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# “Navigator” HO'OKELE

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

November 11, 2016

[www.cnmc.navy.mil/hawaii](http://www.cnmc.navy.mil/hawaii) [www.hookelenews.com](http://www.hookelenews.com)

Volume 7 Issue 44



VETERANS DAY

## Events today commemorate Veterans Day

- A Veterans Day ceremony will be held at 10 a.m. today at the National Memorial Cemetery of the Pacific (Punchbowl.)

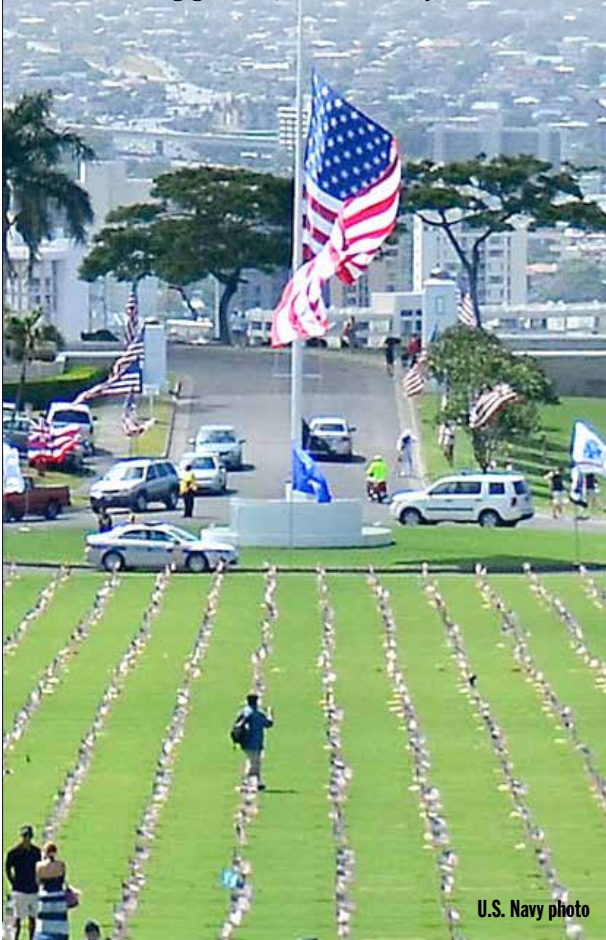
- A Bowfin Base U.S. Submarine Veterans organization Veterans Day ceremony will be held at 11 a.m. at the USS Parche Submarine Memorial, Joint Base Pearl Harbor-Hickam. Rear Adm. Frederick Roegge, commander, Submarine Force U.S. Pacific Fleet, is scheduled to be the keynote speaker.

- A Veterans Day ceremony will be held at 1 p.m. at the Hawaii State Veterans Cemetery in Kaneohe.

- In honor of Veteran's Day, Medal of Honor recipient Capt. Roger Donlon of the U.S. Army will be at the Pearl Harbor Navy Exchange mall heritage wall from 11 a.m. to 1 p.m. Donlon will meet with, and sign autographs for, authorized patrons. Donlon has been honored for conspicuous gallantry and intrepidity at the risk of his life above and beyond the call of duty while defending a U.S. military installation against a fierce attack by hostile forces. Donlon served as the commanding officer of the U.S. Army Special Forces Detachment A-726 at Camp Nam Dong in Vietnam.

- A free sunset ceremony in honor of Veterans Day will be held on the Battleship Missouri Memorial fantail from 4:30 to 5:30 p.m. This year's ceremony will pay special tribute to the Filipino veterans of World War II. Veteran Domingo Los Banos of the 1st Filipino Infantry Regiment will be the guest speaker. U.S. Sen. Mazie Hirono will deliver the keynote address. USS Missouri Memorial Association board member Vince Barfield will provide opening remarks. Attendance is open to the public. Complimentary round-trip shuttle service will be offered from the Pearl Harbor Visitor Center beginning at 3:30 p.m. For more information, visit [www.USSMissouri.org](http://www.USSMissouri.org) or call 1-877-644-4896.

- The Wahiawa Lions Club will hold its 70th annual Veterans Day Parade beginning at 10 a.m. in Wahiawa. The theme of this year's parade is "Respecting Our Veterans." Best marching units will receive trophies. The parade starts from Kaala Elementary School at 130 California Ave., and proceeds up California Avenue to the Wahiawa District Park where ceremonies honoring veterans will take place. The featured speaker is Maj. Gen. Christopher G. Cavoli, commanding general, 25th Infantry Division.



U.S. Navy photo

## Armed Forces Classic honors 75th Pearl Harbor anniversary

The Armed Forces Classic switches venues annually to different military bases throughout the world. 2016 marks the Fifth Annual Armed Forces Classic and is being held in Hawaii to honor the Navy and the 75th anniversary of the attack on Pearl Harbor.



(Above) University of Indiana Hoosiers men's basketball team practices at Joint Base Pearl Harbor-Hickam, Nov. 9.

U.S. Navy photo by Petty Officer 2nd Class Laurie Dexter

(Right) Pete Dervis, senior vice president of ESPN events, hands a replica of the 2016 Armed Forces Classic trophy to U.S. Air Force Col. Renzy Smith, deputy commander of Joint Base Pearl Harbor-Hickam, at the Historic Hickam Officers' Club, Nov. 9.

U.S. Navy photo by Petty Officer 2nd Class Somers Steelman

## Transportation for Armed Forces Classic ticket holders available

### Joint Base Pearl Harbor-Hickam Public Affairs

Bus transportation from Bloch Arena at Joint Base Pearl Harbor-Hickam to the Stan Sheriff Center for the ESPN Armed Forces Classic on Nov. 11 is available for ticket holders only.

Service members in uniform will get head-of-the-line privileges for themselves and their immediate family members attending with them. All must have tickets in

hand. Tickets will also be required for the return trip.

Buses depart Bloch Arena at noon on Friday.

Important information for game day

### Game day schedule:

- Parking structure opens at 9 a.m.
- Box office opens at noon
- Arena opens at 12:30 p.m.
- Michigan State vs. Arizona at 2 p.m.
- Kansas vs. Indiana at 4 p.m.

### Bag check and security policy:

To provide a safe environment for fans, there will be bag checks at the gate entrances. Fans are strongly encouraged to not bring any type of bags. All people/bags are subject to search at all times, on or in the parking lots, shuttles and on arena properties.

Due to the bag checks, please plan accordingly and arrive at least 20 minutes earlier than your nor-

TRANSPORTATION > A2

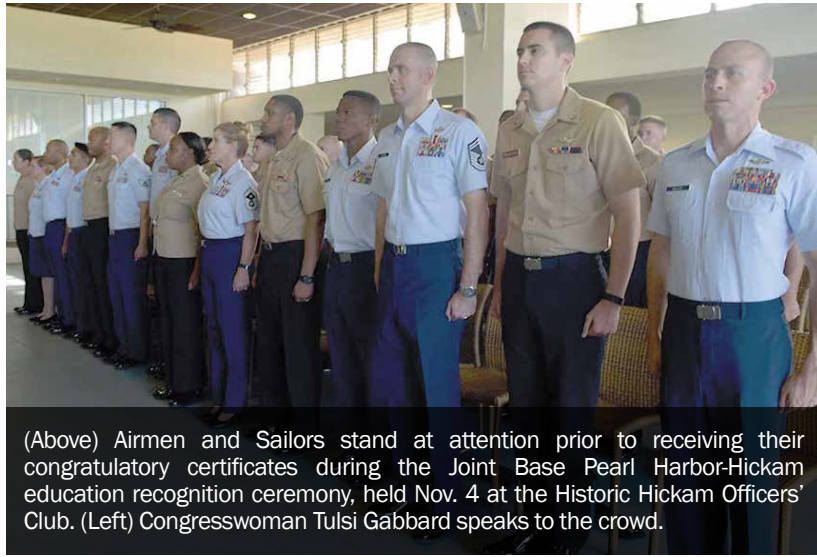
## JBPHH holds inaugural education recognition ceremony

Story and photos by  
Staff Sgt. Christopher Stoltz

Joint Base Pearl Harbor-Hickam  
Public Affairs

Obtaining a degree is hard work. Although obtaining an associates or bachelor's degree requires approximately 60 to 120 credit-hours, respectively, the numerical value does not necessarily reflect the time and effort that goes into obtaining a degree.

In celebration of this effort, Joint Base Pearl Harbor-Hickam (JBPHH) held its first joint-recognition ceremony at the Historic Hickam Officers' Club on Nov. 4, highlighting the achievements of



(Above) Airmen and Sailors stand at attention prior to receiving their congratulatory certificates during the Joint Base Pearl Harbor-Hickam education recognition ceremony, held Nov. 4 at the Historic Hickam Officers' Club. (Left) Congresswoman Tulsi Gabbard speaks to the crowd.

Sailors and Airmen alike in their pursuit of higher education.

Although the Navy and Air Force hold individual ceremonies recognizing their Sailors and Airmen, this marks the first time the event was held in a joint capacity.

On hand at the event were nearly 60 graduates, varying from associate's degrees in criminal justice to bachel-

lor's degrees in social work and accounting. Families and co-workers alike flooded the lanai at the Officers' Club to celebrate.

Congresswoman Tulsi Gabbard was present at the ceremony and provided some words of congratula-

tions to those who attended the event.

"I know how challenging it can be to further your education while giving 100 percent to your career," she said.

"There were countless times during my deployment where it would be near impossible to find a free computer to complete my assignments. I applaud every one of you, I have been there—and I can relate to the challenges you all have overcome."

Col. Richard Smith, JBPHH vice commander, thanked and congratulated every service member who received their degree but challenged them to continue the path toward higher education.

"I'm sure for many of you, your families and loved ones are just as glad as you are to be finished with your respective degrees," he said.

"However, I challenge you to keep pushing, to keep moving forward in the endless pursuit of education. You all are capable of greatness—I can't wait to see what you all do in the future."





*Editor's Corner*  
**Anna Marie G. General**  
*Managing Editor, Ho'okele*

November is a time to honor and thank military veterans who have served or are serving in the United States Armed Forces. As we commemorate Veterans Day, we will begin a “Veterans Talk Story” section which will feature heartwarming stories about local veterans in Hawaii. Throughout our upcoming editions, we will continue to recognize the contributions and sacrifices they have made for our country.

Throughout November, our stories will also feature topics related to different themes observed this month. Some of the themes include National American Indian Heritage Month, Warrior Care Month and Military Family Month. In this edition, Navy Region Hawaii and Joint Base Pearl Harbor-Hickam recently held its annual Makahiki celebration to give service members and their families the opportunity to experience a traditional Hawaiian ceremony. (Turn to page B-1 to read the full story). You will also find stories on homecomings, ribbon cutting ceremonies for new facilities on base, Department of Defense Warrior Games, Navy policy guidance and more. As the holidays are fast approaching, MWR (Morale, Welfare and Recreation) will be hosting several Thanksgiving events to look forward to

(See page B-4). Following Thanksgiving, we will be commemorating the 75th Pearl Harbor Remembrance Day Anniversary at Joint Base Pearl Harbor-Hickam on Dec. 7. This year's theme is “Honoring the Past, Inspiring the Future.” Additional events to commemorate the anniversary will also take place around Hawaii. Visit <http://pearlharbor75thanniversary.com/> for the full schedule of events.

## Veterans Talk Story: Alphonso Braggs

### African American veteran shares Navy history, gives back to community

**Story and photo by Brandon Bosworth**  
*Assistant editor, Ho'okele*



On Nov. 12, Braggs will participate in a ceremony at Washington Place, Honolulu, in which Dr. Ernest James Harris Jr. will receive a Congressional Gold Medal. Harris was one of the Montford Point Marines, the first African Americans to serve in the United States Marine Corps.



Alphonso Braggs (right) is sworn in by Rear Adm. Daniel Cooper during Braggs' reenlistment ceremony held in the Secretary of the Navy's office at the Pentagon in 1984.

Navy veteran Alphonso Braggs has a history of service stretching back more than four decades. “Since I was 12 years old I have been involved in the political process and community building,” he said. Growing up in Wilmington, North Carolina, Braggs served three consecutive terms on the city council as a youth member. His interest in politics and the law made him consider attending law school. However, he also had another strong passion: The U.S. Navy. “My interest in the Navy came from the old movies I watched as a kid,” Braggs said. “It came down to either law school or the Navy.” On a winter morning in 1977 Braggs made the decision, walked across town to the recruiter's office and joined the Navy, where he would serve for 26 years. “When I joined I never thought of not making it a career,” he said. “My first assignment was at the Pentagon, and I was extremely excited by the job. The Navy gave me the opportunity to give back as a citizen and to be an effective mentor.” Braggs mentored many young Sailors over the years, and mentoring remains

something very close to his heart. He appreciated that he can have a positive impact on people and their development. “I was mentored as a kid by individuals in the community, at church and in school,” he said. “My family emphasizes ‘paying it forward.’ Now I don't know what I would do if I couldn't mentor others.” During his naval career, Braggs witnessed the Navy grow and transform as more doors opened for minority Sailors.

“When I joined in 1977, there were very few African Americans in the Navy, particularly aboard ships,” he said. “When I was on my first ship there were less than 10 African Americans out of a crew of 150. From then until my retirement in 2004 I saw the numbers of African Americans increase as well as the types of fields they were in. It used to be rare to see African Americans in the engineering department of a submarine. Now they are there quite often.” Braggs' final duty station was at Joint Base Pearl Harbor-Hickam (JBPHH) aboard USS Honolulu (SSN-718). Upon retirement he remained in Hawaii and now works as a management analyst for the JBPHH security department. As always, community service and mentoring remain priorities. Braggs is president of the Honolulu-Hawaii National Association for the Advancement of Colored People (NAACP) as well as a life coach and facilitator for the Women's Empowerment Program at Oahu Women's Correctional Center. He sees his work with prisoners as one more facet of his commitment to the community. “I'm a social justice advocate,” he said. “I truly believe people can transform and that we can participate in their reacclimation to society.”

## JBPHH opens new barracks in honor of MOH recipient

**Story and photos by Staff Sgt. Christopher Stoltz**  
*Joint Base Pearl Harbor-Hickam Public Affairs*



(Above) Col. Richard Smith, vice commander, JBPHH (center), along with Chief Master Sgt. Michael Andrews, senior enlisted leader, JBPHH, and CMSgt. Jerry Williams Jr., command chief, 15th Wing, cut a ceremonial ribbon.

More than 100 Airmen will now have a new place to call home at Joint Base Pearl Harbor-Hickam (JBPHH). JBPHH hosted a ceremonial ribbon cutting to celebrate the completion of the four-year restoration project and the unveiling of their newest dormitory – Smith Hall, Nov. 7. The new facility is dedicated in honor of Medal of Honor recipient U.S. Army Sgt. Maynard H. Smith, the first enlisted Airman to ever receive a Medal of Honor in any war. Smith Hall marks the third (completed) renovated barracks since Joint Basing, and was originally constructed in 1974. During the dedication ceremony, Col. Richard Smith, JBPHH Vice Commander along with Chief Master Sgt. Michael Andrews, JBPHH Command Chief, were in attendance. “In the Navy, ships and

submarines are named after states, Sailors and Admirals,” said Col. Richard Smith, vice commander, JBPHH. “In the Air Force, it is tradition that dormitories are named after recipients of either the Medal

of Honor or the Air Force Cross.” According to Col. Smith, Sgt. Smith was considered an unlikely hero. “Sgt. Smith was called ‘Snuffy’ for his gruff and stubborn demeanor,” Col. Smith said. “He joined

the Air Force to actually avoid jail time. However, in 1943, the B-17 gunner displayed heroic acts of combat after his plane was struck by enemy fire.” Col. Smith said while many parachuted out, the sergeant stayed behind to extinguish fires, unload ammunition and tend to the wounded, allowing the captain of the aircraft to safely land the plane. This led to “Snuffy” saving the lives of seven crewmembers. A plaque with this story

resides in the main lounge area of Smith Hall, allowing future residents to learn his story. However, the building is already starting to host Airmen, and some were present at the ceremony. “Compared to my last dwelling, this place is amazing,” said Airman 1st Class Jesse Kapugi, C-17 ammo troop, 15th Aircraft Maintenance Squadron. “Unlike the last building I was staying in, each floor has its own kitchen. This is nice because if someone wanted to make something beyond a frozen meal, they have the means to do so in this new facility – and they won't have to fight others for the space to do it.” Kapugi said the facility is amazing, but loves learning about each facility on JBPHH and what stories are behind their namesake. “Every building you go to has an interesting and insightful heritage,” he said. “It just happens that I am living in one of the most interesting (and nicest) ones on our base.”

## Transportation from Bloch Arena to Stan Sheriff Center

### CONTINUED FROM < A1

mal arrival time. Your patience and assistance is appreciated while the process is worked through in order to keep the Stan Sheriff Center a safe environment for all guests. **Arena entrance** Gate A: General public entrance Gate B: Military entrance **Prohibited** For the safety and comfort of all guests, the following items are not allowed in the venue:

- Alcohol
- Beverage containers (such as flasks)
- Coolers
- Draping feet on/over seats
- Helium balloons
- Large bags
- Laser lights
- Noise makers (such as air-horns)
- Outside food and beverages
- Pets
- Sitting in the aisle/walkway
- Smoking
- Strollers and baby carriers
- Telephoto camera lens (Exceeding 4 inches)
- Tripod or monopod extended to floor
- Umbrellas
- Weapons

Shirts and footwear are required within the Stan Sheriff Center. ESPN reserves the right to refuse admission to anyone at any time. This is a non-smoking event. Please refrain from smoking in all public areas. Drug and marijuana use is also prohibited. The sale and consumption of alcohol is restricted to designated areas and times. Tailgating and camping are not permitted. Large posters and banners must be inspected by security before being allowed in the venue. ESPN reserves the right to refuse admission of signage. Sticks or poles

to hold flags/banners are not permitted. Commercial photography or videography is strictly prohibited. Failure to comply will result in ejection and/or loss of credential/ticket. Specifically, the following equipment is not permitted: Lenses greater than four inches in length, telephoto or zoom lenses of any kind, interchangeable lenses of any kind, monopods or tripods or flash equipment of any kind. All wireless equipment must be cleared by ESPN. ESPN is not responsible for lost, stolen or damaged goods.



# Diverse VIEWS



## Which veteran has had the most influence on you?



**Senior Airman Joseph Drago**  
647th Security Forces Squadron

"The veteran that has been the most influential to me would be my friend and brother Toby Montoya. His dedication and sacrifice while in the military and outside has given me the strength to push through the hard times. I wouldn't be where I am in life without him."

**Petty Officer 3rd Class Russell Bouscher**  
Naval Health Clinic Hawaii



"My uncle is the most influential veteran in my life. He always approached everything in life with a certain sense of calm and collectedness that I try to emulate."



**Master Sgt. William Murphy**  
HQ PACAF

"The veteran that most influenced me will always be my father, who passed away while on active duty. Even before that, he inspired me to join the Air Force as I watched him grow throughout his career. He laid the foundation for me and I will always strive to be the man he would want me to be and as I pass those traits along to my son."

**Seaman Mikayla Byerley**  
Naval Health Clinic Hawaii



"The most influential veteran in my life would have to be my friend Petty Officer 2nd Class Mosher. He helps me with any obstacles I may come across and guides me through."



**Mark Shertzer**  
15th Operations Support Squadron

"The veteran that has most influenced me is my wife, Bertha Villanueva-Shertzer. She has shown me how to overcome disabilities she deals with from her service, and has used her experience to better herself and move on with her life and succeed in every endeavor she faces."

**Petty Officer 3rd Class Peter Rodriguez**  
JBPHH



"I would say my grandfather is the most influential veteran in my life. He was a salty Sailor and volunteered for the draft. He was an excellent role model and made a huge impact on my life."



**Melissa A. Valdez**  
PACAF

"The veteran that has most influenced my life is my oldest brother, retired Master Sgt. Larry J. Mack. He not only helped shape my attitude, behaviors and morals as an older brother, but he also made a huge impact on my Air Force career. He has always been behind me, in the shadows, ready to help when needed. I would never have joined the Air Force without his influence. When I was in basic training, he was stationed at Lackland and he met me at church every Sunday to talk, worship (mostly talk), and help raise my mood for the coming week. Throughout life it has been the same way. He is always there. Thank you Bro!"

*Provided by Staff Sgt. Christopher Stoltz and David D. Underwood Jr.*

*Want to see your command featured in Diverse Views?  
Got opinions to share?*

**Drop us a line at [editor@hookelenews.com](mailto:editor@hookelenews.com)**

### Commentary

## Saluting veterans for their service to our nation

**Barack Obama**

*President of the United States*



America has long stood as a beacon of hope and opportunity, and few embody that spirit here at home and beyond our borders more than the members of our armed forces.

Soldiers, Sailors, Airmen, Marines, and Coast Guardsmen are part of an unbroken chain of brave patriots who have served our country with honor and made tremendous sacrifices so that we may live free.

On Veterans Day, we salute the women and men who have proudly worn the uniform of the United States of America and the families who have served alongside them, and we affirm our sacred duty as citizens to express our enduring gratitude, both in words and in actions, for their service.

Our country has the

best-trained and best-equipped military force in the world, and we need to make sure we have the most supported and respected veterans in the world.

We are a nation that leaves no one behind, and my administration has made historic investments to provide veterans access to the resources and education they need to share in our nation's promise when they return home.

Partnering with community leaders across America, First Lady Michelle Obama and Dr. Jill Biden's Joining Forces initiative works to ensure our country's heroes can thrive by combatting veteran homelessness, promoting their emotional well-being, and advancing employment training and placement—and we have made great progress.

Today, the unemployment rate for veterans is lower than the national average, and veteran homelessness has been nearly cut in half since 2010.

We also recognize that some of these courageous men and women have faced and overcome profound challenges, both physically and emotionally, in defense of our freedom. We must continue to provide high quality health care to our veterans and make sure they have the support they have earned and deserve.

The example our nation's veterans set throughout their lives is a testament to the drive and perseverance that define the American character. Let us uphold our obligations to these heroic individuals and never forget those who paid the ultimate price for our liberty.

On this day and throughout the year, may we sustain their lasting contributions to our nation's progress and carry forward their legacy by building a future that is stronger, safer, and freer for all.

With respect for, and in recognition of, the contributions our service members have made to the cause of peace and freedom around the world, the Congress has provided (5 U.S.C. 6103(a)) that Nov. 11 of each year shall be set aside as a legal public holiday to honor our nation's veterans.

## History of Veterans Day dates to 1919

Veterans Day in the United States has a distinguished history dating back to World War I, according to the U.S. Department of Veterans Affairs Office of Public and Intergovernmental Affairs website <http://www.va.gov/opa/vetsday/vetdayhistory.asp>.

Fighting in World War I ceased when an armistice, or temporary cessation of hostilities, between the Allied nations and Germany went into effect on the 11th hour of the 11th day of the 11th month.

In Nov. 1919, President Woodrow Wilson proclaimed Nov. 11 as the first commemoration of Armistice Day. The United States Congress officially recognized the end of World War I when it passed a concurrent resolution on June 4, 1926.

Armistice Day was primarily a day set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of Soldiers, Sailors, Marines and Airmen in the nation's history, and after American forces had fought aggression in Korea, the 83rd Congress, at the urging of veterans' service organizations, amended the act of 1938 by striking out the word "armistice" and inserting



Photo courtesy of [www.va.gov](http://www.va.gov)

President Eisenhower signing HR7786, changing Armistice Day to Veterans Day.

in its place the word "veterans."

With the approval of this legislation on June 1, 1954, November 11 became a day to honor American veterans of all wars.

Later that same year, on Oct. 8, President Dwight D. Eisenhower issued the first Veterans Day proclamation.

A Uniform Holiday Bill

was signed on June 28, 1968, which changed the date of the holiday in an effort to encourage travel and recreational activities and stimulate industrial/commercial production. The first Veterans Day under the new law was observed with much confusion on Oct. 25, 1971, according to the VA.

Later, on Sept. 20, 1975, President Gerald

R. Ford signed a law returning the annual observance of Veterans Day to its original date of Nov. 11, beginning in 1978, in support of the desires of most state legislatures and major veterans service organizations.

Veterans Day continues to be observed on Nov. 11, regardless of what day of the week on which it falls.

## Native American admiral commanded Yorktown

Adm. Joseph James Clark, of Cherokee descent, was the first Native American graduate of the Naval Academy. Among his accomplishments, he commanded the carrier Yorktown from April 1943 to February 1944 in many World War II operations, and received the Silver Star Medal for conspicuous gallantry. November is National Native American Heritage Month.

U.S. Navy photo



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# Naval medical, dental clinic breaks ground at MCBH

**Story and photo by  
Petty Officer 2nd Class  
Katarzyna Kobiljak**

*Navy Public Affairs Support Element Detachment Hawaii*

Navy, Marine Corps, Department of Defense personnel, contractors and civilian guests attended a groundbreaking ceremony for a Naval Medical and Dental Replacement Clinic at Marine Corps Base Hawaii Nov. 8.

“What today represents is a commitment by our government and by the taxpayers to raise the bar for the share that we are able to deliver to the Marine Corps and the Navy members and our partners in the Air Force and the Army,” said guest speaker Rear Adm. Bruce Gillingham, Medical Corps, Commander, Navy Medicine West. “That commitment will be symbolized by this facility but it is important to recognize that as beautiful as this facility will be, it will only be meeting the standards that are already delivered.”

The new 96,870 square foot medical and dental clinic will provide Navy Medicine and Marine Forces medical staff a world-class Joint Commission-certified facility to care for active duty service members, their families, and retirees. The facility will house



Rear Adm. Bruce Gillingham, Medical Corps, U.S. Navy director for Administration, Naval Health Clinic Hawaii, delivers opening remarks during a groundbreaking ceremony for Naval Medical and Dental Replacement Clinic at Marine Corps Base Hawaii (MCBH), Nov. 3.

primary care, physical therapy, optometry, radiology, immunization, occupational health, preventive medicine, audiology, and behavioral health clinics in addition to a laboratory, pharmacy, and training area. The facility will also be the home to the 3rd Regiment Marine Aid Station; Combat Logistics Battalion-3 and 3rd Radio Battalion medical teams;

Base Wing Flight Medicine; and 21st Dental Company.

“This facility will bring our base into the 21st century when it comes to medical care,” said Marine Corps Col. Sean Killean, Commanding Officer Marine Corps Base Hawaii.

Killean said that Navy personnel working in the old medical building has been patiently waiting

for a much-needed upgrade.

“The new facility will help with not only processing Marines and Sailors but will also provide the care for their families who live here,” said Killean.

The new clinic will be built at the site of the old 3rd Marines Regimental Aid Station and will consolidate five separate outdated provider locations

into a single, two-story state of the art facility that will enable the delivery of highly reliable, patient-centered quality medical and dental care. The building will enhance customer service by locating the high volume Patient Centered Medical Home on the first floor and dedicate the second floor to providing care in the Marine Centered Medical Home, Wing

Flight Medicine, and the 21st Dental Company.

“In my mind, this facility will represent the Navy Medicine team, Marine Corps personnel, dental personnel all coming together to provide the best care possible to Marine Corps Base Hawaii,” said Capt. Lynn Wheeler, Medical Service Corps, Commanding Officer Naval Health Clinic Hawaii.

Naval Facilities Engineering Command (NAVFAC) awarded the \$79,721,831 Defense Health Agency (DHA) sponsored the project to the Caddell-Nan Joint Venture in August 2016. Project priorities are not only to create the best working environment for Navy Medicine personnel but also to incorporate responsible and sustainable design features to maximize energy efficiency. Construction will begin in November 2016 and is scheduled to be complete in December 2018. After a short medical equipment outfitting period, the facility will begin to see patients in April 2019.

“The opportunity to have the awesome facility in addition to a great care that we already provide raises the bar for everyone,” said Wheeler. “I am looking forward to that tremendous facility to be ready for all our beneficiaries.”

For more information please visit: [www.med.navy.mil](http://www.med.navy.mil)

## Naval Health Clinic Hawaii to close at 11 a.m. on Nov. 18

Naval Health Clinic Hawaii (NHCH) will conduct normal operations from 7:30 to 11 a.m. on Nov. 18. Starting at 11 a.m. all NHCH operations will be closed to include all medical/dental facilities at Makalapa, Camp Smith, Wahiawa, Marine Corps Base Hawaii Kaneohe Bay and

Pearl Harbor Naval Shipyard clinics. The call center, pharmacy, laboratory and radiology will not be available. Providers are attending required training to ensure delivery of the best and most current patient care.

All clinics will be open for regular business hours on Monday,

Nov. 18. For NHCH hours of operation, visit the website at <http://www.med.navy.mil/sites/nhch>.

Beneficiaries can speak to a nurse any time 24/7 by calling the toll-free TRICARE “Nurse Advice Line” at 1-800-874-2273, option 1. To book an ap-

pointment on line, visit [www.tricareonline.com](http://www.tricareonline.com). The Schofield Barracks Acute Care Clinic (ACC) is open from 7 a.m. to 6:30 p.m. for walk-ins only, except Thursdays from 8:30 a.m. to 6:30 p.m. The ACC can be reached at 433-8850. When Schofield ACC is closed, Tripler

Army Medical Center (TAMC) has an urgent care clinic called “Quick Care” located in the TAMC Emergency Room that is open 24/7.

For emergencies, dial 911 or go to TAMC. For active duty dental emergencies, dial 864-4705.



# Pearl Harbor-Hickam Highlights



(Above) Airmen from 535th Airlift Squadron load a cargo pallet onto a Boeing C-17 with the assistance of Army Soldiers from Brigade Support Battalion, 2nd Brigade Combat Team, 25th Infantry Division at Joint Base Pearl Harbor-Hickam, Nov. 3. The training event was conducted in support of the 25th Infantry Division's exercise Lightning Forge.

U.S. Army photo by Sgt. Chris Hammond



(Right) Ensign Alex Fedorovich describes the operations that take place aboard a ship's bridge to University of Kansas Jayhawks men's basketball team players during a ship tour aboard the guided-missile destroyer USS Chafee (DDG 90) at Joint Base Pearl Harbor-Hickam, Nov. 9. The tour was part of the 2016 ESPN Armed Forces Classic, which will feature NCAA Division I Men's doubleheader basketball games Arizona Wildcats vs. Michigan State Spartans and University of Indiana Hoosiers vs. University of Kansas Jayhawks.

U.S. Navy photo by Petty Officer 2nd Class Johans Chavarro



(Right) Guided-missile destroyer USS Decatur (DDG 73) arrives at Joint Base Pearl Harbor-Hickam for the final port visit during the Pacific Surface Action Group western Pacific deployment, Nov. 3. Decatur, together with USS Spruance (DDG 111) operate under Destroyer Squadron 31. They were recently underway conducting routine patrols in the South China.

U.S. Navy photo by Petty Officer 1st Class Meranda Keller



(Left) Crewmembers aboard the Japan Maritime Self-Defense Force (JMSDF) submarine JS Unryu (SS 502) prepare the submarine to moor following arrival at Joint Base Pearl Harbor-Hickam, Nov. 4.

U.S. Navy photo by Petty Officer 2nd Class Michael H. Lee



# Families, friends welcome home USS Greenville

**Petty Officer 2nd Class  
Shaun Griffin**

*Commander Submarine  
Forces Pacific*

Friends and families of the crew from USS Greenville (SSN 772) gathered at the submarine piers to welcome back the Los Angeles-class submarine as it returned to Joint Base Pearl Harbor-Hickam after completing a six-month deployment to the western Pacific region, Nov. 3.

“It’s hard to overstate how proud I am of this crew,” Cmdr. Gabriel Anseeuw, Greenville’s commanding officer, said. “Our tasking spanned almost the entire spectrum of submarine operations, continuously forcing the officers and crew to think on their feet, and they did so superbly.”

While deployed, Greenville made a first-ever port visit for a submarine to Puerto Princesa, a city on the eastern side of the island of Palawan in the Republic of the Philippines. They also qualified five officers and 32 enlisted Sailors in submarines and advanced 20 Sailors in pay grade.

“The amount of mentoring and training for the new members was astonishing,” said Master Chief Petty Officer Kevin Aselson, from Fargo, North Dakota. “Senior crew members passed along professional knowledge that helped with preparation for



U.S. Navy photos by Petty Officer 2nd Class Michael H. Lee

(Above) Sailors assigned to the Los Angeles-class fast-attack submarine USS Greenville (SSN 772) salute the ensign following the completion of its six-month deployment to the western Pacific Ocean at Joint Base Pearl Harbor-Hickam, Nov. 3. (Right) Lt. Cmdr. Joseph Edwards, assigned to USS Greenville (SSN 772), is greeted by his wife and child at Joint Base Pearl Harbor-Hickam, Nov. 3.

ship’s qualifications.”

Greenville steamed more than 40,000 nautical miles and completed almost two-dozen strait transits.

“I found it inspiring to see how every single member contributed to the mission at hand,” Anseeuw said. “They adapted extremely well to an ever-changing environment, ensuring the mission at hand was accomplished safely and effectively.”

Greenville measures more than 360 feet long and weighs more than 6,900 tons when submerged. It was christened Sept. 17, 1994 and commissioned on Feb. 16, 1996 at Naval Station Norfolk. The Greenville arrived at its current homeport of Pearl Harbor in March 1997.

For more news from the Pacific Submarine Force, visit [www.csp.navy.mil](http://www.csp.navy.mil).





# Honolulu Council Navy League to hold awards luncheon Dec. 1

The Honolulu Council Navy League will hold an awards luncheon from 11:30 a.m. to 1:30 p.m. Dec. 1 at the Ala Moana Hotel Hibiscus Ballroom.

The Navy League will announce the grand award winners at the luncheon. Invitations and congratulatory letters have been sent to all award recipients at their duty station address.

To RSVP, contact the Navy League at 422-9404 by Nov. 23. As sponsored guests of the Navy League, award recipients will receive seating reservations for themselves and one guest.

For all others, tickets are \$50 per person. Uniform for Navy personnel will be summer whites for E-7 and above and Navy service uniform for E-6 and below, blue delta for Marine Corps personnel and tropical blue for Coast Guard personnel.

## Congratulations to the award recipients

**U.S. Pacific Command**  
PO1 Candice Walker  
PO2 Jessica Penadelgado

**U.S. Pacific Fleet**  
PO1 Micheal Campbell  
PO2 Christian Williams

**U.S. Marine Forces Pacific/Commanding General, Fleet Marine Forces Pacific**  
1Lt. Joseph Deavenport  
Capt Christopher Wallace  
Cpl Pedro Pizanogaspas  
Sgt Victor Oteromatias  
Sgt Sean Prawl  
Sgt Karen Teriele  
Sgt David Wilson  
SSgt Amber Loveless

SSgt William Mcgregor  
SSgt Falasha Nepaulsingh

**Coast Guard District 14**  
Lt. Min Kim  
Ensign Michael Rossi  
PO2 Andrea Jones  
Seaman Alexandria Kern  
Seaman Clay Kirkwood  
PO3 Sarah Warren

**Submarine Forces**  
Lt. Michael Martin  
Lt. Matthew Budow  
PO1 (SS) Mark Torres  
PO1 (SS) Kawon Harrington  
PO1 (SS) Jared Peine  
PO2 (SS) Zachary Frank  
PO2 (SS) Gabriel Ramos

**Navy Region Hawaii**  
Lt. Joseph Washington, III  
PO1 Christopher Sunman  
PO1 Juan Rodriguez  
PO1 Dustan Rhodes  
PO1 La Vida Boone  
PO2 Jennifer Barrett  
Seaman Adoko Neil, jr  
PO2 Alvin Abellera  
PO1 Victor-Javier Arroyo  
PO1 Christophe Gagnier  
PO1 Brian Borgmann

**Commander Surface Group Middle Pacific**  
Lt. Alexander Boddiford  
Lt. Jacob Beckelhymer  
PO1 Oscar Pachecomontalvan  
PO3 Rebecca Gilbert

PO3 (SW) Alisha Holmes-Jacobs  
PO3 Timothy Cobb  
PO1 (SW) Brent Schermerhorn

**Naval Facilities Engineering Command Hawaii**  
Lt. Cody Robertson  
PO2 Seth Weaver

**Patrol and Reconnaissance Wing Two**  
Lt. Joseph Liles  
PO1 Christopher Alberson  
PO1 (NAC/AW) Eric Newman  
PO1 (NAC/AW) Raymond Perez  
PO2 (AW) Nia Rose

## Reenlistment in the flames

Petty Officer 1st Class Jessica Grover, center, high-risk firefighting instructor at Surface Warfare Officers School, recites the reenlistment oath with Chief Warrant Officer John Walls during a reenlistment ceremony at Joint Base Pearl Harbor-Hickam, Nov. 4.

U.S. Navy photo by Petty Officer 2nd Class Laurie Dexter



## Native American heritage event planned for Nov. 16

The Joint Forces Diversity Committee will hold a Native American powwow by the Oahu Intertribal Council Performers from 12:30 to 1:30 p.m. Nov. 16 at Sharkey Theater, Joint Base Pearl Harbor-Hickam.

The event will feature cultural performances, drum songs, bead making and more.

November is National American Indian Heritage Month.



# Ribbon cutting opens new sub innovation lab

**Lieutenant  
Tia Nichole McMillen**

*Submarine Force Pacific  
Public Affairs*

Rear Adm. Frederick “Fritz” J. Roegge, commander, Submarine Force, U.S. Pacific Fleet (COMSUBPAC), joined industry partners to cut the ribbon officially opening the COMSUBPAC Innovation Lab (iLab), Nov. 7.

Roegge spoke to nearly 50 submarine personnel and thanked those involved in the iLab’s creation.

“I am excited to be here today, and I thank everyone who made today possible,” Roegge said. “I’m delighted by the work of our great partner organizations and their leaders in bringing this innovation lab to fruition. It’s truly a testament to high velocity learning to do it so quickly. It’s imperative that we create an innovative space for our personnel to identify, research, and use emerging



U.S. Navy photo by Petty Officer 2nd Class Michael H. Lee

Rear Adm. Fritz Roegge, commander, Submarine Force U.S. Pacific Fleet (COMSUBPAC), participates in an augmented-reality demonstration at the official opening of the COMSUBPAC Innovation Lab (iLab) at Naval Submarine Training Center Pacific at Joint Base Pearl Harbor-Hickam, Nov. 7.

technologies to address the Navy’s most pressing challenges.”

The iLab’s mission is to exploit and leverage low-cost commercial sector

research and tools from the computer gaming industry and cellular phone

markets to demonstrate cutting-edge battlespace visualization capabilities.

“This emerging maker-space is where submariners can prototype low-cost solutions to training and operational problems using cutting edge virtual reality and augmented reality tools,” Roegge said. “To achieve high velocity learning, we must expand the use of learning-centered technologies and put them in the hands of our greatest asset: our Sailors.”

The iLab is outfitted and operated in partnership with the Space and Naval Warfare Systems Command (SPAWAR), Battlefield Exploitation of Mixed Reality (BEMR) Lab and the Naval Sea Systems Command (NAVSEA) New Training Technologies Program Office.

“The capabilities of the Navy need to consistently move forward,” said Chief Petty Officer Craig McHenry, Naval Submarine Training Center Pacific

facilities manager.

“There is so much knowledge out there that we must understand and use to our tactical and operational advantage. The iLab is a tool our Sailors can use to unlock that ability and capitalize on our findings.”

The iLab also has a relationship with the University of Hawaii Laboratory for Advanced Visualization and Applications (LAVA). Industry partners are assisting Sailors in building tailored applications.

“COMSUBPAC is embracing the capabilities of the future and attempting to use these capabilities to its advantage,” McHenry said. “High velocity learning, as exemplified by our iLab, can only make our military and civilian team stronger and smarter. I’m proud to serve on this team, and I’m excited to see where we take this technology in the future.”

For more news from the Pacific Submarine Force, visit [www.csp.navy.mil](http://www.csp.navy.mil).

# DoD Warrior Games 2017 website goes live

**Navy Installations  
Command Public Affairs**

WASHINGTON—The Department of Defense (DoD) Warrior Games 2017 website dedicated to the annual DoD Warrior Games is now up and running.

Hosted by the Department of the Navy, the games will be held June 30-July 8, 2017, in partnership with the city of Chicago.

“We’re very excited to partner with the city of Chicago to host the DoD Warrior Games,” Vice Adm. Dixon Smith, commander, Navy Installations

Command, said.

“Having the website available to inform the public about the games will help increase awareness. We encourage everyone to mark their calendars to attend to the games in support of our wounded warrior athletes.”



Smith added this is the first time the Navy has hosted the games and the first time for the games to be held in a public venue since the DoD became involved in hosting the games in 2010.

The DoD Warrior Games event was created in 2010 as a way to

enhance the recovery and rehabilitation of wounded warriors and to expose them to adaptive sports.

Each year the games feature five U.S. teams representing each branch of the U.S. Armed Forces and Special Operations Command. Teams compete in eight sports including archery, cycling, track and field, sitting volleyball, shooting, swimming, and wheelchair basketball.

The Warrior Games are designed to introduce injured service members and post-9/11 veterans to Paralympic sport competition and to encourage

them to stay physically active when they return to their local communities following the event. The Warrior Games serve as a culminating event for the armed forces adaptive sports program, which promotes camaraderie and the health and welfare of recovering service members and veterans. It also offers another means of recognizing and honoring the service and sacrifices made by our nation’s wounded warriors.

For more information about the 2017 DoD Warrior Games, visit [www.dodwarriorgames.com](http://www.dodwarriorgames.com).

# PACFLT team implements rating modernization

**Petty Officer 1st Class  
Phillip Pavlovich**

*U.S. Pacific Fleet Public  
Affairs*

U.S. Pacific Fleet’s (PACFLT) new rating modernization operational planning team (OPT) is seeking input from Sailors as the team works to help shape the Navy’s transition from enlisted ratings to Navy Occupational Specialty (NOS) codes.

cialty (NOS) codes.

The team stood up after the Navy announced Sept. 29 that all rating titles for enlisted Sailors will reflect a new classification system consisting of occupational specialty codes similar to how other branches of the military categorize enlisted skill sets.

The transition will occur in phases over a multi-year period.

Adm. Scott H. Swift,

commander of U.S. PACFLT, said the OPT will help PACFLT stay synchronized with rating modernization efforts occurring throughout the Navy, which is being led by the Chief of Naval Personnel (CNP).

“Pacific Fleet OPT efforts will ensure we in the Pacific are aligned with the vision of Navy rating modernization,” Swift said. “I look forward to the ensuing dialogue and development

of this important initiative.”

Members participating in the working group, including senior enlisted leaders like U.S. PACFLT Master Chief Suz Whitman, will lead rating modernization in the fleet by engaging Sailors, soliciting their feedback and raising their awareness as phases of the modernization progress.

“PACFLT is leading ef-

forts to gather information from the fleet, specifically from Sailors, to properly inform the rating modernization process,” Whitman said.

“The OPT allows Sailors’ voices to be heard. Their input will help shape the modernization process.”

The intent of the rating modernization is to maximize talent management and career flexibility, while providing enlisted Sailors

with training and widely recognized credentials that will be transferable to the civilian workforce.

It is one of several initiatives aimed at providing Sailors with more opportunities for training, duty stations, advancement, and retirement or separation.

Sailors can provide their input through their chain of command, or direct to CNP’s working group at [navyratingmod.fct@navy.mil](mailto:navyratingmod.fct@navy.mil).



# Navy announces policy guidance for transgender personnel

**Chief of Naval Personnel  
Public Affairs**

WASHINGTON—On Nov. 5, the Secretary of the Navy published guidance on the Department of the Navy’s transgender policy in SECNAVINST 1000.11. Following the release of the SECNAVINST, the Navy announced its interim guidance for service of transgender personnel Nov. 7, via NAVADMIN 248/16.

To remain the finest seagoing fighting force the world has ever known, the Navy needs men and women who are the right fit for the right job regardless of race, gender, sexual orientation, creed, or gender identity. Our goal is to ensure that the mission is carried out by the most qualified and

capable service members. If the individual can meet the Navy’s standards, they should be afforded the opportunity to serve.

Effective Oct. 1, transgender Sailors could begin the process to officially change their gender in our personnel administrative systems in accordance with DOD and service policy. On July 1, 2017, transgender applicants who meet updated accessions standards may be accessed into the U.S. Armed Services.

In order for Sailors to transition genders, they must receive a diagnosis from a military medical provider (MMP) indicating that gender transition is medically necessary and develop a transition plan, approved by their commanding officer. The transition

plan must include the individual Sailor’s medical treatment plan and must take into consideration both the desires of the individual and the operational requirements of the command. Transition medical treatment differs for each individual. During the transition process, service members shall comply with all standards of the gender marker currently in Navy personnel administrative systems/DEERS.

The NAVADMIN details the procedures for Sailors to transition genders and identifies several policy changes. There will be new modesty policies to allow for increased privacy in berthing, shower and head facilities, adjustment to language in the urinalysis program and adding gender

identity to the military equal opportunity policy. After careful review of the physical readiness program, it was determined that no change was needed to the current policy and that standards remain the same for all Sailors.

Training will be provided to commands starting in November. Commands will be provided DVDs, training materials, a facilitation guide, a commanding officer’s toolkit, along with the DOD handbook on transgender service to help Sailors understand gender transitions. For units in remote training areas that may not have access to the face-to-face training, there will be webinars for triads to ask questions prior to delivering training to their commands. Training should be complete for

all active duty Sailors no later than Jan. 31, 2017, and April 30, 2017, for reserve Sailors.

This policy guidance only applies to Navy military personnel—both active and reserve. Questions on Department of the Navy (DON) transgender civilian personnel shall be referred to the DON Office of Civilian Human Resources, and/or the DON Office of the General Counsel and questions on transgender civilian contractors serving with the Navy should be referred to the contracting officer’s representative.

To help answer Sailors’ questions, contact 1-855-628-9311 (1-855-NAVY-9311). Sailors will need to press “0” and follow a series of prompts or email Navy311@navy.mil.

## USS Sampson departs for Royal New Zealand Navy’s International Fleet Review

**Petty Officer 2nd Class  
Bryant Jackson**

*Commander, U.S. 3rd  
Fleet Public Affairs*

USS Sampson (DDG 102) departed Hawaii Nov. 3 to participate in the Royal New Zealand Navy (RNZN) International Naval Review in Auckland, New Zealand.

Culminating a request extended by the Government of New Zealand for a U.S. Navy ship to participate in the Royal New Zealand Navy’s 75th anniversary celebration, Sampson will become the first U.S. Navy ship



to visit New Zealand in more than 30 years. As the ship celebrates RNZN heritage, it will remain assigned to the commander of U.S. 3rd Fleet as part of an ini-

tiative based on U.S. Pacific Fleet’s historic roots in the region.

“Sampson’s participation in the Royal New Zealand Navy’s International Naval Review is an excellent opportu-

nity to show the shared heritage and strong partnership that already exists between our navies,” Adm. Scott H. Swift, commander, U.S. Pacific Fleet, said.

“It’s also the latest ex-

ample of the 3rd Fleet Forward initiative and a return to how we historically employed our numbered fleet commanders across the entire Pacific Ocean when 3rd Fleet was first established more than 70 years ago.”

Prior to departure, the Everett, Washington-based Sampson spent two weeks in the Hawaii operating area completing pre-deployment training. While in Auckland from Nov. 17-22, the crew of Sampson will participate in a multi-ship pass-in-review, march in an international parade, and compete in sports tournaments with the crews of other participating ships.

“The officers and crew aboard Sampson are excited and honored to represent the United States during the visit celebrating this significant milestone for the Royal New Zealand Navy,” Cmdr. Tim LaBenz, commanding officer of USS Sampson, said.

“In addition to maintaining strong historical ties, several Sailors aboard Sampson have participated in exercises like the world’s largest maritime exercise, RIMPAC, with their New Zealand counterparts so this visit represents an opportunity to deepen already close ties between sailors.”



# Life & Leisure

*"This was an amazing experience. It was a bit of a workout. But to get to canoe as part of a traditional Hawaiian ceremony, is a once-in-a-lifetime event."*

— Capt. Richard Hayes III



*Service members, families celebrate*

## MAKAHIKI

Story and photos by  
Petty Officer 1st Class Corwin Colbert

*with community*

Service members, families and members of the Oahu Council of Hawaiian Civic Clubs celebrated Kapuaikaula Makahiki Nov. 5 on Hickam Harbor Beach at Joint Base Pearl Harbor-Hickam.

Makahiki is a Hawaiian festival to celebrate the bounty of the land and the traditional Hawaiian god Lono. Lono is the guardian of health and peace as well as agriculture.

This was the 15th year that the event has taken place on base. The purpose of the event was to bring the military and the Hawaiian communities together.

"This specific Makahiki started in 1992 with the Oahu Council of Hawaiian Civic Club and Adm. Conway," said Shad Kane, a member of the civic club. "At that time Makahiki was the best venue to bring together, not necessarily officers, but military families and children with the surrounding community. Since then, it has expanded because civic clubs are established by areas. Now it's not just Pearl Harbor but any and all of the civic clubs on Oahu."

The event kicked off with a traditional canoe paddle from Iroquois Point to the beach. This transit represents an ancient ritual where Lono arrives to the shoreline thereby beginning the festivities.

Naval Facilities (NAVFAC) Hawaii Commanding Officer Capt. Richard Hayes III and Cmdr. Benjamin Leppard, NAVFAC Hawaii Assistant Regional Engineer, were among the canoers.

"This was an amazing experience," Hayes said. "It was a bit of a workout. But to get to canoe

as part of a traditional Hawaiian ceremony, is a once-in-a-lifetime event."

The canoe pulled to the shores and was followed by a traditional Hawaiian welcoming ceremony, which included horn blowing and chanting.

Col. Richard Smith, JBPHH deputy commander, gave the opening and closing remarks for the event.

"This event is huge for us," Smith said. "We don't do enough of this very often. We get to be out here and learn about the Hawaiian culture and interact with our families and the community."

Following the official ceremony, those in attendance were encouraged to participate in traditional Hawaiian games. They were also offered a sample of local cuisine.

Ensign Mark Malmquist, construction manager of NAVFAC Hawaii, won the male Hawaiian wrestling tournament. He said he enjoyed the event and was intrigued by what Makahiki meant.

"I came to the Makahiki to learn. I participated in some local games and learned about the history," he said. "I am from Pennsylvania. It was interesting to learn Hawaiian history and how they lived."

Christina Kendrick, a Navy spouse, said it was exciting to be a part of local culture.

"I didn't know what to expect," Kendrick said. "It was nice to get a little culture and native education. It was super cool. I won first place in female wrestling. I am very proud of the trophy and will remember it for a long time."

Kane said integration and education was the main goal of the event and it all went well.

"It's about relationships," Kane said. "That's what it's all about. If we can all come together and get along, things would be much better."





# A message from the Navy surgeon general on tobacco cessation

**Vice Adm. Forrest Faison**

*Navy Surgeon General*

Shipmates, as your surgeon general, my number one priority is keeping you — our Sailors and Marines — and your families healthy, ready and on the job. You are part of the most highly-trained, highly-specialized, and highly-educated force in our nation's history. More so than ever before, it's paramount to maintain our health and readiness, today and tomorrow.

That is why I want to talk to you about the harmful effects of tobacco use.

According to the World Health Organization, tobacco use is the single greatest cause



of preventable death globally. Tobacco users are more likely to develop heart disease, stroke

and lung cancer throughout their lifetime.

Not only does prolonged tobacco use affect your health, it affects your ability to execute the Navy's mission. It can affect your night vision, increase stress, impair your ability to heal, and increase your risk for infections.

Tobacco use also puts those around you at risk. Secondhand tobacco smoke causes more frequent and severe asthma attacks, respiratory and ear infections and Sudden Infant Death Syndrome (SIDS). It can also create a financial hardship on you and your family.

I understand it isn't easy to quit. Quitting for many is challenging and potentially too difficult to accomplish alone.

That's why all of our military treatment facilities have tobacco cessation services such as counseling, medication and self-help tools. We provide tobacco cessation medications on ships and at Marine Corps battalions to ensure Sailors and Marines can receive treatment

around the globe. Our tobacco-free living website provides a variety of tools and resources, such as our tobacco cessation starter kit, which gives tobacco users the necessary information to start their journey to a tobacco-free life.

The bottom line is if you want to quit tobacco, Navy Medicine has the tools and resources to help you start today. Today is a great day to quit and your Navy Medicine team is ready to help! Start today on your journey to better health!

**Editor's note:**

*The Great American Smoke-out is on Thursday, Nov. 17. This is a day where people pledge to start their tobacco-free life.*

*Patrons can join Naval Health Clinic Hawaii for a group workout at Joint Base Pearl Harbor-Hickam's Ward Field at 6 a.m. or at Marine Corps Base Hawaii Pop Warner Field at 11:30 a.m. and support their peers, family and friends in quitting the tobacco habit. Those who pledge to quit tobacco use for a day or support someone who is quitting may be eligible to get a free class such as yoga or kickboxing. Whether you are thinking about quitting tobacco or supporting someone who is, contact Naval Health Clinic Hawaii's Health Promotion department at 471-2280 for a starter kit to quit tobacco and more information about actions you can take.*

## A day for STEM education



Photos courtesy of Pacific Aviation Museum Pearl Harbor

Pacific Aviation Museum Pearl Harbor held a science, technology, engineering and math (STEM) event Nov. 5. The museum held the Girl Scouts of Hawaii STEM Fest, with 340 Girl Scouts attending and 90 STEM presenters participating. Science, technology, engineering, and math were all mixed in with the history of Pearl Harbor and aviation.

## Read-aloud for children to be held Nov. 17

Literacy advocate and cookie maker Wally Amos will read aloud for children at 10:30 a.m. Nov. 17 at the Armed Services YMCA (ASYMCA), Joint Base Pearl Harbor-Hickam through his Storybook Reading Program.

He will also give free cookies for each child who participates. The ASYMCA is located at building 679, 1260 Pierce St., JBPHH.

Anyone wishing to participate in the JBPHH read-aloud event should call the ASYMCA at 473-3398 to make reservations.

In addition, Amos will read at 9:30 a.m. Nov. 14 at the Wheeler Army Airfield ASYMCA and 10 a.m. Dec. 6 at the Marine Corps Base Hawaii ASYMCA.

For information on the Armed Services YMCA, visit <http://www.asymca.org/>

## Volunteer beach cleanups planned this month

Upcoming volunteer opportunities have been planned. A beach cleanup is planned from 9 to 11 a.m. Nov. 19 at Nimitz Beach. In addition, a cleanup will be held from 9 to 11:30 a.m. Nov. 26 at Mokuleia Beach. There are 20 volunteers being sought for each event.

Participants should dress to get dirty and wear closed-toed shoes. They should also bring their own water bottle and sunscreen. The insurance waiver and volunteer information form is available at <https://www.808cleanups.org/volunteer-info-form/>

For more information, call Petty Officer 1st Class Frank Vasquez at 492-0973 or email him at [frank-lyn.vasquez@navy.mil](mailto:frank-lyn.vasquez@navy.mil).





Tech. Sgt. Jason White tries to pick up extra yards after making a catch.

# Communication Squadron’s deep bomb delivers win

**Story and photo by Randy Dela Cruz**

*Sports Editor, Ho’okele*

In a game that seesawed back and forth, the 747th Communication Squadron (747 CS) scored the final touchdown of the game to escape with a 20-13 win over the Joint Base Pearl Harbor-Hickam Security Enforcers in a Gold Division flag football game on Nov. 8 at Ward Field.

The victory by the 747 CS kept them in a tie for first place in the Gold with a record of 8-1, while the Enforcers lost their third game in a row and fell to 6-3.

“I think we’re just trying to roll through the wins,” 747 CS quarterback Senior Airman Zachary Murphy said. “We’ve got two games before playoffs.

Hopefully we can keep this momentum going through the playoffs.”

At first, it appeared that the 747 CS would roll through the Enforcers after getting off to a very good start.

In the 747 CS first possession, Murphy misfired on his first two attempts, but on the third play, Murphy went back to the team’s biggest weapon in Senior Airman Jamal Jones, who caught up with the bomb thrown by Murphy that placed the ball on the Enforcers 20-yard line.

The deep connection led to Murphy’s first touchdown pass of the game, which, after a successful point-after-touchdown, put the 747 CS in front at 7-0.

Playing from behind, it looked like the Enforcers would tie the score after driving all

the way down to the 747’s one-yard line.

However, with three downs to score, the Enforcers were stopped from entering the end zone after a tough goal-line stand by the 747 CS defense.

With momentum on the side of the 747 CS, the team’s offense continued the march forward on the arm of Murphy.

Instead of Jones, Murphy went to Tech. Sgt. Jason White, who came up with two big catches to keep the chains moving.

Then with the ball resting on the Enforcers 10-yard line, Murphy connected with White in the end zone to take a 13-0 lead.

The first half ended with the 747 CS on the move again, but an interception by Master-at-Arms 3rd Class Jacob Rodriguez kept the score at 13-0.

In the second half, the Enforcers started to come back on their first drive after intermission.

Quarterback Petty Officer 3rd Class Myles Schumacher led a drive that took the Enforcers from their own 15 to the 747 CS end zone on only seven plays.

Schumacher ran in for the score from seven yards out to cut the lead down to six.

After forcing the 747 CS to punt, the Enforcers got the ball back and started a march downfield.

Schumacher led the drive deep into 747 CS territory, before delivering a game-tying touchdown toss with time running out.

After failing to move the ball into the end zone in the second half, Murphy needed to some-

how rally the 747 CS back into the lead.

“I think it was the pick right before the half,” Murphy said about the game’s turning point.

“It got away from me and I threw it too short. The guy picked it off and it kind of changed the momentum.”

Seeking to get the offense going once again, Murphy went back to Jones on the first play from scrimmage.

The pass was tipped by Jones, but he maintained his focus to make the catch.

A couple of moves by Jones and the speedy receiver broke out into the open and took it all the way to the house for the final touchdown of the game.

“He’s awesome,” Murphy said about Jones. “He’s probably the best player on our team if not the league.”



Sgt. Danny Nguyen makes a catch to complete a point-after-touchdown.

# Maintenance Group defense leads way to victory

**Story and photo by Randy Dela Cruz**

*Sports Editor, Ho’okele*

As the leader of the Blue Division, the 15th Maintenance Group isn’t a secret to the rest of the teams in the league.

What may be a secret is that teams aren’t fully aware that the 15 MXG’s defense just might be the best in the division as well.

In a tough battle against U.S. Pacific Fleet Wyld Stallyns, the 15 MXG needed every bit of their shutdown defense to walk away with a 13-7 win on Nov. 9 at Ward Field, Joint Base Pearl Harbor-Hickam.

The biggest contributor to the team’s strong defense that held the opposition to only one touchdown was the play of Sgt. Danny Nguyen, who recorded two interceptions. He returned one for a pick six, and was on the receiving end of a converted point after touchdown.

“We have the same personnel on defense every game,” Nguyen said. “We have pretty good chemistry and everybody trusts each other to do their jobs.”

At first both offenses couldn’t get anything generated, but on the team’s second attempt from scrimmage, the 15 MXG got out to their first lead.

Starting from their own 34, quarterback Courey Carrawell, a department of defense civilian, connected on a long pass to Senior Airman Tyler Jenkins that put the ball on the Wyld Stallyns 32-yard line.

Two plays later, Carrawell hit Jenkins one more time on a catch-and-run for a touchdown that led to a 7-0 lead.

The Wyld Stallyns tried to answer

the call, but instead of scoring, the Stallyns were shocked when Nguyen stepped in front of a pass by quarterback Bradley Crawford, a military family member, at midfield and took it all the way to the end zone to give the 15 MXG a 13-0 lead.

“I played off a bit because I knew the first down was behind me,” Nguyen said. “If he (Crawford) threw it short, I would have made the tackle. When the ball was thrown, I was like, that’s high, so I’ll wait right here and make the interception.

“As soon as the ball touched my hand, I knew I was going all the way. I knew I had a little more speed than the other team.”

The Wyld Stallyns did manage a slight comeback. Just before the half, the team drove into 15 MXG territory.

Seconds before halftime, Crawford went long with a Hail Mary into the end zone.

Despite being surrounded by three defensive backs, Petty Officer 1st Class William Roy, a holdover from U.S. Pacific Fleet’s championship team, reached up and made the catch for a touchdown.

The converted point-after-touchdown was good and pulled the Stallyns to within six points at intermission.

However, that would be as close as the Stallyns would get as the 15 MXG’s aggressive defense put the clamps on to preserve the victory.

The win raised the 15 MXG record to 7-1, while the Stallyns saw their record drop to 3-5.

“This is my third year on the team,” Nguyen said. “Last year we made it to the playoffs and we lost in the first round. I think I can say it for everyone on this team that this year, we’re going for the championship.”



# Thanksgiving events on the menu at Joint Base

**Reid Tokeshi**  
*Joint Base Pearl Harbor-Hickam  
Morale, Welfare and Recreation*

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (MWR) has several events and activities planned for this Thanksgiving season.

Two locations on Joint Base will offer full-scale lunch buffets.

Joint Base Catering is hosting its annual Thanksgiving lunch buffet Nov. 24 at the Historic Hickam Officers' Club. Open to all ranks, there are three seating times for this traditional buffet: 11 a.m. and 2 p.m. on the Grand Lanai and noon inside the main dining room. Prices are \$32.95 (\$2 discount for club members), \$18.95 for children

7-12 years old and \$12.50 for ages 4-6. Kids 3 and under eat free. Reservations are required and must be made by Nov. 21. Customers can call 448-4608 for more information and to make a reservation.

Sam Choy's Island Style Seafood Grille is also offering up Thanksgiving lunch buffet from 11 a.m. to 3 p.m. In addition to traditional favorites, the menu includes additions such as salmon and a pumpkin crunch dessert. Reservations are recommended and can be made online at [www.samchoysseafoodgrille.com](http://www.samchoysseafoodgrille.com) or by calling 422-3002.

If you prefer to cook your Thanksgiving meal yourself, you

have a chance to win your turkey at Hickam Bowling Center. From Nov. 14-18, bowlers get a free entry into the drawing for every game bowled. Three turkeys in all will be given away at the drawing on Nov. 19. Call the bowling center at 448-9959 for more information.

Two events for teens are scheduled. Tomorrow is the monthly #weownfriday event at the Teen Center featuring games, a movie and more. This free event is for teens between the ages of 13 and 18 years old and runs from 4:30 to 8 p.m.

On Nov. 15, the Teen Center will hold a free Thanksgiving-themed family night from 5:30 to 7:30 p.m.

Tomorrow and Nov. 19 there will be a Turkey Shoot at Barbers Point Golf Course. For an extra three dollars, those playing a round of golf can take a shot on the second hole where they could win a \$15 gift certificate good at any of MWR's golf pro shops. Call the clubhouse at 682-1911 for more information.

## Flock to MustDash 5K Turkey Trot on Thanksgiving

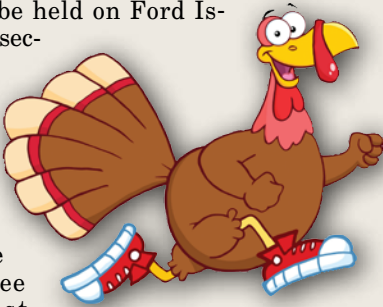
The Surface Navy Association's (SNA) Pearl Harbor Chapter is sponsoring the third annual MustDash 5K Turkey Trot to support men's health.




The run will be held on Ford Island at the intersection of O'Kane Boulevard and Wasp Boulevard at 7:30 a.m. on Thanksgiving Day, Nov. 24.


Prizes will be awarded in three categories: best real mustache, best fake mustache and worst in show (for those men that try their hardest to grow a mustache, yet fail miserably.)

Sign up for SNA is online at [navysna.org](http://navysna.org) or fill out an application at the race to receive the member discount. Late registration will be available for \$30 (\$23 for SNA members) until Nov. 14.

*For more information, email [Bridgette.barden@ddg97.navy.mil](mailto:Bridgette.barden@ddg97.navy.mil).*







# THANKSGIVING EVENTS

**Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation**

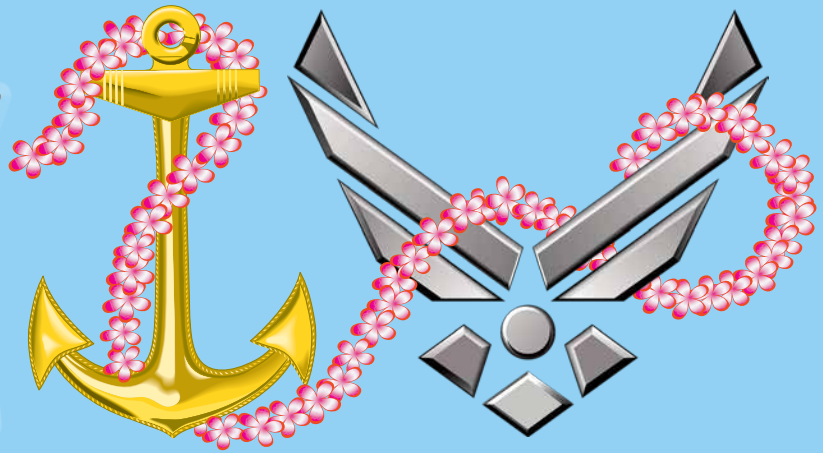
- Veterans Day holiday bowling will be held from noon to 9 p.m. today at the bowling center on the Hickam side of Joint Base. Patrons can start the three-day holiday weekend with family at the bowling centers. For more information, call 448-9959 or 473-2574.

- 41<sup>st</sup> annual free Hickam Fall Craft Fair will be held from 9 a.m. to 3 p.m. Saturday at the Joint Base Pearl Harbor-Hickam Arts & Crafts Center lawn. This event features more than 120 booths of original handmade arts and crafts, live entertainment, pony rides, games, great food, make-n-takes and more. For more information, call 448-9907.
- Healthy active holidays for kids workshop will be held from 9:30 to 11 a.m. Saturday at Aloha Aina Park (on the Hickam side of JBPHH) for ages 3 to 6 years old and 7 to 12 years old. The workshop includes fun family movement activities and some time to plan your healthy holiday together. All participants will get a complimentary healthy gift for attending. The cost is \$5 per child and free for adults. For more information, call 255-7714.
- #weownfriday free Thanksgiving Event will be held from 4:30 to 8 p.m. Saturday at the Joint Base Pearl Harbor-Hickam Teen Center for ages 13 to 18 years old. Teens can celebrate Thanksgiving with pie eating contest, dodgeball, games and a movie. This event is hosted by the Teen Center Keystone Leadership Club. For more information, call 448-0418.
- Moonlight Paddle at Hickam Harbor will be held from 7 to 9 p.m. Nov. 14 at the MWR Outdoor Recreation-Hickam Center. The trip includes all required gear. Bring water and dry clothes to change into after the activity. Participants of all paddling abilities are welcome. The cost is \$25, and the deadline to sign up is today. For more information, call 449-5215.

- Thanksgiving family night will be held from 5:30 to 7:30 p.m. Nov. 15 at the Joint Base Pearl Harbor-Hickam Teen Center. Teens and their families can join the Teen Center to celebrate Thanksgiving with food and activities. The event is open to families of teens age 13 to 18 years old. For more information, call 448-0418.
- Barracks Bash with Liberty will be held from 5 to 7 p.m. Nov. 17 at Paquet Hall. Single Sailors and Airmen can join the Liberty staff for free barbecue and drinks. Bacon burgers, hotdogs, chicken and shrimp will be served. There will be music and games. Registration is not required for this event, but sign ups are encouraged for an email reminder. This event is for single, active-duty military E-1 to E-6 only. For more information, call 473-2583
- Free harvest float night will be held from 5 to 7 p.m. Nov. 18 at Scott Pool. There will be games and activities such as pumpkin toss, turkey hand contest and bean bag toss. Patrons can bring floats and holiday goodie bags will be given out. For more information, call 473-0394.
- Kayaking of the Mokulua Islands will begin at 7 a.m. Nov. 19 at the MWR Outdoor Adventure Center (OAC) at the Fleet Store. Patrons can bring lunch, bathing suit, sunscreen and snorkeling gear. Minimum participation is required. OAC will provide transportation. The location is subject to change due to weather conditions. The cost is \$30, and the deadline to sign up is Nov. 17. For more information, call 473-1198.



NOVEMBER

HO'OKELE  
PEARL HARBOR - HICKAMCOMMUNITY  
CALENDAR**MEDAL OF HONOR RECIPIENT AT NEX**

**TODAY** — In honor of Veteran's Day, Medal of Honor recipient Capt. Roger Donlon of the U.S. Army will be at the Pearl Harbor Navy Exchange mall heritage wall from 11 a.m. to 1 p.m. Donlon will meet with and sign autographs for authorized patrons. Donlon was honored for conspicuous gallantry and intrepidity at the risk of his life above and beyond the call of duty while defending a U.S. military installation against a fierce attack by hostile forces. Donlon served as the commanding officer of the U.S. Army Special Forces Detachment A-726 at Camp Nam Dong in Vietnam.

**SUNSET CEREMONY TODAY** — A free sunset ceremony in honor of Veterans Day will be held on the Battleship Missouri Memorial fantail. From 4:30 to 5:30 p.m. This year's ceremony will pay special tribute to the Filipino veterans of World War II. Veteran Domingo Los Banos of the 1st Filipino Infantry Regiment will be the guest speaker. Sen. Mazie Hirono will deliver the keynote address. Attendance is open to the public. Complimentary round-trip shuttle service will be offered from the Pearl Harbor Visitor Center beginning at 3:30 p.m. FMI: [www.USSMissouri.org](http://www.USSMissouri.org) or call 1-877-644-4896.

**BODYBUILDER SHAWN RAY TODAY** — Fitness buffs will get to meet a legend from the world of bodybuilding when Shawn Ray makes an appearance at Joint Base Pearl Harbor-Hickam. The 2007 Pro Bodybuilding Hall of Fame inductee will hold a meet-and-greet at 11 a.m. at the JBPHH Fitness Center. FMI: [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

**VETERANS DAY COMMISSARY HOURS**

**TODAY** — On Veterans Day the Pearl Harbor Commissary is open from 9 a.m. to 5 p.m. The Hickam Commissary is open from 10 a.m. to 6 p.m. FMI: call the Pearl Harbor Commissary at 471-8402, ext. 101 or the Hickam Commissary at 449-1363.

**BUILDING CHILDREN'S SELF-ESTEEM**

**NOV. 14** — A class on building self-esteem in children will be held from 10 a.m. to noon at Military and Family Support Center Hickam. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

**STORIES AROUND THE TABLE NOV. 15** — Military spouses, parents and service members are invited to gather around the table from 10 to 11:30 a.m. at Military and Family Support Center Hickam to share their experience about how they've coped with the challenges of military life. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

**TILL DEBT DO US PART NOV. 15** — A financial class for couples called Till Debt Do Us Part will be held from 8:30 to 11:30 a.m. at Military and Family Support Center Wahiawa. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

**FBI RECRUITMENT NOV. 15** — FBI agency representatives will be available from 9 to 11 a.m. at Military and Family Support Center Pearl Harbor to discuss career choices, qualifications and hiring procedures. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

**RAISING FINANCIALLY FIT KIDS NOV. 15** — A class on raising financially fit kids will be held from 2:30 to 3:30 p.m. at Military and Family Support Center Wahiawa. The class will include the pros and cons of giving an allowance, when and how to begin regular savings, providing debit cards to kids, and more. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

**TSP SAVINGS AND INVESTING NOV. 15** — A class on savings and investing with the Thrift Savings Plan (TSP) will be held from 12:30 to 2:30 p.m. at Military and Family Support Center Wahiawa. The TSP is a retirement savings and investment plan for federal employees and

members of the uniformed services. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

**SPONSOR TRAINING NOV. 16** — Training to give new sponsors information to assist incoming personnel and families will be held from 1 to 3 p.m. at Military and Family Support Center Pearl Harbor. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

**PICKLER TO PERFORM AT PMRF**

**NOV. 16** — Country music recording artist and television personality Kellie Pickler will visit Pacific Missile Range Facility (PMRF) on Kauai to hold a special free concert at Shenanigans starting at 4 p.m. This concert is part of Military Family Appreciation Month and is open to Pacific Missile Range Facility-authorized patrons only.

**CLASS FOR NEW MOMS AND DADS**

**NOV. 16** — A class for new and soon-to-be parents, or those who are thinking about becoming parents, will be held from 5 to 8 p.m. at Military and Family Support Center Hickam. Topics will include the responsibilities, demands and joys of being parents. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

**GREAT AMERICAN SMOKEOUT NOV. 17**

— The Great American Smokeout is a day where people pledge to start their tobacco-free life. Patrons can join Naval Health Clinic Hawaii for a group workout at Joint Base Pearl Harbor-Hickam's Ward Field at 6 a.m. or at Marine Corps Base Hawaii Pop Warner Field at 11:30 a.m. and support their peers, family and friends in quitting the tobacco habit. Those who pledge to quit tobacco use for a day or support someone who is quitting may be eligible to get a free class such as yoga or kickboxing. FMI: 471-2280.

**SHARKEY THEATER****TODAY — NOV. 11**

7:00 PM The Accountant (R)

**SATURDAY — NOV. 12**

4:00 PM Fantastic Beasts and Where To Find Them (Sneak preview) (PG-13)

7:20 PM The Girl on The Train (R)

**SUNDAY — NOV. 13**

2:30 PM Middle School: The Worst Years of My Life (PG)

4:40 PM Storks (3-D) (PG)

6:50 PM Kevin Hart: What Now (R)

**THURSDAY — NOV. 17**

7:00 PM The Accountant (R)

**HICKAM MEMORIAL THEATER****TODAY — NOV. 11**

7:00 PM The Accountant (R)

**SATURDAY — NOV. 12**

3:00 PM Middle School: The Worst Years of My Life (PG)

6:00 PM The Birth Of Nation (R)

**SUNDAY — NOV. 13**

3:00 PM Storks (PG)

**THURSDAY — NOV. 17**

7:00 PM The Accountant (R)

MOVIE  
SHOWTIMES**MIDDLE SCHOOL:  
THE WORST YEARS OF MY LIFE**

Rafe has an epic imagination...and a slight problem with authority. Both collide when he transfers to an oppressive, rule-crazy middle school. Drowning in do's and don'ts, Rafe and his scheming best friend Leo hatch a plan to break every rule in the school's Code of Conduct. As their battle with Principal Dwight explodes into chaos, Rafe struggles to hide his misbehavior from Jeanne, the straight-A, overachieving girl of his dreams. At home, his mother's boyfriend — a moochy, jack-of-no-trades named Bear — threatens to become his stepfather.



# Events will commemorate 75th Pearl Harbor anniversary

Dec. 7, 2016 will mark 75 years since America was launched into World War II with the attack on Pearl Harbor. The following are some commemoration events taking place this year from Dec. 1 to 11. For the complete list of events, visit [www.pearlharbor75thanniversary.com](http://www.pearlharbor75thanniversary.com).

## Dec. 2

- A USS Arizona Reunion Association wreath-laying ceremony will be held from 1:30 to 2:30 p.m. at the National Memorial Cemetery of the Pacific (Punchbowl). This solemn ceremony is for the survivors and association members to honor the fallen. The event is free and open to the public.

## Dec. 3

- The public can experience the underwater world of the USS Arizona during a free “Expedition Arizona” event from 3 to 5:30 p.m. at the Pearl Harbor Visitor Center Theater. This is a National Park Service presentation of recent expeditions to preserve both the ship and its solemn legacy. Those in attendance can see the current condition of the Arizona revealed through a digital 3D mapping project, meet the authors and photographers from the newly released book “Beneath Pearl Harbor” and attend the premier the new PBS’s documentary “Expedition Pearl Harbor” which profiles the latest interior survey of the submerged battleship.

## Dec. 4

- Dedication of the 1941 Ford Island Aerological Tower will be from 1 to 2 p.m. This event will dedicate newly restored areas, including the historic Aerological Tower which was the flight control central that was in use the morning of the Pearl Harbor attack. The event will also dedicate a portion of the library/archival area that is in the Operations Building. The event is free and open to the public. For information contact [Elissa.Lines@PacificAviation-Museum.org](mailto:Elissa.Lines@PacificAviation-Museum.org), or call 445-9069.

## Dec. 6

- A Freedom Bell ceremony and bell ringing will be held from 10 a.m. to 5 p.m. at the USS Bowfin Submarine Museum & Park. The event is free and open to the public. Following the 10 a.m. to 11 a.m. opening ceremony, anyone may ring the Freedom Bell in memory of the service of a loved/remembered one. The bell will remain available until Dec. 10, in conjunction with the 75th anniversary commemoration week.

## Dec. 7

- The National Pearl Harbor Remembrance Day Commemoration will be held from 7:45 to 9:15 a.m. at Kilo Pier, Joint Base Pearl Harbor-Hickam. The National Park Service and the United States Navy will co-host the 75th commemoration of the attack on Pearl Harbor. This event is also supported by the City and County of Honolulu, the State of Hawaii and the Governor’s Office, members of Hawaii’s congressional delegation, and other branches of the U.S. military.  
Due to strict security measures, guests are not allowed to bring handbags, purses, camera bags or other items that offer concealment to the ceremony. Small personal cameras, cell

phones, wallets, and bottled water are allowed.

A photo ID is required for all attendees.

For guests not able to attend the ceremony at Kilo Pier, a live stream of the ceremony will be available for viewing in the Pearl Harbor Visitor Center theaters (7 to 9:30 a.m.) and online.

The Navy would like to hear from Pearl Harbor survivors and World War II veterans. Please contact the Navy Region Hawaii Public Affairs Office at [navyhawaiipublicaffairs@gmail.com](mailto:navyhawaiipublicaffairs@gmail.com) or 473-1173. Pearl Harbor survivors and World War II veterans will receive an invitation to the commemoration ceremony and other events as available. Please provide a short biography (photo if possible) and the following: name, mailing address, telephone, and email address. If you have questions or special requests, please feel free to contact the Navy at the email or telephone number above. Parking for the general public will be available at Aloha Stadium. Entry into the Aloha Stadium parking areas can be accessed through gate three and four. This gate is located off Salt Lake Boulevard westbound adjacent to Kamehameha Highway.

- A free Attack on Hickam Field Ceremony and Reception will be held at 7:50 a.m. at Atterbury Circle on the Hickam side of Joint Base Pearl Harbor-Hickam. The ceremony is open to anyone with ID card access to the base.

- A free mass band performance featuring more than 1,000 student musicians will be held from noon to 1 p.m. at the Battleship Missouri Memorial. Open to the public, the event will pay respect to the memory of the 75th anniversary of the attack on Pearl Harbor.

- The USS Oklahoma Memorial Cemetery will be held from 1 to 2:30 p.m. at the USS Oklahoma Memorial on Ford Island. The ceremony is free and open to the public. The USS Oklahoma ceremony commemorates the devastating loss of the ship and 429 of its crew members. The public is allowed to attend by using bus transportation made available from the Pearl Harbor Visitor Center.

- The free Pearl Harbor Memorial Parade and a public ceremony will be held from 4:30 to 7:30 p.m. along Kalakaua Avenue in Waikiki. For more information about the parade, visit [www.pearlharborparade.org](http://www.pearlharborparade.org).

## Dec. 8

- A free Doris “Dorie” Miller Bust Rededication Ceremony will be held from 1:30 to 2:30 p.m. at Doris Miller Housing, 3007 Curtis Drive, Honolulu. Mess Attendant 2nd Class Miller is well known for his heroic assistance to his injured shipmates and engaging in enemy fighting with an anti-aircraft machine gun during the Pearl Harbor attack. The event is open to the public.



U.S. Navy photo

Gunners aboard USS Avocet (AVP-4) look for more Japanese planes at about the time the air raid ended. Photographed from atop a building at Naval Air Station Ford Island, looking toward the Navy Yard. USS Nevada (BB-36) is at right, with the bow afire. Beyond is the burning USS Shaw (DD-373). Smoke at left comes from the destroyers Cassin (DD-372) and Downes (DD-375), ablaze in Drydock Number One.

## Brooks, Yearwood to perform in support of Pearl Harbor anniversary

Country music artists Garth Brooks and Trisha Yearwood will perform a series of upcoming benefit concerts at Neal Blaisdell Arena in Honolulu to support of the 75th Commemoration of the Attack on Pearl Harbor.

Brooks and Yearwood will perform shows Dec. 8 and Dec. 9 at 8 p.m. at the arena. They will also perform shows at 6:30 and 10 p.m. Dec. 10 at the arena. The theme of the benefit concerts is “Inspiring the Future.”

For his first performance in Hawaii, Brooks is set to perform unplugged alongside special guest Yearwood. The performance will be much like his shows in Las Vegas, just him and his acoustic guitar.

There will be an eight-ticket limit per purchase. Tickets can only be purchased at [ticketmaster.com/garthbrooks](http://ticketmaster.com/garthbrooks) or either Ticketmaster Express 1-866-448-7849 or 1-800-745-3000. Please note there will be no ticket sales at the venue box office or Ticketmaster outlets.

Tickets will cost \$69 plus \$6.25 service fee.



Garth Brooks

*For more information, visit [www.pearlharbor75thanniversary.com](http://www.pearlharbor75thanniversary.com).*







# Abandoned vehicle auction set for next weekend

Justin Hirai

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (MWR) on will be holding an abandoned vehicle auction from 8 a.m. to 2 p.m. Nov. 19. The auction is open to all military personnel and the general public. Vehicles are sold as is, with all sales final and no refunds issued.

There will be more than 100 vehicles of various makes and models available for bid. Not all vehicles are in operating condition. There are no keys and the cars must be removed by a towing company or appropriate transport. Ropes, chains or tow bars cannot be used to tow vehicles.

The auction will take place in the abandoned car lot located on South Avenue on the Pearl Harbor side of JBPHH. Parking will be available along the fence outside the lot. Those without base access can park in the pass and ID office parking lot, just outside Nimitz Gate. There will be a free shuttle service providing transportation to the sale lot every half hour starting at 8 a.m. and continuing until 1:30 p.m.

The minimum bid for all vehicles is \$150. Successful bidders will be notified beginning Nov. 21 and will have to complete payment by the following business day after notification. Acceptable payments include cash, credit card, money order or cashier’s checks. No personal checks will be accepted.

To see a list of available vehicles, rules and more information visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com). Customers with questions can also call 471-9072.



MWR Marketing photo

More than 100 vehicles will be available during the JBPHH abandoned vehicle auction Nov. 19.

## Upcoming blood drives

**Currently scheduled drives include:**

- Nov. 15, 9 a.m. to 1 p.m., room 2A207, Tripler Army Medical Center
- Nov. 16, 8 a.m. to 3:30 p.m., room 2A207, Tripler Army Medical Center

*For more information, call 433-6699 or 433-6148 or email [michelle.lele@amedd.army.mil](mailto:michelle.lele@amedd.army.mil).*



## Caring for deployed loved ones



U.S. Navy photo by Petty Officer 2nd Class Christopher House

Family members create care packages for deployed loved ones during the Navy Exchange (NEX) Mall at Pearl Harbor “NEX Cares” event Nov. 5. The NEX hosted the event that allowed families to create personal packages for deployed family members that were at no cost. Richard Heirakuji, NEX hardlines divisional manager said, “We are constantly hosting events throughout the year. This is the first one like this. This started in the corporate office and now we are doing it at locations worldwide. This is a great way the NEX can give back to the community.”

## NCIS Crime Reduction Program focuses on domestic violence

### Naval Criminal Investigative Service

The Naval Criminal Investigative Service (NCIS) Crime Reduction Program (CRP) has focused this quarter’s efforts on domestic violence awareness. The CRP is an awareness and education program, which unites law enforcement and community service organizations with a shared goal of educating Sailors, Marines, and Department of the Navy civilians about common threats to their safety.

Domestic violence is a pattern of behavior resulting in emotional abuse, mental abuse, financial control, and/or loss of personal liberty when abuse is focused on a victim

who is intimately involved with the abuser.

Are you concerned that someone you care about is experiencing abuse? Maybe you have noticed some warning signs, including:

- They are constantly worried about making their partner angry
- They make excuses for their partner’s behavior
- They have unexplained marks or injuries
- They have stopped spending time with friends and family
- They are depressed or anxious, or you notice changes in their personality

One of the most important ways you can help a person in an abusive relationship is to consider how

you might empower them to make their own decisions.

If you know a victim of domestic violence or feel you may be a victim of domestic violence, contact the National Domestic Violence Hotline at 1-800-799-SAFE or visit your installation Fleet and Family Service Center or Marine Corps Community Services for information on options and available resources.

For more information on the NCIS CRP, contact your local NCIS office at (808) 474-1218. To report a crime and submit an anonymous tip to NCIS, text “NCIS” plus your tip information to CRIMES (274637) or visit [www.ncis.navy.mil](http://www.ncis.navy.mil).



# Fiber rich chicken kabobs with barley pilaf

## Defense Commissary Agency

Assuring the consumption of adequate fiber is an important behavior to promote optimal health. Fiber reduces the risk for some cancers and also helps to keep blood sugar and the bad cholesterol in your blood in balance to reduce the risk of heart disease. Eating foods that are good sources of fiber also assist with your weight management goals.

The two types of fiber are insoluble and soluble fiber. It is important to include both types of fiber in your diet. Insoluble fiber promotes regular bowel movements, prevents constipation, removes toxic waste, and helps to prevent colon cancer. Soluble fiber binds with fats and helps to lower the bad cholesterol in blood (low density lipoproteins-LDLs), regulates blood sugar to help lower the risk of heart disease, and assists with the management of diabetes.

Food sources of insoluble fiber include vegetables, such as green beans and dark green leafy vegetables, fruit skins and root vegetable skins, whole-wheat products, wheat and corn bran, seeds and nuts.

Food sources of soluble fiber include oat/oat bran, dried beans and peas, nuts, barley, flax seed, oranges, apples and carrots.

The following meal features a unique way to serve fiber and antioxidant-rich barley and promotes the consumption of a variety of vegetables. This meal also proves that barley shouldn’t only be used in soup.



### Chicken kabobs and barley pilaf

(Serves four)

1. Preheat oven to 350 F. Begin by cutting 12-15 ounces of boneless, skinless chicken (breast or thighs) into two-inch cubes and then add the cubed chicken to a large bowl. Mix in two tablespoons olive oil, two tablespoons of balsamic vinegar, one-fourth of a teaspoon of garlic salt and a couple of dashes of black pepper. Set aside to marinate.
2. On a sanitized surface and with clean hands, wash and prepare the vegetables and begin soaking the wooden skewers.
3. Remove the core and seeds from one green pepper and one red pepper, and then cut into chunks. Cut one yellow squash and one zucchini into half-inch slices. Dice one medium onion and set aside for use in the pilaf.
4. Place the cut peppers and zucchini in a bowl, add eight cherry tomatoes and then lightly season with a little salt and one tablespoon of olive oil. Toss gently.
5. Build eight kabobs by placing the vegetables and chicken on the skewers, paying attention that the vegetables and chicken are equally distributed across the eight skewers. Discard the chicken marinade.
6. Place the skewers on a foil lined baking pan and place the pan in the oven. Bake until the chicken is cooked through and the vegetables are tender (about 20 minutes—turn halfway through).
7. While the kabobs are baking, melt one tablespoon of butter in a medium saucepan over medium heat. Add the onion, and sprinkle with salt and pepper. Sauté the onion for about five minutes, or until they begin to soften.
8. Add three-quarters of a cup of quick barley to the onions, cook and stir constantly for about two minutes and then add two cups of low sodium chicken or vegetable broth and one bay leaf. Reduce the heat to low, cover and cook until the barley is almost tender (about 20-25 minutes). Salt and pepper to taste. Top with a little freshly grated parmesan cheese and fresh parsley, if desired.
9. Serve each plate with one-fourth of the pilaf, two kabobs, and a side dish of your favorite fruit.

Notes: The marinade works well for any type of meat. Consider using minced garlic, adding a little more, if you are a garlic lover. Consider adding a little curry to the pilaf.

Daily recommendations of fiber for adults are 38 grams for men age 50 or younger, and 30 grams for men age 51 or older. Women are recommended to get 25 grams if they are 50 or younger and 21 grams if they are age 51 or older.

For more information, visit [www.commissaries.com/healthy-living/healthy-eats.cfm](http://www.commissaries.com/healthy-living/healthy-eats.cfm).

# MY FAVORITE PHOTO



John Burns, administrative support assistant for Navy Region Hawaii, took this recent photo of the sandbar in Kaneohe Bay at high tide. How to submit: Email photos to [editor@hookelenews.com](mailto:editor@hookelenews.com).