



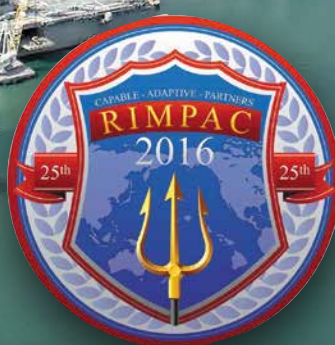
Meet UFC fighters
See page B-5

“Navigator”

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

www.cnjc.navy.mil/hawaii www.hookelenews.com

Volume 7 Issue 29



Ships return for RIMPAC conclusion

The world's largest international maritime exercise

This year marks its 25th exercise in the series that began in 1971 and is also the first year that Denmark, Germany and Italy participated in the RIMPAC exercise.

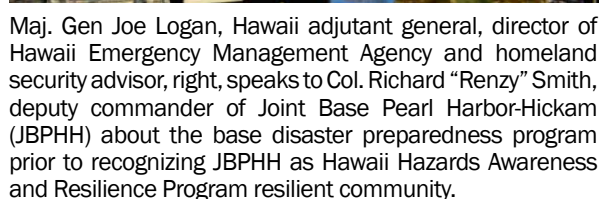
Several nations offered ship tours to Department of De-

RIMPAC participants also had a chance to unwind by participating in leisure ac-

For a list of upcoming events, visit www.greatlife-hawaii.com/recreation/rim-pac-2016.

U.S. Navy photo by MC1 Ace Rheames

Commander, U.S. Navy
Region Hawaii Public
Affairs



According to Dan DuBois, JBPHH emergency management officer, key players assigned to the Emergency Management team whose efforts resulted in this recognition are, Kenneth Gilbert, JBPHH emergency operations center manager, Tech. Sgt. James Lawrence, readiness and emergency management flight noncommissioned officer in charge, Boatswain's Mate 1st Class Lisa Alkire, indoctrination and newcomers brief facilitator, and Tech. Sgt. Joseph Nejer-Widener, JBPHH emergency management plans


"Hawaii is the most isolated population center on the face of the earth, so unlike our friends on the

"The JBPHH Office of Emergency Management established and continues to maintain a sturdy protection network capable of rapid notification and hazard mitigation," Lawrence said.



- Aug. 3 at 4 p.m., 4:30 p.m., 5 p.m. and 5:30 p.m.
- Aug. 4 at 4 p.m., 4:30

No bag storage is available after hours, so please plan accordingly. Limited photography will be allowed during the tour.



Editor's Corner

VEST 2.0

VEST 2.0

VEST 2.0

Anna Marie G. General
Managing Editor, Ho'okele

Welcome to our special edition of Ho'okele featuring VEST 2.0 which stands for Vigilance, Engagement, Speed and Together. This program, initiated by Navy Region Hawaii, is intended to promote heightened awareness and partnership. This week, our stories will feature real life situations and important community awareness information regarding safety and security. In this special edition of Ho'okele, you will find stories on Operations Security, Traffic Safety, Fire Prevention, Outdoor Adventure Safety tips, Sexual Assault Awareness, Cybersecurity and more. Additionally, you will find more Rim of the Pacific (RIMPAC) coverage and other events happening around Navy Region Hawaii and its installations—Joint Base Pearl Harbor-Hickam and Pacific Missile Range Facility. With VEST 2.0, our hope is to help make you become aware and remain vigilant of your surroundings, whether at home, online or exploring the great outdoors of Hawaii. We hope you enjoy this special edition!

Navy conducts first LCS Harpoon missile test at RIMPAC

Program Executive Office Integrated Warfare Systems

Littoral combat ship USS Coronado (LCS 4) successfully executed the first live-fire over-the-horizon missile test using a Harpoon Block IC missile, July 19, during the Navy's Rim of the Pacific (RIMPAC) 2016 exercise.

The test event validated the operation of the Harpoon missile aboard a littoral combat ship and provided the necessary engineering data to support future ship upgrades.

"This Harpoon [demonstration] on USS Coronado supports the Navy's larger distributed lethality concept to strengthen naval power at and from the sea to ensure the Navy maintains its maritime superiority," Rear Adm. Jon Hill, program executive officer for Integrated Warfare Systems (PEO IWS), said.

The Harpoon installation aboard Coronado involved the collaboration of fleet and industry partners, such as ship design-



U.S. Navy photo by MC2 Michaela Garrison

USS Coronado (LCS 4), an Independence-variant littoral combat ship, launches the first over-the-horizon missile engagement using a Harpoon Block 1C missile, July 19.

ers, system design and sustainment experts, and installers to rapidly adapt

and install the missile on Coronado.

"The incorporation of an

'off-the-shelf' Harpoon missile on USS Coronado in less than four months was

no small feat and supports [the Chief of Naval Operations'] focus on accelerated learning to bring capabilities to the fleet faster," Capt. Joe Mauser, PEO IWS Harpoon lead, said.

Harpoon is an all-weather, over-the-horizon weapon designed to execute anti-ship missions against a range of surface targets. It can be launched from surface ships, submarines and aircraft and is currently used on 50 U.S. Navy ships: 22 cruisers, 21 Flight I destroyers and seven Flight II destroyers.

The test is part of a greater strategy by the Navy to increase the lethality and survivability of littoral combat ships, which includes demonstrating and deploying over-the-horizon capability on Coronado and USS Freedom (LCS 1) in the near term.

"With every deployment, LCS is bringing increased capability to the fleet, and USS Coronado is no exception," Rear Adm. John Neagley, program executive officer for LCS, said.

"The Harpoon demo is yet another example of the power and promise of these warships."

In September 2015, Director of Surface Warfare Rear Adm. Peter Fanta directed the installation of a technologically mature, over-the-horizon capability across in-service littoral combat ships to support the Navy's distributed lethality concept. Priority was given to Coronado and Freedom as ships preparing to deploy in fiscal year 2016.

In the case of Coronado, an in-service variant of the Harpoon Weapon System (HSLCLS 9/10 and Block 1C missile) was selected as a proven off-the-shelf combat capability.

While this demo represents the first over-the-horizon Harpoon test from an Independence-variant LCS in an operational setting, no decision has been made on which over-the-horizon missile will be integrated into the LCS platform. That will be determined by a future competitive contract award.

Navy, HECO commemorate agreement to expand solar at JBPHH

Office of the Assistant Secretary of the Navy for Energy, Installations and Environment

WASHINGTON—The Department of the Navy (DON) and Hawaiian Electric Company (HECO) announced plans to build a 28-megawatt direct current solar facility at the West Loch Annex, Joint Base Pearl Harbor-Hickam (JBPHH).

The agreement was commemorated during a celebratory lease-signing event at the Historic Hickam Officers' Club at JBPHH, July 21.

Attendees included the Honorable Dennis V. McGinn, assistant secretary of the Navy for Energy, Installations & Environment; the Honorable

David Y. Ige, Gov. of Hawaii; Rear Adm. John V. Fuller, commander, Navy Region Hawaii and commander, Naval Surface Group, Middle Pacific; Rear Adm. John W. Korka, Pacific Fleet civil engineer and commander, Naval Facilities Engineering Command Pacific; Alan M. Oshima, president and CEO, HECO; Luis P. Salaveria, director of the state of Hawaii Department of Business, Economic Development & Tourism; and Col. Richard L. Smith, deputy commander, JBPHH.

The joint base is one of the installations under commander, Navy Region Hawaii Rear Adm. Fuller, who noted the projects importance and place in history.

"One hundred and eight

years ago this week, July 16, 1908, the Great White Fleet sailed into Pearl Harbor to demonstrate new technologies on coal-burning battleships. Today, the Great Green Fleet sails in RIMPAC 2016, demonstrating a culture of change both at sea and ashore. Our safe and secure future will be achieved through initiatives like this here in Hawaii," Fuller said.

Pending approval from the Hawaii Public Utilities Commission, HECO will build, own, operate and maintain the solar facility at JBPHH. In exchange for the land needed for the project, JBPHH will receive in-kind consideration in the form of electrical infrastructure upgrades to Navy-owned base infrastructure.

"The state of Hawaii is working toward 100 percent renewables powering the state," Ige said.

The renewable energy generated by the solar facility will feed into the island's electric grid and will serve all customers on Oahu, including JBPHH.

"To this end, we are partnering with organizations like HECO that can develop high-quality solar facilities to achieve all of our goals. This project is the epitome of a win-win-win for the DON, HECO, and the state," McGinn said.

This event follows the signing of a memorandum of understanding (MOU) between the DON and the state last month, coordinating goals and strengthening the partnership between both organizations in

the pursuit of additional renewable energy in Hawaii.

"We are pleased and proud to be part of this project, which shows our commitment to energy security, innovation and next-generation capabilities," Fuller added.

The Navy has always been a leader in energy innovation, and deployment of renewable energy on DON installations continues to strengthen the DON's warfighting capabilities. The next step for the DON will be exploring the next level of energy technology advances such as battery storage, electrification, fuel cells and microgrids to further enhance the DON's energy security, operational capability, strategic flexibility and resource availability.

PMRF Range and Operations Center named for late Sen. Daniel K. Inouye

Robert Purdy

Pacific Missile Range Facility Public Affairs

The Pacific Missile Range Facility (PMRF) Range and Operations Center was officially named in honor of the late Sen. Daniel K. Inouye, during a naming ceremony held at PMRF, July 20. The former Building 105 on PMRF was officially named the "Daniel K. Inouye Range and Operations Center" (DIROC).

The 33,522 square foot DIROC was erected in 1963 and houses facilities for sustaining operations for the worlds largest instrumented multi-environment training and test range that encompasses 2.1 million square miles of sea, air and space and plays a vital role in ensuring current and future force readiness.

The event which was attended by family, friends and distinguished visitors from the civilian

and military communities from all across Hawaii, included U.S. Sen. Mazie Hirono; Mayor Bernard Carvalho, county of Kauai; Rear Adm. John V. Fuller, commander, Navy Region Hawaii; wife of the late Sen. Daniel K. Inouye, Irene Inouye, his son and daughter Ken and Jessica Inouye and many more.

The program featured comments from distinguished guests, a traditional Hawaiian christening ceremony and unveiling of the new name and logo.

In his speech to the group, Capt. Bruce W. Hay, commanding officer, PMRF commended the senator's significant

actions in removing PMRF from the Department of Defense Base Realignment and Closure list and ensuring infrastructure improvement funding was allocated to help make PMRF the world's premier test and training range and paving the way for a brighter future for the facility.

Hay also explained the significance of each part of the new DIROC logo, which was chosen from a number of

different design submissions. The winning logo was designed by Steve Rogers, a former employee at PMRF and depicts four horizontal color bands representing the four operational domains that the DIROC is capable of controlling simultaneously: subsurface, surface, air and space.

Irene Inouye, wife of the late senator wel-

comed and expressed her gratitude for all in attendance, shared her joy in being back at PMRF and expressed her thanks for having the late senators name be part of the base.

Concluding the official dedication, Navy leadership and government representatives unveiled the new signage and a new DIROC logo on the east wall of the building.

Followed by a Hawaiian Christian prayer, guests joined hands and sang in unison to "Hawaii Aloha."

The PMRF Range and Operations Center was officially named in honor of the late Sen. Daniel K. Inouye during a naming ceremony, July 20.

U.S. Navy photo by Agnes Tauyan



Diverse VIEWS



Share a helpful tip that people can use to keep themselves safe in public situations.



Airman 1st Class Elizabeth English
37th Intelligence Squadron

“Be aware of the information you provide people with. It can be something like a bumper sticker that gives information to a stranger you don’t want to provide personal information with. Schools, jobs, and military affiliation may not be something you want to tell people you don’t know.”

AN Jessica Crippen
JBPHH 1st Lt.

“Stay vigilant and park under the street light.”



Senior Airman Kenneth Plank
297th Air Traffic Control Squadron

“Have a plan. Keep up with current events and take notice of trends. Place yourself in those situations and make a plan to protect yourself, your family and friends, and your community.”

Lt. Lindsey Santiago
USS Chafee DDG-90

“Go out in smalls (not alone) and make sure you look out for each other.”



Master Sgt. Christine Trejo
15th Aerospace Medicine Squadron

“You don’t have to answer all questions asked to you. Sometimes people seem nice but they are trying to get information. Don’t tell them everything about yourself.”

HN Devin Wathen
1/3 Charlie First Battalion 3rd Marines

“Sit with backs at the wall and always be aware of your surroundings.”



*Provided by David D. Underwood Jr.
and CWO2 Luther Cleveland*

*Want to see your command featured in Diverse Views?
Got opinions to share?
Drop us a line at editor@hookelenews.com*

Commentary

Thinking about common sense – safety, security

(Safety and security are important to the military and civilian workforce as well as our families. Region and MIDPAC Command Master Chiefs CMDCMs Crossno and Carter offer their advice in this special issue of Ho 'okele devoted to vigilance, engagement, speed, together—for greater safety and security. – Editor)

Safety

CMDCM Bob Crossno

*Command Master Chief,
Naval Surface Group
Middle Pacific*

Rear Adm. Fuller, commander, Navy Region Hawaii and Naval Surface Group, reminds us in his Commander’s Philosophy that “Our Sailors, civilians and family are the critical enablers and our greatest advantage” in meeting the mission “if we prepare them.”

Preparation starts at “indoc”—indoctrination—and continues throughout an assignment, deployment and career.

Operational Risk Management (ORM) prepares us on and off duty—with a tool for making smart decisions at all levels. In truth, the most important tool is between our ears.

Let’s think about what we learn in ORM training.

Planning at the “deliberate level,” using critical thinking:

1. Identify hazards. Be vigilant whether it’s a potential shipboard hazard or a rocky cliff while hiking.
2. Assess the haz-



CMDCM Bob Crossno

ards. Ensure you are in a condition to make good assessments. Ask a shipmate when in doubt.

3. Make risk decisions. Be flexible, use a team approach and use common sense as well as established procedures.

4. Implement controls. Safety is a continuous process. We must follow procedures and yet be aware and adaptable to changes.

5. Supervise and watch for change. Remember, “complacency kills.”

Of course, there’s much more to ORM and safety, but it begins with a personal commitment to keep you and your shipmates prepared, ready and thinking clearly.

I believe we can achieve greater safety and security just by using common sense ... and our brains.

Think about it.

Security

CMDCM David Carter

*Command Master Chief,
Navy Region Hawaii*

Another point from Rear Adm. Fuller’s command philosophy is, “We must prepare for success.”

Naturally, no surprise, he highlights that thought with a phrase from football. Quoting NFL great Roger Staubach: “It takes countless hours of unspectacular preparation to achieve spectacular performance.”

One good way to prepare for greater operational security (OPSEC) is to take all required training—and to take the training seriously.

So how can we ensure the security of our people and other high-value assets?

The answer lies in being vigilant at all times; being ready and willing to engage (“see something wrong, do something right”); using speed to our advantage; and approaching problems together as a team.

Using these techniques we can deal with potential threats that may be targeting our installations. While we con-



CMDCM David Carter

sider ourselves safe here at our installations on Oahu and Kauai—where the community is generally very supportive of the military—we cannot afford to be complacent.

OPSEC is everyone’s responsibility. We can trust but we must always verify.

The Naval Security Enterprise focuses on different kinds of security: information, physical, personal, industrial, enterprise, etc.

No matter what type of security we focus on, key to our success is not only preparedness but also peer-to-peer/bystander responsibility and accountability.

In other words, we must have empowering leadership at all levels where Airmen and Sailors, family members, and our entire workforce take care of their teammates.

Royal New Zealand Air Force Squadron meets with survivors of Kona plane crash

Story and photo by MC2 Jeffrey Troutman

Commander, U.S. 3rd Fleet

Service members from the Royal New Zealand Air Force No. 5 Air Squadron met with survivors of a July 15 plane crash that occurred off the coast of Kona, Hawaii, at Marine Corps Base Hawaii, July 20.

The squadron was one of several multinational forces involved in the rescue, which are in Hawaii participating in Rim of the Pacific (RIMPAC) 2016.

USS Chung-Hoon (DDG 93), along with a Navy MH-60R Sea Hawk helicopter assigned to Helicopter Maritime Squadron (HSM) 37 and an MC-130J Commando II assigned to the 353rd Special Operations Group at Kadena Air Base, Japan, assisted in the July 15 rescue after receiving a request from the Coast Guard’s Joint Rescue Coordination Center in Honolulu. Chung-Hoon and an RNZAF-5



David McMahon and Sydnie Uemoto meet with service members from the Royal New Zealand Air Force No. 5 Air Squadron at Marine Corps Base Hawaii, during Rim of the Pacific 2016, July 20.

Squadron P-3K2 Orion were in the area at the time training as part of RIMPAC.

“I’m very proud of my crew’s effort during this search and rescue operation,” Wing Commander Daniel Hunt of the RNZAF-5 Squadron, said. “To see the training and the sacrifice the squadron crew makes to keep themselves proficient pay off like this; it’s very rewarding. I knew once we got out there and got on with our job, the techniques and the procedures we use would be put into practice, and I’m happy that we were successful and able to help.”

David McMahon and his friend Sydnie Uemoto were floating at sea for nearly 20 hours before being spotted, but McMahon said he never doubted that help was on the way.

“We knew, with the RIMPAC exercise going on, that there were a lot of people available to help rescue us, and it gave us the courage to hang on until they found us,” McMahon said about the ordeal. “I can’t explain my immense gratitude, knowing how much effort went into this rescue operation, so that Sydnie and I could make it back safe.”

McMahon also said he was considering enlisting in the U.S. Coast Guard once he recovers, as a way to give back and help others might find themselves in his situation.

Uemoto said when she heard there was an opportunity for them to fly to Marine Corps Base Hawaii to meet members of the RNZ rescue squadron, it required little thought.

“It’s an absolute honor for us to come here and say thank you to those who helped rescue us,” Uemoto said. “I can’t put into words what it means to me, to know these [people] put so much effort into rescuing me and David from a bad situation like that.”

Rick McMahon, David’s father, accompanied the survivors to the base and expressed his gratitude to the service members present.

“Each and every one of you here today are heroes for what you did,” McMahon said. “Your unwavering dedication to duty and your efforts in finding and rescuing David and Sydnie from harm’s way is something neither myself nor my family will ever, ever forget. We are so incredibly grateful for everything you men and women do every day.”

‘Mighty Mo’ takes part in RIMPAC 1990



U.S. Navy photo

The battleship USS Missouri, also known as “Mighty Mo,” (BB-63) fires a Mark 7 16-inch/50-caliber gun from each of its three main gun turrets during exercise Rim of the Pacific (RIMPAC) 1990 near Hawaii.

HO'OKELE

PEARL HARBOR-HICKAM NEWS

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VIGILANCE ENGAGEMENT SPEED TOGETHER

Keeping food safe for service members during RIMPAC

Story and photo by
Tech. Sgt.
Aaron Oelrich

15th Wing Public Affairs

Airmen from the 15th Aerospace Medicine Squadron are working alongside Soldiers from the Army Public Health Command District Central Pacific (PHCD-CENPAC) to ensure food is safely delivered to service members aboard 33 military vessels during the 2016 Rim of the Pacific (RIMPAC) Exercise.

RIMPAC brings an increased level of activity to the agencies of Joint Base Pearl Harbor-Hickam (JBPHH), and the Army PHCD-CENPAC food inspection team is no exception.

According to Army Sgt. Lee Jeanpierre, PHCD-CENPAC lead food inspector, the Army



Army Pfc. Marissa Henson, Public Health Command District Central Pacific Hawaii food inspector, and Airman 1st Class Jessika Willis, 15th Aerospace Medicine Squadron public health technician, inspect a pallet of food prior to delivery to the USS John C. Stennis (CVN-74) at Joint Base Pearl Harbor-Hickam, July 15.

team of eight inspectors normally conducts food inspections of four to five Navy and Army vessels a week.

With the increased mission tempo during

RIMPAC, the Army and Air Force team up carrying out food inspections of three to four vessels per day, totaling approximately 50 to 80 pallets of food per week.

“It is wonderful working with the Air Force,” Jeanpierre said. “Instead of having someone come [to Hawaii] on temporary duty, we are able to use members from our sister services to assist us. They are from a preventative medicine background, so they know what sanitary conditions look like, which cuts down on training time.”

The team inspects food in three phases. First, it inspects the food vendor’s warehouse, looking at each item and examining the quality of the food before it is moved to the vessel.

Next, the food is transported from the vendor’s warehouse to the JBPHH docks, where the food inspectors check the temperature inside the transport vehicle, guaranteeing the freshness of the food

during transportation.

Finally, items are examined as they come off the truck and are transferred to the vessel. The food inspector and the vessel’s culinary specialists check each item against the inventory to ensure the order is delivered correctly and quality of the food meets the culinary specialist standards.

“The food inspectors are important for the safety of the crew,” Petty Officer 2nd Class Joan Delfon, USS O’kane (DDG 77) culinary specialist, said.

“They check for expired food, bugs or mold growing on the food to keep the crewmembers of our vessels safe.”

According to Jeanpierre, food inspections are the first line of defense against food borne illnesses and ensure ser-

vice members have safe food during operations. They also ensure food safety for all of JBPHH by conducting inspections on all the food vendors on base.

The office of PHCD-CENPAC continues to conduct inspections on all of JBPHH’s food vendors, even as RIMPAC increases the operational tempo.

RIMPAC, the world’s largest international maritime exercise, provides unique training opportunities that help participants foster and sustain cooperative relationships that are critical to ensuring the safety of sea lanes and security on the world’s oceans. Twenty-six nations, 45 ships, five submarines, more than 200 aircraft, and 25,000 personnel are participating in the biennial RIMPAC exercise.

OPSEC diligence is key to mission effectiveness, safety

Don Robbins

Editor, Ho'okele

Operations Security (OPSEC) is a systematic method used to identify, control and protect critical information associated with military operations and other activities. Ultimately, OPSEC is protecting your information and activities from your adversaries, according to the Naval Operations Security Support Team (NOST).

“OPSEC focuses on identifying and safeguarding sensitive or critical information, whether it’s about you, your family, your overall mission, or your day-to-day operations. We all have access to this type of information,” Maurice Aubuchon, Joint Base Pearl Harbor-Hickam Communications, said.

“Whether we realize it or not, every day there are adversaries trying to gain this information. Their analysts are piecing together small bits of data to determine the big picture related to our missions,” Aubuchon said. “Operational security is a systematic process by which we can deny adversaries sensitive unclassified voice and data information regarding our capabilities and intentions.”

Aubuchon provided these OPSEC tips to follow:

- During social events and family gatherings, maintain a need-to-know basis pertaining to all sensitive and critical information in conversation.
- Encrypt all email that contain Personal Identifiable Information (PII), For Official Use Only (FOUO), and Critical Information (CI) prior to sending. Never send PII, FOUO or CI from a personal email account.
- Never leave PII, FOUO and CI documents in shred boxes. Shred all documents immediately using a cross-cut shredder. Never use a shredder that cuts in strips.
- Be mindful of your social media postings. Adversaries search online for data about military and government personnel and all matters related to residence, work, family

members and places frequently visited.

OPSEC is a vital part of protecting the Joint Base mission, service members, and families, according to Aubuchon.

“Every member of the Joint Base team plays an important role in ensuring we deny our adversaries critical information. We cannot afford to let our guard down whether on or off duty,” Aubuchon said. “Your diligence in OPSEC is key to ensuring effectiveness, operations and safety.”

Abuchon said that OPSEC is not intended to be a replacement for traditional security programs that are designed to protect classified information.

Lt. Angel Nunez, Navy Region Hawaii OPSEC manager, said all military members are constantly reminded of OPSEC practices.

“Their families are the obvious second line of defense when it comes to safeguarding our high value units’ scheduled port calls and departure dates. OPSEC is also a perfect resume bullet for transitioning members. Many corporations in the U.S utilize some form of OPSEC to maintain their competitiveness,” Nunez said.

The best resource for OPSEC would be your command’s OPSEC manager, and a close second would be the OPSEC application for smart phones either on Google Play or Apple’s App Store, according to Nunez.

“Each command should have their own OPSEC instruction along with a list of Critical Information, which the command has pointed out as being a possible hindrance to their operations if that information ever made it into the wrong hands,” Nunez added.

“OPSEC is the most basic form of protecting information. By practicing OPSEC we ensure we are fighting only one enemy and prevent more advanced enemies from developing,” Nunez said.

For more information on OPSEC, visit the Naval Operations Security Support Team website at www.navy.mil/ah_online/OPSEC/.



Protecting your home, neighborhood from wildfires includes planning

Jeffrey Fernaays

Fire Prevention Chief, Federal Fire Department

Wildfire season is upon us and as homeowners or renters, there are a few things you need to be aware of to protect your family and property.

Firefighters can’t always protect every home from wildfire—especially if property owners haven’t done their part to prepare. Property owners can take important steps around the home to make it safer for them, their family and their neighbors.

Start now by setting an example and help to create fire-adapted communities before the next fire approaches. Talk to your local fire department about what you can do to reduce or eliminate wildland fire hazards and how to prepare for a wildfire.

There are a few things to consider such as situational awareness before a fire, knowing the fire departments response procedures for your area, what the evacuation routes are if needed and having some pre-fire plans in place to make any of these processes happen without any delays.

Creating a plan to address possible fire issues around your home’s ignition zone/defensible space is everyone’s responsibility.

- Here are some tips to keep in mind:
- Maintain a fire-free area around the perimeter of the property
 - Manage vegetation along fences

- Clear debris from decks, patios, eaves and porches
- Select non-combustible or fire resistant landscaping or plants
- Know the local ecology and fire history

- Move radiant heat source away from the home (i.e., woodpiles, fuel tanks, sheds)

- Remove thinning trees and ladder fuels around the home (over hanging branches, large bushes)

Here in Hawaii, the wildfires are unique because of the different terrains on each island and the different weather patterns from one side of the island to the other.

There are many factors that can cause wildfires to spread such as fire from the volcano, trade winds, military operations, holiday events and even weekend barbecues.

You can research past fire history for your specific location to understand what the outcome was and lessons learned from wildfire incidents.

Understanding all these possible fire dangers in your area is the number one thing you can do to prevent fire loss or injury. Educate yourself on fire prevention methods.

For any questions or help with the development of wildfire home safety practices or programs, contact your local fire departments fire prevention division.

Another tip to consider is to develop a family preparedness plan by visiting www.usfa.fema.gov, www.redcross.org or www.ready.gov/wildfires.



Keeping kids safe from sexual abuse

Brandon Bosworth

Assistant editor, Ho'okele

One of the most disturbing forms of child abuse is sexual abuse. According to the American Psychological Association, approximately 300,000 children are sexually abused every year in the United States. Yet as scary as the threat of molestation is, with a bit of knowledge and common sense, parents can minimize the chances of their children being victimized.

Contrary to popular imagination, most child molesters are not creepy men in dirty raincoats lurking in the shadows at a playground. A 2001 University of Pennsylvania study found that 47 percent of child molesters were relatives, and 49 percent were acquaintances, such as a teacher, coach or neighbor. Total strangers only account for 4 percent of child molesters. About a quarter of them are married with children of their own.

Many child molesters pass as fine and upstanding citizens. In

her book “Predators: Pedophiles, Rapists and Other Sex Offenders,” Dr. Anna Salter, Ph.D., writes that many sex offenders lead double lives: “The front that offenders typically offer to the outside world is usually a ‘good person,’ someone who the community believes has a good character and would never do such a thing.”

Fortunately, there are steps parents can take to help protect their children from sexual abuse.

Perhaps one of the most important things parents can do is to teach their children about healthy body boundaries. Children need to know that they have the right to make decisions about their own bodies, and they can tell adults they do not want to be touched, even in non-sexual ways.

As Salter explains in her book, many child molesters “test the waters” with potential victims through physical contact such as hugging, pinching or tickling. If a child doesn’t like this or if it feels uncomfortable, he or she should know

that’s it acceptable and even encouraged to politely but firmly say “no.” Teaching children blind obedience to adults and to authority can make it difficult for them to stand up for themselves when faced with a sexual predator.

It is best to teach this lesson early, such as preschool. This may seem too young, but according to the U.S. Department of Health and Human Services “Child Maltreatment 2012” report, 34 percent of children who are sexually abused were younger than 9 years old.

Salter encourages children to trust their instincts. If an adult who frequently spends times with children seems “too good to be true,” then maybe he or she is. Salter also recommends trying to avoid dropping children off at sports practices and other extracurricular activities when possible, especially if the children are young, and cautions against allowing children to go on overnight trips with coaches or other youth activity leaders.

It is also important to be aware of possible warning signs that a child may have been sexually abused. According to organizations such as the Rape and Domestic Violence Information Center and the Mayo Clinic, these may include:

- Withdrawing from family, friends, or usual activities.
- Bedwetting or changes in hygiene.
- Unusually infantile behavior.
- Newly developed fears and phobias.
- Reluctance to be left alone or to go somewhere with a particular person.
- Self-destructiveness, overly aggressive behavior, depression or low self-esteem.
- Anxiety, headaches, sleep disturbances or eating disorders.
- Suddenly displaying sexual knowledge that is inappropriate for one their age, or mirroring adult sexual behavior, persistent sexual touching and feeling of their bodies, with other children or toys.
- Be especially concerned if your child complains of sore or swollen genital areas or unexplainable pain

or bleeding during urination or bowel movements.

Children deserve the benefit of the doubt. Unfortunately, because child molesters are frequently trusted members of the community, allegations against them are often ignored, despite the fact that children were found to be lying or incorrect about sexual abuse in less than 2 percent of the cases studied, according to research from the Kempe National Center for the Prevention and Treatment of Child Abuse and Neglect.

Sexually abused children and their families need immediate professional evaluation and treatment. Child and adolescent psychiatrists can help abused children. Such treatment can help reduce the risk that the child will develop serious problems as an adult.

If a child has been sexually abused, it is vital to seek immediate professional evaluation and treatment to help them regain a sense of self-esteem, cope with feelings of guilt about the abuse and begin the process of overcoming the trauma.

There are several resources available locally to help deal with abuse. Some of these include:

JBPHH Family Advocacy Program: 474-1999
Hawai'i Children's Justice Centers: 534-

6700 or <http://ow.ly/dM-Ko302FhGh>
Child Justice Center, 534-6700
Oahu Sex Abuse Treatment Center: 535-7600 or 524-7273 (hotline)

Tripler Army Medical Center Social Work Service: 433-6606 or 433-6607
Joint Military Family Abuse Shelter : 533-7125
Hawaii Child Welfare Services: 832-5300

Are you an unnamed conspirator?

Cmdr. Hillary Darby

Commander, Navy Region Hawaii Sexual Assault Prevention and Response Officer

According to a CNN Poll, 38 percent of men and 37 percent of women said that a raped woman is partly to blame if she dresses provocatively. Recognized subject-matter expert on sexual assault Anne Munch states the prevalent cultural attitudes and biases form what is known as the “unnamed conspirator,” the internal voice that judges sexual assault differently than any other crime.

Think for a moment. Have you ever heard (or said) “He/she should never had that much to drink? No wonder they were assaulted at the party. I can’t believe he/she was wearing that! They were asking for all of that attention; what did you expect would happen?”

In reality, the only person that can truly prevent a sexual assault is the offender. Wearing tight clothes, drinking alcohol, staying out late—none of these “cause” a sexual assault to occur. Did the alcohol “cause” the offender to perpetrate a sexual assault? No, it was a CHOICE. What clothes did the offender wear that created the desire to perpetrate a crime? How ridiculous does this sound—but we discuss the victim’s selection of clothing as if it wields some strange exotic power. The offender made a CHOICE to take advantage of someone weaker than they were. If the victim had been sick, drugged, or exhausted would the outcome have been different? Probably not.

There is a time and a place to discuss situational awareness and precautions that reduce one’s risk of becoming a victim of ANY crime—but they are not “causal factors” of the crime. We should not shy away from risk management because the majority of our service members are good people that sometimes make bad, irrevocable judgment calls that change the course of many lives.

As service members, we are raised in a culture of accountability and responsibility. It is a good thing to hold ourselves to a higher standard—the American public certainly does.

Sexual assault can only be prevented when an offender chooses differently. In the meantime, “Step Up, and Step In” to do the right thing. Remember, none of us are bystanders!

Cybercrime: Take precautions to avoid becoming a victim

Marcus Hokama

Navy Region Hawaii Information Assurance

According to the National Crime Prevention Council, cybercrime is any criminal activity involving computers and networks. It can range from fraud to unsolicited email (spam). It can include government theft and distant theft of government trespass through remote systems across the globe. It is a crime facilitated over the internet.

Most of us are online and participate in online shopping in one form or another. Before finalizing your order and checking out, here are a few tips to help prevent you from being a victim of cybercrime:

- Pay by credit card vice debit card—Credit card purchases are protected by the Fair Credit Billing Act and may reduce how much you are liable for if your credit card information stolen/improperly used. Many credit card companies allow you to dispute charges. Often times, debit cards do not offer this type of protection.
- Keep you smartphone, computer and tablets updated with the latest operating system updates.
- Know your online vendors: It’s always a good idea to limit your online shopping to merchants that you know

and trust. If unsure contact the manufacturer or check their website for a list of authorized vendors or resellers. Another great resource is the BBB (Better Business Bureau) and FTC (Federal Trade Commission).

- Never click on a link from an advertisement or email.
- Ignore popups saying you won the lottery or can earn free gift cards and prizes by completing a survey.
- Use different passwords for your accounts (e.g. email, Facebook, Amazon, etc). Though more work on your part, it’ll help to prevent all your accounts from being compromised through the use of a single password.
- Avoid using public computers and Wi-Fi connection to do your online shopping. You never know who is using/used the computer and if malicious software is present.

If you have problems while shopping online you should always contact the seller to try to resolve any issues. If you are unable to resolve them, there are other resources available:

- The Better Business Bureau- <http://www.bbb.org>
 - The Federal Trade Commission- <https://ftccomplaintassistant.gov/>
 - Contact your credit card dispute department
- For more information on Cybersecurity, visit the Department of the Navy Chief Information Officer website at www.doncio.navy.mil/Main.aspx.

Five quick tips to safe outdoor adventures

Lt. Tia Nichole McMillen

Commander, Submarine Force, U.S. Pacific Fleet

It’s no secret that Hawaii is a beautiful and majestic outdoor wonderland. Hiking trails lead you to trepid waterfalls, the North Shore boasts sea turtles and wildlife galore, Sandy Beach challenges even the most adept surf dwellers, the open water is inviting to scuba divers and snorkelers alike, and the cliffs provide an exciting and dangerous escape from reality.

But those same waterfalls may cause leptospirosis (it’s as bad as it sounds!), the North Shore’s wildlife boasts stinging man o’ war jellyfish, Sandy Beach’s waves create a high risk of cervical spine injury, those beautiful open waters hold rip-tides and currents, and cliff jumping took two Sailor’s lives just this year!

While Hawaii is an outdoor lover’s paradise, here are several safety tips to keep in mind as you traverse its hills and waters.

- Hiking: Hiking dangers include falling due to crumbling volcanic rock, slick red clay on inclines, very steep terrain and ridges, and wet conditions including flash-floods. Many like to take a short hike to one of Hawaii’s beautiful waterfalls

to jump in to cool off after a long hike.

Before jumping into a waterfall ask yourself:

- Are there any rocks?
- How deep is it?
- Do I want parasites?

If you don’t know the answers to the first two questions, and the answer to question three is “No,” DON’T JUMP! Parasites found in many of Hawaii’s waterfall pools cause leptospirosis, a bacterial disease that affects humans. Without treatment, leptospirosis can lead to kidney damage, meningitis, liver failure, respiratory distress, and even death.

•North Shore: The North Shore’s sea turtles draw in visitors year-round. However, man o’ war jellyfish are also prevalent on the North Shore and around the entire island. They are most common a few days after a full moon. Remember to obey the beach warning signs. However, if you’re an early morning swimmer, beach signs may not be posted! Check out this calendar to determine if it’s safe to swim: www.to-Hawaii.com/jellyfishcalendar.html. Immediate first aid tips include calling 9-1-1 for help, then washing the infected area with salt water, then mixing and applying a solution of 50 percent water and 50 percent vinegar to the affected area. Seeking medical attention is a must!

•Sandy Beach: While Sandy Beach is renowned for its massive waves, keep in mind these waves are over 10(+) feet high. There

is a high risk of cervical spine injury caused by these waves because the waves crash on the beach due to a shallow sandbar. Being tossed by a wave is one of the top three causes of water death in Hawaii. Stay off the beach during high tide and understand that the outbound currents are extremely strong.

•Riptide and currents: On average, 79 people drown per year in Hawaii. In the past two years, one Navy SEAL, two Navy divers, and three sailors drowned on Guam and Oahu—all of whom were in their 20’s. In half of these scenarios, friends watched it happen and could not help. The riptides and currents that frequent the shores of Hawaii are no joke, and are common on North Shore and the East side. If you do find yourself caught in a riptide, do not panic, relax, and try to position your body at an angle to head toward shore.

•Cliff jumping: First and foremost, spitting caves cliff jumping is illegal and you will be fined \$500 if caught jumping. Two sailors drowned just this past year. Dangers of cliff jumping include missing the cliff and hitting rock, missing the landing area and hitting the submerged boulders, improperly timing waves and jumping during shallow waters, currents taking you out to sea before you can surface, waves smashing you against the cliffs while you try to climb to safety, and sheer exhaustion.

As you enjoy your outdoor adventures, take time to ensure that



Pearl Harbor-Hickam *Highlights*



U.S. Air National Guard photo by Airman 1st Class Robert Cabuco

(Above) Airmen from the 154th Wing stand at parade rest during the wing’s change of command ceremony at Joint Base Pearl Harbor-Hickam, July 10.

(Below) Three U.S. F-22 Raptors from the 199th Fighter Squadron and the active-duty 19th Fighter Squadron await refueling from a KC-135R Stratotanker belonging to the 465th Air Refueling Squadron from Tinker Air Force Base, Oklahoma, during Rim of the Pacific (RIMPAC) 2016 over Joint Base Pearl Harbor-Hickam, July 26.

(R ight) Members of the visit, board, search, and seizure team assigned to the guided-missile cruiser USS Mobile Bay (CG 53) board the ship’s rigid-hull inflatable boat while conducting a VBSS exercise during RIMPAC 2016.



U.S. Air National Guard photo by Airman 1st Class Robert Cabuco



U.S. Navy photo by MC2 Ryan J. Batchelder

647th SFS hosts joint-service M4 marksman competition

Story and photo by
Staff Sgt.
Christopher Stoltz

Joint Base Pearl Harbor-Hickam Public Affairs

Service members had the chance to earn some bragging rights as the 647th Security Forces Squadron (SFS) hosted the EIC, or Excellence in Competition M4 event, July 13-15, at the 647th SFS Combat Arms Firing Range.

The event allowed would-be marksmen to test their abilities while using the Air Force standard-issue M4 carbine rifle. Prior to the beginning of the competition, Combat Arms instructors provided a lesson in the M4, including lessons in nomenclature and how to safely use the firearm during the EIC.

The competition was comprised of various firing positions, including: standing, kneeling, sitting and prone.

“The highest score achievable



Staff Sgt. Jose Lopez and Staff Sgt. Jordan Locke, 647th Security Forces Squadron Combat Arms Training and Maintenance instructors, tally the score of a participant during the Excellence in Competition M4 event at Schofield Barracks, July 15.

in this competition was 500,” Staff Sgt. Derrick Koch, NCOIC, 647th SFS Combat Arms, said.

“Unlike the last competition, the Air Force did not place first. Army Sgt. Griffin Wilde won the

competition with a score of 457. The top five scores consisted of three Army Soldiers and two Airmen.”

Koch said this competition was different than the M9 iter-

ation held in March because the platform is more forgiving and allowed for a much more competitive event.

“We notice more people are comfortable shooting the (M4) weapon system, because regardless of branch, they have shot an M4/M16A2 at some point in their career. Furthermore, the average shooter seems to perform better in terms of score with this weapon system compared to that of the M9.”

Beyond the platform itself, Koch said the competition was more popular this time due to increased interest from other branches of service. He said many offices like to compete internally to find who the best marksman in their respective office is.

“We are glad we are able to provide more people the ability to come out and get that trigger time to practice their fundamentals—especially those who do not have the opportunity to fire as often as they want, or need to.”

Koch said they have more com-

petitions planned for the future, and encourage service members of all ranks and services to consider participating.

“The team and I greatly appreciate everyone who shared their time with us, competed and made this event a success,” he said. “We hope everyone enjoyed themselves and didn’t leave too disappointed. If you didn’t do as well as you hoped, there’s always next time.”

According to Koch, the range is not expecting to host another event until next year, due to changes in personnel and the demand of real-world requirements. Koch said he was hopeful and said they are hoping to have another competition at the beginning of 2017.

When asked, Koch said the next event will most likely feature the M9 pistol.

For more information about the EIC, or to inquire about participation, contact SSgt. Locke or the USAF Combat Arms Firing Range at (808) 655-5086.

HIANG says aloha to incoming and outgoing 154th wing commanders

Airman 1st Class
Stan Pak

154th Wing Public Affairs

Brig. Gen. Gregory S. Woodrow assumed command of the 154th Wing, Hawaii Air National Guard (HIANG) during a change of command ceremony held at Joint Base Pearl Harbor-Hickam (JBPHH), July 10.

Woodrow previously served as 154th Wing vice commander before taking command from Brig. Gen. Braden K. Sakai.

“It is very humbling to me, very challenging,” Woodrow said. “I am incredibly excited to be the 154th Wing commander.”

Woodrow graduated from West Virginia University in 1986 with a Bachelor of Science in mechanical engineering. He earned his commission in the Air Force Reserve Officer Training Corps as a distinguished graduate in May 1986.

In addressing the audience

gathered for the ceremony, Woodrow talked about some of his top priorities—the things he’ll focus on during his time as wing commander.

“I would like to challenge you and push you to cut down the noise and the distraction,” Woodrow said. “Those things that somehow get pushed into our daily lives and make it difficult to concentrate on combat mission readiness and taking care of our Airmen.”

For Sakai the change of command ceremony officially marks the end of his five year tenure as wing commander.

“I can say that I am extremely proud of him [Woodrow], and he is going to be a great commander,” Sakai said. “I am really honored to be part of this ceremony to symbolize the passing of the lead to Woody.”

The relationship and friendship between the two general officers has bloomed throughout



U.S. Air National Guard photo by Airman 1st Class Robert Cabuco

U.S. Air Force Brig. Gen. Ryan T. Okahara, commander of HIANG, Senior Master Sgt. Charles R. Parker, 154th Wing first sergeant, Brig. Gen. Gregory S. Woodrow, former commander of the 204th Airlift Squadron, and Brig. Gen. Braden K. Sakai, former commander of the 154th Wing, completes a change of command ceremony at JBPHH, July 10.

the years, a connection that has spanned more than a decade.

“I’ve known him for 15 years and was lucky enough to have worked with him for the past 10 years,” Sakai said. “He’s defi-

nately one of the best officers I’ve ever had the honor to work with. He truly embodies service before self.”

Woodrow becomes the 9th commander of the HIANG’s

154th Wing.

The 154th Wing has a wide variety of mission sets and maintains and operates the F-22 Raptor, KC-135 Stratotanker, and C-17 Globemaster; the Raptor and Globemaster are maintained and flown in partnership with the 15th Wing active duty.

The 154th Wing is the largest Air National Guard wing in the nation.

“We have a world class wing, and I appreciate the opportunity and the challenge,” Woodrow said.

Woodrow has nearly 30 years of service with the Air Force and has held various leadership positions at the squadron, group and now wing level. He has more than 7100 flying hours including 172 combat hours in Operations Iraqi Freedom and Enduring Freedom. He is a decorated command pilot with experience flying the T-37, C-130, and C-17.

VEST 2.0 VEST 2.0 VEST 2.0 VEST 2.0 VEST 2.0 VEST 2.0

HO'okele

Life & Leisure



**VIGILANCE
ENGAGEMENT
SPEED
TOGETHER**

Protected sea turtles hatch at PMRF

Story and photos by Pacific Missile Range Facility

A sea turtle nest located a quarter-mile south of She-nanigan's All Hands Club on Pacific Missile Range Facility (PMRF), at Barking Sands on Kauai hatched on the evening of July 19.

Tracks were discovered leading from the nest to the ocean on the afternoon of July 20 and at least two more distinct fresh sets of tracks were identified on the morning of July 21, indicating late hatchlings. The nest is likely that of a green sea turtle (*Chelonia mydas*).

John Nelson, PMRF installation environmental program director, and Rebecca Johnson along with a state biologist from the Department of Land and Natural Resources, Division of Aquatic Resources planned to excavate the nest on July 23. The nest excavation is for two reasons: turtle hatchlings can remain trapped underground, unable to dig to the surface and biologists can collect information on the nest such as determining the number of hatchlings released by counting egg shells, or collecting egg shell samples to perform DNA analysis to link the nest to a certain female in the population.

PMRF Security personnel found the nest on May 25 during a routine beach survey and reported their finding to Rachel Herring, Environmental Wildlife technician. Herring worked with Jason Shimauchi, U.S. Department of Agriculture Wildlife Services, installing a fence line around the nest to protect it from pedestrian and vehicle traffic. The nest hatched at 57 days, just shy of the 60-day average seen in Hawaii.

Sea turtles are frequently seen basking at the outpouring of Nohili Ditch, also known as Turtle Cove on

the north side of PMRF as well as in other areas around the base.

PMRF is an ideal location for nesting turtles due to its expansive miles of relatively intact, unpopulated sandy beaches, low vehicle traffic and limited nighttime activity. In 2015, seven nests produced a total of 468 sea turtle hatchlings.

PMRF works closely with federal and state agencies, schools, conservation organizations, the public and the host community to implement groundbreaking initiatives towards conservation, environmental protection and the protection of endangered species.

PMRF is the recipient of the 2015 Chief of Naval Operations Environmental Award as well as the 2015 Secretary of the Navy Environmental Award for its achievements in environmental stewardship.

(Editor's note: Sea turtles are protected by federal and state laws. The Hawaii Department of Land and Natural Resources suggests viewing sea turtles from a distance of at least 10 feet away. The public is also advised not to touch, pick up, restrain, jump over, straddle, pursue, ride, harass, harm, or otherwise disturb the animals. To report any sea turtle or other endangered or threatened marine animals that appear to be injured, stranded, entangled, dead, swimming, sleeping, harassed and/or attacked in or around piers, dry docks and shoreline, please call 725-5730 or after hours at 288-5685.)

VIGILANCE
Pacific Missile Range Facility works with vigilance to protect baby sea turtles.



ENGAGEMENT A state biologist is engaged in excavating the nest.



SPEED Sea turtle hatchlings speed away from their empty eggshells.

TOGETHER

Turtles leave a fresh set of tracks along the sand as they make their way together to the ocean.



Master Sgt. Greg Posada gets in front of a defender to kick a shot on goal.

613th AOC defense locks down win over NHCH

Story and photo
by Randy Dela Cruz

Sports Editor, Ho'okele

So far, the Summer Soccer League has been a struggle for the 613th Air and Space Operation Center (613 AOC), who were outscored in back-to-back losses to open the new season. After getting soundly beaten by Commander Submarine Force U.S. Pacific Fleet in the previous week by a score of 5-0, the 613 AOC rebounded in style by shutting out Naval Health Clinic Hawaii, 2-0, on July 23 to win their first game of the season in a showdown of Summer Soccer League teams at Earhart Field, Joint Base Pearl Harbor-Hickam.

The 613 AOC got one goal just before halftime and later added another goal midway through the second half to improve their league record to 1-2,

while NHCH dropped their second loss of the season against one victory.

Eric Davison, a Department of Defense civilian and coach of the 613 AOC, said that a solid week of practice was the key to the team's first win.

"We had two good practice sessions," Davison said. "We practiced, pretty much, all of our second half of practice against the (USS) Preble (DDG 88) and those guys are so talented. They had us on our heels and they're going to make us better."

"On Tuesday, they scored around six or seven goals on us, but on Thursday, we shut them down on two goals. So we really worked on our defense."

The extra work and focus on defense turned out to be just what the 613 AOC needed, as it allowed them to hold their own against an equally defensive-minded NHCH.

With the score deadlocked at

0-0 going in the final minute of play in the first half, Master Sgt. Greg Posada did a nifty move to get past his defender and took the ball down the left sideline.

Seeing nothing but green in front of him, it appeared that Posada might battle head-on with the goalkeeper for a shot.

Instead, Posada drew the keeper away from the goal and shot a pass to Cryptologic Technician (Networks) 3rd Class Peter Hamera, who took the pass and with one quick kick scored the game's first goal as the horn sounded only moments after.

"Greg is the keystone to our offense," Davison said. "We only got to play with him one game last season because he got hurt. I'm glad he's back with us because if we get the ball with his feet, I know he knows what to do with the ball. He is just so talented."

After intermission, the 613

AOC kept the defensive pressure on as the team clung to a slim 1-0 lead.

In order to preserve the team's advantage, Davison said he told his players to follow the defensive strategy that worked so well in the first half.

"Our strategy is to control the middle," Davison said. "We learned with these guys that they loved the middle. They were eating us alive at the middle and they were practically just camped out at the hash mark and all their shots were from there. So I just told everyone to push everybody out of the middle."

As the team's defense continued to hold back NHCH, the 613 AOC got a huge break from an unlikely source.

Midway through the second half, the 613 AOC worked the ball near the NHCH goal.

In one bang-bang play, Maj. James Hughes, who missed all

of last season, got the ball at the top center of the box.

Hughes, who was playing in his first game of the season, showed no rust, as he kicked in a shot for the team's second goal of the game.

"I was kind of worried about him," Davison said, as a big smile crossed his face. "I actually had him on the third rotation, but we ended up not having a third rotation. I haven't seen him play in a year. He's another one. It's good to see him back."

Davison said that while it's always fun to get a win, he is even more pleased to see the team get better with each passing week.

"We have a lot of new players," Davison said. "We'll probably try different schemes. All I ask the players is we improve. I know we're going to run into some good team, but as long as we're improving."

Hawks continue to fly overhead in Gold Division

Story and photo
by Randy Dela Cruz

Sports Editor, Ho'okele

The 392nd Intelligence Squadron (392 IS) Hawks maintained their lofty position among the top teams in the Gold Division by earning a hard-fought, two-straight-set win, 25-23 and 25-15, over Naval Health Clinic Hawaii 2 (NHCH 2) on July 21 in an intramural volleyball match at Joint Base Pearl Harbor-Hickam.

The win by the Hawks raised their record to 4-1 where they join two other teams tied for second place.

Last year's defending champions Hawaii Air National Guard sits atop of the division with a spotless 4-0 record and is the only remaining undefeated team in the division.

"Overall, I think we're doing really good because we all can work together," team captain Airman 1st Class Megan Hinds, said. "Today, we had to do some switching up a little bit because we didn't have a steady lineup of people. So we had to switch people up, but even when we did that, we're still good at playing together."

In the first set, NHCH 2 gave the Hawks all they could handle even though the medical squad found it hard to make good on their serves.

NHCH 2 committed three service errors in a row to start off the game, but kept within

striking distance by never falling behind by more than five points throughout the set.

Late in the set, with the Hawks leading 21-16, NHCH 2 got service back on a side-out and trailed by only four points.

With Hospital Corpsman 1st Class Nico DaSilva leading the way at service, NHCH 2 converted three straight points to narrow the deficit down to one at 22-21.

NHCH finally tied up the score at 23-23 on a kill by Hospital Corpsman 2nd Class Erica Weatherford.

However, a side-out on a hitting error by NHCH gave the Hawks a one-point lead, before Senior Airman James Fox hammered down a kill for the final point and first-set win.

"That always feels good," Fox said of his set-clinching kill. "The whole point is to hit the ball. That's the fun part and it might have been the only chance we'd get."

After establishing his ability to slam down a shot at the net, Fox got a chance to show off his serving skills and he didn't disappoint.

Taking service to start off the second set, Fox's overhand shots bolted down upon NHCH 2 players with laser-like precision.

By the time NHCH 2 got the ball back on a side-out, the hard serves of Fox helped his team come up with 13 straight points to take a 13-0 lead right out of the gates.

During the run, Fox picked

up three aces, while hitter Lt. Col. Steve Napier controlled the net with three blocks for points.

Fox said that when he stepped up to the back line, all he was concerned about was making sure he got good touches on the ball.

"I was just serving it over the net," Fox said. "I tried to do different things, but it all just went straight and I'm not really sure, but they (NHCH 2) just didn't return it."

While the big lead did place momentum squarely in the hands of the Hawks, Hinds said that no matter what the score was, she and her teammates weren't about to take anything for granted.

"It's always good to have a really good start, but we can't get our heads up too big," Hinds said. "Anything can happen and they can come back, but it definitely helped."

Although NHCH 2 managed to regroup and matched the Hawks point-for-point for the rest of the way, the 13-point advantage was too much to overcome.

In looking back at their season, Hinds said that she is very pleased at the way all of the players have come together —especially since the team started the season without the benefit of holding any practices.

"I feel like we've improved every game," she said. "I think we're going to do really well. I have not been upset about how we've played at all."



Lt. Col. Steve Napier stuffs a kill attempt at the net to help the 392 IS Hawks defeat NHCH 2 in straight sets.



Reasonable Doubt erases deficit to beat NCTAMS

"We got the offense. That comes easy for us. If we work on our defense and cut down on our turnovers, we're going to be tough."

— Staff Sgt. Corey Doss

**Story and photo
by Randy Dela Cruz**

Sports Editor, Ho'okele

After a cold start against Naval Computer Telecommunications Area Master Station Pacific (NCTAMSPAC), the highly favored Reasonable Doubt warmed up enough to take a two-point lead into half-time. They went on to win by a score of 41-32 on July 23 in a Summer Basketball League game at Joint Base Pearl Harbor-Hickam Fitness Center.

While the team's name is Reasonable Doubt, there is no question about the talent on the squad, which is comprised of some of the best players at Joint Base.

The team's win over NCTAMS put Reasonable Doubt in sole possession of first place in the Summer Basketball League with a record of 2-0,

while NCTAMS lost for the first time this season and holds a 1-1 mark.

"I don't think we can lose," Reasonable Doubt guard Cryptologic Technician (Collection) 3rd Class K'Kosi Gaddy said. "Cause if we lose, everybody is going to say, we're supposed to be the best team here."

Perhaps a touch of overconfidence may have contributed to the team's sluggish start, as NCTAMS started off the game by taking an eight-point lead.

Reasonable Doubt didn't score until 12 minutes had passed in the first half. Gaddy finally broke the ice with two free throws at the 8:22 mark before halftime.

"We just couldn't get anything to drop," Reasonable Doubt sharp-shooting forward Staff Sgt. Corey Doss said about the team's early drought. "We got into early foul trouble, but once we stopped fouling, we got our rhythm back."

Gaddy, who scored the team's first four points on free throws, said that once he erased the zero on the scoreboard, it allowed him and his teammates to relax and play their game.

"It was frustrating because all of us can score," Gaddy said. "We just needed to see the ball go in the rim. Once we saw the ball go in the rim, then he started hitting threes."

That person that Gaddy was speaking about was his teammate Boatswain's Mate 2nd Class Nicholas Allen, who all of a sudden caught on fire and sank back-to-back threes to pull Reasonable Doubt to within a point of NCTAMS at 12-11 with 2:45 remaining before halftime.

Later, with only 1:25 on the clock, a basket by military family member Brandon Crawford put Reasonable Doubt ahead for the first time at 13-12,

Reasonable Doubt went into halftime with a 16-14 lead, but the team began to step on the gas to build up its lead in the second half.

Gaddy handed his team its first double-digit lead at 35-23 after he converted a basket-and-one with 9:15 left on the clock.

NCTAMS did manage to cut the lead down to five points at 37-32, but that's where the comeback stopped. Reasonable Doubt recovered to run off the final minutes and secure the win.

Although Reasonable Doubt is deep in talent, Doss said that many of the players have never played together before and need time to adjust to each other's talents.

Doss said the key is to play better defense, so that their offense can be more productive.

"We got the offense," Doss said. "That comes easy for us. If we work on our defense and cut down on our turnovers, we're going to be tough."

While the team knows that the other five squads in the summer league will be looking to score an upset over Reasonable Doubt, Gaddy said that he doesn't feel any pressure in the least.

"It is a big target," Gaddy said. "But it doesn't matter. Nobody is as talented as us."

Staff Sgt. Corey Doss puts his head down as he drives to the basket.

Early entry deadline nears for Joint Base half-marathon

Madison Garcia

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

The early entry deadline for Joint Base Pearl Harbor-Hickam's annual half-marathon is Aug. 5.

Interested participants can register by picking up an entry form, waiver and map, available at the Hickam Fitness Center or online at www.great-lifeflow.com. The cost for early registration is \$30 and includes a T-shirt. Mail-in entries must be postmarked by Aug. 1 while online submissions must be sent by midnight of Aug. 5.

Check-in for the half-marathon begins at 4:30 a.m. Aug. 20 at Earhart Track. The race starts at 5:30 a.m. The race-course is flat and fast, which makes this run suitable for runners, walkers and strollers.

Packet pick ups for early registrants will be available at Hickam Fitness Center from noon to 5 p.m. Aug. 12 and from 8 a.m. to noon on Aug. 13.

Participants can still register for \$40 up to race day, but a T-shirt will not be included and no refunds will be offered.

Prizes will be awarded to the top three finishers in each category: active duty male, active duty female, youth (17 and younger), men and women



Fleet and Family Readiness Marketing Photo

Participants can run, walk or even bring strollers to the 10th annual JBPHH half-marathon.

(18-29, 30-39, 40-49, 50-59 and 60+), overall men and women and men and women stroller. An award ceremony will be held at 8 a.m. on race day.

The half-marathon is limited to the first 700 participants. Runners, walkers and strollers are welcome to participate. This event is open to all military-affiliated personnel and their guests who have base access.

Parking will be limited across from the Earhart Track; participants should plan to park

in the open lot near Hickam Memorial Theater.

(For more information, call 448-2214 or visit www.great-lifeflow.com.)



Pokémon before you Go

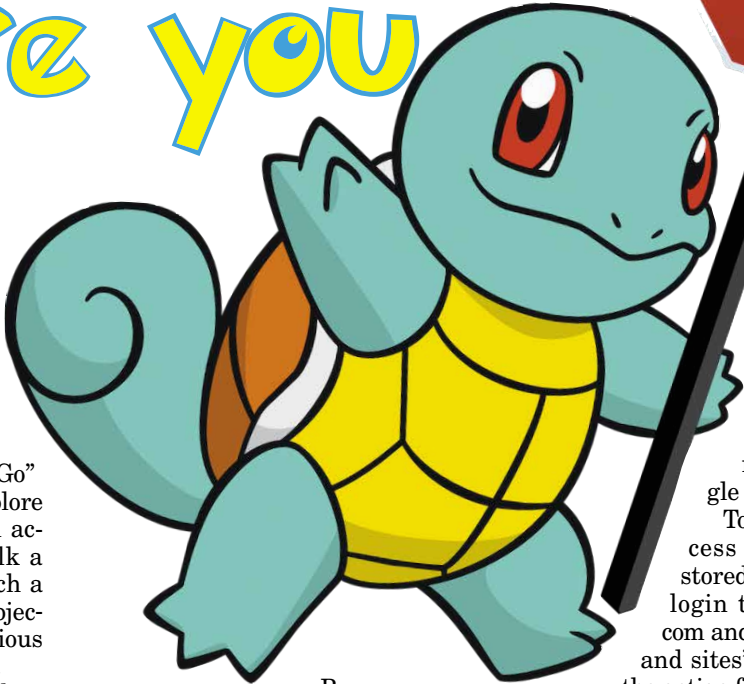


Lt. j.g. Krystyna Nowakowski

Navy Region Hawaii

Using the popular app “Pokemon Go” is a great way to get outside and explore Hawaii. It also encourages physical activity with the requirement to walk a certain distance (up to 10k) to hatch a Pokemon egg. Despite the positive objective of the game, there are some serious risks that players should be aware of.

OPSEC (Operations Security) has come into question with numerous on-base “Pokestops” (no, not the kind that sell ahi!). Per the latest guidance from higher headquarters (and common sense), service members, civilian employees, and family members are asked not to play the game near entry control points or anywhere on base with the exception of housing areas.



Because “Pokemon Go” uses smartphone cameras, there is potential for individuals using the app to take photos that pose a threat to security while trying to catch a Charmander.

Furthermore, the app also uses a GPS (Global Positioning System), meaning that it can track your whereabouts. When downloading “Pokemon Go,” you

are also giving Niantic (the company) access to your email address and your IP address. If you use a Gmail account to register on an iOS device, Niantic by default can access any information on your Google account.

To revoke the app’s access to your information stored on a Google account, login to myaccount.google.com and go to “connected apps and sites” and you can remove the option for “Pokémon Go.”

If playing in base housing areas, please be respectful of families trying to rest after dark by keeping noise to a minimum. Several military installations in other regions have banned the game in housing areas altogether, so if on travel, please read the region policy BEFORE searching for the nearest Pokemon gym.

Aspiring Pokemon trainers are encouraged to exercise caution when playing off base. When crossing the street, please look up from your phone. Catching a Dratini is not worth getting hit by a car, especially considering you can’t be a very effective trainer from a hospital bed.

Trainers should also think safety when venturing after dark and into unfamiliar areas. If you want to explore new areas of Oahu in search of rare Pokemon, consider going with some fellow teammates. If an area looks abandoned, it’s best not to go in, no matter how badly you want the Snorlax.

Never play the game while driving—there have been instances of vehicle accidents caused by the driver chasing Pokemon lures. If you are a passenger, it’s also best to hold off on playing, as the game can be a distraction.

“Pokemon Go” can be a great way to prepare for the Fall PRT (Physical Readiness Training) season. Try mapping out a safe route and running to hatch a 5k or 10k egg. Some Pokemon are climate-dependent and tend to hang out in mountainous areas or near water, which provides a great reason to go for a Koko Head hike or take the family to the beach. Go catch `em all, but always remember to play safe.



Photo courtesy of Hickam Communities

National Night Out is an opportunity for families to participate in activities to make neighborhoods safer.

Hickam Communities to hold National Night Out Aug. 2

Hickam Communities

Hickam Communities will hold its National Night Out event Aug. 2. The festivities kick-off at 5 p.m. at Hickam Communities Ka Makani Community Center. Families can participate in interactive and informative exhibits and activities to build neighborhood camaraderie and make neighborhoods safer, better places to live.

The Federal Fire Department, Joint Base Security Forces, and the American Red Cross are among the many organizations participating.

Families can also get keiki I.D.’s made for their children. McGruff the Crime Dog, games and prizes, bounce houses, and entertainment all are part of the line-up.

Families planning to attend are asked to RSVP at hcnno2016.rsvpify.com.

National Night Out is held annually across the country. Neighbors participate across thousands of communities from all 50 states, United States territories, Canadian cities, and military bases worldwide.

School starts again Aug. 1

Kimberly Crutchfield

Navy Region Hawaii School Liaison Officer

Summer will soon come to an end for public school students, as they start school on Monday, Aug. 1.

With schools back in session, Joint Base Pearl Harbor-Hickam (JBPHH) is reminding drivers to use extreme caution and especially be aware of children walking or riding their bicycles to and from school in the morning and afternoon.

There is always an adjustment period when classes resume for both drivers and students. Also be aware that some children may not see you when entering the crosswalks, so please drive slowly and always watch for the children.

Student traffic will usually start just before 7 a.m. and continue through 8 a.m. After-school traffic normally begins at 2 p.m. and winds down after 3 p.m.

Because of the large number of families who arrived in Hawaii during this summer, there are many students new to JBPHH and the surrounding military housing community who are not familiar with the local traffic patterns. We would like to remind drivers to slow down and give themselves more time to get to their destination. The extra time is certainly worth avoiding accidents.

Likewise, parents and students should map out the safest route to school together, including any alternate routes, and should also discuss proper safety practices to include the use of crosswalks and proper bicycle safety.

Additionally, please ensure your children wear bright clothing to increase visibility for drivers.

Finally, children should not walk to school wearing headphones or playing portable video games because this makes it difficult for them to hear the traffic around them. Let’s all do our part to ensure a safe and accident-free school year for all.



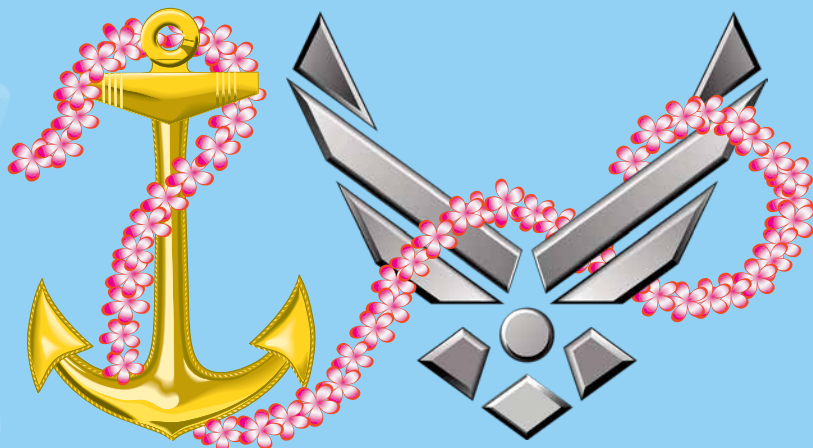


TO SUBMIT YOUR STORY IDEAS:

Call 808-473-2890
or email
editor@hookelenews.com

JULY — AUGUST COMMUNITY CALENDAR

HO'OKELE
PEARL HARBOR - HICKAM



PAU HANA CONCERT

TODAY — A free concert by the group Busekrus will be held from 5 to 7 p.m. at the Hickam Harbor waterfront. Food trucks will be on site, and patrons are also welcome to bring their own food and beverages. FMI: 449-5215.

ADVANCE SCREENING

JULY 30 — A free advance screening of the action adventure movie "Suicide Squad" will be held at 4 p.m. at Hickam Memorial Theater. Doors will open at 2 p.m. Patrons are advised to come early to secure their seats. Tickets will be available at the Hickam Exchange food court. "Suicide Squad" is rated PG-13. FMI: 423-7694.

MEET THE FIGHTERS

JULY 30, 31 — UFC fighters Hector Lombard and Valerie Letourneau will make a special meet-and-greet appearance from 11 a.m. to 3 p.m. July 30 at the Pearl Harbor Navy Exchange (NEX) mall sporting goods section. Authorized patrons can take pictures and get autographs with the pro athletes. Lombard and Letourneau will also make an appearance from 11 a.m. to 2 p.m. July 31 at the Hickam Exchange main store, Joint Base Pearl Harbor-Hickam. FMI Stephanie.Lau@nexweb.org or 423-3287 and newmanbe@aafes.com or 423-7694.

NATIONAL NIGHT OUT

AUG. 2 — Hickam Communities will hold a National Night Out against crime from 5 to 8 p.m. at the Ka Makani Community Center. The event will include free food, treats, games, prizes, a dunk tank, McGruff the Crime Dog, and a petting zoo. FMI: <http://hcnno2016.rsvpify.com/>.

UFC APPEARANCES

AUG. 2 — UFC fighter "Super" Sage Northcutt will make a special appearance from 1 to 3 p.m. at the Pearl Harbor Navy Exchange main store. Northcutt and UFC fighter Hector Lombard will also be at the Joint Base Pearl Harbor-Hickam Fitness Center from 4 to 6 p.m. FMI: 423-3287.

INVESTING FOR COLLEGE

AUG. 2 — A class on investing for college will be held from 1:30 to 3:30 p.m. at Military and Family Support Center Hickam. Participants can explore their options for investing in their children's education. FMI: www.greatlifehawaii.com or call 474-1999.

SPONSOR TRAINING

AUG. 2 — A class on sponsor training will be held from 1 to 3 p.m. at Military and Family Support Center Wahiawa. The class is designed to give a new sponsor the information needed to assist incoming personnel and families with the transition to a new environment. Spouses are encouraged to attend. FMI: www.greatlifehawaii.com or call 474-1999.

FINANCIAL LEADERSHIP SEMINAR

AUG. 3 — A division officers' financial leadership seminar will be held from 7:30 a.m. to 3:30 p.m. at Military and Family Support Center Pearl Harbor. This one-day training is for non-CFS trained E-7s and above. It is designed to provide a basic understanding of typical military financial problems, how to deal with a financial crisis with one of your members, and creates an awareness of resources available. FMI: www.greatlifehawaii.com or call 474-1999.

EFFECTIVE COMMUNICATION FOR COUPLES

AUG. 4 — A class on effective communication for couples will be held from 8 to 11 a.m. at Military and Family Support Center Wahiawa. FMI: www.greatlifehawaii.com or call 474-1999.

PAU HANA CONCERT

AUG. 5 — A free Pau Hana Concert in the Park featuring the Navy rock band Pipeline will be held from 5 to 7 p.m. at the Hickam Harbor waterfront. Food trucks will be on site to purchase food and beverages. Patrons are also welcome to bring their own food and beverages. FMI: 449-5215.

JROTC MAGNET COURSE REGISTRATION MEETING

AUG. 6 — Punahou School JROTC offers a fully accredited magnet course for all high school students grades 9-12, including homeschool students, who do not have JROTC offered at their schools. The course meets each Wednesday from 3 to 6 p.m. at Punahou. Interested students and their parents must attend an orientation/registration meeting on Aug. 6 from 9 to 10:30 a.m. at Punahou. The class begins Sept. 7. There is no enrollment charge for this course. FMI: Call 944-5723 or email retired Lt. Col. Bob Takao at rtakao@punahou.edu.

OPERATION HELE ON

AUG. 19 — Operation Hele On, a mock deployment for kids ages 8 to 14, will be held from 7:30 a.m. to 3 p.m. Aug. 19 at Makai Recreation Center, Joint Base Pearl Harbor-Hickam. Registration is now through Aug. 5. FMI: www.greatlifehawaii.com.

HICKAM HALF MARATHON

AUG. 20 — The 10th annual Hickam Half Marathon will begin at 5:30 a.m. starting and finishing at Earhart Track, Joint Base Pearl Harbor-Hickam. The awards ceremony will start at 8 a.m. Volunteers are also being sought for the event. Volunteers will receive a free T-shirt if they provide their shirt size by Aug. 3. FMI: ciara.meyers@us.af.mil and www.facebook.com/events/288587678139153/

SHARKEY THEATER

TODAY — JULY 29

7:00 PM Independence Day:
Resurgence (PG-13)

SATURDAY — JULY 30

2:30 PM Finding Dory (PG)
7:00 PM Suicide Squad
(sneak preview) (PG-13)

SUNDAY — JULY 31

2:30 PM The BFG (PG)
5:00 PM Finding Dory (3-D) (PG)
7:00 PM The Shallows (PG-13)

THURSDAY — AUG. 4

7:00 PM Now You See Me 2 (PG-13)

HICKAM MEMORIAL THEATER

TODAY — JULY 29

6:00 PM Now You See Me 2 (PG-13)

SATURDAY — JULY 30

4:00 PM Studio appreciation advance
screening of Suicide Squad
(free admission) (PG-13)

SUNDAY — JULY 31

3:00 PM Finding Dory (PG)

THURSDAY — AUG. 4

7:00 PM Now You See Me 2
(PG-13)

MOVIE SHOWTIMES



THE BFG

Ten-year-old Sophie is in for the adventure of a lifetime when she meets the Big Friendly Giant (Mark Rylance). Naturally scared at first, the young girl soon realizes that the 24-foot behemoth is actually quite gentle and charming. As their friendship grows, Sophie's presence attracts the unwanted attention of Bloodbottler, Fleshlumpeater and other giants. After traveling to London, Sophie and the BFG must convince Queen Victoria to help them get rid of all the bad giants once and for all.

Patrons enjoy bowling during Leon Day

Story and photo by
Madison Garcia

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Naval Station Bowling Center brought a little early holiday cheer to Joint Base Pearl Harbor-Hickam during its Leon Day (Noel spelled backwards) event held July 25. Games were only \$1.25 per person, and all lanes were filled within the first hour with people excited to celebrate Christmas in July.

“This is our first time hosting Leon Day,” Eric Zotter, bowling alley manager, said. “The crowd is probably larger than most that we’ve had.”



Families got into the holiday spirit for Leon Day at the Naval Station Bowling Center on July 25

Lacy Rueschenberg, active-duty Navy spouse, attended the event with her two children.

“It has been very fun,”

she said. “We all dressed up in our Christmas gear and we’re jamming out to Christmas tunes.”

In between games, cus-

tomers could visit Military Family Support Center’s (MFSC) table. MFSC’s mission of educating and caring for families was a natural tie-in to this activity aimed and parents and kids.

“Today we have a game here where we allow everyone to learn more about our center,” Charito Rivera, prevention ad education specialist at MFSC, said.

To play the game, participants spun a wheel and answered a simple trivia question about MFSC to win a coloring book filled with information for families.

More information about Joint Base bowling centers can be found at www.greatlifehawaii.com.

MY FAVORITE PHOTO



Becky Hommon Faunce, retired Navy Region Hawaii environmental counsel, took this photo of McHugh Creek overlook above the Turnagain Arm of Cook Inlet outside her new home of Anchorage, Alaska. It is near Joint Base Elmendorf-Richardson.

Upcoming blood drives

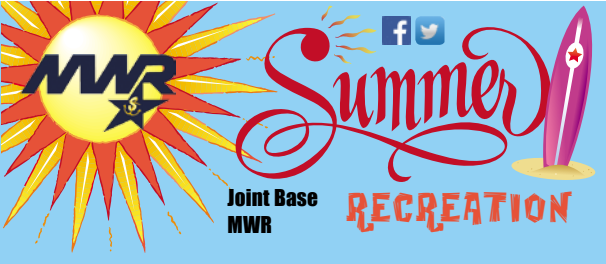


Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP). Donors are encouraged to schedule an appointment online, call to make an appointment, and check www.militaryblood.dod.mil for the latest information.

The following are a few basic requirements that must be met in order to donate blood with the ASBP. In general, donors need to:

Currently scheduled drives include:

- Have not donated blood previously within the last eight weeks.
 - Weigh at least 110 pounds.
 - Be at least 17 years of age.
 - Have been feeling well for at least three days prior to donating.
 - Be well hydrated and have eaten something prior to donating.
 - Have picture ID and know when/where you have traveled.
 - Be able to list the types of medications currently being taken.
- Aug. 10, 9 a.m. to 1 p.m., 2293 Victor Wharf Access Road, bldg. 992, SPAWAR Hawaii.
 - Aug. 16, 11 a.m. to 3 p.m., PX, Schofield Barracks.
 - Sept. 6, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
 - Sept. 20, 9 a.m. to 1 p.m., Schofield Barracks Health Clinic, building 683, Schofield Barracks.
- (For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.)*



Joint Base Morale, Welfare and Recreation will hold upcoming events for adults and children. For more information visit www.greatlifehawaii.com or subscribe to MWR’s digital magazine Great Life Hawaii.

- Fall youth NFL flag football, cheerleading and volleyball registration closes July 29. Ages vary by sport. The cost is \$50 and the seasons run from September to December. Patrons can register online at www.greatlifehawaii.com. For more information, call 473-0789.
- Free movie night at the pool will be held from 6 to 8 p.m. July 29 at Pool 2. The movie will begin when the sun goes down. For more information, call 260-9736.
- Free loyal movie patron card is offered Aug. 1 to 28 at Sharkey Theater. Participants can purchase 10 movie tickets, get the card punched each time, and the next movie’s admission is free. Free admission is not valid for 3D features. For more information, call 473-0726.
- Free loyal bowler punch card is offered Aug. 1 to 31 at the Hickam and Pearl Harbor bowling centers at Joint Base. Participants can purchase and bowl 12 games, get the card punched each time, and their 13th game is free. For more information, call 448-9959 or 473-2574.
- \$1.75 Mondays will be held from 5 to 9 p.m. on every Monday evening in August at the bowling center on the Pearl Harbor side of Joint Base. Patrons can purchase a game of bowling for \$1.75 and hot dogs for \$1.75 each. For more information, call 473-2574.
- \$1.50 Wild Wednesdays will be held from 4 to 9 p.m. every Wednesday of August at the bowling center on the Hickam side of Joint Base. Bowling games, shoe rental and hot dogs are just \$1.50 each. Must have a military CAC card to participate. Patrons will be able to purchase three games per person and one hot dog per person. For more information, call 448-9959.
- Meet and greet with UFC fighters “Super” Sage Northcutt and Hector Lombard will be held from 4 to 6 p.m. Aug 2 at Joint Base Pearl Harbor Fitness Center. For more information, visit www.greatlifehawaii.com or call 471-2019.
- The 2016 Arts & Crafts Gallery Showcase will be accepting entries Aug. 2 through Oct. 1. The opening reception will be held Oct. 5 at the Joint Base Pearl Harbor-Hickam Arts & Crafts Center. This event is open to active-duty military and their family members, Department of Defense civilians, contractors, reservists and retirees. All submissions must be framed or “wall ready” to be displayed in the JBPHH Arts and Crafts Center Gallery. There are three categories: artist-craftsman, photography and digital creations. It is free to submit artwork. Interested participants can download an entry form at www.greatlifehawaii.com. For more information, call 448-9907.
- Free ladies golf clinic will begin at 9:30 a.m. Aug. 3 at Barbers Point Golf Course. Pros will offer tips for female golfers. For more information and to pre-register, call 682-1911.
- Golf demo day will be held from 3:30 to 6:30 p.m. Aug. 3 at Navy-Marine Golf Course. Patrons can try out golf equipment at the driving range for free. For more information, call 471-0142
- Free Wii Wednesday will be held from 2 to 4 p.m. Aug. 3 at the Joint Base Pearl Harbor-Hickam Library. Patrons can come on over after school for some game time on Wii U consoles. Wii U, XBOX One and PS4 consoles will also be available for checkout. For more information, call 449-8299.
- 10th annual Hickam Half-Marathon will begin at 5:30 a.m. Aug 20 at Hickam Earhart Track. Check in is at 4:30 a.m. Early registration costs \$30 and includes a T-shirt while race day registration costs \$40 with no T-shirt. Interested participants need to register by Aug. 5. Mail-in entries must be postmarked by Aug 1. Runners, walkers and strollers are allowed to participate. The event is open to all military-affiliated personnel and their guests (must have base access). Entry form, waiver and map are available at the Hickam Fitness Center or online at www.greatlifehawaii.com. FMI: 448-2214.
- Free golf clinic will be held at 1 p.m. Aug. 6 at Mamala Bay Golf Course. Pros will offer tips on improving golf games. For more information and to pre-register, call 449-2304.



**REDUCE...
REUSE...
RECYCLE**

Joint Base Pearl Harbor-Hickam has two convenient Recycling Center locations standing by to accept your recyclable goods:
Airfield - Bldg. 1715 and **Waterfront - Bldg. 159.**
For more information call the JBPHH Recycling Program POC at (808) 474-9207.