



Earning that cake

Hundreds participate in annual Army Birthday run on JBM-HH

By Delonte Harrod
Pentagram Staff Writer

Hundreds of service members and civilians gathered at Summerall Field on Joint Base Myer-Henderson Hall to celebrate, honor and remember the birth of the Army by running four miles through Arlington National Cemetery and on parts of the joint base.

The Army was founded in 1775 when American colonists banded together throughout New England to fight against the British in America's revolution for independence, historian John R. Maass writes at www.history.army.mil.

"They had no unified chain of command, and although Artemis Ward of Massachusetts exercised

authority by informal agreement, officers from other colonies were not obligated to obey his orders," Maass writes of the oldest American military. "The American volunteers were led, equipped, armed, paid for and supported by the colonies from which they were raised."

The way the Army remembers and celebrates its traditions and those who have served isn't something that is only appreciated in America.

"We get many visitors from other armies from all around the world and every one of them are in great envy that we have such place [Arlington National Cemetery] in our national capital," Lt.

see RUN, page 4



PHOTO BY SPC. DANIEL YEADON

Leading hundreds of Soldiers, Marines, civilian employees and other guests in the annual Army Birthday run June 17 on the Fort Myer portion of Joint Base Myer-Henderson Hall are, from left: U.S. Army Maj. Gen. Paul K. Hurley, U.S. Army chief of chaplains; Under Secretary of the Army Patrick Murphy; and Lt. Gen. Gary Cheek, director of the Army Staff.

Joint Base Myer-Henderson Hall Commander Col. Mike Henderson, far left, and other joint base leaders participate in the Army Birthday run June 17 on the Fort Myer portion of JBM-HH. Hundreds of Soldiers, Marines, civilians and other guests participated in the annual run, this year in recognition of the Army's 241st birthday, along a four-mile course through the joint base and Arlington National Cemetery.



PHOTO BY DELONTE HARROD

Davis turns over Old Guard command to Garkey

By Spc. Brandon C. Dyer
The Old Guard Public Affairs

Col. Johnny K. Davis, a commander hard-pressed to pass a group of Soldiers without shaking their hands, waved goodbye a final time to the Soldiers of the 3d U.S. Infantry Regiment (The Old Guard) last week.

The regiment's 80th Commander, Davis relinquished command of the Army's oldest active infantry regiment to Col. Jason T. Garkey in a ceremony June 16 on Summerall Field on the Fort Myer portion of Joint Base Myer-Henderson Hall.

Garkey replaces outgoing commander Davis, who has served as commander since June 18, 2014.

After the passing of colors from the outgoing commander to the incoming, Joint Force Headquarters-National Capital Region and the U.S. Army Military District of Washington Commander Maj. Gen. Bradley A. Becker explained how Davis'

see COMMAND, page 4



PHOTO BY SPC. BRANDON C. DYER

Col. Johnny K. Davis, outgoing commander for the 3d U.S. Infantry Regiment (The Old Guard), passes the regimental colors to Maj. Gen. Bradley A. Becker, commanding general, Joint Force Headquarters-National Capital Region and the U.S. Army Military District of Washington, signifying Davis' relinquishment of command during a change of command ceremony June 16 on Summerall Field at the Fort Myer portion of Joint Base Myer-Henderson Hall. Davis relinquished command of The Old Guard to incoming Commander Col. Jason T. Garkey after two years at the helm.

Henderson: Communication, partnerships key to JBM-HH success

Compiled by Jim Goodwin
Pentagram Editor

Editor's note: On June 28, Col. Mike Henderson will relinquish command of Joint Base Myer-Henderson Hall to incoming Commander Col. Patrick Duggan. As Henderson wraps up his final days at JBM-HH, I was able to speak with him and capture his thoughts across a variety of topics concerning the past 24 months of his time as commander.

The following reflection is presented in a straight-forward, question-then-answer-style article to allow for easier reading and to provide mostly unabridged responses from the colonel. This approach is an intentional effort to capture Col. Henderson's reflections in whole, providing an unedited version of his responses.

see REFLECTION, page 4



PHOTO BY ARTHUR MONDALE

Active shooter Incident Commander Lt. Daniel Lemon, a Joint Base Myer-Henderson Hall police officer, briefs Col. Mike Henderson, commander of JBM-HH, and other senior leadership during an installation-wide active shooter exercise on the Fort Myer portion of the joint base May 17. During a recent Pentagram interview, Henderson said that communication and relationships with the community are the top take-aways during his past 24 months as joint base commander. He will relinquish command to incoming JBM-HH Commander Col. Patrick Duggan during a ceremony June 28.

News Notes

Community response to violence workshop – June 23

Lundy Bancroft, author of "Why does he do that?" brings his expertise and research to JBM-HH when he hosts a workshop titled Community Response to Family Violence June 23, 8:30 a.m. to 4:30 p.m. at Memorial Chapel on the Fort Myer portion of JBM-HH. Bancroft will teach attendees how to develop coordinated response and services for families dealing with domestic violence. To register or for more information, call Army Community Service at 703-696-3512.

New JBM-HH gate hours begin June 24

New operational hours and provisions for all three portions of JBM-HH will begin June 24 with Fort McNair's Ceremonial Gate. Effective July 5, changes in operating hours to Fort Myer's Wright Gate and Henderson Hall's Gate 1 will commence. The revised operating hours can be found online at www.slideshare.net/JBMHH/new-gate-hours-for-jbmhh. Also, the JBM-HH Visitor Control Center hours are: Fort Myer, Bldg. 415, Monday through Friday, 8 a.m. to 5 p.m.; and Fort McNair, Bldg. 65 (immediately inside 2nd Street Gate) — Open Tuesday and Thursday from 8 a.m. to 4 p.m. Call 703-696-8968 for more information on both Visitor Control Centers. For more information about the new gate hours, call JBM-HH Operations at 703-696-3291 or the military police desk sergeant at 703-588-2801.

Annual Ten-Miler Online Transfer Program open

Those seeking to transfer their registration to participate in this year's Army Ten-Miler on Oct. 9 have an opportunity to do so if via the ATM Transfer Program through Aug. 19. Available online at www.armytenmiler.com, the program allows those currently registered to transfer their registration online to another person. The original runner will receive an email confirming the transfer request has been received, while the new runner will be sent

see NEWS, page 4

Zika Virus: What you need to know	page 2
July 4th hours	page 2
Community	page 3
Sec Army welcomed	page 6
Safety	page 7
News notes	page 8

THURS.
88 | 65



FRI.
84 | 65



SAT.
87 | 66



SUN.
90 | 69



Final salute



PHOTO BY DELONTE HARROD

Firefighters from Joint Base Myer-Henderson Hall Fire and Emergency Services render salutes as Fire Engine 410 from Fairfax, Virginia, passes by along McNair Road on the Fort Myer portion of JBM-HH June 14. The fire engine was carrying the ashes of retired Fairfax County Fire and Rescue Department Lt. Kenny McDaniel for chapel services at Old Post Chapel and later burial in Arlington National Cemetery. McDaniel, of Woodbridge, Virginia, passed away Sept. 28, 2015, at the age of 55. He retired as a chief warrant officer 4 from the U.S. Coast Guard before serving with Fairfax County.

Zika virus: Get the facts, protect yourself

Local testing continues, preventative measures key:

The JBM-HH Pest Management team has already treated catchment basins to stop the breeding of Culex mosquitos and are trapping and testing for West Nile Virus-borne. Although there are no immediate reports of Zika, West Nile or other viruses in JBM-HH-captured mosquitoes, the best precaution to avoiding contracting these diseases is by preventing mosquitos from breeding in the area, said Ron Purvis, JBM-HH Pest Management Team member.

To achieve that, Purvis and fellow team member Ronald Quarles recommends joint base residents, staff, service members and others take an active part in preventing mosquito breeding by identifying and emptying items and areas that contain standing water. Standing water, such as that collected in plant pots, wheel barrows, and other potential backyard water catchers, are where mosquitoes lay their eggs, he said.

“If you’re turning over the sources [of breeding], like standing water, that’s vital to combating mosquito breeding,” said Purvis. “The more we can get the community aware, the better.”

More preventative measures and tips include:

- Wear long-sleeved shirts and long pants.
- Stay in places with air conditioning and window and door screens to keep mosquitoes outside.
- Tightly cover water storage containers (buckets, cisterns, rain barrels) so that mosquitoes cannot get inside to lay eggs.
- For containers without lids, use wire mesh with holes smaller than an adult

FROM PREVENTION TO ZIKA

WHAT WE KNOW

AND WHAT WE DON'T KNOW.

What we know

- Zika can be passed from a pregnant woman to the fetus.
- Infection during pregnancy can cause serious birth defects.
- Zika is spread mostly by the bite of an infected Aedes species mosquito.
- These mosquitoes are widespread in some parts of the U.S.
- There is no evidence of evidence for Zika.

What we don't know

- If there is a link with Zika and pregnancy-related issues like miscarriages or stillbirths.
- If you don't own and use a mosquito net, you can get Zika.
- If you have a pet, you can get Zika.

For more information: www.cdc.gov/zika

CENTERS FOR DISEASE CONTROL AND PREVENTION

mosquito.

- Use larvicides to treat large containers of water that will not be used for drinking and cannot be covered or dumped out.

Additional information on preventing mosquito breeding, as well as mosquito-borne viruses, can be found on the Centers for Disease Control and Prevention website at <http://go.usa.gov/cj3CG>.

To schedule a visit or inspection for potential mosquito-breeding areas, contact Purvis or Quarles at 703-965-6073 or 6049, respectively.

JBM-HH Independence Day Operations and services holiday hours

Andrew Rader U.S. Army Health Clinic	Closed. For more information, call 703-696-7957.
Army Community Service	Closed. For more information, call 703-696-3510.
Army and Air Force Exchange Services – Fort Myer PX, to include: Starbucks, Subway, Barber Shop, cleaners/alterations, GNC, and the Optical Shop.	Open 10 a.m. to 4 p.m. Call individual stores for more information: Starbucks (703-527-0101); Subway (703-243-1786); Barber Shop (703-351-6569); Cleaners/Alterations (703-358-9257); GNC (703-522-6786); Optical Shop (703-528-9122); ASAP Flowers (703-953-0555) . Any AAFES activities not listed here are closed.
Auto craft shop	Closed. For more information, call 703-696-3387.
American Clipper Barber Shop	Open 11 a.m. - 3 p.m. For more information, call 703-271-8177.
Bowling Center	Open noon to 6 p.m. For more information, call 703-528-4766.
MCCS Car Wash	Open 24 hours a day, seven days a week.
Cody CDC	Closed. For more information, call 703-696-3095.
Community Activities Center	Closed. For more information, call 703-696-3470.
Commissary	Open 8:30 a.m. – 4:30 p.m.; no Early Bird shopping. Call 703-696-3674.
CYSS	Closed. For more information, call 703-696-4942/0313.
FMWR Admin Offices	Closed. For more information, call 703-696-3305.
Fort Myer Express	Open 9 a.m. to 5 p.m. Call 703-806-4371.
Fort Myer Fitness Center	Open 8 a.m. 4 p.m. For more information, call 703-696-7867.
Fort Myer Officers' Club	Closed. For more information, call 703-524-0200.
Fort Myer Officers' Club Pools	Open from 11 a.m. to 8 p.m. For more information, call 703-524-0200.
Fort Myer PX	Open 10 a.m. to 4 p.m. Call 703-806-4371.
Fort McNair Express	Closed. Call 703-806-4371.
Fort McNair Barber Shop	Closed. Call 703-806-4371.
Fort Myer Five Star Catering	Closed. For more information, call 703-524-0200.
Fort McNair Officers' Club	Closed. For more information, call 202-484-5800.
Fort McNair Fitness Center	Closed. For more information, call 202-685-3117.
Fort McNair Five Star Catering	Closed. For more information, call 202-484-5800.
Java Café	Closed. For more information, call 571-483-1962.
Library	Closed. For more information, call 703-696-3555.
Marine Corps Exchange, Vineyard Wine & Spirits and NEX Uniform Center	Open 10 a.m. to 6 p.m. For more information, call 703-979-8420. NOTE: Any Marine Corps Community Services activities not listed here are closed.
Old Guard Lounge	Closed. For more information, call 703-524-0200
Spates Community Club	Closed. For more information, call 703-527-1300/1302.
Spates Five Star Catering	Closed. For more information, call 703-527-1300/1302.
Spindrift Café	Closed. For more information, call 703-524-3037.
Cpl. Terry L. Smith Gymnasium	Open 7:30 a.m. - 3 p.m.; group exercise classes are cancelled. For more information, call 703-614-7214.
Veterinary Treatment Facility	Closed. For more information, call 703-696-3604.
Zembiec Pool	Open 10 a.m. – 4 p.m. For more information, call 703-693-7351.

Almost all activities and offices on Joint Base Myer-Henderson Hall will be closed Monday, July 4, the federal holiday designated as Independence Day, a federal holiday celebrating America's independence. Most military personnel will have a training holiday Friday, July 1. The following facilities and places of business have reported open or closed hours for July 4. Unless otherwise noted, this list applies to July 4. This list is not all encompassing; please check with the facility you wish to visit for more details.

Soldiers renew commitment to the Army in Pentagon ceremony

By Julia LeDoux
Pentagram Staff Writer

Fifteen Soldiers from throughout the National Capital Region celebrated the U.S. Army’s 241st birthday week by re-enlisting during ceremonies held June 16 and 17 at the Pentagon.

Lt. Gen. Robert S. Ferrell, the Army’s chief information officer, hosted the June 16 event, which saw 13 active duty, U.S. Army Reserve and National Guard Soldiers renew their commitment to serve the nation. Army Chief of Staff Gen. Mark A. Milley hosted the June 17 event, which also featured an Army birthday cake cutting and the reenlistment of two Soldiers.

Speaking before a crowd at the Pentagon auditorium, Ferrell noted that there are any number of ceremonies that take place during the Army’s birthday week.

“This ceremony is the one I’m most proud to be a part of,” he told the family, friends and colleagues who gathered for

the ceremony. “As a matter of fact, this is the highlight of my month.”

Ferrell, who enlisted in the Army in 1977, said he was a bit envious of those who were re-enlisting.

“You still have a bright future of service ahead of you,” he said. “An old guy like me, well, I’ll just leave it there.”

Ferrell said the Soldiers’ decision to re-enlist is important to the Army, the nation, themselves personally and to their families.

“Without dedicated Soldiers like you who are willing to join our ranks and then are willing to stay and assume positions of greater responsibility, our Army cannot survive,” he said. “Our Army is not made from equipment or weapons or trucks or tanks. Our Army is made of people who are assigned and are part of that great family.”

Ferrell said being a Soldier takes intelligence, fitness, dedi-

see COMMITMENT, page 5



U.S. Army Lt. Gen. Robert S. Ferrell, the Army’s chief information officer, shakes hands with Staff Sgt. Herchel Skinner following a mass reenlistment ceremony June 16 in the Pentagon auditorium. During the ceremony, Ferrell administered the oath of enlistment to Skinner and 13 other Soldiers as part of a Pentagon Army Birthday celebration. Army Chief of Staff Gen. Mark Milley reenlisted two more Soldiers and cut cake June 17 in the Pentagon in a separate ceremony.

Joint base, Arlington Co. sign agreement to enhance services, save money



Joint Base Myer-Henderson Hall Commander Col. Mike Henderson, center, signs a memorandum of agreement June 15 in Arlington, Virginia, between the joint base and Arlington County while joint base and county officials look on. The agreement, the first of several planned between JBM-HH and Arlington County, seeks to help the installation enhance its services and realize cost-saving measures in a public to public partnership with Arlington County.

By Julia LeDoux
Pentagram Staff Writer

Joint Base Myer-Henderson Hall has entered into an agreement that seeks to help the installation enhance its services and realize cost-saving measures in a public-to-public partnership with Arlington County.

JBM-HH Commander Col. Mike Henderson signed a memorandum of agreement with county officials June 15 during a meeting that included representatives from Arlington County, the Northern Virginia

Regional Commission and a number of regional stakeholders.

The meeting was a follow-up to discussions that began last October and focused on expanding community-military partnerships through working groups and support agreements.

“At the outset, we identified six areas where we hoped to partner with Arlington County,” Henderson explained.

Those areas include mass transportation, energy, recycling, libraries, geographic infor-

see AGREEMENT, page 5

Chesty 5K winners announced



Participants of the Chesty 5K road race, hosted by Marine Corps Community Services Henderson Hall’s Semper Fit program, pose for a photo with the official Marine Corps mascot and bulldog Cpl. Chesty XIV and his handler, Cpl. Darren White, June 15 on the Henderson Hall portion of Joint Base Myer-Henderson Hall. Dozens of participants turned out for the Chesty 5K, the third road race in this year’s OohRah! Run Series.

Courtesy of MCCS Henderson Hall

Marine Corps Community Services Henderson Hall’s Semper Fit hosted the third race of this year’s OohRah! Run Series, the Chesty 5K, June 15 at the Henderson Hall portion of Joint Base Myer-Henderson Hall.

Dozens of participants, including children from the Cody Child Development Center’s running club, ran the race, which started at 6:45 a.m. at the Cpl. Terry L. Smith Gymnasium. The annual race honors Marine Corps Lt. Gen. Lewis Burwell “Chesty” Puller, the most decorated United States Marine in history.

The OohRah! Run Series races recognizes top finishers in a variety of age groups via a point-based system; competitors earn points for either winning or placing second

through fifth place in at least three of the races. Chesty 5K top finishers included:

Female finishers:

- 1st — Yuko Whitestone, 20:07
- 2nd — Quincy Washa, 20:36
- 3rd — Michelle Ponce, 22:32

Male finishers:

- 1st — Eric Smith, 16:51
- 2nd — Nick Wong, 17:51
- 3rd — Kurt Rorvik, 17:58

Additionally, Quinn Plummer of the Cody Child Development Center’s running club finished with a time of 19:50.

Special guests at the race included “Cpl.” Chesty XIV, the official bulldog mascot of the Marines since February 2013, and his handler, Marine Corps Cpl. Darren White of Marine Barracks Washington.

More photos of the race can be found online at www.Facebook.com/mccsHH.

★ ★ ★ The United States Army Band ★ ★ ★		
CALENDAR OF EVENTS		
June 23	7:30 p.m.	The U.S. Army Chorus will perform as part of their “Celebrating 60” performances for the Brucker Hall Summer Concert Series at Brucker Hall on the Fort Myer portion of JBM-HH.
June 24 & 25	8 p.m.	The U.S. Army Chorus will perform another “Celebrating 60” concert series as part of their Sunsets with a Soundtrack Concert Series on the West Side of the U.S. Capitol.
June 25	7:30 p.m.	The U.S. Army Strings will perform a chamber concert with music to include J.S. Bach’s Concerto for 2 Violins in D Major, String Quartet No. 2 “Company” by Philip Glass, Sinfonia II in D Major be Mendelssohn and works by Edvard Grieg and Joaquin Turia, at McLean Presbyterian Church in McLean, Virginia.
June 29	4 p.m.	The U.S. Army Woodwind Quintet will perform at St. Mark’s Lutheran Church at 5800 Backlick Road in Springfield, Virginia.
June 29; July 20, 27	7 p.m.	Twilight Tattoo – A military pageant at Summerall Field on the Fort Myer portion of JBM-HH. The tattoo is an hour-long, sunset military pageant featuring Soldiers of the 3d U.S. Infantry Regiment (The Old Guard), The Old Guard Fife and Drum Corps, The U.S. Army Drill Team, The U.S. Army Blues, a soloist from The U.S. Army Chorus and vocalists of The U.S. Army Band Downrange and The U.S. Army Voices. This event is free and open to the public. No tickets are required. Pre-ceremony live music begins at 6:30 p.m., all shows start at 7 unless otherwise noted.
June 30	7 p.m.	The U.S. Army Blues will perform a concert of big band music, including songs by jazz giants Duke Ellington and Count Bassie, as well as new twists on old favorites, at the Harris Pavilion at 9201 Center Street, Manassas, Virginia.
July 1	8:20 p.m.	The U.S. Army Herald Trumpets will perform with the National Symphony Orchestra in an “American the Beautiful” concert at Wolf Trap National Park for the Performing Arts in Vienna, Virginia.
July 2	7 p.m.	The U.S. Army Band Downrange will perform a Stars and Stripes Spectacular at the Spotsylvania Courthouse Village at 9010 Old Battlefield Blvd., in Spotsylvania, Virginia.
July 2	8 p.m.	The U.S. Army Concert Band and Army Voices will perform in an Independence Day celebration with fireworks at the Great Plaza at Penn’s Landing, Philadelphia, Pennsylvania.
July 4	9 a.m.	The U.S. Army Chorus will perform in the 54th annual Independence Day Celebration and Naturalization Ceremony at Thomas Jefferson’s Monticello in Charlottesville, Virginia.
July 4	6 p.m.	The U.S. Army Band Downrange will perform in the National Park Service’s Fourth of July Concert at Washington Monument Grounds in Washington, D.C.
July 4	8 p.m.	The U.S. Army Band “Pershing’s Own” will perform in A Capitol Fourth on the West Lawn of the U.S. Capitol in Washington, D.C. An open dress rehearsal (no fireworks) will be open for public viewing on July 3 at 8 p.m.

Performances are free and open to the public, unless otherwise noted. All outdoor concerts are subject to cancellation or location change due to weather considerations. Call 703-696-3718 for up-to-date information on concert cancellations or location changes. For additional details and a full calendar of performances, visit www.usarmyband.com/event-calendar.html.

RUN
from page 1

Gen. Gary Cheek said in his opening speech before the run. “They also are very envious of the great honor that we pay to those who lay there, but I think, most of all, they are envious of the enormous respect our citizens give that very hallowed place.”

Cheek also read off a list of service members buried in the cemetery, one being Patrick Henry, the first Soldier buried in Arlington National Cemetery. Henry, a Civil War casualty, was buried there in 1864.

“We will run among those great patriots who lay in rest there and celebrate our birthday and pay tribute to [them], so let’s have a great run and a great event and celebrate our birthday throughout the week,” he said.

While Cheek focused on the honor of remembering those laid to rest, Under Secretary of the Army Patrick Murphy expressed his condolences for the nine service members in Texas who died while training and another Soldier who died in the recent Orlando mass shooting.

“[It] reminds us why we focus so squarely on our number one priority and that is readiness,” Murphy said. “Running today is a part of readiness. I just want to say happy birthday, and it is going to be a great run.”

Don Tison, a former assistant deputy chief of staff, G8 and recent Department of the Army retiree, said that he’s been running in the Army Birthday run

for 15 years. “I’ve been doing the run since Gen. Keane,” he explained. Now retired U.S. Army Gen. Jack Keane served as vice chief of the Army until his retirement in 2003.

Tison added that the event is a “memorable” one, an opportunity to gather with other service members and to remember what the Army is about.

“I think having the under secretary run [with us] this year made it special,” he said. “I think that was the highlight for me.”

Contrary to Tison’s many years of participation, it was Staff Sgt. Diane Smith’s first year participating.

“The weather was perfect,” she said. “I think it was a good team-building event. I think it was a great event for the Army birthday.”

Smith’s responsibility was to call cadence for those she ran with. She said that she volunteered because she likes motivating people.

Unfortunately, all service members weren’t able to participate in the run.

Sgt. 1st Class Hanna Meuth is recovering from hip surgery she had in early June.

“I would have love to run today,” she said. “Not being able to do physical training for seven months has really been hard. It’s been down on my spirits, because I’m not getting to be with my fellow Soldiers, but I would have loved to be there with them.”

Meuth said participating in the Army’s birthday run is something that demonstrates the strength of the Army and that it reinforces the Army’s identi-



PHOTO BY DELONTE HARROD

A Soldier lifts his unit's guidon high while participating in the Army Birthday run June 17 on the Fort Myer portion of Joint Base Myer-Henderson Hall. Hundreds of Soldiers, Marines, civilians and other guests participated in the annual run, this year in recognition of the Army's 241st birthday, along a four-mile course through the joint base and Arlington National Cemetery.

ty: “what we are and who we are.” “To me, the camaraderie of everybody getting together and pushing everybody to do better and to just give your all is just really amazing and something I would have liked to be a part of,” she said.

Pentagram Staff Writer Delonte Harrod can be reached at dharrod@dc.military.com

COMMAND
from page 1

demeanor made him a natural fit as The Old Guard’s commander.

“The Old Guard is the face of the Army in the National Capital Region, and often the face of our nation to the world,” said Becker. “As such, the Soldiers of the 3d United States Infantry Regiment represent the dedication and professionalism of our entire Army. And with that tremendously important strategic responsibility, we have been blessed to have Col. Johnny Davis as our Army ambassador for these last two years. You will not find a more professional, upbeat, positive, selfless servant than Col. Johnny Davis.”

Becker also spoke about Garkey, noting that his most recent assignment is his third time with The Old Guard. In the late 1990s, Garkey served as a platoon leader in Charlie Company and later as commander of Honor Guard Company. Garkey has also been deployed to Kosovo, Iraq, and Afghanistan.

“And while we bid farewell to one great leader, we welcome another one,” said Becker. “Col. Jason Garkey is an experienced infantryman with a great reputation.”

Originally from Eureka, Illinois, Garkey graduated from the United States Military Academy in 1993.

Davis, who has led U.S. presidents, foreign dignitar-

ies, and military retirees in a multitude of ceremonial reviews in front of The Old Guard and The U.S. Army Band “Pershing’s Own” on Summerall Field, addressed the unit a final time during last week’s ceremony.

“To the Soldiers of The Old Guard: I’d like to say, ‘thank you,’” said Davis in his farewell address. “Thank you for your service, your dedication, and motivation.”

Davis’ tenure with The Old Guard will be remembered for his emphasis on the individual Soldier, according to Maj. Russell H. Fox, officer-in-charge of the regiment’s Public Affairs Office.

“He’s probably the best commander I’ve served with at breaking down those barriers,” said Fox. “His ability to interact at the personal level is a testament to his character and way of caring for Soldiers.”

The regiment’s Soldiers are leaders who will guide America’s Army into the future, said Davis.

“Whereas other units in the Army may sometimes interact with the local population, Soldiers of The Old Guard routinely interact and perform for the American people and the world,” he said. “Among these fine Soldiers standing before you are the next generation of leaders that will lead America’s Army into the future.

“I cannot describe to you how much I deeply care about each and every one of these Soldiers,” said Da-



PHOTOS BY SPC. BRANDON C. DYER

Col. Jason T. Garkey, left, incoming commander for the 3d U.S. Infantry Regiment (The Old Guard), receives the regimental colors from Maj. Gen. Bradley A. Becker, commanding general, Joint Force Headquarters-National Capital Region and the U.S. Army Military District of Washington, signifying Garkey's acceptance as becoming the regiment's 81st commander during a change of command ceremony June 16 on Summerall Field at the Fort Myer portion of Joint Base Myer-Henderson Hall. Davis relinquished command of The Old Guard to Garkey after two years at the helm.



U.S. Army Col. Jason T. Garkey, left, incoming commander for the 3d U.S. Infantry Regiment (The Old Guard), and outgoing regimental Commander Col. Johnny K. Davis, right, salute the troops a change of command ceremony June 16 on Summerall Field at the Fort Myer portion of Joint Base Myer-Henderson Hall. Davis relinquished command of The Old Guard to Garkey after two years at the helm.

vis. “It has been my honor to serve The Old Guard. It has been an honor to get to know each and every one of you, and my time at The Old Guard has been the highlight

of my career.” Davis’ next assignment will be as the executive officer to U.S. Forces Korea Commander Gen. Vincent K. Brooks.

REFLECTION
from page 1

What have you learned from your time at JBM-HH?

The number one take away for this job is communication with the community, getting the strategic message correct. Because if you don’t get it correct, you’re going to spend an inordinate amount of energy to fix it. So, messaging is critical in everything you do in the garrison business. And that is proven true time and time again. Effective communications can either make or break you in this business. There’s times we’ve gotten it right, and other times we haven’t. We try to learn lessons if and when we fall short.

With that, a closely-related component to communica-

tion is relationships—relationships with the community, with tenants and partners, with residents. In a military sense, the relationships with all the stakeholders are pacing items. If you don’t have a healthy relationship, you’re going to find that it’s detrimental to the mission.

What significant changes have you seen across the joint base during your tenure here?

Number one is base access and trying to balance force protection with maintaining Joint Base Myer-Henderson Hall as the showcase of the Army and being able to do effective outreach, but while also protecting the base. It’s an ongoing struggle to make sure we have shared understanding across our police department and guard force and also with our tenants,

partners and customers. The thing that’s been probably most challenging is managing expectations. And that continues to be a goal—to make sure everyone is clear on what it takes to get on base and that we are consistent with those standards.

Is part of that [challenge] due to the variety of customers we have?

What makes it very difficult is the location of the base and the number of ceremonies and events that we have—facilitating access and also balancing the protection with the access. Identifying what is truly a special event so that we can apply a standard set of access measures so we can get those folks on base—with 28 funerals a day, retirements and all the agencies that would like to have events on the post, how

do we facilitate that entrance but all the while continue to screen people who don’t need to be on the base? If we are more scrutinizing at the gates, what does that do to the local traffic patterns? As a small base with three gates, plus northern Virginia/D.C. traffic, it doesn’t take very long for us to gridlock traffic if we have delays at the gates. So, it’s getting the right people on the base, while keeping the wrong people off the base while minimizing the disruption to traffic flow and continuing to be a good partner to the surrounding community.

What did you set out to achieve here after taking command? Were you able to achieve all that you wanted?

see REFLECTION, page 5

NEWS
from page 1

an email inviting them to register for the race. All transfer requests must be submitted online. Each new runner will pay a \$25 fee to finalize the official transfer and must register for the race within 72 hours of completing the transfer. For more information about the Army Ten-Miler, visit www.armytenmiler.com or call Maida Johnson at 202-685-3361.

Dive-in Movie Nights back at JBM-HH

JBM-HH Family and Morale, Welfare and Recreation Dive-In Movie nights are back at the Fort Myer Officers’ Club Pool Complex. The first showing of the season is June 25 with a showing of the animated film “Minions,” rated PG. Gates open at 8:15 p.m. and show time is 9 p.m. Admission is free, audience members must provide their own floatation – lounge rafts or inner tubes. Future “Dive-In Movie” nights include a viewing of “Despicable Me” on July 23 and “Hotel Transylvania 2” Aug. 13. In the event of severe weather or high winds, showings will be cancelled. For further information please call 703-939-1045.

Security-cleared military, technical hiring event – June 24

Corporate Gray and Restart Events are hosting a free hiring event for service members and veterans with a security clearance or technical background June 24 at the BWI Westin at 1100 Old Eldridge Landing Road, Linthicum Heights, Maryland, from 9 a.m. to 4 p.m. This event will feature dozens of companies that have job openings for security-cleared candidates with technical or military backgrounds. For more information or to register, visit www.restartevents.com.

Summer brings picnics, activity get-togethers

The Army Finance Offices at Fort Belvoir, Fort Myer and in the Pentagon will close at 11 a.m., June 24, so all employees can participate in the organization’s summer picnic. For more information, call 703-696-3125.

Memorial Chapel to host ecumenical VBS – June 27

Memorial Chapel, Fort Myer, will host an ecumenical Vacation Bible School June 27 through 30. Children ages 4 through 12 can join us for “Cave Quest: Following Jesus, the Light of the World,” from 9:30 a.m. to noon each day. Register at the chapel between May 22 and June 20. Children will learn about some of God’s most creative creations. They’ll participate in Bible-learning activities, sing catchy songs, play teamwork-building games, enjoy yummy treats, experience cool Bible adventures and test out Sciency-Fun gizmos they’ll take home and play with all summer long. For more information, call Betsy Hendrix at 703-696-6635.

Lifeguard certification offered – June 27-July 1

Marine Corps Community Services Henderson Hall’s Semper Fit program is hosting the American Red Cross’s Lifeguard Certification Course June 27-July 1 at the Maj. Douglas A. Zembiec Pool on the Henderson Hall portion of JBM-HH. This course provides entry-level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency responders take over. This course is open to DoD ID card holders and their family members age 15 and older. Registration is \$135 per person and can be completed June 20-24 at the pool. For more information, call 703-693-7351.

Healthy Lifestyle Festival – July 1-2

The Fort Myer Commissary, along with JBM-HH Family and Morale, Welfare and Recreation, and the Andrew Rader U.S. Army Health Clinic, are hosting a Healthy Lifestyle Festival July 1-2 in front of the Fort Myer Commissary 9 a.m. to 6 p.m.

see NEWS, page 8



PHOTO BY ARTHUR MONDALE

From left, Glenn A. Wait, chief of staff for Joint Base Myer-Henderson Hall; Maj. Gen. Bradley A. Becker, commanding general, Joint Force Headquarters-National Capital Region and the U.S. Army Military District of Washington; William R. Johnson II, JBM-HH Police chief; Col. Mike Henderson, commander, JBM-HH; Lt. Col. Macedonio Molina, JBM-HH director of Emergency Services; and JBM-HH Command Sgt. Maj. Randall E. Woods cut the ribbon signifying the opening of the Fort Lesley J. McNair Visitor Control Center May 2. Henderson will relinquish command to incoming JBM-HH Commander Col. Patrick Duggan during a ceremony June 28.



U.S. Army Lt. Gen. Robert S. Ferrell, the Army’s chief information officer, administers the oath of enlistment during a mass reenlistment ceremony June 16 in the Pentagon auditorium. The ceremony, along with a cake cutting, were part of a Pentagon Army Birthday celebration. Army Chief of Staff Gen. Mark Milley reenlisted two more Soldiers and cut cake June 17 in the Pentagon in a separate ceremony.

COMMITMENT
from page 4

cation and integrity.

“Right now, there are more than 190,000 Soldiers serving in over 140 nations around the globe,” he continued. “This nation truly does rely on you to accomplish the toughest jobs in the world.”

The Soldiers who re-enlisted will be on the forefront of building the Army of the future, Ferrell said.

“Your energy, your new ideas, your perspectives will be the foundation of our future,” he added.

Ferrell also recognized and honored the Soldiers families, thank-

ing them for their commitment to their loved one who serves and to the Army.

“In the Army, we have a saying,” he said. “The strength of our nation is the Army. The strength of the Army is our Soldiers. The strength of our Soldiers is our families.”

Spc. Khewanna Carty, who serves at Fort Belvoir, re-enlisted for the first time at the ceremony after serving in the Army for nearly three years.

“I want to serve,” she said. “I want to be part of something bigger than myself.”

Spc. Robert Glass re-upped as his wife, Toshia, and their four children, looked on.

“I’m really proud of him,” Toshia said. “He’s accomplished a lot.”

“It’s beneficial for myself and my family for stability,” he said of re-enlisting. “I have two special needs children, so I do it for them.”

In addition to Carty and Glass, other Soldiers who re-enlisted are: Spc. Scott Barron; Spc. Ryan Bolton; Spc. John Causey; Sgt. Regina Davis; Sgt. Adolfo Gabriel; Sgt. Tyler Hlawek; Spc. Alaina Hunt; Sgt. Esther Knudson; Spc. Jordan Martin; Staff Sgt. Jorge Robles Martinez; and Sgt. Elizabeth Whitaker.

Pentagram Staff Writer Julia LeDoux can be reached at jledoux@dc-military.com.

REFLECTION
from page 4

The number one priority was facilities maintenance, which was quickly consumed by access control. Force protection now is the number one priority, but priority of effort when I [took command] was identifying facilities that were in most need of repair. The average age of a building here is 120 years old. In times past, there were instances when a building’s condition was rated higher than what it really was which, in turn, delayed any renovations taking place.

So I think that we have gotten a handle on that. We understand which buildings are our best buildings, which are our worst buildings, and we’ve got a plan to fix those. We are renovating one barracks right now, we will submit for another barracks renovation. We were just granted end of year funds to repair the 1st Battalion, 3d U.S. Infantry headquarters, which is in terrible shape.

I think we have made significant progress. With that, we’ve conducted two real property planning boards, we’ve conducted a master planning session, and we have gotten full partner and tenant participation so everybody has a vote in how we prioritize what gets fixed. With the master plan, we will modernize the community, but not lost the historic character of the base.

In 30 years, this will still have the historic qualities but will be much more functional and modern.

What unique challenges did you face as JBM-HH commander that perhaps other garrisons don’t face, and how did you navigate those?

Being in the National Capital Region, the national news is all local news. We’re always in the spotlight. We’re less than a mile, mile and a half from the Pentagon. So in a lot of cases, when senior leaders in the Army want to do some fact-finding missions, the first place they stop is here. We’re a base resourced to serve about 3,000 Soldiers, when actuality we serve closer to about 12,000 Soldiers. So providing services for that population is always a challenge.

Everything that we do here is strategic. Just based on proximity.

Is there anything you’ll miss from your time at JBM-HH?

One thing personally that I’ll miss is



Joint Base Myer-Henderson Hall Commander Col. Mike Henderson gives remarks June 12, 2015, during the Bakers Creek Memorial Ceremony on the Fort Myer portion of JBM-HH, commemorating the 72nd anniversary of the air crash in Queensland, Australia, that took the lives of 40 Army-Air Corps members during World War II. Henderson’s tour as commander ends June 28, after two years at the helm of JBM-HH.

watching the Caisson roll by my house every morning. It always reminds you of where you’re at and what you’re doing and why you’re here. I’ll miss the excitement of the National Capital Region, because there something’s new every day—sometimes bad but mostly good. And the people I’ve met, both garrison staff and employees, the people in Arlington and Southwest D.C. community. I’ve met some wonderful people who are the most genuinely supportive citizens of the military.

It’s been the greatest privilege for me to be the commander of this base.

Are you proud to have served as the JBM-HH commander?

As commander, I am afforded opportunities that no one else in the Army gets; no other garrison commander in the Army gets, and I am extremely grateful for the opportunities. There’s too many to name, but a few are the ability to have a front row seat to Memorial Day and Veterans Day events; to meet leaders of the government and leaders of the military.

This is the showcase installation of the Army, so I try to sing the praises of The Old Guard and the band with every opportunity I have with the community. I love being associated with The Old Guard, the band, the air operations group. Soldiers work extremely hard to be the face of the Army in the National Capital Region.

I think we’ve got a wonderful relationship with the Marine Corps and

we’ve been able to maintain that, so I’m pretty proud of the partnership we have with the Marine Corps.

How do you see JBM-HH evolving over the next 10 to 20 years?

I think the base has to modernize and strive for energy independence without losing its historical character. The physical layout of the base can’t change much, but we can adjust it in a way that the design of it should change to where it is a physically more functional community.

I’m excited about the master plan and getting that executed. It’s going to take 30 years, but we’ve got to modernize, and we’ve got to strive for energy independence while also increasing partnerships with public and private entities in the local community. We’ve got to leverage the strength of all our partners to become more effective. We need them, and they need us. This is probably one of the most positive community-based relationships I’ve been associated with. I’ve been to a lot of bases, but I think this is one of the best ones I’ve seen.

Any final thoughts, advice or other words you want to impart to the JBM-HH community and our community of partners?

Positive, engaging relationships with the local communities: I don’t think that can be overstated. Striving to connect the military with the community is something we’ve always got to strive for.

AGREEMENT
from page 4

mation systems (GIS) and recreation, he continued.

Working group meetings have so far been held in the areas of mass transportation, energy, recycling, libraries and GIS, Henderson said.

Brenden Casey of Transportation Partners and Ashley Robbins of Mobility Lab discussed the results of a March 10 through April 28 transportation study of 467 service members, military spouses and retirees who live, work or utilize services provided on the joint base.

According to that survey, 30 percent of the commuting military population and 41 percent of the commuting civilian population are dissatisfied with their trips to JBM-HH. Respondents also said they had heard of but not used or had not heard of the various transportation services such as Capital Bikeshare, a service that provides rental bicycles throughout the Washington, D.C. area and car sharing services like Uber and Lyft. Thirty-seven percent of those surveyed said they would use a private car share service if it was available on the joint base.

Survey respondents also said they were unsatisfied with the availability of parking on the joint base and a

majority expressed support for the re-opening of Henry Gate to pedestrian access.

Joint base officials should also reconsider permitting Capital Bikeshare on the installation, they said. Casey and Robbins noted that 48 percent of the transportation survey respondents expressed an interest in the program.

Henderson noted that Arlington County conducted a cost benefit analysis of the joint base’s grounds contract that identified certain potential partnership benefits that will continue to be explored in the future.

Brian Stout, federal liaison for Arlington County, noted that there are several existing partnerships already in place between the county and JBM-HH, including an emergency services mutual aid agreement and employment and military transition services through the Arlington Employment Center. The county’s fiber network also helps to link the joint base with Fort McNair, while the Arlington County Department of Human Services provides child and family and behavioral health services to the joint base.

“We look forward to all future working groups and discussions and many more memorandums of agreement,” said Henderson.

Pentagram Staff Writer Julia LeDoux can be reached at jledoux@dc-military.com.

**Pentagram**




Get The Pentagram in your email each week!

The DCMilitary E-Letter will be sent to your inbox each Friday morning with links to all the headlines and stories appearing in **The Pentagram** as well as 7 other local military newspapers!

Sign up to receive it at www.dcmilitary.com!





SPECIAL RATES FOR MILITARY AND FEDERAL EMPLOYEES


Barcroft Apartments is now offering its garden apartments with 10% discount for military personnel & month to month leases available.

Efficiency.....	\$1004-\$1030
One Bedroom.....	\$1095-\$1130
Two Bedrooms.....	\$1340-\$1425
ThreeBedrooms <i>PlusElectric</i>	\$1525-\$1570
Townhome.....	\$1500

All prices subject to change. All utilities paid.

- Park right at your door in this park-like setting.
- Walk to elementary and high school or Army National Guard Readiness Center.
- Take the express bus to the Pentagon, Ft. Myer, Henderson Hall or Ballston in 12 minutes.
- Cats welcome. No dogs.

PLEASE CALL (703) 521-3000
HOURS: MON. - FRI. 9-5 Call for Saturday hours



BARCROFT APARTMENTS
1130 South George Mason Drive • Arlington, VA 22204
At Columbia Pike and So. George Mason Drive
Some Restrictions Apply

1042735

Carter: Secretary Fanning ready to take on Army’s 21st century challenges

By Arthur Mondale
Pentagram Staff Writer

Pentagon top brass, White House officials and members of Congress gathered on Summerall Field at Joint Base Myer-Henderson Hall June 20 for an Army Full Honors Arrival Ceremony for Eric K. Fanning, 22nd secretary of the Army.

Fanning, who was confirmed by the U.S. Senate in May and most recently served as acting secretary of the Army, was appointed to his current position by President Obama last year.

Fanning received the pomp and circumstance associated with the position, to include performances by The U.S. Army Band “Pershing’s Own” and The Old Guard Fife and Drum Corps. And he made a formal inspection of Soldiers.

U.S. Secretary of Defense Ashton Carter called Fanning one of the country’s most knowledgeable, dedicated and experienced public servants. Previously Fanning served as Carter’s chief of staff, among other leadership roles within the Department of Defense to include, under secretary of the Air Force and deputy under secretary of the Navy.

“Secretary Fanning understands the full spectrum of responsibilities and opportunities that we face as a 21st century military...Ensuring that our ground forces are agile, unrivaled in posture, ready for full spectrum operations and always prepared to defend America’s interests and values,” said Carter.

“There is much work to be done,” said Gen. Mark A. Milley, Army chief of staff. “[Fanning] joins our Army team as we are engaged around the world in two wars—the Middle East and Southwest Asia—to reassure allies and deter adversaries in Europe, Asia, Africa, Central and South America with 187,000 [U.S. Army] troops deployed in 140 countries.”

Milley said he looks forward to working under Fanning on critical challenges to include tough resource decisions and challenging fiscal realities.

In addition to his years of government work, Fanning comes from a family of career military officers. He talked about his first tour of the Pentagon as a child while visiting one of his uncles, who served as chief of the Middle East Region of Policy and Plans in the Office of



PHOTOS BY U.S. ARMY SGT. CODY W. TORKELSON
Secretary of the Army Eric Fanning, right, accompanied by Commander of Troops Lt. Col. Ryan J. Morgan, salutes the troops during an Army Full Honor Arrival Ceremony June 22 at the Fort Myer portion of Joint Base Myer-Henderson Hall in honor of Fanning's confirmation as the 22nd secretary of the Army.



The 3d U.S. Infantry Regiment (The Old Guard)'s Continental Color Guard presents the colors during the pass in review portion of the June 20 Army Full Honor Arrival Ceremony for Secretary of the Army Eric Fanning on the Fort Myer portion of Joint Base Myer-Henderson Hall. The ceremony was intended to formally welcome Fanning into his position: the 22nd secretary of the Army.



Secretary of the Army Eric Fanning, right, shakes hands with Secretary of Defense Ash Carter as Chief of Staff of the Army Gen. Mark Milley watches June 20 during an Army Full Honor Arrival Ceremony in honor of Fanning's confirmation as the 22nd secretary of the Army. Fanning was confirmed as the Army's top civilian leader by the U.S. Senate May 17, 2016.

the Joint Chiefs of Staff.

He also recalled recognizing the collaborative effort that exists between uniformed and civilian Army personnel.

“The work of our 1 million uniformed Soldiers—active, guard and reserve—is supported by an amazing 400,000 civilians,” Fanning said. “As former Secretary of Defense Robert M. Gates said, ‘Nobody suffers bureaucracy more than bureaucrats who have

to get up and fight it every day.’ They are vested in the mission and dedicated to doing what they can to support those who volunteer to defend our nation...like them, I am committed every day to do what is necessary to support our Soldiers.”

That includes building a more resilient Army that’s better trained in integrated decisive action and properly equipped, he said.

“We must work to get capabil-

ities to [Soldiers] more rapidly and as efficiently as possible,” Fanning said. “We must find more ways to cut time and money out of our acquisitions process, to better serve our Soldiers, to be better stewards of tax payer money and to streamline the system for the many talented Army civilians who slog through the process that’s been put in their way.”

Fanning’s resiliency plan also includes redoubling efforts to

eliminate sexual assault and suicide, and removing the stigmas associated, he said.

“We engender opportunities for people to be part of the greatest mission there is: defending our nation’s security,” Fanning said. “We rely on those diverse backgrounds, perspectives and expertise to train, fight and win.”

Pentagram Staff Writer Arthur Mondale can be reached at awright@dcilitary.com.

Thank you for your Service

Now Let us Serve you
and
Help You Gain Access
To Your VA Loan Benefits Today.

Apply Online at www.GreggBusch.com
or call 703-883-9580

Gregg Busch
Vice President
NMLS ID 205907

FIRST SAVINGS MORTGAGE CORPORATION
gregg@greggbusch.com
703.883.9580 Direct • 202.256.7777 Cell

THE BUSCH TEAM

The information contained is subject to change without notice. NMISID 38694 (www.nmlsconsumeraccess.org)

For more JBM-HH event photos from this issue, visit us online at:
www.flickr.com/photos/jbm-hh

WE WELCOME MILITARY GUESTS TO EXPERIENCE DEEP CREEK!

State Parks

Golf

Winter Sports

Garrett County and the Deep Creek Lake area is the perfect destination for a vacation, military reunion or meeting. No matter the season, bring your family and friends for a getaway just 3 hours from the Baltimore & D.C. area. Contact us today to begin planning your Deep Creek Experience!

Just 3 hours from Baltimore & D.C.

www.deepcreekgroups.com
Contact: Jen Durben
301-387-5238 • 888-387-5237
jen@garrettchamber.com

THE Deep Creek EXPERIENCE
GARRETT COUNTY, MARYLAND

Click it to live it: Seatbelts, slower speeds save lives

ByWalt Beckman and Robert Myrick
U.S. Army Combat Readiness Center
Fort Rucker, Alabama

There are any number of excuses both drivers and passengers give for not wearing their seat belts: It’s uncomfortable; it will wrinkle my clothes; I’m only going a short distance; I’ll be better off if my vehicle catches fire or ends up in water; I’m in a big truck or SUV, so I’m already protected.

The truth is, every vehicle occupant, regardless of seating position or vehicle size, stands a much greater chance for survival in a crash if they’re buckled up.

Modern vehicles are designed with integrated crumple zones and A-frames that protect the people inside — provided they’re wearing seat belts — by absorbing crash forces and allowing survivable space in even the most severe crashes. These features, combined with airbags and other safety technologies like antilock brakes that are becoming standard on more and more cars, trucks and SUVs, are saving lives in accidents that would have proven fatal in the not-too-distant past.

Army Regulation 385-10 requires Soldiers to wear seat belts both on and off duty, and further specifies the senior occupant or driver is responsible for ensuring his or her passengers are restrained.

Policymakers have gone to that extent because seat belt use is just that important, and we must all do our part to ensure senseless and preventable deaths don’t happen on our watch.


Seat belts have done a lot to reduce catastrophic injuries in vehicle crashes, but driving responsibly is equally critical. Excessive speed and nonuse of restraint systems are the Army’s two constants in fatal accidents and together are a deadly cocktail. Sadly, not every accident is survivable, but buckling up and following the speed limit will go a long way toward giving you the best chance possible. Also, wear your seat belt correctly at all times; the belt should rest over the midpoint of your shoulder and fit snugly over your hips without pressing into the abdomen. Adjust your vehicle seat and the belt positioner as necessary to ensure proper fit.

On any given day, buckling your seat belt is the greatest safety measure you can take for yourself, your battle buddies and your family. It might seem inconsequential, but it’s anything but — don’t wait for an accident to have an epiphany on what you should have done. By then, it might be too late. Do what you know is right to live and fight another day.

For more information on PMV-4 safety, visit <https://safety.army.mil/OFF-DUTY/PMV-4.aspx>.

TWO WORDS FOR YOUNG ADULTS:

BUCKLE UP.



57% OF PASSENGER VEHICLE OCCUPANTS
AGED 18 TO 34 KILLED IN CRASHES IN 2014

WERE UNRESTRAINED.

SOURCE: NHTSA DOT

NATIONAL HIGHWAY TRAFFIC SAFETY BOARD GRAPHIC



Classifieds

Call 301-645-0900

**Apartments
Unfurnished**

Equal Housing

All Real Estate advertised here in is subject to the Federal Fair Housing Act which makes it illegal to indicate any preference limitation, or discrimination based on sex, handicap, familial status or national origin or an intention to make any such preference limitation, or discrimination. We will not knowingly accept any advertising for Real Estate which is in violation of the law. All persons, are hereby informed that all dwellings advertised are available on an equal opportunity basis. If you believe you have been discriminated against in connection with the sale, rental, or financing of housing, call the United States Department of Housing and Urban Development at 1-800-669-9777.



**Houses for
Rent**

Ft. Washington SFH. 4BR, 2BA. Brand new, Recently renovated. Fireplace, Large Deck, New Paint, Carpet, Windows, AC. Park nearby. \$1850/mo. 571-488-8565

**Help Wanted
Full Time**

25 DRIVER TRAINEES NEEDED! Become a driver for Stevens Transport! NO EXPERIENCE NEEDED! New drivers earn \$800+ per week! PAID CDL TRAINING! Stevens covers all costs! **1-888-734-6714** drive4stevens.com

PESYSTEMS, INC.

Immediate need to place qualified candidates into cleared DoD acquisition professional positions! View position descriptions and apply online at www.PESystems.com/careers/

MARYLAND ENVIRONMENTAL SERVICE

Maintenance Aide

Maryland Environmental Service seeks a Maintenance Aide at our facility in Capitol Heights, MD. Must have HS Diploma / GED and 1 year experience performing installation, repair and maintenance on mechanical / electro-mechanical equipment. Send resume Attn: 400796 to MES: 259 Najoles Road, Millersville, MD 21108, or email resumes@menv.com or fax 410-729-8235

MEDICAL BILLING SPECIALISTS NEEDED! Begin training at home for a career working with Medical Billing & Insurance! Online training with the right College can get you ready! HS Diploma/ GED & Computer/Internet needed. **1-888-734-6711**

Misc. Services

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-217-3942

To place an ad
Call 301-645-0900
or visit us online at classads@somdnews.com

AIRLINE CAREERS. Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly. Call AIM 888-686-1704

CRUISE VACATIONS – 3, 4, 5 or 7 day cruises to the Caribbean. Start planning now to save \$\$ on your fall or winter getaway vacation. Royal Caribbean, Norwegian, Carnival, Princess and many more. Great deals for all budgets and departure ports. For more info, call 877-270-7260 or go to NCPtravel.com

DISH TV 190 channels plus Highspeed Internet Only \$49.94/mo! Ask about a 3 year price guarantee & get Netflix included for 1 year! Call Today 1-800-686-9986

To place an ad
Call 301-645-0900

**Travel/
Transportation**

ALL INCLUSIVE RESORT packages at Sandals, Dreams, Secrets, Riu, Barcelo, Occidental and many more resorts. Punta Cana, Mexico, Jamaica and many of the Caribbean islands. Book now for 2017 and SAVE! For more info, call 877-270-7260 or go to NCPtravel.com

Wanted to Buy

WE BUY CAMPERS: Travel Trailers, 5th Wheels, Motor Homes, Pop-Up Campers. WILL PAY CASH! 301-535-2416

**Wanted to Buy
Autos**

CARS/TRUCKS WANTED!!! All Make/Models 2000-2015! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-416-2330.

CASH FOR CARS: We Buy Any Condition Vehicle, 2000 and Newer. Nation's Top Car Buyer! Free Towing From Anywhere! Call Now: 1-800-864-5960.

To place an ad
Call 301-645-0900

Insurance

Marcus Soriano • 757.897.5288

8280 Willow Oaks Corporate Dr. #600 • Fairfax, VA
msoriano22wob@wfgmail.com • marcussoriano.wfgopportunity.com

**Investment • FFIUL • Life insurance
401k options • Tax education**

We can help businesses with earnings and retirement plans to help maximize gains and lower taxations!

We can also help families reach life's retirement goals, help with plans to send their kids to college properly, 401k options & protect families if something happens to one or both income earners!

Donate Your Car to Veterans Today! Help and Support our Veterans. Fast - FREE pick up. 100% tax deductible. Call 1-800-245-0398

WANTED OLD JAPANESE MOTORCYCLES KAWASAKI Z1-900 (1972-75), KZ900, KZ1000 (1976-1982), Z1R, KZ 1000MK2 (1979,80), W1-650, H1-500 (1969-72), H2-750 (1972-1975), S1-250, S2-350, S3-400, KH250, KH400, SUZUKI-GS400, GT380, HONDACB750K (1969-1976), CBX1000 (1979,80) CASH!! 1-800-772-1142 1-310-721-0726 usa@classicrunners.com

BUY SELL RENT HIRE

TRADE SHOP SWAP FIND

TO PLACE YOUR AD CALL

301-645-0900

NEWS
from page 4

The event will center on a Farmer’s Market-style of booths and tables to present healthy lifestyle choices to attendees. The Farmer’s Market portion will be open until 6 p.m., while the various other activities will be open until 2 p.m. For more information, call 703-696-3674 extension 3303.

Within My Reach – July 8 and 11

Marine Corps Community Services Henderson Hall’s Behavioral Health offers “Within My Reach,” a two-day workshop on developing skills for better relationship decisions, on July 8 and July 11, 8:30 a.m. to 4:30 p.m. Fifteen different topic areas will be covered including knowing yourself first, where conflict begins, making conscious and purposeful decisions, and the vision for your future. Workshops are held in the Bldg. 12 conference room on the Henderson Hall portion of JBM-HH and require pre-registration. Call 703-693-9146 to register or for more information.

Parents Power Walking Group – July 6

The first Parents Power Walking Group in July is July 6, 9 to 10 a.m., at Long Bridge Park in Arlington, Virginia. Hosted by JBM-HH Army Community Service, this weekly group offers military parents a chance to meet other parents, have fun and get in shape. The group combines walking with specific muscle conditioning exercises along the walk routes. The group is for parents, caregivers and children (in strollers, up to age 5). All fitness levels are welcome. For more information or to register, call 703-696-3512.

TransParenting – July 12

Army Community Service is hosting a TransParenting class July 12, noon to 2 p.m. at the ACS

classroom in Bldg. 201 on the Fort Myer portion of JBM-HH. This seminar is designed to provide parents who are separated or divorced with the tools to ensure that they are able to continue supporting and encouraging their children despite the breakup of the family unit. For more information or to register, call 703-696-3512.

Chance to win Harley

Service personnel looking to ride into adventure can get the chance to take the keys to their very own Harley thanks to a sweepstakes from the Army & Air Force Exchange Service. With the Refresh, Win and Ride sweepstakes, one lucky winner will take home a Harley-Davidson Sportster Forty-Eight motorcycle valued at \$11,199. Authorized Exchange shoppers worldwide can enter through June 30 at www.shopmyexchange.com/sweepstakes. The Refresh, Win & Ride drawing will take place around July 7. No purchase is necessary to enter or win.

Reminder: Fort Myer ID center accepts web-based appointments

The DEERS/ID card section on the Fort Myer portion of JBM-HH now accepts appointments online. Appointments can be made by visiting <http://go.usa.gov/cY5qV> online. Available appointment dates are annotated in green on the site. Customers merely select the available date and appointment time, input a few details, and click “submit.” This web-based system allows customers to lock in an appointment online instead of walking in to the office in hopes of an available time slot. Those who are unable to access the website can still call the DEERS/ID card section to make an appointment at 703-696-2188.

Transportation advisory for Metrobus users

Effective July 1, WMATA will no longer allow DoD employees with a Common Access Card, Penta-

gon Facilities Alternative Credential or ALT card to ride Metrobus 28X (from West Falls Church/Tysons Corner-Mark Center) for free. The cooperative agreement between DoD and WMATA will expire June 30. Metrobus 28X services will continue, however, DoD customers will be required to pay the full fare, which is currently \$1.75. The Mass Transportation Benefits Program is available for government personnel to subsidize the cost, providing up to \$255 per month.

New menu items at Java Cafe

The Java Cafe at the Marine Corps Exchange on the Henderson Hall portion of JBM-HH has new menu items. Hot soft pretzels are now available daily, along with two sandwiches, Philly cheesesteaks and Cajun chicken cheesesteaks. The cafe is open weekdays from 7 a.m. to 4 p.m.; Saturdays from 9 a.m. to 4 p.m.; and Sundays from 10 a.m. to 4 p.m. Call ahead to order: 571-483-1962.

Runners sought for All-Marine team

The Marine Corps Marathon Organization is seeking applications from Marines interested in participating in the Armed Forces Marathon Championship and Challenge Cup Competition, held in conjunction with the Marine Corps Marathon Oct. 30 in Arlington, Virginia. Marines interested in applying must meet a minimum time in various distances within the past 24 months. The minimum times, along with other pertinent details to qualify, are listed in Marine Administrative message 270-16 and can be found online at <http://go.usa.gov/chUPa>.

Youth British Soccer Camp

Challenger Sports British Soccer Camp is returning to JBM-HH Child, Youth and School Services this summer. Camp dates are June 27 through July 1 and July 18

through July 22. Half-day camp is available from 9 a.m. to noon for 6-to-12-year-olds. Registration is open until two weeks prior to the start date. For more information, call Annette Engum at 703-696-3728 or email at annette.e.engum.civ@mail.mil.

Youth Golf Camp

Child and Youth Services Sports and Fitness 2016 Golf Camp registration is now open. Camp dates are July 11 through July 15 and Aug. 22-26. Camp is half day, 9 a.m. to noon, from 7-to-14-year-olds. Registration ends one week prior to camp dates or when camp has reached capacity. For more information, contact Annette Engum at 703-696-3728 or email at annette.e.engum.civ@mail.mil.

Outdoor play morning

Play Morning has returned to the great outdoors. The JBM-HH New Parent Support Programs host a play morning for children age 5 and under and their parents and caregivers Thursday mornings, 10 to 11:30 a.m., at Virginia Highlands Park in Arlington. Come enjoy a morning out, meet other military families, and find out about the New Parent Support Program. Registration is requested; for information, please call 703-693-7206.

Some state IDs now unacceptable to access federal installations

Since April 16, some driver’s licenses and identification cards from some states and territories in the United States will no longer be accepted as primary identification for persons to gain access onto Joint Base Myer-Henderson Hall and other federal installations. As detailed in the Real ID Act of 2005, driver’s licenses and identification cards from Illinois, Missouri, Minnesota, Washington and the territory of American Samoa currently do not meet federal regulations and cannot be used as primary forms of ID for base access. For more information please call 703-696-5213.

MCCS Henderson Hall Pentagon outreach

MCCS Henderson Hall Marine and Family Programs offers outreach to the Pentagon each second Wednesday of the month from 9 a.m. to 3 p.m. Marine and Family Programs staff representatives are located in the Pentagon, Apex 1 and 2, on the second floor. Marines are invited to stop by to meet representatives, pick up information, or have questions answered. Programs represented include the Exceptional Family Member Program, Education and Career Services, Marine Corps Family Team Building, Behavioral Health, and School Liaison. Upcoming dates through 2016 are: July 13, Aug. 10, Sept. 14, Oct. 12, Nov. 9 and Dec. 14. For more information, please call 703-614-7200.

Save the date: Gen. Colin Powell book signing – July 20

The Henderson Hall Marine Corps Exchange is hosting a book signing by retired U.S. Army Gen. Colin Powell July 20 from 11:30 a.m. to 1 p.m. Powell will personalize and sign “It Worked For Me: In Life and Leadership,” published in 2014. The book will be available for sale at the MCX to authorized Exchange patrons, and all Department of Defense identification card holders are welcome to attend. For more information, please call 703-979-8420 ext. 344.

News Notes submissions

Send your submissions for the July 7 edition of the Pentagongram via email at pentagramjbmhh@yahoo.com no later than noon, June 29. Submissions must be 100 words or less and contain all pertinent details. Submission of information does not guarantee publication. Please note that unless otherwise noted, all events listed are free and open to all Department of Defense ID card holders.

“My advisor made sure I had exactly what I needed to succeed, from scholarships, tuition programs and student loan information to . . . the most relevant certifications to help launch my career.”

Matt Blais
Navy Veteran
Bachelor of Science, Computer Science
Master of Science, Cybersecurity

MAKE A SUCCESSFUL TRANSITION AFTER YOUR SERVICE

Matt Blais earned two UMUC degrees while serving in the U.S. Navy, graduating on the very day he retired from the military. Today, he works in software integration for mission planning at a large defense contractor. Matt credits his UMUC advisor for giving him the expert guidance and motivation he needed to complete his degrees.

- Choose from 90+ programs and specializations in fields like cybersecurity, business and management, IT and more
- Learn online or on-site—we have 140+ classroom and service locations throughout the world, including military installations
- Study at a respected state university with a worldwide reputation for excellence

Get started creating your future.
Attend an event, call 703-527-4952 or visit military.umuc.edu/support for more information.

Learn more at our UMUC for Military Students webinar.

Wednesday, June 29, 2016
6–7 p.m. ET

