



Navy Hawaii commands win CNO environmental awards
See page A-3



Women's History Month coverage
See pages A-4, A-7



JBPHH sports coverage
See pages B-2, B-3

HO'OKELE

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

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Be safe at St. Patrick's celebrations

Don Robbins

Editor, Ho'okele

According to the National Safety Center's St. Patrick's Day Impaired Driving Campaign, for many Americans St. Patrick's Day has become a popular night out to celebrate with friends and family. Unfortunately, due to the large volume of drunk drivers, the night out has also become very dangerous. Encourage your employees and co-workers to plan a safe way home before the festivities begin, and remember — Luck won't keep you out of a jam this St. Patrick's Day.

This year St. Patrick's Day takes place today, Friday, March 17, and may likely also be celebrated all weekend. Because many people celebrate the holiday by drinking alcohol, it can turn into one of the most alcohol-fueled times of the year.

According to the Naval Safety Center, alcohol-related mishaps kill and injure Sailors and Marines every year. In fiscal year 2016, alcohol was a factor in 55 mishaps. Of those mishaps eight had fatalities. There is always a safer ride home. The National Highway Traffic Safety Administration reported more than 700 people were killed nationwide in accidents involving drunk drivers during the St. Patrick's Day holiday period from 2006 to 2010.

Here are some of the government's drinking facts. Absorption of alcohol depends on your size, weight, body fat and gender, the amount of alcohol consumed, the amount of food in your stomach and your use of medications. The following are some helpful hints:

- Never drink alone.
- Have a sober person with you if you go out.
- Have a backup plan.
- Charge your phone before you leave.
- Save the numbers of at least three cab services.
- Buy a drink with ingredients that you're familiar with the effects.

> See page A-3

"There is no room in our Navy for toxic behavior. It makes us weaker, and cedes advantage to the enemy."

— Adm. John Richardson,
Chief of Naval Operations

NO BYSTANDERS

Adm. John Richardson

Chief of Naval Operations

Editors note: The following message was sent by Chief of Naval Operations Adm. John Richardson to all commanders fleetwide.

Team, we have a problem and we need to solve it. Really solve it—not put a band-aid on it, not whitewash over it, not look the other way.

The discovery of online sites that degrade the female members of our team has shined a light on the fact that this problem persists. But we get reminders of it every day, when we disrespect women by crude jokes, wisecracks, sexual harassment, and in its worst manifestation, sexual assault—a serious violent crime. Despite a steady effort to get after this, we're not making progress.

This demeaning activity offends so many of us because fundamentally, this is not how we treat true teammates. This is not how we treat fellow Sailors. We operate, and will fight, in our teams. We will depend on each other to protect and save our lives, to win.

In teams, there are no bystanders. We are all in, every one of us. We have high expectations of each other, hold each other accountable, and we treat each other with respect. We build our teammates up to make them stronger. We definitely don't allow anybody to disrespect another teammate—we close ranks and protect.

I've heard hundreds of times that "these actions are being taken by only a small minority." Prove that. If that's true, then the vast majority of men and women need to stand up and smother this behavior.

To become intolerant. To act to put a stop to this. And if you're one of that minority that just won't get it, then it's time for you to leave the Navy.

As a commander, your entire team counts on you leading a winning team, that includes a culture of dignity and respect, consistent with our core values and attributes. Without this trust, we will fail.

I expect commanding officers and each level of leadership to challenge your command leaders at the small team level. Division officers and chiefs talking to their divisions, branches talking to branches, chief's mess to chief's mess. Talk about what respect for our teammates looks like at work, at home, and online.

Make it clear that individuals who can't live up to our professional standards

in competence and character are not welcome in our Navy. Make it clear that our standards call us to a higher commitment than the law—we are better than that.

And finally, I expect you to make it crystal clear that to remain the world's most powerful Navy we must be 100 percent focused on staying ahead of our competition, which starts with leadership and teamwork, built on trust and respect. This is a challenge to all Navy leaders—particularly junior leaders. Own this problem. Solve it.

There is no room in our Navy for toxic behavior. It makes us weaker, and cedes advantage to the enemy. Direct involvement of commanders and small unit leaders will help us stamp this out. We are a team. We are Sailors. We are the United States Navy. I'm counting on you. Let's get to it.

Invasive species addressed at Tri-State Initiative visit

Story and photo by
MC2 Gabrielle Joyner

Navy Public Affairs Support Element Detachment Hawaii

Naval Facilities Engineering Command Hawaii (NAVFAC HI), Hawaii Natural Resources Committee and Hawaii State Department of Agriculture (HDOA) hosted a tour for the Tri-State Initiative for outreach and communication delegation, in conjunction with the coconut rhinoceros beetle (CRB) project at Joint Base Pearl Harbor-Hickam (JBPHH), March 13.

The objective was to bring together officials from the California Department of Agriculture, Florida Department of Agriculture and Consumer Services and HDOA who are members of the Tri-State Initiative outreach delegation, to learn more about each other's limitations and strengths in combating invasive

species, particularly the CRB.

"Today I emphasized the coconut rhinoceros beetle project for two distinct reasons. First, the other states need to be aware of and ready to deal with detection of this devastating pest," said Darcy Oishi, biocontrol section chief for HDOA. "Second, Hawaii is unique in the degree and robustness of the HDOA's extensive, collaborative relationship with the Navy."

The CRB is an invasive species, which poses a severe threat to Hawaii's local flora. The large, black beetle is discernable by the horn on its head. It lays eggs in rotting logs and mulch. The first breeding site was discovered in Hawaii in December 2013 at the Mamala Bay Golf Course at JBPHH. It is still inconclusive how the beetle arrived on the island.

A response team was formed in an effort to eradicate the invasive CRB from the island. It



A member of the Tri-State Initiative for outreach and communication delegation shows a live CRB larva.

is the biggest response to an invasive species in Hawaii's history.

"The CRB response team, which consists primarily of HDOA, the University of Hawaii, the U.S. Navy and the U.S. Department of Agriculture, are fighting to protect not just Hawaii, but the rest of the country from this pest," Oishi said. "Collaboration

is key, as no single agency has sufficient resources to address the issues by itself.

Lt. Col. David Berrios, lead contact between the U.S. Navy and HDOA for NAVFAC HI, emphasized how critical the collaboration has been for success in maintaining the delicate balance of Hawaii's ecosystem.

"All of the CRB partners are committed to the eradication of the species, which has translated into a very cohesive and supportive inter-departmental relationship," Berrios said. "Human health, economic platforms, and military operations are directly affected by invasive species. If there was no team effort, the dete-

rioration of the floral system would have a direct negative impact on the eco-tourism industry."

The group toured several important sites used for the study, survey, and destruction of the CRB. During the expedition, the delegates were able to see the beetles, the larva and the green-waste where it likes to nest. The visiting officials also got a firsthand look at some of the innovative techniques used by JBPHH to combat the CRB populations, including in-vessel composting.

"The Navy facilities team created a new process in which we accelerate natural composting by collecting the green waste in a containerized system and applying chemicals that elevate temperature for a duration of 24 hours, that has proven effective in killing all stages of the CRB," Berrios said.

The Tri-Sate Initiative outreach delegation was

> See page A-2



Story and photo by
MC2 Robin W. Peak

PACOM Public Affairs

Legalman 2nd Class James J. Downs, from Pocahontas, Arkansas, used cardio pulmonary resuscitation (CPR) to save the life of an elderly man who had collapsed at Saint Elizabeth Church in Aiea, March 5.

Downs, a paralegal at United States Pacific Command (PACOM), was sitting a few rows back on the opposite side of the church when he heard a commotion and saw a woman crying holding the elderly man's body.

"I immediately recognized that the man was deceased," Downs said.

He quickly ran to where the man was and began assessing the situation.



"When I got to him, the people around him were saying, 'he's not breathing and we don't think he has a pulse,'" Downs said. Emergency services had already been called.

He quickly took command of the situation and directed people to help him lay the man down

"The dividends of good training may be slow to yield but it paid out tremendously that day."

— Legalman 2nd Class
James J. Downs

and began checking for his vitals.

"I couldn't indicate a pulse," he said. "I then put my ear down to his mouth to feel for breath or also see if his chest was rising and I wasn't getting either."

Downs instantly began to administer CPR by giving two emergency breaths and then

starting chest compressions.

"After reassessing, I continued with the second round of compressions," Downs said. "All of a sudden he let out this slow moan and his eyes shot open."

With the help of some of the people in the congregation, he moved the man and laid him on his side. They propped his head up with some hymnals stacked on top of each other and some cushion; all the while Downs was talking to the man and keeping him alert.

"I started asking him some questions because I didn't want him to lapse," he said. "He told me his name was Greg and that he was 83 years old so I told him, 'Mr. Greg you got 17 more years to go. You're too early.'" Downs responded that he could tell the man found that comment humorous.

He continued to assure the man that he would be ok and to remain calm until emergency response professionals were on scene.

Downs credits his ability to act decisively and effectively in this crisis for the continued CPR training he has received throughout his life and Navy career.

"The dividends of good training may be slow to yield but it paid out tremendously that day," Downs said.

Those present at the church that morning, including the elderly man's spouse, were deeply thankful of his immediate response to a situation that could have been fatal.

"He didn't want any credit," said Downs' wife, Milrose, from Monterey, California. "Every time someone tried to thank him he said, 'it wasn't me, it was God.'"

"When it was all over, I knew that I just witnessed a miracle," she said. "With the belief in God and the knowledge that you have, you never know when you'll be put in the position to save someone's life and that truly encompasses who James is."

Invasive species addressed at Tri-State Initiative visit

< From page A-1

created in an effort to build relationships between the states and to look for opportunities to collaborate.

"The Tri-State Initiative highlights that the states of California, Florida, and Hawaii have unique opportunities that, with creativity, teamwork, and dedication, can result in forward progress in our mutual goals," Oishi said.

Hawaii is unique among Tri-State Initiative delegation because it is the only state that has direct contact between HDOA and the Department of Defense (DoD).

During the tour, some of the officials asked how the HDOA was able to establish their working relationship with the military and expressed an interest in doing the same.

"What was highlighted today was one of Hawaii's strengths; our collaborative approach to a wide range of issues," Oishi said. "A key take-away for California and Florida will be that they can develop a similar relationship with bases in their respective state."

Building lasting relations with organizations within the community is essential to the Navy's

ability to be good stewards of the land.

"We continue to work with our state and federal partners to evaluate the infestation and achieve our common goal to eradicate the problem," said Rear Adm. John Fuller, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific. "Like many of our other environmental initiatives, our best products come from working together with state and federal experts to protect our shared environment."

The CRB has the potential to be a hazard to public safety. This is due



Dr. Keith Wiser (left), liaison for the CRB project, shows a live CRB during a visit at JBP HH, March 13.

particularly to the severe damage it inflicts on local coconut palm trees which can pose a falling risk, especially in strong weather events. Residents are urged to report any sightings of the beetle and to not move potentially infested materials such as compost or coconut palm trimmings themselves.

For more information, visit www.hdoa.hawaii.gov/pi/main/crb/.

Diverse VIEWS



What's the best way you've ever celebrated St. Patrick's Day?



Staff Sgt. Kristen Luke
735th Air Mobility Squadron

"A Savannah, Georgia St. Patty's Day event back in 2015 was the best way that I have ever celebrated St. Patrick's Day because I'd just returned from a deployment and I got to spend that time with my best friends of 20 years before I left to go to Korea for a year. The event was big and loud, filled with lots of people listening to music, dancing, and lining the Savannah downtown streets having a good time enjoying life."

Airman 1st Class Alex Peffer
647th Civil Engineer Squadron



"St. Patrick's Day is the day before my birthday so I love making it my own. The best way I've celebrated was by dressing up all green and going downtown in Honolulu for the local block party."



Master Sgt. Julian Rojas
392nd Intelligence Squadron

"My best celebration of St. Patty's Day was in New Orleans on Bourbon Street. Unfortunately I cannot divulge more because what happens in New Orleans, stays in New Orleans."

Culinary Specialist 1st Class Markus Nakamura
Joint Base Pearl Harbor-Hickam



"St. Patrick's Day is my birthday. My best was in Japan. We went to an Irish Pub in Yokosuka, and there was a boxing match there."



Master Sgt. Stephen Spaeder
647th Security Forces Squadron

"I was stationed in Europe, and we went to Ireland. It was great to travel and experience the culture. We immersed ourselves in the Irish."

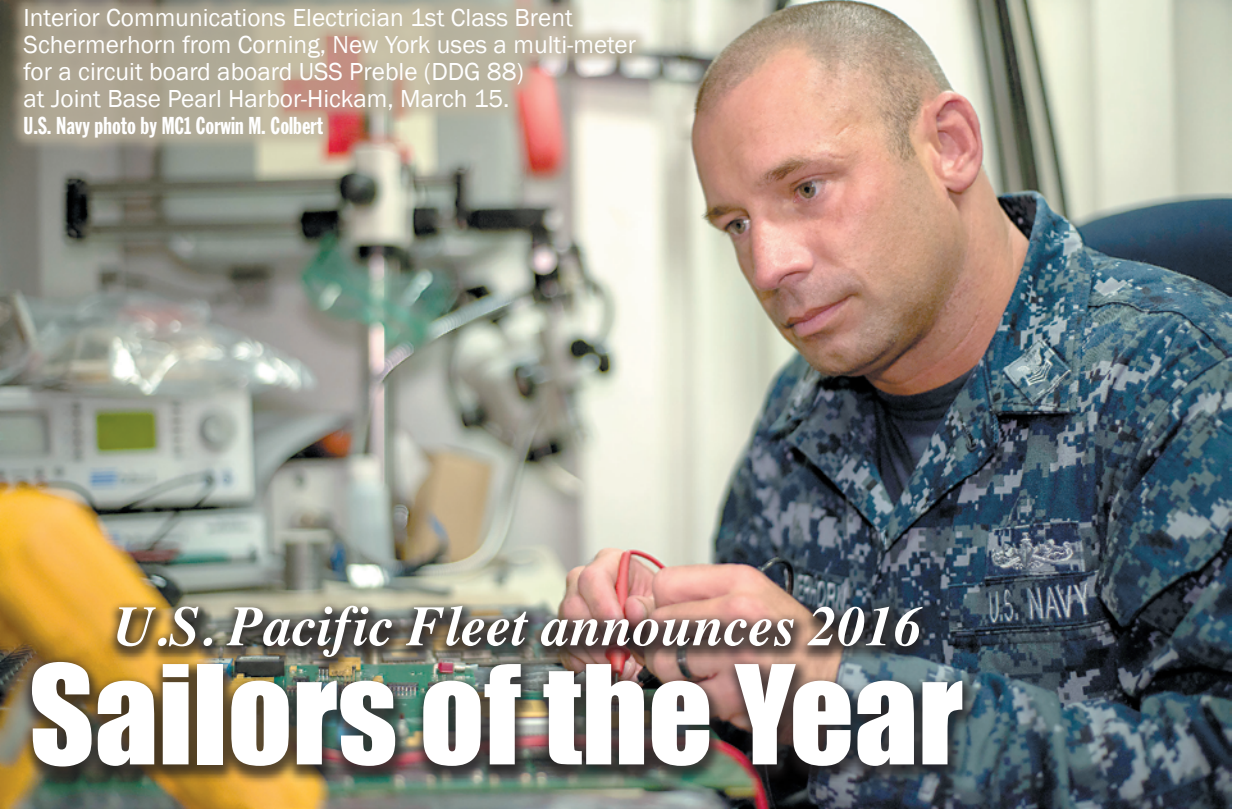
Hospital Corpsman Robert Wescott
Makalapa Health Clinic



"I'm from Boston. We were able to attend the parade and experience one of the best St. Patty's Day celebrations in the country firsthand."

Submitted by David D. Underwood Jr.
and Ensign Britney Duesler

Want to see your command featured in Diverse Views?
Got opinions to share?
Drop us a line at editor@hookelenews.com



MC2 Brian M. Wilbur
PACFLT Public Affairs

Adm. Scott Swift, commander of U.S. Pacific Fleet (PACFLT), announced Interior Communications Electrician 1st Class Brent Schermerhorn and Naval Aircrewman (Avionics) 1st Class David Matuska as the Sea and Shore Sailors of the Year during a luncheon at the Ala Moana Hotel in Honolulu, March 10.

Swift and PACFLT Master Chief Suz Whitman praised the 14 finalists for their excellence, integrity, teamwork and leadership.

"This is an extraordinary group of hard-working Sailors that I had the pleasure of interacting with this week," Swift said. "SOY week is a great reminder of the importance of our most valuable resource, people."

Representing USS Preble (DDG 88), Schermerhorn will fly to Washington, D.C., and will be meritoriously promoted to chief petty officer. Schermerhorn was truly surprised and excited to hear his name announced as the Sailor of the Year.

"From the start, I never expected to be here. I just work and take care of my Sailors," Schermerhorn said. "Being selected is so incredibly amazing that it's almost surreal. It hasn't set in yet and I don't think it will until I go back to my command and talk to my peers and junior Sailors," he said.

Matuska, representing Patrol and Reconnaissance Wing (CPRW) 10, will continue his journey by traveling to Washington, D.C., and competing in the Chief of Naval Operations Shore Sailor of the Year competition.

"Being selected as the PACFLT Shore Sailor of the Year is absolutely humbling. I'm excited to get the opportunity to go to D.C. to compete and potentially put on anchors," Matuska said.

During the past week, the 14 finalists spent time in Pearl Harbor experiencing some of the richest naval history and heritage the Pacific has to offer with visits to the Battleship Missouri Memorial, the National Memorial Cemetery of the Pacific, and the USS Arizona Memorial as well as meeting

Medal of Honor recipient Charles Hagemeister. During their time on the Arizona Memorial, they honored the Sailors who lost their lives in the attack on Pearl Harbor with a wreath-laying ceremony.

Their journey to Hawaii included stiff competitions and boards at each echelon of command, leading up to this week, to identify the top sea and shore Sailors.

"Today we celebrate and recognize these Sailors of the Year finalists for their many contributions and accomplishments. For it is these Sailors and many more like them that make our Navy the most capable and powerful Navy in the world," Whitman said.

Sea Sailors of the Year finalists included: Yeoman 1st Class Mujahideen Alikhan, representing USS Emory S. Land (AS 39); Navy Diver 1st Class Nicholas Blankshine, Mobile Diving and Salvage Unit 1; Culinary Specialist 1st Class Adam Fletcher, Carrier Strike Group 1; Hospital Corpsman 1st Class Nicholas Paris, 23rd Dental Company; Information Systems Technician 1st Class

Lance Parrish, Patrol and Reconnaissance Force 7th Fleet; Interior Communications Electrician 1st Class Brent Schermerhorn, USS Preble (DDG 88); and Naval Aircrewman 1st Class William Stevens Helicopter Maritime Strike Squadron (HSM) 51.

Finalists for the Shore Sailor of the Year included: Legalman 1st Class Kashetah Bedford, representing Commander, U.S. 3rd Fleet; Personnel Specialist 1st Class Laura Godinez, 30th Naval Construction Regiment; Electronics Technician 1st Class Desiree Gonzales, Commander Task Force 72; Naval Aircrewman (Avionics) 1st Class David Matuska, Patrol and Reconnaissance Wing 10; Sonar Technician (Submarine) 1st Class Marquis Perry, Commander Submarine Pacific Fleet; Aviation Structural Mechanic 1st Class Jason Robinson Assault Craft Unit 5; and Construction Mechanic 1st Class Cole Tankersley, Marine Corps Air Station Iwakuni.

For more information about PACFLT, visit www.cpf.navy.mil.

Navy Hawaii commands win CNO environmental awards

Navy Region Hawaii Public Affairs

The Naval Supply Systems Command Fleet Logistics Center (NAVSUP FLC) Pearl Harbor and the Mariana Islands Training and Testing (MITT) command are winners for the 2016 Chief of Naval Operations (CNO) Environmental Awards competition, according to a naval message released March 15.

Vice Adm. Phil Cullom, deputy chief of Naval Operations for Fleet Readiness and Logistics, announced 30 winners of the fiscal year to honor exceptional achievements in environmental stewardship among nominated ships, installations, and individuals on an annual basis.

Among the winners



U.S. Navy photo by Shannon Haney

NAVSUP FLC Pearl Harbor's Environmental Team is recognized by Capt. Ken Epps, commanding officer of NAVSUP FLC Pearl Harbor as the winner of the CNO Environmental Award for the Sustainability — Team category. From left to right, Capt. Ken Epps, commanding officer of NAVSUP FLC Pearl Harbor, Doug Bugado, Sonya Steinhoff-Aspilli, Derek Wong, John Floyd, Lt. Cmdr. Drew Lovgren and Lt. Jg. Frances Hunter.

are commands based at Joint Base Pearl Harbor-Hickam: NAVSUP FLC won the award for Sustainability and MITT won the Environmental Planning Award.

"Congratulations to all our accomplished winners for their impressive achievements in protecting environmental assets while maintaining mission readiness. The Navy

commends you for your innovative and tireless efforts to demonstrate environmental stewardship and ensure national security. Bravo Zulu," Cullom said.

Be responsible during St. Patrick's Day celebrations



U.S. Navy file photo

For more information, see these St. Patrick's Day materials from the National Highway Transportation Safety Administration at www.trafficsafetymarketing.gov/get-materials/drunk-driving/drive-sober-or-get-pulled-over/saint-patricks-day

To see how TRICARE can help, visit www.tricare.mil/mtf
To find a local resource, call the Center for Substance Abuse Treatment at 1-800-662-HELP.

< From page A-1

- Always stay hydrated with water.
- Pace yourself when drinking.
- Never drink on an empty stomach.
- Stop drinking if you start to feel drunk.
- Most importantly, choose a designated driver, or plan to call a cab.

According to Navy Alcohol and Drug Abuse Prevention Office officials, binge drinking can pose health and safety risks, including car crashes and injuries if you use poor judgment. Whether you are meeting a few friends at the local pub after work or attending a party, if you plan on drinking alcohol, don't ever drive. Ensure you and others make it home safely.



REDUCE... REUSE... RECYCLE

The Joint Base Pearl Harbor-Hickam has two convenient Recycling Center locations standing by to accept your recyclable goods:

Airfield - Bldg. 1715
and **Waterfront - Bldg. 159.**

For more information call the JBPHH Recycling Program POC at (808) 474-9207.

2017 WOMEN’S HISTORY MONTH SPOTLIGHT: MC1 (EXW/SCW) MERANDA KELLER



Photos by MC1 (EXW/SCW)
Meranda Keller



Photo courtesy MC1 (EXW/SCW) Meranda Keller

JBPHH Sailor paves way for women combat photographers

Ensign Britney Duesler

Navy Region Hawaii
Public Affairs

One of Joint Base Pearl Harbor-Hickam’s very own, Mass Communication Specialist 1st Class Meranda Keller, paved the way for women in combat photography roles in the U.S. Navy. Keller accompanied a SEAL team unit on their 2012 deployment to Afghanistan as the first U.S. Navy woman combat photographer, and again on a 2014 deployment with a different unit. She specialized in trauma photography, training with the team in close quarters combat (CQC) and completing Survival, Evasion, Resistance, and Escape (SERE) school for the six months prior to reporting in Afghanistan. Keller, a dynamically charged Sailor with a passion for high energy jobs, attempted to interview for the role of combat photographer a few years prior to her 2012 deployment. She was initially turned away from the position due to her gender, but in 2012 she received a call asking her to take on the job. She accepted, making her the first woman to deploy with Navy SEALs in the combat camera media cell. Although she was not able to participate in a target mission, in which combat photographers take

photos of the aftermath of a fire-fight, Keller excelled at trauma photography. She accompanied every key leader engagement with her team, and continually proved herself in the face of doubt and lack of precedence. “I was seen as ‘one of the guys.’ The job requires mental toughness,” Keller said, echoing Chief of Naval Operations Adm. John Richardson’s commentary last month in which he told Sailors to get tough. In addition to her proficiency as a photographer, Keller proved valuable to a team that was previously unable to interact with women due to cultural restrictions. “When we would enter a women’s hospital with a team of women doctors, I was the tactically trained person, because the guys couldn’t enter,” Keller said. “I knew how to report, knew the layout of the building.” The withdrawal of troops from Afghanistan decreased the need for combat photographers, but Keller’s performance paved the way for a few more women who followed in her footsteps. Keller’s photographs highlighted humanitarian efforts and combat operations within Afghanistan during their 2012 deployment. Her photos are published online at www.dvidshub.net.

Pearl Harbor-Hickam Highlights



Above, pararescuemen and combat rescue officers with the New York Air National Guard's 103rd Rescue Squadron, supported by the Hawaii Air National Guard's 154th Wing, jump from a C-17 into the waters off Joint Base Pearl Harbor- Hickam, March 7, as they conduct training to test new spacecraft recovery techniques and equipment that will be used to recover the crew module of NASA's Orion spacecraft.

U.S. Air National Guard photo by Staff Sgt. Christopher Muncy

At right, Lt. Cmdr. Timothy Kaber, the public works officer assigned to the Pacific Missile Range Facility, judges a student's science project during Kauai Regional Science and Engineering Fair at Kauai War Memorial Convention Hall, March 8.

U.S. Navy photo by MC2 Omar Powell



U.S. Navy photo by MC2 Omar Powell

Above, Navy Region Hawaii Chaplain Capt. Brian Haley gives communion to Master-at-Arms 2nd Class George Weatherby during an Ash Wednesday service at the Pacific Missile Range Facility, March 1.



At left, Sgt. J.P Schmotter, a member of VMM-268, looks out the back of a V-22 Osprey tilt-rotor aircraft flying from Marine Corps Base Hawaii to Pacific Missile Range Facility, Kauai, March 9.

U.S. Air National Guard photo by Staff Sgt. Christopher S. Muncy

Below, The Joint Base Pearl Harbor-Hickam First Class Petty Officers Association and Second Class Petty Officers Association provide refreshments for the Navy-wide E5 exam at the sub base gym at Joint Base Pearl Harbor-Hickam.

U.S. Navy photo by Chief Boatswain's Mate Maricel Ashton



U.S. Navy photo by Shannon Haney

Above, Japan Joint Staff Logistics (J4) leaders toured the Red Hill Underground Fuel Storage Facility, March 7. Rear Adm. Natsue Kondo, Japan joint staff director general of logistics, center, is the first foreign dignitary to visit Red Hill since 2001. From left are Col. Atsushi Miyake, interpreter Kinya Nagashima, Rear Adm. Natsue Kondo, Lt. Cmdr. Andrew Lovgren, and Capt. Ken Epps, commanding officer of Naval Supply Systems Command Fleet Logistics Center (NAVSUP FLC) Pearl Harbor.



At left, Capt. Ken Epps, commanding officer of Naval Supply Systems Command Fleet Logistics Center (NAVSUP FLC) Pearl Harbor, presented a brief to the Honolulu Council of the Navy League on FLC Pearl Harbor's mission and role in providing supplies, services and quality of life support to Navy and Joint warfighters, March 3.

U.S. Navy photo by Shannon Haney

2017 WOMEN’S HISTORY MONTH

National Women’s History Month observed at JBPHH

Story and photo by
MC2 Jeffrey Troutman

*Navy Public Affairs
Support Element
Detachment Hawaii*

An observance event in honor of National Women’s History Month was held at Sharkey Theater at Joint Base Pearl Harbor-Hickam, March 15.

The ceremony highlighted trailblazing women who have paved the way for future generations in both the community and military professions and featured an array of guest speakers sharing their experiences.

Berneicea “Bee” Worrell, a local community figure, shared with the audience her journey from being a young, ambitious college student to becoming the first African American to start a real estate brokerage firm and property management company in the state of Hawaii.

“It was just a dream of mine; it was just something that I wanted to do, with all that I had,” Worrell said of her real estate business. “I stepped out on pure determination and faith, not knowing how I was going to accomplish my dream but determined to do so regardless.”

Worrell encouraged the

audience to find their passion in life, regardless of gender or race, and seek to fulfill it.

“When you make that decision to do something different and realize your purpose, the universe opens up for you,” Worrell said. “It may take an undetermined period of time, but it will happen if you work hard enough for it. Women’s History Month teaches us that everyone—not just women—has something valuable to contribute to the world.”

The observance event also included a leadership panel of three female military service members—Col. Julie Boit, Lt. Cmdr. Cindy Suarez and Command Sgt. Maj. Janet Thomas—who fielded questions from the audience about how their careers applied to Women’s History Month, and shared stories about the important women who helped them grow into the leaders they are today.

“My first head of department on my first ship has been the mentor I have modeled my career after,” Suarez said. “As a female officer, she taught me how to lead my junior personnel effectively and to keep myself calm and collected, no matter what obstacles I may face.”

Boit said sometimes the best advice isn’t even the

typical kind we are accustomed to.

“The best ‘advice’ I ever received came from watching a female military leader I admired and wanted to follow the example of,” Boit said. “My entire career, I’ve tried to emulate the leadership example that one female leader set for me early on. If I can come even just a little bit close to living up to the example she set for me all those years ago, I’ll feel fulfilled.”

Adm. Harry B. Harris, Jr., commander, U.S. Pacific Command, praised the role women have played in our nation’s



Berneicea “Bee” Worrell, the first African American to start a real estate brokerage firm and property management company in the state of Hawaii, speaks to audience members during a National Women’s History Month observance at JBPHH, March 15.

history and saluted those who continue to set the example for the future generations of women service members in the military.

“We’ve come a long way in recognizing the value

of women, and their role in helping our military become a more effective force,” Harris said. “I challenge each and every one of you here today to do your part in moving our military forward in

the right direction. We all deserve to be recognized for our merits, and not be held back by our genetics. Take care of each other, by focusing on what we all have in common: a love for our country.”

Preparing for a smooth move during peak season

NAVSUP FLC Pearl Harbor Public Affairs

Each year, about 225,000 Department of Defense (DoD) and U.S. Coast Guard household good shipments are slated for movement during the summer months. Hawaii typically ships about 10,000 moves during this time frame. These shipments compete with private sector moves creating a phenomenon in the transportation industry called the “peak moving season.”

Peak moving season runs from May through August each year with the peak of the peak between Memorial Day and July 4.

The Army’s military Surface Deployment and Distribution Command’s (SDDC) personal property directorate manages the Defense Personal Property Program, or DP3, for DoD. SDDC officials want service members, federal employees and their families to know a smooth move for household goods is possible during peak moving season with proper planning and attention to detail.

As soon as you receive your permanent change of station orders, you should start your move process, requesting your pickup and delivery dates as soon as possible. This will ensure a better chance of getting the dates you want. All DoD service members and civilians, including their families, need to use the Defense Personal Property System (DPS) at www.move.mil, which is a one-stop shop portal where members can completely manage their move process.

Members using DPS for the first time will find on-line training videos and presentations explaining how to navigate through the move process.

Tips for a smooth move:

- Create a personal moving calendar with checklists, phone numbers and links to critical moving processes and information.
- Your Transportation Office (TO) or Personal Property Shipping Office (PPSO) is the primary point of contact for customer service. It is never too early to ask questions.
- Once you get your orders and know the dates you want to move, immediately start the moving process by going online to move.mil. Flexibility is important and building extra time into your schedule for unforeseen circumstances is recommended.
- Once your move dates are requested, don’t assume they are set. Move dates are not confirmed until you coordinate with your transportation service provider (the company contracted to do your move).
- Pack, pickup and delivery dates are usually scheduled on weekdays. You or your designated representative must be available between the hours of 8 a.m. and 5 p.m. You don’t want to miss your move dates as this will cause unnecessary hardship on everyone and possibly extra expenses for you.
- Have a good estimated weight of your per-

sonal property. A quick method for estimating your weight is to calculate 1,000 pounds per room. A more accurate estimate can be made using the weight estimator found at move.mil.

- Moving is a good time to dispose of unnecessary items. This will help you avoid excess weight charges if your shipment is close to the authorized weight allowance. You don’t want to ship and pay for something you don’t want. You can request a reweigh of your personal property shipment at no cost to you. This is done when you are near or over your weight allowance.

- If you are making more than one shipment, make sure you clearly separate them at your residence. Packing and loading for multiple shipments should be scheduled on separate days to avoid confusion. You want the right items going to the right destination.

- Move.mil places you in direct contact with your moving company to manage the movement of your personal property. It is ex-

tremely important to keep your contact information (phone number and e-mail address) updated in move.mil.

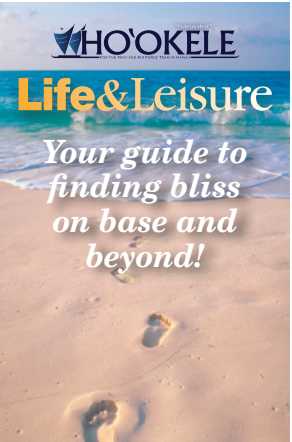
- If you have a delivery address for your personal property and want direct delivery, it is important to work closely with your moving company to arrange delivery and avoid your personal property being placed in temporary storage.

- You can find the “It’s Your Move,” “Shipping Your Privately Owned Vehicle” and “Storing Your POV” pamphlets on the move.mil website. These pamphlets provide explanations on responsibilities for personal property and privately owned vehicle (POV) shipments and are a great source for additional moving tips to help you prepare for the move.

For more information about the moving process, visit your local Personal Property Shipping Office or Installation Transportation Office. For more information on Navy household goods information, visit www.navsup.navy.mil/household.



Photo courtesy NAVSUP FLC Pearl Harbor Public Affairs
Peak moving season runs from May through August.



HO'OKOLE

Life & Leisure

National conference inspires Joint Base Keystone Club

Zayne Hyider

Youth Writer,
Joint Base Pearl Harbor-Hickam
Teen Center

Photos by Zachary Pigott

Joint Base Pearl Harbor-Hickam
Teen Center

Joint Base Pearl Harbor Hickam's (JBPHH) Keystone Club participated in the 50th National Keystone Conference in Chicago from Feb. 27 to March 4.

The JBPHH Keystone Club was selected by Commander, Navy Installations Command (CNIC) to be fully funded and represent the Pacific region Military Boys & Girls Clubs of America (BGCA) clubs during this conference. The JBPHH Keystone Club was recognized for their various community service projects around JBPHH and mentoring of school age youth during the Keystone charter year from Sept. 1 to the present.

Keystone is BGCA's most dynamic teen program. It affords teens an opportunity to gain valuable leadership and service experience planning and implementing activities and programs in teen outreach, community service, career preparation, and academic success.

Every year BGCA gathers Keystone Clubs from all around the world to one giant conference they call the National Keystone Conference. The National Keystone Conference provides Keystoneers with positive opportunities to engage and socialize with peers, explore teen issues relevant to their lives, and develop skills to support and enhance service and leadership efforts in their clubs and communities.

At the Keystone conference the JBPHH teens engaged in workshops relating to resiliency, reintegration of loved ones after deployment, saving and planning for college, American College Testing Program (ACT) prep, college and workforce expo, and much more. Large group sessions exposed them to inspirational guest speakers such as the rapper Common, Ian Humphreys and Jim Clark, who is the president and CEO of BGCA, to name a few.

"It was really fun and exciting! The workshops gave me a lot of information to help improve our efficiency as a Keystone Club," said Simmone Courtney, JBPHH Keystone member.

Participants said the whole experience left the JBPHH Keystone Club inspired and motivated to continue their work in the community and be leaders among their peers.

For more information regarding the Teen Center, call 488-0418 or check their Facebook page at www.facebook.com/jbphhteencenter.



Halsey comes out on top in battle of unbeaten teams

**Story and photo by
Randy Dela Cruz**

Sports Editor, Ho'okele

While some teams keep a steady eye towards the standings from the very beginning, other squads just play their game and let the rankings take care of themselves.

With a perfect mark of 3-0 after their win over Hawaii FC on March 11 at Quick Field, Joint Base Pearl Harbor-Hickam, players on USS Halsey (DDG 97) are taking it one game at a time.

“We really don’t keep track of the standings this early in the season,” Machinery Repairman 3rd Class Dale Brooks said. “We figured we were going to be in for it today, but...”

Brooks scored two goals, while the Halsey’s defense went to work to pitch a shutout for a 2-0 win.

Hawaii FC also entered the matchup undefeated, but the loss put them one game in back of Halsey with a 2-1 record in the Red Division.

As expected, both teams battled their way throughout the game, but in a tough face off such as that, just one mistake could be devastating.

While Hawaii FC goalkeeper Electronics Technician (Communication) 3rd Class Alan Cebreros played a tremendous game by coming up with numerous stops, it’s the ones that get away that always kill you.

Early on Cebreros used his athletic ability to play away from the goal, but in one instant, Halsey made him pay for his daring style of play.

Coming down the right side of the field, Brooks took the ball past the halfway marker and as he approached the goal, he saw Cebreros out of position.

Taking a chance, Brooks accepted the challenge and launched a kick that got to the back of the net before Cebreros could recover.

The long goal by Brooks stood through the rest of the

first half and allowed Halsey to take a 1-0 lead into halftime.

“He (Cebreros) was being a little cocky standing out deep,” Brooks said. “I looked up and saw him and I knew he saw me. I saw his eyes get big and he knew he was in trouble.”

After intermission, the teams resumed play with Halsey changing up their defense to keep Hawaii FC off-balance.

The change of pace was a

good plan, as it allowed Halsey to tighten the grip on Hawaii FC’s offense.

“We ran ourselves to the ground in the first half,” Brooks said. “After we came out, we moved to a two-four-two. We were playing a three-three-two.”

Late in the game, with Halsey maintaining their 1-0 lead, Brooks struck again and that put the game in the team’s back pocket.

This time, Brooks came from the top and took the ball right down the middle of the field, before kicking in his second goal of the game.

The ball barely inched its way in, as it ricocheted off the left upright and bounced back into the net for a goal.

“I got a good pass and just a little bit of composure right in front of the net,” Brooks said. “It was kind of unfair for the goalie because I was wide open.”

Last year, USS Michael Murphy (DDG 112) shocked Joint Base, when they became the first ship to win the intramural soccer championship.

Brooks said that with the talent that is on Halsey, he feels that they can become the second destroyer to take home the big prize.

“We do have a good team and we all get along,” he said. “Yeah, this team is going undefeated. Put that in quotes.”



Halsey striker Machinery Repairman 3rd Class Dale Brooks follows through on a kick for his second goal of the game.

Navy lieutenant comes up big in Swish victory

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

Lt. Mark Veazey, who is the Navy's contribution to the professional American Basketball Association's Hawaii Swish, came off a 10-point game back on Feb. 28 to nearly double his production. The Swish defeated the visiting Orange County Novastars, 112-107, on March 11 at the Neil Blaisdell Arena in Honolulu.

The win was the team's third of the season against no defeats and places the Swish in a position to finish out their abbreviated season undefeated with a victory over the visiting Las Vegas Jokers on March 22.

Veazey, who is the team's starting center, came out strong and scored the first basket of the game en route to 19 points. Eight of them came in the first quarter.

Just one season ago, Veazey, who stands 6-feet, 10-inches tall, was playing at Joint Base Pearl Harbor-Hickam, as a member of Pacific Command/Joint Intelligence Operation Center (PACOM/JIOC).

With top scorer Leon Ballard struggling in the first half, Veazey's contribution was huge for the Swish. The team clung to only a two-point lead, 26-24, after one quarter and was tied at the half at 52-52.

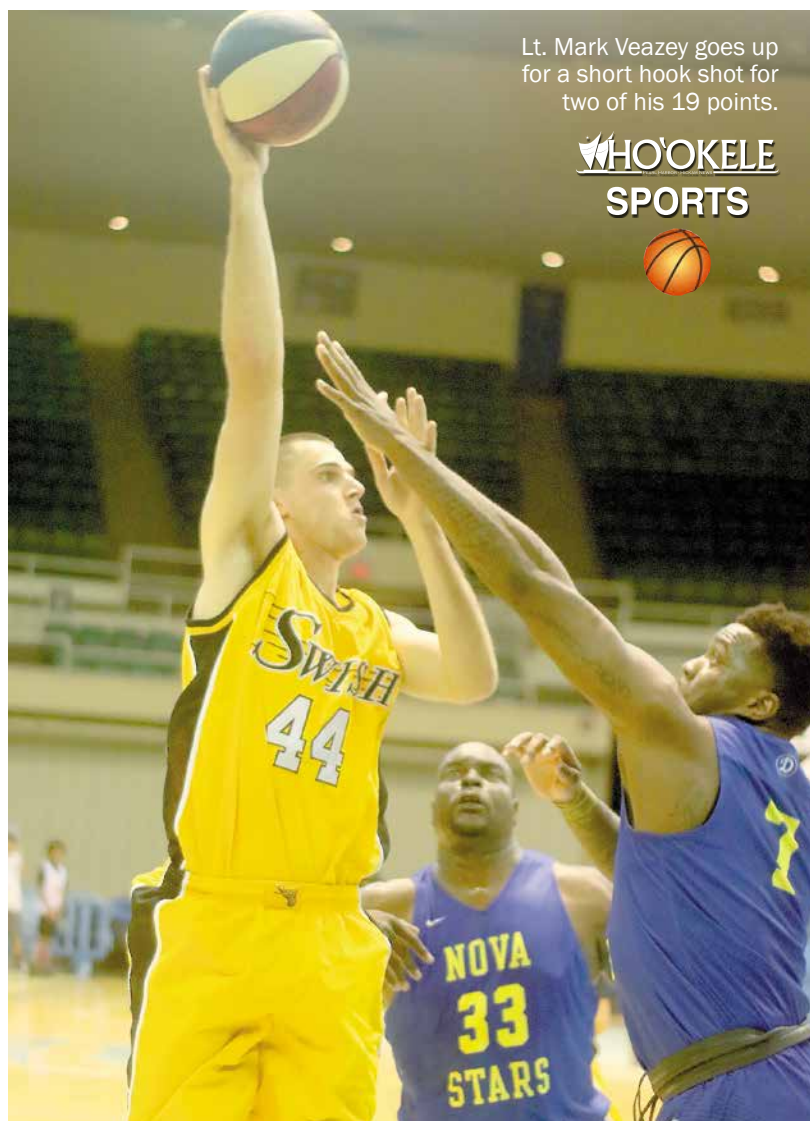
"I was just trying to be aggressive," said Veazey, whose eight first quarter points led all scorers. "The last game, I wasn't really aggressive. In the first game, I came out aggressive and I wanted to do it again. They had some bigs, but I feel comfortable I can play with anybody."

During the entire game, no one could pull away. Both teams traded baskets and leads throughout the matchup.

A basket and assist by owner/player Jeremy Robinson late in the second quarter put the Swish ahead by five points at 47-42.

However, back came the Novastars, who tied the game up at 52-52 going into halftime on a basket-and-one by Jaushay Rockett just before the horn.

The second half was just as hotly



Lt. Mark Veazey goes up for a short hook shot for two of his 19 points.

**HO'OKELE
SPORTS**



contested, but with Ballard coming alive, the Swish broke out to an eight-point advantage at 69-61.

During the stretch, Ballard joined Veazey with seven points apiece to lead the way.

Still, the lead wasn't big enough, as the Novastars rallied to tie the score at the end of the third quarter at 81-81.

The game continued to seesaw back and forth, as the Novastars scored the first six points of the final quarter, but the Swish responded with a 7-0 run to jump back out in front.

Tied again at 88-88, the Swish finally began to slowly pull away to finish off the Novastars.

A three-ball by former University of Hawaii player Pii Minns pushed the Swish on top at 92-90.

The Swish followed up with a putback by Ballard and a fast-break basket by Robinson, who got the assist from Veazey.

Then with only 1:17 remaining on the clock, the Swish was finally able to take a breath, when Ballard scored another hoop on a dish from Robinson that gave the team a five-point lead at 107-102.

Veazey said that the hard-fought battle was a very good test for the Swish, who ran off with easy wins in their first two ABA games.

"Every game is not going to go exactly your way," said Veazey, who was forced to sit most of the fourth quarter with five fouls. "There were times when we really could have fallen apart, but we really stayed together. That's how we won. We stayed as a team."

Shorthanded 647th CES still triumphs over 613th AOC

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

No matter how many players arrive for their games, nothing seems to slow down the 647th Civil Engineer Squadron (647 CES) Bulls.

Despite starting their showdown against the 613th Air and Space Operation Center (613 AOC) with only four players, the Bulls picked up the pace with the arrival of Staff Sgt. Elvis Shaw and won by a score of 85-69 to notch their seventh win against no defeats in an Over 30 White Division game March 14 at Joint Base Pearl Harbor-Hickam Fitness Center.

The 613 AOC, which entered the matchup in a tie for third place, fell to their third defeat against four wins.

"We live by the three and die by the three," Shaw said about the team's come-from-behind win. "If we get something in between, we've got guys who can drive to the lane to get an open shot. If they ain't got no lay-up, they got us on the wing ready to shoot."

Shaw, who arrived about four minutes after the game had started, wasted no time in establishing the team's perimeter game.

Down 13-2 following an 11-0 run by 613 AOC, Shaw stepped up and swished his first shot from the three-point zone to stop the skid.

Then two minutes later, Shaw connected on another long ball from beyond the arc that cut the lead down to one at 13-12.

Shaw fired in his third three ball in under four minutes to bring the Bulls all the way back to tie at 15-15, before teammate Staff Sgt. Corey Doss sank his first trey of the game to put the Bulls in front at 18-15.

The 613 AOC fought back to re-take the lead, but another Doss trey pulled the Bulls back to within a point and then, back the other way, Bulls guard Staff Sgt. Brian Sand-



Staff Sgt. Corey Doss fights off a defender to score two of his 26 points.

**HO'OKELE
SPORTS**



ers stole the ball and kicked it out to Doss, who banked in a lay-up. That gave the Bulls their second lead of the game at 30-29.

Sanders would go on to drop a bulls-eye from the corner for a trey just before the buzzer sounded to end the first half, with the 647 CES up by a score of 43-38.

The high-scoring battle in the first half resembled the three-point contest at the NBA's All-Star game, as the Bulls pumped in eight shots from long range, while the 613 AOC fired in six treys.

Master Sgt. Tyson Weyer was high man for the 613 AOC with three treys in the first half, while Shaw had four and Doss put down three.

The second half started off the way the first half ended, with Sanders knocking down a jumper from three-point land.

Later, holding an eight-point lead, the Bulls began to pull away after Doss put his team up by 10 on a lay-up.

The lead rose to 14 at 58-44 on a

basket-and-one by Doss with 12:27 remaining on the clock.

The 613 AOC began one final comeback and cut the lead back down to 10 on putback by Master Sgt. Matt Rall.

However, back-to-back treys by Sanders gave the Bulls a 16-point lead, which proved to be too much for the 613 AOC to overcome.

"We're all competitive," said Shaw about the team's unwillingness to succumb under heavy pressure applied by the 613 AOC. "When we saw them locking us down and they were coming down hitting open shots, we had to talk to each other and say, hey lets get back together."

With the playoffs for the Over 30 Division starting on March 21, the Bulls, who finished the division as the only undefeated team, are certainly the favorites to win it all.

While Shaw admits that there is a lot of pressure to finish the season without a loss, he believes that the Bulls are in the driver's seat.

"We just got to come out and play our game," he said.



UPCOMING EVENTS

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

St. Patrick's Day celebrations set for today

● **St. Patrick's Day Party** will begin at 4 p.m. today at Brews & Cues (building 1557). There will be free pupus and prize giveaways. There is no cover for this event. For more information, call 473-1743.

● **St. Patrick's Day special meals** will be available today at The Lanai at Mamala Bay. Irish-themed specials will be offered for lunch and dinner. For more information, call 422-3002.

● **Annual Creative Writing Contest** submissions are due on March 18 at the Joint Base Library. Poetry and short stories submissions will be accepted. Prizes will be awarded in both divisions and all age categories. To see the rules and age categories and to download an entry form, visit www.greatlifehawaii.com. An awards ceremony and refreshments will be hosted by the Hickam Library Friends on Saturday, April 8. For more information, call 449-8299.

● **Hickam Fitness Center 24-hour operations trial** will begin March 20. The center will be open continuously from 4:30 a.m. Monday through 9:30 p.m. Friday for a period of 90 days. Weekends, holidays and family days do not apply. The center is open to all authorized users. No guests allowed. All rules and regulations apply. For more information, call 448-2214.

● **Teen Center hike: Aiea Loop Trail** will be held from 8:30 a.m. to 3 p.m. March 20 for ages 13 to 18 years old. Participants should bring water, hat and sunscreen, snacks and lunch. Participants are encouraged to wear comfortable clothes and supportive hiking shoes. The cost is \$5, and the deadline to sign up is Saturday at the Joint Base Teen Center. Transportation will be provided. For more information, call 448-0418.

● **Teen Employment Program: Job fair prep** will be held from 1:30 to 2:30 p.m. March 20 at the Peltier Conference Room. Teens ages 14 to 18 years old can learn how to write their resume and fill out a job application to get ready to find a job this summer. This event is open to family members of active-duty, retired military, Department of Defense and contractor employees currently enrolled in high school. For more information, call 448-0418.

● **Teen Center family night: movie night** will be held from 5:30 to 7:30 p.m. March 21 at the Joint Base Teen Center. Teens and their families can spend some quality time with a free movie. Light snacks will be served. The event is open to families of teens ages 13 to 18 years old. For more information, call 448-0418.

● **Intramural softball coaches meeting** will begin at 1 p.m. March 22 at the JBPHH Fitness Center. The season runs April 4 through June. The league is limited to commands from JBPHH. Any additional active-duty members not belonging to a command team will come from a players' pool. All individual players who are interested in getting into the players' pool, should call the intramurals office at 473-2494 or 473-2437.

● **Free Month of the Military Child: Golfing with Heroes** will be held from 3:30 to 6:30 p.m. April 7 at Mamala Bay Golf Course. Junior golfers will be categorized in two age groups: 7-12 years and 13-18 years (limit 20 per each age group) and will be paired up with heroes. Heroes can sign up at the Youth Sports Office now. All participants need to provide their own set of clubs and bring plenty of water to stay hydrated, sunscreen and hats. All participants need to wear appropriate golf attire (collared/polo shirts). Online registration will end March 22. For more information, call 473-0789.

● **Kayaking Chinaman's Hat** will begin at 8 a.m. March 25 at the MWR Outdoor Adventure Center at the Fleet Store. The cost is \$25, and the deadline to sign up is March 23. Participants are encouraged to bring lunch or snacks and plenty of water. This trip is considered moderate to strenuous in level of difficulty. For more information, call 473-1198.



Photo courtesy of YMCA of Honolulu

Healthy Kids Day at Bishop Museum

YMCA Healthy Kids Day 2017 will be held from 9 a.m. to 2 p.m. April 8 at the Bishop Museum. The event is designed to get kids and their families moving, learning and living healthier. It also connects youth and families to outdoor environmental learning and service opportunities.

The event will feature more than 40 community partners offering a variety of hands-on activities, games, fitness challenges, health screenings and demonstrations along with entertainment, food and snacks. Participants can bring their refillable water bottles to fill up at the free water station. This year will focus on outdoor environmental volunteer activities for the whole family.

Admission is free for kamaaina and military families with valid ID and includes entry to all of Bishop Museum's exhibits, Planetarium and Science Center. Free tickets are available online in advance to save time at www.ymcahonolulu.org.

The Polynesian Voyaging Society and Department of Natural Land and Resources and other environmental agencies will be offering activities along with the launch of the www.ConservationConnections.org website.

Upcoming blood drives



Currently scheduled drives include:

- March 17, 9 a.m. to 1 p.m., Pearl Harbor Naval Shipyard Building 2.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

YMCA Camp Erdman Community Day

Families are invited to experience some of the fun and adventure Camp Erdman offers through its summer camp programs at its annual free Community Day from 10 a.m. to 3 p.m. April 1.

Families are invited to spend a free day at YMCA Camp Erdman for tours, camp activities and to learn what the camp has to offer. The camp address is 69-385 Farrington Highway in Waialua.

Free activities include the

alpine tower and high ropes odyssey challenges, archery, swimming, rock wall climbing, guided tours of camp grounds and cabins and arts and crafts.

Food and drinks will be available for purchase. Participants can bring their swimsuits, towels and sneakers.

Camp Erdman counselors will be available to help families register their children for camp.

Participants can save time and register online for their free ticket

at www.CampErdman.org.

Nestled between the Waianae mountains and pristine beaches of Mokuleia, Camp Erdman offers overnight week-long camp experiences for youth entering second through 11th grade and family camps during the weekends of Mothers Day, Fourth of July and Halloween.

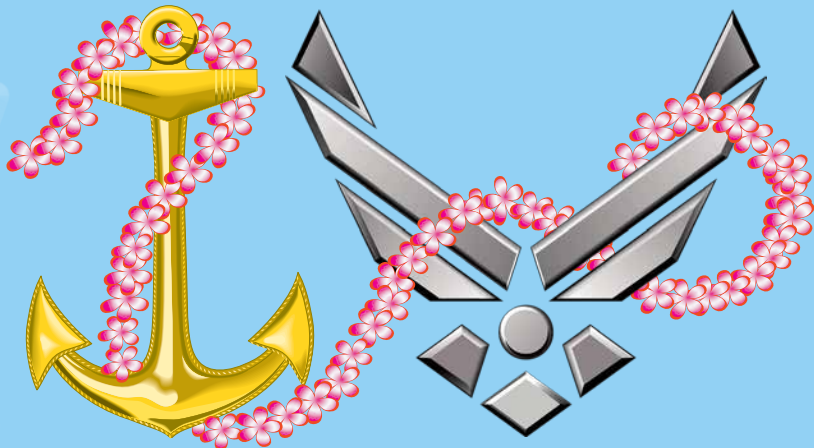
For more information, call 637-4615 or visit the website www.CampErdman.org to register online.



Photo courtesy of YMCA of Honolulu

Camp Erdman's Community Day will feature outdoor activities.

MARCH

HO'OKELE
PEARL HARBOR - HICKAMCOMMUNITY
CALENDAR**LEGAL OFFICE HOURS UPDATE**

NOW — The Joint Base Legal Office will no longer offer powers of attorney and notary services on Thursdays. Federal notary and power of attorney services walk-in hours are Monday, Tuesday, Wednesday and Friday from 8 a.m. to 3 p.m. Walk-in legal assistance attorney consultations are Monday to Wednesday from 8:30 to 10:30 a.m. and Thursday from 1:30 to 3 p.m. For appointments, call 473-4717. The office is now offering the option for people to generate their own special powers of attorney online by visiting www.jag.navy.mil/legal_services/SPOA.htm

ST. PATRICK'S DAY CSADD AWARENESS

TODAY — A St. Patrick's Day awareness event will be held from 11 a.m. to 1 p.m. at Nimitz Gate, Joint Base Pearl Harbor-Hickam. Sailors from the Coalition of Sailors Against Destructive Decisions (CSADD) will hold signs and posters in support of camaraderie, encouraging their peers to make positive decisions and to remind them to "keep what they've earned."

PEARL HARBOR SURVIVOR'S BIRTHDAY

TODAY — Pearl Harbor survivor Everett Hyland turns 94 today, and the public is invited to help celebrate. They can go to the Pearl Harbor Visitor Center at 10 a.m. today, March 17, to wish him a happy birthday. On Dec. 7, 1941, Hyland was aboard the Battleship USS Pennsylvania, flagship of the Pacific Fleet. He was so badly wounded by a blast that day that his own friends did not recognize him. He spent nine months in recovery, and then went back to sea. Since 1995, Everett has volunteered at the visitor center on Sundays, where he shares his story with visitors. FMI: www.nps.gov/valr and www.facebook.com/ValorNPS.

VOLUNTEER OPPORTUNITY

TODAY — A Honolulu Community Action Program volunteer opportunity will be held at noon at 2243 Kalaunu St. in Honolulu. It consists of helping distribute food for a low-income housing area. Participants should wear closed toed shoes and

comfortable clothing. FMI: UT1 Franklyn Vasquez at franklyn.vasquez@navy.mil.

WORK, LIFE BALANCE MARCH 20 — A class on work and personal life balance will be held from 1 to 3 p.m. at Military and Family Support Center Pearl Harbor. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or call 474-1999.

CAR BUYING STRATEGIES MARCH 21 — A class on car buying strategies will be held from 1:30 to 3:30 p.m. at Military and Family Support Center Wahiawa. Participants can learn how to negotiate and determine what they can afford, plan for various expenditures of a car, trade-ins, discounts and financing, high-pressure sales tactics and tricks to watch out for, and education on financing a new or used car. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or call 474-1999.

BOOTS TO BUSINESS MARCH 21-22

— A two-day "Transition GPS (Goals, Plans, Success): Boots to Business" seminar will be held from 7:30 a.m. to 3:30 p.m. both days at Military and Family Support Center Pearl Harbor. This seminar, provided by the U.S. Small Business Administration, can assist participants in understanding how to launch and grow a business as a post-military career. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or call 474-1999.

WOMEN'S HISTORY MONTH EVENT MARCH 22

— In celebration of Women's History Month, the Honolulu-Pacific Federal Executive Board Diversity Working Group is sponsoring a free Leadership, Experience and Innovation seminar from 9 to 11 a.m. at the National Oceanic Atmospheric Administration Daniel K. Inouye Regional Center Auditorium, 1845 Wasp Blvd., building 176. Dr. Kathleen McChesney will be the guest speaker. McChesney has held various leadership positions in the Federal Bureau of Investigation, culminating as an executive assistant director, the United States Catholic Bishops' Conference and The Walt Disney Company. She is a recipient of the President's Award for Distinguished Public

Service and the Lifetime Achievement Award of the National Center for Women in Policing. FMI: To register for the seminar go to <https://www.eventbrite.com/e/womens-history-leadership-experience-and-innovation-seminar-tickets-31620206890>.

NAVIGATING USAJOBS MARCH 23

— A class on navigating USAJOBS and federal resumes will be held from noon to 3 p.m. at Military and Family Support Center Pearl Harbor. Registration highly encouraged. It's also helpful to bring along your own laptop as well as a federal job announcement from USAJOBS that you may be interested in pursuing. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or call 474-1999.

PURPLE CRYING MARCH 23

— A class on PURPLE Crying will be held from 1 to 3 p.m. at the Hickam Medical Building. PURPLE stands for Peak of crying, Unexpected, Resists soothing, Pain-like face, Long-lasting, Evening. The period of PURPLE Crying is the phrase used to describe the time in a baby's life when they cry more than any other time. The class aims to help parents find ways to soothe their baby and build resilience during this challenging period. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or call 474-1999.

USO SPRING VISIT MARCH 25

— The USO Spring Visit 2017 will feature a free variety show on March 25 at Ward Field, Joint Base Pearl Harbor-Hickam. The show will start at 12:45 p.m. and gates open at noon. The start time has been moved up from its previous 1 p.m. start. The event is open all military-affiliated personnel and their sponsored guests. The event is scheduled to feature country music artist Craig Morgan, Olympic swimmer and two-time medalist Katie Meili, mentalist Jim Karol, celebrity chef and restaurateur Robert Irvine and UFC commentator and former champion Dominick Cruz. The lineup is subject to change without notice. In addition, the 12,000 Scouts of Aloha Council will provide free flavored popcorn at their booth while supplies last. FMI: email info@greatlifehawaii.com or visit www.greatlifehawaii.com.

MOVIE
SHOW/TIMES**THE GREAT WALL**

In this action-fantasy epic set in 11th century China, two mercenaries from the West (Matt Damon and Pedro Pascal) are captured by a military organization that are headquartered in a fortress on the Great Wall. In time, the duo get caught up in a battle between the Chinese warriors and a supernatural menace that the Great Wall was built to repel.

SHARKEY THEATER**TODAY — MARCH 17**

7:00 PM John Wick: Chapter 2 (R)

SATURDAY — MARCH 18

2:30 PM The LEGO Batman Movie (PG)

5:00 PM Fist Fight (R)

7:10 PM The Great Wall (3-D) (PG-13)

SUNDAY — MARCH 19

2:30 PM The LEGO Batman Movie (3-D) (PG)

4:50 PM Rings (PG-13)

7:10 PM John Wick: Chapter 2 (R)

THURSDAY — MARCH 23

7:00 PM The Great Wall (PG-13)

HICKAM MEMORIAL THEATER**TODAY — MARCH 17**

7:00 PM The Lego Batman Movie (PG)

SATURDAY — MARCH 18

3:00 PM The Lego Batman Movie (PG)

6:00 PM Rings (PG)

SUNDAY — MARCH 19

3:00 PM The Lego Batman Movie (PG)

THURSDAY — MARCH 23

7:00 PM Fist Fight (R)