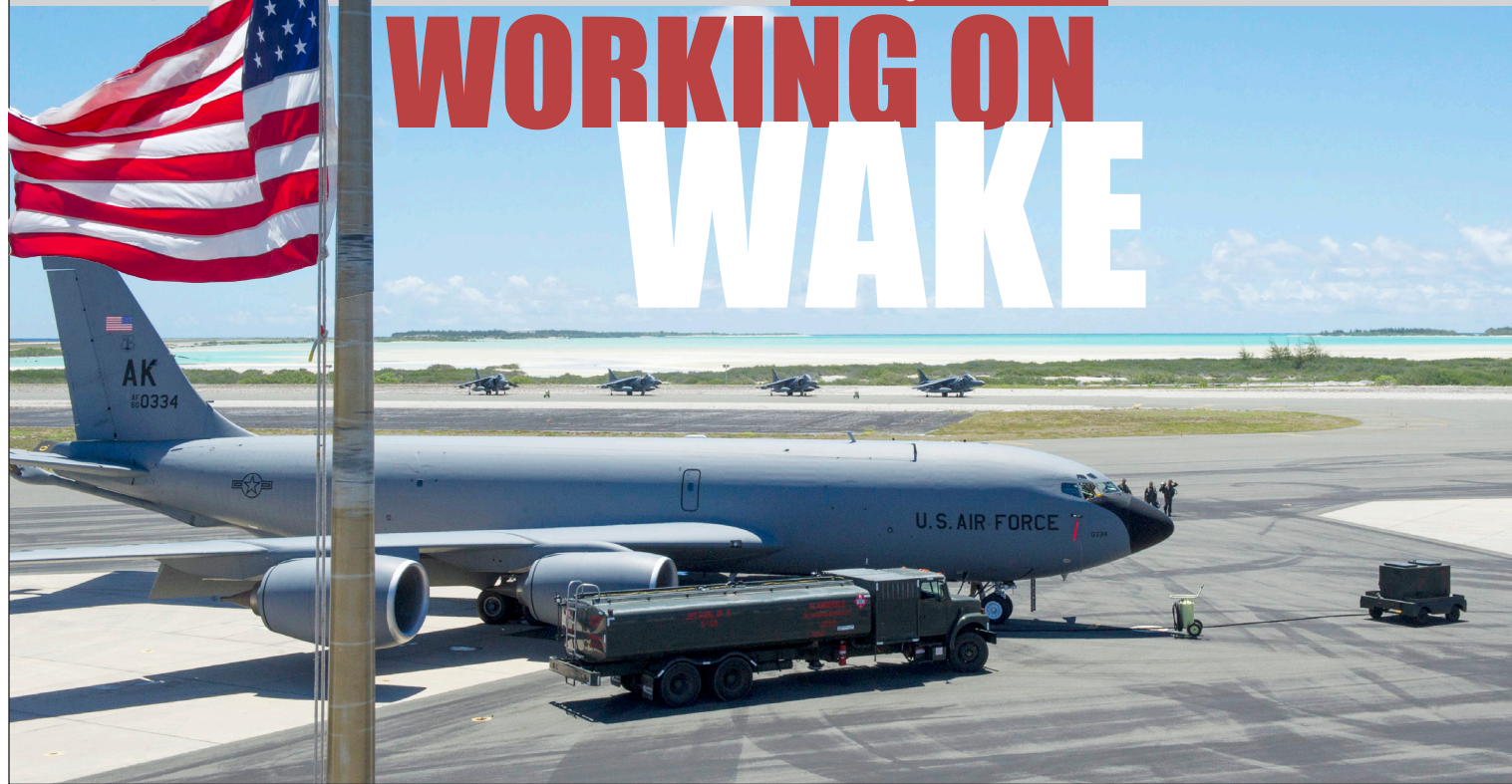


# ARCTIC WARRIOR

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## Outpost’s property requires bushwhacking inspections

By Air Force 1st Lt. Michael Trent Harrington  
JBER Public Affairs

**T**here are 107 buildings occupying 431,000 square feet of the sand-and-scrub-covered coral on tiny Wake Island in the middle of the western Pacific.

Recently, a team of three Air Force engineers from the 673d and 611th civil engineer squadrons at Joint Base Elmendorf-Richardson had the glamorous job of jet setting to paradise to conduct an official property inspection, and also the decidedly less glitzy work of walking every inch of the island to keep track of buildings wracked by five years of shelling and 70 more of sun and storm.

“The traditional problems of real estate, like titles, ownership and land encroachment, are different on Wake Island,” said Yvonne Pierre, realty specialist for the 673d CES. “The buildings of five or ten years ago might be in a completely different state...if they’re there at all.”

Indeed, there’s little chance of a condominium complex springing up too close to the flight line, nestled as it is behind a coral reef and nearly 700 miles from the next island runway.

But the highest point on Wake Island is barely 22 feet above sea level, a sea that continues to creep higher.

“We joke that no building is considered temporary here ... until it’s hit by 175 mile per hour winds,” said Air Force Capt. Ben Shearer, 611th CES real property accountable officer.

The 10,000 feet of the island’s

airfield – the primary reason, historically speaking, for the base’s existence – are reliably paved but, for obvious reasons, there are almost no structures near it.

Instead the team bushwhacks its own footpaths along ridges of rock and scrub brush to find, categorize and assess property that might not have seen use since the Truman administration.

The team has tallied more than seven miles of walking each day, noted Air Force 1st Lt Samuel Raine, 673d CES real property officer-in-charge, on an island measuring no more than 2.73 square miles.

The real property assessment is called for every three years for historic properties, Raine added, and much like a backyard fence, a concrete driveway or a garden trellis would have some quantifiable value when assessing a home, so too does every man-made piece of engineering impact Wake’s real estate worth.

Thus “facility” is a catch-all term for every concrete pad, lean-to shed and abandoned Japanese bunker on the island, Raine said, either because it could have some future use, because it would take time and money to knock it down and put something else in its place, or because, as in areas around former Japanese 8-inch shore battery emplacements, it’d be wise to know what was there before.

It’s true that many military bases feature buildings of some historic note.

But on Wake, veteran of nearly five years of World War II bombardment and Japanese occupation, the entire island is registered as a national historic site.

The real estate assessment is a complicated test of stewardship on an atoll that is a living museum – as well an active civil-military airfield, a Missile Defense Agency launch site, a communications outpost and a national wildlife sanctuary for sea birds.

“The [Department of Defense] is auditable by Congress for its real property records,” said Pierre. “This inspection is how we hold ourselves accountable to the taxpayers,” who have, at various times in the past century, called for Wake Island to be all of the things it now is.

The team labels each facility according to its usage, Raine said.

This ensures the base gets the proper resources for the upkeep of those structures and, two, helps guide high-level funding to sustain those facilities – or to build new ones.

The real property team’s work dovetails with other projects concerned with the more modern aspects of Wake’s military usage, as well.

There are, for instance, certain obvious concerns when storing and launching missiles, noted Air Force Master Sgt. Ronald Williams, 3rd Wing Weapons Safety superintendent, also from JBER.

“A missile launch might be allowable within a certain radius of an abandoned building, but might not be if the place were regularly occupied,” Williams added.

New projects in the decades of cyclic surge and quiet in Wake’s business, however, will often call for temporary storage, a commodity in tight demand in the rust-breeding humidity, heat and winds of the subtropics.

Many of the dozens of buildings that now read “DEMO” in bright, red-stenciled spray paint were removed from the Air Force’s inventory at some point in the past.

Today, however, they might still hold supplies, vehicles or, occasionally, people – new roles for which the Air Force and the contractor weren’t receiving money because, officially speaking, the buildings had ceased to exist decades ago.

Rather than punishing stalwart old structures for retiring from service as air-conditioned offices, the real property assessment team ensures they receive their due allowance for their continued use as protection from the elements for construction supplies, heavy equipment and other goods.

“The island is still Air Force-owned,” Raine said, though most of its operations and maintenance have been outsourced to a private contractor. “We’re paying the contractor to run and maintain it. Giving the right real estate value ensures the proper money comes for the military to pay that contract.”

The sign above a door in the terminal building reading “museum” might therefore be truthful enough, but its misleading when walking along Wake’s winding shore.

The entire place is a monument to the ebb and flow of America’s military presence in the Pacific, and it’s left to a small team of real estate professionals to account for the buildings and bunkers left hard-pressed by decades of island service.

## Missed medical appointments cost JBER \$2 million last year

By Air Force Staff Sgt. Sheila deVera  
JBER Public Affairs

Have you ever set up an appointment and completely forgot about it because you were too busy? You’re not the only one. The Joint Base Elmendorf-Richardson hospital averages 1,100 missed appointments every month.

In fiscal year 2015, the no-show total was 13,344 patients – an estimated cost of \$2 million.

Schedules and appointment durations can vary from provider to provider, but most are around 15 to 20 minutes in length, said Air Force Maj. Mark Sabroski, 673 Medical Support Squadron TRICARE Operations and Patient Administration flight commander.

“If two patients are scheduled to see the same provider in back-to-back appointments and the first patient shows up 15 minutes late and the second patient shows up on time, the second patient will be seen as scheduled and the first patient will be given the option to wait to be fit in (if possible) or reschedule,” Sabroski said.

“Patients are commonly a no-show to the Family Health and Physical Therapy clinics,” said Group Practice Manager Air Force Maj. Christopher McMillan assigned to the 673d Medical Group. “[The value cost for missed appointments] will vary by clinic, as the cost of an appointment differs depending on the medical specialty. The averages for [Family Health and Physical Therapy clinics] are \$202 and \$176 respectively.”

A no-show reduces the medical staff’s capacity to provide efficient care for other patients who are, or could have been, scheduled that day.

“A no-show takes an otherwise available appointment away from another beneficiary, either forcing a delay in care or an appointment with another provider less familiar with the patient’s medical history,” McMillan said. “Our hospital’s no-show policy guarantees patients who arrive less than 15 minutes late for their appointment will be seen by their provider as soon as that provider can accommodate. This is still incredibly disruptive to the provider’s daily schedule, and will often force delays in other patient appointments.”

The goal of the 673d Medical Group is to offer healthcare for those in need by providing the best medical care access to service members and families. They deliver health care to 20 percent of the Anchorage population, providing more than 225,000 outpatient visits; 3,000 surgeries; 690,000 prescriptions; and 645,000 lab procedures annually.

Statistically, active-duty members have a 5.6 percent no-show rate; family members, 6.75 percent. Both are slightly above the hospital’s no-show goal of 5 percent or less, consistent with the Air Force Instruction 44-176, Access to Care Continuum, which states facilities need to keep no-show rates at no more than 5 percent of appointments.

If patients need to cancel an appointment, they can do so any time up to two hours prior to their appointment. Attempted cancellations less than two hours from their appointment time will be designated as a no-show.

TRICARE Online, at [www.tricareonline.com](http://www.tricareonline.com), will provide reminder emails or texts and allow patients to cancel appointments.

“Patients may also cancel appointments via telephone call to our central appointment line at 580-2778 for appointments in Family Health, Pediatrics, Internal Medicine, Optometry, and Women’s Health. Patients should contact specialty clinics directly for cancellation.”

“We are generally trending in the right direction when it comes to no-show appointments,” McMillan said. “For the fiscal year to date, our no-show appointments are 13 percent lower than at the same time last year. We are always doing whatever we can to improve our patients’ experience in the hospital.”

## Education, equipment, experience make for safer riding

By Airman 1st Class Valerie Monroy  
JBER Public Affairs

With summer finally here, motorcyclists have also come out of hibernation.

“While [at] Joint Base Elmendorf-Richardson, we have a great opportunity to get out and see the beauty of the land and for some, there is no better mode of transportation than the motorcycle,” said Air Force Master Sgt. Steven James, 673d Air Base Wing motorcycle safety representative.

At JBER, the riding season typically runs from May to October and motorcycle operations are only allowed when road conditions are green. At the start of the season, riders should begin the proper steps to begin riding safely.

“While great fun, any activity with risk must be managed and mitigated,” James said.

A few forms of managing motorcycle safety include training, personal protective equipment and motorcycle maintenance, James continued.

“To ride on JBER you must have a motorcycle endorsement on your driver’s license, have completed the basic rider course, comply with your command’s rider registration and tracking process, and lastly wear all required PPE,” James said.

For new riders, the process may seem daunting and many people don’t know where to start, James said. The first formal course, and the foundation for many riders training is the BRC. After the BRC, different training opportunities are available depending on the type of motorcycle.

“The class helped prepare me mentally for riding,” said Airman 1st Class Collin Cox. “Afterwards, I felt I had the knowledge of my



**A motorcyclist swerves between cones during a pre-ride skills assessment at Joint Base Elmendorf-Richardson. At JBER, the riding season typically runs from May to October and motorcycle operations are only allowed when road conditions are green. (U.S. Air Force photo/Senior Airman Kyle Johnson)**

motorcycle, and most of all I felt more comfortable getting on my bike.”

Fellow new rider Airman 1st Class Samantha Jefferson said the class prepared her for emergency situations, taught her to use the correct methods to switch gears, turn, and brake, and most importantly how to be a safe driver.

“New riders should enter the sport of motorcycle riding with the mindset that riding is part science – understanding the physics – and part skill,” James added. “As a rider, I’m a constant student. Each ride and season you can always learn something new and improve your skills.”

Cox explained he decided to give riding a try once he was stationed at JBER. Now, after going through all the necessary precautions and training, he said he continues to learn and experience each time he rides.

“I absolutely love everything about riding,” Cox said. “I love feeling the power of the bike under me and I love the rush I get. I don’t think I’ve ever loved anything I’ve done as much as I love riding.”

For more information about riding or becoming a rider, talk to your unit motorcycle safety representative.

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### Lifetime learning

**Army Education Center at JBER Library offers ways to go farther in life – for everyone**  
**See page A4**



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# Family first: Air Force spouses balance careers, home life

By Prerana Korppe  
AFSG Public Affairs

FALLS CHURCH, Va. — Jeff Hogg knows the role of the military spouse better than most because he understands the needs of the military lifestyle and the military family. He served in the Air Force for over 20 years before retiring and is the spouse of Maj. Gen. Dorothy Hogg, the Air Force deputy surgeon general.

Growing up in a family of 12 children, Jeff was raised in a patriotic home. During World War II, his father moved the family to Michigan so he could help build B-24 Liberators to support the U.S. military.

Born in the Appalachian Mountains of Kentucky, Jeff moved to Ohio at the age of 17 to help his older brother care for his two children and began to learn the basics of family care.

In 1977, Jeff decided to enlist in the Air Force and became an aircraft weapons mechanic. His first assignment was at Pease Air Force Base, New Hampshire. A few months into his Air Force career, he met Dorothy.

“I was persistent if nothing else,” Jeff recalled. The two married in 1979, while Dorothy was still in college. By the end of 1983, she decided to join the Air Force. “We’ve been running around ever since,” he said.

### Family first, people always

While many people focused on their careers, Jeff said they always focused on family. During the time both were on active duty, he recalled being asked about duty location preferences. “They would ask, ‘Where do you want to go?’ We always said, ‘We don’t care as long as we go together,’” he said.

Jeff and his wife have two daughters who are now adults. “(Dorothy) and I are both the first

in both families to finish college. We wanted to make sure our kids knew how important education was,” he said.

“We have been very fortunate to be at the right places with the right people at the right time,” he said, adding that wherever the road takes a person, they must take an active approach to find what they like about the place and people. “That’s been our philosophy for 37 years,” he added.

Jeff said the most rewarding part of his active-duty career was serving as a first sergeant and having the opportunity to counsel and help.

He said he always told people, “Be happy with who you are, you are the only one who can (control) it. If you’re not happy, make a change. Get to your happy place. Why go through life being miserable?”

### Military spouses’ club

In 2004, Jeff made the decision to get involved in the military spouses’ club, known at the time as the wives’ club. He became active because he wanted medics to become more involved. “I got involved to help people and help spread the word,” he said. “This is my way of contributing what I can.”

The spouses clubs are involved in a variety of charitable causes. Among other things, members run the thrift shops on base, raise money for scholarships and donate to many causes. The Air Force’s spouses clubs raise an average of \$600,000 each year for Air Force Aid Society.

In addition to charitable causes, spouses clubs promote comradery and provide the opportunity for military spouses to get involved and meet other spouses.

This is his eighth year of being on the executive board for various spouses clubs.

Jeff shared that fostering friendships with other military spouses can be a great source of support. When he was new to the spouses club, he reached out to a senior spouse and said, “I need a mentor.” The senior spouse became his mentor and they have stayed in contact for almost 10 years. As the days and years passed, his mentor started coming to him for advice.

“I went from needing help, to giving advice,” Jeff said. “It all started with me raising my hand and saying, ‘I need help.’”

### Males, females stress equally

When it comes to being a military spouse, Jeff said it’s important to understand spouses not on active duty share the stress of service with the active-duty member. “If your spouse is in combat, you’re in combat whether you realize it or not. When they get hurt, you hurt with them,” he said.

When it comes to male spouses, their needs as a military spouse are sometimes overlooked.

“When a male spouse is taking care of two to three kids, it’s no different than a female taking care of two to three kids,” Jeff said. “They have the same stresses. They have the same problems.”

He explained there is often a misconception when it comes to male spouses, especially during deployment of their active-duty spouse.

“We go through the same emotions as a woman does ... that’s what people don’t understand,” he said. “We tend to react and handle them differently. Sometimes we internalize ... inside it’s all the same ... we worry about the same stuff.”

Jeff encourages more spouses to get involved in the spouses’ clubs, especially male spouses. While it could be considered intimidating initially, he advises male spouses not to pass up the opportunity to get involved with

the spouses’ clubs; give back to the community and make new friends.

“Get involved. Do some good,” he said. “If you’ve got something to offer, don’t let something like being the only male stand in your way. Don’t worry about what other people think. Worry about you and what you have to offer.”

### Families with children

Between both of their active-duty military careers, the Hoggs have gone through 22 household moves.

“People don’t realize that in itself is a big stress,” Jeff said. “It was difficult constantly taking our kids away from family and friends.”

The biggest challenge was getting their children to understand that their parents could have to leave at any given time. Not wanting them to worry, the Hoggs always told their daughters, “Mom and dad have to go to work. We will be fine and we will be back.”

Jeff said, “It was hardest on their mother and me. The children didn’t understand, but we did and we knew anything could happen at any time.”

Military spouses are important and play a primary role in the family structure. Jeff said in order to be strong, a spouse has to find out who they are and take care of themselves first. When they realize who they are and where they fit in, they’re able to give from a place of strength.

As he transitioned away from active duty, his identity shifted to being the relative of an active-duty member.

“I’ve had to accept that role,” he said of the challenge adapting to his new position. “I’ve grown into it. I make sure people know that even though I am Gen. Hogg’s husband, I’m still me.”

Many spouses struggle with a loss of identity. According to Jeff,

spouses should remember to make their self-care and identity a priority. “How can you do something for someone else if you don’t know who you are?” he asked.

He stressed the importance of maintaining your identity and remaining strong as an individual as spouses are more than an extension of their husbands or wives. “Treat people like individuals not just as the spouse of someone else,” he said.

Volunteering with the spouses club at the base thrift store, junior and senior spouses often work together. “Sometimes junior spouses are shocked to realize we are just normal people,” Jeff said. “They will talk to you and find out later on who your spouse is and say, ‘Oh my, I did not know that.’ That’s the point. It’s all about getting to know people before you know who their spouse is.”

### Reflection and advice

Jeff said he’s proud that his wife has met every goal she set in life. She never took “no” for an answer and never quit. When faced with adversity, she kept going.

“I remember when my wife came into the service,” Jeff said. “Friends couldn’t believe it ... they would say to me, ‘I can’t believe you let your wife come into the service. First of all, I don’t let my wife do anything, she does what she wants. I support whatever she does. To me that’s what it’s all about. She supports me and I support her. That’s why we’ve been married 37 years.”

“In the military you’ll see a lot of people working on their careers,” he continued. “(For us), our marriage is our career. It needs to be worked on all the time. Don’t forget to work on the little things with each other. Work on that relationship ... because if you keep that relationship happy the rest of it will fall into place.”

# ‘Can I Kiss You’ seminar brings laughs, education to JBER personnel

By Sachel Harris  
USARAK Public Affairs

Soldiers and Airmen roared with laughter Wednesday in the Frontier Theater here during the Date Safe Project seminar, “Can I Kiss You,” an interactive training presentation dealing with issues of sexual assault, prevention and response.

The show was performed by Mike Domitrz, an educator, and award-winning author and publisher, who travels the world speaking on various topics related to consent.

During the show, Domitrz opens up and shares his honest views on how to improve society’s approach to healthy dating, provides a better understanding of how consent is obtained in intimacy, reveals the keys to effective bystander intervention with alcohol and sexual activity, and teaches how to properly support survivors of sexual assault, a situation he is all too familiar with.

After his older sister was raped in 1989, the devastation and trauma he, his sister and their family went through motivated Domitrz to educate people on the importance of consent to help prevent sexual assault.

“When I found out what happened to my sister, all I could think about was killing the guy who did that to her,” he said. “But then I had a wake up call: why did I have a reason to be angry at the guy who raped my sister when I stood by on many occasions and watched people get hit on by potential rapists, guys I could have stopped?”

He discovered that by addressing a serious issue through laughter, people started to listen. And once they were listening, he was able to explain what comes with being sexu-



**Mike Domitrz, an educator and author, speaks to Air Force personnel about rape, sexual assault, and consent. Domitrz visited Joint Base Elmendorf-Richardson June 15 at the Frontier Theater, addressing a serious topic through laughter and interaction. Domitrz founded the Date Date Safe Project after his older sister was raped and he wanted to do something to explain how big a role bystanders play in preventing sexual assault. (U.S. Air Force photo/Kemberly Groue)**

ally assaulted and how big a role bystanders really play.

Domitrz’s interactive discussion with the audience focused on what ‘to’ do versus what ‘not’ to do including stepping in when

you see someone being taken advantage of, asking if you could kiss someone and asking them what they want intimately instead of assuming. Not just appealing to the single service members, Domitrz said these things,

though sometimes awkward, even in marriage, show your partner you respect them by giving them a choice.

“Because I’m married, we don’t go out often, but I will definitely make it a habit to always ask her how I can please her and not just assume,” said Spc. Edward Bautista, representing the Alpha Battery, 2nd Battalion of the 377th Parachute Field Artillery Regiment. “It’s important to always be on the same page.”

During the presentation, Domitrz asked his audience to imagine themselves at a bar with friends witnessing their friend ‘Aaron’ – who’s had a bit too much to drink – being taken advantage of by ‘Jordan,’ someone wanting to ‘hook up.’

One of the problems with sexual assault, Domitrz said, is that people become bystanders and take no action.

“It’s your business what happens to another human being right in front of you when they’re in a dangerous and vulnerable situation,” Domitrz said. “Your natural reaction as a human being is to care for another human being.”

Closing his show, Domitrz relayed the importance of consent and how, in the long run, stopping a potentially dangerous situation and asking for permission – regardless of any awkwardness – would be well worth it.

“Ask first. Intervene more often. Support survivors coming forward. If you do those three things...if you do one of those things, together we can transform a culture.”

For more information on Domitrz, “Can I Kiss You,” or the Date Safe Project, visit [DateSafeProject.org](http://DateSafeProject.org).

# DoD requires ‘culture of cybersecurity’ to safeguard networks, official says

By Jim Garamone  
Defense Media Activity

WASHINGTON— The Defense Department has made significant progress in implementing its cyber strategy, a senior DoD official told members of the House Armed Services Committee today.

The cyber threat from state and non-state actors is constant and growing, Thomas Atkin told legislators.

Atkin is the acting assistant secretary of defense for homeland defense and global security.

“Our increasingly wired and interconnected world has brought prosperity and economic gain to the United States; however, our dependence on these systems also leaves us vulnerable – and the cyberthreats are increasing and evolving,” Atkin said.

The Department of Defense maintains and employs robust and unique cybercapabilities to defend its networks and the nation, he said.

Yet, that alone is not sufficient, Atkin said. Keeping networks secure, he added, is everyone’s responsibility.

### ‘Culture of cybersecurity’

Safeguarding DoD’s computer networks, as well as the homeland “requires a culture of cybersecurity,” Atkin said. “More broadly, preventing cyberattacks against the U.S. homeland requires a whole-of-government, and a whole-of-nation approach.”

DoD works in close cooperation with other federal agencies, allies and the private sector to improve security in the cyber world and to ensure the department retains the capability to operate in the domain at any time, he said.

The department’s strategy calls

on DoD to concentrate on three primary missions, Atkin said. The first is to defend DoD networks. The second is to defend the United States against cyberattacks “of significant consequence,” he said. The third mission is to provide full-spectrum cyber options to support contingency plans and military operations.

### Deterrence

Deterrence is a crucial part of the overall strategy, Atkin said. DoD, he said, is part of the nation’s defense against cyberattacks.

“The strategy depends on the

totality of U.S. actions, to include declaratory policy, overall defensive posture, effective response procedures, indications and warning capabilities and the resiliency of U.S. networks and systems,” he said.

Since Defense Secretary Ash Carter signed DoD’s cyber strategy, the department has made great progress, Atkin said.

“The department is committed to the security and resilience of our networks, and to defending the homeland and U.S. interests from attacks of significant consequence,” he said.

<b>Joint Base Elmendorf-Richardson/ 673d Air Base Wing Commander</b> Col. Brian R. Bruckbauer (USAF)
<b>Joint Base Elmendorf-Richardson/ 673d Air Base Wing Vice Commander</b> Col. Timothy R. Wulff (USA)
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<b>Joint Base Elmendorf-Richardson/ 673d ABW Command Sergeant Major</b> Command Sgt. Maj. Eugene J. Moses

ARCTIC WARRIOR

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Former 3rd Wing Commander Col. Charles Corcoran made his final flight in an F-22 Raptor Tuesday. CLOCKWISE FROM TOP LEFT: Corcoran does pre-flight checks in his aircraft. (U.S. Air Force photo/Senior Airman James Richardson); Corcoran emerges from his jet for the last time; Senior Airman Gage Cuyler, 525th Aircraft Maintenance Unit dedicated crew chief, takes a slight pause while preparing the jet; Corcoran is soaked with water by his family in a final-flight tradition; and Parker prepares the jet for Corcoran's final trip. (U.S. Air Force photos/David Bedard)

# Mortuary Affairs Reservist offers compassion, second chance at life

By Spc. Fatima Konteh  
367th MPAD

FORT HUNTER LIGGETT, Calif. — Losing a loved one is an experience that can be very challenging to deal with, and it’s something that U.S. Army Reserve Spc. Lisa Sullivan, 962nd Mortuary Affairs, Joint Base Elmendorf Richardson, has experienced firsthand.

However, knowing that person is being cared for with respect and that, even after death, they can bring life to another reassures that their existence was meaningful and their spirit will continue to live on through someone else.

In the U.S. Army Reserve, Sullivan is a Mortuary Affairs Specialist where she cares for the bodies and personal effects of deceased service members.

She also has a civilian career with Life Alaska in Anchorage where she transplants organs from the deceased to those who are in need of tissue or organ donation.

“I had a friend who worked there in the past, and he recommended it to me,” she said. “He said, ‘You would probably like this because it’s similar to what you do in the Army.’”

Born in Texas, Sullivan moved to Anchorage as a child with her mother and older brother.

Last year, she lost her brother to suicide.

“Surprisingly, 89 percent of the donated organs we receive are from suicide victims,” Sullivan said. “It definitely hurts me. It’s heartbreaking at times, even devastating, but I have to keep those emotions at bay and remember that what I’m doing is for the benefit of someone else.”

During Combat Support Training Exercise 91-16-02, at Fort Hunter Liggett, California, Sullivan was able to apply this motivation and civilian experience as she worked alongside the 349th Combat Support Hospital, Bell, California, during training mis-

sions. As the largest U.S. Army Reserve training exercise, CSTX 91-16-02 provides Soldiers with unique opportunities to sharpen their technical and tactical skills in combat-like conditions.

“This is my first time training with a medical unit, and it was a unique experience – not just for me but for the medical personnel as well. We received mock remains and worked together on the identification paperwork,” said Sullivan. “They didn’t know a lot about the process initially, so this was a great opportunity to bridge gaps and educate one another on our roles if we were mobilized.”

Part of her duties are to identify

personal effects of the deceased and ensure they are shipped back to the service member’s family, but, primarily, her duties are to recover, preserve and evacuate deceased personnel to their designated destination.

As difficult as it may be to work in this field both in the military and civilian career field, Sullivan prides herself in giving someone else a second chance to live a healthy, full life.

“I make it my top priority to ensure the personal effects that belong to the Soldier return to their family members,” said Sullivan. “It is such an honor to safeguard these service members.”



# Tired of the dorm life? There’s a procedure for getting that BAH

By Airman 1st Class Javier Alvarez  
JBER Public Affairs

The summer months are known as permanent change-of-station season at most military installations – a time when Airmen arrive at Joint Base Elmendorf-Richardson, and need somewhere to stay.

While the influx of service members on base is ever changing, the occupancy level the Air Force dorms can accommodate is fixed, said Air Force Master Sgt. Tammy Miller, 673d Civil Engineer Squadron unaccompanied-housing superintendent.

As the dorms reach capacity, dorm leaders must make room for the incoming Airmen, allowing some the opportunity to vacate the dorms sooner than would normally be allowed.

To be allowed to live off base, first term Airmen must do one of three things: reach the rank of senior Airman and have three years of service; be married to a spouse in the local area (if your spouse is not in the area, you’re going to be an unaccompanied Airman and will be staying in the dorms), or have a change in dependent status, such as needing to adopt an orphaned sibling.

On JBER, Airmen first class can vacate the dorms when occupancy levels reach 95 percent, and their leadership grants authority, Miller said.

“Stay out of trouble because moving out is not automatic,” said Airman 1st Class Kenneth Belgrave, 673d Comptroller Squadron financial services technician. “If



**Before packing your things to move out of the dorms, be aware of proper procedures. When dorms are 95 percent full, Airmen may be allowed to live off base. Dorm residents can refer to the Basic Allowance for Housing list outside the dorm leader’s office to see how close they are to potentially moving out. (U.S. Air Force photo/Airman 1st Class Javier Alvarez)**

you get in trouble or you repeatedly show up late to work, your supervision can keep you in the dorms longer – even if you are a senior Airman.”

Ultimately the decision to allow Airmen to live off base is up to their first sergeants and supervisors.

When occupancy levels are reached, and consent is granted by an Airman’s first

sergeant and supervisor, dorm leaders will inform the Airman that they have 30 days to vacate unaccompanied housing, Miller said.

Keeping a clean dorm room, having a good handle on your finances, and maintaining a good standing relationship at work are all beneficial when supervisors make their decision, Miller said.

In every dorm building, outside the

ADL’s office, there is a Basic Allowance for Housing list which shows the order in which Airmen can vacate the dorms if occupancy levels are reached, she said.

The BAH list goes by the date of rank, to keep things fair.

If Airmen see their name rise on the BAH list and want to be proactive and start the process, they can talk to their ADL and their first sergeant, Miller said.

Some first sergeants require Airmen to take a financial management class, ensuring that they are aware of the financial stress and the added expense living outside of the dorms can present.

“Some people say they’re ready to move out, but when they do, they can’t pay their bills,” Miller said. “They end up moving back in the dorms because they didn’t learn how to budget. You can’t eat steak every day on an Airman’s budget, or buy an [expensive car] because now you’re getting BAH.”

While Airmen may be allowed to leave the dorms, there are situations when they may be required to move back in.

“[Airmen may get into legal or financial trouble], and they may have to move back into the dorms to get their life back together,” Miller said.

Additional housing for unaccompanied Airmen may come in the near future, but until it does, Airmen can look to the BAH list for their turn to vacate the dorms.

For all questions about moving out, contact your first sergeant, or your ADL at 406-5826.

# Army Education Center can bring educational, leadership goals into focus

By Airman 1st Class  
Christopher R. Morales  
JBER Public Affairs

The Army Education Center, through the Army Continuing Education System, provides support to service members in the pursuit of knowledge above the Joint Base Elmendorf-Richardson Consolidated Library.

“Education can change a Soldier’s life forever [to] become better Soldiers, better leaders and better people,” said Beverly Suenaga, Education Services officer.

The ACES mission is to vigorously promote lifelong learning opportunities to sharpen the competitive edge of the Army by providing and managing quality self-development programs and services.

In support, the AEC offers several programs, classes, and counseling to find the best learning opportunities available in Alaska.

It’s open Monday through Friday, 8:30 a.m. to 3:30 p.m. and is most active during hours of lunch and late afternoon.

“People don’t want to make mistakes ... concerning their education, future, and family,” Suenaga said. “Sometimes it is very dicey or challenging, and this is why we are here.”

If there are any problems, such as needing to change a class, school, or degree, the center can help.

“The GoArmyEd portal is available to all Soldiers [24 hours a day, 365 days of the year] and



**Soldiers looking to further their educations can use the Army Education Center, above the JBER Library, to learn more about educational opportunities, financial aid, and navigating the system. The military and JBER put a premium on learning – which helps troops be better leaders. (U.S. Army courtesy photo)**

this is where we can help take care of any problem immediately, but if they are at home and they have an issue, we might be closed, so they provide a helpdesk,” Suenaga said. “[Some AEC employees] are here at 6:30 a.m. for Customer Resolution Management.”

If Soldiers have issues that need to be resolved concerning

their education, they can submit a helpdesk case online and have it resolved by the AEC the following day, depending on the complexity of the issue.

The ACES provides career counseling, financial assistance, formal class, and a resource library. The system also promotes life-long learning opportunities, excellence

in service, and improving the services to support the professional and personal development of quality Soldiers.

The resource library, separate from the JBER library, offers books and CDs for Soldiers, Airmen, dependents and civilian employees to study.

The resource library has specif-

ic books and CDs for the General Education Development, Selection Instrument for Flight Training, Armed Services Vocational Aptitude Battery, and more.

“We are here to help the service member – not the blue, not the green, but the people,” Suenaga said. “It doesn’t matter who you are, our job is make your life better and to be successful by sharing what we know.”

Another available program is the Soldier For Life-Transition Assistance Program, which helps Soldiers leaving the military succeed in community, education, and career by discussing technical training, entrepreneurship, employment workshops, and financial planning.

The center also celebrates Army Education Week, an annual Department of Defense holiday in November.

The center hosts the event, and has special guests talk about various subjects regarding education, such as the G.I. Bill.

Local college and university representatives are on hand to discuss the classes and degrees they offer.

The Army Education Center’s main event is the annual Consolidated Graduation Ceremony.

The graduation ceremony honors Soldiers, Airmen, dependents and civilian employees who have earned degrees – from GED up to Ph.D.

For more information, call 384-0970 or visit <http://tinyurl.com/zyc85z5>.



**Voting assistance**

Voting Assistance Officers will be at the Main Exchange from 11 a.m. to 1 p.m. June 27 through 30th to assist service members and eligible family members register to vote with their home state. For more information go to [www.FVAP.gov](http://www.FVAP.gov), speak with your unit’s designated VAO or contact the JBER Voting Assistance Office at 552-8683 or [vote.jber@us.af.mil](mailto:vote.jber@us.af.mil).

**Free sports mouthguards**

The JBER dental clinic is offering free custom-fit sports mouthguards to active-duty, National Guard and Reserve service members as well as retirees and dependents July 6. Visit the clinic between 7:30 and 10:30 a.m. or from 12:30 to 2:30 p.m. for a fitting. For information, call 580-5010.

**School sports physicals**

The Pediatric Clinic will conduct sports and school physicals July 30 and 31. Pick up the medical history form at the clinic and complete it before the appointment. To make an appointment, call 580-2778.

**OTC pharmacy counter**

The main pharmacy at the JBER hospital has opened an over-the-counter medication clinic for DoD beneficiaries, open from 7:30 to 10:30 a.m., Monday through Friday. Select “over the counter drug needs” at the kiosk. This is not meant to replace a visit with a provider. Flyers and patients who are on personnel reliability program status, pregnant, or under the age of 2 are not eligible due to special needs. The clinic offers basic pain relievers, cough, cold and allergy medications and nasal sprays, ointments, and constipation and diarrhea medications. For information visit [www.facebook.com/JBERPharmacy](http://www.facebook.com/JBERPharmacy).

**In-Home child care**

Providing child care in your on-base housing comes with many responsibilities. The licensing process applies to anyone regularly caring for other families’ children more than 10 hours a week. It does not apply to those providing care in another family’s home or for occasional care. The Mission Support Group commander approves and monitors licensing and program requirements. The licensing process

comes with benefits such as training and support, a lending library of books, toys and supplies, and reimbursement for food costs. To become a Family Child Care provider, call the FCC Office at 552-3995. **Reserve ‘Scroll’** Officers wanting to transition to the Air Force Reserve must have their commission transferred to a list called “the Scroll” and approved by the Secretary of Defense. The process averages 120 days, but can take longer, and must be approved before you begin participating in the Air Force Reserve, which may mean a break in service. Even if you’re unsure about transitioning to the Reserve, the Scroll process can be initiated. For information, call 552-3595.

**Pothole repair**

The 773d Civil Engineer Squadron encourages all Joint Base Elmendorf-Richardson personnel to report potholes. In housing areas, contact Aurora Housing at 753-1051. All other requests will be tracked by 773d CES. Take note of the location – including street and cross-street names or building numbers. Then email [773CES.CEOH.PotHoleRepair@us.af.mil](mailto:773CES.CEOH.PotHoleRepair@us.af.mil) or call 552-2994 or 552-2995. Include your name and contact information so crews can follow up about location or the severity. Weather and mission permitting, potholes will be repaired within 24 hours of being reported.

**Home buying seminar**

Volunteer realtors and mortgage lenders present an hour-long home buying seminar every Wednesday at either the JBER-Elmendorf or JBER-Richardson Housing Management Offices from 1 to 2 p.m. These seminars are intended to support those interested in purchasing a home by explaining the buying and selling process. The seminar covers loan pre-qualifications, offers and acceptance, inspections, title searches, types of loans, and closure process. For information or to sign up, contact the office. For the JBER-Elmendorf HMO, call 552-4312, or visit Bldg. 6346 Arctic Warrior Drive. For the JBER-Richardson office, call 552-3088, or visit Bldg. 600, Room 104.

**Special victim counselor**

Victims of sexual assault are entitled to legal assistance services. Communication is protected by attorney-client privilege. The SVC ensures the victim’s rights, as outlined in the Crimes Victim Act, are protected. Those rights include being treated with fairness and respect; being reasonably protected from the accused offender; being notified of court proceedings; being present at all public court proceedings related to the offense; being able to confer with the prosecutor; receiving available restitution; and receiving information about the conviction, sentencing, imprisonment, and release of the offender. Eligible clients include all active duty military of all branches of service, mobilized Reserve Component members, retirees (and the dependents of these sponsors) who make a restricted or unrestricted report for sexual assault. For information, call 353-6507.

**Rental Partnership**

The Rental Partnership Program is available to all eligible active-duty members. The first option, RPP Plus, includes utility and sometimes cable costs, providing an easier budget with a set payment year round. The other option, RPP 5 Percent below market, saves the member five percent off the rental fee other tenants pay; however, utilities are paid for by the tenant. Both options are available with no deposits or fees to the member except pet fees as applicable. This program provides active-duty military personnel, enlisted and officers, accompanied and unaccompanied with affordable off-base housing. An allotment must be executed under either option for the rental payments, made directly to the landlord resulting in a more trouble free transactions.

JBER-Elmendorf members can see RPP officials at the Capital Asset Management Office, Building 6346, Arctic Warrior Drive, or call at 552-4328 or 552-4374 for information and assistance. At JBER-Richardson, visit the Housing Management Office in Building 600, or call 384-3088 or 384-7632.

**DLA Document Services**

Defense Logistics Agency Document Services duplicates

and prints documents. Document Services provides documents including black and white, color, large format, photographic prints, engineering drawings, sensitive materials, technical manuals and training materials. They also do design, printing and distribution of business cards, letterhead, invitations and programs. The Equipment Management Solutions Program provides multi-functional devices that print, scan, copy and fax. Facilities offer scanning and conversion services for all types of documents. They also offer Document Automation and Content Services, a service for building digital libraries of content with online access. It is open 7 a.m. to 3:30 p.m. Monday through Friday. For information, visit [www.documentservices.dla.mil](http://www.documentservices.dla.mil), visit the office at 984 Warehouse Street, or call 384-2901. **U-Fix-It Store** The U-Fix-it stores, open to all Aurora Military Housing tenants, issue home maintenance items. Availability is subject to change and limits; some may have a cost. American flag kits and fire extinguishers are available. U-Fix-It work includes all home maintenance activities, allowing occupants to make minor improvements and repairs and cut down on service orders. The JBER-Elmendorf location is 6350 Arctic Warrior Drive and is open 8:30 a.m. to 5 p.m., Tuesday through Friday, closed from 1 to 1:30 p.m. for lunch, and Saturday, 9 a.m. to noon and 1 to 4 p.m. (closed for lunch noon to 1 p.m.). The JBER-Richardson office is at 338 Hoonah Ave., open from 8:30 a.m. to 5 p.m., Monday through Friday, and closed from 1 to 1:30 p.m. for lunch. A blind-cleaning machine is available at the JBER-E location; priority goes to those PCSing. For information, call 375-5540. **Priority placement** The Priority Placement Program and Executive Order 13473 provide non-competitive appointment for spouses of active-duty service members, including full-time National Guard and Reservists, who are relocating to accompany their service member during a permanent change-of-station. The program allows spouses to

register for Department of Defense positions and be considered for jobs offered internally. Spouses are matched with jobs based on their qualifications and preferences. Spouses are eligible for up to two years from the date of the PCS orders and are in the program for one year. Spouses, even those who have never filled a federal position, can now register at the either of the JBER personnel offices. For information about the program or to register, call 552-9203. **Richardson Thrift Shop** The JBER-Richardson Thrift Shop, in Building 724 on Quartermaster Drive, is open Tuesday and Thursday from 10 a.m. to 2 p.m., Wednesday from noon to 6 p.m., and first and third Saturdays from 11 a.m. to 2 p.m. Consignments are accepted whenever the shop is open. For more information, call 384-7000. **JBER Bargain Shop** The Bargain Shop, at 8515 Saville, across the street from the log cabin, is open for summer hours Tuesday and Wednesday from 10 a.m. to 2 p.m., and the first Saturday of the month from 10 a.m. to 2 p.m. Consignments are accepted Wednesdays from 10 a.m. to 12:30 p.m. Volunteers are always welcome. For information, call 753-6134. **Quartermaster Laundry** The Quartermaster Laundry, located at 726 Quartermaster Road, cleans TA-50 gear for free. The facility is open Monday through Friday from 7:30 a.m. to 4:30 p.m. **Legal services available** The Anchorage team of the 6th Legal Operations Detachment offers legal services for eligible members of the JBER community. Services are hosted monthly at the USARAK legal office. Those eligible are retirees (medical or full term), active duty, and reservists, plus their family members who have a valid ID card. Attorneys can help with will preparation, estate planning, divorce and separation issues, child custody or support, adoption, landlord/tenant issues, and debt. For information or appointments, call 384-0371.



# COMMUNITY

June 24, 2016

ARCTIC WARRIOR

Volume 7, No. 25



COUNTERCLOCKWISE FROM TOP: Two members of the 'Firedawgs,' Joint Base Elmendorf-Richardson Fire Department team, flip a tire as part of the Hero Games during the Downtown Summer Solstice Festival in Anchorage June 18. Each team chose two members to flip a tire across a set distance then roll it back. The Hero Games is a friendly competition between Alaska's first responders with challenges that require balance, strength and teamwork. (U.S. Air Force photos/Airman 1st Class Christopher R. Morales)

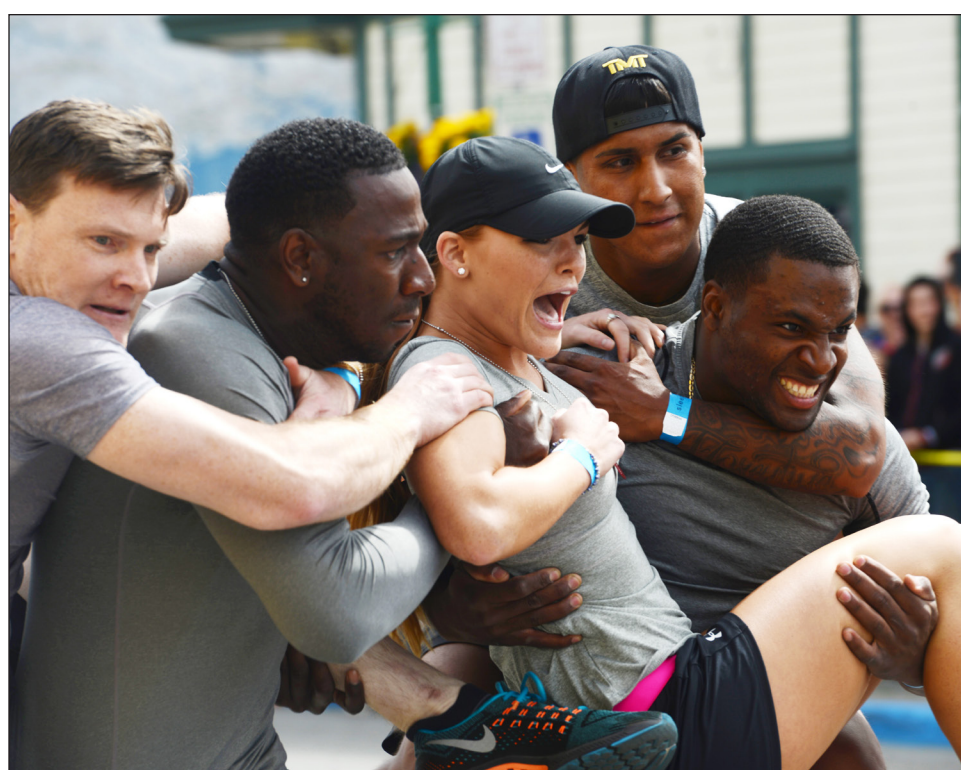
The teams; 'The Bios' and 'Savage,' both from the Joint Base Elmendorf-Richardson Hospital, push trucks as part of the Hero Games. Each team pushed a truck in neutral for the best time, and once all the challenges are complete the times are tallied and the four remaining teams perform the final challenges.

Five members of the 'The Bios,' from the Joint Base Elmendorf-Richardson Hospital, perform a body carry as part of the Hero Games. The four-part relay consisted of sprinting, weaving through cones, hula-hooping and the infamous body carry.

The 'Arctic Defenders,' of the 545th Military Police Company, compete in a tug-of-war challenge. Tug-of-war was the semi-final challenge to determine the final two teams.

The 'Arctic Defenders,' of the 545th Military Police Company, 'serves' in a game of water balloon volleyball against the Anchorage Police Department as part of the Hero Games during the Downtown Summer Solstice Festival. Water balloon volleyball was the final high-stakes challenge where competitors sought the first place title at the risk of being splashed with cold water.

The 'Arctic Defenders' of the 545th Military Police Company took first place in the Hero Games during the Downtown Summer Solstice Festival in Anchorage.





# Ancient texts can offer us encouragement

Commentary by Army Chaplain (Capt.)  
Rebecca McMichael  
59th Signal Battalion

Even though the Psalms are ancient, great wisdom is found in the book. I think our world is troubled and there are wounded people everywhere. The Psalms offer encouragement. I like to read the Psalms when I have a tough day. In regard to current events, the Psalms connect to life. There are passages that call out to God for help. There are passages that praise God. I appreciate the human element of Psalms and the confidence they bring to my faith. The world needs hope and God’s love.

With the shooting at the Pulse nightclub in Orlando, Florida, I wonder “when is the violence and terrorism going to end?” As a person of faith, I trust God as Psalm 42:7 reminds me, “Put your trust in God; for I will yet give thanks to God, who is the help of my countenance, and my God.” I pray for the Pulse nightclub survivors and their families. I prayed for my LGBT neighbors, family members and friends and loved them through this tragedy. We are all children of God. When we are cast down, we must pray for and support one another. I encourage folks to attend church; make room at the communion table for all God’s people, gay and straight, and mend our broken, battered and hate-filled world. It is daunting, but love is the place to start. God’s love and grace are free to all no matter what we face. All we have to do is take time to pray and be compassionate. Psalm 42 is certainly helpful.

A contemporary example may also offer support in understanding suffering and



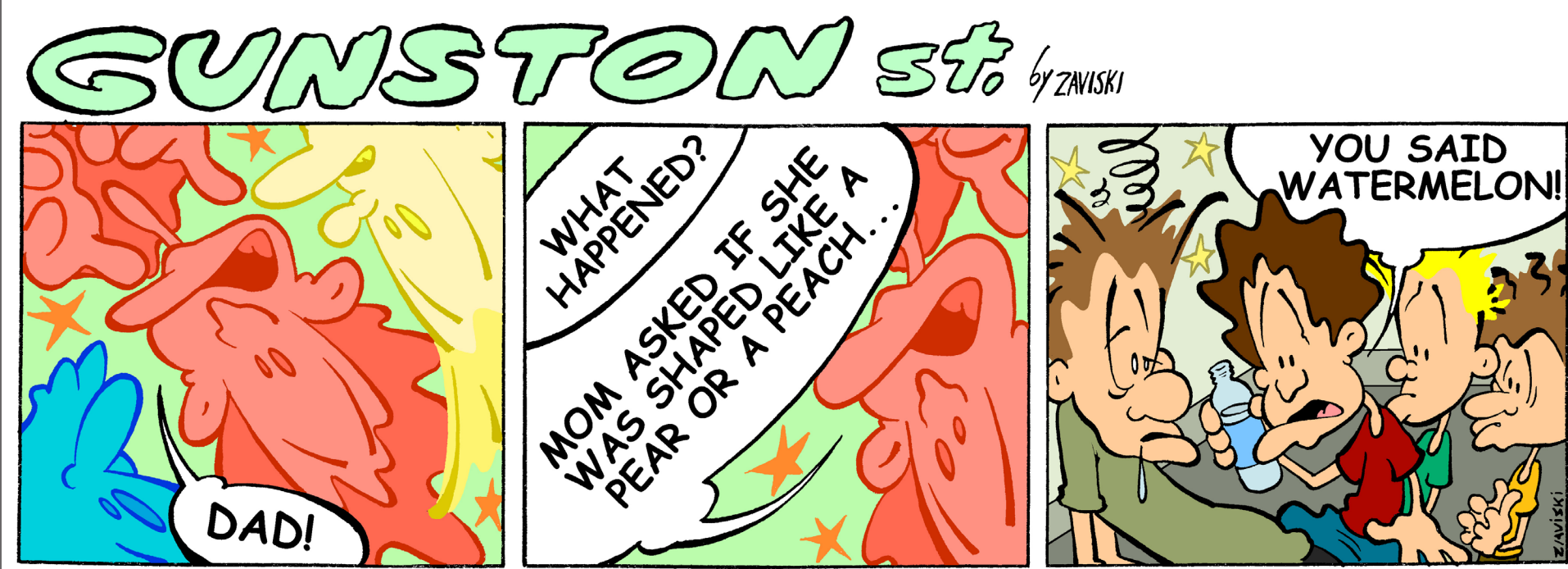
(Courtesy photo)

grace through Star Wars. Master Yoda has wisdom to impart when adversity is faced. In The Phantom Menace, Master Yoda states, “Fear is the path to the dark side; fear leads to anger; anger leads to hate; hate leads to suffering.” When people allow darkness to set in and dwell on negativity and despair, tragedy may be a result when violence escalates. Fear is everywhere in the world. We have a choice whether or not to dwell on troubles and emphasize suffering or we can choose to transform ourselves and the world around us with love and grace. Do not be afraid. The light is out there. Choose the side of kindness and hope.

Psalm 42 reminds me that God is a source of hope in verse 11, “Why are you cast down, O my soul, and why are you disquieted within me? Hope in God.” I hope that a better world is possible for all God’s people. God helps us through adversity and never gives up on us. Therefore, we should never give up on God. Face the fear and know that God is there to back you up and lead you. We work hard and we may not notice God doing amazing things around, and for, us. Maybe we take God for granted and doubt ourselves. Psalm 42 reminds us that when we feel crushed, there are still better times ahead, don’t give up. For our LGBT brothers and sisters in Orlando, I pray for

healing, encouragement and God’s love to bless and sustain them. God’s love is meant to be shared. God is a rock or foundation for faith. In verse 9, if you feel poor in spirit, talk to God, call out. We can be a source of blessing and strength or stir the problem pot with negativity.

The Psalms and Master Yoda encourage us to seek out the light and work for a better world. Hope, faith and love triumph over hate and terrorism. We must meditate on God’s word. We must lift up our LGBT sisters and brothers. Verse 11 states, “Hope in God, my help and my God.” The ancient words from Psalm 42 resonate and live in faithful hearts.





The Arctic Warrior Chapel will undergo a renovation through June. The 8:30 a.m. Catholic Mass and 11 a.m. Collective Chapel Services will meet at the Richardson Community Center on Hoonah Ave. during the renovation.

**FRIDAY**  
**RecOn: Outdoor Rock Climbing**

Open to all service members and dependents. Depart from the Outdoor Adventure Program at 5 p.m. for a day of rock climbing with all equipment and transportation provided.

For more information, call 552-4599 or 552-2023.

**SATURDAY**  
**Jim Creek ATV Trip**

All equipment and transportation is provided for this trip from 8 a.m. to 5 p.m., meeting at the Outdoor Adventure Program.

For more information, call 552-4599 or 552-2023.

**Glacier Ice Climb**

Open to all single service members, enjoy a day climbing Matanuska Glacier from 8 a.m. to 5 p.m., departing from Outdoor Adventure Program.

For more information, call 552-4599 or 552-2023.

**Cornhole Tournament**

Held at the Warrior Zone at 2 p.m., this free tournament awards cash prizes for 1st, 2nd, and 3rd place winners. Must be 18 and older to participate.

For more information, call 384-9006.

**SUNDAY**  
**Sunday Funday Pins & Pizza**

Enjoy food, drink, and bowling specials at Polar Bowl all day.

For more information, call 753-7467.

**Portage Lake Inflatable Kayak Trip**

All equipment and transportation is provided for this inflatable kayak trip at Portage Lake from 8 a.m. to 5 p.m., departing the Outdoor Adventure Program.

For more information, call 552-4599 or 552-2023.

**Portage Lake Kayak Trip**

Open to all single service mem-

bers. Equipment & transportation is provided for this trip from 8 a.m. to 5 p.m., meeting at the Outdoor Adventure Program.

For more information, call 552-4599 or 552-2023.

**MONDAY**  
**Paddle Board Class:**

Learn about stand up paddle boarding at Otter Lake from 5:30 to 7:30 p.m.

For more information, call 552-4599 or 552-2023.

**MONDAY THROUGH THURSDAY**  
**Little Brushes Summer Art Camp**

Offered through the Instructional Youth Program, this summer art camp is located at 2Rivers Youth Center from 10 to 11:30 a.m.

For more information, call 384-1508.

**WEDNESDAY**  
**ATV Safety Course**

Free when you provide your own ATV, this course is held at Hillberg Ski Area from 5 to 9 p.m.

For more information, call 552-4599.

**Mountain Bike Kincaid Park**

Open to all single service members, equipment and transportation is provided to mountain bike at Kincaid Park from 5 to 9 p.m., departing from Outdoor Adventure Program.

For more information, call 552-4599 or 552-2023.

**THURSDAY**  
**Captain's Class**

This free class, from 5 to 7 p.m. is required for ocean boat rentals through the Outdoor Adventure Program.

For more information, call 552-4599 or 552-2023.

**Outdoor Rock Climbing**

Open to all single service members, depart from the Outdoor Adventure Program at 5 p.m. for a day of rock climbing with all equipment and transportation provided.

For more information, call 552-4599 or 552-2023.

**JUNE 25**  
**AlaskaFest**

Everyone is invited to the 3rd annual AlaskaFest June 25, a free all-day outdoor concert with bands from across the state, including

Danger Money and Nervis Rex. Food and beverages will be available.

The family-friendly event includes face painting, a bounce-house, and more. A free bus will provide transportation from JBER to the American Legion at 7001 Brayton Drive in Anchorage.

For information call 344-3841 or email [legionpost28@outlook.com](mailto:legionpost28@outlook.com).

**JUNE 25 AND 26**

The Elmendorf Amateur Radio Station hosts their annual Field Day at Paxton Park on JBER starting at 10 a.m.

Check out how ham radio can help in emergencies and learn what it takes to become an amateur operator.

For information, visit [www.kl7air.us](http://www.kl7air.us).

**JULY 9 AND 10**  
**Singles Whitewater Rafting and Camping Trip**

The Chapel Community is hosting a "Whitewater Rafting and Camping Trip" for single Soldiers, Airmen, and other DOD Partners on JBER.

This trip is suitable for first-timers to experienced river runners. Includes hiking and overnight camping at Hicks Creek.

For more information, call 552-5762.

**AUGUST 19, 20, 21**  
**Anchorage Run Fest**

Celebrate and run at the Anchorage Run Fest. Pick up your bibs and attend a Health and Fitness Expo on Friday from 3 to 7 p.m. and Saturday from 9 a.m. to 4 p.m. at the Dena'ina center.

Saturday races take place at Dena'ina Center with the Kids 2K Fun Run at 10 a.m. with warm-ups at 9:30 a.m. The Anchorage Mile begins at 11 a.m. Sunday races begin at 6th Avenue and F Street, with the 49K at 7 a.m., marathon walk at 7 a.m., marathon at 8 a.m., marathon relay at 8 a.m., half-marathon at 8 a.m., and 5K at 9 a.m.

For more information or to sign up, visit [anchoragerunfest.org](http://anchoragerunfest.org).

**ONGOING**  
**Nine & Dine**

Enjoy a light dinner, 9 holes of golf, a cart, and prizes every Monday beginning June 6.

Dinner begins at 5:30 p.m. and golf begins at 6:30 p.m.

Bring your own team or join a team when you arrive at the event for a great way to meet new people.

For more information, call 428-0056.

**JBER Wildlife Education Center activities**

Learn about Alaska's amazing animals and natural resources at this free museum, with interactive displays for the kids too. Join in for wildlife art hour to include "fish painting" and other animal print activities Thursday at 1 p.m.

The center is located at Building 8481 and open Monday through Friday from noon to 4 p.m. (subject to staffing availability).

For more information, call 552-0310 or email [jberwildlife@gmail.com](mailto:jberwildlife@gmail.com).

**Wildlife Wednesday**

Stay scientifically enriched this spring with the this free science lecture series on the second Wednesday of each month at the Alaska Zoo Gateway Lecture Hall.

Each lecture begins at 7 p.m. and covers a different topic focused on wildlife research in Alaska.

For more information, visit [alaskazoo.org](http://alaskazoo.org).

**Library Story Times**

Family Homecare Series: Tues- days 10 to 11 a.m.

Toddler Tales: Wednesdays 10 to 11 a.m.

Preschool Story Time: Thurs- days 10 to 11 a.m.

Surprising Science: Tuesdays 3 to 4 p.m. and Thursdays 6:30 to 7:30 p.m.

**Financial counseling**

Does more than 25 percent of your pay go to bills? Are you making only minimum payments, or taking out new loans to pay off old ones? Are you arguing over money? Do you really need that new TV, watch or cup of fancy coffee?

Financial counseling is available through Army Community Service or Army Emergency Relief, at 384-7478.

**NAF jobs**

Looking for a fun job? Check out [nafjobs.org](http://nafjobs.org) for fun and exciting positions within the JBER Force Support Squadron. FSS is an equal opportunity employer.

## Chapel services

**Catholic Mass**

**Sunday**  
**8:30 a.m.** – Richardson Community Center  
**11:30 a.m.** – Midnight Sun Chapel

**Monday and Wednesday**  
**11:40 a.m.** – Richardson Community Center  
**Tuesday and Friday**  
**11:30 a.m.** – Midnight Sun Chapel

**Thursday**  
**12:00 p.m.** – Hospital Chapel

**Confession**

Confessions are available any-time by appointment or after any mass. Call 552-5762.

**Protestant Sunday Services**

**Liturgical Service**  
**9 a.m.** – Heritage Chapel

**Gospel Service**  
**9:30 a.m.** – Midnight Sun Chapel

**Community Service**  
**10:30 a.m.** – Heritage Chapel

**Collective Service**  
**11 a.m.** – Arctic Warrior Chapel

**Chapel Next**  
**5 p.m.** – Chaplain Family Life Center

**Jewish Services**

**Lunch and Learn Fridays at 11:30 a.m.**  
Kosher lunch provided.  
At the CFLTC  
Call 384-0456 or 552-5762.

**Religious Education**

For religious education schedules, please call the Religious Operations Center at 552-5762 or 384-1461.

# 673d FORCE SUPPORT SQUADRON

7176 Fighter Dr. • 753.7467 (PINS)

## POLAR BOWL

\*\$3.29 shoe rental unless otherwise noted\*

Birthday party options NOW include food! Call for more info.

### Sunday Fun Day Pins & Pizza

**2 Hour Pins & Pizza**

- \$49.99 per lane for up to 5 bowlers
- Includes 2 hours of unlimited bowling
- 1 large, 1 topping pizza & 1 pitcher of soda
- Includes shoe rental

**1 Hour Pins & Pizza**

- \$39.99 per lane for up to 5 bowlers
- Includes 1 hour of unlimited bowling
- 1 large, 1 topping pizza & 1 pitcher of soda
- Includes shoe rental



**IYP**  
Instructional Youth Programs

<b>BALLET</b> 3 - 5 yrs. 6 yrs. & Up	<b>\$70</b> Held at: Illa School Age Center Mon. or Tues. Thursday	5:50 - 6:50 p.m. 6 - 7 p.m.
<b>CHEER</b> 6 - 8 yrs. 9 yrs. & up	<b>\$50</b> Held at: Arctic Warrior Combative Tuesday Tuesday	5 - 5:45 p.m. 5:45 - 6:45 p.m.
<b>GYMNASTICS</b> 3 - 4 yrs. 4 - 5 yrs. 5 yrs. 6 - 8 yrs. 9 yrs. & up	<b>\$55</b> Held at: Hangar 5 Wednesday Wednesday Wednesday Wednesday Wednesday	9:30 or 10:15 a.m. 2:30 or 3:15 p.m. 11 a.m. or 4:15 p.m. 5 p.m. 6 - 7 p.m.
2 - 3 yrs. (Parent-Tot) 3 - 5 yrs. (Preschool) K5 - 7 yrs. 8 - 11 yrs.	Thursday Thursday Thursday Thursday	10:30, 11:15 a.m. or 4:30 p.m. 12 or 1 p.m. 9 a.m. 5:45 or 6:45 p.m.

**JAY'S TAEKWONDO** \$50 Held at: Arctic Warrior Combative  
5 yrs. & up  
Mon. & Wed. 4 - 5 p.m. || **MUSIC** 5 yrs. & up | **\$100** Held at: Arctic Oasis Mon. - Thurs. | Call for schedule |
**FINE ARTS CLASS** 5 - 8 yrs. 9 & up	**\$55 plus \$10 materials fee** Wednesday Wednesday	6 - 7 p.m. 7 - 8 p.m.
**BUJINKAN BUDO TAIJUTSU CLASS** 5 - 8 yrs. 9 yrs. & up	**\$60** Held at: Illa School Age Center Tues. & Thurs. Tues. & Thurs.	6 - 7 p.m. 7 - 8 p.m.
**MUAY THAI MARTIAL ARTS CLASS** 3 - 4 yrs. 5 & up	**\$60** Held at: Arctic Warrior Combative Mon. & Wed. Tues. & Thurs.	5:30 - 6:30 p.m. 5:30 - 6:30 p.m.

**LITTLE BRUSHES SUMMER ART CAMP**  
**JUNE 27 - 30**  
**\$75**  
**10 - 11:30 a.m.**  
Held at 2Rivers Youth Center

**MOMMY & ME COMING SOON!**  
CALL FOR DETAILS.

**ALL OPENINGS ARE FIRST COME, FIRST SERVED.**  
**YOUTH PROGRAMS MEMBERSHIP IS REQUIRED.**

**384.1508** Located in Bldg. 297 (2Rivers Youth Center) JBER-Richardson

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\*IMMUNIZATION RECORD REQUIRED\*





Airmen and Soldiers compete in a canoe race during the Arctic Warrior Olympics at Joint Base Elmendorf-Richardson June 17. The Arctic Warrior Olympics is also hosted in conjunction with military appreciation picnics. (U.S. Air Force photo/Airman 1st Class Valerie Monroy)



Air Force Capt. Robert Crespo, 962nd Airborne Air Control Squadron pilot, rounds a corner with his competition during a roadbike race on Joint Base Elmendorf-Richardson. Soldiers, Airmen, families and civilian personnel competed around base in festivities during Military Appreciation Day. (U.S. Air Force photo/Senior Airman Kyle Johnson)



USO performers Mike Mullington, Stephanie Gerson (left), Emily Hughes (center), and Lexy Romano, sing during the Military Appreciation Picnic at the Buckner Sports Field June 17. (U.S. Air Force photo/Airman 1st Class Christopher R. Morales)



Joint Base Elmendorf-Richardson youth put their bubble-blowing skills to the test at the military appreciation picnic at Paxton Park on Joint Base Elmendorf-Richardson June 17. (U.S. Air Force photo/Airman 1st Class Javier Alvarez)

Soldiers, Airmen, families and civilian personnel enjoy festivities during military appreciation picnics on Joint Base Elmendorf-Richardson June 17. Since 1995, the Anchorage Chamber of Commerce has sponsored the picnics at Paxton Park and Buckner Fitness Center Complex to coincide with the Arctic Warrior Olympics.



Service members shake hands following a tug-o-war match at the Arctic Warrior Olympics at Joint Base Elmendorf-Richardson. All bouts were friendly matches. (U.S. Air Force photo/Airman 1st Class Javier Alvarez)





Spc. Richard Esparza, D Co., 1st Battalion, 501st Parachute Infantry Regiment, 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, and his daughter Scarlett demonstrate how to clear, load, and fire an M271 machine gun during the Military Appreciation Picnic at Joint Base Elmendorf-Richardson. Soldiers, Airmen, families and civilian personnel enjoyed festivities during the military appreciation picnics at JBER. The Anchorage Chamber of Commerce provided the picnics at Paxton Park and Buckner Fitness Center Complex to coincide with the Arctic Warrior Olympics. (U.S. Air Force photo/Airman 1st Class Christopher R. Morales)



Service members play a six-on-six volleyball game as part of the Arctic Warrior Olympics at Joint Base Elmendorf-Richardson. The Spartans reigned supreme throughout the volleyball competition and took home the first-place trophy. (U.S. Air Force photo/Airman 1st Class Javier Alvarez)



Airmen and Soldiers compete in a paintball tournament during the Arctic Warrior Olympics. (U.S. Air Force photo/Airman 1st Class Valerie Monroy)



Army Capt. Daniel Kornberg, 2nd Battalion, 377th Parachute Field Artillery Regiment executive officer, pushes to finish a roadbike race outside the Frontier Theater on Joint Base Elmendorf-Richardson. (U.S. Air Force photo/Senior Airman Kyle Johnson)



Air Force Col. Brian Bruckbauer, Joint Base Elmendorf-Richardson and 673d Air Base Wing commander, and Command Chief Master Sgt. Garry Berry, JBER and 673d ABW command chief, present the Arctic Warrior Olympic trophy to a representative from the 673d Medical Group, the first place team, at Paxton Park on Joint Base Elmendorf-Richardson. (U.S. Air Force photo/Airman 1st Class Javier Alvarez)

Hundreds of Airmen and Soldiers compete in numerous sporting events across Joint Base Elmendorf-Richardson, Alaska, during the 2016 Arctic Warrior Olympics June 17. Teams from various commands, challenge each other in basketball, volleyball, dodgeball, and softball games. Other events include canoe, bicycle and foot races, tug-of-war and paintball. The Arctic Warrior Olympics originated in 1982, when Airmen at Elmendorf Air Force Base initiated Airman Day to promote camaraderie and good health. Then in 1986, it became known as Elmendorf Field Day. It was renamed the Arctic Warrior Olympics in 1989 and is hosted in conjunction with the military appreciation picnics.



Players aim to score the most points within 15 minutes in the three-on-three single-elimination basketball tournament at the Buckner Physical Fitness Center during the 2016 Arctic Warrior Olympics. (U.S. Air Force photo/Airman 1st Class Christopher R. Morales)



A child throws a softball attempting to plunge a dunk tank volunteer into the icy water at the military appreciation picnic at Paxton Park on Joint Base Elmendorf-Richardson June 17. The dunk tank was provided by the Outdoor Recreation Center on base. (U.S. Air Force photo/Airman 1st Class Javier Alvarez)





**CLOCKWISE FROM TOP:** Participants in the Read for the Win summer reading program, meet “Kodi” from the Alaska Aces, at the Joint Base Elmendorf-Richardson Library June 16. The library will host various outdoor activities in support of the program. (U.S. Air Force photos/Airman 1st Class Valerie Monroy)

Joint Base Elmendorf-Richardson Library staff gather with Kodi from the Alaska Aces at the JBER Library. The program’s theme this year is sports and will give the JBER community the opportunity to collect prizes for time spent reading.

Children play kickball during the Read for the Win summer reading program at the Joint Base Elmendorf-Richardson Library. All program registrants are eligible to collect a free summer reading shirt.

Children play wiffle ball during the Read for the Win summer reading program at the Joint Base Elmendorf-Richardson Library. Participants will have a variety of sports-themed and age-specific prizes to choose from during the program.

