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ARCTIC WARRIOR

JOINT BASE ELMENDORF-RICHARDSON'S SOURCE FOR NEWS

SPARTAN AGOGUE

PAGE 7



**LOW OBSERVABLE
AIRMEN BRING THE
STEALTH**

PAGE 3

**ARCTIC MEDICS,
SOFTBALL CHAMPS**

PAGE 9

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RED FLAG



CLOCKWISE FROM TOP: Airmen listen to a safety brief during Red Flag-Alaska 16-3 Aug. 18.

Air Force Capt. Darshan Subramanian, with the 36th Airlift Squadron, performs preflight checks inside the cockpit of a C-130 Hercules from Yokota Air Base, Japan, during RF-A.

Airman 1st Class Joshua Yon is dwarfed by a C-130 Hercules from Yokota Air Base, Japan, during Red Flag-Alaska 16-3 at JBER Aug. 18. Yon is assigned to the 374th Aircraft Maintenance Squadron.

ABOVE: Yon marshals the C-130.



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ARCTIC WARRIOR

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HEALTH AGENCY DIRECTOR PRAISES JBER HOSPITAL

By **AIRMAN 1ST CLASS CHRISTOPHER MORALES**
JBER Public Affairs

THE DEFENSE HEALTH AGENCY director visited the JBER hospital Aug. 18, during her tour of many health-care facilities to determine which plans and practices need to be developed, advanced or sustained.

“I think the DHA has the opportunity to create solutions that we haven’t been able to pursue very efficiently or very effectively when we’ve been trying to do it as three separate services,” said Navy Vice Adm. Raquel Bono, DHA director. “[The JBER hospital] is an area where I’m [very] impressed by the delivery of care that the Air Force and Army provide to our Soldiers and our Airmen.

“I think the JBER hospital is a great example of how the departments of Defense and Veterans Affairs can work together to take care of their patient population,” said Bono.

The DHA is a joint agency that enables the Army, Navy and Air



Vice Adm. Raquel Bono, Defense Health Agency director, tours the Joint Base Elmendorf-Richardson hospital Aug. 18. (U.S. Air Force photo/Airman 1st Class Christopher R. Morales)

Force medical services to provide a healthy force to combatant commands in both peacetime and wartime, according to *health.mil*.

“I’m here because one of the responsibilities I have as the director of the DHA is to oversee the Tricare program,” Bono said. “We have an office here to help make sure that the network we create is sufficient and complementary to what the medical clinic is able to provide to all the beneficiaries in the Alaska area.”

Bono said she wants all beneficiaries’ needs met, and wants to help the services achieve that goal.

“During the last 15 years of war, we’ve really revolutionized the care of trauma patients and casualties,” Bono said. “If you had a pulse and you happened to show up to one of our outreaches, combat support hospitals, or expeditionary medical facilities, then you would have [had] a 99 percent chance of survival.”

In these locations, the military

had medical experts from multiple fields, within the Army, Navy and Air Force, working together to get the mission done.

“That tri-service approach is why we had such a high survivability,” Bono said. “We came together, realized our collective goal, and went after it regardless of our uniform.”

When wounded warriors returned to their units, families and homes, the best practice was a holistic approach integrating family and friends, not a single or episodic care practice, Bono said. That model of care is what the DHA would like to provide in more practices.

The biggest challenge restricting these efforts is institutional habits, Bono said. Technology and healthcare knowledge are constantly growing, but some people want to continue doing an outdated procedure or practice because it has been done that way for so long.

“The time is now to design a healthcare system around our patients, instead of asking our patients to design their lives around our healthcare system,” Bono said. ●

Low Observable flight Airmen bring stealth to JBER

By **AIR FORCE MAJ. CARLA GLEASON**
477th FG Public Affairs

STEALTH TECHNOLOGY HAS been in development for decades, dating back to the 1950s, but the words still evoke images of sci-fi movies and futuristic civilizations. On Joint Base Elmendorf-Richardson, though, stealth systems are part of our reality and everyday mission, where more than 130 Airmen including active duty, Reserve and civilian members, work around the clock to ensure more than 40 F-22 Raptors maintain their low observable profile.

Low observable, more commonly termed stealth, describes the capability of the Raptor to minimize radar detection. Low observable aircraft structural maintenance members design, fabricate and modify the unique metals, plastics, paint, composite and bonded materials that create the stealth effect.

While it may look like arts and crafts with templates and paint, in reality LO operations are camou-

flage for science nerds, said Senior Master Sgt. Travis Schlapbach, 477th Maintenance Squadron chief.

“The execution of the tasks is not difficult, but as you dig into the weeds of what it is we’re actually dealing with – electromagnetic engineering, structural systems and so many technical aspects – LO is incredible,” Schlapbach said. “It really is rocket science.”

Despite its daunting job description, LO attracts Airmen from all walks of life.

Airman 1st Class Nathan Abuan, the most recent Reservist to join the flight, was here Saturday during his first 477th Fighter Group unit training assembly.

“To be honest, I became interested in the Air Force because of a banner in a coffee shop,” said Abuan, an architect working at an engineering firm in Anchorage. “I was enticed by the aircraft [F-22] but it was almost like a joke. When I told my girlfriend at the time she laughed. But I went to see a recruiter and the next thing you know, I found myself in Basic Military Training at Lackland.”

Abuan, who arrived in Alaska from the Philippines more than 15 years ago, said he was looking for something different, a break in the routine.

When he read the LO job description, he said it seemed to fit.

He hopes the experience he gains with the 477th FG will make him a competitive candidate for an aeronautics firm in the civilian sector as well.

“Architecture and LO are totally different, but the technicalities of the two are similar,” Abuan said. “It’s the difference between the structure of a building and the structure of an aircraft.”

Those who have been part of the unit for longer, like Staff Sgt. Ryan Weeks, say it’s more than just job satisfaction that keeps him motivated. “I enjoy doing what I do, and I like having a full-time job that lets

me be here in Alaska,” said Weeks, who worked as a traditional Reservist for years before being offered a full time Reserve technician position in the unit. “The templates and the hands-on work come easily to me, but the best part is the opportunity to make new friends with my co-workers and spending time with them off duty.”

As with most jobs in the Air Force, the Airmen take the off-duty time when and where they can; mission schedules are demanding. With LO in particular, mission sorties hinge on efficient job completion.

“LO is a lot of touch work,” Schlapbach said. “You get the feel for the pieces and for the spray gun and equipment.

“But the details take time.” ●



Munitions inventory

The 3rd Munitions Squadron will conduct semi-annual inventory Sept. 1 through 9. Users must schedule requests for issues and/or turn-in around these dates. During the inventory, only emergency requests will be processed. They must be submitted in writing and approved by the group commander or equivalent. For information, call 552-3098 or email jber.FV5000@elmendorf.af.mil.

Legal Education Program

The Office of the Judge Advocate General is accepting applications for the Army’s Funded Legal Education Program. The Army will send up to 25 officers to law school at government expense. Those interested should apply through command channels for the LSAT immediately.

For information, call 384-0313.

Fuel station closure

The military fuel station at 12th St. and Fairchild Ave. is closed for renovation. As this is the only station on JBER-E aside from the flightline, those without flightline access will need to use Building 988 on JBER-R. In emergency, the Fuels Service Center may dispatch a fueling truck; call 552-5180.

Reserve ‘Scroll’

Officers wanting to transition to the Air Force Reserve must

have their commission transferred to a list called “the Scroll” and approved by the Secretary of Defense. The process averages 120 days, but can take longer, and must be approved before you begin participating in the Air Force Reserve, which may mean a break in service.

Even if you’re unsure about transitioning to the Reserve, the Scroll process can be initiated.

For information, call 552-3595.

Pothole repair

The 773d Civil Engineer Squadron encourages all Joint Base Elmendorf-Richardson personnel to report potholes. In housing areas, contact Aurora Housing at 753-1051. Other requests will be tracked by 773d CES. Take note of the location, including cross-street names or building numbers.

Then email 773CES.CEOH.PotHoleRepair@us.af.mil or call 552-2994 or 552-2995.

Include your name and contact information so crews can follow up about location or the severity.

Weather and mission permitting, potholes will be repaired within 24 hours of being reported.

Special victim counselor

Victims of sexual assault are entitled to legal assistance services.

Communication is protected by attorney-client privilege. The SVC ensures the victim’s rights, as outlined in the Crimes Victim Act,

are protected. Those rights include being treated with fairness and respect; being reasonably protected from the accused offender; being notified of court proceedings; being present at all public court proceedings related to the offense; being able to confer with the prosecutor; receiving available restitution; and receiving information about the conviction, sentencing, imprisonment, and offender release. Eligible clients include all active duty military of all branches of service, mobilized Reserve Component members, retirees (and the dependents of these sponsors) who make a restricted or unrestricted report for sexual assault.

For information, call 353-6507.

DLA Document Services

Defense Logistics Agency Document Services duplicates and prints documents, including color, large-format photographic prints, engineering drawings, sensitive materials, technical manuals and training materials. They also do design, printing and distribution of business cards, letterhead, invitations and programs. The Equipment Management Solutions Program provides multifunctional devices that print, scan, copy and fax.

They also offer Document Automation and Content Services, a service for building digital libraries of content with online access. It is

open 7 a.m. to 3:30 p.m. Monday through Friday.

For information, visit documentservices.dla.mil, visit the office at 984 Warehouse Street, or call 384-2901.

U-Fix-It Store

The U-Fix-it stores, open to all Aurora Military Housing tenants, issue home maintenance items. Availability is subject to change and limits; some may have a cost. American flag kits and fire extinguishers are available. U-Fix-It work includes all home maintenance, allowing occupants to make minor improvements and repairs.

The JBER-E location is 6350 Arctic Warrior Drive and is open 8:30 a.m. to 5 p.m., Tuesday through Friday, closed from 1 to 1:30 p.m. for lunch, and Saturday, 9 a.m. to noon and 1 to 4 p.m. (closed for lunch noon to 1 p.m.).

The JBER-R office is at 338 Hoonah Ave., open from 8:30 a.m. to 5 p.m., Monday through Friday, and closed from 1 to 1:30 p.m. for lunch. A blind-cleaning machine is available at the JBER-E location; priority goes to those PCSing.

For information, call 375-5540.

Richardson Thrift Shop

The JBER-Richardson Thrift Shop, Building 724, Quartermaster Drive, is open Tuesday and Thursday from 10 a.m. to 2 p.m., Wednesday from noon to

6 p.m., and first and third Saturdays from 11 a.m. to 2 p.m.

Consignments are accepted whenever the shop is open; for information, call 384-7000.

OTC pharmacy counter

The main pharmacy at the JBER hospital has opened an over-the-counter medication clinic for DoD beneficiaries, open from 7:30 to 10:30 a.m., Monday through Friday. Select “over the counter drug needs” at the kiosk.

This does not replace a visit with a provider. Flyers and patients who are on personnel reliability program status, pregnant, or under the age of 2 are not eligible due to special needs. The clinic offers basic pain relievers, cough, cold and allergy medications and others.

For information visit www.facebook.com/JBERPharmacy.

In-Home child care

Providing child care in your on-base housing comes with many responsibilities. The licensing process applies to anyone regularly caring for other families’ children more than 10 hours a week. It does not apply to those providing care in another family’s home or for occasional care. The licensing process comes with training, support, a lending library of books, toys and supplies, and reimbursement for food costs. To become a provider, call the FCC Office at 552-3995.

ADS



Pfc. Daniel Keplin, a native of Spokane, Wash., assigned to the 1st Battalion, 501st Parachute Infantry Regiment, 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, U.S. Army Alaska, gathers his gear during a joint-forcible entry exercise at Malemute Drop Zone on Joint Base Elmendorf-Richardson Aug. 23, as part of Exercise Spartan Agoge. The brigade-level exercise began Aug. 15 and is focused on combat-related tasks from squad live-fire to helicopter air insertion and airborne training. (U.S. Air Force photo/Airman 1st Class Valerie Monroy)



ABOVE: Pfc. Olliver Larson, a native of Lake Tahoe, Nev., assigned to H Co., 1-501st PIR, pulls on a harness strap. (U.S. Air Force photo/Justin Connaheer)
RIGHT: Army Capt. Duncan Braswell, B Company, 1st Battalion, 501st Parachute Infantry Regiment, stays low as he moves to an assembly area. (U.S. Air Force photo/Justin Connaheer)



Paratroopers assigned to the 4/25th IBCT execute a joint forcible entry exercise at Malemute Drop Zone (U.S. Air Force photo/Justin Connaheer)

Friday
Youth movie night

Head to the Kennecott Youth Center at 6 p.m. for a G or PG-rated movie.

For information, call 552-2266.

Saturday
Women in the Wilderness

Meet up with the Women in the Wilderness group at 10 a.m. to learn hunting and processing.

Equipment and transportation provided; for information, call 552-4599/2023.

Sunday
Moose processing

Learn to process a moose and make sausage at the Outdoor Recreation Center from noon to 4 p.m.

For information call 552-4599/2023.

Monday
Torch Club

This club helps youth become responsible, caring citizens and acquire skills for life. Members will learn leadership skills and have opportunities for planning, contributing to the community and much more.

For information, call 384-1508.

Thursday
Combat Cross-Country

Meet at Attu Hall at 1 p.m. for this 10-mile relay that starts at 2 p.m. Bring a team of five, with a 35-pound ruck, uniforms and boots.

For information, call 384-1304/1312.

Women’s intro to climbing

Meet up at the Outdoor Adventure Program from 5 to 7 p.m. and learn to climb and belay.

For information, call 552-4599/2023.

Single Airman climbing

Meet at the Outdoor Adventure Program for this outdoor

rock-climbing trip from 5 to 9 p.m.

For information, call 552-4599/2023.

Weekly science club

Children in Kindergarten through 6th grade can discover the world of science from 4 to 5 p.m. at the JBER Library. For information, call 384-1640.

Wednesday
Indoor rock climbing

Scale the walls of the JBER-E Outdoor Recreation Center from 5 to 7 p.m., but be sure to register first.

For information, call 552-4599/2023.

STEM activities

Youths ages 9 to 18 who are Youth Program members can learn problem-solving while being challenged and engaged at the Two Rivers Youth Center starting at 4 p.m.

For information, call 753-7467.

Sept. 24
Air Force Ball

Commemorate the Air Force’s 69th birthday in style at the annual ball at the Egan Center in Anchorage.

Tickets are available now; for information, visit jberafball.com.

Ongoing
Care registration

Looking for a fun before-and-after school program? Enroll your child in the Ketchikan School-Age Program before Aug. 29.

The office, behind the Polar Bowl, is open from 6 a.m. to 5:30 p.m.

For more information, call 552-5091.

Fitness Sit-up and Push-up clinics

Every first and third Wednes-

day of the month, the Elmendorf Fitness Center hosts clinics designed to teach proper sit-up and push-up techniques in an effort to enhance overall performance and fitness test scores.

For more information, call 552-5353.

Sunday Funday bowling

Head to the Polar Bowl for deals on pizza, bowling, shoes, and soda.

For information, call 753-7467.

Potter Marsh Bird Walks

Join the guides Saturday mornings from 8 to 10 a.m., or Tuesdays from 6:30 to 8:30 p.m. for a leisurely guided walk – rain or shine – and learn about the birds and wildlife that make the edge of Cook Inlet their home.

For information, call 267-2281.

Nine & Dine

Enjoy dinner, nine holes of golf, a cart, and prizes Mondays at Eagle Glen Golf Course.

Dinner begins at 5:30 p.m. and golf begins at 6:30 p.m. Bring a team or join a team for a great way to meet new people.

For more information, call 428-0056.

JBER Wildlife Education
Center activities

Learn about Alaska’s amazing animals and natural resources at this free museum, with interactive displays for the kids too. The center is located at Building 8481 and open Monday through Friday from noon to 4 p.m. (subject to staffing availability).

For more information, call 552-0310 or email jberwildlife@gmail.com.

Wildlife Wednesday

Stay scientifically enriched with the this free science lecture

series on the second Wednesday of each month at the Alaska Zoo Gateway Lecture Hall.

Each lecture begins at 7 p.m. and covers a different topic of wildlife research in Alaska.

For information, visit alaska-zoo.org.

Library Story Times

Evening Story Time: Tuesdays 6:30 to 7 p.m.

Toddler Tales: Wednesdays 10 to 11 a.m.

Preschool Story Time: Tuesdays and Thursdays 10 to 11 a.m.

Surprising Science: Thursdays 6:30 to 7:30 p.m.

Sunday Pizza and Pins

Enjoy bowling and pizza at the Polar Bowl with deals on pizzas, sodas and shoe rentals for up to five bowlers.

For information, call 753-7467.

Alaska’s Northern Lights

Love the aurora, but don’t love standing in the cold in the middle of a winter night? Check out the Alaska Center for the Performing Arts as they bring the grandeur to you in high-definition in summer. Shows start every hour from 9 a.m. to 9 p.m. through Sept. 4.

For more information, call 263-2993.

Anchorage market

Every weekend from 10 a.m. to 6 p.m., pick up fresh produce, exotic goods or souvenirs at one of the largest farmers’ markets in the state. More than 300 vendors, music, food and entertainment make it great. For information, call 272-5634 or email info@anchoragemarkets.com.

Music in the Park

Head to Peratrovich Park behind the Egan Center on 4th Ave. Wednesdays at noon. Bring lunch, a friend, or both. For information, call 279-5650.

Chapel
services

Catholic Mass

Sunday

8:30 a.m. – Richardson Community Center

11:30 a.m. – Midnight Sun Chapel

Monday and Wednesday

11:40 a.m. – Richardson Community Center

Tuesday and Friday

11:30 a.m. – Midnight Sun Chapel

Thursday

12:00 p.m. – Hospital Chapel

Confession

Confessions are available anytime by appointment or after any mass. Call 552-5762.

Protestant Sunday
Services

Liturgical Service

9 a.m. – Heritage Chapel

Gospel Service

9:30 a.m. – Midnight Sun Chapel

Community Service

10:30 a.m. – Heritage Chapel

Collective Service

11 a.m. – Arctic Warrior Chapel

Chapel Next

5 p.m. – Chaplain Family Life Center

Jewish Services

Lunch and Learn

Fridays at 11:30 a.m.

Kosher lunch provided.

At the CFLTC

Call 384-0456 or 552-5762.

Religious Education

For schedules, call the Religious Operations Center at 552-5762 or 384-1461.

Matters of Faith: Growing a new shell not easy, but worth it

by **AIR FORCE CHAPLAIN (CAPT.) JESSICA PROPHITT**
673d ABW Chaplain

This summer, my family and I moved from Georgia to Alaska. To say we are experiencing a change in weather would be an understatement. While we enjoyed the cooler summer, we are very anxious about the winter ahead. My husband and I grew up in the south; we have never lived further north than North Carolina. Neither of us have shoveled snow or needed clothing heavier than a hoodie. We are learning about snow cleats and studded tires, and how to dress our 3-year-old for snowy bus rides to preschool.

We are very excited about our new home. But while we are still on

American soil, we are experiencing a way of life that is very foreign to us. Things here are different and they will take some getting used to. Different isn’t bad, it’s just different. As military members, we experience different a lot. Sometimes different is good; sometimes different takes us by surprise and forces us out of our comfort zone. While uncomfortable, transition times are great opportunities for growth.

Rabbi Abraham Twerski uses a lobster to illustrate how stress helps us grow. A lobster is a soft animal that grows a hard shell to protect itself – but once the shell hardens, it is no longer able to grow.

The shell stops growing, but the soft lobster doesn’t. When the body exceeds its capacity, it must shed the

shell and grow a new one.

It could be tempting for the lobster to stay in its shell – but if it doesn’t leave, its growth will end.

The military provides many opportunities for us to shed our shells and grow into new ones, but the process isn’t easy.

During this transition, I’ve found myself grasping for familiar food, places to shop, routines – and reaching back to family and friends to find comfort in familiar relationships.

There is nothing wrong with this; in times of stress, finding safety in the familiar can be a healthy coping mechanism. But at some point, I know that I need to move forward and embrace this new shell.

By God’s grace, I have already found myself finding comfort in the

warm smile of new friends and delight in the taste of new foods. As I’ve begun to integrate into my new home, I’ve found so many things I look forward to becoming familiar with – like the majesty of the mountains and the laid-back vibe of Alaska culture.

Transition – whether a move, a seasonal change, or a new relationship – can be difficult. But buried under all the stress of change are great opportunities to receive new blessings and find new gifts you didn’t know you had. If you find yourself struggling, I pray you find courage to let go of the familiar and make room for the newness life may bring. Before you know it, you will have a strong shell – ready for the next adventure life has in store. ●



MAGIC MEDICS

ARCTIC MEDICS CLINCH SOFTBALL CHAMPIONSHIP



TOP: Andrew Taylor throws the softball to first base for the out at the baseball field behind Buckner Physical Fitness Center, at Joint Base Elmendorf-Richardson Aug. 18. The Arctic Medics with the 673d Medical Group were undefeated in the 2016 season. (U.S. Air Force photos/Airman 1st Class Javier Alvarez)

ABOVE: The 703d Aircraft Maintenance Squadron faced off against the Arctic Medics of the 673d Medical Group in the championship game Aug. 18, but despite a solid performance, they couldn't keep up with the undefeated Medics. Thirty-eight teams participated in the intramural softball 2016 season. Each team played 18 games in the regular season. Eight teams with the best record made it to the playoffs.

RIGHT: Dustin Johnson of the Arctic Medics runs to home plate.



HELPING THE COMMUNITY STAND AGAINST ASSAULT

by **AIRMAN 1ST CLASS CHRISTOPHER MORALES**
JBER Public Affairs

JBER SOLDIERS, AIRMEN SPEND VOLUNTEER TIME TO HELP

The community, built of Soldiers, Airmen and civilians, hurts itself every time an act of sexual assault is committed, but together the community can reduce these acts and heal from the damage done.

“Our goal is to eliminate and eradicate sexual assault, but also [to] help the victims, whether it’s through Sexual Assault Prevention and Response, Sexual Harassment and Assault Response and Prevention, or Standing Together Against Rape,” said Army Master Sgt. Lisa King, SAPR noncommissioned officer in charge for the 673d Air Base Wing.

The three organizations work together to make this community safer while providing help and support for individuals in need.

“JBER and STAR want to see the same result; sexual violence to go down,” said Danielle Mohr, STAR community educator. “Ultimately, we just want any clients of JBER or STAR to find the resource that works best for them.”

More than five months ago a switch to a joint hotline gave JBER one number to call for both SHARP and SAPR if anyone experienced sexual harassment, sexual assault

or crisis. JBER now has 15 credentialed victim advocates who volunteer their time to answer the hotlines and educate the base.

An alternative route for service members who don’t want to involve the military is to call STAR, King said.

They have a very similar set up; victim advocates provide counseling and support all the way through the process.

Many Soldiers and Airmen volunteer their time as victim advocates for both their respective branch and STAR, working after-hours, on the weekend and even during holidays.

Training is important, because new victim advocates must learn, and current advocates must remain credentialed, King said. Recently, Green Dot has been used to train installation leadership, victim advocates, and for all annual and pre-deployment training.

Green Dot is a preventative strategy aimed at power-based violence, such as sexual assault, dating violence, abuse and bullying through increased bystander intervention.

“We are partnered really well with STAR and have a good working relationship,” King said. “They provide community education for us as well as man outreach booths with us. Overall, we are doing really well educating people on reporting and the option to go restricted.”

When speaking to a victim advocate, the client has the choice to make their case restricted or unrestricted.

Restricted reporting discloses the crime to a select few and allows a

victim to receive medical treatment and counseling without starting an official investigation process.

Unrestricted reporting provides the same medical treatment and counseling, but officially starts an investigation.

Senior Airman Katrina Kappele, 673d Contracting Squadron contracting specialist and victim advocate since Nov. 30, volunteers her time to teach and lead SAPR briefings across base.

She has already spoken at the First Term Airmen Center, newcomer’s briefings, and several squadrons.

“I’m nervous before every [brief] because it is such an important thing, and I try to make it more involving, but it is a little tough at times considering the subject,” Kappele said. “I think we like to pretend it can’t happen to someone we know or ourselves, so we just pretend it doesn’t happen.”

“My really good friend, in technical school, was sexually assaulted, and ever since then I wanted to help make sure this doesn’t happen to anyone else,” Kappele said. “Had I known [the perpetrator] was a creep, I could’ve prevented it.”

Danielle Mohr, STAR community educator, teaches age-appropriate material to kids, adults, businesses, military units and community members about healthy relationships, consent, bystander intervention, sexual assault, mandated reporting and more.

“For years, we have concentrated on telling the victims ‘well, if you don’t dress a certain way then this

won’t happen ...’ or ‘if you don’t go out and drink, that will keep you safer ...’ and we’ve also focused on the people who harm, by telling them not to rape or assault others,” Mohr said. “Really, these methods have proved ineffective, because we are victim blaming and accusing people of harming when, in fact, we know most people [aren’t the problem].

“So focusing on the bystander, bringing in someone to intervene, during power-based personal violence, gets the whole community involved to say ‘we don’t tolerate violence,’” Mohr said.

There are options for the victim of any sexual-based crimes:

- Call the joint hotline or STAR to make a restricted or unrestricted report
- Access medical care through the emergency room or your primary care manager
- Talk to a chaplain for private counsel and 100-percent confidentiality
- Contact law enforcement to make an unrestricted report
- Inform your chain of command, which will make an unrestricted report

If a report is made involving a person 17 or younger, the cases will be directed to the JBER Family Advocacy Program, Office of Children’s Services or Adult Protective Services.

To reach a victim advocate, call the 24-hour joint hotline at 384-7272, the 24-hour STAR crisis line at 276-7273, or the STAR toll-free crisis line at (800) 478-8999. ●

CELEBRATE THE INTERNET’S BIRTHDAY – WITH SECURITY, SENSIBILITY

by **SENIOR AIRMAN KYLE JOHNSON**
JBER Public Affairs

The World Wide Web celebrated its 25th anniversary Aug. 23.

Like many other advancements, the web has ushered in a new world of opportunity not limited to the well-intentioned.

“There’s always a threat,” said Special Agent Marquis Navarro, Air Force Office of Special Investigations Detachment 631. “Once you’ve been compromised, you don’t know who’s coming. If you can be blackmailed into something, you don’t know if it’s just a criminal

after money, someone looking for base secrets, or a terrorist looking for base access. You don’t know who’s on the other end.

“You don’t want to be the conduit to hurt other people, keeping everything secure keeps everybody safe.”

Protecting yourself online is critical.

“If you have social media, keep it secure,” Navarro said. “Set your privacy settings to the highest possible that particular media outlet allows. That way if you do start to see funky things happening, you know you’ve been hacked.”

With the ever-increasing array of smartphones

and wearable technology, network security no longer only affects a computer. Most people have an open door to their lives right in their pocket.

“A big trend lately is sextortion,” Navarro said. “A [service member] finds a person of interest on a chat location and everything’s going great. The other individual decides to send a naked picture – and it’s usually a female talking to a male – the Airman ... sends back a picture of himself.”

“A day or two later, the individual gets a message from the girl’s ‘dad’ stating his daughter is only 15 years old; ‘pay me money or I’ll

go to the authorities.’ So the unsuspecting Airman thinks he’s in trouble because any compromising position of someone under the age of 18 is considered child pornography. No Airman wants to lose his career over a mistake like that, so they end up paying. We’ve seen as much as \$5,000. It’s more common than you’d think. Since May, we’ve had four incidents like this here.”

If service members decide to use apps to meet people, they should do so cautiously and intelligently. Verify the age first, and if caught in a trap, report it sooner rather than later, Navarro said. It looks much

worse to try to hide suspected child pornography than it does to report it as soon as it comes to attention.

“We understand people don’t want to be associated with it,” Navarro said. “So they just pay them. What they don’t know is they’ll keep coming back. You know how they say don’t feed the animals? Same concept; if you keep paying the dirtbag, the dirtbag is going to keep coming back and the threat is still going to be there because they have all your stuff.”

There’s risk online; be aware of your digital footprint, perhaps now more than ever. ●

Intramural flag football
Team W L T

DIVISION 1

703 AMXS	3	0
962 AACS	3	0
373 IS	2	1
673 SFS 1	1	2
1-40 CAV	0	2
3 MXS	0	3
673 MDG	0	2
HHB 2/377 PFAR	0	1

DIVISION 2

673 ABW/WSA	2	0	
C CO 1-501	3	0	
673 CES	3	1	
B CO 6 BEB	3	2	
HHC 17th CSSB	2	2	
673 SFS 2	1	2	1
4th QM	0	2	1
C CO 307 ESB	0	2	
773 CES	0	3	

DIVISION 3

D CO 3-509	2	0
673 LRS	3	1
773 LRS	3	1
673 CONS	2	1
A CO 3-509 2	2	1
A CO 6 BEB	2	1
A CO 3-509 1	1	1
517 AS	1	2

SPORTS OFFICE
ANNOUNCEMENTS

Intramural basketball letters of intent for both the regular season and tournament are due Sept. 23. An organizational meeting will be hosted at Buckner PFC Sept. 30 at 1 p.m. in conjunction with the regular season meeting.

A double-elimination tournament will take place Oct. 1 through 14. For more information contact the Sports Office at 384-1312 or 384-1304.

WARRIOR ZONE
POOL TOURNEY SEPT. 10
PING-PONG TOURNEY SEPT. 24

Sign up for tournaments at the main countert the Warrior Zone. To compete for prizes, at least six players or teams must compete. Tournaments start at 2 p.m. and sign up is allowed up to the time of the event. For information call 384-9906.

UPCOMING SPORTS EVENTS

ARCTIC VALLEY OPEN GOLF TOURNAMENT SEPT. 3 AND 4.
MOOSE RUN GOLF COURSE 428-0056

JBER STRONG MAN SEPT. 10 AT 9 A.M.
BUCKNER FITNESS CENTER, 384-1369

8TH ANNUAL PAR 3 TOURNAMENT SEPT. 18 AT 9 A.M.
MOOSE RUN GOLF COURSE, 428-0056

PRO-AM BOWLING COMPETITION SEPT. 21 AT 7:30 P.M.
POLAR BOWL, 753-7467

PRO-AM BOWLING INSTRUCTIONAL CAMP SEPT. 22 AT 3 P.M.
POLAR BOWL, 753-7467

YOUTH SPORTS REGISTRATION

BASKETBALL/CHEERLEADING VOLLEYBALL

Registration for JBER youth basketball and cheerleading ends Sept. 2.

Registration fee is \$70 per participant; the season runs from Sept. 19 to Nov. 18. Register at either Kennecott or Two Rivers youth centers.

All participants must be registered with Youth Programs, have a current sports physical and immunization record.

For information call 552-2266 or 384-1508.

Registration has started for youth volleyball for ages 9 to 14 and will last till Nov. 15. All participants must be Youth Program members and have a current sports physical and immunization record.

The registration fee is \$70. The season runs from Nov. 28 to Jan. 30. Register at either the Kennecott or Two Rivers youth centers.

For information, call 552-2266 or 384-1508.



CLASSIFIEDS

MCGINLEYS
(2X2 FPC)

FIRST BAPTIST
(2X2 FPC)

PET EMERGENCY
(2X2 FPC)

MARK JUST
(3X3 FPC)

FILL
(3X3 FPC)

USAA
(6X10 FPC)

