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# “Navigator” HO'OKELE

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

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## Navy, Air Force participate in Conservation Congress

Story and photo by  
MC2 Katarzyna Kobiljak

Navy Public Affairs Support  
Element Detachment Hawaii

Approximately 8,000 attendees from 170 countries joined the International Union for Conservation of Nature (IUCN) World Conservation Congress at the Hawaii Convention Center in Honolulu Sept. 1-10.

The IUCN is a membership union uniquely composed of both government and civil society organizations. It provides public, private and non-government organizations with the knowledge and tools that enable human progress, economic development and nature conservation to take place together. The conference gathers every four years, and took place in the U.S. for the first time in its 84-year history.

“Today, the United States is proud to host the IUCN Congress for the first time,” President Barack Obama said in his remarks to leaders from the Pa-



Assistant Secretary of the Air Force (Installations, Environment and Energy) Miranda Ballentine delivers remarks Sept. 5 at the International Union for Conservation of Nature World Conservation Congress in Honolulu.

cific Island Conference of Leaders and the IUCN WCC during his visit to Hawaii. “When it comes to climate change, there is a dire possibility of us getting off course, and we can’t allow that to happen.

That’s why our united efforts are so important.”

Assistant Secretary of the Air Force (Installations, Environment and Energy) Miranda Ballentine delivered remarks during a U.S.

Department of Defense conservation panel at the IUCN.

Working with many partners and supporters, the IUCN implements a large and diverse portfolio of conservation projects

worldwide, with the U.S. Navy being one those partners and supporters present during the convention this year.

“An environmental event of this scale in Hawaii presents a great opportunity to bring focus to the Navy’s conservation efforts,” Cory Scott, an environmental planner at U.S. Pacific Fleet and representative for the Navy information booth at the convention, said.

From the information displayed at the Navy’s information booth, attendees were able to find out how the Navy uses proactive measures before, during and after training, and how testing is implemented to avoid impacts on marine species.

Information was also available to inform patrons on how the Navy invests in shipboard technologies that improve environmental compliance and protects marine life. An example of this can be seen in the use of new specialized shipboard processors, which can reduce plastic waste

IUCN CONGRESS > A7

## Chief selectees honor Navy chief heritage during CPO Pride Week

Story and photo by  
MC2 Jeffrey Troutman

Navy Public Affairs Support  
Element Detachment Hawaii

Approximately 170 chief petty officer selectees from more than 20 different commands stationed in Hawaii honored 123 years of Navy chief heritage by participating in the first island-wide CPO Pride Week at the Battleship Missouri Memorial at Joint Base Pearl Harbor-Hickam, Sept. 6-9.

CPO Pride Week includes events that pay homage to chiefs past, present and future via mentoring opportunities, CPO heritage training and a drill and cadence competition held on the final day between chief selectees from the various commands stationed on



Master Chief Cryptologic Technician (Interpretive) Mike Kraft speaks to chief petty officers and chief petty officer selectees Sept. 7 on the Battleship Missouri Memorial at Joint Base Pearl Harbor-Hickam during CPO Pride Week 2016.

the island of Oahu.

“CPO Pride Week gives the selectees a sense of heritage, teamwork and camaraderie with their fellow selectees, and an understanding that the Chiefs Mess is bigger than just one individual,”

Chief Cryptologic Technician (Networks) Shawn Modisette, the CPO Pride Week coordinator said. “It promotes personal aspects like unity and pride, while at the same time allowing the selectees to interact with other Chief

Messes around the island, including retired chiefs. It reinforces lessons they’ve learned throughout the 2016 chief season.”

The week was punctuated by words from guest speaker Master Chief Cryptologic Technician

(Interpretive) Mike Kraft, who remarked on the legacy of the CPO the new selectees would be expected to carry on.

“The heritage of the Navy is what we, as chiefs, are truly tasked with,” Kraft said. “Hope-

fully, by the end of this week, you’ll have learned why I use that word to encompass the history of the Navy chief, as well.”

Kraft reminded the selectees that the greatest challenges — and rewards — of their naval careers were still ahead of them.

“Humility is the key to being an effective leader. The best chiefs I’ve ever met were humbled, servant leaders,” Kraft said. “I challenge you all to dwell upon the sense of duty you will have as a Navy chief, to make the right decisions by your Sailors and the hard choices when they need be made.”

During the six-week long CPO initiation phase, the selectees are immersed in CPO legacy, naval heritage, customs and traditions that will

CPO PRIDE WEEK > A7

## End of WWII commemorated aboard USS Missouri

Lt. Tia Nichole McMillen

Submarine Force Pacific  
Public Affairs

The Battleship Missouri Memorial commemorated the 71st anniversary of the end of World War II during a ceremony Sept. 2.

The war ended when Japan surrendered on Sept. 2, 1945, with the signing of the Japanese Instrument of Surrender thus ending the war in the Pacific in a ceremony aboard the battleship USS Missouri in Tokyo Bay.

The remembrance ceremony featured Colleen Hanabusa, former U.S. representative for Hawaii’s 1st congressional district, as the keynote speaker and Rear Adm. Frederick “Fritz” Roegge, commander, Submarine Force, U.S. Pacific Fleet, as the guest speaker.

Both speakers noted the importance of standing on the USS Missouri, where others who signed the surrender document 71 years ago stood.

“Today, here in Pearl Harbor and aboard the USS Missouri, we have a singular vantage point

from which we are able to survey visceral reminders of the complete cycle of the Second World War: its opening salvo, the seeds of eventual victory, and finally, the war’s conclusion,” Roegge said.

Roegge explained the importance of the submarine base during the war.

“Because our submarines were not struck, they were able to begin war patrols that carried the battle across the Pacific and into Japanese home waters while the battle fleet was repaired.”

“Our submariners did their deadly business very well—although submarines were only two percent of our Navy, they sank 60 percent of all Japanese ships sunk during the war. But submariners paid the heavy price of the highest rate of casualties of any branch of service in the war.”

Roegge said, “We owe an unpayable debt to that greatest generation of Americans who won the war and also won the peace; but perhaps their greatest legacy is the example of honor, courage and commitment that is now



Rear Adm. Fritz Roegge, commander, Submarine Force U.S. Pacific Fleet, and USS Missouri veteran Arthur Albert aboard the Battleship Missouri Memorial, Sept. 2.

proudly carried forward and embodied in today’s generation.”

Hanabusa began her remarks celebrating the courageous acts of the men and women who fought and died during WWII.

“I would like to join Adm. Roegge and acknowledge the greatest generation and

they are the greatest generation represented here by people who have served on the USS Missouri and also the WWII veterans that are still with us.”

Hanabusa, a fourth-generation American and descendant of Japanese ancestors on both sides of the conflict, described the

terrible cost so many paid during the war.

“Every nation mourned its dead and welcomed its survivors. Young men and women, on both sides, sat wide-eyed and prayed that they would be among those who made it home.”

“The irony of WWII was that it came barely a gen-

eration after the end of a war we said would end all wars,” Hanabusa said. “Civilized people around the world were convinced that the horrors that we now know as the First World War, we would never fight again.”

Hanabusa said the only way to live up to the sacrifices the “greatest generation” made was to ensure we never see war again.

“So do not disappoint the greatest generation and the sacrifices they have all made. Let’s honor them, remember them, and never forget what happened because if we ever forget we will find ourselves back in the same place.”

“As we look to the future remember the lessons of WWII. The fact that we are here on the USS Missouri on a wonderful day and what it all means for us. It means that peace is still, and will always be, the ultimate form of diplomacy, but we as a country must also recognize that it is with our allies that we will maintain that peace.”

The ceremony ended with a moment of silence, and a 21-gun salute, followed by taps.

U.S. Navy photo by MC2 Michael H. Lee



# U.S., Philippine Airmen talks enhance interoperability

Staff Sgt. Kamaile O. Chan

Headquarters Pacific Air Forces  
Public Affairs

“The U.S. military is a comforting and reassuring presence,” Maj. Gen. Conrado Parra, Jr., Philippine Air Force vice commander, said during the fifth annual U.S.-Philippines Airman-to-Airman (A2A) talks, held Aug. 29 to 31 at Joint Base Pearl Harbor-Hickam at the Aloha Conference Center.

The A2A talks were designed not only to foster military-to-military relationships with allied forces, but also to pave the way for future collaboration.

Parra led a delegation of eight Filipino airmen that met with Maj. Gen. Mark Dillon, Pacific Air Forces vice commander, and 24 PACAF Airmen, Marine Forces Pacific and Hawaii Army National Guard personnel to discuss the way ahead for military cooperation between their two air forces.

The goals of the three-day conference were synchronizing planning between the U.S. Air Force and Philippine Air Force, shaping engagement priorities, strengthening the bilateral relationship with the PAF and focusing on a 3 to 5 year outlook for PACAF-PAF activities.

“These talks help to determine activities that will help bridge the gap between the two air forces,” Parra said. “We are here to discuss our primary concerns, regarding recent security developments in the East Asia Sea and our hope is that this will be a fruitful engagement for us.”

In recent years, military co-



U.S. Air Force photo by Staff Sgt. Alexander Martinez

Gen. Terrence J. O’Shaughnessy, Pacific Air Forces commander, center, and Maj. Gen. Conrado V. Parra, Jr., Philippine Air Force vice commander, greet each other during the fifth annual U.S. and Philippine Airman-to-Airman (A2A) Talks at Joint Base Pearl Harbor-Hickam, Aug. 29.

operation between the two countries has expanded to include the Philippines hosting U.S. Pacific Command and PACAF exercises like Balikatan and Pacific Angel, and supporting the Pacific Air Chief Conference, the Pacific Rim Airpower Symposium and the Pacific Airlift Rally.

Additionally, Secretary of Defense Ash Carter and his Filipino counterpart, Voltaire Gazmin, announced in April 2016 that the Philippines will host U.S. military missions to increase U.S.-Philippines security cooperation.

One of those missions included U.S. Pacific Command

directing PACAF to stand up an air contingent at Clark Air Base, Philippines, in April 2016, to set the foundation for joint air patrols that complement ongoing joint maritime patrols between the two countries.

The purpose of the air contingent is to provide credible combat forces capable of a variety of missions including force projection, air and maritime domain awareness, personnel recovery, combating piracy, and assuring access to the air and maritime domains in accordance with international law. Additionally, the contingent provides opportunities to expand cooperation and interoperability with Philip-

pine counterparts and reassure partners and allies of our steadfast commitments in the Indo-Asia-Pacific region. To date, the Philippines has hosted two iterations of air contingents, including A-10 Warthogs and HH-60G Pavehawks in April, and Navy EF-18 Growlers in June.

Additionally, both nations recently signed the Enhanced Defense Cooperation Agreement, which, like the air contingent, demonstrates U.S. commitment to the Indo-Asia-Pacific by establishing a mutually beneficial agreement that provides rapid humanitarian assistance and helps to build capacity for the Armed Forces of the Philippines.

According to assessments, many of these key engagements have been successful and talks such as these further enable PACAF and PAF leaders to streamline the tactics, techniques and procedures that are shared between the two countries, strengthening the U.S.-Philippine bilateral relationship.

“Our two air forces have accomplished a lot of great training,” Dillon said. “Our goal during these talks is to continue the momentum by strengthening and thickening the relationship between the two air forces by building on the successes of the past with a solid roadmap for the future.”

## USS Mississippi returns from initial deployment

MC2 Shaun Griffin

Commander, Submarine  
Forces Pacific

The Virginia-class fast attack submarine USS Mississippi (SSN 782) returned from its initial deployment to Joint Base Pearl Harbor-Hickam, Sept. 1.

“The officers, Sailors, and the entire ship executed this deployment exceptionally well,” Cmdr. Eric Rozek, a native of St. Paul, Minnesota, and Mississippi’s commanding officer, said. “Although the majority of the crew had never deployed, the maiden deployment was a tremendous success.”

During the deployment, 19 Sailors earned their submarine warfare qualification and 19 Sailors advanced in rank.

Among those standing pierside to welcome home the Mississippi was the ship’s sponsor, Deputy Assistant Secretary of the Navy for Ship Programs Allison Stiller.

“The state of Mississippi is so proud of the work this boat and its crew has done, Stiller said. “She’s the best boat in the whole Navy.”

During the six-month deployment, Mississippi conducted exercises and operations with other navies in the western Pacific.



U.S. Navy photos by MC1 Daniel Hinton

(Above) Sailors aboard the Virginia-class fast-attack submarine USS Mississippi (SSN 782) cast a line as they prepare to moor into Joint Base Pearl Harbor-Hickam following the completion of its initial deployment to the western Pacific Ocean.

(Right) A Sailor aboard the Virginia-class fast-attack submarine USS Mississippi (SSN 782) is greeted by his loved ones following the completion of the ship’s initial deployment.

“The crew conducted an array of undersea operations with allies and partners,” Rozek said. “We also took part in multinational exercises throughout the western Pacific.”

While deployed, the Mississippi visited the port of Busan, Korea. Sailors volunteered their time alongside allies in the Republic of Korea (ROK) Navy at a local orphanage.

“The event was an incredible opportunity for the crew of Mississippi and the ROK Navy,” Lt. j.g. Tamsyn O. Thompson, a native of Guyana, said.

“We got to share experiences in giving back to the community. We learned, taught, and im-



proved our capabilities to work together.”

Upon returning to Pearl Harbor, Master Chief Machinist’s Mate Amanuel S. McMillan, from Macon, Georgia and Mississippi’s Chief of the Boat, praised his crew for their hard work and professionalism.

“The crew performed well and the deployment really meshed them together,” McMillan said. “I am very proud of how far we’ve come and developed as team Mississippi.”

## Innovations in dental technologies: Warp speed ahead!

Lt. Cmdr. Michael Andersen

Naval Health Clinic Hawaii  
Public Affairs

Naval Health Clinic Hawaii’s Makalapa Dental Clinic is one of five commands selected as a pilot site for the implementation of advanced digital dental technologies by the Navy Dental Corps.

As part of a \$9 million investment in Computer Aided Design and Computer Aided Manufacturing (CAD-CAM) technologies by Navy Medicine, these technologies have shown improved consistency, efficiency, and predictability in the fabrication of dental restorations such as veneers, crowns, and bridges compared to more traditional approaches

to dental medicine.

Using CAD-CAM technologies, the Makalapa Dental Clinic has in-house capabilities to fabricate and deliver many types of dental restorations though use of digital scanning, virtual designing, and the manufacturing of dental restorations in a same-day appointment. This means instead of traditional “goopy” impressions and the necessity to wear a temporary crown for a period of time, the dentist can make the restoration in one appointment through a high-tech digital process.

The implementation and application of these technologies have revolutionized patient care by improving treatment planning, material choices, consistency, predictability,

quality assurance, and efficiency of dental restoration fabrication. These advanced abilities are some of the many new components of delivering highly reliable, safe and quality patient care at Naval Health Clinic Hawaii.

These new technologies have the ability to move modern dental medicine from science fiction to reality. Capt. Kimberly Davis, executive officer, Naval Health Clinic Hawaii, coined an appropriate term for these treatments — “Star Trek Dentistry.”

The laboratory system designed by Navy dental specialty leaders is using futuristic digital data acquisition technologies for virtual design and manufacturing capabilities. In the civilian world, a

group practice philosophy of dental treatment with these types of technologies is very uncommon under a one-roof setting. These developments are exciting for patients because there is less time spent in temporary dental prosthetics, there are shorter clinical appointments and patients have the assurance of the highest quality restorations available.

The Makalapa Dental Clinic also has an array of cutting-edge laboratory technologies to essentially fabricate any type of restorations or prostheses to include crowns, veneers, dental implant restorations, bridges, dentures, aides for guided surgeries, and night guards through the assistance of 3-D printing and

advanced automated milling capabilities. The CAD-CAM processes automate and reduce human errors involved in many of these steps of creating dental prosthetics.

So the next time dental work is required at Makalapa Dental Clinic, rest assured the highest quality restorations will be available with truly cutting-edge technologies.

The primary objective of the United States Navy Dental Corps is to ensure dental readiness while optimizing dental health by providing care for active-duty Sailors, Marines and Coast Guardsmen so they are able to deploy and perform their military duties.

For more news from Naval Health Clinic Hawaii, visit [www.navy.mil/local/nhch/](http://www.navy.mil/local/nhch/).



# Diverse VIEWS



## What is your favorite "feel good" inspirational movie and why?



**Airman 1st Class Travis Anders**  
766th Specialized Contracting Squadron

"My favorite movie is 'Saving Private Ryan.' I always liked that everybody seemed so real. They all have their own feelings about their mission, good and bad. It always makes me feel that ordinary people are the same people who can do extraordinary things."

**Culinary Specialist 1st Class Gino Bacani**  
Silver Dolphin Bistro



"I like 'Coach Carter' not just because I like basketball, but because the coach showed the players the value of education, and taught them to be more than a statistic or basketball player."



**Master Sgt. Shamar Jones**  
Defense Information Systems Agency Pacific

"Ali" (2001) with Will Smith. Muhammad Ali changed the American landscape. He stood up for all rights of our greatest nation. He was able to use his high profile figure to protest against mistreatment and for everyone to be treated equally and fair, regardless of religion."

**Cryptologic Technician (Collection) Imani Bradley**  
Joint Base Pearl Harbor-Hickam



"My favorite is 'Lean On Me' because it shows unity within a community, and I believe we need more of that today."



**Senior Master Sgt. Darrius Smith**  
613th Air and Space Operations Center

"My favorite movie is 'Remember the Titans.' I love this movie because it portrays values I strive to instill in my Airmen as well as my children. The movie reminds us as human beings we are all brothers and sisters at arms. We rely on each other to accomplish missions no matter what the cause. Together we are stronger than any individual will ever be. Teamwork makes the dream work!"

**Information Systems Technician 3rd Class Michael Cullinane**  
USS Hopper (DDG 70)



"'Good Will Hunting' because it taught me you have to have faith in yourself, because no one will just give it to you."

*Provided by David D. Underwood Jr. and MC1 Phillip Pavlovich*

Want to see your command featured in Diverse Views?  
Got opinions to share?  
Drop us a line at [editor@hookelenews.com](mailto:editor@hookelenews.com)



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### Commentary

## Act, Care, Treat: Take action to prevent suicide

**Vice Adm. C. Forrest Faison, III**

*Surgeon General, Chief, Bureau of Medicine and Surgery*

*Editor's note: September is Suicide Prevention and Awareness Month. Navy Region Hawaii will host suicide awareness events and training throughout the month.*

Suicide is an issue that impacts every member of the Navy and Marine Corps family. Suicide prevention requires our attention and action throughout the year. One suicide attempt within our Navy and Marine Corps family is one too many. We are a team and we care for each other. Every one of us is critical to our mission. Help me ensure we are do-



Vice Adm. C. Forrest Faison, III

ing all we can to help those on our team who might be having difficulties and might be thinking about suicide.

The death of a Sailor or Marine by suicide is a tragedy that affects his or her family, command and community. The questions we

ask ourselves in attempts to understand what happened in the aftermath are important. The answers help us more effectively intervene. But looking back is not the whole solution. We must also look forward and be there for our shipmates.

If you think that a shipmate is having thoughts about suicide, ACT Now:

- Ask them directly.
- Listen without judgment and show that you Care.

• Treat them with respect and make sure they are safely escorted to the chaplain or to medical for evaluation and appropriate treatment.

Continued support is needed after treatment as a Sailor or Marine goes back into the command or as they transition out of the

Navy or Marine Corps.

We must constantly engage in open communication with each other, so that we are aware when something warrants attention. Prevention involves courageous action in order to ensure that our shipmates know we care and get the help they need. It's about being there for every Sailor and Marine, every day.

As your surgeon general, my top priority is making sure that our Sailors, Marines and their families are healthy, ready and on the job. I am committed to doing all that is within my power to care for our shipmates and ensure we are doing all we can to, one day, return them home safely.

Action starts with prevention, which starts with you!

## Every Airman plays a role in suicide prevention

**J.D. Levite**

*Air Force Surgeon General Public Affairs*

The Air Force is determined to prevent suicide, but an Airman doesn't need to be a specialist or doctor to do that. Sometimes all it takes is starting a conversation. Everyone has a role to play. That's a key part of the Defense Department's #BeThere campaign, which encourages making a difference through every day connections.

"We're sending the message that it's OK to have problems and it's OK to talk about them. Having problems and talking about them with people you work with openly is a sign of strength, not weakness," Maj. Joel Foster, chief of Air Force Deployment Health who supports the suicide prevention program with annual training, said. "The fact that everyone can intervene is part of the messaging we're trying to promote. Every Airman is a censor."

He said Airmen should look out for certain red flags, like changes in mood or behavior, substance abuse, indications of problems at home or domestic violence. Problems like these can lead to thoughts of suicide, but a person is only going to notice if they're paying attention.

For this reason, supervisors, commanders, first

sergeants, and peers need to get to know their Airmen more personally because they're the ones Airmen should feel comfortable turning to for help.

"Supervisors and commanders really need to get involved with their Airmen and get to know them personally so they can identify when things are not going well," Foster said. "They can see subtle changes in their behavior, and in their personality and in their work productivity, so they can intervene early and help that Airman get the tools and the right resources that they need."

Commanders have a huge role to play in preventing suicides because they have such a large amount of influence, Foster said.

"They have the influence to create an environment that is conducive to help-seeking behavior, to promoting a healthy lifestyle and encouraging a sense of balance in life," Foster said. "If we have all of those factors operating, then Airmen will feel a sense of connectedness. They'll have a strong support system to buffer against the stressors of life."

There are already a number of resources for Airmen in need, such as Wingman Online or Military One Source, and the Air Force is introducing new initiatives all the time. For example, Airmen always have access

to mental health clinics on base when they need help. Plus, they can always find military and family life consultants at Airman and Family Readiness Centers.

Something new the Air Force is doing is embedding military and family life consultants directly into the squadrons. Military Family Life Counselors (MFLCs) don't replace mental health or medical services, but they do provide access to a short-term counseling service. Airmen with embedded MFLCs will have increased access to this service at the point where they need it.

"We're decreasing the barriers, decreasing the stigma, increasing availability and increasing the use of services," Foster said. "They know the culture of the squadron they're a part of and that makes it easier for Airmen to trust them and feel like they can go to them."

He said by catching things early or referring Airmen to the appropriate care at the right time, MFLCs could help Airmen in all four areas of Air Force resilience by keeping them physically, emotionally, psychologically and spiritually fit.

"The bottom line here is if you have your life well-ordered, and you are engaged in all four domains of Airmen fitness, suicide is not something you would resort to," he said.

The Air Force is also collaborating with chaplains, who have 100 percent confidentiality when Airmen need someone to talk to about the troubles they're facing. Foster said they're working with the chief of chaplains to give chaplains the tools to enhance their ability to assess suicidal risk.

"We're hoping to give them the tools to be more effective in evaluating the level of risk of Airmen," Foster said. "Then they can use that information to inform Airmen about the next steps to take and what they need to do to get the right services."

Foster said recent studies have shown when one person commits suicide it can impact up to 100 other people that they knew and worked with, and eventually those numbers can impact productivity and readiness. If one suicide can impact that many people, then it's important for an organization, like the Air Force, that values its people, to develop concrete ways to prevent it.

"Every Airman matters and every single Airman has a role to play and makes a difference," Foster said.

Airmen should think about all the different ways they can #BeThere for friends, family, fellow service members, and veterans. Other helpful resources are the Wingman Toolkit

## Awards ceremony held at Hickam after Battle of Midway



Photo courtesy of the Hawaii state Department of Transportation

A mass awards ceremony is held at Hickam Field on Sept. 17, 1942, in which 7th Air Force awarded medals to fliers who participated in the Battle of Midway. Flying overhead are P-40E aircraft. Parked on a flight line are B-17s on each side of a Martin B-26. The ceremony took place 74 years ago this month.

## HO'OKELE

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# USS New Orleans returns to JBPHH

**Amphibious Squadron One  
Public Affairs**

Sailors and Marines aboard the amphibious transport dock ship USS New Orleans (LPD 18) returned to Joint Base Pearl Harbor-Hickam Aug. 29 for their first U.S. port visit in six months.

New Orleans, part of the Boxer Amphibious Ready Group (ARG), left its homeport of San Diego Feb. 12 and deployed to the U.S. 3rd, 5th and 7th Fleet areas of operations (AOO) with the embarked 13th Marine Expeditionary Unit (MEU).

“The crew of New Orleans performed superbly across a broad spectrum of vital, real-world operations over the course of this deployment,” said Capt. Glenn R. Jamison, commanding officer of New Orleans. “Despite a highly dynamic operating environment, the absolute professionalism, ingenuity and expertise of our Blue-Green team was showcased daily and delivered success.”

While on deployment, New Orleans participated in Exercise Ssang Yong, conducted numerous theater security support and maritime security operations and visited ports in five different countries across



U.S. Navy file photo

The amphibious transport dock ship USS New Orleans (LPD 18) passes the USS Arizona Memorial. June 13, 2012.

Asia and the Middle-East.

The ship traveled 50,000 nautical miles, conducted 1,852 aircraft launches and recoveries during 500 hours of flight operations, and transferred 504 tons of mail and cargo on over 1,700 pallets during 15 underway replenishments.

In addition, New Orleans and Sailors from Assault Craft Unit 5 conducted 310 hours

of amphibious operations and transferred 258 loads of troops and cargo between the ship and shore using landing craft, air cushion. New Orleans’ air department also helped qualify 104 pilots during deck landing qualifications.

While in Pearl Harbor, New Orleans will embark more than 50 family members and friends for a tiger cruise which will af-

ford them the opportunity to observe shipboard operations.

“The crew is thrilled to be back in the United States, and a port call in Hawaii is always a great way to kick off the final leg of our return home,” Jamison said. “It also provides us the opportunity to embark Tigers-friends and family who will journey back home with us, and see first-hand how we do

business. It is a fantastic experience for both the Tigers and for the crew who get to show off the ship and what we can do.”

New Orleans, part of the Boxer ARG, with amphibious assault ship USS Boxer (LHD 4), amphibious dock landing ship USS Harpers Ferry (LSD 49) and the embarked 13th MEU, is operating in the U.S. 3rd Fleet area of operations.

# USS North Carolina CO receives Stockdale award

**Chief of Naval Personnel Public Affairs**

The U.S. Navy announced the two 2016 Vice Adm. James Bond Stockdale Leadership Award recipients Aug. 30 in NAVADMIN 194/16.

Cmdr. Gary G. Montalvo, commanding officer of USS North Carolina (SSN 777) is the Pacific Fleet recipient. USS North Carolina is homeported at Joint Base Pearl Harbor-Hickam.

Cmdr. Ken J. Kleinschnittger, former commanding officer of Explosive Ordnance Disposal Mobile Unit (EODMU) 12 and currently working with Navy Expeditionary Combat Command forces, is the Fleet Forces recipient.

The two recipients were nominated by their peers, who were also eligible for the award, and chosen from among eight finalists to receive the award.

The Stockdale award was established in honor of Vice Adm. Stockdale whose distinguished naval career symbolized the highest standards of excellence in both personal conduct and leadership.

It is presented annually to two commissioned officers on active duty in the grade of commander or below who are serving in command of a single ship, submarine, aviation squadron, Sea, Air, Land (SEAL) team, naval special warfare squadron, SEAL delivery vehicle team, special boat team, explosive ordnance dis-



U.S. Navy file photo

The Vice Adm. James Bond Stockdale Leadership Award is displayed during an award ceremony at the Pentagon.

posal mobile unit, mobile diving and salvage unit, or Navy special clearance team and who serve as examples of excellence in leadership and conspicuous contribution to the improvement of leadership in the Navy.

Montalvo was nominated by the commanding officer of USS Buffalo (SSN 715), Cmdr. Micah Maxwell, who wrote the nomination was “in recognition of his outstanding performance and unquestionable leadership acumen while in command of a heavily decorated, deployed submarine crew.”

Montalvo and Kleinschnittger are scheduled to receive their awards from Chief of Naval Operations Adm. John Richardson at a ceremony

later this fall.

Vice Adm. James Bond Stockdale, for whom the Stockdale Award is named, articulated five roles for a leader — moralist, jurist, teacher, steward and philosopher.

A Naval Academy graduate and pilot, Stockdale ejected from his A-4E Skyhawk over North Vietnam in September 1965 and was held prisoner and frequently tortured until February 1973. He received the Medal of Honor in 1976 and served as president of the Naval War College from October 1977 until August 1979.

He died in 2005 and is buried at the U.S. Naval Academy in Annapolis, Maryland. He is survived by his three sons and eight grandchildren.

# Submarine Force seeks female applicants

**Lt. Lily Hinz**

*Public Affairs Officer  
Commander, Submarine  
Group Ten*

Attention hard-charging female Sailors!

The third application window for enlisted women in submarines opened on Sept. 6 and details are outlined in a 06SEP NAVADMIN.

The Submarine Force is seeking high caliber

female applicants from all ratings. Sailors from all communities are eligible to apply for submarine service as part of this initiative.

The Submarine Enlisted Community Manager (ECM) will be accepting conversion applications for ranks E-1 through E-8.

For more information, visit [www.public.navy.mil/subfor/ewis](http://www.public.navy.mil/subfor/ewis)





# Pearl Harbor-Hickam Highlights



Photo by Tabitha Ann Lambert  
Hawaii's First Lady Dawn Amano-Ige speaks with attendees, at a Special Delivery Baby Shower for military moms-to-be held Aug. 31 at the Historic Hickam Officers Club, Joint Base Pearl Harbor Hickam. The event was hosted by the USO and best-selling author Heidi Murkoff.



U.S. Navy photo by MC1 Daniel Hinton  
(Above) A Sailor aboard the Virginia-class fast-attack submarine USS Mississippi (SSN 782) is greeted by his loved one following the completion of the ship's initial deployment to the western Pacific Ocean.



(Above) Members of the Submarine Veterans Bowfin Base welcome home Sailors assigned to the Virginia-class fast-attack submarine USS Mississippi (SSN 782).

U.S. Navy photo by MC2 Michael H. Lee



(Left) Lucio Sanico, member of the Veterans of Foreign Wars, sits in attendance during a ceremony marking the 71st anniversary of the end of World War II aboard the Battleship Missouri Memorial in Pearl Harbor Sept. 2.

U.S. Navy photo by MC2 Michael H. Lee

(Below) Rear Adm. Fritz Roegge, commander, Submarine Force U.S. Pacific Fleet, renders honors during the 71st anniversary of the end of World War II aboard the Battleship Missouri Memorial in Pearl Harbor Sept. 2.

U.S. Navy photo by MC2 Michael H. Lee





# Pearl Harbor's Neosho fuels fog of war

Review by Bill Doughty

In the middle of the harbor during the attack on Pearl Harbor, Dec. 7, 1941, the oiler USS Neosho (AO-23) made its way—dodging enemy attack—from Battleship Row to a safer area at Merry Point.

Across the harbor, in West Loch, USS Helm (DD-388) responded to the attack by returning fire and making its way out into the Pacific to attack an Imperial Japanese Navy two-man submarine.

Today, historians consider the attack on Oahu by the IJN a failure. The vulnerable fuel reserves at Pearl Harbor were not hit. Submarines and most of the U.S. fleet's "Tin Can" destroyers were not severely damaged and would be bristling for revenge.

Although American battleships were destroyed, they were already becoming obsolete with the rise of aircraft carriers in the 1940s. And the Pacific Fleet's carriers, including USS Lexington (CV-2) and USS Yorktown (CV-5), were not at Pearl Harbor at the time.

Five months later the fates of the above-named U.S. Navy ships would intersect in the Battle of the Coral Sea, with USS Neosho playing an unexpected key role.

Through evocative storytelling and documented reports, historian Dan Keith gives us an interesting slice of history from the perspective of the fuel replenishment ship USS Neosho: an unintentional decoy during the Battle of the Coral Sea. That role of "unwitting decoy" helped Rear Adm. Frank Fletcher achieve a measure of success despite the tragedy that struck the tanker and its escort USS Sims.

"The Ship That Wouldn't Die: The Saga of the USS Neosho—a World War II Story of Courage and Survival at Sea" (2016, Penguin Random House) shows us how important fuel was (and is) to the fleet.

*"If an army traveled on its stomach, a modern navy required fuel oil if it was to carry out its mission. Wind and coal no longer provided propulsion for most sea-going fighting vessels. And with aircraft carriers rising in importance, that meant aviation fuel had to be delivered for those airborne war machines, too. Whatever components made up a fleet, they all demanded fuel wherever they might be located—a fact that assured that there would be oilers in the mix, filled with the quencher for the incessant thirst of the warships and carrier-based aircraft."*



U.S. Navy photo

With USS California in the background, Neosho maneuvers across Pearl Harbor to Merry Point.

Fletcher ordered the CO of Neosho, Capt. John Spinning Phillips, to take his oiler to what was thought to be a safer area of the Coral Sea, far from the impending battle with IJN ships and planes. But the tanker was spotted and mistakenly identified by a Japanese pilot as an aircraft carrier, and the escort destroyer USS Sims was misidentified as a cruiser. This error caused Adm. Chuichi Hara to deploy his dive bombers to attack Neosho and Sims, leaving his forces vulnerable to the U.S. Navy. Ultimately, the error may have saved the USS Yorktown, which would go on to fight and win at the Battle of Midway.

Such are the fates and mistakes, on both sides, in the fog of war.

Keith explores how an order "prepare to abandon ship" was miscommunicated and misinterpreted, causing U.S. Sailors to prematurely leave the badly damaged Neosho, in some cases following officers who were part of a breakdown in leadership.

Dozens of IJN planes attacked and sank USS Sims and crippled USS Neosho.

In the aftermath, some survivors suffered on rafts and boats that drifted to-

ward Australia. Meanwhile, aboard the oil tanker, in the hours and days after the attack, after fires were extinguished but while the ship continued to take in seawater:

*"Some brave members of the Neosho crew made quick, dangerous trips below, gleaning food, water, blankets, cots, mattresses, medicine, lights, batteries, life belts, and anything else they might need to make the night more bearable or to survive in the sea should the ship go down. Some of the scavengers said quick prayers before disappearing down the ladders. From the way the ship was leaning, with seawater rushing in and waves rocking the helpless vessel, they judged she could capsize or sink at any minute. Anyone belowdecks risked being taken down with her into the deep before he could climb out. What's more, fires still burned below, filling the lower compartments with dense, deadly smoke and fumes. With limited electrical power, there was no way to vent the noxious and explosive vapors outside the ship."*

Keith's work is a tribute to the men who fought and suffered in the Pacific War and brought an end to totalitarianism in Japan.

He carefully documents what happened to the men and ships connected to the loss of Neosho during and after the war. The story also illuminates how fuel is considered in the calculus of war-fighting, logistics planning, and command-and-control.

The dangerous volatility of fuel—which in a larger sense brought about the Pacific War when Imperial Japan invaded other countries for fossil fuels and other resources—is shown on a deckplate scale here in how it impacted Sailors.

Documentation about the Neosho and the other ships comes from oral histories and other reports, including comprehensive U.S. Navy records, reviewed with the cooperation and assistance of the Naval War College and Naval History and Heritage Command.

Some repetition by Keith—along with several regrettable ethnic epithets to describe Japanese people—detract from an otherwise valuable and entertaining saga.

*(A version of this review appears on Doughty's Navy Reads blog at <http://navyreads.blogspot.com/> in support of the Navy's Professional Reading Program and related books.)*

# U.S. Pacific Command forces to hold Valiant Shield exercise

U.S. Pacific Fleet  
Public Affairs

Forces from the U.S. Pacific Command are scheduled to participate in exercise Valiant Shield (VS) 2016 Sept. 12-23, in Guam and around the Marianas Island Range Complex.

Participants include USS Ronald Reagan (CVN 76), nine surface ships, the Bonhomme Richard Amphibious Ready Group — to include three amphibious vessels — an estimated 18,000 personnel and more than 180 aircraft from the U.S. Navy, Air Force and Marine Corps.

Valiant Shield is a U.S.-only, biennial field training exercise (FTX) with a focus on integration of joint training in a blue-water environment among U.S. forces. This training enables real-world proficiency in sustaining joint forces through detecting, locat-

ing, tracking and engaging units at sea, in the air, on land, and in cyberspace in response to a range of mission areas.

The participating forces will exercise a wide range of capabilities and demonstrate the inherent flexibility of joint forces. The range of capabilities include maritime security operations, anti-submarine and air defense exercises, amphibious operations, and other elements of complex warfighting.

The lessons learned from exercises like VS16 will assist U.S. forces in continuing to develop regional and global power projection capabilities that provide a full range of options to succeed in defense of its interests and those of its allies and partners around the world.

The VS series is aimed at developing a “pre-integrated” joint force built from habitual relation-



U.S.Navy file photo

U.S. Pacific Command forces will participate in Valiant Shield 2016 this month.

ships. This force builds interoperable and complementary cross-domain capabilities and benefits from realistic, shared train-

ing enhancing the flexibility to develop new tactics, techniques and procedures as operational conditions dictate. Such forces will

provide the deterrence and stabilizing effects of a force-in-being, ready at the outset of a contingency without delays for buildups

or extensive mission rehearsal.

This is the sixth exercise in the Valiant Shield series that began in 2006.

## IUCN World Conservation Congress

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volume by 70 percent, protecting marine life from harmful marine debris. These Navy shipboard compactors are currently being implemented around the fleet.

Scott said the Navy does not only lead in marine mammal research, but also makes that information accessible to the public and its partner institutions worldwide.

“The U.S. Navy’s commitment as ‘stewards of the sea’ is first to defend freedom, and secondly, to protect the environment,” David Hodge, a community relations manager at Joint Base Pearl Harbor-Hickam, said.

Another one of the Navy’s key focus during the convention was emphasizing the reduction of pollution by way of its “Great Green

Fleet” initiative. The Navy’s Great Green Fleet initiative reinforces and sustains a culture of valuing energy as a strategic resource in all routine, and underway, operations worldwide.

According to Hodge, the Navy actively works to pursue cost-competitive biofuel blends that can be used as a replacement for conventional petroleum.

“I am amazed by the Navy’s Great Green Fleet initiative,” Hodge said. “Biofuels used by the Navy not only save a lot of taxpayer dollars, but more importantly, they greatly reduce pollution.”

During the convention, Rear Adm. John W. Korka, commander, Naval Facilities Engineering Command Pacific, stressed the Navy’s commitment to protecting the environment in a Department of De-

fense conservation panel.

“Our mission is pretty clear: to preserve the freedom of the United States, but we also have a responsibility to our environment,” Korka said.

During his visit to Hawaii, President Obama also signed a proclamation several days prior to the IUCN WCC, expanding the Papahānaumokuākea Marine National Monument off the coast of Hawaii, an act that was applauded by U.S. Sen. for Hawaii Brian Schatz during his IUCN WCC opening ceremony speech.

In his remarks, Schatz said that he felt hopeful about conservation efforts knowing that all of the partner-nations participating in the IUCN convention have the same common goal in mind, “to protect the only planet that we share.”

## CPO Pride Week

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help guide them through their new roles. Many of the selectees felt that CPO Pride Week was a way to work together and showcase everything they’ve learned during their CPO initiation phase.

“The sense of inheritance you gain during your chief’s initiation period is such a huge takeaway for a CPO selectee,” Chief (select) Cryptologic Technician (Networks) Ian Gentry said. “It’s a very humbling experience, when taking into scope the legacy you’re expected to uphold. It definitely makes you us feel like we’re a part of something much bigger in the Navy.”

Chief Cryptologic Technician (Networks) Kelly Grijalva cited the teamwork displayed by the selectees as a key factor in their journey to becoming a part of the Chiefs Mess.

“CPO Pride Week is an important part of a chief selectee’s journey, because it helps them to understand that they have to work together as a team with their fellow selectees in order to achieve a common goal,” Grijalva said. “Whether that means putting aside any differences or learning how to play off one another’s strengths, these selectees come to learn the foundations and the values necessary to keep the heritage of the Navy chief alive.”



# HO'OKELE Online

PEARL HARBOR - HICKAM NEWS

<http://www.hookelenews.com/> or visit  
<https://www.cnmc.navy.mil/Hawaii>





# Life & Leisure

## Runners light up the night during JBPHH inaugural

Story and photos by  
Staff Sgt. Christopher Stoltz

Joint Base Pearl  
Harbor-Hickam Public Affairs

# GLOW RUN

Airmen, Sailors, base residents and their families all were able to spend an evening running among the stars as the 15th Wing Sexual Assault Prevention and Response (SAPR) hosted the inaugural 5k Glow Run Aug. 26 at Joint Base Pearl Harbor-Hickam.

Beyond allowing adults and children alike to enjoy a night by running a 5k in bright colors and glow bracelets, the event highlighted an important topic — the fight for resiliency.

According to Capt. Shaina Holler, 15th Wing sexual assault response coordinator, the event was a great opportunity to bring many people together to remind them to always keep an eye out — to be the “light bearer” for someone close to them who might be in need.

In addition to the SAPR office, other agencies were on hand to highlight different causes and hand out glowing accessories to the runners. Some agencies included Wounded Warrior Care, Equal Opportunity, Mental Health, Family Advocacy and Green Dot.

“SAPR’s main focus is prevention. We are always finding new ways to educate and inform people on knowing their part, and the steps needed to fulfill that duty,” Tech. Sgt. Christine Kearney-Kurt, 15th WG SAPR office NCO in charge, said.

According to Holler, the event was a resounding success and approximately 700 people attended the event at the Missing Man Formation. In addition, Holler said they are planning on having more events like these in the future.

“The Air Force is committed to prevention of sexual assault and other interpersonal violence,” Holler said. “Making the community aware of these issues and informing them on how to prevent it, helps foster an environment that cultivates a culture of dignity, mutual respect and trust.”

For more information on this event or future SAPR-planned events, call the 15th Wing SAPR office at (808) 449-7272.

Above, Glow Run participants launch from the starting line. Below, Glow bracelets and other accessories are collected prior to the inaugural Sexual Assault Prevention and Response (SAPR) 5k Glow Run, held Aug. 26 at Joint Base Pearl Harbor-Hickam.



Above, Runners in the inaugural SAPR 5k Glow Run walk past the finish line. Below, Glow Runners congregate at Hickam’s Missing Man Formation.







# Embrace your bitter side

Some people shy away from bitter flavors. Others embrace them.

If you are in the latter category, this recipe is probably right up your alley. The principal ingredient is bitter melon, which, as the name suggests, is rather bitter.

Bitter melon is popular throughout Asia. It appears to have originated in the Indian subcontinent, where it is known as karela. From there, it made its way to China, the Malay Peninsula, Indonesia, the Philippines and elsewhere.

This recipe is Okinawan in origin. In Okinawa, bitter melon is known as goya, and this dish is called goya no miso chanpuru, which translates more or less to "bitter melon miso stir-fry." The recipe is a simplified variation of one from Elizabeth Andoh, an American chef who has lived in Japan since 1967.

## Bitter Melon Miso Stir-Fry

(Serves 3-4)

- About 1-pound bitter melon, diced (see below)
- 1 yellow onion, diced
- 2 tablespoons sesame seed oil
- 10-12 chunks frozen kabocha
- 12-oz extra firm tofu, cubed
- Splash of cooking sake or mirin
- 3 tablespoons yellow miso
- 1-tablespoon sugar
- ¾ to 1 cup of water

Heat the oil in a large skillet or wok on medium heat.

Split the bitter melon down the middle. Use a spoon to scoop out the seeds and inner white pith (a grapefruit spoon works especially well for this). Cut the bitter melon into half-moons,



BY: BRANDON BOSWORTH

about half an inch thick.

Toss the diced bitter melon and onion in the skillet and cook until they both start to soften, about 10 minutes. Stir regularly.

Add the tofu and the kabocha along with a splash of cooking sake or mirin to help prevent sticking. Continue to cook for 10 to 15 minutes, stirring regularly.

A quick word on the kabocha: I use frozen kabocha for the simple reason fresh kabocha can be something of a hassle to work with. If you choose to go with fresh, I commend you. Just be sure to adjust the cooking times to make sure the kabocha cooks through.

Meanwhile, mix the miso, sugar and water in a small bowl. Place the bowl in the microwave and heat at 30 second intervals until the mixture can be easily whisked together into a consistent, slightly creamy sauce.

Pour the mixture into the skillet with the rest of the ingredients and cook for another 5 to 10 minutes, still stirring regularly.

Remove the skillet from heat and allow to rest for about 5 minutes.

Serve the bitter melon miso stir-fry over rice, ideally with some green tea or, if you are concerned about caffeine, a nice cup of mugicha (barley tea).

*Ho'okele assistant editor Brandon Bosworth blogs about food, fitness, philosophy, martial arts, and other topics at [www.agentintraining.com](http://www.agentintraining.com).*

# Run, walk to remember the fallen

## TRIPLER FISHER HOUSE RUN SEPT. 10 –

The Tripler Army Medical Center's Fisher House will hold the fifth annual 8K Hero and Remembrance Run beginning at 6:30 a.m. on Ford Island. All participants should be on the island no later than 6 a.m. The free event is open to the military and the public. The event honors fallen service members from all branches who have given their lives since Sept. 11, 2001. There will be numerous boots with pictures of fallen service members on them and flags inside that will line the running route. The registration website is [www.eventbrite.com](http://www.eventbrite.com). For more information: email [anita.f.clingerman.naf@mail.mil](mailto:anita.f.clingerman.naf@mail.mil) or call 436-5543 or email [Theresa.m.johnson2.naf@mail.mil](mailto:Theresa.m.johnson2.naf@mail.mil) or call (931) 217-0800.

**REMEMBRANCE WALK SEPT. 11** – The Mayor's Remembrance Walk, to pay tribute to the victims of the Sept. 11, 2001 terrorist attacks, will begin at 5 p.m. in front of the Honolulu Police Department Headquarters, at 801 South Beretania St. Free parking will be available at the Frank F. Fasi municipal parking lot. The Remembrance Walk opens with a ceremony at the Honolulu Police Department Headquarters. Following the Police Department ceremony, participants will proceed ewa (west) on Beretania Street, makai (toward the ocean) on Alapai and South streets to Honolulu Fire Department Headquarters at South and Queen Streets. For more information: call 768-6622 or visit [www.honolulu.gov/moca](http://www.honolulu.gov/moca).



# Clinic has resiliency resources available

## Naval Health Clinic Hawaii

September's health topic is mental health and suicide prevention.

You're asked to do things most people can't do, be in situations most people can't handle or make decisions most people couldn't fathom. These challenges may place a big toll on you.

Yet, to be successful in the Navy and Marine Corps, you have to be resilient and psychologically strong. That's where Naval Health Clinic Hawaii's Health Promotion department can help. They have the resources and tools to help you navigate stress and strengthen your resilience so you can perform at your best.

If you or someone you know is in crisis, please call the Military Crisis Line for confidential support at 1-800- 273-TALK (8255) and press 1.

The NHC Hawaii's Health Promotion department conducts classes to help you achieve your



health and wellness goals. For a list of class offerings see September's class schedule at <http://ow.ly/OkOI303XvZg>.

In suicide prevention, signs matter. Look for the following signs:

- Suicide attempts: Individuals who attempt suicide
- Utter hopelessness: Individuals who feel helpless, hopeless, desperate and worthless
- Isolation: Individuals who are alone, feel lonely, trap and isolate themselves, and lack work, social and religious support
- Close relationship loss: Indi-

viduals who perceive or believe that they have lost an important relationship such as a friend, spouse or a loved one

- Ideation: Individuals who express, threaten, write or otherwise hint any thoughts of suicide
- Depression: Individuals who are feeling sad, bitter, or moody, are pessimistic and withdrawn or have lost interest in regular activities or interest
- Ethanol (alcohol): Individuals who depend on or abuse alcohol or misuse drugs. Pain isn't always obvious, but most suicidal people show some of the above signs if they are thinking about suicide.
- Ask if someone is thinking about suicide
- Let them know you care
- Get them assistance and treatment as soon as possible.

For more information, call Naval Health Clinic Hawaii Health Promotion at (808) 471-2280.

## Resiliency run, fair set for Sept. 23

A Joint Base Morale, Welfare and Recreation (MWR) 5K Run For Life and Resiliency Fair will be held beginning at 7 a.m. Sept. 23 at Hickam Fitness Center.

The event in support of Suicide Prevention and Awareness Month is open to all Department of Defense personnel, their families and retirees.

Awards will be given to each winner in the categories of men, women, youth boys and girls (age 17 and under), and men and women's stroller.

Community support resources will be on site to provide information.

For more information, visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or call 448-2214.



## Dodgeball tournament planned

A dodgeball tournament will be held from 1 to 4 p.m. Sept. 23 at Hickam Gym. Teams must register by Sept. 21. The tournament is limited to 18 teams of six players per team. Official rules are available upon email request.

Water and barbecue pupus will be provided. The event is open to all services.

For more information, contact Tech. Sgt. Sergio Jackson at 448-2257 or Tech Sgt. Christopher Fiero at 449-8555 or email [afsa.alohachapter.1550@gmail.com](mailto:afsa.alohachapter.1550@gmail.com).

Photo by Randy Dela Cruz





# Hawaii climbs up summer basketball standings

Story and photo  
by Randy Dela Cruz

Sports Editor, Ho'okele

Early in the season, with USS Hawaii (SSN 776) struggling to get on track in the 2016 Summer Basketball League, the beleaguered team could best be described as under-achievers.

After sneaking past No. 2 Naval Computer Telecommunications Area Master Station Pacific (NCTAMS PAC), 34-33, on Sept. 3 at Joint Base Pearl Harbor-Hickam, the team just might be on its way to discard its not-so-hot start.

The win has given Hawaii sole possession of third place with a record of 4-4. (NCTAMS PAC) still remains in a tie for second place, but is only one game ahead of Hawaii at 5-3.

“The effort that I wanted for them, coming in today, was No. 1 concentrate on defense,” Hawaii head coach Senior Chief Logistics Specialist Spencer Crawford said. “I wanted our defensive presence to be first and then the offense would follow, and we did that. We had a lot of blocked shots in the paint. They (NCTAMS PAC) had no easy baskets. I wanted them to take their time and the game would come to them.”

While the Hawaii defense played at their highest level, NCTAMS PAC, which upset the league-leaders Reasonable Doubt the week before, was equally tough in stopping the ball.

Hawaii entered halftime hanging on to a two-point lead at 15-13, but four minutes into the second half, the team found itself down by a point at 18-17.

From there, however, Culinary Specialist 3rd Class Kali Pettigrew showed why he is considered one of the top players on base — especially in clutch situations.

After falling behind, Pettigrew brought the ball upcourt and pulled up from just outside the three-point line and swished the ball through the basket to retake a two-point lead.

Pettigrew wasn't quite done yet, as the swing guard threw down two more baskets on the next two trips downcourt to score seven straight points and put Hawaii ahead at 24-18 with 12:33 remaining in the game.

“It's great to have someone like Pettigrew,” Crawford said. “He so versatile, defense, shot-blocker, offense, he can shoot the three, he can lay the ball up. When he's on the court, anything can happen.”

Although momentum may have seemed to ride on the coat-tails of Hawaii, NCTAMS PAC had other ideas.

Within minutes, NCTAMS PAC had whittled down the



Fire Control Technician Seaman Terrell Clyburn gets ready to swat away a layup attempt.

lead to only two points, when forward Information Systems Technician 2nd Class Brandon Finley pulled up and drilled in a trey to make it 25-23 with 6:40 on the clock.

The battle continued back and forth over the next few minutes until the two-minute mark, when Fire Control Technician Seaman Terrell Clyburn gave Hawaii a little breathing

room with two straight free throws and a 32-27 lead.

Instead of giving up, NCTAMS PAC had one more run to give and when Information Systems Technician 3rd Marcus Jenkins tapped in a missed shot with only 13 seconds in the game, the lead for Hawaii was at its slimmest margin at 34-33 — forcing Crawford to call a timeout.

“With 9.1 seconds, I wanted

them to understand that this game, for all the hard work they did, they can lose this game at the end,” Crawford warned his team during the timeout. “We wanted to come out with a win.”

The timeout worked, as Hawaii hung on to the lead as the final buzzer sounded.

With the regular season coming to a close, Crawford said

that the Hawaii has showed it can play with any team come playoff time.

He added that while the team is definitely talented enough to close out the season strong, he points to the squad's overall mental toughness as the reason for its recent success.

“The way we look at it, we're submariners,” he said. “We know how tough it is.”



Boatswain's Mate 3rd Class Warren Wilson drives to the basket for two of his 20 points.

## Halsey surprises Preble in upset special

Story and photo  
by Randy Dela Cruz

Sports Editor, Ho'okele

In this season's Summer Basketball League, there might be taller players, but no one plays bigger than USS Halsey (DDG 97) center Operations Specialist 1st Class Byron Jones.

Last Saturday, Halsey needed a big game from Jones if they wanted to keep pace with the No. 2 team in the league USS Preble (DDG 88) and that's exactly what they got.

Jones scored 20 points, mostly from his strong play inside the paint, to give the fifth-place Halsey a surprising 46-42 upset win over Preble on Sept. 3 at Joint Base Pearl Harbor-Hickam Fitness Center.

The win was only the third of the season for Halsey, which has lost five times so far, while Preble lost a prime opportunity to grab sole possession of second place and now holds a 5-3 record.

“We just wanted it,” Jones said about the team's biggest win this season. “We just kept hustling. We're more athletic than the other team, so we just wanted to impose our athleticism on everything.”

Jones, who just wouldn't be denied, kept Halsey competitive with Preble from tip-off to

the final buzzer.

His 10 points in the first half helped his team stay even with Preble, who was getting an outstanding game from guard Boatswain's Mate 3rd Class Warren Wilson.

While Jones was the dominant factor for Halsey, Wilson was just as prolific as he pumped in 13 points in the first half and finished with 20 also.

The two x-factors negated each other as the first half ended in a 21-21 tie.

In the second half, Halsey tried to pull away, but each time Preble refused to go down without a fight.

Preble shooting forward Engineman 2nd Class (SW) Blake Petenbrink did what he does best and sank a trey from beyond the arc to break a 23-23 tie.

Wilson then added another basket on the team's next trip down the floor to take a five-point lead over Halsey at 28-23.

However, back came Halsey with six straight points and took the lead at 29-28 on a basket by Jones.

Preble bounced back to grab a three-point lead on three free throws by Wilson, but Halsey had one more run left in their tank.

Sgt. Michael Sibley scored a basket at the 7:59 mark to give Halsey a one-point lead at 40-

39 and then two minutes later, it was Sibley again with another basket to up the lead to two at 42-40.

Jones said that the key to staying in the game and eventually winning was their determination to crash the boards on every play.

“We knew we had size on them,” Jones said. “We had the taller players, so we wanted to mix it up. We wanted to make sure that we controlled the paint and controlled the glass.”

For the final five minutes, the strategy worked. Halsey dominated the boards the rest of the way to preserve the win.

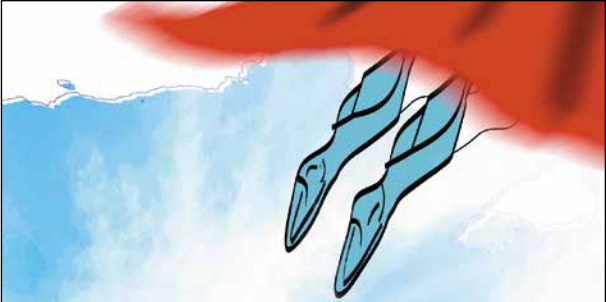
As the team heads towards the playoffs, Jones said that Halsey has a legitimate chance of going deep into the playoffs despite the team's early-season struggles.

One bright addition to the team has been retired Sgt. Rick June, who is a proven and tested player of high caliber.

Between Jones and June, the team just might possess the best one-two punch under the basket.

“He takes a lot of pressure off of me because earlier in the season, they were able to double and triple team me,” Jones said. “We'll also get all of our players that were out on on TAD. I don't think there is a team out there that can beat us.”





# Let the exchange know your real-life superhero

**Army & Air Force Exchange Service Public Affairs**

Day in and day out, Airmen, Soldiers and their families have real-life proof that superheroes exist. The Army & Air Force Exchange Service is giving military shoppers a chance to tell about their real-life superheroes for their share of \$10,000 in prizes.

In the “Who’s My Superhero And Why” contest, which runs from now to Sept. 30, exchange shoppers can submit an essay and photo about their real-life superhero. Ten winners will each receive a \$1,000 exchange gift card.

The worldwide essay contest is part of the exchange’s 2016 Because of You program, which celebrates military families and honors active-duty troops, allowing the Exchange to express gratitude for their service and sacrifice.

“To find true heroism, we need to look no further than our service members and their families,” Air Force Chief Master Sgt. Sean Applegate, the exchange senior enlisted advisor, said. “Soldiers, Airmen and their families know better than anyone that superheroes do exist. I’m looking forward to hearing their stories.”

To enter, authorized exchange shoppers 18 and older can send essays of 200 words or less to [sweepstakes@aafes.com](mailto:sweepstakes@aafes.com). A photo of the real-life hero must accompany the essay.

Entries must also include the contestant’s full name with middle initial, sponsor’s name, rank and branch of service’ date of birth, mailing address, email address, and phone number. Entries are limited to one per person. Winners of the Who’s My Superhero And Why essay contest will be notified by Oct. 30.

## Road closures planned for Sept. 10 run

On Saturday, Sept. 10, Fisher House will host the 8K Hero and Remembrance Run, Walk or Roll 2016 on Ford Island.

Due to the large number of participants expected, motorists and residents on Ford Island should plan accordingly. The biggest impact to vehicle traffic will be between 6:30 to approximately 8 a.m. On Ford Island, expect delays and redirection around the former airfield. The Ford Island bridge and all roads entering Chafee Boulevard and O’Kane Boulevard will be closed from 6:30 to 8 a.m. From 8 to 9 a.m., all lanes on the bridge will be open, but drivers should be alert for pedestrians.

Motorists will be directed to park between O’Kane Boulevard and the Pacific Aviation Museum. All vehicles must be removed from parking lot immediately after the conclusion of the event. Ford Island residents participating in the event are highly encouraged to walk to the venue to ease vehicle traffic on the island.

Monitors will be stationed at intersections on Ford Island to assist runners and walkers, and motorists. Drivers should be cautious of road guards and participants.

# September marks Healthy Aging Month

**James Rosenfelder**

*U.S. Navy Bureau of Medicine and Surgery Public Affairs*

Navy Medicine wants Sailors, Marines and their families to reaffirm their commitment to being a partner in their health during Healthy Aging Month, which began Sept. 1.

Throughout the month, Navy Medicine will provide Sailors and Marines the tools to be proactive partners in their health and make healthy lifestyle decisions as they age.

“Navy Medicine is entrusted to provide Sailors and Marines the best care our nation has to offer,” Vice Adm. Forrest Faison, Navy surgeon general and chief, Bureau of Medicine and Surgery (BUMED), said. “We honor that trust by making sure they are healthy and on the job. We do this by focusing on health, not health care — but we need your active participation in order to succeed.” Active participation is key when it comes to healthy aging. According to the Centers for Disease Control, prostate cancer, vision loss, hearing loss, dietary factors, oral health



and cognitive health are all health issues which impact adults 50-64 and can be reduced through preventative measures.

Navy Medicine is dedicated to Sailors, Marines and their families’ long-term health, focusing on proactive health measures.

Programs such as the Navy and Marine Corps Public Health Center’s “Crews Into Shape” and Navy Operational Fitness and Fueling System (NOFFS) help Sailors and Marines maintain a healthy

weight through good nutrition and exercise.

The Naval Center for Combat and Operational Stress Control improves the cognitive health of Sailors and Marines promoting resilience and providing best practices for maintaining their mental health.

Navy Medicine military treatment facilities around the globe also provide immunizations, eye and dental exams, nutritionists, weight management and tobacco cessation programs, diabetes management training, and other preventive health services to help beneficiaries maintain their health as they age.

Healthy aging starts with making healthy decisions now.

U.S. Navy Medicine is a global health care network of 63,000 Navy medical personnel around the world who provide high quality health care to more than one million eligible beneficiaries. Navy Medicine personnel deploy with Sailors and Marines worldwide, providing critical mission support aboard ship, in the air, under the sea and on the battlefield.

*For more news from Navy Medicine, visit [www.navy.mil/local/mednews/](http://www.navy.mil/local/mednews/).*

## ‘Talk like a pirate day’ Sept. 17

**Gaea Armour**

*Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation*

Youth of all ages will be honored at the annual Boys and Girls Club Day for Kids Sept. 17 at Hickam Harbor, Joint Base Pearl Harbor-Hickam.

Hosted by the Navy Child and Youth Program and Youth Sports and Fitness, the 2016 Day for Kids event will feature a pirate theme in conjunction with “Talk Like a Pirate Day.” Kids can come dressed as pirates and enjoy activities such as hook toss, arts and crafts, volleyball and a pirate ship photo booth.

Parents can also participate along with their kids in water activities including a paddleboard race, kayak battle and pool noodle boat race.

Day for Kids is a free event open to all military and Department of Defense civilian families. Hundreds of patrons are expected to attend. Food will be available for purchase. For more information on the event, visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com).



MWR Marketing photo

## JBPHH golf courses to undergo routine maintenance

**Reid Tokeshi**

*Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation*

The four Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (MWR) golf courses are scheduled to undergo routine aeration over the next few weeks.

Aeration involves creating several small holes in certain patterns on the greens. Doing so loosens the soil and stimulates growth of the turf by allowing

room and oxygen for the roots. The result is a healthy grass surface on the course. Aeration is done at MWR locations twice a year and is essential for maintaining a quality golf course.

Recognizing the short-term inconvenience to its customers, all four MWR golf courses are offering half-price specials on days following the aeration. Below are the schedules for the four sites. Customers should note that each respective course is closed the day before the half-price specials

begin and should call for more information.

Barbers Point Golf Course (682-1911): Half-price specials Sept. 7-11.

Navy-Marine Golf Course (471-0142): Half-price specials Sept. 13-18.

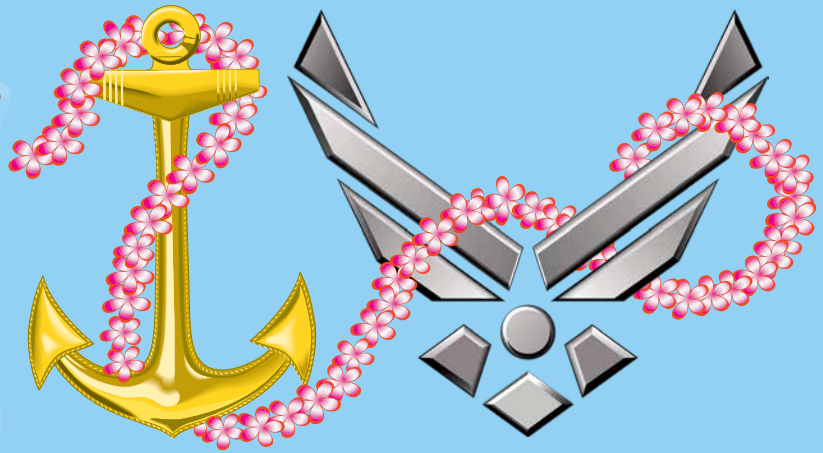
Ke’alohi Golf Course (448-2318): Half-price specials Sept. 21-25.

Mamala Bay Golf Course (449-2304): Half-price specials Sept. 27 - Oct. 2.



# SEPTEMBER COMMUNITY CALENDAR

HO'OKELE  
PEARL HARBOR - HICKAM



## FREE FOOD FRIDAYS WITH LIBERTY

**SEPT. 9, 16, 23, 30** — Joint Base Morale, Welfare and Recreation Liberty Center free food Fridays for E1 to E6 single Sailors and Airmen will be held at Beeman Liberty Center from 11 a.m. to 1 p.m. The event on Sept. 9 will feature chili dogs and resiliency bingo with a chance to win prizes. On Sept. 16, a healthy fun salad bar and ping pong will be offered. On Sept. 23, an aloha spirit poke bowl and minute-to-win-it chance to win prizes are featured. On Sept. 30, the event will include a friendly competition pool tournament and barbecue pork sandwiches. FMI: visit the Beeman Liberty Center or call 473-2583.

## BORCHERS GATE CLOSURE SEPT. 9 TO 12

— Borchers Gate will be closed to all incoming and outgoing traffic from 5 p.m. on Friday, Sept. 9 to 5 a.m. on Monday, Sept. 12. The traffic closure is due to the need for workers to repave asphalt. Personnel may use Luapele Gate accessed via Salt Lake Boulevard for the Makalapa compound. Personnel are required to obey all lane closure and warning signs.

**SEA CADET OPEN HOUSE SEPT. 10** — The United States Naval Sea Cadet Corps will have an open house event aboard the Battleship Missouri Memorial at 10 a.m. The event is open to interested youth ages 10 to 17. The United States Naval Sea Cadet Corps has a limited number of openings for new cadets this school year. Cadets meet two Saturdays per month for hands-on training with the Navy, Coast Guard and Marine Corps, including aviation, scuba diving and sailing. FMI: email [erik.boohar@navy.mil](mailto:erik.boohar@navy.mil) or [recruiting@hawaiiaseacadets.com](mailto:recruiting@hawaiiaseacadets.com) or visit the websites [www.HawaiiSeaCadets.com](http://www.HawaiiSeaCadets.com) and [www.SeaCadets.org](http://www.SeaCadets.org).

## 9/11 REMEMBRANCE CEREMONY

**SEPT. 12** — A free public ceremony to mark the 15th anniversary of the Sept. 11, 2001 attacks on the World Trade Center and Pentagon will be held from 12:15 to 1 p.m. at Tamarind Park at Bishop Square in downtown Honolulu. The event will honor the victims of the attacks and Honolulu's first responders. The event will include ceremonial services by a Joint Service Color Guard and the U.S. Pacific Fleet Band.

## CIVILIAN RESUME WRITING SEPT. 13

— A class on civilian resume writing will be held from 12:30 to 3:30 p.m. at Military and Family Support Center Wahiawa. Registration is highly encouraged. It's helpful to bring along your own laptop and a civilian job announcement you may be interested in pursuing. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

## FEDERAL RESUME WRITING SEPT. 13

— A class on federal resume writing and how to navigate USAJobs will be held from 8 to 11:30 a.m. at Military and Family Support Center Wahiawa. Registration is highly encouraged. It's helpful to bring along your own laptop and a federal job announcement from USAJobs you may be interested in pursuing. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

## KEY SPOUSE CONNECT MEETING SEPT. 13

— A key spouse connect meeting will be held from 9 a.m. to noon at Military and Family Support Center Hickam. Participants can network and discover resources for disaster preparedness, relocation and more. The event is open to all appointed U.S. Air Force key spouses, commanders and first sergeants. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

## STRESS MANAGEMENT CLASS

**SEPT. 13** — A stress management class will be held from 8 to 11 a.m. at Military and Family

Support Center Pearl Harbor. FMI: [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999.

## FIGHT FOR EACH OTHER PRESENTATIONS

**SEPT. 15, 16, 23, 30** — Fight for Each Other (F4EO), a joint service suicide prevention presentation, will be held at various locations, all starting at 8:30 a.m. They include Sept. 15 at Fort Shafter Richardson Theater, Sept. 16 at Schofield Barracks Sgt. Smith Theater, Sept. 23 at Marine Corps Base Hawaii Kaneohe Bay Theater, and Sept. 30 at U.S. Coast Guard base Honolulu Club 14. The presentations are a series of talks from people directly impacted by suicide, including survivors, family members, friends and co-workers FMI: 474-0045 or [Rebecca.miranda@navy.mil](mailto:Rebecca.miranda@navy.mil).

## COLORING AND PHOTO EVENT

**SEPT. 17** — Children ages 2 to 10 of authorized patrons can dress as their favorite Disney princess at a coloring and photo event from 10 a.m. to 2 p.m. at the Pearl Harbor Navy Exchange. Registration is encouraged and can be done at the NEX aloha center concierge desk. FMI: call Stephanie Lau at 423-3287 or email [Stephanie.Lau@nexweb.org](mailto:Stephanie.Lau@nexweb.org).

## GAME COMPETITION

**SEPT. 17** — A free NB2K17 game competition will be held from 11 a.m. to 3 p.m. at the Pearl Harbor Navy Exchange electronics department. Preregistration is required. The first place winner will receive a \$100 NEX gift card and the second place winner will receive a \$50 NEX gift card. FMI: call Stephanie Lau at 423-3287 or email [Stephanie.Lau@nexweb.org](mailto:Stephanie.Lau@nexweb.org).

## WARRIOR RESILIENCY SKILLS RETREAT

**SEPT. 23-25** — CREDO Hawaii is sponsoring a warrior resiliency skills retreat for E1 to E6 military personnel from Sept 23-25 in Waikiki. The retreat is free to active duty service members. FMI: email [credohawaii@navy.mil](mailto:credohawaii@navy.mil) to sign up.

## SHARKEY THEATER

### TODAY — SEPT. 9

7:00 PM Pete's Dragon (3-D) (PG)

### SATURDAY — SEPT. 10

3:00 PM Storks (*Free sneak preview*) (PG)

5:50 PM Pete's Dragon (PG)

8:00 PM Sausage Party (R)

### SUNDAY — SEPT. 11

2:30 PM Pete's Dragon (3-D) (PG-13)

4:50 PM Jason Bourne (PG-13)

7:20 PM Lights Out (PG-13)

### THURSDAY — SEPT. 15

7:00 PM Sausage Party (R)

## HICKAM MEMORIAL THEATER

### TODAY — SEPT. 9

6:00 PM Suicide Squad (PG13)

### SATURDAY — SEPT. 10

4:00 PM Studio appreciation advance screening of movie to be announced (*free admission*) (PG)

3:00 PM Suicide Squad (PG13)

### THURSDAY — SEPT. 15

7:00 PM Sausage Party (R)

# MOVIE SHOWTIMES



### SATURDAY — SEPT. 10, 3:00 PM

## STORKS FREE SNEAK PREVIEW AT SHARKEY THEATER

Storks deliver babies... or at least they used to. Now they deliver packages for global internet giant Cornerstore.com. Junior, the company's top delivery stork, is about to be promoted when he accidentally activates the Baby Making Machine, producing an adorable and wholly unauthorized baby girl. Desperate to deliver this bundle of trouble before the boss gets wise, Junior and his friend Tulip, the only human on Stork Mountain, race to make their first-ever baby drop. Free sneak preview, rated PG. Free to the first 400 authorized patrons. Tickets will be distributed on the day of the movie at 1:30 pm. Active duty military ID card holders will be able to receive up to four tickets. Military family members, retirees and DoD ID card holders will receive two tickets. Assigned seating.





UPCOMING EVENTS

MWR events to include bowling, movies, art classes

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

- Half-Price Aeration Special will be held from Sept. 13 to 18 at Navy-Marine Golf Course. Green fees are half-price while the golf course is being aerated. The course will be closed the day before the half-price special begins. For more information, call 471-0142.
- Ocean Explorers art class begins Sept. 13 at 3:30 p.m. in the Joint Base Pearl Harbor-Hickam Arts & Crafts Center. The class will be held every Tuesday for four weeks. Students ages 5-12 can use watercolor painting and drawing techniques to explore the undersea world. The cost is \$60 and supplies are included. For more information, call 448-9907.
- Free lunch and bowling will be held from 11 a.m. to 1 p.m. Sept. 13 at The Escape Bowling Center at Wahiawa Annex. Patrons can get a free game of bowling, shoe rental and pizza. The event is open to all authorized patrons. For more information, call 473-2651.
- Free preschool story time will be held from 9 to 10 a.m. Sept. 14 at the Joint Base Pearl Harbor-

- Hickam Library. The event is open to children of all ages, and the theme is pirate adventures. For more information, call 449-8299.
- Free kids’ book club will be held from 2 to 3 p.m. Sept. 14 at the Joint Base Pearl Harbor-Hickam Library. The event is open to youth in fourth and fifth grades. The group will discuss “Hoot.” For more information, call 449-8299.
  - Animals in art class begins Sept. 14 at 3:30 p.m. in the Joint Base Pearl Harbor-Hickam Arts & Crafts Center. The class will be held every Wednesday for four weeks. Students 5-12 years can use various techniques to craft a variety of animal creations. The cost is \$60 and supplies are included. For more information, call 448-9907.
  - Home school watercolor classes begin Sept. 15 at 1:30 p.m. in the Joint Base Pearl Harbor-Hickam Arts & Crafts Center. The class will be held every Thursday for six weeks. Students 7 years and up can learn color theory and brush techniques. The cost is \$70 plus supplies. For more information, call 448-9907.
  - Learning from the masters art class begins Sept. 15 at 3:30 p.m. in the Joint Base Pearl Harbor-Hickam Arts & Crafts Center. The class will be held every Thursday for four weeks. Students 5-12 years can learn about the masters of art history, then create their own projects inspired by famous works. The cost is \$60 and supplies are included. For more information, call 448-9907.
  - Continuing children’s watercolor classes begin Sept. 15 at 3:45 p.m. in the Joint Base Pearl Harbor-Hickam Arts & Crafts Center. The class will be held every Thursday for six weeks. Students 7 years and up can learn additional techniques and exercises, pictorial composition and more. The cost is \$70 plus supplies. For more information, call 448-9907.
  - Continuing adult watercolor classes begin Sept. 15 at 6 p.m. in the Joint Base Pearl Harbor-Hickam Arts & Crafts Center. The class will be held every

- Thursday for six weeks. Students 16 years and up can learn additional techniques and exercises, pictorial composition and more. The cost is \$70 plus supplies. For more information, call 448-9907.
- Free float night happens from 5 to 7 p.m. Sept. 16 at Scott Pool. All floats are welcome at this family-friendly event. For more information, call 473-0394.
  - Moonlight paddle of Hickam Harbor will be held from 7:30 to 9:30 p.m. Sept. 16 at MWR Outdoor Recreation Hickam Harbor. All required gear is included. Customers should bring change of clothes and water. All paddling abilities welcome. Participants can sign up by Sept. 13 and the cost is \$25. For more information, call 449-5215.
  - Kayak open ocean Kahana will begin at 8 a.m. Sept. 17 at the MWR Outdoor Adventure Center — Fleet Store. The OAC staff guides participants from Swanzey Beach Park into Kahana Bay and into the Kahana River. This trip is for intermediate-level paddlers. Participants can sign up by Sept. 15 and the cost is \$20. Kayak gear and transportation will be provided. For more information, call 473-1198.
  - Hike Koko Head Bridge to Ridge will begin at 7 a.m. Sept. 18 at the MWR Outdoor Adventure Center-Fleet Center. This technical and adrenaline-inducing hike is short but very challenging and dangerous. The one-mile trek will test patron’s rock climbing skills, comfort with heights and overall fitness. Participants can sign up by Sept. 16 and the cost is \$20. For more information, call 473-1198.
  - Learn to surf at Hickam Harbor will be held from 9 a.m. to noon Sept. 18 at MWR Outdoor Recreation Hickam Harbor. Instructors will familiarize customers with technique, gear, etiquette and methods on how to surf. Participants must be able to swim without a lifejacket. Participants can sign up by Sept. 15 and the cost is \$30. For more information, call 449-5215.

Upcoming blood drives

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP). Dates and locations are updated regularly online as new drives are scheduled. Donors are encouraged to schedule an appointment online, call to make an appointment, and check [www.militaryblood.dod.mil](http://www.militaryblood.dod.mil) for the latest information.

**Currently scheduled drives include:**

- Sept. 9, 9 to 11 a.m., Pearl Harbor Naval Shipyard, building 2, Joint Base Pearl Harbor-Hickam
- Sept. 20, 9 a.m. to 1 p.m., National Oceanic and Atmospheric Administration (NOAA), 1845 Wasp Blvd., Ford Island, Joint Base Pearl Harbor-Hickam
- Sept. 21, 9 a.m. to 1 p.m., Naval Health Clinic Hawaii, 480 Central Ave., Joint Base Pearl Harbor-Hickam

*For more information, call 433-6699 or 433-6148 or email [michelle.lele@amedd.army.mil](mailto:michelle.lele@amedd.army.mil).*

- Requirements to donate blood with the ASBP. In general, donors need to:**
- Have not donated blood previously within the last eight weeks.
  - Weigh at least 110 pounds.
  - Be at least 17 years of age.
  - Have been feeling well for at least three days prior to donating.
  - Be well hydrated and have eaten something prior to donating.
  - Have picture ID and know when/where you have traveled.
  - Be able to list the types of medications currently being taken.





Participants in a previous Living History Day take part in demonstrations at Pacific Aviation Museum Pearl Harbor. The next Living History Day is set for Sept. 24.

# Museum to hold Living History Day Sept. 24

**Story and photos by Pacific Aviation Museum Pearl Harbor**

A Living History Day event will be held from 9 a.m. to 4:30 p.m. Sept. 24 at Pacific Aviation Museum Pearl Harbor.

Living History Day is held in partnership with Smithsonian Magazine Museum Day Live!, providing free admission to visitors who present a Museum Day Live! ticket. Pacific Aviation Museum Pearl Harbor is a Smithsonian Affiliate.

This year’s event will include special tribute displays highlighting the Tuskegee Airmen, the 100th Infantry Battalion and 442nd Regimental Combat Team. Japanese Cultural Center of Hawaii will present a documentary film called “Honouliuli: Hawaii’s Hidden Internment Camp” that sheds light on the longest operating and largest WWII internment and POW camp in Hawaii.

Costumed interpreters representing Rosie the Riveter, Cornelia Fort, USCG Lt. Erickson and other World

War II pioneers and heroes will interact with visitors, sharing the stories of those individuals they represent.

There will also be presentations and book signings by award-winning authors Stacey Hayashi (Journey of Heroes), Dorinda Nicholson (Pearl Harbor Child), and Marc Wortman (1941: Fighting the Shadow War). Veterans from the 100th Infantry Battalion and 442nd Regimental Combat Team will accompany author Stacey Hayashi during her meet-and-greet session.

Nell Calloway, granddaughter of Gen. Claire Lee Chennault who led the “Flying Tigers” and the Republic of China Air Force during World War II, will also be on hand to share stories of her grandfather’s heroic feats. Other activities include swing dance, riveting in Lt. Ted Shealy’s Restoration Shop, historic aircraft modeler demonstrations and open cockpits.

For more information, visit [www.smithsonianmag.com/museumday/](http://www.smithsonianmag.com/museumday/) or visit [www.pacificaviationmuseum.org](http://www.pacificaviationmuseum.org) or call (808) 441-1007.