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First Nail ceremony marks milestone

By Guv Callahan
Pentagram Staff Writer

Federal government officials and military leaders gathered on the West Front Terrace of the U.S. Capitol in Washington, D.C. Sept. 21 to hammer the first nails in the platform where the next President of the United States will be sworn in Jan. 20, 2017.

Members of the Joint Congressional Committee on Inaugural Ceremonies, including House Speaker Paul Ryan, Senate Majority Leader Mitch McConnell, Missouri Sen. Roy

Blunt, New York Sen. Charles Schumer, House Majority Leader Kevin McCarthy and House Minority Leader Nancy Pelosi, all drove nails into wood during the ceremony — though not all did so on their first try.

After Schumer bent his nail — amidst some laughter from the crowd and his colleagues — Ryan went back to the plank to hammer it home.

By Jan. 20, that plank will be part of a 10,000-square-foot platform supporting 1,600 people during the 58th Inaugura-

see **FIRST NAIL**, page 6



PHOTO BY SENIOR AIRMAN DYLAN NUCKOLLS

Members of the Joint Congressional Committee on Inaugural Ceremonies drive nails during the First Nail Ceremony at the west front of the U.S. Capitol Sept. 21. The JCCIC hosted the ceremony, which kicked off the start of construction for the 58th Presidential Inaugural platform.



PHOTO BY SPC. DANIEL YEADON, 4TH BATTALION, 3D U.S. INFANTRY REGIMENT (THE OLD GUARD).

Fighters compete for the welterweight division championship during the Military District of Washington Combatives tournament Sept. 23 at the Fort Myer Fitness Center on Joint Base Myer-Henderson Hall.

Service members test warrior spirit at MDW combatives tournament

By Guv Callahan
Pentagram Staff Writer

More than 40 service members competed in the Military District of Washington Army Combatives Competition at the Fort Myer Fitness Center Sept.

23. The marathon tournament tested participants' hand-to-hand combat skills.

The Modern Army Combatives Program incorporates grappling moves, submission holds and bars from different martial arts.

Striking of any kind —

punching, kicking, elbowing — was off-limits during the tournament but that didn't mean the fights didn't take a physical toll. Over the course of five hours, fighters put blood and sweat into the ring, and two left the gym nursing injuries.

Men and women from all branches of the military were allowed to compete, which drew participation from eight weight classes. Matches lasted for six minutes or until a fighter tapped

see **MDW**, page 7

Retiree Appreciation Day scheduled for Oct. 7

By Julia LeDoux
Pentagram Staff Writer

The Joint Base Myer-Henderson Hall community will celebrate its military retirees Oct. 7 during the installation's 58th annual Retiree Appreciation Day event.

"This is our one big event every year," said Linda Hocking, JBM-HH's retirement services officer. "We try to make it better every year."

Sponsored by the Joint Base-Myer Henderson Hall Military Retiree Council, the event features information and services for retired military personnel and their family members.

Retirees and their families are invited to visit Andrew Rader U.S. Army Medical Health Clinic from 9 a.m. to noon for an information expo, health screenings, and other services. Flu shots will

be available for eligible beneficiaries.

At 10:30 a.m., bus transportation will be provided from the clinic to Arlington National Cemetery for attendees who would like to participate in an 11:15 a.m. wreath laying at the Tomb of the Unknown Soldier.

Lunch will be served from noon to 1 p.m. at the JBM-HH dining facility. The U.S. Army Chorus will perform

at 1 p.m. at the Community Activity Center (228 McNair Road, Bldg. 405).

After the performance, retired Army Col. Albert Willner, co-chairman of the retiree council, will welcome guests and introduce afternoon programming.

Keynote speaker retired Army Lt. Gen. Clarence McKnight, Jr. will speak

see **RETIREE**, page 7

Ten things to know around DoD in October

Compiled by
Guv Callahan
Pentagram Staff Writer

1. Marine Corps Innovation Challenge

Marines, Sailors and government civilians from across the Marine Corps have until Oct. 15 to participate in Marine Corps Commandant Robert Neller's Innovation Challenge, which asks personnel to identify missions in their units that currently require a Marine but could

be replaced by a robotic or autonomous system.

According to MARDAMIN 481/16, examples could include tasks such as filling sandbags, going into dangerous environments to detect chemicals, or sweeping for IEDs.

The challenge also asks personnel to identify technologies that will make personnel more effective, efficient or safe.

"Selected winners will have an opportunity to mature their ideas and help work toward a fielded capability in

the Marine Corps," states the MARADMIN.

For more information, visit www.mcvl.marines.mil/Innovation/innovation.aspx.

2. Overseas service members should vote absentee ASAP

With less than two months to go before the presidential election Nov. 8, the Federal Voting Assistance Program is reminding military service members to file their absentee ballots as soon as possible.

Service members voting

absentee should make sure to follow all instructions sent with their ballot to ensure it gets counted. Service members can also check to see if their ballot made it to its destination by selecting their state at www.fvap.gov.

Military and overseas voters who still need to register or request a ballot can do so by filling out a Federal Post Card Application at the FVAP site — by hand or using the on-

see **TEN THINGS**, page 9

DPW hosts Zika, West Nile discussion

By Delonte Harrod
Pentagram Staff Writer

The Joint Base Myer-Henderson Hall Department of Public Works etymology office hosted public health officials from throughout the National Capital Region to share information about their mosquito surveillance efforts and information outreach strategies related to Zika and West Nile Virus education and prevention.

DPW Environmental Health representatives met with public health officials from Alexandria, Fairfax County, Fort Belvoir, Fort McNair, Fort Myer and Arlington County at the joint base's Bowling Center Sept. 21.

"Zika virus has not been found in any of local mosquitoes anywhere in the country or in the United States, except for some places in Florida," said John Silcox, communications director at the Fairfax County Health Department.

However, there have been active Zika cases in the local area. According to a Virginia Department of Health report, 82 cases of Zika virus disease

see **DISCUSSION**, page 7

Chapel community reaches out to single service members, parents

By Julia LeDoux
Pentagram Staff Writer

The chapel community at Joint Base Myer-Henderson Hall is on a mission to reach those who may not be attending traditional religious services.

"It's not just about coming here," Army Chap. (Lt. Col.) Steven M. Jones, JBM-HH installation chaplain, said. "For the younger Soldiers, it's less about coming to a building, it's about connecting to their spiritual resources."

Unaccompanied service members may benefit more from participating in a small study group, led by a chaplain, than by attending a traditional service, which are more popular with families, he said.

With outreach to that younger generation in mind, the chapel community hosted its Aug. 26 barbecue in a field adjacent to Spates Community Club to make the popular event more easily accessible to Soldiers who live in the barracks.

"This year, we were aware that as a chapel community, we hadn't been very effective with connecting with the Soldiers in the barracks," Jones said. "We had between 120 and 140 [service members and families] that showed up, in addition to the 300 plus from the [chapel] community."

Jones said he wants to build a bridge between the current chapel community,

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Local forecast

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For more weather forecasts and information, visit www.weather.gov.

Emergency response drills



Soldiers from 289th Military Police Company and 55th Explosive Ordnance Company, part of Joint Force Headquarters – National Capital Region and the U.S. Army Military District of Washington Special Reaction Team (SRT), rehearsed emergency response drills during a mass casualty and active shooter response exercise at Fort Belvoir Community Hospital Sept. 13. The exercise, part of Exercise Capital Shield 2016, was designed to test and evaluate joint operations, techniques, procedures and command and control relationships. For more photos of MDW units and events, visit www.flickr.com/photos/mdw_events/albums.



Defense Language Institute celebrates 75 years

By Patrick Bray
DLIFLC Public Affairs

The Defense Language Institute Foreign Language Center celebrates its 75th anniversary this year as the provider of culturally-based foreign language education, training and sustainment for the Department of Defense going back to 1941. “Time and time again, the nation’s leadership — military or civilian — must make informed decisions that rely on insight provided by a professional military linguist somewhere in that decision cycle,” said Col. Phil Depert, the institute’s current commandant.

“Thankfully, those that preceded us at DLIFLC had the vision, foresight, instinct and agility to transform themselves and the institute to respond to our nation’s needs,” he said. Celebration events are scheduled for early November. A Hall of Fame induction ceremony will take place Nov. 4 at the Presidio of Monterey to honor those persons who have contributed significantly to language training or its use within DOD. The following day, Nov. 5, attendees at an anniversary ball will celebrate the extraordinary efforts of the school’s students, instructors, staff and alumni throughout the years. The Institute’s roots were established on the eve of World War II. Considering the strained relations between Japan and the U.S., a small group of officers with previous tours of duty in Japan recognized the need for an intelligence unit, which would be able to understand the Japanese language. With this intent, this group of officers started a small



The first students to attend the secret 4th Army Intelligence School in November 1941 were mostly American-born Japanese young men who joined the Army to become military intelligence analysts. Most of them spoke only “kitchen” Japanese and did not know how to read or write in the language. By the end of the war, more than 6,000 linguists graduated from the secret school and would prove to be the most valuable assets in the battlefield in the Pacific and Europe. The school later became the Army Language School, and then the Defense Language Institute Foreign Language Center, which observes its 75th year of military language training in November, 2016.

school in an abandoned airplane hangar at the Presidio of San Francisco 75 years ago, in November 1941. The small school would grow over time to become the Defense Language Institute Foreign Language Center, and has been located in Monterey, California since 1946. The school’s name has changed numerous times; beginning as the 4th Army Intelligence School, the name changed to the Military Intelligence Service Language School. When the school relocated to Monterey it became the Army Language School. Finally, it became the Defense Language Institute in 1963. This final name change consolidated the Army, Navy, and Air Force language programs into a single, integrated system managed by the Army. However, the foundation of the school has always re-



Army Language School students pose before the school’s headquarters, then located on the lower Presidio of Monterey. The school later became Defense Language Institute Foreign Language Center, which observes its 75th year of military language training in November, 2016.



A Defense Language Institute Foreign Language Center student listens to audio recordings while attending language training at the school in this 1960s photo

mained the same: to provide critical language training at the point and time of need. This was evidenced as the U.S increased the number of troops hitting the ground in Vietnam. During the war, some 20,000 personnel studied Vietnamese at DLIFLC. During the Gulf War, the Institute was praised

for its quick responsiveness to requests from the field for Iraqi dialect training and materials. Today, DLIFLC continues to support the joint force worldwide and the greater DOD community with its language needs. Resident instruction is provided in 23 languages at the Presidio of Monterey, with

the capacity to instruct another 65 languages in Washington, D.C., graduating more than 220,000 linguists since 1941. In addition, multiple language training detachments exist at sites in the U.S., Europe, Hawaii and Korea, spanning all the U.S. geographic combatant commands, in support of the total force.

Escape to New York

Service members explore Big Apple with BOSS

By Arthur Mondale
Pentagram Staff Writer

The Better Opportunities for Single Soldiers (BOSS) Program brought service members a chance to experience the bright lights of the big city during a sold-out trip to New York City Sept. 23 and 24.

During the two-day excursion, trip goers took in iconic sights: Liberty and Ellis Island, the Empire State Building, Rockefeller Center, Central Park and the National September 11 Memorial and Museum.

The trip included an overnight stay and guest accommodations at the New York Marriott Marquis, one block from Times Square.

"The 9/11 Memorial really drove home the importance of what we do every single day in the military," Senior Airman Sarah Shaffer said. "Of all the sights in New York City it really offered a 'wow moment.'"

She was also impressed by the museum's tour guides. "You walk away having learned so much more than you may have before in school or through the news," she said.

Army Staff Sgt. Tyjuan Atkinson also said the site of the former World Trade Center made a powerful impression on him and other visitors.

"We stood in the spot that changed the course of how we as Americans operate today. It's like being a part of history you can touch. It felt as if we were standing on hallowed ground."

The museum is a labyrinth of artifacts and exhibits, including salvaged remnant steel. Some of the artifacts reclaimed from ground zero were twisted, burned and mangled, providing an emotionally charged reference for the Twin Towers' collapse and the manner in which many of the victim's lives were lost.

Outside the museum, pools located at the original sites of WTC buildings 1 and 2 bear names of those killed at the Twin Towers, on the four hijacked planes, and in the Pentagon.

Shaffer said she was also awestruck by the sights of Liberty and Ellis Island, for a different reason.

"So many people representative of so many other nations sought the American dream through that port," she said.

Atkinson was also excited for a chance to shop at destinations throughout New York City's five boroughs.

"New York City is famous for the New York hustle," Atkinson said. "It's a melting pot that offers a lot and it's evident that everybody is hustling for their piece of the pie. I'd definitely recommend another BOSS experience like this."

Goals for the remainder of 2016

New York City is one of many cities and attractions service members have experi-



Members of Joint Base Myer-Henderson Hall's Better Opportunities for Single Soldiers (BOSS) program take in the sights of New York City's Times Square.

The Better Opportunities for Single Soldiers (BOSS) program

The Better Opportunities for Single Soldiers (BOSS) program exists to support the quality of life for single and unaccompanied Army personnel while integrating them into the community through volunteerism, networking, morale and recreational activities, leadership opportunities, and mentorship. The program also provides a conduit for communicating the concerns of junior service members to senior installation leadership.

BOSS is open to single and unaccompanied Soldiers of all ranks. The next meeting is Monday, 3:30 p.m. at the Community Activity Center (228 McNair Rd., Bldg. 405).

For more information, email JBM-HH BOSS advisor Sean Urban at sean.m.urban.naf@mail.mil.

enced through the Joint Base Myer-Henderson Hall BOSS program.

But newly-installed BOSS executives Sgt. Chinyere Wells-Byrd, BOSS president, and Spc. Daniel Yeadon, BOSS vice president, say the program won't succeed without engaged members, and leadership support.

While BOSS's NYC trip was a success, BOSS canceled two smaller events in August; a lip sync battle and a chicken wing eating competition. Both were canceled due to lack of participation, cancellations which also cost the program money, Urban said. Only one person signed up to compete for the lip sync battle, for example.

"BOSS representatives are supposed to represent their respective company and inform their chain-of-command and company members," Yeadon said. "Even with the installation's tempo and the mission, there really isn't a reason why we don't have 100-percent accountability of representatives at meetings and furthermore have to cancel events due to lack of participation."

The JBM-HH MWR pro-

gram is a three-tiered program is to support all single service members on the base through volunteerism, recreation and leisure activities and quality of life, said Sean Urban, BOSS adviser.

"BOSS is open to senior level NCO's and officers who are single," Urban said. "We still recognize your rank, and respect your rank, but this is a place for mentorship. And that element is missing from our events."

Support from NCOs who are not BOSS members is also critical, members of the executive committee said.

While BOSS is a garrison commander's program run by junior service members, it shares a mission with senior NCOs in service members chain of responsibility in addressing quality of life, morale, and social needs of junior troops, they said.

"BOSS's mission in the boost morale and build camaraderie within the units," Yeadon said. "It's getting people from different career fields to interact who normally wouldn't. It's networking."

But the organization faces a challenge in ensuring leaders at all levels understand the pro-



PHOTOS BY ARTHUR MONDALE, PENTAGRAM STAFF
Members of Joint Base Myer-Henderson Hall's Better Opportunities for Single Soldiers (BOSS) program stand next to a salvaged structural steel column remnant inside the National September 11 Memorial and Museum Sept. 23, 2016.



Members of Joint Base Myer-Henderson Hall's Better Opportunities for Single Soldiers (BOSS) program stand before a photograph of New York City's skyline as it appeared prior to the September 11, 2001 terrorist attacks while visiting the National September 11 Memorial and Museum Sept. 23, 2016.

grams mission and the support they provide to unaccompanied service members who have to build a new social network "from scratch" at each new duty station, the executive board members said.

"The (joint base) commander put this burden on my shoulders to fix this problem," Wells-Byrd said. "We have a mission that needs consistent participation and support."

The BOSS program also coordinates a number of volunteer opportunities for members throughout the year, and logs service hours. For Soldiers, volunteer service can be credited towards requirements for the Military Outstanding Volunteer Service Medal, which carries promotion points.

Some volunteer programs, such as an ongoing commitment to read with children at Randolph Elementary School in

Arlington, Va. are organized by the BOSS program leadership.

Other opportunities are suggested by BOSS members.

Army Pfc. Sean Williams said his father has been diagnosed with neurofibromatosis, a condition that produces skin abnormalities, and that he has found support through his BOSS "brothers and sisters" while stationed away from his family.

"My dad has been diagnosed with NF [neurofibromatosis] which he has to battle with everyday and I'd like for BOSS to raise awareness of the condition in honor of my dad," Williams said. "Anyone could have it, so it's time for BOSS to do something about it. It would be a morale boost for not only me, but my dad as well."

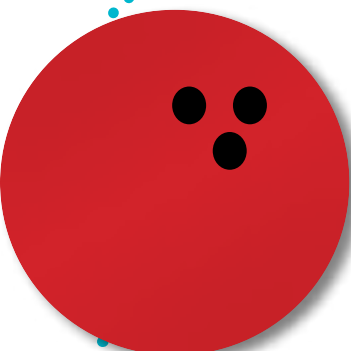
Pentagram Staff Writer Arthur Mondale can be reached at awright@dc.military.com.



A crowd of people are dwarfed by memorial pools bearing the names of those killed during the Sept. 11, 2001 terrorist attacks Sept. 23. The memorial, at the site of the National September 11 Memorial and Museum, was one of many sites visited by members of JBM-HH BOSS program.



Members of Joint Base Myer-Henderson Hall's Better Opportunities for Single Soldiers (BOSS) program visited the National September 11 Memorial and Museum Sept. 23.



Rock and Bowl!

Cosmic bowling brings bright lights, beats for new spin on popular pastime

By Delonte Harrod
Pentagram Staff Writer

The Bowling Center is quiet during the day, a place where civilians and service members gather to eat lunch, bowl a few frames, or sometimes both.

But during Cosmic Bowling, the Bowling Center transforms into a nightclub pulsing with hip-hop, rhythm and blues and other club music, while green, white, and blue lights flash overhead.

“I play the music and put on the lights for fun, for the people, and to boost morale,” said Abdul Qayyum, business manager at the bowling center.

At the Sept. 23 Cosmic Bowling Night, attendees of all ages were on the lanes, lobbing balls down neon-lit lanes.

“I came out to have fun with my [wife] and kids,” said Navy Lt. j.g. Shaun Eggleston, who was bowling with his wife and two children.

Pfc. Andre Duncan, a Soldier stationed at Joint Base Myer-Henderson Hall, said he appreciates the center for both its family-friendly atmosphere and as a place to socialize with other Soldiers. He was bowling with a group of Soldiers from his unit.

“I like the environment here and it’s a nice family [atmosphere]. It’s a place somewhere I can bring my friends,” Duncan said. “I like coming here a lot.”

While many came to bowl, the center’s dining area attracted a small crowd of its own.

That’s normal, said retired Army Sgt. 1st Class Nestor Macasa, who works in the center’s kitchen.

“We also have civilians that come here to eat. Some come to get take out and some eat in,” Macasa said.

Macasa said business has been slow this summer, which he attributed to longer daylight hours and people wanting to spend more time outside.

“Not too many people right now,” Macasa said.

While there were about two dozen people at the Sept. 23 event, Macasa said he’s seen much larger crowds.

Qayyum, who’s worked at the bowling center for more than 15 years, said the center has a loyal following among residents who live or work in the area, many of whom are also federal employees.

But recent changes in Fort Myer’s gate security procedures, which lengthened the time required for some visitors to ac-



PHOTO BY JBM-HH DIRECTORATE OF FAMILY AND MORALE, WELFARE & RECREATION

Cosmic Bowling at the Bowling Center on Joint Base Myer-Henderson Hall features neon lighting and glow-in-the-dark elements, as seen in this undated MWR photo.



PHOTOS BY DELONTE HARROD, PENTAGRAM STAFF

Lanes are lit with neon light for Cosmic Bowling night Sept. 23. Cosmic Bowling is offered Friday and Saturday nights from 8 p.m. to midnight at the Bowling Center on Joint Base Myer-Henderson Hall.

cess the base, have had an impact on the bowling center’s business, he said.

Qayyum said he’s addressing that challenge by working to draw more participation in the installation’s bowling league from other local military and federal agencies.

The Drug Enforcement Agency and U.S. Social Security Agency bowling

teams already compete in intramural leagues at the center.

“They’re my regular customers,” he said.

The Bowling Center is open Monday through Thursday from 7 a.m. to 10 p.m., Fridays, 7 a.m. to midnight, Saturdays 10 a.m. to midnight, and Sundays noon to 6 p.m. Cosmic bowling is 8 p.m.

to midnight, Fridays and Saturdays. Intramural leagues, birthday parties, shoe rentals and pro shop services are also available. For more information, call 703-528-4766.

Pentagram Staff Writer Delonte Harrod can be reached at dharrod@dcmilitary.com

Zumba enthusiasts dance their way to cardio fitness

By Arthur Mondale
Pentagram Staff Writer

Zumba is more than a popular form of exercise performed to upbeat Latin music for community member Blair Bogle – it’s how the Army spouse shed pounds, improved her cardiovascular fitness and found a new career.

Bogle said she weighed 250 pounds before discovering Zumba while living in Korea.

“I was a military spouse and mom at that time who couldn’t lose the weight. One day I just walked into a Zumba class,” she said. “And lost the weight.”

Bogle was so inspired by her success, she became a Zumba instructor. It’s a job she’s held for five years, both in Korea and more recently at Joint Base Myer-Henderson Hall. Currently, Bogle is the lead instructor for Zumba with Blair, a one-hour class offered on Thursdays at the Fort Myer Fitness Center.

Zumba is a cardio fitness program featuring Latin-based music, international rhythms and dance.

“It’s basically taking a trip around the world in an hour,” Bogle said. “It’s exercise in disguise because the classes are like a party.”

During a Sept. 8 session, par-



PHOTOS BY ARTHUR MONDALE, PENTAGRAM STAFF

Blair Bogle, an Army spouse and Zumba instructor, leads a Zumba class at the Fort Myer Fitness Center at the Fort Myer Fitness Center Sept. 8. The class is offered Thursday evenings and draws people of all ages, body types and fitness levels.

ticipants quickly progressed from basic dance steps to calorie-burning dance rhythms. They were accompanied by wall-shaking, high-energy music beats, similarly to those featured in dance clubs.

“I am an exercise fanatic,” said Freda Womack, a retired Army sergeant first class and a regular class participant. “Zumba just puts you in the right frame of mind and if you enjoy exercis-

ing, Zumba will increase your enjoyment of it.”

The Thursday class draws people of all ages, body types, fitness levels and cultural backgrounds. That universal appeal is one of Zumba’s strengths, and one of the reasons people who try it keep coming back, Bogle said.

“Honestly, Zumba is for anybody and there’s not too many levels to it,” she said.

Instructors begin a song by demonstrating basic steps, then add arm movements, and finally incorporate hops and jumps. Students incorporate the advanced moves as they feel ready to do so.

“The slogan Zumba instructors use is ‘Let it move you.’ And it does. You’ll see a different interpretation of music across the class,” Bogle said. “You can’t knock it, until you

try it. If you’re all about PT why not try this?”

Zumba with Blair is offered Thursdays, 4:45 to 5:45 p.m. at the Fort Myer Fitness Center. Classes are free and open to all military ID cardholders. To learn more, call 703-696-7868/7867.

Pentagram Staff Writer Arthur Mondale can be reached at awright@dcmilitary.com



News Notes

Cody CDC air, water, soil to be tested

The JBM-HH Environmental Management Division will conduct environmental sampling at the Cody Child Development Center in November or December; an exact date will be determined and announced.

The sample testing will be done as a precaution to ensure the vapor barrier beneath the building is operating as intended. The testing will include samples of the following:

- Shallow ground water from four locations around the perimeter of the CDC,
- Indoor air samples from five locations inside the CDC (this work will be done on a weekend, so CDC activities will not be interrupted), and
- Samples from the sub-slab (below ground level and underneath the building) soil gas from locations inside the CDC (this sampling will take place over a weekend to minimize disturbance to CDC activities).

For more information, call 703-696-5680.

Pups in the Pool at Zembiec Sept. 30

Bring your pup for an end of summer splash at Sept. 30, 5–6 pm at Zembiec Pool on Joint Base Myer-Henderson Hall. Registration is \$5 per dog, payable at the event (cash only). Owners are responsible for ensuring their dog(s) have received proper vaccinations in accordance with local ordinances.

Be a virtual delegate to AUSA family forums

Installation Management Command (IMCOM) leaders are participating in all three Family Forums at the annual Association of the United States Army (AUSA) national convention Oct. 3–5, and invite all interested Soldiers and Family members to participate as virtual delegates, online.

To register as a virtual delegate, visit: <https://www.eventbrite.com/e/ausa-military-family-forum-virtual-delegate-registration-tickets-26175118484>.

Patton Hall unveiling ceremony

The Joint Base Myer-Henderson Hall commander, Col. Patrick Dugan, invites all members of the National Capital Region military community to join him for the unveiling of the

newly-installed Patton Hall all ranks club Oct. 7, beginning at 4 p.m., 214 Jackson Ave., JBM-HH.

For more information, call (703) 524-0200 or visit www.jbmhh.com.

National Christmas Tree Lighting ticket lottery

An online lottery for free tickets to the National Christmas Tree Lighting ceremony will open Oct. 7, 10 a.m. at www.recreation.gov. The ceremony is Dec. 1, 4:30 p.m. at the White House Ellipse in Washington D.C. During the ceremony, the President brings a message of peace to the nation and the world. Academy Award-winner Reese Witherspoon is scheduled to host this year's event; pop singer Kelly Clarkson, rapper Chance, and gospel singer Yolanda Adams are scheduled to perform. Winners will be notified by email on October 27.

Rocks, Inc. annual scholarship golf outing

The National Board of the Rocks, Inc. Golf tournament is Oct. 7 at the Westfields Golf Club (13940 Balmoral Greens Ave., Clifton, Va). Check-in begins at 7 a.m.; shotgun start at 8:30 a.m. Proceeds go to scholarships for ROTC cadets. To register, visit www.rocksinc.org. For additional information, call 703-915-6446.

Remembrance 5K Oct. 12

Registration is open for the Remembrance 5K Race, which takes place Oct. 12, 6:45 a.m. at Cpl. Terry L. Smith Gymnasium on Joint Base Myer-Henderson Hall. Register online at www.mccshh.com/OohRahRunSeries. Online registration closes Oct. 9, at noon. For details, call 703-614-6332.

Domestic Violence guest speaker Oct. 13

Author, educator and activist Tony Porter of “A Call to Men” speaks Oct. 13 at Rosenthal Theater on Joint Base Myer-Henderson Hall. The organization educates men all over the world on healthy, respectful manhood and preventing violence against women, sexual assault and harassment, bullying and many other social ills. The talk is hosted by Marine Corps Community Services Henderson Hall as part of its Domestic Violence Awareness Month programming. For

details and more DVAM events, visit www.mccshh.com/DVAM.

MCCS Education and Career Fair Oct. 13

Marine Corps Community Service Henderson Hall hosts its Fall 2016 Education & Career Fair Oct. 13, 10 a.m. to 1 p.m. at Cpl. Terry L. Smith Gymnasium, Joint Base Myer-Henderson Hall.

This military-friendly fair attracts over 100 representatives from schools and employers looking for highly qualified candidates. Career experts will provide free on-site résumé review. Breakfast and lunch refreshments are provided, courtesy of the event sponsors.

Anyone who can access the base is invited to attend. For more information, visit www.mccshh.com/FECF or call 703-614-6828.

Service Member Appreciation Day Oct. 14

The Better Opportunities for Single Soldiers and the Single Marine Program host Service Member Appreciation Day Oct. 14, 10 a.m. to 3 p.m. at the Community Activity Center (228 McNair Road, Bldg. 405). There will be games, prizes and a carnival atmosphere, surprises and appreciation for your service to the nation. This event is open to all military personnel on Joint Base Myer-Henderson Hall, both accompanied and unaccompanied.

Education Center Career & Education Expo Oct. 18

The Fort Myer Education Center hosts its 2016 Military Career and Education Expo Oct. 18, 10 a.m. to 2 p.m. at the Community Activity Center (228 McNair Road, Bldg. 405).

All service members, family members, DoD civilians, veterans and retirees are invited to attend. More than 30 colleges are expected to send representatives to discuss education programs offered on base, and online.

Representatives from Troops to Teachers, Green to Gold, and Warrant Officer programs will brief throughout the day.

To RSVP for a briefing, call 703-696-3178 or email jody.l.boston.civ@mail.mil by Oct. 3.

Civilian employee eligible for annual leave donations

Logistics Readiness Center employee Katherine Gross is an approved recipient of the civilian personnel annual leave donor program. Gross, who works in the Central Issue Facility at Joint Base Myer-Henderson Hall, has exhausted both sick and annual leave due to medical issues. For information, call 703-696-0275.

Death notice

Anyone with debts owed to or by the estate of Staff Sgt. Jose Sanchez, Company A, Warrior Transition Brigade-National Capital Region, must contact Lt. Kevin Whiteacre, the Summary Court-Martial Officer for the Soldier. Egbert recently passed away on Aug. 30. Call Whiteacre at 301-400-0271.

Death notice

Anyone with debts owed to or by the estate of Spc. Denis M. Egbert, Company C, Walter Reed National Military Medical Center, must contact Maj. Kristy Gould, the Summary Court-Martial Officer for the Soldier. Egbert recently passed away on Sept. 1. Call Gould at 301-412-7544.

News Notes submissions

Send your submissions for the Oct. 6 edition of the Pentagram via email at catherine.a.caruso.civ@mail.mil no later than noon, Oct. 3. Submissions must be 100 words or less and should contain all “5W’s” (who, what, when, where, why). Additionally, include a website, email address, or phone number where interested parties can find or request more information. Submission of information does not guarantee publication. Unless otherwise noted, all events listed are free and open to all Department of Defense ID card holders.

Correction

Due to a reporter's error, a subject was misidentified in coverage of “Response Capabilities tested during Emergency Preparedness Month” in the Sept. 22 edition of the Pentagram. Police Officer Tyrone Smith Jr. is depicted in a photo on page 1, and in the story (on page 8). His first name is not Tom. We regret the error.



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FIRST NAIL
from page 1

tion, including the president- and vice president-elect, former presidents, senators, congressmen, supreme court judges and other officials and dignitaries.

“Today marks the start of a new project — building this grand stage where the next president of the United States will take the oath of office and address our nation,” said Steven Ayers, Architect of the Capitol. “The stands and platform are constructed entirely from scratch for each presidential inauguration, and in a few short months the flags and bunting will flutter in a crisp winter breeze, and this stage and these

stands will be filled with people full of excitement and anticipation.”

Blunt, chairman of the Joint Congressional Committee on Inaugural Ceremonies, or JCCIC, said the First Nail ceremony is about more than building a national stage.

“The inaugural ceremony may seem like a routine event, but it really does remain uniquely American as a symbol to the whole world of how we transfer power, how we make it seem so ordinary that it’s truly extraordinary,” he said. “The peaceful transition between administrations signals that we are an enduring republic.”

Blunt thanked the men and women who will construct the rest of the platform

in the coming months, noting they are the ones who “drive the nails that matter.”

Army Maj. Gen. Bradley Becker, commanding general of Joint Force Headquarters – National Capital Region and the U.S. Army Military District of Washington, heads a joint task force that will provide military support to the inauguration. The task force’s mission is progressing as planned, he said.

“Everything is progressing on track. We have all the assets that we need and there are no issues at this point,” he said.

Becker said the task force will also be prepared to support any changes or new requests made by the Presidential Inaugural Committee, or PIC, which will be appointed by the president-elect after November’s election.

“The partners we’re working with now, including the JCCIC, have done this before. The Secret Service, the Capitol Police, all of the folks we’re working with have a lot of experience having done Inaugural Ceremonies,” he said. “It’ll be when the PIC stands up that there may be some curve balls thrown in there that we may

have to figure out how to support.”

The one change the task force is keeping an eye on is the number of Inaugural Balls that will be held. In 2013, President Barack Obama held two large inaugural balls, but in past years, there have been more events spread out across the District.

“We support all of those in some way, shape or form, with music and color guards, so we’re keeping an eye on what the next president wants to do with inaugural balls, but either way we’re going to support what they want to do,” Becker said.

The First Nail ceremony is a milestone on the road to the presidential inauguration, and Becker said he’s honored to be serving during such a history-making time.

“It’s hard to believe that we have the privilege of representing so many service members in such a long honored tradition,” he said.

Pentagram Staff Writer Guv Callahan can be reached at wcallahan@dcmlilitary.com.

Spotlight

During the next few months, men and women from around the country and representing all branches of military service, will deploy to the National Capital Region as part of Military District of Washington’s joint task force in support of the 58th Presidential inauguration. Each week, the Pentagram will take you behind-the-scenes to meet the military men and women making this ceremony possible.

Name: Capt. Kimberly Sonntag
Branch of Service: Marine Corps
Hometown: Alexandria, Va.
Home Unit: Plans, Policies & Operations, Headquarters Marine Corps
Military Job: Manpower officer
Task force job: Exercise planner



U.S. Marine Corps Capt. Kimberly Sonntag

The 58th Presidential Inauguration requires intense planning and a number of rehearsals, and Marine Capt. Kimberly Sonntag is part of a team that helps organize those exercises.

As an exercise planner for Joint Task Force-National Capital Region, Sonntag coordinates exercises to rehearse plans and procedures for military support to the inauguration, including walkthroughs on a map the size of a basketball court and the final dress rehearsal on the National Mall.

That coordination can include locating a venue, synchronizing with the different branches of the military and ensuring members of the inaugural task force are sharing information and expectations with the goal of training for every possible contingency, and ensuring the mission is accomplished.

“It’s fantastic. This team is awesome,” Sonntag said. “I’ve never done anything like this because it’s outside of my specialty, but being a part of the planning process is actually a lot of fun. We’re really excited to make this happen.”

Sonntag’s favorite part of her task force job has been getting to work with service members from other branches of the military.

“Everyone’s just so excited. It’s almost like being a kid,” she said.

As a task force member who was already stationed in the area before being selected for this assignment, Sonntag’s advice for task force members on temporary duty to Washington, D.C., is to get outside and walk around.

“It forces you to find things that you didn’t know were there. You know the Smithsonian, but there are a lot of parts of the Smithsonian, so just get out there and walk around and explore and you’ll stumble on the coolest things,” she said.

Pentagram Staff Writer Guv Callahan can be reached at wcallahan@dcmlilitary.com.

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MDW
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out. Fighters averaged about three matches throughout the day.

Spc. Angel Vazquez, a Soldier assigned to the 529th Regimental Support Company, 4th Battalion, 3d U.S. Infantry Regiment (The Old Guard), took fourth place in the welterweight class.

“I train maybe four times a week. I’ve wrestled all my life, since I was 10. I’ve done Brazilian jiu-jitsu since I was 17 and boxing since I was 16,” Vazquez said. “Wrestling definitely comes in handy. It’s the one thing that’s saved me against everybody else.”

Vazquez said he has been fighting competitively for more than three years and has been training in Army combatives since 2014.

“I train for 25-minute fights. When I go to the gym, I’ll roll for 25 or 30 minutes, either straight wrestling or Brazilian jiu-jitsu,” he said. “I don’t exert my energy in the first couple of minutes and try to tire him out ... It definitely brings my stamina up.”

Improved physical fitness isn’t the only benefit of combatives training, Vazquez said.

“Overseas, say your weapon jams and you’re in close combat with somebody, you’re going to want to know what to do,” he said. “You’re not going to want to lose a fight to somebody who’s grabbing you from behind and will want to know how to pursue it without getting hurt.”

Army First Sgt. Jose Barreiro of Company C, 1st Battalion, 3d U.S. Infantry Regiment (The Old Guard), won first place in the middleweight class. He defeated his opponent in under a minute during his final match. His winning move? Using his adversary’s shirt collar to choke him into submission.

Barreiro, 35, has served in the Army for 17 years and has been training as a fighter for as long as he’s been a Soldier. He’s fought professionally outside the Army,

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about the Korean War.

“That war was only three years long and I got there in the last combat year,” said McKnight, who was a recent U.S. Military Academy at West Point graduate at the time, and is a veteran of both the Korean and Vietnam wars.

McKnight co-authored “From Pigeons to Tweets: A General Who Led Dramatic Changes in Military Communications,” and said his talk will focus on how tech-



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Service members spar during the Military District of Washington Combatives tournament Sept. 23 at the Fort Myer Fitness Center on Joint Base Myer-Henderson Hall.

including on tickets in Hawaii.

“I try to stay calm, just like I would in a stressful situation overseas. The second I get emotionally involved, I start losing my cool and I stop thinking clearly,” he said. “I try to be slow and methodical and think about what I’m doing, especially at my age now. I’m a senior enlistee, and I don’t have the energy I used to have.”

The top two Army finishers in each weight class qualified for the MDW Combatives Team, which will represent the organization at the 2016 All-Army Tournament at Fort Benning in December.

Barreiro, who is trained in Brazilian and Japanese jiu-jitsu, judo, wrestling and Muay Thai kickboxing, has been to the Army Combatives Tournament five times. As a member of the MDW All-Army combatives team, the 2016 competition will be his sixth appearance.

nology changed during his 35-year Army career.

During the Korean War, the Army used birds as a back-up communication system, he said.

“They were homing pigeons, trained when we got them,” he said. “They raised them on the east coast.”

McKnight served in the Army from 1952 to 1987, and has written numerous papers on national and military topics. He co-developed the National Guard’s distributive training technology project.

While in Korea, McKnight served as a platoon leader in the 45th Signal Company, 45th Infantry Division.

In Vietnam, he commanded the 9th and 36th Signal Battalions.

He commanded the 123rd, Signal Battalion, the 22nd and 2nd Signal Groups and 5th Signal Command in Europe during his time in service.

The Retiree Services Office has several goals for this

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had been diagnosed in Virginia residents and reported to the CDC through Sept. 22. All were attributed to recent travel in Zika-affected areas, health officials said.

The disease can cause severe birth defects in children born to women who contract the disease while pregnant, and many health officials say it is only a matter of time before it spreads to mosquitos in the continental U.S.

Another mosquito-borne illness, the West Nile virus, is already found in mosquitos trapped in the National Capital Region.

Ron Purvis, DPW entomologist on Fort Myer, who works with a team at Fort McNair, John Silcox, and Trey Cahill, senior research administrator for the Washington, D.C. Department of Health, said numerous mosquitoes that carry the West Nile virus have been trapped by their respective testing programs this summer.

“We have ... a total of 36 positive Polymerase Chain Reaction tests for West Nile Virus across six of our wards, several of which tested positive consecutively for several weeks,” Cahill said in an email. “Only Ward 1 and 6 have had no positive results for West Nile Virus so far this season.”

CHAPLAIN
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which tends to attract service members with families and military retirees, and single service members.

“We were intentional about encouraging our attendees to look around and join the single [service members] and spend some time talking with them, and I saw that happening throughout the evening,” he said.

Soldiers who live in the barracks often do not develop extended family relationships at their duty stations, Jones explained.

“We’re aware that many of them come straight out of high school,” he said. “Many enlisted in the infantry thinking they would go off to Fort Bragg or Fort Benning. In AIT [Advanced Individual Training], they were identified as being candidates for The Old Guard and that selection process changed their world.”

Other unaccompanied Soldiers in that unit may be married and moved their spouses to the community where they’d been told their first duty assignment would be.

“Then, they got selected for The Old Guard and their whole world changed,” he said.

Jones said there are many vibrant, denominational and non-denominational churches in the civilian community that provide support for young adults, for single people and young families.

He said military parents may not realize how much support is available for families with children on base.



PHOTOS BY SPC. DANIEL YEADON, 4TH BATTALION, 3D INFANTRY REGIMENT (THE OLD GUARD).
Soldiers compete in the Military District of Washington Combatives tournament Sept. 23 at the Fort Myer Fitness Center on Joint Base Myer-Henderson Hall.

He said he hopes that this will be the year he finally makes the podium.

“I talked to a bunch of my buddies that helped bring the program up and everybody’s thought was that I should give it one more run,” he said. “I’m far more experienced now.”

Army Maj. Gen. Bradley Becker , MDW commander, thanked competitors for their participation and reminded them of the importance of modern Army combatives training.

“Every Soldier, regardless of occupation specialty, is a warrior, and every Soldier has got to have that warrior spirit,” he said. “And in no place does that warrior spirit come out more than in the ring and on the mat.”

For more information about the MDW combatives program, call 703-806-5651 or email usarmy.belvoir.im-com.mbx.hqbn-combatives@mail.mil.

Pentagram Staff Writer Guv Callahan can be reached at wcallahan@dcmilitary.com.

event, Hocking said: to provide retirees with information, provide an opportunity to make or re-establish friendships with other local veterans, and to keep them connected with the military community.

Hocking also had some advice for newly-retired personnel and transitioning service members who will soon retire from military service.

“Stay involved,” Hocking said. “Even though you’re retired, you’re still part of the military community and this installation.”

One of the way retirees can stay connected is to volunteer with the retiree council, she said. For more information on how to volunteer, email linda.r.hocking.civ@mail.mil.

Pentagram Staff Writer Julia LeDoux can be reached at jledoux@dcmilitary.com.

Officials at JBM-HH and Fort Belvoir said they have found a “positive pool” of West Nile Virus –infected mosquitos on those installations, but have no reported cases of anyone contracting the virus.

Silcox said that the West Nile Virus is endemic to Fairfax County, so these results were not a surprise.

Representatives also discussed doing community outreach to share prevention tips.

“If we get approved, our aim is to set ‘manned’ informational tables at the [Exchange], Bowling Center, and Community Center to hand out literature that informs them about the viruses,” said Purvis.

Wade mentioned his office uses health fairs at Fort Belvoir to engage the civilians and service members on Fort Belvoir.

“People have been very open to the ideas [that we have imparted to them],” said Wade. “In fact, the housing areas have added the information to their welcoming briefs. They have been handing out the information about prevention and control.”

Cahill said that the Washington, D.C. Department of Health has taken a person-to-person approach. Cahill said that they have held community meetings in all eight wards and that people have been very responsive to the information.

Pentagram Staff Writer Delonte Harrod can be reached at dharrod@dcmilitary.com

“Here at the chapel, the Catholic community has a Sunday school and we do have nursery care for all of our services,” he said.

There are five services at Memorial Chapel each Sunday. Protestant services are held at 7:45 and 10:30 a.m.; Gospel Sunday school is held at 10:30 a.m. with Sunday service at noon; Samoan service is held at 2:30 p.m. Catholic Mass is held at 5 p.m. Saturday night and at 9 a.m. Sunday morning.

“In the Samoan service, they do part of it in the Samoan language,” said Jones. “The Catholics use the education center, where the library is, and hold Sunday school there.”

During the picnic, chaplains also conducted a survey that asked respondents about the level of support they have received from the religious community and if the services at JBM-HH are meeting their spiritual needs.

Capt. Mark Worrell, JBM-HH assistant chaplain, said the chaplains are still collecting feedback, but one thing is clear.

“People are interested in religious support geared to single Soldiers and to Soldiers here at Joint Base-Myer-Henderson Hall.,” he said. “That’s something we are working on as a religious support team, that we meet those needs for Soldiers and they are able to worship freely as they choose.”

For more information on the chapel community, visit www.jbmhh.army.mil/WEB/JBMHH/Installation%20Support/ChaplainsOffice.html.

Pentagram Staff Writer Julia LeDoux can be reached at jledoux@dcmilitary.com.

Check the bottom line before you sign a contract, SJA advises

**By Capt. Anouck McCall
Legal Assistance Attorney
JFHQ-NCR/MDW**

The callous character — U.S. Representative Frank Underwood — from the popular television series, *House of Cards*, is quoted as saying: “Pay attention to the fine print, it’s far more important than the selling price.”

Consumers are seducible by discounts and deals. Recognizing this reality, marketers deploy psychological pricing whereby sellers exploit the emotions of buyers. One such practice is “odd pricing” — setting the price below an even dollar amount (e.g., when an item costs \$49.95 or \$49.99 rather than \$50). Despite the nominal delta, a buyer may perceive a greater savings.

Relatedly, shoppers often focus on the digits from left to right of the price tag and instinctively round the total downward. For instance, \$1,375 subliminally may be processed by scores of customers as closer to \$1,300 than \$1,400 – making the purchase more appealing.

Sellers also engage in “price lining,” which is stratifying merchandise based on quality levels or features and charging accordingly.

So before we have even reached the register to complete our purchases, we have been the target of subtly exhausting psychological warfare. Once at the point of payment, many of us unthinkingly scribble our John Hancock on whatever documents are thrust upon us.

When the merchant “kindly” summarizes the legalese in the fine print, we trustingly accept with our signature. However, these papers often contain key terms of sale, warranty and return or exchange policies.

Archbishop Fulton Sheen once remarked, “The big print giveth and the fine print taketh away.”

In this day and age of technology, some of the contracts we are asked to sign appear on a screen — whether it be at a store, on the computer, or mobile device. Leases are frequently sent by email with an access code, which we review and initial or sign by selecting our name from an assortment of

script fonts.

Though it may not seem especially official, these electronic signatures are just as legally-binding as their pen and paper counterparts.

The same applies to terms and conditions presented with software licenses (a.k.a. shrink-wrap agreements) or applications and online services (a.k.a. click-wrap, web-wrap, or browse-wrap agreements). By selecting “Agree” (whether or not you actually scroll through the boilerplate language) and using the product, you contractually accept the terms and conditions.

Historically, service members have been baited into signing contracts for automobiles whereby they consent to unconscionable interest rates and fees to have the privilege of driving their previously inconceivable dream car off the lot. Although absurd financially, the contract may still stand.

Another legally-binding contract that service members encounter are separation agreements, which are a requirement by most states as well as your local Judge Advocate General’s

(JAG) office when seeking an uncontested divorce. These agreements address essential subjects such as property and debt division, child custody and support, and spousal support/alimony, if applicable.

Once signed and notarized by both parties, separation agreements are legally enforceable, incorporated into the final divorce decree by the court, and will govern your obligations and interactions for months and years to come.

Thus, it is vital that you engage in informed and deliberate negotiations while completing a separation agreement worksheet and be comfortable with the terms to which you finally subscribe.

Read carefully before you sign. As the award-winning American journalist Andy Rooney, once said, “Nothing in fine print is ever good news.”

For more information, please contact the Military District of Washington’s Client Services Office on Joint Base Myer-Henderson Hall by calling 703-696-0761. Operating hours are Monday through Friday, 8 a.m. to 4 p.m.

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The U.S. Army is seeking input from the community to determine if there is sufficient interest in establishing a Restoration Advisory Board (RAB) at Joint Base Myer-Henderson Hall (JBM-HH) in Fort Myer, Virginia. The DoD established the Installation Restoration Program to provide guidance and funding for the investigation and remediation of contaminated sites caused by historical activities at military installations. JBM-HH currently has one site in the Remedial Investigation phase to assess the status of groundwater contamination resulting from historical dry cleaning as well as fueling operations.

The purpose of a RAB is to provide a forum for community members who may be interested and/or affected by the cleanup activities at JBM-HH. Formation of a RAB is intended to improve public participation by involving the community in the environmental cleanup decision-making process. The RAB would facilitate discussions with JBM-HH decision makers -including representatives of the U.S. Army and Virginia Department of Environmental Quality.

RAB members will be asked to meet regularly to review and comment on technical documents and plans relating to ongoing environmental studies and cleanup activities at JBM-HH. Members will be expected to serve as liaisons with the community. RAB membership terms will be decided by the RAB, and all RAB meetings will be open to the public. Membership is strictly voluntary and no financial compensation will be provided.

If there is sufficient community interest in establishing a RAB, one will be established. Those interested in the establishment of a RAB at JBM-HH should contact **Mr. Gregory Olmsted, Environmental Management Division**, at gregory.k.olmsted.civ@mail.mil, (703) 696-5680, or 111 Stewart Road, Building 321, Fort Myer, VA 22211-1199. *Responses received by 30 October 2016 will be considered.*

Maryland Fleet Week and Air Show Baltimore

October 10-17, 2016



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Maryland Fleet Week and Air Show Baltimore celebrates the rich naval traditions of the Chesapeake Bay and the contributions of Marylanders to the defense of the nation. The Blue Angels’ Boeing F/A 18 Hornet jets and other aircraft will be on display on the Martin State Airport tarmac and in the skies over Fort McHenry and Middle Branch while schooners and U.S. and allied navy vessels will be ready for boarding visitors in the Inner Harbor, Fells Point and Locust Point.

**October 13-16 - Fleet Week Festival
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October 15-16 - Air Show Baltimore
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Wednesday, October 12
8am-3pm - US Navy and Canadian Ships begin arriving
4pm - Welcome Ceremony with Governor Larry Hogan and the US Navy Ceremonial Band
5pm-7pm - Great Chesapeake Bay Schooners’ Parade of Sail



TEN THINGS
from page 1

line assistant — and sending it to their election office.

For additional information on this election or any upcoming federal election visit www.fvap.gov, email vote@FVAP.gov or call 1-800-438-VOTE (8683).

3. Marines must get flu shots
A recent Marine Administrative Message (MARADMIN) reminds Marines they must receive a seasonal flu shot.

Active duty and reserve component units are required to achieve a 90 percent vaccination rate by Dec. 15.

“Seasonal influenza is a highly contagious disease that has the potential to severely reduce mission readiness,” states the MARADMIN.

Tricare Prime enrolled members, which includes all active duty service members, can use Tricare-authorized military or civilian pharmacies to receive the seasonal influenza vaccine as part of their pharmacy benefit.

There should be no cost for active duty personnel or other Tricare Prime beneficiaries.

For more information, read MARADMIN 501/16.

4. Domestic Violence Awareness and Prevention Month.

October marks National Domestic Violence Awareness and Prevention Month, an annual observance designated to draw attention to domestic violence and educate on prevention methods.

Each year, Joint Base Myer-Henderson Hall’s Family Advocacy Program hosts a number of education and awareness events throughout the month to help raise awareness about the negative impacts domestic violence has on families.

To learn more about the services and classes offered by Victim Advocacy Program on JBM-HH, call 703-696-6611. To make a restricted or unrestricted report of domestic violence, please call 703-696-6611 (after hours, call 703-919-1611).

5. National Depression and Mental Health Screening Month.

October marks National Depression and Mental Health Screening Month. More than 43 million adults in the U.S. experience mental illness in a given year, according to the National Alliance on Mental illness.

As part of this annual observance, TRI-

CARE offers beneficiaries resources and online classes to help understand and cope with mental illness and behavioral health issues.

Information on these resources can be found at www.hnfs.com/go/healthtopics. Additional resources can be found at www.army.mil/readyandresilient.

6. Vannevar Bush Faculty Fellowship.
DoD has announced a competition for the Vannevar Bush Faculty Fellowship, a program that invites researchers to propose research that is potentially transformative in subjects of interest to the DoD, according to a press release.

“Vannevar Bush fellows will lead the way in transforming and defining new fields of science and in helping the department look to the future,” Defense Secretary Ash Carter said in the release.

For more information about the fellowship and how to apply, visit www.acq.osd.mil/rd/basic_research/program_info/vbfff.html.

7. Welcome Aboard Orientation Oct. 11

Marine Corps Community Services Henderson Hall will host a Welcome Aboard Orientation Oct. 11 from 8 a.m. to 11 a.m. in room 105 in Bldg. 29 on Henderson Hall to inform new personnel of all programs and benefits they have available to them.

The program will include information on child care subsidies, mass transit benefits, Tricare, the Single Marine Program, and other services available to Marines and their families serving in the National Capital Region.

This orientation is mandatory for incoming Marine Corps military personnel in grades O-3 and below.

The program is followed by a wind-shield tour of Washington, D.C. Civilian attire is recommended. For more information, visit www.mccshh.com.

8. Marine Corps interim policy on use of 3D printing

In a recent MARADMIN, Marine Corps leadership released a call to action for the preliminary examination of 3D printing applications, materials, machines, standards and policies.

“The intent of this message is to allow Marines to explore [3D printing] with an informed awareness,” states the MARADMIN.

Personnel with recommendations about the use of the technology are encouraged to email NexLog_AM@usmc.mil. For information on the policy, see MARAD-

MIN 489/16.

9. TRANSCOM debuts strategy for future success

U.S. Transportation Command officials have released a strategy that will help the command navigate the rapidly changing future of transportation and logistics systems and technology.

In a release, Air Force Gen. Darren W. McDew, TRANSCOM commander, outlined the command’s priorities: ensure today’s readiness and advocate for future capabilities; advance cyber domain capabilities; evolve for tomorrow; and champion a diverse workforce.

These priorities will allow future commands to anticipate changes and quickly respond to cyber threats, TRANSCOM officials said in the release. For more information, visit www.ustranscom.mil/cmd/USTRANSCOM_Strategy_current.pdf.

10. Remembrance 5K Race Oct. 12
The Remembrance 5K Race will take

place at the Cpl. Terry L. Smith Gymnasium on Joint Base Myer Henderson Hall Oct. 12 at 6:45 a.m.

The race offer participants the opportunity to run in remembrance of a fallen service member. Participants can send a photo to ombmarketingHH@usmc-mccs.org for it to be included on the Remembrance Race Memory Banner on race day.

To register for the race, visit www.mccshh.com/OohRahRunSeries/index.html and click the registration link for the Remembrance 5K race.

Check-in and late registration will be offered on-site on race day. The first 100 registrants will receive a T-shirt, and the top three male and female finishers will receive medals and prizes. For information, call 703-614-6332.

Pentagram Staff Writer Guv Callahan can be reached wcallahan@dcmilitary.com.

**Pentagram**



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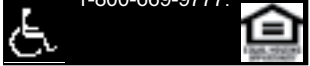
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- For full listing & photos visit www.campbellllc.com

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Qualifications: Photography skills in a news environment. Must be able to work digital camera, download photos, and provide cutlines and information on photos submitted to editor for print.

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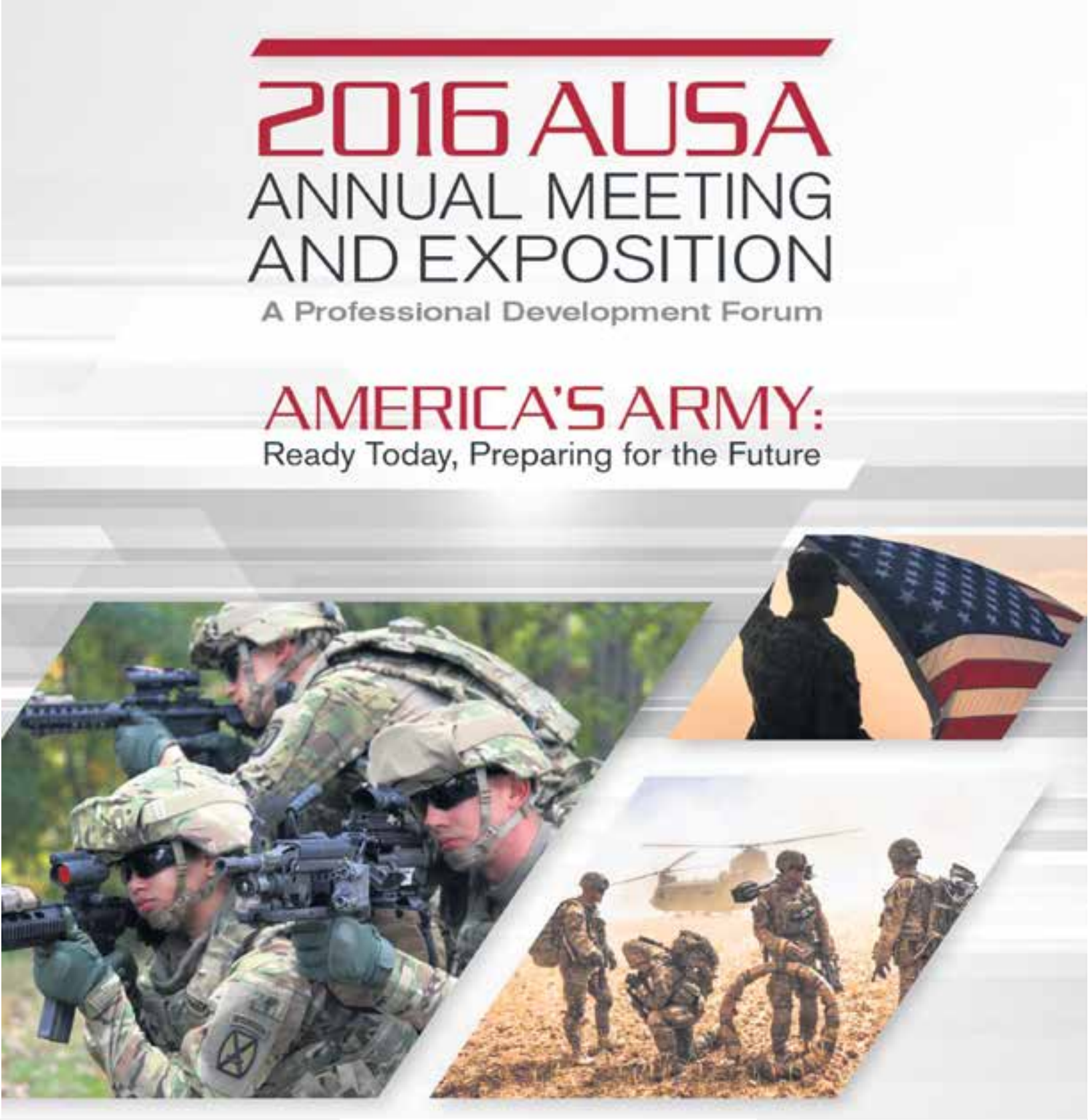
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Monday, October 3

- **Sergeant Major of the Army NCO and Soldier Forum**, 8 to 9 a.m. – Room 152 A&B
- **Opening Ceremony**, 9:30 to 11:15 a.m. – Ballroom
 - Keynote address by Secretary of the Army Eric K. Fanning
 - Patriotic Program
 - 3rd U.S. Infantry Regiment (The Old Guard)
 - The U.S. Army Band, "Pershing's Own"
- **Industry and Military Exhibits**, Monday – Wednesday, 9 a.m. to 5 p.m. in Exhibit Halls A, B, C, D, and E
- **American Freedom Foundation/AUSA Warriors to the Workforce Veterans Hiring Event**, Monday – Wednesday, 9 a.m. – 4 p.m. in Exhibit Hall A – Booth 261
- **The United States Army Exhibit** – Exhibit Hall A – Booth 1424
- **Association of the U.S. Army Pavilion** – Exhibit Hall A – Booth 307
- **AUSA Book Program – Author Presentations**, 1 to 5 p.m. – Room 145 A (Book signings: Hall A, AUSA Pavilion – Booth 307)
- **Digital Learning Session**, 1:30 to 2:30 p.m. – Room 204 A&B – “*Leadership in a Digital Age*”
- **AUSA Military Family Forum I**, 2 to 4 p.m. – Room 207 A&B – “*An Update on Military Kids: How Are They Doing? What Do They Need?*”
- **Retiree & Veteran Program Update Seminar**, 2 to 4 p.m. – Room 140 A
- **ILW Contemporary Military Forum**, 2 to 4 p.m. – Room 151 A&B – “*Readiness for Today’s Complex World*”
- **ILW Contemporary Military Forum**, 2 to 4 p.m. – Room 147 A&B – “*Modernization – Addressing Today’s Threat & Ensuring Tomorrow’s Readiness; Perspectives from Government and Industry*”
- **ILW Contemporary Military Forum**, 2 to 4 p.m. – Room 152 A&B – “*An Ocean Closer: Synchronizing Actions and Words from the Baltic to the Black Sea*”
- **A Vietnam Retrospective**, 2:30 to 4:30 p.m. – Room 201
- **CSM ARNG/CSM USAR Breakout Session**, 3 to 4:30 p.m. – Room 150 A&B

Tuesday, October 4

- **The Sergeant Major of the Army Professional Development Forum**, 8 to 11 a.m. – Room 152 A&B
- **Army Staff Senior Warrant Officer Professional Development Forum**, 9 to 11 a.m. – Room 202 B
- **AUSA Military Family Forum II**, 9 a.m. to Noon – Room 207 A&B – “*Preparing for a Life in or Outside the Army through Financial Readiness, Military Spouse Employment and Entrepreneurship*”
- **ILW Contemporary Military Forum**, 10 a.m. to Noon – Room 147 A&B – “*Multi-Domain Battle: Ensuring Joint Force Freedom of Action in Future War*”
- **Director, Army National Guard Seminar**, 10 to 11:30 a.m. – Room 145 A&B
- **ILW Contemporary Military Forum**, 10 a.m. to Noon – Room 151 A&B – “*Installations: The Army’s Platform for Readiness*”
- **Military Retirement Planning Seminar with Blended Retirement Plan**, 2 to 4 p.m. – Room 140 A
- **Foreign Military Sales Forum**, 2:30 to 4:30 p.m. – Room 202 B – “*Ready for Today, Setting the Conditions for Tomorrow, and Go Through Trust and Teamwork*”
- **ILW/U.S. Department of Homeland Security Breakout Session**, 3 to 4 p.m. – Room 204 A&B – “*Southwest Border Security: An Operational Approach*”
- **Chief, U.S. Army Reserve Seminar**, 3 to 4:40 p.m. – Room 145 A&B
- **ILW Contemporary Military Forum**, 3 to 5 p.m. – Room 147 A&B – “*Soldier Readiness*”
- **ILW Contemporary Military Forum**, 3 to 5 p.m. – Room 151 A&B – “*The Army Way Ahead*”

Wednesday, October 5

- **AUSA Military Family Forum III**, 9 to 11 a.m. – Room 207 A&B – “*A Town Hall with Senior Army Leaders*”
- **ILW Contemporary Military Forum**, 9 to 11 a.m. – Room 147 A&B – “*Threats in the 2030 Operating Environments*”
- **ILW Contemporary Military Forum, Homeland Defense/Homeland Security: Army-DHS Partnership**, 9:30 to 11:30 a.m. – Room 151 A&B – “*The Army and DHS Partnership: Defending and Securing the Homeland*” (ARNORTH)
- **Army Civilian Professional Development Seminar**, 9:30 to 11:30 a.m. – Salons IJKL, Level M4, Marriott Marquis – “*Engagement: People, Performance, and Development*”
- **ILW/U.S. Department of Homeland Security Breakout Session**, 10 to 11 a.m. – Room 204 A&B – “*Responding to Catastrophic Disasters – A look back at Exercise Ardent Sentry 16: Cascadia Subduction Zone Earthquake Tsunami*”
- **Military Retirement Planning Seminar with Blended Retirement Plan**, 10 a.m. to Noon – Room 140 A
- **ILW/U.S. Department of Homeland Security Breakout Session**, 2 to 3 p.m. – Room 204 A&B – “*Innovation in Federal IT Acquisition: Defense and Homeland Security Equities*”
- **ILW Contemporary Military Forum**, 2 to 4 p.m. – Room 151 A&B – “*Fight Tonight with the Army We Have: Generating, Sustaining, and Applying Army and Joint Readiness in the Pacific Theater*”
- **ILW Contemporary Military Forum**, 2 to 4 p.m. – Room 147 A&B – “*The Future of Army Public-Private Partnerships and Cyberspace*”



Registration – Ticket Pickup Hours

- Friday/Saturday Registration and Ticket Pickup ... 8 a.m. to 5 p.m.
- Sunday Registration and Ticket Pickup 8 a.m. to 6 p.m.
- Monday Registration and Ticket Pickup 7 a.m. to 7 p.m.
- Tuesday Registration and Ticket Pickup 7:30 a.m. to 5 p.m.
- Wednesday Registration 8 a.m. to 5 p.m.
- Wednesday Ticket Pickup 8 a.m. to 7:30 p.m.

Please check the Annual Meeting schedule at www.ausa.org for location, time and event changes.