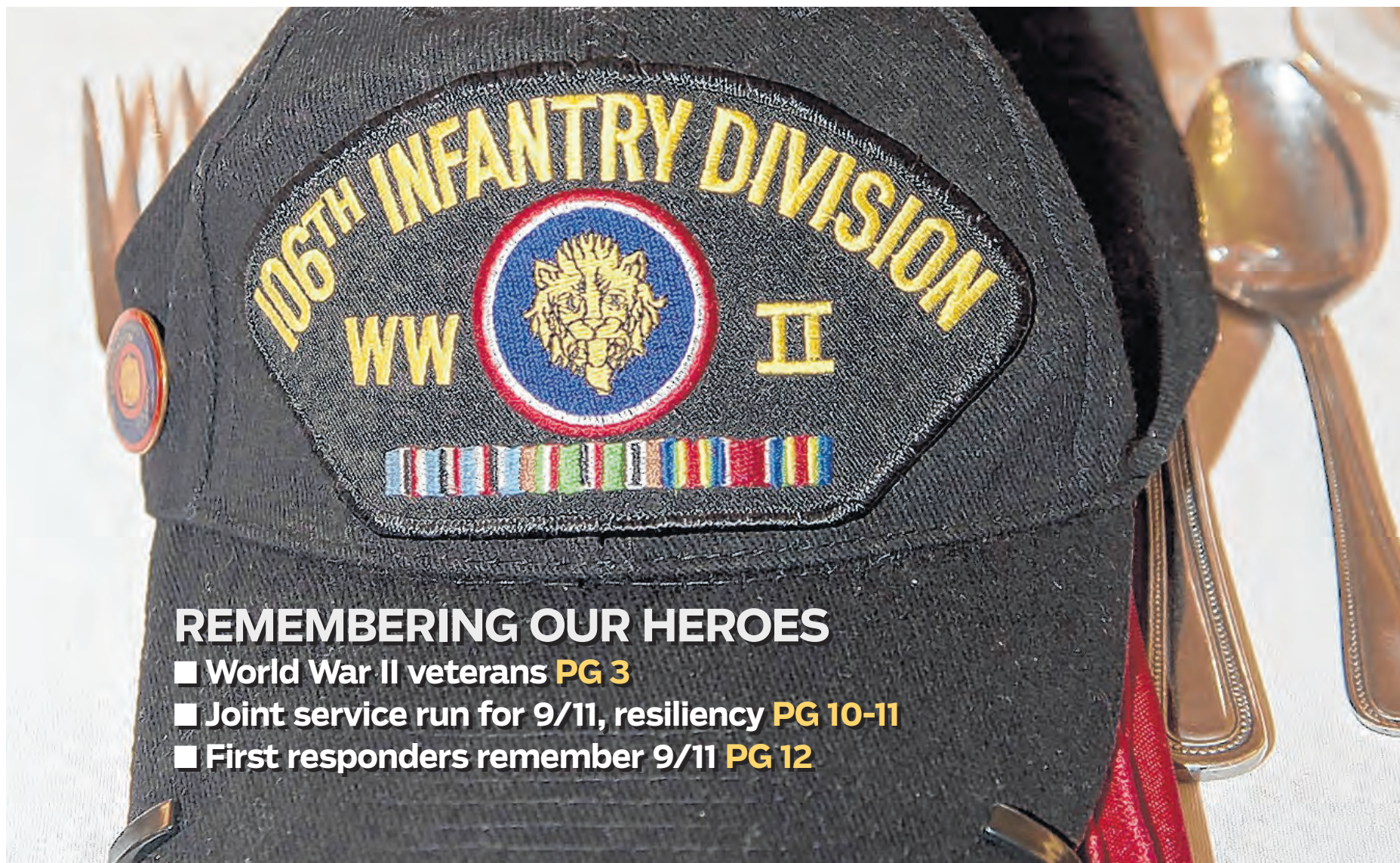


Soundoff!

PUBLISHED IN THE INTEREST OF THE FORT MEADE COMMUNITY

THURSDAY, SEPT. 15, 2016 | 68th Year Number 36
FTMEADE.ARMY.MIL



REMEMBERING OUR HEROES

- World War II veterans **PG 3**
- Joint service run for 9/11, resiliency **PG 10-11**
- First responders remember 9/11 **PG 12**

PHOTO BY PHIL GROUT

‘Until the last man stands’ is the motto of the 106th Infantry Division Association, which held its annual reunion for 104th and 106th veterans of World War II on Sept. 8 at Fort Meade. The event included a tour of the post and a luncheon at Club Meade.

READY FOR SOME FOOTBALL

Adult flag football season underway

PAGE 8

UPCOMING EVENTS

Friday, 6 p.m.: Basketball: UK Vs. Meade Patriots - Murphy Field House
Saturday, 8 a.m.: Football FanFare 5K Run & 1-Mile Walk - Constitution Park
Saturday, 8 a.m.-1 p.m.: Youth Fishing Rodeo - Burba Lake
Sept. 24, 11 a.m.: Gold Star Mothers & Families Day - Burba Lake

FIRST ROUND

Boxing Center class debuts at Gaffney

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Soundoff!

EDITORIAL STAFF

Garrison Commander

Col. Thomas S. Rickard

Garrison Command Sergeant Major

Rodwell L. Forbes

Public Affairs Officer

Chad T. Jones 301-677-1301

Chad.T.Jones.civ@mail.mil

Chief, Command Information

Larry Whitley Sr. 301-677-5602

Larry.Whitley.civ@mail.mil

Editor

Ganesa R. Robinson 301-677-6806

Ganesa.R.Robinson.civ@mail.mil

Assistant Editor & Senior Writer

Rona S. Hirsch 301-677-1438

rhirsch@baltsun.com

Staff Writer

Lisa R. Rhodes 301-677-1432

lrhodes@baltsun.com

Staff Writer

Maddie Ecker 301-677-5159

mecker@baltsun.com

Design Coordinator

Timothy Davis 301-677-1431

trdavis@baltsun.com

Supplemental photography provided

by The Baltimore Sun Media Group

DEADLINES

Community notices

Friday, noon

rhirsch@baltsun.com

CIRCULATION

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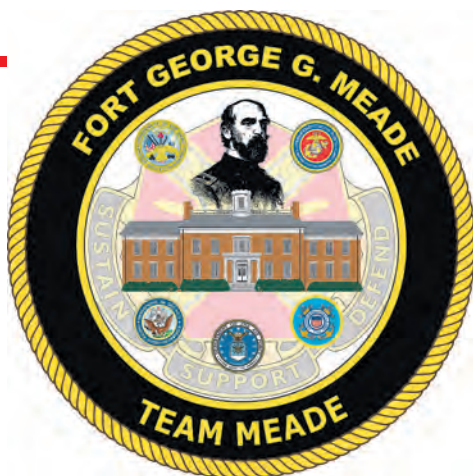
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COMMANDER'S COLUMN - GUEST

The power to make a difference

In 1974, The American Association of Sociology began to recognize the week of Sept. 10 as National Suicide Prevention Week.

In 2012, we first recognized September as the Department of the Navy's first Suicide Prevention Month, with the goal of educating our team and fostering a culture that recognizes seeking assistance as a sign of strength.

The department continues to develop, evolve and provide evidence-based training, support programs, guidance and policy to help reduce suicidal behaviors by promoting early intervention addressing mental health and stress factors.

Our Navy and Marine Corps team is the world's greatest expeditionary fighting force. From the deepest trenches of the Pacific Ocean to the snow-capped mountains of Afghanistan, our Department of the Navy team remains steadfast in its determination to support our allies and defend the United States.

I want every Sailor, Marine and civilian who supports our team to know: **You Make a Difference.** You make a difference for our nation and allies at sea, in the air, on the battlefield and in all our support activities. You also make a difference in the lives of your colleagues, your peers and your families through the unheralded roles you play every day as critical elements of their personal support networks.

You are known for your excellence in accomplishing the mission. You place the mission above all else, sometimes even above your own emotional health. In this context of service before self, it is important to understand that asking for personal help does not equate to weakness or to a lack of mission focus.

Seeking help when needed and supporting each other during times of personal crisis only makes us stronger — not just as individuals, but as a force.

This display of strength can be extremely difficult, which is precisely why it is such a courageous action to take. By seeking support during your most difficult times, you help to ensure you are at your best for your families, your teams, and to meet the mission.

By seeking the support of others when you are in need, you make yourself and others stronger; even if personally you may feel anything but strong at that



Franklin R. Parker

ASSISTANT
SECRETARY OF
THE NAVY FOR
MANPOWER

given moment. By surviving that moment, however, you emerge that much more prepared for what challenges may lie ahead, armed with the knowledge that you can and will endure.

Similarly, there is no greater service we can provide than to be there for another in need, whether in armed conflict or in personal crisis. Each of you has tremendous power to impact the lives of your fellow shipmates, Marines, family and colleagues by understanding the key roles you play in support, and — through your compassion and example — by helping to break down the barriers that may prevent those of us dealing with a personal struggle from seeking the assistance we require.

At some point in our lives, each of us will require the compassionate support of another to help us through a difficult period. Sometimes even one kind act or timely conversation can make the difference in the life of another when it matters most.

By being there for each other, whether as a sounding board, a shoulder to lean on, or to offer assistance if it appears necessary, you can impact the entire course of a life — sometimes even by one conversation that may be of greater significance than you ever realize.

And, by supporting each other, we create an environment more conducive for each of us to seek assistance when we are most in need.

The department offers a number of tools including chaplains, counselors, health care providers, family support programs, and even nutrition and fitness experts.

- Military Crisis Hotline (1-800-273-8255, press 1), Military OneSource (1-800-342-9647) or DSTRESS for a Marine-to-Marine approach (1-877-476-7734).

- Civilian Employee Assistance Program: 1-844-366-2327.

- Laurie Hanley, Suicide Prevention Program manager for Naval Information Operations Command Maryland, at the Fleet and Family Support Center at 301-677-9014.

- Torrie Osterholm, Fort Meade's Suicide Prevention Program manager, at 301-677-6541.

WWII vets tour Fort Meade during annual reunion

BY MADDIE ECKER
Staff Writer

During World War II, Pfc. Bernard “Barney” Mayrsohn was in the Ardennes region of Belgium with the 423rd regiment of the 106th Infantry Division.

During an attack by German forces that would go down in history as the Battle of the Bulge, Mayrsohn was captured and sent to one of Germany’s largest prisoner-of-war camps, Stalag IV-B. In 1945, he was liberated by the Soviet army and was awarded a Bronze Star medal and two Purple Hearts.

This year marks the 71st reunion for the 106th Division Association, a group that banded together as soon as World War II ended and is committed to honoring and remembering the sacrifices of the 104th and 106th Infantry Divisions.

Mayrsohn, along with 49 other veterans, visited Fort Meade on Sept. 8 as part of the annual five-day reunion. The trip included a tour of the war memorials in Washington, D.C., as well as the U.S. Holocaust Memorial Museum there.

Members of the 104th and 106th Infantry Divisions and their loved ones toured Fort Meade by bus. The tour was followed by a luncheon at Club Meade.

Sgt. 1st Class Charis Strange, of the U.S.



Carol Faulkner, who has attended the last eight 106th Infantry Division Association reunions in remembrance of her father Sgt. Robert Wood, a World War II POW, hugs Garrison Command Sgt. Maj. Rodwell L. Forbes after his remarks to the group.



Steve Jeziorski of Valley City, Ohio, salutes during the national anthem before the reunion luncheon at Club Meade.

Army Field Band, sang the national anthem, which was accompanied by the low hum of the veterans’ voices as they joined in.

At the start of the luncheon, Garrison Commander Col. Tom Rickard and Garrison Command Sgt. Maj. Rodwell L. Forbes welcomed the group to Fort Meade and thanked the veterans for their service.

“Thank you very much from me to each of you, for everything that you’ve done for our country because we wouldn’t be as strong as we are today if not for the fight that you had in World War II,” Rickard said.

Rickard addressed Fort Meade’s significance, beginning with its establishment in 1917 and, later, the “experimental tank,” and continues to this day with cyber operations, information and intelligence.

“Today at Fort Meade, we have 119 different organizations on this post, including the National Security Agency and a number of other intelligence and signal agencies at work,” Rickard said. “I have the great privilege of coordinating with 119 of my closest, friendly commanders to make sure that I’m doing what they need done, to support them in their mission.

“I’ve been at the tip of this spear for most of my life — 26 years. Now I’m the guy supporting the tip of this spear.”

After his remarks, Rickard took questions, which ranged from changing the appearance of uniforms to the number of Soldiers with post-traumatic stress disorder.

“I suspect that many veterans from World War II had exactly the same symptoms that we see for PTSD but weren’t diagnosed,” Rickard said. “We’re fortunate now because we have a whole lot of energy poured into identifying those behaviors.

“There are ways to endure and we’ve



PHOTOS BY PHIL GROUT

World War II sniper Herb Sheaner (left) of Dallas chats with former Pfc. Bernard “Barney” Mayrsohn of Florida during the annual reunion of the 104th and 106th Infantry Divisions on Sept. 8 at Fort Meade.

found ways to get past it. It’s possible with help.”

Forbes brought many members of the audience to tears with his powerful words of thanks for the veterans’ sacrifice and bravery.

“Freedom isn’t free,” Forbes said. “It’s been bought with a price, and it’s our distinct honor to come before you today to say thank you for paving the way for us.”

He noted that today’s service members are continuing the legacy of keeping the United States safe from enemy attack.

“These service members that are here at Fort Meade are fighting more than 10,000 attacks a day behind a computer system, offensive and defensive. ...We can tell you, the World War II vets and family members and friends, that the enemy will not defeat us on our watch,” Forbes said.

“We thank you for the blood, the sweat, the pain, the long deployments, not being able to see your family members or kids grow up. We do not take that for granted.”

An Annual Reunion

The 106th Infantry Division Association was formed in August 1945 in Karlsruhe, Germany.

Since then, the association has grown to include veterans from the 104th and 106th, as well as their families.

Randall Wood, a retired member of the Army National Guard, is the adjutant for the 106th Infantry Division Association board of directors.

His father Robert Wood was a sergeant

in the 423rd regiment of the 106th and in the first group that was encircled and captured by the Germans at the Battle of the Bulge on Dec. 19, 1944.

Wood, the first non-World War II veteran to be president of the association, explained that this reunion takes place to bring veterans together and honor their service.

“We have a motto: ‘Until the last man stands,’” Wood said.

Recently, the 106th Infantry Division Association updated its motto to include keeping the veterans’ stories alive by passing them down to future generations.

“We want to keep the association going so that younger generations can belong and understand,” Wood said.

Carol Faulkner, Wood’s sister, has been coming to these reunions for eight years with her family, even after their father died.

“There is so much camaraderie with all of the people here,” Faulkner said. “It’s like family when you walk in.”

The 104th Infantry Division is called the Timberwolves and refers to their children as “pups.” The veterans bring their children to these reunions in order to share their experience with them and help them take over the association to continue the annual reunions.

Arthur Luque, the photographer for the 104th Timberwolves and son of a 104th Infantry Division veteran, knows the importance of keeping his father’s legacy alive.

“The torch is passed over to the sons and daughters of 104th Infantry Division,” Luque said. “We keep their stories alive to pass down to the next generation.”

September is National Preparedness Month

FORT MEADE PUBLIC AFFAIRS OFFICE

Fort Meade and other defense agencies in the National Capital Region and elsewhere are actively taking part in this year's National Preparedness Month.

Preparedness is a central part in building individual and collective resiliency here and across the Army.

Later this month, leaders from across the Army will gather together to review and evaluate ongoing Ready and Resilient Campaign efforts.

In a letter to various national defense organizations and agencies, Deputy Secretary of Defense Robert O. Work said:

"National preparedness is an enduring and dynamic challenge we face together as a nation. The Department of Defense plays a vital role in supporting the U.S. government's preparations for and responses to a wide range of threats to our national security — threats including acts of terrorism, cyber threats, pandemics, and catastrophic natural disasters. ... A Presidential Proclamation [designates] September as National Preparedness Month (NPM)."

The proclamation encourages citizens to learn more about the hazards that threaten our nation and what we can do

to prepare for possible threats to installations, commands, organizations, families and communities, and to take action to prepare for the types of emergencies we might encounter.

According to military officials, there are a number of ways to take part in NPM in order to strengthen the preparedness of organizations, employees, families and individuals:

- Learn about local hazards and conduct a drill to practice emergency response actions.
- Participate in a preparedness discussion, training or class.
- Conduct an organization-level scenario-based continuity of operations tabletop exercise.
- Assemble or update emergency supplies or kits.
- Sign up for local alerts and warnings, and download apps.
- Develop and test emergency communication plans.
- Collect and safeguard critical documents (such as insurance policies and birth records).
- Document property and obtain appropriate insurance for relevant hazards.
- Make property improvements to reduce potential injury and property damage.

PLAN NOW

YOUR FAMILY MAY NOT BE TOGETHER WHEN A DISASTER OCCURS, PLAN HOW YOU WILL CONTACT ONE ANOTHER AND TEST YOUR EMERGENCY COMMUNICATION PLAN.



- Plan with neighbors to help each other and share resources.

The importance of having an emergency communications plan is specifically pointed out.

Families may not be together if a disaster strikes, so it is important to think about the following situations and plan just in case, defense officials say.

Such a plan should consider:

- ◆ How will my family/household get emergency alerts and warnings?
- ◆ How will my family/household get to

safe locations for relevant emergencies?

◆ How will my family/household get in touch if cellphone, internet or landline doesn't work?

◆ How will I let loved ones know I am safe?

◆ How will my family/household get to a meeting place after the emergency?

Other relevant information and guidance concerning NPM and practical ways to achieve better preparedness can be obtained by going to <https://www.ready.gov/make-a-plan>.

Lemon Laws protect against defective new vehicles

BY JANE M. WINAND

Chief, Legal Assistance Division

The new car you just bought seems perfect, but there could be serious, hidden mechanical problems that will sour the deal. You may have bought a "lemon."

Brand-new defective or "lemon" vehicles have become such a problem that states have enacted "Lemon Laws" to protect consumers. There are specific standards for each state that will determine whether a vehicle is truly a lemon, thus providing the consumer with redress.

Maryland's Lemon Law only applies to the purchase or lease of a new vehicle, and includes only cars, light trucks and motorcycles.

Furthermore, to be covered under the Lemon Law, claims may only be asserted during the warranty period, which is defined as the earlier of the vehicle's first 18,000 miles of operation or 24 months following the date of

delivery of the vehicle to the consumer.

Another requirement for coverage: If, during the warranty period, the manufacturer or dealership may not be able, after a reasonable number of attempts, to repair a defect that substantially impairs the use and market value of the vehicle.

The Lemon Law then requires the manufacturer/dealership to either: replace the vehicle with a comparable model acceptable to the consumer, or accept the return of the vehicle and refund the purchase price and all license, registration or other fees.

However, the law does allow the manufacturer or dealership to deduct from the refund a reasonable charge for the use of the vehicle (not to exceed 15 percent of the purchase price) and a reasonable allowance to cover any damage caused by the consumer and not resulting from the defect.

The statute defines a reasonable number of attempts to repair the vehicle as any of the following:

1. A brake or steering failure exists that was not corrected after the first repair attempt, and this defect causes the vehicle to fail Maryland's mandatory safety inspection.

2. A problem with the vehicle persists even after four or more attempts to repair.

3. The vehicle is out of service for a cumulative period of 30 or more days during the warranty period as a result of attempts to repair one or more defects.

Each state has its own Lemon Laws and it is best to consult with an attorney to determine whether your situation will qualify for this protection.

If you think you are entitled to protection under the Maryland Lemon Law statute, want to know more about the Lemon Laws of other states, or need help with the process of seeking a refund from the vehicle manufacturer or dealership, call the Fort Meade Legal Assistance Office at 301-677-9504 or 301-677-9536 to schedule an appointment with an attorney.

COMMUNITY CRIME WATCH

COMPILED BY FORT MEADE
DIRECTORATE OF EMERGENCY
SERVICES

Sept. 7, Shoplifting: Loss prevention personnel at the Exchange stated that she observed the subject conceal a tube of lipstick and one pair of sunglasses. The subject departed the store without rendering payment.

Sept. 8, Shoplifting: Loss prevention personnel at the Exchange stated that she observed the subject select a perfume roller and exit the store without rendering payment for the item.

For week of Sept. 5-11

Moving violations: 48
Nonmoving violations: 2
Verbal warnings for traffic stops: 76
Traffic accidents: 3
Driving on suspended license: 1
Driving on suspended registration: 0
Driving without a license: 0

Boxing Center knocks out first class

BY MADDIE ECKER
Staff Writer

Dancing, ducking, and punching the air, Derrick Bostic demonstrated the basics of boxing at a new class he introduced at Gaffney Fitness Center.

A former boxer and retired service member who served in both the Army and Marines, Bostic started the co-ed Joe Louis Boxing Program in June.

"Boxing is a science," he said. "Teaching the correct comprehension of boxing is what I do and it's not as simple as people think. I've been boxing for 30 years now and I learn something new about boxing every year."

Two women and one man participated Sept. 8 in the ongoing class that meets Tuesdays and Thursdays from 6:30 to 9 p.m.

"Everyone is welcome," said Bostic, 46. "There's no real skill level here."

Bostic's competitive boxing career coincided with his military career, which started in 1988. He served four years in the Marines and then enlisted in the Army, where he served another 16 years.

In 2009, Bostic was stationed at Fort Meade as a sergeant first class at the Criminal Investigation Command.

At the time, he worked with overweight Soldiers with hip and knee problems, which limited the type of exercises they could do. Bostic, who has been boxing since



PHOTOS BY DANIEL KUCIN JR.

Brianna Spivey is one of three participants at the first class of the Joe Louis Boxing Program at Fort Meade. The ongoing class is offered Tuesdays and Thursdays.

1982, wanted to try a new method of exercise with them that did not require running, would help them develop their upper-body strength and keep their heart rate up.

"A lot of Soldiers ask to box on bases but a lot of bases don't have boxing programs," Bostic said. "I did 20 years in the military; on most bases there's no boxing coaches floating around."

Once he got the OK from his command, Bostic started training his Soldiers through boxing exercises. They each lost around 50 pounds in six months. From there, Bostic's idea of starting a boxing program came into focus.



Retired Sgt. 1st Class Derrick Bostic, a former boxer, leads Gaffney Fitness Center's new co-ed boxing program named after heavyweight champion Joe Louis, a former sergeant who served in World War II.

"At that point, [boxing] worked out and then I got this idea," he said. "I thought maybe I could help Soldiers make weight to stay in the military."

Bostic got the inspiration to start a boxing program from famed heavyweight champ Joe Louis, whom he named the program after. Louis, a former sergeant who joined the Army in 1942, spent nearly four years traveling to military installations all over the world to host boxing exhibitions for service members.

"That kind of motivated me to say that once I retired, I would get back to the base [to help service members]," Bostic said.

The absence of boxing on Army installations doesn't surprise Bostic.

"A lot of boxing coaches have no interest teaching boxing on base because it doesn't line up with making competitive money," he said.

However, money isn't a motivating factor for Bostic.

"I'm more concerned with providing health and performance to Soldiers to help them fight in the war," he said. "That is my main priority."

Although Bostic brought his boxing program to Fort Meade about three months ago, he said it's "hard to get the word out" since there are so many small units on post.

Each class, which he teaches with his son Pete Bostic, is divided into several components:

- Boxing fitness cardio session from 6:30-7:20 p.m.
- Boxing circuit-training session from

7:30-8:30

- Boxing skills, techniques and coaching session from 8:30-9 p.m.

Participants are not obligated to attend the entire class. Those new to the class should arrive at 6 p.m. for assistance with wrapping their hands and to meet with Bostic.

The fee for each class costs \$3, or \$20 for 10 classes.

Bostic's program differs from mainstream, competitive boxing because the primary goal is fitness.

"Obviously, this [program] isn't money related," he said. "To have a program that can change people's lives really doesn't have a dollar value. I'm about providing services that can actually do that."

Bostic also teaches a class on Mondays from 5:30 to 6:30 p.m. at the Naval Support Activity Fitness Center in Annapolis.

In addition, Bostic plans to assemble a 2020 Olympic team composed of service members, spouses and dependents.

One of the participants in last week's class was Senior Airman Nicholas Noriz of the 22nd Intelligence Squadron, who has been boxing for 13 years.

Noriz, who was on the Air Force Boxing Team in 2015, said he is ready to take his boxing to the next level and join the local team [that Bostic will form].

"It was a good cardio class," said Noriz, 27. "There was a lot of coordination work and that's all that boxing is."

Editor's note: For more information, call Gaffney Fitness Center at 301-677-3716.



Senior Airman Nicholas Noriz (left) completes drills with Pete Bostic, assistant boxing instructor and son of the program's founder, during boxing lessons at Gaffney Fitness Center.

Intramural flag football season begins

BY MADDIE ECKER
Staff Writer

The Fort Meade intramural flag football season is officially underway.

On Sept. 7, Men of War (Navy Information Operations Command Maryland) and 5th and I (Marine Corps Force/Marine Cryptologic Support Battalion) stormed Mullins Field for their first game at 5:30 p.m.

Later, the 704th Military Intelligence Brigade played the Cougars (94th Intelligence Squadron) at 6:30 p.m. on Donahue Field.

Men of War are the defending Division I league champions from last year and are poised to take first place again this season.

During the Men of War/5th and I game, a player from 5th and I jumped to block a pass, which caused a teammate on the sideline to good-naturedly shout, "That man doesn't have to do flag-pulling drills, but the rest of you, I don't know about."

Men of War pulled out a win, and the final score was 18-0.

The 704th defeated the Cougars 12-6.

League Set-Up

The intramural flag football league has 17 teams and two divisions. Division I is competitive, while Division II is more recreational. There are a maximum of 18 players to a roster, and the teams can be co-ed.

Teams are determined by unit. Smaller units may be put on one team so that everyone gets the chance to play.

Fort Meade provides a "unique opportunity [for play] because all of the military branches are here," said Beth Downs, the sports specialist at Fort Meade's Directorate of Family and Morale, Welfare and Recreation. "For some, it's really serious. For others, it's extra PT. For all, it's unit camaraderie."

Division I games are scheduled on Monday and Wednesday nights. Division II games are played Tuesday and Thursday nights. Games start at 5:30 p.m., 6:30 p.m. and 7:30 p.m.

The best way to check scores and schedules is on the intramural website, Quickscores.com.

Twelve regular season games determine the standings for playoffs, which run double-elimination style. Games are about 45 minutes long, with 20-minute halves and five minutes for halftime.

Teams determine how often and what time they practice and can even create their own jerseys.

Coaches and captains are chosen by their



PHOTOS BY STEVE RUARK

Ralph Danforth (right) of the 94th Intelligence Squadron runs with the ball as Chris Monti (left) of the 704th Military Intelligence Brigade pulls off his flag belt at Donahue Field on Sept. 7. The 704th won 12-6.

team. A coaches meeting is held two months before the season begins to help recruit players.

Before the season starts, teams have to provide a letter of intent, a team name, the roster and the division they want to play in, Downs said.

Downs has spent the last four years helping to ensure the intramural leagues run smoothly and are available for all active-duty service members who wish to participate.

"If there is an active-duty service member assigned to Fort Meade that does not have a unit, they can join the free agent list," Downs said.

If a team needs an extra player, Downs said she assigns someone from the free agent list to that team so that "anyone who wants to play has the chance."

The Baltimore-Washington Corridor Officials Association sends a core group of officials, who have received proper training, to call the games at Fort Meade. Three referees and one down-marker holder monitor the flag football games.

FMWR provides jerseys and equipment for all intramural sports and brings the equipment to the field the night of games.

Flag football at Fort Meade is played by the National Intramural-Recreational Sports Association rules with local modifications for safety reasons.

While these intramural sports are offered to provide active-duty service members with a fun activity, Downs said the program still puts "mission first."



Members of the 704th Military Intelligence Brigade flag football team gather at halftime on Donahue Field during the game against the Cougars from the 94th Intelligence Squadron.

Ready for a Win

D.J. Wright hopes to lead his team, Men of War, to another championship this season. This is his second year playing flag football.

"It's a good opportunity to have contact with other units on and off the field," Wright said. "There's a lot of camaraderie."

Wright is looking forward to defending the title and playing in the Army-Navy game.

His message to the other Division I teams?

"Be hungry and come get [the title] if you want it."

Army v. Navy

The big event of the season, Downs said, is the Army-Navy flag football game on Nov. 8. The regular season stops so Army and Navy service members can participate.

The event includes a free tailgate party. Friends, family and service members are encouraged to come out and cheer on the teams.

Tryouts for the game will be held Oct. 4 and will be set by the coaches.

SPORTS SHORTS

British basketball team to play

Ten members of the British Army Medical Services are visiting Fort Meade through Tuesday to take part in Exercise Serpent Dunk, a Basketball Sports tour of the United States.

The team will play against the Fort Meade Patriots on Friday at 6 p.m. at Murphy Field House.

Entry is free.

For more information, call 301-677-3318.



FILE PHOTO

Fort Meade Run Series

The 2016 Fort Meade Run Series offers themed races through December.

Each race, sponsored by Fort Meade's Directorate of Family and Morale, Welfare and Recreation, includes a 1-mile walk.

All runs start at 8 a.m. and are open to the public.

- Football Fanfare 5K: Saturday at Constitution Park

Support your favorite NFL team at the Football FanFare.

- Ghosts, Ghouls & Goblins 5K: Oct. 22, Pavilion

- Turkey Trot 5K: Nov. 19, Murphy Field House

- Reindeer Run 5K: Dec. 10, Murphy Field House

Preregistration fee is \$15 for individuals and \$85 for groups of seven to 10.

All pre-registered runners will receive a T-shirt.

Registration is \$25 per person, and \$60 per family of three to six people.

Register online at meade.armymwr.com/us/meade/programs/run-series.

For more information, call 301-677-3318.

The Navy Mile

The Navy Mile race will be held Oct. 2 in Washington, D.C., to celebrate the start of the United States Navy birthday week.

The race course starts in front of the Navy Memorial and heads toward the Capitol, where runners will loop around and head back to the finish line.

Tickets are \$35 for the general public, \$20 for active-duty service members, \$10 for sea cadets and \$10 per family member for the Family Fun Navy Mile.

For more information or to register, go to navymile.com.

Lifeguard recertification

The Directorate of Family and Morale, Welfare and Recreation is offering a Lifeguard Recertification Course on Oct. 8 and Oct. 9 from 8 a.m. to 3 p.m. at Gaffney Fitness Center.

Registration is required by Oct. 5. Fee is \$150.

All participants must register in person at Gaffney and present current, valid certification.

For more information, call 301-677-7916 or visit meade.armymwr.com.

Metabolic Effect classes

Gaffney Fitness Center offers Metabolic Effect classes on Tuesdays and Thursdays from 11:45 a.m. to 12:15 p.m.

This high-intensity class can be modified to fit all fitness levels.

Cost per class is \$5.

Classes are open to authorized users ages 18 and older.

For more information, call 310-677-2349.

Volunteer coaches, referees needed

Youth Sports is seeking volunteer coaches and referees for the winter sports season that includes basketball and futsal.

Volunteers receive free training and coaches' discount for their children enrolled in the program.

For more information, call the Youth Sports office at 301-677-1329 or 301-677-1179.

Youth Bowling League

The Saturday Youth Bowling League will meet Saturday at 9 a.m. at The Lanes.

For more information, call 301-677-5541.

EFMP Bowling

The Exceptional Family Member Program's next bowling event is Wednesday at 5:30 p.m. at The Lanes.

For more information, call 301-677-5541.



Don't miss the opportunity to take part in our NFL Football contest at The Lanes!

Participants can pick-up a free entry form and select the anticipated game winners of all Sunday NFL games.

Entry forms will be available beginning at 4 p.m. every Tuesday for that Sunday's game.

Entry forms must be submitted by 1 p.m. Sunday at The Lanes.

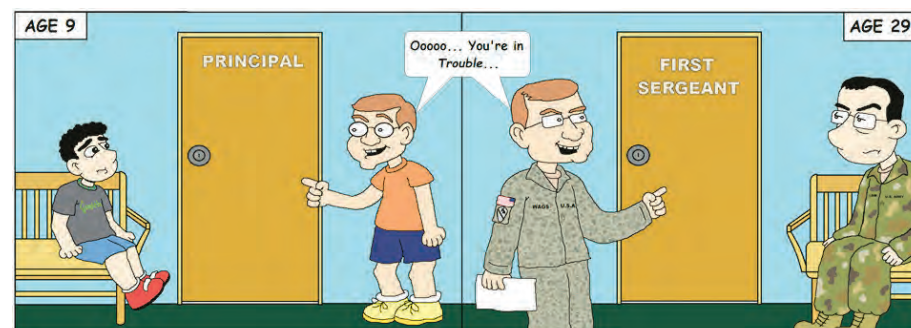
Weekly winners will receive a prize pack and be entered for a chance to win the grand prize!

The contest is free of charge and is open to the entire Fort Meade community.

Join us in The Lounge to watch Sunday games on our large-screen TVs, and enjoy food and beverage specials.

Contest will run through Dec. 18.

For additional contest guidelines and rules, please visit meade.armymwr.com or contact The Lanes at 301-677-5541 for more information.

THE ADVENTURES OF G.I. LOW

G*I*LOW

"The Adventures of G.I. Low" by Sgt. (P) Peter Barlow appears periodically in Soundoff! For a story on Barlow, visit ftmeade.soundoff.com/news/13513/tooning/

Jibber-less

Jibber Jabber will return next week.

As always, if you have any comments about Jibber Jabber or anything to do with the world of sports, e-mail chad.t.jones.civ@mail.mil.



PHOTO BY PFC. ALEC BRUEGGEMANN

Marines stationed at Fort Meade participate in the Joint Service Wellness and Remembrance Run on Friday.

A run to remember

Joint service run dedicated to 9/11, resiliency

By LISA R. RHODES
Staff Writer

The Fort Meade community commemorated the 15th anniversary of the 9/11 attacks with its annual Joint Service Wellness and Remembrance Run early Friday morning.

Garrison Commander Col. Tom Rickard and Garrison Command Sgt. Maj. Rodwell L. Forbes joined about 2,600 service members and civilians from 18 units and assembled on McGlachlin Parade Field to run a 3.5-mile route across the installation.

The 45-minute event also was held in observance of Suicide Prevention Month and emphasized the Army's focus on resiliency in service members, civilians and family members.

To warm up the crowd, retired 1st Sgt. Richard Lee, chief of the Military Personnel Division at the Directorate of Human Resources, served as the DJ and played patriotic and popular songs from the 1980s and 1990s.

At 6:30 a.m., the flag was raised as Forbes called the service members to attention for the playing of "Reveille."

The formations then marched onto English Avenue before breaking into a run, egged on by cadence calls, hand claps and esprit de corps.

After the run, service members gathered around the gazebo at the edge of the parade field.

"Thank you for what you do every day to support and defend our Constitution," Rickard said to the units. "This is a great opportunity for us to get together as a team."

Rickard asked for a moment of silence to remember the lives lost on 9/11. He said the nation will always remember that tragic day of Sept. 11, 2001.

"It is a day of remembrance, but it is also a day to steel ourselves and continue the fight," he said.

Connecting the run to Suicide Prevention



PHOTOS BY DANIEL KUCIN JR.

Soldiers from the 741st Military Intelligence Battalion take off during the annual Joint Service and Wellness Remembrance Run that started early Friday morning at McGlachlin Parade Field. The 3.5-mile run commemorated the 15th anniversary of the 9/11 attacks.

Month, Rickard called suicide "another enemy" that takes the lives of service members.

"It's sneaky," he said. "It will sneak up on you before you know it."

Rickard repeated his charge that every person is a first responder and referenced the Army's ACE Suicide Intervention Program — Ask, Care and Escort — for responding to someone with suicidal thoughts.

He encouraged service members and civilians to ask the difficult question, "Are you thinking of killing yourself?" and then respond by "caring enough to do something about it."

"Care enough to escort them out of harm's way and then escort them to someone who can provide the help they need," he said.

Rickard then congratulated the suicide prevention programs at Naval Information Operations Command Maryland and the Fort Meade garrison for the success of the first "Illuminating the Darkness Walk," which was held Sept. 1.

He said that while it is important to be

mindful of the risks of suicide, the Fort Meade community should also "celebrate life."

Rickard urged service members and civilians to "enjoy your life because you deserve it."

A water station on the parade field was run by Torrie Osterholm, Fort Meade's Suicide Prevention Program manager, and Air Force Capt. Matthew Babcock, a suicide survivor, suicide prevention advocate and operations officer of the command center at the Defense Information Systems Agency.

Osterholm said that in addition to reminding service members and civilians about resiliency, it was also a time to "pay homage to the victims and public servants who lost their lives and to remember every person who has died by suicide."

Babcock attended the run, in part, as a regular contributor to the suicide prevention programs and efforts of NIOC Maryland and the Fort Meade garrison.

Tech Sgt. Gabriel Settle of the 70th Operational Support Squadron, a subordinate unit of the 70th Intelligence, Surveillance and



Airmen from the 70th Intelligence, Surveillance and Reconnaissance Wing walk in formation at the start of Friday's 3.5-mile run across the installation.

Reconnaissance Wing, said he joined the Air Force in 2004 as a result of 9/11.

For him, the run was a proper way to mark the 15th anniversary of a day that the nation

will not forget.

"It's a good run," he said, "and a way to show our support to the families of those who died."



The Air Force's 70th ISRW guidon flies high during the Joint Service and Wellness Remembrance Run that also celebrated resiliency.

DES leads post in 9/11 remembrance ceremony

BY LISA R. RHODES
Staff Writer

A small gathering of Fort Meade garrison leaders, service members and employees met at the Fort Meade fire station for a brief ceremony on Friday in observance of the 15th anniversary of the 9/11 attacks.

The ceremony was hosted by the Directorate of Emergency Services.

Fire Chief E.J. Rouvet led the ceremony, which included the ringing of the fire station bell in memory of all those who lost their lives on Sept. 11.

Garrison Commander Col. Tom Rickard and Garrison Command Sgt. Maj. Rodwell L. Forbes attended the ceremony after leading service members and civilians in the Joint Service Wellness and Remembrance Run earlier in the morning.

DES Deputy Director Robert Holmes also attended.

Tianne Travis, the outreach coordinator at Army Community Service, attended the ceremony to pay homage to the significance of 9/11.

"I came to reflect back on what took place and to support the fire house, and to be a part of a remembrance of the survivors and the fallen," Travis said after the event.

The ceremony began with an invocation by Deputy Garrison Chaplain (Lt. Col.) David Cooper.

In his brief remarks, Rouvet said that for many young people, 9/11 is a day they have come to know through history books.

"It is said that this year's ninth graders are the first high school freshmen class who are now the first group learning from strictly a history perspective because they were not born when the 9/11 tragedy occurred," Rouvet said.

The fire chief then recognized the more than 400 emergency responders who lost their lives as they worked to save others



PHOTO BY BRYAN C. SPANN/MEADE TV

Fort Meade Fire Department Division Chief Joseph Van Meter rings the fire station bell on Friday during the observance of the 15th anniversary of the 9/11 attacks.

during the World Trade Center disaster: 341 New York Fire Department firefighters; two paramedics; one New York City fire patrolman; 23 New York City police officers; 37 New Jersey/New York Port Authority police officers; and eight emergency medical technicians and paramedics from private EMT units.

They perished along with the more than the 2,000 civilians from 90 different countries.

The attack on the Pentagon left 125 personnel dead, including 55 military members.

None of the passengers aboard all four planes survived.

"Never forget," Rouvet said. "Every generation has a specific date for which they can remember exactly where they were and what they were doing. The defining moment for the 20th century was

the sneak attack on Pearl Harbor. Now, ours and the following generations for the 21st century will be 9/11."

Rouvet said the tragic day inspired many people to join the military and local police and fire departments.

"If our brothers, sisters and I do not step forward to continue this ceremony, then who?" he said. "We at Fort George G. Meade DES vowed then to continue to never forget the sacrifices made by our comrades who became casualties on that

day simply known as 9/11."

In his remarks, Rickard thanked Fort Meade's first responders from the fire and police departments for their service and commitment. He also acknowledged the tremendous loss faced by all Americans in the days immediately following the tragedy and in the ensuing years of war in Iraq and Afghanistan.

"Every day that we're doing our jobs, whether you're a fireman, police man or service member, you're serving your country," Rickard said.

He then extended his gratitude to the entire Fort Meade community.

"Thank you for all you do for Fort Meade, for our country and for our Constitution," Rickard said.

A moment of silence then was held after Rouvet recalled the exact time of each of the plane attacks.

The ceremony culminated with the ringing of the fire station bell, a tradition of "rendering final honors [that] has its origins in the New York City Fire Department," Rouvet said.

Rouvet explained that the bell would be rung five times in memory of the lives lost on 9/11. He then recited a prayer dedicated to firefighters.

"To those who have selflessly given their lives for the good of their fellow Americans, their task completed, their duties well done. To our fallen comrades — their last alarm. They are going home."

Division Chief Joseph Van Meter then rang the fire station bell. The sound echoed in the silence as the ceremony ended.

ACS remembers 9/11



PHOTO COURTESY ARMY COMMUNITY SERVICE

A 9/11 memorabilia table, displayed Sept. 8 and Friday in the lobby at Army Community Service, pays tribute to those who lost their lives.



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NEWS & NOTES

The deadline for Soundoff! community "News and Notes" is **Friday at noon**. All submissions are posted at the editor's discretion and may be edited for space and grammar. Look for additional community events on the Fort Meade website at ftmeade.army.mil and the Fort Meade Facebook page at [facebook.com/ftmeade](https://www.facebook.com/ftmeade).

How to submit announcements

Community members can advertise their upcoming event, meeting or class on the Soundoff! community announcements page by visiting www.ftmeade.army.mil and clicking on the Press Center tab.

Once you are in the Fort Meade Press Center, click on PA services, story or promotion request and electronic inquiry form.

Inquiry forms should be submitted at least two weeks before the date of the event, meeting or class.

NEWS & EVENTS

NEW VCC hours

Operating hours at the Demps Visitor Control Center are Monday to Friday from 7:30 a.m. to 6 p.m. The VCC is closed weekends.

All individuals who do not have a DoD-issued identification card must go to the VCC for a day pass.

Visit the VCC at least 10 business days in advance to apply for a long-term access pass.

Visitors who arrive on post when the VCC is closed must be escorted on post by an authorized DoD cardholder. This includes weekends and federal holidays.

For more information, call the VCC at 301-677-1064 or visit the Fort Meade Facebook page for announcements on temporary changes to operating hours.

To find out how to preregister, go to goo.gl/xyTzhg.

VCC closure

The Fort Meade Visitor Control Center will only be open Wednesday from 1-6 p.m.

The VCC will resume normal business hours the following day on Sept. 22.

If you require access during this time, proceed to the Vehicle Inspection Area by following the perimeter road behind the building.

Those who are expecting visitors on Wednesday morning should make arrangements to pick up passes earlier in the week.

For more information, call the VCC at 301-677-1064.

Children's Library closure

The Children's Library at Kuhn Hall will close today at noon and all day Friday due to staff shortages.

The Post Library will remain open.

For more information, call 301-677-5522 or 301-677-4509.

RAB meeting

The next Fort Meade Environmental Restoration Advisory Board meeting is tonight at 7 p.m. at the Courtyard Marriott, 2700 Hercules Road, Annapolis Junction.

Community members are invited.

RAB meetings are held to keep the public informed of Fort Meade's environmental cleanup and restoration program, and to provide opportunities for public involvement and open discussion.

Members of the public who would like to learn more about the restoration program or to become a RAB member are encouraged to attend.

For more information, call 301-677-7999 or visit www.ftmeade.army.mil/directories/dpw/environment. Click on RAB link.

Pentagon Winds recital

The U.S. Army Field Band's woodwind quintet, The Pentagon Winds, will present a free public concert on Sunday at 2 p.m. at the Ark and Dove Presbyterian Church, 8424 Orchard Parkway, Odenton.

The concert will feature classic and patriotic music performed by the five-piece ensemble composed of Staff Sgt. Gina Sebastian, flute; Master Sgt. Daniel Brimhall, oboe; Master Sgt. Matthew Kanowith, clarinet; Sgt. Maj. J. Daniel Bowlds, bassoon; and Staff Sgt. Selena Adams, horn.

The Pentagon Winds woodwind quintet was formed in 1989 as part of the Army Field Band's College Clinic Team. This ensemble, re-established as the Pentagon Winds in 1999, performs in colleges, universities and other locations throughout the nation.

In addition to recital performances, its members present master classes and offer coaching in ensemble playing techniques.

For more information, call the church at 410-674-6400 or go to arkanddove.org or visit armyfieldband.com.

ASIST training

Applied Suicide Intervention Skills Training two-day workshops will be offered Wednesday and Sept. 22 and Oct. 19-20 from 8:20 a.m. to 4 p.m. at Calvary Chapel, 8465 Simonds Street and 6th Cavalry Road.

ASIST training includes powerful video clips, presentations, group discussion sessions and interactive role-playing.

Learn to recognize invitations for help, reach out and offer support, review the risk

of suicide, apply a suicide intervention model, and link people with command and community resources.

Participation in the full, two-day workshop is required. No uniforms.

Due to limited seating, preregistration is required.

For more information, call Torrie Osterholm, Fort Meade Suicide Prevention Program manager, at 301-677-6541 or email torrie.osterholm.civ@mail.mil.



FILE PHOTO

Gold Star Day

Gold Star Mothers and Families Day will be held Sept. 24 at 11 a.m. at Burba Lake, Pavilion No. 1.

The annual event, sponsored by the Fort Meade Army Community Service Survivor Outreach Services Program, will feature a Butterfly Release and Remembrance Ceremony.

For more information, call 301-677-5590.

Vehicle Resale Lot

Sell or buy all types of vehicles at the resale lot on Rock Avenue.

To place a vehicle on the lot, stop by Outdoor Recreation at 2300 Wilson St.

For more information, call 301-677-3810.



FILE PHOTO

Sesame Street USO

Sesame Street USO Experience for military families will be held Sept. 27 at 2:30 p.m. and 5:30 p.m. at Murphy Field House.

The event is free.

Murphy's gym will be closed for the day.

For more information, go to meade.armymwr.com.

Commissary baggers needed

The Fort Meade Commissary is accepting applications for 15 bagger positions.

The bagger positions are open to active-duty service members, family members of active-duty military, retirees and family members of retirees.

Monday to Friday positions are available for the morning shift of 8:30 a.m. to 3 p.m. and the afternoon shift of 2:45 p.m. to 9:30 p.m.

After applications are processed, interviews will be conducted Sept. 26 from 9 a.m. to noon at Club Meade, 6600 Mapes Road.

Applicants must come in person and present their current military/dependent I.D. card and Social Security number.

For more information, call 301-677-5502.

Freedom Inn open to post employees

The Freedom Inn Dining Facility, located at 8502 Simonds St., is now open to all active-duty service members, military retirees, DoD civilians, contractors, and Department of the Army security guards and firefighters on Monday through Friday.

Active-duty service members on Basic Allowance for Subsistence are also authorized for meals on the weekend. Family members of military personnel may purchase meals on weekdays if they are accompanied by the service member.

All other categories of customers may purchase meals as the garrison commander deems appropriate. These categories include youth groups, MEPS candidates, civilian dignitaries, guests and other visitors.

Service members with a meal card will continue to have priority over cash-paying customers.

For more information, call 301-677-5503.

Latin Night

Celebrate Latin Night at the Brass Lounge on Sept. 30 from 7 p.m. to midnight at Club Meade.

Doors open at 4 p.m.

The Brass Lounge offers food and drink specials. There is no cover charge.

The nightclub ambience features a disc jockey playing salsa, bachata, merengue, cumbia and reggaeton.

The event is open to all ranks and services and civilian employees.

Latin Nights are held on the last Friday of each month.

For more information, call 301-677-6969.

Welcome Garden Party

The Meade Area Garden Club will hold its opening Welcome Garden Party on Friday at 10 a.m. at the Jessup Community Center,

See **NEWS & NOTES**, page 14

NEWS & NOTES, *From page 13*

located at the corner of Route 175 and Wigley Avenue.

Suzy Provine, owner of A Blooming Basket in Millersville, will present a demonstration and the program "Bringing Your Garden Inside."

Refreshments will be served. No reservations are required.

The club sponsors nine informative and fun programs throughout the year. That includes trips such as the annual Philadelphia Flower Show, gardening-related activities, and a bake sale in the fall.

Annual membership is \$20. You may attend one meeting before you are required to join.

For more information, call Jennifer Garcia, membership chair, at 443-949-8348 or Sharon Durney, club president, at 410-761-5019.

Swinging Squares

A free introduction to the Swinging Squares Dance Club, which features Modern Western Square Dancing, will be offered Sept. 22 from 7 to 8:30 p.m. at Meade Middle School.

Classes will be offered Thursday nights from 7-9 p.m. at Meade Middle School starting Sept. 29.

Session 1 runs from Sept. 29 to Dec. 15, with a class dance night on Dec. 17.

The session is open to adults and children ages 9 and older.

No experience, no partner and no fancy clothes required.

Swinging Squares club dances the third and fifth Saturday of each month (excluding school holidays) from September to May from 7:30-10 p.m. at Meade Middle School.

For more information, call Carl at 410-271-8776 or Darlene at 410-519-2536.

Farmers market

The Fort Meade Farmers Market is open Wednesdays from 10 a.m. to 2 p.m. through Oct. 12 at the Pavilion.

Pick up local produce or fresh baked goods, eat lunch at one of the food trucks and browse the assortment of vendors.

The farmers market is open to the public.

Individuals without DoD-issued ID cards must obtain a Fort Meade gate access pass from the Dempo Visitor Control Center, 902 Reece Road.

Frequent visitors are encouraged to preregister for a long-term pass. You will need your driver's license or approved photo ID and be asked to provide your Social Security number at the VCC.

For more information, call 301-677-3579 or 301-252-8688.

Bike gate pass

To obtain a bike gate pass for the Pepper Road gate, call Joseph R. Shinskie, chief of physical security at the Directorate of Emergency Services, at 301-677-6618 to schedule a date to pick up the pass.

Passes will be available for pickup within two days.

International menu

Club Meade is open for lunch service on Tuesdays, Wednesdays and Thursdays from 11 a.m. to 1:30 p.m. and offers a variety of international-themed buffets.

Cost is \$7.95 for members and \$8.95 for nonmembers.

Menu: Today: Mediterranean Buffet: Chicken with figs and apricots, couscous, lemon roasted potatoes, and fire-roasted green tomatoes.

Tuesday: Italian Buffet: Chicken Cacciatore, vegetable lasagna and angel hair pasta; Wednesday: American Burger Bar: Burgers and hot dogs with all the fixings, French fries, onion rings and potato salad.

Sept. 22: First Day of Fall Buffet: Apricot rosemary chicken, beef stew with noodles and maple-roasted sweet potatoes.

For more information, call 301-677-6969.

EDUCATION**Homeschool Group**

The Fort Meade Homeschool Group meets throughout the year for field trips and social outings.

For information on upcoming events, visit the "Fort Meade Homeschool Group" on Facebook. Go to facebook.com/groups/FortMeadeHomeschoolGroup.

Citizenship Seminar

The U.S. Citizen & Immigration Services Office will present the United States Citizenship Seminar on Oct. 6 from 4:30 to 6 p.m. at Army Community Service, 830 Chisholm Ave.

The free seminar is open to all service members, retirees, DoD civilian employees and their family members.

During the information seminar, speakers will address immigration forms, the process in creating USCIS packets, points of contact within Immigration Services, and Green Cards.

Immediately following the session, individual private sessions will be available for those seeking information.

For more information, call 301-677-5590 or visit meade.armymwr.com.

Financial, Employment Readiness

Joint Services offers workshops and

briefings by Army Community Service at the Community Readiness Center, 830 Chisholm Ave., and the Navy Fleet and Family Support Center at 2212 Chisholm Ave., unless otherwise noted.

The free classes are open to active-duty service members and family members, DoD civilian employees and retirees.

Registration is required for each class.

Military

• TGPS (Transition, Goals, Plans, Success) Five-Day Workshop: Monday to Sept. 23 from 8 a.m. to 4 p.m., FFSC

• Pre-deployment Brief: Sept. 22, 10-11:30 a.m., FFSC

• Navy Family Orientation: Oct. 26, 5-7 p.m., FFSC

• Career Technical Training: Two-Day TGSP Workshop: Sept. 28-29, 8 a.m. to 4 p.m., FFSC

• Pre-Separation Brief: Sept. 29, 9-11:30 a.m., FFSC

Employment

• Ten Steps to a Federal Job: Sept. 27, 9 a.m. to noon, FFSC

Financial

• Car Buying: Tuesday, 9-11 a.m., ACS
• 1st Term Financial Readiness: Sept. 27, 8 a.m. to 4 p.m., ACS
• Budgeting For Baby: Sept. 23, 11 a.m. to 12:30 p.m., FFSC

This class is open only to Navy and Marine Corps personnel.

To register, call FFSC at 301-677-9017 or ACS at 301-677-5590, or visit fortmeadeacs.checkappointments.com.

YOUTH**Storytime**

The Children's Library at Kuhn Hall offers free, pre-kindergarten Storytime on Thursdays with identical programs at 9:30 and 10:30 a.m. at Kuhn Hall, 4415 Llewellyn Ave.

• Today: "Shaggy Dogs, Waggy Dogs!" — Celebrating American Kennel Club's "Responsible Dog Ownership Month" with stories about dogs.

• Sept. 22: "Hooray For Fall!" — An autumn-themed Storytime

• Sept. 29: "Books Are The Cat's Meow!" — Celebrate "National Cat Month"

For more information, call 301-677-5522 or 301-677-4509 or go to meade.armymwr.com.

Youth Fishing Rodeo

Fort Meade's Youth Fishing Rodeo for children ages 3 to 15 will be held Saturday from 8 a.m. to 1 p.m. at Burba Lake Recreation Area.

The free event is sponsored by the Meade Rod & Gun Club and MWR-Outdoor Recreation.

Youths will be divided into three age divisions: 3 to 6; 7 to 11; and 12 to 15.

Prizes will be awarded in each age division.

Registration begins at 8 a.m. in Burba Cottage, Building 4424.

Limited fishing gear and bait will be available for participants who do not have their own.

Maryland fishing regulations are in effect, and no other fishing is permitted Saturday until after 1 p.m.

Snacks will be available for purchase.

For more information, call Charisma Wooten at 240-568-6055 or visit the Outdoor Recreation page at meade.armymwr.com.

Teen skate park

The Teen Center Skate Park is open to grades nine to 12 on the first and third Friday of the month from 3-5 p.m.

Helmets must be worn at all times in the park.

Skateboards and safety equipment will be provided, but teens may bring their own items.

The skate park is free to members and \$2 for nonmembers.

For more information, call 301-677-6054.

RECREATION**Out & About**

• **Mid-Atlantic Nostalgia Convention** will be held today and Friday from 10 a.m. to 9 p.m., and Saturday from 9 a.m. to 5

TRANSITION ASSISTANCE PROGRAM

SFL-TAP
September Events

Sept. 20	Understanding the GI Bill Tuesday 9:30 a.m.
Sept. 22	PMP Information Session Thursday 10 a.m.
Sept. 27	Understanding the GI Bill Tuesday 8 a.m.
Sept. 29	Employer Day (Mini Job Fair) Thursday 11 a.m. - 1 p.m. Classroom 6

To register, call: 301-677-9871

McGill Training Center
8452 Zimborski Ave., Classroom 1
Fort Meade, MD 20755

www.ftmeade.army.mil/directories/dhr/stil/

TRANSITION ASSISTANCE PROGRAM
Start Strong • Serve Strong • Reintegrate Strong • Remain Strong

p.m. at the Hunt Valley Inn, 245 Shawan Road, Hunt Valley. Admission costs \$20.

Convention includes screenings of film and TV shows, a trivia contest, question-and-answer sessions, autograph signings, and collectibles and vintage merchandise for sale.

Celebrity guests include Ed Asner, Robert Conrad, Clint Walker, Lee Majors, Lindsay Wagner, Bernie Kopell, Angela Cartwright, Jon Provost, Larry Storch, Johnny Crawford, Robert Loggia, Julia Newmar, Margaret O'Brien, Keir Dullea and Lesley Gore.

For more information, call 443-286-6821 or visit <https://www.facebook.com/MidAtlanticNostalgiaConvention>.

• **Oktoberfest** will be held Sept. 29-Oct. 2 on Freemont Field at Fort Belvoir, Va.

The four-day festival highlights authentic German cuisine, beverages, music and dancing. The free event also will feature a carnival, Volksmarch 10K walk, and a vendor market.

For more information, go to belvoir.armymwr.com.

• **Gem, Mineral Jewelry and Fossil Show** will be presented Sept. 24 from 10 a.m. to 6 p.m. and Sept. 25 from 10 a.m. to 5 p.m. at the Howard County Fairgrounds in Marriottsville.

The event will feature a kid's mine, beads, fossils, minerals, cool rocks and more. Admission costs \$6. For more information, visit gemcuttersguild.com.

• **Anne Arundel County Library** is offering several activities:

◆ Friday: Lung Health Seminar and Screening will be held at 10:30 a.m. at Annapolis Regional Library and at 1 p.m. at the Eastport-Annapolis Neck Community Library. The presentation will feature medical experts at Anne Arundel Medical Center. Take the lung health profiler to assess your risk.

◆ Saturday: Pokémon Club for elementary school students will meet at 3 p.m. at Brooklyn Park Community Library. Learn to build a deck for the Pokémon TCG. (Bring your own cards). Bring your video games to hang out, battle and trade.

For a complete list of library events, visit www.aacpl.net/events.

• **Maryland Renaissance Festival** is running through Oct. 23 on Saturdays and Sundays from 10 a.m. to 7 p.m. 1821 Crownsville Road, Annapolis.

General admission for ages 16-61 is \$24. Tickets for seniors ages 62 and older cost \$20. Tickets for youths ages 7-15 cost \$10.

Active-duty service members with photo identification can purchase at the group discount price of \$20.

For a schedule of events or more information, call 800-296-7304 or visit rennfest.com.

• **Toby's Dinner Theatre** presents "Sister Act" through Nov. 13, and "A Christ-

mas Carol" from Nov. 17 through Jan. 8 at 5900 Symphony Woods, Columbia. Discounted tickets are available at Leisure Travel Services. For more information, call LTS at 301-677-7354 or Toby's at 410-730-8311.

• **Leisure Travel Services** will offer its next monthly bus trip to New York City on Saturday from 7 a.m. to 11 p.m. Cost is \$60. Discounted tickets to attractions will be provided. For more information, call 301-677-7354.

• **Leisure Travel Services** is offering tickets to "Disney On Ice: Follow Your Heart" on Oct. 28 at 7:30 p.m.; Oct. 29 at 11 a.m., 2:30 p.m. and 6:30 p.m.; and Oct. 30 at noon and 4 p.m.

Sale ends Oct. 21. For more information, call LTS at 301-677-7354.

MEETINGS

• **Prostate Cancer Support Group** meets at Walter Reed National Military Medical Center in Bethesda on the third Thursday of every month. The next meeting is today from 1-2 p.m. and 6:30-7:30 p.m. in the America Building, River Conference Room (next to the Prostate Center), third floor.

Spouses/partners are invited. Military ID is required for base access. Men without a military ID should call the Prostate Center at 301-319-2900 at least four business days prior to the event for base access.

For more information, call retired Col. Jane Hudak at 301-319-2918 or email jane.l.hudak.ctr@mail.mil.

• **Families Dealing with Deployment** meets the first and third Monday of every month from 5:30-6:30 p.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave. Children welcome. The next meeting is Monday.

The group is for families experiencing an upcoming or current deployment, or the service members who have recently returned from deployment. For more information, call 301-677-7823.

• **Daddy & Me** interactive playgroup for fathers with children ages 2-4 meets the first and third Monday of every month from 5-6 p.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave. The next meeting is Monday.

Children and their dads engage in activities conducive to improving social interaction, and cognitive and motor skills.

Space is limited. Registration is required for each session. For more information, call 301-677-4118.

• **The Retired Enlisted Association (TREA)** meets the third Tuesday of each month from 7:30-8:30 p.m. at the Potomac Place Neighborhood Center, 4998 2nd Corps Blvd. The next meeting is Tuesday.

For more information, visit trea.org or

call Charles Green, the local chapter president, at 443-610-4252 or Otis Whitaker Sr., chapter secretary, at 443-306-1104.

• **Society of Military Widows** meets for brunch the third Tuesday of the month at 11 a.m. at Club Meade. The next meeting is Tuesday. For more information, call Betty Jones at 410-992-1123.

• **Military District of Washington Sergeant Audie Murphy Club** meets the third Wednesday of each month. The next meeting is Wednesday. For more information, contact Sgt. 1st Class Aaron Barfield, club vice president, at aaron.a.barfield.mil@mail.mil.

• **Air Force Sergeants Association Chapter 254** meets the third Wednesday of every month from 3-4 p.m. in the auditorium of the Airman Leadership School, 8470 Zimborski Ave. The next meeting is Wednesday. For more information, call 831-521-9251 or go to AFSA254.org.

• **Single Parent Support Group** meets every second and fourth Monday of the month from 5:30-7 p.m. at School Age Services, 1900 Reece Road. Children welcome. The next meeting is Sept. 26. For more information, call 301-677-7823.

• **Marriage Enrichment Group**, sponsored by Army Community Service, meets the second and fourth Monday of every month from 3-4 p.m. at the Community Readiness Center, 830 Chisholm Ave. The next meeting is Sept. 26. For more information, call Celena Flowers or Jessica Hobgood at 301-677-5590.

• **Retired Officers' Wives' Club** will conduct its October luncheon meeting on Oct. 4 at 11 a.m. at Club Meade.

The luncheon will feature a musical program of classical, spiritual, jazz, Broadway tunes and more presented by violist Robin Massie-Peghee.

Cost of the luncheon is \$18. Reservations, or cancellations if you are on the permanent reservation list, must be received by 5 p.m. on Sept. 29. Call your area representative or Betty Wade at 410-551-7082.

Annual membership dues are \$25. Members may bring guests at any time to the luncheons, which are held on the first Tuesday of each month, except June, July, August and January.

For more information, call Lianne Roberts, ROWC president, at 301-464-5498.

• **Project Healing Waters** meets Thursdays at Burba Lake area No. 3 in the summer. Grilling begins at 5 p.m.

In the winter, the group meets at the Rascon Building, 2481 Llewellyn Ave.

The project is dedicated to the physical and emotional rehabilitation of wounded warriors and veterans through fly fishing, fly tying and outings.

For more information, call Larry Vawter, program leader, at 443-535-5074 or email thecarptman@msn.com.

MOVIES

The movie schedule is subject to change. For a recorded announcement of showings, call 301-677-5324. Further listings are available on the Army and Air Force Exchange Service website at www.aafes.com.

Movies start Fridays at 6:30 p.m., Saturdays at 6 p.m. and Sundays at 2 p.m. PRICES: Tickets are \$6 for adults (12 and older) and \$3.50 for children. 3D Movies: \$8 adults, \$5.50 children.

Today through Sept. 25



Friday: "Operation Chromite" (R). A squad of Soldiers fight in the Korean War's crucial Battle of Incheon. With Liam Neeson, Jung-jae Lee, Beom-su Lee.

Saturday: "War Dogs" (R). Based on the true story of two young men who won a \$300 million contract from the Pentagon to arm America's allies in Afghanistan. With Jonah Hill, Miles Teller, Bradley Cooper.

Sunday: "Pete's Dragon" (PG). The adventures of an orphaned boy named Pete and his best friend Elliot, who just so happens to be a dragon. With Bryce Dallas Howard, Robert Redford, Karl Urban.

Sept. 23: "Don't Breathe" (PG-13). Hoping to walk away with a massive fortune, a trio of thieves break into the house of a blind man who isn't as helpless as he seems. With Stephen Lang, Jane Levy, Dylan Minnette.

Sept. 24: FREE SCREENING (PG). Tickets available at the Exchange Food Court. Seating open to non-ticket holders 15 minutes prior to showtime.

Sept. 25: "Ben-Hur" (PG-13). Judah Ben-Hur, a prince falsely accused of treason by his adopted brother, an officer in the Roman army, returns to his homeland after years at sea to seek revenge, but finds redemption. With Jack Huston, Toby Kebbell, Morgan Freeman.