THE 1ST INFANTRY DIVISION POST

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Sniffin' Out Danger



Rrobiek, a Belgian Malinois military working dog, and his handler, Staff Sgt. Charles Ogin, 3rd Infantry Regiment, practice bite training after work Feb. 14 in Baghdad, Iraq. Rrobiek is a patrol and explosive detector dog who works with Ogin to ensure the safety of everyone inside the entry point gate at Union III in Baghdad, Iraq.

Military working dog serves in Iraq for second tour

Story and photo by Sgt. Anna Pongo CJFLCC - OIR PUBLIC AFFAIRS

BAGHDAD, Iraq — Rrobiek, a 7-year-old Belgian Malinois, was born to be a hero. He was bred and trained to serve and protect the people he works with. Those people are members of the Combined Joint Forces Land Component Command in Iraq.

Rrobiek is a patrol and explosive detector dog and he, along with his handler, Staff Sgt. Charles Ogin, 3rd Infantry Regiment, work hard to ensure the safety of everyone inside the entry-point gate at Union III in Baghdad, where the 1st Infantry Division

headquarters and headquarters battalion is deployed.

Rrobiek is one of six military working dogs who live and work with their handlers at Union III. These dogs work with their handlers to check each vehicle drive through the entry point.

They also do other behind-the-scenes work to keep Union III safe.

"While it may not quite be thinking like us, they think," said Maj. George Johnson, deputy for force protection, CJFLCC - OIR. "This enables them to help us enhance our force protection."

Ogin and Rrobiek started working together in 2014, after Rrobiek's last deployment to Afghanistan.

"At first it was a bit of a rough relationship because it's two different conflicting personalities," Ogin said. "But we started meshing, and now I wouldn't have it any other way. He's a great partner."

While on a temporary duty trip to Kenya in 2015, the duo began to bond as they lived together for the first time. This opportunity brought the two together to form the connection they needed to become the partners they are

Rrobiek was born June 1, 2010, at Lackland Air Force Base, Texas. The MWDs are procured or bred

See WORKING DOGS, page 7

Medic team cares for coalition forces

Story and photo by Spc. Derrik Tribbey CJFLCC-OIR PUBLIC AFFAIRS

BAGHDAD, Iraq — Hope for the best. Train for the worst.

This is the 1st Infantry Division medical team's approach as they support the multinational coalition with Combined Joint Forces Land Component Command –

Operation Inherent Resolve in Iraq.

The four-person team knows anything can happen during a deployment and they want to make sure service members are aware of that possibility, too. In addition to their day-to-day activities, the team works to coordinate training so everyone will be ready to save a life.

The combat medic team is primarily responsible for providing emergency medical treatment on the battlefield, limited primary care, health protection and evacuation. At Forward Operating Base Union III, Baghdad, Iraq, the team is dedicated to training and educating the coalition.

See MEDICS, page 6



Capt. Tiffany Bujak, center, battalion surgeon, Combined Joint Forces Land Component - Operations Inherent Resolve; Sgt. Vladislav Dobin, right, medical team leader, CJFLCC - OIR and Spc. Nicholas Ball, medical team member, CJFLCC - OIR, provide emergency medical care to a simulated patient during a battle drill Feb. 9 in Baghdad, Iraq.

Desert Storm veterans revisit 'berm breach' at Fort Riley

Story and photo by Spc. Elizabeth Payne 19TH PUBLIC AFFAIRS DETACHMENT

"Big Red One" Soldiers and veterans from Desert Storm met for reveille and then ran through a simulated berm on Custer Hill during the 26th Anniversary of the Breaching of the Berm event Feb. 24 at

Fort Riley.

Often referred to as the first Persian Gulf War, Operation Desert Storm began as a response to Iraq's invasion of Kuwait in August 1990. Under the leadership of Maj. Gen. Thomas G. Rhame, "on Feb. 24, 1991, two brigades of the Big Red One led the Army's charge into Iraq by breaching



Soldiers from the 1st Infantry Division Soldiers run through a simulated berm set up along Normandy Drive Feb. 24. The berm consisted of concertina wire and replica signs from the 1991 "breaching of the berm" during Operation Desert Storm.

the fortified 'Saddam Line' spearheading the coalitions' armored attack on Saddam Hussein's forces," said Robert Smith, director, Fort Riley museums, Directorate of Plans, Training, Mobilization and Security.

See BERM, page 7

FORT RILEY VOLUNTEER SPOTLIGHT



Sgt. Mathew Haskins, 97th Military Police Battalion, volunteers with the Vintage Park Assisted Living Community in Wamego, Kansas. He interacts with the residents and provides his expertise as a member of the pyro team for a fireworks display for them.

To learn more about volunteer opportunities, call Becky Willis, Army Volunteer Corps Program manager, at 785-239-4593.

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Virtual information key to maintaining 'Big Red One' Soldiers' fighting capabilities

Story and photo by Andy Massanet

1ST INF. DIV. POST

With the end of Danger Focus II Feb. 17 came the process of evaluating the proficiency and coordination of Soldiers of the 2nd Armored Brigade Combat Team, 1st Infantry Division, as they prepare for an upcoming rotation to the National Training Center at Fort Irwin, California.

Used in that evaluation process are the products created by the Homestation Instrumentation Training Systems team of the Fort Riley Training Support Center, Directorate of Plans, Training, Mobilization and Security.

While the Multiple Integrated Laser Engagement System uses lasers and sensors to register targeting, HITS generates imagery and tracks records movements by elements ranging from Soldiers individual battalion-level forces, said Ron Schum, HITS site lead for CSRA, Inc., the contractor that manages the HITS for DPTMS.

To obtain additional information, HITS employs two antennae: one behind the dirt airfield adjacent to Highway 77 on the west side of the Fort Riley training ranges and one adjacent to old Highway 85, south of the ranges.

The antennae, Schum said, help digitally integrate information from the 1,157 radios in the possession of both the opposition force, called the red force or OPFOR, and the

friendly force, also called the blue force.

"It (the antennae system) gives us the ability to cover all of the impact and training area except for the east side of Fort Riley," Schum said.

The HITS also has an elaborate system of redundancies built into it, Schum said. So no information is lost.

There are teams of technicians in HITS that make sure the system remains in order.

"We're here to make sure the system stays functioning," said Rusty Davis, telecommunications mechanic for CSRA.

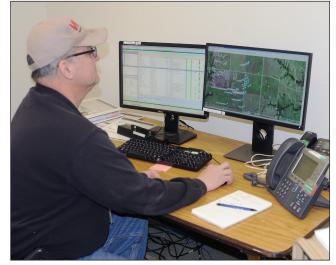
Ross Siebe, electronics technician, also with CSRA provided information on the process.

"We just got back from a 40-mile circuit to make sure we are up and running," Siebe said. "And those (circuits) are done at least once per shift."

Schum said the result is that all information can be sent to the Mission Training Complex at the Seitz Regional Training Campus on Fort Riley.

"It is the central hub," Schum said. "But for larger exercises we can also transmit to the CCTT (Close Combat Tactical Trainer) for virtual tank training, and the AVCATT (Aviation Combined Arms Tactical Trainer) for virtual aircraft training."

"In these exercises, being able to fire a weapon is only part of the goal," he added. "All the



Ron Schum, site lead for the Homestation Instrumentation Training Systems team, Directorate of Plans, Training, Mobilization and Security, operates a computer terminal Feb. 13 during Danger Focus II. The system tracks and records movements by elements ranging from individual Soldiers to battalion-level forces and helps military leaders evaluate the proficiency and coordination of units.

Soldiers have to work together as a smoothly functioning unit. Now (as the exercise comes into is final stages) is the time for Soldiers to demonstrate that they can work together. That's what these exercises are really all about, and that's what this information helps them do."

With this digital information, Army leaders at every level can evaluate performance, make corrections, and ultimately train and maintain a cohesive, coordinated and integrated fighting force that brings to bear a maximum amount of military power on an enemy, Schum said.

Steven Crusinberry, director of DPTMS talked about the support the Training Support Center and MILES/HITS team provides for exercises like Danger Focus.

"Use of these systems enhances training, enabling Soldiers to conduct live-fire and force-on-force training with the utmost safety and realism," Crusinberry said. During their rotation at the National Training Center, the 2nd ABCT will use MILES extensively, so the ability to train on both systems here at home station during Danger Focus was critical."

Hospital commander gives update about facility to community

Story and photo by Maria Childs 1ST INF. DIV. POST

JUNCTION CITY, Kansas — Col. John Melton, commander of Irwin Army Community Hospital, was the guest speaker at the Junction City Chamber of Commerce Military Affairs Council breakfast Feb. 23 at the Geary County Convention Center.

He updated the community about the growth of IACH since the opening of the facility on post in October 2016. The facility has gained recognition from the Occupational Safety and Health Administration and laboratories inside the hospital have been accredited by the College of American Pathology.

"We see the hospital as a demonstration of our nation's unwavering commitment," Melton said.

He said with the new hospital, IACH has added the capability of 10 acute intervention behavioral health benefits, which is a "game changer."

If a Fort Riley Soldier or family member requires acute intervention or inpatient behavioral health treatment, they would have been transported to another nearby facility. Hospital staff is working on a solution to bring this capability to Fort Riley.

"Our timeline looks like we'll have that capability up and running by June of this year," he said.

About 1,400 people make up the medical staff that serves the Fort Riley community.

the Fort Riley community.

"Fourteen hundred individuals are responsible for the safe,

quality delivery of care," Melton said.

Hospital administrators are also seeking to enter into a resource sharing agreement with the Veteran's Administration Eastern Kansas Health Care System, based in Topeka, Kansas,

so eligible veteran beneficiaries can receive care at IACH.

Melton said he has learned a lot about veteran demographics since working with VA staff.

"There are a lot more women veterans," he said.

Before the agreement, women veterans who needed a mammogram had to travel to Topeka to have one done. The agreement allows veterans to go to IACH to receive the care they need.

John Seitz, director of the Junction City MAC, said the breakfast is an opportunity for community members to come together and learn about a variety of things impacting the region.

"This is a really great event and it's good to bring the communities together so we can share our experiences and get to know each other," Seitz said.

Fires Team brings coalition together



COURTESY PHOTO Ce near Mosul

Coalition aircraft destroy a Da'esh-held building during a strike near Mosul, Iraq, Jan. 18. This strike was just a small part of the impact that the Fires Team makes in order to support the Iraqi Security Forces maneuver plan.

Story and photo by Sgt. Anna Pongo CJFLCC-OIR PUBLIC AFFAIRS

BAGHDAD, Iraq — The Combined Joint Forces Land Component Command's Fires Team continues to make an impact in Mosul from their office in Baghdad, Iraq. Their successes are the latest example supporting the global, unified effort of the multi-national Coalition and the Iraqi Security Forces working to defeat ISIS.

"Our mission is to go about degrading ISIS across Iraq through lethal targeting in order to support the ISF maneuver plan," said British army Maj. Jamie Linsdell, targeting officer, CJFLCC - Operation Inherent Resolve.

The Fires Team brings American, British and Australian militaries together as part of one team working toward the common goal of defeating ISIS.

"Having multiple Coalition partners in this cell is a good thing," said Australian Capt. Brett Watson, targeting officer, CJFLCC - OIR. "We bring a range of experience and knowledge. Everybody brings something different to the team, but as a collective."

Watson has been with the team a week, and he appreciates this diversity and the support he experiences.

"This (work environment) in particular is very positive," Watson said. "We're working toward a common goal."

This shared goal unifies a unique multi-national working environment and brings together different personalities and different senses of humor from around the world that lends to the complex and fun environment, Linsdell said.

"Working in a coalition is very interesting," Linsdell said. "It does come with some extra complexity, but people who are coming along and joining in have all sorts of backgrounds and training levels."

Each member of the team contributes in the complicated process of conducting strikes. U.S. Army Capt. Alexander Pagliughi, current ops, CJFLCC - OIR, said of the targeting process.

"The Fires Team works together to get intelligence from the intelligence team on a possible target," Pagliughi, a Vineland, New Jersey, native said.

The team then works to build a target packet to identify that this is a valuable military target to strike. Then, if it meets all the requirements for a target, it will be briefed to Maj. Gen. Joseph Martin, commander, CJFLCC - OIR. This multilevel approval system helps ensure there are no civilian casualties.

Linsdell has the job of briefing these targets to the commanding general prior to them being approved for strike, he said.

Martin looks at all the intelligence reporting with other supporting documents and determines if the target should be struck, Pagliughi said.

should be struck, Pagliughi said.

The strike cells in Baghdad or Erbil are then notified and they get an intelligence, surveillance and a reconnaissance platform such as an aircraft or unmanned aircraft system over the target for observation.

"They make sure there are no civilians around and that they're not going to destroy anything they're not supposed to," Pagliughi said.

A strike asset, artillery or aircraft, is then lined up and the strike is carried out.

Because of the coalition partnership, the team is able to work together to ensure this process is carried out.

The team members "might have seen this type of fight or type of targeting before and have a different method of approaching it," Pagliughi said. "So you get to kind of see it from different angles and different points of view, which can help solve a problem faster."



Capt. Alexander Pagliughi, current operations, Combined Joint Forces Land Component Command - Operation Inherent Resolve, coordinates current operations for the Fires Team, CJFLCC-OIR, in Baghdad, Iraq, Feb. 12. The Fires Team works from their office in Baghdad, Iraq, to make an impact in the fight to defeat ISIS in Mosul.



Col. John Melton, commander of Irwin Army Community Hospital, speaks about the hospital at the Junction City Chamber of Commerce Military Affairs Council breakfast Feb. 23 at the Geary County Convention Center, Junction City, Kansas.



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Vincent Van Cleave: A 'Big Red One' Soldier





By Phyllis Fitzgerald SPECIAL TO THE POST

Vincent Van Cleave joined the Army June 1, 1987, from his hometown of Omaha, Nebraska. His basic training and Advanced Individual Training was at Fort Leonard Wood, Missouri, where he trained in the military occupation specialty 12 F, combat engineer.

After Van Cleave completed training, his first assignment took him to Fort Riley where his "Big Red One" story began. He was assigned to Company B, 1st Engineer Battalion, 1st Infantry Division, where he worked as a combat engineer and a vehicle driver.

Van Cleave departed Fort Riley in October 1987 for Dexhiem, Germany, for an assignment to Company A, 12th Engineer Battalion, 8th Infantry Division. During this assignment, he deployed to Desert Storm where he drove and operated an Armored Vehicle Launch Minefield Clearing Line Charge.

When Van Cleave returned from Desert Storm, he was assigned to Company A, 12th Engineer Battalion, 1st Armored Division.

departed Dexhiem in April 1993 with orders to the National Training Center, Fort Irwin, California, for an assignment to the 177th Armored Brigade Opposing Forces, which was later reflagged to the 11th Armored Cavalry Regiment as a combat engineer. In October 1994, Van Cleave

received orders to Bamberg, Germany, for an assignment to Company B, 16th Engineer Battalion, 130th Engineer Brigade, V Corps as a tank commander of a combat engineer vehicle. During this assignment, he deployed to Bosnia Implementation Forces for one year.

"We set up base camps and provided security for routes," he said. "We bridged the Sava River and were the first ones to cross into Bosnia."

In October 1998 Van Cleave departed Bamberg and returned to Fort Riley for an assignment with Company A, 1st Eng. Bn., 1st Armored Brigade Combat Team, 1st Inf. Div.

We deployed to OIF II (Operation Iraqi Freedom) at Camp Junction City from September 2003 to September 2004," he said. "During this deployment I was a wheel section sergeant, Munitions (noncommissioned officer) and helped with route clearing and cache searches."

After Van Cleave returned to Fort Riley in 2004, he was assigned to 1st Brigade Headquarters, 1st Inf. Div., as an operations NCO and schools NCO. He stayed in this assignment until he retired.

"On June 30, 2007, I retired as a Staff Sgt. from Fort Riley, Kansas," he said. 'We stayed in Junction City because we love the Junction City area. My wife, who is also from Omaha and my school sweetheart, high had a job as a tutor and para (paraprofessional) at Westwood Elementary. Both of

our children were in school and both of them graduated from Junction City High School. We owned a home in Westwood."

In September 2007, Van Cleave became a civil servant in the 1st Inf. Div., as a budget analyst in the accounting and travel office and he is still there.

Van Cleave is involved in the Boy Scouts of America where he served as a Scout Master, Assistant Scout Master, Unit Commissioner, Webelos Leader and Cub Master. Today he is a committee member. He is also a past Veteran of Foreign War Commander and serves as the trustee for the Junction City VFW Post # 8773. Van Cleave is also the State Scouting Chairman for VFW. He is a member of the ELKS and American Legion Post 45.

He is also commander of the 40/8 Military Honor Society, which goes back to World War I. The name is derived from how Americans were transported to the battle front on French trains within boxcars stenciled with a "40/8," denoting the capacity to hold either forty men or eight horses.

"My favorite memory would have to be the homecoming we received from OIF II," Van Cleave said. "It was the first real welcome home ceremony that had a lot of community members in attendance along with our spouses, friends and family members."

Editor's Note: To submit your Big Red One story, email fitzmiss@yahoo.com.

BEST PLACE TO LIVE BEST PLACE TO TRAIN BEST PLACE TO DEPLOY FROM BEST PLACE TO COME HOME TO

Garrison staff honored for their work

Story and photo by Matt Ellington 1ST INF. DIV. POST

packed garrison headquarters supervisory skills. 500 Huebner Road foyer for the Awards Ceremony to recognize the Employee of the Month, Feb. 24.

In the first three-way tie, Allen Owen, Directorate of Emergency Services, William Brown, Directorate of Plans, Training Mobilization and Security, Lon Borja, Directorate of Family and Morale, Welfare and Recreation were presented Garrison Employee of the

Month awards "RD (Director of IMCOM-Readiness) said this was the highest performing organization she had seen in her tours," said Col. John D. Lawrence, Fort Riley garrison commander. "That is a huge compliment to you and this is one of those days we get to recognize some of that

high performance." Allen Owen's distinguished him as devoting countless hours, including personal time, to ensure soldiers assigned to access control

operations had all required gear, knowledge and skills during a period of high turnover. William Paskow, DES deputy, praised Fort Riley team members Owen for his work ethic and

> "But Sgt. Owen is one of those professionals who allows us to keep things on a steady state," Paskow said. "He does that by supervision and diligence and being out there ... We appreciate you Sgt. Owen."

Steve Crusinberry, DPTMS director, commended Brown for his leadership and efficiency in constructing a simulated European village for the purpose of mounted and non-mounted, village-clearance live-fire, operations. Crusinberry thanked the nominees and congratulated Brown for building the village in

Borjas established systems for an on-line computertraining program to support new Child, Youth and School Services employees. He streamlined a process requiring several locations and manpower into a system involving one day, at one location with one trainer.

In recognition of Borias, David Roudybush, director of DFMWR, said "Too often we don't turn to them and say thank you for what you do to help us be successful in everything that we do. So when you're one of those that stepped up on this, it was a messy process and heaven knows we train a lot of people and you made that process a lot easier. Thank you."

All three nominees are now candidates for Garrison Employee of the Quarter, 2nd Quarter, fiscal year 2017. Afterward, members of the Operation North Pole Team accepted a team award for their contributions in support of families during the holidays.

"You know, one of the biggest things we do here is recognize our stellar employees," Lawrence said. "And that is one of the things that is critical to this workforce, because you're not recognized enough and I know that ... and this is one of those days we get to recognize some of that high performance ... Because I love to recognize people and because you are the garrison. You are what makes us great and we are, and that's all because of you."

JOB WELL DONE



Gabrielle Burman | POST LEFT TO RIGHT: Command Sgt. Major Craig Copridge, 2nd Armored Brigade Combat Team, 1st Infantry Division, Troy Russell, Matt Allain, Rick Bomia, Christine Jeffrey, Adrian Watson, Gary Williams and Col. David Garner, 2nd ABCT, 1st Inf. Div. page during the awards coremany for let Inf. ABCT, 1st Inf. Div., pose during the awards ceremony for 1st Infantry Division Leader's Call held at Riley's Conference Center on Feb. 24. The team of personnel from the Ranges and Training Support Center received certificates of appreciation for their work supporting Danger Focus II.

For information about religious services at Fort Riley or to talk to a chaplain, call 239-3359 or visit www.riley.army.mil.

House ad



LEFT TO RIGHT: Fort Riley Garrison Commander Col. John D. Lawrence, Lon Borjas, Directorate of Family and Morale, Welfare and Recreation, Allen Owen, Directorate of Emergency Services, William Brown, Directorate of Plans, Training, Mobilization and Security, and Fort Riley garrison Command Sgt. Major James Collins at garrison headquarters Feb. 24 during Garrison Award Ceremony. Lawrence presented Employee of the Month to all three team members in a first three-way tie.

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TRAFFIC REPORT

ACCESS CONTROL POINT HOURS

Motorists wanting access to Fort Riley on Saturday or Sunday should use Estes, Ogden, Henry or Trooper

For more information about Fort Riley access procedures, visit www. riley.army.mil.

The access control point hours are now as follows:

Henry/Trooper/Ogden/Estes:

Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access.

12th Street:

Open from 5 a.m. to 7 p.m., Monday to Friday and 8 a.m. to 5 p.m. on Saturdays; Closed Sundays and federal holidays. This gate will have inbound commercial vehicle lanes only. Although personally owned vehicles will be allowed access, there will no

longer be a designated POV lane. Outbound traffic at 12th Street Gate will not be authorized. Badges and passes may be issued to commercial drivers prior to access at the Access Control Point.

Open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

Four Corners:

Closed indefinitely to all vehicle traffic.

VISITOR CONTROL CENTER HOURS CHANGE

Hours of the Visitor Control Center are as follows: 5 a.m. to 11 p.m. Monday through Friday and 7:30 a.m. to 5 p.m. on weekends and federal holidays.

For more information, visit www. riley.army.mil/ and click on the yellow "Accessing Fort Riley" tab on the righthand side of the page.

CREATING STRONG LEADERS



Jane Brookshire, Army Family Team Building, Master Resilience Training and Army Family Action Plan program manager for Army Community Service, instructs a group of participants during a Leadership and Growth Class Feb. 23 at ACS. The Leadership and Growth class, taught every other month by Brookshire, builds upon skills people already have, either acquired through experience or other classes, to help them become a better leader. Brookshire presents the class in a seminar and discussion style and allows participants to shape the class to their needs, making style and allows participants to shape the class to their needs, making each class unique. She teaches skills and tricks to encourage more volunteer participation and how to reward those volunteers, as well as better communication and how to create more interesting meetings that encourage people to attend, all to help shape participants into better leaders who know their volunteers and members.

WWW.FACEBOOK.COM/ **FORTRILEY**

Springing individuals, households into safety for warmer weather

By Season Osterfeld 1ST INF. DIV. POST

As days get longer, birds start returning and temperatures rise, people get ready to head outdoors for spring time fun. However, with that fun there are many fire and personal safety concerns to keep in mind.

When preparing for spring-cleaning and afternoon barbecuing, there are several fire safety hazard matters to keep in mind. One of the most common of those hazards is using a barbecue or grill without inspecting it and moving it to an open location first, said Lars Vesper, assistant chief of Fire Prevention, Fort Riley Fire and Emergency Services.

"A lot of people aren't cognizant mainly with spring time cleaning — cleaning dryer vents, cleaning of furnaces, using the barbecue grills or the little hibachi grills," Vesper said. "Because they haven't used them for a prolonged period of time during the winter because it's been so cold, they just leave them in place, turn the tank on, light it and expect it to work and that isn't really true most of the time."

BEFORE STARTING A GRILL OR **BARBECUE CHECK THE FOLLOWING:**

- Tanks and fittings for damages or loosening
- Burners for rust or damage
- Hoses for dry rot, holes or other damages

OTHER BARBECUE AND GRILL SAFETY **MATTERS INCLUDE:**

- Never use a grill or barbecue indoors. Using them inside can cause carbon monoxide or other gas inhalation.
- Never use gasoline to start or maintain a fire in a charcoal grill.
- Grills and barbecues must be 15 to 20 feet away from all facilities and combustibles.
- Keep children and pets away from the barbecue or grill.
- Wear shoes while grilling to avoid injuries.

While doing one's spring-cleaning, Vesper said it's important to clean dryer vents and ducts of lint and other debris to prevent possible household fires.

"A lot of people don't clean their dryers or their dryer vent and that has started fires before," he said.

Gas furnaces should also be cleaned and maintained, however, Vesper said a professional should be hired to do the work if the owner or resident is to unfamiliar with the process to avoid damaging the furnace and causing a fire or carbon monoxide leak.

"When you're messing with gas furnaces, if you don't know what you're doing, get a professional," he said. "It can be hazardous to your and your family.'

The simplest step one can take to keep their home safer is changing the batteries in and testing their smoke and carbon monoxide

"Check your carbon monoxide detectors, check your fire detectors (and) change your batteries out when you change the clocks," Vesper said.

Fire safety is not the only thing to be concerned with as spring arrives. With warmer weather, people begin to spend more times moving about and being outdoors. These changes in activity should also come with changes in personal safety awareness.

"The winter months are a time of increased inactivity, so when people begin to engage in their spring activities ... over exertion is probably the biggest factor that contributes to a lot of injuries, a lot of soft tissue injuries in the spring time because there's been so much inactivity people have become more sedentary and suddenly they're inspired to go out when it's warmer and they don't consider the fact that their bodies may not be acclimated quite yet to increased strenuous activity," said Dawn Douglas, safety and occupational health specialist, Garrison Safety Office.

Douglas said she recommends taking things slow and careful to ease oneself back into their springtime activities. She added that people should be careful while springcleaning because many injuries reported come from incidents of objects falling or bumping into people after being improperly

"When we keep things in storage for a long time, we have a tendency to clutter and cluster things and most of our injuries come, not necessarily from the activity itself, it comes from pulling things out of the garage and having things fall down from shelves because things were kind of shoved into a storage space improperly," Douglas said. "We call those 'struck by' or 'struck against'

SPRING-CLEANING WHILE INSPECTING THE HOME, REMEMBER

- Use care removing items from high locations
- · Seek assistance when lifting or moving heavy objects
- Practice safe ladder use; inspect the ladder for stability and damages
- · Wear rubberized gloves for a better grip on wet surfaces When cleaning gutters or inspecting a roof,

use a ladder and have a spotter

"Even though the weather is nice and there are things you can do outdoors, just be prepared physically for things you can do outdoors,"

With warmer weather, many people travel to the lake or rivers to engage in water-related sports and activities, she said, and with that comes an increase in drowning risks and water accidents.

BEFORE GOING BOATING, WATER SKIING OR ENGAGING IN OTHER **ACTIVITIES** ON THE WATER, **REMEMBER TO:**

- Check the boat or equipment and perform needed maintenance
- Have a life preserver and life jackets available
- Check the weather report regularly; Kansas weather can change throughout the day and conditions can become dangerous on the water rapidly
- Heed blue green algae alerts and lake
- Do not operate a boat or other watercraft while drinking
- · Let someone know where you are going and when you plan to return.

"BUIs (Boating under the influence) are actually dangerous and boating while under intoxication is actually illegal in the state of Kansas," Douglas said.

Motorists need to be mindful of an increase in pedestrian traffic, she said, especially during times of low vision, such as during fog in the mornings. Pedestrians have the right of way when they have entered the cross walk and vehicles must stop until the pedestrian is completely across the road.

"Once they make the approach into the walking zone, that car is obligated to stop," Douglas said. "Now, if that person is approaching, they don't have to stop, but once that person is in the cross walk, the law is that person (driver) has to stop and what happens so often is people keep rolling when that person (pedestrian) is walking across."

Pedestrians and runners alike need to be aware that running or walking on any roads with speeds of 45 mph or greater on Fort Riley is not allowed, she said. Roads not open to runners or walkers include Huebner Road; Junction City Boulevard; 1st Division Road; McCormick Road; Henry Avenue; Trooper Drive; Custer Avenue; Holbrook Avenue; Cassion Hill Road; 12th Street; Estes Road; Williston Point Road; Campbell Hill Road; Mallon Road; Old Highway 77; Vinton School Road; Kitty Drive; Dickman Avenue and Morris Avenue.

Warmer weather and longer days also bring out bicyclists and motorcyclists onto the roads. Bicyclists are encouraged to use the bike lanes across Fort Riley when they are available for the safety and the safety of motor vehicle operators, Douglas said.

"They've tried to increase bike lanes on the installation, so we want to encourage people to use the bike lanes as much as possible instead of riding in the flow of traffic," she said.

For motorcyclists and bicyclists alike they may not wear headphones while riding and must wear a helmet on post, regardless of age. They are also encouraged to wear bright colors or a safety vest, Douglas said.

Additionally, Douglas said she caution motorcyclists to mind the roads after a spring snowfall or icing has melted because of the heavy salting done to them. While the snow or ice may be gone, the salt is still present and can cause riders to lose their grip on the roads.

"They salt the roads heavily so once that snow melts, the salt remains," she said. "It becomes especially dangerous for our motorcycle riders ... That salt becomes very, very slippery and unstable, so we have a lot of people cornering and sliding, which causes a number of accidents.'

Motorcycle training classes from personnel in the Safety Office began March 1 and will continue to November. The classes are free to Soldiers and include the basic rider's course, experienced rider's course and sports rider's course. For more information on motorcycle training classes, call 786-

For more information on springtime safety, call 785-240-0647.

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HOME OF THE BIG RED ONE

RILEY ROUNDTABLE What's your best money saving tip?



"Spend a little on yourself and your family. Put some away for a rainy day."

LINDA CLARK CHATTANOOGA, TENNESSEE

Front Desk Clerk at Warrior Zone on post



"The best way to grow your savings is to consider placing your money in a high yield account."

> PAUL W. DEPUSOIR QUEENS, NEW YORK

Financial Counselor/Educator at Army Community Services



"Store it away in a bank account because you'll want to spend it. You actually have to go to an ATM to get it."

> **TYMARIO ROBBINS** SILOAM, GEORGIA

Son of Retiree Savanna Robbins



"I remind myself to be frugal."

SPC. MICHAEL WIGGS WILLIAMSBURG, VIRGINIA

601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry



"Learn to budget your money wisely."

> JAMES WADE **ERIE, PENNSYLVANIA**

Personal Financial Trainer at Army Community Service

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The next USAG Resilience Day Off is **MARCH**

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As of Wednesday, March 1, 236 days have passed since the last vehicular fatality at Fort Riley. Safe driving doesn't happen by accident. For more information about safety, call the Garrison Safety Office at 785-239-0514.

COMMAND TEAM CORNER

Honored to serve with multi-nation force

As the commanding general of the Combined Joint Forces Land liberated Component Command for Operation Inherent absolute privilege and honor of commanding our coalition forces on the ground in Iraq as we support our Iraqi all those involved in this multi-axis of 23 nations and, once again, under the colors of the 1st Infantry Division operate — the "Big Red One."

The Iraqis have winning and more than 32,000 square kilometers of land from Resolve, I have the ISIS. They are working together with increased synchronization between their security forces. Our Iraqi partners, with the Security Force partners help of our advisory in their fight to defeat teams and the support ISIS. The story of the of coalition intelligence, Iraqi army's resurgence is artillery and air power, one of hope and pride for are able to conduct endeavor to defeat ISIS. arms maneuvers. This It is a story that involves has happened in perhaps a team of teams — a the most challenging coalition team, made up urban combat in recent but when. history. They



Maj. Gen. Joseph M. Martin

the enemy while still working to protect the civilian population. It is no longer a questions of if ISIS will fall in Mosul,

significant, continue to however, the liberation the division's first battle deliberately, of Mosul is not the to liberate the French Command - Operation taking the fight to end. Pockets of ISIS village of Cantigny during Inherent Resolve

and Coalition resolve is strong and enduring. We continue to build our partner's capacity by training and equipping their forces throughout Iraq. Our advisory teams continue to provide valuable assistance to Iraqi commanders on the battlefield, assisting them in their fight against ISIS by providing valuable advice on command control coordinating strikes and intelligence, surveillance reconnaissance Martin

Nearly 100 years since

will remain, but Iraqi World War I, it seems appropriate the Big Red One finds itself once again supporting the liberation of another "village" as the liberation of Mosul comes to fruition. The history of our division, and the history of the Iraqi people will forever be tied together. We must remember, as we tell our division's story, we will also tell the Iraqi story. Their success is our success.

> Duty First! Maj. Gen. Joseph

Commander, Combined Joint Forces Land

SAFETY CORNER

Violence in the Workplace: Be calm, cool and collected

By Rodrigo Cruz GARRISON SAFETY OFFICE

Team Riley, as we know workplace violence has gained increasing attention and focus over the last ten years, with reports of disgruntled employees or former employees returning to their places of employment with malicious intention. Workplace violence often results in serious physical and emotional injuries and may result in employees needing ongoing care after the incident. In addition, workplace violence may also result in life threatening injuries and death, affecting families, communities and other co-workers long after the perpetrator is apprehended.

For example, Occupational and Administration cited Integrated Life Choices, Inc. in Lincoln Nebraska, in April 2016 noting that, "the agency's Omaha Area Office found agitated clients have bitten, scratched, kicked and thrown objects at staff members. The client's aggression exceeded the threshold of training workers received to deal with potential violent clients and compromised their personal safety and ability to control the situation." OSHA has guidelines for preventing workplace violence for health care and social workers. OSHA cited the company with one "serious" and another "other than serious" violation that resulted in penalties of \$12,000.

"WHAT IS WORKPLACE **VIOLENCE?**"

According to OSHA, Workplace violence is defined as "... any act or threat of physical violence, harassment, intimidation, or threatening disruptive behavior that occurs at the work site. It ranges from threats and verbal abuse to physical assaults and even homicide. It can affect and involve employees, clients, customers and visitors."

Research showed million American workers are

victims of workplace violence each year. Workplace violence can strike anywhere, and no one is immune. Some workers are at high risk. Among them are healthcare and social workers, workers who exchange money with the public, deliver passengers, goods or services as well as those who may work alone or in a small group, during late night or early morning hours, in high-crime areas. OSHA has written specific guidelines for Health-care and social workers such as visiting nurses, psychiatric evaluators and probation officers. In most incidents, OSHA may site the General Duty Clause as justification for citing a worksite that does not protect it's workers from exposure to violence. This means that workers in industries such as taxi and drivers for hire, late night retail establishments as we as workers who work in restaurants opened late night and at drive thru windows are also at risk. OSHA has a number of fact sheets to help employers and employees prevent and protect work place violence on their website, www.osha.gov.

With the unpredictable nature of workplace violence incidents, it's no longer a question of if workplace violence will strike it's when. Be fully prepared and let's make our workplace a violence free zone.

HOW CAN WE HELP PREVENT WORKPLACE **VIOLENCE?**

- Establish a zero-tolerance policy toward workplace violence, which covers all workers, patients, clients, visitors, contractors and anyone else who may encounter personnel.
- Encourage and foster a respectful workplace. Do not ignore office tension or disagreements between

co-workers, patrons or staff. Intervene promptly don't let situations fester.

support.

- Be aware of changes in attitude or demeanor of employees. Know your employees. Many workplace violence issues are born out of stress whether from job, home, personal issues or health problems. Be familiar with the indicators to deal with the behavioral problems before they escalate:
- Encourage employees to report all incidents threats workplace violence to their supervisors. It is important for employers to respond calmly and ask questions in order to determine the nature of the crisis. If the individual instigating the violence does not pose an immediate threat or has no weapons, compassionate yet firm communication is the key to resolving the issue. If the individual, appears to be a danger, take measures to protect employees and attempt to de-escalate the situation, until help arrives. Do not touch or confront a person wielding a weapon or a gun.
- Establish policy procedures on to do and what not do" during a suspected workplace violence. It is important that the workplace violence policy communicated to the lowest level. Having emergency numbers posted near every phone is critical in empowering employees to assist in getting help in potentially dangers situations. The key is to not create additional alarm or escalations by being confrontational.

Behavior Indicators:

- Upset over recent events either work or personal
- Recent major change in behavior, demeanor, appearance · Recently has withdrawn
- from normal activities, family, friends, coworkers • Intimidating, verbally
- abusive, harasses mistreats others
- Challenges or resists authority

others

Blames

- problems in life or work; suspicious, holds grudges • Uses or abuses drugs or
- alcohol Unwelcome obsessive romantic attention
- Stalking Makes threatening references
- incidents of violence • Makes threats to harm self, others or property
- Have or is fascinated with weapons
- Has known history of violence communicated
- specific proposed acts of disruption or violence

Attitude Indicators:

- Is isolated or a loner • Morally superior, selfrighteous
- Feels entitled to special rights and that rules don't apply
- Feels wronged, humiliated, degraded; wants revenge
- Believes they have no choices or options for action except violence

While violence in the workplace can escalate quickly, preparation is the key to counteract and diffuse the situation. For more information on violence in the workplace, contact the Fort Riley Garrison Safety Office 785-239-0647.



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New academy staff will train Security Force Assistance Brigades

By Gary Sheftick ARMY NEWS SERVICE

FORT MEADE, Md. — A new Military Advisor Training Academy at Fort Benning, Georgia, will train both noncommissioned and commissioned officers assigned to a new type of unit: the Security Force Assistance Brigade, or SFAB.

The first six-week course at the academy is scheduled to begin in October. Eventually, six SFABs will stand up.

These new brigades will have no junior enlisted Soldiers. They will be staffed with 500 senior NCOs and officers with the expertise to help train foreign militaries.

The brigades will bring three things to the Army, according to Col. Brian Ellis, maneuver division chief in the directorate of force management, G-3/5/7 at the Pentagon, who led planning for the new brigades.

"First, the Army will more effectively advise and assist foreign security forces," he said. "The second is to preserve the readiness of our brigade combat teams by reducing the need to break apart those formations to conduct security assistance missions."

This will preserve BCT readiness for full-spectrum operations.

The third role of the SFAB is to help the Army regenerate brigade combat teams more quickly. If the Army needs another BCT, for example, junior Soldiers would fall in on an existing SFAB, which is already full of senior NCOs and officers. Having a pre-built command structure would speed up the process of generating new brigades, Ellis said.

An SFAB serves as a "standing chain of command for rapidly expanding the Army," said Lt. Gen. Joseph Anderson, the Army's deputy chief of staff for operations and training, G-3/5/7.

In the meantime, the SFABs will be the Army's first permanent units with the core mission of conducting security cooperation activities, he said, allowing quick response to combatant commander requirements.

The brigades will be designed on the model of infantry and armored brigade combat teams, Ellis said, with a framework staff of NCOs in the grade of staff sergeant and above, and officers who are captains and above. Each brigade will have a cavalry squadron and two maneuver battalions, either infantry or armor.

Each company will have three teams of four trainers and a company headquarters. The headquarters will also serve as a training team, Ellis

Soldiers will report by battalions to the Military Advisor Training Academy. The first battalion will begin training there in October.

The academy will have a cadre of approximately 70 instructors, including some special forces Soldiers, Ellis said.

After the initial six-week course, SFAB officers and NCOs will receive follow-up training in foreign languages, cultural studies and foreign weapons, Ellis said. He explained it will take about a year to train a unit up to full operating capability so it can deploy to assist a combatant commander.

The first SFAB unit will be permanently stationed at Fort Benning, Georgia. The second, which is planned to stand up in the fall of 2018, will be a National Guard brigade, Ellis said. The third SFAB will be in the regular Army, and it is planned to begin training in the fall of 2018, though permanent stationing and resourcing decisions



1st Lt. Daniel Johnson | ARMY

Army Staff Sgt. Brandon Blanton, center, a trainer with Company A, 1st Battalion, 502nd Infantry Regiment, Task Force Strike, assists Iraqi army ranger students during a room-clearing drill at Camp Taji, Iraq, July 18, 2016. The new Security Force Assistance Brigades will assume these types of missions in the future.

haven't been made past the first brigade.

The Army has three BCTs deployed for advise and assist missions, Ellis said. It may be a few years before the new SFABs will be able to handle that demand.

In the meantime, the 3rd Battalion 353rd Armor Regiment at Fort Polk,

Louisiana, will continue training BCTs to handle security force assistance missions.

Ellis said the Army's six SFABs should eventually be able to handle the bulk of SFA missions, in support of security cooperation, stability operations and counterinsurgency operations.

MEDICS Continued from page 1

"It is dangerous here," said Sgt. Vladislav Dobin, medical team leader, CJFLCC - OIR, from Lake Zurich, Illinois. "In the event that something happens like mass casualties, we need as many people as possible to apply tourniquets, chest seals and stuff like that."

Dobin said his team understands the impact of what can happen when personnel are not familiar with lifesaving measures, and that's why they consider it vital to build confidence through training.

The medical team offers Combat Lifesaver and First Responder courses to all coalition partners.

'We have done a few aid and assist, and we have evaluated some medical sites to see how they're run," said Capt. Tiffany Bujak, battalion surgeon, CJFLCC - OIR.

Dobin said the medical team offers CLS classes once a month which allows them to focus on the MARCH assessment where they cover massive bleeding, airway, respiration, circulation and hypothermia.

'Getting a good, head to toe rapid trauma assessment is key," Dobin said. "Knowing MARCH is important to treat most preventable things on the battlefield. Really that is the backbone for Army medics, medicine and CLS."

Spc. Nicholas Ball, medical team member, CJFLCC -OIR, from Columbia, Missouri, said the skills they offer the Coalition are basic but very important.

'We do our best to tweak it a little bit for whomever we are training," Ball said. "For example, if we work with the personal security detachment, we spend a lot of time in vehicles, working on things like extrication."

Also, in order to train the base for a worst-case scenario, the medical team conducts additional mass casualty training throughout the month.

"Training is extremely important," Bujak said. "When we do our battle drills, it's important for our CLS to make sure they're involved in that training and staying current. We want to make sure we are doing everything right to make sure we are saving everyone's lives."

Bujak, from Milwaukee, Wisconsin, said prior to their deployment, she and her team trained for many situations they could encounter while deployed to Iraq.

"I did the Tactical Combat Care Course," Bujak said. "It basically teaches us mass casualty situations, how to run a battalion aid station and how to do certain procedures that we don't typically see in primary care or in a garrison setting like emergency cricothyrotomy (opening of the airway by incision) or chest tubes."

During their pre-deployment preparations, the team trained in San Antonio, Texas.

"Being out in the heat, being in full kit, being graded and yelled at in simulated combat situations helps build muscle-memory habits," Ball said. "It's always good to be refreshed and on top of your game."

The medical team is committed to informing all Coalition members about medical readiness.



Don't Wait. Communicate.

WORKING DOGS Continued from page 1



Sgt. Anna Pongo | CJFLCC - OIR PUBLIC AFFAIRS Rrobiek, a Belgian Malinois military working dog, and his handler, Staff Sgt. Charles Ogin, 3rd Infantry Regiment, play together after work Feb. 14 in Baghdad, Iraq. Rrobiek is a patrol and explosive detector dog who works with Ogin to ensure the safety of everyone inside the entry point gate at Union III in Baghdad.

specifically for their job. After he was born, Rrobiek lived in a foster home until he was old enough to go back to Lackland for

Through his basic training, Rrobiek learned obedience, patrol and detection. He became an adept asset to his Soldier counterparts.

"He's a piece of equipment in the Army's eyes, but he has his own personality, his own quirks," Ogin said. "He's very set in his ways, kind of like a person."

The relationship the 72-pound canine and his handler have is mutually necessary. They form a bond that is more effective than

any machine at finding explosives, Ogin said.

"You got to understand that he's doing 90 percent of the work, but without me he can't do the 90 percent of the work," Ogin said. This partnership enables the two of them to protect their

fellow service members and each other. "I have a dog that's loyal," Ogin said. "He's willing to work until he dies and he's willing to defend me. I can't say that about every Soldier ... but that dog will defend me until I die."

BERM Continued from page 1



Spc. Elizabeth Payne | 19TH PUBLIC AFFAIRS DETACHMENT Retired Col. Greg Fontenot stands near a replica sign during the 26th Anniversary of the Breaching of the Berm event Feb. 24 at Fort Riley. Fontenot commanded 2nd Battalion, 34th Artillery Regiment, from 1989 to 1990, service which includes more than four months in Desert Shield/Desert Storm.

This year a representative berm was set up along Normandy Drive which consisted of concertina wire coiled along the road and between buildings with a sign posted at the berm's entrance that read "Welcome to Iraq; Courtesy the Big Red One." Sounds of rifle fire played over speakers while Soldiers ran through the berm's opening where veterans stood and cheered on Big Red One men and

Junction City mayor and retired Chief Warrant Officer 4 Phyllis Fitzgerald ran through the berm with Soldiers in her Desert Battle Dress Uniform. Fitzgerald was stationed at Fort Riley from 1989 to 1993 while she was an intelligence analyst with Higher Headquarters Command, 1st Inf. Div. she said.

Both Fitzgerald and her husband deployed to Desert Storm and after 21 years of service retired in Leavenworth, Kansas,

their strong ties to the area and its people.

"We went to war with the Big Red One,"

she said. "This is our home." Brig. Gen. Patrick D. Frank, 1st Inf. Div. and Fort Riley acting senior commander, was among those who ran through the simulated berm and spoke with the veterans

in attendance. 'When we actually reach back and talk to previous generations and talk to them about their time in combat, it brings home to our Soldiers today exactly what it means to be in the 1st Infantry Division," Frank said.

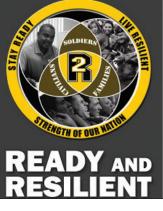
Capt. Katherine LaPonte, commander of 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Inf. Div., rear detachment said Soldiers need to stay connected to and be aware of the battles of the past.

"To know that there are big things that happened in the past, even though they were not a part of it then, they are part of carrying on the history and the lineage of those who fought before them," she said.

Pfc. Jake Meier, air traffic controller, Headquarters and Headquarters Battalion, 1st Inf. Div., remembers stories of victory being told by his dad, a Desert Storm veteran who was with an expeditionary unit in the

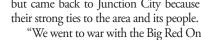
His dad would said, "we won, and we won by a lot." Meier says he enjoyed the run and talking to veterans. He looked forward to calling his dad later to tell him of the event.

"It's neat to see how fondly the older generations look down at the newer ones," Meier said.





but came back to Junction City because of



8 | MARCH 3, 2017 HOME OF THE BIG RED ONE

Culinary Arts Team to compete against military's best



Warrant Officer Edmond M. Perez Jr., left, Headquarters and Headquarters Company, 1st Combat Aviation Brigade, 1st Infantry Division, provides guidance to Pvt. Jeremy Noyala, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st CAB, during a training session Feb. 24 at the Culinary Arts Lab on Fort Riley. Noyala will compete in the Student Chef of the Year category at the 42nd Annual Military Culinary Arts Competition at Fort Lee, Virginia, March 4 to 9.

Story and photo by Chad L. Simon 1ST INF. DIV. PUBLIC AFFAIRS

Four Soldiers from the 1st Infantry Division Culinary Arts Team will compete against 250 other chefs at the 42nd Annual Military Culinary Arts Competition at Fort Lee, Virginia, March 4 through 9.

Due in part to the high operational tempo of the division, four "Big Red One" Soldiers will represent the 1st Inf. Div. at the event. Last year, the team of 10 Soldiers finished fourth out of 22 teams throughout the U.S. military and two foreign

"The Soldiers this year will be competing in Nutrition, Cold Table Meat Platter, Cold Table Finger Foods, Cold Table Desert, Cold Table Petit Fours, Student Chef of the Year and the Professional Fish Course," said Warrant Officer Edmond M. Perez Jr., Headquarters and Headquarters Company, 1st Combat Aviation Brigade, 1st Inf. Div., and team commander.

Spc. Carlos O. Cruz, Headquarters and Headquarters Battalion, 1st Inf. Div., is returning for his second year at the annual military competition. Last year he was selected as the Student Chef of the Year. This year, Cruz has moved to the professional category of the competition.

"This year is a real step up," Cruz said. "The pressure is really on because people are expecting me to do well. I am definitely trying my best."

Pvt. Jeremy Noyala, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st CAB, 1st Inf. Div., will try to bring home the Student Chef of the Year this year for the Big Red One. Though he has only been on Fort Riley since November, Perez sees promise in the new chef.

"Pvt. Noyala was selected on his work ethic in the dining facility," Perez said. "I saw that he put his head down and does what he was told. He works to the best of his ability. I thought he would be a great asset to train for Student Chef of the Year."

The newest member of the team will cook trout at the competition and has received advice from Cruz during the training leading up to the competition.

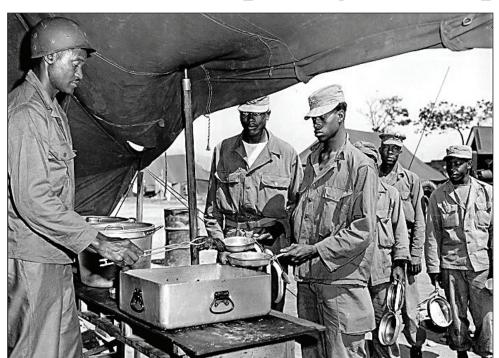
"He has been tremendously helpful with different cuts and different techniques," Noyala said. "I came here not knowing much and he has shown me from scratch what needs to be done."

In addition to the Soldiers performing well at the national competition, Perez hopes to build upon the quality of the culinary specialists at Fort Riley so Soldiers can enjoy a well-cooked meal.

"I want to be able to create those three- and fourstar meals for the dining facility and the everyday Soldiers," Perez said. "To bring culinary art into the garrison dining facility so that the everyday Soldier can eat that type of food and be exposed to that type of food. Really, that is my ultimate goal of the program."

One other returning member from last year's team will compete again this year. Spc. Gerald Geffrard, 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st CAB, will compete in nutrition, and will be the apprentice for Cruz on the cold meat platter and cold finger foods.

Soldiers looking sharp in dining facility kitchens at Fort Riley



Sgt. 1st Class Arnold S. Scales, from Richmond, Virginia, serves steak at the 43rd Transportation Truck Company, 8th U.S. Army, near Uijongbu, Korea, June 18, 1951.

FORT RILEY PUBLIC AFFAIRS

There are no more cooks in the Army. The career field has undergone a makeover in the past vear. That makeover included a name change from food service to culinary specialist. It now includes opportunities for civilian certification for those who want to be executive chefs, sous chefs or any of several other culinary career options. Those changes are also visible. Army culinarians at Fort Riley were issued a new uniform the first week of February that includes black pants and the traditional white chef coat.

According to Warrant Officer Edmond M. Perez Jr., command food advisor for the 1st Combat Aviation Brigade, 1st Infantry Division, the timing of these efforts meets the generation doing the work in a way they understand.

"I think with the newer generation for Soldiers, the younger Soldier, they grew up with food network and the cooking channel," Perez said. "So they see chefs on TV and we're issuing them chef

Perez explained the Soldiers realized they are important and the new uniform gives them a sense of pride. "... you know the Army runs on its stomach — you can't do anything without food

The uniform is the first new kitchen uniform many of today's Army culinarians have seen.

"Back when I came in back in 1995, food service and medics — we all had the same uniform," said Chief Warrant Officer 3 Vincent Mosely, a brigade food technician with the 1st CAB, 1st Inf. Div. We both were wearing whites. So the medics went away from that and have their own uniform, the cooks, we only had the cook whites still."

To Mosely, the uniform change translates to looking sharp and being proud of the work.

"So recently we went away from the name of just cooks or food service specialists to culinary specialists," Mosely said. "That instilled pride into the Soldiers and now you have to have the uniforms that fit that name."

For Perez, that pride goes deep. "I'm a certified chef," Perez said. "So to me this uniform is personal. To me — you know I wasn't allowed to wear a chef coat until I became certified. Now they're just issuing them so to me this chef coat is a personal thing.'

And certification is now within reach for every Army culinary specialist.

For Perez, it is more than a uniform, it's about professionalism in his chosen career. The chef coat, combined with a certification program provide a professional path for culinary Soldiers.

"The Army and the American Culinary Federation have partnered to do an accreditation program," said Perez. "So after two years they can test out of the program and become a certified culinarian or sous chef or whatever they want — the Army will pay for their certification."

But even without taking a test, Soldiers from Army culinary careers will still be eligible for another certificate that proves their experience and will help them transition when they leave the Army and seek continued employment.

"They get a Dept. of Labor certificate after they work 4,000 hours, which we do pretty easily," Perez said. "After 4,000 hours they get a Dept. of Labor certificate and then they get a chance to test out of that program."

According to Perez, Soldiers who want a future in culinary arts can get a leg up through their Army experience.

"So, even if the Soldier is doing one term with the Army and they're a culinarian, they're not leaving here empty handed," Perez said. "They're leaving here with (chef) certification or with Dept. of Labor certification that makes them an experienced journeyman and they go into that next level of — instead of the bottom level, they go into the next level of whatever they want in this career — if it's food service."

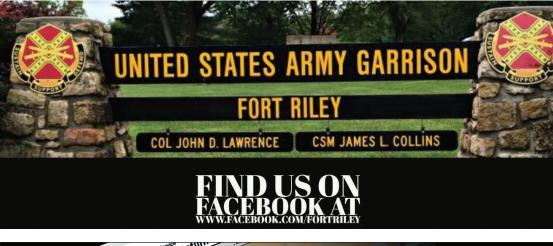
As for the new uniform, the quartermaster laundry will provide cleaning service and place all the right creases in the sleeves and trousers. But Soldiers who were issued theirs Feb. 1 went the extra mile to wear them on the job the next

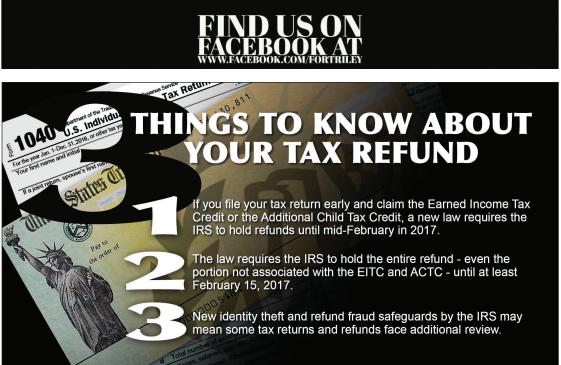
Sgt. Thomas Miller, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st CAB, 1st Inf. Div., ironed them himself to be ready to wear them in the kitchen of the Demon Diner.

"Feels nice, comfortable, easy to work with, looks very sharp, I enjoy it a lot," Miller, a native of McCook, Nebraska, said.



Sat. Thomas Miller, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st CAB, 1st Inf. Div. checks the temperature of a roast being prepared for lunch at Demon Dining Facility Feb. 2.







The MyBaseGuide mobile app is available on Android, iOS and Windows devices.

HOME OF THE BIG RED ONE MARCH 3, 2017 | 9

Post sponsorship program personnel welcome new Soldiers

By Chad L. Simon 1ST INF. DIV. PUBLIC AFFAIRS

The excitement of getting orders to a new duty station can lead to frustration if the Soldier has no knowledge or personal contacts at the new duty location. The 1st Infantry Division Sponsorship Program aims to eliminate frustration for Soldiers inbound to and outbound from Fort Riley.

"Every post has a sponsorship program, but each division is unique as to how they set it up," said Sgt. 1st Class Jermaine Phillips, 1st Inf. Div. sponsorship coordinator.

The Fort Riley Sponsorship Program mandates that a sponsor be made available for every Soldier from sergeant through colonel, but younger Soldiers may also benefit from the program as they relocate. The sponsorship program is not new to Fort Riley or even the Army, but 1st Inf. Div. revamped its program to better serve its Soldiers about a year ago.

A dinner is provided by the Candlewood Suites staff at Fort Riley every Wednesday night for all incoming and outgoing Soldiers. Program representatives from the sponsorship program attend events like this one. They also participate in the weekly BRO Welcome on Wednesday afternoons and history run on Tuesday morning.

While an early morning run as a Soldier transitioning on a new post may not seem to be the most fun part of the sponsorship program, the incoming Soldiers actually enjoy it, said Sgt. Dasha D. Long, 2nd Armored Brigade Combat Team, 1st Inf. Div., sponsorship coordinator.

"They actually do like the run, which is surprising," Long said. "They like getting to hear the history and what they are coming into. Army wide we hear about the same units. When you get a chance to hear you are part of the First Division and what 1st (Armored Brigade Combat Team) and 2nd (ABCT) have done, they actually take pride in it."

Long said spouses appreciate the hotel greeting more, and the Soldiers get to see the history and get to see the faces of who they would need to go to if they have a problem.

Phillips and his team of sponsors do more than run, attend a free meal and put the incoming Soldiers in contact with their new units. Phillips and his team go above and beyond the call of duty to accommodate Soldiers in need.

"We had one, this Soldier was divorced and came here from AIT (advanced individual training) with her kids," Phillips said. "Transportation lost everything, all her furniture. Her and her kids were here, and she had to go on emergency leave while she was still in replacement."

"When it came to my level, we reached out and got food vouchers, furniture, transportation and everything like that," he said. "She was the most grateful person I have seen. She almost broke down into tears the way Fort Riley came together to take care of her."

Phillips and his assistant, Staff Sgt. William Anderson, oversee a program with more than 20 representatives at the brigade and battalion levels. The representatives range in rank from corporal to first sergeant.

Long has been a brigade coordinator since April 2016. The sponsorship coordinator position is an additional duty for the medic. She takes her responsibilities personally because of unfortunate experiences she had upon her arrived to Fort Riley.

"I was supposed to have a sponsor," Long said. "I had my DA 5434 and I was given a name, but they didn't complete their part and when they finally did complete their part, that person had deployed."

The DA 5434 is a sponsorship program counseling and information sheet and provides information to the receiving unit about its new Soldier.

"I took it personally when I started doing sponsorship," she said. "Because in my process, I lost a dog, I had trained for nine years on picking up on sleep apnea and things like that. I had to give up my dog because my unit was not informed my dog was with me and was going through this training. I also lost some of my household goods. So when I took over I wanted to make sure nobody else experienced that."

Since sponsorship is an additional duty and the program was revamped, Phillips and Anderson ensure the current representatives stay up-to-date with sponsorship-specific training to ensure they are the most effective representatives possible.

"We have Internet training; they all have to go through a background check and we have yearly 'train the trainer program' that we give," Phillips said. "Every other Thursday, myself or Staff Sgt. Anderson, we have onsite training or meetings to make the program better. We inspect them to make sure they are up to date with all their regulations. Sometimes we provide training at the brigade level."

The revamped program is appreciated by the commands on post, Phillips said, but he has plans he would like to see implemented to make the program better before he departs.

"I would like to have our own sponsorship building for all the coordinators to work out of instead them being with the brigades," Phillips said. "Take the stress off the brigades. That would be perfect. I would like to have Fort Riley number-one as far as sponsorship programs in the Army."

For more information about how to receive a sponsor or learn more about the sponsorship program, visit www.riley.army.mil/New-Arrivals/Sponsorship/, or call 785-240-4749.



COURTESY PHOTO

Family members enjoy a free dinner at the Candlewood Suites on Fort Riley Dec. 7, 2016. The meal takes place every Wednesday and provides Soldiers and their families an opportunity to meet key leaders on post and representatives from organizations like Army Community Service.

Soldiers keep ties strong between commanders, family readiness groups

Story and photo by Season Osterfeld 1ST INF. DIV. POST

Communication between commanders and Family Readiness Group volunteers helps ensure continuity, information and assistance to Soldiers and families. Family readiness liaisons act as the messengers who provide that communication.

"It's a lot because on top of all my other additional duties and my primary duty, so it's a lot," said Family Readiness Liaison Capt. Megan Grosenick, 1st Infantry Division Sustainment Brigade. "For me it's rewarding because I can assist the family members and the Soldiers by pushing out information that might not be useful to everybody, but that one or two people it might be useful for is kind of rewarding to know you've actually done something to assist them. Whether that be just finding out that the gate hours have changed or that there's a guest speaker that might be something that's

valuable to that one spouse or that one Soldier."
Family readiness liaisons are Soldiers who handle relations between and assist Family Readiness Group leaders and company, battalion and brigade commanders to keep the commanders involved with the volunteers Soldiers and families within their units.

"Family readiness liaison, or FRL, is a Soldier with an additional duty assignment to support the commander and, upon deployment, the rear detachment commander with the functioning of the Family Readiness Group," said Jeff Reade, Outreach Branch manager at Army Community Service. "The commander or rear detachment commander, the FRG leader and the FRL are kind of like a three-legged milking stool, they're a team that the commander guides the FRG leader and the FRL in running the commander's family readiness group."

While most of the FRLs are tasked with the duty, many have also volunteered for the role in addition

to their regular duties. Each FRL is a sergeant or higher in rank who is available for 12 months or longer and holds exceptional communication and team building skills, Reade said.

As part of the process of becoming an FRL, the Soldiers undergo multiple blocks of training — the first of which is Family Readiness Liaison course. Other blocks of instruction they go through include a foundation course in FRGs, Casualty Response Team Training, Volunteer Management Information System training and more. The extensive training they undergo helps them to understand FRGs inside and out so they may relay accurate information to a commander and assist FRG leaders and volunteers with activities, Reade said.

"In the commander's eyes, the FRL is his or hers person who is the subject matter expert on everything that is FRG," he said.

While FRLs play a vital role by communicating messages between FRG volunteers and commanders, they also assist FRG volunteers. For example, for FRGs with an informal funds account, the funds custodian will prepare a monthly statement of credits and debits from the account for the commander to review. The FRL will assist the funds custodian with the preparation to develop a clear and concise explanation for each deposit of deduction and

deliver it to the commander, Reade said.

However, one of their most important tasks, he said, is assisting FRG volunteers with properly navigating and inputting their volunteer hours into VMIS so they may be properly recognized and rewarded for their time and efforts.

"One of the big things is they assist all the volunteers with ensuring that their hours are getting in VMIS, Volunteer Management Information System, which is a challenging website for a non-regular website," Reade said.

An FRL can be a stabilizing factor with an FRG and a unit during times of change, such as a new commander or FRG leader entering the picture.



Eric Zenk, Unit Services coordinator with Army Community Service, instructs a class on the duties of family readiness liaisons Feb. 24 at ACS. All FRLs are Soldiers who act as the go between for commanders and Family Readiness Group volunteers.

"They can be the continuity between an outgoing FRG leader and an incoming FRG leader," he said.

Grosenick has been an FRL for nearly a year. She attends the Steering Committee meetings at Riley's Conference Center to collect information and relay it to FRG leaders, company commanders and first sergeants so they may provide to Soldiers and family members, she said. Additionally, she helps arrange guest speakers and presenters for FRG meetings. For example, if an FRG leader expressed an interest in a speaker on education opportunities, Grosenick will arrange for a presentation during a FRG meeting.

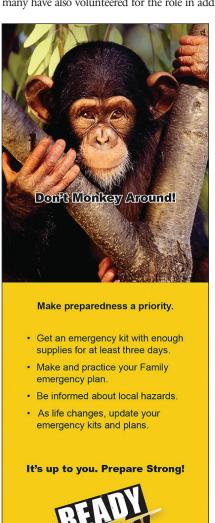
She also attends a monthly meeting with FRG leaders and commanders to discuss upcoming events and coordinate plans between each company and FRG to ensure they all work seamlessly together.

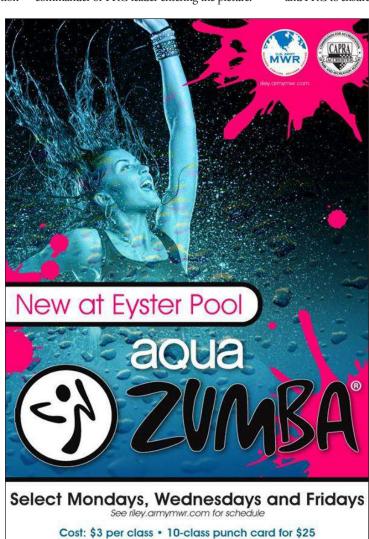
"We hold meetings here, so myself, a battalion commander, the company commander, FRG leaders and first sergeants, about once a month we'll hold meetings at our battalion and we'll go over things like when Apple Day was coming up, we all made sure everyone was on the same page," Grosenick said.

page, Grosenick said.
Family readiness liaisons do face challenges
as they juggle their primary duties with the

additional role.

The FRL training is available monthly at ACS. The training is open to anyone who would like to develop a greater understanding of the FRL's roles and duties. Reade said he strongly encourages company commanders, senior advisers and FRG leaders to attend the





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10 | **MARCH 3, 2017**

HOME OF THE BIG RED ONE



Community Life

PAGE 11 HOME OF THE BIG RED ONE



Fair to offer teens guidance for path after school

Hiring, education event to offer area youth tools to prep for job market

By Matt Ellington 1ST INF. DIV. POST

Staff of Army Community Service and Fort Rilev Education Services are teaming up for the Youth Hiring and Education Fair set for 10 a.m. to 1 p.m. March 11 at the Fort Riley Teen Center. The event will be open for all area youth ages 14 to 21 to provide information and connections with potential employers, volunteer organizations and educational opportunities.

Tasha Jones, employment specialist in the Employment Readiness Program with Army Community Services, advises teens to come prepared for the "Come prepared to ask questions. This is a great chance to network, talk to every employer there, see what they are looking for."

TASHA JONES | EMPLOYMENT SPECIALIST, EMPLOYMENT READINESS PROGRAM

"I would advise them of a couple of things," she said. "One, come with an open mind. Because if you remain just too focused, if you narrow your focus so much, you'll miss a lot of opportunities, because we have a broad range of employers coming this time. Come prepared to ask questions. This is a great chance to network, talk to every employer there, see what they are looking for. Come dressed for the event. You don't have to wear (a) suit and tie, but (it's)

nice if you did, because they will be hiring. Slacks, a nice dress shirt, even for girls you can still wear slacks or a nice

dress shirt or a dress if you like." Jones said at the fair will including American Red Cross, Rock Springs, Fort Riley pools as well as JC Penny's Salon. This is a recruiting event, for employers to pay wages or agencies who are seeking volunteers ages 14 to 21.

The fair will be split into two sides so teens can focus on what they are looking for.

"Basically the purpose is to provide this opportunity for the youth to gain information about what's available to them," said Monica Smith, Education specialist with Fort Riley education Services. "This gives them an opportunity to think about whether they want to start a job right away or do they want to go into education. This way they can figure out if they want to go to school or if they want to go right into the

workforce." Last year, the Youth Hiring and Education Fair had 11 employers and colleges to speak to and explore. This year, the number has increased to 15. Youth can network with employers and research colleges providing their interests. The variety of colleges, business and volunteer agencies offers teens guidance for their direction after high school.

- WHAT: Youth Hiring and Education Fair (area
- youth ages 14-21) **WHEN**: 10 a.m.-1 p.m.
- March 11
- WHERE: Fort Riley Teen

"We felt it was very beneficial to have the Education Center join forces with Army Community Service because we don't just want to offer them a job, we want to provide them the educational opportunities to prepare them for the job market," Smith said. "Sometimes, there could be certain jobs they want to do, but they don't have the credentials for that. So there may be some things they need to

See FAIR, page 13

"I am honored, but humbled at the same time. I work with a great group of professionals."

JOAN HAYDEN PHYSICAL EDUCATION TEACHER, FORT RILEY MIDDLE SCHOOL

Fort Riley teacher a 'master' at craft

Physical education instructor one of seven selected for 2017

By Chris Cannon 1ST INF. DIV. POST

Joan Hayden, a physical education teacher at Fort Riley Middle School, has been selected as one of the seven Master Teachers in Kansas for 2017.

According to a press re-

lease sent by Unified School District 475, each recipient was selected by a committee including representatives from Kansas Association of

Elementary

Hayden

School Principals; Kansas Association of School Boards; Kansas Association of Secondary School Principals; Kansas Parent Teacher Association, Kansas National Education Association; Kansas National Education Association-Student Program; Kansas State Board of Education and the 2016 Kansas Master Teacher class

According to the Emporia State University website, the award, which is given each year by the university, was established in 1953 for "teachers who have served the profession long and well and who also typify the good qualities of earnest and conscientious teachers."

Recipients receive a \$1,000 professional development stipend as part of the award.

In the information included on the webpage, eligible teachers must have served the state of Kansas education system for at least five years, and they must exemplify effective teaching or administrative skills as well as demonstrate skills and abilities that are outlined in the "National Education Association's Code of Ethics of the Educational Professional." They must also submit documentation from their records to the Kansas Master

Teacher panel to be considered. "I am honored, but humbled at the same time," Hayden said. "I work with a great group of professionals."

Hayden, who has been a teacher on Fort Riley for more than 29 years, was nominated by sixth-grade science teacher Deb Barnes. In her first two

See MASTER, page 14

Archbishop Timothy P. Broglio, archbishop of the Archdiocese for Military Services, provides the speech for the National Prayer Luncheon at Riley's Conference Center Feb. 22.

Catholic Church, military share a history

Chaplains strive to be remembered by Soldiers, families they serve

Story and photo by Andy Massanet 1ST INF. DIV. POST

The histories of both the 1st Infantry Division and spiritual support of service members intersected at the National Prayer Luncheon, held at Riley's Conference Center Feb. 22.

The guest speaker was Archbishop Timothy P. Broglio, archbishop of the Archdiocese for Military Services.

Welcoming Broglio were Brig. Gen. Patrick D. Frank, 1st. Inf. Div. and Fort Riley acting senior commander and Chap. (Col.) Timothy Walls, Fort Riley Garrison chaplain. A contingent of unit chaplains and a host of clergy from neighboring Catholic communities, including Bishop Edward Weisenburger of the

Salina, Kansas, diocese that includes Junction City, Kansas, were also on hand.

Linking the past with present, both Frank — who reminded the 1st Inf. Div. "the most storied division in the Army," is entering its 100th year of service to America and Broglio pointed toward the concurrent beginnings of the "Big Red One" and religious support of the military.

"I was very pleased last night when I discovered that

the division was celebrating its 100th anniversary," Broglio said. "Looking at the Catholic Church's relationship to the military in a formal sense, that (service) also began 100 years ago when Pope Benedict XV assigned auxiliary Bishop Patrick Hayes of New York as responsible for Catholics in the military."

According to the Archives of the Archdiocese of New

See CATHOLIC, page 14



FORT RILEY POST-ITS

KING FIELD HOUSE ROOF REPAIRS

Work on the roof of field house started Feb. 15. The functional fitness area will be closed for approximately eight to 10 weeks. Most of the features normally located in this area will be relocated to other parts of the fitness center.



FORT RILEY BASKETBALL GAMES The Fort Riley basketball team will play games at King Field House March 4 at 1:30 p.m. and 5:30 p.m.; March 5 at 9 a.m. and 1 p.m.

COCKTAILS AND CANVASES

Enjoy an evening of social painting at Riley's Conference Center, 446 Seitz Drive March 10. The cost is \$25 and includes instruction, supplies and a beverage ticket. Space is limited; advance ticket purchase recommended and can be purchased at riley. armymwr.com.



MWR MIDNIGHT MADNESS BASKETBALL TOURNAMENT

The basketball tournament will be at Whitside Fitness Center March 10 starting at 6 p.m. It is a double elimination tournament open to all Department of Defense identification card holders 18 and older. The team can have a maximum of eight players per team and the cost is \$50. Registration ends March 8. For more information call 785-239-2813.

EYSTER POOL BUBBLE GUPPIES

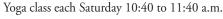
Eyster Pool staff will hold classes for children ages 6 months to 5 years and their parents. The classes are \$5 per family, per session. It will include 20 minutes of water safety and skills training by a certified water safety instructor and 40 minutes of water play. Parents must accompany children in the water.

The classes will be held March 18 and 25 at 9 a.m. The schedule is subject to change.

No registration is required. For details, call 785-239-4854 or go to riley.armymwr.com.

USO INFORMATION

Spouse's Sip N' Chat Wednesdays at 9 to 10:30 a.m. and Saturdays — a new time 11 a.m. to noon



CREATE A CARE PACKAGE EVENT

Create a care package for your hero at the Hearts Apart event March 15 from 10:30 a.m. to 12:30 p.m. at Custer Hill Bowling Alley. The box and supplies will be provided for three different design options. Feel

free to bring your own supplies to add to it. Limited space is available. RSVP by March 8 by calling Army Community Service at 785-239-9435.

YOUTH HIRING AND EDUCATION FAIR

Staff of ACS will hold a hiring fair for youth ages 14 to 21 March 11 from 10 a.m. to 1 p.m. at the Fort Riley Teen Center, 5800 Thomas Drive. There will be employers, volunteer organizations and educational institutes.

For employment related questions, call employment readiness at 785-239-9435 or for education related questions call 785-239-6481.

FORT RILEY MISSION AND INSTALLATION **CONTRACTING COMMAND TRAINING**

The staff at MICC will be hosting quarterly customer training in March.

March 13 classes are targeted toward supervisors of Operational Contract Support Integration Cells, personnel involved in acquisition planning, commanders and supervisors of Government Purchase Card programs and supervisors.

March 14 classes are Independent Government Cost Estimate and Market Research training intended for all personnel involved in development of contract requirements.

March 15 classes are intended for all personnel seeking knowledge on development of performance based acquisitions and contract surveillance.

The goal is for Fort Riley organizations and 1st Infantry Division to use the MICC as a force enabler, providing $responsible\ contracting\ solutions\ and\ oversight.\ The\ training$ will be held at building 1792. For more information call 785-240-5312, or email at maria.c.espinosa.mil@mail.mil.

FREE INCOME TAX PREPARATION AT FORT **RILEY TAX CENTER**

The Fort Riley Tax Center is open to prepare federal and state taxes for Soldiers, military retirees and eligible family members. The center is located in building 7034 and is open Monday through Friday from 9 a.m. to 6 p.m. Appointments are available and encouraged throughout the week, but walk-ins are accepted. The center is open 9 a.m. to 1 p.m. on Saturdays for walk-ins only. Call 785-239-1040 for more information.

FORT RILEY REEL TIME THEATER MOVIE **SCHEDULE**

Friday, March 3

The Founder (PG-13) 7 p.m.

Saturday, March 4

Studio Appreciation Advance Screening — admission is free and tickets are available at both Fort Riley Exchange Food Courts. Seating is open to non-ticket holders 30 minutes prior to show time. Doors open at 12:30 p.m. Kong: Skull Island (PG-13) 2 p.m.

Gold (R) 7 p.m.

Sunday, March 5

Resident Evil: The Final Chapter (R) 5 p.m. Theater opens 30 minutes before first showing For more information call 785-239-9574.

FORT RILEY LEISURE TRAVEL

Discount tickets are available for events in the surrounding area as well as major theme park destinations. Upcoming events with discount tickets include:

Great Wolf Lodge - Kansas City Hotel: Blackout dates apply. Waterpark tickets included for all guests.

B&B Junction City Gem Theater: \$30 value gift card for \$25 good for movie tickets and concessions.

McCain Auditorium: Shaolin Warriors Martial Arts 7:30 p.m. March 14 - prices may vary.

Salina - Rolling Hills Zoo and Museum: adults \$10, children \$5 and seniors \$9.

Topeka Expocenter: Sesame Street Live - Elmo Makes Music 10:30 a.m. or 6:30 p.m. April 5. Price \$17 to \$55 depending on seat selection. Deadline to order is April 1.

FORT RILEY OUTDOORSMEN GROUP YOUTH **TURKEY HUNT**

Members of the Fort Riley Outdoorsmen Group known as FROG will host the annual youth mentorship spring turkey hunt April 1 and 2 at Fort Riley.

Experienced turkey hunters will guide the youth, who must be 9 to 15 years of age, disabled, first time hunters or whose sponsors are deployed. The age requirement may be waived based on experience. Youth must have a Kansas turkey permit for Unit 3. A limited number of shotguns, shells and bright orange will be available for those who have none but youth are encouraged to bring their own. No hunting experience is needed.

There will be an orientation for youth March 31 to learn about hunting turkeys, what to bring and wear, firing a shotgun and roosting turkeys. The hunt will be April 1 and 2. The deadline for registration is March 24. For more information, or to sign up, please email the FROG at fortrileyoutdoorsmengroup@yahoo.com.

COMMUNITY CORNER

Trailblazing women play a vital part in Army's continuing story

By Col. John D. Lawrence FORT RILEY GARRISON COMMANDER

his year's Women's History Month theme from the National Women's History Project is

"Honoring Trailblazing Women in Labor and Business." At Fort Riley, we honor the women who have labored in the business of

Colonel Lawrence

the profession of arms or in the support of our Soldiers and their families - and that history continues to be written before us every single day.

There are countless examples of trailblazing women in the history of our Army. We can look back as far as the Continental Army when, in 1778, Deborah Dampson disguised herself as a man and enlisted under the pseudonym Robert Shirtliffe. She served as a light infantry scout until being wounded in action. At that point the Army doctor treating her discovered her secret, leading to her discharge

from the Army. But many years later, Congress recognized her service and granted her husband a widow's pension.

There are records that point to more than 400 females fighting in disguise on both sides during the Civil War. In 1898, Dr. Anita McGee was appointed as acting assistant surgeon general in charge of selecting nurses for the Army. She wrote the bill that established a nurse corps, and that bill later became Section 19 of the Army Reorganization Act of 1901. She became known as the founder of the Army Nurse Corps.

During World War I, more than 35,000 American women served, and by WWII, that number increased to 140,000. Fast forward to last year when Sgt. Leigh Hester was awarded the Silver Star for her actions during a firefight outside of Baghdad. That was the first — but certainly not the last — award earned by a female Soldier engaged in direct combat action.

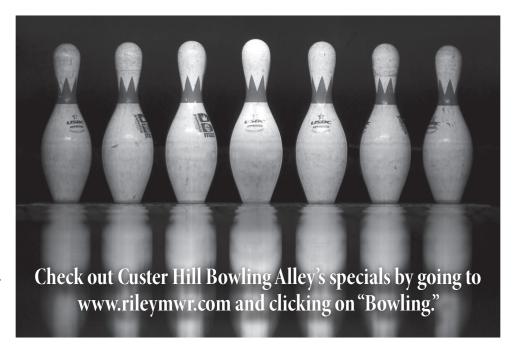
Today there is not a single Army military occupational specialty closed to women. Just one month ago the first women reported to infantry school and, according to Army Recruiting Command, there

are 500 more slated to join combat specialties this year.

I encourage you to take time this month to learn more about female trailblazers and their modern counterparts by attending the Women's History Month observance March 15 at Riley's Conference Center at 11:45 a.m.

Our history is full of women who blazed the trail into the Army and our present days are filled with the opportunity to participate in the making of history others will only read about. Along with our uniformed women, we have a full contingent of Army civilian females who come to work every day and find ways to better support our installation, our Soldiers, their families and our community partners. They too are blazing trails in labor and business and continue to find more efficient ways to meet the mission. As an integral part of our team, they provide the same commitment to service as our Soldiers — I'm proud to be a part of their history.

— To comment on this article or to suggest a topic for Community Corner, email usarmy.riley.imcom. mbx visit my Facebook page at www.facebook.com/fortrileygc.



WWW.RILEY.ARMY.MIL



HOME OF THE BIG RED ONE MARCH 3, 2017 | 13



Construction workers continue to build the lazy river and work on the new Custer Hill Pool Feb. 10. The pool will have a sloped entry for greater safety, as well a handicap entrance, diving boards, a lazy river, slides and more.

Custer Hill Pool beginning to take shape

Facility to include slides, a lazy river, more diving boards, climbing wall

Story and photos by Season Osterfeld 1ST INF. DIV. POST

As spring draws near, so does the completion of the new Custer Hill Pool.

Staff of the Army Corps of Engineers at Fort Riley, the Directorate of Family and Morale, Welfare and Recreation and two separate contracted companies having been working to complete the new pool by May 24, said Nate McCarn, lead construction inspector for the Army Corps of Engineers at Fort Riley and the collateral duty safety officer, working as the lead quality assurance officer on the project.

Through February, the teams have installed the pool deck and associated walls, including an 80-yard slab of concrete for the deep end. Once the walls are complete they will add the drains, then the decking. The kiddie pool will also follow along with it as it is a smaller section, McCarn said. As work progressed on



A construction worker builds upon the rebar frame for the new Custer Hill Pool Feb. 10.

the pool, the pump house also went up and has been designed to match the existing pool house. Equipment and tanks will be installed in the pool house as the pool walls are being stood up and finished.

"We demo'd the old pool, the old pump house and we're currently installing rebar and forming up and placing back the new pool section, as well as the new pump house," he said.

The new Custer Hill Pool will feature slides, a lazy river, handicap entrance, multiple diving boards and a climbing wall, as well as a zero entry in both the main pool and kiddie pool area.

"The facility was built for multifunctional use with both

family friendly and individual features for our entire Fort Riley community to include our single Soldiers, physical fitness and families with little ones," said Hedy Noveroske, Aquatic Program manager for DFMWR. "Even our teenage population was taken in account."

The zero entry in the main and kiddie pools is a sloped entry so individuals can walk straight into the pool and go deeper gradually, making it safer, McCarn said.

"That means you can walk right into it," he said. "You're at the concrete deck walking from the pool house where you shower and change, you can walk right in. It's a gradual slope right up to a 5 foot depth ... It's safer. It allows little kids to play in that shallower end easier, as well as the kiddie pool has that zero entry."

The inclusion of the lazy river provides an area of moving water within the pool that could be used for relaxing, exercise or physical fitness, Noveroske said.

"Moving water is the new 'pool," she said. "Our water channel will be great not just for recreational swim, but for fitness and physical therapy as well."

Noveroske said they are projecting the new Custer Hill Pool to be open for the season Memorial Day weekend. She added she and the aquatics staff are looking forward to enjoying the new facility with patrons and all the new activities it will have to offer.

"The aquatic staff is very excited to get out of the old and in with the new for today's facility design," she said. "To stand and look at a rectangular pool all day every day is very monotonous. Now we have so many features and additional attractions like the rock climbing wall to not just entertain our patrons, but to enrich our surveillance."

TUESDAY TRIVIA CONTEST



The question for the week of Feb. 28 was: March 6 to 10 is Severe Weather Awareness Week in Kansas. Where can I find a map of emergency storm shelters on Fort Riley?

Answer: www.riley.army.mil/Portals/O/Docs/ Community/ReadyArmy/ EmergWeatherSheltersJAN2017.pdf

This week's winner is 1st Lt. Megan Coley, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division.

Pictured above is 1st Lt. Megan Coley. **CONGRATULATIONS MEGAN!**

FAIR Continued from page 11

do that prepares them to get the job they want."

A financial aid representative will be available during the fair to advise and inform families about scholarship opportunities for the college of their choosing. The representative can assist with tax questions concerning financial aid, as well as guidance for filling out scholarships.

To contact Tasha Jones for more information regarding employment opportunities and employment readiness, call ACS at 785-239-9435. The office is located on main post, 7264 Normandy Drive.

To reach Monica Smith for questions about educational opportunities and services, visit Building 211, Custer Avenue in Wainwright Hall right across from the Kingfield House. The office is open from 7:30 a.m. to 5 p.m., Monday through Thursday. On non-RDO Fridays, available hours are 7:30 a.m. to 4 p.m., and the office phone number is 785-239-6481.



PACK 660 CELEBRATES BLUE AND GOLD BANQUET

Fort Riley Cub Scouts from Pack 660 celebrated the scouting birthday with a Blue and Gold Banquet Feb. 25 at the American Legion in Junction City, Kansas. Guest speaker Danny Loerh, the American Legion commander, delivered his message to the scouts and parents. "I can see the future of the young men here. One of them might become (a) teacher, engineer, great leader of our nation and good citizen," he said. An awarding ceremony of scouts who earned their rank advancement also happened. Jan Rippey, committee chair also recognized leaders and gave individual awards of appreciation to those who share their time and effort. Volunteers are mentors and teachers who dedicate their free time to building youth into the future leaders of tomorrow. The banquet ended with cake sponsored by Dillon's through the solicitation by American Legion. The theme this year for the Blue and Gold Banquet was a western theme.

COURTESY PHOTOS





Attention all youth ages 14 to 21: Come visit with employers, volunteer organizations and educational institutes!



Fort Riley Teen Center
5800 Thomas Drive · Fort Riley, KS 66442
For employment related questions, call Employment Readiness at 785-239-9435 and







785.239.9885 or 785.240.2818

785.239.9929 or 785.239.9935

PARTNERSHIP Continued from page 11

"We're going on seven years now as far as being partners with them," Monzon said. "It's always been positive and rewarding for us because ultimately our purpose is to defend the nation, but this is more of a personal note that we are providing that community support."

The partnership agreement is part of the 1st Infantry Division's adopt-a-school program which partners units at Fort Riley with a community school.

Witt said each school within USD 475 including an early childhood center has a Fort Riley partner unit.

"It enhances the commitment the community sees between Fort Riley and Junction City High School," Witt said. Sharp said a charter between the two organizations was first signed in March 2011, and the 97th MP Bn. has since participated in events like a Tribute to the Troops football game, chaperoning support at school dances and more. The Soldiers also visit the school and share their experiences with students at the school.

"We work together to educate our students," she said. "Every time I call someone affiliated with the MPs they are always willing."

Counts agreed. He said the partnership opportunity also provides the Soldiers the opportunity to meet the expectations set by their brigade commander in Fort Hood, Texas.

"This is our way to fulfill our brigade commander's philosophy of investment and being part of a team," he said. "One of his priorities is partnerships. On behalf of the battalion, it is great for us to give back to the community and continue to foster the relationship we have with Junction City High School."

CATHOLIC Continued from page 11



Andy Massanet | POST

Brig. Gen. Patrick Frank, 1st. Infantry Division and Fort Riley acting senior commander, formally welcomes archbishop Timothy P. Broglio, archbishop of the Archdiocese for Military Services, to the National Prayer Luncheon, held at Riley's Conference Center Feb. 22. Broglio was guest speaker.

York, www.archnyarchives.org, Hayes was appointed to the Chaplain Corps of the U.S. Armed Forces on November 24, 1917, and eventually was elevated to Cardinal on March 24, 1924.

"And that was, of course, during the First World War," Broglio said. "So we share a common anniversary."

Broglio also paid tribute to Chap. (Capt.) Emil Kapaun, a prisoner of war who continued ministering to his follow prisoners until his death from malnutrition and abuse. Kapaun was posthumously awarded the Congressional Medal of Honor in 2013. Fort Riley's Kapaun Chapel is named after him.

In discussing Kapaun and his heroic acts in a prisoner of war camp, Broglio also suggested that "selflessness" be added to the list of existing four Cardinal Virtues of the Catholic teachings that include Prudence, Justice, Fortitude and Temperance.

NEED FOR CHAPLAINS

Broglio and his staff have been wrestling in recent years with a shortage of Catholic chaplains. In a 2013 article published by the U.S. News and World Report, Broglio said, "the shortage has been more acute than it has been in the past." The article goes on to say Catholic chaplains in the military numbered in the thousands during World War II, but are now fewer than

He addressed those concerns after the luncheon.

"Actually in terms of the numbers of priests (in the Army Chaplaincy) it's getting worse rather than better," Broglio said. "The one hopeful sign is that we have 35 co-sponsored seminarians who will eventually come on active duty provided that they are ordained. So that's the great hope for the future. But what we really need are priests right now ... and I've appealed to the bishops. We've created a program called 'For God and Country' to invite priests to come and see what it's like and

that has yielded some fruit, but

what we need is a much greater

harvest." In dealing with the shortage of priests, the Army chaplaincy leadership has employed the use of contractors, but that is just a stopgap measure Broglio said. "We would prefer to have active duty Soldiers because, obviously, an Army chaplain can go many more places. He can deploy with troops and so forth. We are extremely grateful for the work the contract priests have done but we are desirous to have active duty

For Frank, the role of chaplains is clear and vital to the overall health of Soldiers, whether they are on-post or in the combat zones.

"Spiritual resilience is, of course, part of our overall resiliency program here at the 1st Infantry Division," Frank said. "And to me that connection to spiritual fitness to our Soldiers in formations is done through our chaplains. That's why we talk about 'be the chaplain the Soldiers will remember. We want our chaplains out there, with our Soldiers on a road march, in the field, doing PT (physical training) with them, down in the unit area, and bringing counseling and mentorship to our Soldiers."

For Chap. (Capt.) John Gabriel, chaplain for the 2nd Armored Brigade Combat Team, 1st Inf. Div. the shortage of fellow Catholic chaplains means accepting the challenge of going beyond what is expected of him as a chaplain of the "Dagger" Brigade.

"I am available for every Soldier and I also share the sacramental responsibilities for the Catholic community on post," Gabriel said. "It can make for busy days, but God gives us the grace to do the best that we can."

Healthy relationships not trivial matter

Story and photo by Andy Massanet 1ST INF. DIV. POST

True or False: Physical touching is not a way to communicate emotional love. Answer: False Question: The deepest human need is to feel

Answer: Appreciated

A trivia game might seem, well, trivial, but the subject matter is not.

With support from USO Fort Riley, including the venue on Custer Hill, the Family Advocacy Program of Army Community Service is conducting monthly trivia games, called Spin the Wheel Lunchtime Trivia, with the questions centered on topics like relationships, marriage and parenting.

The event on Feb. 23 was on the subject of love and intimacy, said Carolyn Tolliver-Lee, family advocacy specialist for the Family Advocacy Program.

"It's something we have done for the month of February," Tolliver-Lee said.

Correct answers helped the participants, which included



Pvt. Austin Cox of the 2nd Armored Brigade Combat Team, 1st Infantry Division, participates in the Spin the Wheel Lunchtime Trivia event at USO Fort Riley Feb. 23. The Family Advocacy Program of Army Community Service sponsors the event, which focuses on important topics like relationships and parenting.

Soldiers and family members, to a variety of prizes: sunglasses, blankets, gift certificates to Starbucks, adhesive card holders and a book by Ernest Smith titled "The Contract: A Defined Approach on Dating/ Relationships."

It was helpful to Pvt. Austin Cox of the 2nd Armored Brigade Combat Team, 1st Infantry Division.

"I'm recently married,"

young Soldiers are new to the relationship world."

The discussion frequently went beyond the limits of the question and answer to include related information. For example, Tolliver-Lee seized an opportunity to discuss the difference between infatuation and mature love.

Research shows relationships of two years or less are based on infatuation, Cox said, "and I know a lot of she said. "That's the period

when we are always on our best behavior. Then, after that period, it can be called a mature, stable relationship."

A bonus for this session was the unplanned presence of Chap. (Capt.) Travis Kirkman, 5th Squadron, 4th Cavalry Regiment, 2nd ABCT, 1st Inf. Div. After participating with a question he briefly discussed the difference between sex and true intimacy with the group.

"I come here (to the USO) for lunch sometimes," he said, adding that occasionally Soldiers will open up a conversation with him.

Aimee Roark, an intern with the ACS who joined Tolliver-Lee in conducting the game, said the trivia game setting is effective.

"It's interactive and that is more effective than a classroom setting," Roark said. "It helps people retain the information."

Roark is the spouse of Maj. Benjamin Roark of the 1st Inf. Div. G-5 office. Maj. Roark is deployed with the Division in Iraq.

The Spin the Wheel Lunchtime Trivia event in March will revolve around the subject of parenting. Children are welcome. For more information, call ACS at 785-239-9435.

USO GETS CHECK FROM K-STATE PHILANTHROPY 5K RUN-WALK



Representatives from Kansas State University present a check to Courtney Claxton, center, a volunteer with USO Fort Riley, Crystal Tinkey, second from right, center operations and program manager at USO tt Payne, right, director for USO Fort Riley, of the funds raised for the USO Jan. the K-State Alumni Association Alumni Center in Manhattan, Kansas. The \$5,000 were raised during the Kansas State University Philanthropy Homecoming 5K Run-Walk that happened Oct. 16, 2016 at K-State. "The widespread support and contributions from our community enables us to close the gap in the emotional and communication connection with our service members and their families," Payne said.

MASTER Continued from page 11

years of teaching, she taught at Morris Hill and Jefferson Elementary Schools. She began teaching PE at FRMS

Hayden recalled having the desire to be a teacher from the time she was a young girl in DeWitt, Nebraska. During the summers, she was a lifeguard at her community pool, and she gave swimming lessons. She also played softball as a child, before she played volleyball, basketball and ran in the track team in middle school.

From lifeguarding to teaching Sunday school, Hayden has maintained a connection to both aspects as an adult. She currently lifeguards at and manages the public pool in Chapman, Kansas, and she teaches Sunday school at her church.

When Hayden began the winding road to her career in 1982, she started college as a pre-medicine major. She changed her major several times, from pre-medicine to physical therapy to athletic training before she completed college six years later with her bachelor's degree in Physical Education. During college, she had two internships, the first at Disney World, working in the fitness center and the second working for the Coors Company in their fitness facility.

As a PE. teacher, she maintains her knowledge on the ever-changing face of physical health by reading teaching journals, blogs and other articles on physical health and wellness. She also attends graduate-level classes and professional development seminars as a part of her recertification process which she has to do every five years for the state of Kansas. As a teacher for the Unified School District 475, she spent her career on post. For her, the biggest culture shock she had was the transient and more mature nature of the military child because she came from such a small town. One of the rarest parts of her experiences with students is their attendance through all three years of middle school. As a mom of three boys, she is very familiar with the plight of the middle school child. While her own children attended the Chapman schools, she became involved in their activities as well.

While her sons are all grown past middle-schoolage, she said "it was easier to teach middle schoolers than to raise middle schoolers.

In her years of teaching, she has seen the evolution of society change from one of activity to one that is sedentary. She has also seen a change in the way children approach and

deal with each other. "In some ways," Hayden said, "I actually think kids are more aware in terms of ... a social-emotional side of things and I actually think kids are maybe even nicer to a certain degree, treat each other a little better than years ago, and maybe it's just because they know it's the correct thing to do."

In the past, PE was more sports-oriented. Now, physical education extends beyond sports to activities that focus on gross-motor skills such as hitting or throwing and dance. While her program has changed, she still has many of the activities kids enjoy such as body-powered scooters, the parachute and an evolved game of dodge-ball called Battleship." Where once the strategy of dodge-ball was to get everyone out with no obstacles, now students must aim for the same types of aquatic vessels featured in the popular board game and they must do it from behind a curtain which separates the two teams.

Over the course of the school year, Hayden helps with many events like the canoe trips students take annually to Moon Lake. She also helps with the annual Wellness Fair which will take place April 28. The fair is designed to inform students of things they can do to stay active and places they can go in Kansas. She has also arranged for the Bethany College Track Coach Aaron Yoder to speak to FRMS students. Yoder holds the world's record for the backward mile, a 6-minute mile and he has also run races in Europe.

The 2017 Master Teachers will be honored on Master Teacher Day to be held April 5 at Emporia State University. On that day, the teachers will present a seminar at 2:30 p.m. in the W.S. and E.C. Jones Conference Center in Visser Hall. The teachers will then be honored during a social hour at 5:45 p.m. in Webb Hall Lobby of Emporia State's Memorial Union followed by the dinner and awards ceremony at 6:30 p.m. in Webb Hall.



Sports & Recreation

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LEFT: Pvt. Jermane Roper, 300th Military Police Company, 97th Military Police Battalion, looks for an opening in the Purple Cobras' defense to pass the ball during the Manhattan League semi-finals Feb. 16 at Peace Memorial Auditorium in Manhattan, Kansas. The team went on to become the 2017 champions of the Manhattan League. **RIGHT:** Spc. Davon Henry, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, scores a goal during the last half of the Manhattan League semi-finals Feb. 16 at Peace Memorial Auditorium in Manhattan, Kansas.

Undefeated League Champs

Fort Riley basketball team sweeps Manhattan league, looks ahead to home tournament this weekend

Story and photos by Chris Cannon 1ST INF. DIV. POST

THE CHAMPIONSHIP GAME

MANHATTAN, Kan. — Members of the Fort Riley Men's Basketball team defeated Team Spradling 93–88 and became the 2017 Manhattan League Champions Feb. 22 at the Peace Memorial Auditorium.

Spc. Davon Henry, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, was at center-court and tipped the ball off to Fort Riley at the start of the game. The Fort Riley offense charged down the court with the ball in the possession of Spc. Dung Danh, 3rd Assault Helicopter

"It was a great game for both teams. They both played hard, it came down to pretty much exhaustion in the end."

JASON LAFASCIANO

ASSISTANT COACH FOR THE FORT RILEY TEAM

Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Inf. Div., to score, but the shot was blocked by Team Spradling. With the ball in their possession, Fort Riley had a chance to learn about their opponent's defense. It became clear Team Spradling's advantage was their ability to shoot three-point field goals.

For Fort Riley, the game proved to be hard-fought because more than half of the team had just returned from the Danger

Focus II field exercises the previous week. The team's weak points were exposed as Team Spradling exploited the holes in Fort Riley's defense, driving the score to 42.

By the end of the first half, the game was tied at 42.

"It was a great game by both teams," basketball commissioner Jason Lafasciano said. "They both played hard, it came down

See BASKETBALL, page 16



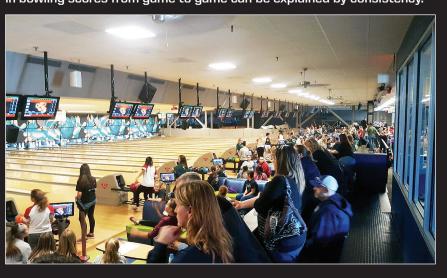
The Fort Riley offense pushes toward the goal during the last three minutes of the Manhattan League finals game against Team Spradling Feb. 22 at Peace Memorial Auditorium in Manhattan, Kansas.

BOWLING TOURNAMENT



COURTESY PHOTO

The Fort Riley Middle School Bowling team hosted a tournament Feb. 15 and 16 at Custer Hill Bowling Center. The tournament included middle schoolers from nearby Kansas cities like Junction City, Manhattan and Topeka. This year marks the 10th year Fort Riley has had an annual tournament. Both A and B teams participated from FRMS, and a tournament like this one usually includes bowlers with higher averages, according to Scott Levendofsky, head bowling coach at FRMS. "Our biggest challenge is consistency," Levendofsky said. "This begins with repeating the same motion on the approach and the swing of the ball. Most of the wild swings in bowling scores from game to game can be explained by consistency."



Finding calm fitness at USO Fort Riley

Two spouses teach yoga classes to share fitness, camaraderie

Story and photo by Maria Childs 1ST INF. DIV. POST

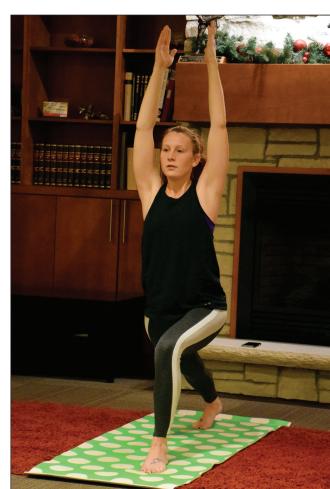
Two Fort Riley spouses teach a free yoga class at 10:40 a.m. every Saturday at USO Fort Riley.

The certified instructors — Amanda Evanoff, wife of Staff Sgt. Sean Evanoff, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, and Tatiana Ferracioli da Silva, wife of Sgt. 1st Class Michael Mayo, 1st Sqdn., 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Inf. Div. — have different styles of teaching, but offer the class as a way for the Fort Riley community to get fit.

Evanoff, who taught the Feb. 25 class, took over teaching the class last year after the previous instructor left Fort Riley for a permanent change of station with her family. She said Ferracioli is her substitute when she cannot make it to the class.

"If it's me, it's more relaxing and about gaining flexibility," Evanoff said. "If (Ferracioli) is covering for me, she does more power yoga."

Evanoff said the class is pretty laid back. She welcomes Soldiers and



Amanda Evanoff, wife of Staff Sgt. Sean Evanoff, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, guides those who attend yoga class at USO Fort Riley Feb. 25. Evanoff is one of two spouses who teach a free yoga class at 10:40 a.m. every Saturday at USO Fort Riley.

spouses bringing children to the class. The classes usually last an hour.

"I just love yoga," she said.
"For me, it's because it's low impact. It's stretching. I've got a battery of physical problems that prevent me from doing

more strenuous workouts. This is a good way for me to still work out but not in a rougher capacity."

Jennifer Colkmire, wife of Staff Sgt. Cody Colkmire,

See YOGA, page 16



BASKETBALL Continued from page 15

to pretty much execution in the end."

At the start of the second half, the ball was in Team Spradling's possession before it was quickly turned over to Fort Riley. The point spread between the teams was no more than 11 points by the middle of the second half.

"I'm happy for the win, and I'm happy that we're champions," Assistant Coach Regina Henry said.

The Fort Riley team finished the 2017 Manhattan League season with an undefeated record of 10-0. Their record in the Central United States Men's Basketball League is currently 12-0.

THE SEMI-FINALS

Before the championship game, the Fort Riley team played Feb. 15. The team only had five players present for the game.

"Our work's paid off," Sgt. Fred Lefao, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div., said.

Two-thirds of the team personnel like Lefao were involved in the Danger Focus II training exercise which was completed Feb. 16. The practice Feb. 20 was the first practice where the team was together in its entirety.

The semi-finals were challenging for the team, because of the five players present at the start of the game, three had only been on the team for two weeks. With

"During the Manhattan League season, the team did very well. The strengths of our team are working together as a team, our transition offense and never giving up during a game."

DARRYL DUNBAR

HEAD COACH FOR THE FORT RILEY TEAM

the rest of the team members absent because of field exercises, they had little time to acclimate to each other.

"During the Manhattan League season, the team did very well," Coach Darryl Dunbar said. "The strengths of our team are working together as a team, our transition offense and never giving up during a game."

For the team, playing in the Manhattan League was an opportunity to build their experience in the game of basketball. This is the second year since the team has been re-established that they have participated in the league. Last year when they played in the league they lost more than half of their games because they underestimated the talent on the opposing teams.

Through their participation in the Manhattan League, the members of the Fort Riley team learned how to adjust their game-play according to their opponents. During the team's scrimmages, the players have taken shortcuts during the games and the team doesn't get the opportunity to assess and adjust properly.

For Dunbar, the mission comes first and basketball comes second.

"We have been lucky that we have other players who did not deploy to the field on the team who stepped up and played well while most of our veteran (ball players) were deployed on the mission," he

THE NEXT STEP

The Fort Riley basketball team is 16-0 heading into a home tournament March 4 and 5 at King Field House. Game times March 4 are 1:30 p.m., 3:30 p.m. and 5:30 p.m.; March 5 game times are 9 a.m., 11 a.m. and 1 p.m. They will be facing Airmen from Offutt Air Force Base and Whiteman AFB. The team will also have their Central United State Military Basketball League conference tournament April 21 through 23 at Wichita State University.



Chris Cannon | POST

Pfc. Anthony Taylor, 24th Composite Truck Company, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade, drives to the basket during the last half of the Manhattan League semi-finals game against the Purple Cobras Feb. 16 at Peace Memorial Auditorium in Manhattan, Kansas. The team went on to win the championship game Feb. 22 against Team Spradling 93-88.

YOGA Continued from page 15

Troop B, 1st Sqdn., 4th Cav. Regt., 1st ABCT, 1st Inf. Div., has been attending the class for a couple of months after learning about it at a Family Readiness Group meeting.

"I'm still new to it," she said. Colkmire said she enjoys

how relaxing the class is and she can bring her children to the class with her. She mostly enjoys meeting other military spouses in a fun environment.

"The camaraderie of the spouses is inviting," she said. "We all get to know each other."

Evanoff and Ferracioli also teach classes during the week off the installation. For more information about the yoga classes, join the Fort Riley Yoga Facebook group. Any cancellations are posted on the page.



Maria Childs | POST

Two Fort Riley spouses teach a free yoga class at 10:40 a.m. every Saturday at USO Fort Riley. The certified yoga instructors - Amanda Evanoff, wife of Staff Sgt. Sean Evanoff, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, and Tatiana Ferracioli da Silva, wife of Sgt. 1st Class Michael Mayo, 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Inf. Div. - have different styles of teaching, but offer the class as a way for the Fort Riley community to get fit.



CommunityLife

March 15-April 26 • Long Fitness Center Coaches meetings: February 9 and 23, 5pm • Whitside Fitness Center



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Travel & Fun in Kansas

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Children 8

By Season Osterfeld 1ST INF. DIV. POST

Nothing says education can't be fun. Staff at children's museums throughout Kansas aim to introduce kids to fine arts, humanities, mathematics, sciences and more through sensory play, games, performances and other interesting activities

other interactive activities. In Manhattan, Kansas is the Wonder Workshop Children's Museum, 506 S. 4th St. The Wonder Workshop was founded in 1989 and first opened the children museum's doors to the public in 1994. The staff have set up a variety of exhibits indoors and also offer a number of programs for kids, including the Outback Camp, which goes on hiking safaris, fossil collecting and more. They also have an after school program for children in kindergarten to sixth grade called Hooked on Clubs and a Roots of Rhythm class, which teaches kids traditional African and African-American drumming, singing and dancing.

The Wonder Workshop Children's Museum is open to the public Saturdays from 10 a.m. to 3 p.m. Admission is \$4 for adults, \$3 for children ages 2 and up or free for children ages 1 and younger. For more information visit www. wonderworkshop.org or call 785-776-1234.

The Kansas Children's Discovery Center is in Topeka, Kansas, at 4400 SW 10th Ave. Inside and outside the facility are variety of exhibits, programs and events. One of the exhibits available is a careers gallery where kids can own a restaurant, work as a doctor or veterinarian or run their own car repair shop. Other exhibits include the grain gallery, science gallery, Moneyville, where kids learn the basics of budgeting, finance and more.

The Kansas Children's Discovery Center is open Tuesday to Friday 9 a.m. to 3 p.m., Saturday 10 a.m. to 5 p.m. and Sunday 1 p.m. to 5 p.m. Admission is \$7.75 for kids and adults. Children ages 1 or younger and members are free. For more information,

visit kansasdiscovery.org or call 785-783-8300.

Closer to the Kansas-Missouri border is the Wonderscope Children's Museum of Kansas City, 5700 King St., Shawnee, Kansas. Staff at the Wonderscope have a variety of ongoing programs and special events sure to entertain children. The facility also has a number of exhibits and camps. Some of the exhibits are the Farm to Market, where kids can learn about the origins of the food they eat, H2Oh! that teaches children the properties of water and Raceways to help children and adults alike develop a greater understanding of gravity, energy and motion, along with many other exhibits.

The Wonderscope Children's Museum of Kansas City is open Tuesday to Friday 9 a.m. to 4:30 p.m., Saturday 9 a.m. to 5 p.m. and Sunday noon to 5 p.m. Admission is \$8 for ages 3 and up. Children ages 2 and younger are free. For more information, visit www.wonderscope.org or call 913-287-8888.



COURTESY PHOTO

A child plays with one of the interactive exhibits at the Wonderscope Children's Museum of Kansas City in Shawnee, Kansas. The facility has a number of



COURTESY PHOTO

A child paints in the art gallery at the Kansas Children's Discovery Center in Topeka, Kansas. The art gallery lets children play with color on a number of surfaces, explore light and display their artwork for others to admire.



COURTESY PHOTO

The Kansas Children's Discovery Center is in Topeka, Kansas. One of the exhibits available is a careers gallery where kids can own a restaurant, work as a doctor or veterinarian or run their own car repair shop.

HAVE A STORY IDEA?

Send it to usarmy.riley.imcom.mbx.post-newspaper@mail.mil or call 785-239-8854/8135.