



690th COS wins championship See page B-1



Spring Craft Fair to be held tomorrow See page B-3



FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

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MC1 Mathew Diendorf USS Makin Island Public Affairs

The Sailors and Marines of the Makin Island Amphibious Ready Group (ARG)/11th Marine Expeditionary Unit (MEU) arrived at Joint Base Pearl Harbor-Hickam, May 1 for the final port call of the ARG/MEU's deployment to the U.S. 3rd, 5th and 7th Fleet areas of operations.

During the ARG/MEU's seven-month deployment to U.S. Pacific Command and U.S. Central Command areas of responsibility, the 4,000 Sailors and Marines conducted maritime security operations and theater security cooperation efforts in support of regional security and stability, and the free flow of maritime commerce.

Aden and the Arabian Gulf.

"All three ships in the ARG were exactly where our commanders needed them to be, when they needed them to be there," said Capt. Mike Crary, commander, Amphibious Squadron (PHI-BRON) 5. "It's a testament to this team's readiness, and I couldn't have asked for a more motivated and professional group of Sailors and Marines."

This is the ARG's last port visit before returning to their homeport of San Diego. The MEU will disembark during the ships' transit, to return to their home base in Camp Pendleton.

'The crew has done our nation's bidding, and now it's time to focus on getting back home and reuniting with our

operations that directly supported our and an air and sea power demonstranation's security, and that's something these Sailors and Marines can hang their hats on.'

While in port, several Sailors will take advantage of a rare opportunity to re-enlist at the USS Arizona Memorial.

"Reenlisting at the Arizona Memorial is an honor," said Hospital Corpsman 1st Class Andrea Hahn, from Aurora, Colorado. "To rededicate myself to the Navy at a place with so much historical significance to our nation is an opportunity I might never have again."

When the port call concludes, Makin (BMU) 1. Island will depart with more than 200 of Sailors and Marines who will experiin the Pacific and Indian oceans, Gulf of They conducted relevant, real-world Cruise include ship tours, gun shoots, ment, Combat Logistics Battalion 11.

The three-ship ARG, which consists of amphibious assault ship USS Makin Island (LHD 8), amphibious transport dock ship USS Somerset (LPD 25) and amphibious dock landing ship (LSD 45), falls under the control of the embarked staff of PHIBRON 5. Embarked units include Helicopter Sea Combat Squadron (HSC) 21, Assault Craft Unit (ACU) 5, Fleet Surgical Team (FST) 5, Tactical Air Control Squadron (TA-CRON) 11, and Beachmaster Unit

The 11th MEU consists of the 11th "tigers," friends and family members MEU Command Element; the Aviation Combat Element, Marine Medium Tilfamilies and loved ones," said Capt. ence a small taste of their service mem- trotor Squadron 163 (Reinforced); the Mark Melson, Makin Island's com- ber's day-to-day life underway, while Ground Combat Element, Battalion Makin Island steamed more than manding officer. "This team should look riding the ship back to San Diego. Landing Team 1st Battalion, 4th Ma-45,000 nautical miles while operating back on this deployment with pride. Events planned for this year's Tiger rines; and the Logistics Combat Ele-

Navy celebrates completion of Waipio solar facility

Office of the Assistant Secretary of the Navy for Energy, Installations and Environment

The Department of the Navy, Pacific Energy project was commemoian Electric, and the Ha- ceremony April 28, at JBwaii State Energy Office PHH. Notable ceremony celebrated the comple- presenters and attendtion of a 14.3-megawatt ees included Rear Adm.

direct current solar fa- John Fuller, commander sula in Hawaii.

cility at the Joint Base of Navy Region Hawaii; Pearl Harbor-Hickam Rear Adm. John Korka, (JBPHH) Waipio Penin- commander of Naval Facilities Engineering The completion of the Command Pacific and U.S. Pacific Fleet civil Solutions, LLC, Hawai- rated in a ribbon cutting engineer; John Kliem, executive director, DON's Resilient Energy Program Office; Capt. Stanley Keeve Jr., commander, JBPHH; Ron Cox, senior vice president of Operations at Hawaiian Electric; and Dr. Terrence Surles, interim administrator of the Hawaii State

Energy Office. "Our Navy is tough during wartime and while preserving peace. That same level of determination drives day-to-day problem-solving as well as our approach to energy security. We are bold in our thinking — embracing innovation and new technologies, just as we have done throughout our history. Our senior leaders empower us and expect us to be adaptive, resilient and forward-thinking. That applies to both our nation's defense and

to our commitment to energy security," Fuller said. project and to help the more secure and resilient Pacific Energy Solutions Navy achieve its clean operations at JBPHH.

chase Agreement.

consumer of the power pro-

referred to as a Power Pur-

built, and will own, oper- energy goals," said Matt ate and maintain the solar Handel, vice president of facility on JBPHH, and the Development for NextEra installation will be the sole Energy Resources, LLC, whose subsidiary purduced by the photovoltaic chased the membership facility under a contract interest in Pacific Energy Solutions.

The project will contribboth organizations in the "We are pleased to be ute to the DON's diverse part of the Waipio solar energy portfolio, ensuring pursuit of additional renewable energy in the

It also shows the continued partnership with the state of Hawaii, following last year's Memorandum of Understanding between the DON and the state, which coordinated goals and strengthened the partnership between

state of Hawaii.

Harbor exercise to take place today

Naval Surface Group Middle **Pacific Public Affairs**

Commander, Navy Region Hawaii and Naval Surface Group Middle Pacific will conduct a training exercise with activities that can be seen and heard in the vicinity of the harbor today, May 5 from 8 a.m. to noon. During the training period, Joint Base Pearl

Harbor-Hickam will make an announcement via the "Giant Voice" system at the beginning and conclusion of the training exercise. The exercise will involve increased activities

in the harbor, including used blank ammunition to simulate live fire. The exercise is part of a scheduled pre-deployment training for operational units, and

not in response to any specific threat. There is no cause for concern.



Hawaiian Electric, and the Hawaii State Energy Office participate in a ribbon cutting ceremony at the Waipio Peninsula solar facility, April 28.

PACFLT Submarine Memorial Association awards scholarships

Story and photo by MC2 Michael Lee

Submarine Forces Pacific Public Affairs

The Pacific Fleet Submarine Memorial Association awarded \$75,000 in scholarships to 20 awardees from Hawaii-area submariners and their families during an award ceremony hosted by the USS Bowfin

Submarine Museum and Park, April 29. Capt. Richard Seif, commander, Submarine Squadron One (SUBRON 1), was the guest speaker and presenter.

"As submariners, we know the importance of a well-trained and educated crew," Seif said. "We also know the importance of taking care of shipmates, keeping them on the right path, providing opportunities and helping them achieve their full potential."

"It's truly humbling to see this submarine spirit on full display here today, as the Bowfin scholarship program allows 20 highly deserving, 'bowfin tough' students to invest in their knowledge and realize their dreams."

Since 1985, the Bowfin Scholarship Program has invested more than many supporters of the Bowfin scholar-



Capt. Richard Seif, commander, Submarine Squadron One delivers remarks during the 2017 USS Bowfin Memorial Scholarship Awards Ceremony at the USS Bowfin Submarine Museum and Park, April 29.

nancial aid for tuition, books, and fees in support of higher education.

Chuck Merkel, USS Bowfin Submarine Museum and Park executive direc-

\$800,000 in scholarships to provide fi- ship selection committee for their commitment to the scholarship program.

> "In the beginning, this money came from our operations account," Merkel said.

"Depending on how tourism went tor, thanked members, sponsors and the in Hawaii, so went the strength of our scholarship program. Due to the excep-

tional efforts of our Bowfin team, our education endowments continue to grow and we will award \$75,000 in scholarships today."

All members of the Hawaii-area submarine community, active duty or retired, their family members, and family members of deceased submariners who reside in Hawaii, and who are attending an accredited college, university or vocational school are eligible for the scholarship program.

This year, scholarships ranging from \$2,000 to \$7,500 were awarded to the family members of 20 Hawaii-based submariners. One of the top awards, the Rear. Adm. Paul Lacy scholarship, was awarded to Tyler LaBonte, son of Cmdr. Matthew LaBonte.

"I'm really honored to achieve the Paul Lacy scholarship," said Tyler LaBonte.

"I would just like to thank them very much for this opportunity. To me, the Bowfin scholarship is a way to help out all the people who have worked so hard during their high school years and have goals they want to accomplish in college."

For more news from the Pacific Submarine Force, visit www.csp.navy.mil.

Airmen reinforce Green Dot principles

Story and photo by David D. Underwood, Jr. Joint Base Pearl Harbor-Hickam Public Affairs

The 8th Intelligence Squadron conducted a non-commissioned officer Green Dot Capstone event on behalf of the 692d Intelligence, Surveillance and Reconnaissance Group, at the Hickam Makai Recreation Center and Vossler Park at Joint Base Pearl Harbor-Hickam, April 21.

The purpose of the event was to build unit cohesion; provide discussions and guided scenarios that foster bystander intervention; and reinforce violence prevention to include domestic, dating, and sexual violence, and reinforce Green Dot principles.

Green Dot is a program designed to train communities and organizations on how to

prevent power-based violence French, 8th Intelligence Squadand discrimination. This includes stalking, child abuse, elder abuse and bullying. Dr. Dorothy Edwards, director for violence and intervention and prevention at the University of Kentucky, founded the pro-

She discovered that people were not sure how to respond when witnessing a potential sexual assault.

It developed into a training program for schools and college campuses to bring about cultural change. In addition to its focus on sexual assault, it created an atmosphere to promote bystander intervention and violence prevention.

"From there, the military adopted it for the same reasons, and it has statistically been shown to actually help reduce violence," said Capt. Phaelen A.

ron, who coordinated the event.

Some of the scenarios in the exercise included bullying in the workplace, social media bullying, domestic violence with children, domestic violence at the bowling alley, Airman leadership school graduation and the club, and transgender bul-

French stated that part of her unit's mission is discovering the unknown.

And to do that, you have to start from the bottom up, making sure that the environment is good in order to support the creativity, and critical thinking, and all the things that need to be going along in order to support the vision of leadership.

"We want our Airmen to be well-rounded. We know that it's going to produce the best mission and it's the best for our



Staff Sgt. Brandon Smart (left), 324th Intelligence Squadron, Staff Sgt. Quinton Daulton, 8th IS, Staff Sgt. Mikayla Sedillo, 8th IS, and Staff Sgt. James Chaney (right), 8th IS read a scenario to test bystander intervention during a club incident.

Airmen," she said.

The capstone event allows leadership to pool resources and create a principle of "team of teams."

As they grow from little teams to bigger teams, they will

be able to get more things done at a lower level. Through this connectivity, it makes the unit more reactive, flexible, and able to respond in a dynamic environment without the hierarchy structure.

Diverse VIEWS



Submitted by David D. Underwood Jr. and Ensign Britney Duesler

May is Military Appreciation Month. What do you appreciate most about working for the military?



Master Sgt. **Aieron Howard** 37th Intelligence Squadron

"I appreciate the chance to work with so many wonderful people from such diverse backgrounds to help protect our nation."



Chief Warrant Officer Brian Frie USS Port Royal (CG73)

"I like the opportunity of being able to do operational things that help my country and also it gives me a chance to travel.'



Maj. Eugenia Rush 15th Medical Group

"The military has offered me the opportunities to grow personally and professionally. I have had experiences in the military that I would never have gotten in the civilian sector as a nurse.



ETSC Carter Hollingsworth USS Chung-Hoon (DDG 93)

"I appreciate that it gave me the opportunity to send my daughter to HPU with the post 9/11 GI bill. And travel, there's always that."



Staff Sgt. Matt Levine PACAF Band

"I appreciate working with so many talented and hardworking people who place service before self and people first."



IC3 Ashlie Loyer Career Information Center

"I get to travel the world, that's number 1. The second thing is I see a lot of different Sailors and get to give them advice based on personal experiences."

Want to see your command featured in Diverse Views? Got opinions to share? Drop us a line at editor@hookelenews.com

COMMENTARY

Gen. Terrence J. O'Shaughnessy, Commander, Pacific Air Forces

Adm. Scott H. Swift,

Commander, U.S. Pacific Fleet

Doolittle, USS Hornet at 75:

Shrinking oceans, rising tides

daring mission that relied on landbased bombers to fly from sea.

Sixteen Army Air Corps long-range, B-25 Mitchell Bomber aircraft launched for a one-way mission off the deck of the Navy aircraft carrier USS Hornet (CV 8).

The American rallying response to the Dec. 7th 1941 attack on Pearl Harbor was innovative and bold, and required the courage and selfless American spirit for which our Greatest Generation was rightly nicknamed.

Much too lumbering to be ferried and launched from a ship, the bombers were stripped to the barest essentials.

Preparing for the unprecedented and perilous mission, the Navy and Air Force worked hand-in-hand with the pilots and aircrew, training intensively on the at-sea launch, cross-country and night-time flying, and low-altitude approaches to bombing targets.

Despite the odds, the mission was a success. In America, it offered hope after a string of stinging defeats. Strategically, the daring raid demonstrated make their way in the Pacific are in

sary of the famous Doolittle Raid, a the previously impenetrable military power in the Pacific.

The presence of capable, ready forces is as important today as it was 75 years ago. Miscalculation must be avoided lest the hemisphere relearn the bloody lessons from our collective past.

There is no denying the Pacific is a maritime, air and space theater. The area of responsibility envelopes 100 million square miles, more than half the Earth's surface, from Antarctica to the Arctic circle and from the West Coast of the United States into the Indian Ocean.

And for more than 70 years, all Pacific nations have benefitted from the stability and prosperity which blossomed under the assurance of internationally recognized norms, standards, rules and laws.

Today the world and the Pacific are very different places technologically, economically, and geo-politically. And while the vast distance between shores remains, peoples who live and

April 18 marked the 75th anniver- that the allied forces could penetrate many regards closer than ever. For seas operations from San Diego. generations, there are shared expectations of stable trade and security that all inhabitants have come to expect.

> In today's environment, fair trade and security requires a commitment that must be a joint effort crossing multiple domains ... air, land, sea, undersea and in space and cyberspace.

> As indicated this past November, the head of U.S. Pacific Command, Adm. Harry Harris, said he wanted the Army to be capable of sinking ships in contested maritime areas. In so doing he simultaneously stressed the importance of all nations benefitting in the region and remaining committed to the same international norms that have resulted in our shared prosperity.

> The Pacific Fleet took a page from the history books by installing "Third Fleet Forward," designed to spark synergy between the Third and Seventh Fleets. Under this construct, the USS Carl Vinson Carrier Strike Group is currently operating in the Western Pacific, and reports to Vice Adm. Nora

Furthermore, recently a Pacific Air Forces B-1B Lancer bomber conducted a bilateral mission in the vicinity of Japan with Koku-Jieitai F-15J Eagles, as part of U.S. Pacific Command's more than 10-year Continuous Bomber Presence Mission, followed by a bilateral mis-

sion with Republic of Korea Air Force F-15K Slam Eagles and F-16 Fighting Falcons carried out in ROK airspace. This is merely the latest example of Pacific partners' determination to work together to preserve the arrangement that has benefitted so many for so long.

Our forces serve humbly in the wakes of those who went before them. The legacy of the courageous WWII raid by Doolittle — USS Hornet is a regional commitment to an integrated, joint and allied capability in the expansive Pacific maritime theater.

An enduring presence — on the sea and in the air — that values partnerships and international norms and standards is the surest guarantor of continued prosperity for all. The price Tyson, whose Third Fleet staff over- of any alternatives would be too steep.

DoD releases FY 2016 report on sexual assault in military

U.S. Department of Defense

On May 1, the Department of Defense released its Annual Report on Sexual Assault in the Military for Fiscal Year (FY)

This year's report shows fewer service members are experiencing the crime and a greater proportion of service members are reporting sexual assault than ever before.

The new data suggests about

chose to report their sexual assault last year, up from about one in 14 estimated 10 years ago.

"We must eliminate sexual assault in the military," said Secretary of Defense Jim Mattis. "Our Department cannot tolerate actions that weaken unit cohesion, leadership, or training the ingredients of combat effectiveness."

decreased prevalence captured in this report reflect higher conone in three service members fidence among our troops in our

Joint Base Pearl Harbor-Hickam

Capt. Stanley Keeve Jr.

programs and policies. Every keep faith with our people and ensure our military is ready to fight. This starts with treatsetting an atmosphere of trust that builds combat readiness. I will not tolerate conduct prejudicial to our values.'

This year's report contains "The increased reporting and results from a force-wide survey of active duty members. Survey results estimate that 4.3 percent of military women and 0.6 2014.

percent of military men indipolicy and every decision must cated experiencing a sexual assault in the year prior to being

The rates reflect a decrease ing all hands with respect and from the 4.9 percent of military women and the 0.9 percent of military men estimated to have experienced a sexual assault in

> The 2016 rates suggest that about 14,900 military members experienced a sexual assault last year, down from 20,200 in

"We're encouraged that there was less of this horrible crime in 2016. However, there are still too many people experiencing a sexual assault," said Rear Adm. Ann Burkhardt, director of the Department of Defense Sexual Assault Prevention and Response Office (SAPRO).

"We will continue to provide first-class support to those who have been victimized and further evolve our prevention efforts to stop the crime before it

Navy Region Hawaii Rear Adm. John V. Fuller

Director, Navy Region Hawaii Public Affairs **Agnes Tauyan**

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Nimitz commissioning marks new carrier class



USS Nimitz (CVN 68) was commissioned on May 3, 1975 by Rear Adm. Richard E. Rumble, commander, Fifth Naval District, at Pier 12, Naval Station Norfolk, Virginia, with President Gerald R. Ford and more than 20,000 guests in attendance. Nimitz's commissioning marked the beginning of a new "Nimitz class" of aircraft carriers. Nimitz has been called upon many times to deploy around the world.



U.S. Air Force Gen. Terrence J. O'Shaughnessy (center), Pacific Air Forces (PACAF) commander speaks to PACAF leaders during the spring Commander's Conference at Joint Base Pearl Harbor-Hickam, April 25.

Pacific Air Forces discusses future of warfighting in Indo-Asia-Pacific region at three-day conference

Story and photo by Tech. Sgt. Kamaile Chan PACAF Public Affairs

More than 50 senior officers and enlisted leaders from the Pacific Air Forces (PACAF) area of responsibility (AOR), gathered at Joint Base Pearl Harbor-Hickam (JBPHH), April 25-27, for a three-day conference to discuss the future of warfighting in the Indo-Asia-Pacific region.

"I think that America's future security and economic prosperity are indelibly linked to the Indo-Asia-Pacific region," said Navy Adm. Harry B. Harris, Jr., commander, U.S. Pacific Command, during his testimony before the House Armed Services Committee,

"It's a region that is poised as a strategic nexus for an opChina, Russia and ISIS," Har-

Gen. Terrence J. O'Shaughnessy, PACAF commander, addressed the group by saying, "To be successful in this theater requires a mind-shift both from the Airmen in the Pacific, but also from our senior leaders back in the states."

O'Shaughnessy also identified key arenas that he has used to spread the message that PACAF is an expeditionary-minded warfighting command to include the Air Force/ Navy warfighting talks, and the component commander talks. Both platforms provide joint partners in the PACAF mindset of future warfare in this AOR.

The primary mission of

challenges of North Korea, ready air and space power to promote U.S. interests in a theater that is home to 60 per-In his opening statement, cent of the world's population in 36 nations spread across 53 percent of the Earth's surface.

"We are relying on you to remain poised in order to retain our competitive advantage in this evolving theater," O'Shaughnessy said.

conference was dedicated to discussing intelligence observations and analysis on current and future threats in the Indo-Asia-Pacific region.

In addition, military analysts, experts in political philosophy and international political affairs provided some insight and background on current affairs and projected future developments.

Throughout the conference, Jones, delivered an inspira-

portunity that meets the four PACAF Airmen is to provide breakout sessions provided tional message on achieving an opportunity for numbered air force (NAF) commanders, wing commanders, and wing command chiefs to discuss their individual challenges and questions.

In addition to receiving quick resolutions to their concerns during the breakout sessions, the opportunity fostered introductions and rela-A substantial portion of the tionship-building between the PACAF staff at JBPHH and NAF and wing leaders from locations throughout the AOR. This notable milestone, enables continued dialogue and between PACAF commanders which is instrumental in developing a unified team.

Adding to the list of distinguished visitors, former University of Hawaii coach and former NFL player/coach, June excellence through intentional practice.

Though the military and football have drastically different "battlefields," Jones discussed the continuous process excellence requires in order to be ready when opportunity presents itself. Focusing on Aristotle's words, "We are what we repeatedly do. Excellence, then, is not an act but a habit.'

His words interconnected with the messages O'Shaughnessy relayed throughout the conference, that in order to successfully overcome challenges in the Pacific theater Airmen must not only shift their thinking, but continually train until that mind-shift is second nature. Only then will the future of warfighting in the Pacific change.



Reservists train to save fellow firefighters

Story and photo by Master Sgt. **Theanne Herrmann** 624th Regional Support Group

Reserve firefighters from across the country, including Joint Base Pearl Harbor-Hickam, trained at the first Air Force Reserve Command Firefighter Rescue and Survival course, April 17-21, at Dobbins Air Reserve Base, Georgia.

Firefighters train to rescue people from a burning building on a regular basis, but what if the unthinkable happens? What if a firefighter has to make a mayday message, because after becoming disoriented in a thick cloud of smoke, the building begins to collapse? Firefighters have no other recourse than to rely on their own training for survival, and their fellow firefighters to assist in the rescue.

Twenty citizen Airmen participated in the intense 50-hour course held at the 622nd Civil Engineer Group expeditionary combat support-training certification center, which focused on a Rapid Intervention Crew, or RIC. The RIC is a dedicated and specially trained group of firefighters whose responsibilities include safely evacuating a distressed firefighter from a structure.

Four Reserve fire departments participated in the training, including members from the 624th Civil Engineer Squadron from Joint Base Pearl Harbor-Hickam, 507th CES from Tinker Air Force Base, Oklahoma, 434th CES from Grissom Air Reserve Base, Indiana, and the 445th CES Air Force Base, Ohio.

The first four days of the course consisted of drills which focused on separate tasks, such as fire burn.

Master Sgt. Christo- at Joint Base. pher Bauchle, a career Squadron, Grissom Air Year for 2002. Reserve Base, Indiana,



side of the base, experi-

enced the disorientation

and fatigue while partici-

"We are crawling

pating in the drills.

for the average male."



U.S. Air Force Tech. Sgt. Justin Sabio, of Ewa Beach and Airman 1st Class Cedric Sarsfield, of Kaneohe, both members of the 624th Civil Engineer Squadron, Joint Base Pearl Harbor-Hickam, work to move through a small opening in full firefighting gear.

to help instruct 16 scenar- ing training props for firefighter on the Hickam ios based on real-life tragedies where a firefighter's life was lost.

Our goal is to enhance their decision-making skills in these stressful from Wright-Patterson environments, overall making them a better firefighter," Bender said.

Two of the nine instructors are full-time federal firefighters from Hawaii. how to respond to a fire- Master Sgt. Matthew fighter undergoing car- Kaea of Makakilo and diac arrest. On the last Tech. Sgt. Emilio Aguday, the course culmi- ilar of Mililani are also nated with a training reserve firefighters from event that included a live- the 624th Regional Support Group's 624th CES

Kaea specializes in RIC firefighter with the India- at the Pohakuloa Fire napolis Fire Department and Emergency Services and Tech. Sgt. Travis on the island of Hawaii, Bender, of the Zionsville while Aguilar works at Fire Department, In- Camp H.M. Smith on the diana, spent two years island of Oahu. Aguilar organizing the course is no stranger to success. syllabus. Both men are He was named the De-Reserve firefighters from partment of Defense Mil-

In addition to instructand recruited seven other ing, members from the instructors with various 624th CES spent the a member of the 624th firefighting backgrounds previous week build- CES, and full-time federal

the firefighters to use as training aids.

The training props were designed to challenge the firefighters mental and physical resiliency. The obstacles ranged from squeezing into a tiny square hole with more than 60 pounds of bulky equipment, to carrying their fellow firefighters up and down the stairs, with simulated smoke creating a zero-visibility environment.

"As you look at these obstacles, they are intimidating," Kaea said.

eves that they are nervous, but we make it this way because it can actually happen. We coach them through it, let them know what they are doing wrong and how they can get through the obstacle. This course has a lot of repetition, so the goal is to develop muscle the 434th Civil Engineer itary Firefighter of the memory to help them react quickly during a real-life situation."

Tech. Sgt. Justin Sabio,

fighter responds uniquely to the pressure and anxiety associated with extreme conditions, and how in order to save lives.

"Firefighting is not a comfortable job," Bender said. "It's physically demanding, and after lifting people over and over again, crawling in a zero-visibility environment, your body and mind start to breakdown and you lose your fine motor skills. Decision-making becomes foggy and you lose your sense of time."

There is a standard for each drill that every firefighter must meet before moving on. Firefighters who meet the standards throughout the course will receive the "No Slack" patch.

through small spaces with all of our gear on," Sabio "The 'No Slack' patch said. "You get disoriented, represents discipline, claustrophobic, and you meaning the firefighters can't see with the mask are paying attention to deon while inside a smoked tails and not cutting corand burned-out building. ners," Bender said. "When It's hard to breathe, and firefighters start making then you add the weight short-cuts, that is what of someone you are resculeads to a catastrophic ing, which is 200 pounds event. The patch also has the words 'Desire, Ability is that we put on our Air The course aims to and Courage,' which rep- Force uniform, making us "You can see it in their highlight how each fire-resent the Air Force fire-wartime firemen."

fighting core values."

During the graduation ceremony, Bauchle acknowledged each to react to those stressors firefighter for their dedication

"You showed up each morning knowing that the training was going to be harder than the day before," Bauchle said. "I would want you to come and rescue me on my worst day."

With more than 29 years of experience as a firefighter and student of the course, Master Sgt. James Balgas, of the 624th CES at JBPHH expressed the importance of the training.

"This training is important because we have a sisterhood, brotherhood," Balgas said. "No matter what the situation is, we will do what it takes to save one of our own. The hardest part is when the chief tells you to stand down because it is not safe to enter the building and you risk losing more firefighters. What makes us unique from other firefighters

'Getting the pulse of the fleet' is no small task

MCC Mark Schultz U.S. Pacific Fleet Public Affairs

Knowing what's on the minds of Sailors, relaying information up and down the chain of command, and acting as an enlisted ambassador are some of the main tasks of the fleet master chief, and for the Pacific fleet master chief, that's no small task.

Getting around and talking to more than 140,000 Sailors spread over half the globe, "from Hollywood to Bollywood," separated by the world's largest ocean, Fleet Master Chief Susan "Suz" Whitman makes the most of her time spent away from Hawaii.

Visiting Sailors in Jaweeks. All-Hands calls, meetings with Japan Maritime Self-Defense Force leaders, including their MCPON equivalent and, meeting with U.S. Navy leaders is a full time job. But Whitman doesn't do it alone.

She typically travels with Pacific Fleet Navy AIs, are a touchy and career counselor, Master hot topic for Sailors in Chief Navy Counselor Ty Jiles and works with local senior enlisted lead- head on, hear the Sailers when she arrives, like ors' concerns and promaster chiefs. With these the fleets' questions and personnel system, topics subject matter experts, Whitman can address most questions and concerns from Sailors.

Recently, Whitman spent time recalibrating Sailors' views on alcohol related incidences, a hot topic in Japan. After a rash of incidents, and the region on a perceived lock down, Whitman reassured Sailors that the majority was doing the right thing and trends were actually down from past years.

"The truth is, if you look at the numbers, alcohol incidents have decreased each year since



Photo by MN3 Class Zachary Hovath

U.S. Pacific Fleet Master Chief Suz Whitman speaks at a Chief Petty Officer 365 event at U.S. Fleet Activities Sasebo, Japan, Feb. 13.

other Navy concentration areas like Norfolk and San Diego?" Whitman asked at an all-hands do better and we need you to continue to be true ambassadors and leaders wherever you serve."

Japan. Whitman's job is to address those issues

nior leadership. Als aside, Whitman's visits provide results.

'Your voices were call. "Because we can still heard," Whitman told Sailors at another allhands call. "We have our rates back because leadership heard you. Now we Alcohol Incidents, or need your support to continue making it better and all ideas are welcome."

Many of the issues Sailors bring up are personnel related. Jiles helps keep Whitman up to date on the fleet, force and command vide feedback, and take latest changes in the Navy

manning and the overseas screening process.

"We get to bring the newest instructions and guidance directly to the Sailors without any filters," Jiles said. "And the Sailors get that direct feedback from leadership to clear up any questions or concerns they may have; and that helps them do their job better.'

When traveling overseas, Whitman splits her time with U.S. Sailors and partner nation leaders. These meetings help

pan alone takes three on this area compared to thoughts back to Navy selike blended retirement, build a stronger relationship between the two nations as well as help seek opportunities for working together.

"Japan is one of our long-standing allies and we share a great relationship," U.S. Naval Forces Japan Command Master Chief Joe Fahrney said during one of Whitman's visits. "When we have the opportunity to bring more senior leaders out to meet with our Japanese counterparts it opens up the conversation for more

joint initiatives." Opportunities can include combined training and exercise opalso be about sharing exis interested in learning how the Japanese instill leadership at a more junior pay grade. The Japan

growing a more diverse senior enlisted corps.

"We would like more leaders like you," said Master Chief Hideyuki Seki, master chief petty officer of the Maritime Self-Defense Force (MCPOM), referring to Whitman. "We would like more female voices in SEL (senior enlisted leadership) positions and sea duty positions to model where we can go as a force."

These joint initiatives, according to Fahrney, provide both groups of Sailors with fresh perspectives on their allies like understanding that in Japanese culture, women are expected to prioritize family over service, which means it is difficult to keep women in the military after they have a baby.

Centrally located in the Pacific Fleet, and Pacific Ocean, Whitman spends a lot of time on planes getting around the Pacific. She says it's a good time to catch up on emails and work, and worth it to meet the Sailors throughout the Fleet.

"She (Whitman) knows how to connect with today's Sailors," said Jiles, a frequent companion on these trips. "This is where she really makes her money."

At each stop, there are lines of Sailors waiting portunities, but it can with a notepad in one hand and a cell phone periences. According to in the other. Even after Fahrney, the U.S. Navy a long flight, Whitman smiles bright for countless selfies before (and after) all hands calls.

"You can tell she loves Maritime Self-Defense having these one-on-ones Force is interested in with Sailors," Jiles said.



Photo by MN3 Zachary Hovath

2014. So why is there U.S. Pacific Fleet Master Chief Suz Whitman makes a point during the Chief Petty Officer still such a big spotlight 365 event at U.S. Fleet Activities Sasebo, Japan, Feb. 13.

Sgt. Mario Wright,



& Ceisure



Story and photos by Randy Dela Cruz Sports Editor, Ho'okele

Entering the playoffs as the No. 4 seed from the Blue Division, the 690th Cyberspace Operations Squadron (690 COS) faced a huge mountain to climb during the three-day postseason tournament.

Instead of succumbing to the pressure, the team proved itself to all doubters. It walked away with the Joint Base Pearl Harbor-Hawaii intramural basketball championship hardware with a stunning 56-54 win over Pacific Command/Joint Intelligence Operation Center (PACOM/JIOC) on May 1 at Hickam Fitness Center.

Against all odds, the 690 COS took down Navy Health Clinic Hawaii in the first round and then went on to eliminate Naval Submarine Support Command (NSSC), the for the game. Rodriguez in the first half," Robinson Division and Navy Information Operations Command (NIOC) Hawaii, the No. 2 seed from the Red Division, before wrapping it all up with the nail-biting victory over PACOM/



Airman 1st Class Carlos Rodriguez fights off a defender for a basket.

No.1 seed from the Blue received the game ball as the MVP.

'All season long we've been the underdogs," Rodriguez said. "Everybody put in a lot of hard work. People don't give us the credit we

deserve. We just play as a team with a big heart." "All season long we've been

— Airman 1st Class Carlos Rodriguez

the underdogs. Everybody

put in a lot of hard work."

The 690 COS put forth a fantastic team effort to gain the win, but it was dem of Senior Airman Nathaniel Robinson and the spark from baseline to baseline.

Robinson was the second half. He took his with 18.

torched the PACOM/JIOC defense for four three-

The team's desire to prevail was evident from the start, as the 690 COS the team's backcourt tan- fought off deficits of five and six points.

A trey by Lt. Col. Craig Airman 1st Class Carlos Palmer gave PACOM/ Rodriguez that provided JIOC their largest lead of the game at 23-17, but Rodriguez said. "As soon back came the 690.

Rodriguez cut the lead team's catalyst in the in half with a trey of his own, and later with only game to another level to 43 seconds on clock before score a dozen points af- halftime, Robinson conter halftime and finished nected on his second trey of the half to cut the lead Meanwhile, Rodriguez down to two points, 25-23, at intermission.

said. "It was a big shot that I had to step into. If we could take it point-by-point, we can climb that hill.

Robinson sank the first basket of the second half to tie the score at 25-25. Then, on the next trip downcourt, Robinson pushed the ball on a fast break that ended with a pass to Rodriguez, who kissed it off the glass for a 27-25 lead.

PACOM/JIOC stormed back with back-to-back treys by Sgt. Michael Sibley and Palmer to take a 31-27 lead, but Robinson kept the game close by finishing off a basket-andone to cut the deficit down to a point.

Later, still trailing with only 4:48 remaining in the game, Rodriguez nailed an open shot from beyond the arc to give the lead back to the 690 COS

"It gave us momentum," as I hit that shot, I knew this game was ours.'

As time wound down and with PACOM/JIOC still trailing, the team was forced to foul to try and get the ball back.

However, the plan backfired. Rodriguez hit two free throws in a row and "I owe my teammates. Robinson sank four from we put Air Force back on point shots and totaled 22 I was only like two-for-six the charity stripe to put the map."



the game away for good.

Robinson, who provided the steady spark for the 690 COS in the second half, said that when the game was on the line, he wanted the ball.

"At the time, I wanted that moment. I wanted to step into it," he said. "Anybody on this team could have done it, but they had faith in me. So, I had no choice but to capitalize on it."

When asked if it was too early to think about a repeat, Robinson gave a huge smile, but indicated that the night wasn't about the future. It was reserved to celebrate their title.

"It's amazing," Robinson said. "Like Carlos said at the beginning of the season, we're going to win it all. We didn't really buy into it as a team, but he believed in us. Even though it's a Joint Base,





Hospital Corpsman 1st Class Michael Aperto-Apodaca touches home after slamming a solo shot.

NHCH answers call with win

Story and photo by Randy Dela Cruz Sports Editor, Ho'okele

A slow game, offensively, heated up quickly as the bats came alive during the Red Division intramural softball game between Naval Health Clinic Hawaii (NHCH) against Mobile Diving and Salvage Unit (MDSU) 1 Poseidon Avengers on May 2 at Ward Field, Joint Base Pearl Harbor-Hickam.

Scoreless in the first two innings, the Poseidon Avengers tallied three runs in the top of the third inning only to see it disappear in the bottom of the frame as NHCH rallied for six runs en route to 9-4 win.

"We're the health clinic, so when we see one of us doing good we just don't know how to do anything else, but to do good, said Hospital Corpsman 1st Class Michael Aperto-Apodaca about the team's great comeback.

third inning, the team daca made a statement want. It's cool." got most of its runs after two outs.

The biggest hit came of the bat of Lt. Cmdr. Josh Miller, who stroked a bullet to left field that drove in two runs to tie the score at 3-3.

Two more runners crossed home plate before Lt. Adam Picker got a base hit to drive in the final run of the third.

fourth and then in the feel it. It was one of those

with a long bomb to right field for an inside-thepark home run.

The blast sailed clear over the right fielder's head and rolled all the way to the fence, which allowed Aperto-Apodaca to circle the bases and give his team an 8-3 lead.

"He (the pitcher) just put it over easily," Aperto-Apodaca said. "I kind

During NHCH's big next inning, Aperto-Apo- smooth hits that you

NHCH scored their final run in the bottom of sixth on a sacrifice fly, before shutting down the Poseidon Avengers in the final inning for the win.

Although the game belonged to the smoldering bats of the NHCH, Aperto-Apodaca said that the team is equally proficient with the glove. If the team continues to put together NHCH picked up a of lost it in the light, but I solid games, Aperto-Aporun in the bottom of the saw it and took it. I didn't daca said he likes their chances this season.

Special meal planned for May 17

American Pacific Islander Heritage Month will be served from 11 a.m. to ing Facility, Joint Base Pearl Harbor-Hickam.

The cost of the meal is \$10.95 per person. The meal is open to active-duty personnel, escorted family members of active-duty personnel, retirees and Department of Defense employees with valid ID cards. Please

A special meal celebrating Asian bring exact change to expedite the time spent at the cashier stand.

Menu items will include a salad bar, 1 p.m. May 17 at the Hale Aina Din- vegetable salad, spinach salad, tempura vegetables, sesame glazed green beans and stir-fried cabbage. The appetizer will be Chinese egg rolls and egg drop soup will also be on the menu.

> Entrees will include pork adobo, Chinese five-spice chicken and beef bulgogi. Starches will be fried noodles and steamed rice.

Combined military band concert set for May 20 at Hawaii Theatre

Story and photo by Honolulu Navy League

The Honolulu Navy League has announced that the 32nd Annual Combined Military Band Concert will be held on Saturday, May 20, during Military Appreciation Month.

The event, free and open to the public, will be held at the historic Hawaii Theatre with open seating beginning at 6:15 p.m. for the 7 p.m. concert start time.

Admission and seating is not guaranteed and will be on a first-come, firstserved basis.

The Navy League was founded in 1902 by President Theodore Roosevelt.

Its mission is to educate the public on a need for a strong sea service, to include the Navy, Marine Corps, Coast Guard and the Merchant Marine.

This year the United States Marine Forces of the Pacific Band will be the military lead and they will be led and conducted by Chief Warrant Officer 3 Bryan Sherlock.

The combined band features service members from each branch of the military, with each respective conductor taking turns overseeing patriotic songs.

Tickets will be available for pickup at JN Auto Group, Cycle City Hawaii and the Hawaii Theatre Center.



The Combined Military Band Concert will feature service members from each branch of the military.



Senior Chief Matt Mette goes in motion to complete the double play.

Shipyard takes mercy-rule win

Story and photo by Randy Dela Cruz Sports Editor, Ho'okele

You never know how things click or don't click from week to week — especially in slow-pitch softball.

Last week, Pearl Harbor Naval Shipyard (PHNSY) barely squeaked past with a win. Commander Submarine Force U.S. Pacific Fleet (COMSUBPAC) CSP clubbed their way to a mercy-rule victory.

Entering their early-season showdown against PHNSY, it seemed as though CSP would be the team riding high after last week's easy win, but as it played out, the tables were completely turned around. PHNSY came from behind to finish off CSP, 13-3, on May 2 in a Red Division game at Ward Field, Joint Base Pearl Harbor-Hickam.

PHNSY fell behind in the first inning, when CSP scored two runs, but in the bottom half of the frame PHNSY put three runs on the board to go out in front.

while CSP saw their record fall to 1-1.

"I think we have the strongest core team in the league," said Senior Chief Machinist's Mate Steve Johnson, who accounted for five of the team's total runs. "As long as we're clipping on all cylinders, I think we're going to win this."

As if picking up from last week's game, CSP came out swinging and immediately got on the scoreboard after leadoff hitter Electronics Technician 1st Class Kyle Longnecker singled and then came home on a triple by Chief Culinary Specialist Mike Duncan, who also came home

on an errant throw to third.

However, the momentum shifted to PHNSY in the bottom of the frame. Johnson slashed a single to drive in the team's first run of the

"You've got to start them off, so you give the rest of the team motivation," Johnson said. "It got the ball rolling."

Back came CSP to tie the score with a run in the top of the second inning, but that's where their run production stopped as PHNSY pitcher Machinist's Mate 1st Class Brian Love shut the door for the rest of the game.

While Love was throwing goose eggs, the hot bats of PHNSY continued to pile up the runs.

The team picked up four more runs in the bottom of the second to take a commanding 7-3

The big blow of the inning came off the bat of Johnson, who blasted a shot that was too hot for the centerfielder to make the catch, allowing two runs to score.

Later, Johnson again crushed a shot to short-The win was the second in a row for PHNSY, stop that was mishandled, which ushered in two more runs.

> "I hit it as hard as I can and hopefully they'll miss it," Johnson said.

> The final huge rally came in the bottom of the fifth when PHNSY scored six more times to put the game away for good.

> During that inning, Love aided his own cause by hitting a single that drove in two of the inning's six runs.

> Johnson said that because the team has played intact for many seasons, he and his teammates just don't get rattled.

Events on Oahu will commemorate 50th anniversary of Vietnam War

Don Robbins Editor, Ho'okele

Events will be held on Oahu from May 23 to 29 commemorating the 50th anniversary of the Vietnam War. They include official Welcome Home activities planned by the state of Hawaii on Memorial Day weekend and activities at Pacific Aviation Museum Pearl

• "Welcome Home" banquet to honor POWs/MIA, Medal of Honor recipients, Gold Star families and all returning Vietnam veterans will be held at 4 p.m. May 25 at Pacific Aviation Museum Pearl Harbor. Reservations are required at PacificAviationMuseum.org/

WelcomeHome. For information, including fees, contact Jobeth.Marihugh@PacificAviationMuseum.org or call 892-

- Vietnam 50 Years Memorial Parade in Waikiki will be held on May 27 at Fort DeRussy, Kalakaua Avenue and Kapiolani Park. The event will include an opening ceremony at 5 p.m. featuring guest speakers, the Marine Forces Pacific Band, along with marching bands and other parade entries from the mainland. The parade will begin on Kalakaua Avenue at 6 p.m. and continue to Kapiolani Park. The parade will conclude at 7:30 p.m. with a catered picnic for veterans, their guests and parade bands at the end of the route.
- As part of the 50th anniversary commemoration of the Vietnam War, Vietnam veterans will be on hand to help unveil Pacific Aviation Museum Pearl Harbor's newest aircraft, the F-105 at 11 a.m. May 27. The event will be held in the museum's hangar 79. Retired Army Major Gen. Patrick This service is dedicated to the Brady, a former Huey pilot living, the deceased, and miss-



U.S. Air Force file photo

Newly freed prisoners of war celebrate as their C-141A aircraft lifts off from Hanoi, North Vietnam, on Feb. 12, 1973, during Operation Homecoming. The mission included 54 C-141 flights between Feb. 12 and April 4, 1973, returning 591 POWs to American soil.

will participate in the ceremony. In addition, Dr. William S. Reeder, Jr., a retired Army colonel, will also participate. Reeder is a former Cobra pilot and Vietnam POW. The event will include a dedication ceremony for the museum's newly updated Huey and Cobra helicopters. The event is free with museum admission, and free to museum members, members of the military and military families with valid ID.

- Meet and greet with Vietnam veterans will be held at 1 p.m. May 27 at Pacific Aviation Museum hangar 79. The event will include speeches by Medal of Honor recipients and book signings. The event is free with museum admission, and free to museum members, members of the military and military families with valid ID.
- A combined city, state and national memorial service will be held at 10 a.m. May 29 at the National Memorial Cemetery of the Pacific (Punchbowl).

and Medal of Honor recipient ing in action of the Vietnam/ South East Asia War. Distinguished keynote speakers will be invited to attend. The service will include a missing man flyover followed by the 21-gun memorial salute with full military honors.

The state of Hawaii "Welcome Home Vietnam War 50 Years" international event was planned by the state's 50th Anniversary of the Vietnam War Commemoration Committee. This historic event will be for Vietnam era veterans from all 50 states, U.S. territories and allied nations.

The state has many ties to the war. For example, Hawaii was the primary R&R location for the Vietnam War. U.S. POWs returned home to Hickam Air Force Base and Hawaii is the home of the Defense POW/MIA Accounting Agency. Hawaii is also home to the Pacific Command, with major installations for all five component military branches.

For more information, visit www.vietnam50years.org and www.pacificaviationmuseum.org/



Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Youth sports camp registration begins

- Youth sports summer camp registration for BMX/skateboard camp, youth sports baseball and softball and parkour camp is being held now until May 31. Registration will be available online through Child and Youth Programs (CYP) Online Services and will remain open through the deadline or until spaces are filled, whichever comes first. For the full schedule including costs, visit greatlifehawaii.com. For more information, call 473-0789.
- Cinco de Mayo celebration will be held from 10:30 a.m. to 5 p.m. at Restaurant 604 on May 5. Patrons can dine on gourmet street tacos, monster burritos and other specials. The event will include live music and giveaways. For more information, call 888-
- Cinco de Mayo celebration will be held for lunch and dinner at The Lanai at Mamala Bay on May 5. The event will feature specials, including a taco buffet. For more information, call 422-
- Warrior Friday will be held from 4:30 to 7:30 p.m. May 5 in the Koa Lounge at the Historic Hickam Officers' Club. It's a pau hana appetizer buffet and it is free for club members, and \$15 for non-members. For more information, call 448-4608.
- Free Fiesta 5K Run will begin at 7 a.m. May 6 at the Hickam **Fitness Center.** Registration will be taken the day of the event. For more information, call 448-2214.
- 42nd annual Spring Craft Fair will be held from 9 a.m. to 3 p.m. May 6 at the Joint Base Arts & Crafts Center. This event features more than 120 booths of original handmade arts and crafts (in time for Mother's Day gift shopping), live entertainment, pony rides, food, make-n-takes, and a Dog Show. The dog show schedule is 10 a.m. for best costume, 10:20 a.m. for most obedient, 10:40 a.m. for owner/dog look-alike and 11 a.m. for best trick. The admission for shoppers is free. For more information, call 488-9907.
- Advance screening of "King Arthur Legend of the Sword" will begin at 7 p.m. May 6 at Sharkey Theater. The screening is free to the first 400 authorized patrons. The ticket booth and doors will open at 5:30 p.m. Active duty may receive up to four tickets. Retired military, military family members and Department of Defense cardholders may receive up to two tickets. For more information, call 473-2651.
- Free pre-school story time with the theme "Police Week" will be held from 9 to 10 a.m. May 10 at the Joint Base Library. The event is open to all base-eligible patrons. For more information, call 449-8299.
- Free golf clinic will be held at noon, May 11 at the Navy-Marine Golf Course. For more information and to pre-register, call
- Moonlight Paddle at Hickam Harbor will be held from 8 to 10 p.m. May 11 at Hickam Harbor. Participants of all paddling abilities are welcome for this night excursion with MWR Outdoor Recreation. The cost is \$25 and includes guides and all required gear. For more information, call 449-5215.
- Free Health and Fitness Fair will be held from 10 a.m. to 2 p.m. May 12 at the Joint Base Fitness Center. Patrons can learn from the experts about fitness and ways to live a healthier lifestyle. The fair is open to all base-eligible patrons. For more information, call 471-2019.
- Fire truck-pulling contest will be held from 11:30 a.m. to 1 p.m. May 12 at the Health and Fitness Fair. Patrons can watch six-person teams and commands compete to see how fast they can pull a real fire truck 200 feet. For more information, call 471-2019/2020.
- Military Spouse Day will be celebrated during lunch and dinner on May 12 at The Lanai at Mamala Bay. Military spouses can get a free dessert with the purchase of an entr e. For more information, call 422-3002.
- Zumbathon will be held at 3 p.m. May 12 at the Hickam Fitness Center. Participants can join in on a free two-hour Zumba class. Sign ups will take place before the start of the class. For more information, call 448-2214.
- Float night will be held from 5 to 7 p.m. May 12 at Pool 2. Patrons can bring their own floats to cool off and swim around in the pool. Free and open to all base-eligible patrons. For more information, call 260-9736.
- Kayaking the Mokulua Islands will be held from 7 a.m. to 1 p.m. May 13, departing from the Outdoor Adventure Center. Some kayaking experience is required for this afternoon excursion to the mini islands on the windward side. The cost is \$35 and includes transportation and kayaking gear. The sign up deadline is May 11. The activity is subject to change due to weather. For more information, call 473-1198.
- Bottom fishing at Hickam Harbor will be held from 2:30 to 5:30 p.m. on May 13. The cost is \$30 and includes gear, bait, guides and boat. The registration deadline is May 11 and is available online only. For more information, call 449-5215.
- Women's surfing class will be held from 9 a.m. to noon May **14 at Hickam Harbor.** The cost is \$30 and the deadline to sign up is May 11. Participants need to be able to swim without a lifejacket. For more information, call 449-5215.

Patrons win at leisure, travel showcase

Story and photos by Justin Hirai Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

The Joint Base Morale, Welfare and Recreation's (MWR) Information, Tickets and Travel department (ITT) held its annual Leisure and Travel Showcase, April 29.

More than 1,000 patrons stopped by the event at the Navy Exchange (NEX) Mall Courtyard.

It was a way for patrons to learn about offerings and attractions on Oahu, the neighbor islands and the mainland.

The tent included more than 40 vendors, including Germaine's Luau, Makani Catamaran, Atlantis Cruises, Hard Rock Café, Shen Yun, Ramada Hotel, E Noa Corporation, MWR's Joint Base Arts and Crafts Center, Navy Getaways Barbers Point Beach Cottages and others. The vendors shared information about their activities and programs, but were not there to sell anything. Patrons weren't pressured to purchase anything during the showcase. If, after talking to the vendors, they were interested in booking or purchasing something, the NEX ITT Office was open right around the corner.

the event by a variety of groups.

Patrons who attended the showcase had a chance to win one of the prizes provided by the vendors. The grand prize adult, courtesy of Philippine Airlines.



The Leisure and Travel Showcase featured vendors and music.

Live music was provided throughout giveaway was a complete Las Vegas package for one adult, provided by Vacations Hawaii. The runner up prize was a round trip from Hawaii to Manila for one







MOTHER'S DAY CARD-MAKING

MAY 6 — A free card-making event for Mother's Day will be held from 10 a.m. to 2 p.m. at the Pearl Harbor Navy Exchange mall second floor. The event is open to all authorized patrons. FMI: 423-3287 or Stephanie. Lau@nexweb.org.

PET MONTH EVENT

MAY 6 — A National Pet Month adoption event with the Oahu SPCA and Hawaiian Humane Society will be held from 10 a.m. to 2 p.m. at the Pearl Harbor Navy Exchange mall side tent. FMI: 423-3287 or Stephanie. Lau@nexweb.org.

BUILDING CHILDREN'S SELF-ESTEEM

MAY 8 — A class on building self-esteem in children will be held from 1 to 3 p.m. at Military and Family Support Center Pearl Harbor. FMI: www. greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

FULL SPEED AHEAD

MAY 8, 15, 17, 22 — Full Speed Ahead training will be held at the Harold B. Estes Leadership Center, Building 1509. The training is to combat destructive behaviors across the fleet, while reinforcing the Navy's Core Attributes and Signature Behaviors. The training will be from noon to 2 p.m. on May 8, 15 and 22, and from 9 to 11 a.m. on May 17. Attendance size is limited to 40 seats per session. Muster sheets will be provided, and once training is complete, they will be sent to each command's training lead FMI: QMCS (SW) Jesse Garcia at jesse.r.garcia1@navy.mil.

POSITIVE PARENTING

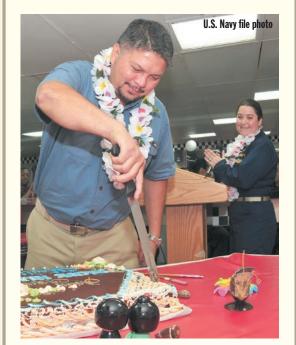
MAY 9 — A class on positive parenting will be held from 1 to 3 p.m. at Military and Family Support Center Hickam. FMI: www.greatlifehawaii.com/family-support/ mfsc-class-schedule or 474-1999.

RESUME WRITING CLASSES

MAY 9 — A class called "Federal Employment 101" will be held from 8 to 11 a.m. at Military and Family Support Center Wahiawa. The class is designed to help participants navigate the USAJobs website. In addition, a separate class on writing resumes for the private sector will be held from 1 to 3 p.m. on the same day and location. FMI: www.greatlifehawaii.com/familysupport/mfsc-class-schedule or 474-1999.

MILLION DOLLAR SAILOR/AIRMAN

MAY 9-10 — The two-day Million Dollar Sailor/ Airman will be held from 7:30 a.m. to 3:30 p.m. at Military and Family Support Center Pearl Harbor. This is designed for junior Navy and Air Force personnel to learn about all aspects of budgeting and financing. FMI: www.greatlifehawaii.com/family-support/mfscclass-schedule or 474-1999.



MAY 17 — A special presentation in honor of Asian American and Pacific Islander Heritage Month will be held from 9 to 11 a.m. at Hickam Memorial Theater. The event will include family activities, interactive and information booths and displays, and a keynote address from 10 to 11 a.m. by retired Col. Walter Kaneakua. A special meal for \$10.95 will follow from 11 a.m. to 1 p.m. at the Hale Aina dining facility. The theme of the heritage month is "Unite Our Voices By Speaking Together." This year's heritage month event will highlight the upcoming homecoming of Hokulea, the sailing canoe returning from a worldwide voyage.

MILITARY SPOUSES AND FEDERAL EMPLOYMENT CLASS

MAY 10 — A class for military spouses to learn about federal employment will be held from noon to 3 p.m. at Military and Family Support Center Hickam. This is a special class in honor of Military Spouse Appreciation Month. This course covers all of the same material found in the regular federal employment workshop with the addition of a lengthier questionand-answer session on federal employment options for military spouses and programs, such as hiring preferences for federal jobs. FMI: www.greatlifehawaii. com/family-support/mfsc-class-schedule or 474-1999.

COMMUNICATION SKILLS

MAY 10, 17, 24 — A class on developing and strengthening communication skills will be held

from 10 a.m. to noon each day at Military and Family Support Center Pearl Harbor. FMI: www. greatlifehawaii.com/family-support/mfsc-classschedule or 474-1999.

SMOOTH MOVE

MAY 11 — A workshop called "Smooth Move" will be held from 8 to 11:30 a.m. at Military and Family Support Center Hickam. This workshop features speakers from various departments to give participants a better understanding of the permanent change of station (PCS) process. FMI: www.greatlifehawaii.com/family-support/mfsc-classschedule or 474-1999.

SUICIDE PREVENTION AWARENESS

MAY 11 — A suicide prevention awareness class will be held from 1 to 2 p.m. at Military and Family Support Center Hickam. Participants can learn ways to prevent suicide, including building resilience, coping positively with life stress and relationships with peers, co-workers and families. They will also be taught to identify risk and protective factors that raise suicide risk, and how to apply ACT (Ask, Care, Treat) techniques. FMI: www. greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

WORK AND PERSONAL LIFE BALANCE

MAY 12 — A class on work and personal life balance will be held from 9 to 11 a.m. at Military and Family Support Center Pearl Harbor. FMI: www. greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

ANGER MANAGEMENT

MAY 12 — A class on anger management will be held from 9 a.m. to noon at Military and Family Support Center Hickam. FMI: www.greatlifehawaii.com/familysupport/mfsc-class-schedule or 474-1999.

WEST LOCH REMEMBRANCE

MAY 21 — A West Loch Internees Celebration of Life and Memory will be held from 3 to 4 p.m. at the National Memorial Cemetery of the Pacific (Punchbowl). The ceremony commemorates the West Loch Disaster that occurred in 1944 and claimed 163 lives. The event will be hosted by the African American Diversity Cultural Center Hawaii.

MAY 27 — A free special outdoor presentation of the animated movie "Sing!" for the family will be held from 6 to 9 p.m. at the Pearl Harbor Navy Exchange (NEX) lower parking lot. The event will include light refreshments and food for purchase. The event is for authorized patrons, who can bring their blankets and beach chairs to this event. Free tickets to the event can be picked up at the NEX mall aloha center. FMI: 423-3287 or email Stephanie.Lau@nexweb.org.



King Arthur: Legend of the Sword

Robbed of his birthright, Arthur comes up the hard way in the back alleys of the city. But once he pulls the sword from the stone, he is forced to acknowledge his true legacy - whether he likes it or not.

MOVIE SHOWTIMES

SHARKEY THEATER

TODAY - MAY 5

7:00 PM • The Boss Baby (PG)

Saturday – May 6

2:30 PM • Smurfs: The Lost Village (PG)

7:00 PM • Sneak preview of King Arthur: Legend of the Sword (PG-13)

The preview is open to the first 400 authorized patrons. Tickets will be distributed at the ticket booth at 5:30 p.m. Active duty military card holders will receive up to four tickets. Military retirees, military family members and Department of Defense card holders can receive two tickets per ID card. Patrons

SUNDAY - MAY 7

2:30 PM • Smurfs: The Lost Village (3-D) (PG)

4:30 PM • Beauty and The Beast (3-D) (PG)

must be seated by 6:30 p.m.

7:00 PM • Going in Style (PG-13)

7:00 PM • Beauty and The Beast (PG)

THURSDAY - MAY 11

HICKAM MEMORIAL THEATER

TODAY - MAY 5

7:00 PM • Smurfs: The Lost Village (PG)

SATURDAY - MAY 6

Studio appreciation advance screening. Free admission to a movie rated PG-13. Tickets will be available at your local exchange food court. Seating is open to nonticket holders 30 minutes prior to show time. The show time and movie are to be announced.

SUNDAY - MAY 7

3:00 PM • The Boss Baby (PG)

Thursday — May 11

7:00 PM • Going in Style (PG-13)

Navy highlights Asian American, Pacific Islander heritage

Chief of Naval Personnel Public Affairs

The Navy joins the nation in celebrating Asian American and Pacific Islander Heritage Month throughout

ALNAV 006/17 encourages participation in all the heritage celebrations and special observances throughout

This year, Navy commands are encouraged to celebrate and reflect on the theme "Unite Our Voices by Speaking Together."

"It is an honor and a privilege to serve with such a diverse group of officers and enlisted personnel who make up our Navy," said Rear Adm. Bette Bolivar, the 40th commander of Navy Region Southeast in Jacksonville, Florida.

Bolivar was born in Hawaii and is of Filipino heritage.

"I'm blessed at the opportunities the Navy has given me, and I'm thankful to celebrate this month with my fellow Asian Americans and Pacific Islanders," Bolivar said.

There are 24,743 Asian American and Pacific Islander Sailors currently serving as part of One Navy Team, including eight admirals, 659 master chief and senior chief petty officers and 318 officers.

These Sailors represent more than 56 ethnic groups, speaking over 100 languages from Asia and the Pacific Islands, living in the United States.

Asian American and Pacific Islanders represent 11.7 percent of the Navy civilian workforce and 3.2 percent of senior executive service members.

"Asian Americans and Pacific Islanders have a proud history," Bolivar

"It's a history of service. We're dedicated not only to our heritage, but also to our Navy, to be a shining example of the core values that guide us: honor, courage and commitment."

Asian American and Pacific Islanders of various nationalities and ancestry have been serving in the Navy since the early 19th century.

rich history of these cultures, their sity/asian-americans-pacific-islandstruggles against adversity to achieve ers-in-the-navy.html



Sailors and Department of Defense civilians assigned to Naval Information Forces, Naval Network Warfare Command, 10th Fleet and Navy Cyber Defense Operations Command gather to recognize Asian American and Pacific Islander Heritage Month last year.

Photo by Robert Fluegel

equality, significant contributions to the American experience and the opportunity to build the foundation for a bright future are made reality by some great leaders who share the same her-

For more information about the history of Asian Americans and Pacific Islanders and their contributions to the Navy, please visit the website www. Navy officials emphasized that the history.navy.mil/browse-by-topic/diver-

Cooks From the Valley volunteers needed

Volunteers are needed May 23-24 and 27-29 for driving and handling positions in support of a Cooks From the Valley event.

The Cooks From the Valley event will be held May 29 from 11 a.m. to 3 p.m. in conjunction with the Joint Base Morale, Welfare and Recreation-sponsored Beach Fest.

Cooks from the Valley are a group of people who donate their time and money to grill steaks for military service men

In preparation for and support of the approximately 40 cooks, volunteers are needed to help perform duties, including as drivers, luggage handlers, food prep, cooks' assistants, servers, set-up and cleanup crews throughout the week.

For information, including the volunteer spreadsheet, contact Lt. Nicole Augins at 448-3872 or nicole.augins.1@ us.af.mil.





Gunner's Mate 2nd Class Carolina Jose, volunteer coordinator for the JBPHH Junior Enlisted Association, cleans along the Pearl Harbor Bike Path.

Photo by MC3 Justin Pacheco

Military members, community clean along bike path

MC2 Gabrielle Joyner Navy Public Affairs Support Element Detachment Hawaii

More than 70 active-duty service members, military veterans and civilian volunteers joined together to clean up the Pearl Harbor Bike Path along the waterfront and Neal S. Blaisdell Park, April 29.

Joint Base Pearl Harbor Hickam (JBPHH) and

the City and County of Honolulu hosted the event in celebration of Earth Month, along with several other organizations, including the Mission Continues, the Wounded Warrior Project, Team Red, White and Blue, Project Rubicon and other various groups from the community.

"We had about eight different military organizations participate in this cleanup, and it showed our ability to work together to accomplish any task we put together as a team," Master-At-Arms 1st Class Shaine Patterson said.

"It showed that the military stationed on Hawaii has the ability to make positive impacts in the local community through joint teamwork."

During the cleanup, volunteers picked up trash and cleared out the seedlings of invasive plants. According to Patterson, the event was a success due to the number of participants who came out on Saturday to support their community.

"The turnout was outstanding!," Patterson said. "Over 100 trash bags were filled and the beautification project of Blaisdell's Park Bike Path Cleanup was completed as well."

The planning of the event itself took a massive team effort, according to Chief Master-At-Arms Daniel Mayer, volunteer coordinator for JBPHH, who coordinated with Kyle Tokuda from the City and County of Honolulu, the JPBHH Security Department and Honolulu Police Department to make the event possible.

The collaboration between the City and County of Honolulu and JBPHH on this semiannual community project is in its 12th iteration this year.

"I remember doing it last time I was stationed

here, from 2005-2009," Mayer said.

"I think it's important for us to work closely with the local community and do our part cleaning to ensure we provide a clean environment for everyone to use."

Mayer explained that participation in environmental projects is valuable for service members as well as the local community.

"We work with one another because we both benefit from the assistance of one another and by working together, we all lean towards a common goal that we won't reach that goal alone," Mayer said.

"Although most of us only spend a few years here, the military as a whole will be here for the foreseeable future and we want to make sure that they have the opportunity to enjoy the island and its beauty as much as we have."

Gunner's Mate 2nd Class Carolina Jose, volunteer coordinator for the JBPHH Junior Enlisted Association (JEA), said that she was glad to have a chance to meet people from the community, and do her part keep Oahu beautiful by supporting the Earth Month event.

"It is important for us to get together with the local communities and the other organizations to build a good relationship with one another, and to understand who they are," Jose said.

"Working together for one cause helps build a forever community relation between us and shows that we as military service members love this island and its culture. We are Ohana and any way JBPHH JEA can help support our community, we are willing to."

