



THE 1ST INFANTRY DIVISION POST



Reserve Officers' Training Corps cadets clear a building April 22 during a field training exercise at Fort Riley. More than 250 cadets from Kansas State University, University of Kansas, University of Central Missouri and Missouri Western State University came to Fort Riley for the four-day FTX. The primary purpose of the FTX was to sharpen Military Science III cadets, who are mostly juniors and seniors in college, skills in tactical leadership ahead of their Advanced Camp at Fort Knox, Kentucky. For the MS I and MS II cadets, who are mostly freshman and sophomores, the training focused on broadening their understanding of the Army and building their confidence.

Training Up

Cadets reach new heights in leadership, confidence during field training exercise at Fort Riley

Story and photos by Season Osterfeld
1ST INF. DIV. POST

More than 250 ROTC cadets traveled to Fort Riley by UH-60 Black Hawk and CH-47 Chinook helicopters, bus and government-owned vehicles for a four-day field training exercise that took place April 20 through 23.

Cadets from Kansas State University, the University of Kansas, University of Central Missouri and Missouri Western State University participated in the FTX to assist them in building their tactical and leadership skills, as well as developing their personal confidence, said Lt. Col. Pete Gray, professor of Military Science at K-State. The primary focus of the FTX was on the Military Science Level III cadets, who are mostly juniors and seniors in college. For them, the training focused

“It’s meant to build unit cohesion both at platoon level, the squad level and the company level. It’s meant to build confidence in your fellow squad members, your team members to get the job done.”

BENJAMIN LINDSEY | CADET FROM THE WILDCAT BATTALION AT K-STATE

on aiding them in developing their leadership skills ahead of attending their five-week Advanced Camp at Fort Knox, Kentucky, where they will be mixed with cadets from universities all over the U.S. and evaluated on their performance.

“What we’re trying to do here is replicate that by bringing in multiple schools, getting them out into the type of training scenarios they’re going to see at Fort Knox and give them a chance to

just show us their leadership skills and we evaluate them, we provide them feedback and provide the feedback to their schools,” Gray said.

Due to their Advanced Camp occurring in their third year, MS III is considered a key year in the cadet’s career, he said.

“That being their key year, they’re the focus of our training, so they’re doing tac-

See CADETS, page 8



Season Osterfeld | POST

A tree stands on the running trail near Riley’s Conference Center at Fort Riley. Fort Riley was recently named a Tree City. John Barbur is Tree City USA’s state forester award recipient on behalf of Fort Riley, who assist in maintaining Fort Riley’s commitment to the program for 30 years. “The fact that we have been doing this for 30 years indicates our installation’s commitment toward this goal,” Barbur said.

Fort Riley recently named Tree City

CELEBRATE ARBOR DAY

Arbor Day is nationally recognized every year based on climate and suitable planting season. In 2017, Arbor Day is recognized April 28. According to the Arbor Day Foundation, the first Arbor Day was celebrated April 10, 1872.

By Kalene Lozick
1ST INF. DIV. POST

As a military installation dating back to 1851, Soldiers and civilian workers of Fort Riley began planting trees since the early days of the post. In response to this action, the staff of the Environmental Division within the Directorate of Public Works, adopted the Tree City USA program to instill a mission to plant healthy communities while maintaining environmental benefits.

Recently, Fort Riley renewed its Tree City status.

A neighboring Army installation at Fort Carson, Colorado, is tied

See TREE CITY, page 9



Brig. Gen. Patrick Frank, acting senior commander of the 1st Inf. Div. and Fort Riley, joined by retired Col. Mike McDermott, laid a wreath in honor of Capt. Willis Comfort, a “Big Red One” Soldier who was one of the K-State’s 48, during a ceremony that formally dedicated Memorial Stadium for the 48 Soldiers who attended K-State prior to World War I and who ultimately gave their lives during the Great War, April 21 in Manhattan, Kansas.

‘Big Red One,’ K-State dedicate stadium

Story and photo by Capt. Ed Alvarado
19TH PUBLIC AFFAIRS DETACHMENT

MANHATTAN, Kan. — In what was 94 years in the making, “Big Red One” Soldiers and the community of Kansas State University formally dedicated Memorial Stadium in a ceremony held April 21.

The stadium, which opened in 1923, was built and named in tribute to the 48 students of the university who would make the ultimate sacrifice during

World War I. Three sides of the oval stadium surrounding the playing field were completed, but the southern portion never was. That section is now the location of the K-State Alumni Center.

“Today, we do assemble to complete a project that was started in 1923, never finished because of the Great Depression, and to memorialize the lives of 48 Kansas State Agricultural College students lost in service in World War I,” said Richard Myers, president of K-State. “In a way, this has

all been lost in our history, that Memorial Stadium was never completed, that the dedication of this veteran’s memorial was placed on hold and then never conducted.”

The three-year project to formally dedicate the stadium started off like most great K-State projects do, with the ideas and commitments of the K-State family, said Myers.

“The project gained critical velocity when another K-State alum, Jed Dunham, was visiting K-State and stumbled upon the plaque to the fallen

48 veterans that had their name on that plaque,” Myers said. “He began a very personal quest, to research and tell their stories, and the discovery that this special place was never dedicated to the 48 men that it was built to honor.”

Dunham, a 1996 K-State graduate and member of the university’s Military Innovation Center, spearheaded the 48 Fallen 48 Found Project to honor a promise to the fallen Soldiers.

See STADIUM , page 9

FORT RILEY VOLUNTEER SPOTLIGHT



Haven Habhab, daughter of Lt. Col. Travis Habhab, 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, volunteered at the Fall Apple Day Festival 2016 helping to make apple pies. She is a member of Students Against Destructive Decisions at Fort Riley Middle School. To learn more about volunteer opportunities, call Becky Willis, Army Volunteer Corps Program manager, at 785-239-4593.

IN THIS ISSUE



FORT RILEY COMMUNITY CELEBRATES MONTH OF THE MILITARY CHILD WITH COOKIES AND CANVASES, SEE PAGE 11.

ALSO IN THIS ISSUE



FORT RILEY BASKETBALL TEAM ADVANCES TO NATIONAL TOURNAMENT AFTER GAMES IN WICHITA, SEE PAGE 15.

Fort Riley recognizes top volunteers in the community for 2016

Story and photos by Suet Lee-Growney
1ST INF. DIV. POST

Fort Riley volunteers were recognized April 18 at the Volunteer of the Year awards ceremony at Riley's Conference Center.

According to Army Installation Management Command, this year's volunteerism theme is

"Army Volunteers Serving for Life." One of the top category winners and winner of Retiree of the Year is retired Command Sgt. Maj. Lowell May, who was recognized for his effort at the Fort Riley Museum. He also provides weekly briefings to incoming Soldiers and families at the "Big Red One" welcome and encourages them to learn about the history of Fort Riley.

"His tireless work in creating the museum gift shop is truly an asset to the museum," said Becky Willis, Army Volunteer Corps Program manager at Army Community Service. "His work as president of the Friends of Fort Riley Museum Board has contributed in making Fort Riley Museums one of the most visible and visited museums in Kansas."

Brig. Gen. Patrick D. Frank, 1st Infantry Division and Fort Riley acting senior commander, said May is responsible for the process of bringing Chief; the preserved last cavalry mount back to Fort Riley. Currently, Chief is located at the University of Kansas.

"We've been trying to get Chief back for years," May said. "Finally, I think it was yesterday, KU agreed to let him come back to Fort Riley for two or three years."

Sandy Shorr, wife of Maj. Geoff Shorr, Headquarters and Headquarters Battery, 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div., was recognized for her efforts as the technology chair at the Fort Riley Spouses Club.

"I feel very honored; I was very surprised to be nominated," Shorr said. "It is my first time being in a spouses club."

Shorr redesigned the club's website last summer. She not only manages the website and club's Facebook pages, but is also a judging chairperson with Combined Scholarship Fund.

"She actively volunteers with InDependent Fort Riley, The Stroller Warriors and her local church," Willis said.

At the end of the night the winner for the Adult Family Member Volunteer of the Year went to Leah Kennedy, wife of Maj. Luke Kennedy, 1st Combat Aviation Brigade, 1st Infantry Division.

Kennedy, who is a Certified Public Accountant by profession, was presented a new 370Z Nissan to use for 30 days or 500 miles and a \$200 gas card by Briggs Auto. She volunteers as treasurer for the Combined Scholarship Fund, as funds custodian for her Family Readiness Group, Ashwood Farms at St. George, Kansas, and First United Methodist Preschool at Manhattan, Kansas. She



LEFT TO RIGHT: Col. John Cyrulik, commander of the 1st Combat Aviation Brigade, his sons, Grant, 13, and Jackson, 14; and wife, Lisa, stand with their awards April 18 at Riley's Conference Center. The Cyruliks won multiple awards including Military Family of the Year and Youth Volunteer of the Year. The family has impacted multiple organizations such as Historical and Archaeological Society of Fort Riley, Boy Scout Troop 60, Junction City High School, JROTC, Fort Riley Spouses Club and Combat Aviation Brigade Family Readiness Group.

also serves on the Advisory Executive Council of 1st CAB.

"She exemplifies selfless leadership and commitment on a level that exceeds all others," Willis said. "She is always willing to support

other military families in their time of need. It is with this commitment that this volunteer is the epitome of an Army spouse, resilient and concerned with the well-being of other military spouses."

Changes to the sexual harassment assault response, prevention program

By Maria Childs
1ST INF. DIV. POST

During Sexual Assault Awareness and Prevention Month, staff at the 1st Infantry Division Sexual Harassment/Assault Response and Prevention program has held several events to increase awareness of these occurrences.

Barbara Garber, SHARP program manager, said several changes have been made recently to the program both at the Department of the Army level and installation levels.

The program now serves civil service employees.

"We offer victim advocacy services to Department of Defense civilians now," Garber said. Civilians wishing to use this service can contact the SHARP office at 785-239-2277 or at 8071 Normandy Drive.

Garber is new to her position at the 1st Inf. Div. Traditionally, an Army officer has filled the position. Garber has a history in social work qualifying her to work with victims and survivors of sexual assault.



"I'm the first civilian to be in charge of the program," she said. "Not every post has transitioned yet. Fort Riley is one of the leaders."

Staff of the program is trying to shift their focus from responding to sexual assault and harassment to preventing it at the installation level.

"We have done very well as an organization in responding to victims," she said. "We're still going to maintain the response, but we really are looking at a change in culture."

Through this change in culture, staff is examining best practices and defining prevention when it comes to sexual assault.

At Fort Riley, staff of the program have added a simulation where Soldiers practice their bystander intervention.

"We have enhanced the in-processing briefing from what

SHARP is to actual vignettes because then they are put in situations that they then have to decide," Garber said.

At Fort Riley, a pilot program called Digital Survivor Story has been tested. Earlier this month, Soldiers tested the program, which features Spc. Jarrett Wright, a victim of sexual assault and the main character in the program created based on his real-life experience. The project is a joint effort of the SHARP Academy in Fort Leavenworth, Kansas, Army Research Laboratories and University of Southern California Institute for Creative Technologies.

According to Fort Riley's website, the SHARP program exists so the Army can prevent sexual harassment and sexual assaults before they occur. Our goal is to eliminate sexual assaults and sexual harassment by creating a climate that respects the dignity of every member of the Army Family. To report sexual assault, call the DOD SAFE Hotline at 1-877-995-5247 or the Fort Riley 24/7 Hotline at 785-307-9338.

CONGRESSIONAL STAFFERS VISIT



COURTESY PHOTO

Staff members from the Kansas congressional delegation visited Fort Riley April 19 and 20 to get an overview of the 1st Infantry Division and Fort Riley's mission and a history lesson on the "Big Red One." During their visit they received a command briefing, learned about the 100 year evolution of tanks, were instructed on how to disassemble and reassemble small arms and went through a room clearing simulation with members of the 300th Military Police Company, part of the 97th MP Battalion. The staffers represented the offices of Kansas Sens. Pat Roberts and Jerry Moran, Kansas 1st District Rep. Roger Marshall and Kansas 2nd District Rep. Lynn Jenkins.

WWW.FACEBOOK.COM/FORTRILEY

WWW.RILEY.ARMY.MIL



THE FIGHTING FIRST!

Kyle Hagen: A ‘Big Red One’ Soldier



By Phyllis Fitzgerald
SPECIAL TO THE POST

A native of Cylinder, Iowa, Kyle Hagen joined the Army in June 2006.

Hagen took his basic training at Fort Jackson, South Carolina, and then took his Advanced Individual Training at Little Creek Amphibious Base, Norfolk, Virginia. His military occupation specialty was 42R Bandsman – Trumpet.

After training, Hagen was assigned to Fort Benning, Georgia, and the Infantry Center Band. While there, he played at many military and local events such as basic training graduation, ceremonial changes of command and local parades in the surrounding communities of southern Georgia and southern Alabama. He was at Fort Benning from May 2007 until October 2008.

Hagen’s next assignment was at Fort Leonard Wood, Missouri, where he served from October 2008 until May 2011. He was assigned to the 399th Army Band

for which he played trumpet at events similar to those at Fort Benning.

He left Fort Leonard Wood for Fort Riley and arrived in May 2011, and was assigned to the 1st Infantry Division Band.

In 2012, Hagen and the 1st Inf. Div. Band deployed to Afghanistan for Operation Enduring Freedom for 12 months. During this time, the band performed at hero ceremonies and memorials for fallen comrades. They also traveled with the 1st Inf. Div. Commander, Maj. Gen. William C. Mayville, Jr. and the 1st Inf. Div. command sergeant major, Charles Sasser during battlefield circulations. When not performing at events he performed security for the Joint Operations Center.

“My favorite memory was deploying to OEF because the band was a small group,” Hagen said. “We were very close and developed a brotherhood and camaraderie that will last a lifetime. I was very fortunate that my wife was also deployed with me to OEF and we were able to see each other, eat

together and share quarters that were established for married couples.”

In January 2015, after almost 9 years in the Army, Hagen departed as a sergeant.

He and his wife, Kayla — his high school sweetheart — stayed in Junction City because their small hometowns in Iowa did not have much in the way of jobs and they liked it here.

Hagen attended Barton County Community College fulltime and worked security at the Eisenhower Presidential Library in Abilene while waiting to see if he would be hired at the Junction City Police Department. On April 27, 2015, Hagen began work at the JCPD as a law enforcement officer.

“My wife, Kayla, also a 1st Inf. Div. Soldier, had departed the Army after four years in January 2015 as well and we were ready to start a family and we did not want to be moving around and the time was right to leave the Army,” Hagen said.

Since Kayla was a paralegal at the Judge Advocate General Office while a Soldier, she obtained a civilian position in the JAG office after her separation in January 2015.

Editor’s Note: To submit your Big Red One story, email fitzmiss@yahoo.com.

THEN



&NOW

BEST PLACE TO LIVE BEST PLACE TO TRAIN BEST PLACE TO DEPLOY FROM BEST PLACE TO COME HOME TO

DoD

Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

Irwin Army Community Hospital

Missed appointments are missed opportunities for others.



PROVIDER



NO-SHOW PATIENT



WOULD BE PATIENT



WOULD BE PATIENT



WOULD BE PATIENT

TRAFFIC REPORT

ACCESS CONTROL POINT HOURS

Those wanting access to Fort Riley on Saturday or Sunday should use Estes, Ogden, Henry or Trooper gates.

For more information about Fort Riley access procedures, visit www.riley.army.mil.

The access control point hours are now as follows:

Henry/Trooper/Ogden/Estes:

Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access.

12th Street:

Open from 5 a.m. to 7 p.m., Monday to Friday and 8 a.m. to 5 p.m. on Saturdays; Closed Sundays and federal holidays. This gate will have inbound commercial vehicle lanes only. Although personally owned vehicles will be allowed access, there will no longer be a designated POV lane. Outbound traffic will not be authorized. Badges and passes may be issued to commercial drivers prior to access at the gate.

Grant:

Open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

Four Corners:

Closed indefinitely to all vehicle traffic.

ELLIS HEIGHTS HOUSING ENTRY POINT CLOSURE

The Washington Street entry from 1st Division Road into the Ellis Heights Housing area is closed. Residents and commuters should find alternative entry points into the neighborhood.

1ST DIVISION ROAD CONSTRUCTION

A repaving project began April 17 on 1st Division Road between Normandy Drive and the traffic circle on Trooper Drive. The work will last about two months. Drivers should expect delays.

The intersection of 1st Division Road and Normandy/Williston Point Road will be closed from 7 a.m. to 5 p.m. April 29. The contractor will apply asphalt through the intersection at that time, depending on good weather. Access to the housing areas and fire department will be maintained throughout. Flag men and traffic control devices will re-route traffic away from and around this intersection. Drivers are asked to use alternate routes if possible.

New Beginnings for appraisal program

1ST INF. DIV. POST STAFF REPORT

New Beginnings, according to the Department of Defense Personnel Advisory Service, is designed to implement improvements to DOD Human Resource practices and policies, including implementation of a new Defense-wide Performance Management and Appraisal Program. New Beginnings encompasses reforms impacting Performance Management, Hiring Flexibilities, Training and Development and Workforce Incentives.

The new performance management and appraisal system will begin implementation at Fort Riley in April with those in GS-13 and above positions attending training before entering the new system June 1. The rollout will be in stages with the last segment of civilian employees entering the new system July 1, 2018.

To find out more information, the staff of the 1st Infantry Division Post will publish it as it rolls out and from the frequently asked questions addressed by the team at the DOD Civilian Personnel Advisory Service.

Question and answer for this week:

Q: Are ratings transferred from MyPerformance to the eOPF?

A: No. Ratings are not transferred from MyPerformance to the eOPF. Data elements from MyPerformance are transferred to DCPDS where reports can be generated. DoDI 1400.25 V431 Section 3.2.i. "Transfer of Employee Performance Files. When an employee transfers to another DOD Component or is assigned to another organization within the Component, the organization, in accordance with Sections 430.209 and 293 of Title 5, CFR, will transfer with the employee: (1) The most recent ratings of record as required by Paragraph 3.2.h. of this volume. (2) Any subsequent performance ratings." For additional information on transferring records visit the Guide to Personnel Recordkeeping, Chapter 7: Transferring Records.

To find out more about the new system, visit www.cpms.osd.mil/Subpage/NewBeginnings/NBHome.

Fort Riley April retirements

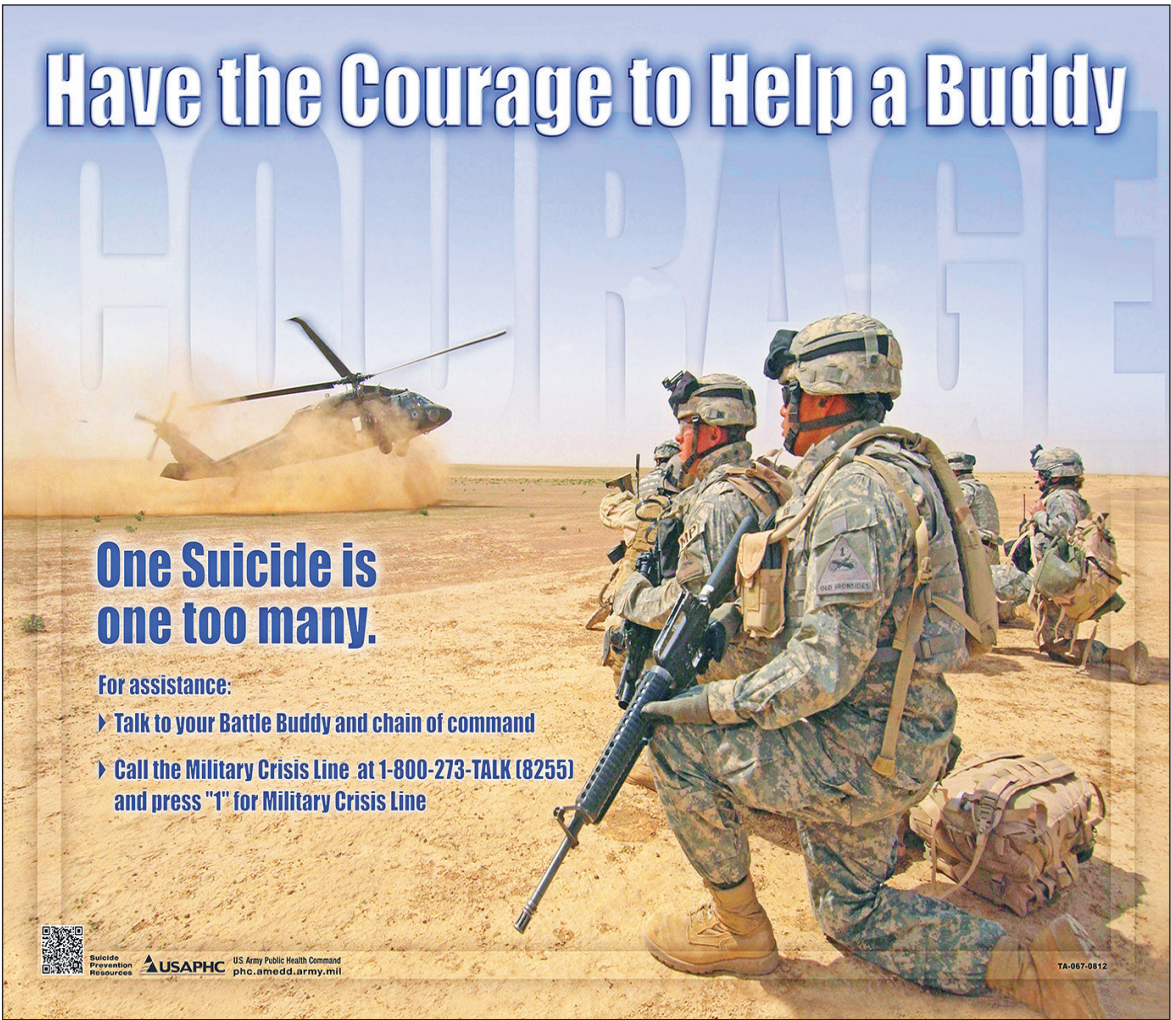
Sixteen military members were recognized for their service during the monthly Fort Riley Retirement Ceremony April 26.

MILITARY MEMBERS

CW4 Troy E. Mosley	21 years of service
CW3 Joseph F. Priester	20 years of service
CW3 Joseph M. McAlpine	21 years of service
Master Sgt. Jerry D. Ross	22 years of service
Sgt. 1st Class Timothy J. Randolph	25 years of service
Sgt. 1st Class James F. Schutt	26 years of service
Sgt. 1st Class Michael J. McMackin	20 years of service
Sgt. 1st Class Matthew T. Morris	23 years of service
Sgt. 1st Class Willard W. Wilson	23 years of service
Staff Sgt. Daniel E. Beard	20 years of service
Staff Sgt. Otis D. Fernandez	20 years of service
Staff Sgt. Luis D. Rodriguez-Sanchez	21 years of service
Staff Sgt. Chris P. Scrivens	20 years of service
Staff Sgt. Tyler J. Snyder	20 years of service
Staff Sgt. Jeremy D. Chism	20 years of service
Staff Sgt. Adam M. Hebert	20 years of service

From the men and women of Fort Riley – Thank you for your service.


Have the Courage to Help a Buddy



One Suicide is one too many.

For assistance:

- Talk to your Battle Buddy and chain of command
- Call the Military Crisis Line at 1-800-273-TALK (8255) and press "1" for Military Crisis Line



USAPHC
US Army Public Health Command
phc.smedd.army.mil

TA-067-0612

HAVE A STORY IDEA?
Send it to usarmy.riley.imcom.mbx.post-newspaper@mail.mil or call 785-239-8854/8135.

RILEY ROUNDTABLE

Why is recycling important?



"Recycling is important because if there are tin cans and you recycle them, then they can get reused again."

AIDYN THURM

Son of Staff Sgt. Joseph Thurm, 116th Military Police Company, 97th Military Police Battalion



"Recycling is important to help the Earth."

AIYA BROWN

Daughter of Staff Sgt. Jeffery Brown, Headquarters and Headquarters Company, 116th Military Police Company, 97th Military Police Battalion



"It helps reuse items that don't need to be thrown away."

SARAH KIVIOJA

Daughter of Maj. Kyle Kivioja, Division Headquarters and Headquarters Battalion, 1st Infantry Division



"Recycling is important because if you just leave your trash everywhere it might go into the water and then the animals like pelicans might go into the water and eat it and then they would get hurt and sick."

M.J. SANDERS

Son of Sgt. 1st Class Shamekia Sanders, Division Headquarters and Headquarters Battalion, 1st Infantry Division



"You don't want the world dirty."

ELIANA RIVERA

Daughter of Pfc. Matthew Garuti, 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division

THE 1ST INFANTRY DIVISION POST

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LETTERS TO THE EDITOR
The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil.

FATALITY-FREE DAYS



As of Wednesday, April 26, 292 days have passed since the last vehicular fatality at Fort Riley. Safe driving doesn't happen by accident. For more information about safety, call the Garrison Safety Office at 785-239-0514.

Drone restrictions given from Federal Aviation Administration

FEDERAL AVIATION
ADMINISTRATION

The Federal Aviation Administration is using its existing authority under Title 14 of the Code of Federal Regulations (14 CFR) § 99.7 — "Special Security Instructions" — to address national security concerns about unauthorized drone operations over 133 military facilities, including Marshall Army Air Field at Fort Riley, Kansas.

This is the first time the agency has instituted airspace restrictions that specifically apply only to unmanned aircraft, popularly known as "drones."

The authority under § 99.7 is limited to requests based on national security interests from the Department of Defense and U.S. federal security and intelligence agencies.

Military facilities in the U.S. are vital to the nation's security. The FAA and the Department of Defense have agreed to restrict drone flights up to 400 feet within the lateral boundaries of these 133 facilities. The restrictions were effective April 14. A few exceptions permit drone flights within these restrictions, and they must be coordinated with the individual facility or the FAA.

Operators who violate the airspace restrictions may be subject to enforcement action, including potential civil penalties and criminal charges.

To ensure the public is aware of these restricted locations, the FAA has created an interactive map online at uas-faa.opendata.arcgis.com/. The link to these restrictions is also included in the FAA's B4UFLY at https://www.faa.gov/uas/where_to_fly/b4ufly/. Additional information, including frequently asked questions, is available on the FAA's UAS website www.faa.gov/uas/where_to_fly/airspace_restrictions/.

Section 2209 of the FAA Extension, Safety, and Security Act of 2016 also directs the Secretary of Transportation to establish a process to accept petitions to prohibit or restrict UAS operations over critical infrastructure and other facilities. The Department of Transportation and the FAA are currently evaluating options to implement such a process.

The FAA is considering additional requests from federal security and intelligence agencies for restrictions using the FAA's § 99.7 authority as they are received.

SAFETY CORNER

To ink or not to ink: Safety risks involving tattoos

By Dawn Douglas
GARRISON SAFETY OFFICE

Tattoos are popular in all walks of life. According to the Harris poll done in February 2016, roughly half of millennials have one, as do 36 percent of Generation Xers. Tattoos are even more common for members of the Armed Forces.

As the popularity of tattoos continues to grow, so does the concern about potential risks. Some risks, such as the spread of infections through the use of unsterilized needles, have long been known. Additional concerns have arisen in recent years concerning the safety of tattoo inks.

Permanent tattoos are made by using needles to inject colored ink below the skin's surface. Permanent make-up is considered a permanent tattoo that mimics the results of cosmetic products such as an eyebrow pencil, lip liner, eyeliner or blush.

While state and local authorities oversee the practice of tattooing, ink and ink colorings used in tattoos are subject to regulation by the Food and Drug Administration as cosmetics and color additives. However, because of other public health priorities and a previous lack of evidence of safety concerns, the FDA has not traditionally regulated tattoo inks or the pigments used in them.

But the FDA has received reports of bad reactions to tattoo inks right after tattooing or even years later. Some people report itchy or inflamed skin around their tattoos in the summer when they've been out in the sun. Recent reports

associated with permanent make-up inks have prompted the FDA to study tattoo ink safety.

Some of the health and safety risks of tattoos include the following:

- Infection — Dirty needles can pass infections, like hepatitis and HIV, from one person to another.
- Allergies — Allergies to various ink pigments in both permanent and temporary tattoos have been reported and can cause problems.
- Scarring — Unwanted scar tissue may form when getting or removing a tattoo.
- Granulomas — These small knots or bumps may form around material that the body perceives as foreign, such as particles of tattoo pigment.
- MRI complications — People may have swelling or burning in the tattoo when they have magnetic resonance imaging. This happens rarely and does not last long.

Many of these risks are mitigated by ensuring tattoos are done by reputable, licensed or certified tattoo artists. Tattoo artists are required by law to follow universal precautions, which some tattoo artists refer to as a "sterile chain of events" to prevent the spread of disease. A licensed tattoo artist should have blood-borne pathogens training. When considering a tattooing service make sure the shop is clean, the operator uses safe work practices and the atmosphere fosters safety and professionalism.

Kansas state law further requires, "no person, including

a tattoo artist, cosmetic tattoo artist or body piercer, shall perform tattooing, cosmetic tattooing or body piercing on another person, display a sign or in any other way advertise or purport to be a tattoo artist, cosmetic tattoo artist or body piercer unless that person holds a valid license issued by the Kansas Board of Cosmetology.

Tattoo shops should have sharps containers for needles, bio-hazard bags for disposal of pigment caps, razors, rinse cups and sterilized pre-made needle bars. Skin infections like "staph" are most frequently transmitted by direct skin-to-skin contact or contact with shared items on surfaces that have come into contact with someone else's infection.

Beyond skin infections, a study published by the National Center for Biotechnology Information in 2017 found tattoos may interfere with the way your skin sweats. Compared to non-tattooed skin, inked skin excretes about 50 percent less sweat and in some cases the sodium in sweat was more concentrated when released from tattooed skin.

When your glands produce sweat, the skin tends to reabsorb sodium and other electrolytes from that perspiration before it breaks free. The study says tattoos may partially block this reabsorption.

Obviously, one or two tattoos do not matter, but if there is extensive coverage especially on the back, arms or other areas densely populated by sweat glands — tattoos could interfere with the skin's ability to cool your body and hold onto important nutrients. This is especially a concern when workers are exposed

to high heat and a heavy workload.

Whether you are heavily tattooed or have bare skin, staying hydrated during the summer is one of the keys to staying healthy in the heat:

- Always carry a water bottle and, if you have a desk job, always keep one at your desk. If you have a bottle within arm's reach, it's very likely that you'll mindlessly sip from it throughout the day without having to make a conscious effort.
- When you're feeling fatigued or mentally exhausted, grab a glass of cold water. Studies show that people instantly feel more alert after drinking H₂O. It's a simple, healthy way to snap out of a midday slump.
- Sip on a mug of herbal tea every evening. If you make this a habit, you'll add an extra cup of fluid to your tally every single day. Many herbal teas boast de-stressing properties that promote restful sleep.
- Eat a diet rich in whole foods. By eating water-rich foods like vegetables, fruits and yogurt, you'll automatically up your fluid intake. On the other hand, processed snack foods like chips, crackers, and baked goods have minimal water content.

Tattoos are a form of individual expression and common in our culture today. If you have full sleeves and/or large back tattoos, consider upping your fluid intake during the summer months. For more information, contact the United States Army Garrison Fort Riley Safety Office at 785-240-0647.

Garrison Commander Address to the Civilian Workforce

TOWNHALL

2 EVENT OFFERINGS:

04 MAY (THUR)

1430 - 1600

05 MAY (FRI)

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National Football League star speaks out against domestic violence

Story and photo by David Vergun
ARMY NEWS SERVICE

WASHINGTON — Troy Vincent is remembered by National Football League fans as a great cornerback who played for the Miami Dolphins, Philadelphia Eagles, Buffalo Bills and Washington Redskins from 1992 to 2006.

But Vincent said he also wants to be remembered as someone who speaks out against domestic violence, the majority of which is directed against women. He took his message to the Pentagon April 13, during a speaking engagement hosted by the Army's Sexual Harassment/Assault Response Prevention office.

Vincent recounted how, as a child, he witnessed the horrors of extreme domestic abuse by his mother's boyfriend, who regularly beat her. That abuse resulted in numerous hospital visits, he said, and one attack proved so violent that every bone in her face was fractured.

When he tried to enlist help from neighbors during the beatings, people were afraid to open their doors to him because they didn't want to get involved, he said.

Today, Vincent is executive vice president of NFL operations, a job that includes keeping tabs on player conduct off the field.

"Ray Rice changed (the) landscape about how we talk about violence against women," Vincent said.

Rice, a former NFL running back who played for the Baltimore Ravens, was indicted for aggravated assault against his fiancée in 2014.

Since that time, Vincent said, the NFL has strengthened its code of conduct and policies regarding personal conduct, and has also mandated twice-a-year training regarding both personal conduct and domestic violence.

Additionally, the NFL has made hotlines available for victims and has directed each team to form Crisis Response Teams to assist players, employees, spouses and significant others who may be dealing with an abusive relationship. The NFL has also teamed with No More and the Joyful Heart Foundation to increase awareness of sexual assault, and they've contributed to Raliance — a partnership between the National Sexual Violence Resource Center and other organizations committed to ending sexual violence.

Besides speaking out against domestic and sexual violence in forums across the country and at congressional hearings, Vincent said he volunteers a lot of his time at shelters and he encourages others to do the same.

Women run the vast majority of shelter staff and groups for domestic and sexual violence, he said, but men must take a role as well.

"Men need to stand up and be leaders or the problem is not going to change," he said.

During one of the NFL training classes on domestic violence, Vincent said that a domestic violence scenario was portrayed. The players were then asked what they would have done had they been a bystander. To a man, they said they'd not have gotten involved.

Vincent said the players were brought up that way, thinking it's better to not get involved. But by not getting involved, he said, a bystander is personally culpable.

Effective bystander intervention means "you don't have to be a hero or get physical," he said. Reporting the incident to authorities is a simple but effective approach.

There are a lot of similarities between the Army and the NFL, he said. Both are male-dominated organizations. Leaders of both need to push the message out that there's no place in their organizations for sexual violence, he said, applauding efforts by SHARP to spread the word.

The NFL, he said, borrows from the peer-to-peer model developed by the Army Center of Excellence for the Professional Military Ethic at West Point, New York. The model involves one-on-one discussions and interactions between the football players.

Despite these peer-to-peer interactions, he said a lot of players have been reluctant to open up and share their own personal stories about sexual and domestic violence. But that's slowly



Former National Football League cornerback Troy Vincent speaks out against domestic violence. The speaking engagement was hosted by Sexual Harassment/Assault Response Prevention and took place in the Pentagon April 13.

changing, Vincent said.

One example involves Pittsburgh Steelers cornerback William Gay, Vincent said.

Gay had been quiet on the topic of domestic violence for a long time, Vincent said. But Gay was found to be volunteering his time at shelters, not revealing to anyone there that he was a Steelers player.

Now, besides volunteering at shelters, Gay has opened up with the players about domestic violence against his mother that he witnessed as a child. His mom's boyfriend shot her in the back eight times, killing her, Vincent related. Gay was

only eight when he witnessed it.

Those kinds of personal stories from players can make a much bigger impact than slideshow presentations, Vincent said.

People are brought up not to talk about domestic violence, Vincent said. "But William Gay found his voice. I pray you will find your voice."

SOBERING STATISTICS

Vincent offered some statistics obtained from the Department of Health and Human Services and the Domestic Violence Hotline:

- Every nine seconds a woman is assaulted or beaten

- One in three women will be abused during their lifetime
- The leading cause of injury to women is domestic violence; more than car accidents, muggings and rapes combined
- Some 10 million kids witness domestic violence every year
- Every day more than three women are murdered by their husband or boyfriend
- Men are twice as likely to abuse their wives if they witnessed domestic violence as a child

Personnel close doors for 2016 tax season

Story and photo by Season Osterfeld
1ST INF. DIV. POST

Personnel of the Fort Riley Tax Center have closed its doors for the 2016 tax season after an awards ceremony April 13 recognizing the Soldiers and staff who operated the facility.

Soldiers and staff members of the tax center processed 6,227 federal returns and 3,012 state returns, totaling \$9,642,164 in refunds and \$1,446,332 in tax preparation fees saved for service members, retirees and their dependents.

"That's an incredible feat for you all to pull off in such a short amount of time here," said Col. John D. Lawrence, Fort Riley garrison commander, to the tax center personnel.

The numbers of returns and refunds were lower than the 2015 tax season; however, the preparation fees saved were greater, making the season a success for all involved, said Elizabeth Thurston, chief of the Fort Riley Tax Center.

"I am extremely pleased with another successful tax year," she said. "Although we did fewer returns than last year, we surpassed our preparation fees saved, which is what is important, saving our Soldiers money."

Due to the current deployment rotation, Thurston said she and the staff were concerned dependents would not receive information about the tax center and have their taxes filed.



Col. John D. Lawrence, Fort Riley garrison commander, presents awards to civilian staff members of the Fort Riley Tax Center during the wrap up of the 2016 tax season and awards ceremony April 13 at the facility. Personnel of the tax center processed 6,227 federal returns and 3,012 state returned, totaling to \$9,642,164 in refunds and \$1,446,332 in tax preparation fees saved for service members, retirees and their dependents.

"We were concerned about the number of deployed Soldiers and if we were going to be able to get the information out to the families left behind," she said. "Given the amount of returns we prepared, I don't think that was a problem."

During the award ceremony, Lawrence praised the tax center Soldiers and staff and said they received a number of positive comments about their hard work.

"Throughout the entire tax season, I received comments on pretty much all of the Soldiers who worked here," he said. "What you do every day directly affects our Soldiers and our family members."

This season, service members from Fort Leavenworth, Kansas, also received assistance at the Fort Riley Tax Center when their own center ran out of appointment slots, Thurston said.

"We are always working hard and looking for ways to help our clients," she said. "This year in particular we were helping out Fort Leavenworth Soldiers since their tax center ran out of appointments."

Hiring and preparing for the 2017 tax season begins in November. For those still needing tax assistance, call the Fort Riley Legal Assistance Office at 785-239-3117 or visit them at 216 Custer Ave.

Speaker brings attention to male survivors for sexual assault, abuse

Story and photo by Season Osterfeld
1ST INF. DIV. POST

Staff of the Fort Riley Garrison Sexual Harassment and Rape Prevention Program Office hosted speaker Steve LePore, founder and executive director of lin6, an organization that provides help and support to male survivors of sexual assault, violence and childhood abuse, for three sessions to discuss male sexual assault April 18 and 19 at Riley's Conference Center.

"It's a national organization and we work with adult men who suffered childhood sexual abuse or sexual assault as an adult," LePore said of his organization.

LePore's presentations came as another piece in recognizing April as Sexual Assault Awareness Month by SHARP and Family Advocacy Program personnel.

"We wanted to try to get Mr. LePore here for Sexual Assault Awareness Month in order to further back the importance of the situation with male sexual assault victims," said Wayne DeLong, Family Advocacy Program.

DeLong said the topic of male sexual assault is not an issue that's talked about enough and requires more awareness to help survivors come forward.

"The topic of male sexual assault is not a well talked about issue and the more awareness we have out there, means more people can help for what they need," he said.

Bringing attention to and making male sexual assault a widely discussed topic does not reduce or negate the importance of discussing and raising awareness of female sexual assault too, LePore said.

"It's important because one in six men — 2,000 on this particular installation alone have suffered — and some would argue it's an issue of readiness, and it certainly is an issue of readiness, but it's also an issue of returning guys



Steve LePore, founder and executive director of lin6, an organization that provides help and support to male survivors of sexual assault, violence and childhood abuse, speaks to an audience about male sexual assault and abuse April 18 at Riley's Conference Center. LePore's presentations came as another piece in recognizing April as Sexual Assault Awareness Month by SHARP and Family Advocacy Program personnel.

to being healthy and whole, good husbands and good fathers and good Soldiers ... We have to admit, realize and embrace the fact that one in six guys, that's 21 million across the country, are dealing with this issue and at some point we have to help them, we have to serve them, we have to encourage them to get the help they need because it manifests itself in failed relationships and losing jobs and then there's a host of health and mental health issues that come along with it."

LePore and other personnel of lin6 travel to installations, college campuses and more to discuss male sexual assault and the proper way to talk to and work with survivors, he said.

"We do a number of different presentations and what this particular installation wanted was to talk about understanding men who are survivors and then later this afternoon (April 18) we'll show a video where we have voices of survivors — it's called the Bristlecone Project," LePore said.

He said there are a number of different thought processes, responses and language usage male survivors may react to.

He stressed using phrases like "unwanted or abusive sexual interactions" when trying to help a survivor discuss their experience. He also explained how common cultural perceptions of what men should be, do a disservice to all survivors and prevent many of them from seeking assistance.

"The reality is it very unreported for a number of reasons," LePore said. "Chief among them is the male masculine code, you just don't reach out to ask for help for anything — whether it is to fix a flat tire or an issue like this, so the idea is across our country and within the military is to destigmatize the issue, to dismantle the myths and to encourage guys to come forward."

By bring more attention to the topic with LePore's presentation, DeLong said he hopes more survivors of sexual assault, abuse or harassment, regardless of sex, gender or sexual orientation will come forward.

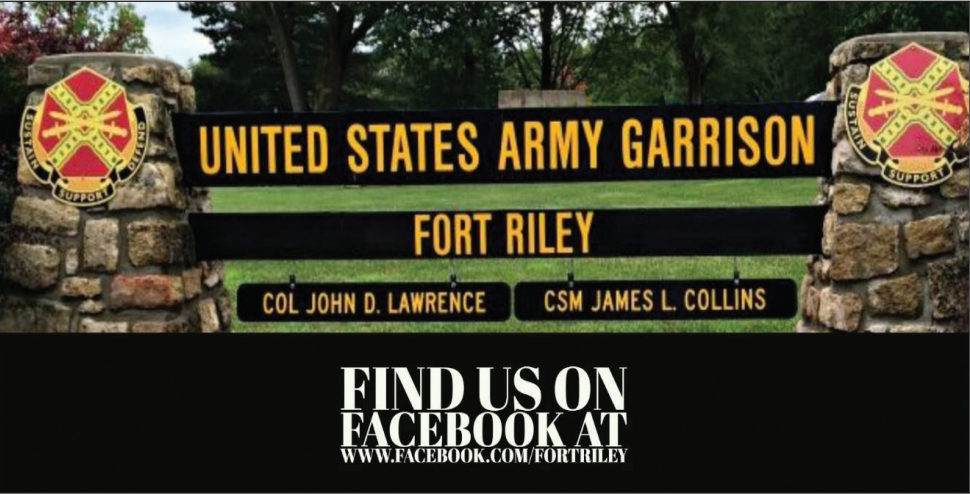
Resources for sexual assault, harassment or abuse are available through SHARP at 785-239-2277 or 239-3379. The Fort Riley 24/7 assistance hotline is 785-307-9338. The Department of Defense SAFE hotline is 1-877-995-5247.

PURPLE HEART AWARDED



J. Parker Roberts | 1ST INF. DIV.

Sgt. Jason Webb, a member of Detachment 1, 778th Transportation Company, Kansas National Guard out of Emporia, Kansas, was awarded a Purple Heart Medal at Fort Riley April 23. Webb earned the medal for wounds received as a result of hostile action while deployed to Kuwait in 2011 in support of Operation Iraqi Freedom. Webb was joined in the ceremony by his spouse Maj. Laura Webb with the 35th Infantry Division at Fort Leavenworth.



Rape ‘jokes,’ sexist humor more than just offense, experts say

By C. Todd Lopez
ARMY NEWS SERVICE

WASHINGTON — For some time, through its Sexual Harassment/Assault Response and Prevention program, the Army has explained how sexist humor — jokes and anecdotes, for instance — are unacceptable in the workplace. Sexist humor, however, is more than just offensive, according to Dr. Gail Stern. More important than the joke itself, and the immediate effect it has on people who hear it, is the desensitizing effect it has on listeners, she says.

Stern, a PhD, researcher, victim advocate, and subject-matter expert on sexual assault prevention, spoke April 18 at the Pentagon about the effects of sexist humor on listeners, and how acceptance of such humor changes the social environment.

Stern’s presentation involved a selection of anecdotes from her experience as a sexual assault prevention professional, as well as a series of slides featuring advertising

that utilized rape as a component, and rape “jokes.”

Two examples of rape jokes Stern conveyed to listeners at her presentation:

“What do nine out of ten people enjoy? Gang rape!”

“Hello, my name is ‘Rape.’ Remember it, you’ll be screaming it later.”

Stern said that those jokes are offensive to some, while others will enjoy them when they hear them. But more dangerous is that the more those types of jokes are told, the more accepting people will become of the subject matter. That type of humor, she said, desensitizes people to rape, and the effect is that rape itself is considered less of a problem.

“The rape jokes — it’s not about sensitivity,” she said. “Anybody that tells you it’s about sensitivity is full of it. It’s not about sensitivity. It’s about how it conditions (listeners) cognitively to accept violence and abuse toward another group.”

Stern also had available a number of print advertisements that made

light of rape. In one men’s magazine, an ad for a brand of alcohol included words that suggested that unlike “some people,” their alcohol always “goes down smoothly.” The ad’s imagery featured a terrified woman being grabbed from behind by an amused man in what appeared to be a residential setting, likely a living room.

“What’s the joke here?” Stern asked. The woman in the photo, apparently, didn’t want what the man wanted. The ad is a play on words, where sexual assault is part of that word play.

Stern said that advertising executives must have discussed it. “Before they went with this, they were like, guys will laugh at this,” she said. “Thought went into that. People said OK to that.”

Another ad featured a man and woman dressed for a party and standing against a white background. The woman, on the left side of the ad, has her head turned and is looking out of frame and laughing, as if talking

with somebody. On the right side of the ad, a man is leering at her from behind. She can’t see him. The ad’s copy suggests “spiking” her drink when she’s not paying attention.

“Advertisers are very deliberate. And they are telling a story,” Stern said.

“They are not saying ‘knife’ your best friend while she’s not looking,” she said. “There’s an implication that he’ll get out of the ‘friend zone’ maybe, right? If it’s spiked, he’ll have an easier time at this party? And that’s not considered rape by many people. It’s not saying ‘roofie.’ We’d be like, that’s too dark. But ‘spike’ is sort of neutral enough; we are willing to grant this guy a little latitude.”

The Army has been pushing “bystander intervention” training as a way to get Soldiers to step up and prevent sexual assault before it happens. Stern identified four factors that must be present for bystander intervention to

happen correctly. Those factors include:

- Notice the situation
- Define the situation as problematic
- Feel the responsibility to act
- Have the skills to act

Problems with bystander intervention, however, involve the assumption that everybody will be able to notice a situation and identify it as problematic. That’s not always going to be true, Stern said.

Jokes about rape, and sexist humor, she said, have “numbed our assessment abilities, to the point where we are less liable to ... notice it and ... define it as a problem ... or even think we are responsible to do anything about it if it’s not that big a deal anymore.”

Rape jokes, Stern said, “make rape acceptable at some cognitive level. If I think that sexual coercion is acceptable or is just a normal part of the culture, I’m going to call it sex. Maybe bad sex. But I’m not going to call it rape.”

Stern said it’s not necessary, every time a Soldier, for

instance, hears a sexist joke, to make “a federal case” out of it. But calling out the teller of such a joke, she said, goes a long way toward ensuring that culturally, in whatever group you are in, that rape, sexual assault, and sexual coercion do not become comfortable.

“You do have to say ‘buddy, come on. Rape jokes aren’t funny’ ... something that calls out that negativity,” she said. “If that person gets approval for it ... if we stay silent, we have cosigned on that. We’ve said you’re good to go.”

Soldiers, Stern said, have a responsibility to challenge such behavior as a way to change what is culturally acceptable.

“In order to create a culture that doesn’t tolerate sexual assault, you have to challenge sexism,” she said. “And you have to do it at every different stage.”

That includes not just jokes, she said, but also if one Soldier is belittling another’s performance because she is female, or is talking about why women shouldn’t be in the Army, for instance.



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SUICIDE PREVENTION

THE POWER OF 1



'Devil' brigade brings guest speaker to Fort Riley to share story of triumph

Story and photo by Spc. Elizabeth Payne
19TH PUBLIC AFFAIRS
DETACHMENT

Soldiers of the "Big Red One" attended two presentations given by Michelle Corrao, a victim advocate and assistant director at Prevail, Inc., April 11 and 12 at Fort Riley's Morris Hill Chapel.

Corrao was invited to share her personal story of assault to raise awareness about sexual assault and to highlight the resources that are available to aid victims and family members during the Sexual Assault Awareness and Prevention Month activities at Fort Riley during April.

On Sept. 12, 1996, Corrao was returning home from work when outside of her front door, three people knocked her to the ground. They kidnapped and raped Corrao for hours until police stopped them. Corrao shared the details of her assault and discussed how she recovered from the horrific event at a time when support was limited for sexual assault victims.

She has been telling her story for 11 years and Corrao speaks in order "to provide hope so that people know there is still life after sexual assault."

After her assault, she never envisioned moving on and having a normal life, getting married or having kids. But



Fort Riley Soldiers listened to Michelle Corrao's story April 12 at the Morris Hill Chapel during the 2017 Sexual Assault Awareness and Prevention Month observance. Corrao talked about her life changing experience due to her sexual assault and how she helps people to overcome their own trauma.

Corrao has accomplished those things and has never been happier, she said.

Many people who listen to her speeches are not victims, but know someone who is a victim of sexual assault, Corrao said. Friends and family of victims are called "secondary victims." Loved ones provide support and love to victims, and it is a very big job that no one spontaneously knows how to do. It takes time, support, professionals can step in, like Corrao and victim advocates like Staff Sgt. Guzman, 2nd Armored Brigade Combat Team, 1st Infantry Division, who can aid victims and their friends and family.

"Services that SHARP victim advocates provide are help to coordinate medical

and behavioral health appointments, coordination of special victim counseling, and we will personally travel with a person to appointments as a means of support if they desire," Guzman said.

Sexual assault is noted to be the most underreported crime in society and in the military, according to Department of Defense Sexual Assault Prevention and Response Office.

Corrao keeps telling the story because of the feedback she has received from people in the audience.

"It helps people to know they are not alone," she said.

Corrao says she wants people to know that there are resources to help victims and there is hope for happiness to come back after an assault.

CADETS Continued from page 1



Season Osterfeld | POST

Reserve Officers' Training Corps cadets relay and discuss reconnaissance information collected by a small team prior to the squadron raiding a village April 22 during a field training exercise at Fort Riley.

tical training almost exclusively," Gray said. "They do it at the squad level and then we progress them to the platoon level."

April 20 the cadets arrived and divided into two companies with MS IIIs being placed into Company A and MS I and MS IIs placed into Company B. During the day and night of April 21, both companies conducted day and night land navigation training in squad sized groups prior to breaking out into their company specific activities for April 22.

As the MS I through MS III trained, MS IV cadets took on command operations and opposing forces roles to assist the lower level cadets with cadre oversight.

"We really have two separate operations that are going on here," Gray said. "The senior cadets, the MS IVs, they're the ones who are commanding and controlling it with cadre oversight. I have a couple cadre in here overseeing them. We've planned it out, we've made sure we've covered all the details, but we turned it (over) to them and say 'OK, we've got to move these guys from here to here. How are you guys going to do that?' just to reinforce, give them tips on how we plan as senior officers, but give them a chance to exercise that higher level (command) element."

For the MS IV cadets, the FTX lets them see and understand more about their future leadership roles because they weren't moving fellow cadets from one location to another, they were also considering supply needs, food requirements, transportation, communication with the non-commissioned officers for headcounts and more.

The third day, April 22, the MS III cadets were challenged in situational training exercises as evaluators kept a close eye on their every move. The cadets conducted a large-scale platoon-level exercise under different scenarios, such as preparing to raid a village, clear buildings and eliminate threats. With each STX lane, different MS III cadets were tasked with taking on the leadership role in the scenario and evaluated by the cadre overseeing it.

As the MS IVs acted as commander operations and the MS III conducted STX lanes, the MS I and IIs pushed themselves physically and mentally on the rappel tower, confidence course and field leader's reaction course.

"We also have underclass cadets our here, what we call MS Is and MS IIs," Gray said. "Those are generally freshman and sophomores. A little bit younger in the program, so we do some tactical

training with them, but the major focus with them is retention so that we have them when they get to their third year ... They're doing a couple things. They're out on the rappel tower, they're doing the obstacle course, or confidence course ... and also some we call the field leaders reaction course which is a really small unit, squad level, it's a free-thinking design ... to get them in a leadership position where we're not worried about being tactically correct or using all of our doctrinal terms, just give them a chance to exercise their leadership and take control of a small group."

For Cadet Benjamin Lindsey, MS II, Wildcat Battalion at K-State, who is prior active duty, the FTX was a good way for the cadets to build confidence and develop connections with one another. He said they each learned something about themselves. In his case, with a grin, he said he learned he still can't climb ropes.

"This course itself is a confidence course itself and really that's what this entire FTX is meant to be," Lindsey said. "It's meant to build unit cohesion both at platoon level, the squad level and the company level. It's meant to build confidence in your fellow squad members, your team members to get the job done."

Cadet Brian Iversen, MS II, Wildcat Battalion at K-State, echoed Lindsey's sentiment and said it was especially beneficial for them to be working with cadets from other battalions because of the networking and relationship building skills it teaches them, something he believes will be important after their commissioning.

"In the real Army, once we move on to commission, we're going to be constantly meeting new faces, so just getting used to socializing, making friends and meeting other people and networking as a whole is important in the Army, so getting the chance to mimic that here in cadet land has been beneficial to us," he said.

The cadets came to Fort Riley for their FTX because the K-State Wildcat Battalion was tasked with hosting it, Gray said. As the Wildcat cadets regularly train at the installation due to its proximity and abundant facilities, it made sense to hold the FTX here.

"I've been in the Army 18 and a half years and this has this most up to date, the finest facilities, the friendliest staff to help us design these exercises," he said. "We want to get them on a post where we have the open land ... It's just 17 miles down the road where we have these world class facilities."

NEW DRIVE THRU OPTION



COURTESY PHOTO

Spc. Gerald Geffrard, 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, delivers a customer their order during a dry run of the Demon Drive Thru. Demon Diner Drive Thru and Grab and Go area begins operations May 1. Breakfast hours are 7:30 to 9 a.m. and lunch hours are 11:30 a.m. to 1 p.m. Limited menu options will be available, including sandwich of the day and mainline meal of the day. Standard Meal Rates apply, \$3.45 for Breakfast and lunch \$5.55 or meal card holders can present their entitlements card.



READY AND RESILIENT

British officer brings new perspective during 2 years at Fort Riley

By Sgt. Anna Pongo
CJFLCC – OIR PUBLIC AFFAIRS

BAGHDAD, Iraq — While deployed with the Combined Joint Forces Land Component Command in support of Operation Inherent Resolve, British Army Maj. Robert Steel has an advantage when it comes to the partnership shared by the Coalition.

Almost two years ago, he and his family picked up and moved from their home in Sheffield, England, to Kansas after Steel was chosen to serve as the deputy of the strategic plans and policy section for the 1st Infantry Division.

“We’ve really been made to feel a welcome part of the community where we’ve been living at Fort Riley, and that’s been great,” Steel said.

The path to Fort Riley started when Steel put the 1st Inf. Div. as his first choice of duty station, even though it’s a running joke in the British Army that if you put a job on the list, that’s the one you’re guaranteed not to get, Steel said.

Steel says his wife, Bryony, was thrilled when he told her he had gotten the assignment because ever since she was little she has wanted to live here. And

“But being able to immerse yourself in someone else’s culture and learn a little bit about somewhere else in the world re-freshes your perspective on things.”

BRITISH ARMY MAJ. ROBERT STEEL
SOLDIER ATTACHED TO THE 1ST INFANTRY DIVISION

now, after almost two years in Kansas, he says it has exceeded their best expectations.

“It’s funny, actually, because imagine what you see a cowboy to look like on the TV back in the U.K. and you think, ‘yeah, but that can’t be how it really is,’” Steel said. “And then you come to Kansas and you go to a rodeo and you see people walking around in their Stetson hats, Wrangler jeans and cowboy boots and you realize, actually it is like that.”

“But being able to immerse yourself in someone else’s culture and learn a little bit about somewhere else in the world refreshes your perspective on things. Living in the Midwest specifically, it’s entirely different from anywhere in the U.K. People are different. They have more time in the Midwest to stop to say ‘hi’ and talk.”

Steel says his daughter, Florence, has enjoyed her time in the states as well and doesn’t want to leave.

“She has a full-on little American accent because she moved out here when she was just four,” Steel said. “She’s had a great time. The weather is so much better in the states than back home so she gets to spend time in the outdoors. You just don’t get that back home because the weather is generally pretty gray.”

While his family has enjoyed the unexpected entertainment that the Midwest has to offer, Steel has gained a new understanding of the differences between the U.S. and U.K. armies.

“There are more similarities in the way that we and the U.S. Army operate than there are differences,” Steel said. “The planning process, while there are some

differences, is fundamentally the same. Both armies are built on very similar ethos.

“When you look at the values and standards in the British Army, they marry fairly closely with the warrior ethos, values and standards of the American Army.”

Steel is assigned to the 1st Inf. Div. as part of the Military Personnel Exchange Program. The MPEP is a bilateral agreement between the U.K. and the U.S. forces and sends a number of people back and forth to embed for a few years, Steel said.

“In my experience of being in the Army, we’ve always deployed as part of a Coalition, usually U.S.-led, so the benefit really is... I get an opportunity to see how the U.S. Army works and American officers get an opportunity to see how the British Army works,” Steel said. “So when we deploy together on operations, the synergy is that much better because we understand each other’s processes and a bit about the culture and how we think slightly differently about different things. That familiarity breeds efficiency when we deploy together in an environment like this one.”



COURTESY PHOTO
British Army Maj. Robert Steel hugs his daughter, Florence, as he prepares to leave on a nine-month deployment with the 1st Infantry Division in support of the Combined Joint Forces Land Component Command-Operation Inherent Resolve. Steel serves as the deputy of the strategic plans and policy section for the 1st Inf. Div. as part of the Military Personnel Exchange Program.

STADIUM Continued from page 1

“I took a very simple, thoughtless photograph of (the plaque) and when I returned home, I landed on the fixture of the plaque,” Dunham said upon looking at the names of the fallen. “I wanted to know who they were and what their lives meant and I thought a very simple search on the Internet would solve my answers. That was not that case.”

Nothing came out of the multiple searches, almost as if the 48 Soldiers had vanished, which did not sit well, Dunham said.

“Thus began an odyssey to figure out who these individuals were; as I pulled the string and unraveled in what became a long journey, the stories of the 48 fallen emerged.” Dunham said. “They were fascinating, they were beautiful, and they were sad and horrific and they were unbelievably American.”

Memorial Stadium was never finished, built on a great promise, and where the Alumni Center sits today, a giant limestone horseshoe was intended to be built to close the stadium, Dunham said. Through this entrance, each person who stepped into the memorial hall would recognize the impact of the First World War and make a promise to themselves never to repeat that, Dunham said.

“I want you all to remember, as we step foot into this stadium, we are all Kansans today, we are all American,” Dunham said.



Capt. Ed Alvarado | 19TH PAD
Soldiers of the 1st Infantry Division present the colors of the United States of America during a dedication ceremony of the World War I Memorial Stadium at Kansas State University April 21 in Manhattan, Kansas. Members of the 1st Inf. Div. Band, colors of the units at Fort Riley and “Big Red One” Soldiers were also present during the ceremony.

Retired Lt. Gen. Perry Wiggins, former commanding general of the 1st Inf. Div., provided words on behalf of Kansas Gov. Sam Brownback during the ceremony.

“It seems only fitting that at a time when our nation comes together and holds events and ceremonies commemorating the Great War, ceremonies like our own 1st Infantry Division’s 100th Anniversary, that we take time to remember and honor 48 young men from Kansas State Agricultural College and who put service before self and gave the ultimate sacrifice,” said Wiggins, executive director

of the Kansas Governor’s Military Council.

From the state’s inception, Kansas and its citizens have taken great pride in its sons and daughters who have raised their right hands and sworn to defend this nation, Wiggins said.

“I want to thank Kansas State in holding this dedication ceremony that recognizes young men, who at a world at war, answered their nations call,” Wiggins said. “A ceremony that not only recognizes the service and sacrifice of 48 American heroes but also highlights to those who continue to stand on point for this nation, that we will never forget.”

TREE CITY Continued from page 1

with Fort Riley for the longest consecutive length for maintaining the standards of TCUSA for an Army installation.

TCUSA is a national program sponsored by the Arbor Day Foundation and administered in Kansas by the Kansas Forest Service. TCUSA recognizes local forestry programs that are supported by municipal ordinances, which maintain four program standards. According to the 2016 KFS recognition packet, Kansas has 101 TCUSA communities.

John E. Barbur, agronomist and certified forester for the Conservation Branch of the Environmental Division at Fort Riley, said this is important to the community of Fort Riley.

“The standard is something that communicates that a municipality is actively trying to maintain a healthy environment in their community for both trees and people,” he said.

Barbur is TCUSA’s state forester award recipient on behalf of Fort Riley; whom assists in maintaining Fort Riley’s commitment to the program for 30 years.

“The fact that we have been doing this for 30 years indicates our installation’s commitment toward this goal,” Barbur said.

The program identifies four standards all communities must maintain to keep their title. These program requirements are: a tree board or department, a community tree ordinance, a community forestry budget of at least \$2 per capita and an Arbor Day observance and proclamation.

In past years, DPW educates younger generations about the importance of planting trees in response to observance and proclamation.

“We try to have our Arbor Day program at schools or at child development centers on Fort Riley, this is where we talk to the kids about tree planting and being responsible to the environment,” Barbur said.

Barbur recalled the moment he planted his first tree with his father and neighbors. At this moment, Barbur’s passion for tree planting

began and still grows. He knew TCUSA would be the optimal way to share that importance to others and to those on Fort Riley.

Therefore, the main purpose of implementing the program on post is to provide “a nice place for Soldiers and their families to live and work,” Barbur said.

Service members and families experience a wide range of emotional stress when loved ones are deployed and through day-to-day tasks. Barbur said staff of DPW understand these stresses and apply that to every tree.

Each tree is carefully planted by those, like Barbur, who have years of education and experience. One strategic placement that is widely used on post is windbreaks. A windbreak is a row of trees that provides shelter or protection from the wind.

As defined, Barbur said the environmental benefit of windbreaks is protection from soil erosion and provides shelter to habitat and people from the oncoming wind.

TCUSA provides Fort Riley the opportunity to beautify the communities service members and their families see on a daily basis. Over the past 30 years, John Barbur and the Environmental Division continue to maintain the four standards of the program year-round.

“Obtaining Tree City USA helps us communicate the commitment we have to taking care of the environment here at Fort Riley for the people who want to come and live,” Barbur said.

For more information about TCUSA, the Environmental Division is currently in the works of an exhibit in the Educational Room at 407 Pershing Court. The estimated completion date for the exhibit, showcasing TCUSA is late-April.

Visit the PWD website at www.riley.army.mil/Units/Garrison-Command/Public-Works/ or visit the Environmental Division’s Facebook page at www.facebook.com/FortRileyEnvironmentalOffice/ for an update on events.

Military Spouse Appreciation Day



JOIN US FOR A WEEK LONG CELEBRATION!

Mon. May 8th, 9:00am-11:30am History of the Big Red One! @ Ft. Riley Museum
Enjoy a guided tour and learn all about the Big Red One! For details and updates check out Fort Riley Museum Gift Shop on Facebook!

Tues. May 9th, 6:30pm-8pm FRG Trivia Night! @ ACS
FRG's will compete in a friendly trivia competition.

Wed. May 10th, 9am-10:30am USO is bringing Sip n Chat to ACS! @ ACS
Chat with great spouses just like you!

Thurs. May 11th, 6pm-9pm Spouses Night at the Bowling Alley! 6pm-9pm
Take a break from your busy week and enjoy \$1 bowling!

Fri. May 12th, 10am-12pm MSAD Main Event! @ Riley Conference Center
Enjoy a morning of vendor expo, games and giveaways! For details and updates check out USO Ft. Riley Facebook!

Increase your chances to win GIVEAWAYS on May 12th, by participating throughout the week!

THANK YOU FOR ALL THAT YOU DO!



For more information
call ACS 785-239-9435.





CINCO DE PATIO

MAY 5, 5-9PM

WARRIOR ZONE

KITCHEN SPECIALS

Pork Carnitas with Rice and Beans \$7

Taco Pizza \$7.50

ACTIVITIES

- Hot Pepper Eating Contest
- Piñata
- Mexican train dominoes

18+ Only

785-240-6618

Find us on Facebook at "BOSS and the Warrior Zone"



BEST WARRIOR



Gloria Montgomery | ARMY MEDICINE
Army Medicine Regional Health Command-Central held its Best Warrior competition April 10 through 14 at Fort Hood, Texas. The event featured 22 warriors, who represented Army military treatment facilities in Texas, California, Colorado, Arizona, New Mexico, Oklahoma, Kansas and Missouri, would battle it out in a series of events that generated lessons in composure, stamina, endurance and survival. The top two competitors would go on to earn Soldier of the Year and Non-Commissioned Officer of the Year honors. Sgt. Francis Danso slithers through muddy waters to avoid getting snagged during an obstacle course challenge as part of the Army Medicine Regional Health Command-Central's Best Warrior competition hosted by staff at Carl R. Darnall Army Medical Center. Danso, representing Irwin Army Community Hospital, Fort Riley earned top honors in both the physical fitness test and the combined written test and essay event. Originally from Africa, Danso's hometown is Brooklyn Center, Minnesota.



Buying Sex Is **NOT A Victimless Crime.**

If you see something, REPORT IT.
National Human Trafficking Hotline

1-888-3737-888

 ag.ks.gov

CYSS SPORTS NEEDS YOU!

Football Coaches

Basketball Coaches

Cheerleading Coach

For more information Contact Michelle Durgin, CYSS 785-239-4920



Staff, volunteers to show their appreciation of military spouses

Week worth of events on tap for military spouse appreciation

By Suet Lee-Growney
1ST INF. DIV. POST

May is recognized as National Military Appreciation Month and this year, staff at Army

Community Service are partnering with volunteers and staff of USO Fort Riley for an entire week.

"We are going to start our celebrations Monday, May 8," said Connie Medrano, information, referral and follow-up coordinator at ACS. "The Fort Riley Museum is going to be hosting a guided tour."

Medrano said it is an opportunity for people to

learn the rich history of the "Big Red One." The free tour is from 9 to 11:30 a.m. and children are welcome.

Volunteers of USO Fort Riley are having a military spouse appreciation edition Sip N Chat May 10 from 9 to 10:30 a.m. Unlike the usual venue, the event will be held at ACS and will feature coffee, pastries and saucer-size cookies.

On the same day, ACS staff are hosting a special family-friendly night for all Family Readiness Groups at Fort Riley from 6:30 to 8 p.m.

"We are hosting a Trivia Night, meaning FRG teams could compete against each other," Medrano said. "We are really looking forward to hosting a fun night for the FRGs, since they do so much for families."

Staff of Child and Youth Services is offering FRG child care for spouses who wish to drop their children off during trivia night.

Custer Hill Bowling Center is having a spouses night May 11 for \$1 per person. This family-friendly event is from 6 to 9 p.m.

The main event falls on National Spouses Appreciation Day itself at Riley's Conference

Center from 10 a.m. to noon May 12.

"Last year, we had about 350 spouses attend this event," Medrano said.

USO partners with multiple businesses and organizations to come up with amazing giveaways.

To increase the chance of winning the giveaway at

See SPOUSES, page 12



Melissa Lesondak, painting instructor of three years with Directorate of Family, Morale and Welfare and wife of Chief Warrant Officer 2 Benjamin Lesondak, Company C, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, leads more than 42 children and their parents attend Cookies and Canvases. The day's painting and snacks were inspired by Earth Day.

How Sweet It Is

Families get to enjoy an evening of Cookies and Canvases

Story and photos by Kalene Lozick
1ST INF. DIV. POST

Staff of the Directorate of Family and Morale, Welfare and Recreation hosted more than 40 children and their families for Cookies and Canvases at Riley's Conference Center April 22.

Melissa Lesondak, painting instructor of three years with DFMWR and wife of Chief Warrant Officer 2 Benjamin Lesondak, Company C, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, said she finds joy in teaching friends and family how to paint.

"I started out in my home studio, three years ago on post in my basement," Lesondak said, "I started off by doing Family Readiness Groups, coffee groups and friend groups. From there I started going to people's homes or community centers. Then I started teaching at DFMWR in 2015."

Brandy Davis, wife of retired Sgt. Chris Davis, attended the event with their two

MORE INFORMATION

- For more information or to buy tickets, visit the event's Facebook page at, www.facebook.com/pg/rileymwr/events/, or visit Fort Riley's Directorate of Family, Morale and Welfare website at riley.armymwr.com.

sons, Michael and Timothy. Brandy said she has a passion for painting, so she tries to introduce her kids to creative activities, such as Cookies and Canvases.

"I try to get them to do as much creative stuff as possible," she said. "Plus they've never done a class before, so this is their first time."

Timothy Davis, 14, said he wanted to attend because "it's fun and I like art."

Alexsis Brant, DFMWR volunteer and wife of Spc. Anthony Brant, 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, said "I love seeing all the kids and the different ways that they paint."

Melissa Lesondak will be teaching her last painting class before a permanent change of station of Cocktails and Canvases April 28 at 7 p.m., hosted by staff of DFMWR at Riley's Conference Center. Those attending will paint "BRO boots."



More than 42 children and their parents attend Directorate of Family and Morale, welfare and Recreation Cookies and Canvases. The day's painting and snacks were inspired by Earth Day.

Firefighters recognize veterans' suicides

Station 1 firefighters walk 22 miles for vets lost daily to suicide

By Season Osterfeld
1ST INF. DIV. POST

Twenty-two — the number of veterans estimated to commit suicide every day. For the firefighters and community of Fort Riley, that is 22 too many a day. On April 22, firefighters at Fort Riley Station 1 walked 22 miles as part of the Mission 22 challenge and raise awareness.

"It feels like there should be more done," said Firefighter Jeremiah Wisdom, who participated in the march. "It's too many. Twenty-two a day —

SOMEONE IS LISTENING

- To talk to a confidential crisis hotline operator, call the National Suicide Prevention Hotline at 1-800-273-8255 or call the Veterans Crisis Line 1-800-273-8255 or text them at 838255.

we've lost more veterans to suicide after they got home than we have in actual combat. That is unacceptable."

The idea for the march first came when they learned fellow Firefighter Adam Peterson planned on conducting the march with his family after the loss of his brother-in-law Thomas Felton, a Marine. Pe-

terson's family was conducting the march in Michigan and he was unable to attend in person, so he intended to walk across Fort Riley on his own. After hearing this, the firefighters came together to walk alongside him.

"We decided, because we're all a team here, to support him in that and also do an awareness march here at Fort Riley," said Capt. Jason Demars.

From 8 a.m. to 2:30 p.m., the firefighters marched 22 miles across fort Riley, visiting each fire station along the way.

With each mile they walked, they received support from residents, passing motorists and other community members showing their support with cheers and horn honking. Others stopped to

talk with them, sharing their own stories.

"I think I was shocked the most by how many people recognized that banner," Demars said. "There were people who would almost stop in traffic to honk or say 'hey guys, keep going.' I think that's what amazed me a lot."

In the beginning, Wisdom said they talked and joked, but as they continued on, they thought more about why they were marching. He and Peterson began sharing fond memories of Felton and somberness fell over the group.

"It was actually kind of sobering," he said. "Me and Adam had one of our friends who was in the Marines kill

See SUICIDES, page 12



COURTESY PHOTO

Members of the Fort Riley Fire & Emergency Services conduct a 22 mile march through Fort Riley to bring awareness to Veteran Suicide April 22. Participants were Capt. Jason Demars, left, Firefighter Jeremiah Wisdom, center, Firefighter Adam Peterson and Firefighter Adam Rothgeb (not pictured) all from Fire Station 1.

FORT RILEY POST-ITS

JOINT LAND USE STUDY WORKSHOP

The JLUS team will hold a workshop May 4 at 7 p.m. at the Grandview Plaza City Hall, 402 State Street, Grandview Plaza, Kansas


The workshop will provide a project update and current study findings. The JLUS team will be available for questions from the community. For more information, call 301-529-2436 or email gary@flinthillsregion.org

LIBRARY MOVIE NIGHT

Staff at the Fort Riley Library, 5306 Hood Drive, will host a movie night April 29 from 6:30 to 8:30 p.m. The event is free and snacks are provided.

For more information, call 785-239-5305.

SPRING FLING SOFTBALL TOURNAMENT



A double elimination softball tournament will be held May 20 as Sacco Softball Complex starting at 8 a.m.

Registration is required by May 18 at Whitside Fitness Center, Registration is \$150 per team.

The tournament is open to all Department of Defense ID holders 18 and older. Teams may have a maximum of 14 people. Registration is first come, first serve with a maximum of 16 teams in the tournament.

For more information, call 785-239-2813.

REAL ESTATE WORKSHOP

A Real Estate Workshop will be hosted by staff of the Fort Riley Housing Services Office June 1 at Riley's Conference Center from 9 a.m. to 1 p.m.

Learn about topics such as Financial Planning; Mortgage Information/VA Loans; Buying and Selling Properties; Income Producing Properties; Manage your property after PCS; Home Inspections and more.

Staff hope to teach attendees how to create and maintain wealth with their home.

The workshop is free and lunch is included.

Space is limited and registration is required at fortrileyhso.eventsmart.com

For more information, call 785-239-3525.



VIRTUAL MILITARY SPOUSE SYMPOSIUM

Staff of the Department of Defense Spouse Education and Career Opportunities Program will host a four-day virtual symposium that features more than 20 sessions. Learn about job search tool and techniques, resources, networking, wellness and resilience, employment opportunities and more — all created with a military spouse focus. Attend one session or attend them all — from your choice of location. To choose your sessions and register for the symposium, go to <https://myseco.militaryonesource.mil/portal/spousesymposium>.

DEMON DINER DRIVE THRU AND GRAB AND GO

Demon Diner, Building 694, Drive Thru and Grab and Go area will be operational starting May 1st. Breakfast hours are 7:30 to 9 a.m./Lunch 11:30 a.m. to 1 p.m. Limited menu options will be available, including sandwich of the day and mainline meal of the day. Standard Meal Rates apply, \$3.45 for breakfast and lunch \$5.55 or Meal Card Holders can present their entitlements card.

MONTH OF THE MILITARY CHILD PT TEST AND FOAM DART GUN RANGE AT FORT RILEY EXCHANGE

Staff at the Main Exchange will hold a PT Test and foam dart gun range April 29 from 11 a.m. to 1 p.m. Activities will be available for ages 2 thru 12. Sign up at customer service.

HEALTHY HOMES CLASS

A healthy homes class for on post families to maintain a sanitary and safe environment inside their homes will be taught the second and fourth Fridays of every month from 9 to 10 a.m. in the Department of Public Health Classroom. For more information or to register contact DPH at 785-239-7323.

You can bring a light snack. Craft activities for children will be provided.

Course Topics: injury/illness prevention, poison prevention, proper storage of household chemicals, food safety, management of household pests, pet hygiene, indoor air quality and basic home hygiene.

GARRISON TOWN HALL

Fort Riley Garrison Commander Col. John D. Lawrence will hold a townhall meeting at Barlow Theater May 4 from 2:30 p.m. to 4 p.m. and May 5 from 10 a.m. to 11:30 p.m. The meeting will address the civilian workforce. The event is considered the place of duty for all garrison employees and they should choose one session. Due to limited parking, please carpool if possible.



NATIONAL DAY OF PRAYER AT VICTORY CHAPEL

An observance of the National Day of Prayer will be held at Victory Chapel May 4 at noon. A light lunch will be provided.

FORT RILEY REEL TIME THEATER MOVIE SCHEDULE

Friday, April 28
Beauty and the Beast (PG) 7 p.m.

Saturday, April 29
Studio Appreciation Screening — free admission
Guardians of the Galaxy Vol. 2(PG) 2:00 p.m.
Free tickets are available at both Exchange Food Courts. Seating open to non-ticket holders 30 minutes prior to showtime.
Ghost in the Shell (PG-13) 7 p.m.

Sunday, April 30
The Boss Baby (PG) 5 p.m.
Theater opens 30 minutes before first showing
For more information call 785-239-9574.
Regular Showing: \$6
3D Showing: \$8
First Run: \$8.25
3D First Run: \$10.25
For more information call 785-239-9574.

FORT RILEY LEISURE TRAVEL

Discount tickets are available for events in the surrounding area as well as major theme park destinations.

Upcoming events with discount tickets include:

Great Wolf Lodge - Kansas City Hotel: Blackout dates apply. Waterpark tickets included for all guests.

B&B Junction City Gem Theater: \$30 value gift card for \$25 good for movie tickets and concessions.

Salina - Rolling Hills Zoo and Museum: adults \$10, children \$5 and seniors \$9.

OPEN REGISTRATION FOR SUMMER CAMP FOR K-12 IS IN PROGRESS AT PARENT CENTRAL

Custer Hill School Age Center and Custer Hill Youth Center will host 11 summer camp sessions that start on May 30 and run through Aug. 11. Sessions run week to week, allowing parents to sign up for only the weeks when child care is needed. Part-day specialty summer camps may be available through Forsyth East School Age Center. Operation dependent on number enrolled.

COMMUNITY CORNER

Let's end sexual assault, harassment in Army

By Col. John D. Lawrence
FORT RILEY GARRISON COMMANDER

April is Sexual Assault Awareness and Prevention Month and this year's theme for the Army is "Sexual Assault. Sexual Harassment. Not in Our Army." This theme is straightforward and reflects the culture of our military — sexual harassment and assault are unacceptable in the profession of arms.

We must have trust and respect for every person working alongside us. Our lives — and the protection of the United States — literally depend on it. I believe we have an excellent culture of taking care of each other here at Fort Riley and throughout the Flint Hills Re-



Colonel Lawrence

My expectation is that everyone has the right to serve in safety from assault, harassment or retaliation ...

gion. We understand that even one incident of sexual assault can affect the command climate. When this behavior happens to someone, it affects the individual, the team and the mission.

We have resources in place to investigate and hold offenders accountable. We also have resources to assist individuals that report assault or harassment. While it's important to provide those resources, it is more important to work toward the goal of not needing them because we have prevented the actions from happening in the first place. We have

made progress in recent years, but I ask our entire team to uphold the Army values and help eliminate these behaviors at Fort Riley. My expectation is that everyone has the right to serve in safety from assault, harassment or retaliation—and one instance is too many.

I encourage everyone to be responsible bystanders and never let anyone be cornered, coerced or conned into a position that is less than safe. Take a strong stance and do the right thing — always — not just

when someone is watching. Make a commitment to end sexual assault, sexual harassment and retaliation. Let's continue working together to provide a climate where everyone feels safe at work and has the opportunity to succeed. It makes us all stronger and more successful, individually and as a team.

— *To comment on this article or to suggest a topic for Community Corner visit my Facebook page at www.facebook.com/fortrileycg.*

WORSHIP	
Protestant Services	
Victory Chapel	239-0834
Contemporary Protestant Service	
Sunday Worship.....	1100
Children's Church.....	1115-1215
Morris Hill Chapel	239-2799
Gospel Protestant Service	
Sunday School.....	0900
Sunday Worship.....	1100
Main Post Chapel	239-0834
Traditional Protestant Service	
Sunday Worship.....	1030
Catholic Services	
Victory Chapel	239-0834
Sunday Mass.....	0845
Sunday Catechism.....	1000
Saint Mary's Chapel	239-0834
Saturday's Vigil Mass.....	1630
Sunday Mass.....	1200
Mid-day Mass— Mon, Wed., & Fri.....	1200
Tuesday & Thursday Mass.....	1800
IACH Chapel	239-7872
Mid-day Mass— Tue. & Thur.....	1200
Buddhist Service	
Normandy Chapel	239-2665
Sunday	1430
Meditation Practice— Mon - Fri.....	1230
Open Circle Service	
Kapaun Chapel	239-4818
Fort Riley Open Circle- SWC	
1st & 3rd Friday monthly.....	1800
Wednesday Night Family Night	
Weekly light dinner and fellowship at 1800, followed by 1845 classes at Victory Chapel 785-239-3359	
Club Beyond - Faith Based Youth Program	
Grades 6th - 12th, Meets Sundays	
MS Youth-1530-1700 at Morris Hill Chapel	
HS Youth-1830-2000 at Morris Hill Chapel 785-370-5542	
Club Beyond is a Non-Federal Entity and is not part of the DoD or any of it's components and it has no government status.	
AWANA	
Meets Sundays, 1500-1700 Victory Chapel 785-239-0875	
Protestant Women of the Chapel (PWOC)	
Weekly Tuesday Meeting 0900-1130 & Evenings at 1830-2000 at Victory Chapel	
Childcare Provided.	
For more information email rlcpwoc@gmail.com or Facebook "Fort Riley PWOC"	
Catholic Women of the Chapel (CWOC)	
Weekly Wednesday Meeting at St. Mary's Chapel 0900-1130	
Childcare provided.	
For more information email fortrileycwoc@gmail.com or Facebook "Fort Riley CWOC"	
Check for schedule over Training Holiday weekends	

High school baseball team scores big

Junction City High Blue Jays fundraiser \$500 for USO Fort Riley

Story and photo by Suet Lee-Growney 1ST INF. DIV. POST

JUNCTION CITY, Kan. — The “Blue Jays” of Junction City, High School won at a doubleheader game against the Topeka, Kansas, West “Chargers” 5-4 and 6-4 at Rathert Stadium in Junction City April 21. The night of the game was deemed military appreciation night and a fundraiser was held. All proceeds benefited USO Fort Riley.

The military appreciation and fundraiser was attended by about 218 people. The total funds raised was approximately \$500 and all proceeds will fund three main USO services — the USO venue, programmed events and transition services.

Scott Payne, center director of USO Fort Riley, said this is the first time JCHS has ever



Charlie Peyla, 12th grade, plays for the Junction City High School “Blue Jays.” The Blue Jays won against Topeka West High School “Chargers” in a double-header game April 21 at Rathert Stadium in Junction City to raise funds for USO Fort Riley.

collaborated with the USO. The baseball head coach, Drew Biery, reached out to the USO a year ago with the idea of a baseball fundraiser.

“They wanted to do something to tie in with the military at Fort Riley and also support service members,” Payne said.

According to Crystal Ann Tinkey, center operations and programs manager at USO Fort Riley, this is the first partnership USO Fort Riley had with JCHS in the recent years.

“For the community to reach out so enthusiastically to want to support our military community, especially our high school kids,

“They were excited to meet us as much as we were excited to meet them.”

CRYSTAL ANN TINKEY
USO FORT RILEY

it kinda touches your heart,” Tinkey said.

A week before the game, Payne and Tinkey went out to Rathert Stadium to meet the Blue Jays during their practice on behalf of the USO to show their gratitude.

“They were excited to meet up as much as we were excited to meet them,” Tinkey said. “Their enthusiasm is incredible.”

Payne hopes the baseball fundraiser will be the first of many fundraisers the USO can organize with the local community.

“This is an event we’d like to see grow,” Payne said. “We have to start somewhere.”

TUESDAY TRIVIA CONTEST



The question for the week of April 25 was: The Soldier For Life program helps to ensure a smooth transition from military life to the civilian world. Where on Fort Riley’s official web page do I find information about all the resources available through the Soldier For life -Transition Assistance Program?

Answer: www.riley.army.mil/Services/Soldier-Services/Soldier-For-Life-Transition-Assist-Prog/

This week’s winner is Staff Sgt. William Kelly, 24th Composite Truck Company, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade.

Pictured above is Staff Sgt. William Kelly.

CONGRATULATIONS WILLIAM!

HAZARDOUS WASTE COLLECTION



ABOVE: Rick Doll, environmental protection specialist, Directorate of Public Works - Environmental Division, receives a bag of household hazardous waste items from Karen Meece, center, wife of Sgt. 1st Class Christopher Meece, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, and her daughter Megan during the Household Hazardous Waste Collection event April 22 at the Fort Riley Main Post Exchange. RIGHT: Shelves of household hazardous waste items that are still usable wait to be issued out April 22.

Photos by Season Osterfeld | POST



YARD-SALE RULES ON POST

Yard Sales are authorized on Fort Riley at individual family housing units.

Residents of governing housing units having yard sales do not need a Solicitation Permit; however, the following guidelines apply:

- Yard sales are authorized in family housing areas only; no public-use are will be used.
- Yard sales are not authorized on Huebner Road from First Division Road to Carpenter Avenue.
- Family housing occupants must register their yard sales with their community mayor.
- Yard sales are intended for residents of government quarters to dispose of items that are no longer needed. The items must be in usable condition and fairly priced commensurate with condition.
- Items must be from the household and may not be purchased from outside commercial enterprises for resale at the yard sale, nor can an individual buy from any other source (for example; flea markets, other yard sales, and

thrift shops) with the purpose of resale.

- Family housing occupants who operate an authorized home business from their government quarters may not sell items from their home business in yard sales.
- Several residential units may combine yard sales at one location in the housing area; however, individuals living off post may not participate in yard sales on Fort Riley.
- One sign may be used to advertise a yard sale. This sign will be placed in front of the residential unit only. Other signs, indicating direction, location of sale, arrows, etc., are prohibited.

The Spring Post-wide yard sale will be May 6 from 8 a.m. to noon. There have been several questions regarding selling food during this event. The sale of food during this event must be within a Family Readiness Group fundraising capacity. Residents cannot sell food or commercial business items, for example Mary Kay Cosmetics for profit. Family Readiness Groups that do sell food must obtain a food handler’s card from Irwin Army Community Hospital.

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MR. RICHARD HEARRON - SAFETY MANAGER
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GOAL: \$75,000

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\$46,833.58 as of April 25

2017 ARMY EMERGENCY RELIEF FUNDRAISING CAMPAIGN

(12-week campaign from March 1, 2017 - May 15, 2017)

Soldiers Helping Soldiers

In 2015, AER worldwide provided \$62.3 million in zero-interest loans, grants and scholarships to 42,743 Soldiers and family members, retirees, widows and orphans. During that same time period, Fort Riley provided more than \$1.125 million in assistance and processed nearly 1,000 separate cases.

Fort Riley basketball comes in third



By Jake Faber
1ST INF. DIV. PUBLIC AFFAIRS

WICHITA, Kan. — After finishing the regular season with an unblemished 28-0 record, the Fort Riley Post Basketball Team fell just short of bringing home a conference title as the team, which was playing with a roster depleted by injuries, still won three of five games, finishing third overall in the Central United States Military Basketball League tournament April 21 through 23 at Wichita State University.

“I was proud of our guys that got in there,” said Sgt. 1st Class Bobby Ingram, 1st Infantry Division Sustainment Brigade. “We’re missing three of our key players but our team came together. Some of our guys that don’t play a lot got in there and did enough to get us through. I’m just proud of our team and what we’ve done together.”

The double-elimination tournament, which took place at Wichita State University’s Koch Arena and Aetna Multipurpose Facility, included teams from both in the Army and Air Force from around the central United States, with squads vying for not only the conference title, but also entry into the National Military Basketball Tournament May 26-28 at Lackland Air Force Base in San Antonio, Texas.

After entering the tournament with a first-round bye and a number-one seed, Fort Riley won its first matchup April 21, beating Barksdale Air Force Base out of Louisiana by a score of 92-79.

But in the second day of competition, the “Big

Red One” ran into trouble, falling to defending national champion Fort Hood, 89-55, before rebounding just hours later, beating Tinker Air Force Base 94-84 in order to stave off elimination and advance to Sunday. Spc. Reny Hinton, 82nd Brigade Engineer Battalion, 2nd Armored Brigade Combat Team, 1st Inf. Div., was a key contributor against Tinker, leading the team with 25 points in the contest, followed by Ingram, who chipped in 24 of his own in the victory.

“It was real tough,” Hinton said following the win. “But our assistant coach, Gina (Henry, wife of Spc. Davon Henry, 1st Armored Brigade Combat Team, 1st Inf. Div.), she told us the key word is to fight. So in order to bounce back from (the loss to Fort Hood) we really had to fight and come together as a team.”

In the third and final day of competition, Fort Riley took full advantage of the bright lights and center stage of Koch Arena’s Devlin Court, pulling off a thrilling 95-94 overtime victory against Fort Carson. After seeing their opponents come back to tie the game with a late three-pointer in regulation, Fort Riley’s Ingram came through in the clutch, nailing a three of his own in the final seconds of the extra frame to seal the one-point victory, with his teammates swarming him at the buzzer to celebrate. It was a big moment for the 35-year-old veteran.

“I didn’t think about it, I just shot it,” Ingram said after the game. “I mean, I do a lot of drills, it was just like practice so I wasn’t nervous I just took the shot and held

my follow through and it just happened to go in.”

Forced to turn around and play another elimination game immediately following their overtime win, Fort Riley eventually dropped its final game of the tournament, falling short against Fort Sill 80-66.

Overall, the team’s offense was paced by the strong play of Ingram and Hinton, who averaged 19.4 and 14.6 points per game respectively. Spc. Ronald Scott, 541st Combat Sustainment Support Battalion, 1st Inf. Div. Sust. Bde., also put up a strong performance throughout the weekend, averaging 12.8, with his best game coming in a 20-point effort in the overtime win against Fort Carson.

The depth of Fort Riley’s roster proved key throughout their conference tournament run, with multiple players providing necessary points off the bench.

“We really trusted each other and that’s all it really boiled down to,” said Spc. Devan Gregory, 2nd Battalion, 70th Armor Regiment, 2nd ABCT. “We just had to believe in each other and push through. We stayed together when we were down, we pulled through, we played together.”

Though coming home empty-handed, the team played well enough throughout the season and conference tournament to earn an at-large bid for the national tournament field, which was announced during a selection show April 24. The team’s first-round matchup will put them up against Fort Sam Houston, with tipoff set for 3 p.m. May 26 at Lackland’s Warhawk Fitness Center.

Patti Geistfeld | FORT RILEY PUBLIC AFFAIRS OFFICE
Fort Riley Post Basketball Team competed in the Central United States Basketball League Tournament April 21 to 23 at Wichita State University. Sgt 1st Class Bobby Ingram, 1st Infantry Division Sustainment Brigade seeks to score in the first game April 21 against Barksdale Air Force Base, Shreveport, Louisiana. Fort Riley went on to the game 92-79.

Annual fishing day introduces children to outdoors at Moon Lake

Story and photo by Alix Kunkle
1ST INF. DIV. POST

For some children on Fort Riley, April 22 was a day of no electronics, no Facebook and no distractions — except when their bobbers dipped underneath the water.

It was the annual Kids’ Fishing Day at Fort Riley, held at Moon Lake. The event — that has taken place for more than 12 years — was an opportunity for children 15 and younger to fish for free.

It’s a joint venture between Outdoor Recreation, the Fort Riley Outdoorsmen Group, the Directorate of Public Works Environmental Division, Directorate of Emergency Services and the Kansas Department of Wildlife, Parks and Tourism.

According to Steven Wahle, a fish and wildlife biologist technician with the DPW Environmental Division, the number one goal of the day is to get kids outside.

“It’s about getting the kids out with their families, and introducing them to the sport of fishing,” he said.

Wahle and several other volunteers were onhand Saturday to help families bait and



Sgt. 1st Class Ben Gloe, left, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division, helps his daughter, Lilah, reel in a catfish during the annual Kids’ Fishing Day April 22 at Moon Lake.

cast lines and even reel in fish. The hundreds of children fishing caught everything from bluegill to catfish, bass and everything in between.

“I’ve caught two catfish already,” Lilah Gloe, daughter of Alyssa and Sgt. 1st Class Ben Gloe, of 601st Aviation Support Battalion,

1st Combat Aviation Brigade, 1st Infantry Division, emphatically exclaimed at one point. Ben said it was the family’s first time fishing at Moon Lake.

“It’s a chance to get her more involved with other kids,” he said.

The family atmosphere is the one thing Wahle enjoys most from these events.

“To have the moms and the dads get the kids outside, and everybody’s taking part in something they haven’t tried before, it’s a lot of fun,” he said.

For some of the FROG volunteers, much of the fun centers around seeing different children enjoy the sport of fishing.

“I enjoy seeing the girls out here, and teaching them that they can fish and hunt,” said Robin Graham, a board member with FROG. Graham is also an attorney at the Office of the Staff Judge Advocate on Fort Riley.

She added she saw at least 10 fish caught in the first hour Saturday, though “there were some pretty big ones.”

And it didn’t take much for the fish to start biting.

“Just a simple worm on a hook,” Ben and Lilah Gloe said together.



COURTESY PHOTO

Capt. Brandon Carius, 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, demonstrates his fight-tonight readiness by running approximately 42 miles from Camp Hovey through Camp Casey, Dongducheon, to Yongsan, Seoul, South Korea, April 8.

‘Devil’ brigade Soldier runs for readiness

By Sgt. Dasol Choi
1ST ABCT PUBLIC AFFAIRS

CAMP HOVEY, South Korea — A Soldier within the 1st Infantry Division’s “Devil” brigade took a challenge to demonstrate his fight-tonight readiness by running about 42 miles from Camp Hovey through Camp Casey in Dongducheon, to Yongsan, Seoul, South Korea, April 8.

“As odd as it sounds, I personally love running because it is meditative, it helps me clear my head,” said Capt. Brandon Carius, a physician assistant from 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div. “But for this run specifically, it was another

way to challenge myself physically.”

To Carius, who has previously participated in several marathon events such as 20 regular marathons and nine ultra-marathons that included two 100-milers, three 50-milers and one 100-kilometer run, running 42 miles was feasible.

“Simultaneously, I also like to challenge myself to run distances, and when I thought about the distance between Camp Hovey and Yongsan, it honestly just seemed natural,” Carius said.

To maintain physical readiness and prepare for the 42-mile intercity run in South Korea, Carius had continued to run by himself on regular workdays.

“I normally do four runs per week, generally with three of them being 8 to 10 miles and the other one being 14 to 20 miles,” Carius said. “A few weeks ago, I did the Seoul Marathon in a time of 3 hours, 17 minutes, 29 seconds, which I think definitely helped me prepare as well.”

Before he took off running toward Seoul, Carius’s legs were taxed as he had just taken an Army physical fitness test and done a 12-mile ruck march. However, he tried to keep a steady pace while running.

The 42-mile run took 6 hours and 51 minutes for Carius to complete.

“Of course, at the end, my body felt drained, but then I got to eat and bounced back,” Carius said.

To Carius, not only did running challenge him physically, but also it allowed him to capture sceneries on the routes as he made steps toward Seoul.

“Running allows me to explore areas in a totally different way and see things from a completely different perspective,” Carius said. “Getting out and on a run is the best way to explore a new area for me. It was awesome to see all the culture and activities of the local people as I ran along their trails.”

“Doctor (Maj.) David Anderson, the brigade surgeon, and Doctor (Maj.) Joey Kamerath, a professional filler system provider from 1st Squadron, 4th Cavalry Regiment, 1st ABCT, were my support crew,” Carius said. “I couldn’t have done it without them.”

Run against sexual assault, prevention

By Sgt. Jin Nakamura
2ND ARMORED BRIGADE COMBAT TEAM

More than 3,000 Soldiers of the 2nd Armored Brigade Combat Team, 1st Infantry Division, commemorated Sexual Assault Awareness and Prevention Month by running the Dye Hard 5K run sponsored by the Sexual Harassment and Assault Response Prevention program April 10 at Fort Riley. “We want to make a strong statement against sexual assault and harassment, and have fun while supporting the program,” said Col. David Gardner, commander of the 2nd ABCT, 1st Inf. Div.

Soldiers crossed seven stations manned by each battalion’s SHARP and equal opportunity representatives who threw teal-colored dye in the air for the Soldiers to cross. Teal is the official color used for SAAPM.

“The Dye Hard run was an excellent event to promote something positive,” Gardner said. “More importantly, it demonstrated that those who do not act in accordance with Army values are in the extreme minority. The take away from the Dye Hard run was that the vast majority of the Soldiers in the brigade support the SHARP program.”

Ashley Tokoi and Staff Sgt. Bethany Guzman, the victim advocates for 2nd ABCT, began planning the event in December 2016 and enlisted the help of more than 75 Soldiers to execute it.

“We wanted to do something that has never done before at Fort Riley,” Guzman said. “To fight war at the frontline or being back home, we need to be Soldiers 24/7, building camaraderies and awareness is crucial in fighting any battle to include sexual harassment and assault. We wanted something original for our Soldiers.”

Sexual Awareness Assault Awareness and Prevention Month is observed every April.

“It shows how adaptive the Army is; I have been in the army for over 15 years and have never done anything like this,” said Staff Sgt. Mathew Tratz, an electronics warfare sergeant assigned to Headquarters and Headquarters Company, 299th Brigade Support Battalion, 2nd ABCT, 1st Inf. Div. “It’s good to do something that is not your usual cookie-cutter physical training.”



Sgt. Michael C. Roach | 19TH PAD

Soldiers of the 2nd Armored Brigade Combat Team, 1st Infantry Division, commemorated Sexual Assault Awareness and Prevention Month with the Dye Hard 5K Run April 10 on Custer Hill, Fort Riley, Kansas. The color run was dominated by teal, the official color of SAAPM. Stations supported by battalion Sexual Harassment and Assault Response Program teams lined the run route and were responsible for throwing the colored chalks onto the runners.

‘Big Red One’ Soldier fights through setbacks



Sgt. Anna Pongo | 19TH PAD

U.S. Army 1st Lt. Tyler Sutherland, aide to Brig. Gen. William Turner, deputy commanding general – support, Combined Joint Forces Land Component Command – Operation Inherent Resolve, punches focus mitts held by Commander Al Nekrews, chief of counter-improvised explosive device operations, CJFLCC-OIR, March 20 in Baghdad, Iraq. Nekrews is coaching Sutherland in boxing to enhance his mixed martial arts skillset. Both are deployed in support of Combined Joint Task Force – Operation Inherent Resolve, the global Coalition to defeat ISIS in Iraq and Syria.

By Spc. Derrik Tribbey
CJFLCC-OIR PUBLIC AFFAIRS

BAGHDAD, Iraq — In 2010, Tyler Sutherland, a cadet at the United States Military Academy at West Point, injured his arm during wrestling practice.

At that point, the future 1st Infantry Division Soldier’s college wrestling career was over. But for him, it was the beginning of a new path.

“It was freak (a) accident,” Sutherland said. “I looked at it as another challenge I would have to face head on, because, at the time, wrestling was a big part of my freshman year and who I had been up until that point.”

Sutherland said he grew up in the small town of Liberal, Kansas, and saw wrestling as an opportunity for him to go to college.

As a freshman, Sutherland held seven wins and one loss before his injury.

His coaching staff helped him reassess his priorities. “I decided I would push myself academically at West Point,” Sutherland said. “I started studying nuclear engineering as a sophomore because I thought it would be a tough but interesting degree. Now, I try to do the same in my Army career in all facets, whether it be militarily or athletically.”

Sutherland was stationed at Fort Riley after earning his degree. There, the combatives team coaching staff caught wind he had wrestling experience and invited him to join their team.

“I didn’t have a lot of experience other than what I did at cadet basic trainings,” Sutherland said. “But they welcomed me in and said they would take a college wrestler any day and they would teach me what I needed to learn as I go.”

After an eight-week training program, 1st Lt. Sutherland won the All Armed Forces Tournament in 2015 at Fort Bragg, North Carolina, in the 170-pound category.

“There were some amazing competitors,” Sutherland said. “Four of them fought professionally, whether it be kickboxing, boxing or jiu-jitsu, and three of them had professional mixed martial arts fights on their records. I had stiff competition, but I did well and it motivated me.”

Sutherland has continued to work out religiously ever since. His mentors back at Fort Riley spurred him to learn more about mixed martial arts.

However, Sutherland thought his training cycle would come to a halt when he learned about his deployment to Iraq, where he serves as

the aide to Brig. Gen. William Turner, deputy commanding general of support with the Combined Joint Forces Land Component Command - Operation Inherent Resolve.

“I imagined that it would be nine months of not being able to train and not being able to sharpen my skills to enhance my toolkit as a fighter,” Sutherland said. “But I found Commander Nekrews.”

Commander Al Nekrews, chief of counter-improvised explosive device operations, CJFLCC-OIR, grew up in Manchester, England. From there he joined the Royal Navy.

Since the beginning of his military career, Nekrews has been involved in training fighters.

“I was the Navy boxing team manager,” Nekrews said. “We had national champions, and a high level of boxers.”

One day, while speaking with Turner, Nekrews mentioned that he was an experienced boxing trainer. Turner told him about Sutherland and Nekrews leapt at the opportunity to bring his expertise to train a fighter within the Coalition.

“I met with Tyler,” Nekrews said. “He wanted a boxing coach and it was a refresher for me and a break from the norm.”

Their training is certainly no break, however, because Nekrews pushes Sutherland as hard as he can.

“We will go for as little as 30 minutes to an hour at least two to three times a week,” Sutherland said.

Nekrews described Sutherland as a natural, fit, strong and a quick learner.

“I really took him back to basics with his technique on (punches),” Nekrews said. “I want him to develop that into firm combinations and we are working that with his foot work, his body positions, his defensive positions and postures.”

Sutherland said he has been fortunate as a result because of Nekrews’ knowledge level and they both share a passion for the fighting world.

“This is one of the only types of environments where you’re going to get teamwork on an international level,” Sutherland said. “I have access to someone who has a different perspective on how boxing should be done.”

Sutherland described their relationship as a bond on top of a bond.

“Anytime you have people from different nations not only working toward military goals, but bonding in other ways, you’re making relations between other countries stronger,” Sutherland said.

In the future, Sutherland said he wants to have four or five amateur mixed martial arts fights before he goes into the professional circuit.





TEE OFF

A golf ball rests on a tee at the women's tee box on hole 14 at Stagg Hill Golf Club in Manhattan, Kansas. Stagg Hill Golf Club is an 18-hole course where golfers have the option to play nine or 18 holes. It also has a driving range to perfect that swing.

Story and photos by Maria Childs
1ST INF. DIV. POST

Spending more time outdoors is a common activity when the weather begins to warm up. In Kansas there are miles of green grass and fairways to play golf on.

Although Fort Riley no longer has a golf course, the driving range is open 24/7 and provides a location for some practice swings. It is located on Normandy Drive near the Outdoor Recreation Center.

In Junction City, Rolling Meadows Golf Course features an 18-hole course. The course is at 6514 Old Milford Road off Highway 77. Golf instruction with Professional Golfers' Association of America master instructor John Bernstein is available by appointment. To schedule a lesson or to find out more information,

call 785-238-4303. For more information about Rolling Meadows, visit www.jcrollingmeadows.com/.

In Manhattan, there are three courses open to the public, including Colbert Hills Golf Course, Wildcat Creek Golf & Fitness and Stagg Hill Golf Club.

Colbert Hills is located at 5200 Colbert Hills Drive and has an 18-hole championship course and a nine-hole course. It also has a driving range and staff who offer lessons. Colbert Hills is also home to a restaurant overlooking the course. For more information, visit <http://colberthills.com/>.

Wildcat Creek, 300 Anneberg Circle, is an option for families as it has a mini-golf course for kids and adults who are not as inclined to play the larger courses, as well as many other activities in the park including footgolf, a combination of golf

and soccer, and batting cages. It is also home to a nine-hole course. For more information, visit www.wildcatcreekfun.com/.

Stagg Hill Golf Club is an 18-hole course where golfers have the option to play nine or 18 holes. It also has a driving range to perfect that swing. Stagg Hill is 11 miles east of Fort Riley on Stagg Hill Road. For more information, visit stagghillgolfclub.com/.

Great Life Golf and Fitness in Abilene is one of many courses that belong to a larger organization. Members of Great Life Golf and Fitness receive discounts when playing at other eligible courses in the state including a course in Salina and Hutchinson. For more information about Great Life visit www.greatlifegolf.com/ and for more information about the Abilene course, call 785-263-3811.

ABOVE AND RIGHT: Stagg Hill Golf Club in Manhattan, Kansas, is an 18-hole course that gives golfers the option to play 9 or 18 holes. It also has a driving range to perfect that swing.



LEFT: A resident of Manhattan, Kansas, putts the ball in at hole 14 at Stagg Hill Golf Club in Manhattan, Kansas. Stagg Hill is an 18 hole regulation course. The average length from the middle tees is 6,427 yards and plays to a par 72. RIGHT: A resident of Manhattan, Kansas, hits off the fairway onto the green at hole 18 at Stagg Hill Golf Club in Manhattan, Kansas. The average length from the middle tees is 6,427 yards and plays to a par 72. The course features tree-lined fairways, one par 3 hole over water, and sand traps sprinkled on several holes. The golf course sits along the Kansas River.