

# THE 1ST INFANTRY DIVISION POST

★ 1DivPost.com FRIDAY, JULY 29, 2016 Vol. 8, No. 27 ★

FORT RILEY, KANSAS



Amanda Kim Stairrett | 1ST INF. DIV.  
Command Sgt. Maj. Jonathan Stephens, right, senior noncommissioned officer for 1st Infantry Division Artillery, welcomes Col. Scott Efflandt to the "Big Red One" July 21 after a Victory with Honors ceremony. During the ceremony, Efflandt, Brig. Gen. William A. Turner, left, and Col. Charles Masaracchia were welcomed as the division's new deputy commanding officer, deputy commanding general and chief of staff, respectively.

## Leadership recognized

### Outgoing, incoming leaders honored in Victory with Honors ceremony

By J. Parker Roberts  
1ST INF. DIV. PUBLIC AFFAIRS

The "Big Red One" officially welcomed three new leaders to the 1st Infantry Division with a Victory with Honors ceremony July 21 at the division's headquarters on Fort Riley. The ceremony also allowed Soldiers and civilians to say goodbye to two men who have had a great impact both within the division and in the state of Kansas.

Brig. Gen. William A. Turner, Col. Scott Efflandt and Col. Charles Masaracchia were welcomed as the division's new deputy commanding general, deputy commanding officer and chief of staff, respectively. Also honored were Col. Peter G. Minalga, the outgoing 1st Inf. Div. chief of staff, and John Armbrust,

the departing executive director of the Governor's Military Council.

"John and Karen Armbrust are examples of lifetime servants," Grigsby said of the exiting director and his wife. "We at Fort Riley have a saying: Fort Riley is the best place to live, train, deploy from, come home to and retire at. We believe all this, and you should to. It was through the efforts of people like John Armbrust who worked tirelessly and partnered with us over the many years to ensure we had the very best facilities and support from our civil elected leaders."

The Governor's Military Council seeks to grow and protect major military activities located in Kansas while creating defense-

See LEADERS, page 10



Amanda Kim Stairrett | 1ST INF. DIV.

Col. Charles Masaracchia, the 1st Infantry Division's new chief of staff, speaks with members of the local community July 21 after a Victory with Honors ceremony in his honor at Fort Riley. Masaracchia takes over the position from Col. Peter Minalga. Minalga is set to retire soon from the Army after a 26-year career.



During the full-scale protection exercise, Fort Riley military police arrive on the scene where three simulated active shooters attacked Soldiers and family members at Camp Funston July 20. The purpose of the exercise was to test all areas of emergency services of Fort Riley.

## Full-scale protection response practiced

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

A call was made at 7:30 a.m. July 20 to the Fort Riley Military Police reporting active shooters, dead and wounded at the paintball area of Camp Funston. Five minutes later, first responders arrived and began the annual full-scale protection exercise as a team of outside experts observed.

The annual exercise evaluates and validates Fort Riley emergency response plans and procedures, tests mission command nodes, improves ability to manage crises and return to normal operations following an event.

Each year there is a different scenario chosen by the Fort Riley protection working group.

"When developing our Installation Protection Exercise, our team considers several areas that will test our critical emergency management capabilities," said Chris Hallenbeck, emergency manager.

"Using an 'all-hazards' approach the scenarios are developed using realistic and appropriate incidents that could possibly occur on our installation."

The scenario this year included three active shooters with one

See EXERCISE, page 10



LEFT TO RIGHT: Shirley Avant-Ferguson, education services officer, Ken Steggemen, director of the Directorate of Human Resources, Brig. Gen. Patrick D. Frank, deputy commanding general for the 1st Infantry Division, and Col. John Lawrence, Fort Riley garrison commander, cut the ribbon to announce the official opening of Wainwright Hall July 18 following a rededication ceremony

## Wainwright Hall rededicated

### Ribbon-cutting ceremony held to announce opening of Wainwright Hall July 18

Story and photo by Maria Childs  
1ST INF. DIV. POST

Fort Riley Soldiers, civilians and family members celebrated the rededication and ribbon-cutting of Wainwright Hall, 211 Custer Ave. July 18. Following a remodeling project, the building is now

home to Fort Riley Education Services.

Brig. Gen. Patrick D. Frank, deputy commanding general of the 1st Infantry Division and Fort Riley, was the guest speaker.

"Buildings like Wainwright Hall have ensured that Soldiers at Fort Riley have been on point for the nation as those trained and educated in this building deployed around the globe to defeat our country's enemies and support our allies," Frank said.

Wainwright Hall, known as the U.S. Army Cavalry School, was built in 1889. Gen. Jonathan Wainwright, whom the building is named for, served in this hall on three occasions, first as a cavalry student in 1915, then as the tactics instructor from 1920 to 1921 and finally as the school director from 1931 to 1933. He survived the Bataan Death March where he was held as a prisoner of war for 39 months. He was awarded the Congressional Medal of Honor for his service.

"This building has experienced fire and reconstruction, but the facility you are about to enter has the spirit of the cavalry school," Frank said.

The renovations to the building include a new auditorium, office space and classrooms. Every counselor has his or her own office. All of the windows have been modernized and the building now complies with American with Disability

See WAINWRIGHT, page 10

#### FORT RILEY VOLUNTEER SPOTLIGHT



Staff Sgt. Sergio Toscano, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, volunteers with Child, Youth and School Services as a coach and mentor in youth soccer. He has volunteered as a youth soccer coach since 2006 at several installations. To learn more about volunteer opportunities, call Becky Willis, Army Volunteer Corps Program manager, at 785-239-4593.

#### ALSO IN THIS ISSUE



1ST INFANTRY DIVISION SOLDIERS VISIT RETIREMENT HOME, SEE PAGE 11.

#### ALSO IN THIS ISSUE



WHITSIDE FITNESS CENTER STAFF OFFER VARIETY OF FITNESS CLASSES INCLUDING ZUMBA MULTIPLE TIMES A WEEK, SEE PAGE 15.





# High-performing noncommissioned officers sought for career opportunity

By David Ruderman  
U.S. ARMY HUMAN RESOURCES  
COMMAND PUBLIC AFFAIRS

FORT KNOX, Kentucky — Up and coming noncommissioned officers interested in a rare career broadening assignment have until Sept. 8 to submit application packets for the Enlisted Aide Program.

The program is open to all active-component enlisted Soldiers in the ranks of sergeant (promotable) through master sergeant, regardless of military occupational specialty, said Master Sgt. Christian Price, U.S. Army Human Resources Command enlisted aide professional development noncommissioned officer.

Enlisted aides serve on the personal staff of a general officer and undertake a wide array of day-to-day tasks that free the officer to concentrate on his or her primary military and official duties. In practical terms that can include maintaining quarters, uniforms and military personal equipment; serving as the quarters point of contact; conducting official social functions; and preparing daily meals.

A selection panel will convene Sept. 13 to review applications and select the best qualified Soldiers. Publication of the selectee list is planned for early November, Price said.

The call for applications is explained in a military personnel

message issued June 30 by HRC's Force Sustainment Division, which can be accessed on the web at [www.hrc.army.mil](http://www.hrc.army.mil).

Detailed eligibility requirements, helpful program information and a completed model packet can be viewed on the general officer EAP web page at [go.usa.gov/xcFhh](http://go.usa.gov/xcFhh).

Prospective applicants should pay particular attention to the relevant eligibility criteria, Price said, and take advantage of the personal statement section to expand on their talents and strengths.

"I would recommend that the Soldier definitely take advantage of the personal statement, captivate the panel to say, 'This is not just what I am going to do, but this is what I can provide to the team,'" she said. "And the writing is also very important because, as we all are aware with the new Non-Commissioned Officer Evaluation Report, NCOs have to focus more on writing skills. It's a skill that the panel can take a look at and say, 'This NCO has what it takes.'"

Selected Soldiers who have not attended the enlisted aide training course or the advanced culinary skills training course at Fort Lee, Virginia, will be scheduled for training. Selected candidates outside the primary military occupational specialty of 92G will also attend the basic culinary course, Price said.

"What will happen is, when the service member gets selected by the panel, we are going to get them into the training as soon as possible," he said. We will give them training before they are selected by a general officer. That's the intent.

Once required training is complete, the selected NCOs are added to the enlisted aide personnel management ready pool, which is managed by Department of the Army Staff.

Those selected for assignment to a general officer will be assigned by the Quartermaster Branch to fill an additional skill identifier, ASI Z5, enlisted aide, position. Incidentally, the 92-G MOS, formerly known as food specialist, has been officially re-titled as culinary specialist since Oct. 1 of last year, Price said.

Assigned enlisted aides incur a two-year service obligation, which can be extended an additional year based on the needs of the Army. Assignments may be at the one- through four-star level at commands across the tactical, operational and strategic spectrum of the force.

Those who successfully complete their EA tour will return to their original branch for an operational Army assignment that is designed to ensure their leadership and MOS proficiency skill sets are maintained, an additional

benefit to the Army of the broadening experience, Price said.

The EAP includes NCOs from the Army's sister services too, giving Soldiers a joint training experience that empowers them to exercise and integrate their strategic, tactical and operational capabilities. It can prepare the select few — there are a total of 81 Department of Defense authorized billets across the Army — for enhanced leadership roles going forward, he said.


"That's very selective," Price said. "When looking at the Total Soldier concept, I think that if you place a Soldier in the EA community, it's going to make that NCO a lot smarter. You are training the Soldier to be a 'three-headed' type of a leader: strategically sound, tactically smart and, most importantly, operationally ready to tackle anything."

"Coming out of the program you will be able to function in so many different organizations, you are going to be an automatic asset. It's genius," Price said.

Soldiers who complete their EA assignments may return to the program after their follow-on operational tour by submitting another application packet and being selected for the candidate

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pool. Candidates who were not selected by previous panels may re-submit their packets for review. Soldiers who have a service remaining requirement for a bonus do not qualify to apply for EAP, with the exception of 92-Gs, who are exempt from that rule, he said.

Price said, so Soldiers who are interested should do their research and preparation now to meet the Sept. 8 application deadline. He

encouraged interested NCOs to contact him directly with questions or concerns.

"Just from my own professional experience, I think it's more relatable if the Soldier can talk to someone who has been in the job. They are more receptive to listening to how they can be successful," he said.

Price can be reached via email at [christian.d.price.mil@mail.mil](mailto:christian.d.price.mil@mail.mil) and by phone at 502-613-5181.

# Teamwork, leadership fostered at Camp Konza for JROTC cadets

Story and photo by Sgt. Zach Sheely  
KANSAS NATIONAL GUARD

Every summer, hundreds of Junior Reserve Officer Training Corps cadets from high schools across Kansas gather in Salina, Kansas, to participate in a different kind of summer camp.

Camp Konza — held at the Kansas Regional Training Center and facilitated by Kansas National Guard Soldiers — is a weeklong JROTC Cadet Leadership Challenge meant to push cadets outside of their comfort zone, overcome challenges and build leadership skills.

Think of it as condensed Army Basic Combat Training.

"As soon as they get off the bus they're paired up with someone they've never met before and assigned to a platoon," said retired Lt. Col. Richard Hodgson, the senior Army JROTC instructor at Topeka West High School. "That forces them to function with strangers and form a team."

The cadets are put through a rigorous week of events including a high ropes course, leader reaction course, crossing a rope bridge, drown-proof training, physical fitness training and land navigation, generally based on Army training models.

Sgt. Chancy Schmidt, a motor transport operator with the 731st Transportation Company, Kansas Army National Guard, volunteered to work as a senior instructor at Camp Konza for the second consecutive year.

"I love everything about it," Schmidt said. "It's great that these cadets get the opportunity to experience a camp to help them fulfill their dreams of one day becoming officers."



**Evan Roberts, a soon-to-be senior at Wichita South High School, gives a thumbs up while descending the zip line at Camp Weber, near Salina, Kansas, June 29, as part of Camp Konza. Roberts and hundreds of other Junior Reserve Officer Training Corps cadets from high schools across Kansas participate in Camp Konza each year.**

One cadet, Tessa Wilcox, who will be entering her senior year at Junction City High School in the fall, said she intends to serve.

"I do want to join the military, so getting this experience is beneficial for my future," Wilcox said. "I've learned a lot of team building. I've learned that someone has to be a leader and someone has to be a follower."

The cadets are assigned positions of leadership that correlate to rank structure within the military based on their time in the JROTC.

"I've learned chain of command," Wilcox said. "I've learned respect, for both subordinates and those in charge and why that's important."

Although cadets woke early each morning, marched and stood in formation, it's not only to prepare them for military life.

"We're here to build citizens, not Soldiers, necessarily," Hodgson said.

It's not all work though, according to Laura Campbell, a soon-to-be Junction City High School sophomore.

"My favorite part is learning about everyone," Campbell said. "Without them, I wouldn't be able to do it. You learn how to get the strongest link to push the weakest link and then the weakest link becomes the strongest."

Hodgson said the ultimate goal of Camp Konza is to better prepare the cadets for life after high school and noticed a marked difference in his cadets after participating in Camp Konza in years past.

"They come back much more assertive and much more self-confident," Hodgson said. "They are better leaders, having experienced this for a week. Whether they're leaders in the military or civilian sector, being able to overcome challenges is important either way."

# Leaders consider implementation of phased retirement program

By Andy Massanet  
1ST INF. DIV. POST

Senior leaders of the Department of Defense are considering whether to implement a department-wide phased retirement program for most DOD civilian employees.

"We've been in our working groups and have sent our findings to the senior executives," said Cary Stone, chief of Branch 3, Army Benefits Center - Civilian at Fort Riley.

According to a June 22 DOD press release, the intent of the program is two-fold: "assist DOD components and agencies with the transfer of knowledge and provide continuity of operations on a short-term basis."

According to the release the program, allows retirement-eligible full-time employees to request to work on a part-time basis while receiving a portion of their retirement annuity. It offers eligible employees the opportunity to transition into retirement while providing mentorship and development for the next generation of emerging subject matter experts.

The release added that participation in the DOD phased retirement program is voluntary and requires the approval of an authorized DOD component official based on written criteria that comply with the office of personnel management regulations. DOD components may opt to develop implementation guidance specific to their organizational structures and establish timeframes for accepting phased retirement applications.

Stone said, "groups of employees who are specifically excluded under regulation are employees covered under special retirement: firefighters, air traffic controllers and law enforcement officers."

According to a memorandum dated June 21, approvals of requests for phased retirement must be based on a sound business case and comply with Office of Personnel Management regulations. DOD components must have written criteria in place to approve or deny applications for phased retirement.

Employees accepted for the program must be retirement eligible who have been employed

on a full-time basis for at least a consecutive three-year period ending on the effective date of entry into phased retirement status. Those who are eligible, the memo says, include:

- DOD employees eligible under the civil service retirement system for an immediate retirement who have at least 30 years of service and are at least 55 years old, or who has at least 20 years of service and are at least 60 years old.
- An employee eligible under the federal employees retirement system for an immediate retirement who has at least 30 years of service and has reached his or her minimum retirement age, between ages 55 and 57, depending on his or her birth year, or who has at least 20 years of service and is at least 60 years old.

The phased retiree will work half the number of hours he or she worked as a full-time employee immediately before entering phased retirement, the memo says, since an intent of the program is the transfer of knowledge and the continuity of operations.

Phased retirees will mentor other employees for at least 20 percent of their working hours, and DOD components will establish mentoring guidelines to best fit their needs. Other conditions include:

Mentoring is not limited to an employee who may assume the phased retiree's duties upon the phased retiree's final retirement.

An authorized DOD component official may waive the mentoring requirement in the event of an emergency or other unusual circumstances — such as a phased retiree being called up for active duty — that would make it impractical for the phased retiree to fulfill the mentoring requirement.

There is also a mentoring component to the program. A phased retiree may be allowed to work more than half the number of hours if a DOD component official authorizes.

A component official is one delegated authority by that DOD component head to approve requests for phased retirement.

Working more than half the normal hours may be approved only in rare and exceptional circumstances meeting all of the following conditions:

- The work is necessary to respond to an emergency posing a significant, immediate and direct threat to life or property.
- An authorized DOD component official determines no other qualified employee is available to perform the required work.
- The phased retiree is relieved from performing excess work as soon as reasonably possible (e.g., by management assignment of work to other employees).
- When an emergency situation could have been anticipated in advance, management made advance plans to minimize any necessary excess work by the phased retiree.
- The established work schedule is subject to any applicable agency policy and applicable collective bargaining agreement.

While it is early in the evaluation process, Stone said, once DOD leaders approve the plan, "things will happen quickly after that."

For more information, call Fort Riley's Army Benefits Center - Civilian at Fort Riley toll-free 877-276-9287 or 785-240-2222.



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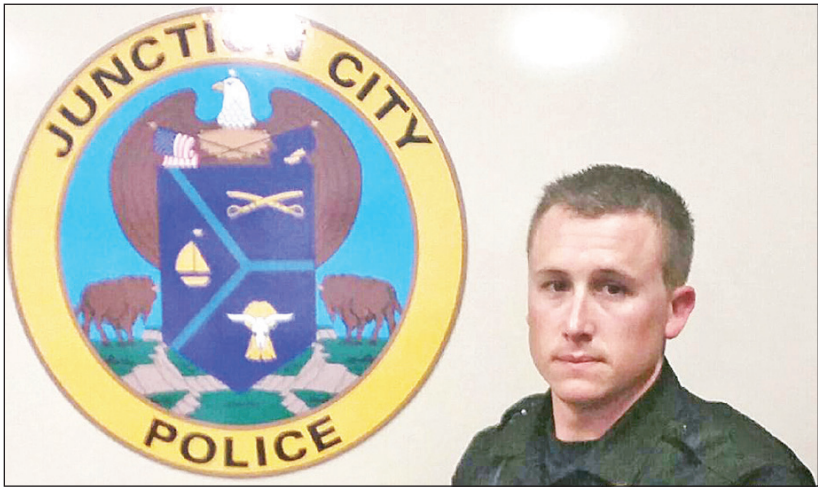


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# THEN & NOW



## Brandon Mau: a ‘Big Red One’ Soldier

By Phyllis Fitzgerald  
SPECIAL TO THE POST

Brandon Mau joined the Army in November 2005 from his hometown of Georgetown, South Carolina. He attended basic training and Advanced Individual Training at Fort Leonard Wood, Missouri. His Military Occupational Specialty was 12B, combat engineer.

Upon completion of his training in March 2006, Mau was assigned to Company B, 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division. Six months after he reported, the unit deployed to Iraq to support Operation Iraqi Freedom. The deployment lasted 16 months and his duties included route clearance and counter improvised explosive device operations for Soldiers prior to going on patrol.

When Mau returned from deployment, he was promoted to sergeant. He remained

stateside for one and a half years before returning to Afghanistan for another deployment in June 2009. During this deployment, the unit was reflagged to 555th Engineer Group out of Fort Lewis, Washington, but they remained under 1st Eng. Bn., 1st Inf. Div.

“Fort Riley was my only assignment,” he said. “I remember every Thursday was Sergeant’s Training time and on occasion we would go on a road march and rucksack down to Breakneck Lake and go fishing. Prior to going, we would pack our rucksacks with our fishing rods and other stuff needed to fish. We were conducting survival training.”

Mau was scheduled to get out of the Army in March 2010, but his enlistment was extended so he could complete three additional months in Afghanistan. The group returned to Fort Riley in June 2010 and in October he left the active duty Army.

“My reason for departing the Army was that I wanted to start a family and my wife (Kari) said enough deployments,” Mau said. “Kari was a school teacher at Eisenhower Elementary in Junction City. We stayed in Junction City because my wife is from Kansas and she was very influential to us staying here. We really enjoy the area and the community. Plus we are close to the largest body of water in the state of Kansas, Milford Lake.”

He said he enjoys mingling with the Soldiers and speaks their language and still enjoys the military life.

When Mau first departed the Army, he worked for Quantico and later became a Department of the Army Police Officer. In 2014, he was hired by the Junction City Police Department where he serves as a detective.

*Editor’s Note: To submit your “Big Red One” story, email fitzmiss@yahoo.com*

## Expeditionary Sustainment Command commander visits Fort Riley, ‘Durable’ brigade Soldiers

Story and photo by Sgt. Takita Lawery  
1ST INFANTRY DIVISION SUSTAINMENT  
BRIGADE PUBLIC AFFAIRS

Col. Douglas M. McBride Jr., commander of the 13th Expeditionary Sustainment Command, visited Fort Riley and the 1st Infantry Division Sustainment Brigade July 20 through 22.

The purpose of his visit was to discuss the III Corps initiatives and material management and to set up a framework and battle rhythm where all sustainment units are linked into a working group weekly, monthly and quarterly for better integration. He also observed the “Durable” brigade’s processes on the tactical level.

“It was great having the senior sustainers come check out our processes and systems to let us know how we can improve our techniques and procedures,” said Lt. Col. Russell W. Klauman, commander of the Special Troops Battalion, 1st Inf. Div. Sust. Bde. “He gave us some great mentorship.”

McBride, who took command six weeks ago, is responsible for synchronizing and integrating sustainment units and enterprises across the III Corps footprint. He stressed collaborating is critical in accomplishing those tasks.

“If we integrate and synchronize, we can mass effect to meet the Corp and division commander’s intent,” McBride said. “Right now we are a little decentralized so we have to collaborate so we can bring more power to sustainment units.”

Not only was McBride’s visit focused on discussing initiatives and how to make the team better, but he also met with Soldiers, noncommissioned officers and commissioned officers across the Durable brigade.



Col. Douglas M. McBride Jr., commander of the 13th Expeditionary Sustainment Command, speaks with members of the 24th Composite Truck Company, Heavy and 526th Quartermaster Composite Supply Company, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade, about drivers training July 21 in the “Truckmasters” motorpool. McBride’s visit was to discuss synchronizing and integrating sustainment units and enterprises across the III Corps footprint.

“My favorite part of the visit here was actually getting out to the formations,” McBride said. “I saw a sense of pride that the Soldiers take in ensuring they get back to sustainment and logistic fundamentals based on our core competencies as sustainers.”

McBride also discussed the importance of resiliency across the Army and within the formations.

“Not only is it critical for Soldiers to be resilient in what they do, but that’s what keeps them in the fight,” McBride said. “Being resilient allows them to be able to tackle tough problems and deal with the friction of realistic training as well as adversity and tough situations of combat.”

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An illustration of sports equipment: an orange basketball, a brown football, and a purple megaphone with the word 'CHEER' written on it in white.



TRAFFIC REPORT

ACCESS CONTROL POINT HOURS OF OPERATION

Until further notice, the Estes Access Control Point is closed every Saturday and Sunday, but will remain open Monday through Friday for privately owned vehicles only.

Also until further notice, 12th Street ACP is closed to privately owned vehicles on Saturdays. The commercial side remains open Saturdays. The 12th Street ACP is closed to all traffic Sundays but it is open to all traffic Monday through Friday. Grant Street ACP is closed every Saturday and Sunday, but remains open Monday through Friday to all privately owned vehicle traffic. Motorists wanting access to Fort Riley on Saturday or Sunday should use Ogden, Henry or Trooper gates.

The access control point hours are now as follows:

**Henry /Four Corners/ Trooper/Ogden:** Open 24/7  
**12th Street:** Open from 5 a.m. to 7 p.m., Monday to Friday; closed

to non-commercial traffic Saturdays; closed Sundays and federal holidays.

**Rifle Range:** Closed to all traffic.

**Grant:** Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

**Estes:** Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

CONSTRUCTION ON RIFLE RANGE ROAD CONTINUES

Construction on Rifle Range Road will affect traffic flow. The anticipated date of completion is mid-August. As a result, the work will affect travel to the schools in the area. School officials can offer guidance. There are detour and guidance signs posted, including detour routes along tank trail purple and through the Colyer-Forsyth Housing area. Motorists are asked to follow all guidance posted on signs.

HENRY DRIVE, RAY ROAD CONSTRUCTION TO SLOW TRAFFIC

Traffic changes will be in effect until approximately mid-August. Vehicles will be required to slow to 20 mph on both Ray Road and Henry Road to accommodate the continuing work.

CHANGES TO FORT RILEY ACCESS CONTROL POINTS

Traffic patterns have changed at several Fort Riley access control points. Estes Gate will reopen the commercial portion of the gate allowing full access. 12th Street Gate may experience limited staging for commercial vehicles due to construction. Trooper and Ogden access control points may experience traffic pattern changes during non-peak hours.

The changes are necessary to facilitate construction projects.

During these changes and beyond, drive attentively and safely.

For more information about Fort Riley access procedures, visit [www.riley.army.mil](http://www.riley.army.mil).

TUESDAY TRIVIA CONTEST



The question for the week of July 29 was: Where can I find information about childcare, jobs and housing in the communities surrounding Fort Riley?

Answer: [www.riley.army.mil/Portals/0/Docs/Units/Staff/PAO/CFHRJobsHousSchoolChild.pdf](http://www.riley.army.mil/Portals/0/Docs/Units/Staff/PAO/CFHRJobsHousSchoolChild.pdf)

This week's winner is is Brandy Snyder, wife of Staff Sgt. Tyler Snyder from the 300th Military Police Company, 97th Military Police Battalion, stationed at Fort Riley.

CONGRATULATIONS BRANDY!

Installation Management Command employee uses leadership program

Story and photo by Maria Childs  
1ST INF. DIV. POST

Kelly Sandifer, management analyst for Installation Management Command in Fort Sam Houston, San Antonio, Texas, arrived at Fort Riley at the end of April after being selected for the Enterprise Talent Management program at the Department of the Army level. He will depart Fort Riley July 29.

According to the ETM website, the Civilian Senior Leader Management Office and assistant secretary of the Army-Manpower and reserve affairs, administer the program. The vision of the program is to develop civilian employees who have the potential to be senior leaders. The mission is to help them learn to manage resources and programs to achieve results at the strategic Army level.

Sandifer met his training objectives early in his stay at Fort Riley but didn't see the

lessons demonstrated until he worked with the staff of the Directorate of Planning, Training, Mobilization and Security during his second and third week.

"It really hit home when I was with DPTMS," Sandifer said. "I got a very good perspective and saw firsthand how DPTMS supports the installation because the exercise, Danger Focus, was going on. They were very engaged in supporting the installation and the 1st Infantry Division."

While working with DPTMS, he observed the rest of the garrison from a distance. Sandifer said he immediately noticed one thing.

"People who work in the garrison are vested in Fort Riley," Sandifer said. "They are passionate, they have a passion for Fort Riley, they have a passion for the Soldiers and the families that come to Fort Riley from wherever they are from in the world and they are committed and invested in

the future of Fort Riley in all aspects of their life. They go beyond to make Fort Riley the best place it can be."

Sandifer has worked at IMCOM for six years following a military career of nearly 23 years. He said he has seen this dedication most everywhere he has traveled in his career. One of the things he learned while being immersed in the garrison was a disconnect exists between the higher level, IMCOM, and the garrison employees.

This was apparent when he read his first operational order from IMCOM. Sandifer also realized IMCOM uses the wrong measurements to evaluate performance at the garrison level. One example of this would be the ability to produce an identification card within 45 minutes of the customer walking in the door. If the number of workers is reduced, the goal is still met.

"The (performance) measures need to be looked at and changed to accurately

reflect how many people we have doing these tasks," Sandifer said. "Our ability to issue an ID card in 45 minutes has nothing to do with how many workstations we have open."

Sandifer will return to the IMCOM headquarters and share the things he learned. He said he hopes a new system can be developed to improved performance measurements and communication. The most important thing he discovered during his visit was the amount of effort it takes to operate a U.S. Army Garrison. The details he was able to see will help him perform his duties at IMCOM.

"I am not the only one at the IMCOM headquarters without garrison experience or without a good understanding of what it takes for a garrison to do the things the garrison staff does," Sandifer said. "There's a lot of people in the headquarters that are just like me ... There is nobody



Lorna Blomenkamp, left, contract management support officer for the Installation Resource Management Office and Kelly Sandifer, management analyst for Installation Management Command, discuss operations of a U.S. Army Garrison June 22. Sandifer is part of the Enterprise Talent Management Program, a Department of the Army level program that develops civilian employees for leadership roles.

in IMCOM headquarters waiting on me to come back and share what I learned. I will, but that is because I am going to make sure I get the opportunity."

For civilian employees at Fort Riley interested in applying for the program, visit [www.csldo.army.mil/0\\_welcome/SETMmissiongoals.aspx](http://www.csldo.army.mil/0_welcome/SETMmissiongoals.aspx).

COMMENTARY

Sandifer reflects on visit to Fort Riley for Enterprise Talent Management program

By Kelly Sandifer  
INSTALLATION MANAGEMENT COMMAND

It's been said that "we only know what we experience" or "where we stand on a position or issue is directly related to where we sit". I'm not sure where I first heard these two quotes but it was most likely while attending the Combined Arms Services Staff School or at the Command and General Staff College many years ago; probably during one of many seminars we attended whenever a high-ranking official visited. These quotes stayed with me and I use them often because, frankly, they are appropriate in most situations. Although somewhat satirical, they are no truer than in the business of Installation Management.

I work for Headquarters, U.S. Army Installation Management Command located in Fort Sam Houston, San Antonio, Texas, an organization that is essentially the higher headquarters for U.S. Army Garrison Fort Riley and



Kelly Sandifer

similarly mostly comprises Department of the Army civilians. I've worked there as a civilian for six years after spending nearly 23 years in uniform. As a Soldier, I served all over the world and at all echelons; company, battalion, brigade, division, corps and above corps. I even served in the 1st Infantry Division in Germany as service battery commander in the 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, and as commander of the Division Headquarters and Headquarters Battalion, 1st Inf. Div.

Because I only knew what I experienced, my knowledge of installation management was based on my experience in the Army. Not a problem? right ...

not really. As I worked projects, programs and initiatives inside IMCOM Headquarters to support garrisons, I felt I didn't have a complete understanding of what the needs and challenges are at that level, nor did I have the perspective of the operations inside a garrison. I quickly discovered that with my experience, or lack thereof, I could no longer say, "I spent 23 years in the Army so I know how to handle this situation with Fort 'Pick-a-post' that wasn't working."

As soon as I realized the deficiency in my experience and perspective — a deficiency that resulted in an inability to adequately address issues at the garrison level and to recommend solutions to the problems facing a typical post — I began a personal campaign to close the gap. This campaign brought me to Fort Riley by way of the U.S. Army Enterprise Talent Management Program, a program by which the Army prepares GS-12s and GS-13s to gain professional

senior-level educational, developmental learning and experiential opportunities to assume duty positions of greater responsibility across the department. Under the ETM — TDY program, participants fill a 90-day or less developmental assignment on a special project as a member of a working group, tiger team or fill a critical-need detail — see U.S. Army STAND TO! article at [army.mil/standto/archive\\_2015-04-30/](http://army.mil/standto/archive_2015-04-30/).

The experiences I gained by spending 90 days at Fort Riley and the Flint Hills Region taught me what?

Simply put — a tremendous amount. I've taken hundreds of pages of notes as I visited each directorate within the Fort Riley garrison and I have gained a tremendous amount of insight and perspective on garrison operations. I've seen the unique relationship between the U.S. Army Garrison Fort Riley and IMCOM Headquarters, the good and the not so good. I say unique because typically an O-6 commander does not report directly to a 3-star commander. Additionally, the garrison commander has more than 60 direct connections that include other organizations

on an installation as well as all the local political and business connections needed to keep community relations intact. However, like with most Army organizations, there are challenges. What I do want to do is focus on and share with you the one thing that I was not prepared to discover — the workforce culture of Fort Riley.

To read more about my visit, read the full commentary online at [www.riley.army.mil/News/Article-Display/Article/872807/enterprise-talent-management-program-attendee-learns-fort-riley-work-ethics/](http://www.riley.army.mil/News/Article-Display/Article/872807/enterprise-talent-management-program-attendee-learns-fort-riley-work-ethics/).

HAVE A STORY IDEA?

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# RILEY ROUNDTABLE

## What is your favorite thing about the Post Exchange?



“The fact that it’s tax free.”

**CHIEF WARRANT OFFICER KEVIN MASON**  
**HUNTINGTON BEACH, CALIFORNIA**

1st Infantry Division Sustainment Brigade



“They’re everywhere I go and they always have the same great customer service and helpfulness from the staff.”

**SPC. ETHAN COLLINS**  
**INDIANAPOLIS, INDIANA**

1st Combined Arms Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division



“They always have what I need for good prices.”

**PFC. BRYAN CANFIELD**  
**FORT RILEY, KANSAS**

300th Military Police Company, 97th Military Police Battalion



“Gamestop. That’s my favorite part.”

**SPC. KHEMET JENKINS**  
**POUGHKEEPSIE, NEW YORK**

Division Artillery, 1st Infantry Division



“I enjoy the diversity of the different shops. I don’t need to leave post to get what I need.”

**SPC. BRANDON BAKER**  
**SPRINGFIELD, MISSOURI**

977th Military Police Company, 97th Military Police Battalion

## THE 1ST INFANTRY DIVISION POST

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**LETTERS TO THE EDITOR**  
The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer’s full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil.



As of Wednesday, July 29, 18 days have passed since the last vehicular fatality at Fort Riley. Ninety-three more and the post will celebrate with a safety holiday to take place at each unit’s discretion.

## COMMAND TEAM CORNER

# Physical training important to mission readiness

Conducting consistent and challenging physical training is a very important part of our mission and an important part of our overall health. A challenging PT session, conducted to standard, not only strengthens the individual Soldier, but also develops our junior leaders’ leadership skills and is a cornerstone of individual and team resiliency.

In the 1st Infantry Division, PT should be conducted Monday through Friday and start with every Soldier standing in formation, being accounted for, rendering honors to our nation’s colors, singing the “Big Red One” Song and saying the BRO Charge.



Division Command Sgt. Maj. **Joseph Cornelison**

PT groups should comprise organic small teams, such as squads, and consist of quality Physical Readiness

Training-based functional fitness. It should be led by a noncommissioned officer who is trained and certified using the eight-step training model and the session, just like all training, should end with an After Action Review.

Different command levels are in control of different PT groups. For example, reconditioning PT for our injured Soldiers is a battalion-level program and should be planned and executed at the battalion level. Special PT programs for Soldiers that fail Army Body Composition standards or the Physical Fitness test should be

conducted at the company, troop or battery level.

Remember, PT is key to the development of our Soldiers and leaders in this division. If executed properly, we can achieve at least 20 repetitions a month of quality leader development that ensures the “Big Red One” remains a leadership factory filled with two types of Soldiers – leaders and future leaders.

Duty First!

Command Sgt. Maj. Joseph C. Cornelison, Senior Noncommissioned Officer, 1st Infantry Division

# Legal experts offer advice about combatting identity theft

## STAFF JUDGE ADVOCATE

Identity theft is a faceless crime that can affect us all. The thieves are often unseen and their victims are virtually everywhere. There are steps you can take in order to reclaim control of your money, credit score, and anything else affected if your identity is stolen.

Recently, a client of ours was checking his bank account online, and to his surprise, noticed purchases on his credit card he never made. He quickly called his bank, had the charges immediately removed, closed the credit card, and was issued a new one. In cases like this, quick action can save you considerable time and money.

Identity theft happens when someone steals your personal information and uses it without your permission. It is a serious crime that can wreak havoc with your finances, credit history and reputation — not to mention the time, money and patience it can take to resolve. Once identity thieves have your personal information, they can drain your bank account, run up charges on your credit cards, open new utility accounts, charge medical treatment to your health insurance, and other things.

If you suspect someone has stolen your identity, act quickly to limit the damage.

Take the following steps when you have become the victim of identity theft.

First, place an initial fraud alert on your credit report, which generates an identity theft report. Placing an initial fraud alert is free. To place a fraud alert contact one of the three credit reporting companies, Experian, Equifax and Transunion and ask them to place a fraud alert on your credit file. It is also a good first step because having a fraud alert on your report makes it harder for an identity thief to open more accounts in your name. The fraud alert stays on your credit report for 90 days, at which point you can renew it. It also allows you to order one free copy of your credit report from each of the three credit reporting companies.

You should also request a credit freeze by contacting the three credit-reporting companies. This prevents potential creditors from accessing your credit report. This is another tool to prevent identity thieves from opening additional accounts in your name. In Kansas, there is a \$5 fee for placing a credit freeze, but this fee is waived if you have an incident report regarding the identity theft. A credit freeze on your file does not affect your

credit score. At any time, you can ask the credit reporting company to lift the credit freeze permanently or temporarily, depending on your situation.

Next, you should review your credit reports. If you see errors on a report — such as accounts you didn’t open or debts you did not incur — contact each credit reporting company and ask them to block the disputed information from appearing on your credit reports. By law, credit-reporting companies must block identity theft-related information from appearing on a victim’s credit report.

You should also contact any business that sent inaccurate information that appears on your credit report. Send them a copy of your identity theft report and a letter explaining what information is inaccurate. Ask for copies of any documents the identity thief used to open a new account or make charges in your name. These documents can help prove the identity theft.

If an identity thief steals your paper checks, misuses the account number from the bottom of your checks or opens a new account in your name, immediately contact your bank or financial institution and ask them to close the account.

If an identity thief steals your Social Security Number and sells it, or uses the number to get a job or other benefits, contact the Social Security Administration.

There are special protections available for active duty personnel on deployment. While deployed, you can place an active duty alert on your credit reports to minimize the risk of identity theft while you’re away. Ultimately, this alert prevents accounts from being opened in your name while you are deployed. Active duty alerts last for one year, but can be renewed if your deployment lasts longer.

There are many different ways a thief can steal your identity. Should you be the victim of this type of crime, contact your local Legal Assistance Office so we can guide you through the process.

## CREDIT REPORTING COMPANIES

Equifax: Call 1-800-766-0008 or visit [www.alerts.equifax.com/AutoFraud\\_Online/jsp/fraudAlert.jsp](http://www.alerts.equifax.com/AutoFraud_Online/jsp/fraudAlert.jsp)

Experian: Call 1-888-397-3742 or visit [www.experian.com/fraud/center.html](http://www.experian.com/fraud/center.html)

TransUnion: Call 1-800-680-7289 or visit [www.transunion.com/fraud-victim-resource/place-fraud-alert](http://www.transunion.com/fraud-victim-resource/place-fraud-alert)

# August is Army Antiterrorism Awareness Month

By Patrick Burch  
EMERGENCY MANAGEMENT OFFICE

August is the Army’s Antiterrorism Awareness Month. During the month, there are a series of initiatives to heighten awareness of antiterrorism themes in an effort to increase community vigilance. Some of the themes are; how to recognize and then report suspicious activity; identify indicators associated with an insider threat and how

technology, such as unmanned aircraft systems can impact installation security. The iWATCH program is one Fort Riley community members will hear a lot about during the month.

Every member of the Fort Riley community plays an important part in the prevention of terrorist attacks or other violent acts. Public awareness of indicators associated with terrorist activity or other

high-risk behaviors, and how to report them, is key to getting ahead of potential threats and preventing them from materializing. Antiterrorism awareness knowledge empowers a community to take steps that provide long-term protection against threats and strengthen relationships with local, state and federal partners. Fort Riley community members should watch for awareness

messages in the installation newspaper, social media sites and information booths during the month of August.

If you witness any suspicious activity on the installation, take note of the activity that occurred, what type of activity it was and where it was seen. Then, call the Antiterrorism Office at 785-239-6303 or 785-239-6044 or the Fort Riley Police Department at 785-239-6767.

## SAFETY CORNER

# July is ultraviolet safety month, safety experts offer tips

By Alex Bender  
GARRISON SAFETY OFFICE

Many of us spend the better part of the year looking forward to the summer months. The sunny weather inspires vacation plans, outdoor activities, summer festivals and trips to the pool or beach. With so many activities packed in, it’s easy to overlook things. One of the most important things to remember when planning to be outside in the summer is how to protect yourself ultraviolet rays.

July is Ultraviolet Safety Month. As we enjoy the beautiful summertime weather, we need to keep in mind several issues about the effects of the sun’s ultraviolet radiation. We need sunshine. It helps with our body’s production of Vitamin D and has been tied to issues of depression in some people who don’t get enough. However, overexposure to the sun can lead to a variety of health risks. You may be surprised about some of the specific dangers of sun exposure and how you can protect yourself.

There are two main types of UV light, UVA and UVB. UVB is what gives you your sunburn and is responsible for some types of skin cancers. UVA rays are the ones that can make the skin leathery and wrinkly in appearance and these also can contribute to certain skin cancers. An easy way to remember: “A” is for aging and “B” is for burning. Both types are harmful to you in different ways.

Too much UV light can be harmful to the skin as many of us know who have been severely sunburned. However, it can also be very bad for our eyes. Eye structures such as the cornea, retina and lens are damaged from UV radiation, so protecting your eyes is vital. Good shades protect your eyes from UV radiation that causes cataracts.

A sunscreen rated with a Sun Protection Factor of 10 blocks 90 percent of the sunburn-causing UVB radiation; an SPF20 rated sunscreen blocks 95 percent. Modern sunscreens

contain filters for UVA radiation as well as UVB. Although UVA radiation does not cause sunburn, it does contribute to skin aging and an increased risk of skin cancer. Many sunscreens provide broad-spectrum protection, meaning that they protect against both UVA and UVB radiation. Commercial preparations are available that block UV light, known as sunscreens or sunblocks. They have a sunburn protection factor rating, based on the sunblock’s ability to suppress sunburn. Basically, the higher the SPF rating, the lower the amount of direct DNA damage.

The pain and burning associated with a sunburn can be relieved with a number of remedies applied to the burn site. The skin can be hydrated by applying topical products containing Aloe Vera or vitamin E, which reduce inflammation. Hydrocortisone cream may also help reduce inflammation and itching. People with sunburn should avoid the use of butter; this

is a false home remedy which can prevent healing and damage skin. If a case is severe enough, oral steroid therapy, cortisone-like medications, may be prescribed for several days. However, steroid creams placed on the skin show minimal to no benefit.

Research has shown the best protection is achieved by application 15 to 30 minutes before exposure, followed by one reapplication 15 to 30 minutes after exposure begins. Further reapplication is only necessary after activities such as swimming, sweating and rubbing. Other methods of protection are to minimize unnecessary UV exposure by wearing a large brim hat to protect your face and neck and long sleeve shirts to protect your arms. Even when the sky is cloudy you can get sunburnt so protect yourself on these days as you would on a clear sunny day.

For more information related to UV protection contact the Garrison Safety Office at, 785-240-0647.

The next USAG Resilience Day Off is

AUG.

5





SECRETARY OF THE ARMY  
WASHINGTON

30 JUN 2016

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Army Directive 2016-25 (Civilian Employee Redress for Sexual Orientation and Gender Identity Discrimination)

1. References:
- a. Department of Defense (DoD) Directive 1020.02E (Diversity Management and Equal Opportunity in the DoD), June 8, 2015.

b. Army Regulation 690-12 (Equal Employment Opportunity and Affirmative Action), 4 March 1988.

c. Army Regulation 690-600 (Equal Employment Opportunity Discrimination Complaints), 2 February 2004.
2. It is Army policy to provide equal employment opportunity to all employees and applicants for employment. This directive clarifies that Army civilian employees, former employees, applicants, and certain contract employees who experience harassment or unlawful discrimination on the basis of sexual orientation or gender identity may seek redress through the Army Equal Employment Opportunity (EEO) Program. The Equal Employment Opportunity Commission has recognized that the prohibition on sex discrimination in Title VII of the Civil Rights Act of 1964 provides protections for persons who have been discriminated against based on sexual orientation and gender identity. Claims of harassment and discrimination on the basis of sexual orientation and gender identity will be reviewed and investigated to determine if unlawful employment discrimination has occurred.
3. In addition to the protections afforded through the Army EEO Program, other administrative avenues of redress are available, including the Office of Special Counsel, the Merit Systems Protection Board, and, in some cases, negotiated grievance procedures pursuant to a collective bargaining agreement. Employees should review the rules and processes associated with the different avenues of redress before deciding whether and how to proceed.
4. All Army employees—including lesbian, gay, bisexual, and transgender employees—should be able to perform their jobs in an environment free from any unlawful discrimination. Army commanders and supervisors will promote a work environment that is free from sexual orientation and gender identity discrimination. Supervisors will notify employees about avenues of redress and encourage them to



SECRETARY OF THE ARMY  
WASHINGTON

01 JUL 2016

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Army Directive 2016-30 (Army Policy on Military Service of Transgender Soldiers)

1. References:
- a. Department of Defense (DoD) Directive-type Memorandum (DTM) 16-005, Military Service of Transgender Service Members, June 30, 2016.

b. DoD Instruction 1300.28 (In-Service Transition for Transgender Service Members), June 30, 2016.
2. Pursuant to references a and b, it is Army policy to allow open service by transgender Soldiers. The Army is open to all who can meet the standards for military service and remains committed to treating all Soldiers with dignity and respect while ensuring good order and discipline. Transgender Soldiers will be subject to the same standards as any other Soldier of the same gender. An otherwise qualified Soldier shall not be involuntarily separated, discharged, or denied reenlistment or continuation of service solely on the basis of gender identity.
3. No later than July 5, 2016, the Assistant Secretary of the Army for Manpower and Reserve Affairs (ASA (M&RA)) will do the following.
- a. Establish a Transgender Service Implementation Group (TSIG) to develop policies and procedures for transgender service. ASA (M&RA) will Chair the TSIG. Members of the TSIG will be in the rank/grade of General Officer, Civilian Senior Executive Service, or Command Sergeant Major/Sergeant Major and include representatives from the ASA (M&RA), Deputy Chief of Staff G-1, Deputy Chief of Staff G-3/5/7, Office of General Counsel, Office of the Judge Advocate General, Office of the Chief of Chaplains, the Assistant Chief of Staff for Installation Management, U.S. Army Forces Command, U.S. Army Training and Doctrine Command, Office of the Inspector General, and Office of the Surgeon General.

b. Establish and embed a Service Central Coordination Cell (SCCC) as a sub-committee within the TSIG. The SCCC will be comprised of medical, legal, and military personnel experts. The SCCC will serve as a resource for commanders, address commanders' inquiries, and process requests for exceptions to policy.

WWW.FACEBOOK.COM/FORTRILEY



# More opportunities presented for enlisted Soldiers to become officers

By David Vergun  
ARMY NEWS SERVICE

WASHINGTON — A recent change in eligibility now allows enlisted personnel up to age 33 to apply to become officers. Also, there's no longer a requirement to serve in the Army for six years before going to Officer Candidate School.

The current guidance is contained in Military Personnel Message 15-270 FY16 U.S. Army Federal Officer Candidate School Program Announcement.

“The resulting Army Readiness from OCS accessions is stronger today than it was even a decade ago, with a few adjustments to screening criteria and the requirement to hold a Baccalaureate Degree, we ensure a competitive environment for the new officer and a more diverse and stronger officer corps for our Army,” said Jon Banco, chief of Human Resource’s Command’s Officer Accession Branch.

Officers graduating this year will begin their commissioned careers on an equal academic footing as their U.S. Military Academy and ROTC counterparts,

without the burden of having to enter a degree completion program before they become captains, as was the case in previous years, Banco said. All second lieutenants graduating from OCS entered training having already completed their baccalaureate degree.

Three panels will meet next year in January, May and September, to select OCS candidates, said Cliff Preetorious, OCS program manager, HRC Officer Accession Branch. An upcoming MILPER will provide eligibility requirements. The MILPER is being staffed at Army G-1 and should be published within the next few weeks.

### VACANT SEATS

Capt. Jefferson Davis, assistant operations officer for OCS at Fort Benning, Georgia, said he believes many more Soldiers would apply to OCS if they learned more about the program and knew they were eligible.

Lt. Col. Mark Andres, OCS battalion commander at Benning, added that some Soldiers might not be aware of the changes in the MILPER guidance.

Banco said it's important to review the MILPERs as guidance can change based on the accessions mission and needs of the Army.

“Regardless of the size of the military, it is important to proportionally access new officers every year to meet the needs for captains and majors three to five years in the future,” said Denise Corley, chief, Officer Accessions Coordination Branch, Army G-1.

The annual end state regarding volume to screen or select is influenced by Army end strength and budget requirements or constraints, Corley explained. The 150 regular Army OCS mission was the right number for this year. Every person counts, especially now in the Army’s smaller footprint. There are, and there will be continuing opportunities to apply to be part of our future cohorts, she said.

### ELIGIBILITY REQUIREMENTS

Andres said Soldiers, who are 33 years old or less at the time the OCS accessions board meets, are eligible to apply. Soldiers also need a General Technical score of 110 or higher and must have a baccalaureate degree.



COURTESY PHOTO  
Delta Company Soldiers at Officer Candidate School march to the field to begin their missions, at Fort Benning, Georgia

Any enlisted member of any service, not just the Army, may apply, Davis added.

A complete list of requirements and instructions for applying can be found by reading MILPER 15-270. Banco reiterated, however, to keep in mind the new MILPER

that replaces it will soon be published.

The new MILPER will serve as guidance for in-service active-duty and Reserve Soldiers only, Banco said. Civilians with college degrees interested in becoming active or Reserve officers may use the forthcoming MIL-

PER as a guide. Civilians interested in Army National Guard service can see a Guard recruiter.

This story has been shortened for publication. For the full version, visit: [www.army.mil/article/171472/after\\_75\\_years\\_more\\_opportunities\\_for\\_enlisted\\_to\\_become\\_officers](http://www.army.mil/article/171472/after_75_years_more_opportunities_for_enlisted_to_become_officers).



# SAVE THE DATE

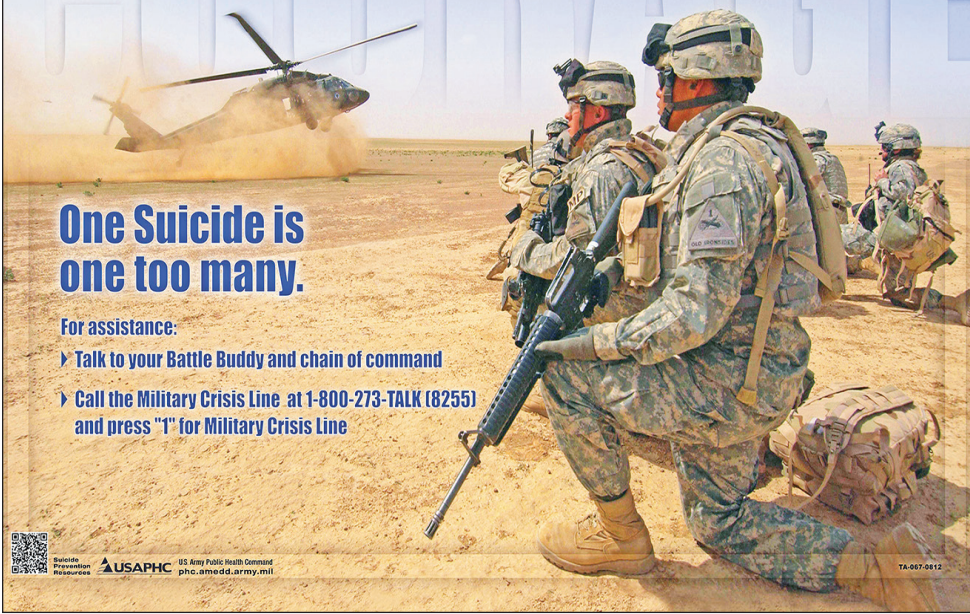
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# Have the Courage to Help a Buddy



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US ARMY PUBLIC HEALTH COMMAND  
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# Illinois National Guardsmen fix road at Douthit Gunnery Complex

Story and photo  
by Hannah Kleopfer  
1ST INF. DIV. POST

East-West Road, which leads into the Douthit Gunnery Complex, is the main road used by Fort Riley units as well as visiting Army National Guard and Army Reservist to get to the training area. With the frequent travel happening on the road, it needs upkeep to keep the units safe.

Members of the Illinois National Guard, 631st Engineer Support Company, 405th Brigade Support Battalion from Sparta, Illinois, came to Douthit July 20 to begin work on the road.

“The road was looking pretty bad and there were spots that were broken with potholes,” said Staff Sgt. Galen Diellinger. “We’re making it easier to run equipment up and down the road.”

The work also gave members of the unit some real-world experience in their field.

“What this boils down to is real-world training,” said Diellinger, a member of the 631st Engineer Support Company. “This is our bread and butter. It gives our younger guys some real engineering operation experience. It’s positive for the post and for us by giving our guys a well-rounded military education.”



Members of the 631st Engineer Support Company, 405th Brigade Support Battalion, Illinois Army National Guard help re-pave East-West Road on the Douthit Gunnery Complex July 22.

The work being done by the unit helps with the efficiency of the complex.

“It’s a safety issue and we don’t want incidents due to the condition of the road,” said Fred Siebe, complex manager. “It’s heavily traveled for the gunnery. This unit has the manpower to fix it.”

The unit completed the road work July 25.

# Army partners with lab for voice analysis program to find traumatic brain injuries

Story and photo by Ellen Crown  
USAMRMC PUBLIC AFFAIRS

Can the acoustics of someone’s voice indicate if he or she has a brain injury?

Researchers with the Massachusetts Institute of Technology Lincoln Laboratory are developing a computer algorithm to identify vocal biomarkers that could help diagnose mild traumatic brain injury or concussion.

The U.S. Army Medical Materiel Agency, a subordinate organization of the U.S. Army Medical Research and Materiel Command, has partnered with MIT LL to help evaluate, test and validate the algorithm. So far, the algorithm has a successful track record in assessing mental or cognitive state from speech. Researchers have used the algorithm to identify a variety of cognitive changes, including those associated with preclinical mild TBI and depression, all based on vocal biomarkers. For example, people with mental or cognitive changes may elongate their syllables and vowel sounds, alter the coordination of their tongue and lip movement and struggle with pronouncing phrases that require complex facial muscle movements to sound out. Also, their voice quality may fluctuate, becoming rough or crackly.

The project leverages research, including voice audio recordings, collected by the USAMRMC’s existing collaboration with the National Collegiate Athletic Association — an effort known as the “Grand Alliance.” The Grand Alliance was signed in 2014 as a \$30 million initiative to enhance the safety of student athletes and service members. Grand Alliance research is managed by the Concussion Assessment, Research and Education Consortium co-chaired by principal investigators at three research institutions, including Indiana University, the University of Michigan and the Medical College of Wisconsin. The consortium’s research includes a large-scale evaluation of male and female NCAA student-athletes, expanding upon the NCAA National Sport Concussion Outcomes Study, a multi-site, longitudinal investigation of concussive and repetitive head impacts in NCAA student-athletes. The NCAA collaboration will provide a vehicle to larger databases for validation of system performance in real-world environments. With more data to analyze, the team



Soldiers from the 441st Ground Ambulance Company and the 345th Combat Support Hospital off-load a Soldier injured in a simulated mortar attack. Medical personnel perform triage to assess the extent of Soldier’s injuries and decide who needs immediate attention.

should be able to determine the limits of the system to identify specific symptoms to predict aspects of mild TBI in a more proactive way.

“The USAMRMC is very excited to partner with MIT Lincoln Laboratory, expanding upon many efforts currently underway to better diagnose and treat traumatic brain injury,” said Dr. Kenneth Bertram, principal assistant for acquisition at the USAMRMC. “If this technology works, it will be incredibly useful to both the military and sports industry, as a decision-aid tool to accurately assess brain injury.”

The Centers for Disease Control and Prevention define TBI as an injury that results from a blow or jolt to the head or a penetrating head injury that disrupts the normal function of the brain. Since 2000, more than 344,000 service members have been diagnosed with TBI, including mild, moderate and severe. Concussions are the most common form of TBI, according to the Defense and Veterans Brain Injury Center, and may result in headaches, visual disturbances, sleep issues, dizziness, poor concentration and memory problems, and changes to behavior, personality or mood.

Service members are at higher risk for TBI because their jobs are physically demanding and potentially dangerous, both in combat and in training environments. However, not all blows or jolts to the head result in TBI. Often military teams must make quick decisions on the training field and the battlefield as to whether a service member who may have sustained a head injury is fit to return to full duty.


“The ultimate goal is a U.S. Food and Drug Administration-cleared, real-

time mild TBI screening app and hardware device which can be used throughout the echelons of care from point of injury to rehabilitation. The concept of utilizing vocal recognition as a mild TBI biomarker shows promise in potential fielding applications,” said Brian Dacanay, USAMMA product manager.

The Massachusetts Institute of Technology Lincoln Laboratory has also reached a licensing agreement with an industry partner for the development of a future portable device, similar to a smart phone, to host the algorithm and allow it to be used as a medical diagnostic device or decision aid. The goal is to get a device ready for U.S. Food and Drug Administration clearance by 2018.

“MIT Lincoln Laboratory is pleased to extend our partnership with the Army to include the NCAA to bring noninvasive, objective biomarkers as a decision aid for such a complex and prevalent injury as TBI using a technology that will have value on the sports field as well as the battlefield,” said Dr. Jeffrey Palmer, MIT LL bioengineering group leader.

The Massachusetts Institute of Technology Lincoln Laboratory is a federally funded research and development center that applies advanced technology to problems of national security. Research and development activities focus on long-term technology development as well as rapid system prototyping and demonstration. These efforts are aligned within key mission areas. The Laboratory works with industry to transition new concepts and technology for system development and deployment.




PLAY A ROUND, HIT THE DRIVING RANGE, OR STOP BY FOR FOOD AND FUN!



# GARRISON GOLF DAYS

July 21: Casino  
August 25: Olympics  
September 22: Caddy Shack

4-7pm  
Custer Hill Golf Course  
\$20, includes greens fee and cart rental  
\$2 for driving range token



785.784.6000



Army Community Support



## Fort Riley PWOC Invites You

### Fall Kickoff

Tuesday 23 August  
900-1130 am  
Victory Chapel  
&  
Wednesday 24 August  
630-800 pm  
Victory Chapel

Join us for food, fun and fellowship!!

\*Childcare provided for both sessions.  
Homeschool Room available for morning session.





# Soldiers from Cyber, signal, electronic warfare, military intelligence team up

By David Vergun  
ARMY NEWS SERVICE

WASHINGTON — The Army is the only service that didn't create a separate military occupational specialty for offensive and defensive cyber, said Maj. Gen. Stephen Fogarty.

"We think we made the right call because both inform the other," he said. "Most defenders come from the signal side, most offensive come from the military intelligence side."

As the transition is made to the new Cyber Branch, that integration will become apparent, he added.

Fogarty, commander, U.S. Army Cyber Center of Excellence and Fort Gordon, Georgia, spoke July 14 at the "Network Readiness in a Complex World" panel hosted by the Association of the United States Army.

Besides signal and MI, electronic warfare "will be linked inextricably to cyber," Fogarty said.

"That (newly integrated) force will provide EW and cyber planners at brigade combat team, division and corps levels," he continued. "It will provide the actual operators for offensive electronic attack capabilities. We're the only service that's added EW to the mix."

Cyber training for officers is now underway and the first enlisted cyber course at Fort Gordon will begin in February, he noted.

## DEVELOPING CYBER WORKFORCE

Karl Schneider, principal deputy assistant secretary of the Army, Manpower and Reserve Affairs, said the nature of the cyber workforce may soon change in a big way.

Congress, the administration and the Office of the Secretary of Defense have been in discussions to change the authorities of cyber. Currently, the cyber workforce falls under Title 5, he said. The plan is for the cyber workforce to be shifted to Title 10, "excepted service," he said.

"Excepted service means it's easier to hire people, it's easier to pay people and it's easier to get rid of people who aren't working out. It is a much more flexible system," Schneider said.

On June 24, OSD transmitted its plan to Congress, he said. OSD is waiting to get the green light.

The switch to Title 10 "will be a phased approach, starting with a small number of people at headquarters and then expanded out," he said. "It will set up a governance process. There will be a cyber workforce



COURTESY PHOTO

**Members of an Expeditionary Cyber Electromagnetic Activities Team execute electronic warfare and cyber effects against elements of the 1st Armored Brigade Combat Team, 1st Infantry Division, during a brigade situational training exercise event at Fort Riley, Kansas, about two months ago.**

management board that will have decision-making authority on how to run this workforce, with representation from various entities," including OSD and representatives from all of the services.

The policy model being studied for this transition is the Defense Civilian Intelligence Personnel System, which already falls under Title 10, he said. "The intelligence community has done a good job at managing their people outside of the normal Title 5 process. They're particularly interested in looking at how NSA manages its technological workforce, with flexibility in pay setting, supplemental pay to attract cyber and STEM people."

"It will take a while to field this new excepted service for the cyber workforce," he continued. In the meantime, "they want us to be more aggressive in using the authorities we already have under Title 5."

Those authorities include direct hire of people, setting entry salaries at higher step levels for civilians and incentives like student loan repayments, he said.

## A PARALLEL APPROACH

Besides the plan to switch cyber to a Title 10 authority, a new joint memorandum, "Federal Cybersecurity Workforce Strategy," was signed July 12, by the directors

of Office of Personnel Management, the Office of Management and Budget, and the federal chief information officer, Schneider said.

The memo makes it easier for people in signals intelligence and military intelligence to become cyber professionals "without starting from scratch," since they already come equipped with a lot of the knowledge and skills necessary to integrate into cyber operations, he said.


Another impetus from the memo is to send recruiters to universities and other hot spots, looking for potential cyber civilian recruits, he said. "You can't get quality by just putting up announcements on USAJobs. You've got to go out and find them."

Besides pay and benefits, cyber talent is attracted when they know they'll be doing "cool stuff," he added.

Schneider likened cyber to the Manhattan Project, which was developed during World War II to build the atomic bomb. Cyber too is "truly a national endeavor," and it's just started.

"Cyber is the Army's most important power-projection platform," Fogarty said.

The weapon is the network, Fogarty said. Without information dominance, aircraft can't fly, ships don't sail and ground forces don't maneuver on the battlefield.



# MARINA


## Milford Adventures

Looking for a fun day on the water?

- We drive the boat
- We provide safety equipment
- You make a reservation and show up for fun!
- Don't forget sunblock, snacks and water
- Reservations required 48 hours in advance


### TUBING ADVENTURE: \$150

- Approximately 2 hours
- Maximum capacity of 8 people
- We provide the tubes





### FISHING ADVENTURE: \$100

- Approximately 2 hours
- Maximum capacity of 8 people
- You bring the poles, tackle and bait



## 785-239-2363

Fort Riley Marina on Milford Lake • 7112 K Highway 82 - Milford  
11am-7pm Monday + Friday • 7am-8pm Saturday + Sunday





EXERCISE

Continued from page 1

eventually taking a hostage during a military unit activity day. Soldiers from the 1st Sustainment Brigade, Director of Emergency Services, and USO helped with the exercise by playing the wounded victims of the exercise. This gave police, firefighters and emergency response

members the opportunity to work with real people and evaluate the injuries each person described.

“From an emergency services perspective, the full-scale exercise is a continuation of what we do every day,” said William Paskow, chief of police.

“I was immensely proud of the efforts of all first responders and the incident management team. I think the training was very successful and set the conditions for the police department to continue to improve.”

Along with on post emergency agencies, staff also

worked with those off-post, who either participated in or observed the exercise.

“We were able to effectively

“I think our team did an outstanding job. From the initial response to the end press conference we just had, I think we did an incredible job.”

COL. JOHN LAWRENCE | FORT RILEY GARRISON  
COMMANDER

test the execution and management of response and recovery efforts in order to mitigate the effects of an emergency event.

We also had several of our off-post partners participate and this provided us the opportunity to further enhance our community partnerships.”

Those agencies included the Junction City and Manhattan Fire Departments, Geary County Emergency Management, Kansas State Police Department and Kansas Highway Patrol among other state agencies.

The role-playing exercise included law enforcement

arriving at and evaluating the scene, an off-post news reporter showing up unannounced and press conferences given by Garrison Commander Col. John Lawrence and Brig. Gen. Patrick Frank, deputy commanding general of the 1st Infantry Division and Fort Riley.

“I think our team did an outstanding job,” said Lawrence. “From the initial response to the end press conference we just had, I think we did an incredible job.”

After the exercise, participants and observers went through an after-action review for everyone to see where they could improve, but the whole exercise is evaluated externally.

“We are externally evaluated by a team of personnel provided by the IMCOM Region Installation Support Team,” Hallenbeck said. “Each evaluator is a Subject Matter Expert within the various functional response and recovery efforts.”



Hannah Kleopfer | POST

Fort Riley Fire Department members and Emergency Medical Service members help the wounded victims during the full-scale exercise at Camp Funston July 20. Along with on post emergency agencies, staff also works with those off-post, who participated and observed the exercise.

LEADERS

Continued from page 1

related jobs and helping local governments improve conditions for service members and their families, according to information from the governor’s office.

“Pete’s time in the division was exemplary,” Grigsby said of Minalga, who commanded the 4th Infantry Brigade Combat Team, 1st Inf. Div., during its regionally aligned forces mission in Africa before serving as the chief of staff. “Pete had small teams — sometimes as little as one to two Soldiers — and upwards to the BCT headquarters deployed all over the continent of Africa to build relations with and improve our African partners’ capacity and capability to close with and destroy our enemies.”

Minalga is set to retire soon from the Army after a 26-year career.

“The Army will always be in my heart,” Minalga said. “The men and women I have led throughout my career will always be in my heart. The men and women of the 1st Infantry Division headquarters will always be in my heart.”

Turner most recently served as commandant of the United States Army Field Artillery School, United States Army Fires Center of Excellence, at Fort Sill, Oklahoma, beginning in June 2014. He previously served with the Big Red One as commander of Battery B, 6th Field Artillery Regiment, 1st Infantry Division (Mechanized) Artillery, from December 1991 to August 1993 and as current operations officer for the DIVARTY from January to December 1991.

“This is indeed the best place in the Army to live, train,



Amanda Kim Stairrett | 1ST INF. DIV.

John Armbrust, departing executive director of the Kansas Governor’s Military Council, speaks during a Victory with Honors ceremony July 21 at Fort Riley. Armbrust was honored for his service to the 1st Infantry Division and Fort Riley during the ceremony along with several incoming and outgoing “Big Red One” leaders.

deploy from and come home to,” Turner said. “We’re very excited about this opportunity.”

Efflandt most recently served as executive officer to the commander of the U.S. Army Forces Command from July 2015 to July 2016. He also served as chief of the programs division in the Office of the Chief Legislative Liaison at the Pentagon.

“I’m the newest Big Red One Soldier, and I couldn’t be happier to be standing here today,” Efflandt said. “I was first assigned to Fort Riley, Kansas, in 1984, and I’ve been trying ever since to be back.”

The deputy commanding officer joked there was a moral to that story: “I’m not very fast, but I am persistent.”

WAINWRIGHT

Continued from page 1

Act guidance. The renovations were all done while preserving the historical value of the building.

The Consortium of Fort Riley’s on-post colleges will be working in the building. This includes the following

colleges: Central Michigan University, University of Mary, Upper Iowa University, Kansas State University, Southwestern College, Central Texas College, Hutchinson Community College and Barton Community College.

“Today we bring Wainwright Hall back into the mission of providing education for our Soldiers,” Frank said.

For more information about education services at Fort Riley, call 785-239-6481.



## Community gathers to celebrate Exchange's 121st birthday

### Garrison commander joins festivities by sitting in dunk tank

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

Staff of the Army Air Force Exchange Service at Fort Riley celebrated their 121st birthday July 23 with a day full of activities, including a bike parade, car show and a dunk tank featuring Garrison Commander Col. John Lawrence.

"We're celebrating serving the military and making them feel at home wherever they're at," said Robin Ayling, Exchange general manager.

#### THE RIGHT STUFF

• Pvt. Collin McKay, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, was the first to dunk Garrison Commander Col. John Lawrence into the tank.

"We're lucky to have Col. Lawrence out here, the new Garrison commander, who without hesitation said 'yes' he was doing the dunk tank. It's fun. It shows the community that we're here for them and builds a good relationship."

On the south side of the building, staff set up games,



Members of Better Opportunities for Single Soldiers participate in the hula hoop challenge while volunteering during the 121st Birthday of AAFES celebration at the Main Post Exchange July 23.

grilled food and played music for entertainment. Cars lined up on the lawn for the show as patrons walked around, check-

ing out engines and talking to owners.

"I like seeing the varieties of the cars," said retired Staff

#### MORE INFORMATION

• For more information about the Exchanges on Fort Riley, go to [www.shopmyexchange.com](http://www.shopmyexchange.com).

Sgt. Peter Flores. "I can come and get ideas to try to use on cars of my own. It's good for the community and the base, because they bring in cars that you don't always see around, new and old."

A popular event of the morning was when Soldiers and family members attempted to hit the target and drop Lawrence into the dunk tank. People lined up to take their turns as he joked with each participant.

Finally after a few people had tried and failed Pvt. Collin McKay, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, was the first to dunk Lawrence into the tank. McKay had been participating in different events throughout the morning, trying to get patrons to join in.

"I volunteered to work out here and help out," McKay said. "We're getting to participate in everything. I'm new to the community so I'm able to meet new Soldiers and I'm making friends."

For more information about the Exchanges on Fort Riley, go to [www.shopmyexchange.com](http://www.shopmyexchange.com).

## Veterans are never forgotten

### 'Devil' Soldiers honor group with ceremony in Junction City

Story and photos by Spc. Derrik Tribbey  
1ST INF. DIV. PUBLIC AFFAIRS

JUNCTION CITY, Kan. — Soldiers with the 1st Armored Brigade Combat Team, 1st Infantry Division, presented pins and thank-you letters from the "Big Red One's" commanding general to 51 local veterans and their spouses during a ceremony July 18 at Valley View Senior Life Living Home.

"It's always intimidating to a great degree as you stand before the generation that set the legacy for us to live up to," said Col. Timothy Hayden, the "Devil" brigade commander. "They set the foundations for us to build a great Army."

This ceremony was part of the U.S. Army's commemoration of the 50th anniversary of the Vietnam War, but veterans from all branches and wars were honored during the presentation. Following the ceremony, the Soldiers spoke with the veterans and spouses, thanking them for their service.

See VETERANS, page 12



Col. Timothy Hayden, the commander of the 1st Armored Brigade Combat Team, 1st Infantry Division, and Retired Master Sgt. Carter Oliver, a Vietnam veteran and former "Big Red One" Soldier at Fort Riley, presented pins and thank-you letters from the Big Red One's commanding general to local veterans and their spouses during a ceremony held July 18 at Valley View Senior Life Living Home in Junction City, Kansas. Veterans from all branches and their spouses attended the presentation.

"This is a very special event. We are honoring those who thought they were forgotten."

JIM SANDS  
Junction City commissioner



Sgt. Darren Maio, a team leader with 1st Armored Brigade Combat Team, 1st Infantry Division, speaks with retired Command Sgt. Maj. Paul Cornelius, a U.S. Army veteran, following a ceremony honoring veterans July 18.

## Two from education services receive award

### Each recognized for Guard, Reserve support efforts

Story and photo by Andy Massanet  
1ST INF. DIV. POST

When members of the National Guard or the Army Reserve answer the nation's call, the effects of their absence go beyond themselves and their immediate families.

The regular full-time employers of those deployed Soldiers must account for their absence and motivate the staff left behind to cover down on duties that would otherwise be left undone.

The Department of Defense program Employer Support of The Guard and Reserve sponsors the Patriot Award, and two members of the Educational Services Division of the Directorate of Human Resources received the Patriot Award at a ceremony July 25.

The award is not given to staffs or companies, but to individual supervisors who provide support directly to the



Marian Moore, left, a contract office representative, and Shirley Avant-Ferguson, an education services officer, each recently received the Employer Support of The Guard and Reserve Patriot Award July 25. The award was presented by retired Col. Verlyn Steinkruger, employer outreach representative for the Kansas Committee of ESGR.

nominating service members and their families.

Shirley Avant-Ferguson, education services officer, and

#### BEHIND THE SCENES

• Nominations for the ESGR Patriot Award are submitted by employees serving in the National Guard or Reserve, or the spouses of a Guard or Reserve members. The award is not given to staffs or companies, but to individual supervisors who provide support directly to the nominating service members and their families.

Marian Moore, contract office representative, each received the award from retired Col. Verlyn Steinkruger, employer outreach representative, for the Kansas Committee of ESGR.

"These employees (who serve with the Guard or Army reserve) may by gone between six and 12 months," Steinkruger said. "Then they come back and many times have to leave again on other tours. We've had Soldiers serve on four or five tours of duty. So it's a burden on employers."

Avant-Ferguson and Moore were nominated by 2nd Lt. Lyle Hawthorn, an officer with the 2nd Battalion, 130th Field Artillery, Kansas National Guard, a unit out of Hiawatha, Kansas.

Hawthorn, who is deployed and could not attend the award presentation, works as a civilian

contractor for the Educational Services Division.

"He is a higher education track counselor for the Soldier for Life and Transition Assistance Programs," Moore said. "He is well-versed in counseling Soldiers who want to leave active duty and pursue any kind of post-secondary education."

Hawthorn also teaches a series of seminars on those subjects, Moore said.

Nominations for the ESGR Patriot Award are submitted by employees serving in the National Guard or Reserve, or the spouses of a Guard or Reserve members.

The Patriot Award reflects the support citizen warriors receive through a wide range of measures including flexible schedules, time off prior to and after deployment, caring for families and granting leaves of absence if needed.

#### EYE ON THE PRIZE



Maria Childs | POST

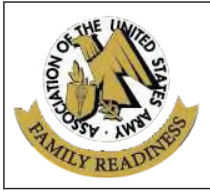
Regina Bezdek, Master Sgt. Bruce Bezdek, Headquarters and Headquarters Company, 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, and their daughter, Kaitlyn, cut the cake following an informal ceremony July 22 where the Bezdek family won a \$1,500 to the Exchange from Hershey's Company.



# FORT RILEY POST-ITS

## SOLDIER FOR LIFE TRANSITION ASSISTANCE PROGRAM EVENTS

Fort Leavenworth Job and Education Fair is scheduled from 10 a.m. to 2 p.m. Aug. 2, at the Frontier Conference Center, 350 Biddle Blvd., Fort Leavenworth, Kansas.



## SOCIETY OF AMERICAN MILITARY ENGINEERS TRANSITION FORUM

Members of SAME, Greater Kansas City Post will sponsor a transition forum Sept. 7, 1 p.m. to 4 p.m., 1st Infantry Division Headquarters, building 580, room 110, 1st Division Road.

Retired and former military members will share their transition experience and advice to assist veterans with the process. Military and spouses are invited to attend.

## ASSOCIATION OF THE UNITED STATES ARMY MILITARY FAMILY FORUM

Members of the AUSA organization will hold a military family forum Aug. 25 at Riley's Conference Center from 9:30 to 2 p.m. The topic will be military spouse employment: what you need to know.

For more information, contact support@ftrileyausa.org.

## FORT RILEY POST EXCHANGE BACK TO SCHOOL FASHION SHOW

Fort Riley Exchange staff will host a free back to school fashion show for kids of all ages July 30, noon to 1:30 p.m. at the Main Post Exchange

## CUSTER HILL BOWLING CENTER BEAT THE HEAT RUSH

The staff of the Outdoor Recreation Center will host a Zorb Ball Bubble Soccer tournament Aug. 6, 10 a.m. at Whitside Fitness Center.

Have some fun playing soccer in a giant plastic bubble.

Register individually or in teams of five. The cost is \$50 for a five-person team.



You must be 18 years or older to play and advance registration is required.

For more information or to register call 785-239-2363.

## GOLD STAR FLAG RAISING

In honor of fallen Soldiers from August from Kansas and Nebraska, a flag raising will be held on Aug. 1 at 6:30 a.m. at building 500 on Fort Riley.

If you would like to have your fallen Soldier or service member honored contact Survivor Outreach Services at 785-239-5979 or 785-239-1709.

## YARD GAME OLYMPICS

The Outdoor Recreation staff will host a Yard Games Olympics Aug. 6, 5 to 7 p.m. at Custer Hill Golf Course.

Games will include baggo, ladder golf, KanJam, golf challenges and more.

The event costs \$10 for a team of 2. Advance registration is required at the Outdoor Recreation Center. Participants must be 13 years or older.

For more information call 785-239-2363.

## BOWLING AND A MOVIE AT CUSTER HILL BOWLING CENTER

Catch dinner and a movie on the lanes Aug. 11 from 5 to 9 p.m.

Enjoy a family fun package for up to six bowlers for \$35 per group.

Price includes two hours of bowling, shoes, a large one topping pizza, two pitchers of soft drink and a family movie on the big screens

The movie is "Kung Fu Panda 3" and starts at 6 p.m.

For more information call staff at 785-239-4366.

## HEARTS APART FAMILY ARTS AND CRAFTS FOR WAITING FAMILIES PROGRAM

A family arts and crafts event, sponsored by the Army Community Service staff, is scheduled from 1 p.m. to 3:30 p.m. Aug. 13 at Colyer Forsyth Community Center for families of deployed Soldiers or families who are living separately from their service member. There will be instructor-led and independent craft projects for all ages. The event is free, but requires pre-registration as space is limited.

To register or for more information, call 785-239-9435.

## CUSTER HILL POOL CLOSING EARLY

Custer Hill Pool's last day of operation will

be Aug. 13. Pool passes purchased between May 28 and June 30 will be valid until Sept. 30 at Directorate of Family and Morale, Welfare and Recreation aquatics facilities.

For more information, call the aquatics program manager at 785-239-9441.

## RED CROSS BLOOD DRIVE - RECEIVE AN AMAZON GIFT CARD

The American Red Cross needs blood. The staff will host a blood drive from 9 a.m. to 3 p.m. Aug. 9 at Division Headquarters, 500, 1st Division Road. Another blood drive will be from 9 a.m. to 3 p.m. Aug. 10 at 210 Custer Ave. Register online at redcross.org.

## RED CROSS DENTAL ASSISTANT PROGRAM

Applications are being accepted for the Red Cross Dental Assistant Program through Aug. 19.

It is a free of charge, seven month-long program in partnership with Dental Activity and is open to all Department of Defense Identification Card holders.

Selected individuals will serve as a Red Cross Volunteer during the training and will receive 855 hours of training that will qualify them to work as a dental assistant upon completion.

For more information, call 785-239-1887.

## IRON MAN SKEET AND TRAP SHOOT

The Outdoor Recreation Center staff will host the Iron Man skeet and trap shoot Aug. 13 from 10 a.m.

The cost is \$75 per person and will include 12 rounds and 300 targets. Ammunition is not provided.

Registration required by Aug. 12. For more information call 785-239-2363.

## CUSTER HILL BOWLING CENTER TEEN NIGHT

The staff at Custer Hill Bowling Center will host a teen night Aug. 20, 6 to 9 p.m.

Admission is \$10 and includes unlimited bowling, shoe rental and a small one-topping pizza.

For more information call 785-239-4366.

## GARRISON GOLF DAY

The next garrison golf day is Aug. 25, 4 p.m. to 7 p.m. at Custer Hill Golf Course. The cost is \$20 and includes greens fee and cart rental. Driving range tokens are \$2.

For more information call 785-784-6000.

## GLOW BINGO

Staff at the Directorate of Morale, Welfare and Recreation will hold a glow-in-the-dark bingo Aug. 27 at Riley's Conference Center. Doors open at 6 p.m. and bingo starts at 7 p.m. The theme is the 70's. Costumes are encouraged.

Admission is \$15 which includes a bingo package and glow novelties. The games are open to Department of Defense Identification card holders ages 14 and up.

For more information, call 785-784-1000.

## MILITARYCHILDCARE.COM GO LIVE POSTPONED

The MilitaryChildCare.com Go Live date of July 13 has been put on hold due to complexities associated with major system upgrades. Announcements will be made when available about the updated Go Live date. Until the launch, programs and families will continue to use Fort Riley Child, Youth & School Services' current request for care process.

## FORT RILEY VARSITY BASKETBALL TRYOUTS

The 2016 to 2017 varsity basketball tryouts are scheduled for 5:30 p.m. on Aug. 1, 3 and 5 at King Field House.

## ISPORTSMAN SYSTEM

Fort Riley has an automated check-in and check-out system called iSportsman. Individuals can register at [www.fortriley.isportsman.net](http://www.fortriley.isportsman.net).

To access Fort Riley training area, use the iSportsman website. Check-in and check-out may be done with any personal device with Internet access, visit the iSportsman kiosk at 1st Division and Vinton School roads or the Environmental Division Office, building 407, during normal business hours.

For more information, contact the Environmental Division at 785-239-6211.

## USO NEWS

The Fort Riley USO Center is closed through Aug. 1 due to renovations. The center will reopen Aug. 2, 8 a.m.

A Sip and Chat event for spouses is held every Wednesday at USO Fort Riley from 9 to 10:30 a.m.

Operation Happy Birthday: USO Fort Riley volunteers will deliver a cupcake to Soldiers during the month of their birthday. See the USO Fort Riley Facebook page to sign up.



Spc. Derrik Tribbey | 1ST INF. DIV. PUBLIC AFFAIRS  
Retired Master Sgt. Carter Oliver, a former "Big Red One" Soldier at Fort Riley, speaks with Soldiers from the 1st Armored Brigade Combat Team, 1st Infantry Division, following a ceremony honoring veterans July 18 at Valley View Senior Life Living Home in Junction City, Kansas.

## VETERANS Continued from page 11

"This is a very special event," said retired Command Sgt. Maj. Jim Sands, Junction City commissioner and former 1st ABCT Soldier. "We are honoring those who thought they were forgotten."

Sands said the ceremony was important because it allowed veterans to tell their stories to current Soldiers.

Retired Master Sgt. Cortez McKinnis Jr., a Vietnam vet-

eran who served with the 1st Inf. Div., said the recognition was a great honor.

McKinnis said he wants to develop the next generation of Soldiers to be loyal and unselfish and develop military skills. Once Soldiers have those qualities, he added, they have unified strength as a team to defend against any enemy, foreign or domestic.

## KAW VALLEY RODEO



COURTESY PHOTO

The 1st Infantry Division Band, area rodeo queens and Willie the Wildcat all entertained Soldiers and families at the Kaw Valley Rodeo during military appreciation night July 21 at CiCo Park in Manhattan, Kansas.

## COMMUNITY CORNER

# Make a difference in your community: volunteer

By Col. John D. Lawrence  
FORT RILEY GARRISON COMMANDER

Monday evening, I had the opportunity to attend the Fort Riley Volunteer of the Quarter Recognition Ceremony. What a great event.

Soldiers, family members, retirees and Department of Defense civilians were nominated to be formally recognized for their contributions to our Fort Riley community. The number of hours volunteered by the entire group was simply amazing. These people did not ask for acknowledgement or praise; they volunteered because they wanted to make our community a better place. And they did.

We also must not forget the contributions of those volunteers who are able to give only a small amount of time. It's a

combination of our time given and talents shared that we are able to accomplish so much. The spirit of volunteering, to assist our Soldiers, family members and community is part of what makes Fort Riley so special. Thank you to each and every one of you for all of your volunteer efforts.

The opportunities to serve as a volunteer are numerous. If you have a talent to share, or are looking to learn new skills, volunteering provides many opportunities. Along with sharing your talents and time, volunteering is a great way to meet new friends and make a positive impact on your community. Even



Colonel Lawrence

if a hectic schedule leaves you with little time for volunteering, remember ... your community is grateful for any moments you can spare. In addition, helping your community, volunteering may increase your repertoire of skills, boost your resume and lead to future possibilities as a job candidate.

With school starting soon and numerous deployments upon us, we are in need of volunteers to assist with a wide range of programs. Whatever your passions or interests may be, there is a volunteer position for you. I encourage you to get out and make a difference in

your community, as well as for yourself. For more information, contact Becky Willis, the U.S. Army Volunteer Corps, volunteer coordinator at Fort Riley, 785-239-4593. See what opportunities are available to you.

Thank you again for all you do. Together as a team, we ensure Fort Riley remains the best place to live, train, deploy from and come home to.

— To comment on this article or to suggest a topic for Community Corner, email [usarmy.riley.incom.mbx.post-newspaper@mail.mil](mailto:usarmy.riley.incom.mbx.post-newspaper@mail.mil) or visit my Facebook page at [www.facebook.com/fortrileyygc](http://www.facebook.com/fortrileyygc).

## SUMMER SAFETY

### TIPS FOR STAYING COOL

- Be aware of the heat. Pay attention to it and modify your activities appropriately.
- Pay attention to your hydration status and be sure to drink plenty of fluids.
- Try to stay in relatively cool areas, even when outside. Many public places, such as libraries, shopping malls and movie theatres, are air conditioned.
- Avoid hot, enclosed places, such as cars. Never leave children or pets unattended in a car parked in the sun.
- Use a fan, if available.
- Stay on the lowest floor of your building.
- Eat well-balanced, light and regular meals.
- Wear loose-fitting, lightweight and light-colored clothing.
- Cover windows that receive a significant amount of sun with drapes or shades to help keep your house cool.
- Weather stripping and proper insulation will keep cool air inside your home.
- Cool beverages are good for cooling down the body, while alcoholic drinks can impair the body's ability to regulate its temperature.

### SIGNS OF HEAT OVEREXPOSURE

- Heavy sweating — though if heat stroke sets in, the body no longer can compensate and stops sweating
- Pale skin
- Muscle cramps
- Feeling tired and weak
- Altered mental status (confusion or disorientation)
- Headache
- Becoming semi-conscious or passing out
- Nausea or vomiting

For more information, contact the Garrison Safety Office at 785.239.2514.  
To learn about safety across the installation, visit [www.riley.army.mil/Units/GarrisonCommand/Safety/](http://www.riley.army.mil/Units/GarrisonCommand/Safety/)

## NOW SHOWING

Barlow Theater is now in digital!  
Tickets cost \$6.00 for adults and \$3.50 for children  
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Children younger than 5 are admitted free.

**FRIDAY, JULY 29**  
• Finding Dory (PG) 7 P.M.

**SATURDAY, JULY 30**  
• Finding Dory (PG) 2 P.M.  
• Warcraft (PG-13) 7 P.M.

**SUNDAY, JULY 31**  
• No You See Me 2 (PG-13) 5 P.M.

For movie titles and showtimes, call  
**785-239-9574**



# Sports & Recreation



## Dance into fitness with Zumba

Participants move to the beat in a dance routine during a Zumba class July 23 at Whitside Fitness Center. Instructors lead the class through each choreographed routine that vary from low to high impact and some modified moves, making the classes friendly to all skill levels.

Story and photo by Season Osterfeld  
1ST INF. DIV. POST

“I love to dance and the music sounded fun and I thought ‘well, I’m going to give it a try,” said Katherine Haynes, wife of Capt. Mark Haynes, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division. “I’m a big exercise girl and I didn’t know if it would give me what I needed, but I was wrong. I love it.”

Haynes was speaking about the Zumba classes available multiple times a week at Whitside Fitness Center operated by the Directorate of Family and Morale, Welfare and Recreation. She said she has been taking Zumba for four years and it has helped her lose weight and stay fit in an inviting and upbeat environment.

Zumba uses a combination of dance styles integrated with basic exercise moves, such as squats and lunges, to create a cardio workout that doesn’t feel like exercise, June Ranum, a Zumba instructor at Whitside Fitness Center, said.

“You don’t even know you’re working out, but you get a good workout,” Ranum said. “There are some people who underestimate Zumba, but once they take it, it’s like ‘whoa, it is pretty intense.”

The impact of the routines varies by instructor; however, instructors will also show modified moves for participants, Ranum said, making the classes available to all skill levels.

Mastering the choreography and having perfect coordination are not necessary for the classes, she said.

“A lot of people say ‘I am not coordinated,’” Ranum said. “That happens for everybody. Everyone has to go through that experience, so choreography is not a problem. As long as you work out and have fun.”

Haynes echoed Ranum’s thoughts, adding the basic moves are the same between the classes, making it easy to learn new routines and change instructors.

Ranum said the greatest changes she has seen in participants does not come from the weight they lose, but the confidence they gain. Many of the participants become more comfortable with themselves and those who did not want to exercise in the gym alone find themselves able to after taking a few of the classes, she said.

“My first participant, I don’t know how much she lost, but she gained confidence,” Ranum said.

The classes provide a positive environment without judgement, Haynes said.

“I’m excited and happy to come to Zumba class,” Haynes said. “Everybody has a great attitude. It’s fun. People smile when they’re doing it. It’s not something you hate doing, it’s something you love.”

All Department of Defense identification card holders are able to use fitness centers on post. Passes for the classes may be purchased in one pass for \$3, 10 passes for \$25 and 30-day unlimited pass sets for \$40 at Whitside Fitness Center or online through Webtrac at [riley.armymwr.com/us/riley](http://riley.armymwr.com/us/riley).

For more information and scheduling, visit [riley.armymwr.com/us/riley](http://riley.armymwr.com/us/riley).



Staff Sgt. Abner Alvarado | ARNews

Spc. Adrian Tillman, a human resources specialist with the 25th Sustainment Brigade, 25th Infantry Division, battles it out in the ring during the 2016 All-Army Boxing competition at Fort Huachuca, Arizona, and ultimately became the 2016 Heavyweight Champion. Tillman, an accomplished boxer, was selected to join the U.S. Army World Class Athlete Program in Fort Carson, Colorado, in August.

## All-Army champ jabs his way to 2020 Olympics

By Sgt. Ian Ives  
ARMY NEWS SERVICE

SCHOFIELD BARRACKS, Hawaii — Inside the Pearlside Boxing and Fitness facility in Kapolei, Hawaii, Spc. Adrian “Terminator” Tillman, a human resources specialist with the 25th Sustainment Brigade, 25th Infantry Division, works out amid the smell of old sweat, worn leather, the swish-snap of jump ropes, speed bags and ‘80s rock music.

Standing about six feet tall, Tillman transforms into a machine of focus and power as he begins his regimen. Never stopping for more than a few seconds, the 21-year-old said he does not take his mind off the target: to become an Olympic champion.

After becoming the All-Army boxing champion for two consecutive years, Tillman is now making preparations for a move to Fort Carson, Colorado, to join the U.S. Army World Class Athlete Program to train for a spot on the 2020 U.S. Olympic Boxing Team.

Growing up in Riverside, California, Tillman began boxing after prompting from his grandfather at the age of 12.

“I first got into boxing to try and lose weight,” said Tillman. “My grandfather would take me to the gym that he would train at, and over time, I began losing weight. I then decided that I would stick with boxing and begin competing.”

See BOXING, page 14

## Soldiers, families bond at Prairie Run

Story and photo by  
Hannah Kleopfer  
1ST INF. DIV. POST

Families cheered on their loved ones at the annual Prairie Run outside Fort Riley’s King Field House July 23. There were options for participants to run three races of different distances including a 1-mile, 5-mile and 10-mile. The 10-mile race allowed Soldiers to qualify for the Army Ten-Miler team which goes to Washington D.C.

“I wanted to come here and try to qualify for the ‘Ten-Miler,’” said Spc. Samuel Kosgei, Division Headquarters and Headquarters Battalion, 1st Infantry Division. “But it’s always good to come out here and support everyone. We have a strong team to go to D.C. in October. Running means a lot to me because I did not start yesterday. I have been running for the All-Army team since 2015. I love to represent my unit and my duty station and the Army as a team.”

The event hosted by staff of the Directorate of Family and Morale, Welfare and Recreation brought out many community members who wanted to take part in the run from privates to command leadership, including Brig. Gen. Patrick D. Frank, 1st Inf. Div. deputy commanding general.



Spc. Sam Kosgei, Division Headquarters and Headquarters Battalion, 1st Infantry Division, is the first of the Ten-Miler competitors to come across the finish line during the Prairie Run at Fort Riley’s King Field House July 23. Kosgei has qualified for the Army ten-miler team which will compete in Washington D.C. in October.

“MWR here at Fort Riley does tremendous work (for) our families, our Soldiers, DA civilians and the entire Flint Hills community,” Frank said. “An event like this gets everybody out on a Saturday morning in the spirit of competition. I love seeing Soldiers out here and families

See RUN, page 14



# World Military Women’s Basketball Championship Begins

By Gary Sheftick  
ARMY NEWS SERVICE

MARINE CORPS BASE CAMP PENDLETON, Calif. — Teams from the United States, Brazil, Canada, China, France and Germany began the World Military Women’s Basketball Championship at Paige Fieldhouse, July 25.

Chinese Maj. Gen. Kaiping Ma spoke at the opening ceremony sponsored by the Conseil International du Sport Militaire.

“The CISM is the world’s largest international military sports organization and its main goal is to bring together soldiers all over the world on the sports field, instead of the battlefield,” Ma told athletes and fans through an interpreter.

**‘FRIENDSHIP AMONG ALL MILITARY’**

“I hope it contributes to friendship among all military,” he said.

Marine Corps Brig. Gen. Kevin Killea, commander of Marine Corps Installations-West and Camp Pendleton, said his organization is proud to host the championship.

“I hope that you can get a deeper understanding of all our cultures and the interaction and relationships between our militaries,” Killea told the international athletes.

The CISM is a military-to-military engagement that fosters readiness, said Steven Dinote, U.S. CISM chief of delegation.

Along with athletes getting to know their counterparts from other nations, CISM also provides opportunities for officials to engage at the highest levels, Dinote said. “These can lead to training engagements down the road,” he added.

The weeklong championship is the culmination of a “long process of trying to get women’s basketball on the map,” said Dinote, who also serves as secretariat of U.S. Armed Forces Sports.

Last year, France hosted the first CISM Women’s World Basketball Championship, which featured seven teams. Brazil defeated China 87-86 to win gold, and the United States took the bronze medal last year.

Army Sgt. Kimberly Smith, from Camp Humphries, Korea, competed on Team USA in France and said that she has kept in touch with several international athletes through Facebook. She and Spc. Vanessa Lamison, from Fort Bliss, Texas, said they are both anxious to meet up again with some of their friends from other militaries.



COURTESY PHOTO

**French referee Christophe Gomez and athletes from China, Germany and the U.S. – along with two U.S. family members – duck as a TNT Dunk Squad acrobat somersaults over their heads at end of the opening ceremony for the World Military Women’s Basketball Championship at Marine Corps Base Camp Pendleton, Calif., July 25, 2016.**

**ACROBATICS DEMONSTRATION**

The opening ceremony ended with an acrobatics demonstration by the TNT Dunk Squad. Several athletes and family members were called out onto the floor to help with the stunts. The TNT squad used trampolines to somersault over a line of the volunteers.

Spc. Diane Barnes, from Fort Stewart, Georgia, and Sgt. Creshenda Singleterry, from Fort Bragg, North Carolina, assisted by throwing balls up as the acrobats somersaulted above the net and dunked them in.

In the first game of this year’s championship, Brazil beat Germany, 108-38. Brazil’s Sgt. Gilmara Justino was the leading scorer with 19 points and Sgt. Karla Martins Da Costa scored 16. Germany’s leading scorer was Sgt. Nancy Loth with 12 points.

In the second game, China bested France, 68-49. China’s 6-foot-6-inch Liting Zhang scored 23 points. Three members of the French team scored 7 points each: Laure Belleville, Elodie Decker and Stephanie Renaud.

In the third game, USA defeated Canada, 82-25. National Guard Sgt. Donita Adams

from Maryland scored 12 points and Navy Seaman Shaneika Bennet scored 11. On the Canadian side, Cpl. Nicole Gaudet scored 13 points, while Lt. Megan St. Aubin scored 8.

All 12 members of Team USA had a chance to play and score.

“It was a balanced scoring attack,” Smith said.

The round-robin competition continues until July 29, and the following day athletes will participate in a cultural trip to Sea World in San Diego.

## BOXING Continued from page 13

After switching to another gym, Tillman found his niche in the boxing world and dedicated a part of his life to it. Unlike most teenagers, the juggle of school life and the gym were not a problem for him.

“It was actually pretty easy to box and keep up with school,” said Tillman. “I would go to class each day, and after school, I’d walk to the gym to box. That would leave me with a few hours when I got home to do schoolwork and get ready for the next day.”

By his senior year of high school, Tillman had built a reputation and, at age 17, was offered the chance to become a professional boxer. It was a tough decision for him to make on his own.

“I was originally going to go into pro-boxing right out of high school,” said Tillman. “My mother helped talk me out of it explaining how joining the military would help me get an education. She would tell me that if boxing or the military didn’t work out for me that I would at least have an education to fall back on, so I joined the Army.”

After learning he would be stationed at Schofield Barracks with the 45th

Sustainment Brigade, 8th Theater Sustainment Command, now the 25th Sustainment Brigade, Tillman began searching for a gym to begin the next chapter in his boxing career. As fate would have it, he found the perfect place: Pearlside Boxing and Fitness, owned and coached by Eiichi Jumawan.

“Coach Eiichi Jumawan’s credentials are what made me ultimately decide to join Pearlside Boxing,” said Tillman. “What I didn’t want was to go to a gym where the coach wasn’t very involved with competing.”

Jumawan, a native of Wahiawa, Hawaii, is no stranger to competitive boxing, having been placed on the same U.S. National Boxing Team as Sugar Ray Leonard in 1976 and retiring from his professional boxing career undefeated. With his background, Jumawan was ideally suited to steer Tillman toward becoming a champion through intense training and competing as much as possible.

“Adrian is like a sponge, he just absorbs everything,” said Jumawan. “Every little detail, no matter how subtle it is; he is able to absorb it and make it natural to his technique. He really loves the sport and is always wanting to learn more.”

Tillman hit the ground running, impressing Jumawan with his natural ability. He was offered his first fight after a few weeks of training at Pearlside. He won. His first victory in Hawaii was a bittersweet one; once again his boxing career would be put on hold as duty called for his unit to deploy to Kandahar, Afghanistan, in support of Operation Enduring Freedom from 2014 to 2015.

“I was thinking about boxing all the time during my deployment,” Tillman said. “I was always training to keep in shape, from working out with my friends to sparring occasionally with other people who boxed. Once I got back from deployment, I hopped right back into training at my gym. I had decided that I wanted to try out for the All-Army Boxing team after a friend of mine had told me about it.”

The All-Army Tournament takes place annually at Fort Huachuca, Arizona, where boxers from throughout the Army compete. Tillman fought his first tournament in the super heavyweight division, which he won despite having little time to train after his deployment. Though his win was monumental for Tillman,

it posed a new problem for him in the Hawaii boxing scene.

“The hardest thing about working with Adrian was trying to find him a fight,” admitted Jumawan, laughing. “After he won the All-Army title no one wanted to fight him.”

Eventually, a few brave souls dared to challenge the “Terminator” in the ring, but none prevailed. With the momentum from his win at the All-Army Tournament, Tillman went on to become the Hawaii State Super Heavyweight Champion in 2015 and Heavyweight Champion in 2016.

With a new year came a new All-Army Boxing Tournament. Tillman signed up as a heavyweight. This year, the competition looked tough in the form of an Army lieutenant from Korea.

“In the beginning, I was pretty nervous about the fight,” said Tillman. “I had never trained with this guy, let alone watched him fight, and he was pretty stocky. Once the fight started though and we threw our first punches, I knew I was going to win. I listened to what my corner was telling me and by the third round the referee stopped the fight due to a technical knockout, making me the winner.”

Claiming his second All-Army title, the “Terminator” caught the interest of scouts from the U.S. Army World Class Athlete Program at Fort Carson, Colorado. Shortly after Tillman submitted a packet to the program, he was informed he had been accepted and received orders to leave the 25th Sustainment Brigade.

Though the move means Tillman will no longer be able to train at Pearlside Boxing and Fitness, Jumawan sees a bright future ahead for the boxer.

“There is a saying that goes, ‘boxers train when a fight comes up, but a champion trains everyday,’” he said. “Adrian trains like a champion every day. Whether there is a fight or not, he always puts in 110 percent. He is a special kind of athlete; you don’t find guys like him anywhere.”

Once Tillman joins the U.S. Army World Class Athlete Program, he will begin a four-year training program to prepare for tryouts for the 2020 Olympic Boxing Team and the opportunity to make his dream of becoming an Olympic Champion come true.

## RUN Continued from page 13

out here enjoying themselves. Some of these families are about to see their Soldier deploy. So that means a lot to families for MWR to hold events like this.”

The DFMWR staff members were high-fiving runners as they came across the finish line, playing music and handing out water and snacks to participants after the race.

“It’s our one big race of the year, so it gives our team a chance to come out and

provide an event for our customers,” said Kilee Debita, recreation specialist.

The race also gave those working to live a healthier lifestyle a chance to see what they could accomplish among the different race distances.

“I got a trainer a few months ago, so I figured why not try?” said Jhenia Fitzcharles, wife of Spc. Matthew Fitzcharles, 82nd Engineer Battalion, 2nd Armored Brigade Combat

Team, 1st Inf. Div. “We did it!”

Jhenia said she didn’t want to run the race alone, so her husband agreed to do it with her and they finished the race together. The Prairie Run was her first time doing a five-mile race.

“It gets people exercising and motivated,” Jhenia said.

For more information about events hosted by DFMWR, visit their Facebook page or go to [www.army.rileymwr.com](http://www.army.rileymwr.com).







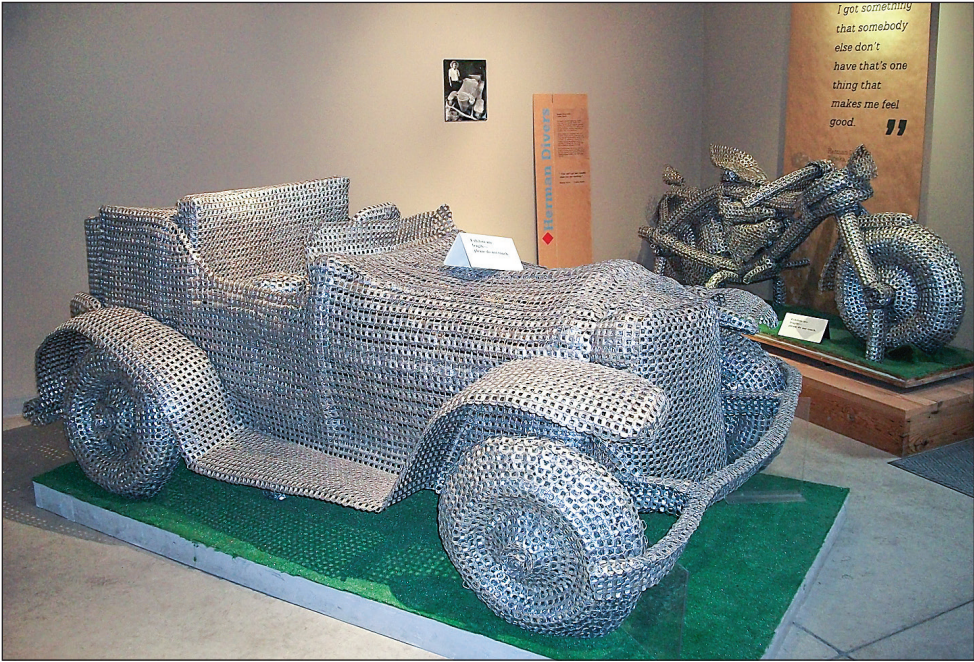
# Travel & Fun in Kansas



**The Garden of Eden is the oldest attraction in Lucas, Kansas. It was built in 1907 by Samuel Dinsmoor, a Civil War veteran, using 113 tons of cement. It is a finalist for the 8 Wonders of Kansas.**



**Bowl Plaza, the only public restrooms in Lucas, Kansas, resembles a toilet bowl complete with a dog drinking from the bowl. In 2014, the plaza won second place in the "Best Public Restroom Contest" sponsored by Cintas Corporation, Cincinnati, Ohio.**



**The Grassroots Art Center holds art made by people with no formal artistic training, who used ordinary materials to create something extraordinary. Tours are available by calling 785-525-6118 or emailing grassroots@wtciweb.com.**

**By Maria Childs**  
1ST INF. DIV. POST

Welcome to the Grassroots Art Capital of Kansas – Lucas.

Every year, more than 15,000 people venture to the small town to tour the artwork found on every corner according to the Lucas website.

A large souvenir travel plate welcomes you to Lucas — the largest one in the world according to the Lucas website.

The Bowl Plaza is an attraction of its own — a public restroom with walls, inside and out, covered with flashy mosaics. The town needed a public restroom to accommodate its visitors, so local artists made it fit in with the rest of the town. Bowl Plaza took four years to build. In 2014 the Cintas Corporation sponsored the “Best Public Restroom Contest” in the USA. The Bowl Plaza won second place in the nation by popular vote, according to the Lucas website. People from every state and 70 countries have signed the guestbook.

The Grassroots Art Center houses art made by people with no formal artistic training, who used ordinary materials to create something extraordinary. Kansas ranks third in the U.S. in the number of grassroots art displays, after Wisconsin and California, according to the Lucas website. Staff at the center offers workshops for groups where

they can create a grassroots masterpiece of their own.

The Garden of Eden is the oldest attraction in town. Samuel Dinsmoor, a Civil War veteran, began construction on the project in 1907. Using 113 tons of cement, he built 40-foot-tall trees to hold the figures for his sculpture garden. It is listed on the National Register for Historical Places and consists of a log cabin home and mausoleum where the creator and his wife are buried. According to the website, it is a finalist for the 8 Wonders of Kansas, “because it is a world-renowned grassroots art site with one of the most fascinating sculpture gardens in the world.”

The garden is open May through October, daily 10 a.m. to 5 p.m.; November through February, Saturday and Sunday 1 p.m. to 4 p.m. Adult admission is \$6, and children ages 6 through 12 are \$1.

Tourists can also visit the Deeble Sculpture Garden as part of the Grassroots Art Center tour. As a child, Florence Deeble watched Dinsmoor create his sculpture garden and it inspired her own masterpiece that remains in Lucas for visitors to enjoy.

Tours can be set up for a few people or a bus load. To set up a tour, contact the Lucas Chamber of Commerce at 785-525-6288 or email [lucascoc@wtciweb.com](mailto:lucascoc@wtciweb.com).

To learn more about Lucas or to plan a trip, visit [www.lucaskansas.com/home.html](http://www.lucaskansas.com/home.html).

