



Wounded Warrior athletes with JBPHH ties compete **See page B-2**



Softball champs to be crowned this weekend **See page B-3**



RIMPAC volunteer opportunity planned **See page B-4**



Twilight Tribute to Troops **See page B-5**

“Navigator” HO'OKELE

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

June 17, 2016

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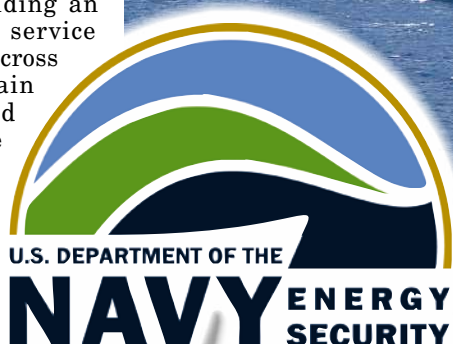
Volume 7 Issue 23

Conservation is key for Joint Base, RIMPAC 2016

By Ho'okele Staff

Joint Base Pearl Harbor-Hickam is gearing up for the biennial Rim of the Pacific (RIMPAC) exercise scheduled to begin June 30. Twenty-seven nations, 45 ships, five submarines, more than 200 aircraft and 25,000 personnel will participate in the exercise.

Besides providing an opportunity for service members from across the globe to train together and learn from one another, RIMPAC 2016 also presents the U.S. Navy with an opportunity to demonstrate the Great Green Fleet initiative, which highlights the Navy's global energy conservation measures and use of alternative fuel blends. During RIMPAC 2016, almost all participating units will operate using an approved alternate-fuel blend.



Rear Adm. John Fuller, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, will serve as commander of Task Force Energy and Environment during RIMPAC 2016.

“Our waterfront here at Pearl Harbor has been

leading in energy savings and security, embracing new technologies and ways of doing business and championing innovation,” Fuller said. “We plan to demonstrate more capabilities with renewable energy in the weeks ahead during RIMPAC 2016. We will look to

identify and implement innovative ideas—especially from all ranks and from all areas. If you have a good idea for how to save energy or push energy security, we want to hear it.”

During 2012 and 2014 RIMPAC, the Navy operated a carrier strike group's surface ships and

aircraft with a biofuel blend. The demonstration successfully evaluated the performance of “drop-in replacement” advanced biofuel blends and certain energy efficient technologies in an operational setting. All systems performed at full capacity.

The “greening” of RIMPAC in 2012 and again in 2014 showed how Navy is conserving energy and protecting the environment.

Then, in March, Arleigh Burke-class guided-missile destroyer USS Chafee (DDG 90) was named a winner of a 2015 Secretary of the Navy Environmental Award. Chafee won the Afloat Environmental Award.

USS Chafee travelled more than 37,000 miles on a seven-month deployment to the 3rd, 4th, and 7th Fleet Areas of Responsibility during 2015 while participating in the Oceania Maritime Security Initiative, Talisman Sabre 15, UNITAS PAC 15, and UNITAS LANT 15. USS Chafee conducted all operations with no impact to marine mammals and with safe and clean refueling operations.

More recently, USS Chung-Hoon (DDG 93) and other Navy

CONSERVATION > A2



U.S. Navy photo by MC2 Somers Steelman

Capt. Stanley Keeve, Jr., commander of Joint Base Pearl Harbor-Hickam, passes out cake to U.S. Sailors and Airmen after JBPHH's Lesbian, Gay, Bisexual and Transsexual (LGBT) pride ceremony, June 15.

JBPHH celebrates LBGT Pride Month

MC1 Phillip Pavlovich

Navy Public Affairs Support Element Detachment Hawaii

The Joint Base Pearl Harbor-Hickam (JBPHH) and U.S. Pacific Fleet joint diversity committee hosted a Lesbian Gay Bisexual Transgender (LGBT)

Pride Month ceremony at the Historic Hickam Officer Club, June 15.

Pride Month commemorates the Stonewall riots that took place in New York June 1969. The riots are largely regarded as the beginning of the LGBT rights movement, and works to achieve equal justice and equal opportunity for LGBT Americans.

The Department of Defense has chosen “Celebration” as the theme for this year's observance.

Cryptologic Technician Technical 1st Class Ean Oliver kicked off the ceremony by asking

LGBT PRIDE MONTH > A2

NAVFAC Hawaii changes leadership at ceremony

Story and photo by Denise Emsley

Naval Facilities Engineering Command Public Affairs

A transfer of leadership occurred at Naval Facilities Engineering Command (NAVFAC) Hawaii June 10 during a change of command ceremony at Joint Base Pearl Harbor-Hickam.

Capt. Dean A. Tufts, a civil engineer corps (CEC) officer relinquished command of NAVFAC Hawaii's 1,200 civilian federal workers and 225 Navy and Air Force, officer, and enlisted military personnel to Capt. Richard D. Hayes III.

“I'd like to thank the men and women of NAVFAC Hawaii,” Tufts said. “My folks are on it 24/7, 365. Some have worked for us for three days or 52 years. There are no breaks for these guys. No unimportant tenants. No unimportant jobs. No unimportant commands. Joint Base Pearl Harbor-Hickam has over \$22 billion worth of facilities

and utilities, that's more than twice as any other Navy run base.... I know what you do. You are proud Americans serving your country and I am honored to be your commanding officer.”

During his tour at NAVFAC Hawaii, Tufts'

leadership and resourcefulness were instrumental in the delivery of more than \$1.2 billion in facilities, engineering and management services to Navy Region Hawaii, Marine Corps

NAVFAC > A7



Rear Adm. John W. Korka, commander Naval Facilities Engineering Command (NAVFAC) Pacific, congratulates Capt. Richard D. Hayes III and Capt. Dean A. Tufts during the change of command ceremony.

JBPHH flies at half-mast for Orlando victims

The American flag flies at half-mast aboard USS Michael Murphy (DDG 112) while the ship is moored in Joint Base Pearl Harbor-Hickam, June 13. President Barack Obama ordered all United States flags to half-staff as a mark of respect for the victims of the act of hatred and terror perpetrated June 12 in Orlando, Florida.

U.S. Navy photo by MC1 Phillip Pavlovich



Mississippi visits Busan during western Pacific deployment

Lt. j.g.
Tamsyn Thompson

USS Mississippi (SSN 782) Public Affairs

BUSAN, Republic of Korea—Virginia-class fast attack submarine USS Mississippi (SSN 782) arrived at Busan for a routine visit as part of its maiden Indo-Asia-Pacific deployment, June 13.

Measuring more than 360-feet-long and displacing approximately 7,000 tons when submerged, Mississippi is the one of the most technologically advanced and stealthiest submarines in the world, and has the capabilities of supporting a multitude of missions. She adds tremendous capabilities from the undersea domain to provide



U.S. Navy photo by MC3 Jermaine M. Ralliford

U.S. Navy Cmdr. Eric Rozek, commanding officer of the Virginia-class fast-attack submarine USS Mississippi (SSN 782), is greeted during Mississippi's arrival at the Republic of Korea Fleet base, June 13.

the United States and allies and partners with anti-submarine, anti-sur-

face, strike, naval special warfare involving special operations forces and

mine warfare.

With a crew of approximately 141 Sailors, Mis-

issippi is conducting a multitude of missions while maintaining proficiency of the latest capabilities of the submarine fleet.

"This port call to Busan is a great opportunity," Cmdr. Eric Rozek, Mississippi's commanding officer said.

"The visit allows the crew to contact their loved ones back home following several weeks at sea. At the same time, my Sailors will also get the unique opportunity to experience the heritage, culture and history of Korea and continue to strengthen our relationship with one of our western Pacific partners."

Mississippi's visit is essential to the strengthening and broadening of the U.S. and Republic of

Korea bilateral relationship, while expanding on the existing strong naval bond. While in port, Sailors will volunteer some of their off-duty hours in support of a joint military-to-military community relations engagement, which includes recreational activities with children from a local orphanage and facility maintenance.

For many of the crew members, this is their first time traveling outside of the U.S.

"I'm extremely excited to visit Busan," said Culinary Specialist 3rd Class Adam E. Esaw, native of Sarasota, Florida. "I'm looking forward to immersing myself in the South Korean culture and experiencing the indigenous food and local market life."

NMCRS Pearl Harbor fund drive comes to successful conclusion

Story and photo by
Brandon Bosworth

Assistant editor, Ho'okele

The 2016 Navy Marine Corps Relief Society (NMCRS) Pearl Harbor fund drive concluded with a ceremony held at Pearl Harbor Memorial Chapel, Joint Base Pearl Harbor-Hickam, June 9.

Commands and individuals throughout JBPHH raised \$473,829 during this year's fund drive. The fund drive theme was "By our own—for our own."

"Thank you for doing an outstanding job during this year's fund drive," Paul Belanger, director of NMCRS Pearl Harbor, said during the ceremony. "We are No. 9 in the world for per capita donations, and every penny you donate goes to Sailors and Marines in need."

Rear Adm. John Fuller, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, told the audience he is confident 2017's fund drive will be even more successful.

"Even though next year we could be No. 5 or even No. 1 in the world, it's not a competition," he said. "It's you taking care of your fellow Sailors and Marines."

During the June 9 ceremony, several commands were recognized for their outstanding fundraising efforts during the 2016 drive. Navy Information Operations Command (NIOC) was the winner of the Highest Amount Donated Award.

The goal of the Navy Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational and assistance to members of the naval



Capt. Ken Epps, commanding officer for the Naval Supply Fleet Logistics Center Pearl Harbor, left, watches as Rear Adm. John Fuller, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, right, presents a check to Paul Belanger, director of NMCRS Pearl Harbor.

services of the United States, eligible family members and survivors when in need. Since it was founded in 1904, the society has provided more than \$1.1 billion in interest-free loans and grants to more than four million active duty and retired Sailors, Marines and their families. It is sponsored by the Department of the Navy and operates nearly 250 offices ashore and afloat at Navy and Marine Corps bases throughout the world.

Even though this year's NMCRS is over, they accept donations all year long. For more information or to make a donation, visit www.nmcrsfund-drive.org/pearlharbor/.

In addition to donations, NMCRS Pearl Harbor is always looking for volunteers. Those interested in volunteering can contact Felix Navarro at 473-0282.

Energy conservation

CONTINUED FROM < A1

ships homeported at JBPHH have transitioned from incandescent lights to more efficient LED lights. (See story on page A-4.)

On the Hickam side of JBPHH, the Hawaii Air National Guard will be home to a new facility utilizing experimental energy technology to use trash to generate power. The Air Force Research Laboratory is spending \$6.8 million on the facility, which will rely on its own small electrical grid to ensure continued operation in the event a bomb, cyberattack or natural disaster knocks out the local energy supply.

The efforts at eco-consciousness extend beyond the operations sphere.

"Our families and civilian workforce have been key leaders in the area of energy and environment, too," Fuller said. "Through the Resident Energy Conservation Program, the Know-Loads team, and the Summer Energy Hero Challenge, we're promoting fun, saving resources and incentivizing ways to do the right thing."

The Resident Energy Conservation Program (RECP)

was created by the Department of Defense in 1998 to foster a greater sense of energy conservation among military members in their homes and aboard military installations. All JBPHH housing communities have participated in the program since 2012. According to Darryl Nii, Navy Region Hawaii RECP coordinator, since the implementation of RECP, JBPHH residents conserved more than 51 million kilowatt hours equaling more than \$18 million in energy savings.

The "Know Load" program is a joint effort between Navy Region Hawaii housing office and Ohana Navy Communities to help residents learn about the electricity load their home is carrying each month.

Residents who reduce their electricity consumption by at least 20 percent compared to the previous month's electricity consumption are automatically entered into the Summer Energy Hero Challenge which includes random drawings for monthly prizes as well as a grand prize of \$500 to be awarded after the contest ends Aug. 31. For complete contest details and rules, visit www.ohananavycommunities.com/

LGBT Pride Month honors Orlando victims

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those in attendance to bow their heads for a moment of silence to honor the victims of the Orlando Florida mass shooting.

"What happened is such a tragedy," Oliver said. "As a gay man, all I could think about was that could have been me."

The mass shooting took place June 12, at Pulse night club in Orlando Florida, leaving 49 people dead and 52 wounded. It was the deadliest mass shooting by a single gunman in U.S. history, the deadliest incident of violence against LGBT people in U.S. history, and the deadliest terrorist attack in the U.S. since the Sept. 11 attacks of 2001.

Following the moment of silence, guest speaker retired Command Master Chief James Miller was welcomed to the stage. Miller shared personal stories about how LGBT policy in the Navy changed throughout his time serving.

"It was very nerve racking because normally people ask me to speak about leadership or submarines but this is more personal to me to talk

about sexuality," Miller said. "This meant a lot to me and I was honored to share my experiences."

Military policy and legislation had previously prohibited gay individuals from serving, and subsequently from serving openly. In turn, a legislative policy was enacted in a 1993 bill that continued the ban under which LGBT individuals were prohibited from serving, but it also prohibited investigation into a member's sexual orientation without suspicion.

The new policy was known as "Don't Ask, Don't Tell" was seen as a compromise between the two political efforts.

"When 'Don't Ask, Don't Tell' was first instated I feel it was a tough time for the LGBT community in the Navy due to the nature of the policy and the investigations," Miller said. "They had to keep their dating life a secret and if they were going through a tough emotional time in their lives they weren't allowed to talk about it."

The "Don't Ask, Don't Tell Repeal" Act of 2010 created a future pathway to allow the LGBT community to serve

in the military. This repeal would only take effect with sufficient certification it would not harm military readiness, followed by a 60-day waiting period.

In early 2011, military leaders began issuing training plans for the expected repeal of the ban. A court order on July 6, 2011, required the Pentagon to immediately suspend the ban, which the government complied with.

Prohibitions were entirely ended Sept. 2011 after Congress voted to repeal the policy.

"As a leader, when one of your Sailors come to you and tell they think they are gay or are having an issue, realize they are trusting you and believe in your ability to help them," Miller said. "Even if you are not a part of the LGBT community, one day you may have a Sailor that is. If that Sailor needs help, you need to know what resources are available to help them. You may not be the person that has the knowledge to help them but you have to be the person that has the knowledge of resources to help them."

Diverse VIEWS



“Who’s your favorite fictional father and why?”



Dave Gallagher
Navy Legal

“My favorite fictional father would have to be Andy Griffith, simply because he seems like he would just be a great dad to have.”

Glen Leonard
Air Force Civil Engineer Center

Ben Cartwright of “Bonanza.” At the end of the day he cared for family. Today that is a lost art, a father caring for his family.



Gil Serrano
Navy Legal

“Atticus Finch is my favorite fictional father because he was all about civil rights, doing the right thing, and setting a good example for his daughter.”

Chief Master Sgt. Ray Smith
613th Air and Space Operations Center

Dr. Heathcliff Huxtable. He was always there for his children and gave them the best ‘life’ advice.



Dev Kaniaupiao
JBPHH Fitness Center

“My favorite fictional father is Mufasa from “The Lion King.” He always wanted the best for his son and treated everyone with respect.”

Airman 1st Class Emmanuel Little
15th Wing

Philip Banks from “The Fresh Prince of Bel-Air.” He was a great role model and gave great advice that was really beneficial.



*Provided by David D. Underwood Jr.
and Staff Sgt. Christopher Stoltz*

*Want to see your command featured in Diverse Views?
Got opinions to share?
Drop us a line at editor@hookelenews.com*

Commentary

Constellations to steer by in Middle Pacific

Rear Adm. John Fuller

Commander, Navy Region Hawaii and Naval Surface Group Middle Pacific

Last Wednesday, June 8, was World Oceans Day, which makes this a good time to reflect on our Navy’s commitment here in Middle Pacific—in the world’s biggest ocean—and consider our shared values with friends and partners. As any Sailor can tell you, the sea does not separate us. It brings us together.

That’s why I am inspired to learn more about traditional voyagers like the Samoa Voyaging Society and Polynesian Voyaging Society.

Adm. Scott Swift, commander, U.S. Pacific Fleet, and Rear Adm. Vince Atkins, commander of the Fourteenth Coast Guard District, visited Samoa last February. While there—along with other dignitaries—the admirals personally met with and congratulated Lefagaoali’i Savai’i, the first woman captain of the Samoa Voyaging Society.

Meanwhile, traditional voyagers from Hawaii’s Polynesian Voyaging Society are sailing aboard Hokulea on a three-year global journey called Malama Honua (“to care for our Island Earth”).

Like our Navy, traditional voyaging groups show their commitment to healthy oceans, renewable energy, cultural heritage and good navigation.

Aboard their canoes, the voyagers sail by the wind and steer by the constellations, using only traditional wayfinding and celestial navigation techniques. This is something our Navy is reemphasizing and again teaching at our schools, including at the U.S. Naval Academy and Surface Warfare Officers School.

The commanding officer of SWOS, my good friend Capt. Dave Welch, is intimately aware of the Polynesian Voyaging Society. As former CO of USS Chung-Hoon (DDG 93) and Commodore of Destroyer Squadron 31 here in Pearl Harbor several years ago, Capt. Welch and his Sailors volunteered their off-duty



Rear Adm. John Fuller

time to sand canoes and refurbish PVS facilities as part of Navy community outreach.

Prior to launching their global journey, Hokulea voyagers received training in Search and Rescue swimming from U.S. Navy Sailors at Joint Base Pearl Harbor-Hickam. Now Sailors, Veterans and their families on the East Coast are turning out to meet the voyagers, tour Hokulea, and learn more about celestial navigation and traditional voyaging.

Last week, the Polynesian Voyaging Society’s Hokulea was in New York City for World Oceans Day celebrations. They will be going up to New England in the days ahead. In recent weeks, the voyagers visited Florida, the Carolinas, Virginia, and Washington D.C. (Hokulea has already sailed around Africa, visited Cuba, and will head to the Mediterranean.

We look forward to their safe homecoming to the islands next year.)

Malama Honua highlights our shared values: a courageous warrior’s ethos committed to preserving peace. We share our deep respect for the sea and for the environment. We believe in relationship-building and a strong commitment to diversity, innovation and science. Like all mariners we have a common sense of adventure, perseverance and resilience.

These are constellations to steer by in the 21st century.

For hundreds of years our Navy has respected international laws, protected sea lanes and built cooperation with friends and partners. Ships deployed from or through Hawaii have helped our Navy preserve greater prosperity for many nations and hundreds of millions of people in Indo-Asia-Pacific.

Adm. Swift speaks of an “international rules-based system that emerged from the ashes of World War II and benefitted so many nations over the past 70 years. Codified by a series of norms, standards, rules and laws, adherence to this system remains the best possible way for all nations—large and small—to continue to rise peacefully, prosperously and securely.”

And our friends throughout the Pacific know we

can and will respond with humanitarian assistance in times of need.

Next month we will welcome 27 nations to the Middle Pacific to participate in the world’s biggest maritime exercise: Rim of the Pacific 2016. During RIMPAC, in support of Vice Adm. Nora Tyson, Commander, U.S. Third Fleet, we will explore new and innovative ways to use energy and protect the environment as part of the Great Green Fleet.

Our Navy is committed to reducing the use of fossil fuels that damage the environment and put warfighters at risk. Our Sailors and Marines are embracing renewable and alternative energy and innovative ways to use science, technology, engineering and mathematics for greater sustainability. We embrace the concepts that will lead to a “healthy ocean, healthy planet,” the theme of World Oceans Day.

The United States is a Pacific nation, with a responsibility—a commitment—to maintain security and stability for ourselves and our friends and allies. That’s our North Star. We achieve greater mutual understanding, security, and prosperity by working together—communicating, training, learning and applying corrections to old observations. Just like we must align ourselves before we navigate by the stars.



U.S. Navy photo by MC2 Paul D. Honnick

Capt. Dave Welch and other Sailors sand pieces of a Polynesian canoe for the Polynesian Voyaging Society Jan. 22, 2011, which plans on sailing the canoe around the world using ancient techniques without any electronics or navigation equipment.

Aviators complete first flight to Hawaii



Photo courtesy of the Hawaii Department of Transportation

Army Air Corps Lts. Lester J. Maitland (pilot) and Albert F. Hegenberger (navigator) completed the first flight to Hawaii on June 29, 1927. The 26-hour flight from Oakland, California to Wheeler Field, Oahu was in an Army tri-motor Fokker monoplane. The feat took place 89 years ago this month.



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GOT SPORTS
Phone: (808)473-2888
editor@hookelenews.com

Contact the Ho’okele editor for guidelines and story/photo submission requirements.



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Anna Marie General

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U.S. and Pacific partners enhance force health protection in Nepal

Story and photo by
MC2 Laurie Dexter

Navy Public Affairs Support Element Detachment Hawaii

PANCHKHAL, Nepal—Thirty-seven medical professionals from U.S., Nepal, Bangladesh, and New Zealand came together for a training seminar at the Birendra Peace Operations Training Center in Panchkhal, Nepal, May 23-26.

The seminar packed a lot of material into the four days, including subject matter exchanges and team discussions covering various topics such as pre-deployment screenings, vaccine requirements, food and water-borne diseases, water treatment and waste management.

The seminar also provided an overview of the Medical Support Manual for United Nations Peacekeeping Operations—a guide designed to outline operational and procedural standards for medical support in the field during peacekeeping operations.

Led by the Department of Peacekeeping Operations, these activities con-

sist of military, police and civilian personnel working to deliver security, political and early peace building support in a country torn by conflict.

“Policy reviews should be updated regularly and routinely,” said Col. Mukunda Singh Shrestha, radiologist at Shree Birendra Hospital at Kathmandu, Nepal.

“Troop contributing countries should be aware of U.N. guidelines and have suitable policies in place in lines of the peacekeeping guidelines.”

According to Capt. Annette M. Von Thun, preventive medicine officer and director of future operations and global health engagements of Navy Environmental and Preventive Medicine Unit Six, there were three primary objectives of the seminar.

The first was to reach a mutual understanding of the principles and importance of force health protection (FHP).

The second was to define the current protocols and practices by the troop-contributing countries as they implement U.N. policies to protect peacekeeping forces before, during and after de-



Medical professionals from U.S., Nepal, Bangladesh and New Zealand militaries attend the closing ceremony of a seminar on force health protection.

ployments.

Finally, the seminar sought to develop the relationships that allow for a productive and collaborative environment.

“Having the FHP protocols, practices and policies in place minimizes the im-

pact of disease and health threats make us more effective as medical providers and functions as a force multiplier to ensure that our troops are healthy and able to complete the mission,” Von Thun said. “The health of our troops—it’s a

responsibility that we have to our troops and our commitment we’ve made to the U.N.”

According to www.un.org, the workforce in the field consisted of 93,743 military personnel.

“I felt very grateful to

Bangladesh Army as well as the U.N. because they chose me for this great opportunity,” said Maj. Tamanna Yesmin, classified child specialist at Combined Military Hospital at Chittagong Cantonment, Bangladesh.

“You go, learn, come back and share so we can improve our troops and personnel so they can be better prepared for deployment.”

“It helped a lot to share between the four countries their experiences and problems,” Yesmin said. “It was very good.”

Yesmin said the training helped her better understand the U.N.’s policy and how to solve any issues the troops may be facing during deployments.

“I feel we made significant progress during the course of this week,” Von Thun said, “and I look forward to those future engagements and the opportunity to further our collaborations.”

The seminar was formed to enhance force medicine practices within the U.S. military as well as share and collaborate with partner nations across the Indo-Asia-Pacific region.

Pearl Harbor Navy ships participate in energy conservation effort

Anna Marie G. General

Managing Editor, Ho'okele

As part of the Secretary of the Navy’s Great Green Fleet initiative, USS Chung-Hoon (DDG 93) and other Navy ships homeported at Joint Base Pearl Harbor-Hickam transitioned from incandescent lights to LED lights.

According to the U.S. Navy’s Energy, Environment and Climate change website, the Great Green Fleet is a year-long, De-

partment of the Navy initiative that demonstrates the sea service’s efforts to transform its energy use.

“Chung-Hoon has clearly taken an integrated approach to saving energy, which is important,” said Lt. Cmdr. Robert Franklin III, deputy chief of staff and operations officer at Naval Surface Group Middle Pacific (MIDPAC).

“It’s not just about saving energy, but it’s about increasing our combat capability in the Navy. The Chung-Hoon team clearly realizes that energy is a source of

tactical advantage and are working hard to be good stewards. Responsible energy use helps us go farther, stay on station longer, and deliver more firepower, which makes us, overall, more effective.”

In a recent U.S. Navy video, Mass Communication Specialist 2nd class Marcus Stanley interviewed Petty Officer 1st class Steven Darwin, USS Chung-Hoon’s electrical division leading petty officer about the effectiveness of LED lights aboard the ship.

“When it comes to the incan-

descent lights, the approximate lifespan is only 28 days of continuous use, and the LED lights last between two to five years. We’ve converted already 1,100 lights over to LED and we still have another 1,500 to go but we’re working diligently to get that accomplished,” Darwin said.

As we approach another historic Rim of the Pacific (RIMPAC), MIDPAC shares their vision to highlight and advance their Navy’s operational energy strategy.

“With MIDPAC’s leading role

as the Commander, Task Force Energy and Environment effort for RIMPAC 2016, we will help highlight RIMPAC as a premier Great Green Fleet event where fleet and shore participants representing all TYCOMs (type commanders) will showcase the breadth, depth, and impact of Navy Energy Programs, systems, and initiatives. We believe this effort, as part of RIMPAC, will also demonstrate innovation, cooperation and the flexibility of maritime forces to meet regional and global challenges,” Franklin said.

Hickam Toastmasters aids in leadership development

Tech. Sgt. Terri Paden

15th Wing Public Affairs

Everyone’s been there before. You’ve got to speak in front of a crowd but you feel nervous, palms sweaty, beads of sweat on your forehead, stomach in knots, throat dry. You feel lightheaded. You’ve got Glossophobia, or speech anxiety, which is the fear of speaking in public.

According to www.mayoclinic.org, for many people the fear of public speaking is higher than the fear of death, and is the most common phobia to have—but it doesn’t have to be. Hickam Toastmasters is available to help.

Hickam Toastmasters is a chartered club under Toastmasters International, a non-profit

organization dedicated to developing and sharpening an individual’s public-speaking abilities, communication and leadership skills through hands-on workshops throughout the world. The club provides its members with an enjoyable, relaxed environment in which to learn public-speaking skills.

“Toastmasters is a way to hone skills, develop new skills and become a better communicator overall,” said Master Sgt. Brandon Cruz, 690th Cyberspace Operations Squadron and vice president of public relations for Hickam Toastmasters Chapter 520. “Toastmasters help people develop who they really are.”

According to Cruz, the way Toastmasters oper-

ates is simple. There are no instructors who conduct the meetings, rather the club’s officers facilitate as the collective group contribute to the critique, constructive criticism and praise of each other’s prepared speeches, evaluations and table-topic discussions or short impromptu speeches.

As Toastmasters mature and begin to develop their own presentation styles, they will prepare different genres of speeches from initial “icebreaker” speeches about themselves, to more advanced objectives such as persuasive, motivational and argumentative speeches.

“The value in the club is participating in the speeches, but you can move through them as fast or slow as you’d like,” Cruz

said. “There is no pressure to do all the speeches, though it does really help you improve your skill.”

Cruz said Toastmasters can also help its members develop the ability to think and speak quicker on their feet and appropriately respond to questions asked publicly on the spot.

According to Special Agent Keith Hayden, 6th Field Investigations Region and Toastmasters vice president of education, Toastmasters is a communications club that also builds leaders.

“A lot of people are in roles that they know will require them to give briefings or speak in front of groups of people and they want to get better,” he said. “The motivation to join Toastmasters is different, not two people’s rea-

soning is exactly the same, but being a good communicator is universally important in life no matter what path we’re on.”

In addition to providing members a weekly opportunity to give speeches and practice their public speaking skills, the club is self-sustaining, and offers those looking for opportunities to lead a chance to become one of the club’s executive officers.

“People come to Toastmasters to get better at public speaking, but that’s just what gets them in the door,” Hayden said. “The value is in the day-to-day role they have in the club, whether that’s organizing the meeting—or mentoring fellow Airmen.”

Hayden said Toastmasters is truly about getting its members to step out of

their comfort zone to try different things and become experienced in areas they may otherwise shy away from.

“The only practice most of us get in leadership is in real time when the pressure is on,” Hayden said. “But in Toastmasters there is no pressure, you can be yourself while working on your leadership skills.”

Though learning how to be a good public speaker is no laughing matter, Cruz said the environment at the meetings are light and fun, and foster an atmosphere of openness and creativity.

Toastmasters is open to enlisted Airmen and officers of all ranks and meetings are held every Thursday from 11:30 to 12:30 p.m. in Hangar 2, Room 212.

Pearl Harbor-Hickam Highlights



(Above) Jim Nabors, world-renowned actor, entertainer, and longtime resident of Hawaii, visited the new Defense POW/MIA Accounting Agency facility during a recent tour of Joint Base Pearl Harbor-Hickam. Nabors had a chance to learn about DPAA's mission to provide the fullest possible accounting for missing service personnel to their families and the nation.

Photo by Dr. Mike Smith



(Right) Hull Technician Fireman Cody Holland and Damage Controlman 2nd Class Nghi Pham are sprayed with water after patching a pipe during a damage control training evolution, June 6. Providing a ready force supporting security and stability in the Indo-Asia-Pacific, Chung-Hoon is operating as part of the John C. Stennis Strike Group and Great Green Fleet on a regularly scheduled 7th Fleet deployment.

U.S. Navy photo by MC1 Marcus L. Stanley



(Left) U.S. Air Force Tech. Sgt. Cody Quinn, 15th Air Space Operations Squadron training NCO in charge, helps a Polish joint terminal attack controller soldier as they coordinate a training event during Exercise Anakonda 2016 June 10, in Poland.

U.S. Air Force photo by Airman 1st Class Lane T. Plummer



(Above) U.S. Navy Cmdr. Eric Rozek, commanding officer of the Virginia-class fast-attack submarine USS Mississippi (SSN 782), is presented a wreath on the pier of Republic of Korea (ROK) Fleet base June 13 during a routine port visit.

U.S. Navy photo by MC3 Jermaine M. Ralliford

(Left) Col. Randy Huiss, 15th Wing commander, leads the way as Maj. Dorinda Mazza, outgoing 15th Comptroller Squadron commander, prepares to hand over command to Maj. Andrew Gmytrasiewicz in a change-of-command ceremony at the Missing Man Formation at Joint Base Pearl Harbor-Hickam, June 10.

U.S. Air Force photo by Tech. Sgt. Terri Paden

HO'okele
For the Navy and Air Force Team in Hawaii

Life & Leisure

Biggest Little AIRSHOW

Story and photos by
Pacific Aviation Museum Pearl Harbor

Pacific Aviation Museum Pearl Harbor's remote control Biggest Little Airshow in Hawaii hit record crowds with an estimated 13,000 in attendance June 4 and 5 this year, for the museum's ninth aviation event.

The airshow featured open cockpits, hangar tours, restored World War II aircraft and remote control flying by pilots and aircraft from the mainland, Warbirds West, as well as local clubs: Birds of Paradise Airshow Team, Paradise Flyers Radio Control Club and Aloha State Radio Control Club.

Historic Ford Island, where the first bombs fell at Pearl Harbor on Dec. 7, 1941 came alive with remote-control flying, static aircraft and full-size aircraft on display, "candy bombings" over the historic runway, hands-on modeling stations, a kids zone with rides, activities and snow. Open cockpits and access to hangar 79 allowed guests to see the museum's many aircraft, including the famous Swamp Ghost and Nakajima Kate in restoration, as well as the new Midway Murals exhibit hanging in hangar 79.

This year the airshow commemorated the 74th Anniversary of the Battle of Midway, June 3.

Warbirds West, an award winning team of pilots from around the United States flew giant-scale remote controlled aircraft. A T-33 Thunderbird opening act kicked off each day's show, followed by multiple performances featuring the A10

Warthog, F14 Tomcat, F9 Panther and the F100 Super Saber flying at speeds approaching 200 mph.

Tribute flights included a Douglas SBD Dauntless Dive Bomber, two Japanese A6M Zero fighters matched with a pair of "Flying Tiger" P-40E Warhawks, and two Chance Vought F4U Corsairs.

In an epic display of air-to-air combat simulation, Republic P47 Thunderbolts duelled with Focke-Wulf 190 fighters. Multiple North American P51 Mustangs demonstrated precision flying, and a Stearman biplane performed aerobatics.

"We had spectacular airplanes and dog fight action that had the crowd on its feet," said Warbirds West team captain Michael Fetyko.

"Combining pilot and engineering skills with the technology required to pull off these breathtaking demonstrations supports our mission to inspire youth toward educational opportunities in science, engineering and mathematics along with a deep appreciation for our rich American history," Kenneth DeHoff, museum executive director said.

(For more information, visit www.PacificAviationMuseum.org or call 441-1000.)

