

Soundoff!

PUBLISHED IN THE INTEREST OF THE FORT MEADE COMMUNITY

THURSDAY, MAY 19, 2016 | 68th Year Number 19
FTMEADE.ARMY.MIL



Play Ball!

Orioles visit Meade, teach baseball to youths **PG 10**

Baltimore Orioles All-Star hurler Darren O'Day shows youngsters how to catch and pitch during a two-hour baseball clinic for about 75 children enrolled in Fort Meade's Child, Youth and School Services on Saturday at the Youth Sports Complex. O'Day was joined by All-Star pitcher Zach Britton and former Orioles Al Bumbry and Rick Krivda.

PHOTO BY STEVE RUARK

'YOU GET YOUR LIFE BACK'

TIP makes commuting affordable, enjoyable

PAGE 3

UPCOMING EVENTS

Sunday, 2:30 p.m.: Memorial Day/Massing of the Colors - Pavilion

Wednesday, 9 a.m.-2 p.m.: Community Job Fair - Club Meade

Wednesday, 11:30 a.m.: Asian American Pacific Islander Heritage - McGill

May 26, 10 a.m.-1 p.m.: Safety, Health, Wellness & Resiliency Expo - Pavilion

MASSING OF THE COLORS

Annual ceremony this Sunday at Pavilion

PAGE 8

Soundoff!

EDITORIAL STAFF

Garrison Commander

Col. Brian P. Foley

Garrison Command Sergeant Major

Rodwell L. Forbes

Public Affairs Officer

Chad T. Jones 301-677-1301

Chad.T.Jones.civ@mail.mil

Chief, Command Information

Larry Whitley Sr. 301-677-5602

Larry.Whitley.civ@mail.mil

Editor

Ganesa R. Robinson 301-677-6806

Ganesa.R.Robinson.civ@mail.mil

Assistant Editor & Senior Writer

Rona S. Hirsch 301-677-1438

rhirsch@tribpub.com

Staff Writer

Lisa R. Rhodes 301-677-1432

lrhodes@tribpub.com

Staff Writer

Alan H. Feiler 301-677-5159

afeiler@tribpub.com

Design Coordinator

Timothy Davis 301-677-1431

trdavis@tribpub.com

Supplemental photography provided

by The Baltimore Sun Media Group

DEADLINES

Community notices

Friday, noon

rhirsch@tribpub.com

CIRCULATION

If you would like information about receiving Soundoff! on Fort Meade or are experiencing distribution issues, call 877-886-1206 or e-mail TP@baltsun.com.

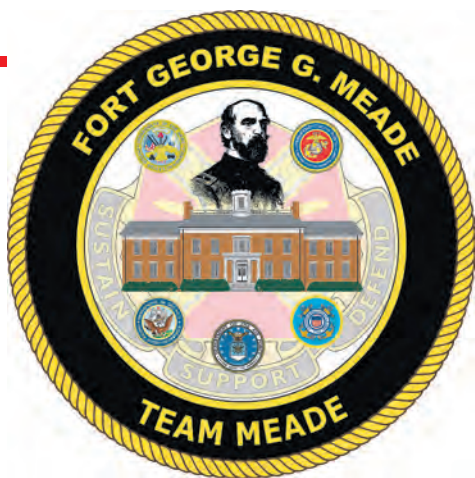
Office hours are Monday through Friday, 8 a.m. to 4 p.m., and Saturday through Sunday, 8 a.m. to noon.

Printed by offset method of reproduction as a civilian enterprise in the interest of the personnel at Fort George G. Meade, Maryland, by The Baltimore Sun Media Group, 501 N. Calvert St., Baltimore, MD 21278, every Thursday except the last Thursday of the year in conjunction with the Fort Meade Public Affairs Office. Requests for publication must reach the Public Affairs Office no later than Friday before the desired publication date. Mailing address: Post Public Affairs Office, Soundoff! IMME-MEA-PA, Bldg. 4409, Fort Meade, MD 20755-5025. Telephone: 301-677-5602; DSN: 622-5602.

Everything advertised in this publication must be made available for purchase, use or patronage without regard to race, creed, color, national origin, marital status, handicap or sex of purchaser, user or patron. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source.

Printed by The Baltimore Sun Co., LLC, a private firm, in no way connected with the Department of the Army. Opinions expressed by the publisher and writers herein are their own and are not to be considered an official expression by the Department of the Army. The appearance of advertisers in the publication does not constitute an endorsement by the Department of the Army of the products or services advertised.

Guaranteed circulation: 12,339



www.ftmeade.army.mil
or ftmeadesoundoff.com

JOIN THE CONVERSATION



Like - facebook.com/ftmeade



Follow - twitter.com/ftmeademd



View - instagram.com/ftmeademedi



View - flickr.com/photos/ftmeade



Watch - youtube.com/FortMeadeMD



Get text alerts from Fort Meade
by texting "Follow FtMeadeAlert"
to 40404

ADVERTISING

General Inquiries 410-332-6300

advertise@baltsun.com

Death Notices: 410-332-6781

deathnotices@patuxent.com

COMMANDER'S COLUMN - GUEST

On TAP for retirement

Congress mandates that all transitioning — voluntarily or involuntarily — military service members complete the Transition Assistance Program.

The Army's Transition Assistance Program is the Soldier for Life-Transition Assistance Program. SFL-TAP was formerly known as the Army Career and Alumni Program.

The lack of "actionable intelligence" about the transition process is one of the greatest challenges for separating Soldiers or Soldiers considering separation.

To be effective, intelligence must be accurate and timely. If actionable intelligence is not available at the moment of need, it does little good. And the value of the intelligence can often deteriorate if discovered after the fact or very late in the process.

The Army's directive that Soldiers formally enter the SFL-TAP beginning at least 12 months prior to separation is designed to provide actionable intelligence before critical life and career-impacting decisions are made.

Potential retiring Soldiers may start SFL-TAP 24 months in advance. ETS Soldiers may start 18 months prior to separation.

Commanders of Soldiers being considered for involuntarily separation are directed to enroll Soldiers in SFL-TAP immediately upon determining that involuntary separation may be a possibility.

There are several reasons why Soldiers don't start SFL-TAP in a timely manner. First, they don't know. Separating from the military is not an experience that occurs until it occurs. Therefore, the Soldier has no frame of reference.

Additionally, since the Soldier's supervisor is most likely not separating, often no one in the immediate chain of command has awareness about how the process



George Matthews

TRANSITION
SERVICES
MANAGER

works.

Another reason Soldiers don't start the process on time is the false belief that beginning SFL-TAP dictates they leave the military. This is absolutely not true. The separation/retirement process is officially an activity between the Human Resources Command and the Soldier.

Only HRC approves the Soldier's departure from the military. A Soldier starting SFL-TAP triggers no action by HRC. Thousands of Soldiers have started the

SFL-TAP but ultimately decided to remain on active duty.

In many cases, the decision to remain on active duty directly resulted from information discovered while in SFL-TAP.

SFL-TAP provides actionable intelligence on several key topics. One of those topics is Veterans Affairs benefits. Former service members will be veterans for the rest of their lives, and there are key benefits they need to be aware of.

VA benefits include health care, G.I. Bill, home loans, employment assistance platform, and VA disability payments.

The VA provides a six-hour benefits briefing as part of the mandatory SFL-TAP requirements.

There's also a team of VA benefits advisors on Fort Meade who will gladly speak with service members one-on-one about benefits. The team also will visit units upon request.

Finally, there are folks on Fort Meade who will personally assist with the challenging task of filing a VA disability claim. Filing a VA disability claim can be cumbersome and frustrating when going it alone.

Veterans Service Organizations provide trained staff to assist with this process and in some cases file the claim. This is a piece of actionable intelligence that Soldiers should have sooner rather than later.

Commander's Open Door

Garrison Commander Col. Brian P. Foley has an open door policy.

All service members, retirees, government employees, family members and community members age 18 or older are invited to address issues or concerns to the commander directly by visiting Foley's office on Mondays from 4 to 6 p.m. at garrison headquarters in Hodges Hall, Bldg. 4551, Llewellyn Avenue.

Visitors are seen on a first-come, first-served basis. No appointment is necessary.

For more information, call 301-677-4844.

Safety expo launches '101 Critical Days of Summer Safety'

BY INSTALLATION SAFETY OFFICE

The Installation Safety Office will host its annual Safety, Health, Wellness and Resiliency Expo on May 26 from 10 a.m. to 1 p.m. at the Pavilion, located at the corner of Llewellyn and Chisholm avenues.

The free event launches the military's campaign for "101 Critical Days of Summer Safety" and will feature a variety of vendors with displays, demonstrations and literature promoting workplace, recreational, health and wellness summer safety tips.

"This safety event is prime time for those in attendance to get a large dose of safety awareness," said Aaron Rowell, Occupational Health and Safety specialist at ISO. "A variety of vendors will be on hand to promote workplace and recreational safety, health and wellness tips, along with raffles and free giveaways."



FILE PHOTO

The drunk driving simulator is just one of the many features of the Safety, Health, Wellness and Resiliency Expo May 26.

Jenelle Ferguson, Occupational Health and Safety specialist, encourages everyone to attend so they can participate in the many interactive activities, providing safety awareness for work and home.

Interactive activities include a drunk

driving and texting simulator exposing the dangers of drunk and distracted driving. The simulator consists of a car wired with computers that simulates what it is like to drive under the influence or to text and drive.

Attendees will have the opportunity to sit in a real car and operate the wheel and pedals, while wearing goggles that simulate the view of distracted drivers.

The Directorate of Emergency Services' Traffic Division will provide different activities to test participants' maneuvering skills (driving and walking) while wearing Fatal Vision Goggles.

Fire and Emergency Services will provide a training simulator for handling fire extinguishers. Army Community Service will provide a host of vendors offering information on matters dealing with money.

Local, state, federal agencies and private vendors will offer a wide range of

information through demonstrations, equipment and displayed training.

Exhibits include: Blood pressure and vision screenings; motorcycle safety awareness; home fire-safety awareness; alcohol and drug awareness; personal protective equipment; lighting; safety signs; fall protection; recreation safety; fitness; boat/water safety; suicide prevention; environmental; occupational health; audiology; and nutrition.

The resiliency exhibits will provide tips to show how to stay safe, healthy and resilient during and after duty hours as well as financial readiness information.

This "one-stop shop" expo is a great way to receive a variety of safety information and an excellent opportunity to meet many resources available at Fort Meade.

Editor's note: For more information about this event, call the Installation Safety Office at 301-677-4867 or 301-677-6241.

'You get your life back'

TIP provides incentives for commuting to Fort Meade

BY ALAN H. FEILER

Staff Writer

Seven years ago, Mick Butler grew tired of driving to work from his home in the Harford County community of Abingdon, a distance of more than 40 miles.

"I was sick of all the road construction at that time around White Marsh and the accidents and delays, and gas prices were just getting too expensive," said Butler, chief of the Environmental Division at Fort Meade's Directorate of Public Works. "I just wanted to save a little money and some wear and tear on my car."

So Butler signed up for the Transportation Initiative Program, enabling him to take the Maryland Area Regional Community Train Service's Penn Line from the Edgewood Station in Harford County to the Odenton station, a five-minute drive to Fort Meade.

Thanks to TIP, Butler said he has a better quality of life — not to mention that the program covers his monthly fee of \$216 to ride the MARC train.

"With the train, you get your life back," he said. "You can do work if you need to, check your emails, pleasure read, catch up with people on the phone. It's very beneficial. People can de-stress and get a

pay raise. You see a lot of savings."

Created and overseen by DoD, TIP currently provides up to \$255 per month for commuters to help defray costs for mass transit via bus, train (including light rail and subway), shuttle bus, some van pools and other forms of mass transportation.

The new monthly allotment amount went into effect Jan. 1. TIP is not available for parking or other incidental costs.

"The ultimate goal of every [garrison] commander since I've been here is to reduce congestion and to increase mass transit usage," said Russell Riley, Fort Meade's mass transit coordinator and TIP manager, who has worked on post since 1982.

Reduce Congestion

TIP is part of the federal government's Mass Transportation Benefit Program, which was signed into law by President Bill Clinton in April 2000, as part of Executive Order 13150. The program is designed "to reduce federal employees' contribution to traffic congestion and air pollution, and to expand their commuting alternatives," according to the order.

TIP is available to DoD employees, active-duty service personnel, and Reserve and National Guard members.

Contractors, military retirees, dependents and most Nonappropriated Fund personnel are not eligible.

Riley, who himself is enrolled in the

program, said 110 post employees currently participate in TIP. The highest number of TIP participants at Fort Meade was around 200 a few years ago, he said.

Riley personally screens all Army and DoD applications for TIP and forwards the information to DoD.

The National Security Agency and the Defense Information Systems Agency manage their own TIP programs, as do the Navy/Marines and Air Force.

"We've had higher numbers in the past, but people come and go," Riley said. "People leave [Fort Meade] and get out of the program. We'd like to have more people in it. It's a personal preference, but we want more people to know it's available so they can choose if they want to use it."

Riley said TIP participants on post commute from Baltimore, Washington, D.C., Pennsylvania, Delaware and Virginia, mostly on the MARC service.

'Like A Monthly Pass'

TIP users must fill out an application, which bases the monthly allotment on one's current commuting expenses and schedules for traveling to the installation. Users receive a yearlong debit card, which is updated monthly at transportation ticketing and information centers.

"It's like you're given a monthly pass," Riley said. "You show them the debit card and they basically give you a pass to get on the train or bus, etc."

Riley said TIP participants must have an exit strategy meeting with him before leaving the program.

New applications must be submitted to Riley by the 25th day of every month. Funds will normally be placed on the card by the 10th day of the following month.

"Once you're in the program, you're in it," Riley said. "But once you leave an installation, you have to get a new card [at one's next place of federal employment]."

At orientation seminars, Butler said he frequently encourages Fort Meade newcomers to take advantage of TIP.

"Some people like to drive to work because they like to be entertained in the car by the radio," he said. "A lot of people could easily drive to a MARC station and come into work, but they don't. There's an anxiety about taking the train — 'Will I catch the right train? Is this the right place?'"

"They should reconsider it, because after a while it all becomes second nature," Butler said. "You lose your life in your car. Why not be productive instead on your way to work?"

"This gives you a nice balance between your personal life and your professional life. I'd always recommend it."

Editor's note: For more information about TIP, contact Russell Riley at 301-677-5813 or email Russell.l.riley@conus.army.mil or Russell.rileyciv@mail.mil.

Soldiers may visit www.asafm.army.mil/rabp/masstrans/masstrans.asp while DoD civilians may visit www.dtic.mil/ref/html/MassTransitProg.pdf.

Bike To Work Day



FILE PHOTO

Friday's Bike to Work Day event is just one of many parts of the Transportation Initiative Program that provides incentives for commuters to Fort Meade.

Bike to Work Day is Friday. The free event is part of National Bike Month.

Within the Meade area, three sites have been designated as pit stops for participants to gather between 7 and 8 a.m.:

■ **Arundel Mills near Best Buy, 7000 Arundel Mills Blvd. in Hanover**

■ **Cafe Joe at the National Business Park, 14 National Business Parkway in Annapolis Junction**

■ **Baltimore Coffee and Tea Company, 1110 Town Center Blvd. in Odenton**

Bicyclists who gather at the Baltimore Coffee and Tea Company will be able to access Fort Meade via the sally port at the Pepper Road gate, just a five-minute ride from Odenton Town Center and the MARC station.

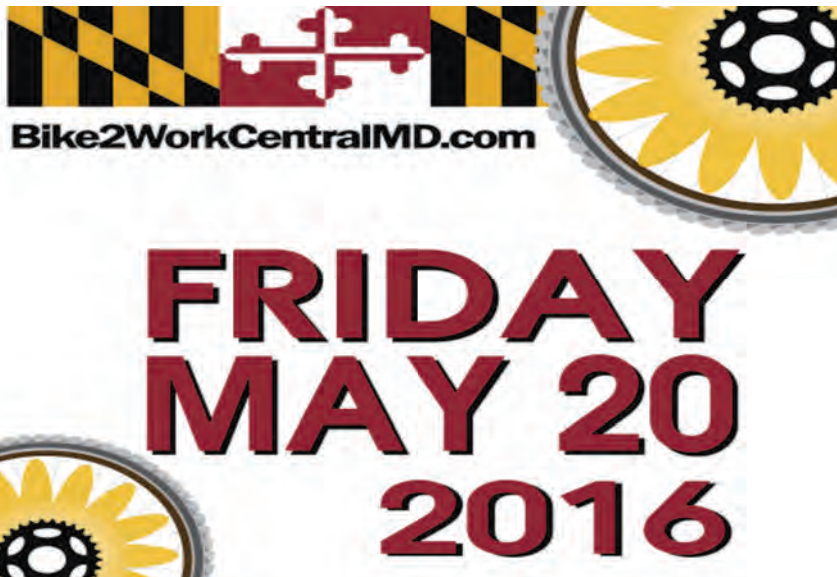
The sally port is an unmanned entryway to the installation that uses an optical scanner to check identification cards.

The Pepper Road gate is located on the southeast corner of Fort Meade near the Range Control off Route 175 and adjacent to Route 32.

The BWI Business Partnership encourages preregistration for the event.

To preregister or for more information, visit www.Bike2WorkCentralMD.com or meaderide.com.

Editor's note: See Page 3 for information on the Transportation Initiative Program and the incentives offered for commuting to Fort Meade.



Tearing down to build up

PHOTOS BY BRYAN C. SPANN



Garrison Commander Col. Brian P. Foley operates the machinery Friday during the beginning of demolition of Brett Hall and Trott Hall. The facilities will be replaced by two new apartment buildings operated by Corvias Military Living.



The demolition of the old barracks outside Reece Crossings began Friday. The Fort Meade command team, which includes Garrison Commander Col. Brian P. Foley (pictured exiting the excavator), Garrison Command Sgt. Maj. Rodwell L. Forbes and Deputy Garrison Commander John Moeller, were on hand.

Army cyber Soldiers, NCOs develop in dynamic cyberspace domain

BY MIKE MILORD
Army.Mil

FORT BELVOIR, Va. — U.S. Army Cyber Command and Second Army Command Sgt. Maj. William G. Brunts met with Soldiers of ARCYBER's Headquarters and Headquarters Company on April 28 to conduct noncommissioned officer leadership and professional development.

The event was one of several in which Brunts talked with ARCYBER Soldiers and NCOs at Fort Belvoir and at Fort Meade about what is expected of Army leaders, guidelines for training and promotion, and providing mentorship to Soldiers. The NCOs also discussed planning for their future, as well as the future of ARCYBER.

Currently, the active Army is on target to establish 41 trained cyber protection teams by 2018, with an additional 21 teams between the Army National Guard and Army Reserve.

These teams will require Soldiers to

have completed the new Military Occupational Specialty Series 17, cyber operations, in addition to possessing the necessary security clearance and technical certifications.

To help the Army achieve its overall cyber goals and better track, manage and develop the careers of Soldiers with unique cyber skills, the Army created an "E4" additional skill identifier.

Cyber Soldiers will be able to access expanded cyber educational programs, including training with industry, fellowships, certification programs, civilian graduate education, and interservice education programs.

The Army also is working to balance transition throughout the force and provide for the highest level cyber Soldiers, while ensuring opportunities for professional growth and promotion. That means that Soldiers need to plan for the right level of professional military education so they are competitive when they meet their promotion boards.



PHOTO BY MIKE MILORD

U.S. Army Cyber Command and Second Army Command Sgt. Maj. William G. Brunts talks to cyber noncommissioned officers in a professional development event at Fort Meade on April 28.

Medical Orders for Life Sustaining Treatment is part of end-of-life plan

BY JANE M. WINAND
Legal Assistance Attorney

The Legal Assistance Division of the Fort Meade Office of the Staff Judge Advocate prepares estate planning documents including wills and advance directives to help meet clients' end-of-life planning needs.

Maryland residents should consider meeting with their Maryland-licensed doctor or nurse practitioner to complete Maryland's Medical Orders for Life Sustaining Treatment as part of a comprehensive end-of-life plan.

The MOLST is a two-page medical order expressing a patient's current preferences for life-sustaining treatments like artificial ventilation. The Maryland Legislature passed the MOLST in 2011 to replace the Maryland EMS DNR order form and the Life-Sustaining Treatment Options form.

Since July 1, 2013, civilian health-care facilities in Maryland other than hospitals have been required to accept, update if appropriate, and complete the MOLST for each patient they admit. Maryland civilian

hospitals must accept, update if appropriate, or complete a MOLST during a patient's inpatient stay if the patient will be transferred to another Maryland civilian health-care facility.

In addition, patients can request that a civilian health-care facility in Maryland complete a MOLST. Generally, the Maryland civilian health-care facility must supply the patient with a copy of the completed and signed MOLST within 48 hours.

Patients do not have to complete a MOLST form, but civilian Maryland health-care facilities will probably offer to complete one. If a patient chooses not to complete a MOLST, the doctor must check a box on the form indicating that the patient does not wish to participate in the MOLST.

An advance directive and MOLST differ in key ways. An advance directive is a legal document completed in consultation with a lawyer that expresses an individual's preferences and desires regarding different types of life-sustaining treatment. But medical staff require medical orders before

they can implement a patient's wishes for end-of-life care as expressed in an advance directive.

The MOLST is designed to accurately translate the advance directive's legal language into the medical language of a valid medical order that medical personnel can then use to treat a patient. The medical orders on the MOLST must be consistent with the advance directive.

If a patient will likely be treated in a Maryland civilian hospital, the patient should consult with a doctor or nurse practitioner licensed in Maryland to ensure that the medical orders in the MOLST accurately track the wishes in the advance directive.

To be valid, the MOLST form must be completed and signed by a doctor or nurse practitioner licensed in Maryland.

The medical official must complete the MOLST in consultation with the patient or, if the patient is incapacitated, with the patient's agent as designated in the advance directive.

If the patient does not have an advance directive, the medical official may consult

with the patient's surrogate, who is a guardian, spouse, child, parent, relative or friend of the patient.

Valid MOLST forms may be originals, copies or faxes. MOLST orders do not expire but should be updated regularly.

To update the MOLST, the medical official must void the current MOLST and complete a new one. Health care facilities must obey the orders in the most recent MOLST.

Many states have a document similar to the MOLST. These documents are based on the Physician Orders for Life Sustaining Treatment form.

For more information about the MOLST and to download the MOLST form, see www.marylandmolst.org.

Information about the POLST and end-of-life care in states other than Maryland may be obtained at polst.org.

For more information about end-of-life planning, including completing a will and advance directive, schedule an appointment with a Fort Meade Legal Assistance attorney by calling 301-677-9504 or 301-677-9536.



Massing of the Colors celebrates the flag

FORT MEADE PUBLIC AFFAIRS OFFICE

A stunning procession of color guards representing military and civic organizations, music performances, a drill team demonstration and prominent speakers are all part of the upcoming Massing of the Colors.

The Fort Meade Memorial Day Remembrance and 30th Annual Massing of the Colors will be held Sunday at 2:30 p.m. at the Fort Meade Pavilion at Llewellyn Avenue.

The free ceremony is open to the public.

Hosted by the Military Order of World Wars, the Massing of the Colors is a colorful, patriotic ceremony honoring the flag and the men and women who have served the nation are remembered.

The 90-minute event features color guards bearing national, state and organizational flags from military and ROTC units, police and fire departments, military, veterans service and patriotic organizations, and members of Boy Scout and Girls Scout troops from the local community.

Returning as grand marshal and keynote speaker is Navy Adm. Michael S. Rogers, commander of U.S. Cyber Command, director of the National Security Agency and chief of the Central Security Service.

The welcoming address will be delivered by retired Col. Kenneth O. McCreedy, former garrison commander who is now the senior director for Cyber and Aerospace Business and Economic Development in the Maryland Department of Commerce.

Retired Navy Cmdr. Robert F. Hartman II will deliver the Preamble. Garrison Chap-

The Llewellyn Avenue gate at Route 175 will be open for access to the Pavilion. No access to the installation will be available from this access point.

lain (Lt. Col.) David E. Cooper will offer the "Blessing of the Colors."

Bagpiper James Ebert will lead the official party to the stage.

The ceremony will feature a concert by the U.S. Army Field Band & Soldiers' Chorus as well as a performance by the Old Guard Fife and Drum Corps, which will demonstrate precise marching to patriotic music.

Among those in attendance will be members of the Gold Star Families, Survivor Outreach Services program also will attend. SOS is the official Army program designed to provide long-term support surviving families of fallen service members.

The procession of color guards will be led by the U.S. Armed Forces, Military District of Washington.

Participating color guards representing the armed forces include: the Defense Information Systems Agency, the Defense Information School, Headquarters Command Battalion, 704th Military Intelligence Brigade and the Baltimore Area Coast Guard.

In addition, color guards from the Junior Reserve Officers' Training Corps include Co. Zadok Magruder High School, Eastern High School and Seneca Valley High School.

Among the veterans organizations are the Military Order of the World Wars; Military



FILE PHOTOS

Officers Association of America, Fort Meade Chapter; Military Officers Association of America, Baltimore Chapter; Veterans of the Battle of the Bulge; VFW Post 304; VFW 327; American Legion Federal Post 19; American Legion Laurel Post 60; Fleet Reserve Association Branch 24; and Jewish War Veterans.

Various civic associations represented include the Maryland State Police, Annapolis Police Department, Anne Arundel County Police and Knights of Columbus, William S. Benson, Assembly #381.

Refreshments will be served after the ceremony.

JIBBER JABBER - OPINION

Ohhh, what a day

After providing a glimpse into the dark side of Little League baseball and sportsmanship last week, it's fitting, and journalistically appropriate, to show off the other side of the game — the side seen most of the time, but rarely talked about.

I'm talking about the fun.

Rain and swampy fields may have kept our Fort Meade Cougars from playing its scheduled game on Saturday, but thanks to a temporary break in the clouds, a Herculean effort by the CYSS staff, and the Baltimore Orioles, the day turned out OK.

Hold up, I'm lying. The day wasn't OK. It was absolute fire.

As late as Friday afternoon, the Birds' annual migration to Meade for its Youth Baseball clinic was in jeopardy due to our infields being so mucky that we had a wildlife convention at second base, not unlike the convention folks saw in Nevada.

But as the family and I arrived at the Youth Sports Complex on Saturday morning, it was obvious Hunter Davis and his CYSS staff put in some serious work transforming the soccer fields into our little Camden Yards.

Half-an-hour later, about 75 kids gathered around Garrison Command Sgt. Maj. Rodwell Forbes and Sgts. Trotter and O'Rourke for some stretching. I was dominating the kids in a game of "Simon Says" when the players showed up.

All-Star pitchers Darren O'Day and Zach Britton were the headliners along with former pitcher Rick Krivda and former coach Al Bumbry. The Orioles spent the last



Chad T. Jones

PUBLIC AFFAIRS
OFFICER

two nights thwarting the Tigers' efforts at winning, and now they were at the nation's Center for Information, Intelligence and Cyber Operations teaching our kids how to play winning baseball.

There were hitting drills, fielding drills, running drills and some tossing, but the theme to everything was fun.

And that's before "The Bird" rolled in on a green gator.

As someone who has coached little kids for the better part of seven years, I know how impossible it is to keep a child's attention. So I have no idea how the coaches, aided by players from Meade High's softball and baseball teams, were able to teach anything with a 7-foot bird roaming around whistling at the ladies and harassing anyone and everyone.

As if the clinic wasn't enough, the Orioles provided each kid with a hat, shirt and two tickets to Saturday night's game against the Tigers. The boys and I rolled up to our seats during the second inning. There we were greeted by a handful of our fellow Cougars and several of the other kids at the clinic.

Watching the kids watching their heroes is always fun, but what I've always loved about coaching Little League is watching the players hang out and joke. They had a dance-off to see who could get the most time on Jumbotron, cheered for their favorite condiment in the hot dog race, and followed the twisting crabs.

They ate, drank, made boy noises (and smells), and laughed. I posted a photo of some of my Cougars cutting it up in the stands.

A few moments later, Sam — my brother and mentor in all things baseball — commented: "Now that's coaching."

I couldn't agree more.

I also couldn't help but think back to a phone call a few years back between my former boss, Col. Rothstein, and Orioles owner Peter Angelos.

"I'm going to give you 10,000 tickets," Mr. Angelos screamed over the phone.

Thanks to temperance and long-term planning, we're still marching toward 10K, but after having a box seat to Fort Meade's Little League Saturday, it was obvious that our hometown O's have already given us so much more.

If you have comments on this or anything to do with sports, contact me at chad.t.jones.civ@mail.mil or hit me up on Twitter @CTJibber.



PHOTO BY STEVE RUARK

Orioles All-Star pitcher Zach Britton provides instruction during the baseball clinic for Meade youths Saturday.

SPORTS SHORTS

Strong B.A.N.D.S. Group Fitness Challenge

Take the Group Fitness Challenge at Gaffney Fitness Center in May and you could win a 2016 Strong B.A.N.D.S. T-shirt.

To compete, take any of the group fitness programs in one week.

Participants must be authorized patrons of Gaffney and ages 18 or older.

For more information, call 301-677-3716.

Wellbeats free classes

Experience a lineup of Wellbeats virtual group fitness classes every Friday in May at Gaffney Fitness Center.

The free classes are offered from 9 a.m. to noon or 1-4 p.m.

All classes are suitable for all levels as modified, basic and advanced variations of movements and exercises are given.

Participants must be authorized patrons of Gaffney and ages 18 and older.

Participants will receive a strong band and be entered in a drawing for a T-shirt.

For more information, call 301-677-3716.

Armed Forces Free Bowling

The Lanes at Fort Meade will offer Armed Forces Free Bowling on Saturday from noon to 5 p.m.

Unlimited free bowling and shoe rental will be provided to active-duty military ID cardholders and family members.

Two free games and shoe rental will be provided to retired military ID cardholders and family members.

A 100 percent ID check will be in effect. For more information, call 301-677-5541.

Free water aerobics

A free water aerobics class will be offered Wednesday from 5:30-6:15 p.m. at Gaffney Fitness Center.

For more information, call 301-677-2349 or 301-677-3716.

Zumbathon

A free Zumbathon will be held June 3 from 5-7 p.m. at Gaffney Fitness Center.

For more information, call 301-677-2349 or 301-677-3716.

Youth Sports spring, fall registration

Registration is underway for summer and fall Youth Sports.

Summer sports include: beach volleyball, NFL Flag Football, "Ready, Set, Run" and indoor cart racing.

Fall sports include: volleyball, NFL Flag

Football, NFL Flag cheerleading, soccer, tennis and "Ready, Set, Run."

To register, go to the Child, Youth and School Service' Youth Sports & Fitness Office, 1900 Reece Road.

For more information, call 301-677-1329 or 301-677-1179 or go to meade.armymwr.com.

24-hour fitness facility at Murphy Field House

Murphy Field House is offers unmanned extended hours after normal operating hours.

Murphy is open to authorized registered patrons ages 18 and older to utilize the cardio equipment and Nautilus weight machines.

The free weights, basketball and racquetball courts are NOT open during unmanned hours.

The facility is unmanned, so exercise responsibility and come with a buddy.

Murphy is fully equipped with surveillance cameras. All users will be monitored at all times while in the facility.

Registration is required to gain access to the facility by fingerprint reader.

Pick up a registration form at Gaffney Fitness Center or Murphy Field House and submit the completed form to the facility in advance so your information is in the system when you come for your appointment at Gaffney to enter your fingerprint for entrance to the facility.

Schedule an appointment for registration for 24/7 access.

For more information, call 301-677-3867.

Fort Meade Run Series

The 2016 Fort Meade Run Series offers themed races through December.

Each race, sponsored by Fort Meade's Directorate of Family and Morale, Welfare and Recreation, includes a 1-mile walk.

All runs start at 8 a.m. and are open to the public.

- Patriot Pride: 5/10K: Saturday, Murphy Field House

- Army Birthday 5K: June 11, Pavilion

- Football Fanfair 5K: Sept. 17, Constitution Park

- Ghosts, Ghouls & Goblins 5K: Oct. 22, Pavilion

- Turkey Trot 5K: Nov. 19, Murphy Field House

- Reindeer Run 5K: Dec. 10, Murphy Field House

Register online at meade.armymwr.com/us/meade/programs/run-series.

For more information, call 301-677-3318.



PHOTOS BY STEVE RUARK

Baltimore Orioles All-Star pitcher Darren O'Day instructs the young players on catching.



Vietnam veteran and former O's outfielder Al Bumbry teaches 7-year-old Kaden Roberts to keep his eyes on the ball.



(Back row, from left:) Baltimore Orioles pitchers Zach Britton and Darren O'Day and former Orioles pitcher Rick Krivda stand with the Oriole Bird and Fort Meade youth baseball and softball players during the one-hour clinic on Saturday at the Youth Sports Complex.

Play ball!

Orioles host clinic for Fort Meade youths

BY BRYAN C. SPANN
Public Affairs Office

Four current and former Baltimore Orioles team members made a hit with Fort Meade's youngest ballplayers Saturday, providing instruction on the game's fundamentals.

About 75 youngsters in Child, Youth and School Services' baseball and softball programs received instruction from All-Stars Darren O'Day and Zach Britton, as well as former Orioles outfielder (and Vietnam veteran) Al Bumbry and ex-pitcher Rick Krivda.

Before the clinic started, Garrison Commander Col. Brian P. Foley welcomed everyone and thanked the Orioles for their participation.

"I want to thank the entire team for their outstanding support of the U.S. military — in

particular all the service members here at Fort Meade," he said. "We are going to have a blast!"

Foley then officially began the program, announcing "Play ball!"

The one-hour clinic was divided into four stations covering base running, hitting, throwing and fielding skills.

The children, ages 10 and younger, received 15 minutes of instruction and demonstration in each skill before rotating to the next station.

This is the third consecutive year that CYSS and the Baltimore Orioles have put together an event for Fort Meade youth. Two years ago, CYSS players and coaches were part of the Orioles' Opening Day festivities, greeting players on the field and giving participants the opportunity to run the bases.

Last year, O'Day, Britton and former Orioles

pitcher Ken Dixon came to Fort Meade for the clinic.

"It's a great opportunity for the kids," said Hunter Davis, CYSS sports director. "Members of the team come down, and you see the [Oriole] Bird, and you get a little bit jealous [of the kids who are] getting to take a picture with the Bird."

Davis said that the clinic has become an annual event, and that the Orioles get an invitation every year.

The Orioles clinic is part of the partnership with Fort Meade. On Memorial Day, Foley will throw out the first pitch.

For the fourth straight year, the Orioles are providing Fort Meade with thousands of game tickets over the course of the season.

The complimentary tickets are made avail-



Six-year-old Xavier Rodriguez (center) warms up during the baseball clinic.

able for each Baltimore Sunday home game. Tickets are distributed through Leisure Travel Services on the Thursday and Friday before each Sunday home game.

Editor's note: For more information, call Leisure Travel Services at 301-677-7354.



Six-year-old Cameron Hairston (center) hands over a ball to Orioles pitcher Zach Britton



Four-year-old Caiden O'Rourke demonstrates the catching technique taught to him by Orioles All-Star pitcher Darren O'Day.

NEWS & NOTES

The deadline for Soundoff! community "News and Notes" is **Friday at noon**. All submissions are posted at the editor's discretion and may be edited for space and grammar. Look for additional community events on the Fort Meade website at ftmeade.army.mil and the Fort Meade Facebook page at facebook.com/ftmeade.

NEWS & EVENTS

New way to submit announcements

Community members can advertise their upcoming event, meeting or class on the Soundoff! community announcements page by visiting www.ftmeade.army.mil and clicking on the Press Center tab.

Once you are in the Fort Meade Press Center, click on PA services, story or promotion request and electronic inquiry form.

Inquiry forms should be submitted at least two weeks before the date of the event, meeting or class.

VCC hours

The operating hours at the Demps Visitor Control Center are Monday to Friday from 7:30 a.m. to 9 p.m.

All individuals who do not have a DoD-issued identification card must go to the VCC for a day pass.

Visit the VCC at least 10 business days in advance to apply for a long-term access pass.

Visitors who arrive on post when the VCC is closed must be escorted on post by an authorized DoD cardholder. This includes weekends and federal holidays.

For more information, call the VCC at 301-677-1064.

To find out how to preregister, go to goo.gl/xyTzhg.

RAB meeting

The next Fort Meade Environmental Restoration Advisory Board meeting is tonight at 7 p.m. at the Courtyard Marriott, 2700 Hercules Road, Annapolis Junction.

Community members are invited.

RAB meetings are held to keep the public informed of Fort Meade's environmental cleanup and restoration program, and to provide opportunities for public involvement and open discussion.

Members of the public who would like to learn more about the restoration program or to become a RAB member are encouraged to attend.

For more information, call 301-677-7999

or visit www.ftmeade.army.mil/directorates/dpw/environment. Click on RAB link.

Bike to Work Day

Bike to Work Day is Friday. The free event is part of National Bike Month.

Within the Meade area, three sites have been designated as pit stops for participants to gather between 7 and 8 a.m.:

■ Arundel Mills near Best Buy, 7000 Arundel Mills Blvd. in Hanover

■ Cafe Joe at the National Business Park, 14 National Business Parkway in Annapolis Junction

■ Baltimore Coffee and Tea Company, 1110 Town Center Blvd. in Odenton

Bicyclists who gather at the Baltimore Coffee and Tea Company will be able to access Fort Meade via the sally port at the Pepper Road gate, just a five-minute ride from Odenton Town Center and the MARC station.

The sally port is an unmanned entryway to the installation that uses an optical scanner to check identification cards.

The Pepper Road gate is located on the southeast corner of Fort Meade near the Range Control off Route 175 and adjacent to Route 32.

The BWI Business Partnership encourages preregistration for the event.

To preregister or for more information, visit www.Bike2WorkCentralMD.com or meaderide.com.

Bike gate pass

To obtain a bike gate pass for the Pepper Road gate, call Joseph R. Shinskie, chief of physical security at the Directorate of Emergency Services, at 301-677-6618 to schedule a date to pick up the pass.

Passes will be available for pickup within two days.

Armed Forces Day/ National Police Week

The National Security Agency will celebrate Armed Forces Day and National Police Week on Saturday from 10 a.m. to 4 p.m. at the National Cryptologic Museum on Colony Seven Road off Route 32.

This year's theme is "Honor Those Who Answer the Call to Serve."

The celebration will include indoor and outdoor activities for both children and grown-ups including museum tours. Service members will serve hot dogs and drinks.

The event also will feature demonstrations by the NSA Police, K-9 unit, a SWAT armored vehicle and all-terrain vehicles. The U.S. Naval Sea Cadets will demonstrate knot-tying skills.

The Jazz Ambassadors will perform from 11 a.m. to noon and from 1-2 p.m.

Children's activities include face painting, an inflatable castle, and the chance to earn free ice cream from games and contests.

Asian American Pacific Islander Heritage observance



FILE PHOTO

In observance of Asian American Pacific Islander Heritage Month, the 780th Military Brigade and Fort Meade garrison command are hosting "Mana Polynesia" on Wednesday from 11:30 a.m. to 1 p.m. at McGill Training Center, 8452 Zimborski Ave.

The theme is "Walk Together. Embrace Differences. Build Legacies."

Admission is free.

All Fort Meade service members and civilian employees are encouraged to attend with supervisory approval and without charge to annual leave.

Administrative leave is authorized.

For more information, call Sgt. 1st Class Crawley at 301-833-6412 or Sgt. 1st Class Derrick Chambers at 301-677-6687.

For more information, go to nsa.gov or call 301-688-5849.

Massing of the Colors

The Fort Meade Memorial Day Remembrance and 30th Annual Massing of the Colors will be held Sunday at 2:30 p.m. at the Fort Meade Pavilion.

The free ceremony is open to the public. Refreshments will be served after the event.

The Llewellyn Avenue gate at Route 175 will be open for access to the installation. No access to the installation will be available from this access point.

The grand marshal and guest speaker is Navy Adm. Michael S. Rogers, commander of U.S. Cyber Command, director of the National Security Agency, and chief of the Central Security Service.

Community Job Fair

Fort Meade's Community Job Fair will be

held Wednesday from 9 a.m. to 2 p.m. at Club Meade, 6600 Mapes Road.

A free, frequent shuttle service will be available to take attendees from the Demps Visitor Control Center to Club Meade.

Individuals who do not have a Department of Defense ID card must go to the Demps Visitor Control Center at Reece Road and present a valid photo ID card or driver's license, and Social Security number.

Meet employers. Bring resumes. Dress for success!

Arrive early and anticipate lines at the Reece Road gate and job fair.

Free resume evaluation and preparation assistance service will be available.

To schedule reasonable accommodations with an American Sign Language interpreter, email jerome.duncan@maryland.gov by Friday.

The job fair is hosted by the Fort Meade Directorate of Family and Morale, Welfare and Recreation; DLLR/American Job Center;

Anne Arundel Workforce Development Corporation; Army Community Service; Navy Fleet & Family Support Center; and Soldier For Life-Transition Assistance Program.

For more information, go to dlr.maryland.gov or meade.armymwr.com, or email jerome.duncan@maryland.gov.

Farmers' market

The Fort Meade Farmers' Market is open Wednesdays from 10 a.m. to 2 p.m. through Oct. 12 at the Pavilion.

Vendors will sell a variety of fresh fruit, vegetables, flowers and breads.

The farmers' market is open to the public.

Individuals without DoD-issued ID cards must obtain a Fort Meade gate access pass from the Demps Visitor Control Center, 902 Reece Road.

Frequent visitors are encouraged to preregister for a long-term pass. You will need your driver's license or approved photo ID and be asked to provide your Social Security number at the VCC.

For more information, call 301-677-3579 or 301-252-8688.

MPT to air Vietnam War documentary

Maryland Public Television will premiere the three-hour documentary "Maryland Vietnam War Stories" on three successive weeknight evenings, Tuesday, Wednesday and May 26, as part of its multimillion dollar "MPT Salutes Vietnam Veterans" initiative.

Three years in the making, the film traces the chronology of the war through the personal stories of nearly 100 Vietnam veterans interviewed for the production.

"Maryland Vietnam War Stories" recounts the harrowing — and occasionally humorous — experiences of service members during the war and the often-moving insights of these participants some 50 years after the conflict.

For more information on the documentary or the LZ Maryland program, visit the MPT website at vietnam.mpt.org/lzmaryland/.

Safety Expo

The Installation Safety Office will host its annual Safety, Health, Wellness and Resiliency Expo on May 26 from 10 a.m. to 1 p.m. at the Pavilion, located at the corner of Llewellyn and Chisholm avenues.

The free event kicks off the military's campaign for "101 Critical Days of Summer Safety" and will feature a variety of vendors with displays, demonstrations and literature promoting workplace, recreational, and health and wellness summer safety tips.

For more information, call the Installation Safety Office at 301-677-4867 or 301-677-6241.

Water flushing to begin

On Monday, American Water will begin its annual Water Main Flushing Program.

The purpose of the program is to provide the best quality water available to customers by removing any buildup of sediment that may have occurred in the water lines.

Flushing may result in some temporary discoloration and the presence of sediment in the water. These conditions are not harmful and should be of very short duration.

During the hours between 8 a.m. and 4 p.m., limit your use of water to help prevent discolored water reaching service lines to your residence.

If you notice an increase in discolored water at your residence, flush all faucets inside for 15 minutes. If the water does not clear up, contact the Water Treatment Plant at 443-591-0909.

This number is monitored daily 24/7.

Areas that may be affected from planned flushing from Monday through June 3 are:

- Mapes Road between O'Brien Road and Zimborski Avenue
- 6th Armored Cavalry Road
- O'Brien Road between Mapes Road and Dutt Road
- Grant Road
- Simonds Street between O'Brien Road and Zimborski Avenue
- Zimborski Avenue
- York Avenue
- Dutt Road
- Cain Circle

Streets adjacent to Cooper Avenue, Mapes Road and Rock Avenue may see a temporary change in their water during flushing activities.

Signs will be posted ahead of any flushing activities to notify customers of flushing activities.

Barbecue at The Lanes

The Lanes at Fort Meade offers summer Wednesday barbecue.

Menu includes chicken or ribs on Wednesday.

Cost is \$9.

For a complete menu or more information, call 301-677-5541 or go online at meade.armymwr.com.

Retirement luncheon

A civilian retirement luncheon for retired Col. Bert L. Rice, director of transformation at Fort Meade, will be held May 31 at 11:30 a.m. at Club Meade.

The event celebrates Rice's 40 years of federal service.

Dress is duty uniform for service members and business attire for civilians.

Reservations are required by Wednesday. Call 301-677-4844 or email Pamela.r.miskel.civ@mail.mil.

Post library update

Due to an unavoidable technological upgrade by the Army MWR Library Program, patrons of Fort Meade's Medal of Honor Memorial Library will experience intermittent interruptions in service.

That includes borrowing; updating and changing patron record information including PINs; electronic access; and non-availability of newly released material for the next several weeks.

The post library and the Children's Library at Kuhn Hall will maintain regular business hours, but all services may not be available or may be limited for brief periods of time. This does not include faxing, scanning and patron computers.

For more information, call the post library at 301-677-5522 or 301-677-4509.

Change in service at Club Meade

The Brass Lounge at Club Meade is now open for dinner on Thursdays, Fridays and Saturdays from 4-8 p.m.

Club Meade will remain open for lunch service on Tuesdays, Wednesdays and Thursdays from 11 a.m. to 1:30 p.m. and now offers a variety of international-themed buffets that vary daily including an Italian buffet today, an Indian buffet on May 26 and a Korean buffet on May 31.

Cost is \$7.95 for members and \$8.95 for nonmembers.

For more information, call 301-677-6969.

National Museum of Health and Medicine

The National Museum of Health and Medicine, located at 2500 Linden Lane in Silver Spring, features hundreds of artifacts on display that take visitors on a journey through the history of military medicine. As visitors walk from gallery to gallery, they can see just how far military medicine has come through innovations that have also contributed to civilian medicine.

On Tuesday at 6 p.m., Air Force Col. Todd Rasmussen, director of the Department of Defense Combat Casualty Care Research Program headquartered in Frederick, will share how the program optimizes the survival and recovery of U.S. service members in current and future operational scenarios, with a focus on treating bleeding control and traumatic brain injury.

Rasmussen, a decorated vascular surgeon, will review the evolution of U.S. battlefield medicine and how war-fighter care has developed over the decades.

Rasmussen also will discuss products and innovations that have helped treat and prevent traumatic brain injuries, which are a major concern on the battlefield and can affect the service member over a long-term basis.

NMHM's Medical Museum Science Cafes are a regular series of informal talks that connect the mission of the Department of Defense museum with the public.

For more information on upcoming events, call 301-319-3303 or visit medicalmuseum.mil.

Colonial Williamsburg free admission

On Memorial Day weekend, Colonial Williamsburg honors service to America with free admission tickets for active-duty military, Reservists, retirees, veterans, National Guardsmen and their dependents, made possible through a \$100,000 grant from the Home Depot Foundation.

The free ticket includes admission to more than 40 historic trades and sites, the military encampment, and the art museums of Colonial Williamsburg.

The service member need not be present, and free Honoring Service to America tickets will be provided to dependent family members of currently deployed troops with appropriate identification.

Veterans who separated before retirement can bring a copy of their honorable discharge paperwork, form DD 214, as identification of service.

These weekend-long admission tickets are available on site at the Colonial Williamsburg Regional Visitor Center, Lumber House ticket office and the Merchants Square ticket window.

A Memorial Day commemorative service begins May 30 at 10 a.m. to honor service members who died serving their country. A procession with the Fife and Drum support will begin at the Governor's Palace and proceed to Bruton Parish Church, ending at the Capitol in Colonial Williamsburg.

Wreaths will be placed, prayers given, and volleys fired to honor Soldiers of the American Revolution, the Civil War and other conflicts.

For more information, call 855-296-6627 or visit colonialwilliamsburg.com.

EDUCATION

Financial, Employment Readiness

Joint Services offers workshops and briefings by Army Community Service at the Community Readiness Center, 830 Chisholm Ave., and the Navy Fleet and Family Support Center at 2212 Chisholm Ave., unless otherwise noted.

The free classes are open to active-duty service members and family members, DoD civilian employees and retirees.

Registration is required for each class.

Financial

- Ten Steps to a Federal Job: Tuesday, 9

See **NEWS & NOTES**, page 14

NEWS & NOTES, *From page 13*

a.m. to noon, FFSC

- Credit Management: Tuesday, 9-11 a.m., ACS

- 1st Term Financial Readiness: Tuesday, 8 a.m. to 4 p.m., ACS

Military

- Retiree Brief: Monday, 8-11:30 a.m., FFSC

- Pre-Deployment Brief: Today, 10-11:30 a.m., FFSC

- Pre-Separation Brief: May 26, 9-11:30 a.m., FFSC

Mandatory brief is the first step in the transition process.

Life Skills

- Assessing Higher Education: Wednesday and May 26, 8 a.m. to 4 p.m., FFSC

To register, go to fortmeadeacs.checkapointments.com or call 301-677-5590.

For more information, call ACS at 301-677-5590 or FFSC at 301-677-9017/9018.

YOUTH

Teen skate park

The Teen Center Skate Park is open the first and third Friday of the month.

The skate park is free to members and \$2 for nonmembers.

Helmets are required.

For more information, call 301-677-6054.

Storytime

The Children's Library offers pre-kindergarten Storytime on Thursdays at 9:30 a.m. and 10:30 a.m. at Kuhn Hall, 4415 Llewellyn Ave.

- Today: "Zoom, Zoom, Zoom to the library!" — Storytime about things that "go"

- May 26: "Dogs Love Books & We Do Too!" — Stories about dogs

For more information, call 301-677-5522 or 301-677-4509.

RECREATION

Out & About

- **The Bowie Baysox** will host its third annual Helicopter Candy Drop on May 29 following the 2:05 p.m. game at Prince George's Stadium.

A helicopter will drop thousands of pieces of candy onto the outfield for children ages 12 and younger to collect, weather permitting.

The date also celebrates the birthday of the mascot Louie, with free cake for children while supplies last, and a Louie T-Shirt giveaway.

Members of Louie's Kids Club can purchase discounted tickets to this event and get early admission at 12:30 p.m. for free use of the Kid's Park until 1 p.m.

Single game tickets are now on sale online at baysox.com.

- **Leisure Travel Services** will offer its next monthly bus trip to New York City on June 11 from 7 a.m. to 11 p.m. Cost is \$60. Discounted tickets to attractions will be provided. For more information, call 301-677-7354.

- **BOSS Rehoboth Beach Weekend** in Delaware for all single service members will be held July 22-24. Only 30 spaces are available. Register early. Cost is \$75 and includes transportation and lodging.

To register or for more information, see your BOSS rep, call 301-915-5389 or email boss.ftmeade@gmail.com.

- **The 24th annual Wine in the Woods** will be held Saturday from 11 a.m. to 6 p.m. and Sunday from 11 a.m. to 5 p.m. at 5950 Symphony Woods Road in Columbia, rain or shine. The event will feature live entertainment on two stages, 35 food booths, arts and crafts vendors, and samples from Maryland wineries.

No pets. Identification is required for wine-sampler wristband.

Wine Taster tickets on Saturday cost \$32 in advance and \$40 at gate. Tickets for Designated Driver and youths ages 3-20 cost \$25.

Wine Taster tickets on Sunday cost \$27 in advance and \$35 at gate. Tickets for Designated Driver and youths ages 3-20 cost \$20.

Designated Driver wristband allows four complimentary beverages at the Designated Driver Booth.

For more information, call 410-313-4700 or wineinthewoods.com.

MEETINGS

- **Prostate Cancer Support Group** meets at Walter Reed National Military Medical Center in Bethesda on the third Thursday of every month. The next meeting is today from 1-2 p.m. and 6:30-7:30 p.m. in the America Building, River Conference

Room (next to the Prostate Center), third floor.

Spouses/partners are invited. Military ID is required for base access. Men without a military ID should call the Prostate Center at 301-319-2900 at least four business days prior to the event for base access.

For more information, call retired Col. Jane Hudak at 301-319-2918 or email jane.l.hudak.ctr@health.mil.

- **Moms of Multiples Group** meets every first and third Thursday of the month from 1:30-2:30 p.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave. The next meeting is today. For more information, call 301-677-7823.

- **Marriage Enrichment Group**, sponsored by Army Community Service, meets the second and fourth Monday of every month from 3-4 p.m. at the Community Readiness Center, 830 Chisholm Ave. The next meeting is Monday. For more information, call Celena Flowers or Jessica Hobgood at 301-677-5590.

- **Single Parent Support Group** meets every second and fourth Monday of the month from 5:30-7 p.m. at School Age Services, 1900 Reece Road. Children welcome. The next meeting is Monday. For more information, call 301-677-7823.

- **Monthly Prayer Breakfast**, hosted by the Religious Support Office, is held the first Thursday of every month at 7 a.m. at Club Meade. The next prayer breakfast is June 2. There is no cost for the buffet. Donations are optional.

Menu features eggs, bacon, sausage, biscuits, gravy, grits, Danish pastries and fruit.

All Fort Meade employees, civilian and military personnel, and family members are invited. For more information, call 301-677-6703.

- **Fort Meade First Class Petty Officer Association** meets the first Thursday of every month at 3 p.m. at The Lanes. The next meeting is June 2. All first class petty officers are invited. For more information, call PO1 Jennifer Wonch at 410-854-2763.

- **Exceptional Family Member Program** hosts "Sip and Share" on the first Thursday of every month from 9:30-10:30 a.m. at the Exchange coffee shop in the food court. The next get-together is June 2.

The event is designed to allow participants to share their stories to encourage and inform one another about resources available in the local community. For more information or to register, call 301-677-4779.

- **Meade Rod and Gun Club** meets the first Thursday of the month at 7 p.m. at Perry's Restaurant and Odie's Pub at 1210 Annapolis Road, Odenton, in the banquet hall in back of the building. The next meeting is June 2. Dinner is served at 6 p.m. For more information, call Charisma Wooten at 240-568-6055.

Get Ahead in Life.

Take the first step to earn a degree, advance your career, strengthen critical job skills or pursue an interesting hobby. Choose from dozens of credit and noncredit classes in areas such as Business, Criminal Justice, Teacher Education, and Allied Health.

Four Reasons to Choose Laurel College Center:

- **ONE**-on-one attention on a small, friendly campus
- **TWO** community colleges, offering a variety of credit, noncredit, associate degree programs, job skills training, and personal enrichment courses
- **THREE** schedule options – daytime, evening, and weekend courses to fit your busy lifestyle
- **FOUR**-year partner schools make it easy to transfer and complete your bachelor's or post-graduate degree all in one location



SUMMER Classes Start **JUNE 2**
FALL Classes Start **SEPTEMBER 6**

Learn more and register for classes.
laurelcollegecenter.org | 866-228-6110

Join us for an Open House!
Thursday, July 14, 4:30-6:30 p.m.



Laurel College Center is a Maryland Regional Higher Education Center founded by Prince George's Community College and Howard Community College, with partnerships from University of Maryland College Park, University of Maryland School of Nursing, and University of Maryland University College.

• **National Alliance on Mental Illness of Anne Arundel County** offers a free support group for families with a loved one suffering from mental illness on the first Thursday of every month at 7 p.m. at the Odenton (West County) Library, 1325 Annapolis Road. The next meeting is June 2. For more information, visit namiaac.org.

• **Families Dealing with Deployment** meets the first and third Monday of every month from 5:30-6:30 p.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave. Children welcome. The next meeting is June 6.

The group is for families experiencing an upcoming or current deployment, or the service members who have recently returned from deployment. For more information, call 301-677-7823.

• **Daddy & Me** interactive playgroup for fathers with children ages 2-4 meets the first and third Monday of every month from 5-6 p.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave. The next meeting is June 6.

Children and their dads engage in activities conducive to improving social interaction, and cognitive and motor skills.

Space is limited. Registration is required for each session. For more information, call 301-677-4118.

• **Kritikos Toastmasters Club** meets on the first three Mondays of every month at 6:15 p.m. at Perry's Restaurant, 1210 Annapolis Road, Odenton. The next meeting is June 6.

The club offers an opportunity to service members and civilian residents in the Fort Meade community to improve their public speaking skills in a supportive environment.

For more information, go to 1686.toastmastersclubs.org or call 410-305-9190.

• **Fort Meade E9 Association** meets the second Friday of every month at 7 a.m. in the Pin Deck Cafe at the Lanes. The next meeting is June 10.

The association is open to active, retired, Reserve and National Guard E9s of any uniformed service. All E9s in this area are invited to attend a breakfast and meet the membership. For more information, go to e9association.org.

• **Meade Branch 212 of the Fleet Reserve Association** meets the second Saturday of each month at 10 a.m. at VFW Post 160, 2597 Dorsey Road, Glen Burnie. The next meeting is June 10. Active-duty, Reserve and retired members of the U.S. Navy, Marine Corps and Coast Guard are invited. For more information, call 443-604-2474 or 410-768-6288.

• **Moms Support Group** meets Thursdays from 9:30-10:30 a.m. at the Family Advocacy Center, 2462 85th Medical Battalion Ave. The group is for mothers of young children up to age 3. Mini playgroup included. Topics include potty training, stages and development. Children are

welcome. Registration is required. For more information, call 301-677-4118 or or email colaina.townsend.ctr@mail.mil.

• **Moms Walking Group**, sponsored by Parent Support, meets Thursdays from 8:30-9:15 a.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave. To register, call 301-677-3617.

• **Project Healing Waters** meets Thursdays from 6-8 p.m. at the Soldiers and Family Assistance Center, 2462 85th Medical Battalion Ave.

The project is dedicated to the physical and emotional rehabilitation of wounded warriors and veterans through fly fishing, fly tying and outings.

For more information, call Larry Vawter, program leader, at 443-535-5074 or email thecarptman@msn.com.

• **Dancing with the Heroes**, free ballroom dance lessons for the Warrior Transition Unit, meets Thursdays at 6 p.m. at Argonne Hills Chapel Center in the seminar room.

Participants should wear loose clothing, comfortable shoes with leather soles. No super high heels or flip-flops.

• **Spanish Christian Service** is conducted Sundays at 1 p.m. at the Cavalry Chapel located at 8465 Simonds St. and 6th Armored Cavalry Road.

For more information, call Elias Mendez at 301-677-7314 or 407-350-8749.

• **Couples Communication** meets every Monday from 2:30-3:30 p.m. at the Family Advocacy Program Center, 2462 85th Medical Battalion Ave.

The session is aimed at helping couples develop tools to enhance their relationship, gain problem-solving strategies, and create a long-lasting relationship. For more information, call 301-677-4118.

• **Cub Scout Pack 377** invites boys in first through fifth grades, or ages 7 to 10, to attend its weekly Monday meetings at 6 p.m. at Argonne Hills Chapel Center.

For more information, email Cubmaster Christopher Lassiter at pack377_cm@yahoo.com or Committee Chairperson Marco Cilibert at pack377_cc@yahoo.com.

• **Boy Scout Troop 377** meets Mondays from 7-8:30 p.m. at Argonne Hills Chapel Center on Rockenbach Road. The troop is actively recruiting boys ages 11 to 18. For more information, email Lisa Yetman, at lisayetman@verizon.net; Scoutmaster Ed Smith at eksmith91@hotmail.com; or Wendall Lawrence, committee chairperson, at lawrencewendall@gmail.com.

To see what the troop offers, go to www.troop377.retiredguy.net.

• **Catholic Women of the Chapel** meets every Tuesday at 9:30 a.m. and 6:30 p.m. for fellowship, prayer and Bible study in the Main Post Chapel, 4419 Llewellyn Ave.

The CWOC is open to all women in the community ages 18 and older. For more information, email Jen Bosko, CWOC presi-

dent, at ftmeadecwoc@gmail.com.

• **Women's Empowerment Group** meets Wednesdays from 2-3:30 p.m. to provide a safe, confidential arena for the support, education and empowerment of women who have experienced past or present family violence.

Location is only disclosed to participants. To register, call Samantha Herring, victim advocate, at 301-677-4124 or Katherine Lamourt, victim advocate, at 301-677-4117.

• **Parenting With A Purpose**, for parents of children of all ages, meets Wednesdays from 1-3 p.m. at the Family Advocacy Center, 2462 85th Medical Battalion Ave. To register, call 301-677-4118 or email colaina.townsend.ctr@mail.mil.

• **Protestant Women of the Chapel** invites the community to join in fellowship while learning together through interactive Bible study. The PWOC meets Wednesdays at 9:30 a.m. at Argonne Hills Chapel Center. For more information, call 301-677-6703.

• **American Legion Post 276** is open to veterans and active-duty service members at 8068 Quarterfield Road in Severn. Breakfast may be purchased beginning at 9 a.m. Lunches may be purchased from 11:30 a.m. to 2:30 p.m. Happy Hour is 4-6 p.m. Dinner may be purchased at 6 p.m. on Fridays and the fourth Sunday of every month.

Membership discounts are offered for active-duty military. For more information, call 410-969-8028 or visit americanlegion-post276.org.

• **Odenton Masonic Center**, located at 1206 Stehlik Drive, invites the community, local military, fire/emergency services and local businesses to enjoy its breakfast and specialty dinners.

The center offers an "all-you-can-eat" breakfast every second Sunday from 7-11 a.m. Specialty dinners are held the third Friday of the month from 5-7 p.m.

Menus vary and are listed on the center's website at odentonlodge209.net.

• **Military District of Washington Sergeant Audie Murphy Club** meets the third Wednesday of each month from noon to 1 p.m. at the Joint Base Myer-Henderson Hall Dining Facility in Virginia. The next meeting is June 15.

All members and those interested in joining the club are welcome. For more information, contact Master Sgt. Erica Lehmkuhl at erica.lehmkuhl@us.army.mil or 301-833-8415.

• **Air Force Sergeants Association Chapter 254** meets the third Wednesday of every month from 3-4 p.m. in the auditorium of the Airman Leadership School, 8470 Zimborski Ave. The next meeting is June 15. For more information, call 831-521-9251 or go to AFSA254.org.

MOVIES

The movie schedule is subject to change. For a recorded announcement of showings, call 301-677-5324. Further listings are available on the Army and Air Force Exchange Service website at www.aafes.com.

Movies start Fridays at 6:30 p.m., Saturdays at 6 p.m. and Sundays at 2 p.m. PRICES: Tickets are \$6 for adults (12 and older) and \$3.50 for children. 3D Movies: \$8 adults, \$5.50 children.

Today through June 4



CHUCK ZLOTNICK/WARNER BROS. PICTURES

Friday & Sunday: "Barbershop: The Next Cut" (PG-13). As their surrounding community has taken a turn for the worse, the crew at Calvin's Barbershop come together to bring some much needed change to their neighborhood With Ice Cube, Regina Hall, Anthony Anderson.



DISNEY/AP

May 27, 29 & June 4: "The Jungle Book" (PG). After a threat from the tiger Shere Khan forces him to flee the jungle, a man-cub named Mowgli embarks on a journey of self-discovery with the aid of the panther, Bagheera, and the free-spirited bear, Baloo. With Neel Sethi and the voices of Bill Murray, Ben Kingsley.

May 28: "Criminal" (R). In a last-ditch effort to stop a diabolical plot, a dead CIA operative's memories, secrets, and skills are implanted into a death-row inmate in hopes that he will complete the operative's mission. With Kevin Costner, Ryan Reynolds, Gal Gadot.