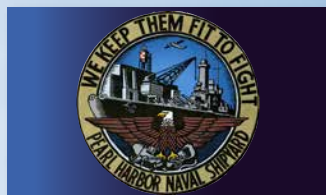


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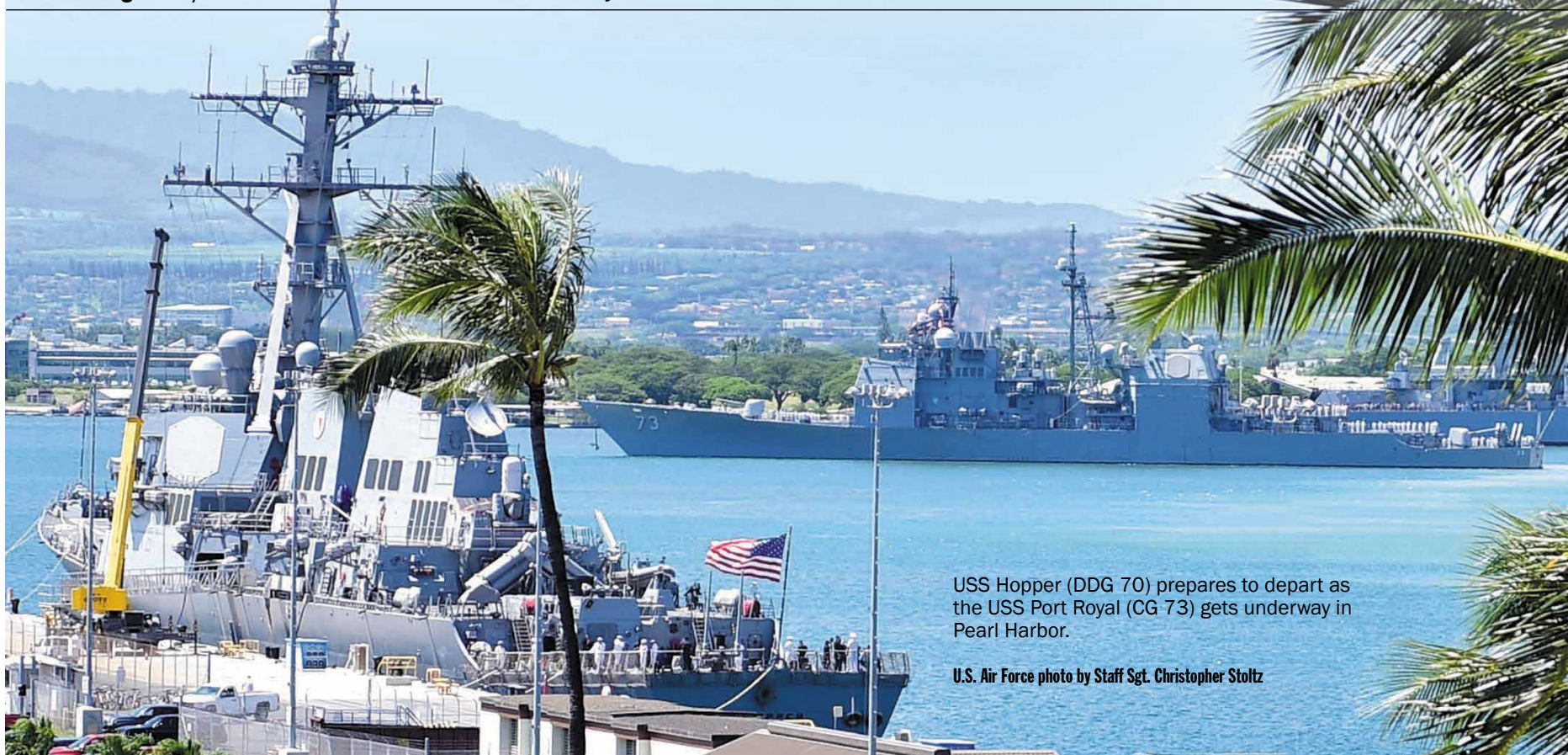
“Navigator” HO'OKELE

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

August 26, 2016

www.cnmc.navy.mil/hawaii www.hookelenews.com

Volume 7 Issue 33



USS Hopper (DDG 70) prepares to depart as the USS Port Royal (CG 73) gets underway in Pearl Harbor.

U.S. Air Force photo by Staff Sgt. Christopher Stoltz

USS Port Royal and USS Hopper deploy

Navy Region Hawaii Public Affairs

Guided-missile cruiser USS Port Royal (CG 73), with an embarked detachment from Helicopter Maritime Strike Squadron 37 (HSM-37), and guided-missile de-

stroyer USS Hopper (DDG 70) departed their homeport of Joint Base Pearl Harbor-Hickam for an independent deployment to the U.S. 7th and 5th Fleet areas of operation, Aug. 25.

“The warriors aboard USS Port Royal and

USS Hopper have been working together diligently to prepare for this deployment to the 7th Fleet and 5th Fleet AOR (area of responsibility),” Rear Adm. John Fuller, commander, Navy Region Hawaii and Naval Surface

Group Middle Pacific, said.

While deployed, Port Royal and Hopper will transit through the western Pacific to enter the 5th Fleet area of operation supporting maritime security operations and theater coop-

eration efforts.

“Port Royal and Hopper crews are trained and ready to execute higher headquarters tasking. We join their friends and families in wishing them a safe and successful deployment,” Fuller said.

Port Royal and Hopper help provide deterrence, promote peace and security, preserve freedom of the seas and humanitarian/disaster response as well as supporting the Navy's Maritime Strategy when forward deployed.

Battleship Missouri Memorial to commemorate end of World War II

Battleship Missouri Memorial Association

Seventy-one years ago, on Sept. 2, 1945, World War II came to an end on the decks of the USS Missouri.

This year on Friday, Sept. 2, the Battleship Missouri Memorial will host a ceremony on the famed ship's fantail to commemorate one of the landmark anniversaries of the 20th century and honor all those who fought to protect America's freedom with valor and fortitude.

Former Congresswoman Colleen Hanabusa will deliver the keynote address, and Rear Adm. Frederick “Fritz” Roegge, commander of the U.S. Pacific Fleet's Submarine Force, will present remarks as the ceremony's distinguished guest speaker. Steve Colón, president of Hunt Companies' Development Division will present the opening address.

The commemoration ceremony will feature music by the Pacific Fleet Band and a 21-gun salute by the Joint Base Pearl Harbor-Hickam rifle platoon.

The event is free and open to the public. Complimentary round-trip shuttle service to the Battleship Missouri Memorial will be offered from the



U.S. Navy photo

Fleet Adm. Chester W. Nimitz signs the Instrument of Surrender as United States representative aboard USS Missouri (BB-63) on Sept. 2, 1945. Standing directly behind him are (left to right) Gen. Douglas MacArthur, Adm. William F. Halsey and Rear Adm. Forrest Sherman.

Pearl Harbor Visitor Center beginning at 7 a.m.

“This is a day to pause and

remember all those who stood up against tyranny to ensure the freedom of our future gen-

erations,” Michael Carr, president and CEO of the USS Missouri Memorial Association,

said. “It's an honor to welcome guests aboard the USS Missouri, here in Pearl Harbor, and have them stand in the exact spot where the fighting ended and a new friendship between the U.S. and Japan began.”

It was aboard the USS Missouri in Tokyo Bay on Sept. 2, 1945, that Gen. Douglas MacArthur, Adm. Chester Nimitz and representatives of the Allied Powers accepted Japan's formal surrender.

Following the ceremony, guests are invited to attend the dedication of the Battleship Missouri Memorial's newly renovated exhibit, The crew's room. The exhibit spans the full lifespan of the USS Missouri and displays keepsakes of those who served on its decks during World War II, the Korean War and Operation Desert Storm.

The Battleship Missouri Memorial is open daily from 8 a.m. to 4 p.m. General admission (includes choice of an optional tour), is \$27 per adult and \$13 per child (4-12). Military, kamaaina (local resident) and school group pricing is available.

For information or reservations, call (toll-free) 1-877-644-4896 or visit www.usmissouri.org

POW/MIA Accounting Agency facility wins design award

Don Rochon

Naval Facilities Engineering Command Headquarters Public Affairs

WASHINGTON—Naval Facilities Engineering Command (NAVFAC) announced the winners of its 2015 Commander's Design Awards for exceptionally designed facilities worldwide, Aug. 18.

The Commander's Award for Design Excellence was given to the

Daniel K. Inouye Defense POW/MIA Accounting Agency Center for Excellence at Joint Base Pearl Harbor-Hickam.

The Center for Excellence provides the Department of Defense a facility to provide the fullest possible accounting of missing service personnel to their families and the nation.

“We congratulate this year's winners for exemplifying NAVFAC's planning and design ex-



Photo by DPAA

cellence,” NAVFAC chief engineer and capital improvements business line director Joseph Gott, said.

Navy architects and

engineers impact naval bases around the world, providing Sailors, Marines and their families with high-quality offices,

gymnasiums, homes, operational facilities and more. The buildings must be functional, safe, long lasting, environmentally

friendly and aesthetically pleasing. The NAVFAC design awards program showcases some of the Navy's best in this regard.

The Buzz: Mosquitos and the Zika virus explained

MC2 Charlotte C. Oliver

Defense Media Activity

Navy Medicine released Zika virus infection guidance in NAVADMIN 032/16, Feb. 10, communicating force health protection measures and travel precautions to Navy and Marine Corps personnel.

The Naval Health Research Center (NHRC) was cleared by the Centers for Disease Control and Prevention to test clinical specimens for Zika virus in April.

NHRC is one of six laboratories in California, three of which are located in Southern California, that are authorized at this time to use the Trioplex Real-time RT-PCR Assay, a new test developed by the CDC, to detect the virus.

“The Zika virus is one of many mosquito-borne diseases,” Lt. Ryan Aylsworth, an entomologist at the Navy Entomology Center of Excellence (NECE) in Jacksonville, Florida, said. “Its recently hit our radar due to concerns from the World Health Organization and the risk it poses to forces deployed around the globe.”

Part of the NECE mission is to educate Sailors and Marines who may be deployed to areas where Zika has been



U.S. Navy photo by James Gathany

The Aedes Aegypti mosquito is one of two found in tropical climate countries which is capable of carrying the Zika virus.

found. Part of that education is to avoid and mitigate areas with standing or stagnant water, which is a known breeding ground for mosquitoes.

NECE recommends wearing insect repellent, rolling your sleeves down and using permethrin-treated uniforms to minimize possible exposure to the mosquitoes that can spread Zika.

The following steps are recommended for those traveling to an area with ongoing Zika virus transmission:

- Choose a hotel or lodging with air conditioning or with screens on windows and doors.
- Sleep under a mosquito net if you are outside or in a room that is not well screened.

• Cover exposed skin by wearing long-sleeved shirts and long pants.

- Use EPA-registered insect repellents containing DEET, picaridin, or IR3535. These are safe for pregnant women when used as directed.
- Use permethrin-treated clothing and equipment.
- Look for insect repellants that contain 20-35

percent DEET, the most common active ingredient in insect repellent, or 20 percent picaridin. Repellents containing permethrin can be used to treat clothing and are safe for pregnant or nursing mothers and their children. These repellents can be purchased through online retailers and local sporting goods stores.

“If you or someone you know develops sudden fever, rash, joint aches, or red, irritated eyes within two weeks of travelling to an area of ongoing Zika virus transmission, see your Navy Medicine health care provider immediately, and report your symptoms and travel history,” Cmdr. Eric Deussing, head of public health, emergency preparedness and response U.S. Navy Bureau of Medicine and Surgery (BUMED), said.

As a reminder protect yourself and your home by covering exposed skin or using insect repellent, keeping all areas surrounding your home free of standing water and checking your area for any scheduled fogging and mosquito control. Protection can be the best prevention.

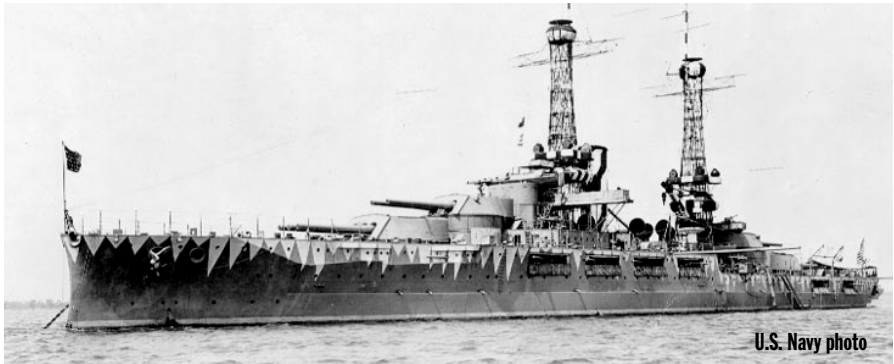
For the most current information about the Zika virus, please visit the Navy and Marine Corps Public Health Center’s website at <http://www.med.navy.mil/sites/nmcphc/Pages/Home.aspx/>.

USS Oklahoma Sailors killed in WWII accounted for

Defense POW/MIA Accounting Agency

Lt. Julian B. Jordan, Fireman 1st Class Jim H. Johnston and Seaman 1st Class Murry R. Cargile, killed in the attack on the USS Oklahoma on Dec. 7, 1941, have now been accounted for.

The USS Oklahoma (BB-37) arrived in Pearl Harbor on Dec. 6, 1940, and spent the next several months participating in exercises and conducting patrols. On the morning of Dec. 7, 1941, a fleet of Japanese carriers launched formations of dive bombers, torpedo planes and fighters against the



U.S. Navy photo

vessels moored in the shallows of Pearl Harbor. The USS Oklahoma suffered 429 casualties as it quickly capsized due to damages sustained from multiple torpedoes. The majority of the casualties (Sailors and Marines) were never identified.

During efforts to salvage the vessel, Navy personnel collected a large number of remains representing as many as 400 individuals. Most of these were later buried as unknowns at the National Memorial Cemetery of the Pacific in Honolulu.

In 2015, the Defense POW/MIA Accounting Agency personnel exhumed these remains and as a result in advances in forensic and analytical capabilities, were able to identify Johnston and Cargile.

For more information, visit www.dpaa.mil

Shipyard horn operations resumed Aug. 25

Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility Public Affairs

Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility (PHNSY&IMF) resumed use of the shipyard’s horn to indicate the beginning and ending of PHNSY&IMF work shifts and lunch breaks, Aug. 25. This will be the first use of the refurbished horn since 2013.

The shipyard horn signals have historically been the most effective method to communicate the day-to-day rhythm of the shipyard workforce of more than 5,000 personnel—military, civilian and contractors.

The horn, which will sound from Building 149 on PHNSY&IMF, may be heard across Joint Base Pearl Harbor Hickam (JBPHH) and at some

locations adjacent to the base.

Horn signals will mark the following events during the Shipyard work day:

- 6:25 a.m.—Five-minute alert to the start of first shift (five second tone)
 - 6:30 a.m.—Start of first shift (10 second tone)
 - 11 a.m.—First shift lunch break (10 seconds)
 - 11:30 a.m.—Return to work following first shift lunch break (five seconds)
 - 3 p.m.—End of first shift / Beginning of second shift (10 seconds)
 - 6:30 p.m.—Second shift lunch break (10 seconds)
 - 7 p.m.—Return to work following second shift lunch break (10 seconds)
- Alerts on the shipyard horn will not be sounded after 7 p.m., nor will they sound on weekends or federal holidays. For more information, call 474-0272.



U.S. Navy photo

Battleship Row after the Japanese attack on Pearl Harbor on Dec. 7, 1941. The capsized USS Oklahoma (BB-37) is visible in the foreground. Behind it is USS Maryland (BB-46). USS West Virginia (BB-48) burns on the right.

GOT SPORTS

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STORY IDEAS?

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Diverse VIEWS



What's the best piece of advice
you've ever received?



**Culinary Specialist 1st Class
Jeremy Boortz**
*Executive Transport Detachment,
Pacific*

"‘Everything is relative’ is the best piece of advice I've ever received. When things don't seem to be going your way, remember all the things you do have going for you, and that things could be way worse. Things are always based on your opinion or perception. Sometimes you have to remember to see things from other opinions or perceptions."

**Fire Control Technician 3rd Class
Jared Cook**
USS Asheville (SSN 758)



"The best piece of advice I've been given is to work like you're going to stay in but prepare like you're getting out. This piece of advice has helped me a lot since I haven't decided if I want to stay in the Navy or get out."



Staff Sgt. Matthew Flowers
*Det. 1, 18th Aeromedical
Evacuation Squadron*

"The best piece of advice I have ever received was 'You will always get a better result from face to face over email.' Take the time to get up and talk to someone in person rather than the quicker way."

**Operations Specialist 2nd Class
Ashley Gaskins**
USS John Paul Jones (DDG 53)



"I was told from a DC1 one day that it's not what you did today but what you do tomorrow and it really helped me through a tough time in my life."



Staff Sgt. Ariel Martinez
735th Air Mobility Squadron

"‘Everything is temporary’ is the best piece of advice I've received. Your military career/life will not always go as planned so make the best of every situation and remember it is all temporary."

**Naval Aircrewman Avionics 2nd Class
Andrew Whitney**
Patrol Squadron 47 (VP 47)



"I was told to make yourself an asset and to make yourself hard to replace. This advice kept me motivated to keep working towards higher qualifications and helps me stand out at my command."

*Provided by David D. Underwood Jr.
and MC1 Phillip Pavlovich*

*Want to see your command featured in Diverse Views?
Got opinions to share?
Drop us a line at editor@hookelenews.com*

JBPHH announces Borchers Gate closure, Sept. 9-12

Borchers Gate will be closed to all incoming and outgoing traffic from 5 p.m. on Friday, Sept. 9 to 5 a.m. on Monday, Sept. 12 to allow NAVFAC contractor to repave asphalt. Personnel may use Luapele Gate accessed via Salt Lake Boulevard as entry control point for Makalapa compound. Personnel are required to obey all lane closure and warning signs. For more information, contact Lt. j.g. Jacob Springer at Jacob.springer@navy.mil or 449-3140.

Commentary

Reflecting on Navy's commitment to equality

Cmdr. Hillary Darby

*Sexual Assault Prevention
and Response Officer Navy
Region Hawaii*

Each year, the United States reflects on Women's Equality Day Aug. 26, commemorating the passage of the 19th Amendment in 1920 that granted women their right to vote.

For those of us in the Navy, where we receive equal pay for equal work and where all military occupations and positions have been opened to women without exception as long as they qualify and meet specific standards, we have a responsibility to continue championing equality for the next generation of girls and women.

My generation is part of a cresting wave of equality and greater opportunities for women in uniform.

At the U.S. Naval Academy I was a member of the 11th graduating class to include women, where I witnessed the Navy's commitment to equality and a deep investment in women as future leaders.

I had the great good fortune to select for naval aviation and that's when the world really opened to



Courtesy photo

Cmdr. Hillary Darby and daughter stand next to a Sea Hawk helicopter flown by Cmdr. Bobby Brown, director of diversity and inclusion for Commander, Naval Air Forces, U.S. Pacific Fleet.

me. When combat helicopters became an option for women I selected the Sea Hawk, and it's been an awesome ride ever since.

As with most Sailors, I've had the privilege of serving at various duty stations around the world.

I've served as an officer-in-charge of a helicopter detachment at sea, an executive officer of a Marine unit, an OIC of a surveillance facility, and most recently became sexual assault prevention and response officer and have served as acting chief of staff for Commander,

Navy Region Hawaii.

When I first joined the Navy, I didn't see women in positions as commanding officers, command master chiefs or other senior positions. So much has changed. Today, women are part of the leadership structure.

As we reflect upon Women's Equality Day, let's consider how far we have come in the military; everyone has the opportunity to make a difference serving in defense of our great nation, regardless of gender.

Our commitment must

carry on to the next generation.

I know we are making a connection. Last year, my daughter, who was ten years old at the time, gave me a handwritten card titled "I am a Girl. I can." Turn the card over and it says, "I can make a difference. I can stand up for what I believe in. I can fight for what I believe in. I won't let anybody tell me what's wrong or what's right. I'll do things my way. I'll stick to what I believe in to the end."

Happy Women's Equality Day!



U.S. Navy photo by MC2 Kilho Park

An all-female line-handling team guides the phone and distance line from the aircraft carrier USS Harry S. Truman (CVN 75) to the Military Sealift Command fleet replenishment oiler USNS Big Horn (T-AO 198) during a replenishment at sea (RAS).

Gemini V splashes down

Astronaut L. Gordon Cooper Jr. is hoisted up to a U.S. Navy helicopter during splashdown recovery operations in the Atlantic Ocean after the record-setting eight-day Gemini V mission, which took place 51 years ago this week. Gemini V was launched on Aug. 21, 1965. The astronauts were command pilot Gordon Cooper Jr. of the U.S. Air Force and pilot Charles Conrad Jr. of the U.S. Navy. They completed 120 orbits in almost eight days. Recovery was by helicopter from USS Lake Champlain (CVS 39).

Photo courtesy of NASA



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Navy Region Hawaii
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HO'OKELE
PEARL HARBOR - HICKAM NEWS

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Picture means more than words for Coast Guardsman

**Story and photo by
Staff Sgt.
Chris Hubenthal**

*Defense Media Activity –
Forward Center Hawaii*

More than 20 years after their first encounter in a small atoll known as Woleai, U.S. Coast Guard Boatswain's Mate 1st Class Ken Raigeluw and Master Chief Petty Officer Ronny German realized they had met during Operation Hand Clasp through a shared photo.

Command Master Chief German, Coast Guard Sector Honolulu, brought in photos from his trip in 1993 after talking about their experiences.

"I had a photo of a group of kids on a wooden boat that's on the beach," German said. Upon showing Raigeluw, he just turned pale and said "That's me, that's my friend, that's my other friend, that's my cousin..."

The picture is the only childhood photo of Raigeluw, a picture that reminds him of the day that changed his life forever.

Raigeluw said that the day the U.S. Coast Guard came to his small island home those many years ago remains one of his fondest childhood memories. Growing up on Woleai, technology was



U.S. Coast Guard Command Master Chief Petty Officer Ronny German, Coast Guard Sector Honolulu, and Boatswain's Mate 1st Class Kensley Raigeluw, U.S. Coast Guard District 14, look at photos of when they first met at Woleai atoll in Aug. 8, 1993, on Sand Island.

scarce and outside visitors were rare.

"We had one VHF radio on the island so this person told everyone there was a boat coming," Raigeluw said. "When we heard about the [U.S. Coast Guard Cutter CGC Basswood (WLB-388)] coming to our island that day we were super excited and

that was my first exposure to the Coast Guard."

German, then a 21-year-old man, was one of the crew members who visited that day.

"It was 23 years ago, I just joined the Coast Guard," German said. "Woleai was a small island that had no port to pull into so we had to anchor

out and bring small boats ashore. We were told that there was no power, no water... they had a generator so they could listen to the radio to know when storms were coming but that was about it."

When the Coast Guard touched down on the beach of Woleai, they brought with them people and

equipment that could help provide aid and support for the locals if there was a need.

"We brought doctors and dentists ashore to look at any of the people and see if they needed any teeth pulled, had any major medical issues, and it was also a kind of morale event," German said.

"We brought barbecues ashore; steak and ice cream, and we were cooking for the local people. At the same time they went fishing for us and caught a whole bunch of lobsters for us."

Raigeluw was able to interact with the Coast Guardsmen and was invited to see how they lived and operated.

"They even took us to go out on the boat and gave us a tour," Raigeluw said. "Stepping onto that cutter... that's the moment that it changed my life."

German took pictures for his scrapbook throughout the day, documenting both his crew mates and the locals. Unbeknownst to him at the time, one simple photo would end up meaning a great deal to Raigeluw years later.

Raigeluw held onto the memory of that day throughout the following years and after having another chance encounter with the Coast Guard, he decided to enlist. Today Raigeluw works at the district office and supports units in Hawaii, Guam, and American Samoa.

Despite his accomplishments and success in the Coast Guard, Raigeluw still stays humble and attributes where he is today to his past experience.

B-52s enhance Australian partnership in Vietnam remembrance flyover

**Tech. Sgt.
George W. Maddon Jr.**

*Headquarters Pacific Air Forces
Public Affairs*

In conjunction with a routine mission, two U.S. Air Force B-52H Stratofortress aircraft performed a flyover Aug. 18 in Canberra, Australia, during a ceremony commemorating the 50th anniversary of the Battle of Long Tan and Vietnam Remembrance Day.

At the request of the Australian government, two Pacific Air Forces (PACAF) B-52s supported the event commemorating the strong U.S.-Australia alliance during the Vietnam War and after. Following the flyover, both aircraft conducted a scheduled training mission in Exercise Pitch Black, a multilateral exercise hosted by Australia from July 29 through Aug. 19.

"The working partnership we have between the two nations is clearly a deep and enduring one," Royal Australian Air Force Group Capt. Kirrily Dearing, liaison to PACAF, said. "It continues to be strengthened each year through further development of existing exercises and engagements and a number of other opportunities that emerge the more we work together."

For members of the 69th Expeditionary Bomb Squadron, the event concluded the final chapter of their time in the U.S. Pacific Command (PACOM) region.

"It's humbling to be a small part of honoring the heroes who fought and died in Vietnam," U.S. Air Force Capt. Andrew



U.S. Air Force photo by Staff Sgt. Sandra Welch

A U.S. Air Force B-52H Stratofortress conducts a training mission over the Delamere Training Range in Northern Australia during Exercise Pitch Black, Aug. 18.

Melander, 69th EBS B-52 aircraft commander on the second aircraft, said. "We are inspired by the bravery of all who supported the cause of freedom during that conflict, and we hope to live up to the standard they set as we fight alongside Australia and our other amazing allies in the future."

Throughout the year, the U.S. and Australia participate in a number of bilateral exercises including Pitch Black in Australia, Cope North in Guam, and the Rim of the Pacific in Hawaii. These exercises enhance readiness and strengthen regional partnerships that allow all the participants to ef-

fectively respond to regional challenges.

"Australia is a key ally and partner of the United States and has worked with the U.S. in the PACOM region for humanitarian and disaster relief, as well as many bilateral exercises, and also across the world in various contingency

operations," U.S. Air Force Maj. Patrick Applegate, the PACAF Bomber Operations deputy chief, said. "Bomber integration provides a unique training opportunity for both nations and further enhances our cooperative efforts. This flyover represents just a small aspect of that cooperative effort."

Pearl Harbor-Hickam Highlights



The 149th Maintenance Squadron, 149th Fighter Wing, Texas Air National Guard, completes launch preparation at Joint Base Pearl Harbor-Hickam, Aug. 18. The 149th FW participated in Sentry Aloha 2016, a large-scale fighter exercise hosted by the Hawaii Air National Guard.

U.S. Air National Guard photo by Tech. Sgt. Rebekkah Jandron



U.S. Marine Corps photo by Lance Cpl. Robert Sweet
Minister Kahu Kelekona Bishaw performs a traditional Hawaiian blessing during the Marine Memorial Rededication Ceremony at the USS Arizona Education Center, Aug. 19. Bishaw sprinkled fresh Hawaiian water over the memorial, representing the connection between Hawaii and the fallen Marines.



U.S. Coast Guard photo by Petty Officer 3rd Class Sean Mazer
The Coast Guard safely towed a disabled 46-foot commercial fishing vessel with three persons aboard back to the Port of Honolulu, Aug. 19. A 45-foot response boat-medium boat crew from Coast Guard Station Honolulu relieved the the USCGC Kittiwake (WPB 87316) in towing the vessel at the entrance of the Port of Honolulu and brought them back safely to the pier.



U.S. Navy photo by MC3 Class Trevor Kohlrus
Hawaii Army National Guard Sgt. Challis Santos, from Honolulu, gives a presentation about basic life support during a Pacific Partnership 2016 pre-hospital subject matter expert exchange aboard hospital ship USNS Mercy (T-AH 19).

The crew of the Virginia-class fast attack submarine USS Hawaii (SSN 776) stand at the rails aboard WWII museum ship USS Bowfin (SS 287) to shoot a spirit spot for Fox Sports to commemorate the 75th anniversary of the attack on Pearl Harbor. Fox Sports is returning to Joint Base Pearl Harbor-Hickam to telecast four college basketball games live on Dec. 6 and Dec. 7. Participants include the University of Hawaii, University of California, Princeton University and Seton Hall University.

U.S. Navy photo by Cmdr. Corey Barker



Operation Hele On provides children with glimpse into deployment

Staff Sgt. Christopher Stoltz

Joint Base Pearl Harbor-Hickam Public Affairs

Children at Joint Base Pearl Harbor-Hickam were able to walk a mile in their parents' boots as they had the chance to experience part of the deployment process during Operation Hele On, Aug. 19.

Hele On, which is Hawaiian for "ready to go," is an annual event hosted by the Joint Base Pearl Harbor-Hickam Military Family Support Center which helps children of military members understand the difficulties associated with real world deployments.

More than 120 children attended the day-long event, which included an intelligence briefing, mobility bag pickup, obstacle course, combat arms training, C-17 Globemaster III static tour and drill competition.

One of the most popular events during the day was the demonstration by the 647th Security Forces Squadron Combat Arms Training and Maintenance instructors. Their exhibit featured different inert weapons platforms for the children to interact with and learn about.

Staff Sgt. Zachary Gray, 647th Civil Engineering Squadron pavement and equipment operator, volunteered as an instructor for Operation Hele On and said one of the best parts about the event was the children's enthusiasm toward the process.

"When service members are tasked with deployments, children mostly see it as 'mom or dad has to go away for a while,'" he said. "However, the children don't quite understand exactly what their mom or dad is going through. Even though it is just a glimpse of what is really required, the event serves as a kid-friendly



way to help them cope and comprehend what their parents may be going through."

Gray was not only tasked with ensuring the children enjoyed the event safely, but was also responsible for ensuring they were able to follow drill commands.

"Most of the day was a blast," he said. "I will admit one of the more-challenging aspects of the day was the drill instruction. In basic training, we had nearly eight weeks to master drill — and even then, some Airmen still had issues. However, during the event, we had less than a few hours."

Those few hours of training between activities during the day culminated with a welcome home ceremony for the children. Parents and friends lined the road as the children marched toward Joint Base leaders and judges, including Col. Richard Smith, JBPHH vice commander and Chief Master Sgt. Michael Andrews, JBPHH senior enlisted leader.

The appointed military training instructors and their flights of children marched past their family and friends en route to performing a small drill routine for the judges. After all the flights passed, the children made their way into the Makai Recreation Center where they received medals for their participation and learned who won the overall competition.

"Although there were plenty of obstacles, I feel the children did an excellent job adapting and excelling," Gray said. "It was their attitude, not just toward marching, but the way they approached the entire event. Perhaps when it is time for mom or dad to deploy, they will remember back to today and hopefully it will make it easier for them."

Photos courtesy of Joint Base Military and Family Support Center



Who'OKELE Online

<http://www.hookelenews.com/> or visit
<https://www.cnmc.navy.mil/Hawaii>



Rededication for the fallen of attack on Pearl Harbor

Story and photo by
Lance Cpl.
Robert Sweet

*U.S. Marines Corps
Forces, Pacific*

Nearly 75 years ago, the infamous attack on Pearl Harbor took place.

The Imperial Japanese military conducted the surprise attack on Pearl Harbor Dec. 7, 1941 early in the morning on the island of Oahu—it was over before noon.

This devastating attack took the lives of more than 2,400 service members, including 73 U.S. Marines.

A ceremony was held to rededicate the Marine Memorial at the USS Arizona Education Center, Aug. 19. The memorial expresses the nation's appreciation for these American heroes.

Families, friends and military service members came to Pearl Harbor to view the bronze plaques commemorating the 73 valiant U.S. Marines who made the ultimate sacrifice and their 15 brothers who survived the attack on the battleship USS Arizona.

"As Marines, we consider it our sacred duty to honor those who fought and sacrificed so much here, to always remember their deeds, and to never let their sacrifices be in vain," Lt. Gen. John A. Toolan, commander of U.S. Marine Corps Forces, Pacific, said.

For some members of the audience, this was their first experience witnessing the Marine Corps' dignified ceremonial proceedings.

"It's nice to see how the Marine Corps upholds their traditions first hand," Angelika Khan, a native of Germany, whose son is



U.S. Marine Lt. Gen. John A. Toolan, commander of U.S. Marine Corps Forces Pacific, takes a moment to honor fallen Marines during the Marine Memorial Rededication Ceremony at the USS Arizona Education Center, Aug. 19.

enlisting in the U.S. Marine Corps said. "To have General Toolan come down here to speak about these Marines was truly an honor and something I will never forget, especially now knowing what kind of institution my son is getting into."

Memorials, like the one rededicated to the USS Arizona Marines, pique visitors' curiosity.

"Anytime there is something new, people gravitate to it, but it will always be here," Stanley Mertes II, a photographer for the Pacific Aviation Museum, said. "Now there

is something they will see and they will take pictures to research it, only later to learn about the history of these Marines."

The audience and passers-by paused in silence as the bugler sounded taps. This event illustrated the Marine Corps tradition of holding the highest regard for the fallen with a poignant remembrance ceremony.

(Right) Cpl. Shawn Anderegg, assigned to the U.S. Marine Corps Forces Pacific Band, sounds Taps during the Marine Memorial Rededication Ceremony.



HO'ŌKELE
FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

Life & Leisure

Sailors push through Spartan Race

Story and photos
by CTT2
Christopher House

Before the sun even rose across the Island of Oahu on Aug. 13, lines had formed at Kualoa Ranch for the annual Hawaii Spartan Race. The race types available for Oahu participants were the Sprint, Super and the Beast, ranging from three miles and 20 obstacles to 12 miles and 30 obstacles.

Oahu runners in the best of shape were also able to sign up for the Ultra Beast, which consisted of 26 miles and more than 60 obstacles.

Spartan racers were able to race individually or complete the course with a group of friends, however, even the Spartans that raced alone often found themselves reaching out for support from the rest of the racers.

Sailors from local commands pushed their way through the vertical rope course, one of the more challenging obstacles in the Sprint event. The Hawaii Chiefs Mess had a visible presence at the race, with several chiefs racing with their family and two groups completing the race as a team.



Hawaii transition attack is too much for North Carolina



Culinary Specialist 3rd Class Kali Pettigrew finishes off a dunk to lead Hawaii over North Carolina.

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

A week off league play may have done wonders for well-rested and refocused USS Hawaii (SSN 776), which used their energy to blitz USS North Carolina (SSN 777), 63-37, on Aug. 20 in a Summer Basketball League game at Joint Base Pearl Harbor-Hickam.

Hawaii, which forfeited their previous game due to their confusion on the league's schedule, reserved all of their pent-up frustration for their meeting with North Carolina and attacked from the opening tip-off until the final buzzer for the blowout win.

Although Hawaii seems to have the talent to be among the top teams in the league, the crew has so far underachieved and won for only the second time against four defeats.

Culinary Specialist 3rd Class Kali Pettigrew, who has been one of the best players on Joint Base for the past couple of seasons, said that this was the kind of game that he knows can be expected from Hawaii every time they show up on the court.

Unleashing a potent transition game that left North Carolina in the dust, Pettigrew said anytime they can push the basketball upcourt, good things should happen.

"It's been awhile since everybody has played together," Pettigrew said. "We took a break, got our chemistry back, got our legs under us and ran with it from there. It's a good team effort. Everybody came through in the end. We got a lot of speed and a lot of quickness on the team, so once we get the ball, it's like, outlet, outlet and go. That's what we're really good at right there."

In the early minutes of the game, North Carolina was able to stick with Hawaii and at the midway point of the half, only trailed by four points at 8-4.

Unfortunately for North

Carolina, Hawaii was just beginning to warm up and when Pettigrew swished a long jumper from downtown for a three, the team completed a 10-0 run to extend the lead out to 18-4 with 9:34 remaining before halftime.

Fire Control Technician Seaman Darius Carriere kept the heat by sinking a long trey of his own to maintain a 24-8 lead.

Then with 4:10 remaining on the clock before halftime, Hawaii picked their first 20-point lead on a steal and breakaway lay-up from Pettigrew to give his team a commanding 29-8 lead.

"Last week, there was a lot of miscommunication and we're a bit angry about taking the loss for no reason," Pettigrew said about the previous week's forfeit. "We took all that anger and put that into a great game today. That was our main focus today to make up for last week and keep pushing forward."

In the second half, Hawaii kept the domination going strong and never allowed North Carolina to get back into the game.

While Hawaii played excellent defense and overall team basketball, Pettigrew was the main thorn in North Carolina's side.

In the first half, Pettigrew's 12 points matched the offensive output for the entire North Carolina team.

Then, after the break, Pettigrew kept it coming by throwing down another dozen points for a game-high 24 points.

Hawaii also got big offensive contributions from Carriere, with 11, and Information System Technician 2nd Class Luther Kirchhofer, who sank three baskets from beyond the three-point arc and finished with 11 points.

"We can win it all," Pettigrew said following the lopsided win. "It just takes more dedication and participation from the team. We need everybody's support, but I think we got a great shot at the title."

NAVSUP FLC sweeps despite player shortage

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

Entering their Gold Division intramural volleyball matchup against the Bad Newz from Company 1 with only five total players, Naval Supply Systems Command Fleet Logistics Center (NAVSUP FLC) needed someone to step up with a huge game if the team hoped to come away with their fourth win of the season.

Playing one player short of a full starting squad, luckily for NAVSUP one player provided the ace in the hole that the team needed to not only defeat Bad Newz, but to do it in two straight sets, 25-13 and 25-22, on Aug. 18 at Joint Base Pearl Harbor-Hickam Fitness Center.

Marissa Tanaka, a Department of Defense civilian, turned out to be the catalyst that jump-started the NAVSUP attack every single time that the team needed a spark — proving that you don't have to be the biggest player to make an impact.

In the first set, with the score all tied at 5-5, Tanaka took control of service for her first attempts from the back line and calmly went to work.

Using a floating service, Tanaka had Bad Newz eating out of the palm of her hand by serving up moving balls that had the Marines from Company 1 baffled.

Although Tanaka recorded only one ace, her serves produced numerous hitting errors by the Bad Newz hitters, as NAVSUP went on to string together a dozen straight points to take a commanding 17-5 advantage before a side-out broke the streak.

"All I did was try to keep it in," Tanaka said about her success from service. "I like the floating serve because it kind of moves when it's coming to them, so they really don't know where it is."

The 12-point lead seemed to have deflated Bad Newz as the team found it impossible to



Kevin Topasna of NAVSUP tries for a kill during the team's showdown against Bad Newz from Company 1.

mount a comeback after suffering the double-digit deficit.

Meanwhile, Tanaka said that she was pleasantly surprised at how strong her team came out in the first half — especially since NAVSUP lacked a sixth player.

"I was a bit worried that we were a bit down in the first set," she said. "I don't know, but I think we work well together and we're very scrappy."

The team's dogged personality was put to the test in the second set, as Bad Newz started to put things together to keep the game close from start to finish.

NAVSUP fell behind early in the second set by a score of 7-3,

but then a side-out not only cut the lead down to three, it put the ball back in the hands of Tanaka, who went to work for the second time in the game.

With her moving serves still giving Bad Newz trouble, Tanaka took full advantage of the mismatch by leading the way to eight straight points and an 11-7 lead.

A side-out gave the ball back to Bad Newz and server Sgt. Tara Wilcox, who provided a counterpart to Tanaka and helped her team get back in the game and retake the lead at 13-11.

The boost was enough to keep Bad Newz ahead late in the second set, but with Tanaka back at service and the score tied at 22-

22, NAVSUP, aided by two kills from Kevin Topasna, a Department of Defense civilian, sealed the deal with three straight points for the straight-set win.

Wilcox said that after Bad Newz took the lead and stayed ahead for most of the final points of the second set, the team felt good about drawing even and moving on to the third and final set.

Instead, Wilcox said the same thing that plagued the team in the first set came back to haunt them in the second set.

"Communication is the biggest thing that we need to work on," she said. "We got the momentum going and we got on a high and then we starting

losing being vocal. We got more focused on getting it over the net, rather than trying to talk to each other. A few points got away from us and then it just got away from there."

Charles Spenser, another Department of Defense civilian, has played for some of the top volleyball teams on base over the past few years.

While he said that NAVSUP has a long way to go to match up with some of those teams, he feels that the group is competitive if everyone shows up to play.

"We just have fun and if we win, we win," Spenser said. "If everybody shows up, we actually have a decent team. We'll be happy just to make the playoffs."

NCTAMS PAC uses week off to rebound from defeat



**Story and photo
by Randy Dela Cruz**

Sports Editor, Ho'okele

Naval Computer Telecommunications Area Master Station Pacific (NCTAMS PAC) fell out of a tie for second place after suffering a five-point loss to USS Preble (DDG 88).

After Preble lost their showdown with league leader Reasonable Doubt in their next game, NCTAMS PAC are back in a deadlock for second place by trouncing USS Halsey (DDG 97), 61-39, on Aug. 20 in a Summer Basketball League game at Joint Base Pearl Harbor-Hickam.

The win raised NCTAMS PAC's record to 4-2, which is the same as Preble, as both teams look above to Reasonable Doubt, which now owns a perfect 6-0 mark.

After losing a heartbreaker to Preble in the previous week, it wouldn't be unusual for NCTAMS PAC's head coach Master Chief Patrick Walker to run his team through the wringer in hopes of getting the squad back on track.

Instead, Walker, who blamed the loss to Preble on himself, decided that the best way to prepare his team for their next game would be to give the players the week off.

"Believe it or not, we had no practice," Walker said. "Everybody was here early today, so I knew they were ready to play. I just gathered them up and said we're going back to fundamentals. Talk on the court, set

screens and box out and drive to the hole."

At first, the game was by no means a blowout, as Halsey stuck about for most of the first half.

Getting as close as a single point at 14-13 with 5:44 remaining before halftime, Halsey gave up a couple of quick baskets to NCTAMS PAC and all of sudden the momentum of the game began to shift.

With 2:16 on the clock, Information Systems Technician 3rd Class Miltuan Williams pumped in a jumper for three points to raise NCTAMS PAC's lead to 24-15.

A minute later, Information Systems Technician 3rd Marcus Jenkins dropped in a hoop to give NCTAMS PAC their first double-digit lead at 26-16.

NCTAMS PAC went into halftime holding on to their 10-point lead at 31-21, but coming out of the break the team steadily and methodically increased their advantage until the final buzzer.

In the first half, NCTAMS PAC got a solid, overall game from Williams, who has become the team's go-to player in clutch situations.

Williams knocked down the front end of two free throws for his first point, but then really stretched the floor with his outside shooting to give spacing for his teammates to go to work.

Williams knocked down three bombs from beyond the three-point arc, which pulled Halsey's defense to the perimeter and allowed easy open shots under

the basket for NCTAMS PAC.

A total of eight players got on the scoreboard for NCTAMS PAC, which is what Walker said he likes to see.

"What I do is that I try to play everybody," Walker said. "If it's a close game or a blowout, everybody has an opportunity to play. When it's time for us to make runs, I could put in anybody at any time."

One late addition who really proved Walker's point was Electronics Technician 2nd Class Jake Graves, who came off the bench in the second half and re-established himself as a front-line player.

Graves displayed a solid inside, outside game and was high energy every time he challenged for the ball inside the paint.

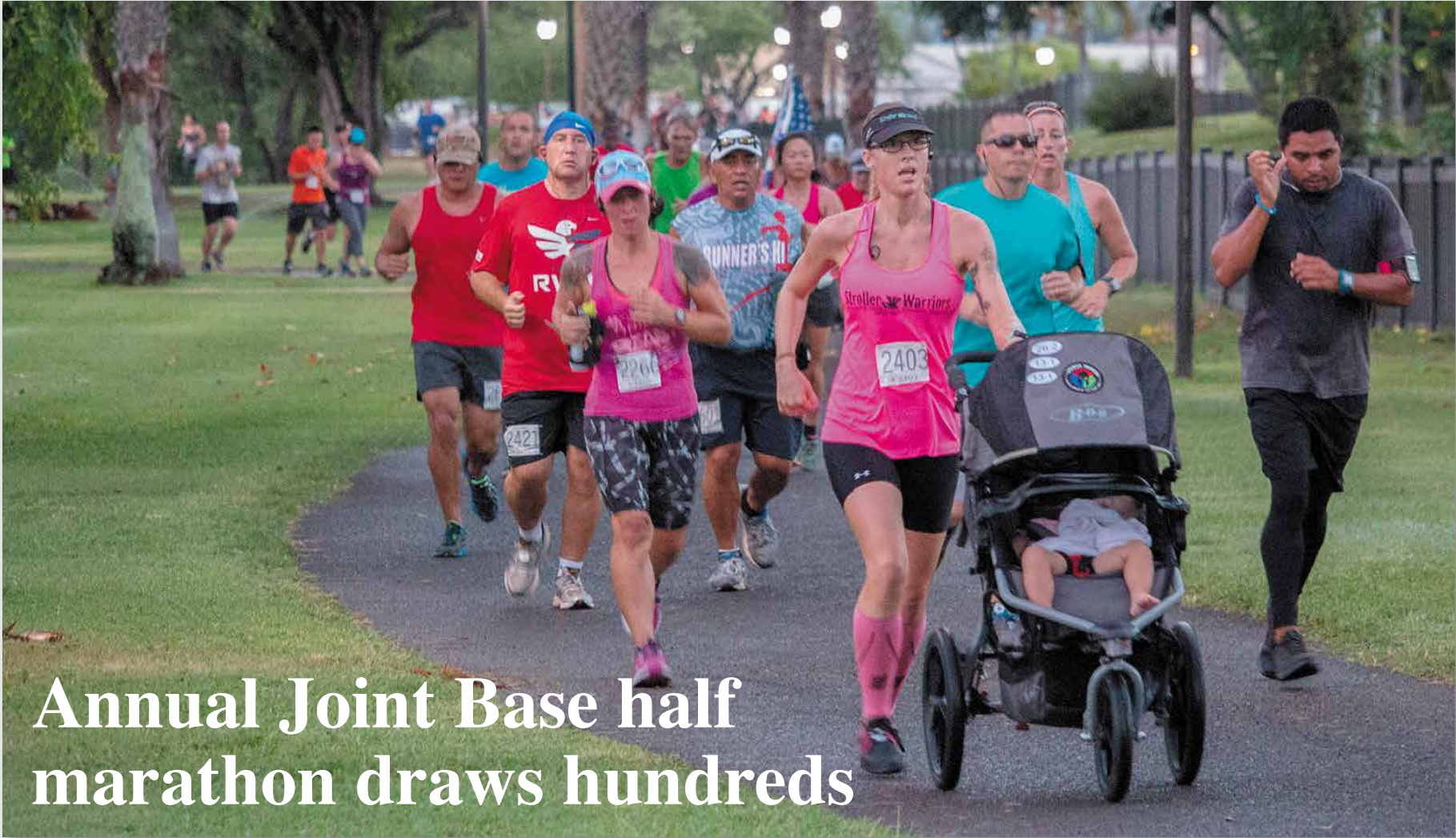
In limited time on the court, Graves posted 13 points to top all scorers on his team.

"Graves is a starter, but he was on leave," Walker said. "I didn't know if he was going to be rusty or not and that's why I brought him off the bench. Now that I see, I'm going to put him back in the starting lineup. He's game ready."

While the week off seemed to have worked for NCTAMS PAC this time, Walker said that it will be back to work as soon as possible.

"You always got to go back and work on the fundamentals," he said. "There is always finger pointing when you lose. I took the blame, there was no practice, and we came out today and played like the best team in the league."

Information Systems Technician 3rd Marcus Jenkins gets fouled by Operations Specialist 1st Class Byron Jones while taking the ball to the hoop.



Annual Joint Base half marathon draws hundreds

**Story by Helen Ko
Photos by Glenn Coloma**

*Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation*

Hundreds of runners and walkers participated in the 10th annual Joint Base Pearl Harbor-Hickam half marathon held Aug. 10.

The 13.1-mile race started at Earhart Track and wound around the base, providing participants with a scenic route as they made their way back to the finish line.

More than 500 people took part in this

year's event. The oldest was more than 90 years old, while the youngest runner checked in at 9 years old. After the race, participants were offered a free massage session.

Overall first place honors went to Kengo Yoshimoto with a time of one hour and 22 minutes. Second place went to Chuan Napolitano and third place to Anthony Konecni. The first female finisher was Yuko Nakai, who finished in 1:30.

Race results by age group can be found online at timelinehawaii.com. For race day photos, visit www.greatlifeohawaii.com.



Health focus on hepatitis A outbreak on Oahu

Naval Health Clinic Hawaii

There has recently been more than 200 confirmed cases of hepatitis A in Hawaii. All cases have been in adults.

Remember to practice good handwashing after using the bathroom and before and after eating. The hepatitis A virus is spread via fecal-oral route. Hepatitis A is a contagious liver infection. The virus is found in the stool of people with the infection and is usually spread by consuming food or water contaminated with the virus.

Not sure if you received the hepatitis A vaccine? Contact your Medical Home Port team through www.relayhealth.com and they can check your record or order a blood test to check.

As of 2006, children routinely receive the hepatitis A vaccine as part of their vaccination series starting at 12 months of age.

Parents are advised to ensure their child's immunization records are up-to-date. Although most service members receive this vaccine through routine requirements, they are reminded to review their immunization status to ensure protection.

If you think you or your child were recently exposed to hepatitis A, talk to your health care provider. If not previously vaccinated, you may benefit from getting vaccine or immune globulin to help prevent becoming ill.

The hepatitis A vaccine is available for beneficiaries enrolled to Naval Health Clinic Hawaii. For Naval Health Clinic Hawaii immunization clinics hours of operation, visit <http://go.usa.gov/xDgd4>.

For more information, read the *Hawaii State Department of Health information sheet* or visit the department's *hepatitis A outbreak 2016 page* at <http://go.usa.gov/xDgPV>.



Make physical activity a regular part of the day

United States Department of Agriculture

Center for Nutrition Policy and Promotion

Adding activity into your day is possible. Choose activities that you enjoy. Adults should aim for at least two-and-a-half hours or 150 minutes of physical activity each week. Every little bit adds up, and doing something is better than doing nothing. Most important is to have fun while being active. Here are some tips.

Take 10

Do at least 10 minutes of activity at a time to reach your weekly goal. Walk the dog for 10 minutes before and after work and add a 10-minute walk at lunchtime.

Mix it up

Start the week with a swim at the pool, take a yoga class during a weekday lunch, lift weights in the evening, and end the week by working in the garden.

Be ready anytime

Keep comfortable clothes and walking or running shoes in the car and at the office.

Find ways to move

Take a brisk walk around the parking lot, jog to the bus stop, or ride your bike. If you have an infant or toddler, take a long walk using the stroller and everyone gets some fresh air.

Work out during TV time

Watch a movie while you jog on a treadmill or download a video on your phone and watch while you ride a stationary bike.

Be an active parent

Instead of standing on the sidelines, walk up and down the soccer, football or softball field while the kids play their game.

Find support

Join a walking group, play wheelchair sports, practice martial arts, or sign up for an exercise class in your community. Recruit family or friends for support.

Enjoy outdoors

Visit a county or national park and spend time hiking, canoeing or boating.

Look for wellness at work

Find a softball, basketball or volleyball team at your job. You can also take the lead by starting a wellness or exercise group in your office.

The chores count, too

Clean the house, wash the car or mow the lawn with a push mower.

For more information, go to www.ChooseMyPlate.gov.

Editor's note: A link to this article and others can be found at the Defense Commissary Agency website, www.commissaries.com.





Summer



UPCOMING EVENTS

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation



Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation will hold upcoming events.

- Registration for intramural winter softball league ends today. The league is open to active duty military, family members 18 years and older and Department of Defense employees assigned to Joint Base Pearl Harbor-Hickam. The cost is \$460 per team. For more information, call 473-2494 or 473-2437.
- Free movie night will be held tonight from 6 to 9 p.m. at Pool 2. Customers can bring their own floats and watch a family-friendly movie after the sun goes down. Free popcorn will be given out while supplies last. For more information, call 260-9736.
- Information, Tickets and Travel (ITT) Shuttle to Eat the Street will be available tonight at 6:30 p.m. Patrons can take ITT's shuttle to the popular food truck event to avoid traffic and parking. Departure is from Hickam ITT office and returns 9:30 p.m. The cost is \$7. For more information, call 448-2295.
- Free pool challenge will be held tonight at 6:30 p.m. in Brews & Cues at Club Pearl.

- Patrons can play against some friends of the club for prizes. All participants can win. For more information, call 473-0841.
- Chinatown food and historic tour will be held Aug. 27 from 8:30 a.m. to 1 p.m. Departure is from Hickam ITT office to Chinatown, for a walking tour of local history. The cost is \$30 for adults, \$25 for ages 3 to 11 years. For more information, call 448-2295.
- Fall fitness and wellness challenge, focused on movement, nutrition and lifestyle will be held Aug. 29 to Oct. 7 at Joint Base Pearl Harbor-Hickam Fitness Center. Late registration is still open for \$360. Patrons can put together a team and get fit for fall. The team with the most points at the end wins prizes. Patrons can register at www.realwellnessco.com or call 255-7714.
- Kayaking basics will be provided Sept. 3 from 9 to 11 a.m. Participants can learn the basics of how to kayak with the MWR Outdoor Adventure Center. Class includes instruction on gear,

- maneuvering, water conditions and technique. The cost is \$15 and participants must sign up by Sept. 1. For more information, call 473-1198.
- Women's surfing class will be held Sept. 3 from 9 a.m. to noon at Hickam Harbor. Trained instructors can instruct participants in the history, science, etiquette and technique of surfing. The cost is \$30 and deadline to register is Aug. 31. For information, call 449-5215.
- Patrons can learn to stand-up paddleboard at Hickam Harbor Sept. 4 from 9:15 to 10:15 a.m. and 10:30 to 11:30 a.m. Participants can learn the basics in a stress-free environment. The cost is \$25 and the deadline to sign up is Sept. 1. For more information, call 449-5215.
- Bottom fishing at Hickam Harbor will be held Sept. 4 from 2:30 to 5:30 p.m. MWR Outdoor Recreation provides the boat, gear, bait and guides. The cost is \$30 and the deadline to sign up is Sept. 1. For more information, call 449-5215.

Blood drive set for Aug. 29 at Pearl Harbor Chapel



The Armed Services Blood Program (ASBP) will hold a blood drive from 9 a.m. to 1 p.m. Aug. 29 at the Pearl Harbor Memorial Chapel fellowship hall. All blood types are needed, especially O negative, O positive, A negative and A positive. All donations made will directly support Tripler Army Medical Center, deployed service members, military missions and their families.

In recent months, the blood has been used for military training events and actual missions for units such as Army forward surgical teams, Special Forces, Navy ships, Navy submarines, Air Force helicopters with evacuation teams, Coast Guard rescues and even cruise ships.

The following are a few basic requirements that must be met in order to donate blood with the ASBP. In general, donors need to:

- Have not donated blood previously within the last eight weeks.
- Weigh at least 110 pounds.
- Be at least 17 years of age.
- Have been feeling well for at least three days prior to donating.
- Be well hydrated and have eaten something prior to donating.
- Have picture ID and know when/where you have traveled.
- Be able to list the types of medications currently being taken.

For more information, contact the ASBP at (808) 433-6148 or visit www.militaryblood.dod.mil.

NCIS program focuses on workplace violence

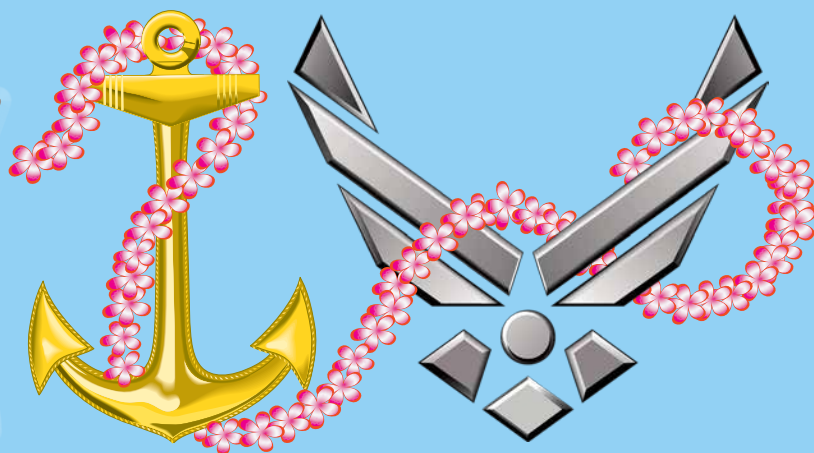
The NCIS Crime Reduction Program (CRP) has focused this quarter's efforts on identifying and preventing workplace violence. The CRP is an awareness and education program, which unites law enforcement and community service organizations with a shared goal of educating Sailors, Marines and Department of the Navy civilians about common threats to their safety.

Perpetrators of workplace violence incidents often display identifiable pre-attack indicators.

These warning signs include verbal cues such as threats and harassment; physical cues such as assaulting others, destruction of property, and deterioration of physical appearance; and obsessions/fixations on a particular grievance. Perpetrators believe that violence is a legitimate way to solve their problems. NCIS seeks to educate personnel about workplace violence in order to identify and mitigate potentially threatening situations before they escalate into workplace violence incidents.

For more information on the NCIS CRP, contact your local NCIS office at (808) 474-1218. Text tip info to 1 (800) 543-NAVY, text "NCIS" plus your tip info to CRIMES (274637), or contact the DoD Safeline at 1 (877) 955-5247.

AUGUST – SEPTEMBER

HO'OKELE
PEARL HARBOR - HICKAMCOMMUNITY
CALENDAR**5K GLOW RUN – TODAY**

The 15th Wing Sexual Assault Prevention and Response (SAPR) office is planning to light up the streets of JBPHH with a 5k Glow Run at 6:30 p.m. Airmen, Sailors and their families are invited to participate in the event, which is intended to bring the community together to focus on resiliency in a fun and new environment. The event will be open to anyone with base access, and glow products will be provided to those participating at no charge. FMI: call the 15th Wing SAPR office at 449-7272.

ARIZONA POOL CLOSED WEEKDAYS – NOW

Arizona Pool is now closed on weekdays. The pool is still open on weekends from noon to 5 p.m. The pool will be open on Labor Day from noon to 5 p.m.

15TH CPTS NEW HOURS – NOW

The new customer service hours for the Air Force finance office, 15th Comptroller Squadron (15th CPTS) are from 8:30 a.m. to 3:30 p.m. The office is located at 900 Hangar Ave. (Hangar 2), Joint Base Pearl Harbor-Hickam. Appointments will still be available between 7:30 a.m. and 4:30 p.m. for customers unable to make it during customer service hours. The office is closed at noon the third Thursday of every month for training. FMI: call 2nd Lt. Jordan S. Edwards at 449-0892.

STREET CONSTRUCTION – NOW

Now through Sept. 16, road paving is taking place in the intersection of Nimitz Highway and Valkenburgh Street. The work is from Sunday through Thursday nights from 8 p.m. to 4 a.m. The work also includes a partial lane closure at the intersection. FMI: 566-2299 or www.honolulutransit.org.

AIR FORCE SPOUSE 101 SEPT. 1 – Air Force Spouse 101: Heartlink will be held from 7:45 a.m. to 2 p.m. at Military and Family Support Center Hickam. The class is for those who are a new Air Force spouse, are about to become one, or have been one for a while but still have questions about the Air Force way of life. The event includes an

opportunity to establish a peer network with other spouses. A free lunch will be served. RSVP by Aug. 29 at MFSCHawaii@navy.mil FMI: www.greatlifehawaii.com or call 474-1999.

SUICIDE PREVENTION SEPT. 2 – A

“safeTALK” suicide prevention class will be held from 8 to 11 a.m. at Military and Family Support Center Pearl Harbor. Trained suicide prevention alert helpers can help participants apply the TALK steps (Tell, Ask, Listen, Keep Safe) to connect a person to suicide first aid caregivers. FMI: www.greatlifehawaii.com or call 474-1999.

BORCHERS GATE CLOSURE – SEPT. 9 TO 12

Borchers Gate will be closed to all incoming and outgoing traffic from 5 p.m. on Friday, Sept. 9 to 5 a.m. on Monday, Sept. 12. The traffic closure is due to the need for a contractor to repave asphalt. Personnel may use Luapele Gate accessed via Salt Lake Boulevard for the Makalapa compound. Personnel are required to obey all lane closure and warning signs.

8K HERO AND REMEMBRANCE RUN

– **SEPT. 10** The Tripler Army Medical Center's Fisher House will hold the fifth annual 8K Hero and Remembrance Run beginning at 6:30 a.m. on Ford Island. All participants should be on the island no later than 6 a.m. The free event is open to the military and the public. The event honors fallen service members from all branches who have given their lives since Sept. 11, 2001. There will be numerous boots with pictures of fallen service members on them and flags inside that will line the running route. The registration website is www.eventbrite.com. FMI: email anita.f.clingerman.naf@mail.mil or call 436-5543 or email Theresa.m.johnson2.naf@mail.mil or call (931) 217-0800.

SEA CADET OPEN HOUSE SEPT. 10 – The United States Naval Sea Cadet Corps will have an open house event aboard the Battleship Missouri Memorial at 10 a.m. The event is open to interested youth ages 10 to 17. The United States Naval Sea Cadet Corps has a limited number of openings for new cadets this school year. Cadets meet two Saturdays per month for hands-on training with the Navy, Coast Guard and Marine

Corps, including aviation, scuba diving and sailing. FMI: email erik.boohar@navy.mil or recruiting@hawaiiseacadets.com or visit the websites www.HawaiiSeaCadets.com and www.SeaCadets.org.

9/11 REMEMBRANCE CEREMONY

SEPT. 12 – A free public ceremony to mark the 15th anniversary of the Sept. 11, 2001 attacks on the World Trade Center and Pentagon will be held from 12:15 to 1 p.m. at Tamarind Park at Bishop Square in downtown Honolulu. The event will honor the victims of the attacks and Honolulu's first responders. The event will include ceremonial services by a Joint Service Color Guard and the U.S. Pacific Fleet Band.

DODGEBALL TOURNAMENT SEPT. 23 –

A dodgeball tournament will be held from 1 to 4 p.m. at Hickam Gym. Teams must register by Sept. 21. The tournament is limited to 18 teams of six players per team. Official rules are available upon email request. Water and barbecue pupus will be provided. The event is open to all services. FMI: Tech. Sgt. Sergio Jackson at 448-2257 or Tech Sgt. Christopher Fiero at 449-8555 or email afs.a.alohachapter.1550@gmail.com.

LIVING HISTORY DAY SEPT. 24 – A Living History Day event will be held at Pacific Aviation Museum Pearl Harbor. The event will feature student-created exhibits, special presentations and World War II-themed activities. FMI: www.smithsonianmag.com/museumday/ or visit www.pacificaviationmuseum.org.

ASIST TRAINING SEPT. 29–30, OCT. 11–12, NOV. 21–22 – Applied Suicide Intervention Skills Training (ASIST) will be a two-day, 15-hour workshop that teaches suicide first aid intervention skills. The training will be held Sept. 29-30 from 8 a.m. to 4 p.m. at the Naval Computer and Telecommunications Area Master Station Pacific (NCTAMS PAC) Chapel in Wahiawa. Training will also be held Oct. 11-12 and Nov. 21-22 from 8 a.m. to 4 p.m. at Military and Family Support Center Pearl Harbor. Participants can register online. FMI: www.greatlifehawaii.com/family-support/mfsc-class-schedule.

SHARKEY THEATER**TODAY – AUG. 26**

7:00 PM Jason Bourne (PG)

SATURDAY – AUG. 27

2:30 PM Ice Age: Collision Course (PG)

4:50 PM Ghostbusters (2016) (PG-13)

7:10 PM Star Trek Beyond (3-D) (PG-13)

SUNDAY – AUG. 28

2:30 PM The Secret Life of Pets (3-D) (PG)

4:30 PM Jason Bourne (PG-13)

7:10 PM Bad Moms (R)

THURSDAY – SEPT. 1

7:00 PM Nerve (PG-13)

HICKAM MEMORIAL THEATER**TODAY – AUG. 26**

6:00 PM Ice Age: Collision Course (PG)

SATURDAY – AUG. 27

3:00 PM The Secret Life of Pets (PG)

6:00 PM Star Trek Beyond (PG-13)

SUNDAY – AUG. 28

3:00 PM Ice Age:
Collision Course (PG)

THURSDAY – SEPT. 1

7:00 PM Star Trek Beyond (PG-13)

MOVIE
SHOWTIMES**GHOSTBUSTERS**

Thirty years after the original film took the world by storm, Ghostbusters is back and fully rebooted for a new generation. Director Paul Feig combines all the paranormal fighting elements that made the original franchise so beloved.

Welcome home, Sailors!



A homecoming sign-making event took place Aug. 21 at the Pearl Harbor Navy Exchange (NEX). There were 22 families in attendance and NEX provided all the materials (such as poster boards, markers, stencils, stickers, crayons and pencils) for the event. Spouses were provided goodie bags from local sponsors and everyone was provided refreshments. "This is so amazing you are doing this for us. We appreciate the support and this is such a wonderful event," April Stitt, Family Readiness Group vice president, said. "NEX proudly welcomes home our Sailors from deployment," Stephanie Lau, NEX marketing and customer relations manager, said.

Photos by Stephanie Lau, Pearl Harbor Navy Exchange

DeCA announces Best Commissary winners

Defense Commissary Agency

The Pearl Harbor Commissary at Joint Base Pearl Harbor-Hickam has received a second place Director’s Award for the Best Superstore from the Defense Commissary Agency for 2015.

The Defense Commissary Agency’s 2015 Best Commissary Award winners are Luke Air Force Base in Arizona, Malmstrom Air Force Base in Montana, Naval Air Station Whiting Field in Florida, U.S. Army Garrison Vicenza in Italy, and Incirlik Air Base in Turkey.

“These commissaries deserve our highest praise,” Joseph H. Jeu, DeCA director and CEO, said. “They worked hard throughout last year and their dedication to our customers and our patrons is evident throughout their stores, so it’s very fitting that we recognize their

excellence with these awards.”

To win, a store has to exceed DeCA’s normal criteria for customer service, accountability, safety, operations and sales.

The awards are named in honor of American statesmen who championed quality-of-life issues for the military community.

The awardees and runners-up by category are:

Director’s Award for the Best Superstore

- First place: Luke Air Force Base, Arizona
- Second place: Pearl Harbor Commissary

Bill Nichols Award for the Best Large Commissary in the United States

- First place: Malmstrom Air Force Base, Montana

- Second place: Robins Air Force Base, Georgia

Richard M. Paget Award for the Best Small Commissary in the United States

- First place: Naval Air Station Whiting Field, Florida
- Second place: Naval Air Weapons Station China Lake, California

Dan Daniel Award for the Best Large Commissary Overseas

- First place: U.S. Army Garrison Vicenza, Italy
- Second place: U.S. Army Garrison Grafenwoehr, Germany

L. Mendel Rivers Award for the Best Small Commissary Overseas

- First place: Incirlik Air Base, Turkey
- Second place: Naval Station Rota, Spain



DeCA photo

An apple display at the Malmstrom Air Force Base, Montana, Commissary. Malmstrom won Defense Commissary Agency’s Bill Nichols Award for the Best Large Commissary in the United States.

Commissaries to change calculations

U.S. Department of Defense

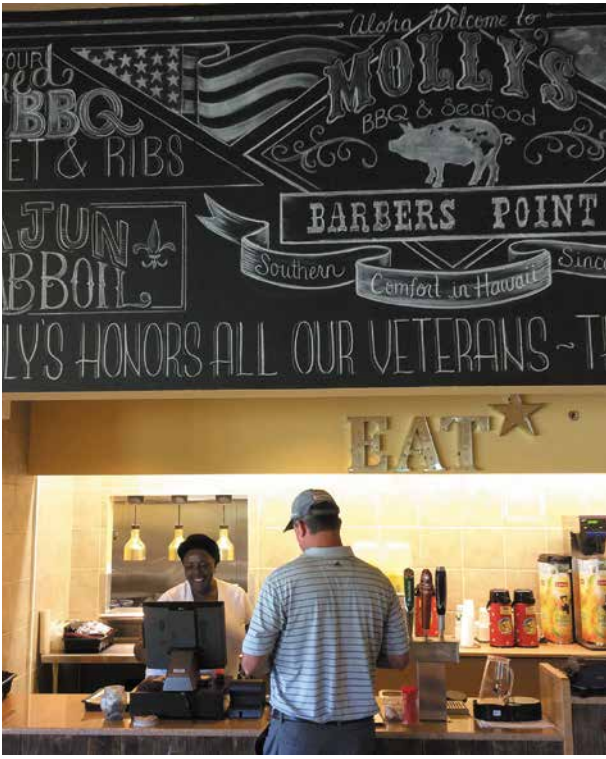
The Defense Commissary Agency is forming a new approach to calculating savings, aligning it more closely with private sector practice. This better reflects what patrons experience daily with the products they routinely buy in the geographic regions in which they routinely shop, agency officials said.

“We hear from our military families that they sometimes find lower prices on selected items outside the gate,” Joseph H. Jeu, DeCA’s director and CEO, said. “For the first time through this new approach, we will compare our prices with local grocers on a more frequent basis to better inform our customers of potential cost savings over stores in their nearby community.”

“Our approach to calculating savings will not impact the prices our customers pay or the dollar benefit that they receive,” he said. “There will be no change to their out-of-pocket expense.”

Through this improved process, DeCA will calculate and monitor patron savings more frequently than the current practice. Prices will be compared with actual prices at local competitors surrounding each commissary, as well, using a market basket of products that reflect what patrons normally purchase.

For more information on DeCA’s new approach to calculating patron savings, go to detailed Transformation FAQs posted under the “Customer Service” tab on www.commissaries.com.



MWR Marketing photo

Molly’s BBQ & Seafood opened Aug. 12 at the Barbers Point Golf Course.

New restaurant opens at Barbers Point

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Molly’s BBQ & Seafood, a popular eatery in Wahiawa, now has a location at the Barbers Point Golf Course. According to owner Margaret “Molly” Walker, customers can look forward to many of the same signature dishes served at her original location.

“We pride ourselves on the fact that if you eat Molly’s meats, they actually taste good even without the barbecue sauce,” Walker said. She said that her food is smoked with wood the Texas barbecue way.

Many of the menu items popular at the Wahiawa location have made it over to Barbers Point,

such as pulled pork, beef brisket and barbecue chicken. Southern favorites, like catfish, Cajun shrimp and fried chicken are also featured on the menu and Walker said more is to come. There are two pages of breakfast options (available until 10:30 a.m.) plus sandwiches and appetizers.

Walker is also adding local favorites.

“We have spam musubi,” Walker said. “We’re going to bring in poke bowls.”

Molly’s BBQ & Seafood is currently open from 6:30 a.m. to 6 p.m., but Walker hopes to extend the hours and offer dinner service once the initial growing pains are addressed.

For more information, go to www.greatlifehawaii.com.