## THE 1ST INFANTRY DIVISION POST

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FORT RILEY, KANSAS





Photos by Staff Sgt. Jerry Griffis | 19TH PUBLIC AFFAIRS DETACHMENT

LEFT: Lt. Gen. Sean B. MacFarland, right center, commander of III Corps and Fort Hood, Texas, hands off the 1st Infantry Division colors to Maj. Gen. Joseph M. Martin, Oct. 18, thereby ceremoniously appointing Martin as commander of the "Big Red One" and Fort Riley. RIGHT: Lt. Gen. Sean B. MacFarland, left, commander of III Corps and Fort Hood, and Maj. Gen. Joseph M. Martin salute during the playing of the national anthem prior to Martin assuming command of the 1st Infantry Division and Fort Riley Oct. 18.

## A Ceremonious Salute

Division welcomes new commander, cases colors for Iraq deployment at Cavalry Parade Field

By J. Parker Roberts 1ST INF. DIV. PUBLIC AFFAIRS

It was a day of beginnings for the 1st Infantry Division Oct. 18 as Maj. Gen. Joseph M. Martin assumed command of the "Big Red One" and Fort Riley, while also casing the colors he had just accepted ahead of the division headquarters' ninemonth deployment to Iraq.

During the Assumption of Command Ceremony at Fort Riley's Cavalry Parade Field, Martin spoke about the deployment, which will see the 1st Inf. Div. assume the role of Combined Joint Forces Land Component Command — Operation Inherent Resolve, replacing the 101st Airborne Division.

"I understand Fort Riley," said Martin, who previously

Soldiers with 1st Infantry Division Artillery conduct an

esprit-de-corps run during the DIVARTY's 90th

anniversary celebration Oct. 13. Units participating in

the run were 1st Battalion, 5th Field Artillery Regiment,

1st Armored Brigade Combat Team, and 1st Battalion,

7th Field Artillery Regiment, 2nd Armored Brigade

Combat Team, and DIVARTY itself, which consists of

Headquarters and Headquarters Battery.

served with the division twice, first as a company commander for the "Dagger" brigade in 1990 and later as commander of the 2nd Heavy Brigade Combat Team, 1st Inf. Div., from 2008 to 2010. "I know the community; I understand the division; those Soldiers, that we will do I know the training area; I know the people."

Martin most recently served as commander of the National Training Center and Fort Irwin, California.

'It's very exciting," Martin said after the ceremony. "It's unbelievable that I've been given this opportunity, and I will treat it as such as I continue to lead this great division and its

About 500 Soldiers from the Division Headquarters and Headquarters Battalion, 1st Inf. Div., will deploy to the Central Command area of responsibility

in the coming weeks. 'It's on the behalf and it's in the name of all those Soldiers who preceded us, and all the family members who supported everything that we do there, he said of leading the division in Iraq during the Big Red One's 100th year of service. "That's what the 100th anniversary is all about. It's 10 decades, it's 100 years, but it's hundreds of thousands of people who have been a part of this division and its rich history. We will never

forget that when we deploy." While deployed, the division headquarters will provide command and control of coalition

See CEREMONY, page 12



Sgt. Dana Moen | 19TH PUBLIC AFFAIRS DETACHMENT Maj. Gen. Joseph M. Martin, left, 1st Infantry Division and Fort Riley commanding general, and Command Sgt. Maj. Joseph Cornelison, right, senior noncommissioned officer of the 1st Inf. Div., prepare to case the division's colors during a ceremony Oct. 18 at Fort Riley. Martin assumed command of the "Big Red One" at the ceremony and cased the division's colors ahead of Division Headquarters and Headquarters Battalion's upcoming deployment.

## Division Artillery celebrates 90th anniversary

Story and photo by Sgt. Dana 19TH PUBLIC AFFAIRS DETACHMENT

> "Drumfire" Soldiers celebrated the anniversary of 1st Infantry Division Artillery and the first year since reactivating at Fort Riley Oct. 13 to 14.

"I retired in 2004, so I've been coming to ceremonies for a long time out at Fort Riley while I was here," said Lt. Gen. Michael L. Dodson, a former commander of 1st Inf. Div. Artillery. "This is the first time in about 12 years that I've been able to stand out as part of the formation."

history here in the 'Big Red One.' We're very proud to be part of the Big Red One team and be the Division Artilley for the 1st Infantry Division."

COL. THOMAS BOLEN | COMMANDER OF DIVARTY

"It's been one year since our activation, but have 90 years of

Dodson DIVARTY commander during Operation Desert Storm and spoke to the troops during the retreat ceremony about his fond memories of the 1st Inf. Div. and his time at DIVARTY. Dodson was made an honorary colonel of DIVARTY and presented with an artillery memento,

the a photo from his time in command.

Falling under the purview of DIVARTY is the 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, and 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team. DIVARTY itself

consists of Headquarters and Headquarters Battery with a combined strength of about 1,000 Soldiers.

Events held during the two-day celebration included a fitness challenge, espritde-corps run, equipment display, gym tour, awards

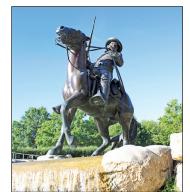
See DRUMFIRE, page 12



**CORVIAS MILITARY** HOUSING RESIDENTS **FELL DOWN** THE RABBIT HOLE INTO WONDERLAND FOR **FALLAPALOOZA EVENT, SEE PAGE 13.** 



**INTRAMURAL VOLLEYBALL BEGINS AT WHITSIDE FITNESS CENTER, SEE PAGE 15.** 



**FOLLOW THE FRONTIER MILITARY SCENIC BYWAY THROUGH KANSAS AND LEARN ABOUT THE HISTORY OF** THE NATION'S MILITARY, SEE **PAGE 20.** 

2 | **OCTOBER 28, 2016** HOME OF THE BIG RED ONE

### **Army Benefits Center director** retires after 40 years of service

Story and photo by Andy Massanet 1ST INF. DIV. POST

After a 40-year career as a Department of the Army professional, Peggy Sholtz saved the best for last.

Since 1999, when the Army Benefits Center-Civilian was established as a centralized hub of customer service for all Department of the Army civilian employees worldwide, she has been in the one job that has meant the most to her, being a team member at, then leading, Fort Riley's Army Benefits Center-Civilian.

There is no other organization like it in the world, Sholtz said. According to an article she helped prepare for another publication, it is a call center and production center that helps approximately 303,000 Army civilians worldwide manage their Federal Employees beginnings as a Department Health Benefits, Federal Em- of the Army professional. "I ployees' Group Life Insurance was a GS-3. They hardly do or the Thrift Savings Plan.

Before ABC-C, civilian emand then they went on to the higher levels of responsibility. local Civilian Personnel Adviso-Office for manual processing..

Today, employees simply abc.army.mil to make their years there."

at work. What had been a to what is now the Network directorate.

#### LADDER

"I started my career as resources specialist." a clerk-typist in 1976 in department at MEDDAC "stood up," or established, the in New Zealand.



Peggy Sholtz, director of the Army Benefits Center-Civilian, will retire from Fort Riley Oct. 31 after a 40-year career in civil service."I started my career as a clerk-typist in 1976 in the preventive medicine department at MEDDAC (Medical Department Activity)," Sholtz said of her beginnings as a Department of the Army professional. "I was a GS-3. They hardly do GS-3s anymore."

(Medical Activity)," Sholtz said of her Benefits Center-Civilian. GS-3s anymore."

She had a diverse career as ployees had to fill out forms to she moved through different organization that serves Army make changes in those benefits organizations and assumed

ry Center or Human Resources organizations. I spent several years at what they used to call the Directorate of Engineering log into the Employee Benefits and Housing - DEH. It's now Information System through Public Works, but back in the the ABC-C Website at www. day it was DEH. I spent 16

After a brief period of time as Employees can view their an assistant in the Public Affairs current and projected elections. Office, Sholtz moved on to the felt the most passionate about," Elections can be made at Civilian Personnel Advisory the employees' convenience Center, then moved again function performed at many Enterprise Center, formerly locations worldwide is now the Directorate of Information done exclusively at the ABC-C Management, where she was a all about taking care of people, computer specialist.

A GRADUAL RISE UP THE the Army Benefits Center," she that's why I stayed so long, and said. "I began as a GS-7 human

That was in 1999. Sholtz

Department centralized version of the Army

"And I've been here ever since," Sholtz said.

In short, Sholtz went from an entry-level position to the director of a one-of-a-kind civilians around the world. And the ABC-C directorate has "I've moved through several taken on another significant responsibility.

> "ABC is managing the entire workers compensation function for the U.S. Army," Sholtz said.

> Having a role where she can help people has provided a rewarding ending to a long and successful career.

"It has been the one job I've Sholtz said. "I'm helping Department of the Army employees worldwide. I'm not only saving the taxpayer dollars, but human resources is of federal employees. And it's "And from there I went to very rewarding to me. I guess I enjoy coming to work every

Up next for Sholtz is a trip the preventive medicine was a member of the team that with her spouse to visit friends

## **Event honors military retirees**

Story and photo by Season Osterfeld 1ST INF. DIV. POST

Retirees of the 1st Infantry Division and other units or branches of service traveled to Fort Riley for Military Retiree Appreciation Day Oct. 21 hosted by the Fort Riley Military Retiree Council at Riley's Conference Center.

Military Retiree Appreciation Day is a celebrated across installations dedicated to honoring the careers, service and continued service of former members of the U.S. military forces and their family members. The day also ties together the relationships between active-duty Soldiers, retirees and their surrounding communities, said Terry Young chairman of the Military Retiree Council at Fort Riley and retired command sergeant major.

"It's an annual event," he said. "All installations hold to honor the community and joint efforts between them with active-duty Soldiers."

Retirees came Nebraska, Kansas, South Dakota and North Dakota event, which featured a raffle giveaway, speakers and presentations, as well as a number of organizations and re-enactor dressed as General George S. Patton Jr.

them," Young said. "All their local merchants know how

The day began with Col. audience of retirees.



Attendees talk with vendors and representatives of different organizations able to assist military retirees and their families during Military Retiree Appreciation Day Oct. 21 at Riley's Conference Center. Retirees came from Nebraska, Kansas, South Dakota and North Dakota to attend the daylong event.

retirees and about Retiree Appreciation Day," Lawrence Fort Riley for Apple Day. to attend the day-long said. "Fort Riley's annual Retiree Appreciation Day is a very special event for all of us here on post. That's the case available to them at Fort Riley because it truly is all of you businesses and lunch with a our retirees and retiree families communities, as well as across — that are the pillars on which today's military is built. The "We're here to support work you have done during is a chance for our retirees your many years of service has laid the foundation for today's important the retired Soldiers Soldiers to accomplish all that are to their businesses. All the they are able to accomplish local businesses know they and paved the way for the next wouldn't be here without generation of men and women it is our chance to reaffirm in uniform."

John D. Lawrence, Fort Riley and support for the retirees informational updates and garrison commander, and and their families, Lawrence administrative services you Brig. Gen. Patrick D. Frank, spoke about the changes to 1st Infantry Division and Fort access control points and because we strive to provide Riley deputy commanding the recent accomplishments all the support possible to general, speaking with an at Fort Riley, such as the those who have served this

"The reason we are here Army Community Hospital today is to talk about our and Rifle Range Road, as well as 12,000 visitors traveling to

However, the event itself was about connecting retirees with services and organizations and within the surrounding

"Retiree Appreciation Day to come together and to obtain updated information concerning the benefits you have worked so hard for," he said. "But more importantly, our commitment to you In addition to his praise by providing the quality deserve. We are here today opening of the new Irwin organization so faithfully."

#### CANTIGNY DINING FACILITY RECOGNIZED



Sgt. Dana Moen | 19TH PUBLIC AFFAIRS DETACHMENT Chief Warrant Officer 2 Erik Iwai, food service advisor with 2nd Armored Brigade Combat Team, 1st Infantry Division, receives a plaque for the Cantigny Dining Facility from Col. Eric P. Shirley, commander of 407th Army Field Support Brigade, Army Sustainment Command, during a ceremony Oct. 20 at Fort Riley. The Cantigny Dining Facility was recognized by 407th AFSB and 1st Inf. Div. leaders for achieving first runner-up in the 14-state 407th AFSB area for its performance during the Philip A. Connelly Awards Program competition. The competition evaluates dining facilities Awards Program competition. The competition evaluates dining facilities throughout the Army to improve professionalism by adding a higher level of competition and recognition.

#### **HAVE A STORY IDEA?**

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#### **RECYCLING PARNTERSHIP CONTINUES**



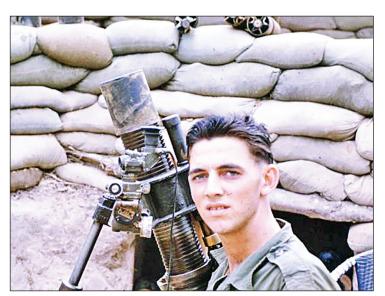
The Douthit Gunnery Complex partnership with the 299th Brigade Support Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division, was in full effect Sept. 28. The Troop Incentive Program (Recycle) has been a running program for three years. This partnership was started by Fred Siebe, complex manager of the Douthit Gunnery Complex, to benefit Soldiers. Since its start the partnership has allowed Soldiers of the 299th BSB, 2nd ABCT, 1st Inf. Div., to place highly in the installation wide competition for unit recycling. This was demonstrated in Fiscal Year 16 with the 299th BSB placing first in First Quarter in FY 16. Siebe said this program will continue and hopes it will get better as Team Douthit and the 299th BSB move forward and exceed the 1st Infantry Division's intent on installation recycling.

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HOME OF THE BIG RED ONE OCTOBER 28, 2016 | 3







## George Bowman: A 'Big Red One' Soldier

By Phyllis Fitzgerald SPECIAL TO THE POST

George Bowman was born and raised on the lower Eastern Shore of Maryland. He joined the Army in 1964 at the age of 17 — two months after the assassination of President Kennedy. He went to basic training at Fort Jackson, South Carolina, and Infantry Advanced Individual Training at Fort Devens, Massachusetts.

In May 1965, the 2nd Battalion, 2nd Infantry, transferred to the 1st Infantry Division where they completed two months of intensified training by Special Forces and Military Assistance Command, Vietnam noncommissioned officers in preparation for deployment to Vietnam. They got two weeks block leave, shipped a few jeeps and trucks from Boston Harbor, flew to Oakland, California, where they boarded the General Blatchford Merchant Marine Ship for a 22-day cruise to Vietnam. Bowman served in Vietnam from 1965 to 1966 and was a private first class when he left and had made sergeant when he returned 13 months later.

After leaving Vietnam, Bowman reenlisted at Fort on to a variety of assignments including Germany, Korea and Fort Riley. As he worked his way up through the ranks, he had assignments as a cavalry scout, with a basic training unit, instructor with the 7th Army NCO Academy and the 5th Army NCO Academy that was re-designated as the 1st Infantry Division NCO Academy.

In 1979, Bowman became first sergeant for Troop A, 1st Squadron, 4th Cavalry, 1st Inf. Div., After serving two and onehalf years, he moved to the airfield as first sergeant with 4th Air Cavalry.

In 1983, Bowman went back to Germany as first sergeant for Headquarters and Headquarters, 1st Battalion, 32nd Armor, 3rd Armored Division in Friedburg, Germany, which was Elvis Presley's assignment when he was in the Army.

Bowman was promoted to sergeant major in 1986 and attended the Command Sergeant Major Academy. After six months, he completed the academy and returned to Fort Riley where he became the command sergeant major for 1st Battalion, 63rd Armor Regiment, 1st Armored Brigade Combat Team, 1st

Knox, Kentucky, and went Inf. Div., later re-designated as the 2nd Battalion, 34th Armor Regiment, 1st ABCT, 1st Inf. Div.

> "I served in the rank of private first class through command sergeant major at one time or another with the 'Big Red One' and Fort Riley," Bowman said. "I went on the first and the last full 'reforger' from Fort Riley. All my time with the Big Red One has been memorable. I feel that the Army should adopt the moto of the Big Red One: No mission too difficult, no sacrifice too great, duty first."

In 1989, Bowman retired and chose to remain in Junction City, Kansas. He said his proudest accomplishments in life were his Army career, high school diploma, bachelor's degree and an almost completed master's degree. He rides motorcycles after a 33-year break and enjoys hunting.

"At the end of Desert Storm, May 1991, I took a part-time job as an instructor at Troop Schools on Fort Riley and I am still there teaching for Barton County Community College," Bowman said.

Editor's Note: To submit your Big Red One story, email fitzmiss@yahoo.com.

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## 'Devil' brigade cases unit colors ahead of deployment to Korea

By Staff Sqt. Warren W. Wright Jr. 1ST ABCT PUBLIC AFFAIRS

The Soldiers of the 1st Armored Brigade Combat Team, 1st Infantry Division, officially cased their unit colors during a ceremony at Fort Riley's Cavalry Parade Field Sept. 23.

The casing of the unit colors is an Army tradition that symbolizes the movement of a unit to a new theater of operations. The 1st ABCT deployed to the Republic of Korea for nine months as part of a rotational force in order to maintain security on the Korean peninsula.

The ceremony began with an inspection of the formation of troops on horseback by Col. Timothy Hayden, commander of 1st ABCT, and Brig. Gen. Patrick D. Frank, 1st Inf. Div. and Fort Riley deputy commanding general, followed by casing the colors by the brigade headquarters and each subordinate battalion.

"Today's an exceptional day for many reasons, but most importantly because it recognizes the Soldiers on the field as the brigade cases its colors and prepares to assume its mission in the Pacific theater of operations," Hayden said. "I can tell you for certainty that the 'Devil' brigade as well as maintaining most prepared, highly ready for its mission."

brigade will replace the current rotational unit, with 2nd Infantry Division standard. These Soldiers are the 1st Armored Brigade in order to deter external known for their aggressive, Combat Team, 1st Cavalry aggression and defend the offensive spirit and they Division.

responsible for supporting military armistice in Korea. security commitment to the nation Brigade Soldiers are the Authority ceremony.



Sgt. Dana Moen | 1ST INF. DIV. PUBLIC AFFAIRS Lt. Col. Richard Ikena, left, and Command Sgt. Maj. Ivan Baez-Santana, right, the commander and command sergeant major of 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, case the brigade's colors during a ceremony on the Cavalry Parade Field Sept. 23. The battalion, along with the rest of the 1st ABCT, are deploying to the Republic of Korea in order to deter external aggression and defend the Korean Peninsula, while strengthening the Republic of Korea - U.S. alliance and maintaining the military armistice in Korea.

combat team is trained and relationships with the unit's trained brigade combat team Korean partners through in the world," Frank said. Once in country, the combined training efforts.

Korean Peninsula while dominate the battlefield." During their rotation strengthening the Republic in the Republic of Korea, of Korea — U.S. alliance takes responsibility for the Devil brigade will be and maintaining the the mission in Korea, the

"First Brigade's reputation The brigade will integrate for warfighting is the gold

Once the unit officially brigade will uncase their "The disciplined 1st colors in a Transfer of

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4 | OCTOBER 28, 2016 HOME OF THE BIG RED ONE

## Town hall meeting focuses on restructure of Fort Riley garrison

Story and photo by Season Osterfeld 1ST INF. DIV. POST

"I do want you to be Fort Riley garrison. able to take care of yourself because this is your livelihood Riley Garrison Commander Installation Barlow Theater. "I have to take that very seriously as your my employees and Soldiers."

Lawrence held two town

said he was informed by I am talking about," said Fort personnel at U.S. Army garrison town hall Oct. 18 at all U.S. Army garrisons set to go into effect for the 2019 fiscal year. In particular, Fort Riley is commander because my job being realigned to fall under the is not only to take care of this same IMCOM branch as other installation, but to take care of Force Readiness Command garrisons.



An audience of Fort Riley garrison employees listens to Col. John D. Lawrence, Fort Riley garrison commander, speak Oct. 18 during the garrison town hall at Barlow Theater. Lawrence held two town hall meetings to talk with garrison civilian employees about coming changes to the Fort Riley garrison.

hall meetings to talk with IMCOM down at San Antonio," garrison civilian employees Lawrence said. "That's going to about coming changes to the change, we're going to fall by November 2016 — under Earlier this year, Lawrence the FORSCOM Installation Support Directorate, which is part of IMCOM; basically they Management will take all the FORSCOM Col. John D. Lawrence at the Command of restructuring to units and lump them under one agency out of Fort Bragg,

North Carolina."

The number of Soldiers within the Army has been reducing over the past several years and many units and brigades have been stood down. Additionally, over a 10-year period, \$95 million has to be cut, so Army leaders are looking for areas to rebalance shortfalls so funds can go toward Soldier readiness. With these changes, garrisons need to be realigned in the number of personnel they have, he said.

"The Army is coming down and the civilian structure is coming down at the same time," Lawrence said.

The readjustments to the garrison civilian structure at Fort Riley must be completed by Sept. 30, 2018, per IMCOM, he said.

"Right now we fall under were given the directive to move from our current TDA (Table of Distribution and Allowance) to the fiscal year 2019 TDA immediately," Lawrence said.

Although there is still two years' time before the restructuring must be completed, Lawrence said he wanted all garrison employees to know of the coming changes as early as possible to help them determine what options and paths are available. He added the information he is receiving is continuously changing and he will keep all employees up to date with the latest information as he receives it.

"You need to know what is going on because it affects your future, it affects your livelihood," he said. "We are going to be fair, we are going to be approachable and I am going to listen to you ... I have got to worry about your livelihood. I have got to worry about this base's livelihood ... There are different options we're working, but I wanted to get ahead of this and I wanted to let you know now exactly what's going on."

Diane Peters, director of the instruction by personnel at Civilian Personnel Advisory Center, accompanied Lawrence 'This year, basically right in presenting the information front, telling you what we know after I came into command, we during the town hall. She today."

Col. John D. Lawrence, Fort Riley garrison commander, speaks to an audience of garrison civilian employees Oct. 18 during the garrison town hall at Barlow Theater. Lawrence held two town hall meetings to talk with garrison civilian employees about coming changes to the Fort Riley garrison.

encouraged garrison all CPAC for assistance.

out there that aren't doing this, choice for themselves and he they're not having town halls and they're not getting after any decision they made. this two years early," Peters said. anytime there are reductions could be caught in a bad light," that we have to work with. Lawrence said. "I am letting Your garrison is getting out in

Lawrence encouraged employees to update their everyone to take control of resumes by Oct. 28 and to visit their future by working with Army Community Service or CPAC and other agencies. He said he wanted all his "There are some garrisons employees to make the best would support them through

"I am not going to put "It's a very fine balancing act you in a situation where you you know now because I want you to be able to take care of yourself and your family."

## **Army's Greatest Innovation Awards** program now open for nominations

ARMY MATERIEL COMMAND **PUBLIC AFFAIRS** 

REDSTONE ARSENAL, was killed in combat in Af- programs that enhanced Sol-Ala. — U.S. Army Materiel Command officials are now calling for nominations for three different categories: the 2016 Army's Greatest Innovation Awards.

novation Awards Program U.S. Army Materiel Comannually recognizes ground- mand under the lead of its breaking new technologies chief technology officer and and inventions, as well as techniques, procedures and methodologies developed by the Army's Research and De- the dedicated efforts of our in March 2017 at the Assovelopment and Science and Army Soldiers, civilians and Technology and Soldiers in the field.

Maj. Gen. Harold J. Greene rick O'Neill, AMC chief submit a nomination, visit Award for Innovation is technology officer. "The fis- the Army's Greatest Innovaawarded for innovations that cal year 2015 winners were tion Award Program website greatly enhance the Army's a true representation of the at www.amc.army.mil/amc/ readiness positively impacting Soldier vide the best, most effective, performance.

named in honor of Greene,

ership positions in Army the FY 2016 iteration of the research, development and acquisition fields before he ghanistan in 2014.

The award is given in military-individual, civilianindividual and group. The The Army's Greatest In- program is managed by the awards a first place winner each spring.

"This award recognizes communities teams thereof to improve our Army's capabilities and while Army-wide effort to pro- agiap.html. who served in several lead- response across the Army to

program."

Past winners included dier survivability, improved Soldier protection and decreased the response time for battlefield training gear troubleshooting.

The nomination submission window for technologies or processes first fielded, adopted, or implemented in fiscal year 2016 opened Oct. 15 and closes Jan. 15, 2017. Winners will be announced ciation of the United States Army's Global Force Symposium in Huntsville, Alabama. Within the program, the overall readiness," said Pat- For more information or to

For more information, technologies and process im- contact AMC Public Affairs: The program's award was provements to our Soldiers. Ben Gonzales, benito.gonza-"We look forward to a strong les3.civ@mail.mil, 256-450-

## **SOLDIER FOR LIFE** "The willingness with which our young people are likely to serve in any war, no matter how justified, shall be directly proportional to how they perceive the Veterans of earlier wars were treated and appreciated by their nation." -General George Washington November 10th, 1781

## First, final of the new, old **Irwin Army Community Hospital**



ABOVE: Spc. Miesha Johnson, 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, gave birth to Josiah Major Johnson on Oct. 16 at 5:54 p.m. Josiah is the last baby born at the legacy hospital on 600 Caisson Hill Road. For Johnson, it didn't really matter where she delivered in the legacy or new hospital, all she cared about what having the baby. BELOW: Baby Muriel was the first baby born in the new Irwin Army Community Hospital. He was born Oct. 18 at 8:31 a.m. to Maricka and Sgt. 1st Class Leonnard Pierre-Louis, a "Big Red One" Soldier serving with 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division.



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## Commentary

## RILEY ROUNDTABLE

#### What is your favorite candy?



"Whoppers because they taste good."

> **CADEN BERGMANN** NASHVILLE, TENNESSEE

Son of Capt. Heath Bergmann, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division



"Snickers because I like caramel and chocolate together."

> **OLIVIA BERGMANN** NASHVILLE, TENNESSEE

Daughter of Capt. Heath Bergmann, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division



"I think my favorite is Hershey's cookies and cream king size. They are very good."

**GRANT CYRULIK FAYETTEVILLE, NORTH CAROLINA** 

Son of Col. John Cyrulik, commander of the 1st Combat Aviation Brigade, 1st Infantry Division



"KitKat because it's a wafer with chocolate so it's self-explanatory."

JACKSON CYRULIK **FAYETTEVILLE, NORTH CAROLINA** 

Son of Col. John Cyrulik, commander of the 1st Combat Aviation Brigade, 1st Infantry Division



"Hershey's almond bar because it's chocolate and it has a nutty center with a surprise crunch."

> JAMI COCHRAN SALINA, KANSAS

Water safety instructor for Directorate of Family and Morale, Welfare and Recreation, at Eyster Pool

#### **SAFETY CORNER**

### Privately owned vehicle fatality free days more than just a number

By Dawn J. Douglas **GARRISON SAFETY OFFICE** 

vehicles become safer, more technologically advanced or "smarter," the one constant is the human being driving the vehicle. Regardless of the safety rating of the vehicle, human decisions such as whether or not to drive intoxicated, distracted, medicated, fatigued, with or without seat belts, and other personal risk decisions, will always determine the level of safety we will experience behind the wheel.

With such unpredictability, it is truly a milestone when Fort Riley and the 1st Infantry Division are able to achieve 111 Privately Owned Vehicle fatality free days. For 111 consecutive days (July 9 to Oct. 27 ), Fort Riley and the 1st Infantry Division experienced a period where no Soldier's life was needlessly cut short due to a vehicle accident with cars, trucks, Sports Utility Vehicles or motorcycles.

and the 1st Inf. Div. strive by the electronic marquees at to achieve this milestone. the ACPs at Henry, Trooper The use of increments of "1" correlates with the starting of the 111 days of Summer Training Program seeks to Safety Campaign, which starts every year before Memorial Day weekend and ends after Labor Day and education programs weekend. As we continue such as Road Rageous the count throughout the to curtail the number of year, increments of 111 are counted and marked for such factors as indiscipline, milestone The highest number of fatality-free days ever reached Infantry Division was 500 days, from Dec. 10, 2008 to April 24, 2010. Then on additional training to Soldiers April 25, 2010, a Soldierswas who may have had a traffic lost in a POV accident. The incident or accident and fatality free day count is more require additional training to than just a number to count improve their driving skills. off, but gives an opportunity to reflect on not only the Drunk Driving Prevention days of grace without a fatality, but to remember the Soldiers, friends and families that have been lost over the years. It is sobering to see the

and Ogden gates.

The Army Traffic Safety educate Soldiers by providing motorcycle intermediate drivers training vehicle incidents caused by achievements. distracted driving speeding. Unit remedial for Fort Riley and the 1st and the National Safety Council's Defensive Driving Course, DDC IV provide Other programs like the Program, encourages Soldiers to call for a safe ride home from the local community to Fort Riley to prevent driving while intoxicated by calling count reset, and often draws a 785-693-0303. By working contact us at 785-240-0647.

Every 111 days, Fort Riley reaction from those who pass together as a team, through education and enforcement, the achievement of 111 fatality free days demonstrates we can have a positive impact on the driving culture.

POV accidents are for the most part preventable with defensive driving, situational awareness and proper vehicle maintenance. In much the same way Soldiers apply the principles of risk management to mission accomplishment, those same principles apply to mitigating the hazards driver's training programs of driving. This can be accomplished by refraining from drinking alcohol while operating a motor vehicle; getting adequate rest before long trips; wearing seat belts properly; avoiding driving distractions such as text and video chatting and staying focused on what others drivers are doing in order to

increase reaction times. For more information on the various defensive driving programs offered by the Fort Riley Garrison Safety Office,

### Army honors wounded, ill, injured Soldiers during Warrior Care Month

By John Rosenberg

DEPUTY CHIEF OF STAFF. WARRIOR CARE AND TRANSITION

ARLINGTON, Va. — Each November the Army honors wounded, ill and injured Soldiers and their families by commemorating Warrior Care Month. Warrior Care Month highlights the resilience and strength of these Soldiers and their families and caregivers. This year's theme is "Show of Strength."

"Our fundamental tasks are in promoting, improving, conserving or restoring the behavioral and physical wellbeing of those entrusted with our care," said Lt. Gen. Nadja West, Surgeon General of the U.S. Army and Commanding General, U.S. Army Medical Command "If we do not get

this right, it does not matter what else we get right."

The Deputy Chief of Staff, Warrior Care and Transition ensures that wounded, ill and injured Soldiers assigned to Warrior Transition Units receive worldclass care and services. Warrior care means building resilience and ensuring Soldiers are strong in mind, body and spirit.

Since 2007 the Army's Warrior Care and Transition Program has provided the best possible support to wounded, ill and injured Soldiers and their families throughout the recovery and transition process. This scalable, comprehensive program supports a Soldiercentric process of medical care, rehabilitation and professional development through:

• Fourteen WTUs major military treatment

facilities across the United States, including nine Community Care Units where Soldiers can recover in their local communities near their families and support systems

- Personalized Comprehensive Transition Plans for each WTU Soldier, with shortand long-term objectives that focus on a holistic approach in the following domains: career, physical, emotional, spiritual, social and family
- A professional cadre that spans all aspects of medical and non-medical care
- The Army Wounded Warrior Program, which provides personal army.mil/.

WARRIOR

 $\star C \star \Delta \star R \star$ 

support to the most severely wounded, ill or injured Soldiers and their Families, including into Veteran status

- Adaptive sports reconditioning programs at WTUs which enable Soldiers to improve physically and mentally and contributes to a successful recovery and transition
- A career and employment readiness program that enables Soldiers to return to school, earn civilian certifications, participate in internships to gain civilian work experience

More information events at WTUs across the United States is available on established in 2004, the WCT website at www.wtc.

#### THE 1ST INFANTRY DIVISION POST

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**LETTERS TO THE EDITOR** 

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy. riley.imcom.mbx.post-newspaper@ mail.mil.

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#### WORSHIP

**Protestant Services** Victory Chapel Contemporary Protestant Service Sunday School [K-12 & Adult]......0915-1015 Sunday Worship......1045 Morris Hill Chapel Gospel Protestant Service Sunday School ..... Sunday Worship......1100 Main Post Chapel Traditional Protestant Service Sunday Worship......1030

#### **Catholic Services** Victory Chapel Sunday Catechism......1040 Saint Mary's Chapel Saturday's Vigil Mass.... Mid-day Mass- Mon., Wed., & Fri.....1200 Tuesday & Thursday Mass......1800 IACH Chapel Mid-day Mass- Tue. & Thur.....1200

239-4818

Wiccan Service

Kapaun Chapel Fort Riley Open Circle-SWC 1st & 3rd Wednesday monthly......1800

## Fort Riley Religious Services

Off-Post Services

LDS Religious Services Church of Jesus Christ of LDS

1705 McFarland Rd., Junction City, KS

2812 Marlatt Ave., Manhattan, KS 785-539-5445/3357

Muslim Religious Service Islamic Center- 785-340-7053

1224 Hylton Heights Rd., Manhattan, KS icmmanhattan.org

Jewish Religious Service Manhattan Jewish Congregation—785-539-8462 4509 Wreath Ave., Manhattan, KS manhattanjewishcong.org

#### Chapel Youth Program (SNAC)

Meets Sundays, see calendar

MS Youth- 1530-1700 at Morris Hill Chapel HS Youth- 1830-2000 at Victory Chapel

AWANA

Meets Sundays, see calendar 1530-1700 Victory Chapel 785-239-9313





Protestant Women of the Chapel (PWOC)

Weekly Tuesday Meetings at Victory Chapel 0900-1130 & 1830-2030 Morning Childcare Provided

For more information email rileypwoc@gmail.com or Facebook "Fort Riley PWOC"



Catholic Women of the Chapel



Childcare provided.

For more information email fortrileycwoc@gmail.com or Facebook "Fort Riley CWOC"



**SAFETY HOLIDAY** 

As of Wednesday, Oct. 26, 110 days have passed since the last vehicular fatality at Fort Riley. One more and the post will celebrate with a safety holiday to take place at each unit's

discretion.

6 | **OCTOBER 28, 2016** 

HOME OF THE BIG RED ONE





## Sexual assault victim visits 'Dagger' brigade Soldiers to share and inspire

Story and photo by Sgt. Takita Lawery 19TH PUBLIC AFFAIRS DETACHMENT

Soldiers of the 2nd Armored Brigade Combat Team, 1st Infantry Division, welcomed a victim of sexual assault to speak and to promote awareness of the debilitating effects Morris Hill Chapel on Fort Riley.

Michelle Corrao, then Michelle Meyer, was attacked and sexually assaulted on the night of Sept. 12, 1996, when she was coming from work and entering her apartment.

"I want to introduce you to Michelle Meyer," Corrao said.

domestic and sexual abuse. She my listeners." spoke with the "Dagger" brigade to address the pain and experience that victims of violent crimes endure and the way she overcame her brutal ordeal and how she learned to cope and survive.

not easy to report, but there is hope and it will get better."

Corrao told her personal story of past abuse by going into graphic details about what happened that

"I felt like my life was over," said of sexual violence Oct. 19 and 20 at Corrao, a native of Fort Wayne, Indiana. "I will never know who Michelle Meyer might have been."

> A year passed before Corrao recovered enough physically and emotionally to begin rebuilding her

Speaking in public to different audiences has really gotten easier and Corrao is the assistant director easier for me," Carrao said. "It helps at Prevail, an organization that me through the healing process and specializes in helping victims of I know it's making a difference (for)

> Corrao said her main purpose for becoming a public speaker was to encourage more victims to find the strength to come forward after a a training event. The family was able sexual assault.

'We need to let people know committed to sexual assault 1st Combat Aviation Brigade, 1st what resources there are to increase prevention," said Sgt. Isaac Evans, Inf. Div., functioned during this the sexual assault report rate," she a medic and audience member experience.

said. "Experiencing sexual violence is assigned to 1st Battalion, 7th Field Artillery Regiment, 2nd ABCT, 1st Inf. Div. "We as service members have access to unlimited resources to ensure that victims receive the best help and support offered."

Corrao credits counseling, support from friends and family and her faith for helping her slowly move forward past the pain and suffering she endured.

"To be able to open up and talk things out with the people who care about you helps tremendously," she

Evans said he feels like it is essential for everyone to do what must be done to prevent sexual assault.

Today was a first-hand look at sexual assault from a victim's point of view," Evans said, "and it was extremely moving."

Following her presentation, Carrao visited the Douthit Gunnery Complex at Fort Riley and observed to see how Soldiers from the 1st "It's essential that we are Squadron, 6th Cavalry Regiment,



Michelle Corrao, a victim of sexual assault, speaks to a group of 2nd Armored Brigade Combat Team, 1st Infantry Division, Soldiers Oct. 19 about her personal experience and promotes awareness of the debilitating effects of sexual violence. Corrao is the assistant director at Prevail, an organization in Hamilton County, Indiana, that specializes in helping victims of domestic and sexual abuse.

#### BRAZILIAN OFFICERS VISIT FORT RILEY



Two Brazilian officers stand a top a M1 Abrams tank and discuss its Iwo Brazilian officers stand a top a MI Abrams tank and discuss its capabilities with two Soldiers of 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division Oct. 19 at the 1st Bn., 63rd Armor Regt., 2nd ABCT, 1st Inf. Div. Motor Pool. Three Brazilian officers came to Fort Riley to tour multiple facilities and training locations, like Seitz Regional Training Complex, a motor pool and observed gunnery qualifications of Soldiers from the 1st Combined Arms Battalion, 18th Infantry Regiment, 2nd ABCT, 1st Inf. Div. in M1 Abrams tanks. The officers are a part of the Military to Military Exchange program at Fort Leavenworth, Kansas, which exchanges officers from U.S. military services with officers from allied nations, such as Brazil, Germany and services with officers from allied nations, such as Brazil, Germany and South Korea, to train, instruct and learn about one another's military practices to improve their own.

#### **OBSERVING TRAINING**



Michelle Corrao, a victim of sexual assault who spoke to Soldiers of the 2nd Armored Brigade Combat Team, 1st Infantry Division, Oct. 13 and 14 also visited the Douthit Gunnery Complex with her husband, Christopher, and her two children, Olivia and Christian, Oct. 14 to observe training by the 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Inf. Div. "This family has never been to an active-duty post before or had a clear understanding how we function," said Staff Sgt. Bethany Guzman, who planned the event. "They love and support the military, but even appreciated the military more by seeing everything we do. They said it was a once in a lifetime experience and could not stop talking about it."

## Staff of Fort Riley celebrate reopening of Rifle Range Road

Story and photo by Season Osterfeld 1ST INF. DIV. POST

Public Works, the Fort Riley garrison command team and Directorate of Plans, Training, Mobilization and Security cel-Rifle Range Road Oct. 19 near Fort Riley Elementary School.

The construction on the turn lane for two-thirds of a mile around Seitz Elementary School to Fort Riley Elementary School. The project was completed with a cost of \$1.1 million.

widening the road to accommodate a center turning lane

right turn lanes for eastbound traffic, west of Seitz Elementary School bus drop off entrance Staff of the Directorate of and for westbound traffic, at the first two drives to the new Fort Riley Elementary School," said Caite Kendrick, DPTMS.

The project also included ebrated the grand reopening of the installation of gutters, storm drains, curbs and a new road surface.

to expand the road to include Range Road began three years a center turn lane and right ago, making the reopening a involved, said Jeff Williamson, director of DPW.

> project and we're just really happy we're done now," said Riley garrison commander.

down the entire length of the crease in population and said. Some of the primary transportation."

ementary School and Seitz Elementary School was not originally planned when they two schools were placed a half mile apart, so Rifle Range Road had not been designed to accommodate heavy amounts of traffic. However, after the residential increase, he knew the road would need improvements.

"Originally though, we Planning and funding ar- only had 400 residents down 1,400 residents," he said. "With the traffic challenges grand moment for all those of two new schools plus PT (physical training) and everything else, we needed to widen "This has been a three-year the road to give turning and

queuing lanes." Crews and staff working "The project consisted of Col. John D. Lawrence, Fort on the project encountered multiple challenges to work Williamson said the in- around or with, Kendrick installation infrastructure and

project and adding additional housing around Fort Riley El- challenges including working with the daily school traffic and pedestrians moving through the area, as well as maintaining access routes to the surrounding housing and accommodating utility locations.

A few minor pieces still need to be worked on, such as improving the drainage, but the road is otherwise complete, she said.

With Rifle Range Road road began Aug. 24, 2015, rangements to widen Rifle here, but it morphed into open to traffic, staff of DPW have turned their sights onto their next projects, Williamson said, to continue improving Fort Riley.

'We look forward to trying to correct future challenges on Trooper Road, we have challenges there," he said. "We're constantly trying to improve not just the traffic, but other



Staff of the Division of Public Works, Col. John Lawrence, Fort Riley garrison commander, and Fort Riley garrison Command Sgt. Maj. James Collins pose with a banner announcing the reopening of Rifle Range Road at a ceremony Oct. 19 near Fort Riley Elementary School. The construction project began Aug. 24, 2015, to widen the road to accommodate a center turning lane down the two-thirds of a mile project. Additional turn right turn lanes were added for east and westbound traffic.

### 'Fighting Sixth' conducts multi-echelon training exercise to prepare for future

Story and photo by Sgt. Jarrett E. Allen

1ST COMBAT AVIATION BRIGADE **PUBLIC AFFAIRS** 

Soldiers of the "Fighting Sixth" moved operations into the field to conduct a multiechelon training exercise to prepare for future missions they may encounter down the road during the Saber Focus

exercise Oct. 2 to 6. pilot appointed as the battle alongside one another, Langer captain of 1st Squadron, 6th said. Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, said the exercise was

to train for upcoming missions. The Fighting Sixth worked with Soldiers of 5th Squadron, 4th Cavalry Regiment, and 1st Battalion, 7th Field Artillery Regiment, from 2nd Armored Brigade the opportunity to pair their Combat Team; and 601st RQ-7B Shadow unmanned Aviation Support Battalion, aircraft system platform with 1st CAB, including operators an AH-64 Apache helicopter, of unmanned aerial systems to and allows them to see imagery

"It's given us a taste of what it's actually like to come together, work together in a real-world environment."

SPC. ANDREW EVERHART | PETROLEUM SUPPLY SPECIALIST WITH 1ST COMBAT AVIATION BRIGADE, 1ST

**INFANTRY DIVSION** 

get a culmination of working to implement together First Lt. Eric Langer, a their individual capabilities

> The battle captain said this training is part of a bigger picture to prepare them for future missions.

Langer said everyone involved is getting excellent training. He said the exercise has given 5th Sqdn, 4th Cav. both Regt., 2nd ABCT, 1st Inf. Div.,

and gives them a better picture of what's on the ground.

"Being able to finally train on that and incorporate that into what they are doing is definitely a big improvement for overall situational awareness of everything taking place on the battlefield," Langer said.

Langer said the aircraft were outfitted with technology simulate shooting and engaging targets on the ground. The sensors provided real-time feedback on whether the aircraft hit and destroyed its target or if the target on the ground has hit the aircraft or had a near miss.

Langer said prior to taking to the field for Saber Focus, the Fighting Sixth conducted gunnery tables one through seven with each individual troop. Saber Focus has now given them the opportunity to bring the whole squadron together in this culminating event.

Langer said though demanding, this exercise has built his level of confidence and that of the Soldiers around him. They are all keeping a high level of morale, he said.

Spc. Andrew D. Everhart, petroleum supply specialist with 1st Sqdn., 6th Cav. Regt., 1st CAB, 1st Inf. Div., said his level of morale is very high. He said they are working hard and having a great time all at

the exercise is doing a good a real-world environment," job of preparing them for Everhart said. "Back in

their next mission. "It's given us a taste of



Sgt. Justin D. Rhodes, Aurora, Colorado native, and Pfc. Jared D. Runnels, Austin, Texas, native, both turned petroleum supply specialist, 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, refuel an AH-64 Apache Helicopter during Saber Focus on Fort Riley Oct. 5.

Everhart said he feels like together, work together in engaged

something together."

Everhart said watching garrison, you go out and do Soldiers step up and volunteer your individual tasks, but has been a good thing to see and what it's actually like to come with this, you are constantly has been a great experience.

### 'Big Red One' Soldiers win at All-Army Cyberstakes competition



LEFT TO RIGHT: Sgt. Matthew F. Cundari, Spc. William D. Smith and Chief Warrant Officer 2 Benjamin Koontz, all with the Division Headquarters and Headquarters Battalion, 1st Infantry Division, examine a computer program Oct. 19 in the 1st Inf. Div. headquarters Information Technology office. The three "Big Red One" Soldiers each earned first place in individual competitions during the inaugural All-Army Cyberstakes Online Competition Sept. 9 to 18.

Story and photo by Spc. Elizabeth Payne 19TH PUBLIC AFFAIRS DETACHMENT

Three "Big Red One" Soldiers of the division's Technology Information office earned first place in individual competitions during the inaugural All-Army Cyberstakes, an online competition held Sept. 9 to 18.

Sgt. Matthew F. Cundari, senior information technology specialist, Division Headquarters and Headquarters Battalion, Infantry Division, finished first out of all noncommissioned officers in the Army. Spc. William Smith, information technology specialist, DHHB,

the Army and Chief Warrant signal warrants.

officers in the Army.

Top honors in the competition went to those compete was a gateway to allow Soldiers who earned the the Soldiers to go forward and most points by completing web-based tasks to include answering cryptology questions, gaining administrative access to the back-end of a website to U.S. website, there will be exploitation," Smith said. collect data and performing an exchange of information binary exploitation, which covering topics focused on competition and conference is to hack a program into the future of international would help IT personnel divulging specific data returns. cooperation,

of all junior enlisted Soldiers in and performed extremely frameworks, standards and the Army and Chief Warrant well," said Koontz, who regulations. said Koontz, who Officer 2 Benjamin Koontz, finished fourth of all warrant Div., finished first out of all competition has strengthened our critical thinking and Koontz also finished in problem-solving skills as well fourth place among all warrant as technical cyber skills within the ... section."

The opportunity participate at the inaugural International Conference on Cyber Conflict Oct. 21 to 23 in Washington, D.C.

"Our team ... competed conflicts in cyberspace and and service people faster, yet 1st Inf. Div., finished first out individually at the Army level the potential for new legal accurately and efficiently.

regulations.

"The information provided senior information protection officers and first place of there will broaden our technician, DHHB, 1st Inf. all signal warrants. "This understanding of what happens on a grand scale," Cundari said. "We put counter-measures in place versus actively defending against threats."

The two Soldiers said they look forward to bringing back what they learn and sharing the information with all echelons of the IT office.

"A lot of our services (in the IT office) run on the backbones of program According to the CyCon security and the web

said forthcoming streamline their workflow

### Survey seeks feedback from customers

DEFENSE MEDIA ACTIVITY

WASHINGTON, Defense Department leaders launched the 2016 Morale, Welfare and Recreation Customer Satisfaction Survey, officials from the Department of Defense Morale, Welfare, Recreation and Resale Policy Office announced.

This is the fourth time the Defense Department has conducted a DOD-wide survey measuring customer satisfaction, officials said, noting that previous MWR surveys were conducted in 2009, 2011 and 2014.

Defense leaders said customer feedback through the survey responses could make a significant difference in MWR programs. For example, they said, improvements in fitness programs and facilities, outdoor recreation programs and single-service-member programs were a direct result of the 2014 MWR survey, so participants can complete the survey knowing their comments are heard.

#### VOLUNTARY, CONFIDENTIAL the active duty, National Guard

"This is your opportunity to submit your feedback on the MWR programs and help improve services designed to enhance you and your family's quality of life," said Ronald Keohane, deputy assistant secretary of defense for military commu- portunity for spouses to provide nity and family policy. "Your feedback regarding their customparticipation in this survey is er satisfaction with MWR provoluntary and confidential. We encourage respondents to be a program analyst with DOD's candid in their responses."

experience with the MWR program overall and with a core set of MWR programs: fitness, sports and athletics, libraries and their individual survey and then recreation programs, outdoor forward the email with the spouse recreation, recreation centers,



Photo by Senior Airman Nesha Humes

Army Cpl. Sean Gladden works out in the tactical fitness center at Joint Base Andrews, Maryland, Dec. 11, 2015. About 200,000 members of the military's active duty, National Guard and Reserve components have been chosen at random to receive the 2016 Morale, Welfare and Recreation Customer Satisfaction Survey so they and their spouses can provide feedback on MWR programs.

member programs, swimming pools and leisure travel.

#### **SPOUSES** CAN NOW **PARTICIPATE**

About 200,000 members of and reserve components were chosen at random to receive the to promote awareness of the survey survey, and for the first time, military spouses will have an opportunity to participate, officials

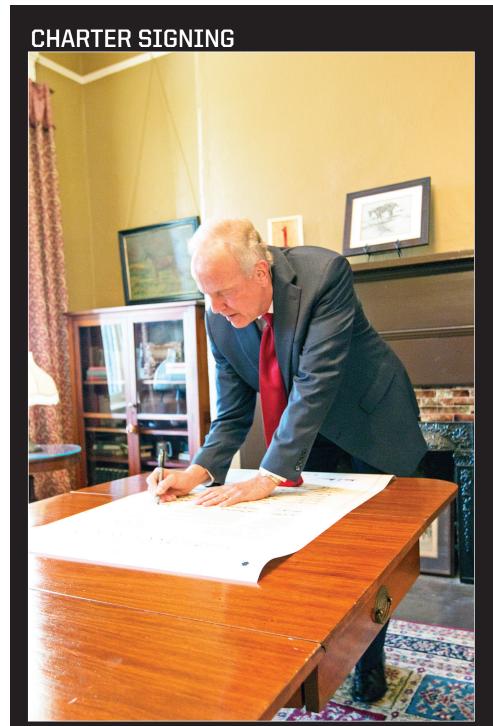
"We are excited about the opgrams," said Kristen McManus, Morale, Welfare, Recreation and Respondents will assess their Resale Policy Office. "To obtain OneSource website. feedback from both service members and spouses, service members are encouraged to complete survey link, so their spouse can provide feedback, too."

This year, for the first time, the survey will be distributed via email through GovDelivery.com. Recipients should be aware that it may be considered spam if they are not aware of the distribution platform, officials said.

We're working with the services via various communications channels, including social media, Mc-Manus said. "Participation by those who are selected as part of the random sample is critical to ensuring that sufficient feedback is received."

This survey is approved and sponsored by DOD with Report Control Symbol: DD-P&R (OT)2626, and a fact sheet on the survey is available on the Military

For general questions about the survey, send an email to osd. mwrsurvey@mail.mil or call 571-372-5322 or DSN 372-5322. For technical issues when taking the survey, email the CFI Group at CFISupport@cfigroup.com.



Staff Sgt. Jerry Griffis | 19TH PUBLIC AFFAIRS DETACHMENT U.S. Senator Jerry Moran signs the 100th Anniversary Charter recognizing the partnerships between Fort Riley and local communities Oct. 18 at the historic Custer House on Fort Riley. Moran visited Fort Riley to attend an Assumption of Command ceremony for Maj. Gen. Joseph Martin, 1st Infantry Division and Fort Riley commanding control. Infantry Division and Fort Riley commanding general.





## Firefighters combat fire, rescue those in serious medical danger

Story and photo by Season Osterfeld 1ST INF. DIV. POST

Whether it's a structural fire or medical emergency, the ready to assist the Fort Riley community.

on Fort Riley, the firefighters of station 5 have their own specialty. Over the last year, the firefighters at station 5 have been Medical Technician course. transitioning from the hazmat specialty to Emergency Medical Services after Fire Chief Eric Seward did an assessment of the department to determine where efficiencies could be found, said picked up the hazmat specialty as they transition to EMS.

"It's been probably nine 5. "We don't rush anything to make sure we hit all our marks throughout that process ... For us, especially being down here in housing, we run the bulk of of is us doing quality assurance EMS calls for the department checks on our national and state and so we thought, 'well, if we're EMT standards, so throughout it just makes more sense to be the specialized EMS station."

A bulk of the area covered by the firefighters of station 5

medical emergencies.

firefighters of Fire Station 5 are are EMS," said firefighter Josh the standard for EMT basic."

As with every firefighter EMS specialty, many of the firefighters have started officer courses and two are enrolled in an advanced Emergency

"I'm going through an advanced EMT class, we also have a handful of people that help teach the CPR classes on post, but the advanced (class), it's not required ... but it'll help Fire Captain Brian Good. The my knowledge with teaching firefighters of Fire Station 3 have and better understanding with the process of the body and how it works," Snyder said.

Additionally, to fulfill months in the work," said Randy the EMS needs of the entire Engel, lieutenant at Fire Station department, the firefighters of station 5 also train and verify the certifications of the other firefighters of Fort Riley. "What that's going to consist

running most of the EMS calls, the year we're going to make sure that our entire department is doing the classes and completing the certifications that we need

includes neighborhoods like care," Engel said. "We'll go out with dispatch giving us a quality McClellan Place and Colyer and make sure other stations are Forsyth. Due to this, many of knowledgeable at what they're their calls are also related to doing and hitting the points during the process of what they "Eighty percent of our calls need to accomplish that task at

> structural fires, as with all the fire stations on post, Engel said, and EMS is their specialty. There are many similarities and differences considered by the firefighters when going on an EMS or structural fire call.

> 'With a structure fire, depending on the call, you're going to think about gas leaks, are their people inside the building that need to be rescued, extra hazards associated with that — Is it just a house or one of our buildings in the area?" Engel said. "With an EMS call, you're going to be thinking, 'OK, what's the nature of the call?' So, if it's a pediatric call, you're going to be making sure you're getting all your equipment that's specialized for them. If it's an OB (obstetrician) call with a possible delivery of a pregnancy, we've got specialized equipment for that, so we're trying to get into the mode and plan ahead so we're not retroactive on the call, we're already ready for what's going to happen and that starts

dispatch report of what's going

In regard to the delivery of a pregnancy, Snyder, Good and Firefighter Nick Mangine said they have all had instances The primary focus is of delivering a baby in their To totally transition to the preventing and putting out careers. Engel said he came close once, but paramedics arrived shortly before and he handed the scene over to them.

> Fire Station 5 is the closest fire station to Junction City, Kansas. Due to this, the Junction City firefighters and the firefighters of station 5 work close together answering calls for mutual aid or assisting one another when the firefighters of the other station are overwhelmed short staffed.

> "A big one down here, we deal with mutual aid," Engel said. "Anything going to Junction (City), a majority of time, since we're the closest one to Junction City, we'll respond out there ... If we have an ambulance that's on a transfer and if we have a couple EMS calls going on, Junction City will come out and help us."

> The firefighters of Fire Station 5 serve the Fort Riley community and neighboring Junction City whenever they are needed, from fires to medical emergencies and more.

Firefighters Brandon Winans, left, Josh Synder, center, and Nick Mangine, right, perform CPR on a on a training mannequin Oct. 18 at Fire Station 5. The firefighters of station 5 have been transition from having hazmat as their specialty to emergency medical services over the last few months after an assessment determined more EMS care was needed at Fort Riley.

Spc. Elizabeth Payne | 19TH PUBLIC AFFAIRS DETACHMENT

Soldiers with the 1st Infantry Division are recognized for their performance in September's Noncommissioned Officer/Soldier of the Quarter Competition at Fort Riley during a ceremony Oct. 20 at Barlow Theater.

Staff Sgt. Derek Czerniak, center right, an attack helicopter repairer with Div., earned the Noncommissioned Officer of the Quarter title, and Spc.

SEPTEMBER NONCOMMISSIONED OFFICER,

SOLDIER OF THE YEAR RECOGNIZED







### New, updated Department of Defense programs help spouses find employment

By Elizabeth M. Collins ARMY NEWS SERVICE

WASHINGTON — The Army and the Department of Defense are growing spouse employment programs and partnerships, career experts told family members this week.

Eddy Mentzer, an Air Force spouse and an associate director in the DOD's Office of Family Readiness Policy, responsible for the Spouse Education and Career Opportunities Program, said the department is about to induct new job partners, bringing the number to almost 350.

As of the first week of their new duty stations. October, those employers have hired about 10,000 spouses, he said at an Association of the United States Army family

In addition, last year 22,000 spouses participated in the My Career Advancement program, designed to provide vounger spouses with funding for certification, licenses and accreditations, or to start transition a process and not an educations.

"The numbers of spouses that we're expending have increased over the last year," around a five-year trend of decreasing numbers."

One big challenge military spouses face is transferring professional licenses and accreditations. Although 49 states — New York is in the process of doing this — have laws supporting licensure the building. They want you portability, that mean it's an easy process," he said, noting that DOD is community." partnering with the University

"The numbers of spouses and the amount of dollars that we're expanding have increased over the last year."

**EDDY MENTZER** | AIR FORCE SPOUSE AND ASSOCIATE DIRECTOR IN THE DEPARTMENT OF DEFENSE'S OFFICE OF FAMILY READINESS POLICY

agencies in each state.

Spouses can their employment chances by working on those licenses in advance of a relocation, and by reaching out and networking Amanda Crowe, who works with friends and contacts at

"The first thing is obviously the network," said Col. the Army's Soldier for Life program, which has a family component with numerous partners and resources.

"That can't just develop at the end of your transition," Rocke said. "It's got to be early. You have to make this

and the amount of dollars are eager to hire military

Mentzer said. "That's turning that you have, that you're educated, you're resourceful and flexible. You're adaptable and can multitask. You're highly educated and ... you're civically engaged," Rocke said. "They want that. They don't just want you to be the employee that stays within the confines of "doesn't to be outreach for them. They want you to be engaged in the systems may also mean spouses

laws in each state, and work too educated or in career fields with the top 20 licensing that are too narrow for a rural installation where there are improve limited job opportunities in the surrounding communities.

It's very challenging and it happens all too frequently, said with the Hiring Our Heroes program at the U.S. Chamber of Commerce Foundation.

'Some of it comes with Adam Rocke, the director of creativity and some of it comes with a call to action to employers to recognize skill sets rather than job titles. That's something I encourage military spouses to learn about themselves as well," she said, explaining that her career progression doesn't make sense on paper.

"That's one of the reasons why we encourage in-person Rocke said many employers networking, because if you ask me how I made those jumps, I can tell you there was a lot "They recognize the talents of team management. There was a lot of volunteer team management. ... I can string that along ... and I can do that in a cover letter. That's what I encourage spouses to do, but you have to know the skill set and have to look past job titles and you have to realize this is how I can plug into your organization."

Automated application need to be more creative when it However, Army spouses are comes to jobs they're searching of Minnesota to examine the often overqualified. They're for, Mentzer said. For example, a



The Department of Defense Spouse Education and Career Opportunities Program links military spouses with hundreds of employers. Its career counselors can also provide customized guidance and support for spouses seeking jobs or planning to start businesses.

spouse might want to find a job may not come up as qualified for a journalist position.

"One of our big goals over the next year is to create some algorithms with the Military Spouse Partnership portal so an employer will be able to go in and say, 'I'm looking for 25 people or one person to do this specific job,' and then have the system match into the first series that we've the top 20 spouses for that opportunity," he said. And "on the spouse side, of being able to say, 'I'm interested in this type of position: Who are the 20 employers who have the best opportunities for me?"

He noted SECO also has free, highly qualified career also introduced counselors who field about 17,000 calls a month. They can spouses pair with spouses long-term, employers, make steps to reach those goals. to the resume.

"The spouse and career as a writer, and depending on counselor develop an action how she writes her resume, she plan and then they follow that action plan over a period of months," he explained, saying the program currently offers specialty packages in entrepreneurship and career readiness, with STEM (science, technology, engineering and math) and health care coming solutions for challenges

"We're about eight months offered," Mentz said. "We've had 300 spouses participate in these. The feedback is action plan and that career counselor checks in on a monthly basis."

The program "Career Connections" connect with potential helping with helping spouses define goals and everything from the job search

"Our counselors do an amazing job with mock interviews," Mentzer said. ... "They research the company and set up an interview based on that company. ... It's not just the typical — this is what you may be asked. They conduct a real interview.

The program provides spouses experience during frequent moves.

"We're excited about where we're going," Mentzer said. "We're excited about what we're doing. This tremendous. ... We set up this challenge is not going to go away for military spouses. We are not going to get away from moving. We're not going to get away from overseas locations. We know those challenges exist. As a team, we can put resources and information in place to be able to support spouses as they move around."

## What health experts want you to know about HPV vaccine

MILITARY HEALTH SYSTEM COMMUNICATIONS OFFICE

Each year, about 12,000 new cases of cervical cancer are diagnosed. Most of these cases can be linked to an often undetected but widespread virus: human papillomavirus or HPV. Military Health System sicians about a vaccine that's females and nearly 100 percent effective in preventing HPV.

Dr. Bruce McClenathan, medical director of Defense Health Agency Immunization Healthcare Branch regional office at Fort Bragg, North Carolina, says that while the infection can resolve on its own in most people, it can be persistent in some.

"We worry about HPV because it is so closely associated with certain cancers, specifically cervical cancer in women," McClenathan said. "It has also been linked to penile, vaginal, vulvar, anal and oropharyngeal cancers, as well as genital

Right now, about 80 milimmunization experts are urg- lion people in the United ing people to talk to their phy- States, or one in four Americans, have at least one strain available for both males and of HPV out of more than 100 existing strains. Nearly 14 million new cases of HPV infections appear every year, usually affecting those between the ages of 15 and 59, McClenathan said.

> Most people also show no signs or symptoms of having an HPV infection, which six months and protect against spreads through direct, usually sexual, contact.

"Immunizations are really our top public health achievement. Routine vaccinations

have led to drastic reductions in the prevalence of common diseases and the eradication of more serious illnesses, such as smallpox."

ARMY COL. MARGARET YACOVONE

CHIEF OF THE DEFENSE HEALTH AGENCY IMMUNICATION

HEALTHECARE BRANCH

Two HPV vaccines, Gardasil and Gardasil 9, are available for both males and females. A third vaccine, Cervarix, is available for females only. All three are given in three doses over high-risk strains 16 and 18, which are responsible for 70

percent of cervical cancers, said McClenathan. Gardasil and Gardasil 9 also protect against two other strains that are responsible for most cases of genital warts.

to 19 decreased by 64 percent that time."

after introduction of the HPV percent, so we clearly know the ciaries are up-to-date. vaccine is effective."

visory Committee on Immu-11 to 12 year olds as the target age for receiving the vaccine, said McClenathan. The immunization is most effective before a person is exposed to the virus, he said.

"We do that with all vaccines," McClenathan said. "We "The prevalence of these look at when is the vaccine genotypes in females aged 14 most effective and we give it at than, "is simply a virus, but it

Getting the HPV immunivaccine," said McClenathan. zation is part of the larger effort "Among females ages 20 to 24, by the MHS to make sure all the prevalence decreased by 34 vaccinations for all its benefi-

"Immunizations are really The vaccine is approved for our top public health achieveages nine through 26 for fe-ment," said Army Col. Margaret males and 21 for males. Males Yacovone, Chief, DHA-IHB. with weakened immune sys- "Routine vaccinations have tems can receive the vaccine led to drastic reductions in the through the age of 26. The Ad- prevalence of common diseases and the eradication of more senization Practices recommends rious illnesses, such as smallpox. Through global vaccination efforts we are also nearing the eradication of polio."

Yacovone added the HPV vaccine in particular is extremely effective in stopping those most dangerous types of HPV that cause cervical cancer.

"All it is," said McClenacan cause a lot of problems."





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#### DRUMFIRE Continued from page 1

presentation, cake cutting and retreat ceremony. The unit took over responsibility of the Robinson Gym and has improved the equipment to provide enhanced fitness opportunities for their Soldiers.

One of the primary functions of DIVARTY is to certify units to Army standards like Table 18, a mass fires bombardment qualification that has not been done at Fort Riley for more than 10 years. Providing the standards and expertise to implement fires is meant to improve the combat effectiveness of units to the division and the Army.

"I think events like this and training exercises that coordinate between other brigades and across to the National Guard level really help us get into the right Division."

mindset for the kind of actual conflict where we would have to work with every manner of active duty, guard or different components," said Sgt. 1st Class Jeffrey Depasquale, master gunner with DIVARTY.

The U.S. Army Kansas National Guard displayed their multiple launch rocket system during the festivities. Soldiers from DIVARTY works with the National Guard whenever possible to foster interoperability within the fires community.

"It's been one year since our activation, but we have 90 years of history here in the 'Big Red One,'" said Col. Thomas R. Bolen, DIVARTY commander. "We're very proud to be part of the Big Red One team and be the Division Artillery for the 1st Infantry



Sgt. Dana Moen | 19TH PUBLIC AFFAIRS DETACHMENT A 1st Infantry Division Artillery Soldier climbs a rope net during the fitness competition event on day one of the two-day DIVARTY 90th anniversary celebration Oct. 13 at Fort Riley. Ten four-man teams competed in the event to promote esprit-de-corps and show off the physical prowess of their units.

### NEW CHAPEL DEDICATED



Season Osterfeld | POST Chaplain (Capt.) Joseph Wingo, chaplain at Irwin Army Community Center, gives an Anglican blessing at the Chapel Commissioning of the chapel at Irwin Army Community Hospital Oct. 12. Chaplains from multiple religions and department of the chaptains of the chaptains are stored their proverse and blessing. denominations offered their prayer and blessing in the commissioning of the chapel at the new Irwin Army Community Hospital. Every seat was filled and many more attendees stood to be a part of the commissioning ceremony. In addition to words of praise and celebration from the speakers and prayer from the chaplains, the ceremony included singing and purifying the chapel with holy water. "It's so important commissioning a chapel and putting it into active service is important to not only our beneficiaries, patients and their families, but for our staff," said Col. John Melton, IACH commander,

"in terms of spiritual fitness and resiliency." Editor's Note: The photo above was published in the Oct. 21 issue of the 1st Infantry Division Post with incorrect information.

## SUICIDE PREVENTION

THE POWER OF (1)



troops' training, advising and assisting Iraqi Security Forces.

"The Fighting First has an unrivaled history of fighting bravely on battlefields around the world," said Lt. Gen. Sean B. MacFarland, III Corps and Fort Hood, Texas, commanding general, who served as the reviewing of-ficer for the ceremony. "The 1st Infantry Division is the oldest continuously serving division in the United States Army and, true to its name, claim the distinction of many firsts throughout our Army's history."

MacFarland said the 1st Inf. Div. was returning to Iraq as the fight against terror there enters its decisive phase.

"The battle for Mosul has begun, and there's no better outfit than this to ensure a victorious result," the lieutenant general said, "nor is there a better commander than Maj. Gen. Joe Martin."



Staff Sgt. Jerry Griffis | 19TH PUBLIC AFFAIRS DETACHMENT

Maj. Gen. Joseph M. Martin, 1st Infantry Division and Fort Riley commanding general, speaks during an assumption of command ceremony Oct. 18. Martin most recently served as commander of the National Training Center and Fort Irwin, California."It's very exciting," Martin said after the ceremony. "It's unbelievable that I've been given this opportunity, and I will treat it as such as I continue to lead this great division and its legacy."

## Conference offers public chance to resolve installation issues

**Army Family Action** Plan meeting about boosting quality of life

By Maria Childs 1ST INF. DIV. POST

Staff from Army Community Service and volunteers from the Fort Riley community hosted the Army Family Action Plan conference Oct. 20 at Riley's Conference Center. The program is Army-

wide and is designed so input from the people at the installation level can provide insight to Army leadership. It's a process that lets Soldiers and family members of Fort Riley say what is working for them, and what isn't.

Jane Brookshire, AFAP program manager at Fort Riley, said the program exists so changes can be made to Army regulations and policies. Many changes have come from AFAP including programs for single Soldiers,

"Nobody knows quality of life issues better than the people who are living it every day."

JANE BROOKSHIRE | ARMY FAMILY ACTION PLAN

Gold Star families and the amount of maternity leave given to Soldiers.

"Nobody knows quality of life issues better than the people who are living it every day," Brookshire said.

Col. John Lawrence, Fort Riley garrison commander, opened the conference with his support of the program.

Thank you for coming out here today because what you are doing today is making a difference for this community," he told attendees. "You're going to look at different ideas and suggestions and prioritize those.

Those are going to come to me so I can elevate them to the commanding general for an opportunity to send the Department of the Army. This is where you have a voice — you can improve the quality of life for not only the Soldier but the family members and civilians on post."

Brig. Gen. Patrick D. Frank, Fort Riley deputy commanding general and 1st Infantry Division, also gave remarks about how this program matters at the Army level and the goal is to make a difference.

"This really matters to the Army," Frank said. "In 1983, the chief of staff of the Army came up with this program. It was a grassroots program designed to really help us at the installation level and provide feedback to the Army. I think it has been very effective over the years."

Since 1983, a total of 683 issues have entered AFAP in its 28-year history. The program is year-round. Issues are continually monitored and worked toward a solution not

See CONFERENCE, page 15



Children cheer on mechanical rabbits as they race them down the lanes during Fallpalooza Oct. 21 at Colyer Forsyth Community Center. Fallpalooza featured the theme of "Alice in Wonderland" with an array of food, games and activities, including flamingo croquet, tossing tea bags into tea cups, a mechanical rabbit race, bounce houses and more, all true to the whimsical nature of the story.

# Falling down th

#### 'Alice in Wonderland' theme at Fallpalooza a hit with families of Fort Riley

Story and photos by Season Osterfeld 1ST INF. DIV. POST

noldiers and their families wandered their way into Wonderland at Fallpalooza Oct. 21 hosted by the staff of Corvias Military Living at the Colyer Forsyth Community Center.

Fallpalooza was a free event open to all residents of on-post housing. This year, it featured the theme of "Alice in Wonderland" with an array of food, games and activities, including flamingo croquet, tossing tea bags into tea cups, a mechanical rabbit race, bounce houses and more, all true to the whimsical nature of the story. The community center itself was converted into a fun house with each room being a different scene from "Alice in Wonderland" and staff dressed as characters awaiting inside to greet visitors.

"This is the largest event we do each year," said Lizzie Flores, assistant manager for Ellis Heights.



Katie Harth, 11, daughter of Staff Sgt. Jon Harth, 1st Infantry Division Sustainment Brigade, watches her 4-year-old brother, Steven, play flamingo croquet during Fallpalooza Oct. 21 at Colyer Forsyth Community Center. Costumed children and even some parents scurried about the area running from game to game, watching the ventriloquist performance and enjoying different treats, including apples, kettle corn and drink "potions" with tags reading "drink me."

Staff of Corvias Military Living across multiple installations each held their own "Alice in Wonderland" Fallpalooza for their

"We're putting on something for all of residents of Corvias, primarily the kids," said Mike Duvall, maintenance technician with Corvias Military Living. "Last year was

'Harry Potter,' this year is 'Alice in Wonderland.' A lot of planning goes into it and we try to think of games that corresponds the story ... It's a lot of fun."

Costumed children and even some parents scurried about the area running

See FALLPALOOZA, page 14

#### MORE INFORMATION

• Complete details on mailing and shipping services can be found on usps.com.

## **Postal** Service tracking holidays

U.S. agency releases its holiday mailing, shipping deadlines

BY UNITED STATES POSTAL SERVICE

WASHINGTON — The U.S. Postal Service has announced the 2016 holiday mailing and shipping deadlines for domestic and international destinations as customers begin to prepare for the busy shopping and shipping season. Customers are encouraged to ship early.

To ensure timely delivery of cards, letters and packages within the United States by Dec. 25, the Postal Service recommends that customers ship their items by the following dates:

#### **MAIL-BY DATES FOR DOMESTIC SERVICES**

- Dec. 15 USPS Retail Ground: Ground service for less-than-urgent deliveries and oversized packages.
- Dec. 20 First-Class Mail: Service for standard-sized, single-piece envelopes and small packages weighing up to 13 ounces with delivery in three business days or less.
- Dec. 21 Priority Mail: Domestic service in one, two or three business days based on where the package is mailed and where it's being sent, variety of flat-rate options.
- Dec. 23 Priority Mail **Express**: Fastest domestic service, guaranteed overnight scheduled delivery to most locations. Some restrictions and exceptions apply. Please note, Priority Mail Express postage refund eligibility is adjusted for shipments mailed between Dec. 22 and Dec. 25.

#### **MAIL-BY DATES FOR INTERNATIONAL SERVICES**

Customers mailing internationally during

See MAIL, page 15

## Volunteers raise spirits for ghost tours

#### Ghostesses bring to life Fort Riley's most famous ghost tales

Story and photo by Maria Childs 1ST INF. DIV. POST

Ghost sightings have been known to happen in areas of Historic Main Post, but residents and visitors of Fort Riley saw many "real" ghosts Oct. 23 in the housing neighborhood during the 20th annual ghost tours hosted by volunteers of the Historical and Archaeological Society of Fort Riley.

#### **MORE INFORMATION**

• For more information about Historical and Archaeological Society of Fort Riley events, visit www.fortrileyhistoricalsociety.org.

Some volunteers from the community played the role of more famous ghosts of the neighborhood while others were storytellers and tour guides. Two volunteers greeted attendees wearing long dresses with hoop skirts. Tricia Verschage, wife of retired Master Sgt. John Verschage, and Wendy Cassell, wife of Col. Allen Cassell, commander of the 1st Infantry

Division Sustainment Brigade, were the ghostesses of the event

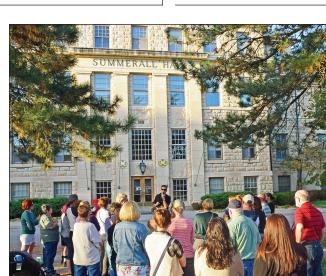
Verschage said about 650 people showed up to hear about the haunting of Main Post. The tour changes every year, and this year more stops were added. Each stop has a storyteller that shares the story of the ghost of that location. Many times, it is a personal

story told by people who have lived in the residence.

We pulled a lot of our original stories," she said. "It's a lot of stories we haven't had."

This is not Verschage's first time volunteering to be a ghostess and plan the ghost tours. She said she enjoys how HASFR approaches the stories. The stories are a culmination of 165 years of history at Fort Riley told by the residents themselves and passed down.

"Not only is it the folklore of Fort Riley, but we throw in a lot of history as well," she said. "As



Volunteers of the Historical and Archeological Society of Fort Riley hosted the annual ghost tours Oct. 23 throughout Historic Main Post. The tour included 14 stops where storytellers told the tales See GHOST, page 16 of past residents and their ghostly adventures.

## FORT RILEY POST-ITS

#### **HALLOWEEN GLOW PARTY**

A Halloween Glow Party is scheduled to take place **PROGRAM TRAINING** at Custer Hill Bowling Center from 5 p.m. to 9 p.m. Oct. 29. The cost for unlimited bowling is \$6 for children ages 12 and under and \$8 for adults. Shoes are included in this price.

For more information, call 785-239-4366.

#### TRICK OR TREATING

A Halloween costume contest and trick or treating will take place at the Post Exchange Oct. 31 from 4 to 5 p.m. There will be a trunk-or-treat event hosted by Soldiers and volunteer of Better Opportunities for Single Soldiers from 5 p.m. to 7 p.m. Oct. 31 in the Commissary parking lot.

Trick or Treating in Fort Riley neighborhoods will be held Oct. 31, from 6 to 8 p.m.

#### **MILITARY FAMILY APPRECIATION MOVIE**

"Finding Dory" will be shown free at Barlow Theater Nov. 1 at 6:30 p.m. There is a concession stand special of popcorn and a soda for \$2.50.

For those wishing to attend, reservations should be made by Nov. 1 at Parent Central, 785-239-9885.

#### **USO HIRE HEROES USA WORKSHOP**

On Nov. 1 and Nov. 2, the USO Fort Riley will host a Hire Heroes USA Workshop. The time for the Nov. 1 event is 8:30 a.m. to 5 p.m. The time of the Nov. 2 event is 8:30 a.m. to 3 p.m. The location is the Army Community Service main great room, 7264 Normandy Drive, Fort Riley.



#### **SOLDIER FOR LIFE** TRANSITION ASSISTANCE **PROGRAM EVENTS**

On Nov. 3 from 1 to 2:30 p.m. an employer networking event is scheduled at room 201, 212 Custer Ave., Fort Riley, Kansas.

#### **ZORB BALL SOCCER TOURNAMENT**

The tournament will be held at Whitside Fitness Center Nov. 5 at 10 a.m.

The cost is \$50 per team of 5 or \$10 per person and is open to all DOD ID holders 18 years and older.

Advance registration is required by Nov. 3 and can be made at the Outdoor Recreation Center. For more information call 785-239-2363.

#### **DEMOLITION OF HOMES IN WARNER** PETERSON NEIGHBORHOOD

Corvias staff has received approval to move forward with demolition for some homes in the Warner Peterson neighborhood. The demolition is expected to begin in January for 160 of the 253 homes.

#### THREAT AWARENESS AND REPORTING

All Department of the Army personnel must receive TARP training annually and within 30 days of assignment or employment at Fort Riley. Personnel must attend a live training session rather than the online training, unless deployed to locations where live training is not possible.

Training will be held at Barlow Theater at 10 a.m. on the following dates: Nov. 9 and Dec. 7.

For more information contact Shawn Formanek, counterintelligence agent, Fort Riley Field Office.

#### **GOBBLE WOBBLE FUN RUN**

Take the gobble challenge and gobble till you wobble. The event will be held Nov. 12 starting at 12:30 from Riley's Conference Center. Devour a Thanksgiving meal on the go. Over the course of the 2-mile run, you'll stop for turkey, stuffing, mashed potatoes and gravy, dinner rolls and pumpkin pie.

Run will not be timed. Strollers are welcome and no pets are allowed.

The run is open to the public. Advance registration is \$5 and can be purchases online at riley.armymwr.com. Day-of registration is \$7 and begins at 11:30. Children five and under are free.

#### **RECREATION AREA CLOSURE NOTIFICATION**

All recreation users of Fort Riley should take note that Maneuver Areas A, B, D, E, H, K, L, M, O and P are scheduled to be closed to all recreational activities and access Nov. 14 to 22 and Nov. 28 to Dec. 9 due to military training occurring there during those periods. The dates they are closed have the potential to be extended as well. No recreational access will be granted to the closed areas and violators will be prosecuted.

On any days during those periods that Maneuver Areas C, F, and I are open, those areas will only be accessible by walk-in traffic from adjacent county roads.

#### **HIRING AND EDUCATION** FAIR

Education Services and Army Community

Service Employment Readiness Program staff will host a hiring and education fair Nov. 17 from 10 a.m. to 3 p.m. at Riley's Conference Center, 446 Seitz Drive, Fort Riley.

The fair will feature schools from around the United State, regional and national employers, Child and Youth Services, Veterans Affairs, KansasWorks, education counselors, financial aid advisors, transition for life counselors and more.

The even is open to all Soldiers, family members, DOD cardholders, veterans, retirees and community members.

For more information contact Education Services at 785-239-6481 or ACS Employment Readiness Program at 785-239-9435.

#### **NOW SHOWING AT BARLOW MOVIE THEATER**

Friday, Oct. 28

The Magnificent Seven (PG-13) 7 p.m.

Miss Peregrine's Home for Peculiar Children (PG-13) 2 p.m. The Magnificent Seven (PG-13) 7 p.m.

Sunday, Oct. 30 Queen of Katwe (PG) 5 p.m.

#### **WEDNESDAY NIGHT CLASS AT CHAPEL**

As part of the Family Night Program, the chapel is offering a class — Real Relationships: From Bad to Better and Good to Great led William C. Townsend, director of religious education.

The class is geared for single Soldiers, but anyone is invited. A light supper begins at 6 p.m. followed by the study. For more information call 785-239-0875.

#### **FORT RILEY RIPTIDES - RECREATIONAL SWIM CLUB**

Staff with the School of Knowledge, Inspiration, Exploration and Skills sponsors a recreational swim club for youth. For more information or to schedule a swim assessment, call 785-239-4854 or stop by Eyster Pool at 6940 Warren Road. For registration information, call 785-240-2818 or visit Child and Youth School Services Parent Central at 6620 Normandy Drive.

#### **MILITARY FAMILY MONTH FAMILY ART EXTRAVAGANZA**

Staff at MWR will host a family art day at Riley's Conference Center Nov. 13 from 1 to 3:30 p.m.

The event will include instructor-led painting, freeform painting and fun crafting activities.

The event is free for the first 150 registered military family members. Advance registration is required.

For more information or to register call 785-239-9435.

#### **CUSTER HILL TURKEY BOWLING**

The bowling center staff will host turkey bowling Nov. 13 to 19 from 5 p.m. to close. Bowl three strikes in a row and win a free turkey for Thanksgiving. Limit one turkey

Cost is \$2.75 per game and shoe rental is \$2.50.

#### **USO NEWS**

A **Sip and Chat** event for spouses is held every Wednesday at USO Fort Riley from 9



Operation Happy Birthday: USO Fort Riley volunteers will deliver a cupcake to Soldiers during the month of their birthday. See the USO Fort

Riley Facebook page to sign up. There are also No Dough Dinner Nights and Family Game

Nights held monthly. The date varies for these events. For more details on USO events call 785-240-5326.

#### **COMMUNITY CORNER**

## Halloween a time for fun and safety

By Col. John D. Lawrence FORT RILEY GARRISON COMMANDER

**¬** ven though it's not an official holiday → Halloween is a favorite for many kids ... and adults. It's a chance for everyone to

dress up as their favorite monster, superhero or other persona and just enjoy an evening of make believe. But while you're out enjoying treats



and festivities, please remember to think about safety for our kids and others around us.

Trick or Treating in Fort Riley neighborhoods takes place Oct. 31 from 6 to 8 p.m. Additionally, Soldiers and volunteers with Better Opportunities for Single

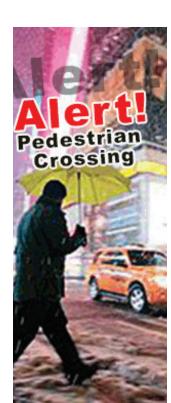
Soldiers will host a "Trunk or Treat" event from 5 to 7 p.m. in the Commissary parking lot.

The sun will set just fore 6:30 p.m. and twilight around 7:30 p.m. on Halloween. One of the most difficult times for driving visibility is between sunset and twilight and this occurs at the same time our young folks will be out on the streets in full force trick-or-treating. Be cautious and watch for extra pedestrians, particularly in housing areas. Children may be distracted by the excitement of the night, so younger children should be accompanied by parents. Older kids are encouraged to tell parents where they're going and to travel in groups.

Parents can help keep kids safe by choosing lightcolored costumes that fit well and making sure masks and wigs don't cover eyes. Another alternative to masks is to use face paint that is safe for children's skin. More suggestions for keeping children safe can be found at kids.usa gov/parents/health-and-safety/safety/halloween-parents/ index.shtml.

For adults taking on a new personality by dressing up and partying for Halloween, stay safe. Have an enjoyable evening, but don't drink and drive. As a valued member of the team, we need you to come back to work safely. Remember, a bad decision can have a negative impact on your personal life and career; it's not worth it. Have fun and be safe this Halloween.

 To comment on this article or to suggest a topic for Facebook page at www.face-



### Community Corner visit my book. com/for triley gc.

#### FALLPALOOZA Continued from page 13



Season Osterfeld | POST A Corvias Military Living Employee dressed as Alice from "Alice in Wonderland" stands within a mushroom filled with goodies and others forest inside the funhouse during Fallpalooza Oct. 21 Colyer Forsyth Community Center. Staff of Corvias Military Living converted the Colyer Forsyth Community Center into a funhouse with each scene from "Alice in

Wonderland."

from game to game, watching the ventriloquist performance and enjoying different treats, including apples, kettle corn and drink "potions" with tags reading "drink me."

"It turned out to be a great event," said Staff Sgt. George Valdez, 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division. "My kid is liking it; there are a lot of things to do." Corvias staff handed out

small toys and knick-knacks to kids and teens alike as they passed by to the next game or attraction. Some guests in attendance hunted for one of three hidden rabbits around the area to receive a prize of an Alice in Wonderland gift basket enjoyed the photo stations or posed with staff dressed as different characters from the

"The kids are definitely gainfully employed," Michelle Jones, wife of Spc. Nicholas Sanders, 1st Support room being a different Maintenance Company, 541st Combat Sustainment Support Battalion, 1st Infantry Division

"Last year was 'Harry Potter, this year is 'Alice in Wonderland'. A lot of planning goes into it, and we try to think of games that correspond the stories ... It's a lot of fun."

MIKE DUVALL | CORVIAS MILITARY LIVING

Sustainment Brigade. "I think it brings people out in the area and keeps people entertained."

Many of the staff of Corvias said Fallpalooza is their favorite event of the year because they get to talk with their tenants in a casual and fun manner and work alongside other staff members who they do not see

"All the employees look forward to it (Fallpalooza) because it's different and fun to do," Flores said.



HOME OF THE BIG RED ONE CTOBER 28, 2016 | 15

# Military caregivers begin to get deserved help, recognition

#### Area woman's efforts, initiative earn acclaim on a national level

Story and photo by Andy Massanet 1ST INF. DIV. POST

"If you are a military caregiver, there are no uniforms, no camouflage jacket or battle ribbons, not even a cape. But you do serve our country every day ... you rarely ask for help and you deserve our support," said actor Tom Hanks in a 30-second public service announcement about the start of the Hidden Heroes campaign.

A small, grassroots effort on the part of Carolyn Tolliver-Lee, family advocacy program specialist for Army Community Service, went from an attempt to support military caregivers in the region, to part of a comprehensive national program of support to military caregivers nationwide.

As a result, Tolliver-Lee's effort, called the Veteran's Family Caregivers Support Network, has been recognized locally, with a proclamation in Manhattan, and at the state capitol in Topeka with a similar proclamation Oct. 28 by Gov. Sam Brownback.

Tolliver-Lee said she was also invited to attend a conference in Washington, D.C., at which the national Hidden Heroes Campaign was launched, an occasion visited by Sen. Elizabeth Dole, the spouse of Kansas senator, World War II and disabled veteran Bob Dole. Tom Hanks, Tom Brokaw, Democratic Leader Nancy Pelosi and Secretary of Veterans Affairs Robert McDonald were also in attendance for the launch of the network to call attention to America's 5.5 million military and veteran caregivers.

Tolliver-Lee's efforts were also embraced by Kansas State University and Fort Riley's Irwin Army Community Hospital, each of which has pledged, and provided, support.

The Hidden Heroes program is part of the Elizabeth Dole Foundation, and is designed to help address the needs of six million military and veteran caregivers in the United States.

The issuance of both local and state proclamations in support of military and veteran caregivers, as well as the invitation to the nation's



Shown above are Senator Elizabeth Dole, spouse of Kansas Senator, World War II and disabled veteran Bob Dole, left, and Carol Tolliver-Lee, who was invited to attend

a conference in Washington, D.C., Sept. 27, at which the national Hidden Heroes Campaign was launched.

capital, came after Tolliver-Lee contacted Janet Nichols, military community liaison for the Manhattan Chamber of Commerce for help in boosting awareness of the VFC Network and her attempts to marshal support for it.

"I was thinking 'local," Tolliver-Lee said. "So I reached out to our local leaders and that led me to Janet Nichols. I was eager to find out if there were other military caregivers in our community, like myself, who would be interested and have the need to network with each other."

Soon after her contact with Nichols, Tolliver-Lee said, Nichols received a phone call from representatives of the Elizabeth Dole Foundation, who asked if there were any local organizations involved in supporting military caregivers.

The answer was yes.

#### CAREGIVERS VITAL TO NATIONAL EFFORT

According to the Elizabeth Dole Foundation website, advances in battlefield medicine have saved thousands of troops who would have perished in past wars.

"However, many have devastating wounds, illnesses and injuries, both visible and invisible, requiring care long after they have left the military health care system," the website says.

#### **HOW TO SUPPORT**

• Those who wish to contact the Veteran's Family Caregivers Support Network can call 785-320-2125, or email the group at vfcnetwork2912@gmail. com.

The website says caregivers often raise children and earn a living while performing a stunning array of functions at home. They administer medications, navigate complex health care systems, provide emotional support, arrange rehabilitation, handle legal and financial matters, and act as advocates on behalf of those for whom they are caring.

Largely, according to Tolliver-Lee, it is a private journey, but she quickly adds that, after all, caregivers must also be able to turn to the community.

"My effort (to get the network off the ground) was a personal one," she said. It was my way of honoring my family, my sons and Mr. Lee."

Tolliver-Lee says Earnest Lee, her spouse, has been a medically retired veteran since 1993.

Her efforts to develop the VFC Network was a way for her to honor, not only the legacy of her spouse, but the journey she and her sons have been on since Earnest's traumatic brain injury.

Today, Carolyn's sons are 29 and 38 years of age. When Earnest was injured, they were youngsters at home.

"I have to really think hard and remember what it was like before he was injured," Tolliver-Lee said. "We all (her and her sons) really struggle to remember."

She does remember the years following his injury as ones punctuated by frustration and loneliness, she said.

That frustration led her

to begin thinking about what would become the VFC Network.

Those who wish to contact

the Veteran's Family Caregivers Support Network can call 785-320-2125. The email address is vfcnetwork2912@gmail.com.

Those who wish to contact the Elizabeth Dole Foundation can call 202-249-7170, or email queries to info@ elizabethdolefoundation.org. The website address for the Elizabeth Dole Foundation is www. elizabethdolefoundation.org.

### **TUESDAY TRIVIA CONTEST**



The question for the week of Oct. 24 was: "Where do I find a collection of links to Fire Safety news, contact info of the Fire Prevention Branch, Fort Riley fire regulations and more?"

Answer: go to www.riley.army.mil/Units/Garrison-Command/Emergency-Ser-

This week's winner is Lena Hall. Her spouse is Sgt. Sam Hall, 1161 Forward Support company, 1st Battalion, 161st Field Artillery, Kansas Army National Guard.

Pictured are Lena and Sgt. Sam Hall.

**CONGRATULATIONS, LENA!** 

#### **CONFERENCE** Continued from page 13

only at the local level, but at the Department of the Army level too.

During the conference, volunteers were split into three groups to focus the issues: family, medical and force support. Each group was given the goal to submit three issues by the end of the day.

Chief Warrant Officer 1
Edmund Perez, Headquarters
and Headquarters Company,
1st Combat Aviation Brigade,
volunteered to be a facilitator
for the medical group. He was
responsible for leading the
group in writing their issue and
providing possible solutions
to submit to the installation
chain of command.

"I've been part of AFAP at every level," he said. "I think it's a really good steering committee for different issues. It sounds like the community needs more awareness about the programs out there."

Perez said the program is important to the Soldiers and families of Fort Riley because it brings about change that otherwise would not be possible. He added an issue can present itself as a Fort Riley



Maria Childs | POS

Soldiers, family members and civilians participate in the Army Family Action Place process Oct. 20 at the AFAP Conference in Riley's Conference Center. The process includes writing an issue and providing possible remedies to that issue to submit it to the leaders of Fort Riley for review.

#### MORE INFORMATION

• For more information about the Army Family Action Place Conference and meetings Oct. 20, or to submit an issue, call 785-239-9974.

issue, but could be an Armywide issue if enough installation submit it to the Army level. "They make change because this is a direct pipeline who signs off on those changes," "It all comes from this group of individuals' right here. Maybe the issues we are seeing at Fort Riley are happening Army wide."

Brookshire said she offers quarterly meetings to update the community about the issues being resolved. For more information about the meetings or to submit an issue, call 785-239-9974.

#### MAIL Continued from page 13

holidays are advised to visit the international shipping page on usps.com for information and specific deadlines based on the mailing locations and the service they are using. When mailing and shipping internationally, customers must also follow necessary customs guidelines.

#### MILITARY MAILING INFORMATION

Ensuring those serving in the nation's armed forces and diplomatic service receive their presents, care packages and cards in time for the holidays is a priority for the U.S. Postal Service and for friends and family members of military and diplomatic personnel serving their country around the world.

To send packages to military members serving abroad, the Postal Service offers a discounted price of \$16.75 on its largest Priority Mail Flat Rate Box. The price includes a \$2 per box discount for mail sent to APO/FPO/DPO (Air/Army Post Office/Fleet Post Office/Diplomatic Post Office) destinations worldwide.

Priority Mail Flat Rate Boxes are available at no cost at local Post Offices and online at shop.usps.com. Postage, labels and customs forms can be printed online anytime using Click-N-Ship at usps.com/ship.

To ensure timely delivery of holiday mail and packages by Dec. 25, the Postal Service recommends that cards and packages be sent to military APO/FPO/DPO addresses overseas according to the chart located at about.usps.com/news/national-releases/2016/pr16\_080.htm.

#### **WWW.RILEY.ARMY.MIL**





Maria Childs | PO:

A volunteer from the Historical and Archeological Society of Fort Riley portrays the "Woman in Chains" ghost, which has been reported roaming Artillery Parade Field, during the 20th annual HASFR Ghost Tours Oct. 23.

#### GHOST Continued from page 13

you're walking, you're getting bits and pieces of the history."

Cassell, who lives on Schofield Circle, said she has two residents in her household.

"I started doing history research on Fort Riley before we got here and I didn't know about the ghosts," she said. "I had to start asking questions."

Cassell said the family has heard footsteps in the attic and searched to find nothing there as well as the kids have felt someone check on them during the night while sitting on the edge of their bed. The kids usually ask Cassell if she checked on them, but her answer is always no.

"Even with the permanent residents, they are a little mischievous, but it's lovely," she said.

Sarah Aragon, wife of Sgt. Steven Aragon, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div., was one of the "Even with the permanent residents, they are a little mischievous, but it's lovely."

WENDY CASSELL

people Cassell and Verschage considered brave enough to hear the stories. She doesn't live far from the area where the ghost tours took place, so she thought it would be a good event to attend.

MILITARY SPOUSE

"I thought it was pretty cool and very interesting," Aragon said. "I've heard of things happening around here but didn't know anything in detail. It was very detailed about what happened in the houses."

For more information about HASFR events, visit www.for-trileyhistoricalsociety.org.

## Strike back against domestic violence

Post groups raise awareness of problem through bowling event

Story and photo by Season Osterfeld 1ST INF. DIV. POST

Tensions were high between staff of the Family Advocacy Program and Army Substance Abuse Program as they, and others, faced off in the annual Domestic Violence Awareness Month Bowling Competition Oct. 20 at Custer Hill Bowling Center.

In addition to FAP and ASAP, personnel from Operation Santa Claus, New Parent Support Group, Judge Advocate General's Office and more competed in teams of four to try to claim the first place trophy.

Staff of FAP and Army Community Services host the annual bowl competition to bring together personnel from different organizations across Fort Riley and provide them with information about spotting and stopping domestic violence, said Toiane Taylor, Family Advocacy Program manager. It is also a time to bring each person together and build stronger relationships with one another as it takes a community to put an end in domestic violence.

"We'll educate the folks that are in the building that aren't connected with us and the other piece is, it's kind of a team building thing," she said. "It takes a lot of different teams to blend together when



David Easterling, suicide prevention program manager for Army Substance Abuse Program, rolls a bowling ball down the lane at the Domestic Violence Awareness Month Bowling Competition Oct. 20 at Custer Hill Bowling Center. Staff of ASAP entered three teams in the hopes of securing their reigning championship of the yearly competition.

there is an incident in this community, a lot of different folks respond, and in order to prevent the incident, we have to partner with a lot of folks to get the message out. It's an opportunity for us to get the message out and build resiliency, have a little fun."

Staff from ASAP have claimed first place for the last two years at the bowling competition. As such, a friendly rivalry has formed between the FAP and ASAP staff. Taylor scoped out her competition as players arrived and engaged in taunting between her team and the three ASAP teams. She joked that she was not very good at bowling, but was highly competitive.

Players of the ASAP teams came prepared to win while dressed in matching shirts that read, "They see me Bowlin', they hatin" and fake sleeve tattoos on their arms.

"We've participated the last two years and I've been on the winning team each time," said Anita Eschliman, risk reduction program coordinator for ASAP.

Despite the rivalry between the ASAP and FAP players, Eschliman said they were there to support the FAP staff and help get their message out.

"We like to come out and support FAP," she said. "They come to all my meetings, so we just come out and support them and have fun."

An event like this, while fun in nature, is important

to get personnel of each organization familiar with one another and working together so they can be prepared and proactive when it comes to domestic violence, Taylor said.

"Just like the Soldiers, we deal with deployments and training shifts and with that comes with spikes in different behaviors we would like to see prevented, so we're all doing this," she said.

Although the FAP team gave it their best, one of the ASAP teams was still able to claim first place and continue the ASAP reign for a third year with a score of 557. The elves of Operation Santa Claus came in at a close second with a score of 550.

# Sports & Recreation

OCTOBER 28, 2016 **HOME OF THE BIG RED ONE** 

## A Night of Aces



Players from the Headquarters and Headquarters Company, 1st Infantry Division Sustainment Brigade, 1st Infantry Division, team prepare to hit the ball back to players of Smack Dat Ace at the first intramural volleyball match of the season Oct. 19 at Whitside Fitness Center. There are five teams competing in this season.



A player from the Headquarters and Headquarters Company, 1st Infantry Division Sustainment Brigade, 1st Infantry Division, team hits the ball upward toward teammate at the first intramural volleyball match of the season Oct. 19 at Whitside Fitness Center. Five teams faced off in four matches with three games apiece for the first night of matches.

Makayla Flenoury, 11, daughter of Staff

Sgt. Mario Flenoury, 1st Battalion, 5th

Field Artillery Regiment, 1st Armored

Brigade Combat Team, 1st Infantry

Division, swims during practice for the

Riptides recreational swim club Oct. 20

at Eyster Pool. The teams practice several

nights a week depending on level of skill.

## Intramural volleyball season served up, matches begin

Story and photos by Season Osterfeld 1ST INF. DIV. POST

Soldiers and family members faced off in the first intramural volleyball matches of the season Oct. 19 at Whitside Fitness Center.

Five teams are participating in the October to December volleyball season. The teams played against each other in one match consisting of three games with the victor winning two out of three.

Teams were formed through Soldiers asking around for teammates within their unit, Soldiers and family members asking friends to join and through social media.

Jennifer Castro, wife of Staff Sgt. Guilouermo Rodriguez, 1st Combined Arms Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, of Team Extreme said she heard about the team forming through a Facebook group.

"I've been wanting to play volleyball since I got out of high school and this is my chance now," she said.

Sgt. Axel Valentine, captain of Headquarters and Headquarters, 1st Inf. Div. Sustainment Brigade, 1st Inf. Div. team and Soldier in HHC, 1st Inf. Div. Sust. Bde., 1st. Inf. Div., said he rounded up players for his team by asking around his company. The two matches played by the HHC, 1st Inf. Div. Sust. Bde., team that evening were the first they had played together.

"Today's game was all right," he said. "This was the first time that we played as a team, so it wasn't too bad."

Valentine said having this team and getting to play volleyball was all about fun for him.

"I love volleyball," he said. "I've been playing volleyball since high school and that was about 16 years ago."

Despite most of the teams consisting of players who have never played together and, in some cases, met before, many said they had a lot of fun and felt their team played well together.

"The team played good," said Amanda Fields, team captain of Ace in Yo Face and wife of retired Sgt. 1st Class Brian Fields. "This is the first time I've played with most of these people and I felt like we worked together really well."

In the first match, players of Smack Dat Ace won against HHC, 1st Inf. Div. Sust. Bde., 2-1. Ace in Yo Face claimed victory in the second match against Chewblockas 3-0 and again in the third match against Team Extreme 3-0. In the final match, HHC, 1st Inf. Div. Sust. Bde., defeated Chewblockas 2-1.

## Kids improve as swimmers with Riptides Swim Club

Story and photos by Maria Childs 1ST INF. DIV. POST

Staff of the aquatics team at the Directorate of Family and Morale, Welfare and Recreation, offer a recreational swim club for children ages 6 to 18 that allows swimmers to practice in a team-driven environment and work on improving personal technique, endurance and speed.

Julie Golden, assistant coach for the Riptides, said the swimmers are divided into three practice groups: bronze, silver and gold. Swimmers are assessed and recommended for their practice group, but progression through these levels is highly encouraged.

Coaching military children is a personal endeavor for Golden.

"Personally, I feel I connect well with these children because I too was a military child and started swimming in sixth grade," she said. "The great thing about swimming is that it is an individual sport that you can take with you almost anywhere you go, but at the same time, you still feel like you are part of a team and eventually, that team becomes a family."

Golden said she loves spending time with the children because no matter what they did during their day, they are always looking for ways to improve their swimming.

"Just in these few short weeks I've seen amazing effort from our swimmers, and in turn, I've seen great improvement, too," Golden said. "Every day after practice I ask the kids to give me a high-five before they leave because it's important to celebrate even the smallest improvements. Riptides practice is my favorite part of the day because I really enjoy the energy and smiles these swimmers bring to the water — it's amazing."

Golden doesn't coach alone. Judy Gardner acts as the head coach for the team alongside her.

Gardner said it is important to her to help the youth develop their swimming skills as athletes.

"It is amazing to watch someone who might have been a student in one of our swim lessons who had few swimming skills in the beginning, be able to swim 1,500 to 2,500 meters during practice," she said. "Working with the military

children and their families is also very special. Their families make so many sacrifices, it's an honor to serve the Army community in this way."

about being part of something, especially for military children.

"Military families are always moving, so it's a great opportunity to develop new friendships with people you have something in common with," she said. "Sports are a great way to build confidence and develop life skills."

Makayla Flenoury, 11, daughter of Staff Sgt. Mario Flenoury 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, has been part of the team for almost two years. This year, she is swimming on the gold team.

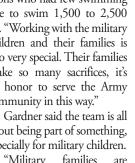
Flenoury said she discovered her love for swimming when her mother put her in swim lessons in August 2015. She joined the swim team shortly after.

"I used to be afraid of the water and then I started swimming," she said. "I've met a lot of new people, and a lot of my friends are on the team."

The teams practice several nights a week depending on level of skill. For more information about the swim club, call Eyster Pool at 785-239-4854 to schedule an assessment with a coach. For registration information, call 785-239-9885.



Fort Riley children await instruction from Judy Gardner, coach for the Riptides recreational swim club, during a practice Oct. 24 at Eyster Pool. The swim club for children ages 6 to 18 that allows swimmers to practice in a team-driven environment and work on improving personal technique, endurance and speed.



"I love everything about it," she said.

18 | OCTOBER 28, 2016 HOME OF THE BIG RED ONE

## Kansas State University cheerleaders hosting cheer camp



Photo by Hannah Kleopfer | POST

The Kansas State University cheer squad will host the eighth annual Fort Riley cheer camp for kids ages 4 to 12 Nov. 3 in Fort Riley's King Field House. The children above participated in the 2015 cheer camp.

BY K-STATE ATHLETICS

MANHATTAN, Kan. — The Kansas State University cheer squad will host the eighth annual Fort Riley cheer camp for kids ages 4 to 12, from 5:30 to 7:30 p.m. Nov. 3 in Fort Riley's King Field House on post.

Campers will be instructed by K-State cheerleaders and cheer coaching staff on traditional cheers, chants and dances.

Participants also have the opportunity to perform at the halftime of the men's basketball game against Washburn University on Nov. 4. Campers will receive a free ticket to the game, while parents will have access to discounted tickets.

To register, contact head coach Dani Ruoff by emailing druoff@kstatesports.com

or calling 785-532-7983. Please include the name and age of the child attending.

The camp is free to attend, and walkins are welcome. Campers are asked to wear comfortable clothing and shoes.

Parents and family members are welcome to stay for the entire camp.

Last year, the cheerleaders hosted the cheer camp Nov. 2 at Whitside Fitness Center. Several families at the 2015 camp praised it and said their children had fun and enjoyed their time with the K-State cheerleaders.

"My daughter loves this kind of thing," said Kari Anderson, wife of 2nd Lt. Terrence Anderson, 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division. "This event is great for her."

## Kansas State University defense achieves win over Texas

By Corbin McGuire K-STATE ATHLETICS

MANHATTAN, Kan. — The game seemed well in hands, and then it didn't. Enter Kansas State University's defense, which saved the Wildcats' 24-21 victory over Texas Oct. 22 in Bill Snyder Family Stadium.

"We like putting the game on us," said D.J. Reed, K-State sophomore defensive back. "That's what we live for. We like the game in our hands."

Up 24-14, K-State held the ball and the keys to a fifth-straight home victory over the Longhorns. That was until an interception opened the doors back up for a potential Texas comeback with 9:50 to play, but the Wildcats' defense slammed it back shut.

"We have a great defense," said Dominique Heath, K-State receiver. "As long as the offense comes out striking like we did in the first two quarters, we have a chance with anybody because we know our defense is going to stop teams, especially when they have to. I love our defense for that."

After the turnover, which gave Texas the ball at the Wildcats' 36-yard line, K-State stuffed consecutive inside runs to put the Longhorns in a third-and-6. It's the type of scenario senior defensive end Jordan Willis dreams about.

Without the concern of a run, Willis speed-rushed around the right side and, while still being blocked, stripped Texas quarterback Shane Buechele. As the Longhorns recovered it, it pushed them into a fourth-and-16 situation.

"He was super. He just plays so hard and he prepares exactly that way," K-State head coach Bill Snyder said of Willis, whose two sacks against Texas moved him to fourth on the Wildcats' all-time sack list with 22.5. "There is not one-tenth of a second of any snap that he takes that is not the best effort he has in his body

and his mind. I admire him and appreciate him so very much. He's a great player."

Reed polished off the defensive stand by making up ground late and breaking up a perfect pass from Buechele in the end zone, handing the Wildcats the ball back with 8:04 left.

"He actually caught it and I was able to make a play on it," Reed said. "He had me by a step or two, so I was fortunate enough just to get the ball out. It was a good play on fourth down."

Three plays later, Texas was celebrating another K-State turnover. This time, the Wildcats' miscue was a fumble on a quarterback sneak near midfield with 7:07 to play.

Again, K-State's defense limited the damage. "We stepped up whenever the moment came to us," said junior linebacker Elijah Lee, who matched Willis for the team-high in tackles with seven. "Our offense had turnovers and we have their back in those situations."

Texas moved the chains twice after the Wildcat fumble, but K-State kept the Longhorns out of the end zone and off the scoreboard.

To start, Willis blew up a read-option play for a loss of 2 yards on first-and-goal. Another inside run attempt went for a minimal gain before Reggie Walker secured a tackle 9 yards behind the line of scrimmage to force Texas to kick a field goal, which it missed.

"A lot of anxious moments," said sophomore offensive tackle Dalton Risner, "but our defense came through."

K-State limited Texas to 344 yards of total offense for the game, more than 150 below its season average coming into it. The Wildcats dominated third downs, allowing only three conversions on 11 attempts while also denying both of the Longhorns' fourth down tries.

"We just told our guys we have to dominate," senior linebacker Charmeachealle Moore said. "That was the word of the day: dominate."



Scott D. Weaver | K-STATE ATHLETICS

Kansas State University's Jordan Willis sacks Texas' Shane Buechele at Bill Snyder Family Stadium in Manhattan, Kansas, on Oct. 22.





# Travel & Fun in Kansas

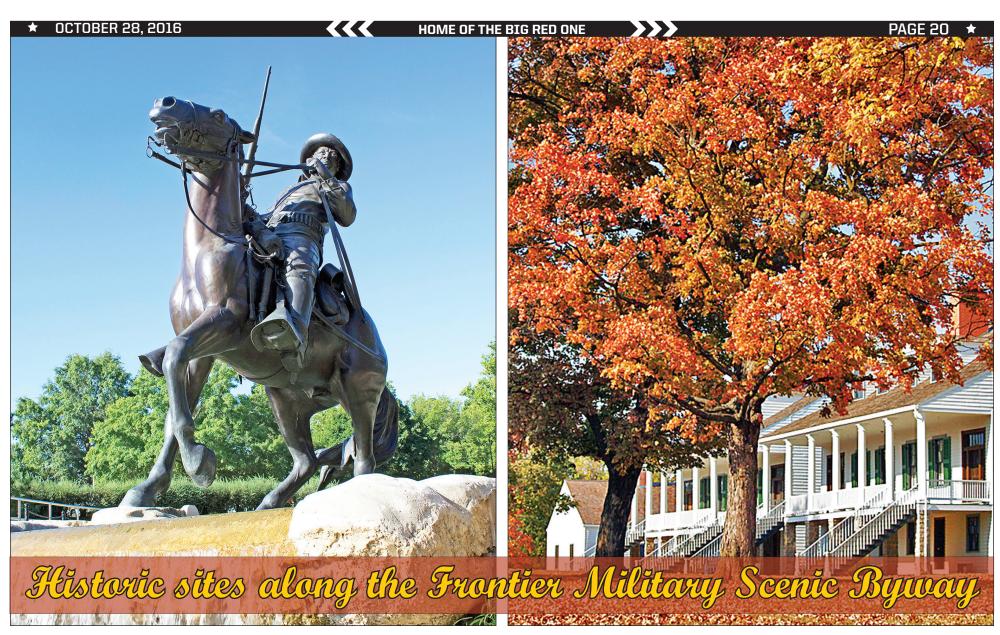


PHOTO COURTESY OF THE LEAVENWORTH CONVENTION AND VISITOR'S BUREAU The Buffalo Soldier Monument at Leavenworth, Kansas, is just one of several historic statues that help to tell the story of Kansas.

PHOTO COURTESY OF THE FORT SCOTT NATIONAL HISTORIC SITE A view of the fall color change at the Fort Scott National Historic Site. Starting in November, there will be candlelit tours of Fort Scott in the evenings.

Story by Chris Cannon 1ST INF. DIV. POST

The Frontier Military Scenic Byway runs with U.S. Highway 69, between Fort Leavenworth, Kansas, and Baxter Springs, Kansas. According to information provided by the Frontier Army Museum at Fort Leavenworth, the trail was used to transport equipment, soldiers and supplies from Fort Leavenworth to frontier forts along the route and down to Fort Blair in Baxter Springs, Kansas, from about 1854 until 1865. As time passed, towns such as Trading Post, Kansas, and La Cygne, Kansas, sprang up along the trail and events, such as the Marais des Cygnes Massacre and the Battle of Mine Creek made the modern trail along U.S. Highway 69 the scenic and historic attraction it is today.

The Frontier Military Scenic Byway is a 163-mile stretch of highway starting at Fort Leavenworth, home to the Disciplinary Barracks and the Frontier Army Museum at 100 Reynolds Avenue. Here, visitors can view exhibits about the Lewis and Clark Expedition through Kansas, and see how the territory evolved from 1804 to 1917. Visitors can take self-guided tours around the post to see sights, such as wagon swales, which are 10 to 20-foot depressions in the ground made by the thousands of wagons and oxen or horses commonly traveling across the territory.

Outside of Fort Leavenworth, the area offers a variety of activities for visitors, such as the C.W. Parker Carousel Museum in Leavenworth,

Kansas, and the Merriam Historic Plaza in Merriam, Kansas.

The trail continues along U.S. Highway 69 to the Marais des Cygnes Massacre Site and Wildlife Area. Today, the Marais des Cygnes Massacre site is home to a museum on the second floor of the house, and has been preserved by the state of Kansas since 1961 as part of the Marais des Cygnes Wildlife Refuge and Conservation areas. They are accessible by U.S. Highway 69 on either side of the oldest, continuously occupied settlement in Kansas, Trading Post, outside of Pleasanton.

The Mine Creek Farm is another stop on the Frontier Military Scenic Byway. The Battle of Mine Creek is the site of the largest cavalry battle of the Civil War. Here, visitors can see the site of the battle by taking a walking tour of the pivotal moments in the battle near Mine Creek Farm. The site also has indoor exhibits of uniforms and weaponry that are curated by the Kansas Historical Society. From here, visitors can travel to the Fort Scott National Historic Site, where they can see one of the first forts on the Kansas territory, which housed the First Kansas Colored Regiment.

The last stop on the trail is in Baxter Springs, Kansas. Visitors can see the Fort Blair Historic Site, the Kansas Route 66 Visitors Center and the Marsh Arch Bridge on Route 66. Baxter Springs is home to a curated historical museum detailing the town's history through periods of mining for lead and zinc, as well as its role during the Civil War after the battle of Mine Creek.



PHOTO COURTESY OF MARAIS DES CYGNES WILDLIFE REFUGE AND CONSERVATION PARKS The bottomland hardwood forest is just one part of the Marais des Cygnes Wildlife Refuge and Conservation. The change from hardwood forest and tallgrass prairie shows the geographic transition between Missouri and Kansas.