

THE 1ST INFANTRY DIVISION POST

FRIDAY, JUNE 10, 2016

FORT RILEY, KANSAS

Soldiers, families begin Victory Week with celebration

Story and photo by Season Osterfeld 1ST INF. DIV. POST

Soldiers and their families enjoyed the prelude event to Victory Week with an evening of fun and games at the Victory Celebration hosted by the Directorate of Family and Morale, Welfare and Recreation June 4 at Rally Point Field.

The event celebrated the start of Victory Week at Fort Riley and featured a variety of activities for everyone to enjoy. There were carnival games, food stalls, inflatable bounce houses and live music from the 1st Infantry Division Rock Band and Lucas Maddy and the Kansas Cartel. The evening concluded with a fireworks show.

"This is what being a part of the best place to deploy from, to train, to come home to, to live and we're thinking about retiring, as well," said Col. Andrew Cole Jr., Fort Riley garrison commander. "Getting here together with your families and having a good time, this is what it's all about, this is what Fort Riley is about."

This year, Victory Week celebrates the 99th birthday of the 1st Infantry Division and the 241st birthday of the Army. The week features a number of competitions and sporting events for Soldiers, such as soccer, flag football, fishing and a biathlon. While the week is a celebration, it is also a time of remembrance.

"Victory Celebration is a time for the community, Soldiers, families, retirees, civilians, to come together to celebrate former and current members of the Big Red One and the Army and honor our fallen comrades," said Command Sgt. Maj. James Collins, Fort Riley Garrison Command Sgt. Major. "It's a time when we can celebrate and remember our Army's traditions and history. Victory week is also a time for Soldiers to showcase their talents in the spirit of friendly competition. The Soldiers get out there and give it their all to represent their units - kind of reminds me of a mini Olympics or Greek games. We really have some talented athletes among our ranks."

Sgt. Matthew Pruitt, 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, attended Victory Celebration with his family. He said he is new to Fort Riley and wanted a fun activity to do with his children. Pruitt will also participate in the bowling competition during Victory

See CELEBRATION, page 8



Two-year-old Conner Miron, left, searches for a duck with a star on the bottom with his father Sgt. Jesse Miron, right, Signal Intelligence Service Company, June 4 at the Victory Celebration at Rally Point Field. Conner was playing one of many carnival games available during the Victory Week kick-off celebration.

DROPPING IN



A paratrooper of C Company (Long Range Surveillance), 1st Squadron, 134th Cavalry Regiment, Nebraska Army National Guard, descends onto Mock Airfield at Douthit Gunnery Complex June 5 on Fort Riley. The National Guard paratroopers jumped from an Air Force C-130 Hercules during a joint training operation along with 1st Infantry Division Soldiers.

Joint training brings 1st Infantry Division, National Guard, Air Force together

Story and photos by Season Osterfeld 1ST INF. DIV. POST

Soldiers of Company C (Long Range Surveillance), 1st Squadron, 134th Cavalry Regiment, a Reconnaissance and Surveillance unit from the 67th Battlefield Surveillance Brigade, Nebraska Army National Guard, partnered with the 1st Infantry Division and the Air National Guard and Air Force in a joint airborne training operation June 5 at Mock Airfield at Douthit Gunnery Complex on Fort Riley.

The training consisted of a personnel drop during which 39 Soldiers of Company C LRS, 1-134th Cav., jumped from a C-130 Hercules flown by the 139th Airlift Wing, Missouri Air National Guard, Air Force. The joint operation was part of the Joint Airborne/ Air Transportability Training program and a project of Capt. Matthew Zahler, Air Mobility Liaison Officer to the 1st İnfantry Division.

"This is the first airdrop of personnel we've had in decades," Zahler said.



Paratroopers of Company C (Long Range Surveillance), 1st Squadron, 134th Cavalry Regiment, Nebraska Army National Guard, jump from an Air Force C-130 Hercules June 5 during a joint training operation at Fort Riley. The joint airborne training brought together Soldiers from the National Guard, Air Force and 1st Infantry Division.

Zahler said he has been trying to build up the JA/ ATT program at Fort Riley since his arrival two and a half years ago. JA/ATT is funding set aside by the Army and Air Force for units to put in requests for airborne training, such as personnel drops, and to work together with other branches in training exercises. This enabled all units involved

to complete yearly training and proficiency requirements, as well as gain experience for

all involved. Zahler said when he came to Fort Riley, the instances of collaboration between the 1st Inf. Div. and the Air Force were few and far between, even though the land in the region

See AIRBORNE, page 8

'Devil' brigade Soldiers hone skills during **Danger Focus**

By Capt. Jonathan Camire 1ST ABCT PUBLIC AFFAIRS

Soldiers of the 1st Armored Brigade Combat Team, 1st Infantry Division, Operation conducted Danger Focus throughout Fort Riley's training areas Mission Training Complex April 28 through June 3.

Danger Focus designed to facilitate the certification of companies and battalions during a situational training exercise and combined arms live-fire to meet conditions for their upcoming rotation to the National Training Center at Fort Irwin, California, in late July.

More than 100 Soldiers were instructed to be observer, coach, trainers, or OC/Ts, to assist the brigade in refining company and battalion standard operating procedures, techniques and procedures prior to the deployment to the NTC.

During Danger Focus, four of the brigade's maneuver battalions conducted live-fire maneuvers for certification by the brigade's commanding officer, Col. Timothy Hayden.

The live-fire exercises gave company-level commanders the ability to integrate various outside elements, such as fires and aviation, into the scenario in order to give them a training experience more closely resembling what they would experience on the battlefield.

Other enablers, such as U.S. Army cyber operators, U.S. Army space operators, high mobility artillery rocket system operators, asymmetric warfare group, 1st Inf. Div. Sustainment Brigade and the 1st Combat Aviation Brigade participated in Danger Focus along with 1st ABCT's seven

battalions. From April 30 to May 12, space operators from Space and Missile Defense Command, Peterson Air

See FOCUS, page 8

Eric K. Fanning sworn in as Secretary of the Army

ARMY PUBLIC AFFAIRS

WASHINGTON - Eric K. Fanning was sworn in as the 22nd Secretary of the Army during a formal ceremony at the Pentagon May 17.

"I'm honored and thrilled to return to lead the total Army team. I am looking forward to getting back to work with General Milley and sincerely appreciative of Patrick

See FANNING, page 8

FORT RILEY VOLUNTEER SPOTLIGHT

785-239-4593.



Spc. Christy Sudler, Dental Activity, volunteers at Ogden Community Center, coaching youth in basketball and supports the center setting up and executing special events. To learn more about volunteer opportunities, call Becky Willis, Army Volunteer Corps Program manager, at

ALSO IN THIS ISSUE



FORT RILEY LAW ENFORCEMENT **AND 10TH AIR SUPPORT OPERATIONS SQUADRON CARRY TORCH FOR SPECIAL OLYMPICS, SEE PAGE 11.**

ALSO IN THIS ISSUE



USO FORT RILEY AND ARMY COMMUNITY **SERVICE PARTNER** FOR STRONG DADS **FISHING DERBY JUNE 4, SEE PAGE** 13.

Curbing mosquito habitats key for controlling them

Story and photos by Andy Massanet 1ST INF. DIV. POST

known to carry a variety of diseases, and two species - aedes aegypti and aedes

of the Zika virus. agronomist and pest management coordinator of the Dimosquitoes lay their eggs in of water.

"And the two aedes species that carry the Zika virus are called 'container breeders,'" Spohn said. "They lay their eggs adult mosquitoes."

the eggs can live for extended Army Public Health Center-

periods clinging to the side of Provisional for analysis. Based a container, even if the water

The Environmental Divi-Mosquito season is here and sion of DPW works closely controlling mosquito habitats with the Environmental Health is a priority. Mosquitoes are department of Irwin Army Community Hospital to provide comprehensive surveys and assessments of possible breedalbopictus — are known carriers ing locations on Fort Riley.

"Our role is to work in tan-According to Jerold Spohn, dem with Mr. Spohn's office to present a clear assessment regarding both the numbers and rectorate of Public Works En- types of mosquitoes on post," vironmental Division, most said 1st Lt. Bria Fournier, chief Environmental Health, IACH. "In order to do this we put up multiple mosquito traps in various locations on post to obtain a precise picture of how large the mosquito population on the edge of pools of stagnant is and where it is located. After water then, if left undisturbed, we gather the mosquitoes from will hatch into larvae, then these traps we make an exact count and identify the species Additionally, Spohn said, type, then ship them to U.S.

on what we find, we make recommendations for Mr. Spohn to fog for mosquitoes and give him direction on where to fog."

However, Fort Riley resources are challenged at this time, so controlling mosquito habitats requires help from residents and workers on-post. Folks living in Corvias Military Housing and building managers working in the various places of business at Fort Riley can help by looking around their properties for places with the potential to breed mosquitoes.

The following is a composite list of do's and don'ts provided by Spohn, the staff at the Environmental Division and Angela French Marcum, Regional Public Affairs Manager for Corvias Military Living:

- Remove any standing water around the home, including flowerpots, birdbaths and buckets.
- Use yellow, incandescent light bulbs outside.
- Do not leave doors or windows open. Minimize the amount of times you go inside and outside the home.
- Discard cans, plastic containers and bottles.
- Discard tires, pails, buckets or barrels or prepare them (i.e. drill holes) to drain water.
- Maintain pet watering dishes by cleaning and
- Maintain roof gutters so they remain free-flowing and unobstructed.
- Tend to toys, swimming

outdoor equipment, which can allow water to accumulate in recesses.

Look for any portion of your property that allows water to accumulate and stagnate.

With regard to pest control measures by Corvias, such as fogging and larva control, Marcum said Corvias contracts with state-licensed pest control vendor who provides pest control services for on-post housing areas. They will conduct planned water, vegetation and fogging treatments in identified areas selected and reviewed by Corvias staff and Fort Riley subject matter experts.

The Environmental Division team reviews products used. Treatments will performed in identified areas where long-standing water collects and where vegetation is present as these are normally where mosquitoes breed. The efforts will help reduce current and future mosquito populations.

The first treatments will be conducted in June. Decisions to perform further treatments will be based on need and findings from installation-conducted testing. Corvias staff and onpost pest control experts will continue to monitor issues and they ask residents to report pest control issues or concerns to their community office team.

If residents have questions filling with fresh water or concerns regarding mosquito control, they can check the Corvias newsletter and Facebook page for up-to-date information.

For specific questions about pools, wading pools or mosquito control around



Many species of mosquitoes, including those known to carry the Zika virus, are "container" dwellers. Any object that allows water to accumulate and stagnate is an ideal location for breeding mosquitoes. That includes things like wheelbarrows and old tires.

homes or to report the presence of suspected larva in standing water in or near a home, residents can contact their community office. Corvias staff members will coordinate with the installation environmental office team for required action. Soldiers or Fort Riley employees with questions, or who need assistance for their work place, should call the Public Works service desk at 785-239-0900.

For specific questions related to Zika, contact your health care provider.

MORE FOR **INFORMATION:**

www.epa.gov/mosquitocontrol/remove-mosquito-habitats

- · www.epa.gov/mosquitocontrol/prevent-yourexposure-mosquitoes
- www.cdc.gov/zika/pdfs/ control_mosquitoes_ chikv denv zika.pdf
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- http://www.acq.osd.mil/ eie/afpmb/
- www.cdc.gov/zika/prevention/controllingmosquitoes-at-home. html



Old rimless tires collect water and provide ideal breeding places for mosquitoes said Jerold Spohn, agronomist and pest management coordinator of the Directorate of Public Works Environmental Division. These tires have rims, but a great many others do not.

CLEANING UP

Members of the Flint Hills Legion and Rusted Knuckles car clubs, most of whom are Soldiers from the 1st Infantry Division, volunteer their time to clean up the Buffalo Soldier Memorial in Junction City, Kansas on Memorial Day, May 30. "This is an awesome event," Spc. Reginald Benjamin, a unit supply specialist with the 1st Armore Soldiers from the 1st Inc. that Soldiers from the 1st Division are not only on point at work on post, but we are on point for our community." Benjamin said volunteering to clean up the memorial on Memorial Day was a way for the Soldiers and community members to show their appreciation for those that served in the past.

SUICIDE PREVENTION

THE POWER OF (1)



WWW.1DIVPOST.COM

Buildings reconfigured to provide more space to company operations

By Maria Childs 1ST INF. DIV. POST

Four buildings on Custer Hill are being renovated to fit new standards set by the U.S. Army and provide more space Fort Riley.

Directorate of Public Works, said the units moved around during summer 2015 after the 4th Infantry Brigade Combat the four buildings will be con- Army intends now." verted to company operation facilities, or a COF.

"The purpose of these reconfigurations is to pro-Custer Hill more equitably and closer to the standard that the Army published renow we have new buildings for companies that are in criteria them and old buildings that were built in the 70s that are

the space they need." The goal is to give every company adequate and equal space to conduct operations and administration as part of turing was the multiple facility the work on this project. moves. When these moves were

equitable space distributions for constructed as dining facilities units. This goal drove the need to convert some space in some was converted into a battalion older facilities.

"Our goal is that every company has a COF that meets the standard or something for company-level operations at comparable to that size so everyone has equal type of space BJ Watson, master planner, and capabilities," Watson said. number of COFs we have, but in doing so, we will increase the square footage in COFs so they

Engineering Division of the Directorate of Public Works, said the reconfiguration of vide the COF space for every these buildings doesn't look like company that is assigned on much on the outside, crews are basically revamping the inside that is because the Unified of each building.

"I'm going to be putting cently," Watson said. "Right them into modernized facilities that closely meet the that were built that are great Unified Facility Standards requirements," Scruggs said. "They aren't new construction so they an old standard that are leav- won't meet everything, but ing those companies short of they will be as close as we can get them with renovations."

BUILDINGS 7854 AND 7856

Two buildings on Drum the Army Restructuring, or Street will be converted to sin-ARSTRUC. ARSTRUC was gle company operation facilidirected by the Army to reduce ties to support the 1st Infantry or restructure brigades to com- Division Sustainment Brigade. ply with the Budget Control Olgoonik Diversified Services, Act of 2011. An effect of the LLC of Anchorage, Alaska, will unit inactivation and restruc- be the contractor completing space will be reconfigured so it

"One of them is an old batanalyzed and planned, the goal talion headquarters," Scruggs was to provide adequate and said. "They were both originally

and years ago, building 7854 headquarters. So we're converting it into a single COF and building 7856 is being changed into a single COF as well."

BUILDING 7026

On Seibert Street, this "We're going to go down in the building is a two-company operation facility, but due to the new Army standards, it will be converted to a one-Team was inactivated. Three of are closer to the standard the company operation facility in mid-June or July in support of David Scruggs, chief of the 1st Armored Brigade Combat Team. Olgoonik Diversified Services, LLC will be the contractor completing the work on this project.

> "The reason we're doing Facility Standards increase the space requirement for a onecompany COF - very few of our old facilities meet those requirements," Scruggs said.

BUILDING 7720

On Victory Drive, the project is slightly different from the others. The building is a motor pool being renovated in support of Division Artillery. Some of the renovations include a new HVAC system, restrooms, a crane and a training room. Milcon Construction, LLC of Fort Worth, Texas will be the contractor completing the work on the project.

"It's going to stay a motor pool, but some of the interior will support that maintenance requirements of the current battalions that are in there,"

72nd D-Day liberation at Normandy observed with ceremony in France

Story and photo by Sgt. 1st Class Crista Mack ARNEWS

CARENTON, France Seventy-two years ago, on June 6, 1944,156,000 Allied troops, 9,000 aircraft and nearly 5,000 ships launched the largest amphibious invasion in modern warfare.

To history buffs, it's known by many names, D-Day, the Invasion of Normandy or even Operation Overlord, the name Sir Winston prime Churchill, then minister of England, gave it in accordance with his intense interest in operation

The world has changed since then, but the 50mile stretch of coastline of Normandy remains in solidarity in welcome to the and today's generation of Soldiers, who in their estimation, did not invade,

but "liberated" Normandy. war, a liberation is an act 82nd Airborne Division, and of helping people to get rid of some kind of tyranny," Denis van den Brink, communications officer of the city of Carentan, France, said. "Actually both terms are correct. It was are monuments, museums, and an invasion in a way that suddenly foreign armies swept through France. But it was a real liberation from the friendly to us," said Sgt. tyranny of fascism. "

specifically, the American Army, they came to liberate, not to conquer," van den Division. says in the Coleville cemetery, resting forever. That says it all, for the very first time in the history of mankind, they history of mankind and we are our families." had all these foreign Soldiers coming and dying and to to free our land and then visit annually from around instead of staying they just the world. They dress up as went away."

Every year, Americans, famed beaches of Omaha and parades.



A French boy thanks veterans for freeing his country at the annual Cabbage Patch ceremony and parade. Soldiers and civilians gathered for the ceremony and parade, commemorating the Battle of Carentan during the allied invasion of Normandy during World War II. More than 380 service members from Europe and affiliated D-Day historic units are participating in the 72nd anniversary as part of Joint Task Force D-Day 72. The Task Force, based in Sainte Mere Eglise, France, is supporting local events across Normandy, from May 30 - June 6 to commemorate troops, both the veterans the selfless actions by all the allies on D-Day that continue to resonate 72 years later.

Utah and towns such as Sainte Mere Eglise, the town liberated "Invasion is an act of by paratroopers from the Carentan, the town liberated by the 101st Airborne Division, streets are lined with flags, American, French, Canadian, Norwegian and British, German. Across the countryside

the French people are so them the very definition of Ryan Golden, an Unmanned are humble when they talk "The allied army, more Aerial Vehicle maintainer from the 617th Cavalry Regiment, 4th Infantry were going to be wounded, Brink said. "That's what it one of the Soldiers from going to be killed, but we historic D-Day units here knew it was a job that had where 10,000 Americans are to participate in ceremonies. welcome was tenfold, it's Battalion veteran who like we've lived here our scaled the cliffs at Point du came to fight, die, win and whole lives and we have just Hoc that day, and visited then go home. That's the come home, the people of Normandy 72 years later to one and only example in the Normandy treat us like they talk about it.

military personnel from the 1940s, often driving period French, British, German and jeeps and motorcycles. An people from around the world entire culture of World War come to this coastline for a week
II military reenactors add to or more of observances. Along the feeling of the week with

"I've met and spent some time with the reenactors, they've been helping me learn French and I'm helping them learn English," said Golden.

Most importantly, the thousands who gave their lives on the day and in the liberation itself are honored, and the survivors who, 72 years on, are few and farther between, are given a hero's welcome. "It's amazing being here, Although the world considers hero, the veterans themselves

about that day. We all knew some of us Golden was we all knew some of us were to be done," said Vincent 'When I got here the Haag, a 2nd Ranger

More than 380 service In addition to all the members from Europe and military ceremonies across affiliated D-Day historic fight for our land and then the countryside, reenactors units participated in the 72nd anniversary as part of Joint Task Force D-Day 72. The Task Force, based in Sainte Mere Eglise, France, is supporting local events across Normandy, from May 30 to June 6, 2016 to commemorate the selfless actions by all the the southern coastline, by the marches, street parties and allies on D-Day that continue to resonate 72 years later.

4 | JUNE 10, 2016 HOME OF THE BIG RED ONE

Irwin Army Community Hospital joins High 5 for Mom and Baby

Story and photo by Tywanna Sparks IACH PUBLIC AFFAIRS OFFICE

Irwin Army Community Hospital recently joined a growing list of Kansas hospitals dedicated to nurturing breastfeeding success. IACH is now a High 5 for Mom & Baby recognized hospital, having integrated specific maternity-care procedures based on the proven health benefits associated with breastfeeding and other key elements of bonding between mother and newborn.

High 5 Program Coordinator Gwen Whittit presented the award to IACH Commander Col. Risa Ware and Lactation Consultant Sondra Redvay during a recent ceremony. Redvay was instrumental in the process of IACH earning the High 5 status, Whittit said.

"With the hard work of the entire staff here at Irwin Army Community Hospital, change has been made that will support moms and babies in your community with life-long benefits," she said.

The five best practices comprising the High 5 for Mom & Baby are:

- Assuring immediate, contact between mother and baby after birth.
- Giving newborn infants no food or drink other medically indicated.
- Allowing "rooming in" can remain together 24 hours a day.



Irwin Army Community Hospital was awarded the designation of being a High 5 for Mom and Baby Hospital. Lactation Consultant Sondra Redvay, left, and IACH Commander Col. Risa Ware, center, accept the award from the High 5 Program Coordinator Gwen Whittit.

breastfeeding infants. Providing mothers options for breast-

the community. "It's a team effort from prenatal care to well-baby," said Redvay. "I am super proud of everyone here and all the work we've accomplished. Through education and best practices, we help moms achieve their breastfeeding," said Redvay.

The educator for the High program, Libby Rosen, conducted on-site education classes sustained skin-to-skin at IACH attended by 38 staff and interested community members. The process also included a physician class.

In emphasizing the value of than breast milk, unless this program to the Fort Riley community, Whittit said research indicates a link between so mothers and infants not breastfeeding and increased health risks for a baby including high blood pressure, Type 1 and Not giving pacifiers Type 2 diabetes, asthma, ear inor artificial nipples to fections, diarrhea, pneumonia,

leukemia, and sudden infant death syndrome, or SIDS.

Studies also show a definite feeding support in correlation to childhood and adolescent obesity for those who were not breastfed. Mothers also derive health benefits, said Whittit, noting those who breastfeed have a decreased incidence of premenopausal breast cancer, ovarian cancer and Type 2 diabetes.

The High 5 program initiated, funded, and provided at no charge to Kansas hospitals by the United Methodist Health Ministry Fund - is founded on key hospital practices crucial for a successful breastfeeding experience. The Hutchinson-based Health Fund in conjunction with the Kansas Breastfeeding Workgroup developed High 5 for Mom & Baby.

For more information about the High 5 for Mom & Baby program, go to

Zika virus is high medical priority

Bv Kirk Fradv ARMY MEDICINE

and treatment of illness from the Zika Virus is a high medical priority. The following is vital information that could help citizens lower their chances of infection.

how is it spread?

virus closely related to yellow fever, dengue, and West Nile 2015; since then, it has spread to more than twenty-five other countries in Central and South infected, what should you do? America and the Caribbean. The Centers for Disease Control and Prevention issued a Level 2 Travel Alert (Practice Enhanced Precautions) for areas where Zika virus transmission is ongoing. This includes the recommendation that women who are pregnant, or trying to become pregnant, consider postponing travel to any area where Zika virus transmission is ongoing.

What can I do to prevent become ill (i.e., develop Zika). catching it?

The best way to prevent diseases spread by mosquitoes is to avoid being bitten. There is currently no vaccine for Zika. Mosquitoes that spread and outdoors near humans. The

best prevention is to minimize

standing water in items like

flower pots and vases.

What if I am pregnant or want to become pregnant?

If you are pregnant and plan The control, prevention to travel to an area with ongoing Zika virus transmission, consider postponing travel until after delivery. If you are pregnant and traveled to an area with ongoing Zika virus transmission, your provider What is it, where is it and can arrange for testing to see if you were infected, even if you Zika is a mosquito-borne never experienced symptoms. If you are not yet pregnant, there is no evidence that Zika viruses. A Zika virus outbreak infection prior to conception was identified in Brazil in early poses a risk for any future pregnancies.

If you think you've been

If you think you may be infected, see your primary care provider immediately. If you have recently traveled abroad, tell your healthcare provider when and where you traveled. Your healthcare provider may order blood tests to look for Zika or other similar viruses like dengue or chikungunya.

What are the symptoms? • About 1 in 5 people infected with Zika virus

• The most common symptoms of Zika are fever, rash, joint pain, or conjunctivitis (red eyes). Other common symptoms include muscle pain and headache. The Zika virus bite mostly during incubation period (the time the daytime and prefer to bite from exposure to symptoms) people. They tend to live indoors for Zika virus disease is not known, but is likely to be a few days to a week.

• The illness is usually mild buckets, bowls, animal dishes, with symptoms lasting for several days to a week.

• Zika virus usually remains in the blood of an infected person for a few days but it can be found longer in some

Severe disease requiring

hospitalization is uncommon. • Deaths are rare

What is the treatment?

• There is no current vaccine available to prevent Zika infections.

• There is no specific treatment for infections; instead, treat the symptoms.

• Your healthcare provider will recommend supportive treatment such as rest and rehydration.

• If you have Zika, prevent mosquito bites for the first week of your illness.

• During the first week of infection, Žika virus can be found in the blood and passed from an infected person to another mosquito through mosquito bites.

• An infected mosquito can then spread the virus to other people.

What are the Army and DOD doing?

Department of Defense labs are enhancing techniques to test mosquitoes for Zika. Southern Command is offering voluntary relocation out of affected areas to all pregnant DOD employees and beneficiaries, and all Army medical facilities have been notified of the concerns surrounding Zika infections and are prepared to assist patients who may have been

New TRICARE coverage of treatment for major depressive disorder

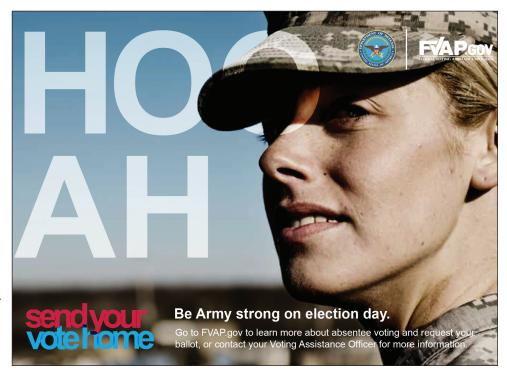
TRICARE recently announced coverage of Transcranial Magnetic Stimulation as a TMS is used when other depression treatments have not been effective.

cess. Consequently, there is a need to try petitive TMS or rTMS. an alternative treatment like TMS. During a treatment, an electromagnetic coil is is not a part of a pilot or demonstration place against the patient's scalp. The coil program but a part of the basic TRICARE delivers a magnetic pulse through the skull, benefit. For more information, visit the inducing a low-level electric current. The TRICARE website.

patient receives multiple pulses over several seconds, with each treatment session lasting about 40 minutes.

TMS is non-invasive and treatments treatment for major depressive disorder. are typically done in an outpatient setting without anesthesia. The electromagnetic pulse stimulates nerve cells in the region of Research shows only half of the patients the brain that controls mood and deprestreated for depressive disorder with medision. Because treatment is typically repetication and talk therapy achieve any suc- tive, you may hear the treatment called re-

This new benefit is effective May 24 and



Commentary

RILEY ROUNDTABLE

Why do you enjoy volunteering?



"I just like to be part of the community."

MARIE GAZELLE JUNCTION CITY, KANSAS

Assistant manager at Warner Peterson



"I just love doing things for the people on post to enjoy. It gives me a lot of satisfaction."

> **MARY POST** KENNEWICK, WASHINGTON

> > USO Fort Riley volunteer



"My favorite part of my job is helping people - volunteering is an extension of that. It can be big or small but it feels good either way."

> KASSANDRA MAILHOT MANHATTAN, KANSAS

Assistant manager at Colyer Forsyth



"I like working with the people here and it gives me somewhere to go. It makes me feel like I'm doing something worthwhile."

> **GAIL PARSONS** JUNCTION CITY, KANSAS

> > USO Fort Riley volunteer



"I grew up in the military life and these programs were fun growing up. As an adult, it's fun to be on the other side."

> **NICK IMEL EVANSVILLE, INDIANA**

Senior manager at Corvias Military Living

THE 1ST INFANTRY DIVISION POST 🚣

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PUBLIC AFFAIRS OFFICER PUBLISHER

John G. Montgomery FORT RILEY EDITORIAL STAFF

> **EDITOR** Patti Geistfeld

ASSISTANT EDITOR

STAFF WRITERS

MEDIA SALES MANAGER

MEDIA SALES REPRESENTATIVES

ica Wineinger, Julie Morgan, Kim Maguire and Shannon Fritz

CONTACT US

For business or advertising matters, 785-762-5000.

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The next USAG Resilience Day Off is JULY

SAFETY HOLIDAY



As of Wednesday, June 1, 101 days have passed since the last vehicular fatality at Fort Riley. Ten more and the post will celebrate with a safety holiday to take place at each unit's discretion.

SAFETY CORNER

Keep boating safety in mind when on the water

By Alex Bender GÁRRISON SAFETY OFFICE

As the weather changes and things heat up, recreational boating will be a popular leisure activity in the U.S. More than 11 million watercraft were registered in 2015. People participated in recreation using a boat for sporting activities such as fishing, water skiing and travel.

There was a slight increase in watercraft accidents in 2015, the Coast Guard counted 4,158 accidents that involved 626 deaths, 2,613 injuries, and approximately \$42 million dollars of damage to property because of recreational boating accidents. Alcohol use is the leading known contributing factor in fatal boating accidents; where the primary cause was known, it was listed as the leading factor in 17 percent of deaths.

Along with alcohol, the Coast Guard identified five top contributing factors in boating fatalities as:

- Operator inattention
- Operator inexperience
- Improper lookout
- Machinery failure

Excessive speed

Other contributing factors were limited or inaccurate local knowledge, and ignorance of basic rules of the waterway. Seventy-one percent of deaths occurred on boats where the operator did not receive safety instruction, while 15 percent of deaths occurred on vessels where the operator had completed nationally approved boating safety education certificate.

Here are some safety recommendations to follow before your boat departs the dock:

KNOW THE KANSAS BOATING

Kansas Law states the minimum age for operating a vessel in Kansas is 12 years old. No one under the age of 12 may operate a motorboat or personal watercraft on Kansas public waters unless accompanied by and under the direct supervision of a person over the age of 17. Anyone under the age of 21 years old must complete an approved boater safety education course prior to operating vessels.

There are two options to obtain a Kansas Boater Education Certificate, classroom and online. Classroom courses are offered twice a year. Anyone interested in taking a class can contact Directorate of Family, Morale, Welfare and Recreation Outdoor Recreation staff at 785-239-2363 for details.

- There are three approved online courses available to receive your Kansas Boater Education Certificate:
- (1) www.boat-ed.com/kansas/
- (2) www.boaterexam.com/usa/kansas/ (3) www.boatus.org

In addition, PWCs, personal watercraft such as Jet Skis, Wave Runners, or Sea-Doos are Class A boats and must comply with all boating laws, registration

procedures, and operation requirements.

Avoid alcohol. Although it is not illegal to have or consume alcohol on a boat in Kansas, it is illegal to be under the influence of alcohol or drugs while operating a vessel on Kansas water. It is also illegal to water ski or tube while under the influence. Any person who operates or attempts to operate a vessel has given consent to an alcohol and/or drug test by Kansas Department of Wildlife Parks and Tourism law enforcement officers. Failure to submit to a test will result in loss of boating privileges for three months, and a conviction of boating under the influence is punishable by fine and/or imprisonment and the loss of boating privileges. Successful completion of an approved Boating Education Course may also be required.

KEEP AND WEAR THE RIGHT EQUIPMENT

Always Wear a Personal Flotation Device or Life Jacket. According to the US Coast Guard, where cause of death was known, drowning accounted for 428 deaths. Of those 428 drowning victims, 352 were not wearing a life jacket.

- Buy your own life jacket, and
- wear it. One size does not fit all. Look at the label for size and weight limitations.
- Try it on and check the fit. With straps and buckles secured, the life jacket should not slip over your head or cover your eyes.

Have the right equipment on-board. Equipment checklists are available online at the Kansas Wildlife and Tourism

Learn to swim. If you're going to be in and around water, proper boating means knowing how to swim. Aquatics Classes are offered through Skies Unlimited and other agencies including the American Red Cross for all ages. You can check the DFMWR website for dates, times and fees.

KNOW THE RULES

Improper speed or distance is not maintaining a proper speed or distance while operating a vessel. Specifically, it is illegal to operate a vessel greater than "no wake speed" in any posted zone or within 200 feet of any boat ramp, boat dock, boat storage, concessionaire's facilities, or swimming area.

Reckless or negligent operation is operating any vessel or manipulating any water skis or similar device in a manner that causes danger to any person, property or wildlife. Examples are operating a vessel under the influence of alcohol or drugs; weaving through congested waterway traffic or swerving at the last minute to avoid collision.

CHECK THE WEATHER **DEVELOP A FLOAT PLAN**

Be weather-wise, always check local weather conditions before departure. TV and radio forecasts can be good sources of information. If it looks like the weather is changing, play it safe and get off the water.

File a float plan by informing a family member of local marina staff about where you are going and how long you plan to be gone.

Safe boating requires preparation for the uncertainties that can happen on the water.

Once you have training and know the rules, one of the most important parts of boating safely is to use common sense. For more information about safe Kansas boating contact Outdoor Recreation, DFMWR at 785-239-2363 or the Safety Office, 785-240-0647.

Becoming a new father during deployment

MTI TTARY ONE SOURCE

You are naturally thrilled about meeting your bundle of joy. Then you find out you are deploying ... again. It may be hard leaving your family at home while you are deployed overseas, especially when children are involved. Don't let the stress of deployment spoil the bliss you feel as an expectant father. Even if you won't be there for the delivery, you can still experience the joys of new fatherhood.

PREPARING FOR DEPLOYMENT

Reduce pre-deployment stress by helping your partner prepare for the baby's arrival. Here is how to get started:

- Communicate with your partner. Before deploying, talk about both of your expectations for the birth and about the ways you can stay in touch throughout the pregnancy and birth. Don't forget to let your command know how to reach your partner.
- Seek support from family and friends. Your baby's mother may need help emotionally and physically during her pregnancy. If so, encourage her to seek help. Family, friends or family readiness groups can be great resources.
- Create a plan with your partner. Work together to plan how she will get to the hospital and back home after the birth, and arrange assistance in the first few weeks.
- Help your partner select a birth coach. Your partner's birth coach will help her through labor and delivery. Talk with the birth coach about how you can be involved during labor.
- Help your partner make a birth plan. Create a birth plan ahead of time so you and your partner can lay out your wishes for the birthing process. This will let the hospital staff and your partner's birthing coach know what she prefers.
- Contact TRICARE. Enroll your partner in Defense Enrollment Eligibility Reporting System, or DEERS, to be eligible for medical benefits if he or she qualifies. Confirm enrollment through your installation's personnel office, by calling the Defense Manpower Data Center at 800-538-9552 or online at Tricare's DEERS website.
- Take parenting or childbirth classes. You may be able to enroll in a parenting or childbirth class before deploying. A class can help you understand the childbirth process and teach you about what to expect when your baby comes home.
- Call the New Parent Support Program. The New Parent Support Program provides one-on-one support for expecting and new parents. This free service has information, support and

- guidance on pregnancy, parenting and child development, and can provide information about classes, including those just for fathers. Go online to www.Militaryinstallations.dod.mil to find your installation's program.
- Pick out a car seat together. Before you deploy, you may want to help your partner pick out an infant seat so your child will be safe in the car.
- Decorate the nursery together. You can also help your partner pick out baby furniture or paint the nursery. You will feel more involved and your spouse will appreciate the help. You can also leave one of your old T-shirts in the nursery so your baby can touch it, smell it and hold it.
- Make a plan for emergencies. Create an emergency plan in case of a natural disaster, including an evacuation plan and a way for you to get in touch with your family. Also, help your partner put together an emergency kit for the
- Take care of finances and other necessities. You may want to make sure your partner has a power of attorney before you leave. Visit your installation's legal assistance office for help. Also, be sure to take care of any car repairs or home maintenance.

WHEN YOUR BABY IS BORN

Being part of your baby's birth from halfway around the world can be difficult, but it can be easier if you:

- Stay in touch. Figure out the best ways to stay in touch with your partner, such as through video chat. The hospital may help your partner make special arrangements so you can take a more active role in the labor and delivery.
- Keep a journal. Keeping a journal of your time away from home can help you deal with the separation, and it makes a wonderful keepsake for your baby. You can also ask your partner to keep a journal or online blog.
- Encourage your partner to seek help when necessary. Taking care of a baby can be tiring, especially if your partner is away from extended family. If your spouse is having a difficult time, encourage him or her to seek help. Your installation has support services that can help, like the New Parent Support Program.

AFTER DEPLOYMENT

When time for your homecoming approaches, start thinking about how to reunite with your family. Things will have changed since you deployed, and it can take days, even weeks, for you to settle into a new routine.

- Give your baby time to get to know you. Try not to be disappointed if your baby doesn't bond with you right away. The excitement of your homecoming may be overwhelming to a
- Keep up your baby's routine. Disrupting the routine can cause distress. Plan trips or visits after you have both settled in.
- Help with feeding, bathing and routine chores. It can be easy to let your partner continue the routine, but getting involved with bathing and feeding will help you and the baby get to know each other.
- Spend time alone as a couple. Spending time alone with your partner is important to your whole family. Take advantage of friends who offer to babysit or hire a sitter so you two can get to know each other again.

Although deployment is a difficult time, you can help make the deployment cycle easier for everyone. Get prepared before you leave so you can share some of the joys of new fatherhood when you are away.

Check out Military OneSource for ways to stay involved with your family while deployed.

See your nearest military treatment facility for beneficiary and counseling assistance. Find a list of coordinators at the TRICARE Beneficiary Counseling and Assistance Coordinator Locator at www.tricare.mil/bcacdcao.

Listen to "Double Duty: Staying Connected With Your Kids When You're a Deployed Dad" at www.militaryonesource.mil/ products?product_id=38, for tips on staying connected to your family.

JUNE IS STRONG DAD'S MONTH

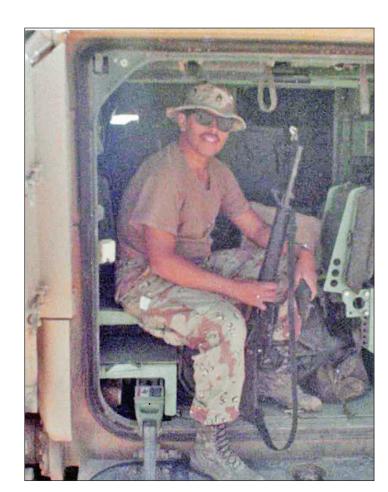
Dads Make a Difference Month Campaign initiative is to promote and celebrate the importance of Fathers in their families, increase awareness of the integral role fathers have, and assist fathers in connecting with their families through educational and interactive activities throughout the month of June. The Strong Dads Challenge runs the entire month of June and encourages Army Fathers to create life long memories with their children by doing different activities and sharing these experiences through our "Snap, Share, and Win!" We will have the eighth annual Strong Dad's Tea Party June 25 from 10 to 12 at Riley's Conference Center.

Strong Dad events are designed so dads can spend more quality time with their children. For more information, please contact Army Community Service at 785-239-9435 or visit http://www.rileymwr.com. Remember to participate in the "Snap, Share, and Win! challenge. Photos can be submitted to DADS@rileymwr.com or Facebook by tagging Fort Riley Parenting Page, or #8DMDM.



HOME OF THE BIG RED ONE 6 | **JUNE 10, 2016**

Hector Figueroa: a 'Big Red One' Soldier



By Phyllis Fitzgerald SPECIAL TO THE POST

Hector Figueroa, a native of Monticello, New York, joined the Army in 1979. He received both his Basic Training and his Advanced Individual Training at Fort Benning,

His first military occupational specialty was 11B, Infantry Soldier. Figeroa's first assignment after AIT took him to Wiesbaden, West Germany, where he served with Company A, 2nd Battalion, 22nd Infantry Regiment. Three years later he was reassigned to Co. A, 1st Bn., 5th Cavalry, 1st Cavalry Division at Fort Hood, Texas. While there, he was given additional training and his MOS changed to 11M, a Mechanized Infantry Soldier.

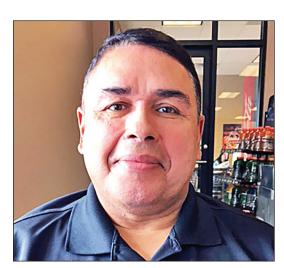
From 1986 to 1989, Figeroa served in Schweinfurt, West Germany, where he was assigned to the 1st Bn, 30th Inf., 3rd Inf. Div., He returned from Schweinfurt and was assigned to the "Big Red One" at Fort Riley.

Upon arrival at Fort Riley, Figeroa was assigned to Co. A, 5th Bn, 16th Inf. Regt., 1st Inf. Div., which became part of a task force that engaged the Tawakalna Republican Guard Division that was instrumental during the Iraqi seizure of Kuwait.

The 16th Inf. Regt., 1st Inf. Div., was also a part of the task force that secured the peace negotiating site at Safwan Airfield in southern

After his return, Figeroa spent three more years at Fort Riley before going to Korea, where he was assigned to Co. A, 5th Bn., 20 Inf. Regt., 2nd Inf. Div., at Camp Casey along the Demilitarized Zone.

"Our unit was part of the security force along the DMZ," Figeroa said. "While I was in Korea my family remained in the Fort Riley-Junction City area. After my tour in Korea was over I was reassigned to Fort Hood, Texas, to Co. A, 2nd Bn., 5th Cav., 1st Cav. Div., for six months. Then I retired."



Figeroa retired in 1995. He returned to the Fort Riley and Junction City area because, he said, "my family was here and we owned a home."

Figeroa said two of his children graduated from Junction City High School, while a third graduated from St. Xavier High School.

"My wife had a job and I had secured a job as well," Figeroa said.

His best memories include those from his

return from Desert Storm. "The homecoming at Marshall Army Airfield

was awesome," he said. "We flew into Forbes Field in Topeka, Kansas, and loaded onto buses to go to Fort Riley. Our buses were escorted by the Kansas Highway Patrol all the way to Fort Riley. Once we returned to Fort Riley, General Rhame (Maj. Gen. Thomas Rhame, 1st Inf. Div., and Fort Riley commanding general) gave us all a welcome home speech and afterward we were reunited with our families."

Today Figeroa works for the U.S. Army Garrison Fort Riley's Directorate of Public Works. In charge of the Housing Furnishings Department, Figeroa supports Soldiers by overseeing the use of barracks and furnishings.

Editor's Note: To submit your "Big Red One" story, email fitzmiss@yahoo.com

WWW.TWITTER.COM/FORTRILEY

Editor's Note: In the June 3 issue of the 1st Infantry Division Post, the Then and Now story on page 3 incorrectly reported Robert Flores' birthday in the year 1968. The correct year of Flores' birth is 1986. We apologize for this error.

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TRAFFIC REPORT

CONTROL POINT HOURS OF **OPERATION**

Until further notice, the Estes Access Control Point is closed every Saturday and Sunday, but will remain open Monday through Friday for privately owned vehicles only.

Also until further notice, 12th Street ACP is closed to privately owned vehicles on Saturdays. The commercial remains open Saturdays. The 12th Street ACP is closed to all traffic Sundays but it is open to all traffic Monday through Friday. Grant Street ACP is closed every Saturday and Sunday, but remains open Monday through Friday to all privately owned vehicle traffic. Motorists wanting access to Fort Riley on Saturday or Sunday should use Ogden, Henry or Trooper gates.

The access control point hours are now as follows:

Henry /Four Corners/ Trooper/Ogden:

12th Street: Open from 5 a.m. to 7 p.m., Motorists are asked to

to non-commercial traffic Saturdays; closed Sundays

and federal holidays. Rifle Range: Closed to all traffic.

Grant: Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

Estes: Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

CONSTRUCTION ON RIFLE RANGE ROAD CONTINUES

Construction on Rifle traffic flow. The work started in September 2015 and has been contracted for 374 days. As a result, the work will affect travel to the schools in the area. School officials can offer guidance. There are detour and guidance signs posted, including detour routes along tank trail purple and through the Colyer-Forsyth Housing area.

Monday to Friday; closed follow all guidance posted on signs.

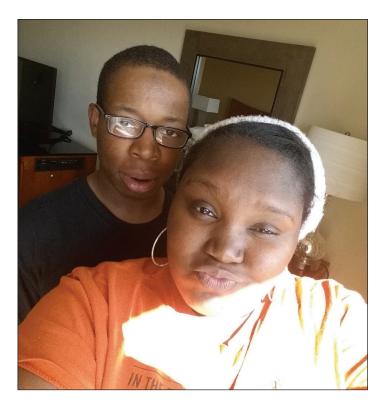
DRIVE-RAY HENRY ROAD ROUNDABOUT CONSTRUCTION TO **SLOW TRAFFIC**

Traffic changes will be in effect until approximately mid-October. Vehicles will be required to slow to 20 mph on both Ray Road and Henry Drive to accommodate the continuing work.

ESTES ACCESS CONTROL POINT CLOSED TO COMMERCIAL **VEHICLES**

Use of the Estes Range Road will affect Access Control Point by commercial vehicles is prohibited. The closure is due to an upgrade project and will be in effect until the project is complete, a period of time that could be several months. During this time all commercial vehicles will need to enter the installation through 12th Street during duty hours and through Henry gate during non-duty

TUESDAY TRIVIA CONTEST



The question for the week of June 10 was "When it was first constituted in 1917 during World War I, what was name of the General leading the First American Expeditionary Force — now 1st Infantry Division — into France?"

Answer: www.riley.army.mil/About-Us/History/

This week's winner is Talisha Young. Talisha is pictured with her spouse, Sgt. Justin Young, Company C, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division.

CONGRATULATIONS TALISHA!

HAVE A STORY IDEA?

Send it to usarmy.riley.imcom.mbx.postnewspaper@mail.mil or call 785-239-8854/8135.

WWW.FACEBOOK.COM/FORTRILEY

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FOCUS Continued from page 1

Base, Colorado Springs, Colorado, attended Danger Focus to train 1st ABCT Soldiers on global positioning system jamming.

The instructors' objectives were to conduct jamming training during the maneuver lanes and provide education tactical battalion operations centers, company commanders and their Soldiers during the operation.

"We are instructing company Soldiers on tactics, techniques and procedures for identifying jamming,' Lisa Prue, a senior military instructor, said. "Part of the instruction was to 'recognize, react, report.'

"Recognize you're being jammed, how to react to the jamming and report that you're being jammed."

Aviators from the 1st CAB also participated in Danger Focus with the use of UH-60 and AH-64 helicopters.



Capt. Jonathan Camire | 1ST ABCT

Soldiers from 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, participate in a combined arms live-fire exercise, or CALFEX, during operation Danger Focus at Fort Riley's training area May 15. Danger Focus was a month-long training exercise designed to prepare the "Devil" Brigade for its upcoming rotation to the National Training Center at Fort Irwin, California, later this summer.

multiplier for 1st ABCT," said Lt. Col Jennifer Reynolds, commander of 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st CAB. "It is exceptionally important to

"We are a combat integrate air assets into the ground maneuver. We give the brigade commander a maneuver force that has a wider range and can travel faster."

ABCT The 1st conducted five tactical operations exercises over the past four months, including command post exercises, the Leaders Training Program at Fort Irwin and the division's Warfighter exercise. During these exercises, Soldiers of the 1st ABCT have executed multiple battle drills and improved their tactical operations center procedures.

During Danger Focus, two company-size elements simultaneously conducting live-fire training exercises, the first time this has ever been achieved at the Fort Riley training area.

Soldiers of 1st ABCT also conducted four tactical operations center relocation battle drills during Danger Focus. In this battle drill, the TOC relocation is a rehearsal of disassembling and reassembling command post. Upon arriving at each location, Soldiers to reestablish the TOC until it was fully mission capable and continued field operations.

FANNING Continued from page 1

Murphy's work as Acting Secretary over the past several months," Fanning said.

Fanning was nominated by President Barack Obama on Nov. 3, 2015 to serve as the civilian head of the United States Army.

"I congratulate Eric Fanning on being swornin as the Secretary of the

Army," said Gen. Mark Milley, Chief of Staff of the Army.

With a wealth of military experience and knowledge, Fanning will oversee an Army faced with new challenges in a complex world. In his duties, Fanning is responsible for organizing, training and equipping Army forces.



Secretary of Defense Ash Carter administers the oath of office to Eric K. Fanning, swearing him in as the Army's 22nd Secretary, May 18 at the Pentagon.

AIRBORNE Continued from page 1

supported such operations. And he wondered why.

have things improved, Zahler said.

"[There are] local C-130s that would come out here and use this on a regular basis, if not weekly or quarterly. And then you tie them into the 1st ID and now you've got this regional partnership that ends up being joint."

Fort Riley leadership has expressed enthusiasm and support for building the JA/ ATT program and was eager to get the training underway, Zahler said.

Sgt. 1st Class Cody Trindle, Headquarters, 1st Sqdn., 134th Cav. Regt., a pathfinder participating in the joint training operation, said Fort Riley had been very accommodating and he found the drop zone to provide smoother, flatter terrain as compared to other installations he has trained.

"It's been really cool because everybody has been so user-friendly and ready to do this. Sometimes in the airborne community we can find people who are a little bit risk adverse. That hasn't been the case down here," Trindle said.

"This is an ostentatious event for us," said Lt. Col. George Mims, G3 Air for the 1st Inf. Div. "This is the first time since I've been at G3 Air that we have managed to get the Air Force, National Guard and the 'Big Red One' together for one training event. One of the goals that we have is to try to make Fort Riley a joint training area, and try to make as much training a joint training experience."

Planning for the personnel drop began in early February, Mims said. The training serves as just the first step to making Fort Riley a premiere joint training facility to prepare all branches of service for duty together.

Mims added that the Army will probably not execute on the battlefield by itself very often. "So we're combining a multiechelon training team and a combined multi-echelon execution element, as well. So, if we're going to go to a theater of conflict or operational environment, we need to train so that when we do go into that operational environment, we're ready for it."

First Sgt. Andrew Yates, 1st Sqdn, 134th Cav. Regt., said it is important for National Guard troops to train with active-duty units in order to prepare both in theater operations.

"When we deploy, the guard traditionally works hand-in-hand or alongside active duty units and it really is critical for guard units to have that integration with active component to prepare us for overseas operations," Yates said.

Yates' thoughts were echoed by Capt. Joshua Metcalf, C Co., 1st Sqdn., 134th Cav. Regt. Metcalf added building relationships between the units through training can help successfully complete mission objectives.

We're the strategic reserve of the active duty," Metcalf said. "So when active duty needs us, we need to be ready and able to step in." Metcalf said regardless of

the theater operations, reserve units must have experience with active duty units. "This is going to be a good

opportunity for us to start making those relationships," Metcalf said. "So as we go down the road, if the phone call comes, we can step in and work with active duty without missing a beat."

Future steps toward making Fort Riley the operations, Mims said.

ideal joint airborne training facility include adding unmanned aerial surveillance and unmanned aerial vehicle training, Mims said. There is also the anticipation that training will combine with 1st Armored Brigade Combat Team, 1st Inf. Div., and 2nd Armored Brigade Combat Team, 1st Inf. Div., as well as 1st Combat Aviation Brigade, 1st Inf. Div.

'If I see what I want to see in the end, we might have a regional center of excellence or something like that, but it's got to start somewhere," Zahler said. "First you've got to build the drop zone, get the airplanes to go, 'oh, that's a nice drop zone, let's come out and drop over there.' Then you can find the local guard, and Army and reserve and the Air Force and they go, 'hey, that's not so bad, let's come out there' and if you can link all those together, the next thing you know you've got the 1st ID partnering with all the joint regional partners."

The JA/ATT is still in its infancy at Fort Riley, but all of those involved in the June 5 joint airborne training operation hope to see it expanded and turn Fort Riley into the best place to train for airborne

CELEBRATION Continued from page 1

"This is actually one of the only posts of the 10 years that I've been in that does something like this," Pruitt said. "I've been in 3rd Infantry Division down on Fort Stewart (Georgia) and everything and even they didn't do anything like this. So, for that to be a division, this to be the Big Red One, it's a huge, significant event."

For Chief Warrant Officer 2 Enrico Mayers, 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, the excitement of the coming soccer matches he is participating in kept him looking forward to Victory

"This is my first year here at Fort Riley and hearing about it with the sports events, I really think it's a great idea," Mayers said. "I think it builds healthy competition and camaraderie between the units that are stationed here at Fort Riley."

Sgt. 1st Class Nicholas Barnum, 116th Military Police Company, shared Mayers' sentiment on the importance of competition between the Barnum spent the evening with his young children and will be competing in the volleyball competition with his unit.

"I think it's awesome, a good camaraderie between the units to try to be the best and win the trophy for their unit," Barnum said.

As night fell upon Fort Riley, the carnival games and bounce houses closed, leaving spectators to prepare for the coming fireworks show. Prior to the fireworks, Donald Holiday performed the national anthem and Cole spoke briefly to the audience before handing off the fireworks countdown to Maj. Gen. Wayne W. Grigsby, Jr., 1st Infantry Division and Fort Riley commanding general.

"We're going to celebrate," Cole said. "We're going to do some dedications. We're going to remember those who have fallen. We're going to compete. We're going to get a trophy awarded and we're going to have a good

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TRAFFIC UPDATES

For traffic updates, see the Traffic Report on page 7 or visit www.riley.army.mil and click on "Advisories."

INSTALLATION SAFETY FAIR/SAFETY STAND-DOWN DAY

Garrison staff will hold the annual Safety Fair at Riley's Conference Center June 17 from 8:30 a.m. to 3 p.m. It will include several activities including a demonstration of kitchen fire awareness, fire extinguisher and the Danger of Power Take Off mannequin demonstration and others. See page 6 for more information.

SOLDIER FOR LIFE TRANSITION ASSISTANCE PROGRAM EVENTS

June 13, Kansas State University, Manhattan campus tour. To register, contact Dominic Barnes, K-State military student services coordinator at dombarnes@ ksu.edu or 785-313-7820.

June 16, 9 a.m. to 11:30 a.m., Honeywell Employer Day, room 118D, 210 Custer Ave

June 17 to 30, 8 a.m. to 5 p.m., Barton Community College 80-hour Hazardous Waste Training Program, Military Schools building, 8388 Armistead Road.

June 23, 10 a.m. to 4 p.m., Salina Police Department Employer Day, room 118D, bldg 210, Custer Ave.

June 30, 9 a.m. to noon and 1 to 4 p.m., U.S. Border and Custom Employer Day, room 118D, bldg 210, Custer Ave.

THREAT AWARENESS AND REPORTING PROGRAM TRAINING

Threat Awareness and Reporting Program training is available for Soldiers, Department of the Army civilians and contractors. For information or to schedule training, call 785-240-3097.

CENTRAL ISSUE FACILITY CLOSING FOR INVENTORY

The Central Issue Facility is closing at noon, June 10 for an inventory. It will reopen 7:30 a.m., June 15.

USO EVENTS

Every Wednesday from 9 to 10:30 a.m. a Sip and Chat event for spouses is planned.

Operation Happy Birthday: USO Fort Riley volunteers will deliver a cupcake to Soldiers during the month of their birthday. See USO Fort Riley Facebook page to sign up.

8TH ANNUAL DADS TEA

Dads and kids are invited to the 8th Annual Dads Tea Party, 10 a.m. to noon, Saturday, June 25, at Riley's Conference Center. Check in will be at 9 a.m.

This year's theme is Doc McStuffins. There will be story time, crafts and music, along with a teddy bear clinic. Bring your stuffed friends to be fixed or mended. Costumes are encouraged.

Advanced registration is required by June 17. For more information call 785-239-9435.

FREE LUNCH PROGRAM

Unified School District 475 has a free lunch program during June. The on-post location is Ware Elementary School, 6795 Thomas Ave. The program is offered for children ages 1 to 18, noon to 1 p.m., Monday through Friday.

For more information, call 785-717-4000.

RALLY POINT OPERATIONS MOVING LOCATION

The bingo program at Rally Point will be moving locations soon. The program's last day at Rally Point will be June 17 and bingo will resume June 21 at Riley's Conference Center. Bingo will continue to be offered three nights a week — Tuesday, Wednesday and Thursday — with monthly glow and family bingo.

Cocktails and Canvases will also be moving to Riley's Conference Center immediately.

For more information, 785-784-1000.

Corvias-sponsored event a globetrotting day

Families fill up passports visiting booths set up to represent countries

Story and photo by Hannah Kleopfer 1ST INF. DIV. POST

Residents of Fort Riley stamped their passports as they traveled around the world seeing kangaroos, whales and more at the Colyer-Forsyth community center and pool.

The experience was a resident appreciation event held June 3 by staff of Corvias Military Housing.

"We really want to hold events like this for families so they can feel a sense of community," said Jasmine Crosby, administrative assistant. "They get to



Kids participate in the sack race at the Australia booth during the Corvias Resident Appreciation event at Colyer-Forsyth community center and pool June 3.

meet other families. It's a great way to spend time with your family, and we want to give back to the families that choose to live with us."

Corvias-sponsored events are always free for families, including the highly-attended Fallapalooza and Easter egg hunts. Jim Champagne,

Corvias business director, said the summer resident appreciation event is one of the most popular among residents.

"Last year we had a couple thousand come to this," he said. "It's a good start to the summer."

This year's theme was "Passport Around the World." Kids were given passports they could have stamped as they went through activities at booths that represented different countries.

"I think it's great for families," said Jumiten Bierman, wife of Staff Sgt. Thomas Bierman, 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division. "The kids have

See GLOBETROTTING, page 10

"We wanted to set it off with a big bang and let the kids know that it's going to be an awesome and exciting summer."

ALICIA DORIOR | TRAINING AND CURRICULUM SPECIALIST

Cutting a

rug: Camp

pep rally

begins with

Weekly summer camp to offer two separate tracks for youth to choose

By Hannah Kleopfer 1ST INF. DIV. POST

Youth danced and grooved throughout the gym of the Child, Youth and School Services' middle school teen center May 31 as the 1st Infantry Division Band played songs such as "Cupid Shuffle."

The kids smiled and shouted with enthusiasm for the pep rally marking the first day of summer camp.

The pep rally event took special planning from staff of the summer camp to ensure a unique and fun start to the summer.

"We wanted to get the kids and the staff excited about summer," said Alicia Dorior, training and curriculum specialist. "We wanted to set it off with a big bang and let the kids know that it's going to be an awesome and exciting summer."

During the pep rally, kids were picked to play tug of war with staff, and some even got to pie some staff in

Dorior explained to the kids this first week of camp would be known as "Welcome Week" and allow kids and staff to get to know each other.

"Summer camp is a weekly camp available to all eligible patrons," said Wendy Winston, CYSS Administrator. "This year, each week has two separate tracks the youth are able to choose from."

Themes include kids in the kitchen, farm to table, woodworking, fitness camp, mad scientist and more.

See SUMMER CAMP, page 10



Lt. Col. Alexander Murray, commander of the 97th Military Police Battalion, passes the torch to the Junction City Police Department outside Grant Gate during the Law Enforcement Torch Run to raise awareness about the Special Olympics June 2.

Special delivery

Fort Riley Soldiers, Airmen carry torch to support Special Olympics

Story and photos by Maria Childs 1ST INF. DIV. POST

Oldiers from the 97th Military Police Battalion, along with the Directorate of Emergency Services, 1st Infantry Division Provost Marshal Office and the 10th Air Support Operations Squadron, participated in the Kansas Law Enforcement Torch Run June 2.

Fort Riley participants accepted the torch from the Riley County Police Department

FLAME BURNS BRIGHT

• To learn more about the **torch run**, visit www. kansastorchrun.org. Police Department at the Ogden Gate and ran it to the Grant Gate, where they handed it off to the Junction City, Kansas Police Department.

According to members of the Special Olympics, the Law Enforcement Torch Run is a series of statewide runs. In the past few months, 1,150 officers from 97 different agencies throughout Kansas have advanced the torch through 52 counties, traveling approximately 1,275 miles throughout the

See TORCH, page 10



In the past few months, 1,150 officers from 97 different agencies throughout Kansas have advanced the torch through 52 counties, traveling approximately 1,275 miles throughout the state.

Fort Riley children watch as robots do a dance during the Kansas STARBASE youth program at Colyer Forsyth Community Center June 4.

Forsyth Community Center June 4. Kansas STARBASE Forsyth Community Center June 4. Kansas STARBASE is a Department and launch rockets. We tested how far and launch rockets. We tested how far the program of Defense program designed to teach the public standard of Defense program

program teaches children about technology

Story and photo by Maria Childs 1ST INF. DIV. POST

Alex Dealdo, 10, son of Staff Sgt. Tatum John Dealdo, Dental Activity, smiled as he pressed the button on the robot he was working with. The goal was for the robot to navigate through the L-shaped pool noodles to get to the end of the maze successfully. And it worked.

Dealdo was one of about 14 kids who participated in the Kansas STARBASE youth program at Colyer

Forsyth Community Center June 4. Kansas STARBASE is a Department of Defense program designed to teach children grades four through six about science, technology, engineering and math. The goal is to motivate them to explore STEM as they continue in their education.

"I enjoyed having fun and everybody was working together. We all took our time to help each other learn about STEM," Dealdo said. "My favorite part was the robotics."

Dealdo said what he learned in this program expanded on what he learned in school

learned in school.

"We talk about mass, forces, pushes and pulls, we also talk about Newton's three laws of motion," he

said. "It's about how to build rockets and launch rockets. We tested how far they will go. We actually found out the less weight of the rocket, the further it will go." Lisa Fischer, Contract/Insurance

Accounting Administrator for Corvias Military Living, organized the event after she volunteered when her son went with his school.

"I saw how well it worked for him and his class and what a different type of learning it was," Fischer said. "It was something you don't get in the schools."

She said it was fun and interactive, and her son didn't even realize he was

See STARBASE, page 10



COMMUNITY CORNER

Army celebrating 241 years of service and sacrifice to United States

By Col. Andrew Cole Jr. FORT RILEY GARRISON COMMANDER

he Army's 241st birthday is June 14, 2016, and the Army has evolved from the group of militia from the 13 colonies that General George Washington commanded, to the premier land force in the world.

Formed in 1775 by an act of the Second Continental Congress, the Continental Army was organized to coordinate the military efforts of the colonies in their revolt against

the rule of Great Britain. After the

After the Revolutionary War, leaders recognized that an organized military force was necessary to protect the



young nation. Throughout the history of America, Soldiers sacrificed for freedom in the wars and conflicts that followed.

Today, Soldiers are bound by the oath they swear to live

by ... seven core Army values — loyalty, duty, respect, selfless service, honor, integrity and personal courage — as well as the high standards established for their lives both on and off the job. All define what being a Soldier is about.

As the 21st century continues to unfold, the Army is changing to meet the many challenges facing the nation. A central concept for that change is the Army's Total Force Policy, which integrates the Army's active, reserve and National Guard components.

According to Stand-To, an online document released by the Army's official website that provides news, information and context for today's Army, "reserve component forces comprise more than half of the Army's total force. (For this reason) the imperatives for Total Force integration have never been higher."

For the Fort Riley garrison, that means providing first-rate support for Soldiers coming to the post for training – regardless of the components they are from, how long they are here

or whether their families join them – will be a constant. The garrison shield says "Sustain, Support, Defend," and this we will do to a level commensurate with our Soldiers' brave and honorable service.

As we observe the proud history of the Army, we should remember that it is a diverse service with people from large towns to rural communities and all religions and ethnic backgrounds. It is the active duty, reserves and National Guard and Department of the Army civilian men and

women, officers and enlisted that make up the group of well-trained professionals to support today's Army mission.

The Fort Riley garrison stands ready to provide whatever is required in support of the Soldiers that train here, today and in the future.

— To comment on this article or to suggest a topic for Community Corner, email usarmy.riley.imcom.mbx.postnewspaper@mail.mil or visit my Facebook page at www.facebook.com/fortrileygc.

SUMMER CAMP Continued from page 9

There are also field trips during camp to places including Rock Springs Ranch, Cosmosphere, Rolling Hills Zoo, K-State Challenge Ropes Course and K-State's Chester Peters Rec Complex.

"Ît's a fun way to provide quality care to our Army families by reducing conflict between the military mission and parental responsibilities," Winston said.

For more information about summer camp and other CYSS activities, check out their Facebook page or call 785-239-9885.



Hannah Kleopfer | POST Kids and staff get ready for a tug-of-war match during the Summer Camp pep rally May 31.

TORCH Continued from page 9

state, on the way to Wichita for the Opening Ceremony of the Annual Summer Games.

Lt. Col. Alexander Murray, commander of the 97th MP Bn., said this is a great opportunity for Soldiers of the battalion and the community to support a great cause. This is the fourth year this has happened at Fort Riley, and Murray's second time as the commander. No matter what the weather looks like, the torch is still passed.

"It went very well this year," Murray said. "It was nice and sunny ... We had our companies and detachments spread along the route."

Sgt. 1st Class Nathaniel York, 97th MP Bn., said this year's torch was not lit while running through post due to safety concerns. Instead, they held a ceremony, where they lit the torch at Grant Park as they passed it off to Junction City.

According to a press release about the run, it is the largest grassroots fundraiser and public awareness vehicle for Special Olympics Kansas. Celebrating their 35th anniversary, the Law Enforcement Torch Run began in Wichita in 1981 with six runners and has grown to an international program involving thousands of law enforcement personnel, raising millions of

dollars annually to benefit Special Olympics programs in the United States and abroad.

Sgt. Brent Fulmer, Headquarters and Headquarters Detachment, 97th MP Bn., said it was a little warm this year, but he enjoyed participating. This was his first year in the torch

"It's a great cause for us to get out and run and support them," Fulmer said. "I think it's a great opportunity for myself and the battalion to get out here and do something bigger than just us."

To learn more about the torch run, visit www.kansastorchrun.org.

STARBASE

Continued from page 9

learning and doing work. He thought of it more as fun and games.

Dixie Tipling, director of Salina, Kansas STARBASE, doesn't normally work with children at Fort Riley, but was asked to step in because the Manhattan location was busy. She said schools normally work with staff at STARBASE to provide more than one session of the program, but the Saturday event still featured the highlights of the program.

"Our intention is to create an interest in STEM careers and introduce children at a young age at a possible career path," Tipling said. "We do that by teaching them basic science lessons like Newton's laws ... we also introduce them to all kinds of technology like robotics."

There will be one more session of STARBASE this summer. It is scheduled for July 16 at Colyer Forsyth Community Center from 9 a.m. to 3 p.m. Advance registration is required by July 13. For more information, call 785-717-2217.



GLOBETROTTING Continued from page 9

a blast getting their passport checked and it's really fun for them."

Finally, after visiting most of the booths lined up around the outside of the pool, families could go into the pool, which was the American Samoa area, to get their passport stamped one last time and enjoy a cooling evening in the water.

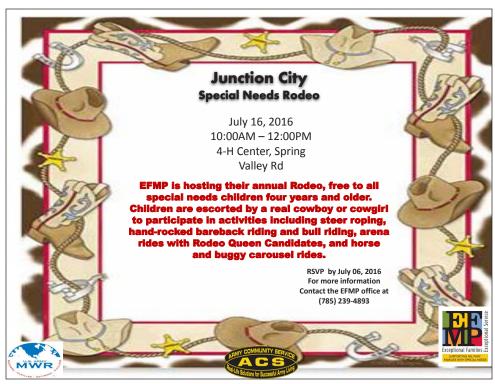
Pool manager Kate Anstine said a lot of hard work from

staff and lifeguards went into preparing the pool for the event and anticipated a large volume of residents.

"We have to make sure everyone really knows their skills, and for set-up we had to close three pools to get this one set up," Anstine said. "A lot of work goes into it, but it's worth it. It makes everything more like a family. I work here four times a week and I'm getting to know all the kids'

names, which makes it more personal. And a lot of these people are thousands of miles away from their families, so it's really nice they can get with these lifeguards one-on-one and know that we have their backs and it's a trust thing."

For more information about Corvias and their events, check out their Facebook page at www.facebook. com/CorviasMilitaryLivingRiley.





Sports & Recreation

JUNE 10, 2016

CUSTER HILL BOWLING SPECIALS

Wednesday through Friday: From 1 to 6 p.m., \$2.50 games and \$2 shoes.

Wednesday: From 6 to 9 p.m., \$1 games and \$1 shoes.

Thursday: From 6 to 9 p.m., \$5 cover, which includes shoes and 50¢ games.

Friday: From 6 to 9 p.m., \$15 for unlimited bowling for up to six people, shoes not included.

Saturday: Extreme bowling from 6 p.m. to midnight, \$9 for shoes and up to three hours of

Sundays: From noon to 6 p.m., family fun, \$35 per lane, which includes two hours of bowling, one large two-topping pizza, two pitchers of soda and shoes for up to six people.

OFFERINGS FOR FITNESS-MINDED INDIVIDUALS

The Directorate of Family and Morale, Welfare and Recreation has a comprehensive offering of options for health- and fitnessminded individuals. Choose between the following:

- One person, one-hour training session – \$25.
- Two people, one-hour training session – \$40.
- Three people, one-hour training session – \$48.

Personal training sessions can be purchased at Whitside Fitness Center Monday to Friday, 9 a.m. to 6:30 p.m., and Saturday, 9 to

For more information, contact the Whitside Fitness Center at 785-239-2573.

CUSTER HILL POOL CLOSING

Custer Hill Pool's last day of operation will be Aug. 13. Pool passes purchased between May 28 and June 30 will be valid until Sept. 30 at Directorate of Family and Morale, Welfare and Recreation aquatics facilities.

For more information, call the aquatics program manager at 785-239-9441.

EYSTER POOL WILL REMAIN CLOSED UNTIL FURTHER

Eyster Pool is closed. No reopening date has been determined.

During this time, all programs including physical therapy supported by both Irwin Army Community Hospital and Warrior Transition Battalion, pregnancy physical therapy, lap swim and recreational swim — will be held at Long Pool, inside Long Fitness Center. Because this pool is not equipped with a computer pointof-sale system, all daily entry fees and pool passes will need to be paid using cash or check.

Unit physical training requests for Thursdays only will be accepted during this time; this is to decrease maximum occupancy with the early-morning lap swim program.

The Aquatics Office at Eyster Pool is open from 8 a.m. to 4 p.m. Monday to Friday. For more information, call the aquatics program manager at 785-239-

YOUTH SPORTS OFFICIALS

The Child, Youth and School Services staff is looking for officials for youth outdoor and indoor soccer, flag football, basketball, baseball and softball.

Volunteer and paid positions are available. Training is provided and experience is not necessary. A background check is required.

For more information, call CYSS Sports at 785-239-9223 or 785-240-5207.

ISPORTSMAN SYSTEM

Fort Riley has an automated check-in and check-out system called iSportsman. Individuals can register at https://fortriley. isportsman.net.

To access Fort Riley training areas, use the iSportsman website. Check-in and check-out may be done with any personal device with internet access, visit the iSportsman kiosk at 1st Division and Vinton School roads or the Environmental Division Office, building 407, during normal business hours.

For more information, contact the Environmental Division at 785-239-6211.

Kansas agency gets required training at Fort Riley

Story and photos by Hannah Kleopfer 1ST INF. DIV. POST

Employees of the United States Department of Agriculture, Kansas Farm Service Agency came on post June 3 for their allterrain vehicle safety course offered by instructors of the All-Terrain Vehicle Safety

"This ATV course is required for us," said Dawn Dolezal, Kansas Farm Service agent. "In our job, if we use ATVs to field work with the Farm Service Agency, then we're required to have this course for anything like field inspections."

The timing of the course also worked well for the employees.

"We were in another training, so [Fort Riley] was convenient," said Alice Thomas,

Kansas Farm Service agent. "We were all in Manhattan at our state office for some training this week."

The main training aspect was safety.

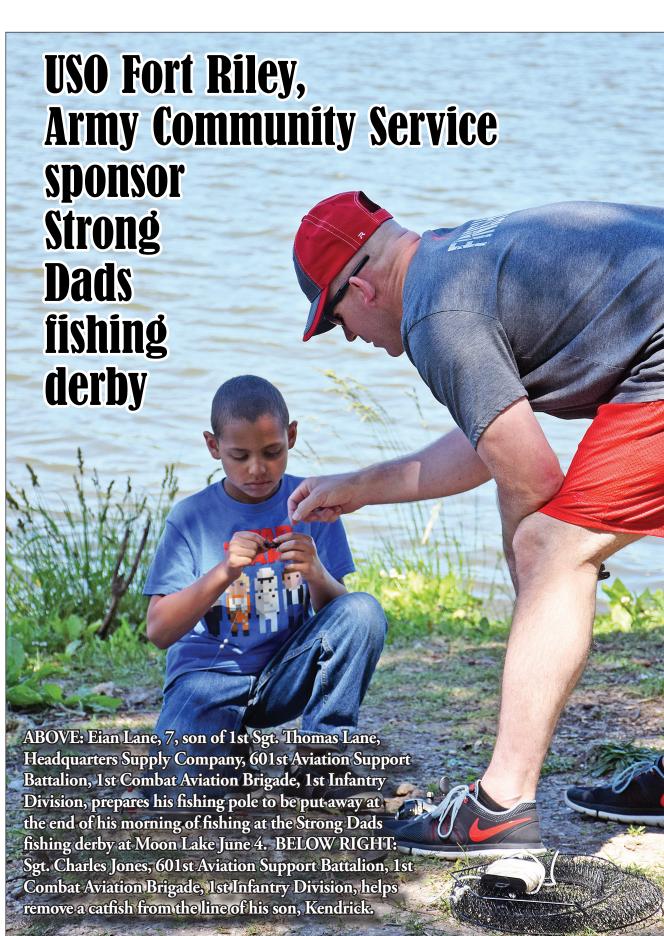
"There's a high number of injuries and deaths each year from ATV accidents just due to unsafe riding practices," said Mark Goudy, ATV Safety Institute instructor. "So the whole purpose of the Safety Institute is ... how to utilize the equipment safely and operate it in a responsible manner."

Many of the Farm Service Agency employees knew how to use ATVs, but Goudy wanted to make sure they stuck to the basics.

"Sometimes we'll have people take the course who have a lot of experience riding ATVs, and it just helps remind them of some



Megan Wilson, instructor for All-Terrain Vehicle Safety Institute, runs through the safety course June 3 during the ATV safety course for employees of the See SAFETY, page 12 United States Department of Agriculture.



By Maria Childs 1ST INF. DIV. POST

June is Dads Make a Difference Month and the Family Advocacy Program at Army Community Service and USO Fort Riley celebrated with a Strong Dads fishing derby at Moon Lake June 4.

This is the third year in a row this event has been offered at Fort Riley, but the first year it has been featured with a partnership. In years past, USO Fort Riley offered this event to children of wounded, ill or deployed Soldiers, but this year the two organizations partnered to expand their outreach.

"We partnered with ACS this year in an effort to include all military children," said Jill Iwen, USO Fort Riley director. "Last year we had coinciding events and then we decided this year to partner. With the extra support we were able to expand the event."

Iwen said the date was chosen because the state of Kansas allowed anyone to fish without a license June 4, but the purpose of the event is to build family bonds through spending time outdoors.

"It creates family memories with a low-cost sport they can experience together in the beautiful nature of Fort Riley," Iwen said.

The first 100 registered chil-

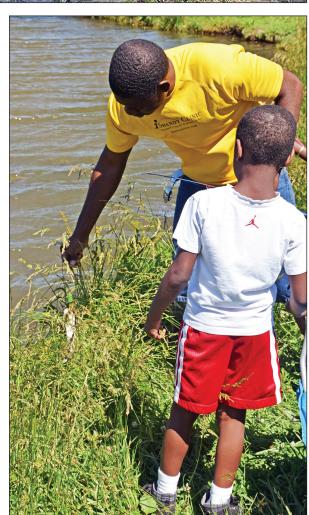
dren received a free fishing pole. Kariga Pratt, ACS Family Advocacy Program specialist, said Dads Make a Difference Month is all about increasing opportunities for fathers to get involved with their families.

"One of the things we focus on is quality time instead of quantity time," Pratt said. "A lot of Soldiers are really busy, and we want to focus on some quality family activities - fishing is one of those opportunities."

Pratt said the ACS staff is also having a Strong Dads Challenge. They are asking fathers to take a photo with their child participating in a family activity and email it to dads@rileymwr.com or post it on Facebook and tag the Fort Riley Parenting page or hashtag it #8DMDM. The challenge grand prize will be awarded in July.

First Sgt. Thomas Lane, Headquarters Supply Company, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st

See FISHING, page 12









'Best of best' gather for Trap and Skeet Camp

Story and photos by Hannah Kleopfer 1ST INF. DIV. POST

Fort Riley teenagers talked animatedly as they gathered at the Trap and Skeet Range hut, discussing their first time using a gun or shooting on a range. They were already part way through day two of the Advanced Trap and Skeet Camp, sponsored by the Fort Riley Outdoorsmen Group.

"These kids are the best of the best who have come from our basic camp," said Ollie Hunter, chairman of the FROG trap and skeet committee. "Yesterday they did trap, and today and tomorrow they will be working on skeet. Skeet's a lot more complex than trap."

This is the first time FROG has hosted an advanced camp for youth, and five of the Fort Riley youth signed up for the three-day camp during the first week of sum-

Kaylee Riley, 13, daughter of Denra and Sgt. 1st Class Chris

Riley, 1st Infantry Division Sustainment Brigade, jumped at the chance to be a part of the camp.

"I'd already done the basic camps, and when my mom said I could come do this one, I wanted to," Riley said. "I really wanted to come shoot more."

Many of the teens were ready to learn more about skeet and better themselves with guns and shooting.

"I think shooting the (clay) birds as they're moving is more fun than going down to a range and shoot-

ing a target," said Gregory Clasberry, 16, son of Bernadette and Ronald Clasberry, retired Sgt. 1st Class and Fort Riley deputy garrison safety manager.

Brothers Levi Caves, 15, and Abraham Caves, 14, sons of Tara and Chief Warrant Officer 5 Scott Caves, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Inf. Div., were ready to continue skeet shooting after their first rounds.

"It's been a blast," Levi said. "Pun intended."



Kaylee Riley, daughter of Denra and Sgt. 1st Class Chris Riley, 1st Infantry Division Sustainment Brigade, shoots skeet during the Advanced Youth Trap and Skeet Camp June 2.

RJ Hatt, 17, son of Lisa and Sgt. 1st Class Richard Hatt, 2nd Armored Brigade Combat Team, 1st Inf. Div., was also ready to learn more about skeet after spending time at the basic camp a year ago.

"I really want to learn more about the tips we got in basic,"

During the camp on day two, the kids were able to watch instructional videos before heading out to shoot to get a better grasp on what they would be doing. Day three, they would do the same thing for the first part of the morning.

We'll finish up the day tomorrow walking through like a real squad member," Hunter said. "They'll have all their own ammo in their pocket, and we'll go through every station. We'll do an official round of skeet. That's the goal tomorrow."

For more information on FROG and other events, go to www.fortrileyoutdoorsmengroup.com.

SAFETY Continued from page 11



Gregory Clasberry, son of Bernadette and retired Sgt. 1st Class Ronald Clasberry,

shoots skeet during the Advanced Youth Trap and Skeet Camp June 2.

Hannah Kleopfer | POST

Mark Goudy, ATV Safety Institute instructor, explains safety precautions and general maintenance checks for all-terrain vehicles before riders got onto their vehicles June 3 during the ATV safety course for employees of the United States Department of Agriculture.

habits they've gotten out of They teach the course once a or some bad habits they've picked up," Goudy said. What we do is remind them how to drive them safely. That's the whole purpose of the course — safety."

Goudy and instructor Megan Wilson taught the nine enrolled riders and have been teaching it for three years.

year and do special training courses for groups such as Boy Scouts and 4-H.

The safety course was hosted by the Garrison Safety Office staff and, for the first time, offered to civilians.

"Basically, the ATV and dirt bike training is just for Soldiers and this is the first

time we're doing it for the public," said Rod Cruz, safety specialist. "This is part of their job, especially for the USDA, and it's part of their mission."

Cruz said the course is free to Soldiers who own and ride

For more information on ATV safety courses, call GSO at 785-239-3391.

World's Largest Swim Lesson coming to Fort Riley

By Maria Childs 1ST INF. DIV. POST

Fort Riley Directorate of Family and Morale, Welfare and Recreation aquatics staff, School Age Services and the Dermatology Department at Irwin Army Community Hospital are hosting the World's Largest Swim Lesson at 10 a.m. Friday, June 24 at Custer Hill Pool.

Hedy Noveroske, DFMWR aquatics manager, said aquatics staff will be teaching about 250 children from SAS during the lesson. Although the lesson is not open to the public, the dermatology department staff will

importance of sunscreen and skin cancer screenings.

"The importance of this event is bringing awareness to the tragic statistic that drowning remains the second leading cause of unintended, injury-related death for children ages 1 through 14, and a leading cause of death for children ages 1 through 4," Noveroske said. "Drowning can and should be prevented, beginning with every child participating in

swim lessons and every parent/

adult aware of the dangers of wa-

ter, not just in a swimming pool,

but in a bathtub or even a bucket of water."

Noveroske said this event is a good opportunity to teach kids about parent supervision and ways to prevent drowning including learning to swim.

"Parent supervision is mandatory regardless of whether a lifeguard is on duty or not. Lifeguards are a layer of protection, they are not the only protection, to prevent drownings," Novero-

For more information about this event, call 785-239-9441.

FISHING Continued from page 11

Infantry Division, brought his two children to fish. He said it was an excellent opportunity.

"It's the memories and bonding time you have with your children," Lane said. "No matter how old you get you'll always have those mem-

ories ... I think it's important to spend time with the kids and show them how to fish."

He also said events like this are important to the

"It brings the community out," he said. "It's a

good team-building event. It's about getting out here and being part of the community."

For more information about Dads Make a Difference Month events, call 785-239-9435.

WORSHIP

Protestant Services 239-0834 Victory Chapel Contemporary Protestant Service Sunday School [K-12 & Adult].....0915-1015

Sunday Worship.... Morris Hill Chapel Gospel Protestant Service Sunday School

Main Post Chapel 239-6597 Traditional Protestant Service

Catholic Scrvices	
Victory Chapel	239-083-
Sunday Mass	0900
Sunday Catechism	
Saint Mary's Chapel	239-659
Saturday's Vigil Mass	1630
Sunday Mass	1200
Mid-day Mass- Mon., Wed., & Fri	
Tuesday & Thursday Mass	
IACH Chapel	239-7872
Mid-day Mass- Tue. & Thur	1200

Wiccan Service

Kapaun Chapel 239-4818 Fort Riley Open Circle-SWC 1st & 3rd Wednesday monthly.

Fort Riley Religious Services

Off-Post Services

LDS Religious Services

1705 McFarland Rd., Junction City, KS

785-238-8720

2812 Marlatt Ave., Manhattan, KS 785-539-5445/3357

<u>Muslim Religious Service</u> Islamic Center- 785-340-7053 1224 Hylton Heights Rd., Manhattan, KS

icmmanhattan.org

Jewish Religious Service Manhattan Jewish Congregation – 785-539-8462 4509 Wreath Ave., Manhattan, KS manhattanjewishcong.org

Chapel Youth Program (SNAC)

Meets Sundays, see calendar MS Youth- 1530-1700 at Morris Hill Chapel HS Youth- 1830-2000 at Victory Chapel 785-240-6499

AWANA

Meets Sundays, see calendar

1530-1700 Victory Chapel



Protestant Women of the Chapel

(PWOC) Weekly Tuesday Meetings at Victory Chapel 0900-1130 & 1830-2030

Morning Childcare Provided.

For more information email rilevpwoc@gmail.com or Facebook "Fort Riley PWOC"



Weekly Wednesday Meeting at St. Mary's Chapel 0900-1130

Childcare provided. For more information email fortrileycwoc@gmail.com

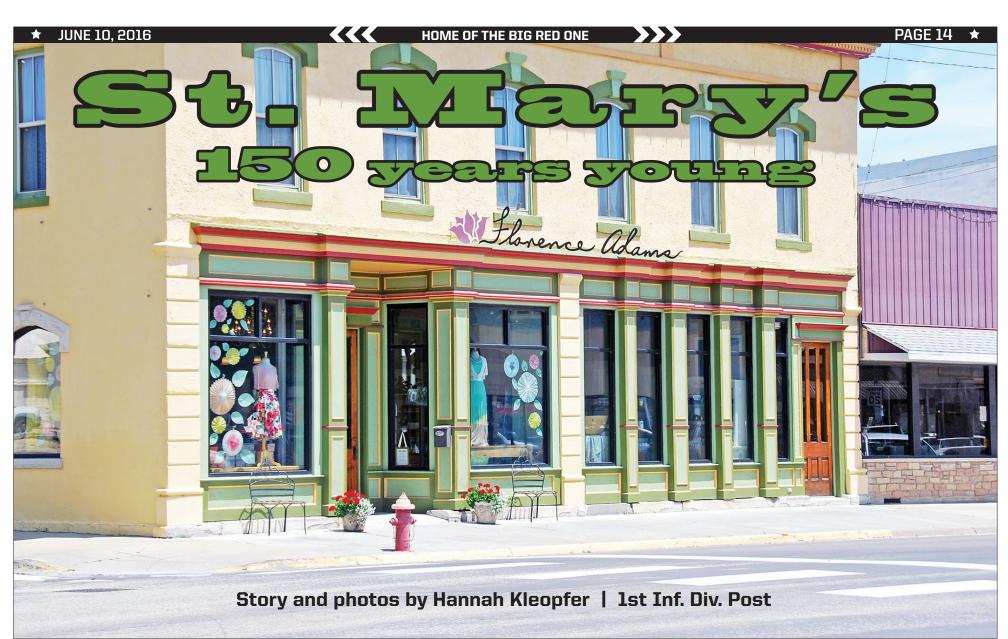
or Facebook "Fort Riley CWOC"



HOME OF THE BIG RED ONE

JUNE 10, 2016 | 13

Travel & Fun in Kansas



Located on Hwy 24 and in the heart of the Kaw Valley is the small town of St. Mary's, Kansas. Named after the St. Mary's Catholic Mission in 1866, the town is home to the historic St. Mary's University, which houses a high school and college. The stone and iron gates of the campus greet visitors coming in from the east on Hwy 24.

The main street of St. Mary's is a great stop for food and shopping. The family-owned boutique Florence Adams has clothing for fashionistas as well as unique home appliances. Across the street is MJ's Coffee and Gifts. The local coffee shop is an option for those passing through and visiting who need their cup of joe in a friendly and laid back setting.

There are great parks for families to stop and enjoy some playtime and a picnic. Riverside Park holds a community swimming pool, skating facilities and baseball fields. The Hill School Flats Park is great for all ages as it has a playground, basketball court and picnic tables for a break from a day spent wandering around town. Union Pacific Park is named in honor

Riverside Park is a choice stop for visitors to rest their heads as it also doubles as an RV and campsite location.

The town also features great stops for history lessons, starting with the Indian Pay Station and Museum. The original building, built in 1857 and the oldest building in Pottawatomie County, is on the National Historic Register. The museum is open from 1 to 4 p.m. daily from Memorial Day weekend to Labor Day weekend. In Union Pacific Park, another piece of town history can be found. The old fire and curfew bell sits in the park facing Hwy 24, and can be seen from the road as drivers pass through town.

Some great times to check out St. Mary's is during the Flint Hills Shakespeare Festival. The community hosts two weekend events during the September festival. Visitors can enjoy local food, hand crafted arts and classic entertainment in St. Mary's forest.

For more information on visiting, go to www.saintmarys.com.

of the railroads and features a playground and ABOVE: The family-owned boutique Florence Adams has clothing for fashionistas as well as unique home appliances. BELOW: The Union Station park has information for visitors on the historic sites of St. Mary's, Kansas. The vibrant community bustles with places to dine and shop.





The old fire and curfew bell sits in the Union Station park facing Hwy 24 and can be seen from the road as drivers pass through St. Mary's. Established 150 years ago, St. Mary's features great stops for history lessons, starting with the Indian Pay Station and Museum. The original building, built in 1857 and the oldest building in Pottawatomie County, is on the National Historic Register.