



THE 1ST INFANTRY DIVISION POST



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FORT RILEY, KANSAS

Final group of Soldiers from 'Devil' brigade hit ground running

By Staff Sgt. Warren W. Wright Jr.
1ST ABCT PUBLIC AFFAIRS

CAMP HOVEY, Republic of Korea — The final group of Soldiers from the 1st Armored Brigade Combat Team, 1st Infantry Division, to deploy to the Republic of Korea arrived at Osan Air Base Oct. 28. The arrival marks the 12th group of Soldiers from the "Devil" brigade to arrive on the peninsula, not including those that arrived on advanced teams in order to set the stage for the rest of the brigade's arrival.

In total, the brigade deployed approximately 3,700 Soldiers over the course of four weeks. Each leg consisted of roughly 300

"The 'Devil' brigade is trained and ready for its mission."

COL. TIMOTHY HAYDEN

COMMANDER OF THE 1ST ARMORED BRIGADE COMBAT TEAM, 1ST INFANTRY DIVISION

to 400 Soldiers flying from Fort Riley, Kansas, the unit's home station, to the air base in Korea before busing to their final location of either Camp Casey or Camp Humphreys.

The brigade has taken responsibility for the rotational mission in South Korea, replacing the 1st Armored Brigade Combat Team, 1st Cavalry Division, and will be the third

rotational unit to take on the mission.

The 1st ABCT, 1st Inf. Div., officially took charge of the mission in Korea during a transfer of authority ceremony at Camp Casey Oct. 27. During the ceremony, the brigade uncased their colors, representing the start of their mission in country, and the 1st ABCT, 1st Cav. Div. cased their colors, signifying the end of their mission and

the beginning of their return journey back home to Fort Hood, Texas.

Operating under the command of the 2nd Infantry Division, the "Devil" brigade's mission on the Korean peninsula is to deter North Korean aggression and, if called upon, to "Fight Tonight" in defense of their South Korean allies.

"The Devil brigade is trained and ready for its mission," Col. Timothy Hayden, the brigade's commander, said during the brigade's casing ceremony at Fort Riley, Kansas.

"The disciplined 1st Brigade Soldiers are the most prepared, highly trained brigade combat team in the world," added Brig.

See DEPLOYMENT, page 8



Korean Army Cpl. Choi Dasol | 1ST ABCT PUBLIC AFFAIRS
Col. Timothy Hayden, left, and Command Sgt. Maj. Dale Sump, the commander and senior noncommissioned officer of the 1st Armored Brigade Combat Team, 1st Infantry Division, uncased the brigade's colors during a transfer of authority ceremony on Indianhead Field Oct. 27. During the ceremony, the brigade officially took charge of the rotational mission on the Korean peninsula from the 1st Armored Brigade Combat Team, 1st Cavalry Division.

Twenty years and counting: A first sergeant's path from hardship to success

By Staff Sgt. Warren W. Wright Jr.
1ST ABCT PUBLIC AFFAIRS

Serving in the U.S. Army provides Soldiers the opportunity to work with and learn from other Soldiers from a multitude of backgrounds. The Army brings together Soldiers from a variety of countries and cultures from around the world.

For one Soldier, the dream of joining the Army began when she was in fifth grade with an idea on how she could bring her family out of financial hardship and allow them to stay in the U.S. without having to worry about how they would support themselves.

Born in Berkeley, California, 1st Sgt. Gina Aceves bounced back and forth between the U.S. and Mexico with her family. Every time money would become tight, the family would return to Guadalajara, Mexico, in order to save money to return to the U.S.

"Living in Mexico, we weren't rich," Aceves said. "We did have to wash our clothes by hand and the bathroom was for show. As far as the toilet, you couldn't flush it. You had to pour water into it to flush it."

"At the end of the day, we have to remember that we are one Army and everyone is my brothers and sisters in arms."

SGT. GINA ACEVES
SENIOR ENLISTED LEADER OF HEADQUARTERS AND HEADQUARTERS COMPANY, 1ST ARMORED BRIGADE COMBAT TEAM, 1ST INFANTRY DIVISION

As many children do, Aceves still found ways to entertain herself while living in Mexico. Her uncles owned a barn with livestock that provided her with something to play with.

"One of the things I did was play with the hens and run after the little chicks," Aceves said.

One of her first experiences with the animals involved her grandmother asking which ones she liked.

"I was like 'Oh, I like that one, she's so pretty!' And (my grandmother) grabbed it and she killed it," Aceves said. "She meant which one did I want to eat, so I was just a little bit shocked because I was playing with it and she was like 'let's pluck it and cook it.'"

Moving back and forth between Mexico and the U.S. caused some problems with

See SUCCESS, page 9

HANDS-ON TRAINING



Soldiers from the 1st Armored Brigade Combat Team, 1st Infantry Division, learn how to use a chemical agent detector kit with the guidance of a chemical, biological, radiological and nuclear training instructor at Camp Casey, South Korea, Oct. 16. The "Devil" brigade Soldiers participated in the two-day course Oct. 15 and 16 in order to learn how to protect themselves from CBRN attack as well as how to detect and identify hazardous substances.

'Devil' brigade Soldiers host chemical, biological, radiological, nuclear academy at Camp Casey

Story and photo by Staff Sgt. Warren W. Wright Jr.
1ST ABCT PUBLIC AFFAIRS

CAMP CASEY, South Korea — The 1st Armored Brigade Combat Team, 1st Infantry Division, hosted a chemical, biological, radiological and nuclear training course for incoming rotational Soldiers on Camp Casey, South Korea, Oct. 15 to 16.

The course, nicknamed "CBRN Academy," was a two-day course designed to teach designated leaders within the brigade how to protect themselves from CBRN attack as well as how to detect and identify hazardous substances.

The training was "pretty thorough," said Sgt. Marcos Rodriguez, an armor crewman with 2nd Battalion, 34th Armor Regiment, 1st ABCT, 1st Inf. Div. "We were shown how to use the equipment

See ACADEMY, page 8



A Soldier with the 1st Armored Brigade Combat Team, 1st Infantry Division, uses a handheld chemical detection device during a chemical, biological, radiological and nuclear training event on Camp Casey, South Korea, Oct. 16. The two-day training event started Oct. 15 with classroom instruction that included a country specific threat brief, followed by hands on training that culminated in a practical exercise where students donned protective masks and clothing and used chemical detection equipment in a range of scenarios.



Rocks with the names written on them of infants who have passed rest in a cradle as part of an event in recognition of International Pregnancy and Infant Loss day during Remembrance Day Oct. 26 in the Irwin Army Community Hospital Memorial Garden. Guests could write the name of their lost loved one on a rock during the event to contribute it to the cradle.

Families remember loved ones lost

Story and photos by Season Osterfeld
1ST INF. DIV. POST

In recognition of International Pregnancy and Infant Loss day, personnel and the chaplains of Irwin Army Community Hospital held a Remembrance Day Oct. 26 in the IACH chapel and Memorial Garden.

The theme for the day was "A journey through bereavement, healing and connection." It began with a service in the IACH chapel led by Chaplain (Capt.) Joseph Wingo, chaplain at IACH. During the service, those in attendance rang a bell in remembrance of the one they lost.

"Remembrance Day is really a day we reach out to the families, the moms and dads, who have lost a young one, either through miscarriage or stillbirth or SIDS (Sudden Infant Death Syndrome) or any other horrible accident ... what we try to do here once a year is have a national day of remembrance," Wingo said.

Following the service, guests moved to the Memorial Garden for a time of peace and

See REMEMBER, page 9

FORT RILEY VOLUNTEER SPOTLIGHT



Staff Sgt. Brandon Schild, 97th Military Police Battalion, volunteers with local parish teaching young adults the history and foundation of the Catholic religion. He is editor of the Parish Newsletter. He enforces the intruder rule during services, preventing any intruder from entering the sanctuary or engaging the congregation. He also provides beautification on the grounds of the church. To learn more about volunteer opportunities, call Becky Willis, Army Volunteer Corps Program manager, at 785-239-4593.

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FORT RILEY OUTDOORSMEN GROUP PARTNERS WITH SPORTSMEN ACRES TO HOST YOUTH PHEASANT HUNT, SEE PAGE 15.



Korea unites brothers in arms

Story and photo by Staff Sgt. Warren W. Wright Jr.
1ST ABCT PUBLIC AFFAIRS

CAMP HOVEY, South Korea — For many, serving in the armed forces is a family tradition passed down from generation to generation. While many siblings also serve, few get the chance to cross paths during their career. Until recently, such was the same for two brothers until they came face to face during their Korea rotational deployment.

Maj. Tristan DeBord and Capt. Michael DeBord work for different units at different locations and their careers have never provided the opportunity to be at the same location at the same time. But a chance meeting occurred when Michael's unit, the 1st Infantry Division's 1st Armored Brigade Combat Team, replaced Tristan's, the 1st Cavalry Division's 1st Armored Brigade Combat Team, as part of a rotational deployment in the Republic of Korea.

"It was really exciting," said Tristan, his brigade's intelligence officer in charge. "He came on one of the earlier flights and I don't think we've spent this much time together since we lived in the same household, which would have been in my high school days or maybe going home over the summers during college."

Growing up in Wichita, Kansas, the brothers took the same route to earn their commission through the University of Mississippi Reserve Officer Training Corps program, even though it was a few years apart. "I joined the Army to serve my country, but also as a way to pay for college," Michael said. "It was a way to pay for school and serve my country; a way to knock out two birds with one stone."

Even though they commissioned through the same ROTC program and knew some of the same people, the two never got to spend any time together in a professional capacity.

"I haven't seen him in uniform since I've been in the service, outside of photos and videos," said Michael, his brigade's information systems manager. "Our careers have never crossed paths, so one of the first thing I



Maj. Tristan DeBord, left, intelligence officer in charge for 1st Armored Brigade Combat Team, 1st Cavalry Division, and Capt. Michael DeBord, information systems manager for 1st Armored Brigade Combat Team, 1st Infantry Division, walk together on Camp Hovey Oct. 21. Tristan and Michael, both from Wichita, Kansas, are brothers who have never crossed paths professionally until recently when their respective brigades transitioned responsibility for the rotational mission on the Korean peninsula.

thought was 'I'm actually seeing my brother in uniform.'"

While they may have joined the Army for a variety of reasons, one of the main reasons the brothers joined was to continue the family tradition.

"I always had a desire to serve my country in some way, shape or form," Tristan said. "In our family, we have a long history of service between my father, both my grandfathers, as well as some uncles who've served. So, that's served as inspiration for me personally to serve."

For Michael, seeing his brother serve was also an inspiration for him to join up.

"I've always looked up to him as a mentor and as a brother," Michael said. "Seeing how successful he was and the impact it made on his life and our family, it was an easy decision to make to follow his lead."

While their limited time in Korea has been the only time the two have spent time together in uniform, there have been other times when they missed each other by just a few months.

"We both served in the 3rd Ranger Battalion at Fort Benning," Tristan said. However, "we weren't ever working together or stationed together at any point during that time frame."

"We've worked with a lot of the same people," Michael added. "But we never actually crossed paths until here in Korea. Not even at Bagram or Ramstein where there is a lot of transit. We just missed each other, seems to be, all the time."

While they only have had a few weeks together in Korea, Tristan used the opportunity to pass on some wisdom to his younger brother on what to expect during his time on the peninsula.

"I've tried to explain the battle rhythm here and also highlight how things are unpredictable as well," Tristan said. "It's not the same model that you've had in Iraq or Afghanistan. It's a much different adversary, different threat and different expectations in terms of readiness."

But work wasn't the only thing the brothers focused on during their short time together.

"We've talked about that, but we've also taken advantage of the down time when the opportunities present themselves to go see the country and enjoy the culture as well," Tristan said.

In the coming weeks, Tristan will return to Fort Hood, Texas, while Michael continues the mission of helping to provide security to the Korean peninsula.

EFFLANDT PROMOTED



Spc. Elizabeth Payne | 19TH PUBLIC AFFAIRS DETACHMENT
Gen. Robert B. Abrams, commander, United States Forces Command, pins on the rank of brigadier general during a promotion ceremony for Col. Scott L. Efflandt, 1st Infantry Division deputy commanding officer, in front of the U.S. Calvary Museum on Fort Riley Oct. 27. Efflandt arrived at Fort Riley in July and previously served as executive officer to the FORSCOM commander from July 2015 to July 2016. Efflandt's wife, Anne Marie Efflandt, right, assisted in unfurling the general's flag during the ceremony.

U.S. Army Garrison Fort Riley Soldier of the Year awarded at ceremony

Story and photo by Season Osterfeld
1ST INF. DIV. POST

Spc. Kate Kim, military paralegal for the Staff Judge Advocate, Headquarters and Headquarters Company, United States Army Garrison, was recognized as U.S. Army Fort Riley Garrison Soldier of the Year during the Garrison Award Ceremony Oct. 27 at the U.S. Garrison Fort Riley Headquarters, building 500.

With her selection as U.S. Army Garrison Fort Riley Soldier of the year, Kim received the Department of the Army Commendation Medal. She accepted her award in the ceremony accompanied by her two daughters.

"Spc. Kim is a hard worker," said Staff Sgt. Benjie Bell, Office of the Staff Judge Advocate, who nominated Kim to her first board. "Most people strive for excellence, she strives for perfection. She puts everything into the smallest task. She always gives 110 percent."

Fort Riley Garrison Command Sgt. Maj. James Collins handed Kim her award in the ceremony and praised her hard work and dedication the Army. He said she set the example for Soldiers and civilian employees around her.

"She gives 110 percent and then some at her job," he said.

"She gives 110 percent and then some at her job. For her, it's really important to do a good job and not everyone is like that, that's what she won her boards, she went into them and attacked them giving 110 percent."

STAFF SGT. BENJIE BELL

OFFICE OF THE STAFF JUDGE ADVOCATE

"For her, it's really important to do a good job and not everyone is like that, that's why she won her boards, she went into them and attacked them giving 110 percent. That's what you want in a Soldier, any employee, you want them to give their best every day and she does that."

To be selected as Soldier of the Year, Kim was nominated to attend multiple boards by her leadership because of her willingness to learn and the effort she put forward every day. The board consists of a panel of noncommissioned officers who test the Soldiers in a number of different areas, including appearance, current events, regulations and more.

In addition to boards, Kim was also required to set herself above her peers in her physical training scores and daily activities.

"She won three or four different boards throughout the last nine months, but it's more than just that. She's excellent in PT ... she maximizes out on her push-ups and sit-ups ... She just does an awesome job in her role every day."

The Garrison Awards Ceremony closed with one other major recognition. Carol Schrader, web administrator for the U.S. Army Fort Riley Garrison Public Affairs Office, received a Federal Career Service Award for more than 40 years in federal employment.

Schrader grew up in Junction City, Kansas, and said she always wanted to be a part of Fort Riley.

"I just always wanted to work at Fort Riley from an early age," she said. "I just wanted to support the Soldiers and their families."

Hiring, Education Fair coming to Fort Riley

By Season Osterfeld
1ST INF. DIV. POST

Personnel of Army Community Service are hosting a Hiring and Education Fair Nov. 17 from 10 a.m. to 3 p.m. at Riley's Conference Center, 446 Seitz Drive.

The fair is open to Soldiers, their family members, Department of Defense identification holders, veterans, retirees and Fort Riley community members.

Ninety-three employers looking to hire new personnel and 53 education organizations, such as colleges and universities, will have booths set up at the fair.

"Those who attend can expect to have opportunities presented to them, whether that's an educational opportunity or a hiring opportunity," said Kristina Springer, employment readiness program manager, ACS.

Several of the employers will hold interviews and hire employees at the fair, Springer said. Others will take resumes and information for future interviews.

"Be dressed as if you're going to an interview, have

Hiring & Education Fair

Riley's Conference Center

446 Seitz Drive, Ft. Riley, KS 66442

Thursday
Nov. 17, 2016
10 am - 3 pm

"OPPORTUNITIES FOR ALL"

Schools from around the United States, Regional employers, Child and Youth Services, Veterans Affairs, KansasWorks, Education Counselors, Financial Aid Advisors, Transition for life counselors and many more will be on site.

Open to ALL! - Soldiers, their Family Members, DOD Cardholders, Veterans, Retirees, and Community Members

For More Information Contact
Education Services (785) 239-6481
ACS Employment Readiness Program
(785) 239-9435

ARMY COMMUNITY SERVICE ACS
America's Solution to Successful Army Life

your resume ready and a 30-second presentation about yourself," she said.

Employers and education organizations represented at the fair are from the Fort Riley community, Flint Hills region, throughout the state of Kansas

and across the United States.

For more information about the Hiring and Education Fair, call Education Services at 785-239-6481 or ACS Employment Readiness Program at 785-239-9435.



Fort Riley Garrison Command Sgt. Maj. James Collins hands the U.S. Army Fort Riley Garrison Soldier of the Year award to Spc. Kate Kim, military paralegal for the Staff Judge Advocate, Headquarters and Headquarters Company, United States Army Garrison, as she stands alongside her daughters and Tim Livsey, Fort Riley deputy garrison commander at the Garrison Awards Ceremony Oct. 27 at the U.S. Garrison Fort Riley Headquarters, building 500. Collins handed Kim her award and praised her hard work and dedication to the Army. He said she set the example for Soldiers and civilian employees around her.

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THE FIGHTING FIRST!



THEN & NOW



John Tice: A ‘Big Red One’ Soldier

By Phyllis Fitzgerald
SPECIAL TO THE POST

John Tice joined the Army in January 1955 from his hometown of Langley, South Carolina. He attended basic training at Fort Knox, Kentucky. Tice went to Advanced Individual Training at Aberdeen Proving Ground, Maryland, where he earned the military occupational specialty 63H, tracked vehicle mechanic.

Tice was assigned to a unit at Fort Stewart, Georgia, from 1995 to 1998. During this time, he deployed to Egypt for the Bright Star 1995 exercise.

In his following assignment, he became a “Big Red One” Soldier when he was assigned from 1998 to 2001 with the 201st Brigade Support Battalion, 1st Infantry Division in Vilseck, Germany. He served as a tracked vehicle mechanic and squad leader. During this time, he deployed twice to Kosovo for a total of 13 months. By the second deployment, Tice had moved up from squad leader to platoon leader.

After Germany, he went back to Fort Stewart, Georgia, from 2001 to 2003 as a platoon sergeant. During this assignment, Tice deployed to Iraq for six months. When he came back from the Iraq deployment, he was sent to Aberdeen Proving Ground, Maryland, from 2004-2005 where he volunteered to work as an office manager to take care of Soldiers needs that were attending AIT.

In 2005, Tice came to Fort Riley for an assignment as platoon sergeant with Headquarters and Headquarters Company, 4th Brigade Special Troops Battalion, 4th Infantry Brigade Combat Team, 1st Inf. Div. In 2007, he deployed with this unit for 15 months to Iraq as part of the surge operation. During this deployment, Tice was the platoon sergeant and was in charge of

maintenance, medics, fuel, ammo and equipment.

In 2011, he received orders for a one-year tour to Korea. Upon completion of these orders, he returned to Fort Riley to complete his Army career. Tice’s final assignment was Company E, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div. He retired in February 2012 as a sergeant first class with 20 years of service.

His favorite memories of his time in service have to do with his family. The first is about returning home after being apart.

“When we came home from war and just seeing my wife and kids there to greet me, hug me and not wanting to let go of me is a cherished memory of mine,” Tice said.

When he made sergeant first class, his wife had the honor of pinning his rank.

“We were married before the Army. We are both from Langley, South Carolina, and grew up about a quarter mile from each other,” Tice said. When I went into the military my wife was a big part of that decision, of my career and I believe she had a tougher job than I did, raising the kids, the animals, keeping and maintaining the home while I was gone. She was and always has been the biggest part of my career.”

When he retired, he chose to stay in the area.

“We stayed in Junction City because we had bought a home and I loved the hunting and fishing,” Tice said.

Tice and his wife Judith also wanted to be near their two married daughters and three grandsons. Both daughters are married to Soldiers.

When he retired, Tice went to work at Foot Locker and he still works there.

Editor’s Note: To submit your Big Red One story, email fitzmiss@yahoo.com.

BEST PLACE TO LIVE BEST PLACE TO TRAIN BEST PLACE TO DEPLOY FROM BEST PLACE TO COME HOME TO

Fort Riley legal office recieves Department of the Army award

Story and photos by Maria Childs
1ST INF. DIV. POST

The Claims Office, Office of the Staff Judge Advocate, was recognized during a ceremony in the main courtroom of Clausen Hall, 216 Custer Ave., 1st Infantry Division and for receiving the Army

Judge Advocate General’s Excellence in Claims Award for the 11th consecutive year for fiscal year 2015.

Jeff Fleming, chief of the claims office, received the award from Col. Warren Wells, staff judge advocate, 1st Infantry Division and Fort Riley.

“This is an outstanding team because for the 11th straight year they have earned this award,” Wells said. “There are only two Army claims offices in the world that have earned that award and one of them is right here. Each one of these folks do amazing work.”

Fleming said the claims office is only one piece of the OSJA. The offices within the SJA include Administrative and Civil Law, Claims Division, Criminal Law, Magistrate Court, Legal Assistance, Tax Center and Trial Defense Services. Military attorneys and paralegals also embed in 1st Infantry Division units and deploy to provide legal support to commanders.

“We’re one small piece of this office,” Fleming said. “The other sections do not have DA-level awards to apply for. The entire 1st Infantry Division OSJA is the number one legal office in the Army as far as I’m concerned.”

The claims office has many duties to include processing and paying claims by Soldiers for losses incident to military service,

investigating and litigating the defense of negligence-based tort claims, and collecting money from insurance agencies for the benefit of the Army.

“We’re kind of like an insurance defense law firm,” Fleming said. “If a Soldier or Army employee is in an accident while on Army business, we’re the ones who represent the Army.” During FY2015, the Fort Riley claims office defended against more than \$30 million dollars in tort claims.

The team also recovered more than \$1 million from insurance companies. “When someone is hurt and it is someone else’s fault, we will go after the insurance companies for money to pay for the medical care provided or paid for under TRICARE,” he said. That money is returned to Irwin Army Community Hospital and to TRICARE. “If there is property damage, we look to recover money on behalf of the installation.”

During the ceremony, Harry Hardy, Chief, Administrative and Civil Law Division and Garrison Legal Advisor, received



Jeff Fleming, chief of the claims division at the Fort Riley Office of the Staff Judge Advocate, accepts the Claims in Excellence award for the 11 consecutive year from Staff Judge Advocate Col. Warren Wells, Judge Advocate General’s Corps. The claims team won the award for fiscal year 2015. “We’re one small piece of this office,” Fleming said. “The other sections don’t have DA-level awards. It’s the number one legal office in the Army as far as I’m concerned.”



Harry Hardy, director of the Fort Riley Office of the Staff Judge Advocate, received his career service award for 35 years of federal service during a ceremony in the main courtroom at the OSJA. He came to Fort Riley as a captain and his first job was trial defense. “He is a wealth of knowledge,” said Col. Warren Wells, staff judge advocate, 1st Infantry Division and Fort Riley.

his career service award for 35 years of federal service. Hardy is the senior civilian attorney at Fort Riley. He initially served as a Judge Advocate here at Fort Riley from 1981 to 1985 where he worked in numerous positions as the administrative law attorney, labor counselor, special assistant United States attorney, military magistrate, and defense attorney. “He is a wealth of knowledge,” Wells said about Hardy and his service.

Fort Riley volunteers recognized for hours of service in quarterly ceremony

Story and photo by Maria Childs
1ST INF. DIV. POST

More than 60 volunteers were recognized Oct. 25 at Riley’s Conference Center for a combined total of 8,655 hours of service to the Fort Riley community.

Maj. Gen. Joseph Martin, 1st Infantry Division and Fort Riley commanding general, delivered the opening remarks to the ceremony. He said volunteers are the link between Fort Riley and the surrounding communities.

“Without volunteers, many organizations would have to close their doors ... everyone being recognized tonight is an essential part of why Fort Riley is the best place to live, train, deploy from, come home to and retire,” he said.

He said there was a significant amount of military spouses being recognized for their service in family readiness groups and other agencies.

“These volunteers are the backbone of any community of which they are part of,” he said. “When Soldiers are training or deployed, it is the spouses who are keep the community running making sure the FRGs are maintained, that they get what they need and youth and recreational opportunities are able to operate.”

Martin said volunteers are important to the community because they keep organizations alive.

“Volunteers are leaders,” Martin said. “It is these leaders who step up to get the job done. They all have busy lives but they make time to serve their community, installation and the unit. Their generosity and dedication should be inspiring to all of us.”

Sgt. Charles Simko, Headquarters and Headquarters Detachment, 97th Military Police Battalion, received a Volunteer of the Quarter glass plaque with a certificate in recognition of his volunteer service.

Simko volunteers his off-duty time constructing wooden regimental insignias and unit mottos that hang outside the battalion building. He created eight easel stands that hold the battalion’s history boards. He also assisted in the planning and organization of a haunted house for families during this season.

“I feel good helping the battalion,” he said. “They would’ve had to spend a lot of time and money on something like that and I made it a few hours in my garage.”

Simko said it was great to be recognized for his service.

“It’s a small token to do something like that,” he said. “People recognizing what you do — it makes you want to contribute even more.”

For more information about volunteering opportunities, call Becky Willis, Fort Riley volunteer coordinator, at 785-239-9435.



Sgt. Charles Simko, Headquarters and Headquarters Detachment, 97th Military Police Battalion, received a Volunteer of the Quarter glass plaque with a certificate for completing volunteer service. Simko volunteers his off-duty time constructing wooden regimental insignias and unit mottos that hand outside the battalion building. He created eight easel stands that hold the battalion's history boards. He also assisted in the planning and organization of a haunted house for families during this season.

Get fired up about the holiday season

By Maria Childs
1ST INF. DIV. POST

Staff from the Pollution Prevention Branch of the Directorate of Public Works are partnering with the Fort Riley Fire Department to conduct a household hazardous waste collection event with a cooking fire demonstration Nov. 19 from 8 a.m. to 1 p.m. at Fire Station #1, 5000 Normandy Drive.

Firefighters will place a frozen turkey in hot oil to demonstrate the dangers of improper and unattended cooking during the holiday season. The hot oil demonstration will only be held one time at 9:30 a.m.

Lars Vesper, chief of the inspection division at the Fort Riley Fire Department, said the fire department wants to raise awareness in the Fort Riley community about cooking safety as the holidays are approaching.

“Unattended cooking is the main reason we want to do this,” Vesper said. “We’re going to show them what not to do during the Thanksgiving holiday.”

Rick Doll, environment protection assistant with DPW, said the event is for those looking to recycle household materials while also visiting the firefighters.

“We’ve been doing the household hazardous waste events once a month throughout the year,” he said.

Doll said materials that can be turned in include household products, paint, florescent lights, used oil, car wax, car cleaners, cell phones, car and other assorted batteries, recyclable materials such as cardboard, aluminum cans and plastics. Military items will not be accepted.

While residents of the installation can bring items to the event, they can also leave with reusable items such as cleaning products. The recycling center has a free-issue program that allows residents to take items home for personal use.

For more information about the event or questions about what can be given at the event, call 785-239-6929.

How Not To Cook a Turkey (Or Your House)

Fire Safety
Household Hazardous Waste Event
FREE Stuff!

Date: Saturday, November 19th @ 0930

Where: 5000 Normandy Drive Fire Station #1

Fort Riley’s Fire Department and Environmental Division are teaming up for a Turkey Frying Safety Demonstration and Household Hazardous Waste Event (not saying your cooking is hazardous or waste). Watch Firefighters Demonstrate Hazardous Turkey Frying Techniques, and What To Do To Prevent a Thanksgiving Day Blaze! You can also safely dispose of any unwanted cleaning supplies, automotive products, electronics or other household hazardous waste. The DPW Mobile Household Hazardous Waste Trailer will be on site from 0800-1300 where you can turn in or pick up items for FREE!

HOUSE AD

TRAFFIC REPORT

HOLBROOK RECEIVING UPGRADE Work on Holbrook Avenue will continue barring poor weather or other unforeseen situations that could cause a delay. According to David Hale of the Directorate of Public Works, the upgrades include changes on the edges of the road. The project area begins at Dickman and continues north on Holbrook to just before Godfrey. A detour is in place to assist drivers through the area. Please exercise caution.	AVENUE ACCESS CONTROL POINT HOURS OF OPERATION Motorists wanting access to Fort Riley on Saturday or Sunday should use Estes, Ogden, Henry or Trooper gates. For more information about Fort Riley access procedures, visit www.riley.army.mil . The access control point hours are now as follows: Henry/Trooper/Ogden/Estes: Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access. 12th Street: Open from 5 a.m. to 7 p.m.,	Monday to Friday; This gate will have inbound commercial vehicle lanes only. Although personally owned vehicles will be allowed access, there will no longer be a designated POV lane. Outbound traffic at 12th Street Gate will not be authorized Rifle Range: Closed to all traffic. Grant: Open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays. Four Corners: Closed indefinitely to all vehicle traffic.
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CURIOSITY OR FRIGHT: EMPLOYEES TRANSFORM INTO HALLOWEEN CREATURES



Season Osterfeld | POST
Personnel of Civilian Human Resources Agency pose in front of their haunted pumpkin patch Oct. 31 in a Halloween competition against the CHRA Mailroom staff. The CHRA personnel dressed up and decorated their hallway and offices to be a haunted farm, complete with deathly pumpkin patch and skeletal farm animals.



Season Osterfeld | POST
Personnel of Civilian Human Resources Agency adorn their building in in ghoulish décor Oct. 31 in a Halloween competition against the CHRA Mailroom staff. The CHRA personnel dressed up and decorated their hallway and offices to be a haunted farm, complete with deathly pumpkin patch and skeletal farm animals.



Season Osterfeld | POST
Staff of the Civilian Human Resources Agency Mailroom pose inside their office turned circus for a day Oct. 31 as part of a Halloween competition against the CHRA teams. The CHRA mailroom staff included a lion tamer, trained shark, ring master and more – all essential for any guest of a circus to explore.

HOUSE AD

RILEY ROUNDTABLE

What do you like about Halloween?



"It's the candy."

LAUREN WILLIAMS
WICHITA, KANSAS

Visitor from Junction City, Kansas



"I get to go with friends."

RYLEIGH FELTY
HEINZVILLE, GEORGIA

Daughter of Sgt. 1st Class Aaron Felty, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division



"I like the candy."

ETHAN DUTT-SCHUKLA
JUNCTION CITY, KANSAS

Son of Spc. Mark Israel, who is stationed at Fort Riley



"I like the traditions that started Halloween."

FERNANDO RIVERA
JUNCTION CITY, KANSAS

Visitor from Junction City, Kansas



"I like the way everyone dresses up because they're so creative. The best parts are the walking around and the candy, though."

DARIUS PALMER
JUNCTION CITY, KANSAS

Son of Sgt. 1st Class Albert Palmer, medical operations noncommissioned officer for 2nd Armored Brigade Combat Team, 1st Infantry Division

THE 1ST INFANTRY DIVISION POST

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The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil

SAFETY CORNER

Celebrate the holidays without drinking beyond your limits

By Alex Bender
GARRISON SAFETY OFFICE

We traditionally celebrate during the holidays, and it is a time more people are likely to drink beyond their limit than at other times of the year. Some will suffer adverse consequences that range from fights to falls to traffic crashes. We often put others and ourselves at risk because we don't understand how alcohol affects us during an evening of celebratory drinking.

Alcohol is not just a drink for celebration, it is a powerful non-prescription drug that can lift someone's mood — temporarily — and help with anxiety. Alcohol plays a large part in holiday celebrations. As you might suspect, the holiday season is one of the most dangerous times of the year for alcohol-related accidents and fatalities. There are several reasons for this:

The holidays are busy and stressful. Motorists are hurrying to get where they are going. Winter road conditions, talking or texting on a cell phone make driving even more dangerous. When we add alcohol to this, you have a recipe for disaster.

ALCOHOL'S EFFECTS BEGIN QUICKLY

Holiday revelers may not recognize that critical decision-making abilities and driving-related skills are diminished long before a person shows physical signs of intoxication. Initially, alcohol acts as a stimulant, and people who drink may feel upbeat and excited. But don't be fooled. Alcohol soon decreases inhibitions and judgment and can lead to reckless decisions. As we consume more alcohol, reaction time suffers and

behavior becomes poorly controlled and sometimes even aggressive — leading to fights and other types of violence.

Continued drinking causes the slurred speech and loss of balance that we typically associate with being drunk. At higher levels, alcohol acts as a depressant, which causes the drinker to become sleepy and in some cases pass out. At these levels, alcohol can also cause blackouts — which are periods of amnesia where a person does not remember what happened while he or she was intoxicated. The intoxicated person actively engages in behaviors like walking and talking, but does not create memories for these or other events that occur during the blackout. At very high levels, drinkers face the danger of life-threatening alcohol poisoning due to the suppression of vital life functions.

EVEN WHEN THE DRINKING STOPS – THE EFFECTS CONTINUE

During an evening of drinking, it's also easy to misjudge how long alcohol's effects last. For example, many people believe that they will begin to sober up — and drive safely — once they stop drinking and have a cup of coffee. The truth is that alcohol continues to affect the brain and body long after the last drink has been finished. Even after someone stops drinking, alcohol in the stomach and intestine continues to enter the bloodstream, impairing judgment and coordination for hours.

Team Riley, each one of us can do our part to minimize the potential hazards concerning holiday drinking and ensure that our holiday parties don't turn into holidays tragedies:

TIPS FOR THE HOST

- Avoid making alcohol the focus at social events. Entertain guests with music, dancing, games, food and lively conversation
- Make sure to offer plenty of nonalcoholic choices such as sparkling water, fancy juice drinks, soda and bottled drinking water
- Provide guests with foods to slow the effects of alcohol, high protein and carbohydrate foods such as cheese and meats, they stay in the stomach longer; slow the rate at which the body absorbs alcohol
- Avoid salty foods, which encourage people to drink more
- If you prepare an alcoholic punch, use a non-carbonated base such as fruit juice. Alcohol is absorbed into the bloodstream faster with a carbonated base
- Do not let guests mix their own drinks. Choose a reliable bartender, who abstains from alcohol while working
- Instruct the bartender not to serve anyone who appears to be impaired
- Do not provide alcohol to minors
- Stop serving drinks at least one hour before the end of the event. Instead, serve coffee, non-alcoholic beverages and desserts at that time
- Recruit people ahead of time who will not be drinking to help ensure that everyone has a safe ride home

TIPS FOR CELEBRATORS

- Do not feel obligated to drink alcohol. Drink an alcohol look-alike instead

- Volunteer to be the designated sober driver
- If you do drink, switch between alcoholic and non-alcoholic beverages
- Have a glass of water in between drinks
- Eat before and during drinking
- Determine not to exceed a set number of drinks in advance
- Keep track of how many drinks you have had
- Have a friend let you know when you have had enough
- Pace your drinks to one drink or less per hour
- Avoid games that challenge or cause you to drink
- Refuse a ride from someone who has been drinking
- Should any of your guests be unable to drive due to alcohol impairment, be sure to provide several alternatives, including finding a designated sober driver to give them a ride, or offer to let them spend the night

Because individuals are so different, it is difficult to give specific advice about drinking. But certain facts are clear — there's no way to speed up the brain's recovery from alcohol and no way to make good decisions when you are drinking too much, too fast.

Team Riley; do not underestimate the effects of alcohol this holiday season. If you see someone in trouble, lend a helping hand to get them home safe rather than allowing them to harm themselves or others.

For more information on holiday safety contact the U.S. Army Garrison Fort Riley Safety Office at 785-240-0647.

MILITARY FAMILY MONTH 2016

BY THE PRESIDENT OF THE UNITED STATES OF AMERICA

A PROCLAMATION

For generations, brave Americans have stepped forward and answered our country's call to serve in our Armed Forces. With honor and distinction, our Soldiers, Sailors, Airmen, Marines, and Coast Guardsmen fight to defend the principles upon which our Republic was founded so that we might live in a freer and more prosperous world. Behind these courageous Americans stand spouses, children, and parents who give up precious time with their loved ones, bearing the burden of long deployments and difficult moves, and oftentimes putting their careers on hold. During Military Family Month, we salute the families of those who proudly are a part of our Nation's unbroken chain of patriots for their unwavering devotion, and we renew our sacred vow to uphold our promise to our troops, our veterans, and their families.

Our military would not be the greatest in the world without the strength and support of the loved ones who stand alongside our men and women in uniform. While our service members are fighting to secure the values we cherish and defend our homeland, their spouses keep their households running, sometimes through multiple deployments. Spouses of those in the military are often forced to relocate across our country or around the globe, leaving behind jobs they love and sometimes struggling to find new employment. They are our fellow citizens and neighbors; in their service to their families and their country, they represent the true strength of America.

Our Nation has a solemn obligation to support and care for the members of our military and their families -- from their first day of training until they conclude their service -- and my Administration has worked to ensure we uphold this promise. Through First Lady Michelle Obama and Dr. Jill Biden's Joining Forces initiative, we have worked with both the public and private sectors to ensure service members, veterans, and their families have the tools they need to succeed throughout their lives. Over the past 5 years, we have rallied businesses to hire more than 1.2 million veterans and military spouses. Today, every single State has taken action to streamline professional licensing and credentialing processes so that military spouses can continue their work when they move across State lines without having to re-certify for a job they are already qualified for. We are also working to provide the resources military families need to start businesses and pursue an education, and we are helping teachers and schools support military children from kindergarten through college. By partnering with the private sector, we have also helped expand access to essential science, technology, engineering, and math courses so that 60,000 more military children can be college-ready and prepared for 21st-century careers.

We must always be there for our service members and their families -- just as they are there for us. Through the thickest of fights and the darkest of nights, our extraordinary military families -- our heroes on the home front -- stand alongside our patriots in uniform, and in their example we see the very best of our country's spirit. This month, let us thank them for their tremendous devotion to duty and for their unyielding sacrifice. Let us honor their resolve and patriotism and uphold our solemn responsibility to ensure the priorities of our Nation reflect the priorities of our military families.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim November 2016 as Military Family Month. I encourage all Americans to honor military families through private actions and public service for the tremendous contributions they make in support of our service members and our Nation.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-seventh day of October, in the year of our Lord two thousand sixteen, and of the Independence of the United States of America the two hundred and forty-first.

BARACK OBAMA

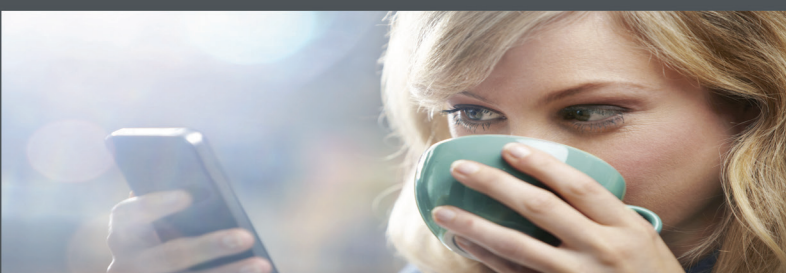
The next USAG Resilience Day Off is

NOV.
10

SAFETY HOLIDAY



As of Wednesday, Nov. 2, 117 days have passed since the last vehicular fatality at Fort Riley. One hundred and five more and the post will celebrate with a safety holiday to take place at each unit's discretion.



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Fort Riley employee named 5th Region Association of the United States Army Civilian of the Year

By Maria Childs
1ST INF. DIV. POST

On a normal day, Rick Hearron, the installation safety manager from the Garrison Safety Office, can be found sitting at his desk sorting through emails and completing administrative tasks. From this angle, Hearron is just like any other garrison employee.

The one thing that separates Hearron from his fellow employees is the awards hanging on the walls in his office. Hearron was selected and awarded as the 5th Region Association of the United States Army Civilian of the Year Oct. 5 at an awards luncheon in Washington D.C.

“I was told in early September that I would go to Washington D.C. and I would receive an award from the Undersecretary of the Army,” he said.

The civilian of the year is selected based on a combination of civilian service and military service as well as the impact the individual has had on the community. Hearron served 30 years in the Army and 13 years in civilian service.

“I was pretty shocked,” he said about receiving the award. “It was an honor to receive the award.”

But he is no stranger to being recognized for his achievements in safety across Fort Riley.

In the last year, Hearron has received the Installation Management Command Excellence in Safety Individual Award, which led him to receive the Chief of Staff and Secretary of the Army Excellence in Safety Individual Award in July.

“This has been a good year,” Hearron said. “I have a great staff and I get a lot of awards because of what they do. I guess I am just lucky I got a great staff.”

In Fiscal Year 2014, the GSO was awarded the IMCOM Exceptional Organization Award, which led to them being awarded the Chief of Staff and Secretary of the Army Exceptional Organization.

Tim Livsey, deputy garrison commander and board member for AUSA, said Hearron has created a safety conscious culture through his leadership and experience with the military. It is pervasive across the workforce as well as throughout the 1st Infantry Division and community partners.

“He thinks not just about the employees, but he thinks about spouses with deployed



COURTESY PHOTO

LEFT TO RIGHT: The Undersecretary of the Army Patrick J. Murphy, Rick Hearron, Fort Riley safety manager; Doug Stuart, Region 5 Association of the United States Army president; Phil Mattox, president of the Fort Riley chapter of AUSA; and retired Lt. Gen. Swan, vice president of AUSA, take a photo at the Oct. 5 at an awards luncheon in Washington D.C. Hearron was recognized as the 5th Region AUSA Civilian of the Year during the luncheon.

Soldiers, he’s getting at teenagers both on and off post,” Livsey said. “This is all about the Rick Hearron culture. He thinks holistically about programs and their impact.”

Hearron’s team at the GSO has asked the lowest level supervisors within each directorate to talk about safety with their workers on a

constant basis. Hearron’s team educates supervisors about how to keep their workers and environment safe.

Hearron is not only involved on the installation. He also gives back to the community as a member of the Sunflower Chapter of the E-9 Association in Junction City, Kansas.

ACADEMY Continued from page 1

properly, which is something I’ve never done before, so it was pretty good.”

The course took advantage of the knowledge and experience of CBRN experts from the 1st ABCT, 1st Cavalry Division, prior to handing over responsibility for the rotational mission in Korea.

“This is us communicating our lessons learned and hopefully they can take the headway that we’ve made and the level of training that we’ve brought our leaders up to and they can continue to build on that and excel,” said Capt. Katherine Snider, the CBRN officer in charge for 1st ABCT, 1st Cav. Div.

The course started with classroom instruction that included a country-specific threat brief, followed by hands-on training that culminated in a practical exercise where students donned protective masks and clothing and used chemical detection equipment in a range of scenarios.

“They showed us some new tools and how they work,” said 1st Lt. Devon Miller, a platoon leader with 1st Battalion, 16th

Infantry Regiment, 1st ABCT, 1st Inf. Div. “They made it focus on our job set. We’re going to be going in and we need to know how to identify what chemicals we’re dealing with, to kit up if we get hit, how to continue to fight and when we’re done, how to (decontaminate).”

For the Soldiers stationed in Korea, understanding counter weapons of mass destruction, or CWMD, operations is critical to their mission on the peninsula.

“We’re in an area where chemical usage has a higher perceived likelihood of happening,” said Capt. Isaac Turner, the CBRN officer in charge for 1st ABCT. “Now people are actively paying attention, and when they have a question, they’re asking it rather than just staying quiet and checking the block to be done with training.”

Now that the leaders have been trained, they can take what they have learned back to their units and train their Soldiers on how to properly identify and report CBRN incidents.

DEPLOYMENT Continued from page 1

Gen. Patrick Frank, the 1st Inf. Div. deputy commanding general.

In preparation for their Korean deployment, the Soldiers of the 1st ABCT underwent months of training that included various home-station exercises followed by a rigorous month-long rotation to the National Training Center at Fort Irwin, California.

Their training “at NTC was nothing short of incredible,” Hayden said. “I think the attitude of all Soldiers was

really the most impressive thing to watch as they got better every day, as they mastered their craft and then how to improve their ability to contribute to the greater team to be successful on the modern battlefield.”

While in Korea, the brigade’s Soldiers will continue to train alongside their Korean allies in order to maintain a constant state of readiness should they be called upon to carry out any mission handed down to them.

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SUICIDE PREVENTION

THE POWER OF 1

SUCCESS

Continued from page 1

Aceves’ education. At times, she would miss whole school years during her time in Mexico, though she used the time she was in school wisely.

“I missed a lot of education growing up,” she said. “But fortunately I was able to pass all my tests when I was in high school and I graduated high school.”

Graduating high school was the first step in completing her goals of being able to provide a better life for her family, a goal she had since fifth grade when she first meet an Army recruiter during career day.

Aceves explained that after meeting the recruiter, she exclaimed “Oh, my gosh, I’m going to join the Army and I’m going to have money and my family will never have to move to Mexico again.”

Upon graduating high school, she did just that.

To date, Aceves has been in the Army a little more than 20 years and has held every leadership position from squad leader to her current one as the first sergeant for Headquarters and Headquarters Company, 1st Armored Brigade Combat Team, 1st Infantry Division, based at Fort Riley, Kansas.

“I love the Army,” she said. “The Army has taken care of me.”

Aceves first enlisted as a generator mechanic where she said she is proud she was able to spend the first five years of her career doing the job she was trained for.

“That’s something a lot of generator mechanics can’t say because they go to a new unit and they’re automatically cross trained to do other stuff without working on generators,” Aceves said.

Since then, Aceves has served in various positions within the units she served in, but one job holds the most importance for her.

“Being an (advanced individual training) platoon sergeant, that’s one of the most important things I’ve done,” she said. “I was able to impact Soldiers firsthand, take care of them and groom them for the next step before they hit permanent party (their first duty station after the completion of training).”

During her time as an AIT platoon sergeant, Aceves would



Staff Sgt. Warren W. Wright Jr. | 1ST ABCT
First Sgt. Gina Aceves, senior enlisted leader of Headquarters and Headquarters Company, 1st Armored Brigade Combat Team, 1st Infantry Division, leads an accountability formation prior to the start of physical readiness training Oct. 12 in Camp Casey, South Korea. Aceves joined the Army more than 20 years ago after living in financial hardship most of her life in order to provide a better life for her family.

regularly compete in various Army competitions which led to her being named AIT Platoon Sergeant of the Year and a runner up for the Combined Arms Support Command Ultimate Warrior Competition.

Now, as a first sergeant, she is responsible for the health, welfare, training, morale and professional development of 200 Soldiers assigned to the 1st ABCT’s headquarters company.

“You know that you can go to her and she’s going to get things done, especially if it’s an issue that’s affecting her Soldiers,” said Sgt. Hijinio Gonzalez, the company’s primary armorer. “She cares about her Soldiers. Her first priority at the beginning of the day and at the end of the day is making sure that we’re taken care of. I’ve never seen anyone go through the lengths that she has for us.”

Another one of Aceves’ Soldiers, Sgt. Angiselis Feliciano-Martell, said the first sergeant is a role model for her.

“We’re both Hispanic, so we understand each other very well,” Feliciano-Martell said. “She looks out for everyone’s well-being. She genuinely cares.”

Both Aceves and Feliciano-Martell feel it’s important to understand that all Soldiers come from different backgrounds and everyone should take the time to learn

about all the various Soldiers that make up the Army.

“It’s important because no matter what culture and no matter what race, we celebrate it to learn from one another, where everyone comes from and their backgrounds,” Aceves said. “At the end of the day, we have to remember that we are one Army and everyone is my brothers and sisters in arms.”

Feliciano-Martell feels that understanding the differences in heritage and background among the Soldiers she works with helps her to learn from the experiences of others.

“I think it’s amazing that we all come from different places,” she said. “It’s good for overall awareness; to know where your Soldiers came from and to better understand them.”

Regardless of their background, it’s Aceves goal to take care of all Soldiers and to ensure the Army’s future leaders become successful.

“I always want to instill that leadership portion to NCOs and Soldiers,” she said. “I want to make sure I always make a positive impact on someone.”

Even with 20 years of service under her belt, Aceves isn’t finished making a difference in the Army.

“I see myself staying in the Army and becoming a command sergeant major,” Aceves said.

REMEMBER

Continued from page 1

contemplation. Five stations with different themes and topics were set up in the garden with distance between each one to offer privacy between the stations. Guests could visit the stations in any order they desired and stay at the station or within the garden for as long as they liked.

Themes are the stations included writing letters to loved ones who have passed, releasing regrets and candle lighting, he said.

The five stations were the waterfall, labyrinth, pool, semi-circle and candles. At the waterfall, guests could write a note to their child or children and pin it onto a quilt. Afterwards, the quilt will be displayed within the IACH chapel.

Guests selected a rock and wrote the name of their child on it. The rock represented something firm, solid and stable for them to draw strength from, said Susie Mosier, nurse manager of the OBGYN clinic. Afterwards, the rock could accompany them home or be placed within a cradle along-

side dozens of other rocks with the names written upon them.

The pool allowed guests to write anything they are holding onto and need to release onto a piece of dissolvable paper, which they could then dissolve within a bowl of water to help them rid themselves of those thoughts or feelings.

Within the semi-circle, guests could add their fingerprint to a painting of a dandelion to represent their child or children.

At the candles station, guests could select a paper lantern and light the candle within it, as well as ring a bell in remembrance of their child.

“The use of candles or other light has helped many over the centuries to invite memories of loved ones to their minds and symbolizes the hope that their future paths will always be well lit,” said Chaplain (Capt.) Christopher Mohr, 2nd Armored Brigade Combat Team, 1st Infantry Division.

Multiple non-profit organizations were represented to offer their services and assis-

tance to the guests who needed them, as well as provide information.

Eden Briscoe, founder of Christopher’s Crusaders, helped plan and arrange the stations in the Memorial Garden and was in attendance providing information about her organization, Delivering Change in Junction City, Kansas, and the Sudden, Unexplained Death in Childhood foundation. Briscoe said she started her organization after the unexpected death of her 15-month-old son on Easter day 2015.

“This is a day where families who have lost children can recognize their loss all over the world,” she said.

For everyone in attendance, Wingo said he hoped they were able to find solace and comfort in the activities available to them.

“Grief is a funny thing and with each one’s grief, we just want them to take away whatever they want from this. We hope this helps them through that process. We’re not here to tell them what to feel or how to feel.”



Season Osterfeld | POST
Rocks rest on a table for guests to write the name of a lost loved one upon in recognition of International Pregnancy and Infant Loss day during Remembrance Day Oct. 26 in the Irwin Army Community Hospital Memorial Garden. After writing a name upon them, the guest can keep the rock as a reminder for themselves or add it to a cradle that rests in the IACH chapel.





Season Osterfeld | POST

A resident of on-post housing talks with a trick or treater as she holds out her bucket for candy and her mother smiles Oct. 31 in the Warner Peterson neighborhood. Residents of on post housing turned on their porch lights and welcomed trick-or-treaters with bowls of candy and small toys for Halloween. Trick-or-treating in the housing neighborhoods ran from 6 to 8 p.m. with many homes decorated in orange lights and plenty of jack-o'-lanterns. More photos from Halloween festivities can be found on page 14.

Treat Yourself

Fort Riley organizations, services fill families with Halloween spirit throughout installation

Military Police Soldiers deliver frights and fun with haunted house

Story and photos by Maria Childs
1ST INF. DIV. POST



“Are you tough,” asked Cpl. Corey Drennan, Headquarters and Headquarters Detachment, 97th Military Police Battalion. He asked the question of each child before they entered the haunted house hosted by Soldiers of the battalion Oct. 21 at the battalion’s headquarters building, 8037 Apennines Drive. Drennan led children and families members of 97th MP Soldiers through the haunted house with a military police shield to protect them from the many creatures inside.

Meanwhile, a trunk or treat and haunted hayride were happening in the parking lot and field surrounding the building.

Command Sgt. Maj. Billy Counts II, 97th MP Bn., wandered around the festivities wearing his skeleton horse costume. He said the intention of the event is to have fun with the Soldiers and their families.

“We ask a lot of our Soldiers and we keep them away from their families a lot to support the mission, so anything we can do to give back to them, bring them in and make them feel like part of the family, we look forward to it,” he said.

This is the second year the battalion has hosted this event.

“When the family feels like they are part of the team, they understand when we draw their Soldiers away it is for a good reason,” Counts said.

See HAUNTED, page 14



Maria Childs | POST

ABOVE: Soldiers of the 97th Military Police Battalion hosted a Halloween bash for Soldiers and family members of the battalion Oct. 21 at the battalion’s headquarters building, 8037 Apennines Drive. Soldiers and families went through the haunted house with a military police shield to protect them from the many creatures inside while a trunk or treat and haunted hayride were happening in the parking lot and field surrounding the building. **BOTTOM INSET:** Carter Burch, son of Pvt. Mathew Burch, 300th Military Police Company, 97th MP Battalion, trick-or-treats at the Halloween Bash hosted by leadership of the 97th MP Bn.



Chris Cannon | POST



Maria Childs | POST

ABOVE: Sgt. Takita Lawery, 2nd Armored Brigade Combat Team, 1st Infantry Division, and her daughter, Saniya, visit Austin Azevedo, of Junction City, Kansas, at the trunk or treat Oct. 31 in the Commissary parking lot hosted by Soldiers of the Better Opportunities for Single Soldiers. **TOP INSET:** Cole Martin, 3, son of Spc. Todd Martin, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, trick-or-treats at the same event.



Chris Cannon | POST

ABOVE: Harlow Stewart, daughter of Spc. Jacob Stewart, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, dressed as Edward Scissorhands, won first place in the Post Exchange Costume Contest and Trick or Treat Oct. 31. **LEFT:** Children played Halloween Bingo after playing the bean bag toss or watching the Halloween movie as a part of the library’s Halloween party Oct. 29.

FORT RILEY POST-ITS

FEDERAL HEALTH BENEFITS FAIR

Representatives will be at the Civilian Personnel Advisory Center classroom, 319 Marshall Ave., Nov. 9 from 9 a.m. to 3 p.m. Information will be available for civilian employees for benefit choices during the open season from Nov. 14 to Dec. 12.

Occupational health will be on-site to provide free flu shots.

THREAT AWARENESS AND REPORTING PROGRAM TRAINING

All Department of the Army personnel must receive TARP training annually and within 30 days of assignment or employment at Fort Riley. Personnel must attend a live training session rather than the online training, unless deployed to locations where live training is not possible.

Training will be held at Barlow Theater at 10 a.m. on the following dates: Nov. 9 and Dec. 7.

For more information contact Shawn Formanek, counterintelligence agent, Fort Riley Field Office.

GOBBLE WOBBLE FUN RUN

Take the gobble challenge and gobble till you wobble. The event will be held Nov. 12 starting at 12:30 p.m. from Riley's Conference Center. Devour a Thanksgiving meal on the go. Over the course of the 2-mile run, you'll stop for turkey, stuffing, mashed potatoes and gravy, dinner rolls and pumpkin pie.

Run will not be timed. Strollers are welcome and no pets are allowed. Bring a non-perishable item for local food banks to enter the prize drawing.

The run is open to the public. Advance registration is \$5 and can be purchases online at riley.armymwr.com. Day-of registration is \$7 and begins at 11:30 a.m.. Children five and under are free.



MILITARY FAMILY MONTH FAMILY ART EXTRAVAGANZA

Staff at Morale, Welfare and Recreation will host a family art day at Riley's Conference Center Nov. 13 from 1 to 3:30 p.m.

The event will include instructor-led painting, free-form painting and fun crafting activities.

The event is free for the first 150 registered military family members. Advance registration is required.

For more information or to register, call 785-239-9435.

NATIONAL AMERICAN INDIAN HERITAGE MONTH OBSERVANCE

The observance will be held at Riley's Conference Center Nov. 16 from 11:45 a.m. to 12:45 p.m.

There will be performances by the Royal Valley Native American Singers and Dancers and the 1st Infantry Division Band, a Native American exhibition and ethnic food sampling.

CUSTER HILL TURKEY BOWLING

The bowling center staff will host turkey bowling Nov. 13 to 19 from 5 p.m. to close. Bowl three strikes in a row and win a free turkey for Thanksgiving. Limit one turkey prize per family. Cost is \$2.75 per game and shoe rental is \$2.50.

RECREATION AREA CLOSURE NOTIFICATION

All recreation users of Fort Riley should take note that Maneuver Areas A, B, D, E, H, K, L, M, O and P are scheduled to be closed to all recreational activities and access Nov. 14 to 22 and Nov. 28 to Dec. 9 due to military training occurring there during those periods. The dates they are closed have the potential to be extended as well. No recreational access will be granted to the closed areas and violators will be prosecuted.

On any days during those periods that Maneuver Areas C, F, and I are open, those areas will only be accessible by walk-in traffic from adjacent county roads.

FORT RILEY SPOUSES CLUB TREE AND WREATH AUCTION

Club members will host a tree and wreath auction during a luncheon at Riley's Conference Center Nov. 16 from 10:30 a.m. to 1 p.m.

The event is open to all Department of Defense identification card holders and is \$15 for members and \$20 for guest. The money raised will benefit the club's 2016 to 2017 community outreach.

In addition to silent and live auctions, there will be vendors, door prizes and drawings. The first 75 attendees will receive a swag bag.

GERMAN AMERICAN MEMORIAL WREATH LAYING CEREMONY

The ceremony will take place at the Fort Riley Post Cemetery on Nov. 17 starting at 11 a.m. This annual memorial wreath laying is held to honor the German and Italian prisoners of war buried at the cemetery.

HIRING AND EDUCATION FAIR

Education Services and the Army Community Service Employment Readiness Program staff will host a hiring and education fair Nov. 17 from 10 a.m. to 3 p.m. at Riley's Conference Center, 446 Seitz Drive, Fort Riley.

The fair will feature schools from around the United State, regional and national employers, Child and Youth Services, Veterans Affairs, KansasWorks, education counselors, financial aid advisors, transition for life counselors and more.

The even is open to all Soldiers, family members, Department of Defense identification cardholders, veterans, retirees and community members.

For more information contact Education Services at 785-239-6481 or ACS Employment Readiness Program at 785-239-9435.



NOW SHOWING AT BARLOW MOVIE THEATER

Friday, Nov. 4

The Girl on the Train (R) 7 p.m.

Saturday, Nov. 5

Queen of Katwe (PG) 2 p.m.

Deepwater Horizon (PG-13) 7 p.m.

Sunday, Nov. 6

The Magnificent Seven (PG-13) 5 p.m.

SPECIAL ADVANCED SCREENING OF 'FANTASTIC BEAST AND WHERE TO FIND THEM'

You are invited to a free screening of the movie at Barlow Theater Nov. 12 at 2 p.m. Tickets are available in advance at both Fort Riley Exchange Food Courts.

This is a PG-13 adventure that returns to the wizarding world created by J.K. Rowling.

The screening is in advance of the release to the public on Nov. 18. Be sure to come out and support these advance screenings so the Exchange can be able to continue these events.

AMERICAN LEGION TURKEY RUN

Members of the American Legion will host the annual American Legion Turkey Run at the clamshell, 675 Warrior Road, Nov. 19 from 1 p.m. to 2 p.m.

Families of deployed Soldiers are invited to receive a free turkey and all the fixings for Thanksgiving dinner.

Registration must be completed by Nov. 10. Contact Army Community Service at 785-239-9435.

LIBRARY TURKEY PARTY

Staff at the Fort Riley Library will host a Turkey Party, Nov. 19 from 1 to 3 p.m.

There will be a presentation by the Milford Nature Center from 1 to 2 p.m. and snacks and turkey crafts from 2 to 3 p.m.

The event is free and open to all library patrons. For more information call 785-239-5305.

TURKEY BOWL FLAG FOOTBALL TOURNAMENT

Staff from Morale, Welfare and Recreation will hold a single elimination flag football tournament at Long Fitness Center Nov. 23 starting at 9 a.m. The competition is open to company-level teams of active duty Soldiers with a maximum of 10 teams consisting of 18 players per team. This event qualifies teams for Commander's Cup points.

The cost is \$50 per team and registration ends Nov. 21. For more information call 785-239-2813.

DEMOLITION OF HOMES IN WARNER PETERSON NEIGHBORHOOD

Corvias staff has received approval to move forward with demolition for some homes in the Warner Peterson neighborhood. The demolition is expected to begin in January for 160 of the 253 homes.

COMMUNITY CORNER

Operation Santa Claus cause worth support

By Col. John D. Lawrence
FORT RILEY GARRISON COMMANDER

Operation Santa Claus, now in its 32nd year, is officially underway and it's a great opportunity for the Flint Hills Region to help Santa in providing some holiday cheer to Fort Riley families. The program is led by the Association of the United States Army and is designed to assist families who may be facing tough financial times this year.

Donations from individuals and groups in our community can provide toys and gift cards for Soldiers' children ages up to 18 as long as they are enrolled in school. You'll see toy donation boxes all around post and in surrounding communities. But toys and money aren't the only way you can help; volunteers are also

needed, especially to wrap and distribute toys. If you're thinking about where to put your resources this holiday season, consider Operation Santa Claus — the success of the program depends on the generosity of people like you.

For more information or to get the registration form, visit Operation Santa Claus on Facebook



Colonel Lawrence

at www.facebook.com/Opsantafortrileyks and send them a message, stop by Santa's Workshop at 261 Stuart Ave. or call 785-239-2771.

Let's work together to make sure all our Fort Riley families have a joyful holiday season.

— *To comment on this article or to suggest a topic for Community Corner, visit my Facebook page at www.facebook.com/fortrileygc.*

Donate or help with Operation Santa Claus

Effort a way to assist Soldiers and families during hoildays

Story by Season Osterfeld
1ST INF. DIV. POST

With the ribbon cut on Santa's Workshop, Operation Santa Claus is underway for another holiday season.

Operation Santa Claus is a program designed to assist Soldiers of all ranks and all services, whether active duty or reserve, and their families who are unable to provide their children with gifts for the holidays. The program provides families in need with two gifts per child. It is operated by personnel from across the garrison, both Soldiers and civilians.

"Operation Santa Claus has helped military families for the last 32 years with toys for children, even if they're deployed," said Master Sgt. Michael Ewing, head elf for Operation Santa Claus and operations noncommissioned officer, Directorate of Plans, Training, Mobilization and Security.

Toy and money donation bins can be found across Fort Riley in areas such as the Commissary, Irwin Army Community Hospital and the Post Exchange. Drop boxes are also available in the surrounding Kansas

TOY DROP BOXES	
Location	Address
1CAB	Building 804 Marshall Air Field
CANDLEWOOD SUITES (FRKS)	6956 Jackson Ave., FT RILEY
WALGREENS	325 Bluemont Ave, Manhattan, Kansas
CORVIAS HOUSING (FRKS)	2460 G ST SUIT A, Fort Riley
MAIN PX (FRKS)	2210 Trooper Dr, Fort Riley
CHAMBERS OF COMMERCE (MHT)	501 Poyntz Ave, Manhattan, Kansas
WAL-MART (JC)	521 E. Chestnut St., Junction City, Kansas
WALMART SALINA	2900 S 9th St, Salina, Kansas
DIVISION	Bldg 580 1st Division Rd, Fort Riley
CHAMBER OF COMMERCE (JC)	222 W 6TH ST, Junction City, Kansas
RILEY CONFERENCE CENTER	446 Seitz Dr, Fort Riley
IACH	600 Caisson Hill Rd, Fort Riley
WALMART SALINA	2900 S 9th St, Salina, Kansas
FARLEY HEALTH CLINIC	8072 Normandy Dr, Fort Riley
ARMED FORCES BANK	5303 Normandy Dr. Fort Riley
WAL-MART (JC)	521 E. Chestnut St., Junction City, Kansas
WAL-MART (MANHATTAN)	101 Bluemont Ave., Manhattan, Kansas
MANHT TOWN HALL	100 Manhattan Town CTR, Manhattan
MONEY DROP BOXES	
MERITRUST CREDIT UNION	343 E Chestnut St, Junction City
CHAMBER OF COMMERCE (Sal)	120 W Ash St, Salina, KS 67401

cities, including Manhattan, Junction City and Salina. Locations for the drop boxes in those cities include Wal-Mart, the Chamber of Commerce and local credit unions.

"At big locations we drop toy collection boxes and small locations we have money donation boxes," said Sgt. 1st Class Jorge Medina, elf for Operation Santa Claus and Soldier in 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division.

Civilians and Soldiers alike can donate to Operation Santa Claus. The elves of Operation Santa Claus encourage members of the surrounding communities to donate to the

program as a way of helping a military family during the holiday season and showing their appreciation for their service.

"It's a way to help Soldiers and their families during the holidays," Medina said. "It's a way to support and appreciate Soldiers who fight for this nation and a way to say thank you to them."

For those looking to volunteer, the elves are looking for assistance with gift wrapping at Santa's Workshop.

"The doors open for any of the spouses to come through and do gift wrap," Ewing said. "They come through and do a lot of gift wrapping (in years past)."



FILE PHOTO

Toys donated by the community sit on the shelf at last year's Operation Santa Claus waiting to go to children of Fort Riley Soldiers.

DID YOU KNOW?

• Civilians and Soldiers alike can donate to Operation Santa Claus.

Children up to age 18 may be registered to receive gifts from the program. For 18-year-olds, they are required to still be enrolled in high school to be registered by their parents.

For more information or to get the registration form, visit Operation Santa Claus on Facebook at www.facebook.com/Opsantafortrileyks and send them a message, stop by Santa's Workshop at 261 Stuart Ave. or call 785-239-2771.

Corvias Foundation Scholarships available for family members

Applications available to children, spouses at 13 Army and Air Force installations

CORVIAS

Corvias Foundation, a private, charitable foundation and the charitable arm of Corvias, announced today that applications for 2017 educational scholarships are now available. The Foundation is committed to supporting military families in the pursuit of higher education and has awarded more than \$6.5 million in scholarships to children and spouses of active-duty service members since 2006. Each year the Foundation awards 10 scholarships up to \$50,000 to high school seniors and 20 \$5,000 scholarships to military spouses.

"For more than a decade, Corvias Foundation has been inspired by the ambition and compassion exhibited by each scholar we've come in contact with," said Maria Montalvo, Executive Director of Corvias Foundation. "Each year we are excited to welcome new members to the Foundation family and appreciate the opportunity to be a part of their journey by doing whatever we can to provide a strong support network in addition to funds to help the recipients achieve their dreams."

Applications for the scholarships for high school seniors must be submitted by Feb. 9, 2017. These scholarships will be awarded to students with plans to attend a four-year university or college. These scholarships are awarded in the amount up to \$50,000 per person. They are available to children of active-duty service members stationed at Forts Meade, Bragg, Polk, Rucker, Riley, and Sill; Aberdeen Proving Ground, Edwards Air Force Base, Eglin Air Force Base, Eielson Air Force Base, Hurlburt Field, McConnell Air Force Base and Seymour Johnson Air Force Base. Ten applicants will be selected to receive a scholarship.

All scholarship applicants will be notified of their award status by the end of April.

Applications for the scholarships for spouses must be submitted by May 4, 2017. These \$5,000 scholarships are awarded to spouses of active-duty service members stationed at the military installations listed above. Applicants may be in any stage of their educational process. Corvias Foundation will select 20 recipients and all applicants will be notified of their award status by the end of July.

"At the time I received it, the Corvias scholarship made a tremendous impact in my life. That scholarship enabled me to double-down on my studies and engage in activities that allowed me to develop strong leadership skills and experiences," said 2007 recipient, Anne Case-Halferty, a spouse from Fort Polk. "In turn, I was able to earn the grades and skills I needed that would enable me, so many years later, to gain acceptance into law school and finally pursue that dream. I will never forget the generosity of the Corvias Foundation and the significant impact it made on my life, an impact that continues so many years later."

Families do not have to reside in on-post/base housing to be eligible for scholarships. Eligible service members stationed at the 13 Army and Air Force installations mentioned above can serve in any branch of the military.

Scholarship applications and all supporting documents must be submitted by the due date in order to be considered. Selected recipients may begin using their scholarship funds in the fall of 2017.

Applications are available now at corviasfoundation.org. Please contact info@corviasfoundation.org or 401-228-2836 with any questions about eligibility or the application process.

TUESDAY TRIVIA CONTEST

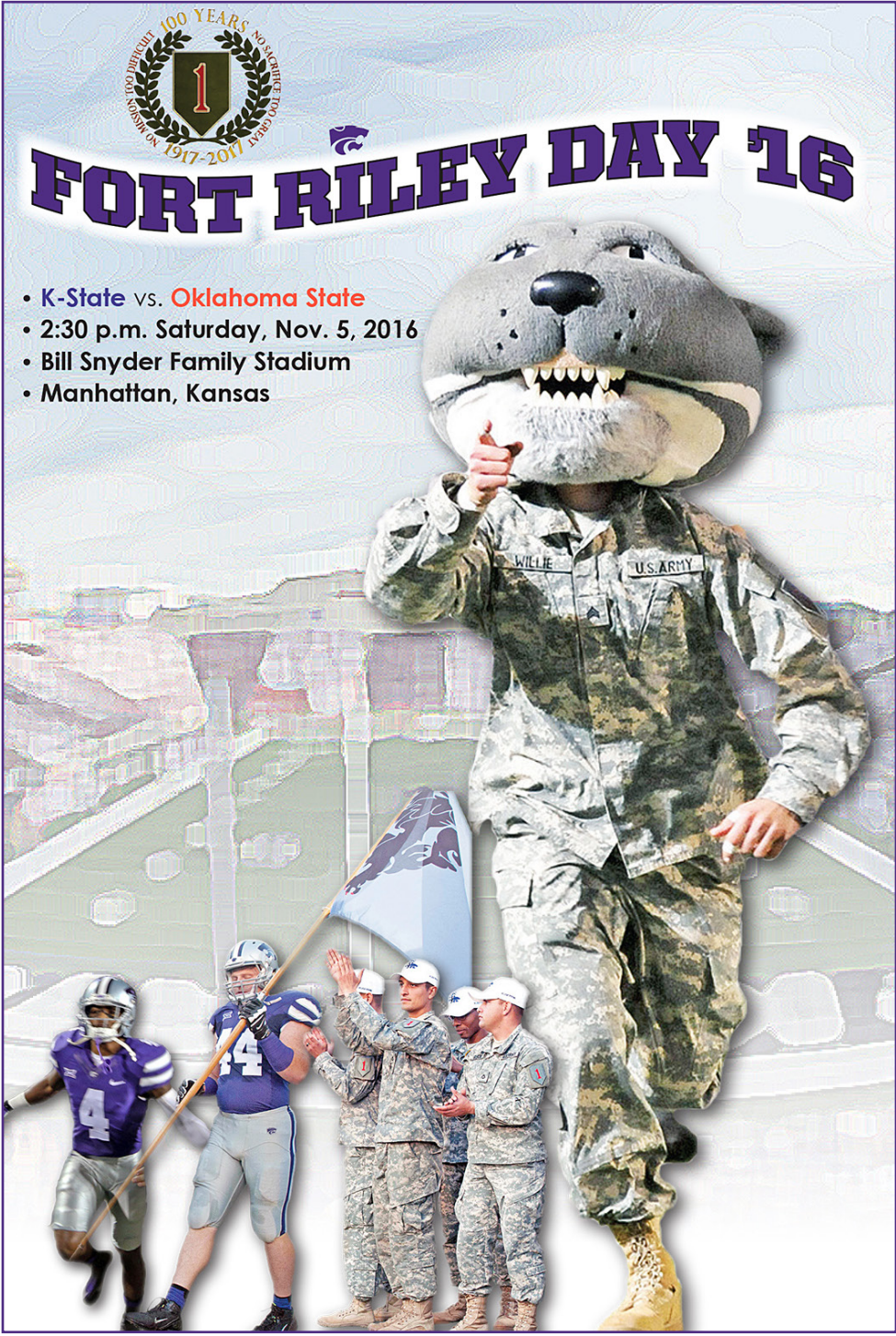


The question for the week was: “Who is presenting at the Nov. 16 Equal Opportunity observance for National American Indian Heritage Month?”

Answer: go to www.riley.army.mil/About-Us/Calendar/ModuleID/634/ItemID/341/mct/EventDetails/

This week's winner is Jenny Gumbert. Her spouse is Sgt. Gary Gumbert, Company B, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division.

CONGRATULATIONS, JENNY!



WWW.RILEY.ARMY.MIL

Sports & Recreation

Youth on the Hunt



Participants of the youth pheasant hunt pose with the eight pheasants they harvested Oct. 29 at Milford Lake, Kansas. From left to right, they are: Dallas Clark of Valley Falls, Kansas, Donovan Howard, son of Staff Sgt. Matt Howard, 299th Brigade Support Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division; Nathan Buckland, son of Preston Buckland, a Department of Defense civilian with Corvias Military Living; Grayson Garner, son of Lt. Col. Matthew Garner, 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div; Zach Ferris, son of Marjaul Ferris, a Department of Defense civilian and Zack Fewin, son of Andy Fewin, the hunter’s education instructor at Chapman Middle School and an assistant instructor for the Youth Pheasant Hunt.



Mike Johnson, the Range Safety Officer and senior instructor, explains the proper way to carry the rifle when carrying it in the field Oct. 29 at the Youth Pheasant Hunt at Milford Lake, Kansas. Johnson showed the students how to prop the rifle on their hip, so when it comes time to aim and fire, they can do so quickly.

Boys, girls learn about sport during hunt

Story and photos by Chris Cannon
1ST INF. DIV. POST

Fifteen boys and girls took part in the Youth Pheasant Hunt Oct. 29 sponsored by the Fort Riley Outdoorsmen Group and Sportsman’s Acres at Milford Lake. Of these, seven successfully harvested eight pheasants. The young hunters were accompanied by retired Maj. Gen. Perry Wiggins, FROG volunteer, retired Command Sgt. Major Jim Champagne, FROG executive board member, and Mike Johnson, representative from Sportsman’s Acres along with Vic, a Brittany Spaniel bird dog, in the adjoining reservoir property rented for the event. Youth from across Kansas, including Wichita, Chapman, Junction City and the Kansas City area, participated.

This is the second year for the co-sponsored hunt, which was organized by Johnson and Champagne as a way of getting the Fort Riley and Junction City, Kansas, hunting communities involved with each other. The emphasis in the sport of hunting is to make sure hunters are ethical in their animal harvests.

The event began with a hunter’s safety briefing in the classroom, given by Johnson. The hunters participated in an hour of skeet shooting to help them become comfortable with their rifles. For many of the participants, the event was the first time they had been on a pheasant hunt, but not the first time they had been hunting. During his safety briefing to the participants, Johnson informed the group about Parks and Wildlife regulations in regards to hunting.

The group was split into three groups of five, and each participant was given a chance to harvest two of the pen-raised pheasants used in the hunt. The students were guided by Champagne and Vic into the fields above the Milford flood plain where Johnson and Wiggins released the pheasants into the field.

“The pheasants are completely covered in their pens,” said Mike Williams, Johnson’s son-in-law.

The purpose of covering the pheasants’ cages is to prevent them from being exposed to humans and prevent their escape during the time they mature. Participants were also taught how to strip and clean the pheasant before the event was over.

Vic is a specially trained bird dog and, according to Charlie Bogen, for a range safety officer, it is common practice to use bird dogs for hunting because they allow for a quick recovery of the animal after it has been shot. When hunters are out in the field, it is necessary to recover the animal because if it is left out in the field, the game warden will ticket the hunter. Bogen says the most important part of using a bird-dog is not what breed it is, but that the dog is trained from a puppy to track game. The breeds of dog most commonly used for bird hunting are German Shorthaired Pointer and Brittany Spaniels; however, any breed of dog can be used, so long as it receives the proper training.

Of the 15 participants in this year’s hunt, only seven were successful in harvesting pheasants. Those seven youth are Grayson Garner, son of Lt. Col. Matthew Garner, 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div.; Dallas Clark of Valley Falls; Zack Fewin, son of Andy Fewin, the hunter’s education instructor at Chapman Middle School and an assistant instructor for the Youth Pheasant Hunt; Zach Ferris, son of Marjaul Ferris, a Department of Defense civilian; Nathan Buckland, son of Preston Buckland, an employee with Corvias housing; and Donovan Howard, son of Staff Sgt. Matt Howard, 299th Brigade Support Battalion, 2nd ABCT, 1st Inf. Div.

Each participant entered a raffle for a Remington shotgun. The winner of the raffle was Henry Ikena, son of Lt. Col. Richard Ikena, 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division

The Fort Riley Outdoorsmen Group promotes hunting, fishing and outdoor recreation on Fort Riley for more information visit their Facebook page www.facebook.com/FROutdoorsmenGroup or email them at fortrileyoutdoorsmengroup@yahoo.com

Fort Riley Soldier wins Marine Corps Marathon with wide margin

Story and photo by David Vergun
ARMY NEWS SERVICE

WASHINGTON — Army Spc. Samuel Kosgei won the 41st Marine Corps Marathon Oct. 30 with a time of 2 hours, 23 minutes and 53 seconds. Desta Beriso Morkama came in second at 2:24:29, followed by Oscar Caron Santos at 2:25:03.

Perry Shoemaker of Vienna, Virginia, was the first female to cross the finish at 2:51:48, and Marine Corps Capt. Geophery Mills of Nokesville, Virginia, won the 10K portion of the event with a time of 38:01. Arkadiusz Skrzypinski of Poland, won the hand crank event with a time of 1:17:18.

KOSGEI STRATEGY PAYS

The 26.2-mile route for this year’s race began at the Pentagon, wound through Arlington, Virginia, and the District of Columbia and ended near the Marine Corps War Memorial in Arlington, beside Arlington National Cemetery. Kosgei said preparation for the race included high-altitude training in Colorado Springs, Colorado.

After the race, Kosgei, who won the 2014 Marine Corps Marathon as well, said in his training for the marathon, he never ran more than eight to 10 miles at a time. He was nonetheless unsurprised by his win because he had visualized how he would compete and stuck to his plan.

“I wasn’t focused on a record-breaking time,” he said. “I was focused just on winning and winning big for the Army.”

Kosgei said he ran at a “leisurely pace,” not expending much energy, for the first 10 or so miles. For much of the race he stayed well behind the pack, but at about the 10-mile mark, he said, he “kicked into gear,” but not overly so, slowly passing runners one by one, while still conserving energy.

Somewhere around the 16-mile mark, he said runners began to pass him. At that point, he was nowhere in sight of the many in the lead, but that didn’t concern him because he was sticking to his low-energy strategy, maintaining his pace and biding his time.

A few miles or so later, he said he began to quickly pass those who had passed him earlier. The last several miles he ran elbow-to-elbow with Morkama, who hails from Ethiopia.

The final stretch of the marathon took runners up a steep hill that ran for about a quarter of a mile. Kosgei said his strategy left him with enough energy in his reserves to take the hill. When he reached the top, near the memorial, he cut through the finish tape held by two Marines, one of them Marine Corps Commandant Gen. Robert B. Neller.

In July, Kosgei had sustained an injury to his right leg that cast some doubt on whether he would be able to compete in this race. Despite the injury, he said his leg cramped not once. In fact, he said he was comfortable throughout the race.

Kosgei said even after completing the marathon, he had energy to spare.

Kosgei, 32, from Junction City, Kansas, is a medic in the Army and is originally from Kenya.

Soldiers have won the Marine Corps Marathon four times over the last five years. Augustus Maiyo won the 2012 Marathon and Trevor Lafontaine the 2015. This is the



Spc. Samuel Kosgei crosses the finish at the 41st Marine Corps Marathon Oct. 30, with a time of 2 hours, 23 minutes and 53 seconds, which places him number one.

second of Kosgei’s wins. The first was in 2014.

DOG WEIGHS IN

Chesty XIV, the Marine Corps’ bulldog mascot, also made a showing at the race, running after dog bits tossed by handler Marine Corps Cpl. Darren White.

“He only runs for food,” White said, adding that Chesty XIV also performs tricks like paw shakes and rolling over, as long as food is involved.

White said he’s aware of the “awesome responsibility” of caring for Chesty XIV and bringing him to major Marine Corps events like the marathon.

Chesty XIV is named for perhaps the most famous leatherneck in the Corps’ illustrious history: Lt. Gen. Lewis B. “Chesty” Puller Jr. Puller fought gallantly in Haiti, Nicaragua, World War II and Korea, collecting five Navy Crosses in the process, as well as a Distinguished Service Cross, which the Army bestowed on him.

There have been 13 bulldogs named Chesty prior to Chesty XIV.

SPOOKTACTULAR DANCING WORKOUT

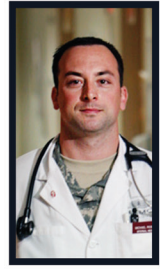


Season Osterfeld | POST

ABOVE AND BELOW: Costumed participants dance to Halloween themed music during the Halloween Zumba Marathon Oct. 29 at Whitside Fitness Center. The free event encouraged parents and children to dress up and dance along with seven instructors for two hours of Zumba fitness. Music for the class included songs like “Thriller” by Michael Jackson and the “Ghostbusters” theme song. With the music blasting and many people dancing, players on the neighboring basketball court came over to investigate and joined in on the fun.



Irwin Army Community Hospital



PROVIDER



NO-SHOW PATIENT

Missed appointments
are missed opportunities for others.



WOULD BE PATIENT



WOULD BE PATIENT



WOULD BE PATIENT

Aqua fitness class added to Eyster Pool schedule

By Maria Childs
1ST INF. DIV. POST

Unlike a typical workout at the gym, aqua fitness places less stress on joints because of the buoyancy of water. The fitness class is now open to all Department of Defense identification card holders.

Judy Gardner, water safety instructor for the Directorate of the Family and Morale, Welfare and Recreation, said participants can expect to receive a low-impact, total-body aerobic workout in the water.

“Besides the obvious cardiovascular benefits, it’s also a great way to target muscles that are not used in normal daily activities,” she said. “Because of the natural resistance of water, it is an excellent way to tone muscles and increase muscular strength and endurance. It’s a fun way to add variety and break out of your normal fitness routine.”

Aqua fitness is scheduled Mondays, Wednesdays and Fridays from 9 to 10 a.m.

at Eyster Pool, as well as Tuesdays and Thursdays from 2 to 3 p.m. During the month of November, Eyster pool’s holiday schedule will cause some conflicts, so class dates will vary.

Gardner said she recommends anyone interested in attending the class check the monthly calendar on the riley.armymwr.com website of calling Eyster Pool at 785-239-4854.

Aqua fitness is one of many things on the Eyster Pool schedule.

“Fort Riley Aquatics offers a variety of opportunities to help our clients meet their fitness goals,” Gardner said.

Eyster Pool also offers lap swimming Monday through Friday from 6:30 to 9 a.m., 11 a.m. to 1 p.m. and 4 to 6 p.m., excluding federal and training holidays. Lap swim has a \$3 daily entry fee or clients may purchase a three month pass for \$50.

Private swim lessons are also available. Participants can receive five 45-minute lessons with a certified instructor for \$90.



Season Osterfeld | POST

One-year-old Charlotte Conrardy swims with her father Capt. Peter Conrardy, 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, during Bubble Guppies Oct. 11 at Eyster Swimming Pool. Bubble Guppies is one of several classes available at Eyster, along with the new Aqua fitness class.

www.mybaseguide.com

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FORT RILEY
GUIDE AND DIRECTORY

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Travel & Fun in Kansas

Glacial Hills Scenic Byway

All photos courtesy of Gary Satter | Glacial Hills Resource Conservation and Development Inc.



The town of White Cloud sits directly next to the Missouri River. Visitors can read road markers that explain Lewis and Clark's exploration of the Louisiana Purchase in 1804 and have easy access to river fishing and boating.



The fertile river valley and landscape are the only evidence left behind by the glaciers that moved through the Midwest at the end of the Ice Age.

By Chris Cannon
1ST INF. DIV. POST

For those seeking somewhere new to explore in Kansas, the Glacial Hills Scenic Byway may just be the thing.

The Glacial Hills Scenic Byway runs between White Cloud, Kansas, and Leavenworth, Kansas, along the Missouri River, which is the northeastern-most tip of the state. As a portion of the oldest visible parts of Kansas, this area is known for the unusual rock deposits left by glaciers at the end of the Ice Age, as well as the rolling hills and scenic views close to the Missouri River. According to [travelks.com](#), the area is known for its fertile farmland and the very beginnings of the Kansas territory, dating back to Lewis and Clark's exploration of the Louisiana Purchase in 1804.

However, the area is known for more than fertile farmland. It is also home to stops on Abraham Lincoln's 1859 Presidential debate tour and Atchison, Kansas, the home of Amelia Earhart who was the first female pilot to fly solo across the Atlantic Ocean. The highway starts in Leavenworth, Kansas, and runs north along U.S. Interstate 73 to Atchison. It changes to Kansas Highway 7 in Atchison and continues to White Cloud, Kansas. The area is also home to a number of Tribal American statues, erected in honor of the Tribal Nations that occupied the area, such as the Kanza.

Visitors to Atchison can enjoy several towns amenities and tours, such as the Haunted Tours and the International

Forest of Friendship. The Forest of Friendship features a statue of Amelia Earhart, as well as other members of the Ninety-Nines, a group formed by the first 99 female pilots in the first decades of the 20th century. Other inductees statues to the Ninety-Nines accompany Earhart's in the forest, as well as a memorial to astronauts who went into space. The memorial surrounds the "Moon Tree," which traveled as a seed with the Apollo 14 mission to the moon.

Along the way, visitors can travel down the route Meriwether Lewis and William Clark took on their journey across the Louisiana Purchase in 1804. In the time it takes to travel to Troy, Kansas, visitors can view the results of the glaciers that covered so much of North America. With a stop in Troy, visitors can see totems carved out of burr oak trees to honor the tribal nations who were in the Kansas territory.

The last stop on this tour is in White Cloud, Kansas, where visitors can stand at the top of an overlook and view Kansas and its surrounding states of Missouri, Iowa and Nebraska. Off Main Street in White Cloud, there is direct access to the Missouri River with boat ramps and fish cleaning stations, as well as kiosks about the journey of Lewis and Clark. The 40th parallel geographic marker and the William Chapman Memorial, erected in honor of the invention of the piggy bank, which originated in White Cloud, can be found on Main Street.



The Glacial Hills Scenic Byway is home to several barns listed on the National Register of Historic Buildings. These barns are remnants of a time when pioneers made their way west on the Oregon Trail, the Santa Fe Trail and other passages across the country during the mid-19th century.



Benedictine College, in Atchison, Kansas, features St. Benedict's Cathedral and historic buildings on the college campus