

FEBURARY 2017

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HEADQUARTERS, CAMP RED CLOUD, REPUBLIC OF KOREA



INDIANHEAD

SERVING THE 2ND INFANTRY DIVISION COMMUNITY SINCE 1963
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TOGETHER WE ARE STRONG
2ID/RUCD CELEBRATES DIVERSITY

ARMY FAREWELLS KIOWA



PHOTO OF THE MONTH

(Top): A 4-2 Attack Reconnaissance Battalion warrior oils the hinge on an Apache in order to prevent corrosion. The “Death Dealers” mission is critical to readiness across the peninsula, and maintenance like this ensures they are ready to Fight Tonight. (Photo by CPL Hee Kang Lee, 2nd Combat Aviation Brigade, 2ID/RUCD)

(Cover): Two OH-58D Kiowa helicopters assigned to the 1st Squadron, 17th Cavalry Regiment, perform combat maneuvers over the Rodriguez Live Fire Complex, South Korea, during a ceremonial training exercise, Jan. 25. (Photo by Mr. Pak, Chin-U, 2ID/RUCD Public Affairs)



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An OH-58D Kiowa helicopter assigned to the 1st Squadron, 17th Cavalry Regiment, prepares for a mission at Rodriguez Live Fire Complex, South Korea. (Photo by Mr. Pak, Chin-U, 2ID/RUCD Public Affairs)

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INDIANHEAD

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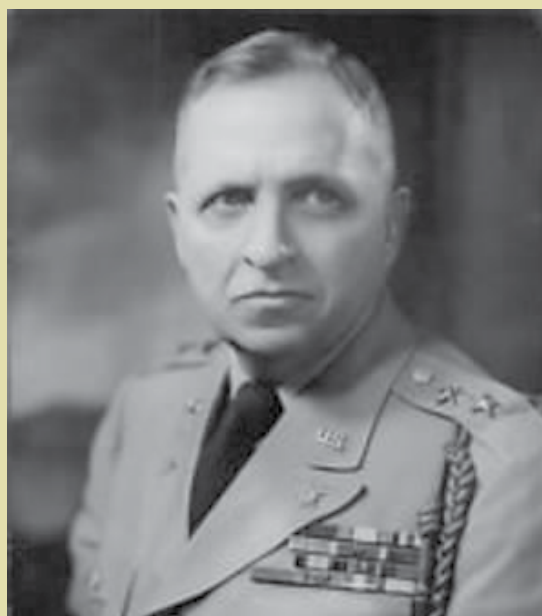
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INTERVIEW WITH PAST LEADERS

As the 2nd Infantry Division/ROK-U.S. Combined Division prepares to celebrate a "Century of Second to None," our Leader's Corner column will recognize past Warrior Division Soldiers. Each month leading up to our 100th Birthday in October, the Indianhead will pay tribute to the great leaders who have helped make this Division "Second to None!"



Lieutenant General William K. Harrison Jr. fought in both World War I and II. In 1945, he was appointed as the commander of the 2nd Infantry Division, which was then stationed in Czechoslovakia. During his career, he also served as chief United Nations negotiator at Panmunjom, Korea, during the Korean War, and subsequently served as commander in chief of the Caribbean Command.

"The commander must win confidence and loyalty by his own acts. No one can do this for him; he is on his own right from the start. While he does certain things with the deliberate intent of gaining maximum control over his unit, and the maximum effort from it, his acts must nevertheless not be a mere front. They must represent the real man under his rank insignia. We can fool our superiors from time to time, our colleagues rarely, but our subordinates never."

Lieutenant General Russel L. Honoré commanded the 2nd Infantry Division from 2000-2002. He later served as the 33rd commanding general of the U.S. First Army at Fort Gillem, Georgia. Honoré is best known for his role as commander of Joint Task Force Katrina where he led the effort to coordinate military relief support for Hurricane Katrina-impacted areas across the Gulf Coast.

"In the military, as in any organization, giving the order might be the easiest part. Execution is the real game."





U.S. Army Pacific commanding general, Gen. John K. Waters, toured the 2nd infantry Division area of operations in South Korea. His tour included the Demilitarized Zone, Hill 143 and Libby Bridge.

Warriors Down Marines

Gen Waters Tours 2d Division

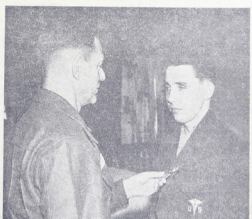
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GENERAL SPEAKS—General John K. Waters, CG, USARPAC, speaks to soldiers during his recent tour of the 2d Inf Div. With him are Col George G. Cantley, CO, 1st Bde, (right) and Captain Vernon B. Starley, CO, Co B, 1/72 Armor, who received an award as Outstanding Combat Leader for the 4th quarter of 1965 from General Waters. The General toured areas on both sides of the Imjin River and made stops at OP Dori, Libby Bridge and other division areas.

OKA Generals ur Div

on salute fired by C of Bn, 15th Army, was Brig Gen Kwak Chul-dong, General of the Republic of Korea Army, at ceremonies conducted at 2d Inf Div headquarters. The nominees were the first Gen Kwak's day-long Indianhead Division. Brown Field ceremony Kwak was briefed on operations of the 2d Inf Div at the division rooms. Accompanied by Roland M. Glesner, and Brig Gen Yun Chul, the 2d Inf Div Kwak then took an interest in the division of the ROK general's stop at the Indianhead Division's Combined Training Center, ACTA. Gen Kwak was by school commanders, Marceek and students undergoing training. He entitles them to "Impin Scout" patch. The division's 3d Brigade Kwak also saw when the 2d Inf Div near the DMZ.

Squad Leader Awarded ACM Paju-Gun For Heroism in DMZ Battle



at Ascom's 121st Evacuation Hospital.

Brig Gen Roland R. Gleser, ADAC, presented the special to the Co, 2d Rd, 23d Inf. Squad leader who has been confined to the hospital since being wounded in the assault on November 18 while leading a patrol near the DMZ.

Set Hanna and his five-man night patrol were fired upon by an estimated four to six agents. The patrol was hit by a single weapon but the five-year veteran, five shots hit Set Hanna, one in the lower left arm, and one in the lower right arm. The patrol was stopped by the sergeant's "flak jacket" and one by his ammunition pouch.

Set Hanna and his patrol returned the fire, wounding at least two agents and killing one of the ambushers. The American troops then gave chase and followed a trail of blood to the Do-

TALK WITH A HERO—Brig Gen Roland M. Gleszer, ADC (M), chats with Sgt Timothy D. Hanna, Co C, 2d Bn, 21st Inf, about the Army Commendation Medal with "V" for valor he has just pinned on the sergeant's bathrobe at Ascom's 121st Evacuation Hospital Feb. 5.

Capt. Oram F. McLemore, CO HHC 2d Bde, recently received a letter of Appreciation from the Paju County Office. The letter was written at the Paju Gun Office by Kwang Gyeon, young Chief of Home Affairs, Paju Gun, and is signed by An Jung, Paju Gun Chief.

Capt McLemore was tremendously moved by the letter for enhancing the development of rural community relations of Paju County while he was in the area.

"Particularly you have shown deep affection toward children and assisted both spiritually and materially to the Sang Kwan Orphanage and to the Sang Myon, which has built true friendship between the United States and Republic of Korea," the letter stated.

The letter was presented on behalf of the 180,000 people residing in Paju County.

Throughout Capt. McLemore's tour of duty in Paju County,

the Indianhead

Vol. 33, No. 2 For the Warriors of the 2d Infantry Division February 28, 1996

Dragon Task Force heads home after three-week field exercise



Photo by Sgt. Lee, Sang W.
An M1A1 Abrams Main Battle tank from B Co., 2nd Bn., 72nd Armor Dragon Task Force crosses a bypass bridge along the alternate route back to Camp Casey.

By Spc. William Wight
Indianhead editor

Someone once coined the phrase, "Training is the fight, training to win." No unit epitomizes that motto more than the 1st Brigade Dragon Task Force. Having deployed last month to the Multi-Purpose Range Complex for a two-week exercise, Warriors of the Task Force were faced with the harsh reality of extending their training time an additional week.

The reason for the delay was mostly a political one. The government of the Republic of South Korea began to enforce the weight allowance restrictions on all their bridges. "Because of the enforcement, we adapted and overcame as we have done many times. Basically, the division policy was to use alternate routes, ford wherever possible and use human

Overcoming advers seemed to come natura for Dragon Task Force

Commander, Lt. Col. John Antal. "When we received the word of having to stay longer in the field, my staff put that time to our advantage by extra training, not wasting one minute of a day. With top quality soldiers and leaders, the task force continued to perform outstandingly well."

"We were lined up and ready to roll out, morale was high and men were anxious to get back home," commented one tank commander. "Then the news came that we would be here an additional amount of time. We grimaced as we thought about facing additional field training, which turned out to be predominately maintenance and field work."

In some of the worst weather Korea has seen in eight years, the TF worked non-stop keeping vehicles fueled and maintained, conducted sick calls, fed the troops and conducted adminis-

See 'Task Force' pg. 3

FEBURARY 1996

In some of the worst weather Korea had seen in eight years, Task Force Dragon worked non-stop. Its warriors kept vehicles fueled and maintained, conducted sick calls, fed the troops and conducted administrative duties.

■ CMO keeps soldiers
out of trouble Page 5

Warrior quality of life improvements Page 6



NEWS
Arrival of new
Blackhawks
improve Aviation
mission Page 7

CHAPLAIN'S CORNER

CHECKLIST FOR LOVE



BY
Chaplain (Maj.) Keith J. Andrews
2ID/RUCD DEPUTY CHAPLAIN

It's February, and love is in the air. Valentine's Day is a great day to reflect on the loves in our life; our spouses, our family, and our friends. Within that reflection, the Bible gives us a great checklist for how we should love those who are around us.

In 1 Corinthians 13, known to many as "the love chapter", Paul writes:

"Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things." (1 Corinthians 13: 4-7, ESV)

In this short passage, there's great wisdom for our life of loving others:

Love is patient and kind—Are you patient, even when others are not?

Love does not envy or boast—Do you envy or desire for others to envy you?

Love is not arrogant or rude—Are you humble?

Love does not insist on its own way—Are you selfish?

Love is not irritable or resentful—Are you easily angered or hold on to your anger for a long time?

Love does not rejoice at wrongdoing, but rejoices with the truth—Do you "keep score" of others wrongs?

Love bears all things, believes all things, hopes all things, endures all things—Are you faithful and loyal?

As we seek to fill the world with love, especially during Valentine's Day, take time to reflect on how well you are loving others. See how you can improve. As you truly love those around you, you will begin to see amazing things happen in all of your relationships.



HEALTH OF OUR FORCE



BY
Lt. Col. CHRISTOPHER PERRY
2ID/RUCD SURGEON

A wise philosopher once said, "Bitterness is a poison you drink and hope the other person dies." As a psychiatrist, I have found this observation to be true in the lives of many patients. Many people drink deeply from the chalice of bitterness hoping to hurt the people around them, and they are occasionally successful but at great cost to themselves. We see examples of bitterness throughout literature and modern movies. For instance, *Star Trek II: The Wrath of Khan* is based upon one man's desire for revenge and is perhaps best illustrated when Khan hisses, "From Hell's heart I stab at thee." In *Star Wars* we see Emperor Palpatine doing all that he can to encourage Luke Skywalker's bitterness and hatred.

While you may not personally witness this level of drama in our Division, there are people who respond to situations with the same bitterness. On the one hand, I have seen too many Soldiers who are so angry at their leadership that they attempt to hurt themselves to get back at their leaders. Interestingly, I have never seen this work successfully. In addition, I have seen many Soldiers attempt to convince their girlfriends or boyfriends to not leave them by threatening to harm or kill themselves. Again, I have never seen this work successfully either.

On the other hand, I have also seen many Soldiers facing tough adversity who work their way through the adversity using healthy coping skills with great success. Many people observe behavior in the people around us, and even our leaders, that can make things difficult for us. The mark of a true leader is being able to respond to that behavior in a manner that is beneficial both for oneself and the people around oneself. When people discuss the behavior of their leaders



with me, I frequently observe that the leader certainly sounds like a difficult person; however, there are limits to what we can do to change others behavior. There is however a lot we can do to change the behavior of ourselves.

If you are facing difficult people, I encourage you to examine your own behavior. Seek out ways you can change your environment and approach. I think you'll see that often you'll find that you can make your situation much better by changing your attitude.



ARMY FAREWELLS KIOWAS, S



STORY BY
Staff Sgt. BEN HUTTO
PHOTOS BY
Mr. PAK, CHIN-U
2ID/RUCD PUBLIC AFFAIRS

RODRIGUEZ LIVE FIRE COMPLEX, South Korea – For 48 Years, the U.S. Army has used the OH-58D Kiowa Warrior reconnaissance helicopter for a variety of missions, but that era officially comes to a close this month.

The 2nd Infantry Division's rotational teammates from the 1st Squadron, 17th Cavalry Regiment (AIR) - Task Force Saber, 82nd Combat Aviation Brigade, who've operated Kiowas in Korea for the past nine months, marked the end of the helicopter's historical final deployment with a ceremonial training exercise Jan. 25, here, passing their mission to the AH-64 Apache.

It was a chilly morning. As mechanics and maintainers scrambled around their Kiowas to ensure they were ready for their final official mission, pilot Chief Warrant Officer 3 Scott Renteria watched intently and confidently conducted checks before his flight.

Renteria is a huge man standing well over six feet tall. Some would dread wedging such a large frame into the small two-seat helicopter on such a cold morning, but Renteria had no such reservations. To him, the small Kiowa is home.

"I think this is the best job in the Army, honestly," said Renteria. "I love flying them. When it's cold like this it feels like you are driving a jeep with all the doors off in winter. The wind bites a little, but it'll wake you up. There is nothing like it."

Renteria explained that the helicopter made him feel he was a part of the sky, rather than flying in a machine.

"You understand your surroundings and what's going on. There is really no way to explain it, but I love it," he said.

A few hours later, Renteria and his fellow Kiowa pilots engaged in a final live-fire event before the versatile helicopter is retired from active-duty service for good this month.

During the exercise, Bradley Fighting Vehicles and Abrahams tanks on the ground engaged targets, and Kiowas and their replacements, the AH-64 Apache helicopters, zipped above flying in and out of the combat zone providing close air support.

The Kiowas darted around the sky, landing, refueling and reengaging in the



SHIFTS MISSION TO APACHES

simulated fight throughout the 20 minute event.

The Kiowa squadron also conducted a ceremonial mid-air pass with the Apaches to symbolize the metaphorical passing of the torch of the mission from one bird to another.

As fast as the multi-dimensional exercise began, it seemed to end as the track vehicles rumbled away to their staging areas and the Kiowas landed, one by one, on the landing pads that they called their final Army home.

The pilots exited their helicopters as ground crews rushed toward them. They removed their helmets and slowly replaced them with black Stetson hats, shook each others hands, and walked away from another mission complete, this time making history.

The squadron commander Lt. Col. Adam Fredrick's words rang with humble pride.

"The Army transitions equipment all the time and this is no different," said Fredrick. "As a cavalry officer, I compare this to the Army trading in an older horse for a newer, faster horse."

Fredrick explained how the AH-64 Apache had improved sensors and systems that will allow it to provide expanded capabilities to the aviation mission on the

peninsula.

"The Kiowa is a legacy system that has been around since Vietnam. The Army is always looking for newer, better ways to ensure we are staying ready for anything. This is no different," he said. "To put it simply, it will be able to take what the Kiowa can do and do it better."

He said, "It's bitter-sweet, but I can tell you that it has been an honor to be a part of this last squadron and the history it represents. As a leader, I couldn't have asked for a better honor than today."

Fredrick also shared the honor that he and his team felt from being a part of Army history by conducting this final Kiowa mission as a part of the Warrior Division as it approaches its 100 birthday.

"The 2nd Infantry Division team has been great to work with," he said. "To be able to be part of this team means a lot to me as a leader. It was a great chance to be a part of history."

SUSTAINMENT BRIGADE INVESTS IN JUNIOR LEADERS



STORY AND PHOTOS BY
Sgt. Kimberly E. Jenkins
2nd SUSTAINMENT BRIGADE PUBLIC AFFAIRS

CAMP CARROLL, South Korea – Soldiers from 2nd Sustainment Brigade units across the peninsula gathered for the first Champion Junior Leadership symposium Jan. 24-26, here.

Command Sgt. Maj. Patrick Thomas, the brigade's command sergeant major, set the tone for the event by sharing his expectations and the goals of the forum with the Soldiers.

"I want you to discuss anything related to the brigade that may help you," Thomas said. "I want you to be excited about going to work in the mornings. I want to know about your concerns and ideas. I brought you up here today to make a difference. I'm excited, and I want you to get something out of this."

The three-day event focused on creating an open dialog among junior enlisted Soldiers - privates through specialists - and with their leaders. Junior leaders also organized the forum's agenda themselves.

"The entire event was run by [us]," said Spc. Edgar Quintero, an automated logistics specialist in the brigade. "We went around to the junior enlisted and asked them what were some of their main concerns and topics we should discuss at the symposium."

Day one started with dodge ball for physical readiness training at the

Camp Carroll fitness center. Companies from Camp Carroll, Camp Humphreys, Camp Stanley and Yongsan teamed up to play against each other.

The warriors then moved to the Community Activity Center. Soldiers performed a skit about sexual harassment assault response and prevention (SHARP). Spc. Laquesha Jenkins, a medical logistics specialist, was one of the performers of the SHARP skit.

"I think it definitely helped the Soldiers because they had a lot of great questions to ask after the skit," Jenkins said. "I think that it's important for Soldiers to know about SHARP. That's why I volunteered. Hopefully they took the right message away from the skit."

Day one's main discussion topic was toxic leadership.

"I think that the Soldiers attending this symposium will get a broader perspective on some of the topics," said Spc. Shanay Laspes, a unit supply specialist. "We get SHARP and finance classes all the time but this is the first time we have ever had something where we actually get to discuss topics like toxic leadership, which was my favorite class."

Other classes covered by the symposium were nutrition, physical readiness training and a finance class from a representative from Navy Federal Credit Union.

The second day started with military movement drills and a two-mile motivational run for physical readiness training.

The junior leaders then met to discuss more topics to improve leadership skills including education with a representative from the University of Maryland, how to build morale in the unit, and ways to get Soldiers out of



(Above) Junior enlisted Soldiers assigned to 2nd Sustainment Brigade listen to guest speakers during the Junior Leadership Symposium at the Camp Carroll Community Activity Center, Jan. 26.

(Left) Symposium participants play dodge ball at the Camp Carroll fitness center Jan. 24, to build morale and camaraderie in a fun and competitive environment.

(Right) Volunteers perform a skit about SHARP at the Community Activity Center to present scenarios and generate discussion about the important issue.



their comfort zone by leading PRT.

Business casual attire replaced duty uniforms on the final day of the symposium.

"The main focus of doing a professional development class and dressing in business clothing is to make sure that junior Soldiers are able to conduct themselves in a professional manner," said Spc. Tameka Thompson, a power-generation equipment repairer. "These classes are aimed at training future leaders."

Command Sgt. Maj. Samara Pitre, the brigade's Special Troops Battalion command sergeant major, wrapped up the symposium by discussing different opportunities available to junior Soldiers to further their careers such as special assignments, different career fields and using the individual development plan available to all Soldiers online.

"Never go for the minimum, go for the top," Pitre said. "Take the time to think about where you are going to be in five years."

The junior leaders were exposed to a lot of valuable information during the symposium through talking about issues and also finding solutions together.

"Being part of the leadership symposium, I have learned ways to address issues within our unit," said Pfc. Rhaheem Simpson, a multichannel transmission systems operator-maintainer. "Learning from what others have said at the symposium, I now feel that I can be a great leader."

TOGETHER WE ARE STRONG

CELEBRATING DIVERSITY



STORY BY
Staff Sgt. Ben Hutto
2ID/RUCD Public Affairs

CAMP RED CLOUD, South Korea – As the 2nd Infantry Division/ROK-US Combined Division marches through February, warriors at all levels continue to serve with Soldiers from different backgrounds and cultures.

To help highlight the contributions of all Soldiers and the important role diversity plays in the Warrior Division and the Army, division members participated in Dr. Martin Luther King Jr. Observances at Camps across the peninsula last month and will celebrate Black History month with similar events this month.

While these observances provide specific moments of reflection, understanding and respecting our force's diversity is an everyday priority for division senior leaders and something they say they constantly uphold and promote with their Soldiers.

Command Sgt. Maj. Edward Mitchell, the division command sergeant major, stressed the concepts of togetherness and character as keys for leaders to focus on as they move forward in 2017.

During his Dr. MLK Jr. observance remarks, the 33-year veteran acknowledged the strength created by the Warrior Division's diversity, but reminded his audience to keep moving forward.

"Yes, we've made great progress. Still, we as a Nation and an Army, have room to grow and challenges to overcome together," he said.

Mitchell reminded everyone that progress is a team effort that relies on the strengths of each individual member of the team.

Command Sgt. Maj. Craig Williams, the division's Headquarters and Headquarters Battalion command sergeant major, agreed and said, "Observances like this teach us about different cultures and viewpoints. Our formations are very diverse in the Army. As a senior leader, it is important to understand the viewpoint of the Soldiers under and around us and learn from them."

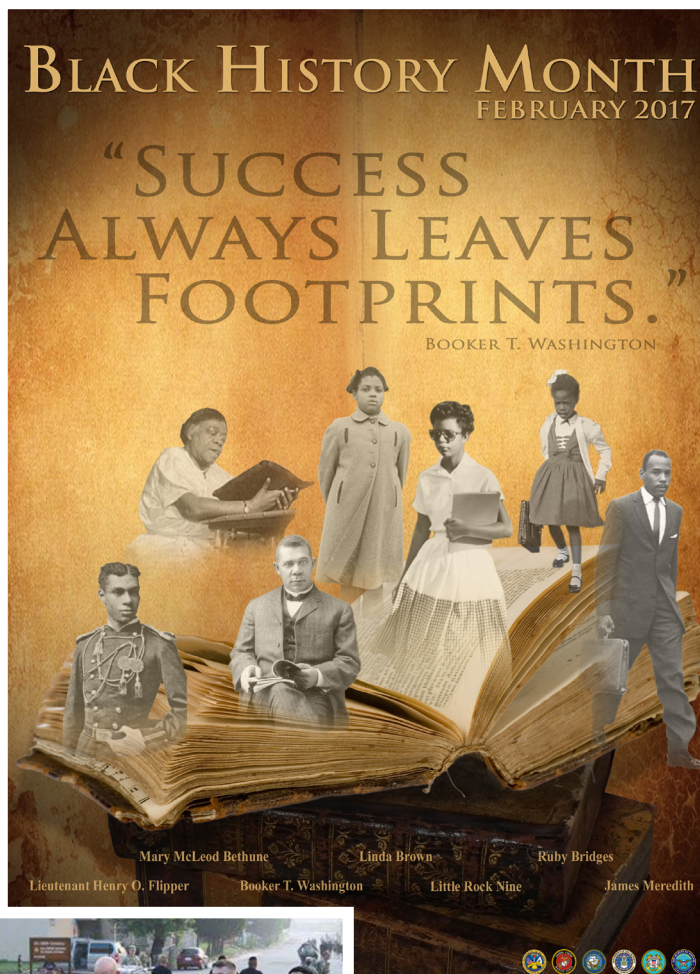
He emphasized that each and every Soldier's experiences should be valued and respected, because they all contribute to the team's strength.

Sgt. Maj. Tara Haywood, the division's C4 sergeant major, added, "Everyone deserves dignity and respect, regardless of who you are ... We all come from different backgrounds, but that doesn't mean you shouldn't be treated with dignity and respect."

The 23-year veteran said that as she thinks back through history and reflects on those who've paved the way when it comes to equality, she knows that she wouldn't be here today and getting the opportunity to serve in the 2nd Infantry Division if it wasn't for their efforts.

"I know that our military will continue to be a strong force as a result of our diversity as we continue to train and fight together," she said.

Mitchell, Williams and Haywood encouraged all leaders to share this same focus on recognizing and celebrating diversity by participating in upcoming observances and by doing their part in promoting and ensuring dignity and respect for all.



**DIVERSITY MAKES
US STRONG
YESTERDAY, TODAY
AND FOREVER**

FEBRUARY OBSERVANCES

AREA I

Feb. 10

11:45 - 12:45 a.m.

Casey Theater

Feb. 23

10:30 - 11:30 a.m.

CRC Theater

AREA II

Feb. 24

11:30 - 12:30 a.m.

DHL Naija Ballroom

AREA III

Feb. 23

10:30 - 11:30 a.m.

Humphreys CAC

AREA IV

Feb. 21

11 - 12:30 a.m.

Camp Carroll

Feb. 22

10:30 - 12 a.m.

Camp Walker

TAX SEASON PREP:

"MARRIED FILING JOINTLY": HOW TO FILE FROM KOREA



ARTICLE BY
Capt. **CHRISTOPHER C. STECKBAUER**
2ID/RUCD LEGAL ASSISTANCE ATTORNEY

Many Soldiers and other eligible clients in Korea, especially in Area I, have spouses back in the United States. Separation from your spouse does not mean that you now have to file a tax return with the status "Married Filing Separately." Those with spouses back in the United States still have the option of filing their tax return under the status "Married Filing Jointly." "Married Filing Jointly" is a far more beneficial filing status that positively affects the calculation of income tax, the amount of the standard deduction, and the availability of certain tax credits. In these situations, Soldiers and eligible clients should follow the steps below to make sure they submit the most advantageous tax return possible.

In order to file under the status "Married Filing Jointly," taxpayers and their spouses both must sign the tax return in front of the tax preparer, but taxpayers stationed in Korea may present a Power of Attorney to the tax preparer authorizing them to sign on behalf of their absent spouse. There are two ways to obtain a Power of Attorney for your spouse. First, your spouse may visit the Legal Assistance Office at his or her closest military installation. Legal Assistance attorneys can draft and execute Powers of Attorney specially designed for tax season in a matter of minutes. Second, spouses who are not close to a military installation back in the United States may use IRS Form 2848, the IRS's own Power of Attorney.

Form 2848 can be found online and, unlike the Power of Attorney prepared by Legal Assistance attorneys, does not need to be notarized. Your spouse can simply download the form online, fill out all applicable fields, and sign.



(Top) Maj. Gen. Ted D. Martin, 2ID/RUCD commander and Capt. Christopher C. Steckbauer, Camp Casey Tax center officer in charge, officially open the Tax Center on Camp Casey. The tax center is located in Maude Hall, Rm. 233.

For either option, your spouse can scan and email the Power of Attorney to you before you visit the Tax Center. If you are stationed in Korea and filing under the status "Married Filing Jointly," please bring the Power of Attorney or Form 2848, your spouse's social security card (which may be scanned and emailed as well), and your spouse's W-2, 1099, or any other document evidencing their income from the previous year. For any questions about Powers of Attorney, please visit the Camp Casey or Camp Red Cloud Tax Centers, or call DSN: 730-4888.

TAX FILING TIPS

Bring with you:

- Photo ID
- DEERS printout with ssn
- SSN cards for you and your dependents claimed
- POA for taxes from spouse (if not present)
- All earning statements (W2, 1099, etc.)
- A copy of last year's Federal & State returns
- Bank Routing/Acct. Numbers for Direct Deposit
- All other IRS related financial documents



AREA I TAX CENTERS

Camp Casey
Maude Hall, Room 233
Camp Red Cloud
Building S-267
(Housing Office)
DSN 730-4888

AREA II TAX CENTERS

Moyer Community Activities Center
BLDG. 2259, Room 102
Next to the Smoothie King
DSN: 723-5335 / COM: 02-7913-5335

AREA III TAX CENTERS

Camp Humphreys
BLDG. 578
DSN: 753-5680

AREA IV TAX CENTERS

Camp Henry
BLDG. 1805, Room 2
Next to Legal Assistance
DSN: 315-768-9038



SNAPSHOTS

Warriors in Action

"Bravery is the capacity to perform properly even when scared half to death."

~ General Omar Bradley





CONVOY LIVE FIRE TRAINING ENHANCES TACTICAL SKILLS



(Left) Soldiers from Echo Company, 3-2 General Support Aviation Battalion, 2nd Combat Aviation Brigade dismount their vehicles after completing their last convoy of the day. *(Right)* Soldiers from Echo Company, 3-2 General Support Aviation Battalion, 2nd Combat Aviation Brigade conduct Convoy Live Fire training Jan. 23, at Story Range.



STORY AND PHOTOS BY
Sgt. KALANDRA MILLER
2nd CAB PUBLIC AFFAIRS

WARRIOR BASE, South Korea – Soldiers from E Company, 3-2 General Support Aviation Battalion, 2nd Combat Aviation Brigade conducted Convoy Live Fire training Jan. 23 at Story Range.

This training was aimed to enhance the Soldiers' abilities to carry-out a proper tactical convoy operation, said 1st. Lt. Mustafa Hamdallah, the E Company Executive Officer.

"What we are trying to do here is have these gunners become very comfortable with the weapon system because right now we're not at stable gunnery," said Hamdallah.

During stable gunnery it is very easy and we have trained on it but here it is very different because the vehicles are moving, and Soldiers are engaging targets and relaying reports all at the same time, he said.

This exercise simulates a down-range incident where Soldiers could be ambushed by the enemy.

Commanders relay reports to their convoy commander, who goes back to the company commander and first sergeant, who are evaluating each convoy that goes through the lanes, said Hamdallah.

E Company commander Capt. Brittany M. Ashlock said there is another objective to the exercise.

"The main thing here is to get the platoon leaders and TCs comfortable with talking on the radio," Ashlock said.

This enhances the vehicle commander's ability to relay reports such as situation reports and lace reports, said Hamdallah.

Soldiers participated in four different phases of training leading up to the live-fire exercise.

Phase one was the preparation stage which began with the identification of gun crews, trainers and platoon-level instructions that focused on individual tasks.

Phase two was training. Soldiers practiced on the HMMWV Egress Assistance Trainer (H.E.A.T.) at Camp Humphreys, conducted night vision driving and participated in a reconnaissance of the exercise site.

During Phase three deployment operations began and Soldiers dispatched the vehicles required to execute their mission. They were also given a safety brief and instructed on convoy operations to Warrior Base.

The fourth and final phase was the convoy live-fire exercise which consisted of three engagement areas, four day convoys and four night, said Hamdallah.

Soldiers were able to properly exit a vehicle in a roll over simulation, mount a tactical vehicle, and execute troop leading procedures and convoy operations.

The company has trained for this exercise for about five months, Ashlock said after the fourth convoy of the day. The overall goal is to make sure our Soldiers are trained and familiarized with executing and defending a tactical convoy.

"The Soldiers have adapted very well and seem very familiar with the weapon system. I am very pleased with their progress, and I am just happy to be out here training," she said.

'DEVIL' BRIGADE WARRIOR BUILDS RESILIENCY IN FACE OF ADVERSITY

STORY BY

Staff Sgt. **WARREN W. WRIGHT JR**

1ST ABCT, 1ST INF. DIV. PUBLIC AFFAIRS

PHOTO BY

Capt. **JONATHAN CAMIRE**

1ST ABCT, 1ST INF. DIV. PUBLIC AFFAIRS



CAMP HOVEY, South Korea – Military service can place extreme stresses on a Soldier, both physically and mentally. Soldiers must be prepared to battle multiple personal challenges while operating in some of the most extreme conditions often far away from home.

Physically, they prepare by conducting physical readiness training as a part of their daily work schedule as well as participating in regularly occurring job specific training to ensure they remain at the peak of their profession. However, preparing for the mental stresses that come with military service can be just as important as how a Soldier prepares their body.

For one 1st Infantry Division Soldier, resiliency has been the key to bouncing back from adversity and remaining mentally strong after facing depression.

In 2015, Spc. Justin Dillon, a chemical, biological, radiological and nuclear specialist with the 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Inf. Div., experienced personal relationship issues that caused his world to collapse around him. While some people may experience a gradual downward slope into depression, Dillon's experience happened suddenly and without warning.

"I never had issues with depression," Dillon said. "I found out a bunch of negative information all at once and I started drinking that night and it happened just like that."

"I never in a million years thought it would happen to me," he added.

For Dillon, building resiliency came by way of simply sharing with others the issues he was facing in his life, something he would have never thought to do before.

"If someone would have told me the same stuff I'm saying right now a year ago, I probably would have just brushed it off and ignored it," Dillon said about opening up emotionally to others. "But now I understand, because of everything I went through, how important it really is."

Dillon credits his chain of command for being there for him when he needed it the most and making sure he had the support he needed to bounce back.

One way Dillon learned how to cope with life's challenges came in the way of competing in Army combatives, something he recently began training to do with the help of his company first sergeant.

"It was just something I decided I wanted to do when we got out (to Korea)," the Martinsburg, West Virginia native said. "It definitely helps. I know we're all a part of a team of Soldiers, but with combatives, it's narrowed down a little more."

For Dillon and other Soldiers like him, learning resiliency skills is a way to deal with the many issues common among those in the military service.



Spc. Justin Dillon, a chemical, biological, radiological and nuclear specialist with the 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, participates in an Army combatives tournament on Camp Casey, South Korea, in December.

"It's important for us to be aware that we need to be more resilient," he said. "We deal with a lot of things that those in the civilian world don't have to, like leaving for extended periods of time."

As Dillon's experience reflects, resiliency is a top priority for the Army. The Army's Ready and Resilient campaign aims to provide leaders with the ability to achieve and sustain personal readiness by optimizing human performance in environments of uncertainty and persistent danger.

"Resiliency is the ability to bounce back from some type of adversity in your life," said Sgt. 1st Class Charles Kistler, the 1st ABCT human resources noncommissioned officer in charge and a master resiliency trainer. "When something out of the ordinary comes your way, how will you deal with it? Will you let it take you down or will you face it head on and come out better for it?"

Kistler said leaders have a responsibility to know what is going on in their Soldiers' lives so they can step in and help when their Soldiers are facing hardship.

"It's important to know your Soldiers very well," Kistler said. "Leaders need to understand that Soldiers will go through different stages of problems in their lives so you have to ask questions and find out how the Soldier is dealing with it."

Both Dillon and Kistler agree that resiliency isn't something Soldiers should only practice when things get tough. Resiliency is a skill that can help with everyday life, both inside and outside the military.

"Whether you're having ups or downs, you should always practice resiliency," Dillon said. "If you're resilient, you're going to be able to tackle more obstacles. Being resilient can only be a positive thing."

WARRIOR FITNESS

TO THE STANDARD: CONDITIONING DRILL 2

Conditioning Drill 2 integrates the components of strength, endurance and mobility. This drill builds strength by challenging control of body weight and promotes endurance without the repetitive motions that often lead to overuse injuries. It also improves mobility by progressively moving the major joints through a full, controlled range of motion. Exercises are conducted at a slow cadence. (turn and lunge, supine bicycle, and swimmer) or moderate cadence (half jacks and 8-count push-up)

TURN AND LUNGE

This exercise develops the agility needed to rotate, lower and raise the body for effective changes of direction. Start in the straddle stance with hands on hips. On count one, turn 90-degrees to the left, stepping with the left foot, and pivoting on the ball of the right foot. Perform a forward lunge (facing the left) while reaching toward the ground with the right hand. The left arm swings rearward. On count two, stand up, rotate to the right, and return to the starting position, stepping with the right foot and pivoting on the ball of the left foot. On count three, repeat count one, but turning to the right instead. On count four, return to the starting position.

SUPINE BICYCLE

This exercise strengthens the muscles of the abdomen and controls the rotation of the trunk. Start in the supine position with the fingers interlaced, hands on top of the head. Hips, knees, and ankles are flexed at 90 degrees and lower legs are parallel to the ground. The head is off the ground. On count one, bring the left knee toward the chest while rotating the trunk to the left, attempting to touch the right elbow with the left thigh. As the left knee rises, the right leg extends. On count two, return to the starting position. On count three, repeat count one but going to the right thigh and bending the torso to the right. On count four, return to the starting position. On counts one and three, do not jerk the neck or arch the back to assume the up position.

HALF JACKS

The purpose of this exercise is to jump and land with the legs apart, controlling the landing by laterally braking with the feet, ankles and legs. Start at the position of attention. On count one, jump and land with the feet shoulder-width apart and pointed straight ahead. The arms are sideward with palms facing down, thumbs and fingers extended and joined on count two, jump and return to the starting position. For counts three and four, repeat counts one and two.

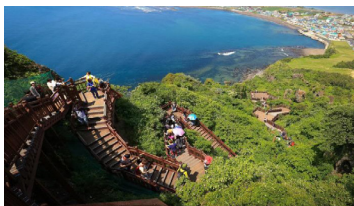
SWIMMER

This exercise strengthens the muscles of the low back and the shoulders while promoting quadrilateral coordination of the arms and legs. Start in the prone position with the arms extended, palms facing down, and toes pointed to the rear. On count one, raise the left arm and right leg four to six inches off the ground while arching the back slightly and looking upward. On count two, repeat count one but raise the right arm and left leg. On count four, return to the starting position. Do not move into counts one and three with a jerking motion.

8-COUNT PUSH-UP

This exercise combines the functional movements of the squat thrust and push-up to develop total body strength, endurance and mobility. Start at the position of attention. On count one, assume the squat position. On count two, thrust the legs backward to the front leaning rest position. On count three, bend the elbows, lowering the body until the upper arms are parallel with the ground. Elbows should point to the rear. On count four, return to the front leaning rest position. On counts five and six repeat counts three and four. On count seven, return to the squat position. Then return to the starting position.

NEWS BRIEFS/HAPPENINGS



OVERNIGHT TOUR TO JEJU ISLAND

MARCH 24-26 (3 DAYS, 2 NIGHTS).

COST: \$499 (SHARED/DOUBLE ROOM)/ \$599 (SINGLE ROOM)

REGISTER AT ANY USAG-RC COMMUNITY ACTIVITY CENTER BEFORE MARCH 2

JEJU-DO OR JEJU ISLAND IS ONE OF THE NINE PROVINCES OF KOREA AND DUE TO ITS ISOLATION AND TOPICAL ATMOSPHERE, HAS BECOME A POPULAR GETAWAY DESTINATION FOR TOURIST.

SPORTS MONSTER

SATURDAY, FEBRUARY 25/ SIGN-UP DEADLINE IS FEBRUARY 23

COST: \$40 (INCLUDES TRANSPORTATION & 2-HOUR ACCESS TO SPORTS MONSTER)

MINIMUM OF 20 PARTICIPANTS REQUIRED FOR TRIP TO HAPPEN

BUS SCHEDULE: HOVEY CAC 8 A.M.; CASEY CAC 8:20 A.M.; CRC CAC 9:10 A.M.; STANLEY CAC 9:40 A.M.; RETURN 3:30 P.M.

SPORTS MONSTER FEATURES MORE THAN 30 SPORTS THEMED ACTIVITIES TO INCLUDE BASKETBALL, VOLLEYBALL, INDOOR ROCK CLIMBING, BIKE RACING AND MUCH, MUCH MORE. SPORTS MONSTER IS LOCATED WITHIN STARFIELD HANAM, KOREA'S LARGEST SHOPPING COMPLEX.



Eats In KOREA



REVIEW AND PHOTOS BY
Pfc. JUNG, WON KI
2ID/RUCD PUBLIC AFFAIRS

Yukhwehan Yeon-uh is a chain restaurant that mainly sells salmon and beef sashimi. The name of the restaurant, Yukhwehan Yeon-uh is a pun. "Yukquehan" in Korean means humorous, "Yukhwe" is beef sashimi, and "Yeon-uh" is salmon. The silly name implied to me the restaurant's relaxed and free-spirited atmosphere even before I entered. Unsurprisingly, customers at the restaurant also looked very relaxed and lively. The lighting of the restaurant was neither too intense nor dim, adding to the general friendly and warm vibe.

The menu consists of salmon sashimi and Yukhwe sashimi, sushi, lobster dishes, seafood ramen, salmon salad, rice balls with spicy seafood, shrimp tempura, Korean traditional seafood pancakes, salmon rose pasta, french fries, and more.

My friend and I ordered the most popular dishes at the restaurant: salmon and beef sashimi, and seafood ramen. Salmon and beef sashimi together cost 29,000 won and one could also order a separate serving of beef sashimi for 11,000 won.

What's special about the restaurant is that for 20,000 won a person, one could eat unlimited amount of salmon and beef sashimi. On top of that, the restaurant serves squid tempuras, seafood pancake, and salad to complement the sashimi. We, being the hungry KATUSAs that we are, ordered the unlimited salmon and beef sashimi platter.



The salmon sashimi came in a metal bowl stuffed with ice and topped off by onions, wasabi and ginger. The salmon was soft, and to my surprise, fresh. Since the restaurant serves large amounts of salmon to its customers every day, I expected the salmon to be somewhat frozen. Luckily for me, not a single piece of the fish was frozen. Also, salmon often has strong odor when consumed raw and without lemon juice but the Yeon-uh served to us lacked any unpleasant taste or smell.

The beef sashimi was served with sesame sauce, sweet-mayo sauce, raw egg yolk, raw fish eggs, and veggies. First, we broke the egg yolk into the meat and thoroughly mixed the two. With complementing vegetables, we dipped the beef sashimi in either the two sauces or the fish eggs. The beef sashimi was also very fresh. Both sauces offered a creamy and sweet complement to the beef, while the veggies and fish egg added crunchiness to every bite.

I enjoyed my experience and would recommend this restaurant to those who enjoy sushi and sashimi. The atmosphere of the restaurant is calm and welcoming, with a pleasant vibe. There are a variety of beverages served including alcoholic beverages.

So if you are looking for a bite to eat without feeling too heavy, Yukhwehan Yeon-uh is a good choice for a nice night out with friends.



Yukhwehan Yunuh

Address:

Seoul Gangnamgu Nonh-yundong 181-8 2nd floor

Contact Info:

02-6228-1113

For restaurant review suggestions or submissions contact the 2ID Division PAO at usarmy.redcloud.2id.list.pao-editorial-submissions@mail.mil or DSN 732-9132





RENEWING OUR 'FIG

COMMENTARY BY

Sgt. Robert Larson
2ID/RUCD PUBLIC AFFAIRS

PHOTOS BY

Pfc. Jung Wonki & Pfc. Quintarlus Nealon
2ID/RUCD PUBLIC AFFAIRS



CAMP RED CLOUD, South Korea – Warrior Division Soldiers are attacking 2017 with a renewed focus on combat-oriented physical readiness training; chemical, biological, radiological and nuclear (CBRN)-related training; and Sergeant's Time Training (STT).

So why the sudden refocus on these areas? Just look at the world news on any day and at least one story involves a conflict somewhere. The state of world affairs seems to still warrant the need for this type of training to form our foundation as warriors and shape us into agile and adaptive leaders.

Let us also not forget the reason we are here in South Korea serving alongside our ROK allies -- to deter the aggression of North Korea, and to be ready to Fight Tonight if necessary.

The threat is very real to our north, and our responsibility in ensuring the

security and stability of this great country is also very real.

Readiness is the key, and it's our responsibility as warriors to be as prepared as possible and to train and mentor our next generation of leaders.

Military leaders have always recognized that the effectiveness of Soldiers depends largely on their physical condition, tactical abilities, and leadership skills. Full spectrum operations place a premium on the Soldier's strength, stamina, agility, resiliency and coordination in these areas, and developing and conducting training to achieve that is as important today as it has been throughout our division's 100 year history.

In the 2nd Infantry Division/ROK-U.S. Combined Division we live and train to the Warrior Standard. This establishes that we, as Soldiers of this division, must be ready to "Fight Tonight!" So shouldn't we train the same way we are expected to fight?

During the past few weeks, I have led or been involved in more than half a dozen sessions of CBRN PRT, combat-focused PRT and STT. For many of our new junior Soldiers, this may be the first time conducting this style of combat-focused training in the operational Army. For me personally, this is the first



(Far Left) Warrior Division Soldiers conduct a ruck march wearing their protective masks during a Thursday-morning combat-focused PRT session on Camp Red Cloud. (Left) Noncommissioned officers from 21D/RUCD's Headquarters Support Company lead a Sergeant's Time Training session focused on CBRN procedures. (Bottom) Warrior Division troops conduct combat-focused PRT using their weapons.



IGHT TONIGHT' FOCUS

time in my career that I have trained so often and so intensely while wearing my protective mask. In the Warrior Division, it's simply not realistic combat-focused training if you're not wearing that mask on your hip at the ready or on your face. My fellow Second To None teammates can attest to the fact that we wear it when we run, when we ruck, when we do combat-focused PRT, and we even wear it on our hip all day, every Monday -- Mask Monday we call it.

The STT has also been the right kind of challenge to me. Coming from an NCO-heavy career field, I, like many of my battle buddies, have not had the opportunity to work with and train junior Soldiers as much as other NCOs may have at this point in their careers. Being able to dedicate the time without distractions to train and be trained in skills that all Soldiers need to know and be proficient with, makes the effort very rewarding.

There were the usual grumbles, both internal and external, when we first started this renewed focus on these important training sessions. Soldiers complained that the masks and gear were hot and heavy, cumbersome to use in a PRT setting, or that they just didn't like it. And there's nothing like a South Korean winter to add another element of fun.

While Soldiers and even some leaders may have lost sight of how important these training sessions are to every warrior individually and to our unit as a whole, after a month of recommitting ourselves to executing these sessions to the standard, most of the complaints receded and were replaced with compliments. As an NCO, it's reinforced in me the things we commit to when we recite the NCO Creed, and the responsibility we have to train others around us. Being complimented on my knowledge of a subject or that I made the training interesting and fun really makes a difference.

That's the challenge for all of the leaders out there and the example we set for the Soldiers who will one day take our place. Make your training challenging, realistic and yes, stressful, but also make it interesting, exciting, and even fun.

We, as warriors and NCOs, must always strive to maintain the highest level of readiness and set the example. That's what makes us Second To None, and this renewed focus and investment in each others readiness provides us all with the important opportunity to do everything possible to make sure we're all ready to Fight Tonight.

1ST BATTALION 38TH INFANTRY REGIMENT



Coat of Arms



Insignia

MISSION

The mission of 1st Battalion, 38th Infantry Regiment is to facilitate Basic Combat Training Program of Instruction (POI) to bring forth unparalleled Soldiers prepared for Advanced Individual Training (AIT).

CONSTITUTION OF 38TH REGIMENT

The 1st Battalion, 38th Infantry Regiment was first constituted on May 15, 1917 in the Regular Army as Company A, 38th Infantry. It was organized June 1, 1917 in Syracuse, New York. The 38th Infantry was assigned on October 1, 1917 to the 3rd Division.

HISTORY/ 2ID RELATIONSHIP

The 38th Infantry was inactivated on October 1, 1933 at Fort Sill, Oklahoma. It was reactivated on May 1, 1939 at Fort Sill, Oklahoma. The 38th Infantry Regiment was relieved on October 16, 1939 and was reassigned to the 2nd Infantry Division from the 3rd Infantry Division.

2nd Infantry Division constituted of 9th, 23rd, and 38th Infantry Regiments when it was alerted for deployment to Korea in early July 1950. On December 25, 1953, the 38th Infantry Regiment repelled Chinese forces during the Battle of T-Bone Hill. T-Bone Hill was a mountain in the Western part of North Korea about 15 miles above the 38th parallel.

The regiment was later inactivated on December 16, 1986 in Korea and relieved from assignment to the 2nd Infantry Division. However, it was assigned to the 4th Brigade Combat Team, 2nd Infantry Division on June 1, 2006 at Lewis, Washington.

Presidents Day Crosswords

Z	X	C	V	B	N	M	L	K	J	H	F	D	R	T	Y
T	H	Y	B	V	C	X	Z	A	S	D	F	G	H	J	K
J	F	D	G	R	O	O	S	E	V	E	L	T	X	D	V
J	K	O	I	U	A	S	D	F	G	Q	W	E	R	T	Y
G	H	Y	T	B	N	M	J	U	I	K	L	O	C	D	F
A	S	D	Q	W	E	R	T	Y	U	I	O	P	L	C	T
C	X	A	S	D	E	W	Q	R	T	F	G	N	I	V	R
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Y	H	K	J	K	B	U	S	H	S	D	V	V	T	X	M
Y	U	J	E	R	T	Y	U	Y	T	R	D	D	O	C	A
J	U	I	K	N	X	Z	J	O	H	N	S	O	N	X	N
H	G	T	L	I	N	C	O	L	N	T	B	B	D	F	G
U	Y	G	F	M	I	E	R	Y	O	H	V	A	E	R	T
I	T	H	F	G	X	C	D	T	I	Y	F	M	H	Y	G
G	F	D	S	S	O	V	B	Y	U	G	T	A	N	H	N
A	A	W	E	R	N	R	F	V	B	G	T	N	H	Y	T

Bush
Clinton
Johnson

Kennedy
Lincoln
Nixon

Obama
Roosevelt
Truman

HOW TO SURVIVE IN KOREA

1. Let's go out and eat!
Wei Shik Ha Ja.
외식하자.

2. I don't want to go out today.
O nul eun/ Byul ro ya.
오늘은 별로야.

3. I am sorry.
Mi An Hae.
미안해.

4. How is it going?
O nul/ Eu Dae?.
오늘 어때?.

5. I don't understand.
jal / mo dara / dut ge soum ni da.
잘 못알아 듣겠습니다.

6. Do you want to drink tonight?
Ssul/ Ma Shil rae?
술 마실래?

7. Let's go back to our room.
Bang Ew Ro/ Dol A Ga Ja.
방으로 돌아가자.

2017년 2월

VOL. 53, ISSUE 12



인디언헤드

INDIANHEAD KOREAN EDITION

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[WWW.ISSUU.COM/SECONDID](http://www.issuu.com/secondid)



2017년 2월 간추린 뉴스

매달 영문판에는 들어가지만 한글판에는 들어가지 않는 기사들을 보면서 아깝다는 생각을 했습니다. 그래서 만들었습니다! 간추린 뉴스! 한글판에는 넣지 않았지만, 영문판에 실린 기사들을 사진으로 정리하는 지면입니다.



이번 달 Eats in Korea에서는 서울시 강남구 논현동에 있는 '육회한 연어'라는 식당이다. 회, 육회, 덮밥 등이 유명하다.

<사진_ 일병 정원기/ 제2보병사단 공보처>



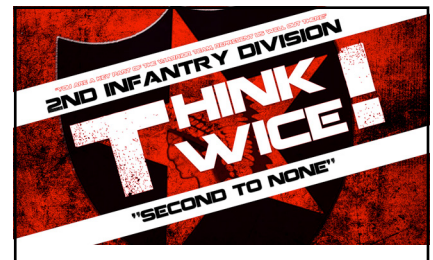
프라이데이 나이트 파이트 결승전이 12월 16일에 캠프 케이시에서 진행되었다.

<사진_ 하사 워렌 라이트/ 제17갑여단 공보처>



2월을 맞아 부대를 구성하고 있는 다양한 인종과 성별의 화합은 굉장히 중요하며 힘을 합쳐야 한다.

<사진_ 박진우/ 제2보병사단 공보처>



Think Twice! 한 번 더 생각하고 행동하십시오!

• 제2보병사단 공식 페이스북 페이지 많은 좋아요와 공유하기 부탁드립니다.

이달의 사진



1월 12일 캠프 레드클라우드에서 띠어도르 마틴 소장이 20명 이상의 장병들과 군장을 메고 아침 훈련을 하였다.

<사진_ 하사 호토 / 제2보병사단 공보처>

표지 사진: : 1월 12일, 캠프 레드클라우드에서 카투사들이 마틴 루터 킹 데이 행사에 참여하고 있다.

<사진_ 병장 이종국 / 제2보병사단 공보처>

인디언헤드 한글판 스태프

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아리마체 : AMOREPACIFIC

합조용체 : 한글과컴퓨터

인디언헤드 한글판은 미 제2보병사단 카투사들을 위해 공보처에서 발행하는 미 국방성 공인신문입니다. 신문 내용은 미 육군의 의견과 다를 수 있습니다.

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차량 호송 사격 훈련을 실행하다



위리어 베이스, 대한민국 - 제2전투항공여단 3-2 항공지원대대 예코 중대 소속 병사들이 1월 23일, 스토리 사격장에서 호송 차량 사격 훈련을 실행하였다.

3-2 항공지원대대 예코 중대의 선임 참모인 무스파타 함달라하 중위는 “이 훈련은 병사들이 적절한 전술적 호송 작전을 실행하는 능력을 향상시키기 위해서 실시되었습니다.” 고 말했다.

그는 또 “우리는 사수들이 화기를 익숙하게 다루도록 시도하고 있습니다 이렇게 시도하는 이유는 사수들이 이 훈련 상황에서 안정적인 포대에서 사격하지 않기 때문입니다.”고 “이 훈련은 움직이면서 진행됩니다.”고 말했다.

“고정적인 포대에서 사격하는 것은 매우 쉬운 일이고 많이 훈련받은 상황입니다. 하지만 차량이 움직이고 있다면 상황은 달라집니다. 병사들은 적과 교전하는 동시에 교전에 대한 보고를 전달해야 합니다.”

한꺼번에 많은 일들이 발생하기 때문에 발포 차량의 병사와 호송 차량의 병사는 항상 신경을 곤두세우고 있어야 했다.

함달라 중위는 “훈련 상황 동안에 발포 차량 병사들은 호송 차량 병사들에게 보고를 전달합니다. 호송 차량 병들은 다시 중대장과 일등 상사에게 보고를 전달합니다. 중대장과 일등 상사는 그 보고를 받고 호송 차량이 훈련을 잘 진행하고 있는지 확인합니다.”고 말했다.

3-2 항공지원대대 예코 중대 중대장인 비타니 애쉬라크 대위는 “이 훈련에서 가장 중요한 점은 소대장과 차량 운행병들이 라디오를 통해 대화하는 것에 익숙해 지는 것입니다.”고 말했다.

함달라 중위는 “이런 훈련은 차량 운행병이 상황, 전투 지속력을 더 잘 보고하도록 병들의 능력을 키워줍니다.” 고 말했다.

이번 훈련은 병사들이 실제로 적에게 매복 당할 수 있는 고원 사격 상황을 가장했다.

병사들은 네 가지 단계를 거치며 훈련에 임했다.

첫 번째 단계는 준비 단계로 사격자, 훈련 교관을 정했고 개인 임무에 집중을 둔 소대 수준의 교육도 시작되었다.

두 번째 단계는 훈련이었다. 병사들은 캠프 험프리스에서 다목적 차량에서 탈출 훈련을 받았고 훈련지에서 야간주행 훈련과 수색 훈련을 받았다.

세 번째 단계에서는 배치 작전이 시작되고 병사들은 임무를 수행하는데 필요한 차량을 배차받았다. 병사들은 위리어 베이스 까지 호송 작전을 위한 안전교육과 지시사항을 받았다.

네 번째이자 마지막 단계는 세 가지 다른 점진 지역에서 네 대의 호송 차량이 낮 시간과 새벽 네시에 진행 된 호송 차량 발포 훈련이었다.

병사들은 압승하는 훈련 상황을 적절히 끝마쳤고, 전술차량을 잘 운행했으며 전투에서 부대를 이끄는 것과 호송 하는 상황을 전부 잘 시행하였다.

애쉬라크 대위는 “우리 중대는 이 훈련을 위해 다섯 달 동안 계속 준비 해 왔습니다.”고 말했다.

“이 훈련의 전반적인 목표는 병사들이 전술적 호송 차량을 지키는 훈련을 받고 이 상황에 익숙해 지는 것이었습니다.”

“병사들이 아주 잘 적응 해 주었고 화기를 다루는 데에도 굉장히 익숙해 진 듯 보입니다. 그래서 저는 병사들이 만들어 낸 발전이 매우 기쁩니다.”

“이렇게 나와서 훈련 하니까 마냥 기분이 좋습니다!”

한국의 먹거리 소개

“육회한 연어”는 주로 연어와 쇠고기 사시미를 판매하는 체인 레스토랑이다. 식당의 유쾌한이란 단어를 “육회”를 포함하여 “육회한”으로 사용한 것이다. 이런 이름은 가기도 전에 식당의 여유롭고 자유로운 분위기를 암시했다. 당연히 레스토랑의 고객도 매우 편안하고 생동감이 있어 보였다. 음식점의 실내조명은 너무 강렬하지도 않고 어둡지도 않아서 일반적인 친근하고 따뜻한 분위기를 연출하였다.

메뉴는 연어회와 육회, 초밥, 가재 요리, 해물라면, 연어 샐러드, 매운 해물 덮밥, 새우 튀김, 한국 전통 해물과전, 연어 로제 파스타, 프렌치 프라이 등으로 구성되어 있다.

우리 일행은 식당에서 가장 인기있는 요리인 연어회, 육회와 해물라면을 주문했다. 연어회와 육회는 합쳐서 29,000원이며, 육회는 추가로 11,000원씩 따로 주문할 수 있다.

레스토랑에서 특별한 점은 1인당 2만원에 무제한 연어회와 육회를 먹을 수 있다는 것이다. 또한 레스토랑에서는 오징어 튀김, 해물과전 및 회를 함께하는 샐러드를 제공한다. 우리는 배고픈 카투사이기 때문에 무제한 연어회와 육

회를 주문했다.

연어회는 얼음으로 채워진 금속 그릇에 양파, 와사비, 생강이 가득 했다. 연어의 식감은 부드럽고 놀랍다. 레스토랑은 매일 고객에게 다량의 연어를 제공하기 때문에 나는 연어의 신선도가 다소 떨어질 것으로 예상하였다. 운 좋게도 연어는 한 조각도 얼지 않았다. 또한 레몬즙이 없으면 연어는 종종 강한 냄새를 풍기지만 연어는 불쾌한 맛과 냄새가 없다.

육회는 참깨 소스, 달콤한 마요네즈 소스, 생 계란 노른자, 생선 달걀, 채소를 곁들여 먹었다. 첫째, 우리는 계란 노른자를 고기에 넣고 두 가지를 완전히 혼합했다. 거기에 야채와 더불어, 2개의 소스에 육회를 담갔다. 육회도 매우 신선했다. 두개의 소스는 부드럽고 달콤하며 야채, 생선, 달걀들이 바삭 바삭함을 더했다.

초밥과 사시미를 즐기온 사람들에게 이 레스토랑을 추천하고 싶다. 쾌적함과 함께 레스토랑의 분위기는 차분하다. 알코올성 음료를 포함한 다양한 음료도 준비되어 있다.



WELCOME TO AREA 1

썰전 리의 입대사연



다음편에 계속!!

인디언헤드가 만난 사람들

"가장 기억에 남는 주말은?"



미2사단 지역대
중형차량운전병 병장 김태욱

제가 가장 기억에 남는 주말은 KTA에 입소한 첫 주말입니다. KTA에 도착하여 버스에서 내리자마자 '갯 다운'이라는 말과 함께 혹독한 교육과정이 시작되었고, 뜨거운 시멘트 바닥에서 기대는 산산조각났습니다. 여름이었지만 새벽 4시에 기상하여 도봉산의 가혹한 추위에 오들오들 떨며 아침 PT를 하고, 조금만 흐트러진 모습을 보여도 날아오는 교관들의 '갯 다운'은 모두의 정신을 빼놓기에 충분하였습니다. 당시엔 그 열차를 타고 집을 가고 싶은 마음이 굴뚝같았는데, 지금은 외박 때마다 당시 바라만 보며 너무나도 타고 싶었던 지하철을 타고 집에 내려가고 있습니다.



미2사단 지역대
일반행정병 상병 박상현

저는 전입을 한 뒤 많은 주말을 보냈습니다. 수 많은 주말동안 정말 많은 추억을 쌓았지만, 가장 기억에 남았던 주말은 저번 주였습니다. 저번 주 주말, 저는 휴가를 앞두고 밀렸던 정작계 일을 모두 끝내기 위하여 외박을 포기하고 부대에 잔류를 하였습니다. 따라서, 제 부사수 이재승 일병과 함께 열심히 일을 하여 모든 정작계 업무를 끝냈습니다. 비록, 몸과 마음은 힘든 주말이었지만 정말 보람차게 보냈었습니다. 앞으로, 미2사단 지역대 정작계 업무는 상병 고태호에게 맞춰 주시면 적절 할 수 있을 자신이 생겼습니다. 단결!



미2사단 지역대
일반행정병 일병 이원규

제가 가장 기억에 남는 주말은 첫 외박을 나가서 맞이한 주말입니다. 제 첫 외박은 12월 29일부터 1월 2일까지 4데이였습니다. 약 2달간의 육군훈련소와 KTA 생활 끝에 집으로 돌아와서 오랜만에 가족들과 대화를 하면서 천천히 저녁을 먹었습니다. 제가 혼자 시간을 보낼때는 제가 없을때 사회에서 무슨일이 있었는지 뉴스를 찾아보고 게임도 재밌게 했습니다. 뭐 특별하게 한건 없지만 잠시나마 짧은 주말동안 평범한 일상 생활을 할수 있다는 것에 큰 행복을 느꼈습니다. 행복은 사소한것에서 찾아야한다는 것을 느낀 제 첫 주말 외박이었습니다.



미2사단 지역대
일반행정병 일병 박건욱

제가 가장 기억에 남는 주말을 고르자면 아직 많은 군생활을 못한 저에게는 제가 전 여자친구와 헤어졌던 주였던 것 같습니다. 4데이였던 그 주에 저는 대구에 있는 여자친구를 보러 가지 않고 부모님이 있는 부산 집으로 왔습니다. 그때 저는 쉬고싶다는 마음에 여자친구를 부산에 부르지 않았고 쭈욱 쉬고 있었습니다. 하지만 연락을 하면할수록 제 마음을 어찌 추스려야할지 몰랐고 저는 이별을 고했던 것 같습니다. 지금도 생각이 나는 전 여자친구를 생각하면 후회를 결국 하는 것 같습니다. 남은 군생활동안 후회없는 선택을 했으면 좋겠습니다.



병장 김대곤

2사단지역대사단본부중대선임병장

인- 자기 소개를 부탁드립니다

김- 안녕하세요 미2사단 지역대 선임병장직을 맡고 있는 상병 김대곤입니다. 저는 1988년 12월 31일 생으로 부산에서 태어났습니다. KAIST 전기전자공학파를 졸업하고 스타트업을 2년정도 하다가 2015년 12월 21일에 입대하였습니다.

인- 부대소개를 부탁드립니다

김- 미2사단 지역대는 한국군지원단 예하 AREA1카투사 1163명의 인사 및 지원분야를 담당하고 있습니다. 지휘부에는 선임병장과 운전병 및 통역병이, 참모부는 정작과와 지원과로 나뉘게 됩니다. 각 지원대(반) 인사과를 예하에 두어 단본부와 지원대(반)의 가교역할을 하고 있습니다. 특히 AREA 1 내의 카투사들을 대상으로, 미측 임무 수행으로 빚어지는 여러 애로사항으로부터 권익보호를 위해 힘쓰고 있으며, 한국군으로써의 카투사 복지와 관련 업무들을 처리하고 있습니다.

인- 지금까지 군대에서 가장 기억에 남는 에피소드는?



인- 전역 후의 계획은?

김- 취직할 생각입니다. 원래는 공부를 더 할 생각이었으나 나이도 나이가 고 공부에도 때가 있다는 어른들 말씀은 틀린게 없는것 같습니다. 그리고 아직 결혼 생각은 없습니다.

인- 지역대 계원들에게 한마디 부탁드립니다

김- 평소애 잔소리 많이하고 하라는 것보단 하지 마라는 말을 입에 늘 담을 수 밖에 없는 입장이라 미안합니다. 제 남은 군 복무기간동안 무탈한 여러분들의 군생활을 위해 끊임없이 노력할 것이고 듣지않는 선임으로써 빠른 인생 선배로써, 한편으로는 편한 동네 형으로써 여러분들 옆에 서고 싶고 그렇게 남고 기억되고 싶습니다. 군대도 사람이 모여 사는 곳이기에는 바깥 사회와 웅당 다를 바 없습니다. 좋은 추억을 하나씩 남겨갔으면 합니다. 지금이 힘들더라도 이 또한 지나갈 것이고 나중에 한잔술을 기울이며 추억할 수 있는 보물이 될것입니다. 다들 각자의 위치에서 맡은 역할을 충실히해주시길 바랍니다. 저도 맡은 바 임무 수행에 최선을 다하겠습니다. 미2사단 지역대 본부 계원으로써 함께 할 수 있어서 감사합니다.

인디언헤드는 사랑을 싣고♥♥♥



이번 호의 주인공은 본부대대 본부지원 중대 박훈준과 여자친구 수현양입니다. 게재를 바라시는 분은 미 2사단 공보처 카투사 메일 2idkoc@gmail.com 또는 732-9132로 연락주시기 바랍니다.

To. 수현

수현이한테 편지 쓰는 게 처음이네... 바쁘고 힘든 군 생활 중이어서 기현이가 몇 번이나 써줬는데도 시간이 없어서 못 썼어. 그와중 이런 좋은 계기를 통해 처음 쓰는 편지가 특별한 추억으로 남을 수 있게 돼서 무척 기뻐. 입대하기 전에 군 생활하면서 심심하거나 외롭지 않을까 걱정했는데 다행히 기현이를 만나서 한 주 한 주가 즐겁고, 기대되고 무엇보다 좋은 추억이 돼서 매우 좋아. 대학교 홍보 때문에 여름방학도 제대로 즐기지 못하고 있을 텐데 원하는 거 다 해줄 테니까 주말에 하고 싶은 거나 먹고 싶은 거 있으면 바로바로 얘기해줘. 이렇게 동기들, 선임들 그리고 후임들이 읽게 될 편지를 쓰려니까 많이 쑥스러워하지만 그래도 나중에 뒤돌아보면 우리 둘만의 좋은 추억이 될 거라는 생각에 쓰고 있어. 나같이 부족한 남자의 여자친구가 되어줘서 고맙고, 내게는 너무 과분한 여잔데도 나를 이렇게 좋아해 주는 것도 고마워. 앞으로도 언제까지나 예쁜 사랑하자! 사랑해

From. 훈

To. 마이훈

마이훈 안녕♡ 막상 편지 쓰려니까 무슨 말부터 시작해야될 지 모르겠다ㅎ 그래도 이렇게 특별한 추억도 생기고 좋아요♡^^♡ 오빠 만날 수 있게해준 분들한테 정말 감사해 벌써 조금만 더 지나면 우리 만나게 되지 1년이 다 되어가네♡ 한 번 말한적 있지만 사람들 되게 좋아하는 사람이 가족들 친구들 다 떨어져서 혼자 한국에서 군복무하느라 힘들텐데 내가 힘이 되어줘야지 하면서도 가끔 그게 잘 안되는 것 같아요 내가 이렇게 투정 부리고 오빠 마음 아프게하는 말 한 번씩하지만 그래도 내가 오빠 엄청 생각하고 아끼는거 알죠♡ 나도 앞으로 오빠가 마음 편하게 쫄쫄거리고 속상한 일 털어놓을 수 있는 여자친구가 될게♡ 제대까지 남은 기간 선임 동기 후임분들이랑 화이팅♡하고 나랑 좋은 곳 가고 맛있는거 먹고 추억 많이 많이 만들면서 보내요 내 남자친구여서 고마워요 사랑해♡

From. 수현

한미 문화 교류 슈퍼볼 Super Bowl

NFL(National Football League:북아메리카프로미식축구리그) 초기의 명감독인 빈스 롬바르디(Vince Lombardi)의 이름을 따서 롬바르디컵대회라고도 한다. 1966년에 설립된 AFL(American Football League : 아메리칸풋볼리그)과 그보다 먼저 설립된 NFL이 통합하여 1967년부터 시작되었으며 2010년 현재 44회를 치렀다. 처음에는 AFL-NFL 세계선수권대회라고 하였으나 AFL에 소속된 캔자스시티 치프스 팀의 구단주 레이머 헌트의 제안으로 슈퍼볼이라 하게 되었다. 이후 NFL의 조직구성 개편에 따라 두 콘퍼런스의 우승팀이 챔피언을 가리는 경기를 벌이고 있다.

NFL에 소속된 팀들은 12월 말에 총 16경기의 정규 시즌을 마친 후 NFL 산하의 NFC(National Football Conference : 내셔널

콘퍼런스)와 AFC(American Football Conference : 아메리칸콘퍼런스)에서 각각 3개 지구의 우승 팀과, 우승 팀을 제외한 콘퍼런스 내 상위 3개 팀이 와일드카드로 플레이오프에 진출하여 경기를 벌였다. 그러나 2002년 시즌부터는 콘퍼런스별로 8개 지구로 조직이 개편됨에 따라 정규 시즌에서 16경기를 치른 뒤 각 콘퍼런스에 속한 4개 지구의 우승팀과, 우승 팀을 제외한 콘퍼런스 내 상위 2개 팀이 와일드카드로 플레이오프에 진출한다. 이후 각 콘퍼런스에서 토너먼트를 거쳐 우승이 결정된 2팀은 슈퍼볼에서 단판 승부로 챔피언을 가린다.



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