

## Junction City chamber group focuses on partnerships

Story and photo by Andy Massanet  
1ST INF. DIV. POST

Fort Riley garrison staff hosted members of the Junction City Chamber of Commerce Crossroads of Leadership Class April 15. The visit focused on partnerships between Geary County, Junction City and Fort Riley.

A goal of the visit, according to garrison planning documents, was to promote understanding, build and strengthen community relations and reaffirm the region as the best place to live, train, deploy from and come home to in the Army.

For the group, it was about learning what the post does and understanding its relationship to the community.

“Overall, throughout this course,” said Melissa Tyson, marketing manager for Junction City’s Daily Union newspaper, “it’s been great to get out and actually visit the local companies that do business here (in the Geary County and Junction City area). We’ve been to a lot of companies but Fort Riley is the biggest one in the region so it really helped me to know about the different aspects of what the post does.”

Dennis Beson, chief executive officer of the Junction City Chamber of Commerce, said Fort Riley’s willingness to work with Junction City is of high importance.

“We value our (Geary County and Junction City) partnership with Fort Riley to the greatest degree and we are appreciative that Fort Riley always has its doors open to us. I was here at the end of (Maj. Gen.) Paul Funk’s time here and he was always helpful, and Maj. Gen. (Wayne W.) Grigsby is the same way.”

The group received briefings from Tim Livsey, deputy garrison commander of Fort Riley; Clayton Boyer, director of maintenance operations for Corvias Military Housing; Maria Berrios Borges, sales and merchandise manager for the Fort Riley Main Post Exchange, the Army and Air Force Exchange Service; Angela Geary,

See CHAMBER, page 6



Junction City Chamber of Commerce Crossroads of Leadership Class students visited Fort Riley April 15. The visit focused on partnerships between Geary County, Junction City and Fort Riley.

## FIGHTIN’ THE FIGHT



Master Sgt. Mike Lavigne | 1ST INF. DIV.

Soldiers on the 1st Infantry Division staff execute the daily battle update brief April 7 at the Mission Training Complex, Fort Riley. The BUB updates the commanding general on current operations and briefs the combat strength and effectiveness of subordinate unit. The BUB marks the start of the day during Warfighter for the “Big Red One.” Most subordinate units on Fort Riley supported the exercise, which concluded April 15.

## ‘Big Red One’ Soldiers unite for battle during Warfighter

By Spc. Derrik Tribbey  
1ST INF. DIV. PUBLIC AFFAIRS

The 1st Infantry Division headquarters participated in Warfighter 16-4 April 6 to 15 at the Mission Training Complex and the Victory Village training site at Fort Riley.

The Warfighter exercise simulated realistic scenarios the division must be prepared for if or when called upon to answer the nation’s call. The Warfighter was accomplished using virtual training systems to simulate battlefield conditions.

“The nation’s First Division lived up to its tradition of training hard and developing leaders to be ready for the next fight,” said Maj. Gen. Wayne W. Grigsby Jr., 1st Inf. Div. and Fort Riley commanding general. “Our Soldiers proved the months of hard work they put into the exercise were not wasted,

See WARFIGHTER, page 7

“Our Soldiers proved the months of hard work they put into the exercise were not wasted, finding innovative ways to track and destroy the enemy in the decisive action fight.”

MAJ. GEN. WAYNE W. GRIGSBY JR. | 1ST INF. DIV. AND FORT RILEY COMMANDING GENERAL



Master Sgt. Mike Lavigne | 1ST INF. DIV.

Ambassador Lawrence Butler (left), political advisor, Maj. Gen. Wayne W. Grigsby Jr. (center), 1st Infantry Division and Fort Riley commanding general, and Lt. Col. John Byrom (right), the 1st Inf. Div. operations officer, engage in Warfighter training exercises April 8 at the Mission Training Complex, Fort Riley.

## ‘Devil’ brigade tankers go to Sullivan Cup

By Staff Sgt. Warren W. Wright Jr.  
1ST ABCT PUBLIC AFFAIRS

Four Soldiers from 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, will represent the “Big Red One” at the annual Sullivan Cup Precision Gunnery Competition May 2 to 6 at Fort Benning, Georgia.

Representing the division are Staff Sgt. Eric Engstrom II of Becket, Massachusetts; Sgt. Johnathan Alejandro of Pasadena, California; Pfc. Avery Randle of Monticello, Indiana; and Pvt. Logan Bontrager of Middlebury, Indiana.

The Sullivan Cup competition brings together the best tank crews from the U.S. Army and Marines, as well as select international partners, and tests them in tank crew maneuver, sustainment and gunnery skills.

“The Sullivan Cup is a competition named after Gen. (Gordon) Sullivan, who exemplified everything that an armored crewman should be,” Engstrom, the team’s tank commander, said. “It’s a competition to figure out who the best is. They bring everybody together in a friendly environment and, through a series of events, we compete against each other and see how we rank.”

Sullivan commanded the 1st Inf. Div. from July 1988 to July 1989 and later served as the 32nd U.S. Army chief of staff.

Being selected to represent the Big Red One was no easy task. After months of grueling exercises and training at Fort Riley, the crew was ranked among other teams throughout the division before a physical fitness test separated them from the rest.

“It’s a great feeling to be representing something so big,” Randle, the team’s loader, said. “It makes me feel proud of myself and it makes me happy that my family can see this and be proud of all of the things I’ve done.”

Following the selection, the team began to train in earnest for the challenges they would face at Fort Benning.

See SULLIVAN CUP, page 7

## Sustainment brigade places sexual assault prevention at forefront

Story and photo by Staff Sgt. Aaron P. Duncan  
1ST INF. DIV. SUST. BDE.

Soldiers from the 1st Infantry Division Sustainment Brigade came together April 14 at King Field House on Fort Riley to learn self-defense techniques.

The instruction was one of the Sexual Harassment and Assault Response and Prevention events planned by the brigade for April in recognition of Sexual Assault Awareness and Prevention Month. The Army established the monthlong dedication to the SHARP program in an effort to bring awareness to its robust efforts to combat sexual assault and harassment within the Army.

We really wanted to highlight all the services available to victims

and reintegrate our commitment to eliminating it from our ranks,” said Staff Sgt. Stuart Gimble, a District of Columbia, native assigned to the brigade as the sexual assault response coordinator. “The month also served to ensure that we brought the program down to the Soldier level so they are fully committed to the ‘not in our squad’ concept.”

The self-defense class was designed to teach the Soldiers techniques to protect themselves in the event of an attempted assault. The students learned basic techniques of leverage and body positioning to defend themselves from an assailant even if they are smaller or caught off guard. The class provided information on developing plans when going out

and on how to prevent putting oneself in compromising situations.

“I tried to instill in the Soldiers that you should be aware of your surrounding at all times and to always have a plan,” said Staff Sgt. John D. Herrera, a native of Tampa, Florida, who works as the brigade combatives instructor. “You never know when the worst could happen.”

For some of the students, the class proved valuable. For at least one, the techniques taught were something she had not encountered before.

“I learned the basic techniques to get out of a compromising position,” said Spc. Clarisse Gutierrez, a native of San Antonio assigned to the

See SELF DEFENSE, page 7



Staff Sgt. John D. Herrera, a native of Tampa, Florida, who works as the 1st Sustainment Brigade combatives instructor, explains a technique to two students during the brigades’s Sexual Harassment and Assault Response and Prevention event April 14 at King Field House. The event of one of many the 1st Inf. Div. Sust. Bde. plans to conduct during the Army’s SHARP Awareness month.

### VOLUNTEER SPOTLIGHT



**Faythe DeMaroney-Scaletta is a volunteer at USO Fort Riley from July 2011 to present. She has volunteered more than 10,000 hours with the USO. She is married to Spc. Christopher Scaletta of 1st Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team. She is instrumental in maintaining the daily operations of the USO at Fort Riley.**

### ALSO IN THIS ISSUE



**MISS KANSAS USA VICKI WIGGINS HOSTED A LITTLE MISS FORT RILEY HAIR AND MAKE-UP EVENT AT THE POST EXCHANGE APRIL 16, SEE PAGE 9.**

### ALSO IN THIS ISSUE



**FORT RILEY MIDDLE SCHOOL FACED MANHATTAN ANTHONY MIDDLE SCHOOL IN TENNIS, SEE PAGE 13.**



# Army reserve companies train at Fort Riley facilities

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

Convoys of 15 Heavy Equipment Transportation Vehicles drove into the Combined Arms Collective Training Facility April 16 as aggressors shot at them from the buildings.

This was part of the training for the reserve companies of the 821st Transportation Battalion based out of Topeka, Kansas, and the aggressors were actually officers from the unit dressed in protective gear and middle-eastern style clothing and headwear.

“We’re trying to see how they will react to ambush fire and improvised explosive devices,” Pfc. Bridget Bordewick said.

The three companies took turns driving the convoys

of HETs into the CACTF where they had to get into formation and capture the aggressors attacking the unit. The Soldiers used live ammunition, but Bordewick, who was part of the medical team, said the bullets are similar to those of a paintball gun as the aggressors and Soldiers would be shooting at each other. Everyone wore vest and head protection.

Staff Sgt. Corey Shepard was one of the people dressed as an aggressor. He explained to the unit what they would be doing during the training.

“These guys are ready to come out and shoot at us,” he said.

Shepard then met with each company to help them with their after-action reports.

The training was an opportunity to prepare for the battalion upcoming training at The National Training Center, Fort Irwin, California

“We never really train to this extent,” Bordewick said. “We’re just seeing how things go and trying to get things to run smoother. This is all preparation for when we go to California this summer. We’ll be doing training similar to this for three weeks there.”

Each company was able to see what they did through video footage and critiqued on what they should be doing for the next time during their AAR.

The Soldiers from the unit also spent the weekend qualifying on M9s and hand grenades. Each company comes to Fort Riley once a year to qualify and train.



Reservists of the 821st Transportation Company Battalion participate in a training exercise at the Combined Arms Collective Training Facility April 16. The unit trained on post and qualified on M9s and hand grenades at the training facilities April 15 and 16.

## Department of Defense staff embraces PrepareAthon event

By Terri Moon Cronk  
DEFENSE MEDIA ACTIVITY

WASHINGTON — Preparedness and military readiness go hand in hand in the Defense Department’s role to protect national security, Robert G. Salesses, deputy assistant secretary of defense for homeland defense integration and defense support of civil authorities said.

In a DOD News interview focusing on the 2016 “America’s PrepareAthon!” campaign, Salesses said the Defense Department depends on the strength and readiness of its military and civilian workforce — nearly 3 million strong — at home and overseas.



Sgt. Jess Geffre | ARMY NATIONAL GUARD  
This photo is from the High Park fire June 21, 2012, in Larimer County, Colorado. National Guard units from Colorado, Wyoming, Kansas and Nebraska provided red-card certified aviators for firefighting duties using helicopter and hose, as well as troops who provided a communications platform for multiple agencies. Also on hand were military police officers to assist the Larimer County Sheriff’s Office with evacuations and to help protect personnel and property.

Salesses said he wants military personnel and government civilians to equate their personal preparedness with military readiness during an interview on the America’s Prepareathon! campaign, April 13.

“One of the top priorities of (DOD) is focusing on the well-being and safety of each member of our workforce and their families so that we can continue to safeguard U.S. security,” Salesses said.

He also said that’s why national preparedness and military readiness are synonymous.

At the direction of President Barack Obama, the Federal Emergency Management Agency manages America’s PrepareAthon! Campaign to build and sustain national preparedness by identifying and learning about the hazards people face, he said.

Salesses called the April 30 observance of National PrepareAthon! Day “a great day to think about preparedness.”

### RAISING AWARENESS

By raising preparedness awareness twice a year — in spring and fall — DOD considers the campaign a professional and personal educational opportunity, Salesses said, which is “a very small investment” when putting plans in place before events occur. When we are prepared at work and at home, “it strengthens our collective security and resilience.”

This year’s spring campaign will focus on weather emergencies such as tornadoes, floods, wildfires, hurricanes and extreme heat hazards, but everyone should consider potential hazards in

their region and how to prepare for them, he said.

Fort Riley has committed to participate in the nationally recognized event in order to increase preparedness. By using the Ready Army program, “Be Informed, Make a Plan, Build a Kit and Get Involved” it will increase Soldiers, families and civilians preparedness and resiliency of the installation.

Staff from joint agencies on post will have a preparedness information booth at the main exchange April 29 from 11 a.m. to 2 p.m.

For information regarding preparedness, contact the Fort Riley emergency management office at 785-240-0400 or visit [www.ready.gov/prepare](http://www.ready.gov/prepare).

Robert G. Salesses, deputy assistant secretary of defense for homeland defense integration and defense support of civil authorities, talks about the importance of installations and communities working together to prepare for what could come during an interview on the America’s Prepareathon! campaign, April 13, 2016.

From top leadership to installation level, DOD fully supports preparedness, Salesses said, noting that long-standing installation emergency management infrastructures extend into surrounding communities and that both work together to plan for potential emergencies.

The broader the participation from people and DOD organizations, the more employees, family members, their communities and the department will benefit, Salesses said.

## Fort Riley police begin campaign

Story and photo by Maria Childs  
1ST INF. DIV. POST

Red and blue flashing lights could be seen in all directions at the corner of Mosby Place and Jackson Avenue in the Warner Peterson neighborhood of Fort Riley April 13 as the Fort Riley Police Department began the enforcement part of their traffic safety campaign. This was the first neighborhood on post the officers have patrolled as part of the campaign.



The campaign partners the Fort Riley community with the Directorate of Emergency Services in an effort to identify and correct illegal behavior.

Fort Riley Chief of Police Will Paskow said this is not an event where the officers are purposefully getting members of the community in trouble, but an event to make the public aware of the speed limits and importance of following the rules of the road in a residential area.

“If you don’t stop completely at the stop sign, you may not notice the kids who is coming up from the backyard of the house or coming down the driveway on their bicycle,” Paskow said.

The first two weeks of every month, officers will be handing out courtesy cards during the public information campaign. The courtesy cards are to let violators know how to correct the behavior before enforcement. Following the public information campaign, officers will begin enforcement.

“Before we get into the peak months of the summer, we’re just out here trying to educate the public,” Paskow said. “We put sign boards out; we put radar trailers out to allow the public some time to modify their habits. This is an educational and behavior adjustment versus being out here to make your life difficult. We want to be part of the solution to help the public.”

While running the campaign, the dispatch officers were also working out of their mobile command post to run driver’s license numbers and National Crime Information Center checks.

Officers from the Fort Riley Police Department are conducting a traffic safety campaign in the neighborhoods on Fort Riley. The campaign partners the Fort Riley community with the Directorate of Emergency Services in an effort to identify and correct illegal behavior.

“We’re running the same systems that we run from building 221,” Paskow said. “It makes us more prepared if we have a real-world incident. If there is a tornado that makes us stand up full scale operations in the field, this is an opportunity for us to do that and work the kinks out of the system before something happens.”

For more information or questions about the traffic safety campaign, call the Fort Riley Police Operations at 785-239-1809.

### PUBLIC INFORMATION PATROL SCHEDULE:

- May 2 — Main Post
- June 1 — Meade, McClellan and Burnside Heights
- July 1 — Warner Heights
- Aug. 1 — Peterson Heights
- Sept. 1 — Monteith and O’Donnell Heights
- Oct. 1 — Ellis Heights

### ENFORCEMENT PATROL SCHEDULE:

- May 4 — Forsyth and Colyer
- May 18 — Main Post
- June 15 — Meade, McClellan and Burnside Heights
- July 13 — Warner Heights
- Aug. 17 — Peterson Heights
- Sept. 14 — Monteith and O’Donnell Heights
- Oct. 19 — Ellis Heights

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HOUSE AD



1



# Ronald Dokken: a ‘Big Red One’ Soldier

By Phyllis Fitzgerald  
SPECIAL TO THE POST

A native of Madison, Wisconsin, Ronald Dokken’s military career spanned 26 years. He initially joined the Army in July 1955 and, with the exception of a year break from 1958 to 1959, served his country until June 1982.

He began his career at Fort Knox, Kentucky, with basic training and advanced infantry training to be a 19E Armor-Tank Crewman.

Dokken held a wide variety of positions of increasing responsibility during his 26-year career. Following his one-year break in service in June 1959, Dokken returned to the Army and this is when his story with the “Big Red One” began. He would serve four assignments at Fort Riley, three of them with the Big Red One. The first was an assignment to 69th Armor Battalion, 1st Infantry Division at Camp Funston. His duties were to train basic trainees in the winter and provide ROTC support in the summer.

The second time he was at Fort Riley was in 1966. He arrived to a post that was almost empty because the 1st Inf. Div. was deployed to Vietnam. He was assigned to the 3rd Squadron, 5th Cavalry, 9th Infantry Division to organize for deployment to Vietnam.

Starting July 4, the empty post changed as busloads of new recruits arrived. The troops were used to fill all units to full strength and to receive training. The division deployed 5 months later to Vietnam by boat and thus received the nickname the boat people. Dokken served as a platoon sergeant for 6 months and then received an assignment to the squadron’s S-3 operations.

His third tour at Fort Riley was in 1971 when he was assigned to the G3 Force Development Office for 1 year and then moved to the S-3, operations of the 4th Battalion, 63rd Armor Regiment, 1st Inf. Div.

The fourth and final tour to Fort Riley came in 1977 after completing the 9th class of the Sergeants Major Academy in Fort Bliss, Texas, he was assigned as the command sergeant major of the 1st Battalion, 63rd Armor Regiment, 1st Inf. Div. for 1 year. Then he was reassigned as the sergeant major for G-2, 1st Inf. Div. In August of 1979, the 1st Battalion, 34th Armor Regiment was reactivated and he was assigned as the command sergeant major until retirement June 30, 1982.

“We decided to stay in the (Fort Riley) area,” Dokken said, “because I had a job offer at the Fort Riley National Bank. My wife Maria also had a job at Fort

Riley Junior High School as the baker.”

The Dokken’s also had a son who was a senior at Junction City High School and he wanted to graduate with his class.

Dokken’s spouse, Maria, is a native of Lieblos, West Germany, and received her American citizenship and her first driver’s license in Kansas. She claims Kansas as her second home.

“My best memory in the Big Red One,” Dokken said, “is that I was lucky enough to get the assignment to reactivate the 1st Bn, 34th AR, 1st Inf. Div, as their command sergeant major in Aug of 1979. In one year we went from no equipment and no personnel to 100-percent combat ready and participated in REFORGER (Return of Forces to Germany). I remained in the 34th Armor until my retirement in 1982. In 1985 when the Army went back to the Regimental system, I was designated as the First Honorary Sergeant Major of the 34th Armor Regiment.”

As of June 2000, Dokken retired from his full-time position at the Fort Riley National Bank. His activities include gardening and working in his yard, cooking, bird watching and sporting events.

“I even have time to smell the roses,” Dokken said.

*Editor’s Note: To submit your “Big Red One” story, email fitzmiss@yahoo.com*

BEST PLACE TO LIVE BEST PLACE TO TRAIN BEST PLACE TO DEPLOY FROM BEST PLACE TO COME HOME TO

# ‘Dagger’ Soldiers host cake competition

Story and photos  
by J. Parker Roberts  
1ST INF. DIV. PUBLIC AFFAIRS

To help keep the themes of the month fresh in the minds of “Dagger” brigade Soldiers, each of the brigade’s battalions baked an entry for a Sexual Assault Awareness Month cake competition April 14 at Fort Riley’s Barlow Theater.

Graded on flavor and theme, each of the seven cakes was designed to raise awareness about individual responsibilities in the prevention of sexual assault and harassment. Many used a popular analogy involving tea to illustrate the concept of consent.

A public service announcement posted on YouTube last November by the Thames Valley Police in England attempted to explain consent by comparing a sexual encounter to tea.

The video “Tea and Consent” suggests viewers consider asking a person if they would like cup of tea. One would only make the person a cup of tea if they clearly and enthusiastically say yes.

The PSA says if the person declines the tea, no tea should be offered. Additionally, the person is unsure if they want

tea or say they do but later change their mind, tea should not be forced upon the person and the person offering the tea should not become upset.

To watch the video in its entirety, see [www.youtube.com/watch?v=pZwvrxVavnQ](http://www.youtube.com/watch?v=pZwvrxVavnQ).

“I try to incorporate different training, so it’s not the same training all the time,” said Staff Sgt. Bethany Guzman, Headquarters and Headquarters Company, 2nd Armored Brigade Combat Team, 1st Infantry Division, the brigade’s victim advocate.

The brigade conducted bystander intervention training before the winners of the cake contest were announced.

Guzman said the Army leaders stress the importance of bystander intervention.

“We need people to intervene,” she said. “And it doesn’t matter what rank you are — if you see it, stop it.”

The training included videos and examples of ways Soldiers can prevent sexual assaults. Tactics discussed included direct intervention, distracting the aggressor and enlisting others to help.

Guzman said the battalions worked hard on their entries for the competition.



**A teapot-shaped cake made by the 82nd Engineer Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division, took first place in the brigade’s Sexual Assault Awareness Month cake competition that took place April 14 at Fort Riley’s Barlow Theater.**

“They did awesome,” she said. “There were a lot of teams that put 110 percent into it. They made everything from scratch, there were different layers that were different flavors ... it was way more than I expected.”

The 82nd Engineer Battalion took first place, earning those Soldiers a four-day pass. The 1st Combined Arms Battalion, 18th Infantry Regiment, took second place and a three-day pass, while the 299th Brigade Support Battalion made the third-place cake and earned a 9 a.m. work call.

“We chose to make a teacup, representing ‘tea consent,’” said Staff Sgt. Daniel Hanson, Company A, 1st Bn., 18th Inf. Regt., one of three Soldiers who worked on the second-place cake. “Everybody should know consent is a big thing, and (Sexual Harassment/Assault Response and Prevention) is important within the military.”



Capt. Alexandra DeAngeles, 299th Brigade Support Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division, slices a cake she and other members of her battalion made for the brigade’s Sexual Assault Awareness Month cake competition that took place April 14 at Fort Riley’s Barlow Theater.

## LIVE FIRE LANES BEING CONSTRUCTED



COURTESY PHOTO

Combined Arms Live Fire lane construction began April 18 in the Fort Riley maneuver area. Tom Black, Rick Bomia and Josh Kegley from DPTMS Range Operations assist 1st Engineer Battalion bull dozer crews as they prepare to emplace targets. Fort Riley’s unique, wide open tall grass prairie provides the perfect maneuver corridor for training heavy forces. CALFEX lanes will be used to train 1st Armored Brigade Combat Team armor companies during upcoming Operation Danger Focus.

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## TRAFFIC REPORT

### ACCESS CONTROL POINT HOURS OF OPERATION

Until further notice, the Estes Access Control Point is closed every Saturday and Sunday, but will remain open Monday through Friday for privately owned vehicles only.

Also until further notice, 12th Street ACP is closed to privately owned vehicles on Saturdays. The commercial side remains open Saturdays. 12th Street ACP is closed to all traffic Sundays. 12th Street ACP is open to all traffic Monday through Friday. Effective Dec. 12, Grant Street ACP closes permanently every Saturday and Sunday but remains open Monday through Friday to all privately owned vehicle traffic. Motorists wanting access to Fort Riley on Saturday or Sunday should use Ogden, Henry or Trooper gates.

The access control point hours are now as follows:  
**Henry /Four Corners/ Trooper/Ogden:** Open 24/7

**12th Street:** Open from 5 a.m. to 7 p.m., Monday to Friday; closed to non-commercial traffic Saturdays; closed Sundays and federal holidays.

**Rifle Range:** Closed to all traffic.

**Grant:** Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

**Estes:** Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

### TROOPER DRIVE-MCCORMICK ROAD INTERSECTION IS OPEN

The redesign of the intersection of Trooper Drive and McCormick Road has been completed. It now includes a pedestrian crosswalk that will allow for safer conditions for pedestrians. Drivers are asked to exercise caution and yield to all pedestrians in the crosswalk.

### CONSTRUCTION ON RIFLE RANGE ROAD CONTINUES

Construction on Rifle Range Road will affect traffic flow. The work started in September and has been contracted for 374 days. As a result, the work will affect travel to the schools in the area. School officials have been briefed and can offer

guidance. There are detour and guidance signs posted, including detour routes along tank trail purple and through the Forsyth Housing area. Motorists are asked to follow all guidance posted on signs.

### HENRY DRIVE-RAY ROAD ROUNDABOUT CONSTRUCTION TO SLOW TRAFFIC

Traffic changes will be in effect until approximately May 15, vehicles will be required to slow to 20-miles per hour on both Ray Road and Henry Drive to accommodate the continuing work.

### ESTES ACCESS CONTROL POINT CLOSED TO COMMERCIAL VEHICLES MARCH 7

Use of the Estes Access Control Point by commercial vehicles is prohibited. The closure is due to an upgrade project and will be in effect until the project is complete, a period of time that could be several months. During this time all commercial vehicles will need to enter the installation through 12th Street during duty hours and through Henry during non-duty hours.

## TUESDAY TRIVIA CONTEST



The question for the week of April 22 was : “Where do I find a Monthly Calendar document for Army Community Service (ACS)?”

Answer: go to [www.riley.army.mil/Portals/0/Docs/Services/FamilyServices/ACS%20CURRENT%20EVENTS/AprilACSEventsCalendar%202016.pdf](http://www.riley.army.mil/Portals/0/Docs/Services/FamilyServices/ACS%20CURRENT%20EVENTS/AprilACSEventsCalendar%202016.pdf)

This week’s winner is Meghan Iginoef. Her spouse is Cpl. Ben Iginoef, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division. Meghan is pictured with her spouse, Ben, their son, Ezekial, and their dog, Lucy.

CONGRATULATIONS, MEGHAN!

## Staff of Army Substance Abuse Program to host prescription take back event

By Hannah Kleopfer  
1ST INF. DIV. POST

Staff members of the Army Substance Abuse Program are holding Prescription Take-Back Days, 3 to 6 p.m., April 28 and 29 at the Main Exchange. There will be a pharmacist on-site to answer questions.

“It provides a safe means of disposal for people,” said Nicole Sizemore, prevention branch manager. “And it gives people a chance to take this time to clean out their medicine cabinet so it’s not accidentally ingested by someone or abused or stolen. Just get it out. Prescription drug abuse is an epidemic nationwide.”

Sizemore said they accept everything but needles and illicit drugs. All liquids must be in their original container to be accepted. Sizemore said they will take anything from over-the-counter to prescription drugs.

“Everything gets thrown into an incinerator,” Sizemore said. “Some things can be disposed of by being flushed down the toilet, but it’s just easier to bring them to us instead of looking up what is and isn’t safe.”

The event is biannual and usually happens April and October.

“Most of us don’t even know what’s in our medicine cabinets,” Sizemore said. “If you have teens they have friends and you have guests using your restroom. And if someone has a problem, they may go looking in your cabinets to see what you’ve got, and most of us wouldn’t know if you were missing a few pills. Teenagers say it’s easier to get prescription pills than to order a pizza.”

Sizemore said this is also an excellent opportunity for nurses at schools and child development centers to dispose of prescription drugs left behind by families who had a permanent change of station.

National Prescription Take Back day is April 30, and the surrounding communities of Manhattan and Junction City will be hosting their own events, creating multiple opportunities for the members of the Fort Riley community to eradicate unneeded or unused prescription drugs.

For more information about disposing of prescription drugs, call the Fort Riley Army Substance Abuse Program office at 785-239-9435 or visit the Drug Enforcement Administration website at [www.dea.gov](http://www.dea.gov).



HOUSE AD



RILEY ROUNDTABLE

If you could have any super power, what would it be?



"I would have super speed so I could get around fast."

"SPIDER-MAN," AKA  
TRENTON WALKER, 10  
OAKLAND, CALIFORNIA

Son of Staff Sgt. Arsenio Corbin, Division Headquarters and Headquarters Battalion, 1st Infantry Division



"I want super strength like Hulk."

REYCE CORBIN, 4  
OAKLAND, CALIFORNIA

Son of Staff Sgt. Arsenio Corbin, Division Headquarters and Headquarters Battalion, 1st Infantry Division



"Super strength so I can smash!"

GABE ALQUINTA, 7  
FORT BELVOIR, VIRGINIA

Son of Chief Warrant Officer 3 Nick Koeppin, 1st Combat Aviation Brigade, 1st Infantry Division.



"To shoot webs like Spider-man and to not die."

C.J. DUNLAP, 7  
MANHATTAN, KANSAS

Son of Christopher Dunlap



"I want the ability to freeze time."

CECILIA ALQUINTA, 10  
KANSAS CITY, MISSOURI

Daughter of Chief Warrant Officer 3 Nick Koeppin, 1st Combat Aviation Brigade, 1st Infantry Division

THE 1ST INFANTRY DIVISION POST

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SAFETY CORNER

Making culture of safety priority one

By Walter Hill  
GARRISON SAFETY OFFICE

Promoting a safe workplace environment involves every level of the organization instilling a safety culture to reduce accidents for workers and improve productivity. Each organization should strive for this goal, but it is often easier said than done. This is why safety must be more than a priority; it must be an integral part of the total team philosophy.

Priorities usually change and shift with the mission, but a philosophy is key to the organization's soul. Any team, whether it is football, baseball, basketball or little league soccer, has a philosophy. These are ideas that both the team and leadership believe are the bedrock of its success. We call these core values.

What are the core values of a success organization with a positive safety culture?

- Management Commitment and Employee Involvement: Providing leadership and holding personnel accountable for meeting their responsibilities.

- Worksite Analysis: Identifying hazards associated with jobs such as facilities, processes, materials and equipment.

- Hazard Prevention and Control: Evaluating the design, engineering controls, administrative controls and Personal Protective Equipment.

- Safety and Health Training: Ensuring required employee training, documentation and reinforcement of employee re-training when necessary.

If your organization does not have a strong safety culture, here are some keys to changing the mindset of both management and employees. Remember, a cultural change does not happen overnight, but requires persistent effort, patience and a willingness to stay the course.

COMMUNICATION, EDUCATION VITAL

Encouraging open communication, providing employees with support, and clear guidelines on behavior to promote a positive, respectful, and safe workplace is part of every manager's job. Directors and supervisors play a decisive role in promot-

ing a safe work environment and have a responsibility to address behaviors that undermine a safe work environment.

Also, leaders should educate employees about the importance of reporting safety concerns. Have a system in place to instruct employees to report unsafe conditions, threats and incidents of intimidating behavior.

CHANGING A CULTURE IS A TEAM EFFORT

Take a team approach to safety: We all need to work together to keep each other safe. We all have responsibility to report any safety concerns you may have. Employers and supervisors have a responsibility to enforce safe working practices; employees have the responsibility to wear personal protective equipment when required.

Remember when an effective safety and health program is part of the organization and a way of life, everyone wins in preventing injuries and illnesses in the workplace. If you have questions, contact the Fort Riley garrison safety office, 785-240-0647.

Have a plan when severe weather strikes

By Hannah Kleopfer  
1ST INF. DIV. POST

With springtime in Kansas, it's inevitable there will be thunderstorms. And along with those storms comes lightning.

Just like with any severe weather in Kansas, the staff of the Garrison Safety Office say families should have a plan when it comes to lightning.

"Where the rain is heaviest in a thunderstorm, that's where lightning most likely is," safety officer Dawn Douglas said.

She said it's best to stay inside a house or a secure

structure. Going into a tent or under a structure that does not have safe walls and a roof is not recommended when there is lightning around.

"Something people should not do when there is a thunderstorm is take a bath or shower," Douglas said.

She explained if a house were to get struck by lightning, those electric currents can run through the water supply. It is also best to stay away from items in the household electric items.

If someone is in a thunderstorm, there are a few other things to be aware of.

"If someone is having an outdoor event, we advise watching the weather reports and to try to plan around the weather or have a secondary location," Douglas said. "If they can't, then people need to be aware of storm shelters in the area."

Douglas added people caught outside during a lightning event should avoid open areas. They should also stay as low to the ground as possible and away from lone-standing trees, since lightning is most likely to strike the tallest object in the area. The best thing someone can do is

take shelter in a hard-topped vehicle for protection.

"One thing a lot of people worry about is being struck by lightning, but that is very rare, and very few of those people die from that," Douglas said.

She said the most common risk with a person struck by lightning is neurological damage or cardiac arrest, which can be helped with a defibrillator and CPR.

Find more information about lightning safety by contacting the Garrison Safety Office at 785-240-0647.

Keep an eye out for fraudulent contractors

KANSAS ATTORNEY GENERAL DEREK SCHMIDT

It's springtime in Kansas. Flowers are blooming, birds are chirping, and fraudulent contractors are roaming the state waiting for spring storms to provide them an opportunity to take advantage of Kansas consumers.

When the storms hit, it is common for out-of-area, traveling contractors to roll into a damaged town looking to make a quick buck. A few years ago, the State Legislature passed a law requiring roofing contractors to register with the attorney general's office to help combat this problem. More than 1,100 roofers are registered and in good standing to operate in Kansas.

If your roof is damaged in a spring storm — or if you're just looking to have some work done on your roof this spring — it's important to make sure the roofing contractor you use is properly registered with the attorney general's office. Ask the roofer to provide you a copy of

their current roofing registration certificate, and go to our website at [InYourCornerKansas.org](http://InYourCornerKansas.org) to check the current registration list to make sure the contractor is in good standing. Many city and county governments also require permits before doing work, so make sure your roofer has complied with all local ordinances as well.

Here are some more tips to help keep you safe from home repair scams:

- If a deal sounds too good to be true, it probably is.
- Get multiple written bids on home improvement projects to ensure quotes are reasonable and competitive.
- Ask for local references. Working with a well-known, reputable, local contractor will help prevent becoming a victim of a fly-by-night operator who won't be around if you have problems later.
- Friends, family and neighbors are the best sources for recommendations.

- Be sure your contractor is insured. The contractor should have personal liability, property damage and worker's compensation insurance for workers and subcontractors. Also, check with your insurance company to find out if you are covered for any injury or damage.

Most important, document everything in writing. Insist on a contract that states exactly what work will be done, the quality of materials that will be used, warranties, timetables, the names of any subcontractors, the total price of the job and the schedule of payments. Don't make a final payment or sign a final release until you are satisfied with the work and know subcontractors and suppliers have been paid.

For more tips on staying safe from home repair scams, or to file a complaint, visit our consumer protection website at [InYourCornerKansas.org](http://InYourCornerKansas.org) or call the consumer protection hotline at 800-432-2310.

Have the Courage to Help a Buddy

One Suicide is one too many.

For assistance:

- Talk to your Battle Buddy and chain of command
- Call the Military Crisis Line at 1-800-273-TALK (8255) and press "1" for Military Crisis Line

US Army Public Health Command  
phc.amedd.army.mil

The next USAG Resilience Day Off is

MAY 6

SAFETY HOLIDAY



As of Wednesday, April 20, 52 days have passed since the last vehicular fatality at Fort Riley. Fifty-nine more and the post will celebrate with a safety holiday to take place at each unit's discretion.



CHAMBER Continued from page 1

services business manager for AAFES; and Paul Oltmanns, general manager of Candlewood Suites at Fort Riley, a member of the Intercontinental Hotels Group Army Hotels.

Staff at Corvias Military Housing hosted the students with a working lunch, and discussed the company’s focus on community relations. Livsey, provided the class with an overview of Fort Riley and the garrison command, and AAFES and IHG staff provided tours of their facilities and discussed topics of interest including the importance of community relations, vendor and sponsorship opportunities and customer service.

Livsey emphasized the nearly \$3.5 billion impact Fort Riley has on the region; and impact that impact includes payroll, supplies, services, contracts, construction, education, and health care that is out-sourced into the community.

But Livsey also assured the group that the post and its leadership can only do so much on their own and needs strong partnerships with surrounding communities.

“Fort Riley has no monopoly on expertise,” Livsey said.

Boyer’s briefing discussed what Corvias Military Housing provided in the way of services and state-of-the-art housing for Fort Riley Soldiers, but also emphasized the significant contributions to the community through its Corvias Foundation and Adopt-A-Charity efforts that produced scholarships for education and nearly 5,000 volunteer hours from Corvias staff.

“Through the Corvias Foundation we’ve been able to distribute \$730,000 in scholarships to Fort Riley seniors, and \$175,000 in grants to Fort Riley spouses,” Boyer said.

He also pointed out about a third of the Soldier population lives on post.

“Sixty-six percent of the Soldiers and their families live outside the gates and most of that number lives in Manhattan or Junction City buying goods and services in those communities,” Boyer said.

In fact, later, during the tour of the Post Exchange, a group member asked how many military members shop at the PX as opposed to the stores in the community.

“Honestly,” Borges said, “a lot people shop off-post. There is more selection. And then, when

they get off work, they often prefer to shop closer to home.”

Yet, the AAFES system at Fort Riley is a large employer and those workers come from military and non-military sources alike, Borges said.

The community connection was also evident with Candlewood Suites at Fort Riley. Candlewood Suites opened its doors two years ago, Oltmanns said, to concerns that it would take business away from civilian establishments. But the net result was 180 rooms returned to the local economy.

“We offer 109 rooms here,” Oltmanns said. “Before this hotel was built there was a total of 289 rooms available across the post for military lodging. Now, it’s just the 109. That means we gave 189 rooms back to the community.”

Moreover, in cases where Candlewood is full, its staff will reach out to help the customer find lodging in the community.

As the lodging requests for Jill Biden’s April 6 visit to Fort Riley ballooned from a handful to about a dozen, Oltmanns said, it was decided that Candlewood at Fort Riley could not accommodate them. Oltmanns found rooms for the group off-post.

TRAINING UP



Maria Childs | POST  
Firefighters from Lawrence, Manhattan, Pottawatomie County, Forbes Field, Topeka and Fort Riley conducted a structural collapse training course at the FRFD’s training grounds in Camp Funston, Fort Riley from April 4 through 15. For full coverage on the structural training course, see the April 29 edition of the 1st Inf. Div. Post.

Soldier chefs learn new skills to use in Fort Riley dining facilities

By J. Parker Roberts  
1ST INF. DIV. PUBLIC AFFAIRS

Five Soldiers from the 1st Combat Aviation Brigade, 1st Infantry Division, graduated from the Food Service Refresher Training Course April 15 at Fort Riley’s Food Service Lab.

As their capstone event, the chefs prepared a buffet-style menu that included minestrone soup, grilled halibut, braised beef short ribs and a mushroom and artichoke cheese tart. For dessert, the Soldiers prepared and served a white chocolate mousse with hazelnut Gianduja ice cream and sweet beignets.

“Today went well,” said Sgt. Michael Allen, primary instructor for the Food Service Refresher Training Course. “I couldn’t have asked for too much more.”

While the final event in the past has been a multi-course, plated meal, this class’ effort more closely resembled the volume and serving style used in their home dining facilities.

“Buffet service is a style of service that dates back quite a way,” Allen said. “It goes over well, I think.”

The primary instructor said there’s not much difference between large-quantity and small-quantity cooking, other than how it is plated.

“Everybody looked happy,” he said. “People got to go up and get seconds; that’s something we haven’t offered before.”

Allen said the buffet service offered a choice in starches and vegetables, another benefit of the style.



Amanda Kim Stairrett | 1ST INF. DIV.  
Pvt. Lomandy Matug, 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, prepare broccoli hollandaise before the 1st Inf Div. Food Service Luncheon April 15 at Fort Riley’s Food Service Lab.

The goal of the course was “to learn something I didn’t know before, which I did,” said Pvt. Shandarius Colbert, 601st Aviation Support Battalion, 1st CAB. “We learned about a lot of things we can do in the DFAC that take little to no time at all.”

PARTNERSHIPS AT WORK



COURTESY PHOTO  
Over the last three months, the 97th Military Police Battalion at Fort Riley partnered with the 110th Maneuver Enhancement Brigade, Missouri National Guard, in support of the 1st Infantry Division’s Command Post Exercise 3 and Warfighter Exercise, the later of which took place April 6 through 14 at the Mission Training Complex at Fort Riley.



## WARFIGHTER

Continued from page 1

finding innovative ways to track and destroy the enemy in the decisive action fight. Our observer controller/trainers and mentors said the Fighting First was the best headquarters they'd seen in years."

Grigsby said the division faced a near-peer enemy in the exercise, something most current Soldiers haven't done.

"Warfighter was a great opportunity to learn something outside of our daily routine," said Spc. Jason White, a human resources specialist with the 1st Inf. Div. Main Command Post Operational Detachment of the Nebraska National Guard.

In the training exercise, about 300 1st Inf. Div., National Guard and Army Reserve Soldiers, Air Force Airmen and members of the British Armed Forces increased their mission readiness capabilities and learned how to work as a joint force.

Senior Airman Steven Brown, an interface control technician, and Tech. Sgt. Hailey Maio, an airspace manager, both with the 10th Air Support Operations Squadron stationed at Fort Riley, were among the members of the Air Force who participated.

"The Joint Air to Ground Integration Cell as a whole did a great job," Maio said. "From Command Post Exercise 1 to Warfighter 16-4, we improved greatly and worked really well together."

The division conducted three Command Post Exercises in the months leading up to Warfighter.

Brown said the 10th ASOS's mission during the exercise consisted of getting aircraft over the battlefield to support troops on the ground.

"The actual exercise was a fun experience," Brown said. "The Air Force and Army integration was great. We created bonds and relationships."

Maio said during the exercise everyone learned to better understand each other and make sure they were speaking the same language, especially when it came to fire missions, aircraft and making sure everyone was safe in order to get positive effects on targets.

"Building relations with other sections is great," said Spc. D.J. Baird, a battle radiotelephone operator with Division Headquarters and Headquarters Battalion, 1st Inf. Div. "Also knowing how the command post operates and understanding the concepts helps us understand why we take and carry out orders."

Soldiers also conducted a command post relocation battle drill. In this drill, they had to relocate the command post from the Mission Training Complex to the Victory Village training site. Upon arriving at the new site, Soldiers worked together to fortify the new base of operations and continue the simulation.

## SULLIVAN CUP

Continued from page 1

"We get support every day from our first sergeant," Alejandro, the team's gunner, said. "We meet up with him every morning at like (6 a.m.). It's rough because it's strenuous and the type of workouts that we're doing are not the type of workouts we're used to doing, but we know what we're going up against so we're excited for the challenge."

Crew members said in order to be successful, they will have to work well together as a team, something the four have been doing for only a few months.

When the team first got together, "immediately we all fit in and worked pretty well together," Bontrager, the team's driver, said.

"We have a great chemistry," Randle added. "I couldn't have asked for a better crew."

Each team member is motivated by different factors to do their best. Bontrager said the competition will help steer his Army career in the right direction, while Alejandro wants to set a positive example for his children.

"I want my kids to look back and be like 'my daddy worked hard, and these are some of the things he did,'" he said. "I'm trying to give back and show my kids that when you work hard good things happen."

Engstrom and his team received the full support of their leaders since they began down the road to the Sullivan Cup



COURTESY PHOTO

**LEFT TO RIGHT: Staff Sgt. Eric Engstrom II of Becket, Massachusetts; Sgt. Johnathan Alejandro of Pasadena, California; Pfc. Avery Randle of Monticello, Indiana; and Pvt. Logan Bontrager of Middlebury, Indiana; all tank crew members from 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, will represent the "Big Red One" during the 2016 Sullivan Cup competition May 2 through 6 at Fort Benning, Georgia.**

and expressed how they want to make the division proud.

"I want to represent Fort Riley and the Big Red One to the best of my ability," Engstrom said. "I know that we're going to get down there and have the opportunity to do great things and

I want to achieve all of the goals that I have going down there."

In the end, it's a competition, and there is one thing the team really wants above all else.

"I want to win," Engstrom said. "Why would I go if I didn't want to win?"

## SELF DEFENSE

Continued from page 1

brigade as a signal support systems specialist. "Many of the techniques were new to me so I learned a lot."

Unit Soldiers conducted a run April 7 where they were given clues related to locations that provided SHARP-related services and then raced from location to location getting more clues for the next location along the way.

The 1st Inf. Div. Sust. Bde. has several more events planned for the month, including a brigade SHARP morale run with family members and a SHARP proclamation signing. The goal for brigade leaders is to eliminate sexual assault and harassment from its ranks and reiterate that it will not be tolerated within the formation.

# SUICIDE PREVENTION

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## THE POWER OF 1







## IN BRIEF

### TRAFFIC UPDATES

For traffic updates, see the Traffic Report on page 4 or visit [www.riley.army.mil](http://www.riley.army.mil) and click on "Advisories."

### CENTRAL ISSUE FACILITY TO CLOSE FOR INVENTORY

The Central Issue Facility remains closed for inventory. It will reopen 7:30 a.m., April 25.

### SOLDIER FOR LIFE TRANSITION ASSISTANCE PROGRAM EVENTS

April 29 beginning at 8:30 a.m., Agricultural Orientation Day, Tiffany Cattle Co., Kansas Agrability. Event will be held at the Soldier and Family Assistance Center, 674 Warrior Road.

May 6 beginning at 8:30 a.m., Agricultural Orientation Day, River Creek Farms and the Kansas Farm Bureau. Event will be held at the Soldier and Family Assistance Center, 674 Warrior Road.

May 7, 10 a.m. to 2 p.m., Johnson County Sheriff's Office Career Fair. Event will be held at 111 S. Cherry St., rooms 200 and 201, Olathe, Kansas.

May 24, 9 to 11 a.m., Caterpillar Facility Tour. Those attending will find opportunities for quality control technicians, welding and accounting. Group will meet outside Bldg. 212 on Custer Ave., Fort Riley. Interested people should RSVP to [hans.j.Lokodi.mil@mail.mil](mailto:hans.j.Lokodi.mil@mail.mil).

### THREAT AWARENESS AND REPORTING PROGRAM TRAINING

Threat Awareness and Reporting Program training will be offered for Soldiers, Department of the Army civilians and contractors at Barlow Theater May 11 and June 1, 10 to 11 a.m.

For information or to schedule training call 785-240-3097.

### RECYCLING CENTER CHANGES

Fort Riley's Recycling Center in building 1980, Camp Funston, will undergo a construction project designed to enhance recycling capability. A state-of-the-art materials sorting system will be installed.

The new system will allow the facility to recycle larger quantities of materials resulting in more waste being diverted from local landfills and more revenue being produced for unit funds and other Family, Morale, Welfare and Recreation activities across the installation. Construction will begin April 4 and is projected to take up to 12 months to complete.

During that time recycling activities will be temporarily moved to building 1630, at the corner of I and 7th Streets in Camp Funston. Hours of operation will remain unchanged. They are 6 a.m. to 4:30 p.m. Monday through Friday, except holidays and Garrison Resiliency Days Off when the Recycle Center is closed.

For more information, call the Recycle Center, 785-239-2094 or 785-239-8686.

### USO EVENTS ANNOUNCED

- A Sip and Chat event for spouses is held every Wednesday from 9 to 10:30 a.m.
- Operation Happy Birthday: USO volunteers will deliver a cupcake to Soldiers during the month of their birthday. See USO Facebook page to sign up.
- Staff at the USO staff is planning to hold a family game night the 3rd Friday of every month. Family game night for this month is scheduled for 5:30 p.m., April 21.

### RILEY RASCALS RESALE MARKET SET FOR MAY 14

The Riley Rascals Resale Market is scheduled to take place from 9 a.m. to 2 p.m., May 14, at Rally Point on Fort Riley.

This is an opportunity to buy or sell gently used children's clothing, toys and goods. The market is for children's goods only; no car seats or cribs are allowed.

Admission is \$1 for people 13 years old and older. Those 12 and under are admitted free.

The event still needs vendors as well. Booth space is \$25.

For more information, call 785-375-3260.



Leanna Chiles, daughter of Nicole Carter and Staff Sgt. Charles Nichols, strikes a pose with Miss Kansas USA Victoria Wiggins during the Little Miss Fort Riley event at the main Exchange April 16. Girls between the ages of 4 and 12 could come have their hair and make-up done and meet Miss Kansas.

## Pretty in Pink

### Miss Kansas USA offers services, advice to the Little Miss Fort Rileys attending Exchange event

Story and photos by Hannah Kleopfer  
1ST INF. DIV. POST

Little girls of Fort Riley came to the Exchange April 16 to have their make-up and hair done by professionals, and to meet Miss Kansas USA Victoria Wiggins, who grew up as a military child.

"I've been part of the Post Exchange a couple of times," Wiggins said. "I did my welcome back once I won here and I think it's amazing how welcoming ... they've been. I know this is somewhere where families come and meet and they shop, so to be here in the community and in the mix is really great. To be invited back to do the Little Miss Fort Riley, especially during the Month of the Military Child, it's very exciting to give back and make everyone feel like a princess."

Girls ages 4 to 12 were able to sign up for the event during the week. The event included the girls having their hair done at the salon and make-up done by professionals of Lancome and Estee Lauder. Little Miss Fort Riley was part of the Exchange staff's way of celebrating the

See PRETTY, page 12



Miss Kansas USA Victoria Wiggins pretends to crown Kassidy Gibson, daughter of Stephanie and Sgt. Sean Gibson, 1st Squadron, 4th Cavalry Regiment, 1st Sustainment Brigade, 1st Infantry Division, during the Little Miss Fort Riley event April 16.



Girls of Fort Riley pose with their favorite superheroines during the Superhero Character Breakfast April 17 at Riley's Conference Center. The event was sponsored by the staff of the Directorate of Family and Morale, Welfare and Recreation.

## Breakfast event lures large cast of heroes

### Observing Month of the Military Child takes on distinct superhero theme

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

Little versions of Batman and Spider-man saved the day April 16 at Riley's Conference Center. Staff of the Directorate of Family and Morale, Welfare and Recreation hosted their first Character Breakfast during the Month of the Military Child with a superhero theme. Staff, kids and parents donned superhero costumes and clothing in the spirit of the event.

"We wanted to host an event for families and geared toward kids," business manager Chris Downs said. "This is the first time we've hosted it here. We want to do character breakfasts, and we chose superheroes to be the theme of our first one. We want to do more depending on the calendar and success of this one. We did sell out. We just want to give families something to do that's out of the ordinary and builds morale."

While attendees served themselves superhero-themed breakfast foods, cosplay actors walked around and took photos with the kids.

Cosplay is a contraction of the words costume play. It is a performance art in which participants called cosplayers wear costumes and fashion

See BREAKFAST, page 12

## Fort Riley spouses sip, chat at monthly meeting

### Popular event allows community members a chance to meet one another

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

The smell of coffee filled the room at the USO Fort Riley, as spouses were welcomed with pristine white tablecloths and pastries.

Volunteers at the USO hosted the Spouse Sip and Chat April 13. The event is held monthly and the purpose of these chats is to give Fort Riley community members a chance to come together and meet one another.

"It gives spouses, especially newly PCS'd (permanent change of station) spouses, the opportunity to connect with each other and build friendships and support groups," said USO volunteer Mary Post, wife of Chief Warrant Officer 2 Daniel Post, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division. "It's also a great opportunity for the community to show its support of Soldiers."

The Spouse Sip and Chat started October 2014, and Post said she hopes to eventually involve more volunteers and do more with the event, such as start icebreakers. The event has become popular for spouses to come and

See SIP, page 12



Spouses of Fort Riley Soldiers sit with their kids and chat with each other during the USO Fort Riley's monthly Spouse Sip and Chat April 13.

## Mothers, daughters learn importance of beauty

### Speaker at tea event talks about steps to revealing every woman's dignity

By Hannah Kleopfer  
1ST INF. DIV. POST

Mothers and their daughters donned their best dresses and sun hats at Victory Chapel April 16 for a mother and daughter tea. The driving force behind the event was Kat Mc-

Neal, a style consultant and Christian speaker who owns a business called "Styling Fireflies."

"I had a friend who knew Kat McNeal and knew that she had a lot to offer to the girls here," said Cathy Johnson, wife of Chap. (Lt. Col.) Peter Johnson, 1st Infantry Division. "I was looking to do a special event at the main post chapel ... and I thought what a perfect thing to marry her up with the mother-daughter tea."

As the ladies entered the chapel and took their seats at tables decorated with

china tea cups, plates and spring decorations, McNeal went on stage to begin her presentation. She comes from an Army family and is also an Army spouse, so she had a connection to both the daughters and mothers.

"Throughout my work mentoring, ministering and mothering experience, I constantly see a need for women to be encouraged in the area of beauty, no matter the age, season of life, working or stay at home mom," McNeal said.

The main focus of her speech was "The Five B's of Revealing Your Dig-

nity." With each step she gave a scripture reading that tied into it along with a fashion tip. The five B's included Be Colorful, Be Satisfied with your own body, Be Respected and Be Beautiful. McNeal invited girls and ladies from the audience to help explain different style tips such as coloring, handbag size and accessorizing.

"I like that it was scripturally based and we can go back and have the scripture to support the five B's

See TEA, page 12



COMMUNITY CORNER

# Post staff, Soldiers take Earth Day message to heart

By Col. Andrew Cole Jr.  
FORT RILEY GARRISON COMMANDER

April 22 is designated as Earth Day, and this year marks the 50th anniversary. Earth Day is an international event designed to broaden knowledge of the planet's resources and the importance of protecting it for future generations. About 196 countries have joined in the pledge to support Earth Day and protect the environment. Staff at Fort Riley is dedicated to taking care of the environment of the Flint Hills and prairie lands on the post.

In 2015, Fort Riley received the National Military Fish and Wildlife Association's Model Natural Resources Management Program Award. Environmental staff on post work with the Kansas Department of Wildlife and Parks, U.S. Fish and Wildlife Service and

several non-governmental organizations to manage the fish and wildlife. There is an abundance of wildlife on Fort Riley, including the only elk herd in Kansas. These animals are counted annually and hunting permits are issued to keep the numbers balanced.

The Army Compatible Use Buffer program was initiated in 2006. It provides funding to purchase conservation easements on private land in the Fort Riley area, thereby restricting future incompatible land use to create and conserve areas of high quality tallgrass prairie. Fort Riley environmental staff works with naturalist at Konza Prairie Biological Station to understand the



Colonel Cole

management of the prairie grasslands. Environmental and fire department staff conducts prescribed burns on the grasses as needed to maintain their proper growth cycles.

Fort Riley was selected to participate as one of eight pilot sites for the Army's Net Zero initiative for water conservation and sustainability. Net Zero has two requirements it calls for a reduction in water use intensity at Fort Riley of 50 percent by 2020 from where it was in 2007. The other requirement is for the post to return clean water to natural sources at the same rate it is used. Fort Riley staff work to achieve these goals by building a permeable parking lot at Seitz Elementary and the efforts of leadership at Corvias Military Housing to install water saving devices and work with residents on conservation practices.

The Fort Riley recycling center saves money and protects the environment for the post. The facility is receiving an upgrade of new material handling equipment this year. This new equipment will greatly improve the ability to process recyclable material. It will help the staff recycle a higher percentage of waste products. The center recycled 44,865 tons of material in FY15.

When we use technological innovations and changes in habits, we can not only observe Earth Day but also contribute to the preservation of our mission and quality of life.

— To comment on this article or to suggest a topic for Community Corner, email [usarmy.riley.incom.mbx:post-newspaper@mail.mil](mailto:usarmy.riley.incom.mbx:post-newspaper@mail.mil) or visit my Facebook page at [www.facebook.com/fortrileycg](https://www.facebook.com/fortrileycg).

# Families socialize at annual Spring Fling

## Exceptional Family Member Program event delivers on fun

Story and photo by Kalyn Curtis  
SPECIAL TO THE 1ST INF. DIV. POST

Painting, raffles and finger printing with the Military Police — these events were all included in the annual Exceptional Family Member Program's Spring Fling April 16.

The Spring Fling is a collaborative effort to provide activities for families involved with the Exceptional Family Member Program.

The EFMP manager, Laurie McCauley, said the Spring Fling event is typically planned a year in advance, giving staff members the opportunity to plan out events and crafts.

"We look at what else is going on in the installation so that we don't have to compete with anything," McCauley said. "It continues to establish that relationship with both the families and with the staff so that they can see us in a relaxed and calming way instead of in an office-type setting."



Joseph Hoyt, 9, paints a sculpture at the Exceptional Family Member Program's annual Spring Fling April 16. Joseph's father is Staff Sgt. Dustin Hoyt, of the 116th Military Police Company, 97th Military Police Battalion.

In addition to providing fun activities for families to do together, McCauley said the event allows families on Fort Riley to socialize with each other.

"It's a way to reach families and give them the opportunity to learn and socialize and then network with other families," McCauley said. "They may learn from others what works for them and what doesn't."

One of the programs featured at the Spring Fling was

bedtime routines. For our expecting mothers, we do a lot of delivery education, preparing for newborns, safe sleep environments, car seat safety, anything you can think of really as a parent that you might need education on."

The New Parent Support Program also helps parents deal with preparing their families for deployment, as well as when the time comes for their Soldier to return home. The program serves active-duty mothers as well as civilian mothers.

"We're just here to serve the community," Simmons said. "Parents in the military are taken from their support systems because they move around the country, so we try to fill that gap of not having that built in family support system from home and provide that extra help to our families."

For more information on the programs and their upcoming events, visit the Fort Riley Exceptional Family Member Facebook page, or [www.rileymwr.com](http://www.rileymwr.com) for a list of upcoming post-wide events.

# Jazz appreciation luncheon strikes chord

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

Soldiers and staff laughed and danced as the 1st Infantry Division Band put on a show for members of the Warrior Transition Battalion April 13 at the Soldier and Family Assistance Center.

"Last year we started doing an annual thing with the 1st ID Band," said Sally Sowell, SFAC director. "And it was so much enjoyed last year by both the band members and everybody here. So it's also a way for all the staff, cadre and Soldiers in transition to all come together."

The food was free to WTB Soldiers and \$5 for everyone else. The luncheon featured pulled pork sandwiches and music. The money from the event will go to the WTB.

"Our fundraiser is to support part of our Family Readiness



The 1st Infantry Division Band plays as Soldiers listen and eat their lunch during the Jazz Appreciation Month luncheon at the Soldier and Family Assistance Center April 13.

Group program for the WTB," said Staff Sgt. Mark Affeltranger, Community Care Unit, WTB. "There are a few things that go into it. It's important as far as our company level because it gets us our funds to do things such as awards and get-togethers and that sort of thing. But at the

same time we like doing this for the WTB, which we're a part of, because we like giving back to the Soldiers and giving them a variety of something we can do. So we make a decent meal that's affordable for everyone to have."

Many people came through the event and sat outside in the

warm weather on the patio of the SFAC, where the 1st Inf. Div. Band played a variety of hits.

"The music thing is awesome because it's something out of the ordinary, and it's people coming to support wounded warriors," Affeltranger said.

The event is also being used to get Soldiers more involved in what is happening on post.

"We're using this as a kick off to let the Soldiers and their families know that next week is the Hiring Heroes Career Fair," Sowell said.

The career fair, which took place at Riley's Conference Center April 20, is an annual event that helps wounded, ill, injured and transitioning Soldiers, veterans and their family members network and find jobs with employers from the Department of Defense, federal agencies and private sector firms.

# Graduates invited to participate in post-wide ceremony

By Maria Childs  
1ST INF. DIV. POST

The 56th Post-Wide Graduation Ceremony will be hosted by the Education Services and the Consortium of our On-Post Colleges, 1 p.m., May 19, at the Geary County Convention Center in Junction City, Kansas.

All qualifying graduates planning to participate in the ceremony must have a military affiliation with one of the post's colleges.

This is the first year a graduation event will be conducted off the installation. Shirley Ferguson, Fort Riley's Education Service Officer, said facilities on post are unable to support an event of this size. There are 300 students earning college degrees this year and 200 are expected to participate.

"This event is about celebrating a significant accomplishment among our members of the Fort Riley community," Ferguson said. "We will celebrate as a community together to honor all of our graduates."

Graduates will receive diplomas from one of eight colleges at Fort Riley: Central Michigan University, University of Mary, Upper Iowa University, Kansas State University, Southwestern College, Central Texas College, Hutchinson Community College, and Barton Community College.

The ceremony also includes graduates who are attending other colleges through distance learning programs such as American Military University, Ashford University and University of Maryland University College.

"This annual commencement is a collaborative effort with the consortium of colleges located on post," said Monica Smith, Education Services specialist at Fort Riley. "We don't have a traditional one-campus school; but we have representatives and programs from all the eight main campuses. Therefore, each school likes to recognize their graduates to include the Education Services staff and the Fort Riley Community."

To participate, eligible graduates should contact their on-post college office for registration information. Distance learning students can contact the Fort Riley Education Services office to secure their space in the ceremony.

The deadline to register for the ceremony is May 1.

The Education Services Office will have limited services 2 to 5 p.m., Wednesday, May 18, and will be closed 11 a.m. to 5 p.m., Thursday, May 19.

For more information, call Education Services at 785-239-6481.

NOW SHOWING

Barlow Theater is now in digital!  
Tickets cost \$6.00 for adults and \$3.50 for children  
Tickets for 3-D and first-run movies cost extra.  
Children younger than 5 are admitted free.

FRIDAY, APRIL 22

• CLOSED

SATURDAY, APRIL 23

• Miracles From Heaven (PG) 2 P.M.  
• 10 Cloverfield Lane (PG-13) 7 P.M.

SUNDAY, APRIL 24

• Miracles From Heaven (PG) 5 P.M.

For movie titles and showtimes, call  
**785-239-9574**

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KNOW WHAT'S RIGHT

know the signs

DO WHAT'S RIGHT

The signs are all around - it's up to YOU to recognize and act on them.



# Fort Riley Elementary puts on carnival

Students create games in preparation for Friday event

Story and photos by Hannah Kleopfer  
1ST INF. DIV. POST

Children with faces painted up as tigers sat in the grass of Fort Riley Elementary School giggling and talking as they waited for the Commanding General's Mounted Color Guard to begin a show April 15.

Staff and students of FRES spent their week preparing for the annual carnival by creating games for Friday evening and setting them up throughout the school. Children flocked to the mini golf course created by the fifth-graders in the library.

"I think it's great for the families and the school in that connection," fifth-grade teacher Jana Laffery said. "The fifth-graders built this golf course, so they've got real ownership and they're really proud of themselves. So I just think it's been a really good experience. It gives us the chance to interact with the parents on a different, non-academic level, and same thing for them to see us outside of the classroom."

The event included a silent auction, face painting, cake walks and show from select members of the Commanding General's Mounted Color Guard.

Inga Klusa-curit, spouse of Sgt. 1st Class Richard Klusa-curit, a Fort Riley Soldier, had come with her son Janis, 8, who started attending FRES in February when they moved to Fort Riley from Hawaii.



Kids sit in the grass as they watch the Commanding General's Mounted Color Guard perform during the Fort Riley Elementary School Carnival April 15.



Sergeant Cecil Sanderson and his horse Jim of the Commanding General's Mounted Color Guard slices a balloon during their performance at the Fort Riley Elementary School Carnival April 15.

"Everything is new and everything is so awesome," Inga said. "I talked to my friends in Hawaii and said this elementary school is the best ... It's so welcoming. And this carnival, this is awesome."

Janis said he helped create the bean bag throw in his classroom, and he was ready to win all of the games he could at the carnival.

Inside the gym of the school, a large bounce castle

"I talked to my friends in Hawaii and said this elementary school is the best ... It's so welcoming. And this carnival, this is awesome."

INGA KLUSA-CURIT  
MILITARY SPOUSE

was set up for the kids to play on. Along the walls were baskets for silent auctions as well as raffles. Students could buy tickets as they came into the event or a bracelet for unlimited games. School staff also sold pizza families There also were snacks such as popcorn.

## START YOUR ROLL



Hillary Koenig | AWANA LEADER  
Volunteers and children with AWANA participated in a pine car derby April 17, at Victory Chapel, Fort Riley. The AWANA program is a non-denominational and international ministry for children kindergarten through 6th grade. The children participate in events such as Bible stories, games, recreation, life skill training, character building and a pine car derby. Lt. Col Pete Ramos, deputy commander for administration and chief of logistics, Medical Command, Irwin Army Hospital assisted with the race. About eighty children and adults participated.

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# Kansas State class pays visit to Fort Riley

Students studying public relations have 'blast' on trip to post

Story and photo by Kelli Reese  
1ST INF. DIV. POST

Kansas State University's relationship with Fort Riley is ever-present in Deb Skidmore's "Military Public Relations" class.

Skidmore, a retired media relations officer for the Garrison Public Affairs Office, led her class in a field trip to Fort Riley's cavalry airfield. Seven students became familiar with the equipment on the airfield. Students listened to Warrant Officer Robby Bellisario with 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, as he taught the group about Apache helicopters and their purpose.

The students were able to climb into the cockpit and



Students take notes as Spc. Marin, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, teaches about the Medevac Helicopter.

given the opportunity to take photos.

"The best part was getting to go out on the airfield and get into the Apache helicopter," said Erin Woods, a junior studying public relations. "I had a blast getting to ask questions about the duties of the pilots and the weaponry on the aircraft."

The students took notes as Soldiers briefed them on what each piece of equipment does and how they keep the machinery running safely with attention to detail.

Taylor Cabine, a senior studying advertising at K-State, said, "I was amazed at how willing and knowledgeable everyone was about what

they did. All the gentlemen who spoke to us were oozing with pride for what they did and how they fight for our country."

Spc. James Marin, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st CAB, 1st Inf. Div., a mechanic on a Medevac stood out to Cabine the most.

"His story and the way he spoke about service to our country was so moving," Cabine said.

The goal of the field trip was to bring students out to Fort Riley and help them understand more about the Army. K-State is rare in the fact that they offer a military PR class. This class is designed to teach journalism and mass communication students about public affairs positions in the military. Skidmore said this was the second time she has brought her class on post and both times it has been a success.

April Is

CHILD ABUSE PREVENTION MONTH

What's Going On In April for parents and children?

Child SAFETY

At Army Community Service  
Bldg. 7264

- Becoming A Love & Logic Parent classes-empower parents to change unwanted behaviors in children

Wednesdays, 6, 13 & 20 @ 2-4pm

- To Spank or Not to Spank class-learn when is spanking appropriate to correct unwanted behavior

Wednesday, 13 @ 9-10:30

- Stress Mgmt. Class-recognize and properly address personal stress in healthy ways

What is STRESS?

At Middle School & Teen Center (MST)  
Bldg 5800

- Bullying Prevention, Thursdays, 7, 14, 21 @ 4:30-5:30

Children will learn warning signs of bullying and what they can do.

- Its NOT Your Fault, Thursday, 28 @4:30-5:30pm

Children will learn to empower and protect themselves from predators

At School Age Services (SAS)  
Bldg5810

"No Little Secrets!"  
Thursday, 20 @ 4:30-5:30pm

Children will learn ways to become empowered and protect themselves

For more information visit Family Advocacy Program at Army Community Service or call 233-9435

Month of the Military Child Festival!

Super Hero: Spider Man visits!

Fort Riley Conference Center  
446 Seitz Dr.

Kids can role play bullying prevention techniques!

Sunday, 24 @ 1200-3:00pm

ALL ACTIVITIES ARE FREE!!!!!!

Be Your Own Superhero!

Walk for Autism Awareness AND Community Carnival

Saturday, April 23<sup>rd</sup> 2016

Bishop Stadium in CiCo Park

9am - 11am

Dress up as your favorite SUPERHERO and Join No Stone Unturned before the KSU spring game for Be You Own Superhero Walk for Autism Awareness

Pre-Register by APRIL 1<sup>st</sup> for \$10 and receive a T-Shirt and raffle tickets

Tickets will be available at the door for \$5/person or \$15/family

Tickets are available at No Stone Unturned Call (785) 587-1825 or email [charlana@nostoneunturndtc.com](mailto:charlana@nostoneunturndtc.com) for more information

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# Aquatics staff visits Milford Elementary

Pair introduces water safety program called 'Josh the Otter'

Story and photos by Maria Childs  
1ST INF. DIV. POST

Members of the Fort Riley aquatics staff of the Directorate of Family and Morale, Welfare and Recreation visited Milford Elementary School April 15 to teach a new water safety program called Josh the Otter.

Hedy Noveroske, aquatics program manager for Directorate of Family and Morale, Welfare and Recreation, and Judy Gardner, assistant program manager, read to children in kindergarten through third grade a story about an otter who learned to float and swim with the help of his parents.

Noveroske learned about this water safety program at the Association of Aquatic Professionals Conference and Expo in San Diego in March, and decided to bring it back to Fort Riley. The goal and message of this program is to get children talking to their parents about learning how to swim, with a specific emphasis on learning to float and to never go around water without adult supervision.

"The representative had a very informative booth set up and after asking a couple of questions to her, I knew that this was water safety program that I wanted to bring back to our USD 475 children," Noveroske said.

According to the Centers of Disease Control and Prevention, children between the ages 1 and 4



Hedy Noveroske, aquatics program manager for Directorate of Family and Morale, Welfare and Recreation, and Judy Gardner, lifeguard for DFMWR, tell the story of "Josh the Otter" to children at Milford Elementary April 15 as part of a new aquatics program aimed at children from kindergarten through third grade.



Hedy Noveroske gives Conner Colby, 8, son of Sgt. Anthony Colby, 526th Quartermaster Composite Supply Company, 1st Infantry Division Sustainment Brigade a sticker and coloring book after the "Josh the Otter" lesson about water safety at Milford Elementary April 15.

have the highest drowning rates. Most of these drownings occur in a home swimming pool.

Noveroske said it is important to her to teach this program to children in the area because of those statistics.

"The sooner we can start educating our younger students about drowning prevention, the benefits of learning how to swim through swimming lessons and ensuring that their adult is actively watching them the less likely of

## DID YOU KNOW?

• According to the Centers of Disease Control and Prevention, children between the ages 1 and 4 have the highest drowning rates.

an accidental drowning or near drowning will occur," Noveroske said.

Noveroske said she hopes children walk away from the program with an understanding that they must have supervision at all times around any body of water.

Conner Colby, 8, son of Sgt. Anthony Colby, 526th Quartermaster Composite Supply Company, 1st Infantry Division Sustainment Brigade, knows how to swim, but he still learned something during the presentation.

"Learn to float before you go swimming," Colby said.

Zach Bender, 8, son of Lt. Col. Craig Bender, Mission Command Center of Excellence at Fort Leavenworth added he learned he can't swim alone.

"I learned to have an adult at my side every time I go to the pool because if you get stuck on something and can't get out a parent can help you get out," Bender said.

Bender said he has a water slide at home and even though it is not used for swimming the same message was still clear.

"It's very important because if you are playing with it the wrong way you can fall off," Bender said.

Noveroske said she hopes to expand the program throughout Fort Riley schools with an emphasis on younger children.

For more information, call 785-239-9441.



Hannah Kleopfer | POST  
Tables of the mother and daughter tea at Victory Chapel April 16 were decorated with china tea cups and plates as well as colorful spring decoration.

## TEA Continued from page 9

to reveal your dignity," said Shannon Tracy, wife of Lt. Col. Clint Tracy, 1st Infantry Division Sustainment Brigade. "Song of Solomon 4:7, 'There is no flaw in you.' I think that'll be useful through the years with Taylor Bug (her daughter), and even me. When people say something or make fun of you, you can always go to scripture and say there is no flaw in me."

Tracy brought her daughter Taylor, 8, along to the tea. The Tracys are also avid hunters, and Shannon joked they were able to go from wearing camouflage in the woods to cleaning up in their best dresses for a lesson on God, clothing and etiquette.

After the speech, the mothers and daughters snacked on food catered by 4 Olives and 4 Cakes, while McNeal gave the girls and select mothers personalized color analyses.



Hannah Kleopfer | POST  
Bruce Buckson, 3, son of Cierra and Spc. Bruce Buckson, 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, meets Spider-man at the Superhero Character Breakfast. The event was sponsored by the staff of the Directorate of Family and Morale, Welfare and Recreation at Riley's Conference Center April 17.

## BREAKFAST Continued from page 9

accessories to represent a specific character.

"I'm a member of the cosplay group called 'Another Castle Creations,' and when they asked for volunteers to come and dress in costume, we were like 'of course!'" said Laura Benfer, who was dressed as Supergirl. "I'm from Manhattan, so it was a quick drive to get here. I think it's exciting to be here. Manhattan and Fort Riley have a lot to do together, but sometimes if you're not hooked into the base as much, it's hard to get on. It's nice to come and see the community that's here and it's really fantastic."

Benfer said she dressed as Supergirl because she's a great female character and it has been awhile since people have had a chance to see that.

Kids ran around the room trying to meet their favorite heroes. Bruce Buckson, 3, son of Cierra and Bruce Buckson, was dressed up as Captain America and eagerly

went up to take a photo with Spiderman.

"Both of my boys are into the superheroes, and I saw this and decided to go ahead and come along," Cierra, his mom, said. "They love it. They are enjoying everything. There's not a lot of things around and I always enjoy the things they have at the conference center."

Bruce's older brother Elliot, 5, was also at the event dressed up and hoping to meet superheroes.

While families participated in the Character Breakfast for Month of the Military Child, families were also able to go hike the Konza in Manhattan the day before to observe the month. Staff of Child, Youth and School Services set up a special hike called "Journey on the Konza" for families to get out and see the communities around them, and offer a fun family activity.

## SIP Continued from page 9

have breakfast with friends or meet new people.

"It's a great opportunity for spouses to meet new people, especially when you're new here and coming in and don't really know anyone," said Berisha Etheridge, wife of Sgt. 1st Class Leslie Etheridge, 84th Explosive Ordinance Disposal.

Her friend Sheralyn Prosper, spouse of Sgt. 1st Class Juan Pepi III, agreed.

"It's a great place to go for some adult conversation," Prosper said. "And it's the atmosphere. This is my first time being at the USO. It's nice."

Not everyone who attends is necessarily a spouse. Dependents such as Katy Robison, daughter



Hannah Kleopfer | POST  
Spouses of Fort Riley Soldiers sit with their kids and chat with each other during the USO Fort Riley's monthly Spouse Sip and Chat April 13.

of Master Sgt. Allan Robison, 1st 1st Inf. Div. Sust. Bde., are also able to attend the event.

"I love getting to meet new people," Robison said. "It's a really cool experience just to sit and

hang out with the spouses and anyone who decides to show up."

Sitting with her was Tatiana Ferracioli, wife of Sgt. 1st Class Michael Mayo, 1st Squadron, 6th Cavalry Regiment, 1st CAB, 1st Inf. Div.

"I've been coming to this every month since August," Ferracioli said. "I enjoy that I can meet a lot of people, and I usually come over here and sit with someone that I've never seen before and I make sure that I get to know them and make new friends."

The Spouse Sip and Chats are held once a month at USO Fort Riley. More information can be found at the USO Facebook page, [www.facebook.com/USOFtRiley](http://www.facebook.com/USOFtRiley), or call USO Fort Riley at 785-240-5328.

## PRETTY Continued from page 9

Month of the Military Child.

"It's very important to us and having Miss Kansas with us, she is a military child and her mother is stationed here at Fort Riley," said Maria Berrios Borges, sales and merchandise manager for the Fort Riley Main Post Exchange, the Army and Air Force Exchange Service. "So who else is better to represent the little girls and give them a little chance of feeling like a princess, and just make the little girls happy."

Girls took pictures with Miss Kansas USA after having their hair and make-up done, and they got to pick out a tiara to wear along with a sash that said "Little Miss Fort Riley." Wiggins took a moment with each child to talk



Hannah Kleopfer | POST  
Girls get their make-up done by the professionals of Lancome and Estee Lauder during the Little Miss Fort Riley event hosted by staff of the main Exchange April 16.

to them and make a connection. Kassidy Gibson, daughter of Stephanie and Sgt. Sean Gibson,

1st Squadron, 4th Cavalry Regiment, 1st Infantry Division Sustainment Brigade, shyly went up

## MORE INFORMATION

• Visit the main Exchange on post to find more activities for families, or call 785-784-2026

to her but Wiggins encouraged her to open up with ease.

"I think it's a good, enriching experience for her," Gibson said. "It's something that can help boost her self-confidence, something that can make her feel good about herself, getting all dressed up and dolled up. It's something that she really enjoys doing, so I think it's a great event."

Visit the main Exchange on post to find more activities for families, or call 785-784-2026.

WWW.1DIVPOST.COM

Sexual Assault Awareness  
& Prevention Month  
April - 2016

KNOW your part  
DO your part

What can you do?

- Intervene
- Distract
- Take Action
- Support
- Enlist Others to Help

Where can you turn?

- Fort Riley 24/7 hotline: 785-307-9338.
- SHARP representative: 785-239-2277 or 785-239-3379
- DoD SAFE hotline: 1-877-995-5247 • [safehelppline.org](http://safehelppline.org)





# Sports & Recreation

IN BRIEF

CUSTER HILL BOWLING SPECIALS

Wednesday through Friday:  
From 1 to 6 p.m., \$2.50 games and \$2 shoes.  
Wednesday: From 6 to 9 p.m., \$1 games and \$1 shoes.  
Thursday: From 6 to 9 p.m., \$5 cover, which includes shoes and 50¢ games.  
Friday: From 6 to 9 p.m., \$15 for unlimited bowling for up to six people, shoes not included.  
Saturday: Extreme bowling from 6 p.m. to midnight, \$9 for shoes and up to three hours of bowling.  
Sundays: From noon to 6 p.m., family fun, \$35 per lane, which includes two hours of bowling, one large two-topping pizza, two pitchers of soda and shoes for up to six people.

OFFERINGS FOR FITNESS-MINDED INDIVIDUALS

The Directorate of Family and Morale, Welfare and Recreation has a comprehensive offering of options for health- and fitness-minded individuals on post.  
Contact one of the following DFMWR fitness department professionals to get started:  
Vincent Spencer, fitness coordinator, vincent.j.spencer2.naf@mail.mil, 785-239-3146.  
Jocelyn Heminitz, fitness specialist, jocelyn.n.heminitz.naf@mail.mil, 785-239-2616.  
Choose between the following:  
• One person, one-hour training session – \$25.  
• Two people, one-hour training session – \$40.  
• Three people, one-hour training session – \$48.  
Personal training sessions can be purchased at Whitside Fitness Center Monday to Friday, 9 a.m. to 6:30 p.m., and Saturday, 9 to 11 a.m.  
You can also purchase a session of massage therapy:  
• 30-minute session – \$30  
• 60-minute session – \$60  
• 90-minute session – \$90  
For more information, call 785-239-2573.

EYSTER POOL WILL REMAIN CLOSED UNTIL FURTHER NOTICE

Eyster Pool is closed. No re-opening date has been determined.  
During this time, all programs — including physical therapy supported by both Irwin Army Community Hospital and Warrior Transition Battalion, pregnancy Physical Therapy, lap swim and recreational swim — will be held at Long Pool, inside Long Fitness Center. Because this pool is not equipped with a computer point-of-sale system, all daily entry fees and pool passes will need to be paid using cash or check.  
Unit physical training requests for Thursdays only will be accepted during this time; this is to decrease maximum occupancy with the early-morning lap swim program.  
The Aquatics Office at Eyster Pool will be open from 8 a.m. to 4 p.m. Monday to Friday. For more information, call the aquatics program manager at 785-239-9441.

YOUTH SPORTS OFFICIALS

The Child, Youth and School Services staff is looking for officials for youth outdoor and indoor soccer, flag football, basketball, baseball and softball.  
Volunteer and paid positions are available. Training is provided and experience is not necessary. A background check is required.  
For more information, call CYSS Sports at 785-239-9223 or 785-240-5207.

ISPORTSMAN SYSTEM

Fort Riley has an automated check-in and check-out system called iSportsman. Individuals can register at [www.fortriley.sportsman.net](http://www.fortriley.sportsman.net).  
To access Fort Riley training area, use the iSportsman website. Check-in and check-out may be done with any personal device with Internet access, visit the iSportsman kiosk at 1st Division and Vinton School roads or the Environmental Division Office, building 407, during normal business hours.  
For more information, contact the Environmental Division at 785-239-6211.

## SEVENTH, EIGHTH GRADE TENNIS



Doubles teams from the Fort Riley Middle School seventh and eighth grade tennis program play at Eisenhower Middle School in Manhattan, Kansas, April 14.



Aaron Sandoval, son of Renee Fletcher and Capt. Donald Frazier, 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, reaches to hit the ball during his doubles tennis match April 14 at Eisenhower Middle School in Manhattan, Kansas.

## Fort Riley Middle School players build skills in local competition

Story and photos by Hannah Kleopfer  
1ST INF. DIV. POST

Tennis players of Fort Riley Middle School had their first week of meets April 12 and 14, taking on Manhattan Anthony Middle School at the Junction City High School tennis courts April 12, then traveling to Eisenhower Middle School in Manhattan April 14.

While many of the athletes are new to the sport, some still found success.

Eighth-grader Alexis Cruz, daughter of Sarah and Staff Sgt. Michael Cruz, a Soldier for the 1st Infantry Division, won her singles match April 12 and was ready to play again against the students of Eisenhower Middle School.

“I’ve only been playing since last year,” Cruz said. “If we do what we’re supposed to with our footwork and our strokes, I think we should be able to win.”

She won her singles and doubles matches April 14, ending her week with three victories.

Seventh-grader Aaron Sandoval, son of Renee Fletcher and Capt. Donald Frazier, 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div., was also confident in their abilities against Eisenhower.

“I’ve been playing since I was 8 or 9,” Sandoval said. “I think if we try hard and do what we’re supposed to do, it will go pretty well.”

Sandoval was able to take home a win for his doubles match April 14.

The students are coached by Scott Levendofsky and Michael Whaley.

“We have three returning players from last year, so I think our kids are doing fine,” Whaley said. “The beginners are learning how to compete, and the three returnees are finding out what it takes to compete against the other schools’ top players. For example, one of Eisenhower’s top players has been playing since the age of 5. Several others from Anthony and Eisenhower have taken private lessons for several years. So there’s a huge gap between their experience levels and ours. Our goals for the kids are to have fun learning how to play tennis and try to prepare the ones that want to continue in high school for that level of competition.”

The students will be competing against Eisenhower Middle School again April 26 and Eisenhower, Anthony and Junction City Middle School April 29.

## Chartrand Tournament part of K-State, Division partnership

### Event brings together people from post, university communities

Story and photo  
by Kelli Reese  
1ST INF. DIV. POST

The 37th annual Ed Chartrand Memorial Soccer Tournament, an event associated with Fort Riley through the institutional partnership with Kansas State University, took place April 15-17.

The event was held at K-State’s Memorial Stadium, a university landmark that opened in 1922 and was constructed in memory of 48 Kansas State University students who died in World War I.

The tournament, sponsored by the Ed Chartrand Memorial Foundation, featured four women’s teams and 12 men’s teams. The foundation was formed in memory of Ed Chartrand, a member of the K-State Soccer Club from 1974 to 1978, and a local advocate of the sport. On May 20, 1979, Chartrand died suddenly. The foundation was formed that summer.

“The tournament gives us an opportunity to come out and enjoy the sport because it’s all about the love for the game,” said Emily Johnson, K-State senior studying conservation biology and a women’s club soccer team member. “It is also



Kansas State University’s Dane Steen, left, and Johnny Danielson, right, take on two University of Texas-Austin teammates for the ball.

a fun way to engage the community, more specifically the Fort Riley community.”

The event was organized to bring military families to the university to enjoy a weekend of soccer and recognize the mutual relationship.

“For me, it’s good to be partnered with the community,” said Staff Sgt. Christopher Heartley, 1st Battalion, 5th Field

Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division. “This shows our commitment to them and

See SOCCER, page 14



# The Force is with her

## Police officer combines love of ice hockey with life in the Army

Story and photo by Margaret Ziffer  
FORT RILEY PUBLIC AFFAIRS

Ice hockey has always been a part of life for Pfc. Kakia Ashley, the New York native now stationed at Fort Riley with the 116th Military Police Company, 97th Military Police Battalion.

After playing on a college team for one year at State University of New York at Potsdam, Ashley decided to join the military and arrived at her first duty station, Fort Riley, in September 2015 to serve as a military police officer. Although hockey is less popular in Kansas than it was in New York, she hasn't let being stationed in the Midwest stop her from playing.

"I've been playing hockey since I was five – it's a sport I love. So I knew no matter where I went in the world with the Army, that's what I wanted to do," Ashley said.

Shortly after arriving at Fort Riley, Ashley began making the two-hour drive to attend open skates at a rink in Wichita. One day, Ashley met the coach of a local team made up of police enforcement officers — The Force — and he invited her to play with his team.

As the only female, Ashley stood out from the rest of the team, but said their shared professions and their mutual love of the game helped her fit in.

"They're a funny group of guys," Ashley said. "It's fun to be around them. They were welcoming, and they treat me just like one of the guys. We help each other out with both hockey and work."

As the youngest player, age is another factor that sets her apart from her teammates.

"Playing with a group of guys that are old enough to be my dad is kind of crazy," Ashley said. "But when you get out there, you don't

look at it like that. You look at it as, they're my teammates, and they're fighting for the same thing I'm fighting for. We have a lot of older guys, but they all have the heart to play."

The Force was recently selected by the International Olympic Committee to participate in a special eight-part televised series that will be aired on the Olympic Channel in conjunction with the Summer Olympic Games in Rio de Janeiro.

As part of the series, the Force is being paired up with a former Olympian, who will spend a week coaching them and helping them train for their annual Police vs. Fire game against the Wichita Fire April 24.

Ashley is looking forward to having the opportunity to work with a former Olympian.

"When I heard that there was an Olympic coach coming to train us to get ready for the rematch, I got excited," Ashley said. "After having an Olympic coach come out, whether we win or lose, we are going to have the knowledge that they left us and all the training tips they left us. It's just going to be our job to remember and to put into play what they said."

The Force has been on a several-year losing streak against the Fire, which Ashley attributes partially to the busy work schedules of policemen that conflict with practices and games at times. But the team is hopeful that with the assistance of their Olympic coach, they can turn things around at their upcoming game.

"I'd love to see the Force come out on top when we play the Fire again," Ashley said. "I know that that's what we work toward all season, that's the big game. We all want to win. It's inevitable – if you play a sport, you're going to want to win. But I love hockey. Regardless of what the end results of the games are, it doesn't matter as long as I get to go out there and skate. That's what means the most."



Pfc. Kakia Ashley, a police officer with the 116th Military Police Company, 97th Military Police Battalion, pursues her passion for ice hockey when not on duty with her unit. The New York native plays for the The Force, a hockey team made of fellow civilian officers in Wichita.

# Team, skill building part of the plan at youth hoops tournament

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

Youth of Fort Riley spread across the gym of Child, Youth, and School Services preparing their game plans for the monthly Youth Midnight Basketball tournament. The games were hosted by staff of CYSS April 15.

Many kids who attend CYSS activities look forward to the basketball games every month and have become regulars.

"My son comes here after school almost every day," said Tiffany Stone, wife of Chief Warrant Officer 3 Stephen Stone, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division. "He

loves this. He told me about it a week ago and said 'You have to go!' It's great because kids can play on the team, and this gives them an opportunity to play basketball and be on a team."

Stone's son Bryson, 13, played in the first game of the evening. Each game is seven minutes long and the tournament is double elimination.

The evening tournament is for all ages and the teams have elementary-age children to high schoolers playing together.

"It gives me an opportunity to meet new people and just have fun," said Jonah Artis, 15, son of Shona Gill and Spc. Danny Gill, 97th Military Police Battalion.

Artis' team won the first game, and he said he was ready to lead his team to a tournament victory.

Many of the kids on the teams showed a lot of skill between their ages.

"I come to every single one," said Damari McConnell, 15, son of Sgt. 1st Class Lashandra McConnell, 2nd Armored Brigade Combat Team, 1st Inf. Div. "I like that you get a variety of playing basketball, and it's just extra practice for people who want to play basketball and get better."

McConnell played for his high school basketball team the year before and was ready to play that evening after filling up on snacks the staff provided.

For more information about Youth Midnight Basketball or other events hosted by the staff of CYSS, visit their Facebook page, log onto riley.armymwr.com/us/riley or call 785-239-9223.



Jonah Artis, son of Shona and Spc. Danny Gill of the 97th Military Police Battalion, goes up for a shot during the monthly Youth Midnight Basketball tournament April 15. The tournament is hosted by Staff of Child, Youth and School Services. The program offers young people a chance to build their skills on the court and teaches team building that will help them no matter what the future holds.



A Color Guard from Fort Riley presented the colors at the 37th annual Ed Chartrand Memorial Soccer Tournament at Kansas State University.

## SOCCER Continued from page 13

their commitment to us. Basically, it's a way to create a better community."

Art DeGroat, executive director of military and veterans' affairs for K-State said, "This mutually beneficial relationship has helped members of the military to be a part of the K-State club sports experience and the K-State family."

The first-place winners of the tournament were the University of Kansas' women's club soccer team and Texas A&M's men's club soccer team.



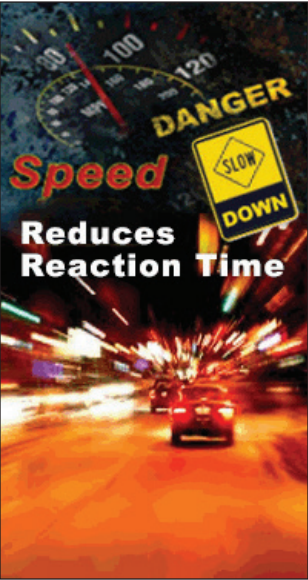
# ARMYFIT



## ASK the experts



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# Travel & Fun in Kansas

★ APRIL 22, 2016

HOME OF THE BIG RED ONE

PAGE 16 ★



## Look FORE-ward to golf across Kansas

Story and photo  
by Hannah Kleopfer  
1ST INF. DIV. POST

As the weather grows warmer, many people find themselves spending more time outside with friends and family engaged in springtime traditions: barbecuing, planting gardens or playing catch. One warm weather tradition that has people running outside is golf, and in Kansas there are miles and miles of green to play on.

In Manhattan, Kansas, there are three courses open to the public, including Colbert Hills Golf Course, Wildcat Creek Golf & Fitness and Stagg Hill Golf Club.

Colbert Hills has an 18 hole championship course and a nine-hole course for a total of 27 holes. It also has a driving range and staff who offer lessons. The facility is known by the people of Manhattan for

its public access with the atmosphere of a private club and excellent hospitality. It is at 5200 Colbert Hills Dr.

Wildcat Creek, at 300 Anneberg Circle, is a great option for families as it has a mini golf course for kids and adults who are not as inclined to play the larger courses, as well as many other activities in the park including footgolf and batting cages. Wildcat Creek has become known for their affordable prices and variety of family-friendly activities.

At Stagg Hill Golf Club, golfers can play nine or 18 holes. It also has a driving range to perfect that swing. Stagg Hill is 11 miles east of Fort Riley on Stagg Hill Road. The course is not as spacious as others such as Colbert Hills and can get crowded, but is still great for those looking to get a game in. The staff of the club are friendly and experienced.

Just outside of Junction City, is Rolling Meadows. Rated four-and-a-half stars out of five by Golf Digest, Rolling Meadows is one of the best places to golf in Kansas. The green of the course is well-kept and the trees surrounding the course makes for a tranquil spot to improve one's game. The course is at 6514 Old Milford Road in Milford.

Community members of Fort Riley don't even have to leave post for great golfing. Just head to Custer Hill Golf Course. The facility features an 18-hole course, driving range, putting greens, snack bar, pro shop and a Professional Golfers' Association professional on-staff. The course is open from 8 a.m. to 7 p.m. and the driving range is open 24/7. To find out more about the Custer Hill Golf Course, call 785-784-6000.

For more information about other opportunities for golf in Kansas, go to [travelks.com](http://travelks.com).

AREA EVENTS

CELEBRATING PAST TIMES

Geary County Historical Society staff is scheduled to host a Celebrating Past Times event, 1 to 4 p.m., April 23 at 530 N. Adams. From 10 a.m. to 2 p.m., visitors can stop by the Spring Valley Historic Site at the intersection of K-18 and Spring Valley Road to learn cowboy skills, see the school and historic demos in cabins. For more information, visit [www.gchswb.org/](http://www.gchswb.org/).

SCOOTIN' AMERICA

City Cycle Sales, Junction City, Kansas, is scheduled to host a meet and greet with Adam Sandoval and his chihuahua Scooter April 26 at noon. He is riding to every Harley dealer in America to support families of fallen Soldiers. Lunch will be provided for a donation with all of the money raised going to children of fallen Soldiers. For more information contact City Cycle Sales 785-238-3411.

