and Calistoga, Fridays, 3 p.m. to 7 p.m., June 9-Sept. 1.

Puyallup Farmers Market, 330 S. Meridian, Saturdays, 9 a.m. to 2 p.m., now-Oct. 14.

Steilacoom Farmers Market, 1030 Roe St., Wednesdays, 3 p.m. to 7 p.m., June 1-Aug. 31.

Tacoma-Broadway Farmers Market, Ninth and Broadway, Thursdays, 10 a.m. to 3 p.m., Friday-Oct. 27.

Tacoma-Eastside Farmers Market, 1724 E. 44th St., Wednesdays, 3 p.m. to 7 p.m., June 1-Aug. 31.

Tacoma-Norpoint Farmers Market, 4818 Nassau Ave. NE, Sundays, 11 a.m. to 4 p.m., June 5-Aug. 28.

Tacoma-Proctor Farmers Market, 2702 N. Proctor St., Saturdays, 9 a.m. to 2 p.m., now-Dec. 17.

Tacoma-South Tacoma Farmers Market, 3873 S. 66th St., Sundays, 11 a.m. to 3 p.m., June 5-Aug. 28.

Tumwater Town Center Farmers Market, Capitol Blvd. SW and Israel Road SW, Wednesdays, 11 a.m. to 2 p.m., now-Sept. 27.

Yelm Farmers Market, 17835 State Route 507, Sundays, 10 a.m. to 3 p.m., May 22-Oct. 16.



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FROM PAGE 3C

entertainment, crafts and more.

No. 3 on the 2016 list of Best Farmers Markets, voted on by 2,000 locals and published in January on the Pacific Northwest A-List Results website, is the Olympia Farmers Market, located 20 minutes south of Joint Base Lewis-McChord.

No. 1 on the A-List is the Pike Place Market in Seattle, and the Pybus Market in Wenatchee, Wash., took second place.

The Olympia's Farmers Market, 700 Capitol Way N., is in its 42nd year of operation and is now on its

A Quiet Passion (PG-13) Fri: 2:20, 5:15, 8:00

Sat-Sun: 11:35 AM, 2:20, 5:15, 8:00

Mon-Thu: 2:20, 5:15, 8:00

Fri-Sun: 1:00. 3:35. 6:15. 8:55

Mon: 1:00, 3:35; Tue: 3:40, 8:55

Wed-Thu: 1:00, 3:35, 6:15, 8:55

The Lost City of Z (PG-13)

Fri: 2:30, 5:45, 8:45 Sat-Sun: 11:30 AM, 2:30, 5:45, 8:45

Mon-Tue: 2:30, 5:45, 8:45

Wed: 2:30, 8:45; Thu: 2:30, 5:45, 8:45

The Zookeeper's Wife (PG-13)

Fri: 2:45, 5:30, 8:15 Sat-Sun: 12:00, 2:45, 5:30, 8:15 Mon: 5:30, 8:15; Tue-Thu: 2:45, 5:30, 8:15 **The Devil's Candy** (NR) WEIRD ELEPHANT SERIES

Sat: 11:00 The Kind Words (NR)

SISTER CITIES FILM FESTIVAL Mon: 1:30, 6:30

Chasing Trane:

The John Coltrane Doc (NR) TUESDAY FILM SERIES

Tue: 1:30, 6:45 LIVE MUSIC & DISCUSSION AT THE 6:45 PM SCREENING ON 5/9

Now serving local beer & wine

Friday-Sunday evenings!

Tacoma's only nonprofit movie theater

GRAND

The Grand Cinema

606 S Fawcett Ave

253-593-4474

summer schedule through October. The market is open from 10 a.m. to 3 p.m., Thursdays to Sundays.

At the Olympia Farmers Market, you'll find everything from worms for fishing to local honey, agricultural items, music, entertainment and a plethora of vendors for everything from balloon art to seafood.

The Puyallup Farmers Market also made it on the A-List, coming in at sixth place. The market, located at 330 South Meridian, is open Saturdays from 9 a.m. to 2 p.m.

"What makes our market unique is all the different vendors and the diverse group of people who come to the market," said Brittany Brown, manager at the Puyallup Farmers Market.

Puyallup's market offers more than 200 vendors with fresh, local fruits and vegetables, music and specialty food vendors. There also are food demonstrations and do-ityourself opportunities for children each week. Last week, the kids made flower bombs — a plant creation that helps attract butterflies and bees.

"We like to do anything to help the bees," Brown said. "With the flower bombs you just drop them, and the rain comes along and does all the magic." Saturday will be an opportunity to learn how to make pico de gallo, a Mexican salsa.

"Every vegetable in salsa is available now, so there's everything you need at the market," Brown said, adding, "We're your one-stop shopping (location) — your market mall."

For more information on the Puyallup Farmers Market, visit: tinyurl.com/ l7m2yph or visit its Facebook page: tinyurl.com/ kmwysox.





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Sponsored by The News Tribune and participating Art Groups

For advertising information. contact Laurie Herbert 253.597.8539 or Melissa Meissner 253.552.7061 Fax 253.552.7057



FRIDAY/SATURDAY AT 7:30PM & SUNDAY AT 2:00PM APRIL 21-MAY 7, 2017 PAY WHAT YOU CAN THURSDAY, MAY 4, 2017 AT 7:30PM

Tacoma Little Theatre EXIT LAUGHING

Address of Event Tacoma Little Theatre 210 N I Street Tacoma, WA 98403 When the biggest highlight in your life is bridge night out with the "girls," what do you do when one of your foursome inconveniently dies? You "borrow" the ashes from the funeral home for one last card game, and the wildest, most exciting night of your lives.

Ticket Info: \$24 (Adult) \$22 (Sr/St/Mi) \$20 (Children 12 and under) www.tacomalittletheatre.com 253-272-2281

Sat, MAY 6 @ 7:30pm (Pre-concert lecture 6:30-7) | Sun, MAY 7 @ 3pm (Pre-concert lecture 2-2:30)

Northwest Repertory Singers A CONCERT **CELEBRATING** THE ARTS IN **TACOMA**

Mason United Methodist Church 2710 N Madison St, Tacoma, WA 98407 For this extraordinary multimedia event with the Tacoma Art Museum, Museum of Glass, and Washington State History Museum, NWRS will Washington State History Museum, NWRS will present choral works setting each museum's exhibits to song as images and video surround the choir. Don't miss this historic collaboration celebrating the arts in Tacoma! **Ticket Info:** \$18 general, \$15senior/student/ military, under 12 free. Available online www.nwrs. org or at the door. Questions? Call 253-265-3042 (877-460-5880)

APR 14 - MAY 7 • FRI & SAT 8PM • SUN 2PM

Lakewood Playhouse Tom Stoppard's "Rosencrantz Are Dead"

Lakewood Playhouse

5729 Lakewood Towne Center Blvd SW A modern comic masterpiece, Hamlet as told from the worm's-eye view of two minor characters, a Shakespearean Laurel and Hardy. and Guildenstern LAKEWOOD: Shop, Eat, Play, Stay: Ticket Info: Adults: \$25; Seniors/Military: \$22; LAKEWOOD: Shop, Eat, Play, Stay! Students/Educators: \$19, (253) 588-0042 or online www.lakewoodplayhouse.org

5 PM

MAY 7

Immanuel Presbyterian Church

BLUES **VESPERS**: THE CHRIS ^{Free} ipctacoma.org **STEVENS** -**JAY** MABIN BAND

901 N J Street Tacoma WA 98406 Join us as PNW great, guitarist Chris Stevens, along with harmonica virtuoso and Tacoma favorite Jay Mabin, headline for a special springtime Blues Vespers. Ticket Info: Free

SUNDAY



MAY 9 Immanuel Presbyterian Church COFFEE CAKE AND ISLAM -A

901 North J Street, Tacoma WA A presentation on the true meaning of Islam. An excellent opportunity to understand, question, and join the conversation. This event is presented by the Ahmadiyya Muslim Community Seattle.

FREE conversation



Ticket Info:

253.627.8371 ipctacoma.org

TUESDAY

SATURDAY, APRIL 29 • 7:30 P.M. FRIDAY, MAY 5 • 7:30 P.M. SUNDAY, MAY 7 • 2:00 P.M.

Rialto Theater

Supertitles

Ticket Info: \$25 - \$85.

Box Office: 253.591.5894

Tacoma Opera presents

BY JACQUES

OFFENBACH

LA PÉRICHOLE

A charming operetta with frolicking fun

for the entire family! Two impoverished lovers discover intoxicating true love

in Peru. Sung in English with English



AT

MAY 12 • FRI • 7:30PM

CATHEDRAL TRIO

310 North K Street Tacoma, WA 98403 The Cathedral Trio plays elegant and enchanting music from across the world for flute, viola and harp in the sumptuous acoustics of Christ Church. Ticket Info: Freewill donation. 253-383-1569; www.ccptacoma.org

MAY 12 City of Auburn BRAVO **Performing Arts Series** COMEDY

\$18/\$15 THE AVE

FRIDAY

Auburn Avenue Theater,



7:30 PM



MAY 17 • WED • 11:30AM-2PM

12TH ANNUAL LADIES FUNDRAISING

Tacoma Musical Playhouse ALLENMORE GOLF & EVENTS CENTER 2125 S. Cedar St. Tacoma, WA 98405 No plans for lunch on Wed, May 17, at 11:30am? Join us for TMP's 12th Annual Fundraising Auction & Spring Luncheon with highlights from our upcoming production of Sister Act the Musical. Event proceeds benefit TMP's educational programs AUCTION & Ticket Info: \$45 per person. \$360 per table of eight. SPRING LUNCHEON RSVP required. 253-565-6867 or www.tmp.org

MAY 11-13 & MAY 19-21 • FRI-SUN • 7:30PM

Pacific Lutheran University Theatre MOON **OVER** BUFFALO

×

TACOMA

Karen Hille Phillips Center for the Performing Arts on the PLU campus A hilarious farce about fading stars George and Charlotte Hay who receive word that famed film director Frank Capra is coming to see their matinee! **Ticket Info:** \$8 general; \$5 military and seniors; \$3 for students. www.plu.edu/mobtickets or 253-535-7411 for reservations.

MAY 12-JUNE 4 | FRI & SAT 7:30PM, SUN 2PM | EXTRA MATINEES - SAT MAY 27 & JUNE 3, 2PM

Tacoma Musical Playhouse SISTER ACT the Musical



FRIDAY MAY 5 2017 WEEKEND 8