## HOME OF THE **BIG RED ONE** THE **1ST INFANTRY DIVISION POST** FRIDAY, APRIL 15, 2016 1DivPost.com

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FORT RILEY, KANSAS ~~~ 



Amanda Kim Stairrett | 1ST INF. DIV.

Jill Biden, second lady of the United States, listens to a Fort Riley Middle School student talk about his experiences as an Army kid April 6 during her visit to Fort Riley. Biden visited Fort Riley April 5 and 6 to celebrate the Month of the Military Child and as part of her Joining Forces initiative. While on post, Biden met with active-duty service members, military spouses and military-connected students and teachers.

# JOINING FORCES Second lady visits Fort Riley to discuss education of military-connected students

**By Maria Childs** 1ST INF. DIV. POST

To celebrate Month of the Military Child

"She's an Army mom. Her son served in the Army. To have that type of understanding, and to have her come and spend a day-and-a-half with us, I mean just a great visit."



Command Sgt. Maj. James Collins, U.S. Army Garrison Fort Riley, and Command Sgt.Maj.JosephCornelison, senior noncommissioned officer for the 1st Infantry Division, raise the flags April 5 during the Gold Star flag ceremony at Division Headquarters.

# Gold Star flag raised

Story and photo by Hannah Kleopfer 1ST INF. DIV. POST

As the sun began to rise in the east, casting a pink glow in the sky, Soldiers of the 1st Infantry Division raised the Gold Star flag for the first time on Fort Riley to honor Gold Star Spouse's Day April 5.

"It's to recognize the families of fallen Soldiers," said Mike Schack, Survival Outreach Services financial counselor. "Traditionally in past history, families would post the Gold Star flag in the window when a service member had fallen in their family. My goal is for this to become a recognized symbol."

Gold Star wife Kristy Robinson and her daughter, Summer, /, were there to witness the occasion. Robinson's late husband, Sgt. Jesse E. Robinson, who served with Division Headquarters and Headquarters Battalion.

and as part of her shared initiative with first lady Michelle Obama, Joining Forces, second lady of the U.S. Jill Biden visited Fort Riley April 5 and 6. She came to talk to Soldiers, family members, military-connected students and educators from Kansas State University and Geary County USD 475, as well as numerous members of the civilian community who support the mission of educating military children.

Holly Dailey, wife of Sgt. Maj. of the Army Daniel A. Dailey, accompanied her.

As an educator herself and a military mom, Biden has a unique perspective looking at schools on post.

"She's an Army mom," said Maj. Gen. Wayne W. Grigsby Jr., 1st Infantry Division and Fort Riley commanding general. "Her son served in the Army. To have that type

## MAJ. GEN. WAYNE W. GRIGSBY Jr. | 1ST INF. DIV. AND FORT RILEY COMMANDING GENERAL

of understanding, and to have her come and spend a day-and-a-half with us, I mean just a great visit."

The morning of April 6, students of the Fort Riley Middle School lined the entryway of the school to greet Biden. While at the school, Biden toured classrooms and interacted with teachers and student teachers who work there as well as students and parents about their experiences with military

"I think we're moving forward," Biden said. "I'm hoping it becomes part of our culture (that) all teachers all across the United States will make an effort to recognize military children and their challenges."

During the visit, Biden highlighted the educational partnership between Fort Riley and Kansas State University as part of Operation Educate the Educators - an effort Biden launched through the Joining Forces initiative to train teachers to recognize the unique needs of military-connected students in their classrooms.

See BIDEN, page 8

"It shows me that they're remembering our Soldiers who have passed on and letting other people know about them," Robinson said. "They're not forgotten. It gets other people to ask the question what is that flag and what does it mean, and remind them about so many Soldiers who have given their lives for our country."

See FLAG, page 2



Command Sgt. Maj. Scott Schroeder, the U.S. Army Forces Command senior noncommissioned officer, accepts a World War II era "Big Red One" rifleman statue from Command Sgt. Maj. Joseph Cornelison, the senior noncommissioned officer with the 1st Infantry Division, during a town hall forum with senior "Big Red One" Soldiers April 5 at Barlow Theater, Fort Riley. The statue was given as a token of appreciation for his first visit to Fort Riley.

# **Forces Command senior noncommissioned** officer visits 'Big Red One' Soldiers at Fort Riley

Story and photo by Spc. Derrik Tribbey **1ST INF. DIV. PUBLIC AFFAIRS** 

Command Sgt. Maj. Scott Schroeder, the U.S. Army Forces Command senior noncommissioned officer, visited "Big Red One" Soldiers April 5 at Fort Riley, Kansas.

"Big Red One Soldiers are great, just like anywhere else." Schroeder said during his visit. We have great Soldiers. Our Army is great, not because of the equipment we have, but

because of the Soldiers that are in our formations. Just like every other location, we have Big Red One Soldiers doing great work."

Schroeder visited the post to get acquainted with the post and the command team and to engage troops.

"This was my first time visiting Fort Riley," Schroeder said. "Fort Riley has a huge training capacity. They have a great mission command training center. It is a nice, historic post with a lot of pride."

The mission of FORSCOM is to provide trained and ready units to combatant commanders to achieve national military objectives, said Command Sgt. Maj. Joseph Cornelison, the senior noncommissioned officer with the 1st Infantry Division. FORSCOM is the largest component of the Army.

Throughout the day, Cornelison guided Schroeder across the post.

"Schroeder is one of the top sergeants major in the Army,' Cornelison said. "Anytime he can come and give us his wisdom is a win for the 'Big Red One.'"

The day started with Schroeder meeting with senior leaders for physical training in front of the division's building. headquarters Following the training, Schroeder took a minute to stress the importance of physical readiness and outlined that Soldiers should exceed the Army's physical standards.

See SCHROEDER, page 8

#### FORT RILEY VOLUNTEER SPOTLIGHT



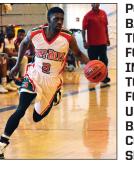
Victoria Fuqua, wife of Sgt. 1st Class Mathew Fuqua, 1st Battalion, 5th Field Artillery, 1st Armored Brigade Combat Team, 1st Infantry Division, volunteers regularly at USO Fort Riley. A fire broke out at the Bluffs apartment complex in Junction City, Kansas April 7. Fuqua is one of the volunteers helping Fort Riley Soldiers and families with donations after the fire.

## HIGHLIGHTS



RIVER SCHRECKENGOST, SON OF SHANNON AND CAPT. MICHAEL SHRECKENGOST **CHOSE FORT RILEY** FOR HIS EAGLE SCOUT PROJECT. SEE PAGE 9.

## ALSO IN THIS ISSUE



POST BASKETBALL TEAM TAKES ON FORT CARSON **IN SCRIMMAGE TO PREPARE** FOR CENTRAL **UNITED STATES** BASKETBALL CONFERENCE, SEE PAGE 11.

# Garrison training division staff supports Warfighter exercise

#### Story and photo by Andy Massanet 1ST INF. DIV. POST

Nearly 60 people from the garrison civilian workforce Riley — five Department of the Army Fort Riley USAG civilians and 44 contractors.

The 1st Infantry Division at Fort Riley, as well as units — active-duty, National Guard and Reserves — from Florida, Missouri, Nebraska, North Carolina, Texas and Virginia, participated in Warfighter.

event a year in the making, an event of high priority and, in the end, one that exemplified the Total Army component of modern doctrine.

long process for us," said Randy place while conserving valuable Curry, director of the Mission Training Complex. "A lot of our work went into preparing Fort Riley to conduct this assets and equipment," he said, exercise."

Virtually all of it took place using an elaborate computergenerated model, said Bill Raymann, chief of the Training Division, Directorate of Plans, Training, Mobilization and and skills still must be proven Security.

when viewed in light of the any deployment overseas. budgetary challenges all Army units and installations have faced in recent years. Much of Fort Riley's network supported the Warfighter infrastructure was in place exercise April 6 to 15 at Fort before the most recent spate of

budget restrictions occurred. We've been able to leverage that capability," Raymann said, "so that we can push these simulations out to the ranges."

The support from garrison also helped Fort Riley to reach beyond its fences and include other posts and units, an ability that allows the 1st Inf. Div. to involve regional It was a significant training partners for training that sharpens their fighting edge.

And it does so within budgetary confines. Raymann said the garrison's network infrastructure and simulation capabilities "This is the end of a year- allowed realistic training to take resources particularly through the use of simulation.

Our Army isn't using its "and running them into the ground."

But Raymann added simulations would not take the place of training in the field with equipment. Leadership at the National Training Center

Its importance is heightened in Fort Irwin, California, before

Warfighter, combined with a preceding series of Command Post Exercises developed by 1st Inf. Div. leadership, helps the division prepare for a kind of fight that is different from what the Army has been conducting in recent years. It is a fight based on high-intensity offensive engagements rather than counterinsurgency operations, said Maj. Gen. Wayne W. Grigsby Jr., commanding general, 1st Inf. Div. and Fort Riley.

"This is a computer simulation where I'm fighting a very aggressive enemy who has a lot of artillery and aviation," Grigsby said. "I've got to move the division about 300 kilometers and be able to destroy the enemy, and I've got to move while keeping the systems synchronized. It's more offensive, whereas in the past 12 years it's been defensive with counterinsurgency."

The aim of the Training Division's work is to create meaningful virtual environment, Raymann said.

We help the Soldiers believe they are actually fighting a battle in a faraway land," he said.

"We put in a lot of work since last fall," Raymann said.

The work has paid off.



An elaborate system of tents and supporting vehicles occupy the location of the 1st Infantry Division and Fort Riley Warfighter exercise April 7 behind the Mission Training Complex, Fort Riley.

Battalion, 1st Inf. Div. "It's done a great job of supporting us."

But the support extended beyond 1st Inf. Div. to the other reserve and guard units participating in the exercise.

"This has been one of the noncommissioned officer for time to train."

"The garrison recognizes the 300th Sustainment Brigade, how important this is," said 4th Sustainment Command the resources the warfighter Maj. Matthew Derfler, Division (Expeditionary), U.S. Army needs for training. Headquarters and Headquarters Reserves, Grand Prairie, Texas. He not only praised the

training environment, but also the overall support his unit received from Fort Riley.

"Everything we've needed, we've received," Waller said. "Our Soldiers can focus solely best experiences we've ever on the mission, and that is had," said Command Sgt. very important for reservists, Maj. Efrem Waller, the senior because we only have so much

The garrison staff provides

"We could not do this without (garrison support) period," Grigsby said. "Because, remember: the 1st Infantry Division and Fort Riley are leadership factories. We build leaders all the time, both civilian and military. And we have the best civilian leadership team that I've ever been around in 32 years, right here at Fort Riley."

## **Basic Leader Course develops new leaders**

Story and photo by Sgt. 1st **Class Mark Albright** 1ST INF. DIV. PUBLIC AFFAIRS

Noncommissioned officers and Soldiers in Basic Leader Course 702-16 took part in a graduation ceremony at the next higher rank in order to mission, to train the next Barlow Theater March 30 on ensure the Army is promoting generation of leaders in our Fort Riley.

The graduation marked the end of their course and the beginning of their military first of a total of five courses they could attend in their career that will prepare them for leadership and more responsibility.

"I heard so much about (BLC) beforehand, I was so eager to complete the course, it was the only thing preventing me from getting promoted," said Spc. Jongjin lin, the course's distinguished honor graduate and member of Company C, 230th

Division Brigade. "I felt I was ready." in the Select, Train, Educate, manager. "I am proud of this Promote program. This course and its instructors and program is the process of their ability to think outside

promoting Soldiers to the the box to accomplish their the best and most-prepared Army." NCOs.

possible; I read everything I attended by other leaders and NCO education, which is the could about the course to get the students' families. A senior ready for it," Jin said. "This NCO was invited to speak to course is very well planned the Soldiers to pass on some and does teach you everything you need to know to become and NCO and these are excellent (small group leaders) noncommissioned who teach this course."

training course from the Maneuver Support Center of Excellence Noncommissioned Officers Academy at Fort Leonard Wood, Missouri.

"This is a great course; the senior

Sustainment NCOs the right way to lead," said 1st Sgt. Bernell Zorn Jr., The course is a requirement the first sergeant and course

The course culminated in "I did as much research as the graduation, which was knowledge from their careers and experiences.

"The role of the officer is setting the example, The course is a satellite- fostering discipline, being accountable and maintaining the welfare of your Soldiers,' said Command Sgt. Maj. Stephens, Jonathan 1st Infantry Division Artillery's noncommissioned Management instructors have been trained officer and guest speaker at Support Unit, 451st Combat the exact same standards as the graduation. "Be proud of Support any other NCO academy what you have become and

# Cybersecurity a top priority during Warfighter exercise

#### Story and photo by Spc. Derrik Tribbey **1ST INF. DIV. PUBLIC AFFAIRS**

The 1st Infantry Division cyber team continues to make network security their top priority during the Warfighter training exercise April 6 through 15 behind the Mission Training Complex, Fort Riley.

The cyber team's mission is to keep the "Big Red One's" networks safe from cyberattacks.

According to the U.S. Army Cyber Command and Second Army website, the cyber command conducts integrated electronic warfare, information and cyberspace operations as authorized, or directed, to and through cyberspace and

The Warfighter exercise simulates realistic scenarios that Montoya said his team would the division must be prepared for. This is accomplished through virtual training systems that simulate battlefield conditions.

The exercise is conducted in a distributed manner and takes advantage of the Total Army Force – U.S. Army troops working side by side with National Guard and Army Reserve Soldiers.

Inf. Div. information assurance to-day operations without officer in charge, oversees cyber interruption of service or policies and procedures for network security.

"Cyber security is important to us," Montoya said. "The key computer world, anything or is to project this message to our anyone could potentially be everyday users and ensure that a hacker," Nguyen said. "The they understand all the policies spectrums have broadened ensure freedom of action in and procedures are in place to now, and anything could be a prevent any incident or event. potential hazard."

In regards to "hacktivists," continue to train in order to be up to date and at the forefront of prevention, deterrence and security.

Staff Sgt. Hoaiviet Nguyen, a cyber-network defender with the 1st Inf. Div., monitors the networks to keep them free from cyberattacks to ensure Soldiers Maj. Duane Montoya, 1st can continue to conduct dayworry of compromises to workstations.

"In today's society, today's

Financial Sustainment Battalion, 1st

Infantry and are able to teach future what you are going to be."



Noncommissioned officers join together to sing the Army song during the graduation ceremony of Basic Leader Course Class 702-16 at the Barlow Theater on Fort Riley, Kansas, March 30. The Soldiers came together to honor the transition of the students from enlisted Soldiers to new NCO leaders after the completion of the first of five courses in the NCO Education System.

## FLAG Continued from page 1

Robinson's husband lost his battle to posttraumatic stress disorder when their daughter was 9 months old. Robinson said it's important for her to be able to talk with people, especially those in division headquarters and higher. She wants to help other people so it won't happen to them.

Command Sgt. Maj. James Collins, U.S. Army Garrison Fort Riley, and Command Sgt. Maj. Joseph Cornelison, senior noncommissioned officer for the 1st Inf. Div., were there to help raise the Gold Star flag. It was special for Robinson to have Cornelison

there, as her late husband had worked as a division command sergeant major's aide before he passed.

The Gold Star flag may be flown on the flagpole with the American flag due to approval of the Service Flag Exception to Policy Request, which will last through Dec. 31, 2017.

The flag will be raised on post at building 580 for multiple occasions throughout the year, including Gold Star Mother's Day in September.

For more information about Gold Star families and Survival Outreach Services, contact Army Community Services at 785-239-9435.

and to deny the same to that to our users, the better our the division's networks, adversaries.

the information environment, The more we can advertise network security will be."

Nguyen said, by protecting information can be protected.



Chief Warrant Officer 2 Jonathan Vlieger (left), an information services technician, Pfc. William Reynolds, an information technology specialist, and Staff Sgt. Hoaiviet Nguyen, a cyber-network defender, all with the 1st Infantry Division, monitor networks to keep them free from cyberattacks during the Warfighter training exercise April 8 at the Mission Training Complex, Fort Riley, Kansas. Cybersecurity is a major focus for the "Big Red One." It is integral in keeping information and mission status safe.

## APRIL 15, 2016 | 3





# **Steve Pringle:** a 'Big Red One' **Soldier**

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By Phyllis Fitzgerald SPECIAL TO THE POST

Steve Pringle was born to a Navy father in St. Petersburg, Florida, and moved to New England as an infant. He grew up in Connecticut and joined the Army in 1979.

He attended basic training and advanced individual training at Fort Knox, Kentucky, where he became a tank turret mechanic, 45M military occupational specialty. He later changed to tank system mechanic, 63N MOS.

In 1979, after basic training and AIT, Pringle's story with the Big Red One began when he was assigned to an armor unit at Fort Riley.

After his tour at with the Armor Unit, he was sent to Germany where he met Karin, who would become his wife. Additionally, he served tours at Fort Hood, Texas, and Korea before returning to Fort Riley where he was assigned to the 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division as the prescribed load list - Army management system clerk, and later as the motor sergeant.

During this tour at Fort Riley, Pringle was deployed with the 1st Eng. Bn. to support Operation Desert Storm.

He returned to Fort Riley in 1992 and left active duty Army to join the Kansas National Guard. He served with the ARNG in Junction City, Kansas, until 1995 and left military service as a staff sergeant.

Pringle said, after the service, the family decided to stay in the Junction City area. They owned a home and the kids were attending school.

"I had a job with the state repairing Army equipment at that time as well," he said. We really liked the area and I did not really want to move back to Connecticut. We enjoyed the hospitality of the community then and still do today."

Some of his best memories are about how good the Soldiers were treated.

"We were well taken care of and there were a lot of activities to do," Pringle said.

A part of Army life he liked included trips to National Training Center, Fort Irwin, California.

"It was something different and I liked the training," Pringle said. "I enjoyed getting to fire the big guns.

He said the battalion picnics at Moon Lake bring back nice memories.

Today Pringle is the owner of Mastercut Lawn and Landscape, an enterprise he started in 1994. In 2005, he expanded the business by adding a potting shed, greenhouse and nursery.

He is involved in several organizations, including the Flint Hills Rotary Club, where he served as president three times. He has worked with Habitat for Humanity, the American Legion, Forty and Eight, Veterans of Foreign Wars and Disabled American Veterans. He is a past board member of Junction City Area Chamber of Commerce and is a chamber ambassador.

"I was awarded the Ambassador of the Year for 2001 and Volunteer of the Year in 2004 and 2007," Pringle said. He is also a member of the Junction City Tree and Flower board, Tree USA and past board member of the Junction City America in Bloom project.

His volunteer service to the community includes maintaining the landscape at the Vietnam Memorial and the Police Memorial at Heritage Park and organizing the National POW-MIA Recognition Day Ceremony held the third Friday of September each year.

He is also an active board member of the annual Run for the Wall Motorcycle Event.

Editor's Note: To submit your "Big Red One" story, email fitzmiss@yahoo.com

BEST PLACE TO LIVE BEST PLACE TO TRAIN BEST PLACE TO DEPLOY FROM BEST PLACE TO COME HOME T

# Sexual Harassment, Assault, Rape prevention staff bring speaker to conduct awareness training

### Story and photo by Hannah Kleopfer 1ST INF. DIV. POST

"There are 8,000 men coming into the military every year who have been sexually assaulted," said Chris Anderson, founder and executive director of Male-Survivor, an organization of professional staff who seek to improve resources and support available to male survivors of all forms of sexual abuse in the U.S. and around the globe.

Staff of Sexual Harassment, Assault Anderson for SHARP training April 6 and 7 to talk to brigades across the installation about sexual assault on men in and out of the military.

statistics," said Chief Warrant Officer 2 approaches him about a sexual harassment Matthew David, 1st Infantry Division Band. "I know the stigma with sexual assault, and whenever I usually think of it I think of the female perspective. It was really eye-opening when he said more of the victims are male, which kind of makes sense because the force is mostly male. Just like any other military training, it's essential."

how to help those who have been assaulted. so awful."

"One of the things that we know as an organization is that the military is taking a big step forward in trying to address this proactively in ways that many other major institutions in our country have not," Anderson said. "So by working in collaboration with the military, we feel we're a partner in trying to not only effectively prevent more sexual abuse from happening, but perhaps, even more critically, ensure that men and women who have experienced any form of sexual trauma in their lifetimes are able to get the support that they need

and Rape Prevention brought in in order to heal, and be whole, and be a stronger person. Which, inevitably, makes for a stronger organization and a stronger military in the long run."

A portion of Anderson's speech identi-"It was very eye-opening with the fied what a person should do if someone or assault incident. Anderson's method is called B.P.T. an acronym that stands for "Believe, stay Present, say Thank You."

> He said the first step is to believe them. Even if they are saying something that may sound crazy, it is important to believe that their pain is real.

The next step is to stay present. According to Anderson, it is important Anderson, a survivor of sexual assault to listen to the person in that moment, himself, talked to Soldiers about the and not start talking about their stigmas behind being a male survivor and attacker or saying phrases such as "I feel

Finally, say "thank you" when that person is finished with their story. Anderson said it is a big step for that person to talk about what happened to them and open up, and simply saying "thank you" is just right for that moment.

Anderson's presentation also talked about the effects sexual assault will have on a person.

"A person who has been sexually assaulted is almost twice as likely to suffer from PTSD (post-traumatic stress disorder) as someone who has been in combat," he said.

Anderson referenced statistics and correlated them to the military.

"It's kind of neat because as he mentions that if there's something going on in society, the military usually addresses it first within our ranks," David said. "His story was very powerful. The biggest thing is that it doesn't take away from your masculinity. It's okay to talk about this, because that's another stigma. So there

are a bunch of people who are suffering that we don't know about, so hopefully it'll start that conversation."



Chris Anderson, founder of MaleSurvivor, speaks to Soldiers attending the Sexual Harassment, Assault and Rape Prevention program training April 6 at Riley's Conference Center.



Wednesday, April 20, 2016

**Riley's Conference Center** 

Building 446, Huebner and Seitz Drive Fort Riley, KS 66442

9:00 a.m. to 2:00 p.m.

Come network with employers from the Department of Defense, other Federal agencies and private sector firms with positions available for wounded, ill, injured and transitioning service members, Veterans, their spouses and primary caregivers. For more information, please contact: Ms. Sylvia Parker at 571-372-2124 or sylvia.o.parker.civ@mail.mil

## **TUESDAY TRIVIA CONTEST**



The question for the week of April 1 was "How do I find Opportunities and learn more about the Army Volunteer Corps Program?

Answer: go to www.riley.army.mil/Services/Family-Services/Army-Community-Service/Volunteer/

This week's winner is Pfc. Cody Arnold, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division. Arnold is pictured with his spouse, Masie, and his dog, Saber.

## **CONGRATULATIONS, CODY!**

## TRAFFIC REPORT

## **ACCESS CONTROL POINT HOURS OF OPERATION**

Until further notice, the Estes Access Control Point is closed every Saturday and Sunday, but will remain open Monday through Friday for privately owned vehicles only.

Also until further notice, 12th Street ACP is closed to privately owned vehicles on Saturdays. The commercial side remains open Saturdays. 12th Street ACP is closed to all traffic Sundays. 12th Street ACP is open to all traffic Monday through Friday. Effective Dec. 12, Grant Street ACP closes permanently every Saturday and Sunday but remains open Monday through Friday to all privately owned vehicle traffic. Motorists wanting access to Fort Riley on Saturday or Sunday should use Ogden, Henry or Trooper gates.

The access control point hours are now as follows:

Henry /Four Corners/Trooper/Ogden: Open 24/7

**12th Street:** Open from 5 a.m. to 7 p.m., Monday to Friday; closed to non-commercial traffic Saturdays; closed Sundays and federal holidays.

Rifle Range: Closed to all traffic.

**Grant:** Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays. **Estes:** Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

## CONSTRUCTION TO BEGIN AT TROOPER DRIVE-MCCORMICK ROAD INTERSECTION

Changes in traffic management and flow began March 14 as a redesign of the intersection of Trooper Drive and McCormick Road commences.

The existing right-turn lane that channels traffic from westbound McCormick Road to northbound Trooper Drive will close to accommodate plans to redesign the intersection. Drivers will still be able to make a right turn, but will be redirected. Patience and extreme caution is requested.

<sup>1</sup>The redesign will include a pedestrian crosswalk that will allow for safer conditions for pedestrians, according to Mark Schlotzhauer of the Directorate of Public Works.

#### **CONSTRUCTION ON RIFLE RANGE ROAD CONTINUES**

Construction on Rifle Range Road will affect traffic flow. The work started in September and has been contracted for 374 days. As a result, the work will affect

travel to the schools in the area. School officials have been briefed and can offer guidance. There are detour and guidance signs posted, including detour routes along tank trail purple and through the Forsyth Housing area. Motorists are asked to follow all guidance posted on signs.

## HENRY DRIVE-RAY ROAD ROUNDABOUT CONSTRUCTION TO SLOW TRAFFIC

Traffic changes will be in effect until approximately May 15, vehicles will be required to slow to 20-miles per hour on both Ray Road and Henry Drive to accommodate the continuing work.

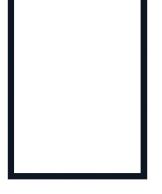
## ESTES ACCESS CONTROL POINT CLOSED TO COMMERCIAL VEHICLES MARCH 7

Use of the Estes Access Control Point by commercial vehicles is prohibited. The closure is due to an upgrade project and will be in effect until the project is complete, a period of time that could be several months. During this time all commercial vehicles will need to enter the installation through 12th Street during duty hours and through Henry during non-duty hours.

## Irwin Army Community Hospital Missed appointments

## are missed opportunities for others.











PROVIDER

**NO-SHOW PATIENT** 

WOULD BE PATIENT

WOULD BE PATIENT

WOULD BE PATIENT

## WWW.1DIVPOST.COM

# Commentary HOME OF THE BIG RED ONE

## APRIL 15, 2016

## RILEY ROUNDTABLE What is your favorite thing Fort Riley does for children?



"I like how they have day care centers so moms who want to workout can do so without their kids."

## NICOLE DANH JERSEY CITY, NEW JERSEY

Wife of Spc. Dung Danh, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division



"My school (Ware Elementary) gave me a bracelet that says 'military children serve too' Friday to celebrate Month of the Military Child."

## SAVANNAH WEINMAN **OMAHA, NEBRASKA**

10-year-old daughter of Sgt. Jared Weinman, Division Headquarters and Headquarters Battalion, 1st Infantry Division



"It's not just one thing. They do lots of things for kids and families."

## KIM WEINMAN OMAHA, NEBRASKA

Wife of Sgt. Jared Weinman, Division Headquarters and Headquarters Battalion, 1st Infantry Division

"We like their holiday-themed events such as the Easter Egg Hunt."

## **ELLA BAKER** FITZGERALD, GEORGIA

Wife of Pfc. Stephan Baker, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division



"Junction City High School does Trees for Troops. It gives Christmas trees to families. Normally parents have to buy a tree and this way the kids still get to celebrate the holiday."

## **DEQUAN LENZY** KANSAS CITY, MISSOURI

Son of Staff Sqt. Sidney Payne, 1st Battalion,

## FROM DANGER 6

# Grigsby: Warfighter exercise over, proud of Soldiers

The Warfighter Exercise is what we did has officially come to a close during the last and I cannot express how eight proud I am of our "Big Red More One" Soldiers. While the anything exercise was designed to test we the division Staff, almost every the unit and civilian organization on Fort Riley was involved in our success. When we started the train up for this One exercise almost eight months learned ago, I had no idea how far skills they will we would come. The nation's need to not First Division lived up to its only fight large tradition of training hard scale and developing leaders to be ready for the next fight. Our conduct security assistance Reserve and National Guard Soldiers proved the months of hard work they put into They learned how to think, the exercise were not wasted, finding innovative ways to challenged track and destroy the enemy built networks and learned in the decisive action fight. to communicate across staff Our observer controller/ sections and with interagency trainers and mentors said the and Fighting First was the best fighting as part of a team. headquarters they'd seen in years.

We faced a near-peer enemy in the training scenario, which is not Biden, the vice president's controller/trainers leaders have done. As I often

## SAFETY CORNER

months. than else, developed next generation of Army leaders. Our Big Red Soldiers

the

battles,

coalition

1ST INF. DIV. AND FORT RILEY COMMANDING GENERAL

across but skills they will use to the active duty and Army and stability operations. came to see our Total Army Partners and how our 1st Inf. not what to think. They Div. trained and fought. We appreciated their visits and will share our lessons learned across the Army as we reflect on our experience.

Gen.

"Abe"

Army

as

Gen.

United

Abrams,

Command

general, visited,

Townsend, XVIII

did

States

Forces

Lt.

Stephen

We could not have been successful without help from Our efforts did not go a multitude of organizations unnoticed. We had a plethora and individuals. The Mission of distinguished guests during Command Training Center the Warfighter Exercise. Jill brought talented observer and something many of our wife, and Holly Dailey, the mentors to provide oversight Command Sergeant Major of of the exercise. Their expertise say, "Training and leader the Army's wife, visited to see allowed us to reach the next development are one word our training and learn about level of our development. Our in the Big Red One." That the schools and resiliency Reserve and National Guard

facilities we have partners not only participated on Fort Riley. in the exercise, but were Robert instrumental to our train up, helping us to see ourselves better as we prepared for this challenge. Our community partners were always there to commanding support, visiting our training site to learn about our mission and providing our Soldiers the opportunity to gain the skills they needed to effectively partner with host nation forces.

> Our division is known for its tenacity, its fighting spirit and its innovation. We lived up to that reputation during the Warfighter exercise. I am reminded of Gen. John J. Pershing's words to his generation of Big Red One troopers: "No commander was ever privileged to lead a finer force; no commander ever derived greater inspiration from the performance of his troops.'

I could simply not be more proud of our Big Red One Soldiers, civilians and families.

Duty First, Wayne W. Grigsby Jr. Maj. Gen., USA Commanding General

# Protect yourself, take steps to avoid binge drinking during Alcohol Awareness Month

### By Dawn Douglas GARRISON SAFETY OFFICE

April is Alcohol Awareness Month and there are some positive steps to take to protect ourselves, our fellow Soldiers, Department of the Army civilians, family members and retirees from the dangers of alcohol abuse. By not drinking too much, you can significantly reduce the risk of shortand long-term health risks as well as reduce problems related to injury and violence.

In a study published in Center for Disease Control's journal "Preventing time, or women drinking four or in helping your fellow team members Chronic Disease," researchers found nine more beverages within a short period limit their alcohol consumption, by in 10 people who drink excessively are not of time. Binge drinking is not just a making the personal choice to limit alcohol dependent. Alcohol dependence is a chronic medical condition that includes a current or past history of excessive drinking, a strong craving for alcohol, continued use despite repeated problems with drinking, and an inability to control alcohol consumption. If alcohol dependency is not the issue, what is? The study found nearly one in three adults are excessive drinkers, and most of them binge drink, usually on multiple occasions. In contrast, about one in 30 adults are classified as alcohol dependent. Rates of alcohol dependence increase with the amount of alcohol consumed. For instance, about 10 percent of binge drinkers are alcohol dependent, while 30 percent serving size.

of people who binge frequently - 10 or more times a month — are alcohol dependent.

According to the Centers for Disease Control and Prevention, binge drinking has become a bigger problem than previously thought. More than 38 million U.S. adults binge drink, about 4 times per month and the largest number of drinks per binge is on average 8.

Binge drinking is defined by men drinking five or more alcoholic beverages within a short period of

Consume slowly. Only take a few sips of your beverage at a time. Do not drink multiple drinks in an hour. Your body absorbs alcohol more than 90 minutes after your last sip, and you may not realize how your body is affected right away.

Choose to drink soda or other nonalcoholic beverages.

A key to the prevention of binge drinking is to go with friends who have similar consumption limits in mind. This is where you can be the most effective your own. Hosting organization parties that offer a variety of things to do, can also help intermingle physical activities and food consumption with alcohol consumption.

assumptions,

partners,

Maj. Gen. Wayne W. Grigsby Jr.

Airborne Corps commanding general. Leaders from

7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division

## THE 1ST INFANTRY DIVISION POST 🗯

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#### LETTERS TO THE EDITOR

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send a fax 785-239-2592 or e-mail usarmy.riley.imcom.mbx.postnewspaper@mail.mil

## SAFETY HOLIDAY



As of Wednesday, April 13, forty-five days have passed since the last vehicular fatality at Fort Riley. Sixty-six more and the post will celebrate with a safety holiday to take place at each unit's discretion.

problem for college-age partiers. More than half of the alcohol adults drink is while binge drinking.

Personal steps can also be taken to avoid binge drinking:

Being aware of the health consequences and assorted problems of binge drinking is an important part of making a clear decision to overcome binge drinking.

Avoid situations and possible triggers for binge drinking. Try to avoid parties where drinking alcohol is the main focus of the event. Avoid participating in drinking competitions or games.

Understand what a standard drink is. Be aware that most often the size served is larger than a recommended

Also, do your part in helping those who may not be alcohol dependent, but may use celebration of a significant event a promotion, birthday, graduation, baby news, wedding engagement or returning from deployment — as an opportunity to over-consume alcohol. Prevent a joyous celebration from becoming a tragic nightmare by encouraging your fellow team members to drink in moderation.

For more information, contact the Fort Riley Garrison Safety Office, 785-240-0647.

# Help is available as tax season deadline looms

#### By Elizabeth G. Thurston INSTALLATION TAX ATTORNEY

Anxiety grows for many as April 18 fast approaches. Fear of owing tax penalties often leads to unnecessarily incurring such penalties in the first place. Even when taxpayers do not have the money to pay their federal income tax by the filing deadline, there are ways to lessen the amount of interest incurred and potentially avoid tax penalties altogether. The most important thing to remember is the Fort Riley Tax Center is here to help you file your tax return by the deadline.

The key to avoiding penalties is the timely filing of an accurate tax return. Although timeliness is important, accuracy is paramount with the Internal Revenue Service. Sometimes taxpayers are unable to determine their tax liability on time due to unforeseen difficulties, such as obtaining Form W-2 from a previous employer who is no longer in business. The automatic extension is available to everyone for up to 6 months by or by filing Form 4868 by April 18. Riley community take their civic Assistance Office.

With a reasonable explanation for duty to file a tax return seriously. filing the tax return, not the extension late, the IRS will often waive penalties and charge minimal interest on the tax balance due after the tax return is eventually filed.

If inability to pay the tax owed is the problem, the IRS has established several methods for paying after the deadline. While these involve payment of interest on the tax balance, they significantly lower and potentially eliminate the penalties that go with ignoring the problem. If the entire balance can be paid within 120 days of the deadline, the best method is to call the IRS at 800-829-1040 after filing the tax return and request a short-term extension. If it cannot be paid within 120 days, you may enter into an Online Payment Agreement on the IRS website for a fee based on your method of payment. You may also enter into an installment agreement with the IRS by filing Form 9465.

clients already assisted this year at Riley Tax Center will be closing April the Fort Riley Tax Center — it is 15, but you can still get assistance requesting it online at www.irs.gov clear - most members of the Fort through the Fort Riley Legal

However, in their exuberance to receive a refund, some forgot about previous employment and received an additional Form W-2 in the mail after filing their tax return. This problem is easily solved without any penalties or interest by filing an amended return on Form 1040-X by April 18. Others were unaware children must pay federal income tax on unearned income of more than \$1050 and failed to account for such on Form 8814 with the parents' tax return. This problem can also be solved by filing an amended return where a separate tax return for any such child is filed.

There are other reasons to visit the Tax Center. Some Soldiers and their spouses will need to file multiple state tax returns this year and do not know which states can tax their income. The staff of the Fort Riley Tax Center is experienced with all tax issues and can help you.

For assistance, call 785-239-1040 Based on the record number of to make an appointment. The Fort

## WWW.FACEBOOK.COM/FORTRILEY

# Fort Riley civilian employee wins Army's individual award for safety

## By Maria Childs **1ST INF. DIV. POST**

Hearron, Rick the Fort Riley installation safety manager, earned the 2016 Department of the Army Individual Award of Excellence in safety in the civilian category at the end of March.



**Rick Hearron** 

"It starts with the leadership," Hearron said.

"I've been in the safety profession for 13 years, and I've been the garrison safety manager for seven-plus years and I have been truly lucky because I have had commanders who were focused on safety, which makes my job managing the program very easy. The team I've got is the best in the Army. I inherited some and I've selected some, but they have meshed so well. I got the award, but I just give the guidance and point them in the right direction, they do the work."

One of the reasons Hearron feels he is deserving of this award is because he and his safety team have accomplished many great safety goals during his know if I raised the bar too high for myself. The time at Fort Riley. For example, the team is 100 percent certified in explosive safety and level-1 certification, which include about 35 safety say I did that."

classes. All seven members of the Safety Office are certified health management practitioners.

"We're overachievers, I guess," Hearron said with a smile. "The team is very proactive. They go out and ask what we can do to help the directorate versus waiting for a problem to come up. They are proactive versus reactive."

In 2015, the team won the Secretary of the Army and Chief of Staff of the Army exceptional organization award. This year, Hearron took the individual award, and he said he is thankful people recognize his hard work.

"It's a great honor," Hearron said. "I had hoped, but I didn't get my expectations too high."

Tim Livsey, deputy garrison commander at Fort Riley, said Hearron's work in the safety office has helped the entire workforce at Fort Riley.

"Rick has instilled a safety culture across the garrison that is reflected in the safety record that helps add resiliency to our workforce," Livsey said.

Each major command can submit one individual to the Army-level competition and then one individual as the overall Army individual of excellence.

"That would be me," Hearron said. "I don't award just recognizes the individual that's made a major contribution to safety so I guess you could

## **GROWING PARTNERSHIPS**



Season Osterfeld | POST

Chief Warrant Officer 4 Samuel Kleinbeck (left), G3 Air, 1st Infantry Division, discusses a Raven Unmanned Aircraft System with Merrill Atwater (right), director of aviation for the Kansas Department of Transportation, March 31. Atwater asks about the speed and flight time of the Raven UAS, as well as the weight it is capable of carrying.

# 'Devil' brigade trains leaders, cultivates skills

#### Story and photo by Capt. Jonathan T. Camire **1ST ABCT PUBLIC AFFAIRS**

FORT IRWIN, Calif. - The commanders and staff of 1st 1st Infantry Division, traveled to Fort Irwin, California, March 21 to conduct leader training before an upcoming rotation to the National Training Center.

The "Devil" brigade, battalion leaders and staff officers, along with their brigade commander, Col. Timothy Hayden, spent eight days at NTC's Leader Training Program cultivating their warfighting skills in preparation for NTC. The objectives were to identify future training objectives, assess standard operating procedures, enhance the brigade's ability to execute the military decision-making process and conduct planning.

"We accomplish our mission by leveraging and integrating all

team," Hayden said. "This training is about making us better and making us ready in an expeditionary environment."

major in the implementation of their warfighting functions. The brigade focused on the application of doctrine, tactics, troop leading procedures, parallel planning and rehearsals.

The staff at LTP comprises retired military personnel to assist the training of units by coaching them from receipt of mission through the execution of a tactical mission.

The LTP staff assists the brigade and battalion headquarters as they go through the operations process and provide input, said Tim Decker, brigade staff coach.

"Our goal is to prepare the Devil brigade, regardless of the mission, to

and we start this by working as a and developing a plan that they can provide a DST to provide cyber prepare and execute," Decker said.

Many supporting and enabling units attended the LTP to plan and synchronize with the brigade for The goal of LTP staff is to NTC. This coordination allowed Armored Brigade Combat Team, prepare all commanders, their the commanders and brigade staff staffs and command sergeants to employ capabilities that are not often available.

> Capt. Thomas Maxwell and Capt. Robert Busby of the Cyber Protection Brigade at Fort Gordon, Georgia, were one of the supporting teams in attendance at the 1st ABCT LTP. Defensive Support Teams will be embedded with the brigade during their NTC rotation to provide additional cyber defense.

"This small cyber force brings a plethora of knowledge on how to defend the Brigade's critical (command and control) nodes and internal network from cyber (opposing force)", Maxwell said. "I will be the cyber planner and will provide cyber defense support for 1st the enablers that are coming to us have a methodology of approaching ABCT rotation and Busby will

defense."

commanders Company received focused training during their time at LTP.

The company commander training is broken into multiple training objectives, classroom seminars, field reconnaissance and practical exercise.

Areas of focus included company troop-leading procedures, rehearsals and enemy capabilities, according to Mike Pemrick, senior company commander trainer.

"We review breeching and direct fire planning, engagement development area and sustainment," Pemrick added.

Maj. Erik Peterson, a native of Chesterton, Indiana, is the brigade executive officer who led the brigade staff during the planning and execution of the mission at LTP.

The program allows the brigade staff as a whole to conduct MDMP in a controlled environment. It also allowed the coaches to share their



Lt. Col. Bryan Harris, commander of the 2nd Battalion, 34th Armored Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, points at company locations on the brigade terrain model during the leader training program at Fort Irwin, California, March 29. Commanders and staff from the 1st ABCT spent eight days at the National Training Center at Fort Irwin in preparation for their upcoming training rotation there.

knowledge and lessons learned with their the staff, Peterson said.

a team, gives us time as a staff as a builds trust and communication. whole to come together and work We will come out stronger in together and see people execute the process."

warfighting function," Peterson said. "LTP helps foster "LTP helped the brigade build relationships within the brigade and

## APRIL 15, 2016 | 7

## 'Devil' brigade Soldiers celebrates **Easter at National Training Center**

## Story and photo by Capt. Jonathan T. Camire **1ST ABCT PUBLIC AFFAIRS**

FORT IRWIN, Calif. - Chaplains of the 1st Armored Brigade Combat Team, 1st Infantry Division, organized a sunrise service celebration for Easter on Mount Blackie at the National Training and collect their thoughts and put our thoughts Center, Fort Irwin, California, March 27.

Soldiers throughout the 1st ABCT and came out to attend the service. Each chaplain in attendance took turns providing sermons, singing songs and offering communion.

commanders and staff of the brigade where with fellow Soldiers and walked down the attending a leader training program prior to mountain. the brigade's upcoming rotation to NTC.

sunrise service to allow Soldiers attending the message and I also loved the location."

training to take a break and focus on their spiritual thoughts, said Maj. Matthew Miller, the brigade's chaplain.

"I think it incorporated two types of fitness, physical and spiritual fitness," Miller said. "It allowed everyone to step back for a moment on something higher."

The chaplains could have chosen to have supporting units began the climb before dawn the event at a chapel but instead chose a nice and arrived at the top of the mountain as the sun little hill, said Pfc. Ryan Miller, fire support specialist with 1st Battalion, 5th Field Artillery Regiment.

After the completion of the service, Soldiers The celebration took place while took photos of the view, exchanged words

e brigade's upcoming rotation to NTC. "I thought it was a great service," Pfc. Chaplains of the 1st ABCT organized the Miller said. "The chaplain team put out a great



Soldiers from the 1st Armored Brigade Combat Team, 1st Infantry Division, sing songs led by Capt. Timothy Kim, a chaplain from 2nd Battalion, 34th Armored Regiment, during an Easter sunrise service on Mount Blackie March 27. The early morning Easter celebration took place while commanders and staff of the brigade where attending a leader training program prior to the brigade's upcoming rotation to NTC.

## FORT RILEY PROVIDES MUTUAL AID

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William Hadley | FORT RILEY FIRE DEPARTMENT Firefighters from the Fort Riley Fire Department assisted with a grass fire in Geary County April 5. The fire department was contacted by Geary County Fire Department for mutual aid for one brush truck.

#### HOME OF THE BIG RED ONE

# SUICIDE PREVENTION

## THE POWER OF 🚺

## BIDEN Continued from page 1

"I'm hoping it becomes part of our culture forever and ever," Biden said about the program. "And that all teachers across the United States will make an effort to recognize military children, their challenges and what great kids they are."

Biden met with student teachers to discuss their experiences in the classroom and interacting with the children.

Student teacher Jess Holliday attended the discussion. He said he didn't have any experience with the military prior to working in the middle school, so he relied on his training to assist him in the classroom.

"Most of the kids are connected with the military," Holliday said. "It provided me with ample opportunities to put into practice the skills I have learned with the Educate the Educators program and furthered my knowledge on how to meet the needs of these kids."

During her visit, Biden met with parents and students of the middle school to talk about the unique challenges faced by the kids.

Melissa Price, daughter of Chief Warrant Officer 3 Jeffrey Price, former commander of the 1st Infantry Division Band, said it was nice to meet

Biden and have a conversation about what being a military child in middle school is like.

"It was a lot more relaxing than I thought it would be," Price said. "You're just telling about your experiences. It sort of puts you at ease to be able to share with someone who doesn't know what you've been through."

Price said some of the challenges discussed were moving around and losing friends.

"Some kids don't get to have all these new experiences," Price said. "I get to meet new people and I get to try new things and I wouldn't be the person I am today without that." Biden also visited Jefferson Elementary School, where she signed her children's book "Don't Forget: Bless our Troops" and toured the Resiliency Campus including the Army Wellness Center.

Biden spoke to the American Association of Education Researchers Annual Meeting in Washington, D.C. April 11 about her visit to Fort Riley and the importance of recognizing and supporting military-connected students in the classroom.

According to the transcript posted on whitehouse.gov, Biden spoke about her meeting with families who live on post and how the middle school is



Amanda Kim Stairrett | 1ST INF. DIV.

Pamela Dombrowski, a math teacher at Fort Riley Middle School, leads a discussion with Jill Biden, second lady of the United States, and some of her students April 6 at Fort Riley. Biden met with children and spouses of 1st Infantry Division and Fort Riley Soldiers and airmen to talk about their experiences.

taking simple steps to involve deployed parents to keep up with student's progress.

"From top to bottom, from General Grigsby to the newest arriving private, Fort Riley is structured to support the wellbeing and readiness of its Soldiers and their families," the transcript reads. "When Soldiers know that their family is well cared for, they become better warriors. And, our country is better served and kept safe. Fort Riley represents the best of us, in many ways. All military kids should be recognized, appreciated and cared for this way. But, not all communities are like Fort Riley."

To read the whole transcript, visit www.whitehouse.gov/ the-press-office/2016/04/11/ remarks-dr-jill-biden-americana s s o c i a t i o n - e d u c a t i o n researchers-annual.

## SCHROEDER Continued from page 1

Following breakfast at Demon Diner and a visit inside division headquarters, Schroeder was taken to the 1st Replacement Company, the in-processing company for new Soldiers, where he spoke with Soldiers and civilians.

Spc. Vanessa Stevenson, strength management specialist with the Division Headquarters and Headquarters Battalion, 1st Inf. Div., was one of the Soldiers he spoke with.

"His visit will make the 1st Infantry Division a better organization," Stevenson said. "The input and ideas that were given from both Schroeder and Big Red One Soldiers will positively impact the Big Red One Soldiers of our future."

While visiting the 1st Replacement Company, Schroeder emphasized the importance of sponsorship and reception integration to facilitate the process of transitioning Soldiers to the Big Red One. Reception helps new Soldiers with finances, finding housing and adjusting to the new environment, while sponsorship pairs incoming troops with NCOs to help them find out about their new unit.

Stevenson said she took home several lessons.

"I learned that knowledge (and) the ability to listen and communication are very powerful," Stevenson said. "You cannot do it alone. Regardless of rank, listening to Soldiers' opinions and ideas is a must. The ability to communicate effectively is the only way to pass on knowledge and to share that knowledge is the only way to make an organization better."

Schroeder ate lunch with junior Soldiers at the Devil's Den dining facility. There, they discussed issues ranging from promotions to schools. After lunch, Schroeder was given a tour of the Mission Training Complex and briefed on the division's capabilities.

"It's important to show that we are training to be ready and we are sustaining readiness in support of FORSCOM's mission," Cornelison said.

Following his MTC tour, Schroeder spoke with professionals at the Army Wellness Center.

"Using our Comprehensive Soldier and Family Fitness programs in conjunction with our wellness centers will make our Soldiers as physically and emotionally ready as possible," Schroeder said.

Schroeder ended his day on Fort Riley with a town hall forum at Barlow Theater, where he spoke and took questions from senior noncommissioned officers.

# **Community Life**

APRIL 15, 2016

## HOME OF THE BIG RED ONE

## IN BRIEF

### **TRAFFIC UPDATES**

For traffic updates, see the Traffic Report on page 4 or visit www.riley.army.mil and click on "Advisories."

## **CENTRAL ISSUE FACILITY TO CLOSE FOR INVENTORY**

The Central Issue Facility will close for inventory at noon on the April 20. It will reopen 7:30 a.m., April 25.

## SOLDIER FOR LIFE TRANSITION ASSISTANCE **PROGRAM EVENTS**

April 19 from 8:30 a.m. to 3 p.m., LinkedIn Day at building 212, room 201. Transitioning Soldiers are encouraged to attend for personalized profile review and photo. Event held on a walk-in basis.

April 19 from 2:30 to 4:30 p.m., Aviation Industry Day with Republic Airways and Kansas State University. Event will be held at building 809 Marshall Drive, room 121, Fort Riley.

April 19 from 11:30 a.m. to 1 p.m., Military Spouse Lunch and Information Session. Event will be held at the Soldier and Family Assistance Center, 674 Warrior Road, Fort Riley. Send RSVP to ltanya.d.pugh2.civ@ mail.mil.

April 20 from 9 a.m. to 2 p.m., Hiring Heroes Career Fair at Riley's Conference Center

April 22 beginning at 8:30 a.m., Agricultural Orientation Day, Kansas State University Research Farm, Manhattan Family Cooperative. Event will be held at the Soldier and Family Assistance Center, 674 Warrior Road.

April 29 beginning at 8:30 a.m., Agricultural Orientation Day, Tiffany Cattle Co., Kansas Agrability. Event will be held at the Soldier and Family Assistance Center, 674 Warrior Road.

## **THREAT AWARENESS AND REPORTING PROGRAM** TRAINING

Threat Awareness and Reporting Program training will be offered for Soldiers, Department of the Army civilians and contractors at Barlow Theater May 11 and June 1, 10

# Fort Riley entry places first runner up in pageant

"The competition is tough because

it's between Army, Air Force, Navy,

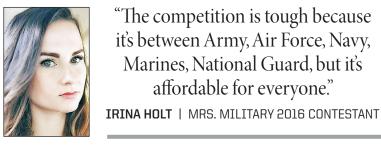
Marines, National Guard, but it's

affordable for everyone."

Holt calls Mrs. Military event 'good way' to get involved, meet people

By Hannah Kleopfer 1ST INF. DIV. POST

Spouses of service members on various military installations waited April 1 to find out who would become Mrs. Military 2016. Fort Riley's Irina Holt, wife of Staff Sgt. Stephen Holt, 1st Squadron, 4th Cavalry Regiment, 1st Combat Aviation Brigade, 1st



Infantry Division, waited to see if her name would come up. And it did.

Holt placed as First Runner Up to the winner, Sara Ward, Mrs. Military Davis-Monthan Air Force Base, Arizona.

Holt became Mrs. Military Fort Riley in March through the online pageant after submitting the

application form and a photo. Holt said after becoming Mrs. Fort Riley, she had to write a personal essay to submit to the judges.

"I just want more people to know about it and get involved," she said. "It's a really good way to get to know people and gives you people to talk to.'

In another category, contestants are judged on participation in their community. Holt tries to be as active as she can with her husband's unit

"Sometimes I'll bake cookies that my husband will take to them, or

#### See MRS. MILITARY, page 10

## **BOY SCOUTS OF AMERICA**



to 11 a.m. For information or to schedule training call 785-240-3097.

## **RECYCLING CENTER** CHANGES

Fort Riley's Recycling Center in building 1980, Camp Funston, will undergo a construction project designed to enhance recycling capability. A state-of-the-art materials sorting system will be installed.

The new system will allow the facility to recycle larger quantities of materials resulting in more waste being diverted from local landfills and more revenue being produced for unit funds and other Family, Morale, Welfare and Recreation activities across the installation. Construction will begin April 4 and is projected to take up to 12 months to complete.

During that time recycling activities will be temporarily moved to building 1630, at the corner of I and 7th Streets in Camp Funston. Hours of operation will remain unchanged. They are 6 a.m. to 4:30 p.m. Monday through Friday, except holidays and Garrison Resiliency Days Off when the Recycle Center is closed.

For more information, call the Recycle Center, 785-239-2094 or 785-239-8686.

## **USO EVENTS ANNOUNCED**

• A Sip and Chat event for spouses is held every Wednesday from 9 to 10:30 a.m.

• Operation Happy Birthday: USO volunteers will deliver a cupcake to Soldiers during the month of their birthday. See USO Facebook page to sign up.

• Staff at the USO staff is planning to hold a family game night the 3rd Friday of every month. Family game night for this month is scheduled for 5:30 p.m., April 21.

around Fort Riley because bats were living in many of the older buildings and training areas," Schreckengost said. "Bat houses are a good way to keep bats around because of their importance to our ecosystem, but out of those areas of Fort Riley."

Eagle Scout is the highest rank attainable in the Boy Scout organization.

"I set a goal to become an Eagle Scout when I first became a Boy Scout," Schreckengost said. "To me, it is a symbol of all the hard work I have put into achieving this rank. It is also a reminder of all the great mentors and great opportunities and fun I have had in scouting so far."

Schreckengost said he remains active in Boy Scouts to help younger scouts set and achieve their goals.

SCOUTING STOPS

 River Schreckengost began Cub Scouts at Fort Rucker, Alabama, and then went to Wheeler Army Airfield, Hawaii. He began Boy Scouts at the Marine Corps Base in Kaneohe Bay, Hawaii, and continued in Manhattan, Kansas, before officially being awarded the Eagle Scout honor in Denver, Colorado.

Eagle Scout River Schreckengost, 15, is the son of Shannon and Capt. Michael Schreckengost, who is now assigned to Wheatridge Recruiting Company, Denver Battalion, Denver, Colorado.

## **BE PREPARED**

# Website offers military kids tools to lessen stress

Internet tool allows kids to connect with each other, improve mental health

## BY MILITARY HEALTH SYSTEM COMMUNICATIONS OFFICE

Children deal with growing pains and learning experiences that leave lasting impressions, and military children often have additional stressors. The Military Kids Connect website and online communities, created by the Department of Defense National Center for Telehealth & Technology offer interactive resources to help combat mental health issues. Through the site military young people connect with one another, learn coping skills and share their unique experiences.

"The mission of the website is to improve the quality of life of military



DEPARTMENT OF DEFENSE PHOTO

Military Kids Connect, a website for military youth, features stories and interactive features for children growing up in the military culture. Children can share their experiences and learn coping skills to deal with issues such as deployment, relocation and other topics unique to being in a military family.

children as they face the psychological challenges of living in the military life and culture," said Kelly Blasko, a lead

psychologist at T2. "It was designed so (children) can learn about feeling stressed and anxious, and it provides

## MORE INFORMATION

• For more information, visit www.militarykidsconnect.dcoe. mil/

them with some tools to alleviate some of this stress."

The site is aimed at children ages 6 to 17 and is separated into three ageappropriate modules — kids age 6 to 8, tweens age 9 to 12 and teens age 13 to 17 — was designed to fill a gap in mental health resources available solely for children who grow up in military families. Many of these children have parents who are deployed or are transitioning back from deployment, which can increase confusion, depression and anxiety. Other families move regularly from base to base, with children finding it difficult to

## See WEBSITE, page 10

1DivPost.com



## COMMUNITY CORNER

# Volunteering helps community life on Fort Riley

By Col. Andrew Cole Jr. FORT RILEY GARRISON COMMANDER

olunteering can be time-consuming, but the rewards are endless. Imagine if one day none of the volunteers at Fort Riley showed up. It would have a significant impact on our community. People who volunteer on post provide so many services to our community.

Child and Youth and School Services, USO Fort Riley and Better Opportunities for Single Soldiers rely on volunteers. There is something out there for every interest. These programs also provide families an opportunity to volunteer for a range of activities. Coaches often have the ability to impact children positively. These relationships could last a lifetime. Volunteering for CYSS can give you the opportunity to give back to kids.

For sports-oriented individuals — CYSS needs volunteer coaches to work with children's sports programs. For more information on CYSS

volunteer opportunities, call 785-239-9885.

The USO Fort Riley also needs volunteers to provide Soldiers and families with a variety of free events and services including

Colonel Cole assistance at the center and help with events

such as the No Dough dinners, family game nights and other activities. To find out about volunteer opportunities at the USO, call 785-240-5326.

BOSS is an organization for single Soldiers aimed at maintaining a balanced life through leisure and recreation, community service and quality of life. There is an opportunity for single Soldiers to volunteer in community service activities and to assist in planning and executing recreation and leisure events. To find out more about volunteer opportunities at BOSS, call 785-239-2807.

Being a volunteer can benefit you by reducing

stress. According to a study by UnitedHealth Group and the Optum Institute people who volunteer have better mental, physical and emotional health. It may improve your health by helping you be in a better mood. Seventy-six percent of people who volunteered in the last year of the survey released in 2012 attribute their service to making them feel healthier. Survey location: www. unitedhealthgroup.com/~/ media/UHG/PDF/2013/ UNH-Health-Volunteering-Study.ashx.

Volunteering also can help people find new friends with common goals and can promote personal growth and self-esteem.

Becky Willis, Fort Riley Army Volunteer Community Coordinator, said spouses who graduate from college could use volunteer opportunities to gain experience to qualify for jobs. It also can provide an opportunity to try out a vocation to see if it something

they want to pursue before spending time and money getting a degree in that field. Volunteers may work for the people who are doing the hiring and they can see the quality of work provided. It may lead to being hired.

When an enlisted person below E-5 volunteers 500 hours or more over the course of three years, they can complete paperwork to qualify for the Military Outstanding Volunteer Service Medal that gives them ten promotion points.

You can volunteer to help improve community life on Fort Riley. You can make a difference. These and other volunteer opportunities are available. If you need ideas for volunteer opportunities - contact Becky Willis, AAVC, 785-239-4593.

— To comment on this article or to suggest a topic for Community Corner, email usarmy.riley.imcom.mbx.postnewspaper@mail.mil or visit my Facebook page at www. facebook.com/fortrileygc.

# Women find the perfect dress for upcoming formals

### Story and photo by Maria Childs 1ST INF. DIV. POST

Glitter and gowns covered the computer lab at the USO Fort Riley April 9 as USO Operation: Gift the Gown was in progress.

Gift the Gown has been a USO program for about a year and half. The program originated with wives from the 1st Combat Aviation Brigade. When the original creators moved away, they passed it on the Jill Iwen, the director of the USO Fort Riley. Since then, the USO has been collecting gently worn ball gowns from all over the state of Kansas to give spouses a wide variety to choose from.

Jessica Wesson, volunteer executive coordinator at the USO Fort Riley, said this program aims to provide a free gown for the spouses of activeduty service members on post.

"USO Operation: Gift the Gown' is important to our military community, because it offers the spouses a chance to support each other by donating a gown for someone else to enjoy; while they get to find another beautiful, gently worn gown to wear," Wesson said. "It's a great 'pay it forward' program for our spouses."

About two-thirds of attendees left with a dress April 9.

Wesson said her favorite part of the event is seeing ladies who are able to find a gown for their event, and the excitement that comes with that.

"It's also a great opportunity for the USO Volunteers to meet with and assist with gown 'shopping,'" Wesson said.

Angie Maradiago, wife of Sgt. David Delgado, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, brought her daughter and a friend to the event. She was shopping for a dress to wear to her sister's quinceañera.

A quinceañera is a celebration of a girl's fifteenth birthday in Latin American communities. The birthday marks the transition from childhood to young womanhood.



Angie Maradiago, wife of Sgt. David Delgado, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, lst Infantry Division, looks through dresses being to military spouses and children during USO Operation: Gift the Gown April 9 at the USO Fort Riley.

only wear a dress once, and not have to spend any money on it," Maradiago said.

This is not the only USO event she has enjoyed. She said her family has joined her at the USO Unplugged family game nights on the third Thursday of each month and the No Dough Dinners. Events like these and Gift the Gown help families in the community save money and still be able to find what they need.

"It saves money," Maradiago said. "Being in the military, there is a lot of balls you go to, so this gives you a chance to not feel like you have to buy an expensive dress every time. It shows there are people out there who are trying to help other people."

Denise Miller, wife of Maj. Trent Miller, executive officer for 1st Combat Aviation Brigade, 1st Infantry Division, donated a dress to the event, and then looked around and found a dress for her upcoming military ball in June.

"They are giving back to the community," Miller said. "This is the first time I have heard about this type of the event at

## PAGEANT Continued from page 9

we'll have them (over) for a picnic or barbecue," she said.

Originally from Russia, she moved to South Korea for graduate school at the University of Seoul before meeting Stephen and moving to the United States. While there, she translated documents and helped foreign ambassadors, so she became familiar with the customs in South Korea.

Holt has also been helpful during her time here by offering assistance to other foreign spouses on obtaining their green cards, due to her legal background and going to school at the Russia-Moscow State Law Academy. All of these efforts put Holt at the top of the list of winners.

"The competition is tough because it's between Army, Air Force, Navy, Marines, National Guard, but it's affordable for everyone," Holt said.

The cost to participate is \$10, and participants are not required to travel to a pageant as everything is completed online.

Go to mrsmilitary.org for more information about the pageant.

## WEBSITE Continued from page 9

adjust and get comfortable. Personal story videos from their These scenarios are addressed peers, who share their experiences by allowing children to with deployment, health and connect with others in other regularly discussed topics, similar circumstances and to can help create a dialogue

Would You Do? section in the tweens and teens modules, where young people discuss their decision-making processes handling dilemmas common to military youth. Also popular is the Tough Topics area, which features animated graphic novels and feedback on the difficult situations military families endure, including post-traumatic stress disorder and traumatic brain injury.

talking about. Adults can use the tools to develop strategies to help improve the well-being of their children and learn how to talk with them about diffi-



Hannah Kleopfer | POST Irina Holt, spouse of Staff Sgt. Stephen Holt, 1st Squadron, 4th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, was selected as first runner-up in the Mrs. Military 2016 competition April 1. A native of Russia, Holt moved to South Korea to attend the University of Seoul before meeting Stephen and moving to the United States.

access resources so they can better learn to handle these situations.

The MKC online communities for tweens and teens provide a message board, stress-management tools and self-expression activities, which youth can use to deal with emotional situations. For example, many of these children are fearful when separated from their parents for extended periods, and they can learn how others have coped by using the message boards to discuss their feelings and get feedback. about coping strategies. These dialogues can assist in creating a support system to alleviate some of the worries.

"The message boards were intended to start conversations about what their struggles were, and that is one way to get peer support," Blasko said. "The connection there is that kids become role models for other kids, and it often helps a child to hear what their peers are saying. It makes it feel normal."

Frequently visited areas of the site include the What

Parents, caregivers and educators are encouraged to use the sections designed for them to find out how to help their children cope and to learn what issues their children are

> Segual Assault Awareness & Prevention Month April - 2016

cult topics.

"The website is put in the context of military life," Blasko said. "When you're on the website, you know you're on a military site, so kids and parents can relate to that. There are uniforms and military language is used, and that's one thing that makes Military Kids Connect unique."

For more information, visit www.militarykidsconnect. dcoe.mil/.

"We just get a chance to come here and try to find a dress for an event where you will Fort Riley."

For more information about events at USO Fort Riley, call 785-240-5326 or visit their Facebook page at www. facebook.com/USOFtRiley.

# )W SHOWING

Barlow Theater is now in digital! Tickets cost \$6.00 for adults and \$3.50 for children Tickets for 3-D and first-run movies cost extra. Children younger than 5 are admitted free.



FRIDAY, APRIL 15 • The Perfect Match (R) 7 P.M.

SATURDAY, APRIL 16 • The Brothers Grimsby (R) 2 P.M. • The Perfect Match (R) 7 P.M.

SUNDAY, APRIL 17 • The Brothers Grimsby (R) 5 P.M.



For movie titles and showtimes, call 785-239-9574



# **KNOW** your part **DO** your part

What can you do?

 Intervene · Distract Take Action Support Enlist Others to Help

#### Where can you turn?

Fort Riley 24/7 hotline: 785-307-9338. SHARP representative: 785-239-2277 or 785-239-3379 DoD SAFE hotline: 1-877-995-5247 - safehelpline.org

# **Sports & Recreation**

## APRIL 15, 2016

HOME OF THE BIG RED ONE

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## CUSTER HILL BOWLING SPECIALS

Wednesday through Friday: From 1 to 6 p.m., \$2.50 games and \$2 shoes.

Wednesday: From 6 to 9 p.m., \$1 games and \$1 shoes.

Thursday: From 6 to 9 p.m., \$5 cover, which includes shoes and 50¢ games.

Friday: From 6 to 9 p.m., \$15 for unlimited bowling for up to six people, shoes not included.

Saturday: Extreme bowling from 6 p.m. to midnight, \$9 for shoes and up to three hours of bowling.

Sundays: From noon to 6 p.m., family fun, \$35 per lane, which includes two hours of bowling, one large two-topping pizza, two pitchers of soda and shoes for up to six people.

## OFFERINGS FOR FITNESS-MINDED INDIVIDUALS

The Directorate of Family and Morale, Welfare and Recreation has a comprehensive offering of options for health- and fitnessminded individuals on post.

Contact one of the following DFMWR fitness department professionals to get started:

Vincent Spencer, fitness coordinator, vincent.j.spencer2. naf@mail.mil, 785-239-3146.

Jocelyn Heminitz, fitness specialist, jocelyn.n.heminitz.naf@ mail.mil, 785-239-2616.

Choose between the following: • One person, one-hour training session – \$25.

• Two people, one-hour training session – \$40.

• Three people, one-hour training session – \$48.

Personal training sessions can be purchased at Whitside Fitness Center Monday to Friday, 9 a.m. to 6:30 p.m., and Saturday, 9 to 11 a.m.

You can also purchase a session of massage therapy:

- 30-minute session \$30.
- 60-minute session \$60.

• 90-minute session – \$90.

For more information, call 785-239-2573.

### EYSTER POOL WILL REMAIN CLOSED UNTIL FURTHER NOTICE

Eyster Pool is closed. No reopening date has been determined. During this time, all programs — including physical therapy supported by both Irwin Army Community Hospital and Warrior Transition Battalion, pregnancy Physical Therapy, lap swim and recreational swim - will be held at Long Pool, inside Long Fitness Center. Because this pool is not equipped with a computer pointof-sale system, all daily entry fees and pool passes will need to be paid using cash or check. Unit physical training requests for Thursdays only will be accepted during this time; this is to decrease maximum occupancy with the early-morning lap swim program. The Aquatics Office at Eyster Pool will be open from 8 a.m. to 4 p.m. Monday to Friday. For more information, call the aquatics program manager at 785-239-9441.



Pvt. Anthony Taylor, 1st Infantry Division Sustainment Brigade, dribbles down the court during an April 9 basketball scrimmage against Fort Carson, Colorado, at King Field House on Fort Riley, Kansas. Fort Carson won the game 72-55.

# Tuning up for the finale

## Post basketball team gears up for end-ofseason tournament

## Story and photos by Maria Childs 1ST INF. DIV. POST

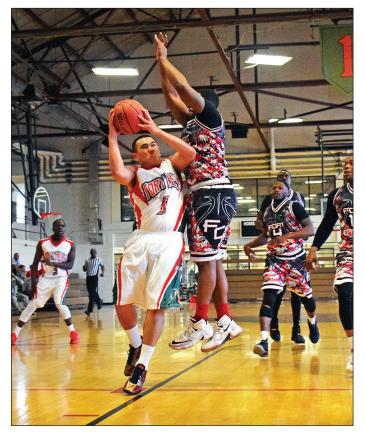
The Fort Riley basketball team played Soldiers from Fort Carson, Colorado, April 9 and 10, in preparation for Central United States Basketball Conference games April 15 and 16. The games were non-conference play.

The teams played two games with Fort Riley falling to Fort Carson in both: 72-55 on Saturday and 71-56 on Sunday. "It's about preparing ourselves for the tournament," Dunbar said, adding that he thought the team learned a lesson during the scrimmage games.

"I think they saw how they have to work better as a team than as individuals who want to do everything themselves," Dunbar said.

Spc. Dontarrius Pugh, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Inf. Div., said the team did not play like they normally do and they didn't do what they practiced.

"I'm disappointed in myself and my team," he said following the first game of the weekend. "We practice Monday, Wednesday and Friday and we come here and we play nothing like we practice. We're going to do a lot better tomorrow."



### **YOUTH SPORTS OFFICIALS**

The Child, Youth and School Services staff is looking for officials for youth outdoor and indoor soccer, flag football, basketball, baseball and softball.

Volunteer and paid positions are available. Training is provided and experience is not necessary. A background check is required.

For more information, call CYSS Sports at 785-239-9223 or 785-240-5207.

#### **ISPORTSMAN SYSTEM**

Fort Riley has an automated check-in and check-out system called iSportsman. Individuals can register at www.fortriley. isportsman.net.

To access Fort Riley training area, use the iSportsman website. Check-in and check-out may be done with any personal device with Internet access, visit the iSportsman kiosk at 1st Division and Vinton School roads or the Environmental Division Office, building 407, during normal business hours.

For more information, contact the Environmental Division at 785-239-6211. Sgt. Maj. Darryl Dunbar, Division Headquarters and Headquarters Battalion, 1st Infantry Division, said the games weren't about the score, but about how the team played as a whole.

"Saturday's game we didn't play like ourselves, and we didn't play like we practiced the last few weeks," Dunbar said. "Sunday we came out and played well. We kept the game close and competitive"

He said the two-on-two scrimmages weren't about winning or losing.

Spc. Dung Danh, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, agreed with his teammate.

"We didn't play as a team," Danh said. "They were a lot bigger team, and we didn't expect that."

Pugh said the team won some games earlier in the season,

See HOOPS, page 12

Spc. Dung Danh, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, goes up for a lay-up during an April 9 basketball scrimmage against Fort Carson, Colorado at King Field House. Fort Carson won the game 72-55.

## Warrior Zone rolls out red carpet for basketball fans

#### Story and photos by Hannah Kleopfer 1ST INF. DIV. POST

To celebrate the spirit of the National Collegiate Athletics Association basketball championship spirit, staff of Warrior Zone hosted a March Madness men's title game watch party April 4.

Before the game between Villanova and the University of North Carolina, Warrior Zone staff hosted a number of games for patrons to get into the gameday spirit with.

"We decided to have some activities before to give them a chance to connect with the sport," said Christina Boyles, Warrior Zone recreation assistant.

As Soldiers arrived, it was a spurof-the-moment decision on their part to participate in some of the activities.

"First, I came here to volunteer for Better Opportunities for Single Soldiers," said Pfc. Ismael Maldonado, 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division.

As the BOSS representative for his battalion, Maldonado recruited Spc. Sean Perez, 1st Bn., 5th FA Regt., 1st ABCT, 1st Inf. Div., to play in the 3-on-3 basketball tournament.

Besides the 3-on-3 tournament, patrons participated in video games, dunk competitions, trash-can pong and skills challenge course. Winners



Pvt. Joshua Rendeazzer, 541st Combat Sustainment Support Battalion, 1st Sustainment Brigade, 1st Infantry Division, plays in one of the shooting contests at Warrior Zone April 4. The contest was part of the NCAA Championship Party offered by staff of the Warrior Zone.

of the tournaments would also receive prizes such as basketballs and gift certificates to Dick's Sporting Goods and the Warrior Zone.

Some Soldiers, such as Pvt. Joshua Rendeazzer, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade, occasionally come to Warrior Zone to hang out with friends and play pool or get some work done at the computer lab.

Rendeazzer came to print some things off before he and his friend started playing in the games around the facility. "It's important to have an outlet for the Soldiers to get out and interact and be social with each other and be active," Boyles said.

For other information about Warrior Zone and BOSS, check out their Facebook page at www. facebook.com/boss.ftriley.





## JUST ANOTHER OBSTACLE TO OVERCOME

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Desire Owens, a seventh grader at Fort Riley Middle School and daughter of Sgt. 1st Class Lorenzo Owens, 2nd Armored Brigade Combat Team, 1st Infantry Division, leaps over a hurdle during a track meet at Bishop Stadium in Manhattan, Kansas, April 5.

## HOOPS Continued from page 11

ranked Fort Sill, and lost their humility.

"We stopped playing with a chip on our shoulder," Pugh said. "This loss put us back where we need to be."

Dunbar said the team is scheduled to depart Fort Riley for the tournament April 15. During the conference, Fort Riley's team may be facing the coach gave feedback that

including a game against top new opponents from the south league. He is a little nervous about playing new teams, but he has confidence in his team.

"It comes with the sport," Dunbar said. "If we couldn't went down and looked at some of the guys, but it's too far."

He talked with Fort Carson's head coach after the games last weekend, and

matched Dunbar's confidence. "We have improved greatly since we started this program up," Dunbar said. "Even Fort Carson's head coach told me from the beginning of the season to now our team looks great."

follow the team's To success, visit their Facebook page at www.facebook.com/ FortRileyPostBasketballTeam.

## SOLDIER MEETS WALL



Maria Childs | POST

Maria Childs | POST Soldiers from Troop A, 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, hosted a fun day at Whitside Fitness Center April 8. Capt. Sharon Wheelock, commander of Troop A, said the unit is fairly new, and there are new parts to the unit such as the shadow unit, so they decided to have this event to get to know the new Soldiers and their families. "We're trying to get family members more involved," Wheelock said. "We're also trying to get our new shadow platoon incorporated into the rest of the group." Playing bubble soccer was the proposed idea from a Soldier in the unit who saw it and thought it would be fun. "It's hard to breath, it's hard to see, but it's a lot of fun," Wheelock said. "It's pretty cool knowing there are no repercussions to falling or knocking someone over."



21 April 2016 **"SOBER DRIVE" Driving Competition** 



**Custer Hill Golf Course** 1100-1300 First 50 receive a sleeve of golf balls Men's / Women's & Under / Over 40 Division **Register Day of at Golf Course** 



240-6266 or 784-6000 for more info

# HAVE A STORY IDEA?

Send it to usarmy.riley.imcom.mbx.post-newspaper@mail.mil or call 785-239-8854/8135.

# **Travel & Fun in Kansas**

## ★ APRIL 15, 2016

## HOME OF THE BIG RED ONE

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#### Story and photos by Maria Childs 1ST INF. DIV. POST

Take a ride on the Pony Express Highway, otherwise known as Kansas highway 36, to the town of Seneca, Kansas.

The first sign you're close is a wind farm as you turn east from North Highway 99 out of Wamego after about 70 miles.

The town is home to four museums and a hand-dug well, located in the center of City Park on 11th Street. It was dug in 1895, and it is the last visible sign of the original water system. The well is 65-feet deep and 34feet wide. A six-foot, chain-link fence was installed in 1975 to keep children from scrambling up the shingle roof and sliding back down.

"It's the widest hand-dug well in Kansas," said Darlann Rial, corresponding secretary for the historical society.

Tours are available by calling the Nehama County Historical Museum at 785-339-6366.

The first of four museums is the historical museum. It preserves archives and artifacts which are accurate accounts of the early Nemaha County communities including Seneca, St. Benedict, Vern, Goff, Bancroft, Albany, Woodlawn, Sabetha, Oneida, Baileyville, Corning, Wetwore, Centralia, Coal Creek, Neuchautel and Kelly. Exhibits include a Knights of Columbus collection and Masonic collection.

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"The historical museum is the old county jail and sheriff's residence," Rial said. "It's been restored. It was built back in 1879 so it didn't have electricity or toilets or anything back then ... we've restored it from what it was originally."

Down the road is a military exhibit in the Temple of Honor Military Museum. All of the military branches are represented.

"It's the old Masonic temple," Rial said. "It was donated to us. The main floor is all military exhibits from the Civil War through the Iraqi wars. We have lots of documents, photographs, uniforms and artifacts."

Everything in the museum is also online at nemahacountyhistoricalsociety. pastperfectonline.com/. The historical society is open Tuesdays from 10 a.m. to 4 p.m. and by appointment.

The Fire Department Museum sits about a block toward Main Street. It includes exhibits about the history of firefighting including models of historic firetrucks. The Pony Express Museum is located at 4th and Main down the road from the Chamber of Commerce and city hall. Seventy-five miles from the express starting point in St. Joseph, Missouri, Seneca was the first home station along the route headed to Sacramento, California.

Partnering with many Nemaha County volunteers and the Kansas Humanities Council, the museum was funded and renovated in 2011. For a tour of Pony Express Museum, call 785-335-1313.

Historic tours of Seneca are available that include all points of interest.

Rial said groups should allow up to three hours for the full tour of the town.

Throughout the downtown district, buildings are featured on the Mainstreet Walking Tour. The walking tour begins near the Pony Express Museum at 4th and Main and takes about 30 minutes. Featured buildings have graphic panels with explanations of the architecture and local history.

"It catches everything in a couple of blocks," Rial said.

To schedule an historic tour of Seneca, call the historical society at 785-336-6366. To learn more about Seneca,

visit seneca-kansas.com.





## AREA EVENTS

## **CELEBRATING PAST TIMES**

Geary County Historical Society staff is scheduled to host a Celebrating Past Times event Arpil 23 from 1 p.m. to 4 p.m. at 530 N. Adams. From 10 a.m. to 2 p.m., visitors can stop by the Spring Valley Historic Site at the intersection of K-18 and Spring Valley Road to learn cowboy skills, see the school and historic demos in cabins. For more information, visit www.gchsweb.org/.

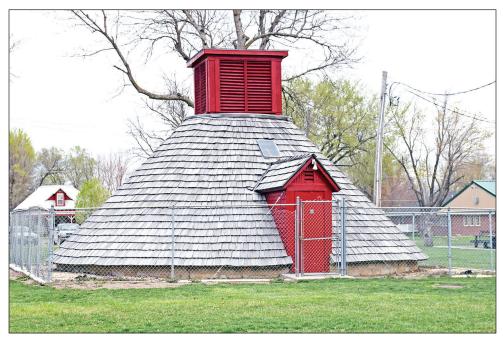
#### SCOOTIN' AMERICA

City Cycle Sales, Junction City, Kansas, is scheduled to host a meet and greet with Adam Sandoval and his chihuahua Scooter April 26 at noon. He is riding to every Harley dealer in America to support families of fallen Soldiers. Lunch will be provided for a donation with all of the money raised going to children of fallen Soldiers. For more information contact City Cycle Sales 785-238-3411.

An extensive military exhibit of the Nemaha County Historical Society is located in the Temple of Honor Military Museum. All branches of the military are represented. "It's the old Masonic temple," said Darlann Rial, corresponding secretary for the historical society. "It was donated to us. The main floor is all military exhibits from the Civil War through the Iraqi wars. We have lots of documents, photographs, uniforms and artifacts."



A M7 105mm Howitzer Motor Carriage sits outside the military museum in Seneca, Kansas. It is self-propelled and once carried a crew of seven. It was brought to Seneca for display in 1975. For information about tours of the military museum, call the Nemaha County Historical Society, call 785-336-6366.



A hand-dug well sits in the center of Seneca City Park on 11th Street. It was dug in 1895, and it is the last visible sign of the original water system installed in 1895. The well is 65 feet deep and 34 feet wide. "It's the widest hand dug well in Kansas," said Darlann Rial, corresponding secretary for the historical society.