



## Combat Aviation Brigade gets new enlisted leader

Story and photo by Jarrett E. Allen  
1ST CAB PUBLIC AFFAIRS

Soldiers of the 1st Combat Aviation Brigade, 1st Infantry Division, welcomed a new senior enlisted leader in a ceremony March 4 at Marshall Army Airfield, Fort Riley.

Col. John Cyrulik, brigade commander, said Command Sgt. Maj. Roque Quichocho was an experienced and combat-proven professional with an impressive record of service.

“He has the passion, drive and skills that will take this brigade to the next level,” Cyrulik said.

Cyrulik said upon notification Quichocho was selected to serve in the “Big Red One’s” combat aviation brigade, several senior leaders from across the aviation branch called to inform him how lucky he was to have the senior noncommissioned officer join his team.

“These fellow Army leaders described the sergeant major as calm under pressure, very experienced, highly motivated, fit and tough,” Cyrulik said. “Always positive, part of an exceptional Army family and, perhaps most importantly, a good man.”

Cyrulik said Quichocho was already on his way to epitomizing the division motto of “No Mission too Difficult, No Sacrifice too Great.” Quichocho was given little notice to leave his battalion at Fort Hood to join the Big Red One team, filling an unforecasted vacancy, Cyrulik said. He left his family, including his four children, to report to Fort Riley to help the combat aviation brigade prepare for its upcoming missions.

“Sgt. Maj. Quichocho, thank you for your leadership to our division and Army at war,” Cyrulik said. “I look forward to working with you as my battle buddy and teammate, learning from you; improving our unit together and developing a professional relationship and command team presence that others in our formation will strive to emulate.”

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Col. John Cyrulik, brigade commander, 1st Combat Aviation Brigade, 1st Infantry Division, left, welcomes Command Sgt. Maj. Roque Quichocho, right, as the new brigade Command Sgt. Maj. in a ceremony March 4 at Marshall Army Airfield.

## COMPLIMENTS TO THE CHEFS



Staff Sgt. Jeffrey Magnus, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, checks the clock during the mobile kitchen trailer challenge at the 41st Annual Military Culinary Arts Competitive Training Event March 6 at Fort Lee, Virginia. The MKT competition challenged Soldiers to create a four-star meal in a portable environment.

## Soldier chefs shine, serve at annual culinary competition

Story and photos by J. Parker Roberts  
1ST INF. DIV. PUBLIC AFFAIRS

FORT LEE, Va. — A 10-Soldier team from the 1st Infantry Division took home one gold, 16 silver and two bronze medals from the 41st Annual Military Culinary Arts Competitive Training Event March 4 to 11. The contest, hosted by the Joint Culinary Center of Excellence, featured teams from across the U.S. military and is the largest military culinary competition in North America, according to the JCCoE.

Team members from Division Headquarters and Headquarters Battalion, 1st Combat Aviation Brigade and 1st Inf. Div. Artillery spent long hours over several months at Fort Riley’s Culinary Arts Lab preparing for a variety of cooking challenges, including Chef of the Year, Student Chef of the Year, Nutritional Challenge, Mobile Kitchen Trailer and other military-specific events.

“Everyone on the team medaled,” said Warrant Officer Edmund Perez, Headquarters

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“Everyone on the team medaled. It makes me feel pretty good, especially with the amount of experience we had on this team. It’s pretty rewarding.”

WARRANT OFFICER EDMUND PEREZ | 1ST INF. DIV.



Spc. Christian Rivera (left), 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, and Pvt. Sylvain Bouda, 601st Aviation Support Battalion, 1st CAB, prepare food March 5 ahead of the “Big Red One” Culinary Arts Team’s mobile kitchen trailer challenge in the 41st Annual Military Culinary Arts Competitive Training Event March 5 at Fort Lee, Virginia. A key to the team’s silver-medal victory was “mise en place,” a technique wherein chefs prepare everything possible in advance of preparing a meal.

## ‘Devil’ brigade company commanders gather for ‘Devil Talks’

By Staff Sgt. Warren W. Wright Jr.  
1ST ABCT PUBLIC AFFAIRS

Company, troop and battery commanders from across the 1st Armored Brigade Combat Team, 1st Infantry Division, gathered Feb. 29 at the headquarters of the 1st Squadron, 4th Cavalry Regiment, for the first “Devil Talks.”

Representing each of the “Devil” brigade’s seven battalions, the commanders used the gathering to develop leaders in the Army profession by creating open discussion among the attendees.

When it comes to leader development, “we always talk about our subordinates, but we need a lot of professional development, too,” said Capt. Alex Pippett, commander of Company A, 101st Brigade Support Battalion. “We have to keep growing and staying engaged as leaders to better educate ourselves as we go up in rank.”

The focus of the first Devil Talks centered on the ongoing downsizing of the Army, its effects at the company level and how commanders could balance emotion with practicality when it came to deciding who to retain. “It’s about choosing the right people,” said Lt. Col. D. Bradley Laauwe, commander of 1st Sqdn., 4th Cav. Regt., and host of the event. “You’ve got the standards versus these emotional ties to some of these Soldiers. How do you balance that?”

The commanders talked about how every Soldier’s situation was different, and emotion played a major role in how they decided to move forward.

“The bottom line is you have to come back to the standard,” Laauwe added. “Your legacy is the guys and gals you leave behind. We have to keep the right people in.”

Attendees discussed how commanders at the lowest level were the ones who saw the impact on the individual Soldier when deciding who to send home for disciplinary infractions or failing to meet the Army standards.

See TALKS, page 7

## Hoist methods used in medical evacuation training at Fort Riley

Story and photo by Staff Sgt. Warren W. Wright Jr.  
1ST ABCT PUBLIC AFFAIRS

Medics with Company C, 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, along with the support of the 1st Combat Aviation Brigade, 1st Inf. Div., conducted medical evacuation training by way of helicopters March 8 at Fort Riley.

The training familiarized the medics with how to use various hoist methods to lift casualties out of areas where helicopters cannot safely land.

During the training, they used both a “Skedco Sked” basic

rescue system and a rescue seat to evacuate simulated patients as the helicopter hovered about 50 feet off the ground.

Training using the hoist method is unique for the 101st BSB medics, Capt. Christopher Rodriguez, the company’s commander, said.

“It’s typically done by the medic on the bird, but you never know when our guys would need to assist,” he said. “Understanding that process and how to do that is what is important because usually we just load patients onto the bird.”

The day started with a UH-60 Black Hawk helicopter from the 1st CAB landing in the field where the medics were

to train. Following instruction from a flight medic on the use of the two hoist methods, the Soldiers prepared a simulated casualty to be lifted by the sked.

“This kind of training is important because we’re getting used to being around the helicopter and medevac,” Rodriguez said. “These medics are getting used to being around the wind and what it can do. That helps with the speed of the patient (recovery).”

For the medics of the 101st BSB, the training provided a bit of fun after they focused on training in the field for more than a week.

“I just like being around the helicopters,” Pfc. Erik Irps,

a medic with Co. C, said. “It’s a cool vehicle and I like the wind in my hair. It’s just another day in the office.”

While the training was fun for the participating Soldiers, it still provided valuable experience, which could come in handy in the future.

“It was a good chance to get realistic training in a field environment,” said Sgt. Brian Plouse, a radiology noncommissioned officer with the company. “This is as close to the real thing as you’re going to come.”

The medics of Co. C often do not get the chance to work with medevac helicopters in

See EVACUATION, page 8



A medic with Company C, 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, stabilizes a simulated casualty as it is hoisted up to a UH-60 Black Hawk helicopter during medical evacuation training March 8 at Fort Riley. During the training, the Soldiers took turns practicing hoisting patients using varying methods to learn how to evacuate patients in areas where helicopters may not be able to land.

The next USAG  
Resilience Day Off is

**MARCH**  
**25**

### SAFETY HOLIDAY

As of Wednesday, March 16

**017**

days have passed since the last vehicular fatality at Fort Riley. Ninety-four more and the post will celebrate with a safety holiday to take place at each unit’s discretion.

### HIGHLIGHTS



REFLECTIONS OF GENEROSITY TRAVELING ART EXHIBIT OPENS AT OPERA HOUSE IN JUNCTION CITY AND ITS HEADED TO FORT RILEY NEXT, SEE PAGE 9.

### ALSO IN THIS ISSUE



‘NIGHTMARES’ CLAIM INTRAMURAL BASKETBALL CHAMPIONSHIP TITLE AFTER MARCH 10 GAME, SEE PAGE 11.



# Army Emergency Relief campaign begins

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

“Never leave a Soldier in need,” said Clint Strutt, program manager of Army Emergency Relief.

This is the theme of the AER campaign this year. Strutt announced the official campaign during the Fort Riley Garrison Round-up at Riley’s Conference Center March 2.

The non-profit, charitable relief organization’s mission is to “help U.S. Army Soldiers and their dependents by providing emergency aid, in the form of either a direct grant or an interest-free loan” according to their website.

The organization is funded by Soldiers for Soldiers. Unit program officers within the battalions collect donations. The AER program also gets donations from businesses and private organizations.

Strutt said the program is for Soldiers who are active-duty or retired from active duty and their families. Retired reservists and Guardsmen are also eligible once they begin receiving retirement pay.

“AER wants to be the first stop a Soldier makes when they’re in financial need,” Strutt said. “And to do that, AER has added nine new categories of assistance in the past few years.”

The members of AER can help Fort Riley community members with a number of emergency financial needs including, rent, utilities, emergency travel, funeral expenses, repairs, essential furniture and vehicles.

Sgt. Aristeo Rodriguez, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, spoke about his experiences with AER.

“If it wasn’t for AER I really don’t know how I would have done,” Rodriguez said. “I had no other options.”



Sgt. Aristeo Rodriguez, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, shares his experiences with the Army Emergency Relief fund. The beginning of the AER campaign was announced with a ceremony March 2.

As a young private, Rodriguez’s mother was fighting liver failure and did not have much time left. When his father asked him to come home, he wanted to but he said he didn’t think he had the funds. Then he discovered AER and the assistance the agency provided paid for his travel and food expenses. The same day he applied for a loan, the AER program cut him a check. Rodriguez was able to get home to his family and spend time with his mother before she passed.

Recently, Rodriguez again needed help. He was awarded a grant to pay for two months of his daughter’s day care after he was awarded full custody. This gave him time to get on his feet and find a childcare plan off-post that worked for his family.

The AER battalion unit program officers can help Soldiers apply for assistance. For more information, or to apply directly, contact Clint Strutt at 785-239-5779 or visit aerhq.org.

# ‘Devil’ brigade trooper displays Army values by rendering aid to fellow Soldier

By Capt. Jonathan T. Camire  
1ST ABCT PUBLIC AFFAIRS

Maj. Gen. Wayne W. Grigsby Jr., 1st Infantry Division and Fort Riley commanding general, presented Pvt. Nicolas C. Nelson, a cavalry scout with 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div., the Army Achievement Medal on March 11 at Fort Riley.

Nelson received the award for assisting a fellow “Big Red One” Soldier while attending the annual Fake Patty’s Day celebration March 5 in the Aggieville business district, Manhattan, Kansas.

The native of Desert Hot Springs, California, said while leaving the event he noticed an intoxicated Soldier. He assisted Lt. Col. Michael

T. Fitzpatrick, the division’s provost marshal, in bringing the Soldier to the Riley County Police Department’s Aggieville command post. There, transportation was arranged for the intoxicated Soldier.

“We are all Soldiers, we all wear the uniform,” Nelson said. “We need to look after each other when we are in need.”

Nelson stayed with the Soldier through the entire incident, from the time he found the Soldier on the ground, until the Soldier was placed into a vehicle and transported home, Fitzpatrick said.

“In 25 years as a military police officer, I have never seen a junior enlisted Soldier display a clearer head while assisting a fellow Soldier,” Fitzpatrick said. “He conducted himself as a noncommissioned officer.”



Staff Sgt. Warren W. Wright Jr. | 1ST ABCT  
Maj. Gen. Wayne W. Grigsby Jr., 1st Infantry Division and Fort Riley commanding general, presents Pvt. Nicolas C. Nelson, a cavalry scout with 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div., with the Army Achievement Medal March 11 at Fort Riley for assisting a fellow “Big Red One” Soldier while attending the annual Fake Patty’s Day celebration March 5 in Manhattan, Kansas.

## BRITISH OFFICER VISITS FORT RILEY



Spc. Derrik Tribbey | 1ST ABCT  
Lt. Col. Jorge Cordeiro, left, the commander of 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, discusses various aspects of his unit’s capabilities to British Army Maj. Mark Baker and British Army Maj. Mike Foster Vander Elst on March 4 at Fort Riley. The officers visited the 3rd Bn., 66th Armor Regt.’s, motor pool to view the Bradley Fighting Vehicle and the M1A2 Abrams Tank.

## PARTNERSHIP RENEWED



Maria Childs | POST  
A formation of two C-130 Hercules aircraft from the 139th Airlift Wing, Missouri Air National Guard, United States Air Force, St. Joseph, Missouri, conducted “actuals” for airdrops at Fort Riley’s field landing strip Savage field near the Douthitt Gunnery Complex on Highway 77 March 8 and 9. The ground party included newly trained drop zone control officers and their recovery teams. The bundles, dropped from about 700 feet above ground level, were High Velocity Container Delivery System platforms. They consisted of 55 gallon drums filled with water to make weight consistent with parachutes and altitudes. “The intention is to reinvigorate the relationship we used to have with St. Joseph, and we could get St. Joseph C-130s and some Army units and do some joint training,” said Capt. Matthew Zahler, 1st Infantry Division air mobility liaison officer.

## HONORARY SERGEANT MAJOR VISITS



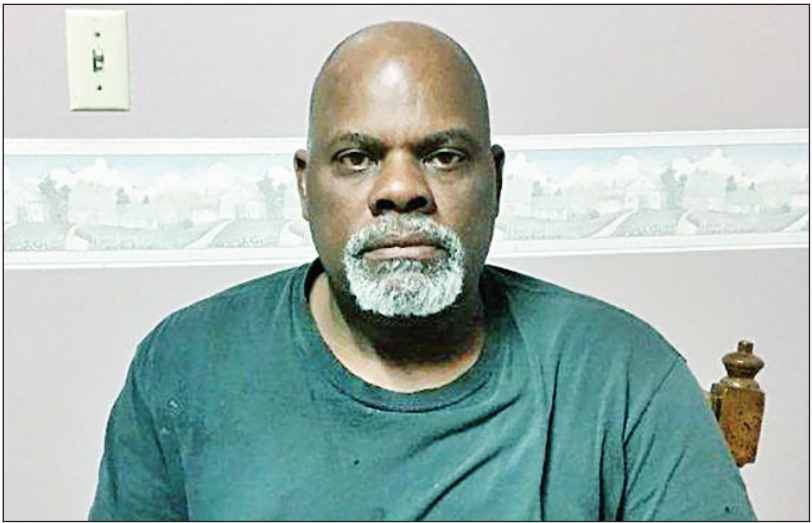
Spc. Derrik Tribbey | 1ST ABCT  
Retired 1st Sgt. Robert Munsey, the honorary sergeant major of the 34th Armored Regiment, shakes hands with Staff Sgt. Jorge Monjaras, a tank commander with 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, during the battalion’s gunnery March 9 at Fort Riley. During Munsey’s visit, he and Soldiers spoke about the differences in their experiences as 34th Armor Regiment Soldiers. Munsey served with the 1st Battalion, 34th Armor Regiment, from 2003 until he retired in 2008.



1



# THEN & NOW



## Dennis Bobbitt: a 'Big Red One' Soldier

By Phyllis Fitzgerald  
SPECIAL TO THE POST

Following a 20 year career, retired Staff Sgt. Dennis L. Bobbitt settled with his family just outside of Fort Riley in Junction City, Kansas, because of the quiet atmosphere.

Bobbitt, originally from Rocky Mount, North Carolina, joined the Army Dec. 6, 1974. He attended basic training and advanced individual training at Fort Jackson, South Carolina. During AIT, Bobbitt trained to be a field wireman. Following his graduation from AIT, Bobbitt received orders to Wildflecken, Germany.

In 1976, he changed his military occupational specialty to a 95B military policeman. As an MP, Bobbitt's duty stations included Fort Dix, New Jersey, Fort Lewis, Washington, Camp Humphries, South Korea, and a return to Germany.

He began his "Big Red One" story Jan. 12, 1987. Bobbitt served with the 716th Military

Police Battalion as a 95C corrections specialist in the Correction Confinement Facility on Fort Riley.

After a year at Fort Riley, he attended Drill Sergeant School at Fort Leonard Wood, Missouri. From 1991 to 1993, Bobbitt was assigned to Manheim, Germany.

Concluding his time in Germany, Bobbitt returned to Fort Riley to work at the Post Confinement Facility until his retirement in December 1994.

During his Army career, he attended many specialty schools and training, some of which included hostage negotiation, Special Reaction Team and training with special and advanced weapons and tactics.

Bobbitt has a number of memories from his time in the Army and with the Big Red One. He said he enjoyed working at the Post Confinement Facility at Fort Riley because it allowed him to use his drill sergeant training.

Fort Riley was also the place where he was

united with a cousin he'd never met. Bobbitt said others would ask him if he was related to another Soldier who shared his last name and worked at Irwin Army Community Hospital. He later learned that her husband was his cousin and the two families have been close ever since.

Today, Bobbitt is enjoying his retirement. He said he likes the easy access to veteran facilities in the area and his ability to travel in his retirement. Bobbitt also serves as an associate minister at the Second Missionary Baptist Church.

"My wife and I decided to stay here in the area because we liked the community atmosphere and it is a nice quiet town," Bobbitt said. "We wanted to finish raising our children here as well because of the schools. They were good and the kids loved attending them. Overall, we thought Junction City was a good place to raise our family."

*Editor's Note: To submit your "Big Red One" story, email fitzmiss@yahoo.com*

BEST PLACE TO LIVE BEST PLACE TO TRAIN BEST PLACE TO DEPLOY FROM BEST PLACE TO COME HOME TO

## Employees move back into Summerall Hall

By Hannah Kleopfer  
1ST INF. DIV. POST

Employees of the U.S. Army Garrison Fort Riley are moving back into Summerall Hall, 500 Huebner Road, after being displaced for about a year.

In spring 2014, employees came back from their weekend to discover the building had flooded because of a plumbing leak on the second floor. The building was immediately closed and directorates moved to temporary locations across post.

The leak caused significant damage to the building's walls, flooring and paint. Additionally, while the building was closed, a new upgraded heating, ventilation and air conditioning system was installed replacing the damaged one.

About a year has passed and the building is now ready for reoccupation.

The employees of the Directorate of Planning, Training, Mobilization and Security made the transition March 7 as the first organization to move back into the building. The staff moved with only a small interruption in phone and network connectivity.

"We are doing individual moves and then moving furniture," said Ron Stewart, DPTMS operations



COURTESY PHOTO

**Casey Houghton, operations specialist for Directorate of Planning, Training, Mobilization and Security, organizes keys to Summerall Hall, 500 Huebner Road, for distribution to staff.**

specialist. "There will be minimal impact to our work and services. Nothing will really be affected during the move."

In addition to the previous occupants returning to the building, a few other directorates will also make the move including Public Affairs, Directorate of Family and Morale, Welfare and Recreation and Internal Review and Audit Compliance.

"It's the center of gravity for the garrison," said Curtis Wood, DPTMS operations specialist. "We can provide even

more and even better service."

Other agencies will also find it easier to locate garrison functions as they will largely be collocated in building 500.

Other organizations going into the building with the command team include the Directorates of Resource Management, Garrison Safety, Plans, Analysis and Integration. Directorate of Human Resources will not be returning to the building. They will be relocated to Wainwright Hall at a later time.

It is estimated to take two months to complete the move.

## Severe weather training strengthens community preparation for spring

By Hannah Kleopfer  
1ST INF. DIV. POST

Each year the United States has more than 1,300 tornadoes, and from April to June, northeast Kansas is most prone to severe weather such as thunderstorms and flash floods.

In preparation for the peak of severe weather season, Chris Hallenbeck from the Emergency Management office invited meteorologist Chad Omitt of the Topeka National Weather Service to Fort Riley. He gave a presentation on the indicators people should look for and ways to protect themselves in severe weather scenarios.

"The one thing the National Weather Service wants to emphasize that's really important is preparedness and awareness," Omitt said. "That means put a plan together based on what you should do and where you should go when a watch or warning is

issued and awareness talks about having at least two different ways of receiving information, specifically battery powered in case you lose power."

Employees from directorates across post came to learn what to do in severe weather scenarios.

"I'm with the American Red Cross and we are developing a partnership with the Emergency Management here at Fort Riley," said Beck Lapolice, regional manager. "I am not a disaster expert, so I came to learn as much as I can."

Omitt shared videos throughout his presentation of real life situations featuring individuals driving through a flooded area and vehicles being struck by lightning. He also taught what types of clouds to look for in a thunderstorm and what those clouds are capable of producing.

"It generated an interest in wanting to learn more about how

to spot the weather," Lapolice said. "I am interested to learn about the types of clouds and situations to look for and possibly even become a (storm) spotter."

At the end of his presentation, Omitt answered questions from attendees about specific scenarios and old wives' tales they had been taught growing up.

One main lesson Omitt said he wanted people to take away was how to handle a tornado warning.

"I think just following basic principal of lowest floor of an interior room, get underneath something sturdy and cover themselves with something heavy," Omitt said. "If they do that to protect themselves from blowing and falling debris, they are going to be okay in the vast majority of cases."

People can find more information from the Topeka National Weather Service at [www.weather.gov/top](http://www.weather.gov/top).



TUESDAY TRIVIA CONTEST



The question for the week of March 18 was “Where do I find the FY16 Course Catalog for Military Schools?”

Answer: go to [www.riley.army.mil/Portals/0/Docs/Services/EducationandTraining/MilSchools/FRSchoolsCatalogFY16.pdf](http://www.riley.army.mil/Portals/0/Docs/Services/EducationandTraining/MilSchools/FRSchoolsCatalogFY16.pdf) or [www.riley.army.mil/Services/SoldierServices/MilitarySchools.aspx](http://www.riley.army.mil/Services/SoldierServices/MilitarySchools.aspx).

This week’s winner is Meghan Iginoef. Her spouse is Pfc. Ben Iginoef, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division.

**CONGRATULATIONS, MEGHAN!**

TRAFFIC REPORT

**CONSTRUCTION TO BEGIN AT TROOPER DRIVE-MCCORMICK ROAD INTERSECTION**

Changes in traffic management and flow will begin March 14 as a redesign of the intersection of Trooper Drive and McCormick Road commences.

The existing right-turn lane channels traffic from westbound McCormick Road to northbound Trooper Drive will close to accommodate plans to redesign the intersection. Drivers will still be able to make a right turn, but will be redirected. Patience and extreme caution is requested.

The redesign will include a pedestrian crosswalk that will allow for safer conditions for pedestrians, according to Mark Schlotzhauer of the Directorate of Public Works.

**HENRY DRIVE-RAY ROAD ROUNDABOUT CONSTRUCTION TO SLOW TRAFFIC**

Traffic changes will be in effect until approximately May 15, vehicles will be required to slow to 20-miles per hour on both Ray Road and Henry Drive to accommodate the continuing work.

**ESTES ACCESS CONTROL POINT CLOSED TO COMMERCIAL VEHICLES BEGINNING MARCH 7.**

Use of the Estes Access Control Point by commercial vehicles will be prohibited starting March 7. The closure is due to an upgrade project and will be in effect until the project is complete, a period of time that could be several months. During this time all commercial vehicles will need to enter the installation through 12th Street during duty hours and through Henry during non-duty hours.

**CONSTRUCTION ON RIFLE RANGE ROAD CONTINUES**

Construction on Rifle Range Road will affect traffic flow. The work started in September and has been contracted for 374 days. As a result, the work will affect

travel to the schools in the area. School officials have been briefed and can offer guidance. There are detour and guidance signs posted, including detour routes along tank trail purple and through the Forsyth Housing area. Motorists are asked to follow all guidance posted on signs.

**ACCESS CONTROL POINT HOURS OF OPERATION**

Until further notice, the Estes Access Control Point is closed every Saturday and Sunday, but will remain open Monday through Friday for privately owned vehicles only.

Also until further notice, 12th Street ACP is closed to privately owned vehicles on Saturdays. The commercial side remains open Saturdays. 12th Street ACP is closed to all traffic Sundays. 12th Street ACP is open to all traffic Monday through Friday. Effective Dec. 12, Grant Street ACP closes permanently every Saturday and Sunday but remains open Monday through Friday to all privately owned vehicle traffic. Motorists wanting access to Fort Riley on Saturday or Sunday should use Ogden, Henry or Trooper gates.

The access control point hours are now as follows:

**Henry /Four Corners/Trooper/Ogden:** Open 24/7

**12th Street:** Open from 5 a.m. to 7 p.m., Monday to Friday; closed to non-commercial traffic Saturdays; closed Sundays and federal holidays.

**Rifle Range:** Closed to all traffic.

**Grant:** Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

**Estes:** Until further notice, open from 5 a.m. to 7 p.m., Monday to Friday; closed Saturdays, Sundays and federal holidays.

**Drivers remember to watch for children — not all schools observe spring break during the same week.**

Fort Riley Police to begin traffic safety campaign

By Maria Childs  
1ST INF. DIV. POST

The Fort Riley Police Department officers will conduct a traffic safety campaign in Fort Riley housing neighborhoods as well as other high-traffic areas beginning in April and ending in October.

Capt. Kurt Mohlman from the FRPD said the campaign is to increase safety and awareness within the Fort Riley community. The FRPD has released a schedule including a different neighborhood they will be focusing on each month.

“The campaign partners the Fort Riley community with the Directorate of Emergency Services in an effort to identify and correct parking, abandoned vehicles and moving traffic violations,” Mohlman said.

He said the first two weeks of each month, officers will conduct a public information campaign. Violators will receive courtesy cards on improperly parked cars, unregistered or abandoned vehicles.

“This two-week time period will allow residents sufficient time to take corrective action,” Mohlman said.

He said it is important residents realize the courtesy cards are not traffic tickets, but are to inform the community of

violations to be enforced later. Following the information campaign, officers will conduct enforcement patrols.

For more information or questions about the traffic safety campaign, call the Fort Riley Police Operations at 785-239-1809.

**PUBLIC INFORMATION PATROL SCHEDULE:**

April 1 – Forsyth and Colyer  
May 2 – Main Post  
June 1 – Meade, McClellan and Burnside Heights  
July 1 – Warner Heights  
Aug. 1 – Peterson Heights  
Sept. 1 – Monteith and O’Donnell Heights  
Oct. 1 – Ellis Heights

**ENFORCEMENT PATROL SCHEDULE:**

April 13 – Forsyth and Colyer  
May 18 – Main Post  
June 15 – Meade, McClellan and Burnside Heights  
July 13 – Warner Heights  
Aug. 17 – Peterson Heights  
Sept. 14 – Monteith and O’Donnell Heights  
Oct. 19 – Ellis Heights

Outcomes of February District Court released

STAFF JUDGE ADVOCATE

**FEB. 4**

Kelly Neal of Chapman, Kansas, pled guilty to battery. The District Court sentence was \$100 fine and \$5 special assessment.

Jamal Traore of Fort Riley pled guilty to disorderly conduct. The District Court sentence was \$100 fine and \$5 special assessment.

Kameen Thornton of Junction City, Kansas, pled guilty to driving under the influence. The District Court Sentence was commitment to the custody of the United States Bureau of Prisons to be

imprisoned for a total term of 5 days. Upon release of imprisonment, the defendant shall be on supervised release for a term of 1 year have a \$750 fine and \$25 special assessment.

**FEB. 18**

Brittaney J. Henriques of Fort Riley pled guilty to driving while license is suspended or revoked. The District Court sentence was \$100 fine and \$10 special assessment.

Alice N. Qualman of Fort Riley pled guilty to Disorderly Conduct. The District Court sentence was \$100 fine and \$5 special assessment.

WWW.TWITTER.COM/FORTRILEY



## RILEY ROUNDTABLE

### What is your favorite Easter tradition?



"Easter egg hunt with family."

**PFC. NICHOLAS BROWN**  
**TULSA, OKLAHOMA**

526th Quartermaster Composite Supply Company, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade



"Painting eggs with my son."

**CPL. SEAN CURTIS**  
**INDIANAPOLIS, INDIANA**

2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division



"Easter egg hunts with local community groups."

**SPC. DARYL FRANCIS**  
**ORLANDO, FLORIDA**

Headquarters and Headquarters Company, United States Army Garrison



"Family reunion in Arizona or California. We'd all get together and have a good time."

**SPC. TOM MASSARDI**  
**PRESCOTT CITY, ARIZONA**

Medical Activity



"Easter egg hunts with family and friends especially when there is money in the eggs."

**TAMEAR BROWN**  
**AKRON, OHIO**

Forsyth Child Development Center

## THE 1ST INFANTRY DIVISION POST

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### FROM DANGER 6

## Grigsby: 1st Infantry Division busier now than ever

I am in awe of our "Big Red One" Soldiers. Our young men and women work hard every day, whether training here at home station or forward deployed in defense of freedom. We are busier now than we have ever been, and this places strains on our Soldiers and families.

One of our brigades is conducting operations across the Middle East, one has just returned and we continue to train at the division and brigade levels in preparation to deploy whenever called upon in the future. In total, we have more than 3,000 Soldiers deployed around the world and majority of the division preparing for missions around the world.

With all of this activity, I often get the question, "Why are our Soldiers so busy right before they deploy?" We owe it to our Soldiers to send them into harm's way properly trained and equipped to do their job: fight and win our nation's war. This is inherently dangerous, and proper training takes time. The time we spend in training pays dividends in fewer casualties and more efficient operations when we deploy. There is no substitute for hard, realistic training. There is no one better at conducting realistic training

than the Big Red One.

I doubt there is another division in the Army that can match the intensity of the training we are doing right now. We are able to do that because we have the best training facilities in the Army at Fort Riley. Our garrison and community partners enable us to conduct the realistic training that will make our Soldiers successful against the multitude of threats facing our nation.

Our Soldiers are asked to do much. We are at a turbulent time in our military. Our threats continue to increase, from the scourge of ISIS to Russian aggression in Europe to a nuclear-capable North Korea. We are committed to protecting the cause of freedom around the world. So it would seem that our Army will remain busy for the foreseeable future.

As we draw down, fewer Soldiers overall means more deployments and more training to get ready for deployments for those Soldiers



Maj. Gen.  
**Wayne W. Grigsby Jr.**  
1ST INF. DIV. AND FORT RILEY COMMANDING GENERAL

precious resource: our nation's blood and treasure, our men and women in uniform. We reduce stress on families when leaders at all levels build efficiency in training and predictability into Soldiers' schedules. Good training management gives leaders the opportunity to build resiliency time into unit schedules and allows families to plan for their time together. I have instructed my staff to closely review our training plans for places where we can gain efficiencies and accept risk. We plan to return time to our Soldiers and their families where we can do that.

I encourage Soldiers to speak often with their families to help keep all informed of future events. Balance can be difficult to find, but there are

things we can do to ensure the time spent with loved ones is rewarding. When home, we must fully engage with our family and friends, limit the use of electronics for work or personal communications and focus on those around us. Communicate freely with your family, and when there are persistent disagreements or miscommunications, we must all seek help from the variety of services available on post.

Know that every Soldier, every Army family – even me and my family – struggles with balance in their lives. We are in this together. Our families and friends are no less important to us because we have demanding careers. Serving in the military requires a more deliberate approach to maintaining our relationships. Maintaining healthy personal relationships is vital to leading fulfilling lives. I encourage all leaders to think about what you can do to achieve better balance for yourself and your Soldiers. I am proud of all of you and what you do for our nation every day.

Duty First,  
Wayne W. Grigsby Jr.  
Maj. Gen., USA  
Commanding General

### FROM THE INSPECTOR GENERAL

## Soldier seeks help with demand for donation

*Dear IG,*

Our commander is departing the unit in the next 60 days. The first sergeant held a formation to let us know the company is providing a going away gift for the commander. He stated the cost will be \$500 dollars and has instructed each Soldier to pay \$15 I never have any money! So my question is can the first sergeant make me pay \$15 for the commanders going away gift?

Sincerely,  
SPC Broke Bank

*Specialist Broke Bank,*

The answer to your question is no. Here is why.

There are three issues to be addressed. The first issue is the amount of money your first sergeant is asking you to provide. The second issue is your first sergeant instructing you to give him \$15 The third issue is the total amount of the commanders going away gift.

Let's address the first and second issue. In accordance with The Code of Federal

Regulation (CFR 2635.304(c)(1)), a federal employee may only solicit up to \$10 for a gift to an official superior; moreover, the solicitation must be accompanied by a statement that each individual is free to contribute less than \$10 or nothing. In your situation, your first sergeant may ask for a voluntary donation for a departing gift for your company commander; however, he may not ask for more than \$10 per person. Under no circumstances may someone demand that you provide money for a departure gift. The last issue is the amount of the gift.

Joint Ethics Regulation (JER), para. 2-203a states that the value of the gift must not exceed \$300 per donating group. Donating groups must be logically organized (for example, by platoon for a departing company commander); however, donating groups may not work together to circumvent the \$300 limit (for example, first platoon provides a \$150 print, while second platoon provides a \$150 frame, and third platoon donates \$150 to pay to have the print

framed). Departing seniors may always provide guidance limiting the number of donating groups (for example, a company commander declaring the entire company is one donating group for purpose of his farewell gift). Also individuals may give to only one donating group. If one person contributes to more than one donating group, those groups are considered as one group and the value of the gifts from those donating groups is aggregated for purposes of the \$300 value limit. In your situation, the first sergeant stated the company is providing the commander a departing gift. Therefore individual platoons cannot give the commander departing gifts. Also, the gift from the company to the commander cannot be more than \$300.

I hope this has cleared things up for you. If you have any further questions or concerns, please don't hesitate to contact the 1st Infantry Division and Fort Riley Inspector General office at 785-239-IGIG (4444).

Sincerely,  
Fort Riley IG

### SAFETY CORNER

## Workplace violence growing across nation

By Ronald Clasberry  
GARRISON SAFETY OFFICE

Team Riley, could workplace violence affect your safety culture? Absolutely.

Workplace violence has emerged as an important safety and health issue. According to the U.S. Department of Labor, Bureau of Labor Statistics' Census of Fatal Occupational Injuries, it's the third-leading cause of fatal occupational injury in the United States. On average, nearly 2 million violent assaults per year were committed in the U.S. against persons who were at work. Approximately 18 percent of violent crimes were committed while the victim was at work. The rate of violent crime experienced by people at work or on duty is approximately 13 per 1,000 workers. The leading motive for workplace homicide is usually robbery.

According to the Occupational Safety and Health Administration employers have both a legal duty and a moral obligation to provide a safe workplace. To prevent loss of life and injury, and to limit financial losses and liability, employers should institute policies and procedures to prevent violence from occurring in their workplaces. These policies should include the means to identify potential for violence; procedures to prevent the occurrence of violence; and, in the event that prevention fails, plans to respond to the incident and minimize further damage.

Environmental conditions associated with workplace assaults can be identified as well. Organizations can implement various control strategies. Although OSHA is not initiating specific workplace violence rulemaking at this time, it has

identified three specific categories of exposure: non-fatal assaults, homicide and risk factors.

Occupations identified by OSHA as highest risk include the police, security guards and managers or employees in settings where cash is readily available. Below are several factors that may increase a worker's risk for workplace assault:

- Having contact with the public
- Exchanging money
- Delivering passengers, goods, or services
- Having a mobile workplace such as a police cruiser
- Working with unstable or volatile persons in healthcare, social services, or criminal justice
- Working alone or in small numbers
- Working late at night or early in the morning
- Working in high-crime areas
- Guarding valuable property or possessions

The extent of an employer's obligation to address workplace violence is governed under OSHA's General Duty Clause. This clause provides that "each employer shall furnish to each of his employees employment and a place of employment which are free from recognized hazards that are causing or are likely to cause death or serious physical harm to his employees" 29 U.S.C. 654(a)(1). The following maybe useful to prevent workplace violence:

- Assess Physical Protective Measures - When employment ends, are keys, name badges and access passes collected and checked in? Are doors designed to protect workers from external threats in place? When

an employee discloses concerns for safety at work from a potential perpetrator, it is the employer's duty to provide protective measures.

- Obtain or Provide Training on Avoiding Negligent Hiring and Retention. How does one recognize a potentially violent employee? The signs may be clear-cut: someone kicks in a door, pulls a knife on a coworker, or makes verbal threats.
- Communicate the Emergency Action Plan to All Personnel and Responding Agencies. Simply authoring a plan is not enough. Employees must know and understand the plan.
- Practice: Schedule a Mock Active Shooter Drill. Coordinate with DES for mock active shooter training which is designed to educate all employees on the proactive way to alleviate or minimize a potentially devastating scenario.
- Train Employees in CPR/AED and First Aid. Employees must receive training to develop the skills needed to respond when the worst occurs.

Team Riley, in most cases, workplace violence is a planned act. People are targeted because 1) the perpetrator knows or perceives they had something to do with his current situation; or 2) employees were assigned to positions within the organization the perpetrator feels are responsible for perceived injustices to him. OSHA's General Duty Clause recognizes the potential threat to employee safety posed by workplace violence. If you have any additional questions, contact the USAG, Fort Riley Safety Office, 785-240-0647.

# SUICIDE PREVENTION

## THE POWER OF 1



# Society of American Military Engineers panel offers transitioning advice

Story and photo by Maria Childs  
1ST INF. DIV. POST

Members of the Society of American Military Engineers of the Greater Kansas City Post hosted a Warrior Transition Panel March 1 at the 1st Infantry Division Headquarters Building.

Retired Col. Tony Hofmann, member of SAME, said this panel was a networking opportunity for transitioning Soldiers to be able to ask questions from veterans who went through the same process they are going through.

“It’s a panel of about five people, and we have a meaningful discussion with transitioning Soldiers,” Hofmann said. “We talk about the transition process and what they can expect — the opportunities, the pitfalls, the thing we have all went through.”

The Soldier for Life Transition Assistance Program at Fort Riley collaborated with SAME to bring this panel to the Soldiers quarterly. This

time, deployed Soldiers from the 2nd Armored Brigade Combat Team, 1st Infantry Division, in Kuwait were able to participate through a video teleconference.

When Hofmann transitioned, he said he was given tickets to a variety of sporting events in Kansas City, but he felt strongly about improving the level of appreciation for service members in the area, and this was one piece of that.

“With my transition out, I felt we could do better than that,” Hofmann said. “In 2014, we initiated this program with SFLTAP. It’s not mandated, but we have built such a good relationship with the transition team at the 1st Infantry Division Headquarters they bring us in on a quarterly basis.”

Sgt. 1st Class James T. Carwell Jr., Division Headquarters and Headquarters Battalion, 1st Inf. Div., attended the panel to gain insight about the transitioning process. He will be getting out of the Army in 2017, but he said it’s never too early to begin learning about the process.

“I am just taking advantage of opportunities that are presented to service members here to help ease the transition into civilian life,” Carwell said. “It was a good overlap of the SFLTAP program. I wanted to hear from people who are in the business profession.”

Carwell mentioned something he took away from the panel was when one of the members was talking about taking an entry-level position with a company may be necessary to get to where you want to go. He said it was eye opening to hear from the panel about their unique scenarios.

“When you hear a retired lieutenant colonel say ‘I had to come out and step down’ that helps you mentally prepare for the transition,” Carwell said.

Carwell also said this event was intriguing to him because the panel consisted entirely of veterans.

“That’s unique that they have gone through the same pathway I will,” Carwell said. “They were giving their lessons learned — that’s the best part.”



Sgt. 1st Class James T. Carwell Jr., Division Headquarters and Headquarters Battalion, speaks with retired Col. Tony Hofmann, member of Society of American Military Engineers, after a Warrior Transition Panel at the 1st Infantry Division Headquarters Building March 1. The panel consisted of six retired military members and was to provide insight to transitioning and retiring Soldiers of Fort Riley.

# Garrison awards ceremony honors employees for hard work in first quarter

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

Members of the Fort Riley Garrison gathered to honor employees for their hard work during the first quarter of the fiscal year March 4.

The first award of the ceremony went to Marie Princeton, employee of the month for December 2015. She works for Child, Youth and School Services. She was recognized for her work of delivering meals and snacks to the classrooms in a timely and present manner as well as running the kitchen efficiently. As the head cook, she exceeded her duties.

Princeton was then chosen as Employee of the Quarter out of three candidates.

“It’s meant a lot to me because I wasn’t expecting that today,” Princeton said. “It’s only been six months since I started working for CYSS. I’m really happy.”

Mark Shirkey, Directorate of Plans, Training, Mobilization and Security, was also awarded Employee of the Month for January 2016. He saved the Army more than \$47,000 in the sustainment of training land execution cost in the past quarter. He saved \$42,000 in labor and \$5,000 in fuel. He also finished 45 repair projects ahead of schedule.

“We do a lot of stuff and we’re in the background so we don’t really get noticed,” Shirkey said. “(I) just enjoy being outside and seeing the Soldiers and watching them train.”

The ceremony then moved on to individual awards.

Kevin Walker, installation voting officer, was given the voting assistance office award He was nominated for collaborating with 1st Combat Aviation Brigade, 1st Infantry Division, to put a sign into a UH-60 Blackhawk helicopter that flew around post to provide voting assistance program information.

Carol Fittro, management analyst, and Corbin Wolf, supervisory recreation assistant, were both recognized for their years of dedication to Fort Riley with length of service awards. Fittro was honored for 30 years of service and Wolf for 40 years of service.

John McGee, Toshia R. Lamb, Tracie J. Day and Lance Antilla were recipients of the safety award.

After the ceremony, guests in attendance had an opportunity to congratulate those who received awards.



Marie Princeton, kitchen lead of Child, Youth and School Services, is awarded Employee of the Quarter during the Garrison Award Ceremony March 4 at building 407. Joining Princeton is Fort Riley Garrison Commander Col. Andrew Cole Jr. (second from left); Garrison Command Sgt. Major James Collins (far left); and Deputy Garrison Commander. Tim Livsey.



## CHEF Continued from page 1

and Headquarters Company, 1st CAB, and team manager. “It makes me feel pretty good, especially with the amount of experience we had on this team. It’s pretty rewarding.”

Of the 10 team members, only one, Sgt. Michael Allen, DHHB, was a member of the 2015 “Big Red One” team.

In addition to team and individual medals, Pfc. Carlos Cruz, D H H B , was named Armed Forces Student Chef of the Year. He also earned a gold medal in the Student Chef of the Year competition with his seared stuffed chicken breast and credited his success to the guidance provided by Perez and Allen.

“I never cooked before the Army,” said Cruz, who enlisted in June 2014. He said culinary arts appealed to him because of his competitive nature with his brother, a professional chef at Disney World’s Polynesian Village Resort.

“I love cooking,” Cruz said. “I love doing the culinary side of the life, where it’s something different.”

Allen, the BRO team captain, earned the team’s first medal March 4. His silver medal was the highest earned in the Armed Forces Chef of the Year competition.

“It went well,” Allen said. “I had no idea what I was getting myself into, but that’s pretty normal.”

Allen said the four-course mystery basket challenge is one of the toughest individual events in the competition.

“The ingredients were things I don’t work with normally, but the technique used to get those ingredients to a plate in front of a customer are the same,” he said. “I just took those techniques that I learned and focused on them more than what I was working with.”

The team captain’s mystery basket included clams, mussels,

red snapper, lamb, beef cheeks and various fruits, vegetables and grains. For setup, cooking and plating, the chef had four hours from finding out his ingredients to serving them.

Allen earned a bronze in the same competition last year, and

“I love cooking. I love doing the culinary side of the life, where it’s something different.”

PFC. CARLOS CRUZ | 1ST INF. DIV.

I always get different feedback,” Allen said. “It’s nice to know I can take what I’ve learned, execute that, add it into my toolkit and then I get good feedback every year.”

It’s this experience Allen and the rest of the team could take back to Fort Riley and apply directly to their jobs in dining facilities across the installation, he said.

“I think they will take this experience and add it to their dining facility menus,” Perez said of his Soldier chefs. “Everything that we did is available to us. We didn’t do anything too exotic.

“There’s no reason why we can’t do those same dishes in the dining facility. I hope they really do take it back and start putting that stuff on the menu. I think Soldiers would really appreciate that.”

### COMPLEMENTS TO THE CHEFS

The annual Military Culinary Arts Competitive Training Event presents an opportunity for Soldiers to not only test their skills, but also learn and move forward in their careers.

“It was very helpful,” said Pfc. Margarita Hernandez, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st CAB, about the critiques provided by ACF judges. “They know what they’re talking about.”

Hernandez was team captain for the student chef team competition, which

while he said improvement was important, what he most valued was the feedback he received from the judges, members of the American Culinary Federation.

“Every time I do this,



J. Parker Roberts | 1ST INF. DIV.

**Pvt. Sylvain Bouda, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division, listens to a critique from Gunther Heiland, member of the American Culinary Federation and judge at the 41st Annual Military Culinary Arts Competitive Training Event March 5 at Fort Lee, Virginia. Bouda was a member of the 1st Inf. Div. Culinary Arts Student Team, which earned a silver medal at the event. Heiland has participated in the competitive training event for more than a decade, is a certified master pastry chef and is three-time Culinary Olympic gold medalist.**

requires each member to have less than two years’ experience and be age 25 or younger.

“They were nice, and they answered any questions that we had,” she said. “I learned a lot about time management and how to work together.”

The competition provides a public forum for Soldiers to demonstrate their abilities, which can lead to new opportunities.

“It was a lot of hard work, but at the end, it’s all worth it,” said Sgt. Yin Jenkins, a member of the 2014 and 2015 1st Inf. Div. Culinary Arts Teams. “This competition opened my eyes, my horizons, to what I could do, what I could be.”

## LEADER Continued from page 1

When Quichocho took the lectern to speak to the formation, he said it was an honor to be selected to serve as the senior NCO for the 1st CAB within the great 1st Inf. Div.

“I’m thankful to all the leaders that have helped shape and mold me to the Soldier I am today because I too was once a rough-around-the-edges Soldier,” Quichocho said.

Quichocho said he looked forward to working with the men and women of the 1st CAB, and even though they have a busy schedule ahead of them, he had a feeling they will be successful in everything they do because they are on a winning team.

Quichocho’s most recent assignment was at Fort Hood, Texas, where he served as the senior enlisted leader of 1st Attack Reconnaissance

Battalion, 227th Aviation Regiment, 1st Air Cavalry Brigade, 1st Cavalry Division.

A cavalry scout-turned-Kiowa repairer, Quichocho enlisted in the Army in November 1993. He deployed in support of Operation Uphold Democracy in Haiti, Operation Joint Guard in Bosnia and Herzegovina, Operation Iraqi Freedom and Operation Enduring Freedom. His awards and decorations include a Bronze Star with two oak leaf clusters, Meritorious Service Medal with three oak leaf clusters, Army Commendation Medal with two oak leaf clusters, Army Achievement Medal with three oak leaf clusters, the Drill Sergeant Badge, the Basic Parachutist Badge and the Senior Aviation Crewman’s Badge.

## TALKS Continued from page 1

“At our level, every single Soldier we’re cutting, there’s a story behind them,” said Capt. Eric Towle, commander of Troop D, 1st Sqdn., 4th Cav. Regt. “We know them personally, we know their families and we know what effects getting removed from the Army has.”

Participants

discussed how to best balance their emotions with doing what was right for the Army, and how their decisions would affect the future of the service.

“It makes me take a hard look at who we have in our formations,” Pippett said. “Our legacy is who we leave behind. Those coming up in ranks will affect the next war dramatically. It’s a big responsibility.”



Staff Sgt. Warren W. Wright Jr. | 1ST ABCT  
**Capt. Eric Towle (left), the commander of Troop D, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, leads a discussion during the first “Devil Talks” Feb. 29 at Fort Riley.**

Pippett said it was not just about keeping the right people, but also ensuring they were prepared to take the Army into the future.

“You need to be growing and developing people,” he said. “Everybody has something, you just have to get them to the right place.”

Devil Talks are expected to occur regularly on varying topics with a different battalion within the brigade organizing the event each month.



# Communication is key to staying informed during severe weather advisories

By Maria Childs  
1ST INF. DIV. POST

Developing a plan for what to do when severe weather strikes is an important step to being prepared. Communication is one important piece of that plan.

Chris Hallenbeck from the Fort Riley Emergency Management Office said he it is very important to stay informed about severe weather in your area. The operations center at Fort Riley works closely with Detachment 2, 3rd Weather Squadron, U.S. Air Force, to keep the community informed and safe.

“We collaborate on all forecasts with the 26th Operational Weather Squadron at Barksdale Air Force Base, Louisiana, who create weather forecasts across the southeast ... from Florida to Kansas,” said Air Force 1st Lt. Glenn Harrison. “We also monitor what the National Weather Service forecasts, collaborate with them as needed and consider their assessment of the weather situation

as we tailor weather products for Fort Riley and anywhere the 1st Infantry Division operates.”

The Airmen of Det. 2 are the first line of communication should the weather turn severe.

“The Airmen are monitoring the radar and let our operations center know when to issue an alert,” Hallenbeck said. “They’re the eyes for the operations personnel.”

Hallenbeck said Fort Riley meteorologists may declare a tornado warning before the National Weather Service. This is to allow more time for the Fort Riley community to react due to the unique mission.

“We may have Soldiers out in the training areas and we also may have equipment that may need to be secured or properly put away,” he said. “We want to give them enough notification time to respond and take the appropriate actions.”

There are many ways to receive weather notifications. “One of

the fastest and easiest ways is the AtHoc Fort Riley emergency notification system,” Hallenbeck said. “Individuals can choose to receive a text or an email. If they live off the installation, I would also recommend they sign up for their county’s emergency notification system through the county emergency management office.”

Individuals with a Common Access Card, can sign up directly at a work computer. For those without a Common Access Card, this can be done at any one of several kiosks; Army Community Service, Building 7264; In-processing, Building 210; the ID Card Center, Building 212; and the Emergency Management Office Building 500.

Local radio and TV stations will also be issuing the alerts working with the Fort Riley Public Affairs Office.

Additionally, the MyBaseGuide Fort Riley app for iPhone and Android users features a localized push notification that will send and

text message to subscriber phones in the event of any type of emergency.

When a tornado warning is issued, the mass warning notification system at Fort Riley will sound. Residents will hear the Giant Voice announcer telling them to seek shelter and the tornado sirens will also be sounding.

Hallenbeck said it is important to note that the sirens may not be heard indoors and that is why it is important to several ways to receive emergency weather notifications. In addition to the Fort Riley AtHOC notification alerts there are other ways to receiving emergency weather notifications. This could be a NOAA weather radio, Mobile Weather apps, or the Red Cross Weather Alert app.

For more information about severe weather communication at Fort Riley, call the Emergency Management Office at 785-240-0400 or visit the Ready Army website at [www.riley.army.mil/Community/ReadyArmy.aspx](http://www.riley.army.mil/Community/ReadyArmy.aspx).

## IN BRIEF

The following radio and TV stations will notify the Fort Riley community about severe weather threats:

### LOCAL RADIO OUTLETS

KJCK-AM, Junction City, 1420 AM and 97.5 FM  
KQLA-FM, Junction City, 103.5 FM  
KMAN-AM, Manhattan, 1350 AM  
KMKF-FM, Manhattan, 101.5 FM  
KHCA-FM, Manhattan, 95.3 FM  
KXBZ-FM, Manhattan, 104.7 FM  
KACZ-FM, Manhattan, 96.3 FM  
KFRM-AM, Clay Center, 550 AM  
KCLY-FM, Clay Center, 100.9 FM  
KSAL-AM, Salina, 1150 AM  
KANI-AM, Abilene, 1560 AM  
KSAJ-FM, Abilene, 98.5 FM  
KBLS-FM, Abilene, 102.5 FM  
WIBW-AM, Topeka, 580 AM

### LOCAL TV OUTLETS

WIBW-TV, Topeka, Channel 13  
KSNT-TV, Topeka, Channel 27  
KTMJ-TV, Topeka, Channel 43  
KTKA-TV, Topeka, Channel 49

## A DAY OF FIRSTS



Maria Childs | POST

Soldiers of the from 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, launched the RQ-7 Bravo Shadow unmanned aircraft system March 9 from the field landing strip known as Savage Field near the Douthit Gunnery Complex on Highway 77. This was the first time Fort Riley has launched the Shadow from two separate locations - Savage Field and Custer Hill. This is also the first time it was launched from the field landing strip near the Douthit Gunnery Complex on Highway 77. The Gray Eagle was flown simultaneously during these flights.

## EVACUATION Continued from page 1

training; however, that recently changed, Plouse said. Now, “every time we go to the field, we’re trying to get a bird to come out and do air lift and air (evacuation) training,” he added.

Before the training concluded, some of the medics had the opportunity to see what it felt like to ride up to the helicopter using the rescue seat.

“My favorite part of the training was going up

in the hoist,” Plouse said. “It was awesome because when I went through Air Assault School, they didn’t have a bird to repel out of, so this was kind of that replacement.”

The Co. C Soldiers will continue to work with the 1st CAB and train in various medevac procedures to be prepared for just about any situation that may arise during future deployments.





## IN BRIEF

### TRAFFIC UPDATES

For traffic updates, see the Traffic Report on page 4 or visit [www.riley.army.mil](http://www.riley.army.mil) and click on "Advisories."

### SPRING BREAK SPECIAL AT CUSTER HILL GOLF COURSE

Tune up your golf game through March 20 at the Custer Hill Golf Course during the Spring Break Special.

Youth ages 18 and younger, college students and active-duty military E-4 and below can golf for \$10. All others can play for \$15.

The rates include greens fees for 18 holes and cart rental.

For more information, call the Custer Hill Golf Course.

### GOLF AT THE ST. PATRICK'S DAY SCRAMBLE

Custer Hill Golf Course is the place for the St. Patrick's Day scramble on March 19. Cost is \$30 per person. Call 785-784-6000 for more information.

### CENTRAL ISSUE FACILITY CLOSING FOR INVENTORY

The CIF closed for inventory on March 16. It will reopen at 7:30 a.m. March 21.

### RONALD MCDONALD HOUSE VOLUNTEERS NEEDED

People looking for volunteer opportunities in the community can help with home and area improvements for Ronald McDonald House. For more information, call 785-239-2677.

### EASTER EGG HUNTS SCHEDULED

Youngsters 1 to 11 years of age are invited to follow the Easter Bunny to the Fort Riley Post Library for the annual Easter Egg Hunt 1 to 3 p.m. March 19.

There is also an Easter Egg Hunt slated for Riley's Conference Center March 26.

For more information, call 785-239-5305.

### SOLDIER FOR LIFE TRANSITION ASSISTANCE PROGRAM EVENTS

March 24, Salina Police Employer Day. Information session is scheduled from 10 to 11:30 a.m. Testing and interviews are scheduled for 1 to 4 p.m., building 210, room 118D.

March 29 from 8:30 a.m. to 1 p.m., annual KC Industry Day sponsored by the Society for American Military Engineers, University of Missouri at Kansas City Student Union. Transportation and lunch are provided. RSVP by March 18th to [hans.j.Lokodi.mil@mail.mil](mailto:hans.j.Lokodi.mil@mail.mil).

March 31 from 10 a.m. to noon, a workshop with Industry Workshop Trade and Vocational with Westar Energy personnel, at the Education Center in building 217, room 202.

March 31 from 9 a.m. to 4 p.m., US Border Patrol Employer Day, building 210, room 118C and 118D.

April 7 from 1 to 2:30 p.m., Employer Workshop, at the Transition Center, building 212, room 201.

April 20 from 9 a.m. to 2 p.m., Hiring Heroes Career Fair at Riley's Conference Center.

### THREAT AWARENESS AND REPORTING PROGRAM TRAINING

At Barlow Theater on April 13, May 11 and June 1, 10 to 11 a.m., training will be offered for Soldiers, Department of the Army civilians and contractors.

For information or to schedule training, contact 785-240-3097.

### RALLY POINT BINGO

Bingo at Rally Point has changed – and you're going to love it. We now offer up to \$15,000 in payouts three nights per week —Tuesday, Wednesday and Thursday. Each session will feature 10 regular games that pay out at least \$150 each, plus five specials and a 50/50 fundraiser. The big prize? A \$7,500 progressive coverall that starts at 48 numbers, with a \$200 consolation. The night will end with a big game: a coverall that pays out \$1,199 every night. Buy-ins start at just \$12, not including specials. Rally Point is at 2600 Trooper Drive. For more information, call 785-375-3260 or visit [riley.armymwr.com](http://riley.armymwr.com).

## Army wife brings laughter, honesty to Fort Riley

MacFarland shares a message of trust, faith from her autobiography

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

"When you ask God a question, expect an answer and trust in that answer," said Lynda MacFarland, wife of Lt. Gen. Sean MacFarland, III Corps Commander.

This is the message MacFarland left with the ladies of the Catholic Women of the Church after she gave

a speech featuring passages of her autobiographical book, "Drowning in Lemonade – Reflections of an Army Wife."

The group had been studying the book over the last few months and Jenny Harper, wife of Maj. Justin Harper, III Corps, invited her to speak with the group during a Lenten morning of reflection at St. Mary's Chapel March 9.



Lynda MacFarland

### AUTHOR AND SPEAKER

• "Drowning in Lemonade – Reflections of an Army Wife," the autobiographical book from Lynda MacFarland.

"I first read her book a couple of months ago and found it very moving and very inspiring," Harper said. "Lent is all about becoming closer to Christ ... and her book is all about letting go, turning everything to God and saying, 'I'm going to trust in you, I know that you've got this.' Just trusting in him in your life, with your kids, with your Soldier all tie in."

As MacFarland shared passages from her book, she explained how they related to her life and what she was going through when she wrote them. She spoke of her children and what she saw them going through and what she was feeling while her husband was away and guests murmured in agreement, as she went on.

MacFarland spoke about how she felt and what it meant to make sacrifices, not only for her, but also for her husband.

The audience laughed and teared up with her as she told her anecdotes.

See MESSAGE, page 10



Retired Sgt. Ron Kelsey describes the piece "PTSD Urn" by Frechelle Wilson to Maj. Gen. Wayne Grigsby Jr., 1st Infantry Division and Fort Riley commanding general, after the opening ceremony for the "Reflections of Generosity" exhibit March 8 at C.L. Hoover Opera House in Junction City, Kansas.

## Artistic liberty

Exhibit allows Soldiers to share their outlets for healing, expressing themselves physically, mentally, emotionally

Story and photos by Hannah Kleopfer  
1ST INF. DIV. POST

When retired Sgt. Ron Kelsey returned from Iraq in 2010, he found he could release the stress of war on a canvas rather than the people in his life. As Kelsey began to paint, he found relief. He found so much relief in his own life, he wanted other Soldiers to experience it too. From that desire a traveling art exhibit emerged.

The exhibit "Reflections of Generosity" features artwork by Soldiers and family members who used art to heal and express themselves physically, emotionally and mentally. The exhibit, which includes a few pieces by local Soldiers and family members, is housed at the

"I believe in the power of art to inspire, to transcend and to heal."

LYNDA MacFARLAND  
MILITARY SPOUSE

C.L. Hoover Opera House in Junction City, Kansas through March 25. A limited number of pieces from the exhibit will move to the 1st Infantry Division Headquarters, Building 580 from March

See ARTISTIC, page 10



"Welcome to the Army" by veteran Neil Jones, of Dover, Delaware, is piece representing the first haircut Soldiers receive upon joining the military. It is part of the "Reflections of Generosity" exhibit and is the first piece to be seen as people walk into the C.L. Hoover Opera House.

### IF YOU GO

#### Fort Riley Spouse's Club's fundraiser

» 6 to 11 p.m. April 2  
» Riley's Conference Center  
446 Seitz Drive, Fort Riley  
» Advances tickets can be purchased for \$20 by March 24 and that evening for \$25.

To obtain tickets, visit [fortrileyspousesclub.org](http://fortrileyspousesclub.org) or email [reservations@fortrileyspousesclub.org](mailto:reservations@fortrileyspousesclub.org).

## Raising funds Wild West style

Annual Spouse's Club event to include auction, casino-style games

By Hannah Kleopfer  
1ST INF. DIV. POST

The Fort Riley Spouse's Club's Wild West-themed annual fundraiser event will feature casino-style games and a silent and live auction to support the club's Community Assistance fund.

Krista Parker, reservations chair and wife of Maj. Jarod Parker, 1st Infantry Division Artillery, said the baskets for the live auction have a value of at least \$250 and were donated from organizations such as the Victory Ladies, Lady Troopers, by each brigade and more.

"Some of the basket themes for this year include spa day, fiesta, garden party, barbecue, Kansas wines and cheeses and moonshine," Parker said. "We will also have a silent auction featuring Disney tickets, Royals tickets and much more."

Parker said the money raised goes toward the Community Assistance fund, which includes grants and scholarships. The funds are open to any community organization, local schools and other military supportive programs in the Central Flint Hills region. Applications are currently open for the spring disbursement. Interested

### LOOKING TO RAISE MORE

• After last year's event, \$19,000 was given away to Community Assistance Funds.

See WILD WEST, page 10

## Children's author visits Fort Riley Elementary School

Officials use novelist to capture attention of school's reluctant readers

Story and photo by Hannah Kleopfer  
1ST INF. DIV. POST

Award-winning children's author Matthew Holm signed copies of his books for students at Fort Riley Elementary School March 8.

Holm is well-known for his graphic novel series "Babymouse" and "Squish." He visits 15 to 30 elementary schools every year.

Fort Riley Elementary was able to host Holm due to a grant received by USD 475 to cover most of the cost.

"We wanted to bring in someone who writes graphic novels to kind of capture the attention of some of our reluctant readers," said Jennifer Stuck,

### DID YOU KNOW?

• Fort Riley Elementary School was able to host author Matthew Holm due to a grant received by USD 475.

Fort Riley Elementary School library media specialist.

Holm greeted the students and wrote a personal note and an original illustration in their copies of his books.

Students told him which of his graphic novels they liked, and he said he would let them know about upcoming books in the series.

Holm also has a connection to the military children.

"My dad was career Navy," Holm said. "So it's kind of cool to actually get back into that."

Holm spent the whole day in different sessions and book signings with students, parents and teachers.



Award-winning children's author Matthew Holm signs copies of his books for students at Fort Riley Elementary School March 8. His visit to the school was due in large part to a grant received by USD 475. Holm, who visits between 15 and 30 schools a year, is the author of such graphic novels as "Babymouse" and "Squish."



# Corvias opens community garden on post

Agency accepting plot requests on first-come, first-served basis

By Hannah Kleopfer  
1ST INF. DIV. POST

People often ask, while walking through the grocery store, where their food comes from. Now, the community members of Fort Riley can know exactly where the food they feed their families comes from.

Corvias Military Living of Fort Riley has opened a community garden on the west end of River Road in the Colyer Forsyth neighborhood.

“The idea behind the garden came to fruition after the Obama family planted a ‘community garden’ at the White House,” said Nick Imel, senior community manager. “This

“The garden is also a wonderful resource to teach our younger generations the steps and tools that are needed to grow a productive crop.”

ALISON BIRNEY | CORVIAS MILITARY LIVING OF FORT RILEY

started a movement nationwide to not only be able to provide for your family, but also have access to healthier alternatives.”

First Lady Michelle Obama wrote a letter to Fort Riley upon hearing of the community garden and stated, “The benefit is not just the availability of fresh produce for more families but also a stronger connection to the community and a healthier future.”

As spring weather begins, warm season planting is encouraged, but next winter, if

anyone has an interest in cultivating, employees will look into it on a case-by-case basis with approval to policy.

Corvias employees are accepting plot requests on a first-come, first-served basis.

“We invite all who are interested to come and take a look and see if the garden is something that may interest you,” said Alison Birney, community management director.

Anyone who lives on post is allowed to use the garden and can also share a plot with another on-post family.

“The garden has proven to be a great resource to help assist with providing for families,” Birney said. “It also aids in the already strong sense of community that exists here on Fort Riley. Giving families an opportunity to not only provide fresh, healthy and low-cost produce to their families. The garden is also a wonderful resource to teach our younger generations the steps and tools that are needed to grow a productive crop.”

Discover more about the community garden from one of the housing offices on post or go to [corviasmilitaryliving.com](http://corviasmilitaryliving.com).

“We feel the goal of this garden is to provide a place that our families can come together,” Imel said. “They can produce healthy food for their families, and have a chance to build relationships that can last a lifetime.”

## COMMUNITY CORNER

# Warmer weather offers opportunities to see state’s outdoor vistas

By Col. Andrew Cole Jr.  
FORT RILEY GARRISON COMMANDER

Warmer weather is an invitation to get outside and explore the spaces and places Kansas has to offer. Take the family hiking, biking and touring through scenic byways, rolling prairies and nature trails to watch spring emerge.

Check out the nature show this spring as Kansas emerges from winter. Temperatures are pleasant for outdoor activities this time of year. Plants are budding and blooming; animals are becoming more active.

You don’t have to travel far to find an abundance of outdoor activities. There are state parks, lakes and trails on and around Fort Riley. You just need to get up, turn off the television and games and get outside to take advantage of spring.

Consider trying a new activity this spring or venturing into a new trail area. Backpacking, canoeing, hiking, horseback riding and kayaking are activities with physical benefits that may also provide mental and emotional balance for wellness.

There are beneficial physical and social rewards that families and friends can gain by spending time outdoors engaged in activities. It is an important part of healthy development for kids. Adults can gain benefit from the exercise and relaxation of time spent outdoors. An additional benefit of time outdoors is it teaches the value of nature and our abundant resources in the Flint Hills area.

**MORE INFORMATION**

- To learn more about recreation on post, visit [www.riley.army.mil/Services/FortRileyServices/Environmental.aspx](http://www.riley.army.mil/Services/FortRileyServices/Environmental.aspx) or call 785-239-6211.

If your only experience with Fort Riley is driving around post to work, school or shopping, you need to explore the large natural area. One of the most frequent comments from Soldiers, family members and civilians about Fort Riley is the beautiful scenery and outdoor recreational opportunities. Fort Riley is home to lakes and streams, rolling hills and the only free-ranging elk herd in Kansas. Soldiers may be familiar with it as they train in those natural areas, but they are also available for outdoor recreation.

The place to go to find out more on recreation areas available on post is Public Works’ Environmental Division. They are dedicated to preserving our ranges for training and recreation and can provide guidance on what is available. They have recreation fact sheets available in Building 407. To learn more about recreation on post, visit [www.riley.army.mil/Services/FortRileyServices/Environmental.aspx](http://www.riley.army.mil/Services/FortRileyServices/Environmental.aspx), call 785-239-6211, or log onto [www.fortriley.isportsman.net](http://www.fortriley.isportsman.net).

If you want to venture off post there are plenty of opportunities nearby for outdoor activities. To find information on those visit [ksoutdoors.com/Outdoor-Activities](http://ksoutdoors.com/Outdoor-Activities).

— To comment on this article or to suggest a topic for Community Corner, email [usarmy.riley.incom.mbx.post-newspaper@mail.mil](mailto:usarmy.riley.incom.mbx.post-newspaper@mail.mil) or visit my Facebook page at [www.facebook.com/fortrileycg](http://www.facebook.com/fortrileycg).



Colonel Cole

## MESSAGE Continued from page 9

“It was very down to earth and very focused on her strength coming from God and from the Holy Spirit, which I think really inspired everybody,” said Cathy Johnson, wife of Chaplain (Lt. Col.) Peter Johnson, 1st Infantry Division. “It’s something we can all do, is plug into God.”

Some of the women in the room had heard MacFarland speak before and wanted to hear more of what she had to say.

“I had (heard) her speak before when she was here about two years ago,” said Cindy Wesley, wife of Brig. Gen. Eric J. Wesley, deputy director, program analysis and evaluation, Office of the Deputy Chief of Staff for G-8 at the Pentagon.

“I admire her and really appreciate her words that she shared of encouragement.”

At the end of her speech, MacFarland was asked why she titled her book “Drowning in Lemonade.” She said it went along with the saying, “When life gives you lemons, make lemonade.”

At a certain point, she said it felt like she had been given too many lemons when she discovered her husband’s brigade would be extended. She took the opportunity to speak to spouses she knew she could connect to and understand.

“I feel privileged to continue to serve and advocate for you,” MacFarland said.



Hannah Kleopfer | POST

**Lynda MacFarland, wife of Lt. Gen. Sean MacFarland, III Corps commander, speaks at the Lenten morning reflection hosted by the ladies of the Catholic Women of the Church at St. Mary’s Chapel March 9. MacFarland read excerpts from her book “Drowning in Lemonade – Reflections of an Army Wife” and gave anecdotes about her life as a military spouse.**

## ARTISTIC Continued from page 9

29 through April 4.

During a debut ceremony March 8 Kelsey explained his drive behind the project.

“I realized that the stories of Soldiers needed to be shared across our nation, not just in military communities, but in museums and universities,” Kelsey said.

The first exhibit showing was in Fort Bliss, Texas, and was met with a positive reaction from military community members.

Since then, the exhibit has been all over the country and to Germany.

The second time it went to Fort Bliss, Lynda MacFarland, wife of Lt. Gen. Sean MacFarland, III Corps commander, saw it with her son who had just returned from a deployment in Afghanistan. She said she was amazed with the exhibit, and it was much more than she expected.

Maj. Gen. Wayne W. Grigsby Jr., 1st Infantry Division and Fort Riley commanding general, introduced MacFarland, who was the guest speaker at the opening ceremony and recognized Kelsey for honoring Soldiers and their

families with “Reflections of Generosity” and for providing them a healthy release for their feelings.

“The works of art in this exhibit capture the ranges of emotion our service members and their families feel,” Grigsby said. “These emotions link us all.

Grigsby went on to introduce MacFarland as a person who “supported this project from the very beginning.”

MacFarland said anytime she has the opportunity to support those who serve she does.

“I believe in the power of art to inspire, to transcend and to heal,” MacFarland said.

MacFarland and Kelsey exchanged their books and email addresses after she heard about Kelsey’s art and exhibit when they met in Fort Bliss.

MacFarland then became involved with the exhibit.

“I am very pleased that we are able to bring RG to the ‘Big Red One’ and Fort Riley and here in Junction City to the opera house,” she said.

For more information about hours of operation of the Opera House, call 785-238-3906.

## WILD WEST Continued from page 9

parties may apply online at the FRSC’s website, [www.fortriley-spousesclub.org](http://www.fortriley-spousesclub.org).

“We gave away \$19,000 last year after this event,” Parker said. “We would love to surpass that this year.”

The event will be at Riley’s Conference Center April 2 from 6 to 11 p.m. Advance tickets can be purchased for \$20 by March 24 and that evening for \$25. The ticket includes a Tex-Mex buffet,

desserts and one drink ticket. Extra money should be brought for the casino games, live and silent auctions and raffles.

“Rumor has it that we will have a DJ for a portion of

the evening,” Parker said. “I am always up for a little impromptu line dancing.”

Tickets can be obtained on the FRSC website or by emailing [reservations@fortrileyspousesclub.org](mailto:reservations@fortrileyspousesclub.org).

CONFIDENTIAL ALCOHOL AND TREATMENT EDUCATION PROGRAM

785-239-5047/785-240-5127 | [catep@conus.army.mil](mailto:catep@conus.army.mil)

NOW SHOWING

Barlow Theater is now in digital!  
Tickets cost \$6.00 for adults and \$3.50 for children  
Tickets for 3-D and first-run movies cost extra.  
Children younger than 5 are admitted free.

FRIDAY, MARCH 18  
• Deadpool (R) 7 P.M.

SATURDAY, MARCH 19  
• Hail, Caesar! (PG-13) 2 P.M.  
• Deadpool (R) 7 P.M.

SUNDAY, MARCH 20  
• How To Be Single (R) 5 P.M.

For movie titles and showtimes, call  
785-239-9574

COMBINED SCHOLARSHIP FUND  
OF GREATER FORT RILEY

The 2016 Scholarship Application is now available!

Scholarships for the 2016-2017 school year are available to all military high school students, college students and spouses in the greater Fort Riley area who are pursuing undergraduate/vocational education. See listed requirements on the application.

Scholarships provided by:

MG (Ret.) Joe Robles Jr. Endowment  
Fort Riley Spouses Club  
K-State/Fort Riley Partnership Scholarship Program  
... and more!

Applications and more information available online at  
[www.combinedscholarshipfund.org](http://www.combinedscholarshipfund.org)

Postmark deadline is 21 MARCH 2016

For questions, contact the CSF Co-Chairs, Jamie Roper or Lisa Cyrulik at [scholarship@combinedscholarshipfund.org](mailto:scholarship@combinedscholarshipfund.org)



# Sports & Recreation

IN BRIEF

CUSTER HILL BOWLING SPECIALS

Wednesday through Friday: From 1 to 6 p.m., \$2.50 games and \$2 shoes.  
Wednesday: From 6 to 9 p.m., \$1 games and \$1 shoes.  
Thursday: From 6 to 9 p.m., \$5 cover, which includes shoes and 50¢ games.  
Friday: From 6 to 9 p.m., \$15 for unlimited bowling for up to six people, shoes not included.  
Saturday: Extreme bowling from 6 p.m. to midnight, \$9 for shoes and up to three hours of bowling.  
Sundays: From noon to 6 p.m., family fun, \$35 per lane, which includes two hours of bowling, one large two-topping pizza, two pitchers of soda and shoes for up to six people.

OFFERINGS FOR FITNESS-MINDED INDIVIDUALS

The Directorate of Family and Morale, Welfare and Recreation has a comprehensive offering of options for health- and fitness-minded individuals on post.  
Contact one of the following MWR fitness department professionals to get started:  
Vincent Spencer, fitness coordinator, vincent.j.spencer2.naf@mail.mil, 785-239-3146.  
Jocelyn Heminitz, fitness specialist, jocelyn.n.heminitz.naf@mail.mil, 785-239-2616.  
Choose between the following rates:  
• One person, one-hour training session – \$25.  
• Two people, one-hour training session – \$40.  
• Three people, one-hour training session – \$48.  
Personal training sessions can be purchased at Whitside Fitness Center Monday to Friday, 9 a.m. to 6:30 p.m., and Saturday, 9 to 11 a.m.  
You can also purchase a session of massage therapy:  
• 30-minute session – \$30.  
• 60-minute session – \$60.  
• 90-minute session – \$90.  
For more information, call 785-239-2573.

EYSTER POOL WILL REMAIN CLOSED UNTIL FURTHER NOTICE

Eyster Pool is closed. No re-opening date has been determined.  
During this time, all programs — including physical therapy supported by both Irwin Army Community Hospital and Warrior Transition Battalion, pregnancy Physical Therapy, lap swim and recreational swim — will be held at Long Pool, inside Long Fitness Center. Because this pool is not equipped with a computer point-of-sale system, all daily entry fees and pool passes will need to be paid using cash or check.  
Unit Physical Training requests for Thursdays only will be accepted during this time; this is to decrease maximum occupancy with the early-morning lap swim program.  
The Aquatics Office at Eyster Pool will be open from 8 a.m. to 4 p.m. Monday to Friday. For more information, call the aquatics program manager at 785-239-9441.

YOUTH SPORTS OFFICIALS

The Child, Youth and School Services staff is looking for officials for youth outdoor and indoor soccer, flag football, basketball, baseball and softball.  
Volunteer and paid positions are available. Training is provided and experience is not necessary. A background check is required.  
For more information, call CYSS Sports at 785-239-9223 or 785-240-5207.

ISPORTSMAN SYSTEM

Fort Riley has an automated check-in and check-out system called iSportsman. Individuals can register at www.fortriley.isportsman.net.  
To access Fort Riley training area, use the iSportsman website. Check-in and check-out may be done with any personal device with Internet access, visit the iSportsman kiosk at 1st Division and Vinton School roads or the Environmental Division Office, building 407, during normal business hours.  
For more information, contact the Environmental Division at 785-239-6211.

## Bulldogs top Fighting Six in league opener

### One-handed touchdown grab highlights game

Story and photo by Maria Childs  
1ST INF. DIV. POST

Pfc. Dakota Redding had never caught a football one-handed, so it was a surprise to him when he did it successfully in the first intramural flag football game of the season at Long Fitness Center on Custer Hill March 9. And he scored a touchdown to complete the play.

“It was just awesome,” he said. “I’ve never done anything like that before.”

Redding’s team, the Bulldogs, included Soldiers from the 41st Engineer

“It’s cool to see everyone from a work perspective and then come out here, and it’s way different. Everyone is a lot closer out here.”

**PFC. DAKOTA REDDING**  
41ST ENGINEER COMPANY, 1ST ENGINEER BATTALION, 1ST ARMORED BRIGADE COMBAT TEAM, 1ST INFANTRY DIVISION

Company, 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division. The team won, 27-6, over Soldiers from 1st Squadron, 6th

See FOOTBALL, page 12



Pfc. Dakota Redding, 41st Engineer Company, 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, snares the ball with one hand during a March 9 flag football game at Long Fitness Center. Redding’s team won, 27-6, against Soldiers from 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Inf. Div.

## INTRAMURAL BASKETBALL CHAMPIONSHIP



Soldiers from 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, claimed the intramural basketball championship title March 10 after defeating Soldiers from 258th Human Resources Company, Special Troops Battalion, 1st Infantry Division Sustainment Brigade.

## ‘Nightmares’ take title

### Late-game free throws help win game for the champs

Story and photos by Maria Childs  
1ST INF. DIV. POST

With 30 seconds left in the championship game March 10, Spc. Trey Dees from 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, found himself at the free throw line in Whitside Fitness Center’s gym. His team held a 48-44 advantage and he knew making his shots would help his team keep the lead.

Their opponents were Soldiers from 258th Special Troops Battalion, 1st Infantry Division Sustainment Brigade.

Dees made both free throws and extended his team’s lead to 44-50. Moments later, the 3rd ASB, 1st Avn.

Regt., 1st CAB, 1st Inf. Div. claimed victory, 51-47.

“This is our last time playing together because I’m leaving in a few months and everyone is going their separate ways,” Dees said. “That’s why we wanted to win so bad.”

The team received a glass basketball trophy, medals and T-shirts boasting the title of 2016 intramural basketball champions.

Sgt. Bronco Davis III, 3rd ASB, 1st Avn. Regt., 1st CAB, 1st Inf. Div., said it means everything to him to be able to play with his teammates for one last time.

“We wouldn’t be here tonight if it weren’t for the team,” Davis said. “We played as a team.”

See HOOPS, page 12



ABOVE: Spc. Christopher Griffin, 3rd Assault Helicopter Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, rebounds the ball during the March 10 intramural basketball championship game against 258th Human Resources Company, Special Troops Battalion, 1st Infantry Division Sustainment Brigade, 1st Inf. Div., at Whitside Fitness Center. LEFT: Spc. David Meade, 3rd AHB, 1st Avn. Regt., 1st CAB, 1st Inf. Div., drives downcourt.





The Gray family won second place in the costume contest after the Get Lucky Run hosted by staff of the Directorate of Family and Morale, Welfare and Recreation and Army and Air Force Exchange Service March 12 at the Main Post Exchange.

# Runners celebrate St. Patrick’s Day

Story and photos  
by Maria Childs  
1ST INF. DIV. POST

Pvt. Jeromy Hunt, Company A, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division, sprinted toward the finish line of the Get Lucky Run March 12 at the Main Post Exchange.

He finished as the first place runner coming in behind 9-year-old Ryan Stelzer, son of Staff Sgt. Ryan LaClair, 1st Squadron, 6th Cavalry Regiment, 1st CAB, 1st Inf. Div., who rode his bicycle during the race.

Hunt said he was surprised when he saw how family-friendly the run was because he thought it would just be a 2-mile run. Although his family couldn't be there with him, he said events like this work well for his family because they live in the Colyer Forsyth neighborhood across the street.

"Events at the PX are perfect for me and my family," Hunt said.

Staff of the Directorate of Family and Morale, Welfare and Recreation and Army and Air Force Exchange Service hosted the event, which featured more than 100 participants. There was a costume contest following the race.

Taylor Ferrarin, recreation specialist with DFMWR, helped plan the event. She said it was a St. Patrick's Day themed fun run for the community.

"It provides an opportunity to do something together," Ferrarin said.

Stelzer not only took first place in the race on his bike, he also took first place in the costume contest. Followed by Danielle Davis, wife of Staff Sgt. Kyle Davis, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div., and Aidan, 1, who took third place.

Davis said her family loves celebrating the Irish fun behind St. Patrick's Day, so the fun run was a great event for her and her son to attend.

"We've been looking for some St. Patty's Day fun," Davis said. "We're used to Irish festivals."

She shopped the whole month of February to decorate the tricycle Aidan rode, and to put together their costume for events like this. She said since they moved to Fort Riley events like this have been a great to get involved in.

"We heard Fort Riley was a family-friendly place," Davis said. "There are a lot of events for these guys. Since my husband deployed, we've hit up every event we can find that is kid-oriented."



Danielle Davis, wife of Staff Sgt. Kyle Davis, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, pushes her son, Aidan, 1, through the Get Lucky Run at the Main Post Exchange March 12. "We've been looking for some St. Patty's Day fun," Davis said. "We're used to Irish festivals."

## FOOTBALL Continued from page 11

Cavalry Regiment, 1st Combat Aviation Brigade, 1st Inf. Div., "The Fighting Six."

The Bulldogs took a 14-0 advantage into the halftime intermission and never looked back.

Redding said he loves being able to build camaraderie with his teammates – and coworkers.

"It's amazing," Redding said. "It's cool to see everyone from a work perspective and then come out here, and it's way different. Everyone is a lot closer out here."

Redding said his team has been practicing each Saturday for the five weeks prior to the first week of games, and it looked like their practice paid off. He looks forward to the season with his teammates.

The flag football league begins in the spring season annually.

ally. Renee Satterlee, intramural sports coordinator, Directorate of Family and Morale, Welfare and Recreation, said this league is different because it includes all Department of Defense cardholders.

"This league is a community life league, which means that it is open to the whole Fort Riley community including retirees, contractors, spouses and dependents 18 years of age," Satterlee said.

She added it is important for Soldiers to play intramurals because it gives them a sense of community.

"Intramurals leagues and community life leagues are important to our community because they build unit morale and give families the opportunity to playing the leagues together," Satterlee said.

## HOOPS Continued from page 11

The team did not practice specifically for the intramural league. Instead, Dees and Davis said, they played pick-up basketball games about two to three times a week.

It was during those pick up games the team chemistry developed.

"It couldn't get any better," Davis said. "It made the team better overall."

Davis will be going to Korea soon, and he said he was proud the team pushed themselves to victory.

"I'm glad we came out on top," Davis said.

### CORRECTION



In the print version of the March 11 1st Infantry Division Post, the Soldier in this photo was misidentified. He is Sgt. Demetrius James, 287th MP Company, 97th Military Police Battalion. The Post staff regrets the error.

2 col. X 4 inch ad space per Daily Union request







