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“Navigator” HO'OKELE

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

November 18, 2016

www.cnmc.navy.mil/hawaii www.hookelenews.com

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USS William P. Lawrence joins Hawaii-based ships

Naval Surface Group Middle Pacific Public Affairs

Guided-missile destroyer USS William P. Lawrence (DDG 110) arrived at Joint Base Pearl Harbor-Hickam, Nov. 14 as part of a homeport swap with USS Paul Hamilton (DDG 60), which departed Hawaii earlier in the year for its new homeport of San Diego.

“The Navy ohana (family) in Hawaii welcomes USS William P. Lawrence Sailors and families to their new home and new homeport,” Rear Adm. John Fuller, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, said.

“We have a robust plan in place to formally welcome our shipmates and their loved ones and show them the ‘who, what, when, where, why and how’ about

living here in the 50th State.”

Over the past year William P. Lawrence sailed as part of the Great Green Fleet, supported Oceania Maritime Security Initiative, operated in the South China Sea during a seven-month deployment to the Indo-Asia-Pacific and participated in Rim of the Pacific exercise.

“The William P. Lawrence crew has proved time and time again to be tenacious, taking on any given task safely, effectively, and professionally. Included in that task list is our homeport shift to Pearl Harbor, Hawaii,” Cmdr. Brandon Burkett, commanding officer, said.

“As with every mission in the past, it was no surprise that the crew has taken on this assignment with fervor and urgency. It was not an easy transition as the crew had to move their families and lives across the

Pacific all while on deployment, but William P. Lawrence executed, and we are glad to be in our new home!”

William P. Lawrence, commissioned in 2011, is an Arleigh Burke-class guided-missile destroyer that performs key roles in support of a carrier strike group, expeditionary strike group, or surface action group.

“To each of our new shipmates, I say congratulations. You are joining a winning team. You are coming to the gateway of Asia-Pacific where you will have an opportunity to make a difference in defending of our nation,” Fuller said.

“And you are coming to, arguably, our nation’s most beautiful state, where we treasure the environment, diversity and the spirit of Aloha. Welcome aboard!”

History of the DDG 110’s namesake

Did you know...

The destroyer’s namesake is Vice Adm. William P. Lawrence, who served in the Vietnam War as commanding officer of Fighter Squadron 143. He earned the Silver Star for a strike against a heavily defended target in North Vietnam. He was later captured after his aircraft crashed in June 1967 and was a prisoner of war (POW) until March 1973. He earned the Distinguished Service Medal for his leadership during his time captured with other POWs.

Lawrence retired from active duty service in 1986. He subsequently occupied the Chair of Naval Leadership at the Naval Academy until 1994 and served as the President of the Association of Naval Aviation from 1991 to 1994. He was a Visiting Professional Scholar at the Freedom Forum First Amendment Center at Vanderbilt University.



Photo illustration — U.S. Navy photos by Petty Officer 1st Class Corwin Colbert

Families and friends welcomed the guided-missile destroyer USS William P. Lawrence (DDG 110) to its new homeport at Joint Base Pearl Harbor-Hickam, Nov. 14.

Secretary of the Navy visits Hawaii

Story and photo by
Petty Officer 1st Class
Corwin M. Colbert

Navy Region Hawaii Public
Affairs

Secretary of the Navy Ray Mabus met with Sailors and Marines stationed in Hawaii during all-hands calls at Joint Base Pearl Harbor-Hickam (JBPHH) and Marine Corps Base Hawaii, Nov. 16.

Mabus said the purpose of the visits was to thank service members for their hard work and sacrifice.

“The reason why I am here is because my time is coming to an end,” Mabus said. “I am going to major fleet concentrations maybe for the last time to thank Sailors and Marines for their hard work in creating the greatest Navy and expeditionary fighting force that ever existed.”

During his all-hands call at JBPHH, he said today’s Navy is the greatest he has ever seen and it would continue to get better. Some of the many things he mentioned were how diversity played a major role in the Navy and Marine Corps’ success and the continuity of the Navy’s focus to eliminate discrimination and sexual assault while promoting equal opportunity.

Mabus also said the fleet will see an increase in ships in the future as well as more opportunities for service members.



Secretary of the Navy Ray Mabus met with Sailors in Hawaii during an all-hands call at Joint Base Pearl Harbor-Hickam, Nov. 16. Mabus said the purpose of the visit was to thank Sailors for their hard work and sacrifice.

After praising the men and women for their service, Mabus opened up the forum and fielded questions from Sailors in attendance.

Many of the questions were about the enlisted rating modernization plan. He said the whole purpose for the change

was for the benefit of the Sailors, retention and modernizing rates to better suit their civilian counterparts.

The all-hands call ended with Mabus making himself available to those in attendance for talking and photos.

“I hope they took out of

this how thankful the country is for what they do,” Mabus said. “The responsibility of this generation of Sailors is to leave the next generation as great a Navy or greater Navy than they came into. I am absolutely confident that they will.”



Hale Aina, Silver Dolphin to serve Thanksgiving meals

Joint Base Pearl Harbor-Hickam Public Affairs

Joint Base Pearl Harbor-Hickam will serve Thanksgiving meals at the Silver Dolphin Bistro and Hale Aina Dining Facility on Nov. 24.

Thanksgiving meals will be served from 11 a.m. to 2 p.m. at the Hale Aina Dining Facility, located at Building 1860, Andrews Street on the Hickam side of the base. The meal price is \$11.50 per person.

The menu will feature roast steam round of beef, oven roasted turkey, old fashion baked ham and grilled salmon with citrus butter. Other items include shrimp cocktail, soups and salads, vegetables, breads and

Veterans Talk Story: Dr. Ernest James Harris, Jr

Montford Point Marine receives Congressional Gold Medal

Cpl. Jonathan LopezCruet
U.S. Marine Corps Forces, Pacific

Known more professionally for his work involving the eradication of fruit flies, Dr. Ernest James Harris, Jr. received the highest civilian award in the United States for his contributions as a Marine.

U.S. Marine Brig. Gen. Brian W. Cavanaugh, deputy commander, U.S. Marine Corps Forces, Pacific, presented Dr. Harris with his Congressional Gold Medal at Washington Place in Honolulu, Nov. 12.

“I’m proud to join in the presentation of the Congressional Gold Medal to Dr. Ernest Harris, the highest civilian award bestowed by the Congress of the United States,” U.S. Sen. Brian Schatz said.

“We are here to recognize the unwavering perseverance and courage of Dr. Harris and his fellow Montford Point Marines that inspired change in the Marine Corps.”

On Nov. 23, 2011, President Barack Obama signed into law the legislation to award the Congressional Gold Medal to the Montford Point Marines. This award recognizes Montford Point Marines’ contributions to the Marine Corps and the United States of America from 1942 to 1949, during a time of hardship and segregation.

Many of the Montford Point Marines attended the award ceremony held at the Capital Visitor Center, District of Columbia, June 27, 2012. Those not able to attend received the award through mail or during special ceremonies.

“The Montford Point Marines were warriors, they fought not only home but abroad during hard times,



U.S. Navy photo by Petty Officer 1st Class Corwin Colbert
Rear Adm. John Fuller, commander, Navy Region Hawaii and Navy Surface Warfare Group, Middle Pacific, (right) greets Dr. Ernest James Harris Jr. at Washington Place in Honolulu, Nov. 12.

and it is worthy of this medal,” Cavanaugh said.

The opportunity for African-Americans to enlist in the Marine Corps came in 1941. A year later, they began their train in at Camp Montford Point, North Carolina, during a time and place where racism and segregation were a part of everyday life. Schatz explained that despite segregation of the Montford Point Marines, they had excellent performance during Peleliu, Iwo Jima, the Chosen Reservoir,

and in Vietnam.

“Anyone who knows a Marine, knows they are a Marine regardless of race, religion or creed and nowhere this is truer than in war,” Schatz said. “As one Montford Point Marine recalled later in life, ‘a bullet doesn’t care what color you are, it will kill you just the same.’”

Harris explained how he thought he could fulfill an exciting career as a pilot or mechanic in the Marine Corps, but ended up cleaning rifles and artillery weapons.

“I wanted to get some extra training to be able to get a job and become a professional,” Harris said.

Harris left the Marine Corps, and with the support of the G.I. Bill, finished college at the University of Arkansas-Pine Bluff with a major in biology and a minor in chemistry. Later, he submitted an officer’s package to the Marine Corps but was denied entry due to medical reasons.

Harris earned a master’s degree from the University of Minnesota and holds a doc-

torate in entomology from the University of Hawaii. He worked for more than 40 years as a research entomologist for the U. S. Department of Agriculture and is known for the sterilization of fruit flies, which allowed fruit to be exported all over the world.

“Let us all commit to carrying forward your story and the memory of the Montford Point Marines so that we will always remember your service to our great country,” Schatz said.

Navy Region Hawaii launches new Red Hill facility video

Navy Region Hawaii Public Affairs

Navy Region Hawaii published an updated feature video on the Red Hill Bulk Fuel Storage Facility, which is now available online at <https://youtu.be/0Bx-81rD206A>.

The video features new and rare footage, including of the inside of Red Hill.

Showing history and how the facility has mod-

ernized, the video also shows how the facility enables the military to keep shipping lanes to remain free, succeed in humanitarian and military missions, and defend the nation.

The new video also provides the latest information on how the Navy is keeping drinking water safe. Public records confirm the drinking water near Red Hill remains safe, and the Navy is committed to keeping

it safe.

The video is part of an ongoing Navy commitment to keep communication lines open and the public informed.

The video, as well as other information can be found on the Navy’s website on Red Hill at <http://www.cnmc.navy.mil/red-hill/>.

Information is also available on the EPA’s website at <http://www.epa.gov/region9/waste/ust/redhill/index.html>.



U.S. Navy photo by Petty Officer 2nd Class Jeff Troutman
Capt. Ken Epps, commander of Naval Supply systems Command Fleet Logistics Center Pearl Harbor, briefs U.S. congressional staff members during a tour of the Red Hill Underground Fuel Storage Facility, Sept. 1, 2015.

Joint Base ceremony celebrates Native Americans

Story and photo by Brandon Bosworth

Assistant editor, Ho’okele

A Native American Heritage Month celebration was held Nov. 16 at Sharkey Theater, Joint Base Pearl Harbor-Hickam (JBPHH).

The event began with JBPHH Navy chaplain Lt. Keith Russell presenting a slideshow about Native Americans prepared by the Defense Equal Opportunity Management Institute. Audience members learned about the 100-year struggle to establish a month honoring Native Americans as well as the accomplishments of individuals such as war heroes Joe Medicine Crow and Michael Thornton, artist Nathan Jackson and civil rights advocate Molly Hootch.

“Events like this are important because I think lots of people don’t have much of an understanding of Native Americans besides what they see on TV,” said Russell, who is of Lakota and Osage ancestry.

After the slideshow, members of the nonprofit Oahu Intertribal Council demonstrated Native American music and dancing. One of the dancers was Army Staff Sgt. Jacob Wruck, who was adopted into a Cheyenne family. A Gulf War veteran, Wruck waived references to his modern combat duties into his traditional tribal war regalia. For example, some of the beadwork he wore was from Afghanistan and the gunstock club he



Army Staff Sgt. Jacob Wruck performs a traditional Cheyenne dance at a Native American Heritage Month celebration held at Sharkey Theater, Joint Base Pearl Harbor-Hickam, Nov. 16.

wielded was modeled after an M-16, not a traditional musket.

Wruck welcomed the opportunity to honor Native American Heritage Month.

“It’s part of our heritage as Americans,” he said. “To have these different aspects of our culture and to celebrate them brings us together as a family.”

Capt. Stan Keeve Jr., commander of Joint Base Pearl Harbor-Hickam, also spoke at the event.

“I’m a big fan of the diversity events we do here at Joint Base,” he said. “They give us the opportunity to hear other people’s stories.”

National American Indian Heritage Month originated in 1990 when President George H.W. Bush signed a joint congressional resolution. Similar proclamations have been issued every year since 1994. For more information, visit www.nativeamericanheritagemonth.gov.

Corrections from last week’s edition of Ho’okele

The JBPHH college graduation recognition ceremony story, which was published on page A-1 of the Nov. 11 edition of Ho’okele incorrectly published the wrong information. The headline should read “JBPHH holds 4th annual college graduation recognition ceremony”

In addition, a photo associated with the Naval medical, dental clinic breaks ground at MCBH story, incorrectly published the wrong photo cutline. It should read: “Rear Adm. Bruce Gillingham, Medical Corps, commander, Navy Medicine West, delivers opening remarks during a groundbreaking ceremony for Naval Medical and Dental Replacement Clinic at Marine Corps Base Hawaii, Nov. 3.”

We apologize for the error and any inconvenience this may have caused.



Diverse VIEWS



What is your fondest Thanksgiving memory?



Tech. Sgt. Sean Barrett
15th Maintenance Squadron

"I was 9 years old. It was a big family Thanksgiving day dinner. I was super excited for all the yummy food. I heaped my plate with what I thought was cranberry sauce. Turned out it was canned beets. I couldn't eat it. I wasn't allowed to get up until my plate was empty. I can't eat beets to this day without getting sick."

Petty Officer 2nd Class Dominique Conrad
Joint Base Pearl Harbor-Hickam

"The last Thanksgiving in 2012 with my parents before going to boot camp."



Senior Master Sgt. William Hilton
747th Communications Squadron

"I hadn't been home for the holidays for three years. I was stationed in Germany and decided to surprise my mom and dad for Thanksgiving. I flew in and rented a car, so they didn't know I was there. I called from a pay phone using a prepaid card outside of my parents' town and pretended I was in Germany. Ten minutes later I was knocking on my parent's door and they were shocked. Best Thanksgiving ever!"

Seaman Sean Merritt
Joint Base Pearl Harbor-Hickam

"Playing football with dad and friends then going home to watch football and eating."



Staff Sgt. Eduardo Lopez
56th Air and Space Communications Squadron

"Each year during Thanksgiving it is a tradition to watch the Dallas Cowboys football team play on that special day. If there is ever a year that I am back home in Dallas with my family and friends, I make it a point to sit us all down and enjoy the day. Looking back at it, each year has been amazing and a joyful holiday experience."

Petty Officer 2nd Class Courtney Tyler
Navy Region Hawaii

"For me it was 2010. I was deployed aboard USS Abraham Lincoln (CVN 72). We were only supposed to go out for an exercise and it turned into a deployment. It was my first Thanksgiving away from home."



Master Sgt. Colleen Ormond
65th Airlift Squadron

"My brother and I were deployed in Iraq and were unable to attend the normal day before Thanksgiving family tradition, a dinner at a nice restaurant in Cincinnati. When I made the long distance call to the restaurant to put my credit card down, to prepay for my family's meal, the hostess started laugh-crying. Apparently my older brother had already called and done the same thing! Although we weren't able to physically spend the evening with them, it warmed my heart to know how our family always looks out for one another."

*Provided by David D. Underwood Jr.
and Petty Officer 1st Class Corwin Colbert*

*Want to see your command featured in Diverse Views?
Got opinions to share?
Drop us a line at editor@hookelenews.com*

Commentary

Veterans and Wounded Warriors: An inspiration to us all

Vice Adm. Dixon Smith

Commander, Navy Installations Command

This past weekend, I had the distinct privilege of representing our Navy in the city of Chicago for Veterans Day. This was my first opportunity to really take in all that the city has to offer, and it is clear to me that the decision to host the 2017 Department of Defense Warrior Games there next summer was the right choice.

Throughout the day, I met with veterans, city officials, business leaders and local news media representatives, where I found the energy and enthusiasm to be truly inspiring.

Equally energizing was the opportunity to discuss the 2017 Warrior Games at Veterans Day events at the historic Navy Pier and Soldier Field. I had the opportunity to conduct several media engagements, both television and radio, where my goal was to ensure the citizens of Chicago knew when and where to be to support our wounded heroes during



Vice Adm. Dixon Smith

the event next summer.

One wounded warrior I've had the pleasure of getting to know over the past few months, A.J. Mohammed, attended the events. Every time I speak with him I'm reminded of how important the Wounded Warrior program and the DoD Warrior Games truly are.

Following his tour of duty in Iraq in 2004, he returned home visually impaired. Integrating back into society was a challenge and doing anything in public became difficult, to the point where he never

left the house. Several individuals reached out to let him know of the Navy's wounded warrior and adaptive sports programs, and dedicated their time to help A.J. get back on his feet. The commitment of friends and family to help him find his way, combined with the ability to participate in adaptive sports, as he put it, 'saved' him. He will be one of the many warriors to compete for a spot on the Navy team next summer.

These wounded warriors will showcase their athletic prowess at several key Chicago landmarks next summer, including Soldier Field, McCormick Place Convention Center, the United Center, University of Illinois at Chicago, and Lane Tech Academy. Plans are well underway and we are committed to providing an awesome and rewarding experience for the athletes and their families.

Members of the public from far and wide are encouraged to attend the Warrior Games to see and get to know these inspiring athletes who have given so much on our behalf. Their

stories will leave you in awe, and they deserve our utmost respect.

The DoD Warrior Games will be held June 30 through July 8, 2017, and information about the event is available now on www.dodwarriorgames.com. We'll continue to update information there as plans solidify.

In closing, as we head into the holiday season and give thanks for the many blessings we have, please take a moment to remember our veterans and wounded warriors for the sacrifices they have made on behalf of our nation, today and every day. They are an inspiration to us all.

Editor's note: In an announcement released by the Department of Defense on Nov. 16, Secretary of Defense Ash Carter announced that the president nominated Vice Adm. Dixon R. Smith for reappointment to the rank of vice admiral and for assignment as deputy chief of naval operations for Fleet Readiness and Logistics, N4, Office of the Chief of Naval Operations, Pentagon, Washington, D.C.

'Honoring Past, Inspiring Future' at Pearl Harbor 75th

Rear Adm. John Fuller

Commander, Navy Region Hawaii and Naval Surface Group Middle Pacific

In a few weeks we will welcome hundreds of Pearl Harbor survivors and other World War II veterans back to Hawaii. Those veterans, along with their families, will be here to remember and honor their shipmates.

As you know, Dec. 7, 2016 is the 75th anniversary of the attack on Oahu that propelled the United States into the Second World War. It is our sacred privilege to commemorate that historic milestone.

The theme is "Honoring the Past, Inspiring the Future."

For months, in coordination with Gov. Ige's 75th Commemoration Committee, the National Park



Rear Adm. John Fuller

Service and many other stakeholders, we have been planning events in and around Joint Base Pearl Harbor-Hickam.

The Navy and National Park Service's cornerstone event, of course, is the Pearl Harbor Remembrance Day ceremony at Kilo Pier. The

ceremony will begin at 7:55 a.m., the exact time the attack started on Pearl Harbor 75 years ago.

Unlike recent years, seating is very limited at Kilo Pier this year. However, we will livestream the event and so everyone will have the opportunity to witness the ceremony online or at the Pearl Harbor Visitor Center. (We will publish more soon at <https://pearlharbor75thanniversary.com/>)

There is a good reason why seating is so limited this year. Happily, we received more seat requests than expected from survivors, WWII veterans, family members and dignitaries. This is perfectly aligned with the theme of "Honoring the Past, Inspiring the Future."

Our attending WWII veterans are in their 90s or in some cases over 100. Many

tell us this will likely be their last time to visit.

In planning, my top priorities for this event are to provide access to as many Pearl Harbor survivors and WWII veterans and their loved ones as we can, and to ensure the ceremony is as special and meaningful—and as safe—as it can be.

We look forward to sharing the ceremony with the rest of the world online. Let's reflect on this coming opportunity as we consider our recent Veterans Day and prepare for a meaningful Thanksgiving with family, friends and shipmates.

To our tough and resilient veterans, past and present—and to those who never made it home—we owe our deepest gratitude as we honor the past to inspire the future.

Hickam takes shape in 1938



Photo courtesy of the Hawaii Department of Transportation

The water tower, paved roads, underground power, family housing, Bishop Point dock, hangars, Base Operations, apron and taxiway are in place at Hickam Field, Nov. 17, 1938 (78 years ago this week). A railroad has been moved to Hangar Avenue and people continue to live in tents during construction.

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PMRF joins community in celebrating Veterans Day

Robert Purdy

*Pacific Missile Range Facility
Public Affairs Office*

Capt. Vincent Johnson, commanding officer, Pacific Missile Range Facility (PMRF) and Sailors assigned to PMRF joined families, friends and the community in honoring those who have served and those who continue to serve, during the 2016 Veterans Day observance held at the Kauai Veterans Cemetery in Hanapepe, Nov. 11.

The ceremony opened with a traditional Hawaiian Oli (chant) and featured music by the Waimea High School Band, posting of the colors by the Waimea High School JROTC, a POW/MIA ceremony, a wreath-laying ceremony, and rifle volley and taps by the Hawaii Army National Guard. Guest speakers included Johnson and Mayor Bernard P. Carvalho Jr., mayor of Kauai county.

“For some the call to serve may be a blaring trumpet, but often



U.S. Navy photo by Petty Officer 2nd Class Omar Powell

Pacific Missile Range Facility's (PMRF) senior leaders (executive officer, senior enlisted leader and commanding officer) walk towards the memorial to lay PMRF's commemorative wreath during the Kauai Veterans Day Observance at Kauai's Veterans Memorial Cemetery, Nov. 11.

it is a whisper of doubt that you are meant for more. To be a veteran means to have been a part of something that is bigger than yourself. To be a veteran means to never question if you have done something noble and important with your life. Fate and chance conspire to make a few veterans heroes. The defining quality of a veteran, however, is not heroism. The mark of a veteran is unselfish service—stewardship,” Johnson said.

Johnson accompanied the PMRF executive officer and senior enlisted leader in laying a commemorative wreath during a ceremony which included members of the Veterans Council, veteran organization commanders, mayor, and state and county officials. To close the observance, attendees joined hands and accompanied Carvalho in singing “Hawai'i Aloha.”

For more information on PMRF, visit www.cnmc.navy.mil/PRMF or on Facebook at www.facebook.com/PacificMissileRangeFacility.

Submarine Force U.S. Pacific Fleet honors military veterans

Lt. j.g. Samuel R. Boyle

*Submarine Force Pacific
Public Affairs*

Submarine veterans hosted a solemn ceremony in honor of their fallen brethren at USS Parche Park and Submarine Memorial at Joint Base Pearl Harbor Hickam on Veterans Day, Nov. 11.

Rear Adm. Frederick “Fritz” J. Roegge, commander, Submarine Force, U. S. Pacific Fleet, was the keynote speaker at the event.

“We are here this morning to commemorate Veterans Day, and to remember and honor generations of Americans, men and women, military and civilian, whose service and sacrifice are responsible for our successful Armed Forces,” Roegge said.

During the “tolling of the bells” ceremony, a bell is rung for each submarine lost at sea. As the metal vibration dies, submariners hang leis on each boat’s memorial placard at the end of the park.

“It is truly an honor for me to be with you here this morning, and it’s always an honor to speak at the USS Parche,” Roegge said. “The boat’s impressive history and awesome legacy makes it thrilling for me to speak here.”

During this year’s ceremony, Roegge emphasized the important role of the submarine response after the attack on Pearl Harbor on Dec. 7, 1941.

“Our submarines were the first forces able to begin war patrols,” Roegge said.



U.S. Navy photo by Petty Officer 2nd Class Shaun M. Griffin



U.S. Navy photo by Petty Officer 2nd Class Shaun M. Griffin



U.S. Navy photo by Petty Officer 2nd Class Michael H. Lee



U.S. Navy photo by Petty Officer 2nd Class Shaun M. Griffin

(Top left) Lt. Paul Chapman, a Navy chaplain, delivers the invocation during a Veterans Day ceremony held at the USS Parche Submarine Park and Memorial at Joint Base Pearl Harbor-Hickam, Nov. 11. (Top right) Members of the U.S. Submarine Veterans Inc. Bowfin Base prepare to hang lei in honor of fallen submariners on eternal patrol during a Veterans Day ceremony. (Lower left) Sailors, assigned to the Joint Base Pearl Harbor-Hickam Navy Honor Guard detachment, perform a three-gun volley at a Veterans Day ceremony. (Lower right) A member of the U.S. Submarine Veterans Inc. Bowfin Base salutes the national ensign during a Veterans Day ceremony.

“Although submarines made up only two percent of our Navy, they sank 60 percent of all Imperial Japanese ships that were sunk during the war.”

Roegge also remembered that the submarine force suffered the heaviest casualties of any branch of service in the war.

In closing, Roegge

solemnly acknowledged veterans and spoke optimistically about the future.

“We owe an unpayable debt to our veterans who fought to win, but

also fought for peace,” Roegge said.

“Perhaps the most prominent legacy of the Greatest Generation is the example of honor, courage, and com-

mitment that is now embodied in today’s Armed Forces.”

For more news from the Pacific Submarine Force, visit www.csp.navy.mil.

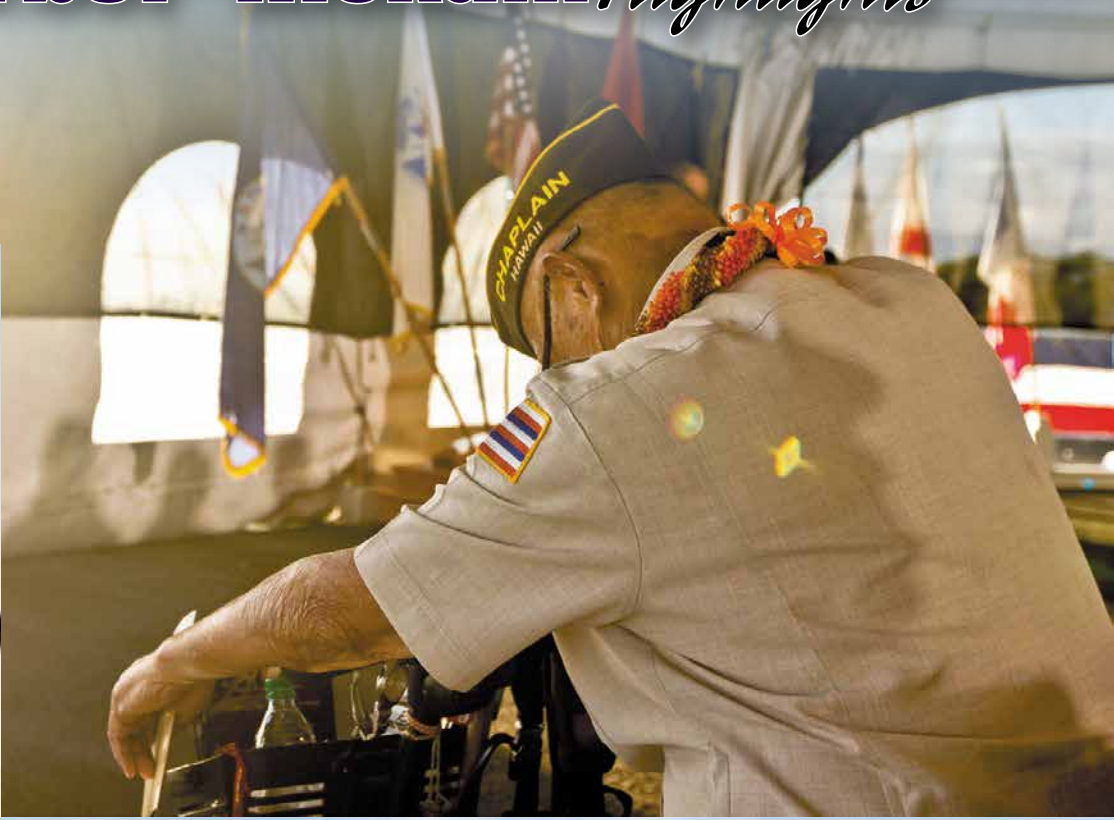
Pearl Harbor-Hickam Highlights



U.S. Marine Corps photo by Lance Cpl. Patrick Mahoney
An American flag is flown during a Veterans Day sunset service aboard the Battleship Missouri Memorial at Pearl Harbor, Nov. 11.

(Right) Mobile Diving and Salvage Unit One Lt. Mark Snyder recieved the Bronze Star from Secretary of the Navy Ray Mabus at Sharkey Theater at Joint Base Pearl Harbor-Hickam Nov. 16. Snyder was awarded the Bronze Star for heroic achievement in connection with combat operations against the enemy while serving as an explosive ordnance disposal officer in support of Operation Enduring Freedom.

U.S. Navy photo by Petty Officer 1st Class Corwin M. Colbert



U.S. Marine Corps photo by Lance Cpl. Patrick Mahoney
Retired U.S. Army 1st Sgt. Domingo Los Baños bows his head during the Veterans Day sunset service aboard the Battleship Missouri Memorial at Pearl Harbor, Nov. 11. Veterans, along with friends and family members, gathered with service members from all branches of the military to honor those who have served.

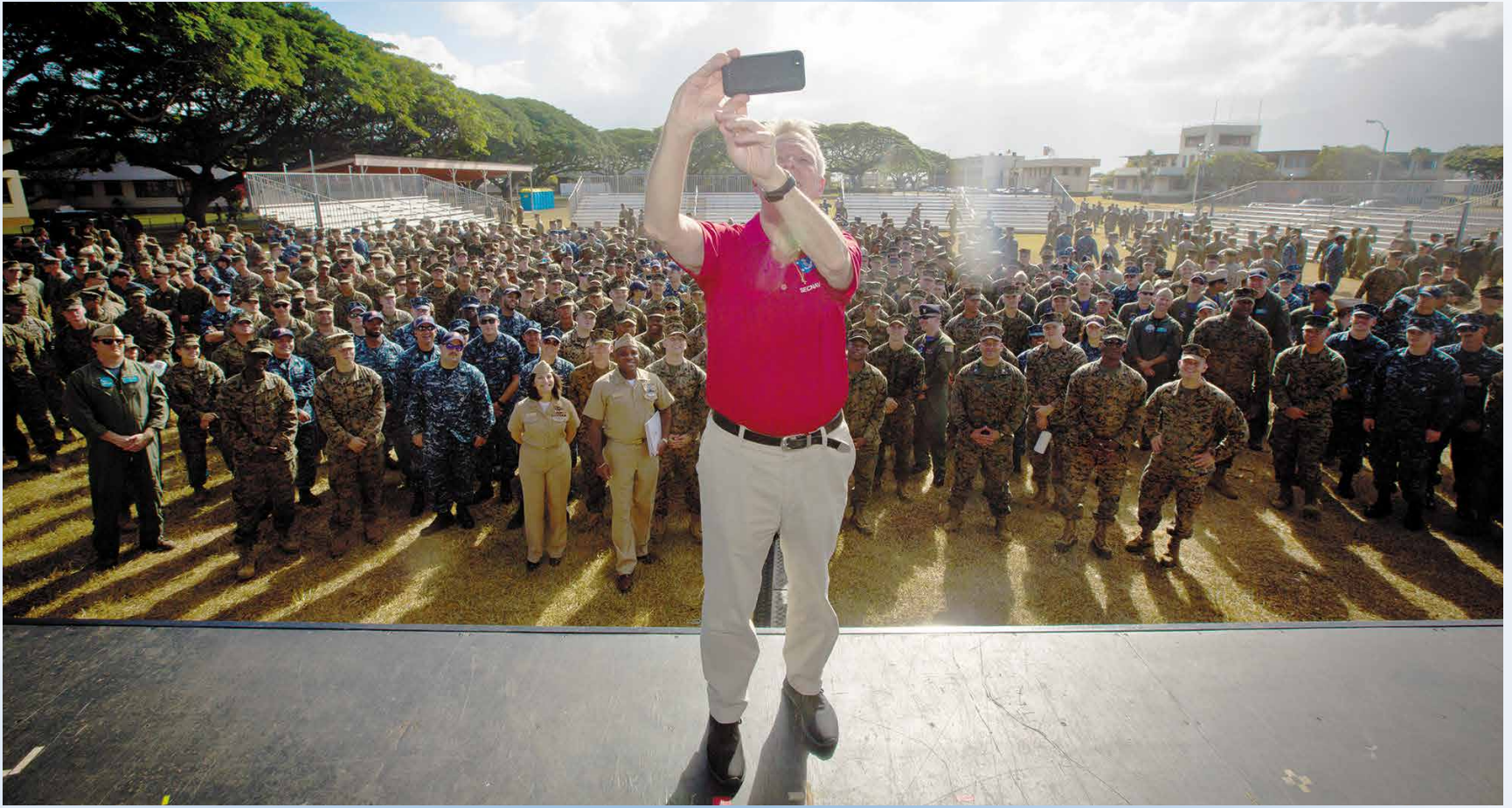


(Left) Members of the James Campbell High School Navy Junior Reserve Officers Training Corps (NJROTC) march in the Wahiawa Lions Veterans Day Parade in Wahiawa, Nov. 11. The theme of this year's parade was "Respecting Our Veterans."

Photo by Jack Kampfer

(Below) Secretary of the Navy Ray Mabus, takes a selfie with the Marines and Sailors of Marine Corps Base Hawaii after a question-and-answer session at Dewey Square, Nov. 16. Mabus was visiting Hawaii to speak to the Marines and Sailors of Joint Base Pearl Harbor-Hickam and Marine Corps Base Hawaii.

U.S. Marine Corps photo by Cpl. Aaron S. Patterson



Former USCG cutter transferred to Philippine navy visits Pearl Harbor

Naval Surface Group Middle Pacific Public Affairs

BRP Andres Bonifacio (FF 17), the former U.S. Coast Guard cutter Boutwell, arrived at Joint Base Pearl Harbor-Hickam (JBPHH) Nov. 15 for a regularly scheduled port visit en route to the Philippines.

The ship and crew were greeted by Capt. Stanley Keeve Jr., the JBPHH commanding officer upon arrival. During the port call, Bonifacio is scheduled to host a reception aboard and interact with their host ship USS Halsey (DDG 97).

Bonifacio was transferred to the Philippine navy at a ceremony in Alameda, California, July 21, as part of an agreement to transfer Hamilton-class 378-foot high endurance cutters to the Philippines through the Office of International Acquisition's Excess Defense Articles program.

The ship and crew just completed a four-month upgrade and training

period with the U.S. Coast Guard in Alameda that included one-on-one training with Coast Guard sailors and formal training on the ship's systems.

Bonifacio is the third Hamilton class cutter in Philippine Navy service after the BRP Gregorio Del Pilar (FF-15) and BRP Ramon Alcaraz (FF-16) which were acquired in 2011 and 2013, respectively.

Foreign Navy ships regularly come to Pearl Harbor-Hickam for scheduled port visits. In recent months, JBPHH was visited by ships from Australia, Japan and the Republic of Korea.



Capt. Stanley Keeve Jr., Joint Base Pearl Harbor-Hickam commanding officer, (right) greets Capt. Brendo J. Casaclang, commanding officer of BRP Andres Bonifacio (FF 17), on the pier at Joint Base Pearl Harbor-Hickam, Nov. 15.

BRP Andres Bonifacio (FF 17), the former U.S. Coast Guard cutter Boutwell, arrives at Joint Base Pearl Harbor-Hickam, Nov. 15.

U.S. Navy photos by Petty Officer 1st Class Corwin Colbert



U.S. Navy P-3C Orion provides assistance to New Zealand after earthquake

Petty Officer 2nd Class Joshua Walters

Patrol Squadron 47

Members with the Golden Swordsmen of Patrol Squadron (VP) 47 assisted New Zealand in field survey operations following an earthquake in the South Island of New Zealand, Nov. 15.

VP-47's aircrew, accompanied by two Royal New Zealand Air Force airmen, took off from the Royal New Zealand Air Force Base, Auckland, located in Whenuapai, on a five-hour mission to assess the area surrounding Kaikora.

The squadron is supporting critical relief efforts by visually assessing, while airborne, the condition of roads and infrastructure that were damaged by the 7.8-magnitude earthquake.

"Our ability to work closely with the Royal New Zealand Air Force crewmembers was essential to the completion of our mission," said Lt. Daniel O'Keefe, one of VP-47's tactical coordinators.

"The navigational assistance that they provided was invaluable and enabled flawless execution."

During the flight, they were able to identify impassable roads covered in

debris. Additionally, they were able to assess bridges that were cracked and buckling due to damage by the earthquake.

"We are very glad to be able to render assistance during this disaster," Cmdr. Jim Imlah, executive officer of VP-47, said.

"Both our aircrew and our aircraft maintainers understand the urgency of these missions and are working around the clock to provide maritime patrol and humanitarian support to the people of New Zealand."

This is the Golden Swordsmen's last deployment with the P-3C aircraft. VP-47 is the second of three Hawaii-based squadrons to make the



move to Whidbey Island and transition to the P-8A.

VP-47 is currently deployed to the U.S. 7th Fleet area of operations at Kadena Air Base, Okinawa, Japan, and to the U.S. 4th Fleet area of operations at Comalapa, El Salvador.

Lt. j.g. Shane Lewis, with the Golden Swordsmen of Patrol Squadron (VP) 47, examines a chart of New Zealand with an airman from the Royal New Zealand Air Force, Nov. 15.

U.S. Navy photo by Lt. j.g. Kyle Burdick

Thanksgiving meals

CONTINUED FROM < A1

assorted desserts.

In addition, Thanksgiving meals will be served from 2 to 4 p.m. at the Silver Dolphin Bistro, located at Building 655, Cromwell Circle on the Pearl Harbor side of the base. The meal price is \$9.05.

Items on the menu include roast steamship round of beef, oven roasted turkey and baked spiral ham. Other items include shrimp cocktail, zuppa tuscan soup, a variety of salads and vegetables, breads and assorted desserts.

The meal is open to all active duty service members, Department of Defense employees, retirees and family members with a valid ID card.

Patrons are asked to bring exact change to reduce wait time at the cashier stand. Cash transactions will only be accepted.

Additional Thanksgiving events can be found on page B-4 or you can visit www.greatlifehawaii.com for more information.

Air Force reservist earns Get1Now recruiter award

Story and photo by Master Sgt. Theanne Herrmann

624th Regional Support Squadron

A recruiter with the Air Force Reserve's 624th Regional Support Group (RSG) from Joint Base Pearl Harbor-Hickam, earned the Western Recruiting Squadron Top Get1Now recruiter award, Oct. 27.

Tech. Sgt. Michael Shinohara accepted the award in October during the Air Force Reserve Command recruiting service deployment readiness training, in Orlando, Florida, for having the most accessions through fiscal year 2016 using the Get1Now program.

The Get1Now program is a way for reservists to recommend qualified people with whom they wish to serve alongside by using the website or app. The program encourages current members to "Share your Adventure," meaning reservists should talk about their experiences and benefits with potential recruits.



Air Force Master Sgt. Maria Tailo, right, shows Tech. Sgt. Yommala Foster the Get1Now phone app, which provides an opportunity for reservists to recommend qualified people with whom they wish to serve alongside.

"Current service members are referring people they know who have good work ethics," Shinohara said. "If an Airman is talking with someone they feel would be a good fit for the Air Force Reserve,

all they have to do is upload their contact information into the app. Their information is immediately streamlined to our call center and pre-screened to see if they are eligible to join."

This is Shinohara's first year serving as a recruiter. He credits the Get1Now app with his success in finding quality recruits. He also earned the top Get1Now recruiter for the fourth quarter of fiscal year 2016 for enlisting eight Airmen.

"These awards represent all the hard work of our reserve members who use the Get1Now app to recruit their family, friends or coworkers," Shinohara said. "Almost half of my 38 recruits from 2016 are from Get1Now referrals."

Shinohara explained how the app helps him overcome the challenges of being a recruiter in the Pacific region.

"It's challenging being a recruiter for the state of Hawaii and Guam because we are geographically spread out," said Shinohara. "This app helps tremendously. It gives our Airmen the opportunity to contribute to the recruiting efforts without having to contact a recruiter directly."

Service members are rewarded for their recruiting efforts.

"Not only can you refer someone you know that would make a great contribution to our reserve force, you also get cool prizes," said Master Sgt. Maria Tailo, who has been using the app for the past three months. "The great thing is that your lead just needs to qualify, they don't have to join for you to earn an award."

Airmen can earn up to four awards per fiscal year, including items that range from a solar charger to a fleece jacket.

"I've referred five people so far," Tailo said. "The app is easy to use and you can track your referral to see if they qualify. When I do see my leads go all the way through to enlistment, it is self-gratifying."

"My goal is to get at least half of the 624th RSG Airmen to download the app to their phone to help fill in our vacancies," Shinohara said.

Airmen can refer members to join the Air Force Reserve by visiting <http://www.get1now.us> or downloading the app to their smartphone.

Navy, Coast Guard rescue three boaters near Molokai

14th District Public Affairs and Navy Region Hawaii Public Affairs

A Navy helicopter crew rescued three boaters off Maui following a Coast Guard notification of the distress beacon, Nov. 8.

"I was lucky enough to be the aircraft commander on yesterday's flight, and really it was just a matter of being in the right place at the right time," said Lt. Cmdr. Megan Barnett, pilot of the Navy H-60 from the "Easyriders" of Helicopter Maritime Strike Squadron (HSM) 37.

Watchstanders at Coast Guard Joint Rescue Coordination Center (JRCC) Honolulu were notified of a 406 megahertz emer-

gency position indicating radio beacon (EPIRB) at noon. The beacon was properly registered and watchstanders at Coast Guard Sector Honolulu, working collaboratively with JRCC, reached out to the EPIRB's registered contact and learned three boaters departed from Kahana, Maui, to the north side of Molokai in a 17-foot boat earlier in the day.

"The use of an emergency locator beacon allowed responders to locate these three boaters quickly," Chief Petty Officer Casey Robert, JRCC supervisor, said.

"The Coast Guard was alerted to the distress beacon and diverted as-



U.S. Navy file photo An MH-60R Seahawk helicopter attached to the "Easyriders" of Helicopter Maritime Strike Squadron (HSM) 37 conducts flight training operations over the island of Oahu.

sets from another case. Luckily, a Navy helicopter crew was in the area

on other operations and immediately responded to the homing beacon they

heard. We value the quick action and partnership we have with the Navy to enhance public safety and search and rescue response in the region."

JRCC watchstanders issued an urgent marine information broadcast and diverted a Coast Guard Air Station Barbers Point MH-65 Dolphin helicopter crew from another case. A Navy H-60 from HSM-37 out of Kaneohe Bay operating in the Maui area detected the audible 121.5MHz homing beacon and hoisted the boaters from the boat and safely transported them to Kahului Maui Airport.

"My crew did exactly what they train to do," Barnett said, "from hear-

ing the beacon and looking out for a possible vessel, to spotting them waving life jackets at us, all the way through safely executing the approach to the vessel and recovering all three personnel without incident."

The boaters were in good condition with no injuries, and reported their engine would not restart and they had been disabled. The boat was salvaged and towed to Molokai.

Co-pilot Lt. j.g. Tyler Faris said, "It was incredibly rewarding to see our training kick into action. I am happy to have been in the right place at the right time and use our capabilities to make a difference."



Life & Leisure

Armed Forces Classic honors Navy

Don Robbins

Editor, Ho'okele

The 2016 Armed Forces Classic college basketball tournament at the University of Hawaii's Stan Sheriff Center in Honolulu took place on Veterans Day, Nov. 11.

The games and surrounding events during the week at Joint Base Pearl Harbor-Hickam were held to honor the Navy and commemorate the 75th anniversary of the attack on Pearl Harbor. The ESPN Classic featured NCAA Division I men's doubleheader basketball games with the Arizona Wildcats vs. Michigan State Spartans and University of Indiana Hoosiers vs. University of Kansas Jayhawks.

In addition, the teams took part in a basketball practice at the Joint Base Pearl Harbor-Hickam Fitness Center, toured the USS Chafee (DDG 90), USS Cheyenne (SSN 773) and USS Columbus (SSN 762), and participated in an ESPN Youth Sports Basketball Clinic at JBP HH Fitness Center.

The Armed Forces Classic switches venues annually to different military locations around the world.

Above, Michigan State Spartan Kenny Goins slam dunks a basket during the 2016 Armed Forces Classic at Hawaii University's Stan Sheriff Center, Nov. 11. Below, Sailors stationed at Joint Base Pearl Harbor-Hickam cheer on the Arizona Wildcats.

Photo illustration U.S. Navy photos by Petty Officer 2nd Class Somers Steelman



U.S. Marine Corps photos by Cpl. Wesley Timm

Top, U.S. Navy Sailors play the national anthem and present colors during the 2016 Armed Forces Classic, Nov. 11. Above left, A U.S. Navy Sailor watches the game. Above right, Navy Sailor Senior Chief Joel Cesar passes out T-shirts at the half-time show.



NIOC Anchors quarterback Petty Officer 2nd Class Jermaine Carmenia laterals the ball to running back Petty Officer 2nd Class Quan Roberts, who picks up a first down.

Big interception changes momentum for Anchors

**Story and photo
by Randy Dela Cruz**

Sports Editor, Ho'okele

A game-changing interception near the start of the first half proved to be crucial for Navy Information Operations Command (NIOC) Hawaii Anchors to squeeze out a 12-6 victory over Company I (CO I) from Camp H.M. Smith. The matchup took place Nov. 14 in a Blue Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

By winning, the Anchors maintained their second place tie in the Blue standings with a 7-2 mark, while CO I dropped to 3-6.

Next Monday, Nov. 21, the Anchors will play perhaps their biggest game of the season in facing the league-leading 15th Maintenance Group, who remains at the top of the

division by a mere one game.

Although Anchors team captain Petty Officer 2nd Class John Posey admitted that NIOC could definitely have played better against CO I, he believes that the team, currently riding a two-game winning streak, improves with each game.

"If we were to say where we are right now, I would say we are around 75 percent," Posey said. "Just on being able to execute changing the pace, changing the momentum of the game and doing what we need to do, I'd say that we are 75 percent of being where we want to be."

Some of the remaining 25 percent was evident for the offense in the first half against CO I.

Starting at their own 15, quarterback Petty Officer 2nd Class Jermaine Carmenia led the team into CO I territory, but a misfired pass on fourth down intended for Petty Officer

2nd Class Travis Daniels forced the team to hand over the ball on the CO I 21-yard line.

CO I was able to advance the ball to their own 27, but on fourth and 13 yards for a first down, Petty Officer 2nd Class Kian Davis, who is the team's defensive captain, picked off a pass. Davis set up shop for the Anchors in good field position at the CO I 38-yard line.

"We needed the momentum change," Posey said. "We always like to come out and get the first score on our opening series, but if we can't do it, then Davis goes and gets that pick. It's not only good for him. To see him get one, that just motivates the whole team."

The Anchors picked up a first down at the CO I 19-yard line on the second play of their drive, as Carmenia completed a pass to Posey, who lateraled the ball back to Petty Officer 2nd Class Quan Roberts for the remaining yards to move the chains.

The team started to lose steam as Carmenia followed the completion with two incomplete passes and the Anchors lost another down on a penalty to put the football back to the 28.

Facing fourth and long the Anchors needed a big play from their offense and Carmenia didn't disappoint.

On the count, Carmenia dropped back to pass and then threw a rocket to the middle of the end zone to find receiver Petty Officer 2nd Class DSean Handy, who put the clamps down on the ball for a touchdown and a 6-0 lead, which stood up throughout halftime.

After intermission, the Anchors defense kept up its shutdown of the CO I offense, which didn't get a first down in the entire first half.

Again, after starting the second half on offense, CO I was held without a first down on their first possession.

The stoppage gave the An-

chors another series in good field position, with the ball down on the NIOC 39-yard line.

Carmenia connected on his first two passes to put the team on the CO I 21-yard line, then another completion to Posey gave the Anchors a first and goal at the CO I 19-yard line.

Then the Anchors, plagued by back-to-back penalties, still advanced the ball to the 13-yard line. On third down, Carmenia tossed another scoring pass to Handy to take a 12-0 lead.

Although CO I did manage to post a touchdown with a minute to go in the game, the score was too little, too late.

"It's good to regroup and to get refocused," Posey said. "In moving forward, we're back on our game and at a level that is above everybody. We're going to set a standard of excellence, honor, courage and commitment like we trying to represent in the Navy."

'Go For Green' where you eat, work, play and shop

Katie Kirkpatrick

*Defense
Commissary Agency*

With all the options at your local commissary it can be hard to know what is best. Use the Go For Green (G4G) Guide to make it easier.

Go For Green gives green, yellow or red codes to foods and beverages based on their nutritional quality. "Green-coded" foods, which are highest in nutrients such as vitamins, minerals, fiber, protein and "good" fats, are a "go."

Go For Green was originally developed for military dining facilities as a quick and easy way to identify healthier food and beverage choices and you can follow the same guidelines when shopping at your commissary.

Want to slim your waistline? Enhance physical fitness? Have more energy? Feel more alert and

focused? Improve your health? Go For Green can help you and your family. Use the G4G Guide at the commissary to shop your way to health.

How to make your shopping cart more Green

A good rule of thumb is to fill at least half of your shopping cart or basket with Green-coded foods. Shopping the perimeter is a great way to shop for nutritious foods.

Start in the produce section, where healthy options are endless. Green-coded foods abound here because fruits and vegetables are high in nutrients, which add health-boosting benefits to any meal or snack. Choose a variety of your favorite fruits and veggies. Limit veggies that are fried or in cheese or cream sauce and fruits in heavy syrup or coated in sugar (chocolate, yogurt, etc.). Picky

vegetable eater at home? Let them in on the fun, making it a family goal to try one new vegetable a month. Involving your family can help them become more interested in trying new foods.

Further down, you'll see the dairy aisle and the meat counter. At the meat counter, look for fish, shellfish, chicken and turkey breast without the skin, pork tenderloin, ground poultry, and 90 percent lean beef. Good dairy choices include plain, low-fat yogurt or cottage cheese and unsweetened skim or 1-percent milk. All these are Green-coded lean protein sources that help build a healthy meal.

Next up, the bread aisle. There are rows

of options. What should you choose? Green-coded options are whole-grain baked goods that have less processing and are high in fiber, vitamins and minerals. Choose whole-grain breads, bagels, rolls and English muffins with at least 3 grams of fiber, too.

Don't overlook the center aisles, as you go through the commissary. You can find more good sources of Green-coded foods here. Canned tuna in water and canned or dried beans and lentils are shelf-stable proteins that add variety to lunch and dinner meals. Look for whole-grain, low-sugar varieties of cereal with less than 10 grams of sugar and at least 3 grams of fiber. Grains

such as brown rice, wild rice, bulgur, oats, quinoa and barley are minimally processed and packed with nutrients. Leave these aisles with naturally healthful and tasty ingredients and add your own herbs, spices and seasonings.

Also look here for heart-healthy fats and oils, which provide flavor and texture and help keep you feeling full. The key is choosing the right ones and keeping the portions small. Oils such as olive, canola, safflower and sunflower are Green-coded fats that provide flavor to numerous recipes. Salad dressings (oil-based), nuts and seeds are perfect accompaniments to salads, side dishes and main meals.

Finally, find healthy, economical Green-coded choices in the freezer aisles. Frozen fruits and vegetables can provide just as many nutrients as fresh in pre-washed, pre-

cut versions. Frozen plain (unbreaded) fish, chicken and bean burgers can make meal preparation quick during a busy week.

You can even find fully cooked brown rice, oatmeal and other whole grains that only require reheating.

Green-coded foods are whole foods that have the least processing and are naturally packed with nutrients.

Next time you're in the commissary, try to fill more of your cart or basket with Green-coded options. Your mind and body will thank you.

Learn more about building a healthy meal with Go For Green at <http://hprc-online.org/nutrition/go-for-green>.

Editor's note: Katie Kirkpatrick is a nutritionist with the Consortium for Health and Military Performance (CHAMP).



Dominating DPAA ‘mercy rules’ short-handed HIANG

Story and photo
by Randy Dela Cruz

Sports Editor, Ho'okele

What started off as a rough night for Hawaii Air National Guard (HIANG) progressed from bad to worse.

Barely avoiding a forfeit by starting the game with only five players, the HIANG was quickly scored upon by the fully staffed Defense POW/MIA Accounting Agency (DPAA), which went on to secure a 27-0 mercy-rule win on Nov. 15 in a Gold Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

The DPAA, which improved to 10-1, maintained the tie for first place in the Gold, while the HIANG dropped to 3-8.

Even though DPAA started off with seven players against the five from HIANG, Staff Sgt. Hector Garcia said they did not take their opponent lightly.

“We still try and go hard every time, but at the same time, we don’t always feel like it’s going to be an advantage,” Garcia said. “They did hold us for a couple plays until we finally started moving. So it’s always a mentality that we try and go 100 percent each play.”

Despite having a seven to five advantage, DPAA struggled to move the ball on their first three downs.

However, quarterback Rick June, who recently retired, picked up a clutch first down and that seemed to unlock the door.

On the next three plays, June marched the team down



Spc. Adrian Peay winds up to throw a bomb that is intended for Spc. Cedric Brooks. The pass was completed for a touchdown.

to the HIANG 23-yard line, before running for an 18-yard gain that had DPAA knocking on the door.

Then on second down and goal-to-goal, June found a wide-open Garcia for a touchdown and 6-0 lead.

“He (June) rolled to the right and I started off blocking,” Garcia said. “The guy got past me, so I just headed downfield trying to extend the play. I just planted myself in the end zone.”

On the next two possessions,

both teams exchanged the pigskin on interceptions, with Sgt. Anthony Aquino getting his first of two picks for DPAA and Staff Sgt. Sky Johnston returning the favor for HIANG.

The HIANG, now armed with a full seven players, tried

to get things going from their own 15-yard line.

Instead of moving the ball, the HIANG was victimized once more by the tough DPAA defensive backfield, when Spc. Gary Reed picked off a pass that set his team up in good field position at the HIANG 26.

Two plays by the DPAA went by, before June went right back to Garcia for a touchdown in the left corner of the HIANG’s end zone.

“That started off in the slot,” Garcia said about his second touchdown of the game. “I just went out to do a post corner. I thought I was going to drop it because I lost it in the light, but I just stuck my hand out there and was able to make the catch.”

After the touchdown, the DPAA went for a two-point conversion and got it to take a 14-0 lead into halftime.

In the second half, DPAA got on the board first, when Spc. Adrian Peay, stepping in for June, tossed a long pass from his own 31 intended for Spc. Cedric Brooks, who was streaking toward the end zone.

The pass was a little short, but the team got a lucky break when the ball ricocheted off a HIANG defender and into the hands of Brooks for the team’s third touchdown.

June returned to the lineup and scored the last touchdown for the team on a quarterback keeper that covered 10 yards.

“There’s always room for improvement,” Garcia said as the team heads for the playoffs. “The goal is to win the championship. For all of us on the team, we’ve got that mindset and we know that we can strive and reach it.”

647th LRS completes solid week with second win

Story and photo
by Randy Dela Cruz

Sports Editor, Ho'okele

In just one week the 647th Logistics Readiness Squadron (647 LRS) went from pretenders to a team that could possibly gain a spot in the upcoming playoffs.

At the start of the week, both the 647 LRS and Company I (CO I) from Camp H.M. Smith entered play with identical 3-5 records in the Blue Division.

However, as the two teams squared off on Nov. 16, it was the 647 LRS that may have carved a way into the playoffs by winning their second game in three days at Ward Field, Joint Base Pearl Harbor-Hickam.

The win evened out the record of the 647 LRS at 5-5, while the hard luck CO I, which lost on

Nov. 14 to the NIOC Anchors, saw their record fall to 3-7.

“The season has been rough,” said LRS quarterback Staff Sgt. Andrew Shanahorn, who was back after missing the past three games due to a torn ligament to his knee. “The past two weeks, things have really come together. We’ve learned more about how it’s got to be. It’s not just ‘I’ it’s got to be the whole team aspect.”

While the team aspect holds true, it’s also nice to have explosive teammates who can change momentum in just one play.

With the team starting their first possession deep in their own territory at the four-yard line, the distance to the end zone got a lot smaller on their first play of the game.

Rolling out of the pocket, Shanahorn threw a short pass to

Senior Airman Xavier Tatum, who made a tough catch before breaking past the secondary and taking it down to the CO I 14 yard-line.

After misfiring on first and goal, Shanahorn eluded the pass rush and tossed a pass to Staff Sgt. Michael Diaz, who made the grab for a touchdown and a 6-0 lead.

The 647 LRS defense returned to the field and did their job one more time by holding CO I to only four downs.

Shanahorn showed no signs of the injury he suffered three weeks ago, as he used his legs for two large ground gains on the team’s second possession.

In two quarterback keeper plays, Shanahorn ran for a 24-yard gain to move the chains down to the CO I 12-yard line and then he raced for a 10-yard

pickup to make it third and goal at the two.

On third down, Shanahorn went back to the air and found Staff Sgt. William Kersten in the back of the end zone for the team’s second touchdown and a 12-0 advantage that lasted through halftime.

In the second half, the 647 LRS came up with a big play on defense, as Diaz stepped up and intercepted a pass on the CO I 16-yard line.

The first play from scrimmage produced no gain for the LRS, but on second down, Shanahorn threw a short pass to Tatum at the line of scrimmage.

Tatum, as he did on the team’s first play, eluded the CO I defensive front, before breaking out in the open for a huge pickup that placed the ball on the CO I 25-yard line.

With the ball just outside the red zone, Shanahorn went back to another familiar face, as he found Diaz wide open for a touchdown.

“These are the guys that get open,” Shanahorn said. “When they get open, it allows me to just throw the ball.”

Down by three scores, CO I picked up a touchdown on their next drive, but just like on Monday, the score was too little, too late.

Shanahorn said that the second win in three days was a very satisfying victory and added that the main difference is that the team has learned to have fun.

“We’re not out here trying to be professional,” Shanahorn said. “We’re out here having fun and the more fun you’re having, the better everyone is feeling.”



Staff Sgt. Andrew Shanahorn, quarterback for the 647 LRS, scrambles for a 10-yard run near the CO I end zone.

Kick off holiday season at tower lighting celebration

Reid Tokeshi

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

In two weeks Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation will host the 47th annual holiday lighting of the Freedom Tower. The family-friendly event takes place on Dec. 2 at the lawn in front of the tower.

The celebration will include many activities for kids, including bounce houses and holiday crafts from MWR's Child and Youth Programs. There will also be free cookies as well as holiday beverages such as hot chocolate, peppermint chocolate milk and eggnog.

Joint Base organizations will be staffing fundraising food booths, cooking up a variety of meals available for purchase. The base chapel will offer glow jewelry while supplies last. Musical entertain-

ment will be courtesy of the Marine Corps Forces Pacific Band.

One of the most anticipated features of the event is the chance for children to take a photo with Santa Claus. The right jolly old elf arrives via fire truck at approximately 5 p.m. MWR's marketing department will take a high quality photo that customers can later download for free. Organizers advise that photo ops are limited and will be closed prior to the tower lighting at 7 p.m.

The tower lighting celebration begins at 4:30 p.m. Customers are welcome to bring a blanket or lawn chairs. Many experienced celebrants come early and claim their spot on the field for the tower lighting. No pets are allowed at the event. MWR will provide round trip free shuttle service from the BX Garden Shop beginning at 4:15 p.m.

For more information, go to www.greatlifehawaii.com

The 47th annual holiday lighting of the Freedom Tower will take place on Dec. 2 at JBPHH.

MWR Marketing photo



THANKSGIVING EVENTS

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

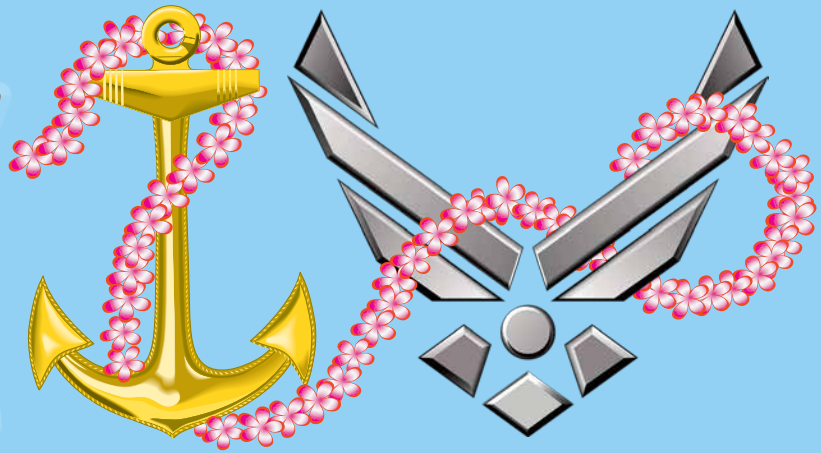
MWR to ‘talk turkey’ with Thanksgiving-themed events

- Free harvest float night will be held from 5 to 7 p.m. today at Scott Pool. There will be games and activities such as pumpkin toss and beanbag toss. Patrons can bring floats and holiday goodie bags will be given out. For more information, call 473-0394.
- Hike Kealia/swim at Mokuleia will begin at 8 a.m. Nov. 20 at the MWR Outdoor Adventure Center-Fleet Center. The Kealia trail begins on the mauka (mountain) side of the Dillingham Air Field. The trail leads up to the mountain, to the picnic area when participants

- can stop and hang out to experience the view of the North Shore coastline. The cost is \$20, and the deadline to sign up is today. For more information, call 473-1198.
- Free pingpong tournament with Liberty will be held from 7 to 8 p.m. Nov. 22 at Beeman Center. The event is single-elimination tournament-style table tennis, best of three games to 11. This event is open to single, active military E1-E6 only. For more information, call 473-2583.
- Junior golfers and E1-E5 Thanksgiving special will be held Nov. 24 at Barbers Point Golf Course. Junior golfers with a military ID card and active-duty E1-E5 can play for free all day on Thanksgiving Day. For more information, call 682-1911.
- Thanksgiving Day lunch buffet will be served Nov. 24 at the Historic Hickam Officers' Club. Three seating times are scheduled, 11 a.m., noon and 2 p.m. Prices are \$32.95 for adults, \$18.95 for children 7-12 years, \$12.50 for ages 4-6 and free for those age 3 and under. Reservations are required and the deadline to reserve is Nov. 21. Call 448-4608 for more information and to make reservations.
- Thanksgiving Day buffet at Sam Choy's Island Style Seafood Grille will be from 11 a.m. to 3 p.m. on Nov. 24. Prices are \$29.95 for adults, \$14.95 for children ages 6-11 and free for ages 5 and under. Reservations are welcome. For more information, call 422-3002.
- Hickam historical tour bike ride will begin at 8 a.m. Nov. 25 at the MWR Outdoor Adventure

- Center at the Fleet Store. Participants can join the event to travel around Joint Base Pearl Harbor-Hickam and discover the hidden stories and facts behind Hickam and Pearl Harbor. The cost is \$15, and the deadline to sign up is Nov 23. For more information, call 473-1198.
- Kayak Chinaman's Hat will begin at 8 a.m. Nov. 26 at the MWR Outdoor Adventure Center at the Fleet Store. Participants can bring lunch or snacks and plenty of water. This trip is considered moderate to strenuous in level of difficulty. The cost is \$25, and the deadline to sign up is Nov. 24. For more information, call 473-1198.
- The free fifth annual Turn and Burn Ride will be held from 9 to 11 a.m. Nov. 26 at the Joint Base Pearl Harbor-Hickam Fitness Center. Canned goods for charity will be accepted. Participants can burn the calories from the turkey feast with two-hour ride traveling over flats, climbing hills and sprinting through the wind. This event is open to all eligible patrons. For more information, call 471-2019.
- Spearfishing Excursion will begin at 9 a.m. Nov. 26 at the Outdoor Recreation at the Hickam Harbor. Must have taken the Learn to Spearfish course to participate, as the skills needed for this activity can be moderate to difficult. The cost is \$20, and the deadline to sign up is Nov. 24. For more information, call 449-5215.

NOVEMBER — DECEMBER

HO'OKELE
PEARL HARBOR - HICKAMCOMMUNITY
CALENDAR

NHCH CLOSING EARLY TODAY TODAY — Naval Health Clinic Hawaii (NHCH) will conduct normal operations from 7:30 to 11 a.m. today, Nov. 18. Starting at 11 a.m. all NHCH operations will be closed to include all medical/dental facilities at Makalapa, Camp Smith, Wahiawa, Marine Corps Base Hawaii Kaneohe Bay and Pearl Harbor Naval Shipyard clinics. The call center, pharmacy, laboratory and radiology will not be available. Providers are attending required training. All clinics will be open for regular business hours on Monday, Nov. 21. For NHCH hours of operation, visit the website at www.med.navy.mil/sites/nhch.

TOYS FOR TOTS DRIVE NOW — Now through Dec. 16, the Pearl Harbor Navy Exchange (NEX) and the Marine Corps will be accepting donations on behalf of Toys for Tots to give gifts to children in need during the holiday season. Customers can drop new, unwrapped toys in collection boxes at the NEX Aloha Center concierge desk in the mall rotunda. FMI: call 423-3287 or email Stephanie.Lau@nexweb.org.

BEACH CLEANUPS NOV. 19, 26 — Upcoming volunteer beach cleanup opportunities have been planned. A beach cleanup is planned from 9 to 11 a.m. Nov. 19 at Nimitz Beach. In addition, a cleanup will be held from 9 to 11:30 a.m. Nov. 26 at Mokuleia Beach. There are 20 volunteers being sought for each event. Participants should dress to get dirty and wear closed-toed shoes. They should also bring their own water bottle and sunscreen. The insurance waiver and volunteer information form is available at <https://www.808cleanups.org/volunteer-info-form/>. FMI: Petty Officer 1st Class Frank Vasquez at 492-0973 or email franklyn.vasquez@navy.mil.

VOLUNTEER ENVIRONMENTAL PROJECT NOV. 19 — A Hawaii Army National Guard (HIARNG) National Public Lands Day volunteer environmental project will be held from 8 a.m. to 1 p.m. at Bellows Air Force Station Pu'ewai wetlands and burial vault. Volunteers will remove invasive plants, spread mulch and plant Native Hawaiian plants. An orientation will teach about

cultural history. Volunteers should bring sunblock, a re-usable water bottle, gloves and lunch. All other tools will be provided. Volunteers can receive a native plant as a gift. FMI: RSVP to Craig Gorsuch at 927-1867 or email craig.gorsuch.ctr@us.af.mil.

SURVIVING THE HOLIDAYS FINANCIALLY

NOV. 21 — A class on surviving the holidays financially will be held from 1:30 to 3 p.m. at Military and Family Support Center Pearl Harbor. The class will include tips on how to develop a spending plan for a less stressful holiday season. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

ASIST TRAINING NOV. 21, 22 — Applied Suicide Intervention Skills Training (ASIST) will be held from 8 a.m. to 4 p.m. over two days at Military and Family Support Center Pearl Harbor. This is an interactive 15-hour workshop where attendees can learn skills to identify those at risk of suicide, how to listen to and care for them, and link them to appropriate resources. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

ANGER MANAGEMENT CLASS NOV. 22 — A class on anger management will be held from 8 to 11 a.m. at Military and Family Support Center Pearl Harbor. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

KEY SPOUSE TRAINING NOV. 22 — Key spouse initial training will be held from 8 a.m. to 12:30 p.m. at Military and Family Support Center Hickam. The training is open to all appointed U.S. Air Force key spouses, commanders and first sergeants. The training is an opportunity to network with other key spouses and mentors and discover community resources for disaster preparedness, relocation and more. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

POSITIVE PARENTING NOV. 22 — A class on positive parenting skills will be held from 1 to 3 p.m. at Military and Family Support Center Pearl Harbor. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

MILLION DOLLAR SAILOR/AIRMAN

NOV. 22, 23 — The two-day Million Dollar Sailor/Airman class will be held from 7:30 a.m. to 3:30 p.m. at Military and Family Support Center Pearl

Harbor. The class is designed for junior Navy and Air Force personnel who will learn about proper budgeting techniques, credit management, savings and investing and other financial matters. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule or 474-1999.

NAVY LEAGUE AWARDS LUNCHEON

DEC. 1 — The Honolulu Council Navy League will hold an awards luncheon from 11:30 a.m. to 1:30 p.m. at the Ala Moana Hotel Hibiscus Ballroom. The Navy League will announce the grand award winners at the luncheon. Invitations and congratulatory letters have been sent out to all award recipients at their duty station address. As sponsored guests of the Navy League, award recipients will receive seating reservations for themselves and one guest. For all others, tickets are \$50 per person. Uniform for Navy personnel will be summer whites for E-7 and above and Navy service uniform for E-6 and below, blue delta for Marine Corps personnel and tropical blue for Coast Guard personnel. To RSVP, contact the Navy League at 422-9404 by Nov. 23.

PACIFIC FLEET BAND PERFORMANCE

DEC. 9 — The U.S. Pacific Fleet Band, stationed at Joint Base Pearl Harbor-Hickam, will perform a free public concert at 7 p.m. at the Hale Koa Hotel luau garden in Waikiki. Under the direction of Lt. Kelly L. Cartwright, fleet bandmaster, they will provide music from a variety of genres, including the world premiere of a newly commissioned work by Brett Abigana, to commemorate the 75th anniversary of the attack on Pearl Harbor. FMI: 474-3693.

BREAKFAST WITH SANTA DEC. 10 — The annual Breakfast with Santa will be held from 8 to 9 a.m. at the Pearl Harbor Navy Exchange food court lanai. The event will include glitter tattoos, balloon art, holiday card-making for the family and prizes. In addition, the event will include holiday arts and crafts, a pancake and bacon breakfast, goodie bags and a framed photo with Santa. The cost of the event is \$12 for children and \$8 for adults. It is open to authorized patrons only. FMI: 423-3287.

MOVIE
SHOWTIMES**DEEPWATER HORIZON**

On April 20, 2010, one of the world's largest disasters of the decade occurred on the Deepwater Horizon in the Gulf of Mexico. This story honors the brave men and women whose heroism would save many on board, and change everyone's lives forever.

SHARKEY THEATER**TODAY — NOV. 18**

7:00 PM Jack Reacher: Never Go Back (PG-13)

SATURDAY — NOV. 19

2:30 PM Miss Peregrine's Home For Peculiar Children (3-D) (PG-13)

5:10 PM Boo! A Madea Halloween (PG-13)

7:30 PM Deepwater Horizon (PG-13)

SUNDAY — NOV. 20

2:30 PM Middle School: The Worst Years of My Life (PG)

4:30 PM Jack Reacher: Never Go Back (PG-13)

7:00 PM The Birth of a Nation (R)

HICKAM MEMORIAL THEATER**TODAY — NOV. 18**

7:00 PM Ouija: Origin of Evil (PG-13)

SATURDAY — NOV. 19

3:00 PM Boo! A Madea Halloween (PG-13)

6:00 PM Kevin Hart: What Now? (R)

SUNDAY — NOV. 20

3:00 PM Boo! A Madea Halloween (PG-13)

Hickam children celebrate Arbor Day

Story and photo by Hickam Communities

More than 100 kindergarteners from Hickam Elementary School and preschoolers from Hickam Pre-K Coop celebrated Arbor Day Nov. 4 at Hickam Communities Aloha Aina Park. The students joined Joint Base Pearl Harbor-Hickam (JBPHH) deputy commander Col. Richard L. Smith, Hickam Communities project director Jacquelin “Kiki” Villanueva, Naval Facilities Engineering Command (NAVFAC) Hawaii landscape architect Matt Flach, and others from the Joint Base community.

Smith led a reading of the Arbor Day proclamation, which reaffirms JBPHH’s commitment to the stewardship of its urban tree canopy and maintains the base’s status as a Tree City USA. This year marks the 17th year Hickam has been recognized by the Arbor Day Foundation as a community dedicated to a healthy, sustainable urban forestry program.

“It’s truly wonderful to be part of a community and work alongside leadership that prides themselves on caring for its neighborhoods and provides shared green spaces residents and visitors can enjoy,” said Kiki Villanueva, Hickam Communities project director.

Following the proclamation, students picked up their shovels and helped plant two Smooth Kou trees, an indigenous tree, and a Kamani tree that’s believed to have been introduced by early Hawaiians who carved the wood for bowls, food trays and canoes. The Kou trees will provide park-goers a shade canopy as wide as 25-30 feet and produce orange flowers year round. The Kamani tree has shiny dark green leaves, fragrant white flowers, and round ball fruits.

“We’re excited to add more trees to our footprint and look forward to caring for them so families can enjoy them for years to come,” Villanueva said.



Col. Richard L. Smith, JPBHH deputy commander, helps students plant trees for Arbor Day at Aloha Aina Park, Joint Base Pearl Harbor-Hickam.

Bakers, other volunteers sought for JBPHH Cookie Caper

Joint Base Pearl Harbor-Hickam Public Affairs

The holidays are just around the corner and that means that it is time for the annual Joint Base Pearl Harbor-Hickam (JBPHH) Cookie Caper.

This cookie drive will provide homemade cookies to single service members who live in the barracks or off base, and who are deployed.

On Dec. 15, about 1,200 dozen cookies will be collected, bagged, and distributed, so help is being sought.

Organizers of the event are requesting many people to bake several dozen cookies. They also need volunteers to help collect and bag cookies. This year’s cookie drive will be at the Makai Recreation Center, 1859 McChord St., JBPHH.

Include in your correspondence how many

dozens of cookies you will bake/bring, types of cookies, your email address and your phone number.

Bakers are asked to package their cookies three per baggie. Organizers are asking for a variety of different cookie types, such as sugar, oatmeal, peanut butter or shortbread, but no basic chocolate chip or frosted cookies. Please remember to label cookies containing nuts.

Volunteers are needed on Dec. 15, for one of the following or all shifts: 6 to 6:30 a.m. (set up),

6:30 to 8:30 a.m., 8:30 to 10:30 a.m. or 10:30 a.m. to 12:30 p.m. (cookie reception, sorting and bagging), and 12:30 to 2 p.m. (clean up).

Cookies can also be dropped off the night before from 6 to 7 p.m. Dec. 14 at the Makai Recreation Center.

Those who are interested in baking cookies, volunteering in the distribution center or helping in some other way, can sign-up at <http://signup.com/go/pfMhH3> or email Cookiecaper-hickam@gmail.com



Naval Health Clinic Hawaii to close at 11 a.m. today

Naval Health Clinic Hawaii (NHCH) will conduct normal operations from 7:30 to 11 a.m. today, Nov. 18. Starting at 11 a.m. all NHCH operations will be closed to include all medical/dental facilities at Makalapa, Camp Smith, Wahiawa, Marine Corps Base Hawaii Kaneohe Bay and Pearl Harbor Naval Shipyard clinics. The call center, pharmacy, laboratory and radiology will not be available. Providers are attending required training to ensure delivery of the best and most current patient care.

All clinics will be open for regular business hours on Monday, Nov. 21. For NHCH hours of operation, visit the website at <http://www.med.navy.mil/sites/nhch>.

Beneficiaries can speak to a nurse any time 24/7 by calling the toll-free TRICARE “Nurse Advice Line” at 1-800-874-2273, option 1. To book an appointment on line, visit www.tricareonline.com. The Schofield Barracks Acute Care Clinic (ACC) is open from 7 a.m. to 6:30 p.m. for walk-ins only, except Thursdays from 8:30 a.m. to 6:30 p.m. The ACC can be reached at 433-8850. When Schofield ACC is closed, Tripler Army Medical Center (TAMC) has an urgent care clinic called “Quick Care” located in the TAMC Emergency Room that is open 24/7.

For emergencies, dial 911 or go to TAMC. For active duty dental emergencies, dial 864-4705.

Upcoming blood drives



Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP). Dates and locations are updated regularly online as new drives are scheduled. Donors are encouraged to schedule an appointment online, call to make an appointment, and check www.militaryblood.dod.mil for the latest information.

Currently scheduled drives include:

- Nov. 28, 9 a.m. to 1 p.m., Pollock Theatre, Camp Smith
- Nov. 30 and Dec. 12, 9 a.m. to 1 p.m., 3rd Radio Battalion, Marine Corp Base Hawaii
- Dec. 12, 9 a.m. to 1 p.m., Aloha Conference Center, Joint Base Pearl Harbor-Hickam
- Dec. 21, 9 a.m. to 1 p.m., oceanside lobby entrance, Tripler Army Medical Center
- Dec. 27, 9 a.m. to 1 p.m., Makalapa Clinic, Joint Base Pearl Harbor-Hickam

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

Free tickets available to tennis tournament on Nov. 21

Free grounds passes to the Hawaii Open tennis tournament at the Patsy T. Mink Central Oahu Regional Park will be offered to current and retired service members with a valid military ID on Military Appreciation Day, Nov. 21.

Kid’s Day is Nov. 22, when children 12 and under will receive free grounds passes. The Hawaii Open is the only Women’s Tennis Association (WTA) tournament held after the U.S. Open in the United States and the only tournament

held during Thanksgiving Week. It is the first WTA tournament held on Oahu. Wimbledon finalist Sabine Lisicki, Shuai Zhang, Nicole Gibbs, Daniela Hantuchova, and other top-ranked WTA players will join rising WTA

athletes such as American favorites CiCi Bellis and Ingrid Neel to include a 32-player singles main draw, an eight-player qualifying draw and an eight-team doubles draw. The Hawaii Open has partnered with local nonprofit Hawaii Food-

bank. The tournament will serve as a drop-off location for donations throughout the week of Thanksgiving. For more information about the 2016 Hawaii Open and to purchase tickets, visit www.hawaiitennisopen.com.

Fall fair features arts, crafts and more



MWR Marketing photos by Justin Hirai
Patrons and vendors gathered on the lawn of the Joint Base Pearl Harbor-Hickam Hickam Arts & Crafts Center for the 41st annual Fall Craft Fair, Nov. 12. The Joint Base Morale, Welfare and Recreation event featured more than 130 booths of handmade arts and crafts, pony rides, make-n-takes, wood and pottery demonstrations, entertainment, archery lessons and food.



Air Force Spouse 101 to be held Dec. 15

Air Force Spouse 101: Heart Link spouses orientation will be held from 7:45 a.m. to 2 p.m. Dec. 15 at Military and Family Support Center Hickam. The program is designed as a fun and informative seminar to increase awareness of the Air Force mission, customs, traditions and available on- and off-base resources and services. With advance notice, free child care may be arranged. Lunch will be provided in the Hale Aina Dining Facility. Note that shoulders must be covered in this facility. Those interested need to RSVP by Dec. 12 at mfschawaii@navy.mil. Participants need to register by Dec. 8 if they are requesting child care.

Hawaii Exchange to open at 4 a.m. Black Friday

Army & Air Force Exchange Service Public Affairs

The Hawaii Exchange is putting family first this Thanksgiving as it opens Schofield Main Store and Hickam Main store doors at 4 a.m. on Black Friday. The Schofield and Hickam Main Stores open on Saturday at 8 a.m. and will return to normal operating hours Sunday. Shoppers can also log on to shopmyexchange.com starting at 5 a.m. Eastern Standard Time Thanksgiving Day to get a head start. “The Army & Air Force Exchange Service is family serving family—85 percent of our associates share a connection with the military,” Robert Rice, general manager, said. “By holding fire until Black Friday, the Exchange team and those we serve can enjoy Thanksgiving with their friends and family.”



TO SUBMIT YOUR STORY IDEAS:
Call 808-473-2890
or email editor@hookelenews.com