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## Remembering 9/11

### Members of JBM-HH remember the 9/11 terrorist attacks and how it shaped their lives going forward.

By Delonte Harrod and Guv Callahan Pentagram Staff Writers

John Dreyermond,

Background investigator at Fort Myer "I was right by the Sheridan Hotel on

Columbia Pike in Arlington, Virginia. I was getting ready to pull out on Columbia Pike and I remember seeing the airplane. 'Man, that plane is really low,' I thought. Then I watched it crash into the Pentagon.

"I tried to get down there, but I am on a side loader for a beer truck. Police cars and fire engines blocked off the area and there was nothing I could do to get down there. I was a reservist and it is our duty to help—regardless of the

"My father was actually in a meeting at the Pentagon with the lieutenant

general of ordnance. The meeting had finished a half-hour early. So he had left the Pentagon and was on his way back to Army Material Command on Eisenhower Ave. The plane hit on the side of the building where he was in a meeting. I didn't even know he was in a meeting at the Pentagon ... my mother (told me)."

see REMEMBER, page 7

### 9/11 Observances

Events commemorating the Sept. 11 terrorist attacks are scheduled throughout the National Capital Region this week. The following are a sample of the events taking place on Joint Base Myer-Henderson Hall and in the local area.

### Smithsonian 9/11 Exhibition

The Smithsonian's National Museum of American History will host a one-day event to remember the people who died on 9/11 and those who sacrificed their life for others.

The exhibition will take place Sunday Sept. 11, 11 a.m. to 4 p.m. The exhibition will take place in Flag Hall and will feature objects taken from the twin towers in New York, the Pentagon, and from the field in Shanksville, Pennsylvania where Flight 93 crashed.

According to the Smithsonian website, the exhibition will be an "intimate experience.

Airplane fragments, lights from a crushed FDNY fire truck, a flight attendant's handbook from Flight 93, clothing and equipment from first responders and objects recovered from offices at the Pentagon will be displayed in the open, rather than behind glass.

"That day marked a generation--and will forever be one of remembrance." John Gray, director of National Museum of American History, said.

Attendees will be able to view "9/11: Stories in Fragments." The documentary will start at 11 a.m. and will run every hour until the exhibit closes. As the title suggest, the documentary is about the collection, and the stories behind the fragments.

For more information, visit http://newsdesk.si.edu/releases/fifteen-years-later-remember-sept-11-smithsonian.

### Arlington 9/11 Memorial 5K

An estimated 4,000 participants will run in the 14th annual Arlington Police, Fire and Sherriff 9/11 Memorial 5K Sept. 10, 6 p.m. at the DoubleTree Hotel at 300 Army Navy Dr. The race remembers the contributions of the first responders who risked and, in some cases, sacrificed their lives in response to the Sept. 11 terrorist attacks. The run also raises money for charities that focus on the healing of military personnel and civilians affected by the war on terrorism.

More than 30,000 participants have raised more than \$600,000 for charities since the 2002 race, one year after the Sept. 11, 2001 attacks.

For more information, visit www.arlington911race.com.

### 'Ride 2 Recovery' honor ride Sept. 10 A 9/11 memorial Honor Ride is sched-

uled on Joint Base Myer-Henderson Hall Sept. 10 at Parking Lot A. across from the U.S. Army Band's Brucker Hall (Bldg. 400). Rider check-in is at 6:45 a.m., preride ceremony at 7:30 a.m. Ride begins at 8 a.m. This event is hosted by Ride 2 Recovery, in support of the 2016 Honor Ride in Washington, D.C. Wounded veterans ride free. For more information, visit www.ride2recovery.com and select "spe-

Parking Lot A will close to non-event parking and traffic beginning at 9 p.m.,

Pentagram Staff Writer Delonte Harrod can be reached at dharrod@dcmilitary.com

News Notes

Stay alert to surroundings; make security a habit As the 15th anniversary of Sept. 11, 2001 approaches, refresh

your memory about what to do

and how to respond to suspicious activity by checking out Antiter-

rorism/Force Protection Level I

training at https://jkodirect.jten.

mil. This training is available to all

service members, Department of

Defense civilians, contractors and

Here are more security tips to

consider when attending public

events, including 9/11 commem-

1. Stay alert. Pay attention to

2. Report suspicious activity to

law enforcement, on base or off

base. What's suspicious? Whatever

causes you to question or re-look at a situation. "See something?

Say something!" At JBM-HH, call

703-696-3525; in your civilian

neighborhood, call local police (or

911 if there is an imminent threat).

what's going on around you.

military family members.

orations:

### Map exercise orients inaugural task force



U.S. AIR FORCE PHOTO BY SENIOR AIRMAN DYLAN NUCKOLLS

Mike Wagner, Joint Task Force-National Capital Region, chief of national events planning, briefs JTF-NCR inaugural staff during a large scale map orientation, Aug. 31, at Fort Lesley J. McNair, Washington, D.C. The 60-by-40-foot planning map will help task force members plan with partner agencies for the upcoming 58th Presidential Inauguration. The JTF-NCR staff plans, coordinates and provides authorized DOD ceremonial support during the inauguration.

### By Guv Callahan Pentagram Staff Writer

What's 2,400 square feet and features 3D models of the U.S. Capitol and Washington Monument? The Military District of Washington's map of the 2017

Presidential Inauguration.

At noon on Jan. 20, 2017, a new president of the United States will be sworn into office. The event will be attended by millions and requires months of planning.

And for hundreds of ser- said Cmdr. Jonathan Blyth, erything from parade routes vice members from across the country assigned to MDW's Joint Task Force 58th Inaugural and charged with ensuring the day goes off without a hitch, that plan begins with this map.

"A lot of us haven't been here before and it's enormously complex moving all of the pieces together. By being able to see the map and see how things work, we can begin to preliminarily deal with the questions at hand and the contingencies,"

deputy director of public affairs for the task force.

at the Fort McNair Fitness Center, the map filled a basketball court. The Capitol sat at the half-court line and the Pentagon sat by the doors to the gym and the Washington Monument rose above it all. Around it, members of the task force began an exercise to map out the logistics of Inauguration Day, covering evto security zones.

"We go over the ceremony During the Aug. 31 rollout from beginning to end," said Army Maj. Emerson Bamba, task force inauguration exercise branch chief. "It's part of everybody's responsibility within the exercises to see if they can find a hole in the plan, or capability gaps or miscommunication so we can address it here rather than on I-Day."

see MAP, page 8

## SAY committee partners with Army to ensure bright future for nation's youth

### By Julia LeDoux Pentagram Staff Writer

The U.S. Army Marketing and Research Group (AMRG), led by Deputy Assistant Secretary of the Army for Marketing Mark. S. Davis, brought nearly 25 community and educational leaders from across the country who comprise the Strengthening America's Youth Leadership Committee together with senior Army leaders for a day of discussions and presentations at the Pentagon July 26.

The group discussed what it means for America's youth to grow, learn and pursue both an education and career in the digital age, AMRG Education Manager Kelley Muston, said.



ARMY MARKETING & RESEARCH GROUP (AMRG)

Steve DeWitt of Association for Career and Technical Education (ACTE) reports out on his small group's discussion highlights, during the 2015 Strengthening America's Youth (SAY) Leadership Committee meeting, July 28, 2015 at Joint Base Myer-Henderson Hall. This year, the 2016 conference met at the Pentagon for the first time since the committee was established in 2010.

see NEWS, page 9

### History of Innovation, Part 3 . . . . page Community . . . . . . . . page America's Army . . . . . . . . page Patton Hall .....page 5 Safety Briefs . . . . . . . . . . page 6 News Notes.....page

see SAY, page 8

THURS. 95 I 77



92 | 74



SAT. 96 | 74



**Local forecast** 

86 | 65

**PENTAGRAM** 2 Thursday, September 8, 2016

# The Cyber-Base of Tomorrow — A History of Innovation—part 3 of 3

### By Col. Patrick Duggan Joint Base Commander

In the past, military bases were built near water. Today, they're built along roads and airfields. But in the future they will be built upon "cyber." Tomorrow's cyber bases will be layers of physical infrastructure, digital networks and meshed devices; all of which will be driven by emerging innovation. More importantly, they'll be inspired and assembled by human imagination

Luckily for Joint Base Myer-Henderson Hall, the base already has a history steeped in innovation, serving as a blank canvas to inspire future generations; just as innovation once inspired a teenager named Charles Lindbergh who witnessed the birth of "Wright Flyers" on Ft Myer, and who later would accomplish aviation history with his first nonstop solo transatlantic flight in 1927.

As the final part of our "History of Innovation" series, this article highlights some of JBM-HH's initiatives aimed at a cyber-base future that builds new community partnerships, increases connectivity, and better connects information and devices to people. Ultimately, by correctly assembling emerging information communication technologies (ICT) into a networked foundation, JBM-HH's future success, once again, rests in the inspiration of the next generation.

### A Historical Paradigm

Fiber-optic lines are a game-changing technology, and this summer, JBM-HH acquired its own. A historical paradigm shift for the base, JBM-HH's fiber optic lines provide high-speed audio, visual, and digital communication and are part of a broader national, state, and local infrastructure stretching from Northern Virginia to Washington, D.C. The line serves as both a physical platform and metaphor, for securing new community partnerships, increasing connectivity, and enhancing security and emergency response across the National Capital Region (NCR). The fiber-optic line also serves as the backbone for the next generation of ICT which will increasingly connect humans to devices. This emerging extensible layer, will support the inevitable growth of an Internet of Everything (IoE), where anything that can be connected, will be connected. JBM-HH's fiber optic lines are the key to opening up new possibilities in a wide range of fields such as security and force protection, community partnerships, and economic development.

### Cyber-Enhanced Security and Emergency

Response The first step to building the cyber-base of tomorrow is to use JBM-HH's fiber optic line to enhance security and emergency response. Cyber-enhanced security and emergency response allows the pooling of limited resources between JBM-HH, Arlington County, and Washington, D.C. to better manage law enforcement and emergency assets, and more quickly disseminate time sensitive information. Cyber-enhanced security and emergency response increases resiliency, flexibility, and the capacity to respond to potential terrorist and natural threats.

Likewise, growing ICT connections will enhance human understanding of emerging situations and allow for the better design of processes, information flows, and systems to cope with more complicated threats and disasters.

In the event of an emergency, cyber-enhanced security allows for rapid coordination and resto-



COURTESY PHOTO PROVIDED BY THE U.S. NATIONAL ARCHIVES Photograph of Charles Lindbergh and "The Spirit of St. Louis" airplane after landing in Paris upon completing the first nonstop solo airplane crossing of the Atlantic Ocean in 33.5 hours, in 1927. The first solo transatlantic flight (with stops) took place just eight years earlier, in 1919.

ration of critical services through a shared situational awareness. A shared situational awareness will allow more-timely prioritization of responses between military, local, and national authorities and will diffuse a common understanding across a growing network that connects humans

Opportunities to share data, analytic processes, and technology will build interdepartmental trust. As a result of more cyber-based joint and interagency exercises, in a future crisis, Arlington County's Emergency Operations Center could jump to JBM-HH to command and control their forces using the same situational awareness from

an NCR footprint embedded with sensors. Cyber-enhanced security will be ad-hoc and meshed. This means, that ICT networks will communicate and relay data using radio frequency, cellular, or Wi-Fi, to link surveillance systems, remote sensors, and thermal devices. Mesh technologies are cheap, resilient, and relatively low maintenance, because if one node fails, there are numerous alternate paths to transport the data. Meshed networks carry encrypted and unencrypted data across a variety of static, mobile, and variable nodes and host deployable video surveillance systems (DVSS). DVSS expand security coverage, extend stand-off, and enhance comprehensive coverage via remote access controls. DVSS is both mobile and static, and capable of being configured, controlled, live-streamed, and viewed through web-browsers hosted on meshed network computers and mobile devices.

### **Hyper-connected**

The base of tomorrow will be hyper-connected. JBM-HH will leverage cyber-innovations to connect people and devices, promote community partnerships, and spur economic growth. New collaborations between JBM-HH residents, workers, and students will be formed from the ubiquitous access of networked information. This hyper-connectivity between individuals, groups, and markets will increase virtual interactions between previously isolated pockets on JBM-HH and surrounding communities, and will fuel local economic markets. As a result of increased local interaction, micro-innovations and opportunities

will grow from the transfer of ideas and resources to strengthen community bonds. Thus, JBM-HH will become a cyber eco-system, fostering a vibrant exchange of economic, cultural, and academic innovation to spur mutual growth.

Hyper-connectivity is about quickly transporting information and data across local access, wireless, metropolitan, and clouds to people. Multi-protocol networks will hyper-connect JBM-HH residents, students, and military and civilian work force to local businesses, education, transportation, and governance. As emerging multi-protocol networks grow, JBM-HH must correctly assemble an extensible host of technologies, like virtual private networks, encrypted voice over internet protocal, and dynamic public, private, and hybrid clouds, into usable layers. JBM-HH must also harness the explosion of metropolitan area networks and public wi-fi hotspots to fuel devleopment and anchor community partenrships, and must innovate new application programming interfaces to control its own IoE on the base.

### Internet of Everything (IoE)

The Internet of Everything is exploding. According to a report by Cisco, there were 13 billion Internet-connected devices in 2013, and there will be 50 billion in 2020. Smartphones, implants, sensors, devices, and undreamed of electronics, will all connect daily life to virtual spaces. This means that as a military base, JBM-HH must be prepared for its human population to hyper-connect to virtual spaces in innumerable ways. For instance; today, social media and portable smartphones are the rage, but in the future, humans will ingest pills that relay vital signs to health providers over secure networks, and use wearable technology to emit data about their preferences for individual micro-climates.

Every human will become a node on growing hybrid-networks. As such, every human will be constantly emitting and receiving data across countless networks, from innumerable locations, for limitless reasons. In the future, big data will become more-tame, thus enabling more rapid and informed decisions to situations and circumstances. Human decisions will be made faster and more intelligent by the IoE, as they learn to manipulate their environment and virtual surroundings more efficiently and effectively.

Devices, sensors, computers, and things will all be growing connections across the IoE, tying disparate data to wide-open possibilities. Increased sensing of data will better inform human decisions that in return, shape better surroundings for the JBM-HH eco-system. JBM-HH will build controllable sensors into every structure to provide variable radiating power for mobile devices and ICT automation. There will be meshed networks that operate driverless shuttles, snow plows, and grass mowers. Each of them will be remotely monitored, regulated, and powered by JBM-HH's IoE.

### Conclusion

The base of tomorrow will be built on cyber. From physical infrastructure, to digital networks, to meshed sensors and devices, tomorrow's cyber-base will be driven by emerging layers of innovation. Most importantly, somewhere on JBM-HH, there is a young Charles Lindbergh who will bear witness to the birth of a networked foundation which will inspire the imagination of a future generation.

#### Stay connected! www.army.mil/jbmhh Twitter: @jbmhh Slideshare: slideshare.net/jbmhh Facebook: Facebook.com/jbmhh Flickr: Flickr.com/photos/jbm-hh



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## Community

# Flu season 2016-2017 approaches, flu clinics for Rader Clinic patients

By Arthur Mondale Pentagram Staff Writer

Flu season is almost here, and Andrew Rader U.S. Army Health Clinic is prepared. The clinic has ordered 9,700 flu vaccine doses to protect its patients and the public's health.

Flu season runs from October through May, and the Center for Disease Control recommends everyone ages 6 months and older get their annual flu shot before the end of October.

"Our goal with providing any vaccination is to improve the health and maintain readiness of the force," said U.S. Army Lt. Col. Kathleen Spangler, commander of Andrew Rader U.S. Army Health Clinic.

Influenza viruses spread easily and evolve rapidly, which means infections are common and vaccines aren't effective against every possible strain. That familiarity can lead some people to become complacent about getting the annual shots, but the CDC estimates tens of thousands of people die of flu-related illnesses or complications in the U.S. each year.

"When we talk about the force it includes service members, spouses, families and retirees. It's also about education and letting our beneficiaries know they're safe and why they're safe," Spangler said.

Flu vaccines are designed to protect against three to four influenza viruses research indicates are most likely to spread and cause illness. The vaccine composition is reviewed each year and updated as needed based on which influenza viruses are making people sick, the extent of viruses spreading and how well the previous vaccine protects people against those viruses, said Denise Kolasch, a licensed practical nurse at Rader Clinic.

Certain populations, such

Andrew Rader U.S. Army Health Clinic's Flu Campaign 2016

Annual flu shots are available for active duty service members, family members, retirees and Department of Defense civilians during the following dates and locations:

Fort Myer Memorial Chapel 7:30 a.m. to 3:30 p.m. Oct. 13, 18, 20, 25, 27

Andrew Rader U.S. Army Health Clinic 8 a.m. to noon Oct. 22

Nov. 1, 3, 8

Nov. 5

as the very young, sick, and elderly, are especially vulnerable. Several years ago, a strain called H1N1 strain proved particularly dangerous to pregnant women and infants.

Experts say getting vaccinated doesn't just protect you from getting sick, it also helps prevent you from spreading the virus to others who are more vulnerable to illness.

"It's about prevention, getting immunized, you're not just helping yourself you're helping the whole public," Kolasch said.

This year, the clinic will not offer FluMist, which the CDC Advisory Committee on Immunization Practices (ACIP) recommended against for the 2016-2017 flu season, in June.

"The efficacy of FluMist per the Center for Disease Control isn't supported," said Spangler.

Based on the recommendation, the Department of Defense will only offer injectable influenza to beneficiaries and health care providers on military installations.

Additionally, TRICARE will only cover injectable influenza

"People should begin getting vaccinated soon after the flu vaccine becomes available.



PHOTO BY ARTHUR MONDAI

From left, U.S. Army Spc. Jared Bowling, Andrew Rader U.S. Army Health Clinic allergy and immunology representative demonstrates the proper technique utilized when giving a flu shot to Lt. Col. Kathleen Spangler, commander of Rader Clinic, while U.S. Army Sgt. Andrew Mayfield, readiness assistant NCOIC lends support Aug. 31. All eligible personnel (active duty service members, family members, retirees and DoD civilians) will begin receiving flu vaccinations in mid-October. Call 703-696-2994 for more information.

It takes about two weeks after the vaccination before antibodies develop in the body to provide protection against the flu. The flu vaccine provides 6 to 8 months of protection," Spangler said. "It's important to note that if you do get sick after getting a vaccination you're less likely to have all the complications associated with the condition or disease the vaccine was intended to protect you from and reduces the risk of more serious outcomes."

Clinic personnel said they are committed to educating the public about the safety, effectiveness and necessity of flu shots and other vaccines.

"I want people to understand that most immunizations are safe, regardless of what some (people) claim," said Army Capt. Dana Bal, the clinic's pharmacy chief. "When you look at the studies and the actual data they're safe, and making you healthier as well as the entire population."

All eligible personnel (active duty service members, family members, retirees and DoD civilians) can begin receiving the flu vaccination in October.

Flu shots will first be offered during the clinic's Retiree Appreciation Day and Flu Campaign kick-off Oct. 7. Especially vulnerable patients, and all military and civilian health care providers ("unless there is a documented medical or religious exemption," Spangler said), will receive the

shots next.

Beginning Oct. 13, flu shot clinics will be conducted Tuesdays and Thursdays through early November at Fort Myer's Memorial Chapel. Rader Clinic has partnered with George Mason University's community health service allowing students to work alongside nursing staff and medics to ensure as many people are vaccinated as possible, Spangler said.

"It's one team, one fight," Spangler said. "Our goal is to protect people and provide them with information."

To learn more, call Rader Clinic's Flu Hotline at 703-696-2994.

Pentagram Staff Writer Arthur Mondale can be reached at awright@dcmilitary.com.

## Marines' Corporal's Course molds future leaders

By Julia LeDoux

Pentagram Staff Writer

A group of 37 non-commissioned officers graduated from the five-week Marine Corporal's Course Sept. 2, in a ceremony conducted at the Joe Rosenthal Theater on Joint Base Myer-Henderson Hall.

The course, taught by members of Headquarters and Service Battalion, Headquarters Marine Corps Henderson Hall's S-3 section, provides participants with the education and leadership skills necessary to lead, mold and mentor Marines.

"We're trying to take new, young NCOs how to properly lead Marines, giving them the physical, mental, emotional and administrative tools they need to properly train Marines, correct deficiencies and help their generation of leaders," Sgt. Justin Loftin, a course instructor, said.

Participants came from installations throughout the National Capital Region and from across a spectrum of military occupational specialties.

"We've got Marines from the Marine Corps band, we've got administrative Marines from the Pentagon," he said. "We've also got some Airmen in there."

Senior Airman Damien Hernandez, who is an instructor at Joint Base Andrews, said the class gave him a greater appreciation for the Marine Corps.

"My leadership sent me over here to see how the instructors conduct themselves and how the students respond to the instructors," he said. "We do joint task training between the Air Force and Marine Corps mission. They wanted me to blend and find out the tricks of the trade on the Marine Corps side and bring it back over to the Air Force side."

Hernandez said he's been "stoked" about the course since day one.

"It was more than just 'hey, I'm going to go and show Marines I can be better to them," he said. "It was about 'I'm going to go and show Marines that Airmen are just as adaptable as they are.' We're just as competitive as they are."



Hernandez had a quick answer when he was asked about what makes the Air Force and Marine Corps unique.

"We put on our uniform and tackle the mission," he said. "The Marines put on their uniform and they tackle anything that comes their way."

Marine Cpl. Patrick Montgomery, who is stationed at Marine Barracks Washington, D.C., will soon mark his second year in the Corps.

"To get a full, immersive experience, you want to go to the resident course, you want to be around Marines who want the same things you do," he said.

Montgomery said he particularly enjoyed the leadership

building activities and physical training techniques the course provided. He said he also appreciated the emphasis on communication.

"Communicating is just a large part of the military in general and being put in a situation like this every day, where things could change, where thing couldn't change, teaches you to breed patience not only with yourself but with those under your charge," he said.

Cpl. Clay Clottis, one of the class attendees, said that the Corps now requires Marines to attend both a non-resident and resident course to be promoted to the next grade. Marines eligible to attend the corporal's course were interviewed by members of their commands, who decided who would attend, he said.

"It puts us in a position where we have to do it and we want to do it," he said. "The selection is made off of Marines who are ready for the next grade."

As class commander, Clottis worked with squad leaders

to disseminate information in a timely manner and said his biggest takeaway from the course is how to embody selfless leadership.

"It's a bigger deal than our self; it's a bigger deal than promotion to the next grade," he said. "It's more about how can you sacrifice things on your end, your time, your patience, anything that you have available for the improvement of the quality of life, both personally and at work, of your Marines and also making the lives of the Marines above you easier so they can do the job more effectively."

The 12-week course began Aug. 12.

Sgt. Raisa Builes, a course instructor, said teaching the course helps keep her motivated.

"To see these corporals and Airmen in there, to see how close they are, how they push each other, basically just looking at them reminds me of why I am a Marine in the first place," she said.

Pentagram Staff Writer Julia LeDoux can be reached at jledoux@dcmilitary.com.

#### \* \* \* The United States Army Band **CALENDAR OF EVENTS** Sept. 14 The U.S. Army Blues will perform a WWII Memorial Concert at the WWII Memorial, 17th and Constitution Ave, Washington, DC 6 p.m. Sept. 15 6 p.m. The U.S. Army Blues will perform Twilight Tattoo CSA Salute on Whipple Field, JBM-HH. The U.S. Army Blues will perform in celebration of Hispanic Heritage Month at Brucker Hall, JBM-HH. **Sept. 18** 3 p.m. Sept. 25 The U.S. Army Concert Band will perform music from the stage and screen at Brucker Hall, JBMHH. 3 p.m. "Pershing's Own" Chamber Music Recital at Brucker Hall, JBM-HH. Sept. 27 7:30 p.m.

Performances are free and open to the public, unless otherwise noted. All outdoor concerts are subject to cancellation or location change due to weather considerations. Call 703-696-3399 for up-to-date information on concert cancellations or location changes. For additional details and a full calendar of performances, visit www.usarmyband.com/event-calendar.html.

Thursday, September 8, 2016 PENTAGRAM

## AMBRICA'S ARMY

### By Spc. Brandon Dyer, 3d U.S. Infantry Regiment

The 3d U.S. Infantry Regiment (The Old Guard) unveiled a new way to celebrate the history and heritage of the United States' first, and largest, military service Sept. 6. Members of "The Old Guard" premiered a new program, "America's Army: Yesterday's Heroes, Today's Leaders" at the Lincoln Memorial on the National Mall in Washington D.C.

"America's Army" is a half-hour-long, live-action military pageant featuring Soldiers from The 3rd U.S. Infantry Regiment (The Old Guard) and The U.S. Army Band "Pershing's Own."

The public outreach program includes features demonstrations by Soldiers wearing period uniforms, historical information and stories, and performances by The U.S. Army Blues, U.S. Army Band Voices, The Old Guard Fife and Drum Corps, and The U.S. Army Drill Team.

Performances are free, and open to the public. Kevin Fenton, who was visiting the U.S. from Ireland, attended the inaugural showing of America's Army. He said he was not disappointed.

"It was a marvelous show," Fenton said. "Really enjoyed it, I must say. I loved the history and how they covered the history really marvelously."

America's Army chronicles the contributions to American History made by the United States Army since its inception in 1775.

"I've only been to Vegas and Florida," said Andy Wade, who was visiting from the United Kingdom. "I've never seen something like this here."

His wife, Samantha Wade, said she enjoyed learning more about the history of their country's Revolutionary war opponent and modern-day ally – particularly the accounts of individual Soldiers.

"It was good, really enjoyed that," said Samantha. "It was nice to hear all the stories as well."

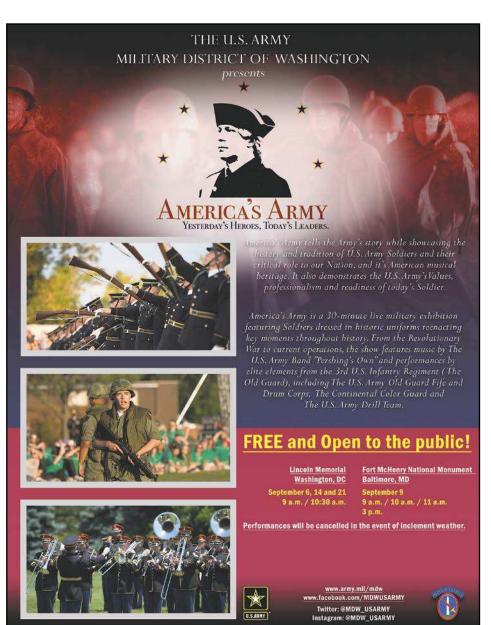
The show continues Sept. 9, in Baltimore, Maryland, where the units will perform at the McHenry National Monument at 9 a.m., 10, a.m., 11 a.m. and 3 p.m. Additional appearances are scheduled at the Lincoln Memorial in Washington D.C. Sept. 14 and 21, at 9 a.m. and 10:30 a.m.



Soldiers in period uniforms represent the history of "America's Army" on the National Mall Sept. 6.



Members of the 3d Infantry Regiment (The Old Guard) present the colors during the "America's Army" event at the Lincoln Memorial Sept. 6.





Staff Sgt. Lindsay Natiw, U.S. Army Fife and Drum Corps, plays during the "America's Army" event at the Lincoln Memorial Sept. 6.



Lt. Matthew Daghita, 3d Infantry Regiment (The Old Guard), raises a saber during a drill and ceremony demonstration at the "America's Army" performance at the Lincoln Memorial Sept. 6.

## Club members, community react to new inclusive membership policy

By Arthur Mondale Pentagram Staff Writer

Patton Hall opened its doors to service members of all ranks Sept. 1; a change which marked the end of an era for some, and was hailed as the beginning of a new one by others.

"The decision has been made, and we support it," said Al Willner, chair of the JBM-HH Retiree Council. "But, communicating to the retirees about the changes is really important moving ahead."

Effective Sept. 1, Patton Hall, formerly an officers-only facility on the Fort Myer portion of Joint Base Myer-Henderson Hall, became the latest U.S. military establishment to become an all-ranks club. The move was welcomedby some, but started controversy among both club members and nonmembers.

Retirees remembering a time when separate officer and enlisted clubs were the norm responded especially vocally to reports of the change on social media. Some voiced concerns that allowing both officer and enlisted service members to join would make the club less appealing to both.

The change was also bittersweet for some of the club's members.

"It's sad," said retired U.S. Army Col. George Surman, a club member since the 1990s. "There's a lot of history here and there was a camaraderie amongst the officers that we had here. But things have changed over the years. There were a lot more activities before that were more continuous throughout the week. I blame it on a lack of support. And that's too bad. I'm sorry to see these things disappearing—both the officers' clubs and the NCO clubs as well, not just here but at other installations."

His wife said she was in favor of the decision to open the club to all ranks if it increases the club's membership.

"It's a beautiful facility, and it would be a shame for it to just sit here, so at least it's open for all ranks to be used," Rose Surman said. "We used to love to come to the officers' club for the dances, the live music and the good food."

Another member said that recent declines in enrollment may be the result of



Patrons enter Patton Hall Aug. 31, one day prior to the former officers-only facility becoming an all-ranks club. Club members, both current officers and retirees, had varying responses to the decision. "The Fort Myer Officers' Club was one of the few officers' clubs left in the Army," said Mudassar H. Syed, assistant general manager. Annual club membership dues will be \$72 per year for enlisted service members E1 through E3, \$120 for E4 through E6 and \$165 for service members in grades E7 through E9.

changing tastes, because today's service members have more choices about how to spend their free time.

"The officer club was almost like a mandatory membership in the earlier part of my husband's career. It was kind of expected to be supported," Francie Graese said. "It was much more social 'Right Arm Night,' for example, was a big event. It was a kind of neighborhood spot to network and socialize with your boss and colleagues. But today, I definitely think it should be open to everyone—because they have to compete—but they're going to have to know their new audience. They'll need to create a committee that's representative of every rank to determine how to best serve their new members."

This isn't the first time the club's home at 214 Jackson Avenue has faced change. The former officers' club was named Patton Hall, prior to becoming the home of the former Fort Myer Officers' Club, according to assistant general manager

Mudassar H. Syed. A dedication plaque in honor of Gen. George S. Patton, Jr., who was assigned to Fort Myer four times during his military career, is visible to guests as they enter through the front door.

"The new name for JBM-HH's all services, all-ranks club... is a nod to the building's history, as well as the spirit of change for which it stands," JBM-HH Commander Col. Patrick Duggan said.

Changing the name and mission to serve all service members in the National Capital Region is consistent with the installation's tradition of innovation, he said.

Army Maj. Naim Lee, who is stationed at the Pentagon and had lunch at the facility on the day prior to it becoming an all-ranks club, said he supported the change.

"We're all working together with the same common goal, and mission, so why should there be any division among the officer and enlisted rank? Everyone should be able to sit down at the same table, socialize and work together," he said.

Club managers said they expect to lose some patrons who enjoyed the exclusivity of an officers' only organization.

"When Bolling Air Force Base Officers' Club became a community-type club, their officers' club members decided to join our club, and we gained those

members because they were no longer operating as an officers' club. There were some long-standing club members who canceled their memberships when they learned it was going to become an all-ranks club and no longer remain an officers' club. So there is a concern that we will lose the long-standing members."

But any of club services were already open to members of all ranks, he said. Some food services and facility rentals were already available to all members of the JBM-HH community, and the pool had long supported both members and non-members, with slightly different pricing for each. Last October, the location opened membership to senior enlisted personnel, in grades E7 through E9.

One thing that has and will remain the same for now is the dress code, Sved said. "Shorts and jeans in the Fife and Drum dining room are not allowed."

Several current and former enlisted service members said they are curious, and cautiously optimistic, about the changes.

"I think the concept of an all-ranks club is great, but cost is a big thing," said Larry Steele, who served for eight years in the U.S. Navy. "The lowest ranks really can't afford to join a club with a fee. They're more focused on the basics, moving off base and getting or maintaining their vehicle. E3s and below should be able to be members of the club for free."

"I'll definitely visit Patton Hall, but I don't know how comfortable I will be," said Army Pvt. Raquan Price. "Being surrounded by too many higher ups and their families is a little unnerving."

Army Pvt. Deandre Woods-Bethel said he sees the change as an opportunity to support inclusivity, regardless of the atmosphere or the fee.

"It's a chance to do something new," Woods-Bethel said.

Annual club membership dues will be \$72 per year for enlisted service members E1 through E3, \$120 for E4 through E6 and \$165 for service members in grades E7 through E9. There is a one-time processing fee of \$45 for new members, Syed said.

Pentagram Staff Writer Arthur Mondale can be reached at awright@dcmilitary.com.

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## **Safety Briefs**

Safety Briefs" is dedicated to sharing information about safety issues that are relevant to the military community, onand off-duty. This month's topic is firearms safety — including service-issued weapons, personally-owned handguns, and hunting rifles.

### Record firearms purchases increase safety chal-

If the number of Federal Bureau of Investigation background checks is any indication, Americans are buying personal weapons at a record clip. During 2015, background checks exceeded 23.1 million, the most since recordkeeping began in 1998.

"The volume of applications being processed in the National Instant Criminal Background Check System tells us there may be an increase in the number of privately owned firearms in the hands of our fellow citizens, some of whom are also Soldiers," said Lt. Col. Phillip G. Jenison, Ground Directorate, U.S. Army Combat Readiness Center. "That means there could be Soldiers who are first-time gun owners, and they must be aware of the dangers involved and exercise caution and common sense when handling them."

Even though Soldiers qualify with weapons as of part of their military training, that occurs on duty in a controlled environment. In an off-duty setting, things are different — more casual and less focused. Decreased vigilance could lead to unsafe activities with tragic consequences.

While the number of Soldiers with privately owned weapons might be increasing, off-duty firearms fatalities have dropped each year since 2012. The Army lost five Soldiers each in 2013 and 2014, and the total dropped to three in FY 2015, according to data available from the USACRC.

"The downward trend is good, but we must remain focused on safety, and it doesn't matter if a Soldier is a first-time gun owner or has been shooting for years," said Tracey Russell, Ground Directorate, USACRC. "The basics for safe weapons handling never change. Soldiers should apply the same procedures they learned in basic training to their privately owned weapons as well."

The details surrounding a recent Soldier death from an unintentional discharge paint a picture of the circumstances that can contribute to such a tragedy. A 38-year-old sergeant first class was killed by the discharge of a handgun he was handling while under the influence of alcohol. He shot himself in the leg, severing the femoral artery.



volve alcohol, and the bottom line is weapons and alcohol should never be used together," Russell said. "We have a page on our USACRC website dedicated to privately owned weapons that's loaded with information on safe handling. I urge Soldiers and leaders to use it."

USACRC has compiled more information about safe handling of privately owned weapons, at https://safety. army.mil/OFF-DUTY/PrivatelyOwnedWeapons.aspx. For more information on additional safety topics, visit

https://safety.army.mil. - Art Powell, U.S. Army Combat Readiness Center

### On patrol or in the armory: THINK weapon

To combat negligent discharges, leaders must change the way Soldiers think about and handle weapons. Both leaders and Soldiers have a responsibility to set the example for others and make on-the-spot corrections. Drill home that your Soldiers must THINK weapons safety!

- Treat every weapon as if it's loaded.
- Handle every weapon with care.

- Never point the muzzle at anything you don't intend
- Keep the weapon on SAFE and your finger off the trigger until you intend to fire.

Get in the mindset that any weapon, whether it's firmly locked in an armory, has its magazine out, is lying with its chamber open on a bunk or is being carried on a combat patrol, is capable of killing ... A weapon is a killing machine that's waiting for an opportunity to do so.

 Chief Warrant Officer Michael Rutledge; 4th Battalion, 160th Special Operations Aviation Regiment (Airborne)

### There's no such thing as an accidental discharge, only a negligent one

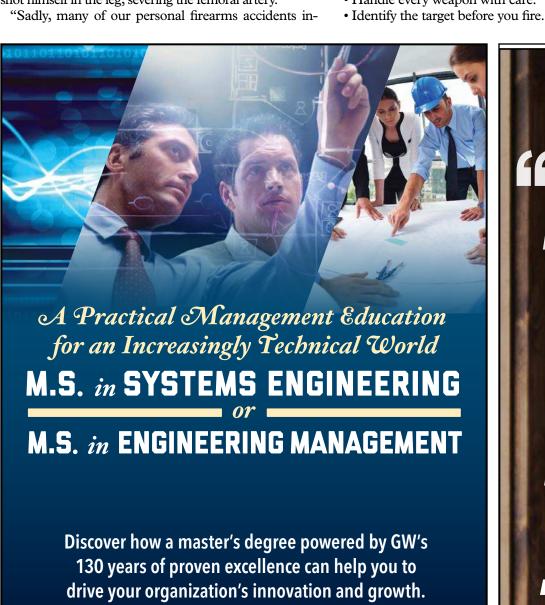
In my opinion, the accidental discharge of a weapon does not exist. A firearm is only as safe as the person handling it. For a weapon to fire, one must load rounds into it and, at some point, pull the trigger. An accidental discharge is the result of poor weapons handling, inattention to detail and lack of training and discipline. It's important that Soldiers do not take weapon safety lightly. And it's just as important that leaders lead by example and enforce the standards.

Know and understand the characteristics of the weapon (privately owned or assigned) you're using. Unless you're a licensed gunsmith or if it's within your military duties to perform direct support maintenance, don't modify or try to change the configuration of a weapon. Doing so could result in major malfunctions and possibly render your weapon useless. When handling any weapon, make sure you know its safety features and capabilities. It's a good idea to read the owner's manual or sign up for a safety class.

A good way for leaders to ensure service members understand firearms safety is to have them explain their weapon's safety features, its loading and unloading procedures and how to perform immediate action on it should it malfunction. Once they understand and successfully execute these simple tasks, the likelihood of an accidental discharge will decrease.

Soldiers living off post need to consider their family's safety, as well as their own. What happens when a child finds a firearm? A good time to introduce weapons safety to children is if they show an interest in toy guns. Children watch television and may be inclined to know what a firearm would really do or how it works.

– Master Sgt. James H. Douglas; Fort Stewart Regional Training Site



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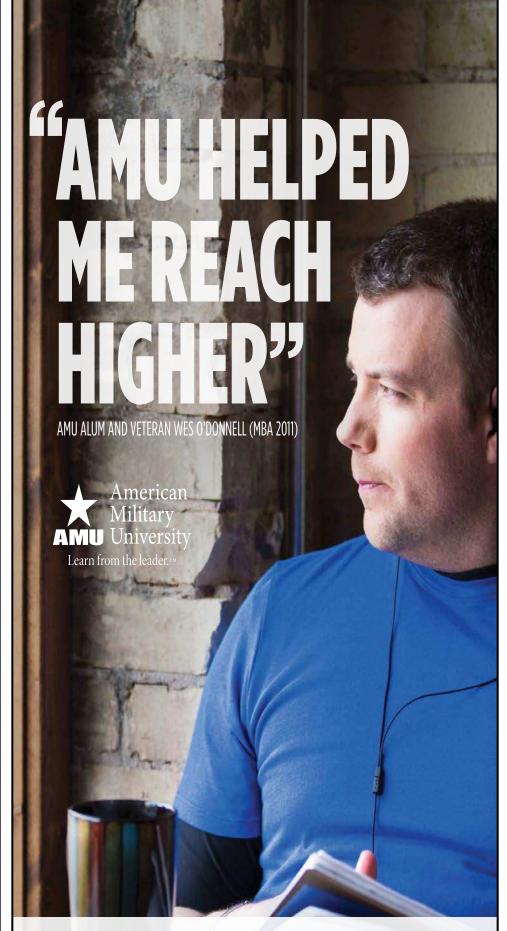
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\*As reported by Military Times, July/August 2015

### REMEMBER

from page 1

### Army Staff Sgt. David Aranzamendi



Aranzamendi was 17 years old, sitting in a highschool AP Calculus class in Silver Spring, Md., when he learned of the attacks.

He said he remembers teachers rolling out televisions on carts so students could see what was unfolding on the news.

"My mentality changed. Immediately after that I felt that each of us had our part to play in what had happened ... It kind of motivated me to join the Army and do whatever I could, not necessarily right then and there at that specific moment, but it definitely played a part overall in what being in the military means to me personally."

### Melanie Kimery, Librarian at Fort Myer



"I was teaching at Cox Elementary School in a small town near Austin, Texas. We found out by going see it on the internet. I could tell that people were watching it on the internet

traffic was nuts. It was really, really slow; When I saw planes crashing into the first tower and then the second one, I thought 'Oh, my God.' I still get chills thinking about it.

"We elected not to tell the kids. How do you tell a group of five-year-olds that our nation is under a terrorist attack? Our school ... decided to go into lockdown. Soon after, parents came to the school to pick up their children. Parents that had a photo identification card were allowed to pick up their children. We also called parents to inform them that they were free to pick up their children. We wanted to make sure the parents were informed, because if they didn't come to get their children we were going to put them on the bus at 3 p.m. I was worried that the latchkey kids would get home, turn on the television and start watching the news coverage--but no one would be there to explain what was happening to those towers.

"My kids' school also went into lockdown. My kids were in 6th and 8th grades when it happened. I think they watched it non-stop, for three days. 'Isn't that a bit much? Can we go back to normalcy? Are you freaking these little 12-year-olds out?' I questioned. But they wanted them to be informed; and their teachers did a really good job of explaining everything to them.

"I didn't want my kids taking the bus, so I went to pick them up, because I was able to leave my school early. It wasn't that I didn't trust the buses, but the mom-inme wanted to go and get them. My kids weren't really freaked out, but I don't think my kids understood what really happened.

"Now my daughter works in New York, near the 9/11 memorial. When we visit our daughter in New York, we go to the memorial. It's chilling to see the footprints of the original towers."

### Spc. Jontae Randolph

"I was in junior high. My teacher turned on the television during French class and we watched the planes hit the tower over and over again.

"I do remember that day, but being that young I couldn't [emotionally] grasp what was going on. However, we definitely need to honor all those lives lost, and we need to appreciate the freedoms of this great country."

### Col. Henry Wuster, U.S. Air Force (retired)

"I was working as the Director of Operations at CommutAir, a commercial airline in upstate New York. We watched in on television. We were in disbelief. It was a pretty dramatic time for everybody.

"Our job was to get all the planes out of the air and to shut down the air traffic control system until they figured out what was going on. We had a plan in place if things like this were to happen—so we executed the plan, and we just rolled with the punches. The terrorists' idea was to try and shut down commerce and everything in the United States, so we wanted to bring our operations back as fast as possible.

"I didn't have any family members who died during 9/11, but I know few people who did and I know very little people who aren't affected by that one event."

### Ron Foster, JBM-HH Safety Officer

"It was really confusing for a while," said Foster, who was an Army Police Detective at Walter Reed Army Medical Center when the planes hit.

The only means of communication

were two-way radios and pagers because phone lines weren't working, he said.

Foster performed police escorts for ambulances and care providers from Walter Reed to the Pentagon in order to transport burn victims to the hospital.

"It was tragic. It was mass chaos ... It made me think about things a little bit differently. I'm more cautious as to where I live now. There was a moment where we were wondering, 'Are we going to get attacked again?' How will this affect our kids?"

A single parent working in Virginia, Foster decided to move from Maryland to Virginia so he could be closer to his son in the event of another attack. Foster's son will soon head off to college in California.

### Kate Aras, Library technician at Fort Myer



"I was a freshman in high school, which is in Monmouth County, New Jersey. My family lived an hour outside of New York City. At our school, we had three kids whose parents

died in 9/11, but I didn't personally know them. I knew of them because we all lived in the same small town. I remember going to a vigil at our church.

"After being informed that the planes had hit the towers, I remember my teacher being extremely distraught, very overwhelmed, and suddenly, he didn't know how to teach anymore. I heard him say, 'my friends.'

"The day is kind of a blur. I don't know how we all found out because we didn't have televisions in our class. We didn't go to class again for the rest of the day. I think my mom picked me up from school.

"My dad was a volunteer firefighter during that time. He was called to go to north New Jersey to assist emergency teams in New York. I remember being really worried about my dad.

"I haven't been to the 9/11 memorial, but I know I need to go. I don't want to go because I don't want to feel the emotions that I think I am going to feel. It was really intense being that close to New York City and something like that happening."

### Lance Cpl. Jesslyne Smith

"I was in 4th grade at a school in New London, Connecticut.

"Our teachers told us about it, but I didn't know what it was. Later, I found out that I had an aunt who died in New York during 9/11. I began to take it a bit more seriously when I was informed about her death."

### Ken Washington, JBM-HH Director of Human Resources

Washington was a sergeant major in the Army working at the Human Resources Command in the Hoffman Building in Alexandria, Virginia. As he returned from a morning walk around the building's campus, a Soldier informed him that a plane had hit one of the Twin Towers in New York City.

"We all thought it was another one of those incidents where one of those small planes hit," he said.

They turned on the TV in the office in time to see the second plane hit.

"I'd been in the Army for 26 years at that time, and that's when things got a little solid, because you can believe that the first plane was an accident but the second plane told you something was up," he said.

Then, he and his colleagues saw smoke rising from the Pentagon.

"People outside of the National Capital Region probably had better information than we had on the inside," he said.

Washington was unable to make contact with his wife, who worked at the Pentagon, because phone service was interrupted. Someone gave her a ride to meet him at the Hoffman Building, and they made it safely home.

In the days that followed, Washington learned that he had lost several comrades and colleagues, including Sgt. Maj. Larry Strickland, Sgt. Maj. Lacey Ivory and Gen. Timothy Maude.

"For those in uniform, that was probably a defining moment, in terms of how they saw themselves in relation to taking care of the motherland," he said. "For me, I've always tried to envision what Pearl Harbor Day must have been like. Since 9/11, I haven't thought about Pearl Harbor anymore because we had our own Pearl Harbor Day in my lifetime... We won't take anything else for granted."

Editor's note: Quotes in some interviews were condensed from the interviewee's original remarks, for clarity.

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8 Thursday, September 8, 2016

### MAP from page 1

Mike Wagner, chief of National Events Planning, used the map to prepare task force members for the sheer magnitude of the upcoming event. He briefed the service members on the 2013 plan, challenges for 2017, and other variables the task force will need to prepare for.

The map exercises help the task force develop a baseline understanding of the planning process so that when they need to start working with partner agencies - the Secret Service, the Capitol Police, the Federal Bureau of Investigation – everyone can be on the same page, he said.

"We want to make sure that our people all have that same baseline understanding so that we can move forward," Wagner said. "We know that some things will be different, we know that some things will be the same. We don't know which is which at this point. We're planning for contingencies."

Much of the task force's planning will be based on speculation until a couple of weeks after Election Day, because the President-elect will appoint a Presidential Inaugural Committee (PIC), which will take over the planning and will make the final decisions about all aspects of the event.

"Everything that we do between now and the 22nd of November is planning on speculation. It's based on the idea that we know pretty much how things have gone down in the past and how they're expected to go down this time." Wagner said. "The Presidential Inaugural Committee will put their stamp on this inauguration in many, many ways, some of which we can't imagine now. We will be prepared once that PIC stands up... to adjust course based on the guidance we get from them."

Challenges the task force will have to work around include new restrictions regarding use of the National Mall; bus and truck restrictions on Memorial Bridge, which is in need of repairs; and an impenetrable security zone that stretches from Washington Circle in Foggy Bottom to Lincoln Park near the Capitol.

The map exercises and the continued focus of task force members will ensure the mission's success, said Army Col. William D. McGarrity, task force chief of staff.

"This is a no-fail mission, so we are expected to execute flawlessly," McGarrity told the crowd. "You're a part of history. Thanks for what you're about to do."

Pentagram Staff Writer Guv Callahan can be reached at wcallahan@dcmilitary.com.

For the next few months, the Pentagram will highlight members of the JTF-NCR Inauguration Task Force, which comprises service members from across every branch of the military and will help plan and execute the 58th Presidential Inauguration in January 2017. Every week, we'll take you behind the scenes to highlight the men and women who help make the ceremony possible.

Name: Lt. Cmdr. Brendan Montoya Branch: U.S. Navy

Hometown: San Diego, California Home unit:

Naval Operational Support Center, San Diego

Military job: Civil Engineer Corps officer (Naval Construction)

Task force job: Chief Engineer Planner

As the chief engineer planner, Lt. Cmdr.. Brendan Montoya is in charge of the facilities engineering for service members coming to the National Capital Region from all over the country to serve as part of the task force. Since arriving in April, Montoya has prepared three different buildings for task force personnel and overseen construction on task force office space.

Montoya saw the inauguration posting in an email about reservist assignments and decided to throw his hat into the ring. He said working at a joint force headquarters is fantastic. But traffic in the National Capital Region? Not so much.

"The traffic is insane," he said. But, he added, opportunity to serve with a joint force headquarters is worth the inconvenience. "There's really nothing like it. To come into an environment where you have all the services, I've had to really rely on all my Navy experience and all my civilian experience to be able to work with people. Everyone here is really motivated to get the job done and learn about the different services," he said.

During his time in the National Capital Region, Montoya has taken tours of the White House and the Pentagon, and he said he intends to make it out onto the Potomac River for stand-up paddle boarding.

"I think whatever your specialty or career field is, strive to be as much of an expert as you possibly can," he said. "But also get familiar with other organizations - not just military, but

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### SAY from page 1

"Army leadership engaged with education and youth support organization leaders about career building opportunities for students, she said.

The SAY Leadership Committee is a group of civilian executives from national education and youth support organizations that was formed in 2010. The group comes together each summer to brainstorm actionable solutions to challenges facing youth in three areas – education, health and career readiness, Muston explained.

Advancements in technology in the digital age has drastically altered the secondary and post-secondary educational experiences of students, parents and educators, she said, adding that technological advancements have also advanced the skill sets that today's students must learn in order to have productive and fulfilling careers.

"As a technology industry leader, the U.S. Army develops Soldiers who are adaptable," Muston said. "Their jobs require leadership, critical thinking, problem solving and inovoation in any situation. In any sector, there skills are attractive and essential for any growing national workforce. That's why it's so important for the Army and educators to support America's youth by ensuring they have access to all the information, resources and support they need for post-secondary success."

Muston said the keynote speaker at the event, U.S. Army Deputy Chief of Staff, G-1, Lt. Gen. James

McConville, spoke about the importance of collaboration between the Army and education organizations in order to ensure that students know their post-secondary options and are well-equipped for future success.

During his address, McConville emphasized the importance of increasing public awareness of the meaningful work Soldiers do for their communities,

In addition, Army leaders also discussed with SAY



ARMY MARKETING & RESEARCH GROUP (AMRG)

The panel talks about how the Army develops valuable professional skill sets that can relate to future career aspirations both in and out of service during the 2015 Strengthening America's Youth (SAY) Leadership Committee meeting, July 28, 2015 at Joint Base Myer-Henderson Hall. This year, the 2016 conference met at the Pentagon for the first time since the committee was established in 2010.

> committee members how their own careers have had to adapt to evolving technology. Maj. Gen. Jeffrey Snow, commanding general, U.S. Army Recruiting Command; Maj. Gen. Michael Smith, deputy chief of the Army Reserve; and Col. Blaine Hedges, 7th Brigade commander, U.S. Army Cadet Command, discussed how critical it is for the Army to stay on the cutting edge of technology and remain connected globally, she said.

> Pentagram Staff Writer Julia LeDoux can be reached at *jledoux@dcmilitary.com.*



## **AND FEDERAL EMPLOYEES**

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### NEWS from page 1

3. Pay attention at antiterrorism briefings; presenters have the most up-to-date information on terrorism available.

4. Make security a part of your routine; make it a habit by daily practice.

5. Don't be a tempting target. Make yourself a "hard" target by blending in with the crowd and lowering your DoD signature. This may mean not wearing your military uniform in public and not wearing t-shirts or caps that identify with a military service, government or law enforcement. Consider removing stickers from your vehicle that identify you as having a DoD affiliation.

The greatest threat to DoD personnel participating in 9/11 memorial-type events are random criminal activities like theft and assault.

There is currently no information indicating a direct, credible threat associated with the 15th anniversary of 9/11, but the best way to honor the memory of family, friends and colleagues is to stay alert and stay alive

For more information about Force Protection for military personnel, employees, and families at JBM-HH, call 703-696-3293.

### JBM-HH law enforcement: Motorists must stop for stopped school buses with lights flashing

Joint base police are once again reminding motorists to stop their vehicle when in view of a stopped school bus.

This is the law on and off base. The law protects children as the exit the bus and walk on nearby sidewalks streets. Children are excited and happy about going to school, about riding the bus, about seeing new and old friends. They have short attention spans and can't recall warnings by their parents to be careful that very morning. Pay attention, and when in doubt, STOP. Think of this: When you roll through a stop sign, you may get away with it, or you may be ticketed by law enforcement. But more importantly, you could run over and injure or kill a child. Is that worth the risk?

According to the Commonwealth of Virginia Department of Motor Vehicles driver's manual, a driver "must stop for stopped school buses with flashing red lights when approaching from any direction on a highway, pri-

vate road or school driveway."

Those behind the wheel must also stop and remain stopped until all people are clear and the bus moves again; drivers must stop even if the signals are not on, when the bus is loading or unloading passengers.

Violators will be fined, and repeat offenders will lose driving privileges on base. For more information, call 703-696-3525

### Fort McNair sea wall repairs

Repair work on the portion of sea wall near the Fort McNair Club will cause traffic disruptions, noise and other disturbances in the local area during daytime hours. The intersection at 1st Ave. and B St. will close Sept. 8 to 15 for concrete and asphalt removal at the intersection. Sept. 19 to 23, 1st Ave. will remain open, but an excavator will be used to remove soil from the area. Work is scheduled to take place from 7 a.m. to 5 p.m. daily. Construction areas will be enclosed by chain link fencing, but drivers and pedestrians are asked to use caution when travelling in the area. For more information, call 703-696-3290.

### ASAP closure Sept. 9

Army Substance Abuse Prevention (ASAP) office will close Sept. 9, 11 a.m.-1:30 p.m. For more information, call 703-696-3900.

### Battle on the Base MMA event Sept. 24

Odyssey Fights presents a mixed martial arts event Sept. 24, at the Cpl. Terry L. Smith Gymnasium. According to the organizer, the "Battle on the Base" showcases top military martial arts military veterans, with Myron Baker, Kenny Gaudreau, JD Domengeaux, and Sean Reed scheduled to appear. The show is sanctioned by the Virginia State Athletic Commission. Doors open at 6 p.m. General admission tickets start at \$50 per person. For more information or to purchase tickets, visit www.odysseyfights.com.

### Play Morning on Thursdays

Join Army Community Service and the Play Morning Group meets every Thursday in September from 10 to 11:30 a.m. at Virginia Highlands Park, 1600 S. Hayes Road, Arlington, Va. This playgroup is for parents and preschool children and provides time for socialization, play, crafts, music and stories. For information and to register, call 703-696-3512.

### Seasonal hiring event at the Marine Corps Exchange Sept. 10 & 17

Marine Corps Community Services Henderson Hall will conduct two hiring events for flexible positions in the Marine Corps Exchange, Sept. 10 and 17 from 9 a.m. to 4 p.m. Positions open include sales associate, store worker and materials handler. Benefits include free use of pool and fitness center, plus shopping privileges at the store. No appointment is necessary and walk-ins are welcome. Applicants who can access the joint base should report to Building 26 (MCX), third floor training room for an application. For more information, call 703-979-8420, ext. 306.

### Women's Empowerment Group meets Sept. 15

Marine Corps Community Services Henderson Hall holds a women's empowerment group on the first and third Thursday of the month, 10-11:30 a.m. The group is open to active duty personnel and their spouses or intimate partners and focuses on education and support for healthy relationships. The next meeting is Sept. 15. For meeting location and to register, call 703-693-7181.

### Operation Dragoon 72nd Anniversary – Sept. 15-17

Veterans of 6th Army Group commemorate the 72nd anniversary Operation Dragoon; Sept. 15-17. History programs are scheduled for Sept. 15-16, 9 a.m. to 5 p.m. daily at American Legion Post 176 (6520 Amherst Avenue, Springfield, Virginia). Topics include Alsace Lorraine, the Colmar Pocket, the Siegfried Line, southern Germany and western Austria. Wreath ceremony: Sept. 17, 9-11 a.m. at Arlington National Cemetery, Memorial Amphitheater. For more information, email timmoni15@yahoo.com or call 703-912-4218. Veterans, families, and interested members of the public are invited to historical seminars.

### Golf with Us Sept. 16

The next MCSS Henderson Hall Golf With Us tournament will be Sept. 16 at the Medal of Honor Golf Course, Marine Corps Base Quantico. Tournaments are sponsored by Navy Mutual Aid Association. Registration is \$30 for most enlisted personnel; \$40 for officers, senior NCOs and military retirees; and \$55 for civilians. For more infor-

mation or to register online, visit www. mccsHH.com/GolfWithUs.

### Fall Wine & Beer Festival Sept. 17

MCCS Henderson Hall holds a Fall Wine & Beer Festival Saturday, Sept. 17, 11 a.m. to 4 p.m. in front of the Marine Corps Exchange. The event features free tastings to patrons age 21 and over, as well as gourmet food tastings and lunch for sale. Everyone is welcome to meet the vendors, enjoy deejay entertainment, and enter for a chance to win prizes. Read more at www.mccsHH. com/FallWineBeer or call 703-979-8420

### Transparenting seminar Sept. 19

This seminar provides parents who are separated or divorced with tools to ensure they are able to continue supporting and encouraging their children despite the break-up of the family unit. The class meets Sept. 19, 2 p.m. in the Army Community Service classroom, Building 201; JBM-HH. For more information or to register, call 703-696-3512.

### Hispanic Heritage month celebration Sept. 22

The U.S. Military District of Washington celebrates Hispanic Heritage month - Embracing, Enriching and Enabling America! -Sept. 22, 11:30 a.m. to 1 p.m. at Brucker Hall, (Bldg. 400). Hosted by Joint Base Myer-Henderson Hall Commander Col. Patrick M. Duggan, this celebration will feature The U.S. Army Blues and an ethnic food tasting following the concert. Open to all members of the JBM-HH and National Capital Region military community! For more information, contact Master Sgt. Kenny Kang at kenny.h.kang. mil@mail.mil, 703-696-8729 or Sgt. 1st Class William Reynolds at william.e.reynolds.mil@mail.mil, 703-696-2964.

### **News Notes submissions**

Send your submissions for the Sept. 15 edition of the Pentagram via email at catherine.a.caruso.civ@mail.mil no later than noon, Sept. 12. Submissions must be 100 words or less and should contain all "5 W's" (who, what, when, where, why) and a website, email address, or phone number where interested parties can locate or request more information. Submission of information does not guarantee publication. Unless otherwise noted, all events listed are free and open to all Department of Defense ID card holders.



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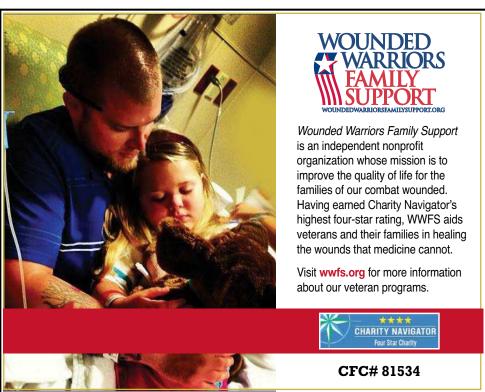
Thursday, September 8, 2016 **PENTAGRAM** 

### **Body and soul: Spiritual Fitness Competition**



PHOTOS BY SPC. DANIEL YEADON, 4TH BATTALION, 3D U.S. INFANTRY REGIMENT

Soldier's from 4th Battalion, 3d U.S. Infantry Regiment (The Old Guard) Soldiers do pushups during the battalion's Spiritual Fitness Competition Aug. 31 at Joint Base Myer-Henderson Hall. Chaplain (Maj.) Al Rivera, the battalion Chaplain, organized the event to encourage Soldiers to improve their resiliency and maintain "spiritual fitness" in the same way they work to improve their physical fitness.





Cpl. Joshua Cox, 4th Battalion, 3d U.S. Infantry Regiment (The Old Guard), race ahead during the battalion's Spiritual Fitness Competition Aug. 31 at Joint Base Myer-Henderson Hall.

# Fleet Week

October 10-17, 2016



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