

Soundoff!

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FTMEADE.ARMY.MIL

Stealthy approach

Fleet Week and Air Show sails and soars into Inner Harbor PG 10



PHOTO COURTESY OF THE U.S. NAVY

The Navy's new stealth destroyer the USS Zumwalt will be commissioned at 5 p.m. Saturday in Baltimore as part of the Maryland Fleet Week and Air Show.

WARM WELCOME

Ambassadors help students acclimate

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UPCOMING EVENTS

Wednesday, 11:30 a.m.: National Disability Employment Observance, Club Meade

Oct. 22, 8 a.m.: Domestic Violence awareness Walk, Pavilion

Oct. 27, 4-6 p.m.: Right Arm Night, Club Meade

NEW DIGS

Thrift shop moves into larger building

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Soundoff!

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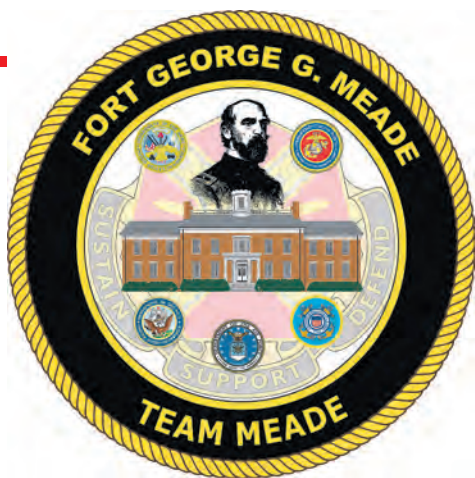
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COMMANDER'S COLUMN

Domestic violence victims have options

The Department of Defense commemorates October as Domestic Violence Awareness Month.

On a typical day, domestic violence hotlines nationwide receive approximately 20,800 calls.

In the United States, an average of 20 people are physically abused by intimate partners every minute which equates to more than 10 million abuse victims annually.

Last year, there were 251 domestic abuse related sexual assault victims who received Family Advocacy Program Services, according to DoD's 2015 report on domestic violence abuse in the military.

Domestic Violence can include physical, emotional, verbal, financial and sexual abuse. The abuser uses tactics such as threats, intimidation, isolation and other threatening behaviors to gain and maintain "power and control" over their Victims. Domestic Violence undermines the military values and negatively impacts Family Readiness.

Domestic violence does not discriminate, it affects all of us. With this year's theme, "Speak Up. Be part of the solution", let's pledge to use this month to spread awareness about the resources and programs available through the Fort Meade's Army Community Service Family Advocacy Program.

Team Meade, we have a responsibility to reduce cases of Domestic Violence. We can do this by being part of the solution. For victims of domestic abuse who are afraid to get help, we offer two different reporting options: Restricted and Unrestricted.

With either option, victims have access to victim advocacy services, medical treatment, forensic examination, counseling and medical care.



Samantha Herring,

VICTIM
ADVOCATE
COORDINATOR

The Restricted report allows victims to evaluate their relationship choices while maintaining control over what and how much information to share with others. The Victim decides whether or not to move forward with an investigation and can elect to change the information to Unrestricted reporting at any time.

With the Unrestricted reporting option, the Victim receives the widest range of rights and protections including Military and Civilian protective orders,

Command involvement and support, and the full investigation on the incident, enhancing an opportunity to hold the offender accountable. An unrestricted report also gives the command the discretion to take administrative action against the offender.

Victims of domestic violence can feel hopeless or afraid to seek out for help. They hope the abuse will stop. It is important that we support victim of domestic violence and we provide beneficial information to support their decisions. We are asking that everyone to "Speak Up, Be Part of The Solution."

The Victim Advocacy Program is available Monday through Friday from 7:30 a.m. to 4 p.m. The 24/7 hotline number is 240-688-6918.

DVAM upcoming events:

- Oct. 12-19 Silent Witness Display at McGill Training Center Ballroom
- Oct. 22 Domestic Violence Walk/ FT Meade Pavilion 0800-0900
- Oct. 24 5 Love Languages Workshop 1400-1600
- Oct. 25 Free Mediation class 1000-1100
- Oct. 28 Free Yoga class 1100-1230

Call for location information at 301-677-4118



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Join the conversation using the
hashtag #soundoff

Know the social media guidelines for military, DoD civilians during elections

BY JANE M. WINAND

Chief, Legal Assistance Division

It is political campaign season. It is tempting to debate the hot button topics, discuss the candidates' qualifications or just offer our own political opinions.

The widespread use of social media platforms such as Facebook and Twitter has provided even more avenues for political discourse.

Although service members may want to express their political opinions like everyone else, there are some things that they need to be mindful of when using social media sites to discuss politics.

Active-duty service members should not engage in partisan political activities and must avoid the impression that the Department of Defense is sponsoring, approving or endorsing the service member's political activities.

Political activity by federal civilian employees is governed by the Hatch Act and federal regulations.

Here are some highlights of guidance offered by the DoD regarding political activity on social media:

- Active-duty service members may generally express personal views on public issues or political candidates via social media or personal blogs, much like writing a letter to a newspaper.

If the social media page or post identifies the person as an active-duty service member, then the page or post should clearly and prominently state that the views expressed are those of the individual only and do not represent the views of the DoD, or the individual's branch of service.

- Active-duty service members may become "friends" or "like" a Facebook

page, or "follow" the Twitter account of a political party or partisan candidates.

However, active-duty military personnel MAY NOT:

- Engage in any partisan political activity such as posting any direct links to a political party or candidate

- Re-tweet or share tweets or comments from the Twitter account or Facebook page of a political party or candidate

- Engage in activities that suggest others "like," "friend" or "follow" the political party, partisan political candidate, group or cause, or forward an invitation or solicitation from those political causes

Do not let the push of a button or the click of a mouse lead to your downfall. Stop, think and use caution at election time before you comment on social

media sites.

In addition, active-duty service members also may be subject to restrictions in the Uniform Code of Military Justice, the Joint Ethics Regulation and other service-specific rules that may address the use of government communication systems and resources.

For more information, see "Guidance on Political Activity and DoD Support 2016" at http://www.dod.mil/dodgc/defense_ethics/resource_library/elections_guidance_2016.pdf.

For more information, call the Legal Assistance Division at 301-677-9504 or 301-677-9536 to schedule an appointment to speak with an attorney.

Ways to prevent Zika virus

FORT MEADE PUBLIC AFFAIRS OFFICE

The Environmental Protection Agency has made the following recommendations for protection against mosquito bites that may result in the Zika virus.

- Use EPA-registered insect repellents, which are proven safe and effective for pregnant and breastfeeding women
- Use repellents with the following active ingredients: DEET, picaridin, IR3535, and oil of lemon eucalyptus or parmenthan-diol
- Wear long-sleeved shirts and long pants
- Treat clothing and gear with per-

methrin or purchase permethrin-treated items. Permethrin is a medication and chemical that is often used in insecticides. Treated clothing remains protective after multiple washings.

- Follow product instructions carefully when treating yourself and family members
- DO NOT use permethrin products directly on the skin. The products are intended to treat clothing.
- Reapply insect repellent in interval hours.
- Stay in places with air conditioning or that use window and door screens to keep mosquitoes outside
- Use a mosquito bed net if you are overseas or sleeping outside



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Community Crime Watch

Sept. 18, Shoplifting: AAFES loss prevention personnel at the Exchange said he observed the suspect, via closed circuit TV, in the cosmetics department selecting from the display. The suspect continued through the men's department, where she removed the items from the boxes and then returned the empty boxes back to the display. She then exited the store without rendering payment.

Sept. 18, Larceny of private property: The victim stated that person(s) unknown had taken her Kinderpack Aurora child carrier from the back of her vehicle. She said that she and her husband were unloading groceries from their vehicle when the property was stolen.

Sept. 23, Shoplifting: AAFES loss prevention personnel at the Exchange stated she observed the subject in the cosmetics department selecting Photo Finish Primer Oil and placing it in the cup holder of her baby stroller. The subject proceeded to the central checkout and removed other items from her stroller and presented them to the cashier for payment, but didn't present the cosmetics item. She then left without rendering payment for the item.

Sept. 24, Shoplifting: AAFES loss prevention personnel at the Exchange stated that he observed the subject, via closed circuit TV, change the price tags on two pairs

of pants. The subject then left the store without rendering payment for the pants.

Sept. 28, Larceny of private property: The victim stated that her children's picnic table had been stolen from their front lawn.

Sept. 28, Shoplifting: AAFES loss prevention personnel at the Exchange stated that she observed the subject conceal lip tint and skin foundation in her purse and proceed past the final point of purchase without rendering payment.

Oct. 1, Shoplifting: AAFES loss prevention personnel at the Exchange stated that she observed the subject in trying out fragrance testers. The subject selected one bottle of cologne already out of the box, kept it and failed to render payment for the cologne.

Oct. 9: Driving under the influence without personal injury, driving while impaired by alcohol, driving on revoked license and privilege: Police were dispatched to the access control point on Rockenbach Road for a possible drunk driver. Police noticed that the driver had a strong smell of an alcoholic beverage emanating from him, was extremely nervous and wasn't steady on his feet.

Police conducted a standard field sobriety test, which the driver failed. The subject was transported to the Directorate of Emergency Services.

Students welcome new arrivals to Meade High

BY LISA R. RHODES
Staff Writer

When Nani Rapoza arrived at Meade High School last February from a middle school in Alaska, she was concerned about meeting new friends.

"I had really good friends at home and I was involved in clubs and sports," said Nani, 15, a military child. "I had been in the same school with the same students all my life."

But Nani was relieved and surprised when she was paired with Colette Pierce, another student who helped to introduce her to the school.

'I want to help new kids the same way I was helped.'

Nani Rapoza, Meade High sophomore and new-student ambassador

from home," said Stacy Nielsen, a registrar with the Meade High Counseling Department and the advisor to the program. "We want students to know they are welcome."

About 70 students serve as ambassadors and volunteer to be matched with an incoming student.

To be selected as an ambassador, students must be recommended by a teacher and complete an application. A student's GPA and leadership potential are also considered in the application process.

Ambassador training

Once selected, students undergo a daylong training to learn how to make a favorable first impression and how to conduct a tour of the school.

Nielsen said ambassadors are also reminded of the importance of having empathy for incoming students who may have arrived from different countries, speak a different language or have moved frequently with their military family.

"We tell students to put yourself in their shoes — how would you feel if you were new to a school?" Nielsen said.

Principal John Yore said the program reflects Meade's philosophy that everyone who attends and works at the high school should feel "valued and respected" for who they are.

"One of our goals is for every interaction to be respectful and there's no reason we can't," Yore said.

In addition to giving new students a tour of the school and introducing them to their teachers, ambassadors also have lunch with their partner and often include them in their circle of friends.

"We also want to connect students to something they feel passionate about," Yore said. "The students in our school are very service-oriented. They want to help others."

He said being connected to others is a critical part of being a well-rounded adult and learning to be engaged with the world.

Yore said that among Meade students, the desire to help others is "genuine and authentic."

Ambassadors may introduce students to sport teams and social service clubs such as Happy Helpers, part of the school's Key Club, which works to provide meals for the homeless.

Student ambassadors have also raised funds for nonprofit causes, such as Relay For Life, the signature fundraiser for the American Cancer Society.

Special diploma program

Nani, a student in Meade's International Baccalaureate Diploma Programme, said she had such a positive experience with Colette that she applied to be an ambassador this year.

"I want to help new kids the same way I was helped," she said.

The IB Diploma Programme is an academic curriculum for students ages 16 to 19 that offers six core subjects — literature, foreign language, social studies, sciences, mathematics and the arts.



PHOTO BY LISA R. RHODES

Stacy Nielsen (left) a registrar with the Counseling Department at Meade High School and the advisor to Meade's Student Ambassadors Program, discusses goals for the new school year with Erin Heritage, a junior and the program's president.

'In this school, we're together as one.'

Reese Levin, a senior who is and new-student ambassador

The program encourages students to engage in critical thinking and explore creativity and community service.

Meade is one of three high schools in the country to offer the program. Students who successfully meet the requirements of the program are awarded an IB Diploma, which is recognized by colleges and universities around the world.

The Student Ambassadors Programs' new president is Erin Heritage, a junior at the high school, and IB student.

Erin, who is a military child, said her goal for the program is to encourage all students to become more active as a community.

"We want to bring the school together

so everyone is united," she said.

Nielsen, who grew up in a military family, started the program two years ago. She modeled Meade's program after the Student 2 Student Program, which is sponsored by the Military Child Education Coalition.

Student 2 Student matches incoming military-connected students with a non-military connected student.

"The world is becoming a more transient place," Nielsen said. "If you've been in that situation of having to move frequently, a program like this helps you build lasting relationships and allows you to connect with someone. It helps you become a well-rounded adult and more accepting of others."

Reese Levin, a senior who is also an IB student, is an ambassador as well. He said the program is important to all students.

"If there's a way for new kids to meet and make friends, I want to be a part of it," the 17-year-old said. "In this school, we're together as one."

Competitor advocates for homeless fellow vets

BY LISA R. RHODES

Staff Writer

When former sergeant Sally Rejas separated from the Army eight years ago, she wanted only to be known as a military spouse.

Despite the fact that she served six years with the prestigious 82nd Airborne Division and deployed to Kuwait and Iraq, Rejas said she didn't talk about her military service with other spouses.

"I wanted to fit in. ... I was afraid to say I was a veteran," said Rejas, wife of Master Sgt. Daryl Rejas of the 200th Military Police Command and the mother of two children. "I'm just a spouse."

Rejas said that women military spouses "stay clear" of women veterans who are also spouses because "you speak the same language as their husbands."

But today, Rejas speaks openly about her service. In fact, she is a proud advocate for women veterans, specifically homeless women veterans.

"I have to speak up," she said. "That [being homeless] could have been me."

On Sunday, Rejas, a member of Fort Meade's Enlisted Spouses' Club, competed as a finalist in the Ms. Veteran America competition at the Shakespeare Theatre in Washington, D.C.

"I'm already a winner because I've received everyone's support," Rejas said before the event.

Rejas competed along with 24 other women veterans for the title and to raise awareness about the plight of homeless women veterans.

Former Air Force Capt. Molly Mae Potter of Austin, Texas, was crowned the winner.

Rejas was presented the Selfless Service Award for her volunteer work in the community.

Ms. Veteran America is a partner with Final Salute, Inc., a nonprofit based in Alexandria, Va., that works to provide suitable and affordable housing for women veterans.

"It's not a beauty contest," Rejas said of the competition. "It's about supporting our sisters."

According to the organization, there are 55,000 homeless women veterans in the U.S.

Women veterans are more likely to be homeless than their male counterparts and have trouble finding safe housing that is both suitable for children and economical.

"People need to know about this issue," Rejas said.

As part of the competition, contestants were required to raise funds for the cause.

Rejas raised about \$4,700. ESC donated \$500.

"We are extremely proud of her," said Ellie Batista, ESC president. "Her volunteer efforts for our organization have been outstanding."

Batista said many ESC members are veterans and that homelessness among women veterans is an issue that is "near and dear to our hearts."

Garrison Command Sgt. Maj. Rodwell L. Forbes and his wife Patricia, the club's advisor, also made a donation.

"Why not?" Patricia Forbes said of supporting Rejas. "Couldn't miss the opportunity, being a veteran myself."

Forbes said it was "awesome" that Rejas participated in the competition.

"Couldn't be a better person to represent female veterans," she said.

The finalists were judged in four categories: talent, a push-up contest, women military history and an interview with the judges. One final question was posed Sunday evening.

For the crowing of Ms. Veteran America, the women wore evening gowns.

During the talent portion of the competition, Rejas, who is of Puerto Rican and Dominican heritage, performed a bachata and salsa dance.

When Rejas was serving in Kuwait and Iraq from 2005 to 2006, she taught a salsa dance class to her comrades to boost morale. She was presented the Military Outstanding Volunteer Service Medal for her contribution.

Rejas enlisted in the Army in 2001, before the Sept. 11 attacks. She said she joined because her mother could not afford to pay for college. Joining the military was a good way, she said, to gain a skill and support herself.

Rejas completed her basic and advanced individual training at Fort Jackson, S.C.

A runner in high school, Rejas said her first sergeant in AIT told her that she had the skills and talent to serve in the 82nd Airborne Division.

Rejas, who was then 18, took his advice and signed up.

"I found it exciting to jump out of planes," she said. "I thought it was pretty cool."

Rejas was only one of a few women in her unit, but said she was treated equally with her male comrades.

She completed 24 jumps during her career.

When Rejas separated from the Army in 2007, she was a single mother and didn't know much about applying for a job and

gaining access to veteran services.

Rejas said that she felt like many women veterans today — alone.

"No one was there to mentor me," she said.

Last year, Heather Worley, a finalist in Ms. Veteran America 2015, reached out to Rejas on social media. Rejas and her family were assigned to Fort Benning, Ga., at the time.

When Worley told Rejas about the problem of homelessness among women veterans, she was surprised.

"I never realized how big an issue it was when she brought it up," Rejas said. "I realized that could have been me. ... I could have easily been on the streets, jumping from couch to couch."

Rejas said she was fortunate that her husband, who was then her boyfriend, encouraged her to move forward with her life.

In January, Rejas decided to register for

the Ms. Veteran America competition and take up the cause.

"It has been a healing process for me," she said. "Not that I was ashamed to be a veteran, but I didn't want to speak up."

To raise funds for the competition, Rejas spread the word on Facebook and Twitter, and she has held two ice cream socials, which she called "Helping Female Veterans One Ice Cream Scoop at a Time."

She also taught salsa lessons and served as a guest speaker at events for the Veterans of Foreign Wars chapter in Susquehanna.

"If I don't take the crown I'm OK with that because I feel this has really helped me to become who I am," Rejas said.

She said is a proud veteran, wife and mother. She is also an example for young women who aspire to become a Soldier.

"I will continue the mission to advocate for female veterans through Final Salute — with or without the crown," Rejas said.



PHOTO BY PHELAN MARC

Former sergeant Sally Rejas, a member of Fort Meade's Enlisted Spouses' Club, wears the evening gown she showcased during the Ms. Veteran America competition on Sunday.

Kimbrough team takes third at Ten-Miler

BY SUE BOZGOZ

Kimbrough Army Ten-Miler coordinator

Out of 184 teams in the All Comer's category in the Army Ten-Miler, Fort Meade-Kimbrough's two teams came in third and eighth, respectively, in the All Comers Division.

Fort Meade-Kimbrough team captain, Maj. Tajudeen Ottun believes that most people are enthusiastic about taking part in sports and recreation. "Like all military and civilian personnel, we enjoy the opportunity to participate in a supported and structured environment such as the Army Ten-Miler" he said.

"Our All Comer's team is diverse. It is made-up of walkers, runners, elite international runners, males, females, active and retirees. Our goal was not only to promote health and fitness on all levels, abilities and capabilities, but also to bring out the best in everyone's ability through encouragement and social inclusion," stated Ottun.

Capt. Tyearea Phifer, team captain of Kimbrough's second team to compete in the All Comer's Division stated, "The race simply brought out our competitive spirit and strength as it gave us an opportunity to

connect with each other regardless of rank, race, color, religion, age, physical ability, circumstance or economic background."

Kimbrough Army Ten-Miler Times:

Third Place All Comer's Team:

Belay Kassa, 0:54:10
Erich Huang, 1:03:42
Thorne Ransom, 1:08:38
Travin Omar Danshiell, 1:22:48
Allen Smith, 1:30:00
Lance Thomas, 2:00:56
Hunt Timothy, 2:06:07
Geoffrey Kip, 2:13:19

Eighth Place All Comer's Team:

Irina Suvorova, 1:08:31
Julius Kip, 1:08:36
Joel Tanaka, 1:12:24
Riuwan Ottun, 1:25:59
Joanie Rainey, 1:41:00
Laura Trinkle, 1:42:58
Tyearea Phifer, 1:47:00
Tonya Dickerson, 1:57:56
Kim Perez, 2:13:19
Tajudeen Ottun, 2:19:55



PHOTO BY D. L. "PAUL" FARLEY

Members of the Fort Meade Kimbrough team that finished in third in the All Comer's Division at the Army Ten-Miler stand with their plaque after the race.

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Thrift shop moves to bigger building

MADDIE ECKER
Staff Writer

Looking for books, clothes, linens or kitchenware at bargain prices? You can find all that and more at the Post Thrift Shop's new location at 392 Llewellyn Ave.

The shop opened its doors to the community on Oct. 1.

Soundoff! met with Amy Shibilski, the Post Thrift Shop manager, to talk about all the new amenities now offered.

As manager, Shibilski helps run the shop, facilitates communication between the volunteers, employees and the Thrift Shop Council, and fills in as needed.

How was the grand opening?

The grand opening was awesome, even with the heavy rain. It was great because we had a lot of people who only come Saturdays, but also a lot of our regulars that only come during the week [came too].

Why did the shop move into a new building?

We needed more space so that we could help the community more. It was really difficult with the space [we had] to get everything out and to keep things that we got instead of donating them. The building itself was in need of repairs and they plan to tear it down.

What should customers expect with the new facility?

Right now, things will pretty much remain the same: sales are as needed when we have too much inventory and the pricing of our items are the same throughout the store.

It's just a lot more convenient for our customers to shop, to move around and to actually see what's on the shelves rather than everything being stacked on a tiny shelf.

Will there be any changes customers should be aware of?

We have four fitting rooms that are separate from the bathroom so you don't have to try clothes on in the bathroom anymore. We also have space to accept furniture.

On your website it says the store made \$60,000 last year that went back to the military and local community. With the new shop, do you think you will be able to beat that number?

Hopefully! The sales in the first three days have been amazing and there has been a [steady] flow of people. We don't have much overhead, so what we do make goes directly back to the Enlisted Spouses' Club who then distributes it throughout the community in the form of scholarships and grants.



PHOTOS BY MADDIE ECKER

The Post Thrift Shop's new facility offers more space for donations. Clothing, kitchenware, linens and more are now available at the shop, which is located at 392 Llewellyn Ave.

What went into moving?

Moving was challenging, but it went really well. It took about a month. We couldn't have made the move, relocation and set-up without our long-term volunteers, employees, ESC volunteers and volunteers who came out for the day to help.

Does the shop need more volunteers?

Tuesdays and Thursdays we're good [with volunteers], but on Wednesday we could use some more people. We could always use more volunteers on Saturday because it's usually really busy.

Have there been any problems so far?

We haven't really had any complaints other than the parking; our customers just don't know where to go.

Are there any items you need more or less of?

It varies depending on what we get. Right now, we just have a lot more space to fill, so it would be great if people brought [any donations].

Housewares are always great to get because people moving in might not have that kind of stuff when they first get here.

We also need more linen.

We don't want donations of dirty items or clothing that is beyond repair. We just ask people to use some common sense when donating items.

What is the consignment policy?

The Thrift Shop retains a 25 percent commission of the selling price on the item sold. Active-duty service members, military retirees, and their family members, DoD civilian employees, Reservists and post-recognized organizations may consign items for sale.

The Thrift Shop will accept up to 10 items for consignment per consignor per consignment day.

Consignments are by appointment only.

What has been the best part of opening the new shop?

Just to see peoples' faces as they walk through the door and they're like, 'Wow!' Somebody wrote [on Facebook] that she didn't go to the other shop because it was so small and she just didn't feel it was safe with her kids, but that the new store was great.

Even people who aren't regulars have



Amy Shibilski

come back to check it out.

We want to thank the community for their continued support and dedication to our shop.

Editor's note: The Post Thrift Shop is open Tuesday, Wednesday and Thursday from 9 a.m. to 2 p.m. and the first Saturday of the month from 9 a.m. to 1 p.m.

For more information, call 410-672-3575 or email Amy Shibilski at manager@postthriftshop.org.

All Army Sports dominates Ten-Miler

BY JESSICA RYAN
U.S. ARMY INSTALLATION
MANAGEMENT COMMAND

After braving strong winds on a Sunday morning, men and women runners in the All Army Sports team finished in first, second and third place at the Army Ten-Miler.

Marathon runner Sgt. Augustus Maiyo, of Colorado Springs, Colorado, placed first in the male's overall and male's military categories with a net time of 48 minutes and 20 seconds. Maiyo is a Soldier in the U.S. Army World Class Athlete Program, based in Fort Carson, and a food service specialist in the Army.

His teammates crossed the finish line within seconds behind him. First Lt. Robert Cheseret, of Fountain, Colorado, came in second, and 2016 U.S. Olympic track and field team member Spc. Shadrack Kipchirchir, of Beaverton, Oregon, came in third. Sgt. Hillary Bor and Spc. Leonard Korir, both of Colorado Springs and members on this year's U.S. Olympic track and field team, came in fourth and fifth place. All Soldiers are also in the Army WCAP.

Capt. Kelly Calway, of West Point, New York, came in first in the female's military category and third in the female's overall with a net time of 58 minutes and 56 seconds. Her teammate Spc. Susan Tanui, of Fort Riley, Kansas, placed second in the female military category.

Other runners in the All Army Sports team were U.S. Olympic silver medalist Spc. Paul Chelimo, of Beaverton, and Spc. Emmanuel Bor, of Fort Bliss, Texas.

The All Army Sports runners also placed first for the International Army team category. Their collective running time was three hours, 13 minutes and 24 seconds.

The runners credited their success to teamwork. As they ran the 10-mile trek together, they faced wet streets and wind gusts.

"We worked together as a team. The way we run as a group helped a lot," said Kipchirchir. "We stay together and motivate each other. If someone starts to slow down, we encourage them to keep up with the group."

The team also credited Army training and support from crowd members for their preparation and motivation for the race.

"The Army helps us train and gives us support," said Cheseret. "Seeing all these people here was really motivational. The crowd was cheering and were so good to us."

It was not just about competing for fast



PHOTOS BY JESSICA MARIE RYAN

Marathoner Sgt. Augustus Maiyo of Colorado Springs, Colo., crosses the finish line first in the male's overall and male's military categories at the Army Ten-Miler Sunday in Arlington, Va. His teammate 1st Lt. Robert Cheseret (right) came in second as the two crossed the finished the line at a net time of 48 minutes, 20 seconds.

running times for the Army athletes. Calway, an instructor in the U.S. Military Academy's Department of Physical Education, also ran to honor a fallen service member. She dedicated her run to Army Capt. Brian "Bubba" Bunting, a West Point graduate who died in 2009 while serving in Operation Enduring Freedom in Afghanistan.

"When I was out there hurting [during the race], I thought about what he [Bunting] went through and how he made the ultimate sacrifice," she said.

The runners were also proud to represent the Army and expressed their appreciation for programs like WCAP and All Army Sports.

"I look forward to this race every year," said Calway. "It's such a strong homecoming for the entire Army community. I see people that I served with over the past 10 years. It means a lot to run on the All Army team and represent everyone in the Army."



Capt. Kelly Calway, third place Female Overall, (center); Spc. Susan Tanui, second-place Female Military (on her left); celebrate with Army leaders and Spc. Ruth Keino, third-place finisher in the Female Military celebrate.

Ships Ahoy!

Fleet Week sails into Baltimore's Inner Harbor

By MADDIE ECKER
Staff Writer

Twelve U.S. and Canadian naval vessels anchored in Baltimore's Inner Harbor on Oct. 12 for the first-ever Maryland Fleet Week & Air Show Baltimore.

Festivities will run through Sunday at the Inner Harbor, Fells Point and Locust Point.

A welcoming ceremony featuring Maryland Gov. Larry Hogan; Rear Adm. Charles Rock, commandant of the Naval District Washington; and other elected officials was scheduled for Wednesday at the Inner Harbor Amphitheater.

Free tours of the ships are available through Sunday from 1-6 p.m.

As part of Air Show Baltimore, the Blue Angels will fly over Fort McHenry and Middle Branch Saturday and Sunday from 1-4 p.m.

The show will include the Royal Canadian Air Force demonstration team, U.S. Air Force pilots flying in formation, and a search-and-rescue demonstration by a Coast Guard helicopter.

Other events include "Meet the Fleet and Selfie with a Sailor" on Friday from 7-9 p.m. at Power Plant Live.

The USS Zumwalt, the new stealth destroyer that anchored Monday at Locust Point, will be commissioned Saturday at 5 p.m.. Admission to the ceremony is by invitation only.

Events:

♦ **Fleet Week Festival:** Exhibitors, food and drink will be featured at the Inner Harbor between Pratt and Light streets through Sunday from 1-6 p.m. A beer garden will be open Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 6 p.m. at West Shore Park, 401 Light St.

♦ **Air Show Baltimore:** The Blue Angels will fly over Fort McHenry and Middle Branch on Saturday and Sunday from 1-4 p.m.

♦ **Martin State Airport Festival and Open House:** Meet the pilots and get a closer look at their aircraft on Saturday and Sunday from 10 a.m. to 5 p.m. at Martin State Airport, 701 Wilson Point Road, Middle River. The event will include music and food vendors.



PHOTO BY JERRY JACKSON/BALTIMORE SUN (USED WITH PERMISSION)

The Blue Angels, shown here two years ago, will fly over Fort McHenry and Middle Branch on Saturday and Sunday afternoons as part of Air Show Baltimore.



COURTESY OF THE U.S. NAVY

The USS Leyte Gulf docks at the Baltimore Inner Harbor for the Maryland Fleet Week and Air Show.



COURTESY OF THE U.S. NAVY

The USNS Carson City, which was christened in January, is one of the dozen ships that arrived at Baltimore's Inner Harbor.



COURTESY OF THE U.S. NAVY

The USS Mesa Verde, named after the Mesa Verde National Park in Colorado, sails into Baltimore's Inner Harbor on Oct. 12.



COURTESY OF THE U.S. NAVY

The USS Jason Dunham, an Arleigh Burke-class destroyer, is among the convoy of naval vessels that were to arrive in Baltimore on Wednesday.

JIBBER

Assaulting talk

Disclaimer: Army Regulation 360-1: The Army Public Affairs Program, Chapter 3, Paragraph 4, Line F, Bullet 1 states, "Public affairs programs and publications will not carry campaign news, partisan discussions, cartoons, editorials, or issues in accordance with DODI 5120.4."

Between the seventh to 12 grades, I participated in 10 separate sports where I was in a locker room every day with upward of 30 dudes: football, wrestling, basketball, track and cross country. During those same years, I spent countless nights hanging out with my boys playing "Tecmo," drinking whatever we could get our hands on and talking "junk." Or at least that's one thing we called it back in the early '90s.

After that, I spent a year on the Michigan State University campus with four buddies. Our house had a hot tub on the porch, and our collective goal was to keep it filled with the opposite gender. I failed miserably, but that didn't keep me from dreaming and talking about what I'd do if ...

Then in 1998, I joined the Army, and the first place Uncle Sam sent me was Fort Sill, Okla., where I spent a few months in a bay with a platoon of "Delta Dawgs." We spent our nights talking about what we were going to do when we got a pass.

Next, I spent three outstanding months here at the Defense Information School for advanced individual training. I lived in the barracks on 6th Armored Cav where I heard and said a lot of things. Not to mention the drill sergeants and Sill taught me, and my battle buddies, some phrases and insults we'd never heard before.

Once I was officially a soldier, I spent two years in the barracks at Fort Polk, La., with hundreds of fellow single Soldiers — male and female — as a member of the 11th Public Affairs Detachment.

All of that is to say I've spent plenty of

time participating in what some would call "locker room talk." It happens and it is disgusting.



Chad T. Jones

PUBLIC AFFAIRS
OFFICER

"It's just locker room talk" or "That's how we do," or "I was just kidding" are a few of the excuses I've used to pardon my behavior. "Boys will be boys," is a common excuse others have made for me.

However, when I look in the mirror and think about the things I've said or laughed at or accepted with my silence, those excuses do not keep my stomach from churning in disgust. They do not remove my shame, nor do they make me feel any comfort when I realize someone is going to speak about my daughter that way.

Especially when you consider the absolute fact that for some, locker room talk, excused because boys will be boys, will lead to sexual harassment and assault.

Don't get it twisted! When a coach or a parent or an NCO or a buddy lets a teammate or a battle buddy or even a stranger proclaim, "I'm going to get with that," because "it's just locker room talk," that enabler has just increased the chances of a female, any female, getting raped.

My bluntness may give the perception that I'm on a "high-horse", but as you can read, I've got no horse to sit on. I'm as guilty as anyone and guiltier than many.

It's just that Tuesday was I Stand with Girls Day on Facebook. It's no coincidence, but certainly a shame that a day dedicated to supporting females needs to be incorporated into Domestic Violence Awareness Month.

But the fact is, it does. So, just remember that the next time you or someone else wants to chalk something up to "Boys being Boys."

If you have comments on this or anything to do with sports, contact me at chad.t.jones.civ@mail.mil or hit me up on Instagram @CTJibber.

SPORTS SHORTS

Ghosts, Ghouls and Goblins 5K

Dress in costume for the Ghosts, Ghouls and Goblins 5k Run and 1-Mile Fun Walk on Oct. 22 at 8 a.m. beginning at the Pavilion.

Bring your pet to run with you and enter him in the Pet Costume Contest following the run.

This is the only run where pets are permitted.

Registration costs \$25 per person, and \$60 per family of three to six people.

Register online at meade.armymwr.com/us/meade/programs/run-series.

For more information, call 301-677-7916.

Domestic Violence walk

Army Community Service and the Family Advocacy Program will partner with the Fort Meade 5K Run Series for a free 1-mile walk in support of Domestic Violence Awareness Month on Oct. 22 at 8 a.m. at the Pavilion.

Preregistration is required.

For more information, call 301-677-4117.

EFMP Bowling

The Exceptional Family Member Program is offering bowling for exceptional families on Wednesday from 5:30-7 p.m. at The Lanes.

Participants can bowl one free game with free shoe rental.

Discounted games and shoes will be available to other family members.

To register, call 301-677-7836.

Youth Sports registration

Registration for the 2016-2017 Youth Sports winter season is underway.

Sports include futsal and basketball.

Volunteer coaches are needed for all sports, and will receive free training and a coach's discount for their children.

For more information, call the Youth Sports & Fitness Office at 301-677-1329 or 301-677-1179.

Vinyasa Yoga classes

Vinyasa Yoga is offered Mondays and Wednesdays from 4:30-5:30 p.m. and Saturdays from 8-9:30 a.m. at Gaffney Fitness Center.

This class emphasizes breathing techniques, flowing poses, increasing balance, stretching and relaxation.

Try out a class for \$5. Classes are open to

all authorized user ages 18 and older.

For more information call 310-677-2349.

Coaches, refs needed

Youth Sports is seeking volunteer coaches and referees for the winter sports season that includes basketball and futsal.

New this winter are Fustal parent and child clinics for toddlers as well as intramural basketball for children ages 10 to 14.

Volunteers coaches receive free training and a discount for their children enrolled in the program.

For more information, call the Youth Sports office at 301-677-1329 or 301-677-1179.

Free unit bowling

The Lanes at Fort Meade offers free bowling for all active-duty military units on Tuesdays, Wednesdays and Fridays from 11 a.m. to 2 p.m.

Free unit bowling is offered for one hour.

For more information, call 301-677-5541 or go to meade.armymwr.com.

Gaffney fitness classes

Gaffney Fitness center offers a variety of fitness classes.

Classes are open to authorized users ages 18 and older.

Cost is \$5 per drop-in class; \$40 for 10 classes; and \$60 for 20 classes.

For more information, call 301-677-2349 or 301-677-3716.

Murphy 24-hour fitness facility

Murphy Field House offers unmanned extended hours after normal operating hours.

Murphy is open to authorized registered patrons ages 18 and older to utilize the cardio equipment and Nautilus weight machines.

The free weights, basketball and racquetball courts are NOT open during unmanned hours.

The facility is unmanned, so exercise responsibly and come with a buddy.

Registration is required to gain access to the facility by fingerprint reader.

Pick up a registration form at Gaffney Fitness Center or Murphy Field House and submit the completed form to the facility in advance so your information is in the system when you come for your appointment at Gaffney to enter your fingerprint for entrance to the facility.

Schedule an appointment for registration for 24/7 access. For more information, call 301-677-3867.



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Join the conversation using the
hashtag #soundoff

NEWS & NOTES

*The deadline for Soundoff! community "News and Notes" is **Friday at noon**. All submissions are posted at the editor's discretion and may be edited for space and grammar. Look for additional community events on the Fort Meade website at ftmeade.army.mil and the Fort Meade Facebook page at facebook.com/ftmeade.*

How to submit announcements

Community members can advertise their upcoming event, meeting or class on the *Soundoff!* community announcements page by visiting www.ftmeade.army.mil and clicking on the Press Center tab.

Once you are in the Fort Meade Press Center, click on PA services, story or promotion request and electronic inquiry form.

Inquiry forms should be submitted at least two weeks before the date of the event, meeting or class.

NEWS & EVENTS

NEW VCC hours

Operating hours at the Demps Visitor Control Center are Monday to Friday from 7:30 a.m. to 6 p.m. The VCC is closed weekends.

All individuals who do not have a DoD-issued identification card must go to the VCC for a day pass.

Visit the VCC at least 10 business days in advance to apply for a long-term access pass.

Visitors who arrive on post when the VCC is closed must be escorted on post by an authorized DoD cardholder. This includes weekends and federal holidays.

For more information, call the VCC at 301-677-1064 or visit the Fort Meade Facebook page for announcements on temporary changes to operating hours.

To find out how to preregister, go to goo.gl/xyTzhg.

Veterans Appreciation Day Luncheon

The Veterans Appreciation Day Luncheon, sponsored by the Fort Meade Retired Officers' Wives' Club and other organizations, will be held Nov. 5 at 10:30 a.m. at Club Meade, 6600 Mapes Road.

Check-in and socializing begin at 9:45 a.m.

Reservations are required by Oct. 23. Seating is limited.

Co-sponsors include the Association of

the United States Army, Enlisted Spouses' Club, Military Officers Association of America, Military Order of the World Wars, Officers' Spouses' Club and the Retired Enlisted Association.

The keynote speaker is Garrison Command Sgt. Maj. Rodwell L. Forbes.

The choral group Baron 52 will perform a patriotic musical tribute.

Cost of luncheon is \$30 and includes entree choices of London broil, chicken cordon bleu or vegetable lasagna, and dessert.

For reservation forms or more information, call co-chairpersons Lianne Roberts at 301-464-5498 or Althea Freeman at 410-451-9709.

Thrift Shop's new location

The Post Thrift Shop is now located at 392 Llewellyn Ave. (across from the Pavilion in the former Military Clothing Sales building).

The shop is operated by staff and volunteers, run by the Post Thrift Shop Council, and overseen by the Enlisted Spouses' Club.

Profits are donated to the ESC and returned to the community and military-affiliated organizations.

Hours are: Tuesdays, Wednesdays and Thursdays from 9 a.m. to 2 p.m. and the first Saturday of the month from 9 a.m. to 1 p.m.

Consignments are taken by appointment only.

For more information, call 410-672-3575.

Fleet Week

The Maryland Fleet Week & Air Show Baltimore runs through Sunday at the Inner Harbor and other sites.

Highlights include free tours of U.S. and Canadian naval vessels through Sunday from 1-6 p.m.

During Air Show Baltimore, the Blue Angels will fly over Fort McHenry and Middle Branch on Saturday and Sunday from 1 to 4 p.m.

The Fleet Week Festival featuring exhibitors and food will be held through Sunday from 1-6 p.m. at the Inner Harbor.

A beer garden will open Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 6 p.m. at West Shore Park, 201 E. Pratt St.

In conjunction with Fleet Week, the Martin State Airport Open House and Free Festival will be held Saturday and Sunday from 10 a.m. to 5 p.m.

The event will feature air show aviators taking off and landing; autograph sessions with Blue Angels; displays of military aircraft; musical entertainment; and food vendors.

For more information, go to enjoybaltimorecountymore.com.

R&B Night

Enjoy a night of dancing on R&B Night on Friday from 7 p.m. to midnight at Club Meade.

The event includes food and drink specials. No cover charge.

R&B Nights are held on the second Friday of every month.

For more information, call 301-677-6969.

Bowie homecoming, military appreciation

Bowie State University invites all military veterans to its 2016 Homecoming on Saturday.

The event will be highlighted by a pregame performance at 1:30 p.m. by the U.S. Army "Golden Knights" parachute team presented by the Army Reserve Officers' Training Corps.

The homecoming parade begins at 9 a.m. at Ruby Tuesday's, 16451 Excalibur Road.

The football game against the Virginia State University Trojans will be played at 2 p.m. at the Bowie State University Bulldogs Stadium.

The tailgate party is from noon to 1:30 p.m. at Tubman/McKeldin Lawn at the university.

Tickets cost \$20 for general admission and \$20 for seniors.

For more information, visit http://bsubulldogs.com/splash.aspx?id=splash_71.

Disability Employment Awareness Month event

The Fort Meade garrison and the Equal Employment Opportunity Office are sponsoring the National Disability Employment Awareness Month observance on Wednesday from 11:30 a.m. to 1 p.m. at Club Meade, 6600 Mapes Road.

The theme is "Inclusion Works: Make Inclusion a Core Value!"

The speaker is Keith Nolan, a motivational speaker advocate for the Deaf, hard of hearing, and the hearing impaired.

Lunch will not be provided but it is available in the Club Meade dining area.

Attend with supervisory approval and without charge to annual leave. Administrative leave is authorized.

Pet Costume Contest

The Family Pet Care Center will host its annual Halloween Pet Costume Contest on Oct. 22 at 9:30 a.m. at the Pavilion.

Registration will take place the day of the event from 7-9 a.m.

All participants will be given goodie bags. Prizes will be awarded to winners in various categories.

For more information, call 301-677-

4059 or visit meade.armymwr.com.

Domestic Violence walk

Army Community Service and the Family Advocacy Program will partner with the Fort Meade 5K Run Series for a free 1-mile walk in support of Domestic Violence Awareness Month on Oct. 22 at 8 a.m. at the Pavilion.

Preregistration is required.

For more information, call 301-677-4117.

Wounded Warrior/Military Appreciation Night

Bengies Drive-In Theatre in Baltimore is holding a Wounded Warrior/Military Appreciation Night on Oct. 22.

Bengies is offering free tickets and discounted food for wounded warriors, military personnel and DoD and DA civilians who work at Fort Meade. ID card is required.

The qualified warrior and their one quest will be admitted for free. They will also receive a free large popcorn and soda and a 20% discount on all food purchased at the snack bar.

For more information, go to www.bengies.com.

Child care providers needed

Family Child Care is in need of providers.

Providers will receive valuable training including: activity organization, USDA-approved meal planning, designing learning environments, child development, and becoming infant/child/adult first aid and CPR certified.

For more information, call the Family Child Care office at 301-677-1160.

Vehicle Resale Lot

Sell or buy all types of vehicles at the resale lot on Rock Avenue.

To place a vehicle on the lot, stop by Outdoor Recreation at 2300 Wilson St.

For more information, call 301-677-3810.

Freedom Inn open to post employees

The Freedom Inn Dining Facility, located at 8502 Simonds St., is now open to all active-duty service members, military retirees, DoD civilians, contractors, and Department of the Army security guards and firefighters on Monday through Friday.

Active-duty service members on Basic Allowance for Subsistence are also authorized for meals on the weekend. Family members of military personnel may purchase meals on weekdays if they are accompanied by the service member.

See **NEWS & NOTES**, page 14

NEWS & NOTES, From page 13

All other categories of customers may purchase meals as the garrison commander deems appropriate. These categories include youth groups, MEPS candidates, civilian dignitaries, guests and other visitors.

Service members with a meal card will continue to have priority over cash-paying customers.

For more information, call 301-677-5503.

International menu

Club Meade is open for lunch service on Tuesdays, Wednesdays and Thursdays from 11 a.m. to 1:30 p.m. and offers a variety of international-themed buffets.

Cost is \$7.95 for members and \$8.95 for nonmembers.

Menu: Today: Pho Bar with Asian Buffet: Pho beef and broccoli, chicken fried rice and egg rolls; Tuesday: Italian Buffet: Italian sausage and peppers, spaghetti and meatballs, minestrone, steamed zucchini and garlic bread; Wednesday: Across the Pond, British Buffet: Shepherd's pie, fish and chips, peas and carrots, and roasted potatoes.

For more information, call 301-677-6969.

Flu shots

Starting Saturday, the Anne Arundel County Department of Health will provide seasonal flu vaccinations at walk-in clinics.

The injectable vaccine for ages 6 months and older and the high-dose flu shot for ages 65 and older will be available. No appointment is required.

Although immunizations are free, the department appreciates donations to help pay the cost of administering the vaccines.

The clinics will provide vaccinations on the following dates:

- Saturday, 10 a.m. to 2 p.m.
Meade Heights Elementary School, 1925 Reece Road

- Tuesday, 1-7 p.m.
Health Services Building, 3 Harry S. Truman Parkway, Annapolis
- Oct. 20, 8:30 a.m. to noon and 1-4 p.m.

- Glen Burnie Health Center, 416 A Street S.W., Glen Burnie
- Children and Parents Clinic (Schools are closed.)

- Oct. 21, 8:30 a.m. to noon and 1-4 p.m.
Glen Burnie Health Center, 416 A Street S.W., Glen Burnie

- Nov. 1, 1-7 p.m.
Glen Burnie Health Center, 416 A Street S.W., Glen Burnie
- Nov. 10, 1-7 p.m.

Health Services Building, 3 Harry S. Truman Parkway, Annapolis

For more information, go to aahealth.org or call the Flu Information Line at 410-222-7343.

EDUCATION**AEC open house**

The Fort Meade Army Education Center will hold an open house Oct. 25 from 11 a.m. to 1 p.m. at its new location at 2474 Ernie Pyle St.

Refreshments will be served. Enjoy a cup of chili as the staff settles into its new location.

College representatives for Anne Arundel Community College, University of Maryland University College and Central Michigan University will greet attendees.

For more information, call 301-677-6421.

Empowerment Classes luncheon

Empowerment Classes Brown Bag Luncheon will be held Wednesday from 11:30 a.m. to 1:30 p.m. at the Family Advocacy Center, 2462 85th Medical Battalion Ave.

Army Community Service provides a safe, confidential arena for the support, education and empowerment of those who have experienced past or present family violence.

For more information, call 301-677-5590.

Love Languages Workshop

The "5 Love Languages" workshop will be offered Oct. 24 from 2-4 p.m. at the Family Advocacy Center, 2462 85th Medical Battalion Ave.

During this relationship-enhancement workshop, learn to identify your partner's primary love language and how to improve communication.

All registered participants will receive free educational materials.

The workshop is open to couples and singles.

Preregistration is required.

To register or for more information, call 301-677-4118.

ASIST training

Applied Suicide Intervention Skills Training two-day workshop will be offered Wednesday and Oct. 20 from 8:20 a.m. to 4 p.m. at Calvary Chapel, 8465 Simonds Street and 6th Cavalry Road.

ASIST training includes powerful video clips, presentations, group discussion sessions and interactive role-playing.

Participation in the full, two-day work-

shop is required. No uniforms.

Due to limited seating, preregistration is required.

For more information, call Torrie Osterholm, Fort Meade Suicide Prevention Program manager, at 301-677-6541 or email torrie.osterholm.civ@mail.mil.

Financial, Job Readiness

Joint Services offers workshops and briefings by Army Community Service at the Community Readiness Center, 830 Chisholm Ave., and the Navy Fleet and Family Support Center at 2212 Chisholm Ave., unless otherwise noted.

The free classes are open to active-duty service members and family members, DoD civilian employees and retirees. Registration is required for each class.

Military

- Relocation Readiness Sponsorship Training: Today, 9-10 a.m., ACS and Oct. 26, 2-3:30 p.m., FFSC

- TGPS Five-Day Workshops (Transition, Goals, Plans, Success): Monday-Oct. 21: 8 a.m. to 4 p.m., FFSC

- Oct. 31-Nov. 4: 8 a.m. to 4 p.m., FFSC
- Nov. 14-18: 8 a.m. to 4 p.m., FFSC

- Pre-Deployment Brief: Oct. 20, 10-11:30 a.m., FFSC

- Retiree Brief: Oct. 24, 8-11:30 a.m., FFSC

- Navy Family Orientation: Oct. 26, 5-7 p.m., FFSC

- Pre-Separation Brief: Oct. 27, 9-11:30 a.m., FFSC

Employment

- Social Media for Job Seekers: Oct. 25, 9 a.m. to noon, ACS

- Veterans Job Fair: Nov. 2, 9 a.m. to 2 p.m., Club Meade

Job fair is open to veterans and non-veterans.

Financial

- Home Buying: Tuesday, 9 a.m. to noon, ACS

Learn about credit reports, the mortgage process, the appraisal process, and many useful tools to become a more educated consumer.

- Salary Negotiation: Oct. 20, 9 a.m. to noon, ACS

This workshop provides an understanding of what a job offer entails, salary and benefits negotiation as well as tips on knowing your worth.

- Basics of Investing: Oct. 25, 9 a.m. to noon, ACS

- First Term Financial Readiness (online class): Oct. 25, 8 a.m. to 4 p.m., ACS

This eight-hour course is required for all first-term service members.

To register, call FFSC at 301-677-9017 or ACS at 301-677-5590, or visit fortmeadeacs.checkappointments.com.

Homeschool Group

The Fort Meade Homeschool Group meets throughout the year for field trips and social outings.

For information on upcoming events, visit the "Fort Meade Homeschool Group" on Facebook. Go to facebook.com/groups/FortMeadeHomeschoolGroup.

YOUTH**Baby Sitter's Certification Course**

A Baby Sitter's Certification Course will be offered Nov. 21-22 from 9 a.m. to 4 p.m. at the School Age Center.

Participants will learn skills and techniques needed to be a confident baby sitter.

The free course also will provide first aid and CPR certification.

Registration required by Nov. 11. Space is limited.

To register or for more information, call 301-677-1156 or 301-677-1149.

RECREATION**Out & About**

- **Maryland Home & Garden Show** will be held Friday to Sunday from 10 a.m. to 6 p.m. at the Maryland State Fairgrounds, 2200 York Road, Timonium. Admission costs \$9 for adults, \$7 for seniors ages 62 and older, and \$3 for children ages 6-12.

For more information, go to mdhomeandgarden.com.

- **The 33rd Annual North American Miniature Art Exhibition** runs through Oct. 30 at Art Gallery of Fells Point, 1926 Fleet St., Baltimore.

For more information, call 310-327-1272.

- **Maryland Renaissance Festival** is running through Oct. 23 on Saturdays and Sundays from 10 a.m. to 7 p.m. at 1821 Crownsville Road, Annapolis.

General admission for ages 16-61 is \$24. Tickets for seniors ages 62 and older cost \$20. Tickets for youths ages 7-15 cost \$10.

Active-duty service members with photo identification can purchase at the group discount price of \$20.

For a schedule of events or more information, call 800-296-7304 or visit rennfest.com.

- **Toby's Dinner Theatre** presents "Sister Act" through Nov. 13, and "A Christmas Carol" from Nov. 17 through Jan. 8 at 5900 Symphony Woods, Columbia. Discounted tickets are available at Leisure Travel Services. For more information, call LTS at 301-677-7354 or Toby's at

410-730-8311.

• **Leisure Travel Services** will offer its next bus trip to New York City on Saturday from 7 a.m. to 11 p.m. Cost is \$60. Discounted tickets to attractions will be provided. For more information, call 301-677-7354.

• **Leisure Travel Services** is offering tickets to "Disney On Ice: Follow Your Heart" for Oct. 28 at 7:30 p.m.; Oct. 29 at 11 a.m., 2:30 p.m. and 6:30 p.m.; and Oct. 30 at noon and 4 p.m.

Sale ends Oct. 21. For more information, call LTS at 301-677-7354.

MEETINGS

• **Fort Meade E9 Association** meets the second Friday of every month at 7 a.m. in the Pin Deck Cafe at the Lanes. The next meeting is Friday.

The association is open to active, retired, Reserve and National Guard E9s of any uniformed service. All E9s in this area are invited to attend a breakfast and meet the membership. For more information, go to e9association.org.

• **Families Dealing with Deployment** meets the first and third Monday of every month from 5:30-6:30 p.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave. Children welcome. The next meeting is Monday.

The group is for families experiencing an upcoming or current deployment, or the service members who have recently returned from deployment. For more information, call 301-677-7823.

• **Daddy & Me** interactive playgroup for fathers with children ages 2-4 meets the first and third Monday of every month from 5-6 p.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave. The next meeting is Monday.

Children and their dads engage in activities conducive to improving social interaction, and cognitive and motor skills.

Space is limited. Registration is required for each session. For more information, call 301-677-4118.

• **The Retired Enlisted Association (TREA)** meets the third Tuesday of each month from 7:30-8:30 p.m. at the Potomac Place Neighborhood Center, 4998 2nd Corps Blvd. The next meeting is Tuesday.

For more information, visit trea.org or call Charles Green, the local chapter president, at 443-610-4252 or Otis Whitaker Sr., chapter secretary, at 443-306-1104.

• **Society of Military Widows** meets for brunch the third Tuesday of the month at 11 a.m. at Club Meade. The next meeting is Tuesday. For more information, call Betty Jones at 410-992-1123.

• **Military District of Washington**

Sergeant Audie Murphy Club meets the third Wednesday of each month. The next meeting is Wednesday. For more information, contact Sgt. 1st Class Aaron Barfield, club vice president, at aaron.a.barfield.mil@mail.mil.

• **Air Force Sergeants Association Chapter 254** meets the third Wednesday of every month from 3-4 p.m. in the auditorium of the Airman Leadership School, 8470 Zimborski Ave. The next meeting is Wednesday. For more information, call 831-521-9251 or go to AFSA254.org.

• **Enlisted Spouses' Club** meets the third Thursday of each month at 6:30 p.m. at Potomac Place Community Center, 4998 Second Corps Blvd. Location and time subject to change. The next meeting is Oct. 20 at 6:30 p.m.

The Fort Meade ESC is a diverse group of spouses from all branches and phases of life. The organization strives to support one another, and support and give back to the community.

Need child care during ESC functions? Send an email to Membership@FtMeadeESC.org and ask for more information on how ESC can help.

For more information, call 301-908-3773.

• **Prostate Cancer Support Group** meets at Walter Reed National Military Medical Center in Bethesda on the third Thursday of every month. The next meeting is Oct. 20 from 1-2 p.m. and 6:30-7:30 p.m. in the America Building, River Conference Room (next to the Prostate Center), third floor.

Spouses/partners are invited. Military ID is required for base access. Men without a military ID should call the Prostate Center at 301-319-2900 at least four business days prior to the event for base access.

For more information, call retired Col. Jane Hudak at 301-319-2918 or email jane.l.hudak.ctr@mail.mil.

• **Meade Area Garden Club** will meet Oct. 21 at 10 a.m. at the Jessup Community Center, located at the corner of Route 175 and Wigley Avenue.

Jim Figard of the Baltimore Bonsai Society will present the program "Bonsai 101." Bring your bonsai plant and questions to Figard for his advice.

Refreshments will be served. Reservations are not required.

The club features informative and fun programs throughout the year including the annual Philadelphia Flower Show, activities relating to gardening and a bake sale.

Annual membership is \$20. You may attend one meeting before you are required to become a member.

For more information, call Jennifer Garcia, membership chair, at 443-949-8348 or Sharon Durney, club president, at

410-761-5019.

• **Marriage Enrichment Group**, sponsored by Army Community Service, meets the second and fourth Monday of every month from 3-4 p.m. at the Community Readiness Center, 830 Chisholm Ave. The next meeting is Oct. 24. For more information, call Celena Flowers or Jessica Hobgood at 301-677-5590.

• **Single Parent Support Group** meets every second and fourth Monday of the month from 5:30-7 p.m. at School Age Services, 1900 Reece Road. Children welcome. The next meeting is Oct. 24. For more information, call 301-677-7823.

• **Monthly Prayer Breakfast**, hosted by the Religious Support Office, is held the first Thursday of every month at 7 a.m. at Club Meade. The next prayer breakfast is Nov. 3. There is no cost for the buffet. Donations are optional.

Menu features eggs, bacon, sausage, biscuits, gravy, grits, Danish pastries and fruit.

All Fort Meade employees, civilian and military personnel, and family members are invited. For more information, call 301-677-6703.

• **Exceptional Family Member Program** hosts "Sip and Share" on the first Thursday of every month from 9:30-10:30 a.m. at the Exchange coffee shop in the food court. The next get-together is Nov. 3.

Share stories to encourage and inform each other about resources available in the local community. For more information or to register, call 301-677-4779.

• **Moms of Multiples Group** meets every first and third Thursday of the month from 1:30-2:30 p.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave. The next meeting is Nov. 3. For more information, call 301-677-7823.

• **Fort Meade First Class Petty Officer Association** meets the first Thursday of every month at 3 p.m. at The Lanes. The next meeting is Nov. 3. All first class petty officers are invited. For more information, call PO1 Jennifer Wonch at 410-854-2763.

• **Meade Rod and Gun Club** meets the first Thursday of the month at 7 p.m. at Perry's Restaurant and Odie's Pub at 1210 Annapolis Road, Odenton, in the banquet hall in back of the building. The next meeting is Nov. 3. Dinner is served at 6 p.m. For more information, call Charisma Wooten at 240-568-6055.

• **National Alliance on Mental Illness of Anne Arundel County** offers a free support group for families with a loved one suffering from mental illness on the first Thursday of every month at 7 p.m. at the Odenton (West County) Library, 1325 Annapolis Road. The next meeting is Nov. 3. For more information, visit namiaa-c.org.

MOVIES

The movie schedule is subject to change. For a recorded announcement of showings, call 301-677-5324. Further listings are available on the Army and Air Force Exchange Service website at www.aafes.com.

Movies start Fridays at 6:30 p.m., Saturdays at 6 p.m. and Sundays at 2 p.m. PRICES: Tickets are \$6 for adults (12 and older) and \$3.50 for children. 3-D Movies: \$8 adults, \$5.50 children.

Today through Oct. 23



OPEN ROAD FILMS/TNS

Friday: "Snowden" (R). The NSA's illegal surveillance techniques are leaked to the public by one of the agency's employees in the form of thousands of classified documents distributed to the press. With Joseph Gordon-Levitt, Shailene Woodley, Melissa Leo.

Saturday: "The Wild Life" (PG). A daring parrot recounts how Robinson Crusoe came to be stranded on a tropical island. With the voices of Matthias Schweighöfer, Kaya Yanar, Ilka Bessin.

Sunday: "Blair Witch" (R). After discovering a video showing what he believes to be his vanished sister, a man and a group of friends head to the forest believed to be inhabited by the Blair Witch. With James Allen McCune, Callie Hernandez, Corbin Reid.

Oct. 21 & 23: "Bridget Jones's Baby" (R). Bridget's focus on single life and her career is interrupted when she finds herself pregnant, but with one hitch ... she can only be 50 percent sure of the identity of her baby's father. With Renee Zellweger, Colin Firth, Patrick Dempsey.

Oct. 22: "Storks" (PG). Storks have moved on from delivering babies to packages. But when an order for a baby appears, the best delivery stork must scramble to fix the error by delivering the baby. With the voices of Andy Samberg, Katie Crown, Kelsey Grammer.