



Photos by J. Parker Roberts | 1ST INF. DIV. PUBLIC AFFAIRS

Members of the 1st Infantry Division, Fort Riley and Flint Hills communities joined forces Nov. 11 to honor all service members during the Veterans Day parade in Manhattan, Kansas. Brig. Gen. Patrick D. Frank, 1st Inf. Div. and Fort Riley acting senior commander, and Command Sgt. Maj. Jonathan D. Stephens, acting senior noncommissioned officer, led the “Big Red One” contingent in the parade. Students from Woodrow Wilson Elementary School marched in the parade. Many students from Woodrow Wilson and other area schools displayed homemade banners with patriotic messages during the parade.

HONORING THE VETERANS



ABOVE: First Sgt. Terrina Anderson, 1st Infantry Division Band senior noncommissioned officer, leads the musicians in the Manhattan, Kansas, Veterans Day parade Nov. 11.
LEFT: Brig. Gen. Patrick D. Frank, center, 1st Infantry Division and Fort Riley acting senior commander, and Command Sgt. Maj. Jonathan D. Stephens, right, acting senior noncommissioned officer, wave with Usha Reddi, left, mayor of Manhattan, Kansas, and other members of the Flint Hills community Nov. 11 at the city's Veterans Day parade.

Fort Riley staff, leaders cut ribbon to new transitioning program office

Story and photo by Maria Childs
1ST INF. DIV. POST

A red, white and blue ribbon tied between two poles sat in front of three flags as members of the Fort Riley community assembled Nov. 9 outside the new location of the USO Fort Riley program, Rally Point 6, for a ribbon-cutting ceremony to officially recognize the organization's newly renovated office space at 212 Custer Ave.

Rally Point 6 engages and develops relationships with public and private partners within the military and veteran service provided ecosystem to provide access to resources and services while a service member is transitioning to civilian life.

For the military, a Rally Point represents a physical

place where people can reassemble and reorganize to prepare for actions at an objective. The “6” is a term understood as “I’ve got your back.” It also represents a leader’s call sign and in the instance of this program, it represents the service or family member leading their personal transition.

Crystal Bryant-Kearns, site manager for USO RP/6, is one of the three staff members who work with Soldiers of Fort Riley during their transition. She welcomed the Fort Riley community to the ceremony.

“For 75 years, the USO has connected Soldiers to family, home and country beginning with their first day of service,” she said. “As with all change, there comes growth, just as we have experienced here at the USO. We now serve Soldiers

not only during their time of service, but also as they transition from their military career to civilian life.”

USO Fort Riley’s location of RP/6 is one of 10 locations across the country serving service members and their families. The program is part of the USO 360 Transition Alliance, which consists of four different programs that support military families. Rally Point 6 provides personalized sessions to assist families in whatever they may need during the transition process.

“This personalized approach incorporates all four of USO Transition 360 Alliance partners — Hire Heroes USA, Stronger Families and the Comfort Crew for mili-

See TRANSITION, page 8



LEFT TO RIGHT: John Verschage, scout for USO Rally Point 6 at Fort Riley; Col. John D. Lawrence, Fort Riley garrison commander; Fred Jeter, regional director for the central U.S. from USO headquarters; Crystal Bryant-Kearns, site manager for RP/6 at Fort Riley; Command Sgt. Maj. James Collins, U.S. Army Garrison Fort Riley and Brig. Gen. Patrick D. Frank, 1st Infantry Division and Fort Riley acting senior commander, cut the ribbon during a ceremony Nov. 9 at 212 Custer Ave. The ribbon-cutting ceremony was in honor of the RP/6 program staff moving into their permanent location.

FORT RILEY VOLUNTEER SPOTLIGHT



Sgt. Mathew Haskins, 97th MP Battalion, volunteers with the Vintage Park Assisted Living Community in Wamego, Kansas. He interacts with the residents, provided his expertise as a member of the pyrotechnics team for a Fourth of July fireworks display for the residents. His dedication and selfless service has provided a great relationship with the residents. To learn more about volunteer opportunities, call Becky Willis, Army Volunteer Corps Program manager, at 785-239-4593.

IN THIS ISSUE



MEMBERS OF FORT RILEY COMMUNITY CELEBRATE VETERANS DAY, SEE PAGE 9.

ALSO IN THIS ISSUE



FORT RILEY SOLDIERS AND FAMILIES GOBBLED UNTIL THEY WOBBLER NOV. 12 DURING A FUN RUN WHERE THEY WERE SERVED A THANKSGIVING MEAL AS THEY RAN, SEE PAGE 13.

Honor ride: Fallen hero buried after 75 years missing in action

By **Spc. Elizabeth Payne**
19TH PUBLIC AFFAIRS
DETACHMENT

The day was warm and spirits were high on Oct. 8 as the engines of 186 motorcycles hummed through the backroads of Kansas, to escort home and then lay to rest Navy Seaman 2nd Class Lewis Lowell Wagoner, who had been missing in action for 75 years. “Uncle Lewis was 20 years old and served with the U.S. Navy, and he was aboard the USS Oklahoma during the attack on Pearl Harbor on Dec.

7, 1941,” said 2nd Lt. Kyle Kegley, fire direction officer, 2nd Battalion, 130th Field Artillery Brigade, Kansas Army National Guard. For as long as he could remember, Kegley heard the story of his great-great uncle Lewis. Kegley said stories told over the years indicate a shipmate friend of Wagoner’s was the last person to see him alive. The friend spoke about how the two men dove off the Oklahoma after the ship was hit by torpedoes, into water mixed with oil and fuel that was on fire. Though his

friend survived, Wagoner, who was not a good swimmer, was never seen alive again. From December 1941 to June 1944, U.S. Navy personnel recovered the remains of the deceased crew of the Oklahoma, which were subsequently interred in the Halawa and Nu’uanu cemeteries, according to the Defense POW/MIA Accounting Agency. Remains from unknown casualties have been DNA tested over the years to recover the identity of service members who are missing in action. Kegley said the family was notified in 2014 that previously recovered remains had been identified as Wagoner’s.



COURTESY PHOTO

Members from the Kansas Combat Veterans Motorcycle Association Chapters of Wichita, Junction City and Kansas City attended the honor ride Oct. 8. At least six different Veterans of Foreign Wars and American Legion Posts members came, as well as the Veterans Motorcycle Club, Legacy Vets Motorcycle Club and the Patriot Guard Riders to honor Lewis Lowell Wagoner, Navy Seaman 2nd Class. Wagoner’s family members and friends were present to bury him, 75 years after the attack on Pearl Harbor.

Working together with his wife, 1st Lt. Kathleen Kelly, assistant supply officer, 1st Infantry Division Artillery, and fellow Patriot Rider, Staff Sgt. Keith Chase, reconnaissance noncommissioned officer, 2nd Armored Brigade Combat Team, 1st Inf. Div., they notified veterans across the country about the support needed for the burial and escort ceremony.

More than 60 volunteers were present from the Kansas Combat Veterans Motorcycle Association Chapters in Wichita, Junction City and Kansas City. Then at least six different Veterans of Foreign Wars and American Legion Posts members, Veterans Motorcycle Club, Legacy Vets Motorcycle Club and the Patriot Guard Rider members helped to support the celebration of life. There were 186 motorcycles for the honor ride.

“About 100 family members, friends and unit members were present,” Kegley said. “There were well over 300 people present to honor Uncle Lewis.”

The CVMA is made up of veterans from all branches of the United States Armed Forces who ride motorcycles. Their mission now is to support and defend those who have defended the country and the freedoms of its citizens, according to the CVMA website.



COURTESY PHOTO

The flag, flown for Navy Seaman 2nd Class Lewis Lowell Wagoner, on the day of his burial in Kansas Oct. 8 was presented to his family.

“It was an emotional day, because not every family gets the opportunity to say goodbye to their loved ones,” said Kelly, who is a new member of CVMA. Wagoner “went somewhere that was seemingly safe; he was on U.S. soil — and then he never came home.”

The attack on the ship resulted in 429 casualties, including Wagoner, according to the DPAA.

“After 75 years of waiting, his family received closure,” Kelly said.

Since the formation of the National League of POW/ MIA Families in 1970, the league has sought the return of all prisoners of war, the fullest possible accounting for those still missing and repatriation of all recoverable remains, according to their website.

“It was a sight to see,” said Chase in reference to the convoy. “The attack on Pearl Harbor shocked our nation many years ago, and this event helped us to remember what this nation fights for and the sacrifices people make to keep this country safe.”

During Wagoner’s eulogy, Kegley referenced a book given to him that lists the names of every sailor on the Oklahoma. He held up the book to share with all those who attended the burial.

“When you flip to page 217, you will find Uncle Lewis’s name, and his status listed as MIA. But not anymore, he is no longer MIA,” Kegley said. “Today is the day we can rewrite the history books. Lewis L. Wagoner, you’re home.”

‘Devil’ brigade Soldiers train as joint fires observers in Korea

Story and photo by **Cpl. Dasol Choi**
1ST ABCT PUBLIC AFFAIRS

CAMP CASEY, Republic of Korea — One of the training qualifications field artillery Soldiers can attain is to become a joint fires observer, which aims at qualifying field artillery Soldiers to coordinate and integrate multiple assets from not only Army itself, but other branches of military. On Camp Casey, Soldiers from the 1st Armored Brigade Combat Team, first Infantry Division, along with other Soldiers from the 210th Field Artillery Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, graduated from the installation’s JFO course and attended a graduation ceremony

held at the Camp Casey Multipurpose Complex Nov. 3. “It’s a great honor to graduate from the course,” said Pfc. Aubree Sphere, a JFO graduate originally assigned to 1st Battalion, 5th Field Artillery Regiment, 1st ABCT, but now temporarily attached to the 1st Squadron, 4th Cavalry Regiment, 1st ABCT. “The course was pretty hard, but if you paid attention to the course and do what you are told to do, you would be able to pass.” During the two-week course for JFO, the candidates went through two simulated airdrop executions, four simulated surface-to-surface executions and a written exam. Even if the candidates have been qualified, they still have to train semiannually in order to remain current in their JFO qualifications.

Although the majority of the course consists of in-classroom materials and simulations, not every candidate passed. “The JFO program is rigorous because it takes a lot of your knowledge and attention to details,” said Sgt. 1st Class David Martin, the 1st ABCT’s fires operations noncommissioned officer who facilitated the JFO training program for the “Devil” Soldiers. “The program is so rigorous that in every class, it is statistically proven that at least 4 people fail out of it.” A total of 24 candidates started this year’s course, but only 18 successfully finished the course. “The hardest part was overcoming my own failures and mess ups,” said Pfc. Xavier Acosta, a fire support specialist from 1st Battalion, 16th Infantry Regiment, 1st ABCT, who

finished the course. “In order to pass, I had to be really careful not to make small mistakes because even tiny mistakes could cost lives and money.” For Acosta, the hard work of the vigorous course will now pay off in a big way for the future of his career. “Not only can I call in for mortars and artillery, but I can now call in for air strikes and get air support and even naval gun fires if really needed,” Acosta said. The mission of the 1st ABCT while in South Korea is to support the U.S. security commitment to the nation while deterring external aggression and defending the Korean Peninsula and the newly qualified Soldiers will now serve an important role in protecting the Korean peninsula, maintaining the “fight tonight” readiness.

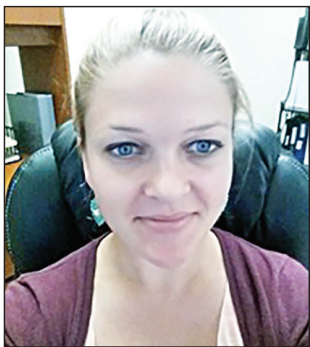


Command Sgt. Maj. Carlos Gonzalez Pabon from the 210th Field Artillery Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, addresses the graduates of the joint fires observer course at the Camp Casey Multipurpose Complex Nov 3. Eighteen Soldiers, including 9 from the 1st Armored Brigade Combat Team, 1st Infantry Division, graduated from this year’s JFO course.

Special events coordinator strives to continue excellence in Fort Riley events

By **Maria Childs**
1ST INF. DIV. POST

Kim Wargo, special events coordinator for the Directorate of Family and Morale, Welfare and Recreation, can be found at a variety of events across Fort Riley, usually on the weekends. She and her team are responsible for planning and executing the large-scale events like the upcoming Christkindl Market at Riley’s Conference Center or Easter egg hunts during the spring. “I like doing all the behind the scenes stuff,” she said. Wargo was recognized by her organization’s leadership during the month of September for her dedication to providing these events to Soldiers and families.



Kim Wargo

David Roudybush, director of DFMWR, said Wargo stayed positive in completing her tasks during the busy month across the directorate. “Kim’s team normally consists of three programmers,” Roudybush said. “Over the summer, two of those employees found other opportunities.

Because of the personnel cuts that ended up occurring in September the third employee was detailed to be the manager of the Bowling Center. So as a team of one, Kim tackled her busiest month of the year without complaint. She adjusted her approach, worked extensive hours, and leveraged relationships to ensure we still put on first class events for Soldiers and families.” With no military background of her own, Wargo said she has enjoyed being able to learn more about Soldiers, families and their lifestyle through her job on post. Her brother served for about four years, but that was all the experience she had with the military. “It’s been a pleasant surprise,” she said. “I’ve

“Kim is a valuable member to our DFMWR (Directorate of Family and Morale, Welfare and Recreation) team because she has passion — passion for delivering recreation programs and for who she delivers them to — the Soldiers, their family members, retirees and civilians who call Fort Riley home.”

SCOTT SCHERBERGER

FORT RILEY DFMWR COMMUNITY RECREATION DIVISION CHIEF

really been able to better appreciate the sacrifices that Soldiers and their families make on a regular basis and appreciate the difficulties the families’ experience.” Scott Scherberger, DFMWR Community Recreation Division chief, said Wargo is a team player and is willing to help out anywhere needed at a moment’s notice.

“Kim is a valuable member to our DFMWR team because she has passion — passion for delivering recreation programs and for who she delivers them to — the Soldiers, their family members, retirees and civilians who call Fort Riley home,” he said. Wargo has worked with DFMWR for about two years. Before coming here, she worked as a recreation

supervisor with a city where she did programs, but not event planning. This is her first event planning job, and she said she has enjoyed every minute of it. “I love planning and organizing,” she said. “Organizing all the elements of an event is kind of like putting together a puzzle and I really enjoy that. When things go wrong, I enjoy trying to fix it.”



THE FIGHTING FIRST!

Justin Johnson: A ‘Big Red One’ Soldier

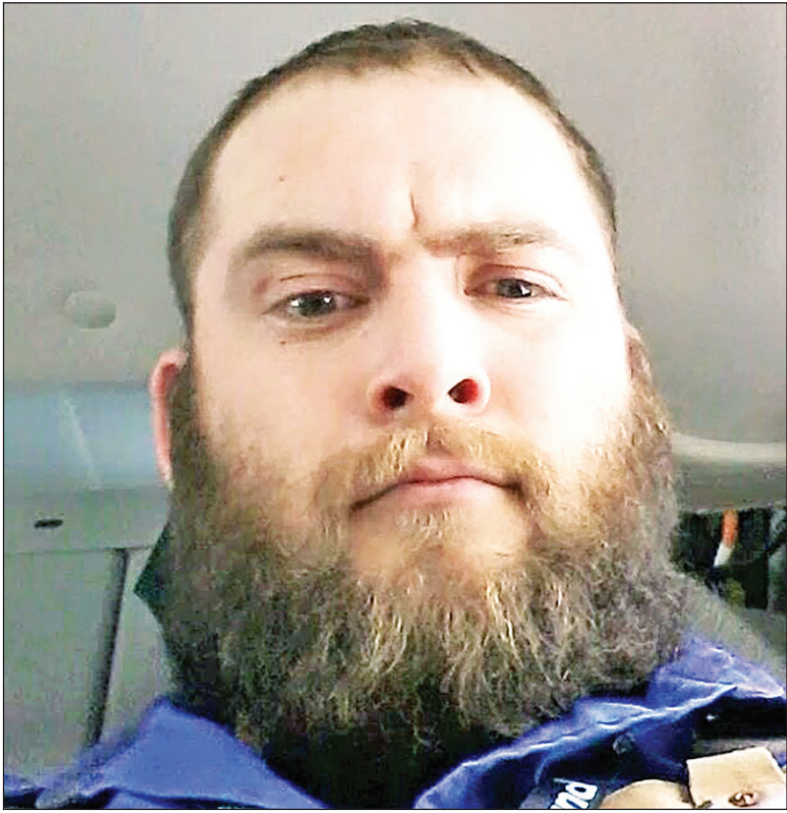


By Phyllis Fitzgerald
SPECIAL TO THE POST

Justin Johnson joined the Army in 2004 from his hometown of Louisville, Kentucky. He attended basic training and Advanced Individual Training at Fort Benning, Georgia. Johnson attained the military occupation specialty of 11B, infantryman. While at Fort Benning, he also attended Airborne School. After completing his training, Johnson was sent to Fort Richardson, Alaska, from December 2004 to June 2008. His unit deployed to Fallujah, Iraq, from October 2006 to December 2007 where he

enlistment, but he remained in the Army Reserves. Johnson's Reserve unit is the 535th Movement Control Team, Manhattan, Kansas. Johnson's favorite Big Red One memory is when he was deployed and stationed at Camp Striker, Iraq. "My buddies and I were waiting to (be) deployed back to Fort Riley when one of them dared me to snort a line of habanero powder for 60 dollars," said Johnson. "I did snort the powder and for the next hour or longer I spent blowing my nose and after two and a half hours I was better and I collected my money. I really enjoyed the camaraderie amongst everyone and remain in contact with many of my brothers today." When he left Army active duty, Johnson decided to stay in Junction City, Kansas. "I decided to stay in the Junction City area because I had met my wife here and this was her home," said Johnson. "We were expecting our first baby as well and we wanted to be near family." Today, Johnson works for AT&T as a premises technician doing installation and troubleshooting of equipment for customers. In his spare time, Johnson enjoys interacting with other Veterans and shooting pool at the Veteran of Foreign Wars post.

Editor's Note: To submit your Big Red One story, email fitzmiss@yahoo.com.



THEN
&
NOW

participated as a gunner in mounted and dismounted patrols, as well as air assault missions. In July 2008, Johnson became a "Big Red One" Soldier. He was assigned to Company A, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division. Three months after arriving at Fort Riley, Johnson's unit deployed to Afghanistan. He was assigned as a M203 Grenadier and conducted unit patrols. The unit returned to Fort Riley in January 2012 and, nine months later, Johnson left active duty Army at the end of his

Researchers purge contaminants from water with mobile station

By Season Osterfeld
1ST INF. DIV. POST

With the help of staff from the Fort Riley Directorate of Public Works Environmental Division, students and researchers from Kansas State University and the Environmental Protection Agency successfully completed a Net Zero project aimed at creating a mobile station that could clean water of contaminants.

Net Zero is the U.S. Army Energy and Water Management program designed to find new ways to conserve, manage and maintain natural resources and energy at Army installations. The program brings together different organizations, such as the EPA, and educational institutions to partner with Army personnel in conducting research and implementing new capabilities.

“The Net Zero program is an Army program,” said Chris Otto, Net Zero Water Coordinator, Directorate of Public Works Environmental Division. “The EPA would work with the Army on developing innovative ways to conserve water basically ... The EPA selected Fort Riley to be their partner installation. They’ve worked with other installations,

but they’ve done the most with Fort Riley.”

This project entailed taking the dirty water used and recycled at the wash racks where Fort Riley Soldiers wash vehicles and equipment, such as Humvees, and running it through a mobile system to remove any contaminants and safely reintroduce it into the environment. To conduct the project, researchers also introduced a vegetative strain of E. coli, which is harmless to humans and animals, into the water samples they collected and decontaminated, Otto said.

“The focus of this project was research on how to disinfect biological agents like E. coli in dirty water or wastewater,” said Jeff Szabo, the Net Zero project lead from the EPA. “We used commercially available disinfection technologies that were packaged into a mobile trailer. The disinfection technologies were ultraviolet light and ozone, which, when used together, make more potent disinfectants called free radicals. The combined UV and ozone technologies are part of a broader treatment technique called advanced oxidation. This can help Department of Defense personnel who are looking to reuse biologically contaminated wash

water or wastewater in water scarce environment.”

Personnel from the EPA provided the equipment for the project, however, they were seeking to enlist or hire researchers from elsewhere. As staff from K-State have assisted Otto on other projects, he said he recommended the EPA partner with staff and students from K-State to conduct the research introduced Stacy Hutchinson, professor, Biological and Agricultural Engineering K-State to lead their role in the Net Zero project.

Hutchinson, along with two other K-State faculty, one research assistant, a representative from the Center for Kansas Agricultural Resources and Environment and two graduate students worked together to complete the research and decontaminate the water using the provided equipment.

Originally, the researchers planned to bring the mobile station, which is a trailer, to the wash racks on Fort Riley. However, the station required 24 hours of setup and preparation before it could be used and needed frequent supervision, making it too high maintenance and impractical to have at Fort Riley, Otto said. To work around this, the station

was set up and remained at K-State where the researchers were present and water was collected from Fort Riley and delivered to the researchers.

“They decided to do all the testing and working with it at K-State and instead of brining it out here, they came down here and picked up water from our wash racks because they wanted it to be real world, dirty and gritty water situation similar to what the Army would have,” Otto said.

Presently, most data collected for biological disinfection in water uses clean water, particularly drinking water, Szabo said. The data collected from this project used water filled with dirt, grease, oil and more from the equipment and vehicles, as well as introducing the vegetative E. coli, making it more comparable to real world situations.

In the event water is biologically contaminated, like being used to clean vehicles or equipment after an anthrax attack, the mobile station could be used to disinfect the water, making it safe for reuse or returning it to the environment, Otto said.

“The primary benefit (of this project) is that decision makers within DOD

(Department of Defense) and other federal agencies will have data that will help inform their decisions about how to treat biologically contaminated wastewater,” Szabo said. “This is true for DOD personnel who are considering reusing pathogen contaminated wash rack water in a water scarce environment.”

The results of the project showed the mobile UV/ozone station was able to remove four to six logs of E. coli in the dirty water, which is 99.99 percent to 99.9999 percent successful disinfection, when the flow rate was four gallons per minute. However, when the flow rate was six gallons per minute, the results found the log removal was only one to two logs, Szabo said.

“This indicated good disinfection at lower flow rates, but if higher flow rates are desired, recirculating some of the flow through the unit may be necessary,” he said.

The mobile station also has non-military applications, such as disinfecting or decontaminating drinking water and wastewater. These other applications helped to generate some of the interest and participation from EPA personnel, Szabo said.

“This project has many non-military applications, which is one of the reasons EPA was interested in collaborating on it,” he said. “EPA has homeland security responsibilities in the areas of drinking water and wastewater. If an outdoor biological contamination event occurs, rain or wash down decontamination activities may generate large amounts of dirty, biologically contaminated water. Treatment of this water will need to occur before it is disposed of. Therefore, EPA has a great interest in understanding how well mobile water treatment processes disinfect biological agents in dirty wash or wastewater.”

Although this project has concluded, Hutchinson said she is interested in being a part of additional Net Zero projects with Fort Riley and the EPA because of their practical applications and the new information collected from them.

“I think the Net Zero water program is a great way to push our understanding of water use and protection forward,” she said. “Not only will this knowledge assist with saving soldiers that are deployed, but will also assist all society in learning more about water security.”

Veterans Administration member services expand at Fort Riley, creating 150 jobs

By Kareem Thomas
HUMAN RESOURCES FROM THE
VETERANS HEALTH ADMINISTRATION

The Department of Army and the Veterans Health Administration Member Services are working together to expand call center services at Fort Riley. The VHA Member Services sought out Fort Riley due to its veteran-centric community that complements Member Services’ commitment to improve veterans’ access to care. The VA employees at Fort Riley will provide services to veterans and their beneficiaries through call center support for VA health care eligibility, enrollment and pharmacy-related inquiries.

The VHA Member Services has initiated recruiting efforts to

fill 150 positions for the National Call Center to be located in Building 610 at Fort Riley.

The call center will have a positive impact on post and the surrounding community. Hiring efforts have begun and it is anticipated training will begin in January 2017. A large number of the positions will be filled using the federal government’s veterans’ preference and Schedule A Hiring Authority recruitment options that provide federal agencies a non-competitive option to hire qualified individuals with disabilities.

Positions include contact representatives and supervisors from within VHA Member Services.

New employees will be eligible to receive comprehensive

benefits packages, paid leave and flexible work schedules. The VA staff encourages potential applicants to visit www.usajobs.gov to learn more about veterans’ preference and Schedule A Hiring Authority recruitment programs and to begin the application process.

“We are devoted to bringing good jobs to the area to better provide customer service to our veterans. The partnership with the Department of the Army and VHA Member Services will improve the veteran experience,” said Matthew Eitutis, acting executive director, VHA Member Services.

For more information, contact Kareem Thomas at 785-350-4049.



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FORT RILEY

GUIDE AND DIRECTORY

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HERE IT COMES




READY ... OR NOT?

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Ready ... or Not is a call to action for leaders, Soldiers, Army Civilians and Family members to assess their “readiness” for what lies ahead—the known as well as the unknown.

Throughout our professional and personal lives, events happen all around us. We are often able to shape the outcome of those events, but many times we’re not. Navigating life’s challenges is all about decision-making.

So are **YOU** ready ... or not?



<https://safety.army.mil>

TRAFFIC REPORT

HOLBROOK AVENUE RECEIVED UPGRADE

Holbrook Avenue is now open to traffic.

ACCESS CONTROL POINT HOURS OF OPERATION

Motorists wanting access to Fort Riley on Saturday or Sunday should use Estes, Ogden, Henry or Trooper gates. For more information about Fort Riley access procedures, visit www.riley.army.mil.

The access control point hours are now as follows:

Henry/Trooper/Ogden/Estes:

Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access.

12th Street:

Open from 5 a.m. to 7 p.m., Monday to Friday; This gate will have inbound commercial vehicle lanes only. Although privately

owned vehicles will be allowed access, there will no longer be a designated POV lane. Outbound traffic at 12th Street Gate will not be authorized.

Grant:

Open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

Four Corners:

Closed indefinitely to all vehicle traffic.

RILEY ROUNDTABLE

What is your favorite part of a Thanksgiving meal?



“Pumpkin pie because Thanksgiving isn’t the same without the smell of the pie baking.”

ODIN JOHNSTON
EWA BEACH, HAWAII

Son of Sgt. Taurus Iokepa, 82nd Engineer Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division



“Pumpkin pie because I can stuff my face with it.”

CONNIE MEDRANO
EL PASO, TEXAS

Wife of Sgt. 1st Class Gustavo Medrano, Division Headquarters and Headquarters Battalion, 1st Infantry Division



“Turkey because it’s the main course. You can’t say you’re having a good Thanksgiving dinner unless you have turkey.”

SPC. STEPHEN STRICKLAND
STATESBORO, GEORGIA

1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division



“Cornbread because I love it.”

SOPHIA MEDRANO
EL PASO, TEXAS

Daughter of Sgt. 1st Class Gustavo Medrano, Division Headquarters and Headquarters Battalion, 1st Infantry Division



“Pumpkin pie because it is delicious.”

ANEIA MEDRANO
KANSAS CITY, KANSAS

Daughter of Sgt. 1st Class Gustavo Medrano, Division Headquarters and Headquarters Battalion, 1st Infantry Division

THE 1ST INFANTRY DIVISION POST

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SAFETY HOLIDAY



As of Wednesday, Nov. 16, 130 days have passed since the last vehicular fatality at Fort Riley. Ninety-two more and the post will celebrate with a safety holiday to take place at each unit's discretion.

Commentary

‘Big Red One’ veteran speaks at monument in Washington D.C.

By Col. Rob Weaver
DIRECTOR OF THE LOGISTICS INITIATIVES GROUP FROM THE OFFICE OF THE DEPUTY CHIEF OF STAFF AT THE PENTAGO

Editor’s Note: Col. Rob Weaver, director of the Logistics Initiatives Group, Office of the Deputy Chief of Staff at the Pentagon, spoke and laid a wreath at the 1st Infantry Division Memorial Nov. 11. Weaver commanded the 610th Brigade Support Battalion, 4th Infantry Brigade Combat Team, 1st Inf. Div., during the surge in Iraq in 2007. The “Big Red One” is the only Army division with a monument on the grounds of the White House.

Weaver spoke about the service veterans have given to their country and the lineage of the 1st Inf. Div. His remarks were as follows.

As a “Big Red One” Soldier, I can think of no greater honor than to be here today with our Veterans from the 1st Infantry Division and our families.

On behalf of Maj. Gen. Joe Martin, the commanding general, Danger 6, I wish everyone a happy Veterans Day.

Today, all across our country — in schools, parades and memorials like this beautiful one — we honor veterans for your devotion, your patriotism and your selfless service.

We are still blessed in our country to have 900,000 living World War II veterans — many of them now in their 90s. Just steps from here is their stately World War II Memorial. Fortunately, in the last decade, many of those in the “Greatest Generation” have been flown on Honor Flights from cities across America to experience the monument built for them.

Today, we also celebrate with almost 2 million Korean War veterans, 7 million Vietnam-era veterans (our largest group) almost 6 million veterans who served in the Gulf War and since then, through multiple deployments, and 4 million veterans who served in peacetime.

It is their loyalty to our country, and their great cour-

age, that has made America what we are today.

When President Calvin Coolidge dedicated this monument to the Soldiers of the First Division who fought in World War I, he said we raise monuments to honor Soldiers for “the work they have done, but also to be a constant reminder to ourselves and future generations of the lessons their actions have taught.”

Next year marks the 100th anniversary of the Big Red One, and indeed those lessons have been learned by those who proudly wear this patch.

Far too many times our freedom has been threatened. But America could always count on IID warriors who embodied the division’s motto “No mission too difficult. No Sacrifice too great. Duty First!”

We were the first American troops to arrive in France in 1917 and the last to leave Europe in September 1919.

We were first to support the allied cause in World War II. This week marks the 74th anniversary of Operation Torch, in North Africa our baptism of fire yet again.

We arrived in Cam Ranh Bay Vietnam in 1965 and fought five long years.

We spearheaded the armored attack into Iraq in Desert Storm. Since Sept. 11, our units have almost continuously deployed to Iraq and Afghanistan to include as Transition Teams and the Iraqi Assistance Group.

On Nov. 10, 1918, one day before Armistice Day, when the Allies of World War I and Germany ended hostilities on the Western Front, Gen. Pershing wrote General Order No. 201. It was his only General Order referring exclusively to the work of a single division — the 1st Infantry Division.

He wrote, “The commander-in-chief has noted in this division a special pride of service and a high state of morale, never broken by hardship nor battle.”

I experienced that same pride and morale when I served with



COURTESY PHOTO

Col. Rob Weaver, director of the Logistics Initiatives Group, Office of the Deputy Chief of Staff at the Pentagon, speaks at the 1st Infantry Division Memorial Nov. 11. Weaver commanded the 610th Brigade Support Battalion, 4th Infantry Brigade Combat Team, 1st Inf. Div., during the surge in Iraq in 2007.

IID in Iraq as a part of Task Force Danger in 2004-2005, and again as a battalion commander in 2007-2008 for the surge in Baghdad. As I look in the audience today, the regiments you represent — the Black Lions, the Rangers, Quarter Cav, Blue Spaders, Vanguards — were the main effort that won that fight.

And that legacy continues today. The 1st Infantry Division is (assisting our Iraqi Security Forces partners in) leading the Mosul offensive from Danger Forward. The Division Artillery Headquarters is in Iraq. The “Devil” brigade is in Korea. The Combat Aviation Brigade is in Afghanistan. The “Dagger” and “Durable” brigades are training for whatever comes next, continuing the 100-year legacy never broken by hardship nor battle.

And we can never forget those who gave the ultimate sacrifice. Inscribed on this memorial are the names of 12,992 IID warriors who gave their lives in battle from World War I to Desert Storm.

Since Sept. 11, more than 550 IID Soldiers have been killed in action. The Society of the 1st Infantry Division is working to add another plaque to memorialize these heroes. I encourage all of you to support this meaningful endeavor.

We also will never forget our POWs and MIAs who have yet to be accounted for. This is the solemn promise of a grateful nation.

And we will not forget the families of those veterans either. They too have served, and deserve our thanks and admiration.

Today, our Army believes very much in Soldiers for Life, with two goals: to hire and to inspire. What we mean by hire is when Soldiers take off our uniform (and we all will one day) we use the skills we learned in the Army to become entrepreneurs, to work in industry or become teachers, social workers or first responders and be in positions to hire veterans. And what we mean by inspire is that through our example, we create a new generation of Americans who understand their obligation for the sacrifices given and volunteer to wear this uniform.

Veterans have always been inspirational to me. You have taught me many lessons. You are what is best about America. That is why every year, on this day, we pause to say thank you. You are the heart, the soul and the spirit of America.

Thank you for allowing me to be here on this observance. Happy Veterans Day to all of you.

No Mission Too Difficult. No Sacrifice Too Great. Duty First!

October Fort Riley court martial results released

OCTOBER RESULTS OF TRIAL, U.S. DISTRICT COURT, FORT RILEY, KANSAS

United States District Court at Fort Riley is part of the United States Federal Court system for the District of Kansas. The Court handles all traffic tickets issued to Soldiers and civilians that occur on Fort Riley and all criminal cases against civilians.

October 6
Kevin G. Williams, Manhattan, Kansas, pleaded guilty to assault. District Court sentence: 1 year supervised probation, restitution in the

amount of \$1,879.22 and \$25 special assessment.

October 20

Samuel Ibarra-Chu, Manhattan, Kansas, pleaded guilty to attempted criminal trespass. District Court sentence: \$100 fine and \$5 special assessment.

Raphaela S. Rucker-Bey, Fort Riley, pleaded guilty to intimidation of a witness or victim. District Court sentence: \$100 fine and \$10 special assessment.

Kiera D. Reynolds, Herington, Kansas, pleaded guilty to criminal damage to property. District Court

sentence: \$100 fine and \$10 special assessment

Jill L. Iwen, Milford, Kansas, pleaded guilty to driving while license is suspended or revoked. District Court sentence: \$200 fine and \$10 special assessment.

OCTOBER COURTS-MARTIAL RESULTS

A general court-martial convened Oct. 18 at Fort Riley, Spc. Myron N. Askoar, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, was convicted by a military judge of one specification of assault in violation of Article 128, Uniform Code of Military Justice. The

military judge sentenced the accused to be reduced to the grade of Private, E-1 and to be confined for 75 days.

A summary court-martial convened Oct. 7 at Fort Riley, Pvt. Kyleek D. Ross, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade, pleaded guilty to one specification of abusive sexual contact of a child under the age of 16 years, in violation of Article 120b of the UCMJ. The summary court-martial officer sentenced the accused to be reduced to the grade of E1, to forfeit \$1,044.00 pay, and to be confined for 30 days.

Open enrollment for 2017 coverage is now available

BY TRICARE.MIL STAFF

It’s the time of year to enroll in or change your health insurance plan. The open enrollment period for HealthCare.gov is Nov. 1 to Jan. 31, for 2017 coverage.

Most TRICARE beneficiaries don’t need to worry about open enrollment. However, for beneficiaries who are not eligible for TRICARE coverage, have lost or are losing coverage, or may qualify to purchase a TRICARE premium-based health plan you can use this open enrollment period to see if there are other health coverage options that work for you and your family.

Go to HealthCare.gov to explore coverage options outside of TRICARE. Specify you don’t currently have coverage when using the portal to find out if you qualify for financial assistance and review

coverage plans offered in your area without submitting an application.

On HealthCare.gov, go to the “Individual & Families” tab, and click “Get Coverage”. From there, click the “\$ See Plans and Prices” section near the middle of the web page. Follow the directions to enter your ZIP code, family size, and income, to get an estimate of available coverage and costs, including available plans, premiums and cost shares. If you are under 30, you can get personalized health coverage options on HealthCare.gov at www.healthcare.gov/young-adults/.

After exploring the health insurance marketplace options, you can use TRICARE.mil to compare TRICARE premium based coverage and costs to the marketplace plans. You can also compare TRICARE plans online with our

Compare Plans tool. If you need additional help, call the HealthCare.gov toll free line at 1-800-318-2596 or TTY: 1-855-889-4324 or contact a local person or group in your area for assistance. Visit www.healthcare.gov/contact-us/ page to enter a ZIP code to find contact information for individuals and organizations in your area.

If you are enrolled in a premium based TRICARE plan, but decide to use a non-TRICARE option, you need to submit a disenrollment request to your TRICARE regional contractor. Be sure not to dis-enroll from your current TRICARE coverage until you confirm the start date of your new coverage, so there is no gap in coverage and you aren’t penalized for each month that you and the other individuals listed on your tax form do not have coverage. Once the Defense Enrollment

Eligibility Reporting System or DEERS records your disenrollment date, the Defense Manpower Data Center responds to queries from the Federal Hub that you do not have minimum essential coverage from the Department of Defense.

Beneficiaries losing TRICARE coverage due to separation or discharge, divorce, aging out, etc., may qualify to enroll for alternate coverage during a special enrollment period. They must apply for marketplace coverage within 60 days of losing their TRICARE coverage. You can find more information online at HealthCare.gov.

The Affordable Care Act requires most Americans, including TRICARE beneficiaries and DOD employees to have minimum essential coverage. Most TRICARE plans meet this requirement.

The next USAG Resilience Day Off is

NOV. 25





Uniformed Services University’s health professions education degree program seeks providers

By Sarah Marshall
UNIFORMED SERVICES
UNIVERSITY OF THE HEALTH
SCIENCES

BETHESDA, Md. — The Uniformed Services University of the Health Sciences is seeking military health care professionals who would like to gain expertise in leadership, research and theories in one of the university’s new graduate programs.

Last year, USU’s F. Edward Hébert School of Medicine launched the Master of Health Professions Education and the Doctor of Philosophy in Health Professions Education as it became clear there was a need for leaders with academic skills within all military services. Many senior-ranking physician educators and program leaders had retired, separated from the military, or had changed their career path. These new degree programs offer a chance for military providers to fulfill that need in the military health system, and become educational leaders and scholars.

“Those who complete these programs will be very well prepared to serve as academic leaders, such as program directors, clerkship directors, service chiefs, chairs or educational deans,” explained Dr. Steven Durning, director of graduate programs in HPE. “They’ll also contribute to the continuous advancement of health professions education and research in the military health system as well as in the civilian community.”

The programs are geared toward active duty military personnel who are health

professionals, including physicians, nurses, dentists, as well as Defense Department civilian health professionals working in the MHS or the Public Health Service. The programs can be completed on a part- or full-time basis, and blend face-to-face coursework and practicum opportunities with a robust online learning community. The programs focus on a number of competencies, including leadership, scholarship and research, teaching, learning and assessment and communication.

“Our HPE programs are staffed by a world-class faculty who have published more than 500 peer-reviewed journal articles and have won more than \$30 million in grant funding for educational research,” said Dr. Louis Pangaro, chair of USU’s department of medicine, which oversees the degree program.

Military health care professionals are “highly regarded, exceptional leaders who are committed to intellectual development and professional growth,” Durning said.

Advanced degrees in health professions education are also increasingly emphasized as a requirement for academic leadership positions throughout the nation’s medical educational system, he added, and so these programs are expected to have a lasting impact on both the MHS and the civilian community.

IMPROVING EDUCATIONAL METHODS

The first student to enroll in the PhD program, Dr. Matthew D’Angelo, agreed with those sentiments. He is an assistant professor and

Interim Associate Dean for Faculty Affairs in the Daniel K. Inouye Graduate School of Nursing, and has been teaching graduate level nursing for the last decade.

“The HPE program has offered countless experiences where I’m given the opportunity to reflect on how I, and the programs within the GSN, deliver curriculum and how it is evaluated,” D’Angelo said.

The program has helped him conceptualize and develop online teaching materials for austere anesthesia, he said. In turn, he has created a new faculty orientation seminar, covering a variety of topics in education.

What he most enjoys about the program is learning the basis of “why” he teaches the way he teaches.

“I think good teaching is often intuitive, but the administration of education is far more complex ... I (now) think differently about how I teach and how we instruct our advanced practice nursing students.”

He added the workload has been challenging, requiring a breadth of understanding in a range of topics, but the faculty have been supportive.

“Modern education is far more complex than it was 20 years ago,” he said. “As we, as a society, move to competency-based education, faculty will need to be versed in rigorous assessment techniques and have a solid foundation in curriculum design ... The HPE program, by far, will be an asset to the university and the future of military health care education.”

Interested health professionals can apply at www.usuhs.edu/graded/application.html.

TRANSITION Continued from page 1

tary kids along with RP/6,” Bryant-Kearns said. “This is an attempt to cover both the personal and professional issues that military families face when moving to the civilian world.”

Staff of RP/6 began helping Fort Riley Soldiers and families in July. Since then, they have helped more than 100 clients reaching across 13 different states.

“Even though they are no longer at Fort Riley, we are still by their side,” she said. “It has been a great pleasure to witness this program in action. Veterans and transitioning military can reach out to the RP6 team and find that scout who will point them in the right direction of the resources they need from housing issues to employment, school and even family issues.”

Brig. Gen. Patrick D. Frank, 1st Infantry Division and Fort Riley acting senior commander, also spoke at the ceremony. He said Soldiers are generally concerned about transitioning themselves and their family to civilian life after the Army, but RP/6 puts those fears to rest.

“Talking in Soldier’s language about transitioning to civilian life is exactly what this team does so well,” he said. “It’s why Soldiers who have transitioned successfully have come up to me and said ‘Hey sir, I really appreciate what the USO and RP/6 team has done for me and my family in the transition process. They made it easy. They allowed me to understand that I could get over some of my fears I had about transitioning from military life.’”



Maria Childs | POST

A welcome sign sits right inside the door of the newly renovated office space for the USO Fort Riley program Rally Point 6. The staff of RP/6 along with members of the Fort Riley community conducted a ribbon-cutting ceremony for the space Nov. 9 at 212 Custer Ave.

Col. John D. Lawrence, Fort Riley garrison commander, spoke at the ceremony and echoed Frank and Bryant-Kearns remarks. Rally Point 6 has an enormous amount of partners that will help service members with a variety of issues including the Soldier for Life Transition Assistance Program at Fort Riley, large and small corporations and non-profit organizations.

“Partners both on and off post both locally and nationally support RP/6’s eight pillars of employment, education, benefits and resources, family programs, housing, wellness, financial and legal,” he said.

Lawrence also said RP/6 is not the only program within the USO 360 Transition Alliance that has been seen by Fort Riley Soldiers and families.

“Fort Riley and the Directorate of Family and Morale, Welfare and Recreation have

partnered for several years with the Comfort Crew for Military Families, a USO partner responsible for bringing the military children themed ‘Sesame Street’ to Fort Riley, and now we get to continue that partnership stronger and better with RP6,” Lawrence said.

Lawrence said RP/6 is strategically located in the same building as the SFLTAP and human resources so Soldiers who are transitioning from military to civilian life have resources available to them in one convenient location.

“We have that campus right here to help our Soldiers and make it easy to get the assistance they need,” he said.

For more information about the program or becoming a community partner, call 785-492-5531 or 785-492-5710. Those who are transitioning and want to participate can visit www.rp6.org/register.

HAVE A STORY IDEA?
Send it to usarmy.riley.imcom.mbx.post-newspaper@mail.mil or call 785-239-8854/8135.

Fort Riley Middle School students hold Veterans Day ceremony

Relay to audience sacrifices made by military families

Story and photo by Season Osterfeld
1ST INF. DIV. POST

“People sacrifice everything when they join the military, they’re giving up their life, friends and safety and leaving their loved ones.”

ANGELIES RIVERA MATTOS | MILITARY CHILD

Students in the Advancement via Individual Determination program at Fort Riley Middle School held a ceremony in honor of Veterans Day for their peers, family members and veterans Nov. 10 in the school’s auditorium.

The ceremony included a color guard from members of the

Junior Reserve Officers’ Training Corps from Junction City High School and brief speeches from AVID students. Mason Perez, a member of JROTC, also performed a JROTC Drill routine for the ceremony.

“We (teachers) wanted to provide them (students) with leadership opportunities

and this is one that they saw was needed and I think they successfully pulled it off,” said Melissa Hall, teacher of stem lab, robotics and AVID at Fort Riley Middle School. “Since they’re all military children, I think that there’s a special place in their heart for them to do this.”

Five students spoke during the presentation to share their thoughts and feelings on Veterans Day. The students also addressed the sacrifices and challenges they, their peers and families face while being a part of a military family.

“People sacrifice everything when they join the military, they’re giving up their life, friends and safety and leaving their loved ones,” said Angelies Rivera Mattos, daughter of Sgt. Joaquin Rivera Gonzalez, 1st Combat Aviation Brigade, 1st Infantry Division. “Everyone who is serving our country is special ... This is why I look up to these

See CEREMONY, page 10



The color guard from the Junior Reserve Officers’ Training Corps from Junction City High School stands before the stage as the Fort Riley Middle School orchestra plays the national anthem Nov. 10 in the auditorium of Fort Riley Middle School.

MARKING AN IMPORTANT DAY



Photos by Maria Childs | POST

ABOVE: Cub Scouts and leaders of Pack 260 of Fort Riley place American flags in front of tombstones in the Post Cemetery Nov. 10 in honor of Veterans Day. **BOTTOM LEFT:** Staff Sgt. Tara Flournoy, 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, and her son, Jaheim, a Webelo with Cub Scout Pack 260, place an American flag in front of a tombstone in the Post Cemetery Nov. 10 in honor of Veterans Day. **BOTTOM RIGHT:** Ethan Schleicher, son of Chief Warrant Officer 2 Phillip Schleicher, 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, places an American flag in front of a tombstone in the Post Cemetery Nov. 10 in honor of Veterans Day.



LET US KNOW

• Do you have a story of a random act of kindness or paying it forward that you did or were the recipient of? Share your story with the 1st Infantry Division Post newspaper by emailing usarmy.riley.imcom.mbx.post-newspaper@mail.mil.

Flurry of kindness challenge for 100th

Message comes as ‘Big Red One’ preps for 100th anniversary

By Season Osterfeld
1ST INF. DIV. POST

A meal bought for a stranger in a restaurant, a gift for a child in need, a phone call to an old friend or even exchanging a smile while walking by another can impact oneself and the recipient for days or years to come.

As the holiday season begins, and in honor of the 100th anniversary of the 1st Infantry Division, it’s time to get into the spirit of giving with random acts of kindness and paying it forward, said William Brooks, Armed Forces Bank Fort Riley manager.

Every year, Brooks and other Armed Forces Bank employees find ways to make someone else’s day a little brighter, he said. Whether he and his co-workers pay off different layaway tabs anonymously at the Fort Riley Post Exchange or other stores in the surrounding communities or help out a Junior Reserve Officers’ Corps get equipment they need, Brooks is always trying to find a way to help someone else without the need for thanks or recognition.

“What we have done in the past is pay off some folks layaways,” he said. “They have no idea who did it, all they know is it was done. We try not to reveal our identity. We’ve been doing this for years ... The Armed Forces Bank hasn’t only been doing this for Fort Riley with AAFES (Army and Air Force Exchange Service), we’ve been doing it for a whole lot of organizations.”

As the 100th anniversary of the “Big Red One” approaches, Brooks said he hopes to see a flurry of random acts of kindness take over the Fort Riley community. He encourages everyone to be the good they want to see in this world, to be the person that does something not because they were asked to, but because they wanted to without the need of recognition, to do good because it feels good.

“Let’s start a movement for the holidays ... I think that would probably touch some folks

See KINDNESS, page 10

Soldiers, families get chance to brush up art skills

Family Art Extravaganza part of efforts to recognize Month of Military Family

Story and photo by Maria Childs
1ST INF. DIV. POST

Staff of Army Community Service and Fort Riley Arts and Crafts welcomed Fort Riley Soldiers and family members to Riley’s Conference Center Nov. 13 for the Family Art Extravaganza. The event was held in honor of month of the military family.

November has been proclaimed the Month of the Military Family by President Barack Obama.

Jeff Reade, outreach branch manager at ACS, said the event is one of many to celebrate the proclamation.

“This is one of about six or eight events that we are presenting to show appreciation for military family members and what they do,” Reade said. “We hope families gain a further understanding of how much we appreciated them. It is such a challenging lifestyle.”



Ava Figueroa, daughter of Sgt. 1st Class Freddy Figueroa, 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, adds snowflakes to the snowman she painted at the Family Art Extravaganza Nov. 13 at Riley’s Conference Center. The event was hosted by staff of Army Community Service and Fort Riley Arts and Crafts in honor of the Month of the Military Family.

Carmen Figueroa, wife of Sgt. 1st Class Freddy Figueroa, 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, brought her three children to the event for an afternoon of painting fun. She said she enjoyed that it was something the family could enjoy together.

“It brings unity to the community,” she said. “It shows that they are here to help us out and support us.”

Capt. Matthew Eley, Headquarters and Headquarters Company, 2nd Armored Brigade Combat Team, 1st Inf. Div., brought his 7-year-old daughter, Laura.

Eley said Laura enjoys art so the event intrigued their family.

“I enjoy hanging out with my daughter,” he said. “It’s a good opportunity in my downtime to hang out and enjoy activities with my family.”

The duo was painting a reindeer for the holiday season.

“I appreciate Fort Riley doing this for us,” Eley said.

Marilyn Paras, lead art specialist with Fort Riley Arts and Crafts, said the primary project for the event was painting a canvas. Families could choose from four paintings: a sunset landscape, a reindeer, a snowman or a barn.

“It’s fun to see the different kids working and being creative and actually seeing that the families are working together on projects,” she said.

Staff of Fort Riley Arts and Crafts host two craft classes a month.

One is the parent and child craft class, which is every third Sunday in every month. The other is an adult craft class, which is the fourth Sunday of every month.

For more information, call 785-239-9205.

FORT RILEY POST-ITS

RECREATION AREA CLOSURE NOTIFICATION

All recreation users of Fort Riley should take note that Maneuver Areas A, B, D, E, H, K, L, M, O and P are scheduled to be closed to all recreational activities and access Nov. 14 to 22 and Nov. 28 to Dec. 9 due to military training occurring there during those periods. The dates they are closed have the potential to be extended as well. No recreational access will be granted to the closed areas and violators will be prosecuted.

On any days during those periods that Maneuver Areas C, F, and I are open, those areas will only be accessible by walk-in traffic from adjacent county roads.



FORT RILEY USO FAMILY GAME NIGHT: UNPLUGGED

Bring the family for a no video games, no computers and no electronics at the family game night unplugged Nov. 23 at the USO from 4:30 to 8:30 p.m. You'll have your own table to play the game of your choice. You can choose to play one of the USO provided games or bring your own. Advance registration required. You can make the reservation at facebook.com/USOFtRiley or call 785-240-5326.

LIBRARY TURKEY PARTY

Staff at the Fort Riley Library will host a Turkey Party Nov. 19 from 1 to 3 p.m.

There will be a presentation by the Milford Nature Center from 1 to 2 p.m. and snacks and turkey crafts from 2 to 3 p.m.

The event is free and open to all library patrons. For more information, call 785-239-5305.

TURKEY BOWL FLAG FOOTBALL TOURNAMENT

Staff from Morale, Welfare and Recreation will hold a single elimination flag football tournament at Long Fitness Center Nov. 23 starting at 9 a.m. The competition is open to company-level teams of active duty Soldiers with a maximum of 10 teams consisting of 18 players per team. This event qualifies teams for Commander's Cup points.

The cost is \$50 per team and registration ends Nov. 21. For more information call 785-239-2813.

HOLIDAY MAIL INFORMATION

The holidays are approaching! To ensure timely delivery of holiday mail and packages by Dec. 25, the Postal Service recommends that cards and packages be sent to military APO/FPO/DPO addresses overseas according to the chart located at about.usps.com/news/national-releases/2016/pr16_080.htm.

CUSTER HILL BOWLING CENTER FAMILY NIGHT

Families can bowl free Nov. 30 at Custer Hill Bowling Center from 6 to 8 p.m. Lanes are available on a first-come basis. Shoes are not included. For more information call 785-239-4366.

ARMY COMMUNITY SERVICE CLASSES

Military 101 Class

A class will be held Dec. 6 at Army Community Service, 7264 Normandy Drive from 9 a.m. to 3 p.m. The class is free and provides information on military customs, benefits and terminology. Limited free childcare is available. To sign up, call 785-239-9974.



THE FIGHTING FIRST!

FORT RILEY 100TH ANNIVERSARY HOLIDAY CONCERT

The 1st Infantry Division Band and Junction City Community Band will perform the annual holiday concert Dec. 16 and 17 at 7:30 p.m. at the J.C. Opera House Junction City, Kansas. The concert will feature holiday favorites and new takes on classic carols.

There are no tickets for these concerts, general admission seating is on a first-come basis. The Opera House will open at 6:30 p.m. and the theater at 7 p.m. If you have special needs, call 785-238-3906 to arrange to be seated early.

FORT RILEY TOUR OF HOMES

Volunteers with the Fort Riley Historical and Archaeological Society of Fort Riley will host the 33rd Annual Historic Tour of Homes Dec. 3 from 12 to 4 p.m.

Advance Tickets are available for \$10 at the Friends of the Fort Riley Museum Gift Shop, Magnolia's Boutique Junction City, Kansas and the Gatherings at 3 Thirteen Manhattan, Kansas. Day of the event tickets are \$12 at The Custer House.

For more information email fortrileytourofhomes@gmail.com.

BETTER OPPORTUNITIES FOR SINGLE SOLDIERS

BOSS is sponsoring a trip to Snowmass Village Aspen, Colorado. The cost is \$395 for base cost that includes lodging for 4 days and 3 nights, transportation and 2-day lift tickets. The price of \$460 includes base cost items plus rental gear including skis or boards and boots.

Rooms will be 4 person per room with full beds. Limited 2 person rooms are available for additional \$120 per person.

Payment plans are available. For more information, call 785-239-2677.

CHRISTKINDL MARKET

Fort Riley's eighth annual holiday craft market will be held Dec. 3 at Riley's Conference Center from 9 a.m. to 3 p.m. There will be craft vendors, photos with Santa, German food and gluhwein, chainsaw woodcarver and family activities.

For more information, call 785-239-8990.

NOW SHOWING AT BARLOW MOVIE THEATER

Friday, Nov. 18

Boo! A Madea Halloween (PG-13) 7 p.m.

Saturday, Nov. 19

Ouija: Origin of Evil (PG-13) 2 p.m.

Kevin Hart: What Now? (R) 7 p.m.

Sunday, Nov. 6

Boo! A Madea Halloween (PG-13) 5 p.m.

Theater opens 30 minutes before showing.

Regular Showing: \$6.00

3D Showing: \$8.00

First Run: \$8.25

3D First Run: \$10.25

WHITSIDE FITNESS CENTER BATTLE OF THE BUTTERBALL BULGE

Whitside Fitness Center staff will offer a variety of classes for workouts Nov. 25 from 10 a.m. to noon. Find your favorite class to work off the Thanksgiving meal.

The classes are free and open to all Department of Defense identification card holders. Personal trainers will be on-site to answer questions. Childcare is not provided and parental supervision is required for all participating youth.

For more information call 785-239-2573.

INTRAMURAL BASKETBALL LEAGUE

MWR will sponsor an intramural basketball league from Dec. 5 to March 16 at Whitside Fitness Center.

The league is free and open to company-level teams of active duty Soldiers only with teams of 18. This league qualifies for Commander's Cup points.

Registration is required and closes Nov. 30. For more information call 785-239-2813.

COCKTAILS AND CANVASES

Enjoy an evening of social painting and fun Dec. 9 at Riley's Conference Center at 7 p.m. The cost is \$25 and includes instruction supplies and a beverage ticket.

For more information, call 785-784-1000.



FORT RILEY LIBRARY MOVIE NIGHTS

Staff of the library will host free family-friendly movies nights at the library, 5306 Hood Drive.

Dec. 3 movie is classic Christmas favorites.

For more information call 785-239-5305..

DEMOLITION OF HOMES IN WARNER PETERSON NEIGHBORHOOD

Corvias staff has received approval to move forward with demolition for some homes in the Warner Peterson neighborhood. The demolition is expected to begin in January for 160 of the 253 homes.

COMMUNITY CORNER

Reflection, safety a boost to Thanksgiving

By Col. John D. Lawrence
FORT RILEY GARRISON COMMANDER

With Thanksgiving coming up next week, the official kickoff of the holiday season is just around the corner. This is generally a time to relax, spend time with family and friends and reflect on accomplishments of the past year. It's also an opportunity to look ahead and make plans for the future.

This year, I have much to be thankful for, including my family and the wonderful people of Fort Riley and the Flint Hills Region.

As you celebrate during your time off next week, I hope you'll take a few moments to

think about those who are deployed around the globe to keep our world safe, and their family members who take care of the home-front in their absence. I also ask that you keep safety in mind while traveling, preparing Thanksgiving meals and engaging in off-duty activities.

For traveling, make a plan and don't drive tired or over the speed limit. Remember, there are a lot of other people on the roads this time of year — more than 45 million Americans traveled for Thanksgiving last



Colonel Lawrence

year. And while the weather has been nice in Kansas up to this point, be prepared for conditions to change, depending on where you're going.

Once you arrive at your destination and start helping prepare the holiday feast, keep food safety in mind. A great resource is the U.S. Department of Agriculture's "Let's Talk Turkey" website. Whether this is your first Thanksgiving meal or you're a seasoned professional, the site offers a consumer's guide to thawing, preparing and roasting a turkey.

Finally, think about what you're going to feel like after that meal. Most of us feel like watching football and taking a

nap; Thanksgiving is notorious for being a holiday where we eat too much and move too little. Indulging for a special day won't hurt our physical fitness much, but don't let it become habit and undo all your hard work throughout the year. Get outside for a walk or light exercise or play some backyard football after the big meal.

Again, I am thankful for you, our hard work for the Army, and the sacrifices you and your families make for our country.

Happy Thanksgiving!

— *To comment on this article or to suggest a topic for Community Corner, visit my Facebook page at www.facebook.com/fortrileycg.*

CEREMONY Continued from page 9

people, they're willing to give up their lives for their country."

The students each expressed many of the same thoughts and feelings. All recognizing and stating veterans are heroes for each struggle they have endured and hurdle they have leapt.

"Veterans Day isn't just another day," said Natalia Estrella, daughter of Sgt. 1st Class Sergio Estrella, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div. "Veterans Day is a day to honor our heroes."

A sixth student, Faith Cummings, daughter of Capt. Kenneth Cummings, 541st Combat Sustainment Support Battalion, 1st Inf. Div. Sustainment Brigade, read a poem she wrote to honor those who have given their lives and recognize those still fighting to

defend U.S. citizens' rights and freedom.

"I'm proud of my country and I hope you are too. The home of the free, the red white and blue," Cummings said as she concluded her poem.

Students at Fort Riley Middle School have been hosting a Veterans Day ceremony for several years now, Hall said. The ceremony is important to the students as they recognize family members, parents, and themselves.

"Veterans Day is a day to honor true heroes, not the ones with the capes and the cool outfits, but the ones who put everybody else before themselves," said Kendall Powell, daughter of Capt. Charles Powell, 299th Brigade Support Battalion, 2nd Armored Brigade Combat Team, 1st Inf. Div. "Someone who is selfless, courageous and wise."

KINDNESS Continued from page 9

in the right way and how that would fit in to the 100th anniversary celebration, we're all trying to gear up to make a big impression for why this division is so great," Brooks said.

One action, whether grand or simple, can be the difference someone needs in their life, so pay for the coffee for the next person in line, send a letter to a relative or old friend or offer a shoulder for a stranger to lean on. A single action is all that is needed to start a chain of random acts of kindness that can flow through Fort Riley and the surrounding communities.

"We know giving is something that you should never

stop," Brooks said. "There's tons of things you can give stuff to and share with people. In my opinion, it's giving back to the community ... I believe if people give to someone and the more people that receive from someone that is giving, it would encourage them to do the same. It starts a cycle and it grows based on participation."

Do you have a story of a random act of kindness or paying it forward that you did or were the recipient of? Share your story with the 1st Infantry Division Post newspaper by emailing usarmy.riley.imcom.mbx.post-newspaper@mail.mil.

WWW.RILEY.ARMY.MIL

DEAL OR NO DEAL



Maria Childs | POST

Katrina Greidanus, wife of Sgt. Lucas Greidanus, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, and her daughter, Aeries, participate in "Deal or No Deal" Nov. 10 at the Fort Riley Main Post Exchange. Participants got the chance to open several boxes that included a variety of prizes and risk losing a prize as the game went on.

TUESDAY TRIVIA CONTEST



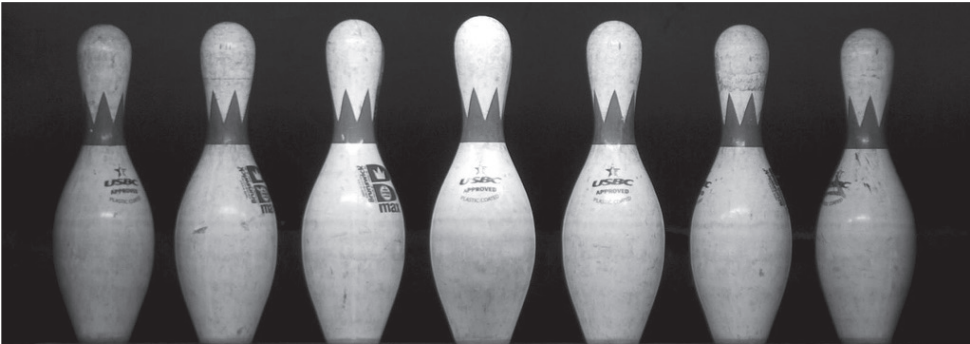
What employers and colleges will be at the Hiring and Education fair on Tuesday?

Answer: www.riley.army.mil/Portals/0/Docs/About/Calendar/ExhibitorsSpreadsheet-10-27-2016.pdf

This week's winner is Jolene DeShazo, married to Staff Sgt. Robert DeShazo, with the 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division.

Jolene is pictured with children, Caleb and Caitlin

CONGRATULATIONS JOLENE AND THANKS FOR CONTINUING TO BE PART OF THE "BIG RED ONE" FAMILY!



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Work/Rest Times and Fluid Replacement Guide

Heat Category	WBGT Index (°F)	Easy Work Walking on hard surface, 2.5 mph, <30 lb. load; weapon maintenance, marksmanship training.		Moderate Work Patrolling, walking in sand, 2.5 mph, no load; calisthenics.		Hard Work Walking in sand, 2.5 mph, with load, field assaults.	
		Work/Rest (minutes)	Fluid Intake (quarts/hour)	Work/Rest (minutes)	Fluid Intake (quarts/hour)	Work/Rest (minutes)	Fluid Intake (quarts/hour)
1	78° - 81.9°	NL	½	NL	¾	40/20 (70)*	¾ (1)*
2 (GREEN)	82° - 84.9°	NL	½	50/10 (150)*	¾ (1)*	30/30 (65)*	1 (1½)*
3 (YELLOW)	85° - 87.9°	NL	¾	40/20 (100)*	¾ (1)*	30/30 (55)*	1 (1½)*
4 (RED)	88° - 89.9°	NL	¾	30/30 (80)*	¾ (1½)*	20/40 (50)*	1 (1½)*
5 (BLACK)	> 90°	50/10 (180)*	1	20/40 (70)*	1 (1½)*	10/50 (45)*	1 (1½)*

NL = No limit to work time per hour.

*Use the amounts in parentheses for continuous work when rest breaks are not possible. Leaders should ensure several hours of rest and rehydration time after continuous work.

CAUTION: Hourly fluid intake should not exceed 1½ qts. Daily fluid intake should not exceed 12 qts.



Approved for public release,
distribution unlimited.
CP-033-0415

NOTE: All fluids provide water, whether milk, fruit juice, etc.

Spreading cheer across world

Operation Christmas Child allows Fort Riley families to spread joy

Story and photo by Chris Cannon
1ST INF. DIV. POST

More than 500 children across the world will be receiving a gift this Christmas from Fort Riley families as a part of Operation Christmas Child, a charity drive held by Samaritan's Purse.

Thus far in November, the Fort Riley church congregations have put together boxes full of toiletries and gifts for children in Haiti, Georgia, Syria and other third-world countries. This year's event was led by Club Beyond, a Fort Riley church youth group. Many families donate more than one box and, in each case, the box is put together according to age and gender.

Samaritan's Purse is a national charity led by Franklin Graham and his ministries. The goal for Operation Christmas Child 2016 is to send 10 million boxes to children in foreign countries who otherwise would not receive a Christmas gift.

The donations gathered at Fort Riley are already on their way. Once they were collected and packed, they were taken to the distribution centers in Salina and Junction City, Kansas, where volunteers with the charity check each box to ensure that each was properly stocked and packed.

From the Salina distribution center, the boxes will go to Denver, Colorado, where



Members of the Fort Riley youth group, Club Beyond, and their parents pack different "wow" gifts into boxes for children around the world as a part of Operation Christmas Child, a charity drive held by Samaritan's Purse, the evening of Nov. 13.

they will then be packed and shipped in large containers to distribution points worldwide.

As a part of the charity drive, families were able to donate \$7 to purchase shipping labels that enable them to track where their packages are travelling.

Garrison Chaplain (Col.) Timothy Walls has participated in Samaritan's Purse Operation Christmas Child drives since 2012.

"It's an organization that reaches out to people in times of need. (They have) a genuine concern for people who are going through crisis," he said. "I've always been impressed by that."

Families were asked to fill the boxes with items such as hygiene products, coloring

books, hair ribbons and toys. The boxes were filled and labeled according to age and gender. As a part of the contribution the members of Club Beyond wrote a note to the children who will receive the package, anonymously reaching out to the recipient.

According to John Malmquist, the Club Beyond Community Director, Fort Riley congregations have been taking part in the Operation Christmas Child collections with Samaritan's Purse for more than 10 years. For him, the most meaningful part of helping with Operation Christmas Child is "seeing military families give during a time when families are already stretched so thin."

As a part of the Operation Christmas Child charity drive, Club Beyond held a packing party at Morris Hill Chapel to contribute an additional 50 boxes. As a part of the event, the teens learned a lesson about the parable of the Good Samaritan. The group exceeded the original goal of contributing 50 boxes by more than 100 extra boxes for a cumulative total of 174 packages to be sent with the donations of the post congregations.

The cumulative total for collections between all of the base chapels and the youth group exceeds the original 500 boxes distributed in the previous month. Throughout the week, families were able to bring in their boxes to be sent to Junction City, Kansas. As a part of the continuing community service done by Club Beyond, the group will be doing a canned food drive in December.

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Outdoor exercisers should take precautions during winter

Story by Season Osterfeld
1ST INF. DIV. POST

As days grow shorter and temperatures drop, new safety precautions should be taken by those exercising outdoors, especially in the mornings and evenings.

The sun is setting sooner and rising later. For those who exercise outdoors in the mornings or evenings, this means they may be doing so in the dark or with limited light, making them difficult to spot for passing motorists.

Dawn Douglas, safety and occupational health specialist with the Garrison Safety Office, encourages anyone looking to exercise outdoors, whether running, jogging, walking or cycling, to be prepared and aware of their surroundings.

Anyone looking to jog, cycle, run or walk outdoors should avoid dark clothing and wear reflective garments or items, such as a physical training belt or reflective vest, she said. Additionally, Douglas encourages everyone to carry a flash light or wear a headlamp to increase their own visibility and avoid stumbling on uneven pavement or potholes.

“We always encourage people, whether they are jogging or riding a bicycle, anything that puts a pedestrian outside of a vehicle, what we emphasize is making sure they are seen,” Douglas said. “One of the things that they can do is wear retroreflective garments. Those florescent type garments with that reflective glow that when some type of lighting on is on them, they become pronounced.”

When exercising outdoors, everyone should use the sidewalk and avoid being on the roads, Douglas said. However, in areas where a sidewalk is unavailable, individuals should not be in the middle of the road and should be facing oncoming traffic so they may easily see vehicles and make eye contact with the driver.

“We discourage people running with their backs to traffic,” Douglas said. “Being able to see vehicles as they come is important so you can

get out of the way and being able to make eye contact with the driver is important so you can make sure they actually see you.”

Two trails are available for runners, walkers, cyclists and joggers to use safely and avoid being near traffic. These trails are located behind Riley’s Conference Center and surrounding the former Custer Hill Golf Course facility. Douglas said these trails are well maintained and lit for additional safety and security.

Those looking to exercise outdoors on Fort Riley should also be aware of restrictions in place for their safety and the safety of others. Runners and walkers may not exercise on any roads on Fort Riley where the speed limit is 45 miles per hour or greater, according to Fort Riley Pamphlet 350-2. These roads include Huebner Road; Junction City Boulevard; 1st Division Road; McCormick Road; Henry Avenue; Trooper Drive; Custer Avenue; Holbrook Avenue; Cassion Hill Road; 12th Street; Estes Road; Williston Point Road; Campbell Hill Road; Mallon Road; Old Highway 77; Vinton School Road; Kitty Drive; Dickman Avenue and Morris Avenue.

Additionally, all tactical trails above Vinton School Road are also closed to those looking to exercise.

It is also important to carry some form of identification, Douglas said. While many people may carry their phone, locks and passcodes on the phone prevent emergency services personnel from accessing the phone to contact someone and collect information on an individual in the event of an emergency.

“We encourage all runners to run with some form of identification ... If something happens to them while they’re out running, they have to be ID’d,” she said. “Sometimes that can be a cellphone, but if they have a lock on the cellphone, it can’t be used.”

Colder temperatures also mean increased risks of hypothermia, frostbite, dehydration and injuries, Douglas said.

Although thirst may not be noticeable due to the cooler temperatures, the body is still sweating during exercise and dehydration will still occur, she said. It is important to continue drinking the same amount of water, even when thirst is not apparent.

“In winter, we tend to drink less, but you still need to hydrate even when you don’t feel hot,” she said.

Douglas also said those exercising in cooler temperatures will need to acclimate to the change. Increased stretching time and starting with short runs to build up over several days’ time can decrease the likeness of injury. Proper shoes with a strong grip should also be worn in the event of ice or snow on the ground.

“As the weather actually changes, you should get acclimated to the weather changes and not just go out there trying to run two hours and it’s freezing cold,” Douglas said. “Take shorter runs and increase the times of your runs as the temperature changes so you can get acclimated.”

Knowing the warning signs and treatment of hypothermia and frostbite are critical during the colder months. In an article published by the Kansas Department of Health and Environment, it states the signs of hypothermia include shivering; exhaustion; confusion; fumbling hands; memory loss; slurred speech and drowsiness. Should someone be noticed with these symptoms, they should seek medical attention quickly. Hypothermia is especially dangerous as the individual experiencing it may be unaware it is happening.

Frostbite most often occurs on the nose, ears, cheeks, chin, fingers and toes. It is generally indicated by loss of feeling and color in the affected area and can result in permanent damage to the body, which may result in amputation in extreme cases.

When redness or pain sets in on any skin area, the exposed area to be covered or the individual should go inside. If signs of frost bite are detected, seek medical care.

If medical care is not available, professionals at the Kansas Department of Health and Environment advises returning to a warm room as quickly as possible, placing the frostbitten body area into warm, not hot, water or using body heat, such as placing fingers under an armpit to warm the area.

Anyone experiencing frostbite should not place the affected area near fire, a stove, heat lamp, heating pad or into hot water as the numbness may prevent the individual from feeling themselves being burned. Additionally, frostbitten toes or feet should not be walked on as it could cause more damage and avoid massaging any frostbitten areas.

The wind chill factor should always be taken into account for any outdoor activities in cold weather. As wind speed increases, it carries heat away from the body faster and frostbite is able to occur in a matter of minutes, the Kansas Department of Health and Environment article said.

Douglas and Kansas Department of Health and Environment professionals advise dressing in layers with the top layer consisting of a tightly woven, wind resistant material. Lower layers should include wicking fabrics to keep dry. However, if clothing should become damp from excess perspiration, it needs to be removed as it increases heat loss. Ears and as much of the face as possible should also be covered with scarves, hats and earmuffs to avoid injury.

As a final note, the Kansas Department of Health and Environment article said that prolonged or persistent shivering is a signal to return indoors immediately as shivering is the first sign of heat loss.

Be safe this winter. Wear reflective clothing in multiple layers, carry identification, stay hydrated, use the sidewalks or running trails and do not go outdoors in inclement weather.

Irwin Army Community Hospital



PROVIDER



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are missed opportunities for others.



WOULD BE PATIENT



WOULD BE PATIENT



WOULD BE PATIENT



Travel & Fun in Kansas

El Dorado, Kansas



COURTESY PHOTO

Visitors of El Dorado, Kansas, can find a variety of businesses and art galleries in the downtown district including the Coutts Memorial Museum of Art, Circle Gallery and Frame Shop and Bill Walton's Gallery.



COURTESY PHOTOS

ABOVE: El Dorado State Park and Wildlife Area is located three miles east of El Dorado on US Highway 54. The El Dorado Reservoir is operated by the U.S. Army Corps of Engineers. With about 2,000 acres of park and 4,000 acres of wildlife area surrounding 8,000 acres of water, there are many opportunities for visitors to have an adventure. **BELOW:** Located in the downtown district of El Dorado, Kansas, the Coutts Memorial Museum of Art is a gallery with more than 2,000 objects by a variety of artists. The museum was established in 1970 by Warren Hall Coutts Jr., an El Dorado attorney, in honor of his son and law partner, Warren Hall Coutts III.



By Maria Childs
1ST INF. DIV. POST

Filled with small-town charm, El Dorado, Kansas is about a two-hour drive from Fort Riley.

In 2006, El Dorado was proclaimed a City of the Arts by then-Kansas Governor Kathleen Sebelius. A look down Main Street and one can see why. The Coutts Memorial Museum of Art, Circle Gallery and Frame Shop and Bill Walton's Gallery are available for tourists to visit while in the area.

Located in the downtown district, the Courts Memorial Museum of Art is a gallery with more than 2,000 objects by a variety of artists. The museum was established in 1970 by Warren Hall Courts Jr., an El Dorado attorney, in honor of his son and law partner, Warren Hall Courts III. The collection has been expanded by donations of art by friends of the family. In addition to permanent exhibits, the museum also schedules special exhibits throughout the year. For more information about the museum, call 316-321-1212.

According to the Kansas Office of Tourism and Travel website, El Dorado was once named the “City of Gold.” The mythic “City of Gold”

drew Spanish explorers to the area as early as the mid-1500s. In 1915, the city's name took on a new meaning when oil became a hot commodity.

El Dorado is also home to the Kansas Oil Museum at the Butler County Historical Center. The museum features exhibits on farming, ranching and oil. There are hands-on exhibits indoors and outdoor exhibits that include more than 20 pieces of oil field equipment and seven historic building. Tours are available by appointment. For more information about the oil museum, call 316-321-9333.

El Dorado State Park and Wildlife Area is located three miles east of El Dorado on US Highway 54. The El Dorado Reservoir is operated by the U.S. Army Corps of Engineers. With about 2,000 acres of park and 4,000 acres of wildlife area surrounding 8,000 acres of water, there are many opportunities for visitors to have an adventure. There is a variety of hiking, biking and horse trails, which include hitching posts on the shoreline and campsites. Outdoorsmen can see a wide range of wildlife including deer, songbirds, game birds and small mammals.

For more information about El Dorado, visit travelks.org or contact the Convention and Visitors Bureau at 316-321-3150.



COURTESY PHOTO

Colorful flowers decorate the Main Street of El Dorado, Kansas. Visitors can find a variety of businesses and art galleries on Main Street.