

Arlington National Cemetery provides 'lesson of service' for 400 volunteers

20th annual Renewal & Remembrance event benefits historic grounds

By Arthur Mondale Pentagram Staff Writer

An army of 400 professional landscapers from 31 states donated their time and expertise to enhance and preserve 150 acres of land that comprise Arlington National Cemetery July 11 during the 20th annual Renewal and Remembrance event.

Organized by the National Association of Landscape Professionals, the event is held annually to bolster the health and condition of the nation's most sacred grounds for interred service members, and for the benefit of the many visitors who visit the site daily.

"It's cathartic for a lot of the landscapers," said John Janes, a volunteer and recent Army National Guard retiree. "It's a privilege."

"There's a tremendous amount of honor and respect associated with beautifying these hallowed grounds for the volunteers that are

see LESSON, page 4



PHOTO BY ARTHUR MONDALE

About 400 professional landscapers from 31 states donated their time and expertise to enhance and preserve 150 acres of Arlington National Cemetery July 11 during the 20th annual Renewal and Remembrance event. Volunteers laid down 8,265 pounds (4.13 tons) of phosphorous; installed and repaired irrigation systems; and repaired pedestrian pathways. Arborists installed cabling to protect the cemetery's older, more prominent trees from damaging lightning strikes.

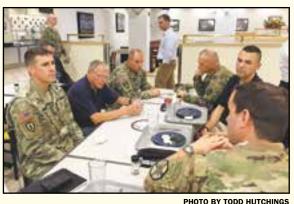
Rader Clinic welcomes Spangler, bids farewell to Weinberg

By Guv Callahan Pentagram Staff Writer

The Joint Base Myer-Henderson Hall community welcomed Army Lt. Col. Kathy Spangler as the new commander of Andrew Rader U.S. Army Health Clinic during a change of command ceremony at the Community Center on the Fort Myer portion of the joint base July 6. Spangler took over the post from Lt. Col. Ed Weinberg, who served as the commander of Rader Clinic for two years and will move on to a new post as the director of communications for U.S. Army Medical Command. Retired Army Lt. Gen. Patricia Horoho, who served as the 43rd U.S. Army Surgeon General and the commanding general of MEDCOM, was in attendance, along with new JBM-HH Commander Col. Patrick Duggan,



Discussion with Sen. Inhofe



Col. Patrick M. Duggan, bottom right, commander

see RADER, page 4

PHOTO COURTESY OF MARK ZARAGOZA

U.S. Army Lt. Col. Kathy Spangler, middle, incoming commander for the Andrew Rader U.S. Army Health Clinic, accepts the unit's colors as a symbol of accepting command during a change of command ceremony July 6 on the Fort Myer portion of Joint Base Myer-Henderson Hall. Spangler took command from Lt. Col. Ed Weinberg, who is moving on to his new post as director of communications for the U.S. Army Medical Command.

A family affair, Part 1

Federal employee logs 4 decades on Fort Myer; has 3 daughters, sister who work on JBM-HH

By Guv Callahan Pentagram Staff Writer

Rubin Nicholas never served in the military, but that doesn't mean he hasn't served his country.

Nicholas-tall, friendly, soft-spoken-has worked on Joint Base Myer-Henderson Hall for 41 years, the majority of them spent as a motor vehicle operator for the Logistics Readiness Center providing transportation services to the joint base community.

In his time on JBM-HH, Nicholas has provided transportation support for the White House and three presidential inaugurations, evacuated victims from the Pentagon in the aftermath of the Sept. 11, 2001, terrorist attacks, and transported Soldiers from the 3d U.S. Infantry Regiment (The Old Guard) and The U.S. Army Band to countless funerals in Arlington National Cemetery. He's even dry cleaned former Secretary of State Colin Powell's uniform a few times.

A South Carolina native, Nicholas began working for the federal government right after graduating from high school in 1974. During an interview with the Pentagram,

see FAMILY, page 5



Federal civilian employee Rubin "Mick" Nicholas poses for a photo in front of one of the Myer Flyer buses he drives throughout the National Capital Region. Nicholas has worked on JBM-HH for 41 years, the majority of them spent as a motor vehicle operator for the Logistics Readiness Center providing transportation services to the joint base community. Joint Base Myer-Henderson Hall, speaks with Sen. James M. Inhofe (R-Okla.), center left, inside the Fort Myer Dining Facility during the senator's visit to JBM-HH July 8. Also in attendance were leaders from the 3d U.S. Infantry Regiment (The Old Guard) and U.S. Army Maj. Gen. Laura Richardson (not pictured), the Army's chief legislative liaison.

News Notes

Golf with Us

Marine Corps Community Services Henderson Hall's Semper Fit Golf with Us goes to Forest Greens July 15 for an 8:30 a.m. shotgun start. Register to play by going online to www.mccsHH. com/GolfWithUs and pay with a credit card. The fees are \$55 for civilians; \$40 for officers, staff non-commissioned officers and retirees; and \$30 for non-commissioned officers and retirees; and \$30 for non-commissioned officers and below. This series of tournaments in Northern Virginia runs through September. The Aug. 19 tournament is at Lee's Hill and the Sept. 16 tournament is at Marine Corps Base Quantico, Virginia. For more information, call 703-693-7351.

Play morning

Play Morning has returned to the great outdoors. The JBM-HH New Parent Support Programs host a play morning for children age 5 and under and their parents and caregivers July 21 and 28, 10 to 11:30 a.m., at Virginia Highlands Park in Arlington. Come enjoy a morning out, meet other military families, and find out about the New Parent Support Program. Registration is requested; for information, call 703-693-7206.

Prostate Cancer Support Group meetings – July 21

The Prostate Cancer Support Group meets monthly at the Walter Reed National Military Medical Center the third Thursday of every month. The next meeting at Walter Reed will be July 21 from 1 to 2 p.m. and 6:30 to 7:30 p.m. at the America Building, River Conference Room on the 3rd floor. Spouses/partners are invited to attend these meet-

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For more weather forecasts and information, visit www.weather.gov.

Miss America pays respect to America's fallen



PHOTO BY SPC. DAN YEADON

Miss America Betty Cantrell bows her head during a full-honors wreath-laying ceremony at the Tomb of the Unknown Soldier in Arlington National Cemetery, July 11. The wreath laying was on behalf of the USO's 75th Anniversary. Cantrell was joined by Military District of Washington Commander Maj. Gen. Bradley A. Becker; USO-Metro's Chairman of the Board Paul McQuillan; and Miss America's Executive Chairman Sam Haskell. All 52 Miss America contestants joined Cantrell during the wreath-laying. The ceremony will be featured during the ABC television broadcast of the "2017 Miss America Competition," which airs on Sept. 11, the 15th anniversary of the attacks on the World Trade Center in New York City, the Pentagon and in Pennsylvania. Cantrell's visit was coordinated by the USO and she was hosted by the 4th Battalion, 3d U.S. Infantry Regiment (The Old Guard). She was treated to a showcase of music, a firing demo and a military police K-9 demonstration, put on by Soldiers of the 4th Battalion.

Soldier for Life-Transition **Assistance Program Program seminars and workshops**

Reservations are required. Spouses are encouraged to register and attend. Call the SFL-TAP office, 703-696-0973 or log-in at www.acap.army.mil. Available to all registered clients who have completed DD2648/2648-1 and initial counseling. Location of seminars and workshops are in the SFL-TAP Bldg. 404 on the Fort Myer portion of JBM-HH unless otherwise noted.

Retiring transition assistance program 8 a.m. to 4 p.m.

- July 18-22 or 25-29
- Aug. 8-12 or 22-26
- Sept. 19-23 or 26-30
- Aug. 16-17

TRICARE benefits in depth

Career technical training

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This week in military history

Compiled by Jim Goodwin Editor, Pentagram

July 14 1916:	National Guardsmen of the 4th South Dakota Infantry prepare to mobilize to protect the United States border at San Benito, Texas, against Pancho Villa's surprise raids, according to an entry on the National Guard's website. While in Texas, the unit participated in several large-scale exercises to help train Soldiers in case America was drawn into World War I.
July 15 1958:	Operation Blue Bat begins in Beirut, Lebanon, according to the 1966 Marine Corps report, "Marines in Lebanon, 1958." The operation, authorized by President Dwight D. Eisenhower, began when Lebanon's president called for U.S. aid amid a growing Muslim revolt there and put some 14,000 U.S. troops on the ground to help secure the Beirut International Airport and Beirut's port.
July 16 1950:	U.S. Army Chaplain Herman G. Felhoelter is posthumously awarded the Distinguished Service Cross for actions on this day during the Korean War, according to an entry

on the This Day in Military History website. Felhoelter

is the first chaplain to earn an award for heroism and the

first chaplain to lose his life in the Korean War.

- 8 a.m. to 4 p.m. • July 15
- Aug. 1-5

ETS TAP

- Sept. 12-16

Entrepreneur track boots to business

8:30 a.m. to 3:30 p.m.

• Sept. 6-7

Business franchise opportunities 1 to 3 p.m.

• Aug. 29

Finding and applying for federal jobs

9:30 a.m. to noon

- July 27*
- Aug. 24*

Federal resume

12:30 to 3:30 p.m.

- Aug. 18
- Sept. 8

10 a.m. to noon

• Aug. 18

8 a.m. to 4 p.m.

8 a.m. to 4 p.m.

• Sept. 13-14*

• Sept. 8

Marketing yourself for a second career

1 to 3 p.m.

- July 26*
- Aug. 23*
- Sept. 27*

Financial Independence 10 a.m. to noon

- July 26*
- Sept. 27*

Capstone

(Every Friday by appointment) 8:30 to 11:30 a.m.

- July 15, 22, 29
- Aug. 5, 12, 19, 26
- Sept. 2, 9, 16, 23, 30

*Located in Education Center Bldg. 417, room 108/**218

CORRECTION

In our July 7 edition, we erroneously stated that the "LGBT Personnel in the Armed Forces: Advancing a Position of Inclusivity and Embracing Diversity" forum took place at National Defense University on the Fort McNair portion of Joint Base Myer-Henderson Hall. The event actually took place at the William J. Perry Center for Hemispheric Defense Studies, also located at Fort McNair. We apologize for the error.



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OFFICIAL ARMY PHOTOGRAPH	U.S. Army Chap- lain Herman G. Felhoelter posthu- mously received the Distinguished Service Cross for actions on July 16, 1950, during the Korean War.
During the Spanish-Americ	

	OFFICIAL ARMY PHOTOGRAPH
17 8:	During the Spanish-American War, Gen. William Shafter forces the surrender of Spanish troops commanded by Gen. José Toral y Vázquez in Santiago de Cuba, according to an entry in John Wagman's book, On this Day in America.
18 7 9	Legendary Continental Navy Capt. John Paul Jones dies in Paris, France, according to an entry on Navy.mil. After the American Revolution, Jones argued for the need of a permanent American Navy. The U.S. Congress dis- agreed, and Jones found work instead as a rear admiral in the Russian Navy. A century after his death, Jones is exhumed from Paris and buried in a sarcophagus at the U.S. Naval Academy.
19 1:	U.S. Army-Air Corps Capt. Benjamin O. Davis, Jr., a West Point graduate whose father had been the first black graduate of the U.S. Military Academy, reports to Tuskegee Institute in Alabama with 12 aviation cadets to begin flight training as the first class of black pilot candidates in the

194 training as the first class of black pilot candidates in the U.S. military, according to the Air Force History, One Hundred Ten Years of Flight. In the same month and year, then-Army Lt. Col. Omar Bradley established the first Officer Candidate School at Fort Benning, Georgia. The Army's OCS program celebrates its 75th anniversary this year. More information can be found at www.ocsalumni. org or www.goarmy.com/ocs.

July 20 Congress passes Public Law 671, establishing the Legion of Merit medal is to be awarded to military personnel of 1942: both the United States and friendly foreign nations for "exceptionally meritorious conduct in the performance of outstanding services," according to an entry on the This Day in Military History website.



PENTAGRAM

Community Thursday, July 14, 2016 3 Losing an eye can't keep a good horse down

By Julia LeDoux **Pentagram Staff Writer**

Not all of the nation's Soldiers walk on two legs.

Some walk on four, eat hay, live in the stables on the Fort Myer portion of Joint Base Myer-Henderson Hall and have a socket where their left eye used to be.

Meet Mickey, a member of the 3d U.S. Infantry Regiment's (The Old Guard) Caisson Platoon. The white Percheron Morgan Cross hasn't let having only one eye interfere with his mission of ensuring that the last ride for deceased service members to their final resting place in Arlington National Cemetery is an honorable and respectful journey.

"He leans more to the Morgan side than the Percheron side, but you can still see with his build how big he is," said Caisson Platoon Leader 1st Lt. Austin Hatch. "He is a sweet horse."

Mickey is about 18 years old, stands 16 hands tall and weighs 1,600 pounds. He has been a member of the Caisson Platoon for 10 years, said Hatch. Mickey was diagnosed with a tumor on the inside of his left eye three years ago.

"He started feeling a lot of pressure in his eye and was very uncomfortable to the point where he wouldn't socialize with anybody," he continued. "He would stay in his stall. The tumor was a serious detriment to his quality of life."

Making the decision to remove Mickey's eye wasn't without risk, said Hatch.

"Horses are very energetic because they are prey animals," he said. "Whenever you remove an eye, depending on the horse you have, some horses won't make it."

Happily, that wasn't the case for Mickey, which is a credit to what Hatch called the horse's laid back, go with the flow demeanor.

"You would struggle to find a horse that is more relaxed than he is," said Hatch. "The whole team could be freaking out over something and he just doesn't care."

Mickey lost about 180 degrees of his vision when his eye was removed in 2013. The surgery kept Mickey out of work for several months that year and his first public appearance came when he accompanied the Budweiser Clydesdales on their visit to the base in the spring of 2013.

And Mickey's first time back in position on a Caisson Platoon funeral detail came the same day as Hatch's first ride with the platoon.

"We bonded," said Hatch with a smile as he gave Mickey an affectionate pat.

Seeming to know that he was being talked about, Mickey turned his head and appeared to listen as Hatch explained the care that is taken to ensure that no dirt or debris gets into his eye socket. Hatch also proudly discussed how Mickey doesn't let his disability slow him down.

"He's a good horse," Hatch said. "He gets the job done and that's all we ask for."

To learn more about the Caisson Platoon, visit http:// www.oldguard.mdw.army.mil/ specialty-platoons/caisson or follow them on Facebook at https://www.facebook.com/ CaissonPlatoon/.

Pentagram Staff Writer Julia LeDoux can be reached at jledoux@dcmilitary.com.

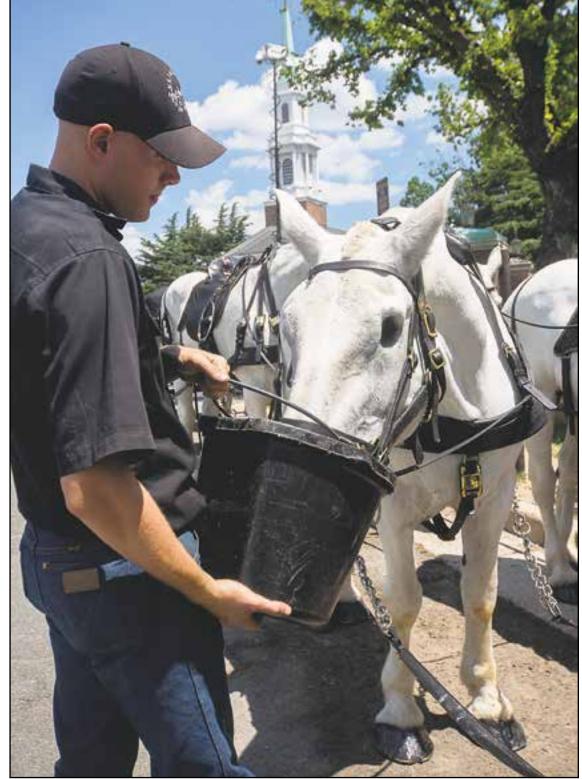


PHOTO BY BOBBY JONES

Army Spc. Gene Moscone, a section worker assigned to the 3d U.S. Infantry Regiment's (The Old Guard) Caisson Platoon, provides water for Mickey after a recent mission July 11 on the Fort Myer portion of Joint Base Myer-Henderson Hall. Mickey, an 18-year-old Caisson horse, can perform up to four missions a day even though he has only one eye; his left eye was removed after a medical condition necessitated surgery.

A mural with a message: 'Our customers are heroes'

Military police protect the a shii prce, |



PHOTO BY DELONTE HARROD

A new mural, pictured here, located inside the dining area of the Fort Myer Exchange, just across from the Starbucks on Joint Base Myer-Henderson Hall, communicates a message of solidarity and appreciation, according to William Shoffner, general manager of the Exchange.

By Delonte Harrod Pentagram Staff Writer

Humans have communicated through visual art for thousands of years, from cave drawings to Renaissance classics and modern expressionism. Visual art is one of many mediums that humans use to tell stories, depict reality and

communicate messages.

A new mural, a modern day cave painting, located inside the dining area of the Fort Myer Exchange, just across from the store's Starbucks, on Joint Base Myer-Henderson Hall communicates a message of solidarity and appreciation, according to William Shoffner, general manager of the Exchange.

Soldiers, Sailors, Airmen and Marines "makes a statement on how we feel about all of our customers," said Shoffner, who added that those customers also include Reservists, National Guardsmen, military retirees and

see MURAL, page 5



PHOTO BY SPC. BRANDON C. DYER

Sgt. Timothy Ketchum, a military police officer with the 3d U.S. Infantry Regiment's (The Old Guard) 289th Military Police Company, fills out paperwork while performing roving patrols at Joint Base Myer-Henderson Hall June 26. Ketchum is one of dozens of uniformed MPs who patrol, respond and enforce laws and regulations at all three portions of JBM-HH and inside Arlington National Cemetery.

By Spc. Brandon Dyer The Old Guard **Public Affairs**

Conspicuous patrol cars driven by military police officers prowl the streets of Joint Base Myer-Henderson Hall all day, every day.

MPs spend their days mak-

ing sure people notice their presence, and are ready to take any necessary action to protect those who work, live or visit JBM-HH.

Sgt. Timothy Ketchum has manned a military police cruiser as a member of the 3d

see MP, page 8

<pre>* * The United States Army Band * * * CALENDAR OF EVENTS</pre>			
July 14	7:30 p.m.	The U.S. Army Concert Band, Army Chorus and Herald Trumpets will perform at Brucker Hall on the Fort Myer portion of Joint Base Myer-Henderson Hall.	
July 15	8 p.m.	The U.S. Army Concert Band, Army Chorus and Herald Trumpets will perform at the West Side of the U.S. Capitol in Washington, D.C.	
July 16	5 p.m.	The U.S. Army Band Downrange will perform a community concert at All Saints' Church at 18 Olive Avenue, Rehoboth Beach, Delaware.	
July 17	7 p.m.	The U.S. Army Blues will perform at the City of Bowie Summer Concert Series at Allen Pond Park, Setera Amphitheater, 3330 Northview Drive in Bowie, Maryland.	
July 17	8 p.m.	The U.S. Army Band Downrange will perform a community concert at Rehoboth Beach Bandstand at 229 Rehoboth Avenue at Rehoboth Beach, Delaware.	
July 20, 27; Aug. 3	7 p.m.	Twilight Tattoo – A military pageant at Summerall Field on the Fort Myer portion of JBM-HH. The tattoo is an hour-long, sunset military pageant featuring Soldiers of the 3d U.S. Infantry Regiment (The Old Guard), The Old Guard Fife and Drum Corps, The U.S. Army Drill Team, The U.S. Army Blues, a soloist from The U.S. Army Chorus and vocalists of The U.S. Army Band Downrange and The U.S. Army Voices. This event is free and open to the public. No tickets are required. Pre-ceremony live music begins at 6:30 p.m., all shows start at 7 unless otherwise noted.	
July 21	Noon	The U.S. Army Blues will perform at the Smithsonian Museum's Summer Concert Series at the National Museum of American History in Washington, D.C.	

Performances are free and open to the public, unless otherwise noted. All outdoor concerts are subject to cancellation or location change due to weather considerations. Call 703-696-3399 for up-to-date information on concert cancellations or location changes. For additional details and a full calendar of performances, visit www.usarmyband.com/event-calendar.html.

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here," said Missy Henriksen, vice president of public affairs for the National Association of Landscape Professionals. "This event brings companies and individuals from throughout the country together to do a signature project to really make a meaningful difference."

The event also served as a teachable moment in the importance of volunteerism for three dozen children who participated in the daylong event, to include laying a wreath at the Tomb of the Unknown Soldier.

"The most significant part is the children," said Roger Phelps, cor-



Saluting, from left, are: Lt. Col. Ed Weinberg, outgoing

commander for Andrew Rader U.S. Army Health Clinic; Col. Laura Trinkle, commander, U.S. Army Medical Department Activity, Fort Meade, Maryland; and incoming Rader Clinic Commander Lt. Col. Kathy Spangler, during a change of command ceremony July 6 on the Fort Myer portion of Joint Base Myer-Henderson Hall. Spangler took command from Weinberg. Spangler most recently served as the director for Nursing at the Pentagon's DiLorenzo TRICARE Health Clinic.



porate communications manager for Stihl, Inc., a sponsor for the event. "There's a lesson of service—in some way, give back to your community."

Volunteers had several projects to tackle on the day's itinerary. Volunteers laid down 8,265 pounds (4.13 tons) of phosphorous to promote root growth to 95 acres of turf throughout the cemetery; installed and repaired irrigation systems to the historic Lee Rose Garden; and repaired pedestrian pathways. Arborists focused their attention on older, prominent trees in need of lightning protection and cabling, Phelps said.

"Trees generally over 200 years old and over 100 feet tall are legacy trees that we do not want damaged by lightning," said Tom Shotzbarger, a volunteer arborist. "The [electric] charge could just blow trees apart."

Shotzbarger watched teams of arborists scale to the tops of these historic giants armed with tools and copper wiring, grounding the wire feet away from the trunks.

The selection process is based on height, age, spread and exposure of more than 8,000 trees that exist in the cemetery, said Shotzbarger.

"We've been trying to protect between seven to 10 trees each year," he added. "The lightning protection helps to redirect a charge through the copper wires and into the ground."

Other volunteers fo-

cused on beautification in sections. For example, 700 new plants were placed in various locations throughout the grounds.

Teresa Jacobson, a volunteer and U.S. Army veteran, called the project an "amazing, heartrending opportunity to give back," as she referenced the throngs of people riding aboard Arlington National Cemetery buses for interpretative tours, who passed her as she dug trenches in the mid-summer heat.

"I'm glad they've come to look at this national legacy, but they should do something more," she said.

Pentagram staff writer Arthur Mondale can be reached at awright@dcmilitary.com.

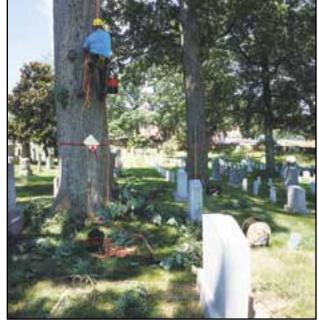


PHOTO BY ARTHUR MONDALE

An arborist with the National Association of Landscape Professionals scales a tree to run cable up the length of the tree's trunk as a protective measure against lightning strikes July 11 during an annual all-volunteer beautification event in Arlington National Cemetery. About 400 professional landscapers from 31 states donated their time and expertise to enhance and preserve 150 acres of the cemetery during the 20th annual Renewal and Remembrance event.

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family, friends and community members.

Spangler joined the Army in 1996, after earning her Bachelor of Science degree in nursing from Bellarmine College in Louisville, Kentucky, and receiving her ROTC commission in the Army Nurse Corps. She most recently served as the director for nursing at the Pentagon's DiLorenzo **TRICARE** Health Clinic from August 2014 to June 2016. She has also served at Fort Carson, Colorado; Fort Bragg, North Carolina; Walter Reed Army Medical Center in Washington, D.C.; and at Camp Bastion in Afghanistan.

Col. Laura Trinkle, commander of the U.S. Army Medical Department Activity, Fort Meade, and Kimbrough Ambulatory Care Center, said Spangler was the right person to continue Rader's legacy of care and service to the community. "The Army recogniz-

es the importance of bringing in new perspectives and energy to keep an organization moving forward," Trinkle said. "Kathy has a strong clinical background with multiple leadership positions."

That experience will be invaluable for the command, Trinkle said.

"It provides her a unique perspective of how Rader fits into the larger picture of healthcare in the National Capital Region," she said. "Her previous experiences, education and demonstrated leadership ensure she is certainly up for the task of continuing to improve the reliability of focused care provided by the team here at Rader. Kathy, I will tell you to hang onto your hat, because the train is moving fast."

And during her remarks, Spangler told her husband, Lt. Col. Brian Spangler, and

three children to "get ready for the ride."

"I am honored and humbled standing in front of you here today," Spangler told the crowd after the passing of the flag. "Andrew Rader U.S. Army Health Clinic is an incredible facility filled with amazing people who provide high-quality care to over 14,000 beneficiaries in the National Capital Region. The moment I stepped into this clinic, I felt that presence and that dynamic team ensuring that patients received extraordinary care every time."

She also congratulated Weinberg on his new post and thanked him for the advice and guidance he provided over the last few weeks to help the transition process.

Trinkle called Weinberg a "true team player" and noted the impact he had on the Rader community, emphasizing his focus on people.

"Rader is the equivalent of Cheers for

healthcare organizations

 it's the place where everybody knows your name, whether you're a patient or a staffer," Trinkle said.

Lt. Col. Chris Sloan, master of ceremonies for the event and the former Rader deputy commander of administration, also lauded Weinberg's accomplishments at the post.

"He tackled this task with a resolute focus on people," Sloan said. "If you know Lt. Col. Weinberg for very long, you know he welcomes the opportunity to walk the halls; to visit his teammates. From the onset he rounded with compassion and sincerity, to gain a deeper understanding of the organization, its people and its pulse. I think he realized quickly that Rader was full of great players: gifted providers, passionate nurses, skilled admin support and model Soldiers."

Weinberg thanked his whole Rader team during his remarks, noting that the last two years flew by.

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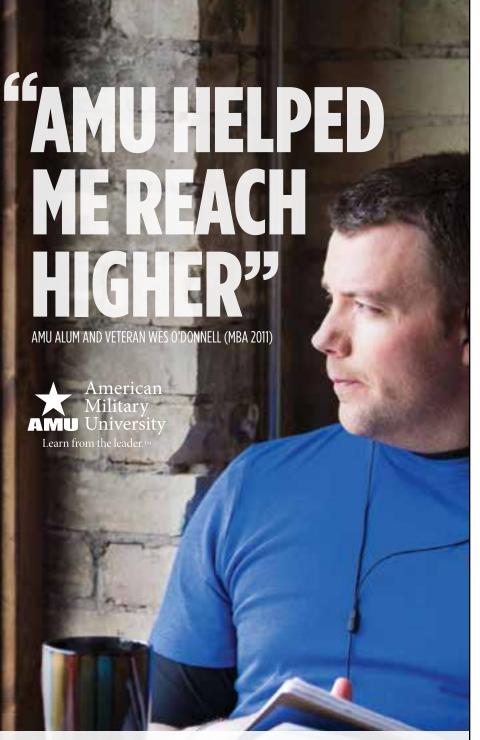
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*As reported by Military Times, July/August 2015

"To my Rader family, our accomplishments over the past two years are all significant and are now a part of our shared legacy," he said. "But it is our relationships, your smiles and our shared memories that I will cherish the most."

And he expressed his utmost confidence in Spangler and the next chapter in the Rader legacy.

"To Kathy, Brian and the Spangler family, as of tomorrow you will own 40 percent of the Chesapeake MEDDAC," he said. "I wish you and your family the best as you embark on your journey. Without hesitation you are absolutely the right leader to take on this mission."

Pentagram Staff Writer Guv Callahan can be reached at wcallahan@ dcmilitary.com.

> Find us online: ww.DCMillitary + c

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Nicholas said he had originally wanted to drop out of high school to join his brother in the Marine Corps, but his mother wasn't too keen on that idea.

It was his brother who suggested he work for the government, Nicholas said.

"My brother used to work in Arlington National Cemetery," he said. "When he came back from Vietnam, he stopped off [in D.C.] to visit and he's still here."

A motorcycle accident injury also prevented Nicholas from enlisting in the military, but not from a life of service.

"I still served my country though, and I'm proud of it," he said.

When he first came to the joint base, Nicholas started out working in the quartermaster laundry, eventually moving to the dry cleaning plant. He noted that Powell's battle dress uniform always looked brand new, even when it was brought in for cleaning.

Nicholas was also one of three joint base bus driv-

ers who helped evacuate federal employees from the Pentagon after terrorists flew a plane into the building's western side on Sept. 11, 2001.

"We were evacuating people," he said. "That was a nightmare. I saw a lot of stuff that I'll never forget. I remember walking over there by ground zero ... I was there for 24 hours, until the next day." Nicholas said it's been special to watch the joint

base change and grow during his time, recalling the construction of Brucker Hall and Memorial Chapel on the Fort Myer portion of the joint base.

"I've seen the base grow," he said. "They had the white barracks, I remember the day they knocked the white wooden barracks down."

And Nicholas' fondness for the joint base runs in the family – he has three daughters and one sister who work on the joint base.

Two of his daughters work on the joint base security team and another works at Andrew Rader U.S. Army Health Clinic. His sister works at the commissary and has been here for about 30 years, he said.

"We don't get to see each other every day, but every chance I get [if my daughter is] on the gate I'll swing by and drop off a bottle of water or something," he said. "Sometimes I drop off lunch. It's really nice."

Since he was never able to serve in uniform, Nicholas takes his job seriously, especially the mission support he provides to The Old Guard and The U.S. Army Band for funerals.

"I know it's hard for them, standing out there in 100 degrees for the funerals," he said. "But they do it. They're amazing guys, and they do it well."

When asked why he's worked on JBM-HH for such a long time, Nicholas' answer is simple - it feels like home.

"Considering this is the only place I've ever worked, it's just been awesome working here," he said. "People ask me why I've worked here so long, I just say I like it. This is like my second home...I've been here so long, it's like getting up at 5 a.m. and going home."

Pentagram Staff Writer Guv Callahan can be reached at wcallahan@dcmilitary.com.

MURAL from page 3

family members

"We honor each and every customer wherever they serve," he said. The mural is composed of four life-size photos depicting Army and Marine life, which also includes a photo of The U.S. Army Band "Pershing's Own," overlaid with the slogan "Our Customers Are Heroes."

Chris Ward, senior public relations manager at the Army and Air Force Exchange Service in Texas, wrote in an email that the slogan's specific wording was chosen because it captures the uniqueness of the customers AAFES serves.

"These are our customers and it is our honor to recognize their service," explained Ward. "We want to show our customers our appreciation; [and] at the same time, we want to remind our associates the uniqueness of those

they serve." Before the mural was installed, the wall was a

blank slate, said Shoffner. He said that the mural was an opportunity to do something for the service members and customers who visit and shop at the Exchange.

"[It] was an opportunity to give something back to our customers," he said. "We wanted to capture the essence of the joint base. It is the reason why we have the Marines, the band and the Tomb of the Unknown Soldier [in the mural]. It's kind of tribute to the men and women in the military." Shoffner said he's re-

ceived positive feedback from some service members. He said some of them have emailed him inquiring about how they can obtain a couple of the mural's photos that they are in. He also said that then-JBM-HH Commander Col. Mike Henderson, as well as Headquarters and Service Battalion, Headquarters Ma-

rine Corps Henderson Hall's Sgt. Maj. Robert Pullen and others have told him that they are impressed with the mural.

"It was a good feeling...and meant a lot," he said.

The new mural and slogan are not exclusive to JBM-HH, Shoffner said. Instead, similar efforts at AAFES exchanges worldwide are part of a broader campaign of customer appreciation. However, each mural will be specific to the military installation in which it is located, said Shoffner. Each mural will express each base's mission and purpose, but the slogan will stay the same, he said.

"The slogan...tells all who come to the Exchange that we recognize the individual sacrifices they make to serve and protect the freedom we enjoy as Americans," said Ward.

Pentagram Staff Writer Delonte Harrod can be reached at dharrod@dcmilitary.com.

Tell them what they've won, Johnny...



PHOTO BY SPC. DAN YEADON

Joint Base Myer-Henderson Hall Commander Col. Patrick M. Duggan, left, introduces and interacts with Steve Sellery, CEO of Rising Tide Sports and Entertainment Group and the host for the Armed Forces Trivia Quest July 11 in the Fort Myer Fitness Center on Joint Base Myer-Henderson Hall. The venue was hailed as a "one of a kind, live game show experience" by organizers. JBM-HH was the first military installation to host the game show. Service members and families had the opportunity to attend and participate in the free event, which included a grand prize of \$1,000 and various other giveaways and prizes.





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700 military children – including six from Fort Myer – earn scholarships

By Mike Perron DeCA Public Affairs

Seven hundred students from military families—including six from Fort Myer—each received a \$2,000 scholarship this year thanks to the 2016 Scholarships for Military Children program.

The program, created in 2001, recognizes the contributions of military families to the readiness of the fighting force and celebrates the commissary's role in enhancing military quality of life.

The six recipients from Fort Myer are: Isabel Anderson, Nicole Gray, Cory Pringle, Eleanor Splan, Kylie Weaver and Elizabeth Zachman. The full list can be found online at www. militaryscholar.org/sfmc/winners16.html.

The program is administered by Fisher House Foundation, a nonprofit organization that provides assistance to service members and their families.

"With a 13 percent increase in applications this year, the program was even more selective than in the past," said Fisher House Foundation Vice President Jim Weiskopf. "In addition to recognizing the scholastic achievements of the 700 recipients, we owe special appreciation to the Defense Commissary Agency business partners whose donations each year make the scholarship program possible."

No government funds are used to support the program. DeCA's industry partners vendors, manufacturers, brokers, suppliers — and the general public donate money to fund the program, and every dollar donated goes directly to funding the scholarships.

"I'm always impressed with

the creativity and dedication to the pursuit of scholastic excellence shown by these students," said Michael J. Dowling, DeCA deputy director and chief operating officer. "These scholarships are a wonderful way to give back to the military communities we serve by investing in the futures of these brilliant children."

Dowling added that the support of DeCA's industry partners and the Fisher House Foundation is critical to the scholarship program's availability.

In all there were 4,513 qualified applicants this time around.

"The competition among applicants was keen," said Weiskopf. "We are recognizing the best of the best."

One student selected for a scholarship is definitely going places. Megan Stith of Chester, Virginia, said she will be attending school at Queens University Belfast in Northern Ireland. Her father, Richard, retired from the Army as a chief warrant officer 3 after 24 years of service in 2014.

With the help of the scholarship, Stith said she can continue her international education while minimizing her student debt.

"I chose to apply there because it is sort of like home base for me," said Stith. "I have friends and family there, because that is where my mother is from, and for me it is a place that I feel grounded."

The number of scholarship awards each year is based on funds available, but the program awards at least \$2,000 at each military commissary. If there are no eligible applicants from a given commissary, the funds designated for that commissary are awarded as an ad-

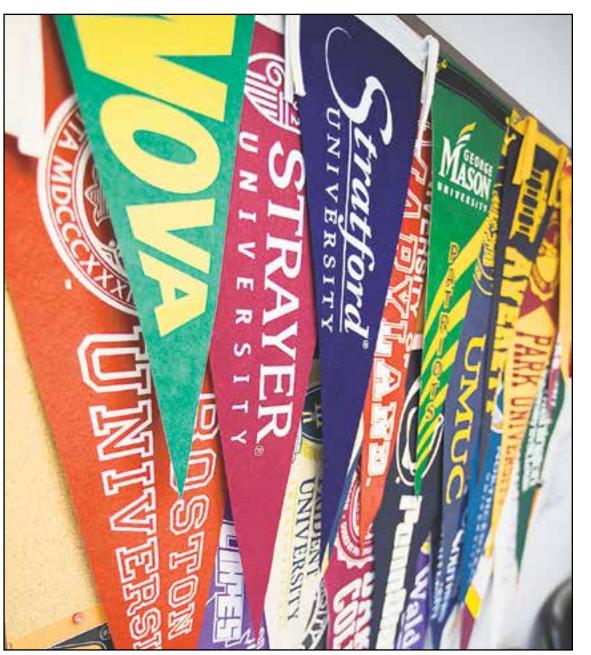


PHOTO BY NELL KING

Pennants for different universities and colleges create a wall of color inside the Education and Career Services office on the Henderson Hall portion of Joint Base Myer-Henderson Hall. The Defense Commissary Agency recently announced that 700 students from military families—including six from Fort Myer—each received a \$2,000 scholarship this year under the 2016 Scholarships for Military Children program.

ditional scholarship at a different store.

Planning for next year's program begins soon, and the announcement of application dates is normally made in the fall.

Applications will be available in commissaries worldwide and online at www.militaryscholar.org. To be eligible to apply for a scholarship, a student must be a dependent, unmarried child, younger than 21 — or 23, if already enrolled as a full-time student at a college or university — of a service member on active duty, reservist, guardsman, retiree or survivor of a military member who died while on active duty or survivor of a retiree.

Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current military ID card.



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NEWS from page 1

ings. As a reminder, a military ID is required to access Walter Reed. For those without a military ID, contact the Prostate Center at 301-319-2900 at least four business days prior to the meeting. For more information, contact retired U.S. Army Col. Jane Hudak at 301-319-2918 or jane.l.hudak.ctr@mail.mil.

Army OCS 75th anniversary

The U.S. Army Officer Candidates School Alumni Association celebrates the diamond anniversary of OCS July 20 at JBM-HH. At 1:15 p.m. the association will lay a wreath at the Tomb of Unknown Soldier at Arlington National Cemetery in recognition of the OCS 75th birthday.

A regional reunion and other activities will follow on the Fort Myer portion of the joint base. At 7 p.m., all OCS alumni will be recognized at Twilight Tattoo. Graduates and those affiliated with any Army OCS program are invited to attend. To join the celebration, RSVP to harrisnva@msn.com. See www. ocsalumni.org for more information or call 703-618-0017.

EFMP Speaker Series – July 19

The MCCS Henderson Hall Exceptional Family Member Speaker Series offers a presentation on special education July 19, 11 a.m. to 1 p.m. in the Pentagon Conference Center, Room B2. Guest speaker Hank Millward's topics include transfer requirements, consent, prior written notice, procedural safeguards, discipline, and more. Millward is the associate director of the Office of Dispute Resolution and Administrative Services for Complaints and Family Involvement with the Virginia Department of

Education. The presentation is open to Department of Defense identification card holders. Register by calling 703-693-5353 or 703-696-0783 or emailing efmphh@usmc-mccs. org by July 14.

Come celebrate ACS' 51st birthday – July 22

Army Community Service will host a Music and Mocktails Open House July 22, 11 a.m. to 1 p.m. at ACS (Bldg. 201 on Fort Myer portion of JBM-HH) in honor of ACS' 51st anniversary. This event, which will feature light refreshments and displays of ACS' history, is open to the entire JBM-HH community. Created in July 1965, then-Army Chief of Staff Gen. Harold K. Johnson approved establishment of ACS at all Army garrisons to "provide a flexible framework for the operation of a viable system of social services," according to ACS' online history. For more information, call 703-696-1200.

Marine Corps CFT -July 22

The S3/Training Section of Headquarters and Service Battalion, Henderson Hall, is holding a Combat Fitness Test for those Marines who desire to complete this annual training requirement July 22. Marines desiring to take the test should muster at 6 a.m. at the CFT field next to Memorial Chapel on the Fort Myer portion of JBM-HH. Marines must wear the seasonal MAR-PAT (deserts) for this test. Additionally, Marines will be paired up with another Marine within 10 pounds to facilitate the maneuver under fire portion of the test. Marines should also bring their Common Access Cards for verification and training submission into the Marine Corps Total Force System. For more information, call 703-693-9063.

Dive-in Movie Nights at JBM-HH July 23, Aug. 13

JBM-HH Family and Morale, Welfare and Recreation Dive-In Movie nights are back at the Fort Myer Officers' Club Pool Complex. Future "Dive-In Movie" nights include a viewing of "Despicable Me" on July 23 and "Hotel Transylvania 2" Aug. 13. Gates open at 8:15 p.m. and show time is 9 p.m. Admission is free; audience members must provide their own floatation devices - lounge rafts or inner tubes. In the event of severe weather or high winds, showings will be cancelled. For further information, call 703-939-1045.

AMEDD recruiting – July 26

Fort Myer is hosting an AMEDD briefing July 26 from 11:30 a.m. to 12:30 p.m. in room 110 in Bldg. 417. A U.S. Army Healthcare Recruiting Team from the U.S. Army Medical Recruiting Center will brief on qualifications and application procedures to service members interested in becoming a U.S. Army healthcare professional. If you are interested in becoming a U.S. Army healthcare professional, please RSVP by email to karen.r.powell.civ@mail.mil or for more info please call 703-696-1541/1652/3178.

Warrant Officer recruiting – July 26

On July 26 from 1 p.m. to 2 p.m. in room 110 at the Fort Myer Education Center, a Warrant Officer Recruiting Team from the Special Operations Recruiting Battalion will brief on qualifications and application procedures to service members interested in becoming an Army Warrant Officer. Registration is required. To register contact Karen Powell at karen.r.powell.civ@mail.mil or 703-696-1541. For more information, please call 703-696-1588.

GoArmyEd 101 – July 27

Register by July 27 for an Introduction to GoArmyEd Aug. 2. The Fort Myer Education Center is offering an interactive class, GoArmyEd 101, to orient Soldiers to the GoArmyEd website for access to Tuition Assistance at the Fort Myer Education Center, Bldg. 417 in room 107. The orientation class will provide instruction on Tuition Assistance policy, how to create an account, researching college programs, resolving holds, enrolling, dropping and withdrawing from classes and how to get help through handson guided instruction. Seating is limited so RSVP is required by July 27. To reserve your seat, email cherlin.c.ngala.civ@mail. mil or karen.r.powell.civ@mail. mil, or call 703-696-1652 or 703-696-1541.

Baby Bundles – July 29

Army Community Service is hosting another of its Baby Bundles classes for new and expecting parents July 29, noon to 3 p.m. at the ACS classroom in Bldg. 201 on the Fort Myer portion of JBM-HH. This class teaches parents the essentials of newborn parenting. Registration is required. To register or for more information, call 703-696-3512.

Finding and applying to federal jobs – Aug. 4

MCCS Henderson Hall's Transition Readiness Program offers a free workshop, Uncovering the Secrets: Finding and Applying to Federal Government Jobs, Aug. 4 from 9 a.m. to noon in Bldg. 21 on the Fort Myer portion of JBM-HH.

The workshop will cover topics such as navigating USAJobs. gov, reading and understanding job announcements, drafting a robust resume and gaining a greater understanding of the many career paths available through the U.S. Department of Health and Human Services. Call 703-614-6828 to register.

AFAP seeking quality of life issues

Do you have a quality of life issue you would like to be heard by senior leadership?

Army Family Action Plan (AFAP) is a program that provides Soldiers, civilians, retirees and their families a voice in shaping their standard of living by identifying issues and concerns for Army senior leadership. If it is a program or service, AFAP can improve it. If it is a policy, AFAP can change it, and if it is a law, AFAP can amend it. Issues can be submitted directly to AFAP Program Manager Kathy Feehan at kathryn.k. feehan.civ@mil.mil or online through the AFAP Issue Management System at www. myarmyonesource.com.

Death notice

Anyone with debts owed to or by the estate of Sgt. 1st Class Michelle L. Beasley, Joint Communications Integration Element, must contact U.S. Navy Lt. Cmdr. Trevor Day, the summary courts martial officer for the Soldier. Beasley passed away June 29. Call Day at 703-872-1553 (office).

News Notes submissions

Send your submissions for the July 28 edition of the Pentagram via email at pentagramjbmhh@yahoo.com no later than noon, July 20. Submissions must be 100 words or less and contain all pertinent details. Submission of information does not guarantee publication. Please note that unless otherwise noted, all events listed are free and open to all Department of Defense ID card holders.





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MP from page 3

U.S. Infantry Regiment's (The Old Guard) 289th Military Police Company for two and a half years. Riding in between gates on JBM-HH in Arlington, Virginia, and Fort McNair in Washington, D.C., Ketchum's job today as a rover is to assist where he is needed.

The 289th served in World War II and Korea before being deactivated in 1955. In 1994, the 289th Police Company became part of The Old Guard.

A call comes over the radio: "We have a medical emergency." A 13-year old female is experiencing symptoms of heat stroke inside Arlington National Cemetery. Ketchum takes a right into the Tri-Service parking lot and accelerates to the nearest gate separating the cemetery and JBM-HH.

Upon arrival, Ketchum notices paramedics are on the scene. He takes a position near the scene; he needs to be far enough away to avoid interrupting the paramedics. MPs have to respect

the privacy of the patient and abide by Health Insurance Portability and Accountability (HIPPA) guidelines.

While the cemetery does employ civilian security, MPs respond to assist and secure the area.

The most common calls, especially during hot Virginia summer afternoons, are heat-related injuries.

On extraordinarily hot days, MPs can respond to half a dozen calls before noon, said Ketchum.

Most victims of heat stroke, exhaustion or cramps are children on school trips, he said.

MPs also make a record of the report so concerned family members can be advised of the hospital to which their child was taken.

The paramedics take the teen away, and Ketchum returns to his patrol.

During an eight-hour shift, officers perform tasks like providing over watch of gates and running checks on people trying to come onto the installation. In addition to calls from the cemetery, one of their primary duties is to be a visible presence throughout JBM-HH.

Ketchum said most calls on JBM-HH he said. are to the gates.

"Registration, tags, drivers licenses," Ketchum said. "That's actually where we get most of our drunk driving and drug offenders is from people who made a wrong turn."

Ketchum's shift begins early in the morning and often ends with physical training (PT) after their shift is completed in the early afternoon.

There are three shifts total: a day shift, an evening shift, and a swing shift.

MPs will cycle through the day, swing and night shifts every three months.

Becoming a police officer has been an aspiration for Ketchum since high school, he said. His mother insisted he volunteer at the Manassas Battle Field to "give him a taste of manual labor,"

"I foiled her because I liked it," said Ketchum. "The ranger I worked with was a law enforcement ranger, so after that I knew I was going into the Army; that was a foregone conclusion. I walked into the recruiter and said, 'I want to be an MP."

Enlisting in 1993, Ketchum served five years before leaving the Army and working as a civilian police officer until returning to military service in 2007. He says there are similarities between the two, but also vast differences.

"They are exactly the same, and then completely different," said Ketchum. "We do the same exact job, only on a smaller scale depending on where you're at. Larger installations; it's like working in a city."

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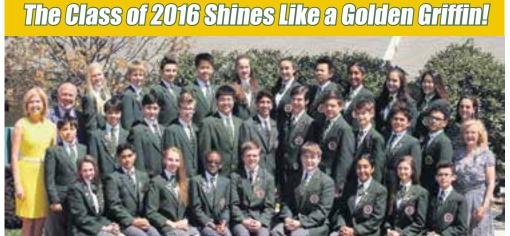
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