



# KUKA'ILIMOKU

154th WING HAWAII AIR NATIONAL GUARD | JOINT BASE PEARL HARBOR-HICKAM

## HIANG AND NYANG TEAM UP FOR NASA RESCUE TRIALS





# Inside KUKA'ILIMOKU

APRIL  
2017

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## Kuka'ilimoku SUBMISSIONS

### Articles:

- Articles range from 200 to 2,000 words. All articles should be accompanied by multiple high-resolution images.
- Include first names, last names and military ranks. Always verify spelling.
- Spell out acronyms, abbreviations and full unit designations on first reference.

### Photographs:

- Highest resolution possible: MB files, not KB.
- No retouched photos, no special effects.
- Include the photographer's name and rank, and a caption: what is happening in the photo, who is pictured and the date and location.

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## Message from COMMAND

# THE IMPORTANCE OF FEEDBACK

by Col **Christopher Jarratt**  
*Commander, 154th Mission Support Group*

**A**s the new 154th Mission Support Group Commander, I am constantly reminded how much of an honor it is to serve our state and nation alongside such an amazing group of airmen. The missions we accomplish together are remarkable, and I am proud to be a part of the team. Whether we are safely launching sorties for Sentry Aloha, preparing for the next Command Cyber Readiness Inspection, or facilitating dozens of Physical Assessments each drill weekend, our individual contributions add up to something pretty inspirational, projecting airpower throughout the globe and defending our families at home.

To be successful at what we do and to use our resources efficiently, we owe it to each other and the future of the HIANG to constantly be looking for ways to improve our processes and our organizations. However, this can't happen unless we ensure regular and accurate feedback is both given and received. In the military, we often focus on the importance of giving feedback, but it is a two-way street. Leaders and supervisors at all levels owe it to their airmen to ensure a mechanism exists enabling troops of all stripes

to make suggestions without fear of reprisal. No commander, superintendent, or NCOIC has all of the answers. We should be eager to hear from as many voices as possible so that we make better decisions...together.

Ask yourself "When was the last time one of my airmen told me I was doing something wrong?" If that isn't happening...you might have a problem.

Even if no one is saying there's a problem, I guarantee someone is thinking it. Without honest feedback, we are walking blind. Yes, we may have some successes on our own, but they will be accidental at best.

Instead, find a way to institutionalize a feedback loop within your shop, flight, squadron, or group to make sure that all voices have an opportunity to be heard. There are many ways to do this, including small-group town halls, establishing a regular meeting with the Enlisted Advisory Council representatives, or placing suggestion boxes throughout your work spaces. Ideally, we create opportunities for the newest, most junior members

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**Leaders and supervisors at all levels owe it to their airmen to ensure a mechanism exists where troops of all stripes have the ability to make suggestions without fear of reprisal or humiliation.**

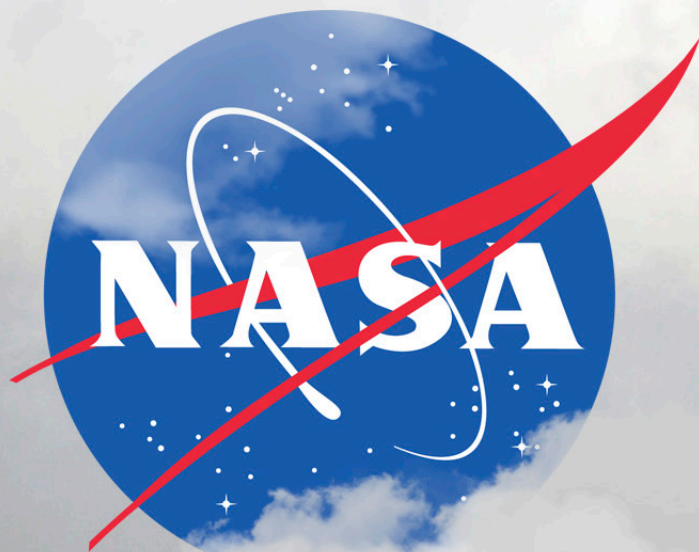
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of the organization to speak up and be heard. I've found they often develop the most creative solutions to some of the most persistent problems.

Thank you for what you do every day to make the 154th Wing a better place to work and serve. Despite all of the challenges and obstacles we face, we continue to excel.











# HIANG AND NYANG TEAM UP FOR NASA RESCUE TRIALS

by **Senior Airman ORLANDO CORPUZ**,  
*154th Wing Public Affairs Staff*  
Photos by **Capt. MICHAEL O'HAGAN**  
**Staff Sgt. CHRIS MUNCY**,  
*103rd Rescue Squadron Public Affairs*

04/01/2017 - **JOINT BASE PEARL HARBOR-HICKAM, Hawaii** -- The Hawaii Air National Guard joins the New York Air National Guard to support a joint NASA and Department of Defense mission here Feb. 27 to March 10.

The HIANG's 204th Airlift Squadron members and NYANG's 106th Rescue Wing and 103rd Rescue Squadron joined forces to simulate and evaluate the recovery techniques and recovery equipment for NASA's future manned spacecraft, Orion.



According to NASA, Orion will serve as the exploration vehicle to carry aircrews into space—taking humans farther than they have ever gone—provide emergency abort capability, sustain the crew during space travel, and provide safe re-entry.

Planned by NASA and the Human Space Flight Support Office, the simulation mission begins when the 204th AS aircrew takes off in a C-17 Globemaster III from Joint Base Pearl Harbor-Hickam loaded with

the specialized pararescue boats and equipment. They touchdown on Kaneohe Marine Corps Base, pick up the pararescue airmen, commonly referred to as PJs, from the NYANG 103rd Rescue Squadron and return to flight.

The main goal of the simulation is to test the efficacy of delivering the NASA geared PJ boats and the PJs to a specific location.

“The major objective is to figure out how we get that stuff into that boat and make it fly out of the plane

and land on the target appropriately,” said Brent Maney with the Human Space Flight Support Office.

The C-17 Globemaster III aircrew reaches the designated area and airdrops the PJs, who are trained to rescue downed aviators from land and/or water environments, with their equipment at the simulated Orion location in the waters off the shores of Kaneohe.

It is like riding a bike for the New York units as the Hawaii mission signifies a return to manned space





flight mission support like those they performed during NASA's Space Shuttle Program.

"It's great to be here making history with NASA returning to the manned space program," said Lt. Col. Kerry McCauley, commander 103rd Rescue Squadron. "We are excited to be part of it, to build the tactics, techniques and procedures that are going to return us to manned spaceflight personnel rescue in the future."

The complexity of the

”

**It's great to be here  
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manned space program.**

**We are excited  
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”

*- Lt. Col. Kerry McCauley,  
Commander of the  
103rd Rescue Squadron*

events require a high level of communication.

"There are a lot of moving parts in these types of exercises, everyone involved was extremely flexible and professional," Maj. Britt Komine, with the 204th AS, said. "This was a great example of inter-agency cooperation and coordination."

"It's the first time we have ever done it [recovery simulation] air dropping [the personnel and equipment.] Because of its [Orion]





size and weight, we need to see how it handles,” said Maney.

When the Orion returns to earth, the crew module will splash down in the ocean, and just as simulated in Kaneohe Bay, the recovery of the manned Orion spacecraft will involve dropping U.S. Air Force PJs from an airborne platform in the location of the crew module.

“As NASA continues to develop its manned space exploration capabilities, a big piece of that capability is the recovery

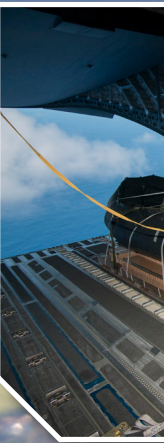
of the astronauts when they return to earth,” Komine said. “The Air Force could be called upon for the recovery of anyone in the capsule at any time during the ascent and decent to or from space.”

For Komine, the operation is a validation of the 204th’s development of the relatively new air drop capability.

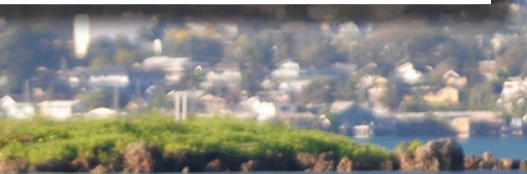
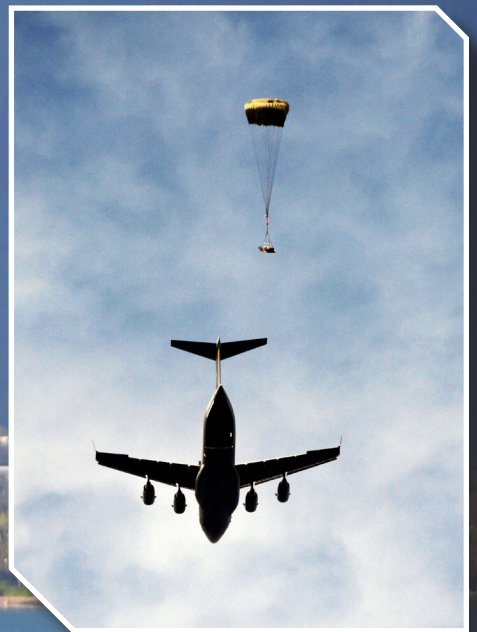
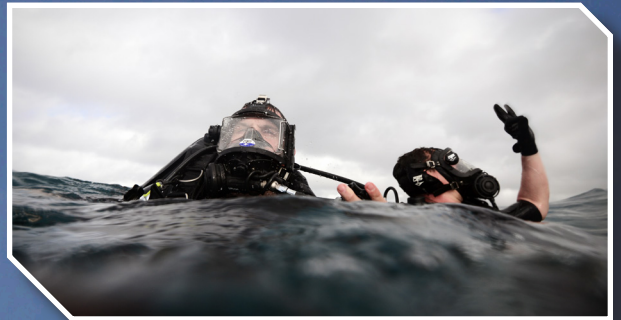
“When we [204th AS] set off to develop the airdrop capability, it was missions such as these that we envisioned we would one day be supporting,” Komine said.

**“THERE ARE A LOT OF MOVING PARTS IN THESE TYPES OF EXERISES, EVERYONE INVOLVED WAS EXTREMELY FLEXIBLE AND PROFESSIONAL. THIS WAS A GREAT EXAMPLE OF INTER-AGENCY COOPERATION AND COORDINATION.”**

**- MAJ. BRITT KOMINE, 204TH AIRLIFT SQUADRON**









# KNOCK OUT THAT CCAF DEGREE!



**A**irmen who are diligently focusing on completing their Community College of the Air Force Undergraduate requirements should not stop now. There is still time to enroll in the Undergraduate CCAF General Education Category Spring Accelerated Classes.

Enrollments are low said the 647th Force Support Squadron/Force Development Flight education staff. Currently none of the below listed classes have enough students registered to ensure the class is held. Without the proper number of

students, the courses will have to be cancelled.

If tuition funds or lack of funds is the problem, Tuition Assistance may be the answer. Members on active duty or on active duty orders are required to attend an annual Education Briefing to receive Tuition Assistance. The 647th FSS/FDE conducts the education briefings every Tuesday and Thursday in Hangar 2 at 1:30 p.m. Just drop in, no appointments are necessary.

So no excuses, get back in the ring and knock those classes out.

## Hurry Now!

The dates for Spring Accelerated semester classes are **April 3 - June 12, 2017.**

Below are some classes available for registration:



**Written Communication**  
TUE/FRI 1700-2115  
5 week class

**ENG**  
100



**College Algebra**  
TUE/FRI 1700-2115  
5 week class

**MATH**  
103



**Writing Term Papers**  
Can sub for SP 151  
TUE 1700-2115

**ENG**  
210



**Survey of Psychology**  
WED 1700-2115

**PSY**  
100



**Oral Communication**  
MON/WED 1700-2115 and a  
lunchtime hybrid M/W/F class.  
Both are 5 week classes.

**SP**  
151



**Intro to World Major Religions**  
FRI 1700-2115  
No book required

**REL**  
150

COMMUNITY COLLEGE  
OF THE AIR FORCE

Interested Airmen can contact/email the 647 FSS Education Staff via their org acct at [647fss.fsde@us.af.mil](mailto:647fss.fsde@us.af.mil) or [mailto:647fss.fsde@us.af.mil](mailto:mailto:647fss.fsde@us.af.mil).



# Month of the Military Child APRIL



**A**pril is designated as the Month of the Military Child underscoring the important role military children play in the armed forces community. Sponsored by the Department of Defense Military Community and Family Policy, the Month of the Military Child is a time to applaud military members and their children for the daily sacrifice they make and the challenges they overcome.

Mr. Weinberger established the Defense Department commemoration in 1986 to underscore the important role children play in the Armed Force's community. Numerous events ranging from picnics and parades to recreational fairs and fun festivals are held – all to recognize and applaud military members' children for the daily sacrifices they make in supporting America's military.

Department of Defense Education Activity or DoDEA, joins the Department of Defense and the military community in celebrating April as the Month of the Military Child. In

DoDEA communities around the world, the most essential strategic imperatives are: establishing an educational system that progressively builds the college and career readiness of all DoDEA students, and establishing the organizational capacity to operate more effectively and efficiently as a model unified school system. The aim is to challenge each student to maximize his or her potential and to excel academically, socially, emotionally and physically for life, college and career readiness.

Throughout the month, DoDEA will encourage schools to plan special events to honor military children and to have administrators and principals incorporate the themes of this month into their everyday duties and responsibilities. The importance of providing children with quality services and support to help them succeed in the mobile military lifestyle will be stressed.

To find out about Joint Base Pearl Harbor-Hickam events that are happening during the month, check out your MWR Great Life Hawaii: <http://www.greatlifehawaii.com/>.

## PURPLE UP! FOR MILITARY KIDS



**PURPLE UP!**  
for military kids

“Purple Up! For Military Kids” will be celebrated across DoDEA on April 21. This is a day for DoDEA Communities to wear purple to show support and thank military children for their strength and sacrifice.

Purple symbolizes the combined colors of all branches of the military—Army green, Coast Guard blue, Air Force blue, Marine red, and Navy blue.

Share a photo and caption of your local celebrations on the DoDEA Facebook page. <https://www.facebook.com/dodea.edu/>



# PEARL MICRO

*PEARL microgrid project demonstrates new*

by **Holly Jordan**

*Air Force Research Laboratory*



02/27/2017 - **JOINT BASE PEARL HARBOR-HICKAM, Hawaii** – The Air Force Research Laboratory is leading the way for resilient, cleaner, and cost-competitive energy solutions for military installations.

AFRL's Advanced Power Technology Office and the Hawaii Center for Advanced Transportation Technologies have initiated the design of the Pacific Energy Assurance and Resiliency Laboratory, or (PEARL), a renewable energy microgrid laboratory that is part of an ongoing effort to demonstrate new ways military facilities can address

energy needs.

A microgrid is a small, independently-sourced power system. Although attached to the main power grid, the microgrid can work independently if necessary, providing a source of electricity if needed without reliance on the main energy supply.

PEARL will allow researchers to evaluate renewable energy generation, storage, and control technologies by demonstrating new variances of hydrogen fuel cell, gasification/waste-to-energy, and wind turbine technologies, in addition to new battery and photovoltaic (solar) systems.

Mission assurance and cybersecurity are also critical facets of the project.

Under a cooperative agreement with AFRL, HCATT awarded a \$1.5 million contract to Kansas City-based architect and engineering firm Burns & McDonnell to begin initial design efforts on the PEARL project, located at Joint Base Pearl Harbor-Hickam, Hawaii. Key project partners, including HCATT, AFRL, Hawaii Air National Guard, the National Guard Bureau, Air Force Civil Engineering Center, MilTech, and Naval Facilities Engineering Command Hawaii, recently joined in the



# GRID PROJECT

*new possibilities in military energy resiliency*



design proposal review for the first of six planned microgrids. The grids intend to meet Air Force energy assurance and resiliency objectives for the HIANG 154th Wing.

“Microgrids are an important piece of the energy puzzle in terms of providing secure and reliable energy for DoD installations,” said Kevin Spitzer, the AFRL program manager. “They provide a measure of energy assurance to guard against natural disaster, cyber threats, and disruptions in power, helping to ensure continued operations.”

”

**Microgrids are an  
important piece of the  
energy puzzle in terms  
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installations**

”

The Air Force is increasing its focus on microgrid technologies in an effort to achieve new levels of energy resiliency for military installations. Spitzer says microgrids such as PEARL support the Air Force’s overarching energy goals to improve resiliency, optimize demand, and ensure supply. Additionally, they can help reduce fossil fuel use, minimize solid waste, and lower greenhouse gas emissions associated with military operations.

The PEARL project also complements the State of Hawaii’s mandated transition to 100 percent renewable energy by 2045.





**Front**



**Back**



First Hawaiian Bank

## 32<sup>nd</sup> Annual Troy Barboza Law Enforcement Torch Run June 2, 2017

### Run & Walk Details:

- 7:15pm Run (3.2 Miles) begins at Fort DeRussy
- 7:30pm Walk (1 Mile) begins at Kapahulu First Hawaiian Bank Branch
- 8:00pm Runners & Walkers enter Les Murakami Stadium

**FREE Papa John's pizza and refreshments at the stadium.**

### Parking Information:

- Free Parking from 4pm at UH Manoa-lower campus
- Shuttle for runners and walkers start at 4:30pm. Last shuttle leaves at 6:30pm
- Shuttles are located across the parking structure, in front of the T.C Ching Athletics Complex. Signage will designate the shuttle pick up area.



**\*PLEASE REMEMBER THERE IS NO SHUTTLE  
RETURNING TO FT. DERUSSY  
FOLLOWING THE RUN.**



# PRDA

## PERSONNEL RECORDS DISPLAY APPLICATION

by **2nd Lt. Shaun Kawakami**,  
Force Support Squadron Customer Support

**U**pon entering the military, the stack of military documents a member will acquire throughout a career begins. For example, an enlistment is documented on DD Form 4. In other words, everyone in the military should have a DD Form 4. A new DD Form 4 is issued with every re-enlistment or an AF 1411 is issued to document an extension.

U.S. Air Force members in grades of E-1 to E-4, receive an AF 2096 with every promotion. These documents along with many others, make up what is called a UPRG, which is kept electronically in the Personnel Records Display Application.

PRDA can be accessed through the AF Portal or the myPers website. It is important to keep copies of personal documents from PRDA as they are the documents needed to prove service. These documents are essential for separation as they

verify and provide the proof certain agencies need to verify eligibility for benefits and entitlements.

It is highly recommended that members visit PRDA at least twice a year to ensure all military records have been properly uploaded into the system and are up to date. Making a personal copy of the entire personnel file record at least once a year and especially before separating from the Hawaii Air National Guard is essential to ensuring proper career documentation. For a complete listing of what documents should be in the UPRG/PRDA, check the e-records guide on the myPers website or seek assistance from the unit command support staff.

Here is the website for PRDA:

<https://www.my.af.mil/afpc2w45/AFPCSecureNet40/Portal/direct.aspx?id=108>



### 154 FSS Hours of Operation

Tuesday-Friday 0900-1500  
Saturday RSD 0800-1200  
Sunday RSD 0800-1500



### CAC ISSUANCE:

Tuesday and Thursday  
0900-1200  
You can also make  
appointments at other  
RAPIDS/DEERS sites:



### 154 FSS SHAREPOINT:

<https://cs3.eis.af.mil/sites/OO-DP-AN-43/default.aspx>







# ANG GRADUATES FIRST CLASS FROM CYBER SKILLS VALIDATION COURSE

by **Staff Sgt. JOHN E. MILLER**,  
Air National Guard Public Affairs,  
LITTLE ROCK AFB, Ark.

**LT. GEN. L. SCOTT RICE, DIRECTOR OF THE AIR NATIONAL GUARD, DELIVERS REMARKS DURING A GRADUATION CEREMONY FOR THE FIRST CLASS OF THE AIR FORCE'S CYBER SKILLS VALIDATION COURSE HELD MARCH 29, 2017, AT LITTLE ROCK AIR FORCE BASE, ARKANSAS. THE COURSE IS DESIGNED TO TAKE ANG AIRMEN WITH PREEXISTING CYBER SKILLS AND ACCELERATE THEIR TRAINING IN THE CYBER WARFARE CAREER FIELD. (U.S. AIR NATIONAL GUARD PHOTO BY MASTER SGT. MARVIN R. PRESTON)**

LITTLE ROCK AFB, Ark. -- The Air National Guard and Air Force Space Command graduated the first class from the Cyber Skills Validation Course during a ceremony held March 29 at Little Rock Air Force Base, Arkansas.

The 20 Airmen in this class represent the leading edge of a concerted Air Force effort to train and develop the Airmen needed to fulfill future cyber missions.

The Cyber Skills Validation Course is designed to tap into the wealth of skill that reserve component Airmen already possess through their civilian careers, and turn them into the mission-capable troops in high demand by state and national leaders.

"This course builds on the knowledge, skills and ability students have previously learned and validates that they have what it takes to serve in the cyber warfare career field," said Capt. Scott Anderson, 189th Operations Group Detachment

1 director of operations. "We are very proud of the students, and we have the utmost confidence in our graduates being successful."

The seven week long course consists of training in several critical mission areas, including digital forensics, industrial control systems and vulnerability assessments – curriculum the formal technical training course covers over seven months.

"I want to be able to take a cyber warrior out of any technology company, put them into our work force and validate the skills they already have," said Director of the Air National Guard, Lt. Gen. L. Scott Rice. "I also want to be able to take young Airmen just joining the Guard and make them cyber warriors from day one. We should be able to adapt to both ends of that spectrum; we're innovative. We're Airmen. And that's why I'm so excited to be able to look these Airmen in the eye, present their cyber wings, and say "Thanks for stepping up to the challenge."

Placing the course in the care of the 189th Airlift Wing, based at Little Rock AFB, made financial sense for the Air Force.

"The ANG had an existing secure facility, which made it the perfect location for a cyber mission," said Anderson. "Additionally, with the infrastructure on Little Rock Air Force Base and its long history of training, it made perfect sense."

The ANG anticipates it will graduate 60 Airmen from the course in Fiscal Year 2017. The number of graduates is expected to increase to 80 per year beginning in 2018. Following the CSVC, Airmen go on to Initial Qualification Training and Mission Qualification Training courses.





A full-page promotional poster for the Spartan Race. The background is a photograph of a male triathlete in mid-air, performing a hurdle jump over a log. He is wearing a black Spartan Race singlet, olive green shorts, and a black headband with 'SPARTAN 6012' on it. He has extensive tattoos on his arms and is wearing black gloves and knee pads. In the background, other participants and spectators are visible, along with 'CLIF' banners. A large red diagonal banner on the left side contains white text. At the bottom, there is a black bar with logos for the Spartan Race, the U.S. Army, the Army Medical Department Center of Excellence, and the U.S. Army Military and Family Relief Program.

**HELP US HIT  
2500**

pre-registrants  
by July 17th  
to bring the  
Spartan Race to  
Schofield Barracks.  
Cost is \$0 to register.

Open to the public.  
with a valid ID

**SIGN UP TODAY!**

**[himwr.com/spartan](http://himwr.com/spartan)**





# GOT FAMILY TIES?

**A**loha HIANG Ohana! Do you have family members who serve in the Air Guard, active Air Force or Air Force Reserves? Then we want to hear from you. We would like to hear from any of our HIANG airman with family in our Air Force services. No story is too big or too small.

The 154th Wing Public Affairs Office is looking for stories from Air Guard members who serve in the military alongside other family members. We are especially interested in sharing stories from members who serve or have served in our Air Force services, but contact us nonetheless. We're looking to hear from married couples, brothers and sisters in arms, moms, dads, uncles or aunties who also serve. We encourage you to share especially if you have family members who have retired from the HIANG or other Air Force services.

Make your mark in HIANG history and be a part of our quarterly "Family Ties"

series. If you're asking yourself, "What is the Family Ties series?" please take a look at our December 2016 KuKa'ilimoku for the first edition of the series. That edition featured the Souza Ohana that has four sisters who serve in the HIANG, and the Faurot Ohana which has three brothers and one son who serve.

Don't be shy, every story is valuable and might inspire others. We know there are many of our HIANG members serving alongside other family members.

Please get in touch with us to share your stories. We want to make memorable moments and share your great stories with your fellow HIANG Airmen. Keep in mind, it's easier for you to find us than for us to find you, so don't hesitate. Please send an email to [154WG.PA.PublicAffairs@us.af.mil](mailto:154WG.PA.PublicAffairs@us.af.mil). (Please put "HIANG FAMILY TIES" in the subject line)





# DO NOT SHARE TOO MUCH ON SOCIAL MEDIA

by **Senior Airman Jasper Green**,  
154th Communications Squadron

If you want to keep your privacy, share as little information as possible on social media. You should not share information like your birth date, email address, or your phone number on your profile. The people who need to know your personal information probably know it. Do not completely fill out your social media profile, only provide the minimum required information. Furthermore, check your social media settings to allow only people you know to see your activities or engage in your conversations.


The more personal information you share online, the easier it is for someone to create a

profile about you and take advantage of you offline.

Have you ever forgotten the username and password for an online account? Security questions like, "What is your mother's maiden name?" or "In what city were you born?" are supposed to help keep your account safe from intruders. However, anyone who wants to access your accounts can search for the answers on the Internet. You can answer these questions with false information, as long as you can remember the false answers. If you have trouble remembering the answers you provided on the account validation questions, you can use password manager to manage them for you.







# Sexual Assault Awareness and Prevention Month

by **G. ADRIAN REMINGTON**,  
HIANG SAPR Program Manager

**O**ver the past year, the Sexual Assault Prevention and Response Program—SAPR Program Manager has been settling into the new responsibilities and requirements. The Hawaii National Guard leadership provides incredible support. An unwavering support system exists at the highest ranks for survivors of sexual assault. The days of letting offenses go unnoticed or ignored are gone.

Great strides have been taken to create and maintain positive relationships with support services and affiliates throughout Hawaii. Collaborating with civilian support agencies and other DoD SAPR offices increases the pool of resources available to all Guard members, and it helps spread the word that support for survivors is

stronger and more available than ever.

As Sexual Assault Awareness and Prevention Month kicks off, there are many opportunities for interested members to participate in various activities designed to support individuals affected by sexual assault.

Below is a calendar of DoD and civilian events that are happening across Hawaii during Sexual Assault Awareness and Prevention Month.

Hawaii National Guard SAPR  
HING SAPR line 1-888-SAPR (7277)-101  
HIANG SARC Cell 808-383-7550

<https://hawaiiuardohana.org/sexual-assault-prevention-and-response.php>

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31 15 WG Proclamation @ SAPRO	1
2	3	4 Teal Tuesday	5	6 SAPR Tables @ BX/Cmsry	7 Single Airmen (E4 and below) Resiliency Retreat @ Bellows	8
9	10	11 Teal Tuesday	12	13 Anne Munch: Leaders' Summit and SARC/VA Training @ Theater	14 Anne Munch: First Responders Summit @ Theater	15
16	17	18 Teal Tuesday	19 Mayoral/ City Council Proclamation @ Honolulu Hale	20 SAPR Tables @ BX/Cmsry	21 Plant for Change Earth Day Event; Glow for Awareness Fun Run	22
23	24	25 Teal Tuesday	26	27 SAPR Tables @ BX/Cmsry	28 Beach Bash Finale	29
30	12	13 Teal Tuesday	34		5	6



# DETACHMENT 1, HQ 154TH MEDICAL GROUP

## MISSION:

To provide immediate Chemical, Biological, Radiological, Nuclear and Explosives (CBRNE) incident response capabilities to the governor in support of civil authorities during either natural or man-made disasters including: incident site search of collapsed buildings and structures, conducting rescue tasks to extract trapped casualties, providing mass decontamination, performing medical triage and initial treatment to stabilize patients for transport to medical facilities by the Incident Commander, and the recovery of CBRN incident fatalities.<sup>1</sup> Our mission is designed to fill the 72 hour gap before assistance from national agencies can be mobilized.

## LOCATION:

Wheeler Army Airfield

## COOL FACT 1:

Comprised of drill status medical professionals, a large number of fire fighters, police and emergency medical services workers; capability enhanced using experienced and qualified personnel

## COOL FACT 2:

Hybrid Civ-Mil unit. Works closely with interagency partners like State of Hawaii Department of Health and Hawaii Army National Guard

## COOL FACT 3:

Six hour mobilization window; required to always be prepositioned to respond to alerts.

## COOL FACT 4:

Emerging missions include: Theater Support Cooperation with Global Health Engagements and State Partnership Program, Community Disaster Response Capacity Building, and growing field of Domestic Operations

## BRIEF HISTORY:

Det 1 is comprised of personnel formerly assigned to the 154th Medical Group. November 2015, the detachment was stood up as its own separate unit with the mission of providing emergency medical support as part of the NGB CBRNE Response Enterprise. Since being stood up, it has been utilized as part of the state alert capability for natural disasters, national events like Pearl Harbor day, and it has provided augmentation to other CBRNE Enhanced Response Force Packages (CERFPs) nationwide. In 2016, Forward Assistance Support Team (FAST) was awarded the Launa Ole Award for the Winning Team based on the support the FAST provided to the Drill Status Guardsmen members and HIANG in 2016.



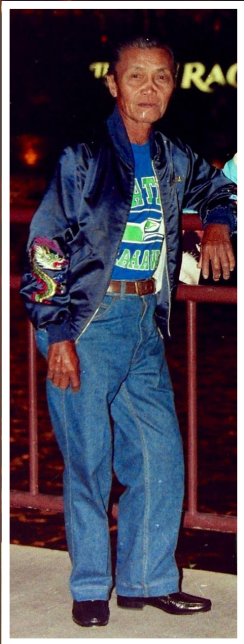


***“The mission is accomplished by utilizing Hawaii Air National Guard medical professionals and support staff working together in specialized teams. We pledge to consistently uphold the highest standards of military medical professionalism, ethics and the U.S. Air Force core principles.”***

Commander:  
Lt. Col. James Faumuina









# JORDAN CARINIO

*Technical Sergeant*

## WHEN DID YOU JOIN THE HIANG?

**I** joined in May of 2000, right after I graduated from High School

## WHAT DO YOU DO FOR THE HIANG?

**I**'m currently a Biomedical Equipment Technician (BMET) in the 154th Medical Group. I'm also a member of FAST (Forward Assistance Support Team) with the Detachment 1, 154 MDG. We are primarily responsible for installation, inspections, repairs, and modifications of biomedical equipment, supplies, formulary, vehicles and other support systems for the detachment.

Prior to joining the medical group I was an Aircraft Electrical and Environmental Systems Technician on the F-15 aircraft in 154th Maintenance Squadron.

## EXPLAIN WHAT'S THE MOST ENJOYABLE PART OF YOUR JOB WITH THE HIANG?

**T**he most enjoyable part of my job is getting paid for the work I do. I'm very fortunate to have an outstanding team (FAST) that I work with while on orders supporting the CERF-P mission. During UTA I enjoy teaching & training the younger/newer members about our mission and seeing them develop their skills and relationships in the military.

## EXPLAIN WHY YOUR JOB IS IMPORTANT TO THE HIANG?

**M**y job is important because, until now, I was the only BMET for the HIANG. I maintain, inspect, calibrate, repair, and modify all medical equipment in the Medical Group and all medical and most non-medical equipment in the CERF-P medical operations. We now have another airmen who is newly trained as a BMET so

it's important for me to share with him all the knowledge I learned in this career field and the skills that go along with it.

## DESCRIBE YOUR OHANA.

**I** am the first generation to be born in the USA. My grandfather on my mom's side was the first one to come to Hawaii from the Philippines in the 1920s. My grandfather on my dad's side arrived in Hawaii sometime in the 60s. My Dad (Marcos Jr.) retired from the military after 32 years of service to the USA. He still works in civil service at Pearl Harbor Shipyard. My mom (Thelma) retired from Civil Service in 2015. I have two younger sisters who are both living in the mainland.

My wife Prima and I met at Sheppard AFB, TX and got married in 2008. She separated from Active Duty Air Force in 2015 and is using her GI Bill to get her degrees in Health Care Administration and a Masters in Nursing. We adopted a furry baby named Pulu. He is a 7 year old Pug-Shih Tzu.

## WHAT DO YOU LIKE TO DO FOR FUN?

**I** enjoy barbecuing on my Weber charcoal grill, home vegetable gardening, and being at the beach with my Wife and Pulu. I also like to snowboard and learn different things from people who are passionate about what they are teaching.

## DESCRIBE SOMETHING ABOUT YOURSELF THAT MOST PEOPLE DON'T KNOW ABOUT YOU.

**M**ost people don't know that I've been in the military for 17 Years.

## WHAT ARE YOUR SHORT TERM AND LONG TERM GOALS?

### *Short term goals:*

#### **Military:**

1. Master Sergeant promotion
2. Senior NCO Academy
3. CCAF Degree

#### **Civilian:**

1. Finish the back-yard retaining wall, landscape and irrigation
2. Build a storage shed for yard tools and equipment
3. Re-enroll to college

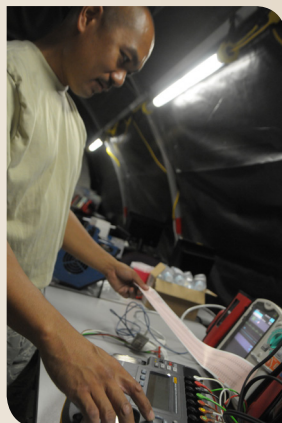
### *Long term Goals:*

#### **Military:**

1. New facility for CERFP
2. Hire another BMET
3. Retire from the military

#### **Civilian:**

1. Bachelor degree in engineering
2. Have a Civilian Job in the health-care industry
3. Have Children
4. Pay off my house





# *The HIANG bids a fond Aloha to* **Chief Master Sgt. Yoda!**

The Hawaii Air National Guard says aloha to one of its longest serving airmen during a Retirement Ceremony held on Wheeler Army Air Field, March 5.

After 41 years of service, Chief Master Sgt. Kelvin K. Yoda, 169th Air Defense Squadron, bid adieu to the HIANG. Chief Master Sgt. Yoda served six years with the U.S. Navy and 35 years with the HIANG.

Chief Yoda's wife, parents, siblings, and other family

members along with friends and HIANG distinguished guests attended the ceremony to wish Chief Yoda a fond aloha and mahalo.

As Chief Master Sgt. Yoda closes the door on his career, the door opens to welcome two HIANG members to the rank of Chief Master Sgt., Chief Master Sgt. Edward M. Tang and Chief Master Sgt. Lee C. Sonomura (see our March 2017 Kukai'ilimoku).







# **The Hawaii National Guard Enlisted Association (HNGEA) is now accepting Scholarship Applications for 2017!**



## **Who's Eligible to Apply?**

**All Active HNGEA Life members, Active HNGEA members, their dependent spouse or child/children. Scholarship Amount...no less than \$500 per recipient. This is YOUR benefit, so don't miss out on it! Refer to 2017 Guidelines for full details. Congrats to the recipients in 2016!**

**Application Submission Deadline:  
Postmarked by 4 June 2017**

**For more information,  
please contact your scholarship committee below:**

**MSG Jake Magarro, HIARNG, Scholarship Chair**  
[jacob.l.magarro.mil@mail.mil](mailto:jacob.l.magarro.mil@mail.mil)

**SMSgt Maui Quizon, HIANG, HNGEA President**  
[Thomas.odoardi.mil@mail.mil](mailto:Thomas.odoardi.mil@mail.mil)

**Not an HNGEA member yet?  
Please see your unit's HNGEA Rep or First Sergeant  
for more information on benefits and enrollment!**





## **HAWAII NATIONAL GUARD ENLISTED ASSOCIATION 2017 SCHOLARSHIP GUIDELINES**

### **1. Objectives:**

The objectives of the Hawaii National Guard Enlisted Association (HNGEA) Scholarship Program are:

- a. To encourage higher education by providing financial assistance.
- b. To provide a benefit that would enhance the recruitment and retention of HNGEA members.

### **2. Scholarship Eligibility:**

- a. All Active HNGEA Life members, Active HNGEA members, their dependent spouse or child/children are, eligible to apply for a scholarship for post-secondary education.
- b. HNGEA membership enrollment status must be current and in good standing as of the date of application acceptance by the Scholarship Committee Chair.
- c. Applicant must be or will be enrolled as a full-time/part-time student carrying at least six (6) credits per semester leading toward a degree or certificate.
- d. Graduate and Post Graduate students are not eligible.
- e. Applicant must have a GPA minimum of 2.5 in the current semester (or last semester attended) and an overall GPA of 2.0 or better.
- f. Submit verification of enrollment from an accredited institution.
- g. Applicant not a 2016 HNGEA Scholarship recipient.

### **3. Selection Criteria:**

- a. Personal letter from applicant citing educational goals and need for scholarship including financial need and/or extenuating circumstances.
- b. Scholastic achievements/community service/extracurricular activities, credits and credentials to include report cards from current school year (Fall 2016 – Spring 2017) or report cards from last complete school year attended. Submit at least two letters of recommendation for scholastic achievements from school associates, teachers,





## **HAWAII NATIONAL GUARD ENLISTED ASSOCIATION (HNGEA) 2017 SCHOLARSHIP APPLICATION**

*(PLEASE WRITE CLEARLY, PRINT OR TYPE)*

Date: \_\_\_\_\_

**Name of Applicant:** \_\_\_\_\_

**If applicant is a dependent, name of HNGEA member:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_

**Business Phone:** \_\_\_\_\_

**Unit of Assignment:** \_\_\_\_\_

**SUBMIT** personal letter from applicant citing educational goals and need for scholarship including financial need and/or extenuating circumstances.

**SUBMIT** two letters of recommendation for scholastic achievement/community service/extracurricular activities. Letters can be for commendation of awards or special achievements.

**SUBMIT** copy of last report cards from current school year (Fall 2016 - Spring 2017) or if returning to school, last complete school year attended.

**SUBMIT** current contact information for Unit Commander and First Sergeant.

**SUBMIT** a copy of last year's Federal tax return (if you are a dependent, then submit your parents' tax return). This will be kept in strict confidence and destroyed after proof of eligibility.

**SUBMIT** verification of enrollment in an accredited institution.

**SUBMIT** a stamped, self-addressed envelope.

**College or Institution you plan to attend:** \_\_\_\_\_

**Major Choice:** \_\_\_\_\_ **Vocational Objective:** \_\_\_\_\_



# Connect with the HIANG

*Introducing a few of the HIANG's public websites*

by Airman First Class **Robert Cabuco**  
154th Wing Public Affairs Staff

03/30/2017 - **JOINT BASE PEARL HARBOR-HICKAM, Hawaii** – The Hawaii Air National Guard is happy to announce the launching of new Facebook pages for Recruiting and Retention, HIANG Airman and Family Readiness, as well as relaunching the 154th Wing website.

The HIANG's Facebook page, <https://www.facebook.com/hawaiiairguard/> will remain active in communicating to the wider community. Two additional HIANG Facebook sites, however, help to offer the latest news and information of interest.





**Your fellow airmen have successfully created an online presense for you to visit. Wether its to see who is in the next crop of new airmen, find out who your HIANG financial counselors is, or news about the wing, you won't be disappointed. Take the time to LIKE the Facebook pages, bookmark the sites, visit them often. If a public website exists that the HIANG community might find helpful, please inform the Public Affairs Office so the site can be shared.**

## 01 HIANG RECRUITING AND RETENTION

<https://www.facebook.com/HIANGRecruitingandRetention/>

As one of their preferred methods of online communication, the HIANG recruiting team will use this Facebook site to connect with members of the local community. More than One billion people worldwide, including hundreds of thousands of users in Hawaii, use Facebook. Many of these users are ages 17 to 35, the sweet spot for military recruiting demographics.

The recruiting staff administers the page, posts and responds to content. Guidance and support will be provided by the 154th Wing Public Affairs office as the recruiting page gets off the ground. Visit the page to see job vacancies, new recruits, retention news and more.

## 02 HIANG AIRMAN AND FAMILY READINESS

<https://www.facebook.com/HIANG-Airman-Family-Readiness-1319542844769076/>

The HIANG also welcomes the Airman Family Readiness Facebook page. The page is managed by Lorna Souza, Airman Family Readiness Program Manager with the 154th Force Support Squadron.

A wide range of topics focusing on military members and their families will be posted on the Airman & Family Readiness Program's Facebook page. Topics include benefits, resources, programs, training, and other events. Information is geared toward the HIANG ohana.

The HIANG Airman and Family Readiness personnel also maintain and administer a traditional website where additional information on their services can be found. The Guard Ohana website can be found at <https://hawaiiguardohana.org/air-national-guard.php>

## 03 154TH WING WEBSITE

<http://www.154wg.af.mil/>

The 154th Wing's official website has undergone a recent makeover and will relaunch as the transition to an updated content management system has reached completion.

"The new CMS, officially called AFPIMS v5.0, will reflect other Air Force sites across the nation," Senior Airman Orlando Corpuz, administrator of the AFPIMS system, said. "Yet, it will also express the vibrant Aloha the HIANG Guard members bring to work every day."

As the new site continues to evolve, major news stories, photos, and videos focusing on the HIANG, the Air National Guard, and the U.S. Air Force can be found.

Contact information for various HIANG offices are offered on the site as well as previous issues of the HIANG's Kukailimoku Magazine. The Kukailimoku will be available for download in PDF format.

Please feel free to share helpful links with your family, friends and members of the community, near and far. Visit these websites to take advantage of the interconnected online world that has become an integral part of today's world.

As airmen have learned throughout their careers, knowledge is power. Go and get it.



# PLASTIC...JUST LIKE YOUR BRAIN!

Article by **YUMI K. PANUI LCSW, CSAC**  
154th Wing Director of Psychological Health

**T**he first “Mind and Money” workshop took place this month. A great deal of information was presented that may be helpful to HIANG members. Taxes and gratitude were this month’s topics. Taxes are not my area of expertise; however, expert advice related to handling money can be found with Personal Financial Counselor, Bethy Valeho, don’t hesitate to call her at (808) 238-8111.

I leave the money issues to her, but I want to address the mind.

Now to get on with it—Did you know your brain is similar to plastic?

In recent years, studies have resulted in the identification of a phenomenon now labeled our “neuroplasticity.” Past ideas and theories related to brain development note: our brains are fully developed by the end of adolescence, which is around the mid-twenties; however, current studies are indicating our brains are constantly changing throughout life. This is related to the nature versus nurture notion and shows how experience, what happens to the brain - nurture, can and will, alter its make-up—its nature.

How is this related to March’s “Mind and Money” workshop topic of “gratitude” you ask? Well, allow me to expand...

The idea of ‘plastic’ (your plastic brain) is its malleability. It can be shaped into different forms based on the mold. The benefits of this pliability is two-fold: what the brain is exposed to on a regular basis will impact how it will change—be it good or bad. Let’s talk about the good. Part of that shaping, forming, and molding process is connected to what we teach ourselves

and gratitude is a worthy lesson to learn. How often do you sit back and count your blessings/hunt for the good stuff? What do you teach yourself each day?

Did you know that humans are naturally prone to be negative?

There is an entire field of study based on our “negativity bias.” This natural process of cynicism was, and is, quite functional when humans need(ed) to be cautious and vigilant in order to survive. However, it can and will work against us if we allow it to overcome our thought process. Sometimes, this “negativity bias” can become maladaptive and dysfunctional, which may lead to things such as anxiety and depression.

We are more capable of identifying what is

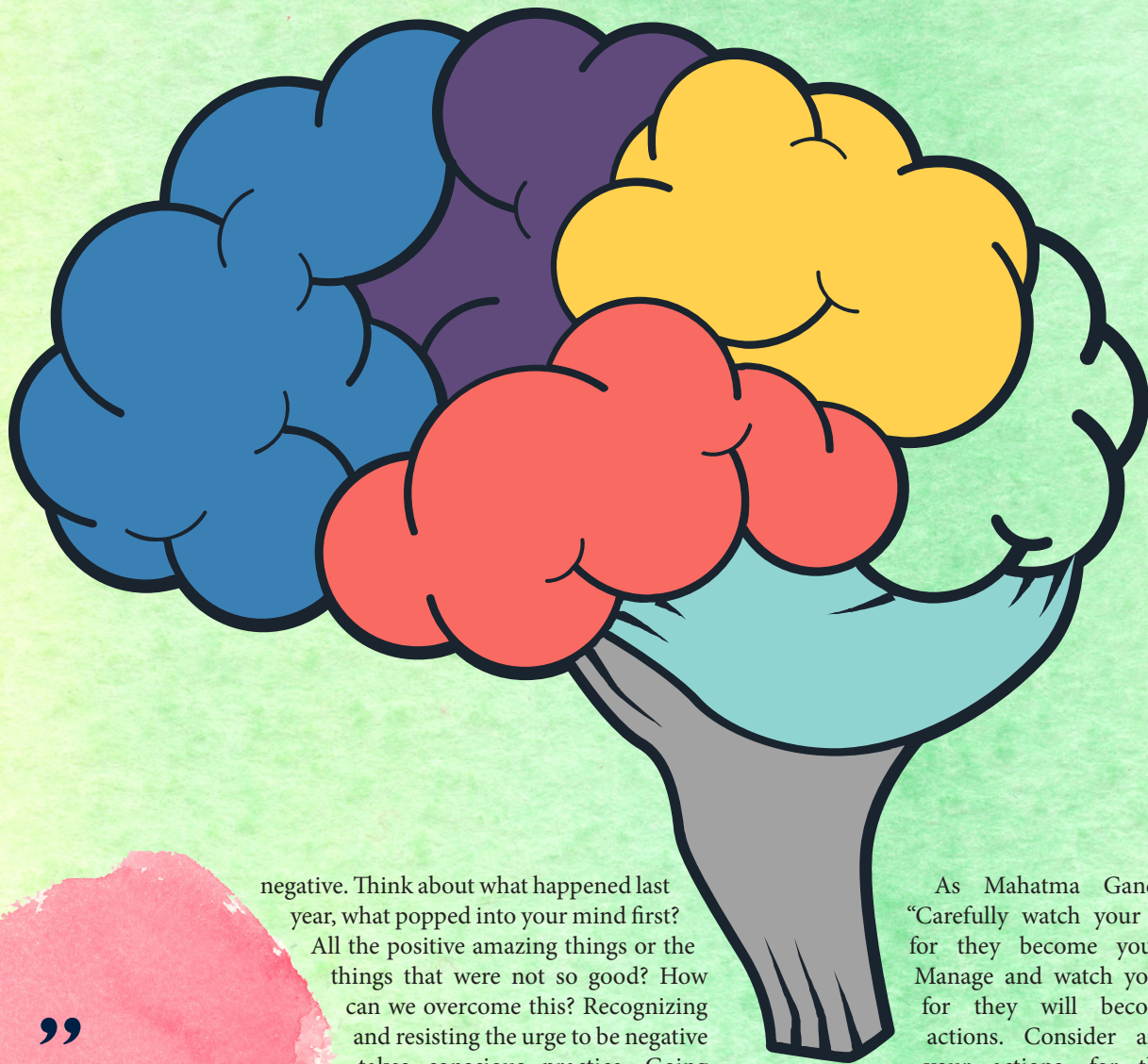
“**Every day may not be good, but there is something good about every day**”

- Alice Morse Earle

“**When it rains, look for rainbows, when it’s dark, look for stars**”

- Unknown





”  
**Let your smile  
change the world,  
don't let the world  
change your smile**  
”

- Connor Franta

negative. Think about what happened last year, what popped into your mind first? All the positive amazing things or the things that were not so good? How can we overcome this? Recognizing and resisting the urge to be negative takes conscious practice. Going back to the plasticity of the brain—it's about working out your brain, training the brain to recognize what is good, and making it a habit to be grateful.

When we take the time to recognize what is good, we exercise gratitude. We are shaping our brains to form healthy habits of thought and molding our thinking to overcome negativity by the production of positive reflections. This process gives our brains an experience (nurture), which allows us to be more resilient, to be mentally fit. When our thinking is strong, we feel better. When we feel better, we do better.

As Mahatma Gandhi said, “Carefully watch your thoughts, for they become your words. Manage and watch your words, for they will become your actions. Consider and judge your actions, for they have become your habits. Acknowledge and watch your habits, for they shall become your values.”

If you enjoyed this little tidbit, please come and attend one of our monthly workshops. There will be a variety of topics related to your “Mind,” presented by your Directors of Psychological Health, Yumi and/or Kanani, and your “Money,” presented by your PFC, Bethy Valeho. We will conduct workshops twice a month; once during drill weekends and every third Friday. Please give us, your Directors of Psychological Health, a call. Yumi @ 448-8141, or Kanani @ 448-8145 for more information.

“Because when you stop and look around, this life is pretty amazing.” ~Dr. Seuss





# COMMON SENSE

By **Senior Master Sgt. RONALD T. MORI**,  
154th Wing Occupational Safety Manager

**D**on't touch the hot stove! Look both ways before crossing the street! Take an umbrella, it is going to rain!

I remember my parents always telling me to use my “common sense.” What is common sense anyway? It is not an instinct or something I was born with. I know this for a fact because I burned my hand touching the stove, I have nearly been hit by a car on more than one occasion because I did not look before crossing, and I have been caught in the rain on more than one occasion because I chose not to bring an umbrella. I guess I am one of those people that has to learn through experience.

When it comes to learning, everyone learns differently. Let's use a hot stove as an example. Some learn by trial and error (burning their hand,) some learn by watching others (watching someone burn their hand,) and some learn by reading (reading an article about someone burning their hand.) In this

example, everyone has learned that if you touch a hot stove, you will be burned.

How do people with different learning styles come to the same conclusion? Their brains process the information in the same way, it is the stimulus that varies. This is the basis for Risk Management.

1. **Identifying the hazard.** (*the stove is hot*)
2. **Assess the hazard.** (*it could burn me*)
3. **Develop controls.** (*I should not touch the stove*)
4. **Implement controls.** (*I will not touch the stove*)
5. **Evaluate.** (*I did not get burned*)

Your brain goes through this evaluation process for every decision you make whether you realize it or not. Your daily decisions are processed so quickly they become second nature or “common sense.”

For activities that are new or infrequent, a conscious effort must be made to go through the risk mitigation process. The next time you try a new activity or enjoy your hobby, take some time to make a conscious effort to assess the risks. By consciously using risk management for new activities and hobbies, the process can become a natural part of your pre-activity routine. It is not as hard as you may think because you already practice risk management in your routine activities. Develop your risk management Common Sense in everything you do—and stay away from hot stoves!





# ~ This Month In ~ HIANG History

by **Master Sgt. WILLIAM TAPPER**  
154th Wing Historian

We take a look back in time to some of the significant events that happened in the HIANG during Aprils gone by.

The 199th and 19th FS F-22s were declared Full Operationally Capable (FOC).

**07**  
APRIL

2013

The 199th and 19th FS pilots flew the most ever F-22 sorties in one go (14) and the most F-22 sorties in one day's flying (46).

**06**  
APRIL

2013

The first 19th FS Commander, Col. "Bangor" Newton arrived at Hickam AFB, taking charge of the new associate unit for the first ever Guard Lead F-22 Squadron.

**22**  
APRIL

2010

Robert D.W. Doi of the 154th CAMRON was the first HIANG member to be promoted to the rank of Chief Master Sgt. He was the Aircraft Maintenance Supervisor and a 16 year veteran of the HIANG.

**21**  
APRIL

1963



# **BLENDED RETIREMENT SYSTEM**



# **ARE YOU**

## **BRS – WHAT IS IT?**

The Blended Retirement System (BRS) is the modernized retirement plan for the Uniformed Services that will take effect on Jan. 1, 2018. This new retirement system *blends* the original (legacy) 20-year military retirement system with the Thrift Savings Plan.

## **WHO IS AFFECTED?**

Everyone CURRENTLY serving in the Uniformed Services as of Dec. 31, 2017 will be GRANDFATHERED under their current retirement system. NO ONE will be automatically moved into the BRS.

Some Service members will have the option to switch: Active Component Service members who joined after 2006, but before Jan. 1, 2018, and Reserve Component Service members with less than 4,320 retirement points as of Jan. 1, 2018 regardless of how many years they have actually been in the service, will have the choice of whether to stay with the legacy retirement system or opt in to the new BRS.

New accessions after Jan. 1, 2018 will be automatically enrolled into BRS.

## **WHAT ARE THE BASICS?**

TSP: The BRS includes a TSP component.

- All Service members joining after January 2018, will be automatically enrolled into the TSP at three percent of their base pay, with automatic one percent DoD contributions starting after 60 days, and DoD matching up to four percent at the start of the third year of service.
- Both the DoD automatic one percent and the matching contributions continue through the end of the pay period during which the Service member attains 26 years of service.
- NOTE: Current Service members who opt-in to the new Blended Retirement System between Jan. 1, 2018, and Dec. 31, 2018 will receive a DoD automatic one percent contribution and up to 4 percent additional DoD matching beginning the first pay period of election.

## **MONTHLY RETIRED PAY:**

For those who retire after at least 20 years of active service, the retirement remains predominantly a defined benefit in which the Service member will get monthly retired pay. Instead of being calculated at 2.5% times the average of the Service member's highest 3 years of basic pay, the Service member's monthly retired

pay will be calculated with a two percent multiplier.

## **MILESTONES TO HIGHLIGHT:**

November 2016, Eligible Opt-In Members Notified

January 2017, Opt-in Training begins: Members who are eligible to opt-in to BRS must take a required course that will aid eligible Service members in understanding and comparing the legacy and new retirement systems.

Jan. 1, 2018 – Dec. 31, 2018, OPT-IN WINDOW: The opt-in or election period for BRS

PENDING: Online comparison calculator available.

## **ITEMS TO MENTION:**

The BRS does not change when a member is eligible to retire.

Members covered by the BRS may still elect to participate in the Survivor Benefit Plan.

The BRS does not change the law on division of retired pay under the Uniformed Services Former Spouses Protection Act

Reservists covered by the BRS are still eligible for reduced age retirement if they perform qualifying service.

## **CLOSING THOUGHTS:**

There is no single right answer as to which retirement system is better. Both the legacy retirement system and the BRS may have advantages and disadvantages based on a Service member's particular circumstances.

Those members who have the option of choosing their retirement system should base their decision entirely upon their own circumstances, after completing the training and taking advantage of all of the information and resources available. For some, staying under the Legacy retirement system will make sense. For others, the BRS will be a preferable option.

Make an appointment with the Personal Financial Counselor to help you determine which option is best for you.

Bethy Vallejo, AFC, Phone: (808) 238-8111

Email: [PFC2.HI.LNG@zeiders.com](mailto:PFC2.HI.LNG@zeiders.com)

### **Resources:**

1. DoD Blended Retirement System Resource  
Webpage: <http://militarypay.defense.gov/BlendedRetirement>
2. A MyPay account is required to make BRS and TSP elections:  
<https://mypay.dfas.mil>
3. Information on TSP can be found at [www.tsp.gov](http://www.tsp.gov)



# YOU OPT-IN READY?

## BRS Opt-In Eligible?

**Active Component as of Dec. 31, 2017, with Less than 12 Years of Service?**

**CY 2018: Opt-In Eligible Service Members Decide Which Retirement Plan to Choose**

### There are Resources to Help You:

- Opt-In Course on JKO
- Installation Personal Financial Managers and Counselors
- MilitaryOneSource.mil
- Militarypay.defense.gov/BlendedRetirement

### • **Eligibility**

- Active component with less than 12 years of service as of Dec. 31, 2017
- Reserve component who have accrued less than 4,320 retirement points as of Dec. 31, 2017

### • **Opt-In Period**

- You can opt into BRS anytime between Jan. 1, 2018 to Dec. 31, 2018

### • **Resources:**

- Mandatory opt-in course on Joint Knowledge Online (JKO)
- Installation Personal Financial Managers / Counselors
- MilitaryOneSource.mil
- Militarypay.defense.gov/BlendedRetirement

**Reserve Component in a paid status and as of Dec. 31, 2017, with Less than 4,320 Retirement Points?**



### **Make an Informed Decision for your Financial Future**

- Anyone serving as of Dec. 31, 2017, is grandfathered into the legacy retirement (high-3) system
- The opt-in window for BRS is Jan. 1, 2018 - Dec. 31, 2018





# TRACKING STATION

## Announcements

POC: Charlsyee "Charlie" Yoshimoto  
Title: Yellow Ribbon Support Services  
Government Contractor-  
ADC Management Services  
Phone: 808-284-0972  
Email: [Charlsyee.yoshimoto.2.ctr@us.af.mil](mailto:Charlsyee.yoshimoto.2.ctr@us.af.mil)

Next Yellow Ribbon Pre-deployment event is on May 20, 2017. Anyone deploying from May-October for 90 days or more, please register for this event via the following link

<https://www.yellowribbonevents.org/Events/KioskRegistration.aspx?Mode=AddNew&Id=5dcdc109-3004-bc4a-c8c2-11e6e7e6fc96>

Airmen and Family Readiness, Mrs. Lorna Souza, new contact number is 808-387-8815

## Workshops/Classes

John Maxwell Training  
"Winning with People"  
Apr 4, 2017  
"Fred Factor"

Apr 25, 2017

All classes are either at FTAC or the PME Center  
Sign up here

<https://cs3.eis.af.mil/sites/OO-DP-PC-15/PLDreg/Lists/4%20Apr%2017%20Winning%20With%20People/AllItems.aspx>

Defense Travel System (DTS) Training  
POC [154WG154CPTFalo@us.af.mil](mailto:154WG154CPTFalo@us.af.mil)

PTL and Be-well classes  
POC [15mdg.hparcfitness@us.af.mil](mailto:15mdg.hparcfitness@us.af.mil)

### ALL HIANG: Hawaii Air National Guardsmen and Families

**WHAT:**  
VOLUNTEER Run/Walk  
(to raise funds for Special Olympics athletes)

**WHEN:**  
Friday, June 2, 2017  
Run 3.2 Miles-starts@7:15pm / Walk 1 Mile-Starts@7:30pm

**WHERE:**  
Fort DeRussy to the University of Hawaii at Manoa  
(Les Murakami Stadium)

**FEE:**  
\$30- includes Cool Dri short sleeve shirt  
\$35- includes Cotton long Sleeve Shirt  
\*\*additional fees for 2XL-4XL

Free Papa John's pizza and refreshment's at the stadium

### "Volunteer" Unit Contacts are:

**VOLUNTEER Run/Walk**  
(to raise funds for Special Olympics athletes)

154 SFS/SFM	Melvin Yamamoto	CMSgt
154 SFS/S4	Ricardo Namoca	MSgt
199 FS/DOL	Ryan Yadao	SrA
154 OSS/OSA	Kaitlyn Tydingco	SrA
HIANG HQ	David Isei	A1C
154 MXS/MSMFM	Ricky Yamamoto	MSgt
154 MXS/MSMFM	Michael Trusso	SSgt
201 <sup>ST</sup> AOG	Jessica Haleck	Capt
297 ATCS	Alfredo Hernandez	TSgt
HQ WG	Regina Komine	Lt Col

Kindly consolidate shirt orders through one unit POC prior to forwarding to Chief Yamamoto.

If you would like a unit POC please contact Chief Yamamoto:  
[melvin.yamamoto@us.af.mil](mailto:melvin.yamamoto@us.af.mil).

## APRIL PROMOTIONS



### Technical Sergeant

Blaze Kamakele  
169 ADS

Adam Bray  
169 ADS

Vito Monteilh  
201 IS

Joey Lee  
HQ 154 MDG

Edward P. Siasosi  
154 OSS

Bronson D. Tactay  
169 ADS



### Staff Sergeant

Jeaniell Mattimoedixon  
169 ADS





**OPEN  
24  
HOURS**

# **HICKAM FITNESS CENTER**

**24-HOUR OPERATIONS TRIAL**

**Starting 20 Mar 17 the Hickam Fitness Center will be open continuously through the week starting 0430 Monday through 2130 Friday for a period of 90 days.**

***Weekends, Holiday & Family Days do not apply.***

---

Open to all authorized users

No guests allowed

All rules and regulations apply







## **Need an Official Portrait?**

**Let HING Headquarters take it for you**

**Open to all Hawaii National Guard  
members and DOD Employees**

**Go to [dod.hawaii.gov/pao](http://dod.hawaii.gov/pao)  
to check availability and to register**