



THE 1ST INFANTRY DIVISION POST



Cheryl Johnson, left, brigade area manager for housing at Camp Red Cloud, South Korea, drives a simulated vehicle in a convoy through hostile territory with the help of Birgit Werkheiser-Engel, right, chief of facilities for housing from U.S. Army Garrison Wiesbaden, Sept. 1 at Seitz Regional Training Complex in Fort Riley, Kansas. Military housing and lodging professionals from around the world were able to experience the technology used to train today's Soldiers through simulation programs at Seitz.



Lt. Col. Jeffery Hambrice assumed command of the U.S. Army Dental Activity at Fort Riley at a change of command ceremony Aug. 30. Col. Daniel Convey, who served as interim commander since February will return to Irwin Army Community Hospital and serve as officer in charge of the Oral Maxillo-Facial Surgery Clinic.

Hambrice assumes command of Dental Activity

Story and photo by Andy Massanet
1ST INF. DIV. POST

Before a group of leaders and supporters from the post and local civilian community, Lt. Col. Jeffery Hambrice assumed command of the U.S. Army Dental Activity at Fort Riley at a change of command ceremony Aug. 30.

Col. Daniel Convey, who had been serving as interim commander of DENTAC-Fort Riley since February, bid farewell.

Among the official delegation was Col. Michael Roberts, commander of the Central Regional Dental Command, Fort Bliss, Texas.

In attendance was Brig. Gen. Patrick Frank, 1st Infantry Division deputy commanding general, and Col. John Melton, Irwin Army Community Hospital commanding officer.

Sgt 1st Class and acting 1st Sgt. Cesar Quintana, senior dental noncommissioned officer of DENTAC, were also part of the ceremonial unit.

Chap. (Capt.) Joseph Wingo, chaplain for IACH, provided the invocation.

The presentation of a gift and flowers to Ladan, the spouse of Col. Convey, and their two children, Perle and Aliyeh, was performed by Staff Sgt. Marshall Knighten of DENTAC.

See COMMAND, page 7

HOUSING THE FORCE

Army housing professionals attend training event at Fort Riley to better serve Soldiers

Story and photo by Season Osterfeld
1ST INF. DIV. POST

From Asia to Europe and across the United States, representatives from the Department of Defense and privatized housing on military installations traveled to Fort Riley for the Housing the Forces Training Event Aug. 29 to Sept. 1 at Riley's Conference Center.

The training event brought together more than 250 military housing and lodging professionals to learn the best practices in military family housing. Instructors and facilitators of the training sessions included personnel from the Office of the Assistance Chief of Staff for Installation Management Army Housing Division, Installation Management Command, Residential Communities Initiative, Privatized Army Lodging and more.

"Housing has a large portfolio, different types of housing," said Carla

"We hope that all the housing professionals walk away with an increased awareness regarding why we're doing the things we're doing."

COL. JOHN J. STRANGE JR. | CHIEF OF ARMY HOUSING DIVISION

Coulson, director of Installation Services Directorate. "Whether it's family owned housing, family privatized housing or single Soldier housing. We need to have a training event every year so that we understand what the policies are, what the trends are, so we're able to provide the best service and quality of life for the Soldiers and their families."

During the four-day training event, attendees met throughout the day in sessions to discuss a range of topics, including budget management, interaction and usage of data systems, management procedures and policies, as well as several other topics.

"To have all the professionals in one room from the three different areas — owned, privatized and unaccompanied — gives those individuals the chance to cross pollinate and learn best practices from other installations," said Paul Cramer, deputy assistance secretary of the Army (Installations, Housing and Partnerships) at the Office of the Assistant Secretary of the Army (Installations, Energy and Environment). "We have representatives from almost all installations. It's a way for housing professionals to collaborate and learn from one another."

See HOUSING, page 10



A pilot hired by Jerold Spohn, agronomist, installation pest management coordinator and agricultural outlease manager for the Division of Public Works Environmental Division, sprays 16 miles of power line right of way to clear woody vegetation Sept. 2 on Fort Riley. The spray kills off woody vegetation, such as trees and shrubbery, to increase access to power lines and create fire breaks around the power poles.

Story and photos by Season Osterfeld
1ST INF. DIV. POST

More than 2,500 acres of native prairie on Fort Riley were a part of two different aerial spray projects to remove the plant Sericea Lespedeza and reduce woody vegetation growth around power line right of way locations Sept. 2.

The areas selected for the aerial sprays varied in size from 12 to 355 acres. These areas were selected because

the terrain surrounding them was too difficult for ground crews to reach and due to time limitations to complete the sprays because of training schedules, said Jerold Spohn, agronomist, installation pest management coordinator and agricultural outlease manager for the Division of Public Works Environmental Division.

"The particular tracks that we are doing this year were chosen either because we have limited time to get into them

due to training or the terrain is extremely difficult to transverse for our normal ground crews," Spohn said "They are literally scattered all over the place and range in size."

Sericea Lespedeza, commonly known as Chinese Bush Clover, is listed as a noxious weed in the state of Kansas. The plant is not native to the area, nor is it conducive to a healthy prairie habitat and ecosystem, Spohn said.

"It has been a noxious weed since 2001," said Heather

Lansdowne, communications director for the Kansas Department of Agriculture Manhattan Office. "Most of them (noxious weeds) are an invasive species ... With most invasive species; they take over and invade native grasses."

Prior to any spraying, whether aerial or with a ground crew, a vegetation survey is conducted by Spohn himself to determine how effective the spray would be

See SPRAY, page 7

FORT RILEY VOLUNTEER SPOTLIGHT

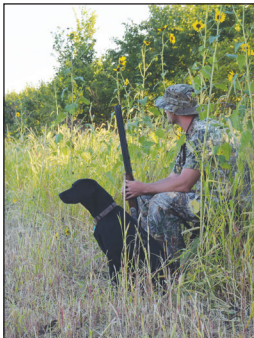


Theresa Guadagno - Civilian Volunteer

Theresa participated in every USO program. She found a unique way to support Soldiers during redeployment ceremonies. She has attended every redeployment ceremony and supported returning Soldiers, their families and the civilian work force by passing out cold beverages and frozen treats.



FALL APPLE DAY FESTIVAL PIE QUEENS ORGANIZE MAKING MORE THAN 1,000 PIES FOR THE EVENT, WHICH IS SLATED FOR SEPT 10, SEE PAGE 11.



SOLDIERS, CIVILIANS AND FAMILIES WENT OUT TO CELEBRATE THE BEGINNING OF HUNTING SEASON IN KANSAS WITH A POSTWIDE DOVE HUNT, SEE PAGE 15.





BASIC LEADER COURSE PRODUCES EXEMPLARY SOLDIERS



Professionals from the Maneuver Support Center of Excellence Noncommissioned Officer Academy from Fort Leonard Wood, Missouri, provided instruction in the Basic Leader Course Class 704-16 at Fort Riley, Kansas. The course concluded with a ceremony at Fort Riley's Barlow Theater Aug. 31. Completion of the BLC takes 22 days and is the first step in the Noncommissioned Officer Education System. The course of instruction teaches basic leadership skills, noncommissioned officer duties, responsibilities and authority. In pictures above, Command Sgt. Maj. Craig Copridge, senior NCO for the 2nd Armored Brigade Combat Team – who was guest speaker at the BLC awards ceremony – presented awards. **LEFT:** Sgt. Joseph L. Ray of the 1st Battalion, 18th Infantry Regiment, 2nd ABCT, 1st Infantry Division. Ray receives the distinguished honor graduate of the BLC. **MIDDLE:** Spc. Tiffany N. Millering, 299th Brigade Support Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division, is recognized as the leadership award recipient of the BLC. Millering was recognized by her fellow students and cadre for this award. **RIGHT:** Spc. Demetrious G. Dixon Jr., 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, receives the Iron Soldier Award. The Iron Soldier Award was awarded to the Soldier who received the highest score on the Army physical fitness test.

Photos by Staff Sgt. Heidi McClintock | 1ST INF. DIV.

Firefighters defend Fort Riley from home to prairie

Story and photo by
Season Osterfeld
1ST INF. DIV. POST

The firefighters of Fort Riley Fire Station One operate the busiest fire station on post with the largest area to serve. Firefighters there have a unique specialty, in addition to their primary mission of providing emergency medical services, defending against structural fires and more, they defend against wildland fires. This specialty includes the proper equipment, training, tactics and prevention methods to defend Fort Riley against wildfire outbreaks. “(We are the) active wildland fire response and also we have taken on the mitigation program for it, which includes the creation of fire breaks, mowing, prescribed burning — that’s a big one,” said Ryan Markvicka, lieutenant at Fire Station One. “We typically have two prescribed burns a year, one in the fall and spring ... We’ve taken on that role to be more proactive with our wildland prevention, so we’re not constantly operating in an emergent role and it’s a lot safer when you have that mitigation plan, so that’s something we’ve been doing the last two years.” The firefighters work with a number of assets and vehicles to defend against wildland fires and conduct their prescribed burns. Alongside their engine, the firefighters have two tender vehicles and brush vehicles, as well as other vehicles and assets. One tender is able to carry 3,000 gallons of water and the other can hold 1,800 gallons of water to transport to a wildfire

location. The tender with the 1,800-gallon capacity is an assault tender; able to spray water while driving, or “pump and roll,” said Marty Coufal, battalion fire chief. “The wildland mission, it’s kind of all-encompassing no matter what we’re doing, so we have trucks of various capacities ... (They have) pumping apparatus that are designed for off road firefighting response,” Markvicka said. “We have big trucks, little trucks depending on what we’re doing. We have water tenders, which we use because there’s no water resupplies out there, so we have two water tenders that we have available to us.” Fighting a wildland fire versus a structural fire can be a completely different battle due to the tactics, planning and assets required, as well as the time and size of the fight, said Mark Neely, wildland manager from the Fort Riley Division of Public Works embedded at Fire Station One.

In a structural fire, firefighters work to put the fire out as quickly as possible for fire investigators to come through and determine the cause of the fire, such as a malfunctioning appliance,

and prevent further damage, Coufal said. “We go really fast,” he said. “It’s a really quick knock down, get it put out, then we go check everything out. Life safety is our biggest factor, that’s the first thing we look at. We look at the life safety for the individuals. We look at life safety for us. We live on three principles rules: life safety, mitigation of the issues and the property.” Life safety is the most important thing firefighters look at when dealing with any fire. Firefighters on the first engine company to arrive at the scene attempt to locate the occupants of the building. If they are unable to or have reason to believe occupants may be inside, they will perform two searches of the building to locate both people and pets that may be trapped. “If they (neighbors or bystanders) can’t tell us nobody is there and we see signs, such as a vehicle in the driveway, we’ll search the whole quarters,” Coufal said. “We’ll do a primary search and a secondary search. The primary search makes sure there is nobody in there and that’s fairly rapid. We have a thermal imaging camera



Firefighter Tyler Belt conducts routine maintenance on Engine 11 Aug. 26 at Fire Station One at the intersection of Normandy Drive and 1st Division Road. The firefighters of Fire Station One respond to calls for structural fires, emergency medical services, hazmat and more in addition to their assigned specialty of wildlands fires.

so we can see through the smoke, so that’s usually a fairly quick process. After that, we’ll mitigate the issue and then we’ll continue to a secondary search, which is a more detailed search. We actually go into each room and check under beds, check closets, things of that nature.” After firefighters of the first engine on scene size up the scene, firefighters of the second arriving company will shut off the electricity, water,

gas and so forth to the building, he said. When combating a wildland fire, firefighters focus on removing potential fuels and prepare for a long battle, Neely said. “A structure firefighter can have a time of when they’re really hauling it for 40 minutes,” Neely said. “They ramp up really quick ... Where a wildland fire, it doesn’t ramp up as fast, but it’s really elongated. We can be out there from five

to 13 hours or you could be, not really so much out here (Fort Riley), but months on a wildland fire.” While firefighters may have only one or two See STATION, page 10



THE FIGHTING FIRST!



THEN & NOW

Vickie Downey: A ‘Big Red One’ Soldier

By Phyllis Fitzgerald
SPECIAL TO THE POST

Vickie Downey, a native of Monmouth, Illinois, spent four years in the Army, with all but her basic training and her Advanced Individual Training time at Fort Riley, Kansas.

Vickie joined the Army in August 1989 at the age of 33. She attended basic training at Fort Dix, New Jersey, and then went to Fort Benjamin Harrison, Indiana, for AIT in her military occupational specialty, 73C, a finance specialist.

After AIT, her only assignment was at Fort Riley, Kansas. Vickie was assigned to the 1st Infantry Division Finance Office. She was recognized as the fastest data input operator when it came to financial matters.

A favorite Fort Riley memory Vickie recalls concerns her unit’s Thursday training days.

“We trained in small groups and I learned a lot from that small group training,” Downey

said. It was fun and I had some of the best noncommissioned officers. I have remained in contact with a couple of my peers from that time frame.”

Vickie left the Army in August 1993 as a sergeant.

“I chose to stay in the area because my children were attending Junction City High School and that is where they wanted to graduate,” Downey said.

Today, Downey works at the Fort Riley Mission Training Complex as an assistant supply clerk. She is a member of the Eagles Auxiliary and the American Legion Post 45.

“Both organizations support the local community and veterans,” Downey said. “The Eagles provide support to local organizations such as the Food Pantry.”

Downey is also a volunteer in Junction City on various community projects.

Editor’s Note: To submit your Big Red One story, email fitzmiss@yahoo.com.

BEST PLACE TO LIVE BEST PLACE TO TRAIN BEST PLACE TO DEPLOY FROM BEST PLACE TO COME HOME TO

Off to a good start: the Hire Heroes USA workshop

Prep for resumes, interviews helps Soldiers enter civilian life

By Maria Childs
1ST INF. DIV. POST

Spc. George Flowers, 41st Engineer Company, attended the Hire Heroes USA transition workshop Aug. 31 and Sept. 1 at Army Community Service looking to further his job-searching skills.

“I’m getting out in 49 days and they helped me put my resume

together, and that was really helpful,” he said.

The two-day workshop was hosted by staff of Hire Heroes USA. They provide career coaching and other services and tools to meet career goals. Hire Heroes USA is a partner of the USO Transition 360 Alliance, which brings together organizations to help Soldiers stay connected to family, home and country as they transition to civilian life.

Flowers is part of the program — Rally Point 6 — through the USO Transition 360 Alliance. At the workshop, he said he learned how to build his resume, which is a new skill for him.

Jason Yearwood, veteran’s employment representative for

Kansas Works, was on-site for mock interviews with Soldiers who are in the transitioning process. He helps veterans get jobs and provides them with pre-employment and unemployment services including interviewing and resumes. He said he thinks the reason veterans are appealing to employers is because of their reliability.

“You can count on veterans to show up and be disciplined,” Yearwood said. “You can count on veterans to always be a good team member to their coworkers. I think those are the biggest things that employers enjoy about veterans — they know these folks are going to put in a hard day’s work.”

Spencer Milo, area manager for Colorado, New Mexico, Utah and Kansas with Hire Heroes USA, was one of the instructors for the event.

“Basically what we focus on at Hire Heroes USA is anything in regard to the transition of a veteran, current service member or their spouse into the civilian workforce,” he said. “We really focus on the one-on-one touch.”

Topics during the workshop included how to build a resume,

how to start saving and what to look for in future employers for benefits and pay estimation.

Milo said the hardest part for service members is relating their skills to the civilian workforce.

“The biggest piece of resume writing for veterans and spouses is translating what they have done in their military careers into something most civilian human resources recruiters or hiring

See WORKSHOP, page 6

TRAFFIC REPORT

ACCESS CONTROL POINT HOURS OF OPERATION

Until further notice, the Estes Access Control Point is closed every Saturday and Sunday but will remain open Monday through Friday for privately owned vehicles.

Also until further notice, 12th Street ACP is closed to privately owned vehicles Saturdays. The commercial side remains open Saturdays. The 12th Street ACP is closed to all traffic Sundays, but it is open to all traffic Monday through Friday. Grant Street ACP is closed every Saturday and Sunday, but remains open Monday through Friday to all privately owned vehicle traffic. Motorists wanting access to Fort Riley on Saturday or Sunday should use Ogden, Henry or Trooper gates.

The access control point hours are now as follows:

Henry /Four Corners/ Trooper/Ogden:
Open 24/7

12th Street:
Open from 5 a.m. to 7 p.m., Monday to Friday; closed to non-commercial traffic Saturdays; closed Sundays and federal holidays.
Rifle Range:
Closed to all traffic.

Grant:
Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

Estes: Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

FORT RILEY ACCESS CONTROL POINT CHANGES

Several changes are scheduled to occur at certain Fort Riley access control points soon, pending the approval of an environmental assessment.

Starting Sept. 26, 12th Street Gate will only have commercial vehicle lanes. Personally owned vehicles will still be allowed access, but there will not be a designated POV lane. No outbound traffic will be authorized at 12th Street Gate.

Estes Gate will be open 24 hours a day beginning Sept. 30. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access.

Four Corners Gate will be closed indefinitely to all vehicle traffic beginning Oct. 3.

CONSTRUCTION ON RIFLE RANGE ROAD CONTINUES

Rifle Range Road construction will not be complete prior to the start of the USD 475 2016/2017 school year as previously planned.

The construction completion is estimated for mid-September.

New road closings and detours are required to complete the project. Rifle Range Road will be closed from 1st Street to Look Out Drive, and from West Drive to Seitz Elementary to Thunder Road/ Dakota Drive.

School officials can offer guidance. There are detour and guidance signs posted, including detour routes along tank trail purple and through the Colyer Forsyth Housing area. Drivers are asked to follow all guidance posted on signs.

CHANGES TO FORT RILEY ACCESS CONTROL POINTS

Traffic patterns have changed at several Fort Riley access control points. Estes Gate will reopen the commercial portion of the gate allowing full access. 12th Street Gate may experience limited staging for commercial vehicles due to construction. Trooper and Ogden access control points may experience traffic pattern changes during non-peak hours.

The changes are necessary to facilitate construction projects.

During these changes and beyond, drive attentively and safely.

For more information about Fort Riley access procedures, visit www.riley.army.mil.



COURTESY PHOTO

Chief Warrant Officer 3 Edwin Reyes, center left, an air traffic and airspace manager for the 1st Infantry Division, and other members of the 2016 U.S. Army Latin Ensemble, meet with Chief of Staff of the Army Gen. George W. Casey Jr., center right, July 12 in Washington D.C. he ensemble represented the Army at the national conference of the League of United Latin American Citizens July 12 to 16 in Washington D.C.

‘Big Red One’ Soldier represents division at national convention

By J. Parker Roberts
1ST INF. DIV. PUBLIC AFFAIRS

A 1st Infantry Division Soldier represented the “Big Red One” at this year’s national conference of the League of United Latin American Citizens July 12 to 16 in Washington D.C.

Chief Warrant Officer 3 Edwin Reyes, an air traffic and airspace manager for the 1st Inf. Div., said this was his fourth consecutive year to participate in the conference. To conduct outreach for the Army and stress the importance of Hispanic military members, Reyes led the U.S. Army Latin Ensemble at the meeting. The ensemble is a group of Soldiers from across the Army formed specifically for this purpose. Those Soldiers spoke with attendees, performed Latin music and met with other Army members, including Chief of Staff of the Army Gen. George W. Casey Jr.

“This is an entity that really helps Hispanics who are in the United States to achieve a goal, to fight for their goal,” Reyes said. “Our

presence there helps the youth, the Hispanic youth, to look at the military as another option or the option to choose once they graduate high school or, perhaps, when they graduate college.”

The LULAC national convention sees more than 20,000 participants from across the country each year, including top leaders from government, business and the Latino community, according to the organization’s website.

Reyes said the ensemble helps young people see that there’s more to being a Soldier than strictly combat roles.

“By seeing people like us ... they get to see a very positive picture of the military,” the chief warrant officer said. “We’re not there to recruit people, but at the same time we are sending the message that the U.S. Army as a whole is a family, a second family.”

Members of the 2016 U.S. Army Latin Ensemble included medics, communications specialists, drivers and even musicians.

One suicide is too many for staff of suicide prevention program

Methods to control stress available

By Maria Childs
1ST INF. DIV. POST

September is Suicide Prevention Month. For staff of the Suicide Prevention Program at Fort Riley, it is a constant effort to reduce the number of suicides within service members and their families.

“The suicide prevention program works on a holistic approach to prevention and intervention,” said David Easterling, suicide prevention program manager.

The program staff works toward this goal by eliminating stressors that cause a buildup of emotions. They work with different programs and agencies such as the chaplains’ office to allow Soldiers to be comfortable when they feel they need to talk to someone.

Easterling facilitates classes that teach Soldiers how to be a gatekeeper within their unit. A gatekeeper is someone who is trained to identify someone in a crisis situation.

“We attempt to lessen the stressors for prevention and through intervention, we teach individuals to learn the skills that will enable them to identify

someone at risk,” he said. “The whole goal for the program is Soldiers saving Soldiers.”

Easterling said once the signs have been identified, the service member should be taken to Irwin Army Community Hospital.

“At IACH, they have a behavioral health specialist that can really assess where this person is at,” he said. “The reason interventions work is because that person is opening up to talk about their problems, so there is an emotional high. The danger is that this is a temporary high ... what happens when it drops? If there is a false sense of security at that time, we need to put more arms around that person and get them linked up with more resources.”

From there, the behavioral health counselor will decide what kind of care the Soldier or family member needs.

Just like many other things, there is more than one way to help Soldiers and family members who are considering taking their own life.

Military OneSource is a one-stop place for resources to service members and their families. The Military Crisis Line can be reached by calling 800-273-8255 or online at militaryonesource.mil. Free, confidential support is available 24/7 for all active-duty, National Guard or reserve service members and their family members.

Vet Centers across the United States can provide community-based counseling and referral services to eligible veterans. To learn more about this program, visit explore.va.gov/health-care/vet-center-services.

Civilians employed at Fort Riley can also seek counseling in the Employee Assistance Program, 7424 Apennines Road. Easterling noted supervisors usually notice a change in behavior among their employees.

For more information about the gatekeeper courses for Soldiers, sign up with a military schools noncommissioned officer. Resilience Spouse Academy at Army Community Service teaches the same class to family members, to register for the class call 785-239-9435.

HOUSE
FILL AD

SUICIDE
PREVENTION

THE POWER OF 1

RILEY ROUNDTABLE

What are you looking forward to in the month of September?



"I'm taking it day by day."

TARALYN CAPELLE
REPUBLIC OF MARSHALL ISLANDS

Wife of Staff Sgt. Bobby Capelle, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division



"Apple Day. I like apples and the cooler weather."

GENEVIEVE CESPEDES
SAN ANTONIO, TEXAS

wife of Staff Sgt. Mario Cespedes, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division



"Apple Day."

STAFF SGT. MARIO CESPEDES
LONG BEACH, CALIFORNIA

2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division



"My birthday."

ALYSON NABOURS
PINEHILL, NEW MEXICO

Sister of Spc. Alycia Nabours, Commanding General's Mounted Color Guard



"My daughters' birthdays. Both of their birthdays are in September. And for it being fall."

AZHA WELCH
MILWAUKEE, WISCONSIN

wife of Sgt. Terrance Welch, 1st Combat Armored Brigade, 1st Infantry Division

THE 1ST INFANTRY DIVISION POST

This civilian enterprise newspaper is an authorized publication for members of the Department of Defense. Contents of The 1st Infantry Division Post are not necessarily the official views of, or endorsed by, the U.S. Government, or the Department of the Army. The editorial content of this publication is the responsibility of the 1st Infantry Division and Fort Riley PA Officer and printed by Montgomery Communications, Inc., a private firm in no way connected with the U.S. Government under exclusive written contract with Fort Riley.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army or Montgomery Communications, Inc.. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher will refuse to print advertising from that source until the violation is corrected.

Circulation 8,800 copies each week.

A licensed newspaper member of the Junction City and Manhattan chambers of commerce.

COMMANDING OFFICER AND PUBLISHER
Maj. Gen. Wayne W. Grigsby Jr.

PUBLIC AFFAIRS OFFICER
Lt. Col. Kimeisha McCullum

PUBLISHER
John G. Montgomery

FORT RILEY EDITORIAL STAFF

EDITOR
Patti Geistfeld

ASSISTANT EDITOR
Andy Massanet

STAFF WRITERS
Maria Childs and Season Osterfeld

MEDIA SALES MANAGER
Melissa Tyson

MEDIA SALES REPRESENTATIVES
Kim Maguire, Tammy Moritz and Shannon Fritz

CONTACT US

For business or advertising matters, call The Daily Union in Junction City at 785-762-5000.

For news offerings, call the Fort Riley Public Affairs Office at 785-239-8854 or DSN 956-8854, or email usarmy.riley.imcom.mbx.post-newspaper@mail.mil

LETTERS TO THE EDITOR
The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil.

SAFETY HOLIDAY



As of Wednesday, Sep. 7, 61 days have passed since the last vehicular fatality at Fort Riley. Fifty-seven more and the post will celebrate with a safety holiday to take place at each unit's discretion.

COMMAND TEAM CORNER

Patriots' Day: Remember the nation's loss

On Sept. 11, we will observe Patriot Day, the National Day of Service and Remembrance for the terror attacks that occurred Sept. 11, 2001. As Americans, this is a day we all hold near to our hearts as we honor those who lost their lives on that tragic day.

Patriot Day was created in 2002 to remember the first responders, the victims and the legacies they left behind. With each passing year, we all reflect on those events and individuals in our own way.

On Fort Riley, as with all federal buildings, we will fly the American flag at half-staff. We will also conduct a 9/11 Remembrance Ceremony Sept. 11 from 10



Maj. Gen.
Wayne W. Grigsby Jr.

to 11 a.m. at the Global War on Terrorism Memorial near the U.S. Cavalry Museum on Fort Riley. At this memorial, we will honor the more than 200 Soldiers of the 1st

Infantry Division who have made the ultimate sacrifice in the Global War on Terror to ensure it never happens again.

Therefore, I encourage you to take time and remember that day's events and the emotions you felt. Those emotions are the fabric that brings this great country, the United States of America — the greatest and most powerful country in the world — together. We must never forget.

We have all been affected by that horrific day's events, and our lives will never be the same. However, it is up to us to maintain our resolve to ensure the legacies of the victims, and that of those who have made the ultimate

sacrifice, continue. Our civilians and Soldiers of the 1st Infantry Division and Fort Riley do this every day.

As we enter the 1st Infantry Division's 100th year anniversary year as the nation's oldest division, know that we stand firm in ensuring the American values and beliefs will continue. By the end of 2016, the 1st Infantry Division will have served in every conflict since World War I, defending our way of life. We will continue to do so and do not take this responsibility lightly.

Maintain everything you are doing as your sacrifices, the families, civilians and Soldiers of Fort Riley enable those legacies to be preserved and carried on.

Safely deal with unexploded ordnance, use the 3Rs

By Thomas A. Anderson
GARRISON SAFETY OFFICE

The 3Rs – recognize, retreat, report – are key to protecting yourself from the dangers of unexploded ordnance.

This is particularly true as youngsters return to school and walk and play on Fort Riley grounds.

Fort Riley has been home to thousands of Soldiers, Department of the Army civilians, family members and retirees over the years. As the home of the "Big Red One" and as a premiere training center for some of America's finest Soldiers, countless rounds of ammunition have been expelled on Fort Riley's ranges throughout the decades.

The 3Rs program was created as a means of communicating safety around unexploded ordnance in a manner understood by children and adults. Since ammunition may not always function as designed, having a program for UXOs is critical for preventing injuries and fatalities.

As Fort Riley grew in size over the years, lands once used for ranges, impact areas and munition disposal sites have been re-purposed. Unfortunately, this makes determining where UXOs may be found difficult. The Main Impact Area is known to have large quantities of UXO and is off limits to activities not coordinated with the Directorate of Plans, Training, Mobilization and Security. Three areas where large quantities of UXO have been found are the Douthit Gunnery complex surface danger zones, Backstop Ridge, also called Training Area 22, the area north of Forsyth Family housing and the two associated schools and the Forsyth Landfill vicinity the Republican River and River Walk trail.

There is help for those who need to know how to respond to UXOs and his name is Sergeant Woof, the symbol of the 3Rs (Recognize,

Retreat and Report) education and awareness program. His mission is to alert everyone on posts nationwide of the risks of UXOs. He also wants to recruit all Soldiers, Department of the Army civilians, family members, retirees, contractors and visitors to act as an extra "set of eyes" to identify the potential risks of UXOs.

No matter what you call it - ammo, explosives, UXO, duds or souvenirs - remember munitions are dangerous and can explode if approached, touched, moved or disturbed. The 3Rs education and awareness program, exemplified by Sergeant Woof, focuses on three simple actions:

- When an object is out of the ordinary or looks like it poses a danger, RECOGNIZE it may be hazardous.
- Carefully RETREAT the way you approached to a safe distance and
- REPORT the incident.

On Fort Riley, the primary reporting mechanism is Range Support for ranges and training areas 785-239-4200. For all other areas, call 785-239-6767. You can call 911 to report UXOs, but it is not the preferred method. Although marking the site and providing photographs of a UXO can greatly assist disposal experts, photos should only be taken from a safe distance.

In any case, remember that retreating from the UXO is the highest priority. Don't delay. The most important safety consideration is not to disturb the ordnance and to alert the experts to deal with proper disposal.

One of the most important reasons for learning about UXOs through the 3Rs awareness and education program is it helps identify potential areas where UXOs may be found. When UXO technicians investigate a report of an UXO, they will survey the area immediately around the UXO. If they identify other suspected UXOs, they report the findings. Finding other UXOs or related evidence leads to placing the area off limits and a thorough investigation is conducted. Once the extent of



Like Smokey the Bear for forest fire prevention, Sergeant Woof is the face of safely dealing with unexploded ordnance found on military installations around the world. If a UXO is found, Sergeant Woof recommends the 3Rs: RECOGNIZE it may be hazardous, RETREAT the way you approached to a safe distance, REPORT the incident.

the contamination is established signs and other control measures are used until the area is cleared and identified UXOs are removed or destroyed.

Since UXOs can be found anywhere on the installation, and mishandling UXOs can cause serious injury or death, the 3Rs awareness education is critical for protecting children, family members, military personnel, the the community and our civilian workforce.

Concerned residents may wish to consider attending a 3Rs training session. It will not make you a munitions expert, but it will equip you with the tools to rapidly respond to a suspected finding of an UXO. The 3Rs education and awareness training can be coordinated by contacting the Garrison Safety Office 785-240-0647.

In addition to the Garrison Safety Office, the Directorate

of Public Works, Directorate of Emergency Services, Directorate of Family, Morale, Welfare and Recreation and the 84th EOD Battalion have instructors that can present the 3Rs training program. Education includes classes geared toward children, teens and adults. Awareness items include three tri-fold guides for Military Families, Hunters and General 3Rs Explosive Safety.

For more information about the 3Rs explosives safety training, contact the USAG, Safety Office, 785-239-2245. You can also find information at the DOD Environment, Safety and Occupational Health Network and Information Exchange website, www.denix.osd.mil/uxo. On the DENIX website you can find additional educational resources, downloadable brochures, and other information concerning explosive safety.

FREE!

Download the USD 475 Mobile App

Put **school information** at your fingertips in one convenient location!

Key Features

- Select from any of our schools, and more than 40 languages
- Direct notifications of cancellations, updates and school reminders
- Log in to Skyward Family Access, add school calendar dates directly to your personal calendar, email staff members and more

More information at bit.ly/usd475mobile

Search "Geary County Schools USD 475"

The next USAG Resilience Day Off is

SEPT.
16



WORKSHOP Continued from page 3



Maria Childs | POST
Rich Jankovich, right, market president of Sunflower Bank in Manhattan, Kansas, conducts a mock interview with Spc. George Flowers, left, 41st Engineer Company, during the Hire Heroes USA transition workshop Sept. 1 at Army Community Service at Fort Riley. Hire Heroes USA is a partner organization in the USO Transition 360 Alliance, which brings together organizations to help Soldiers stay connected to family, home and country as they transition to civilian life.

managers are going to understand,” Milo said.

Milo said they like to see Soldiers learn these skills within 12 months of getting out or retiring from the military.

“We really focus on empowering them,” he said. “We really try to empower these

veterans and their spouses to be confident in themselves and the skills they bring to the table ... the military is a completely different lifestyle it’s not just a different career choice.”

Retirees, Soldiers and spouses can register for remote services through Hire Heroes

USA at jobs.hireheroesusa.org. Another workshop is scheduled for Nov. 1 and 2 at Army Community Service. To register, visit www.cvent.com/d/9vqpww.

For more information call 785-492-5531 or 785-492-5710.

**FORT RILEY
GARRISON COMMANDER’S
COMMAND CLIMATE
SURVEY**

**Survey Link and login will be emailed to you or
your supervisor**

Survey dates: Sept. 12 to 30, 2016

#BeThere
Your action could save a life

www.DSPCO.mil

SUICIDE PREVENTION MONTH 2016

**Military
Crisis Line**
1-800-273-8255
PRESS 1

Be Army strong on election day.
Go to FVAP.gov to learn more about absentee voting and request your ballot, or contact your Voting Assistance Officer for more information.

SPRAY

Continued from page 1

in both quantity of Sericea Lespedeza eradicated and cost effectiveness. When doing the survey, Spohn said he also looks at the surrounding plant community and what effects the spray would have upon it. The ultimate goal is to create a balanced ecosystem.

“We want our desirable broad leaf plants, our forbs (a broad-leaved herb other than a grass, especially one growing in a field, prairie, or meadow), to have a chance to come back and reproduce,” Spohn said. “We do not want to make just a pure grass land, we want a balanced ecosystem, but the Sericea is not part of that ecosystem.”

While the spray will kill all broad leaf plants reached by it, he said after two years’ time the plant life rebounds or increases into a healthier, better balanced ecosystem.

“From those vegetation surveys, we saw one-year post spraying, our forbs were down, but two years post spraying, we saw our forbs rebounded and in some cases even increased,” Spohn said.

The second treatment performed for the power line right of way areas has never been conducted by aerial spray at Fort Riley.

The power line right of way spray kills off woody vegetation, including trees and shrubbery, to keep them from damaging power lines and block access to poles. Additionally, the treatment

helps to create a fire break around the power lines, potentially reducing the number of power poles damaged or destroyed during fires, he said.

“They’re going to fly right over the center of that power line and lay down a 75-foot swath of appropriate chemical to reduce the woody vegetation underneath and close to the power lines to improve access,” Spohn said.

Like the Sericea Lespedeza spray, the power line right of way spray areas were selected because of the difficulty of the terrain for ground crews to access, Spohn said.

The aircraft, an Air Tractor AT-802, which was used in both sprays, flies directly center over the power lines during the spray, controlling the spray to the area around the lines and poles only.

“Our desire is to reduce in amount the woody vegetation under there,” Spohn said.

The solutions used in both sprays are safe for use around humans and wildlife, he said. They take only 30 minutes to dry, but Spohn said he prefers to be cautious and keep spray areas closed for three to four hours after.

He said he personally reviews all chemicals in the spray solutions for toxicity levels and risks and verifies their safety with the Environmental Protection Agency. The spray used for

the Sericea Lespedeza is diluted down to two gallons of solution per acre.

“All the chemicals we are using are safe,” Spohn said. “They have all been approved by the EPA to be used, both for the target species we are after and for the areas. They are all also registered in the state of Kansas and I have personally reviewed and approved the labels and the chemicals have also been approved by our environmental command.”

Protecting water sources is one of his primary concerns during any spray, Spohn said. When creating the spray areas, he draws out 100-foot buffer zones around all water sources and areas of potential water sources.

“The one thing we are very careful about with all of our treatments, regardless of what the budget is, we try to avoid putting any product in the water,” Spohn said. “Both of these projects have areas we do not treat, buffer zones ... We’ve got roughly a 100-foot buffer zone on either side of the waterways ... and I do spend a lot of time, as I put the project together, looking at those.”

Spohn said he hopes to see aerial sprays for the power line right of way zones conducted every other year. At present, both ground and aerial crews spray for Sericea Lespedeza about 20 times a year to meet the state of Kansas regulations regarding the control of the noxious weed.

COMMAND

Continued from page 1

Sgt. Akeem Williams, also of DENTAC, presented a gift and flowers to Chris, the spouse of Hambrice.

“I know this will be an exciting time for you,” Convey said to Hambrice in his brief remarks. “You could not have picked a better unit.”

In his remarks, Hambrice said, “It’s going to be a privilege to command such fine Soldiers.”

After the ceremony, Hambrice praised the professional environment of the unit he was going to command.

“The DENTAC (at Fort Riley) is a very well-organized smooth-running machine that is very impressive on first view,” Hambrice said. “Sometimes you’ll come into a unit that is kind of scrambling and not very cohesive, but this group is very cohesive.”

Hambrice added that division leadership has stressed readiness in its initial conversations with him and he will follow that guidance.

“The only thing that matters right now is readiness and they (previous DENTAC leadership) kept the readiness immaculately high,” Hambrice said.

As far as where he wants the DENTAC to go during the time of his command, Hambrice said not much would change.

“Our job is to support the Soldiers and this division and to make sure they’re ready,” he said.

“That’s what we do,” Hambrice said, adding that, ultimately, when the Division is called upon, it has to be ready.

“And we have to be able to do our piece to make that happen,” he said.

Meanwhile, Melton said he looked forward to Hambrice’s command, and praised Convey’s performance.

“He’s a phenomenal leader and oral surgeon,” Melton said of Convey. “He did



Andy Massanet | POST

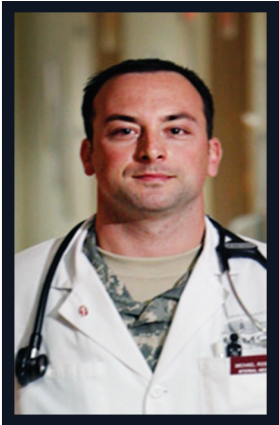
Col. Daniel Convey relinquished command of the U.S. Army Dental Activity at Fort Riley at a change of command ceremony Aug. 30. Lt. Col. Jeffery Hambrice assumed command. Convey will return to Irwin Army Community Hospital and serve as officer in charge of the Oral Maxillo-Facial Surgery Clinic. Behind Convey is Maj. Brendan Bell of DENTAC, who served as master of ceremonies.

great things in ensuring the overall readiness of our division.”

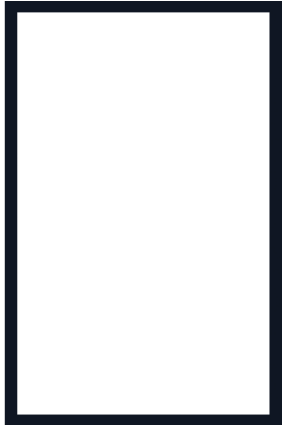
Convey will not be leaving Fort Riley, but will return to Irwin Army Community Hospital and serve as officer in charge of the Oral Maxillo-Facial Surgery Clinic.

WWW.1DIVPOST.COM

Irwin Army Community Hospital



PROVIDER



NO-SHOW PATIENT



WOULD BE PATIENT



WOULD BE PATIENT



WOULD BE PATIENT

Missed appointments
are missed opportunities for others.





HOUSING

Continued from page 1

Each day also included a general session for everyone to meet and discuss major topics, such as fiscal changes and constraints or policy. Army housing leaders presented policies, strengths, weaknesses and updates during the general sessions. At the end, attendees were able to ask questions and receive clarification on their own comments and concerns directly from Coulson, Cramer, Col. John J. Strange Jr., chief of Army Housing Division, and Connie Glenn, acting chief of IMCOM Housing Branch.

“We hope that all of the housing professionals walk away with an increased awareness regarding why we’re doing the things that we’re doing,” Strange said. “Sometimes, at the garrison level, they don’t understand some of directives that they’re getting ... Here’s an opportunity for us to get together, compare notes, one garrison shares lessons learned with another garrison. They walk away better trained to provide for the Soldiers, families and civilians that they serve and provide housing for.”

This was the third year the Housing the Force Training Event was held. The previous two events were held at Fort Leavenworth, Kansas. However this year, housing representatives and personnel of Fort Riley agreed Fort Riley would be a better location because it would put housing officials side-by-side with Soldiers and their families who are actively going through training, deployments and redeployments, said Lynn Hammond, asset manager of Fort Riley Residential Communities Initiative. This lets attendees get a better feel for and see the lives of the Soldiers and families they serve.

“We wanted to bring you to one of your war fighting divisions, that’s why you’re here at Fort Riley, Kansas,” said Brig. Gen. Patrick Frank, 1st Infantry Division deputy commanding general, to a room packed with housing and lodging representatives during the first general session.

Representatives from across the world praised the Fort Riley division and garrison command teams, staff of the Fort Riley housing and lodging teams and personnel of other organizations involved for going above and beyond to see the

attendees had everything they needed available to them and more.

“I think Fort Riley has done an amazing job welcoming us and opening their doors to us,” Strange said. “The emphasis and presence from the command group from the 1st infantry Division, as well as the garrison command group (is great), but particularly the strategy or perspective that the command group has offered by bringing and showing the housing professionals a little bit about the Soldiers that they serve.”

In the evenings, attendees explored Fort Riley and the post’s history on a windshield tour guided by staff of Fort Riley directorate of Plans, Training, Mobilization and Security.

On the final day, two groups of about 60 attendees visited Seitz Regional Training Complex for a two-hour team building session. The groups participated in three different virtual training simulations at the campus, such as the Warrior Skills Trainer. Through these training sessions, participants were able to experience and understand more about the technology used in training today’s Soldiers, said Steve Crusinberry, director of Fort Riley DPTMS.

The Warrior Skills Trainer divides participants into groups of five. Each group gets into a model High Mobility Multipurpose Wheeled Vehicle, or Humvee, inside a room filled with projection screens. The simulation takes participants through a convoy traveling through hostile territory. Each participant is armed with a weapon that the screens react to when the weapon is fired. Participants must reload their weapons and the vehicle operator must keep the Humvee from getting stuck as the convoy moves.

For everyone involved in the training event, the most important thing was that they took away a greater understanding of military installation housing practices and policies and exchange information among one another to develop a greater understanding of their mission to serve Soldiers and families, Strange said.

STATION

Continued from page 2

buildings to search for people and pets, firefighters fighting a wildlands fires may have 400 or more acres of land to search for lives that need rescuing and structures that need saving, Neely said. The scale is dramatically different for a wildlands fire versus a structural fire. Life safety is the primary concern for both fire types, but scene stabilization and property conservation may vary or rotate for a wildlands fire. If 10 homes are in danger, they take precedence over the 10,000 acres of prairie grass burning, he added.

Firefighters dealing with a wildfire need to consider a number of factors, such as personnel rotation, food needs and water transportation. The most important thing, Neely said, was prevention to reduce the risk of wildland fire altogether.

“We do a lot of prescribed fires and that mitigates that

risk,” Neely said. “Last year, when the state was having real fire issues all over the state, it was one of our lowest years of wildfire response on Fort Riley.”

Prescribed burns are a joint effort. The planning, location and enacting of a prescribed burn are handled by personnel of DPW Environmental, the directorate of Plans, Training, Mobilization and Security and firefighters.

No training areas or ranges needed to be closed last year due to the success of the prescribed burns on Fort Riley, Neely said, although some restrictions did have to be put in place.

The firefighters of station one bid for their assignment to the station to be a part of the wildlands specialty.

“Our firefighters, they bid into the station (they want) and then they’re permanent there,” Coufal said.

Neely said men and women find their passion in wildland firefighting, whether it’s from an interest in natural resource management, outdoor recreation or natural beauty.

“Some guys have an interest in natural resource management,” Neely said. “It’s a totally different change of pace than any of these other guys that are dealing with maybe structures or drills or traffic accidents. It’s just a totally different line of work. To get out there (into the woods and prairie) when you’re on a 48-hour shift ... for maybe five hours each time, it breaks up that 48-hour shift quite a bit too.

Along with their specialty in wildland firefighting and their primary mission on structural fires and EMS, the firefighters of station one assist other stations. From hazmat to heavy rescue to traffic accidents and everything in between, the firefighters of Fire Station One serve Fort Riley day and night.

HOUSE AD

3x3 Gary’s Berries, per the Daily Union

DoD

Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

American as apple pie

Post gears up for 2016 Fall Apple Day Festival

FESTIVAL ATTRACTIONS

- 3-Pod Bungee Jump
- Apple Pie Sales
- ATV Ride
- Band of BROs
- Cavalry Demos
- Community Health Experience
- Expo & Vendor Tent
- Fire & Rescue Display
- Food Tent & Picnic Areas
- Inflatables
- King of the Mountain
- Laser/MILES Range
- Military Dog Demos
- Museum Gift Shop
- Music & Entertainment
- Obstacle Course
- Period Re-Enactors
- Petting Zoo
- Pie Eating Contest
- Recreation Midway
- Rock Wall
- SKIESUnlimited Performance
- Static Displays

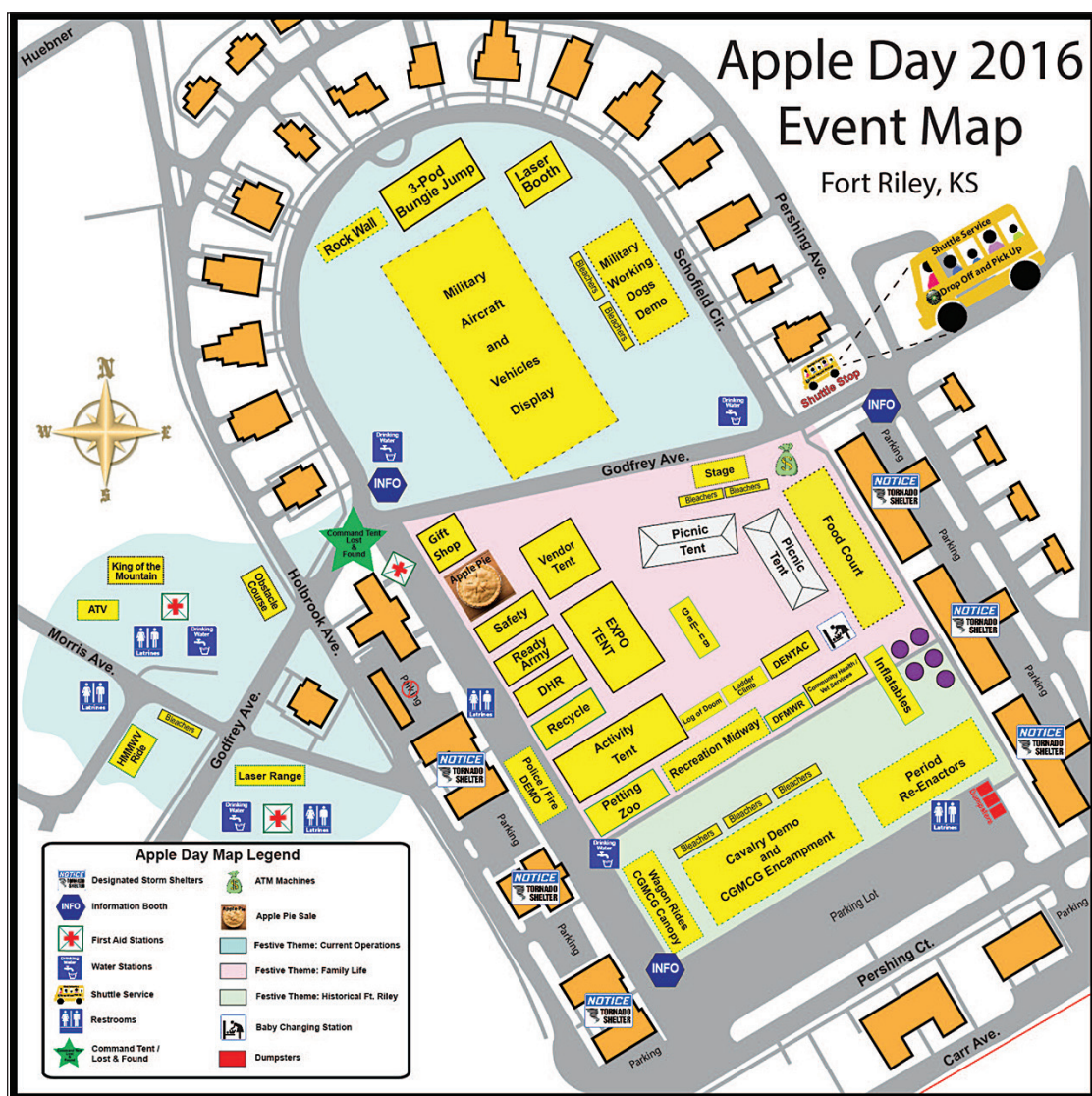


Shauna Laauwe, wife of Lt. Col. Brad Laauwe, commander of 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, places toppings on apple pies Sept. 6, for the Fall Apple Day Festival Sept. 10 at Artillery Parade Field. For full coverage of the festival, see the Sept. 16 edition of the 1st Infantry Division Post.

Photos by Maria Childs | POST



TOP: Alissa Turner, wife of Brig. Gen. Bill Turner, deputy commanding general for the 1st Infantry Division, mixes apples with spice Sept. 6 to make Libby Custer's apple pie recipe for the Fall Apple Day Festival Sept. 10 at Artillery Parade Field. ABOVE: Jimi Parker, who is part of Lady Troopers, a community organization, peels and cores apples donated by HyVee Sept. 6.



SCHEDULE OF EVENTS

- | | | | |
|--|--|---|--|
| <ul style="list-style-type: none"> • 9:45 a.m.: Pie-Eating Contest, Stage • 10 a.m.: SKIESUnlimited Performance, Stage • 10 a.m.: Wagon Rides Begin, South Artillery Parade Field • 10 a.m.: Military Working Dog Team Demo, North Artillery Parade Field • 10:30 a.m.: BRO 100th Anniversary Talk, Stage | <ul style="list-style-type: none"> • 11 a.m.: SKIESUnlimited Performance, Stage • 11 a.m.: Cavalry Performance, South Artillery Parade Field • 11:15 a.m.: Pie Eating Contest, Stage • 11:30 a.m.: ATA Manhattan Performance, Stage • Noon: SKIESUnlimited Performance, Stage • Noon: Military Working Dog | <ul style="list-style-type: none"> Team Demo, North Artillery Parade Field • 12:15 p.m.: Pie-Eating Contest, Stage • 12:30 p.m.: Armed Forces Trivia Quest Challenge, Stage • 12:45 p.m.: Musical Performance: Tiger Gilliam, Stage • 1 p.m.: Cavalry Demo, South Artillery Parade Field | <ul style="list-style-type: none"> • 1:45 p.m.: SKIESUnlimited Performance, Stage • 2 p.m.: Military Working Dog Team Demo, North Artillery Parade Field • 2:15 p.m.: Band of BROs, 1st Inf. Div. Band, Stage • 2:30 p.m.: Cavalry Demo, South Artillery Parade Field • 3 p.m.: Wagon Rides End, South Artillery Parade Field |
|--|--|---|--|



Spc. Alexander Viele, a nodal network systems operator assigned to 267th Signal Company, Special Troops Battalion, 1st Infantry Division Sustainment Brigade, pose with a dog from the Junction City/Geary County animal shelter Aug. 26. Viele volunteers at the animal shelter about two to three times a month. Viele also volunteers at various places around Fort Riley and surrounding communities.

Volunteer efforts a matter of the heart

Soldier dedicates time to volunteering because of love for it

Story and photo by Sgt. Takita Lawery
1ST INF. DIV. SUST. BDE. PUBLIC AFFAIRS

"I watched another Soldier being awarded the Military Outstanding Volunteer Service Medal, and I told myself 'wow,' that is cool. I want to receive exactly that."

That was the beginning of the long road that Spc. Alexander Viele, a nodal network systems operator assigned to 267th Signal Company, Special Troops Battalion, 1st Infantry Division Sustainment Brigade, has been on since that day. Now, with 128 volunteer hours completed, he may well achieve his goal as he continues to perform volunteer work for Fort Riley and other surrounding communities in Kansas.

"Spc. Viele is an extremely focused and motivated Soldier," said Sgt. 1st Class Craig M. Jacobs, the acting first sergeant for the "Warbirds." "He sees every task through to the end and always gives 100 percent."

Viele, who says he has always been the athletic type, took a liking to soccer when he was just four years old. He jokingly stated that his high school, Red Creek High School in Red Creek, New York, was so small that they did not have a football team, so at a young age he began playing soccer. He played soccer year-round, as well as at Daemen College, a Division II school.

During high school, he participated in a six-month foreign exchange program in Costa Rica. He graduated high school ninth in his class with a 90.1 class average. During his sophomore and senior years, he also volunteered to help train children for the Special Olympics. He competed in the state championship for Science Olympiad and was also part of the team that won a soccer sectional championship. While at Daemen College majoring in physical therapy, he was an assistant teacher for first-grade Spanish, in which he is fluent and started his own-school sponsored Airsoft club.

The enjoyment Viele gets from being active and positive were huge factors in him wanting to do volunteer work. During the winter soccer season on

See VOLUNTEER, page 14

FORT RILEY POST-ITS

WARRIORCON AND MINI-CON

Staff at Warrior Zone will host the following events Sept. 10. **Mini-Con** will be from 11 a.m. to 1 p.m. and is a family friendly event so bring your mini-me. It will feature a kids' costume contest, photo ops with cosplay heroes and kid-friendly food and drink. **WarriorCon** will be from 2 p.m. to 11 p.m. and is for those age 18 or older, and features cosplay contest, all-day anime, gaming and tournaments, giveaways, photo opportunities and more. Admission is \$1. For more information call 785-240-6618.

FORT RILEY COMMEMORATION CEREMONY FOR 9/11

A commemoration ceremony for 9/11 will be held on Fort Riley at the Global War on Terrorism monument between Cavalry Parade Field and the Cavalry Museum, Sept. 11 at 10 a.m. The ceremony serves to honor and remember those who lost their lives Sept. 11, 2001, as well as to recognize the sacrifice of the men and women who defend our freedom. Brig. Gen. Patrick Frank, 1st Infantry Division deputy commanding general, is the speaker. The ceremony is open to the public but those without a Department of Defense identification card will need to arrive early at the Henry Gate visitor control center to get a pass to the installation.

GARRISON COMMANDER'S COMMAND CLIMATE SURVEY

The Command Climate Survey will be available for Soldiers and Department of the Army civilian to complete Sept. 12 to 30. The CCS identifies what is working well and what areas need improving at Fort Riley. Your opinion matters — all eligible personnel are encouraged to complete the survey. A link and password will be sent by email when the survey is available.

APPRECIATION FOOD SHOW – BRING YOUR APPETITE

Soldiers, families, civilians and retirees are invited to an Appreciation Food Show, Sept. 13 at building 813, Marshall Army Airfield, 11 a.m. to 2 p.m. Several vendors will be in attendance for sampling food. The vendors participating supply food to the troops in Fort Riley dining facilities, daycare centers, the food court and other facilities on and off post which service Fort Riley community members. There will be door prizes including Royals tickets, Walmart gift cards, Hormel cooler and cutting board, Spangles gift cards and \$50 Visa gift cards.

ARMED FORCES TRIVIA QUEST

America's first live military game show will be held at Barlow Theater Sept. 12. Doors open at 6 p.m. and the show starts at 7 p.m. Test your trivia skills for a chance to win \$10,000 in prizes. For more information about becoming a contestant or to get free tickets visit www.triviaquest.org.

FIRST-TIME HOME BUYER'S TRAINING SEMINAR

Fort Riley Housing Services staff will offer free training to educate potential homebuyers at Fort Riley, 210 Custer Avenue, Sept. 15 from 1 to 4 p.m. Attendees will learn about qualifying for loans, different loan programs, first-time homebuyer programs, the process for buying a home and more. Reservations can be made by contacting the Housing Services Office at 800-643-8991 or 785-239-3525.



SOLDIER FOR LIFE TRANSITION ASSISTANCE PROGRAM EVENTS

Sept. 19 to 30, 8 a.m. to 5 p.m. each day; 80-Hour Hazardous Waste Worker Training Program, 100 Continental Ave. Grandview Plaza, Kansas. Sept. 21, 10 a.m.; to 3:30 p.m. Veteran Career & Resource Fair, Kansas City Convention Center, 301 W. 13th Street. Kansas City, Missouri

MURDER MYSTERY DINNER – “THE GREAT AMERICAN GAME SHOW”

The upcoming Murder Mystery Theater will be held Sept. 23 and 24 at 6:30, Riley's Conference Center. Cost is \$25 per person and will include dinner and entertainment. Here's your chance to be a star. Community volunteers are needed to participate as actors and actresses in the show. For more information contact Kimberly Wargo at 785-238-8990 or Kimberly.a.wargo.naf@mail.mil.

WARRIOR ZONE OKTOBERFEST

Oktoberfest at Warrior Zone will be held Sept. 30, 4 to 9 p.m. There will be German food, beer tasting, free funnel cakes and games. For more information call 785-240-6618..

THREAT AWARENESS AND REPORTING PROGRAM TRAINING

All Department of the Army personnel must receive TARP training annually and within 30 days of assignment or employment at Fort Riley. Personnel must attend a live training session rather than the online training, unless deployed to locations where live training is not possible. Training will be held at Barlow Theater at 10 a.m. on the following dates: Oct. 5, Nov. 9 and Dec. 7. For more information contact Shawn Formanek, counterintelligence agent, Fort Riley Field Office.

YOUTH DEER HUNT

Members of the Fort Riley Outdoorsmen Group, or FROG, will host a first time youth deer hunt on post Oct. 7 to 10. The hunt is open to youth ages 9 to 15. Experienced deer hunters from the FROG group will guide the first time hunters. A range orientation will be held at Range 4, Oct. 7 at 5 p.m. Youths must have a deer permit for Unit 8 and are encouraged to bring their own firearms, shells and hunter orange cap or vest. A limited number of these items will be available for youth who don't have them. No hunting experience is necessary. For more information or to sign up, email the FROG at fortrileyoutdoorsmengroup@yahoo.com.

NOW SHOWING AT BARLOW MOVIE THEATER

Friday, Sept. 9
Bad Moms (R) 7 p.m.
Saturday, Sept. 10
Storks (PG) 2 p.m. Studio advance screening — FREE tickets available at Exchange Food Courts
Jason Bourne (PG-13) 7 p.m.
Sunday, Sept. 4
Nerve (PG-13) 5 p.m..
Tickets are \$6 for adults and \$3.50 for children. Children under 5 are free. Tickets for 3-D and first run movies cost extra. For info, call 785-239-9574 or visit www.shopmyexchange.com/reel-time-theatres/Ft-Riley-Barlow-1076313.

VOCAL AUDITION – 1ST INFANTRY DIVISION BAND

Are you the next “Big Red One” vocalist? Auditions will be held Sept. 23 and 24. This is a temporary assignment. It will not consist of a permanent transfer to the 1st Inf. Div. Band or the Army band. The auditions are open to enlisted personnel and they are looking for one male and one female with an emphasis on country and pop singing. For more information or to schedule an audition Soldiers can call 785-239-4660 or email lawrence.w.evens6.mil@mail.mil.

HISPANIC HERITAGE MONTH

Hispanic Heritage Month for 2016 is Sept. 15 to Oct. 15. This years theme is embracing, enriching and enabling. A celebration will be held at Riley's Conference Center Sept. 21 from 11:45 a.m. to 12:45 p.m.

CHILD CAR SEAT CHECK LANE

Nationally certified child passenger seat technicians from the garrison safety office will hold a car seat check lane at Rally Point Sept. 24 from 9 a.m. to 1 p.m. Technicians will be available to install seats, answer questions, provide instruction on seat removal and reinstallation and more. They will check to determine if the seat meets safety standards and if it is on the National Product Safety recall list. Seats will be available for one to one swapouts for qualifying Soldiers.

GLOW BINGO

Staff will host Glow Bingo at Riley's Conference Center Sept. 24. The theme is football. It will also include minute to win it games and more. It is open to Department of Defense identification card holders and guests that are 14 or older. Admission is \$15 which includes a bingo package and glow novelties.

USO NEWS

A **Sip and Chat** event for spouses is held every Wednesday at USO Fort Riley from 9 to 10:30 a.m. **Operation Happy Birthday:** USO Fort Riley volunteers will deliver a cupcake to Soldiers during the month of their birthday. See the USO Fort Riley Facebook page to sign up. There are also No Dough Dinner Nights and Family Game Nights held monthly. The date varies for these events. For more details on USO events call 785-240-5326.

COMMUNITY CORNER

Fall Apple Day offers chance to share what we do with our community

By Col. John D. Lawrence
FORT RILEY GARRISON COMMANDER

While the first day of fall is still a couple of weeks away, we at Fort Riley can judge when the fall season arrives by when the installation hosting Fall Apple Day. Apple day is a chance for us as a military to highlight your Army and historic Fort Riley. It is an event filled with activities, military equipment displays, interaction between civilians and Soldiers and of course, sharing a piece of Elizabeth “Libbie” Custer's famous apple pie. Libbie was the wife of Lt. Col. George Armstrong Custer who was assigned to Fort Riley after the Civil War.

This event is our opportunity to share who we are and what we do; both with our families and the people of the local communities who support us every day. By sharing just a little part of our life with others, we develop bonds that create great partnerships and a common understanding of military life. There will be opportunities to ride in Humvees, climb on and in military vehicles, view examples of the “Big Red One” aviation fleet and see Soldiers from the Commanding General's Mounted Color Guard conducting horse riding demonstrations. Some new activities include a 3-Pod Bungee, face painting and the exhibition of the Big Red One



Traveling Road Show. The traveling road show will feature artifacts from the museum that document the history of the 1st Infantry Division. As you walk around, don't forget to have your picture taken with one of the many reenactors supporting the event, eat some great food provided by vendors and our Family Readiness Groups and just enjoy the day with family and friends. This year's Fall Apple Day is provided through the commitment and effort of Soldiers and civilians representing just about every unit and directorate on Fort Riley as well as many of our private organizations on and off post.

This demonstration of teamwork showcases why Fort Riley is special to so many of us and why we want to share it with the members of the local communities. On page 11 in this issue of your newspaper you will find a map and schedule of events to help plan your Fall Apple Day experience. My family and I look forward to joining you on Artillery Parade Field this Saturday. — To comment on this article or to suggest a topic for Community Corner, email usarmy.riley.imcom.mbx.post-newspaper@mail.mil or visit my Facebook page at www.facebook.com/fortrileycg.

HAVING A SPLASH ON LABOR DAY



Season Osterfeld | POST Families enjoy the last few weeks of hot summer weather and the long holiday weekend with a day of fun in the sun Sept. 5 at the Colyer Forsyth Community Center swimming pool. Sunshine and warm weather brought dozens of families to the pools across the neighborhoods on post for Labor Day weekend. Others enjoyed barbecues and picnics with friends in their backyards and at the parks located throughout Fort Riley. Those seeking a quieter time relaxed with a day of fishing at Moon Lake.

DON'T

WAIT.

COMMUNICATE.

MAKE YOUR
EMERGENCY PLAN TODAY.

AMERICA'S
PrepareAthon!

Ready

NATIONAL PREPAREDNESS MONTH 2016

Cellphone use while driving is prohibited on post. Phone calls may be made only with a hands-free device. Texting is included in the ban. Failure to adhere to policy will result in a \$75 fine.



Soldiers of the Commanding General's Mounted Color Guard provide free wagon rides to families Sept. 3 during the Fall into the Library party at the Fort Riley Post Library. The party was designed to usher in the coming of fall and let families enjoy Labor Day weekend with a fun, free event, said Terri Seaman, contract manager for the Fort Riley Post Library.

Families celebrate coming of fall at Fort Riley Post library

Library event offers segue into post's Fall Apple Day Festival

Story and photos by Season Osterfeld
1ST INF. DIV. POST

Families gathered for an afternoon of bouncing, eating and wagon riding Sept. 3 at the Fort Riley Post Library for the Fall into the Library party.

The party celebrates the final days of warm weather and helps families get excited for the coming season of fall, said Terri Seaman, contract manager for the Fort Riley Post Library. It also reminds them that even as the weather gets colder, the library is still open to them.

"Fall Apple Day is a week from now and there's always that anticipation of, 'oh, it's coming up,' but there was never anything going on the weekend before and everyone was really antsy, we thought we'll fill that gap and give them something to do, something fun to do and then it kind of leads into that celebration," Seaman said.

Staff and volunteers served free pulled pork sandwiches and cold drinks for lunch as children bounced about inside an inflatable bounce house. The Commanding General's Mounted Color Guard also offered free wagon rides around the library and Morris Hill Chapel.



Spc. Alycia Nabours, Commanding General's Mounted Color Guard, talks with children about the horses pulling the wagon for free rides Sept. 3 at the Fall into the Library party at the Fort Riley Post Library. Staff and volunteers served free food and had an inflatable bounce house available for kids to enjoy at the party celebrating the final days of summer and coming of fall.

"Finally, finally got this all coordinated to where they (the color guard) could come out," Seaman said. "We've been trying to do this forever and it finally fell together."

Children and parents alike were excited to see the horses and ask questions about their care and abilities. Several parents commented the wagon ride came as a pleasant surprise for them and their children.

"Kids loves it," Seaman said. "They are lining up to get on board and they're (the color guard) doing an awesome job. They're taking them for a good five minutes of a ride."

Samantha Chapman, wife of Warrant Officer Gerard Chapman, 1st Combat Aviation

Brigade, 1st Infantry Division, attended the party with her 4- and 2-year-old children. She said she frequently attends the events put on by the library staff and appreciates how engaged library personnel are with the community. Chapman added she loves the Fort Riley Library because her kids are able to be kids and be loud sometimes in a place that is traditionally considered quiet and strict.

"The library is supposed to be the quiet place and the kids love coming and getting books ... Now when they come, it doesn't have to be so peaceful," Chapman said. "Kids can be loud sometimes and this gives them the chance to be loud while they get their books."

October conferences provide venue to make voice heard

Army Family Action Plan to conduct teen, adult conferences

By Season Osterfeld
1ST INF. DIV. POST

Personnel of the Army Family Action Plan are hosting the AFAP Teen Conference and AFAP Adult Conference in October for members of the Fort Riley community to make their voices heard.

Both the teen and adult conferences offer a platform for people to express their concerns, ideas and suggestions about the quality of life available to them on Fort Riley. Attendees will be able to discuss their wants and needs with AFAP personnel to help create change for their lives and the lives of others at Fort Riley.

The Teen Conference is Oct. 8 from 9 a.m. to 3 p.m. at the Teen Center, 5800 Thomas Ave.

All middle school and high school aged teens of active duty Soldiers, survivors, reserve, National Guard, retirees and Army civilians are welcome to attend the conference.

"The Teen AFAP Conference was specifically designed to make sure that their concerns and ideas are heard," said Jane Brookshire, AFAP manager, Army Community Service. "At

IF YOU GO

WHAT: Army Family Action Plan Teen Conference
WHEN: 9 a.m. to 3 p.m. Oct. 8
WHERE: Teen Center, 5800 Thomas Ave.

WHAT: Army Family Action Plan Adult Conference
WHEN: 9 a.m. to 3 p.m. Oct. 20
WHERE: Riley's Conference Center, 466 Seitz Drive

times, some think that because they are young their thoughts and ideas are not taken seriously. This program is to show them that the Fort Riley and the Army are listening. The teen conference will discuss their ideas for improvements and changes within the Garrison and the Army as a whole. Participation in this event gives them the opportunity to directly affect their quality of life."

The Adult Conference is Oct. 20 from 9 a.m. to 3 p.m. at Riley's Conference Center, 466 Seitz Drive.

"This grass roots program specifically was made to make sure that the Total Army Families recommendations, issues and ideas regarding quality of life issues could be addressed," Brookshire said. "This is a great way to make sure that Big Army and local leadership know the challenges that are faced every day navigating the system and programs that are currently set in place. The AFAP conference is also an amazing way to share your ideas and suggestions regarding programs, policies and regulations that are already in place."

All active duty, retirees, family members over the age of 18, Army civilians, survivors, National Guard and reservists are invited to attend the conference. Advanced registration is required.

Since 1983, personnel of AFAP have provided active duty, reserve component Soldiers, survivors, retirees and their family members a way to make their voice heard regarding their standards of living and their concerns known for Army senior leadership resolution. Issues, comments and concerns may be submitted year round through the Interactive Customer Evaluation system, at the garrison ACS office, on the garrison website or to a unit Family Programs Liaison.

To have your concern or idea discussed, submit your comments through ICE, to the ACS office or one of the drop boxes at the Warrior Zone or Family Central. Comments may also be emailed to Jane Brookshire at laura.j.brookshire.civ@mail.mil or usarmy.riley.imcom.mbx.acs@mail.mil.

For more information for either conference, call 785-239-9974.

TUESDAY TRIVIA CONTEST



The question for the week of Sept. 9 was: What are the requirements for an official or no-fee passport?

Answer: go to www.riley.army.mil/News/Article-Display/Article/547446/passport-passenger-service-center-provides-updates-on-process-changes/

This week's winner is Jodi Porter. Her spouse is Sgt. Ryan Porter, Division Headquarters and Headquarters Battalion, 1st Infantry Division.

Pictured, from left, are Kaiden Porter, Jodi Porter, Brynleigh Porter, Willie the Wildcat, Braylon Porter and Sgt. Ryan Porter, DHHB.

CONGRATULATIONS, JODI!

Fort Riley Army Family Action Plan Conference

October 20, 2016 9:00am - 3:00 pm
Riley's Conference Center • 446 Seitz Drive
Advance registration required

Speak Out! Your Voice Makes A Difference

Issues can be submitted in drop boxes around post, in person at ACS, or online at riley.army.mil
Free child care available for volunteers

For more information 785-239-9974

2016

Fall Apple Day Festival

Saturday
September 10 • 9am-4pm
Artillery Parade Field
Fort Riley, Kansas

Look forward to:

- Fun events for all ages!
- Petting zoo + ATV rodeo
- Historical reenactors + exhibits
- Military helicopter + tank displays
- Cavalry horse + military dog demos
- Vendors, food and apple pies!

Free • Open to the public
Please, no pets or alcohol allowed
For a full list of activities, visit riley.armymwr.com

THE FIGHTING FIRST!



ABOVE: A third-grade teacher from Seitz Elementary School covers a student with bright blue paint powder during the Dragon Dash Sept. 1 at the school. BELOW: Students of Seitz Elementary School dance around in the mist of a garden hose to prepare to be covered in bright colored paint powder Sept. 1, during the Dragon Dash.

Seitz Elementary Dragons get colorful new school year started

Story and photos by Maria Childs
1ST INF. DIV. POST

Bursts of bright colored paint powder lingered as the students and family members participated in the Dragon Dash Sept. 1 at Seitz Elementary School. Two days prior, the run was postponed because of inclement weather, but that didn't stop the Dragons from showing their school spirit.

Jodi Testa, principal at the school, said the event is the first of the school year.

"This is a great way to kick-off the school year and brings us all together as a family," she said. "It's a nice event because it's one that everyone can be successful with – they can walk, run and participate with their families."

Ayla Krugh, 10, daughter of 1st Sgt. Mark Krugh, Company D, 1st Combined Arms Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, was covered head to toe with the paint powder, mostly bright red.



"I enjoyed that I got a lot of colors," she said with a big grin.

She said she particularly enjoyed the blue paint powder because that is her favorite color.

Caeler Rayburn, 9, son of Chief Warrant Officer 4 Matthew Rayburn, Criminal Investigation Command, also said his favorite color of paint powder was blue, but he enjoyed running most of all.

"I liked that I could have fun and run around," he said.

Before the event, all of the children were sporting bright

white T-shirts. They were sprayed with a garden hose to allow the powder to stick to their white shirt during the run.

The school's partner unit – Company A, 82nd Engineer Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division – was there helping the participants stretch before the run.

"We come to any event they invite us to," he said with a streak of yellow powder across his face. "Today we helped them stretch and then ran the race with them."

'GUARDIAN' SOLDIERS HELP OUT IN 'OLD TOWN'

"Guardian" Soldiers from the 116th Military Police Company, 92nd Military Police Battalion volunteered at the historical Trails, Rails and Tails, Spirit of the Chisolm Trail Celebration in "Old Town Abilene", Abilene, Kansas, Sept. 2 to 4.

COURTESY PHOTO

VOLUNTEER Continued from page 11

Fort Riley, he was a coach for 5 to 7 year-olds, which he said was a great experience.

"He always strived to take the opportunity to use a coaching point to teach the children on the Futsal (indoor soccer) team a lesson that can be applied to areas beyond Futsal," said 1st Lt. Benjamin P. Clemente, 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, who also coached the youth soccer team.

Along with coaching soccer, Viele also volunteers at the Geary County animal shelter, Habitat for Humanity, Food Harvesters in Topeka and other locations around Fort Riley and Junction City.

"I stick with volunteering not because of the hours or rewards that might come with it, but because I love it," Viele, the youngest of four siblings, said. "It still definitely means a lot to me to get recognized

"I love the Army itself ... I love being around people."

SPC ALEXANDER VIELE
1ST INFANTRY DIVISION
SUSTAINMENT BRIGADE

for the things that I already love to do."

Viele joined the Army in 2014, and says two people influenced his decision to join – his older brother Michael and his uncle Norman Watts. Michael attended the state championship for Science Olympiad at West Point two years in a row, in which Alexander, a sixth grader at the time, went for support. His uncle influenced him because he served during Vietnam.

"I was amazed because of the whole campus environment," the Fair Haven, New York, native said. "The Army

seemed incredible, and something I was very attracted to."

Viele described his job as being stressful at times, but it's worth it because he loves being around people.

"I love the Army itself; I love hanging out with Soldiers all day and I love going to PT," the Soldier said. "I love being around people."

With Viele doing so much in the volunteer world, he still makes time to be an outstanding Soldier. He carries a notebook around with him wherever he goes that contains his accomplishments while in the Army. To name a few, he has received a waiver to get promoted to the rank of specialist in 18 months of service rather than 24, he went to air assault school and graduated and he's the armorer and Better Opportunity for Single Soldiers representative for his unit.

"Whenever I do something of any sort, I write it down so I won't forget," Viele said.

SUMMER SAFETY

TIPS FOR STAYING COOL

- Be aware of the heat. Pay attention to it and modify your activities appropriately.
- Pay attention to your hydration status and be sure to drink plenty of fluids.
- Try to stay in relatively cool areas, even when outside. Many public places, such as libraries, shopping malls and movie theatres, are air conditioned.
- Avoid hot, enclosed places, such as cars. Never leave children or pets unattended in a car parked in the sun.
- Use a fan, if available.
- Stay on the lowest floor of your building.
- Eat well-balanced, light and regular meals.
- Wear loose-fitting, lightweight and light-colored clothing.
- Cover windows that receive a significant amount of sun with drapes or shades to help keep your house cool.
- Weather stripping and proper insulation will keep cool air inside your home.
- Cool beverages are good for cooling down the body, while alcoholic drinks can impair the body's ability to regulate its temperature.

SIGNS OF HEAT OVEREXPOSURE

- Heavy sweating — though if heat stroke sets in, the body no longer can compensate and stops sweating
- Pale skin
- Muscle cramps
- Feeling tired and weak
- Altered mental status (confusion or disorientation)
- Headache
- Becoming semi-conscious or passing out
- Nausea or vomiting

For more informatoin, contact the Garrison Safety Office at 785 239.2514.
To learn about safety across the installation, visit www.riley.army.mil/Units/GarrisonCommand/Safety/

Sports & Recreation

ON THE LOOKOUT: SEVENTH ANNUAL DOVE HUNT BEGINS FALL SPORTING SEASON



First Lt. Gage Thackston of the 631st Explosive Ordnance Disposal unit, and his black labrador retriever Jade, wait in the brush during the Fort Riley Seventh Annual Dove Hunt Sept. 2. Staff of the Directorate of Family and Morale, Welfare and Recreation, Environmental Division Conservation Branch and volunteers of the Fort Riley Outdoorsman Group hosted the hunt. There are more FROG events coming later in the fall, for more information throughout hunting season, email frog@fortrileyoutdoorsmengroup.com.

By Maria Childs
1ST INF. DIV. POST

Despite shooting 15 dove the opening day of hunting season, Ollie Hunter left empty handed from the Fort Riley Seventh Annual Dove Hunt Sept. 2.

Before the hunt began, the major concern was the number of dove in the area.

“We’re hoping the recent cold temperatures have not sent the birds away,” he said about two weeks before the hunt.

Staff of the Directorate of Family and Morale, Welfare and Recreation, Environmental Division

Conservation Branch and volunteers of the Fort Riley Outdoorsman Group hosted the hunt as an introductory event for beginning hunters in the area.

Hunter, who was the huntmaster, said he has a special connection to dove hunting. It was his first hunting trip with his dad when he was 12 years-old. It is one of the only hunting adventures that is considered social.

“Everything else is in a tree stand and in the woods by yourself,” he said.

Participation requirements included a Kansas hunting license, Habitat Improvement Program permit and gun registration at the

Visitor Control Center outside Marshall Army Airfield gate. For this hunt on this day, hunters did not need the Fort Riley Hunting Access Permit, which is required for every other hunting adventure on post.

In the state of Kansas, 15 doves per day is the maximum a hunter can obtain. Hunter said it takes a certain level of marksmanship to become a savvy dove hunter.

“It’s very visual,” he explained. “Were talking about looking at birds that are 300-400 yards away and preparing yourself for the shot ... its very deliberate, what you do with your feet, gun and eyes. It’s a visual game.”

Spc. William Jacob Meeks, Headquarters and Headquarters Company, 1st Combined Arms Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, was one of the hunters who managed to bag a dove.

“Ienjoy the sports,being outdoors mainly,” Meeks said. Dove hunting “is usually a constant activity. You’re always vigilant and paying attention to the environment.”

Meeks said hunting is usually a family affair for him.

“Hunting is a way I provide food for my family,” he said. “My kids enjoy it. It’s a family activity.”

Being stationed at Fort Riley, Meeks said he considers himself lucky to be presented with so many hunting opportunities.

“There is a wide variety of hunting,” he said. “There’s plenty of land to hunt. It’s very well maintained.”

A youth deer hunt will be hosted by volunteers of FROG Oct. 7 through 10. For more information about upcoming FROG events throughout hunting season, email frog@fortrileyoutdoorsmengroup.com.

To learn more about hunting regulations on post, call 785-239-8579.



ABOVE: Amanda Vaughn, wife of Command Sgt. Maj. Terry Vaughn, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, completes a Russian twist during the Aug. 3 class of Kettlebell at Whitside Fitness Center. The class begins at 5:15 a.m. Mondays and Wednesdays. **RIGHT:** Jill Glasenapp, executive officer for U.S. Army Garrison Fort Riley and instructor of Kettlebell class at Whitside Fitness Center, demonstrates a V-up during the Aug. 3 class of Kettlebell at Whitside Fitness Center.

Story and photos by Maria Childs
1ST INF. DIV. POST

Complete a two-lap run, 40 Kettlebell swings, 20 Russian twists and a 200-meter row. Repeat.

Participants of the early morning Kettlebell class at Whitside Fitness Center completed this workout Aug. 3 as part of their morning routine.

The class, taught by Jill Glasenapp, executive officer for U.S. Army Garrison Fort Riley, is a high-intensity resistance training program that allows participants to get cardio and resistance training at the same time.

“Most people who are coming like it because it is efficient, they are getting their cardio and resistance training and it is all in one 1-hour package,” Glasenapp said. The class is offered every Monday and Wednesday at 5:15 a.m. at the fitness center, with the only exception being holidays and training holidays.

Although the class is still new to the fitness schedule, Glasenapp is not new to teaching it. She taught it for about eight months a year and a half ago. She took a break and returned in April 2016. The fitness center staff were looking to broaden the class schedule for

See **FITNESS**, page 16

Need more Kettlebell?



Lady Troopers focus on friendships for upcoming volleyball season

Story and photo
by Season Osterfeld
1ST INF. DIV. POST

Players of the Fort Riley Middle School eighth grade volleyball teams had their first two games of the season Sept. 1 at Fort Riley Middle School.

The Lady Troopers A and B teams faced off against teams from Clay Center Middle School in Clay Center, Kansas, and Marysville Middle School in Marysville, Kansas. Each match was played as the best of two out of three games.

While the A team did not take the victory against Marysville, the players stayed in good spirits, talking and laughing with one another after the game.

“I think we did pretty good for our first game, we talked a lot,” said Joanelys Ortiz, 13, daughter of Staff Sgt. Juan Ortiz, 299th Brigade Support Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division.

Coach Sara Elliot, who is also an eighth grade math teacher at Fort Riley Middle School, said the players did well, but she sees areas to work on with them during their coming practices.

“They did well, we have a couple things to improve on, but I was very happy with our first game,” Elliot said. “After their butterflies got done with the first game, they were moving and passing a lot better.”

The A team has two new players on the roster this season. The players are still getting to know their teammates and are getting back into volleyball shape, but Elliot said she sees them doing well.

“It’s always an adjustment for everyone just getting back into the volleyball swing,” Elliot said. Usually



Players of the eighth grade volleyball A team hit the ball back over the net to their opponent during the first volleyball match of the season Sept. 1 at Fort Riley Middle School. The “Lady Troopers” faced off in two different games against Clay Center Middle school from Clay Center, Kansas, and Marysville Middle School from Marysville, Kansas.

the new players can jump right in and catch on with what we’ve been doing and the girls are really good about getting them caught up and making them feel like part of the team.”

In contrast to the A team, the B team has six new players on the eight-person team. Coach Pedro Espinoza, who is also an English Language Learner teacher and coordinator at Fort Riley Middle School, said this creates a new challenge for his players, but he has high hopes for them.

“It’s pretty challenging because it’s almost like we have to start from the beginning, where other places, they have been playing club volleyball and they know the basics, so for us, we have to start from the basics, the beginning, and it feels like the turn around here, it’s great here,” Espinoza said.

Despite the majority of the players on B team being new to volleyball, he said he was pleased with how the matches went and for the season to come.

“I feel good ... I tell the players ‘win or lose, if you’re out there giving it your all, giving it your best, that’s what I want to see,’” Espinoza said. “There were a few mistakes that could have been avoided, from the line up to the rotation, but other than that, the girls played well.”

Lucy Rivera-Ramirez, 13, daughter of Spc. Alnoris Rivera, 1st Combat Aviation Brigade, 1st Inf. Div., said she was also happy with how her first volleyball game went.

“I wish we would have won, for sure, but it’s okay,” Rivera-Ramirez said. “I’m surprised, I didn’t know we would do so good and for me, being

my first game, I’m happy.”

Rivera-Ramirez said she decided to start playing volleyball so she could spend more time with her friends and make new friends. She added she is looking forward to winning games throughout the season, but is most interested in having fun.

“(I’m looking forward to) winning a few games and getting to spend time with my friends and having fun,” she said.

Espinoza said he also wanted to see the players come together as a team and build new friendships with each other from this season.

“I hope to see the players come together as a team and play as a team,” he said. “Winning is important. We all want to win games, but I want to see the girls coming together and playing as a team and growing as a team and eventually winning as a

FITNESS Continued from page 15

the civilian population who work a different workday than Soldiers, and this one of the solutions.

Glaserapp said she encourages anyone who is interested in increasing their basic core strength and coordination of movement to begin weight training should consider trying this class.

“Kettle bell can be intimidating from the outside,” she said. “It is completely scalable. The workouts are designed to span across any fitness level ... if you have limitations, I can adjust to you based on what you can and can’t do and it is a great way to start strength training.”

Amanda Vaughn, wife of Command Sgt. Maj. Terry Vaughn, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, saw the class on the fitness schedule and she said her

husband and her thought it would be fun to try out.

“We finally got brave enough to wake up at 4:30 and come,” she said. “It’s quick. It’s a good cardio workout with weights included. I like that it is early – get it done and over with.”

Getting the workout done early seems to motivate others in the group.

Erica Holloman, wife of Staff Sgt. Kenneth Holloman, 1st Support Maintenance Company, 541st Combat Sustainment Support Battalion, 1st Inf. Div. Sustainment Brigade, said her time is limited between her husband’s work schedule and their kids.

“I like early morning classes because I can get it out of the way,” she said.

For more information about the fitness schedule, visit riley.armymwr.com/us/riley or call Whitside Fitness Center at 785-239-3146.

2X5 Sunny’s ad,
per the Daily
Union



Travel & Fun in Kansas

★ SEPTEMBER 9, 2016

HOME OF THE BIG RED ONE

PAGE 18

PHOTOS COURTESY OF THE KANSAS CITY RENAISSANCE FESTIVAL



Travel through time at Renaissance festivals

Story by Season Osterfeld
1ST INF. DIV. POST

Travel to a time of knights and dames, jesters and jousting and turkey legs with the Kansas City Renaissance Festival, the Great Plains Renaissance Festival and the Flint Hills Shakespeare Festival.

This year marks the 40th season for the Kansas City Renaissance Festival with the theme of "Passport to the World." Each weekend is themed with special events.

The festival runs every weekend from Sept. 3 to Oct. 16, including Labor Day and Columbus Day, 10 a.m. to 7 p.m. at 633 North 130th Street, Bonner Springs, Kansas. Parking is free.

There is food, live entertainment, such as jousting and belly dancing, street performances, games and vendors with a variety of handmade items, some made right there at the festival.

Tickets for the Kansas City Renaissance Festival are \$21.95 for adults, \$12.95 for children ages 5 to 12, children under 4 are free, students and seniors are \$19.50 and military identification holders may receive a buy one adult ticket, get a second person free deal by showing their ID. Advance tickets for a lower cost, two-day passes and season passes are available.

For more information about the Kansas City Renaissance Festival, visit kcrenfest.com or call 913-721-2110.

From kings, pirates and fairies, the Great Plains Renaissance Festival has everything for a weekend of time travel.

Festival goers can enjoy a variety of live performances, artisans and vendors with handcrafted goods, competitions, games and much more.

The festival also features the Kansas Authors' Pavilion, a place for authors of all genres to meet and greet those who attend.

For those looking for entertainment away from the kids, the Pirate Smoker comedy show is a live act filled with jokes for those 18 and older only.

The Great Plains Renaissance Festival is Sept. 24 and 25 from 10 a.m. to 6 p.m. at Sedgwick County Park, Wichita, Kansas. Tickets and additional information are available online at their website, www.greatplainsrenfest.com.

Costumes are not required for either festival, but are greatly encouraged.

For something closer to Fort Riley, the Flint Hills Shakespeare Festival provides the atmosphere of the Renaissance with a "village" and the play "Julius Caesar" at Sir William's Hollow in Saint Marys, Kansas.

The festival is open Sept. 9 to 11 and Sept. 15 to 18.

Gates open at 5 p.m. and the play begins at 7 p.m. and 6:30 p.m. Sundays.

Tickets are available for sale online or at the gates. It is \$10 for a full festival pass and children under 5 are free.

For more information about Shakespeare Festival, visit www.flinthillsshakespearefestival.com.

